

Mount Vernon

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COVID Update

Rockcastle County's incident rate has been fluctuating but currently stands at 154. The Cumberland Valley District Health Department did not release the number of new cases this week by press time due to the holiday.

Food Truck event

The Kentucky Food Truck State Championship is planned for Saturday, September 11 at the Kentucky Music Hall of Fame. There will be free live music from 11 a.m. to 5 p.m., featuring Jaclyn Bullock, The Sparrowhawks, Marty Brown, One Shot Johnny and Driftwood Gypsy. Food Truck winners will be announced at 5 p.m. with a \$5,000 grand prize and there will be other award categories. At 7 p.m. Chris Knight, featuring the Wooks and J.D. Shelburne will perform. Outdoor venue ticket prices are \$25/\$35/\$45.

Livingston meeting

The regular monthly meeting of the Livingston City Commission is scheduled for Monday, September 13 at 6 p.m. at Livingston City Hall. The public is invited to attend.

Fiscal court

The Rockcastle County Fiscal Court's regular monthly meeting is scheduled for Tuesday, September 14, at 4 p.m. in the third floor conference room at the courthouse. The public is invited to attend.

School board

The regular monthly meeting of the Rockcastle County Board of Education is planned for Tuesday, September 14 at 6 p.m. at the Teaching and Learning Center on Richmond Street.

Brodhead meeting

The Brodhead City Commission regular monthly meeting is scheduled for Monday, September 13 at 7 p.m. at Brodhead City Hall.



Harry "The Hurricane" Hunsucker (above) served as Grand Marshal of the Livingston Homecoming Parade Saturday. Mike Dunn (below) helped his children Caden and Claire gather candy tossed from the many floats in the largest parade in Livingston history. (See more photos on B1 & B4)



Big crowd for Homecoming

The Livingston Annual Homecoming was apparently the biggest in history, according to Mayor Dwane King. "I believe this was the biggest and best parade we have ever had," he said. "It is good to be back out with all our friends again after this COVID thing."

Though COVID-19 cases and the incident rates are higher than ever before, King said the citizens of Livingston were ready to get back out into the world. "We were able to have the whole shebang this year." King stood at the microphone in the center of town Saturday and proclaimed, "Welcome back out everyone. Now get out and enjoy everything we have going on."

And there was a lot going on. Booths lined Main Street, musical performers filled the air throughout the city, King said the parade was the biggest ever. Hot dogs and treats were available every few yards and citizens lined the streets with laughter and excitement through the weekend.

Rockcastle County School Board Chairman, and Livingston native, Angela Mink served as the Mistress of Ceremonies at the awards pro-

gram and Livingston resident, and national martial arts hero Harry "the Hurricane" Hunsucker,

served as Grand Marshal of the parade. John Kelly shared emceeding honors (See "Home" on A5)

Historic bike trail through County

Thanks to an \$85,000 grant from the Kentucky

Transportation Cabinet, and the unmatched enthusiastic work of Dr. John M. Fox, MD, President of

Friends of Boone Trace, Inc., Rockcastle is now officially marked as part of the new US Bicycle

Route 21 (USBR21). The 265 mile trek includes Rockcastle County (See "Bike" on A5)



A ceremony was held Thursday to announce the placing of bicycle route signs through Mount Vernon and Livingston as part of the Boone Trace Bicycle Route. Shown from left, watching the first sign placement, are: Mount Vernon Mayor Mike Bryant, Rockcastle County Judge/Executive Howell Holbrook, Jr., S&L Construction crew leader Shaw Evans, Dr. John M. Fox, MD., Livingston Mayor Dwane King, S&L Construction crewman Gabriel Lopez, Livingston City Clerk Amanda Thomas, Vitalize Mount Vernon Director Lynn Tatum and Neal Sluder. Over 1,000 miles of historic bicycle trail now weaves through Kentucky.

Escapee Caught after high speed chase Tuesday

Daniel Griffin

By: Mike French Editor

Once again, police found themselves searching for Daniel Griffin, 30, of Stanford after he escaped from the Rockcastle County Detention Center last week.

He was caught after a high speed chase Monday

that began in Lincoln County and ended in Pulaski County.

Griffin escaped the local center Thursday morning at about 5:30 a.m. Rockcastle County Jailer Nathan Carter said one of the many charges that landed Griffin in the

(See "Escape" on A5)

Rapid spread of COVID causes two-day closure

By: Mike French Editor

Rockcastle County Schools were forced to close Thursday and Friday of last week, due to amazingly high numbers of required quarantines and COVID-19 positive tests, according to Superintendent Carrie Ballinger.

Though all students

and staff were required to wear masks at all times by a Kentucky Department of Education mandate, over 500 students were forced to quarantine and over 70 students have tested positive for COVID-19 in just six days of in-person classes.

Ballinger said she and the school board had

(See "COVID" on A5)

Relay for Life parade coming

By: Mike French Editor

Once again the time has come for the annual Relay for Life Parade. This year's event will take place on Friday, September 17 at 6:45 p.m. Relay for Life is an

opportunity to celebrate the lives of those who have battled cancer and remember loved ones lost to the disease, according to organizers.

The celebration this year will include some (See "Relay on A5)

Of Special Note Inside

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- Hospital COVID strugglesPg. A6

Contact us at: mvsignal@windstream.net
Deadline submission is 4:00 p.m. Monday

- Homecoming Pictures Pgs. B1&4
 - Classifieds Pgs. B2&3
- Deadline is Monday at 4 p.m.

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ramblings...

by: perlina m. anderkin

There are so many things to be outraged about that are going on in our world at present (haven't I already started one of these column with this statement recently? Oh well, it's the truth every week), that I, personally, have a hard time focusing on just which outrage I want to focus on in any given week.

I am still in deep sorrow over the present administration's disastrous withdrawal from Afghanistan, namely their leaving hundreds of Americans behind, after pledging they would not do so, and their gift to Taliban terrorists of over \$85 billion in advanced armaments, thereby arming our enemy???

Our government's refusal to stay in Afghanistan long enough to make sure that all Americans were out of the anti-women/American hating country has now culminated in six commercial planes, sitting on a runway in northern Afghanistan, for at least a couple

of days, loaded with 1,000 Afghani allies and Americans left behind by their government, according to americanmilitarynews.com.

Rep. Michael McCaul (R-Texas) told Fox News Sunday that the Taliban is "holding them hostage for demands right now." McCaul said the state department "has cleared these flights, and the Taliban will not allow American citizens to leave until they get full recognition from the United States of America," according to McCaul.

One of the few news events that made me happy recently was the new abortion law in Texas, limiting abortions to before a heartbeat can be detected (usually around six weeks). The law went into effect last Tuesday at midnight and one abortionist in Fort Worth "raced" to terminate as many pregnancies as possible before

(Continued on A3)

Aces Over

By: Mike French



Personally, I have worried about wearing these masks ever since the very beginning of this COVID stuff.

The great Dr. Anthony Fauci told us all that masks were useless when this all started. He said they would do absolutely nothing to prevent one from catching COVID-19 and they may actually do harm to younger people.

It wasn't but a few short weeks later that he changed all that and suddenly masking citizens across the country became the determining factor to avoid mass extinction.

I always wondered how his opinion could change so dramatically. I can see going from "they may not help" to "Well, maybe they would help." That, I would understand. But to go from "they do no good at all and can

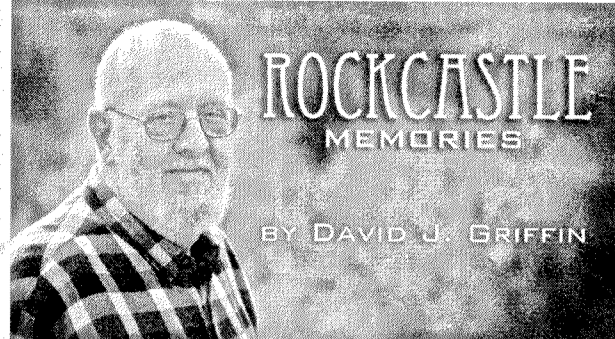
cause harm in younger adults," to "the key to beating COVID-19 and staying alive is wearing masks at all times," that is quite the change.

Of course another clue that Fauci is a Democrat, was his denial that he ever said you didn't need masks in the first place. He claims he didn't say that. I guess he forgot about video and the digital age we live in

In fact, it was Fauci, Joe Biden, Kamala Harris and Andy Beshear who all told us that if we got the vaccine we would never catch COVID at all.

Guess what? As soon as fully vaccinated people starting dying with COVID, they claim they never said that either. Ah ha! Video! Yes they did!

It would go a long way (Continued on A3)



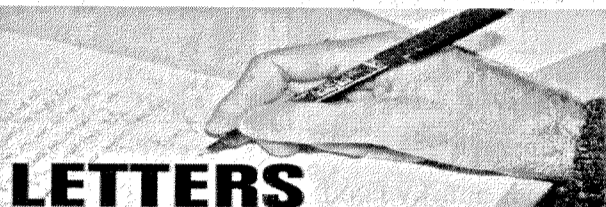
Operation

In 1965, I was watching television when a commercial for a new board game came across the screen. The game was called Operation, and it allowed kids to remove body parts from the patient's body with a set of tweezers. If the bones touched other body parts, a loud buzzer went off,

and the chubby patient's nose lit up. You have killed the patient.

One of my friends received the game for his birthday. We took turns trying to remove the bones, one by one - Wish Bone, Broken Heart, and Charlie Horse. These were relatively easy.

(Continued on A3)



LETTERS TO THE EDITOR

Litter at the lake...

Dear Editor,
Aren't we glad that the City mowed the grass around the Lake this week!

So this is what happens when the litter around the Lake is not picked up for a year or so. Since we are not polic-

ing for litterers, and the County stopped using prisoners to periodically pick-up the litter around the lake, here's a thought... let's NOT cut the grass, so people can litter as much as they want and the grass will simply cover it up and it won't be as unsightly??

Andy Lawson

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T.J.'s Journal

By: Tonya J. Cook



Our Labor Day Weekend

Dear Journal,

This is the last holiday before the bad weather comes and the delta variant gets worse, so we wanted to enjoy it. The holiday actually started for us on Thursday night. As our routine goes of late, we feed two poor dogs out in the middle of nowhere. Recently, we discovered a big yellow cat, too! I can't understand why people just drop off animals espe-

cially out in the middle of nowhere. Another little dog, a mountain cur we had been feeding in the same area, finally trusted us on the third night we fed her and we brought her home. We've found that she is house-trained as well as crate-trained, so she has been someone's house dog. She is now named Heidi Belle and sleeps under my night stand.

We like to cook ahead

(Continued on A3)



Litter at Lake Linville.

CHRIS KNIGHT

FEATURING

The Wooks & JD Shelburne

Kentucky Music Hall of Fame

September 11th, 7 pm

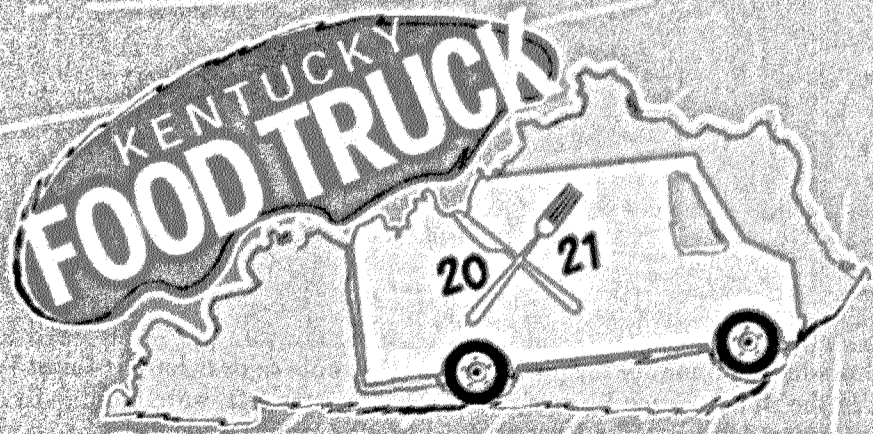
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‘ramblings’

(Continued from A2)
that time.

Marva Sandler of Whole Woman's Health, one of the largest abortion clinics in Texas, terminated 67 pregnancies in 17 hours.

SCOTUS decided 5-4 not to block the heartbeat ban which contains a unique enforcement mechanism whereby any private citizen may file a civil lawsuit against an abortion provider, or any other individual, who "aids or abets" a "criminal abortion."

I do think the new law should have made an exception for rape or incest but I am baffled as to why proponents of abortion to birth have no problem with our Constitution guaranteeing its citizens the right to "life, liberty and the pursuit of happiness." Who else should receive the advantage of this right to life if not the most vulnerable among us? Why cannot women (and men) take the responsibility to use the myriad forms of birth control available, often at no cost at all to them, instead of using abortion as a method of birth control?

And, the most outrageous thing about Planned Parenthood is their advertising themselves as proponents of women's reproductive rights. There's nothing "reproductive" about an abortion, it is the taking of a life pure and simple. 61 million babies have been murdered in 47 years of legal abortions.

Advocates say that women have total control over their bodies and no one else should have a say in the matter (unless you don't want to be vaccinated). I agree that women should have total control over their bodies, until it involves taking the life of an unborn baby who should be considered a person from conception, in my opinion.

