

# Breast Cancer Awareness Edition

A Publication of the Community Relations Department at Rockcastle Regional Hospital & Respiratory Care Center

## The basics of Breast Cancer

**Breast cancer is the second leading cause of cancer death in women**

Cancer is a disease in which cells in the body grow out of control. When cancer starts in the breast, it is called breast cancer. Except for skin cancer, breast cancer is the most common cancer in American women.

A breast is made up of three main parts: glands, ducts, and connective tissue. The glands produce milk. The ducts are passages that carry milk to the nipple. The connective tissue (which consists of fibrous and fatty tissue) connects and holds everything together.

### Lumps in the Breast

Many conditions can cause lumps in the breast, including cancer. But most breast lumps are caused by other medical conditions. The two most common causes of breast lumps

are fibrocystic breast condition and cysts. Fibrocystic condition causes noncancerous changes in the breast that can make them lumpy, tender, and sore. Cysts are small fluid-filled sacs that can develop in the breast.

### What Is a Normal Breast?

No breast is typical. What is normal for you may not be normal for another woman. Most women say their breasts feel lumpy or uneven. The way your breasts look and feel can be affected by getting your period, having children, losing or gaining weight, and taking certain medications. Breasts also tend to change as you age.

### Are There Different Kinds of Breast Cancer?

There are different kinds of breast cancer. The kind of breast cancer

depends on which cells in the breast turn into cancer. Breast cancer can begin in different parts of the breast, like the ducts or the lobes.

### Common Kinds of Breast Cancer

The common kinds of breast cancer are:

- Ductal carcinoma. The most common kind of breast cancer. It begins in the cells that line the milk ducts in the breast, also called the lining of the breast ducts.
- Ductal carcinoma in situ (DCIS). The abnormal cancer cells are only in the lining of the milk ducts, and have not spread to other tissues in the breast.
- Invasive ductal carcinoma. The abnormal cancer cells break through the ducts and spread into other parts of the breast tissue. Invasive cancer cells can also spread to other parts of the body.
- Lobular carcinoma. In this kind of breast cancer, the cancer cells begin in the lobes, or lobules, of the breast. Lobules are the glands that make milk.
- Lobular carcinoma in situ (LCIS). The cancer cells are found only in the breast lobules. Lobular carcinoma in situ, or LCIS, does not spread to other tissues.
- Invasive lobular carcinoma. Cancer cells spread from the lobules to the breast tissues that are close by. These invasive cancer cells can also spread to other parts of the body.

### What Are the Symptoms of Breast Cancer?

Different people have different warning signs for breast cancer. Some people do not have any signs or symptoms at all. A person may find out they have breast cancer after a routine mammogram.

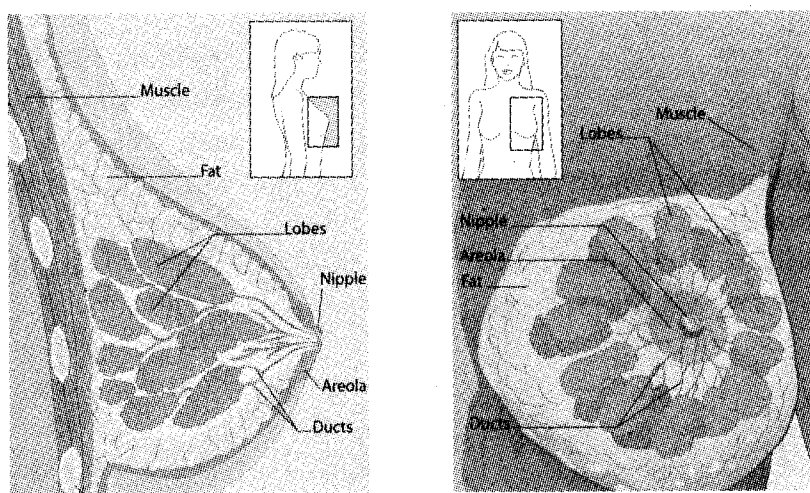
Some warning signs of breast cancer are:

- New lump in the breast or underarm (armpit).
- Thickening or swelling of part of the breast.
- Irritation or dimpling of breast skin.
- Redness or flaky skin in the nipple area or the breast.
- Pulling in of the nipple or pain in the nipple area.
- Nipple discharge other than breast milk, including blood.
- Any change in the size or the shape of the breast.
- Pain in any area of the breast.

Keep in mind that some of these warning signs can happen with other conditions that are not cancer.

**If you have any signs that worry you, be sure to see your doctor right away.**

### Anatomy of the breast



Content and photo source: Centers for Disease Control and Prevention (CDC) www.cdc.gov

### Key Breast Cancer Statistics

**1 in 8** American women will be diagnosed with Breast Cancer



**252,710**

Estimated number of new cases of invasive breast cancer will be diagnosed in women.

**64,410**

Estimated number of new cases of carcinoma in situ (CIS) will be diagnosed. (CIS is non-invasive and is the earliest form of breast cancer)

**3.1 Million**

Estimated number of breast cancer survivors in the U.S.

Source: American Cancer Society • www.cancer.org



*October is Breast Cancer Awareness Month*

**Early detection and treatment provide the best chance of surviving breast cancer – and getting a mammogram is the first and most effective step for early diagnoses.**

If you are age 40 or older or have a family history of breast cancer, take that step! All women who receive a mammogram during the month of October will receive a gift. Call today to schedule.

**(606) 256-7878**



# Welcome Dr. Justin Williams

Rockcastle Regional's first full-time medical oncologist

Rockcastle Regional is excited to announce the addition of Dr. Justin Williams as the new full-time medical oncologist to its Cancer Care and Infusion Center.

Dr. Williams comes to Rockcastle Regional from UK HealthCare's Markey Cancer Center where he completed his fellowship in hematology and oncology. He earned his undergraduate degree from Clemson University and his doctorate of osteopathic medicine from Virginia College of Osteopathic Medicine. He then completed his residency in internal medicine from the University of Kentucky Chandler Medical Center.

He is board certified in internal medicine and board eligible in hematology and oncology by the

American Board of Internal Medicine.

Dr. Williams joining the cancer care team marks the first time Rockcastle Regional has had a full-time medical oncologist on staff. Melissa Brock, oncology service line manager, says that Dr. Williams' full-time presence is instrumental in the delivery of high quality care, improved patient outcomes, and increased patient satisfaction.

"Access and continuity of care is improved by having an oncologist who is more available to the community and the hospital," said Dr. Williams. "This allows for closer patient follow-up, more efficient care plan changes when needed, and more appointment availabilities. We have a team who is knowledgeable and familiar with each



Dr. Williams currently sees patients with cancer and blood disorders. To schedule an appointment, please call 606-256-7798.

patient, allowing us to work together to provide care more efficiently and effectively."

Brock says since joining the team, patients have been extremely pleased and impressed with his care. "Dr.

Williams brings a very personable approach to cancer care and is invested whole-heartily in each of his patients. We are overjoyed to have him as part of our team."

## Q & A with Dr. Justin Williams

To help our patients get to know Dr. Williams a bit better, we sat down with him to learn more about his approach to patient care, his feelings on practicing in Rockcastle County, his outlook on cancer care in the region, and even his feelings about college football.

### Why did you decide to specialize in oncology?

I always loved to drink sweet tea as a kid in South Carolina, and as luck would have it, my mom made the best sweet tea in the world. I would drink a pitcher almost every afternoon while doing homework until I developed kidney stones at the age of 14. It was at that time that I had exposure to the medical world and developed an interest in medicine. Because of that interest, I registered in as many health classes in high school that I could. One class was a nursing assistant class that allowed me to experience patient care in multiple clinics and facilities. I had the opportunity to work in an oncology office which is where my interest for oncology began. I was amazed by the complexity of cancer and its treatments, but I fell in love with the patients. It was these wonderful people who attracted me to oncology and set my path for the rest of my life.

### What is your approach to patient care?

My goal is to approach each patient's case in a personalized way. My responsibility as a physician is to provide recommendations of care founded on evidence-based practices. These recommendations are then customized to each patient with regard to his/her health, beliefs, goals, and lifestyle. Patients live with the decisions that are made; therefore, I try to provide them the best information possible in order for them to feel comfortable with a decided plan.

### What is something that prospective patients should know about you?

I completed my training for hematology and oncology at the Markey Cancer Center with the University of Kentucky. Because of my training at UK and Rockcastle's network affiliation, I have resources and connections at Markey Cancer Center that allow me to better serve. Having said this, my commitment to service is to the people of Rockcastle and the surrounding communities.

### What are you most excited about by joining Rockcastle Regional?

Rockcastle is an incredibly intimate community with a hospital

at the very heart of it. The compassion and services this hospital provides to all walks of life is encouraging and inspiring. Rockcastle Regional is constantly developing events and activities to encourage healthy lifestyles and provide support for people within the community. To be a part of such an inspirational and caring group is a humbling honor.

### What advantages do you think having a full-time oncologist at Rockcastle Regional offers to the people of this community that we didn't have previously?

Having a full-time oncologist at Rockcastle Regional provides improved access and continuity. Access is improved by having an oncologist who is more available to the community and the hospital, which allows for closer patient follow-up, more efficient care plan changes when needed, and more appointment availabilities. Rockcastle has a team of staff who is knowledgeable and familiar with each patient, allowing us to work together to provide care more efficiently and effectively.

### What are you most passionate about when it comes to your patients and patient care?

The quote, "People don't care how

much you know until they know how much you care," was imparted to me at an early age. This quote has continued to be a motto that I aim to live by in my personal and professional life.

My passion is not to treat cancer or blood disorders. My passion is to serve people. For many people, the diagnosis of cancer is the most difficult thing they will struggle with throughout their lives. I consider it a great honor to share that endeavor with these incredible people and to provide support, comfort, and hope as I am able.

### What do you enjoy doing in your spare time?

I enjoy spending time with my wife and three kids. My wife is incredible when it comes to finding fun activities for the family.

I also enjoy building things with my hands. There is something deeply fulfilling about constructing materials into an object that has a greater purpose or use.

### Is there anything else that the community should know about you?

I love Kentucky and consider it my home, but I will always have a big place in my heart for Clemson University college football!

## Hereditary Breast Cancer statistics

BRING YOUR *brave.*

What Every Young Woman Needs to Know About Hereditary Breast & Ovarian Cancer

BREAST CANCER is the most common cancer in AMERICAN WOMEN

11% OF WOMEN DIAGNOSED WITH BREAST CANCER IN THE US ARE YOUNGER THAN 45 YEARS OLD.

1 IN 8 women will be diagnosed with breast cancer during her life.

Breast Cancer in Young Women Can be Hereditary

Breast cancer is less common in younger women than in older women, but young women are more likely to have hereditary breast cancer. Hereditary cancers run in your family and are caused by an inherited change in your genes.

BRCA stands for the breast cancer gene. You have two BRCA genes—one from your mother and one from your father—which help the body prevent breast cancer.

Everyone has BRCA Genes

Some people have mutations—or changes in their BRCA genes—which increase their risk for breast, ovarian, and other cancers.

1 IN EVERY 500 women in the US has either a BRCA1 or BRCA2 gene mutation.

50% If one of your parents carries a BRCA gene mutation, you have a 50% chance of also having the mutation.

You May Be at a Higher Risk for a BRCA Mutation If

- You or any family members have had breast cancer before age 50
- Multiple relatives have had breast cancer, or a family relative has had breast cancer
- You or any family members have had ovarian cancer
- You are of Ashkenazi Jewish descent and you or any family members have had breast or ovarian cancer
- A family member has a known BRCA mutation

# A special message from Grandmas for Awareness



The Grandmas for Awareness pictured from left, Carol Pybas, Gayla Winstead, Sue Hamm, and Bonnie Neeley.

For everything there is a season, and a time for every matter under heaven," (Ecclesiastes 3:1) The time to begin was late summer of 2012 when a divine appointment put four grandmas together at a swim conference while cheering for their grandchildren. The time to end is now, following the sale of our final tee shirts.

What has transpired in the years since has been amazing! Little did we know what God had in store as He started us on this remarkable journey. We became the GRANDTAZZTICS: "Grandmas for Awareness" - a group of four women with a desire to create awareness of breast cancer and to financially help people in our county. Our connection to this cause was personal, with three of us breast cancer survivors and the fourth who had recently lost her sister to the disease. The idea was born and excitement with us ran high! Having never attempted anything like this, we knew we needed help.

That help came from our own Rockcastle Regional Hospital. When we approached them with our idea, seeing a way to help patients in Rockcastle County, they were quick to support us and have continued to be a great source of encouragement and assistance in numerous ways. We quickly made friends with some of the sweetest, caring, most hard-working professionals who became team members with us over the past five years. They have worked diligently in many ways, especially with the annual "Ladies Night Out," which is a most wonderful program for the women of our county. They are the best, and we thank them all so very much for their constant dedication to the cause.

As our project grew, there was more help needed. That's where you, our community, stepped up to help by sponsoring and buying our shirts. We could not have raised over \$20,000 to support Rockcastle Regional's "Hope Fund" and Kaye Heseltine's "Hope Ministry" without your consistent financial support and your sweet words of encouragement. Because of you, we

also were able to donate hats with real-hair ponytails, and provide other items, including pink devotion books, for our local patients. We were also blessed to be able to treat some young cancer patients with special gifts as a form of encouragement. You have been our greatest supporters, and we thank you!

Our next...and last...tee shirt has been later arriving on the scene this year. We apologize for that, but we think you will really like it. It's not a "Paint Rockcastle Pink" shirt as our last four have been. We changed to "Paint It Pink!" It is the world! Breast cancer is all over the world and it seemed so natural to us to pray for a worldwide cure. The funds will remain in Rockcastle as before; however, we are trusting that we may sell even more shirts to our friends and relatives who live away from us. So please help us spread the word.

Five years and six really neat tee shirts later, we believe it's time to close this chapter of the grandmas' lives. The decision was unanimously based on several factors, including some health issues and added responsibilities in some of our personal lives. It has been a beyond great journey and lots of good memories have been made. We have never ceased to be touched by the caring attitudes and generosity of people in our community. You've always been there to help us in many ways. We are grateful to you for that. We want to give God all the glory for whatever contribution we have made. It was under his guidance that we began and that we now end.

Although we will no longer be involved in this way, each of will never cease to encourage you women to get your annual mammograms because we know they save lives. Three of us are living proof of that fact. Men, we can't stress enough how important it is for you all to be aware of breast cancer, too. Statics show that breast cancer does affect men, as well as women.

Depend on the Lord; trust Him, and He will take care of you.

Sincerely,  
The GRANDTAZZTICS

## 2017 "Paint the World Pink" T-shirts are now on sale!



Shirts are available in bright pink, white, and white with pink.

\$12 • Youth M-L, Adult S-XL  
\$14 • 2X \$15 • 3X

### SPECIAL THANKS TO OUR 2017 SPONSORS:

A&J Nicely Insulation, Inc.  
Brodhead Farm Services  
Brodhead Pharmacy  
Cedar Rapids Golf Course  
Citizens Bank  
Collins Respiratory Care  
Community Trust Bank  
Deb's Variety Shop  
Design & Service  
Econo Lodge - Mt. Vernon  
Ford Brothers, Inc.  
Grandtazztics  
Kentucky Farm Bureau  
Limestone Grille  
Marcella's Farm to Fork  
Mount Vernon Signal  
Mt. Vernon Drug  
Rockcastle Professional Pharmacy  
Rockcastle Regional Hospital  
Rocket Storage  
State Farm - Mt. Vernon

To purchase, see any of the "Grandmas for Awareness": Sue Hamm, Carol Pybas, Bonnie Neely, or Gayla Winstead. Or call (606)308-2912 or (606)308-3060.

## Breast Cancer: Know the Risks

Many things can increase the chance that you'll get breast cancer. They're called risk factors. Some things you can change. Others you can't.

### Menstruation



Starting your period before age 12.



Starting menopause (the "change of life") after age 55.

### Motherhood

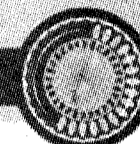


Having children after age 35 or never having children.



Not breastfeeding your babies.

### Hormones



If you're taking hormone replacement therapy (HRT), ask your doctor if you need it.

Some types of HRT increase your risk for breast cancer and can cause "dense breasts" (more breast tissue than fat tissue). Dense breasts increase your risk for breast cancer and make it harder for a mammogram to find cancer.

### Lifestyle



Get at least 4 hours of exercise each week.



Keep a healthy weight, especially after menopause.



Limit alcoholic drinks to one per day.

### Family History and Genetics



Relatives with breast cancer or ovarian cancer at a young age.



Changes in the BRCA1 or BRCA2 genes related to breast cancer.

### Other Risk Factors



Getting older.



Radiation treatment to the chest area.



Breast cancer or certain other breast problems in the past.

Having one or more of these risks doesn't mean you'll get breast cancer. Also, some women have breast cancer even when they don't have any of these risks.



So, talk to your doctor about what you can do to lower your risk, and the right screening for you.

No insurance? You may be able to get free or low-cost screening through CDC's National Breast and Cervical Cancer Early Detection Program. Call (800) CDC-INFO or scan this QR code.

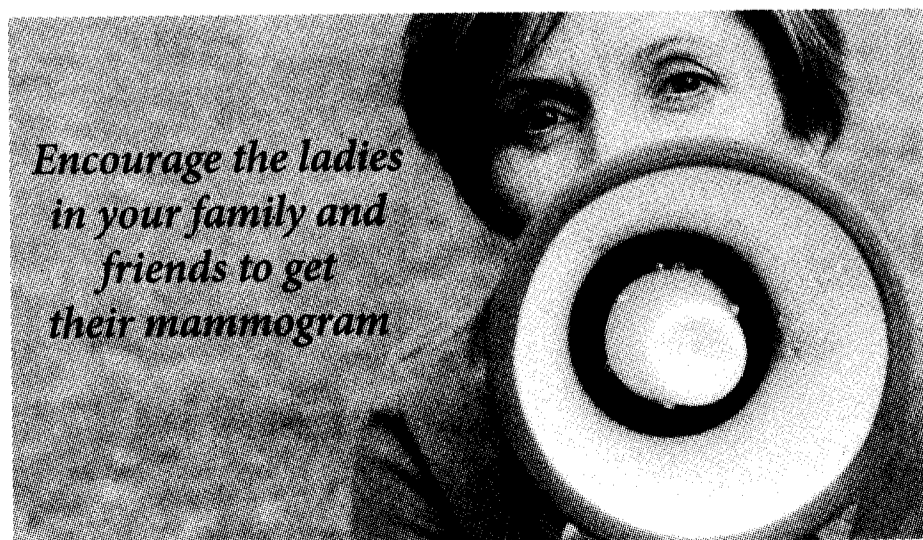


More information about breast cancer: [www.cdc.gov/cancer/breast/](http://www.cdc.gov/cancer/breast/)

National Centers for Disease Prevention and Health Promotion



Encourage the ladies in your family and friends to get their mammogram



# Continuing excellence

## & Our Journey to become a Breast Center of Excellence

By Anna Brown, Southern KY AHEC Intern & Jana Bray, Community Relations Director

Rockcastle Regional Hospital and Respiratory Care Center is getting closer to being named the first Breast Imaging Center of Excellence (BICOE) in South Central and Eastern Kentucky. Efforts to achieve the designation began in 2016 with the addition of diagnostic radiologist Dr. Bethanie Hammond, who is fellowship trained in breast imaging and has led the charge to achieve this high distinction.

Since Dr. Hammond joined the diagnostic radiology team at Rockcastle Regional, the organization has increased its ability to offer new services by adding two new state-of-the-art breast technologies: a stereotactic guided biopsy machine and an ultrasound machine to allow for ultrasound guided biopsies.

Stereotactic breast biopsy is used when an abnormality is best visualized on a mammogram. To determine if the abnormality is cancerous or not, a biopsy of the tissue is performed. Before, patients at Rockcastle Regional

would have to travel to other facilities for this procedure. Stereotactic biopsy for tissue sampling is a less invasive alternative to surgery that relies on a hollow needle guided by x-ray imaging.

"The new stereotactic table for stereotactic guided biopsies allows patients to have a certain type of breast biopsy when needed without having to travel a great distance," Dr. Hammond said. "The stereotactic table is an asset in providing the best care possible to our patients."

While the addition of new technology has brought Rockcastle Regional Hospital closer to being a BICOE, the goal is not just to earn this title, but to provide patients with quality care locally. In taking these steps toward becoming a BICOE, Rockcastle Regional is better equipping itself with technology and the staff necessary to commit to fighting breast cancer.

Janice Mullins, registered radiologic and mammography technologist, says that the whole idea is that it keeps patients from

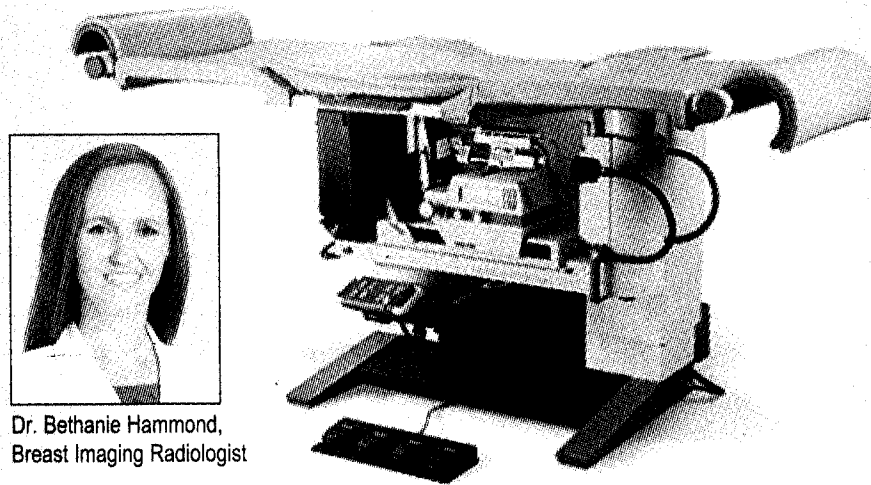
having to travel while still providing access to the advanced technologies to provide the highest level of care.

Certified by the American College of Radiology (ACR), a Breast Imaging Center of Excellence is an elite designation given to breast imaging facilities who have received accreditation in a rigorous set of programs and modules. There are only thirteen other BICOE's in Kentucky.

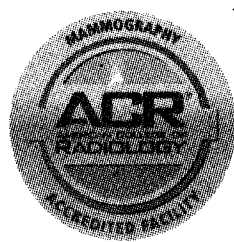
In order to receive the ACR's Breast Imaging Center of Excellence designation, a center must be fully accredited in mammography,

stereotactic breast biopsy, breast ultrasound, and breast MRI. Rockcastle Regional has been accredited by the ACR in mammography since the early nineties, and has begun seeking accreditation in the other four modalities.

The goal is that by 2019, Rockcastle Regional Hospital will receive the designation as an ACR Breast Imaging Center of Excellence. In total, the organization will have invested nearly \$1 million in an effort to fight breast cancer through early detection in southcentral and eastern Kentucky.



Dr. Bethanie Hammond, Breast Imaging Radiologist



# 8th Annual Ladies Night Out

Bring your friends and join us for a luau-themed evening of good food, learning, and fun in recognition of Breast Cancer Awareness Month

## Let's Flamingle

Tuesday, October 10, 2017

First Baptist Church • 5:30 p.m.

Dr. Justin Williams, Rockcastle Regional Oncologist

To RSVP, please call (606)256-7767 by Friday, October 6

Featuring the 4th Annual Hair Donation Event sponsored by A Cut Above. Call (606) 256-7767 to reserve your spot.

