

YOU don't use as much Calumet as you do of most other Baking Powders. It has more than ordinary leavening strength. You save about half.

You don't pay a big price for Calumet. It's sold at a moderate price—that represents another saving.

You don't feel uncertain as to results. Baking never fails—because Calumet never falls below the proven standard of "best by test."



It possesses the highest quality ever put into a Baking Powder. Contains only such ingredients as have been officially endorsed by United States Food Authorities.

For weeks, for months, it keeps as fresh and full of strength as the day it left the Calumet Factories, the World's Largest, most Sanitary and Modern Baking Powder plants.

It is important that you use only straight wheat flour (not self-rising flour) and pure baking powder if you wish to obtain the plump demanded by sound health.

Calumet Gold Cake Recipe

Yolks of 8 eggs,
1 1/2 cups of granulated sugar, 1/2 cup of water, 2 1/2 cups pastry flour, 3 level teaspoon Calumet Baking Powder, 1 tablespoon of vanilla. *Put a mix in the refrigerator way.*

REGRETS



SCHOOLS STAND STILL

Everybody and everything appear to have stood still. Few people read in libraries or libraries these days; but the children go to primary schools. The same kind of school, their parents at school.

Chicago's reputation for its schools stands still is the same in many portions of the country can be seen from the following extract from a letter written the Bureau of Education at Washington by Governor W. L. Harris of the great and progressive state of Iowa:

"I spent a week last September visiting our own country schools. I was amazed at the small progress that had been made in the last 20 years in these schools. I was also amazed at the interest manifested by the people who supported these schools, despite the whatever was necessary in the present time."

AUTOS OR SCHOOLS, WHICH?

From the automobile, the car has become a necessity for the farmer and his teachers are not getting a fair deal. Here is an interesting report published in School Life. It does not speak of rural schools, but the conditions are the same in the city.

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BETTER SCHOOLS IN NORWAY

Some of the nations on the other side of the Atlantic are pushing ahead in the practical solution of their school problem. Besides school, many children are taken on long vacations so they may become acquainted with what is going on in other localities. All of which proves constructive to that we in America must make our schools real schools for real 20th Century Children.

The following extract from School Life will give the reader an idea of these conditions which are being developed for school children in Norway.

"Visitors of pupils which were made in 1908 before the war are again conducted on a much larger scale than formerly. During the summer vacation many of the school buildings are opened as 'travel bureaus' and the seats and desks are moved out of the way, and the school buildings are equipped as a pupils home. Folleskoln reports that an arrangement like the following has been found satisfactory: A certain number of beds in a school building with 22 cots, mattresses, pillows, and blankets, and 6 washbasins. These are arranged in a room, and the pupils, with the 2 teachers in charge, travel and sheets are brought by the travelers themselves.

"The school in Norway is included with a school kitchen. There is a kitchen in the school building and the cooking utensils in preparing breakfast. The meals must be taken at some of the best hotels and very good hotels that are found at all principal ports. All arrangements are made beforehand, so that each bureau and hotel knows when extra parties to arrive.

"Toys and gifts are sent separately. It is always possible to get very much reduced rates for a school excursion. Pupils from different countries visit each other in this way; the present season will have pupils from Norway, Sweden, Denmark, Finland, Holland and Germany."

Douglas Fairbanks

= IN =

"He Comes Up Smiling"

See Douglas in the Role of a Tramp

Mr. Fairbanks has been aptly termed the Dare Devil of the Screen, and we venture to say that his reputation is fully justified by his daring stunts in his newest picture in which he appears as a Chesterfieldian hobo to whom every Knight of the Road pays reverent obeisance.

Mr. Fairbanks has never had a finer role and he never has given his admirers so much for their money as "He Comes Up Smiling" offers them.

A SPARKLING PICTURE. SEE IT.

TUESDAY, Nov.

Boone Way OPERA HOUSE

MT. VERNON KEN TUCKY

ADMISSION 20c and 30c — War Tax Included

DONT DESPAIR

If you are troubled with pains or aches; feel tired; have headache, indigestion, insomnia; painful passage of urine, you will find relief in

GOLD MEDAL HAMMILL OIL

The world's standard remedy for kidney, liver, bladder and uric acid troubles and National Remedy of Holland since 1908. Three uses, all druggists. Guaranteed. Look for the same Gold Medal on every box and accept no imitation.

WANTED—Men or women to take orders among friends and neighbors for the genuine guaranteed hosiery, full line for men, women and children. Eliminate darning. We pay 75 cents an hour spare time, or \$36.00 a week for full time. Experience unnecessary. Write: International Stocking Mills, Norrisstown, Pa.

L. W. BETHURUM

ATTORNEY AT LAW
MT. VERNON, KY.
Will practice in all the courts.
Office on Church Street

THE AMERICAN RED CROSS IN PEACE TIME
Disease Prevention



Through its Health Service the American Red Cross has begun a nationwide concentrated effort in co-operation with established organizations to reduce greatly the amount of preventable disease and physical defects found among the country's 105,000,000 population. Education is its most powerful tool. Special attention is devoted to children, and this picture shows a typical Red Cross welfare clinic where little ones are treated and mothers instructed in the proper care of them.