And, to add insult to injury for nonsupporters of the practice, Planned Parenthood is also engaged in selling the aborted babies, parting them out like an old truck.

Of course, Judge Maya Guerra Gamble of the District Court in Travis County, Texas, granted Planned Parenthood's application for a temporary restraining order (TRO) against Texas Right to Life, which spearheaded the new law, in the wake of the Supreme Court's decision. The TRO is in effect until September 17, a hearing for a preliminary injunction has been set for Sept. 13th.

If only we could get babies in the womb declared an endangered species, you know like some lizards, then we could protect them and these women could carry their child to term and place them with a loving family desperately wanting a child.

I want to say at this point how disappointed I have been with our Republicans in Congress, with the exception of a few including our own junior senator Rand Paul, who are seemingly going along with whatever the left comes up with.

It makes me wonder if they are nervous that if things really begin to be exposed in Washington, DC that their activities in the Deep Swamp might also be found out.

Our senior senator Mitch McConnell said in the last few days that there will be no impeachment of Joe Biden whereas, when the Democrats filed impeachment charges against President Trump, his reaction was that the impeachment process would move forward. But that's no surprise really, at least to me.

In the what else did you expect department? The left is now tweeting with the hashtag,

#TaxTheChurches.

Also, House Speaker Nancy Pelosi recently blocked a Resolution which would have read the names of the 13 servicemen killed in Afghanistan into the official record. But, she and other House members knelt for nine minutes in honor of George Floyd.

Go figure.

‘Aces’

(Continued from A2)

in public trust if they would try that old fashioned thing called "honesty." A simple "Oops. Sorry about that! I was dead wrong," would help a lot when it comes to getting people to believe anything they say.

I don't blame them. Anyone can be wrong about anything. It happens everyday. It doesn't mean you are worthless. It means you are human.

To be worthless, one would have to stare at a camera and purposely lie about having ever said it in the first place.

Anyway, I have read a lot of "data" and "science" that suggests masks are a really bad idea. Yes, I could be wrong. I have also read a lot that suggests everyone should wear a mask at all times. Both arguments have very valid and convincing points. I see both sides of the issue.

But all I have to go on is what I am told, mixed with what I see with my own eyes.

When a politician stands on a podium and pretends to be a doctor, that does not help convince me. I do not weigh into my decision the fact that "Andy Beshear says so."

Instead, I weigh what I have witnessed with what I have read. Playing a small part in my decisions is what I have heard others say. Then I investigate their opinions and make my own choices. I know Andy hates that part. No one should be able to make their own choices.

Anyway, I learned a lot from schools across the country this past week. I had been on the fence about masks all along. But I am not now.

Schools across the nation and in Kentucky were the number one biggest mask wearing entity on earth.

In Rockcastle County, every student, every teacher, every staff member, every custodian, every visitor and probably the mice all had 100% mask participation. Everyone at every school wore a mask at all times.

Yet in just six days, COVID became rampant. Over 500 students were quarantined and over 70 students tested

positive for COVID-19.

Well, the fact is, that is a MUCH higher incident rate than out in the community where masks are scarce. In fact, when calculated the same as the community rate, the local school system incident rate was nearly 400. In the Rockcastle County community, where masks are optional, the incident rate was 166.

Well, to me, that means masks don't help. In fact, if that is what one calls "data" then masks hurt.

The truth is, if one adds it all up the same way Fauci does, the school system just proved that you are almost 4 times more likely to catch COVID if you wear a mask.

Yes, I could still be wrong. I'm no doctor or scientist. I am just pointing out that using Dr Fauci's calculations and Andy's data, masks increase COVID.

The truth will be known within a week. I saw four masks among hundreds of people at the Livingston Homecoming this past weekend. Almost everyone there touched everyone else there over the weekend.

If there is no COVID explosion in Livingston, where masks were not present, but there was a COVID explosion at the school where all are masked, then I will never have a mask on again.

‘T.J.’s’

(Continued from A2)

for the weekend and Stanley brought in the groceries on the way home from work. I had on the menu for this weekend barbecued beef ribs (I had trouble finding them but finally found them at good old Walmart), cole slaw, baked beans, fresh tomatoes, fresh corn on the cob, and banana pudding for dessert. For Sunday we plan to have some lemon pepper chicken, dressing, cranberry sauce, broccoli casserole, mac and cheese and for dessert fried apple and pumpkin pies. The rest of the week will be leftovers.

On Friday I spent a good portion of the day trying to save a little white dog in the Woodford County shelter from being killed. He is a pit bull and they are hard to adopt due to their unwarranted reputation. There is a story for another time. I made several calls to various rescues, prayed and cried and it worked. He was saved. The pit bulls have a reputation due to foolish people making them mean for their own benefit. We have three and they are no worse than the others. One with terminal cancer sleeps in the bed with us.

Friday night was the highlight of the weekend.

We went to London to see Starship. The opening band was Vagabond Blue, a very good band in their own right. They opened up with Bon Jovi then went on to Poison and such bands as Aerosmith, Ratt, White Snake, AC/DC, Bad Company, and the like. Just about any big band from the 70's and 80's music was performed. Stanley just went wild with delight. Starship took the stage and performed a long string of their standards. The band began back in the 60's as Jefferson Airplane, then to Jefferson Starship and finally to just Starship. They have been going strong for about sixty-ish years. We saw a piece of history. This may be their farewell tour. I have to wonder how in the world did London lure them to come and how much did they have to pay them? I'm thinking around \$250,000 to \$500,000. London is a town with deeeep pockets. It was a free open air concert sponsored by London Tourism. There were about a thousand people or more on hand in Town Center Park. Thought I'd never see what I saw. A big name band like Starship, people drinking beer and dancing right there, out in the open, in my home town with cops everywhere. There was a fire truck on hand, too. Stanley said that it was for all of the hot music being played. The whole town could go up in a blaze. When they sang, "We Built This City on Rock and Roll", their "big hit", well there it almost went. Everybody got up to dance and near pandemonium broke loose, cheering and old fashion carrying on swept the crowd. Starship's lead singer is Mickey Thomas, a young 71 years old who got around like he was 21. His voice wasn't failing either. Cathy Richards accompanied him. She sang with Janis Joplin at Woodstock back in 1969. She was dressed in a tight black leather suit. She was looking good and as was lively as could be. Seventy is the new twenty evidently. Wonder how I can get in on it? Start singing lead in a premier rock band, I guess.

‘Memory’

(Continued from A2)

Funny Bone, Spare Ribs, and Writer's Cramp were more difficult. I tried over and over, but I kept getting zapped.

Operation is a battery-operated game of physical skill that tests player's eye-hand coordination and fine motor skills. The game was invented in 1964 by John Spinello, a University of Illinois industrial design student. He sold his rights to the game to renowned toy designer Marvin Glass for the sum of \$500. Initially produced by Milton Bradley in 1965, Operation is cur-

rently made by Hasbro, with an estimated franchise worth \$40 million.

The Operation game reminds me of a computer program that I used in my advanced classes at George Rogers Clark High School in Winchester, KY.

In 1988, I was teaching Chemistry and Human Physiology at GRC, and we had no computers at the time. The Clark County Superintendent, anticipating that computers were on their way to the field of education, asked me to attend a computer seminar in the Catskill Mountains of New York. My instructions were to determine which computers Clark County should purchase as well as to assess which programs would be good for our individual students.

My wife and I spent a week at this computer camp, and the instruction was extremely helpful. I had determined that my best advice to the Superintendent was to purchase IBM computers, and I had identified several types of programs geared to both our students and our faculty.

One particular program caught my attention. It was a very advanced program that allowed the students to perform a simulated operation to remove a human appendix. Several of my Anatomy and Physiology students were planning to attend college and major in Medicine or Nursing, so I thought the program would be great for them.

To challenge these particular students, I made the Appendix Program mandatory for the Anatomy class. During the next few months, only the very dedicated and extremely bright Anatomy students were successful at removing the human appendix. One of my students, who later received his MD degree, told me that the program motivated him and was very helpful, even during his medical school classes.

Because I taught high school science classes before and after the advent of computers in the classroom, I can emphatically say that the computers were extremely useful in teaching science. More than 60 of my former students now have degrees in medicine and more than 90 have nursing degrees. I also am convinced that the Appendix Program was just right for these particular students. It was Operation on steroids.

(You can reach me at themtnman1962@gmail.com or you can drop me a line at 30 Johnson Avenue - Mt. Sterling, KY 40353. I appreciate your comments.)

Rockcastle Community Bulletin Board

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Rockcastle County Bookmobile Schedule
Monday, Sept. 13th: Brodhead and Copper Creek.
Tuesday, Sept. 14th: Green Hill, Fairview and Brindle Ridge.
Wednesday, Sept. 15th: Wayne Stewart Center, Day Health, Senior Citizens, Cave Valley Apartments.

MVHS Alumni Reunion Cancelled
The Mt. Vernon High School Alumni Association planning committee has made the difficult decision to cancel the reunion that was scheduled for September 11, 2021. The uncertainty of the Delta variant of COVID is the reason and the committee wants to keep our classmates healthy and safe. Alumni who have already sent reservations in will soon be receiving a refund of their deposit. The 1971 Class Meet and Greet is also cancelled. The committee is very sorry to have to make this decision but felt it best to err on the side of safety. Additional information will be issued at a later date.

Farm Bureau Annual Meeting
The Rockcastle County Farm Bureau will hold their Annual Meeting on Friday, September 17, beginning at 5 p.m. It will be held in the Rockcastle Co. Farm Bureau parking lot. There will be no food, gifts or door prizes. All are welcome to come out.

2021 LHS Reunion Postponed
The planning committee for the annual Livingston School Reunion regrets to announce that the 2021 Livingston School Reunion will not be held. Given the current spike in the number of COVID cases, we believe it would be unwise to have a group of this size meet in a face-to-face event. We regret that we will be unable to get together this year and hope to see everyone in 2022! Look for information about the school, students and faculty on Facebook page Livingston KY School Reunion.

Brodhead Alumni Banquet Postponed to April, 2022
The annual Brodhead Alumni Banquet will not be held this year, according to organizer Virginia Hansel. Citing uncertainty because of the current Delta variant of COVID, Hansel said the decision was made to plan to have the next banquet on April 23, 2022. More information will be given closer to the banquet date.

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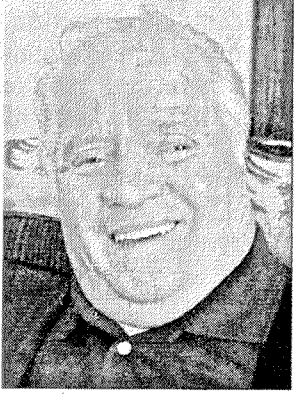


BIG ON COMMITMENT.®

Obituaries

Elbert Benjamin "Ebb Ben" Allen

Elbert "Ebb" Benjamin Allen, 85, died at home on September 4, 2021. He was born January 17, 1936 in Rockcastle County, to Virgil Hayes Allen and Katie May Allen. He married his loving wife of 56 years,



Willa Ella Robinson Allen, on September 12, 1964.

As much as Ebb adored history, he too lived a prolific life. He was born in a two-room log house and was the oldest of 13 children. He grew up working in the coal mines with his father in Leslie County. He worked there until the day he turned 17.

During the Korean War, he made his way to Louisville on his birthday and enlisted in the United States Marine Corps.

After serving his country in Japan, he traveled the United States from Utah to Florida before finding himself in Chicago, IL. There, he worked for International Harvester as a machinist by day and sang in a band by night. By chance, a young woman who called Eastern Kentucky her home waltzed into the club where he was playing. That young woman became his wife, Mrs. Willa Allen, and the mother of his two daughters, Shelia and Elizabeth.

The Allen family returned to their roots—the mountains—in 1970. Meanwhile, Ebb returned to the mines working for Benham Coal Company. He was a proud member of the United Mine Workers of America and an advocate for his fellow coal miners. He was known as the man who would stand up to authority and give a voice to the voiceless. Ebb demanded better workplace safety measures for the men in the Benham mine, a fight that he took all the way to Washington D.C. before an Administrative Law Judge. Also, Ebb was active in the "Brookside Strike" in 1973, where he stood shoulder-to-shoulder with coal miners striking against Duke Power Company. The strike, and Ebb's involvement, is documented in the Academy Award-winning documentary, Harlan County USA (1976).

After the mine at Benham closed in 1985, Ebb retired and leaned into his role as a newly minted grandfather, Freemason, and community historian. For over 20 years, he was a respected Kentucky historian who contributed to countless articles, books, and anthologies documenting the history of Kentucky's oldest families. He is known far and wide for his humor, his talent for storytelling, and for his encyclopedic knowledge of Kentucky genealogy.

To Ebb, no person was ever a stranger. In a cacophony of people, Ebb would make every person feel seen. When Ebb entered a room, he came prepared with a stunning wide smile and a clever story or anecdote. The stories he told tied together humor, the culture of the Hills, and the history of legendary people who might otherwise be reduced to names in a history book. He could wax poetic about Herodotus and spoke about Thomas Jefferson like a brother. If you knew him, you knew had a special talent for breathing life into history that had been long dead.

