

Heart Research Faces Big Challenges Next 20 Years

This third and final article in a series presented by the local Heart Association is to inform readers of this newspaper about progress in the fight against heart and circulatory diseases.

Your Heart Association is now completing its twelfth year as a national health agency. As noted in the first two articles of this series, it has been the spearheading force behind an 18.4 per cent drop in the cardiovascular death rate for persons below 65 since 1950. What are the prospects for the next twenty years?

Nobody can give an exact answer to the question but many competent authorities think it likely that great advances are likely, and that progress during the next two decades will surpass that of the 1949-1969. These possibilities have been mentioned.

Prevention and control of conditions causing heart attack (now responsible for about 520,000 deaths yearly in the United States) and stroke (cause of over 200,000 U.S. deaths annually). Realization of this goal would mean that 25,000 persons are born yearly.

Identification of causes and prevention of inborn heart defects with which about 25,000 persons are born yearly.

Increased knowledge leading to earlier and more effective implantation of hearts and other organs.

Development of an effective artificial heart, with

a fully-implanted power source, as well as perfection of "assist" mechanical devices to help hearts in distress.

Extension of already tested "coronary care units" or their equivalents, to all hospitals in the country treating acutely ill persons. These units, which provide for continuous monitoring of vital functions of persons surviving heart attacks, with an alarm system bringing personnel trained to cope with sudden emergencies, improve the survival rate by as much as 30 per cent. They are now available only to about a third of surviving heart attack patients.

Further substantial gains also are expected in the fight against rheumatic fever and rheumatic heart disease, a already widely regarded as being preventable by knocking out the "strep" infection which almost always precedes rheumatic fever. Some scientists believe that a readable vaccine, immunizing young people against "strep" infection, is in the air.

Dramatic advances in cardiovascular surgery are quite possible. During the 1949-1969, this field of surgery focused on correction of inborn heart and blood vessel defects, arterial grafts, valve replacements and relief of conditions resulting from rheumatic heart disease. Additionally, heart transplantation moved into its clinical trial phase. During the next twenty years, medical scientists are likely to improve existing techniques, and develop many new ones.

Apart from this is done by science and medicine, man himself may play a big role in reducing the risk of heart attack and stroke during the next twenty years. The steps he can take include periodic health examinations which give his physician an opportunity to detect and begin treatment of any high blood pressure or diabetes that may be present; avoidance of cigarettes; maintenance of normal weight; regular physical activity, which substitutes to a diet which adheres to a diet which substitutes polyunsaturated fats chiefly from vegetable oils and fish for animal fats and which has fewer high-cholesterol foods.

Any look at the future also must take into account another vital consideration—your Heart Association, now needed more than ever before. It is the only successful research program, having contributed so effectively to virtually every recent advance in cardiovascular medicine, surely warrants extension to do its programs of professional and public education, as well as its community heart programs.

It must continue to bring the benefits of new knowledge to all.

And how can the individual help? One way is to work as a Heart volunteer, actively and personally participating in the fight against heart and blood vessel diseases. Another way is to give generously to the 1969 Heart Fund Campaign, which is being conducted throughout February.

It must continue to bring the benefits of new knowledge to all.

in their sorrow.

Mr. and Mrs. U.G. Baker and Mr. and Mrs. Dearl Miller were recent dinner guests of Mrs. Myrtle Barger.

We are sorry to report that Eddie McClure and Emmett Williams are on the sick list. We wish them a speedy recovery.

John P. Miller was in Somerset recently to consult a doctor.

Fred Ransel of Louisville visited here a few days ago.

Sam Cromer visited John Spoonamore recently and made a business call in the Pongo section.

Mr. and Mrs. Homer Jones were in Somerset Sunday to visit Rev. Stevens, who is ill.

Mrs. Lynda Elan and baby spent the week end with her parents, Mr. and Mrs. Harve Stevens.

Mr. and Mrs. George Hasty visited Mr. and Mrs. Loas Stevens Sunday evening.

Mr. and Mrs. Joe F. Norton of Wab, Mr. and Mrs. Bill Miller, Mr. and Mrs. C.J. McDaniel of Mt. Vernon, Mrs. Edd Barger, Mr. and Mrs. Loas Stevens, and Messrs. Smith and Holbrook visited Mrs. Myrtle Miller and Mr. Miller recently.

Mrs. Pat Norton and sons of Indiana spent last week end with her parents.

Mr. and Mrs. George Allen and Mrs. Ruth Allen visited Mr. and Mrs. J.D. Miller Friday evening.

Mr. and Mrs. Loas Stevens and Mrs. Oma Vaught and family visited Mrs. Julia Norton and son last Sunday evening.

Mr. and Mrs. Ernest Wallen visited Mrs. Edd Barger a few days ago.

Mrs. Fannie McDaniel and Mrs. M.N. Miller were in Somerset shopping recently.

Mr. and Mrs. E.L. Bguling have moved near here.

Mrs. Ethel Roger and son, Mr. and Mrs. Spencer Bobbitt were recent visitors of Mrs. Ella Saylor.

QUAIL

Mr. and Mrs. Charles Station and daughters spent the week end with her parents, Mr. and Mrs. Roy Brown and Mrs. Maude Brown.

Mrs. Hiatt Mink, who has been ill, is improving.

Week end guests of Mr. and Mrs. Joy Brown and daughters were Mr. and Mrs. Billy Ponder, Mr. and Mrs. Billy Long and family, Mr. and Mrs. Coy Brown, Mr. and Mrs. Dean Brown and family, Danny McKinney and Wayne Taylor.

Teresa Lawrence spent Monday night with Karen

MISS COUNTY FAIR OF KENTUCKY 1969



FAIREST OF THE FAIR—Miss Kathleen Anderson, Alexandria, has been chosen Miss County Fair of Kentucky. The 22-year-old blonde won the 1969 title over 54 other contestants in the last session of the Kentucky Association of Fairs and Horse Shows Inc.

Brown. Mr. and Mrs. Charlie Hasty visited Mr. and Mrs. Jay

America. Mr. and Mrs. Elmer Ponder visited Mr. and Mrs. Tony Mink and Mr. and Mrs. Marvin Ponder Sunday afternoon.

Mr. and Mrs. Claude Clemmons and children and Mr. and Mrs. Dale Mink and son visited their parents, Mr. and Mrs. Tony Mink and son over the week end.

Karen Brown spent Wednesday night with Teresa Lawrence.

Visitors of Mr. and Mrs. Kenneth Chattle Sunday were Mr. and Mrs. Hamen Smith and Regina Lynn of Prochessville, and Mr. and Mrs. Jimmy Hames and Michael of Crab Orchard.

Mr. and Mrs. Kenneth Chattle visited Mr. and Mrs. Fred Ransel Sunday night.

Mr. and Mrs. Billy McKinney and son spent the week end with Mr. and Mrs. Arthur McKinney and Darrell.

Mr. and Mrs. Novice Gentry and Nicky were in Lexington Friday evening visiting Mr. and Mrs. Billy McKinney and sons and Mr. and Mrs. Jim McKinney and son.

Sunday dinner guests of Mr. and Mrs. Arthur McKinney and sons were Mr. and Mrs. Billy McKinney and sons, Mr. and Mrs. Novice Gentry and son, Mr. and Mrs. Victor Todd, Mr. and Mrs. Genis Burdine and family and Mr. and Mrs. Jim McKinney and son.

Jackie and Danny McKinney celebrated their birthdays.

Mrs. Billy McKinney and sons were in Somerset Sat-

urday to consult a doctor. Misses Judy, Thelma and Linda Ponder and Ann Mink visited Mr. and Mrs. Jaretta Sunday afternoon.

Mr. and Mrs. Chester Hysinger visited Mr. and Mrs. M.J. McMullin Tuesday afternoon.

Mrs. Tony Brown visited Mrs. Little Vick Todd recently.

Mr. T.C. Hayes visited his brother, Mr. and Mrs. Robert Hayes and family Wednesday morning.

Last week visitors of Mr. and Mrs. M.J. McMullin were Mrs. Pattie Baker, Mr. Charles Baker, Mr. and Mrs. Howard Linville, Mr. and Mrs. M.E. Burton of Somerset, and Mr. and Mrs. Maurice Brown.

Mrs. Jessie Taylor, Kay and Jan visited her mother, Mrs. Hbery Jones Friday afternoon.

Mrs. Ruby Taylor has been on the sick list.

Mrs. Tony Brown visited Mrs. Pattie Baker Tuesday afternoon.

Mr. Charles Baker and Denver were Sunday dinner guests of his mother, Mrs. Pattie Baker.

Mr. and Mrs. Paul Baldwin and daughters and Mrs. Baldwin visited Mr. and Mrs. John Owens Sunday.

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POPLAR GAP

Week end guests of Mr. and Mrs. Manley McGuire were Mr. and Mrs. John Lund of Michigan, Mr. and Mrs. Arvil Bameit of Fair Field, Ohio, Mr. and Mrs. Bobby McGuire and children of Maad, Ohio, Dewey McGuire, Jean Wynn and William Wynn.

