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Relay for Life

The annual Relay for Life event is scheduled for Friday, June 16. The Survivor's Dinner will begin at 5:30 p.m. at RCHS. Ceremonies will begin at 7 p.m.. Survivors are invited to bring a guest. For more information, call 606-256-7703.

Blast in the Valley

Don't forget the Blast in the Valley event planned for June 30 and July 1 in Renfro Valley. All events are free and open to the public.

Mount Vernon

The Mount Vernon City Council's regular monthly meeting is scheduled for tonight, June 15 at city hall. The public is invited to attend.

Car Show & concert

The City of Mount Vernon and Tourist Commission are planning a Car Show and Concert on Main Street in Mount Vernon on Friday, June 23. The event is scheduled from 5-8 p.m. Everyone is invited to the free event.

Longest Day of Play

Don't forget the Longest Day of Play is scheduled for Thursday, June 22 from 4:30 to 6:30 at RCMS. The free event, sponsored by Rockcastle Regional, includes inflatables, booths, giveaways, shaved ice and more. For more information, call Jennifer Bowles at 606-256-2242.

Blocked roads



High winds cause damage in several locations around Rockcastle County as this photo taken by Stephanie Prewitt shows off Rose Hill Road near Lake Linville. Road crews spent Sunday evening and part of Monday cleaning debris from roadways as trees and large limbs were blown on to roads.

Man shot with SKS after fishing on Sand Hill Road

By: Mike French
Editor

According to a Kentucky State Police (KSP) Report, Jackie L. Blackburn, 22, of Sand Hill, has been arrested on charges related to the shooting of Donald Abney, residence unknown, Thursday, June 8.

According to the report, police received a call around 9:15 p.m. that Abney had been shot. Upon arrival, police performed interviews to determine that Abney had been fishing with Jesse Mason in a pond in Sand Hill.

The report said Mason and Abney were fishing when Blackburn arrived at the pond and talked with the two men for a short time. The report does not say if an argument ensued but does say that Blackburn then returned to his residence, apparently near the pond, and shot an SKS style rifle in the direction of Mason and Abney four times, reportedly.

According to the report, Abney and Mason

then got in their truck and attempted to drive away when another shot was fired. The report does not say if Abney was injured from the first round of shots or while in the truck but it does say that the two men were not on private property when driving away in the truck. Abney was airlifted to the University of Kentucky Medical Center for treatment of the gunshot wound.

Shortly after the incident, KSP troopers located Blackburn at his residence on Sand Hill Road at about 11 p.m. and interviewed him after he was read his Miranda Rights.

Blackburn admitted to firing shots with the SKS in the direction of the two men, and firing again after they had entered their truck and were driving away. Blackburn also admitted to drinking alcohol throughout the day and police smelled the odor of alcohol, the report says.

According to Blackburn's admission, (See "Shots" on A5)

Bad taste and smell in water addressed

By: Mike French
Editor

For many years, the City of Mount Vernon has tried multiple methods of eliminating the bad taste and odor in the water throughout the city water system. Past

Mayor Mike Bryant and past City Administrator Josh Bray set the issue as one of their top goals while in office. And, indeed, after years of research and expert counsel, along with engineers

and environmental experts, the two officials discovered the cause of the bad taste and smell, according to Bray and Bryant.

Apparently the problem stems from a seasonal algae bloom which releases geosmin into Lake Linville where Mount Vernon gets its water supply.

More experts were called from the Division of Water and environmental companies to find a way to correct the issue and it was determined that a new 100,000 gallon power activated carbon reactor basin would remove the taste and smell from the local water system.

Bray and Bryant then went about raising the funds for such a project that was estimated to cost slightly over \$1 million in 2018. Bray was able to receive approval for a \$250,000 matching grant from the Department of Local

Government and a \$750,000 grant from the Army Corps of Engineers. There was also a \$165,000 federal ARC grant set aside for the project. The project was

underway and meetings were held at the site as plans were made for the new basin.

Then, according to (See "Water" on A5)

Livingston officials set speed limits and parking in city

Code Board appointed

By: Mike French
Editor

MCCLure Street in Livingston is now a one-way street and some parking spaces in town have been removed and turned into No Parking Zones.

Members of the Livingston City Commission held their regular monthly meeting last week finalizing the changes.

Commissioners had

discussed public parking that blocks some roadways in town and McClure Street becoming a one-way street at earlier meetings. But the commission voted last week to make the changes official.

Mayor Larry Davidson said signs will be clearly placed so that everyone will know of the changes.

(See "Speed" on A5)

Constables trying to help in ongoing deputy shortage

HB239 limits authority

Last week, the *Mount Vernon Signal* reported a severe shortage of manpower in the Rockcastle County Sheriff's office. While Sheriff Shannon Franklin and the fiscal court are working on ways to solve the issue, Rockcastle County Constables say they are working hard to answer calls for service throughout the county but, new laws have them greatly restricted.

"There are times that there are no deputies on duty and only one city unit on the road. It is up to the that city officer and constables to have the county covered and keep the people safe," said District 2 Constable Steve Griffin. "We are out and about trying to help the sheriff and the state police. But myself and Brian Wynn (District 5 Constable)

are the only two constables with full police powers, thanks to HB239 which limited the powers of constables across the state this year." Griffin and Wynn were "grandfathered" into their positions since HB239 allows constable who were already in office to maintain the same authority they had prior to the passing of the new bill. However, police powers were removed from constables' authority if they are newly elected. Not all constables agree with the bill. "I'm going to keep doing whatever I need to do," said Rick Brummett, District 3 Constable. "They aren't going to do anything to me and the bill is very weak. It will be overturned by next year anyway." According to Griffin, he and Wynn have the

same authority as police officers to write citations, cuff suspects and make arrests. "The biggest difference in police/deputies and constables, who are certified or grandfathered in, is that we are elected and we don't get paid," he said. "Our equipment, gas, vehicles, uniform, insurance and all other expenses for doing our job comes out of our own pocket."

When asked why he does the job for no pay, Griffin said, "I do it because I want to help people. I have been a firefighter and EMS for 25 years before being elected constable. I just want to help those in need. We all do."

According to Griffin, the new statutes greatly (See "Help" on A5)

Of Special Note Inside

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ramblings...

By; perlina m. anderkin

It's a little funny but not totally unexpected. I have noticed that the general public seemed to be more up in arms over the World Economic Forum's stance on killing off everyone's pets, to help control Climate Change, than they were over Climate Czar John Kerry's idea to stop farmers from growing crops to also aid the Climate Change effort.

Now, I love my pets -- an aging deaf Jack Russell and a Tom Cat that goes out every night and gets his butt kicked as evidenced by the number of injuries he finally comes home with the next day -- and I would probably fight to the death anyone's attempt to kill them but... Don't you think that we should really be more concerned over a rich beaureaucrat's, who never met a private jet or yacht he didn't love, recommendation to do away with farmers raising food-stuffs?

Of course, the plan makes total sense and actually gives you a choice, beaureaucrats would reason. Would you Plebians rather starve to death or be killed by a hoax. Doomsdayers have de-

clared, since the 1960s, that our planet has only 5, 10, 15 years to survive, take your pick since all their deadlines have failed to be true anyway, left for survival if we do not get to zero CO₂ emissions. They completely ignore the fact that if our CO₂ falls below 2 (they are presently at 4), then all plant life will die and we'll all be up the creek without a paddle anyway.

The present regime has probably taken the final step toward making our country a truly Banana Republic.

President Biden's Department of Justice has decided that another arrow in their quiver, to stop Donald Trump from running for re-election in 2024, is to indict him for having government documents in his residence at Mar-A-Lago -- documents that he had the authority to declassify in his position as President.

They do this while totally ignoring the cache of government documents that were found in Biden's home garage, office at Penn State's Biden Center (which during the same time received a \$56M donation from

(Continued on A-3)

Aces Over

By: Mike French



Oh no! It is 3:00 a.m. and so dark outside. I was sleeping so soundly until I was rudely awakened by this urge. Maybe if I lie here under this old quilt, the urge will go away. Maybe I will go back to sleep till morning and forget about this nagging urge. But alas, sleep will not come back and the urge isn't going away. In fact, it is getting stronger. Yep, I gotta go.

I remember those emotions very well. When nature called at 3 o'clock in the morning there wasn't much one could do except answer the call.

"Mom, I gotta go. Will you go with me?" It never failed. "Yes honey, I'll walk with you. Let me get the light."

It seemed like a mile away but was actually only about 40 yards from the back door of our home to the outhouse. The walk took forever and I could sense wild animals watching me and mom going to take care of business. Mom always set the flashlight inside the outhouse so that I could see. I never really thought about her having to stand outside the old wooden outhouse at 3 a.m. in complete darkness while I took care of business, but she never complained.

I always had to look very closely before I sat down because splinters had a way of working their way to pointing straight up and sticking in my butt cheeks when I sat down. But that wasn't the big worry. I will never forget that my biggest concern in life was the huge wasp nest in the upper corner. I would sit there the entire time watching what looked like a thousand wasps angry and moving around

because I had interrupted their evening.

Thank God I was never stung while sitting there but it was a constant worry. Dad had told me that if I left them alone, they would leave me alone. But my thought was "I didn't leave them alone. I am bothering them by coming in here at 3 in the morning. This is not fun."

Once I was finished, mom would walk me back to the house and tuck me back into the bed under my quilt with Butch (my stuffed dog).