In 1995, Ebb and Willa made their way north to Henry County where they decided to retire. He grew beautiful gardens every summer and nourished his new community through his philanthropic activity in the Simpson Masonic Lodge in Newcastle, Kentucky. One of his greatest joys in life was the fraternal bonds he shared with his lodge brothers, who became life-long friends.

Ebb's true legacy is his children, grandchildren, and countless great-grandchildren. He did everything in his power to ensure that each had access to an education, as he believed that knowledge was the way one could enrich their life. He spoke with an intimate knowledge of humble beginnings, of being born in a Depression, and of growing up with a deep thirst for knowledge. Although his absence shall linger in the decades to come, the memory of him will ensure that the circle will be unbroken.

Survivors are: his wife, Willa Ella Robinson Allen of Smithfield to whom he married on September 12, 1964 in Chicago, IL; two sons, Terry Lee Ray, and Jeffery Allen; two daughters, Sheila Elaine Winterberg, and Elizabeth Ann Estrada; three brothers, Charles Hayes Allen, Denver Dennis Allen, and Jack Allen; eight grandchildren, Stephanie Nicole Bullard, Timothy Allen Johnson-Thomas, Victoria Kaitlyn "Katie" Davidson, Austin James Winterberg, Samuel John Winterberg the 4th, Dennis Estrada, Stacey Deltoro, and Anna Cohen; and 16 great grandchildren, Jacob Conner Beck, Jonathan Christopher Beck, Joshua Cole Beck, Addilyn Elain Beck, Mason Allen Thomas, Benjamin Gunner Thomas, Annabella Rose Thomas, Dominic Xavier Thomas, Samuel John Winterberg the 5th, Stella Rose Winterberg, Juliette Winterberg, Frances Deltoro, Caleb Deltoro, Lucas Linn, Micah Linn, and Ean Linn.

Besides his parents, he was also preceded in death by: three brothers, Samuel Harrison Allen, Freddie Dean Allen, and Daniel Wayne Allen; six sisters, Catherine Irene Allen, Gladys Allen, Edna Lou Allen, Shirley Marie Allen, Dorothy Loretta Allen, and Virginia Rose Allen; and many nieces and nephews.

Funeral services were conducted Wednesday, September 8, 2021 at Cox Funeral Home with Bro. Dennis Wilder officiating. Burial was in Red Hill Cemetery.

Pallbearers were: Sam Winterberg III, Justin Estrada, Timothy Thomas, Dennis Estrada, Cessar Estrada, and Stanley Cook.

View the complete obituary, sign the guest registry, or send condolences to the family online at www.coxfuneralhome.com

Roger Dale Bengé

Roger Dale Bengé, 73, of Nicholasville, and formerly of Brodhead, died Saturday, September 4, 2021 at his residence after a long illness with pulmonary



fibrosis (IPF).

He was born January 3, 1948 in Berea, a son of the late Syrus Casper and Irene Debord Bengé. He had been employed at Bruce Wholesale Flooring as a Sales Rep. Roger served his country in the U.S. Air Force. He found great joy in painting, drawing and fishing and was an advocate of early detection of

pulmonary fibrosis (IPF).

Those left to celebrate his life are: his three daughters, Jennifer (Mac) Hager of Nicholasville, Kara (Chris) Sayles of Lexington, and Jaymie Begley of London; grandchildren, Lain and Brynn Hager, Cyrus Bengé and Lucy Sayles; sisters, Janie (Chester) Robbins of Brodhead, Kathy (Jerry) Denney of Brodhead, Rita Brumett of Gray Hawk, and Vicki Bengé of Frankfort; as well as a host of nieces/nephews, friends and neighbors.

Besides his parents, he was preceded in death by: two brothers, Reggie and Tim Bengé; and a sister, May Etta Vanhook.

Cremation has been chosen with a memorial service to be scheduled at a later date. Memorials may be made in Rogers honor to the Pulmonary Fibrosis Foundation.

Condolences to the family may be made at www.marvineowensfuneralhome.com

Earl Harney

Earl Harney, 45 of Livingston, died Monday, August 30, 2021, at his residence. He was born January

8, 1976, in Cynthiana, to the late Charles Harney and Nancy (Howard) Harney Kirby. He was of the Holiness faith, enjoyed music, motorcycles, fishing, and mowing grass.

Those left to celebrate his life are: his wife, Tammy Begley; one step-daughter, Sara (Russell) Bullock; Charles, Lee (Juanita) Harney; one sister, Kristen Clark; and his mother, Nancy Kirby.

He was preceded in death by his father, Charles Harney.

Cremation was chosen and the family will have a memorial service at a later date.

Condolences may be made at www.marvineowensfuneralhome.com

James Theodore "Ted" Owens

James Theodore "Ted" Owens, 51, of Brodhead, died Friday, September 3, 2021, at his residence. He was born July 23, 1970, in Mt. Vernon, to the late Everett Owens and Brenda (Bullock) Owens Hasty.

He was a Veteran of the United States Army and enjoyed rock collecting.

Those left to celebrate his life are: his mother, Brenda Hasty; two brothers, Everett Owens II of Mt. Vernon, Blake Hasty and wife Desiree of Brodhead; and one sister, Brandi Hasty Fournier and wife Jackie of Maine.

He was preceded in death by: his father, Everett Owens; and one sister, Melanie Owens.

Cremation was chosen and no services are planned at this time.

Condolences may be made at www.marvineowensfuneralhome.com

Wilma Louise Belcher

Wilma Louise Belcher, 83, of Frankfort, died.

She was born December 4, 1937, in Brodhead, to the late James and Mary Belle (Alexander) Belcher. She was a member of the Faith Baptist Church in Frankfort, enjoyed knitting, crocheting, daily walks, and cooking.

Those left to celebrate her life are: her nieces and nephews, Tony (Laurie) Reynolds of Greeneville, TN, Maryann (Jerry) Hayes of Columbus, IN, and Susan (Jim) Burt of Titusville, FL; two sisters, Geneva Timmons of Columbus, IN, and Lorene B. Reynolds of Christmas, FL; as well as great and great great nieces and nephews, church family, friends, and neighbors.

Besides her parents, she was preceded in death by: two brothers, Paul Belcher and James Belcher, Jr.; sister-in-law, Roberta Belcher; two brothers-in-law, Bob Timmons and Glenn Reynolds; and nephew, Darryll Belcher.

Condolences may be made at www.marvineowensfuneralhome.com

Subscribe to the Signal

Church News

Homecoming at Philadelphia Baptist

Homecoming, at Philadelphia Baptist Church, will be held Sunday, September 19th, beginning at 11 a.m.

The Praise Singers and Standing in the Gap will be the special singers.

Come out and be with us for some good singing, preaching and good food.

Everyone welcome.

Homecoming at First Christian

First Christian Church will hold their Fall Homecoming September 26-28. Bro. Larry Ray Travis will be speaking on Sunday morning at 11 a.m. Sunday evening at 6 p.m. and Monday and Tuesday evenings at 7 p.m.

The church is located at 160 West Main St. Call 256-2786 for any questions.

Everyone is cordially invited to attend these services.

Rockcastle County Board of Education

On September 2, 2021, the Rockcastle County Board of Education adopted a General Fund rate of 42.9 cents. The Rockcastle Board of Education adopted a tax rate of 42.9 cents on Real Property and Personal Property (from 42.8 (in 2021) to 42.9 in 2022 (an increase of .1 cents). Of this rate, 5.8 cents is subject to recall per KRS 160.470. Mrs. Danetta Allen, Rockcastle County Court Clerk, 205 E. Main St. #14 Mt. Vernon, Kentucky 40456. (606) 256-2831, this official can provide necessary information about the petition required to initiate recall of the tax rate. The General Assembly has required publication of this advertisement and information contained herein.

Don't Fear Death

Man is a dual being made of flesh and spirit. The flesh dies but the spirit lives forever. 2 Corinthians 4:16 But though our outward man is decaying, yet our inward man is renewed day by day. In keeping with the same idea, hear the words of Solomon; Ecclesiastes 12:7 The dust returns to the earth as it was, and the spirit returns to God who gave it. Then death is not the end of man only the beginning, of a new life in a new realm. It is good for us to put off these earthly and corruptible bodies, for they are not suited for an eternal habitation.

Psalms 23 Tells us the Lord is our shepherd. God is my shepherd; I shall not want. Yea though I walk through the valley of the shadow of death, I will fear no evil for thou art with me. As man comes to the end of his life, where he is separated from all on this earth and his friends must remain behind, the Shepherd of the soul will walk with the Christian, down through the valley of the shadow of death. It is then that his presence will mean more than a thousand words.

The Lord will resurrect the dead; 1 Corinthians 15:51-52 We all shall not sleep, but we all shall be change, at the last trump, for the trumpet shall sound, and the dead shall be raised incorruptible, and we shall be changed. If God has the power to raise the dead grass in the springtime, and to clothe the trees with leaves, surely, he can raise a man from the dead and clothe that man with a new body, conformed to the body of his glory.

Jesus has gone to prepare us a place a dwelling place of many mansions. John 14:1-2 Let not your heart be troubled, if ye believe in God, believe also in me. In my father's house are many mansions, if it were not so I would have told you. And he will come again and receive ye unto himself.

Thank you for reading, I pray God has blessed you with the things you need, and you always remember to give him thanks. If you would like to call someone from the church, you can reach us at these numbers 606-878-8104 or 859-582-4021.

• Chestnut Ridge Church of Christ •

Sundays @ 10 a.m. & Wednesdays @ 7 p.m. • Everyone Welcome
Bro. Ova Baker 606-878-8104 • Bro. Dale McNew 859-582-4021

Church is located 2 Miles South of Mt. Vernon on Hwy. 25

Are You Headed for Heaven?

I would like to make a few observations about Heaven. Most all people, if asked, would say they would like to go to Heaven when this life is over. Do we fully understand that Heaven is a prepared place for prepared people?

Most everyone understands making preparation for things in the future, such as your children's college education, or your retirement, or estate planning. We understand that it takes a lot of hard work and diligence to make that happen.

When it comes to our spirit's eternal destiny, it also takes a lot of hard work and diligence. Let's look at what the scriptures say on the matter.

John 14:2-3 - In my Father's house are many mansions; if it were not so, I would have told you. I go to prepare a place for you. VS 3 And if I go and prepare a place for you, I will come again and receive you unto myself; that where I am, there ye may be also. These are words spoken by Christ our Savior.

The scriptures teach us that no evil will be there. Matthew 13:49 - So shall it be at the end of the world; the angels shall come forth and sever the wicked from among the just. There is going to be a clear separation of those who are wicked from those who are just. There will be no death there. Luke 29:36 - Neither can they die any more; for they are equal unto angels and are the children of God, being the children of the resurrection. There will be no sorrow there, Revelations 21:4 - And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain; for former things are passed away.

There will be no sin there, Revelations 21:27 - And there shall in no wise enter it anything that defiles it, neither whatsoever worketh abomination, or makes a lie; but they which are written in the Lamb's Book of Life.

There will be nothing corruptible there, Matthew 6:19-21 - But lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal. VS 20 But lay up for yourselves treasures in Heaven, where neither moth or rust doth corrupt and where thieves do not break through and steal; VS 21 For where your treasure is, there will your heart be also.

Let us make preparation for that Eternal Home called Heaven!

Everyone Welcome

Robby Cable - 606-305-8452

109 Providence Cemetery Rd. • Brodhead

Providence
CHURCH OF CHRIST

Come Worship With Us! Sunday Morning Bible Study: 9:30
Sunday Morning Worship: 10:15 - Sunday Evening Worship: 6:00
Wednesday Evening Bible Study: 7:00

“Home”

(Continued from front)

and also provided sound equipment for the event.

County officials and state representatives were seen throughout the weekend enjoying some of the many events, including the watermelon eating contest.

After the massive parade and the awards ceremony, which Mink opened with prayer, PFC David M Smith was honored with TAPS and salutes from all present, including the VFW. Smith threw himself on a grenade during the Korean Conflict, saving the lives of five fellow soldiers.

Mayor King received an award for going above and beyond the call of duty for the city, after he was appointed as Mayor last year. Mink said King had been successful as a mayor because of his undying devotion and love for the community of Livingston.

Medley's Barber Shop was named Business of the year. Mink said with the recent growth in the community, the Business of the Year award is now a very competitive recognition but the historic business was well deserving of the award this year. Jeffery S. Carpenter was named Firefighter of the Year and Betty Newcomb was recognized as Citizen of the Year.

Allison Blayke Shepherd took the top prize in the Cutest Baby Contest.

King said he was proud of the citizens of Livingston for "such a great turnout" and he, and City Clerk Amanda Thomas, are already planning for next year's event. "We are just going to keep getting bigger and better every year," he said.

