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Mount Vernon Signal

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A groundbreaking ceremony was held Tuesday for the new ROOTS project on West Main Street in Mt. Vernon. Taking part in the ceremony were, from left: Blake Enlow, President, CEO, Highland Housing Corporation; Greene Keith, KHIC board member; Ken Stegman, Technical Systems Engineer and Investment Analyst, KHIC; Jerry Rickett, President and CEO of Kentucky Highlands Investment Corporation; Mt. Vernon Mayor Mike Bryant; Bill Singleton, Chairman of the Board of KHIC; Hilda Legg, Director of Kentucky State Office of USDA/Rural Development; Bob Reeder, Program Director of Rural LISC; and Rockcastle County Judge/Executive Doug Bishop.

New homes to be offered at low rates

Old trailers replaced by houses

By: Mike French
Reporter

"This is a wonderful addition to our community and yet another indication of the progress the city and county are making by working together," said Mayor Mike Bryant at the ROOTS Groundbreaking ceremony Tuesday.

"West Main Street will look a lot different with new homes in place of old trailers..."
—Mayor Mike Bryant

interest rate thanks to grant funds from JP Morgan Chase and Rural LISC (Local Initiatives Support Corporation) as well as several other partners and Kentucky Highlands Investment Corporation and the Highland Housing Corporation.

Judge/Executive Doug Bishop agreed, "Our faith in God and in our community is why Mike and I are in this position to leave things better than we found them," he said. "What we do is not our job...it's our calling."

The two community leaders stood hand in hand at the groundbreaking ceremony Tuesday for a large cooperative effort to build new homes in place of dilapidated trailers on West Main Street in Mount Vernon.

Blanton Consulting is working with the groups, including the Kentucky Highlands Community Development Corporation (KHCCDC), to help orchestrate the demolition or decommission of at

(See "Homes" on A7)

Blast in the Valley event postponed to July 8th

The Blast in the Valley that was scheduled for Sunday, July 1, has been postponed until Sunday, July 8. Officials say the change is due to recent heavy rains that have caused the field to be saturated and too muddy for vehicles.

Gates will open next Sunday at 4 p.m. and everyone is encouraged to bring a lawn chair.

The event, sponsored jointly by the City of Mount Vernon, the Rockcastle County Fiscal Court and the Rockcastle Tourist Commission, will host inflatables, vendors, arts and crafts and entertainment from the Wild River Band and the Straight Shot Band.

There will be many games and activities for children as well as adults and the fireworks show will start around 10 p.m.

Everyone is invited to the free event.



Carla Blanton Consulting is working with the groups, including the Kentucky Highlands Community Development Corporation (KHCCDC), to help orchestrate the demolition or decommission of at

Wet/dry petition still circulating

By: Mike French
Reporter

Though the issue of Mount Vernon becoming a wet city was not on the ballot in the May Primary, the issue is not dead.

Attorney William Leger represents some local res-

Local Farmer's Market opens

If you like fresh, garden produce, this is the time of year that local residents look forward to.

The 2018 Rockcastle County Farmer's Market will be open for business beginning Tuesday, July 3 at 250 Richmond Street in Mount Vernon.

A variety of fresh garden produce will be offered to local residents on Tuesdays and Thursdays from 10 a.m. to 1 p.m. and on Saturdays from 9 a.m. to noon.

Everyone is encouraged to stop by and pick out your favorite garden goodies.

taurants and businesses who have been attempting to place the issue on the ballot for local residents to decide upon.

In order for the issue to be placed on the ballot, 25% of voters must sign a petition asking that it be placed there.

According to Leger, there were more than enough signatures to have the issue placed on the ballot in the May Primary but due to recent changes in state requirements, the peti-

Correction

In a story about the regular meeting of the Rockcastle County Fiscal Court, which appeared in the June 14th issue of the Signal, it was erroneously reported that B.B. Cameron was hired as CSEPP Director by a vote of 3-2.

The vote was actually unanimous 5-0.

The Signal regrets this error.

tion was not ready in time. So, those interested in having the issue on the ballots are recirculating the petition in order to have the issue placed on the ballot for the November 6, 2018 General Election.

Leger says his group has until the second Tuesday of August to have the proper

signatures to have the issue on the ballot in November and volunteers are currently seeking those signatures.

If passed, restaurants and convenient stores and gas stations would be allowed to sell alcohol to their customers. Leger says this only cur-

(See "Wet/Dry" on A7)

Road repairs to begin on Sinking Valley Road

By: Mike French
Reporter

The Kentucky Transportation Cabinet (KYTC) announced this week that \$44,673 has been allocated to Rockcastle County to repair a portion of Sinking Valley Road in the county.

A press release said the funds will come from the

County Road Emergency Funds. Heavy rains have caused mud slides near the roadway, causing damage to the blacktop and creating a dangerous area for motorists.

KYTC Secretary Greg Thomas said the funds are part of the cabinet's efforts

(See "Repairs" on A7)

Local traffic stop yields meth arrest

By: Mike French
Reporter

A simple traffic stop by Brodhead Assistant Police Chief Travis Davis, ended in a D.U.I. arrest with methamphetamine charges Sunday, June 24th.

According to the citation, Davis pulled over a vehicle, driven by Joshua VanWinkle, 31, of Brodhead, because of red lights glaring onto the highway from under the vehicle.

However, once the vehicle was stopped, Davis noticed VanWinkle began to shake and when Davis asked him why, VanWinkle said "you guys make me nervous."

Davis had VanWinkle

exit the vehicle and perform sobriety tests which the driver failed, according to the report.

Davis asked VanWinkle what he was on and VanWinkle responded "I just took some meth."

Vanwinkle was then placed under arrest and a search of his person turned up a plastic bag containing meth in his front pocket.

VanWinkle was transported to the Rockcastle County Detention Center where he was charged with improper use of red lights, driving under the influence, possession of methamphetamine and failure to wear a seat belt.

His bond was set at \$7,500 cash/property.



Members of the RCHS JROTC Color Guard led the Survivors' Lap during the annual Relay for Life last Friday night. Members from left are: Eli Price, Hunter Medley, Chandler Cole, Larry Vanwinkle and Sara Pride. Despite the weather, a good crowd turned out for the annual event. Those taking part in the relay were able to raise over \$46,000—\$12,000 over the goal of \$36,000.

Of Special Note Inside

- Viewpoints Pg. A2
- Church News Pg. B4
- Classifieds Pgs. B6&7

Contact us at: mvsignal@windstream.net
Deadline submission is Noon Tuesday

- Courthouse News Pg. B2
- Obituaries Pg. A4
- Relay Pictures Pg. B1

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Aces Over

By: Mike French



There are so many things that I see happening that I was warned about by an old country preacher about 50 years ago.

Back in the day, preachers in little stone/wood buildings just said out loud exactly what they felt was the right thing. And, in my opinion, they usually based the "right thing" on what the Bible says.

I don't ever remember walking into that old building and watching my preacher carefully structure his words so that he wouldn't offend anyone. If the Bible said it, then he told us about it and it didn't really matter what the popular, socially correct wording may have been.

My old preacher told us about things that were coming because the Bible said they are and he never hesitated to tell us what was right and wrong because he had the rule book right in front of him.

I've seen so many preachers these days that seem to avoid subjects that society appears to embrace while the rule book is very clear about those things being evil. So many churches have become almost like political campaigns. Promise anything and everything as long as the majority of people support it.

It's easy sometimes to forget that the majority of people supported crucifying Jesus. And I am pretty sure the majority of people in Sodom and Gomorrah

didn't support that whole idea of marriage before sex and among the same sex.

If there is one thing life has taught me, without a doubt, it is that just because a majority supports something does not make it right.

I see things everyday that cause me to pause and reflect on what that old preacher said.

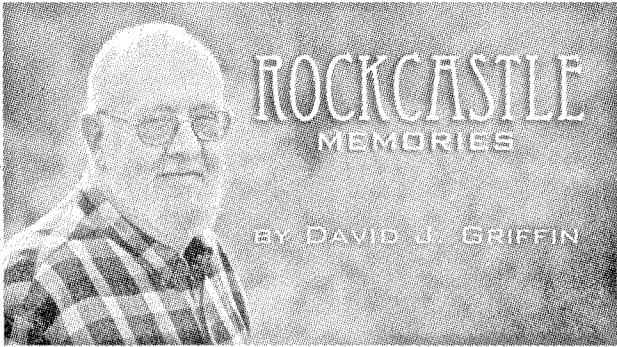
I know two elderly people this week who attempted to buy something but was turned away with a smirk because one of them had an I.D. that had expired and the other (my own mother) didn't even have an I.D.

So in other words, unless you pay your government money, and it issues you an I.D. card with a "mark" on it (bar code), you cannot buy, sell or trade in the public. Sound familiar? If you have read that rule book, it does.

Of course if you didn't already know, I have this far, far right wing attitude about government control over our daily lives, and I think this is one of the thousand ridiculous ways the government has found to take even more of our hard earned income away for a completely useless reason.

The truth is, in order to get an "official" government issued I.D., these two ladies have to go stand in front of a counter and tell someone their social security number, (another government mandated "mark"), tell them her address, tell them her birth-

(Continued on A3)



ROCKCASTLE MEMORIES

BY DAVID J. GRIFFIN

Berry Pickers

While thumbing through my latest copy of Southern Living magazine, I stumbled upon an interesting article about blackberries without thorns. Steve Bender summed up the article in this way, "... blood transfusions after an hour of picking are no longer an issue."

This feature took me back to my early childhood. One summer, Kenneth Hansel and I were walking in the woods that were owned by Juanita Davis when we discovered a wild blackberry patch which was covered with huge, sweet berries. We simultaneously picked and ate until our stomachs were filled to the brim.

It was then that one of us came up with the idea that we could make some money if we had some buckets. Off we ran to my grandmother's (Mommie Katie) kitchen, where we told her of our plan. Being the greatest of grandmothers that she was, she of course aided us in our endeavor by providing each of us a half-gallon pail.

Kenneth and I quickly returned to the succulent berry patch and began to harvest our pails of fruit, which did not take long because the vines were dripping with the sweetest berries. We both ended up with an abundance of bleeding scratches on our young arms, but we didn't care - we were making money!

When our pails were full, we returned to Mommie Katie's kitchen. She was surprised with the size and taste of the blackberries, so she made us an offer we couldn't refuse. She proposed giving each of us \$3.00, with the intention of using some of the fruit to make one of her famous cobblers.

Kenneth and I were more than familiar with her berry-baking skills, so we had a double reward for our efforts.

While sitting on her front porch swing and trying to wait patiently on the cobbler to bake, we talked about how we could make even

more money from our discovered wild vines. My grandfather (Pop) was listening to our discussion, and he piped in, "You could fill some wooden baskets with clean berries and sell them on a card table in my yard, next to the road." I told Pop that we had no baskets, so he volunteered to take us to a grocery store on KY 461 that sold them. We piled into the car at once.

When we got to the store, Pop explained that he would pay for a dozen baskets that we could use. Kenneth and I started to imagine that our plan to make some money was actually going to happen. When we got back home, we again ran to the woods with our

(Continued on A3)

Points East

By Ike Adams



As regular followers of this column already know, one of my favorite, retirement pastimes is sitting on the front porch just after dawn and during the last couple hours of daylight to watch whatever critters, mostly birds, do whatever they happen to be up to.

As soon as it's light enough to see really well, about 6:45 AM right now, there will be as many as half a dozen robins hopping around the yard hoping to find a night crawler that doesn't realize the night is over. Said night crawler becomes breakfast and at least once or twice each week I am privy to the spectacle of a robin tugging on a stretched-out night crawler that almost got away. I never ceased to be amazed that one bird can swallow

that much worm and keep on looking for another one. In fact, I'm amazed that the just fed bird can even fly before it's had a bowel movement.

Blue birds are also early risers. While the house they nest in makes me look like a slum lord because it is literally falling apart and part of the roof is made of duct tape, the blue birds have called it home for nearly 20 years. I'm afraid the easily identifiable pair that used it for most of the last decade did not survive last winter and I like to hope that the current residents are their adult children.

The current residents have already hatched off three young ones that are now attempting to be helpful to Mama while she patiently waits for another brood to hatch. I'm afraid to peek inside to see how many eggs she has because that duct tape does not look like it has much utility left in it.

When the juveniles try to go back inside the nest box to check on Mama, Papa runs them off but it's not unusual to see him fly down into the early morning yard to snatch a lightning bug that wore itself out while sparking away the previous night.

During the last half of May I watched both robin and brown thrasher adults teach their juvenile offspring how to forage. The adults of both species will frequently catch a bug or worm and share it with their grown kid. And you have not truly witnessed pride in action until you've seen a robin parent watch his or her kid catch a night crawler without any help.

Long time readers also know that I despise the starlings and grackles that used to cause me great misery and anxiety for the damage they did to my sweet corn. Now I take great satisfaction in the knowledge that stretching monofilament fishing line about 3 to 6 inches above a row of just planted corn will keep them from eating the seedlings and plain old Christmas tree icicles dangled in the tassels scares them away from destroying the ripe corn.

(Continued on A3)

(Continued on A3)

T.J.'s Journal

By: Tonya J. Cook



My Main Street, Way Back Then

Dear Journal,

Stanley and I just got back from London from our bi-weekly run. We usually go to check on the house, get the mail and get the things we can't get in Mount Vernon.

While there we drove down Main Street. It has changed so much since I was a kid and growing up there. As we drove, I hurriedly began pointing out this building or business and those that are now gone. I guess I was in a reminiscing kind of mood. Each building had its own history that I didn't have time to mention. Along Main Street you could find Belk's Department store. They were a big national chain back in the day and still exist here or there. Then there were the "mom and pop" department stores, clothing stores, shoe stores, hardware stores the five and dimes, and a jewelry store. If you were hungry, you were in luck. There were three drugstores with lunch counters and at least two restaurants. You could find an indoor car dealership, beauty shops, a grocery

store, several offices, doctor's and dentist's offices, etc.

Our family had our usual stops. One was the Begly Drug store. One of the others was the Hackney Department store owned by "old man" Hackney. He and my grandpa were big Democrats and they always talked about how they could get those good-for-nothing Republicans out of office and save the country. They were Truman and Kennedy Democrats.

Also along Main Street was the county courthouse and a federal courthouses that were built about 1910. There were two banks and two churches, one dating back to the late 1800's. All of this could be found in about three or four blocks.

I always loved the grand old homes along Main. Most were from about 1900. One of the last to go was a big two story plantation style home. Two "old maid" sisters lived there. One was a ballerina and danced on Broadway. They lived there until they went to "the home" with so many cats people lost count.

(Continued on A3)

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ABSOLUTE LIVE Auction of RTEC's

51 Buses, Minivans, Vans

Friday, July 6, 2018 @ 10:00 a.m.

85 Spring St., Mt. Vernon, KY

RTEC has authorized our firm to sell their surplus vehicles at absolute auction.

