

Herd Replacement

By: Smith T. Powell, Jr.,
Vo. Ag. Adult Program

Many dairymen are disappointed when new heifers, whether purchased or grown at home, come into production. This is just as true in Rockcastle County as in other areas of the country and is largely due to improper feeding and development of the replacement heifers. The importance of proper raising of well-bred heifers cannot be over emphasized if the dairyman is to continue milking a herd of high producing cows.

The dairy cow takes energy in the form of roughages such as grass, hay and silage and changes it into milk, a product high in nutritive value plus a rich store of nutrients to balance the deficiency of other foods. The production ability of a cow is determined by her heritable factors plus her ability to consume large quantities of roughages. Her ability to consume and utilize these feeds is the result of how she was developed as a calf, a young heifer, and as a bred heifer.

In order for a dairy cow to reach her full potential as a milk producer it is necessary that she receive normal growth from her calfhood through her young producing cow. This can

only be accomplished through a careful feeding and management program. Raising heifers after they are six months' old is a relative easy task and for this reason many are stunted for lack of proper feed and attention and fail to develop into profitable cows.

In order to reduce costs many dairymen fail to feed concentrated rations in proper quantity and until the heifer is large enough to consume roughages necessary for her normal growth. Far too often, heifers are fed only fair to poor roughages in the winter and are turned onto scanty pastures in the summer to shift for themselves. The fact that the heifers are not returning any cash at the time and a lack of appreciation concerning her future income production depending upon how she is developed as a heifer are reasons why they do not receive the necessary attention.

Heifers cannot make normal growth unless they receive the necessary total digestive nutrients. These can best be supplied through an abundance of good hay and other roughages with just enough concentrate to keep them gaining at a normal rate. The absence of good hay and roughages

must be replaced with more and better concentrate feeds.

To have high producing cows, dairymen need to study in detail the problems of producing good heifers and then give them the care and attention needed to grow them into profitable cows. The agriculture extension workers in the area and the vocational-agriculture teachers will be glad to discuss a heifer growing program with any Rockcastle County farmer desiring assistance.

"JUNE-DAIRY MONTH" (Cont. From Page 4)

and strawberry ice cream to top it off. Mix as before. For Lime Milk Shake, use 3 tablespoons frozen concentrated limeade, vanilla ice cream, green food coloring, milk and mint ice cream.

The all-in-one casserole is a standby for busy homemakers, a quick meal that's tasty and easy to serve. If you'd like a new casserole recipe; here's one to treasure. It's made quickly with frozen vegetables and cottage cheese. Cottage Vegetable Bake not only provides the vitamins contained in vegetables, but the good milk protein of cottage cheese. Dairy sour cream adds more protein plus tangy fresh flavor to peek up the dish. Here's

how to make Cottage Vegetable Bake. Place 2 prepackaged (10 oz.) frozen mixed vegetables thawed and drained, in a shallow 1 1/2 quart casserole. In a small mixing bowl beat together 2 cups cottage cheese and 1/4 cup dairy sour cream until smooth. Add 2 tablespoons regular all-purpose flour, 1 teaspoon salt and a dash of pepper. Add 2 eggs and beat until thoroughly blended. Pour this over vegetables and bake in a preheated 350 degree oven 40 minutes. For a quick family dinner, Makes 6-8 servings.

If you've never tried dairy sour cream on anything but baked-potatoes, make this year the year you get acquainted with sour cream's abilities. You'll be amazed to discover all the different foods that go well with this fluffy, satin-smooth dairy product. Its gentle, yet tangy flavor will enliven so many meals; and it's so versatile. Spoon sour cream straight from the carton to serve as a salad dressing, dip, sauce for meats or topping for cake or pie. Cream adds a lot to casseroles and baked foods. Sour cream will put new taste appeal into your summer menus.

Swiss steak is a long time favorite in American cuisine. For special occasions cook

it in a casserole. Top with grated sharp cheddar cheese toward the end of the cooking time, and return to the oven until the cheese melts. Here's a recipe from USDA food specialist that yields six servings. While dairy products are plentiful it is a good time to try this recipe.

1 1/2 pounds boneless beef round steak, 1/2 inches thick

- 1 teaspoon salt
 - 1/4 cup flour, unsifted
 - 1 cu p water
 - 1/4 teaspoon worcestershire sauce
 - 2 tablespoons chopped onion
 - 2 cups cooked or canned tomatoes
 - 1/2 cup chopped celery
 - 1/2 cup shredded carrots
 - 1/3 cup shredded sharp cheddar cheese
- Trim excess fat from meat. Heat trimmings in a large fry pan to get enough drippings to just cover bottom of pan. Discard trimmings. Cut meat into six equal servings. Mix flour and salt. Pound flour into meat; set aside remaining flour. Brown meat in drippings. Place meat in 1 1/2 quart casserole. Preheat oven to 325 (slow). Blend remaining flour with drippings in fry pan. Add water, stirring constantly, until slightly thickened. Add worcestershire sauce, onion, tomatoes, celery, and car-

rots. Pour mixture over meat. Bake covered, about 2 hours. Uncover and bake 1 hour longer, or until meat is tender. Sprinkle cheese over meat. Return to oven for about 3 minutes or just until cheese melts. Calories per serving: About 200. It's easy and economical to use instant nonfat dry milk in your cooking, summer time or anytime. This

convenient concentrated form of milk has all milk's nutrients without the butterfat. Use it in sauces, gravies, soups or custards. Just add 4 tablespoons instant nonfat dry milk to each cup of fluid milk or 1/2 cup instant nonfat dry milk to each cup of water or broth in your recipe. Boost your country's economy by boosting milk and

dairy products. Drink milk every day, it's your best food buy.

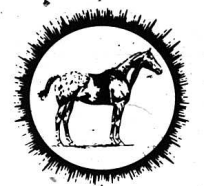
"MRS. BYRD"
(Cont. From Front)

conducted Saturday, June 14 at the Fairview Baptist Church with burial following in the Fairview Cemetery, Wray Funeral Home was in charge of arrangements.

Welcome

To The First Annual Renfro Valley All-Appaloosa

Horse Show



Sunday June 22, 1969

Renfro Valley Horse Show Grounds

Renfro Valley, Ky.

Halter 9:00 AM - Performance 1:00 PM

This Show Was Designed With The Youth In Mind

A. The Concession Stand Operated By The 4-H Club

B. 4-H & FFA Members Admitted Free

C. 5 Youth Classes Also Included

Admission \$1.00

CHILDREN UNDER 12 ADMITTED FREE

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Weyenberg Shoes

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Ladies Sandals & Tennis Shoes

Men's Sport Coats

Men's Suits

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Men's Tennis Shoes

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Be it a building, a dairy herd or a personal estate, you are assured full protection of your valuable possessions, at lowest possible cost, when you insure with us. To guard your investment and your profits... to plan with wisdom for the future... let us check your insurance program now. No obligation.

William K. Bullen
Farm Bureau Agent



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Dairy Farmers



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With Pkgs: Keebler Cookies
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TOP VALUE STAMP
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Chickens or Chicken Parts
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TOP VALUE STAMP
With \$1.00 or more Health
and Beauty Aids
Coupon Expires June 18, 1969

For Sipping Now ...

A Summer "Nog"

If you've been thinking of nogs as winter's special sipping pleasure, think again. This light and cool one is designed with summer in mind. Indeed, it takes its name, Walkiki Nog - from the exotic state where summer's never out of season.

It's simple to put together - a "must" in the leisurely island scheme of living. Just beat whole milk with fresh egg yolks, sugar and a dash of salt. Then add Hawaiian flavor via the special ingredient, pineapple-grapefruit juice drink. For fluffy lightness, beat the egg whites into airy peaks, then gently fold in the fruit juice mixture. Top off Walkiki Nogs with scoops of vanilla ice cream.

The unusual combination of creaminess and tart-sweet citrus flavor makes for refreshing summer sipping.

WAIKIKI NOG

- 2 cups milk
- 4 egg yolks
- 1/4 cup sugar
- 1/4 teaspoon salt
- 2 cups pineapple-grapefruit juice drink
- 2 egg whites
- 1 quart vanilla ice cream

In a large bowl, combine milk, egg yolks, sugar and salt; beat until foamy. Stir in pineapple-grapefruit juice drink. In large mixer bowl, beat egg whites into airy peaks, then gently fold in fruit juice mixture. Ladle into glasses. Add scoop of ice cream to each glass. Sprinkle with nutmeg. Makes eight 8-oz. glasses or 12 punch cups.

A STATEMENT BY CHARLES CARTER

I want to correct rumors and false statements being circulated saying I have filed a suit to raise my salary. Such is not the case.

I did file a suit saying the fiscal court when attempting to set the salaries for the officers did so illegally by the reason of the fact the minutes were not signed as required by law and the statutes.

Section 67.100 of Kentucky Statutes reads as follows. Records of fiscal court.

(1) The fiscal court is a court of record. (2) Before each adjournment, the minutes of the proceedings of the fiscal court SHALL be publicly read by the clerk of the court, and corrected if necessary, and SHALL be signed by the presiding judge, with the approval of the justices of the peace or county commissioners who were present when the court was held. (3) NO MINUTE or ORDER of the fiscal court SHALL be VALID until read and signed as required by subsection (2), nor unless the record shows by whom the court was held.

The fiscal court on May 2nd attempted to fix not only the salary of the county judge but salaries for all the incoming officers. The minutes were not signed as required by the statutes and therefore their acts were not legal.

The court of appeals has held many times that minutes and orders are not valid unless the minutes are written on, and the fiscal court is a court of record and minutes must be signed the day they are made and before court adjourns.

This suit simply asks the courts to say if the fiscal court acted according to law and the statutes, and if not to set the salaries of the county judge legally and according to the statutes of Kentucky.

When that is done I will abide by their rulings and be satisfied.

If we don't intend to do things legally we might as well throw away the statutes and laws and do as we please.

I don't believe in doing things unless they are done legally, and I shall see that the affairs of the county are carried on legally and according to law when I become judge. I think that is what the people want and expect of all officials regardless of who they may be.

I have a statute in my home and I will be glad to show anyone what it says about the fiscal court meetings, minutes and orders. You can also see and read for yourself what is required in any lawyers office, county judge's office or circuit clerk's office.

Ask any lawyer if the above statement isn't true. See section 67.100 of the statutes. Some people don't want things done legally and some just want something to talk about.

Charles Carter

A Look At The 1968 Dairy Family



1968 OUTSTANDING DAIRY FAMILY-- The Coffey family are shown in the above photo just after they received the outstanding dairy family award last year. The Coffeys went into the dairy business in 1962 and now has a herd of 40 Holstein cows. In the above photo are, from left:

Doris, Mrs. Coffey, Mr. Coffey, Virginia, Nancy Rose, and Tammie Sue in front. At the time this photo was taken, the Coffey's son, Lewis, was serving in the U.S. Air Force. He is now home and helping his father with the dairy and other farming.



THE COOLING ROOM-- The Coffey family, except their daughter Doris, are shown in the milk cooling room where the milk is kept at a constant temperature. In the photo are, from left: Mrs. Coffey, Tammie, Mr. Coffey, Lewis.

Nancy Rose, and Virginia. Tammie will enter the first grade at Roundstone this fall and Nancy will be a freshman at Mt. Vernon.



1968 DAIRY PRINCESS-- Miss Virginia Ruth Coffey was last year's County Dairy Princess. In the above photo, Miss Coffey is being crowned by Mikie Brown, 1968 State Dairy Princess, assisted by Roberta Hayes, 1967 County

Dairy Princess. Miss Coffey is now entering her second year at Midway Junior College where she is majoring in Business.



1966 COUNTY DAIRY PRINCESS-- Doris Coffey was the 1966 County Dairy Princess. She is now entering her senior year at Berea College where she is majoring in Business. Doris went on to win the District Dairy Princess title in 1966 and competed in the state contest.

"HOMEMAKERS HELP"

(Cont. From Pg. 9)

like the contrast of creamy and crunchy textures. To make, in a bowl toss together 2 cups shredded cabbage, 1 fresh or canned pear, diced, 3 tablespoons chopped salted peanuts, 2 tablespoons vinegar, and ½ teaspoon celery salt. Gently fold in 1/3 cup dairy sour cream. Cover and chill before serving. Makes 4-5 servings.

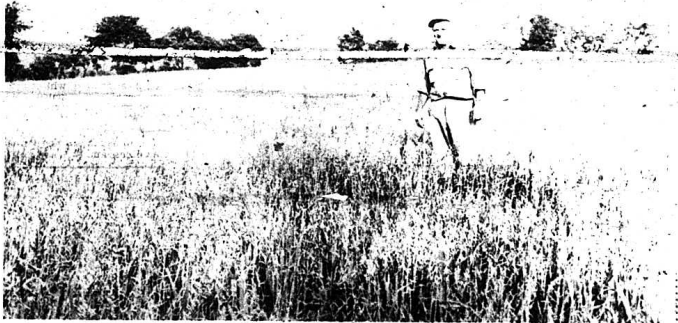
What's for dessert? How about ice cream with butter cookies? It's easy to bake butter cookies and top with a quick frosting. Chocolate Cream Frosting is a good choice, a warm-weather favorite that takes only two ingredients and little effort. In a saucepan, melt 1 cup (6 oz. pkg.) semi-sweet chocolate pieces over hot water, remove from heat and cool slightly. Gently stir in ½ cup dairy sour cream. Will frost about 4 dozen butter cookies.

RUM BUTTER DESSERT SAUCE

1 cup
¼ cup (1 ½ stick) butter
½ cup sugar
½ cup whipping cream
Dash of salt
1 teaspoon rum extract
In a small saucepan combine butter, sugar, cream and salt. Cook over medium heat, stirring constantly, until butter melts and sugar is dissolved. Remove from heat; cool slightly; stir in rum extract. Serve warm or cold.