Volunteers and sponsors of the event were:

Fitzpatrick Furniture, Everett Wagner, Perry and Amy Mink, Lambert and Lambert, PLLC Attorneys At Law, Sparks Flowers, Cox Funeral Home, Dowell and Martin Funeral Home, Rachel's Kwik Mart, Community Trust Bank, Sheriff Shannon Franklin, Limestone Grille, Crazy John's Wholesale, Air Raid, Cracker Barrel of London, Berea and Somerset, Marvin E. Owens Home for Funerals and Monuments, Magistrate Mike McGuire, Rockcastle County Jailer Nathan Carter, King Bottling Inc., Mount Vernon Signal, R. Marlene Lawson, LLC, Galaxy Entertainment Center, Rockcastle Fiscal Court, Wildcat Offroad Park, Kentucky Fried Chicken, Vivian King, Los Cazadores Mexican Restaurant, Back Porch B-B-Q, Bishop Tire and Auto, John Boy's Pizzeria and more, Snack Shack, Mack's Barber Shop and Salon, Touch of Class Hair Designs, James Hursey, Mount Vernon Drug, Pizza Hut, Clifford Collins Septic Tanks, David's Tire Center, Country Flowers, Lumber King, Sun Tan City-Berea, ThoroughTruck, Emery's Towing, Tim and Sallie Martin, Ford Brothers, Renfro Valley Music Hall of Fame, IGA, Brodhead Pharmacy and Respiratory, Frankie and Joanie Woodall, Doug Mink, A Cut Above Hair Salon, Rockcastle Hardware and Rental, Citizens Bank, El Dorado, Kentucky American Water,

Rockcastle River Family Health Clinic, Peg's Food Mart, Rockcastle Circuit Clerk Eliza J. York-Hansel, Livingston Marathon, Rockcastle County Judge/Executive Howell Holbrook, Jr., PVA Janet Vaughn, Gary Ramsey, Robyn Price, Amanda Asher, Main Street Concessions, King's Palace Boutique and Faith Chapel Pentecostal Church.

“Escape”

(Continued from front)

local center originally was an earlier escape from the Garrard County Detention Center.

Carter said Griffin was assisting the Detention Center cook by preparing potatoes for breakfast for the inmates when the cook opened an exterior door to get milk. The moment the exterior door was opened, police say Griffin darted out the door and to a waiting vehicle that drove away from the scene.

“He had help and this had been set up earlier,” said Carter. “There were waiting on him and we saw it all on our security system.”

Carter was not sure at the moment how much time Griffin had left to serve on his sentence, but is certain that he will have more now than he did prior to the escape.

“These people actually believe they will get away with this,” Carter said. “They really think we won't find them. We always do. And he will have a lot more time to serve than he had before.”

Though jail time will increase for Griffin, Carter says there will be another person in jail as well. “Whoever helped him with this escape will most certainly be spending time with us as well,” he said. “Aiding, abetting and assisting someone to escape a detention center is a very serious crime. And we saw them on our surveil-

lance system. We know who it is.”

Carter said in the Garrard County escape, Griffin had been placed in a witness interrogation room when he snuck out of the building. This time Griffin was able to escape from the kitchen of the facility.

Griffin is lodged in the Pulaski County Detention Center.

Kentucky State Police Trooper Richie Baxter is heading the investigation and police are still searching for Griffin's accomplice.

“Bike”

(Continued from front)

as one of the 10 counties that will lead bicycle enthusiasts along the Boone Trace which was established by Daniel Boone in 1775.

About 10 years ago, Fox was riding his bike on a trail and located a stone with markings concerning Daniel Boone. His interest was peaked and he became interested in making sure that everyone, especially children learning history, knew about Boone's Trail through Appalachia. He started work immediately and has led countless projects making citizens aware of Boone's Trace and marking the trail that established the westward movement.

Becoming President of Friends of Boone Trace afforded Fox several avenues to help promote, advertise and market the Trace as a tourist destination with countless historic sites. Fox has since appeared on countless radio and television shows and in magazine and newspaper articles promoting the Boone Trace.

USBR21 is the latest in those efforts.

With the funds from the KYTC, nearly 600 signs have been designed and are currently being placed along the new trail. When added to two existing bicycle routes, there are now 14,000 miles of historic route nationally with Kentucky among the top five most miles at 1,000.

Fox, working with Berea College Entrepreneurship for the Public Good, helped establish the route through the Boone Trace and road signs are now being placed all along the route. Several can be seen at turns throughout Rockcastle County now and workers are still placing signs across the state. Fox said all signs should be placed by the fall of this year and bicycle enthusiasts can travel the route at will.

Last Thursday, Fox met with local dignitaries at Triangle Park in Mount Vernon to officially announce the placement of the signs and to thank those who have played a part in making the trail come to fruition.

Fox thanked the Judge/Executive of Madison County as well as Rockcastle County Judge/Executive Hal Holbrook, Jr., Mount Vernon Mayor Mike Bryant, Livingston Mayor Dwane King, Vitalize Mount Vernon Director Lynn Tatum and many more.

Each dignitary also spoke at the event, enumerating Fox's many efforts to bring attention to the Boone Trace in Rockcastle County.

Bryant said he was proud to have the trail through Mount Vernon and hopes that bicyclists from across the country visit the city to "experience all we have to offer in our beautiful, historic town." Bryant said he is "open to anything that has a positive impact on the community."

Holbrook thanked Fox for his relentless efforts and Tatum said she has been pleased to work with Fox over the years to help promote the county.

Shaw Evans and Gabriel Lopez of S and L Construction in Lancaster have been tasked with placing the signs across the state.

For bicycle riders throughout the nation, the routes are not completely signed yet, but the trail is ready to ride and maps can be found by searching Adventure Cycling Association.

“COVID”

(Continued from front)

made every effort to provide in-person classes for students, due to their firm belief that "in-person instruction is immeasurably beneficial to each student." While virtual classes technically provide lessons for each student, Ballinger said virtual learning cannot provide many other important facets of growth and development that in-person instruction can provide physically, emotionally and instructionally.

With this in mind, Ballinger and the school board agreed to allow students back to in-person classes last week. But the Delta variant spread much quicker than expected, forcing a two-day cancellation. Since this was a holiday weekend and there were no classes Monday, students actually had five days out of school.

Since in-person students were out of class, there were no virtual classes those days. Classes resumed Tuesday this week and though it is impossible to guarantee, Ballinger says all officials will be watching closely and monitoring every student and, hopefully, that rate of exposure will not reoccur.

"This Delta variant spreads quickly and affects children more severely," said Ballinger. "The students in quarantine were testing positive at a much higher rate than we experienced last year."

In an effort to slow the spread, all athletic events across the district were also cancelled until Tuesday.

Still, while some districts are closing schools again regularly, the local district is making every attempt to keep local students in class. "We are working hand in hand with the Cumberland Valley District Health De-

partment and will continue to monitor our situation," Ballinger said. "We are working diligently to keep our students in school while keeping their health and safety at the forefront of our decisions."

The quarantine protocol is collaborated with the local health department and details can be found at the school website at rockcastle.kyschools.us.

Ballinger says school officials consider the entire community when making decisions about the school system. "Rockcastle County schools will continue to work with local officials to monitor community transmission and other factors that will guide any need to alter COVID-19 protocols," she said. "Any change in protocol will be communicated to staff, students, families and the community as soon as possible."

“Relay”

(Continued from front)

new requirements due to COVID restrictions and social distancing will be observed even during the parade, officials say.

Organizers ask that all survivors meet at the Rockcastle County Courthouse between 5:30 and 6:30 p.m. for parade line-up. The parade this year will begin at the courthouse and travel along West Main Street then continue to Mount Vernon Elementary School.

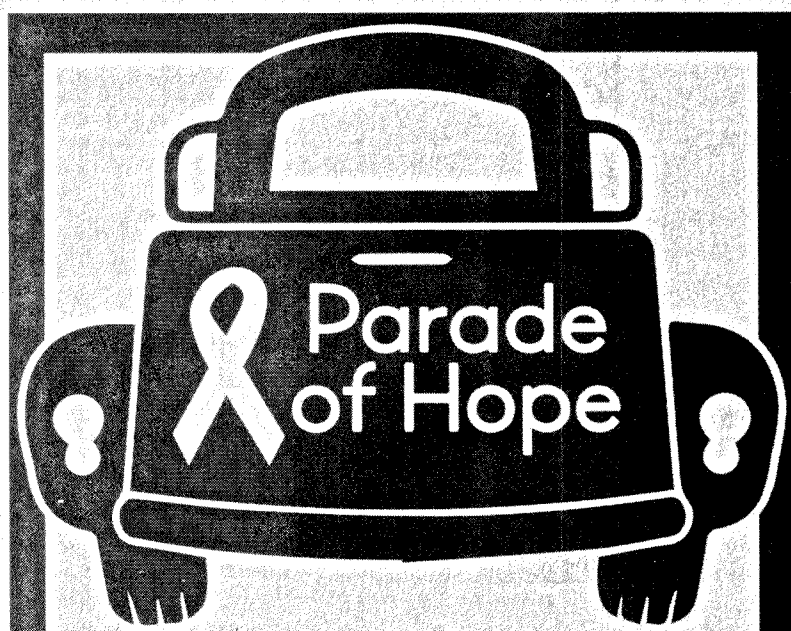
Those who participate will receive a free survivor t-shirt and a meal after they have registered online at

rockcastlerelay2021.eventbrite.com.

Anyone attending the event or participating in the parade are urged to observe social distancing but masks are optional.

For more information call Kayla Prewitt at 256-7767 or 256-7703.

Subscribe to the Signal
256-2244



Rockcastle County Relay For Life 2021

Relay For Life is a life-changing event that brings the community together each year to: Celebrate the lives of those who have battled cancer. Remember loved ones lost to the disease. Fight back against a disease that takes too much.

Join us to celebrate Rockcastle County's cancer survivors with a "Parade of Hope" on Friday, September 17 at 6:45 p.m.

Community: We invite you to join us to celebrate our county's cancer survivors along the parade route (West Main Street to Mt. Vernon Elementary. Please be mindful of social distancing).

Survivors: Please register as soon as possible for your free meal (for you and a guest) and your survivor t-shirt. Call Kayla Prewitt at 256-7767 or on-line at <https://rockcastlerelay2021.eventbrite.com>.

On Friday, September 17, meet at Rockcastle County Courthouse between 5:30-6:30 pm for parade line-up. Parade will begin at 6:45 and continue to Mt. Vernon Elementary, where you will receive your free t-shirt and meal.

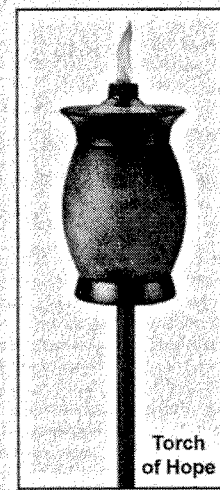
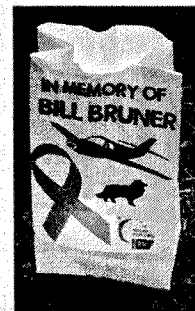
For more information, call Kayla Prewitt at 256-7767 or Melissa Brock at 256-7703.



Relay For Life LUMINARIA



Remember loved ones lost to cancer and honor those battling the disease. Luminarias will be displayed during the 2021 Relay For Life event.



Luminaria Order Form

In Memory	In Honor	Name of Person Being Honored	White Bag \$5	Torch of Hope \$50
<input type="checkbox"/>	<input type="checkbox"/>	Of _____	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Of _____	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Of _____	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Of _____	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Of _____	<input type="checkbox"/>	<input type="checkbox"/>

Your Name _____ Total amount enclosed: _____
 Address _____ \$ _____
 City/State/Zip _____
 Phone _____ Check
 Relay Team Name _____ Cash

Make checks payable to: American Cancer Society

Deadline to order: Tuesday, September 14

Mail form and donation to:
Rockcastle Regional
Attn: Worth Anne Harris
P.O. Box 1310
Mt. Vernon, KY 40456

Questions:
Worth Anne Harris
(606) 256-7835
w.harris@rhrcc.org

Rockcastle Regional reports hard hit by COVID-19, Delta variant

Tricia Beth Nelson has seen a lot of patients and illnesses come and go during her 16 years working at Rockcastle Regional, the last 12 as an RN. Exhaustion written all over her face, she takes a few moments to stand aside and talk about what she has seen in the last few weeks while working on the COVID unit at the hospital.

"I had a patient in their 60s who I sat by her bedside, holding her hand while she cried, asking me to not let her die, that she had so much to live for. She was expecting her first great-grandbaby in a few weeks," Nelson said. "All I could do was cry with her and pray for her." She died a few days later.

The patient had incorrectly thought the vaccine contained the live virus, and therefore, declined to take it.

"We had a husband and wife in here a few weeks ago, both were infected with COVID," Nelson said. "The wife got better and was able to go home, but her husband's condition continued to decline, and he had to stay hospitalized. I listened to them say what they thought might be their final goodbyes to each other." This couple was in their 40s and, both were unvaccinated.

"I've witnessed more final goodbyes between husbands and wives over the last few weeks than I ever thought I would in this short amount of time," continued Nelson. "Each time this happens, every time I lose a patient, I cry my entire drive home that night."

When asked how often that happens, Nelson sighs, and after a few moments, quietly replies, "I cried after every shift last week. I lost at least one patient every day."

Nelson tells me that she and the rest of her coworkers are running on fumes and even less hope as each day passes, and more patients are admitted to the COVID unit. The patients coming in are younger and sicker as each week goes by.

Acute care/COVID unit coordinator Claudia Adams, RN, echoes the same sentiment as Nelson. "We are sending 30- and 40-year-olds home on oxygen. That is heartbreaking."

Adams tells about a patient in his 40s who is a father.

