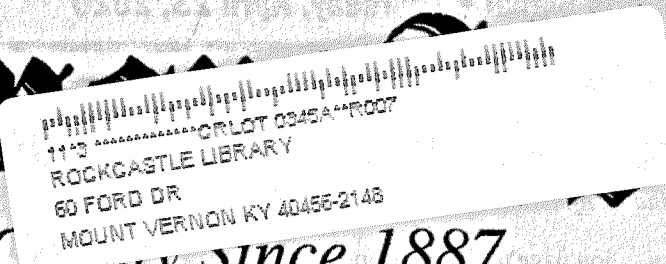
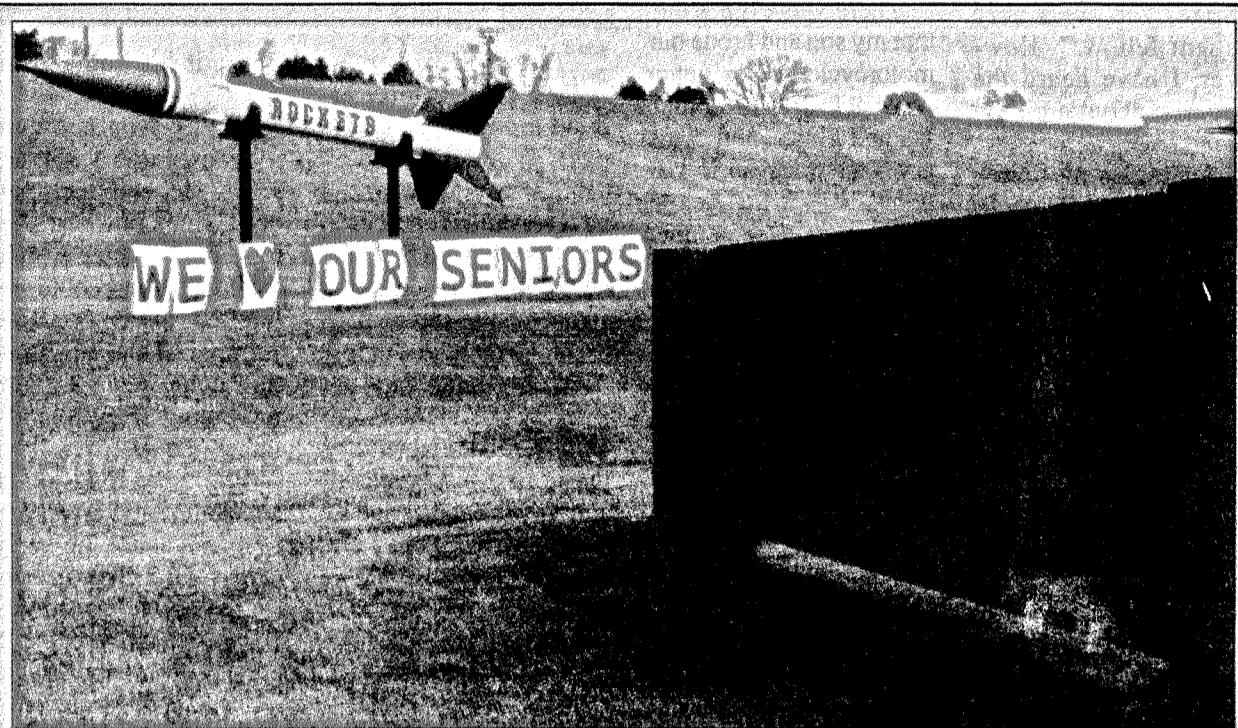


Mount Vernon Journal

Serving Rockcastle County since 1887



Mount Vernon, Kentucky 40456 - (606) 256-2244 Volume 134 • Number 13 50 per copy Thursday, April 23, 2020



Classes will not resume this year as all Kentucky schools will remain closed for the remainder of the school year. Superintendents met with Governor Andy Beshear Monday when the decision was made to cancel classes for the rest of the year. Graduation ceremonies and other school activities have also been cancelled by the Governor's orders. However, local Superintendent David Pensol said he and others are looking for ways to celebrate senior accomplishments once it is safe to do so. Rockcastle County High School took the opportunity this past week to show some love to this year's graduating class.

For remainder of school year In-person classes cancelled

By: Mike French
Editor

School will remain closed through the remainder of the year in Rockcastle County. Also, all school summer activities are cancelled, according to Rockcastle County Schools Superintendent David Pensol.

After a conference meeting between Governor Andy Beshear and superintendents of Kentucky Schools Monday, Pensol announced that

classes will not resume this year.

Classes were cancelled by order of the Governor to help slow the spread of the Coronavirus: COVID-19 in mid-March but plans at the time were to reopen schools after the virus began to subside.

However, after the meeting Monday, Beshear advised that all Kentucky schools remain closed throughout the rest of the school year and all

(See "Classes" on A5)

Plans underway to reopen state

On Friday, Gov. Andy Beshear discussed benchmarks that the commonwealth must meet in order to start reopening the state's economy while keeping Kentuckians safe from the Novel Coronavirus 2019 (COVID-19). The steps reflect federal guidance announced Thursday by the White House.

"We believe our approach is very much in line with the White

House. The plan put out by the White House has certain thresholds that states should meet before we start taking certain steps," Gov. Beshear said. "The benchmarks are being driven by public health. We are all on the same page about what keeps people safe."

The governor acknowledged Kentuckians' sacrifices and said we must all stay resilient as we work our way out of the situation.

"We have to make sure we do it smart, we do it safely," he said. "That we don't let our guard down, that we don't start focusing on the next game until we win this game."

Gov. Beshear said that the state's seven bench-

marks to be assessed will determine the phases for reopening parts of the economy.

Message from Circuit Clerk

We have received an order from the Supreme Court of Kentucky extending the current court and office protocols through May 31.

This includes holding emergency hearings and other time sensitive hearings, conducting Skype/Zoom hearings and meetings, rotating team staffing plans in the office, and no driver's license issuance.

Expiration dates on driver's licenses have been extended 90 days and you will receive a court notice in the mail if you have a court date scheduled during this time.

Please make sure we have your most current mailing address.

If you need to pay a fine or probation fee, this can be done over the phone.

If you have any questions, feel free to contact my office at 606-256-2581

Eliza Jane York-Hansel
Circuit Court Clerk.

Benchmark criteria for Kentucky to move to the first stage

- 14 days where cases are decreasing
- Increased testing capacity and contact tracing
- Personal protective equipment (PPE) availability
- Ability to protect at-risk populations
- Ability to social distance and follow Centers for Disease Control and Prevention (CDC) guidelines on large gatherings

(See "Reopen" on A5)

Great SaltPetre Cave Open House cancelled

"As much as we hate to do so, Open House is being cancelled at Great Saltpetre Cave for 2020, according to Neena Jud, of the Management Committee of the Rockcastle Karst Conservancy.

May 16th & 17th, 2020 would have been the 30th annual event but the governors of Ohio, Indiana, and Kentucky have

issued stay at home orders to flatten the curve of the COVID-19 pandemic.

Many volunteers live quite a distance from the cave in areas with many more cases of this disease.

Officials say they don't want to take a chance of bringing it to visitors, their friends in Kentucky,

(See "Cave" on A5)

Twelve cases here

As of press time, the Cumberland Valley Health Department has reported 12 people in Rockcastle County have tested positive for the COVID-19 Coronavirus. The latest case tested positive Wednesday, April 15. No one has been hospitalized due to the virus in Rockcastle. Nine of the 12 cases have recovered.

Ramp closure

The northbound I-75 off-ramp at exit 59 will be closed beginning Sunday, April 26 until May 1 at 6 a.m. The closure is part of the I-75 widening project. Times may vary depending upon weather.



The Brindle Ridge Fire Department was assisted by the Mount Vernon Fire Department, the Brodhead Fire Department and the Rockcastle Sheriff's Department, as well as the Rockcastle EMS, during this structure fire Monday afternoon on North Wilderness Road. Officials are not yet certain of the cause of the fire but the unoccupied building was listed as a total loss.

Coronavirus: COVID-19

Cities continue business

Livingston

By: Mike French
Editor

The City of Livingston, like all other Kentucky cities, have closed public parks and public buildings but, officials, say business is still being conducted.

"We have cancelled the April City Commission meeting but we are all in contact with each other at all times," said Livingston Mayor Jason Medley. "Though we can't allow the public to enter the lobby of city hall, we are still providing all city services to the people of Livingston."

According to Medley, the Depot Building is closed along with the visitor center. But the Family Dollar

(See "Livingston" on A5)

Brodhead

By: Mike French
Editor

Due to the COVID-19 Coronavirus, there was no Brodhead City Commission meeting during the month of April. However, Becky Bussell, Brodhead City Clerk, says the city is continuing to handle business on a daily basis.

"Though the doors to city hall are closed to the public, we still have staff on hand here in their office taking care of anything that arises each day," she said.

All the city's bills are being paid since Bussell says all of the city commissioners are in contact with her and all employees of the city.

"Our commissioners are a text or a phone call

(See "Brodhead" on A5)

Mount Vernon

By: Mike French
Editor

The City of Mount Vernon has joined all other cities in the state by closing public parks and buildings, but officials say the inner workings of the city are "business as usual."

"The mayor and council are in contact with each other as well as the health department and all health officials and we are conducting business," said Josh Bray, City Administrator.

Mayor Mike Bryant said he and the councilmembers, as well as employees in every department, are "committed to continuing to provide

(See "Mt. Vernon" on A5)

Of Special Note Inside

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- Church News Pg. A6
- Obituaries Pg. A4

Contact us at: mvsignal@windstream.net
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ramblings...

by: perlina m. anderkin

Received a pretty mean letter to the editor from subscriber Brent Laswell of Texas recently concerning my April 9th ramblings.

