

Local Farm Youth To Receive DeKalb Award

Gerald Alexander, son of Mr. and Mrs. Eugene Alexander of Route 3, Mt. Vernon, has been announced as the winner of the 1970 DeKalb Agricultural Accomplishment Award, given only to outstanding seniors in Vocational Agriculture Departments.

Gerald graduated this spring from Mt. Vernon High School where he was actively involved in many of the local FFA Chapter activities. He plans to attend Berea College this fall where he will major in Agriculture.

Gerald is the first recent winner of the DeKalb Accomplishment Award from Mt. Vernon High School and, as such, his

name will be engraved on a special honors plaque, provided by the sponsor, and hung in the Vo-Ag room at the school.



Gerald Alexander

"ASCS" (Cont. From Front)

ter storage tanks for livestock water and received \$400.00. One farmer received cost sharing for control of Johnson grass for the amount of \$45.00. One farmer installed an underground drainage system and received \$100.00. Seven farmers established winter cover crops and received \$239.00. One farmer received \$6.00 for a Conservation

Practice to Enhance Natural Beauty

It is our goal of 1970 to help our farmers to do an effective job of improving the environment while conserving and building the county's soil and water resources. We have more open space, and with cleaner, fresher air to breathe, the Agricultural Conservation Program contains two new practices this year for the first time. These practices are both for pollution abatement or control: The first of the practices is construction of livestock sewage lagoons. It applies to areas on farms where concentrations of livestock are such that sewage lagoons are needed and practical to process concentrated organic waste, reduce sources of water and air pollution, minimize health hazards, and improve the local environment.

The other practice is reducing pollution of water, caused by farm waste. The purpose is to reduce the pollution of surface streams or ground water by runoff from barnyards, drylots, milkrooms and other farm areas deemed an actual or potential hazard. It is applicable to areas on farms where construction of ponds, settling basins, terraces and dikes, or installation of piping to control or utilize water to reduce water pollution and control situation.



Bill Frank Stewart, left, and Wesley Williams, far right, Mt. Vernon FFA members, are shown with Mike Burdette, who is holding the gold Emblem Award presented to the Mt. Vernon FFA-chapter recently at the State FFA Convention.

Mt. Vernon FFA Chapter Awarded Gold Emblem

The Mt. Vernon FFA Chapter was awarded the Gold Emblem rating last week by the Kentucky Association of FFA at the FFA Convention in Louisville.

Fewer than a dozen FFA Chapters, among 185 in Kentucky, receive this high rating each year. This is the highest rating any FFA Chapter can attain in Kentucky.

All chapters are given

ratings of bronze, silver, or gold—gold being the highest awarded. Mt. Vernon chapter merited this rating due to the program of activities it planned and carried out in 1969-70.

Bill Stewart, Wesley Williams, and Mike Burdette were accompanied by their Vo-Ag teacher and FFA adviser, Ted Ramsey, to the convention in Louisville.

are places one can purchase truck loads of top soil and one can buy water, but where do you buy fresh clean air? Is the top soil as good as what you let wash away? We think the farmers here in Rockcastle County are doing a good job, but are we aware we could do a little more. We certainly need to think about the future and what we are leaving for future generations.

The Bible promises us a seed time and a harvest time as long as we are upon this earth, but the kind and the amount of seed time and harvest depends upon how well we manage our ecology.

"FRED BAKER" (Cont. From Front) Baker of Mt. Vernon; 10 grandchildren and three great-grandchildren.

Funeral services will be conducted Friday, June 19, at 1:00 p.m. at the Sparks Funeral Home Chapel by Bro. W.A.

Strokes with burial in the Pine Hill Cemetery. Arrangements are by the Sparks Funeral Home. (Dowell & Martin)

"MRS. BROUGHTON" (Cont. From Front) grandchildren. She was preceded in death by her husband, M.W. Broughton.

ton, and three children. Funeral services were held Sunday afternoon, June 14, at the Liberty Baptist Church with Bro. J.B. Allen and Bro. Cecil Dailey officiating. Burial was in the Liberty Cemetery.

Watson Funeral Home was in charge of arrangements.

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DOORS OPEN 12:30 SHOW AT 1:00 P.M.

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- RUSH JEWELRY
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NO TICKETS NECESSARY JUST WALK ON IN

COMBS Grand Theatre Mt. Vernon, Ky.

FRIDAY SATURDAY SUNDAY

2 - SMASH HITS - 2

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Angel in my Pocket Suggested for GENERAL audiences. A UNIVERSAL PICTURE - TECHNICOLOR

ALSO: Horror Hit We Dare You To See It

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Pat Baker OWNERS Mary Ann Bullock

Come, Bring Your Friends To The 21st Annual BERA KIWANIS CLUB Horse Show Berea Memorial Park Fri., June 19, 1970

In Case of Rain Show Will Be Held Saturday, June 20

Admission: Adults \$1.00; Children 50c All proceeds will go for the benefit of community projects.

SHOW WILL START PROMPTLY AT 7:00 p.m. E.D.T.



FORD FILES—Lieutenant Governor Wendell Ford officially entered the Democratic gubernatorial primary Friday when he filed his declaration papers in the office of the Secretary of State. Shown standing, left to right, are Ford, his wife, Jean Ford; his brother, Reuben Ford of Owensboro; J.R. Miller of Owensboro, former State Democratic Party chairman; the candidate's daughter, Shirley, a junior at the University of Kentucky; and his son, Steven, a junior at Frankfort High School. Seated is Mrs. Mary Galvez, Assistant Secretary of State. Miller and Reuben Ford signed the candidate's declaration papers.

Saddle Club Rides To S Tree Tower

A total of 40 riders left Renfro Valley Saturday morning about 9 a.m. on an overnight ride to S Tree Tower in Jackson County.

This ride is one of the many trail rides sponsored throughout the year by the Rockcastle County Saddle Club.

The group made their first stop at Ballinger's Store in Three Links for lunch. However, they really didn't need an oasis since the rain started pouring down after the group had been riding about two hours. Rain gear, fancy, plain, and makeshift, was much in evidence but all agree, "If you find rain wear that doesn't leak, we will all buy some."

On the route, about 12 more riders joined the original 40 at Wildie and Three Links.

Joe Martin had cooked all afternoon to prepare a delicious beef stew in iron pots over hot coals in the fire place at the S Tree Camp Site and the group arrived there about 7 p.m.

By way of celebration, the rain stopped and the sun almost came out. No one knew which was more delightful, the warm sun-

shine or the warm and wonderful steaming stew. Everyone was just glad that the first half of the 80-mile trip was finished.

The trail over began at Renfro, went up Hummel Road, turned left by Maret Cemetery to Wildie, through Doc Wolfe's farm, on to Green Pond Ridge, out to Ping Pong Road, into Three Links, then out a state road into Jackson County where the group followed a new trail into S Tree Tower. Several others drove to

the tower and had supper with the group to make a total of 84 present for the night meal.

Campers slept in sleeping bags, on cots, in the shelter provided, on picnic tables, and in campers and trucks.

Trucks met the riders at the tower with horse-feed and other supplies. Only one horse became lame and had to be hauled back home.

The group arrived at Renfro about 7 p.m. Sunday tired and grimy but grinning happily.

Combs Announces

Bert T. Combs formally announced his campaign for the Democratic nomination for Governor of Kentucky, Saturday, June 13, at a press conference at the Kentucky Hotel, Louisville, before a crowd of more than 3500.

Sharing the platform with Combs was Julian Carroll, Paducah, Attorney, and Speaker of the House of Representatives, who is running for Lieutenant Governor on the Combs ticket.

Following his official announcement, Combs introduced his State Chairman, Robert Matthews, Shelbyville, a member of the law firm of Green, Green, Green, Doll Matthews & Boone, Louisville, and former Attorney General of Kentucky.

A woman, Nancy Johnson, invented the hand-cranked ice cream freezer in 1846, but, alas, she forgot to have it patented. So the glory went to a man, one Mr. Young, who didn't come along with his gadget 'til 1849.

Prizes Listed For Princess Contestants

Prizes for this year's Rockcastle County Dairy Princess and runner-up Princess and runner-up Princess and runner-up Princess have been announced by William I. Norton, chairman of the Dairy Day Committee.

Robinson's in Mt. Vernon will furnish a \$35.00 sweater dress to the princess, McPea Dept. Stores, Maggard Drug, Hiaw's 5 and 10, and Kentucky Utilities will all furnish prizes for both contestants.

Cummins Grocery is providing the crackers, Armour Creamery the cheese for the snack that will be handed out

at 11 a.m.

The float sponsors this year are: the Mt. Vernon Signal \$25 for first prize winner; Russell Robbins Rock Hauling, \$15 for second prize, and Rockcastle Auto Parts \$10 for third prize.

There will also be, as in year's past, a drawing for a Holstein heifer donated by the Bank of Mt. Vernon.

And, there will be music provided by the "Modified Production," from 11 a.m. until noon. Members of the band are: Michael Norton, Harold Harris, Roger McGuire, Perry Sams, and Lonnie Anglin.

The word reaching Gov. Nunn is that Public Service Commissioner Thomas Emberton is winning grassroots support in his bid to be tapped for the Republican nomination. But the governor made it clear at an unannounced session of the Old State Central Committee at the mansion that his main goal is uniting to win in the fall.

Things finally do return to normal. In his announcement, the old pro with the whip, former Gov. Combs, referred to "a former governor—sometimes identified with our party."

Now when you hear a bugle sound, you'll know it's back to normal.

STRAWBERRY PINEAPPLE COOLER

In a mixer or blender, combine 2 cups milk 2/3 cups (1 lb. 4/8 oz. can) chilled crushed pineapple, and 1/2 pint vanilla ice cream until just blended. Pour into tall glasses and top with scoop of strawberry ice cream. Garnish with mint, if desired. Yields: 8 servings.

John Zupanic officiating. Burial was in the Piney Creek cemetery.

Watson Funeral Home in Brodhead was in charge of arrangements.

"MRS. HOLSING" (Cont. From Front)

Loran, Ohio, and Mrs. Cullen Petrey of Rockhold; four grandchildren and one great-grandchild, and she was preceded in death by one daughter and one son.

Funeral services were conducted Monday, June 15 at 2 p.m. at the Pine Hill Baptist Church by Bro. Asa Stokes. Burial was in the Briar Field Cemetery.

Arrangements were by the Sparks Funeral Home. (Dowell & Martin)

"SEN. COOPER" (Cont. From Front)

cans were named by Cooper during his prence conference Monday, as possible candidates. Among them were: Robert Gable, 36, former state parks commissioner; deputy State Finance Commissioner Lawrence E. Forsy, 30; Highway Commissioner Eugene Goss, 41; Parks Commissioner James Host, 32; Thomas Emberton, 37, a member of the Public Service Commission, and Ken Harper, 38, commissioner of public information.

Cooper also mentioned Don Ball, 33, a Lexington Republican and former GOP minority leader in the state House of Representatives, and former U.S. Senator Thurston B. Morton as possible candidates. Morton, citing personal reason, resigned from the senate in 1968. He is 67.

Frankfort Watchline

Squabbling over census figures is only the warm-up.

Because the final head-count, right or wrong, will set the stage for confronting a new fact of political life:

"One man, one vote."

That Supreme Court ruling could bring a gerrymandering dream—or nightmare—to the Kentucky General Assembly.

The court clearly won't tolerate much variation in the number of people living in legislative districts across the state.

That pressure could make the upcoming remapping unique -- the once sacred boundaries of counties going by the boards.

The situation boils down to this:

If Kentucky's total population holds near the 1960 level of three million, each of the 100 state representatives should have 30,000 constituents. And each of the 38 senators should have about 80,000 people in his district.

This normally would mean that if your House or Senate district has gained or lost significantly in population the past 10 years some changes are in line.

But over the past decades, rough approximations sufficed--a county or district having to go well over or under the mark before gaining or losing representation.

Now, close won't win the cigar.

So the flow of people to urban areas recently may produce increased pressure. There's the build-up from years when rural lawmakers used their strength to hold cities' gains down.

But urban voting power has grown on the floor of both chambers. And, backed by the courts, this well may be the time that cities seize working control of the Legislature.

In one way it could be a fortunate time, Republican Gov. Louis Nunn holds the executive reins, while Democrats have majorities in both legislative houses. And the Democratic presiding officers in the two chambers are at odds.

Any remapping that could win Gov. Nunn's approval after passage under House Speaker Julian Carroll and Lt. Gov. Wendell Ford, president of the Senate, should avoid the partisan label.

But the governor's expected call for a special session after census figures are final could be for a very special one indeed--one in which Kentucky sees portions of counties carved out as part of districts different from the rest.

The Legislative Research Commission's hassle on what--if any thing--to say to the Na-

Roundstone Honor Roll

Students named to the sixth six-weeks honor roll at Roundstone Elementary School, have been announced by Tom Payne, principal.

They are:

4th Grade--Dana Craig, Sharon Farthing, Jeffery Poynter, Benita Wren.

5th Grade--Kenneth Adams, Delilah Alexander, Sue Baker, Sandra Blair, Marcia Bullen, Judy Cain, Sandra Dalley.

6th Grade--Deborah Adams, Victoria Blair, Beverly Owens, Lola Phillips, Marita Stewart, Barbara-Karen Abbey, Jewell Alexander, Marla Ballinger, Marcia Lamb, Beverly McNight, Pamela Phillips, Kitty Pickle, Debbie Shehan, Ken Stewart, Wilma Walters, Jeanie Wheeler.

TEEN AGE DANCE THIS FRID. NIGHT AT CLUB

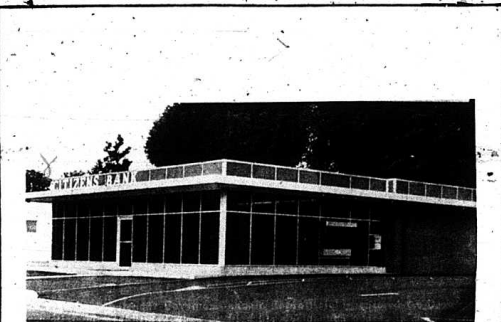
There will be a dance for teen-age members and their guests (freshman grade and up) at the Cedar Rapids Country Club this Friday night, June 19, from 8 p.m. until midnight. Admission will be \$1.00 per person. Casual clothes. Music will be provided by the "Modified Production."

All proceeds will go to the club's Ladies Auxiliary fund.

"J.D. COTTENGIM" (Cont. From Front)

head, Mrs. Eunice Martin of Zionsville, Ind., and Mrs. Clayton Baker and Mrs. Leon Griffin, both of Crab Orchard; one son, John D. Cottengim of Indianapolis, Ind.; one sister, Mrs. Elihu McDaniel of Livingston, the grandchildren and 3 great-grandchildren. One son, William Cottengim, preceded him in death.

Funeral services were held Monday afternoon, June 15 at the Broadhead Baptist Church, with Bro. Cornelius Horn and Bro.



IT TAKES A LOT OF MONEY to build and operate a Modern Dairy Farm... A Lot of Skill and Know-How.

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HORSE SHOW

FRIDAY, JULY 24, 1970

7:30 P.M. RENFRO VALLEY, KY

Sponsored By: Rockcastle County Saddle Club

CLASS 1: Lead Line - Led by an adult, child 8 years and under. Ribbon and \$1.00. No entry fee.

CLASS 2: Rockcastle County Saddle Club - member only, rider under 16. \$15.00, trophy and ribbon, \$10.00, \$5.00, \$5.00. Entry Fee \$3.00.

CLASS 3: Walking Pony, 14.2 and under, open \$40.00 trophy and ribbon, \$25.00, \$15.00, \$10.00. Entry Fee \$4.00.

CLASS 4: Open 2 year old Walking Horse, over 14.2, any sex, not required to canter, \$40.00, trophy and ribbon, \$25.00, \$15.00, Entry Fee \$5.00.

CLASS 5: Rockcastle County Saddle Club - member only, rider over 16. \$15.00, trophy and ribbon, \$10.00, \$5.00. Entry Fee \$3.00.

CLASS 6: Three Gaited Horse, any sex, \$50.00, trophy and ribbon, \$30.00, \$20.00, \$10.00. Entry Fee \$5.00.

CLASS 7: Ladies ride on Walking Horse - \$40.00, trophy and ribbon, \$30.00, \$20.00, \$10.00. Entry Fee \$5.00.

CLASS 8: Open Pleasure Horse, No boots, pads, or set tails, \$20.00, trophy and ribbon, \$15.00, \$10.00, \$5.00. Entry Fee \$4.00.

CLASS 9: Open Junior Walking Horse, \$60.00, trophy and ribbon, \$30.00, \$15.00, \$5.00. Entry Fee \$7.00.

CLASS 10: Pony Roadster, 50 In. and Under. \$40.00 trophy and ribbon, \$25.00, \$15.00, \$5.00. Entry Fee \$5.00.

CLASS 11: Open Amateur Walking Class, \$40.00, trophy and ribbon \$30.00, \$20.00, \$10.00. Entry Fee \$5.00.

CLASS 12: Rider over 50 years. Pleasure Horse, no equipment, \$15.00, trophy and ribbon, \$10.00, \$7.50, \$5.00. Entry Fee \$3.00.

CLASS 13: Open Pleasure, Pads and Boots allowed, \$20.00, trophy and ribbon, \$15.00, \$10.00, \$5.00. Entry Fee \$4.00.