ADVERTISE IN SIGNAL AND WATCH RESULTS



STILL the GREATEST MOTHER in the WORLD

The "Greatest Mother" concept which was visualized in the famous poster used by the American Red Cross in its second year fund campaign has had its symbolism adapted to the Red Cross work of the post-war era and will illuminate the mail poster to be used in the Fourth Red Cross November 1925. This adaptation will bear the title "Still the Greatest Mother in the World." Everyone is familiar with the original "The Greatest Mother in the World," the effectiveness of which has been shown in part by the fact that it has furnished a synonym for Red Cross that has come to almost a household term. More than any other symbol, except the Red Cross itself, the public has made it the trademark of the American Red Cross.

ECZEMA
Never back without question. Treatment of ECZEMA, ITCHING, SORE THROAT, OTHER ILLING skin diseases. Try a 25 cent box at our risk. SOLD BY Pioneer Drug Store

C. C. Willson's ATTORNEY AT LAW
MT. VERNON, KY.
OFFICE: On 3rd floor of Bank of Mt. Vernon, on Church St. Special attention Non given collection.

YES IT CAN BE DYED OR CLEANED

That last year's suit or dress can be made to appear like a **New One.** Send Via Parcel Post.

SWISS CLEANERS & DYERS
909 6th Street Louisville, Ky.

Get your stationery printing done at the Signal Office after the election

The FORDSON Tractor
The Farmer's Friend

During the past year **The Fordson Tractor** has demonstrated that it is the Worlds Leading Farm Tractor. Over 200,000 users testify to this fact

The Fordson is being used, as tractor has never been worked before, and for every purpose imaginable—plowing, discing, harrowing, rolling, drilling, haying, harvesting, threshing, filling silos, sawing wood, logging, dragging and grading roads, and hundreds of other jobs.

THE FORDSON TRACTOR WILL DO MORE THAN TEN HORSES

- It will plow one acre of land in one hour for less than 25c.
- It will thresh 100 bushels of wheat for 25c.
- It will pull more than 10,000 pounds over the average road.

Mr. Farmer you cannot afford to be without one
Ask For A Demonstration.

BRYANT BROTHERS

Located on
BOONE and DIXIE
Highways
Home of Booneway

Mount Vernon Signal

Centrally Located
between
Cincinnati, Knoxville
& Louisville

FOR A GREATER ROCKCASTLE"

Established 1887—34th Year—No. 3

Mt. Vernon, Rockcastle County, Kentucky

Friday Afternoon, November 5, 1920

Price \$1.50 PER YEAR
IN ADVANCE

HARDING AND POLLOCK CHOSEN

Brodhead News

At the election week of very quiet. The women turned out fine to do their bit, as did the men and Harding carried both precincts—Mrs. Alfred Owens has been very sick but is improving—Mrs. J. F. Watson has returned from a visit with her daughter, Mrs. John Robins, at Nicholasville. Miss Ella Cobb Newland was at home from Crab Orchard first of the week—Miss Clyde Watson was at home from Mt. Vernon Tuesday to date—Miss Elizabeth Lovell, of Stanford, visited Mr. and Mrs. N. J. Vanhook last of the week—Miss Nellie Payne was kept from her school last week on account of sickness—Mr. and Mrs. Jack Leece have the sympathy of all in the loss of their young month old baby, who died at their home near Gum Sulphur Monday—Walter Robins was in Mt. Vernon

week—Brodhead girls defeated Mt. Vernon girls at Basket Ball played first Friday. Both teams played fine—Mr. and Mrs. Robt. Taylor write that they are well satisfied with their new home at Bridgeton, Mo.—W. M. Sowers is numbered with the sick.

PUT FIGHTING QUALITIES IN YOUR BLOOD

If You Are Pale and Weak, Without Ambition, You Need a Tonic

TRY TAKING PEPTO-MANGAN

Rich, Red Blood Fights Off Disease and Keeps You Well and Enables You to Work With Pleasure.

Serious sickness often comes when you least suspect. You may feel a little over tired. You haven't been exposed to contagion, but all of a sudden you are flat on your back.

Your blood did not have fighting qualities. It was weak and thin. Your vitality and resistance were low.

When you overdo you use up energy. Your blood is driven to do more than it can. It becomes clogged with waste. The waste acts like poison. Disease germs get in your blood and do damage.

Don't let yourself get run down. Take that good tonic, Pepto-Mangan. It makes rich, red blood that will resist and route out disease germs.

Pepto-Mangan is widely and heartily endorsed by physicians. It is effective and easy to take. Comes in either liquid or tablet form. Both have the same effect. Sold at any drug store. But be sure you get the genuine Pepto-Mangan "Gades." Ask for it by the name and be sure the full name "Gades" Pepto-Mangan is on the package.

Advertisement.
LAST on or about Oct. 10th one Black and Tan bitch with white points. Wearing a chain collar. S. B. o. Harry, Ky. Name on collar. Liberal reward for return to Emmet Parkerson, Hiatt, Kentucky. 4-

Declares Filipinos All Want Independence

Former Illinois Congressman, Back From Philippines, Gives Interesting Views on Island Affairs.

BY FORMER CONGRESSMAN CLYDE H. TAVENNER.



The 10,000,000 inhabitants of the Philippines are ardently unanimous in their desire for independence.

This is the strongest impression made upon me since I have brought back with me after touring the islands from one end to the other, and after having called to my attention all classes of the people.

I found, however, that the viewpoint of Americans in the Philippines, and Americans in the United States, on the subject of independence is not the same.

The attitude of the American government, and the great mass of the people of the United States, is to consider the Philippine question from the standpoint of what is best for the Filipino people.

Ninety-five per cent of the opposition to independence emanates from America. In the islands who are quite naturally more interested in the size of their pockets than in their freedom.