HONEY BUTTER SAUCE

1 ½ cups
½ cup (1 stick) butter
¼ cup honey
¼ teaspoon cinnamon
Dash of salt
½ cup whipping cream
1 teaspoon orange extract
In a saucepan melt butter; bring in honey, cinnamon and salt. Remove from heat; stir in whipping cream until smooth. Add orange extract; cool.



OAT FIELD-- Mr. Coffey is shown in an oat field near his home. He will bale this and use it for feed for his dairy herd. Besides the dairy herd, Mr. Coffey also raises

3.4 acres of tobacco, about 35 acres of corn, and thirty to forty acres of hay.



IN THE PARLOR-- Mr. Coffey has a three-stall milking parlor. He averages about 30,000 pounds of milk a month from his herd. Altogether, the Coffeys own two farms, their home farm in the Brindle Ridge area which

has 200 acres in it, and a 196 acre farm near Wildie. Mr. Coffey manages the farm work with the help of his son, Mrs. Coffey, and Virginia, who is "pretty good at milking," he said.

**Attend Dairy Day
This Saturday**

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CLASSIFIED RATES

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 Card of Thanks: 3¢ per word - minimum 75¢
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 Classifieds Charged: 5¢ per word - minimum \$1.00
 Display Classifieds: \$1.00 per column inch

For Sale

FOR SALE: 1959 Buick station wagon. In good condition. Ph. 256-2387 after 3:30 p.m. or see Joe Sparks, Mt. Vernon. 39x2

FOR SALE: 3½ year old mare pony. Large enough to plow gardens and enjoys children. Contact Howard Harding, Disputanta, Ky. 39x3p

FOR SALE: Admiral and Zenith televisions. New and used antennas. Installation and service. ROCKCASTLE FARM SERVICE, Mt. Vernon, Ky. ntf

FOR SALE: 3 joining baby farms, good tobacco and corn base. One remodeled home with water in house. Good barns, plenty of water. Will sell as whole or separate. Priced to sell.

Roy "Schooner" Lucas
 Mt. Vernon, Ky.

HOUSES FOR SALE: 5 room home with bath on corner of Richmond and Tevis Streets. Also 6 room home with bath on Crawford Street. Both on large lots. Gertrude Hilton 256-2211. 38xntf

FOR SALE: One gas tank about three months old. Automatic oven, other extras. See Bill Dowell, Mt. Vernon or phone 256-2991.

NOTICE: See us for all your monument needs. H.C. McNew Monument Sales, U.S. 25 North, Mt. Vernon, Ky. Ph. 256-2232. 38xntf

FOR SALE: Copper-tone refrigerator and stove, like new. Living room suite, glass door safe, ½ bed, heating stove, wardrobe

with mirror on door, television, washer, and 1965 Ford convertible, excellent condition. Call 256-4153 or see Albert "Red" or Alma Griffin. 40x2p

FOR SALE: 1960 Chevrolet V8, automatic, good transportation. \$115.00, 1949 Chevrolet pick-up, runs good, good body. \$135.00. Ph. 256-4336. 40x2p

NOTICE: PIANO-Would like party to just take over payments on seven month old Baldwin Piano. Piano is like new. If interested write Mary Sims, Box 7042 Lexington, Ky. 38x3p

FOR SALE: Seven-room home with bath, 3 lots in city limits. See Floyd Owens Real Estate Agency. 40x1p

FOR SALE: 4 room home, large lot, out of city limits, good location and priced right. See Floyd Owens Real Estate Agency. 40x1p

FOR SALE: Three-bedroom ranch-style house on large lot located on Perciful St. Call 256-2801. 43xntf

FOR SALE: Revere 8 millimeter electric eye three lens movie camera and projector. \$75. Phone 256-4292.

FOR SALE: Two ladies' wedding band rings. One ring, extra wide, heavy, yellow gold. Price \$18.00. One ladies' ring, yellow gold, eighteen karat, Price \$15.00. See Estill L. Malins, Route 2, Box 62C, Mt. Vernon, Ky. or call 256-2729. 40x2

FOR SALE: 1950 Buick. New paint, good tires. See Phillip Davis, Mt. Vernon. 40x2

For Rent

FOR RENT: Furnished apartment. Mrs. Miltie Sweeney. 256-2395. 34xntf

FURNISHED apartments for rent. Estle Bullock, Richmond St., Mt. Vernon 256-4215

FOR RENT: 2 or 3 room furnished or unfurnished apartments. Steam heated. at Rockcastle Hotel. Also sleeping rooms rented by month. See Roy Winstead at APPLIANCE SERVICE CENTER.

Wanted

WANTED: To let us clean and beautify your garments to keep them looking the best. "Let us have on the spot." Your professional quality cleaners. SANITARY CLEANERS Ph. 256-2551.

Notice

NOTICE: The Allen Family Reunion will be held the first Sunday in July, the 6th, at the Brothead Fairgrounds at Brothead, Kentucky. Everyone bring a lunch and come. 37x5

NOTICE: Hamm Bros. Water Well Drilling and Contracting, Brothead, Ky. Ph. 256-2024 or 256-2049. ntf

NOTICE: ROY ELECTROLUX Sales and Service, see Danny Ford, Mt. Vernon. Ph. 256-2023. ntf

FOR SEPTIC TANK cleaning, call 256-4381. begd, Ky. or call 758-4381. 39x2p

POSTED: No hunting or trespassing on land located on the head of Clear Creek known as the Oscar Barga place. ntf

SIGN SCHOOL
 Learn a high paying skilled profession. Complete course or individual subjects. Sign painting, wedding, metal work, spray painting, neon tube bending, sign erection.

crane operation, etc. MOORE SIGN SCHOOL 243 E. 4th St. London, Ky. Call 864-2281 for appointment. 39x1

NOTICE: Match books, pens, pencils, fans, calendars, and other advertising specialties will promote your business all year. Time to order now. Call 256-2298 or 758-3483, Larry Burdette, National Press, Inc. 39x3p

NOTICE: Floor sanding and finishing, old and new. 23 years experience. Satisfaction guaranteed. Free estimate. Call Skates Bros. 256-4464 or 256-4216. 39x4p

POSTED: No hunting, fishing, or trespassing on land located on Brush Creek Road, Marion Abney, St. Orlando, Ky. 30x52p

Loss weight safely with Des-A-Diet Tablets. Only 9¢ at Maggard Drug. 25x15p

NOTICE: \$100.00 reward for information leading to the arrest and conviction of the parties who stole my Mustang 'hub caps on Sand Hill Road on Saturday, June 14th. I will pay anyone \$100.00 cash to tell me who stole them. Cecil Hasty, Mt. Vernon. 40xntf

BIDS WANTED: The Rockcastle County Board of Education will receive bids on contract to roof Brothead School and new institutional type stoves for lunchrooms until June 30, 1969. Specifications can be obtained at the office of the Board of Education. The right to reject any and all bids. 40x2

POSTED: No hunting or trespassing on my land located at Orlando, Isaac Bowman. 40x12

FREE Folder on Rockcastle County, population, number of farms, history, etc., at Dinner Bell Sundry. 40x1p

GOSPEL SINGING: The Rockcastle County Gospel Singing will be held Sunday, June 22 at the Hickory Grove Pentecostal Church. This church welcomes all singers and everyone. 40x1p

BIDS WANTED: The Rockcastle County Board of Education will receive bids on janitorial, miscellaneous supplies, and school bus insurance until June 16, 1969. Bid forms can be obtained at office. The board reserves the right to reject any or all bids. 38x3

NOTICE: Earn \$30 to \$60 a week spare time. Sell Tupperware. Contact Mary R. Neeley, Route 5, Box 576, London, Ky. Ph. 864-2449. 38x2p

NOTICE: Shoes at discount prices. Also shoe repair. Bullock's Shoe Shop, Main Street, Mt. Vernon, Ky. 38xntf

Legal Notices

NOTICE
 Notice is hereby given that Frances Thompson, Route 1, Mt. Vernon, has been appointed Administratrix of the Estate of George Neal Thompson, deceased. All persons having claims against said estate shall present them, verified according to law, to the said Frances Thompson, Route 1, Mt. Vernon, or to James W. Lambert, Attorney for estate, Mt. Vernon, Ky. on or before September 19, 1969. 38x2

NOTICE
 Notice is hereby given that Burdette Farris, Route No. 1, Crab Orchard, Kentucky, has been appointed administrator of the estate of Cynthia Mink, deceased. All persons having claims against said estate shall

present them verified according to law to the said Burdette Farris, Route 1, Crab Orchard, Kentucky, or to Allen & Clontz, Mount Vernon, Kentucky, attorneys for said estate, no later than September 5, 1969. 40x3

CARD OF THANKS
 "Love that giveth in full store Aye receives as much, and more."

We, the family of Mrs. Beatrice Boyles Cress, wish to express our heartfelt gratitude to all our neighbors, friends and relatives for their thoughtful and loving kindnesses during the illness and death of our loved wife and mother, Beatrice Cress.

We are especially grateful to the Reverend Lee Davis Fisher, to Mr. Oscar Carter and the other members of the quater, to the pallbearers, to the Cox Funeral Home, to those who sent flowers, brought food, provided transportation and otherwise stood by us in our sorrow.

CARD OF THANKS
 The family of T.Q. Barnes acknowledges with deepest appreciation the many expressions of sympathy in our loss. We especially thank Dr. Jack Lewis, the nurses at the Rockcastle County Baptist Hospital, Watson Funeral Home for their efficient service and Bro. Ebanks for his comforting words.

The Barnes Family,
 "MRS. CRESS"
 (Cont. From Front)

nieces and nephews and a host of friends.
 Funeral services were conducted Saturday, June 14, at the Skeggs Creek Baptist Church with Bro. L.D. Fisher officiating. Burial was in the Skeggs Creek Cemetery.
 Cox Funeral Home was in charge of arrangements.

"MRS. MINK"
 (Cont. From Front)
 held Tuesday, June 17 at the Livingston Holiness Church with Rev. Billy Medley officiating. Interment was in the Ward Cemetery at Livingston.
 Cox Funeral Home was in charge of arrangements.

NOTICE: The Occupational Licenses will expire on June 30, 1969. New Licenses may be obtained at the office of the County Court Clerk. The rates are: Restaurant, \$51.50; Soft Drinks, \$6.50; Ice Cream, \$6.50; Soft Drinks-and Ice Cream, \$51.50; Tobacco, \$11.50. Clifford Bales, RC Court Clerk

RASPBERRY MELBA SAUCE
 1½ cups
 1½ teaspoons cornstarch
 1 cup (18-oz. pkg.) frozen raspberries, thawed
 ½ cup currant jelly
 Blend cornstarch with 1 tablespoon juice from raspberries to make a smooth paste; set aside. In a saucepan heat raspberries with jelly; stir in cornstarch mixture. Cook, stirring constantly, until thick and clear. Cool. Serve over ice cream or as Peach Melba.

***PEACH MELBA**
 Place 1 peach half in each serving dish; top peach with large scoop ice cream. Spoon warm or cold Raspberry Melba Sauce over ice cream.

LOGS WANTED
 We are in dire need for SOFT MAPLE logs. Also need POPLAR and other HARDWOOD logs. We are in our fifteenth year and can buy your logs during a good market or a bad one. Donald Binder Lumber Co., London, Kentucky
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Mount Vernon Signal

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Kentucky State Dairy Princess Margaret Ann Duwall, toast's June Dairy Month Chaimen, J. Robert Miller, Kentucky State Commissioner of Agriculture.

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VOLUME 82 NUMBER 40

THURSDAY, JUNE 19, 1969

Farmers-Businessmen Tour Canada In July

Farmers and businessmen from this county will be making their sixth annual tour on July 7, 8 and 9 to see farming and related businesses in other areas of the United States and Canada, according to Roy G. Brown, president of the Rockcastle County Livestock Improvement Association which sponsors the tour.

This year, the group of approximately thirty local men will leave Mt. Vernon by chartered bus and go directly to Essex County in Ontario, Canada. Here they will visit the farm of Donald Wright and see his apple, peach, and cherry orchards. At this farm, they will be met by a representative of the Ontario Department of Agriculture and Food and hear him discuss farming as it is carried on in Ontario.

The first night will be spent in Windsor, Canada with the group being free to visit places of individual interest.

On the second morning, the group will cross back into Detroit, Mich., and visit the assembly line factory of one of the largest makers of farm equipment. In the afternoon, they will visit Greenfield Village and the Henry Ford Museum.

Over 100 historic buildings, historic homes, shops, schools, mills, stores and laboratories vividly portraying our American heritage. Here, the men will see craftsmen plying their trades of mill-making, glassblowing, silk-making, blacksmithing, weaving, pottery-making and other historically significant developments in American science, agriculture, and industry.

The 14-acre Ford Museum contains vast and varied collections which portray the major aspects of the growth and development of our nation from pioneer days to the present time. The second night will be free time for the group to visit in Detroit. The third day will be spent visiting beef and swine operations

in Fulton County Ohio, returning to Mt. Vernon that night.

Summer Grant Approved

A special summer grant in the amount of \$50,125 has been made by the Office of Economic Opportunity to the Council of Southern Mountains to be used in Jackson, Rockcastle, and Madison Counties for the next twelve months, according to Congressman Tom Lee Carter.

The grant will be used to finance youth activities for low-income families which will afford recreational programs, educational, and cultural enrichment and employment opportunities.

DEE PRESTON CUMMINS DIES EARLY SATURDAY

Dee Preston Cummins, 53, a resident of Lamerco, passed away early Saturday morning at his home. He was born in Rockcastle County, the son of the late Laura Cummins and Detroit Cummins of Mt. Vernon. He was a member of the Pleasant Run Baptist Church and the Helping Hand Lodge in Livingston.

Besides his father, he is survived by his wife, Mrs. Robert of Felicity, Ohio and Donald of Lamerco; two daughters, Mrs. Janet Tipton of Felicity, Ohio and Mrs. Patricia Abney of Berea; six sisters, Mrs. Isabelle Peters of Louisville, Mrs. Sinnie Nicely of Mt. Vernon, Mrs. Eva Belden, Mrs. Nola Robinson, Mrs. Hazel Oliver, and Mrs. Louisa McCowen, all of Covington; one brother, Keith Cummins of Mt. Vernon, and three grandchildren.