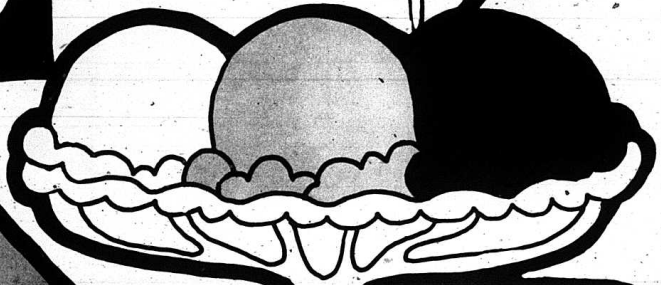
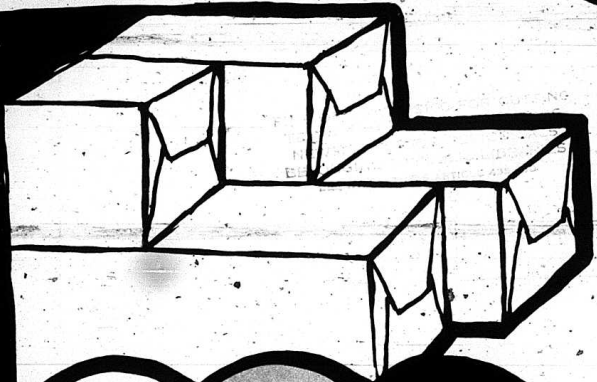
CLASS 14: Five gaited Horse, any sex, \$100.00, trophy and ribbon \$50.00, \$30.00, \$20.00. Entry Fee \$10.00.

CLASS 15: Championship Walking Horse, any sex \$100.00 trophy and ribbon, \$50.00 \$30.00, \$20.00. Entry Fee \$10.00.

Rockcastle County Saddle Club will not be responsible for accidents to persons or horses.

RAIN DATE JULY 31, 1970

BUTTER



eat as though
your life
depended on it...
because it DOES!

**demand
real dairy
products
!**



The American Dairy Association  of Kentucky

Merchandising Dairy Products

By Frank C. Carpenter

Research of the dairy case shows the value of new and better ideas in displaying and merchandising dairy products. The Manager and Directors of the American Dairy Association have long been aware of merchandising needs and have budgeted funds to produce material to be used in the grocery stores. Point-of-Sale displays are the last opportunity to influence the food-buyer to take home dairy products. We now get about 17% of each dollar spent for food, and there is an ever growing need to hold our share of this market as others continue work to get it.

A lady was looking at a dairy case mobile after it had been placed near the case. So I asked how she liked the attractive and colorful pictures of dairy foods. She replied, "I like them very much, but they cause me to buy more than I came for." Of course, this is the very thing we want to do—increase sales of milk, cheese, butter, ice cream and all other dairy products.



F. C. Carpenter

We are sometimes asked, by the grocery manager, for advice on arranging items. By changing the location in the store and by dispersing some items that have low sales and little gross profit, the total sales will climb many dollars per day. Many stores now display items vertically, or down bottom-to-top of case; this breaks up display lines and customer can select at eye level as they like to do.

Store managers have found milk high in Dairy Department sales, has a fast turnover and gross profit is better than any other item in the case. So milk in quarts, one-half gallon, and gallons should have a greater share of the shelf space. Change the layout periodically. Create a new specialty section. A change of display material helps sales.

Special sale displays are good together foods, such as cheese and crackers, ice cream and

cookies or cake, butter and baked goods catch the customer's attention and many times sell themselves.

People now like convenient foods, things easy to prepare and quick to serve. What is more convenient than dairy foods? Go to the refrigerator for a glass of milk, a cheese sandwich, cottage cheese salad or a dish of ice cream. We must remind people of these quick snacks so they will keep a supply every ready for the family. A quality product, a good value, an attractive package, properly displayed will increase sales.

AHA Attacked For Harming Dairy Industry

A University of Wisconsin college professor has charged the American Heart Association with publishing research that has an adverse effect on the dairy industry and the consumer which he does not believe is true.

The professor, Dr. Glenn S. Poulos of the University of Wisconsin, says the AHA is using questionable information to "clobber the dairy industry."

Many medical researchers believe that research has not established that serum cholesterol is a major cause of heart disease. Dairyman recently went so far as to ask if the Heart Association is being duped by commercial interests. The magazine said the thought apparently is that the Heart Association is being duped by commercial interests.

An article authored by Dr. Mann for Food and Nutrition News, states: "The American Heart Association, a nonprofit philanthropy supported by public gifts, has mounted a public campaign to reduce the intake of animal fat and promote the intake of unsaturated vegetable fats."

Dr. Mann says diets proposed by the Heart Association are too unpalatable to be acceptable and they are so artificial no human group has ever shared of the shelf space. Change the layout periodically. Create a new specialty section. A change of display material helps sales.

Bastin Is June Dairy Month Chairman



Garland Bastin, University of Kentucky's Program Specialist in 4-H, has been named Kentucky State Dairy Month Chairman. Announcement was made by Harmon H. Barlow, Jr., Cave City, president of American Dairy Association of Kentucky.

As Chairman, Bastin is directing the activities of the state-wide celebration of the month set aside nationally to honor the dairy industry.

Bastin, a native of Hart County, Kentucky, received his Masters Degree in Agriculture from the University of Kentucky, and has served as Assistant County Agent in Logan County and Supervisor of the University of Kentucky dairy herd for five years; served as Extension Dairy Specialist for eight years, District Extension Leader for four years, Agricultural Program Specialist for three years, and Acting Chairman of Agriculture Programs for seventeen months at the University of Kentucky prior to accepting his present position.

Often recognized for his contributions to the field of agriculture, Garland Bastin was selected Man of the Year by the Purebred Dairy Cattle Association in 1962; was named Mr. Kentucky Hostess in 1961; and received the Kentucky Gavel award in 1961.

In addition to his agricultural activities, Garland Bastin is active in church work and serves on the Board of Trustees and Deacons of his church. He is also Sunday School Superintendent. The Bastins have two children, Patsy Jo, 20, who is at the Conservatory of Music in Cincinnati, and Kenneth, 14, who attends Jesse Clark in Fayette County.

June Dairy Night At The Ball Park

Once again, the dairy industry of Jefferson County, working with American Dairy Association of Kentucky, will sponsor June Dairy Night at the Ball Park. The game between the Louisville Colonels will be June 12 at the Fairgrounds stadium. Tickets are free from A.D.A. or from any of the handlers. They are to be distributed through their league groups who will hold pre-game activities.

MILK IS STILL NUTRITIONAL DRINK BARGAIN

Dr. W. Ray Murley, Extension Dairy Specialist, Virginia Polytechnic Institute says that the nutrition that one glass of milk provides and for only 7.5 cents a serving? The answer — a second glass of milk! Nothing else comes close.

Nutritionists have estimated that the nutritional elements in one quart of milk would cost more than 40 cents if duplicated by other foods.

The price of milk remains relatively stable and its food value remains high in spite of spiraling prices for other foods, services and wages. In terms of minutes a factory worker has had to work to purchase a quart of milk, in 1890 he had to work 23 minutes; in 1947 he had to work 10 minutes; today it is less than 5 minutes work to purchase a quart of milk.

"During the last 15 years in the United States the production of the consumer's dollar spent for food has declined from 22 to 18 per cent. Of the 18 per cent only 14 per cent of it is spent for dairy products compared with 17 per cent in the mid-1950s. The wisdom of consumer decisions that led to this decline in consumption of dairy products may be questioned. Recent studies show that certain segments of our population have chosen diets of lower nutritional value than a decade ago.

Consumers have never before had a better glass of milk, a better slice of cheese on their table. No other food can supply more usable nutrients at less cost than milk or milk products.

PEANUT, CORN OIL BAD FOR HEART

Dr. Robert W. Wissler of the University of Chicago Medical School says that many housewives who switched from animal fats to vegetable fats in cooking to cut down on cholesterol danger, may find they are actually increasing their family's cholesterol intake. He says he put animals on a 40-week long peanut oil diet and their arterial walls were more than doubled in thickness. (Hardening of the arteries is a contributing factor in causing heart attacks.) He said the thickness was more extensive than in monkeys on butterfat diets.

ZIPPY CHEDDAR

- 2 cups (8 oz.) shredded Cheddar cheese
- 1/3 cup light cream or half and half
- 3 tablespoons chopped onion or chives
- 1 tablespoon catsup
- 1-1/2 teaspoons Worcestershire sauce
- 1/4 teaspoon salt
- dash cayenne

Combine ingredients, beating until fluffy. Bake 2-1/4 cups. **PURTY BAR-B-Q SAUCE FOR RIBS, BURGERS OR CHICKEN**

- 1/2 c (1 stick) butter
- 1/2 c chopped onion
- 1/2 c catsup
- 1/4 c firmly packed light brown sugar
- 2 tablespoons Worcestershire sauce
- 1-1/2 teaspoons chili powder
- 1 teaspoon salt
- 1/8 teaspoon pepper
- Dash Tabasco

In 1-qt. saucepan melt butter; add onion and saute until tender. Stir in remaining ingredients. Simmer 5 minutes. Use to keep well in refrigerator. Warm before using.

Beat together cottage cheese, ham, parsley, onion, pepper. Cover. Chill. Yield - 2 cups.

KENTUCKY DAIRY HIGHLIGHTS

Melinda Snider Is First Lady Of June Dairy Month Activities



Miss Melinda Snider, Franklin, Kentucky, will reign over statewide festivities honoring the dairy industry of Kentucky during June Dairy Month. Melinda is the 19-year-old daughter of Mr. and Mrs. James D. Snider. A graduate of Franklin-Simpson Senior High, Melinda now is a junior at Western Kentucky University.

Margaret Duvall UDIA Formed Will Represent Ky. At Contest

Miss Margaret Ann Duvall, Kentucky's 1969-70 State Dairy Princess, will represent the state June 29 through July 1 at the national contest to be held in conjunction with the 83rd Annual Convention of the Holstein-Friesian Association in Boston.

Those who would like to wish Margaret Ann the best may do so by sending your cards, notes or letters to her, c/o The Sheraton-Plaza Hotel, 138 St. James Avenue, Boston, Massachusetts. Phone 617-267-5300. Margaret Ann had an outstanding job of serving the state during her reign as princess. The 1970-71 princess, Melinda Snider, will attend the national contest in 1971.

ICE CREAM AND KLEENEX—SOMETHING NEW IN RELATED ITEM SELLING

American Dairy Association will lend the support of its family merchandising staff when Kimberly-Clark introduces the first Kleenex tissues style spring.

An unlikely team? Not when you consider the name of the new Kleenex tissue line, Double Dips, as in ice cream... as promoted by American Dairy Association.

Double Dips come two ice cream colors to a box, thanks to a technical innovation which allows pastel tissues and white ones to be intermingled. The first several tissues that pop up will be Strawberry pink, the next several Vanilla white, then more Strawberry. Other "flavor" combinations available in Double Dips include Blueberry and Vanilla, Lemon and Vanilla, Lime and Vanilla, and Double Vanilla. Pastel boxes in Tiffany-inspired designs accent the products' ice cream parlour look.

Cut-off coupons on both a half gallon of ice cream and a box of Double Dips tissues will be part of a Kleenex tissues ad scheduled to run in all major newspapers in the top 200 markets. The 1400-line, two color ad appears on food day the week of June 14. The pair of coupons is store-redeemable and presents food retailers with an unusual related item merchandising opportunity. Kimberly-Clark will also back its Double Dips introduction with June TV commercials on the "Today" and "Tonight" programs, and ads in American Home, Better Homes & Gardens, Family Circle, Ladies Home Journal, TV Guide, and Women's Day.

June Dairy Month Activities

- May 25 - Franklin County Chamber of Commerce
- June 1 - June Dairy Month Kick-off, Owensboro, 12 noon
- June 3 - Paducah Television Program
- June 4 - Elkton, Kentucky Civitan, 6:00 p.m.
- June 5 - Rotary Club, Elkton, 12:00 noon
- June 6 - Washington County Dairy Day, Springfield
- June 9 - Daviess County Dairy Day, Owensboro
- June 10 - Daviess County Parade, Owensboro
- June 11 - Danville Kiwanis Club, 12:30 p.m.
- June 11 - Madisonville Rotary Club, 12:00 noon
- June 12 - Marion County Dairy Day, 10:00 a.m.-3:00 p.m.
- June 12 - Dairy Night at Ball Park, Louisville, 7:00 p.m.
- June 13 - Barren County Dairy Day, Glasgow, 9:00 a.m.-3:30 p.m.
- June 13 - Monroe County Dairy Day, Tompkinsville, 11:00 a.m.-8:00 p.m.
- June 16 - Grassland Tour, Stanford, 12:00 noon
- June 18 - Mason County Dairy Day, Maysville, 7:00 a.m.
- June 19 - Hardin County Dairy Day, Elizabethtown, 5:00 p.m. to 10:00 p.m.
- June 19 - Lawrenceburg Civic Club, 12:00 noon
- June 19 - Allen County Dairy Day, Scottsville, 10:00 a.m.-2:00 p.m.
- June 20 - Rockcastle Dairy Day, Mt. Vernon, 10:00 a.m.-4:00 p.m.
- June 20 - Henry County Dairy Day, Eminence, 11:00 a.m.-3:00 p.m.
- June 20 - Logan County Dairy Day, Russellville, 12:00 noon to 4:30 p.m.
- June 20 - Madison Dairy Tour, 12:00 noon-1:30 p.m.
- June 20 - Anderson County Dairy Day, Lawrenceburg, 11:00 a.m.-3:00 p.m.
- June 20 - Ayrshire Sale and Show, State Fair Grounds, Louisville
- June 20 - Pulaski County Dairy Day
- June 22 - Warren County Agricultural Club, Bowling Green, 6:30 p.m.
- June 25 - Shelby County Dairy Day, Shelbyville, 7:00 a.m.
- June 27 - Lincoln County Dairy Day, Stanford, 9:00 a.m.-3:00 p.m.
- June 27 - Calloway County Dairy Day, 12:00 noon-3:00 p.m.
- June 27 - Fleming County Dairy Day, Flemingsburg, 1:00-3:30 p.m.
- June 27 - Robertson County Dairy Day

Other counties with activities in the planning stage:

- Simpson
- McCracken
- Jefferson
- Christian
- Warren
- Adair
- Taylor
- Nelson
- Spencer
- Ballit
- Wayne
- Cassidy
- Owen
- Jefferson
- Jackson
- Laurel
- Harrison
- Pendleton
- Cracken
- Boyd

"EATING OUT" . . .

with the Adas of Kentucky

Whether you're dining out... or cooking out... EAT AS THOUGH YOUR LIFE DEPENDS ON IT... BECAUSE IT DOES.

Words of wisdom are backed up by favorite dairy recipes of the Adas of Kentucky... real favorites for summer eating.

CHICKENBURGERS

- 2 cups finely chopped raw chicken meat (from 3-1/2 lb. chicken)
- 1/2 cup melted butter
- 1 egg, well beaten
- 1 teaspoon finely chopped onion
- 1/4 cup teaspoon rosemary
- 1/3 c. lemon juice
- 3/4 cup soft bread crumbs

BURGER SHISH KEBABS

- 1 lb. ground beef
- 1 egg
- 1/3 c. evaporated milk
- 1/2 c. fine bread crumbs
- 11 salt
- 1/4 t. pepper
- 1/4 c. chopped onion
- 2 T. chopped green pepper

LOW-CAL REFRIGERATOR CHIFFON CAKE

- 1/4 c. cold water
- 20 non-caloric sweetener tabs
- 1/4 tsp. salt
- 1 tsp. grated lemon rind
- 1/3 c. lemon juice
- 1 envelope unflavored gelatine
- 3 eggs, separated
- 2/3 c. icy cold evaporated milk, whipped
- 1/2 c. chocolate cookies, finely rolled

PATIO PARTY DIPS

- 3 tablespoons spaghetti sauce mix
- 2 cups dairy sour cream

DEVILED

- 1 cup cottage cheese
- 1 can deviled ham (2-1/4 oz.)
- 1/4 teaspoon chopped parsley
- 1 tablespoon grated onion
- dash pepper

Beat together cottage cheese, ham, parsley, onion, pepper. Cover. Chill. Yield - 2 cups.

A.D.A. Holds 30th Annual Meeting



New Officers Elected Goals Set

Newly elected members of American Dairy Association's executive committee are shown at its 30th annual meeting with the dairy farmer organization's president and vice-president. Left to right (row row): John A. Moser, Louisville, Kentucky, member-at-large; Vice-President Robert S. Turner, Horseheads, New York; President Emmett N. Carter, Parkersburg, Oklahoma; and Herman Koehn, Chelsea, Michigan, secretary. Back row, J. Douglas Webb, Fairfax, Vermont, member-at-large; Welby W. Young, Heber City, Utah, member-at-large; Norman Larson, Bakersfield, California, member-at-large; John L. McMullen, Clearwater, Florida, assistant secretary-treasurer; and Edward Anderson, Waterford, Nebraska, treasurer.

Expand Executive Committee

For the first time, executive committee representatives were elected by regional caucus at this meeting, with a resulting expansion of the executive committee to nine members. McMullen, Moser and Webb will serve one-year terms, other executive committee members two years. President Carter and

Vice-President Turner continue in office for the coming year.

