

Extension Home Economics News

Protect yourself by using alternatives to hazardous household substances

By: Hazel Jackson
County Extension Agent
for Home Economics



Many cleaning products in the typical home contain hazardous or toxic chemicals. Yet, most of these homes also have the basic ingredients to make safer alternatives.

It's not unusual to find several products to substitute for more hazardous or toxic cleaning products. Some alternatives are lemon juice, vinegar, baking soda, salt, ammonia, liquid chlorine bleach, and borax.

However, some substances should never be combined. Never mix chlorine bleach with another cleaning agent, such as ammonia or vinegar. This combination can create toxic fumes that are poisonous to breathe.

Using alternative cleaners often requires more effort but it limits the chance of accidental exposures or environmental pollution. Home owners also save money by reducing the amount of hazardous products bought.

Here are examples of relatively toxic-free alternatives.

To freshen the home, sprinkle baking soda or put activated charcoal, in odor-producing areas. Put an open box of baking soda in the refrigerator to absorb food odors. Grind leftover lemon or orange peels to freshen the garbage disposal.

Clean bathrooms by scrubbing with washing soda or borax.

To remove mildew or other stains from grout, apply a mixture of one-half cup of chlorine bleach and one cup of water to the surface; let stand for 5 minutes and rinse with clear water.

For a ceramic tile cleaner, mix 2 tablespoons of trisodium phosphate (TSP) in a gallon of water and apply to tile and grout with a brush or cloth. Rinsing isn't necessary. TSP is available at hardware stores or pharmacies.

Scrub baked-on grease and oven spills with a paste of baking soda, salt and water. Another method is to sprinkle with dry baking soda; let it stand for 5 minutes, and scrub with a damp cloth. Do not let the baking soda touch wires or heating elements.

Wipe up grease and spills after oven use. Use a non-metallic bristle brush for charred spills.

To clean toilet bowls, pour in one-half cup liquid chlorine bleach;

leave at least 30 minutes and scrub with a long-handled brush. A borax-lemon juice mixture also will clean toilet bowls.

Several products commonly found in the home will clean windows and mirrors. Add 2 tablespoons vinegar to one quart water and apply with wadded-up newspaper. Another good solution is 3 tablespoons of ammonia, 1 tablespoon white vinegar and 3/4 cup water put in a clean spray bottle.

To remove rust or lime deposits from outside windows, mix 1/4 cup cornstarch, 1/2 cup ammonia and 1 cup of vinegar in a jar. Since vinegar is a mild acid, it might be necessary to wear gloves when applying this mixture.

When you're using homemade or commercial cleaning products, always use good safety practices. Store all cleaning solutions out of children's reach. To prevent an accidental poisoning, never put a cleaning product in an empty food or drink container. Be sure each container has a label. Mix cleaning solutions in a well-ventilated area. Clean up after using toxic substances.

For a free copy of safer household cleaning alternatives, call the Extension Office at 256-2403.

ranchers from selling off breeding stock during bad-weather years, resulting in lower meat production, which in turn yields higher prices for consumers, Keys says.

To top it off, the deal is bad for ranchers in the long run, says, Holechek. By encouraging ranchers to overstock, the program

results in an abundance of meat on U.S. markets; driving down consumer prices and netting less money for ranchers.

The millions of dollars spent on the relief program adds to the loss the nation already incurs as a result of the federal grazing program. For example, BLM spends nearly \$100 million yearly on range management, but nets less

than \$15 million a year in fees from leasing public grasslands to ranchers.

Keys, of the Cattlemen's Association, says, "I'll be the first to admit that the program has been abused by some people." However, rather than end the subsidy, he says, "It is incumbent upon the [USDA] to stop the abuses."

Holechek takes a harder line: "I'm convinced that eliminating subsidies would do more for the land and wildlife than anything else that could be done. This program is more destructive of the industry and of wildlife than anything that's out there. The long-term welfare of ranchers will be served by allowing market forces to function freely without government intrusion."

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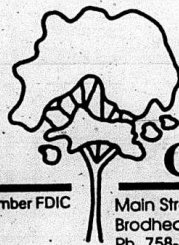
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Your tax dollars at work

If you have ever wondered where your tax dollars go, you might take a closer look at the meat counter the next time you visit a grocery store. Those cellophane-wrapped slabs of beef and lamb symbolize a little-known agricultural subsidy program that spends millions of our tax dollars yearly to feed livestock and that results in ecological damage across large portions of the West.

The subsidy: the U.S. Department of Agriculture's (USDA) Emergency Feed Program.

The beneficiaries: ranchers, who can request payment for as much as 50 percent of the cost of livestock feed during years of

failed grass growth. The annual cost: anywhere from \$100 million to \$500 million (in some years, enough to fund the federal endangered-species program for a decade).

The purpose: well, therein lies a tale.

Congress created the Emergency Feed Program in 1963 to provide relief from natural disasters, primarily drought. "It was a stop-gap measure for people who needed to buy hay to keep mother cows in production," says Chandler Keys, senior director of congressional relations with the National Cattlemen's Association. The program was designed to keep



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Classifieds Should Be Paid in Advance. If Billed, There is a 50¢ Billing Charge.