"The day he was discharged home, he couldn't even walk a few feet on his own because he couldn't breathe well enough," she said. "He will be on oxygen for a long time. He didn't know how he was going to take care of his kids, his family, if he can barely breathe."

He wasn't vaccinated, either. **ROBBING PETER TO PAY PAUL**

News of hospitals throughout the nation being overrun by COVID patients is ever-present since the Delta variant began spreading. Hospitals in nearly every state are reporting that they no longer have open ICU beds.

"We currently have ten referrals for our ventilator facility from a hospital in Tampa, FL looking for a bed," said Rockcastle Regional president and CEO Stephen A. Estes. "Every day, we are getting calls from Paducah, Bowling Green, LaFollete in TN, from hospitals 200 miles away, looking for a bed. This isn't an isolated issue to just us, it's everywhere. There are simply too many patients and too few beds."

Since the pandemic began in March of 2020, Rockcastle County had not seen nearly the surge in cases or deaths that some of the larger, more populated areas were experiencing.

That is no longer the case. Dr. Angela Deborde Isaacs has been treating COVID-19 patients both in the hospital and through the clinic at Rockcastle Family Wellness, and she explains that the Delta variant is a different beast.

"The Delta variant is impacting younger people, those in their 30s, 40s, and 50s. And this age group of people are typically those who have decided to not take the vaccine," said Dr. Isaacs. "It's no longer only affecting the 80- and 90-year olds and those with comorbidities. It's affecting young, healthy people."

In total, as of Aug. 31, Rockcastle Regional Hospital has treated 163 COVID-19 patients in its acute care unit. Of those, 161 were unvaccinated. Forty-three of those patients had to be treated in the hospital's 4-bed intensive care unit (ICU).

"We officially hit 'crisis mode' on Monday, last week," said chief nursing officer Tammy Brock, MSN, RN. Crisis mode occurs when the number of patients requiring ICU care exceeds the number of available beds.

Throughout the pandemic, the number of COVID-isolated beds the hospital designated has fluctuated, depending on the need. Now, the COVID unit consists of more beds in the acute care unit than non-COVID beds, all ICU beds are full, and physicians and nurses are playing a sort of "musical chairs," switching patients back and forth be-

tween the COVID unit and the ICU, having to make the difficult decision of who needs that ICU bed the most on a given day.

Dr. Isaacs tells of a patient she had to intubate on the acute care unit, a procedure typically performed in the ICU. "I know it's against protocols, but we had no other choice. This patient needed to be in the ICU, but all our beds were full. I called twelve other hospitals trying to find them a bed, but they were all full, too."

"Patients' lungs are destroyed by COVID, so they take longer to recover and have longer hospital stays than non-COVID patients," Dr. Isaacs said in explaining why bed availability is such an issue in all hospitals. "We have the standard medicines to manage COVID: steroids, anti-virals, supplemental oxygen; and then you just have to wait and see and hope they get better. But it is a very long road to recovery."

Hospital staffing is just as critical of an issue as bed availability.

"We shut down our outpatient surgery center for two weeks, mainly for the purpose of redirecting that surgical staff to assist on the COVID unit," Brock said. "Last week, we temporarily shut down one of our ventilator units, moving those patients to other units in the Respiratory Care Center, so that we could send more relief staff to take care of the increasing number of COVID patients. We will re-evaluate this week if we can open it back up."

Rockcastle Regional's 143-bed Respiratory Care Center, the largest facility of its kind in the nation, treats patients who need mechanical ventilators to breathe. Those patients typically are admitted due to injury or chronic disease. Very few are there because of COVID.

STAFFING
"I could hire 40 nursing positions, alone. That number doesn't include the need in other patient care areas," reports Brock. "And I'm not seeing any hope in sight of that number improving."

Rockcastle Regional's outpatient clinics are also reporting record numbers of patients. The QuickCare clinic's increasing number of patients is resulting in higher numbers of tests performed, blood draws, respiratory treatments performed, lab tests run, therapy and rehab treatments conducted. This is creating an even greater strain on other departments already experiencing staffing shortages.

Director of respiratory therapy Jeff Smithern reports nineteen open positions for

respiratory therapists. "If I had 100 qualified applicants for positions throughout the organization," said human resources director Carmen Poynter. "I could put them to work today." The majority of those open positions are clinical roles involved in direct patient care.

3 of 17
Taking a very rare break from her unit, ICU coordinator Patti Halcomb, RN, talks about what she's seen just over the last month.

"It's heart-wrenching to stand in a room and watch a 50-year-old patient die," said Halcomb. "I don't mean for this to be a scare tactic, but these are horrendous deaths."

"We are seeing devastation every day. We see children saying goodbye to their parents through a window, holding their hands to the other through the glass. It's pure devastation. It's not like the heart attacks and the strokes we normally see. These are healthy people dying."

Dr. Kevin Rowe sees patients in both the acute care and COVID units, as well as in the clinic at Rockcastle Family Wellness. Sitting in his office, he's working on his computer before he goes to see his next patient. Dr. Rowe has been one of the strongest advocates for the vaccine with his patients and fellow employees, because he's seen the devastating effects of this disease first-hand.

"I'm 3 of 17," he says, shaking his head and looking out the window. "I'm 3 of 17 on ventilators."

Then he clarifies, "I've only had 3 COVID patients live after being placed on a ventilator. Fourteen have died."

When asked how many of those 17 were vaccinated, he replies "Zero." His frustration is visible.

When talking about the vaccine, it is obvious Dr. Rowe is very well informed about the medical and pharmacological side of the vaccine, as well as incredibly passionate about encouraging people to get vaccinated.

"This vaccine works. It's

been tested. There is no reason to wait. Three-hundred, seventy-one million vaccine doses have been administered. More than 205 million Americans have received at least one dose. There's no better testing that can be done on it than that."

According to the Centers for Disease Control (CDC), of the more than 39.5 million COVID cases reported in the U.S., there have been 644,848 deaths (as of Sept. 7).

"There have been 6,500 COVID deaths of people who were vaccinated," Dr. Rowe said. "You have to look at that through the lens of 200 million Americans. That translates to .00325 percent of Americans. Of all the COVID deaths, only 1 percent of those were people who had been vaccinated."

The CDC reports that only 30 percent of Rockcastle County residents of the eligible age (12 years and older) are vaccinated. Rockcastle County has a population of nearly 17,000.

Through his many conversations with patients and staff, Dr. Rowe has heard practically every reason given for not taking the vac-

cine. The two most common reasons: "It's too new; I'm going to wait and see what happens," and "Aborted fetal cells were used in its development, and I am pro-life."

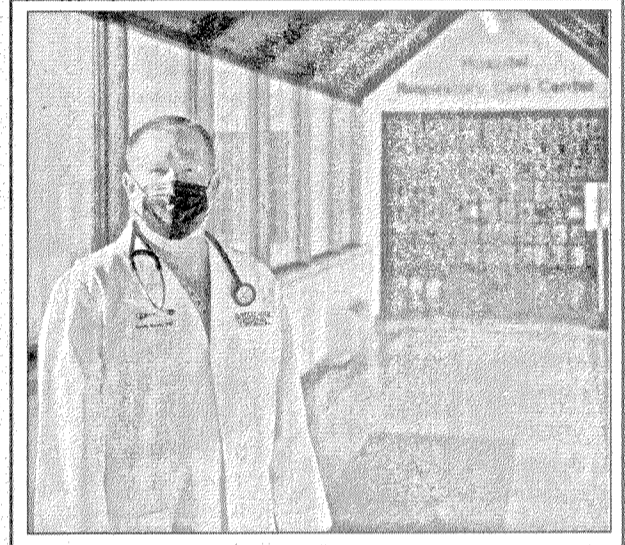
Dr. Rowe acknowledges these concerns and discusses them and the truth behind them.

"The Moderna and Pfizer vaccine are based on mRNA technology. This has been around for 10 years, it's not a new science. It has been used effectively in various other vaccines. It is safe. Period."

Talking about the concern over aborted fetal cells, Dr. Rowe says he understands patient hesitancy, but he says it's based on incorrect information. "The vaccine developers used what is called 'immortal life cells.' Let me be clear, these are not aborted fetal cells."

In 1951, a scientist at Johns Hopkins Hospital created the first immortal human cell line with a tissue sample taken from a young woman with cervical cancer. Those cells, called HeLa cells, quickly became invaluable to medical research. These cell lines

(Cont. to A7)



Dr. Kevin Rowe treats COVID-19 patients in Rockcastle Regional's COVID-19 unit and ICU. As a strong advocate for getting vaccinated, he says, "This vaccine works. It's been tested. There is no reason to wait. 371 million vaccine doses have been administered. More than 205 million Americans have received at least one dose. There's no better testing that can be done on it than that."

ABSOLUTE LIVE Auction of **Mr. Luther Center's**

72.6 Acres m/l in 7 Tracts, Vehicles, Farm Machinery, Furniture, Tools & Personal Property

Saturday, September 18th @ 10:30 a.m.

717 Lambert Rd., Berea - Rockcastle County

Directions: Turn off of Hwy 25 in northern Rockcastle County onto Lambert Rd. Go approximately 6/10 mile to property. Auction signs are posted.

We have been authorized by Luther Center Jr. and Steven Center to sell this family farm at absolute auction.

Tract 1 is 3.7 acres of cleared and wood land.

Tract 2 is 3.3 acres improved with a brick and aluminum sided 2 story house consisting of a living room, dining room, kitchen, bath and foyer on the first floor. The second floor has 4 bedrooms and bath. The home also has a fireplace w/ insert, unfinished basement, storm doors & windows, concrete porch. Along with the house, there is a barn, 2 equipment sheds, 2 storage buildings, metal carport and pond. This tract has city water.

Tract 3 is the largest of the tracts with 44.58 acres of both cleared land in grass and woods. There is marketable timber on this tract.

Tracts 1, 2 & 3 are accessed by a 30' private road which will be the responsibility of the buyer.

Tract 4 fronts Lambert Rd for 253' and consists of 8.46 acres. City water is available.

Tract 5 is 1.64 acres that fronts on Lambert Rd for 283' with city water available.

Tract 6 has 9.14 acres with city water available and fronts Lambert Rd. for 211'.

Tract 7 has 1.68 acres with city water available and fronts Lambert Rd. for 186'.

Multi-Parcel Auction: The property will be offered in tracts utilizing the multi-parcel method and selling in the manner that reflects the best returns for the sellers. This concept gives each and every prospective buyer the ability to purchase his or her individual tract or combination.

Note: The purchaser of a single-family residence built before 1978 has a maximum of 10 days to inspect the property of lead-based paint. The period for inspections begins September 8th through September 17th. The successful bidder must sign a waiver of the 10-day inspection period.

Vehicles: 1997 Ford pickup V6 with 40,000 miles, one owner - 2005 Ford Taurus with 85,000 miles

Machinery: John Deere 830 tractor gas - Ford 8N tractor - sickle type mowing machine - boom pole - Woods grader blade - 2 bottom plows - Ford corn planter and more.

Personal Property includes Maytag washer and dryer - metal kitchen cabinet - kitchen island - small appliances - modern corner cabinet - sofa - loveseat - end table - lamps - entertainment center - bookcase - bedroom suite - 2 full beds - trunk - chair lift for stairs - Oak dining room chairs - wingback chair - glassware - books - Bissell vacuum - granite teapot - metal shelving - chainsaw - tools - washtubs - metal cabinets and much more.

Preview by appointment. Please call auctioneer.

Buyer's Premium: A 10% Buyer's Premium will be added to the winning bid to determine the final sale price.

Terms: Real Estate - 20% down due day of sale, with balance in 30 days with deed. Personal Property - Payment in full due day of sale in the form of cash, check, Visa or MasterCard with an additional 3% processing fee (\$3 minimum).

Auctioneer/Broker/Seller Disclaimer: The information contained herein is believed to be correct to the best of the auctioneer's knowledge. The information is being provided for the bidder's convenience and it is the bidder's responsibility to determine the information contained herein is accurate and complete. The property is selling in its 'as-is' condition with no warranties expressed or implied. Announcements made day of sale take precedence over printed material.

AUCTIONEER: SAM FORD

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JACKSON ENERGY

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HELP US CELEBRATE YOU!

Member Appreciation Day

Thursday, September 23rd
10 a.m. to 2 p.m.

Register for the Annual Business Meeting and receive your bucket, bulb and lots more!
Drive-thru registration at each location.

JACKSON COUNTY | McKee District Office

ROCKCASTLE COUNTY | Renfro Valley

LAUREL COUNTY | London District Office

CLAY COUNTY | Manchester Office

OWSLEY COUNTY | Booneville United Methodist Church

LEE COUNTY | Beattyville District Office

ESTILL COUNTY | Meade's Do-It Center

Members who register will be eligible to win a \$100 gift card - winners will be announced the following week

Annual Business Meeting

Thursday, September 23rd
McKee District Office
11:00 a.m.

Drive-Up Meeting (new format for 2021)
Business meeting will be broadcast over radio
Members stay in their vehicles
Must be present to win cash prizes

www.jacksonenergy.com ♦ **1-800-262-7480**

“Hospital”

(Cont. from A6)

are “immortal” – meaning they can grow indefinitely, be frozen for decades, divided into different batches, and shared among scientists. Medical researchers use the laboratory-grown human cells to learn the intricacies of how cells work and test theories about the causes and treatment of diseases.

