

Dairy Farmers Play Major Role in National Economy

Though city dwellers aren't often interested in the many of them should be as they owe their jobs to agriculture — from refinery workers to commodity brokers, from steel workers to stenographers at the tractor plant.

U.S. farmers last year bought \$4.7 billion in new tractors, trucks, plows, combines, and other machinery. They consumed 5,000,000 tons of steel and \$3.3 billion in gasoline, diesel fuel, grease, oil, etc. They used 7 percent of all the rubber — enough for 30,000,000 auto tires — and 4 percent of the electricity — 30 billion kilowatt hours — produced in the United States.

Billions in Taxes. Farmers pay almost \$3 billion in real estate and income taxes and their total capital investment equals two-thirds of the total assets of all U.S. corporations combined, according to the U.S. Department of Agriculture.

The number of farms in the United States in 1968 declined to 3,258,000, a drop of 1% from a year earlier and 25% below the 1959 total of 4,105,000. Despite the decline in number of farms, however, land in farms — at 1.14 billion acres — was down less than 1% from a year earlier and only 4% from the 1959 total of 1.18 billion acres. USDA's Crop Reporting Board also estimates a decline in 1967 to a total of 3,176,000 farms. Land in farms is expected to decline 0.4% while

average size of farm is expected to continue to grow. Farms averaged 351 acres in 1968, compared to 342 acres in 1965 and only 288 acres in 1959. The 1967 average is estimated at 359 acres.

Fewer Farm Hands The number of hired farm workers in the United States declined 7.2% in 1968, according to a USDA report. About 3.1 million persons worked, at least part-time for cash wages on U.S. farms in 1968.

The composition of the hired farm working force showed relatively little change between 1964 and 1965. 70% were men and boys, 70% were white, and only a fourth were chiefly engaged in farm work. The average age of all workers in the hired farm labor force was 24.6 years, nearly a year younger than in 1965.

Hired farm workers averaged about \$7.55 a day at farm work. Those who did nonfarm work earned about \$10.85 a day when they worked off farms. The nation's farmers realized a record gross income of \$49.7 billion in 1968, some \$5 billion, or 11 percent, above the previous high set in 1965 according to USDA's Farm Income Situation. While farm production expenses reached a record high, net farm income rose \$2.8 billion in 1968 to \$16.4 billion. The 1968 level was exceeded only by 1947 and was 41 percent higher than in

1960. Realized net income per farm reached a record high of \$5,049 in 1968 compared to \$4,109 in 1965. As farms were fewer in 1968, the average net income realized per farm was 71 percent higher than in 1960. Disposable personal income (after taxes) per capita of the farm population from all sources was estimated at \$1,717 in 1968 compared to \$1,545 in 1965 and \$1,108 in 1960. Cash receipts from farm marketings in 1968, according to USDA's FIS (July issue), totaled a record \$43.2 billion, up \$4.1 billion from 1965.

SNIDER

There was a large crowd attended the singing at Roundstone School Saturday night. Everyone enjoyed the good singing. There were singers from Ohio and Indiana. Mrs. Bulah Rose from Ohio was supper guest of Mr. and Mrs. Bodie VanWinkle Friday night. She also visited relatives around Faisivew over the week end. Mr. and Mrs. Charlie Callahan and family visited her parents, Mr. and Mrs. Bob Barnett and other relatives over the week end. Miss Myrtle Howard of Berea visited Mr. and Mrs. Eli Barnett and Joyce Saturday afternoon. Mr. and Mrs. Eli Barnett visited Mr. and Mrs. Aster Van Winkle Sunday evening. Mr. and Mrs. Bodie VanWinkle visited Mrs. Lizzie Van Winkle who is seriously ill in Mt. Vernon hospital. We wish her a speedy recovery.

QUAIL

Mr. and Mrs. Virgil Mink and Gilbert Taylor of Ohio spent the week end with Ruth Mink and Ann. Misses Judy and Linda Ponder spent Friday night with their grandmother, Mrs. Florence Albright. Mrs. Ray Rogers left Saturday with her husband who is stationed in Augusta, Ga. Mr. Gilbert Taylor is spending this week with his aunt Miss Ruth Mink and Ann. Mrs. J. L. Brown and Karen are visiting relatives in Ohio.

Mr. Shirley Caldwell who has been a patient in a Lexington hospital has returned home.

Mr. and Mrs. Elmer Ponder and Mrs. Florence Albright were in Berea Sunday afternoon.

Mr. Chester Brown and Mrs. Sella Scoggins visited Mr. and Mrs. M. J. McMullin Sunday evening. Sunday afternoon visitors of Mr. and Mrs. John Owens were Mr. and Mrs. John Norman Meadows and sons, Mr. and Mrs. Casper G. Owens and Mr. Ernest Stanley and son.

Mr. and Mrs. Bobby Broughton and daughter visited home folks over the week end.

Mrs. Gracie Elder visited Miss Verna Lewis Sunday. Mr. and Mrs. Benton Owens spent the week end in Ohio with their sons, Mr. and Mrs. Charlie Owens and Mr. and Mrs. Estil J. Owens and sons.

Sunday afternoon visitors of Mr. and Mrs. Jack Cash were Mrs. Viola Cox and Mrs. Susie Harris and daughters and grandchildren. Mr. Lloyd Wayne Caldwell left Sunday for Ohio to work after he spent a few months with his parents, Mr. and Mrs. Shirley Caldwell. He came home from Vietnam. Mrs. Charles McClure and grandson Andy spent Monday with her sister, Florence Albright.

Modern Industry Acts To Make Milk "Best Buy"

The dairy industry in the United States today is one of the most modern of industries. Many recent developments in equipment and sanitary procedures help make milk one of the safest, high-quality foods. Among "best buys" both nutritionally and on a low cost-per-pound basis are Grade "A" pasteurized milk and milk products.

Even if milk costs 30 cents a quart, this means the cost of milk by the pound is only about 15 cents. For a 12- to 15-year old boy, a quart of milk provides about 48% of his daily recommended intake of protein — and milk protein is of the highest quality; 82% of his calcium; 28% of his vitamin A; 100% of his vitamin D — if the milk is fortified; 93% of his riboflavin; 27% of his thiamine; 21% of his calories; plus other nutrients in lesser quantities.

All this for the price of one quart of milk. For its nutrients alone, milk is a tremendous bargain, but it also tastes good and is almost universally enjoyed by all ages. Milk is nature's own convenience food product; it's easy to serve "as is" or a great ingredient in other foods.

The American people drink more milk than any other beverage except water. Last year alone, consumed daily the equivalent of almost 1.6 pounds of milk — as milk, butter, cheese, ice cream, and other dairy

gelatine in your morning juice to keep nails long and strong. Dig your nails into a bar of soap to prevent breaking before dirty work. Scrub nails often with warm water and a stiff nail brush to remove soil and dead cuticles.

More than 70 tree species are native to Kentucky; some 60 of these have commercial value.

Milk Consumption On a milk equivalent basis, civilian per capita consumption of all dairy products dropped almost 2 percent in 1968 — from 621 pounds in 1965 to 604 pounds in 1968. It is estimated that the per capita consumption of milk in all products will be about 584 pounds in 1968.

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1965 CHEVELLE Malibu 2 Dr., Ht., 8 Cylinder, Straight Shift, White
1965 CHEVROLET Impala 4 Dr., Ht., White
1965 CHEVROLET Impala Super Sport Convertible, Green/White Top
1965 CHEVROLET Impala 4 Dr., Sedan, 8 Cylinder, Dark Blue/White Top
1965 CHEVROLET Impala 4 Dr., Sedan, 8 Cylinder, Automatic, Yellow
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1965 MERCURY Monterey 2 Dr., Sedan, 390", Blue
1965 OLDS 98 2 Dr., Ht., Gold
1965 OLDS Jetstar 1, 2 Dr., Ht., Light Green
1965 OLDS 98 4 Dr., Ht., Gold/Beige Roof
1965 OLDS Delta 2 Dr., Ht., Ht., Black
1965 PONTIAC Tempest Custom 2 Dr., Ht., 326, Automatic, White
1965 PONTIAC Catalina 2 Dr., Ht., Dark Green
1965 PONTIAC Catalina 4 Dr., Ht., Turquoise
1965 PONTIAC 2 plus 2, Ht., Charcoal
1965 PONTIAC Catalina 4 Dr., Ht., Air Conditioned gold
1965 PONTIAC 2 plus 2, Convertible, Light Blue
1965 VOLKSWAGEN 2 Door, Blue
1964 FORD Galaxie 500 Convertible, Blue & Black
1964 THUNDERBIRD 2 Dr., Ht., Dark Green
1964 FORD Galaxie 500 4 Dr., Straight Shift, Black
1964 FORD 2 Dr., Ht.
1964 OLDS 88 4 Dr., Sedan, Blue
1964 PONTIAC Bonneville Convertible, Silver/Black Top
1964 PONTIAC Grand Prix Ht., Coupe, Gold
1964 BUICK LeSabre 2 Dr., Ht., Beige
1963 CHEVROLET Impala 2 Dr., Ht., Red
1963 CORVAIR Monza 2 Door, Maroon
1963 FORD Galaxie 500 XL 2 Dr., Ht.
1962 CHEVY II Nova 2 Dr., Ht., 8 Cylinder, straight Shift, White
1962 CHEVROLET Impala 4 Dr., Ht., Black
1961 CORVAIR Station Wagon
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Rotational Grazing Best Method Now

By: Smith T. Powell

Rotational grazing of pastures is the cheapest tool available to Rockcastle County Dairyemen who wish to make additional profit from their dairy enterprise. This system of handling pastures can boost milk produced per acre by fifty to one hundred per cent over continuous grazing.

In good rotational grazing systems the fields are made into strips. The forage is completely consumed in about one week's time. This pasture is clipped at the end of the week as cows are turned to a fresh field. Enough fields are provided so that cows are on each field not sooner than once every five weeks. Strip grazing will add an additional five per cent to the forage produced per acre. Electric fence is the best way of dividing fields for strip and rotational grazing.

Scarcity of available land together with the high purchase price make it necessary for dairymen to make efficient use of land now available to them. This can only be done through pasture renovation program coupled with strip or rotational

grazing. Admittedly, these systems call for changes in present field arrangements. Changes in water supply will be necessary. Capital for these changes is limited and needed for other purposes. But if dairy profits are to be increased in a very large degree these systems offer the cheapest way out.

Strip grazing of a pasture mixture consisting of orchard grass, tall fescue, and ladino clover has increased the amount of dry weight forage produced, per acre to 6100 pounds over 4250 pounds for continuous grazing. The amount consumed by dairy cattle per acre was 4200 pounds for strip grazing, 3320 pounds for rotational grazing and 1700 pounds for continuous grazing. Although these systems call for some drastic field arrangement changes, the opportunity for expanded profits is obvious.

Nickel Research is the world's largest and most modern laboratory dedicated to research on nickel and its alloys. International Nickel's Paul D. Merica Research Laboratory at Sterling Forest, New York.

Social Security Agriculture Industry News Makes Good Progress

By: Roy G. Brown

The percentage of people over 65 and over enrolled in the doctor bill insurance part of Medicare went up from 92 to 95 percent during the 6-month open enrollment period that ended April 1, Robert M. Ball, Commissioner of Social Security, announced today.

About 700,000 older people who had missed out on their first chance to enroll for the medical insurance to supplement their basic hospital insurance under Medicare signed up between October 1, 1967 and April 1, 1968 and announced the Social Security Commissioner noted. Ball said that 18.6 million of the 19.6 million persons 65 and over in the Nation are now enrolled for the voluntary medical insurance that helps pay doctors' and surgeons' bills and a variety of other health care services.

About 17.9 million had the medical insurance protection at the beginning of the open enrollment period. Commissioner Ball noted that participation in the doctor bill insurance rose from 92 to 95 percent despite an increase of \$1 in the monthly premium paid by those enrolled. And only 36,000 older people gave notice of their wish to dis-enroll between October 1, 1967 and April 1, 1968.

The increase in the premium rate, from \$3 to \$4, effective with the month of April and announced in December 1967, was necessary in part to finance the improved medical insurance coverage and in part to cover higher than estimated current and projected costs of the program. The \$4 monthly premium paid by older people who sign up for the medical insurance represents half the cost of the protection. The Government pays the other half of the cost.

The next open enrollment period will begin next January, Ball said, and will end March 31, 1969, with coverage beginning July 1, 1969. In the meantime, he advised those approaching 65 to sign up for the supplementary doctor bill insurance during the 3 months before the month of their birthdays so that their protection can begin as soon as they are 65.

TRY OUR CLASSIFIED SECTION

more and more livestock farmers are growing silage than ever before. Farmers have shown the way to a new and better Rockcastle County. With the many dairy cattle, silos, dairy buildings, better kept farms and the many milk routes, dairying has increased the whole economy of our county.

The Cumberland Production Credit Association, The Rockcastle Livestock Improvement Association, and the Rockcastle Development Association would like to stimulate interest into the development of a "Greener Rockcastle." The clearing up of gown fields with the use of lime, fertilizer, and good seed mixture, began to produce pasture and hay for the livestock. Also, many markets were opened for more farm products, milk routes were established in most every community, dairy heifers were brought into the county from outside places utilizing the green grass and legumes. Another great progressive movement was the interest that was taken in the Com Derby which influenced the farmers in producing more and better grain on less acres; therefore, the need for silage was seen and a few farmers started producing silage. Today

Dairy Industry Future Bright

By: W. E. Proctor, Chairman Rockcastle County S.C.D. Supervisor

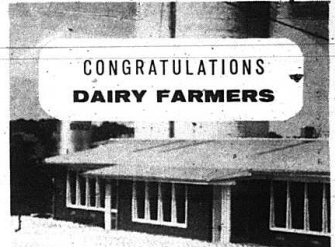
June is here again and we are reminded to express our appreciation to the Dairy Industry for their untiring effort in producing one of the most wholesome and nourishing food of our time. Dairying has a brighter future at the present than it has in the past as production is off a little as compared to the past few years and the attempt to introduce imitation products on the market, hasn't proven to be as successful as was expected. I think the fact is the dairy industry has continued to improve on their products until the consumer are not satisfied or anything else. I believe as long as we can produce more milk from more and better forage crops and from higher producing cows we can still make more money from dairying than anything else on the farm.

Another good way to produce more milk per cow is to rotate and clip pastures, have plenty of clean water handy for the cows with a good shade for these hot days.

extended to the farmers our. I wish not only Dairy Day, but all year and the years ahead for even greater progress and improvement. We will continue our full support and will help in every way possible in our efforts.

The Chamber of Commerce building in Middlesboro was constructed in 1926 of 40 tons of coal. It was formerly known as "The Coal House."

Covington contains one of the smallest churches in the world. Built by the Benedictine Monks in 1879, it accommodates only one person at a time for worship.



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A BRONZE LIKENESS OF Abraham Lincoln in Kentucky's Capitol in Frankfort is visited by an average of 1,000 children daily during the school year. Children—and many adults, too—have established a tradition of touching the toe of the statue's left boot, keeping it shined to a high patina. Visitors to the Capitol are conducted by guides specially trained by the Kentucky Department of Public Information. Tour guides are available throughout the entire year; Christmas is the only day the Capitol building is closed.

AUCTION SATURDAY, JUNE 15, 10:00 A.M. of Personal Property

Located: at Mt. Vernon, Ky. on old U.S. 25 across the street from Elmwood Cemetery.

Mr. and Mrs. George Franks have authorized me to sell their personal property consisting mostly of antiques with other miscellaneous items. Most of these antiques are from the estate of Mrs. Lola Cox.

The following are only a few of the items to be offered at auction.