Mr. and Mrs. Robert Durham, Mr. and Mrs. Harst Low Allen of Goshan, Ohio, and Mr. and Mrs. Denver Bullock of Ottawa were recent guests of their mother, Mrs. Ethel Durham. Mr. and Mrs. Jean Alcom of Mt. Vernon, and Mr. and Mrs. Charley Griffin were week end guests of their parents, Mr. and Mrs. Matt Singleton.

Tenzle Robertson, son of Mr. and Mrs. Chester Robertson, is taking his basic training at Fort Knox.

Mr. Richard Mullins, Jr. of Lexington visited his parents, Mr. and Mrs. Richard Mullins, Sr. over the week end.

Boyd and Lonnie McGuire spent Saturday night with Raymond and Will Wynn.

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For
County Attorney
Republican Primary,
May 27
Pd. Pol. Adv., Pd. for by William D. Gregory

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North Brodhead

Several inches of snow fell in this area last week. Mrs. Vina Benge, Mrs. Walter Cash, and Mrs. Virge Spoonamore visited their father Sunday at the Sowder Nursing Home.

Miss Cindy Zupanic remains ill in a Lexington hospital.

Mrs. Mae Doan is spending the week in Ohio with her son, Larry, and family.

A large crowd attended the funeral of Bennett Brown on Saturday at Providence. Sympathy is extended to

We also extend our sympathy to the Cox families

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Mt. Vernon

Coo per Remarks On Appalachian Program

The success of the Appalachian program is due in large part to the fact that it has relied on local initiative and state responsibility to carry out Federal projects, Senator John Sherman Cooper told the Senate.

The Kentucky made this estimate as he and 61 other Senators introduced a measure which would extend for two more years the life of the Appalachian program which has been a large factor since 1965 in improving economic conditions in Eastern Kentucky.

The new measure, presented to the Senate by the Chairman of the Public Works Committee, Senator Jennings Randolph of West Virginia, would extend the program until June 30, 1971.

The new bill would provide \$225 million for the two-year period, an increase of \$55 million over current spending. This sum does not include money to be spent on highway programs in the Appalachian area but for vocational education, for conservation, for water resources, for hospitals and other health measures.

Senator Cooper pointed out that he had actively supported the original Appalachian Act in 1965 and the amendments made to it in 1967.

Senator Randolph, a Democrat, taking note of the support given by the Appalachian program by Republicans, said: "I express tribute to the splendid cooperation we have always received from the minority members of the Public Works Committee, from my able friend, John Sherman Cooper, and from the ranking minority member of the Senate committee on Economic Development, the diligent Senator, from Tennessee, Howard H. Baker."

Senator Cooper is the ranking Republican on the Public Works Committee. In assessing the work of the Appalachian program since 1965, Senator Cooper said:

"The Appalachian program is bringing new opportunities and hope to the people of the region. I must say it appears to be a happy exception among the new programs of recent years for it has not created conflicts in administration, jurisdiction or priorities. On the contrary, it has achieved co-operation, developed priorities and fixed responsibility."

"This has been accomplished through principles which have been talked about often, but in this case applied: local initiative, state responsibility and the application of priorities through Federal assistance programs already established."

"The great thing about the Appalachian Regional development program has been its demonstration of reliance on state responsibility in carrying out Federal assistance programs."

"We are all concerned about overlapping programs, duplication and waste. But the Appalachian concept has shown that when the states are given responsibility and the authority for ordering priorities, existing Federal assistance programs can be better directed to the diverse needs of the states and utilized more effectively."

Heart attack is the largest single cause of death in the United States, killing more than 500,000 persons each year.

Stroke is responsible for more than 200,000 deaths annually in this country.



GOVERNOR LOUIE B. NUNN holds the proclamation declaring 1969 as the Daniel Boone Bicentennial year while he looks at the State's new travel promotion poster urging Americans to "Rediscover Kentucky." Boone came through Cumberland Gap 200 years ago to start the movement into Kentucky.

Cook Opposes Ammunition Reg.

Remarks by U.S. Senator Maxwell W. Cook, on the floor of the Senate on February 19, 1969.

Mr. President, it has been brought to my attention that, since the Gun Control Act of 1968 went into effect, the Internal Revenue Service, by regulation, has been requiring that purchasers of ammunition must furnish information which is tantamount to registration. As Senator Mansfield pointed out recently, this is a circumvention of the intent of Congress in adopting the 1968 Act. At that time, Congress clearly had to do by regulation what it did try to prohibit by law.

Senator Bennett, on February 4, introduced S. 845 which would eliminate the registration requirement of the I.R.S. regulation for individuals purchasing rifle, shotgun and .22 caliber rifle ammunition. However, under this bill, buyers purchasing ammunition for most pistols and revolvers would still be subject to the regulation and, therefore, have to provide the required information. I am sure the Senator from Utah chose not to eliminate the regulation, as it applies to ammunition for such hand guns, because statistics have shown overwhelmingly that the vast majority of crimes are committed with the use of these kinds of weapons and not the guns which the sportsman uses.

I believe the regulation requiring the purchaser to, in effect, register before obtaining rifle ammunition will make no meaningful contribution to the war on crime, but will only unnecessarily inconvenience the law-abiding sportsman. Therefore, I ask unanimous consent that, at the next printing, I be added as a co-sponsor of S. 845, the bill of the senior Senator from Utah.

Berea Hospital.

Willie McGuire is visiting relatives in Ohio and Indiana.

Mr. and Mrs. Rex Coffey attended church at Roundstone Sunday.

Brindle Ridge

There was good attendance at church over the week end.

Lewis Coffey, son of Mr. and Mrs. W.L. Coffey, has been discharged from the Air Force. We are glad to see him home.

Vicki Burdette spent last week at Mardi Gras, New Orleans. She reported having a wonderful time.

Linda Holland of Midway College spent the week end with her mother, Mrs. Patricia Holland and Jessica.

Mr. and Mrs. Wayne Adams and children spent Sunday with Mr. and Mrs. Marvin Ponder and family.

Gary and Clyde Burdette spent Sunday afternoon with Jimmie Cummins.

Jenny Coffey of Midway College spent the week end with her parents, Mr. and Mrs. W.L. Coffey and family.

Mr. and Mrs. Arvid Burdette visited Mr. and Mrs. J. D. Dandridge Sunday afternoon.

Billy Lee Cameron, Jr. was confined to his home last week with the chicken pox and this week with the mumps.

There is a lot of sickness in our community. We wish everyone a speedy recovery.

We extend our deepest sympathy to the family of Bennett Brown of Brodhead.

Mr. and Mrs. Amos Burdette and boys spent Sunday afternoon with Mr. and Mrs. Willis Coffey.

Mary and Martha Powell of Conway visited Jenny Coffey Saturday afternoon.

Mrs. Martha York visited Mrs. Pearl Burdette recently.

HUMMEL

Week end visitors of Mr. and Mrs. Aster McGuire were Mr. and Mrs. Edges Adams and Brenda of Covington and Mr. and Mrs. Lewis Duncan and family of Richmond, Indiana.

Bert Harper of Louisville, formerly of Hummel, has been very sick but is reported better at this time.

Jerry Wheeler was in Mt. Vernon one day last week to consult a doctor.

Mr. and Mrs. Rex Coffey were in Berea Sunday afternoon visiting their daughters, Mrs. Town Clark and family and Mrs. Ed Alcom and family.

Ed Alcom is home after spending 10 days in the

WILLAILLA

Mr. W.E. Burton, who is a patient in the Somerset City Hospital, is reported feeling better. A speedy recovery is wished for him.

Our sympathy is extended to the family of Bennett Brown in their sorrow.

Mrs. Julia Norton fell at her home recently and was injured. She was taken to the Rockcastle County Baptist Hospital and then to the Sowder Nursing Home at Brodhead. A speedy recovery is wished for her.

Those who visited Mr. W. E. Burton at the Somerset City Hospital Sunday were Mr. and Mrs. Henry Brown

of Quail, Mr. and Mrs. Lovell Owens of Advance, Indiana, A.F. Deborde of Cincinnati, Ohio, Mr. and Mrs. Hebert Adams of Frankfort, and Mrs. Mae Popewell of Jamestown.

Mr. E.K. Cook visited Mrs. Zora Burton and family recently.

Mr. and Mrs. Russell Norton of Ohio were called home due to the illness of his mother, Mrs. Julia Norton.

Mrs. Geraldine Owens of Advance, Indiana visited Mrs. Zora Burton and family recently.

We are sorry to hear of the death of Leonard Brown who passed away at his home in Ohio.

Mr. Irvin Denney is reported feeling better.

Ardis Taylor will be returning to the states soon from Germany.

Mr. and Mrs. Lovell Owens of Advance, Indiana spent the week end with her parents, Mr. and Mrs. Cecil Thompson.

Mr. and Mrs. Floyd Brown and family and Mr. and Mrs. Irvin Brown and family of Ohio spent the week end with Mr. and Mrs. C.J. Brown and other relatives.