First thing in the morning I would usually want a drink of water (I was a needy child). So mom would hand me a silver, metal bucket with a wire handle and send me outside to the well. We had a pump handle that I would have to pump five or six times before water would start coming out. Then after I stopped pumping, water kept coming for some time, so I had to plan that out just right or I would be wasting water. Wasting water was a big negative. Water was a precious commodity in those days and every drop was measured out and used for specific purposes.

Some of the water would go into a pan that sat on the stove. That water got heated for washing hands and face and dad shaving in the morn-

(Continued on A-3)

T.J.'s Journal

By: Tonya J. Cook



When the Tater Wagons Roll

Dear Journal,

I've spent most of this rainy, stormy Sunday afternoon at home by myself. Stanley was running some errands over at London. It has been one of those days you just want to curl up with a cup of hot tea in a blanket and let the world go by.

Today, I let my mind wander back to childhood stormy days, before I was school age. My mom was deathly afraid of storms. When there would be a storm blow through, she would put chairs in the closet for us to sit on until the storm passed, just like there was a tornado watch. This was at our little house. It is little wonder that I didn't turn out the same and have a fear of storms like she did. However, it must have worked just the opposite in my case. Maybe I was curious and wanted to see the power of the storm. In my adult years I find myself going to the porch as the wind is beginning to pick up and hear the thunder and see the lightning in the distance. I usually stay out there until it gets so intense, it drives me inside. The power and intensity of it is so exciting but yet humbling at the same time. This is the unbridled power of God's hand at work.

Maybe I got the call of the porch from my

grandpa. He would often go to the porch when storms arose in the summer. He sat on a porch glider and took in the sights. I was just a little girl, about three or four years old when I would be visiting my grandparent's house who lived next door often when the storms came though. One of the best memories I have is being out there on the porch with Grandpa Norton with him on the glider and I had wrapped myself up in an old quilt and snuggled over next to the house with my doll and went to sleep. It may have been the best sleep I ever had. I must have slept for hours. It was a Saturday afternoon and I woke up just in time to watch a circus program on the TV

Another time when I was visiting, our whole family was there when a storm came along. We had gathered in one room and were telling stories until the storm passed. In those days it seemed that families gathered together and got rather quiet during storms right after one or two of the family ran around through the house unplugging everything electrical, starting with the TV. You didn't dare use the phone or the lightning would run in on you.

One of the stories that

(Continued on A-3)

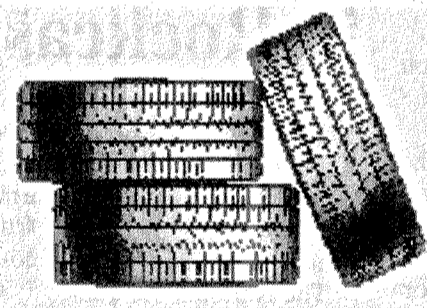
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The Rockcastle County Fiscal Court in conjunction with the Kentucky Division of Waste Management is pleased to announce the:

2023 Waste Tire Collection Event

June 22nd and 23rd 2023 from 8 am until 6 pm and
June 24th 2023 from 8 am until 12 noon at the
STATE Highway garage (293 Maintenance Rd. Mt. Vernon, KY 40456)

Get rid of your waste tires for free!!!

Tires accepted include Truck, Light Truck, Passenger, Implement, Lawn Tractor, Bicycle, Motorcycle, Golf Cart, Tractor (bead thickness less than 1 3/4 inch), etc. Tires **with** rims will be accepted.

Tires not accepted include foam, calcium or otherwise filled tires, sheet rubber, large off the road tires, off road construction equipment tires with a bead greater than 1 3/4 inch, and solid tires.

Tire retailers, agricultural tire retailers, scrap yards, junk/salvage yards and recycle businesses are not eligible to participate!

If any individual has over 1500 tires in one location, then you need to call at least fourteen days in advance of the collection days to arrange for a special pick up. If anyone is bringing in a very large load, then they may need to unload themselves or wait until our staff can get to them.

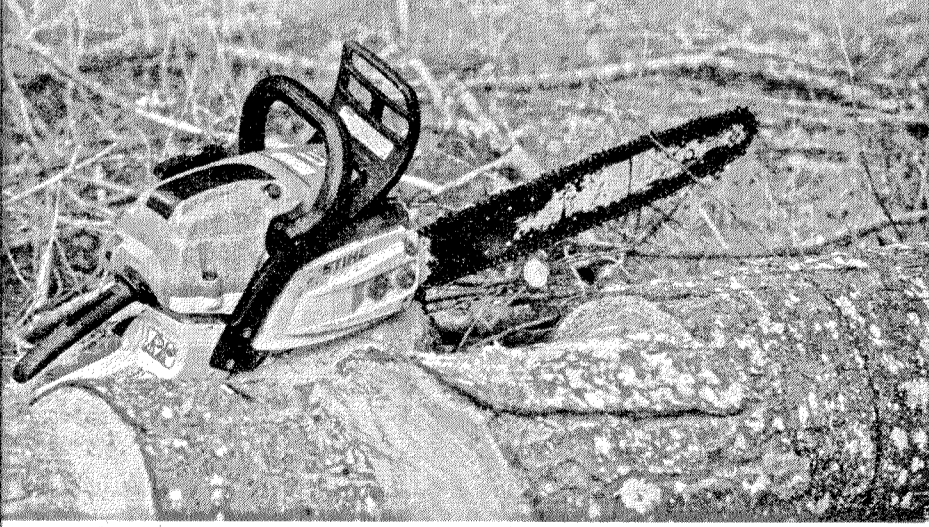
Call the Rockcastle County Solid Waste Office at 606-256-1902 for more information. That's 606-256-1902.

TREE TRIMMING SAFETY

Trimming and removal of trees can be dangerous work

Consider these common dangers before attempting a tree trimming project on your own:

- ELECTROCUTION:** You can be seriously injured or killed if you come into contact with an electric line. If there's a chance power lines might be involved at all, always call your electric utility first and its experts will come out and advise you.
- FALLING:** Pruning branches or trimming out dead or overgrown limbs sometimes requires getting into the tree. Always make sure you are using appropriate safety harnesses and ropes. Before climbing, inspect the tree to make sure no power lines run through or near the tree.
- BEING STRUCK:** Cutting large limbs and trees can be tricky. Improper cutting can cause the tree to fall where you hadn't planned. Always have two escape routes planned in case the tree starts going the wrong way. Never turn your back to a falling tree, and always wear a hard hat when trimming and cutting.
- OVERESTIMATING:** You can be seriously injured or killed if you overestimate your abilities.



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ramblings

(Continued from A2)

China) and in Chinatown, that were taken while he was vice president and didn't have the authority to declassify anything. They also are completely ignoring the fact that Obama left office with 30,000 or 30,000,000 (I can't remember which except for the 30) government documents, promising to digitalize for his library and then return them and has not done so, going on seven years later (government documents were also found at former VP Pence's home but so far crickets on that issue also).

This is not including charges not being filed over former Secretary of State Hillary Clinton deleting 33,000 emails (all concerning Chelsea's wedding according to Killary, oops, I mean Hillary) under subpoena, washing her hard drive with BleachBit and taking a hammer to her government issued cell phones.

Of course, there was never an investigation of the Clinton Bush Haitian Fund formed to "aid" the Haitian people after a 2010 earthquake hit the capital city of Port-au-Prince, killing an estimated 230k people and "displaced" 1.5M.

Over \$13B was raised and an investigation later revealed that \$580M went to the Haitian government and \$362M to local Haitian organizations, the rest was lost to pure corruption.

But Chelsea Clinton reportedly got a great deal of help on her over \$3M 2010 wedding afterwards.

It seems there is proof positive that if you are a Democrat in this country, justice is not just blind, it's deaf and dumb also.

And, despite all this, Biden is still more unpopular than Trump was

at this stage in his presidency, according to polling data conducted by political analytics website FiveThirtyEight.

Senator Chuck Grassley revealed this week that a foreign national has 17 audio recordings of Joe and Hunter Biden on Biden/Burisma bribery scheme in which pResident Biden's share of the bribe was reportedly \$5M (or \$10M depending on which report you read), Grassley said the foreign national has kept the recordings as an insurance policy.

I can't think of anything that Biden would be held accountable for in this day's Banana Republic world. After all, at our White House, the Pride Flag has been hung at a level with our nation's flag, elevating it to the same importance.

As AJ Steel said on his broadcast: "Our schools are dead last; businesses are shuttering like it's the Great Depression and crime, drugs and homelessness are out of control. But, thank God, that every school and government agency in my California hasn't forgotten to proudly hoist up the gay/trans flag."

The UN has also contributed their honor of Pride month by replacing all their 193 member state flags with the Pride flag and will fly them the entire month of June.

And, just when you think that California may have reached its top level of absurdity -- you're wrong.

According to *American News*, Caroline Menjivan (D), co-author of SB 729, says this bill "will ensure that queer couples no longer have to pay more out of pocket to start families than non-queer families."

The bill seeks to redefine "infertility" to be a status, as opposed to a medical condition.

Changing the definition to "a person's inability to reproduce either as an individual or with their partner with medical intervention" would classify gay men as infertile.

The bill passed the Senate last month and would require insurance companies to cover in-vitro fertilization procedues. With the change in definition, this would also include forcing the firms to cover surrogacy for gay males.

Not only will this legislation contribute to the erosion of the traditional family structure, it will also raise insurance premiums by more than \$330 million a year.

All the more reason to abandon the former Golden State and move to somewhere where sanity still reigns. Good luck with that.

As a final note, another male stole a championship from a female over the weekend. Austin Killups, a male identifying as a female, won the Belgian Waffle Ride 131 mile course in North Carolina. He finished with a time of 8 hours, 28 minutes and 7 seconds - five minutes ahead of second place female Paige Onweller.