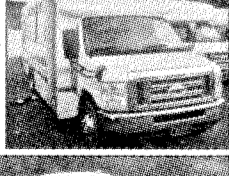
The following vehicles will be selling at absolute auction:

- (3) - 16 Passenger Shuttle buses: 2009 Ford, with accessibility for 2 wheelchairs
- (24) - 12 Passenger Shuttle buses: 2007-2012 Ford, with accessibility for 2 wheelchairs
- (5) - 10 Passenger Shuttle buses: 2009 Ford, with accessibility for 2 wheelchairs
- (1) - 7 Passenger Shuttle bus: 2008 Chevrolet, with accessibility for 3 wheelchairs
- (2) - 15 Passenger Vans: 2007-8 Ford, with no wheelchair accessibility, runs/drives
- (4) - 14 Passenger Vans: 2009 Ford, with no wheelchair accessibility
- (1) - 13 Passenger Van: 2011 Ford with no wheelchair accessibility does run/drive
- (11) - 3 Passenger Minivans: 2006-2012, all with accessibility for 1 wheelchair

Auctioneer's Note: A lot of these vehicles need some repairs but you'll be able to buy at your own price and make repairs as needed.

Terms: Payment in full at sale in the form of cash, check, Visa or MasterCard with an additional 3% processing fee (\$3 minimum). Announcements made day of sale take precedence over printed material.

For additional information, please contact our Mt. Vernon office at 606-256-4545 or 800-435-5454.



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No bookmobile service this week.

Livingston High School Reunion

Livingston High School Class of 1968 50th Year Reunion will be held Saturday, June 30th in the school's cafeteria at 5 p.m. Classmates attending classes from 1964-1968 are invited to attend.

BHS Class Reunion

Brodhead High School, Class of 1969, will be having an informal potluck get together on Saturday, August 11th beginning at noon. We will be meeting at the home of Hal Hunt and Carolyn Collins-Hunt. Main dish will be provided. Please come if you were ever in this class or were friends with members of this class. For additional info, contact Hal 308-3648 or Carolyn 308-2225.

Plant Fundraiser

A Kentucky native plant fundraiser will be held Sat., July 7th, from 7:30 a.m. to 1 p.m., at the large shelter house at Memorial Park, 223 Jefferson St. in Berea. Over 300 KY native plants will be for sale, 42 species and six species of KY milkweeds. All proceeds go to nonprofit MonarchWatch.org and other nature groups. Rain or shine. Call 859-985-0309 for further information.

Chamber of Commerce Meetings

The Rockcastle County Chamber of Commerce meets once a month, on the third Tuesday, at noon at Limestone Grille. All members are encouraged to attend.

VFW Post Item

VFW Post 5908 at Lake Linville welcomes all members and is also looking for new and associate members. New hours are: Wed. - Sat., 5 p.m. to ? Call 606-386-1490 for more information.

Rockcastle County Recovery Meetings

- *Celebrate Recovery-Brodhead: Located in the Community Outreach Center (next to Fairgrounds), every Monday, 6 to 8 p.m. 859-230-9590 or 606-308-3099.
- *Celebrate Recovery-Northside Baptist Church - Mt. Vernon every Tuesday, 6 to 8 p.m. 606-256-5577. Need a ride? Call and leave message before 4 p.m.
- *Celebrate Recovery-Step Studies. Northside Baptist, Mt. Vernon, Wednesday at 7 p.m. 606-256-5577.
- *Broken Chains Bible Study at Cruisers Motorcycle Sales, 7223 N. Wilderness Rd., Mt. Vernon every Thursday at 6:30 p.m. Leader: Gary Vincen Linville, 859-302-2431.
- *Celebrate Recovery-Step Studies - Women Only. Located in the Community Outreach Center (next to Fairgrounds), every Thursday, 6:30 p.m. For more info, call 606-308-3099.
- *Celebrate Recovery-Livingston at Livingston School cafeteria. Friday, 6 to 8 p.m. Leader: J.R. Cornelius, 859-314-7828.

DAR Meetings

The Rockcastle Chapter of the Daughters of the American Revolution meets the first Monday of each month, September-May at 6 p.m. at First Christian Church in Mt. Vernon. All prospective members are welcome to attend.

Brodhead Lodge Meeting

The Brodhead Masonic Lodge #566 meets every third Saturday at 7 p.m. on Main Street in Brodhead above Brodhead Pharmacy.

Alcoholics Anonymous

Alcoholics Anonymous meets Tuesday nights at 8 p.m. behind Our Lady of Mt. Vernon Catholic Church on Williams St. in Mt. Vernon.

Kiwanis Club Meetings

The Rockcastle Kiwanis Club meets every Thursday at noon at the Limestone Grille. Everyone is invited.

Historical Society Hours

The Rockcastle Historical Society is open on Mondays from 10 a.m. to 2 p.m. in the RTEC garage building.

American Legion Post 71

American Legion Post 71 meets the second Thursday at 6 p.m. of each month at the Limestone Grille. Commander Rick Bobo (308-2271) invites all Rockcastle veterans to join this organization that honors American soldiers, sailors and airmen.

"Points East"

(Cont. from A2)

Don't laugh at me. It works!

If you can't find icicles, there are dozens of vendors on ebay who sell reusable "bird scare tape." It's a glittery, shiny, reflective ribbon that seems to terrify flying rats and it is, by far, the best garden pest control trick I've ever learned. Simply run it through the tassels from one end of the row to the other and it's instant bird gone.

For many years I blamed the black flying rats, not only for the destruction they did to my corn but to my tomatoes as well. There are few things more disgusting than waiting for that first big ripe tomato and then finding that a bird has pecked several holes in it. And last year I discovered that the blame was misplaced.

The mater marauders turned out to be mocking birds and, so far, I haven't found anything that scares a mocking bird. I'm convinced they stay out of the sweet corn because plundering it requires a lot of work. Mocking birds are opportunists and not much given to industry more strenuous than stealing cat or dog food.

Or blue berries which they will steal as fast as they ripen. In fact, we have yet to harvest enough blueberries for breakfast muffins because 4 mocking birds would brazenly fly down and snatch them with me sitting just 10 feet away. They would fly away if I yelled and waved my arms but not before grabbing a ripe berry. They mock a lot more than just other bird calls.

We have foiled them, in the blue berries, with some pricey netting designed to keep birds out of cherry trees but I have 30 tomato plants and I simply can't afford enough netting to cover all of them. Keeping them out of my tomatoes will be a challenge but I actually look forward to taking it on.

"Memories"

(Cont. from A2)

baskets in our arms.

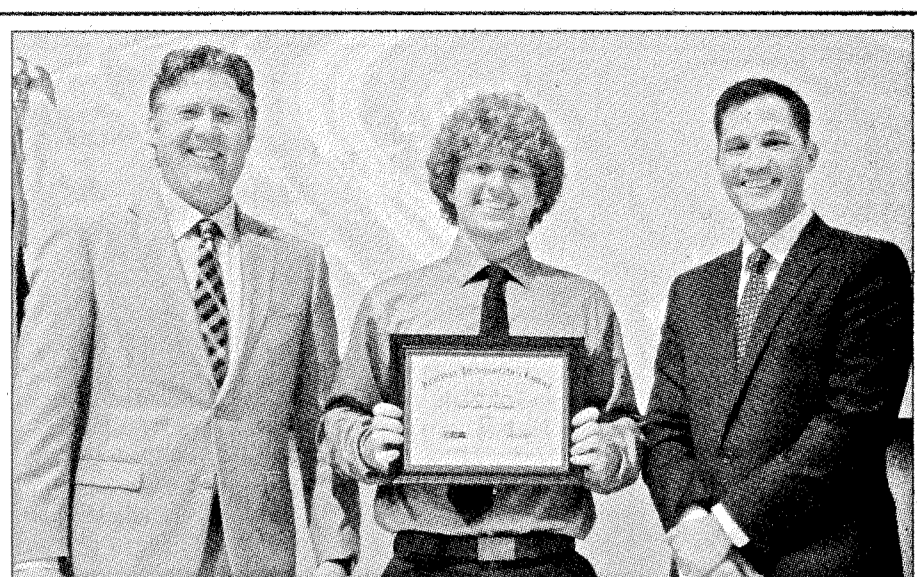
If my memory is correct, we could only fill 5-6 of the baskets before running out of berries. We carefully carried our berries back to Pop's house. He had already set up the card table under a shade tree in his yard next to the gravel road.

Kenneth and I both were pleasantly surprised when we had sold out of our berries in about an hour. Everyone that came up that gravel road stopped to buy a basket of our fruit.

Counting the money Mommie Katie gave us, our afternoon's effort netted us approximately \$18.00. That was a massive amount for two little boys to earn in a single afternoon, especially during those days.

Kenneth and I learned a lot about private enterprise that day. But we also got huge bowls of Mommie Katie's wonderful cobbler. Needless to say, we were a couple of very happy young lads.

(You can reach me at themtnman@att.net or you can drop me a line at 2167 Furnace Road - Stanton, KY 40380. I appreciate your comments and suggestions.)



Dakota Bishop, a 2017 graduate of Rockcastle County High School, has been selected to receive a full scholarship from the Kentucky Transportation Cabinet to pursue a degree in civil engineering at the University of Kentucky. Pictured from left are: Paul Looney, Deputy Secretary for the Kentucky Transportation Cabinet, Dakota Bishop and Andy Barber, State Highway Engineer.

Bishop earns Kentucky scholarship

Dakota Bishop, a 2017 graduate of Rockcastle County High School, has been selected to receive a full scholarship from the Kentucky Transportation Cabinet to pursue a degree in civil engineering at the University of Kentucky.

The scholarship, which was established in 1948, has been awarded to more than 1,800 exceptional students from around the state. Currently, the scholarship is worth \$51,200 for a Bachelor of Science in Civil Engineering.

Students are offered the opportunity to work for the Cabinet during summer months as well as full-time employment upon graduation. Students are chosen based on performance in high school, ACT scores, aptitude in math and science and an interest in engineering as a career.

"T. J.s"

(Cont. from A2)

Any day of the week the town was full of people and on Saturday, well, everybody had reason to go to town. From nine to five the town was so full you couldn't hardly even get into town. Then, about eight or nine the restaurants closed and all was dead except the two theaters showing late movies or the pool hall. Young couples cruised Main Street and circled Finley's Drive-in on the south end of town and then go to the north end and circle Bruner's Drive-in. Some may have actually bought something to eat. This went on 'til they had to go home or ran out of gas, whichever came first.

Everything was closed by eleven. On Sunday everything was closed except the churches, the funeral home was open only if necessary, and the drugstores were open about two or three hours after church. The pharmacy was closed all day.

Those old days are gone except in the minds of people my age and older who can remember the Main Street of their childhood. There, in their memories, it is just as clear,

bright, vivid, and as quaint as ever. We can visit there any time we want and visit old times, places and people. It was a time and era gone for ever...except for the few lucky ones who remember.

"Aces"

(Cont. from A2)

day, let them take her picture and give them \$20.

Then they give her a card that says her age, birthday, social security number, address and photo.

But, standing at a retail store, they refuse to acknowledge you exist and refuse your business even if you stand there and tell them your age, birthday, social security number, address and smile at them.

What's the difference between telling the retail store your life information, and having an I.D. card because you told a courthouse clerk your life information? I can tell you the difference...twenty bucks to daddy government.

My old-time preacher used to tell us there would come a day when people couldn't buy, sell or trade without some kind of "mark" issued by our government.

I don't think I am saying a social security number or government issued I.D. is the Mark of the Beast. But I am saying, I'm not certain that it isn't

I do know that other stuff he told us would happen, is here, around us everyday.

God is being removed from our schools, gay lifestyles are applauded, pre-marital sex is not only accepted but is expected, murdering nearly a million (900,000) unborn babies has become a yearly event, taking from those who earn and giving to those who won't is common practice, freedom to choose how to protect your own family becomes more restricted every year, taking responsibility for your own actions is unheard of when there is society as a whole to blame, and doing business without government's permission has become impossible.

These are the things my old-time preacher said would come to pass.

It just seems that the world continues to get worse no matter how hard people fight to make it better.

I sure miss my old-time preacher. As the *Little Rascals* used to say "and how."

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Obituaries

Dennis "Huffy" Sturgill

Dennis "Huffy" Sturgill, 62, husband of Pam, died Saturday, June 23, 2018 at his residence. He had been a bridge carpenter for CSXT Railroad for 37 years. He was raised



by William and Della Radar Sturgill. Dennis and Pam were united in marriage on September 6, 1993 and they enjoyed 25 years together. He found great joy in riding motorcycles, all sports, including UK Basketball, and his dogs, Sassy and Baby.

Those left to celebrate his life are: his wife, Pam Sturgill of Crab Orchard; his children, Dyella (Arthur) Whitehead of Harrodsburg; and Amanda (Jason) Goff of Crab Orchard; grandchildren, MaKayla, Jalyn and Hannah Goff and Katelyn, Chelsea and Arthur Whitehead, Jr.; great grandchild, Kason; nieces, Kirsten and Haley Fletcher; his brothers on the Rail Road; as well as a host of friends and neighbors. Besides his parents, he was preceded in death by an infant grandchild, Jacee Goff.

Visitation will be (today) Thursday, June 28, 2018 at 6 p.m., followed by a memorial service at 8 p.m.

Condolences may be made at www.marvineowensfuneralhome.com

Dicie Marie Mullins

Dicie Marie Mullins, 72, died Friday June 22, 2018 at her home in Mount Vernon. She was born October 17, 1945 to her mother Jerline French Dooley. She was a member of



Three Links Christian Church, and loved flowers and animals.

Those left to celebrate her life are: her son, Steven Kyle Dooley of Mount Vernon; brothers, George Dooley and Barb of Mount Vernon, Travis Dooley of Somerset and Johnny Lee Dooley of Three Links; sisters, Lucille McHargue and Howard of Mount Vernon, Carol Bryant and Rudy of Brodhead and Ruby Beam and Carver of Kewanee, IL; as well as a host of nieces, nephews, friends and neighbors.

Besides her mother and step-father, Albert Dooley, she was preceded in death by a brother, James Franklin Dooley, and a sister, Mary Florence Dooley.

At Dicie's request, no formal visitation will be held. A private family memorial will be held at a later date and her remains will be interred at what she felt to be both of her home places, the Phillips Cemetery in Three Links, and the Fairview Cemetery in Mullins Station.

In lieu of flowers, the family asks that donations be made to the Three Links Christian Church in Dicie's memory in care of Bro. Jack Martin at 2637 Three Links Rd., Mt. Vernon, KY 40456.

Condolences may be made at www.marvineowensfuneralhome.com

Clara Ann Alcorn

Clara Ann Bowling Alcorn, 75, of Mt. Vernon, wife of Ernest Alcorn, went to be with her Lord on Thursday, June 21, 2018 at Rockcastle Regional Hospital with her husband at her side.



Survivors include: her husband, Ernest Alcorn; children, John Kevin York and Mary Miller, both of Mt. Vernon; two children she helped raise, Nicholas Alcorn and Jessica Smith; three sisters, Thelma Bowling of Richmond, Darlene Bowling of Mt. Vernon, and Eunice Hess of South Carolina; and four granddaughters, Joanna Ambrose, Donna Ambrose, Carla Miller, and Margie Woods, all of Mt. Vernon. Also surviving are a host of great grandchildren, nieces and nephews. She was preceded in death by: her parents, Lester and Collie Bell Bowling; two brothers, Walter Bowling and Cloyd Bowling; a sister, Lois Bowling; and a granddaughter, Dora Faye Brewer.