Among recommendations made to the Board of directors at the meeting, for action by the newly elected executive committee: That 2% of producer income (about \$120 million) be set as an annual goal to be collected by the United Dairy Industry Association, and allocated among American Dairy Association, National Dairy Council and Dairy Research, Inc.

That a meeting of economists be held to determine the problems attendant to raising the per capita consumption of dairy products 25% within the next 10 years.

That advertising agencies be directed to explore new creative approaches designed to evaluate it and to recommend changes. That a study be made by the Cooperative Marketing Service of American Dairy Association's organizational structure to evaluate it and to recommend changes. That a series of seminars be held for dairy leaders to develop ideas, goals and plans to raise the per capita consumption of dairy products.

Other actions included approval by the board of directors of American Dairy Association proceed with plans to broadcast four television specials on NBC-TV in 1971 (Jan., Feb., Sept.-Dec.) to be supported with major print advertising campaigns. ADA will discontinue filming of the Olympic Games and launch a new film program directed to young adults using nutrition and physical fitness themes in addition to special films devoted to pollution and consumerism.

MILK STILL THE BEST FOR ULCERS

In catching up on reading overseas medical journals, an item from the September 27th British Medical Journal is noteworthy for dairy men. An editorial discusses clinical studies of treatment for duodenal ulcers and concludes it is milk and frequent doses of alkalis that heal the ulcers, not an otherwise special diet or abstinence from certain foods. "Admission to hospital and regular treatment with alkalis and milk were apparently the main reason for their success," the editorial stated.

Mount Vernon Signal

"WHERE THE BOOMERANG JOINS THE DIXIE"

THURSDAY, JUNE 18, 1970

VOLUME 82 NUMBER 40

MOUNT VERNON, KENTUCKY 40456

The New Face Of ASCS; "Environmental Improvement"

One of the most important aspects of farming is leaving the soil, water and air in a better condition than in which it was found. In the early 1950's, the Congress of the United States enacted a bill to help farmers improve and restore their land for the generations to come. Significant progress has been made in improving and conserving the soil, water and air over the past 40 years.

The decade of the 70's has found us with even greater demands to conserve our soil, purify our water, and to clean up the air. This is a big job, often too big and expensive for the farmers in Rockcastle County, yet the job must be done if we are going to provide food, fiber, water and shelter (the necessities of life) for this and future generations.

The Agricultural Conservation Program places emphasis on clean air, pure water, open spaces and more and better wildlife habitat. In 1969 the county committee was allocated \$35,878.00 to help do this big job. This amount was used for sharing the cost with farmers for the following practices: For Establishing Permanent Pasture - 96 farmers were paid an amount of \$23,875.00 for improving permanent pasture and liming cropland - 95 farmers were established \$9,966.00 for establishing a stand of trees for forestry purposes - 8 farmers were paid \$438,900. Five farmers developed springs and seeps for livestock water and received \$700.00.

One farmer constructed a pond for livestock water and received \$89.00. Six farmers installed pipelines and permanent water. (Cont. To 13)

JAMES R. BULLOCK DIES SUDDENLY

James Robert Bullock, 45, of Route 1, Mt. Vernon, passed away suddenly Thursday, June 11 at the Rockcastle County Baptist Hospital. He was born in Rockcastle County on October 9, 1924, the son of William and Mary Robbins Bullock of Mt. Vernon.

Besides his parents, he is survived by his wife, Mrs. Hazel Marler Bullock; three daughters, Mrs. Vivian Suffage of Dayton, Ky., Mollie Lou and Betty Jean Bullock, both at home; three sons, Charles Edward, at home, James William of Mt. Vernon, and John Lee Bullock, both at home; three sons, Charles Edward, at home, James William of Mt. Vernon and John Lee Bullock of Maxwell, Ala.; five sisters, Mrs. Minnie Rice of Greenville, Tenn., Mrs. Marie Hubbard of London, Mrs. Hazel Reed, Mrs. Maw Bryant, and Mrs. Irene Boner, all of Mt. Vernon, two brothers, Kenneth Bullock of Mt. Vernon and Donnie Bullock of Paris; one half-brother, Oscar Bullock of Mt. Vernon, and six grandchildren.

Funeral services were conducted Saturday, June 13 at the Cox Funeral Home Chapel with Bro. Lester Arnold officiating. Burial was in the Marter Family Cemetery.



Arvel Burdette of Route 2, Mt. Vernon, who's family was named Dairy Family of the Year during Dairy Day activities last year, is shown in the cooling room of his milk parlor with his new milk cooler machine which has a capacity of 500 gallon. Mr. Burdette, who with the help of his wife and two sons operates a 210-acre farm on Brindle Ridge, milks 38 cows at present. 30 Holstein and 8 Guernsey. Mr. Burdette estimated his average monthly production at 30,000 pounds. The Burdette's also raise one acre of tobacco, 38 acres of corn, 30 acres of hay, and an acre of peppers.

County Road Aid From State Increased \$34,000 Since 1968

Annual State Aid for Rockcastle County's roads has increased more than \$34,000 during the past two years, Governor Louie B. Nunn announced today. This is an increase of 20.6 per cent from the fiscal year 1967-68 to the 1969-70 fiscal year. Rockcastle County's Rural Secondary program went from \$186,891 in the 1967 fiscal year to \$205,985 the next fiscal year, and to \$218,538 this fiscal year. This represents a 17 per cent increase in funds available for rural road improvements. The 1970-71 fiscal year allotment was announced recently at \$231,700. County Road Aid money has also increased significantly. For the 1967-68 fiscal year, Rockcastle County received an allocation of only \$74,637. The following fiscal year, the allotment was \$89,564. This fiscal year, the allocation was \$97,028. Another increase is expected in next year's fiscal allocation soon to be announced. The increase since fiscal year 1967 has been approximately 30 per cent.

Commissioner of Highways Eugene Goss explained that the County Road Aid and Rural Secondary programs are two ways in which the state helps the counties meet their responsibility for county roads. The county road programs are helping the counties to build and maintain a better road system, Goss said.

YOUNG REPUBLICANS WILL MEET JUNE 19

There will be a meeting of the Rockcastle County Young Republican Club on Friday night, June 19 at 7 p.m. in the courthouse of the Property Valuation Administrator. The purpose of the meeting will be to elect a president for the club.

REVIVAL SET FOR BAPTIST CHURCH

Revival services will begin June 22 and continue through the 28 at the Bible Baptist Church located 2 1/2 miles south of Mt. Vernon on U.S. 25. Bro. Louie Carver, pastor of the Bentley Memorial Baptist Church in Lexington, will be the evangelist for the services which will begin each evening at 7:30 p.m. Bro. Paul Burton, pastor, and the congregation cordially invites the public to attend these services.

MRS. BROUGHTON DIES AFTER LONG ILLNESS

Mrs. Elizabeth Broughton, 89, of Route 1, Brodhead, passed away Friday, June 12 at the Rockcastle County Baptist Hospital after a long illness. She was born in Putaski County on September 2, 1880, the daughter of the late John Robbins, and was a member of the Ottawa Baptist Church. Survivors are one daughter, Mrs. Pauline Carmichael of Lockland, Ohio; one son, Cecil Broughton of Route 1, Brodhead; one sister, Mrs. Cora Smith of Waynesburg, 14 grandchildren and 26 great grandchildren. (Cont. To 13)

Rockcastle To Receive Additional Blacktop This Year

Governor Louie B. Nunn today announced that Rockcastle County will receive 12.05 miles of blacktop on county roads this year.

The Governor said that the project will be in addition to the regular County Road Aid allotment. Highway Commissioner Eugene Goss said, "Rockcastle County has only 34 percent of its county roads blacktopped, which is a very low percentage compared to the state average. This mileage allotment is intended to alleviate this situation."

The projects authorized are listed as follows: the Buckeye Road from the Hummel Road to Buckeye School (0.25 mile), the Hummel Road from US 25 to the Buckeye Road (1.5 miles), the Slattery Branch Road from US 150 extending southwest 1/2 mile, the Wildie-Clear Creek Road from the end of the blacktop extending northeasterly 2 miles, the Hopewell Road from the Chestnut Ridge Road to Hopewell Church and Cemetery (2 miles), the Chestnut Ridge Road from the end of the blacktop to the Hopewell Road (1.2 miles), the Old State Road from the Scaffold Cane Road extending northwesterly 1.5 miles, the Bowling Ridge Road from the south city limits of Brodhead extending westerly 1 mile and the Mareburg-Wald Road from US 150 to KY 1250 (1.6 miles).

In a story in Monday's Courier-Journal, the following additional blacktop, Goss reportedly stated, "I just can't explain why those two counties (Rockcastle and Graves) were included, unless we made mistakes in our calculations or there was some compelling reason."

Bids to be opened June 26 are for these counties, with the number of miles to be blacktopped listed: Adair 36.5 miles, Caldwell 32.3, Casey 28.4, Clay 32.5, Clinton 16.9, Crittenden 31.1, Cumberland 29.1, Estill 26.5, Jackson 33.9, Knox 21.2, Laurel 28.4, Lee 20.5, Leslie 11.9, Lincoln 16.8, McCreary 17.1, McLean 15.4, Magoffin 26.7, Meade 9.7, Ohio 24.9, Owsley 22.0, Powell 13.6, Pulaski 19.0, Rockcastle 12.0, Russell 17.1, Wayne 15.1, Whitley 34.5, Bell 7.8, Calloway 23.6, Carter 12.9, Graves 13.9, Hancock 21.5, Henry 7.9, Livingston 8.6, Muhlenberg 20.2, Spencer 5.7, Union 11.4, Webster 13.4, and Wolfe 11.7.

School Board Meets; New Teachers Hired

Three new teachers were hired at last Thursday night's meeting of the Rockcastle County Board of Education. On a motion by Willie Taylor seconded by Kenneth Adams, Jamie Lynn Mullins, Dorothy Williams, and William Lynch were hired for the coming school year. All board members voted yes except for Virgil Mullins who did not vote for Miss Mullins because of relationship.

Continuing contracts were also renewed to seven teachers by the board. Eligible for the contracts after having taught four years were: Rose Sharon McKinney, Kenneth Cornelison, Nancy Parker, Loreta Bingham, Delphia Cox, Charles T. Baker, and Billy Cameron.

The board also approved personnel for the vocational summer program. Approved were: Tom Payne, teacher; Buford Parkerson, aide, and Douglas Hamm, supervisor.

Superintendent Charles Parsons was authorized by the board to advertise for bids on janitorial supplies, school bus insurance, luncheon equipment and food, and materials for miscellaneous improvements requiring bids.

In other business, the board hired J. Courtenay Horton, C.P.A., to audit the financial records of the board, authorized payment to the architect of the new high school, of up to 33% of his contract when capital outlay funds become available; voted to heat the new school with all-electric heat if possible financially, and approved an application for emergency teachers if needed for 1970-71.

Teachers for the coming school year have not been placed. However, all principals will remain at the same schools as last year with the exception of course of Bige Tower who replaced D.A. Robbins as principal of Brodhead. No assistant principal has been hired for Brodhead as yet.

The next regular meeting of the board will be held July 9. BRO. GEORGE MURPHY DIES IN LEXINGTON. Bro. George Washington Murphy, 79, of Mt. Vernon, died Wednesday morning, June 17, at the Good Samaritan Hospital in Lexington following an illness of several weeks.

The body will be at the Sparks Funeral Home from 2 p.m. Thursday (today), until 11 a.m. Friday morning when it will be taken to the Mt. Vernon Pentecostal Church to lie in state until services Saturday morning, June 20, at 11 a.m. Burial will be in Elmwood Cemetery.

Further details were not available at press time of the Signal.

ATTEND DAIRY DAY THIS SATURDAY



By: Clay A. Colson
America's eyes have been on the "glamour" sciences in recent years. The wonders of medicine, electronics-of moon landings-etc. and they are wonders. But down to earth, on hundreds of plots in many kinds of soil, scientists who call themselves agronomists have also been at work. They have done to keep these soils from wearing out equals any moon landing man will ever make. Soils testing laboratory Soils testing laboratories and research centers in every state symbolizes man's quiet mission not only to get the most profitable return from his soil but also to conserve its life-giving fertility. Trouble shooting programs, demonstration projects and similar programs operate out of University and Industry labs all across the land.

They don't make the headlines. CBS News Roundup never mentions them. The New York Times rarely gives them an inch, and agronomic research money is often cut to support more "popular" programs. But keep plugging that goodness, and out in America's pulselands, small newspapers still talk about soil with the reverence the National Association of Soil and Water Conservation Districts has long displayed when it says: "Consider this soil. It lies as far as the eye can see. It covers millions upon millions of acres around the globe, yet it is a rare thing and cannot be replaced. "This soil is a living thing, yet it can be destroyed. "If the soil is God's gift to mankind, given unto our stewardship," yet it can (Cont. To 13)

Ser Cooper Says He Won't Make Race

Senator John Sherman Cooper Monday ended the month's long speculation of whether he would seek the Republican nomination for governor with his announcement that he would not be a candidate for that office. Senator Cooper told reporters, "I have come to the conclusion that it is best for the party to select one of its able young leaders."

With Cooper's refusal to run, the Republican party will have to delve into its ranks to run a relative unknown. Indications are that there will be little or no dissenion in the May primary but that the state Republican leaders will support the governor's choice for a successor.

FRED BAKER, 74, DIES WEDNESDAY

Mr. Fred Baker, 74, of Pine Hill, passed away early Wednesday morning June 17, at his home. He was born in Rockcastle County March 12, 1896, the son of the late Billy and Nancy Baker and was a veteran of World War I. Besides his wife, Mrs. Effie Mason Baker of Pine Hill, he is survived by two sons, Norman Baker of Livingston and Chester Baker of Louisville; two daughters, Mrs. Naomi Mink of Route 2, Mt. Vernon, and Mrs. Evelyn Meredith of Louisville; two brothers, Robert Baker of Lebanon Junction. (Cont. To 13)

MRS. HOLSING, 88 DIES SATURDAY

Mrs. Eliza Belle Holsing, 88, of Route 2, Mt. Vernon passed away Saturday evening, June 13 at the Rockcastle County Baptist Hospital. She was born in Clay County August 27, 1881, the daughter of the late Fidel and Elizabeth Smith Robinson and was a member of the Williamsburg Baptist Church.

She is survived by two sons, Cleborn Russel Holsing and William Judson Holsing, both of Route 2, Mt. Vernon; two brothers, Elbert Robinson of Lexington and Bill Robinson of Hebron; four sisters, Mrs. Carrie Smith and Mrs. Lizzie VanWinkle, both of Mt. Vernon, Mrs. Alonzo Lindsay of (Cont. To 14)

JOHN D. COTTENGIN DIES JUNE 13

John David Cottengim, 74, of Brodhead, passed away Saturday, June 13 at the Ft. Logan Hospital in Stanford. He was born in Rockcastle County September 19, 1895, the son of the late John and Mary South Cottengim and was a retired L & N Railroad employee, a member of the Junior Order of United American Mechanics, and a member of the Brodhead Baptist Church. Survivors are his wife, Mrs. Lula Mae Bustell Cottengim of Brodhead; five daughters, Mrs. Ruby Gabbard and Mrs. Ora Overbay, both of Brodhead. (Cont. To 14)

Work is progressing rapidly on the city's bait shop at Lake Linville. As can be seen from the above photo, the walls are virtually completed and ready for the roof. The shop, along with restroom facilities, is expected to be completed for use the latter part of this summer. The city is also having widening work done on the road around the lake. (Cont. To 13)

Library Notes

New books received from the State Regional Library. Among them are:

A BEGGAR IN JERUSALEM, by Elie Wiesel. To the Six-Day war, the author gives all the weight of their feelings and its enormous importance as a political event in this remarkable novel. **THE COOKIE COOK-BOOK**, by Deloris Clem. This is probably the largest collection of cookie recipes ever gathered into one volume.

CONFIRM OR DENY, by Phil Goulding. This is the lively account, by a former Assistant Secretary of Defense for Public Affairs, of some crises, controversies and fascinations in the Pentagon in the late sixties.

A GOOD PLACE TO WORK AND DIE, by Winifred Van Atta. This is a suspenseful tale of a diabolical crime, based on

one of the cleverest stock manipulations the market has ever seen.

HAWORTH HARVEST, by Bryson Morrison. This story of the Brontes adds to our knowledge of their daily lives, of their feelings for one another, of the sister's concern for their highstrung brother and for the father who outlived them all. **HOUSE OF GOLD**, by Elizabeth Cullinan. With its careful buildup of detail and the portrayal of the opposing elements in the life of a family "House of Gold" is a compelling and moving novel.

HOW SWEET IT WAS, by Arthur Shulman and Roger Youman. This volume presents a definitive history of television in text and pictures, that every reader will find nostalgic and amusing.

I AM MY BELOVED, by Lisa Sergio. Few women in all history have had a more dramatic or ex-

traordinary life than Anita Garibaldi—a memorable true love story.

IN DARKNESS, by Roger Bourgeon. A novel about a man's great personal courage in overcoming a handicap that threatens to cut him off forever from the joys of life.

MEMOIRS OF A STAR, by Pola Negri. An autobiography of a great star of the silent film era.