OTTAWA

Mr. and Mrs. Owen of Franklin, Ohio stopped enroute home from Florida Thursday to visit Mrs. Della Mae Wilmut and Mrs. Louise Painter.

Mrs. Paula Simpson entertained with a Stanley Party Thursday evening.

Mr. and Mrs. Wallace Proctor visited Mr. and Mrs. John Hasty Sunday afternoon.

Mr. and Mrs. Alfred Steele Hayes and family of Middletown, Ohio visited Mrs. Della Mae Wilmut and Mrs. Louise Painter Friday night.

Mr. and Mrs. Gerald Clangman Denney and son of Farmersville, Ohio, Tom Simpson of Cincinnati, Ohio, and Bro. and Mrs. Noah Brounion and girls of Radcliff, Mrs. Cordia Cash and Maxine Daugherty were recent visitors of Mr. and Mrs. Guy Hamer and Mrs. Betty Farris.

Gaffer Cash of Cincinnati, Ohio spent last week end with Mrs. Cordia Cash and Paul.

Della Mae Wilmut visited Mrs. Martha Kidwell, who

is a patient at the Berea Hospital, Tuesday.

THE ONLY DIVIDENDS THAT THE VA IS CURRENTLY PAYING ARE TO WORLD WAR I AND WORLD WAR II VETERANS WHO HAVE CONTINUED THEIR GOVERNMENT LIFE INSURANCE IN FORCE.

These dividends are paid on an annual basis and are distributed on the anniversary date of the policies.

A request is not necessary.

Re-Elect Billy Dowell Coroner Of Rockcastle Co



As has been announced, I am seeking re-election to the office of Coroner of this county. During the past four years I have tried to serve you in this capacity to the best of my ability.

This office is an important and necessary one and I feel I have realized this and have striven to do my duties well. Law enforcement agencies, vital statistics bureaus, and insurance concerns depend very heavily upon the records kept by the county coroner and I have made it a practice to keep complete records which are made available to authorized persons upon request.

It is my intention to continue and even expand this practice and, if re-elected to this office, I pledge to continue to work throughout the next four years as diligently as I have during my past term of office.

Thank You,

Billy Dowell

Endorsed by Dr. E. G. Clegg
Post Sec'y Treas. National Coroners Assoc.

Pd. Pal. Adv. Pd. for by Billy Dowell

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HYMER FORD SALES

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REPORT OF SALES FRIDAY, FEBRUARY 21, 1969

The Federal State Market News Service reported these receipts and quotations at the weekly sale held Saturday at the Lancaster stockyards:

Cattle — Receipts: 683; Slaughter cows steady to strong; other classes steady.

Slaughter cows: utility \$18.50-19.50; cutter \$17.50-19; candler \$15-17.50; slaughter bulls, utility to good, \$23-24.80; cutter, \$20-22.10; slaughter calves, choice 300-500 lbs. \$25-27; good and choice 400-500 lbs. \$24.50-25.50; vealers, 212 lbs. in graded pen, 41; good, 211-250 lbs. \$36-38.10; 250 lbs. standard, \$29.25.

Feeders: Steers, choice 730-780 lbs. \$25.27-26.27; good and choice, 25-28; choice 680-800 lbs. \$28-29.50; 400-480 lbs. \$30-34; heifers, choice 350-500 lbs. \$25-26.70; good and choice, \$23.50-25; good, \$23-23.50.

Hogs — Receipts: 328; hammers and gilts steady; sows 25 cents lower. U.S. 2-4, 221 lbs. \$19.70; U.S. 3-4, 253 lbs; 19; U.S. 3-4 272 lbs. 18; sows, U.S. 2-3, 335-430 lbs. \$18.10 to \$18.70; U.S. 3-4 330 lbs. \$15.90.

Horses and mules, 11.

Garrard County Stockyards Co.

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Mount Vernon Signal

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MOUNT VERNON, KENTUCKY

10¢ PER COPY

VOLUME 82 NUMBER 24

THURSDAY, FEBRUARY 27, 1969

Jury Called For March Circuit Court

Sixty persons have been called as jurors for the March term of Circuit Court in Rockcastle County.

Circuit Court begins at 9 a.m., Monday, March 17. Called for jury duty are: Mable Capps, Mrs. Oscar Bullock, Jim Davis, Jopp Burgess, Walter McNew, Virgie Sower, Kenneth Vanzant, Lee Mullins, Raymond Ricketts, Lena Taylor, Corine McClure, Robert Abney, Robert Witt, Marcus Brown, Robert Willmott, Isaac Allen, Ed Payne, Monroe Turpin, Chester Whitaker, and...

Vola Whitaker, Ralph Albright, Tom Whitaker, Ida Miller, Margie McFeron,

LIGHTS OUT SUNDAY FOR PART OF COUNTY

The electrical current from Pine Hill through Livingston to Gaudley Mountain will be cut off Sunday morning by Kentucky Utilities in order that work might be done to improve the service in this area, according to Jerry Hayes, manager of the local KU office.

The current will be off for about four hours.

SERVICES HELD FOR LEONARD BROWN

Funeral services for Leonard Brown of Lockland, Ohio, were conducted Tues-

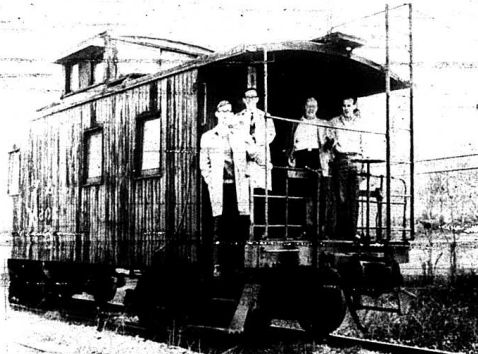
day, February 25 at the Providence Church of Christ. Burial is in the Providence Cemetery.

Mr. Brown is survived by his wife, Mrs. Helen Brown; two daughters, Mrs. Donna Price and Mrs. Anita Robbins; five sisters, Mrs. Thula Cummins, Mrs. Ella Gentry, Mrs. Judy Thompson, Mrs. Molly Hamm, and Mrs. Fannie Sowers; three brothers, Otis Brown and Eugene Brown, and seven grandchildren.

Watson Funeral Home in Paducah was in charge of local arrangements.



TOPIC OF DISCUSSION—Shown above is an example of what a group of citizens brought to the attention of the Rockcastle County Development Association Monday night. This picture shows private property across the road from the city dump on which trash is being thrown.



THE CABOOSE HAS ARRIVED—Several members of the Rockcastle County Jaycees are shown with a caboose which was donated to their organization by the L & N Railroad. The caboose is presently sitting on a siding next to Stewart Fertilizer but this will not be its permanent home. Shown looking over their newly acquired property are, from left: Roy Martin, president of the Jaycees, Joe Gay, William K. Bullen, and Earl B. Croyer.

BENNETT HILL BROWN DIES FEBRUARY 20

Bennett Hill Brown, 74, of Brodhead, passed away February 20 at the Garrard County Hospital. He was a native of Rockcastle County, a farmer, a World War veteran, and a member of the Providence Church of Christ.

Besides his wife, Mrs. Mary Ellen Brown, he is survived

by one step-son, Glen Lewis of New Lebanon, Ohio; two daughters, Mrs. Dorothy Saylor of Lancaster, California and Mrs. Blanche Baldwin of Brodhead; three sisters, Mrs. Alza Shutt, Mrs. Cleo Hastly, and Mrs. Fanny Albright, all of Brodhead; four brothers, Willy Brown of East Bernstadt, Klingmen Brown of Cincinnati, Ohio, J.L. Brown and Lytle Brown, both of Quail, and seven grandchildren.

FUNERAL SERVICES HELD SATURDAY, FEBRUARY 22

Funeral services were held Saturday, February 22 at the Providence Church of Christ with Bro. Michael Diskin and Bro. Charles Brown officiating. Burial was in the Piney Grove Cemetery.

Watson Funeral Home was in charge of all arrangements.

VAN WINKLE ANNOUNCES FOR MAGISTRATE

William Isaac Van Winkle, 35, an employee of the Kentucky Stone Company has announced that he will be a candidate for Magistrate from the Fifth District.

Van Winkle, a resident of Route 1, Orlando, is married to the former Joyce Singleton and they have four children. He is a member of the Baptist Church and has been a Sunday School Superintendent for the past six years.

A native of the county, he is the son of Mr. and Mrs. Shird Van Winkle.

With Mr. Van Winkle's entry into the Fifth District race, there is now a three-way contest between he, Dean Mullins, and incumbent, C.W. "Wally" Phillips.

HOMEcoming PLANNED AT LIVINGSTON

A Homecoming will be held Saturday night, April 12 at 7 p.m. at the Livingston School for all Livingston alumni. The banquet is being planned and organized by Harold Ballinger.

Anyone wishing to make advance reservations should do so by writing Mr. Ballinger at Route 2, Mt. Vernon. Tickets for the banquet are \$2 each. However, if you cannot attend the banquet, you are cordially invited to come later for the entertainment planned for after the banquet.