Funeral services were conducted Tuesday, June 26, 2018 at First Baptist Church of Mt. Vernon by Bro. David Carpenter. Burial was in Scaffold Cane Cemetery.

Pallbearers were: Byron Abney, Nicholas Alcorn, Darrell Allen, Charles Bowles, Roger Rowe, Shane Rowe, Margie Woods, and Kevin York.

Arrangements were by Dowell & Martin Funeral Home. Contributions are suggested to: St. Jude Children's Research Hospital at 501 St. Jude Place, Memphis, TN 38105 or online at: stjude.org

Please visit www.DowellMartin.com to view online obituary.

Christopher Gary Long

Christopher Gary Long, 45, of Mt. Vernon, died unexpectedly Monday, June 18, 2018 at the St. Joseph Hospital. He worked as a mason for HB Masonry LLC and was a member of the Pentecostal faith. He was born in Harrodsburg to Ernest and Barbara Asbury Long. He was husband to Addie M. Long and father to Brittany, Dillon, Taylor, Nathaniel, and Harlan Long. He was also a parent to his nieces Haley and Brooklyn Mink.

In addition to his parents, wife and children, he is survived by brothers, Ernest "Boo Boo" (Tammy) Long Jr., Tony Long (Tammy) and Timothy Long (Melissa). He was preceded in death by: his sister, Amanda Long; loving grandparents, James and Bertha Asbury, and Russel Lee and Willie Mae Long; father-in-law, Arnold Ray McHone Sr.; and brothers-in-law, Arnold Ray McHone Jr., Calvin Dooley, and Darrell McHone.

Services were held June 22, 2018 at Lakes Funeral Home. Burial at the Long home place.

Condolences may be left at www.lakesfuneralhome.com

Leroy Sowder

Leroy Sowder, 71, of Berea, and formerly of Mt. Vernon, died Thursday, June 21, 2018 at the Rockcastle Health & Rehab Center in Brodhead. He was born December 22, 1946 in Mt. Vernon, the son of the late Shirley and Meada Durham Sowder. He was an Army Veteran of the Vietnam War and a member of the Baptist faith.

Survivors are: one son, Adam Sowder of Gray Hawk; one daughter, Robyn Setter of Fairfield, OH; three sisters, Irene Thomason, Martha Cox, and Shirley Cox, all of Mt. Vernon; and three grandchildren. Besides his parents, he was preceded in death by three brothers, Virgil, Eddie, and Ernest Sowder, and one sister, Virginia Rose Nichols.

Graveside services were conducted Saturday June 23, 2018 at the Elmwood Cemetery with Bro. Luther Allen officiating.

Arrangements are by the Cox Funeral Home.

Patricia Diane Smith

Patricia Diane Smith, 66, of Richmond, died Sunday, June 24, 2018 at her home.

Funeral services were conducted Wednesday, June 27, 2018 at Dowell & Martin Funeral Home. Burial was in the Smith Cemetery.

A complete obituary will appear in next week's Signal. Please visit www.DowellMartin.com to view online obituary.

Robert Everett Barron

Robert Everett Barron, 74, of Mt. Vernon, died Monday, June 18, 2018 at his home. He was born in Mt. Vernon October 16, 1943, the son of Parnic Lee and Flora Stevens Barron. He had been a farmer and a member of Chestnut Ridge Church of Christ.

He is survived by: two sons, Anthony Barron of Mt. Vernon and Jeffery Barron of Lexington; two daughters, Rhonda Barron of Winchester and Judy Barron and Lupe Ruiz of Somerset; six grandchildren, Amy, Jordan, Elizabeth, Crystal, Kelley, and Darren; and three great grandchildren, Kinley, Klara, and Alexia. Several nieces and nephews also survive. He was preceded in death by: his first wife, Jewell W. Barron; his second wife, Irene Barron; and a son, Terrill Lee Barron.

Funeral services were conducted Friday, June 22, 2018 at the Dowell & Martin Funeral Home Chapel by Bro. Ova Baker. Burial was in Ottawa Cemetery.

Pallbearers were: Darren Barron, Jordan Barron, Josh Clem, Kevin Holt, Andy Johnson, David Kirby, and Lupe Ruiz.

Please visit www.DowellMartin.com to view online obituary.

Carl Lee Burton

Carl Lee Burton was born March 15, 1939 in Walnut Grove, Kentucky and departed this life June 17, 2018 in Cincinnati, Ohio. He was 79 years of age.

Carl was the beloved husband of Billie June Burton (nee Wilson) for 56 years. He was the loving father of Alan Lee Burton and cherished grandfather of Joshua Green Richardson and Jacob Lee Burton.

He is survived by: his sisters, Berniece (Jearl) Cromer of Goshen, Ohio and Ruth (W.A.) Owens of Somerset; a brother, Lloyd (June) Burton of Mt. Orab, Ohio as well as numerous nieces and nephews, and a host of friends.

He was preceded in death by his parents, Mattie and Grover Burton and a brother, Ronnie Burton.

Carl served his country in Korea and was honorably discharged from the United States Army. He was a Kentucky Colonel.

He was a noted Tennessee Walking Horse trainer in the Ohio Valley for many years. He enjoyed playing music and was in several bands, including bands with his son. He was an avid hunter and loved hunting with his beagles. His passions included riding his motorcycle and working his garden.

He was extremely proud of his grandsons, Joshua and Jacob.

Carl retired from General Motors after 30 years of service. He was a member of the West Mason Church of Christ.

A visitation and funeral were held at Hodapp Funeral Home in West Chester, Ohio on Thursday, June 21st and a visitation and service were held at Fairview Church of Christ on Friday, June 22nd. Interment was in the Fairview Church of Christ Cemetery.

James Isaac Bowman

James Isaac Bowman, 76, of Taylor Mill, and formerly of Mt. Vernon, lost his battle with ongoing medical issues on Saturday, June 16, 2018. He died peacefully at home surrounded by family. He was a member of Oakridge Baptist Church, enjoyed hunting, fishing with his grandsons, great granddaughter and family. He was known for his humor and unconditional love for others. He was loved by those who knew him and will be missed. He was born February 4, 1942 to Jack and Carrie Jordan Bowman of Mt. Vernon.

He is preceded in death by: his daughter, Pamela Ruth Bowman; parents, Jack and Carrie Bowman; brother, Jack Bowman, Jr.; and sister, Stella Obunshara.

He is survived by: his wife, Imogene Wolfe Bowman; daughters, Denise (Bob) Bailey and Debbie (Helio) D'Anna; grandsons, James Tanner Thompson and Trevor Michael Thompson; great granddaughter, Kinslee Thompson; several nieces, nephews and cousins; special friend, Harold Lyman; and beloved dog Sophie.

Visitation will be held from 5 p.m. until 6:30 p.m. Friday, June 29 at the Oak Ridge Baptist Church, 6056 Taylor Mill Road, Covington, KY.

Graveside service and burial will be held at 2 p.m. Saturday, June 30, 2018 at Jordan Family Cemetery in Wildie.

Memorials, if desired, may be directed to Saint Elizabeth Hospice, 483 South Loop Drive, Edgewood, KY 41017.

On-line condolences at www.allisonrosefuneralhome.com

Cemetery Notices

Rimell Cemetery

Donations are being accepted for upkeep of the Rimell Cemetery, located on Sigmon Farm.

Please make checks payable to: Judy Rimell Carl and mail to: 2150 Hwy. 934, Somerset, Ky. 42503 or call 606-416-0432.

Red Hill Community Cemetery

Donations for the upkeep, care and mowing of Red Hill Community Cemetery may be mailed to: Red Hill Community Cemetery Board, P.O. Box 35, Mt. Vernon, Ky. 40456.

If you have any questions or concerns, call 1-859-358-6574, 1-606-453-2469 or 1-606-453-3005.

Morning View Cemetery

Donations for upkeep of Morning View Cemetery should be sent to: Bud Cottengim, 67 Misty Lane, Mt. Vernon, Ky. 40456.

Mareburg Cemetery
Please send donations for mowing and upkeep for the Mareburg Cemetery to: Gloria Seals, Mareburg Cemetery, 5394 Brindle Ridge Road, Brodhead, Ky. 40409.

Livesay Cemetery

Please send donations for mowing and upkeep for the Livesay Cemetery to: Gloria Seals, Livesay Cemetery, 5394 Brindle Ridge Road, Brodhead, Ky. 40409.

Roberts Cemetery

We are accepting donations for the upkeep of Roberts Cemetery at Freedom. Please make checks payable to Roberts Cemetery and mail to: Don Cummins, 67 School House Hill Road, Mt. Vernon, Ky. 40456 or Nancy Meadows at 20 Trinity Lane, Mt. Vernon, Ky. 40456. Thank you.

Briarfield Cemetery

Briarfield Cemetery is accepting donations for the upkeep of the cemetery. Donations can be mailed to: Briarfield Cemetery Fund c/o Tim Robinson, 5408 Big Cave Road, Orlando, Ky. 40460.

Make checks payable to Briarfield Cemetery Fund.

Donations can be made in person to committee members: Dean Carpenter, Kenny Reams or Tim Robinson and caretaker Joe Robinson.

All donations are greatly appreciated.

Sand Hill Cemetery

Please send donations for mowing the Sand Hill Cemetery to: Brady Hensley, 2683 Sand Hill Rd., Livingston, Ky. 40445.

All donations are greatly appreciated.

Maple Grove Cemetery

Donations for the upkeep of Maple Grove Cemetery should be sent to Michael

Robinson, 503 Maple Grove Rd., Orlando, Ky. 40460.

All donations appreciated.

Providence Cemetery

Please send donations for mowing and cemetery upkeep to Bill Long, 882 W Level Green Road Brodhead, Ky. 40409.

Phelps Cemetery

Donations for upkeep of Phelps Cemetery can be sent to: Everett Renner, c/o Phelps Cemetery, 712 Steep Hollow Road, Mount Vernon, Ky. 40456

Oak Hill Cemetery

Donations are being accepted for the upkeep of Oak Hill Cemetery. Anyone wishing to help should mail donations to Oak Hill Cemetery, c/o Bill Lear, 60 Hope Drive, Orlando, Ky. 40460. To contact Bill, his cell phone number is 606-308-3245.

Thanks to everyone for your support. It does not go unnoticed.

Maret Cemetery

Donations for upkeep of Maret Cemetery can be mailed to: Sandra D Ramsey, 245 Sunset Ridge Mt. Vernon, Ky. 40456.

Checks should be made payable to Maret Cemetery

Saylor Family Cemetery

Donations for mowing and upkeep of the Saylor Family Cemetery should be mailed to: 5237 Brindle Ridge Road, Brodhead, Ky. 40409.

Scaffold Cane Cemetery

Donations for upkeep of Scaffold Cane Cemetery may be mailed to Avia Brock, Jr., 755 Muddy Creek Rd., Berea, Ky. 40403.

McKinney Cemetery

Anyone wishing to make a donation for upkeep of McKinney Cemetery, can send it to: McKinney Cemetery, P.O. Box 1691, Mt. Vernon, Ky. 40456.

Fairview Cemetery

Donations are being accepted for the mowing and upkeep of Fairview Cemetery at Mullins Station. Anyone wishing to help can send donations to Fairview Cemetery, c/o Bill Cummins, 1785 Hwy. 1326 Mt. Vernon, Ky. 40456.

All donations are greatly appreciated.

High Dry Cemetery

Donations for the upkeep of High Dry Cemetery may be sent to 1058 Rank Road Mt. Vernon. Checks should be made payable to High Dry Cemetery Fund.

Piney Grove Cemetery

Donations for mowing and upkeep of Piney Grove Cemetery should be mailed to 16 Silver St., Brodhead Ky. 40409

Second Reading and Final Approval of

Rockcastle County Fiscal Court 2018-2019 budget will be held on June 29, 2019 at 4:00 p.m.

King's Eye Care

Is Proud to Welcome

Dr. Kevin Skidmore

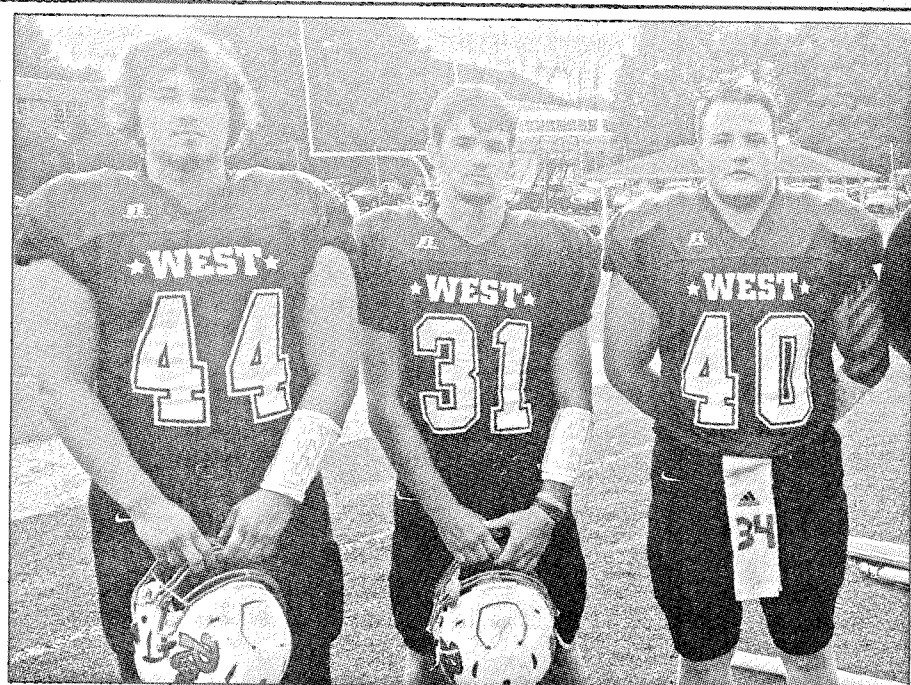
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www.eyedoctorberea.net



The inaugural Southeastern Kentucky East West Senior Bowl took place on June 9. The game was held at Union College for 2018 graduating seniors to take the gridiron one last time. The game involved southeastern Kentucky schools from the 12th, 13th, and 14th regions, and it was split into teams based on geographical location. The East team consisted of players from: Knox Central, Harlan County, Hazard, Knott County, Middlesboro, Letcher Central, Pineville, and Bell County. The West team consisted of players from: Rockcastle, South Laurel, Jackson County, North Laurel, Clay County, Whitley County, McCreary Central, and Corbin. 2018 graduating senior Rocket players #40 Holdan Barnett, #31 Jarred Brown, and #44 Isaiah Amyx played in the game. Amyx was named the West's Defensive Player of the Game. Amyx had 13 tackles total in the game with 3 sacks and causing a fumble. All three Rockcastle players will be playing football for the University of the Cumberlands (Patriots) in the fall.