Funeral services were held Monday, June 16 at the Pleasant Run Baptist Church with Bro. Lester Arnold and Bro. George Anderson officiating. Burial was in the Walnut Grove Cemetery.

Cox Funeral Home was in charge of arrangements.



FIRST PRIZE WINNER-- Goy Boy, trained and ridden by William Taylor of Mt. Vernon, brought home first prize, money, trophy, and blue ribbon from the Earl Hill County Horse Show last. The three-year-old chestnut-Sorrel stallion won over twelve other horses in the Open Pleasure Class.

199,640 Needy Get Food Aid

U.S. Department of Agriculture food programs aided 199,640 needy persons in Kentucky during April, 6,056 persons less than the number that received the number that received in March.

USDA's Consumer and Marketing Service said that 128,686 persons in 57 counties took part during April in its food stamp program and received \$974,347 in bonus coupons. This was 119 persons less than participated during March.

2,334 residents of Rockcastle County received Food Stamps during April.

MRS. CORA BYRD DIES AFTER LONG ILLNESS

Mrs. Cora Byrd, 76, a resident of Route 3, Berea, died Friday, June 13 at the Berea Hospital after a long illness. A native of Madison County, Mrs. Byrd had lived in Rockcastle County for the last four or five years. She was a member of the Liberty Avenue Baptist Church in Berea.

The foods distributed had an estimated retail value of \$780,000 and included dairy products, canned and dried fruits and vegetables, canned meat or poultry, grain and cereal products, as well as other items such as peanut butter and scrambled egg mix.

In Kentucky, the food stamp program is administered by the Kentucky Department of Economic Security, and the food distribution program is administered by the Kentucky Department of Agriculture, both in cooperation with the Consumer and Marketing Service.

Funeral services were held Sunday, June 15, at the Fairview Church of Christ with Bro. Kelly Ellis officiating. Burial was in the Fairview Cemetery.

Watson Funeral Home was in charge of arrangements.

TED CHANDLER, 69, DIES SUDDENLY

Ted Chandler, 69, of Route 2, Brodhead, died suddenly Saturday, June 14. He was born in Rockcastle County on April 24, 1900, the son of the late Sam and Josephine Scoggins Chandler. A retired railroad employee, Mr. Chandler was a member of the Brodhead Baptist Church.

Survivors include his wife, Mrs. Lillian Chandler; two daughters, Mrs. Margie Ranson of Louisville and Mrs. Helen Cambree of Corbin; two sisters, Mrs. Agnes T. Chandler of Cincinnati, Ohio and Mrs. Rilda Layne of Louisville, nine grandchildren and one great grandchild.

Funeral services were held Monday, June 16 at the Brodhead Baptist Church with Rev. John Zupanic and Rev. Cornelius Horn officiating. Burial was in the Piney Grove Cemetery.

Watson Funeral Home was in charge of arrangements.

and Mr. Vernon is indeed fortunate to procure this fine organization for their Dairy Day. The Marching Patrol and the Jockey Patrol, plus other units of the Lexington Shrine Oleika Temple, will also be on hand.

\$450,000 Suit Filed Against County School Board

Mrs. Anna Bell Renner and her husband, Casper Renner, have filed a \$450,000 suit in Circuit Court against the Rockcastle County Board of Education.

The suit stems from a wreck which occurred on March 11 about four miles west of Brodhead on U.S. 150. Involved in the accident were a county school bus, driven by Harrison Holman, and a car driven by Mrs. Mildred Renner carrying four women passengers, one of which was Mrs. Anna Bell Renner.

The suit charges in part that Mr. Holman "did so negligently, carelessly, and recklessly operate said school bus as to cause it to come into collision with the motor vehicle being driven and operated by Mildred Renner, in which this plaintiff, Anna Bell Renner, was riding as a passenger."

Mrs. Renner asks \$400,000 in the suit stating that "she received and suffered numerous hurts, wounds, and injuries to her entire body."

MULLINS PROMOTED

Everet W. Mullins, 19, son of Mr. and Mrs. Jack E. Mullins, Mt. Vernon, was promoted May 13 Army specialist four while serving with the 3rd Infantry Division in Germany.

A member of Company B, 1st Battalion of the Division's 7th Infantry near Aschaffenburg, Spec. 4 Mullins entered the Army in May 1968 and completed basic training at Ft. Knox, Ky. He was stationed at Ft. Polk, La., before arriving overseas in September 1968.

BUROD BROWN, 45, BURIED AT FAIRVIEW

Burod Brown, 45, of Cincinnati, Ohio, passed away Friday, June 13, in Cincinnati, Ohio. He was a native of Rockcastle County, the son of Arthur and Etie Mae Brown, a member of the Providence Church of Christ, and a veteran of World War II.

Besides his wife, Mrs. Rose Mae Brown, he is survived by his mother; one daughter, Miss Kathy Gay Brown; two sons, Larry Joe and Kelly Ray, all at home; one sister, Mrs. June Miller of Anderson, Indiana; two brothers, Bert Brown of Spring Hill, Tenn., and Paul Brown of Garland, Texas.

Funeral services were held Sunday, June 15, at the Fairview Church of Christ with Bro. Kelly Ellis officiating. Burial was in the Fairview Cemetery.

Watson Funeral Home was in charge of arrangements.

SAYLOR ADMITTED AT GEORGETOWN

E. Howard Saylor, son of Mr. and Mrs. Cleston Saylor of Brodhead, has been accepted for admission to Georgetown College for the coming academic year, according to Dan Stone, Chief Admissions Officer at the college.

Summer School Begins June 20

Registration for Summer School will begin at 9 a.m. on Friday, June 20 at the Mt. Vernon High School. Any student needing to make up credit in English, Math, Science, Biology or American History will be permitted to earn one credit for the seven weeks course which begins August 4.

Classes are tentatively planned to begin at 9 a.m. and end at 1:30 p.m. Teachers will be required to work a full day.

Transportation, books, supplies and meals will be furnished by the Summer School is being financed by the Title I Program of the Rockcastle County Board of Education.

MRS. HANNAH-E. MINK DIES AT BEREA

Mrs. Hannah Elizabeth Mink, 80, of Livingston died Sunday, June 15 at the Berea Hospital. She was a native of Rockcastle County, the daughter of the late Wixie and Emily Reynolds Farley and a member of the Livingston Holiness Church.

Survivors are two sons, Asa Mink of Livingston and Robert Lewis Mink of Indianapolis, Ind.; two daughters, Betty Mullins and Cora Luster-Mink, both of Livingston; two half-sisters and four-half brothers; seventeen grandchildren, and twenty great grandchildren.

Funeral services were held Monday, June 16 at the Brodhead Baptist Church with Rev. John Zupanic and Rev. Cornelius Horn officiating. Burial was in the Piney Grove Cemetery.

Watson Funeral Home was in charge of arrangements.

was caused to and did endure severe mental and physical pain and suffering and will in the future, be caused as a result thereof to endure additional severe mental and physical pain and suffering and other earning power was permanently impaired."

Dairy Day June 21

Miss Janice Barrette, daughter of Mr. and Mrs. Arvel Burdette of Route 3, Mt. Vernon, and Elizabeth Hayes, daughter of Mr. and Mrs. Robert Hayes of Route 1, Brodhead, will compete for the title of Rockcastle County Dairy Princess on Dairy Day, Saturday, June 21.

Among the highlights of the Dairy Day festivities will be the appearance of the Lexington Shrine Temple Band and other units, including the motorcycle unit which was such a hit last Dairy Day.

Also sure to be a big drawing card is a milking contest shaping up between Attorney John P. Allen and Dr. George Griffith. There will also be a milk drinking contest for eight youngsters and an ice cream eating contest for eight men.

Wayne Stewart will again serve as Master of Ceremonies for the day's events and a representative of WAVE television in Louisville will also be on hand to interview the dairy princess candidates on stage.

Miss Margaret Ann Duvall, State Dairy Princess, will conduct this year's County Dairy Princess contest. Roy Brown, on behalf of Cumberland Production Credit Association, will present the award to the outstanding dairy family.

This Thursday (today) four mini-milk maids will be at

the Fort Sequoyah Indian Village on U.S. 25 south of Livingston to advertise and promote the milk industry by giving milk away to tourists. The milk maids are sponsored by Southern Belle Dairy in Somerset.

T.O. BARNES, 85, DIES TUES., JUNE 10

T.O. Barnes, 85, of Brodhead, died Tuesday, June 10 at the Rockcastle County Baptist Hospital. He was the son of the late William R. and Frances Searns Barnes, and was a member of the Baptist Church in Brodhead.

He is survived by his wife, Della Vanover of Brodhead; seven children, Harlan of Salina, Kan.; Mae Cronk, Odessa, Searling, and Imogene Mehre of Cincinnati, Ohio; Martha Sperry of Pueblo, Colorado, Florence Reskets of Chicago, Ill., and Mrs. O.M. Farmer of Somerset; two step-daughters, Mrs. Ellen Engle of Keary, and Della of Crab Orchard; two sisters, Martha Davis and Laura Nesley; two brothers, Jake and Irvine Barnes, both of Oklahama, 20 grandchildren, 17 great grandchildren, and 6 great great grandchildren.

Funeral services were held Thursday, June 12 at the Watson Funeral Home with Bro. Thadus Eubank officiating. Burial was in the Wilmont Chapel Cemetery.

Rockcastle Will Get \$97,000 For Roads

Rockcastle County will receive more than \$97,000 in this year's County Road Aid Program, Governor Louie B. Nunn announced today.

Commissioner of Highways Eugene Goss explained that the program calls for 76 maintenance projects encompassing 119.1 miles of county roads and six bridges in the county.

Three improvement projects have also been listed. Drainage and bituminous surfacing improvements will be made to a section of Copper Creek Road. A portion of Freedom Road will also be surfaced. Grade, drain and surfacing improvements are scheduled for the section of the Calloway-Sand Hill Road near its junction with US 25.

MRS. BEATRICE CRESS DIES AT SOMERSET

Mrs. Beatrice Boyles-Cress, 71, of Mt. Vernon, died early Thursday morning at the Somerset City Hospital.

Born in Pulaski County, Mrs. Boyles was the daughter of the late J.M. and Fannie Mullins Boyles and was a member of the Skaggs Creek Baptist Church.

She is survived by her husband, D.M. Cress, whom she married on January 6, 1916; six daughters, Mrs. Jack Hasty and Mrs. Walter Bradford, both of Indianapolis, Indiana; Miss Eureka Cress of Arlington Heights, Ohio; Mrs. Brady Mink of Somerset; Mrs. Donald Womers of Paris, and Mrs. Raymond Lykins of Dun-kirk, Indiana; two sons, Donald H. Cress, Jr., of Lexington, and John M. Cress of Indianapolis, Indiana; six brothers, Virgil Boyles and H.M. Boyles, both of Somerset; William B. Boyles and Roy L. Boyles, both of Science Hill; Walter E. Boyles of Piquette, and John M. Boyles of Lockland, Ohio; eight grandchildren, and two great grandchildren, and two

in charge of arrangements.

Funeral services were held Sunday, June 15, at the Fairview Church of Christ with Bro. Kelly Ellis officiating. Burial was in the Fairview Cemetery.

Watson Funeral Home was in charge of arrangements.

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THE OLEIKA TEMPLE SHRINE BAND will be the highlight of the June Dairy Parade, Saturday, June 21. The band is composed of 33 members and is under the direction of Don Wilson, former band director at the University of Kentucky. It is one of the most renowned Shrine bands

and Mr. Vernon is indeed fortunate to procure this fine organization for their Dairy Day. The Marching Patrol and the Jockey Patrol, plus other units of the Lexington Shrine Oleika Temple, will also be on hand.

Social and Women's News

BIRTH ANNOUNCED
Mr. and Mrs. Thomas Renner of Riverdale, California announce the birth of their first child, a daughter, born June 12. She weighed six and one-half pounds at birth and has been named Lisette Michelle.

Grandparents are Mr. and Mrs. Willie Niecey of Mt. Vernon and Mr. and Mrs. Othar Renner of Stanford.

ATTENDED CONVENTION
The First Baptist Church was well represented at the Southern Baptist Convention, in New Orleans, Louisiana, last week, by their pastor, Rev. Ray Cummings, Associational Missionary, Rev. Henry T. Parrott, and Mr. and Mrs. James W. Lambert.

They all spent the entire week bringing back a fine report of the accomplishments of the convention.

Mrs. Kenneth Taylor spent the week end with Mr. and Mrs. Edd Taylor, and Mrs. Robert Taylor, and Tina visited Mr. and Mrs. Edd Taylor Sunday.

Mr. and Mrs. Edd Taylor, Mrs. Robert Taylor and Tina visited Mr. and Mrs. William Taylor and family Sunday afternoon.

Mr. and Mrs. Roy Cape, Jr. of Atlanta, Ga., spent last week here visiting relatives.

Mr. and Mrs. Walter Pennington and Miss Berniece Bullock are spending a few days with Mrs. E.M. Pennington and Mr. and Mrs. J.E. Chadwell in Shelby, North Carolina.

Mr. and Mrs. W.J. Pennington spent "day days" with Mr. and Mrs. Hoover Bullock, Berniece and Earl, and Mr. and Mrs. W.C. Johnson, Dorothy and Sue.

Mr. and Mrs. Eddie Brewer and family, Mrs. Beah of Bedford, Indiana visited Mrs. Brewer's mother, Mrs. Ethel Greenwood, and grandmother, Mrs. W.T. Davis, over the week end.

Mrs. Davis remains a patient at the Rockcastle County Baptist Hospital. Miss Brewer will spend the week with her grandmother, Mrs. Greenwood.

Miss Vicki Sparlock of Somerset is visiting her grandmother, Mrs. Amanda Maggard, this week.

