

112 \*\*\*\*\*CRL0213A\*\*R007  
ROCKCASTLE LIBRARY  
60 FORD DR  
MOUNT VERNON KY 40455-2148



Kentucky State Representative Jonathan Shell presented certificates of appreciation to three of the four men who risked their lives to save a Doug Bowling from a burning truck in May in Rockcastle County. The men, along with Sergeant First Class Mario King who received the nation's highest peacetime award at Fort Knox Friday for his part in the rescue, met the driver of the truck for the first time at the ceremony last week. Shown receiving the award at the weekly Kiwanis Club meeting at the Limestone Grill are Shell (presenting the award), Sam Hamilton, Bowling, Eldon Rice and Gary Mink.

## Four heroes recognized for saving a life

By: Mike French Reporter

Sometimes it takes awhile, but heroes are usually rewarded. This was the case Thursday at Limestone Grill in Mount Vernon, and Friday at Fort Knox when four local residents were recognized for their efforts that saved a life during a fiery crash in May.

A tractor-trailer crashed and burst into flames with driver Doug Bowling trapped inside. Several local residents who witnessed the accident attempted to pull Bowling from the burning truck but he was trapped. In fact, one local resident had

pulled out his pocket knife and was preparing to cut Bowling's leg off to get him out of the truck.

Just then, a powerful arm reached through the flames and grabbed Bowling, and helped pull him lose and the men drug him away from the burning vehicle.

Sam Hamilton, Gary Mink, Eldon Rice and an unknown man, all local residents, were considered instant heroes for saving the truck driver's life.

Local residents as well as police searched for the unknown man but it was several days later, that he was identified as Sergeant First Class Mario King of Brodhead stationed in Fort Knox.

The event was on most television news programs across the state and fate brought the five men together at the intersection of Highway 150 and Highway 70 near Brodhead.

Hamilton, Rice Mink and King were all on the road near Bowling's truck when it crashed and burst into flames but through the heat that was singeing the hair on their arms, the men leaped to Bowling's rescue and freed him from certain death.

Last week three of the men (Hamilton, Rice and Mink) were honored at the weekly Kiwanis Club meeting at Limestone Grill by State Representative Jonathan Shell, when Bowling met them for the first

## Approve tax rates

ner and informed Arvin that the county is collecting payroll tax from workers at both locations.

Judge/Executive Doug Bishop told Arvin that he feels the county is benefiting as well as many others. "Our stone here is used to help the nation as a whole," said Bishop. "Most counties have rock quarries and I am thankful that we have the material it takes to build infrastructure."

The court agreed to investigate the issue and study the legalities and road safety involved.

(See "Court" on A5)

(See "Hero" on A5)

## Fiscal Court hears residents' concerns

By: Mike French Reporter

The Rockcastle County Fiscal Court held their regular monthly meeting Tuesday afternoon in the court house.

Several guests attended the meeting and made presentations to the court as citizens.

First, Dr. Tony Arvin stood before the court with large displays concerning what he called missed revenue by the county.

Arvin presented figures and statistics to the court suggesting that the local rock quarry and the trucks that travel the roads in the county should pay fees for hauling heavy loads. He also

expressed concern for the safety of other drivers and children since he says the trucks travel with full loads and weigh about 80,000 pounds. "I see them taking a mountain out of our county and as a concerned citizen I think we are missing out on revenue because they have a great asset there," Arvin said.

He also discussed the work being done to widen I-75 and said the county should be collecting fees for the work being done there. "If other counties had an interstate coming through, they would be gaining revenue from that," he said.

Arvin asked the court to look into ordinances and

studies concerning dust control standards, heavy truck fees, measuring chemicals used in rock blasting, limiting trucks in school areas and other areas of concern. "I suspect we're missing out on revenues from the quarry and the I-75 project and as a health care professional I am considering the safety issues as well," he said.

Arvin also said he feels the court should look into the noise caused by the trucks.

Magistrate Bill McKinney said the county is not allowed to regulate the state highway in such a man-

## High speed chase ends in Rockcastle

By: Mike French Reporter

It may have started as a joy ride, but it ended in a high speed chase, crashing into police vehicles, a fight on the interstate and being thrown into the Rockcastle County Detention Center.

According to the citation, the Rockcastle County Sheriff's Department received a call that Knox County Deputies were involved in a high speed pursuit that was about to reach Rockcastle. The local Sheriff's department, the Mount Vernon Police department and Brodhead Police responded to assist in the chase.

The chase started in Knox County after police there received a call about a stolen vehicle. When officers spotted the vehicle, it darted onto the interstate north bound headed towards Rockcastle at speeds in excess of 90 mph.

Local officers entered the interstate in front of the stolen car and initiated a rolling roadblock to stop the car after it had been swerving in and out of traffic at high speeds.

Once the vehicle was

stopped near mile marker 63 in the construction zone of I-75, officers ordered the

(See "Chase" on A5)

## School board approves budget for 2018-2019

By: Mike French Reporter

With a lot to discuss, the Rockcastle County School Board held their regular monthly meeting Tuesday evening.

Among the issues discussed was the approval of the 2018-19 working budget

## Discuss changes coming

for the school system. Finance Director Jenny Sweet presented a summary of the entire budget to the board members and opened the floor for questions.

"We focused our attention on making sure we provide the strongest possible

education for our students while balancing the budget. We try to make wise decisions but soon, we will have to begin conversations about programs to give up," said Superintendent David Pensol. "I am excited about this budget and have a lot of confidence in it."

Sweet agreed that funding cuts played a huge part in the budget again this year. In fact, Sweet said "SEEK funding for example was \$14,383,782 in 2015. In 2018, SEEK funding is \$13,658,999." A difference of \$724,783 which Sweet said "You just don't get that back. That is money out of the budget." It is important to note that SEEK funding was increased per student during the last legislative session of the Kentucky General Assembly.

Sweet discussed a beginning balance of \$2,435,364, tax receipts of \$3,122,234 and SEEK funding of \$13,658,999. Along with on-behalf payments the total general fund budget is \$25,339,563.

Sweet listed expenses in summary with the highest cost in instruction at \$14,337,528 and the second highest expense as plant operations and maintenance at \$2,396,597. Total expenses are also \$25,339,563 for a

(See "Brodhead" on A5)

(See "School" on A5)

## Brodhead about to enforce nuisance ordinance again

By: Mike French Reporter

Members of the Brodhead City Council discussed several issues during Monday evening's regular

monthly meeting.

Among the topics discussed was the enforcement of the nuisance ordinance that was revamped last year.

Councilman John Burton said he had noticed several areas in town that are not being kept up. "There are a lot of places that have grown up with weeds. You can't even see the house at some of them. It's time we start enforcing our ordinance," he said.

Becky Bussell, City Clerk, said she will send a letter to each of the addresses that need maintenance along with a copy of the ordinance and then the owners will have to meet the ordinance requirements or a fine will be imposed.

Bussell said she will post

## RCIDA discusses many local issues

### Microfoodery on schedule

By: Mike French Reporter

Members of the Rockcastle County Industrial Development Authority (RCIDA) held their regular meeting Monday.

The board approved the

financial report after Chairman Corey Craig informed members of the \$1,000 to Kentucky Crossroads listed which is used for a consulting event planned in Bardstown this fall.

(See "RCIDA" on A5)

## Hall of Fame face lift



The Kentucky Music Hall of Fame in Renfro Valley needed some sprucing up as the paint was beginning to peel and caulking needed done around many areas. Greg Thurber is a painter, but his office is in Michigan. Distance was not a deterrent for Thurber though. He is a big country music fan and a lover of the Kentucky Music Hall of Fame. "This place is part of history," said Thurber. "We have to keep it in good shape." Thurber, along with several local volunteers, have spent a lot of time and money, volunteering both, to bring the Hall of Fame building back to looking new. Avery Bradshaw, Director of the Hall of Fame, said the volunteer work has been a huge help to the community of music lovers and Thurber's dedication and willingness to help is a boost to local residents as well as tourists who may come to Renfro Valley. Thurber is seen here finishing up one of the windows on the building that now looks like a new structure.

## Of Special Note Inside

- Viewpoints ..... Pg. A2
- Church News ..... Pg. B4
- Classifieds ..... Pgs. B6&7

Contact us at: mvsignal@windstream.net  
Deadline submission is Noon Tuesday

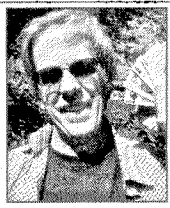
- Courthouse News ..... Pg. B2
- Obituaries ..... Pg. A4
- Sports ..... Pgs. A6&7

Call  
606-256-2244 for  
Advertising &  
Subscriptions



## Aces Over

By: Mike French



I know I complain a lot about taxes, but it's just so bad that it dominates my life. I guess I sit and think about it too much but I can't help it. Taxes completely determine everything I do.

I am so saturated with being taxed, that it has become a major part of everything I do.

How did we get this way? I was thinking this week that every single breath I take in life, my every heart beat, my every footstep, I am being taxed during it. I don't do a single thing in life that the government isn't taking from me at that moment.

If this had happened back when America was filled with brave men and women who weren't afraid to sacrifice for the betterment of the whole, there would have been an uprising the likes of which has not been seen in many years.

Of course I am a fan of the American way. Capitalism and the free market is the only way human beings

should live. Anything else is not freedom.

But I have to wonder if there is ever enough? When does the government stop taking more?

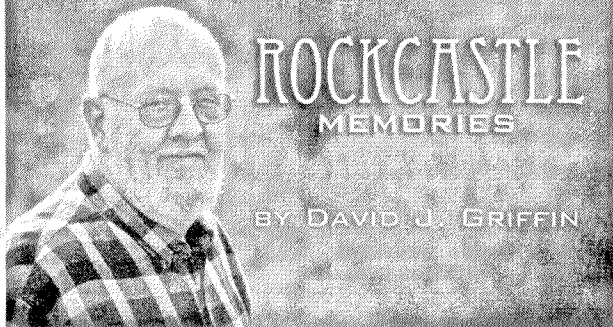
Friday of last week, this happened to me:

I drove a truck that I paid taxes on when I bought it and every year since, burning gas and oil and tires that I pay massive taxes on when I bought them, on a highway that I'm taxed to pay for to a building that I was taxed to build, to see employees paid by taxes in order to give them my very last dollar to my name for vehicle taxes on my truck.

Every single thing that I touch is taxed. In some cases, it's taxed several times.

I've mentioned before that my elderly mother last year paid her property taxes. Those taxes are due every year for eternity. As of last year, she has paid the same amount in property tax that her and my dad paid for the

(Continued on A3)



## ROCKCASTLE MEMORIES

BY DAVID J. GRIFFIN

### Waiting for Monarchs

While walking my Sheltie in the woods next to our home, I noticed a couple of monarch butterflies flitting from tree to tree. This species is quite familiar to the woods on top of Furnace Mountain in Powell County. It appears that the migrating insects are drawn to the plants in or near our property.

Upon seeing these colorful insects most every fall, I am reminded that they migrate from Canada and North America on their way to the Sierra Madre Mountains of Mexico, where they overwinter. Often there are thousands of these butterflies covering a single tree within the Mexican forests. The migration through Kentucky has become an event that is carefully watched by local biologists and nature conservatives throughout our commonwealth.

My wife and I abide in a modest home that sits along the edge of a limestone cliff, with adjacent wooded areas that lie along the crest of a 1,380 foot mountain. We have a large deck on the back of our house, which overlooks Stanton and Clay City as well as parts of the Mountain Parkway. We spend a lot of time on our deck in the spring and fall months.

Several years ago, my wife walked out onto our deck to enjoy her morning Ale8, when I heard her squeal with delight. I rushed to see what was going on, and much to my surprise, I saw hundreds of monarch butterflies on our property. We carefully took a seat to watch the insects circling our yard and trees in our woods. Such a view was visually overwhelming, and we had a front row seat!

This iconic pollinator has become one of the most familiar North American butterflies. The monarch has been named the state insect of Alabama, Idaho, Illinois, Minnesota, Texas, Vermont, and West Virginia. Some states have even created "Monarch Waystations" within the eastern US. The common milkweed is a favorite plant for monarch reproduction.

Because we were able to witness the huge concentration of these beautiful, copper-colored insects on our property, we are constantly on the lookout for them, year after year. We always notice a few each fall, but

we have not again witnessed such a congregation as we did a few years back. The memory of those butterflies circling our yard, landing on our plants, and flying into the woods will always remain with me for a very long time.

I will also remember Kathy saying, "Don't you just love where we live?" My reply was a resounding, yes! Apparently, even the butterflies agree.

(You can reach me at themanman@att.net or you can drop me a line at 2167 Furnace Road - Stanton, KY 40380. I appreciate your comments and suggestions.)

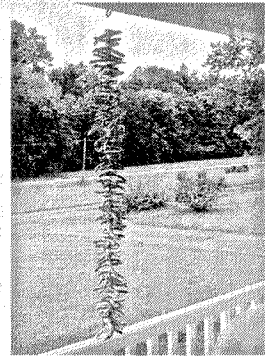
## Points East

By Ike Adams



It's a good thing Loretta didn't have a camera handy about two weeks ago. Otherwise I might have been a contender for the top prize on America's Funniest Home Videos, a dubious "honor" that I have absolutely no aspirations for achieving.

For old time's sake, I decided to thread up a long string of Babe Campbell



Shucky Beans

Beans and hang them up to dry for "shucky beans" or "leather britches". Folks in east Tennessee and western North Carolina, I have recently learned, also call them "fodder beans".

In any event, it's a way of drying and storing green beans with the hull intact. Once they are completely dry you can put them in big zip-lock bags and store them for months until you are ready to eat them. At which point you take them out of storage, break them up, throw in a chunk of fat back or country ham and cook them for a couple or three hours like fresh green beans.

Some people break them up before storing them and other folks break them up green first and dry them in dehydrators. My sister in law, Brenda Joseph who lives there in Hotspot, Letcher County, breaks hers up first and dries them on a bed sheet placed on the hood of her car while she's at work. I can tell you, for sure, that they taste much differently and far better sun dried than they do from a dehydrator. But that's just my frank opinion after trying both methods numerous times.

(Continued on A3)

## T.J.'s Journal

By: Tonya J. Cook



### That Enduring Precious Smudge

Dear Journal,

I've heard all of my life one old wife's tales or ghost stories about something that lingers on about someone who had died. For instance, there are several about blood appearing on the floor where someone was murdered. There are a few of these here in southeastern Kentucky. There are the ones about putting powder or flour on a certain place and mysteriously hand or finger prints will appear. Any way, you get the idea.

I'm one of those that would just about have to be on hand to see such. Then, on the other hand, would I really want to be there? Although I have seen some eerie stuff over the years.

I'm looking out our front window and can't help but to see John's smudge. It is more visible at night however. John was a most wonderful dog we had and was tragically killed by a car about this time in 2013.

John was just a big pup although he was a little over a year old. He was a yellow Lab and Great Pyreneese mix. I found him two or three days after Christmas in 2012, so we had him a little less than a year. He was coming up Highway 25 going North on the South bound side. He and his littermates had been thrown out up 25 for several miles as it turned out. He was a very sweet and loving dog, so much so that we called him "Big Lovin' John".

John stayed inside with us except when we were gone, then he stayed outside on a lead that was hooked to the back porch. The night he was killed the lead-out broke and he got away. When we got home we went to let him inside and he came in as usual. However, his collar was gone with the lead still attached. He came on in and acted a little unusual. He paced and paced and seemed he wanted to tell us something. Stanley took

(Continued on A3)

## Mount Vernon Signal

Publication Number 366-000

Periodical Postage Paid in Mt. Vernon, Ky. 40456  
606-256-2244

Published every Thursday since November, 1887. Offices in the Mt. Vernon Signal Building on Main Street in Mt. Vernon, Ky. 40456. Postmaster, send address changes to P.O. Box 185, Mt. Vernon, Kentucky 40456.

James Anderkin, Jr., Publisher Emeritus  
Perlina M. Anderkin, Publisher/Editor

### SUBSCRIPTION RATES

In County - \$23.00 Yr. Out-of-County - \$27.00 Yr.  
Out-of-State \$35.00 Yr.

For advertising rates, call 606-256-2244 or email [mySignal@windstream.net](mailto:mySignal@windstream.net)

## King's Eye Care

Is Proud to Welcome

Dr. Kevin Skidmore



To Our Practice

Buy One Pair of Glasses and Receive a Second Pair Half Off

Call for appointment

859-986-7027

109 Boone St. • Berea, KY 40403  
[www.eyedoctorberea.net](http://www.eyedoctorberea.net)

### 22nd Annual

# Spoonbread Festival

A Berea Chamber of Commerce Event



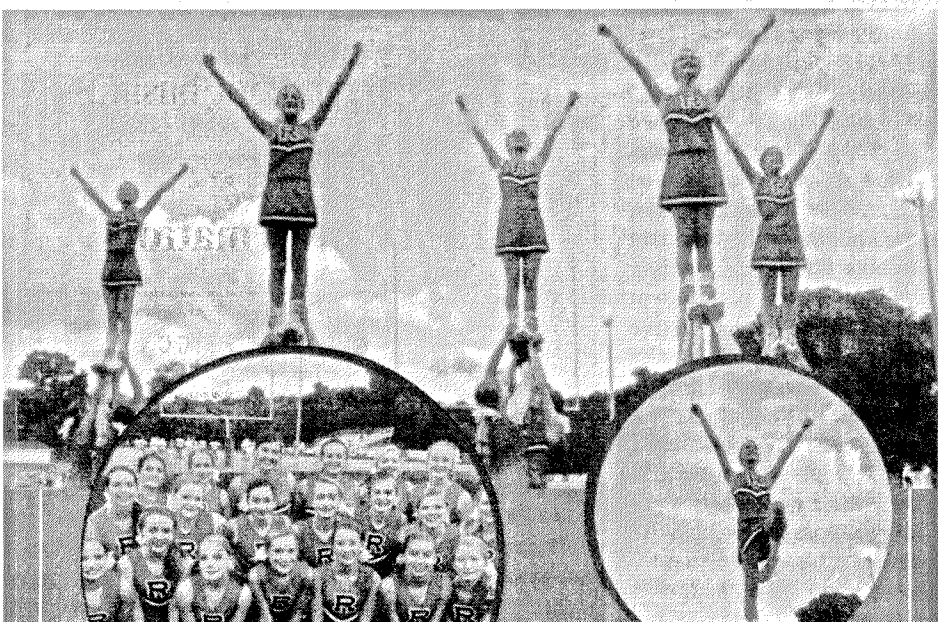

**September 21 - 23, 2018 Berea, KY**  
**A weekend of family fun!**

<p><b>Activities &amp; Events</b></p> <ul style="list-style-type: none"> <li>Delicious Spoonbread</li> <li>Arts &amp; Crafts Booths</li> <li>Inflatable Rides / Kiddie Land</li> <li>5K Run / 1 Mile Walk</li> <li>Carnival Rides &amp; Parade</li> <li>Strolling Puppet Shows</li> <li>Car Show</li> <li>Dog Show</li> <li>Hot Air Balloon Glow</li> <li>Hot Air Balloon Rides</li> <li>Motorcycle Show &amp; Ride</li> <li>Antique Tractor Show</li> <li>Spoonbread Eating Contest</li> <li>Dancers &amp; Cloggers</li> <li>Cornhole Tournament</li> <li>Beauty Pageant</li> <li>Talent Show</li> </ul>	<p><b>FREE Music Concerts</b></p> <ul style="list-style-type: none"> <li>Walker Montgomery</li> <li>The Wannabeatles</li> <li>Soul Creek</li> <li>Madison Dulcimers</li> <li>Narrow Road</li> <li>Silver Creek Band</li> <li>Avery Crabtree Band</li> <li>The Promise Trio</li> <li>Westbrook Trio</li> <li>The Jeff Richey Experience</li> <li>Little E - Jonathan Rader</li> </ul>
---	--



For more information, call: (859) 986-9760

[www.spoonbreadfestival.com](http://www.spoonbreadfestival.com)



# \$30

Register by September 14th to receive a camp t-shirt!

\*Fee includes camp, snack, and t-shirt (if registered by 9/14)

## RCHS Cheer Youth Cheer Camp

When: Saturday, Sept. 22nd  
Where: RCHS Gymnasium  
Time: 9 - 12:00 PM

Registration forms AND payment may be turned in to the front office at each elementary school, given to a RCHS Cheerleader/Parent, or left at the RCHS front office for Coach Joanie.

Please make sure form payment is in a sealed envelope, labeled with your student's name.

# RCHS

## 2018 Homecoming Alumni Event

# CHEER

Friday, September 21st  
6:00PM

All alumni of the RCHS Cheerleading Program are Invited!

**Event Activities Include:**

- Alumni T-Shirt, meet & greet with current/past RCHS Cheerleaders, "Blast from the Past" slideshow, open practice to prepare for game, tailgate with food & mingling, and cheering with current team part of 2nd quarter!

## Registration: \$25

## Rockcastle Community Bulletin Board

Sponsored By  
**Cox Funeral Home**

Family Owned & Operated Since 1907  
80 Maple Drive, Mt. Vernon, Ky. Ph. 256-2345  
Toll Free 1-888-825-2345 • 24 Hour Obit Line 256-5454  
[www.coxfuneralhomeky.com](http://www.coxfuneralhomeky.com)

### Bookmobile Schedule

**Monday, Sept. 17th:** No Service. **Tuesday, Sept. 18th:** Calloway, Red Hill, Livingston, Lamero, Pine Hill.  
**Wednesday, Sept. 19th:** Maple Grove, Orlando, Climax.

### Safe Driving Course

A safe driving course will be taught September 14th, from 9 a.m. to 1 p.m., at the Rockcastle County Extension Office. Cost is \$15 for AARP members and \$20 for non-members. Call the extension office at 606-256-2403 to reserve a space.

### Alzheimer's Support Group

An opportunity for caregivers, families and friends to learn more about Alzheimer's disease, share your feelings and concerns, and support each other in coping with the effects of the disease. Next meeting is Monday, Sept. 17th at 6 p.m. at the Rockcastle Regional chapel. For more information, call Anne Harris at 606-256-7835.

### Farm Bureau Annual Meeting

The Rockcastle County Farm Bureau Annual Meeting will be held Friday, September 21, 2018. It will be held at Roundstone Elementary School in the cafeteria. Dinner and entertainment at 6:00 p.m., business meeting to follow at 7 p.m. All members are welcome, we would love to see you there!

**Health Department Closed September 27th**  
The Rockcastle County Health Department will be closed all day on Thursday, September 27th for employee training.

### Operation Volunteer for RHRC

Rockcastle Health and Rehab Center (Brodhead Nursing Home) is hosting Operation Volunteer on Friday, September 28th at 1 p.m. It is our mission to get our community to serve. Come check out the volunteer opportunities available at our facility. Bring your time, talents, and joys to share with others.