It seems Mr. Laswell took offense at my "hate tirade" and denigration of Italian Americans and Democrats.

His letter stated, "In response to the editorial in 'Ramblings' in the April 9th Signal, I am appalled that in the middle of this national health crisis, you would use your column as a hate tirade, not only at Democrats but also at Italian-Americans. I think that is pretty low. At times such as this, all Americans need to stay united and using the crisis to denigrate people of a different political stance and ethnic background is not the way to do it. Whatever Mrs. Anderkin believes, she needs to keep her biased opinions to herself."

Normally I would just print the letter in our letter to the editor column and go on about my business but I was particularly incensed by Mr. Laswell's last comment that I should keep my "biased opinions" to myself.

That is so anti-everything I, or anyone else who believes our Constitution protects everyone's right to express our opinion on any subject, believes. I have always been a firm believer in the saying "I may not agree with what you say but I will defend to the death your right to say it."

I don't know if Mr. Laswell has ever heard that quote but he should know that the First Amendment guarantees me the right to my own opinion and my owning a newspaper guarantees me the right to use my opin-

ion page to state my opinion.

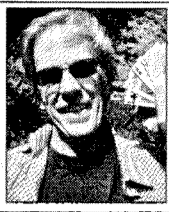
As to my denigration of the Democrat party and Dr. Fouci (because he is an Italian-American), I will plead guilty to being very outspoken in my opposition to the majority of the beliefs held by this party, particularly their belief that life doesn't begin until they say so and making it legal to kill a baby up to birth and calling it women's "health care."

As to my denigration of Dr. Fouci because he's an "Italian-American" that thought had never occurred to me but only points out Democrats' proclivity for "identity politics." My disagreement with Dr. Fouci comes from his support of all things Democrat, especially Hillary Clinton, and has nothing

(Continued on A3)

Aces Over

By: Mike French



I have never in my life had anyone say to me, "Mike, you are a very patient fellow." However, I have heard the opposite about a billion times.

And again my impatience rears its ugly head. COME ON SUMMER!

I am just plain done with cold, wet, rainy, nasty, uncomfortable, overcast days. I want to plant my garden

I have already started some landscaping as I wear three layers and a 'boggin while spreading mulch and planting shrubbery.

But I want to plant my tomatoes and corn and cucumbers and such.

I have mowed the lawn a couple of times already but it didn't really need it. I just wanted

to feel a hint of summer-like activities.

There was even a day that my son and I rode our motorcycles to Lexington and back. But of course we had gloves and coats and foot warmers in our boots.

It is easy to remember my mom and dad out in the garden with a hoe as mom chopped weeds while dad ran the tiller.

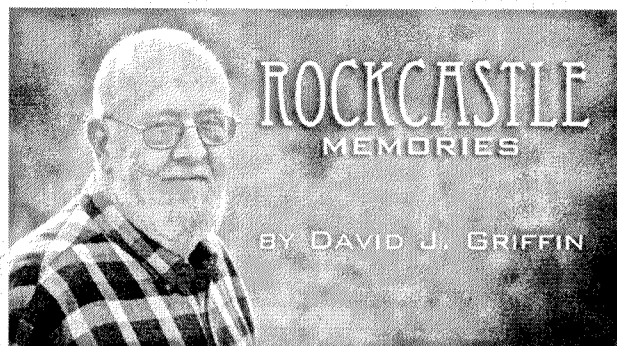
A garden was such a primary part of life in those days. Mom canned everything. I never understood why it was called "canning" when she used glass jars.

But a great memory is that of pouring the steaming hot veggies into those jars and waiting to hear the "pop" as the lid told mom she had done a good job.

Apparently, if the lid didn't make that popping sound, the veggies in the jar were contaminated somehow and we wouldn't eat them. But 99% of mom's jars popped.

My dad would stand for hours and do nothing

(Continued on A3)



Dogwood Winter

Dogwood Winter arrived in Mt. Sterling this past weekend. Even though my wife and I have no dogwood trees in our yard, two of our neighbors (just across the street) have several in their yards. The view from our front door is absolutely spectacular.

The sudden cold snap in the first few weeks of spring has been called by a variety of names. Those that I am familiar with are: Redbud Winter, Blackberry Winter, Locust Winter, and Dogwood Winter. One name is new to me, Linsey-Woolsey Britches Winter.

All of my seventy-plus years on this earth, I have heard of all of the above names for the spring cold snap, except for Linsey-Woolsey Winter. After some internet searches, I learned where that term came from, and surpris-

ingly, it hit home with me.

Linsey-Woolsey is an old nickname for long johns. This end-of-spring cold snap marked the time period after which the long johns could be packed away for the summer. This information could not help but remind me of my grandfather (Pop).

Pop wore long johns all winter, and I believe that he was relieved when he could finally get out his spring and summer underwear. He certainly always seemed to be more comfortable.

Why is this time of the year called Dogwood Winter? This cold snap usually falls during late April or early May, just about the time dogwood trees begin to bloom in many regions. Most farmers knew it wasn't safe to plant their crops until after the dogwoods bloomed. Pop, too, paid close attention to this sign when he was getting ready to plant his garden.

When my mother (Bee) and I lived above Old US 25, south of Mt. Vernon, she was always glad to sit on her porch to observe the blooming of the dogwood trees that sat on the edge of the woods both above and below our house.

She once explained to me the story of why the dogwood flower is so special to Christians. The petals of the flower form the shape of a cross. The middle of the flower has a tight grouping, resembling a "crown of thorns." And the tips of each bloom are indented, as if they bore the hole of a nail. There are even colors in the petals that bring to mind the drops of blood that spilled during the crucifixion.

It is because of her story concerning the dogwood blooms that I have always considered the flowers to be very special. I will never forget that Bee relayed this story to me as a young boy. She was special in

(Continued on A3)

T.J.'s Journal
By: Tonya J. Cook



Old Days and the New Normal

Dear Journal,

Today, for lunch I had a sandwich, chips, a Mountain Dew and a moon pie for dessert. The Dew was diet and the moon pie was so small I just about had to put on my glasses to see it. (I'm diabetic, anyway). Actually, this is one of my favorite meals. I, being of the older generation, remember the size a moon pie used to be. Back when I was growing up a moon pie was about the size of a saucer. There was only chocolate, vanilla and ba-

nana flavors, then butter-scotch came along. They cost either a dime or nickel...a dime, I think. You could get a moon pie, a bottle of pop and have change left for bubble gum out of a dollar. This is a good start to becoming diabetic. I worked all of it off, though. I'd play tennis for about three to five hours almost every day with a girlfriend from school who lived near us. Can you believe it, seeing me now?

Since I've been off from work, I only do what I can around the house and try to get a little rest here and there. I usually make lunch simple. I've been cooking quite a bit at home, lately. You have to, as it is impossible to go to eat in a restaurant, anymore. We really miss that. We quite often ate out with friends but we've just about forgotten what they looked like, it has been so long since we have seen them. We even had to eat our anniversary dinner in the front seat of Stanley's car. We got a steak dinner at the Limestone Grille to-go and went down to Lake Linville to

(Continued on A4)

Points East
By Ike Adams



Old timers on Blair Branch, when I was growing up in the 1950s and 60s, used to predict that thunder in February was a sure sign that it would frost in May. I can tell you, for sure, that on Charlie Brown Road, we had late night thunder at least three times during February, so loud and rumbling that it shook the house and woke me up. Then, on each occasion, it kept on thundering for another few minutes to make sure I knew what was going on.

For that reason, I was not in any big hurry to commence starting tomato plants and finally got about 6 dozen peat pots seeded, with 10 varieties of heirloom tomatoes, on April 6. As of early morning, April 18, 3 tiny seedlings had popped up over night.

(Continued on A4)

I'm not counting any chickens before they hatch, but I'm taking this as a good sign. All 3 babies were from different varieties. So far so good.

I originally planned to start the plants and simply give them away to friends and neighbors who were/are more physically able to raise gardens than it looked like I was going to be. Planting and helping stuff grow is simply in my blood, even if I never see a bite of the end results. However, now that the garden is plowed and double tilled, the chances that some mater plants will find their way into it are vastly improved.

All the seeds I planted this year, with one exception, were saved in the late summer of 2018. I grow a variety I call

Mount Vernon Signal

Publication Number 366-000

Periodical Postage Paid in Mt. Vernon, Ky. 40456
606-256-2244

Published every Thursday since November, 1887. Offices in the Mt. Vernon Signal Building on Main Street in Mt. Vernon, Ky. 40456. Postmaster, send address changes to P.O. Box 185, Mt. Vernon, Kentucky 40456.

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Mike French, Editor

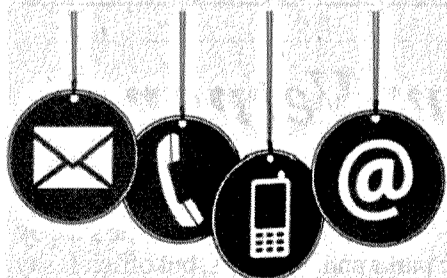
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ramblings...

by: perlina m. anderkin

to do with the fact that he's "Italian-American" and Mr. Laswell immediately going there to slam my column only points up the Democrats constant attempt at division in this country by grouping everyone by something other than American.

Evidently Mr. Laswell's "staying united" means to be silent and allow our Constitutional rights to be trampled by the Democrat powers-that-be.

No thank you.

"Aces"

(Cont. from A2)

but stare at his garden. It was like he was waiting for a corn stalk to peep up out of the ground.

I also never understood the pride he took in how straight the rows were. I just thought that if the corn grows up and you can eat it, what difference did it make if one of the stalks was "out of line."