- Country Gentleman
- 2 Antique Buffets
- Old Ironstone Churn
- 2 Walnut Beds
- 1 Round Table (old)
- Many Clocks
- Smoking Stand
- Beautiful Brass Clock
- Writing Desk
- 2 Good Refrigerators
- Electric Range
- Record Player
- Farm Tools
- 3 Piece Antique Bedroom Suite
- Set of China - dated 1896
- Hall Tree (Antique)
- Library Table
- Pitcher and Bowl Set
- Old Lamps
- Captain Chair
- Small Rocking Chair
- 3 Night Stands
- Breakfast Set
- Old Crank Churn
- 3 Electric Fans
- Old Chairs
- Many Dishes

Friends, this is a sale you certainly want to attend. It's very seldom that you have a chance to buy collectors items such as these. Most of the items are in excellent condition. The sale will be over in time for the big Dairy Day Parade. So, attend the sale in the morning and the parade in the afternoon.

TERMS: Cash
For further information contact:
Owners: Mr. and Mrs. George Franks or

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Please send, without obligation, information on Kentucky's 40 state and national parks. No money in the market.

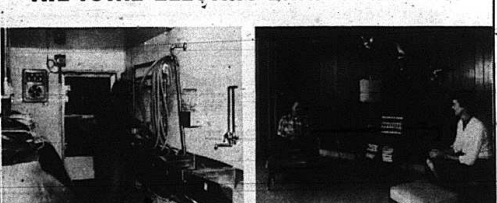
40 State and National Parks The finest in the nation.

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The future is here now for today's dairy farmer. He uses electricity for all his dairy needs—lighting, milking, refrigeration, storing, plenty of hot water, and comfort heating and cooling.

His home is total-electric, too, with modern electric appliances, water heater, and electric heating and cooling.

Electric power adequately meets the needs of the dairy farmer, making it possible for him to Live Better Electrically... **FARM BETTER ELECTRICALLY.**

JACKSON COUNTY RECC
McKEE, KENTUCKY

Easy Does It

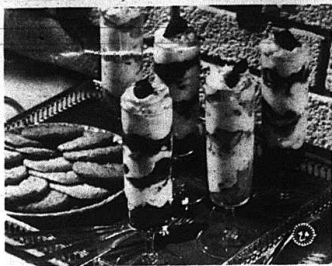
Perfect Parfaits for Fair Weather Days



When it comes to dessert time during the fair weather days, the unanimous choice is "something cool." Just for fun, let's make parfaits with whipped dairy sour cream and fresh fruit like strawberries or peaches. They're refreshingly cool, served straight from the refrigerator. You'll find these desserts keep several hours refrigerated, with no need for freezing.

All glasses extend the pleasure you get from these perfect parfaits. Make them with the ripe, rosy strawberries now on the market. Save a half-dozen berries for garnish and cut the rest into quarters to go into the parfaits.

"Whipped sour cream gives these parfaits a smooth texture that just melts in your mouth, and a unique, lively flavor. Fold in crushed pineapple, sugar and nuts for extra body and crunchiness. If you've never tried to whip dairy sour cream before, you're in for a pleasant surprise. It whips almost as stiff as whipping cream. For best results, chill the bowl and beaters, and the sour cream itself. It will



Here, a new version of those favorite party desserts, fruit parfaits. Make them with fresh, cool whipped dairy sour cream and fresh strawberries or peaches.

thin out at first, then after about 5 minutes it begins to thicken and doubles in volume. You can also make delightful Peach Parfaits, layering sliced fresh peaches with whipped sour cream, and using mint leaves or peach slices as a garnish. Try other variations with fresh fruits like blueberries or dark sweet cherries as they come in season.

These perfect parfaits are wonderful party desserts, pretty to view, pleasant to taste and easy to fix.

STRAWBERRY PARFAITS

- 56 servings
- 1 pint strawberries
- 2 tablespoons sugar
- 1 cup dairy sour cream
- 1 can (8 1/2 oz.) crushed pineapple, drained
- 2 tablespoons sugar
- 1 cup chopped pecans

Reserve six whole strawberries for garnish; quarter remainder. Sprinkle with 2 tablespoons sugar and toss with fork; set aside. In a chilled bowl with chilled beaters whip dairy sour cream until it forms a soft peak (about 5 minutes with an electric mixer at highest speed). Fold in pineapple, 2 tablespoons sugar and pecans. Alternate layers of strawberries and sour cream mixture in chilled parfait glasses. Garnish with strawberry. Refrigerate until ready to serve.

PEACH PARFAIT

Substitute 2 cups sliced fresh peaches for available at home and total food needs, thus meeting current nutritional needs for the child's growth and development.

Shore up some nutritive reserves for the child's future growth, development and well-being.

Establish good eating habits through repeated experience with desirable practice.

Reach parents with aids for maintaining nutritional health of their children.

Acquaint teaching staff with the value of encouraging children to eat and enjoy a variety of good food.

Whether you're island hopping or just taking a sailing picnic this summer, be sure to have plenty of provisions along for a refreshing snack. You don't have to be English to be caught in the noonday sun, so you're sure to enjoy Milk Tea Coolers, a tasty beverage combination of tea and milk.

Homemade cookies are natural go-along-buddies. Try Modern Pineapple Cookies and use the pineapple juice left over from the cookies in mixing your Milk Tea Cooler. These cookies are made with dairy sour cream instead of milk, and

have brown sugar, lemon juice and lemon rind for extra flavor. Frost them with confectioners icing if you like.

MODERN PINEAPPLE COOKIES

- 34 dozen
- Buttered baking sheets
- Preheated 400° oven
- 1/4 cup (1/4 stick) butter
- 1/2 cup army packed light brown sugar
- 1/2 cup sugar
- 1 egg
- 1 can (8 1/2 oz.) crushed pineapple, drained
- 1 teaspoon grated lemon rind
- 1 teaspoon baking soda
- 2 cups sifted regular all-purpose flour
- 1 teaspoon baking powder
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 1/2 cup dairy sour cream
- 1/2 cup chopped nuts

1. In a bowl combine ice cream, tea, pineapple juice and sugar; beat until thoroughly blended. Gradually add milk. Garnish in egg. Blend in pineapple, with pineapple wedges. Serve.

lemon rind and juice. Sift together dry ingredients; add to creamed mixture alternately with sour cream beginning and ending with dry ingredients. Fold in nuts. Drop by teaspoonful onto baking sheet; bake 8-10 minutes. Remove to wire racks to cool. Frost with confectioners icing if desired. It's easily made by beating together 3 cups confectioners sugar, 1 tsp. corn syrup, 2 tsp. butter and 3 tsp. water until smooth.

MILK TEA COOLER

- 4 servings
- 4 scoops vanilla ice cream
- 1/2 cup instant tea
- 1/2 cup pineapple juice
- 1 cup sugar, optional
- 4 cups (1 quart) milk
- Pineapple wedges

Milk Provides Money Health, Enjoyment

By Lloyd Cain
The dairy industry is very important to us, regardless of our occupation or means of financial support for our families. At present dairying to pay our respect and show our gratitude to the dairy largest source of income, and may soon move into first place. If you consider the amount of money our farm families receive for tobacco and then consider that dairying follows. Behind, we can see that much is added to our economy whether we be farmer or businessman.

Throughout the year, the dairy industry provides us with nature's most perfect food, which of course is milk, and milk products. Milk is a valuable provider of proteins, vitamins and minerals, especially the mineral calcium. Unless some milk is used in the diet it is different to get the required amount of calcium. It is necessary that we get calcium, since it is needed for building strong bones and teeth, enables the blood to clot and to aid in the normal functioning of the muscles and nerves. One cup of milk provides as much calcium as eleven eggs, thirty-two hamburgers, or one cup of oysters or one cup of kale or thirty-one potatoes.

It is recommended that children drink three or four glasses of milk daily. Teenagers need four glasses and adults two glasses. Although we need milk for an adequate diet, we need only to go into any super-market to see the many milk products there for our enjoyment.

Turbines for Commuters
A standard steel railway car powered by two modern turbine engines is being tested by New York's Long Island Rail Road. Initial tests show a "bet-ter" economy in fuel and no noticeable vibration or odor. Nickel alloys help to make the turbine heat- and corrosion-resistant.

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In 1946, its potential is as great for the next 20 years for helping to:

- Close the nutrition gap between food available at home and total food needs, thus meeting current nutritional needs for the child's growth and development.
- Shore up some nutritive reserves for the child's future growth, development and well-being.
- Establish good eating habits through repeated experience with desirable practice.
- Reach parents with aids for maintaining nutritional health of their children.
- Acquaint teaching staff with the value of encouraging children to eat and enjoy a variety of good food.

Teen-Agers Have Special Diet Needs; Frequent Snacks Okay, Says Doctor

Dr. Ruth M. Leverton, of USDA's Agricultural Research Service, said that "the statement that half of all teenagers are malnourished is simply not true."

She cited the size, physical prowess, mental alertness and vitality of today's youth and stated that their eating habits and food choices are not bad after all.

"Recognize the teen-ager's special needs," Dr. Leverton said, "and see that wholesome food is available at times and places where it will be eaten and enjoyed, whether this be the home dining table, refrigerator, kitchen cupboard, the school lunch, or the food dispensing machine."

"And do not base the choice of food on adult preference alone."

Another of Dr. Leverton's suggestions is to schedule time for proper eating by the teen-ager, so that he is not forced to make up in the evening for food missed during the daytime.

"There is no evidence that frequent snacking is harmful as long as the food contributes to good nutrition. But there is reason for concern when half of the total food intake for a day is consumed after 5 p.m.," she said.

Takes Less Time
Agricultural experts at Cornell University have estimated that in 1945, on the average, it took 120 hours a year to take care of a cow.

Recently a survey showed that this figure in conventional stanchion barns has been cut to 80 hours per cow per year, but in the free stall barns (with milking parlors and high levels or silage feeding) the average of a sizable number was 43 hours per cow per year.

One farmer reported a low of 28 hours per cow per year!

Mother, too, Can Re-Use Empties
Why throw milk cartons away when, after washing and drying, you can use them...

- TO START SEEDS TO FREEZE WATER FOR MAKING ICE BLOCKS
- TO PACK SCHOOL LUNCHES
- TO STORE SEEDS AND FOOD TO HOLD REFUSE
- TO STORE LEFTOVERS IN THE REFRIGERATOR
- TO MAKE TOYS FOR THE YOUNGESTS

Rockcastle Farm Service

Grow a pound of pig on only 2 lbs. feed

...with Ful-O-Pep Gro-Pig Grower

What a pig feed! From 6 weeks of age to 60 lbs. weight, records from the field and the Ful-O-Pep Research Farm consistently show a pound of gain on only 1.8 to 2 lbs. feed.

Ful-O-Pep Gro-Pig Grower, teamed with good management, can help your pigs put on outstanding gains... with feed-saving efficiency. Pigs keep right on gaining after weaning, with no setback. And these big, fast, early gains help you get hogs to market sooner, at lower feed cost. Pelleted Pig Grower has improved feed efficiency as much as 13% over meal type feeds at the Ful-O-Pep Farm.

Step-up your feeding efficiency with complete, pelleted Ful-O-Pep Gro-Pig Grower. The faster your pigs grow the more you save! Step in.

Rockcastle Farm Service
MT. VERNON, KY. 256-2516
Brodhead Mills
BRODHEAD, KY. 758-3811

BOYFRIENDS "JUST FOR DAD"

FROM OUR (Rexal) DRUG STORE

GOLDEN SOVEREIGN GIFT SET
A regal gift with a shining hint in Sarsaparilla. After Shave and Pre-Shave Lotions, gift boxed. **4.00**

STAG ORIGINAL GIFT SET
A handsome gift for the well-groomed. Best 3oz. each of Original Cologne, After Shave and Pre-Shave Lotions. **3.50**

GILLETTE RIGHT GUARD DEODORANT

WILLIAMS ELECTRIC SHAVE

Maggard Drug Store
MAIN STREET MT. VERNON

BOYFRIENDS "JUST FOR DAD"

FATHER'S DAY JUNE 16th

KINETIC AFTER-SHAVE COLOGNE

The action scent for active men... Cologne and After-shave all in one... expressive, virile, outgoing. He'll go for it!

4 oz. 2.50

Select a Special Card for your Dad at our Stationery Section Remember... FATHER'S DAY-JUNE 16th

Enjoy Easy, Breezy, Summertime Eating with DAIRY FOODS

Get That "Big Lift" Celebrate

JUNE DAIRY MONTH

Cool, Cool MILK

The Dairy Farmers of Rockcastle County
IN COOPERATION WITH THEIR AMERICAN DAIRY ASSN.
SAY.... "Thank You For Using Dairy Products"

June is dairy month

ASCS And Dairy Farming

June is dairy month and your Agricultural Stabilization and Conservation Committee wishes to compliment Rockcastle County farmers on their accomplishments during the past year.

Nationwide throughout the month of June, the dairy farmer is being recognized. It is time to give the recognition due to dairy farmers here in the county. We tend to go busily on our way, never giving very much attention to dairying, just expecting the dairy products to be available for us when we need them. They don't seem especially important to us until we get ready to use them or if we run short on supplies. If the prices of milk, butter, cream or cheese go up a few cents or even a penny, we raise a howl but as soon as our nutritional needs are satisfied, we give it no further thought. This month, dairy month, let us give some time to recognizing the dairy farmer - the executive of a huge industry.

The dairy farmer is the supplier of our daily needs.

This is one of the basic facts that makes America one of the healthiest nations of the world.

Rockcastle County is and continues to grow as a dairy county. More acres each year are being devoted to pasture, hay and silage on dairy farms. With improved crops and watering systems for livestock, our county can well be proud of its dairy farmers and their production.

Compare a dairy farm to other industry. Most of the dairy farms produce their own raw materials. The source is fertile soil which grows the pasture, silage, grain and hay needed to keep his machines (the cows) producing the marketable product (milk). In order to keep his production at top level, he must pay his workers (the cows) a good wage (supply good feed) and clean up (the factory) keeps going around the clock. The dairy farmer cannot run out and buy a spare part for his milk producing machine, he either buys a new one or is waiting on one to grow. Either can be expensive. This is

one of the many problems and expenses involved in the industry. With the rapid increase in population and the vast demand for dairy products, the dairy farmer is very necessary to every one's welfare.

The ASC has helped the dairy farmer industry by sharing cost for establishing a great number of acres of pasture in the county. Also, under the Agricultural Conservation Program we have shared cost with farmers to establish and improve better watering systems for livestock drinking water. Cost has been shared with farmers to install or construct water drainage systems and thus improve land management.

Farmers who have participated in the Feed Grain Program, by taking land out of open row production of grain and devoting it to grass-legume cover while observing the limited pasturing dates are realizing what good late pasture means. Many farmers have stated they will not go back to the old way of pasturing all fields throughout the year as they used to do. They say they will continue to keep some acreage set aside to grow for late fall pasture even though they

may not be participating in any program with voluntary controls.

The ASC Committee takes pride in the fact they have been able to help several farmers get started as dairy farmers by sharing cost for conservation practices and thus creating better farm conservation management.

DAIRY DAY

continued from front page

Dairy Day program was first started in 1963 when the award was presented to Mr. and Mrs. Olney J. Sutton and family of Route 1, Brodhead. Other families receiving this award include Edward Sowder, Jr., Route 1, Mt. Vernon, 1964; Andy Cox, Jr., Route 3, Mt. Vernon, 1965; Kenneth Stewart, Wilkie, 1966 and Harris Bothers, Route 1, Mt. Vernon, 1967.

Since 1963 the Bank of Mt. Vernon has awarded a dairy heifer to the winner of the lucky number drawn from a hat. The recipient of this award must live on a dairy farm. Dairy heifers have been awarded to: Mrs. Neal Thompson, 1963; Clyde Howard, 1964; Judy Alcom, 1965; Jack Robinson, 1966 and Mary Hasty, 1967.

An added feature of Dairy Day this year will be Shriners Club parade. The parade will include a band, clowns, entertainment and a motor patrol. Mr. Monroe Baker, president of the local Shriners Club is making all arrangements for the Shriners' part of the parade.