SCOTTISH RITE ASSN. RE-ACTIVATED HERE

Officers were elected recently for the Rockcastle County Scottish Rite Association which has been re-activated in the county recently. Elected were Judge Wayne Van Hook, president, Raymond Baker, vice president, and Paul Blevins, secretary-treasurer.

The organization is a Masonic Order of 32nd Degree Masons and was chartered by Indra Consistory in Covington. They presently have 36 members in the Rockcastle club.

LANDSCAPE WORKSHOP SET FOR MAR. 6 & 13

A workshop to help area homeowners landscape their properties will be held March 6 and 13 in Mt. Vernon, Kentucky.

Elwood Combs, Area Extension Agent in Horticulture from Pingville, will direct the workshop. The workshop will consist of two meetings. Each session will start at 7 p.m. and end at 9:30 p.m. on each of the Thursdays (Mar. 6 and 13) in the Circuit Courtroom, 3rd floor in the courthouse.

Dr. Darrel Appa, of the University of Kentucky Horticulture Department will assist in the program. Program topics will include basic landscape design, a demonstration on how to develop plans for individual properties; plant materials, foundation shrubs and vines, frame trees and border plantings; planting and care of woody ornamentals; mulch for landscaping; and pruning shrubs; establishing and maintaining lawns.

Committees Named For Year By Development Association

Members for three committees were named by Roy Brown, Chairman of the Rockcastle County Development Association at the group's meeting Monday night.

Committees named were: Industrial Committee—Judge Wayne Van Hook, Clyde Linville, Gathiff Craig, Bobby Proctor, Jerry Hayes, W.L. Oliver, Clyde Barnett; Tourism Committee—Wade Ray, H. Lee Durham, James Andekin; Water Resources Committee—Clay A. Colson, W.S. Cass, Wayne Stewart.

The possibility of a county recreation area, was also appointed by Mr. Brown. Members of that committee are Judge Van Hook, David Cass, Sheriff Craig, Zil Graves, and Mr. Brown.

SECOND NOTICES ON COUNTY TAX BILLS

A second notice will be mailed to county taxpayers, who have not paid their taxes the first week in March, according to Sheriff Tip Reppert.

"In order to avoid further penalties and the cost of advertising, please pay your taxes before April 1," Sheriff Reppert said.

Delinquent tax bills will be advertised in the newspaper in April.

PENNY LYNN DARELL BURIED AT FAIRVIEW

Penny Lynn Darell, 3, infant daughter of Mr. and Mrs. John H. Carrell of Conway died Sunday, February 23 at the Rockcastle County Baptist Hospital after a short illness.

Besides her parents, she is survived by five brothers, Donnie Ray, John, Jr., David Wayne, Ricky Dale, and Michael Scott and six sisters, Mrs. Shirley Fay Smith and Mrs. Wanda Jean Summers, both of Indiana, Thelma Marie, Margaret Lucille, Judy Ann, Teressa Gale, all at home.

Funeral services were held Wednesday, February 26 at the Tabernacle Church at Berea with Bro. Bill Rose officiating. Burial was in the Fairview Cemetery.

Spinks Funeral Home was in charge of arrangements.

been made and that, at present, the project appears indefinite.

During the discussion that followed, the three main reasons for the construction of the dams were given as electrical power, recreation purposes, and a reserve water supply for Cumberland Lake.

Jim Neavill told the group that he could get a survey of the economic outlook of Rockcastle County made. The motion was made and passed that Mr. Neavill do this and the project will be explained fully at the next development meeting, which will be on March 24.

A delegation from the Cove Branch section of the county was on hand to ask the development members for help with the problem of the city dump which is located in their area.

Glenn Bullock, a resident of the area, stated that besides being an eye sore, the dump was also a health hazard since people are dumping their trash and garbage in the road and on

private property on the other side of the road which forces residents of the area to have to drive through it to get to their homes.

The delegation also stated that at times the road was completely blocked by refuse. Hubert Thacker, Mayor Clyde Linville and Judge Van Hook met with the Cove Branch group after the meeting to try to find a solution to this problem.

SUBSCRIPTION RATES INCREASE APRIL 1

Due to recent postal increases, it is necessary to raise subscription rates to the Mt. Vernon Signal to be raised effective April 1.

On April 1, the new rates will be \$3.00 plus tax in the county per year and \$4.00 plus tax per year outside of the county.

We regret having to raise subscription rates, however, if anyone desires to renew their subscription before April 1, they may do so at the old rate.

Robert Cromer Files For Re-Election

Robert Cromer, incumbent County Tax Commissioner, has filed for re-election to that office.

Mr. Cromer was first elected in November of 1967 to fill the unexpired

term of Homer Hyde who resigned early in 1966.

He is a native of Rockcastle County, a member of the First Baptist Church of Mt. Vernon, a Master Mason and member of Ashland Lodge 640, and is married to the former Sue Hilton.

Cromer also owns and operates a farm in the Burr section of the county.

THIRTY CHORUS MEMBERS AT EKU FRIDAY AND SAT.

Seven members of the Rockcastle County Chorus have been invited to participate in the Regional Choral Workshop at Eastern Kentucky University Friday and Saturday.

Participating in the event will be Gail McKinney, Susan Gray, Donna Askren, Yvonne Cammack, and Donna Hunt; of Mt. Vernon and Geneviva Bishop and Terri Noble, both from Brodhead.

The girls will perform in a concert at the Hiram Brock Auditorium Saturday afternoon from 3 p.m. to 4 p.m. The public is invited and there will be no admission charged.

Mrs. Johnny Wilcop, director of the chorus, will accompany them.

FISH AND GAME CLUB MEETS MARCH 7

The Rockcastle County Fish and Game Club will meet Friday night, March 7, at 7:30 p.m. at the courthouse.

All members are urged to attend this meeting as there will be an election of officers held.

Lions Int'l Director Anniversary Speaker For Local Lions Club

Norman E. Brennan of Indianapolis, Indiana, a director of Lions International, will be the guest speaker when the Mt. Vernon Lions Club officially celebrates their 25th anniversary, Thursday night, March 6.

The local club, the oldest active civic organization in Mt. Vernon, was formed March 8, 1944 with 25 members. They presently have



Norman E. Brennan

24 members. Of the original members, N. M. Smock, president of the Bank of Mt. Vernon, is the only one still active in the club. He has served in all offices of the club including secretary, treasurer, director, tail twister, and is currently the club's president.

Other officers are Larry Travis, secretary; Jim Mullins, vice president, and Floyd Owens, treasurer. Brennan, a practicing lawyer, has been active in the Indianapolis Lions Club for over 16 years. He was elected a Director of Lions International in 1967 and has served in all Lions Club offices including Zone Chairman and District Governor.

The Local Lions Club is most noted for their work in eye conservation by buying eye glasses for underprivileged children and also donating to the Lions Eye Hospital in Louisville. The club also takes an active part in the annual

(Cont. To 5)



GOLDEN ANNIVERSARY BREAKFAST—The Rockcastle County Farm Bureau entertained with a breakfast last Saturday morning at the Rock Castle Steak House to observe the organization's 50th Anniversary. Some of those present at the breakfast are, from left: Roy Brown, Judge Wayne Van Hook, Mayor Clyde Linville, Jack Owens, H. Lee Durham, Junior Anglin, John Leir, Roy Graves, W.J. Randolph.



IN THE ABOVE photo, Mrs. Elizabeth Baker presents a lesson to her class at Roundstone School while the four children, nearest the chalkboard in the background, are viewing a television lesson. By using the headsets, and by turning the set around, others in the classroom can neither hear or see the program. "This is a technique which allows me to give more individual attention to pupils and to present a variety of concepts at one time," Mrs. Baker said.

Area Agent's Notes

By: H. Lee Durham
Area Extension Agent

Farm Builder Schools

The agricultural engineering specialist, University of Kentucky, are conducting two Farm Builder Schools. One at Hopkinsville on March 18 and the other at Lexington on March 25. These schools will be primarily aimed at the farm builders, building material suppliers and people who work with farm builders. Any farm builders, building material suppliers and other interested persons are invited to attend. The program includes a discussion on building with concrete, wood, plywood, metal buildings; construction of houses etc. Registration at both Hopkinsville and Lexington will be held from 8:30 to 8:50 a.m. The meeting at Hopkinsville will be at the Farm Bureau Building and the one in Lexington will be at the Agricultural Science Center. Each subject matter presented will be available for questions and discussion. Handouts will be made available for further study. The speakers will be available during the lunch hour or at the end of additional consultation.

Disease Build-Up In Swine Herd Must Be Prevented For Profit.
No use trying to raise hogs unless you keep down disease, says Dr. M.C. Whitaker and Dr. W.E. Wise, of the U.K. Cooperative Extension Service's animal science and veterinary science departments. "Sanitation is more than disinfecting," they say.

"Disinfecting agents are useful but will not kill disease germs unless they come in contact with such germs and are allowed time to work."