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Paranoid View of the Mountains: Rustic ranch on 5.5 acres m/v. Home has 3 bedrooms, 2 full baths, large SALE PENDING kitchen and family room. Large 3 room in finished basement, tobacco use and barn. Only 3/4 mile off I-75, \$69,900.
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NICE REMODELED HOME: 3 bedrooms, 1 bath, large lot, garage, extra mobile home on property. Just five miles south of Berea on U.S. 25; Rockcastle Co. All this for only \$59,000.
MODERN STYLE CABIN: Former artist's studio with skylights and large windows, set on a wooded hillside. Access to National Forest and just minutes from Rockcastle River. Private weekend retreat or cozy home. \$35,000.
RENOVO VALLEY: Very nice older home in top location ready to move into in Renovo Valley. Easy access to I-75. Large well landscaped lawn. Home has two bedrooms, 1 bath, living room, family room, kitchen and dining room. Nice carpet throughout. Partial basement. Large detached garage and other outbuilding. Central air and heat, large front porch. A nice comfortable place to live for only \$63,000.
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HOUSE AND LOT: Why pay rent when you can buy this 2 bedroom ranch home and basement. It has been reduced to \$26,500. Also has a small one room furnished apartment in the backyard that rents for \$100 mo. Call now, make offer.
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LOG CABIN IN THE WOODS: Just off Hwy. 461 in Pulaski Co. 10 miles from Mt. Vernon, 5 acres, good hunting and fishing, nice view of the creek, a great place to get away to and enjoy yourself. Reduced to \$37,900.
LAND FOR SALE: 53 acres m/v wooded land just off blacktop road with good business located 2.5 miles south of Exit 59 at Pine Hill. Some timber. REDUCED TO \$25,000. Call today.
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REDUCED: Nice 3 bedroom brick home in Brookhead for only \$40,000. Conveniently located in town. Home has 3 bedrooms, 2 baths, kitchen, dining room, living room, 1/2 basement with built-in SALE PENDING. Two sets of kitchen, hardwood floors.
OTTAWA: 3 bedroom ranch with basement. Heat pump, central air, woodburner in basement, 1/2 acre lot. Reduced to \$62,000. Additional land available.
NICE BRICK RANCH: with 3 bedrooms, living room, family room, kitchen & dining room, Large deck and front porches, 3/4 acre lot located in Brindle Ridge area. Priced right at \$39,900.
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INCOME PROPERTY DUPLEX in Mt. Vernon on 1/2 acre lot. Recently remodeled, cable. \$39,500.
NICE OLDER FARM HOUSE on one acre lot, 1500 sq. ft. with 3 or 4 bedrooms, fireplace, mature trees. Located in Quail section of Rockcastle Co. more land and buildings available. Price \$51,900.
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NOTICES

Notice: No trespassing or hunting on Crawford Place, old Broadhead Road, Danny Smith. 50fn

Posted: No hunting or trespassing on property belonging to Leonard Reese at Roundstone. Not responsible for accidents. All violators will be prosecuted. 43fn

Notice: No hunting or trespassing on property of Jerine Dooley, 128 acres on Chestnut Ridge. Violators will be prosecuted. 3x52

Notice: State approved Nurse Aide training course to be provided tuition free. Apply in person 12/28/95 thru 1/10/96 between 10 a.m. and 6 p.m. Sowder Nursing Home, Inc., Broadhead, Ky. Class limited to 15 persons. Program is not government subsidized. 13x2

Notice is hereby given that on the 28th day of December, 1995, Florence Winstead, the duly appointed, qualified and acting executrix of the estate of Ollie Vercilla Hoskins, deceased, filed with the Rockcastle District Court a final settlement. Exceptions thereto shall be filed in writing with the Rockcastle District Court on or before Jan. 29, 1996. 14x2

Notice is hereby given that M.C. Baker, Green Hill, Ky. has been appointed Executor of the estate of Edna Ruth Robbins on the 18th day of December, 1995. Any persons having claims against said estate shall present them according to law, to the said M.C. Baker or to Hon. William D. Gregory, PO Drawer 220, Mt. Vernon, Ky. 40456 on or before June 18, 1996. 14x3

Call Classifieds to 256-2244

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Kentucky farmland values up 10% during 1995

Kentucky farm land values have increased an average of 10 percent during the last year, due largely to good crops and good prices during 1994.

"The value of land and buildings in Kentucky increased from an average of \$1,136 per acre in 1994 to \$1,250 per acre in 1995," said Dick Trimble, Extension agricultural economist with the University of Kentucky College of Agriculture.

All seven states surrounding Kentucky had significant increases in land values, with Ohio leading the pack, with an increase of 13 percent. Kentucky, Illinois and Indiana each showed a 10 percent increase. Virginia and West Virginia both experienced a little over 4.5 percent increase, while Tennessee and Missouri posted 6.9 percent and 6.7 percent, respectively.

Trimble pointed out, however, that the percentage gains represent averages; some land appreciated more than the average and some less than the average.

"Whether land prices will continue to appreciate depends a

great deal on farm-related legislation to be enacted into law in Washington in the next few weeks, as well as crop conditions and prices during 1996. Livestock prices also will have an important influence on land prices," he said.

Another factor, he noted, was that many farmers whose operations were stressed in the 1980s "bailed" themselves out by refinancing, using a balloon payment, due at the end of 10 to 15 years. Those balloon payments are now coming due and some farmers may not be in a position to pay them.

"In fact, some may be in no better financial shape than they were in the mid-1980s, when they refinanced their operations," he said.

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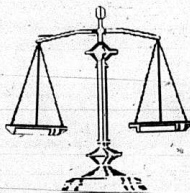
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NOTICE

The Rockcastle County Extension District Board is seeking bids for office space to house the local Cooperative Extension Service. 2,000 square feet of office and meeting space located in the Mt. Vernon area will be considered. Bid packages will be made available by contacting the Rockcastle County Cooperative Extension Service, PO Box 900, Mt. Vernon, Kentucky 40456 or by visiting the office which is located in the Agriculture Service Center, Richmond Street, Mt. Vernon. Offers will be received January 22, 1996 and remain open until January 31, 1996.