Mrs. Leta Stokes has returned from Ypsilanti,

Mich., to be with her mother, Mrs. Bettie Davis, who shows much improvement at the local hospital.

Edd Taylor of Mt. Vernon has been commissioned a Kentucky Colonel by Governor Louie B. Nunn.

Mrs. Shirley Coker and children, Lisette, Lynette, David and Sandy, of Miami, Florida are spending several days with her mother, Mrs. Hazel Owens.

Mr. and Mrs. Floyd Halcomb and children, Robb and Gill, of Columbia, spent Sunday with their parents, Mr. and Mrs. Henry Mason.

Mrs. Lyda Howard spent Tuesday and Wednesday at Maple Grove visiting her sister, Mrs. Ibbie Bond, and Mr. and Mrs. Harve Bond.

Mr. and Mrs. Roy Green of Indianapolis, Ind., have moved to Mt. Vernon to make their home here. They are building a new house at Mrs. Greb's homeplace. She was the former Miss Anna Coffey, a native of Mt. Vernon.

Mr. and Mrs. Lonnie Brown and children of Mobile, Ala., are spending a two week vacation with her parents, Mr. and Mrs. Ewell Cousins, and her parents, Mr. and Mrs. Elder Brown.

Mr. and Mrs. Buddy James and children of Kannapolis, N.C. visited his aunt, Eugenia Skidmore, last week enroute to Grand Rapids, Mich.

Mr. and Mrs. Carl Leach of Louisville have returned to their home in Mt. Vernon to spend the summer here.

Mrs. Myrtle Woodall, Mrs. Rose Hubbard, and Mrs. Grace Hysinger of Brodhead visited Mrs. Eugenia Skidmore Monday.

Mrs. Carme Baker and Mrs. Eldon Brown, in Berea, Tuesday, on business.

Brent Laswell, son of Mr. and Mrs. J.P. Laswell, left last week for Connecticut where he will spend the summer.

BIRTH ANNOUNCED
Mr. and Mrs. Jerry W. Hartzog of Atlanta, Ga., announce the birth of a son, Jerry Shane, born May 30. He weighed nine pounds and three ounces at birth.

Mrs. Hartzog is the former Shari Cope, daughter of Mr. and Mrs. Roy Cape, former residents of Rockcastle County.

Library Notes

A shipment of new books has been received from the Department of Libraries. Among them are:

ANIMAL ORPHANAGE, by Ric Gorvey. A warm and entertaining account of young leopards, lions, monkeys, giraffes and other baby wild animals in Kenya's Nairobi National Park.

EXCEPT FOR ME AND THEE, by Jessym West. Here are those gallant Quakers, young and in love, meeting the challenges of nature and man as the growing family travels westward. A novel filled with joy and sadness, tenderness and brutality, hope and despair.

THE GOOD DEED AND OTHER STORIES, by Pearl Buck. Ten stories with Asian settings form the connecting thread of the stories in this volume by a famous authoress.

GRANT TAKES COMMAND, by Bruce Cotton. A detailed and revealing portrait of General Grant during the last year and a half of the Civil War. A "must" for Civil War buffs.

THE NEW YORK TIMES GUIDE TO LISTENING PLEASURE, edited by Howard Taubman. A list of sensible talk about music; opera and the various classical forms, jazz, folk and music of the theatre. In each field are provided lists of recommended recordings.

SNOW ALONG THE BORDER, by Raymond Sawkins. John Snow, formerly a Superintendent of Scotland Yard, pursues the murderer of his wife - excitement and suspense!

SWEET HUSSEL, by Marg Sandburg. Miss Sandburg's deeply moving reminiscence of her childhood, of her growing up and leaving the family home of her own home and children and her life today. Throughout the narrative are the songs which have touched and satisfied and become part of her life.

WITH BENEFIT OF ARCHITECT, by Edward Tuttle, Jr. The first complete guidebook to the important architect relationship -

tells what you should expect from your architect and just what the architect will expect from you by way of cooperation.

THE WINDING STAIR, by Jane Aiken Hodge. A novel of romantic suspense. The place is Portugal; the time is the beginning of the 19th century.

BATS: WINGS IN THE NIGHT, by Patricia Lauber. An excellent introduction to this most unusual animal - the only mammal that can fly like a bird.

WENACE ON THE MOUNTAIN, by M.A. Harbeck. A thrilling tale for boys and girls of the Civil War and the Reconstruction era in the North Carolina mountains. For ages 10 and older.

PACEMAKERS IN FOOTBALL, by Mac Davis. Through these pages, a story and picture match in review the greatest figures of football.

THE QUEST, by Hanna Stephan. The journey of Peter Reisinger concerns an actual incident of a boy who was lost from his family in World War II. For ages 10 and up.

ROBERT F. KENNEDY, by Henry Zeiger. Here is the story behind this younger son determined to prove his place in a remarkable family. For grades 5 through 8.

THE WONDERFUL WORLD OF MUSIC by Benjamin Britten and Imogene Holst. Music was one of the earliest expressions of primitive man's creative powers and this little book tells the story of this living changing art through the ages. Suitable for young people.

Mrs. Philip Davis, Librarian



Use Annual Grasses for Summer Pastures - By: H. Lee Durham, Extension Service
Sudan and sudan-sorghum hybrids make good emergency pastures in summer for dairy cattle. These summer annual grasses provide excellent grazing, particularly when there are feed shortages. Below are several points to remember when using sudan and sudan-sorghum hybrids.

Seeding time is from mid-May to mid-July. Use good land, and prepare a good seedbed (as for corn.) Land that will produce 100 bushels of corn or 5 tons of alfalfa per acre is best. A crop of these grasses on good land should pasture three to four cows an acre for the summer season. Crops on thinner soils will give feed for two or three cows.

Divide your seeding acreage into two or three parts and spaceplantings on them 5 to 10 days apart. This scattered planting will provide feed at the right time and will help you avoid surpluses that can cause management problems. For example, if you have 30 head of cattle and are going to seed "good corn land," you'll need about 10-12 acres of these grasses. Seed about 4 acres each 5 to 10 days to get the acreage you need.

Fertilize these grasses to get top yields. A soil test is the best guide to lime, phosphate, and potash needs. Add nitrogen at the rate of 100 pounds (300 pounds of ammonium nitrate equivalent) before seeding and make two more applications of up to 50 pounds (175 pounds of ammonium nitrate equivalent) each after the first and second harvest. If a current soil test is not available, use about 1,000 pounds of 10-10-10, plus the ammonium

nitrate following the first and second grazing. These pastures can be grazed in 4 to 5 weeks after seeding, depending on available moisture and time of seeding. Start grazing sudan when the plants are 18 to 24 inches high. Hybrid should not be grazed until the plants are 24 to 30 inches high. Avoid overgrazing and mowing too



By: E.E. Jospser

The Chrysler "70" automobile, manufactured in 1924, was the first car to bear the name of its inventor.

Mr. Chrysler introduced many changes to the automobile industry. He was responsible for the high-compression engine, and the hydraulic brake, not to mention many of the comfort and safety features which are still being used today.

Many changes and improvements have been made in mobile homes, since first they were introduced to the public. They are no longer tiny, cramped living quarters, but now offer spacious, airy rooms, with the most up-to-date furnishings, constructed with precision workmanship and top-quality materials. They can take tough punishment that children can give a home and can withstand the elements of nature without the slightest indication of wear. Step-up modern living in a mobile home.

close. For the hybrids, a 4 to 8 inch stubble is ideal. Sudangrass can take closer grazing.

TRY OUR CLASSIFIED SECTION

June is dairy month

Watch Your Dairy Dollars

GROW!

YOUR PRODUCTION CREDIT ASSOCIATION is Proud of the Dairy Farmers for making Rockcastle County a better and more productive county for all of us. We would like to extend to you, our Blessings for a brighter and more prosperous year ahead.

Let us all remember to use pure dairy products for health and vitality.

Roy G. Brown, Field Representative

We are proud to salute, proud to serve the Dairy Farmers of our great community, who make every month of the year Dairy Month.

Cumberland Production Credit Assn.

TO ALL OF YOU Thanks....

We, at Armour Creameries take this occasion - JUNE DAIRY MONTH - to thank each and every one of our milk patrons for their confidence and loyalty. We also want to include our business associates and our friends in the state and federal agencies serving agriculture. Their cooperation is greatly appreciated.

On our part, we pledge our best efforts to the manufacture of dairy products that meet the highest quality standards and provide a profitable and enduring market for milk producers of this area. We will strive to expand these markets.

With all of us working together, dairying can become a still greater factor in the economic and social life of Central Kentucky. Let's make every month DAIRY MONTH.

ARMOUR CREAMERIES

Mt. Vernon, Kentucky Phone 256-2502

"YOUR HOME MILK MARKET"

THANKS FOR EVERYTHING Dairy Farmers!

• for fresh and refreshing Dairy Foods
• for dedicated effort and enterprise
• for helping our community thrive

HERE'S WHERE WE COME IN...

To boost income and aid improvements, to help the Dairy Farmer as he helps our total local economy, this bank stands ready as a source of credit to meet every farm and farm family need.

With full appreciation of the vital contribution of our local dairy industry to the health, happiness and financial well-being of this community, we invite Dairy Farmers to take advantage of our Full Banking Services.

We salute the Dairy Farmer on this occasion - annually dedicated to honoring his services to the community and consumers.

BANK OF MT. VERNON

GRADUATES - Mary Claudette McHarque, daughter of Mr. and Mrs. Claude McHarque of Fairborn, Ohio, graduated June 2 from Fair-Fair High School. She is the granddaughter of Mrs. Grace Barnett of Mt. Vernon and Mrs. Rose Allen of Pine Hill.

COMMONWEALTH OF KENTUCKY DEPARTMENT OF HIGHWAYS NOTICE TO CONTRACTORS
Sealed bids will be received by the Department of Highways, at its office, Frankfort, Kentucky, until 10:00 A.M. Eastern Daylight Time on the 20th day of June, 1969, at which time bids will be publicly opened and read for the improvement of: SP GROUP 22 (1969) Rockcastle Co., SP 102-157 The Richmond-London (KY 1955) Road from end of blacktop, approximately 4.1 miles north of Livingston, extending northerly a distance of 3.000 miles. Bituminous Surface Class C-1 or 1, Rockcastle Co., SP 102-957 The Livingston-McKee (KY 89) Road from KY 490 to the Jackson County Line, a distance of 3.400 miles. Bituminous Surface Class C-1 or 1.

Bid proposals for all projects will be available until 12:00 P.M. EASTERN DAYLIGHT TIME on the day preceding the bid opening at the Office of Contract Services at a cost of \$10.00. Bid proposals are sealed and prequalified contractors, except on projects upon which the pre-qualification requirements have been waived. Remittance payable to the State Treasurer of Kentucky.

June Is Dairy Month

By: Faith N. Plummer

Once a year, in June, we pause to pay tribute to the greatest single segment of the nation's agriculture. June is the time when we honor Her Majesty—the Dairy Cow, and all the wealth and health she produces.

Ancient people honored the cow. They filled the heavens with her image. The Milky Way represented a procession of cows that blessed a necessity of life. Across the sky the people of the Nile pictured the cow as leading the seasonal elements that overflowed and enriched their lands. The book of Genesis tells us that when the ancient Egyptians went with Moses in search of the promised land, scouts returned with the report of land "flowing with milk and honey."

When Queen Victoria was married, one of her wedding presents was a huge 1100 pound wheel of cheese, 20 inches high and nine feet wide. But the cheesemakers who made it borrowed it for publicity purposes and ended up fighting over it. Poor Victoria never saw it again. The Emperor Augustus was a big cheese fan. So was Charlemagne. And so were Jefferson and Jackson, both of whom got gigantic wheels of Cheddar as inauguration presents. President Jackson let his stand out in the hall of the White House, where his enthusiastic guests gobbled it up.

"How now, brown cow" is a vocal exercise of any speech school. The cow has moved from poetic imagery to a happy marriage of ice cream and grape soda pop, and "holly cow" is an age-old expression of wonder.

And, even in this jet propelled age, when orbital visitors both of whom got gigantic wheels of Cheddar as inauguration presents. President Jackson let his stand out in the hall of the White House, where his enthusiastic guests gobbled it up.

From jumping over the moon in nursery rhymes, to permanent pasturing in the Milky Way, the cow has kept pace with civilization.

The dairy cow is also a marvelous food factory. No other beast or bird, no other man-operated manufacturing machine or plant is more efficient in the production of food for man. She takes

the grasses and grains of the fields and converts them into the most nearly perfect single food—milk. She makes every one of the three-fourths of the crop growth that is otherwise unsuited for human food.

She is the number one conservationist, building the fertility and the productivity of the land. Prosperity follows the dairy cow. Walt Whitman once wrote: "The dairy cows are a thing of charm. She lifts the mortgage from the farm..."

A schoolboy essay, prepared for class work in English, paid tribute to Bossy as the Marvel of the Machine Age. Here is what the student wrote:

"The cow is a mobile, animated machine-housed in unprocessed leather. One end is equipped with a mow-er, gender and other standard equipment, including bumpers, headlights, wing-flaps and fenders. At the other end is a milk dispenser and an insect repellent. Centrally located is a conversion plant consisting of a combination storage and fermentation vat, three converters in series and an intricate arrangement of conveyor belts. The plant is also equipped with a central heating plant, pumping system and air conditioning. Although mysterious and secret, this plant is unpatented. It is available in various sizes, colors and output ranging from one to 20 tons of milk a year."

Of course, in June we turn our thoughts to food containing milk and milk products: butter, cheese, ice cream, cottage cheese, buttermilk, dairy sour cream and instant nonfat dry milk.

Milk and milk products are sources of more than 100 different nutrients. Three of these are especially important—protein, calcium and vitamin A. Protein is needed all-life long for healthy, strong bones. The B-vitamin riboflavin is one of the nutrients necessary for healthy skin and nerves. Protein is the main building and repair material of all tissues in the body.