For comparison, the winner of the men's event finished with a time of 7 hours, 23 minutes and 23 seconds. So Killups is the "women's" champ but would have lost to the first place male by over an hour.

Another nail in the coffin of the Title IX Act.

Please remember in prayer our political prisoners still being held (for over two years now and still being rounded up), without bail, in a Gulag in our nation's capitol.

T.J.'s

(Continued from A2)

was told was by my grandpa. He was telling us that back when he was a boy, his family would gather together and wait for the storm to pass, as well. This would have been here in Wabd. The Nortons were of Irish descent and told

Aces

(Continued from A2)

ings. Other water was placed in the ice box for drinking and some was set aside for other uses. But mom always got me a big, cold glass to drink

before distributing it.

Water tasted better in those days. When we worked in tobacco or hay fields on scorching, hot days, they brought that bucket out with one metal dipper and all us males would get a cool drink from the same dipper. That was some good water! I didn't like to drink after other people but on those hot, sweaty days, I couldn't wait.

Those were the days before indoor plumbing. That is something the newer generation will never understand. Sometimes I think we should go back to that kind of life. There were a lot of life lessons in having to gather one's own water and having to trek to the outhouse. Lessons many have missed as is evident by this entitled generation of "me, me, me" kids and adults. Plus, it was FREE. (Other than digging the well and building the outhouse. But people didn't mind hard work in those days.)

My summers were spent outside. Playing on the hay in local barns or in the local creeks with friends. There were no brain attachments called cell phones. I think they named them that on purpose because they destroy about 40% of brain cells. They should be called "cell-killing phones."

I can't really think of anything I did in my youth that kids do today. Every part of life is dif-

Brock named to Dean's List

The academic honors Dean's List for the Spring 2023 semester has been announced by Dr. Donna Hedgepath, Campbellsville University's provost and vice president for academic affairs.

Breanna Leigh Brock, of Brodhead, has been named to Campbellsville University's Dean's List for Spring 2023.

The academic honors list recognizes students who achieve a grade point average of 3.50 or above for the semester with a course load of at least 12 hours. The Spring 2023 academic honors list includes a total of 875 students, with 398 named to the President's List for achieving a 4.0 grade point average and 477 named to the Dean's List for achieving a 3.5 to 3.99 GPA.

Students named to President's List

The academic honors' President's List for the Spring 2023 semester has been announced by Dr. Donna Hedgepath, Campbellsville University's provost and vice president for academic affairs.

Local students named are: Noah Jameson Fain of Mt. Vernon, Samarah Jaelyn Lovins of Livingston, and Elijah Morgan McKinney of Brodhead.

Adams named to Dean's List

Midway University is pleased to announce Kaleb Adams from Brodhead has been named to its Dean's List for the 2023 Spring Semester. To be named to the list, a student must be classified as full-time and obtain a 3.60 grade point average for the semester. There were 357 students who made the Dean's List.

ferent. The old days didn't just morph into newer techniques. They simply left completely. Never to be seen again. All the lessons of self-support and accomplishment and earning a reward and completing a task are gone.

I miss those days so much. Convenience is indeed nice to have. I enjoy the quicker, easier ways of life as much as anyone. But I am beginning to think we have made things so easy and so quick that we have forgotten what it means to earn anything. To have to earn something is a foreign idea to many people today. Things are just

provided for them. Bathrooms are in warm homes and hot water comes at the touch of a knob.

Recently government has starting to tell us what things we need and what we don't. I even detect them hinting at what we should think and what we should not. They believe that since they provide everything we need to survive, they have the right to dictate what we want, or need, or believe. After all, beggars can't be choosers.

I miss the days when we weren't a country of beggars and we had to earn anything we wanted or needed, and no one told us what to believe.

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Rockcastle County Bookmobile Schedule
Monday, June 19th: Brodhead and Copper Creek. **Tuesday, June 20th:** Green Hill, Fairview and Brindle Ridge. **Wednesday, June 21st:** Child Development, Seek 'n Learn and Lisa's Little People.

MVHS Reunion is September 9th
The Mt. Vernon High School Alumni Reunion Committee has scheduled the annual reunion for September 9, 2023 beginning at 6 p.m. at the Rockcastle County Middle School in Mt. Vernon. The reunion will recognize and celebrate the classes of: 1948, 1953, 1958, 1963 and 1968. The committee needs a contact person to assist in contacting your classmates from these five featured classes. Please contact Mae at 859-749-2185 or Glen at 859-582-8745 if you can help in planning for your class reunion. **Invitations for the reunion will be mailed out the last of July and the deadline to return them is August 31.** The fee for tickets is \$20 for each and reservations must be made in advance, due to the increase of food prices for the meals. *We look forward to seeing everyone September 9th.*

Kiwanis Club Meeting
The Rockcastle Kiwanis Club now meets at Limestone Grille each Thursday at noon. Kiwanis is a service organization working to improve the lives of children. The public is invited.

Celebrate Sobriety Service
CrossPoint Church of God will host a monthly Celebrate Sobriety Service on the second Thursday of each month at 7 p.m. We are located at 211 Industrial Park Road (across from the high school) in Mt. Vernon, KY. Call 859-582-2553 with any questions.

Chamber of Commerce Meetings
The Rockcastle County Chamber of Commerce meets once a month, on the third Tuesday, at noon at Limestone Grille. All members are encouraged to attend.

VFW Post 5908
Rockcastle Memorial VFW Post 5908 at Lake Linville welcomes all military service members and their families. The post is open by appointment only, currently. If you would like to rent our event hall for special occasions, please call the number below. Monthly meetings are held on the 3rd Saturday of every month at 5 p.m. Those wishing to contact the VFW for help, information or any need, please contact Post Commander Michael Parsons 859-303-3568 and/or District Commander William B.J. Thomason at 606-392-1207.

Mt. Vernon Lions Club
The Mt. Vernon Lions Club meets on the first and third Tuesday of each month at 6 p.m. at Limestone Grille.

American Legion Post News
The David M. Smith American Legion meets at Limestone Grille the second Thursday of every month at 6 p.m. If you wish to eat before the meeting, arrive at 5 p.m. For more info, call Commander Kathy Bobo at 606-308-1208 or Chaplain B.J. Thomason at 859-358-2882.

DAR Meetings
The Rockcastle Chapter of the Daughters of the American Revolution meets the first Monday of each month, September-May at 6 p.m. at First Christian Church in Mt. Vernon. All prospective members are welcome to attend.

Rockcastle UNITE Coalition
The Rockcastle County UNITE Coalition meets the 2nd Wednesday of each month at noon at Marcella's Farm to Fork Restaurant to plan activities Please join us each month.

Celebrate Recovery/AA/NA
Monday-Celebrate Recovery-Brodhead: Community Outreach Center, Monday, 6 p.m. 36 Castle Village Dr., Brodhead, Ky. Contact: Nathan DeLeon 859-230-9590, Kathryn Pope 606-308-3099 or Tammy McGuire 606-308-1614.
Tuesday-Celebrate Recovery-Mt. Vernon: Northside Baptist Church, 777 Faith Mountain Rd., Mt. Vernon, Ky. Tuesday, 6 p.m. Contact: J.R. Cornelius 859-314-7828.
Thursday-Celebrate Recovery-Step Studies - Women Only: Community Outreach Center, 36 Castle Village Dr., Brodhead, Thursday, 6 p.m. Contact: Kathryn Pope, 606-308-3099 or Shell Bader 606-219-5653.
Thursday-Alcohol Anonymous: 8 p.m. Community Outreach Center, 36 Castle Village Dr., Brodhead, Ky. Call 606-308-8900.
Friday-Celebrate Recovery-Livingston School Cafe 9226 Main St., Livingston. 6 p.m. Contact: J.R. Cornelius, 859-314-7828.
Sunday - Celebrate Recovery Step Studies-Men Only. 6 p.m. Northside Baptist Church, 777 Faith Mountain Rd., Mt. Vernon, Ky. Contact: Jason DeBord 606-386-0646 or J.R. Cornelius 859-314-7828.

SUGAR'S PUZZLE ANSWERS

5 8 9 2 7 4 1 3 6
4 3 6 8 1 9 7 2 5
1 7 2 5 3 6 4 9 8
6 1 3 7 4 8 2 5 9
8 2 4 3 9 5 6 7 1
9 5 7 1 6 2 8 4 3
3 4 5 6 2 1 9 8 7
7 9 1 4 8 3 5 6 2
2 6 8 9 5 7 3 1 4

NO WAY
LAMB IRMA DWELL
URAL FAUN RADII
NOCAUSEFORALARM
AMENS FRONTMEN
SARCASM ASK
YOLKS SETH
ANACONDA AERIE
NOCONCERNOFMINE
NERVE VERTICAL
ALEE ISAAC
BRA PASTURE
IDEOLOGY HELEN
NOSTONEUNTURNE
SEPIA SLOE NAVE
TRYST TEND SEED

Suicide Warning Signs for Youth

Be a Lifeline

It's time to take action if you notice these signs in family or friends:

1. Talking about or making plans for suicide.
2. Expressing hopelessness about the future.
3. Displaying severe/overwhelming emotional pain or distress.
4. Showing worrisome changes in behavior, particularly in combination with the warning signs above, including significant:
 - Withdrawal from or changing social connections/situations.
 - Changes in sleep (increased or decreased).
 - Anger or hostility that seems out of character or out of context.
 - Recent increased agitation or irritability.