### New Volunteer Training for HCP

There will be new volunteer training for Hospice Care Plus on Saturday, September 29th, 9 a.m. to 5 p.m. at the Compassionate Care Center in Richmond. Open to anyone age 14 and up. Men, veterans and Rockcastle County volunteers especially encouraged and needed at this time. Please register by contacting Stefanie at 859-626-9292 or [hospice@hospicecp.org](mailto:hospice@hospicecp.org). Volunteers needed in patient care, caregiver support, pet therapy, grief support, hospitality desk, office help and much more. Details at [hospicecareplus.org](http://hospicecareplus.org). Class size is limited to 20 so please register early.

### TOPS of Brodhead

TOPS (Take off pounds sensibly) meets every Tuesday evening at the Brodhead Community Outreach Center. Weigh-in begins at 6 and the meeting is at 6:30. For more information, call 606-758-4973.

### Livingston School Reunion Sept. 29th

The Livingston School Reunion will be held Saturday, September 29th in the Trail Town Visitor's Center and the the Preston Parrett Gym. Registration will begin at 4 p.m. and the evening program will be at 6 p.m. in the gym. In lieu of a registration fee, individuals are urged to make a voluntary donation to the Livingston School Revitalization Fund. All former students, teachers, family and friends of the Livingston School are invited to attend. For question, call Rose Mullins Brown at 606-308-1643 or Gary Mink at 606-308-3801.

### RCHS Class of 1988 Reunion

The graduating class of 1988 invites you to our 30 year class reunion. Saturday September 22nd! Please join us to renew old friendships, talk about our good old days, make some new friends and just have a great time. The reunion will be at the Rockcastle Middle School (our old high school) with cake and punch, fruit and cheese trays, (we aren't having a meal, to cut down on the costs, so please eat before you come.) Please RSVP by September 8 and send your check or money order (no cash please) to Celena Lear Bullock at 4047 Willailla Rd., Brodhead, KY 40409. \$10 per person, please make checks payable to RCHS Class of 1988.

### Celebrate Sobriety Service

CrossPoint Church of God will host a monthly Celebrate Sobriety Service on the second Thursday of each month at 7:00 p.m. We are located at 211 Industrial Park Road (across from the High School) in Mt. Vernon, KY. Call 859-582-2553 with any questions.

### Grandparent Support Group

Are you raising a grandchild in your home? If so, you are invited to attend our support group which will meet Thursday, Sept. 20th at noon at the Rockcastle County Extension Office, 1050 West Main St., Mt. Vernon. Guest speaker will be Kelly Owens, AHEC on Prescription Drug Misuse Prevention. If you plan to attend, contact: Angie Payne at 256-5118 or Jessie Mahaffey 256-4818.

### Chamber of Commerce Meetings

The Rockcastle County Chamber of Commerce meets once a month, on the third Tuesday, at noon at Limestone Grille. All members are encouraged to attend.

### VFW Post Item

VFW Post 5908 at Lake Linville welcomes all members and is also looking for new and associate members. New hours are: Wed. - Sat., 5 p.m. to ? Call 606-386-1490 for more information.

### Rockcastle County Recovery Meetings

\*Celebrate Recovery-Brodhead: Located in the Community Outreach Center (next to Fairgrounds), every Monday, 6 to 8 p.m. 859-230-9590 or 606-308-3099.

\*Celebrate Recovery-Northside Baptist Church - Mt. Vernon every Tuesday, 6 to 8 p.m. 606-256-5577. Need a ride? Call and leave message before 4 p.m.

\*Celebrate Recovery-Step Studies. Northside Baptist, Mt. Vernon, Wednesday at 7 p.m. 606-256-5577.

\*Broken Chains Bible Study at Crusier's Motorcycle Sales, 7223 N. Wilderness Rd., Mt. Vernon every Thursday at 6:30 p.m. Leader: Gary Vincen Linville, 859-302-2431.

\*Celebrate Recovery-Step Studies - Women Only. Located in the Community Outreach Center (next to Fairgrounds), every Thursday, 6:30 p.m. For more info, call 606-308-3099.

\*Celebrate Recovery-Livingston at Livingston School cafeteria. Friday, 6 to 8 p.m. Leader: J.R. Cornelius, 859-314-7828.

## Points East

(Cont. from A2)

Suffice to say that neither method tastes anything like fresh, frozen or canned green beans. But when I was growing up on Blair Branch, shucky beans were on the supper table at least once or twice every ten days to break up the monotony of soup beans or home-canned beans. Suffice to say that beans, in one preserved form or another, were served at our place every day of the week, along with taters, from mid-October until early June when the garden started coming in.

Anyway, as most of you know, I have to contend with Parkinson's Disease 24-7. If you know much about Parkinson's disease, you should already know that you should never sit or stand near someone afflicted by Mr. Parkinson if that person has a sharp instrument in his or her hands. You could get wounded, jabbed with a fork or find a bite of food dropped into your lap or pasted to your face.

What that means is that after I had pricked various fingers half a dozen times in the process of simply threading one of Loretta's crochet needles with a 6 feet strand of cat-gut fishing line, I knew that getting two gallons of beans strung onto the line was going to be a daunting undertaking. I had tiny little band aids all over my left hand before I picked up the first bean.

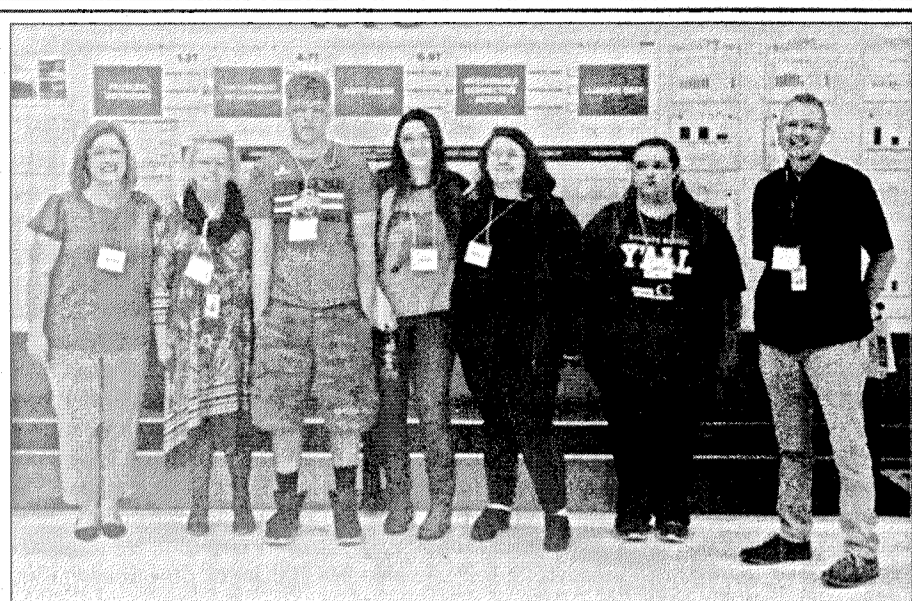
My brother, Andy, had already pulled the strings off the beans and washed them, a task that took him less than half an hour that would have taken me upwards of half a day. Mr. Parkinson becomes very frustrated with anything having to do with green beans, other than growing them.

So I tied the largest bean pod I could find onto the end of the line as an anchor to keep the rest from sliding off. After poking the needle through 6 additional beans, I had accumulated 6 more flesh wounds and bled all over them.

The anchor bean was safe because I had not slid the others down the line, but the next six were a bloody mess, lost cause. I slid them back off the line and threw them into the bucket with the strings and such.

In the meantime I had discovered that 90% isopropyl alcohol would close a needle wound as soon as it touched the prick. I have no idea why the 50% solution failed to make any difference.

After making sure that I had stopped all the bleeding I brought a bath towel out to the porch, folded it into 4 layers and placed it on a chair in front of the one I was sitting. I then placed the beans, one at a time, on top of the towel and poked the needle through them and slid them, bloodless, down the line. It took the better part of the afternoon, but, by golly, I intend to have shucky beans with my Thanksgiving dinner.



Rockcastle Academy for Academic Achievement staff and students would like to thank Hyster-Yale for their support. On Thursday, August 30, Hyster-Yale employees David Coffey, Phillip Doan, Dennis Hatfield and Diane Peacock welcomed a group of students into the Berea facility for a presentation about the history and operation of their company, followed by a personalized tour. Hyster-Yale also donated \$300 to the Academy for technology needs. Hyster-Yale has been a long-time supporter of Rockcastle County Schools and employs many Rockcastle residents.

## "Aces"

(Cont. from A2)

place when they bought it. I don't care how you add it up, that's 100% taxes.

Last week out of town I bout a meal at a fast food place and the receipt shows taxes added on to the purchase, then a total, then a motel tax added to that. That's actually taxing the taxes.

It never stops. If the government holds too much of my money against my will and I end up paying too many taxes at the end of the year, then I get a refund. Did you know that refund has to be reported as income so it can be taxed? In other words, I have to pay taxes on the money I got back from paying too many taxes.

Friday, they left me flat broke. Not a dollar left.

I am forced to pay taxes on things I would never, ever use or even see. On things I don't even believe in. On things I don't even know about.

Even sitting in my own home having supper with the family, I can't count the ways I am being taxed sitting there. Property tax on the house I'm sitting in. Taxes on the chair I'm in when I bought it. Taxes on the air conditioning or heat in my home. Taxes on the clothes I'm wearing at the table. Taxes on the light bulbs I bought to be able to see the plate I'm eating from. Taxes on the electric I used to cook it. Taxes on the Pepsi I am drinking with it. The list would go on and on and on.

It never stops. It has gotten to the point where with many things, we don't even own anymore.

I hear people say all the time, "Come over to my house." There's no such thing. It's where they live, but it's not their home. How do I know it's not their home? Avoid paying the government rent (property taxes) one time and see who owns it.

Don't pay taxes on your car, and see who owns it.

I guess I'm just frustrated because they left me nothing Friday and couldn't care less.

But at least now I have that little 4 cent sticker on

my tags so that I can drive "my" truck without going to jail. Oh wait, I'll have to do it again next year.

And oh wait, I have to have this license in my pocket before I am allowed to drive it. Oh, and mandatory insurance on the truck. An insurance premium, by the way, that includes taxes.

It must be nice to be able to force people to purchase a product and then tax that product all they want.

Surely there will come a point when enough is enough. Every, single beat of my heart I am already being taxed. But I have no doubt, they will find a way to get more still even after my heart stops..

Because... It never stops.

## "T. Js"

(Cont. from A2)

him to the bed room trying to calm him. I was busy in the kitchen putting away groceries but kept thinking about what might be wrong. I remembered that I'd heard that if a dog is in pain they will pace. I called Dr. Chism, our vet, and he recommended giving John an aspirin so I did. John was still pacing the floor but just after I left the bed room, he jumped up into the bed with Stanley using the last little bit of strength he had. He knew he was about to die and wanted to die next to his Daddy.

Stanley called for me to come quick. By the time I got back, he was drawing his last breaths. We had no idea what had happened. Finally we decided that he had been injured internally. In a

bit when we had gathered ourselves, we wrapped him up in some sheets and blankets and placed him on our couch. The next morning Stanley went to walk the others. I sat in a recliner next to John all night. While he was out, he found John's collar still attached to the broken lead. He had been hit so hard with a car it had actually knocked his collar off. Had we known all of this, we would have left him inside if he destroyed everything we had.

John was such a playful dog and loved to look outside. He would take a big running leap onto the couch and look out the window. He would press his nose against the window pane and look and look for a long time. I would get upset with him for getting the window smudged and I'd have to clean it. It became routine. After he died, there was an uncleaned smudge there and I was so heartsick, I decided to just leave it a few days. The days turned to weeks and the weeks turned to months. Finally, after about a year, I decided to clean the smudge although I had been cleaning the rest of the window. Well, I felt guilty and sad all at the same time. I soon discovered that the smudge that John had put there would not come off. I thought it rather strange and kept cleaning. Still there. Then I decided that it was just meant to be and we are delighted to have this enduring and precious smudge on our front window to this day and hopefully for years to come.

## Sigmon Farm

# Pumpkin Patch

has a good  
crop of  
pumpkins.



We will be open  
the last of September for business.

**Call 256-2781**  
for more information

AUTO | HOME | LIFE | BUSINESS | A MEMBER SERVICE | KYFB.COM

## Accidents happen close to home. Shouldn't that be where your insurance is?



No matter where you live in Kentucky, there's a Kentucky Farm Bureau Insurance agent nearby committed to taking care of your insurance needs.

### Marlene Lawson, Agency Mgr.

Shelly Mullins - Agent • John Lawson - Agent

US Hwy. 25 S • Mt. Vernon

**606-256-2050**

KENTUCKY FARM BUREAU

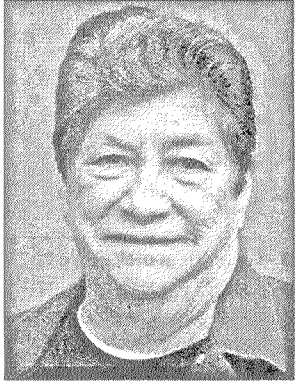


BIG ON COMMITMENT.™

# Obituaries

## Louella Bussell

Louella Bussell, 87, longtime resident of Mt. Vernon and the Hummel area, passed from this life to be with her Lord on the 5th of September, 2018 at Rockcastle Regional Hospital.



She was born May 2, 1931 in Rockcastle County and became the beloved wife of Charles Edward Bussell. She had six children, 13 grandchildren and, to date - 13 great grandchildren. She also became known as Granny Lou or Granny Bussell to many of the young people, their parents, and families within the community due to her love for sports by supporting her children, grandchildren and great grandchildren as they played many sports for the Rockcastle County Rockets. She had a grandson or great grandson playing for the Rockcastle County Football team 24 years out of 27 beginning 1990 to 2016. Many times she would watch back-to-back games from field to field but she loved it. Her hobbies were gardening, politics, and above all, supporting her family in all their many sporting activities. She was an election officer for Rockcastle County for many, many years until she was no longer able. Voters would often miss her presence and ask about her. She had been a bus driver for the Rockcastle County Child Development Center, was a member of Freedom Baptist Church, and was a former member of the Order of the Eastern Star.

She is survived by: her children, Sharon Thacker (Jesse), Carol Kirby (Roy Allen), Charles Tommy Bussell (Teresa), Janet McClure (Barry) and Michael Bussell (Wanda), all of Mt. Vernon; and two brothers, Lonnie Clark of Berea and Donnie Clark of Versailles. She is also survived by: her grandchildren whom she loved dearly, Stacy and Jessica Thacker, Dana Bullock, Chriss Kirby and Shane Kirby, Devon Bussell, Mickey, Dusty and Tiffany McClure, Scott Daugherty, James Michael, Kyle, and Jacob Bussell; and 13 great grandchildren who became the light of her life in her later years, Avery and Logan Bullock, Robert and Juliann Kirby, Chayse, Addison, Maddux, and Greyson McClure, Sydney Bussell, Aiden, Ashton and Addley Daugherty and Margot Bussell. She also has many nieces, nephews, neighbors and friends that will mourn her passing.

She was preceded in death by: her husband, Charles Bussell; parents, John and Nannie McGuire Clark; one brother, James Clark; one sister, Stella Marie Coffey; and one daughter, Deborah Sue Bussell.

Funeral services were conducted Sunday, September 9, 2018 at the Dowell & Martin Funeral Home Chapel by Bros. Ova Baker and Dale McNew and Mr. Devon Bussell. Burial was in Elmwood Cemetery.

Pallbearers were: Logan Bullock, Jacob Bussell, Kyle Bussell, Scott Daugherty, Chriss Kirby, Robert Kirby, Chayse McClure, Dusty McClure, Maddux McClure, and Mickey McClure.

Honorary pallbearers were: Dana Bullock, Margot Bullock, Jessica Bullock, Sidney Bussell, Addley Daugherty, Aden Daugherty, Aston Daugherty, Juliann Kirby, Tiffany McClure, and Stacey Thacker.

Please visit [www.DowellMartin.com](http://www.DowellMartin.com) to view online obituary.

## Rhetta McDaniel

Rhetta McDaniel (nee: Hendrickson), 85, of Lebanon, OH and formerly of Mason, OH, died Monday, September 10, 2018 at Cedarview Nursing Home. Born in Mt. Vernon on April 3, 1933 to Charley C. and Grover Carter (nee: Albright) Hendrickson, she attained her associates degree and worked as a seamstress for Shelton's Dry Cleaning for many years. She loved being outdoors, taking long walks and enjoying nature.

Preceded in death by her husband, Charlie McDaniel, and daughter, Lee Ann Carr.

Survivors include: one son, Randall McDaniel of Angleton, TX; one brother, Dwight (Donita) Hoskins of Shepherdsville; three sisters, Patsy Fletcher of Brodhead, Birdiann Bullock of Lebanon, OH and Charlene Gentry of Mt. Vernon; one grandson, Jesse (Christina) Wiegold; one great grandson, Gavin Wiegold; and special extended family, Samantha, Hunner and Austyn.

Private services will be held at the family's convenience. Arrangements by Oswald-Hoskins Funeral Home, Lebanon, OH.

Online condolences available by visiting [www.hoskinsfh.com](http://www.hoskinsfh.com)

# Local business supports business of saving lives

Dowell & Martin Funeral Home has graciously invested back into the community in order to promote the saving of lives.

"We recognized a very unique opportunity to assist our local first responders through an ingenious marketing initiative that could help save lives," said Steve Martin of Dowell and Martin Funeral Home.

The funeral home asks that you download the Vital

ICE (In Case of Emergency) app, from either the Apple App Store or Google Play, for your smart phone and enter in their code: #2991.

Dowell & Martin Funeral Home is making this potentially life-saving app available for free to download in the community as a way of showing their



Vital ICE

gratitude for allowing them to serve you.

They ask that you please take just a few minutes to download the Vital ICE app and fill in the information so that you are prepared in case of an emergency.

This app is available to

the entire community, regardless of age, so do not pass up this great life-saving opportunity.

Questions about the app can be answered at [www.vitalboards.com/vitalice](http://www.vitalboards.com/vitalice).

In the event of an emergency, first responders can use the Vital ICE app to retrieve the user's vital information. This information can then be easily taken on the ambulance to the hospital, or sent directly to the hospital from the Vital ICE app, where ER staff can further access this critical information. Remember, time is of the essence when saving lives.

# Mamaw's Kitchen

By Regina Poynter Hoskins

## CREAM OF COCONUT CAKE

1 box yellow cake mix  
1 can sweetened condensed milk  
1 can cream of coconut  
1 container Cool Whip®  
Bake cake according to package directions in a 9 x 13 pan. When cake is done, remove from oven and poke holes (with the tines of a fork, or chop stick or handle of a wooden spoon) over entire cake. Mix the condensed milk and cream of coconut together in a bowl. Gently spoon over cake and allow the sauce to soak in. Refrigerate until cold. Spread with Cool Whip® to serve.

NOTE: Cream of coconut is a thick, very sweet mixture of coconut, water, and sugar. It is used to flavor mixed drinks and can be found on the drink-mixer aisle in your local supermarket. I have also found it in the baking section near the evaporated milk or the flaked coconut.

## PINEAPPLE UPSIDE DOWN CAKE

The pineapple upside cake was a perfect ending to the perfect meal, in my opinion. 1 box Jiffy® one-layer yellow cake mix  
6 tablespoons butter  
1 cup brown sugar, packed  
1 small cake pineapple slices  
Preheat oven to 350°. In an 8 or 9-inch iron skillet, melt butter. Sprinkle brown sugar over top. Place pineapple rings around skillet, cutting to fit. Pour cake mix, prepared according to directions on box, gently over pineapples. Bake for 35 to 45 minutes or until top springs back when touched. Let stand 5 minutes; turn out onto a large plate.

## BETTER THAN SEX CAKE

1 white or yellow cake mix with pudding  
1 large can crushed pineapple  
1 cup sugar  
1 box (3 ounce) instant vanilla pudding  
1 tub (6 ounce) Cool Whip®  
Prepare and bake the cake according to package directions in a 9 x 13 pan. When baked, remove from oven and poke holes in cake. Use a fork, wooden spoon handle

or chop stick. Boil the undrained pineapple with the sugar for 3 minutes. Pour over cake. Let cool. Prepare the pudding and spread over pineapple. Cover all this with the Cool Whip®. Refrigerate.

## SWEET TEA CAKE

1 and 1/4 cups boiling water  
3 family-size tea bags  
Zest of two lemons  
1 cup butter, at room temperature  
2 cups sugar  
1/2 cup packed light brown sugar  
5 large eggs, at room temperature  
3 cups all-purpose flour  
2 teaspoons baking powder  
3/4 teaspoon salt  
1 teaspoon baking soda  
Preheat oven to 350°. Grease and flour 9 x 13 pan. Pour 1 and 1/4 cups boiling water over the tea bags in a glass bowl or measuring cup. Cover with plastic wrap and let steep 10 minutes. Lift bags from water, pressing against side of bowl. Discard bags. Add lemon zest. Cool 20 minutes.

Beat butter in a large bowl at medium speed with an electric mixer until creamy. Gradually add sugars, beating until light and fluffy. Add eggs, one at a time, beating just until blended after each addition. Whisk together cake flour, baking powder, salt, and bak-

ing soda; add to batter alternately with 1 cup of the tea, beginning and ending with the flour mixture. (If any tea remains, make iced tea). Beat at slow speed just until blended after each addition. Pour into prepared pan. Bake for 35 to 40 minutes or until wooden pick inserted in center comes out clean. Cool completely on wire rack. Frost if desired.

## LEMONADE FROSTING

for Sweet Tea Cake  
1 box (8 ounce) cream cheese, at room temperature  
1/4 cup butter, at room temperature  
6 cups powdered sugar  
1 tablespoon lemon zest  
3 tablespoon fresh lemon juice  
Beat cream cheese and butter together with an electric mixer on medium speed. Add powdered sugar, 1 cup at a time beating on low until blended after each addition.

Beat in zest and juice until blended. Increase speed to high, and beat until light and fluffy.

## LEMONADE TEA

1 can (12 ounce) frozen lemonade concentrate, thawed  
1 quart sweetened or unsweetened tea  
Fresh mint sprig, if desired  
Make lemonade as directed on can, using punch bowl or large container. Stir in tea. Serve over ice. Garnish with mint.

# Upcoming Reunions

## Burdette Reunion

The Burdette Family Reunion will be held Saturday Sept. 15 at Brodhead Depo Park, beginning at noon.

## Rowe Reunion

The Rowe Family Reunion will be held Sunday September 16th at Logar Hubble Park in Lancaster Shelter #4.

Bring a covered dish for lunch about 12 or 12:30 p.m.

All family and friends welcome.