MOTHERS ARE ALWAYS SPECIAL, by Celestina Sibley. The author writes of some very special mothers—ordinary women, stumbling along with neither special know-how or vision, rearing children as well as they can. **NORMAN VINCENT PEARL'S TREASURY OF COURAGE AND CONFIDENCE**. The author's personal selection of the prose, poetry and quotations he has found most helpful in his long service as minister and advisor to millions of people.

A PRIDE OF MONSTERS, by James Schmitz. Five superb science fiction stories.

SEASON OF EVIL, by Susan Morrow. A young martinet maker goes to the Virgin Islands on business, but becomes involved in a black militant plot to take over the island.

SPANISH QUEST, by Roy Alan. A man in search of his father discovers his country, today's Spain...its people, politics, traditions.

UP THE ORGANIZATION by Robert Townsend. send. The author utters a blast of wild and wise advice to the businessman, to the manager and to everyone who is, or



FIVE GENERATIONS—Five generations of the Helton family were together recently at Orlando. Members of the family are, from left: Mrs. Margaret Helton of Orlando, granddaughter of Tennessee Hensley, son of Mrs. Hensley, and Mrs. June Alice Knuckles, Mt. Vernon, daughter of Mrs. Helton, and her daughter, Sarah June Knuckles.

Dairy Princess' Favorite Recipe

Dairy Princess' Favorite Recipe

The 1969-70 American Dairy Princess, Frances Bispo, calls this lemon-scented dessert her favorite dairy recipe. The combination of cottage cheese and cream cheese makes it a lighter-than-usual cheesecake.

FRANCES BISPO'S CHEESECAKE

CRUST:
1½ cups graham cracker crumbs
2 tablespoons sugar
¼ teaspoon cinnamon
¼ teaspoon nutmeg
6 tablespoons (½ stick) butter, melted

FILLING:
5 eggs
1 cup sugar
1½ cups cottage cheese
1 package (8 oz.) cream cheese
1 package (3 oz.) cream cheese
2 teaspoons grated lemon peel
3 tablespoons lemon juice

might tomorrow be, trapped in the organizational sludge that stifles people and strangles profits.

VICTORIAN JEWELRY by Margaret Flower. How can you tell if a piece of jewelry is early, mid or late Victorian? How was jewelry related to fashion? These and many more questions you may have regarding antique jewelry are answered in this informative book.

WOMAN'S OWN BOOK OF FLOWER ARRANGEMENTS. With simple clear text and beautiful illustrations this is the ideal book for both the beginner and the expert flower arranger.

ALEXANDER AND THE WIND-UP MOUSE, by Leo Lionni. Alexander thought that Willie the wind-up mouse had the best life possible. However, he soon realizes that there are certain advantages to being a real mouse. PreS.

EASY DOES IT! THINGS TO MAKE, AND DO, by James Razzi. A how-to do it book for youngsters filled with games to play and things to make from basic, found-in-every-home items. 4/6.

THE FISHERMAN UNDER THE SEA, by Miyuki Matsutani. A Japanese fairy tale lovingly illustrated in glowing colors. K-3.

FLIGHT TOWARD HOME by Wolfgang Ecke. A small boy's journey across war-ravaged Germany is presented with a direct simplicity that makes this volume a tribute to all innocent victims of war. 5-up.

HARLEQUIN HORSE, by Suzanne Wilding. Wendy's summer looms long and dull until she is offered the loan of a horse, a loan that turns Wendy's summer into one of hard work, exciting challenges, and near-disastrous mystery. 5-up.

JOURNEY TO AMERICA, by Sonia Levitin. A special story of courage—the Platt family leaves Hitler's Germany, leaving all the people they love as well as their possessions and begin the long journey to the promised land of America. 4/5.

In a quick thinking moment, Pres

THE MYSTERY AT THE OLD HOUSE, by Anne Katherine Roller. Old

Miss Caram's diamonds are the objects of a search by several people including the Davis twins. Their detective work finally brings results with the help of a stray colie, a pony who plays tag, a black cat, and a frightened mouse. 4/6. NICHOLAS FAVORITE (Cont. To 10)

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William K. Bullen Farm Bureau Agent



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Don Combs of Don's Discount Store

Herschel Jones of Berea Drive-in Restaurant and formerly of Southern Belle Dairy.

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Pressure Fried Juicy'n Tender

2 pc. Snack Pac \$1.00

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9 pc. Thrifty \$2.69

15 pc. Family Bucket \$3.95

21 pc. Barrel \$5.95

Give Mom a Break!!!

Phone Your Order 256-4290

MT. VERNON DAIRY FREEZE

Good Foods-on-Go Come from Dairyland

'Captain's Dinner' Makes Fine Fare For All Landlubbers, Too

With boating growing in leisure-time popularity, many of the first mate who finds herself aloft with a hungry crew these warm-weather weekends. If your family has just joined the fleet, perhaps you'll find two-burner cooking a voyage into the unknown.

Take some tips from this "Captain's Dinner" menu for smooth sailing. Remember that cooking and eating space are limited. Keep food simple and hearty—like Beef and Beans, a trio of beans with sweet-sour sauce and melon balls which owe their delectable lightness to evaporated milk, used as an ingredient.

To accompany the main dish, use ready-to-serve items that demand no seamy slavery. Rolls and butter, refreshing milk, and fruit and cheese, a favorite dessert you can vary. Try Swiss and Cheddar with fresh peaches. Munster and Brick cheese with plums. Cheddar, Swiss or Munster with grapes.

Do as much ahead-of-time preparation as possible. The casserole can be made and refrigerated at home.

aboard and kept chilled before stove-top re-heating on the boat. Or, bring it hot in an insulated casserole if you plan to eat immediately after casting off. You can prepare it on the boat, too, if you like. Salad greens can be readied ahead, tossed at the last minute, too. Sour cream with seasonings stirred in dresses them in style—and so easily you'll want to use the idea often.

Now, relax and enjoy the trip—good planning and good food make for a happy crew!

BEEF AND BEANS

Meat Balls
1 pound ground beef
1 cup dry bread crumbs
2 tablespoons minced onion
1 teaspoon salt

Dash of pepper
1/2 cup evaporated milk
Beans
5 slices bacon, cut up
2 cups sliced onion
1/2 cup firmly packed light brown sugar
1/2 cup vinegar
1/2 teaspoon dry mustard
1/2 teaspoon garlic powder
1 can (1 1/2 oz.) kidney beans, drained
1 can (1 lb. 1 oz.) green lima beans, drained
1 can (1 lb. 12 oz.) baked beans

In a bowl lightly mix beef, crumbs, onion, salt, pepper and evaporated milk. Shape into 12 balls 2 inches in diameter; set aside. In large covered skillet, fry bacon until crisp; remove from drippings. Add meat balls and brown slowly on all sides; remove meat balls. Add onion and sauté until tender. Drain off drippings. To onion add sugar, vinegar, mustard and garlic powder; simmer 5 minutes. Add beans and bacon; cover and simmer 20 minutes, stirring occasionally. Place meat balls on top of beans; cover and simmer an additional 15 minutes. Makes 6-8 servings.

CELERY SEED DRESSING

1 tablespoon sugar
1 tablespoon vinegar
1 teaspoon salt
1 teaspoon celery seed
1/2 teaspoon prepared mustard
Dash of pepper
1 cup dairy sour cream

In a bowl blend together sugar, vinegar, salt, celery seed, mustard and pepper; fold in sour cream. Cover and chill to blend flavors. Yield: 1 cup.

CANTALOUPE LA MODE
2 medium cantaloupes
1 pint strawberry ice cream
Strawberries, optional

BOONE

We had a good day for the good rain we had Saturday. It will certainly help the gardens in this area which were beginning to look bad for lack of rain.

Mr. and Mrs. Ken Long visited her sister, Mrs. Bert Lunsford, and Mrs. Joyce Brown at Berea Sunday afternoon. Mrs. Lunsford remains very ill.

Mr. and Mrs. Long also visited Mr. and Mrs. Jim Lunsford, who are both ill, recently. A speedy recovery is wished for them.

Mr. and Mrs. Charlie Chasteen and daughters of Berea visited his brother, John Henry Chasteen, and Mrs. Chasteen Tuesday afternoon.

Tom Loman has been very ill. Those present were Mrs. Edward Daugherty and Lori, Mr. and Mrs. Gaffer Cash, Mr. and Mrs. Walter Cash and Netza Gale, Mrs. Maxine Daugherty and Larry, Mr. and Mrs. Otis

who left for the Army June 15. Those present were Mrs. Edward Daugherty and Lori, Mr. and Mrs. Gaffer Cash, Mr. and Mrs. Walter Cash and Netza Gale, Mrs. Maxine Daugherty and Larry, Mr. and Mrs. Otis

Burton, Terry and Debbie, Mr. and Mrs. Clinton Brown and Mary Jo, and Mr. and Mrs. Sherman Thompson. Recent visitors of Mrs. Susie Chaney were Mr. and Mrs. J.W. Chaney (Cont. To 7)



Good luck indeed for a potluck supper gathering is Ham and Cheese Casserole. Onion and celery seed add flavor; green pepper and pimiento add color to the meat-macaroni-cheese dish.

Perfect for Potlucks Good Go-Along Main Dish

This summer, it's potlucks and family reunions. Other times, it's likely to be a church supper or a PTA affair. The potluck supper is a newer out of season. Ham and Cheese Casserole is a good recipe to keep in mind for such occasions. It features Cheddar and cottage cheese with chunks of ham and tender macaroni. Mix and refrigerate at home, keep it cold for the brief trip to the dinner site, and bake it there, if convenient—it takes just half an hour in the oven, and serves 8-10. Hearty and flavorful, it's likely to get you more potluck invitations than ever!

HAM AND CHEESE CASSEROLE
1 package (7 oz.) elbow macaroni
1/2 cup (1/2 stick) butter
1/2 cup chopped green pepper
1/2 cup chopped celery
1/2 cup chopped onion
2 1/2 cups salted all-purpose flour
2 teaspoons celery seed
1/2 teaspoon salt
1/2 teaspoon pepper
1 1/2 cups milk
2 cups (8 oz.) shredded Cheddar cheese
2 cups dried cooked ham (about 8 oz.)
1 cup cottage cheese
2 eggs, slightly beaten
1/2 cup chopped pimiento
Cheddar cheese slices

Cook macaroni according to package directions; drain. In a second pan, melt butter; sauté green pepper, celery and onion 2-3 minutes. Blend in flour, celery seed, salt and pepper. Remove from heat; gradually stir in milk. Cook over medium heat, stirring constantly, until thickened. Cook 2 additional minutes. In a large bowl combine macaroni, Cheddar cheese, ham, cottage cheese, eggs, pimiento and white sauce; blend well. Turn into a buttered 2-quart casserole and bake in a preheated 350° oven 30 minutes. Remove from oven; garnish top with cheese slices. Allow to stand a few minutes before serving.

Sandwichery for the Grill

Frankfurters, cheese and foil are a winning combination for picnics. Mix the zesty filling and stuff frankies ahead of time. Then wrap in foil and refrigerate. At departure hour, pop them into a cooler, pick up and go. The sandwiches should be kept refrigerator-cold until you're ready to grill them.

CHEESY FRANKS
2 cups (8 oz.) shredded Cheddar cheese
1/2 cup chili sauce
1/2 cup pickle relish
1 teaspoon leaf oregano
8 frankfurters
8 hot dog rolls

In a bowl combine cheese, chili sauce, relish and oregano. Slice frankies lengthwise, but do not cut through. Fill with cheese mixture, placing about 3 tablespoons in each. Place frankfurters in rolls. Place sandwiches on rectangles of aluminum foil. Seal carefully and twist ends. Heat in preheated 400° oven or on grill 15-20 minutes. Yield: 8. Note: Sandwiches may be prepared ahead, wrapped in foil and kept refrigerated until baked in oven or on grill. Serve them piping hot.

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You can feast on the natural flavor and wholesome goodness of fresh dairy products. (And isn't it nice? You won't have to cook.)

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Summertime... and the livin' is even better when milk and dairy products are a part of the menu. These versatile energy foods can add sparkle to your cookouts. So, the next time you shop, think dairy... because "carefree summer eating" begins with milk and dairy foods.

June is dairy month

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Around BROADHEAD



Gary Dees, an all-Ohio basketball player who averaged 32.8 points for New Miami High School, is shown signing a grant-in-aid to attend Miami University. Looking on are Jerry Peirson (left), assistant coach, and Darrell Hedric, Miami's head basketball coach.

Gary Dees Of N. Miami To Enter Miami U.

Gary Dees, an all-Ohio player from New Miami High School, has become the first player signed to a basketball grant-in-aid by Miami University's new Coach Darrell Hedric.

Dees, a 6-5 forward, averaged 32.8 points and 14.1 rebounds this past season. The holder of every basketball record at New Miami, Dees scored a career total of 1,314 points.

"We are very pleased that Dees has selected Miami University," stated Coach Hedric. "He is the type of young man that we want to repre-

Personals

Bill Cox and William Day were in London last Sunday to attend a horse show. Rev. and Mrs. Ray Offutt and son, Mr. and Mrs. Monroe Turpin are spending a week's vacation in Georgia and Florida.

Mr. and Mrs. L.A. McKinney, Jr. of Lexington and Mr. and Mrs. Bob McKinney and son

visited their father and family over the week end. Mrs. Douglas Hamm and daughter and Mrs. Nora Harris were in Danville Thursday on business. Mrs. John Hamm and Mrs. Douglas Hamm were in Lexington Wednesday shopping. Mrs. Oscar Day was in Cumberland last week to attend the funeral of her sister. She also visited in Morristown, Tennessee.

Mr. and Mrs. Wallace Halcomb and family visited Mr. and Mrs. Clyde Morris Saturday.

Richard Quarles, son of Mrs. Margaret Brock, had the misfortune of receiving a leg injury from a lawn mower recently. He is reported doing fine. Miss Ruby Price, Margaret Barnett and Nannie York and Darlene were in Lexington Wednesday on business.

Mr. and Mrs. Preston Halcomb and children were Sunday guests of Mr. and Mrs. S.W. Halcomb and family.

Mrs. Mary Martin and Sally Harper visited Suda Halcomb Sunday evening. We wish to extend our sympathy to Mrs. Davy Cottensin and other relatives in their loss.

Carlene Robbins celebrated her 11th birthday Sunday evening with a party, 17 guests attended. She is the daughter of Melberia Robbins.

Mr. and Mrs. Lewis Owens, Mr. and Mrs. Roscoe Frith of Morrow, Ohio, Mr. and Mrs. Harold Rash and sons, Larry and Timmy of Sharonville, Ohio recently enjoyed a week's fishing trip at Silver Leaf Lodge on Rice Lake in Ontario, Canada. They brought home filets from 1,550 rock bass, perch, and blue gill. Roscoe Frith is the "warner" on site, Jack Rigby, of Broadhead.

This week's visitors of Vernon Cash were Mr. and Mrs. Jimmy Lott of

Fruit and Cottage Cheese Make Appetizing Loaf



Citrus peel, apricots and prunes go into this fruit quick bread — but the surprise ingredient is cottage cheese. It gives the bread an "extra" in flavor and moistness.

This perfect salad couple, cottage cheese and fruit, are equally good, if surprising, companions in this quick bread recipe. It bakes into a golden-brown, fruit-laden delight, moist and flavorful.

The fresh-baked bread makes a luscious summer lunch with no more than fruit salad and milk as accompaniments. Or let it act as a flavor complement to cold sliced beef or chicken and a crisp green salad. It's pretty splendid snacking, too, at any hour!

Willing "tasters" — and you — will be glad to know that the recipe makes two loaves.

COTTAGE CHEESE FRUIT BREAD
 2 1/2 cup dried apricots
 2 1/2 cup dried prunes
 2 1/2 cup butter
 1 1/2 cup firmly packed light brown sugar
 2 eggs
 1 tablespoon grated lemon peel
 1 tablespoon grated orange peel

Temple, Texas, Jimmy and Vernon were in the service together in North Carolina.

Mrs. Betty Reeks and girls of Louisville are visiting her mother, Mrs. Hazel Leece, this week. Mrs. Arthur Singleton was taken to the Berea Hospital Saturday. We wish her a speedy recovery.

Mr. and Mrs. Vernon Parriman and boys of Springdale, Ohio, and Mrs. Bonnie Ross and son of Garthage, Ohio,

1 1/2 cups (12 oz.) cottage cheese
 2 cups sifted regular all-purpose flour
 2 teaspoon baking powder
 1/2 teaspoon baking soda
 1/2 teaspoon salt

In a 1-quart saucepan place apricots and prunes; add water just to cover fruit. Boil gently, uncovered, about 30 minutes (all liquid should be absorbed). Cool; then chop fruit. In a large mixing bowl cream butter and sugar. Add eggs, one at a time, beating well after each addition. Add lemon and orange peels and cottage cheese; beat well. Sift together flour, baking powder, baking soda and salt; add to creamed mixture and beat at low speed just until combined. Fold in chopped fruits; spread into two well-buttered 7 1/2 x 3 1/2 x 2 1/2-inch loaf pans. Bake in a preheated 350° oven 45-50 minutes. Allow to stand 10 minutes. Remove from pan onto wire rack to cool. Yield: 2 loaves.

spent the week end with their mother, Mrs. Cumie Parriman.

Danny Halcomb is visiting his father, Eugene Halcomb, Mrs. Halcomb and Sherry this week.