In the nation's food supplies, milk provides 75 percent of the calcium, nearly 50 percent of the protein, and 26 percent of the riboflavin. Without dairy products it is very difficult to plan a balanced diet. Milk is relied on as a

basic food in diets for either losing or gaining weight.

When reducing weight is the aim, milk pays its way by contributing generous amounts of protein, calcium and other needed nutrients along with a very moderate number of calories. In a cup of glass of skim milk (fresh or reconstituted non-fat dry milk) or buttermilk there are only 90 calories, and in a cup of whole fluid milk there are only 165. If you are keeping down calories, remember that when you choose skim milk (either fluid or dry) or buttermilk, you get all the nutrients in milk, except fat and Vitamin A. The latter may be supplied by deep green or yellow vegetables, for example, or some fruits.

Research has shown that anyone who is slimming gets along best when the diet includes ample protein. This is an added reason for including a good deal of milk particularly skim milk or buttermilk, in the diet.

1 cup of whole milk provides: 165 calories or 5 to 7% of calories; 10 to 11% Protein, 21 to 22% Calcium, 7 to 8% Vitamin A, 5 to 7% Thiamine, 20 to 21% Riboflavin, 12% Niacin, 4% Vitamin C.

Everyone has his own ideas about what is strawberry shortcake—and what is not. There are those who think strawberries served with a sponge cake is really very good—but it's not shortcake. And there are those who have never heard of strawberries served with hot-butter biscuits and cream. We're on neutral ground—all kinds of strawberry shortcake appeal to us, including the delicious shortcake developed by home economists.

It's a simple but rich strawberry shortcake—using custard cups with a brown sugar-butter coating. When the cakes are turned out, they have a crisp, buttery sugar topping similar to an upside down cake. Serve the cakes piled high with sweetened strawberries in bowls with whipped or sour cream.

If you are a fruit cobbler fan, try this delectable dessert. Light tender biscuits, made with all-vegetable shortening, are slugged into pinwheels with a spicy filling and baked on top of whole sweetened

berries in a shallow baking dish. Serve Strawberry Pin-wheels hot in deep bowls and pass a pitcher of cream.

Both of these desserts work quite well with other fruits, too—particularly peaches. You may have to adjust the amount of sugar, depending on the sweetness of the fruit.

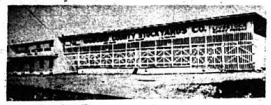
STRAWBERRY UPSIDE-DOWN SHORTCAKE (Makes 10 servings)
6 cups slices fresh strawberries, (2 to 3 pints)
1 1/4 cups sugar
1/4 cup melted butter
1/3 cup firmly-packed dark brown sugar
1 teaspoon grated lemon peel
3 tablespoons light cream
1/2 cup solid all-vegetable shortening
1/2 cup milk
2 eggs
1 teaspoon vanilla
1 1/4 cups sifted all-purpose flour
2 1/2 teaspoons baking powder
1/2 teaspoon salt
Combine strawberries and 1/4 cup sugar; crush slightly and let stand while preparing cakes. Blend butter, brown sugar, lemon peel and cream; spoon over bottoms of 10 greased 6-ounce

custard cups. Beat shortening and 1 cup sugar together until light and fluffy. Add eggs and vanilla; beat until blended. Stir together flour, baking powder and salt; add to shortening mixture alternately with milk, beating after each addition. Spoon about 1/3 cup batter over brown sugar mixture in each custard cup. Place on baking sheet. Bake in 350 degree (moderate) oven 25 minutes, or until cake tests done. Turn cakes upside down into serving dishes; let stand 5 minutes. Remove cups and serve cakes warm topped with sweetened whipped cream, sour cream or a mixture of both.

Here's a butter cookie that's particularly suited to summer eating. It's not baked—it's chilled, and can be taken along to the picnic in an insulated bag. To make Peanut Crunchies: In a 3-quart saucepan place 1/4 cup (1/2 stick) butter, 1/2 cup chunky-style peanut butter, 1/2 pound marshmallows, and 2 squares (2 oz.) unsweetened chocolate. Cook over low heat, stirring constantly, until ingredients are melted and well blended. Add 3 cups sugar-coated

corn flakes and mix well. Pack into buttered 8-1/2 square pan and chill until set. When cool, cut into bars.

Keeping cool in summer often means relaxing with a glass of milk. There's nothing better to refresh you after work or play on a warm June day. To turn that refreshing moment into an extra special treat, mix up Frosty Orange Chocolate Floats. The family will love this milk cooler. It's got everything: milk, ice cream, orange juice, chocolate flavor. To make one large, 14-ounce serving: In the bottom of a tall glass mix 3 tablespoons frozen concentrated orange-juice, thawed, one scoop vanilla ice cream, and few drops of food coloring. Fill glass with 1 cup milk; stir until blended. Top with a second scoop of anilla ice cream and a scoop of chocolate float. The family will love to stir up their own variations of this soda fountain special. The Lemon-Strawberry Milk Shake: Use 3 tablespoons frozen concentrated lemon-ade, vanilla ice cream, yellow food coloring, milk. (Cont. to 10)



REPORT OF SALES FRIDAY, JUNE 13, 1969

The Federal-Stat Market News Service reported these receipts and quotations at the weekly sale held Friday at the Lancaster stockyards:

TOTAL RECEIPTS: 1,945
Cattle — Receipts, 817; Calves, 229; Compared to last week, slaughter bulls and heifers, not fully tested; slaughter cows, steady to 50 lower, 800-850 lbs.; steady; slaughter calves and weaners, \$19.15-25 lower; feeders, about steady; slaughter steers, good and low choice, \$9-10.00 lbs., \$30.40-31; standard, \$24.25-25.50; slaughter heifers, standard and low good, 800-850 lbs., \$23.28; slaughter cows, utility and commercial, \$20-22; cutter, \$18.60-20; canner, \$16-18; few light weight canner, \$15-16; slaughter bulls, utility to good, 1,000 lbs., \$24-26.50; cutter, \$21.40-22.50; slaughter calves and weaners, choice, \$20-22; good and low choice, \$18-20; standard, \$16-18; slaughter calves, \$33-36; good, \$28-33; standard, \$26-28; good and low choice vealers in graded pens, 218 lbs., \$27.25; lot, mostly good, 178 lbs., \$24.50; feeder steers, choice 550-750 lbs., \$30-32.40; good, \$28-30; standard, \$26-28; good and low choice, 750-850 lbs., \$28.70-31.00; good and low choice, 600-550 lbs., \$26-33.75; standard, \$26-30; feeder heifers, standard and good, 500-650 lbs., \$26-28; choice, 375-500 lbs., \$30-32.55; bars and good, \$27-30.
Hogs — Receipts, 401; Compared to last week, standard and gilts steady to 50 higher; sows, steady; barrows and gilts, U.S. 2-3, 190-240 lbs., \$24.65; U.S. 2-4, 240-250 lbs., \$24.10; U.S. 3-4, 315 lbs., \$22.80; slaughter sows, U.S. 2-3, 335-450 lbs., \$19.40-19.75; U.S. 3-3.55; lbs., \$19.10; slaughter boars, over 300 lbs., \$16.20.
Sheep — Receipts, 78; Slaughter: lambs, not fully tested; slaughter ewes, mostly slaughter lambs, choice, 90-100 lbs. spring, \$30; good, 80-95 lbs.
Horses, ponies and mules — Receipts, 17. No quotations.

Garrard County Stockyards Co.

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- 1968 CHEVROLET, Impala, 2 Dr., HT, gold
- 1968 CHEVROLET, Impala, 2 Dr., HT, gold/black vinyl roof
- 1968 CHEVROLET, Impala, 2 Dr., HT, air conditioned, blue
- 1968 DODGE HT, 2 Dr., HT, Auto., black/red trim
- 1968 FORD LTD, 4 Dr., HT, Air Cond., gold
- 1968 OLDS Cutlass Supreme, 2 Dr., HT, gold
- 1967 BUICK Wildcat, 4 Dr., Sedan, beige
- 1967 CHEVELLE Malibu, 2 Dr., HT, white/black vinyl roof
- 1967 MUSTANG, 2 Dr., HT, 8 Cyl., Auto., White/red interior
- 1967 PONTIAC Catalina, 4 Dr., HT, Air Cond., maroon/black vinyl roof
- 1967 PONTIAC GTO, 2 Dr., HT, 8 Cyl., Auto., White/black leather interior
- 1967 PONTIAC Catalina, 2 Dr., HT, gold
- 1967 PONTIAC Catalina, 2 Dr., HT, Air Cond., Red/white top
- 1966 CHEVROLET Caprice, 4 Dr., HT, green
- 1966 FORD, 10 passenger station wagon, Air Cond., white
- 1966 OLDS Delta, 4 Dr., HT, White/red interior
- 1966 OLDS Dynamic 88, 2 Dr., HT, green
- 1966 PONTIAC Catalina, 2 Dr., HT, Green/black interior
- 1966 VOLKSWAGEN, 2 Dr.
- 1965 BUICK Electra 225, 4 Dr., HT, yellow/black vinyl roof
- 1965 CHEVROLET, 4 Dr., station wagon, 8 Cyl., Auto., Dark blue
- 1965 FORD LTD, 2 Dr., HT, dark green/black vinyl roof
- 1965 FORD Fairlane 500 station wagon, 8 Cyl., Auto., white
- 1965 MUSTANG, 2 Dr., HT, 6 Cyl., Auto., green gold
- 1965 MUSTANG, 2 Dr., HT, 8 Cyl., 5 night shift, red
- 1965 HONDA motorbike
- 1964 CORVAIR Monza Spyder, 2 Dr., 4 speed, dark blue
- 1964 FORD Fairlane 500, 4 Dr., blue
- 1964 OLDS Jetstar, 4 Dr., HT, blue
- 1964 PONTIAC Catalina, 4 Door
- 1963 BUICK Wildcat, 2 Dr., HT, Air Cond., Silver
- 1963 CHEVROLET Belair, 4 Dr., 6 Cyl., White
- 1963 CHEVROLET Station wagon, white
- 1963 OLDS Jetfire, 2 Dr., HT, maroon/black vinyl roof
- 1963 TEMPEST, Convertible

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AROUND BRODHEAD

LADIES' AID MEETS
The Christian Church Missionary Society met at the home of Mrs. J. C. Newland Thursday night with 15 present.
Mrs. Walter Baldwin, president, was in charge of the meeting. Mrs. Robert Mechal the secretary, read the minutes of the previous meeting.
Mrs. Michael Diskin made it possible for the club to hear a recording from missionary Dean Davis and his wife in Africa.
Delightful refreshments were served by the hostess.

Mrs. Walter Adams, Bertha Adams, Viola Cox, and Martha Helton visited Mrs. Monroe Parcell last Thursday evening.
Mrs. Monroe Renner attended the graduation exercises of the late Mrs. Charles Norris, at Eastern Kentucky University Sunday afternoon.
Mrs. Lizzie Berry passed away Friday. Funeral services were held at Mt. Zion Cemetery Sunday. We extend our sympathy to the family and friends.
Mrs. Goldie Egner of Detroit, Mich., and Ben Holcomb visited Mrs. Dallas Holcomb and family Monday.
Visitors of Mr. and Mrs. Monroe Renner over the weekend were Mr. and Mrs. Lewis Sargent, Mr. and Mrs. Gary Renner of Lexington, and Mr. and Mrs. Jessie Holbrook and family of Nicholasville.
Mr. and Mrs. Wallace Holcomb and children of Jamestown, Mr. and Mrs. Preston Holcomb and children, and Sam Holcomb of Mt. Vernon were last week's guests of Mr. and Mrs. Dallas Holcomb.
We were sorry to hear of the death of Ted Chandler and extend our sympathy to his family in their loss.
Jack Holman and family of Ohio were week end guests of her mother and other relatives.
Johnny Lunsford is home recovering from injuries received in an automobile accident in which he was involved near Georgetown. Mr. Lunsford's car was Amburgey of Mt. Sterling. Mrs. Ida Mink Mullins of Covington, Mrs. Hiatt Mink, Mrs. Fairbanks Remington of Mt. Vernon, and Gene Reynolds of Lexington were recent guests of Mr. and Mrs. Albert Albright.
Monroe Parcell is in London recently to see his mother, Mrs. Annie Taylor. He reports her out of the hospital and feeling much better.

Loyal Adams is home from the hospital and is reported doing fine. His friends wish him a speedy recovery.
Jeffery Leatt, son of Mr. and Mrs. Douglas Leatt was admitted to the Somerset City Hospital Sunday night for surgery. We wish him a speedy recovery.
Mr. and Mrs. Raymond Lear of Indiana and Mrs. Paul Gravelly and sons, Douglas and Richard, of Jackson attended the funeral Mrs. Lizzie Berry Sunday.
Mr. and Mrs. O.R. Cass and Mrs. Inis McKinney were here Sunday visiting their sister, Mrs. Clyde Helton, at the Rockcastle County Baptist Hospital. Mrs. Helton is very ill.
Mr. and Mrs. Marshall McKinney of Pikeville spent here over the week end visiting relatives and friends.
Mr. and Mrs. Edward L. Elder of Pikeville spent the week end with his father, L.B. Elder.
Mr. and Mrs. Fred Sowder of Middletown visited Mr. and Mrs. Johnny Sowder and friends last week.
Mrs. Willis Joe Bussell and children of Mason, Ohio are visiting Mr. and Mrs. Arch Bussell while Willis Bussell spends two weeks at camp in Michigan.
Wendell Lawrence is spending two weeks at Fort Knox.
Mr. and Mrs. Clayton Baker and Ralph, Mr. and Mrs. Floyd Gabbard and sons, Mrs. Nina Griffin, Mr. and Mrs. Omer Overbay visited their parents, Mr. and Mrs. Dovey Cottengim Sunday.
Mr. and Mrs. Omer Overbay, Mr. and Mrs. Omer Overbay and Mr. and Mrs. Doveh Cottengim over the week end.
Mrs. Mary Martin, Mrs. Sallie Harper, and Mary Utley and son visited Mrs. Minnie Jones Sunday evening.
Guests of Mrs. Ollie Harrison Sunday were her children, Harrison, Mr. and Mrs.