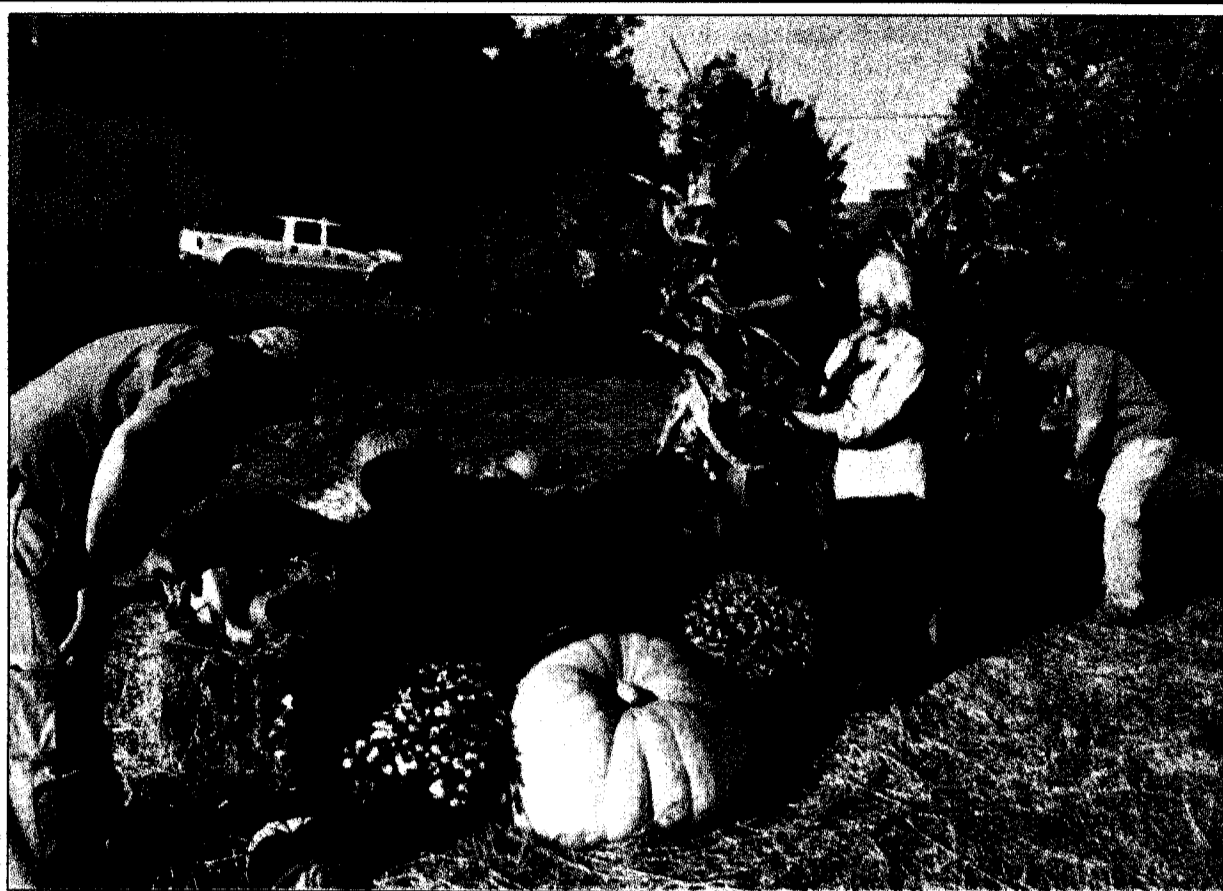
ROCKCASTLE REGIONAL HOSPITAL & RESPIRATORY CARE CENTER

UK HealthCare MARKEY CANCER CENTER Network

# Mount Vernon Signal

Serving Rockcastle County Since 1887

Mount Vernon, Kentucky 40456 - (606) 256-2244 Volume 131 • Number 39 .50 per copy Thursday, October 5, 2017



## Bittersweet festivities planned

Among her many duties with the City of Mount Vernon, Louise Kirby (center) considers decorating one of her favorite. Kirby joined city workers Jordan Bales and Gary Prewitt and others as they adjusted the decorations in preparation for this weekend's Bittersweet Festival. The centerpiece pumpkin weighs over 300 pounds and is expected to welcome countless visitors to the city for the festivities beginning Thursday night with a car show and running through Saturday with dozens of events and activities for all ages. This year's events will include free hot air balloon rides Saturday beginning at 5 p.m. at Mt. Vernon Elementary.

## City focuses on clean/safe Bittersweet Festival events

Crews to work around the clock

By: Mike French

There are as lot of good reasons to attend the annual Mount Vernon Bittersweet Festival this weekend. Those visiting will enjoy a weekend filled with free entertainment for young and old and will be able to participate in many scheduled events and activities. However, among the best reasons, according to Mount Vernon Mayor Mike Bryant and City Administrator Josh Bray, is the refreshing step back into a time of wholesome, family atmosphere.

"We take pride in our festival every year," said Bryant. "But one of the most enjoyable benefits is our dedication to a good, clean family atmosphere. There are still events in America where families can feel safe and secure and enjoy their fellow citizens and the Bittersweet Festival is one of those events."

Bray agrees that the event is one of the cleaner events held throughout the state. "We have crews working around the clock picking up trash and keeping the area clean," said Bray. "We focus a lot of our attention on keeping our town clean with the leadership of the All American Club year round, and we certainly continue those efforts during this festival with workers on hand throughout the event."

In fact, both Bryant and Bray agree that the Bittersweet Festival, along with this year's Brodhead Little World's Fair, is among the cleanest atmospheres of any event in the state.

But, in keeping with old fashioned values, cleanliness is only part of the goal of officials who are organizing the weekend.

"Safety is our first and foremost goal," said Bray. The city budgeted \$18,000 for this year's event and part of those dollars will be spent keeping everyone safe.

"We have extra police on duty and keeping an eye on everything going on," said Bray. "Our biggest focus is making sure everyone feels safe and can enjoy the festivities without having to look over their shoulder. Our officers will be visible to anyone who may need assistance."

Bryant also noted that EMS crews will be on extra alert throughout the weekend in the case of any emergency. "Our city and county-wide EMS workers are always at the ready and this weekend will be no exception. Our dedicated volunteers will

(See "Safe" on A5)

## Rockcastle students do well in test scoring

According to results of the last test scores for Rockcastle students, released last week show that Rockcastle County elementary schools across the district outperformed the state average of students scoring at the Proficient and Distinguished performance levels in reading with 60.4% to the state's 54.3%.

Kentucky is in a transition period, moving away from the Unbridled Learning Accountability Model to a new accountability model.

Senate Bill 1, 2017 required a new accountability system to be developed and is expected to be in effect beginning with the 2018-2019 school year. There-

fore, no overall scores, no learners and program review scores and no labels are produced for the years' results.

The current system measures learning components in achievement, gap, growth, college and career readiness and graduation rate.

In math, Rockcastle County elementary schools were also ahead of the state average in proficient and distinguished students, 50.4% to 49.1%.

In social studies, Rockcastle County elementary schools students, scored at the proficiency and distinguished edging out the state average 60.3% to 60.0%. The only areas in which

elementary students lagged behind the state average was writing 45.2% to 45.9% and language mechanics 53.6% to 55.6%.

Rockcastle County Middle School outperformed the state average in students scoring at the proficient and distinguished performance level in reading

59.3% to 56.9% but was just below the state average in math at 46.1% to 47%.

The middle school was above the state average in writing 38.4% to 37.2% but below the state average in social studies 56.6% to 60.3% and language me-

(See "Test" on A5)

## City Hall renovations nearly ready

By: Mike French

Work is proceeding well on the Mt. Vernon City Hall renovation, according to officials, and next month's meeting is expected to take place in the new chambers.

The renovation of the area, which formerly housed the city's fire trucks, will provide a chamber for city council meetings as well as serve as a meeting place for several other monthly events and activities in the rear portion of the building which is part of city hall.

Until now, council meetings were very difficult for guests to hear what was being said by officials during meetings as the air condi-

tioning or heat was typically louder than the officials speaking.

The front portion of the building will house the new location for the Mount Vernon Police Department.

"This move will not only provide better, more convenient space for citizens to attend monthly council meetings and be better informed about their city and the elected officials, but will also provide much better access and visibility for our police department," said Mayor Mike Bryant. "Parking will be better and quicker, easier access to our police department will be a wonderful benefit to our

At Special Meeting Monday

## Fiscal Court gets update on the new exhibition building

Construction supervisor Mark Dyehouse gave the Rockcastle County Fiscal Court an update on what will be needed to complete the newly constructed exhibition building at the Brodhead Fairgrounds.

Dyehouse is a member of the Rockcastle County Fair Board and gave the update at a special called meeting of the court on Monday.

He told the court that the state is requiring a fire alarm system that will cost the county \$15,297 but it could have been worse, he said. Had the building been constructed next year, under a new state law scheduled to take effect then, a sprinkler

system would have been required for the 24,000 sq. ft. building which would have cost \$100,000.

The cost of the additions, Dyehouse said, will be between \$35,000 and \$40,000 and, besides the fire alarm system, includes: five more emergency lights down the center of the building, at a cost of \$7,500; \$6,600 for six additional doors, re-

quired to meet a state requirement that no one in the building is more than 75 feet from an exit door, and \$2,498 for exit signs over the doors. Other costs for the doors include the concrete

(See "Court" on A5)

## Chase ends in heroin/meth bust

By: Mike French

Police say a man acting suspiciously led to an arrest involving heroin, methamphetamine, a fight with police officers, involvement of a police helicopter and a police K-9 unit and ending in the arrest of Shawn Davidson, 38, of Mount Vernon last Thursday.

According to the arrest citation, Kentucky State Police Trooper Scottie Pennington observed Davidson speeding and attempted a traffic stop. Davidson attempted to flee, nearly crashing into police cruisers.

The report says several officers gave pursuit chasing Davidson to the rock quarry, on US 150, where he exited the vehicle and fled.

Police were forced to shut down the quarry and surround the area after Davidson hid under a nearby cliff.

Police ordered Davidson to surrender several times but the report says he refused to obey.

Troopers were able to reach Davidson, who then fought with officers but was subdued after being hit several times with a flashlight.

The report also says that Davidson stated that he "should have made us (the officers) kill him."

Once Davidson was arrested, and placed in the cruiser, police found several used needles, a glass smoking pipe, several empty plastic baggies with a "substantial amount of heroin" and

another plastic baggie containing meth. Police say there was also marijuana scattered on the floorboard of the truck that Davidson had been driving.

After the standoff, police made the arrest and then discovered seven other outstanding warrants for Davidson's arrest.

Davidson is being held at the Rockcastle County Detention Center charged with wanton endangerment, resisting arrest, trafficking heroin, trafficking meth, DUI, evading police, wanton endangerment of a police officer, evading second degree, driving on a suspended license, disregarding stop sign, disregarding traffic light, failure to register vehicle, failure to notify of address change, speeding, reckless driving, no seatbelt, no insurance card, several counts of flagrant nonsupport and possession of drug paraphernalia.

He is being held on a \$25,000 cash/property bond.

## Burn ban in effect

By: Mike French

Fire season is once again upon all Kentucky residents and Rockcastle County is no exception.

Beginning October 1st, it is unlawful to burn any material capable of spreading fire within 150 feet of woodland or brushland except between the hours of 6 p.m. and 6 a.m. or if the ground is covered in snow.

In fact, anyone violating the fire ban may be fined and if a fire gets out of control, the cost of putting the fire out may be the responsibility of whomever set the fire.

Officials say burning is safer at night because daytime temperatures tend to dry out fuels and wind speeds are typically greater during the day as well as humidity levels drop at night. The ban on daytime burning lasts until December 15th and begins again February 15th and runs to April 30th.

## Fall Break/bus drills planned

Rockcastle County Schools' fall break will be this week as there will be no school Friday, October 6th or Monday, October 9th.

The school system will also be conducting emergency bus evacuation drills Thursday, October 5th. RCHS and RCMS will dismiss classes at 2:45 and buses will proceed to the elementary schools where the drills will be conducted.

Parents are asked to adjust their schedule for the early dismissal on that day.

## Of Special Note Inside

- Viewpoints ..... Pg. A2
- Church News ..... Pg. B4
- Classifieds ..... Pgs. B6&7
- Courthouse News ..... Pg. B2
- Obituaries ..... Pg. A4
- Sports ..... Pg. B1 & A6

Contact us at: mvsignal@windstream.net  
Deadline submission is Noon Tuesday

Call  
606-256-2244 for  
Advertising &  
Subscriptions



## Aces Over

By: Mike French



I should be dead by now.

I have become so dependent upon that anti-bacterial hand cleaning stuff that I don't know how I made it before it was invented.

If I shake someone's hand or use a public ink pen at a quicky mart, I begin to shudder until I make my way to my truck where I have anti-bacterial handwiping stuff in my glove box, my console, my passenger seat and my door holder thing.

What kept me from getting deathly, flesh-eating diseases before that stuff came along?

Other health scares have followed me all my life.

It wasn't long ago that I was told by television commercials (upon which I base my very existence) that eating eggs would cause my insides to explode. The list of horrible things caused by eating eggs was too long to memorize so I printed it out and kept it by my breakfast table.

Then, soon after, I was told that eggs are like oxygen and are important to the very survival of the human species.

It was at that point that I began to count the days that I had avoided eggs due to health warnings, and planning whom I would sue over the lack of nutrition for each of those days.

Then came the times that I wasn't supposed to wear platform shoes (70s) because it was bad on my back. So I switched to Converse.

Soon (of course) they made exercise machines that imitate platform shoes for better spine alignment.

After all, we couldn't wear platform shoes anymore because it was out of style.

Over my years, I have seen health fads come and go so often that I gave up.

Now, I just sit at the kitchen table in the mornings with raw eggs and greasy bacon with a cigarette in my hand and an extra-sugar, extra-dark coffee. Whatever.

One thing I will never give up is chocolate. I'm not a huge sweet lover, but when that urge for a brownie hits my palate, it's a brownie or die.

If they ever make brownies illegal, that's when me and law enforcement will drift apart as friends and I will sign up for Obamacare because I'm going to be needing it.

I watched my 97 year-old grandfather spit tobacco into a coffee can between draws off his cigarette and I decided long ago, that I'm just planning to live my life and let everyone else tell me what I am doing wrong. While I pretend to appreciate their advice.

I know people should take the advice of their medical healthcare professional (now that my disclaimer is out of the way), but I have found that if I wait long enough, that thing I was supposed to quit, will be healthy again someday.

Here's hoping I'm a 97 year-old man brushing brownies out of my teeth with a piece of crispy bacon.

Otherwise, people can stand over my grave, nodding their heads and saying quietly, "He should have used anti-bacterial hand wash before he stuck that darn brownie in his mouth between cigarette draws."

## Points East

By Ike Adams



Saving seeds is not something I've seen very many people younger than me, other than my brothers and Laramie Adams there on Blair Branch, do in a long, long time. I've recently been posting facebook photos of at least 4 heirloom beans I grew this year, and no fewer than a dozen people have asked where I got the seeds. I tell them the whole story is too long but the short version is that I saved them from crops I grew sometime in the past.

At least two young women have told me that they didn't know you could do that. They honestly thought that they had to run out and buy them. I have no idea how they thought the store-bought seeds got made and didn't bother asking.

In my very earliest years growing up there on Blair Branch, folks saved seed for anything and everything they intended to grow. In those days, raising a vegetable garden was not an option. It was an absolute necessity if you didn't want to starve to death or had so much money you could buy whatever you wanted. Not a soul on Blair Branch had that kind of money.

By the time I was in grade school, commercial seeds had gained popularity and folks found it far more convenient to shell out a dime for a seed packet than it was to save seed of such things as lettuce, carrots, mustard, turnips, radishes and name your favorite salad fixing. But they still saved seeds for most of their main crop beans, potatoes, tomatoes, cucumbers, sweet corn etc.

Ditto for flowers. My mom and most of my aunts saved well over a dozen varieties of flower seeds year in and year out—cosmos, zinnias, marigolds, bachelor buttons, asters, cockscombs, touch-me-nots are just a sample of the ones I recall.

I recall asking a lady how she stored her flower seeds and she told me she put them in "buffalo sacks."

I couldn't wait to get home and ask Mom what on earth was a buffalo sack and why she didn't have some?

Turns out "Buffalo"

was the brand name of a smoking tobacco that came packaged in little 2 ounce cloth bags and neither of my parents liked it well enough to smoke it. But she did allow that the little draw-string "pouches" the stuff came in would be "handier than pockets on a shirt" when it came to saving flower seeds.

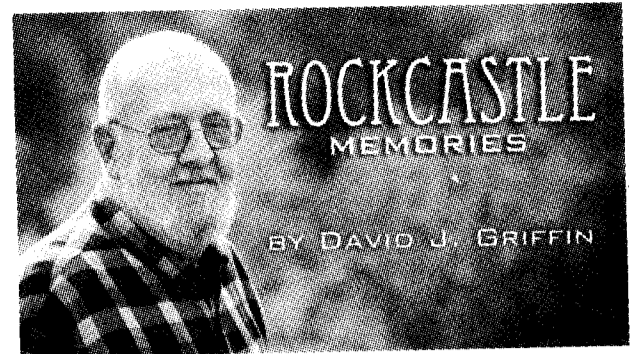
By the 1970s it was nearly impossible to find most heirloom vegetable seeds on the commercial market. If you were going to grow sweet corn, for example, you had no choice other than purchasing a hybrid. If you didn't like half runners, Kentucky Wonders, blue lake, and just over a dozen other varieties of green beans you were out of luck unless you had saved your own fall beans, greasy beans or cornfield beans or knew somebody who might share a few seeds.

I'd be willing to bet that I shared Bufford Caudill white fall bean seeds with upwards of 500 readers of this column in the late 1980s. I'd love to hear from anybody still growing them from the seed they originally acquired from me.

Anyway, that's what I've doing over the last week and will continue to do throughout October—saving Babe Beans, Big Johns, Lazy Wife and Red Eye fall bean seeds along with three or four varieties of tomatoes. However, because I am, for all practical purposes, one-handed and because Mr. Parkinson has no interest in such endeavors, I seriously doubt that I'll have any seed to share with readers this year. It simply takes me hours to perform hand work that I used to be able to do in less than 5 minutes.

However, come next spring, when the ground gets dry enough to plow, I'll have a much better handle on whether or not Mr. P is going to allow me to tend a garden. If it turns out that I'm unable to do so, I'll give away the seeds I'm saving then.

In the meantime I'm still a Boy Scout at heart. I aim to "be prepared."



*My Mother's Quilts*  
Now that fall is officially here and the forecast for evening temperatures is in the 40's, it is time to get out my mother's (Bee) wonderful quilts. I have a clear and distinct image in my mind of Bee sitting in front of our Warm Morning stove in the den accompanied by a bag of scrap pieces of cloth—old shirts, dresses, feed sacks, or whatever—as she patiently and carefully transformed those scraps into wonderfully warm covers for our beds.

Our house was small, with no insulation, and was heated by two wood burning stoves, one located in the kitchen and the other in the den. Bee warmed the kitchen and kept the water in the water heater hot by maintaining a constant fire in the kitchen. It was always as warm as toast in that special room.

The stove in the den was supposed to keep the rest of the house warm, but my bedroom was far from the den and could be freezing cold in the fall and winter months. On frigid nights, Bee would place several of her quilts, stacked one on top of another, on my bed to make certain that I was warm enough. To supplement the warming process, a warmed brick (previously heated on top of the Warm Morning stove) that was wrapped in a towel was placed under the quilts at my feet. I was "toasty" warm—but could hardly move due to the weight of those awesome quilts.

After Kathy and I married, she and Bee became very close. Bee was aware that both Kathy and I loved her handmade quilts, and she gave us several for our

home over the years. There is one in particular that she gave specifically to my wife. It was always one of my favorites because not only is it comprised of pieces of my childhood and baby clothing, it was usually on my bed when I was a teenager. It is, of course, a most prized possession of Kathy's.

At our home here on Furnace Mountain in Powell County, we still use several of Bee's handmade quilts from the beginning of fall through winter. They are some of our most cherished items. When I am sitting and watching television, with one draped over my lap, it brings back to my mind that precious image.

Then I remember all over again, watching her, nestled by that stove, carefully sewing small pieces of cloth together for a future quilt top. Those images and the memories they invoke make each of her quilts invaluable to me. Some are getting worn from use, but she would not have had it any other way. Bee's quilts help keep her close to me even now.

Rick Bragg, my favorite columnist, recently wrote: "Quilts, the kind made for warmth, instead of cash, are a thing of antiquity, their patterns a mystery slowly fading in an old woman's eyes." Now that man understands about quilts—and about the special women who made them.

*(You can reach me at themtnman@att.net or you can drop me a line at 2167 Furnace Road - Stanton, KY 40380. I appreciate your comments and suggestions.)*

The  
**Mount Vernon Signal**  
office will be closed  
Thursday and Friday,  
October 5 and 6.

## Mount Vernon Signal

Publication Number 366-000  
Periodical Postage Paid in Mt. Vernon, Ky. 40456  
606-256-2244

Published every Thursday since November, 1887. Offices in the Mt. Vernon Signal Building on Main Street in Mt. Vernon, Ky. 40456. Postmaster, send address changes to P.O. Box 185, Mt. Vernon, Kentucky 40456.

James Anderkin, Jr., Publisher Emeritus  
Perlina M. Anderkin, Publisher/Editor

### SUBSCRIPTION RATES

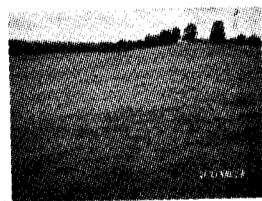
In County - \$23.00 Yr. Out-of-County - \$27.00 Yr.  
Out-of-State \$35.00 Yr.

e-mail address - mvsignal@windstream.net

## ABSOLUTE AUCTION

SAT October 7, 2017 10:00 a.m.

2633 Peggy Flats Road, Paint Lick, Madison Co., KY



Farm Viewing  
Sun. Oct. 1, 2017  
2:00-4:30 p.m.

180.63 Acre Farm

Location: approx. 2.3 miles off I-75 at Exit 77 in Berea, KY on Peggy Flats Road, approx. 1 mile from the city limits of Berea, KY.

We will be offering at absolute auction on October 7, 2017, at 10:00 a.m., this nice 180.63 acre farm. If you have been looking for a nice farm for your cattle or horse operation, look no further. This picturesque farm consist of 180.63 +/- acres, it has been well cared for. There has been a recent soil analysis conducted by the University of Kentucky Extension Office and is available upon request or day of auction. The farm is in good grasses and lays level to gently rolling. There is a good water supply for the farm including 1 large lake stocked with fish, 2 ponds, a small branch runs through the property, with city water available. The farm has lots of road frontage along Peggy Flats Road with 2 entrances, 100 feet and 50 feet. There is ample shade on the farm for your livestock.

The location of this farm is an idea investment with such large acreage it is possible to divide into smaller tracts. Located approx. 1 mile from Berea city limits with a nice view of a portion of the city of Berea from the property, conveniently located 2.3 miles from I-75 at Exit 77 in Berea, KY. The farm is located in a nice neighborhood with large houses in the area. If you have been looking for a nice farm with acreage, look no more. This is an exceptional farm for your farming operation. There was a recent survey of the property on December 18, 2016. This is a once in a lifetime opportunity to purchase a farm like this one at your own price.

NO BUYERS PREMIUM!

OWNER: Partial Estate of Earl & Guy Duerson

TERMS: 10% down on real estate day of sale; balance with deed & possession on or before 90 days or November 7, 2017. Not responsible for errors or omissions; all announcements day of sale take precedence over all printed materials; no warranty expressed or implied. Auctioneers/Broker/Seller Disclaimer: The information herein is believed to be correct to the best of the auctioneer's knowledge. The information is being furnished for the bidder's convenience and is the responsibility of the bidder to determine the information contained herein is accurate and complete. The property is being sold in as is condition.

For further information contact the selling agent: (859) 689-5668 or (859) 200-2190

REAL ESTATE BROKER/AUCTIONEERS

Rick Miller (App. Auctioneer) (859) 238-7761  
Mike Isaacs (Auctioneer) (859) 623-3668  
www.bershelmillerauction.com (859) 623-5708

**HERSHEL MILLER AUCTION CO**

Hershel Miller, Broker/Auctioneer (859) 236-4362  
Wayne Pollard Auctioneer (859) 200-2190  
244 S. Second St. Richmond, Ky. 40475

## ATTENTION CUSTOMERS

We will adjust our hours for  
**The Bittersweet Festival**  
October 6th and 7th

**Downtown Branch Lobby:**  
Will remain open until 4:00 PM Friday, Oct. 6th

**Downtown Branch Drive Thru**  
will CLOSE at 12:00 PM Friday, Oct. 6th

**The Downtown Branch Lobby & Drive Thru**  
will be CLOSED Saturday, Oct. 7th

### For your convenience

**Hwy 461 Drive Thru**  
will be open until 6:00 PM Friday, Oct. 6th

**Hwy 461 Lobby and Drive Thru**  
will be open 8:30-12:00 PM Saturday, Oct. 7th



**Community Trust Bank**

building communities...built on trust

www.ctfb.com

Member FDIC

*For catastrophic emergencies*

# Utilities join equipment sharing program

To help restore electric service to communities after catastrophic emergencies or significant natural events, 28 utilities – including Louisville Gas and Electric Company and Kentucky Utilities Company (LG&E and KU) and East Kentucky Power Cooperative (EKPC) – have now committed to participate in the RESTORE program, which establishes a proactive approach to providing critical equipment for utilities that need additional resources during disaster recovery. The program establishes a binding agreement between participating utilities.

The national importance of a strategic transformer reserve has been highlighted by the Department of Energy's Strategic Transformer Reserve Report to Congress earlier this year. Newly formed at the time of that DOE Report, the RESTORE program is now a fully functional collaborative effort that takes advantage of regional cooperation and is consistent with DOE's recommendation supporting voluntary industry-based options to address the reserve.

RESTORE, or Regional Equipment Sharing for Transmission Outage Restoration, was founded in 2016 by LG&E and KU, PPL Electric Utilities, Tennessee Valley Authority (TVA) and Southern Company to identify and share spare transformers and other transmission equipment, which will then be available for purchase by other participants in the event of a major di-

saster within their service area.

"Utility cooperation and the ability to call on additional resources play a critical role during times of natural disasters and other emergencies that can impact our electric transmission system," said John Lucas, Chair of RESTORE's Operating Committee and Southern Company General Manager of Transmission Policy and Services. "Launching the RESTORE program, coupled with existing industry programs and each utility's internal resources, further strengthens total grid resiliency for the region and electricity customers."