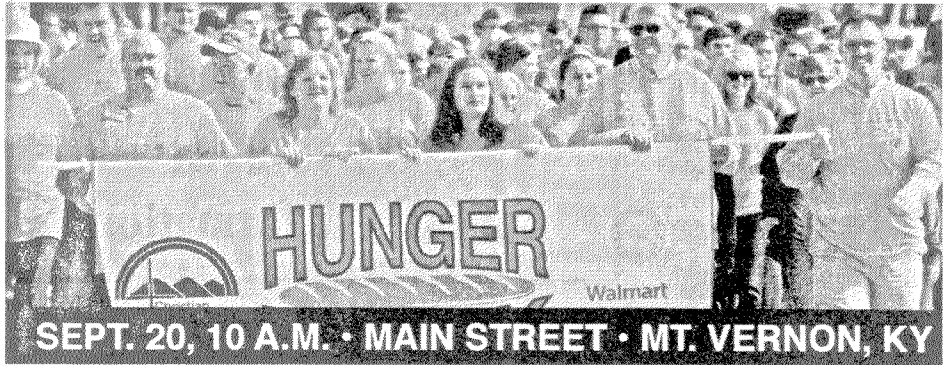
## Todd Reunion

The Todd Family Reunion will be held Saturday September 22 at Quail Community Park on Hwy. 70. Lunch will begin at Noon.

# Cemetery Notices

## Maple Grove Cemetery

Maple Grove Cemetery 37 Bob White Lane Brodhead, KY 40409. Donations greatly appreciated. Board members: Perry Montjoy, Trena Thomas Penny Cameron, Joe Hampton.



**SEVENTH ANNUAL HUNGER WALK**  
WITH CHRISTIAN APPALACHIAN PROJECT

**Suggested Registration:** 1 non-perishable food item. Additional donations are welcomed.

**FREE T-Shirt** for the first 200 participants. Drawing for prizes will follow the walk.

Registration begins at 9 a.m. on Sept. 20 or pre-register with Sherri Barnett 606.392.4436 • [sbarnett@chrisapp.org](mailto:sbarnett@chrisapp.org)

SPONSORED BY:

CHRISTIAN APPALACHIAN PROJECT  
GRATEFUL BREAD FOOD PANTRY

Dinner with a

# DOCTOR

Presented by:

**ROCKCASTLE REGIONAL**

You're invited to a free catered dinner and presentation entitled:

## "QuickCare: For Your Busy Life"

Guest Speaker:  
**Dr. Rebecca Hammond**  
Rockcastle Regional QuickCare Clinic

Join us  
**Tuesday, September 18, 2018**  
First Baptist Church • 5:30 p.m.

To sign up, please call Kayla Rowe at (606) 256-7767 by Friday, September 14.

For more information about Christian Appalachian Project visit [christianapp.org](http://christianapp.org)  
For community volunteer opportunities visit [christianapp.org/volunteer](http://christianapp.org/volunteer)  
Call: 1.866.270.4CAP (4227)  
Email: [capinfo@chrisapp.org](mailto:capinfo@chrisapp.org)  
Mail: P.O. Box 55911, Lexington, KY 40555-5911

## “School”

(Continued from front)

balanced budget. Sweet also discussed the district's contingency fund which is required by the state to be at 2%.

However, Rockcastle County has 7% in the fund for \$1,966,324. “We have a strong contingency fund,” said Sweet.

“Overall, I feel good about our budget,” said Sweet. “We are working diligently to be good stewards of our finances.”

In other actions, Jennifer Mattingly, newly hired Instructional Supervisor, informed the board of some changes coming to schools very soon.

Mattingly said there is a proposal “in the works” that will change requirements to graduate from high school across the state. “The changes are not finalized, but they are on the way. We are still operating on a 200 year old system and I am very excited about these changes. Times are changing,” she said.

The board also heard a report that students will no longer have to work hard and make extra efforts to rise above others to become school Valedictorian or Salutatorian. Mattingly said there will no longer be such titles.

“We have started the process of eliminating those titles at the high school. We want to stop zeroing in on one or two students but instead to honor as many students as possible,” she said. The past high school Principal said she has seen the competition for those title “do things to kids that have broken my heart.”

Mattingly explained that students who are seniors now were told about this change when they were freshmen so that they would not spend four years battling and working and creating ways to reach that goal only to be disappointed in their final year.

Mrs. Sweet also discussed the GEAR-UP program which may be locating their offices in the building that used to house the Rockcastle County Adult Education Center before control over that program was taken over by the state.

Sweet said the program could be a benefit to the local community if it locates in Mount Vernon.

The board also heard reports concerning the high school construction project.

Pensol said the project is “on schedule and going very well. This is putting our school where it needs to be,” he said.

However, there are still several portions of the project to be completed including four HVAC units in the gymnasium. Pensol said crews and contractors and school officials are working now to schedule this effort to cause the least amount of student disruption.

Pensol also praised Tom Atkin for spending “every day at the school keeping his eye on things and making sure things are being done safely and properly.”

Pensol also asked the board to approve a \$29,187 change order for the project to replace water heaters and some electrical problems that were overlooked during the design phase of the project. Pensol said the money is already in the contingency fund of the project because there is almost always some changes that arise during large projects.

Board members also heard the Superintendent's Personnel report. It is as follows:

Full time certified employees:

Marisa Albright, elementary teacher at MVES. Jamie Todd, math teacher at RCMS.

Full time classified employees:

Jamie Todd, assistant boys' basketball coach at RCMS. Julie Poynter, Aaron McNabb and Malcomb Shepherd, all instructional assistants at RCMS. Aaron McNabb, assistant football coach at

RCMS. Jason Weaver, custodian at MVES. Lori Carpenter and Samantha Paquette, each instructional assistants at MVES. Nacole Smith, computer operator. Jennifer K. Carpenter, transfer to RCHS. Brent Jones, custodian at RCHS. Bryanna Mullins, secretary at BES. Jessica Rowland, instructional assistant at MVES.

Resignation/Termination:

Amber Coffey, bus monitor.

Retirement:

Shanda Barnett, custodian at RES. Satca Morgan, family resource coordinator at BES.

Certified Substitutes:

Wanda Burdine, Lisa Noe and Landrea Smith, all substitute teachers. Lori J. Howard, Taylor Jackson and Ann Alexander, all substitute bus monitors. Ursula Harris, Cynthia Chrisman Rhonda Chandler and Milessa Wallin, all substitute cook/bakers.

The district is also in search of two full time bus garage mechanics.

## “RCIDA”

(Continued from front)

Executive Director Jeffrey VanHook said the event will give him a chance to meet several site selectors and real estate professionals so that he can make sure they are aware of the many benefits a company would have for locating in Rockcastle County.

One of the goals to attending the conference is to be proactive about getting Rockcastle County's benefits into the minds of site selectors rather than waiting to hear that a company is looking for a place to locate and then approaching them, board members said. “We will make some strong contacts there that could pay off,” said VanHook.

The report was approved. The board also heard a report concerning the progress of the new Microfoodery Plant under construction on Richmond Street.

VanHook said he is “shooting for” November 15 as the date to have the road entrance, utilities and pump stations in place and owners may be nearly complete with other work by then as well so that the plant could be functional around that time.

Craig was asked if he thinks that is a reasonable date. “The project is now 66% funded and things are moving along very well,” he said. “There is a lot to do, but if contractors are in order and do their part, things can move along quickly.” However, Craig agrees the November 15 is still an aggressive schedule. “If just one contractor doesn't do what they say they will do between now and then, everything can come to a screeching halt. Only time will tell,” he said.

VanHook told the board the county was able to get the unexpectedly high bid for the road, utilities and pump stations down considerably. “The lowest bid was \$811,500 and we looked into the bid and was able to cut a lot of time off their schedule and negotiate the bid down to \$736,200,” he said.

The board also discussed the Family Dollar project planned in Livingston. VanHook said the survey is about to begin and that project may take off soon as well.

VanHook also reports spending a “great amount of time” concerning the Eagle Manufacturing lawsuit and eviction involving attorneys and several fiscal court meetings.

The Executive Director also provided a list of subjects that he is continuing to focus his attention upon each month.

Some of those items include monitoring the roadway and utility project at microfoodery, continually monitor property at Eagle Manufacturing since board members reported activity

still taking place there, monitor and assist the Family Dollar project, maintaining the Facebook page for RCIDA, visiting local business owners to inform them of the resources that RCIDA can provide for local companies, seek contact with local, state and federal representatives to promote Rockcastle County, study statistics and data for Rockcastle County to increase knowledge of workforce to better promote the county and continue to communicate with industries and economic development partners throughout the region.

The board then entered closed session to discuss a contract.

The next RCIDA meeting is scheduled for October 1 at 11:30 in the Conference Room of the Rockcastle County Courthouse.

## “Brodhead”

(Continued from front)

A notice in the newspaper reminding residents of the ordinance and the city's intent to enforce it.

Members also discussed the local ordinance making it illegal to burn leaves or other material in ditchlines or near the roadway since they say the heat from the fire damages the blacktop or the sidewalks.

In fact, the burn ban for the county takes effect on October 1 and no fires can be built between 6 a.m. and 6 p.m. during the ban.

The council also called Mount Vernon City Administrator Josh Bray during the council meeting to coordinate times for trick-or-treat. Children will be allowed to trick-or-treat on Tuesday, October 30 from 6-8 p.m.

Burton also announced that the picnic tables are now in place at the little Brodhead Park and he has seen several local residents using the area recently.

John Dyehouse, Brodhead Fire Department Chief, expressed his appreciation to the council members and the community as a whole for their support during the Little World's Fair held last month. “We did very well and now have the area cleaned up again and we greatly appreciate everyone who helped make the event go so smoothly,” he said.

Dyehouse also thanked the “Just Horsing Around” horse show for their work after the show recently. “They picked up all the trash and put everything back where it belonged and left our grounds in excellent shape,” Dyehouse said.

The fire chief had two more issues to discuss. “We are preparing for our Christmas festivities. The parade will be December 1 at 2 p.m. We are looking forward to that,” he said.

He also mentioned that his department received payments and reimbursements for the truck fire in May that brought national attention to the area. Dyehouse said every local fire department and rescue team in the area was involved with the rescue and clean-up efforts as well as roadway repairs and disposal of the fuel that leaked out of the burning truck.

As a way to pay back the departments who assisted during the crash, Dyehouse and his volunteers presented each local fire department with large amounts of class “B” foam used to battle hydrocarbons (fuels and gases) in accidents. “This is probably the most foam that has ever been in this county,” said councilman Brian Bullock. “It is very expensive and we are now prepared should the need arise.”

The next City Council meeting is scheduled for Monday, October 8 at 7 p.m.

By then, Travis Davis, Brodhead Police officer, will have graduated from the police academy and will be more available and flexible with hours to serve the residents of Brodhead, according to members of the council. Members plan to discuss several issues concerning the police department at the next meeting.

## “Chase”

(Continued from front)

driver and passenger to get out of the vehicle.

However, the report says the two were uncooperative and attempted to drive away, crashing into two local cruisers.

Officers then physically removed the passengers from the car and had to use force to subdue each of them according to the citation.

The driver was 18 year-old Zaeontae Todd, of Middlesboro, and the passenger was an unidentified juvenile.

Todd was arrested and taken to the Rockcastle County Detention Center where he was charged with theft by unlawful taking, wanton endangerment, fleeing or evading police, criminal mischief, assault, speeding in excess of 25 mph (in work zone) reckless driving and resisting arrest. His bond was set at \$20,000 cash/property.

The juvenile was arrested and taken to the Adair County Juveniles Detention Center.

(Note: The two cruisers struck by the offenders were not the new vehicles recently purchased by the Rockcastle County Sheriff's Department.)

## “Court”

(Continued from front)

Another guest, Debbie Brown, asked the court to provide a letter of agreement and a letter of support for the Rockcastle County D.A.R. to place a memorial on county property that recognizes those in the Revolutionary War. Brown said there are 53 Rockcastle residents who gave their all in the Revolutionary War and a new monument would recognize their service. The court agreed to provide the letters.

The court also approved requests from the RCIDA for funding support, requests for lighting from James Renner, Solid Waste Coordinator and requests to reimburse jail personnel for a conference they attended.

The court also approved the library tax rate, the board of health tax rate, the school board tax rates, the county extension tax rates and the county conservation district board tax rates. All rates are the same as last year.

The court also heard a request from the Sheriff's Department for \$430 to transport juveniles. “We give them \$3,000 a month for gas don't we?” asked Magistrate Bill McKinney. Magistrate Gary Burdette said “I travel the roads every month and I don't get extra for it.” Magistrate Shannon Bishop agreed. “We already give them funds for transportation,” he said.

The court voted to deny the request.

A representative of the Kentucky Transportation Cabinet asked the county to take over maintenance of 640 feet of highway 1505. Officials had to move the road to build the new bridge during I-75 construction. However, crews left that existing part of the roadway since the property owner had an entrance connected to it. Hence, the county agreed to take over maintenance of that portion of the roadway.

The court also approved a request for a 2004 Ferrara Fire engine to replace a 1992 truck that Fire Chief Adam Bales said has recently spent more time out of service than in service.

In a scathing social media post, Bales suggested the battle to have the truck purchase approved has been a long one and that those who voted against the purchase were not acting in the best interests of the county.

The truck will be housed at the Mount Vernon Fire Department and will serve the county outside the city limits including 23 miles of I-75, according to Bales.

Magistrates Gary Burdette, Shannon Bishop and Mike McGuire, along

with the support of Judge/Executive Doug Bishop, were in favor of the purchase. Magistrates William Denny and Bill McKinney, voted against the purchase.

The next regular meeting is scheduled for October 9 at 1:00 p.m.

## “Hero”

(Continued from front)

time.

“The courage and bravery of these men did not go unnoticed,” said Shell. “Their actions saved a life and they are true heroes and sources of inspiration to us all.”

Through hugs and “thank you's” the three men shared stories about the death-defying events that took place on the day of the crash.

Then Friday at Fort Knox, King received the highest peacetime award for heroism offered in America,

The Medal for Bravery.

In the ceremony held in Fort Knox, Bowling and King finally met and Bowling was able to speak words of appreciation that he had been waiting to say since May.

In the emotional ceremony for Bowling, his family and all who witnessed it, King stood tall and proud, but humbly accepted his award. “I just believe we were there for a reason,” said King. The five men stood arm in arm, each of them glad to be there.

King, Rice, Hamilton and Mink made a difference that day and without thought for their own safety, they saved another man's life by risking their own and Bowling and his family say they will be forever grateful.

Yet, all four men remain humble and deny they are heroes. Rice said, “I would do it all over again. I would just hope someone would do the same for me.”

## Mount Vernon Mayor released from hospital

Mount Vernon Mayor Michael Bryant was hospitalized for several days this week due to double pneumonia

along with other issues.

While at Rockcastle Regional, doctors found a few other issues, according to Bryant, but nothing that will interrupt his campaign for reelection in November.

While in the hospital, City Administrator Josh Bray takes over most of the daily duties of Mayor but he is in constant contact with Bryant until the Mayor is back in his office.

“Josh takes care of the leadership and daily activities in my absence and does a super job,” said Bryant. “Of course he has the rest of my very experienced and capable administrative team and department heads at his side.”

Bryant said there are three types of jobs: part-time, full-time, and all-the-time. His is the third. “My job is 24/7 and I continue to serve at the helm even from my hospital bed. My staff has total access to me and often come to my hospital room,” he said. The Mayor left the hospital Tuesday evening to recuperate at home but will be back in his office within a few days. “My medical team expects a full recovery and I am thankful for everyone's prayers. My hat is off to Rockcastle Regional for their excellent care.”

Bray said the city will continue to operate efficiently until the elected Mayor is back behind his desk. “The Mayor has things well organized and in good shape. The city can basically run itself for a while until he returns but we are in constant contact and we look forward to having him back,” Bray said.

## Hunger Walk Planned

The Christian Appalachian Project's Seventh annual Hunger Walk will take place in Mount Vernon on September 20 beginning at 10 a.m.

Anyone interested in registering for the event should show up at 9 a.m. on Main Street or you may pre-register with Sherri Barnett by calling (606) 392-4436 or by clicking onto the website at sbarnett@chrisapp.org.

The first 200 people to register will receive a free t-shirt and a drawing for other prizes will be held after the walk.

The registration fee is recommended to be one nonperishable food item but all donations are accepted and appreciated.

Sponsors for the event are the Christian Appalachian Project, the City of Mount Vernon, Walmart and the Rockcastle County fiscal court.

Proceeds from the event helps local citizens in need in many different ways and CAP has many projects and programs that serve the community as a whole.

For more information about CAP, call 1-866-270-4CAP (4227)

## Mamaw's Kitchen

By Regina Poynter Hoskins

CURRY RICE LETTUCE CUPS

1 box chicken Rice-a-Roni®

1 bunch green onions, sliced thin

1/2 green pepper, finely chopped

1 can (16 ounce) artichokes in water

1 can cooked chicken breast

1/3 cup Miracle Whip® or mayonnaise

1 teaspoon curry powder

2 heads Boston lettuce or 4 endive

Prepare Rice-a-Roni® according to directions on box but add onions and green pepper also.

Drain artichokes, but save the juice.

Chop artichokes; stir into rice mixture.

Drain chicken and stir chicken into rice mixture.

Mix the reserved artichoke juice with Miracle Whip® or mayonnaise and curry powder.

Pour over rice mixture. Stir to mix.

Remove lettuce in bowl-shaped leaves or endive in boat-shaped leaves.

Fill with rice curry mixture. Can be served hot, cold, or at room temperature.

NOTE: Omit the lettuce and serve as a side dish or dinner salad.

BAKED STUFFED ZUCCHINI

6 medium zucchini

3 cups butter cracker crumbs, crumbled

1/2 cup grated Parmesan cheese

1 small onion, minced

3 tablespoons minced parsley

1/8 teaspoon pepper

1 teaspoon salt

2 eggs, beaten

2 tablespoons cold butter, cut into pieces

Parmesan cheese for topping

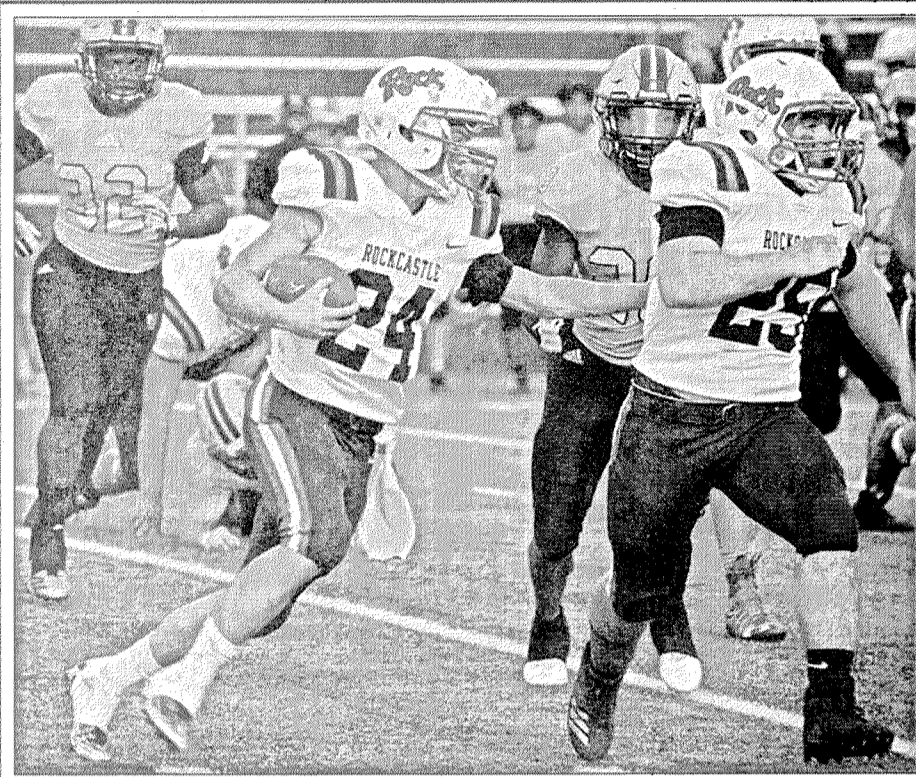
Preheat oven to 350°. Wash zucchini and cut off ends; do not peel.

Cook zucchini in boiling salted water for 4 to 5 minutes or until just tender.

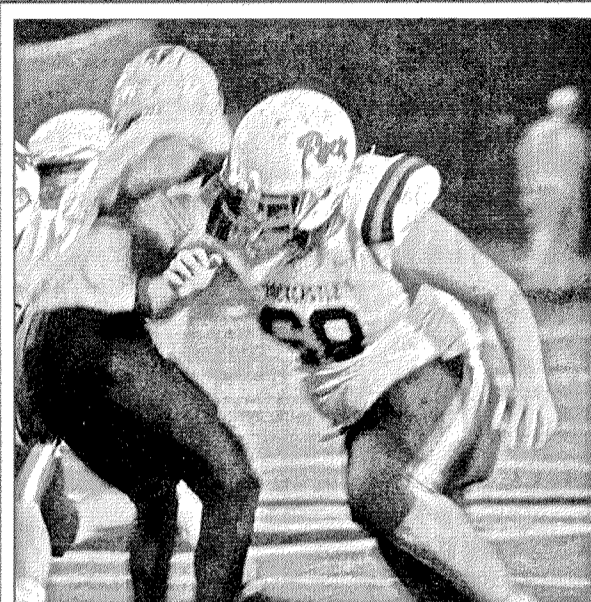
Cut zucchini in half lengthwise; remove pulp with spoon (reserved the pulp for filling); place zucchini shells in a large baking pan or jelly roll pan.

Combine zucchini pulp, cracker crumbs, cheese, onion, parsley, salt, pepper, and the beaten eggs. Fill zucchini shells with mixture and dot with butter. Sprinkle with additional Parmesan cheese and bake for 30 minutes.

# SPORTS



Junior Zach Taylor leads the blocking for teammate Logan Brown during the Rockets' game with Woodford. Brown carried the ball 20 times and picked up 169 yards on the night. He also scored two touchdowns. Taylor had five carries for 15 yards and quarterback Noah Parkey picked up nine yards on the night and scored one touchdown. Parkey was three for six from the air for 21 yards. Jacob Hansel caught two of those passes for 14 yards and Drew Mink caught one for seven yards. Defensively, Brown led the Rockets with fourteen tackles on the night, Taylor picked up five and Parkey had four.



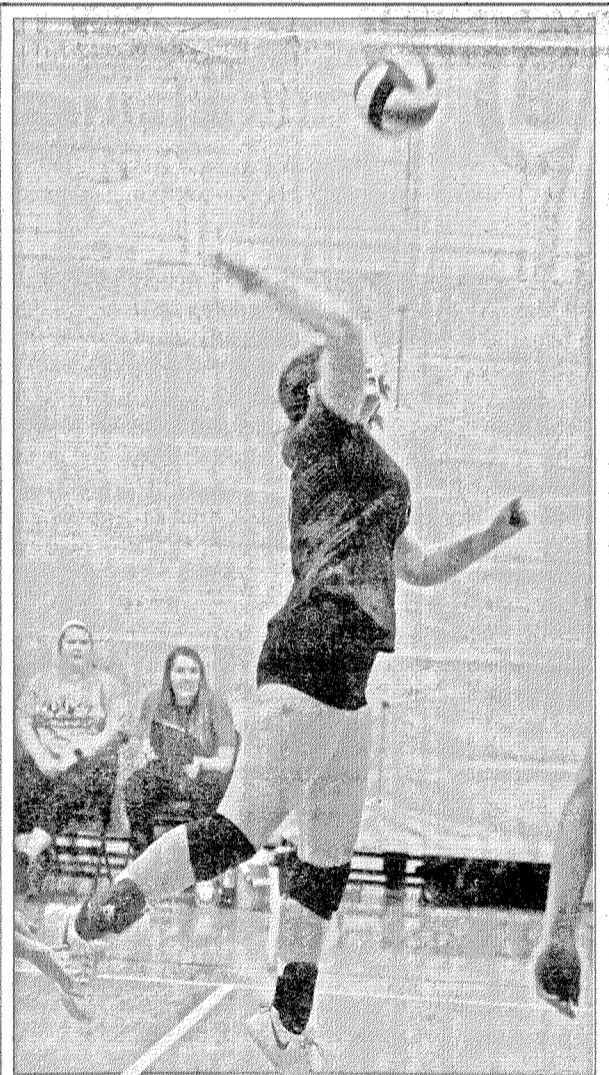
Senior Zack Baker works hard on the offensive line during the Rockets' 63-20 loss to Woodford County Friday night. The Rockets are open this week and will return to action Friday, September 21st when they host Somerset in the annual Homecoming game.