Mr. and Mrs. Dan Gray were in Berea Sunday visiting Mr. and Mrs. Gordon Smith and Mr. and Mrs. Lowell Brandenburg and family.

Cousins of Mr. and Mrs. Dan Gray over the week end were their nephew, John F. Stewart, and son John, Jr. of Louisville, and another nephew, Jack Frith. Mrs. Frith, and son, Joel, of Smithfield, Pennsylvania.

Mr. and Mrs. Dan Halcomb had their homecoming Sunday at Levi Jackson State Park. Those attending were:

Mr. and Mrs. Henry Holcomb and Willie of Clinton, Iowa; Mr. and Mrs. Herbert Holcomb and family of Cincinnati, Ohio; Mr. and Mrs. Fred Bishop and girls of Glasgow, Mr. and Mrs. Eugene Holcomb, Danny and Sherry, Mr. and Mrs. Edd Burke and Pam, and Mr. and Mrs. John W. Burke and girls of Broadhead. All reported a nice time.

Mrs. Joyce Holcomb and children were visitors of Mrs. Shirl Brown Thursday.

Mr. and Mrs. Steve Utley of Indiana were last week visitors of Mrs. Mary Martin.

Mr. and Mrs. Edwin Schult of Madison, Indiana visited Mr. and Mrs. Willie Coffey and Mr. and Mrs. Robert Lear over the week end.

Ernest Price, Jr. of West Chester, Ohio visited his uncle, Oather Cox, and other relatives Saturday.

Mrs. Bessie Owens and Mrs. Pauline Boggs of Louisville visited Oather Cox and Dora Sunday.

Frank Singleton of Peoria, Illinois spent last week with his brother, Charlie Singleton, and sister, Mrs. John Coffey, and other relatives and friends.

Mr. and Mrs. Charlie Durham of Louisville were home over the week end with her parents, Mr. and Mrs. Edd Burke.

Mrs. Hickie Middleton and Mrs. Stella Perry and sons were Sunday guests of Mr. and Mrs. Carl Brock and family.

Mrs. Dessie Roberts and Rose Wilson were in Danville Thursday on business.

Samuel W. Halcomb was in Mt. Vernon Monday on business.

Mr. and Mrs. Ronnie

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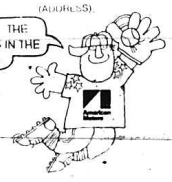
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Social And Women's News

Mr. and Mrs. Shelby Jones of Lockland, Ohio visited his mother, Mrs. Charles Jones, and family over the week end. David L. Henderson and daughters of Dayton, Ohio spent the week end with his mother, Mrs. Lona Logsdon. G.W. Burton has returned home after spending a few days in the Rockcastle County Baptist Hospital. Sunday dinner guests of Mr. and Mrs. Robert Anglin were Mr. and Mrs. W.R. Coffey of Wildie and Lillian Anglin of Henderson.

Mr. and Mrs. Robert Anglin and Nancy were in Somerset last Friday. Mrs. Bennett Burton and Sheila and Mrs. George Burton visited Mrs. Harris Burton Sunday evening. Mr. and Mrs. Bill Anglin visited Mrs. Lona Logsdon one evening last week. Mrs. Lona Logsdon and

Mrs. Novert Kirby attended the funeral of their uncle, David Cottingham, at Brodhead Monday. Mrs. Lona Logsdon and David L. Henderson and daughters visited Mr. and Mrs. Robert Henderson and family at Somerset Saturday evening. Attorney James W. Lambert attended the Kentucky Bar Association Convention held in Louisville last week. He was accompanied there by Mrs. Lambert who visited her uncle and aunt, Mr. and Mrs. R.A. Dolan. Mrs. Dolan has been very ill for some time. E.V. Hilton and Mr. and Mrs. Earl Turner visited Mr. and Mrs. R.A. Dolan in Louisville Saturday. E.V. Hilton, Mr. and Mrs. Bentley Hilton, Mr. and Mrs. John W. Griffin, Mr. and Mrs. James W. Lambert, Jimmy Lambert and Lora Lee, and Mr. and Mrs. Earl

Turner attended the funeral of Steve Patton in London Sunday. Mrs. Maude Purcell has been released from the Rockcastle County Baptist Hospital where she spent a few days recuperating from a fall, and is now at the home of her daughter, Mrs. C.G. Murphy in Amelia, Ohio.

Mrs. Clayton Ponder, who suffered a broken leg in February from a fall and spent some time in the Central Baptist Hospital in Lexington and then home convalescing, is now a patient again in the Central Baptist Hospital at Lexington for further treatment.

Rev. and Mrs. Ray Cummins were in Lexington Monday for the celebration of a Golden Wedding Anniversary. Mr. and Mrs. Burgess Stokes of Lockland, Ohio have returned home after spending several days visiting relatives in Mt. Vernon.

Mr. and Mrs. Wallace Payne of Gas City, Indiana spent several days recently with his mother, Mrs. Dorothy Payne. Mrs. Thelma Kingery and children of Glasgow spent last week with her mother, Mrs. Dorothy Payne.

Mrs. Lester Baker and her mother, Mrs. Amy Meadows, of Lexington visited her sister, Mrs. Ewell Cummins and Mr. Cummins Sunday. Mrs. Carrie Baker and Mrs. Minnie Ponder were in Lexington last Thursday to consult an eye doctor.

Mr. and Mrs. Fred Murrell, at the week end in Columbia visiting her parents, Mr. and Mrs. M.M. Conner.

Mr. and Mrs. Robert E. Taylor and Tina were supper guests of Mr. and Mrs. Edd Taylor recently. Melissa Taylor visited her grandparents, Mr. and Mrs. Edd Taylor Sunday. Mr. and Mrs. Edd Taylor visited Mr. and Mrs. Wayne Taylor and family



ENGAGEMENT ANNOUNCED— Mr. and Mrs. Bert Thacker of Route 3, Mt. Vernon, announce the engagement of their daughter, Dianna Joy, to Hershel Dale Colahan, son of Mr. and Mrs. Charles Colahan of Richmond, Indiana. The bride-elect is a 1970 graduate of Mt. Vernon High School. Mr. Colahan is an employee of the Westinghouse Electrical Co. in Richmond. No date has been set for the wedding.



GRADUATES— Miss Justina Cox, daughter of Mr. and Mrs. Andrew Cox, Jr., of Mt. Vernon, graduated from Eastern Kentucky University May 31 with her M.A. degree from the College of Arts and Science.

AUXILIARY MEETS— The Ladies Auxiliary of the Rockcastle County Baptist Hospital met at the hospital Monday evening for their regular meeting. Officers were elected for the coming year. They are Mrs. Rissie Wright, president, and Mrs. R.H. Hamm, vice president. Other officers will be elected at the next meeting. Work was planned for the coming year, including some very important features, which will be announced at a later date.


COMMITTEE MEETS— The Rockcastle Nutrition Committee met at the courthouse Tuesday afternoon, with Harold Mink, Chairman, to discuss their work in Rockcastle County. Carrie Baker was elected Secretary and Publicity Chairman. Mrs. ZI Graves introduced the speaker, Mrs. Regina Fannin, of the Northeast Area Development Council, who spoke on Nutrition Demonstration Projects for these 60 years of age and over. Mrs. Fannin was accompanied to Mt. Vernon by Beulah Benton, Secretary of the Northeast Area Development Council. Another meeting was scheduled with the date to be announced later.

MULLINS ENLIST— According to SFC Harry Bliser, Army Recruiter for this area, Freddie Dale Mullins, son of Mrs. Hattie V. Mullins and the late Otto Mullins, enlisted for the guaranteed option of Officer Candidate school. In the U.S. Army, recently. Mullins, a graduate of Livingston High School and recently of Eastern Kentucky University where he majored in Metallurgical Engineering, is at the present time in Fort Leonard Wood, Mo. undergoing eight weeks of basic training before reporting for Officer Candidate School. *****

GRAY PROMOTED— Tyree Gray, Jr., 31, son of Mrs. Maggie Gray of Mt. Vernon, recently was promoted to Army specialist four at Ft. Wainwright, Alaska where he is a cook in Company C, 1st Battalion of the 171st Infantry Brigade's 47th Infantry. His wife, Patricia, is with him at the fort.

ABNEY RE-ENLISTS— Sergeant Wendell K. Abney, son of Mr. and Mrs. Virgil Abney of Route 1, Mt. Vernon, has re-enlisted in the U.S. Air Force after being selected for career status. Sergeant Abney, a computer repairman at Ft. Lee Air Force Station, Va., was approved for re-enlistment by a board which considered his character and job performance. He is assigned to the 4638th Support Squadron, a unit of the Aerospace Defense Command which protects the U.S. against hostile aircraft and missiles. The sergeant, a 1965 graduate of Mt. Vernon High School, attended the University of Kentucky and the University of Maine. His wife, Pamela, is the daughter of Mr. and Mrs. Gerald B. Earls of Corbin. *****

TRY OUR CLASSIFIEDS - THEY GET RESULTS!!!



A THOUGHT FOR THE WEEK

By Roy Martin

On Father's Day, dad is 'supposed' to have his slippers brought to him; to have his pipe or cigars handed to him; to have the right to select TV programs of his choice on his special day when he is 'King' ... Most dads are realistic though and understand even if these 'Kingship' advantages don't happen.

Lets face it, there are all sorts of fathers, just like all sorts of women and children. Some dads are considerate, some inconsiderate. Some are affectionate, some indifferent. Some are contented, some discontented. Some are happy, some unhappy. Some are ambitious, some are not. Some are companions to their families, some are aloof.

In all these contrasts, one thing stands out. Beerd relationship is one thing. A friendly relationship is another thing. And a blood relationship without a friendly relationship is tragedy. For all of you who read this, we sincerely hope Father's Day is a triumphant day... a friendly day for all fathers and families - everywhere...

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As a symbol of our thriving Dairy Industry, the dairy cow pays our community well... with everything from flavorful, enjoyable dairy foods that boost health and energy to more business for merchants, farm suppliers and others. The dairy industry boosts our local economy.



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WE SALUTE you, Dairy Farmers. May we serve you?

Sunday. Mr. and Mrs. Clifford Bates spent Monday and Tuesday in Lexington to attend the State County Court Clerk's Convention at the Continental Inn.

Mr. and Mrs. Jim Pritchard of Lima, Ohio were Thursday dinner guests of Mr. and Mrs. Willie Niceley.

Mr. and Mrs. Willie Niceley and Mr. and Mrs. Thomas Renner and Lisette of Lexington visited Mr. and Mrs. Bob Taylor and Barbara in Arlington Heights, Ohio Sunday.

Mr. and Mrs. Lloyd Cash and children, Peggy and Lonnie, were in Lexington Monday to take Lonnie for a check-up. He is reported doing fine.

Mr. and Mrs. John W. Griffin attended the graduation of their granddaughter, Peggy Ann Robbins, June 6 from the University of South Carolina at Columbia. They spent a week at Aiken, South Carolina visiting their daughter, Mrs. W.B. Dewberry, Mr. Dewberry, and Peggy Ann.

Mr. and Mrs. John W. Griffin spent Sunday with their daughter, Mrs. O.L. Oliver, Mr. Oliver, Vicki Lynn and John Norman at Mt. Sterling.

Guests of Mrs. Lyda Howard Sunday were Mr. and Mrs. Charlie Ball of London. Monday visitors were Mr. and Mrs. Harve Bond and daughter, Deloris, of Maple Grove.

Mr. and Mrs. Logan "Buster" Wilnot were in Elizabethton, Tennessee last week on business.

William "Willie" S. Chastain, formerly of Rockcastle County now living in Louisville, is recovering nicely following an illness of twelve weeks and two operations.

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COLOGNE and After-Shave LOTION

One Father's Day gift that will go on year after year.
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SHAVE LOTION, 5 oz. Pre-Electric SPRAY COLOGNE, 5 oz. Matched fragrance groomers specially for him!

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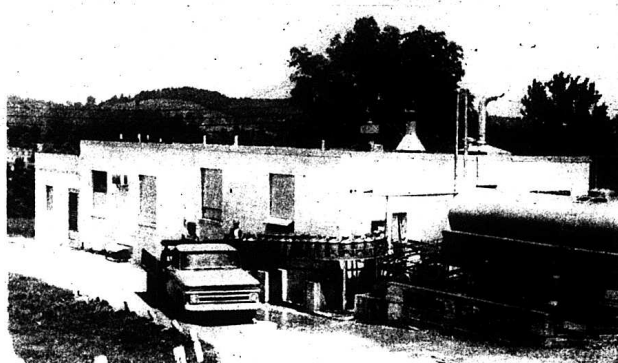
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We, at Armour Creameries take this occasion -- JUNE DAIRY MONTH -- to thank each and every one of our milk patrons for their confidence and loyalty. We also want to include our business associates and our friends in the state and federal agencies serving agriculture. Their cooperation is greatly appreciated.

On our part, we pledge our best efforts to the manufacture of dairy products that meet the highest quality standards and provide a profitable and enduring market for milk producers of this area. We will strive to expand these markets.

With all of us working together, dairying can become a still greater factor in the economic and social life of Central Kentucky. Let's make every month DAIRY MONTH.

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"YOUR HOME MILK MARKET"

Outlook Bright For State's Dairy Industry

by Wallace L. Campbell
Dairy Specialist
Division of Markets
Ky. Dept. of Agriculture

An astonishing transformation has been occurring in the dairy industry during the past 19 years.

Quietly and steadily, a revolution has been taking place in milk production. Since 1950, the nation's dairy cow numbers have decreased 42 percent, from 22 million to about 12 1/2 mil-

lion, the lowest since 1887. During the same period, total milk production in the U.S. has held steady.

What has happened in Kentucky and what implications do these changes have for the future of dairy production in this state? Kentucky's cow population has declined 41 percent, but total milk production has increased since 1950.

Dairy production has been much more stable

In Kentucky than in most of the other South Central states. The farm value of all milk produced by Kentucky farmers during 1969 amounted to 130 million dollars. These figures do not include the considerable dollar value of all dairy animals sold for beef, calf calves, dairy beef, etc. This contributed about 16 per cent of all livestock income. Thus, dairying makes a major contribution to the economy of Kentucky.

Much effort is expended by government officials and others to attract new industry to this state. Dairying is an already existing industry capable of expansion, with varying numbers of production "plants" located in most counties. The natural resources of land, climate, topography, markets, and "people power" which Kentucky offers the dairy industry makes it an even greater potential contributor to the state's economy.

Kentucky has tremendous potential to become a major dairy state in the Southeast. At the present time, it ranks 10th among all states in numbers of milk cows; 5th in the production of American cheese; 2nd in evaporated milk; and 12th in the over-all production of milk. The state is ideally suited for dairy production and is making rapid strides in both the quality and quantity of forages harvested. Climatic conditions eliminate the need for the expensive insulated and ventilated buildings required in northern states. The milk marketing picture in Kentucky is excellent. On September 1, 1968, dairymen in a large milk-marketing cooperative was formed; it has members in approximately 2,000 Kentucky Grade A producers are among the 7,000 members of this organization. It provides Kentucky dairymen with one of the strongest voices in milk marketing in the United States. We already have about 15,000 manufactured milk producers in Kentucky that are presently supplying milk for our manufacturing plants in Kentucky. These manufactured milk producers supply about half of the milk produced in Kentucky.

In 1969, cows in Kentucky averaged 6,963 pounds of milk, compared with the national average of approximately 9,150 pounds per cow. This is a bold indicator that our dairy industry has made only moderate progress in putting improved dairy cattle feeding, breeding and management practices into use.

The future for Kentucky dairymen is bright, but it can become even brighter by more widespread adoption of the practices which are already available. These include: (1) Keeping of and using production and farm business records; (2) Earlier harvesting of hay for higher quality; (3) Maximum use and increased production of corn silage; (4) Use of superior sires available through artificial insemination; and (5) Challenging high-capability cows with feeding programs balanced to meet nutrient requirements.

The progress made by our dairymen during the past decade provides a solid foundation for the future. We have a number of natural conditions which make Kentucky an ideal area for dairy production -- expanded production of the capacity we have for forage production, plus the good location we have in relation to marketing centers, the dairymen of Kentucky should add much to our agricultural economy in the coming years.

Be A Gentle-Man To Old Bossy For Profit

Profit from the dairy herd is the big interest of all dairymen. One of the easiest ways of increasing these profits is from the giving of tender-loving care at milking time. Nonense to this say many dairymen, but milking schools held throughout Kentucky have definitely proven that it will pay off for you -- not only in shorter milking time, but in more milk.

To do the milking job right, stimulate the cows by washing the udder carefully with warm water and disinfectant. Dry the udder and in one minute it will be time to place the milker on the cow. Watch the milk flow, and when it slows down, machine strip the cow lightly and answer the machine off the cow in 4 to 5 minutes after it goes on.

All of this has to be done in a gentle loving atmosphere. This does not permit the feeding of calves while the milker is on the cow. That always takes longer than expected. Nor does it allow for time answers the telephone, visit with the neighbor, that just stopped by to check on tobacco plants or hay cutting. A fast scattering of bedding or feeding a few bags of hay does not fit the gentle fast milking procedure. Getting the cow into the milking parlor is a part of the gentle care. Yapping dogs cause cows to hold up their milk. Just as bad is the man hurrying to get through so he can get to the field or

to another job. Prodding with a stick costs in milk lost let down. Most dairymen know that the milk let down is controlled by the secretion of a hormone. Without this hormone--secretion cows fail to let-down their complete milk production. Anything that excites the cow in the least or disrupts the normal procedures of milking stops the secretion of this hormone and this automatically cuts the milk let-down.