The attitude of the American government, in order to convince the people of the United States that the Philippine people are not fit for independence, and that it is necessary to lead an entire race. To tell a sensitive Christian people that they shall not have their promised independence because they are not fit for it will do little to gain a substantial policy.

At the present time, however, the masses of the Filipino people still have absolute confidence in the good faith of America. Their loyalty and gratitude to Uncle Sam has not as yet been shaken.

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1000 - 500

One thousand Junior Agricultural Club Members for Rockcastle County and 500 for Southern Madison County, is our slogan this year.

All boys and girls between 10 and 18 years of age, who want to raise the stock poultry or crops with the aid of State College of Agriculture and U. S. Department of Agriculture thru the County Agent, will have an opportunity to enroll as a member during the months of November and December.

The enrollment will be made through the schools. The teachers will aid in this work. Application cards will be sent to teachers for club members to fill out and return to the teachers and teachers will return to county agent. Applications will also be taken from boys and girls who are not in school; they are between 10 and 18 years of age.

Kentucky's slogan is "21,000 for 21st." Rockcastle and Eastern Madison wants to help make the list 21,000.

For further information write County Agent, Berea, Kentucky. JUNIOR AGRICULTURAL CLUB WORK.

Objects:
1. To encourage and train boys and girls along the lines of the activities of country life.

2. To put into practice the facts of scientific Agriculture obtained from books, bulletins, etc.

3. To bring the school life of the boy or girl into closer relationship to his or her home life.

4. To assist in the development of the Coöperative in the family and in the Community.

5. To dignify and magnify the vocation of the farmer, demonstrating big returns when it is properly conducted.

6. To enlarge the vision of the boys and girls to give them definite purposes at an important period in their lives.

7. To furnish to the aggressive progressive rural school teacher an opportunity to vitalize the work of his school by correlating the teaching of Agriculture with actual practice.

ADVANTAGE OF JUNIOR CLUB WORK.
1. Each member will receive a record book in which to keep records of crops or animals or both.

2. Each member will receive a lesson bulletin which takes up his or her work and explains it thoroughly.

3. Each member will receive a club button which shows that he or she is a member.

4. Each member will receive a letter from the County Agent from time to time, pertaining to the work the member is doing.

5. Each member will have a chance to win a free trip to State Fair like Willard Baker, (Madison) and Everett Reynolds (Rockcastle) did in 1920.

both in community, county and state fairs.

Each member will be given school credit if school is in session at the time the member is attending community meeting, county meeting, county camp, state camp, junior week at Lexington, or state fair at Louisville.

Each member has a chance to make one half unit credit, during summer work, which will be given in school for Agricultural work.

Each member has a chance to study better methods of Agriculture at home.

TO PARTIES, TRUSTERS AND SCHOOL TEACHERS.
The County Agent of Rockcastle and Southern Madison, would like to have assistance of parents, school trustees and teachers in helping to enroll and organize

Junior Club Members for 1921. November and December are the months in which this work will be done. School teachers will receive application cards for members to fill out and return. Parents, trustees and all others are asked to support and encourage this movement by insisting and urging our young people in the County to join a club and take advantage of what the State College of Agriculture, and U. S. Department of Agriculture is offering without price. It's all free.

WANTED—Man with team or auto, who can give bond; to sell 137 Watkins home and farm products. Biggest concern of kind in world. \$1500 to \$5000 yearly income. Territory in this county open. Write today to J. R. WATKINS CO., Dept. 144, Winona, Minn.

The World's Most Beautiful Volcano



Mount Mayon, now quiet, but which in the recent past has taken many lives and destroyed much property. The Philippine Islands are one of the most interesting lands in the world for the American tourist to visit.

Mount Mayon, in the province of Albay, Philippine Islands, is declared to be one of the most beautiful volcanoes in the world. No matter from which side the mountain is viewed, the cone is almost perfectly symmetrical. The summit of the volcano is much to do with its exquisite beauty, as it rises to a height of 2923 feet from an almost level plain. The peak is visible for more than 60 miles. Its regular, bare slopes near the top give rare reflections from the illumination of the sun, while at its base is one of the most productive and picturesque landscapes to be seen anywhere in the world. A magnificent road, 120 miles in length, creeps the mountain at its base, passing through the most varying scenery. Mayon has a history as an active volcano. It has destroyed whole towns. The most destructive eruption was in 1851, when 1200 persons were killed. It last came to life in 1905, spilling a river of lava into the sea to a distance of 6 miles from the crater. Since then it has been quiet.

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5. Each member will have a chance to win a free trip to State Fair like Willard Baker, (Madison) and Everett Reynolds (Rockcastle) did in 1920.

6. Each member will receive club songs and yells.

7. Each member will have a chance to attend our State and County club camps.

8. Each member will have a chance to go to Lexington during Junior week.

9. Each member will have a chance to attend County and Community picnics.

10. Each member will have a chance to win a certificate of achievement and certificate of merit.

11. Each member will have a chance to exhibit in all club exhibits.

The Right Direction

If you are going anywhere, the natural thing to do is to travel in the direction of the place you desire to reach. The speed you make merely regulates the time of your arrival — if you are headed right.

It is not the amount of money you save, but the fact that you have begun to save, that invests the act with a certain moral influence which, properly encouraged, becomes stronger and stronger all its life time. That's why we urge you to open an account with us and get started on the right road, where the going is easy. Start an account today and watch it grow.