Other activities of the day include: interview of dairy princess candidates by judges at 10:00 a.m. in PCA office, luncheon for county princess candidates and state

dairy princess at 11:15 a.m., free cheese and crackers served on Main Street in Mt. Vernon beginning at 11 a.m. - and a talk by state dairy princess immediately after the parade.

Good food patterns for teenagers are important for their health and well-being, according to Miss Louise Mason, food and nutrition specialist with the Texas A & M University Agricultural Extension Service.

During the rapid growth years, all of the nutrients are especially needed. Yet adolescence's other "must-have" quantities of snack foods, such as cookies, cake and soda pop, which contain little more than calories.

Research shows that nutrients such as calcium, vitamin C, thiamine, riboflavin and iron are lacking in the diet of many teenagers.

"Snack foods should furnish some of these nutrients," Miss Mason said.

"Milk, milk drinks and fruit juices may replace the car-

bonated beverages.

The weight conscious adolescent may be interested to know that "one-eight-ounce cup of nonfat skim milk has 81 calories, and supplies calcium, thiamine, and riboflavin, while the only contribution of eight ounces of carbonated beverages is 106 calories.

BARGAIN FOOD

Milk cost 12¢ a quart in 1941, while in 1968, it cost 25¢ a quart. In 1914, a worker had to work about 23 minutes to buy a quart of milk. The same worker in 1965, had to work only eight minutes to buy the same amount of milk. Not only is the average worker working less time to buy milk, but he is spending less of his disposable income on food.



Try light and refreshing salad eating this summer. Line a big salad bowl with head lettuce and romaine, fill it with good foods like avocado, lobster, grapefruit and tomatoes. Top it off with a smooth cottage cheese sour cream dressing.

Fruits and Vegetables Star in Super Sloop Salad

Everyone wins when you prepare a Super Sloop Salad Bowl, a meal in a bowl, which suits warm weather appetites. It's quick and easy and contains all the makings for a balanced meal.

There's seafood, tangy citrus fruit, a vegetable or two, crisp greens and creamy dressing made with two dairy foods, sour cream and cottage cheese.

A substantial salad like this, served with crusty French bread and tall glasses of ice-cold milk, is an ideal choice for a main dish on a warm summer day.

And it's colorful too! Cherry tomatoes, green onions, avocados, ripe olives, and chunks of lobster vie for color attention. Chilled fresh lemon juice brings out the different flavors to provide a new experience in salad eating.

The dressing is a treat in itself, one you'll want to use on tossed salads and fruit bowls all summer long. It's so simple, you won't believe it. Just sour cream, cottage cheese, salt and pepper, combined in a mixer or if you want it extra smooth, in a blender. This all-in-one Super Sloop Bowl is a meal in itself, perfect for care-free outdoor luncheons or suppers.

- SUPER SLOOP SALAD BOWL**
6 servings
- 2 cups torn head lettuce
 - 1 cup romaine
 - 1 cup thinly sliced celery
 - 1/2 cup sliced green onions
 - 1 can (5 oz.) lobster, drained
 - 2 cup halved cherry tomatoes
 - 1 grapefruit, sliced
 - 1 avocado, sliced
 - 1/2 cup pitted ripe olives, sliced
 - 1/4 cup fresh lemon juice
- CREAM DRESSING:**
- 1 1/2 cups cottage cheese
 - 1/2 cup sour cream
 - 1 teaspoon grated lemon rind
 - Salt and pepper
- In a large salad bowl toss together lettuce, romaine, celery and onions. In separate groups arrange lobster, tomatoes, grapefruit sections, avocado, sliced olives and slices on top of greens. Sprinkle lemon juice over all. Cover and chill. Meanwhile, prepare Cream Dressing: In a small mixing bowl beat cottage cheese at highest speed of mixer until fairly smooth. Beat in sour cream and lemon rind. Add salt and pepper to taste. Yield: 1 1/2 cups dressing.
- *Four summer galley-will stay cool as this is a make-ahead meal. Only the burgers have to be broiled, the salad and milk comes right from the refrigerator.



like Bossie herself... modern farm equipment is tops for efficiency

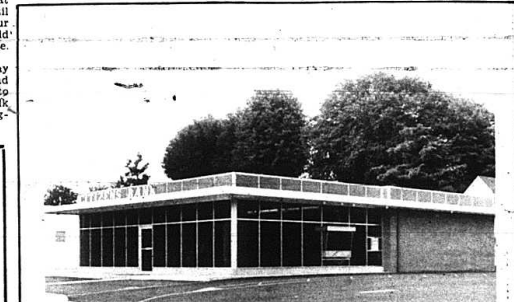
Any dairy farmer will tell you. The dairy cow is quite a "machine" for converting feed into nature's most nearly perfect foods - milk and milk products. But that's only the beginning.

Dairy farmers of this area know efficient operation of a dairy farm depends on good management, sound judgment, and equipment are part of that successful operation.

We congratulate our dairy farmers on a job well done in producing high quality milk and invite them to consult with us about equipment that will help them to "milk milk" more profitably.

Parson's Equipment Co.

Water Street Phone 256-2468 Mt. Vernon, Ky.



IT TAKES A LOT OF MONEY to build and operate a Modern Dairy Farm... A Lot of Skill and Know-How.

IT IS OUR BUSINESS to furnish the Dairy Farmer with the equally Modern Banking Facilities he needs to finance his Modern Operations.

WE SALUTE THE DAIRY FARMER for his service to humanity... We pledge him our full cooperation.

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The Rockcastle Shrine Club Invites Everyone To Rockcastle's Biggest Parade Ever

DAIRY DAY, SAT. JUNE 15



Low cost Boatowners Insurance

from State Farm protects boat, motor, trailer on the water or on the road. Can cover liability losses, too. See me.

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Vernon Cummins and C. V. "Cotton" Foley
Where The Beat Goes ON and ON and ON

- 1966 OLDS 4 Door, Hard Top, Like New, Air Conditioned
- 1966 CHEVROLET Impala Sport Cpe., Standard Drive
- 1966 CHEVROLET Impala Like New, Automatic
- 1966 CHEVROLET Biscayne 2 Door, 6 Automatic
- 1964 CHEVROLET Impala Just Like New Car
- 1962 CHEVROLET Impala Like New Car 3 of these
- 1964 CHEVROLET Bel Air 2 Door, 6 Standard
- 1960 CHEVROLET 4 Door Standard V8 Perfect Car
- 1964 CHEVROLET Impala 4 Door Sedan Like New Car
- 1965 FORD LTD 2 Door Hard Top Like New
- 1965 FORD 4 Door Sedan, One Owner, 36,400 miles
- 1965 MUSTANG Convertible Air Conditioned, Like New Car
- 1965 MUSTANG Fastback Like New Car, 6 Automatic
- 1964 FORD 2 Door, Sedan, Just Like New Car
- 1964 VALIANT Signet Convertible Like New
- 1964 VALIANT V8 Signet 2 Door Hard Top
- 1963 VALIANT 4 Door, One Owner, Car, Automatic 6
- 1963 DODGE Dart 4 Door 6 Standard, Like New
- 1964 DODGE Polara 4 Door Hard Top, Factory Warranted
- 1962 CHEVROLET Bel Air Station Wagon, One Owner
- 1962 FALCON 4 Door, Standard 6, A perfect little car
- 1963 FAIRLANE 600 4 Door Air Conditioned, Like New
- 1962 BUICK 4 Door LeSabre, One Owner Car
- 1964 RAMBLER Classic no Owner Car, Perfect
- 1963 OLDSMOBILE 2 Door Hard Top, Like New Car
- 1960 PONTIAC 2 Door, Hard Top, 4 Speed Shift
- 1962 CORVAIR Like New Car, One local owner
- 1964 BUICK 4 Door, 35,000 Miles Solid Black Color
- 1965 FORD 2 Door, Hard Top Standard Drive, Black and White
- 1966 VOLKSWAGEN 2 Door, A Perfect VW
- 1963 PONTIAC 2 Door Hard Top, Like New
- 1964 OLDSMOBILE Vista Cruiser, Like New
- 1964 T-BIRD Landau, Yellow and black Sharp

CUMMINS & FOLEY AUTOMOBILES
U. S. HIGHWAY 25, NORTH
BEREA, KY. PHONE 936-4817



REPORT OF SALES FRIDAY, JUNE 7.

The Federal-State Market News Service reports these receipts and prices for the sale held Friday, June 7, 1968, at the Garrard County Livestock Market, Lancaster, Ky. Total receipts, \$47.

CATTLE-Receipts, 365; Slaughter heifers and cows about steady, bulls steady to strong, feeders steady to strong. Slaughter heifers: Good and choice 400-700 lbs. 21-23.40; standard over 700 lbs. 19-21; slaughter cows, utility and commercial, 17.10-19.50; canner and cutter, 15-17.30. Slaughter bulls: Utility to good over 900 lbs. 21.40-23.70; feeders, steers standard 775-900 lbs. 20.50-21.50; choice 600-710 lbs. 25.20-27.90; good, 22.80-25; standard 18-20; choice 370-545 lbs. 27.29; good 24.50-26.75. Heifers: Good and choice 500-700 lbs. 20.80-23.70; choice 400-450 lbs. 24.75-25.40.

CALVES-Receipts, 209; Vealers steady to 25 cents higher. Good and choice vealers in grades 15-18, 19-25 lbs. 20.30-33.50; small lot 163 lbs. 31.25; standard and good, 26.50-29.25; good and choice 300-350 lbs. 26-30.

HOGS-Receipts, 206; Barrows and gilts steady to 25 cents higher, sows steady. Barrows and gilts: 1-3, 190-215 lbs. 20.30-20.55; lot 2 and 3, 237 lbs. 20.3-2.60-275 lbs. 18.75-19; sows 1-3, 300-500 lbs., mostly 15.50-16.50; wet down to 14.50. Boars: 280-475 lbs. 13.70-14.

SHEEP-Receipts, 51; Slaughter lambs, good and choice spring lambs, 85-98 lbs. 27.28; slaughter ewes, choice, 7.30-7.75. HORSES, PONIES AND MULES-Receipts, 16. No quotations.

Garrard County Stockyards Co.
Check Day Of Sale
SALES OF ALL CLASSES OF LIVESTOCK EVERY FRIDAY
LANCASTER, KENTUCKY
Under U. S. Government Supervision & Bonded For Your Protection.

CLASSIFIED RATES

Local Rates: 3c per word - minimum 50c
 Card of Thanks: 3c per word - minimum 50c
 In Memory: 3c per word - minimum 50c
 Display Livingstone: \$1.00 per column inch

REAL ESTATE

FOR SALE: New 3 bedroom home with bath located at Conway with one acre of land. See James C. Lamb at Conway. 26xntf

FOR SALE: 5-room house with bath, full basement, 2 acres of land, 4 miles south of Livingston on 490. Call 453-3450. 29xntf

FOR SALE: Five room house, 1 1/2 acres, more or less. On old Richmond Rd. above Helmer's Gift Shop. Will sell or trade for property in town. Best Allen. 39x17p

NOTICE: Bids will be accepted for a Size 350 Utility International Leader by the Rockcastle County Fiscal Court at the office of Clifford Bales, County Court Clerk, until July 2, 1968 at 9 a.m. This leader is a Model 325 and was manufactured by the Cone Audomac Machine Co., Inc. Windsor, Vermont. 39x3

FOR SALE

FOR SALE: 1967 Re-processed Singer. Full price \$25.30. This machine zigzags, sews on buttons, makes button holes, makes monograms, makes fancy stitches, etc. Five payments of \$5.06 each. Call 256-2550. 52xntf

FOR SALE: Admiral and Zenith televisions, new and used antennas, installation and service. ROCKCASTLE FARM SERVICE, Mt. Vernon. ntf

FOR SALE: 12 doubled registered polled Hereford bulls. Ready for service. Blood lines 10 Laol Lamp Circle M Breeding, I mixer Perfection. 1 Crotcher. Victoria. Call A.B.D. Mobilhome, Liberty, Ky. 787-6610. 38x2

FOR SALE: 1964 Simca excellent condition. You must see and drive this car to appreciate it. Priced to sell at \$645.00. Call 256-2809. 38x2p

FOR SALE: Allstate light weight motorcycle, 1962 model in good condition, completely over-hauled recently. See George W. Griffith or call 256-2021. Also, electric water pump and pressure tank. Call 256-2021. 38x2p

FOR SALE: Two refrigerators and one electric stove. Phone 256-4268 before Sunday, June 16. 30x1p

WANTED

WANTED: To let us clean and beautify your garments to keep them looking their best. "Let Johnny on the spot." Your professional quality cleaners. SANITARY CLEANERS. Ph. 256-2551.

Wanted to Rent: House or apartment in Rockcastle County during the month of July. A Florida winter, his wife and four children. Contact M.J. Welde 2715 Arthur Street, Hollywood, Florida. 33xntf

WOMEN SEWERS WANTED: Work at home doing simple sewing. We supply materials and pay shipping both ways. Good rate of pay. Piece work. Write Dept. 2W3, Jams-tr Industries, Inc., 100 Ashman, Sault Ste, Marie, Mich., Zip 49783. 38x3

WANTED: Licensed beautician to work in county. Call 758-2155. 38x2

NOTICE

LADIES' AND GIRLS' WEAR: Shop Florence's Mt. Vernon, Ph. 256-2222. ntf

NOTICE: Now renting space for mobile homes. City water and sewers. Large lots, in city limits. Desirable location. Contact Sammy Ford 256-2023 or 256-2217. 38x2

LADIES: Abate monthly tensions, headaches with ABATE TABLETS. Only 98c. Maggard Drug, Mt. Vernon. 38x4p

LOSE WEIGHT safely with Dex-A-Diet Tablets. Only 98c at Maggard Drug. 38x4p

Nervous? Can't sleep? Try "Sleepers." Guaranteed results or money back. Only 98c. Maggard Drug. 38x4p

NOTICE: Hamm Bros. Well Drilling and Contracting, Brodhead, Ky. Ph. 256-2024 or 256-2049. 35x2

UNWANTED HAIR? Have it permanently removed! See or call Bessie Anderson, 256-2819 or Dorothy Martin, 256-4244, Mt. Vernon. By appointment only. ntf

NOTICE: Anyone who would like to contribute to the upkeep of the Pine Hill Cemetery, please send your donations to Mrs. Judy Holsing, Cemetery Fund, Pine Hill, Ky. 40364. 35x2

Experience floor sanding, refinishing, old or new floors. 22 years experience. Satisfaction guaranteed. Call 256-2539. John Brown and Wilburn Barnes.

Danville Sewing Machine Center now has headquarters at the Mt. Vernon Bargain Store. If you want a good buy on a new or used sewing machine, contact the Mt. Vernon Bargain Store, Main St., Martin, Vernon, Ky. We service all makes of sewing machines. 32xntf

FOR SALE: Hamm's Drive-In Restaurant, pool room, and garage located on US 150 between Mt. Vernon and Brodhead. Contact Harris or Ruby Hamm at Home or Drive-In or Ph. 256-2049. 38xntf

POSTED: Land located about one mile above Mullin's Station Quarry. George Wynn. 38x12p

FOR SALE: One year old yearling mule colt. Call 256-2224. 39x2

FOR RENT

ROOM FOR RENT: Ladies only. Air conditioned, close in. \$150 per night. \$10.00 per week. Call 256-2256. 34x2

GOSPEL SINGING: The Rockcastle County Singing will be at the Scaffold Cane Baptist Church Sunday, June 25 at 2 p.m. All singers.

WANTED RED OAK LOGS We need good Red Oak logs and are paying very high prices. Donald Binder Lumber Co., London, Kentucky.