Here are some useful tips on disease control: (1) The plant should be designed and built for quick and efficient cleaning. Drainage should be away from building and feeding floors. Manure and waste should be removed regularly. (2) Clean and disinfect all buildings and equipment after their use by a group. Let them stay empty for a week between uses by groups of pigs. (3) Quarantine new animals in the herd for 30 to 60 days. Get rid of dead animals immediately. (4) Wear special footwear and clothing in farrowing and nursery areas. Avoid contact with other livestock, mud holes, farm ponds and slowmoving streams. (5) Keep quarters warm, dry and well-ventilated. (6) Pick breeding stock carefully, vaccinate the herd, and keep visitors to the herd area.

Fertilizer Top Dressing Time for Pastures Is Here
Early spring (February and March) is the ideal time to fertilize established pastures. When fertilizers are put on early in the year, the perennial grasses and legumes are able to get to an earlier and faster start.

The best guide to find out what fertilizer is needed, and how much to use, is a GOOD SOIL TEST. When fertilizers are applied to pastures based on a soil test recommendation, you can expect to get back up

to \$5 worth of feed for each \$1 you invest.

As a general guide for your pastures, here are two suggestions: (a) If you need both phosphate and potash for a good grass and legume pasture, use 300 pounds of 0-22-20 or its equivalent. (b) If you need both phosphate and potash and your pasture is grass only, you should use some nitrogen. An application of 300-400 pounds of 10-10-10 or its equivalent will give good results. If more production is wanted, additional nitrogen fertilizer in July or August will help. So DON'T PUT FERTILIZING OFF - PUT IT ON!!!

Tobacco Bed Insecticide Recommendations For 1969 Available at Extension Offices

Latest recommendations on insecticides to use against tobacco plant bed insects are listed in a special chart issued recently by the University of Kentucky Entomology Dept. Tobacco growers can pick up a copy of the recommendations for this year at county Extension offices. Entitled "1969 Insecticide Recommendations for Tobacco" (May 22-23-24), the chart is available at no charge.

The chart gives details on soil insecticide treatments recommended for use before seeding and those for use after tobacco seedlings appear, with emphasis on the proper use of these insecticides. Treatments for such insects as flea beetles, green June



"MINI PROGRAM" HEADLINER—Rich Bellando, director of the Kentucky Guild of Arts and Crafts and singer of folksongs, will do musical tribute to folksinger Tom Paxton on Kentucky Educational Television March 11 and 19 at 6:20 p.m. and 6:15 p.m. (EST). Bellando is one of several talented Kentuckians to be featured on short, 10-15 minute "mini programs" now being aired by the network at the supper hour. Others will include poetess Joy Bale, singers Louise and Dan Brock and John Dillehay, art educator.

beetle grubs, cutworms, and slugs are given. Included are: which insecticides to use for control of different insects, what strength insecticide to use, how to apply the materials correctly and safely, and the amounts to use for each 100 feet of plant bed.

KU ANNOUNCES \$4 MILLION BUDGET

Kentucky Utilities Company has announced a 1969 construction budget of \$4 million to expand and improve its electric power facilities serving 250,000 customers. This is the largest one-year construction budget in KU's history.

The schedule includes projects throughout the 78-county area where the company supplies electricity, according to W.A. Duncan, Lexington, KU president. Power plant, transmission and distribution construction items to meet the increasing demands of industrial, commercial and residential users are scheduled. A total of almost \$17.5 million is to be spent during 1969 on the 427,000-kilowatt generating addition to the E.W. Brown power plant at

Div Dam. The unit, now under construction, is expected to begin commercial operation in May, 1971. Total cost of the new coal-fired steam electric unit and its related facilities is estimated at \$58,720,000. It will increase the plant's consumption of Kentucky coal from a half million tons to 1 1/2 million tons a year.

Transmission lines and substations facilities related to the new Brown plant unit will cost a total of \$12,614,000 with more than \$8 million to be spent during 1969. These lines will make the increased generating capacity of the Brown plant available to the KU system and tie in with the Kentucky Indiana Pool for the exchange of large blocks of power. A total of nearly 200 miles of high-voltage (138 kilovolt) transmission lines are scheduled or already under construction in relation to the new Brown generation. More than \$8 million is to be spent in 1969 on this transmission expansion which will represent an investment of \$12.6 million when completed. Other special projects principally involving transmission lines and substations are scheduled.

Completion of company offices in Lexington, Stuttgart, and Russell Springs is scheduled this year.

Freedom is just a word.



Buy U.S. Savings Bonds & Freedom Shares

Mount Vernon Signal

PUBLISHED EVERY THURSDAY
At No. 18 Church Street, Mount Vernon, Ky.
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Post Office No. 18, Mount Vernon, Ky. County—Gallatin
Eliac K. and James Anderson, Publishers.
Portia M. Anderson, Editor
Member of Ky. Press Assn. and National Editorial Assn.

Neikirk Seeks Re-Election As Commonwealth Attorney

TO ALL VOTERS OF ROCKCASTLE COUNTY, KENTUCKY:

I am a candidate for nomination and election to the office of Commonwealth Attorney, 28th Judicial District, subject to the Republican Primary and the November election, 1969.

Your influence and vote will be deeply appreciated.

Sincerely your friend

C. HOMER NEIKIRK

Present Commonwealth Attorney

(Pd. Pol. Adv.)

Vote For

And Support MONROE BAKER

State Representative

(Rockcastle and Lincoln Counties)

Rep. Primary May 27, 1969

Pd. Pol. Adv. Pd. for by Monroe Baker

ACT NOW! For less than a nickel a day put the world in your mailbox!

Mail this coupon before March 1, 1969.

Orders in connection with this bargain offer will be accepted only from bona fide F.D. patrons who can furnish post office box number & address outside of Jefferson County and those areas delivered by town carrier service of this newspaper, and from those residents in towns in Kentucky and Indiana where this newspaper does not maintain carrier service.

To: BARGAIN OFFER
The Courier-Journal, Louisville, Ky. 40202

Find enclosed \$15.75 (Courier-Journal at \$15.00 plus 75c Ky. sales tax), for which please enter my subscription for one full year for

THE DAILY Courier-Journal

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ROUTE _____ ZIP _____

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THIS OFFER POSITIVELY EXPIRES MARCH 1, 1969

Homemaker's Help

By: Faith N. Plummer
Area Extension Agent in Youth

Belts have made a comeback in a big way after several years of over-blossoms and shifts. Women's belts ranged in width from the skinniest string belt to four-inch, and even five-inch, widths.

Narrow belts are smart with spring suits, dresses and skirts. They may be buckled in brass, silver, tortoise shell, or leather or closed with a bow. The trim, most often used are perforations, nailheads, coins, or brass studs. For evening wear, belts may be buckled with shiny gems.

Wider two- to five-inch belts may be soft and crushable or made of firm yet flexible materials. Popular for daytime wear is a soft, wide belt with a buckle or buttons of the same material in a color that either matches or contrasts with the outfit. More casual costumes call for the wide, wide belt with interest centered on a brass or silver buckle with

shape, finish or manner of closing.

Belts are fun as well as fashionably in 1969. Especially popular are the "hair-on" calf leather belts, primed to look like tiger, giraffe, zebra, and other such beasts. One trim cowhide belt zips horizontally all the way around. Dangling from many belts are whistles, watches, coin-purses, lipsticks, or perfume vials. On other belts, brass, silver or jeweled letters spell out a current catch-phrase, names, or other words.

The hip-belt is also popular this year. Plated leather and chain belts, string belts, and narrow sashes with knotted or fringed ends go well with this year's 1930's fashions. Belts with a hand-crafted look include styles that alternate brass rings or coins with heavy leather cutouts in round, square or triangular shapes.

REXALL SUPER PLENAMINS SAVINGS SCHEDULE

Super Plenamins	365's	SAVE \$3.00
Super Plenamins	288's	SAVE \$2.00
Super Plenamins	144's	SAVE \$1.00
Junior chewables	144's	SAVE \$1.00
Super Plenamins	72's	SAVE 75c
Super Plenamins	36's	SAVE 50c
Junior chewables	72's	SAVE 50c
Junior chewables	36's	SAVE 25c



THIS OFFER IS FOR A LIMITED TIME ONLY! Available exclusively at our **Rexall DRUG STORE**

3 Easy Steps To Save Up To \$3 on REXALL SUPER PLENAMINS

"The Vitamin For Competitive People"

- 1 Check the savings schedule for Super Plenamins and Super Plenamins Junior Chewables printed on Page 3 of this folder and on the back of the Super Plenamins Savings Check (yours FREE at our Retail Drug Store).
- 2 On the front of your Free Check, fill in the amount of savings for the size you intend to buy!
- 3 Sign the Check and take it to our Retail Store. That's all! Nothing to mail, no waiting!

LOOK AT THIS SCHEDULE & CHOOSE YOUR SAVINGS



With 11 Vitamins and 8 Minerals, Rexall Super Plenamins is made for active people. It's the vitamin and mineral supplement for the National Football League, and by the way, it's the best! There is no better time than right now to try Rexall Super Plenamins, the multi-vitamin-mineral product selected for use by the U.S. Olympic Team, because now you can save it as much as \$3 with your purchase!