THE BANK OF MT. VERNON

T. J. Nicely, President.
W. L. Richards, Cashier.

THE AMERICAN RED CROSS IN PEACE TIME

Aiding Poland

But for the work of American Red Cross agents in all regions of Poland during the last twelve months, hundreds of thousands of people in that country today would be under the sod, victims of hunger, disease and exposure. The job in Poland is one of tremendous proportions and cannot be abandoned for many months to come. Here is a typical scene: "Red Cross worker" at the kitchen where the heads of undernourished women and children are fed daily.

Advertisement for The Peoples Bank. Includes text: "You won't miss the dollars you save and deposit in a Savings Account any more than those you spend." "A habit is about all you get from spending money for trifles and passing pleasures. While from the dollars you place in a Savings Account, you build an interest earning capital—a permanent fund that brings lasting benefits." "The Peoples Bank" Capital and Surplus \$50,000.00. T. G. Baber, President. Floyd Miller, Cashier.

Printed at the Mt. Vernon Post Office as second-class mail matter.
Published every Friday by R. H. MILLER

REPUBLICAN TICKET ELECT

For President Warren G. Harding, of Ohio
For Vice President Calvin Coolidge, of Massachusetts
For Congressmen, 11th Dist J. M. Robson, Barcoure, Ky.

THE National election is now behind us and the people know the result. It was a glorious result. It was a glorious victory, the triumph of a great cause. The whole Nation rejoices that Wilson's death-trap, the League of Nations, is dead, and will be returned to Europe for interment.

Now that the National election is behind us, we should turn our attention to matter of interest locally to us. At the next general election the voters will be called upon to elect county and district officers for another term. The Signal will take no part as between Republicans for county nominations. It will accord to all candidates fair and just treatment, and support the nominees of the primary whoever they may be. In the races for Circuit Judge and Commonwealth's Attorney, it will take an active part, having already made a choice. The Signal is pleased to announce that it will advocate the cause of Judge B. J. Bethurum for the Republican nomination for Circuit Judge and that of Judge Walter N. Flippin for the Republican nomination for Commonwealth's Attorney. These gentlemen are sterling Republicans with clean records as such. They are clean, conscientious men and have lived up to their oaths of office, and the obligations which they assumed. This will not be denied. They are sober men. They are painstaking, obliging officers, always ready and willing to serve the public, are fully competent to do so. They make a good team and work well together.

Both Bethurum and Flippin are very popular in this county, and it is safe to say that at least 95 per cent. of the Republicans of Rockcastle will support them at the next August primary. It is not thought that they will have opposition in the primary. If they do, it will not be serious.

Vote By Precinct
Rockcastle County

Precinct	Handling		Furnish	Breakdown
	Cox	Farmer		
E. Mt. Vernon	154	55	153	22
S. Mt. Vernon	129	69	129	69
W. Mt. Vernon	253	139	251	136
N. Mt. Vernon	129	91	129	90
Roundstone	231	28	225	26
New Scotland/Cane	68	27	68	27
Tan York	225	20	222	20
Wildie	193	80	193	80
Powers	171	12	171	12
Orlando	125	73	122	70
Crook/Creek	181	139	181	139
Red Hill	194	15	189	14
W. Livingston	157	69	161	65
E. Livingston	247	72	232	73
East Park	145	51	143	51
Pongo	129	43	129	43
Bullock	108	38	105	38
Brown	145	206	149	208
S. Brodhead	241	182	241	182
N. Brodhead	197	117	186	116
Pine Hill	151	49	151	49

Board of Education

- W. M. Alcorn
- Larkin Abney
- J. S. Swindor
- W. A. Mullins
- G. A. Bullock

States For Harding

- Arizona
- California
- Colorado
- Connecticut
- Delaware
- Idaho
- Illinois
- Indiana
- Iowa
- Kansas
- Maine
- Maryland
- Massachusetts
- Michigan
- Minnesota
- Missouri
- Montana
- Nebraska
- Nevada
- New Hampshire
- New Jersey
- New Mexico
- New York
- North Dakota
- Ohio
- Oklahoma
- Oregon
- Pennsylvania
- Rhode Island
- South Dakota
- Tennessee
- Texas
- Vermont
- Washington
- West Virginia
- Wisconsin
- Wyoming

For Cox

- Alabama
- Arkansas
- Florida
- Georgia
- Louisiana
- Mississippi
- North Carolina
- South Carolina
- Texas
- Virginia

TO THE VOTERS, especially the Women of North Brodhead Precinct: I wish to extend to each and every one of you my thanks and appreciation for your hearty support and cooperation in the recent election.

G. B. Brock,
Precinct Chairman Republican Party.

HAMMERMILL BOND
Letterheads
Envelopes
Bill Heads
Give Us Your Orders for Printing

THE AMERICAN RED CROSS IN PEACE TIME
With the Soldiers

EGZEMA
Suffer without cure until you use HILLS' CASCARA QUININE. It is the only medicine that cures Eczema, Psoriasis, Itch, and other skin diseases. It is a blood purifier and a tonic. It is the only medicine that cures Eczema, Psoriasis, Itch, and other skin diseases. It is a blood purifier and a tonic.