Kentucky Afield Outdoors

Hook, Line and Teacher

School kids fervently look forward to summer break, but often after a few weeks, they complain of boredom.

An 18-inch largemouth bass jumping and shaking its head at the end of a line is a sure-fire way to cure boredom and instill a passion for a lifelong wholesome activity in a young person. Many parents would like to teach their kids how to fish, but don't know how to fish themselves.

The Angler's Legacy program, one of several programs under the Aquatic Education Branch of the Kentucky Department of Fish and Wildlife Resources, provides an avenue for adults to learn to fish. "This program is for adults," said Easton Copley, aquatic education coordinator for Kentucky Fish and Wildlife. "We want adults who've never fished before or haven't fished in a long time to become successful, long-term anglers."

This program teaches the basics of fishing such as the difference between spinning and baitcasting outfits, how to determine the proper hook size for the species sought, choosing the right lures or how to take a fish off a hook. Things that experienced anglers take for granted can be dizzying for a beginner.

"We want to recruit, retain and reactivate," Copley said. "A big part of it is re-

activation. Many adults fished when they were kids, but forgot how over the years."

The Teacher's Toolbox is another aquatic education program along the lines of the Angler's Legacy program.

"The Teacher's Tacklebox is a program for anyone who wants to learn how to teach kids fishing," Copley said. "We are teaching the teacher."

The program is designed for educators, school administrators, Boy Scout leaders, church groups, outdoor clubs or other organizations who need guidance teaching kids how to fish. The course covers all of the basics such as fish identification, recognizing fish habitat, lure selection and how to cast as well as fishing regulations, group management and other skills.

"We will teach you how to fish first; then we will teach you how to teach people to fish," Copley said.

Kayak fishing is one of the fastest growing segments of outdoor recreation in the United States. The Aquatic Education Branch now has a dozen kayaks to teach kayak fishing on streams and small lakes.

"If we have five adults interested, we will set up a kayak fishing class," Copley said. "We will be doing more kayak fishing courses this summer."

The kayak fishing courses are either at small

lakes such as Jacobson Park Lake near Lexington or Camp Ernst Lake in Boone County, Elmer Davis Lake in Owen County or on Elkhorn Creek in Franklin County.

Students in the kayak fishing course have some classroom time before they hit the water. "We always try to do the classroom portion inside so students don't get distracted by wildlife and

(Cont. to A6)

94.8 PERCENT

Source: Pulse of America Research Study, February, 2017

That's how many Kentucky adults read their local paper within the past week.

That's also a lot of potential customers for your business.



This fact brought to you by the Kentucky Press Association and its 178 member newspapers.

ABSOLUTE ESTATE Auction

of the late Mr. and Mrs. Jones Oscar Hamm's

Brick House, Garage, 8 Acres m/l in Tracts, Personal Property

Saturday, June 30, 2018 @ 10:00 a.m.

1120 Cedar Rapids Rd., Mt. Vernon, Ky.

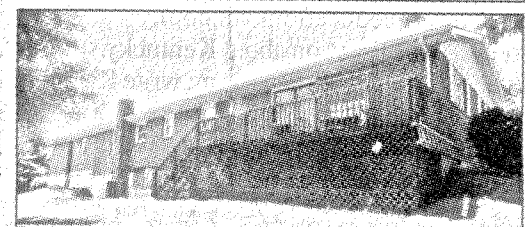
Directions: Turn off of Hwy 150 onto Cedar Rapids Rd. near Marcella's Restaurant. Go approximately one mile to auction on right. Auction signs are posted.

Tract 1 consists of 1.12 acres with frontage along Cedar Rapids Rd. It is improved with the pictured brick house and detached brick garage. The house has formal living room, kitchen and dining area, family room, fireplace, master bedroom suite and bath, 1 1/2 additional baths on the main floor. 2 additional bedrooms, extra kitchen w/ dining area, laundry room, walk-in closet. The partially finished full basement has vinyl flooring, commode, shower, and laundry room plus storage. It has oak cabinetry in both kitchens, fireplace, fuel oil furnace and ceiling cable heat, shingle roof, carpet throughout most of house, double-pane windows, dishwasher, range, and much more.



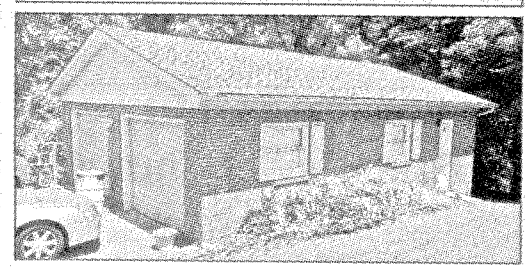
In addition to the house, there is a nice 2-car detached garage, blacktop driveways, and several mature shade trees.

Tract 2 consists of approximately 6.8 acres more or less, by the boundary. This tract is primarily cleared pastureland and could be developed into lots for homes. This tract is improved with a small barn.



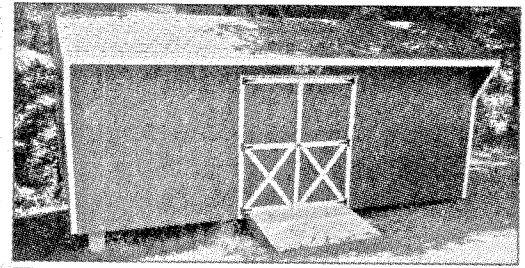
Auctioneer's Note: If you're looking for a nice, spacious house and lot or small farm close to town, or some personal property, mark your calendar now to attend this absolute auction June 30th @ 10:00 a.m.

Note: The purchaser of a single-family residence built before 1978 has a maximum of 10 days to inspect the property of lead-based paint. The period for inspection begins June 20th through June 29th. The successful bidder must sign a waiver of the 10-day post sale inspection period.



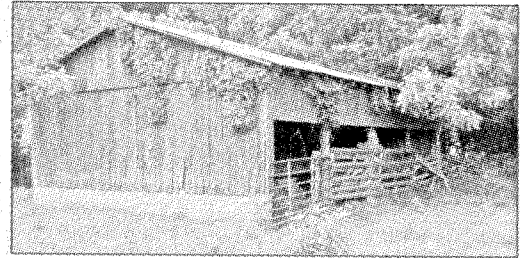
Multi-Parcel Auction: The property will be offered in tracts utilizing the multi-parcel method and selling in the manner that reflects the best returns for the sellers. This concept gives each and every prospective buyer the ability to purchase his or her individual tract or combination.

Personal Property: dresser w/ mirror ~ full size bed ~ recliner ~ pull out sofa ~ sofa and chair set ~ desk/bookshelf combo ~ end tables ~ grandfather clock ~ washer ~ dryer ~ hospital bed ~ various medical equipment ~ quilts ~ antique glass and bottles ~ side by side refrigerator w/ ice maker ~ old 2nd grade school books ~ Case XX knife display.



Buyer's Premium: A 10% Buyer's Premium will be added to the winning bid to determine the final sale price on both real estate and personal property.

Terms: Real Estate - 20% down day of sale with balance in 30 days with deed. Personal Property - Payment in full due at sale in the form of cash, check, Visa or MasterCard with an additional 3% processing fee (\$3 minimum).



Announcements made day of sale take precedence over printed material.

66.5 PERCENT

Source: Pulse of America Research Study, February, 2017

Two of three Kentuckians prefer to read public notices in their local newspaper.

You can read the notices. You can highlight them. You can clip them.



This fact brought to you by the Kentucky Press Association and its 178 member newspapers.



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Frith receives Power of Life scholarship

Rockcastle KY Tech graduate Joy Frith, of Mt. Vernon, has received a \$1,000 Power of Life Scholarship from Kentucky Blood Center. Joy Frith plans to attend Lindsey Wilson College.

Since 2010, Kentucky Blood Center (KBC) has granted nearly 700 scholarships to Kentucky high schools that host blood drives. The school earns the award based on the number of donations at those blood drives. The high school then selects the scholarship winner(s).

This academic year, nearly 100 high schools hosted more than 300 blood drives and received more than \$75,500 in scholarships to present to students for their continued education.

"High school blood donors are vital to the healthcare of our communities," said Bill Reed, KBC's President and CEO. "We hope that by introducing students to blood donation during high school, they will become life-long donors. We appreciate the generosity of the schools and students and thank them by providing Power of Life Scholarships."

What vitamins and supplements are right?

Join us for an educational session focused on the science behind nontraditional medications and supplements for brain health.

We will begin with a brief discussion on potential brain-boosting supplements and then reserve the rest of the session for general questions and answers.

Please bring your questions about brain health promotion and dementia care and treatment. We look forward to an engaging session.

The session is scheduled for Thursday, July 19 from 6:30-8 p.m. at the Rockcastle Regional Hospital & Respiratory Care Center Hospital Chapel. Contact W. Anne Harris for directions at (606)256-7835.

This program is offered through an interactive telemedicine system to connect with persons who are impacted by Alzheimer's and related memory disorders, providing education and supportive services across the state of Kentucky.

This event is FREE and open to the public. Registration is required. Contact Hardin Stevens at the UK Sanders Brown Center on Aging at 859-323-2997 or hardinstevens@uky.edu to register. Deadline to register is July 12th.

Parts of state's college planning guide now available in audio

Parts of two chapters of the newest edition of "Getting In," the state's college planning guide, are now available in audio on the website of the Kentucky Higher Education Assistance Authority (KHEAA).

The audio versions include Chapter One and the first part of Chapter Two. Chapter One is a guide to college admissions, while the first part of Chapter Two helps students and parents navigate the financial aid process.

People who access the audio version can listen to the complete chapter-long recordings or to separate sections that deal with specific topics, such as planning for college or finding financial aid.

From the Students section, click on the Other Resources button, then Publications, then College Planning. From the Families section, click on Publications, then College Planning.

KHEAA is the state agency that administers the Kentucky Educational Excellence Scholarship (KEES), need-based grants and other programs to help students pay their higher education expenses.

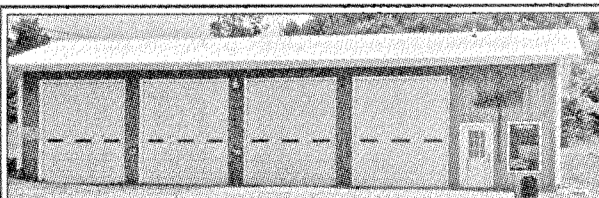
In addition, KHEAA disburses private Advantage Education Loans for its sister agency, the Kentucky Higher Education Student Loan Corporation (KHESLC). For more information about Advantage Education Loans, visit www.advantageeducationloan.com.

For more information about Kentucky scholarships and grants, visit www.kheaa.com; write KHEAA, P.O. Box 798, Frankfort, KY 40602; or call 800-928-8926, ext. 6-7214.

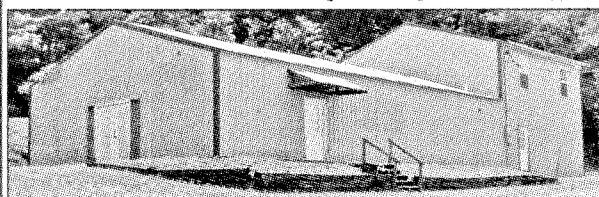
Subscribe to the Signal

The personnel committee at
**First Baptist Church
Mt. Vernon**

is now accepting applications for a
part-time (15 hr. per week)
Administrative Assistant/Secretary position.
Interested applicants may pick up an application by
calling 308-9918 between the hours of
9:00-10:30 a.m. on Monday and Wednesday ONLY
through Friday, July 20th.



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30x60 Garage w/ 4 Bays, 2 Offices, Storage Room & Restroom - \$115,000
32x80 with Upstairs, Restroom & Outside Deck, 3,520 Sq. Ft. - \$70,000
All for \$165,000 • Make Offer
Contact 606-308-2030



River Sweep postponed due to high water

By: Mike French
Reporter

The annual River Sweep project has been postponed this year due to high water levels in the area.

The event, led by Rockcastle County Solid Waste Coordinator James Renner, typically gathers trash of all kinds from along the Rockcastle River banks as well as trash stuck or floating down the river.

Renner says he hopes for a lot more volunteers this year. "Keeping our waterways clean and safe benefits everyone in our community and we have high hopes that more people will offer a helping hand this year," he said.

Last year only two local residents volunteered

to help with the project and Renner had to utilize the Rockcastle County Detention Center Work Release program to complete the project.

Anyone interested in helping keep the local river cleaner, may contact Renner for this year's event by calling, (606) 256-1902.

If you have a boat of any kind that could be used to take volunteers out onto the water, its use would be appreciated. Renner is asking that you help with your time and effort to benefit all of Rockcastle County.

The event has been rescheduled for August 11 and times and other details will be announced before that date.

Early Deadline Next Week

Due to the July 4th holiday, the deadline for next week's paper is 4 p.m. Monday, July 2nd

Papers will be available for sale early on
Wednesday, July 4th

Card of Thanks

Frank Jones

The family of Frank Jones would like to thank the nurses in the ICU and Dr. Kevin Rowe for their care and help. Also thanks you to Brodhead Health and Rehab staff and Marvin Owens and his wife and staff and Bro. Randal Adams for his kind words.



**Happy Birthday,
Weesie**
(Louise Skidmore)

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or Email us at: cdougbrock@hotmail.com!
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**Commonwealth of Kentucky
28th Judicial Circuit
Rockcastle Circuit Court • Division I
Civil Action No. 13-CI-00069**
Tax Ease Lien Servicing 1, LLC Plaintiff
v.
Cheyenne Sexton Isaacs, et al Defendants

NOTICE OF SALE

Pursuant to a judgment and order of sale entered in this action on April 25, 2014 and order referring case to Master Commissioner entered on March 23, 2018 for satisfying the judgment against the defendants in the amount of TWO THOUSAND EIGHT HUNDRED SIXTY NINE DOLLARS AND 21/100 (\$2,869.21) plus interest, costs and attorney fees. I will offer at public auction the hereinafter described real property in Rockcastle County, Kentucky.

**At the Courthouse on East Main Street
Mt. Vernon, Kentucky
on Friday, July 6, 2018
Beginning at the Hour of 11:00 a.m.**

Said property being more particularly described as follows:

PVA Map #005-00-009.02
193 Cane Branch Road, Mt. Vernon, KY 40456

Being the same property conveyed to Cheyenne Sexton Isaacs and Steven Isaacs, by deed dated July 30, 1997, recorded in Deed Book 167, Page 57 and deed dated July 28, 1997, recorded in Deed Book 166, Page 676 in the Office of the Rockcastle County Clerk.