Ervin Harrison and children. Mr. and Mrs. Ronnie Harrison, and Norman Harrison, all of Ohio.
Mr. and Mrs. Michael Diskin and children and Mrs. Ruby Adams visited Mrs. Minnie Jones Sunday evening.
Mrs. Ollie Harrison is spending a few days in Ohio with her children.
Mr. and Mrs. Ray Middleton and boys visited Mr. and Mrs. Oscar Delaney Sunday.
Dale Brunnett and girls visited his sister, Mrs. Oscar Delaney Sunday.
Mr. and Mrs. Dewey Cromer visited his sister, Mrs. William McFeron and Mr. McFeron, at Sand Springs last Sunday.
Arch Albright has returned from the Rockcastle County Baptist Hospital.
E.J. Taylor and sons were in Indiana Sunday to bring his mother, Mrs. Herman Taylor, home from her vacation.
Mrs. Charley Payne is in the Berea Hospital. We wish her a speedy recovery.

Mr. and Mrs. Harold Harper and children visited Mr. and Mrs. Delbert Harper Sunday evening.
Mr. and Mrs. Henry Barnett and family of Middletown, Ohio visited Jim Blanton and other relatives here last week.
Mr. and Mrs. Valroy Wright and family visited friends and relatives in Cincinnati last week.
Mrs. Della Mae Wilmot, Vicky Lynn Jones, and Rhonda Kay Wright left Monday for Levi Jackson State Park to attend Bible Camp.
Mrs. Alma Ham is a patient at the Fort Logan Hospital in Stanford. We wish her a speedy recovery.
Mr. and Mrs. Walt Proctor attended the Wilson Reunions at the Brodhead Fairgrounds Sunday.
Mrs. Dorothy Lawrence is on the sick list. We wish her a speedy recovery.
Mr. and Mrs. Cecil Hayes of Corbin visited Mrs. Della Mae Wilmot last Thursday afternoon.
Dee Wright of Ohio visited his son, Graydon Wright,

Mr. and Mrs. Bobby Wright, and Bobby, and Mr. Arlos Proctor and family are spending a week vacationing in Myrtle Beach, S. Carolina.
Genis Burdine has improved and is able to be home from the Somerset Hospital.
Mr. and Mrs. Walt Proctor spent Monday in Brodhead with Mr. and Mrs. Bobby Proctor.
Sympathy is extended to the families of Ted Chandler, Mrs. Cynthia Mink, and Mrs. Beatrice Cross.

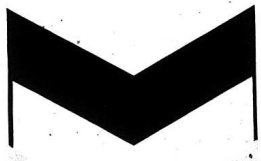
Persons

Mr. and Mrs. Burgess Robb and children of Williamstown visited his father, Frank Robbins, and Mrs. Robbins recently.
Mrs. Willie Webb and daughter, Nancy, of Fort Valley, Ga., and Miss Phyllis Royster of Athens, Ga., spent last week end with Mrs. Webb's uncle, Dan Gray, and Mrs. Gray. They were enroute to Lexington where the girls will attend the University of Kentucky summer session.
Eric and Francine Huffman and Miss Susan Perkins of Lexington were also week end guests of the Gray's.
Mr. and Mrs. Prescott Wise of Fort Ord, Calif., Mrs. Nina Cash of Westminster, Calif., Bobby Bullock of Lone Beach, Calif., Mr. and Mrs. Terry Covington, Mrs. Hiatt Mink, Mrs. Fairbanks Remington of Mt. Vernon, and Gene Reynolds of Lexington were recent guests of Mr. and Mrs. Albert Albright.
Monroe Parcell is in London recently to see his mother, Mrs. Annie Taylor. He reports her out of the hospital and feeling much better.

A Thought For The Day
It's not what you spend that makes you safe in your later days, it's what you save that counts.
(delayed)
Harold Leach and Linda of Junction City visited Mr. and Mrs. Wendell Lawrence Saturday.
Mrs. Nora Delaney and Terrie left Wednesday for an extended visit with her daughter, Mrs. Dennis Phelps, in Spokane, Washington.
Mr. and Mrs. R.G. Owens of Louisville visited her father, Oather Cox, and Dora over the week end.
Frank Singleton of Eureka, Illinois visited Mr. and Mrs. Charlie Singleton recently.
Mrs. Stella Burke was in Berea Sunday visiting friends in the hospital.
Mr. and Mrs. Omer Overbay were in McKee Sunday visiting Mr. and Mrs. Omer Overbay, Jr.

OTTAWA

Mr. and Mrs. Earl Roberts have returned from a visit in New Port News, Va., where they visited Mr. and Mrs. Victor Roberts and Mr. and Mrs. Clarence Roberts and family.
Mr. and Mrs. Ronald Laswell and children of Cincinnati spent last week end with Mr. and Mrs. Speed Laswell.
Mr. and Mrs. Cecil Hayes of Corbin visited Mrs. Della Mae Wilmot Thursday evening.
Mr. and Mrs. Egbert Wallin and family, Mrs. Mary Simpson, Mr. and Mrs. Vernon Farris and family of Cincinnati attended the funeral of Mrs. Cynthia Mink Tuesday.



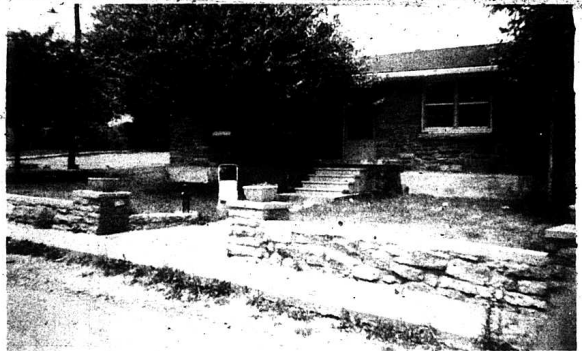
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AT AUCTION



Mr. & Mrs. Craig Holman's
5-Room Stone Home And Bath
Saturday, June 28
2:00 P.M. E.D.T.

Located at corner of Silver and Church Street across from Baptist Church; 150 feet to post office and stores.
This home has 2 bedrooms, large living room, with wall-to-wall carpet, built in kitchen with breakfast nook, large bathroom with closet and hutch-up for washer and dryer. Also den room and car port. Bedrooms have hardwood flooring; kitchen, bath and den laid linoleum, and home has plenty of closet space. All curtains go with home. Fully insulated. REMEMBER this is a stone home and is always cool in summer time. Home is electrically heated. The interior of this home is all panel and mostly cherry.
The lawn and yard has a stone fence around 3 sides and plenty of shade; REMEMBER homes are not on the market like this one.
Mr. and Mrs. Holman have moved to Stanford, Kentucky, and have bought a home there, reason for selling.
Personal property is new 14 ft. aluminum boat and trailer, antique book case and numerous other small items.
TERMS - 25% day of sale, balance in 30 days. Possession made known on day of sale.
For further particulars, call or see Mr. Holman at Leach Supply Store in Stanford, Kentucky. PHONE - 365-2444, day, nite - 365-1894 or

J.B. Messer, Realtor & Auctioneer
CRAB ORCHARD, KY. or Shown by appointment see Phone 355-2831
D.H. Gray, Real Estate Broker
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| 67 TEMPEST Cust. Wagon, V8, Auto, Power, Air | 64 CHEVELLE 4 Dr, 6 Cyl, Std. Shift |
| 67 CATALINA, 4 Dr, Auto | 64 FORD Galaxie 500 2 Dr, HT, Auto |
| 67 GTO Conv., 4-Speed | 64 FALCON Wagon, 6 cyl, auto |
| 66 CHEVY II, 4 Dr, 6 Cyl, Std. Shift | 64 CATALINA Wagon, Auto, Pwr, air |
| 66 CHEVY Impala, 2 Dr, HT, Auto, Air | 64 CORVAIR Spyder Conv., 4-Speed |
| 66 TEMPEST Custom, 4 Dr, HT, 6 cyl, Auto | 64 CORVAIR 4 Dr, Auto |
| 66 LEMANS, 2 Dr, HT, V8, 4 Speed | 63 CATALINA 4 Dr, Auto, Pwr |
| 66 PONTIAC Bonneville, 4 Dr, Auto, Power | 66 FORD 2 Dr, V8, 3 Speed |
| 66 LEMANS Conv., V8, Auto, Power | 63 IMPALA 2 Dr, HT, Auto, Power |
| 65 GTO 2 Dr, HT, 3 1/2' 4-Speed | 63 OLDS 2 Dr, HT, Auto, Pwr |
| 65 IMPALA SS, 2 Dr, HT, Auto, Power | 63 RAMBLER Classic, 6 Cyl, Std. Shift |
| 65 FORD Fairlane Wagon, V8, Standard Shift | 63 FORD Wagon, Std. Shift |
| 65 BUICK 225, 2 Dr, HT, Auto, Power | 62 TEMPEST Wagon Auto |
| 65 BONNEVILLE, 2 Dr, HT, Auto, Power, Air | 62 CADILLAC 4 Dr, V8, Auto, Air, Power |
| 65 OLDS, 4 Dr, HT, Auto, Power | 61 OLDS 88, 4 Dr, HT, Auto, Power |
| 65 SIMCA 4 Speed | 61 PONTIAC Catalina, 4 Dr, V8 Power |

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| 68 GMC 2 Ton | 64 GMC 1 1/2 Ton, C & C |
| 68 GMC Pick-Up Short Wheel Base | 63 FORD Pick-Up SWB V8 |
| 68 CHEVROLET 2 Ton Tilt Cab, 7,500 miles | 62 FORD Dump |
| 67 FORD Pick-Up, Short Wheel Base | 59 GMC 1 1/2 Ton |
| 67 DODGE Pick-Up, Long Wheel Base | 56 FORD Dump |
| 66 FORD Pick-Up 6 Cyl., Long Wheel Base | 56 FORD Flat with helst |
| 66 INTERNATIONAL Pick-Up | 51 CHEVY Pick-Up |
| 65 CHEVY Pick-Up, Long Wheel Base | 49 CHEVROLET Pick-Up |
| 65 INTERNATIONAL Scout, 4 Wheel Drive | 1965 GMC TRAC DR 175 TANDOM DIESEL |

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- 67 HARLEY DAVIDSON

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JUNE IS DAIRY MONTH — AND WE WOULD LIKE TO SAY . . .

CONGRATULATIONS TO THE Dairy Industry!

25.20 JUN '69 Form 17



This month is a good time for all of us to take a closer look at our Dairy Industry. One thing is certain, it has become big business and is getting bigger every day. And our dairy farmers have done an excellent job in increasing production to meet growing demands. They are using the most modern, up-to-date equipment in rigidly controlled modern plants. We salute them for a job well done!

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Williams Street Mt. Vernon, Ky.

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S. T. PROCTOR LUMBER CO.

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BELLY ACRES RESTAURANT

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25.22 JUN '69 Form 17



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GET A FREE CART WITH A NEW INTERNATIONAL CADET 60 RIDING MOWER



All-steel, it hauls clip-pings, dirt, gravel, what-have-you. Get a free cart when you purchase the new 6-horsepower Cadet 60 riding mower—the best available anywhere. 32-inch wide cut, 1 1/2 to 4 inches high adjustable on-the-go.

Limited offer! See them today!

BRYANT BROS.
PHONE 256-2911 MT. VERNON

'UREA-TREATED' (Cont. From Page 3)

State University does not show any problems in breeding when using urea at the recommended amounts (10 lbs. per ton of corn silage.) If the use of urea is an economical feeding practice for dairymen, I see no reason why more dairymen in Rockcastle County should not be using urea on corn silage as they store it.

Finns Leaders In Dining On Dairy Foods

Americans are not the world's most conspicuous consumers of dairy foods — far from it. That championship goes to the Finns. In milk equivalent, they eat and drink 1513 pounds of dairy products each per year. The Irish aren't far behind—their average is 1,356 pounds.

The U.S. ranks only 18th of 17 nations listed. Americans consume 584 pounds apiece each year. The U.S. figure includes an annual per capita milk consumption of 31.4 gallons — ahead of coffee (28 gallons), tea (7.9 gallons) and soft drinks (16.1 gallons). Americans eat 4.8 pounds of butter per person a year — compare that with 40.3 pounds for Finns.

LIVESTOCK ASSOCIATION APPRECIATES DAIRY INDUSTRY

Your Rockcastle County Livestock Improvement Association appreciates the Dairy Industry of our county.

Through the past several years the Association has worked very closely with the Livestock Farmers in improving livestock for higher production, better quality, and efficient gains, which means more dollars to the producer. Not only

has this Association helped in the improvement of livestock but it has arranged Farm Tours so that we as farmers might see present and more modern methods in buildings, feeding equipment, crops and livestock. Some farmers have put some of these practices into effect on their own farms.

Dairy farmers as a whole have done a better job in modern methods of labor saving and efficiency. We congratulate them in their efforts through dairy- ing to improve and raise the standard of living in Rockcastle County and our association is ready to assist them in the future. Remember to drink more milk and use more dairy products for your health and the wealth that you may contribute to your county.

Roy G. Brown, President Rockcastle Livestock Improvement Ass'n

JOHNETTA

Mr. and Mrs. Robert Hale and family of Lebanon, Ind., were week end guests of his grandparents, Mr. and Mrs. Thomas Owens.

Mrs. Edith Hale of Lebanon, Ind., visited her parents, Mr. and Mrs. Thomas Owens, over the week end. Eddie Owens of Richmond, Ind., visited Mr. and Mrs. Thomas Owens Saturday.

Ballard Owens visited Mr. and Mrs. Thomas Owens Saturday.

Mr. and Mrs. Matt Powell visited Mr. and Mrs. Thomas Owens Wednesday evening.

Mrs. Viola Richardson and children, Glenna, Gail, Gloria, and baby, visited Mr. and Mrs. Thomas Owens Tuesday.