If you or someone you know is struggling or in crisis, help is available.

Call or text 988 or chat 988lifeline.org, or reach out to a mental health professional.

988 SUICIDE & CRISIS LIFELINE

“Shots”

(Continued from front)

the SKS in question contained eight rounds before he began firing and contained three after the shooting.

Blackburn was arrested and transported to the Rockcastle County Detention Center where he was charged with assault in the first degree. The investigation is ongoing. The condition of Abney was not known at press time.

“Help”

(Continued from front)

limit the authority of constables who are not certified. "I am certified because I worked with the sheriff's department. But I let it expire," said Brummett. Griffin agrees certification is a difficult task. Going through the academy for certification takes 20 weeks and costs \$15,000. What constable out here can afford to miss 20 weeks of work and pay that kind of money?"

According to Brummett, the certification will not be needed if the new bill is eliminated. "It (the bill) will go away soon enough," he said. "In the meantime, we just show up to help and back up police and deputies," he said. "If you call 911 and no one else can be there, you don't care who shows up as long as someone in authority arrives to help. That's what I am here for -- to help."

Griffin says there are only four types of elected peace officers in any county. "We have the coroner, the jailer, the sheriff and the constables," he said. "Each of them are considered peace officers with full police powers. But now a constable has to be certified to maintain police powers. Any of those can arrest, perform traffic stops, write citations or whatever is needed. But now, suddenly duly-elected constables can't do those things without certification. I think that is bunk."

Griffin says the only time constable receives pay is when they are serving papers for an attorney. "We get \$50 or \$60 for serving papers. Sometimes I make eight trips to a house 20 miles away and can't catch them at home. So I make nothing for trips such as that," he said.

The sheriff and county judge/executive say police/sheriffs' departments are losing personnel to SRO (school resource officer) positions throughout the state. However, Griffin says constables cannot typically be an SRO because of the certification process.

"We can do civil work and can take care of several things but right now, we are basically in a support role," said Brummett. "I ran for this office to help people and make our citizens feel secure. I show up with a police officer it is more of a deterrent to the bad guy than if the officer were by himself."

While the sheriff's department is searching for qualified, certified deputies, constables agree that they will provide any support they can to help the citizens of Rockcastle County. "There is only so much that some constables can do thanks to HB239. But we will do all we can. That's why we are here," said Griffin. Rodney Adams is Constable of District 1 and

Donnie Cope is Constable of District 4. Both are uncertified. Their contact information is as follows:

**District 1,
Rodney Adams,
606-386-3446**

**District 2
Steve Griffin,
606-682-9943**

**District 3
Rick Brummett,
606-386-9515**

**District 4
Donnie Cope,
859-661-2343**

**District 5
Brian Wynn,
859-358-0955**

“Water”

(Continued from front) Bray, the project was stalled. "I have never worked with anyone with as much red tape as the Army Corps of Engineers," he said in an interview in 2020. The project was on hold for countless reviews and inspections and other potential documentation as well as reams of paperwork. "I've never seen anything like it," he said.

For the next several years, the water system continued to service 85% of Rockcastle County with the bad taste and odor in the water system. As the project continued, Bray ran for the office of Kentucky State Representative and won his race against incumbent Travis Brenda. Once in office, Bray resigned as City Administrator but continued to help the city as a contractor consultant. Bryant then retired from his political career and is no longer Mayor of Mount Vernon.

However, Bray has not let the project go and says he is continuing to work on getting the help that Mount Vernon water customers seek.

Current Mt. Vernon Mayor Tim Roberts and newly-appointed City Administrator Jim Bowman, have both stated that they intend to focus their attention on the issue until it is resolved.

The latest delay came when the Department of Rural Development asked for a lengthy checklist to be completed by the city before the project could move forward. Bray says the checklist is now complete and the Corp of Engineers are slated to meet with the Mount Vernon City Council in the June regular meeting scheduled for this week.

Meanwhile local residents are still dealing with the issue.

Dale Whittaker, member of the Rockcastle County Industrial Development Authority, said the issue is a constant complaint of local citizens. "It is really bad right now," he said. "You can't even get a drink at a local restaurant. You smell that awful odor as you raise the drink to your lips. Something needs to be done about this."

Many other citizens and officials continue to call the *Mount Vernon Signal* concerning the issue.

According to Bray, the Corps of Engineers, who are expected to meet with the city this week, is expected to have some information about the progress of the project.

However, officials agreed at a recent meeting that the cost of the basin project is expected to be much higher than originally estimated due

to inflation and other issues raised throughout the planning process.

The money that has been raised through grants is not expected to be enough to cover the cost of the new basin, since the estimates were done several years ago.

Officials say new estimates will have to be made and funding will be the next issue.

See next week's issue of the *Signal* concerning the city council meeting this week.

“Winds”

(Continued from front)

Several calls for help came from Highway 70 and Brown Road, according to Holbrook. There were also some trees and large broken limbs on Maretburg Cemetery Road blocking the roadway.

The National Weather Service predicts the rest of the week is expected to be mild and warmer with no summer storms on the immediate radar.

“Speed”

(Continued from front)

Officials agreed that citations won't be issued for a short period while residents get use to the changes. "I will just be informing people of the changes for a while," said Police Chief Travis Davis. "I will give everyone time to get use to the changes. People have been driving north on that street all their lives so some may just forget for a while. We aren't doing this to write tickets. We are doing it for the safety of our citizens."

The commission also agreed that all city streets will have a speed limit of 15 mph. Main Street is a state highway and will remain at 35 mph in the city limits. Davidson said the speed limit of 15 is already the case but there is no signage and it has not been enforced. Signs will be ordered and enforcement will begin soon, according to city officials.

City officials also met with Devin Shelton, of Crab Orchard. Shelton is seeking a position with the Livingston City Water and Sewer Department. Shelton had been licensed but says he let his license expire. However, he claims he can have it renewed with minimal difficulty.

The city is required to have a certified water and sewer department supervisor and Davidson said he expects to talk with Shelton at length concerning the requirements of the position. Davidson said there will be a special called meeting of the commission to discuss the issue soon.

Shelton said he has worked with the Crab Orchard and the Brodhead Water and Sewer departments and is confident he can be certified soon.

Davidson also addressed the destruction of a city-owned house and recommended the house be donated to the Kentucky Fire Commission. According to Davidson, a firefighter and member of the fire commission, the commission would burn the home in a very strategic method using each room, the roof, and other parts of the home as it burns to teach firefighters about the behavior of fire and smoke in a home. "A public burn like that provides invaluable experience for training firefighters. We learn new

things at every burn and it is the best of teaching tools," he said.

Davidson said the asbestos siding will have to be removed along with doors, windows, carpeting and more. "The house will be down to wood natural materials before the burn and the EPA will have to be involved since there is asbestos present," he said.

According to Davidson, the city removing the house would cost in excess of \$5,000 but the fire commission would cover those expenses for the training opportunity. "This way it won't cost the city anything except some sweat equity in removing carpet, roofing, doors and

windows and such and removing the foundation afterwards," he said. "But then we will have a nice clean lot for whatever use we decide, and firefighters will have an experience that can save lives."

The commission voted unanimously to donate the house to the fire commission.

There were also seven names submitted for the new Codes Enforcement Board. The commission chose Becky Bullock, Sherri GoForth and Donald Durham, via silent vote. An alternate will be chosen at a later date in the event one of the board members is unable to perform their duty for any reason.

Davis then provided the police report stating that the department is "running very well." Davis said the cruiser is now fully equipped and the department has everything it needs to operate properly.

Mayor Davidson said he has heard from citizens that there is a clear difference in unwanted night time activity. "We thank you for what you do," said Davidson. "Our citizens are taking notice of the progress you have helped create," he said.

Having no further business, the meeting was adjourned. The next regular meeting is scheduled for Thursday, July 13 at 4 p.m. at city hall. The public is invited.

Nearly \$2 million total CBDG money funds may be released for more growth

By: Mike French
Editor

Members of the Rockcastle County Industrial Development Authority (RCIDA) held their regular monthly meeting last Wednesday with Chairman Corey Craig and Executive Director Jeff VanHook, along with three members present and one participating via facetime.

VanHook told the board that auditors were expected to begin this week with the audit that will ensure that the Microfoodery plant has met the requirements of the revolving CBDG loans provided by the City of Mount Vernon and by RCIDA. Each loan was nearly \$1 million and once certain requirements are met, each entity may then use the money that has been paid back for other economic development investments.

According to the RCIDA financial report, the City of Mount Vernon has received \$200,882 in payments towards their loan while the RCIDA has been repaid \$258,354 of their loan amount. Both include interest payments. The plant has paid back a total of \$459,240 of the two \$1 million CBDG loans, according to the statement.

If the audit finds that requirements of the loan have been met, then each entity may then dip into that fund if another economic development project is presented to them.

VanHook says there are certain requirements for any potential development which may apply to borrow some or all of the funds available. "We are basically using the same grant funding several times," said VanHook. "We get to use the same money for more than one economic development in our county."

According to the Cumberland Valley Development District, after the funds have been used to help create a certain amount of development within the county and/or the city, each \$1 million grant will then be available for the city and the RCIDA to use for any project they desire. "Eventually, we get to keep the \$1 million for any project we want and

the city has the same opportunity," said VanHook.

VanHook also reported that he met last week with those involved in the new regional industrial park and a nine-member steering committee has been formed to oversee the project and prepare it for development. Representatives from each of the three counties involved will serve on the committee and help orchestrate how the park will operate and how the funds generated will be properly and fairly disbursed once industry begins to locate there.