NOTICE: Applications will be accepted for the position of Mt. Vernon night City Policeman at the office of Mary Ann Bullock, City Clerk, until 2 p.m. Thursday, July 4. All applicants must be able to drive. 39x3

day, July 4. All applicants must be able to drive. 39x3

FOR SALE: Four acres of land with good building lot just outside city limits of North Livingston on US 25. Also late model piano in excellent condition. Call 453-3455. 39x4

NOTICE: Annual Morris Family Reunion will be held June 23 at Brodhead Fairground. All Morris family and other relations are invited to attend. Walter Morris. 39x2

FOR RENT: All modern house. Call Grace Bowling 256-2339. 39x3p

EXECUTOR NOTICE Notice is hereby given that Lloyd Monk, Route 1, Mt. Vernon, Ky., has been appointed executor of the estate of Roxie Monk, deceased. All persons having claims against said estate shall present them verified according to law to Lloyd Monk, Route 1, Mt. Vernon, Ky., or to Allen J. Clontz, Mount Vernon, Kentucky, attorneys for said estate, no later than September 30, 1968. 39x3

CARD OF THANKS We wish to express our thanks to everyone who helped in anyway during the illness and death of our beloved mother, Mrs. Verda Burdette. We especially want to express our appreciation to those who brought food, sent flowers, sang, the ministers—Brother Dailey and Brother Prewett and the Sparks Funeral Home who officiated.

Elmwood Cemetery

PLEASE SEND DONATIONS FOR UPKEEP TO:

Elmwood Cemetery Assn.
 W. H. Cox, Secretary
 Mt. Vernon, Kentucky 40456

CARD OF THANKS We, the family of Bradford Howard, wish to thank everyone for their kindness and thoughtfulness in the death of our husband and father. We especially want to thank everyone for the flowers. The Browning Singers Pansy McKay and Bro. Lester Arnold. We wish also to thank Cox Funeral Home for their kind and efficient service. The Family

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charities. Housing today, is conducted as a great business enterprise and the pre-natal betting has become so great that it is handled by totalizer machines. Races are held at different seasons of the year, at different tracks, so that there is horse racing somewhere in the United States any time of the year. Speaking of endurance and quality, the modern mobile home displays the finest in durable construction, top quality fixtures, and sturdy, appealing furnishings to meet the highest standards of good taste and livability for a family of any size.

JASPER & JASPER MOBILE HOMES, INC., 2 MILES SOUTH OF SOMERSET ON U.S. 27 Phone 678-5432

APPLICATION FOR PERMIT

The plaintiff, Jul Noe, being a citizen of Rockcastle County, Kentucky hereby makes application for a permit to operate a place of entertainment and to sell soft drinks, and serve eats at the following described location to-wit: Brodhead, Ky., Happy Valley Band Dance.

The said plaintiff is of legal age, married or single has been a citizen of Pulaski County for some time and for five years prior to that was in the following business: Plaintiff says he has not been convicted for a public nuisance nor any other violation of the peace. Applicant hereby agrees and promises the court that if a permit is issued to him on this application he will not violate the law governing places of entertainment and agrees that any peace officer of Rockcastle County will be at liberty to investigate any violation without a search warrant at any time he so desires.

Jul Noe, Applicant

"MY LIONS" (Cont. From Front)

which was begun in 1948 and has been one of the most regular supporters of the club and its activities. He was awarded a twenty-year pin along with Mayor Clyde Linville and John Lair. Floyd Owens and William Norton were awarded fifteen-year pins.

Lion Wayne Stewart made a motion that in order to increase attendance that any Lion member attending twelve meetings within the year be entitled to attend a chicken barbecue with his wife sponsored by the local club. The motion was seconded and carried unanimously. Lion James Lambert installed the president, N.M. Smock, for the coming year. Other newly elected officers

are James Mullins, vice president; Larry Travis, secretary; Floyd Owens, treasurer, and Robert Witt Tail Twister.



UNDERGOING BASIC—Robert C. Robinson, 19, son of Mr. and Mrs. Sherman Robinson, is presently undergoing basic training at Lackland AFB, Texas. He is a graduate of Mt. Vernon High School and is married to the former Annie Doan of Mt. Vernon.

Clyde Barnett met with the Rockcastle County Fiscal Court last Wednesday and showed the members a map of the Barnett and Purr Rigby Road for which an additional twenty-five feet of land, off of the property of Elizabeth Lakes, is needed.

A motion was made and seconded to have County Attorney James Lambert take a committee and attempt to buy the needed land. If Mr. Lambert is unsuccessful, the motion also called for the instigation of a condemnation suit to obtain

the land. Once the property is obtained, the road will be set up under the rural roads house junior, Ollie Mullins, \$200 per month instead of \$150, which he now draws meeting of the Rockcastle Elmer Alcorn Jailer, is to supervise the cleaning of the courthouse and grounds.

There will be a called of the Rockcastle Elmer Alcorn Jailer, is to supervise the cleaning of the courthouse and grounds. **AWARDED DEGREE** Charlotte DeAnn Robbins of Brodhead was awarded the A.B. degree from Transyl-vania College Sunday, June 9, during commencement their approval. The budget was approved by the magistrates as presented and will be called to Frankfort of Mr. and Mrs. D.A. Robbins for their approval.

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 Business 256-4210 Home 256-2527

Tobacco DESTROYED BY HAIL — CROP-HAIL INSURANCE PAID THE LOSS.
 We Also Provide Pepper Hail Insurance
Norton Insurance Agency
 Mt. Vernon, Ky. Ph. 256-2150

Cow Dates Back Many Centuries

By: Faith N. Plummer
 Area Extension Agent in 4-H Youth

Once a year, in June, we pause to pay tribute to the greatest single segment of the nation's agriculture. June is the time when we honor Her Majesty—the Dairy Cow, and all the wealth and health she produces.

Ancient people honored the cow. They filled the heavens with her image. The Milky Way represented a procession of cows that blessed a necessity of life. Across the sky the people of the Nile pictured the cow as leading the seasonal elements that overflowed and enriched their lands. The book of Genesis tells us that when the ancient Egyptians went with Moses in search of the promised lands, scouts returned with the report of a land "flowing with milk and honey."

"How now, brown cow" is a vocal exercise of any school. Purple cow has moved from poetic imagery to a happy marriage of ice cream and grape soda pop, and "holy cow" is an age-old expression of wonder.

And, even in this jet-propelled age, when orbital flights around the earth arouse the excitement of everybody, the cow is still news. Everybody knows that the cow was the first astronaut with her historic "over the moon" jump.

From jumping over the moon in nursery rhymes, to permanent pasturing in the Milky Way, the cow has kept pace with civilization. The dairy cow is also a marvelous food factory. No other beast or bird, no other man-operated manufacturing machine or plant is more efficient in the production of food for man. She takes the grasses and scraps of the fields and converts them into the most nearly perfect single food—milk. She makes use of the crop growth that is otherwise unsuited for human food. She is the number one soil conservationist, building the fertility and the productivity of the land. Prosperity follows the dairy cow. Walt Whitman once wrote:

"The dairy cow's a thing of charm
 She lifts the mortgage from the farm..."

A schoolboy essay, prepared for classwork in English, paid tribute to Bossy as the Marvel of the Machine Age. Here is what the student wrote:

"The cow is a mobile, animated, machine-housed in unprocessed leather. One end is equipped with a mower, grinder and other standard equipment, including bumpers, headlights, wing-flaps and foghorn. At the other end is a milk dispenser and insect repellent. Centrally located is a conversion plant consisting of a combination storage and fermentation vat, three converters in series and an intricate arrangement of conveyor belts. The machine is also equipped with a central heating plant,



PRINCESS CANDIDATES—These six Rockcastle County girls will be competing for the title of 1968 Rockcastle County Dairy Princess on Dairy Day, Saturday, June 15. They are all of Rockcastle County and their father is engaged in the Dairy industry. The girls will each ride in a convertible in the dairy parade and will be interviewed by Barney Arnold, WHAS Farm Newscaster on the stage on Main Street. The girls are, from left to right: Joyce Barnett, daughter of Mr. and Mrs. Roy Barnett; Sandra Gail Cottrell, daughter of Mr. and Mrs. Lester Cottrell; Betty Sue Reynolds, daughter of Mr. and Mrs. Clarence Reynolds; Virginia Ruth Coffey, daughter of Mr. and Mrs. William L. Coffey, and Miss Ruth Ann Brown, daughter of Mr. and Mrs. William L. Brown.

1968 Dairy Princess Candidates

Opportunity Acres

By: Clay A. Colson
 Soil Conservation Service

That is what someone has called Rockcastle County's thousands of acres of pasture—and there's real money in pastures if managed properly. The best estimates are that only about 15% of our pastures are being fertilized—only about one-fourth of recommended amounts. Fertilizer agronomy specialists all say that fertilizer properly applied and in the correct amounts on grasses and legumes will return \$2-.55 for every dollar invested. The dairy cow is the most efficient user of cellulose, found in pasture crops, and can produce milk cheaper on good palatable pasture than from any other feed.

How can you as a farmer gain the greatest income from pastures? First, by proper fertilization. Just applying lime and fertilizer isn't enough, if you are serious about making pastures pay, the experts warn.

Farmers should check to see if the same plants or mixture originally seeded are still present. The clovers may now be gone from a field seeded a few years ago to a mixture.

Renovation is much cheaper than a complete reseeding, says Kentucky agronomists. Production increases are quicker, too—as much as clipping pastures, fields to control weeds and promote palatability is another method of increasing income. Cows will eat more when the pasture is young and tender.

Grazing too close will cause grasses and legumes to be so short that recovery and additional growth will be limited. Rotation of pastures along with clipping will increase production.

To keep renovated pastures productive over the years they should be top-dressed annually with phosphate and potash according to soil test. Keep a balance of grasses and legumes to provide pasture during more months of the year instead of early summer months when grasses alone are present.

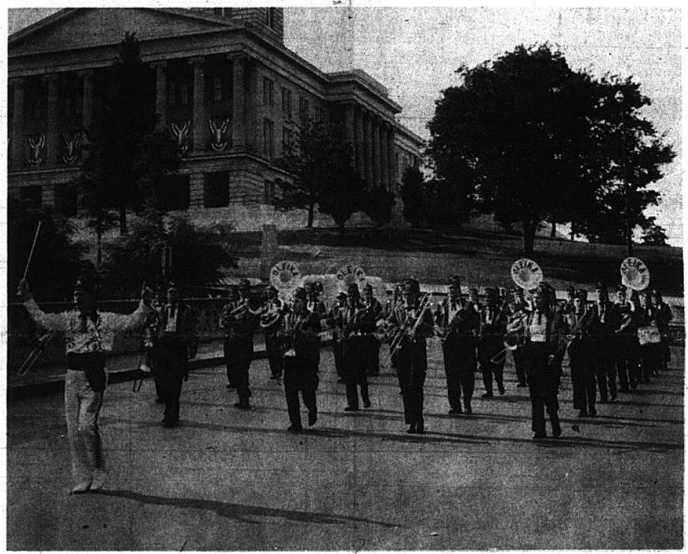
Why not make these pastures, we now have, pay off? The opportunity is ours.

Eight Annual Dairy Day Sat.

By: H. Lee Durham
 Comation of County Dairy Princess will highlight the eighth annual Rockcastle Dairy Day which will be held on Main Street in Mt. Vernon.

Dairy Princess candidates who will compete for the crown on June 15 are: Miss Joyce Barnett, daughter of Mr. and Mrs. Roy Barnett, Route 1, Bodhead; Miss Sandra Gail Cottrell, daughter of Mr. and Mrs. Lester Cottrell, Route 1, Bodhead; Miss Betty Sue Reynolds, daughter of Mr. and Mrs. Clarence Reynolds, Route 1, Crab Orchard; Miss Kurena Gail Mullins, daughter of Mr. and Mrs. Robert Mullins, Route 1, Brodhead; Miss Virginia Ruth Coffey, daughter of Mr. and Mrs. William L. Coffey, Route 3, Mt. Vernon, and Miss Ruth Ann Brown, daughter of Mr. and Mrs. William L. Brown, Route 1, East Bernstadt.

Mr. Barney Arnold, WHAS Farm Newscaster, will interview each candidate from the stage on main street. Crowning of the winner will be handled by Miss Mary Michael Brown, Taylorville, State Dairy Princess. Winners of the local contest will represent the county in District 8 Dairy Princess Contest in October and the district winner will compete in the Kentucky Dairy Princess Pageant, Louisville in February, 1969.



THE OLEIKA TEMPLE SHRINE BAND will be the highlight of the June Dairy Parade, Saturday, June 15. The band, composed of 53 members and directed by Don Wilson, former Band Director at the University of Kentucky, is one of the more renowned Shrine Bands and has appeared in several large cities for parades. They recently appeared in a very large parade in Lexington for the Southeastern Shrine Association Meeting and have also appeared in Dayton, Ohio, and other large cities. They will also perform in Berea Saturday for their Dairy Day Parade and will then return to Renfro Valley for refreshments. The Marching Patrol, directed by James Stapp, Patrol Captain, will also appear Saturday and there is a good possibility that the Jockey Patrol, under the direction of Melvin Rhorer, will appear. This patrol rides miniature motorcycles and should be a great treat. The Shrine Band is also scheduled to appear in Lancaster and Danville on Saturday, June 22, for these town's Dairy Day Parade.

This Sunday Proclaimed As Robert L. Bausum Day

Whereas, Robert Lord Bausum, served for 38 years as a missionary in China prior to his retirement, undergoing dangers, and deprivations, and

Whereas, he has resided in Mt. Vernon for 12 years during which time he has done religious work in and around this area, seeking to aid and advancing the cause of

Christ and endeavoring himself to all persons knowing him and sharing his religious zeal, and

Whereas, he is leaving this community to travel in Europe, the Near East and especially the Holy Land and finally to join his daughter Mrs. Bob Evans, her husband and children in Malaysia in Asia in which area they serve as missionaries.

We do now proclaim, Sunday, June 16, 1968, as ROBERT LORD BAUSUM DAY and order that appropriate recognition be accorded to him commensurate to his past service in this GREAT CAUSE and REGRETS be expressed at his leaving and wishes of the community for his continued well being. Given under our hands this 12th day of June, 1968.

/s/ Wayne Van Hook, Judge Rockcastle County, Kentucky
 /s/ Clyde Linville, Mayor City of Mt. Vernon

THIEVES ENTER POST OFFICE

The Livingston Post Office was broken into Sunday night, according to Sheriff Tipton. Entrance was gained by forcing a door in the rear of the building. Taken were a money order machine and several parcel post packages. Nothing else was missed in the robbery. No arrests have been made.

MV Lions Meet; Elect Officers

The turnout for the Mt. Vernon Lions Club Ladies' Night last Thursday was excellent with about 70 attending the dinner-business meeting.

The usual business meeting was dispensed with so that some special awards might be presented.

Past president pins were presented to four Lions: County Attorney James Lambert, City Attorney, Clontz, James Robinson, and Estill Hodges.

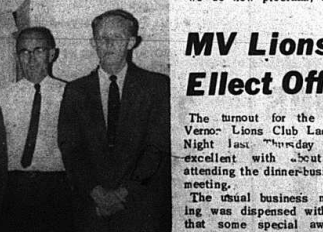
Other past presidents who had already received pins were recognized. They were: Clyde Linville, Wayne Stewart, William Norton, Floyd Owens, and N.M. Smock.

Mr. Smock was also recognized for his loyalty and service to the club. He is the only remaining charter member of the club

(Cont. To Back Page)

LICENSE INCREASE

Driver's license fee has been increased to \$3.00 according to Money Ed Cummins, Circuit Court Clerk. The \$3.00 covers a two-year license as the old \$2.00 fee did. Also, motorcycle, hopda, and motor scooter operators are now required to pass a written test and driver's test. The first test will be given at 1 p.m., June 14 at the office of the Circuit Court Clerk and will be given each Friday thereafter until everyone wishing to take the test has done so. License fees for these persons will be \$1.00 per year.



AWARDED PINS—Five Lions were awarded pins for membership for many years. Receiving pins were, from left: John Lutz, Mayor Clyde Linville, N. M. Smock, all receiving twenty-year pins; William Norton and Floyd Owens, who received fifteen-year pins.

