

Dreams and meaning:

Can they hold mysterious answers to life?

"That which the dream shows is the shadow of such wisdom as exists in man, even if during his waking state he may know nothing about it. We do not know it because we are footing away our time with outward and perishing things, and are asleep in regard to that which is real within ourself."

-Paracelsus

BY MINDY BULLOCK

Do dreams really hold the answers to parts of our life? Scientists still debate about whether dreams are simply fictional after thoughts of the day, or if they are clues to missing pieces of our life.

Everyone has experienced a strange dream that they thought was seemingly unaccounted for. But, perhaps this reverie was an insight into their deepest subconscious examining their motives, thoughts, and behaviors. Generally, when someone truly analyzes their dreams it proves to be a

worthwhile venture when they discover some of their values or needs.

Senior Theresa Chislum recalls a dream in which she was the Devil's girlfriend.

"I think the reason that I dreamt that was because I need to get to church."

Often dreams can symbolize a certain experience or feeling a person is going through like loneliness or confusion. Many times, dreams like these are ones we'd rather forget. No one likes to be reminded of pain or stress, especially at night when they are supposed to be resting.

"I have a dream that I'm locked in a tower, and it's full of toothpicks I have to stack up," said senior Heath Payne. "I can't leave till I do that, but I never got it done...It only happens when I'm stressed



out."

Because of immense interest in dream interpretation, a few common themes have been analyzed to discover their deeper purpose.

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Common Dream Themes

Dreams of Falling: This dream may signify being "on top of the world" or rising above a struggle.

Dreams of Nudity: Some may believe these dreams have some sexual significance, but in general this is not the case. Usually, you must ask yourself if you are vulnerable, exposed, revealed, or open in your life at the present time.

Dreams of Losing Teeth: First, check your teeth because this dream may mean there's a real problem. If everything is in order, ask yourself if you have somehow "lost face" or spoiled your self-image.

Dreams of Losing Money or Valuables: This dream may also hold a literal warning, so make sure you still have your purse or wallet. This dream may also symbolize future loss or theft or losing some personal morals and values.

Christmas brings back memories

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ping. When the ornamented structure started leaning, her grandmother stared at it in horror. The whole family jumped to catch the falling tree.

Christmas trees seem to be a common problem for families. But, what if there is no electricity at your house to light the tree?

"One time when I was little, the electricity went out on Christmas Eve," Nikki Wood, senior, explained.

Not only would this burden the Christmas spirit with no twinkling lights, but it meant that the heat was off too. Fortunately, the one gift Nikki opened that night was flannel pajamas. Her family ended up making the best of their situation.

"It was pretty cool because we sat around a kerosene heater and sang songs," she said.

If Kentucky winters aren't your thing, perhaps you've pondered the idea of a Santa-fest on the beach. For senior Cathie Midkiff, the year her family spent Christmas in St. Augustine was a bad experience.

"It was the worst Christmas ever because there was no snow and no people," she explained.

So, if you're planning on making snowmen and snow angels at Christmas, steer clear of Florida (or any other warm climate region for that matter).

Not all Christmas memories are cheerful, though. The holidays bring gloomy memories for some.

Senior Missy Wilburn can remember the first year after her mother left and the strain on her father to still make Christmas great.

"I tried to be strong and told him how wonderful it was," she recalls.

Christmas wasn't quite the same for the Wilburn family that year.

"My mom was the one who made Christmas, who did all the cooking, who made all the decorations."

Most of the decorations went with her mother therefore making the tree a little bare. The dinner table was missing something too—her mother whose place was directly across from Missy. Needless to say, Christmas was hard for her family.

Television and movies often depict Christmas as a joyful, fun time. For most, it usually is. But, no matter how good or bad the memories are, once the carols are sung, they all start coming back.

Committees present to SBDM

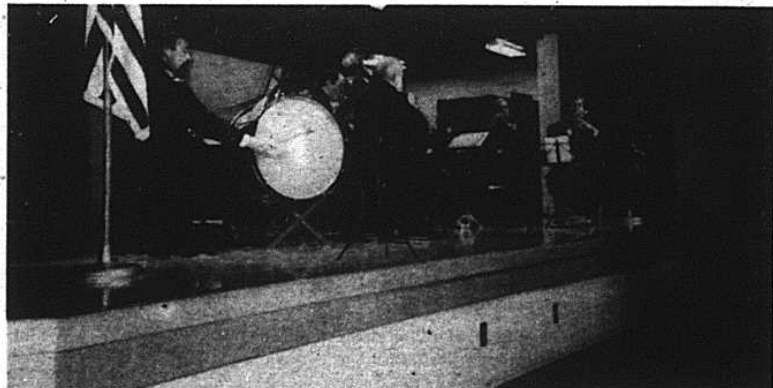
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nating blood.

Needs Assessment Committee representative Ms. Allene Cornelius told council members that a review of CATS results shows language arts is gradually improving, but the school still lacks in Writing, Vocational/Practical Living, and Arts & Humanities areas.

Professional Development representative John Wells also presented some suggestions for teacher professional development, suggesting it be held throughout the year.

Overall, the meeting went smoothly, and the council was provided with many good ideas to consider.



The Saxton Cornet Band performs before a crowd of over 150 students. The band uses authentic instruments and music to recreate a military band of the Civil War era.

Do you believe the parking lot needs more security? Let us know what you think by emailing norton28@highwired.com.