"Establishing these types of relationships and being able to call on more than 20 neighboring utilities at a

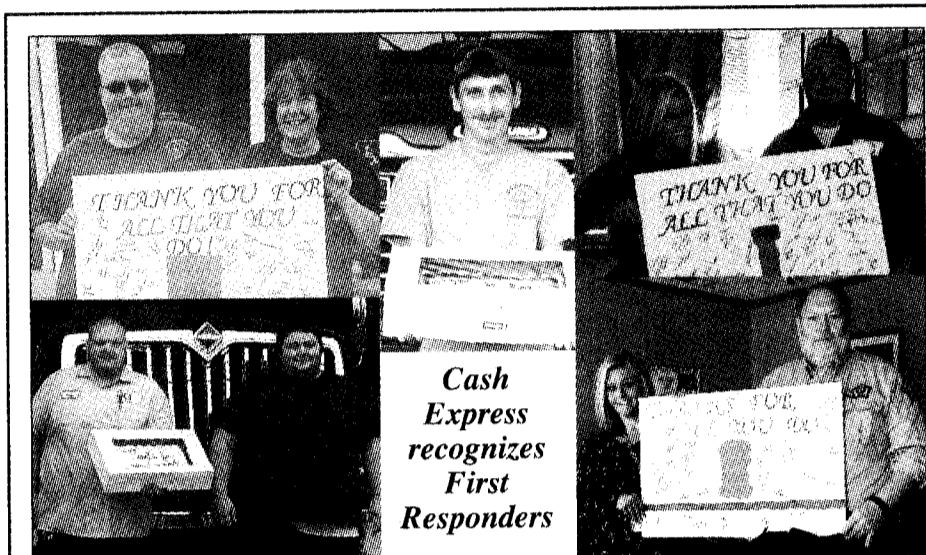
moment's notice will mean a more efficient response and expedited recovery when experiencing these types of emergencies," said LG&E and KU Vice President of Transmission Tom Jessee.

"This agreement provides flexibility to ensure the participating utilities have access to the resources we need to restore power in emergency situations," said Denver York, EKPC's Senior Vice President of Power Delivery and System Operations.

The program has now expanded to include 20 additional participating utilities: Ameren Missouri, Ameren Illinois, Ameren Transmission Company of Illinois, American Transmission Company LLC,

Associated Electric Cooperative, Inc., six Duke Energy utilities, Duquesne Light Company, East Kentucky Power Cooperative, Entergy Corporation, Florida Power and Light Company, ITC Midwest, ITC Transmission, METC, Santee Cooper, and South Carolina Electric & Gas Company.

RESTORE is designed to enhance the resilience and reliability of the power grid and provide additional sources for utilities seeking critical equipment during disaster recovery and does not replace existing programs or agreements already in place. The RESTORE agreement is now in place among all participating utilities, except a few that must first obtain state approval to execute the agreement.



Cash Express recently recognized First Responders by presenting them with a cake and thank you poster boards signed by customers. Pictured are representatives of the Rockcastle Sheriff Office, Livingston Fire Department, Brodhead Fire Department, Mt. Vernon Fire Department and Brindle Ridge Fire Department.

## Signal office will be closed Thursday and Friday

### Rockcastle Community Bulletin Board

**Sponsored By**  
**Cox Funeral Home**

**Family Owned & Operated Since 1907**  
80 Maple Drive, Mt. Vernon, Ky. Ph. 256-2345  
Toll Free 1-888-825-2345 • 24-Hour Obit Line 256-5454  
[www.coxfuneralhomeky.com](http://www.coxfuneralhomeky.com)

**Bookmobile Schedule**  
**Monday, Oct. 9th:** Brodhead and Copper Creek. **Tuesday, Oct. 10th:** Green Hill, Fairview, Lambert Road, Brindle Ridge. **Wed., Oct. 11th:** Child Development, Seek 'n Learn, Tic-Toc Preschool, Lisa's Little People. **New and Gently Used Books** available for a small donation at the Rockcastle County Public Library Monday, Oct. 2nd through Sat., Oct. 14th. Library hours: 9:30 a.m. to 6 p.m. Monday thru Friday, 9:30 to 2 p.m. Saturday.

**No Permit Test October 6th**

There will be no permit test given on Friday, October 6th due to training.

**KRP Meeting Oct. 18th**

The Cumberland Valley Chapter of the Kentucky Public Retirees (KPR) will meet Wednesday, October 18th at the Golden Corral Restaurant (next to Wal-Mart) in London. Mealtime will begin at 11:30 a.m. with the meeting to follow. Guest speaker will be Kentucky Attorney General Andy Beshear. Any retiree (and spouse) receiving retirement benefits from KERS, CERS or SPRS is welcome to attend. Membership information will be available at the meeting or on the website ([kentuckypublicretirees.org](http://kentuckypublicretirees.org)). For more information, call 606-260-0490.

**WWI Rockcastle Veteran Tribute**

**We Need You!** The Rockcastle Chapter DAR needs the community's help with the upcoming 100th Anniversary of WWI Tribute to Rockcastle's veterans of the "Great War." If you have photos, stories, memorabilia or any other information pertaining to these soldiers, please let us know. All efforts are being made to ensure that all veterans are included, and their stories told. Deadline for submitting information will be **October 31, 2017**. Contact Karen Adams, 859-273-9105 or [adamskaren11@cs.com](mailto:adamskaren11@cs.com).

**Bus Drills/Early Dismissal**

Rockcastle County Schools will be conducting Emergency Bus Evacuation Drills on Thursday, October 5th. Rockcastle County High School and the middle school will dismiss at 2:45 p.m. Buses will proceed to the elementary schools where the drills will be conducted. Please adjust your schedule for this early dismissal. **No school on Friday, October 6th and Monday, October 9th** for fall break.

**RRTA Meets October 18th**

Rockcastle Retired Teachers' Association will meet on Wednesday, October 18th at 11:30 at Limestone Grille. Ky. State Senator Jared Carpenter and Rep. Jonathon Shell will be the guest speakers. Please plan to attend and invite a former colleague to join us!

**Livingston School Reunion**

The Livingston School Reunion will be this Saturday, October 7th in Livingston. Registration will be from 3 to 4 p.m. in the Trail Town Visitor's Center. In lieu of a registration fee, individuals are asked to make a voluntary donation to the Livingston School Revitalization Fund. All former students, teachers, family and friends of the Livingston School are invited to attend. For questions or more information, call Barbara Marshall Castleberry at 256-9188.

**Chamber of Commerce Meetings**

The Rockcastle County Chamber of Commerce meets once a month, on the third Tuesday, at noon at Limestone Grille. All members are encouraged to attend.

**VFW Post Item**

VFW Post 5908 at Lake Linville welcomes all members and is also looking for new and associate members. New hours are: Wed. - Sat., 5 p.m. to 7 p.m. Call 606-386-1490 for more information.

**Rockcastle County Recovery Meetings**

\***Celebrate Recovery-Brodhead:** Located in the Community Outreach Center (next to Fairgrounds), every Monday, 6 to 8 p.m. 606-308-3368 or 606-308-3099.  
\***Celebrate Recovery-Northside Baptist** every Tuesday, 6 to 8 p.m. 606-256-5577.  
\***Celebrate Recovery-Step Studies.** Northside Baptist, Wednesday at 7 p.m. 606-256-5577.  
\***Broken Chains Bible Study** at Cruisers Motorcycle Sales on Hwy. 25 North, 4 miles north of Mt. Vernon every Thursday at 6:30 p.m. 859-302-2431.  
\***Celebrate Recovery-Livingston** at Livingston School cafeteria. Friday, 6 to 8 p.m. 859-314-7828.

**DAR Meetings**

The Rockcastle Chapter of the Daughters of the American Revolution meets the first Monday of each month, September-May at 6 p.m. at First Christian Church in Mt. Vernon. All prospective members are welcome to attend.

**Brodhead Lodge Meeting**

The Brodhead Masonic Lodge #566 meets every third Saturday at 7 p.m. on Main Street in Brodhead above Brodhead Pharmacy.

**Alcoholics Anonymous**

Alcoholics Anonymous meets Tuesday nights at 8 p.m. behind Our Lady of Mt. Vernon Catholic Church on Williams St. in Mt. Vernon.

**Kiwanis Club Meetings**

The Rockcastle Kiwanis Club meets every Thursday at noon at the Limestone Grill. Everyone is invited.

**Historical Society Hours**

The Rockcastle Historical Society is open on Mondays from 10 a.m. to 2 p.m. in the RTEC garage building.

**American Legion Post 71**

American Legion Post 71 meets the second Thursday at 6 p.m. of each month at the Limestone Grill. Commander Rick Bobo (308-2271) invites all Rockcastle veterans to join this organization that honors American soldiers, sailors and airmen.

The Mount Vernon Signal office will be closed Thursday and Friday, October 5 and 6

**Employee Yard Sale**

9 a.m. to 5 p.m. Thursday and Friday Senior Center next to Lumber King

**Halls of Doom Haunted House**

Basement of School House at Livingston



Starts Fri., Oct. 13th & Sat., Oct. 14th

and continues every Friday and Saturday through Nov. 3rd and 4th. Also open Trick or Treat Night, Tuesday, Oct. 31st  
**Semi-Lighted Tour 7 to 7:30 p.m.**  
Children Free but must be accompanied by an adult - Adults \$2.50  
**Full Scare begins at 8:15 p.m.**

## Mamaw's Kitchen

By Regina Poynter Hoskins

**CROCK POT BEEF STEW**

- 2 pounds chuck meat, cut into cubes
- 1/4 cup flour
- 2 tablespoons olive oil
- 1/2 cup red wine or water
- 1 cup beef stock
- 2 potatoes, peeled and cubed into 1-inch pieces
- 2 stalks celery, sliced
- 2 carrots, peeled and sliced
- 1 large onion, chopped into cubes
- 2 garlic cloves, minced
- 1 teaspoon salt
- 1 can (15 ounce) diced tomatoes

Place the cubed meat and flour in Ziploc bag, seal and shake until the pieces are fully coated with flour. Heat the olive oil in a large sauté pan over medium high heat and sear the pieces of meat for 4 minutes until all sides are nicely brown. Remove the meat from the pan and place in the crock pot. Add the red wine or water and stock to the sauté pan. Scrap off the bits of meat that have browned in the bottom of the pan. Bring mixture to a boil; let boil for one minute. Add liquid to the crock pot along with remaining ingredients; stir to combine. Cook on low for 6 to 8 hours.

**HAMBURGER STEAKS WITH ONION GRAVY**

- 1 package (1 pound)

- ground beef
- 1 egg
- 1/3 cup bread crumbs
- 1/2 teaspoon black pepper
- 1 tsp. salt
- 1/2 teaspoon onion powder
- 1 clove garlic minced
- 1 teaspoon Worcestershire sauce
- 1 teaspoon oil
- 1 and 1/2 cups thinly sliced onion
- 2 tablespoons all-purpose flour
- 1 cup beef broth
- 1/2 teaspoon salt

In a large bowl, mix together the ground beef, egg, bread crumbs, pepper, salt, onion powder, garlic, and Worcestershire sauce. Form into thick patties. Heat the oil in a large skillet over medium heat. Fry the patties and onion in the oil until patties are nicely browned. Remove the beef patties to a plate, and keep warm.

Sprinkle flour over the onions and drippings in the skillet. Stir in flour with a fork, scraping bits of beef off the bottom as you stir. Gradually mix in the beef broth. Season with seasoned salt.

Simmer and stir over medium-low heat for about 5 minutes, until the gravy thickens. Turn heat to low, return patties to the gravy, cover, and simmer for another 15 minutes. Serve with a big bowl of mashed potatoes

AUTO | HOME | LIFE | BUSINESS | A MEMBER SERVICE | KYFB.COM

## If Kentucky Farm Bureau isn't looking out for you, then just look out.



Who's behind you when you are behind the wheel? Talk to a Kentucky Farm Bureau agent today about the variety of affordable auto policies and money-saving discounts available.\*

\* Discounts subject to eligibility.

**Marlene Lawson, Agency Mgr.**

Shelly Mullins - Agent • John Lawson - Agent  
U.S. Hwy. 25 S. • Mt. Vernon

**606-256-2050**

KENTUCKY FARM BUREAU



**BIG ON COMMITMENT.**

# Obituaries

## Sheila Ann Bullock

Sheila Ann Bullock, 75, of Mt. Vernon, died Thursday, September 28, 2017 at Rockcastle Regional Hospital. She was born in Bridgeport, CT on November 22, 1941, the daughter of Robert and Ruth Fernley West. She was a homemaker and a member of Sand Springs Baptist Church. She enjoyed her grandchildren and her dog "Pepper".



She is survived by: her three sons, James (Amanda) Bullock, Jr., Tony (Susie) Bullock and Pate (Lisa) Bullock; two daughters, Georgette (Tom) Tyler and Gloria (Terry) McKinney, all of Mt. Vernon; and three brothers, Ronnie West, Buddy West and Jimmie West, all of Connecticut. Also surviving are 14 grandchildren and

three great grandchildren. In addition to her parents, she was preceded in death by: her husband, James Bullock; three sisters, Patty Nickle, Ruthie Keys and Sissie Blade; two brothers, Bobby West and Dickie West; and one granddaughter, Sarah Beth McKinney.

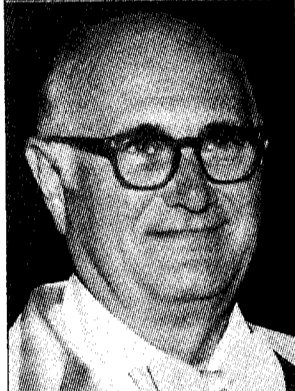
Funeral services were conducted Monday, October 2, 2017 at Dowell & Martin Funeral Home by Bro. Eugene Gentry. Burial followed in the Marler Cemetery.

Pallbearers were: Terry McKinney, Jr., Shane Bullock, Anthony Bullock, Pate Bullock, Jr., Tony Bullock, Jr., Matthew Bullock and Ethan Cromer.

Please visit [www.DowellMartin.com](http://www.DowellMartin.com) to view online obituary.

## Austin Dyche Ponder

Austin Dyche Ponder, 97, of Stanford, died Saturday, September 23, 2017 at his residence. He was born in Red Hill on March 28, 1920, the son of Daniel Minitree and Mary Ann Mullins Ponder. He was a farmer, a KY Colonel and a WWII Navy and Army Air Corps veteran. He was member of Gilberts Creek Baptist Church in Garrard County.



He is survived by: two sons, Bill Frank Ponder of Stanford and Jeff and Kathy Ponder of Lexington; and two

daughters, Juddie and Ed Donaldson of Versailles and Jennifer Ponder of Victor, ID. Also surviving are: 10 grandchildren, Dan Lewis, Kathy Lewis, Aubrey Donaldson, Austin Donaldson, Zelle Donaldson,

Amy and Andrew Ginn, Logan Ponder, Emily Ponder, Carly Woken and Lily Wolken; and two great grandchildren, Matthew Ginn and Merritt Ginn. In addition to his parents, he was preceded in death by: his wife, Margaret Ponder; three brothers, Seldon, Dale and Caleb Ponder; and two sisters, Agnes Carroll and Bernice Griffin.

Memorial services were conducted Saturday, September 30, 2017 at the Dowell & Martin Funeral Home Chapel by Bro. Morris Trayner.

Please visit [www.DowellMartin.com](http://www.DowellMartin.com) to view online obituary.

## Card of Thanks

### Shannon C. Vaughn

The family of Shannon C. Vaughn would

like to say a very heartfelt thank you to all friends and family for your kindness, prayers, and support through such a difficult time for us.

Also, a special thank you to Dr. Williams and ER staff at Rockcastle Regional Hospital, the Marvin E. Owens Home for Funerals, Hospice, and Northside Baptist Church.

Thank you so much for all your patience, sympathy, and kindness.

*God Bless You All,  
The Vaughn,  
Roundtree, Weathers  
Families*

**NOTICE**  
This is to notify the general public that CareSource® will not be offering the CareSource Advantage® Zero Premium (HMO), CareSource Advantage® (HMO) or CareSource Advantage Plus® (HMO) plans in any counties in <Indiana or Kentucky> in the 2018 plan year. If you have one of these plans, your coverage will end on December 31, 2017. Switch to a new Medicare plan before December 31, 2017 to make sure you're covered on January 1, 2018, please call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

## Lloyd Wayne Vance

Lloyd Wayne Vance, 75, of Mt. Vernon, husband of Barbara, died Monday, September 25, 2017 at his residence with family by his side. He was born November 26, 1941 to the late William and Isabelle (Kirby) Vance in Chestnut Ridge. On July 3, 1963 he was united in holy matrimony to Barbara Kirby and from that union came Danny, Kim, Kathy, Noreen, Melissa and Satica. He worked for the Rockcastle School Bus Garage and enjoyed collecting knives and guns.

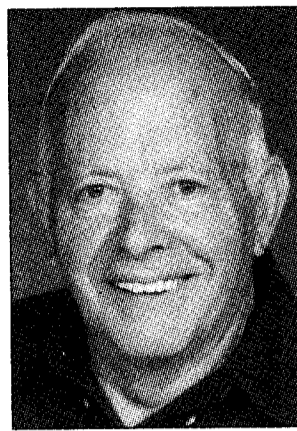
Those left to celebrate his life are: his wife of 54 years, Barbara Vance; children, Danny Vance of Mt. Vernon, Kim (Steve) Hunter of Mt. Vernon, Kathy (Joe) Baldwin of Crab Orchard, Noreen (Joe) McClure of Mt. Vernon, Melissa (James) Morris of London and Satica Wagers of Mt. Vernon; grandchildren, Nikki Vance, Casey McClure, Chandler Hunter, Nakeshia Pulliam, Zack McClure, Abby Woodall, Spencer Baldwin, Michaela Hunter, Austin Morris and Alyssa Wagers; great grandchildren, Bryce, Grayson, Amira, Phoenix, Sebastian, Myla, Harley and Hunter; as well as many friends and neighbors.

Besides his parents, he was preceded in death by his sister, Loretta McFerron.

Funeral services were conducted Wednesday, September 27, 2017 at Chestnut Ridge Church with Bro. James Carpenter officiating. Burial was in Kirby Family Cemetery.

Casketbearers were: Chandler Hunter, Spencer Baldwin, Austin Morris, Zach McClure, Zake Woodall and Damien McDaniels.

Honorary casketbearer was Casey McClure.  
Condolences may be made at [www.marvineowensfuneralhome.com](http://www.marvineowensfuneralhome.com)



## Betty Nicholas

Betty Jean Smith Nicholas, 73, widow of the late Kenneth Earl Nicholas, died Tuesday September 26, 2017 at the Compassionate Care Center in Richmond. She was born September 24, 1944 in Rockcastle County, to the late Lee Roy and Josie Mae Damrell Smith. She was a member of the Women's Industrial, she loved to dance, especially clogging, a care giver and mother to all. She was of the Baptist faith.

She is survived by: three daughters, Krystal Nicholas (Phillip Hughes), Gloria Smallwood and Betty (Carlton) Hunt, all of Berea; one grandchild, Stacy (Kenneth) Kelley of Berea; seven great grandchildren, Natalee Reed, Gary Joshua Reed, Robert Austin Reed, Elizabeth Eversole, Destiny Eversole, Preston Kelley and Kennedy Kelley, all of Berea; and two brothers, William (Kathy) Smith and Ray (Mary) Smith, both of Berea. Other than her parents and husband, she was preceded in death by: one grandchild, Gary Reed; one sister, Martha Burnice Rucker; and four brothers, Cecil Smith, Herman Smith, Hampton Smith, and Howard Smith.

Funeral services were held Friday, September 29, 2017 at Davis & Powell Funeral Home with Bro. Don Breeden officiating. Burial was in the Berea Cemetery.

Pallbearers were: Phillip Hughes, Stacy Kelley, Carl Hunt, Billy Barrett, Billy Smith, David Smith, Marvin Smith and James Robert Smith.

[www.davisandpowellfuneralhome.com](http://www.davisandpowellfuneralhome.com)



## State Council meets to support military children

The Kentucky State Council for the Military Interstate Children's Compact Commission (MIC3) met Sept. 29 to renew its mission of supporting military families who transition between school systems.

When a member of our armed forces is transferred to Kentucky, I want them to find this state and its school systems waiting with open arms, said Gov. Bevin. As Kentuckians and Americans, we should find ways to intentionally express our gratitude to these brave men and women. I am thankful to see this commission at work in Kentucky, and look forward to seeing how it will help honor those who put their lives on the line to defend and secure our liberty.

Military families move between postings on a regular basis. While reassignments are often beneficial to a service members career, they can also add stress to military families, especially children. Issues facing these children include: Losing and making new friends, adjusting to new cities and bases, fitting in with new extracurricular/sporting teams and changing schools. The armed services and Kentucky have made great efforts to ease the transition of personnel, spouses and children.

Kentucky's MIC3 council has set an example of excellence on multiple occasions with how well it responded to the needs of our military families, and I'm looking forward to the impact we will continue to make, said Col. (Ret.) M. Blaine Hedges, commissioner for the Kentucky MIC3 council. We have a solid group of professionals, including legislators, local officials, Department of Defense leadership and the Kentucky Department of Education, and we are working toward a shared vision.

The average military student faces transition challenges more than twice during high school, and most

military children will attend between six and nine different school systems in their lives from kindergarten to 12th grade. More than half of all military personnel have dependents, and the impacts of reassignment and long deployments are key considerations when making long-term life choices.

One of the critical aspects of a states membership in MIC3 is its obligation to ensure they hold State Council meetings on a regular basis. This provides the opportunity to plan strategies, and provide a forum to share stories and best practices, said Cherise Imai, National Executive Director of the MIC3. It is a testament to Kentucky and the other states engaging their councils that shows the importance they all place on these meetings. We salute military members that sacrifice so much for this country but remain focused on those left behind, the military children.

The Interstate Compact on Educational Opportunity for Military Children was developed by the Council of State Governments National Center for Interstate Compacts, the U.S. Department of Defense, national associations, federal and state officials, state departments of education, school administrators and military families. The MIC3 is a governmental entity operating under the Interstate Compact on Educational Opportunity for Military Children. All 50 states and the District of Columbia are members of the compact, which ensures the uniform treatment of military children transferring between states and public school districts.

For more information about the Kentucky council, visit <https://education.ky.gov/educational/Pages/Support-Our-Military-Families-in-School-Transitions.aspx>.

To learn more about MIC3, please visit [www.mic3.net](http://www.mic3.net).

## Lost Dog!

Male boxer missing from Hwy. 1505 and Copper Creek hill area. Tan w/ black face.

*Sadly missed by little girls that loves him!*

Anyone with information please call 606-308-1890

## Bus Drills Early Dismissal

The Rockcastle County Schools will be conducting Emergency Bus Evacuation drills on Thursday, October 5, 2017. The Rockcastle County High School and Middle School will dismiss at 2:45 p.m. Buses will proceed to the elementary schools where the drills will be conducted. Please adjust your schedule for this early dismissal.

**NO SCHOOL**  
on Friday and Monday,  
October 6th and 9th for  
Fall Break



## King's Eye Care

"Our Focus is on Your Eyes"

Dr. Gary E. King & Dr. Sarah King - Optometrists

Eye Exams • Contact Lenses • Glasses  
Evening Appointments Available

859-986-7027

800-347-2318

109 Boone St. • Berea, KY 40403  
[www.eyedoctorberea.net](http://www.eyedoctorberea.net)



## Rockcastle County Property Taxes 2017

The property tax bills will be mailed out October 1, 2017. Payment for bills cannot be accepted before October 1st.