VanHook said archeologists are currently on the park property at HWY 461 and HWY 150, performing studies that are required for such development. VanHook said other agencies must also complete studies, including the EPA before development begins.

One of VanHook's

goals as the executive director has been to communicate with the general public as well as businesses and industry across the region, he says. "Everyone will benefit if we are able to greatly increase the RCIDA visibility and awareness," he said. "Part of my job is to be a resource for business and industry throughout Rockcastle County and the region. We need to increase awareness and the RCIDA following throughout the community and let everyone know what we are trying to do. If we are all on the same page, and working to support each other, our county's economic development will grow exponentially."

Having no further business, the meeting was adjourned. The next regular meeting is scheduled for Wednesday, July 5 at 8:30 a.m. in the third floor conference room of the courthouse. The public is invited to attend.

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New Student Registration Mount Vernon Elementary

*We will be registering new students the week of
July 24-28.*

Please come between the hours of 9:00 am and 2:00 pm.

If you have access to a computer, please go to the Rockcastle County Schools website: <https://www.rockcastle.kyschools.us/> to do the Online Registration prior to coming in to MVES.

You will need the following information/documents to complete enrollment:

- Name of previous school attended
- Certified Birth Certificate
- Social Security Card
- Immunization Record on a KY Form
- Physical Examination Form completed
- Eye Exam by a licensed optometrist
- Dental Exam
- Custody Papers, if applicable

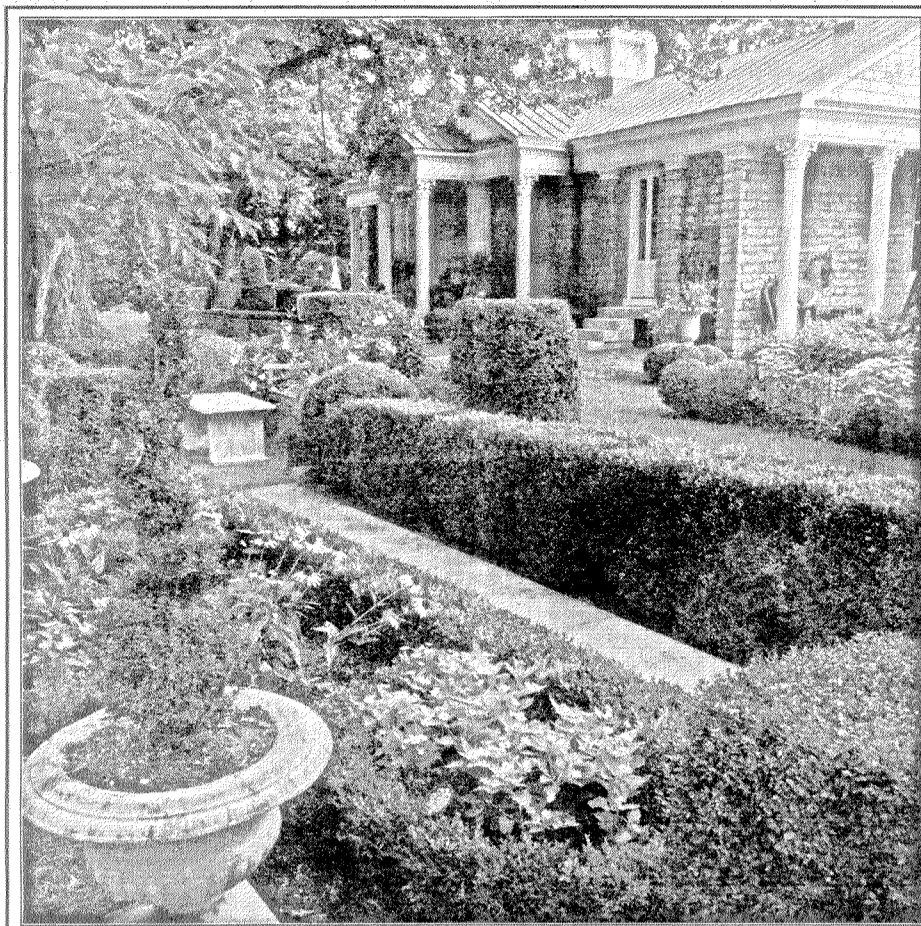
NOTICE OF PUBLIC MEETING

**Rockcastle County Fiscal Court
Thursday, June 29th at 4:00 pm
Rockcastle County Courthouse**

A public meeting will take place on Thursday, June 29th at 4:00 pm at the Rockcastle County Courthouse (3rd floor conference room). The purpose of this meeting is to provide general information to the public regarding the purchase of a Dodge Durango for the Rockcastle County Sheriff's Department through USDA Rural Development funding. The public is invited to attend the meeting and comment on any issues related to the proposed project.

BY: Rockcastle County Fiscal Court

**Happy 88th
Birthday
JOHN
HOLBROOK**



First time ever public tour of Jon Carloftis's historic 1851 home Botherum and gardens along with two other dwellings (including the 1810 JC Cocke House) on the estate in downtown Lexington near Rupp Arena will be this Saturday and Sunday, June 17/18 from 1-5pm. All proceeds (\$40 per guest) go to The Garden Club of Kentucky, Inc. to help with sustainability of its state headquarters. For tickets, go to www.gardenclubky.org to connect to a link for tickets. The Rockcastle Garden Club is a member of GCKY. Some tickets available at the gate. Sunday makes a great Father's Day outing.

JESUS, KING OF KINGS

A ROYAL ADVENTURE
PROVIDENCE CHURCH OF CHRIST
VACATION BIBLE SCHOOL

JUNE 25TH 4:00-5:30 PM

JUNE 26TH-28TH 6:30-8:00 PM

CLASSES FOR ALL AGES
NURSERY-ADULTS

HEAR YE, HEAR YE

VACATION BIBLE SCHOOL
MARETBURG BAPTIST CHURCH

JUNE 21-23 FROM 6:00-8:30PM
FAMILY NIGHT: JUNE 24 FROM 4-8PM

CLASSES FOR ALL AGES
MEAL PROVIDED EACH NIGHT

FOR TRANSPORTATION OR
 MORE INFORMATION CALL:
606-308-4635
 Pastor: Bro. Tony Smith
859-613-8008

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Friday Night
Gospel Singing
 Proudly Presents!

The Mullins

Free Admission
June 16, 2023 @ 7pm
9174 Main Street Livingston KY.

Church News

Let the Bible Speak

Tune in to "Let the Bible Speak," with Brett Hickey, on Sunday mornings at 6:30 a.m. on WDKY Fox TV

VBS at Maple Grove Baptist

It's Vacation Bible School time at Maple Grove Baptist Church (1148 Big Cave Road), beginning Monday, June 19th thru Friday, June 23rd with classes beginning at 6:30 each night.

This year's theme will be the Stomper Chompers (Building Dino-sized Faith in God's Big Plane).

There will be classes for all ages, including adult classes and snacks will be provided.

Children under 4 must have an adult present.

Bro. Jerry Owens welcomes everyone to come out and enjoy the fun.

VBS at Creekside Baptist

Vacation Bible School will be held at Creekside Baptist Church, 2261 Copper Creek Road, starting next Sunday evening, June 18th and continuing through the 21st from 6:30 to 8:30 p.m. for all ages.

Pastor Jack Stallworth and congregation invite everyone to attend.

Monthly Singing
 Philadelphia Baptist Church will hold their Monthly Singing Sunday, June 25th at 3 p.m.

Guest singers will be the Morning View Gospel Singers.

Everyone invited. VBS at Flat Rock Baptist

Flat Rock Baptist Church, 504 Maple Grove Rd., Orlando, will hold VBS June 19th - 23rd, from 6 to 8 p.m. with games, crafts, food, Bible study. VBS "Fun Day" will be June 17th from 1:00 to 4:00 with water inflatable and Hill-billy Water Slide. This year's theme will be Win With Jesus.

For a ride call 859-684-4232 before 5 p.m.

Thacker Brooks Family Reunion

Saturday, June 17, 2023 noon till ??? Roundstone Baptist Church. To the Thacker and Brooks family and friends, we are once again asking for your help in spreading the word to all family members as to the date and location of the Thacker and Brooks family reunion.

Please bring a covered dish. Also, if you will provide us with a mailing address, e-mail address or phone number of any other relatives, we will gladly provide them a copy of this and future reunions.

Contact Jesse Thacker 606-308-4308 or Brenda Chappell 606-256-5275. Email: jwthacker10@gmail.com

The Second Coming of Christ

The epistle to the Thessalonians is unique in that every chapter ends with a reference to the second coming of Christ. I Thess. 1:10 says, and to wait for his son from Heaven, whom he raised from the dead, even Jesus which delivered from the wrath of God.

The Christians at Thessalonica were becoming discouraged and being led to believe that Christ wasn't coming back by false teachers. Paul wrote the first and second epistles to encourage these brethren and to remind them that the Lord stands good on his promises. Paul wanted them to know that there will be a difference between those who expect and those who reject God upon Christ return.

I Thess. 2:19 asks the question, For what is our hope or joy or crown of rejoicing? Are not even you in the presence of our Lord Jesus Christ at his coming? We live what we believe.

I Thess. 5:23 And the very God of peace sanctify you wholly, and I pray God your whole spirit and soul and body be preserved blameless unto the coming of the Lord Jesus Christ. We must never forget that it is God who qualifies us for the kingdom. The following scriptures tells us:

Gen 1:12 Giving thanks unto the Father, which hath made us to be partakers of the inheritance of the saints in light.