Dad used to tell me stories about his father planting a garden and the rows were shaped like "a dog's hind leg." For whatever reason, that was completely unacceptable to dad.

I just use the corner of

the hoe and make a line down the garden and walk along dropping seeds in it. Then I use the old-fashioned "foot-scooting method" of covering them up with dirt. Where ever they grow is fine with me as long as I can eat the stuff.

Dad used to give away a lot of his veggies. He always had the prettiest garden around and he told me that was because he gave away what he couldn't eat. So, God blessed his patch, he said.

At least I have my tomato patch tilled already and am still searching desperately for someone with a tractor to plow my garden area.

I remember the days when people would almost argue over who would get to come to your house and plow a garden for you. But getting someone to do it now is like pulling teeth.

Anyway, here's hoping that soon (VERY soon) we can have summer back in Kentucky and if I can get our Governor's permission, I'm going to plant a big garden this year.

Some of my tomatos are already out. Of course a frost is coming tonight so time to get out the sheets.

Good luck my fellow gardeners.

"Points East"

(Cont. from A2)

Molly Helton Sunburst which, I believe, is a cross between Old German and Pink Brandywine and has a fruit that is conspicuously larger than either. It has the same deep yellow/purple stripes as an Old German with a taste more like Pink Brandywine. I dug some Molly Helton seeds dated 2012 out of the freezer and at least one of them sprouted last night.

All the 2018 seeds were saved and packaged by my adopted granddaughter, 13 year-old Alyssa Edwards who lives in Mount Vernon. I saved and Alyssa packaged over 2,000 tiny, plastic, zip lock seed packets that I mailed to more than 200 readers of this column. I've already lost track of the exact number and don't figure we'll be doing that again. On the other hand, Alyssa says she is willing and able if the Covid situation makes it possible and the chicks hatch as planned.

I started this particular column at 9:00 AM this morning. It is now 9:00 PM and well over a dozen more seeds have sprouted over the last 12 hours. I'm only good for about one short paragraph per hour and then I need to take a rest. Stay tuned for a mater plant update next week and don't be in any hurry to get stuff subject to killing frostbite growing in your garden.

In the meantime, here's this week's reading recommendation. I first got hooked on Robyn Carr early in 2007 when a colleague at work gave me a copy of Virgin River. I couldn't lay it down and couldn't wait for the next title in what promised to be an ongoing series. I found myself checking her website weekly and preordering every title weeks before it was released. The books combine adventure, intrigue, and human drama laced with boy gets girl (or vice versa) romantic themes. I'm addicted to this stuff.

I had purchased 5 titles in paper at about \$20.00 each before the first Kindle was even on the market. I went on to purchase the remaining 14 titles on Kindle, at less than half the price of print editions, until the series ended in 2012 or thereabouts. Since then I've read every novel she has ever published and I'm thinking she has about 50 or more titles, including 3 other multi-title series.

The Virgin River series is now a Netflix television series. The first season, completed in late

2019, turned out to be as good as the first couple of book titles. Loretta and I keep checking to see when the second season will start but, so far, Netflix is only promising that it is in production. I figure all the secrecy is designed to simply keep suckers, like me, to keep coming back to the website.

"T. J.'s"

(Cont. from A2)

eat it. The weather was too cold and windy to eat at a table. There was no dinner out and a movie, etc., for this anniversary celebration. We called ahead and someone from the restaurant brought the meal to the car, wearing a mask and gloves. It's a sign of the times we will probably have to face and get used to. If people would only obey the rules, this virus could have been over by now. Unfortunately, some are just selfish and think only of themselves and are going to do what they want no matter the consequences. I'll just stop there before I get started on a rant.

We may not like the times as they are now, but these may be the "new normal". For some of us old codgers, it will be difficult to get used to. It hurts me to think about trying to go shopping and hope to get most, but not all, of the things you need much less would like to have. It got so bad here at our house that we ran out of toilet paper and had to use lettuce leaves. After we went through that last head, we didn't know what we'd do. We guessed it just "remain"ed to be seen. LOL

When and if this virus ever ends, I'm going to throw one of the biggest "coming out" parties this county has ever seen. We'll sit in each other's laps and hug all over each other and get about two inches apart and talk. We'll eat and dance 'til the cows come home. Sounds good!!!

"Memories"

(Cont. from A2)

that way.

I so enjoyed the photos that I received in answer to my request regarding blooming trees! I am, therefore, including a photo of a dogwood blossom. And, once again, I invite my readers to share with me their photos of this blooming and beautiful spring.

(You can reach me at themtnman@att.net or you can drop me a line at 30 Johnson Avenue - Mt. Sterling, KY 40353.

I appreciate your comments and suggestions.)

"Years of Life" Lost

Submitted by Kent Ostrander Executive Director of The Family Foundation

It's been roughly seven weeks since the coronavirus entered Kentucky, causing citizens to wrestle with its grim realities. As of April 19th, according to the Governor's calculations, there have been 148 COVID-19 related deaths in the Commonwealth. Using the Governor's "Age of Death" chart and a 90-year life-span estimate (see calculations at bottom), those deaths total 2,075 "years of life" lost - over two millennia!

Certainly, ALL life is valuable, including those last, precious years of life of our elderly.

Loss of life, of course, is why Gov. Beshear exercised his authority to limit in-person contact, including the suspension of all elective medical procedures. His decision, however, has abortion providers ignoring his orders and continuing their elective medical services.

Since March 1, there have been 610 abortions at the abortion clinic in Louisville, creating a staggering 54,900 "years of life" lost - well over 50 millennia! (90 years times 610 abortions). That's over 25 times greater than the number of years lost through virus. (By the way, Planned Parenthood has also opened in Louisville and is doing abortions. It opened in late March, DURING the COVID-19 crisis.)

These lost "years of

life" were not overlooked by the Kentucky General Assembly. The Kentucky legislature passed Senate Bill 9, a bill that, if allowed to become law, provides clear legal standing for the Attorney General to enforce Gov. Beshear's executive order on elective medical procedures, including abortion. The Governor's action or inaction on SB 9 will have a lasting impact on generations to come.

In addition, with SB 9 the Attorney General could look into why the two University of Louisville School of Medicine professors do ALL the surgical abortions at the Louisville abortion clinic. He could determine IF any state money was involved. (That's against the law.) AG Cameron could also evaluate whether the medical clinic guidelines for COVID-19 are being evenly applied or if the elective abortion clinics are favored. (Heart surgeries are being postponed across the Commonwealth while the abortion clinic keeps cranking.)

The bottom line: "Gov. Beshear, please allow SB 9 to become law." Most of all, SB 9 requires that any baby born alive will receive medical attention. That would make us wonderfully different than New York and Virginia.

And, that's what the people of Kentucky really want - to be FOR every life.

BFD gets grant for modern equipment

By: Mike French Editor

Thanks to a \$3,200 100% grant from the Kentucky Fire Commission, the Brodhead Fire Department now has two new thermal imaging cameras.

"These cameras will be a big help to our department and to the community," said Assistant Fire Chief Brian Bullock.

Through modern technology, the cameras can basically see through smoke and flames that humans can't see through, Bullock said.

"The cameras are essential for modern day

fire suppression and prevention," he said. "They locate hot spots and help firefighters navigate through low to no visibility."

Bullock said all the volunteer firefighters are glad to have the equipment. "We are grateful for this grant," he said. "We will put these cameras to good use."

Bullock said the cameras make it possible to search for downed victims through heavy smoke among other uses. "These cameras could easily mean the difference between life and death for a victim or for a firefighter."

The Mount Vernon Signal office will be closed on Thursday and Friday until further notice.

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Rockcastle Library Information

Rockcastle County Library closed until further notice.

Celebrate Sobriety Service

CrossPoint Church of God will host a monthly Celebrate Sobriety Service on the second Thursday of each month at 7 p.m. We are located at 211 Industrial Park Road (across from the high school) in Mt. Vernon, KY. Call 859-582-2553 with any questions.

Chamber of Commerce Meetings

The Rockcastle County Chamber of Commerce meets once a month, on the third Tuesday, at noon at Limestone Grille. All members are encouraged to attend.

VFW Post Item

VFW Post 5908 at Lake Linville welcomes all members and is also looking for new and associate members. New hours are: Wed. - Sat., 5 p.m. to ? Call 606-386-1490 for more information.

Rockcastle County Recovery Meetings

Monday-Celebrate Recovery-Brodhead: Community Outreach Center, two sessions - Monday, 11:30 a.m. and 6 p.m. Leaders: Nathan DeLeon 859-230-9590/Kathryn Pope 606-308-3099/Tammy McGuire 606-308-1614.

Tuesday-Celebrate Recovery-Mt. Vernon - Northside Baptist Church, 606-256-5577 Tuesday, 6 p.m. •••Please call by 4 p.m. if you need a ride in the church van.

Alcoholics Anonymous: 7 p.m. on Williams St., Mt. Vernon.

Wednesday-Celebrate Recovery Step Studies. Men Only. Northside Baptist, 606-256-5577, Wednesday, 7 p.m. Please call by 4 p.m. if you need a ride on the church van.

Thursday-Celebrate Recovery-Step Studies - Women Only. Community Outreach Center, Brodhead, Thursday, 6 p.m. Leaders: Kathryn Pope, 606-308-3099 and Tammy McGuire 606-308-1614.

AA Meeting, 8 p.m. Open Share at the Brodhead Center.

Friday-Celebrate Recovery-Livingston School Cafe. Leader: J.R. Cornelius, 859-314-7828. Friday, 6 p.m.