PAST PRESIDENTS—Several past presidents of the Mt. Vernon Lions Club were honored at the group's regular meeting last Thursday night. Recognized were, from left: Atty. Carl Clontz, James Robinson, Estill Hodges, N. M. Smock, Clyde Linville, Atty. James Lambert, William Norton, Floyd Owens, and Wayne Stewart. Lions Clontz, Robinson, Hodges, and Lambert were awarded past president pins. The others had already received these pins.

Mount Vernon Signal

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BABSON'S POINT OF VIEW

HELPING RETURNING SERVICEMEN
 The end of the Vietnam war is not yet in sight. But even now, thousands of servicemen (and women) are returning to civilian life each month. If you have relatives or friends due to be discharged, or if you are an employer, you should know what Uncle Sam is doing to help these veterans.

OLD JOB OR NEW
 All vets who were employed before entering service have 90 days after discharge to apply for restoration to their old jobs. If you know any returning serviceman who is having trouble getting his old job back—and this is not uncommon, especially in small companies whose owners or managers just don't understand what the law requires of them—tell the vet to contact the nearest Veterans' Re-employment Rights Office of the U.S. Department of Labor for assistance.

Vets who worked for Uncle Sam before going into service, or who would like to work for him now, should contact their local U.S. Civil Service Commission Office. Note that the Federal Veterans' Preference Act accords former servicemen priority on government jobs for which they qualify. Many states give a similar break to vets qualifying for state civil service jobs. In addition, President Johnson has empowered federal agencies to hire vets for some government jobs without requiring competitive examinations.

EDUCATIONAL BENEFITS
 All veterans who have had more than 180 days of active service, or who have been discharged for service-connected disabilities, are entitled to one month's schooling for each month of active-duty service, for a total of no more than 36 months' schooling. Such instruction may be taken at any public or private secondary school, vocational, correspondence, or business school; junior, college, normal school, or teachers college; college or university; professional, scientific, or technical institution. The Veterans Administration administers this program. Government help amounts to \$130 per month for a single vet in a full-time educational total, rises to \$155, with two to \$175. Assistance for each dependent after the first two is \$10 monthly. Not widely known is the fact that veterans may receive a monthly allowance if they choose to take farm co-operative training comprising institutional agricultural courses plus related work on the farm. For a single vet, the allowance is \$105 per month, \$145 for a vet with two dependents, \$7 for each additional dependent.

LIFE INSURANCE AND HOME LOAN GUARANTEES
 All discharged military personnel possess a most important asset in their Servicemen's Group Life Insurance policy. This protection is continued for 120 days after they leave the service. If not converted to a commercial-type policy within that period it lapses. So, if you have a query about GI insurance, don't guess, or be content with partial answers. Get in touch directly with the Servicemen's Group Life Insurance, 212 Washington St., Newark, N.J.

DISABILITY COMPENSATION AND HOSPITAL CARE
 VA disburses disability compensation on a monthly basis to vets who have incurred wounds in line of duty or who have suffered injuries or contracted diseases while in service. Such payments range from \$21 to \$850 per month. All through life, veterans are entitled to full care in VA hospitals at no cost for service-connected disabilities and for treatment of non-service-connected illnesses when beds are available and they can certify they are unable to pay for hospital care elsewhere. For complete, up-to-date information on total possible benefits, contact your local VA office.

The Kentucky Fair and Exposition Center, Louisville, is the largest multiple building of its kind in the country.

Deficiency Causes Drop In Milk Fat Test

By: H.H. Van Horn
 Dairy Commodity Chairman
 It is well known that cows which are switched to forage that has been finely ground, drop drastically in milk fat test. For example, a cow that normally tests 4.0% may drop to as low as 1.5% after receiving such a ration for several weeks. It is the lack of what we might call a "roughness factor" which causes such a drop in test. To maintain a normal fat test, cows must receive at least 15 pounds of long hay or this much roughage dry or matter from silage or pasture. Most cows normally receive far more than this. Silage or chopped hay can satisfy this "roughage requirement" because most of the stems are still at least one half inch in length and consequently do not have the fat depressing effect that grinding the forage would have. Cows grazing extremely lush pasture, which is high in moisture and quite low in fiber, may not receive enough "roughage" to maintain normal milk fat tests. This is the reason that cows may drop in test when they first go on pasture. The test usually returns to normal as the pasture matures and supplies more "roughage." However, most of the drop in test that occurs when cattle are grazing lush pasture is usually avoided when hay or other supplemental roughage is fed during the pasture season. Pelleting grain rations is another factor which tends to provoke a drop in fat test if roughage intake of cows is restricted or if cows are grazing very succulent pasture as the only roughage source. The drop in fat test due to pelleting will be greatest in grain rations high in shelled corn. However, the drop in fat test caused by pelleted grain is usually small in rations where cows are offered all of the hay or silage they want to eat and the level of pelleted grain is less than 20 pounds per cow daily. Here are several things that a dairyman can do to maintain normal fat tests and total production, and the same practices will help prevent abnormal flavors:
 1. Avoid sudden changes in the feeding program. Make the change from the winter feeding program to pasture gradually, taking about two weeks to make the complete shift.
 2. Feed hay or silage to cows during the pasture season. They won't eat as much when the pasture is at its best but they will usually eat enough to prevent the large drop in test that often occurs.
 3. Use ground ear corn in the grain ration if it is continued on page 7

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Your dairy herd benefits, and you profit, when you get more feed and grazing from each acre of land with adequate, proper fertilization. We offer Spreader Service, too.

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We Salute The Dairy Farmers

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| | WHOLE 39¢ LB. SLICED 43¢ LB. | 39¢ | 1 1/2 LB. PKG. 4 FOR \$1.00 | 32 oz. Qt. Jar 39¢ |

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| Elm Hill Smoked and Tenderized Ham BUTT | Giant FAB |
| PORTION 43¢ LB. SHANK PORTION 39¢ LB. | 59¢ (Limit 1 with \$5.00 order) |

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|------------------------------------|------------------------|
| JOAN OF ARC CORN | JOAN OF ARC PEAS |
| Golden Cream Style or Whole Kernel | EARLY |
| No. 303 Cans 5 FOR \$1 | No. 303 Cans 6 FOR \$1 |

| | |
|-------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|
| 100 EXTRA TV STAMPS With This Coupon and Purchase of \$10.00 to \$19.99 Coupon Expires June 16 | Red Ripe TOMATOES 19¢ LB. |
| 50 EXTRA TV STAMPS With Purchase of \$5.00 to \$9.99 and this coupon. Coupon Expires June 16 | WHITE HALF RUNNER GREEN BEANS LB. 19¢ |
| 50 TV STAMPS WITH Purchase of 2 or more pkgs. Cube Steaks. Coupon Expires June 16 | 50 EXTRA TV STAMPS With Purchase of 2 or more Cut-up fryers or Parts. Coupon Expires June 16 |
| 50 TV STAMPS WITH Purchase of 2 or more pkgs. of Gold N' Corn Margarine. Coupon Expires June 16 | 50 EXTRA TV STAMPS With Purchase of Any Watermelon. Coupon Expires June 16 |

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Corn Silage Excellent Forage For Dairy Herd

By Wilbert H. Earley, Area Extension Agent, Wilderness Trail Area
 The use of corn silage and dairy rations has been rapidly increasing on dairy farms in the Wilderness Trail area (Rockcastle, Jackson, Clay, Laurel, Whitley, Knox, Bell and Harlan). One of the main reasons for shifting to more silage is that the

crop can be harvested at the desired stage of growth with minimum harvesting losses so that the maximum yields of nutrients per acre are obtained. The excess amount of rain the last two springs is proof that hay making is undesirable and it's hard to get high quality. Also, the feeding of corn silage can be automated here as hay is hard to automate.

The type of land that the dairyman has will be a large factor in determining what forage crop will be best to use for his dairy cows. Corn silage has the advantage here because each farmer can find a few acres level enough to produce corn. Research has shown that corn is the superior forage because of its high total digestive nutrient per acre. Although it is low in protein, it can be balanced by feeding a grain mixture.

How Much Silage Can Dairy Men Feed

There have been a number of experiments made in which cows have been fed corn silage as the only source of forage and have been shown to produce as much or more milk than cows that were receiving hay. Heifers have received corn silage as the only forage from birth through two lactations, with the exception of the pasture they received during summer months. No cumulative results of a harmful nature were found. Cows fed corn silage as the only forage have sometimes shown a craving for dry roughage after being on this type of ration for a long period of time. Although this is not a serious problem, the craving for dry matter can be avoided by feeding a small amount of hay (about 5 pounds per cow per day).

If a dairyman is planning on using silage as the only forage he must know the amount of storage that he is going to need. Let's consider a dairyman that is milking 45 cows. If this dairyman is raising his own replacements, he will also have about 20 heifers of an age between 10 months and freshening, about 10 calves from 1 1/2 to 10 months of age, and about 6 calves up to 1 1/2 months of age. In other

words, he needs to plan the feeding program for the total herd of 81 animals. If he is going to feed silage as the only forage, the yearly feed needs would be about 1,100 tons of silage averaging 30-35 percent dry matter or an equivalent amount of dry matter in drier silage. These amounts would be appropriate for Holsteins and Brown Swisses. (Figure about 2/3 of these amounts for smaller breeds.) This means that he would need about 960 tons of silage at 30-35 percent dry matter. This silage storage can be in a conventional silo, upright silo or piled on the ground in a convenient place packed heavily with a tractor and covered with black plastic.

Experience has shown that by piling silage on the ground and packing it thoroughly and covering it with black plastic gives excellent results and is an inexpensive storage per ton of silage.

Silage Additives

Many products have been added to silage to try to improve its nutrient preservation or to attempt to make silage a more suitable "complete" feed. Research has not been conducted to test the effectiveness of all the "preservatives" that are being marketed. However, of the research that has been conducted, no benefit has been shown from adding bisulfite, antibiotics to haylage or corn silage. Limestone in corn silage (10 to 20 pounds per ton) has shown no benefit as an additive for dairy cattle. Limestone has given improvement in feed efficiency and rate of gain in some trials with fattening cattle. Urea is a product that dairymen may want to consider as a corn silage additive if they are feeding high levels of corn silage. With a high-corn silage ration the protein supplement needs are quite high. Under these conditions the use of urea as a substitute for some of the protein can result in a considerable saving. Urea would not be added to silage as a preservative but simply as a practical way of including it in the ration.

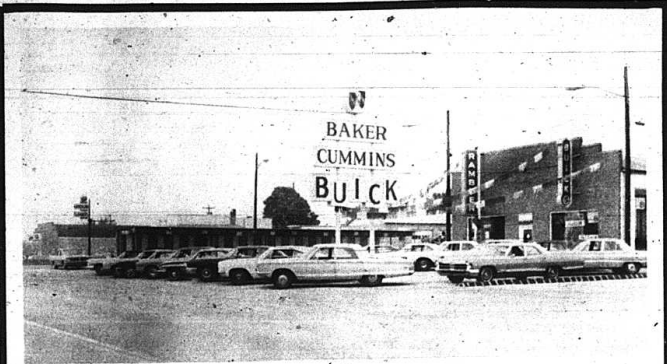
Many dairymen have asked, "Is urea safe to feed?" The answer is yes. Urea is simply a source of nitrogen which rumen bacteria can convert to protein to meet the animal's requirement for protein. It is important that urea is mixed well with the feeds, and there are limits as to the amount that can be used. However, when you consider a possible savings in protein supplement of more than \$20 per cow per year on all-corn silage rations, it is not difficult to see why urea usage is increasing.

If urea is used at levels much above 1 percent of the concentrate mixture, urea is unpalatable, and, of course, a reduction in concentrate intake will reduce milk production. Furthermore, if high levels of urea are put in the concentrate mixture, the high producers who get the most concentrate get the most urea. This may or may not be a detriment, but since low producers are as good or better utilizers of urea than high producers, why not use as much urea for a low producer as a high producer and thus cut feed costs more on these cows too. When urea is added to corn silage, the low producers get as much as the high producers, and there is no problem with the palatability of urea when it is added to silage (10 pounds per ton). Corn silage is deficient in protein, but adding 10 pounds of urea per ton of silage will bring the protein up to adequate levels for animals that can meet needs for silage alone.

The expected loss of urea from the silage has not been well defined, but if the silage is above 30 percent dry matter so that silo seepage is minimized, indications are that the urea loss is less than 10 percent.

Type Of Silo To Use For Storing Silage

Unless the dairyman is feeding at least 300 tons of silage yearly, it would be continued on page 7



Baker & Cummins, Inc. would like to take this opportunity to Salute the Dairy Farmers of Rockcastle, Madison and surrounding Counties. See You In Mt. Vernon June 15th.

AND WE ESPECIALLY SALUTE OLEIKA TEMPLE, ROCKCASTLE AND MADISON SHRINE CLUBS. OLEIKA TEMPLE'S MARCHING UNITS ARE ONE OF THE BEST IN THE NATION AND WE ARE HONORED TO HAVE THEM IN MT. VERNON. EVERY RESIDENT SHOULD TURN OUT TO SEE THIS FINE UNIT IN FULL COLOR. NOT MANY LARGE CITIES CAN BOAST OF HAVING HAD THEM PERFORM. SO COME OUT AND ENJOY THE FUN

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PUBLIC AUCTION

4-Room House With Large Lot 3 Building Lots

Sat., June 22 10:00 A.M.

Located at Wildie, approx. 10 miles South of Berea and 7 miles from Mt. Vernon

Mr. and Mrs. Leroy Mullins have moved to their home in Berea and have authorized us to sell their property for the high dollar, located at Wildie.

This house has 4 good size rooms and large bath, 3 porches (one screened in). It is in good condition, has storm windows and doors throughout, new birch cabinets and double stainless steel sink in kitchen. It is heated by oil furnace. There is a good fruit cellar, also well and nice shade trees. The lot is extra large, has a garden spot and other buildings. We will also sell 3 good sized building lots with nice shade trees and good growing.

This property is ideally located in a nice community and close to the post office, church, store and school. This sale offers you the opportunity to buy property for a home, or a good rental investment, also lots to build your future home.

We will reserve the right to group those tracts which contain approx. 2 acres.

TERMS: 25% day of sale, balance with deed and possession within 30 days.

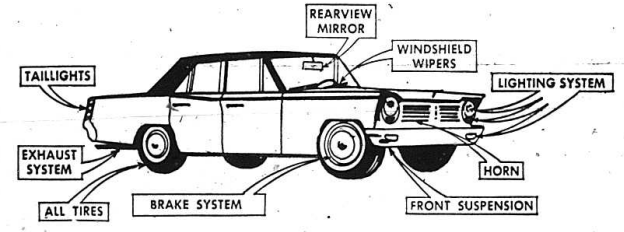
AUCTIONEER: George Scott, Jr. OWNERS: Mr. and Mrs. Leroy Mullins

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AROUND BRODHEAD

Burgin-Smith Vows Spoken June 2nd

Miss Bettie Hail Burgin, daughter of Mr. and Mrs. Welby E. Burgin of Stanford, and E.J. Smith, Jr., son of Mrs. Lucy Smith and the late Eli Smith of Brodhead, were married at Stanford Baptist Church on Sunday, June 2.

The Reverend Dr. Austin Roberts officiated at the double ring ceremony. Mrs. David Burton presented a program of pre-nuptial music and the traditional Wedding March. Mrs. Howard Gooch, soloist, sang "Because," "Climb Every Mountain," and "The Wedding Prayer." Arrangements of ferns surrounded the candleabra that decorated the altar.

The bride, given in mar-

riage by her father, wore a floor length gown of a light imported silk organza featuring patterns of Chantilly lace. The scalloped short sleeves and rounded neckline were trimmed in the lace as was the cathedral length train which draped from the waistline. Her shoulder length veil of illusion fell from a crown of seed pearls. She carried a white wedding Bible topped with a white orchid.