MAGGARD DRUG

Main St. Mt. Vernon

It's a health thinking of a day

Insist on REAL Dairy Products... Milk... Butter Cheese... Evaporated Milk

SUPPORT ROCKCASTLE COUNTY'S DAIRY INDUSTRY!

FREE from AMERICAN DAIRY ASSOCIATION OF KENTUCKY

MAIL TO: American Dairy Assn. of Ky. 3412 Rowena Road, Louisville, Ky. 40218

Enclosed are three real dairy product labels. Send free recipe booklet of the month. (ANY REAL DAIRY PRODUCT LABEL WILL BE ACCEPTED.)

Name _____ Address _____ City _____ State _____ Zip Code _____

Plan a dairy delightful dinner featuring "Swedish Surprise Croquettes"

3 tablespoons butter	2 teaspoons minced onion
1/4 cup regular all-purpose flour	1 teaspoon salt
1 cup milk	1/2 teaspoon dill weed
2 cups cooked elbow macaroni	1/2 cups cornflake crumbs
1/2 cup Swiss cheese, drained	2 eggs, slightly beaten

Heat in flour. Remove from heat, gradually add milk. Return to heat and cook, stirring constantly, until mixture thickens. Reduce heat and cook an additional 2 minutes. Cool slightly. Stir in onion, macaroni, cottage cheese, onion salt, dill weed and pepper. Add white sauce and toss to blend thoroughly. Chill for one hour. Shape mixture into 12 croquettes, roll in crumbs, dip in egg and roll again in crumbs. Fry 1/2 inch deep at a time in deep fat over preheated to 375 degrees 1-2 minutes or until golden brown. Place in preheated hot grease over 15 minutes. Serve with Swedish sauce made with evaporated milk, buttered with sour cream dressing, and cheese.

189,173 Kentucky Needy Get USDA Food Aid

U.S. Department of Agriculture food programs aided 189,173 needy Kentuckians during December. 5,953 persons more than the number that took part in the programs in November.

USDA's Consumer and Marketing Service said 67,945 persons in 66 counties took part in its commodity distribution program, and that 121,228 persons in 52 counties took part in its food stamp program.

December's increased participation is attributed to a seasonal slack in employment.

In Kentucky, the food stamp program is administered by the Kentucky Department of Economic Security and the commodity distribution program is administered by the Kentucky Department of Agriculture, both in cooperation with the Consumer and Marketing Service.

Foods distributed during December to needy Kentucky families had an estimated retail value of \$747.95. These foods included:

- meat, 1,232; fowl, 1,232; cheese, dry milk, evaporated milk, scrambled egg mix, instant mashed potatoes, lard or other shortening, peanut butter, flour, butter or margarine, rolled oats, rice, raisins, syrup, juice, grits and canned vegetables.
- Low-income families taking part in the food stamp program during December exchanged \$958,467 of their own money for \$1,805,699 worth of USDA food stamp coupons. Then, these families received \$847,232 worth of free, bonus coupons they could spend at their local grocery store to buy more food.
- A county-by-county listing of Kentucky's partici-

ipation in the two USDA food programs during December and the number of families participating follows:

Commodity Distribution Program

Anderson, 125; Ballard, 344; Barren, 2,039; Boone, 292; Boyd, 3,247; Boyle, 1,004; Bracken, 444; Breckinridge, 1,452; Bullitt, 468; Caldwell, 1,129; Calloway, 809; Carlisle, 470; Carroll, 315; Christian, 2,393; Crittenden, 505; Daviess, 3,558; Edmonson, 1,079; Fayette, 2,326; Fleming, 426; Franklin, 1,274; Fulton, 2,023; Gallatin, 290;

Garard, 469; Graves, 1,247; Grayson, 885; Green, 813; Greenup, 1,828; Hancock, 472; Hardin, 1,568; Hart, 1,219; Henderson, 1,317; Henry, 443; Hopkins, 911; Jessamine, 664; Laurel, 524; Lawrence, 1,746; Lewis, 1,602; Livingston, 604; Lyon, 423; McCracken, 3,076; McClain, 949; Madison, 1,452; Mazon, 1,492; Marshall, 428;

Mason, 745; Meade, 206; Mercer, 967; Metcalfe, 590; Mitchell, 428; Morgan, 1,382; Nicholas, 828; Ohio, 2,051; Oldham, 364; Owen, 544; Pendleton, 519; Robertson, 181; Scott, 515; Spencer, 245; Taylor, 689; Tigg, 1,099; Trimble, 197; Union, 657; Warren, 1,543; Washington, 820; Webster, 1,240; Woodford, 505.

Food Stamp Program

Afton, 705; Allen, 262; Bath, 965; Bell, 6,181; Breathitt, 4,707; Butler, 560; Campbell, 1,301; Carter, 1,567; Casey, 1,231; Clark, 622; Clay, 5,285; Clifton, 1,398; Cumberland, 920; Elliott, 1,098; Estill, 1,772; Floyd, 5,105; Grant, 220;

Hartlan, 7,733; Hickman, 334; Jackson, 1,937; Jefferson, 6,410; Johnson,

BIRTHDAY IN FEBRUARY ?



Published as a public service by this newspaper.

Thank You
from Ludmia Hill
I wish to extend my heartfelt thanks. I have not got words to express the way I feel. Thanks to my many friends, neighbors, and relatives who gave to help me during my illness. May God bless and keep each and everyone of you. Thank you for everything.
Ludmia Hill

Legal Notice

The Department of Revenue will conduct an examination for candidates for the office of property valuation administrator (county tax commissioner), for the counties in which there is only one

qualified candidate, at Somerset, Kentucky, U of K, Community College Rooms 1 and 2 at 9:30 a.m., local time, Tuesday, March 11, 1969.

Legal Notice

COMMONWEALTH OF KENTUCKY DEPARTMENT OF HIGHWAYS NOTICE TO CONTRACTORS
Sealed bids will be received by the Department of Highways, at its office, Frankfort, Kentucky, until 10:00 A.M. Eastern Standard Time on the 7th day of March, 1969, at which time bids will be publicly opened and read for the improvement of LAUREL-ROCKCASTLE COUNTIES, 175-



CHECK OUT WITH **More Food - More Change**

Housewives are smart enough to shop with us. We've got bargains on every thing from soup to nuts and an extra bargain on quality, Top Value Stamps Too!

200 TOP VALUE STAMPS
With \$20.00 or More Purchase
Food Fair -- Mt. Vernon
Expires 3/5/69

100 TOP VALUE STAMPS
With \$10.00 or More Purchase
Food Fair -- Mt. Vernon
Expires 3/5/69

50 TOP VALUE STAMPS
With \$5.00 to \$9.99 Order
Food Fair -- Mt. Vernon
Expires 3/5/69

COUPON
50 TOP VALUE STAMPS
With The Purchase of 2 cups or Chicken Parts
Food Fair -- Mt. Vernon
Expires 3/5/69

COUPON
50 TOP VALUE STAMPS
With The Purchase of 2 lb. or More Ground Beef
Food Fair -- Mt. Vernon
Expires 3/5/69

COUPON
50 TOP VALUE STAMPS
With The Purchase of Two Packages of Sandwich Meat
Food Fair -- Mt. Vernon
Expires 3/5/69

COUPON
50 TOP VALUE STAMPS
With The Purchase of 2 or More Pkgs. of Keebler Cookies.
Food Fair -- Mt. Vernon
Expires 3/5/69

COUPON
50 TOP VALUE STAMPS
With The Purchase of One Can or More Sorghum
Expires 3/5/69

COUPON
50 TOP VALUE STAMPS
With The Purchase of \$1.00 or more Health & Beauty Aids
Food Fair -- Mt. Vernon
Expires 3/5/69

COUPON
50 TOP VALUE STAMPS
With The Purchase of 2 lb. or more Slice Jowl
Food Fair -- Mt. Vernon
Expires 3/5/69

Kraft SALAD DRESSING
39¢
Limit 1 with \$5 order

Nescafe COFFEE
99¢
Limit 1 with \$5 order

Smoked HAM
Whole 59¢
BUTT PORTION 55¢ lb.
SHANK PORTION 49¢

Kitchen Craft PEANUT BUTTER
3lb. 99¢

Joan Of Arc Peas
5/\$1
Limit 1 with \$5 order

1 Gal. PUREX
49¢

WIN A TV SET AT OUR STORE
4/\$1
Kleenex the first tissue

KOTEX
48 napkins 3/\$1
limit one coupon per family • expires March 1, 1969

Del Monte CATSUP
5/\$1

Captain Kid Orange Or Grape Drink
5/\$1

3lb. Imperial Perserves
59¢
Blackberry or Strawberry

Del Monte CATSUP
5/\$1

Captain Kid Orange Or Grape Drink
5/\$1

3lb. Imperial Perserves
59¢
Blackberry or Strawberry

Boston Butt PORK ROAST
Whole 39¢
SLICED 45¢

Elm Hill WIENERS
39¢

Summit BACON SQUIRES
lb. 25¢

HEINZ Vegetable Soup
7/\$1

Robin Hood FLOUR
25 Lb. \$1.99

POTATOES
20 LBS. 69¢

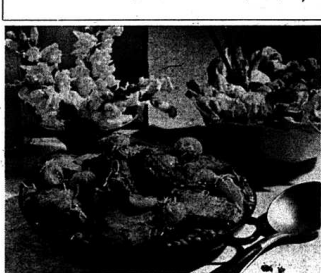
BANANAS
10¢

CARROTS
2/29¢

RADISHES
2/33¢

Royal Scott Margarine
6/\$1

Meals Away from Everyday



Combining foreign flavors to accent American dishes is the newest way to vary the everyday menu.