Saturday - Celebrate Recovery: Crosspoint Church of God, 211 Industrial Park Road, Mt. Vernon. 10:30 a.m. Saturday. Leaders: John Burton 606-308-8226, Joanie Mink 606-308-3190.

DAR Meetings

The Rockcastle Chapter of the Daughters of the American Revolution meets the first Monday of each month, September-May at 6 p.m. at First Christian Church in Mt. Vernon. All prospective members are welcome to attend.

Brodhead Lodge Meeting

The Brodhead Masonic Lodge #566 meets every third Saturday at 7 p.m. on Main Street in Brodhead above Brodhead Pharmacy.

Alcoholics Anonymous

Alcoholics Anonymous meets Tuesday nights at 8 p.m. behind Our Lady of Mt. Vernon Catholic Church on Williams St. in Mt. Vernon.

Kiwanis Club Meetings

The Rockcastle Kiwanis Club meets every Thursday at noon at the Limestone Grille. Everyone is invited.

American Legion Post 71

American Legion Post 71 meets the second Thursday at 6 p.m. of each month at the Limestone Grille. Commander Rick Bobo (308-2271) invites all Rockcastle veterans to join this organization that honors American soldiers, sailors and airmen.

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Obituaries

Ralph Kenton Tipton

Ralph Kenton Tipton, 82, of Mt. Vernon, went home to be with his Lord on Thursday, April 16, 2020 at Rockcastle Regional Hospital with his wife by his side. He was born in Estill County on April 3, 1938, the son of the late William Arthur and Stanley Reed Tipton. He is a retired employee of IBM, Lexington and NAACO, Berea and was a member of Livingston Baptist Church. He was a beloved husband, father, and papaw. He will be remembered for his love for God, for his family and for all children, and, of course, for Kentucky Wildcats Basketball.

Those left to cherish his memory include: his wife of 30 years, Elizabeth "Liz" Tipton; children, Billy and Michelle Tipton of Eddyville, Vickie and Gary Howard of Harrodsburg, Leslie Tipton of Winchester, Lori Gill of Berea, Melissa and Ronnie Owens of Somerset, and Melody and Chastity Ware of California; siblings, Norelyne Goodlett and William Kenneth Tipton, both of Lexington, Eldean "Peggy" Hall of Nicholasville, and Jerry and Betty Tipton of Winchester; a daughter-in-law, Tammy Tipton of Nicholasville; 13 grandchildren; nine great grandchildren; and one great grandchild. A host of nieces and nephews, as well as special pastors, Gary "Shank" Parker and Randy McPheron, also survive.

He was preceded in death by: a son, Randy Tipton; a brother, Robert "Buster" Tipton; a son-in-law, Barry Gill; sisters-in-law, Betty Tipton and Dorothy Tipton; and a great grandson, Colton Crouch.

In accordance with social distancing and our current health and safety concerns, a celebration of life service will be announced at a later date.

Dowell & Martin Funeral Home is in charge of arrangements.

The family of Mr. Tipton would like to extend a special thanks to all the Rockcastle Regional Hospital Staff and Rockcastle EMS.

Please visit www.DowellMartin.com or Dowell & Martin Funeral Home's Facebook page to view online obituary.

Edna Loraine Harrington

Edna Loraine Harrington, 75, of Scaffold Cane, died Saturday, April 11, 2020 at her home. She was born in Covington on April 23, 1944, the daughter of



Sam and Ellie Virgie Durham Singleton. She was a retired cook for Proffitt Foods and was of the Baptist Faith.

Edna was the type of person to always give it to you straight. She had a tough personality but was sensible enough to know when to lend out her loving side, which was a lot deeper than it seemed. She could easily take over a

room and be the center of attention, but more often than not, she played coy and chose to be a fly on the wall. She had a deep passion for music that never wavered. It was a passion that stemmed from growing up with a multitude of siblings who played instruments, sang, or both. Edna specialized in both, but was the favored singer of the bunch. She had a passion for collecting trinkets as well; ranging from ceramic clowns to miniature bottles of liquor to t-shirts and hats with funny sayings. That was just one way she would let her colorful personality shine to those around her. Throughout her life, traveling to see her family was a constant. Whether it was taking trips to Tennessee to see her sister and nieces and nephews, or to here in Kentucky to see more brothers and sisters, throughout the years, she always made it a priority because, to her, family was first.

Later in her life, she still loved her music, her trinkets, and her family. The trips to see family were still very important to her. When she couldn't travel, however, she always looked forward to phone calls to Tennessee and Kentucky. Whether with family or at home snuggled up in her favorite chair watching Matt Dillon and Doc, or the Bonanza boys, Edna was always her unique self. She will be loved and missed far more than she could ever know. The impression she left on this world is ever-present, everywhere.

She leaves behind: a son and daughter-in-law, Jim and Caroline Coots of Scaffold Cane; three grandchildren, Jeff, Jeremy, and Jason; a great grandchild, Lucian; a sister, Lena Lawson of Sweetwater, TN; and a sister-in-law, Stephanie Singleton of Hamilton, OH. She was preceded in death by: her husband, William Harrington; five brothers, Rovie, Tip, David, Millard, and Sam, Jr.; and five sisters, Irene, Ardella, Fannie, Rose, and Christine.

In accordance with current state mandates, the funeral services will be private. Burial will be in the Singleton Mountain Cemetery at Orlando.

Please visit www.DowellMartin.com or Dowell & Martin Funeral Home's Facebook page to view online obituary.

Signal office closed
Thursday and Friday
until further notice

Deborah Diane Bustle

Deborah Diane Bustle, 64, of Mt. Vernon, died Saturday, April 18, 2020 at Rockcastle Regional Hospital in Mt. Vernon. She was born July 12, 1955 in Glendale, OH to Luther Bustle and the late Cleo (Sowder) Bustle. She was of the Christian faith, a dog and horse lover, collector of knives, and cigarette lighters, and was a member of the NRA and KY Wildlife Association.

Those left to celebrate her life are: her son, Lance Lovell of Mt. Vernon; grandchildren, Andrea Lovell, Cammie Tow; her father, Luther Bustle; four sisters, Brenda (Robert) Adkins of Hamilton, OH, Sylvia Vance of Mt. Vernon, Shelia Neal-Leger (Mike) of Brodhead and Lisa Cummins of Mt. Vernon; as well as many nieces, nephews, friends, and neighbors.

She was preceded in death by her mother, Cleo (Sowder) Bustle; one son, Luther Lovell; and one sister, Linda Couch.

Services will be private.

www.marvineowensfuneralhome.com

Virginia Earls

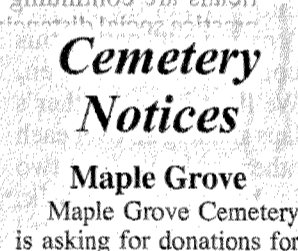
Virginia Griffith (Jenny) Earls, 69, of Winchester, died March 29, 2020 at her home after a long illness.

She was born in Berea on December 3, 1950 to Loyd and Pearl Holt Griffith, who preceded her in death.

She was a member of the Crestview Christian Church in Winchester.

Survivors include her husband of 47 years, Bill Earls of Winchester; two sons, James Earls of Winchester and William (Karina) Earls of Ohio; two granddaughters, Kaylee and Addison; two sisters, Colleen (Gary) Langford of Mt. Vernon and Joyce (Gary) Day of Ohio; several nieces and nephews and a host of friends.

A memorial service will be held at a later date.



Cemetery Notices

Maple Grove

Maple Grove Cemetery is asking for donations for the upkeep and mowing of the cemetery.

Anyone that would like to help, please go to Community Trust Bank and make a deposit in the Maple Grove Cemetery account or donations may be sent to: Penny Cameron, 37 Bob White Lane, Brodhead, Ky. 40409.

We will also be at the cemetery to take donations on Friday, Saturday, Sunday and Monday, May 22, 23, 24 and 25.

We would like to ask that anyone with a loved one buried there, please help us to keep it up. If everyone would give a little it wouldn't hurt anyone.

Johnetta Cemetery

If anyone would like to donate to the mowing and upkeep of Johnetta Cemetery, please deposit donation at Community Trust Bank to the Johnetta Cemetery account.

You may also mail your donation to the bank at: Community Trust Bank, 120 E. Main St., Mt. Vernon, KY 40456.

Also, all flowers should be removed from graves as soon as possible so that mowing can commence.

Roberts Cemetery

Donations needed! Please help keep Roberts Cemetery (old Freedom Cemetery) mowed.

Send donations to: Roberts Cemetery, c/o Nancy Meadows, 20 Trinity Lane, Mt. Vernon, Ky. 40456.

Pittman Cemetery

Donations are being accepted for maintenance of the Pittman Cemetery, located on East Fork Skaggs Creek Road, Chestnut Ridge, Mt. Vernon, Ky.

Please send donations to: Betty Mullins, 46 Lilac Circle, Mt. Vernon, Ky. 40456. Telephone: 859-893-8881.

Mossie Jane Sowder

Mossie Jane Sowder, 86, of Richmond, died Friday, April 17, 2020 at the Kenwood Health & Rehabilitation Center. She was born at Sand Springs in Rockcastle County on November 1, 1933, the daughter of George Myrt and Nettie Evans Isaacs. She was a retired press operator for Dresser Industries and a member of Chestnut Ridge Church of Christ.

She is survived by: her children, Kenneth Earl, Jr. and Kathy Sowder, Daniel Dale and Crystal Sowder, Deborah G. and GERAL Richardson, and Preston D. and Sandy Sowder; nine grandchildren, Janie Ann Willis, Richard Sowder, Daniella M. Barren, Joshua Sowder, Seth Sowder, Rodney Richardson, Janel Richardson, Paul Caleb Richardson, and Cortney Baldrige; 13 great grandchildren, Conner, Madison, Jasmine, Jared, Grayson, Austin, Cloe, Kendall, Hope, Karter, Caleb, Ava, and Audrey; and a great great grandchild, Emery Leigh. She was preceded in death by her husband, Kenneth Sowder.