Mrs. Garvin W. Laurie, Jr., of Jacksonville, Florida was matron of honor and Miss Barbara Ann Burgin of Louisville, was maid of honor. Bridesmaids were Miss Jo Morrow and Miss June

Clayton Morrow of Lexington. Attendants wore daffodil yellow floor length gowns of chiffon with an empire bodice similar to that of the bride's dress. Headpieces were pale yellow chiffon veils fashioned with velvet bows. They carried French bouquets of yellow and white daisies.

John Baker of Brodhead served as the bridegroom's best man. Ushers were Kenneth Hester and Ted Grigsby of Lancaster. Guffand, Cummins of Brodhead, and Homer Smith of Stanford.

The bride's mother chose for her daughter's wedding a teal blue ensemble with matching accessories. The bridegroom's mother selected a fern green lace dress. Both wore white orchid corsages.

The reception following the ceremony was held in the Fellowship Room of the church. Carrying out the theme of the wedding, a large arrangement of daisies



Nitochke is Mrs. Hamm's sister. Mrs. F. Earl Mullins accompanied Mrs. H.B. Morgan of Corbin to Anchorage, Monday for a four day visit with Mr. and Mrs. W.T. Brooks.

Mr. and Mrs. John I. Gaines were week end guests of Mr. and Mrs. F. Earl Mullins.

McGuire, escaped without injury. The three were admitted to the Rockcastle County Baptist Hospital but have now been released. According to police reports, McGuire was going down a grade and attempted to round a sharp curve on the right side of the road. The snow tires on the truck slid on the wet pavement, turned around, turned over once and came to rest on its left side.



MISSIONARY-Rev. LeRoy Albright, Baptist Missionary to Malawi Africa, will preach the evening service at Brodhead Baptist Church June 16 at 7:30 p.m. Rev. Albright, who has been in Africa for the past eight years, is a graduate of Georgetown College. He and his wife, Jean, have three sons, Max, Rodney, and Ray.

THREE INJURED IN WRECK

Mary McGuire, Michael McGuire, and Manley McGuire were all injured last Saturday night, when the truck in which they were riding, driven by Manley McGuire, overturned on the Brush Creek Road. Another passenger in the car, Diane

Safety Poles

New stainless-steel light poles installed by the Minnesota Highway Department are designed to break-away at their base when struck by a motor vehicle, reducing to a minimum damage to both pole and vehicle.

"We Salute The Dairy Farmers of Rockcastle County and Welcome The Shriners To Mt. Vernon"

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MT. VERNON, KENTUCKY

VOWS SAID-Mr. and Mrs. Raymond Sargent of Brodhead wish to announce the marriage of their daughter, Thelma Lou, to Harley Randal Adams, son of Mr. and Mrs. Harley Adams of Brodhead. The wedding took place at the home of the bride Friday, June 7. Both Mr. and Mrs. Adams are 1967 graduates of Brodhead High School and Mr. Adams is presently employed with the ASC office for the summer. He will attend Eastern Kentucky University this fall. Mrs. Adams is employed as a deputy to Robert Cramer, County Tax Commissioner. After a short honeymoon in the Smokey Mountains, the couple will make their home in Brodhead.

graced the center of the serving table with silver candelabra pointing toward the silver punchbowl on one end and the traditional three-tiered wedding cake at the other. Assisting at the bride's table were Mrs. John M. Waters and Mrs. Calvin Smith of Stanford. Mrs. James D. Weaver of Lexington presided over the guest registry.

Following the ceremonies the couple left for an extended trip to Canada and Niagara Falls. They will reside in Brodhead on their return.

a missionary in Africa will be the guest speaker at Brodhead Baptist Church for the Sunday evening service on the 16th of June. Rev. Albright is on furlough in the states and on his way back to Africa.

Staff/Sgt. and Mrs. Ralph Eddie Albright who are stationed at Ft. Belvoir, Va., are here visiting his father, Mr. Ralph Albright and mother, Mr. Levi Bishop and Mrs. Bishop. Mrs. Meta Nitochke of Tarpun Springs, Fla., visited Mr. and Mrs. Joe Hamm for two weeks. Mrs.

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Personals

Mr. and Mrs. Dan Hacker, Linda Sue and Geneva and Mr. and Mrs. Jimmy Hacker are in New Mexico visiting Mr. and Mrs. Ronald Walton and family.

Mr. and Mrs. Eddie Morgan of Richmond visited her parents, Mr. and Mrs. Ted Scott Sunday.

Mr. and Mrs. Mack Albright of Lexington visited Mr. and Mrs. Charley Hurt Sunday.

Mrs. Alice Albright of Lexington is visiting her sister, Mrs. Charley Hurt and Mr. Hurt.

Mr. and Mrs. D.A. Robbins were in Lexington Saturday and Sunday to attend the graduation of their daughter, Charlotte DeAnn from Transylvania College.

Miss Joan Conrath of University City, Missouri is visiting Miss Charlotte Robbins.

Miss Sandy Robbins, Mrs. Roberta Taylor, Sharon and Patty, Mrs. Shirley Martin, Mrs. Nancy Parkinson, Aslee Bray, and Mrs. Geraldine French and Benedetta are in Day Camp at Berea with the Girl Scouts.

Mr. and Mrs. Raymond Canada, Rick and Don of Somerset visited Mr. and Mrs. Richard Cheatham Saturday.

Mr. S.D. Scott and John Scott were in Bristol, Tenn., to attend the Car Races Sunday.

Mrs. Heman Taylor is in Indiana visiting relatives. The Brodhead Playground is open and the public is invited to attend the softball games.

Mrs. D.A. Robbins, Mrs. B.C. Riddle and Mrs. Jim DeFauld were in Somerset on business Friday.

Mr. and Mrs. C.B. Owens have returned from Pensacola, Florida where they visited their son, Dr. Byron M. Owens and Mrs. Owens and son.

Mrs. Jean Ennis is in Indianapolis, Indiana visiting her daughter, Mr. Gary Ping, Mr. Ping and Paula Lee. Mrs. May Roberts and Miss Lina Ennis have returned from a visit in Erlanger with Mr. and Mrs. George Roberts.

Rev. Roy Albright, nephew of Mr. R.

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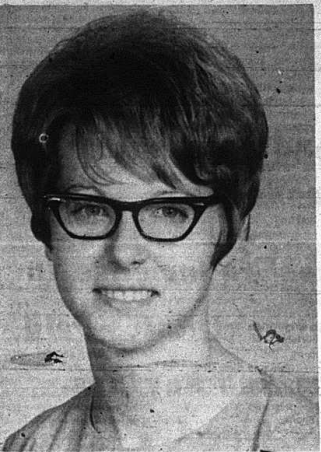
We Salute The Dairy Farmers of Rockcastle County on A Job Well Done

ATTEND DAIRY DAY AND SEE THE BIG PARADE

KENTUCKY TELEPHONE COMPANY

COMMERCIAL SYSTEM

Social & Women's News



ENGAGEMENT ANNOUNCED-Mr. and Mrs. Ed Cromer announce the engagement of their daughter, Miss Barbara Ann Cromer, to Larry Carter Mink, son of Mr. and Mrs. Hatt L. Mink. Miss Cromer will be a senior at Pulaski County High next year. Mr. Mink is employed in Ohio and is a 1966 graduate of Mt. Vernon High. The wedding will be an event of Saturday, June 29 at the home of the bride and the couple will then make their home in Ohio.

LADIES AUXILIARY MEET
The Ladies Auxiliary of the Rockcastle County Baptist Hospital met at the Hospital Monday evening with two churches represented. Along with other plans for their work, they are still promoting a "Membership Drive," and soliciting new members.

Personals

Mr. and Mrs. E.V. Koellin of Frankfort, after visiting in Danville last week, en route home stopped for a visit with her mother, Mrs. Martha Helton, who accompanied them home to spend a few days there, and she has now returned home.

Floyd Stokes and daughter Linda spent Sunday in Lexington visiting relatives, and attended services at the Baptist Church Sunday morning.

Mr. and Mrs. Carl Leach and Mrs. Edgar Mallins of Louisville spent Sunday in Mt. Vernon visiting relatives and friends.

Mrs. Carrie Baker, Mrs. Mintie Ponder and Mr. and Mrs. James Bowling attended the funeral of Walter Jones (father of Harold Jones) in Stearns, Tuesday.



CHRISTIAN CHURCH BIBLE SCHOOL-The Mt. Vernon Christian Church will end its summer Vacation Bible School program this Friday with a picnic at the church camp near Brodhead. Attendance was excellent as shown by the photo above. Bro. Norman Howard is pastor of the church.

Rev. Robert Bausum has returned home after spending three weeks with his son Rev. George Bausum and family in McQuady, relatives in Maryland and various other places.

Mrs. Tony Saylor has returned home after spending last week with her husband, who is stationed at Ft. Lee, Virginia with the U.S. Army.

Pvt. Tony Saylor and Pvt. Ricky Pipkin spent the week end here visiting friends and relatives.

SERVICES HELD FOR MRS. M. FREDERICKS

Funeral services were held Sunday, June 9 by Bro. O. V. Smith at the Chestnut Ridge Church of Christ for Mrs. Maggie Fredericks, 89, of Hamilton, Ohio, who died Thursday morning, June 6, there. She was born in Knoxville, Tenn., the daughter of the late Stanton and Mary Cox Scarborough and was a member of the Chestnut Ridge Church of Christ. Mrs. Fredericks was a former resident of Mt. Vernon.

She is survived by four daughters, Mrs. Florence Grace Harper of Mt. Vernon, Mrs. Marie Bader, Mrs. Florence Harvell, and Mrs. Janet Metzer, all of Hamilton, Ohio; three sons, William M. Fredericks of Mansfield, Ohio, Jim Fredericks and Saley Fredericks, both of Albany, Georgia; one sister, Mrs. Non Bell, of Mt. Vernon; one brother, James Scarborough, one half-brother, Mike Cain, both of Hamilton, Ohio, thirty six grandchildren, several great grandchildren, and six great great grandchildren.

Burial was in the Elmwood Cemetery.

Cox Funeral Home was in charge of arrangements.

SGT. RALPH LAMB DIES IN ACCIDENT

Sergeant Ralph Richard Lamb, 23, was killed May 25 when the car in which he was riding struck a Norfolk and Western Railway train at a crossing north on Indiana 28 on U.S. 31.

He was stationed at Gus Grissom Air Force Base at Bunker Hill, Ind. He was the son of Ralph and Helen (Sothorn) Lamb of Germantown, Ohio.

Besides his parents, he is survived by two brothers, Robert and Roy, and one sister, Tony, all at home; paternal grandmother, Rosa Lamb of Middletown, Ohio; maternal grandfather, Isaac Sothorn, and a paternal great grandfather, David Webb, both of Brodhead.

Funeral services were conducted Wednesday, May 29 at the St. John United Church of Christ in Germantown.

Hospital Notes

PATIENTS REGISTER
6/4/68 - 6/11/68

ADMITTED:

Minnie Irvin, Brodhead; Oakley Collins, Mt. Vernon; Maggie Falin, Orlando; W.D. Gentry, Brodhead; Zelma Norton, Mt. Vernon; Phyllis Childress, Mt. Vernon; Jim Blanton, Brodhead; Ruth Opal Bullock, Mt. Vernon; G.C. Sutton, Brodhead; Ruby Collins, Mt. Vernon; Ancil Vaughn, Brodhead; Kittie Snodgrass, Brodhead; Jalia McKinney, Mt. Vernon; Lizzie Vanwinkle, Mt. Vernon; James Spears, Mt. Vernon; Doris Settles, Mt. Vernon; Ralph Sears, Mt. Vernon; Mary McGuire, Orlando; Nannie S. Durham, Mt. Vernon; Rose Taylor, Mt. Vernon; Carolyn Cameron, Mt. Vernon; James Rowe, Mt. Vernon; Milford McKinney, Mt. Vernon; Melberta Robbins, Brodhead; Mae Roberts, Brodhead; Betty Sigmon, Mt. Vernon.

RELEASED:

Lillie Helton, Brodhead; Alice Ballinger, Orlando; Jeff Brown, Eubank; Nannie Renner, Mt. Vernon; Cor Lee Renner, Mt. Vernon; T.Q. Barnes, Crab Orchard; J.T. Nottingham, Mt. Vernon; Minnie Irvin, Brodhead; Oakley Collins, Mt. Vernon; Maggie Falin, Orlando; W.D. Gentry, Brodhead; Zelma Norton, Mt. Vernon; Phyllis Childress, Mt. Vernon; Jim Blanton, Brodhead; Ruth Opal Bullock, Mt. Vernon; Ruby Collins, Mt. Vernon; Ancil Vaughn, Brodhead; Lizzie Vanwinkle, Mt. Vernon; James Spears, Mt. Vernon; Doris Settles, Mt. Vernon; Ralph Sears, Mt. Vernon; Mary McGuire, Orlando; Carolyn Cameron, Mt. Vernon; James Rowe, Mt. Vernon.



FAMILY REUNION-The Howard Family was well represented at a family reunion held Thursday, June 6 at the home of Mrs. Dessie Howard in Mt. Vernon. All of the Howard children, except one son, Raymond of Covington, were on hand for the reunion. Mrs. Dessie Howard has ten children, eight of whom live in Rockcastle County: Archie, Arlos, Earl, Robert, Oscar, Viola and Sue Howard and Mrs. Opal McGee. One daughter, Mrs. Myrtle Smith, lives in Independence. Mrs. Howard has twenty-eight grandchildren and four great grandchildren.

| | | |
|------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|
| WAYMAN'S DEPT. STORE IN BERE A | | |
| LADIES TRICOT, JERSEY TWO COLOR REVERSIBLE Half Slips Complete Shadow Panel \$1.00 | MEN'S REG. \$10.00 DACRON - NO IRON WATER REPELLENT JACKETS YELLOW TAN NAVY GREEN \$7.99 | MEN'S \$3.88 Sport Shirts GINGHAM - MADRAS SEERSUCKER - SLIM - TRIM \$1.98 |
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| LADIES SAMPLE Swim Suits \$15.00 VALUES \$7.88 | CHILDREN'S Play Suits BOYS - GIRLS 6 MO. to 6 YRS. 98c | BOYS BANLON - NYLON SIZES 6 to 16 Swim Trunks \$1.98 |
| GIRLS ITALIAN LEATHER SANDALS SIZES 9 1/2 to 3 \$1.98 | DIAPERS \$3.69 VALUE \$2.99 | MEN'S BANLON NO-IRON KNIT LEISURE SHIRTS \$4.95 - \$5.95 VALUES \$3.88 |
| MEN'S NO-IRON Walk Shorts TO \$4.95 VALUES \$2.99 | BOYS TO \$2.99 BUTTON DOWN COLLAR OXFORD CLOTH SHIRTS SIX COLORS to SIZE 18 \$1.98 | MEN'S \$4.00 WASH & WEAR PAJAMAS \$2.99 |
| TOP VALUES PLUS TOP VALUE STAMPS | | |
| LADIES MANNISH COTTON PRINT \$4.00 PAJAMAS ANKLE LENGTH \$2.99 | BRAND NAME STAY PRESS Dacron Robes \$10.00 VALUE \$5.88 | MEN'S FRUIT OF LOOM Underwear ATHLETIC VESTS 3 for \$1.75 Knit Briefs 79c Broadcloth Shorts 79c |
| JUNE IS BUSTIN OUT ALL OVER AT WAYMAN'S DEPT. STORE IN BERE A | | |

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DAIRY DAY PRICE

Purses REGULAR \$3.98 **\$2.98**

One Lot Sandals REGULAR \$3.99 **\$1.00**

ATTEND DAIRY DAY - SAT., JUNE 15

And Come In And Look Over Our Many Bargains

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Five Youths Volunteer

Five area youths recently volunteered for duty with the United States Air Force according to Tsgt Carl Hatfield, local Air Force Recruiter.