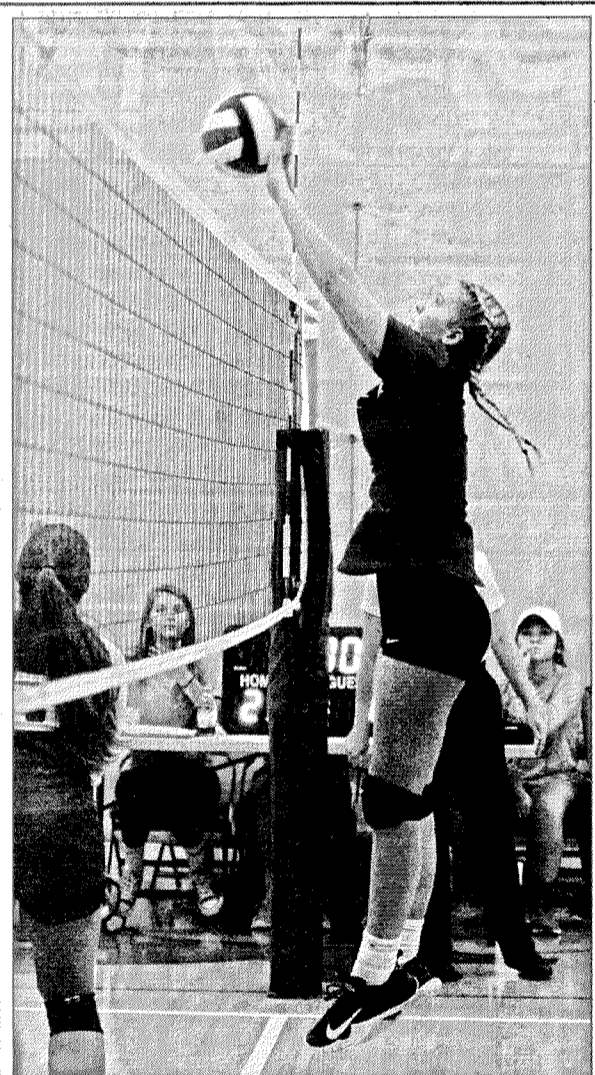
Senior Clifton Boone works hard to create a hole on the offensive line during the Rockets' loss to Woodford County. After Friday's game, head coach Scott Parkey said, "Football is about matchups, this matchup ended up not being good for us. The key to our success in this game was simply fundamentals. Offensively, we had to follow our rules, and do them consistently. Defensively, we needed to be able to stick with our option responsibilities then make tackles in space. We didn't execute our fundamentals on either side of the ball. We will use the Off week to continue improving on the fundamentals and progressing with our Offensive and Defensive schemes."



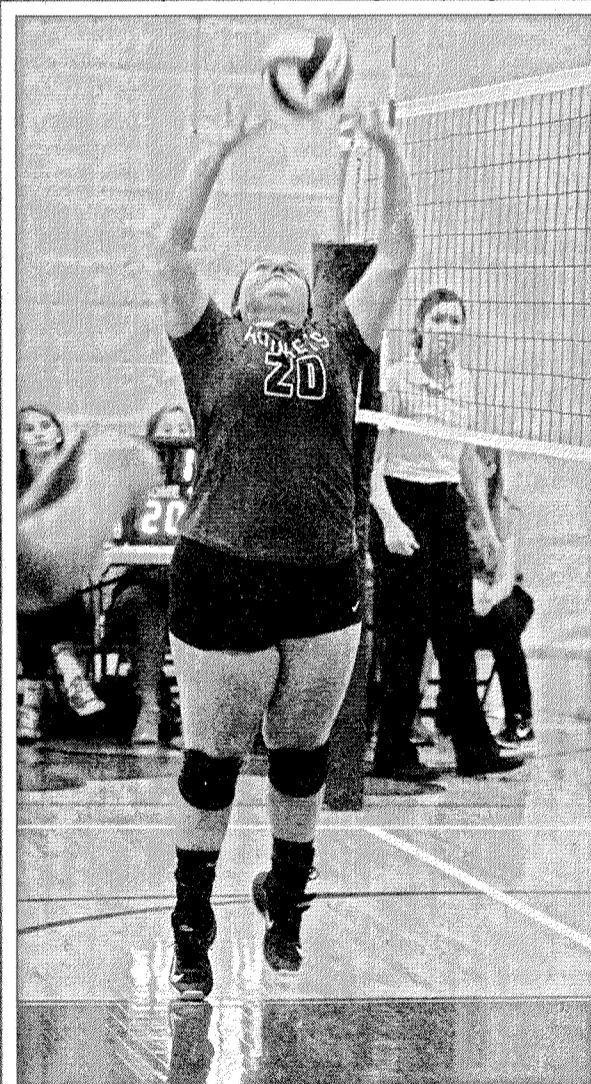
Sophomore Isaiah Didelot works on the offensive line to get to the football during the Rockets' game with Woodford County last week. Didelot had five tackles on the night.



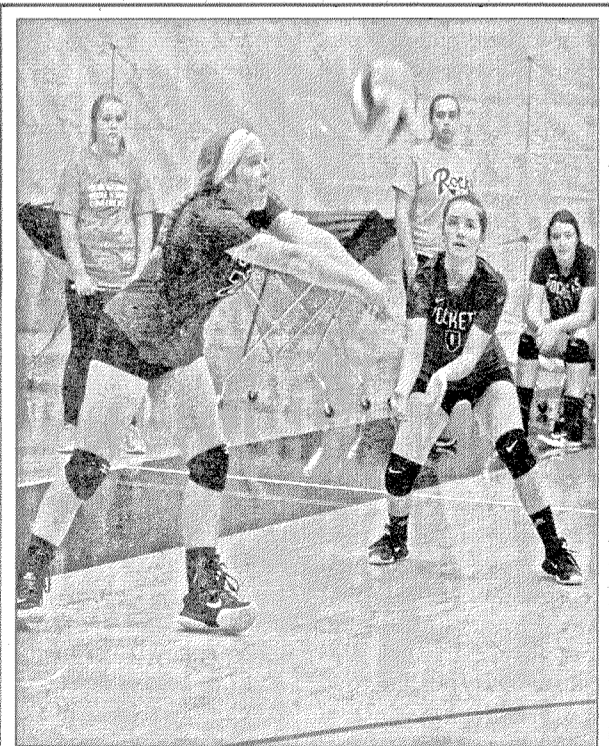
Valerie Franklin gets a kill during the Rockets win over Adair Saturday. The Rockets lost 2-1 to North Laurel during the tournament, 25-18, 21-25, 15-12.



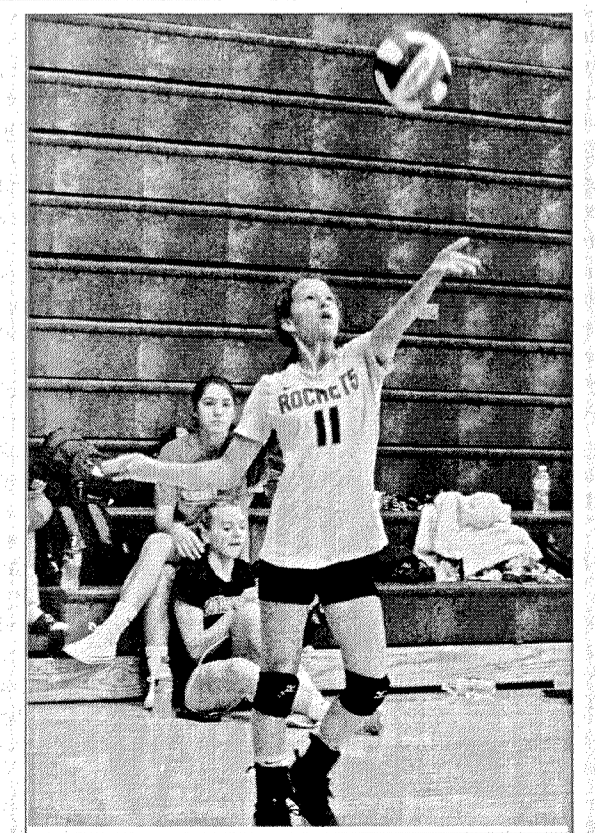
Jordan Eaton gets a block during the Rockets' win over Adair County Saturday at home. The win was part of the Lady Rocket Invitational that included nine other teams.



Emily Ponder sets a teammate during the Rockets' win over Adair County. The Rockets lost a close one to Wayne County, 25-17 and 25-20.



Callie Lewis makes a pass during Rocket play with Adair County. Also shown is teammate Amy Cornelius.



At left, Sarah Barron puts up a serve for the Rockets during the win over Adair County. The Rockets picked up a 2-0 win over Boyle County Tuesday night. The girls host district foes Somerset on Thursday and Pulaski County next Tuesday.

**Jack's Pro Hardware**  
 160 Williams St. • Mt. Vernon • 256-4363  
 Much More Than A Hardware  
 Bibles • Gifts • Paint • Plumbing • Electrical

# SPORTS

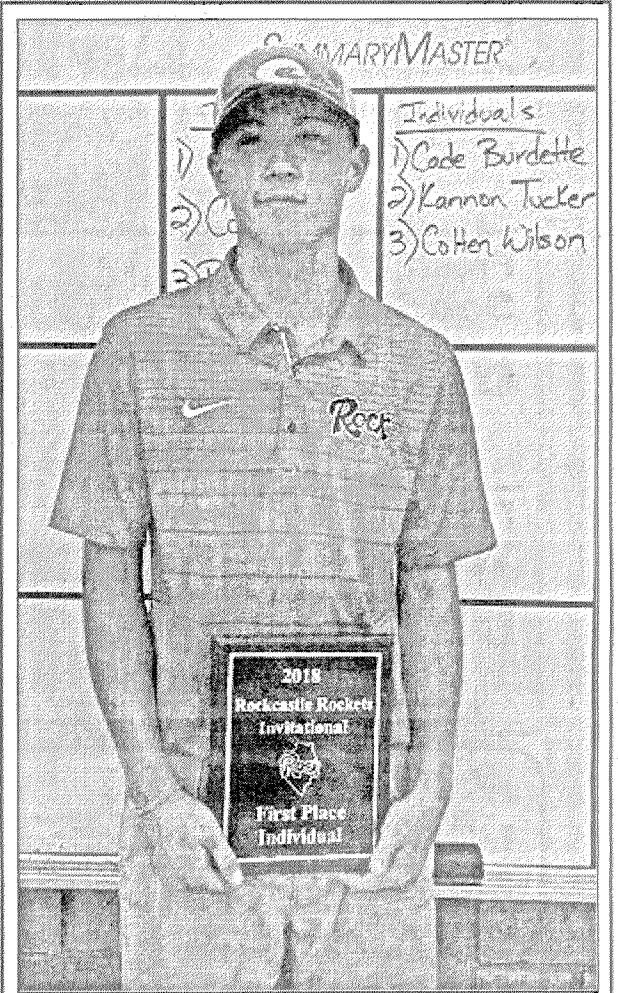
## Middle School Football



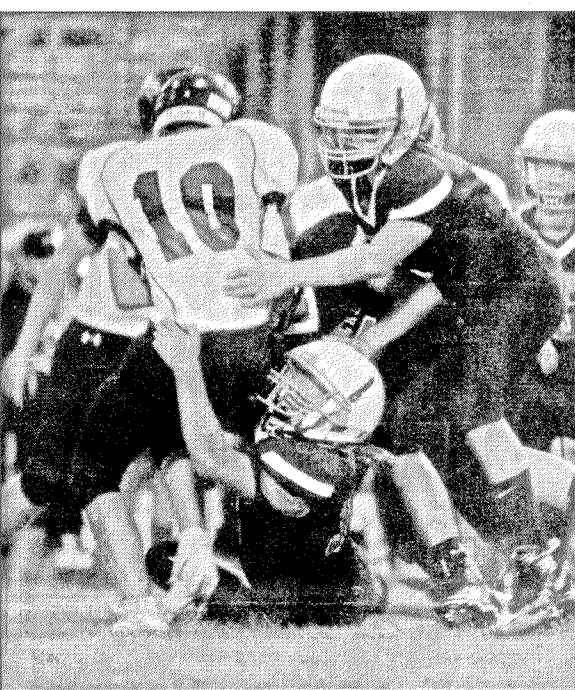
Eighth grade quarterback Kaden Kidwell hands off to teammate Keaton McClure during their home opening game with Farristown last Thursday.



Cameron Wright-Bugg makes an open field tackle during the eighth grade's loss to Farristown last Thursday.



Senior Cade Burdette recently won the 2018 Rockcastle Rockets Invitational with a score of 73. The event was held at Cedar Rapids Golf Course.



Keaton McClure and Walker Goosey bring down a Farristown player during their eighth grade game with Farristown.



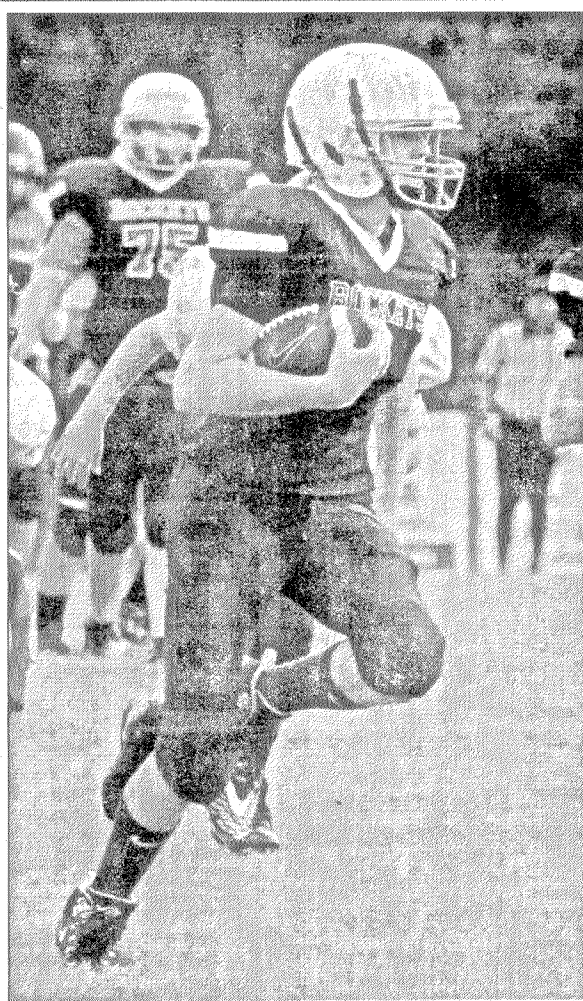
John Farrow makes a big hit on a kick-off return during the Rockes' game with Farristown.



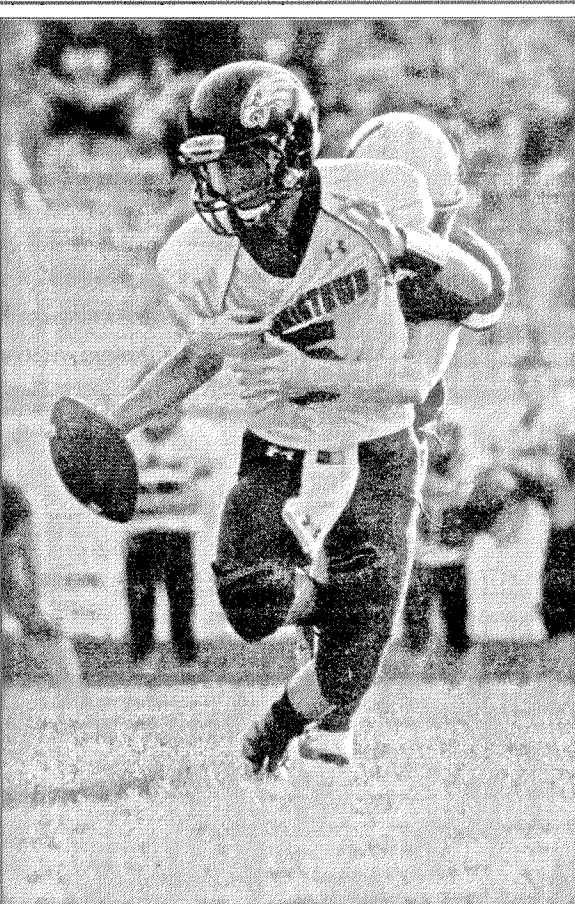
Jace Bowles runs the ball during the seventh grade's 22-20 loss to Farristown last Thursday.



Anthony Goodin makes a tackle during the seventh grade's game with Farristown. The middle school's next home game is Thursday, September 20th when they host Madison Middle.



Ben Brown scores a touchdown on this run during the seventh grade's game with Farristown last Thursday at home.



Cody Maupin brings down a Farristown player during the seventh grade's game last Thursday night.

Middle School Football  
and Volleyball Photos by  
Paige Bengé

**NOW OPEN**  
**Little Variety & Gift Shop**  
567 Richmond St. • Mt. Vernon • 256-0204  
Silk flower arrangements • throws • collectibles  
children's table • books • Bella Roma warmers  
locally crafted jewelry • oil paintings • prints • quilts  
baby blankets (3 pc. sets) and much more  
**Come and Browse**

### Sigmon Farm Pumpkin Patch

has a good  
crop of  
pumpkins.



We will be open  
the last of September for business.

**Call 256-2781**  
**for more information**

### Rockcastle County Recovery Meetings

**\*Celebrate Recovery-Brodhead**

Located in the Community Outreach Center (next to Fairgrounds), every **Monday**, 6 to 8 p.m. 859-230-9590 or 606-308-3099.

**\*Celebrate Recovery-Northside Baptist Church**

Mt. Vernon every **Tuesday**, 6 to 8 p.m. 606-256-5577. Need a ride? Call and leave message before 4 p.m.

**\*Celebrate Recovery - Step Studies**

Northside Baptist, Mt. Vernon, **Wednesday** at 7 p.m. 606-256-5577.

**\*Broken Chains Bible Study**

at Cruisers Motorcycle Sales, 7223 N. Wilderness Rd., Mt. Vernon every **Thursday** at 6:30 p.m. Leader: Gary Vincen Linville, 859-302-2431.

**\*Celebrate Recovery - Step Studies**

**Women Only**, Located in the Community Outreach Center (next to Fairgrounds), every **Thursday**, 6:30 p.m. For more info. call 606-308-3099.

**\*Celebrate Recovery - Livingston**


at Livingston School cafeteria. **Friday**, 6 to 8 p.m. Leader: J.R. Cornelius, 859-314-7828.

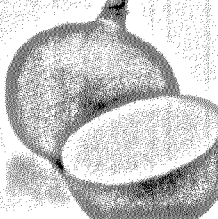
# Save a lot

food stores

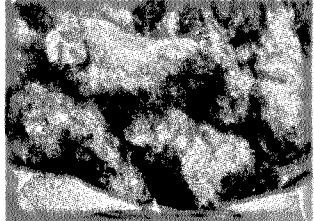
## FRESH PRODUCE ITEMS

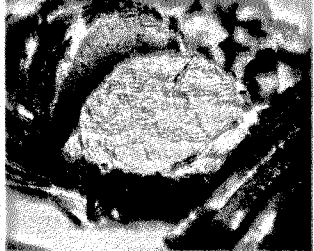
Fresh Dole Garden **SALAD MIX**  **.89**  
12 oz pkg


Fresh White Seedless **GRAPES**  **\$1.29**  
lb.

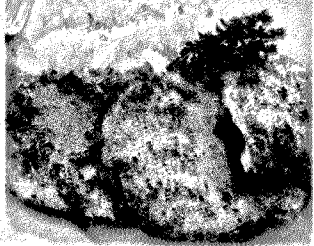
Fresh Yellow **ONIONS**  **\$1.49**  
3 Lb. bag


## CUT FRESH IN STORE DAILY

(5 lbs. or more) Jumbo Pack **Fresh Fryer LEG QUARTERS** **.49**  
lb. 

Fresh, Whole, Boneless **Pork LOINS** **\$1.59**  
lb. 


Family Pack Boneless Beef **Top Sirloin STEAKS** **\$3.99**  
lb. 

Family Pack Center Cut Boneless **Pork CHOPS** **\$2.49**  
lb. 

Assorted Varieties **LITTLE DEBBIE Big Pack SNACK CAKES** **2/\$6**  
 *atmeal Creme Pies*

Try our **PICK 5** Fresh Meat & Frozen Products **MIX & MATCH!** **PICK 5 FOR \$19.99**

Assorted Varieties **Lays Potato Chips** 9.5 - 10 oz bag **2/\$5**  
 **2/\$4**  
Assorted Varieties **Doritos** 10.75 oz bag 

2 Liters **Pepsi** **\$1.00**  


## AD PRICES GOOD SEPTEMBER 10-16, 2018

### SPECIAL BUYS

**Maruchan Shrimp, Beef or Chicken Flavor RAMEN** **.99**  
6 pk. - 18 oz. pkg. 


**Little Hugs FRUIT BARRELS Berry Blends** **\$2.99**  
20 ct. - 160 oz. pkg. 

Assorted Varieties **Banquet POT PIES** **.79**  
7 oz. pkg. 

Assorted Varieties **Red Baron PIZZA** **\$3.49**  
20.6-23.45 oz. pkg. 

**Tyson Anytizers Honey BBQ or Buffalo HOT WINGS** **\$5.99**  
22 oz. pkg. 


Assorted Varieties **Value Pack HOT POCKETS** **\$9.99**  
12 ct. 54 oz. pkg. 


Assorted Varieties **JJ's FRUIT PIES** **2/\$1**  
4 oz. pkg. 