Whereas ten years ago only gourmet cooks would keep ginger root and chutney in their spice repositories, today Mrs. Average Housewife finds these tastes an irrevocable addition to her usual array.

Take your old standby, canned pork & beans with tomato sauce. Nothing much more American than when served with frankfurters or Boston brown bread. But think of how versatile the dish becomes if given a Mexican chili powder accent, or an international Oriental-Polynesian touch as found in Mandarin Pork & Beans.

Mandarin Pork & Beans blends the orange sections and coconut of the south sea islands with ginger and chutney of the Orient to form the base for an exotic meal-in-one pork chop dish.

An Oriental accent salad of bibb lettuce, sliced water chestnuts, and sliced almonds rounds out an intriguing menu. Dessert might be fortune cookies and spiced tea.

MANDARIN PORK & BEANS
4 pork chops (about 1 1/2 pounds) Salt
1 cup orange sections
1 tablespoon chopped chutney
1/2 teaspoon ginger
2 teaspoons coconut
In ovenproof skillet, brown pork chops; season with salt and pepper. Remove chops; pour off fat. Stir in remaining ingredients except coconut. Top bean mixture with chops; sprinkle with coconut. Bake at 375° F. for 15 minutes or until chops are tender. Makes 6 servings.
* transfer to casserole for baking

NOTICE To Taxpayers

A second notice will be mailed to taxpayers, who have not paid their taxes, the first week in March. To avoid further penalties and the cost of advertising, please pay these bills before April 1. Delinquent taxpayers will be advertised in the newspaper in April.

Tip Reppert
Sheriff, Rockcastle County

Social & Women's News



VOWS EXCHANGED—Mr. and Mrs. Wilburn Lee Norton were married Saturday evening, February 1 at the home of the bride's parents, Dr. and Mrs. Ralph McCoslin in Corbin, Ky. The bride was her attendant and Jim Barrett of Lexington served as best man. Mr. Norton is the son of Walker Norton of Sand Springs and his mother, Mrs. Ella Mae Kirby, resides in Ohio. Both he and his wife are employed at the Gardenside Beauty Salon in Lexington. The couple is residing at 1913 Cambridge Drive in Lexington. Attending the wedding from Mt. Vernon were Mr. Norton's father, Walker Norton, and Mr. and Mrs. Floyd Owens and Condy.

WOMAN'S CLUB MEETS

The Mt. Vernon Woman's Club held its regular monthly meeting Tuesday night at the home of Mrs. John Griffin with Mrs. W.G. Landrum, president, presiding. 33 members and 2 guests were present.

Deviations were given by Mrs. Earl Turner, Attorney John ... to the club on "Awareness of Legal and Practical Homemaking."

Mrs. Hazel Owens gave a report on the State Convention. Hostesses for the evening were Mrs. Clifford Bales, Mrs. Ida Webb, Mrs. David Gregory, and Mrs. Henry Mason.

Mrs. Lydia Howard returned home Sunday from Berea hospital where she spent two days for blood treatment. Mr. and Mrs. Jerry Skid-

more and son, Jerry Scott, spent Sunday with his mother, Mrs. Eugenia Skidmore.

Mrs. Elige Woodall was able to attend church services Sunday after being confined to her bed most of the time for the past six weeks.

Recent visitors of Mrs. Lyda Howard were Mr. and Mrs. Charlie Ball of London, and Mr. and Mrs. Albert Long of Ottawa.

John Payne, who spent several days recently in the Rockcastle County Baptist Hospital, has returned home and is reported very much improved.

Mr. and Mrs. Charles Chance and son, Robert Cramer, of Columbus, Ohio, spent the week end with her parents, Mr. and Mrs. R.B. McKenzie.

Sunday guests of Mr. and Mrs. John W. Griffin were Mr. and Mrs. D.C. Hoskins and Mr. and Mrs. C.E. Patton, all of London, Mr. and Mrs. Betty Hillon and Kathy of Richmond.

Mr. and Mrs. Larry Millard, O.L. Oliver, Vicki Lynn and John Norman, of Mt. Sterling, Mr. and Mrs. Earl Turner, Mr. and Mrs. James W. Lambert, Mr. and Mrs. Jimmy Lambert and Lora Lee, Mr. and Mrs. Robert Cramer, and Evans Hillon.

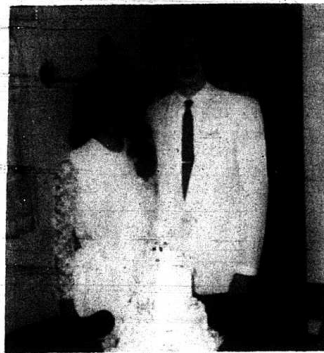
The occasion was the birthday of Mrs. Griffin, Mrs. Patton, and Mrs. Cramer. Punch and cake were served.

Hospital Notes

PATIENTS REGISTER 2/18-2/25/69

Admitted:
Alene Doan, Mt. Vernon; Rosie Cramer, Mt. Vernon; Wilma Iris Cummins, Mt. Vernon; Anna Tyler, Mt. Vernon; Lovelle Bishop, Brodhead; Gary Lee Smith, Livingston; Robert Cameron, Orlando; Monroe Bullock, Mt. Vernon; Julia Norton, Eubank; Nolan Mason, Livingston; Donna Kay Barnes, Mt. Vernon; Timmy Lee Robinson, Orlando; Martha Mullins, Orlando; Mary Bussell, Brodhead; Nannie York, Brodhead; Maggie Mae Whittaker, Brodhead; Valerie Thomas, Orlando; Glenna Reams, Orlando; Ricky McCoy, Orlando; Sue Rader, Orlando; Cecil Hysinger, Mt. Vernon; Garter Sutton, Brodhead; Emaline Kirby, Mt. Vernon; John H. Lewis, Hyden; Tammy Hoskins, Crab Orchard; John Soard, Brodhead; Christine Kirby, Mt. Vernon; Henry Edward Stewart, Orlando; Kimberly Pittman, Mt. Vernon; Betty Loq McFeron, Mt. Vernon; Ben H. Childress, Mt. Vernon; Pamela Hazelwood, Livingston; Christine Lunsford, Mt. Vernon; Nelson Potts, Mt. Vernon.

Released:
William A. Reynolds, wife of John B. Payne, Disputant; Linda Sue Rowe,



Mr. and Mrs. Benny Brewer

McClure-Brewer Vows Said January 31

The marriage of Miss Genevieve McClure, daughter of Mr. and Mrs. Zade McClure of Mt. Vernon, and Benny Brewer, son of Mr. and Mrs. Bill Brewer of Route 2, Mt. Vernon, was solemnized at the home of the bride's parents.

Rev. Norman Howard officiated at the double-ring ceremony.

Mrs. Brewer is a graduate of Mt. Vernon High School and is a freshman at Eastern Kentucky University. Mr. Brewer, also a graduate of Mt. Vernon High School, is a junior at Eastern Tennessee, the couple are making their home at Calloway.

After a short wedding trip to Tennessee, the couple are making their home at Calloway.

Crab Orchard; John Soard, Brodhead.

NEW ARRIVALS

A son, Gregory Wayne Rowe, born February 16, 1969, to Mr. and Mrs. Donald Wayne Rowe.

A son, Darrin Lee Gibson, born February 17, 1969, to Mr. and Mrs. Lester Gibson.

A daughter, Rosetta Marie Cramer, born February 18, 1969 to Mr. and Mrs. Fred Cramer.

A son, Clayton Shane Doan, born February 18, 1969 to Mr. and Mrs. Billy Doan.

ATTEND THE JAYCEES GRADE SCHOOL TOURNAMENT THURSDAY NIGHT



To The Voters Of Rockcastle County

As this is my first time to run for any public office, I would like to take this opportunity to introduce myself:

I am a life-long resident of Rockcastle County and a life-long Republican. I am the son of Mr. and Mrs. W.H. Cox of Mt. Vernon and married to the former Shirley Sowder, daughter of Mr. and Mrs. Shirley Sowder of Mt. Vernon. We have one son, Lewis.

I am a licensed Funeral Director and Embalmer, having graduated from Mt. Vernon High School, attended Berea College, and graduated from the Kentucky School of Mortuary Science in Louisville, Ky.

Having grown up in the Funeral Profession I strongly feel that because of my experience and education I am duly qualified to hold this important office.

I earnestly solicit your vote and influence.