Mrs. Shirley Carpenter from Berea, visited Mr. and Mrs. Thomas Owens Monday. Mrs. Ballard Owens visited Mr. and Mrs. Thomas Owens Tuesday. We are so



A medley of fresh garden flavors mingles in this skillet vegetable dish with butter and herbs. It could be the hit of a patio meal any summer's evening.

Could be Hit of Patio Menu. So . . .

Try 'Ratatouille'

Take a generous sampling of summer's garden-fresh bounty — red, ripe tomatoes, crisp green peppers, onions, zucchini and eggplant. Sauté them in butter accented with a hint of garlic and oregano. And there you have what's known in Provence as "Ratatouille."

You can call it "Garden Skillet Supper," if you'd rather, and take a preparation cue from that name. Bring the electric skillet to the patio when you light the barbecue, and fix the vegetable dish right there. It's good company for butter-broiled chicken, broiled steak or hamburgers. Nice with cold ham or roast beef, too.

The only other items you need add for an easy, enjoyable summer meal are crusty French bread, butter, and

plenty of cool, refreshing milk.

- GARDEN SKILLET SUPPER**
- 1/2 cup (1 stick) butter
 - 1 cup thinly sliced onions
 - 1 clove garlic, finely chopped
 - 2 zucchini, cut in 1/2-inch slices
 - 1 medium eggplant, peeled and cut into 1/2-inch slices
 - 1/2 cup flour
 - 2 green peppers, cut into strips
 - 1 tomato, cut in wedges
 - 1 teaspoon salt
 - 1/4 teaspoon oregano
 - 1/4 teaspoon pepper

In covered electric fry pan OR large covered skillet melt butter. Sauté onions and garlic until onions are tender. Dip zucchini and eggplant in flour to lightly coat. Add to onions along with green pepper; cover and simmer 30 minutes. Add tomatoes, salt, oregano and pepper. Cook an additional 15 minutes. Makes 8-10 servings.

glad to hear of Mrs. Luther Owens' speedy recovery. Ott Miller of Johnetta visited Thomas Owens Sunday evening.

ing due to the need of more and better quality feed. Some of the methods that are being taken in order to do a better job are liming, using more fertilizer, better quality silage and more productive forage, and most farmers have some type of silo. But in order to perform this great duty we cannot and must not stop there.

Good pasture will need to be maintained every year by clipping and rotate grazing if possible. Pasture should be renovated about every 3 to 5 years to maintain a good balance of grass and legumes with liming and fertilizing as required by soil test.

The Farmers Production Credit Association is proud to be a part of Rockcastle County and the Dairy Industry and we would like to extend our Thanks and Appreciation for the job you are doing not only during June Dairy Month, but every month of the year.

Remember we PULL together.

Roy G. Brown, Field Representative

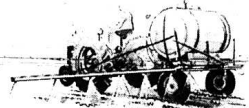
RC HAS PROGRESSED IN AGRICULTURE

Rockcastle County has made a lot of progress in the past few years in agriculture. Dairying has made one of the largest contributions to this advancement.

To be a successful dairy farmer, we must improve our dairy herd. Numerous amounts of cows doesn't mean so much, but production per cow is how a good dairyman judges his herd. Another step a good dairyman takes is to produce as much of the feed as he possibly can, especially pasture, hay and silage. Most dairy farmers can now grow corn for grain and silage by using the new method "No Till Planting." It can be used on land that would not be practical for plowing due to erosion.

Most dairy farmers are doing a better job of farm-

Our Hats are OFF to Our Friends... THE DAIRY FARMERS fertilizers



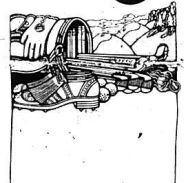
and SPREADER SERVICE ...and Our Help Is Ready!



Enrich feed growing and grazing land with our power-packed fertilizers. We fit the fertilizer to the soil... to provide needed nutrients in the right amounts... to produce more and better feed, better pasturage, too. Low cost Spreader Service.

Stewart Fertilizer Service

In the bag!



Big Buick Open Bargains!

You win! All you have to do now for a championship deal on a new 1969 Buick... is stroke in your signature! Pick out a new Buick Special Deluxe, Skylark, LeSabre, Wildcat, Electra 225, Riviera or the sporty GS models. During Buick Open Week, every deal is a winning deal!

Shop a Bagful of Bargains at your Buick Open Pro Shop.

BAKER-CUMMINS, INC.

U.S. 25 North Berea, Ky. Watch the Buick Open in Color, July 5th and 6th, Channel 27

ROCKCASTLE AUTO PARTS

Main Street PH. 256-2298 Mt. Vernon, Ky.

HEADQUARTERS FOR

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- A. P. Mufflers
- Delco Batteries
- Gates Products
- Hastings Rings
- Thompson Engine Parts
- DuPont Paint

8-Track Stereo Tapes

ON SALE

\$5.50

8-Track Stereo Players

Priced From

\$45.75 to \$75.95

WITH SPEAKERS AND ONE FREE STEREO TAPE WITH EACH PLAYER PURCHASED.

We Salute The Dairy Farmers of Rockcastle County on A Job Well Done

We Salute The Dairy Farmers Attend the Dairy Day Activities in Mt. Vernon

WELCOME SHRINERS

(SEE YOU SATURDAY, JUNE 21st)

Maggard (Rexall) Drug Store

Mt. Vernon, Ky.

FEED PRODUCTION

By: Manuel B. Arnett, Area Extension Agent in Agronomy

Pastures, hay, corn and soybeans are important to the economy of Rockcastle County, Kentucky. County farmers produce some of Kentucky's best pastures, hay and corn crops.

Some farmers are able to carry one animal unit per acre on their pastures, produce 5 tons of hay per acre or grow 150 bushels of corn per acre.

Why do other farmers require three or even four acres of pasture per animal unit? Why does a farmer produce only one ton of hay per acre and grow only fifty or sixty bushels of corn per acre?

Land Use is basic in any feed production program. We should use our land according to its capability. Corn and other row crops on our level or nearly-level land, hay on slightly sloping land and pastures on our rolling land, is a good example of land capability. Area Extension Agents or Soil Conservationists will be glad to advise on land-use problems.

Fertilizer and lime. Your crops cannot be expected to produce high yields without adequate applications of lime and fertilizer, just as you would not expect your livestock to gain weight without best without adequate feeding.

Soil Testing is the best method of determining the lime and fertilizer needs of our soil. Don't guess—Soil Test! Ask your County

Extension Office for instructions on how to take a good soil sample.

Varieties: New, improved, varieties are being introduced which are more resistant to diseases and yield better than those which have been and are now being used. Buy only the highest quality seed possible. It's cheaper in the long run.

Plant population: with present-day high-fertilizer applications, is important if we expect to produce high yields. Today, corn growers who are harvesting high yields are planting for 18,000 to 25,000 stalks per acre in comparison to 6,000 to 10,000 stalks twenty years ago.

Pasture and hay crops need to be maintained with a good mixture of grasses and legumes.

Corn Silage: With the general adoption by many farmers of piling silage on the ground, this practice has introduced silage to many dairy and beef cows. This practice has also increased the use of silage considerably in Southeastern Kentucky.

Pasture Renovation: Although now is not the time to renovate pastures, we want to encourage all farmers to make plans to do some pasture renovation this fall and winter.

Renovation can be done for about one-half the cost of a new seeding. A successful renovation job can double our pasture carrying capacity.

Rotation Grazing: Using temporary fences and sol-

ting our cattle from one section to another, we can increase our pastures carrying capacity by 30 to 40 percent, according to some pasture authorities.

As our readers make an effort to evaluate the dairy industry's potential in Rockcastle County, we hope that a more intensive feed production program will be adopted.

THREE LINKS 4-H CLUB MEETS JUNE 10

The Three Links Busy Bee 4-H Club held a meeting on June 10. The meeting was called to order by the president. The minutes were read by the secretary and the roll was called. Twenty persons, including three guests and one new member, were present.

4-H Camp and Rally Day were the topics of the business discussion. The meeting was then adjourned by the president and refreshments were served.

Jerry Martin, Reporter

DAIRY INDUSTRY

By: W.E. Proctor, Soil Conservation District Supervisor

Again I would like to take this opportunity to commend the dairy industry for the wonderful job they have done, not only for producing the most wholesome food that can be obtained but other things.

Pasture land beautifies our country. Not long ago as most of us can remember our hillside were bare

most of the year except for briars and bushes.

Now most Dairy farms are green with lush pasture all year. Gullies that once were an eye sore are once a thing of the past.

The Dairy industry also furnishes jobs for a lot of people who would have to leave home to obtain employment.

One can really see the improvement in the county by visiting the dairy farms with productive fields of forage, homes with all modern facilities—even around their milking parlors landscaped with flowers and herds of cows that will compete with anyone.

Harvesting Quality Hay

By: Clay A. Colson

Growing a good hay crop doesn't necessarily assure high quality forage. The way it is harvested and stored determines how well the quality of the standing crop is preserved.

The value of hay as a livestock feed depends to a large extent on: (1) preventing as much leaf loss as possible, (2) holding weather damage to a minimum, and (3) cutting as early as practical for proper storage.

Hay needed to produce 40 pounds of milk per day per cow looks like this: early cut (high palatability) 65% TDN, 30 pounds consumed, 3.5 pounds of grain needed; late cut (low palatability) 50% TDN, 25 pounds consumed, 13.5 pounds of grain needed.

Forage yields in terms of dry weight increases up to mid or late bloom, but maximum feeding value is reached by early bloom, about 10 days earlier than yields. Beyond early bloom digestibility of forage decreases 1/2% per day. Also "livestock" will be less—about 1/2% for each day after early bloom is reached. In total, feeding value is reduced about 15% for each day cutting is delayed beyond early bloom.

Ground moisture tends to slow up drying of early-cut, conditioned hay compared with later in the season. Nevertheless conditioning early-cut hay can permit putting up field-cured hay one-half to one day earlier.

Eliminating an extra night of exposure can be important with greater weather hazards early in the season.

Good management must accompany early hay cutting in order to maintain proper combinations, a supply of phosphate and potash must be maintained in the soil and most of the time requires annual applications. A soil test will guide anyone as to the amounts needed.

Brindle Ridge

This community extends its deepest sympathy to the loved ones Mrs. Cynthia Mink, who passed away last week. She will be missed at the Brindle Ridge Baptist Church, where she was a faithful member.

Neal Ely and Norma Proctor of Berea are spending a few days with their grandmother, Mrs. Etta Proctor.

Bro. and Mrs. Lawrence Pruitt, and Mr. and Mrs. Charles Cuming and grandchildren attended the singing at Roundstone School Saturday night.

Mr. Bill Burdette of Green Hill visited Mr. and Mrs. Jim Burdette Sunday.

Mr. and Mrs. Bill Cameron, Miss Carol Carter, Stanley Burton and Jimmie Cummins were in Cincinnati Saturday to attend the baseball game between the Reds and Cubs.

Mr. and Mrs. Archie Gragg and Kimberly Jo of Beaver Dam spent the week end with Mr. and Mrs. Harold Mink and Tim.

Willalla

Mr. and Mrs. Archie Gragg and Kimberly Jo of Beaver Dam spent the week end with Mr. and Mrs. Harold Mink and Tim.

Visitors of Mr. and Mrs. Tommy Burdette and family the past week were Mrs. Margie Wilcox and children and Mrs. June Taylor and daughters of Brohead, Mr. and Mrs. Kenneth Adams and family, Mr. and Mrs. Harold Mink and Timmy and

'Wild' Appetites Respond to . . .

Garden Fresh Salads

Summer and salads were made for each other. Gardens — maybe one in your own back yard? — abound with all the growing things that combine to make salads so appetizing. The thermometer encourages a salad specialty — refrigerator cooking! And wilted appetites respond to cool, refreshing fare.

So, break out the salad bowl and use the pair of recipes here to celebrate "salad days." Summer Garden Salad uses fresh, raw spinach leaves as greens, a flavor- and vitamin-filled change from the more usual head lettuce or romaine. Garden accents include nippy green onions, radishes and marinated cucumbers.

The centered accompaniment is a snowy mound of cottage cheese — and the dressing a piquant combination of sour cream, seasonings and tart lemon juice.

The second recipe bids fat to become a favorite variation of the ever-popular potato salad. Green beans add a new color note, and the flavors, including dilute and sour cream dressing, are refreshingly different, too.

SUMMER GARDEN SALAD 6 servings

- SALAD:
- 1 1/2 cup white vinegar
- 1/2 cup water
- 1/2 teaspoon salt
- 2 cups peeled, sliced cucumber
- 3 cups torn raw spinach
- 1/2 cup sliced green onion
- 1/2 cup sliced radishes
- 1/2 cup cottage cheese

DRESSING:

- 1 cup dairy sour cream
- 2 teaspoons lemon juice
- 1/2 teaspoon salt
- Freshly ground pepper

To prepare Salad: In a small bowl combine vinegar, water

and 1/2 teaspoon salt; add cucumbers and allow to marinate about 1 hour. Drain cucumbers. Combine cucumber, spinach, onion and radishes and arrange around edge of platter or plate. Place mound of cottage cheese in center. To prepare Dressing: Blend together sour cream, lemon juice, salt and pepper. Serve over salad.

POTATO DILL SALAD

Yield: 8 cups

- 2 pounds small red potatoes
- OR 5 cups sliced, cooked potatoes
- 2 packages (1/2 oz. each) frozen green beans
- 1/2 cup white vinegar
- 2 teaspoons salt
- 1 teaspoon sugar
- 1 teaspoon dill weed
- Freshly ground pepper to taste
- 3 hard-cooked eggs, chopped
- 1/2 cup chopped onion
- 1 cup dairy sour cream

Cook potatoes unpeeled in water to cover until just tender; cool, peel and slice thinly (5 cups). Into large bowl. Cook green beans just until tender; drain and cool quickly; add to potatoes. In a small mixing bowl combine vinegar, sugar, dill weed and pepper. Pour over potatoes and green beans; toss to evenly coat. Cover with plastic wrap and chill to blend flavors. Just before serving add eggs, onion, and sour cream; toss.