If you do not receive bill by October 5, 2017 please contact the

**Rockcastle Sheriff's Department,**  
205 East Main St. Box 2,  
Mt. Vernon, KY 40456.  
606-256-2032.

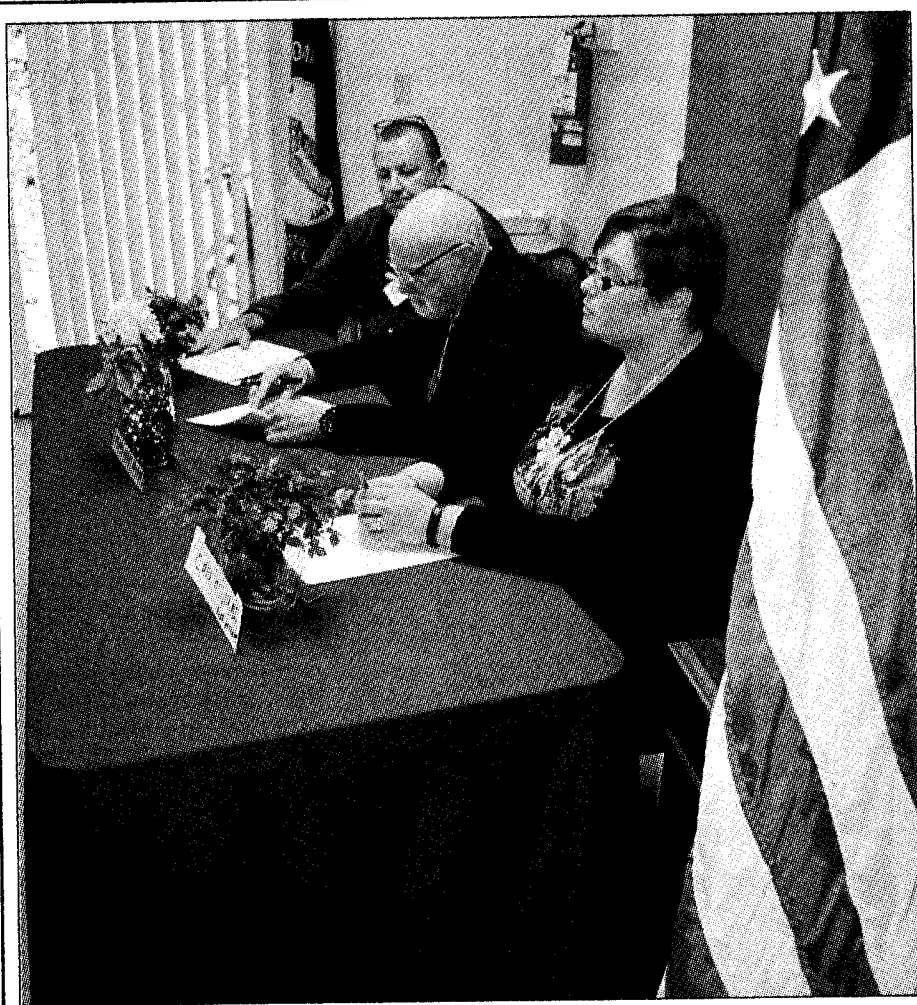
Business hours:  
Monday - Friday 8:30 a.m. - 4:00 p.m.  
Saturday 8:30 a.m. - 12 Noon

Property tax bills can also be viewed on the Rockcastle County Department website at [rockcastlekentuckysheriff.com](http://rockcastlekentuckysheriff.com)

	Starting Date	Ending Date
2% discount	Oct. 1, 2017	Nov. 1, 2017
Face amount	Nov. 2, 2017	Dec. 31, 2017
5% Penalty	Jan. 1, 2018	Jan. 31, 2018
10% Penalty+	Feb. 1, 2018	Apr. 15, 2018
10% Add-On		

We can only take credit card payments in person, we cannot accept online or over the phone payments.





### Mental Illness Awareness Month

For the seventh consecutive year, Mount Vernon Mayor Mike Bryant has signed a proclamation designating September as Mental Illness Awareness Month. The signing was at a ceremony held at the Cumberland River Comprehensive Care Center Monday, September 25. Bryant said the center, along with NAMI (National Alliance for Mental Illness), creates many programs in the area which help educate the community and erase the stigma related to mental illness. Shown above are City Councilman and NAMI President Wayne Bullock, Mayor Bryant, and NAMI Vice President Cassie Kendrick.

### "Court"

(Continued from front) pads plus two larger handicap accessible pads, panic hardware and automatic closures. There will also be additional engineering fees associated with the additions, Dyehouse said.

With these additions, the cost of the building now stands at something over \$250,000. The county received \$130,945 in grants

and an additional \$40,000 from four sponsors (in the amount of \$10,000 each) - Rockcastle Regional Hospital, Rockcastle County Extension Service, Farm Bureau Insurance and the City of Mt. Vernon-Rockcastle Tourism.

Dyehouse also told the court, "I don't think there will be any problem renting the building (for events)."

He also said the fair board looked forward to working with the court and the parks and recreation board in utilizing the building to its fullest.

He said he had already received a serious inquiry about renting the building, from a barrel racing organization, for 10 Saturdays from November to March. He noted that this type of building is the only one available in a several county area, except for one in Madison County.

The court approved the expenditure for these additions.

### "Safe"

(Continued from front)

have an ear to the ground and an eye on the events to help keep everyone safe."

The extra attention was all part of the "clean and safe" goals of organizers this year as many new and bigger events have been added to keep local residents busy for the entire two-day event.

"This extra attention not only keeps our local residents clean and safe, but it also helps put our best foot forward for the countless visitors to our city from across the state and other states as well," said Bray. "This event helps make our city even more attractive to potential new businesses and to those who may be thinking about moving to the area."

Though the official dates of the festival are October 6 and 7, the weekend of festivities will actually be kicked off with a car show held on Main Street on October 5th.

Among the many activities this year are performances from Sonya Blaydes, Joseph Young, the Strait Shot Band, David Lunsford, Level Green, the Wild River Band and the Bittersweet Cloggers to name a few.

There will also be an arm wrestling contest and a frozen t-shirt contest along with the usual 5K run/walk and the parade, which will be at noon on October 7.

This year will also include inflatables and free hot air balloon rides at 5 p.m. at Mount Vernon Elementary School, along with toy train rides, a bass tournament and hoola-hoop contests.

The weekend will be filled with non-stop activities for visitors of all ages and is free and open to the public. Everyone is encouraged to attend and take part in the family atmosphere.

(See advertisement detailing events and times on B-8 of this week's Signal).

## Upcoming Reunions

### Brummett/Wilson Reunion

The Brummett and Wilson Family Reunion will be held Saturday, October 7th at Quail Community Park on Hwy. 70. Bring a covered dish. Everyone invited.

### Horselick Reunion

The Horselick Reunion (formerly called the Carpenter/Phillips Reunion) will be held October 8th at the Lawrence Phillips Place at Horselick Creek in Jackson County for anyone who would like to attend. A potluck lunch will be served at noon. Bring a covered dish, chair and old photos. For more information, call 453-2181.



Matthew Nicely harvested this nice 10 point buck in Rockcastle County on September 30th.

## Abby-Marie Langford Scholarship Ride

Saturday, Oct. 7th  
10 a.m. to 3 p.m.

Registration starts at 10 a.m.  
Main parking lot at  
Renfro Valley Entertainment  
behind little white church  
Hosted by: Joe Bussell, Jr.



Kickstands up at 11 a.m.

\$10.00 for riders, \$5.00 for passengers.

Help us help other children in memory of  
Abby-Marie Langford.

All donations go to fund two scholarships for  
graduating seniors.

### "City"

(Continued from front)

use the building and any remaining work will resume after next year's budget is completed in July.

The construction includes turning the existing police department, currently in the basement of City hall, into a storage and filing area for both City Hall documents and police evidence as well as possibly include an office for a records keeper.

### Commission seeks participation

The Kentucky Fish and Wildlife Commission modified the elk voucher cooperators and elk restoration permit program and boating regulations at its quarterly meeting Sept. 8.

The Commission recommends all hunting, fishing and boating regulations for approval by the General Assembly and approves all expenditures by the Kentucky Department of Fish and Wildlife Resources. All recommendations must be approved by legislators before they become law.

In wildlife-related business, the Commission proposed modifying the point system used for the Voucher Cooperator Elk Permit and the Elk Restoration Permit programs in an effort to increase landowner participation. Commissioners voted to reduce the number of points needed by participating landowners to receive an elk permit. Commission members also recommended requiring

elk guides to report elk wounded by clients.

In other wildlife-related business, commissioners proposed adding a third quota fox hunting field trail at Clay Wildlife Management Area (WMA) in Nicholas County for the last weekend in February. They also recommended changes to testing and permitting requirements for falconry.

In boating-related business, the commission recommended creating a maximum centerline length of 24 feet for monohull boats with seating for at least eight passengers on the following lakes: Guist Creek Lake in Shelby County, Cedar Creek Lake in Lincoln County, Lake Beshear in Caldwell and Christian counties and Lake Malone in Muhlenberg, Todd and Logan counties.

If approved by legislators, the boating regulation proposed at the meeting would take effect March 1, 2018.

# Anthem

**You can have an affordable managed care plan with the freedom of choice and the security of Anthem Blue Cross and Blue Shield — Blue Access.**

*Stop by and see  
Marlene Lawson  
for all your life and  
health insurance needs!*

**(606)  
256-2050**

*Visit us on the Internet at <https://www.kyfb.com/rockcastle/insurance/>*

## On-Site Computer Service

**Call and let us come to you for all your computer needs!**

Setup, Consultation, Software/Hardware Conflicts  
Virus/Spyware Removal

**Spencer Bengé • 606-308-5653**

## 2017 "Paint the World Pink" T-shirts are now on sale!

*Shirts are navy blue with bright pink, lime green, and white designs.*

**\$12 • Youth M-L, Adult S-XL  
\$14 • 2X      \$15 • 3X**

To purchase, see any of the "Grandmas for Awareness": Sue Hamm, Carol Pybas, Bonnie Neely, or Gayla Winstead. Or call (606)308-2912 or (606)308-3060.

Proceeds benefit "Grandmas For Awareness" to support local cancer programs.

**SPECIAL THANKS TO OUR 2017 SPONSORS:**

- A&J Nicely Insulation, Inc.
- Brodhead Farm Services
- Brodhead Pharmacy
- Cedar Rapids Golf Course
- Citizens Bank
- Collins Respiratory Care
- Community Trust Bank
- Deb's Variety Shop
- Design & Service
- Econo Lodge - Mt. Vernon
- Ford Brothers, Inc.
- Grandtazztics
- Kentucky Farm Bureau
- Limestone Grille
- Marcella's Farm to Fork
- Mount Vernon Signal
- Mt. Vernon Drug
- Rockcastle Professional Pharmacy
- Rockcastle Regional Hospital
- Rocket Storage
- State Farm - Mt. Vernon

*Mastercraft*  
TIRES

GET UP TO  
**\$60**

Promotion valid from  
October 1 - November 15, 2017

158 Grand Touring

Courier AX1

Courier MXT

Courier HX1

Courier HXT

**BISHOP**  
TIRE & TRUCK  
ACCESSORIES  
**606-256-4029**

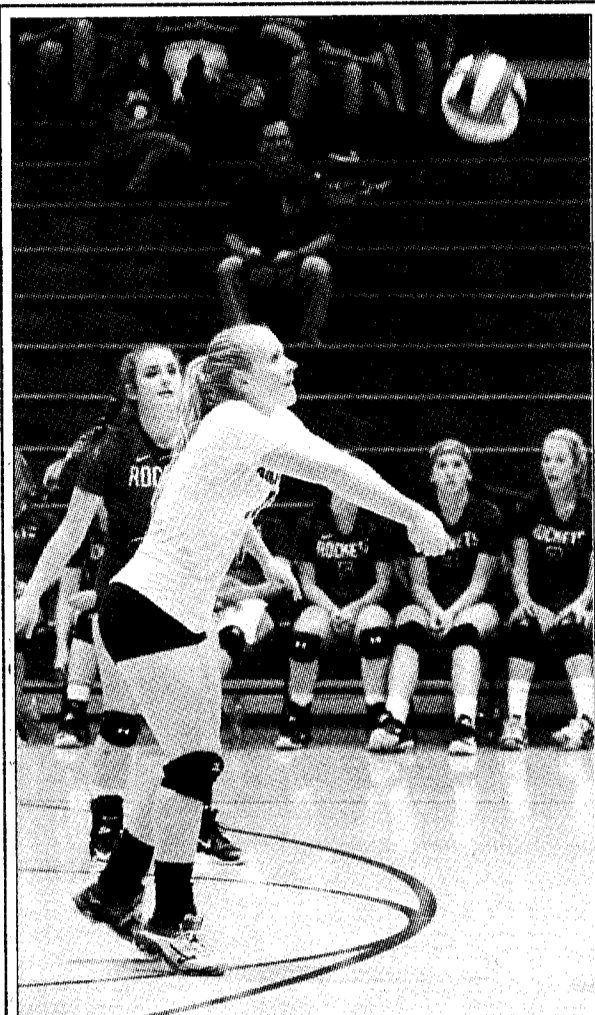
Open Monday - Friday 8 a.m. to 6 p.m. • [sales@bishoptires.com](mailto:sales@bishoptires.com)

For more information, call 844-656-5370 or go to [www.MastercraftTires.com](http://www.MastercraftTires.com)

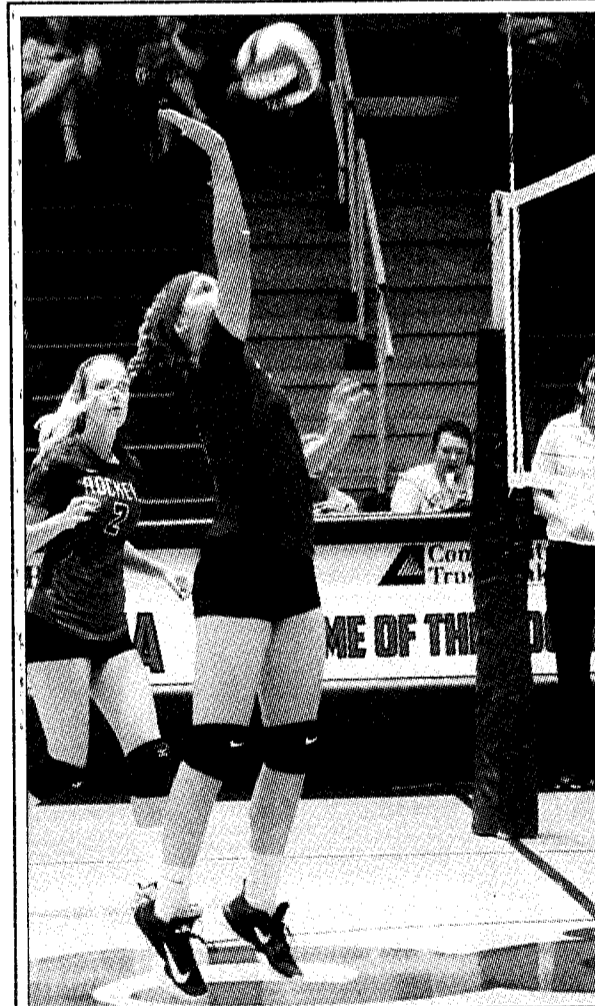
# SPORTS

## 8th grade football in state tourney

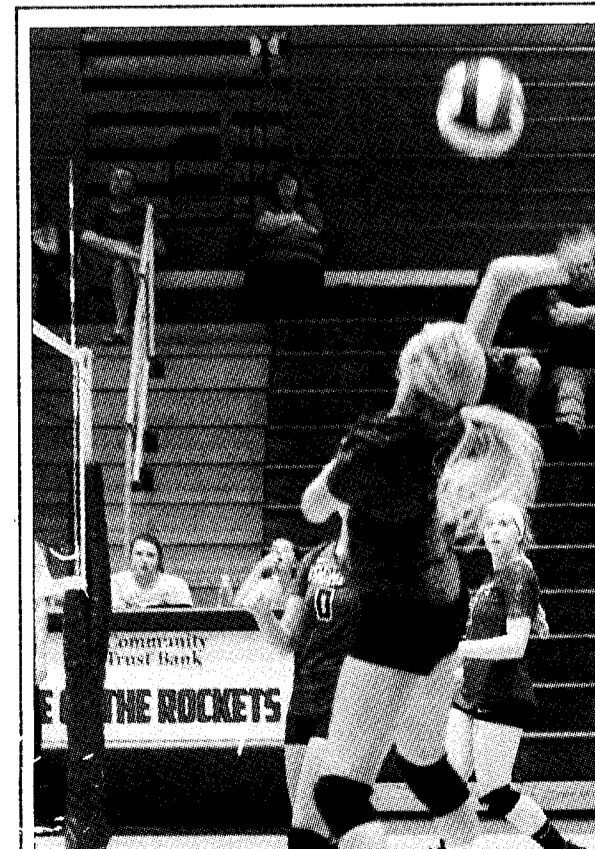
RCMS 8th grade football will take part in the 2017 8th Grade Division 2 State Playoffs this Saturday when the travel to Northern Pulaski. The Rockets will take on Letcher Central at 3 p.m.



Senior libero Emily Deubel makes a pass during the Rockets' win over Danville last week, 25-6, 25-7 and 25-15. The Rockets also picked up a 3-0 win over Burgin and a 3-1 win over Somerset last week. Monday night, the Rockets hosted Whitley County and lose the best of five match, 3-1. They were set to face Garrard County Tuesday night and travel to North Laurel this Thursday for a 5:30 matchup with the Jaguars.



Freshman Jordan Eaton goes up for a kill in the Rockets' win over Danville last week.

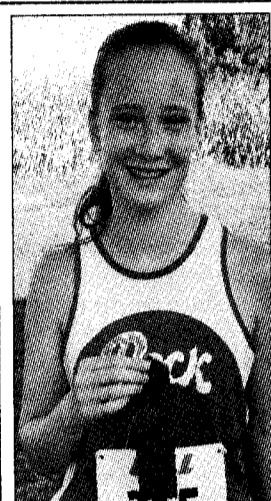


Senior Sarah Roberts attempts a kill in the Rockets' 3-0 win over Danville last week. The Rockets also picked up victories last week over Burgin and Somerset.

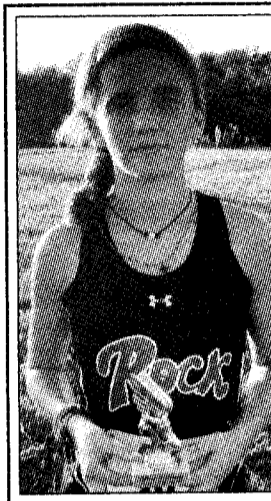
The RCMS girls' cross-country team won the Central Kentucky Conference Championship last Tuesday at Shelby County High School. They defeated runner-up Woodford County by 13 points. The team also ran well at the Greater Louisville Classic. Despite having many of their top athletes missing, the team placed 20th overall out of over 40 schools and nearly 300 athletes that participated.



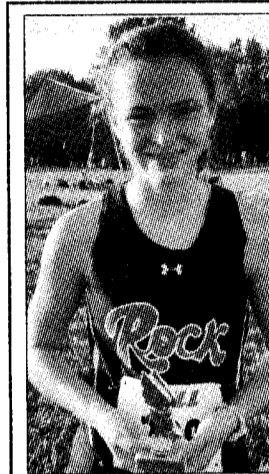
Over the two day event, over 7,000 athletes from elementary school to college participated. Team members are front from left: Lila Holt, Daisy Flannery, Maliyah Swinney, Chelsi Laswell, Jenna Loudermilk, Learn Reagan and Abby Burdette. Back row from left: Darla Delph, Bethany Martin, Jailey Martin, Allie Martin, Emma Watson and Destiny Bullen.



Eighth grader Jailey Martin earned a ribbon with an awesome 25th place finish overall at the Central KY Conference Championships on Tuesday in Shelby County.



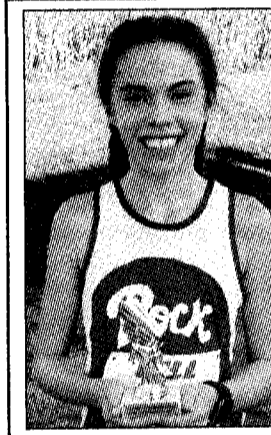
RCHS freshman Jasmine Ashcraft was named CKC All-Conference for her exceptional fifth place finish at the Central Kentucky Conference Cross-Country Championships last Tuesday.



RCHS Sophomore Tori Dotson was named CKC All-Conference for her exceptional sixth place finish at the Central Kentucky Conference Cross-Country Championships last Tuesday at Shelby County High School. Tori also ran a season's best time at the Greater Louisville Classic on Saturday, placing 33rd overall out of 356 runners.



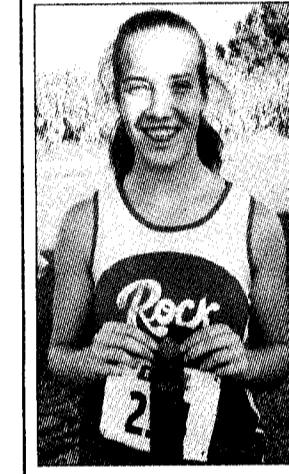
Eighth grader Allie Martin made the CKC All-Conference team with an awesome fifth place finish overall at the Central KY Conference Championships on Tuesday in Shelby County.



Fifth grader Lila Holt led RCMS to the team win and made the CKC All-Conference team with an awesome third place finish overall at the Central KY Conference Championships on Tuesday.



At the Central KY Conference Championships, sixth grader Destiny Bullen made the CKC All-Conference team with an awesome seventh place finish overall.

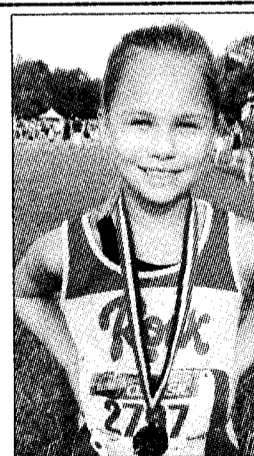


Sixth grader Bethany Martin earned a ribbon with an awesome 18th place finish overall at the Central KY Conference Championships on Tuesday in Shelby County.

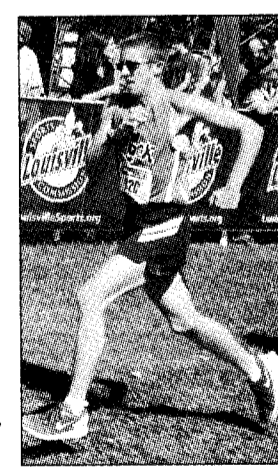


At the Central KY Conference Championships on Tuesday in Shelby County, fifth grader Learn Reagan just missed making the CKC All-Conference team with an awesome ninth place finish overall. She also led all RCMS runners in the Greater Louisville Classic with an awesome performance.

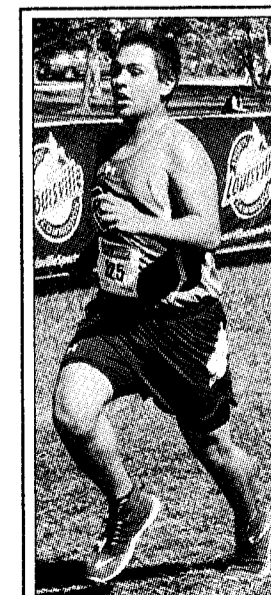
Rockcastle third grader Maliyah Swinney had an amazing performance in the third grade and under race at the Greater Louisville Classic on Friday. She stayed in the lead group of runners from start to finish, placing an impressive fourth overall out of an extremely talented field of the state's best third grade and under runners. 173 total girls participated in the race. At the CKC Championships, she just missed making the all-conference team with an impressive eighth place finish overall.



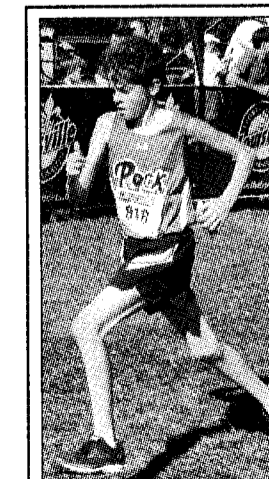
The boys' cross-country team traveled to Louisville this past Saturday to compete in the Greater Louisville Classic, the largest cross-country meet in the United States. It was perfect weather for season PR's and mounds of improvement. Sophomore Logan Bullock, despite an early race fall, nearly met his season's personal record, finishing the Varsity 5K in 19:17, ahead of over 200 runners.



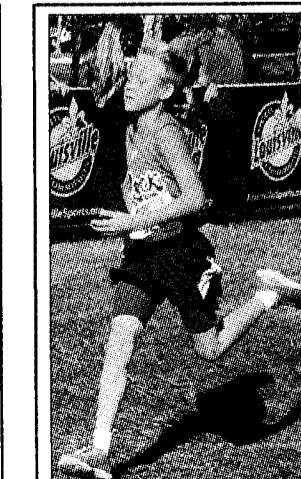
Sophomore Aaron Clark set a new season PR, finishing the Varsity 5K in 19:56. Clark continues to improve and is on track to set a new personal record.



Junior Zach Hopkins, despite a late season start due to a back injury, shaved nearly two minutes off his season best time.



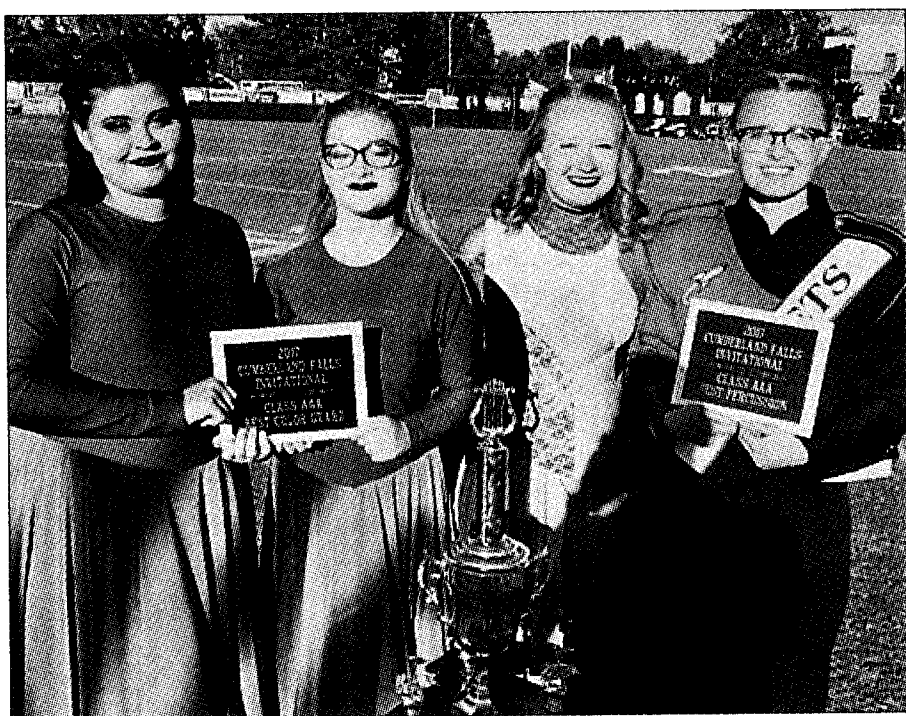
Seventh grader Aaron Asher has shown major improvement this season, shaving nearly 2 minutes off his 4K time, with a finish of 17:33.