The members of the Aerospace Team completed job-aptitude exams at the recruiting office in Somerset, then selected their desired career fields and are now undergoing their basic training, with exception to one member who enlisted in the Air Force 120-day delayed enlistment program. Upon completion of basic, each of the Airmen will be assigned to a training unit within the Air Force to receive professional job training in his selected career field.

The five new members of Air Force are:
Ronald D. Bray, 19, son of Mr. and Mrs. Dale L. Bray, Route 1, Mt. Vernon. Ronald is a 1967 graduate of

Brodhead High, and enlisted for training in the General Career field.
Phillip E. Howard, 18, son of Mr. and Mrs. Golden Howard Brodhead. Phillip is a 1967 graduate of Brodhead High and also selected the General Career Field for specialized training.
George D. Isaacs, Jr., 19, son of Mrs. Elizabeth Isaacs, Mt. Vernon. George is a graduate of Mt. Vernon High and will be trained in the General Career field upon completion of basic training.
Dennis E. McGuire, 19, son of Mr. and Mrs. William A. McGuire. Dennis enlisted in the 130-day delayed enlistment program and will enter on active duty on August 15. He will be trained in the General Career field upon completion of his basic training in September. Dennis attended Mt. Vernon High.
Larry B. Reppert, 19, son of Mrs. Marcus T. Reppert.

"Devil's Copper"
Nickel was mined by the mine of S&Sons in 1964, when they were unable to smelt copper ores that - unknown to them - contained nickel. They thought the dust had caused their ore so they called the "tough metal" "kupper nickel" or "old Nick's copper."

Dairy Princess Speaks with Authority Because She Knows Her Milk Business

Regan Lind Davis, 20, who has reigned the past year as "First Lady" of the dairy industry since she was selected as the 14th American Dairy Princess, speaks with authority because she knows her milk business. The attractive daughter of Mr. and Mrs. H. Clair Davis of Kinsman, Ohio, lives on the family 200 acre dairy farm with her parents, older brother Jeffrey, and two younger sisters, Heather and Amanda.

She is currently completing her sophomore year at Ohio State University majoring in fashion design. Prior to becoming Princess, Regan was a member of the National Honor Society in high school. She also served as president and vice president of the student council, was elected class representative and secretary, and was chosen as homecoming queen.

In preparation for her regal role in the dairy industry, Miss Davis visited on cattle and sewing projects during four years of membership on F-H. She saw food demonstrations and participated in radio and television interviews throughout Ohio.

Princess, Regan has been an attractive spokesman for milk, appearing frequently on television programs and radio interviews, in newspaper columns, and in a wide variety of magazines. She will crown her successor on July 2, 1968, during the coronation ceremony climax of the 14th annual American Dairy Princess contest in Chicago.

CONTEST DETAILS

The 14th annual American Dairy Princess Contest will be held at the Continental Plaza Hotel, Chicago, Ill., June 29-July 2, 1968, with the coronation at noon on July 2nd.

Contest judges will be selected by the American Dairy Association.

Every candidate must be accompanied by an adult chaperon selected by the member unit sponsor during the four day contest period.

Important features in the judging will include a healthy

Prognosticators Take... A Look Into The Future Of Farming

Prognosticators of farmers in the year 2000 envision him as a sophisticated executive with a computer for a foreman; the rancher will ride herd on environmentally controlled livestock hotels, and fishermen will "harvest" the oceans.

Despite a world population of some seven billion people at that time, Americans will eat better than ever as a result of improvements and controls in dealing with Nature.

According to Orville Freeman, Secretary of Agriculture, the year 2000 "will mean better foods, more nutritious foods, better tasting foods, a bigger variety of foods... and still at a reasonable cost, thanks to an efficiency of operation which continues to hold unit production costs to a minimum..."

"The consumer should then be able to buy her whole milk according to whatever butterfat content she desires. She'll choose meat cuts with hardly any fat. She'll receive more protein per portion of cereal. And all of these changes will come about through the miracle of genetics... by breeding cows and meat animals and cereal grains to meet specific dietary and taste requirements."

and family last week. The Ottawa Church had their Vacation Bible School last week with an average attendance of fifty a day. It was a very successful week.

Bro. and Mrs. J.B. Allen visited Mr. and Mrs. J.C. Allen and Tami Dee at Williamsburg Saturday.

Mr. and Mrs. Casper Jones and Gene visited Bro. and Mrs. Don Downing at Heidick Sunday afternoon.

Mr. and Mrs. Dewey Bamett and family of Carlisle, Ohio visited Jim Blanton over the week end.

Mr. and Mrs. Wallace Proctor, Mr. and Mrs. Arlos Proctor and family visited friends in Cincinnati, Ohio and attended a singing there Saturday. Mr. and Mrs. Carlos Lawrence and Wendell of Cincinnati, Ohio visited Mr. and Mrs. Virgil Lawrence and Mark over the week end.

appearance and natural attractiveness; maturity for long, from home travel; personality; poise and public speaking ability.

The American Dairy Princess will be awarded a \$2,000 cash scholarship; her alternate, a \$500 cash scholarship.

The new American Dairy Princess will have a limited travel schedule during her reign. She will be reimbursed for travel expenses and draw per diem when representing the association.

She will be free to continue her education and her official appearances will be determined by her availability.

REGULATIONS

Each state affiliate, or estate with a regional affiliate of the American Dairy Association, may enter one candidate by providing written consent.

She must be at least 16 years of age and not over 25 years of age as of June 1, 1968, and must not be, nor ever have been, married.

She must be a high school graduate and have a dairy farm background in order to properly represent the nation's farmers.

She must be able to present a medical doctor's certificate stating that she is in good health and if she is under 21 years of age, she must present a signed statement of consent to enter the contest from her parents or guardian.

No candidate is allowed to enter the American Dairy Princess Contest a second time.

Per Cow Gross Yield, Higher For Dairy Men

Dairy men who took part in Standard Plan record keeping within the Dairy Herd Improvement Association (DHIA) in 1966 grossed an average of \$233 more per cow than non-participants.

They produced an average of 12,307 pounds of milk per cow, or 57% more than non-participants. Average production in DHIA herds was up 180 pounds over

Club Restaurant is located on Chambers Street in New York City.

It features a fixed-price meal (\$1.50 for lunch, \$2.50 for dinner) of as many cheeses as the diner wishes, plus crackers, bread, butter and fruit.

All the cheese served in the restaurant can be purchased in the Cheese of All Nations shop on the ground level, where more than 1,000 varieties are carried. Whether it's Cheddar or Blue, tasty cheese is good for you.

NAIL CARE:

Apply clear polish lightly to prevent chips and splits. Use nail whitener daily and drink gelatine in your morning juice to keep nails long and strong. Dip your nails into a bar of soap to prevent breaking before, diply work. Scrub nails often with warm water and a stiff nail brush to remove soil and dead cuticles.



OTTAWA BAPTIST CHURCH BIBLE SCHOOL-- The Ottawa Baptist Church concluded its Vacation Bible School last widely with average attendance of fifty children a day. Bro. J. B. Allen, extreme left, is the pastor.

OTTAWA and Mrs. Curtis Bradley last week. Ben Bullock visited Mr. and Mrs. E.B. Lawrence

WELCOME SHRINERS

To Rockcastle Co. And The June Dairy Day Parade

Monroe Baker

JIM'S DOLLAR DISCOUNT DAIRY DAY SPECIALS

Dairy Day Only Saturday, June 15

| | Reg. | Sale Price |
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| 52x70 TABLE CLOTH | 2/1.00 | 3/1.00 |
| BROADCLOTH SUITING MATERIAL | 59c and 69c per yard | 39c and 49c per yard |
| DRESS PATTERNS | Up to 60c | 19c |
| MEN'S SPORT SHIRTS | \$1.00 | 69c |
| CHILDREN'S PLAY SUITS (3 to 6x) | \$2.00 | \$1.00 |
| CHILDREN'S SHOES (8 1/2 to 3) | \$2.99 | \$1.89 pr. |
| BOYS' 3 to 6x Shirts | 2/3.00 | .97c |
| LADIES' PURSES | \$3.29 | \$2.79 |

Be Sure To Get In On These Outstanding Buys AT Jim's Dollar Discount In Mt. Vernon, Ky.

The Second National Bank London, Ky.

Announces An Increase In Annual Interest Rates Paid

On Time And Savings Effective June 15, 1968, We Will Pay:

5% INTEREST ANNUALLY ON NEW CERTIFICATES OF DEPOSIT (All present outstanding certificates will automatically draw five percent from above rate)

4% INTEREST ANNUALLY ON PASS BOOK SAVINGS

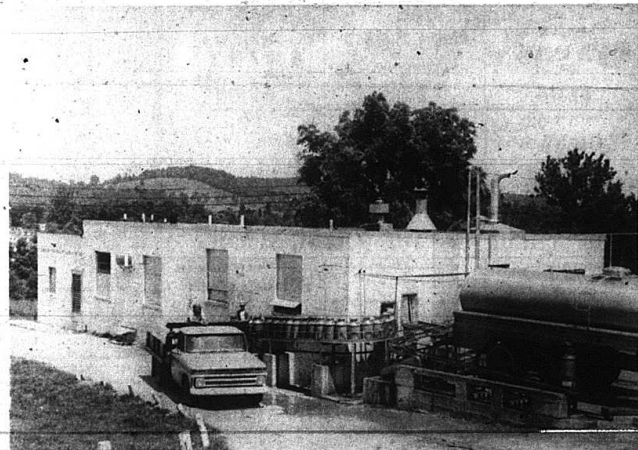
Interest on Certificates of Deposit will be paid Semi-Annually by check mailed to the depositor.

Interest on Pass Book Savings will be paid April and October each year and automatically credited to your account.

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U. S. DEPOSITORY

TO ALL OF YOU Thanks....



We, at Armour Creameries take this occasion -- JUNE DAIRY MONTH -- to thank each and every one of our milk patrons for their confidence and loyalty. We also want to include our business associates and our friends in the state and federal agencies serving agriculture. Their cooperation is greatly appreciated.

On our part, we pledge our best efforts to the manufacture of dairy products that meet the highest quality standards and provide a profitable and enduring market for milk producers of this area. We will strive to expand these markets.

With all of us working together, dairying can become a still greater factor in the economic and social life of Central Kentucky. Let's make every month DAIRY MONTH.

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Mt. Vernon, Kentucky

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WILLIAMS

W.D. Gentry is ill in the Rockcastle County Baptist Hospital. A speedy recovery is wished for him. Recent visitors of Mr. and Mrs. W.D. Gentry were Mr. and Mrs. Cadie Coffman and son and Jack Gentry, all of Dayton, Ohio. Mrs. Betty Lou Green of Frankfort visited her parents Mr. and Mrs. W.E. Burton, recently. Clinton Thompson of Norfolk, Virginia is home, on leave with his wife, Artie Mae and Mark and his parents, Mr. and Mrs. Russell Thompson. Mrs. Pauline Burton visited Mr. and Mrs. Fred Todd Sunday. Recent visitors of Mrs. Julia Norton were Mr. and Mrs. William Shadonian and daughter, Mr. and Mrs. Howard Norton and family, all of Dayton, Ohio, and Mr. and Mrs. Denton Thompson and family of Louisville. Sandy visitors of Mrs. Julia Norton were Mrs. Onia Vought, Mrs. Nadene Stevens, and Lewis Brown. Mrs. Florence Elder underwent surgery at Somerset City Hospital recently. She has now returned home. We wish her a speedy recovery.

IN MEMORY OF MAMIE HAMM
Who passed away September 27, 1966.
A light from our household is gone, a voice we loved is still. A place is vacant in our home that never can be filled.
Memories are treasures no one can steal, death is a heartache no one can heal. Some may forget now that you're gone, but we shall remember no matter how long.

Sadly missed by his wife,
Mrs. Alba Hamm and family

Giant Machines
Giant new machines capable of boring a six-foot diameter hole through 180 feet of rock in less than two weeks are speeding development of International Nickel mines in Ontario and Manitoba. The raise borers can complete a job in one-quarter of the time it used to take.

AUCTION SAT., JUNE 22 AT 10 A.M. OF PERSONAL PROPERTY

LOCATED: ON FAIRGROUND HILL IN MT. VERNON AT THE HOME OF THE FORMER MARIE PRICE.

This personal property is in number one condition and is such quality that you can be proud to have it in your home. Here is a partial list of the items to be sold:

- 5 piece cedar bedroom suite
- coffee range (new)
- refrigerator (new condition)
- bedroom suite
- breakfast set (like new)
- kitchen cabinet
- lamps
- power lawn mower
- good television
- living room suite (almost new)
- coffee tables
- end tables
- winger washer
- sewing machine
- coal stove with blower
- odd chairs
- electric range
- rocking chair
- roll-away bed
- odd tables

These are only a few of the items to be sold. Be sure and attend this sale and buy some fine furniture and appliances.

TERMS: Cash
For Further information contact:

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Virgil Allen Clerk

COW continued from front
Here's a butter cookie that's particularly suited to summer eating. It's not baked, it's chilled, and can be toted along to the picnic in an insulated bag. To make Peanut Crunchies: In a 3-quart saucepan place 1/4 cup (1/2 stick) butter, 1/2 cup chunk-style peanut butter, 1/2 pound marshmallows, and 2 squares (2 oz.) unsweetened chocolate. Cook over low heat, stirring constantly, until ingredients are melted and well blended. Add 3 cups sugar-coated corn flakes and mix well. Pack into buttered 8-inch square pan and chill until set. When cool, cut into bars.

Keeping cool in summer does mean relaxing with a tall, cold glass of milk. There's nothing better to refresh you after work or play on a warm June day. To turn that refreshing moment into an extra special treat, mix up Frosty Orange Chocolate Floats. The family will love this milk cooler. It's got everything: Milk, ice cream, orange juice, chocolate flavor. To make one large 14-ounce serving: In the bottom of a tall glass mix 3 tablespoons frozen concentrated orange juice, thawed; one scoop vanilla ice cream; and a few drops of red food coloring. Fill glass with 1 cup milk; stir until blended. Top with a second scoop of vanilla ice cream and a scoop of chocolate ice cream. Teenagers will love to sit up their own variations of this soda fountain special. For Lemon-Strawberry Milk Shakes: Use 3 tablespoons frozen concentrated lemonade, vanilla ice cream, yellow food coloring, milk, and strawberry ice cream to top it off. Mix as before. For Lime Milk Shake, use 3 tablespoons frozen concentrated limeade, vanilla ice cream, green food coloring, milk and mint ice cream. If your kids go for peanut butter the way most youngsters, do give them a happy surprise. Stir up some deliciously different milk coolers made with peanut butter. These Peanut Butter Cookers are first-rate for family meals, great for late-afternoon snack, start with a heavenly Honey Peanut Butter Cooler. Just beat 1 quart cold milk with 6 tablespoons honey and 1/2 cup creamy peanut butter until thoroughly mixed. Refrigerate and serve cold. For a marvelous maple-flavored beverage, beat 1 quart cold milk with 1/2 cup maple syrup and 1/2 cup creamy peanut butter plus 1 teaspoon maple flavoring. Refrigerate and serve cold. Another refreshing blend is Minty Peanut Butter Cooler. Beat 1 quart cold milk with 1/2 cup mint jelly and 1/2 cup creamy peanut butter. Beat together until thoroughly mixed, refrigerate and serve cold. Each recipe makes six servings.