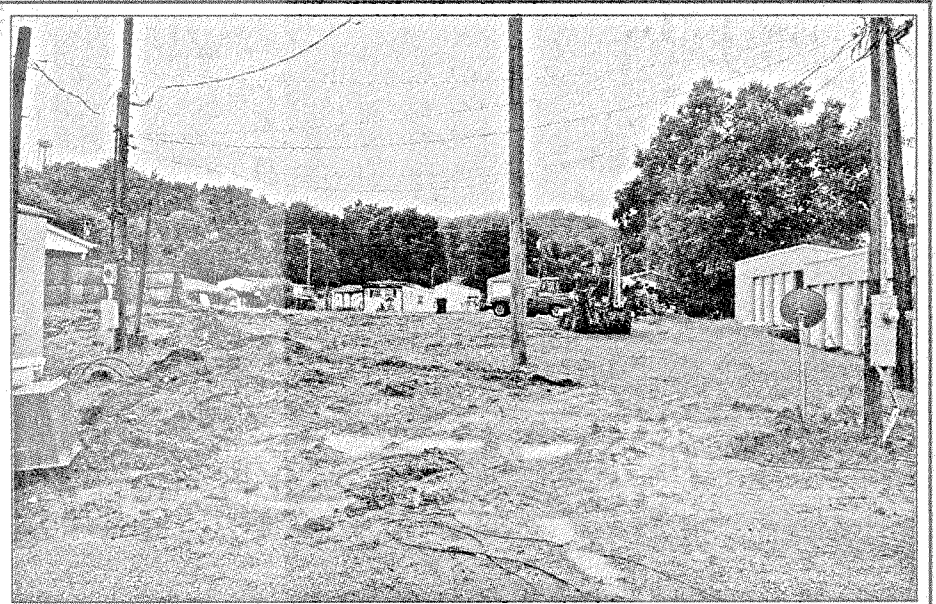
The property shall be sold upon the following terms & conditions:

1. The real property shall be sold for cash or upon a credit of thirty (30) days with the purchaser(s) required to pay a minimum of ten percent (10%) of the purchase price in cash on the date of sale and to secure the balance with a bond approved by the Master Commissioner.
2. The bond shall bear interest at the rate of twelve percent (12%) per annum until paid in full. The bond shall have the force and effect of a judgment and shall be and remain a lien upon the property sold as additional surety for the payment of the purchase price.
3. The purchaser shall pay the 2018 local, county and state property taxes.
4. Unpaid delinquent State, County and/or City ad valorem real estate taxes owed to those government entities, and not sold pursuant to the provisions of KRS Chapter 134 to any private purchaser during the pendency of this action shall be paid from the sale proceeds.
5. Full satisfaction of the plaintiff's judgment shall be paid from the proceeds of the sale.
6. The purchaser shall have possession of the real property upon compliance with the terms of the sale.
7. In the event the plaintiff is the successful bidder and the sale price does not exceed the amount of the plaintiff's judgment, no deposit or bond shall be required.
8. The sale shall be made subject to all easements, set back lines, restrictions or covenants of record or otherwise and shall be sold "as is".

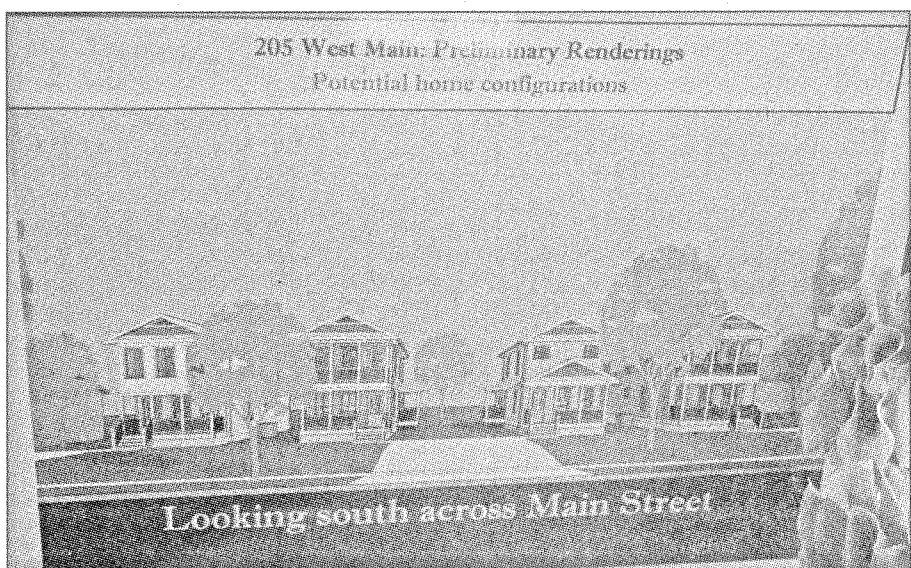
**John D. Ford
Master Commissioner
Rockcastle Circuit Court**



A large crowd gathered under the tent to escape the thunder and lightning during the ROOTS Project groundbreaking Tuesday morning. The project will provide low-interest housing to local residents.



Work has already begun for the ROOTS Project on West Main Street. A total of five old dilapidated trailers will be demolished and eight new low-interest homes will be built changing the appearance of the street. Officials say the project will provide safe, affordable housing for several local families at low interest rates.



This rendering shows the way West Main Street will look after the demolition of several older trailers and new homes are built along the street. The groundbreaking for the project was held Tuesday.



Mayor Mike Bryant and many other local officials discussed the new ROOTS (Recycling Old Outdated Trailer Sites) project now under way on West Main Street during the groundbreaking ceremony Tuesday.

“Homes”
(Cont. from front)

least five local single-wide trailers on West Main Street where three new homes will be constructed during phase one of the Rockcastle County project.

Other phases, which are not yet scheduled, will involve building a total of eight new homes, all in Rockcastle County and probably all near this same site at 205 West Main Street in Mount Vernon.

The groundbreaking for the project was held Tuesday morning at the site where USDA Rural Development Director Hilda Legg, Rural LISC Vice President Suzanne Anarde, Kentucky Highlands Investment Corporation President and CEO Jerry

Rickett and Highlands Housing Corporation President and CEO Blake Enlow, all came to Mount Vernon to talk with Mayor Mike Bryant and Judge/Executive Doug Bishop about future plans and economic growth in the city and the county.

A large crowd of local officials filled the tent and speakers had to occasionally wait out thunder and lightning in the area.

The goal of the ROOTS (Recycling Old, Outdated Trailer Sites) initiative in Rockcastle County is to replace old, dilapidated manufactured housing units with homes that appreciate in value and meet or exceed local building codes, according to Blanton.

In fact, the overall appearance of West Main Street will be much differ-

ent once the new homes are constructed.

To launch the ROOTS Initiative, KHCDC optioned the 21-site manufactured housing community in January of 2017 in this county and completed the purchase of the property in May.

The KHCDC says they intend to redevelop a portion of the community by replacing older mobile homes with manufactured homes.

The plans will include decommissioning five of the existing single-wide trailers and constructing eight new homes at the site beginning with construction of three of those homes now. The schedule for the additional five new homes has not been released at this time. Officials say the estimated cost of each home is

also unknown.

According to Blanton, there are more than 49,000 mobile homes currently occupied in Kentucky that were built prior to 1980 and heating and cooling costs for those homes can be extremely expensive.

Blanton Consulting says homeowners often find that the expense of living in one of these new energy efficient homes is far less than the overall cost of living in one of the dilapidated trailers. “Home buyers often find that their monthly mortgage, interest, taxes and insurance plus utility costs are far lower than their rent plus utility costs had been,” said Blanton.

Blanton Consulting says the purpose of the project is clear, “safe, decent and affordable housing contributes to stability for individuals, families and communities. Homeowners are also more invested in their communities, pay more in local taxes and contribute to a less transient workforce. Local communities must have viable employment, safe and healthy working and living environments and affordable housing opportunities for its residents.”

The homes are not free housing but will be offered at a lower interest rate to low income families. The first two homes will be two-story 36x16 while the third home will be single story 60x16 and these first three homes will be built before they are sold. But the next five will be built specifically for a new owner.

“It’s appropriate that this is happening,” said Bishop. “It speak volumes about a community that is growing and keeping up with the times. The mayor and I agree that we want nothing more than to raise the standards in our cities and our county and provide a promising place for everyone to live.”

Bryant said he is proud of the work done in the county as well. “We are blessed that all the mayors in the county have that in common with our judge. We hold faith in God and our community and this is yet another example of how we can grow and become a better, stronger community through faith.”

Though all the criteria has not been set for choosing who may qualify for the low-interest loans, officials say one of the top priorities will be that the applicant must have good credit.

According to Blanton, the criteria for choosing which families will receive the new housing offers, and exactly how those offers will be presented, has not yet been established but such criteria will be made available to everyone who may qualify, once the homes are near completion.

Kentucky Highland Investment Corporation was founded in 1968 to stimulate economic growth in nine counties in southern and eastern Kentucky. They now serve 22 counties; and have created more than 20,000 jobs.

Highland Housing Corporation, dba Southern Tier Housing, is a non profit housing development corporation established in

2007 which was formed to meet the housing needs of its service area, which includes Rockcastle County.

Other partners who are involved in this program are Tamara Cox, Daniel Boone Community Action Agency; Community Ventures; Mount Vernon Mayor Mike Bryant; FAHE; MACED; Appalachian Community Federal Credit Union; Doug Gooch and Marty Spears; AGE Engineering, Stanford, Ky.; Jace Burris; JCB Architects; Cumberland Valley ADD; Brownfield Project; Federal Home Loan Bank of Cincinnati; and Jackson Energy.

Officials with the project say they expect this initiative to become the statewide or national model for attacking the huge problem (affordable housing) that doesn’t require a large federal investment in each community.

“Repairs”

(Cont. from front)

to provide safe roads in the county.” The Bevin administration is committed to the cabinet’s mission of providing a safe, reliable transportation network for all Kentuckians. These emergency funds will help repair and restore damaged infrastructure throughout this community.”

County Judge Executive Doug Bishop’s office made the emergency request for help with the repairs on June 14 and the funds were released in 10 days.

The Rockcastle County Fiscal Court is responsible for administering the work.

“Wet/Dry”

(Cont. from front)

currently affects Eldorado and Limestone Grill since those are the two restaurants inside the city limits who might sell alcohol.

Leger says owners and management of Renfro Valley also hopes to sell alcohol during shows there.

The petition being circulated now reads “Are you in favor of the sale of alcoholic beverages in the City of Mount Vernon” and would be placed on the ballot exactly that way.

Apparently liquor stores would also be allowed to open a business inside the city limits should the vote pass.

During the May primary, Powell County elected to become a wet city leaving Rockcastle as one of only 18 of the 120 Kentucky counties that remain dry.

22ND ANNUAL ROCKCASTLE KIWANIS

Golf

SCRAMBLE

CEDAR RAPIDS GOLF COURSE
MT. VERNON, KY

CASH PRIZE SHOOTOUT

CASH PRIZES!

FOR FIRST AND SECOND PLACE TEAMS

\$200 - TEAM OF 4 | \$300 - TEAM & HOLE | \$100 - HOLE SPONSOR | \$50 - SPONSOR | \$25 - CART SPONSOR

AUGUST 1, 2018 | FREE LUNCH @ NOON | TEE AT 1:00 PM

REGISTER BY CALLING (606) 308-1643 OR (606) 256-4112

of JULY

Save a lot

food stores

FRESH MEAT ITEMS!

JUMBO PACK (5LBS OR MORE)
FRESH FRYER DRUMSTICKS OR THIGHS **79¢** lb.

FAMILY PACK BONELESS BEEF RIBEYE STEAKS **\$5.99** lb.

FRESH WHOLE BONELESS PORK LOINS **\$1.59** lb.

(5 OR 10 LB ROLLS) FRESH GROUND BEEF **\$1.99** lb.

16 OZ. PKG. OSCAR MAYER HOT DOGS **99¢**

ASSORTED VARIETIES REESER'S SALADS **\$2.99** 30-32 Oz. Pkg.

Try our **PICK 5** Fresh Meat & Frozen Products **MIX & MATCH!** **PICK 5 FOR \$19.99**

12 Pack 12 Oz. Cans Pepsi **4/\$12**

FRESH PRODUCE ITEMS

Large Whole Seedless **WATERMELONS** **\$3.99** Each

Fresh In Husk Bi-Color **SWEET CORN** **4/\$1**

Fresh Vidalia **ONIONS** **\$2.99** 4 Lb. Bag

Fresh Dole **COLE SLAW MIX** **99¢** 14 Oz. Pkg.

Assorted Varieties Little Debbie Family Size Red White & Blue Snack Cakes **2/\$4**

Lay's Potato Chips Assorted Varieties **2/\$4** 8.5-10 Oz. Bag

Assorted Varieties **Doritos** **2/\$5** 10.5 Oz. Bag

AD PRICES GOOD MONDAY, JUNE 25 THRU SUNDAY, JULY 1, 2018

Great For The Grill

(10 Lb. Box) Purnell PORK RIBS 99¢ lb.	Fresh Full Slab Pork SPARE RIBS \$1.79 lb.	Fresh St. Louis Style PORK SPARE RIBS \$2.49 lb.	Fresh Baby Back PORK RIBS \$2.99 lb.
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SPECIAL BUYS

NEW LOWER PRICES

Kraft Sweet Honey or Original Barbecue Sauce 99¢ 18 Oz. Bottle	Cowboy Billy's Pork & Beans 59¢ 16 Oz. Can
Assorted Varieties Knorr Pasta or Rice Sides 99¢ 4.3-5.7 Oz. Pkg.	Assorted Varieties Kraft Salad Dressing \$2.49 24 Oz. Bottle
Nabisco Double Stuff, Golden or Original Oreo Cookies \$2.99 14.3-15.35 Oz. Pkg.	Kraft American Singles \$2.49 12 Oz. Pkg.
Daisy Sour Cream \$1.99 16 Oz. Pkg.	Assorted Varieties World's Fair Ice Cream \$4.99 4 Quart

Kurtz Oval-Cut Dill Slices \$1.79 32 Oz. Jar	Kurtz Yellow Mustard 89¢ 14 Oz. Bottle
Portmann's Real Mayonnaise \$1.99 30 Oz. Jar	Kurtz Tomato Ketchup 89¢ 24 Oz. Bottle
Wylwood Crinkle Cut French Fried Potatoes \$3.99 5 Lb. Bag	Kindle Ready to Light Charcoal Briquets \$3.99 6.2 Lb. Bag
Wrightware Foam Plates \$1.29 40 Count Package	Crystal 2-0 Drinking Water \$2.29 24 Pack 16.9 Oz. Bottles