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For
4-H classes collect food for Christmas baskets
Page A-3



At CVAAA
Volunteers honored for work at senior center
Page A-9



At RCHS
Lady Rockets lose three in Lincoln tourney
Pg. A-6



Mount Vernon Signal

Mount Vernon, Kentucky 40456

Volume 110 - Number 14

Thursday, January 4, 1996

Michigan man arrested on multiple charges

A Traverse City, Michigan man is in Rockcastle Jail on multi-charges ranging from a stolen car to being a persistent felon.

Joseph Craig Galaszewski, is being held for Michigan authorities under no bond.

He is charged with two counts of stolen property, no operator's license, fugitive from another state, and being a persistent felon.

According to Sheriff deputies he stole a car in Michigan and drove to Bowling Green where he stole a li-

cence plate.

Police discovered he had escaped from a detention center in Missouri earlier.

When he arrived in Mt. Vernon he went to a church for help saying he was going to Louisville. He then went to Town and Country Service Station and inquired the road to London.

Deputy Sheriff Nathaniel Price, assisted by constable Lloyd Bennett and State Trooper John Yates became suspicious and placed Galaszewski under arrest.

Several injured in three wrecks over weekend

Three accidents in recent days resulted in treatment for those involved at Rockcastle Hospital.

Mary Baker of Louisville took the off ramp on I-75 at Burr but ran into a wall at the end of the ramp, police said.

Ms. Baker was unable to give police a statement.

Nathaniel Price, deputy sheriff, investigated the accident.

A two-car crash on Ky. 1955, five miles north of Livingston, New Year's

Day sent two persons to the hospital for treatment.

Timothy Carpenter, 20, of Liv-

ington, crossed over the center line and struck a car driven by Cecil Gibson of Lancaster. He and his passenger, an S. Vance, were sent to the hospital.

Deputy Doug Thomas investi-

gated. James Cromer, 60, of Mt. Vernon made a left turn into Citizens Bank's parking lot at Mt. Vernon on Dec. 29 and struck a car driven by Ann Owens, 55, of Mt. Vernon. Mrs. Owens and her daughter Christy, 12, were sent to the hospital.

Margie Cromer in the car with Cromer was not injured, according to police.

Lamberts among fans who had a rough landing

A plane full of Kentucky basketball fans got a scare at Blue Grass Airport on their arrival from New York on New Year's day including Kentucky Supreme Court Justice Joseph Lambert and family.

The L10-11 chartered jet had to circle the airport for over 30 minutes because one of its wing flaps got stuck.

There were 365 passengers aboard the jet and included Lambert's wife Debra and boys Joseph and John.

Waiting in New York to board the same jet, on a turn-around flight, were James W. Lambert and granddaughter Lora.

The flap was fixed before their flight.

Rockets down Eagles



Rocket guard Dusty McClure goes up for two of his 10 points in the Rocket's overtime victory, 71-69, over visiting Madison Southern.

Maretburg man shot to death

By Richard Anderkin
A Maretburg man was shot to death on New Year's Day as he slept in his truck near his home.

Frankie Leg Hensley, 42, of Maretburg died at 2 a.m. at the Berea Hospital, according to Madison County Coroner Emory Curry.

Curry said Wednesday that Hensley died from a single gunshot wound to the upper body.

According to police, Hensley was apparently asleep in his truck, which was parked outside the home of Bruce Houk on Old Maretburg road when he was shot.



Frankie Hensley

See Complete Obituary Pg. A-3

Police said a party was taking place at Houk's home, when party goers heard a gunshot.

Hensley, who had apparently been asleep in his truck for over six hours was found lying face down next to his truck, by his wife Betty.

According to the state police report, a car had pulled in the driveway and shots were fired, but the vehicle then left.

According to a person at the party, no one actually saw anyone shoot Hensley.

Hensley was taken to the Rockcastle Hospital and was being trans-

ferred by ambulance to Lexington when ambulance attendants had to leave the interstate at Berea. Hensley apparently died a few minutes later.

State police officer Millard Root and State Police Detective Gary Lane are investigating the shooting.

Lane said Wednesday that no arrests have been made, but that police have several suspects in the shooting. Lane said that Trooper Root had interviewed several people in connection with the incident and that arrests were imminent.

Two charged with selling drugs at Rockcastle Villa

While executing a warrant on William L. Mason, Jr., sheriff deputies and Mt. Vernon officers observed an illegal drug transaction at Rockcastle Villa Apartments in Mt. Vernon.

Searching the premises, with permission, officers found a small amount of marijuana, valium and drug

paraphernalia.

Charged with trafficking in 1000 yards of a controlled substance were Mason and Darlene Graves.

Investigating the transaction were Deputy Doug Thomas, Deputy Matt Bryant and Mt. Vernon officer Barry Adams.

Some think heating assistance program may be in jeopardy

Local advocates predict this could be the last year for a federal program that gives money to families to help them pay utility bills or buy fuel oil, bottled gas or wood.

"I don't think it will be zeroed out this year, but it probably will be next year," said Kip Bomwar, executive director of the Kentucky Association for Community Action.

This year, rules for the Low-Income Home Energy Assistance Program are more strict than ever be-

cause of less funds. Two years ago the program was funded at \$1.6 billion nationally. This year, Congress has cut the figure to \$1 billion, and lawmakers and the president have yet to reach agreement on the issue.

Kentucky's program will operate on \$580 million, said Bomwar, whose association contracts with state government to distribute Kentucky's share. The program is now operating on emergency funds released by President Clinton earlier this month. Some House Republicans want to kill the program outright.

The assistance program "has been in danger for years...and is very much in danger of being out altogether," said Mike Jupin, president of Affordable Energy Corp.

This year, more funds have been earmarked for the program's subsidy component, which provides money before the bills start rolling in, and less for the crisis component, which helps people who have been cut off or are about to be.

Because fewer people applied for subsidies this year, individual payments will be bigger.