In accordance with current state mandates, funeral services for Mrs. Sowder were private. Burial was in Elmwood Cemetery.

Dowell & Martin Funeral Home was in charge of arrangements.

Please visit www.DowellMartin.com or Dowell & Martin Funeral Home's Facebook page to view online obituary.

Lyndsey Nicole Cook

Miss Lyndsey Nicole Cook, 29, of Berea, died Saturday, April 11, 2020 at the University of Kentucky Medical Center in Lexington. She was born March



11, 1991 in Somerset to Angelia Cook. She was of the Christian faith and enjoyed animals and writing in her journals.

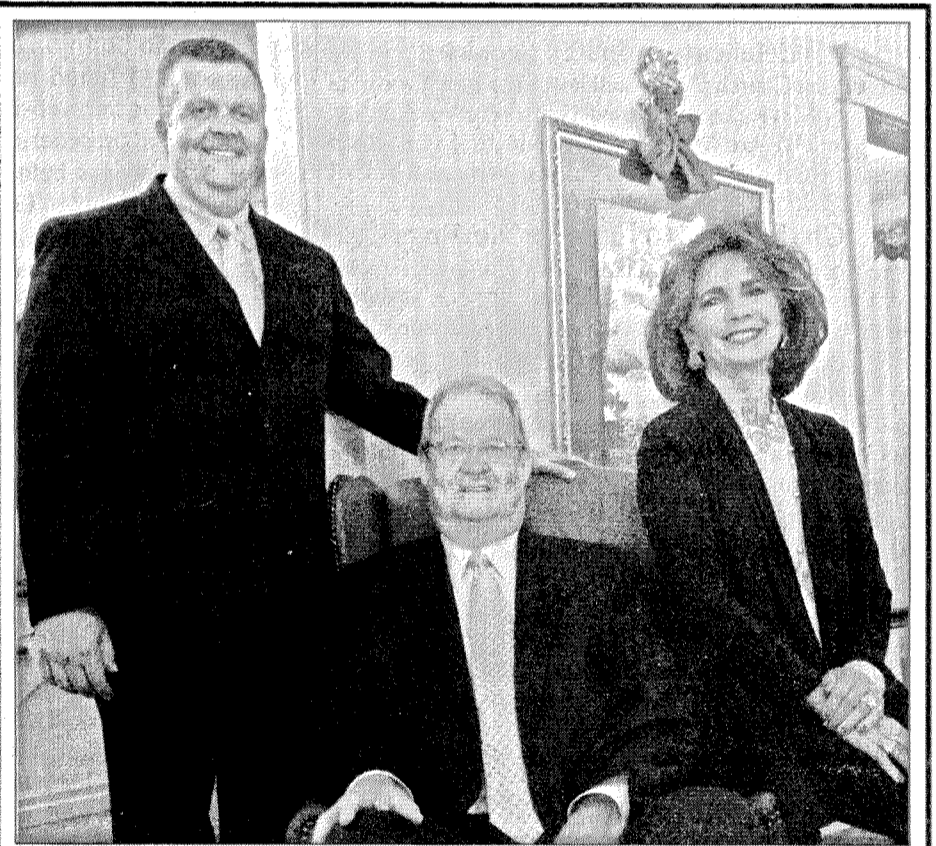
Those left to celebrate her life are: her mother, Angelia Cook (Jon Stewart) of London; grandmother, Lillie Cameron of Mt. Vernon; and childhood friends, Ellie Bryant, Kayla DeBord, and Takina

Cottrell. Lyndsey was loved by many and will be greatly missed.

She was preceded in death by her grandfather, Larry Cook.

Cremation rites were performed. A memorial service will be planned later.

www.marvineowensfuneralhome.com

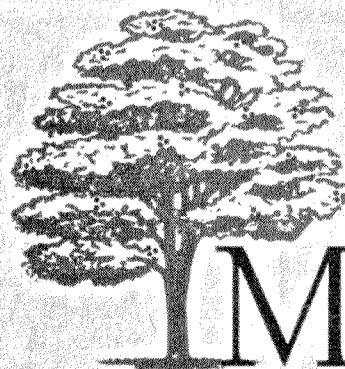


Steve Martin Roy Martin Pam Cummins Martin

"How much does a funeral cost?"

We hear this quite often. We pride ourselves at Dowell and Martin in offering Rockcastle-area families services that fit every budget. According to the National Funeral Directors Association, the average funeral cost today is \$8500.00. This price does not include cemetery charges and other items associated with funerals. The average price for a funeral at Dowell and Martin is much less than the national average! We offer Package Services starting at \$2500.00 and several packages under \$5000.00. Monthly payment plans are also available.

We invite you to call with any questions you may have. Better yet, come by and visit our facility and talk with us about the facts about funeral prices. We are proud to offer families the same personal, caring attention we have shown for 50 years.



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Funeral Home

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News from the Rockcastle Courthouse

Circuit Civil Suits

Veronica Waddles v. Stephen Waddles, petition for dissolution of marriage.

Samantha Butler v. Michael Butler, petition for dissolution of marriage.

Kathern Dawson v. Jason Dawson, petition for dissolution of marriage.

Courtney Smith v. Mark Smith, petition for dissolution of marriage.

Kenneth Bolin v. Sherri Bolin, petition for dissolution of marriage. CI-00075

Marriage Licenses

Sallie Gail Stallworth, 47, Mt.

"Classes"

(Continued from front) summer activities be cancelled.

Parents and students had been concerned about graduation ceremonies for RCHS seniors, saying on social media pages that students should not miss out on graduation ceremonies.

Pensol agrees that seniors should be recognized for their education efforts with a graduation ceremony.

"We will do something for our seniors when we are told it is safe to do so," said Pensol. But what that graduation ceremony may look like is undetermined at this time and officials are looking at several different options. "Ideas are currently being shared administratively as we review what that could look like for our seniors, their families and our high school," he said.

The governor announced there will be no face-to-face possibilities at any school in Kentucky this year or this summer, Pensol said.

"Cave"

(Continued from front)

or picking it up from another visitor and taking it back home.

"If you've been to an Open House, you know full well that there is no way to maintain the necessary social distancing while standing in line or touring the cave. And trying to keep the numbers less than ten people? That's a joke. Last year there were 2,000 visitors each day (of the event)," said Jud.

Volunteers say they look forward to seeing guests each year. "We thoroughly enjoy sharing the cave and the preserve grounds with you," he said.

Jud says she will miss the event. "We know many of you relish chatting with your friends and relatives while eating soup beans and cornbread. So many sto-

marks, the White House provided guidance on what the first stage of reopening would look like:

Guidance for the first stage of reopening Individuals

- Individuals should continue to practice good hygiene
- People who feel sick should stay home
- All vulnerable individuals should continue to shelter in place
- All individuals, when in public, should maximize physical distance from others
- All individuals should avoid gatherings of more than 10 people, unless precautionary measures can be strictly observed

- Minimize non-essential travel and adhere to CDC guidelines regarding isolation following travel

- Employers
- Should continue to encourage telework

- If possible, should return to work in phases

- Close common areas

- Minimize non-essential travel and adhere to CDC guidelines regarding isolation following travel

- Strongly consider special accommodations for personnel who are members of a vulnerable population

- Specific types of employers:

- Schools and organized youth activities that are currently closed should remain closed

- Visits to senior living facilities and hospitals should still be prohibited

- Large venues (sit-down dining, movie theaters, sporting venues, places of worship) can operate under strict physical distancing protocols

- Elective surgeries can resume, as clinically appropriate, on an outpatient basis at facilities that adhere to CMS guidelines

- Gyms can reopen if they adhere to strict physical distancing and sanitation protocols

- Bars should remain closed

For more information on the White Houses criteria and all three proposed phases of reopening, visit whitehouse.gov/openingamerica.

The governor reminded Kentuckians how important it is to stay fluid and flexible based on the severity and number of cases in the state and the status of a vaccine and treatment options.

"We think that following these benchmarks, possibly before May we could see some loosening in the health care area," Gov. Beshear said. "We could see the ability to open up in some small ways before May, during May and beyond, but this will be a phased approach based on our benchmarks and recommendations from many groups. We have to ensure any actions we take protects the sacrifices that so many Kentuckians have made."

"Livingston"

(Continued from front)

store is up and running and the Marathon service station is still planning to open this summer.

"We are carrying on with business as usual as far as the city goes," said Medley. "We are just having to do it by phone or text or some other method."

Any Livingston resident who needs to pay a city bill, may mail the

payment, phone in the payment or drop it off in the slot in the city hall door.

The mayor and staff aren't spending time at city hall but Medley says he is taking care of business just the same. "We are keeping our distance as the governor ordered and practicing cleaning protocol and keeping our people safe," he said. "But we still answer the phone and take care of our city every day just like before any of this happened."

In fact, just last week a broken water line in Livingston brought the mayor and workers out to repair the damage. "Whatever comes up, we are here for our citizens and we are completely transparent on our Facebook site to keep everyone informed about anything going on in our city."

Medley says he is in daily contact with Rockcastle County Judge/Executive Howell Holbrook and the local health department to help structure plans for the future.

"Until this is over, everyone should know we are still here and still conducting business."

"Brodhead"

(Continued from front) away," she said. "We are all staying in constant contact and everyone in the city government is aware of daily operations."

In fact, Mayor Walter Cash is often still at his desk at city hall, Bussell said. "The mayor is continuing his duties as well and we are all working together."