WE ACCEPT WIC, EBT, DEBIT, VISA, MASTER CARD & PERSONAL CHECKS FOR AMOUNT OF PURCHASE

910 W. Main St. - Mt. Vernon - 606-256-9810

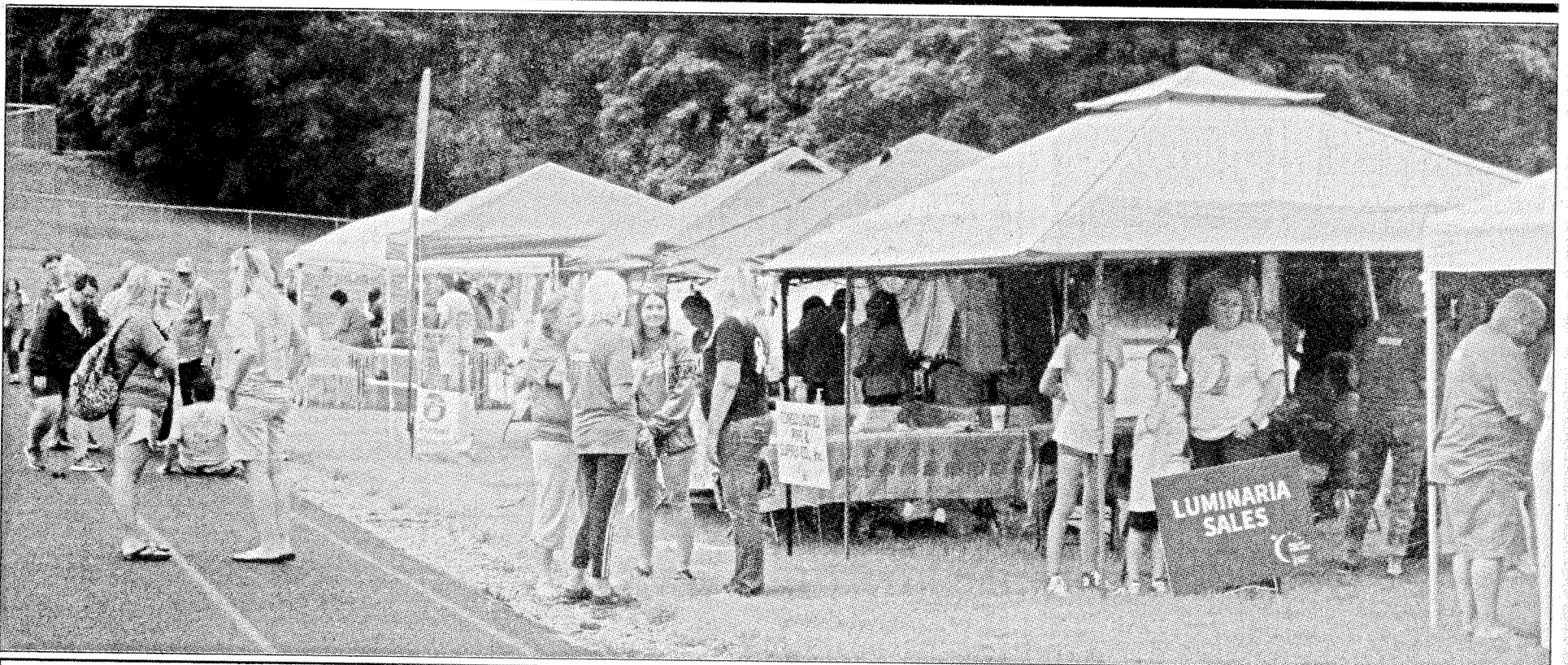


Visit us at savealot.com

Mount Vernon Signal

Second Section

Thursday, June 28, 2018



Renee Miller, Serena Stratton and Dr. Justin Williams, with Rockcastle Regional, led the Caregivers' lap during the annual Relay for Life last Friday.

Over \$46,000 raised for Relay for Life

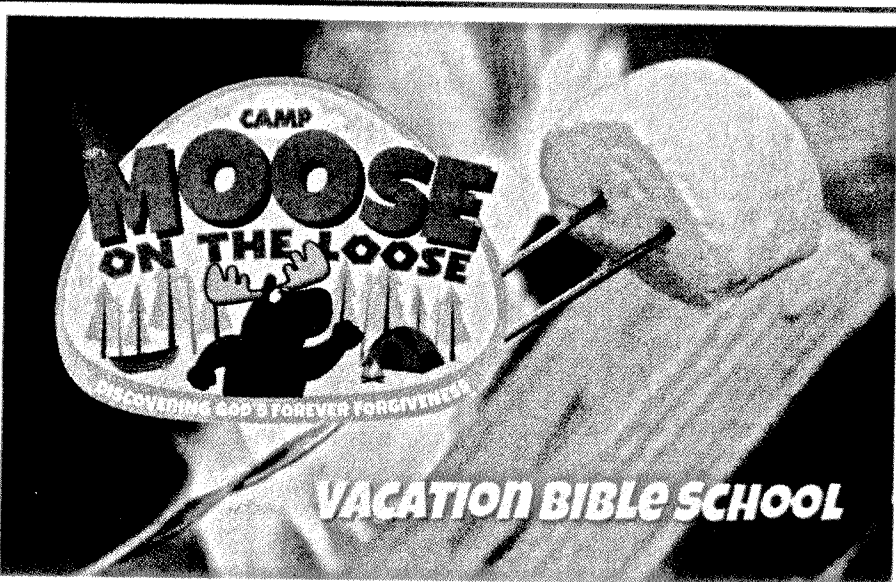
Shown above are just a few of the campsites that were set up for the annual Relay for Life in Rockcastle County last Friday night. Teams were able to raise over \$46,000, well over the goal of \$36,000. Cancer survivors were treated to a dinner before the relay and also took part in a survivors' lap to kick off the festivities.



Lisa Smithern and others were busy setting up the tables full of auction items during last Friday night's Relay for Life.



Nathan Bullock and Chelsea Payne work to set up luminaries before the start of the Relay for Life held last Friday night at RCMS. Despite the weather, a good crowd showed up and stayed around for the lumination ceremony held after dark.



Join us for Vacation Bible School
As we learn about God's Forever Forgiveness

Ottawa Baptist Church
July 8th - 13th
6:00 p.m. - 8:30 p.m.

Classes for toddlers thru adult
Family Night Friday with meal • Give-aways each night

VBS Kick-Off on June 30th
will coincide with our Annual Independence Day celebration
with games (some include water) starting at 4 p.m.
Meal at 6 p.m. and fireworks at dark!

You can pre-register for VBS and get some cool gifts too!

For church van transportation to VBS call:
Gordon Pope 308-0881

or for more info. call Pastor Michael Hail 308-0579

ADVANCED FAMILY MEDICAL — CLINIC —

We would like to
welcome
our new provider!

Sandra Conn -
APRN, FNP-C



Graduate of Bellarmine University - Louisville

Has extensive experience in
Family Medicine

*** Accepting New Patients ***

Short Wait Times • In House Lab Services

Experienced Staff to Assist With Your Healthcare Needs

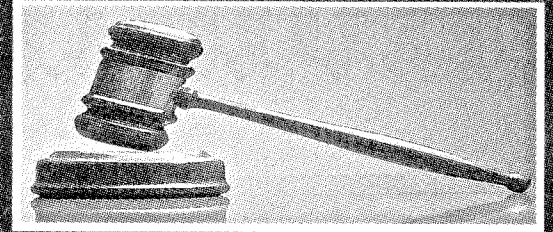


50 Lovell Ct. • Mt. Vernon, KY

Call 606-392-2060 or 606-386-1917 to schedule your appt.

Open Monday - Friday 8:30 a.m. - 5:00 p.m.

News from the Rockcastle Courthouse



Deeds Recorded

Brandon W. Nicely and Cathy Nicole Nicely, property on Norton-Bullock Road, to Brandon W. Nicely. No tax
 Colin and Tressa Loudon, property on Linville Road, to Angela and Chad Poole. Tax \$169
 Harold Dean and Edith M. Ballinger, property in Rockcastle County, to Philip McFerron. Tax \$3.50
 Ruth and Arnold Pingleton, property in Copper Creek Community, to Daniel and Megan Pingleton. Tax \$13.50
 Laurence Robert and Martha Lynn Cowles, property on KY 1250, to Juan and Amy Nicely. Tax \$150
 Rick and Michelle J. Saylor and Ronda Lasha Hinds, property on waters

of Copper Creek, to Stevan Kyle Saylor. Tax \$10

Marriage Licenses

Abby Gail Danielle Stevens, 19, Mt. Vernon, unemployed and Tristan Lee Douglas Johnson, 17, Richmond, mechanic. 6/18/18

Circuit Civil Suits

Nikki Marie Vasquez v. James E. Hayes, child support enforcement.
 Charles Matthew Kirby v. Kerry Leah Kirby, verified petition for dissolution of marriage.
 Ricky Barrett v. Chelsea Barrett, petition for custody.
 Discover Bank v. Christopher J. Childress, \$7,072

plus claimed due.
 Jeff Mooney v. Danny Reams, et al, complaint. CI-00159

District Civil Suits

Charles Norris v. Charles Julian, Jr., eviction notice.
 Velma Hoskins v. Brian Woods, eviction notice
 Heights Finance Corp. v. Christi Samples, \$1,404 plus claimed due.
 Capital One Bank v. Carlton D. Hunt, \$2,473 plus claimed due. C-00116

District Court

June 18, 2018
Hon. Jeffrey S. Lawless
 Bobby Bond: operating motor vehicle under influence alcohol/drugs, sentencing order entered.

Bobby Joe Hensley: failure of non-owner operator to maintain req. insurance, 30 days in jail/concurrent/costs waived.

Tammy Joe Johnson: fines/fees due (\$225), 10 days in jail/costs waived.

Anthony Gabriel Martin: operating motor vehicle under influence of alcohol/drugs, sentencing order entered.

Halona L. Wynn: theft by unlawful taking, sentencing order entered.

Robert Shane Adams: obstructed vision and/or windshield, no/expired registration plates - receipt, failure to wear seat belts, failure to produce insurance card, failure of owner to maintain req. insurance/security, bench warrant (bw) issued for failure to appear (fta).

Francis A. Bailey: drug paraphernalia - buy/possess, \$100 fine plus costs.

Billy R. Biggs: theft by unlawful taking, sentencing order entered.

George Adam Carpenter: operating on suspended/revoked operators license, failure of owner to maintain required insurance/security, drug paraphernalia - buy/possess, bw issued for fta.

Thomas E. Dees: failure to wear seat belts, operating on suspended/revoked operators license, failure to produce insurance card, operating motor vehicle under influence of alcohol/drugs, bw issued for fta.

Ricky Al Edwards: no operators/moped license, bw issued for fta.

Thorin Houk: possession of marijuana, \$100 fine plus costs.

Stephen Marcus Jones: flagrant non-support, bw issued for fta.

Megan E. McCracken: public intoxication, bw issued for fta.

Kasey Nunemaker: giving officer false identifying information, 10 days in jail/

costs waived.
 Jennifer Lee Pharis: no/expired registration plates - receipt, failure to produce insurance card, failure of owner to maintain req. insurance/security, bw issued for fta.

Anthony Ryan Powell: no brake lights, operating on suspended/revoked operators license, failure to produce insurance card, failure of non-owner operator to maintain req. insurance, bw issued for fta.

David Reed: assault, sentencing order entered.

Capresha Sada Tait: unauthorized use of motor vehicle, bw issued for fta.

Timothy B. Vanwinkle: failure to wear seat belts,

failure of owner to maintain req. insurance/security, failure to produce insurance card, no operators/moped license, operating on suspended/revoked operators license, no/expired Kentucky registration receipt, reg. & title requirements vch. not oper. on hwy., bw issued for fta.

Jazmine Worthy: speeding, failure to wear seat belts, booster seat violations, failure to use child restraint device in vehicle, careless driving, reckless driving, no operators/moped license, bw issued for fta.

John Brad Ellison: speeding, one headlight, license suspended for fta.

Scam Alert:

Fake federal agents targeting Social Security numbers

Attorney General Andy Beshear issued a Scam Alert today to warn Kentuckians of a new phone scam where con artists claim to be Federal Social Security Administration agents calling to notify you that your Social Security number has been stolen.

Beshear said his office received a report of the scam after a caller tricked a Jefferson County victim into disclosing her Social Security number and paying a fee to receive a new Social Security number and card.

Beshear said the fake federal agent demanded a payment via a stored-value card and the Louisville resident lost \$600 to the scam.

"Urge all Kentuckians to hang up on any caller who asks for your Social Security number," said Beshear. "Never provide your Social Security number or other sensitive information, like your bank account or credit card number, over the phone - unless you are confident who you are talking with."

Beshear's Office of Senior Protection and Mediation is asking Kentuckians to follow these tips to avoid government imposter scams.

Verify information with the legitimate government organization. If you get a call from a government official, confirm you are speaking with a legitimate employee by actually hanging up and calling the official number.

Don't trust a cold caller. Con artists use official-

sounding names to make you trust them. To make their call seem legitimate, scammers use internet technology to spoof their area code to make it look like they are calling from Washington, DC, but could be calling from anywhere in the world.

Don't use untraceable methods of payment. If you are asked to make a payment using wire transfer, gift cards or cash it is most likely a scam.

To report scams to the Social Security Administration's Fraud hotline dial 1-800-269-0271 and visit Beshear's office to file an online consumer complaint.

Beshear said impersonation scams occur frequently in Kentucky.

Kentuckians were recently warned of a Medicare card scam. Con artists were pretending to be Center for Medicare and Medicaid employees calling enrollees and claiming they need to provide personal and financial information or a payment in order to receive, replace or activate

their new card. Beshear said the scam was occurring ahead of the federal government mailing more than 900,000 Kentucky Medicare recipients new I.D. cards.

Beshear's office has also warned of deputy sheriff scams where a caller claims to be a local sheriff's deputy and demands payment and threatens arrest. Beshear recommends Kentuckians victimized by con artists to follow the steps in the Office of the Attorney General's Identity Theft Tool Kit.

One of Beshear's top priorities is to protect Kentucky consumers, especially seniors, from scams, abuse and exploitation.

To help Kentuckians stay ahead of new and trending scams, Beshear launched Scam Alerts - a communication service that alerts Kentuckians when con artists are on the attack. Beshear urges all Kentuckians to sign-up for Scam Alerts by texting the words KYOAG Scam to GOV311 (468311) or enroll online, at ag.ky.gov/scams.

Rockcastle County Recycling Center open for recycling drop-offs

The Rockcastle County Recycling Center is located at 2528 South Wilderness Rd (US 25 South) next to the Rockcastle County Road Department Garage and is open Monday thru Friday from 7 a.m. until 3 p.m. (closed on major holidays).

The following items may be recycled:

Newspapers w/inserts, magazines, catalogs, office paper, junk mail, shredded paper (needs to be bagged), books, phone books (paper products cannot be plastic lined or coated), cardboard (corrugated and slick), plastics #1 Pet or Pete, plastics #2 HDPE, plastic grocery store bags, bread bags, and shrink wrap (no other sheet plastics can be accepted), metal cans, aerosol cans, aluminum cans, aluminum foil, aluminum pie plates, glass bottles and glass jars (lids must be removed and discarded), old cell phones, car batteries, empty printer and toner cartridges, old computers (we can no longer accept monitors of any kind) and all related accessories, telephones, radios, digital clocks, rechargeable batteries (if the battery says rechargeable on it, then it is recyclable), and large bulky metal items.

Clean used motor oil may also be dropped off at the Rockcastle County Road Department.

Recycling Drop-Off Trailers are available for use at:

- Brodhead (at the back baseball field)
- Conway (by Brindle Ridge Volunteer Fire Dept.)
- Livingston (between Liv. Fire Dept. & City Hall)
- Pongo (by Pongo Volunteer Fire Dept.)
- Climax (by Climax Volunteer Fire Dept.)