Last year, 110,000 Kentucky households applied for subsidy, receiving an average payment of \$64—about half the amount paid the previous year. This year, only 83,000 households applied but the average payment will jump to about \$90.

Indictments

A February 23 pre-trial conference is scheduled for a Buffalo Hollow Road man who was indicted last month for apparently shooting his neighbor in June.

William Harper, 50, was indicted on one count of first degree assault and one count of receiving stolen property, in connection with the June 19, 1995 incident in which Isidro Cadena was apparently shot by Harper after a argument.

A Mt. Vernon man will also be arraigned on January 12th after he was indicted for resisting arrest on October 24.

During the altercation, Wendell Lowell, 24, reportedly shoved state trooper Stacy Trees resulting in another indictment for fourth degree assault.

Local man's house burns, he's arrested

The home of Brian Cromer at Pine Hill burned Sunday night.

At the scene of the fire, Cromer was arrested by sheriff deputies and jailed on warrants for "failure to appear" and "fines owed," deputies reported.

Fire Chief John Cox said Cromer's concrete block house was destroyed.

Graves returned to penitentiary

Mt. Vernon Police, sheriff deputies and Rebecca Light, parole and probation officer for the area, took Randy Graves into custody, New Year's morning at his home on West Main Street in Mt. Vernon for parole violation.

Police reported Graves was out in the street trying to "shoo" police away when they arrived.

Windows shot out at library

Once again, someone shot out the windows in the Rockcastle Library. Police Chief Bill Mink said there were several holes in several windows on the South side of the library. The vandalism is still under investigation.

Next Week. . . .
The top stories...
1995 in review



Kentucky Governor Paul Patton is shown above shaking hands with Guy C. Martin as Jack St. Clair looks on during a campaign stop in the county last Fall. Patton was the eventual winner, although he lost in Rockcastle County. Read about Patton's win, how he did here and about the rest of the top stories of 1995 in next week's issue of the Signal.

Viewpoints

Points East

By: Ike Adams



According to the National Association of Woolly Worm Winter Weather Watchers (NAWWW), it's supposed to warm up here any day now and the atmospheric conditions are supposed to be mostly balmy for a few weeks. You may recall that we called for a cold December and a white Christmas for central and eastern Kentucky and so far, NAWWW is right on target. Now let's just hope they're right about the new year.

And speaking of the new year, I'm wondering how many of you have already broken most of the resolutions you made earlier in the week. For example, have resolved in times past, to quit smoking. Of course I made it a general resolution without stipulating exactly how long I was going to stay quit.

The first time I quit, I made it for nearly 48 hours. I smoked right up till the last minute and I'd timed it so that I would run out of cigarettes right at midnight on New Year's Eve. Sometime between midnight and daybreak we got about eight inches

of snow.

The next morning I went through every drawer in the house looking for pipe tobacco I might have stashed or for an old souvenir cigar that some proud papa had passed along to celebrate a new addition to his household. Loretta had already emptied every ash tray on the place and burned the butts in the fireplace and apparently she'd gone through my pockets too. There was no tobacco on the place and it was five miles to the nearest county store.

We couldn't even get our cars out of the driveway and we lived so far out in the country that the road wasn't apt to get scraped for at least a couple of days. On top of that, the phone lines were down and I couldn't even call one of my buddies to come to the rescue.

Back then one of the favorite pieces of advice being passed out to folks who were trying to quit smoking was that every time you craved a cigarette you should count to 100 and then take a long drink of water. Before the first day was out, I had washed

out a gallon milk jug, filled it up with water and I just packed it around with me. I'd count to a hundred and take a swig and then start over. At three hundred and about a quart of water I'd go pee a flood. Sometimes the reservoir on the commode would still be filling up from the last trip I'd made to the john before I had to go again. My kidneys and urinary tract became stuck on the rinse cycle.

That night I dreamed about Winston and Marlboros and Kools and Salems. I woke up thinking that Biggie Napier had left a pack of regular Camels in the dash of my car and I walked barefoot through the snow, ripping frost-bite to see if they were still there. The car door was frozen and I heated water on the stove to thaw it out, but for all that work, I discovered the glove box empty as well as the ash tray. There wasn't even a butt under the foot mats. Loretta had left no stone unturned, as it were. I went back to bed and dreamed of cans of Prince Albert falling like big red snow flakes out of the sky.

Incidentally, how many of you can remember calling the grocery store, when you first got phones, and asking the clerk who answered if they had Prince Albert in the can? And when they'd say, "oh yeah," you'd insist that they'd better let him out before he smothered to death and then you'd hang up and laugh until your sides hurt.

Anyway, on the evening of the second day, the phone finally rang. One of our neighbors who had a four wheel-drive pickup called and wanted to know if we needed anything from the grocery. I told him to stop by and I'd go with him to the store. I stumbled out of the house when he pulled up, crawled into the cab and demanded, "DO YOU HAVE A CIGARETTE?"

Before the words were completely out of my mouth, he flipped the one he had burning out the window and said, "Nope. That was my last one. Remind me to get a carton when we get to the store. I'm about out at the house."

I had the urge to strangle him. But I sat patiently praying on the passenger side of the truck, that we wouldn't get stuck as we crawled along for the next thirty minutes toward Crab Orchard. I'd left my jug of water at the home, but I kept reaching out to the window and grabbing a handful of snow every quarter mile or so until we got to the store.

I went to the cigarette rack and picked up five cartons of Winstons, trembled and opened one of them while I was still in the check out line, took a long drag and damn near fell in the floor from dizziness.

I tossed them on the counter, and the clerk asked, "Will that be all Mr. Adams?"

"Good thing you asked," I told her, "I almost forgot I also need two loaves of bread, two gallons of milk, two dozen eggs, half a case of vegetable soup, sugar, flour, meat, pinto beans, half a pound of fat back, a roll of bologna, Cheerios, corn flakes, lettuce, onions, potatoes, sausage, syrup, baby aspirin, toilet paper, a gallon of Colson, Tide, Ivory liquid and a box of Kotex."