Bussell said all city employees, staff and officials are continuing to practice social distancing and have adopted routine cleaning and disinfecting procedures throughout city hall.

Public parks in Brodhead are also closed as ordered by Governor Andy Beshear.

"We have been blessed that no cases of the virus have appeared in Brodhead that I am aware of and we are doing everything we can to keep the citizens of Brodhead safe," she said.

Bussell says anyone wishing to make a water or sewer payment may either mail the payment to city hall or drop the payment off in the dropbox at city hall.

"We are looking forward to the end of this situation," said Bussell. "We enjoy seeing people coming into the office and, like everyone else, we miss the usual activities that are always going on in our town."

Officials say they have not made a decision yet about the May City Commission meeting but Bussell said she will inform the public about any decisions concerning the city.

"Mt. Vernon"

(Continued from front)

essential services to all our businesses and residents."

Though city hall and all other public buildings are closed to the public, residents may pay their city bills via the drive through at city hall or by calling and arranging a payment by phone.

In fact, the usual fee for using a credit card for city bills has been waived during this time, according to Mayor Bryant.

The mayor said he is

in contact with other local mayors and the judge/executive, as well as health officials on a regular basis and all local cities and the county are working together to keep citizens safe from the COVID-19 virus while continuing to take care of daily operations of the city.

The City of Mount

Vernon plans its first "Zoom" meeting this Thursday at 6 p.m.

"By working together, we will get to the other side of all of this," said the mayor.

Officials plan to let the public know of any changes in the current closures and plans for reopening parks or public offices in the future.



Rockcastle Chapter NSDAR Regent, Karen Adams presented awards to Debbie Brown and Jean Gentry. Mrs. Brown's award was in recognition of outstanding membership recruitment and Mrs. Gentry was honored for her outstanding work in recruitment, research and as membership chairman. Pictured above are Jean Gentry and Karen Adams.

Yards to Paradise

By Max Phelps

Edible Landscaping:

Utilizing Common Edibles for Landscaping

Edible landscaping can be replacing a dying shade tree with an apple or pecan tree, and working a few tomatoes and some chives in among the flowers. Edible landscaping also can be only using things you can eat as the plants you landscape with. Most modern homeowners want a nice looking yard, not a World War II victory garden that takes up every inch of their yard in a jumble of plants. I'd like to show you a pretty landscape and one that is also edible can be obtained with similar budgets. You can have a lovely landscape and eat it, too.

Lovely landscaping needs a design, it needs organizing. But there is no reason it can't use attractive plants that will resemble other shrubs, but which are also fruit bearing, or have lovely leaves or blossoms and furnish some food for humans as well as birds, bees and butterflies, and maybe other critters. Landscaping that begins with the hardscape, then the trees and major shrubs, then on down to small bushes, perennials and cute annuals—can just as easily be edible as not.

Besides a flowering Bradford pear or a flowering crabapple, could you use a fruiting pear, or at least a crabapple with fruit big enough for the birds to enjoy, and maybe some for jelly-making? Instead of the sweet bay magnolia, could you use a service berry? And instead of the redbud tree, could you use a pawpaw or persimmon or jujube?

The mulberry makes a lovely tree, and the fruit is oh-so-delicious (if you beat the birds to it). The kousa dogwood and the cornelian cherry dogwood produce edible fruits, along with lovely blooms in springtime.

Apples, pears, peaches, plums and cherries are often used exclusively in an orchard setting; but, can you not put one or two in the landscape rather than a red maple or Bradford pear? Chestnuts instead of sweetgum, hickory and ginkgo instead of elms and pin oaks? Some oak acorns

are edible, with a bit of special care. In fact, ground White Oak acorns or Burr Oak acorns make a rather nice flour for baking or cooking with.

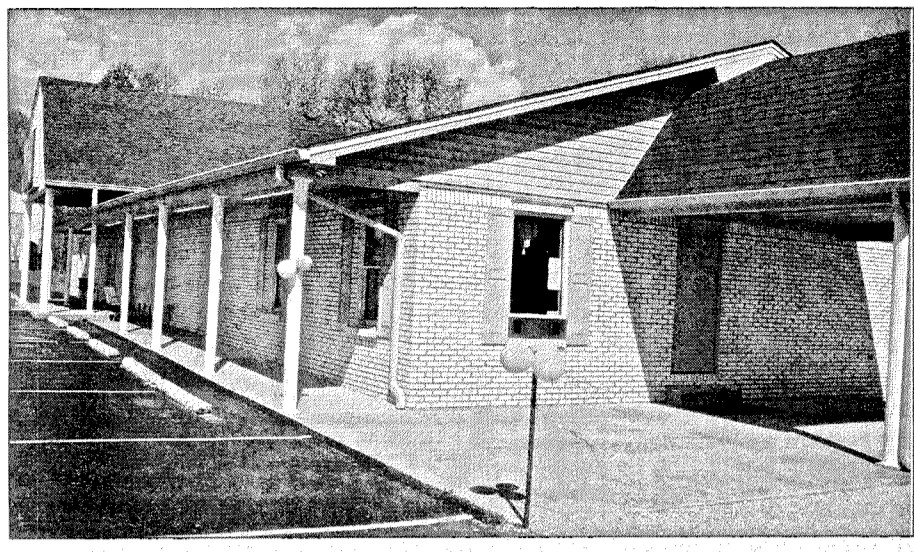
The beech tree has small nuts and is lovely in appearance. The Kentucky coffee tree would be just as well as a honeylocust, with benefit of some beans that could substitute for coffee in a pinch. Walnut trees are messy, but they can make great shade. And for the evergreen tree, try Swiss or Korean stone pines, or in western USA try pinon pine. Pine "nuts" or seeds are delicious. For a large-leaved evergreen, in areas where it always stays above zero, try the loquat tree.

Using a few traditional landscape items, such as a maple tree, a spruce tree, some burning bushes but planting the edibles in and around them may make it easier for you, tying everything together. Maybe creeping evergreen junipers mixed with compact blueberry bushes, or tall currant bushes or cranberry viburnum bushes instead of the forsythia or barberry. Maybe the Oregon grape rather than traditional holly bushes. And you don't need to do anything with the daylilies, for they are edible-- the blossoms, the buds and the tubers.

A dwarf cherry might well substitute for a flowering peach, and you could plant some hazelnuts that bear fruit instead of the Harry Lauder walking stick. Even the snowball bush has a version with edible little berries.

Good landscapes do have some annual flowers usually. You could try cabbages, kale, purple mustard, chard, asparagus and horseradish, just to name some easy starters. Most everyone could manage a tomato somewhere. The little cherry tomatoes are most prolific and bear for the longest period of time. How about garden peas or scarlet runner beans on a trellis, some lattice or a porch railing? And maybe carrots and lettuce and parsley and nasturtiums, pansies and shamrocks, too!

The author is a landscaper. Comments welcome. Contact: www.rockcastles.net, rockcastles@gmail.com.



New Drive-Thru Farm Bureau Insurance is happy to announce the opening of their new drive-thru window to better serve their customers.

CHURCH NEWS

Let the Bible Speak

Tune in to "Let the Bible Speak," with Brett Hickey, on Sunday mornings at 6:30 a.m. on LEX18.

Rockcastle County Recovery Meetings

Monday-Celebrate Recovery-Brodhead: Community Outreach Center, two sessions - Monday, 11:30 a.m. and 6 p.m. Leaders: Nathan DeLeon 859-230-9590/Kathryn Pope 606-308-3099/Tammy McGuire 606-308-1614.
Tuesday-Celebrate Recovery-Mt. Vernon - Northside Baptist Church, 606-256-5577 Tuesday, 6 p.m..

***Please call by 4 p.m. if you need a ride in the church van.

Alcoholics Anonymous: 7 p.m. on Williams St., Mt. Vernon.

Wednesday-Celebrate Recovery Step Studies. Men Only. Northside Baptist, 606-256-5577, Wednesday, 7 p.m. Please call by 4 p.m. if you need a ride on the church van.

Thursday-Celebrate Recovery-Step Studies - Women Only. Community Outreach Center, Brodhead, Thursday, 6 p.m. Leaders: Kathryn Pope, 606-308-3099 and Tammy McGuire 606-308-1614.

AA Meeting, 8 p.m. Open Share at the Brodhead Center.

Friday-Celebrate Recovery-Livingstone School Cafe, Leader: J.R. Cornelius, 859-314-7828. Friday, 6 p.m.

Saturday - Celebrate Recovery - Crosspoint Church of God, 211 Industrial Park Road, Mt. Vernon. 10:30 a.m. Saturday. Leaders: John Burton 859-621-9881, Joanie Mink 606-308-3190.

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YOUR LIBRARY Month All Year Long

As of January 1, 2020 NO MORE OVERDUE FINES!
All Past Overdue Fines are forgiven.*

*Replacement fees will still apply for unreturned, lost or damaged items.

Not Just Any Way

There is a blessing when men follow the Lord's way. Our Bible speaks of men who believed it was very important to continue in the Lord's way when it comes to serving God.

Consider King Hezekiah. At the young and tender age of 25, he began to reign as King of Judah, and he reigned for twenty-nine years. 2 Kings 18:3 records- that he did that which was right in the sight of the Lord, according to all that David his father did. There were many ways this young man could have chose to worship. Hezekiah considered those ways notice the route he chose. Verse 4 He removed the high places, and broke the images, and cut down the groves, and brake in pieces the brazen serpent. This young leader did not choose the way of idols.

We have today in religion to choose the idol of materialism, the idol of popularity, or the idols of lust. Hezekiah chose none of these. He trusted in the Lord God of Israel. 2 Kings 18:5 the Bible says that after him there was none like him among all the kings of Judah, nor any that was before him.