“These are the cells used to develop the COVID vaccine,” Dr. Rowe said. They are the same cells used to develop literally every vaccine, medicine, and medical treatment being used in the U.S. today. Every medicine and vaccine is tested against these cells.”

(To learn more about the Henrietta Lacks story and the HeLa cells, go to www.hopkinsmedicine.org/henrietalacks/.)

RUNNING LOW ON HOPE

“This disease is unlike any other,” said Dr. Mary Saylor Joenborg. “The sheer terror a patient experiences from being able to breathe to suddenly not being able to breathe cannot be overstated.”

“The Delta variant, as we all know, is affecting the younger people. It’s affecting healthy people, people with healthy cardiovascular systems, healthy lungs – young, active people.”

Dr. Joenborg tells about the emotional strain this disease is having on her patients.

“I had a patient in his 40s who had always been active and, for the most part, healthy. By the third day of his hospitalization, we had to switch him over to a bipap, which is a full-face mask that

forces oxygen into the lungs. With the increased anxiety over suddenly not being able to breathe, combined with the constricting mask, the patient frantically grabbed at the mask and was pulling it off. We had to use extremely strong sedatives to get this patient comfortable enough to treat him.”

Working in the clinic, as well, Dr. Joenborg sees the recovery side of COVID, and its outlook is also bleak. “There are so many long-term side effect to manage post-COVID. Your lungs are severely damaged and we are sending young people home on oxygen, not knowing how long they will have to stay on it,” she said.

“A patient I treated in the hospital comes to see me in the clinic for her follow-up. Before COVID, she was an absolute ‘go-getter’ at her job. She loved it and was always on the move, sometimes working 14 hours a day. She is now nine months out from the hospital, recently returned to work, but can’t even get up from her desk. Her co-workers now have to come to her,” says Dr. Joenborg. “The emotional strain of trying to return to ‘normal’ life after COVID is a struggle for every one of my patients.”

Tricia Beth Nelson echoes Dr. Joenborg’s point.

“These are long-term side effects that patients are going to have to deal with for who knows how long. We aren’t talking about a patient who is hospitalized for a short time, gets better, goes home, and returns to their normal life. We are looking at patients whose lives are possibly forever changed because of the damage to their lungs.”

Throughout the pandemic, quality director and infection control coordinator Traci Bullens, RN, has led the

charge to contain the spread of COVID throughout the organization and the community.

“The emotional trauma that our staff are experiencing right now is tremendous,” Bullens said. “They are worried they will bring the virus into the hospital and give it to a patient, or they are afraid they will take it home to their family. The fear is often overwhelming.”

“We get into healthcare because we want to help people, but this disease is a different case. Many times we have no ability to help. We have exhausted all medical options. Normally, the good outweighs the bad, but there are an increasing number of days where this is no longer the case.”

That feeling of helplessness is widespread among much of the staff.

“Sometimes, there’s nothing you can do for them other than sit with them, hold their hand, pray for them, cry with them, and just hope they can get better,” Nelson said. “But many times, you know there’s no hope, even still, you try to give them some glimmer.”

“I watch the staff stand and cry,” Patti Halcomb said when asked about the effect COVID is having on her staff. “We pray at the door of these patients. It’s the helpless feeling because you know you can’t do any more for them. But every morning, I make the decision to still come in to work, to make it through another day, to care for another patient. Who else will take care of them?”

Tricia Beth gets ready to go back to her patients, but leaves with a final thought, “And to think, this all could have been prevented with a vaccine. It almost makes it worse. People shouldn’t have to lose their people.”

Frankfort Update

By: Josh Bray
State Representative
Legislature continues preparing for special session on COVID-related relief measures

Throughout the past 18 months, I have used this column to share news about

how COVID is impacting Kentuckians and our commonwealth. As of last Friday, 7,821 Kentuckians have died of COVID, the state experienced its second highest day of new cases, and we have barely moved the needle on our vaccination rate. Thousands of Kentuckians still wait for unprocessed unemployment claims, our health care system is bordering capacity, and the death and infection rates at our state-run prisons are among the nation’s worst. While some of the policies in place are working, there are clearly areas that need to be examined to ensure Kentuckians have the resources they need to not only deal with the health issues associated with COVID, but also the education and economic fallout.

I expect we will be in special session before this update prints, but I hope to provide a little insight into some of the items we may consider. First, let me be clear that we are working with the administration and stakeholders to determine what we will consider and approve this session. When we convene, we will be ready to get to work. The Kentucky Constitution currently allows only a governor to call the legislature into special session and set the agenda. However, as the Supreme Court confirmed two weeks ago – only the legislature can make law. This may be inconvenient, but this is how our government is intended to work. I heard this week that special sessions can cost \$66,000 a

day. There may be some who see it as an unnecessary expense, and I certainly would rather return it to taxpayers. However, it is a necessary investment when you compare it to the amount of money the administration has already spent with no results – including \$7 million for a field hospital in Lexington that never treated a single patient.

Education Issues: We have heard from educators and parents that our school districts need more flexibility to make the best decisions for their communities in order to keep students learning in-person as much as possible. A ‘one size fits all’ approach has proven disastrous as each community deals with different circumstances. It is clear that distance learning does not provide the same learning opportunities as in-person education. I think we will also take steps to help school districts with staffing issues – including the critical support staff who drive buses, work in cafeterias, and maintain the facilities. This was a major topic last week as members of the Interim Joint Committee on Education heard from the Ken-

tucky School Boards Association and the Kentucky Association of School Superintendents.

Health Care Issues: One of the first COVID-relief measures we passed after the first cases were diagnosed in March of 2020 was aimed at easing the licensing requirements for out-of-state health care providers who come to Kentucky to provide care. This continues to be a major need, so it is likely we will continue this practice. I also anticipate that we will look for additional ways to give more flexibility to hospitals, nursing homes, and other providers as they treat COVID-patients.

This is just a brief preview of what we will be considering when we convene in special session. I will be updating on my social media pages throughout the week, and provide an end of week review. Until then, I hope you will feel free to contact me with any questions or issues. I can be reached here at home anytime or through the toll-free message line in Frankfort at 1-800-372-7181. Please feel free to email me at Josh.Bray@lrc.ky.gov.

Rockcastle Regional COVID-19 Admissions

*As of 8/31/2021. **Cumulative* means since March 2020.

COVID-19 Hospitalized Inpatients			
Cumulative: 163		Current: 11	
Unvaccinated COVID-19 Hospitalized Inpatients			
Cumulative: 161	Percentage: 98.7%	Current: 11	Percentage: 100%
COVID-19 ICU Patients			
Cumulative: 43		Current: 2	
COVID-19 ICU Patients on Ventilator			
Cumulative: 17		Current: 1	
COVID-19 Inpatients by Age			
Cumulative		Current	
Over 50: 129	Under 50: 34	Over 50: 9	Under 50: 2

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Dr. Kevin Skidmore
Dr. Ashley Lane
Dr. Gary King
—Optometrists—

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Need a COVID-19 test?

If you need to be tested for COVID-19 for illness, work, or school, Rockcastle Regional offers both PCR and Molecular, or “Rapid,” COVID-19 testing.

COVID-19 Testing FAQs

What is the difference between a PCR test and a Molecular (Rapid) test?

PCR Test: Nasal swab that is sent off and results will return within 2-3 days. A PCR test is typically the test that is preferred for patients with an upcoming surgery/procedure and for employees who are required to provide a negative test result before returning to work.

Molecular (Rapid): Nasal swab that is processed in-office and results return in about 20 minutes. Patients must be experiencing symptoms in order to have a rapid test performed. This test is not intended for patients who are needing a test for an upcoming surgery/procedure.

Where should I go to get tested?

Patients only needing to be tested for COVID-19, should come to Rockcastle Regional QuickCare or schedule an appointment at one of our clinics. Only

patients who are needing emergent medical care for COVID-19 or other health issues should be seen in the Emergency Department.

PCR Test

Outpatient Services Building: PCR testing is available 24/7 by coming to our Outpatient Services Building at Rockcastle Regional. Patients will need to come to Outpatient Registration and tell the clerk they are here for a COVID-19 test. If you come after normal office hours, patients will be registered at the emergency department. Tests will be performed in the laboratory on the second floor. Patients will be called within 2-3 days with test results.

PCR and Molecular (Rapid) can be performed at any of our clinic locations during normal office hours. Appointments can be made at Rockcastle Family Wellness, and RockPeds. QuickCare sees patients on a walk-in basis. Drive-thru PCR testing is available at Rockcastle Family Wellness Parking Garage Monday – Friday 8:30 – 10:30 am.

How can I schedule an appointment?

To schedule an appointment, please go online at www.rockcastleregional.org or call any of our offices:

Rockcastle Family Wellness

Monday – Friday • 8:00 am – 4:30 pm
(606) 256-5176

Drive-Thru Testing • Rockcastle Family Wellness Parking Garage

Monday – Friday • 8:30 am – 10:30 am

RockPeds

Monday – Friday • 8:00 am – 4:30 pm
(606) 256-4148 opt. 1

Rockcastle Regional QuickCare

Walk-in clinic, no appointment needed
Monday – Friday • 8:00 am – 4:30 pm
Saturday – Sunday • 8 am – 3:30 pm

ROCKCASTLE REGIONAL
HOSPITAL ■ RESPIRATORY CARE CENTER

save a lot

Like, a lot, a lot.



2⁹⁹ lb
Fresh Chicken Tenderloins

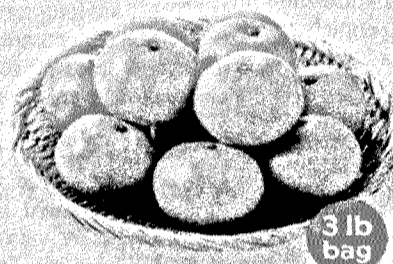
1⁴⁹ lb
Fresh Western Style Pork Ribs
Family Pack



1⁴⁹ lb
Fresh Bone-In Pork Sirloin Chops
Family Pack



3⁹⁹ lb
Fresh Whole Boneless Beef Eye of Round Roast



3⁹⁹ ea
Mandarin Oranges



4⁴⁹ lb



1⁶⁹ lb

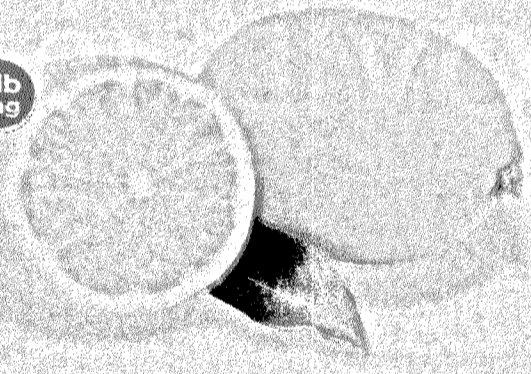
Red or Green Seedless Grapes



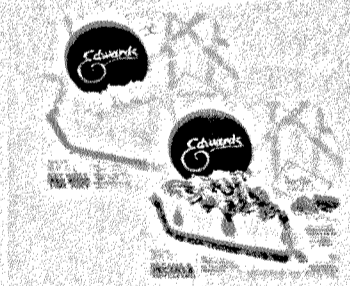
1⁷⁹ ea
Yellow Onions

Meat & Greet.

2/\$5 2 lb bag
Lemons



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5⁹⁹
Edward's Crème Pies
30.5-36 oz, Assorted Varieties

3⁴⁹
Parkay Tub Spread
41 oz



9⁹⁹
Totino's Pizza Rolls
130 ct, 63.51 oz

2/\$5
Tostitos or Ruffles
7.5-12 oz, Assorted Varieties

2⁹⁹
Niagara Drinking Water
540.8 oz bottles, 32 pk

2/\$1
JJ's Pies
4 oz, Assorted Varieties

89¢
Van Camp's Pork Beans
15 oz

limit 12
3/\$12
Pepsi Products 12-Pack
12 oz cans, Assorted Varieties

6⁹⁹
Pop Weaver Microwavable Popcorn
47.29-49.5 oz

5⁴⁹
Sandwich Bro
13.5-15 oz

Per CDC guidelines. If you are at high risk or have not been vaccinated for COVID-19, please wear a mask while inside. Protect Yourself, Protect Our Community.

Like us on **facebook**

Great price on propane tank exchange

Ad prices good September 8-14

While supplies last - hurry in!