Loretta would probably have been

madder than a wet hornet if I'd forgotten that stuff.

We got back to the house and unpacked all the groceries except for the smokes which I've decided hid in the trunk of my car. Except for one pack. An hour or so later I was sitting at my old manual typewriter pecking and smoking away when Loretta sneaked up behind my back.

"I thought you quit smoking!" she admonished.

"You know I did," I told her. "You saw it with your own two eyes. Now leave me alone. I've started back again."

This year I am resolving to lose four inches off my waist, without surgery or liposuction, by late Spring. I intend to go back to the milk jug full of water and even eat a lot of lettuce over the next several weeks. I can't afford new clothes and I have several shirts and numerous pairs of briches that I need to get back into come Spring of the year. At this point I don't really know how I'm going to do it, but when I do I'll be glad to file a report. Or have an excellent excuse.

In the meantime, HAPPY NEW YEAR.

gave him the same orange juice, heated soup, go-get-medicine kind of treatment and that was their Christmas, Diana said.

I have an announcement I want to make so listen carefully.

Due to John's sickness and my feeling so bad I didn't get to write my columns and missed out on my Reader's Fantasy Christmas Party at Christmas when you all came to Clear Creek and I gave you gifts.

Since my birthday comes in January on the 26th, I have decided to have a birthday party and let all you readers bring me a present, Fantasy of course, this time as I did you at my Reader's Fantasy Christmas Party. If you are a Signal reader you will be there!

Don't be telling me you can't come for your old crew is going to have a calf, or you hurt in your back because you tried to split wood with a dull axe (sharpen it, laziness!). The rule is if you are a Signal Reader, you will be there!

I have already started making plans and have got a building spoken for. The party will be at the Three Forks of the Road on Clear Creek in the Old Disputanta Post Office building which is empty.

The new owner of this land and building is a new surgeon Dr. Shields at Berea Hospital. I had met her before when John and I crossed the bottom behind the store building and drove up a steep hill to get to the castle in home on the hill. I liked her and her husband so felt she might let me have the old post office to have my party.

I called her office in Berea and was told that she was doing surgery but I left my name and numbers.

Later Dr. Shields called me back and when I told her I wrote a column for the Signal and had talked with her once she was agreeable.

She was very nice and friendly to me and when I told her what I wanted to do, have a party in the building and how I would do, she laughed and agreed it would be fun. Of course she and her husband, Norm, were invited. I asked if she could tell me what they meant to give me for a fantasy gift and Dr. Shields said yes, they would give me a sleigh ride on

Roamin' Rockcastle

By: Hilda Payne Gabbard

It was December 24th 1995 and a snowstorm was coming down, drifting, swirling, white flakes, were falling to earth when Lorene Williams Fowler, my niece, quietly left this earth and the Door of Life closed behind her as she crossed the River of Death to the brightness of Eternal Life on the other side where someone waited with outstretched arms in Heaven. Near this figure stood her husband (deceased) Bill and daughter April and her baby sister Virginia Ann. Her last few weeks of pain and suffering on earth were gone and she would be with other loved ones in this new life her mother, Vergio and father, Tine, her brother Bruce, were all waiting for her.

Lorene did not look back after she left the Earth or she would have seen her loving sister, Martha Faye Rowlett and husband, Bill who had taken care of Lorene all these weeks that she lay and suffered. Lorene would have seen them standing by her empty bed at 12:05 Christmas Eve looking down at a body from which the Spirit had flown.

"She just fell asleep quietly as we stood by her, and she slipped away while I held her hand," Martha Faye told me later.

I will miss her greatly.

My oldest son, Russell Lee Corbett and pretty wife, Wilma came down for Christmas on Sunday, December 31st, one week later than the 26th, when we always celebrate Christmas on our youngest son, Chessy's birthday.

Russell had to work on Christmas, that being the number he drew when the employes of St. Elizabeth Hospital South of Edgewood, where Russell is employed, drew numbers for the holidays. So we had "Christmas again" when he and Wilma came down.

We left decorations and lights all up and had another Christmas dinner. I did Russell as I did Chess when he came, he and Wilma helped me cook the food and instead of eating early near 1 p.m. we sat down to a "late Christmas" dinner about 4 o'clock.

Last Wilma gave me an afghan that she had crocheted in colors of dusty rose, pink and white stripes which was beautiful so this year I gave her a double wedding ring quilt which brought a lot of "oochs and ahs" from her.

John gave Russell (and Chess too) a large flashlight which can be set down to shine on any work.

The girls I had ordered for my sons did not come in on time so they will wait until January 17th when the company says the gifts will be shipped. In the meantime each man will have to take a due bill and wait. Old timers remember this way of doing business. They brought John and I gifts of food in baskets that doesn't need to be cooked. This I liked for I don't like to do much cooking. Wilma had decorated baskets of candy with red and green ribbons.

We made pictures of ourselves opening presents and I hope to put

them in here sometime. John took the day very well, not feeling very good since his heart attack.

We had a very good two Christmases and I thank the Lord that he let us have them even though John came close to dying and the scattered grandchildren got to come by with us.

All came except, Diana, our granddaughter and her husband, Joe Skinner in Texas, who had their luggage all packed to come and be with us, when she came down with type A flu and had to take her bed, later when she got better, her husband, Joe came down with the tough stuff. So Diana

(Cont. to A3)

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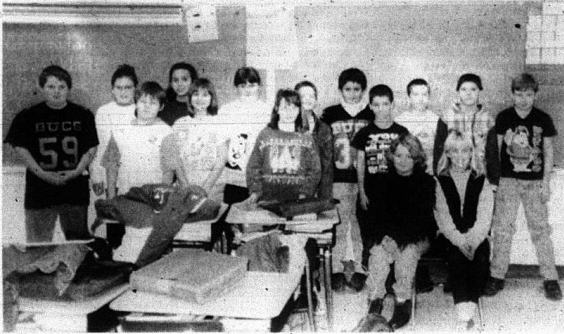
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Mrs. Paula Clark's 4-H Club were the winners of the REAP Contest at Mt. Vernon Elementary.