Seventh grader Timothy Duncan finished the middle school 4K in 17:22, shaving nearly 2 minutes off his previous 4K time.



Congratulations to the members of the RCHS Marching Rockets on their performance at the 2017 Cumberland Falls Marching Invitational held in Corbin this past Saturday. The Rockets won first Place in Class AAA competition as well as winning Best Percussion and Best Colorguard in class. Pictured at right with the trophies are, from left: Colorguard Captains Trista Graves and Emily Alexander along with Drum Major Brooklyn Lane and Senior Percussionist Miranda Brown. RCHS Marching Rockets members in the top photo include, back row L-R: Chandler Batchelor, Kaylee Deatherage, Connor Noble, JJ Clouse, Abigail Fletcher, Thomas Ligon, Shelbie Baker, Sarah Pride, Allison Dunn. Row 2: Dakota Kilby, Madison Pride, Emily Alexander, Hannah Isaacs, Haley Graves, Lizzie Dixon, Kayli Blevins, Tarrylton Dunn, Ellie Robinson, Robert Rhodes, Ben Tyler, Trista Graves, Jasmine Ashcraft, Devona Smith. Front Row: Zachary Feltnier, Miranda Brown, Joseph Cowan, Nora Pulliam, Madison Pride, Darren Quinley, Dakota Barnett, and Haley Allen (not pictured).



## Minds in the Middle

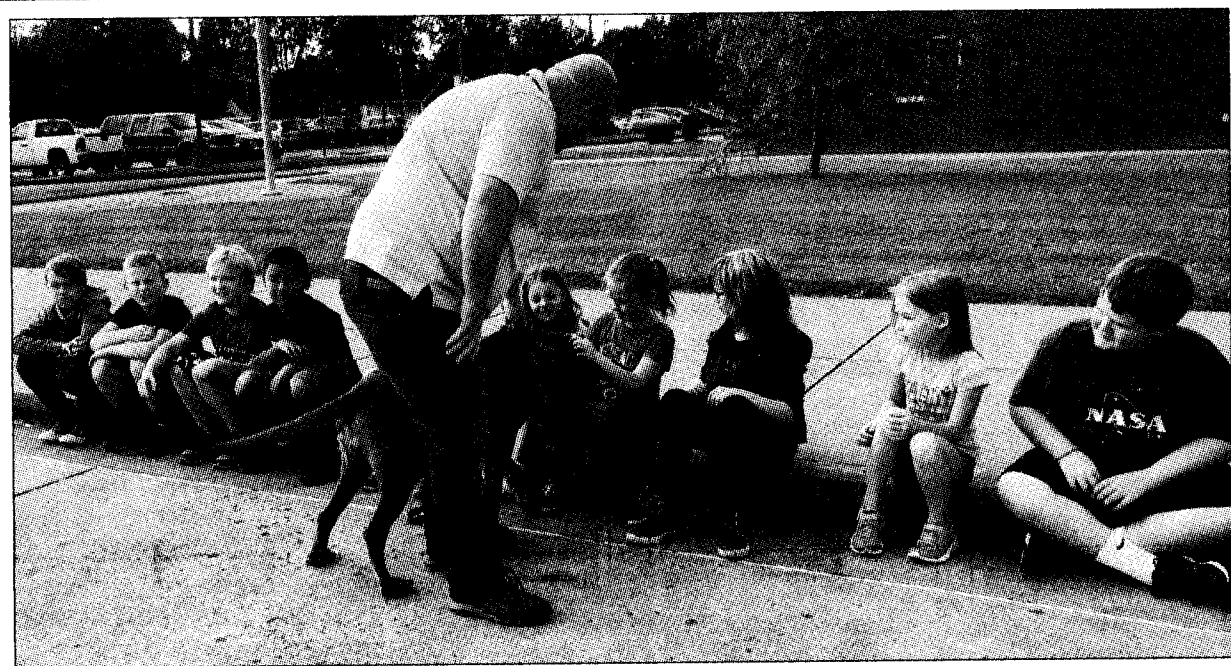
The Y-Club is sponsoring Hat Day this Thursday. Students can make a \$1 donation and wear a cap or hat. 4-H poster contest forms can be picked up in the office. The deadline for posters to be turned in is Tuesday. Congratulations to Mrs. Bishop's 8th grade Comets homeroom on winning the attendance race last week. The 6th grade Voyagers took the next two spots with Mrs. Bobo's homeroom in second place and Mrs. Stewart's homeroom in third. The Unite Club is holding their annual Toilet Paper drive. Our goal is to collect 500 rolls of toilet paper. The drive will end on October 13th. Congratulations to the students who will serve on the Yearbook Staff this year: Ella Bussell, Raychel Carpenter, Camryn Cash, Landon Reppert, Olivia Albright, Bailey Bullock, Makinlee Goff, Carson King, Laney Bryant, Molly Craig, Drew Hopkins, Reina Lykins, Jailey Martin, TJ Ramsey, Darby Smith, and Haley Thacker. Thank you to our kind kids of the week: Kyra Gibson, Connor Gibson, Darby Smith, Isabella Clouse, Savannah Thacker, Emily Thacker, Abigail Jones, Haven King and Ella Bussell. The first grading period will end on October 13th. Mark your calendars for our open house on October 17th from 3-6:00. School will dismiss at 2:45 on Thursday in order to conduct bus drills. There is no school on Friday or Monday. Enjoy time with your family!

## Mt. Vernon Message

**School News**  
Spirit Card Fundraiser Rally is Thursday, October 5. Please check your child's backpack for details. Preschool students are going to Sigmon's Farm on Thursday, October 5. FALL BREAK—No school on Friday, October 6 and Monday October 9. Enjoy your long weekend! UNITE Toilet Paper Drive begins Tuesday, October 10. Details have been sent home. Kindergarten students are going to the pumpkin patch Tuesday, October 10. Hooked on Reading is Wednesday, October 11. 2nd grade will be going to Salt Petre Cave on Friday, October 13. The end of our first grading period is October 13. Parent/Teacher conferences are scheduled for October 26. Please check your child's backpack for more details. The first archery practice is scheduled for October 16 from 3:15 until 5:00. You must pick your child up in the front entrance at 5:00. Mrs. McQueary's 2nd grade class walked to the Courthouse. We enjoyed our tour and especially had fun doing a Mock Trial with Judge Katie Wood. We would like to thank Eliza York, Danetta Allen and others who helped make our trip educational. MVES 2nd grade students from Mrs. Cowan's, Mr. McKinney's, Mrs. Gentry's and Mrs. Burton's classes participated in a lesson with Judge Katie Wood last week at the Rockcastle County Courthouse. Students were engaged in a mock trial and enjoyed learning from Judge Wood. They also visited the County Clerk's Office where they heard about the how it helps our community. MVES would like to thank Judge Wood, Danetta Ford, and Eliza York for taking time to talk to the students. Mrs. Jamie Bryant's First Grade class recently studied the life cycle of a butterfly. The study culminated in two butterflies hatching. They were released in the butterfly garden at MVES.

**Mt. Vernon Elementary's First Academic Meet of the Season**  
Mt. Vernon Elementary competed in their first Academic meet for the 2017-18 season at Brodhead Elementary on Monday, September 25, 2017. MVES was represented well with over 20 members in attendance. Several members placed individually in the various subject areas. We are very proud of all of our members. In Science, Anna Chaliff won 1st place, Susanne Mullins tied for 2nd place, and Shannen Eckert came in with a 4th place finish. In Social Studies, Jackson Stallsworth placed 3rd, Allie Cable placed 4th, and Chloe Bray placed 5th. In Language Arts, Emily Renner won 1st place, while Kendra Barnes came in 2nd, AJ Cromer placed 4th, and Michael McKinney came in 5th place. In Arts & Humanities, Harrison Mullins placed 2nd, Emory Hazelwood came in 4th place, while Isabella Mink and Ella Vance tied for 5th place.

**FRC NEWS**  
After School Enrichment is each Monday from 3:10 until 4:25. Be here promptly to pick up your child.



## Tiger Pause

Brodhead Elementary fourth grade students recently had some very special guests come to visit us. Our fourth graders just finished reading the book "Ellie's Story" about a dog that was trained to be a search and rescue dog. After finishing the book, we invited Mr. Bill Leger with his dog Layla and Mr. Tony Bullock with his dog Hunter to come and speak to our students about search and rescue dogs. Our students had some very thoughtful questions to ask our speakers and enjoyed getting to see Hunter and Layla actually search for Mr. Bill and our very own Mrs. Rachel. We learned about how the dogs are trained and heard about some of the things that the dogs were able to do. It was a very interesting treat to see some actual search dogs after reading the story about a fictional search and rescue dog. Students pictured as Mr. Bill Leger allowed students the opportunity to pet on Layla are Jayden Hubbard, Matheu Eversole, Cole Martin, Maddix Johnson, Trinity Smith, Serinity Henson, Shyanna Sprinkles, Emily Martin, and Austin Miles. No school this Friday, October 6th and Monday, October 9th for fall break. Everyone have a restful four day weekend and we will see you on the 10th. Save the date: Brodhead parent-teacher conference will take place on Thursday, October 19th.

Signal office will be closed  
Thursday and Friday,  
October 5th and 6th

Mann Chrysler  
Credit Approval  
Guaranteed  
mannchrysler.com  
859.625.1422  
Mann

OPERATION UNITE  
Drug Tip Hotline  
1-866-424-4382  
Toll-free Treatment Help Line  
1-866-90-UNITE

October 1st thru  
October 31st is  
Rockcastle Roadside  
PRIDE Month

BE A PRIDE CHAMPION  
KEEP IT CLEAN  
LITTER

To volunteer or for more information, call James Renner, Rockcastle County PRIDE Coordinator at 606-256-1902. An Appreciation Dinner for all fall volunteers will be announced at each clean-up.

kypride.org

# 94.8 PERCENT

Source: Pulse of America Research Study, February, 2017

That's how many  
Kentucky adults read  
their local paper within  
the past week.

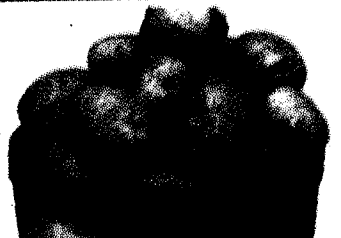
Newspapers ...  
Trusted. Relevant.  
Part of your Community





This fact brought to you by the  
Kentucky Press Association and  
its 178 member newspapers.

# Save *a lot*<sup>™</sup> food stores

## FRESH PRODUCE ITEMS

Fresh Idaho  
**Potatoes \$2.99**  
10 lb. bag 

Fresh Green  
**Cabbage .39** lb. 


*Assorted Varieties*  
Family Pack  
**LITTLE DEBBIE FALL Snack Cakes 2/\$4** 

*Assorted Varieties*  
**Lays Potato Chips 2/\$6** 10-10.5 oz bag 

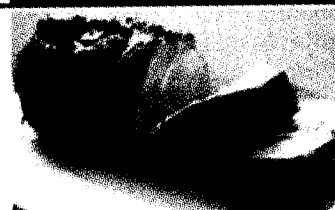
*Assorted Varieties*  
**Doritos 2/\$5** 10.5 oz bag 

Try our **PICK 5** Fresh Meat & Frozen Products **MIX & MATCH!** **PICK 5 FOR \$19.99**


## FRESH MEAT ITEMS!

Fresh Whole Boneless  
**Pork Loin \$1.69** lb. 

Family Pack Bone In Beef  
**Ribeye Steaks \$6.99** lb. 

Fresh Half Sliced Boneless  
**Pork Loin \$1.99** lb. 

Fresh Whole Boneless Beef  
**Eye of Round Roast \$2.79** lb. 

Family Pack Boneless Center Cut  
**Pork Chops \$2.49** lb. 

Family Pack Boneless Beef  
**Eye of Round Steaks \$2.99** lb. 

12 Pack/12 Oz. Cans  
**Pepsi & Products 4/\$12** 


Ad Prices Good October 2 - 8, 2017

## SPECIAL BUYS

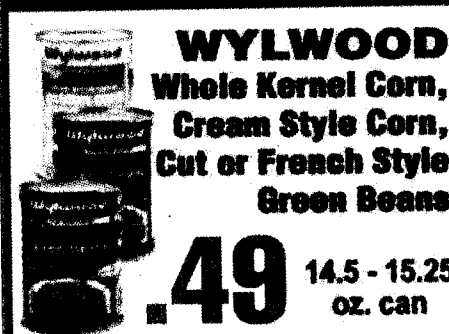
**HUNT'S Snack Pack PUDDING .99**  
4-pk. 13 oz pkg. 

**HUNT'S Manwich Original SLOPPY JOE SAUCE .99**  
15 oz. can 

**MAXWELL HOUSE Bonus Size Original Roast COFFEE \$6.99**  
36.8 oz can 

**Reese's Peanut Butter Cups, Kit Kat, Milky Way, or Twix Fun Size HALLOWEEN CANDY \$2.69**  
10.48-10.78 oz pkg. 

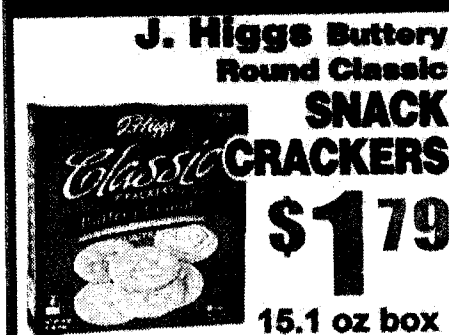
## NEW LOWER PRICES

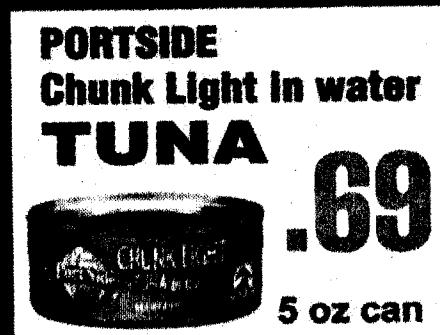
**WYLWOOD Whole Kernel Corn, Cream Style Corn, Cut or French Style Green Beans .49**  
14.5 - 15.25 oz. can 

**SO CHEEZY Mac & Cheese .39**  
7.25 oz. box 

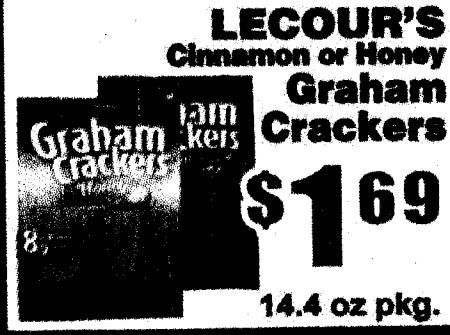
**KIGGINS Frosty Flakes \$1.59**  
17 oz. box 

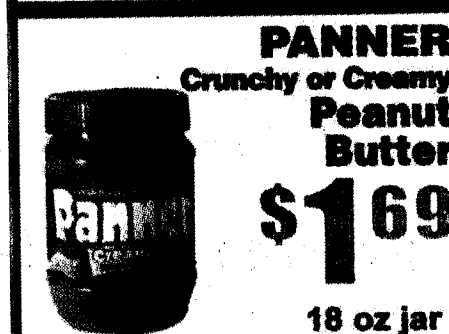
**KIGGIN'S Variety Pack or Brown Sugar Instant Oatmeal \$1.49**  
13.7-15.1 oz pkg 


**J. Higgs Buttery Round Classic SNACK CRACKERS \$1.79**  
15.1 oz box 

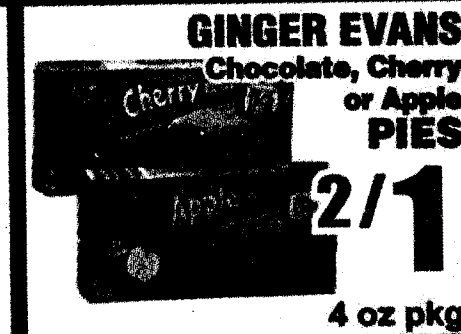
**PORTSIDE Chunk Light in water TUNA .69**  
5 oz can 

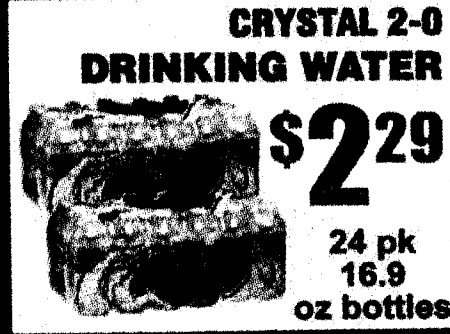
**TIPTON GROVE 100% Apple Juice \$1.49**  
64 oz Bottle 

**LECOUR'S Cinnamon or Honey Graham Crackers \$1.69**  
14.4 oz pkg. 

**PANNER Crunchy or Creamy Peanut Butter \$1.69**  
18 oz jar 

**BRAMLEY'S Concord Grape Jelly \$1.99**  
32 oz jar 

**GINGER EVANS Chocolate, Cherry or Apple PIES 2/1**  
4 oz pkg 

**CRYSTAL 2-0 DRINKING WATER \$2.29**  
24 pk 16.9 oz bottles 

# savings made easy

WE ACCEPT WIC, EBT, DEBIT, VISA, MASTER CARD & PERSONAL CHECKS FOR AMOUNT OF PURCHASE

910 W. Main St. - Mt. Vernon - 606-256-9810 - Open Sunday through Saturday 8 am - 10 pm



Visit us at [savealot.com](http://savealot.com)

# Mount Vernon Signal

Second Section

Thursday, October 5, 2017

## Rockets take it on the chin at Wayne Co., lose 27-0

Road games have not been kind to the Rockcastle Rockets football team this season. Friday night, the Rockets suffered their second loss on the road at Wayne County, 27-0.

It didn't appear that the score would be quite that lopsided as the Rockets and Cardinals battled to a 3-0 margin for the Cardinals in the first half. However, Wayne County, who had won the toss but deferred to the second half, began their first possession of the third quarter, on their own 38 and, two plays later, facing a 3rd and 10, their quarterback completed a 63 yard pass for their first touch-down of the game for a 10-0 lead.

Rockcastle picked up a first down on their first possession of the second half but had to punt the ball away on their next possession.

Wayne County began their second drive of the half on their own 41 yard line and marched the ball down the field, aided by two penalties against the Rockets, for their second touch-

down of the game, a quarterback keeper from the five yard line, for a 17-0 lead with 5:24 remaining in the third quarter.

On their next series, the Rockets were moving the ball, with senior Holdan Barnett getting 10 yards on one carry and Jaden Payne picking up 26 yards on another but a fumble by the Rockets gave the ball back to the Cardinals on their own 42. On their first play from scrimmage, the Cardinals scored and it was 24-0 with 2:58 left in the third quarter.

At the start of the fourth quarter, the Rockets had moved the ball to Wayne's 15 yard line. Quarterback Brent Lovell completed a pass to Isaiah Amyx to Wayne's six yard line. Holdan Barnett picked up three yards but, on fourth down, Payne was tripped up at the one yard line and the Cardinals took over. With 1:01 remaining, Wayne got their last score of the game, a 49-yard field goal to make the final score 27-0.

Despite the score, Rockets head coach Scott Parkey said he was "really pleased

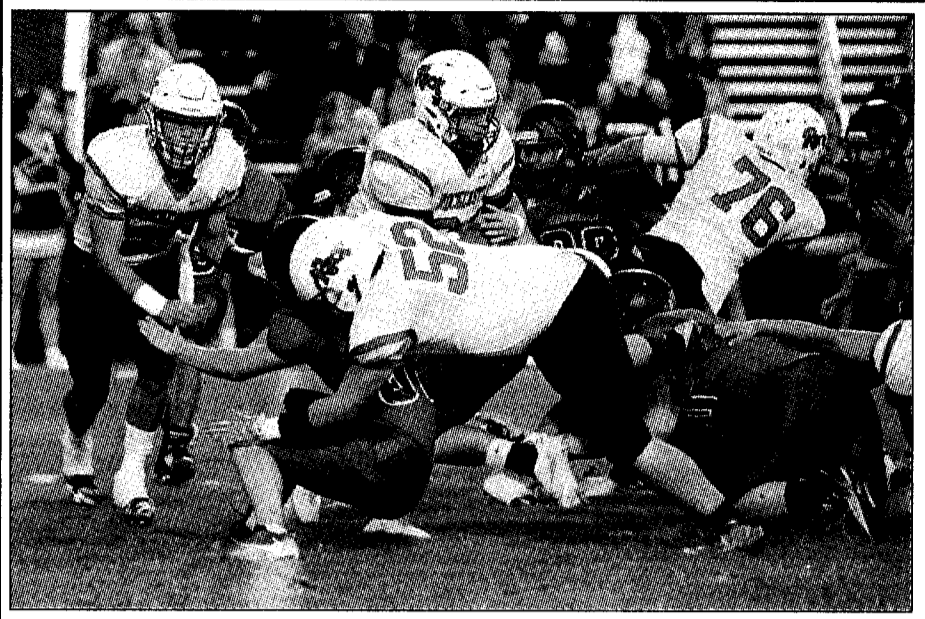
with how our guys played. The offense left points on the field and we are disappointed in that -- having the ball inside the 20 and not scoring."

Parkey went on to say, "Wayne Co. is one of the top two or three teams in the state and I felt our play showed we are right up there with them. The final score is no indication of how close we are. The players understand it and that is really the only thing that matters. Our offensive line blocked them great all night."

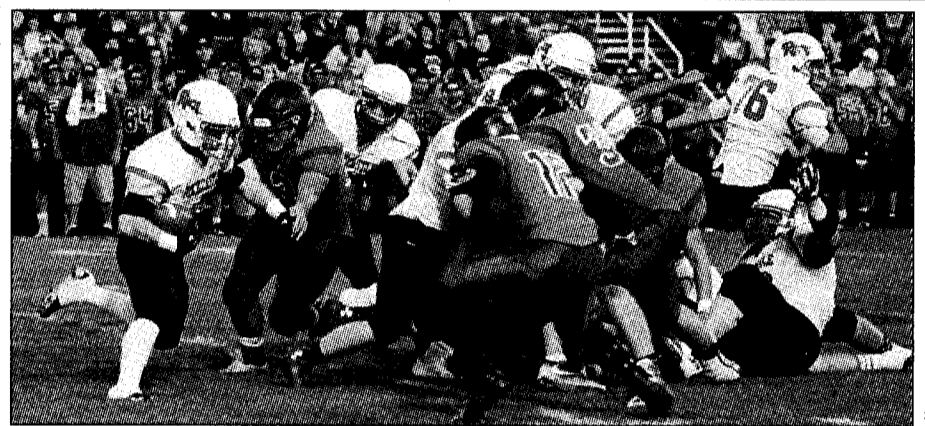
As to his team's defense, Parkey said, "I thought our defense played really well. We stopped them from scoring in the red zone multiple times. We are still learning and getting better with third down defense."

The team's next game is the Hall of Fame game at Rockcastle against Russell County and Parkey said, "The team can't wait to get back home this week. Russell Co. is a very good offensive team. They have the weapons to put up a

(Cont. to B3)



Blaze Stewart and Logan Barnett fight to create a hole for Holdan Barnett in the Rockets' loss to Wayne County Friday night. Barnett picked up 87 yards rushing on 17 carries for the Rockets.



Junior running back Jaden Payne attempts to run around the end during the Rockets' 27-0 loss to Wayne County Friday night. Payne led the Rockets in rushing with 97 yards on 19 carries.

# 8th Annual Ladies Night Out

Bring your friends and join us for a luau-themed evening of good food, learning, and fun in recognition of Breast Cancer Awareness Month

## Let's Flamingle

Tuesday, October 10, 2017

First Baptist Church • 5:30 p.m.

Dr. Justin Williams, Rockcastle Regional Oncologist

To RSVP, please call (606)256-7767 by Friday, October 6

Featuring the 8th Annual Hair Donation Event sponsored by A Cut Above. Call (606) 256-7767 to reserve your spot.

ROCKCASTLE REGIONAL HOSPITAL & RESPIRATORY CARE CENTER

UK HealthCare MARKEY CANCER CENTER Network

# News from the Rockcastle Courthouse



## Circuit Civil Suits

MUNI V LLC v. Floyd Lovell, et al. \$535.55 plus claimed due.

Michelle Renee Bussell v. Spencer Bussell, petition for dissolution of marriage.