Assorted Varieties **WORLDS FAIR ICE CREAM** **\$4.99**  
4 qt. tub 


### Super THURSDAY Sale!

1 DAY ONLY! THURSDAY, SEPTEMBER 13TH


**Swaggerty SAUSAGE LINKS** (12 oz) **\$2.49**  



**Swaggerty SAUSAGE PATTIES** (45 oz) **\$5.99**  



**Farmington Hot or Mild SAUSAGE** **\$1.49**  
16 oz. roll 

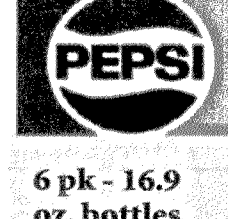
**Farmington Smoked or Polish SAUSAGE** **\$1.49**  
14 oz. pkg 

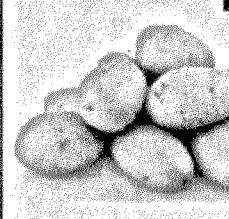
**Covered Wagon Bacon** 10 lb bar **\$1.79**  
lb.  **\$1.99**  
Smaller Pkg. lb.

**Morning Delight Pancake Mix** 32 oz. pkg or Syrup 24 oz. **2/\$3**  


**Wylwood Shredded Hash Browns** **2/\$3**  
24 oz. bag 

Assorted Varieties **Powerade** **.59**  
32 oz. bottles 

**PEPSI COLA PRODUCTS** **4/\$9**  
6 pk - 16.9 oz. bottles 

**Fresh Russet Potatoes** **\$1.49**  
5 lb. bag 

We reserve the right to limit quantities. None sold to dealers. While supplies last.

WE ACCEPT WIC, EBT, DEBIT, VISA, MASTER CARD & PERSONAL CHECKS FOR AMOUNT OF PURCHASE

910 W. Main St. - Mt. Vernon - 606-256-9810



Visit us at [savealot.com](http://savealot.com)



# Mount Vernon Signal

Second Section

Thursday, September 13, 2018

## Mt. Vernon High School Alumni Reunion held

The Mt. Vernon High School Alumni Reunion Association held their annual reunion at the Rockcastle County Middle School on Saturday, September 8, 2018. The featured class celebrating their 50 year reunion was the class of 1968. Over half of the class came together to reminisce about their high school years and renew friendships, and many had not seen each other since their graduation in May 1968. Arnold Reed traveled the farthest, coming from Austin, Texas. Mae Mink Renner and John Parsons presided over the festivities.

Bowling, Wayne Bowling, Terry Bradley, Valerie Cummins, Linda Holland, Philip Hunt, Phyllis Lewis, Wayne McNew, Jana Murphy, Roy Pickle, Connie Ramsey, Nita Sams and Donnie Warf.

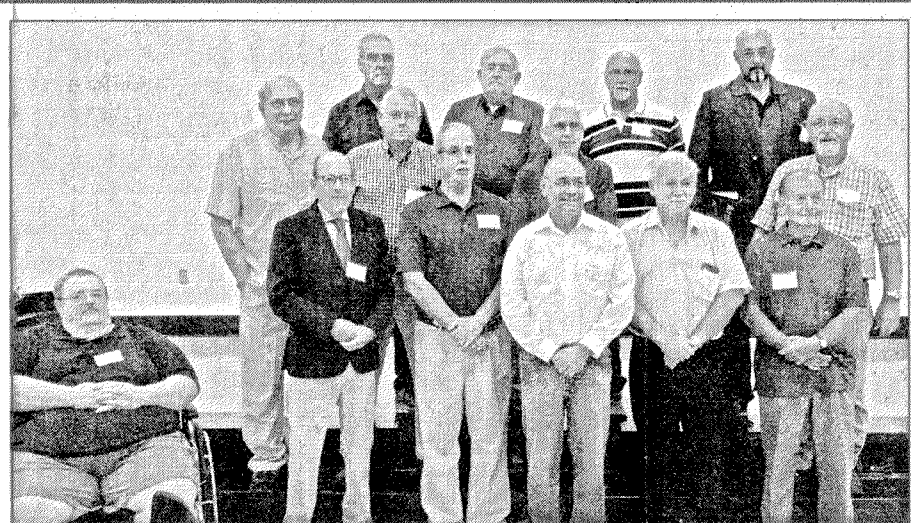
Three alumni were chosen as Hall of Fame members: Logan Bryant, a long time business owner in Mt. Vernon; Lena Hurst, a retired nurse having worked in a Louisville hospital; and Bennie Chaney, who has volunteered many hours helping plan the reunions.

Limestone Grille was the caterer for the event and FFA students from the local high school were the servers of the meal.

Thirteen of the classmates are deceased: Dwight



Mt. Vernon High School Class of 1968 pictured are front row from left: Denver Baker, John Parsons, Mae Mink Renner, Janet Halcomb Grider, Rose Rowe Thacker, Lucy York Payne, Linda Kidwell Brock, Barbara Rader Howard, Ann Stewart Abney and Steve Chasteen. Second row from left: Wayne Cameron, Priscilla Napier Passmore, Dee Gray Howard, Jenny Barnett Bray, Marsha Whitaker VanWinkle, Dale Cook and Roger "Billy Bob" Helton. Back row from left: Ronnie Warf, Joe Ed Hansel, Susie Hayes Cole, Doris Bradley Mullins, Oscar Lee Rice, Kenneth Carter, Gary Allen, George Thacker, Arnold Reed and Barry Renner.



Front row from left: Denver Baker, John Parsons, Joe Ed Hansel, Kenneth Carter, Wayne Cameron and Steve Chasteen. Second row: Ronnie Warf, Gary Allen, George Thacker and Dale Cook. Back row: Oscar Lee Rice, Barry Renner, Roger Helton and Arnold Reed.



Arnold Reed is pictured with his girl pals: Marsha VanWinkle, Barbara Howard, Rose Thacker, Janet Grider, Ann Abney and Mae Renner.



Rose Thacker and Priscilla Passmore catching up after the program.

## Depression in older adults

September is National Suicide Prevention Month, and the entire month is dedicated to promoting suicide prevention awareness throughout the United States.

To raise awareness on suicide prevention, Rockcastle Regional is leading a community campaign to foster this discussion. This is the third article of a six-part series to help our community better understand and become better equipped to seek help on issues related to mental health.

According to the Centers for Disease Control and Prevention (CDC), an estimated 7 million of the nation's 39 million adults aged 65 years and older are affected by depression. Depression in older adults is often not recognized or treated. Yet, it is fairly easy to detect and is highly treatable.

"Many people believe that depression is just a normal part of aging, but it's not," says Rockcastle Regional director of social services Mikhael Shaffer. "It's important to realize that a good quality of life is possible as you age and that depression is not inevitable just because you get older."

Living with untreated depression is a serious health concern for older adults.

"Depression can complicate many chronic conditions that are common in older adults, such as heart disease, diabetes, and stroke," says Brodhead Family Care physician Dr. R. Findlay Hendrickson.

However, depression may be left undiagnosed in older adults because their symptoms may be different or less obvious than those displayed by younger people, and that they may be less inclined to experience or acknowledge feelings of sadness or grief.

Dr. Hendrickson says that treatment for depression in older patients is very effective and can help to improve not only depressive symptoms and chronic conditions, but also secondary depressive symptoms, such as pain and quality of life.

But left untreated, depression in older adults can result in:

- Worsening of emotional well-being
- Increased chronic complaints or medical complications
- Increased morbidity
- Changes in sleep
- Weight loss or gain

- Difficulties with concentration or decision making
- Noticeable restlessness (agitation) or slow movement
- Significant distress
- Substance abuse
- Suicidal thoughts and behaviors

Older adults, like every other age group, are more likely to have suicidal thoughts if they suffer from depression, mood disorders, and substance abuse. But unlike younger people, they are also more likely to be dealing with other issues that can produce suicidal thoughts, including medical conditions and pain that affect function and autonomy.

Many older adults also face social isolation that sometimes results from the loss of a loved one, the inability to get around without help, or the feeling that they are a burden to others. In the case of those who are living alone, it's often difficult to spot the warning signs that accompany suicide. Making matters worse, those in older generations are less likely to seek help, admit that they need help, or don't realize they need help.

"As our loved ones age, it's helpful to know the risk factors for suicide and depression, such as loss of independence or social isolation, and be able to recognize the warning signs so we can help them seek help when it's needed," says Shaffer.

Common suicide risk factors in the elderly are:

- Depression
- Prior suicide attempts
- The recent death of a loved one
- Physical illness
- Uncontrollable pain or the fear of a prolonged illness
- Health conditions that significantly limit functioning or life expectancy
- Perceived poor health
- Social isolation and loneliness
- Major changes and/or decline in role function (e.g. retirement, loss of independence, diminished sense of purpose)
- Difficulty adapting to change
- Access to lethal means
- Alcohol or medication misuse or abuse

It's also important to note that while the rate of suicide declines in older age, it increases with age among men. According to the Ad-

(Cont. to B4)

## Homelessness is not only a big city issue

Local police deal with problem

By: Mike French Reporter

Homelessness: having no home or permanent place of residence, is Webster's definition of the word. Most people think of homelessness as a problem in big cities but the issue of homelessness is not only a problem in big cities. Even small towns like Mount Vernon, Brodhead or Livingston can have to deal with those with no residence.

There have been reports recently of people sleeping in Triangle Park in Mount Vernon, and, for several years, Brodhead residents dealt with what is known as "backpack park" where several people, assumed home-

less, had taken up residence in the city's park.

Most of those assumed homeless throughout the county are considered drifters and not from the county, but some are indeed native of Rockcastle County, according to officials.

Mount Vernon Police Chief Brian Carter says he occasionally has to deal with the issue inside the city limits and the laws regarding the subject are slightly arguable depending upon one's view.

"It's a tough subject to address. Triangle Park, for example, is a public park and people are allowed to be there," he said. "And there really isn't a time limit on

(Cont. to B4)

## Free tobacco cessation program

If you would like to quit smoking or using other tobacco products, Rockcastle Regional Hospital can help. Using an innovative smoking-cessation program called Freedom From Smoking, we can help you become tobacco-free.

Join us Tuesday, September 25 to start the 8-week program sponsored by Rockcastle Regional Hospital. Classes are Tuesdays at 4:30 p.m. (meet in the outpatient registration lobby).

Join the hundreds of other Kentuckians who have quit for life!

Interested in participating? Contact Morgan Bray at 256-7704 or m.bray@rhrcc.org.



The Mt. Vernon-Rockcastle County Tourist Commission Board of Directors presented outgoing board member Pete Stamper a plaque designating him Honorary Board member on August 29th. The board hosted a dinner for Pete and the plaque was presented for his 12 years of service on the board and his dedication to the Kentucky Music Hall of Fame. Pete was inducted into the Hall of Fame in 2015. Pictured are from left: Lynn Tatum, Charles Saylor, Neil Sluder, Pete Stamper, Glenda Smith and Holly Richards.

# News from the Rockcastle Courthouse



## Circuit Civil Suits

Commonwealth of Kentucky vs. Randy L. Vanwinkle, complaint for child support and medical support.

Commonwealth of Kentucky vs. Sandra K. Smith, complaint for child support and medical support.

Manufacturers and Traders Trust Co. vs. Maria Holsing, \$7,668.33 claimed due.

Monica West vs. Ronald Rollins, complaint for child support and medical support.

Timothy Chase McGuire vs. Tracy L. Prather, et al, complaint to title vehicle.

Michelle Purcell, et al vs. Thomas D. Scott, et al, complaint.

## Marriage Licenses

Michelle Anne Shriner, 35, Livingston, McDonalds, to Delbert Ray Slusher, 40, Livingston, logger.

Nikki Michelle Thomas, 26, Richmond, homemaker, to Adam James Kirby, 26, Berea, team leader.

Sebrina Marie Sturm, 28, Brodhead, secretary, to Christopher Ray Sowder, 28, Brodhead, mechanic.

Betty Rose Mullins, 31, Brodhead, Social Worker, to Thomas Courtney Payne, 36, Brodhead, mill wright.

Mary Caitlin Mullins, 24, Mt. Vernon, CSR, to Brent Ryan Callahan, 26,

Mt. Vernon, factory. Dominique Madison Cope, 20, Mt. Vernon, housewife, to Timothy Junior Crabtree, 29, Mt

## Deeds Recorded

Lorraine Delores Cromer, real property located in Rockcastle County, to Lonnie, Sr. and Anita Vanwinkle. Tax \$62.00

Keith and Susan Coffey, real property located in Rainbow Ridge Subdivision, to Jennifer Susan Carpenter. No tax

John W. and Emily D. Dyehouse and Mark Dyehouse, real property located in Rockcastle County, to Rodney and Joyce Ellison. Tax \$212.00

David and Betty Newcomb, John and Darlene Peterson, real property located in Rockcastle County, to Patricia Gail Newcomb. Tax \$20.00

Dimitri and Nancy Molimis, real property located in Livingston, to Eric Thacker and Eleice Marie William. Tax \$42.00

Keith and Debra Bullock, real property located on Mullins Station Rd., to Adam Christopher and Sonya Ray Hensley. No tax

Mary Gregory Hundley and Luther Hundley, lots in Elmwood Cemetery, to Gary Wade Mink. Tax \$2.00

Roger and Sheila Pigg, real property located on Scaffold Cane Rd., to BRTODD Investments, LLC. Tax \$25.00

## District Civil Suits

Height Finance Corporation vs. James Stanley, \$806.37 plus claimed due.

A+ Loans LLC vs. Stacie Graham, et al, \$4,310.00 plus claimed due.

Jefferson Capital Systems, PLC vs. Elbert Sparks, \$1,489.04 plus claimed due.

LVNV Funding, LLC vs. Shakisha Hubbard, \$728.99 claimed due.

LVNV Funding, LLC vs. Micah Renner, \$589.26 claimed due.

Midland Funding LLC vs. Alicia Wells, \$910.58 plus claimed due.

Valley View Apartments vs. Laura Chattelle, forciber detainer complaint.

Community Trust Bank vs. Dustin Williams, \$1,655.37 plus claimed due.

Capital One Bank (USA) NA vs. Steven R. Hamm, \$1,180.82 claimed due.

Portfolio Recovery Associates, LLC vs. Talia Woodall \$2,615.39 claimed due.

Portfolio Recovery Associates, LLC vs. Elizabeth Stewart, \$699.00 claimed due.



Mt. Vernon Mayor Mike Bryant signed a Proclamation this week designating September as Mental Illness Awareness Month. Pictured are from left: Wayne Bullock, President of NAMI Cumberland River; Mt. Vernon City Administrator Josh Bray and Cassie Kendrick.

All past & present cancer patients & families are invited to join us for a "RHOCK Out" . . .



Monday, Sept. 24, 2018

6 PM (Doors open at 5:45)  
Rockcastle Middle School

To sign up for this free event, or for more information, please call 606-256-7486.

Wear your favorite sports team shirt!



## Yards to Paradise

By Max Phelps  
The PawPaw Patch

When I was a child in elementary school, the teacher would get out song books and a record player, and we would have Music. One of the songs most of us seemed to enjoy was "Way Down Yonder in the PawPaw Patch".

Well, the kids may not be singing that in school anymore, but it's paw paw time in the country.

From what I can tell the crop seems to be bigger than usual, I guess since the paw-paw trees flower late, the cold weather in March and early April didn't bother them.

So, "what's a pawpaw?" you may ask. Here are the vitals. It's *asimina triloba* to the botanist. It's the poor man's banana to some. It is the largest fruit that is native to the United States (if you leave out Hawaii). It grows wild in the woods and along streams and forest edge from Louisiana to Ontario. Usually in patches, either from sprouts grown up from roots of an older tree, or from seedlings that have grown from seed of fallen fruits. It also makes an attractive, somewhat tropical looking tree for the yard. (Even though you find it in shaded areas in the wild, you'll find a transplanted tree will grow happily if planted in good soil in a yard.)

The fruits are in the custard apple family, with the pawpaw being the only one that grows in temperate climates. The flavor of the pawpaw can vary quite a bit, as with other fruits. A bit like an avocado, a bit like a banana, but not really like anything else most of us have eaten. Probably the reason you don't find pawpaw at Kroger or Walmart is that they have to be ripe when harvested, and they won't

keep but a couple days at room temperature, and less than two weeks in the refrigerator.

So, grow your own, or perhaps you can purchase some at a good farmer's market.

One way for the outdoors person to find some paw paws in the late summer or early fall, is a canoe or kayak trip down a stream. The fertile soil of a stream bank, plus the partial sunlight of the opening that lets in enough sunlight for them to bear a crop, is an ideal situation for this native fruit. So, your odds of finding a patch may be greatest from the perspective of a stream.

Pawpaw trees or shrubs are usually from ten to twenty-five feet tall. Planting two or more in a clump will result in cross pollination, and keep the trees more like the size of a multi-stem sweetbay magnolia; a tree many city folk plant in their yard for landscaping. The pawpaw tree even resembles the sweetbay magnolia tree in appearance.

The blooms are nothing like a magnolia though. They are a deep smoky burgundy color, hang like a small bell, and open up before the leaves bud out on the tree.

The fruits will fall when ripe, and the mess of fallen fruits in a good year may be an objection to having a pawpaw tree. (But, if you like to eat the fruits, either fresh or pureed for baking/cooking purposes, you'll hope to pick the fruits just as they begin to get soft and ripe. You'll also hope you beat the raccoons and opossums to the fruits!)

It's pawpaw time. Try looking for this unusual native fruit. Or consider planting some in your yard for fruits in years to come.

The author is a landscaper in Kentucky. Contact: rockcastles@gmail.com or (606) 416-3911.

Absolute Auction of Mr. & Mrs. Greg Broyles 90 Acre Farm in Tracts Saturday, September 15, 2018 at 10:30 a.m. Hwy 934 - Somerset, KY



Directions: From Somerset, take N. Hwy 39 approximately 12 miles and turn right onto Hwy 934. Follow Hwy 934 approximately 7 miles to the farm. From the intersection of Hwy 80 and 461, take Hwy 461 approximately 8 miles and turn left onto Hwy 934 and proceed 2 miles. (The 7 acre tract is located across the road from the farm at the corner of Old Ping Road and Hwy 934). Auction signs are posted.

With quick access to Somerset and Mt. Vernon, this farm is in the best of locations. Currently used for pasture and hay and bordering Brush Creek, this farm also has two ponds and a Richee automatic waterer making it a great place to also run cattle with several sites for building your dream home. City water is available to this farm.

TRACT #1 measures 2.11 acres fronting Hwy. 934. This all-cleared tract would be an excellent building or home placement site.

TRACT #2 and #3 front Burnett Chapel Loop and contain 5.28 acres each. Tract #2 is all-cleared and Tract #3 is mostly wooded (marketable timber). These tracts are those highly sought after small acreage sites!

TRACT #4 has 15.82 acres with access from Hwy 934. This tract is mostly cleared with the remainder in marketable timber. This tract also has a barn with shed (also has electric), the Richee automatic cattle waterer and a pond for additional stock water.

TRACT #5 and Tract #6 measure 2.01 and 2.17 acres respectively. Fronting Hwy 934, these tracts are also all-cleared, excellent home sites.

TRACT #7 has 24.83 acres and fronts Hwy 934. Being all-cleared with the remainder in marketable timber, this tract also has a pond for stock water.

TRACT #8 is the largest of the tracts measuring 27.28 acres. This tract has a concrete stock tank and would be an ideal site for a baby farm and running cattle. The spring on this tract has been developed by USDA standards.

TRACT #9 is located across the road and consists of approximately 5.97 acres. Approximately 1 1/2 acres is cleared and is an ideal building site. The remainder of the acreage is wooded and runs along Brush Creek. This tracts fronts 934 and Old Ping Road.

AUCTIONEERS NOTE: Having a total of approximately 90 acres, this farm is divided into several tracts offering building sites, baby farm sites or acreage for crops or running cattle! Join us on the morning of September 15th at 10:30 a.m.

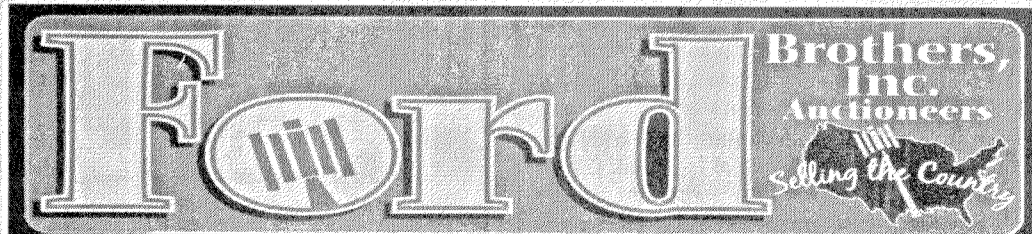
TERMS: 20% deposit the day of the auction with the balance due in 30 days for the real estate.

Note: There will be a ten percent buyer's premium added to the last bid to determine the final sales price.

AUCTIONEER/BROKER/SELLER DISCLAIMER: The information contained herein is believed to be correct to the best of the auctioneer's knowledge. The information is being provided for the bidder's convenience and it is the bidder's responsibility to determine the information contained herein is accurate and complete. The property is selling in its "as-is" condition with no warranties express or implied.

For additional information contact the auctioneers at 606-679-2212 or log onto our website at www.fordbrothersinc.com.

Announcements made the day of the auction take precedence over printed matter.



www.fordbrothersinc.com  
Somerset, KY  
606-679-2212  
800-526-9430



# Tiger Pause

Welcome back to all of our returning students and families. A special Brodhead welcome to all of our new students and their families joining us this school year.

Brodhead Elementary has had a wonderful first month of the 2018-2019 school year.

Everyone at Brodhead considers it a privilege and a blessing to be able to work with the youth of the Brodhead community and we will never take for granted the trust you place in us to take care of your children while they are in our care.

Our rigorous curriculum and the continued implementation of the new standards makes it more important than ever for the school and home to continue to build a stronger partnership working together to make each and every child successful in their adventures. We can't do it without you!

Keys to Success - Be here early to be on time (Brodhead starts our breakfast program at 7:30 and students are starting morning work in their classroom at 7:50) - Set and follow a student routine (Set sleep patterns, travel arrangements to and from school, homework and practice schedules) - Keep up the communi-

cation (Feel free to contact Brodhead staff with any questions or concerns 758-8512).