REAP contest held

By: John McQueary
County Extension Agent for 4-H

The Rockcastle County 4-H Council held a 4-H R.E.A.P. Contest in the 4th & 5th Grade 4-H Clubs during the month of November. 4-H Clubs collected non-perishable food items for our local R.E.A.P. organization. There were 605 items collected for our county's people who will be

given Christmas Baskets in December. THANKS to each club that collected these food items. Winners in each elementary school were: Mrs. Marsha Coffey from Roundstone Elementary; Mrs. Katreka Cash from Brodhead Elementary; and Mrs. Paula Clark from Mt. Vernon Elementary. Each of these 4-H Clubs will be given a small party in a token of appreciation.

"Roamin' Rockcastle" (Cont. from A2)

the hill. I wonder if she knew the sleigh would land in the creek below the hill.

No matter, for I would really get some funny things. People I had been writing about would now get even with me.

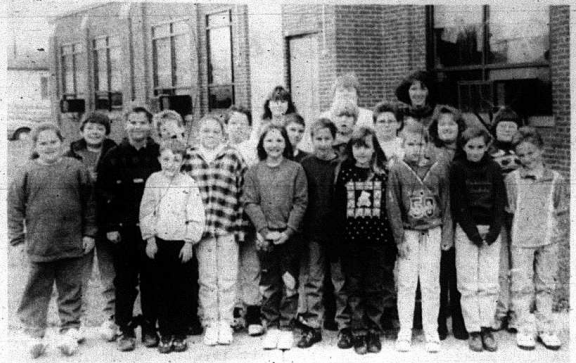
I must write and invite Henry (Hank) Volzner of Indiana. He is sure to come and bring Susan Tomes who sings at Renfro Valley.

I will be busy inviting guests during the next few weeks and hope they'll let me know if they can be here (they will, if they read the paper) and let me know what they are giving me.

Junior King, in King Hollow, just might give me a goat for the milk helps folks who are sick.

The New Year Greetings that the Ford Brothers had in the paper last week made me homesick for it brought back memories of long ago.

Till next week: The worst thing you can give your kids is your opinion!



Collecting the most non-perishable food items at Brodhead Elementary School was Mrs. Katreka Cash's 4-H Club.



Mrs. Coffey's 4-H Club at Roundstone Elementary collected the most non-perishable food items at Roundstone School.

Cards of Thanks

The family of Virgil Wynn express appreciation for the love and many gestures of kindness and sympathy expressed during his death. A special acknowledgement to Rockcastle Co. Ambulance Service, Rockcastle Hospital, Dowell and Martin Funeral Home, the pallbearers-Billy, Bruce and William Wynn; Ronald, Ralph and Eddie Powell and Bruce Hillon, Brother Bee McCollum for his words of comfort, Scarlett and Angie McCollum and Eugene Wynn for the beau-

tiful songs, those who brought food, sent flowers and gifts.

The family of Milton Gray would like to thank each and everyone who brought food, money and flowers during the death of our dad. Thanks for all the prayers. Thanks to Dr. Arvin, Rockcastle Hospital and Hospice. Thanks to Bro. Billy Joe Cameron and Bro. Tim Hampton for their comforting words. Thanks to everyone who helped us in anyway. Thanks for everything.

Wife Zelma Gray and family

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SUPER SPECIALS

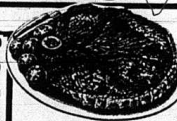
- Bush's Best
Kidney Beans 16 oz. **2/69**
- Stokely Tomato Juice ... 46 oz. **.69**
- Rose Dale Peaches ... 29 oz. **.79**
- WESSON OIL 48 oz. **2.29**
- Charmin Tissue 4 Rolls **.99**
- So-Dri Paper Towels **.49**
- French Mustard 16 oz. **.89**
- Post Toasties Corn Flakes... 18 oz. **1.99**
- Fischer's Dixie Loaf lb. **2.89**

PEPSI
12 pk. cans **2.79**



VALUE BUYS

- Fischer's Hot Dogs 12 oz. **1.09**
- Round Steak lb. **1.89**
- Platter Bacon lb. **1.39**
- Robinson's Sausage lb. **1.99**
- End Cut Pork Chops lb. **1.29**
- Robinson's Turkey Breast
lb. **3.69**



- Oranges ... 4 lb. bag **1.39**
- Bananas lb. **.29**
- Tomatoes lb. **.69**
- Carrots lb. bag **2/69**
- 20 Lb. Potatoes
1.99

- JFG Salad Dressing 32 oz. **1.49**
- Star-Kist Tuna In Water
6 oz. **.59**
- Welch's Grape Jelly 32 oz. **1.49**
- JFG Spec. Coffee 39 oz. **7.39**
- Spam 12 oz. **1.69**



- Van Camp
Pork 'n Beans ... 16oz. **2/89**
- Sweet 'n Sour
Chicken Broth .14.5 oz. **.29**
- DelMonte
Sweet Peas 15 oz. **2/99**
- Libby's
Cut Green Beans
14.5 oz. **2/79**



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Obituaries

Hensley

Frankie Lee Hensley, 42 of Mareburg died Monday, January 1, 1996 at the Berea Hospital. He was born on April 25, 1953 in Mt. Vernon the son of the late Frank and Christine Gentry Hensley and was a farmer and mule and horse trader.