2 Thess. 1:8-9 Inflaming fire taking vengeance on them that know God, and that they obey not the Gospel of our Lord Jesus Christ. VS 9 Who shall be punished with everlasting destruction from the presence of the Lord, and from the glory of his power.

It's sad to think about never being able to be in the presence of God and even worse to think that one will enter everlasting destruction.

Are you prepared for the Second Coming of Christ?

Everyone Welcome
 Robby Cable - 606-305-8452
 109 Providence Cemetery Rd. • Brodhead

Providence CHURCH of CHRIST

Come Worship With Us! Sunday Morning Bible Study: 9:30
 Sunday Morning Worship: 10:20- Sunday Evening Worship: 6:00
 Wednesday Evening Bible Study: 7:00

Lost Religious People

The Bible has much to say about lost religious people-but religiously wrong.

Pharisees. (Matt.23:15) Woe unto you, scribes and Pharisees, hypocrites! For ye compass sea and land to make one proselyte, and when he is made, ye make him twofold more the child of hell than yourselves. Why were they lost? Said and did not. (Matt.23:13) But woe unto you, Scribes and Pharisees, hypocrites! For ye shut up the kingdom of heaven against men: for ye neither go in yourselves, neither suffer ye them that are entering to go in. For a pretense made long prayers. (Matt.23:14) Woe unto you, scribes and Pharisees, hypocrites! For ye devour widows' houses, and for pretense make long prayer: therefore, ye shall receive the greater damnation. Omitted the weightier matters of the law. (Matt.23:23) Woe unto you, scribes and Pharisees, hypocrites! For ye pay the tithe of the mint and anise cummin, and have omitted the weightier matters of the law, judgment, mercy, and faith: these ought ye to have done, and not to leave the other undone.

Eunuch. (Acts 8:25-39) Had been to worship. (Acts 8:27) Ones' worship maybe in vain. Was a Bible reading man. (Acts 8:28) Why was he lost? Had not obeyed the plan of salvation.

Cornelius. (Acts 10) Was devout, feared God, gave much alms, and prayed to God always (Acts 10:2). Why was he lost? Needed to hear words of salvation and obey them. (Acts 11:14)

Man given one talent. (Matt.25:14-30) Represents some in the church. (Matt.25:14) Why was he lost? Buried his talent.

Five foolish virgins. (Matt.25:1-13) Portrays some in the church. Why were they lost? Were not ready; had not made enough preparation. (Matt.25:10)

Church at Laodicea. (Rev.3:14-22) Why lost? Lukewarm, that says it all when it comes to living a Christian life, it just will not work.

Many religious people will be disappointed on the day of judgment. (Matt.7:21-23) Not every one that saith unto me, Lord, Lord, shall enter into the kingdom of heaven; but he that doeth the will of my Father which is in heaven. Many will say to me that day, Lord, Lord, have we not prophesied in thy name? and in thy name have cast out devils? and in thy name done many wonderful works? And then will I profess unto them, I never knew you: depart from me, ye that work iniquity.

Thank you as always for reading this article. We have videos to watch on our You Tube channel Chestnut Ridge Church of Christ. We invite you to worship with us every Sunday morning at 10:00 A.M. and Wednesday evening at 7:00 P.M. Everyone is welcome. The church is located in Mt Vernon Kentucky. We offer free Bible correspondence courses. Hope to see you soon.

(REMEMBER GOD LOVES YOU)

• **Chestnut Ridge Church of Christ** •
 Sundays @ 10 a.m. & Wednesdays @ 7 p.m. • Everyone Welcome
 Bro. Ova Baker 606-878-8104 • Bro. Dale McNew 859-582-4021
 Church is located 2 Miles South of Mt. Vernon on Hwy. 25

SUNDAY WORSHIP-SUNDAY SCHOOL 10 AM, SUNDAY SERVICE 11 AM, SUNDAY NIGHT SERVICE 6 (MIDDLE-HIGH SCHOOL)
 YOUTH GROUP 6:00 PM-WEDNESDAY NIGHT SERVICE & K-5TH GRADE SCHOOL YOUTH GROUP 7PM

Bro. Richie Smith, Pastor • Bro. Josh Haines, Youth/Family Minister

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 INSTAGRAM: STUDENTSFC

Email: fclovegodlovepeople@gmail.com

RGHS Alumni Reunion Committee - Members are front: Kim Falin Renner (85). Back row: Glenna Reams Settles (83), Sharon Farthing Graves (78), Lisa Mullins Stringfield (79), Tammy Hansel Hopkins (82), and Lonetta Dillingham Daugherty (84). Formed in 2019, the Rockcastle County High School Alumni Reunion Committee began planning a reunion for the classes of 1973-1985 – then COVID. The first alumni reunion was finally held in 2021. Each year a new class is added. Next year they welcome the class of 1988 to join. Since 2022, the committee has dedicated their efforts in memory of a deceased committee member, Frances McClure (77). This year the committee owes a debt of gratitude to Garland VanHook (76) for his extensive efforts recognizing the early sports teams and players at RGHS and to Mark McFerron (80) for his creative and technical skills in building the website, (rockcastlealumni.com).



RGHS Class of 1983 - Pictured kneeling from left: Terri Roberts Woodall, Janet Shearer Rader and Felecia Philbeck Lamb. Standing from left: Glenna Reams Settles, Lora Glovak Mullins, Melinda Pillion Kincer, Paula Fletcher Hays, Tim Harrison, Cynthia Holbrook, Donna Farthing Blanton, Vickie McGuire Petrey, Renee Mason Thomas, Sheila Lamb Alexander, Claudia Woods Burdette Melody Reppert and Stephanie Wolfe Smith.



RGHS Class of 1978 - Pictured from left are: Beverly Burdette Harrison, Tommy Baldwin, Robert Scott, Sharon Farthing Graves, Julie Lewis, and Tim Mason.



RGHS Class of 73 - Pictured from left: Patty Reese, Nancy Coffey, Lonnie Lewis, France Powell, Vicki Coffey, Debbie White Brown, Ronnie E. Brown, Ernie Graves, Melody Napier Lunsford, Joan Poynter Garrison, Clayton Cash, Brenda Hayes Taylor, Chester Day, Anita Smith Johnson, Nelson Graves, Teresa Parrett, and Rosemary Mason Wyatt.

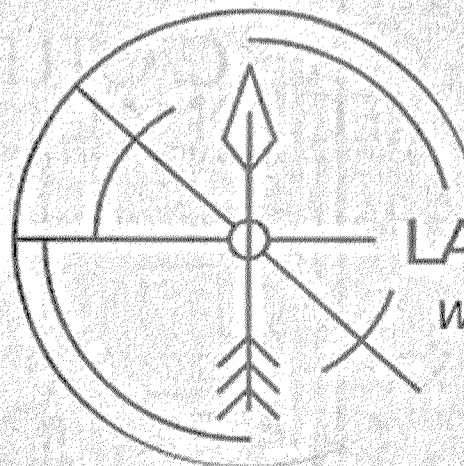
• Accepting Applications •

The Mount Vernon Police Department is accepting applications for the position of Police Officer. Applications are available at Mount Vernon City Hall that is located at 125 Richmond Street, Mount Vernon, KY 40456. City hall is open from 7:30 a.m until 4 p.m. All applications and other documents must be turned in by 4 p.m. on June 30, 2023.

Applicants must be 21 years of age, a U.S. Citizen, possess a high school diploma or GED, and a valid drivers license.

The City of Mount Vernon is a equal opportunity employer.

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Mamaw's Kitchen

By Regina Poynter Hoskins

CHARRO BEANS
6 ounces bacon, chopped
8 ounces Mexican chorizo or hot dogs, chopped
1/2 cup chopped white onion
1 to 2 green chili peppers seeded, finely chopped
8 ounces cored and chopped ripe tomatoes
5 cups cooked pinto beans or canned beans
1 cup water
Salt, to taste. Cook bacon in large skillet over medium-high heat until it is lightly browned and starting to crisp, 3 to 4 minutes. Add chorizo and cook, using a wooden spoon or spatula to break chorizo into smaller pieces; cook for 4 to 5 minutes until brown and crisp. Add onion and chilies mix well, and cook until they soften, 2 to 3 minutes. Add tomatoes and continue cooking for 4 to 5 minutes more, stirring occasionally, until they are thoroughly softened. Add beans and water, stir well, reduce heat to medium. Cook until the beans are moist but not very soupy, 8 to 10 minutes. Taste; salt if necessary.

ENCHILADA CASSEROLE
1 can cheddar cheese soup
1 can cream of mushroom soup
1 small can chopped green chilies
1 onion, chopped
1 cup cheddar cheese, shredded

3/4 soup can of milk
1 pound ground beef
10 to 12 soft corn tortillas
Preheat oven to 350°. Mix soups, chilies, onion, cheese, and milk in saucepan. Heat. In a skillet, brown ground beef until no pink remains. Layer half of tortillas in 9 x 13 baking dish. Layer ground beef and cheese sauce. Top with other half tortillas and layer again. Top with shredded cheese. Bake at 350° for 25 to 30 minutes. Let sit for 15 minutes after removing from oven. Serve with your favorite salsa.

DULCE DE LECHE PIE
1 cup dulce de leche
1 graham cracker pie crust
1/2 cup pecan pieces, divided
1 box (8 ounce) cream cheese, softened
1 tub (8 ounce) Cool Whip®, thawed
1 chocolate-covered English toffee bar, chopped
1/2 teaspoon cocoa
1/3 cup caramel ice cream topping
Spread 1/4 cup dulce de leche into bottom of crust; sprinkle with 1/3 cup pecans. Mix cream cheese and 1/2 cup of the remaining dulce de leche until blended. Stir in 2 cups of the Cool Whip® and all the chopped candy. Spoon into crust. Top with remaining Cool Whip® and pecans. Sift cocoa over top. Drizzle with caramel topping. Refrigerate for 1 hour.