In milking schools cows have been excited by abnormal procedures and then milked. After milking was completed they were given an injection of oxytocin -- the milk let-down hormone -- and then milked again. Cows so treated have shown that from 1/2 to 4/5 of the total production is withheld due to the excitement. So if you are not being a "gentleman" with your cows now is the time to start and increase the milk production and save time in milking.

By: Smith T. Powell, Jr.
Vo-Ag Adult Education

"OTTAWA"
(Cont. From 4)
and family of Blue Ash, Ohio, Mr. and Mrs. Carter Chaney and family, Mr. and Mrs. Carl Whitaker and family of Reading, Ohio and Mr. and Mrs. Thomas Chaney of Mareburg.
Mr. and Mrs. Tom Simpson and Thomas Da-

vid of Cincinnati, Ohio spent last week end with Mr. and Mrs. Guy Hamm, Mrs. Bettie Farris, and Mrs. Nancy Burdine. Bro. and Mrs. Noah Broughton and daughters of Radcliff visited Mr. and Mrs. Guy Hamm. They were called here due to the death of Mr. Broughton's grandmother, "Mrs." Elizabeth Broughton, who passed away June 12 at the Rockcastle County Baptist Hospital in Mt. Vernon. Much sympathy is extended to the family.

We are glad to report Mrs. Mattie Brown home after being a patient at the Rockcastle County Baptist Hospital. Miss Nancy Jane Ste-

vens of Louisville is visiting her grandparents, Mr. and Mrs. Ambrose Albright and Josephine. Mr. and Mrs. Herman Larkin and granddaughter of Cincinnati, Ohio visited Mr. and Mrs. Guy Hamm and Mrs. Bettie Farris last Tuesday.

We want to welcome Mr. and Mrs. Gaffer Cash to the Ottawa Community. They have moved to the property of Milton Brown. Mrs. Olney Surton spent part of last week visiting her children in Bowling Green.

Randall Brown spent part of last week in Lexington visiting Mr. and Mrs. Gene Bishop. Dewey Roberts is a patient in the Somerset City

Hospital where he underwent surgery Monday. We wish him a speedy recovery.

"BRODHEAD"
(Cont. From 5)
Cincinnati, Ohio with her sister, Mrs. Frances Robbins, and family. Mr. and Mrs. Walter Adams and Mrs. Joann Price visited Mr. and Mrs. Hubert Adams Sunday. Mr. and Mrs. Vernon Dishon and Grab Orchard visited Mr. and Mrs. Walter Adams Sunday. Willis Coffey celebrated his 80th birthday Sunday. Those who attended reported a nice time.

WANTED

SEWING OPERATORS AT COWDEN LANCASTER CO., LANCASTER, KENTUCKY. APPLY MONDAY THROUGH FRIDAY FROM 8 A.M. TO 3 P.M. EXPERIENCE NOT NECESSARY. (We are an equal opportunity employer.)

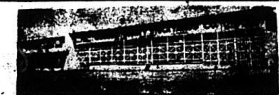
Make Your Dairy Dollars Jump



Keep your dairy herd down to earth, of course—but plan your feeding program so milk production will "shoot for the moon." We're here to help with scientifically developed, vitamin-enriched high protein feeds to meet the special needs of calves, heifers, dry cows or milkers. Trust us to us to keep milk production up with modern, milk-making feeds.

Thanks, Dairy Farmers, for bringing us some of the best foods on earth -- dairy products.

Burton's Feed & Supply
Willits, Ky.



FEDERAL-STATE MARKET NEWS, Fri. June 12, 1970; Lancaster, Ky.

TOTAL RECEIPTS: 900.
Cattle: 503; Calves: 185; (compared to last week) Slaughter cows strong to 50¢ higher, slaughter bulls steady, slaughter calves untested last week, vealers 75¢ lower, feeders not fully tested. Slaughter Cows: Commercial 21.50-23.10, Utility 21.00-23.50, Culler 19.00-21.00, Canner 17.40-19.00. Slaughter Bulls: Utility to Good over 1000 lb. 26.30-27.30. Slaughter Calves and Vealers: Few choice 250-280 lb. calves 34.00-38.00, mixed Good and Choice vealers in graded pen 27 lb. 29.25. Feeders: Steers: Choice 520-475 lb. 33.00-34.50, Good 750-1012 lb. 27.70-28.25. Good 400-550 lb. 33.25-35.75, Standard and low Good 27.25-33.25. Heifers: Choice 500-700 lb. 30.00-31.00, Standard and low Good 24.00-27.50, few Choice 300-500 lb. 31.00-32.25, Good 29.00-31.00, Standard 26.50-29.00.
Hogs: 279; (compared to last week) Barrows and Gilts fully 1.00 higher, slaughter sows not fully tested. Barrows and Gilts: U.S. 2-3, 220-240 lb., 24.60-24.95. Slaughter Sows: U.S. 2-3, 420-540 lb., 17.30-17.50. Horses, Ponies and Mules: 33; No Quotes.

Garrard County Stockyards Co.

Check Day Of Sale
Sales of All Classes Of Livestock Every Friday
LANCASTER, KENTUCKY
Under U.S. Government Supervision & Bonded For Your Protection.



EXPERT HELP ON FERTILIZER AND SPREADER
Crop or pasture land, dairy profits grow, too, when the right fertilizers are used to help you get more out of your acreage. Rely on us for custom-mixed fertilizers to fit your needs.
Stewart Fertilizer Service

Jim's Dollar Discount

Main St. Mt. Vernon

HAVE

DRASTICALLY REDUCED

DRESSES, TENNIS SHOES, SHIRTS, & PURSES FOR DAIRY MONTH

SALE ENDS JUNE 20

DAIRY DAY

SPECIALS

SAT. JUNE 20 ONLY

FOR DAD ON "HIS DAY" June 21st

20% Off on Suits and Sport Coats



ON One Table of Higrins and H. I. S. Slacks Buy One at Regular Price and Get One FREE.

Tamie & Jean Castle Summer Sports Wear

20% OFF



ROBINSON'S

Main St.

Mt. Vernon

Saluting The Dairy Farmers Of Rockcastle County

The Rockcastle County Livestock Improvement Association and the Cumberland Production Credit Association salute the Dairy Farmer of Rockcastle County not only during June Dairy Month, but all through the year. Dairying like many other operations on the farm has made many changes in the last several years. It was not until after World War II that we began selling milk in cans. Before then, only cream was sold to the many cream buying stations in the county. The skimmed milk was fed to the hogs. There was several varied ways of separating the cream from the milk. One of the first ways was to let the milk set a few days and then skim the cream off the top with a spoon or some other type of kitchen utensil. Second was the cold water method in which milk was put in a small upright tank with a valve at the bottom and then the milk was run out this valve until nothing was left in the tank but the cream which had settled at the top of the tank before the milk was run out. A third way was the use of the hand turned separator which separated the cream from the milk. The cream came out on top and the milk the other. "Oh, that dreadful turning." With the next invention we were in for a treat. Along came the electric cream separator. Just pour the milk in, plug in the separator to an electric socket, and sit back and watch the electric do the work. This was the beginning of a

great production for the Dairy Farmer. Later after World War II things began to really happen. Several milk companies began to send milk trucks into the county to pick up milk in cans. After the farmers had milked, the milk was then poured into 10 gallon cans and either put in water troughs or wooden barrels were cut in half and filled with cold water. In order that the milk could be kept cooled until the milk truck came to pick up the milk. The farmer didn't have to struggle with this barbaric method very long as the next wonderful invention was the milk cooler which was run by electricity. Around this time milk companies began to buy "Grade A" milk in cans. Then bulk milk tank coolers and bulk milk tank trucks came along. Today we have pipeline milking equipment with automatic washing and other modern day equipment. In addition to our equipment, how about our feeding program? Have we progressed as much with it, and have we improved our herd production? If not, we need to begin today, planning for a better forage and feeding program along with improving the cows to a point of higher production. Average production is not good enough today and good will not be enough tomorrow. If we want to really make progress and those "green backs" in our dairy business. Our dairymen comprise a progressive industry. As Dr. Darwin Braund says in an article in this issue, Kentucky's cow numbers have decreased 41 percent. But total milk production has increased. In other words greater efficiency has enabled our dairy farmers to produce more milk with fewer cows.

Presently, Kentucky ranks 10th nationally in numbers of milk cows. We rank second in the production of evaporated milk and fifth in the production of American cheese. While a source of pride, high ranking in a given area is only meaningful when measured in terms of benefits realized. As I noted earlier, dairying makes a major economic contribution to our State's economy. If past progress is a barometer, and potential for growth can be realized, the importance of dairying will be greater to the dairymen, and our economy as well in the years ahead. This is the message I SEE IN "June Dairy Month."

QUAIL

Mr. and Mrs. Marion Mink visited Mr. and Mrs. Tony Mink and Mrs. Becky Owens Saturday evening. Miss Mattie Mae Bullock and Lee Bullock of Ohio visited their parents Mr. and Mrs. Arthur Bullock and family during the week end.

Dairy Day Is Sat., June 20



Revival

Church of The NAZARENE
Mt. Vernon, Ky.

JUNE 22 - 28
7:30 P.M. Nightly

Rev. Dolores Melvin Who Is
Now Pastor Of The Church Will Be The Speaker. Special
Singing Nightly. Come and Enjoy The Services With Us.
EVERYONE WELCOME

SUBSCRIBE TO THE SIGNAL

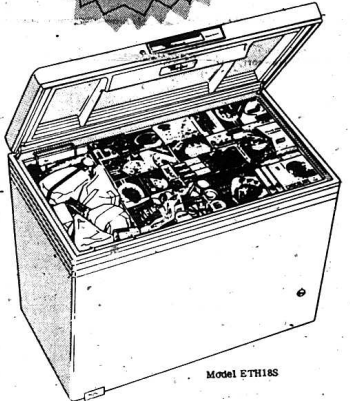
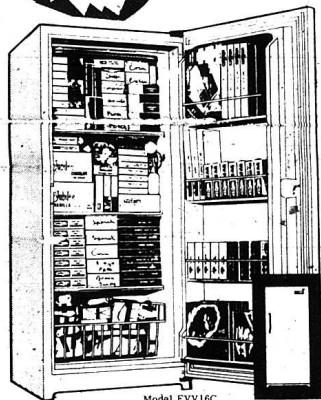


OUR BEST FREEZER VALUE!

Your choice of WHIRLPOOL chest or upright model

ONE LOW PRICE!

239⁹⁹ EACH



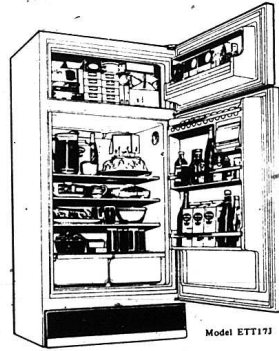
- Upright holds up to 550 Lbs. Food
- Big 16 Cu. Ft. Capacity
- Scientific Fast-Freeze System
- Adjustable Temperature Control
- Porcelain Interior
- Chest hold up to 624 Lbs. of Food
- Big 18 Cu. Ft. Capacity Fast-Freeze
- System Quick Defrost Drain System
- Adjustable Temperature Control
- Porcelain Interior

AND YOU GET DOUBLE PROTECTION
5 YEARS ON SEALED SYSTEM 5 YEARS ON FOOD SPOilage
1 YEAR ON OTHER PARTS 1 YEAR FREE LABOR

"BIG VALUE"

"BIG VALUE"

"BIG VALUE"



- 15.7 Cu. Ft.
- No-Frost
- Adjustable Shelves
- Zero-Degree Freezer

309⁹⁹

- 16.5 Cu. Ft.
- No-Frost
- Large Crispers
- 135 Lb. Freezer

299⁹⁹

- 16.5 Cu. Ft.
- Adjustable Shelves
- Steel Meat Pan
- Reversible Doors

319⁹⁹

Jerry's Tire Center

Jerry Hamm

Richmond St. 256-2122 Mt. Vernon

R. H. Hamm

Agriculture Commissioner Salutes Dairy Industry

June is National Dairy Month and Kentucky dairymen and others of the dairy industry are joining their counterparts throughout the nation in holding special observances. To say that "June is Dairy Month" is to speak a message in itself. On the other hand, being a long-established observance, one might question what, if anything new, can be added to what has been said in the past. Furthermore, many people, feeling they have more important things to think about, just give a passing thought to any special day, week or month. Adding to the situation is the fact that hardly a week goes by without it being designated as honoring or saluting

some event, group or occasion. Yet, a majority of the weeks or months declared as special observance note in one form or another, achievements being realized by man. To me, it is proper that we take time to recognize and appreciate the fruits of our labor, or the advancements being made for the betterment of man's livelihood and society. Working in agriculture, I naturally hold a greater awareness—and interest, in those observances saluting agriculture. But one need not be directly associated with agriculture to appreciate its contribution to human health. Milk is of course nature's most nearly per-

= DAIRY MEN. =

We At The Hen House Restaurant Salute You For Your Fine Product.

Rod & Marie Tolan
Datha Hansel
Martha Cameron
Anna Belle Phillips
Smiley Allen Rose Hansel

Square Deal

By: H. Lee Durham

Once a year, in June, we pause to pay tribute to one of the greatest segments of Rockcastle County's agriculture. June is the time when we honor Her Majesty

the Dairy Cow, and all the wealth and health she produces. She takes the grasses and greens of the fields and converts them into the most nearly perfect food - milk. Today there is so much

emphasis on dieting and using low calorie foods that a lot of substitutes for milk and milk products have appeared on the market. In fact some people may think you're a square if you insist on getting real milk, butter, cheese and other milk products instead of some cheaper substitute. But what is wrong with being a square?

"Back in Mark Twain's day, square was one of the fondest words in our language, among the top ten of any lexicographer's list. It gave a man a square deal if you were honest. And you gave him a square meal if he was hungry. You stood foursquare for the right, as you saw it, and square against everything else. When you got out of debt, you were square with the world. And that was when you could look your fellowman square in the eye. There is a lot of strange characters got hold of this honest, wholesome word, bent it all out of shape, and gave it back to our children. Convicts gave it the first twist. To them a square was an inmate who would not conform to the convict code. From the prisons it was flashed across the country on the marijuana circuit of the postboys and hipsters. Now everyone knows what a square is. He is the man who never learned to get away with it, a man who volunteers when he doesn't have to; a guy who gets his kicks from trying to do something better than anyone else can; a boob who gets lost in his work and he has to be reminded to go home; a fellow who laughs with his belly instead of his upper lip; a slob who still gets all choked up when the band plays "America the Beautiful."

"He doesn't fit too neatly into the current group of angle players, engineers, sharpshooters and goof-offs. He doesn't believe in opening all the packages before Christmas. He doesn't want to fly now and pay later. He's burdened down with old-fashioned ideas of honesty, loyalty, courage and thrift."

During June is DAIRY Month in 1970, to the tune of "Be A Clown... let's all sing / Be a Square - All the World loves a Square."

Lot of folks firmly believe in borrowing in haste and returning at leisure.

Importance of Dairying In Rockcastle County

By: Ted Ramsey, Vo-Ag Teacher

The combined business created by the more than 200 dairy farmers, the Armour Creamery, the truckers, technicians, distributors and handlers of milk in Rockcastle County is equivalent to a factory working more than 300 persons at an average annual wage of \$6000.00. The business and professional people, the workers and all others concerned would be very happy to see such a size factory come to the county. In fact, they would spend much effort and money to induce such a size factory to locate here.

On the other hand, how many of us realize the importance of dairying to Rockcastle County? Too many of us take this enterprise for granted even though it has been for many years giving employment of upwards of 300 or more persons and creating volumes of business for many people and organizations in this community.

In 1964 more than 250 farmers milking cows sold more than 1/2 million dollars of milk pro-

ducts in Rockcastle County. It is true many farmers have switched from dairying to beef since then, but the rise in price of milk has offset this loss and milk sales is greater today than ever before. The average size farm in Rockcastle County is a little over 100 acres. In many cases much of this 100 acres is not suited to tilled crops and must be kept in timber or grass. Any farmer working a farm of this size must go to intensive enterprises such as dairy cows, feeder pigs and cash crops like peppers and cucumbers. He must produce much per acre by putting more man labor into the enterprise. And dairying is the animal enterprise that will give the greatest return per acre and at the same time utilize the grass, hay and man labor.

One good dairy cow giving 12,000 to 14,000 pounds of milk a year will make a gross return of \$600 to \$700. Compare this to a beef cow producing one 600 pound calf a year valued at about \$150 to \$180. Of course, the beef cow will need less care and housing and can use poorer roughage, but it takes three times as many beef cows to pay the mortgage, pay taxes, build a new home and send the kids to school.

A farm of 100 acres that can support 20 beef cows will have a gross return of about \$3500 a year. The same farm with modern labor saving equipment and family labor can support 20 dairy cows. These cows will make a gross return of

\$12,000 to \$15,000. It is true there will be more expenses with dairy cows, but the net profit will still be 2 to 3 times that of the beef cows. But our small to medium-

sized farms producing pasture, hay and some grain need cows to convert them to a product with the highest value and this is milk. Dairying should be the basic animal enterprise on such farms and then supplemented where possible and as needed by such enterprises as feeder pigs, and cash crops like cucumbers and peppers.