The all-in-one casserole is a standby for busy homemakers, a quick meal that's tasty and easy to serve. If you'd like a new casserole recipe, here's one to treasure. It's made quickly with frozen vegetables and cottage cheese. Cottage Vegetable Bake not only provides the vitamins contained in vegetables, but the good milk protein of cottage cheese. Dairy sour cream adds more protein, plus tangy fresh flavor to perk up the dish. Here's how to make Cottage Vegetable Bake. Place 2 packages (10 oz each) frozen mixed vegetables, thawed and drained, in a shallow 1 1/2 quart casserole. In a small mixing bowl beat together 2 cups cottage cheese and 1/2 cup dairy sour cream until smooth. Add 2 tablespoons regular all-purpose flour, 1 teaspoon salt and a dash of pepper. Add 2 eggs and beat until thoroughly blended. Pour this over vegetables and bake in a preheated 350 degree oven 40 minutes. Serve with cold meats and milk for a quick family dinner. Makes 6-8 servings.

If you've never tried dairy sour cream on anything but baked potatoes, make this the year you get acquainted with our cream's abilities. You'll be amazed to discover all the different foods that go well with this fluffy, satin-smooth dairy product. Its gentle, yet tangy, flavor will enliven so many meals; and it's so versatile. Spoon sour cream straight from the can to serve as a salad dressing, dip, sauce for

meats or vegetables, topping for cake or pie. Use it in cooking, too! Sour cream adds a lot to casseroles, and baked foods. Sour cream will put new taste appeal into your summer meals.

Here's a cool combination for you: Ice cream and dairy sour cream. It's mixed with a couple of other ingredients like orange rind and marshmallow creme, they make a most unusual but refreshing summer dessert. Make Orange Cream Sauce to go over chocolate ice cream for a spectacular sundaes. For Orange Cream Sauce: In a bowl thoroughly blend 1 jar (7 oz.) marshmallow creme and 2 tablespoons grated orange rind. Gently fold this mixture into 1 cup dairy sour cream. Cover and chill. Makes about 2 cups. Serve over chocolate ice cream as a custard sauce.

CORN SILAGE
continued from page 3

doubtful that an upright silo would be more efficient than a self-feeding bunker or trench silo. In other words, up to 300 tons, the low construction costs and the labor-saving features of the pour down bunker or the trench silo outweigh the disadvantage of a higher loss of nutrients (due to spoilage) than is observed in upright silos. However, above the 300-ton level, the advantage favor the upright silos if silage feeding is going to be a regular practice.

DEFICIENCY
continued from page 2

readily available. The cobs can supply bulk to the grain ration much cheaper than oats or bran and also will contribute soughage to the ration.


4. Don't let cows get too thin, under-nourished cows will usually test lower. In spite of taking all of these precautions, a dairyman can still expect some variation in milk fat test throughout the year. Many other factors have an influence on test but usually the expected changes are much smaller than when the "roughage requirement" is not met.

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Ph. 256-2153 Field Representative - Roy Brown Mt. Vernon, Ky.

DAIRY DAY SALUTE

The 5 & 10c Store is as much a part of our national heritage as is baseball, the hot dog, or General Motors. The 5 & 10 was born in 1879 when Frank W. Woolworth opened his first store. The amazing thing was that everything in the store was priced for only five cents. In the summer of 1890 he decided to add a 10c line of merchandise to the store and thus it became the 5 & 10c store and the price of nothing over ten cents was to hold for over fifty years. This no longer holds true. Today you can find diamond rings, forty dollar dresses, and expensive coats in our present day 5 & 10c.

Hiatt's 5 & 10 in Mt. Vernon is proud of the history back of the development of the 5 & 10c store and the store which is presently known as Hiatt's 5 & 10 has a sound heritage as a business that has served Rockcastle County as a 5 & 10 for over 30 years.

The store is proud of the fact that now scores of nationally known brands of merchandise, found in all major chains across the country, can also be found at Hiatt's in Mt. Vernon.

If you need anything, whether it be a penny balloon, and eight cent shoe string, a twenty five cent dog collar, a three ninety nine skirt, or even a fifty seven ninety five banjo you can probably find it at Hiatt's. If you should need change for the parking meter, a package wrapped, a window shade cut off, or just someone to hold the baby, Hiatt's will be glad to accommodate you.

Do You Know You Can Buy

WE SALUTE YOU DAIRY FARMERS



THESE FAMOUS BRANDS:
CANNON SHEETS AND TOWELS
BUTTERICK PATTERNS
LOVABLE BRAS
FRUIT OF THE LOOM HOSIERY
COLUMBUS OIL CLOTH
TALON ZIPPERS
WRIGHT TRIMS
JOHNSON BABY PRODUCTS
GENERAL ELECTRIC & SUNBEAM KITCHEN DEVICES
BRACH CANDY
WHITMAN BOOKS
BLUEHORSE SCHOOL SUPPLIES
KAY AND HARMONY GUITARS
EASTMAN KODAKS
FILM
PARKER
MATTEL GAMES & TOYS
WESTCLOX CLOCKS

Hiatt's 5 & 10
Mt. Vernon, Ky.

Do You Know You Can Buy

- PINS & NEEDLES
- PENCILS & PAPER
- TOYS AND GAMES
- SWEATERS & BLOUSES
- NOVELTIES AND GIFTS
- ZIPPERS & THREAD
- CHINAWARE AND DINNERWARE
- HANDBAGS AND BILLFOLDS
- PANTIES AND BRAS
- HAIRSPRAY AND SHAMPOO
- CURTAIN RODS AND BRACKETS
- "LITTLE BITTY" NAILS
- "MEDIUM SIZE" WAGONS and "GREAT BIG" LAMPS
- MOUSE TRAPS
- FOSTER GRANT SUNGLASSES
- DR. SCHOLL'S SUPPLIES

HIATT'S 5 & 10
Mt. Vernon, Ky.

AT HIATT'S 5 & 10

JUST ABOUT EVERYTHING YOU NEED



WE SALUTE

THE FOLLOWING MERCHANTS

**SALUTE
THE DAIRY FARMER
AND**



WE SALUTE

THE DAIRY INDUSTRY

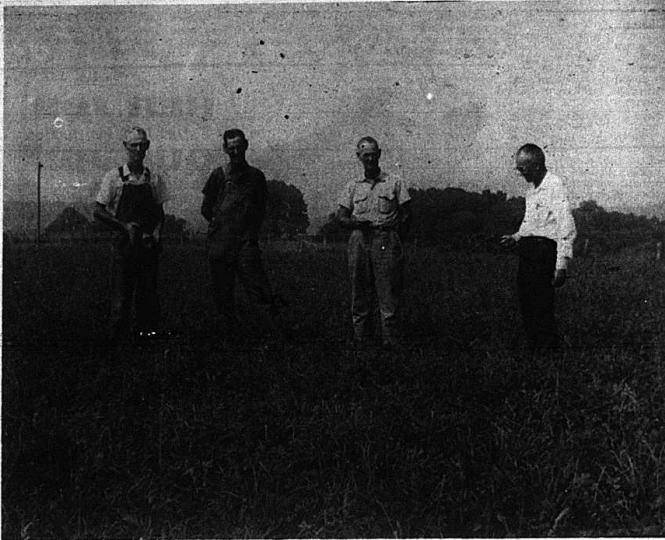


**ATTEND DAIRY DAY IN
MT. VERNON SATURDAY, JUNE 15**



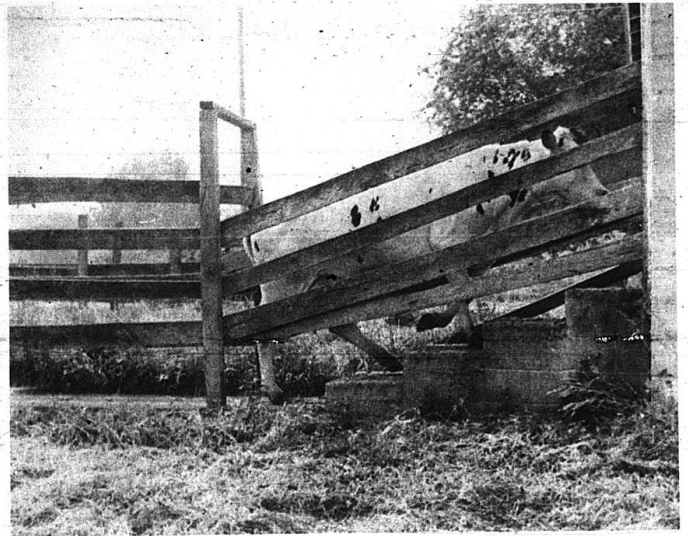
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|-------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|
| <p>RUSH'S JEWELRY Watch Repair 256-2361 Mt. Vernon, Ky.</p> | <p>MAGGARD DRUG STORE Rexall Products 256-2215 Mt. Vernon, Ky.</p> | <p>WESTERN AUTO ASSOCIATE STORE Estill Hodges, Owner 256-2616 Mt. Vernon, Ky.</p> | <p>HIATT & ANDERSON Insurance Agency Business 758-2050 — Residence 758-2021 Brodhead, Ky.</p> |
| <p>C. C. COX HARDWARE Hardware and Furniture 256-2815 Mt. Vernon, Ky.</p> | <p>CINCINNATI BARGAIN STORE Mrs. Dollie Pillion, Owner 256-2261 Mt. Vernon, Ky.</p> | <p>W. H. COX FUNERAL HOME 256-2345 Mt. Vernon, Ky.</p> | <p>MT. VERNON DRY CLEANERS Charles Machol, Owner "Free Summer Storage" Ph. 256-2551 Mt. Vernon</p> |
| <p>MT. VERNON PRODUCE Bob Jasper, Owner 256-2241 Mt. Vernon, Ky.</p> | <p>ROCKCASTLE FARM SERVICE Phone 256-2516 Williams Street Mt. Vernon</p> | <p>Burton Feed & Supply. 758-3280 Willalla, Ky.</p> | <p>MT. VERNON HOTEL AND RESTAURANT Owner: Gertrude Hilton 256-2211 Mt. Vernon, Ky.</p> |
| <p>JIM'S DOLLAR DISCOUNT "Where Your Dollar Buys More" 256-2329 Main Street Mt. Vernon</p> | <p>THE HEN HOUSE Rod and Marie Tolan 256-2318 Mt. Vernon, Ky.</p> | <p>S. T. PROCTOR LUMBER CO. 256-2521 Mt. Vernon, Ky.</p> | <p>BELLY ACRES RESTAURANT 256-2055 Renfro Valley, Ky.</p> |
| <p>APPLIANCE SERVICE CENTER Frigidaire — Speed Queen Plumbing - Heating 256-2626 Mt. Vernon, Ky.</p> | <p>DINNER BELL RESTAURANT Richmon St. Mt. Vernon, Ky.</p> | <p>MT. VERNON FLORIST Ruth Fain — Owner Across From Cox Funeral Home Ph. 256-2091 Mt. Vernon</p> | <p>PARSONS GAS AND APPLIANCE SERVICE 256-2288 Rt. 3 Mt. Vernon, Ky.</p> |
| <p>ANDERSON AUTO SALES AND GROCERY 256-2792 Renfro Valley, Kentucky.</p> | <p>SAMMY FORD REAL ESTATE AND AUCTION AGENCY "Service That Satisfies" Ph. 256-2023 or 256-4217 Mt. Vernon</p> | <p>FLORENCE'S DRESS SHOP 256-2266 Mt. Vernon, Ky.</p> | <p>BRODHEAD MILLS Custom Grinding and Mixing 758-3811 Brodhead, Ky.</p> |
| <p>CUMMINS GROCERY 256-2529 Mt. Vernon, Ky.</p> | <p>McBEE DEPARTMENT STORE 256-2751 Mt. Vernon, Ky.</p> | <p>NORTON INSURANCE AGENCY 256-2150 Mt. Vernon, Ky.</p> | <p>MT. VERNON DAIRY FREEZE Mr. and Mrs. Herbert Coffey 256-4290 Mt. Vernon</p> |
| <p>ANDERKIN & MARTIN BULLDOZING 256-2819 Mt. Vernon</p> | <p>FARMERS FEED AND SUPPLY Simpson Brothers Purina Feeds 758-2585 Jct. Hwy. 70 & 150 Brodhead, Ky.</p> | <p>LONDON LAUNDRY (Dewey Roberts) 758-3581 Brodhead, Ky.</p> | <p>ROBINSON'S Clothing for the Entire Family Main Street Mt. Vernon</p> |

Harris Bros. - Last Year's Dairy Farm Family



FARM FAMILY--The Harris Brothers of Route 1, Mt. Vernon, the 1967 Farm Family during June Dairy Month, are shown with William I. Norton, Armour

Superintendent in one of their grazing pastures on their 150 acre farm. The brothers grow just about all their feed for their herd.



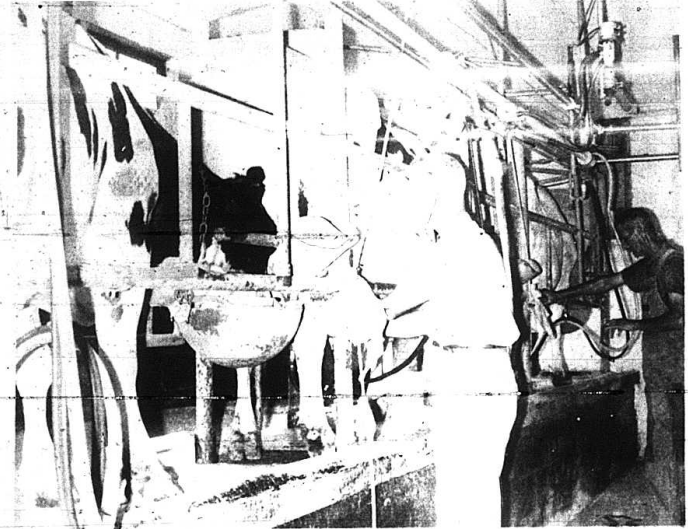
IN THE CHUTE--The cows are channelled into the milking parlor where they are fed while being

milked. The brothers also raise over two acres of tobacco on their farm.



GRAZING--The photo above shows some of the Harris Brothers herd of Holsteins. They have, at

this time, 29 milking cows which produce over 300,000 pounds of milk per year.



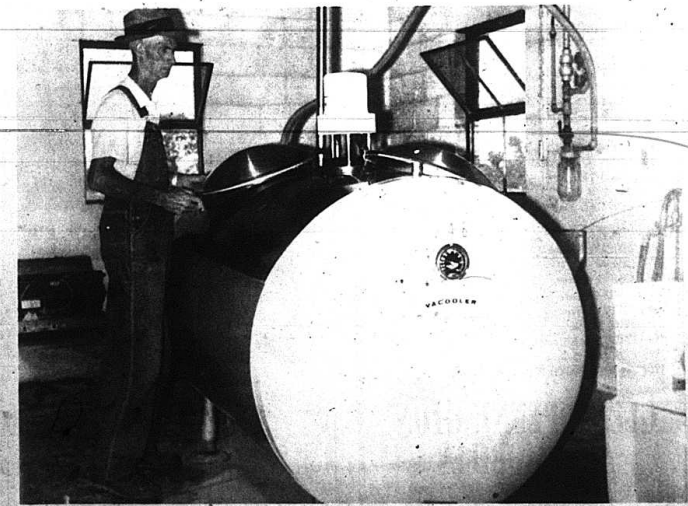
"IN THE PARLOR" -- In approximately one hour, all twenty-nine cows are milked and back in the pasture. Handling the automatic milkers are John

E. Harris and Clyde Harris, whose daughter, Beverly, was a Dairy Princess candidate in 1962.



MILKING PARLOR--The Harris' modern milking parlor is shown above. It is equipped for automatic milking, cooling and the milk is processed straight from the cow to the cooler. Their bacteria count is one of the lowest in the county and is no doubt

mainly due to the clean, modern facilities which the farm is equipped with. In the background is shown the modern silo where approximately 250 tons of corn silage is stored. The brothers grow ten acres of corn for silage.



AUTOMATIC COOLING--The milk is piped directly from the cow into this automatic cooler in another room of the parlor where it is cooled and kept at about 38 degrees. William "Babe" Harris is shown

in the above photo. According to the Harris Brothers, their operation, which was begun in 1961, required an initial investment of about \$15,000, for all equipment and cows.