Survivors are his wife, Betty Croucher Hensley of Mareburg; one daughter, Sandy Alexander of Wil-laia; one brother and sister-in-law, Charles and Gloria Hensley of Tucson, Arizona and two granddaughters, Joanie and Jackie Alexander.

Services were Wednesday, January 3, at Cox Funeral Home chapel with Bro. Raymond Offutt officiating. Burial was in the Mareburg Cemetery.

Active pallbearers were Mike Burdette, Wendell Allen, Roger Isaac, Jeff Burdette, Randy Randolph, Keith Smith, Doug Brock, Ralph Hasy and Danny Bueck. Honorary pallbearers were Carlouse McClure, Danny Settles, Bob Mullins, Benton Bullock, Mike Lezer Mel Taylor, Keith Mullins and Jimmy Hoskins.



Dillingham

Lance Dillingham, 89, of Mt. Vernon died Wednesday, December 27, 1995 at his home after a long illness. He was born on November 22, 1906 in Ashville, North Carolina the son of the late T.B. and Lillie Dillingham. He was a retired merchant and a charter member of the Northside Baptist Church.

Survivors are two sons, Gorman Dillingham of Milford, Ohio and Mollie Dillingham of Reading, Ohio; one brother, Owen Dillingham of Mt. Vernon; two sisters, Yvonne Griffin of Louisville, and Elaine Davidson of Mt. Vernon; five grandchildren, ten great grandchildren and one great grandchild. He was preceded in death by his wife, Clarice Hamm Dillingham and by one brother and two sisters. Memorials are suggested to the Hospice organization.

Services were Saturday, Decem-

ber 30, 1995 at the Cox Funeral Home chapel with Bro. Lester Caldwell officiating. Burial was in the Elmwood Cemetery.

Pallbearers were Brandon Clark, Mark Dillingham, Alan Dillingham, Jerry Dillingham, Jones Conn Hiatt, Bill Shiveley, Emory Nickels, and Melvin "Snookie" Taylor.

Miller

Millon Miller, 91, of Orlando died Friday, Dec. 29, 1995 at the Rockcastle Hospital. He was born March 4, 1904 in Rockcastle County, the son of Clay and Winnie Creech Miller and was a retired farmer and a member of the Baptist church.

Survivors are four sons, Victor Miller of Richmond, Ind., Wayne Miller of London and Carl Miller and James Miller, both of Orlando; six daughters, Elsie Scott and Christine Stevens, both of Hamilton, Ohio, Louise Carr and Eula Mae Allen, both of Ft. Myers, Fla. and Jackie Miller and Sandy Sowder, both of Pine Hill; a brother, Brad Miller of Burlington and a sister, Rachel Barnes of Latonia. Also surviving are several grandchildren and great grandchildren.

Services were held Sunday afternoon, December 31 at Dowell and Martin Funeral Home with Bro. William I. VanWinkle officiating. Burial was in the Johnetta Cemetery.

Pallbearers were Steve Pittman, Paul Lowery, James E. Carpenter, Jason Raider, Wayne Clark, Jack McVay and Andrew Robinson.

Hale

William McKinley Hale, 58, of Rt. 3, Mt. Vernon, died Sunday, December 31, 1995. He was born in Rockcastle County, the son of the late Clyde and Tennessee White Hale and was of the holiness faith.

Survivors are his wife, Eunice Jean Hale; four sons, Gerald Hale of Mt. Vernon, Donald Hale of Idaho, Nathan Hale of Lexington and Daniel Hale of Belmont; two daughters, Barbara Phillips of Richmond and Sheila Griffith of Mt. Vernon; five sisters, Fern Lee, Susie Lloyd and Marie Mason, all of Indiana, Ethel Dixon of Berea and Ruby Damrell of Mt. Vernon; six brothers, Raymond Hale of Lancaster, Orville Hale and Russell Hale, both of Berea, Alonzo Hale of Indiana, Clyde Hale, Jr. of Texas and James Hale of Indiana and two grandchildren.

Funeral services will be held Thursday, January 4 (today) at Lakes Funeral Home with Rev. A.F. Atwood officiating. Burial will be in Fairview Cemetery.

Pallbearers will be Charles Gray,

Dennis Dixon, Billy Dixon, Donnie Damrell, Clyde Prichard and David Damrell.

Thomas

Robert H. Thomas, 72, of McKee, died Thursday, December 28, 1995 at Humana Hospital in Lexington. He was born in Rockcastle County the son of the late John D. and Ophelia Anglin Thomas and was retired from the U.S. Air Force.

Survivors are four sister, Sarah Seals and Dessie Seals both of Berea, Golda Webb of Lexington and Fayette Scherle of Harrodsburg; four brothers, Ester Thomas of McKee, Oscar Thomas of Cincinnati, Ohio, James Thomas of Berea and Clifford Thomas of Glenco and several nieces and nephews.

Services for Mr. Thomas were Saturday, December 30, 1995 at the Lakes Funeral Home in Berea with Rev. Gary Parker officiating. Burial was in the Scafold Cane Cemetery.

Pallbearers were Scott Cornett, Robert Adamson, Wayne Seals, Danny Allen, Shane Garrett and B.C. Martin.

Hudson

Jim Hudson, 37, of Broadhead died Saturday, December 30, 1995 at the Humana Hospital in Lexington after a short illness. He was born on March 2, 1958 in Beattyville, the son of Homer and Rhoda Peters Hudson of Mt. Vernon. He was a self employed fence builder and a member of the World Wide Church of God.