New weekly grief support offered at Hospice Care Plus

Hospice Care Plus is now offering a weekly grief support group for those whose loved ones were cared for by the organization.

The group meets each Thursday at 2 p.m. at Hospice Care Plus & Compassionate Care Center, 350 Isaacs Lane in Richmond.

Pre-registration is requested before attending for the first time. It can be completed online at hospicecareplus.org, by calling 859-986-1500.

Abby Embry, Hospice's bereavement coordinator, says the weekly group is relaxed and informal.

"I want people to feel comfortable dropping in any week they feel they need extra support," said Embry. "Something remarkable can happen when we share our grief stories with others and hear their stories as well. While you are feeling compassion for them, you build it up for yourself."

For those who are not able to travel to Richmond for the support group, or who prefer one-on-one support, Embry offers virtual, phone, and in-person

appointments. To request an appointment, call 859-986-1500 or text 859-302-2000.

Although the current weekly support group is only for those whose loved ones were cared for by Hospice Care Plus, anyone in the community may contact the Hospice Care Plus Bereavement Program to request other grief support services.

All grief support services are provided at no charge.

Hospice Care Plus is a non-profit organization supporting the quality of life of its communities through hospice, palliative and bereavement care programs. The organization serves Estill, Jackson, Lee, Madison, Owsley and Rockcastle counties and owns and operates the Compassionate Care Center in Richmond. Relying on contributions from individuals and groups, all care is provided regardless of insurance status or ability to pay. To learn more, donate, or explore career and volunteer opportunities, visit hospicecareplus.org or call 859-986-1500.

Richmond Little League 2023 Fall League Baseball Sign-ups

• Fall Season Dates •

Starting Date August 19
Tentative Ending Date October 7
No games on Labor Day weekend.

Sign-ups Online at richmondlittleleague.info

Early Registration May 25 – June 25 \$75
Registration June 26 – July 16 \$85
League age as of August 31, 2023

(Senior 14 - 16) • (Senior/Jr 12 - 14)
(Major 10 - 12) • (Minor 7 - 10)
(Coach Pitch 6 - 8) • (Rookie Coach Pitch 5 - 7)
(Tee Ball 4 - 5) • (Wee Ball 3 - 4)

To request additional information, call 859-200-0258.

Open to players from Madison, Estill, Jackson, Clark, Lincoln, and Rockcastle Counties

Chris Evans announced as Model's varsity boys' basketball head coach

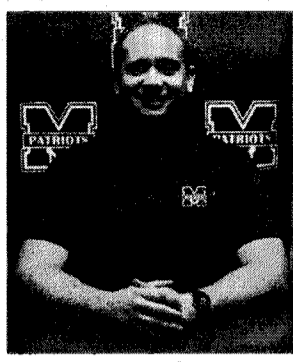
Model Laboratory School at Eastern Kentucky University hired Chris Evans as the new Varsity Head Coach of the Boys' Basketball program.

Evans is taking the reins of the program after the previous coach John Morgerson recently accepted the Paul Laurence Dunbar High School head coach position after four seasons with the Patriots.

Model will be led with knowledge and passion as Evans comes in as a

former collegiate player with nine years of coaching experience throughout the 11th and 12th Regions.

"I am excited to be



Chris Evans

here, and I appreciate the opportunity from Coach Sutton and Dr. Hunt," Evans said, "I think it is exciting to come in here: new facilities coming in the future, being in the All A which is new for me, and I know they have had success with their previous coaches. I am excited to see what the guys can do."

Evans, originally from Rockcastle County, most recently coached at Great Crossing High School (Georgetown) where the team won the 41st District and advanced to the semifinals of the 11th Region in the 2022-2023 season as the Head Assistant Coach. Evans' resumé also includes being Head Coach at Southern Middle School (Somerset) and Varsity Assistant Coach at Frederick Douglass High

School (Lexington) for four years. While at Frederick Douglass, the team won two district titles and were the 11th Region Runners-Up.

"I really like to develop and build teams. I like everything about coaching - building schedules, fundraising, every little detail with coaching," Evans added, "With a small school like this, you have more of a hand on it all. I am excited to build it up and see what we can make it into."

In addition to coaching school teams, Evans started an AAU program nine years ago and has built it up from one team to multiple teams. As the Director and owner of Kentucky Future Elite Inc., Evans has led the organization to one of the top player development

and AAU programs in the region and state.

Evans broke down what mindset he brings to the court as he takes on a new team, "Basketball is basketball no matter where you go. The most important thing is teaching the fundamentals and building off that to the strengths of your team."

"It starts with the fundamentals, especially on the defensive side. If you

teach the fundamentals, it is very small things that make something else happen," Evan continued.

Evans has taught for seven years and currently works at Sandersville Elementary (Lexington) as a Special Education Teacher. Evans lives in Georgetown with his wife, Tabitha, and their pets, Presley and Priscilla.

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606-256-2244

John Lawson appointed new agency manager at Rockcastle County Farm Bureau

John Lawson has been appointed as a new agency manager with Kentucky Farm Bureau (KFB) Insurance at the Rockcastle County Farm Bureau. Lawson's appointment was announced in Louisville by Chuck Osborne, Vice President of Agency Support & Marketing for KFB Insurance.

Prior to accepting this role, Lawson served as an agent in the same Rockcastle County Farm Bureau office. He earned a bachelor's degree in risk management and insurance from Eastern Kentucky University and is on the Rockcastle County Farm Bureau Board.

In his new position, Lawson will call on the residents of Rockcastle County to offer a wide variety of insurance coverage through KFB Insurance. He will also manage the daily operations of the staff at the Rockcastle County Farm Bureau office located at 1325 S. Wilderness

Road, Mt. Vernon, KY 40456 and can be reached at (606) 256-2050.

Lawson is part of a well-established network of more than 400 KFB Insurance agents statewide. The company, founded in 1943, has offices in all the Commonwealth's 120 counties and markets a wide variety of insurance lines, from homeowner and automobile coverage to life and health insurance and retirement planning.

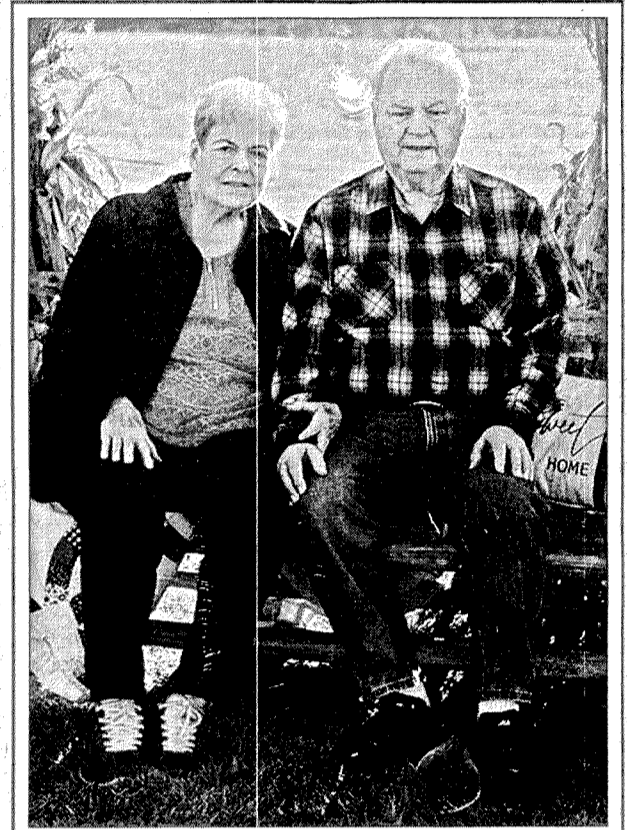
The insurance services are affiliated with Rockcastle County Farm Bureau, one of the largest membership organizations in the county. KFB members have access to a variety of membership services, including discount buying programs, college scholarships, farm marketing, and leadership development activities.

To learn more about this information, visit kyfb.com/Rockcastle/insurance/.



50th Wedding Anniversary

Mr. and Mrs. Clyde Burdette, of the Brindle Ridge area, will celebrate their 50th wedding anniversary with a reception for friends and family on Saturday, June 24th at the Brindle Ridge Baptist Church from 2 pm to 4 pm. Shown with the couple are their daughters, Tawnya Lynn Bullock and Cathy Sue Jarvis.



65th wedding anniversary

George & Betty Lou York

They were married on June 17, 1958 by Reverend Troy Gabbard at the First Southern Missionary Baptist Church in Richmond, IN. God has blessed their marriage abundantly, and they have raised two wonderful sons, George Stephen York of Miamisburg, OH and James Scott (Francie) York of Mt. Vernon. They have three granddaughters, Elisha (Matt) Carter of Mount Vernon, Jessica York of Loudon, TN, and Madison York of Mt. Vernon. They also have three great grandchildren, Peyton, Preslee, and Packston Carter of Mt. Vernon. Congratulations!!! We all love you!!!