Flavor-meld in the refrigerator is part of this potato salad — with last-minute additions made just before serving.

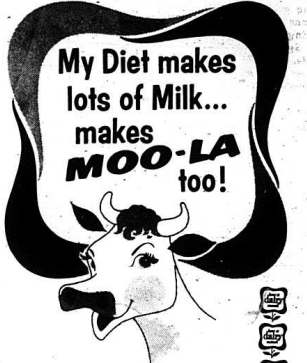
Either salad makes a welcome cool course for hot weather meal plans. Both are especially good with meats cooked on the grill — so keep these recipes in mind when you dine *al fresco*.

of Frankfort, Mr. and Mrs. Willard Barker of Woodway, Va., Mr. and Mrs. G.D. Burton, Lewis Brown and Mrs. Edna Davidson and family of Dayton, Ohio, Mr. and Mrs. Austin Ping and Miss Bea Jones

A large crowd attended the funeral of Buford Brown at Fairview Sunday.

Mr. and Mrs. Cecil Thompson, Miss Ida Hurst, and Miss Jill Martin visited Mr. and Mrs. W.E. Burton recently.

Cress at Sleggs Creek. A large crowd attended the funeral of Buford Brown at Fairview Sunday.



Count on Us for Modern Dairy Feeds that Keep Milk Production Up!

To produce more milk from your herd and keep efficiency high, feed our dependable Dairy Rations. We've feeds to meet the needs of all your dairy herd... feeds to supplement and produce more profits from pasture and roughage... feeds fully fortified with essential vitamins and minerals, selected amino acids and rich proteins. Feeds for high milk production, at low feed cost!

We Salute the Dairy Farmer

Rockcastle Farm Service

Mt. Vernon, Ky. Phone 266-2616

Brohead Mills

Brohead, Ky. Phone 768-3811

FUL-O-PEP

Either salad makes a welcome cool course for hot weather meal plans. Both are especially good with meats cooked on the grill — so keep these recipes in mind when you dine *al fresco*.

DAIRY FARMER OF TOMORROW IS HERE TODAY...

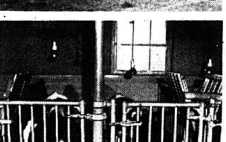
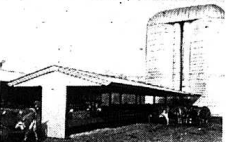
The dairy farmer of tomorrow has already arrived and the modern farmer must — and does — keep ahead of the future by using space-age, electrically powered farm equipment.

Meeting the challenges of modern, electric farming is not difficult for today's Agri-businessman who has the special skills and up-to-date knowledge necessary for progress in our fast-moving agricultural economy.

The dairy farmer of tomorrow uses electricity for all his dairy needs—hot water, milking, refrigeration, storage, comfort conditioning, etc. He enjoys the benefits of total-electric living in his home too—with electric water heating, year-round electric comfort conditioning, and the many electric appliances which are essential to LIVING BETTER ELECTRICALLY.

FARMING BETTER ELECTRICALLY is a way of life for today's dairy farmer... electricity makes it possible for him to live and work in the future... today.

JACKSON COUNTY RECC



"That good Quality Guarded"...

fresh milk



"It's the little extra that makes the big difference"

SOUTHERN BELLE DAIRY COMPANY, INC. MOUNT VERNON, KENTUCKY



--SPECIAL-- DAIRY DAY ONLY

JUNE 21ST Cannon Sheets

81 x 108 Reg. \$3.39 Special \$1.99
81 x 99 Reg. \$2.98 Special \$1.89
Fitted Full Reg. \$3.39 Special \$1.99
Fitted Twin Reg. \$3.39 Special \$1.99
Flat Twin Reg. \$2.98 Special \$1.89

Queen Elizabeth Bedspread Reg. Price \$29.98

Special \$20.50

Cannon Colored Bedspread Reg. \$24.95

Special \$16.50

McBEE DEPARTMENT STORE

Main St. Mt. Vernon, Ky.

Sgt. Barber Killed In Vietnam

Sgt. Floyd Edward Barber, 23, serving his third tour of duty in Vietnam was killed May 28 in Vietnam where he was serving as a line man with the 15th Army Engineers near Pleiku.

Sgt. Barber, the son of Mr. and Mrs. Raymond Barber of Franklin, Ohio, had been wounded on two other occasions and was to have been discharged in a 120 days after completing five years of service. He was the grandson of Mr. and Mrs. Othar Harper of Mt. Vernon and Mr. and Mrs. Lewis Barber of McArthur. Surviving besides his parents and grandparents are five brothers, Thomas, Ronald, David, Timothy, and Billy, all at home and two sisters, Susan and Mary, at home.



THE FISH WERE biting good recently when these men journeyed to Lake Cumberland to try their luck. The catch was 65 croppie and white bass for total weight of over 100 pounds. The men are, from left: Douglas Griffin, John McCoy, and William Durham.

Homemaker' Help



By: Faith Plummer Area Extension Agent

One of the best ways to keep cool in summer is to serve cool, carefree, refreshing meals, and one of the best ways to make a meal refreshing is to include dairy foods. They're fresh, fast, fun, and ready to serve. Take dairy sour cream. This modern dairy product adds tangy fresh flavor and smooth creaminess to any recipe. It's a natural sauce for cooked vegetables, a zesty-topping for salads or fresh fruits, a delectable party dip. Bring home a carton of dairy sour cream and you've got a lively addition to any summer meal.

It's a pleasure to eat outdoors in summer, enjoying the breezes and the change of scene. Plan family meals that can be carried outdoors or prepared in the open. A real quickie summer porch suppers is Creamy German Potato Salad. Make it in a jiffy with canned

potato salad plus your own special touch, dairy sour cream. This tangy, creamy hot salad is delicious with cold meats, ham, or hamburgers and hot dogs cooked on the charcoal grill. In a saucepan heat 1 can (1 lb.) German potato salad to serving temperature. (Do not boil.) Just before serving gently stir in 1/4 cup dairy sour cream (at room temperature). Spoon into serving dish and sprinkle with paprika.

Coleslaw is a favorite for warm weather meals. Its crisp tanginess appeals to the taste buds and sets off any meat you serve. This Nutty Cream Slaw lets you take advantage of plentiful, low-cost summer cabbage. Three special ingredients make it unusually tasty: Chopped peanuts, a pear, and dairy sour cream. You'll

(Cont. to 11)



RECEIVES DEGREE—Billy G. McKinney of Huntsville, Alabama received a Doctor of Philosophy degree in Mechanical Engineering from the University of Alabama in graduation exercises June 1. He is married to the former Barbara M. Hunsel of Mt. Vernon and they have two children, Denise and D. Lane. Mr. McKinney is the son of Mr. and Mrs. Fred McKinney of Route 4, Somerset. He is presently employed as an aerospace engineer by the National Aeronautics and Space Adm., at Marshall Space Flight Center, Alabama.



DEAN'S LIST—Brenda Gay Stephens, daughter of Mr. and Mrs. Howard Stephens of Mt. Vernon, has been named to the Dean's List of Sue Bennett College for the second semester. She was also awarded a silver medal which is given freshmen who attain a 3.50 or better standing for the entire freshman year. Miss Stephens is now attending Cumberland College at Williamsburg for the summer term where she is majoring in Pharmacy.

Attend Dairy Day This Saturday

Notice Of Bond Sale

Sealed bids will be received by the City of Mt. Vernon, Kentucky, at the office of its City Clerk in the City Hall in said City until 7:30 p.m., E.D.T., on July 3, 1969, for the purchase at not less than par of all or any of certain designated maturities of \$624,000 of City of Mt. Vernon Waterworks and Sewer Revenue Bonds, Series of 1969, dated January 1, 1969, registrable as to principal only, of the denomination of \$1,000 each, consisting of \$474,000 of "Series A" Bonds and \$150,000 of "Series B" Bonds, all ranking on a parity, both Series of Bonds being scheduled to mature in numerical order on January 1 in each of the respective years, 1972 through 2009, inclusive; interest on said Bonds being payable semi-annually on January 1 and July 1 of each year, Bonds maturing on or after January 1, 1980, are subject to redemption on and after July 1, 1979. The exact maturity and redemption provisions are set forth in the Official Notice of Sale.

These Bonds will bear the usual tax-exempt status of Municipal Bonds, will be issued subject to the approving legal opinion of Rubin & Trautwein, Municipal Bond Attorneys, Louisville, Kentucky, are secured by a lien on and pledge of a fixed portion of the gross revenues of the combined and consolidated municipal waterworks and sewer systems, after providing for the vested rights and priorities in favor of certain outstanding Bonds of 1965, as set out in the Official Notice of Sale.

A Loan Agreement, as amended, has been entered into by the City with the United States of America, Economic Development Administration, pursuant to which said EDA proposes to purchase, at par plus accrued interest at a 4-1/8% interest rate on the Series "A" Bonds and at a 4-3/4% interest rate on the Series "B" Bonds, any maturities of these Bonds for which no other bid complying with the terms of the Official Notice of Sale is received at an equally (no more) favorable net interest cost.

Bidders for Bonds of either Series must bid for consecutive full annual maturities of such Series, covering the first maturity and all maturities thereafter through at least January 1, 1979. The minimum bid for Bonds of each Series is par value plus accrued interest. Bidders must designate the interest rate or rates averaging not more than 4-1/8% per annum on the designated maturities of the Series A Bonds and not more than 4-3/4% per annum on the designated maturities of the Series B Bonds, in multiples of 1/8% or 1/10%, with a maximum interest differential of 2%. No particular bid forms are required. The required good faith check is 1% of the Bonds bid for.

Additional information, including a copy of the Official Notice of Sale and the Statement of Official Facts, may be obtained from the office of the City Clerk, City Hall, Mt. Vernon, Kentucky 40456. (Signed) City of Mt. Vernon, Kentucky, by Mrs. Yvonne Cromer, City Clerk.

Publication of the foregoing Notice of Bond Sale was duly approved by the City Council of the City of Mt. Vernon, Kentucky, on this 5 day of June, 1969.

/s/ Excel Cromer
City Clerk
(Seal of City)

CONGRATULATIONS DAIRY FARMERS

KEEP UP THE GOOD WORK with QUALITY FEEDS

Let us help keep milk production high with scientifically formulated Dairy Feeds to meet needs of calves, heifers, dry cows, milking machines. To protect health, promote growth, increase production.

WE SALUTE THE DAIRY FARMER

FEEDER PIG MARKET AVAILABLE

LP Gas Service

BURTON FEED & SUPPLY

Willalla, Ky.

INTRODUCING TO MT. VERNON

One of today's greatest wig and hair stylist artists... MISS GENNI.

Miss Genni has appeared on platforms throughout the county lecturing, styling, and teaching wigery. She will appear at the



Modern Beauty Salon

MONDAY JUNE 23rd

7:00 A.M. Till 8:30 P.M.

She will be introducing to Mt. Vernon the latest fashions in wigs, wiglets, falls, and ascades by



'Preferred Fashion'

At last, the latest fashions are made available to everyone at prices that no fashion-minded lady can afford to pass up.



100% human hair stretch wigs beautifully styled for you during the show for only.

\$59.00.



100% human hair wiglets (deluxe wiglets which can instantly change your coiffure or simply enhance it) for only

\$15.95

We invite you to please come in and take advantage of this opportunity to consult with Miss Genni and try on a variety of different styles and colors.

"Who knows, you may discover one and for all whether or not blondes have more fun."

We Salute The Dairy Farmer For A Job Well Done

COX FUNERAL HOME

Air Conditioned Ambulance Service—Radio and Oxygen Equipped

256-2345—Phones—256-4444

Mt. Vernon, Ky.

MEMBER KENTUCKY FUNERAL DIRECTORS BURIAL ASSOCIATION

DAIRY DAY SPECIALS

Dairy Day Only

One Table Of Dresses

Buy One At \$2.00 And Get One Free

ONE LOT OF	Ladies Purses	REG. \$3.29 DAIRY DAY	\$2.49
ONE LOT OF	Ladies Short Sets	REG. 2 FOR \$3.00 DAIRY DAY	97¢
	Bath Sets	DAIRY DAY	88¢
ONE LOT OF	Pillows	DAIRY DAY	69¢
	8x11 Oval Rug	REG. \$31.95 DAIRY DAY	\$24.00
ONE LOT OF—6-14	Boys Jeans	REG. \$1.00 DAIRY DAY	79¢
ONE LOT OF	Girls Play Suits	REG. \$1.49 DAIRY DAY	97¢

JIM'S DOLLAR DISCOUNT

MAIN ST. MT. VERNON

APRICOT NUT SUNDAE RECIPE

1 1/2 cups crushed graham crackers (about 15)

1/4 cup chopped pecans

1/4 cup firmly packed light brown sugar

1/2 cup butter, melted

3 pints butter pecan ice cream

Sauce

1 cup apricot puree (2 jars, 4 1/2 oz. strained apricots or 1 can, 1 1/2 lb. apricot halves, drained and puréed)

112 teaspoons lemon juice

In mixing bowl combine crackers, pecans, and sugar; add butter and mix well. Turn into pie plate, 9-inch; press against sides and bottom; bake in preheated 375 degree oven 3 minutes; chill. Press 2 pints of softened ice cream into shell; freeze; top with 1 pint ice cream balls; freeze. To prepare sauce: In heavy saucepan warm puree and add lemon juice. Warm sauce over pie before serving. Sauce may be served warmed or chilled. Makes 8 servings.

By **George Owens**

"WATCH that hood... IT SLIPS!"

We always watch out for YOUR SAFETY!

OWENS Shell Service

Minnows & Nite Crawlers
Phone 256-2719
Corner 150 & U.S. 25 Hwy

WE SALUTE THE DAIRY FARMERS OF ROCKCASTLE COUNTY.