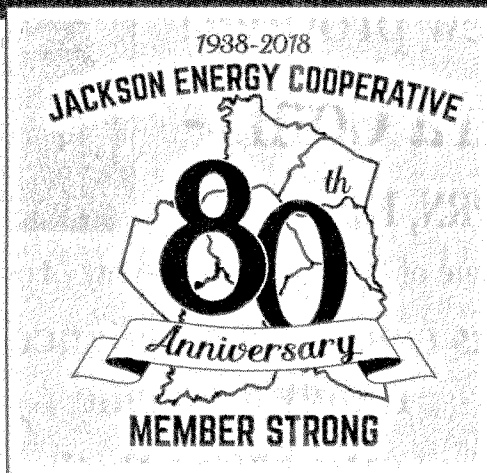
Violations may be issued for putting trash in the recycling trailers!!!

If you have any questions, you may call the Rockcastle Solid Waste Office at 606-256-1902.



Funded in part through a grant from the Kentucky Pride Fund, Division of Waste Management.

Rockcastle County Member Appreciation Day



Join us as we celebrate our 80th Anniversary

2 p.m. to 6 p.m.

Thursday, June 28

Renfro Valley Entertainment Center (Shelter House past Old Lodge Restaurant), Mt. Vernon

Registered co-op members receive a free bucket & LED light bulb



Visit www.jacksonenergy.com • Visit us on Facebook



SUMMER SUN FOOD and FUN

Community Outreach Center
 36 Castle Village Drive, Brodhead

Thursdays

June 7, 2018 - July 26, 2018

Free meals served 2:00 - 4:00 PM

NUTRITIOUS LUNCH RECREATION CRAFTS

All children ages 18 and under are welcome! This is a free event and all meals are free. No income guidelines, registration or enrollment required.

Programs made available by Rockcastle County Schools, God's Food Pantry Bank and RAKB Community Mission Team. These institutions are equal opportunity providers.

Agricultural News

By: Warden Alexander, FSA Director

USDA Enrollment Period for Safety Net Coverage in 2018

Farmers and ranchers with base acres in the Agriculture Risk Coverage (ARC) or Price Loss Coverage (PLC) safety net program may enroll for the 2018 crop year. The enrollment period will end on Aug. 1, 2018.

Since shares and ownership of a farm can change year-to-year, producers must enroll by signing a contract each program year. The producers on a farm that are not enrolled for the 2018 enrollment period will not be eligible for financial assistance from the ARC or PLC programs for the 2018 crop should crop prices or farm revenues fall below the historical price or revenue benchmarks established by the program. Producers who made their elections in previous years must still enroll during the 2018 enrollment period ending August 1, 2018.

The ARC and PLC programs were authorized by the 2014 Farm Bill and offer a safety net to agricultural producers when there is a substantial drop in prices or revenues for covered commodities. Covered commodities include barley, canola, large and small chickpeas, corn, crambe, flaxseed, grain sorghum, lentils, mustard seed, oats, peanuts, dry peas, rapeseed, long grain rice, medium grain rice (which includes short grain and sweet rice), safflower seed, sesame, soybeans, sunflower seed and wheat. Upland cotton is no longer a covered commodity. For more details regarding these programs, go to www.fsa.usda.gov/arc-plc.

For more information, producers are encouraged to visit their local FSA office. To find a local FSA office, visit <http://offices.usda.gov>

2018 Acreage Reporting Dates

In order to comply with FSA program eligibility requirements, all producers are encouraged to visit the local County FSA office to file an accurate crop certification report by the applicable deadline.

The following acreage reporting dates are applicable for Kentucky:

July 15, 2018- All Other Crops
Nov. 15, 2018-Hay and Pasture

The following exceptions apply to the above acreage reporting dates:

If the crop has not been planted by the above acre-

age reporting date, then the acreage must be reported no later than 15 calendar days after planting is completed.

If a producer acquires additional acreage after the above acreage reporting date, then the acreage must be reported no later than 30 calendar days after purchase or acquiring the lease. Appropriate documentation must be provided to the county office.

If a perennial forage crop is reported with the intended use of "cover only," "green manure," "left standing," or "seed," then the acreage must be reported by July 15th.

Noninsured Crop Disaster Assistance Program (NAP) policy holders should note that the acreage reporting date for NAP covered crops is the earlier of the dates listed above or 15 calendar days before grazing or harvesting of the crop begins.

For questions regarding crop certification and crop loss reports, please contact the local County FSA office.

Office Closure Schedule

The Mt. Vernon Service Center (FSA, NRCS and Rockcastle Co. Conservation District) offices will be closed the following dates for observance of a Federal Holiday:

July 4, 2018-INDEPENDENCE DAY
SEPTEMBER 3, 2018-LABOR DAY

Next FSA County Committee Meeting Date:
August 1, 2018 8:00 A.M. at the Mt. Vernon USDA Service Center.

Persons with disabilities who require accommodations to attend or participate in the COC meeting should contact Warden Alexander at (606) 256-2525 or Federal Relay Service at 1-800-877-8339, three days prior to the meeting date.

Important program dates and Interest Rates

Farm Operating Loans-Direct = 3.625%

Farm Ownership Loans-Direct= 4.000%

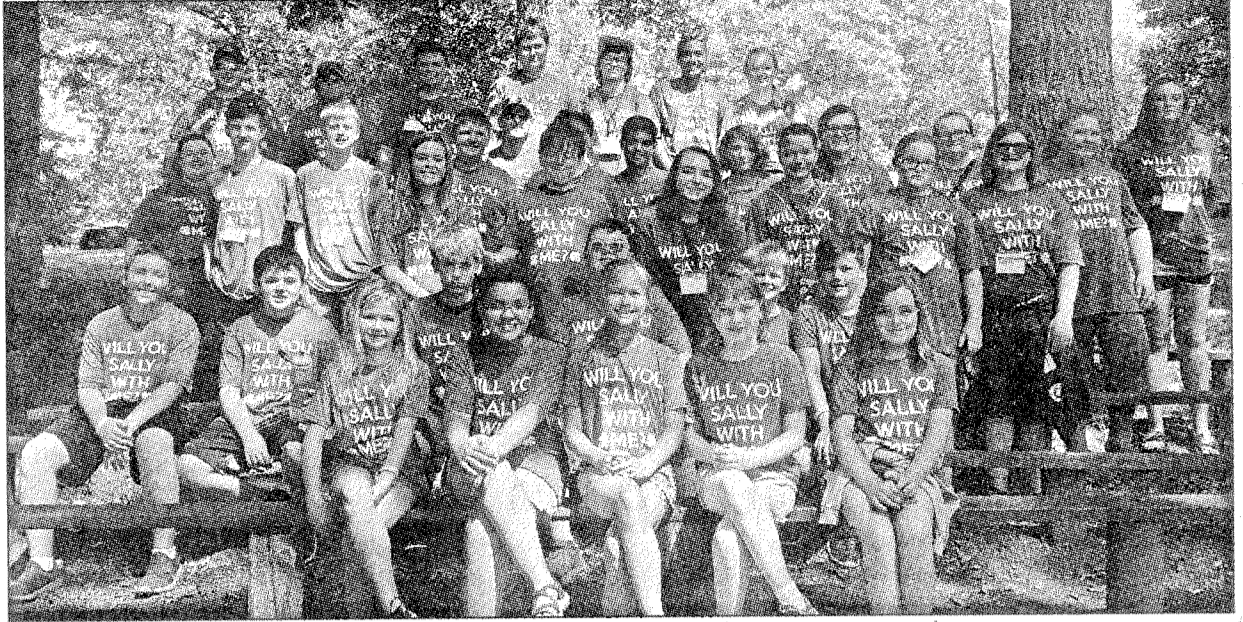
Limited / Resource Loans= 5.000%

Farm Ownership Loans-Direct Down Payment= 1.500%

Emergency Loans=3.750%

Farm Storage Loans= 3 yr. = 2.625%, 5 yr. = 2.875%, 7 yr. =3.000%, 10 yr. =3.000%, 12 yr.=3.000%

Commodity Loans= 3.250 %



Rockcastle County 4-H youth attended J.M. Feltner 4-H Camp the week of June 11-15. Pictured front row from left are: Arrahlynn Richards, JaNaye Burton, Maliyah Swinney, CayDee Hasty and Ainsley Renfro. Second row: Justice Flora, Colin Hamilton, Cameron Wright, Brock Mason, Kaden Kidwell and Colton Cash. Third row: Laiken Coffey, Corey Coleman, Parker Kidwell, Markley Richards, Anthony McGuire, Jacob Taylor, Seth Sowder, Jacob Houk, Jaiden Burton, Alyssa Lunsford, Kelsey Coy, Deanna Lunsford, Jordan Davis, Caitlyn, Alivia Kirby, Grace Reams, Lacie Laws and Shauntel McGuire. Back row: Kyle Coffey, Zack Taylor, Camden Mink, Garrett Hamilton, Alyssa Cromer, Jessalyn, Burton, Delani Reynolds. Not pictured are Kathy Price and Darlena Allen.

For 2019 New fishing and hunting regulations proposed

The Kentucky Fish and Wildlife Commission proposed several new deer, elk and fishing regulations at its June quarterly meeting.

The commission recommends all hunting, fishing and boating regulations for approval by the General Assembly. Legislators must approve all recommendations before they become law.

In elk-related business, the commission recommended hunting dates for the 2019 – 2020 seasons. The first segment of archery and crossbow elk seasons would open Sept. 14 and close Sept. 27. The second segment would open Dec. 5 and close Dec. 13. Hunters with this permit could take a bull or cow elk.

The first segment of the firearms season for bulls would open Sept. 28 and close Oct. 2, while the second segment would open Oct. 5 and close Oct. 9. The first segment of firearms season for cow elk would open Nov. 30 and close Dec. 4, while the second segment would open Dec. 28, 2019, and close Jan. 1, 2020.

Commissioners recommended creating three areas closed to elk hunting in order to emphasize elk viewing opportunities. Those areas would be Paul Van Booven Wildlife Management Area (WMA) in Breathitt County, Fishtrap WMA in Pike County and an area centered around the future location of the Appalachian Wildlife Center in Bell County. The commission also recommended creating a series of hunting units in the elk restoration zone.

In other elk-related business, the commission proposed issuing 594 quota hunt permits for the 2019-2020 elk seasons. The number includes 175 archery/crossbow permits, under which a hunter could harvest either a bull or a cow elk. The commission also proposed 150 firearm bull permits, 244 firearm cow per-

mits and 25 youth permits. The proposed permit allocation is a reduction from the 2018 season. The change will encourage herd growth in areas with fewer elk, while the elk hunting units will distribute hunting pressure and provide a higher-quality hunting experience overall. Elk units are geographic hunting areas bounded by roads across the elk restoration zone.

In deer-related business, the commission recommended changing the crossbow season dates starting with the 2019-2020 season. Crossbow season would open the third Saturday in September and close on the Martin Luther King, Jr. holiday (Sept. 21, 2019 through Jan. 20, 2020). Archery deer season would open the first Saturday in September and close on the Martin Luther King, Jr. holiday (Sept. 7, 2019 through Jan. 20, 2020).

In fisheries-related business, the commission recommended a 40-inch minimum size limit on muskellunge on Buckhorn Lake in Leslie and Perry counties. It also proposed a 14-inch minimum size limit and a six fish daily creel limit on walleye, sauger and their hybrids statewide.

The commission also recommended statewide regulations of a 12-inch size limit, six fish daily creel for largemouth bass on Paintsville Lake in Johnson and Morgan counties, Lake Reba in Madison County and Benji Kinman Lake in Henry County. Also proposed was a 15 fish daily creel limit on sunfish on Lake Carnico in Nicholas County.

In other fisheries-related business, the commission proposed adding a two fish daily creel limit on paddlefish using traditional fishing methods and a four fish possession limit on paddlefish for both traditional and non-traditional methods. It also recommended that anglers no longer be allowed to harvest lake sturgeon us-

ing non-traditional methods, such as bow fishing or gigging.

The commission also proposed banning the commercial sale of two fish species, mooneye and goldeye. It also recommended removing the shad restriction for bait on Carpenter Lake in Daviess County and making Benji Kinman Lake idle speed only for motor boats using the lake.

The commission also recommended revised limits for anglers who hand-grab channel and blue catfish from Taylorsville Lake, Barren River Lake, Fishtrap

Lake and Dewey Lake. Commissioners proposed a five-fish daily creel limit of catfish for anglers using this method. Only one of the fish could exceed 25 inches.

If approved by legislators, fisheries regulations proposed at the meeting would take effect March 1, 2019.

The next scheduled Kentucky Fish and Wildlife Commission meeting will be at 8:30 a.m. (Eastern time), Friday, Sept. 7. Meetings are held at Kentucky Fish and Wildlife headquarters, 1 Sportsman's Lane off U.S. 60 in Frankfort.

Commonwealth of Kentucky 28th Judicial Circuit Rockcastle Circuit Court • Division II Civil Action No. 17-CI-00280

Kentucky Housing Corporation Plaintiff
v.
Dustin Miller, et al Defendants

NOTICE OF SALE

Pursuant to a judgment and order of sale entered in this action on May 11, 2018 for the purpose of satisfying the judgment against the defendants in the amount of FIFTY FOUR THOUSAND NINE HUNDRED SIXTY TWO DOLLARS AND 34/100 (\$54,962.34) plus interest, costs and attorney fees. I will offer at public auction the hereinafter described real property in Rockcastle County, Kentucky.

At the Courthouse on East Main Street
Mt. Vernon, Kentucky
on Friday, July 6, 2018
Beginning at the Hour of 11:00 a.m.

Said property being more particularly described as follows:

PVA Map #023-00-045.07
1050 Freedom School Road, Mt. Vernon, KY 40456

There is included with said property a 2002 Mobile Home which was converted to real estate by Affidavit of Conversion to Real Estate of record in Misc. Book 30, Page 576 in the Office of the Rockcastle County Clerk.

Being the same property conveyed to Dustin Miller and wife Elysia Miller by deed dated May 3, 2016 and recorded in Deed Book 256, Page 290 in the Office of the Rockcastle County Clerk.

The property shall be sold upon the following terms & conditions:

- The real property and mobile home shall be sold together as a whole.
- The real property shall be sold for cash or upon a credit of thirty (30) days with the purchaser(s) required to pay a minimum of ten percent (10%) of the purchase price in cash on the date of sale and to secure the balance with a bond approved by the Master Commissioner.
- The bond shall bear interest at the rate of twelve percent (12%) per annum until paid in full. The bond shall have the force and effect of a judgment and shall be and remain a lien upon the property sold as additional surety for the payment of the purchase price.
- The purchaser shall pay the 2018 local, county and state property taxes.
- Unpaid delinquent State, County and/or City ad valorem real estate taxes owed to those government entities, and not sold pursuant to the provisions of KRS Chapter 134 to any private purchaser during the pendency of this action shall be paid from the sale proceeds.
- Full satisfaction of the plaintiff's judgment shall be paid from the proceeds of the sale.
- The purchaser shall have possession of the real property upon compliance with the terms of the sale.
- In the event the plaintiff is the successful bidder and the sale price does not exceed the amount of the plaintiff's judgment, no deposit or bond shall be required.
- The sale shall be made subject to all easements, set back lines, restrictions or covenants of record or otherwise and shall be sold "as is".