Rockcastle County Farmers Show Progress

As Well As Pride In Their Homes
We are pleased to note that a large number of the progressive Farm and home owner are taking pride in their living conveniences, comfort and improvements to their homes and farms by installing no cost Up to date Lighting, Cooking, Heating and Heating Systems. Those who have plants already installed in their homes and well pleased, are:

- Jim Moore
- John Mink
- G. W. Brown
- R. H. Hays
- W. C. Vines
- O. M. Pearce
- John Berry
- M. C. Snyder
- Jim Nov
- Miss Mathis
- W. R. Manning
- E. R. Manning
- T. R. Mathis
- W. M. Mann

Numerous other homes will be bright and well maintained as fast as their owners arrive in the H. C. C. C. Factory at Glasgow, Ill.

"A TEN YEAR TEST"

July 1-1919
Factory at Chicago, Ill.
Gents:—I installed one of your automatic feed Colt Lighting outfits about ten years ago. This was used for lighting the store rooms and hotel. It has given perfect satisfaction, and I have never been at any expense for repairs on this plant.

Very truly,
Clarence Owens,
C. C. BATES
Representative
MT. VERNON, KY.

THE WOMAN'S BALLOT

That rocks the May of November has come. The girl of the year: With habits evolving in the air, Celebrating Warren G. Harding's 35th birthday. The ballots they fall thick and fast. Like her own leaves in the wind. They sure showed under Jimmy Cox, And others of his kind. From out the "ward" comes a cry, A sort of flying word, Which indicates that some one there, Has wasted the rooster's tail. One fellow writes all over the State, A gift for Ross prepared; A wail of protest for his brow, "We did not break faith." So the banners flew about the land, For Cox's Cox will be very safe. They're being headed by Harding's band, Their waste has not been in vain. The ballot that best served us well, With them the "falling torch we now hold high;" Long may old Glory wave to wave, May our country's peace and prosperity never die. Submitted by Mrs. S. C. Franklin, Mt. Vernon, Ky.

THANKFUL FOR GOOD PE-RU-NA DID HER YEARS AGO
Keeps the Medicine with Her for Safety
Mrs. Carl Linder, R. F. D. No. 2, Box 44, Dassel, Minnesota, writes: "I want to thank you for your kindness and the good your remedy did me years ago. I am perfectly well and visiting in Spokane, Wash. Were it not for Pe-Ru-NA I would not have been able to make this trip. I always take your medicine with me for safety should I take cold. Be sure to Pe-Ru-NA as an emergency remedy for everyday ills. Pe-Ru-NA has been in use fifty years. TABLETS OR LIQUID SOLD EVERYWHERE"

TRADE/MORAL—Nobody would have known the Good Samaritan's kind act were it not for our Saviour's parable. Be the home folks' Good Samaritan, Mr. Merchant; make this paper your commercial bill; write your own parable and put it in our advertising columns.
Good hard American dollars grow on the advertising tree. THIS PAPER GETS AD. RESULTS—RESULTS BRING DOLLARS
(Copyright, 1918, by W. B. G. Co.)

DIRECTORY
CIRCUIT COURT—Judge—B. J. Bethurum, S. C. J. Clerk—T. J. Nisley, S. C. J. Master Commissioner—G. S. Criffin, Mt. Vernon. Trustee—Jury Fund—F. B. Miller, Mt. Vernon.
COUNTY COURT—Judge—Cain Mullins. County Atty.—S. D. Lewis. Clerk—S. F. Bowman. Sheriff—T. P. Langford. Jailor—Wade Livesay. Tax Commissioner—C. T. Sigmon. Surveyor—W. W. Durban. Coroner—Jack A. Jones.
COUNTY BOARD OF EDUCATION—Mrs. Alice Davis, Supt. J. O. Scougins, Supervisor. Div. No. 1.—Sam Prids, Burr. Div. No. 2.—E. L. Skidmore, Brodhead. Div. No. 3.—Geo. Bullock, Hanford. Div. No. 4.—L. T. Cliff, Pine Hill. Div. No. 5.—T. R. Mullins, Withers. Div. No. 6.—B. T. Abney, Disputanta.

Goes 70 Miles For More Tanlac

Gained 17 Pounds and Her Wonderful Improvement Is The Talk Of The Neighborhood.

It's no wonder that every one sees a change in mother since she began taking Tanlac for she has gained seventeen pounds and can get about better than for the last two or three years," recently declared T. R. Ellis, well known livestock dealer, living at Ramsey, Ky.

"My mother is now sixty-eight years old and for eight years had suffered from loss of appetite, nervousness, constant headaches, severe pains in the chest and back and frequent spells of dizziness. She came to our hat about five years ago that she had to give up all housework and spent most of her time in bed. During all that time she neither knew what it was to have a well earned night's rest, and her condition became so alarming that we were obliged to have her sent about again.

"One day she read in the papers about someone who had been greatly helped by Tanlac, and nothing would satisfy her until she had tried it herself. So I did for her. She had to travel 35 miles to Evansville and get her a bottle. She had to travel more bottles since then and she has actually gained seventeen pounds in weight, and it's easy since I saw her looking so well. She praises Tanlac all day long, and her remarkable recovery has made such a stir around Ramsey that scores of other sick people have been cured. Tanlac, which I spread results. I make a trip to Evansville every week and I always carry back a load of Tanlac for the neighbors. We all think there is no medicine like it, and everybody who gets it is looking nobody another.

Tanlac is sold in Mt. Vernon by H. C. Burt's in the store with the Brodhead Pharmacy, and in Livingston by R. G. Webb; in Burr by W. M. Owens.