910 W. Main St. - Mt. Vernon - 606-256-9810

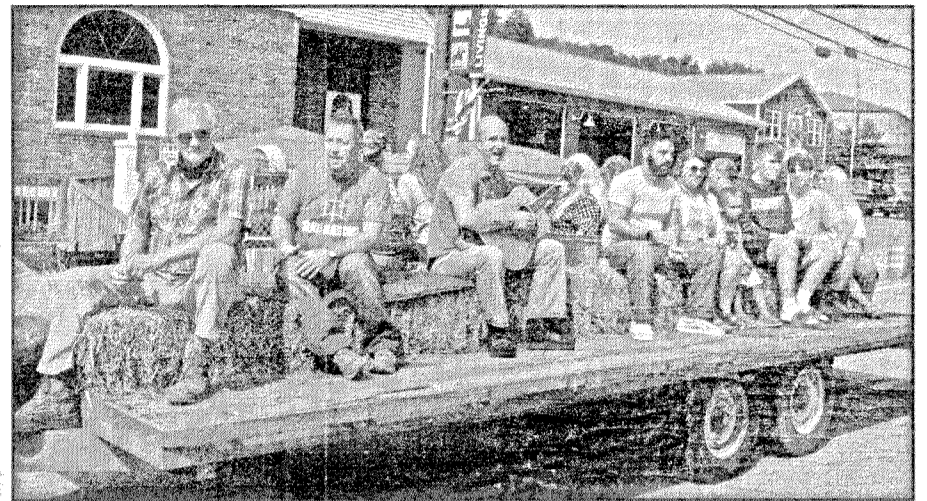
Mount Vernon Signal

Second Section

Thursday, September 9, 2021



Livingston Mayor Dwane King rode down Main Street waving at those enjoying the annual Homecoming.



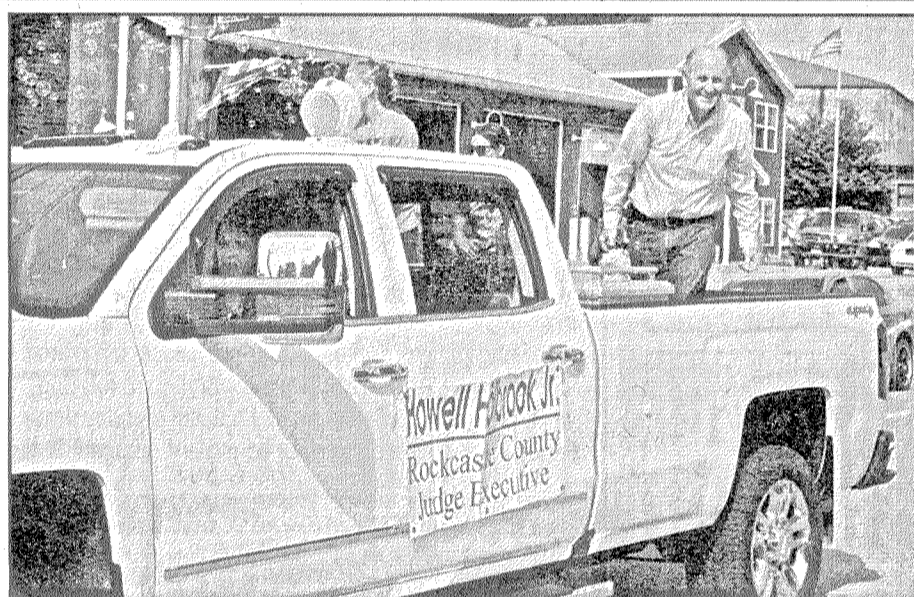
Music from members of the Calloway Holiness Church was heard all the way down Main Street Saturday during the Livingston Homecoming parade.



Livingston Police Chief Mikie Ashurst led the annual Homecoming parade in Livingston's new police cruiser.



Members of Livingston Baptist Church rode gently down Main Street Saturday in perfect parade weather.



Rockcastle County Judge/Executive Howell Holbrook, Jr., tossed treats to the many youngsters and adults lining the streets of the Livingston Homecoming Parade Saturday.



Citizen of the Year

Livingston resident Betty Newcomb was presented with the Citizen of the Year Award from Mayor Dwane King.

See more photos on pg. B4



Jeffrey S. Carpenter, number 320, (left) was named Firefighter of the Year. Mayor Dwane King and Chief Jeff Carpenter presented the award.



Angela Mink presented an Award of Appreciation to Mayor Dwane King for performing duties above and beyond the call of duty.



Magistrate Mike McGuire was named Friend of the City and presented his award from School Board Chairman Angela Mink.

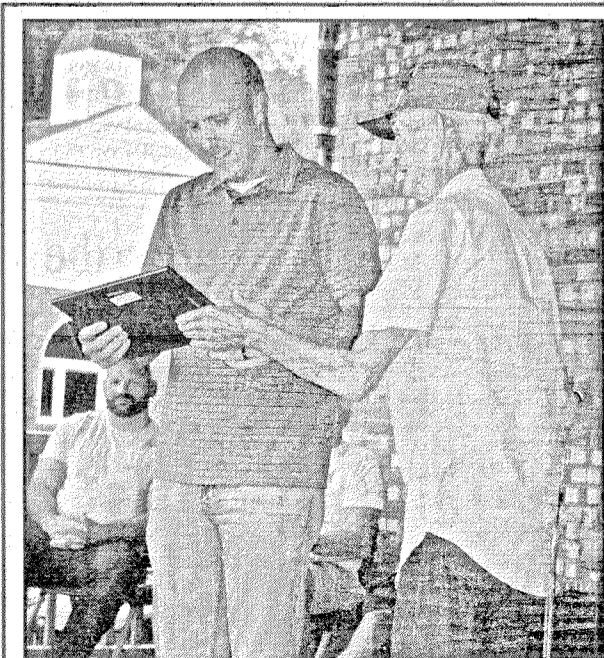
A plaque was available for John Hackley for his volunteer work in legal services to the community. Hackley was not present and will receive his award at the next Livingston City Commission meeting.



Dougie Medley was awarded the volunteer and dedication service award for his many volunteer efforts throughout the city.



Billy "Red" Bryant received the Good Neighbor Award from Mayor Dwane King.



Medley's Barber Shop was awarded the Business of the Year plaque during Homecoming ceremonies Saturday. Owner Jason Medley was not present due to quarantine. Accepting the award from Mayor Dwane King (right) for Medley was Phillip Doan.

Classifieds

CLASSIFIED RATES

• Local Rates - \$4 for 25 words or less - .10 each additional word
 • Display Classifieds \$5.00/Inch
 Deadline for Classifieds is 10 a.m. TUESDAY

For Rent

Garage Units, 16'x32' with lights, electricity and concrete floors. Ideal for boats, cars, campers, etc. Located formerly Hamm's Auto Sales on Hwy. 1250. Prices per moth, 16'x32' - \$150 and 10'x32' - \$100. 606-308-2319 31xntf

Chism Drive Thru Storage. 9 1/2 x 14 indoor units. \$50. 24 hr. access and security cameras. 859-559-9903. 3xntf

Mt. Vernon Housing Authority open Monday, Wednesday and Friday from 9 a.m. to 3 p.m. Applications accepted Monday, 9 a.m. to 1 p.m. Rent based on income. 256-4185. 14xntf

Accepting Applications For 2 and 3 bedroom units at Valley View Apartments. Rent based on income. Call 256-5912. TDD for hearing impaired only. 1-800-247-2510.

For Rent Maple Street Storage of Brodhead 606-308-2491

Miscellaneous For Sale

Double D Apple Orchard has apples for sale. Two miles up Scaffold Cane Road. Weekdays and weekends. Ph. 256-9096. 32x6p

Three cemetery plots at Cresthaven. \$300 for each. Contact Buddy Bales, 513-379-5778. 31x4

Cresthaven Cemetery Plots. Contact Billy Dowell, 606-308-1058. 39xntf

Help Wanted

Experienced Maintenance Technician needed at leading apartment communities in Mt. Vernon, Brodhead, Hustonville and Manchester, KY. Applicant must have a working knowledge of residential plumbing and electric, HV/AC preferred but not required. Strong troubleshooting/diagnostic skills and be very self-motivated. Maintenance techs are responsible for various duties: completing work orders in a timely fashion, returning vacant apartments to a 'make ready' status, ordering necessary materials and parts to make repairs, grounds detail, scheduling, etc. If interested, please call 1-859-293-2175. 24xntf

Notices

Notice is hereby given that Lola McBride, 4A Robinson Terrace, Richmond, Ky. 40475 has been appointed Administratrix of the Estate of Flossie Lou Cain on the 24th day of August, 2021. Any person having claims against said estate shall present them, according to law, to the said Lola McBride, on or before February 28, 2022 at 11 a.m. 31x3

Notice is hereby given that James H. Seals, 93 Shawnee Dr., Paint Lick, Ky. 40461, Joyce Sheals, 93 Shawnee Dr., Paint Lick, Ky. 40461 and Victoria Baker, 603 Old State Road, Mt. Vernon, Ky. 40456 have been appointed Co-Executors w/will attached of the Estate of Katherine L. Seals on the 23rd day of August, 2021. Any person having claims against said estate shall present them, according to law, to the said James H. Seals, Joyce Seals, Victoria Baker or to Jeremy B. Rowe, P.O. Box 1250, Mt. Vernon, Ky. 40456 on or before February 23, 2022. 30x3

Notice is given that Carissa Ingram, 210 Ford Drive, Mt. Vernon, Ky. 40456 was appointed Guardian of Bryson Keith Mullins on the 25th day of August, 2021. Any person having claims against said appointment shall present them, according to law, to the said Carissa Ingram or Hon. Jeremy B. Rowe, P.O. Box 1250, Mt. Vernon, Ky. 40456 on or before September 27, 2021 at 9:30 a.m. 31x2

Down on Main Bar and Grill, LLC, 26 Grayhawk Road, Brodhead, Kentucky, 40409, hereby declares its intention to apply for a Quota Retail Drink License, NQ Retail Malt Beverage Drink License, and Special Sunday Retail Drink License no later than the 10th day of September, 2021. The business will be located at 95 East Main Street, Mount Vernon, KY 40456, doing business as Down on Main Bar and Grill. The managing member is Jessica Elaine Lawson of 26 Grayhawk Road, Brodhead, Kentucky 40409. Any person, association, corporation, or body politic may protest the granting of the license(s) by writing the Department of Alcoholic Beverage Control, 500 Mero St. 2NE33, Frankfort, KY 40601, within (30) days (KRS 243.430) of the date of this legal publication.

Subscribe

HIRING

EST Tool and Machine is hiring for multiple General Labor positions as well as 2nd shift Machinist positions with entry level experience. With Competitive Wages and Medical Coverage offered with a 401K opportunity.

Apply in person at EST Tool, in Brodhead or online at esttool.com or you can send a resume to PO Box 357 Brodhead, Ky. 40409

Wanted

Someone to tear down shed for lumber and tin. Call 606-256-2244 for more information.

Tell 'em you saw their ad in the Mount Vernon Signal



The Mission of Christian Appalachian Project (CAP) is "building hope, transforming lives, and sharing Christ's love through service in Appalachia." CAP is currently seeking qualified candidates for the following job opening:

Food Service Coordinator
 Family Life Child & Family Development Center
 Mt. Vernon, KY

7:30 a.m. - 4:00 p.m. • Monday - Friday
 Occasional evenings and weekends

Responsible for the day-to-day food service operations of the Family Life Child and Family Development Center. Prepare menus and well-balanced nutritious meals in accordance with the Child and Adult Care Food Program guidelines, maintain records in the designated time frame with accuracy that pertains to the Federal Food Program guidelines and regulations. Safely assists with transportation of 3-5-year-old children and parents as needed.

Requirements: High school diploma or GED 1 year of successful experience in a job-related field, or combination of education and experience.

CAP offers competitive pay and benefits.

If interested and qualified Please respond by October 1, 2021, by going to our website at www.christianapp.org scroll down to Employment Opportunities

No phone calls accepted • An Equal Opportunity Employer

Join Our Team

Rockcastle Regional Hospital in Mt. Vernon is hiring:

Housekeepers

Looking for dependable, motivated, service-driven individuals to provide basic housekeeping duties in office and patient care areas. Shifts available are 6 am to 2:30 pm or 2:30 pm to 11 pm (both require rotating weekend work), and 4:00 pm to 12:30 am Monday thru Friday. High school diploma or equivalent required.

Starting rate of pay \$10 per hour

Rockcastle Regional offers excellent full-time benefits including medical/dental/vision/life insurance, 401(k) retirement plan with employer match, and on-site child care center. Equal Opportunity Employer.

ROCKCASTLE REGIONAL HOSPITAL & RESPIRATORY CARE CENTER For more information or to apply visit: rockcastleregional.org/careers

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 Mt. Vernon, KY 40456

Rock Castles Landscaping

Max Phelps, Owner

606-416-3911

www.rockcastles.net

Professional Services

Gravel Hauling and spreading. Call 606-308-1858 or 254-289-2913. 5xntf

Owens Monument: Located behind Owens Funeral Home in Brodhead. Open Mon-Fri. 8 to 5 and Sat. 9 a.m. to noon. 606-758-9600. 14xntf

Grave Markers & Monuments: In stock at all times. McNew Monument Sales, US 25, 4 miles north of Mt. Vernon. Phone 256-2232.

Gail's Pampered Pooch 57 West Main St., Brodhead. For appt. call 606-758-0064 20xntf

Hayes Gravel
859-544-7730

Yard Sales

Yard Sale: Friday, September 10th, 8 a.m to 5 p.m. Aprox. three miles from Mt. Vernon. take 150 to Maretburg. At caution light, turn left onto Rd. 2108, second brick on left. Weedeaters, desk, tables, chairs, old farm tools, glassware, clothes, shoes and misc. items.

Yard Sale: Huge, Big, Big Moving Sale. First in 23 years. Y'all come on out. 379 Miller Lane, Mt. Vernon (follow signs from 3275/Hurricane School Road). Friday and Saturday, 8 a.m. to 4 p.m. Everything must go!!

