

Cross-country teams qualify for state championships



The girls' cross-country team finished runners-up in the regional tournament last weekend and qualified for the state championship. Members of the team are pictured above, front row from left: Elizabeth Bussell and Mourine Ramsey. Back row from left: Coach Dawn Quigley, Rebekah Lyons, Rachelle Hammond, Ashley Lawson and coach Mark Brummett.



The boys' cross-country team finished third in regional competition and qualified for the state championships. Members of the team are pictured above, front row from left: Josh Ramsey, Andrew Nelson, and Stephen Shackelford. Back row from left: Coach Dawn Quigley, Bill Burdett, Matthew Whitaker, Brandon Cole, Jeremiah Myers and coach Mark Brummett.

The RCHS boys' and girls' varsity cross-country teams competed in the Class 2A Region 4 Cross-Country Championships held at Anderson-Dean Park in Mercer County last weekend. Many outstanding teams were on hand including Mercer County, Corbin, Lexington Catholic, Boyle County, West Jessamine, East Jessamine, Madison Southern, Estill County, Garrard County, McCreary Central, and Wayne County. Despite the difficult competition, including many of the state's outstanding teams and individuals, Coach Dawn Quigley had her teams ready to perform.

The boys' team sought their first ever appearance at the state championships. They faced this daunting task without the services of Stewart Abney, now a freshman cross-country runner at Centre College. Before the meet, RCHS had never had an individual boy or team qualify for state. Based on the boys' performances from this season, it seemed as if this trend would change. The Mercer County course is a very challenging one; however, the boys' team had practiced the course twice the week before and seemed to be ready for the competition. The team knew that if all six runners could finish the race close to the top, the team would have a chance at the elusive state championship berth.

The race got off to a blazing start, as the premiere runners began to quickly separate from the rest of the pack. Many of Rockcastle's runners were among the group leading the charge with freshman Andrew Nelson taking control of the team early. Junior Josh Ramsey stayed close behind, while eighth grader Brandon Cole also remained close. Senior Jeremiah Myers, eighth grader Matthew Whitaker, and freshman Stephen Shackelford also remained in the hunt throughout the race.

Josh picked up the pace near the end of the race and caught Andrew to finish 14th overall in 19:40.6, the best finish ever for a RCHS male runner in the regional championships. This marked the second straight season that Josh had led the team at region. Andrew was close behind and placed 15th with a stellar time of 19:43.6. He finished as the top freshman in the region. Brandon finished an impressive 18th with a time of 20:11.4. Jeremiah placed 21st overall with an awesome time of 20:50.7. Matthew was close behind

with a great race and a 24th place finish in 21:01.1. Stephen was also in the thick of things with an impressive 27th place finish in 21:26.5. After all the scores were tabulated, the boys had finished an impressive third place overall and defeated rivals Lexington Catholic, Corbin, and Madison Southern. The boys' lost only to regional champion West Jessamine, ranked seventh in the state in Class 2A, and Boyle County, ranked 10th. Their third place finish was easily good enough to qualify for the state championships, joining the top four teams in the region make it. Their impressive team performance marked the boys' first ever qualification for the state championships and their best finish ever at the regional championships.

The girls' team sought their second consecutive appearance at the state championships in the last three years, despite the loss of two seniors from last year's team. The girls have had either an individual or team qualify for the state championships each of the last six seasons. The girls also faced the challenge of competing with only five team members, meaning that an injury during the race could possibly knock the girls out of a chance at a team score and berth at state. All five RCHS girls had been practicing really hard and state qualifications seemed a definite possibility.