Thank You

Robert L. Buddy Cox
For CORONER

Pd. Pol. Adv. Pd. for by Robert L. "Buddy"



ENGAGEMENT TOLD—Mrs. Virginia Bullock of Conway announces the engagement of her daughter, Lois Luder-milk of Ft. Lauderdale, Florida, to Steven James Bell, son of Mr. and Mrs. James Bell, also of Ft. Lauderdale. No date has been set for the wedding.

Library Notes

BORN TO TROUBLE, by Joyce Strenger. A little black kitten named Casey, "born to trouble," finds plenty on Joe ...

man's Cheshire fam, and is continually being rescued from the washing machine, or from a frightened stealer's hoofs. Further problems arise within the human element of the countryside, and childless Liz is happy to take in two young orphans, and Lew, an all but inarticulate youth who can virtually speak to animals.

These people awaken her love and concern, but it takes a series of disasters to lead Liz to a fuller understanding of human nature. A warmly sentimental tale of farm life rural England, by the author of Rex.

THE SALZBURG CONNECTION

At the close of World War II, retreating Nazis had hidden a sealed chest in a

deep lake in the Austrian Alps. Twenty years later, only a handful of people knew of the chest and its contents. ... began a desperate search for it. Bill Mathison, a young American attorney in Switzerland on business, had no such knowledge, but a chance connection drew him into the dangerous game with Communists and Nazis battling for the long-buried records that could change lives of men and nations.

THE MINERVA STONE, by Anne Maybury. A suspenseful story of a glamorous and intriguing group of people caught in a web of terror, among them Sarah, who has recently married Niall, the brilliant star of a TV show, and now believes he is trying to kill her. Living with a dominating ... a distinguished painter, her sister Nina, a folk-singer, and her crippled half-sister

Dido, Sarah begins to discover strange clues, a headless doll, an indecipherable note, the blurred image of a beautiful woman in long green gloves, clues which, when they are finally put together, reveal Niall's unsuspected and terrible background.

THE TOWER OF BABEL, by Morris L. West. A novel of the Middle East on the brink of the Six-Day War, and of the interwoven lives of five dominant figures—Ronen, an Israeli spy; Safredin, Security Director for Syria; Jarrak, a member of the Palestine Liberation Organization; Chakry, an international banker in Beirut; and Baratz, Director of Military Intelligence for

(Cont. To 5)



By Ruth Faint

BELLDONNA LILY
The Belladonna Lily is much appreciated by flower fanciers because of its fragrance and its ... native to South Africa and belongs to a family known as Amaryllidaceae. The Amaryllis Belladonna Lily is a species of the family.

The Belladonna Lily is one of the truly lovely exotic plants. It blooms in the late Summer or early Fall and its much treasured by the gardeners who grow it. The Belladonna Lily is not as easily cultivated as are some of our better-known plants.

Floral arrangements for funerals are selected with the utmost care. We know this is not to be the final tribute and that you wish your floral gift to convey your deepest sympathy. Only the freshest flowers are chosen and these are arranged in the most elegant manner.

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Around BRODHEAD

Sympathy is extended to Bennett Brown and children in the death of Mr. Brown. Mrs. Juanita Lay and Mrs. Willie Kidwell were guests of Mrs. and Mrs. Paul Vaughn, Jr. in Lawrenceburg recently.

Mr. and Mrs. Harold Vanhook, Martha Lynn and Mark of Somerset spent Sunday with her parents, Mr. and Mrs. B. C. Riddle. Mr. and Mrs. Walter McClenney and Gale of Covington and Mr. and Mrs.

Larry Kidwell of Lexington were visitors of Mr. and Mrs. Willie Kidwell over the week end.

Mr. and Mrs. Gary Renner of Lexington spent the week end with his parents, Mr. and Mrs. Monroe Renner. Mr. and Mrs. Gary Ping and Paula of Louisville are visiting her mother and sister, Mrs. Jean Ennis and Lisa.

Mr. and Mrs. George Roberts and children of Edinger spent the week end with his mother, Mrs. May Roberts.

Mr. and Mrs. Eddie Elam announce the arrival of a son born Sunday, February 24 at the Berea Hospital. Mrs. Elam is the former Linda Stevens.

Mrs. Byron M. Owens and son of Somerset were visitors of his parents, Mr. and Mrs. Byron Owens Sunday. Mr. and Mrs. Billy Ray Eaton of Richmond and Mr. and Mrs. Ted Scott, Carolyn and Gary were dinner guests of Mrs. Lillian Collett Saturday.

Mr. and Mrs. Charles Gillespie of Parma spent the week end with their nephew, Rev. and Mrs. John Zupancic and family. Mr. Calvin Fields of Middletown was at the Baptist Church Monday evening to assist in conducting the Royal Ambassadors. Those attending the meeting were Lawson Whitty, Johnny Sower, Walter Ison, Ernest Robbins, Robert Hendrickson, Richard Cheatham, Rev. John Zupancic and Floyd Gabbard.

"LIBRARY NOTES"
(Cont. From Page Four)
Israel. As the action progresses from a border incident to a full-scale war, the novel examines the differing viewpoints that have made a modern Bible of the Holy Land and the Fertile Crescent.

IN TIMES LIKE THESE
Emilie Loring. A novel of international intrigue, dealing with a security leak at a top-secret aerospace installation. Vance Cooper pretends to be engaged to



Roy Brown, second from right, is shown with the plaque which the Rockcastle County Livestock Improvement Association received for "Outstanding Program of Work" at the annual meeting of the Kentucky Livestock Improvement Association held in Louisville recently. Others receiving plaques for achievement were, from left: J.W. Prewitt, Whitley County; Mancel Vinson, Murray State University; John Turner, Jefferson County; Mr. Brown, and Bobby Roy Tomes, Taylor County. J. Robert Miller, Commissioner of Agriculture, also received a plaque for faithful service to Agriculture.



STATE EMPLOYEES ATTEND COURTESY CLINIC—All State employees who meet the public in their work attended a two-hour clinic stressing courtesy and hospitality. A feature of the clinic was a skit involving Mr. and Mrs. Tourist and a toll booth operator. The tourists were Lucy Riley, Revenue Department, and Jordan Howard, (center), Education Department. Toll booth operator, John Gregg, graduate assistant, University of Kentucky, displayed courteous habits that will bring tourists back to Kentucky. The clinic was presented by the Department of Public Information in conjunction with the Department of Personnel and Division of Distributive Education.



To The Citizens of Rockcastle County

I have had the opportunity to talk with many of you since I announced as a candidate for county judge of Rockcastle County. I will probably not be able to see all of you before the election due to the fact that I am obligated to you as your Sheriff and I feel that I must perform whatever duties this office requires first.

I pledge to you, that if elected, I will perform my duties to the best of my ability and I will be available to serve you at anytime.

I will appreciate your support and vote at the May 27th Primary.

Tip Reppert

Pd. Pol. Adv. Pd. for by Tilford "Tip" Reppert

lovely Page Wilburn and the couple fly to New York City to infiltrate the company's New York office and expose the traitors.

Mrs. Phillip Davis

"WORKSHOP"

(Cont. From Front)
Each participant in the workshop will receive materials in the form of bulletins and leaflets, which will aid in landscaping his own property. Both husband and wife are invited to participate in the workshop. Persons interested in attending the workshop are requested to call or write the Rockcastle County Extension Office in Mt. Vernon, Kentucky prior to March 6. The phone number is 256-2403. It is important to pre-register for the workshop in order that materials and supplies can be arranged.

ment of Housing and Urban Development. The Rockcastle Craftsmen have been assisted in arranging these programs by the Kentucky Institute for Community Development, Lexington, Kentucky organization.



... lives of both Mr. and Mrs. L. R. Grumbis of Longview, Wash., in 1967. Then, in 1968, after 21 years of childless marriage, Baby David was born. Little wonder all three say, "Heart Is My Cause."

"Lions Anniversary"

(Cont. From Front Pg.)
radio auction which is held annually to raise money for Mt. Vernon's summer recreation program. They also help to sponsor the local Boy Scout Troop and donate to local charities and support many civic projects.

Mayor Clyde Linville will welcome Lion Bonnan and Attorney James Lambert will serve as Toastmaster for the meeting. Lion Restaurant and is currently conducting a membership drive to enlarge the club.

WINN, POPE SPEAKERS FOR THIRD MEETING

Every Thursday evening at 7:00 p.m., concerned citizens of Rockcastle County are invited to attend information meetings on local services at the Rockcastle County Courthouse, Mount Vernon. This program is sponsored by the Rockcastle Craftsmen, of which Mrs. Faye Baker is President. The past two programs dealt with the History of Rockcastle County and Appalachia and the programs of the Agricultural Stabilization and Conservation Service and the Forestry Service.

This Thursday's February 27 program will include Robert Winn, District FHA Agent, and Henry Pope, Area Extension Agent. Mr. Winn will answer questions about financial assistance for local farmers and land owners and Mr. Pope will explain his agency's services for Rockcastle counties.

Future meetings will cover the subjects of Public Assistance; the Department of Economic Security; Legal Aid, Programs of the Department of Health, Education and Welfare; the Economic Development Administration; and the Depart-

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