Posted

Posted: No trespassing or hunting on land owned by Graves Heirs in the Buffalo Community area. 29x3

Posted: No trespassing of any kind on property on waters of Crooked Creek owned by Buddy Mullins. Violators will be prosecuted.

Posted: No trespassing or hunting on land owned by Charles R. and Polly Abney in the Renfro Valley area. 29x3

Posted: No hunting or trespassing on land belonging to Orville and Bernice Burkhart on Cove Branch, Livingston, Mt. Vernon. Violators will be prosecuted. 27x51p

Posted: No hunting or trespassing on property belonging to Jay Justice at 1314 Brindle Ridge Road, Brodhead, Ky. 30x2

Posted: No trespassing on property owned by Virginia Thomas, located at 997 West Main St., within city limits of Brodhead. 29x4

Posted: No trespassing on property owned by Shannon Hellard on Cove Branch Road in Rockcastle County. 28x26

Posted: No hunting or trespassing on property belonging to Brian and Angela Burdine and located at 428 Black Bear Lick Lane, Livingston. Violators will be prosecuted. 47xntf

Posted: No hunting or trespassing on farms, belong-

ing to Gary and Peggy Roberts, on KY 3245. Violators will be prosecuted. 47x50p

Posted: Absolutely no trespassing on land belonging to L.J.L. Honeycomb LLC for any reason. Formerly known as Christ Outreach for the Blind. Violators will be prosecuted. 35x51p

Posted: No trespassing of any kind on land belonging to Eugenia Cykowski Heir(s) at 402 Albright St., Brodhead, Ky. 17xntf

Posted: Property belonging to Don and Kitty Reese on Smallwood Road at Roundstone. All trespassers will be prosecuted. 49xntf

Posted: No hunting or trespassing on land belonging to Glen Roberts at 560 Dix River Branch Road, Brodhead. Violators will be prosecuted. 35xntf

Posted: No hunting, trespassing or ATVs on land belonging to Jason and Sara Coguer at Roundstone. Not responsible for accidents.

Posted: No trespassing on Crawford Place - Old Brodhead Road. Danny Smith. 47ftn

Posted: No trespassing, hunting or fishing on land belonging to Rachel Denney on Hwy. 3245 (former Reggie Benge property).

Posted: No trespassing on property known as C.B. Owens Farm across from Fairgrounds in Brodhead. Violators will be prosecuted. 25ftn

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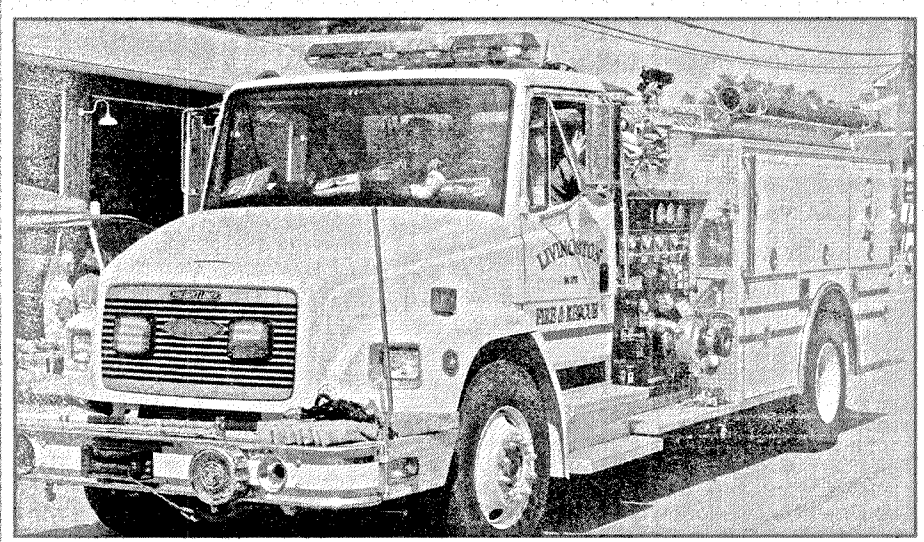
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More scenes from Livingston Homecoming



The Livingston Fire Department was well represented during the Homecoming.



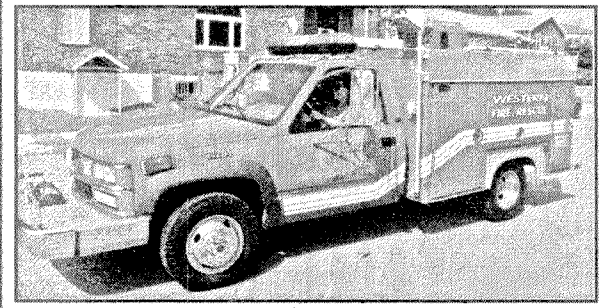
Rockcastle County Magistrate Mike McGuire drove down Main Street during the Livingston Homecoming Parade Saturday.



Many characters of history were seen throughout the Livingston Homecoming Parade. Here, characters from the days of Daniel Boone walked along beside Jordan Smith with Rockcastle Weather and Maggie Franklin.



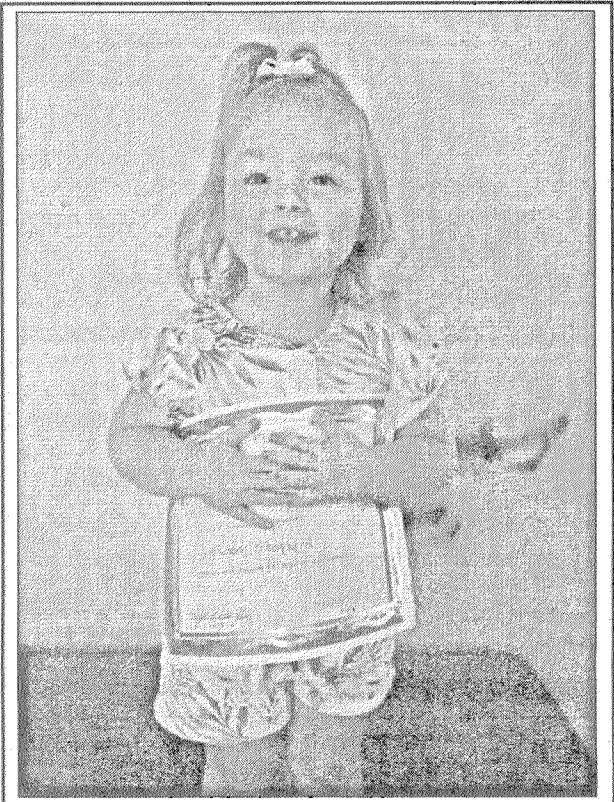
Members of the Rockcastle County VFW helped honor Medal of Honor winner PFC David M. Smith, of Livingston, after the homecoming parade and awards ceremony Saturday.



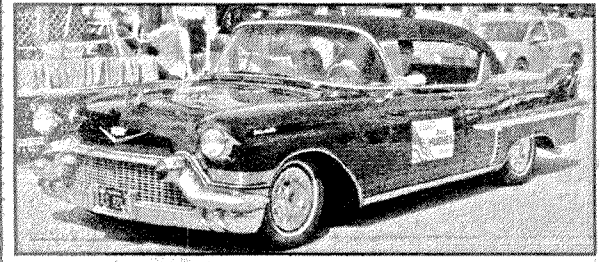
Western Rockcastle Fire/Rescue showed off their high tech fire and rescue truck during the Livingston Homecoming parade Saturday.



Lt. Wesley Durham, with the Mt. Vernon Fire Department, and his wife Katlyn joined the parade line Saturday.



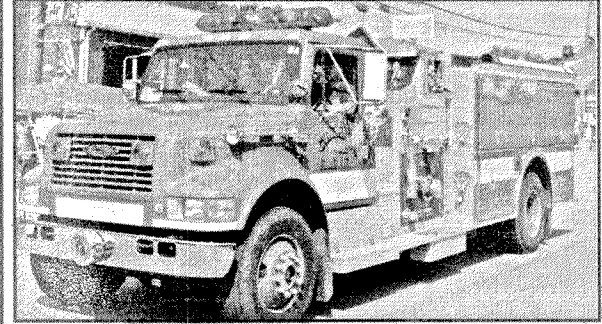
Allison Blayke Shepherd holds tight to her first place award after the Cutest Baby contest at the Livingston Homecoming Saturday.



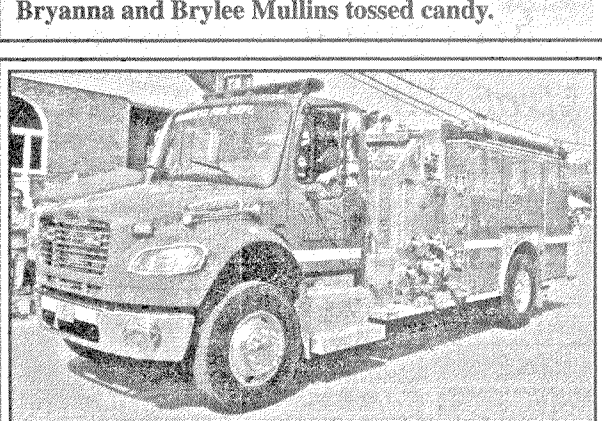
Doug Hughes, candidate for Rockcastle County Coroner and wife Kelly rode this classic down Main Street during the Livingston Homecoming Parade.



The Brindle Ridge Volunteer Fire Department showed their unique fire fighting vehicle as Bryan, Bryanna and Brylee Mullins tossed candy.



The Climax Fire Department rode down Main Street during the Livingston Homecoming parade.



The Brodhead Fire Department took part in the Livingston Homecoming parade Saturday.



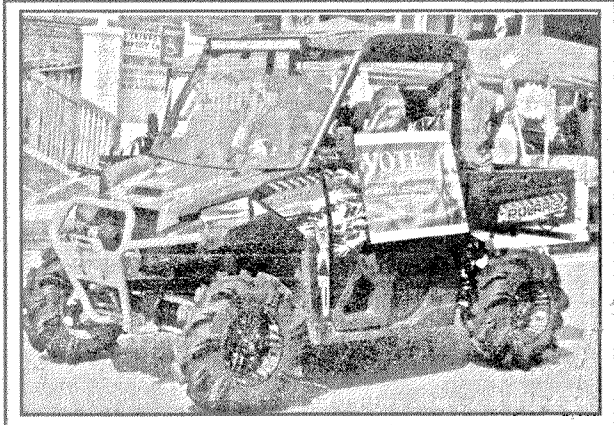
Red Bryant and Dell Ponder rode a golf cart down Main Street during the annual Livingston Homecoming parade Saturday.



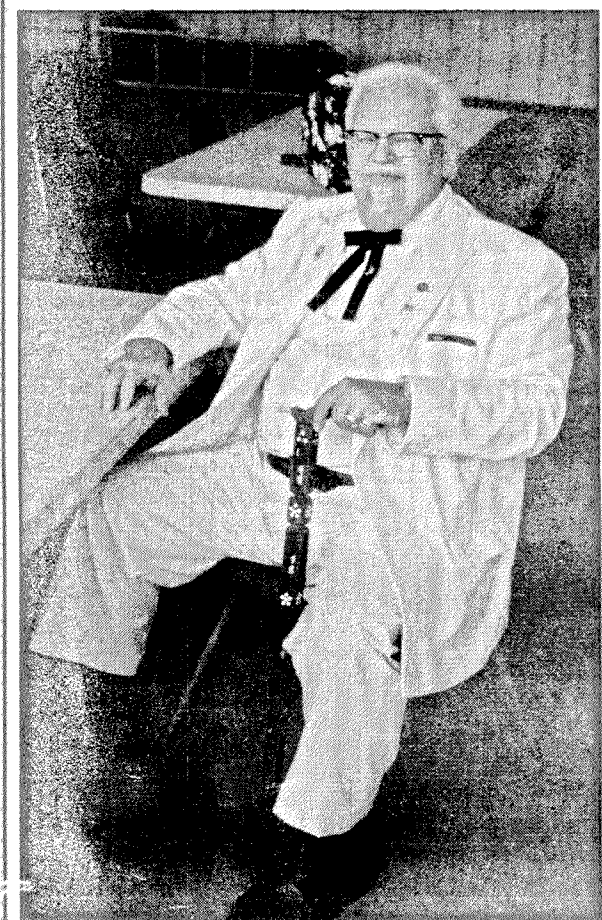
James Renner and the Rockcastle County recycling Center were represented during the Livingston Homecoming parade Saturday.



Frankie and Joanie Woodall tossed candy to waiting youngsters along the side of Main Street during Saturday's Homecoming parade in Livingston.



Rockcastle County Coroner Candidate Dawn Carpenter rode down Main Street in the Livingston Homecoming Parade a dolled-up side-by-side Saturday.



Colonel L. A. Thayer was seen throughout the day at the Livingston homecoming parade representing Colonel Sanders.



It was difficult to determine a winner of the Ugliest Woman Contest during the Livingston Homecoming event Saturday. Michael Parsons won the Karaoke Contest and John Hackley was given a certificate of appreciation for his volunteer legal services throughout the year.



Shown above, one of the side-by-sides that rolled down Main Street during the Livingston Homecoming Parade Saturday.