Michelle Robin Ray v. Rocky Ray, petition for dissolution of marriage. CI-00239

## District Civil Suits

Valley View Apts. v. James French II, eviction notice.

Valley View apts. v. William Doan, eviction notice. C-00175

## Marriage Licenses

Lauren Ashley Burton, 21, Mt. Vernon, student and Johnathan Luke Vonlinger, 29, Stanford, machine operator. 9/29/17

## Deeds Recorded

Julie Burton and Lorene B. and Carl Miller, property in Albright Subdv., to Earl and Opal Blanton. Tax \$15  
Jerry Warren Carter and Larry Dale Carter, Trustees, property in Rainbow Ridge Subdv., to Douglas Abney. Tax \$12.50

Jeffrey and Michelle McKinney, property on Hwy. 1152, to Little Creek Investments, Holcombe Properties and Timothy Dale Hibbard. Tax \$16.50

Roger N. Price, property on Rose Hill Road, to Sallie G. Stallsworth. Tax \$40

Tabitha Phelps, property in Livingston, to Jonathan D. Phelps. No tax

Charles R. Shepherd, Jr. and Phyllis J. Shepherd, property in Rockcastle County, to Perry and Amy Mink. No tax.

Roy E. and Judy L. Adams and Gary W. and Gertha M. Mink, property in Mt. Vernon, to Christopher B. Lewis and Anthony P. Traylor. Tax \$11

Roy E. and Judy L. Adams and Gary W. and Gertha M. Mink, property in Mt. Vernon, to Daniel W. and Debra L. Dull. Tax \$59.50

Darrell G. McCoy, property in Miller Addition to Mt. Vernon, to Steven G. and Kimberly A. Hunter. Tax \$44

Michael Adams, property in Rockcastle County, to Margaret Lee Allen. No tax

Donnie Philpot and Anthony and Kim Brummett, property on US 25, to Margery Baker. Tax \$15

Tammy and Troy Williams, property in Orlando Subdv., to Shoen and Karla Parsley. Tax \$137.50

Loretta S. Rowe, property on Hwy. 1250, to David M. Gardiner and Amanda L. Reed. Tax \$216.50

Lonnie and Vicky Anglin, property in Rockcastle County, to Nathaniel Lewis Anglin. No tax

Roy E. and Judy L. Adams and Gary W. and Gertha M. Mink, property in Rockcastle County, to Perry and Amy Mink. Tax \$28.

Edward and Eliza Barnett, property in Rockcastle County, to Matthew and Kristina Petrey. Tax \$22.50

Kevin Scott and Kimberly R. Wolfe, property on Branamann Cemetery Road, to Timothy R. and Glenda Wolfe. Tax \$3.50

Ovie and Retha Cromer, property in Rockcastle County, to Melvin Cromer. No tax

Charlotte Bradley, property on Freedom School Road,, to Gary and Dianna Barnett. Tax \$9

Samuel J. and Ruth Evelyn Mullins, property in Rockcastle County, to Michael Joe McFerron, Phillip Michael McFerron and Jamie Ann Saylor. No tax

Bentley and Bobbie Ann Durham, property in McCall Knob Subdv., to James D. and Melissa J. Fain. Tax \$30

## District Court

Sept. 20-25, 2017  
Hon. Kathryn G. Wood  
Randy Allen: assault, 30 days/concurrent w/state time/costs merged.

Joey Chattle: operating on suspended/revoked operators license, 10 days in jail.

Alexander C. Harvey-Ogenotho: possession controlled substance, 12 months in jail/concurrent/costs merged.

Chris Reynolds: operating on suspended operator license, 10 days imposed/costs merged.

Jamie C. Bowling: theft by unlawful taking, \$100 fine plus costs and 90 days in jail/probated 24 months on condition.

Rebecca C. Clemons: failure to wear seat belt, \$25 fine.

James Robert Daniels: speeding, \$30 fine plus costs; instructional permit violations, \$25 fine; no operators/moped license, \$25 fine.

Ed M. Fultz: Violation of Kentucky EPO/DVO, bench warrant (bw) issued for failure to appear (fta).

Jeremiah J. Hall: operating vehicle w/expired operators license, failure to produce insurance card, failure of owner to maintain required insurance/security, bw issued for fta/license suspended.

Jamie Lynn Himes: operating on suspended/revoked operators license, obstructed vision and/or windshield, failure to produce insurance card, bw issued for fta/license suspended.

Chad S. Lear: failure to wear seat belts, operating on suspended/revoked operators license, failure to produce insurance card, failure of owner to maintain required insurance/security, bw issued for fta/license suspended.

Robert Lear: violation of Kentucky EPO/DVO, bw issued for fta.

James Matthew Miller: rear license not illuminated, operating on suspended/revoked operators license, bw issued for fta/license suspended.

Branden Dee Saylor: no/expired registration plates - receipt, failure to produce insurance card, failure of owner to maintain req. insurance/security, operating on suspended/revoked operators license, improper display of registration plates, display of illegal/altered registration plate, improper registration plate, bw issued for fta/license suspended.

Little M. Scalf: no operators/moped license, \$50 fine plus costs; operating on suspended/revoked operators license, \$100 fine; failure to wear seat belts, \$25 fine.

Thomas R. Scott: fines/fees due (\$1386), bw issued for fta, 28 days in jail or payment in full.

Brandy Snowden: failure to register transfer of motor vehicle, bw issued for fta.

Roger D. Thomas: operating motor vehicle under influence of alcohol/drugs, one headlight, flagrant non-support, bw issued for fta/license suspended.

Charles Franklin Walton, Jr: public intoxication, \$50 fine plus costs.

Speeding: Michael S. Albright, Tristan K. Cox, Clint Daugherty, Katrina Chasteen, Scott F. Littman, Jerome D. Long, David B. Miller, Zachary W. Scherfner, Adam R. Tegethoff, Timothy T. Walden, license suspended for fta.

Matthew Edward Devine: viol part 392, fed safety reg, driving of motor vehicle, action slip.

Neal Kendall Anders: driving motor vehicle using handheld mobile telephone, license suspended for fta.

Nakota Clifford: harassing communication and falsely reporting an incident, 30 days/each count/costs merged.

William McDonald: no/expired registration plates - receipt, operating on suspended/revoked operators license, failure of owner to maintain required insurance/security, bw issued for fta/license suspended.

James M. Miller: theft by unlawful taking, 90 days/probated 24 months on condition plus costs and restitution.

Matthew James Miller: resident fishing without a license/permit, \$25 fine/costs merged.

Brittany Pittman: theft by unlawful taking, bw issued for fta.

Charles D. Ashcraft: \$25 fine plus costs.

Donny Ray Bowling: speeding, operating on suspended/revoked operators license, failure to notify address change to dept. of transp., failure to surrender revoked operators license, bw issued for fta/license suspended.

Kendall R. Browning: failure of owner to maintain req. insurance/sec, failure to produce insurance card, no/expired registration plates - receipt, operating on suspended/revoked operators license, failure to notify address change to dept. of transp., giving officer false name or address, bw issued for fta/license suspended.

Doug Caldwell: drug

paraphernalia - buy/possess, bw issued for fta.

Dallas Matthew Cope: failure of owner to maintain req. insurance/security, \$500 fine plus costs.

Bridgette L. Denny: criminal trespass, bw issued for fta.

Heath Estep: criminal mischief, criminal littering, bw issued for fta.

Bobby D. Land: no/expired Kentucky registration receipt - plates, failure of non-owner operator to maintain req. insurance, failure to produce insurance card, license to be in possession, bw issued for fta/

license suspended.

Mitchell Dylan Nolan: reckless driving, license suspended for fta.

Billy R. Phelps, Jr: theft by deception (two counts), bw issued for fta.

Karl Pittman: no/expired Kentucky registration receipt - plates, failure to produce insurance card, failure of owner to maintain req. insurance/security, improper display of registration plates, operating on suspended/revoked operators license, bw issued for fta.

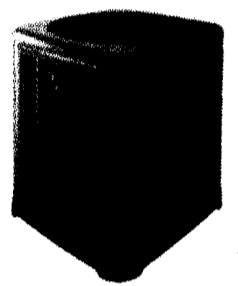
Lester J. Powell: criminal trespass and drug para-

phernalia - buy/possess, 90 days (each count)/probated 24 months on condition plus one cost.

Caleb Aaron Price: no/expired registration plates - receipt, failure to produce insurance card, failure to wear seat belts, bw issued for fta.

Tabitha Renner: no operators/moped license, failure of non-owner operator to maintain req. ins., failure to produce insurance card, rear license not illuminated, bw issued for fta/license suspended.

Upgrade your old heating and air with a new high efficiency heat pump from Rheem



Winter Check-Up

\$59<sup>95</sup>

Get your furnace ready for winter!

Parts & Labor Not Included

Service Call

\$45

Parts & Labor Not Included

# Winstead's Heating & Air

Pat Winstead

606-256-1038 • 606-308-4825

Financing Available through Synchrony Financial

\*w/ approved credit

We Accept Visa, Mastercard, Discover

HM04434

# OLD FASHION DAYS SALES EVENT

## OCTOBER 27 & 28, 2017

# COME JOIN US

AT YOUR MT. VERNON SAVE-A-LOT FOR THESE FUN ACTIVITIES!

### FRIDAY & SATURDAY

- BUGGY BINGO
- FREE BALLOONS
- KIDS FACE PAINTING
- YARD SALE
- CHARITIES "MY BROTHERS' KEEPER" AND "ADOPT A BASKET"



### FRIDAY, OCTOBER 27

- 4 PM - 7 PM: CAR SHOW
- FREE DASH PLAQUES TO THE FIRST 50 CARS
- BACK PORCH BBQ



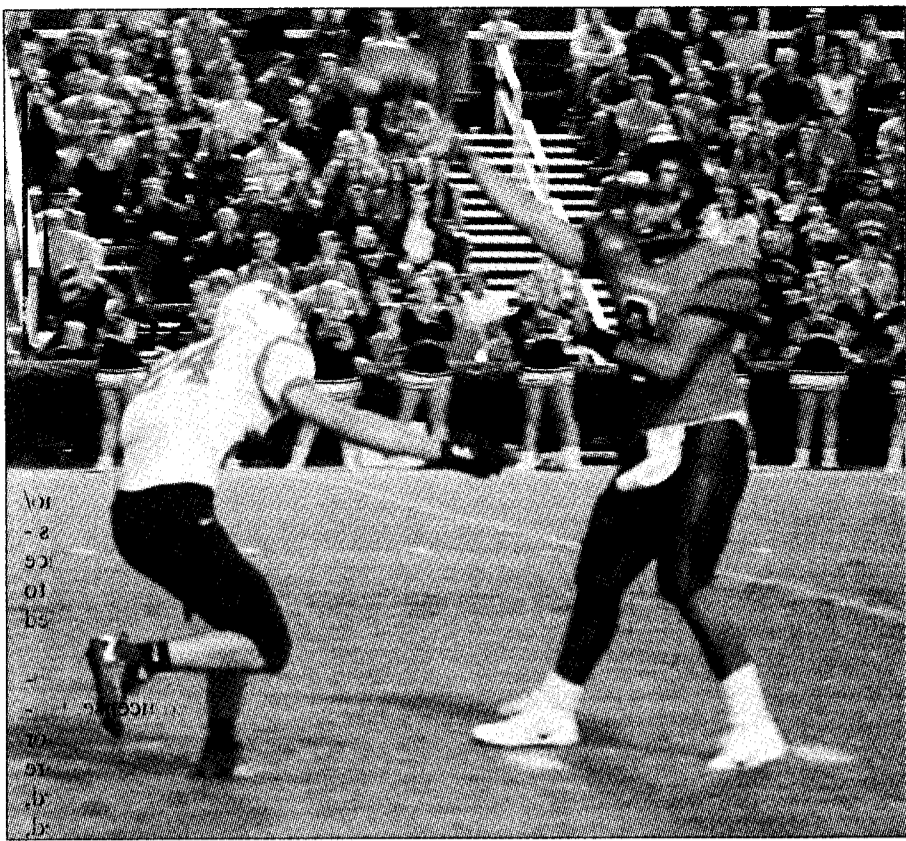
### SATURDAY, OCTOBER 28

- PHAT JOE'S BBQ
- SINGERS NICK LIFORD 3-4 PM, MIKE TUSSEY 4-5 PM AND JUDY O'BRIEN FROM 5-6 PM
- NOON: 3-POINT SHOT CONTEST, TWO AGE GROUPS 6-10 AND 11-14. FIRST PLACE GETS BASKETBALL HOOP, SECOND PLACE GETS A BASKETBALL
- 1 PM: CORN HOLE TOURNAMENT \$50 PRIZE TO THE WINNER
- 2 PM: KIDS HALLOWEEN CONTEST, THREE AGE GROUPS 1-3, 4-8, 9-12. \$35 GRAND PRIZE WINNER, \$20 FIRST PLACE WINNER

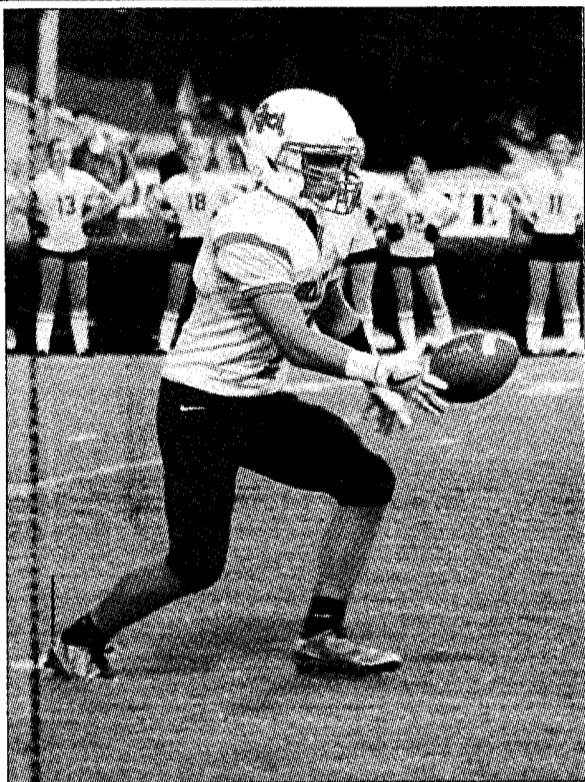
SPONSORED BY:

**Save a lot**  
food stores

910 West Main Street  
Mount Vernon, KY 40456  
606-256-9810



Jarred Brown puts pressure on Wayne County's quarterback during the Rockets' loss to the Cardinals Friday night. The Rockets are back home this Friday night as they host Russell County at 7:30 p.m.



Josh Thacker prepares to put up a punt in the Rockets loss to Wayne County Friday night. Offensively, Thacker picked up 13 yards on four carries and caught one pass for 36 yards. Defensively, Thacker led the Rockets with seven tackles, six solo and one assist.

**"Rockets"**  
(Cont. from B1)

bunch of points in a short period of time. They rely on misdirection and the unorthodox to give them an advantage. They are a scary team to play, coming off of two very hard fought emotional games."

Offensively, the Rockets were led in rushing by Jaden Payne with 97 yards on 19 carries; Holdan Barnett got 87 yards on 17 carries; quarterback Brent Lovell picked up 29 yards on nine carries and Josh Thacker got 13 yards on four carries.

Lovell was four for six in pass attempts for 65 yards. Isaiah Amyx caught three passes for 29 yards and Josh Thacker picked up 36 yards on one reception.

Defensively, Thacker led with seven tackles, six solo; Brent Lovell got six tackles, all solo; Jacob Hansel and Jaden Payne were each credited with five tackles, four solo each; Andrew Mink got four, two solo; Holdan Barnett, Noah Prickett and Logan Brown had three tackles each, Barnett and Prickett had two solo and Brown one; Isaiah Amyx, Logan Barnett, Jarred Brown and Blaze Stewart all were credited with two tackles, two solo for Brown and Stewart and one solo for Barnett and James Hamilton was credited with one tackle.

**WWI Rockcastle Veteran Tribute**

**We Need You!** The Rockcastle Chapter DAR needs the community's help with the upcoming 100th Anniversary of WWI Tribute to Rockcastle's veterans of the "Great War." If you have photos, stories, memorabilia or any other information pertaining to these soldiers, please let us know. All efforts are being made to ensure that all veterans are included, and their stories told. Deadline for submitting information will be **October 31, 2017**. Contact Karen Adams, 859-273-9105 or adamskaren11@cs.com.

**Yards to Paradise**

**By Max Phelps**  
*A Fir Tree for Your Yard?*  
Where I grew up a fir tree was never heard of, unless it was from reading a colorful book for children about trees. Still is rare, except at Christmas time, when all the tree sales lots and big box stores have Frazier firs everywhere they can find to prop one up and hang a price on it. When I was a kid we collected a pine or red cedar from the pasture or fence row about mid December and decorated it. Times change. (And fir trees do grow here, even if they may be a bit rare.) I've heard the UK (University of Kentucky) Agriculture Extension Agents advise for planting spruce trees and pine trees, but never fir trees. You'll find fir trees in the higher elevations of North Carolina, West Virginia and Pennsylvania in the wild. (And, if you happen to be from somewhere besides the ME or SE United States you may have your own locations with fir trees growing in the forests.)

Some fir trees require cool nights (which you won't find in the lowlands of Georgia or South Carolina in the summer). Some can't tolerate the cold. Some can't handle dry desiccating winds. Some need high humidity like in a temperate rain forest. And most need well drained soil. Planting on the east or north side of a home can be helpful and planting on a slope might be a good idea, but planting in a spot that always ponds after a rain wouldn't be good. So, what can you grow in the way of a fir? If you are on a north slope higher up than 1500 feet in Eastern Kentucky, you probably can grow Frazier fir trees just fine, and Balsam fir too. The rest of us might ought to search for ones that are proven for our area. Still, there's a case to be made for experimenting!

I have successfully planted both the Abies concolor (white or concolor fir) as well as the Abies balsamea, subspecies phanerolepis, (Canaan fir) in Laurel, Madison and Clark Counties in Kentucky, and tried planting straight Balsam fir in Cleveland County, North Carolina unsuccessfully. I have observed large Douglass fir trees in central Kentucky. And I know of some tree farms growing Nordmann, Ernest, Turkish, Korean and a few others on experimental basis.

The Canaan fir is a fairly narrow and upright symmetrical tree with lovely green appearance. Not as wide spreading as a Norway Spruce. I planted three on Supreme Court in Berea, KY several years ago that are looking better all the time. The Canaan fir is a native of West Virginia.

The Concolor fir, also called white fir, makes a tree that grows from 30 to 180 feet tall in the wild. Seldom see one fifty feet tall in any landscape setting. Makes a pyramidal tree somewhat

like a blue spruce, but more upright, and with much softer needles. This fir is native from northern Arizona to Canada in the mountains, and can tolerate alkaline soils (like most other blue or gray colored plants).

If you desire a conifer in your yard, but don't want a huge pine or spruce tree, you don't want a Leyland cypress or deodar cedar due to concerns of loss during a really cold winter like 2014, or maybe an arborvitae isn't your thing—then how about trying a fir tree. Your home could be the only one with a fir tree for miles. And besides the trim, lush appearance, you'll love the smell if you brush against it.

Is there a fir tree in your future?  
*The author is a landscaper. Feedback encouraged. Email: rockcastles@gmail.com*

**OPERATION UNITE**

Drug Tip Hotline  
**1-866-424-4382**

Toll-free Treatment Help Line  
**1-866-90-UNITE**

**Anthem**

Stop by and see **Marlene Lawson** for all your life and health insurance needs!

You can have an affordable managed care plan with the freedom of choice and the security of Anthem Blue Cross and Blue Shield — Blue Access.

(606) 256-2050

Visit us on the Internet at <https://www.kyfb.com/rockcastle/insurance/>

**Where do you want to go?**

*Your future starts here!*

**Skills U can help you get there!**

Our FREE services can help you reach your educational and employment goals!

**Rockcastle Adult Education FALL TERM**

**TERM 2 October 10 - November 21**

**GED Fast Track Class**  
Monday - Friday  
8:00 - 4:00 PM

**College Math Readiness**  
Do you have a college math class, Need help studying? Are you preparing to take the ACT?  
College Readiness Class meets each Tuesday 4:00-6:00

**955 West Main Street**  
Mt. Vernon, KY 40456  
(Beside Rockcastle Middle School)

**Call Today!**  
**(606) 256-0218**

**SKILLS**  
CREDENTIALS • COLLEGE • CAREER

**94.8 PERCENT**

Source: Pulse of America Research Study, February, 2017

**That's how many Kentucky adults read their local paper within the past week.**

**That's also a lot of potential customers for your business.**

This fact brought to you by the Kentucky Press Association and its 178 member newspapers.

### Park fund growing in Livingston

Livingston Mayor Jason Medley (left) received a donation Monday from Amos Owens, Jr. for \$1,200 to help with the playground/park planned at the old Livingston School. The city is attempting to raise \$10,000 to build the park for alumni of the school, local residents and Rockcastle County residents to enjoy. The city had already received a donation from Ronnie Owens and a grant from Jackson Energy on their way to obtaining the needed funds. This donation was given in the name of Amos Owens's wife Janet, who passed away recently. "This park will provide a clean, safe area for everyone and is in keeping with the wholesome, family atmosphere that Livingston will continue to portray," said Medley.



# CHURCH NEWS

#### Free Bible Courses

Free Bible Correspondence Course. Send your name and address to 3168 Quail Road, Mt. Vernon, Ky. 40456.

#### Let the Bible Speak

Tune in to "Let the Bible Speak," with Brett Hickey, on Sunday mornings at 6:30 a.m. on LEX18.

#### Rockcastle County Recovery Meetings

**\*Celebrate Recovery-Broadhead:** Located in the Community Outreach Center (next to Fairgrounds), every Monday, 6 to 8 p.m. 606-308-3368 or 606-308-3099.

**\*Celebrate Recovery-Northside Baptist** every Tuesday, 6 to 8 p.m. 606-256-5577.

**\*Celebrate Recovery-Step Studies.** Northside Baptist, Wednesday at 7 p.m. 606-256-5577.

**\*Broken Chains Bible Study** at Cruisers Motorcycle Sales on Hwy. 25 North, 4 miles north of Mt. Vernon every Thursday at 6:30 p.m. 859-302-2431.

**\*Celebrate Recovery-Livingston** at Livingston School cafeteria. Friday, 6 to 8 p.m. 859-314-7828.

#### Community Worship Church of God

Homecoming Services will be held at the Community Worship Church of God at 758 Hwy. 3245, Crab Orchard Thursday, Oct. 5th thru through Sunday, Oct.

8th. Speakers will be Pastor Kevin Couch on Thursday night; Pastor Don Potts on Friday night; Pastor Jamie Couch on Saturday night and Kentucky Church of God Youth Director Rick Shelby will speak on Sunday morning.

Weeknight services are at 7 o'clock and Sunday morning service at 11 o'clock. Come join us at Community Worship COG for great fellowship and worshipping Jesus Christ our Savior together!!!

#### Special Service

Please join us for Homecoming at Skaggs Creek Baptist Church on Sunday, Oct. 8th. There will be special music by The Mercy Three at 10 a.m. along with recognition of Bro. Bill Wagers and wife, Linda.

Worship service will be at 11 a.m. with Bro. Terry Roberts and a meal will be served at 12:30 p.m.

#### Revival

Clear Creek Baptist Church will be in Revival Oct. 8-11. Service at 6 p.m. on Sunday and 7 p.m. Monday-Wednesday.

Evangelist will be Zandell Hasty with special singing every night. Everyone welcome.

#### Tent Revival

Redhill Baptist Church, Livingston, will be hosting a Bible Believing Tent Revival Monday, Oct. 16th

thru Saturday, Oct. 21st at 7 o'clock each evening.

Speakers will be: Randy McPheron, Travis Gilbert, Gary Parker, Ralph Rogers, Lee Abney and Bill Hammond with special singing nightly.

Everyone welcome! (In case of inclement weather, service will be moved inside).

#### Car Wash & Fall Party

Northside Baptist Church will have their Car Wash and Fall Party on Saturday, October 14th from 10:30 a.m. to 2 p.m.

Proceeds will go towards providing gifts for children for Christmas.

Get your car washed and enjoy some of the tasty treats of the fall -- apple cider, pumpkin bread, candy, etc. We will also have movies for sale.

For more information, call Johnny at 606-308-0306 or email at jfr22180@yahoo.com

#### Special Service

There will be a special service at the Berea Gospel Tabernacle on Friday, Oct. 13th, beginning at 7 p.m. with Rick Holt speaking.

#### Fall Festival

Flat Rock Baptist Church will hold their Fall Festival Saturday, Oct. 14th from 2 p.m. to 7 p.m.

There will be inflatables, pumpkin painting, a hay ride, hot dogs, marshmallow

roast and games. Lots of fun for everyone!!

#### Homecoming and Fall Renewal

First Christian Church in Mt. Vernon will hold their Fall Renewal Oct. 15-18 with Homecoming on Sunday, Oct. 15th. We would like to invite you to come and be a part of it with us.

Sunday morning service at 11 o'clock, Sunday night at 6 o'clock and Monday through Wednesday nights at 7 o'clock.