2 Kings 18:6 For he clave to the Lord, and departed not from following him, but kept his commandments, which the Lord commanded Moses. When man listens to God and obeys his word, things in his life changes for the better. 2 Kings 18:7 And the Lord was with him, and he prospered whithersoever he went forth. It was because he remembered the Lord in good times and bad times this young man did not change his focus. 2 Chronicles 31:21 his desire was to seek God, he did it with all his heart, and prospered. It is easy to see this young king didn't live by the notion, any way will work, when it came to his service to the Almighty God.

Today in 2020 We are many years down the streams of time, but we are still facing decisions as creatures of choice. We can choose from many ways. However, the Psalmist says 119:30 I have chosen the way of truth. If we raise a generation, that are allowed to believe ever time a crisis arises we can change things, we are allowed to compromise, I wonder what will our worship look like, will our service to God, will it allow us to prosper, will our worship being accepted by our Lord? What will our worship look like?

Hopefully, we are like Ezra that our heart and our soul is seeking the right way. Ezra 8:21 Ezra desired the right way of God for us and for our little ones and for all our substance.

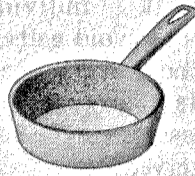
Thank you as always for reading this article (Let's not ask of others what we are not willing to do ourselves.) This article has been submitted by the Chestnut Ridge Church of Christ. If you would like to reach someone from the church, we would love to hear from you. Our numbers are Bro. Dale McNew: 859-582-4021 and Bro. Ova Baker: 606-878-8104. I pray you have a safe week and God blesses you with everything you need. Don't forget to give him thanks in everything.

- Chestnut Ridge Church of Christ •

Sundays @ 10 a.m. & Wednesdays @ 7 p.m. • Everyone Welcome
Bro. Ova Baker 606-878-8104 • Bro. Dale McNew 859-582-4021
Church is located 2 Miles South of Mt. Vernon on Hwy. 25

Mamaw's Kitchen

By Regina Poynter Hoskins



TRIPLE LAYER COOKIE BARS

1/2 cup butter
1 and 1/2 cups graham cracker crumbs
1 package (about 14 ounce) flaked coconut
1 can (14 ounce) Eagle Brand® condensed milk
1 pkg. (12 ounce) semi-sweet chocolate chips
1/2 cup creamy peanut butter

Preheat oven to 350°. In a 9 x 13 baking dish, melt margarine in oven. Sprinkle crumbs evenly over butter. Mix coconut with sweetened condensed milk. Spread over crumbs. Bake 25 minutes or until lightly browned. In a small saucepan over low heat, melt chips with peanut butter. Spread evenly over hot coconut layer. Cool 30 minutes. Chill thoroughly. Cut into bars. Store loosely covered at room temperature.

CREAM CHEESE BARS

1 box butter recipe yellow cake mix
3/4 cup chopped pecans or walnuts
3/4 cup butter, melted
2 boxes (8 ounces each) cream cheese, softened
1 cup firmly packed brown sugar
3/4 cup chopped pecans or walnuts
Preheat oven to 350°. Grease and flour 9 x 13 baking dish. Combine cake mix, 3/4cup pecans,

and melted butter in large bowl. Stir until blended. Press mixture into bottom of prepared pan. Combine cream cheese with brown sugar in medium bowl. Stir with spoon until well mixed. Spread evenly over crust. Sprinkle with remaining 3/4cup pecans. Bake for 25 to 30 minutes or until edges are browned and cheese topping is set. Cool completely. Cut into 24 bars and refrigerate.

GERMAN CHOCOLATE BARS

1 box (18 ounce) German chocolate cake mix
2/3 cup cold butter, cubed
1 cup semisweet chocolate chips
1 can (15 ounce) coconut-pecan frosting
1/4 cup milk
Place cake mix in a large bowl; cut in butter until crumbly. Press 2 and 1/2 cups into a greased 13 x 9 baking dish. Bake at 350° for 10 minutes; immediately sprinkle with chocolate chips. Drop frosting by tablespoons over the chips. Stir milk into remaining crumb mixture; drop by teaspoonfuls over top. Bake 25 to 30 minutes longer or until bubbly around the edges and top is cracked. Cool on a wire rack. Refrigerate for 4 hours before cutting.

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Kentucky Chamber unveils plan to prepare state for reopening

We have now completed a month of the "Great Pause," grappling with the COVID-19 pandemic, we find a desperate need to ask what's next. In recent weeks, we have seen not only major manufacturers like Ford and Toyota temporarily close their facilities but also many of their suppliers. Many small businesses that did not meet the essential business category have had to lay off employees, raising our unemployment rate to unprecedented rates. Not only do we find ourselves in a health pandemic, but also an economic plummet which is challenging the spirit of the American worker and business person. Many workers question even when the government says it is safe to go back, and businesses re-open, will they truly be safe?

The Kentucky Chamber of Commerce is here to navigate these questions in uncertain times. Do we have all the answers? No. Can we pull together the most capable group of professionals and business leaders in the country to solve this new equation for which we find ourselves challenged? Absolutely.

As the state's premier business advocate, the Kentucky Chamber is uniquely positioned to convene top medical professionals, economists, and small and large businesses, including Ken-

tucky-based, global companies that employ some of the most sophisticated thinkers as their executives.

During the last month, business leaders and their employees have stepped up to protect Kentuckians by donating, procuring, and manufacturing personal protective equipment. Kentucky employers have shown they are responsible stewards of their resources and have put the safety of this state and their workers above all else. To slow the spread of this pandemic, many businesses have put their own financial stability at risk. It's now time we start the conversation on how we methodically and responsibly re-open Kentucky's businesses and unleash the unbridled spirit of our Commonwealth.

The Kentucky Chamber knows we are stronger together against this common enemy as we mount our restart. The Chamber will provide education, guidance, policy recommendations, connect job seekers with employers, and recommend best practices to prepare business to restart our economy. The Chamber will call on key industry leaders to guide our work to give Kentucky every opportunity to unleash our potential.

Kentucky businesses are strong and our people are resilient. It's time to safely prepare our restart.

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Rockcastle County Recycling Center

open for recycling drop-offs

The Rockcastle County Recycling Center is located at 2528 South Wilderness Rd (US 25 South) next to the Rockcastle County Road Department Garage and is open Monday thru Friday from 7 a.m. until 3 p.m. (closed on major holidays).

The following items may be recycled:
Newspapers w/inserts, magazines, catalogs, office paper, junk mail, shredded paper (needs to be bagged), books, phone books (paper products cannot be plastic lined or coated), cardboard (both corrugated and slick), plastics #1 Pet or Pete, plastics #2 HDPE, (no sheet plastics or plastic bags of any kind; no buckets or totes, no matter what number is on it), metal cans, aerosol cans, aluminum cans, aluminum foil, aluminum pie plates, glass bottles and glass jars (lids must be removed and discarded), old cell phones, car batteries, empty printer and toner cartridges, old computers (no monitors of any kind) and all related accessories, telephones, radios, digital clocks, (no televisions of any kind), rechargeable batteries (if the battery says rechargeable on it, then it is recyclable), and large bulky metal items.

Clean used motor oil may also be dropped off at the Rockcastle County Road Department.

Recycling Drop-Off Trailers are available for use at:
Brodhead (at the back baseball field)
Conway (by Brindle Ridge Volunteer Fire Dept.)
Livingston (between Liv. Fire Dept. & City Hall)
Pongo (by Pongo Volunteer Fire Dept.)
Climax (by Climax Volunteer Fire Dept.)

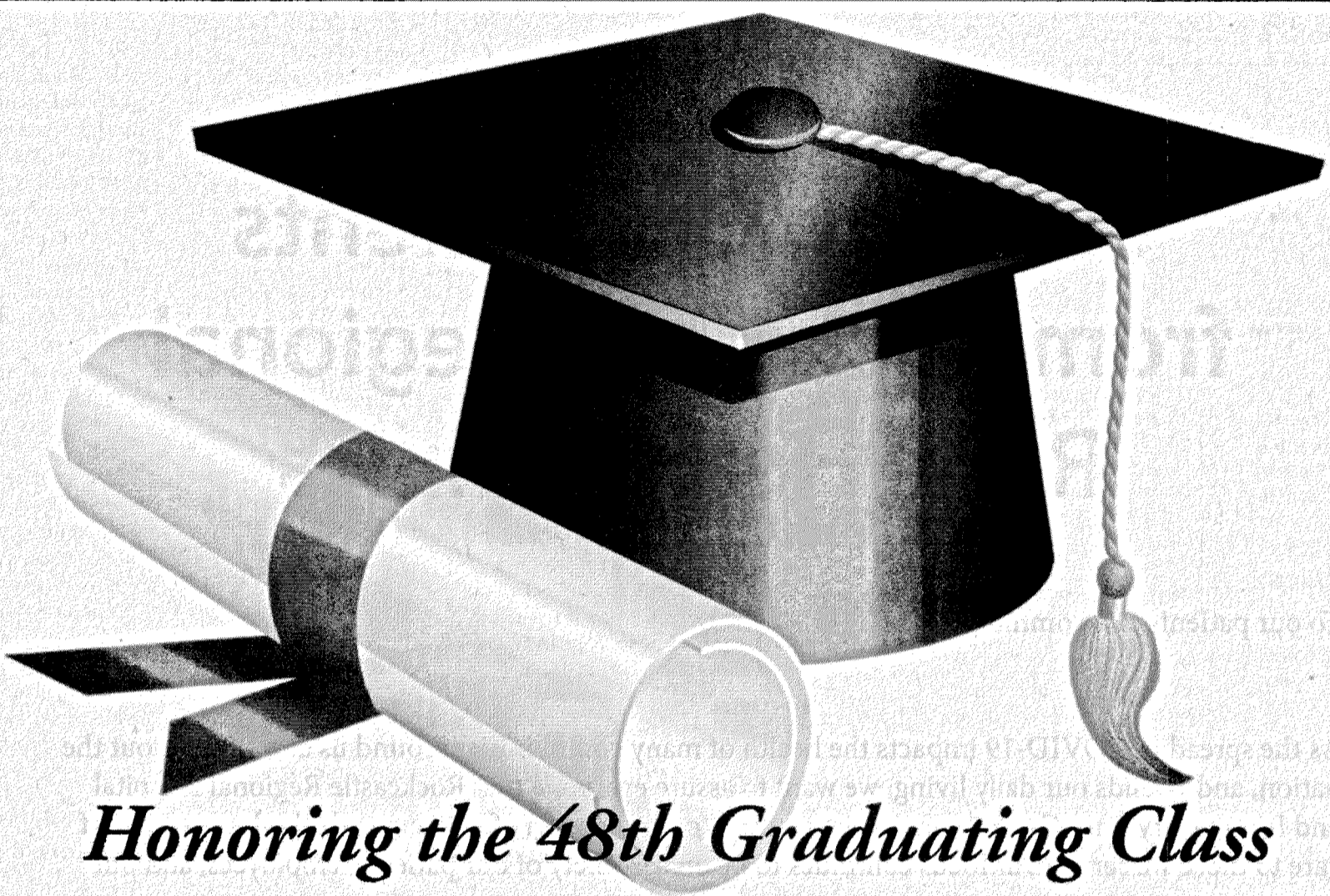
Violations may be issued for putting trash in the recycling trailers!!!

