

# CF Bike-A-Thon is Sept. 9th at Brodhead

Bicycle riders are needed to ride in the Cystic Fibrosis Bike-A-Thon Saturday, September 9, 2000, from 12:30 to 3:00 p.m. at the Brodhead School. In case of rain the event will be held September 16th. Come have fun, and help save lives of children with CF. You may pick up your sponsor sheets from Joy Graves at Brodhead School, Nelson Graves at the middle school or at any Citizens Bank. Then collect the money to turn in on September 9th. No age limit, you may ride or walk to participate. A parent or guardian must sign if under 18.

Have checks made payable to: Cystic Fibrosis Foundation. The event will be supervised, and

refreshments will be served to all participants. The 44 participants bringing the most money will receive

one of the following prizes: 26" bicycle, jewelry box, two of four Renfro Jamboree tickets, one of three Pizza Hut pizzas, "Ostio" Ty Buddie Bear, Classic Horse, Etch-a-sketch, Artia Touch, one of four basketballs, Candyland game, one of three flashlights, one of two Yatzee games, one of six saddle sets, one of four hoola hoops, one of four jump ropes, one of five yo-yos, one of two loom loopers and one of two puzzles.

The one collecting the most money may choose a prize, then second, then third on through 44.

schools open longer to provide safe havens for children along with enrichment opportunities ranging from technology to arts to tutoring to recreation.

The need and demand for high quality afterschool programs is tremendous," said U.S. Secretary of Education Richard W. Riley. "From every state in the nation, from large cities to small rural areas, parents, teachers and children say they need before and afterschool programs to help keep young people in safe places.

out of trouble and engaged in positive learning opportunities." In the United States, more than 28 million school-age children have parents who work outside the home, including five to seven million "latch-key children" who get no adult supervision after school.

Research shows that juvenile violence rises dramatically during afterschool hours, but students involved in afterschool programs exhibit fewer behavioral problems, better ability to handle conflicts, and improved self-confidence. Afterschool programs also lead to increased school attendance and lower dropout rates.

A national poll of 1,100 voters commissioned in July of 1999 by the Charles Stewart Mott Foundation and JCFenney found overwhelming public support for afterschool programs. Nine in ten adults (92 percent) agree that children and teens should have

some kind of organized activity or place to go after school. Ninety percent favor providing afterschool programs to all children from 3 p.m. to 6 p.m., five days a week. Most adults believe that afterschool programs are likely to: help families keep kids safe, improve socialization, build social skills and improve conflict resolution ability.

A local group of concerned individuals—representing Rockcastle County High School, the Area Technology Center and the local school district, parents, post-secondary institutions, business and industry, Family Court and other community service agencies collaborated to develop the 21st Century Community Learning Center service plan for Rockcastle.

The service plan which guides the programs to be offered to students and out-of-school participants at both sites includes five major service components: Integrated education, health, social service, recreational and cultural programs, along with summer and Saturday programs, in conjunction with recreation programs, telecommunications and technology education programs, employment counseling, training and placement and parenting skills education programs.

"We are proud that Rockcastle County School District is joining a dynamic national network of educators and community leaders who are creating innovative afterschool programs in communities across the country," said Larry Hammond, Rockcastle School Superintendent. "We look forward to having success with this program," he said.

Local directors of the program, Jenny Sweet and Anthony Coffey, said that individual tutoring will be available to students who have trouble in all areas and especially the four core classes.

"If students need help in language arts, math, english or social studies, we can provide individual help in most cases," said Mrs. Sweet.

"There are many classes also available for parents or community members who simply want to learn more about technology and other areas which they are interested in," Mrs. Sweet said.

For more information contact Jenny Sweet at 256-2125, Trina Bustle at 256-4816, Ralph Baker at 256-1111 or Anthony Coffey at 256-5118.

## "Dentist"

(Cont. from front)

School of Dentistry, Class of 1945. After serving in the United States Navy during WWII he returned to Mt. Vernon, where he practiced dentistry for over 40 years. He and his wife, Joyce celebrated their 50th wedding anniversary February 12th of this year.

Survivors are his wife, Joyce •Richie Henderson; two sons, John Richie Henderson and wife, Lynn Kleven Henderson and Casper Lewis Henderson and wife, Susan Brennan Henderson; two grandchildren, Deymi Grace Henderson and Connor Llewellyn Henderson; one sister, Frances Ruth Pennington of Winchester; two brothers, William J. Pech Henderson, D.M.D. and David Watson Henderson of Mt. Vernon.