Ken Henderson, Founder and Director of Teen Mission, USA will be our speaker. There will also be a number of folks bringing special music.

The theme will be "Egypt: When the gods met God!" Come and get a renewed perspective on familiar Old Testament stories!

The church is located at 160 West Main St., Mt. Vernon and if you have any questions or would like a ride, please call us at 256-2876.

#### Philadelphia United Baptist Church

• Sunday School - None until Spring.  
• Sunday night Service - 6 p.m.

• Wednesday Bible Study at 7 p.m.

• Church service at the Brodhead nursing home the first Sunday of each month.

• Church singing every fourth Sunday at 6 p.m. Come out to sing or be with us. Everyone welcome.

The Praise Singers will be at the church Oct. 15th at 11 a.m., The Watson Family on Oct. 22nd at 6 p.m. and Voice of Praise on Nov. 26th at 6 p.m.

#### Livingston School Reunion set for this Saturday

The Livingston School Reunion will be this Saturday, October 7th in Livingston.

Registration will be from 3 to 4 p.m. in the Trail Town Visitor's Center.

In lieu of a registration fee, individuals are asked to make a voluntary donation to the Livingston School Revitalization Fund. All former students, teachers, family and friends of the Livingston School are invited to attend.

For questions or more information, call Barbara Marshall Castleberry at 256-9188.

**STRUGGLING WITH ADDICTION?**  
Toll-free Treatment Help Line  
**1-866-90-UNITE**  
Take control of your life TODAY!

#### An encouraging word:

### A Powerful Reminder

By Howard Coop



A little scrap of paper with a note scribbled on it had been unnoticed on my desk for a long time. Then one day I happened to find it. It was a reminder of something I had seen somewhere: "Let your gentleness be evident to all." As I looked at that old note written in almost illegible handwriting, I became curious, and at once, I began to search for information about the source of those words.

After some searching, I found their origin. Those words were written about 55 or 56 A.D. to small group who lived in Philippi, a city in eastern Macedonia in the region between the Strymon River on the west and the Nestos River on the east. At once, I realized that, old as those words are, they are a powerful reminder of an important fact that is exceedingly relevant for today: gentleness is important, for it has to do with how we relate to all of those around us in everyday life.

There is more than one way to understand gentleness, so those words can be easily misunderstood. In

one sense, gentleness can mean weakness, for something possessing gentleness can be tender, fragile and easily broken. But in another sense, gentleness can have a more profound meaning. It can mean that an individual is tenderhearted and sensitive to the feelings of others; therefore that individual is sympathetic and compassionate in all relationships with those with whom the individual associates on a daily basis. Some anonymous individual left these words "Tenderness involves humility and thoughtfulness along with politeness and restrained behavior."

I will always remember my father as a man with gentleness. Yet, at the same time, he was firm with me and he expected certain things from me. Another anonymous individual said "Gentleness is a strong hand with a soft touch." That individual went on to say, "I is a tender, compassionate approach toward others." Gentleness at its best is always accompanied by firmness for that which is right

### Why I Go To Church!

Many today say they don't see the need of going to church. I go to Church every Sunday to obey God. Heb. 10:25 forsake not the assembling of yourselves together. Any service where the Bible is taught and prayer is made and God is worshipped is good and, to him that knoweth to do good and doeth it not to him it is sin. James 4:17

It is good to attend as many services as we can so that we can become more like our Savior. This should be the desire of every Christian. I go to Church every service I can to abound in the Lord's Work. A true servant of Jesus Christ wants to do all he can not as little as he can. Luke 17. Even after doing all I can do, I should consider myself to be an unprofitable servant. None of us can do too much. Some use the excuse 'I went to Church all the time when I was small now since I am grown, I will do what I want to do.' I wonder since that person is grown if they still brush their teeth and comb their hair, well, I hope so.

I go to Church every service because Jesus said Matt. 6:33 Seek ye first the kingdom of God and His righteousness. A big part of seeking God is worshipping God and fellowshiping with brothers and sisters in Christ Jesus. It is so encouraging and spiritlifting to be around people who love the Lord.

#### • Chestnut Ridge Church of Christ •

Sundays @ 10 a.m. & Wednesdays @ 7 p.m.

Church is located 2 Miles South of Mt. Vernon on Hwy. 25

**UNITED STATES POSTAL SERVICE® (All Periodicals Publications Except Requester Publications)**

1. Publication Title: Mount Vernon Signal 2. Publication Number: 1336610001 3. Filing Date: 9-29-17

4. Issue Frequency: Weekly 5. Number of Issues Published Annually: 51 6. Annual Subscription Price: \$3.00

7. Complete Mailing Address of Known Office of Publication (Not printer) (Street, city, county, state, and ZIP+4®):  
115 Main St. Mt. Vernon, Ky 40456

8. Complete Mailing Address of Headquarters or General Business Office of Publisher (Not printer):  
115 Main St. Mt. Vernon, Ky 40456

9. Full Names and Complete Mailing Addresses of Publisher, Editor, and Managing Editor (Do not leave blank):  
Publisher: Perlina Anderson  
115 Main St. Mt. Vernon, Ky 40456  
Editor: Perlina Anderson  
115 Main St. Mt. Vernon, Ky 40456

10. Owner (Do not leave blank. If the publication is owned by a corporation, give the name and address of the corporation immediately followed by the names and addresses of all stockholders owning or holding 1 percent or more of the total amount of stock. If not owned by a corporation, give the names and addresses of all individual owners. If owned by a partnership or other unincorporated firm, give its name and address as well as those of each individual owner. If the publication is published by a governmental agency, give its name and address.)  
Owner: Perlina Anderson  
115 Main St. Mt. Vernon, Ky 40456

11. Known Bondholders, Mortgagees, and Other Security Holders Owning or Holding 1 Percent or More of Total Amount of Bonds, Mortgages, or Other Securities. If none, check box  None

12. Tax Status (For completion by nonprofit organizations authorized to mail at nonprofit rates) (Check one)  
 Not for-profit  
 For-profit (Check one)  
 Mail Distribution Outside the United States (Check one)  
 Outside the United States (Check one)  
 Foreign Post Office (Check one)

13. Publication Title: Mount Vernon Signal 14. Issue Date for Circulation Data Below: 9-28-17

15. Extent and Nature of Circulation		Average No. Copies Each Issue During Preceding 12 Months	No. Copies of Single Issue Published Nearest to Filing Date
a. Total Number of Copies (Net press run)		5,500	5,300
b. Paid Distribution (Sum of 15b(1), 15b(2), 15b(3), and 15b(4))		776	760
c. Total Free or Nominal Rate Distribution (Sum of 15c(1), 15c(2), 15c(3), and 15c(4))		1,164	1,125
d. Total Free or Nominal Rate Distribution Outside the United States (Sum of 15d(1), 15d(2), 15d(3), and 15d(4))		3,250	3,100
e. Total Free or Nominal Rate Distribution (Sum of 15c(1), 15c(2), 15c(3), and 15c(4))		5,190	4,985
f. Total Paid Distribution (Sum of 15b(1), 15b(2), 15b(3), and 15b(4))		75	75
g. Total (Sum of 15e and 15f)		5,265	5,060
h. Copies not Distributed (See Instructions to Publishers at page B09)		75	75
i. Total (Sum of 15g and 15h)		5,340	5,135
j. Paid Distribution (Sum of 15b(1), 15b(2), 15b(3), and 15b(4))		47,091	96,88

16. Signature and Title of Editor, Publisher, Business Manager, or Owner: Perlina Anderson Date: 9-29-17

## ROCKCASTLE COUNTY VETERANS PARK CONCEPT UNVEILING AND FUNDRAISER DINNER

\$35.00



**Saturday, 14 October 2017, 5:30 PM**  
**Rockcastle County Middle School**  
For tickets call **Kathy Bobo** at **606-308-1208** or pick them up at the **Lone Star Farm & Home** or the **County Judge Executive's Office** (Tickets must be bought in advance of the event)



# Church Directory

**Believers House of Prayer**  
156 Scenic View Lane  
U.S. 25 N, left at 18 mile marker  
Renfro Valley, Ky.  
Sabbath School Sat. 10 - 11 a.m.  
Morning Worship 11 a.m.  
Evening Worship 7 p.m.  
Wednesday 7 p.m.  
Pastor: **Bill Davis**  
bhbp@gmail.com

**Berea Gospel Tabernacle**  
231 US 25 South  
Berea, KY  
Tuesday Night 7 p.m.  
Sunday Night 6 p.m.  
**Bible Baptist Church**  
100 Higher Ground (off US 25)  
Mount Vernon, Ky.  
Church Phone 606-256-5913  
e-mail: www.biblebaptist.org  
Sunday School 10 a.m.  
Sunday Worship/Children's  
Church 11 a.m.  
Sunday Night Worship 6 p.m.  
Wednesday Evening 7 p.m.  
Video services Tues., Thurs. &  
Sat. at 11 a.m., 4 p.m. & 9 p.m.  
Channel 3 - New Wave  
Cable Channel 5 in Berea and  
Richmond 1 p.m. Wednesdays  
Pastor: **Travis Gilbert**  
Associate Pastor/Youth:  
Bro. **Jeremy Ellis**  
Secretary: **Jo Roberts**  
Music Director: **Dan Dull**

**Blue Springs Church of Christ**  
7 miles south of Mt. Vernon on  
Hwy. 1249 (Sand Springs Rd)  
Services:  
Sundays 10 a.m. & 6 p.m.  
Preaching Brethren  
**Gary Reppert, Doug Hawkins**  
**Marcus Reppert**  
Contact Info:  
Marcus Reppert  
199 E. Fork Skaggs Rd.  
Mt. Vernon, Ky.  
606-308-2794  
marcusreppert24@hotmail.com

**Brodhead Baptist Church**  
Corner of Silver & Maple St.  
Brodhead, Ky. 40409  
606-758-8316  
Sunday Bible Study 10 a.m.  
Sunday Worship 11 a.m. &  
7 p.m.  
(Nursery Provided)  
Sunday Youth Bible Study  
5 p.m.  
Wednesday Adult & Youth  
Worship/Bible Study 7 p.m.  
Children's Programs:  
RAs & GAs  
Mission Friends and  
Creative Ministry  
**Ralph Baker, Pastor**  
**Brodhead Christian Church**  
237 W. Main St. Brodhead  
606-758-8721  
Sunday School 10 a.m.  
Sunday Worship 11 a.m. & 6 p.m.  
Wednesday Bible Study 7 p.m.  
**Tracy Valentine, Preacher**  
606-758-8662  
Cell 606-305-8980

**Brodhead Church of God**  
Hwy. 3245 • Brodhead  
758-8216  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening 6 p.m.  
Wednesday evening 7 p.m.  
**Terry Orcutt, Pastor**

**Brush Creek Holiness Church**  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening 6 p.m.  
Tuesday Prayer Meeting 7 p.m.  
**Lonnie R. McGuire, Pastor**

**Buffalo Baptist Church**  
Located 15 miles south of  
Mt. Vernon on Hwy. 1249  
(Sand Springs Rd.)  
606-256-4988  
Sunday School 10 a.m.  
Sunday Worship 11:15 a.m.  
Sunday Evening Service 6 p.m.  
**Tim Owens, Pastor**

**Calloway Baptist Church**  
76 Calloway Branch Rd.  
(Off US 25) • Calloway  
Sunday School 10 a.m.  
Wednesday Evening 6 p.m.  
**George Renner, Pastor**  
606-224-4641

**Central Baptist Church**  
86 Maintenance Rd.  
Mt. Vernon, KY 40456  
606-256-2988  
centralbaptistky.org  
Sunday School 10 a.m.  
Sunday Morning 11 a.m.  
Bus Sunday School 5 p.m.  
Sunday Evening 6 p.m.  
Wednesday Bible Study 7 p.m.  
"Central Time" Radio  
Broadcast  
WRVK: M-F 11:15 a.m.  
WOPW: M-F 9:15 a.m.  
Transportation and Nursery  
provided for all services  
Home of Well of Pure Water  
Radio - 93.3 FM  
**Mark Eaton, Pastor**  
**Church of Christ at Chestnut Ridge**  
2 miles south of Mt. Vernon  
Turn left off US Hwy 25  
Sundays 10:00 a.m.  
Wednesdays 7:30 p.m.  
**Bro. Ova Baker**  
**Bro. Dale McNew**  
**Bro. Philip Scott**  
**Church of Christ on Fairground Hill**  
Sunday Worship 10 a.m.  
Different speaker each  
Sunday  
**Clear Creek Baptist Church**  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening 6 p.m.

**Climax Christian Church**  
Hwy. 1912  
308-2806 - 256-4138 - 256-5977  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.

**Climax Holiness Church**  
Sunday Night Worship 6 p.m.  
Thursday Nights 7 p.m.  
3rd Sat. of every month at  
7 p.m.

**Community Worship Church of God**  
758 Hwy. 3245 • Crab Orchard  
Worship Service  
Sunday School 10 a.m.  
Sunday Worship 11 a.m. & 6 p.m.

**Conway Missionary Baptist**  
116 Meadow Lark Lane  
Berea, KY 40403  
Sunday School 10 a.m.  
Sunday Morning Worship  
11 a.m.

Sunday Evening Worship  
6 p.m.  
Wed. Prayer Service and  
Bible Study 7 p.m.  
Youth Meetings:  
Sunday 5 p.m.  
Wednesday 7 p.m.  
**Bobby Turner, Pastor**  
606-758-4007

**Crab Orchard Pentecostal Church**  
Sunday School 10 a.m.  
Sunday Evening 6 p.m.  
Tuesday Evening 7 p.m.  
Pastor: **Donald King**  
606-355-7595

**Crossroads Assembly of God**  
Hwy. 150 • Brodhead  
**Bro. Steven Vanhook, Pastor**  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening Worship  
6:00 p.m.  
Wednesday Night 7 p.m.

**Cupps Chapel Holiness**  
Copper Creek Rd.,  
Brodhead  
Sunday 10 a.m.  
Sunday Evening 6 p.m.  
Thursday Evening 7 p.m.  
Pastor: **Dewayne Carpenter**

**Dixie Park Cornerstone**  
700 N. Powell St. Berea, Ky.  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening Service  
6 p.m.  
Wednesday Service 7 p.m.  
**Joe Vanwinkle, Pastor**

**Fairground Hill Community Holiness Church**  
Sunday Evening Service  
6 p.m.  
Thursday Service 7 p.m.  
**Robert Miller, Pastor**

**Fairview Baptist Church**  
520 Fairview Loop Road  
Mount Vernon, Ky.  
Sunday Services  
Sunday School 9:45 a.m.  
Sunday Worship 11 a.m.  
Children's Choir 6 p.m.  
Sunday Evening Service 7 p.m.  
Sunday Adult Choir 8 p.m.  
Wednesday Services  
Creative Ministry 6 p.m.  
Bible Study 7 p.m.  
Youth Ministry QUEST 7 p.m.  
RAs and GAs 7 p.m.  
Mission Friends 6 p.m.  
**Vaughn Razor, Pastor**  
606-256-3722  
email: fairviewbapt@aol.com

**Faith Chapel Pentecostal**  
S. Wilderness Road  
Mount Vernon, Ky.  
Sunday School 10 a.m.  
Sunday Evening Service 6 p.m.  
Wednesday Service 7 p.m.  
Saturday Service 7 p.m.  
**Jack Carpenter, Pastor**

**First Baptist Church**  
340 West Main Street  
Mt. Vernon, Ky. 606-256-2922  
**Neal Thornton, Pastor**  
**Jesse Wright,**  
Assoc. Pastor/Youth  
website: www.fcmtvky.org  
email: fcmtvmon@newwave.net  
Sunday Services: 8:20 a.m.,  
10:45 a.m. and 6 p.m.  
Wednesdays: AWANA and  
Adult Bible Study 6:30 p.m.  
Live Broadcast WRVK 1460AM  
Sundays at 11 a.m.  
Broadcast on New Wave Cable  
Channel 3 Tues., Thurs. & Sun-  
day at 10 a.m., 3 p.m. & 8 p.m.

**First Christian Church**  
West Main St. Mt. Vernon  
606-256-2876  
**Bro. Bruce Ross, Pastor**  
**Bro. Josh Haines,**  
Youth/Family Minister  
Sunday School: 10 a.m.  
Sunday Worship  
11 a.m. & 6 p.m.  
Wednesday Bible Study 7 p.m.

**Flat Rock Missionary Baptist**  
504 Maple Grove Rd. Hwy. 1004  
Orlando, Ky.  
Sunday School 10 a.m.  
Fellowship Hour 11 a.m.  
Sunday Evening Service 7 p.m.  
Wednesday Bible Study 7 p.m.  
**Jack Stallworth, Pastor**

**Freedom Baptist Church**  
Freedom School Rd.  
Mt. Vernon  
Sunday School 9:45 a.m.  
Sunday Worship 11 a.m.  
Discipleship Training 6 p.m.

Sunday Evening 7 p.m.  
Wednesday Evening Prayer  
Meeting & Youth/Children  
Classes 7 p.m.  
www.freedomsbc.com  
606-256-2968

**Hickory Grove Pentecostal Church**  
Hwy. 1505 (6 miles from Brodhead)  
Brodhead, Ky.  
**Randal Adams, Pastor**  
Youth Pastor, **Scott Adams**  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening 6 p.m.  
Wed. Evening 7 p.m.

**Lighthouse Assembly of God**  
Hwy. 1004 • Orlando, Ky.  
**Tim Hampton, Pastor**  
606-256-4884 • 606308-2342  
Sunday School 10 a.m.  
Sunday Morning Worship  
11 a.m.  
Sunday Evening 6 p.m.  
Tues. Night Intercessory Prayer  
7 p.m.  
Wednesday Night Bible Study  
7 p.m.

**Little Country Church**  
Jarber Rd.  
Turn left off Rev. Green Loop  
onto Jarber Rd.  
**Jack Weaver, Pastor**  
Sunday 6 p.m.  
Wednesday 7 p.m.

**Livingston Baptist**  
Worship Service 11 a.m.  
Children's Church 11 a.m.  
Prayer Meeting/Bible Study  
Wednesday 7 p.m.  
**Gary Parker, Pastor**

**Livingston Christian Church**  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
**Arthur Hunt, Minister**

**Livingston Pentecostal Holiness Church**  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening Service 6 p.m.  
Wednesday Service 7 p.m.  
**Jim Miller, Pastor**  
606-256-1709

**Living Word Community Church**  
"About our Father's Business"  
246 Sycamore St. • Brodhead  
Sunday School 11 a.m.  
Sunday Worship Noon  
Wednesday Service 7 p.m.  
**Joe Bussell, Jr., Pastor**  
606-308-4312

**Macedonia Baptist**  
Scaffold Cane Road  
Mount Vernon, Ky.  
**Bro. Barry Hurst, Pastor**  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening 6 p.m.  
Wednesday Evening 7 p.m.

**Maple Grove Baptist**  
Hwy. 1004 (Big Cave Road)  
Orlando, Ky. • 606-256-1873  
**Bro. Jerry Owens, Pastor**  
Home Phone 606-256-3075  
Sunday School 10 a.m.  
Sunday Morning Worship  
11 a.m.  
WRVK Broadcast 2 p.m.  
Sunday Evening 6 p.m.  
Wednesday Evening 7 p.m.

**Maretburg Baptist Church**  
2617 New Brodhead Rd.  
Mt. Vernon, KY 40456  
**Wayne Harding, Pastor**  
Phone: 256-8844  
Sunday School 10 a.m.  
Sun. Morning Worship 11 a.m.  
Sun. Discipleship Training/  
Sunday Youth Missions  
6 p.m.  
Sunday Worship 7 p.m.  
Wednesday Evening 7 p.m.  
www.maretburgbaptist.org  
maretburgchurch@yahoo.com

**McNew Chapel Baptist**  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening Service 6 p.m.  
Wednesday Service 7 p.m.  
**Jerry Ballinger, Pastor**

**Mt. Vernon Church of God**  
1025 W Main St.  
Mount Vernon, Ky.  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening Service 6 p.m.  
Wednesday Service 7 p.m.  
**Bobby Owens, Pastor**  
859-986-1317

**Mt. Vernon Church of the Nazarene**  
40 Fair Street • Mt. Vernon  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening 6 p.m.  
**David Smith, Pastor**

**Mt. Zion Baptist Church**  
606-308-3293  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening 5 p.m.

**New Heights Church**  
316 Mini Mall Dr.  
(off Richmond Rd., US 25 N)  
Berea, Ky.  
www.newheightsky.net  
Sundays 9:30 & 11:00 a.m.  
Worship & Children's Church  
Wednesdays 6:30 p.m.  
Midweek Gathering for all  
ages; prayer & Bible study,  
youth worship, and  
Children in Action  
**Jon Burdette, Lead Pastor**  
**Steve McDaniel,**  
Worship Leader  
**New Hope Baptist Church**  
Jct. 1797 New Hope Tower Rd.  
Orlando  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening 6 p.m.  
Wednesday Evening 7 p.m.  
**Bro. David Carpenter, Pastor**

**Northside Baptist Church**  
777 Faith Mountain Rd.  
(Off 461 bypass) Mt. Vernon  
606-256-5577  
**Kenny Allen, Pastor**

**Our Lady of Mt. Vernon Catholic Church**  
515 Williams St (across from MVES)  
Mount Vernon, Ky.  
606-256-4170  
Mass Times:  
Tuesdays at 5 p.m.  
Sabbath Mass: Sat., 5 p.m.  
Holy Days 5 p.m.  
**Fr. Michael Flanagan, Pastor**  
Sister **Joyce Moeller,**  
Pastoral Associate  
**Jack Lawless, Groundskeeper**  
**Tom Darst, Maintenance**

**Philadelphia United Baptist**  
834 Bryant Ridge Rd. Brodhead  
Sunday School 10 a.m.  
Sunday Evening Service 6 p.m.  
Wednesday Service 7 p.m.  
Saturday Service 7 p.m.  
**Gordon Mink, Pastor**  
606-308-5368

**Pine Hill Holiness**  
5216 S. Wilderness Rd.  
Mt. Vernon, Ky. 40456  
Sunday School 10 a.m.  
Sun. Evening Worship 6 p.m.  
Thursday Night Worship  
7:00 p.m.

**Pine Hill Missionary Baptist Church**  
81 Limeplant Hollow Road  
Mt. Vernon, Ky. 40456  
**Bro. Clyde Miller, Pastor**  
859-986-1579  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Discipleship Training 5:30 p.m.  
Sunday Evening Worship  
6:00 p.m.

Wednesday Prayer Meeting &  
Youth Service at 7:00 p.m.  
Prayer Partners Ladies Meeting  
monthly every 2nd Tues. at 6:30 p.m.

**Pleasant Run Missionary**  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening 5 p.m.  
1st Sunday in Month Church at  
2 p.m. at Rockcastle  
Respiratory Care  
**Bro. Gary Bowling, Pastor**

**Poplar Grove Baptist**  
145 Richlands Rd. • Brodhead  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening 6 p.m.  
Wednesday Evening 7 p.m.  
**Tony Shelton, Pastor**

**Providence church of Christ**  
1 mile off Hwy. 70 on Hwy. 618  
758-8524  
Sunday Bible Study 10 a.m.  
Sunday Morning Worship  
10:30 a.m.  
Sunday Evening 6 p.m.  
Wednesday Bible Study 7 p.m.  
www.WhatSaiHTheScriptures.com

**Red Hill-Union Baptist Church**  
4308 Highway 1955  
Livingston, KY  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening 6 p.m.  
**Bill Hammond, Pastor**  
606-392-1826  
Everyone invited to come and  
worship with us

**Roundstone Baptist**  
Sunday School 10 a.m.  
Sunday Worship 11:00 a.m.  
Sunday Night 6:00 p.m.  
Wednesday Night 7 p.m.

**Sand Hill Baptist Church**  
Sand Hill Rd.  
Sunday School 10 a.m.  
Sunday Worship 11:00 a.m.  
Sunday Night 5:00 p.m.  
Thursday Night 6 p.m.  
**Pastor Tommy Miller**

**Sand Springs Baptist**  
Directions: Take Hwy 1249, go  
exactly 5 miles, church on right  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening 6 p.m.  
Wednesday Evening 6 p.m.  
**Pastor: Bro. Eugene Gentry**

**Scaffold Cane Baptist**  
Sunday School 10 a.m.  
Sunday Worship 11:00 a.m.  
Sunday Night 6:00 p.m.  
Wednesday Night 7 p.m.  
**Pastor: Bro. James Hardin**

**Skaggs Creek Baptist Church**  
Sunday School 10 a.m.  
Sunday Worship 11:00 a.m.  
**Pastor:**  
**Bro. Dennis Hammack**  
Everyone Welcome!

**Union Chapel Pentecostal**  
1505 Union Chapel Rd.  
Brodhead, Ky.  
Sunday School 10 a.m.  
Sunday Worship 11:00 a.m.  
Sunday Evening 6:00 p.m.  
Thursday Evening 7:00 p.m.  
**United Gospel of Christ**  
4 miles off US 25 on Wildie Rd.  
Church welcomes everyone  
Sunday Worship 11:00 a.m.  
Sunday Evening 6:00 p.m.  
Wednesday Evening 7:00 p.m.