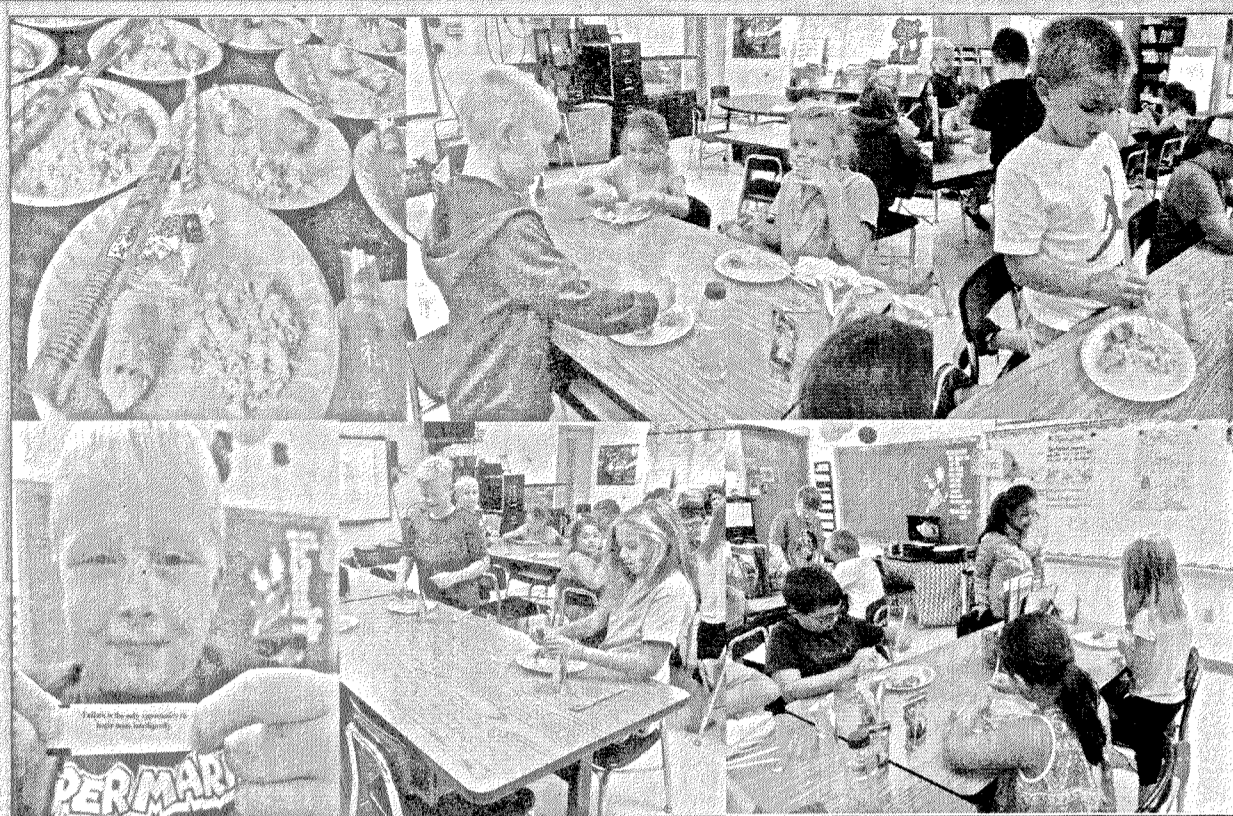
Brodhead Elementary was honored to participate in "Hats Off to Abby" on Thursday, August 30th. With a \$1 donation, students were able to wear a hat in honor of Abby's memory. All proceeds will go to two scholarships awarded to one male student and one female student at Rockcastle County High School. Brodhead students were able to raise well over \$100.00 for the event.

Mrs. Starla's 3rd grade class has been reading "Sadako and the Thousand Paper Cranes". The story depicts a time when the two-year-old Sadako was living in Hiroshima.

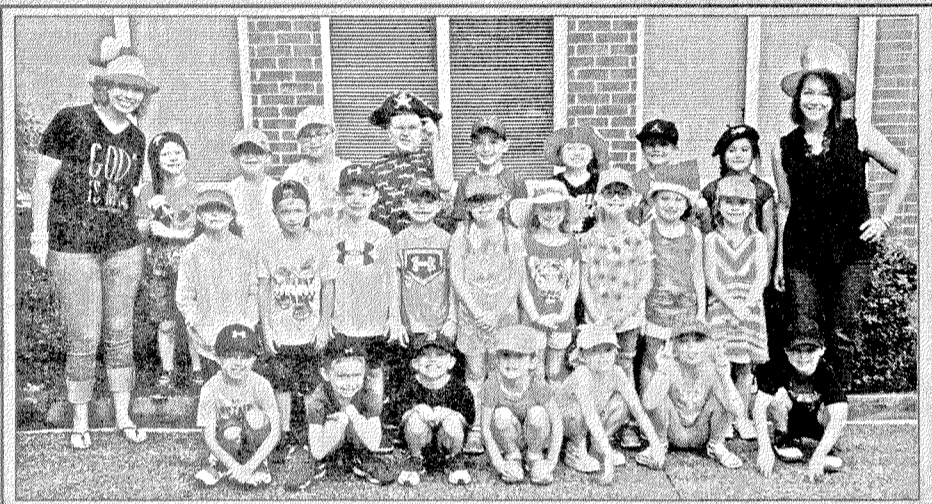
During that time, the atom bomb was dropped on her town. Sadly, ten years later, she was diagnosed with leukemia, also known as the "atom bomb disease".

Mrs. Starla's class was able to celebrate the life Sadako lived and the faith she had in family and friends.

A memorial in Hiroshima Peace Park was dedicated to Sadako. Children come there and leave the paper cranes they make in her honor.



Mrs. Starla's third grade class at BES has been reading "Sadako and the Thousand Paper Cranes." The story depicts a time when the two-year-old Sadako was living in Hiroshima. During that time, the atom bomb was dropped on her town. Sadly, 10 years later, she was diagnosed with leukemia, also known as the "atom bomb disease." Mrs. Starla's class was able to celebrate the life Sadako lived and the faith she had in family and friends. A memorial in Hiroshima Peace Park was dedicated to Sadako. Children come there and leave the paper cranes they make in her honor. Pictured during the class celebration: Lucas Hayes, Adeline Bussell, Lily Thomas and Carson Coleman tasting some of the common foods of Sadako's culture. Lucas Hayes shares his fortune cookie message, as Bradyen Thacker, Jaycee McIntosh, Haley Hopkins, Drew Dyehouse, Adreona Douglas, and Alissa Martin try their luck with chop sticks.



Mrs. Gina Bussell's first grade class with their hats to support Hats Off to Abby.

## Minds in the Middle

Congratulations to the members of our newly elected Student Council: Voyagers Gensee Allen and Faith Harris; Enterprisers Markley Richards and Anna Chaliff; Shooting Stars Landon Reppert and Landon Carlton; Adventures Kamryn Medley and Ethan Long; Challengers Carson King and Johnathan McClure; Comets Mya Hunt and Daejeon Dean.

Any 8th graders who are interested in applying for the GEMS and G2-TECS conferences need to get an information sheet from Ms. Cromer soon. The application deadline is September 28th. These conferences are 1-day experiences at Somerset Community College for 8th graders who are interested in careers in Technology, Math, Science, and Engineering fields.

Open gym for Archery will be on Thursday until 4:45. Students must have turned in their permission form and have an up to date sports physical to participate.

Congratulations to Mr. Bottoms' 6th grade Enterprisers on winning the attendance race for last week. Mrs. Parker's 8th grade Challengers homeroom came in second place fol-

lowed by Mrs. Tracy's 6th grade Voyagers homeroom in third. Congratulations also to the 6th and 7th graders who earned a day of sitting wherever they wanted in lunch. The groups had at least 96% attendance for two weeks to earn that privilege. That incentive is offered every two weeks for grade levels that can accomplish it.

Thank you to everyone who donated to the Abby Langford Community Scholarship Fund during our Hat Day. \$235.00 was raised at RCMS.

Everyone at RCMS loves being greeted at the door each morning. Thanks to Mya Hunt, Celia Shaffer, Emma Phillips and McKenzie Lopez for the high-fives and "good mornings" that have welcomed us.

Thank you to our Kind Kids of the Week: Kaylan Sams, Makyla Hester, Andrew Whicker, Maddy Hayes, Makaylee McNally, Seth Cotton, Kaleb Eldridge, and Logan Sowder.

Mrs. Wendy King is on the ballot for our SBDM council. Parent elections will be September 21st between 7:45-4:00 p.m.

## 10 RCHS graduates named Sen. Jeff Green Scholars

Ten students in the 2018 graduating class of Rockcastle County High School have been named Senator Jeff Green Scholars by the Kentucky Higher Education Assistance Authority (KHEAA). To earn this honor, a student must have a 4.0 grade point average each year of high school and at least a 28 composite on the ACT.

Local scholars are McKayla Blair, Lauryn Carpenter, Jackson Cromer, Jesse Day, Joy Frith, Mahala King, Rebekah Lake, Cora Machal, Sarah Ponder and Megan Taylor.

These students have also earned \$2,500 a year in Kentucky Educational Excellence Scholarship (KEES) awards. If they keep their grades up in college, they will have \$10,000 to use toward a four-year degree.

The designation honors the late state Sen. Jeff Green

of Mayfield, who served in the Kentucky General Assembly from 1992 to 1997.

KEES and other Kentucky student aid programs are administered by KHEAA. KEES awards are funded by net Kentucky lottery proceeds and may be used at most colleges and universities in Kentucky. In some cases, the award may be used at an out-of-state school if the major the student is pursuing is not available in Kentucky. No application is necessary for KEES awards.

For more information visit [www.kheaa.com](http://www.kheaa.com); write KHEAA, P.O. Box 798, Frankfort, KY 40602; or call 800-928-8926, ext. 6-7214.

KHEAA also disburses Advantage Education Loans, the state's only non-profit loan. For more information, visit the website [www.advantageeducationloan.com](http://www.advantageeducationloan.com).

### Commonwealth of Kentucky 28th Judicial Circuit Rockcastle Circuit Court • Division II Civil Action No. 17-CI-00227

**Ditech Financial, LLC** Plaintiff  
**Debbie Pittman, et al** Defendants

#### NOTICE OF SALE

Pursuant to a judgment and order of sale entered in this action on April 13, 2018 and order to re-schedule sale entered on August 3, 2018 for satisfying the judgment against the defendants in the amount of THIRTY ONE THOUSAND FIVE HUNDRED NINETY SEVEN DOLLARS AND 99/100 (\$31,597.99) plus interest, costs and attorney fees. I will offer at public auction the hereinafter described real property in Rockcastle County, Kentucky.

**At the Courthouse on East Main Street  
Mt. Vernon, Kentucky  
on Friday, September 14, 2018  
Beginning at the Hour of 11:00 a.m.**

Said property being more particularly described as follows:

455 Sunnydale Estates, Lot #44, Mt. Vernon, KY 40456  
PVA Map #018-70-00-044  
AND  
2000 Clayton Discovery Mobile Home Vin No. CLA047063TN

Being the same real property conveyed to Steve Pittman and Debbie Pittman by deed dated August 5, 1999, and recorded in Deed Book 175, page 679 in the Office of the Rockcastle County Clerk.

#### The property shall be sold upon the following terms & conditions:

1. The real property and mobile home shall be sold separately.
2. The real property and mobile home shall be sold for cash or upon a credit of thirty (30) days with the purchaser(s) required to pay a minimum of ten percent (10%) of the purchase price in cash on the date of sale and to secure the balance with a bond approved by the Master Commissioner.
3. The bond shall bear interest at the rate of twelve percent (12%) per annum until paid in full. The bond shall have the force and effect of a judgment and shall be and remain a lien upon the property sold as additional surety for the payment of the purchase price.
4. The purchaser shall pay the 2018 local, county and state property taxes.
5. Unpaid delinquent State, County and/or City ad valorem real estate taxes owed to those government entities, and not sold pursuant to the provisions of KRS Chapter 134 to any private purchaser during the pendency of this action shall be paid from the sale proceeds.
6. Full satisfaction of the plaintiff's judgment shall be paid from the proceeds of the sale.
7. The purchaser shall have possession of the real property upon compliance with the terms of the sale.
8. In the event the plaintiff is the successful bidder and the sale price does not exceed the amount of the plaintiff's judgment, no deposit or bond shall be required.
9. The sale shall be made subject to all easements, set back lines, restrictions or covenants of record or otherwise and shall be sold "as is".

**John D. Ford  
Master Commissioner  
Rockcastle Circuit Court**

### Commonwealth of Kentucky 28th Judicial Circuit Rockcastle Circuit Court • Division I Civil Action No. 17-CI-00197

**Selene Finance LP** Plaintiff  
**Connie H. York a/k/a  
Connie York, et al** Defendants

#### NOTICE OF SALE

Pursuant to a judgment and order of sale entered in this action on November 21, 2017 and Order to Reset Sale entered on July 27, 2018 for satisfying the judgment against the defendants in the amount of ONE HUNDRED TWO THOUSAND SEVEN HUNDRED SEVENTY THREE DOLLARS AND 06/100 (\$102,773.06) plus interest, costs and attorney fees. I will offer at public auction the hereinafter described real property in Rockcastle County, Kentucky.

**At the Courthouse on East Main Street  
Mt. Vernon, Kentucky  
on Friday, September 14, 2018  
Beginning at the Hour of 11:00 a.m.**

Said property being more particularly described as follows:

PVA Map #057-00-027.06  
4264 Wildie Road, Mt. Vernon, KY 40456

Being the same property conveyed to Thomas C. York and wife Connie H. York by deed of record in Deed Book 197, page 372 in the Office of the Rockcastle County Clerk.

#### The property shall be sold upon the following terms & conditions:

1. The real property shall be sold for cash or upon a credit of thirty (30) days with the purchaser(s) required to pay a minimum of ten percent (10%) of the purchase price in cash on the date of sale and to secure the balance with a bond approved by the Master Commissioner.
2. The bond shall bear interest at the rate of twelve percent (12%) per annum until paid in full. The bond shall have the force and effect of a judgment and shall be and remain a lien upon the property sold as additional surety for the payment of the purchase price.
3. The purchaser shall pay the 2018 local, county and state property taxes.
4. Unpaid delinquent State, County and/or City ad valorem real estate taxes owed to those government entities, and not sold pursuant to the provisions of KRS Chapter 134 to any private purchaser during the pendency of this action shall be paid from the sale proceeds.
5. Full satisfaction of the plaintiff's judgment shall be paid from the proceeds of the sale.
6. The purchaser shall have possession of the real property upon compliance with the terms of the sale.
7. In the event the plaintiff is the successful bidder and the sale price does not exceed the amount of the plaintiff's judgment, no deposit or bond shall be required.
8. The sale shall be made subject to all easements, set back lines, restrictions or covenants of record or otherwise and shall be sold "as is".

**John D. Ford  
Master Commissioner  
Rockcastle Circuit Court**

# CHURCH NEWS

## Let the Bible Speak

Tune in to "Let the Bible Speak," with Brett Hickey, on Sunday mornings at 6:30 a.m. on LEX18.

## Fall Homecoming

Fall Homecoming will be held September 16-19 at First Christian Church in Mt. Vernon and we would like to invite you to come and be a part of it with us.

Doug Piatt, from the Lexington Broadway Christian Church, will be our speaker. The theme will be "The Red Letters" leading to some very practical opportunities to serve our Lord.

We will meet Sunday morning at 11 o'clock and Monday through Wednesday evenings at 7 o'clock.

Sunday evening, we will meet in the Fellowship Hall at 5:00 p.m. for a special service project in which all are invited to take part.

We are located at 160 West Main Street and if you have any questions, or would like a ride, please call us at 256-2876.

## Homecoming

You're invited to New Hope Baptist Church's Benefit Singing in our Fellowship Hall on September 22, beginning at 7 p.m.

Featured singers will be Mitch and Zeldia Drew.

## Gospel Benefit Singing and Auction

There will be a Gospel Benefit Singing and Auction for Kristy Ruppe Bullock on Saturday, September 15th, beginning at 6 p.m., at the Livingston Fire Dept.

The event is being sponsored by the Red Hill Baptist Church and community and the church singers will be featured along with others.

Menu includes soup beans, fried potatoes, corn bread, etc. Everyone welcome. Come enjoy good food, music and fellowship while supporting a great cause.

## Special Service

There will be a special Friday night service on Sep-

tember 14th at the Berea Gospel Tabernacle, beginning at 7 p.m. Bro. Donald King will be preaching. Everyone welcome.

## Homecoming

Flat Rock Baptist Church will be hosting our annual Homecoming services Sunday, September 23rd beginning at 10:30 a.m. Pastor, Greg Burton will be preaching. Special singing by the Barrett Family. Lunch will be serviced around noon. Everyone welcome.

## Bible Study

Between Two Kings - a ladies Bible study event led by Mrs. Carla Sparks and hosted by Bible Baptist Church, 100 Higher Ground Lane Mount Vernon, KY on Friday, September 14th from 7-9 p.m., and Saturday beginning at 9 a.m. and ending at 4 p.m. A light continental breakfast and a full lunch will be served. Please call (606) 256-5913 if you have any questions.

## Guest Speaker

Bible Baptist Church will have special guest speaker Bro. Darrell W. Sparks on Sunday, September 16th for the 11 a.m. and 6 p.m. worship services. Please join us for these special services. You will be encouraged and challenged by the preaching of God's Word.

## Gospel Singing

Sand Springs Baptist Church will be having a Singing Saturday, September 15th at 6:00 p.m. featuring The Voices of Praise. Bro. Eugene Gentry and the congregation welcomes everyone.

## Homecoming and Revival

McNew Chapel Baptist Church will be having Homecoming Sunday, September 16th. Revival will begin Monday, September 17th at 7 p.m. Evangelist will be Bro. Keith Carr from Drip Rock Baptist Church.

Pastor Bro. Jerry Ballinger and church welcomes everyone.

## stance Abuse and Mental Health Services Administration (SAMHSA) recommends screening all patients aged 10 and older for suicide risk.

This means that at admission, Rockcastle Regional patients are asked a series of suicide risk screening questions as a standard part of all other health assessments. This screening process can be very helpful for a patient who is experiencing self-harming thoughts to open up and begin a conversation and start seeking the help they need.

## Finding Treatment

Consult a healthcare professional who has training and experience working with depression. For general information on mental disorders and to locate treatment services in your area, contact SAMHSA's National Helpline, 1-800-662-HELP (4357).

If you are having suicidal thoughts or are worried that someone you know might be suicidal, contact the Suicide Prevention Lifeline, 1-800-273-TALK (8255).

## Sources Cited:

- Administration on Aging
- American Association of Suicidology
- Centers for Disease Control and Prevention (CDC)
- Substance Abuse and Mental Health Services Administration (SAMHSA)

## "Depression"

(Cont. from B1)

ministration on Aging and the Substance Abuse and mental Health Services Administration (SAMHSA), older men die by suicide at a rate that is more than seven times higher than that of older women. The incidence of suicide is particularly high among older, white males. Notably, the rate of suicide in the oldest group of white males (ages 85+) is over four times higher than the nation's overall rate of suicide.

As with all other age groups, effective treatment for depression is available and can significantly reduce the risk of suicide. If you are experiencing any symptoms of depression, it's important to talk to your doctor about these feelings.

"Talking to someone about feelings of depression or thoughts of suicide can be overwhelming for many people," said Rockcastle Regional chaplain Luther Allen. "It's not always easy to start that conversation. But by talking to your doctor about what you are experiencing, you are taking that first step towards getting better."

In an effort to encourage patients to talk to their healthcare providers about any potential feelings of suicide, the Sub-

# DAR promotes Constitution Week

There are two documents of paramount importance to American history: the Declaration of Independence, which forged our national identity, and the United States Constitution, which set forth the framework for the federal government that is still in use today. While Independence Day is a beloved national holiday, fewer people know about Constitution Week, an annual commemoration of the living document that upholds and protects the freedoms central to our American way of life. This year, the annual celebration begins September 17.

The Daughters of the American Revolution (DAR) initiated the observance in 1955, when the organization petitioned the U.S. Congress to dedicate September 17-23 of each year to the commemoration of Constitution Week. Congress adopted the resolution, and on August 2, 1956, President Dwight D. Eisenhower signed it into Public Law #915. The celebration's goals are three-fold: to encourage the study of the historical events that led to the framing of the Constitution in September 1787; to inform people that the Constitution is the basis of America's great heritage and the foundation of our way of life; and to emphasize U.S. citizens' responsibility to protect, defend and preserve the Constitution.

DAR has been the foremost advocate for the awareness, promotion and celebration of Constitution Week. This annual observance provides innumerable opportunities for educational initiatives and community outreach, two mission areas of crucial importance to the National Society's work. By fostering knowledge of and appreciation for the Constitution and the inalienable rights it affords to all Americans, DAR helps to keep alive the memory of the men and women who secured our nation's independence, whose bravery and sacrifice made possible the liberties we enjoy today.

"The framers created a Constitution that translated into law the ideals upon which our nation was built," said DAR President General Ann Dillon. "Their vision was so forward thinking that their words still guide us today. No American history education can be complete without a thorough understanding of the impact the Constitution has had on the lives of American citizens past and present."

One of the largest patriotic women's organizations in the world, DAR has more than 185,000 members in approximately 3,000 chapters across the country and even in numerous foreign countries. DAR strives to promote historic preservation, education and patriotism via commemorative events, scholarships and educational initiatives, citizenship programs, service to veterans, meaningful community service, and more. For additional information about DAR and its programs, visit [www.dar.org](http://www.dar.org).



During the September Chapter meeting of the Rockcastle DAR, 11 new members were welcomed in an oath of membership ceremony. Pictured are front from left: Sherry Spragens and Rita Shaffer. Back row from left: Carol VanHook, Mary Wright, Donna Gabbard, Joyce Gabbard, Nancy Mullins, Carcille Burchette, Laura Burchette and

## "Homeless"

(Cont. from B1)

how long you can hang out there. But, you can't take up residence on public property."

The biggest issue comes in how one defines "residence." "We deal with it the best we can and we run into the problem occasionally. You have to be compassionate with people but at the same time we have to uphold the law," Carter said.

Typically, Carter and other officers with the MVD offers assistance in any way they can. "I always give them the number to a homeless shelter or try to find some way to help them," he said. But, that is easier said than done. "I have found that most of the time, they just don't want our help. They just want to be left alone. They would usually rather just stay around here somewhere than to go into a shelter."

Carter said the issue exists in a huge majority of towns across the country. "Even our neighboring towns, such as Berea and Richmond and Lexington, have homeless issues. Most towns deal with it in their own way and have a city policy."

Travis Richardson, Livingston Police Chief said he too deals with the issue on a regular basis and has throughout his career. "In my 15 years of law enforcement, I have had lots of interaction with homeless people even here in Livingston," said Richardson.

Richardson agrees that most assumed homeless people are drifters from out of town. "There are some who walk along highways such as US 25 because they are not allowed to walk on the interstate," Richardson said. "These folks are basically from no where and have no where to go."

Like Carter, Richardson doesn't ignore them. "I always make sure they have something to eat," he said.

However, Richardson advises against giving money to homeless if you should see one. "You never know what the money will be used for. I find a way to

get them something to eat but I can't promote illegal activities."

Richardson has advice for anyone who may see a homeless person. "If the person seems in distress, you can call 9-1-1 and ask an officer to perform a welfare check on the individual," he said.

Still, some of the homeless people Richardson finds are indeed local natives. "There are not a lot of local natives who are homeless right now but I am aware of some who have fallen on hard times and are living in a car or in abandoned homes," he said.

Richardson keeps those people in the back of his mind as he is performing his daily duties. "When I get a free moment, I go check on them to make sure they are ok and have eaten something. Especially during the winter months," he said.

Under Richardson's watch, there are extra eyes always watching out for them. "When it's cold out, I try to get them a place to stay for a couple nights at least where there is heat and nourishment. They are people who have hit hard times," Richardson said.

There are homeless shelters locally and several organizations in surrounding communities that offer help to the homeless and Carter and Richardson always attempt to get any local homeless person in contact with those organizations if they are willing to accept the help.

Local police provide assistance in any way they can and Richardson said he likes to help both as a police officer and a human being. "As John Bradford said, 'There but for the grace of God, go I'."