Memorial services were Saturday, September 2, at the Union Church with Rev. Kent Gilbert officiating. In lieu of flowers, memorials may be made to one's favorite charity, or to the Rockcastle County Public Library, the Madison County Public Library or to Union Church of Berea, where he was an active member, and had served as the church treasurer and a deacon.

**A Tribute to Jack Henderson**  
Hello, my name is Bruce Pennington and I am Jack's nephew. My mother, Frances, is his sister. I would like to share a few of my memories of Jack, who was a very good uncle to me.

Because my father, Jim Pennington, was in the Navy, we lived all over the world when I was growing up. But we had very close ties to our extended family in Mt. Vernon, whom we visited every summer. One thing I could count on, as we moved from place to place, was that I was part of two strong, loving families who knew each other and knew practically everyone else in Mt. Vernon. As the main character in the recent movie, The Straight Story, said, it is easy to break one twig, but not to break a whole bundle of twigs. The one twig is a single person, but the bundle, why now...that is a family!

All that the preacher has said about Jack was very true. He was gentle, generous, curious and mischievous. When we would visit in the summer, Jack generously gave up his Thursday afternoons off to enjoy me and my brother, Bob. At his house on the farm outside of Mt. Vernon, he and Joyce taught us to play croquet. My brother and I, like most brothers, were very competitive. One of the things Jack patiently tried to teach us was that hitting against your opponent with a croquet mallet was not part of the game.

Jack was very curious about how things worked, and one of the things I learned from him was a love of science. In fact, I am a scientist today. Some of the things Jack tinkered with were rockets and computers. I grew up hearing about Jack's scientific adventures with Brother Bryant when they were both in high school. Years later, when I saw the movie October Sky, which is about a teenager in rural West Virginia who experimented with rockets, and later became a rocket scientist, I almost thought they had made a movie about my Uncle Jack and Brother Bryant.

Jack used to help me build things. One summer when I was 13 and liv-

ing in Cuba, my family thought it would be good for me to get away and spend the summer in Kentucky. I felt very grown up to take an airplane by myself, first from Cuba to Washington, D.C. and then from there to Kentucky. Once I got there, I clearly needed something to do, and Jack and I dreamed up the project of building a go-cart with a 1-hp. It had a plywood superstructure, curved sides painted red and was propelled by an old lawnmower engine. Unfortunately, Jack's transmission design was a lot stronger than my steering design. It would go like heck, but you could barely control it!

Now, for Jack the mischievous. Jack had somehow figured out how to safely make small amounts of what I believe was nitroglycerin. Once soaked into filter paper, the paper would be cut into small explosive squares. Perhaps to relive a boyhood prank with Brother Bryant, Jack would teach Bob and me about his exploding paper. Once we had made it, we placed little pieces strategically up and down the sidewalks of Mt. Vernon, and then stepped aside

to watch. When an unwary pedestrian would step on one of the little squares, it would make a loud but harmless explosion! People chewed a lot of tobacco back then, and I'm afraid a lot of fresh "chaws" were wasted that afternoon when they got spit out in surprise. You will be glad to know that my son, Luke and I are not peppering the sidewalks of Denver with nitroglycerin paper strips. Years of graduate training in child psychology have taught me that this is one family tradition that is better left to storytelling than to actual practice.

Well, these are some of my memories of my dear Uncle Jack. I will dearly miss him. I hope I can pass on to my children some of what I learned from him.

Bruce F. Pennington, PhD

## "Dukes"

(Cont. from front)

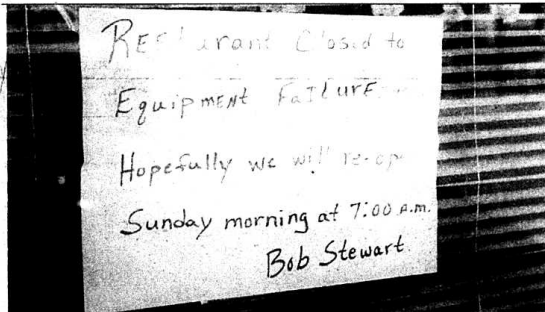
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"Prices are born here and raised elsewhere"



Jean's Restaurant at Burr was closed Saturday after fire broke out in one of the stoves in the kitchen around 5:00 a.m. Mt. Vernon firefighters responded, but workers had already contained most of the blaze with a fire extinguisher. The restaurant re-opened on Sunday.

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