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- Ewe youth
 - "Joy of Cooking" author Rombauer
 - Stay on the same topic too long
 - Caspian Sea feeder
 - Goat-legged deity
 - Some math measurements
 - "Don't worry"
 - Words with prayers
 - Leaders of the band?
 - Wise guy's delivery
 - Inquire
 - Cholesterol-rich egg parts
 - "Family Guy" creator MacFarlane
 - Jungle creature
 - Eagle haven
 - "I don't care"
 - Gumption
 - Opposite of horizontal
 - Nautical direction
 - Writer Asimov
 - Hidden means of support?
 - Grassland
 - Notions department?
 - Lady of Troy
 - What to leave when going all-out?
 - Brownish photograph tint
 - gin fizz
 - Pew area
 - Meeting for lovers
 - Have a disposition
 - Acorn, for one
- DOWN**
- Circular religious receptacles
 - Appetite stimulus
 - Sprayer in self-defense
 - "That's all, folks!" voice
 - "Weather permitting" and others
 - Charlotte of "The Facts of Life"
 - Misplay, as a grounder
 - Arctic attire
 - Didn't pass the bar?
 - Disney's first name
 - Hard yellow cheese
 - Change in Roma, once
 - Trace the shape of
 - Where many things are "made"
 - "Friends" friend
 - In (working in harmony)
 - A la (pie choice)
 - Cocoon dweller
 - Interstate hauler
 - Clapton of rock
 - Louise of "Gilligan's Island"
 - Foot part
 - I, in "The King and I"
 - Holiday tune
 - It could be a lot
 - Shoreline indentation
 - Bill that wasn't redesigned
 - Back of the boat
 - One kind of tide
 - Whale type
 - Unwrinkle
 - Like the best advice
 - Make swell
 - Moo pork
 - Aquatic birds
 - Arm bones
 - "Superman" actor Christopher
 - Halted
 - "Meet Me ___ Louis" (film)
 - Person of action
 - To see at a distance
 - "The Adventures of Milo and ___"
 - Christmas season
 - Persona grata
 - "Cheers" star Danson

Star Trek

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Posted

Posted: No hunting or trespassing on land belonging to Wayne and Marie Bullock on Kincade Ridge, Mt. Vernon. 5x24

Posted: No hunting or trespassing for any purpose on land belonging to James Tudor, both sides of Mahafey Hollow Rd. 8x16

Posted: No trespassing on property owned by Shannon Hellard on Cove Branch Road in Rockcastle County. All violators will be prosecuted. 8/17/23

Posted: No trespassing on land belonging to Farmer Waddle and Clista Spivey, located at 2615 and 2621

South Upper River Rod. 15(22)x51

Posted: No hunting or trespassing on property belonging to Brian and Angela Burdine and located at 428 Black Bear Lick Lane, Livingston. Violators will be prosecuted. 47xntf

Posted: Absolutely no trespassing on land belonging to LJL Honeycomb LLC for any reason. Formerly known as Christ Outreach for the Blind. Violators will be prosecuted. (9/23)

Posted: No hunting or trespassing on farms, belonging to Gary and Peggy Roberts, on KY 3245. Violators will be prosecuted. (12/22/23pd)

Posted: No hunting or trespassing on land belonging to Orville and Bernice Burkhart on Cove Branch, Livingston, Mt. Vernon. Violators will be prosecuted. 35(21)x50p

Posted: No hunting or trespassing on land belonging to Glen Roberts at 560 Dix River Branch Road, Brodhead. Violators will be prosecuted. 35xntf

Posted: Property belonging to Kitty Reese on Smallwood Road at Roundstone. All trespassers will be prosecuted. 49xntf

Posted: No hunting, trespassing or ATVs on land belonging to Jason and Sara Coguer at Roundstone. Not responsible for accidents.

Posted: No trespassing, hunting or fishing on land belonging to Rachel Denney on Hwy. 3245 (former Reggie Benge property).

Posted: No trespassing on property known as C.B. Owens Farm across from Fairgrounds in Brodhead. Violators will be prosecuted. 25tfn

Miscellaneous For Sale

Cresthaven Cemetery Plots. Contact Billy Dowell, 606-308-1058. 39xntf

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Notices

Notice is hereby given that Nicole Lake, 660 West Main St., Mt. Vernon, KY 40456, Anita Smith, 165 Woodland Place, Mt. Vernon, KY 40456 and Sierra Smith, 165 Woodland Place, Mt. Vernon, KY 40456 have been appointed Co-Administratrixes of the estate of Irene Lake, deceased, on the 10th day of May 2023. Any person having claims against said estate shall present them, according to law, to the said Nicole Lake, Sierra Smith and Anita Smith or to Hon. Jerome S. Fish, PO Box 1850, Mt. Vernon, KY 40456 on or before November 13, 2023 at 9:30 a.m. 17x3

Notice is hereby given that Ricky Dean Leger, 307 Wildwood Drive, Richmond, KY 40475 and Vincent Keith Leger, 3008 Queenborough St., Apt. 1, Berea, KY 40403 have been appointed Co-Executors of the estate of Loretta Leger, deceased, on the 5th day of June 2023. Any person having claims against said estate shall present them, according to law, to the said Ricky Dean Leger and Vincent Keith Leger, on or before December 6, 2023 at 11:00 a.m. 17x3

Notice is hereby given that Martha Cox has filed the Final Settlement of her accounts as the Executrix of the Estate of Roy Mink. A hearing on said settlement will be held July 5, 2023 at 9:30 a.m. Any exceptions to said settlement must be filed before that date. 18x1

Notice is hereby given that Matthew Stamper, 63 Red Foley Road, Mount Vernon, KY 40456 has been appointed Administrator, with no will, of the Estate of Wallace Logan Stamper, deceased on the 7th day of June, 2023. Any person having claims against said estate shall present them, according to law, to the said Matthew Stamper or to Hon. William Leger, P.O. Box 1250, Mount Vernon, KY 40456 on or before December 11, 2023. 18x3

Yard Sales

Yard Sale: Thursday, June 15 and Friday, June 16th, 9 a.m. to ? 39 Woodland Place. Rain cancels.

Yard Sale: Friday, June 16 5-7 and Saturday, June 17 8 -12, Houston Point Subdivision, home of Amy Yates, Derby Lane. Lots of everything.

Notice

The City of Mt. Vernon is accepting sealed bids for asphalt and repaving city roads.

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The city reserves the right to accept or reject any and all bids.

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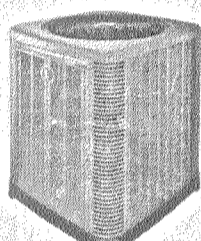
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Yards to Paradise

By Max Phelps
Keeping Abreast of Landscaping Trends

Sometimes it is good to take a pause and look at things currently happening (or not happening) in landscaping. In this column let's look at some of the ideas I think worthy of mention—and in future columns some of these ideas will be getting their own complete story.

Homeowners are making maximum use of their space, and personalizing it. Folks are staying put in their existing home at this time, except for some that are relocating for job or for retirement purposes. And instead of concentrating on things that add the most value to the price or that help a home sell faster, owners instead are making their space fit their needs as well as their personalities. Higher interest rates have curbed home buying; folks are making their present home more livable.

Bold materials, and bold colors (for 2023 the 'color of the year' is "Viva Magenta"), are trendy. Steel, stone, fire, water, black and grey, eco-friendly and low-maintenance are in demand.

According to plant giant Monrovia, raised beds and gardening in pots is being replaced with mixing ornamentals and edibles among the trees and shrubs in the overall landscape.

It's trendy to have larger plants indoors—and more of them. Also bringing the lawn and patio furniture to an indoor location is increasingly a thing.

Taking the indoors outside is still popular though. The kitchen, the fireplace, the eating table or seating around a firepit have definitely not gone out of style.

Building cost so much more to put up than they used to. So, prefabricated sheds have grown in popularity both due to competitive pricing and to many custom options and purposes. It's not just garden tool sheds and gazebos. Could be a garage for the car or ATV. Could be a greenhouse/potting shed. Could be a 'tiny home' or guest cottage. Instant gratification in this area is growing.

Defining space. Walls, partitions, bed edging, small personal patios or outdoor rooms—these are things in demand. Yet, the formal garden with its immaculate patterns and plants is not popular with the new homeowner these days. So, cottage gardens that require less organization or maintenance are gaining in that space. Especially if they are 'bee friendly' and such.

Built in seating, such as a bench or flat rock built into a retaining wall or against the house, large stones to sit on—in other words, going to a big box store and bringing in the ready to set up table, umbrella and chairs is encountering a new customer looking elsewhere for unique and often more affordable options.

Native plantings, and water-wise plantings are in demand. And 'no maintenance' is also asked for. (Though most anything does require a bit of attention...even

paver patios or green Astroturf.)

And in closing, a blank slate may not be in your best interest in landscaping a new home. You might wish to avoid a new builder-landscaped spec home in a development with a Homeowners Association. You may find your dream landscaping ideas running up against a committee of HOA

members that give you a hard time with permitting your choices. In these situations, buy a home that has a landscape that is acceptable for your requirement. Somebody else has already been through the hoops of design approvals and all of that. At least inquire if there is such a HOA before you buy. In some communities, regulations

can be strict, and violations expensive. Sometimes shopping for the home that's already the way you want it is worth some extra looking and negotiating.

A list of trendy landscaping cues and tips could be much longer, for sure. Let me just leave you with this thought, expect some sticker shock if you're not purchased a

home or made improvements to one in awhile. Inflation is more real than the paltry 6 or 8 percent the government touts. This information can be encouraging to some...the ones that decide to do some new landscaping "before prices go even higher".

*The author is a landscaper.
Feedback welcome:
rockcastles@gmail.com*

FREE Family Event

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Rockcastle Middle School Track

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Contact: Jennifer Bowles
606.256.2242
jenniferm.bowles@ky.gov

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