**Premium Windows**  
Seven Low-E 4800 Series SolarZone Glass™

**\$69 PER MONTH** JUST 50 MOS. OR **\$2,919** GO DOWN!

- Standard Installation and exterior trim
- Up to 4ft x 6ft (Larger Sizes Avail.)
- White Double Hung

**Window World**  
Simply the Best for Less

**FREE In-Home Estimates:**  
606-258-1774 • 800-353-4313  
142 American Greeting Rd., Corbin • Fully Licensed & Insured  
[WindowWorld.com](http://WindowWorld.com)

\*PAYMENT BASED ON 9.99% A.P.R. UNSECURED LOANS. BANK APPROVAL NEEDED. ASK FOR DETAILS.

**Commonwealth of Kentucky**  
**28th Judicial Circuit**  
**Rockcastle Circuit Court • Division II**  
**Civil Action No. 17-CI-00179**

**Edward Minton** **Plaintiff**

**v.**

**Estate of Benny Sanders and**  
**Phyllis Avery** **Defendants**

**NOTICE OF SALE**

Pursuant to an amended judgment and order of sale entered in this action on August 13 2018 for the purpose of satisfying the judgment against the defendants in the amount of ELEVEN THOUSAND FOUR HUNDRED TWENTY DOLLARS AND 00/100 (\$11,420.00) plus interest, costs and attorney fees. I will offer at public auction the hereinafter described real property in Rockcastle County, Kentucky.

**At the Courthouse on East Main Street**  
**Mt. Vernon, Kentucky**  
**on Friday, September 14, 2018**  
**Beginning at the Hour of 11:00 a.m.**

Said property being more particularly described as follows:

PVA Map #024-00-053.32  
Lot 45, Benton Bullock, Dusty Trails Subdivision a/k/a 20 Abway Street, Mt. Vernon, KY and mobile home.

This being the real property which Benny Sanders obtained by deed dated February 13, 2012, executed by Vicki L. Hayes, single, and recorded in Deed Book 238, page 24 in the Office of the Rockcastle County Clerk.

**The property shall be sold upon the following terms & conditions:**

1. The real property and mobile home shall be sold together as a whole.
2. The real property shall be sold for cash or upon a credit of thirty (30) days with the purchaser(s) required to pay a minimum of ten percent (10%) of the purchase price in cash on the date of sale and to secure the balance with a bond approved by the Master Commissioner.
3. The bond shall bear interest at the rate of twelve percent (12%) per annum until paid in full. The bond shall have the force and effect of a judgment and shall be and remain a lien upon the property sold as additional surety for the payment of the purchase price.
4. The purchaser shall pay the 2018 and all subsequent local, county and state property taxes.
5. Unpaid delinquent State, County and/or City ad valorem real estate taxes owed to those government entities, and not sold pursuant to the provisions of KRS Chapter 134 to any private purchaser during the pendency of this action shall be paid from the sale proceeds.
6. Full satisfaction of the plaintiff's judgment shall be paid from the proceeds of the sale.
7. The purchaser shall have possession of the real property upon compliance with the terms of the sale.
8. In the event the plaintiff is the successful bidder and the sale price does not exceed the amount of the plaintiff's judgment, no deposit or bond shall be required.
9. The sale shall be made subject to all easements, set back lines, restrictions or covenants of record or otherwise and shall be sold "as is". It be sold "as is".

**John D. Ford**  
**Master Commissioner**  
**Rockcastle Circuit Court**

**Mann Chrysler**

**Credit Approval**

**Guaranteed**

[mannchrysler.com](http://mannchrysler.com)

**859.625.1422**

**Mann**

## Renfro Alumni Show a hit with audience again

Another year has come and gone, and this year's Renfro Valley Barndance Alumni Show, according to audience members, was as last year's was referred to, the best ever of the Shows. The audience loved listening to Butch Jones and the Standard Country Time Band again, featuring Leighanne Cooper, Jenny Robbins, Doug Morgan, and Swanny Cornett.

A new addition this year was an extremely popular bluegrass group consisting of Phillip Doan of Livingston, Matt Cromer and Brian Miller of Mt. Vernon, and Jason Johnson of London. According to Kathee Staton, the Barndance Alumni Show Coordinator and Emcee, tourists highly complimented the Bluegrass group and expressed the desire to hear them again next year on the Show.

Phillip joined Gwen Flannery and Kathee Staton to perform as a trio with the bluegrass back-up, and

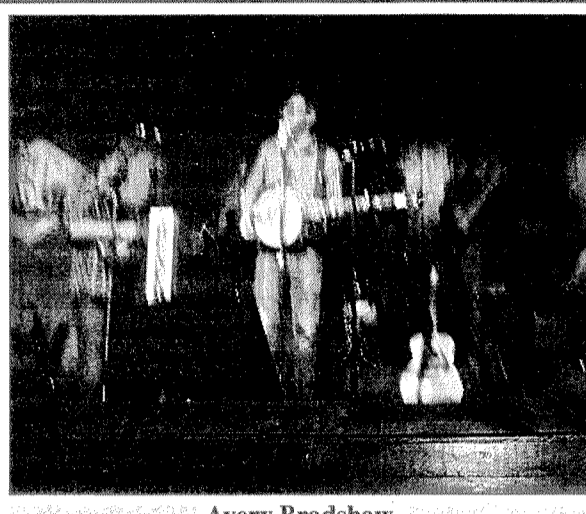
Avery Bradshaw gave an outstanding performance as part of the bluegrass band and, as always when he is on stage, received an exuberant welcome from the audience.

Although he was too ill to perform, the oldest living active Alumni member, Mr. Earl Barnes of Richmond, sat on the front row during the Show. Kathee introduced him to the audience and presented him with a plaque on behalf of the Alumni members, in recognition for his contributions and dedication to the musical field and to Renfro Valley.

If you haven't attended one of the Renfro Valley Barndance Alumni Shows, please make plans now to attend next year's Show. The same performers will be featured once again, plus returning to the Show will be Mark Poe and The All American Bluegrass Band out of Indiana. Next year's Show promises to be one of the best ever.



Swanny Cornett



Avery Bradshaw



Leighanne Cooper with the Standard Country Time Band.



Phillip Doan, Matt Cromer, Brian Miller and Jason Johnson — Bluegrass Band, with Gwen Flannery and Kathee Staton.

The Rockcastle County Fair Board would like to extend a Special "Thank You" to the following

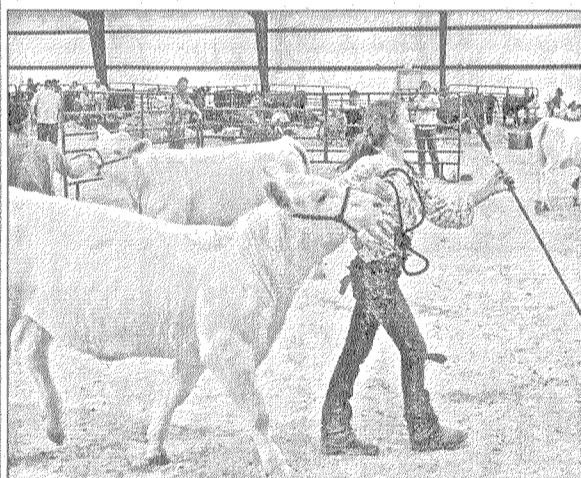
### 2018 Livestock Show sponsors:

#### Gold Sponsor:

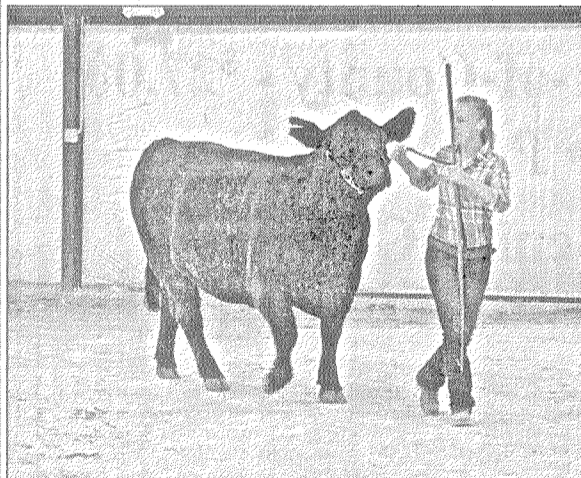
- Bluegrass South Yardways
- Brodhead Farm Equipment
- Citizens Bank
- Jackson Energy
- Kentucky Nutrition Service, Inc
- Rockcastle County Cattlemen's Association
- Rockcastle County Farm Bureau
- Rockcastle County NRCS

#### Silver Sponsor:

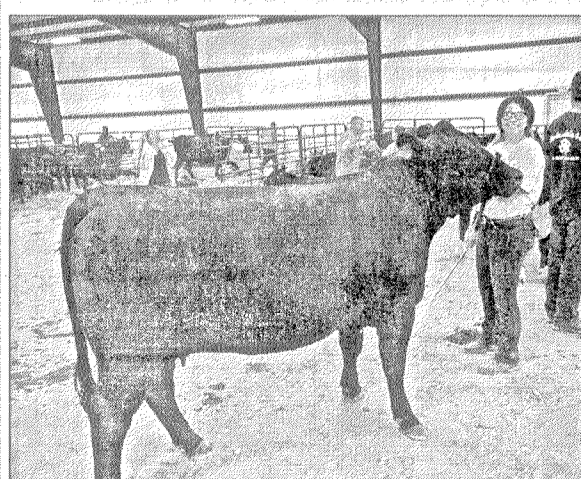
- 70 Feeds
- Ford Brothers
- Lone Star Farm & Home
- Performance Feeds
- Stanford Veterinary Clinic
- Valley Farm Supply



Sarah Barron showing her Class Winning Charolais heifer.



Destiny Adams leading her Champion Simmental heifer.



Emily Reynolds exhibiting her Champion Gelbvieh heifer.

Subscribe to the Signal  
Call 606-256-2244  
mvsignal@windstream.net

## Jack's Pro Hardware

160 Williams St. \* Mt. Vernon \* 256-4363

Much More Than A Hardware

Bibles • Gifts • Paint • Plumbing • Electrical

### Baptism

Baptism, first of all, was never intended to be outward sign of an inward change. Whoever came up with that idea needs to study their Bible. Let us go to the Bible so that we really can see just what the Bible says about Baptism and what it really does. Hopefully by doing this it will help understand more clearly God's teaching on this subject.

Baptism doesn't give man the license to sin. Romans 6:6—Knowing this that our old man is crucified with him, that the body of sin might be destroyed that henceforth we should not serve sin. Romans 6:12—Let not sin reign in your mortal bodies. So baptism is not something we do that gives us the right to do wrong, so we need to get that out of our heads, right now. The child of God is to do their best to live above sin and to avoid evil at every turn.

Baptism will not remove all of our problems. The truth is baptism will not remove one from all the problems that exist in life. Paul tells us in 2 Timothy 3:12—all that will live Godly in Christ Jesus shall suffer persecution. When we become a Christian many times we have more problems, because we realize now the things we used to do we don't do or the things we watched we don't watch any longer, if we can't watch it with our kids we don't need to watch it either. Being a Christian opens our eyes to many things we over looked.

Baptism will not change one physically. Baptism was never intended to change the way we look physically. Nor was it meant to cleanse the outward man. Baptism works inwardly, changing the inner man. We are reminded in 1 Peter 3:21—Baptism is not for the cleaning of the flesh, but the answer of a good conscience toward God.

Baptism will not save us without faith and repentance. Hebrews 11:6—without faith it is impossible to please God. Luke 13:3—Unless we repent we will perish. Without us doing these other things baptism would be useless, we would simply be getting wet.

Does the Bible mention Baptism? The answer is yes. There over 100 references to baptism in the New Testament, so I think we see this topic is very important.

Does the Bible give examples of Baptism? Many examples are given we can find Acts 2:37-40—We find here 3,000 were baptized. Acts 8:33-37—We find the man from Ethiopia being baptized. Acts 22:16—the apostle Paul himself was baptized. These are just a few of the many that were baptized, when you find people being converted to the gospel they were baptized.

Does the Bible say what baptism is for? Acts 2:39—Peter said repent and be baptized everyone of you in the name of Jesus Christ for the remission of your sins. Baptism is performed so that the believer can receive forgiveness of their sins.

Does the Bible say what Baptism does? Galatians 3:27—For as many of us have been baptized into Christ have put on Christ. Jesus commanded the apostles. Mark 16:15-16—Go into all the world and preach the gospel to every creature. He that believeth and is baptized shall be saved, he that believeth not shall be condemned. With all this evidence for baptism why do people wait and act like its not important or not needed, when my soul is on the line I'll take what the Lord said every time.

Does the Bible say who should be baptized? Acts 2:38—those who are willing to repent, or change. Those that gladly receive his word Acts 2:41—Those who are willing to confess their belief in Jesus Christ Matt.10:32-33—Those who believe. We find in John 8:24—Unless you believe that I am he you will die in your sins.

Thank you for reading this article. God bless you.

• Chestnut Ridge Church of Christ •

Sundays @ 10 a.m. & Wednesdays @ 7 p.m. • Everyone Welcome  
Bro. Ova Baker 606-878-8104 • Bro. Dale McNew 859-582-4021  
Church is located 2 Miles South of Mt. Vernon on Hwy. 25

Top Price **GINSENG** Chinese Ginseng Buyer  
Steven: 502-445-0083 • Sonny: 502-931-5967  
Every aturday, 4:30-5pm, Mt. Vernon, I-75, Exit 59 Shell, across from Pizza Hut

### Compare Our CD Rates

Bank-issued, FDIC-insured

6-month	<b>2.10% APY*</b>	Minimum deposit \$1000
1-year	<b>2.40% APY*</b>	Minimum deposit \$1000
2-year	<b>2.50% APY*</b>	Minimum deposit \$1000

\* Annual Percentage Yield (APY) effective 09/10/2018. CDs offered by Edward Jones are bank-issued and FDIC-insured up to \$250,000 (principal and interest accrued but not yet paid) per depositor, per insured depository institution, for each account ownership category. Please visit [www.fdic.gov](http://www.fdic.gov) or contact your financial advisor for additional information. Subject to availability and price change. CD values are subject to interest rate risk such that when interest rates rise, the prices of CDs can decrease. If CDs are sold prior to maturity, the investor can lose principal value. FDIC insurance does not cover losses in market value. Early withdrawal may not be permitted. Yields quoted are net of all commissions. CDs require the distribution of interest and do not allow interest to compound. CDs offered through Edward Jones are issued by banks and thrifts nationwide. All CDs sold by Edward Jones are registered with the Depository Trust Corp. (DTC).

Call or visit your local financial advisor today.

**Chris Menser**  
Financial Advisor  
320 Highland Park Drive Suite 10  
Richmond, KY 40475  
859-624-8881

[www.edwardjones.com](http://www.edwardjones.com)  
Member SIPC

**Edward Jones**  
MAKING SENSE OF INVESTING

### Attention Heat Vendors

The Daniel Boone Community Action Agency will again be administering the Home Energy Assistance Program (HEAP) for low-income people in Clay, Laurel, Jackson and Rockcastle Counties beginning November 5, 2018.

Anyone wanting to be a vendor in this year's program will need to attend a vendor meeting in their perspective county.

The meeting for Rockcastle Co. will be held on September 25, 2018 at 10 a.m.

The office in Rockcastle County is located at 105 East Main St., Mt. Vernon, Ky.

**Commonwealth of Kentucky**  
**28th Judicial Circuit**  
**Rockcastle Circuit Court • Division II**  
**Civil Action No. 17-CI-00038**

**JP Morgan Chase Bank, National Association** Successor by Merger to Chase Manhattan Mortgage Corporation **Plaintiff**

**v.**

**Bonnie K. Wood, et al** **Defendants**

### NOTICE OF SALE

Pursuant to a judgment and order of sale entered in this action on October 13, 2017 and order to reschedule sale entered on August 10, 2018 for satisfying the judgment against the defendants in the amount of ONE HUNDRED THIRTY ONE THOUSAND EIGHT HUNDRED EIGHTY FIVE DOLLARS AND 72/100 (\$131,885.72) plus interest, costs and attorney fees. I will offer at public auction the hereinafter described real property in Rockcastle County, Kentucky.

**At the Courthouse on East Main Street  
Mt. Vernon, Kentucky  
on Friday, September 14, 2018  
Beginning at the Hour of 11:00 a.m.**

Said property being more particularly described as follows:

128 Mutt Ponder Road, Mt. Vernon, Kentucky 40456  
PVA Map #055-00-009.01

Being the same property conveyed to Bonnie Wood, unmarried, by deed dated February 21, 2003, executed by Talt Hall and wife Benda Hall of record in Deed Book 193, page 450 in the Office of the Rockcastle County Clerk.

**The property shall be sold upon the following terms & conditions:**

1. The real property shall be sold for cash or upon a credit of thirty (30) days with the purchaser(s) required to pay a minimum of ten percent (10%) of the purchase price in cash on the date of sale and to secure the balance with a bond approved by the Master Commissioner.
2. The bond shall bear interest at the rate of twelve percent (12%) per annum until paid in full. The bond shall have the force and effect of a judgment and shall be and remain a lien upon the property sold as additional surety for the payment of the purchase price.
3. The purchaser shall pay the 2018 local, county and state property taxes.
4. Unpaid delinquent State, County and/or City ad valorem real estate taxes owed to those government entities, and not sold pursuant to the provisions of KRS Chapter 134 to any private purchaser during the pendency of this action shall be paid from the sale proceeds.
5. Full satisfaction of the plaintiff's judgment shall be paid from the proceeds of the sale.
6. The purchaser shall have possession of the real property upon compliance with the terms of the sale.
7. In the event the plaintiff is the successful bidder and the sale price does not exceed the amount of the plaintiff's judgment, no deposit or bond shall be required.
8. The sale shall be made subject to all easements, set back lines, restrictions or covenants of record or otherwise and shall be sold "as is".

**John D. Ford**  
**Master Commissioner**  
**Rockcastle Circuit Court**

# Classifieds

## CLASSIFIED RATES

- Local Rates - \$4 for 25 words or less - .10 each additional word
  - Display Classifieds \$5.00/Inch
- Deadline for Classifieds is 10 a.m. TUESDAY**

## For Rent

**3 Bedroom, 2 bath house,** central heat/air, \$500 month or \$825 with utilities. Application, deposit and lease required. Roundstone area. 256-9298. 35x1

**2 Bedroom House,** w/ two baths, kitchen and dining room combination. Central heat and air. One mile from Mt. Vernon. \$475 month plus deposit. No pets. 606-308-4780. 34x4

**Two Bedroom,** one bath mobile home in Livingston. Central heat and air. KU electric, city water. Washer and dryer furnished. 453-3121. 34xntf

**House,** south of Mt. Vernon. Call 308-1327 or 308-2717 after 5 p.m. 33x4

## For Rent

**Maple St. Storage of Brodhead**  
256-2884 or 606-308-2491

**Accepting Applications**  
For 2 and 3 bedroom units at Valley View Apartments. Rent based on income. Call 256-5912. TDD for hearing impaired only. 1-800-247-2510.

**Mink Apartments, Inc.** Owens: Gary and Gertha Mink. Must have: references, proof of income, background check required. 606-308-1209.

**House and Trailer in Brodhead.** No pets. 758-4729. 33xntf

**Chism Drive Thru Storage.** 9 1/2 x14 indoor units. \$50. 24 hr. access and security cameras. 859-559-9903. 3xntf

**Trailers and house in Brodhead.** No pets. 758-8922. ntf

**Mt. Vernon Housing Authority** open Monday, Wednesday and Friday from 9 a.m. to 3 p.m. Applications accepted Monday, 9 a.m. to 1 p.m. Rent based on income. 256-4185. 14xntf

## Castle Village Apartments

165 Castle Village Dr. Brodhead, KY 40409  
Now accepting applications for 1, 2 & 3 BR apartments

Please call 606-758-4111 to schedule an appointment

Rent based on income. Income restrictions may apply.

Voice/TTY: 800-553-0300

## Property For Sale

**3 Bedroom House w/ 32x32 garage** on three acres of land. Located on Little Clear Creek. \$85,000. 606-308-2676 or 606-308-1135.

**3 Bed, 2 Bath Doublewide Trailer.** All new inside. All wood trim, crown molding. New 5 ton heat pump, setting on 2/3+ acre lot. \$99,000. Must have own financing. Call Jack at 606-256-8603 or 308-5459. 30ntf

## Mobile Homes For Sale/Lease

**New Energy Star 28x52 3 bedroom doublewide.** 2x6 wide walls, heat pump, appliances, set up and delivered for under \$325 per month w.a.c. Call 1-606-376-2170 Blue Ridge Homes. 18xntf

## Mobile Homes For Sale/Lease

**New 3 bedroom/2 bath mobile home,** only \$23,900. Call 1-606-376-2170 Blue Ridge Homes.

**Factory Direct - 4 bedroom/2 bath 28x72 doublewide** with 2x6 side walls ready for immediate delivery. Only \$42,900. Financing available to qualified buyers. Limited credit OK. 1-606-376-2170.

**New Single Wide 2 bedroom/2 bath.** Sale price \$21,900. Call Blue Ridge Homes 1-606-376-2170.

## Motor Vehicles For Sale

**Collector 1993 Chevrolet Camaro,** burgundy, custom Corvette transmission and motor, V8, low mileage, no rust, excellent condition, 2 door hard top. \$6,200. 919-816-7902 35x2

## Help Wanted

**Marcella's Farm to Fork Restaurant** is looking to hire an experienced grill cook. Must be able to work evenings and Saturdays. Apply in person. 34x2

**Tractor Trailer Driver,** Mt. Vernon, Ky. Must have three years OTR experience. No overnight travel. Must have current CD: w/hazardous material and tanker endorsement. Drug test required. Call 606-256-5422. 34x2

## Miscellaneous For Sale

**Cresthaven Cemetery Plots.** Contact Billy Dowell, 606-308-1058. 39xntf

**Firewood For Sale:** \$55 a load. Call 606-308-9423. 35xntf

## Pet Supplies

**Patented Flea Beacon** controls fleas in the home without toxic chemicals or costly exterminators. Results overnight. DYEHOUSE FARM SUPPLY (www.fleabeacon.com)

Subscribe to the Signal



**ROCKCASTLE REGIONAL HOSPITAL & RESPIRATORY CARE CENTER**



## Now Hiring

### HOUSEKEEPERS

Full time Housekeeping positions available. Looking for dependable, motivated, service driven individuals to provide basic housekeeping duties in office and patient care areas. Shifts available include 1st shift (6 am to 2:30 pm), 2nd shift (2:30 pm to 11 pm), or Late Shift (4 pm to 12:30 am). Some positions require alternating weekend work.

### LAUNDRY TECH

Full time Laundry Tech needed to work 5 am to 1:30 pm, with alternating weekend work. Looking for a dependable, motivated, team oriented individual to collect/clean/distribute linens in accordance with outlined procedures.

### DIETARY AIDES

Full time Dietary Aide positions available. Looking for dependable, motivated, team oriented individuals to provide nourishments for patients and residents, dishwashing, cleaning, food preparation and service. Weekend work is required on alternating weekends.