John D. Ford
Master Commissioner
Rockcastle Circuit Court

Rockcastle County Recovery Meetings

*Celebrate Recovery-Brodhead

Located in the Community Outreach Center (next to Fairgrounds), every Monday, 6 to 8 p.m. 859-230-9590 or 606-308-3099.

*Celebrate Recovery-Northside Baptist Church

Mt. Vernon every Tuesday, 6 to 8 p.m. 606-256-5577. Need a ride? Call and leave message before 4 p.m.

*Celebrate Recovery - Step Studies

Northside Baptist, Mt. Vernon, Wednesday at 7 p.m. 606-256-5577.

*Broken Chains Bible Study

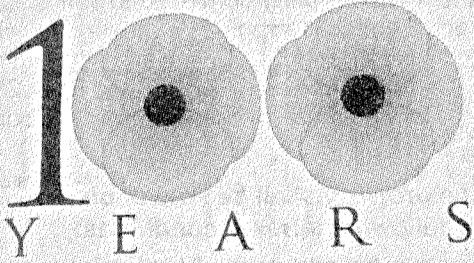
at Cruisers Motorcycle Sales, 7223 N. Wilderness Rd., Mt. Vernon every Thursday at 6:30 p.m. Leader: Gary Vincen Linville, 859-302-2431.

*Celebrate Recovery - Step Studies

Women Only. Located in the Community Outreach Center (next to Fairgrounds), every Thursday, 6:30 p.m. For more info. call 606-308-3099.

*Celebrate Recovery - Livingston

at Livingston School cafeteria. Friday, 6 to 8 p.m. Leader: J.R. Cornelius, 859-314-7828.



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Rockcastle Co. KY Veterans
By Karen Adams

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Please mail check payable to:
Karen Adams

4064 Kenesaw Drive - Lexington, KY 40515

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located at Sand Hill belonging to Flonnie Burke and William and Anita Coffey. Violators will be prosecuted. 14x25

Posted: No trespassing on land belonging to James and Dorothy Rash heirs on Rash Branch Road off Chestnut Ridge. No hunting, camping, ATVs, trespassing for any purpose. Not responsible for accidents. Violators will be prosecuted. 9x52

Posted: Property belonging to Don and Kitty Reese on Smallwood Road at Roundstone. All trespassers will be prosecuted. 49xntf

Posted: No hunting or trespassing on land belonging to Glen Roberts at 560 Dix River Branch Road, Brodhead. Violators will be prosecuted. 35xntf

Posted: No hunting, trespassing or ATVs on land belonging to Jason and Sara Coguer at Roundstone. Not responsible for accidents. 24x1

Posted: No trespassing on Crawford Place - Old Brodhead Road. Danny Smith. 47ftn

Posted: Absolutely no hunting, fishing or trespassing on property belonging to Mark and Debbie Cummins. Violators will be prosecuted. 9x52p

Posted: No trespassing, hunting or fishing on land belonging to Rachel Denney on Hwy. 3245 (former Reggie Bengé property). 24x2

Help Wanted

Part-time Maintenance Man. Pick-up application at Valley View office. Must be able to pass background check. Call 606-256-5912 for any questions. 24x2

Miscellaneous For Sale

Cresthaven Cemetery Plots. Contact Billy Dowell, 606-308-1058. 39xntf

Pet Supplies

Use Happy Jack® Flea Powder to control fire ants as well as fleas and ticks on dogs and cats. Dyehouse Farm Supply, 355-2301. www.kennelvax.com 24x4p

Motor Vehicles For Sale

1979 Kawasaki 650. Good condition. 6,761K. 256-1498. 24x2
1985 Oldsmobile Cutlass Supreme. Runs and looks great. Everything works. No rust. 70,000 miles. 256-1498. 24x2

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 todaysfamilydentalky@yahoo.com

For Rent

Mink Apartments, Inc. Owens: Gary and Gertha Mink. Must have: references, proof of income, background check required. 606-308-1209. 21x4p

Two Bedroom Trailer, 483 Tyree St., Brodhead. Central a/c, garage, carport. Background check and income verification required. Single family residence, maximum three people. No Pets. Cecil King, 606-510-3759 or 606-510-3719.

House and Trailer in Brodhead. No pets. 758-4729. 33xntf

Chism Drive Thru Storage. 9 1/2 x 14 indoor units. \$50. 24 hr. access and security cameras. 859-559-9903. 3xntf

Trailers and house in Brodhead. No pets. 758-8922. ntf

Mt. Vernon Housing Authority open Monday, Wednesday and Friday from 9 a.m. to 3 p.m. Applications accepted Monday, 9 a.m. to 1 p.m. Rent based on income. 256-4185. 14xntf

For Rent

Maple St. Storage of Brodhead
 256-2884 or 606-308-2491

Accepting Applications For 2 and 3 bedroom units at Valley View Apartments. Rent based on income. Call 256-5912. TDD for hearing impaired only. 1-800-247-2510.

Property For Sale

3 Bedroom House w 1/1/2 baths, living room, dining room/kitchen combo. Located in Mt. Vernon. 606-308-4780. 23x4

Lots For Sale: At Maretburg in the McCall Knob Subdivision. 606-758-8486. 18x8p

Posted

Posted: No trespassing of any kind on property belonging to Richard A. "Buddy" Mullins on the waters of Crooked Creek. 24x1

Posted: No trespassing on property located at KY Hwy. 3245, Brodhead and belonging to Gary and Peggy Roberts. Violators will be prosecuted. 23x29

Posted: No trespassing of any kind on property belonging to John Polly at Hummel. Not responsible for accidents. 22x4

Posted: No trespassing on property belonging to W.W. Williams on Buffalo Hollow Road and Lambert Road. Violators will be prosecuted. 22x3

Posted: No trespassing of any kind on land belonging to Eugenia Cykowski Heir(s) at 402 Albright St., Brodhead, Ky. 17xntf

Posted: No hunting, trespassing, or thieving, w/o permission, on land belonging to Kenneth Parsons and located at 1915 Poplar Grove Road. Violators will be prosecuted. 16x51

Posted: No trespassing, hunting, fishing on property



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Aide Position Available

The Cumberland Valley District Health Department is accepting applications for a full time **Senior Home Health Aide** (Grade 11 starting salary \$10.40 per hour) position or an independent contract home health aide/attendant care position ranging from \$15-\$16 per hour for our Rockcastle County Home Health site.



Application and full listing of job qualifications may be obtained at the Cumberland Valley District Health Department, P.O. Box 158, 470 Manchester Square Shopping Center, Suite 200, Manchester, KY 40962 (606) 598-5564 OR online at <http://chfs.ky.gov/dph/LHD.htm> or online at <http://cvdhealthdept.com/>

Completed application must be returned by close of business on Thursday, July 5, 2018 to Cumberland Valley District Health Department to be considered for position. Resume will not substitute for completed application. A successful applicant will be required to submit to a drug screening test and background check. Offer of hire is conditioned upon these results. EOE

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Notices

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Notice is hereby given that Alan Curtis Helton, Jr., 109 Springhill Way, Berea, Ky. 40403 has been appointed Administrator of the Estate of Patsy Ann Helton on the 19th day of June, 2018. Any person having claims against said estate shall present them, according to law, to the said Alan Curtis Helton, Jr., or to Hon. Adam a. Stanley, P.O. Box 1060, Richmond, Ky. 40475 on or before December 19, 2018 at 11 a.m. 24x3

Notice is hereby given that Douglas Clifford, 3570 Jonesville Road, Dry Ridge, Ky. 41035 has been appointed Administrator of the Estate of Darrell Clifford on the 4th day of June, 2018. Any person having claims against said estate shall present them, according to law, to the said Douglas Clifford or to Hon. Jerry J. Cox, P.O. Box 1350, Mt. Vernon, Ky. 40456 on or before Dec. 5, 2018 at 11 a.m. 22x3

Notice is hereby given that James C. Baker, 12 Roundstone Loop, Mt. Vernon, Ky. 40456 has been appointed Executor of the Estate of Glenna C. Baker on the 6th day of June, 2018. Any person having claims against said estate shall present them, according to law, to the said James C. Baker or to Hon. John D. Ford, P.O. Box 247, Mt. Vernon, Ky. 40456 on or before Dec. 10, 2018 at 11 a.m. 22x3

Yard Sales

Multi-Family Yard Sale. Saturday, June 30th. 4 miles on Dug Hill Road, Brodhead. Signs will be posted. Lots of everything. Baby items; kids', men's and women's clothing, fishing poles, mower trailer, house windows and much more.

Yard Sale: Saturday, June 30th, 8 a.m. to 2 p.m. 321 West Main St., Brodhead (near nursing home). Baby gear, toys, furniture, house-

hold stuff, women's and girls' clothing. Many items priced \$1!

Yard Sale: Thursday, noon to 5 and Friday, 8 to 2 202 Proffitt St., Brodhead (home of Steve and Sherri McKinney). Clothing (men's and women's), purses, books, fabric, household items, lawn chairs, glassware, decorations, sports equipment and much more. Priced to sell!

Yard Sale at Houston Point. Go through rock columns. At the home of Jeannine Parsons. Odd pieces of furniture: old, low boy style dresser,

double dropleaf table, two wood dining room chairs, wood desk chair, recliner. Household items, floral arrangements, new twin comforter set, comforters, single-window curtains. Christmas items (6.5 ft. tree, designer tree topper, home decorations). Summer and fall clothes for both women (12-14) and men (large). There are lots of men's polo shirts, purses, sandals, books, magazines, wood doll bed, old baby stroller, baby blankets and quilts. New homemade doll clothes for 18" doll. Box of Bruce pre-finished oak hardwood flooring. **Saturday, June 30th from 8 a.m. to 2 p.m.** Heavy rain cancels.

Yard Sale: Friday and Saturday, 8 a.m. to 4 p.m. at the home of Betty Henderson, behind Mt. Vernon Post Office. Lots of men's and women's clothing, sz. small to ex lg. Men's med-ex lg. Like new name brand tennis shoes, ladies shoes, glassware, home furnishings. Everything priced at least \$2 and under unless marked.

Multi-Family Yard Sale: Lear Crest Subdv/Hwy 1505 Brodhead on Friday and Saturday, June 29th and 30th, 8 a.m. to ?

Huge Yard Sale: Friday and Saturday, 9 to 2 at 1225 S. Wilderness Rd (across from Lumber King).

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Yards to Paradise

By Max Phelps
Mulberry Trees in the Yard
More common than you may imagine, mulberries and the month of June go together. The birds definitely love the fruits. (And I've picked a few from at least three of my customers yards lately.)

Everybody who has tried them seems to like mulberries. But not everybody wants a tree in the yard.

Convention says they are a messy tree, with fruit on the sidewalk and bird poop on the automobile.

While there is a degree of truth to those preceived problems with having a mulberry tree, have you ever considered it may not be all bad? And, what tree doesn't have some negatives to go with the positives? Take maple trees: most produce seeds that fly around in late spring like hundreds of toy helicopters, and the ones that don't produce so much pollen no wonder allergies are worse than they were a generation or two ago. Bradford pear trees may look shapely, and the blooms are pretty, but they are short-lived and fare poorly in wind or ice storms. So, a mulberry isn't the only tree with a few negatives.

Let's take another look and investigate some potentially good things about the mulberry tree.

It's not apt to blow over in a windstorm. It is not likely to need spraying for bugs, beetles or bagworms.

It has big attractive leaves, similar to a basswood or catalpa. While it's blooms are inconspicuous, the fruits are loved by birds, squirrels, and just about any other critters who can get to them before they are gone. A carefree tree, the mulberry may not even be noticed except when it has ripe fruit.

About those fruits: they are delicious! I know I love a handfull of ripe mulber-

ries. And, birds love them so much that they tend to leave cherries, and blueberries and gooseberries alone until all the mulberries are consumed first. Consider the mulberry tree as your decoy so that you get a chance to harvest your other fruits, even if you don't buy netting and cover them.

There are native mulberries, this works for those folks who like natives in their yards. (Believe me, Bradford pears are not native.) And there are Russian, Chinese, Pakistani, Iranian and other mulberries if you want to investigate and place an order with some nursery specializing in fruiting exotics. There are even white-fruited mulberries for those worried about purple stains on their white car hood. (I've not eaten any white ones, but am told they are very good also.)

Also, mulberries have so many small seeds, sort of like blackberries do, that they get distributed about the neighborhood by the wildlife, just like hollies, walnuts and any other tree with seeds and fruits. From seed to a small tree in 3 to 5 years, seedling mulberries will do well if you find one and just let it grow.

For those who want to grow mulberries for their delicious fruits, (or even for raising silk worms if you're so inclined), a good fruit or orchard catalog will offer several options. I am thinking Raintree Nursery in Washington state. But I'll bet you will find more online or when the garden catalogs hit your mailbox next winter.

Mulberries could be used more often in landscapes in my view. Just maybe I've given the idea to someone who will plant a mulberry tree...or let a wild one grow that the birds may have planted.

The author is a landscaper specializing in water gardens. www.rockcastles.net



Mount Vernon's Splash Pad officially opens....

Mount Vernon Mayor Mike Bryant and many others were on hand Saturday to officially open the much anticipated Splash Pad at the Lake Linville Park with a ribbon cutting ceremony. After the ceremony the water was turned on and children enjoyed splashing around. The Splash Pad is open from 9 a.m. to 8 p.m. daily.

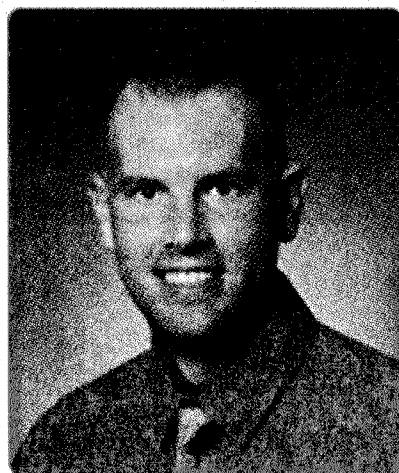


Early Deadline Next Week

Due to the July 4th holiday, the deadline for next week's paper is 4 p.m. Monday, July 2nd
Papers will be available for sale early on Wednesday, July 4th

Welcome

Introducing Dr. Brandon Cowan



Brandon Cowan, M.D.

Rockcastle Regional is pleased to welcome Dr. Brandon Cowan who is joining our physician team at Rockcastle Family Wellness alongside Dr. Karen Saylor, Dr. David Bullock, Dr. Kevin Rowe, and Dr. William Stewart.

A native of Pulaski County, Dr. Cowan earned his medical degree from the University of Kentucky and completed his residency at St. Elizabeth Family Medicine in Edgewood, Kentucky. Dr. Cowan is an accomplished family physician with additional experience in emergency medicine when he served in the Kentucky National Guard as a Field Surgeon for the 1/149th Battalion from 2012 to 2017 as well as a physician at Rockcastle Regional Emergency Department since 2016.

To schedule an appointment, call 606-256-5176.