Now!! At... Glenn Pennington Automobiles Berea, Ky Open Till 7 P.M. Each Evening

- 1969 CHEVROLET, Impala, 2 Dr., HT, blue
- 1969 CHEVROLET, Impala, 2 Dr., HT, green
- 1969 CHEVROLET, Impala, Custom, 2 Dr., HT, white/blue interior
- 1969 CHEVROLET, Impala, 4 Dr., HT, Air Cond., gold/black vinyl roof
- 1969 FORD LTD, 2 Dr., HT, white/black vinyl roof
- 1968 BUICK, LeSabre Custom 400, 2 Dr., HT, White/black vinyl roof
- 1968 CHEVROLET, Impala, 4 Dr., HT, blue
- 1968 DODGE, Coronet 440, 2 Dr., HT, Auto., Dark blue
- 1968 FORD LTD, 2 Dr., HT, Air Cond., green/black vinyl roof
- 1968 OLDS Luxury Sedan, Air Cond., Charcoal/black vinyl roof
- 1968 PONTIAC Tempest LeMans, Convertible, Auto., dark green/black top
- 1968 PONTIAC Catalina, 4 Dr., HT, Air Cond., green/black vinyl roof
- 1968 VOLKSWAGEN Sunroof, Dark Green
- 1967 BUICK LeSabre, 4 Dr., HT, Air Cond., beige
- 1967 CAMERO, 2 Dr., HT, white/black vinyl roof
- 1967 CHEVROLET, Impala, Super Sport, 2 Dr., HT, gold/black vinyl roof
- 1967 DODGE, Pick-up truck, red
- 1967 FORD Fairlane, 6 Cyl., Auto., White/red interior
- 1967 OLDS, F-85 Cutless, 2 Dr., HT
- 1967 PLYMOUTH Fury II, 4 Dr., Auto., Dark blue
- 1967 PONTIAC, Catalina, 2 Dr., HT, Air Cond., gold black vinyl roof
- 1967 PONTIAC Catalina, 2 Dr., HT, burgundy/black vinyl roof
- 1966 BUICK Skylark, 4 Dr., HT
- 1966 CHEVROLET, Impala Super Sport Cpe., blue
- 1966 OLDS F-85 Station Wagon
- 1966 PONTIAC Catalina, Convertible
- 1966 PONTIAC Bonneville, 2 Dr., HT, burgundy/black vinyl roof
- 1966 PONTIAC Tempest LeMans, 2 Dr., HT, white/black vinyl roof
- 1965 CHEVROLET, Impala, 2 Dr., HT
- 1965 CHRYSLER Newport, 4 Dr., Air Cond.
- 1965 FORD Fairlane 500, 2 Dr., HT
- 1965 MERCURY, 4 Dr., HT, Air Cond.
- 1965 OLDS F-85 Sedan, 4 Dr., Sedan
- 1965 OLDS 98, 4 Dr., HT
- 1965 PLYMOUTH Station Wagon
- 1965 PLYMOUTH Fury II, 4 Dr., blue
- 1965 PLYMOUTH Fury II, 4 Dr., HT
- 1965 PONTIAC Bonneville, 2 Dr., black
- 1964 FORD Fairlane, 2 Dr., HT, maroon
- 1964 THUNDERBIRD, Landau, 2 Dr., HT, red/black vinyl roof
- 1964 RAMBLER Station Wagon
- 1963 CHEVROLET, Impala, 2 Dr., HT
- 1963 FORD Custom, 4 Dr., 6 Cyl., Straight shift
- 1963 MERCURY, 2 Dr., HT
- 1963 PONTIAC, Bonneville, Convertible red
- 1963 PONTIAC Catalina, Convertible

NORTH CITY LIMITS BERA, KY.

Open Till 7 P.M. Each Evening

Speaking of Efficient Machinery

...She's Indispensable, but she's just part of a Successful Dairying Operation

Sound management, good business judgment and just plain hard work are indispensable, too. That's why we proudly salute our dedicated Dairymen whose efforts and skills contribute so much to the health and welfare of our community.

To help with the hard work... to save labor and time and assure maximum production... Dairymen have long looked to us for modern, efficient farm equipment and the service to keep it in top condition. We invite you to consult us about equipment geared to your dairying needs.

Parson's Equipment Co.



COOLERS - Easy to Make

Rainbow Milk Drink: In pitcher or bowl, soften 1/2 pint lime, orange, lemon or raspberry sherbet. Gradually and thoroughly blend in 1 quart milk. Stir in 1/4 teaspoon vanilla. Serve in chilled glasses.

Lemon Buttermilk Cooler: In blender or electric mixer, blend 4 scoops lemon sherbet, 2 tablespoons sugar and 1 pint cold buttermilk. Serve icy cold. Yield: 4 cups.

Orange-Coffee Punch: In a large bowl blend together 3/4 cup triple-strength coffee, chilled; 2 tablespoons sugar and 1 teaspoon orange extract. Pour in a chilled punch bowl. Top with small scoops of orange sherbet. Serve immediately. Yield: 4 1/2 cups.

Ice Cream Brownie Torte

Tantalizing. That's the never-fail combination of brownies and ice cream. Particularly in this version in which refreshing peppermint stick ice cream forms alternate layers with the chocolate brownie for a torte that could be the hit of a summer birthday party.

Besides its just plain lushness, the torte is a make-ahead dessert that will await your pleasure in the freezer.

ICE CREAM BROWNIE TORTE
 1 package (about 1 lb. 6 oz.) brownie mix
 2 eggs
 1/2 cup water
 1/2 cup chopped nuts
 1 quart peppermint stick ice cream

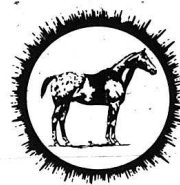
Line 3 round, 8-inch cake pans with foil. In a bowl combine brownie mix, eggs, water and nuts. Blend with a spoon. Divide evenly into pans. Bake in preheated 350° oven, 15-20 minutes. (Do not overbake.) Cool in pans on wire racks 5 minutes. Remove to racks to cool completely; carefully remove foil. About 3 to 3 1/2 hours before serving divide ice cream into thirds. Spread one-third on each brownie layer, stack. Freeze until serving time. Remove from freezer; top with chocolate sauce and serve. Makes 10-12 servings.

WHIPPED SOUR CREAM TOPPING
 1/2 cup dairy sour cream
 1/2 teaspoon vanilla
 2 tablespoons confectioner's sugar

In chilled bowl whip sour cream until double in bulk; add vanilla and sugar and continue beating until well blended.

Note: Sour cream will thin out during the early part of the whipping, but with continued whipping (5 minutes) it will thicken and double in volume. However, it will never become as thick as whipped cream.

WELCOME To The Second Annual Renfro Valley All-Appaloosa HORSE SHOW



Sponsored By THE EAST MADISON RURITAN CLUB & THE BLUE GRASS STATE APALLOOSA HORSE CLUB, INC.

Sat., June 20 at 12 noon E.D.T. Sunday, June 21 at 9 a.m. E.D.T.

Renfro Valley Horse Show Grounds Renfro Valley, Kentucky

Judges - Norman & Sandy Wint
 Announcer - Burl Spallock
 Ring Master - Gerald Cummins
 Show Chairman - Bobby Elkins

NOW OPEN ESTIL'S SINCLAIR SERVICE U.S. 150 and U.S. 25



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ESTIL'S SINCLAIR SERVICE

ESTIL J. OWENS, MANAGER

U.S. 150 & 25

Mt. Vernon, Ky.

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County Correspondents

WILLAILLA

Mrs. Mary Taylor is ill at the University of Kentucky Medical Center at Lexington. A speedy recovery is wished for her.

A large crowd attended the funeral of Mrs. Elizabeth Broughton at the Liberty Baptist Church Sunday, Smyth. It is extended to the family.

Recent visitors of Mr. and Mrs. W.E. Burton were Mr. and Mrs. Harold Denny and daughters, of Indianapolis, Indiana; Russell Long, Lewis Brown, Mr. and Mrs. Owen Burton, Gail and Janet, Mr. and Mrs. Floyd Barker of Mason, Ohio; Mr. and Mrs. Russell Norton of Cincinnati, Ohio; Mr. and Mrs. Gary Taylor, Mrs. Virgie Brown, and Cecil Thompson.

Sympathy is extended to the family of William Brown.

Mrs. Jewell Ping is on the sick list. We wish her a speedy recovery. Lena Earl and children and Wilma Earl and son visited Cumberland Falls and Lake Cumberland recently.

Roger Ping of Indianapolis, Indiana is visiting his grandparents, Mr. and Mrs. Jim Stevens, and Mr. and Mrs. Austin Ping, Mr. and Mrs. Junior Kinney of Indianapolis, Indiana, have moved back to their farm here.

Mr. and Mrs. Lloyd Burton and family and Pattie Turner all of Cincinnati, Ohio spent the week end with his

parents, Mr. and Mrs. Grover Burton.

J.B. Stepp is ill at his home. A speedy recovery is wished for him.

Mr. and Mrs. William Deborde of Cincinnati, Ohio spent the week end with Mrs. Wanda Thompson and other relatives.

Mrs. Dora Burton and W.E. Burton remain about the same.

Herbert Ray Adams of Frankfort is scheduled to undergo surgery at the St. Joseph Hospital in Lexington in the near future.

Mr. and Mrs. Bill Green of Frankfort are vacationing in Georgia and Florida.

Mr. and Mrs. Dee Norton of Somerset visited his mother, Mrs. Julia Norton, Sunday.

Mr. and Mrs. Vernon Taylor and family of Indianapolis, Indiana spent the week-end with Mr. and Mrs. Cecil Thompson and other relatives.

Mrs. Cleo Owens remains ill at her home at Level Green. A speedy recovery is wished for her.

Mrs. Lena Childers, Mrs. Mary Brown, and Anna Brown visited Mr. and Mrs. Jimmie McWilliams Sunday.

Sunday dinner guests of J.M. Burton were Mrs. Robert Grover and Mrs. Fannie Coomer of Somerset.

Mr. and Mrs. Floyd Brown and family of Cincinnati, Ohio, have been visiting Mr. and Mrs. C.J. Brown and other relatives.

Mr. and Mrs. Donald

Active Year for Pretty Californian As 15th American Dairy Princess

Nutrition Notes

Don't eat "like a lady." A government survey pointed an accusing finger at the fair sex, saying that women, 35 and over, generally are the worst offenders where selection of a good diet is concerned.

The same government report called attention to a "hidden hunger" for calcium in millions of American diets, and went on to say, "As most everyone knows, milk is the best source of calcium in our food supply."

"To help you achieve your calcium need, nutritionists recommend that children drink three or more 8-ounce glasses of milk each day; teenagers and pregnant and lactating women, four or more glasses, daily, or its equivalent in other dairy foods."

American Cheese What Is It?

"American Cheese" has a British ancestry. It's really Cheddar, first made in this country soon after 1620 by the Pilgrims. The English called it Yankee Cheddar to differentiate between it and their homemade variety.

American cheese has also been called, among other names, yellow cheese, store cheese, Herkimer County Cheese and - most American of all - apple pie cheese. (Incidentally, the town of Cheddar in England has longer produce cheese.)

Smith and sons are visiting at Williamsburg.

ROUNDSTONE

Mr. and Mrs. Junior Sexton of Indiana visited his mother, Mrs. Sarah Sexton this week.

Mr. and Mrs. Charles Seals of Hot Springs, Ark. are spending this week with Mr. and Mrs. Donald Seals.

Other recent visitors of Mr. and Mrs. Donald Seals were Mr. and Mrs. Matt Seals, Mr. and Mrs. Frank Mullins, Mrs. Edd Lyons and children, Mr. and Mrs. Cecil Anderkin, Mrs. Mattie Croucher and

When candidates from 30 states gathered for the selection of the 1969-70 American Dairy Princess in Chicago last year, their first meeting was an informal group picture-taking session. One returned from it to report positively to her mother, serving as her hottest chaperone, "it's got to be the girl from California."

She was right! The red roses and sparkling crown went, this day, to Mary Frances Mary Bispo, 30, a dark-eyed brunette from Merced, California. The daughter of Mr. and Mrs. Lawrence Bispo, she lives with her parents and two younger brothers on a 36-acre dairy farm with a herd of 45 Holsteins.

Royal Appearances

Her coronation started the 5'9" Merced Junior College sophomore on a round of activities as official representative of American Dairy Association's dairy farmer members, speaking up for milk.

She poured milk for the Western Conference champion Oakland Raiders football team during their assignment. As guest of honor, she greeted the 6,000 dairywomen and their families who gathered for the year's largest dairy convention — the second annual meeting of Milk Producers, Inc. — in Fort Worth, Texas. There she shared billings with such notables as economist Dr. Walter W. Heller of the University of Minnesota, Texas Governor Preston Smith, and Bill Datta, the "Joke Jinxer" of television fame.

At International Milk Day in Buffalo, New York, Frances was joined by other dairy royalty — princesses from England and Wales, Canada, the Province of Ontario, and New York State. She was interviewed at the Los Angeles County Fair for a segment of the NBC television program, "Agriculture, U.S.A.," which was aired on 60 stations throughout the country.

Frances will spend the \$2,000 cash scholarship, which goes with her title, on furthering her education. She feels her experience as American Dairy Princess will be valuable to her in whatever career she pursues.

She'll cap her year as American Dairy Princess with a flurry of June Dairy Month appearances. And though she'll end her reign with some regrets that it's over, she will have more time to devote to her favorite pastimes — riding, baseball, basketball and sewing — after she crowns her successor this last of June.

"LIBRARY NOTES" (Cont. From Page 3)

PET, by Inger and Lasse Sandberg, Nicholas wants the best possible pet in the whole world; however, some of his suggestions such as an elephant or a rhino do not meet with his parent's approval. But eventually they are able to agree on one pet which will satisfy all concerned. K-3.

THE ONE BAD THING ABOUT FATHER, by F. N. McInjo, The bad thing about father is that he is President of the United States. A delightful biography of Theodore Roosevelt as viewed through the eyes of his children, 1-3.

Safeguard Your Investment



With Complete Insurance Protection

To guard against financial loss, plan ahead with us. We write complete insurance coverages for your dairy herd, your farm property and home. Consultation without obligation.

We Salute You, Dairy Farmers!
NORTON INSURANCE AGENCY

Still living in the ice age?



Change now to a no-frost electric refrigerator-freezer!

No more ice tray tug-o-wars with the new electric refrigerator-freezers. No defrosting—ever! Because there's no frost build-up, even in hot, sticky summertime weather.

And the side-by-side electric refrigerator-freezer is like a supermarket in your kitchen. Plenty of storage space, so you can take advantage of quantity discount prices. Lets you cut down on lining shopping trips, too. Big on convenience, but the new electric refrigerator-freezers take no more floor space than your old refrigerator. See for yourself at your dealer's today.

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ADMIRAL - ZENITH - MOTOROLA Television UNICO - Deep Freezers

ROCKCASTLE FARM SERVICE

William St. 256-2516 Mt. Vernon, Ky.

Dealers in GOODYEAR TIRES, RCA TELEVISIONS AND STEREOS, AND WHIRLPOOL APPLIANCES.

JERRY'S TIRE CENTER

Richmond St. Ph. 256-2122 Mt. Vernon

REMINDER TO

Elmwood Cemetery Lot Owners and Others Interested. The Rockcastle Co. Jaycees have a project to rebuild the Cemetery wall.

Amount of your donation to this project

Amount of your donation for upkeep of Cemetery lot.

Your past donations and cooperation are appreciated, please return this card with your donations to:

ELMWOOD CEMETERY ASSOCIATION
c/o W.H. COX SECY.
MT. VERNON, KY. 40456

June is dairy month

Watch Your Dairy Dollars

GROW

YOUR PRODUCTION CREDIT ASSOCIATION is Proud of the Dairy Farmers for making Rockcastle County a better and more productive county for all of us. We would like to extend to you, our Blessings for a brighter and more prosperous year ahead. Let's all remember to use pure dairy products for health and vitality.

Roy G. Brown, Field Representative
We are proud to salute, proud to serve the Dairy Farmers of our great community, who make every month of the year Dairy Month.

ONLY A HOSPITAL is equipped and staffed 24 hours a day—to provide life-saving services and supplies.



ONLY A PHYSICIAN can diagnose, admit, and order hospital services and supplies.

Only YOU Can Decide To Protect You And Your Family Against The Cost Of Today's Health Care.

People want to be able to pay for necessary Hospital and Doctor bills without interfering with their plans. And that is what BLUE CROSS' and BLUE SHIELD' is all about—helping you budget in advance for the cost of unexpected illness or accidents.

CHOOSE YOUR HEALTH CARE PROTECTION FROM THESE REALISTIC BENEFITS:

For Hospital Services—BLUE CROSS
• Up to 70 days coverage for each confinement
• \$20, \$25, \$30 or \$35 room allowances
• Covered hospital services PAID IN FULL

For Physicians Services—BLUE SHIELD
• Schedule C, surgical allowances up to \$270
• Schedule D, surgical allowances up to \$405
(Both include allowances for in-hospital medical, x-ray and anesthesia)

With comprehensive Blue Cross and Blue Shield, Schedule C or D, you are eligible to apply for additional protection available through the Extended Benefits' Endorsement. This endorsement adds and increases specified benefits OUT-OF-THE-HOSPITAL, DURING HOSPITALIZATION AND FOLLOWING HOSPITALIZATION.