ROCKFORD

Mr. James Grant who is very fit with cancer, is not expected to live but a short time.—Born to Mr. and Mrs. W. H. Stephens, a baby boy on October 30.—Miss Cordelia Anglin who has been visiting her aunt, Mrs. J. W. Lankford at Perry, has returned home.—Andrew Martin has returned from Hamilton, O., to cast a vote for Hardin.—Miss Angela Payne, who has been at Wildie for a few days, has returned home.—Morris Phillips has returned home from his trip to Disputanta, Ky.—G. W. Payne and Adair Williams visited Mr. and Mrs. W. H. Stephens Sunday evening. Mrs. May Ballen has a new separator.—Mrs. Spencer Abney and baby are getting along nicely.—The revival meeting is still going on at Fairview church.—K. T. Abney made a business trip to Mt. Vernon Monday.—Mrs. O. M. Payne visited relatives at Rockford Sunday night.—J. A. Quinn attended church at Fairview Sunday.—Frank Miller and son, William, have returned from Hamilton, Ohio.

ONLY A COLD.
Are you ill this evening answered: "It's only a cold" as if a cold was a matter of little consequence, but people are beginning to learn that a common cold is a matter not to be trifled with, that some of the most serious diseases start with a cold. As soon as the first indication of a cold appears, take Chamberlain's Cough Remedy. Remember that the sooner you get rid of your cold the less the danger, and this remedy will help you to throw it off.

WITCH!
Hills' Cascara Quinine
Neglected Colds are Dangerous
Take no chances. Keep this standard remedy handy for the first attack. Breaks up a cold in 24 hours—Relieves Croup in 3 days—Excelling for Headaches. Quinine in this form does not affect the head—Cascara in best Tonic Laxative—No Opium in Hills' ALL DRUGGISTS SELL IT

A Real Boy's Store—Third Floor
CRUTCHER & STARK'S
INDIVIDUALITY IN BOYS CLOTHING
4th & JEFFERSON
MIKE and IKE
wouldn't look so much alike if they wore our boys' clothes—because our boys' clothes have individuality.
The Store of Standardized Values
CRUTCHER & STARK'S
Granville R. Burton & Sons
Louisville—the Metropolis—Kentucky
Children's Barber Shop—Third Floor

THE AMERICAN RED CROSS IN PEACE TIME
Teaching First Aid
Every person married who practices first aid should take the American Red Cross instruction in First Aid. It is a life-saver and a pain-saver on the farm, in the factory, on the street, at the office, in the home, wherever accidents may occur. Here's a young wife who has just finished a course in first aid and is ready to go to work for her first aid instructor. Her mother was there to see her. The first aid instructor is the American Red Cross instructor, and probably presented a case of blood poisoning by giving prompt and proper treatment before the doctor arrived.

THE AMERICAN RED CROSS IN PEACE TIME
Junior Red Cross
THIS MEANS YOU
When you get up with a bad taste in your mouth, a dull tired feeling, no relish for food and are constipated, you may know that you need a dose of Chamberlain's Tablets. They not only cause an agreeable movement of the bowels but, cleanse and invigorate the stomach and improve the digestion.
FOR SALE: Thoroughbred Pure Bred for sale also thoroughbred Jersey cow.
Mrs. W. H. Miller, Mt. Vernon, Ky.
FOR SALE: One sewing machine, three beds, wood working shop, sell my residence on Richmond Street.
H. C. Gentry.

Children Cry FOR FLETCHER'S CASCARIA
Kill That Cold With HILLS' CASCARIA QUININE
FOR Colds, Coughs AND La Grippe
Neglected Colds are Dangerous
Take no chances. Keep this standard remedy handy for the first attack. Breaks up a cold in 24 hours—Relieves Croup in 3 days—Excelling for Headaches. Quinine in this form does not affect the head—Cascara in best Tonic Laxative—No Opium in Hills' ALL DRUGGISTS SELL IT

MT. VERNON SIGNAL
Mt. Vernon, Ky., Nov. 5, 1920



TIME TABLE
2 north 6:14 p.m.
24 north 8:35 a.m.
28 south 12:17 p.m.
21 south 12:22 a.m.

JAS. LANDRUM, Agent
Phone No. 8.

PERSONALS

J. D. Miller was home Tuesday.
Mrs. W. H. Fish and son, Win, are visiting in London.
Albert Hansel was up from Lexington Tuesday night.
Dr. M. Pennington was in Louisville Tuesday and Wednesday.
Rev. and Mrs. H. T. Young were in Lexington Thursday.
Mr. and Mrs. Henry Hopkins, of Detroit, are home for a visit.
Mrs. L. M. Miller has pneumonia. Her mother is expected today.
Miss Mrs. L. C. Stanford, is assisting Mrs. L. M. Miller during her illness.
Dick Mullins and Jesse Moody were home from Corbin Wednesday.
Mrs. Richard M. O'Neil is teaching at the Graded School this week.
Miss Julia Fish is helping Judge L. W. Botherum out in his office this week.
Mr. and Mrs. Jas. Church, of Richmond, visited Mr. and Mrs. Seale Sunday.
E. R. Gentry came in from Sellersburg, Ind., Sunday to see home folks and vote.
Mr. and Mrs. Scott Dickerson, of Detroit, are visiting relatives here and in the county.
Chester Landrum, who has been in Crab Orchard for some time, was home Tuesday.
James Maret, the Boone Way man, came in from Lexington Monday for the election.
Jeff Brown, of the Lovel Green section was here this week en route home from Iowa.
We are glad to report Rev. A. J. Pike, of Breckinridge, up and able to be in Mt. Vernon Monday.
Messrs. A. J. Cooper and Rowing Mitchell came to Sunday from Lexington for the election.
Willie Adams, of Colesburg, and Wan. J. Owens, of Flemingsburg, were home for the election.
Miss Ida Harper who has been very sick with rheumatism for the past five weeks, continues very ill.
Mrs. Paris, of Oregon, who lived here some 30 years ago, is visiting friends in Mt. Vernon this week.
Mrs. C. C. Davis, after a two months visit with Mr. and Mrs. S. E. Sheets, of Tulsa, Okla., returned home Sunday night.

