

"There's Hope"

By Robert Branscum
When you are diagnosed as a diabetic, Don't despair and say the heck with it. Don't fuss, fume and fight. Do watch your weight and your diet. You may feel tired, frustrated and blue. What to do about diabetes is up to you!

What to do about diabetes before you are laid under the sod, Turn your worries over to God. When you have an incurable disease, don't think poor little me. Be thinking where you are going to spend eternity!
Merry Christmas!
The Rockcastle Diabetic Support Group will meet Monday, December 18th at 6:00 p.m. in the basement of the Home Health Building.

In Loving Memories

In Memory of Pearlte Whitaker
Dec. 12, 1903-1999
Safely Home
I am home in Heaven, dear ones; Oh, so happy and so bright! There is perfect joy and beauty in this everlasting light.

All the pain and grief is over, Every restless tossing passed; I am now at peace forever, Safely home in Heaven at last.

Did you wonder I so calmly Trod the valley of the shade? Oh! but Jesus' love illumined Every dark and fearful glade.
And He came Himself to meet me In that way so hard to tread, And with Jesus' arm to lean on, Could I have one doubt or dread?

Then you must not grieve so sorely, For I love you dearly still; Try to look beyond earth's shadows, Pray to trust our Father's Will.

There is work still waiting for you, So you must not idly stand, Do it now, while life remaineth— You shall rest in Jesus' land.

When the work is all completed, He will gently call you Home; Oh, the rapture of that meeting, Oh, the joy to see you come!

We still miss you very much, Mother, Mable, Alma & Millie.

In Memory of All My Family
At Christmas Time
Laura Westerfield Hamilton
I would like to be standing at my family's grave.

When the Lord comes for his children, That include me, All will be so happy, I will shake my Savior's hands, Everyone will be shouting as they march through the land. I have everything packed, My ticket has been bought many years ago.

It was bought through Jesus' blood, This great big book was laying there, It look like gold. My name was on it and many more.

They were all in such a hurry to meet the bride-groom, As he read the book and called their name.

They all came marching in, If I could have gone through the big gate, But I will just have to wait.

We will all be reunited some day, As Christ's Birthday draws near, Everyone celebrating, But I will miss you all. It will be so sad.

But you all will be rejoicing, Happy Christmas to you all, All I can say is Merry Christmas and Happy New Year.

DBDC distributing funds for assistance

During the winter months many low-income families may find it difficult to pay their heating bills. This is especially true after the recent drop in temperatures, coupled with the increase in the cost of natural gas and heating oil. However, help is available.

Daniel Boone Development Council is distributing funds to assist low-income families in Clay, Jackson, Laurel and Rockcastle Counties with home heating costs through the Low-Income Home Energy Assistance Program (LHEAP). Since November 6, a total of 3,900 low-income families have been assisted in Clay, Jackson, Laurel and Rockcastle Counties through the program. Daniel Boone Development Council received an increase in funding for the LHEAP Program due to the rising costs of natural gas and heating oil. As a result of the increased funding and rising heating costs, benefits for low-income households that use natural gas, propane, fuel oil and kerosene for heating have been increased by 41%. Additionally, Governor Patton re-

cently outlined a number of steps that people can take to avoid utility cut-off and to prepare for the winter heating bills ahead:

- Turn down your thermostat.
 - Seal air leaks in windows and doors with caulk or plastic.
 - Wrap your water heater with insulation.
 - Lower the temperature setting on your water heater.
 - Add insulation, especially in the attic.
 - Fix leaky water pipes.
 - Heat only occupied spaces.
 - If you have a manufactured home, use skirting around the base.
 - Check to make sure ductwork is sealed and does not leak.
 - Make sure your gas heating systems are adjusted correctly, call a service technician if there is a concern.
- Daniel Boone Development Council reminds families that it is important to follow the steps the Governor has outlined as well as to contact your utility company in order to prevent cutoffs. For additional information contact Daniel Boone Development Council in Rockcastle County at 256-5315.

"My Hero"

Kendra Owens, age 10
When I was seven years old I had a hero and he was not like the heroes on the Rugrats or the news. This hero likes to stick together and his faithful, brave and cheerful. My hero is my papa Wendell.

My papa is faithful about going to church where all his family and friends are. Every Sunday morning he comes and gets me and my brother and sister to go to Sunday School. He comes to get us because he wants us to learn about Jesus. He is faithful about coming and getting us all every Sunday.

When my mama got sick they had to put her in the hospital. Papa went with her to the hospital because he was afraid she was going to die. She had cancer, but she got better. Papa went to church the next Sunday and told the church to pray for her. Then when church was over he went to see her. He helps mama now since she got out of the hospital.

When I was in the hospital papa was very helpful. These are some ways he helped. He would get me

some kind of juice if I wanted some. It would always be apple juice because my doctor told me that was the only kind I could drink. I felt very loved and very happy when papa was there with me.

My papa is brave when he got dunked under water. I know this because he told me that he was very brave about getting baptized. He told me that it was going to get saved and then get baptized. He wants me to know all about Jesus.

Papa is cheerful because when he sings with the choir he nods his head and smiles. He bends his knees to keep the beat and the rhythm. He is cheerful when someone gets saved too. He tells them that they are welcomed to this church.

He is still my hero because he is the coolest papa in the world. Do you know why he is the coolest in the world? He is the coolest because he is the youngest papa I've got. I have three papas. All of the others are still alive, but they are too old to be my hero. Papa is my hero because he is my mom's dad and I love him a lot.

"Origins"

By Kirsta Owens, age 10
I am from a caring family on Green Pond, And from Irish and German ancestors.

From wildflowers blossoming in the Spring, And dogwoods opening up their buds.

I am from honoring men who died from our country, And from giving Thanks to God that we had that kind of people, From shooting fireworks on the

Fourth of July, And watching them drop like a falling star.

I am from a family with red hair, And getting called carrot top and strawberry, From exhibiting a bad temper, And wanting to pull my hair out.

I am from climbing trees and catching fire flies,

And playing chicken on bikes with my brothers, From flowery dresses, diamond bracelets, and high heels, And pretending to be a princess.

I am from cutting out faces on pumpkins, And going trick or treating on Halloween, From turkey, chicken and dumplings and chocolate pies, And stuffing my belly as full as a cow.

I am from Santa, reindeers and stockings, And putting gifts under the Christmas tree,

From making snow angels in the backyard, And building snowmen and snowflakes,

I am from generations of creative and happy folks.

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"What Is Written"

Today we want to begin with a statement by Paul, "For all the promises of God in him are yea, and in him Amen, unto the glory of God by us." 2 Cor 1:20 Let's let our mind dwell on the "promises of God." Paul proclaims that we have promises from God. Notice a few texts, "And this is the promise that he hath promised us, even eternal life." 1st Jn 2:25, "Blessed is the man that endureth temptation, for when he is tried, he shall receive the crown of life, which the Lord hath promised to them that love him." James 1:12, "Having therefore these promises, dearly beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God." 2 Cor 7:1 Now the promises of God are offered to man conditionally, "That ye be not slothful, but followers of them who through faith and patience inherit the promises." Heb 6:12 The Hebrew writer also said, "Though he were a son, yet learned he obedience by the things which he suffered. And being made perfect, he became the author of eternal salvation unto all them that obey him." Heb 5:8-9 So the question is for you, Do you have faith in the Son of God, and have you obeyed Him? If not, you can not and will not enjoy the promises of God now, nor in the world to come! Think on these things

Providence church of Christ

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Web Page: http://www.hyperaction.net/providence

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