**Valley Baptist Church**  
4482 Copper Creek Rd.  
Berea, Ky. 40403  
Organized in December, 1908  
Sunday School 9:45 a.m.  
Sunday Worship 11:00 a.m.  
Sunday Evening 6 p.m.  
Wednesday Evening 7 p.m.  
**Jeff Draper, Pastor**  
**Wildie Christian Church**  
1478 Wildie Rd. • Wildie  
606-256-4494  
Sunday School 10 a.m.  
Sunday Worship 10:55 a.m.  
Family Fellowship 6 p.m.  
Bible Study 6 p.m.  
**Bro. Gary Pettyjohn, Pastor**

**Brodhead Pharmacy**  
Main Street • Brodhead  
606-758-4373  
Howard Saylor Pharmacist  
Open: 9:30 to 6:30 Mon.-Fri.  
David Collins Owner  
"We Deliver County Wide"

**Collins Respiratory Care**  
Main Street • Brodhead  
606-758-9333  
Home Health Equipment & Supplies  
Insurance & Medicare Accepted  
Owners: David Collins & Shelly Clements

**Citizens Bank**  
At Citizens Bank we are a team and we are with you every step of the way.  
Brodhead 606-758-8212  
Mount Vernon 606-256-2500  
McKee 606-287-8390  
Somerset 606-451-2274  
24 Hour Information Line 1-800-530-8561

**Family Fill-Up Meal Only \$20**  
Remember our Buffet for Lunch  
For your family reunion or church gathering -- we offer catering!  
10 a.m. to 10 p.m. • 7 Days a Week  
U.S. 25 N - Mt. Vernon  
606-256-4910



**ROCKCASTLE PROFESSIONAL PHARMACY**  
Professional. Dependable. Experienced.  
Call (606) 256-4613  
Retail • Drive Thru • Home Delivery

**ROCKCASTLE REGIONAL HOSPITAL RESPIRATORY CARE CENTER**  
Breathing Life into healthcare

BEST HOSPITAL AWARDS  
KENTUCKY HOSPITAL ASSOCIATION  
WOMEN'S CHOICE AWARDS  
www.rockcastlehospital.org

# Classifieds

## CLASSIFIED RATES

- Local Rates - \$4 for 25 words or less - .10 each additional word
- Display Classifieds \$5.00/Inch

**Deadline for Classifieds is 10 a.m. TUESDAY**

## For Rent

**House and Trailer in Brodhead.** No pets. 758-4729. 33xntf

**Trailers For Rent.** Deposit required. No pets. 859-358-3560. 29xntf

**Chism Drive Thru Storage.** 9 1/2 x 14 indoor units. \$50. 24 hr. access and security cameras. 859-559-9903. 3xntf

**Trailers and house in Brodhead.** No pets. 758-8922. ntf

**Accepting applications at Mt. Vernon Housing Authority** on Mondays 4 to 8 p.m. and Wednesdays and Fridays, 4 to 6 p.m. Rent based on income. 256-4185. 14xntf

## For Rent

**Maple St. Storage of Brodhead**

**256-2884 or 606-308-2491**

**Accepting Applications** For 2 and 3 bedroom units at

Valley View Apartments. Rent based on income. Call 256-5912. TDD for hearing impaired only. 1-800-247-2510.

## Property For Sale

**House or trailer** on land contract w/down payment in Brodhead. 758-4729.

**Owner Financing:** 6 acres. Nice property. Gently rolling, very private. Pulaski/Rockcastle line. \$27,500 obo w/\$4,000 down. Moving, must sell. 606-758-9554 for directions.

## Mobile Homes For Sale/Lease

**For Sale:** New 2017 28x60 3BR/2BA Clayton double wide. Northern insulation and thermopane windows. Delivery and set-up included. Only \$353.92 a month w.a.c. Call Blue Ridge Homes in Whitley City, Ky. 606-376-2170.

**For Sale:** New 2017 2BR/2BA 14x60 Clayton. Zone 3 insulation with house-type windows. Delivery and set up with central air. Only \$234.35 a month w.a.c.. Call Blue Ridge Homes in Whitley City, Ky. 606-376-2170 or visit us at blueridgerepo.com.

**For Sale:** New 28x52 3BR/2BA Clayton doublewide. \$325 month w.a.c. Delivery and set up included. Call Blue Ridge Homes in Whitley City, Ky. 606-376-2170 or visit us at blueridgerepo.com.

**For Sale:** 2017 14x70 3BR/2BA Clayton. Extra insulation, thermopane windows, central air, delivery and set up included. \$252.07 a month w.a.c. Blue Ridge Homes, 606-376-2170 Visit us at blueridgerepo.com

## Notices

**Attention! LIHEAP Wood Voucher Customers:** Would you like to get an honest amount of wood for your voucher? If so, request Recie Link to deliver your wood. I sell and take vouchers. Serving Rockcastle, Jackson and Laurel Counties. 606-965-7638. 39x2p

**Sigmon Farm Pumpkin Festival** will be October 14th and 15th. Call 256-2781. 37x3

**Sigmon Farm Pumpkin Patch** will be open on Fridays, Saturdays and Sundays, 5 to 7 p.m. Call 256-2781. 37x2

**Notice is hereby given that Shannon Bishop,** 1434 Purrgsby Road, Brodhead, Ky. 40409 has been appointed Administrator of the estate of Barbara Bishop on the 11th days of September, 2017. Any person having claims against said estate shall present them, according to law, to the said Shannon Bishop or to Hon. John D. Ford, P.O. Box 247, Mt. Vernon, Ky. 40456 on or before March 12, 2018. 36x3

**Notice is hereby given that Alice Arlene Smith,** P.O. Box 253, Livingston, Ky. 409445 has been appointed Executrix of the Estate of Archie Bales on the 11th days of September, 2017. Any person having claims against said estate shall present them, according to law, to the said Alice Arlene Smith or to

Hon. Joseph P. Lambert, P.O. Box 989, Mt. Vernon, Ky. 40456 on or before March 12, 2018. 36x3

**Notice is hereby given that Timothy Owens and Kathie C. Owens,** 1457 Bee Lick Road, Brodhead, Ky. 40409 have been appointed co-executors of the Estate of Margaret Marie Owens on the 20th day of September, 2017. Any person having claims against said estate shall present them, according to law, to the said Timothy Owens and Kathie C. Owens or to Hon. Jeremy B. Rowe, Rowe Law Office PLLC, 205 Richmond St., P.O. Box 1250, Mt. Vernon, Ky. 40456 on or before March 21, 2018 at 9:30 a.m. 38x3

**Notice is hereby given that Ricky Smith,** 297 McHargue Branch Road, Mt. Vernon, Ky. 40456 has been appointed Administrator of the Estate of Austin Ryan Stewart on the 25th day of September, 2017. Any person having claims against said estate shall present them, according to law, to the said Ricky Smith or to Hon. Jeremy B. Rowe, 205 Richmond St., P.O. Box 1250, Mt. Vernon, Ky. 40456 on or before March 26, 2018 at 9:30 p.m. 39x3

**Notice is hereby given that Teresa F. Shafer,** 3047 Chestnut Grove Road, Brodhead, Ky. 40409 has been appointed Administratrix of the estte of William Joe Shafer on the 27th day of September, 2017. Any

person having claims against said estate shall present them, according to law, to the said Teresa F. Shafer or to Hon. Jeremy B. Rowe, 205 Richmond St., P.O. Box 1250, Mt. Vernon, Ky. 40456 on or before March 28, 2018 at 9:30 p.m. 39x3

**Notice is given that Paul V. Grayhart,** 12618 Sand Springs Road, Mt. Vernon, Ky. 40456 has filed a Final Settlement of his accounts as Executor of the Estate of Bonnie Lou Walker, deceased. A hearing on said settlement will be held on October 30, 2017 at 11 a.m. Any exceptions to said settlement must be filed before said date. 39x1

**Notice is hereby given that Billy D. Mason,** 803 Old Sigmon Loop, Mt.

Vernon, Ky. 40456 has been appointed Executor of the Estate of Harvey R. Rasnick on the 27th day of Spetember, 2017. Any person having claims against said estate shall present them, according to law, to the said Billy D. Mason or to Hon. John D. Ford, Coffey & Ford, P.S.C., 45 E. Main St., P.O. Box 247, Mt. Vernon, Ky. 40456 on or before March 28, 2018 at 9:30 a.m. 39x3

## Help Wanted

LPN/RN full time and part time for home care near Mt. Vernon. \$17/\$20 per hour. 606-256-1398. 39x1



**“A Clean Carpet is a Healthy Carpet!”**

David Owens manager  
**606-256-9870**

## Rock Castles Landscaping

Consultations, Landscape Design & Construction, Waterfalls, Stonework, Edibles  
*Max Phelps, Owner*

**606-416-3911**

[www.rockcastles.net](http://www.rockcastles.net)

## House For Sale - Albright St., Brodhead

*Home of the late Billy and Carol Riddle*

House is one block from Brodhead Elementary 2 BR, kitchen, dining room, living room, sunroom, utility room and bathroom on first floor. 3 BR on second floor. Full size basement, central air and heat, 2 car detached garage. **\$76,000**

Also have for sale an extra lot located behind house with a 24x28 garage, has own entrance, **\$16,000**

Call 758-8277, 758-9150 or 758-8710



## Subscribe to the

# Mount Vernon Signal

**In-County - \$23.00 • Out-of-County - \$27.00**

**Out-of-State - \$35.00 • Prices Per Year**

**10% Discount to Senior Citizens**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Please specify.....

New \_\_\_\_\_ Renewal \_\_\_\_\_

Mail to: Mt. Vernon Signal • PO Box 185 • Mt. Vernon, KY 40456

## Miscellaneous For Sale

**Three Burial Lots** in Cresthaven Cemetery. Two side by side, one single. \$600 each obo. Call Larry 513-659-4547 or 513-607-0116. 37xntf

**Honda Scooter Elite 80.** Little over 1000 miles. 758-0242. 27xntf

**Cresthaven Cemetery Plots.** Contact Billy Dowell, 606-308-1058. 39xntf

**Firewood For Sale:** \$50 a load, seasoned white oak plus locust. Contact 606-308-9423. 31xntf

**Professional Services**

**Handyman:** Painting (interior and exterior), remodeling, roofing, porches, floors laid. Any job, big or small. References available. Call 606-661-9310 or 606-386-1664. 29xntf

**Deno's LLC, Open MIC/ Karaoke** Thurs-Sat, 6 p.m. to midnight (or when last customer leaves). Rental space for birthdays, banquets, etc. Rent our inflatables. 220 E. Main St. 606-510-4404. 33xntf

**J and R Pressure Washing.** Pressure washing of all type homes, outbuildings, decks, sidewalks and concrete patios. Owner and operator Jonathon Collins. Free estimates. 606-308-3533 or 758-1986. 49x4p

**Jonathan Collins Remodeling and Repair Service.** Home improvements of any kind from doors and windows, painting, new floors, to roofs and decks - will do it all. Any home, any problem, "we're the one to call." 606-308-3533 or 758-1986. 49x4

**Owens Monument:** Located behind Owens Funeral Home in Brodhead. Open Mon-Fri. 8 to 5 and Sat. 9 a.m. to noon. 606-758-9600. 14xntf

**Notice:** Will haul off or buy scrap metal, junk cars or trucks. Metal hauled for free. 231-6788. 14xntf

**Grave Markers & Monuments:** In stock at all times. McNew Monument Sales, US 25, 4 miles north of Mt. Vernon. Phone 256-2232.

**U Call We Haul!** Anything that fits on a truck. Local or long distance. Building - demolition - moving - clean-ups - landscaping. No garbage. 606-256-9222 or 308-1629. 35xntf

**Gail's Pampered Pooch** 57 West Main St., Brodhead. For appt. call 606-758-0064 20xntf

**Yard Sales**

**Yard Sale:** Saturday, Oct. 7th, 9 a.m. to 2 p.m. Lots of clothing for men, women and children - all sizes - Justice, Gap, Levi, Old Navy and Ralph Lauren. Under Armour cleats, doll houses, bicycles, toys, kitchen sets, books. Everything will be cheap!

**Yard Sale:** 3 families across from Farm Bureau on US 25 South. Thursday, Friday and Saturday. Little bit of everything.

**Yard Sale:** Thursday, Friday and Saturday. Home of Debi Moore, U.S. 25 North near McNew Monuments. Gardening tools, bath vanity, entertainment center, books, movies, toys. Clothes: infant boy, toddler girl, ladies 12-plus size and men's. Rain cancels to next day.

**Huge Yard Sale:** On Clark St., behind vet clinic. Oct. 7th, 8 a.m. to ? Tons of plus size clothes, household items, shoes and books.

**Garage Sale:** Friday and Saturday, 9 a.m. to ? At the home of Jack and Karen Noe, 948 Wabd Jones Road. Clothes, dishes, tools, household items -- too much to list.

**Yard Sale:** Friday and Saturday, 9 a.m. to 4 p.m. at the home of Betty Henderson, behind the Mt. Vernon Post Office. Items include: Christmas and fall decor, golf clubs, silk flowers, home decor, men's and ladies' shoes, winter and fall jackets and many other fall/winter clothing items priced to sell.

**Four Family Yard Sale** given by Charlotte "Tootsie" Bullock and others Saturday, Oct. 7th, 8 a.m. to ? at 1025 Ottawa School Road (second house on left w/circle driveway). "Got to go Sale." Household items, floral arrangements, glassware, purses, shoes, scarves, belts, jewelry, blouses, skirts, slacks, sweaters,

men's shirts and 12-22 size clothing.

**3 Family Yard Sale:** Friday and Saturday, Oct. 6th and 7th. 2356 White Rock Road (end of old 461). Given by Paula Amyx, Holly Moore and Linda Marcum. Girl's size clothing 10-12 youth; shoes; women's size medium/large/XL; men's L/XL/XXL; purses, perfume, lotions, etc. and some household items.

**Tools, ETC Sale:** Friday only, 9 to 5. Basketball light fixture, old bicycle,

Duracell batteries, computer paper, 18 prs. men's pants - large new and "like new," large long sleeve shirts, antique wire stretchers, old "Handyman" jack, saw, drill, blades and parts for "sickle" mowing machine. Kerosene heater, sprayers, nuts and bolts, reduced price large wrenches and odds and ends. 4652 Spiro Road, between old Denney Grocery (candle shop) and Skaggs Creek Church at home of the late Henry Owens.

**Rockcastle**  
Self Storage Units  
Outdoor RV, Boat & Trailer Storage  
**859-608-1924**

**B.C.C. Metals**  
Featuring metal roofing, siding, trim and insulation.  
Same day service available on most orders.  
**Contact Jerry Blair**  
Toll Free 1-800-658-4902 • 256-4700  
Located 4 miles s. of Berea, off U.S. 25 at 862 Lambert Rd.  
Serving Rockcastle County & surrounding counties.  
[www.bccmfg.com](http://www.bccmfg.com)

**BISHOP**  
TIRE & AUTO CARE  
193 RICHMOND STREET - MT. VERNON, KY  
We Sell Custom Rims  
Wash, Grease, Roll!  
**BISHOPTIRES.COM** 606-256-4029  
STATE OF THE ART COMPUTER DIAGNOSTICS  
NEWEST ALIGNMENT EQUIPMENT  
LARGEST SELECTION OF TIRES IN STOCK!  
WRECKER SERVICE

**Brown's Backhoe and Bobcat Service**  
Lic. septic tank installer, footers, waterlines, general backhoe work.  
Buck Brown, owner.  
606-386-1516 or 606-308-0289  
25 years experience. References available.

**John's Repair**  
Appliance & Plumbing  
Faucet & Toilet  
**308-5646**  
John Tyler, Owner

**Winstead's Heating & Air**  
Financing Available through Wells Fargo \*w/ approved credit  
**American Standard**  
Visa, Mastercard, Discover  
**Pat Winstead** HM04434  
606-256-1038 • 606-308-4825

**CLIFFORD Collins BACKHOE, LLC.**  
**Septic Tanks**  
• Cisterns • Farm Products  
• Storm Shelters • Retaining Walls  
**606-256-2535**

**Morgan Plumbing Service & Repair**  
New Construction • Commercial & Residential Service  
Fully Insured • All Work Guaranteed  
**256-4766 • 606-232-0666**

**COOPERTIRES**  
SET UP TO \$100  
WHEN YOU BUY A NEW SET OF 4 QUALIFYING TIRES.  
SEPTEMBER 1, 2017 - OCTOBER 31, 2017  
FOR MORE INFORMATION, GO TO COOPERTIRES.COM OR CALL 1.844.884.7218  
Fall is here, and the season's bounty includes great rewards on outstanding Cooper tires. Before you set off on holiday adventures or follow your team to away games this fall, stop by your local dealer and discover why you should COUNT ON COOPER.  
\$100 REWARD COOPER LEAR 800-4P  
\$70 REWARD COO GRAND TOURING™, COO ULTRA TOURING™, SADDLESTEER A/T™, DISCOVERER A/T™, DISCOVERER A/T™  
\$50 REWARD COO DISCOVERER H/T™, COOPERZEON H/T™, FLEVATION H/T™, WEATHER-MASTER H/T™  
**DAVID'S TIRE CENTER**  
24 HR TOWING & RECOVERY LLC  
1431 S Wilderness Rd (US 25) Mount Vernon, KY 40456  
(606) 256-4606  
David & Josh Thompson, Owners  
**COOPERTIRES**

**On-Site Computer Service**  
Tired of sending your computer away to get it fixed?  
Call and let us come to you for all your computer needs!  
Setup, Consultation, Software/Hardware Conflicts  
Virus/Spyware Removal  
**Reasonable Rates**  
Call **Spencer Bengé**  
**606-308-5653**

**BEE Garbage**  
**256-2334**  
Weekly residential curbside pickup  
\$17<sup>00</sup> per month with Curb Cart

**Town & Country**  
24 HR. WRECKER SERVICE  
All Types of Mechanic Work  
Call 256-9634 days or 256-4650 nights

**Heating & Air**  
**Amana** Heating & Air Conditioning  
LASTS AND LASTS AND LASTS.  
**Goodman** Thank goodness for Goodman.  
**COMPLETE HOME COMFORT**  
Locally owned and Located at:  
**523 West St. • Brodhead, Ky.**  
**Rodney Smith**  
758-0155 • 256-1683 • 859-661-5986  
We service all Brands and Models • 20+ years experience  
Free Estimates - Affordable Service - Call for Rates  
Expert Installation & Troubleshooting • Friendly Hometown Service  
**Heat Pumps and Gas Furnaces**  
Fully Licensed and Insured HVAC and Electrical • MO-4808 and CE63779

**Classified Deadline is Noon Tuesday**  
**CLASSIFIED ADS NOTICE**  
NO classifieds can be placed over the phone without paying at time of placing advertisement

For your convenience, we accept VISA, Mastercard, Discover, American Express.  
To place your classified, have your credit card ready and call **(606) 256-2244**



William Andy Walker, 2017 graduate of Rockcastle County High School and currently a student at Eastern Kentucky University, was recently awarded the Outstanding Student Technology Award from the Kentucky Association of School Librarians at their summer conference in Bowling Green. Walker received a certificate and a check for college expenses. Walker is the fourth RCHS student to win the state award for service at the RCHS Library with Mrs. Janet Wells, Librarian. Pictured are Librarian Wells and Walker.

## Four Rockcastle students graduate from Rogers Explorers

Rockcastle County students Kyle Aaron Coffey, Faith Harris, Kerrigan Medley, and Camden Mink graduated from The Center for Rural Development's 2017 Rogers Explorers youth leadership program.

The Rogers Explorers program is an educational leadership program that provides hands-on learning opportunities for middle school students in Southern and Eastern Kentucky to build their math, science, and technology skills. Graduates are encouraged to work toward pursuing careers in these in-demand career fields.

program, Explorers had the opportunity to experience first-hand how science, technology, engineering, and math (STEM) can positively impact our region while also getting a feel for what college life was like."

The Rogers Explorers program is presented by The Center in partnership with Lindsey Wilson College, University of the Cumberlands, Asbury University, Eastern Kentucky University, Morehead State University, University of Pikeville, and the newest host site, Union College.

Coffey is the son of Scottie and Wanda Coffey of Mt. Vernon. Harris is the daughter of Johnny and Worth Anne Harris of Brodhead. Medley is the daughter of Anthony and Monica Jill Medley of Mt. Vernon. Mink is the son of Daniel Mink and Kaci Brown of Mt. Vernon.

For more information about Rogers Explorers, call 606-677-6000 or email youth@centertech.com.

Visit the website www.centeryouthprograms.com to learn more about youth programs at The Center.

"This experience has helped me to explore more career options in the math and science fields," Harris said. "It also gave me more insight as to what career I would like to pursue in the future."

Two hundred and twelve students—the largest class ever—attended this year's Rogers Explorers program. Participants apply when they are in the eighth grade and attend during the summer before the start of their freshman year.

"This year's class of Rogers Explorers showed that there are many bright, young leaders in our region of Southern and Eastern Kentucky," said Laura Glover, Managing Director of Operations at The Center. "By participating in this

## Join Arbor Day and receive 10 autumn classics trees or five Crapemyrtle

The Arbor Day Foundation will brighten up your fall by offering 10 free autumn

classics trees or five free Crapemyrtle when you join the organization in October.

The free trees are part of the nonprofit Arbor Day Foundation's Trees for America campaign, a program dedicated to environmental stewardship through the planting of trees.

Everyone who joins the Arbor Day Foundation in October will receive five crapemyrtle trees or 10 autumn classics selected for your area. The 10 autumn classics include: two sugar maples, two red maples, and one each of scarlet oak, sweetgum, northern red oak, silver maple, white flowering dogwood, and Washington hawthorn.

"Members will especially enjoy these trees during the autumn months because

they'll add abundant, vibrant color to any yard or landscape for years to come," said Matt Harris, chief executive of the Arbor Day Foundation.

The trees will be shipped postpaid at the right time for planting, between Nov. 1 and Dec. 10. The 6- to 12-inch trees are guaranteed to grow or they will be replaced free of charge. Planting instructions will be enclosed with each shipment of trees.

To receive your free trees, send a \$10 membership contribution with your tree selection to Arbor Day Foundation, 100 Arbor Ave., Nebraska City, NE 68410, by October 31, 2017, or join online at [arborday.org/](http://arborday.org/) October.

**Premium Windows**  
 - Eight 4000 Series windows  
 - State-Zone glass  
**\$59 PER MONTH**  
 JUST 60 MOS. **NO DOWN!**  
 \*Energy Star approved  
 \*Standard installation

**Window World**  
 "Simply the Best for Less"

**FREE In-Home Estimates:**  
**606-258-1774 • 800-353-4313**  
 142 American Greeting Rd., Corbin • Fully Licensed & Insured  
**WindowWorld.com**

\*PAYMENT BASED ON 7.99% A.P.R. UNSECURED LOANS. BANK APPROVAL NEEDED. ASK FOR DETAILS.

**STRUGGLING WITH ADDICTION?**

Toll-free Treatment Help Line  
**1-866-90-UNITE**

Take control of your life  
**TODAY!**

**Lots of Food & Vendors**

October 6 <sup>th</sup> & 7 <sup>th</sup> Sonya Blaydes 8-8:30 then 9:30-10	October 7 <sup>th</sup> Weigh in at 12 Starts at 1	October 7 <sup>th</sup> 5:00 p.m. MVEs Weather Permitting	October 7 1pm	October 7 <sup>th</sup> 7am Weigh in at 8pm

### Annual Bittersweet Car Show

Will kick off of our festival  
**Location: Main Street, Mount Vernon, KY**  
**Date: 10/5/2017**

Line up starts at 4pm car show starts at 5pm

## LIVE MUSIC

### Main Stage

**October 6<sup>th</sup>**  
 5pm -6pm > David Lunsford  
 6:15pm -8:15pm > Level Green  
 8:30pm -10:30pm > Wild River Band

**October 7<sup>th</sup>**  
 10:30am - 11:30am > Bittersweet Cloggers  
 11:30am - 12:00pm > Jacklin Bullock  
 12:00pm - 1:00pm > Parade  
 1:00pm - 3:00pm > Rusty & The Greenhorns  
 3:15pm - 4:00pm > Jeff Watson  
 4:15pm - 6:15pm > Double Nickel  
 6:30pm - 7:30pm > Magician  
 7:30pm - 8:00pm > Mike Tussey  
 8:30pm - 10:30pm > Strait Shot Band

**Bittersweet 5K**  
 Run/Walk  
 October 7<sup>th</sup>

at 7:30am

**FROZEN 5-GRADER CONTEST**

**FIRST TEN PEOPLE**

### Hoola Hoop Contests

**Karate Demo**  
 Saturday 7<sup>th</sup>  
 5-5:15pm

### Train Rides

### Inflatables

Illusionist  
 Joseph Young  
 Main Stage at 6:00pm

Friday 6<sup>th</sup> & Saturday 7<sup>th</sup>  
 Each night at 8:30pm

**PARADE**

**Family Movie Night**

For any questions please call  
**Mt. Vernon City Hall at 606-256-3437.**