Mrs. J. C. Taylor visited her daughter, Mrs. E. D. Hopkins at Corbin last week.
Mrs. Meshack Gentry, who has been visiting in Ohio for some time, was joined by her husband about two weeks ago and after a very pleasant visit they returned Saturday.
Rev. L. N. Bowling, of Breckinridge, closed a very successful meeting at Rose Hill Sunday. Although there was only one addition, Mrs. Bird Roberts, we hope the cooperation and good fellowship will continue.

LOCAL

Rev. Childers and family of Breckinridge, and Mr. and Mrs. N. Al Parrott and family, of Mt. Vernon, spent Sunday with Mr. and Mrs. John W. Hilton, of Pine Hill.
Ball Band Overhauls for every body at Fish's.
Sam Lucas, of Corbin has purchased the Tom Proctor property and Mr. Proctor has bought the Mrs. Ellen Price property near the Court House. Mrs. Price bought the Sam McClure property.
O'Bryan's heavy grade overalls just \$3.95 at Fish's today.
W. M. Buttko, who is interested in the business at Bowling Green was in last week, Paul up his subscription for another year and says he sure and get the paper to me, its just like a letter from home.
Ladies suits and coats at the price you want to pay at Fish's.
Mr. Johnnie Taylor of the Buckeye Section motored over to Pulaski Co. Saturday, Oct. 23rd and returned with one of his fair daughters as his bride, the young lady was a Miss Reynolds of the Bee Lick section. They were married by the Rev. M. G. Fish and will make their home in Cham. O. where Mr. Taylor is in the Oil business.

Ashland Lodge No. 840, Free and Accepted Masons, held one of their regular meetings on last Monday night, the 49th they have held in years and the Fellowship and Master Masons degrees were conferred and those who were passed to the degree of a Fellowcraft were Grover A. Hatcher, Level Green section, near town; Emmett F. Bryant, Agent at Pine Hill and Christopher C. Bates, of Monticello, now Mt. Vernon. Those who were raised to the degree of a Master Mason were: Mitchell Owens, of Mareburg, now of Corbin; Robt. L. Carpenter, Mt. Vernon. The visitors present were: Past Master, J. M. Roberts, Lee Chandler, Ed Brooks, Arch Hays, and W. O. Hobson, of 566 Broadway; Past Master J. M. Balton, Cecil Hays, Albert Hages, of Corbin Lodge 668, Tommy F. Hays, Berea, Ky. These present living some distance in county were: Thomas, Clarence Hays, Conway; Sam and Edd Chandler, Breckinridge; C. W. Owens, Brom; Jones A. Hitt, West of

town; Past Master Balton, of Corbin; Past Master J. M. Roberts, of Breckinridge assisted in the conferring of the Master Mason degree and the work they did was commendable. They were skilled in the work. We ask them and all other Masons that were there and others from other Lodges to be present on the fourth Monday night in November, when there will be Fellowship and Master Masons work galore to do.

WINTER EGGS
"The first winter I used Dr. LeGear's Poultry Prescription it made me a lot of money. I have 6 hens and sold in January \$14.00 worth of eggs—twice what we used ourselves."—C. D. McCormick, Primo, Idaho.
Poultry Raisers who get an abundance of eggs, use Dr. LeGear's Poultry Prescription, which tones up the system and stimulates the egg-producing organs without injury. If you want eggs this winter when eggs means money, get Dr. LeGear's Poultry Prescription from your dealer right to day. Dr. LeGear is America's foremost Expert Poultry Breeder and Veterinarian. For any ailment whatsoever among your poultry or stock get his remedies from your dealer. They must satisfy you, or your dealer will refund your money.

AN GOOD COUGH REMEDY FOR CHILDREN
Mrs. J. W. Phillips, Redon, Ga. phoned to J. M. Floyd, the merchant there, for a bottle of Chamberlain's Cough Remedy and said she had bought a bottle of it at his store recently and that he was doing her children so much good that she wanted to keep up the subscription. You will find nothing better for coughs and colds in children or for yourself. It keeps the cough loose, expectation easy and soon frees the system from the cold.

TO THE VOTERS OF ROCKCASTLE COUNTY.

I take this means of announcing myself as a candidate for Circuit Court Clerk, to be voted on at the next election.

My record as a Republican stands open, and is subject to the closest inspection by any one.

I have always stood by the party and have endeavored to treat all issues fair and square as presented.

If nominated, I promise to make a faithful and honest officer in the discharge of my duties as such.

Soliciting your support and expecting to see ever voter in the County before August first, I am, Yours Respectfully,
T. J. Ball.

NOTICE.

TO THE FERRIS OF OLD ELM WOOD CEMETERY:
I am sorry to say that work has been delayed for several reasons. The committee has decided that it is most desirable to begin work now and have placed the money in bank of interest and assure you that the work will begin in the Spring as soon as the weather will permit. I desire to thank you who have so readily responded to this great call and am hoping the ones who have not yet donated, will do so at once.
Yours for a beautiful cemetery,
Mrs. T. J. Nicely,
President Cemetery Association.