The girls got off to a fast start in the race with senior Rachelle Hammond leading the way. Sophomore Rebekah Lyons remained close the entire race. In keeping with the team strategy, seventh graders Mourine Ramsey and Elizabeth Bussell stayed with the lead group of runners. Senior Ashley Lawson kept close in the fifth position for RCHS. The girls' strong team concept carried them through the entire race, as each girl realized the importance of

her position at the finish. Rachelle kept a great pace the entire race and had an extremely strong finish. She completed the race as the top senior in the region and finished in an amazing sixth place overall with an awesome time of 24:26.9. Rebekah stayed close behind the majority of the race and finished a great race in 12th place with a time of 25:23.9. Rebekah finished as the top sophomore in the region. Mourine Ramsey was not far behind, finished 13th overall with a very impressive time of 25:43.7. Newcomer Elizabeth Bussell, running in her first-ever regional championship, finished in spectacular fashion. She placed 15th overall with a time of 25:57.6. Ashley closed out the scoring for the girls with possibly her best race of the season. She finished in 29th overall with a time of 28:16.3.

When all was said and done, the girls had earned second place and were awarded the Class 2A Region 4 Runner-up trophy. As a result of their accomplishment, the entire team qualified for the state championships. This marked the second time in the past three seasons that the girls had qualified for state. Their finish was also the team's best ever at the regional championships. Mercer County narrowly defeated RCHS for the regional title. Among the more notable teams that the girls were able to overcome included Corbin, Boyle County, Lexington Catholic, West Jessamine, and Madison Southern.

The Class 2A State Cross-Country Championship meet will begin with the girls' race at 1:30 on Saturday, November 4 at the Kentucky Horse Park in Lexington. The boys will compete after the girls' race at approximately 2:30. Admission for all spectators is \$5.00. Results of the state championships will appear in next week's Signal.

Youth League Football

By David Brock
Tuesday, October 24th
Redskins 22
Yellow Jackets 0
Redskins: Devin Hasty, 2 TD; Jarrod

Harding, 1 TD and Mark Valerio, 2-2 pt. FG.
Bengals 22
Wildcats 0
Bengals: Tanner Perkins, 2 TD; Kyle

Lear, 1 TD; Brandon Burkhart, 2-2pt. FG.
Saturday, October 28th
Bengals 26
Redskins 0
Bengals: Tanner Perkins, 2 TD; Zachary Burkhart, 1 TD; Brady Billy Bob Lear, 1 TD and Brandon Burkhart, 2 pt. FG.
Wildcats 8
Yellow Jackets 6
(4 over times)

Wildcats: Maverick Whitehead, 1 TD and Dakota Smith, 2 pt. FG.
Yellow Jackets: Philip Hampton, 1 TD.
Sixth Grade
Rockcastle 44
Whitley 8
Rockcastle: Gus Scalf, 3 TD; Izak McQueary, 1 TD and 2 pt. conversion; Sean Childress, 1 TD and 2 pt. conversion; James Glessner, 1 TD; Dustin Miller, 2 pt. conversion; 2 pt. safety.
Standings
Bengals 9-0
Wildcats 4-5
Redskins 4-5
Yellow Jackets 1-8

Gun & Knife Show

London
Community Center

November 4th & 5th

Sat. 9 a.m. to 5 p.m. • Sun. 9 a.m. to 4 p.m.

Buy, Sell & Trade

For more info, contact Kenny Woods at
436-0570 or 847-4047

Re-Elect

Clarice R. Kirby

to
Mt. Vernon
City Council



"Because I care about the people and our community,
I'm committed to being your voice at City Hall.

Thanks for your support and vote

Crawford Backhoe Service
P.O. Box 555, Brodhead, KY 40409
"Specializing in Small Jobs"
Phone, TV Cable, Electric, Water & Drain Lines
Footers, Ditches, Leveling, Excavating & More
Call Robby
(606) 758-8181

Last Junior Pro Sign-Ups

10 a.m. to 12 Noon
Saturday, November 4th
Mt. Vernon Elementary

Team Selections will be as follows:

1. Instructional League (children who were 6 or 7 on September 1, 2000) will be at Mt. Vernon Elementary on Monday, November 6th at 6:30 p.m.
2. J.V. League (children who were 10 or 11, on September 1, 2000) at Brodhead Elementary on Tuesday, November 7th at 6:30 p.m.
3. Training League (children who were 8 or 9 years old on September 1, 2000) at Mt. Vernon Elementary on Thursday, November 9th at 6:30 p.m.

All players must come to team selections!!

Coaches still needed for instructional league.