**Starting rate of pay \$10 per hour**

Full-time benefits include: onsite daycare, 401(k) with employer match, and health/dental/vision insurance. High school diploma or equivalent is required.

Apply in person or on-line  
[rockcastleregional.org/careers](http://rockcastleregional.org/careers)

Equal Opportunity Employer

## Inspired Living

### NOW HIRING

### Positions Available

### Executive Director

- Minimal Qualifications
- Must have a Bachelor's Degree or Registered Nurse
- Must have at least 2 years of administrative responsibility. In an organization which served individuals with an intellectual or developmental disability

### Direct Care

- Experience Not Necessary but a Plus
  - Must have a High School Diploma/GED
  - Training is provided • Good communication skills
  - Must possess a valid drivers license
  - CNA's are welcome to apply
- Please send resume to [mchlaws@windstream.net](mailto:mchlaws@windstream.net)

Apply in person at:

4011 West Laurel Road • London, KY 40744

For more information or directions call:  
606-877-1552 ask for Michelle

For All Your Hometown News . . .

## Subscribe to the

# Mount Vernon Signal

In-County - \$23.00 • Out-of-County - \$27.00

Out-of-State - \$35.00 • Prices Per Year

10% Discount to Senior Citizens

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Please specify.....

New \_\_\_\_\_

Renewal \_\_\_\_\_

Mail to: Mt. Vernon Signal • PO Box 185 • Mt. Vernon, KY 40456

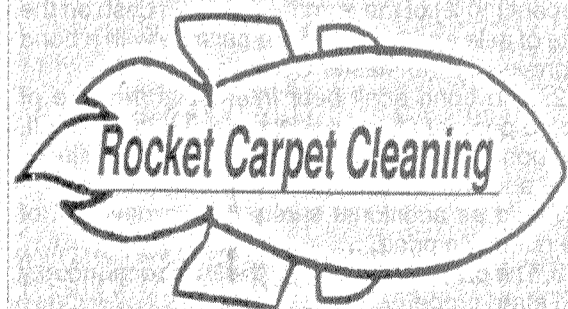
**Mary Renfro Realtor**  
(859) 314-7310  
www.FollowMe2Kentucky.com  
*I need houses, trailers, farms and land to sell. I have many buyers!!*

**Reduced:**  
50 +/- Acres ..... \$35,000  
3 Acres Doublewide ..... \$75,000

**Sold:**  
3 Bedroom, 2 Bath, Garage Basement ..... \$70,000  
20 Acres, Small House, Garage ..... \$150,000  
20 Acres ..... \$14,900

**Pending:** Mobile Home On Lot  
15 Acres & House ..... \$135,000 \$6,500

**Mary Renfro (859) 314-7310 Realtor**  
www.FollowMe2Kentucky.com



**"A Clean Carpet is a Healthy Carpet!"**

Rocket Carpet Cleaners

606-386-0187 or 859-868-9900



Veteran Owned Business

## Posted

**Posted:** No trespassing/hunting on property belonging to Anthony Cain under any circumstances. Violators will be prosecuted. 32x4

**Posted:** No trespassing of any kind on property belonging to Richard A. "Buddy" Mullins on the waters of Crooked Creek. 35x1

**Posted:** Absolutely no trespassing on property belonging to Glenn and Judy Hopkins Marsh. This property was formerly known as the Berl and Ruth Hopkins farm. It borders the Somerset Road 461 and the Hamm Subdivision. All violators will be prosecuted. 31x24

**Posted:** No trespassing on property located at KY Hwy. 3245, Brodhead and belonging to Gary and Peggy Roberts. Violators will be prosecuted. 23x29

**Posted:** No trespassing of any kind on land belonging to Eugenia Cykowski Heir(s) at 402 Albright St., Brodhead, Ky. 17xntf

**Posted:** No hunting, trespassing, or thieving, w/o permission, on land belonging to Kenneth Parsons and located at 1915 Poplar Grove Road. Violators will be prosecuted. 16x51

**Posted:** No trespassing, hunting, fishing on property located at Sand Hill belonging to Flonnie Burke and William and Anita Coffey. Violators will be prosecuted. 14x25

**Posted:** No trespassing on land belonging to James and

Dorothy Rash heirs on Rash Branch Road off Chestnut Ridge. No hunting, camping, ATVs, trespassing for any purpose. Not responsible for accidents. Violators will be prosecuted. 9x52

**Posted:** Property belonging to Don and Kitty Reese on Smallwood Road at Roundstone. All trespassers will be prosecuted. 49xntf

**Posted:** No hunting or trespassing on land belonging to Glen Roberts at 560 Dix River Branch Road, Brodhead. Violators will be prosecuted. 35xntf

**Posted:** No hunting, trespassing or ATVs on land belonging to Jason and Sara Coguer at Roundstone. Not responsible for accidents.

**Posted:** No trespassing on Crawford Place - Old Brodhead Road. Danny Smith. 47ftn

**Posted:** Absolutely no hunting, fishing or trespassing on property belonging to Mark Cummins. Violators will be prosecuted. 9x52p

## Notices

**Earn \$25 a month!** Let us put our medical office sign (3 ft. x 5 ft.) in your yard. Call 786-457-4741. 14xntf

**For Sale with Sealed Bids Only:** Backhoe owned by the City of Livingston. City will accept bids through September 20, 2018. Bids can be mailed to PO Box 654, Livingston, KY 40445 or dropped by the city's office. 35x1

**Notice is hereby given that** Mary Shelton, 8915 N. Wilderness Road, Mt. Vernon, Ky. 40456 has been appointed Administratrix of the Estate of Ira E. Shelton on the 20th day of August, 2018. Any person having claims against said estate shall present them, according to law, to the said Mary Shelton or to Hon. B. Travis Newman, 722 Kentucky Home Life Building, 239 South Fifth St., Louisville, Ky. 40202 on or before Feb. 20, 2019 at 11 a.m. 33x3

**Notice is hereby given that** Regina M. Russell, 10745

Laurel Road, London, Ky. 40741 has been appointed Executrix of the Estate of Patricia Carol Stokes on the 20th day of August, 2018. Any person having claims against said estate shall present them, according to law, to the said Regina M. Russell on or before Feb. 20, 2019 at 11 a.m. 33x3

**Notice is hereby given that** Norma R. Eversole, 134 Eversole Lane, Mt. Vernon, Ky. 40456 and Pamela R. Chaliff, 39 Log Cabin Hollow Road, Mt. Vernon, Ky. 40456 have been appointed Co-Executrices of the Estate of Pauline Ramsey on the 20th day of August, 2018. Any person having claims against said estate shall present them, according to law, to the said Norma R. Eversole and Pamela R. Chaliff or to Hon. John D. Ford, 45 East Main St., P.O. Box 247, Mt. Vernon, Ky. 40456 on or before Feb. 20, 2019 at 11 a.m. 33x3

**Notice is hereby given that** Bige W. Towery, Jr., 470 Richmond St., P.O. Box 41, Mt. Vernon, Ky. 40456 has

been appointed Executor of the Estate of Doris Griffin Towery on the 16th day of July, 2018. Any person having claims against said estate shall present them, according to law, to the said Bige W. Towery, Jr., or to Hon. Joseph P. Lambert, P.O. Box 989, Mt. Vernon, Ky. 40456 on or before Jan. 16, 2019 at 9:30 a.m. 34x3

**Notice is hereby given that** Judith M. Foster, 548 Orchard View Place, Cincinnati, OH 45238 has been appointed administratrix of the estate of Patricia Diane Fain on the 1st day of August, 2018. Any person having claims against said estate shall present them, according to law, to the said Judith M. Foster on or before February 4, 2019 at 11:00 a.m. 35x3

**Notice is hereby given that** Debbie Cameron, 260 Manchester Street, Crab Orchard, KY 40419 and Lisa Bustle, 310 Paul Street, Mt. Vernon, KY 40456, have been appointed co-executrices of the estate of Rose Marie Kirby on the 5th

day of September, 2018. Any person having claims against said estate shall present them according to law, to the said Debbie Cameron and Lisa Bustle, or to Hon. John D. Ford, PO Box 247, Mt. Vernon, KY 40456 on or before March 6, 2019 at 9:30 a.m. 35x3

## Professional Services

**Need a metal roof or a new deck put on or laminate flooring installed?** Call Steven at 606-308-5462.

**Hayes Gravel Hauling and Driveway Spreading.** 256-4695 or 859-544-7730.

**J and R Pressure Washing.** Pressure washing of all type homes, outbuildings, decks, sidewalks and concrete patios. Owner and operator Jonathon Collins. Free estimates. 606-308-3533 or 758-1986. 49x4p

**Jonathan Collins Remodeling and Repair Service.** Home improvements of any kind from doors and windows, painting, new floors, to roofs and decks - will do it all. Any home, any problem. "we're the one to call." 606-308-3533 or 758-1986.

**Owens Monument:** Located behind Owens Funeral Home in Brodhead. Open Mon-Fri. 8 to 5 and Sat. 9 a.m. to noon. 606-758-9600. 14xntf

**Grave Markers & Monuments:** In stock at all times. McNew Monument Sales, US 25, 4 miles north of Mt. Vernon. Phone 256-2232.

**U Call We Haul!** Anything that fits on a truck. Local or long distance. Building demolition - moving clean-ups - landscaping. No garbage. 606-256-9222 or 308-1629. 35xntf

**Gail's Pampered Pooch** 57 West Main St., Brodhead. For appt. call 606-758-0064

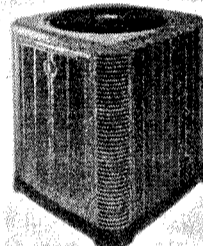
## Miller Concrete

**Concrete and Bobcat Work**

Driveways, Floors, Walls, Curbs, Sidewalks  
606-392-3548 or 606-386-1281

**Upgrade your old heating and air with a new high efficiency heat pump from Rheem**

**Financing Available**  
36 Months  
Same As Cash\*  
\*On qualified equipment  
Expires May 31, 2018



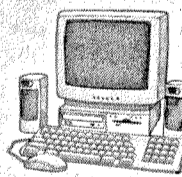
**Winstead's Heating & Air**

Visa, Mastercard, Discover  
Pat Winstead HM0434  
606-256-1038 • 606-308-4825

## On-Site Computer Service

**Tired of sending your computer away to get it fixed?**

**Call and let us come to you for all your computer needs!**



**Setup, Consultation, Software/Hardware Conflicts Virus/Spyware Removal Reasonable Rates**

**Call Spencer Bengel 606-308-5653**

## John's Repair

**Appliance & Plumbing**  
Faucet & Toilet  
308-5646  
John Tyler, Owner

## PERRY'S Autobody & Auto Rental Service

24/7 Wrecker Service Available  
**PERRY & AMY MINK PROPERTIES, LLC**  
Storage and Rental Units • 12x20 units fully lined floor to ceiling & fenced for your security  
Fairground Hill off Hwy. 150 • 110 Old Somers Rd. Mt. Vernon  
606-256-5198 or 606-308-1008

## Heating & Air

**Amana** Heating & Air Conditioning  
LASTS AND LASTS AND LASTS  
**Goodman**  
Thank goodness for Goodman.

## COMPLETE HOME COMFORT

Locally owned and Located at:  
**523 West St. • Brodhead, Ky.**  
**Rodney Smith**  
758-0155 • 256-1683 • 859-661-5986  
We service all Brands and Models • 20+ years experience  
Free Estimates - Affordable Service - Call for Rates  
Expert Installation & Troubleshooting • Friendly Hometown Service  
**Heat Pumps and Gas Furnaces**  
Fully Licensed and Insured HVAC and Electrical • MO-4808 and CE63779

## Mechanic On Duty

**All Types of Repairs**  
We do muffler & exhaust replacement and custom pipe bending

## David's Tire Center

24 Hr. Towing & Recovery LLC  
1431 S. Wilderness Rd. (US 25)  
Mt. Vernon  
David & Josh Thompson, Owners  
Office/24 Hr. Wrecker  
606-256-4606  
Save On All Major Brand Tires For Cars & Trucks  
Farm Tractors • Lawn & More

**BISHOP TIRE & AUTO CARE**  
495 RICHMOND STREET • MT. VERNON, KY  
We Sell Custom Rims  
SALES@BISHOPTIRES.COM 606-256-4029

**BURKE ROOFING**  
(606) 386-9732  
**Robert Burke**  
Shingles or Metal  
New and Old Roofs

**Lester Kirby Tree Service**  
and More  
NO JOB TOO BIG OR TOO SMALL  
FREE ESTIMATES  
FULLY INSURED  
Home: (606) 453-4328  
Cell: (606) 308-2882  
(606) 308-9902  
Dallas and Renee Clifford  
Owner/Operator  
204 Lower Calloway Loop  
Mount Vernon KY 40456  
l.kirbytreeservice@yahoo.com

## BEE Garbage

256-2334  
Weekly residential curbside pickup  
\$19<sup>00</sup> per month with Curb Cart

**CLIFFORD Collins BACKHOE, LLC.**  
**Septic Tanks**  
• Cisterns • Farm Products  
• Storm Shelters • Retaining Walls  
606-256-2535

## Town & Country

**24 HR. WRECKER SERVICE**  
All Types of Mechanic Work  
Call 256-9634 days or 256-4650 nights

## Morgan Plumbing

**Service & Repair**  
New Construction • Commercial & Residential Service  
Fully Insured • All Work Guaranteed  
256-4766 • 606-232-0666

# SAVE BIG ON THE LAST OF THE 2018 TOYOTAS

# OWN A NEW TOYOTA FOR LESS

# UP TO \$8,000 OFF MSRP\*\*

**2019 TOYOTA Corolla**  
 MSRP \$22,239

5-Door Hatchback  
 Model 6272  
 SE, 4 Cyl, Auto  
 Stock #2283

**\$1,228 OFF MSRP**

**2018 TOYOTA YARIS iA**  
 MSRP \$17,945

Model 6262  
 Auto, 4 Cyl.  
 Stock #1799

**\$1,364 OFF MSRP** Sale Price **\$16,581**

**2019 TOYOTA C-HR**  
 MSRP \$28,561

Model 2408  
 Limited, Auto, 4 Cyl.  
 Stock #2284

**\$1,422 OFF MSRP**

**2018 TOYOTA Corolla**  
 MSRP \$21,689

Model 1864  
 SE, Auto, 4 Cyl.  
 Stock #2135

**\$2,711 OFF MSRP** Sale Price **\$18,978**

**2018 TOYOTA Prius**  
 MSRP \$28,562

Model #1225  
 Three Model, 4 Cyl., Auto  
 Stock #2119

**\$2,451 OFF MSRP**

**2018 TOYOTA Camry**  
 MSRP \$25,324

Model #2532  
 LE, 4 Cyl, Auto  
 Stock #2300

**\$2,679 OFF MSRP** Sale Price **\$22,645**

**2018 TOYOTA Tacoma**  
 MSRP \$37,837

Model 7544  
 TRD Off Road, V6, 4WD, Auto,  
 Stock #2322

**\$3,113 OFF MSRP**

**2018 TOYOTA RAV4**  
 MSRP \$25,954

Model 4430  
 LE FWD, 4CYL, AUTO  
 Stock #2320

**\$3,462 OFF MSRP** Sale Price **\$22,492**

**2018 TOYOTA 4Runner**  
 MSRP \$48,254

Model 8668  
 Limited, V6, Auto, 4WD, Stock #2129

**\$3,969 OFF MSRP**

**2019 TOYOTA Avalon**  
 MSRP \$44,888

Model #3548  
 Touring, Auto, V6  
 Stock #2185

**\$3,746 OFF MSRP**

**2018 TOYOTA Tundra**  
 MSRP \$36,563

Model #8339  
 Auto, 4WD, V8, Stock #2266

**\$4,290 OFF MSRP** Sale Price **\$32,273**

**2018 TOYOTA Sienna**  
 MSRP \$35,379

Model #5338  
 LE, Auto, V6  
 Stock #2137

**\$4,840 OFF MSRP** Sale Price **\$30,538**

**2018 TOYOTA Highlander**  
 MSRP \$49,396

Model #6957  
 Limited, AWD, V6, Auto  
 Stock #2344

**\$5,000 OFF MSRP**

**2018 TOYOTA SEQUOIA**  
 MSRP \$65,194

Model #7929  
 Platinum, V8, Auto, 4WD  
 Stock #1430

**\$8,000 OFF MSRP** Sale Price **\$57,194**

\*\*\$8,000 OFF MSRP on 2018 Sequoia AWD Limited, V8, Auto, 52V Stock #2290. Model #7929 MSRP \$65,194. MSRP \$57,194. Dealer Discount \$5,000. Rebate \$3,000 from FMS. Does not include \$299.50 Dealer Processing Fee. 2018 COROLLA 5-DOOR HATCHBACK - SAVE UP TO \$1,228 OFF MSRP \$22,239. MODEL 6272, SE, AUTO, 4CYL, \$22,239 MSRP. 2018 YARIS iA - UP TO \$1,364 OFF MSRP. SALE PRICE OF \$16,581. MODEL 6262, SE, AUTO, 4CYL, \$17,945 MSRP. 2018 C-HR - UP TO \$1,422 OFF MSRP AND SALE PRICE OF \$27,143. MODEL 2408, SE, AUTO, 4CYL, \$28,561 MSRP. 2018 PRIUS - SAVE UP TO \$2,451 OFF MSRP AND SALE PRICE OF \$26,111. MODEL 1225, SE, AUTO, 4CYL, \$28,562 MSRP. 2018 CAMRY - SAVE UP TO \$2,679 OFF MSRP AND SALE PRICE OF \$22,965. MODEL 2532, LE, AUTO, 4CYL, \$25,324 MSRP. 2018 TACOMA - SAVE UP TO \$3,113 OFF MSRP AND SALE PRICE OF \$34,724. MODEL 7544, TRD OFF ROAD, 4WD, AUTO, V6, \$37,837 MSRP. 2018 RAV4 - SAVE UP TO \$3,462 OFF MSRP AND SALE PRICE OF \$22,492. MODEL 4430, LE FWD, 4CYL, AUTO, \$25,954 MSRP. 2018 4RUNNER - SAVE UP TO \$3,969 OFF MSRP AND SALE PRICE OF \$44,285. MODEL 8668, LIMITED, 4WD, AUTO, V6, \$48,254 MSRP. 2018 SIENNA - SAVE UP TO \$4,840 OFF MSRP AND SALE PRICE OF \$30,538. MODEL 5338, LE, AUTO, V6, \$35,379 MSRP. 2018 HIGHLANDER - SAVE UP TO \$5,000 OFF MSRP AND SALE PRICE OF \$44,396. MODEL 6957, LIMITED, AWD, AUTO, V6, \$49,396 MSRP. 2018 SEQUOIA - SAVE UP TO \$8,000 OFF MSRP AND SALE PRICE OF \$57,194. MODEL 7929, PLATINUM, 4WD, AUTO, V8, \$65,194 MSRP. 2018 YARIS iA - SAVE UP TO \$1,364 OFF MSRP AND SALE PRICE OF \$16,581. MODEL 6262, SE, AUTO, 4CYL, \$17,945 MSRP. 2018 C-HR - SAVE UP TO \$1,422 OFF MSRP AND SALE PRICE OF \$27,143. MODEL 2408, SE, AUTO, 4CYL, \$28,561 MSRP. 2018 PRIUS - SAVE UP TO \$2,451 OFF MSRP AND SALE PRICE OF \$26,111. MODEL 1225, SE, AUTO, 4CYL, \$28,562 MSRP. 2018 CAMRY - SAVE UP TO \$2,679 OFF MSRP AND SALE PRICE OF \$22,965. MODEL 2532, LE, AUTO, 4CYL, \$25,324 MSRP. 2018 TACOMA - SAVE UP TO \$3,113 OFF MSRP AND SALE PRICE OF \$34,724. MODEL 7544, TRD OFF ROAD, 4WD, AUTO, V6, \$37,837 MSRP. 2018 RAV4 - SAVE UP TO \$3,462 OFF MSRP AND SALE PRICE OF \$22,492. MODEL 4430, LE FWD, 4CYL, AUTO, \$25,954 MSRP. 2018 4RUNNER - SAVE UP TO \$3,969 OFF MSRP AND SALE PRICE OF \$44,285. MODEL 8668, LIMITED, 4WD, AUTO, V6, \$48,254 MSRP. 2018 SIENNA - SAVE UP TO \$4,840 OFF MSRP AND SALE PRICE OF \$30,538. MODEL 5338, LE, AUTO, V6, \$35,379 MSRP. 2018 HIGHLANDER - SAVE UP TO \$5,000 OFF MSRP AND SALE PRICE OF \$44,396. MODEL 6957, LIMITED, AWD, AUTO, V6, \$49,396 MSRP. 2018 SEQUOIA - SAVE UP TO \$8,000 OFF MSRP AND SALE PRICE OF \$57,194. MODEL 7929, PLATINUM, 4WD, AUTO, V8, \$65,194 MSRP. 2018 YARIS iA - SAVE UP TO \$1,364 OFF MSRP AND SALE PRICE OF \$16,581. MODEL 6262, SE, AUTO, 4CYL, \$17,945 MSRP. 2018 C-HR - SAVE UP TO \$1,422 OFF MSRP AND SALE PRICE OF \$27,143. MODEL 2408, SE, AUTO, 4CYL, \$28,561 MSRP. 2018 PRIUS - SAVE UP TO \$2,451 OFF MSRP AND SALE PRICE OF \$26,111. MODEL 1225, SE, AUTO, 4CYL, \$28,562 MSRP. 2018 CAMRY - SAVE UP TO \$2,679 OFF MSRP AND SALE PRICE OF \$22,965. MODEL 2532, LE, AUTO, 4CYL, \$25,324 MSRP. 2018 TACOMA - SAVE UP TO \$3,113 OFF MSRP AND SALE PRICE OF \$34,724. MODEL 7544, TRD OFF ROAD, 4WD, AUTO, V6, \$37,837 MSRP. 2018 RAV4 - SAVE UP TO \$3,462 OFF MSRP AND SALE PRICE OF \$22,492. MODEL 4430, LE FWD, 4CYL, AUTO, \$25,954 MSRP. 2018 4RUNNER - SAVE UP TO \$3,969 OFF MSRP AND SALE PRICE OF \$44,285. MODEL 8668, LIMITED, 4WD, AUTO, V6, \$48,254 MSRP. 2018 SIENNA - SAVE UP TO \$4,840 OFF MSRP AND SALE PRICE OF \$30,538. MODEL 5338, LE, AUTO, V6, \$35,379 MSRP. 2018 HIGHLANDER - SAVE UP TO \$5,000 OFF MSRP AND SALE PRICE OF \$44,396. MODEL 6957, LIMITED, AWD, AUTO, V6, \$49,396 MSRP. 2018 SEQUOIA - SAVE UP TO \$8,000 OFF MSRP AND SALE PRICE OF \$57,194. MODEL 7929, PLATINUM, 4WD, AUTO, V8, \$65,194 MSRP. Prices do not include KY Sales Tax or a \$299.50 dealer processing fee. Offers good through September 30, 2018.