CONSTIPATION.

Most laxatives and cathartics afford only temporary relief and should be used only for that purpose. When you want permanent relief take Chamberlain's Tablets and be careful to observe the directions with each package. These tablets not only move the bowels, but improve the appetite and strengthen the digestion.

POSTED: Against hunting, trapping or trespassing in any way.
Volley Fish
W. R. Barnett

NATIONWIDE FIGHT AGAINST DISEASE

American Red Cross Will Have Health Centers in All Parts of United States.

The American Red Cross has launched upon a nation-wide campaign of fighting disease and physical defect among the American people. A new and unique health institution has come into being as the result of several months' study by the Red Cross Health Service Department at National Headquarters.

Officials in charge of the department predict that before long this new health activity will be in actual operation all over the country, and that the "American Red Cross Health Center" will become as familiar to the people everywhere as are now the signs of the ubiquitous companies.

Busy Long Before War.
The interest of the American Red Cross in the fight against disease is not, however, of recent origin. Long before the war the organization began its health service through its medical units to disaster relief work and its departments of Town and County Nursing. During the war and following the armistice thousands of American Red Cross officials have been fighting disease in the war-stricken countries. At the same time tens of thousands of local Red Cross officials have been engaged in home fighting disease, notably during the influenza epidemics.

The American Red Cross has determined that all this valuable experience in health service abroad and at home shall not go to waste. It is doing yearly in this country from 700,000 to 800,000 people are victims of physical defects, the Red Cross recognizes the urgent need for continued Red Cross health service at home.

The Red Cross Health Center is governed by business principles, applies business methods, and in its more simple form, can be established and conducted by lay people.

It is pointed out that health is a commodity that can be bought and sold like brooms and soap. Therefore, it establishes itself in a store in the principal business section of the community. It displays its goods in its show windows. It advertises constantly and generously and it uses every means and social device to attract customers.

The Red Cross Health Center is of service to the sick in that it gives out reliable and complete information about existing clinics, hospitals, sanatoria, and other institutions for the sick and convalescents. It also gives out advice, both trained and practical, about when to consult a physician and how to obtain the quick and his no-trouble.

Teaching Disease Prevention.
The Red Cross Health Center, in however, of even greater service to the well. It teaches people how to prevent diseases and disease. This is done in many interesting and attractive ways—first of all, by the distribution of popular health literature and through health lectures illustrated with lantern slides or with health motion pictures. The special exhibits given, one after the other, on various health subjects—such as "Disease Prevention," "Disease Detection," "Disease Cure," also health exhibits by children to interest and instruct themselves and their elders. Classes are held to teach the young and old people of the sick, first aid and in food selection and preparation. Health classes in Nutrition and growth clinics conducted for children.

Already more than a hundred of these Red Cross Health Centers are in actual operation throughout the country. Many of them also conduct medical clinics. The Red Cross Health Center is its health education service which teaches well people how to keep well.

FRENCH PRAISE FOR OUR RED CROSS WORK

Lauding the work accomplished by American philanthropy for war-stricken France, Andre Tardieu, former high commissioner from that nation to the United States, in a recent article widely commented on throughout the French press, says:
"The American Red Cross has accomplished a work which is for the heartfelt gratitude of every true Frenchman. In 1918 this great relief organization acted in behalf of France nearly 87,000,000 francs, and in 1919 its expenditures on medical supplies in our country attained the tremendous total of 171,000,000. It has recently turned over to the French relief organizations huge stocks of supplies whose value must be counted in hundreds of thousands of francs."
"Fifteen million American boys and girls, banded together in the Junior Red Cross of America, are back of a movement to establish the closest ties between themselves and France's younger generation through the distributable works they have financed and are now carrying out among our little war sufferers."
"The bonds of friendship between France and America is cemented with mutual admiration, respect and gratitude."



We're giving you next year's clothing prices NOW

Hart Schaffner & Marx and Fish's Special suits and overcoats

\$29. \$39. \$49.

We bought these goods at top prices months ago—you can buy them now for prices as low as any that possibly can prevail next year. We're doing this to reduce your clothes cost—

Arrow Shirts — Modern Belts
Kenosha-Klossed Knitch Union Suits

Crawford Shoes — Sweaters
Ball Band Rubbers



WHY FISH
THE STORE THAT SELLS FOR CASH

TRADE MORAL—The quality of what you have to sell is known to some people all of the time and all of the people some of the time, but advertise regularly with us and you'll reach all of the people all of the time.

TRADE MORAL—Joan of Arc was the only woman on earth able to resist a bargain advertisement—and she's dead. If you've got a bargain in something, advertise it to the women folks in this paper.

NOTARY PUBLIC
MT. VERNON, KY.

Colds, Catarrh, Coughs

We are now entering upon the season, which necessarily holds these ailments in store for us. We all know that an ounce of prevention is worth a pound of cure. Let us recommend our Palatable Extract of Cod Liver Oil with Hypophosphites for best results.

See us for further information.
Price \$1.00 for One Pint.
Guaranteed to give results.

Pioneer Drug Store
SHERIDAN, BOWMAN, Proprietor.

Dr. M. K. PENNINGTON
DENTIST

Head, Thursday, Nov. 11
At Dr. Carter's Office
2 Weeks