BLUE CROSS' and BLUE SHIELD' help give you financial peace of mind in the event of illness or injury. Various programs and benefits are available to eligible individuals, families and employee groups of five or more.

(Farm Bureau Members, see your Farm Bureau Agent.)

BLUE CROSS' and BLUE SHIELD'
BLUE CROSS HOSPITAL PLAN, INC. KENTUCKY PHYSICIANS MUTUAL, INC.
3101 Bardstown Road • Louisville, Ky. 40205 • (502) 452-1511

American Hospital Association

National Association of Blue Shield Plans

BLUE CROSS and BLUE SHIELD GROUP PLANS MAY BE FORMED WHERE THERE ARE 5 OR MORE EMPLOYEES VS 470

NAME _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
Please send me, without obligation, information on health care benefits and eligibility requirements.
I am: 64 years of age or under. 65 years of age or over.
 A college student. Interested in forming a group.
I am: A Blue Cross and Blue Shield member, certificate # _____
 Retiring 19. Getting married. Interested in upgrading benefits.

Cumberland Production Credit Assn.

Member of the National Dairy Farmers' Credit Assn.

JUNE IS DAIRY MONTH — AND WE WOULD LIKE TO SAY . . .

CONGRATULATIONS TO THE Dairy Industry!



This month is a good time for all of us to take a closer look at our Dairy Industry. One thing is certain, it has become big business and is getting bigger every day. And our dairy farmers have done an excellent job in increasing production to meet growing demands. They are using the most modern, up-to-date equipment in rigidly controlled modern plants. We salute them for a job well done!

SPARKS FUNERAL HOME

Billy Dowell Roy Martin
Ph. 256-2991

C.C. COX HARDWARE

Hardware and Furniture
256-2815 Mt. Vernon, Ky.

MT. VERNON PRODUCE

Bob Jasper, Owner
256-2241 Mt. Vernon, Ky.

APPLIANCE SERVICE CENTER

Frigidaire - Speed Queen
Plumbing - Heating
256-2626 Mt. Vernon, Ky.

CUMMINS GROCERY

King Korn Stamps and Free Delivery
256-2529 Mt. Vernon

MAGGARD DRUG STORE

Rexall Products
256-2215 Mt. Vernon

ROCKCASTLE FARM SERVICE

Phone 256-2516
Williams Street Mt. Vernon, Ky.

WESTERN AUTO ASSOCIATE STORE

Estill-Hodges, Owner
256-2616 Mt. Vernon, Ky.

BURTON FEED & SUPPLY

758-3280 Willailla

S. T. PROCTOR LUMBER CO.

256-2521 Mt. Vernon

MT. VERNON FLORIST

Ruth Fain - Owner
Across From Cox Funeral Home
256-2091 Mt. Vernon

ROCKCASTLE AUTO PARTS

Jack Bright, Manager
Main St., Mt. Vernon

28.22 JUN '69 Form 17



PARSONS EQUIPMENT COMPANY

"Your Massey-Ferguson Dealer"
Phone 256-2468 Mt. Vernon, Ky.

McBEE DEPARTMENT STORE

Phone 256-2751 Mt. Vernon, Ky.

COX FUNERAL HOME

256-2345 256-4444
Mt. Vernon, Ky.

PARSONS GAS & APPLIANCE SERVICE

256-2288 Route 3 Mt. Vernon

BRODHEAD MILLS

Custom Grinding and Mixing
758-3811 Brodhead

ROBINSON'S

"Clothing for the Entire Family"
Main Street Mt. Vernon

WANTED DO THE JOB FAST!

CLASSIFIED RATES

Local Rates: 4¢ per word - minimum 75¢
 Card of Thanks: 3¢ per word - minimum 75¢
 In Memory: 3¢ per word - minimum 75¢
 Classifieds Charged: 5¢ per word - minimum \$1.00
 Display Classified: \$1.00 per column inch

For Sale

FOR SALE: 1968 heavy duty two-ton Chevrolet truck with 14 foot flat dump. Also 14 foot fishing boat with 20 hp. Mercury motor and trailer. Call 758-3677. 38x3

BLOW-IN INSULATION: aluminum siding, storm windows and doors. For free estimate, contact Preston Collins, Route 2, Mt. Vernon, Ky. Ph. 453-2901. 15x11

FOR SALE: 1969 bedroom trailer located at Mt. Vernon. Call 256-2774 or 256-2742 night. 30x11

LOSE WEIGHT safely with Dex-A-Diet, and remove excess fluid with Fluidex. Only 98¢ and \$1.69 at Maggard Drug.

FOR SALE: 75 sq. ft. of new foam rubber carpet padding, P.O. \$1.19 a square will sell for \$30.00. Holla Perry, Quail, Route 1, Mt. Vernon. 40x11

Reduce safe and fast with Go-Bose Tablets & E-Vap "water pills." Maggard Drug. 40x4

BROADHEAD FAIR: August 10 to 15. 35x12

FOR SALE: One-half Oriskany cow and 3 Chamois calves. Ph. 758-3910. 37x11

FOR SALE: Three acre building located between Mt. Vernon and Berea. Handy level lot, excellent view, good area, 2 roads. See Floyd Owens Real Estate Agency. 40x11

FOR SALE: House located in Broadhead on Albright Street. Redecorated. New wall to wall carpeting. Excellent condition. See Theo Nantz at Brown's Market on Saturdays, 758-2388, or call collect Lexington 277-0113. 40x11

FOR SALE: 340 acre farm with one acre tobacco base. 15 acre corn base. Good main house with 8 rooms, wall to wall carpeting, all conveniences, smoker furnace and overhead basement. Also five-room modern tenant home. Call 256-2908. 40x11

FOR SALE: Four-room house with bath, cool furnace, storm windows and doors, hardwood floors and large garden. Good location in City of Broadhead.

WANTED: Dump Truck Service - Custom hauling. Gravel, dirt for lawns and fill dirt. Also crawler loader service including basement digging. Contact Jack Cromer, Box 164, Mt. Vernon, or call 256-2580 or 256-2139. 33x11

WANTED: To let us clean and beautify your garments to keep them looking their best. "Let Johnny on the Spot." Your professional quality cleaners. SANITARY CLEANERS. Ph. 256-2713

WANTED: Back hoe, small dozer, and bobbing work. Jimmy and Kenneth Cromer. Ph. 256-4222 or 256-2769. 24x11

WANTED: Birds on standing timber, easy to log. Around 9,000 feet of Poplar, White,

and Red Oak. See Rolla Perry at Quail, Route 1, Mt. Vernon. 40x11

For Rent

FOR RENT: Furnished apartments. Mrs. Milie Swinney. Ph. 256-2995. 40x11

FOR RENT: Vacant store building 75x24. Located at Pine Hill. Ph. 256-6384. 40x2P

FOR RENT: The newest most modern mobile home park in Mt. Vernon. Featuring city water, sewer, outdoor lighting, concrete patios, and many extras are now. For rent for only \$25 per month. Located only one block from town at West Main Street and Poplar Drive. These spacious lots are 110 feet by 45 feet with gravel roads. Go by today and pick the lot of your choice. Call: Clyde Bamett, 256-2461 or Jim Mahan, Lexington, 299-5368. 36x11

FOR RENT: Three bedroom home. Raymond McGuire, Mt. Vernon, Ky. nfr3x3

FOR RENT: Furnished apartments at the Mt. Vernon Tourist Court. Ph. 256-2282. nfr

FOR RENT: One-room office in Courthouse. Utilities furnished. \$30 per month. Contact County Judge. Air Conditioned. 18x11

FOR RENT: 2 room office space in courthouse. All utilities furnished with air conditioning. Rent \$55.00 a month. Contact County Judge. 22x11

FOR RENT: 2 or 3 room furnished or unfurnished apartments. Steam heated. At Rockcastle Hotel. Also sleeping rooms rented by month. See Roy Winstead at APPLIANCE SERVICE CENTER.

FURNISHED apartments for rent. Estle Bullock, Richmond St., Mt. Vernon 256-4215.

FOR RENT: Three room house with bath, hot and cold water. Ph. 758-3910. 37x11

Wanted

WANTED: Boy to deliver daily and Sunday Courier-Journal newspapers in Mt. Vernon. Earnings approximately \$20 per week for 11/2 hours each morning. Must be at least 13 years old. Write Jimmy Bell, 108 Ogden Court, Somerset, Ky. 42501. 33x11

WANTED: Dump Truck Service - Custom hauling. Gravel, dirt for lawns and fill dirt. Also crawler loader service including basement digging. Contact Jack Cromer, Box 164, Mt. Vernon, or call 256-2580 or 256-2139. 33x11

WANTED: To let us clean and beautify your garments to keep them looking their best. "Let Johnny on the Spot." Your professional quality cleaners. SANITARY CLEANERS. Ph. 256-2713

WANTED: Back hoe, small dozer, and bobbing work. Jimmy and Kenneth Cromer. Ph. 256-4222 or 256-2769. 24x11

WANTED: Birds on standing timber, easy to log. Around 9,000 feet of Poplar, White,

NOTICE: On Saturday, June 27 at 10 a.m. I, Nathan Clark, Administrator of the estate of Arthur Clark, deceased, will sell to the highest bidder house furniture, good as new, including good electric stove, bedroom suite, etc. Sale will be held at the former home of Arthur Clark at Climax, Ky. 40x2

NOTICE: Notice is hereby given that Louise Tyree, Route 3, Mount Vernon, Kentucky, has been appointed executor of the estate of James Harvey Tyree, deceased. All persons having claims against said estate shall present them verified according to law to the said Louise Tyree, Mount Vernon, Kentucky, or to Allen, Clontz & Cox, Mount Vernon, Kentucky, atorneys for said estate, no later than October 2nd, 1970.

NOTICE: Notice is hereby given that Cecil Hysinger, Route 3, Mt. Vernon, Kentucky, has been appointed administrator of the estate of Tilden Owens, deceased. All persons having claims against said estate shall present them verified according to law to the said Cecil Hysinger, Route 3, Mount Vernon, Kentucky, or to Allen, Clontz & Cox, Mount Vernon, Kentucky, attorneys for said estate, no later than October 2nd, 1970. 40x3

Notice: Charles Radtke's Garage - specializing in auto repair, welding, radiator repair. Located 3 miles south of Mt. Vernon on U.S. 25. 39x3P

NOTICE: SEE CLEGG'S "White Jack" Anglin for furniture moving. Experienced. Mt. Vernon, 39x4P

Professional Floor Sanding. Call John Brown, 256-2539. Satisfaction Guaranteed. Free estimates. 39x3P

NOTICE: See us for all your monument needs. H.C. McNew Monument Co., U.S. 25 North, Mt. Vernon, Ky. Ph. 256-2232.

POSTED: No trespassing on Oscar Buggs Farm at Clear Creek in Rockcastle County. 33x12

ELECTRIC FENCE SUPPLIES: Electric and Battery Chargers, Wire, Insulators, and Steel Post 35¢ each. Rockcastle Farm Service.

NOTICE: We do septic tank pumping, cesspools and grease traps cleaned, etc. Call Lucas Sanitation Service, State Licensed and bonded. Call 256-2790. 31x11

POSTED: No trespassing or shooting on land owned by D.A. Robbins in Rockcastle and Lincoln Counties.

NO Trespassing on Broadhead Fairgrounds. Broadhead Fair Company.

NOTICE: Made-to-order rubber stamps, magnetic signs, advertising specialties, book matches. Contact Burdette Enterprises, Phone 758-3483. Mt. Vernon, Ky. 28x11

POSTED: No hunting, trespassing, or garbage dumping on my land located at Brush Creek, W.M. Drew. 34x12P

NOTICE: Hamm Bros. Water Well Drilling and Contracting Broadhead, Ky. Call 256-2024 from 9 a.m. to

11:30 a.m. or anytime after 5 p.m. 36x11

POSTED: No hunting or trespassing on my land located at Orlando. Marion Abney.

POSTED: No hunting or trespassing on my land located on Brush Creek Road. Oscar and Minnie Head. 26x12P

POSTED: No hunting or trespassing on my land located on Copper Creek. Willard Lynn. 25x12P

POSTED: No hunting or trespassing on my land located at Orlando. Isaac Rowman. 8x12P

POSTED: No hunting or trespassing on my land located in Ottawa section. Earl Roberts, Route 1, Mt. Vernon, Ky. 10x12P

POSTED: No hunting or trespassing on my land located at Scafield Cane. Eugene Thomas. 12x12P

POSTED: No hunting or trespassing on land belonging to I.S. Robinson near Lamerco, Ky. 25x12P

POSTED: No trespassing on my land located on Scafield Cane. Mrs. R.B. Brock. 10x12P

POSTED: No hunting or trespassing on land belonging to William E. Phelps near Eagle Creek. 6x12P

POSTED: No hunting or trespassing on Fish Farm, Duckeye Ridge, Town Branch, Renfro Valley. 12x12P

NOTICE: Just Arrived. Large shipment of used Smith and Wesson revolvers. Get them while they last at the lowest retail prices. Arnold's Station, U.S. 421, Big Hill, Ky., Ph. 986-4026. 37x4

NOTICE: All persons having claims against the estate of Clarence Cecil Long, late of Route 3, Eubank, Kentucky, are hereby notified to present same, properly verified according to law, to the undersigned Administrator in or before August 22, 1970. Persons owing said estate must file same by the same date.

Ozella Long, Adm. Route 3 Eubank, Ky.

NOTICE: WATER HAULING. For home and cistem use. See J.C. Bradley or Ph. 256-2457. 37x4P

POSTED: Private Property. No trespassing on my land located on Route 2, Mt. Vernon. Bemice Hammond. 37x12

POSTED: No hunting or trespassing on my land on Big Skeggs Creek known as Craig Cromer Farm. Dewey Cromer. 22x12P

POSTED: Positively no dumping garbage in the old Lovell Quarry at Burr. Zula Drew. 12x12P

PRE-INVENTORY SALE: Now is the time to take advantage of a store full of bargains. For all year summer sewing, JULIE ANN FABRIC has cut prices to prepare for inventory. All specials are good through June 27, or while they last. Some Prices Less Than 1/2 JULIE ANN FABRICS TRADEWIND SHOPPING CENTER, Somerset, Kentucky. Southeastern Kentucky's largest one-stop sewing center open 9 a.m. - 9 p.m. Monday - Saturday. 38x4

4-H CLUB FORMED

On May 20, thirty residents of the Skeggs Creek Community met and formed a 4-H Club. Officers were elected for the year and a name, the HUBBLY WILDcats, was chosen for the club.

Officers elected were: William Cromer, president; Faye McClure, vice president; Lola Cromer, secretary-treasurer; Teresa Bullock, pledge leader, and JoAnn Mize, recreation leader.

The meeting was held at the home of Mr. and Mrs. Earl Cromer and we would like to thank them for the use of their home.

The next meeting will be June 17 at 7:30 p.m. at the home of Mrs. Rosa Bullock. Anyone interested is invited to attend.

BUYING LOGS: Hamer Hardwood Lumber Company, with sawmill at Burnsife, Kentucky, is now paying highest prices for all kinds of good quality hardwood logs except Pine, delivered to their Burnside Mill, HAMERHARDWOODMFRS., INC., P.O. Box 305, Burnside, Kentucky 42119. Area Code 606 561-1146. 38x4



HELLO DOLLY! Dolly Gallagher Levi tips her hat at rehearsal for opening night (June 25) of the Broadway musical at Jenny Wiley Music Theater, Prestonsburg. The theater, located in Jenny Wiley State Park, features outstanding musicals performed by a talented cast of professional and student performers.

YEAR ROUND POWER FOR YOUR SEASONAL CHORES...

INTERNATIONAL CUB CADET

LAWN AND GARDEN TRACTORS

MODEL 10 HP CUB CADET 106 TRACTOR

- ANNOUNCING - 6 NEW MODELS

<p>73 7 horsepower model - all-gear transmission</p> <p>106 10 horsepower model - all-gear transmission</p> <p>107 10 horsepower model - hydrostatic transmission</p>	<p>126 12 horsepower model - all-gear transmission</p> <p>127 12 horsepower model - hydrostatic transmission</p> <p>147 14 horsepower model - hydrostatic transmission</p>
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MODEL 106 10 HP CUB CADET TRACTOR!

POWER UP WITH AN ALL-SEASON CUB CADET AT SPECIAL SPRING PRICES...

\$814

BUY ON EASY TERMS!

Power for all Seasons - Power for all Reasons

Here's how to make your outdoor chores a pleasure... all year long. From cutting grass in summer... to throwing snow in winter... with dozens of lawn and garden jobs in between... that's where Cub Cadet shines. All 6 new models are ruggedly built and engineered for years of all-season service. Come in today... let us show you our new line of work-saving Cub Cadet tractors.

BRYANT BROS.

Mt. Vernon

AMBULANCE SERVICE



Billy Dowell Dial 256-2991 Roy Martin

ANYTIME - DAY OR NIGHT

SPARKS FUNERAL HOME

DOWELL - MARTIN
 MT. VERNON, KENTUCKY