If you have any questions, you may call the Rockcastle Solid Waste Office at 606-256-1902.

Funded in part through a grant from the Kentucky Pride Fund, Division of Waste Management.

ATTENTION

2020 RCHS SENIORS



Honoring the 48th Graduating Class

Rockcastle County High School

Even with these uncertain times,
the *Mount Vernon Signal* plans on publishing
our annual salute to the graduates.

**Please send the below information
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Awards, Honors, Clubs, Sports, Etc.

Please send this information above one of three ways:

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by mail: Mount Vernon Signal, 115 Main St., Mt. Vernon, KY 40456

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We are offering \$50 ads in this special section

**Call 606-256-2244 for more information
on placing your salute**

Letter to Our Patients from Rockcastle Regional Rural Health Clinics

To our patients and community:

As the spread of COVID-19 impacts the health of many communities around us and throughout the nation, and upends our daily living, we want to assure everyone that Rockcastle Regional Hospital and Respiratory Care Center remains committed to our mission of delivering the highest quality of care to those we serve. Our focus continues to be on the safety of our patients, employees, and our community.

During this time of the COVID-19 pandemic, it is crucially important patients stay well and manage chronic conditions as well as any new onset of medical concerns or symptoms. While non-emergent procedures and some visits have been rescheduled, many of our care providers have the capability to conduct various visits through telemedicine, or video chat.

If you are in need of seeing one of our physicians or providers, we encourage you to call one of our offices and discuss the telemedicine options available to you. Physicians and providers review all appointments to determine the most appropriate way to meet the medical needs of their patients through telemedicine, face-to-face visits, or by rescheduling for a later date.

If you are in need of emergent medical care, we encourage all of our patients to, just as always, feel comfortable coming to our facility. We remain ready and available to care for you and we discourage any person from staying at home with a medical emergency to “wait it out” out of concern for this virus.

When you come to any of our clinics, rest assured that all precautions and infection control protocols are being followed to keep you safe. Here are some other steps we are taking to ensure your safety:


- All patients are met by a healthcare professional who provides a mask to wear during your time at our clinic.
- Cleaning and disinfecting of all patient exam rooms and equipment are performed in between patients using organization-approved products that are EPA-approved to be effective against viruses like COVID-19.
- Additional cleaning and disinfecting are performed 24 hours a day on high-touch surfaces in all areas such as door handles, hand rails, etc.
- Safe social distancing seating is established in all waiting areas.
- Waiting area chairs are disinfected in between patients throughout the facility.
- All staff's temperatures are monitored twice per shift and all signs and symptoms of respiratory illness are monitored throughout shifts.
- All staff are educated on the steps necessary to care for patients or residents who are symptomatic or have been diagnosed with COVID-19, as recommended by the CDC.

If you are experiencing a life-threatening situation, call 911 as video visits are not meant for emergency needs. The emergency department also remains open and ready to address any emergent needs 24 hours a day, 7 days a week.

Sincerely,

Physicians and Staff of Rockcastle Regional Rural Health Clinics

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 **RockPeds**
(606) 256-4148, opt. 1

 **BRODHEAD
FAMILY CARE**
(606) 758-4748

City Council to Zoom meeting

By: Mike French
Editor

Zoom!
If you haven't heard of it, you are among millions who hadn't until the past few months.

However, the smart phone or tablet app now has over 100 million downloads since cities and boards across the country have begun using the app to hold meetings in order to observe social distancing.

KRS Statutes require that city commissions and city councils, as well as many public boards, hold regular monthly meetings. But governors across the country, including Kentucky, have ordered that public gatherings or public meetings be halted until the COVID-19 virus threat is over.

So, many councils and boards have now begun holding their public meetings using the free app that can be downloaded to any smart device. The app

provides video sharing for up to 100 guests.

The Mount Vernon City Council meeting that was scheduled for last week, April 16, was postponed due to the governor's restrictions. But now officials are planning to hold the monthly meeting via Zoom this Thursday, April 23 at 6 p.m.

According to Mount Vernon City Administrator Josh Bray, it took some work and a lot of investigation, but officials have now worked out a way to hold the monthly meeting without being in the same room with other people thanks to Zoom.

According to Bray, all councilmembers and department heads will receive an invitation to join the meeting when it begins and the agenda will be followed as usual.

The meeting will also be livestreamed on the City of Mount Vernon's Facebook page so that citizens may attend the meeting virtually.

Grateful Bread Food Pantry has reopened

Christian Appalachian Project's (CAP's) Grateful Bread Food Pantry at 3095 Richmond Street (US 25), reopened on Tuesday, April 21st. The pantry will be serving participants Tuesday through Friday, from 9 a.m. to 3:15 p.m.

Participants who receive senior commodity food boxes will be receiving letters in the next few days with a specific appointment time for individual pickup. Letters will be mailed to the participant's address on file.

If this appointment is not convenient and you need to reschedule, or if you have any questions, please call the pantry as soon as possible at 606-256-3035.

Please do not arrive early. This is a drive-through system and no one will be allowed to park or exit their vehicle to adhere to social distancing as well as to minimize the impact to thru traffic.

Thank you for your understanding in this critical time.

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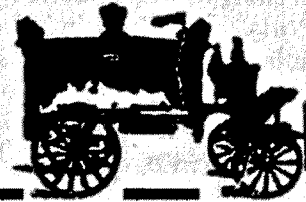
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Mt. Vernon Housing Authority open Monday, Wednesday and Friday from 9 a.m. to 3 p.m. Applications accepted Monday, 9 a.m. to 1 p.m. Rent based on income. 256-4185. 14xntf

Accepting Applications For 2 and 3 bedroom units at Valley View Apartments. Rent based on income. Call 256-5912. TDD for hearing impaired only. 1-800-247-2510.

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1.5 Acre Lot with road frontage, electricity and water. For more info, call 859-358-3560. 7xntf

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Posted: No hunting, trespassing or ATVs on land belonging to Jason and Sara Coguer at Roundstone. Not responsible for accidents.

Posted: No trespassing on Crawford Place - Old Brodhead Road. Danny Smith. 47ftn

Posted: No trespassing, hunting or fishing on land belonging to Rachel Denney on Hwy. 3245 (former Reggie Benge property).

Posted: No trespassing on property known as C.B. Owens Farm across from Fairgrounds in Brodhead. Violators will be prosecuted. 25ftn

Notices

Notice is hereby given that Patricia Gail Reynolds, P.O. Box 13441, Lexington, Ky. 40583 has been appointed Executrix of the Estate of James Ivan Cummins on March 30, 2020. Any person having claims against said estate shall present them, according to law, to the said Patricia Gail Reynolds or to Hon. John D. Ford, P.O. Box 247, Mt. Vernon, Ky. 40456 on or before September 30, 2020. 11x3

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Black Hereford bulls for sale, yearlings. \$1,750. 606-305-8452. 12x4

Fort 9 ft. Rotary Mower. \$4,500. 606-305-8452. 12x4p

Cemetery Plot in Cresthaven Cemetery. Asking \$500. Call Larry at 513-659-4547 or 513-607-0116. 29xntf

Cresthaven Cemetery Plots. Contact Billy Dowell, 606-308-1058. 39xntf

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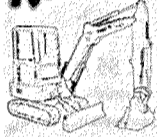
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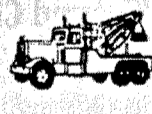
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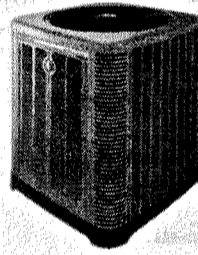
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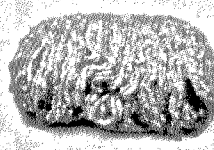
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Thank you for your understanding!

- Toilet Paper & Paper Towels - (2) any size
- Can Vegetables (6 per variety)
- Water (2) cases or gallons
- Any type of cleaning supplies - (2)
- Meal/Flour (1 bag per each item)
- Fresh Hamburger/Ground Chuck (2 Packs)
- Butter (1) pack sticks or tubs

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