Survivors besides his parents are his wife, Judy Wilder Hudson of Broadhead; two sons, James Wendell Hudson and Eric Wayne Hudson both at home; two brothers, Lerman Hudson of Versailles and Tim Hudson of Bent Mountain, Virginia; four sisters, Marlene Cox and Darlene Mullins both of London, Sue and Darlene of Cincinnati, Ohio and Jane Laill of Catawa, North Carolina and several nieces and nephews. He was preceded in death by one brother, Gary Roger Burch.

Services were Monday, January 1, 1996 at the Cox Funeral Home chapel with Bro. George Elkins officiating. Burial was in the Mareburg Cemetery.

Pallbearers were Anthony

Mullins, Mark Hudson, Mack Mosley, Danny Banks, Doug Banks, and Kevin Tucker.

Saylor

Helen Saylor, 89, of Rt. 1 Mt. Vernon died Thursday, December 28, 1995 at the Friendship House Nursing Home in Danville after an illness of several weeks. She was born on September 16, 1906 in Harlan County the daughter of the late James and Laura Smith-Shooper. She was a retired postmaster and a member of the Freedom Baptist Church.

Survivors are two brothers, Bill and Alet Shoop both of Port Orange, Florida; three sisters, Eula Asher of Mt. Vernon, Bulah Morris of Peebles, Ohio and Ethel Bishop of Fairfield, Ohio and several nieces and nephews.

She was preceded in death by her husband, Bradley Saylor and four brothers.

Services were Saturday, December 30, 1995 at the Cox Funeral Home chapel with Rev. Michael Bryant officiating. Burial was in the Rest Haven Cemetery in Harlan.



Croucher

Raymond Croucher, 74, of 800 Round Mountain Road, Irvine, Ky. died Tuesday, December 26, 1995 at the Irvine Health Care Center after a long illness. He was the husband of Mollie Canter Croucher and a native of Rockcastle County, the son of the late John and Fannie King Croucher.

A retired employee of Estill County

Schools, a veteran of WWII and a longtime resident of Estill County, Mr. Croucher was preceded in death by two brothers, one sister and a beloved granddaughter, Amy Gee. Survivors other than his wife, Mollie, include four sons; Lester Croucher of Mt. Vernon, Raymond Michael Croucher of Ravenna, Jesse Croucher and Phillip Croucher both of Irvine; seven daughters, Anna Mae VanWinkle and Louise VanWinkle both of Mt. Vernon, Minnie Mullins of Livingston, Betty Gee and Peggy Croucher both of Lexington, Cynthia Gullet of Harrodsburg and Linda Hamm of Irvine; two brothers, John Croucher, Jr. of Mt. Vernon and O'rear Croucher of Georgetown; three sisters, Birdie Galt of Mt. Vernon, Delphina Peters of Mt. Sterling and Marie Gregory of Tennessee and 16 grandchildren and 13 great grandchildren.

Funeral services were held Friday, December 29, 1995 at Lewis Funeral Home with Rev. Billy Bolan officiating. Burial was in the Oakdale Cemetery.

Pallbearers were Billy Hamm, Sammy Sparks, James Gee, Junior Coffee, Verlin Gullett and Tony Estes. Honorary pallbearers were Dwight Arvin and Donnie Arvin.

Thomas

Eva Ann Thomas, 89, of Winchester, and formerly of Rockcastle County, died Tuesday, January 2, 1996 at the Winchester Health Care Center in Winchester. She was born in Rockcastle County on February 22, 1906, the daughter of Joseph Taylor and Alice Kirby Taylor, and was a member of the Emmanuel Baptist Church of Winchester. She was the widow of the late Tom Thomas.

Survivors are two sons, Hubert Thomas of Paris and Joe Thomas of Lexington and several grandchildren and great grandchildren.

Funeral services will be conducted Thursday, January 4, (today) at the Dowell & Martin Funeral Home Chapel with burial in the Berea Cemetery.

Pallbearers will be James Taylor, Tully Sparks, O.C. Hamm, Bobby Wren, Randall Wren and James Maggard.

Shivel

Hubert L. Shivel, 83, of Washington, D.C. and formerly of Broadhead died Thursday, December 29, 1995 in Washington, D.C. of an apparent heart attack. He was born on November 14, 1912 in Broadhead, the son of the late Richard and Effie Taylor Shivel and was a retired warehouse manager for the Kroger Company, a veteran of World War II and the Korean War, a member of the Rockcastle County Historical Society and a member of the Catholic Church.

Survivors are one daughter, Tonya Tucker of Chieftland, Florida; two sisters, Gladys Adams of Broadhead and Dorothy Olson of Mohopac, New York; three grandchildren and seven great grandchildren. He was preceded in death by his wife, Elizabeth Sipple Shivel.

Funeral services will be Thursday, January 8, 1996 at the United States Soldiers Home in Washington, D.C. with burial in the Arlington National Cemetery with full military rites.

Jones

Scott Jones, 24, of 8490 Highway 39 South, Crab Orchard, died Monday, January 1, 1996 from injuries received in an automobile accident. He was born on January 8, 1971 in Mt. Vernon, the son of Paul Jones of Berea and Joan Burke Hammans of Crab Orchard and was a self employed mechanic.

Survivors besides his parents are a step father, David Hammans of Crab Orchard and two sisters, Paula Rice and Sandra Reynolds both of Crab Orchard.

Services were Wednesday, January 3 at Watson Funeral Home with Bro. Shelby Reynolds officiating. Burial was in the Piney Grove Cemetery.

CARDS OF THANKS

I want to thank all the people for their prayers, visits, phone calls, cards and flowers during my illness. Thanks to Dr. Graham, Dr. Saylor, the nurses and all the staff at Rockcastle Hospital, your kindness was greatly appreciated.

Bertrice Sowder

The family of Ben Milline would like to thank everyone for their prayers, food and flowers and a special thanks to Dowell and Martin Funeral Home. Thanks.

Wives and family

Absolute

Auction

of Mr. Wayne Jasper's

47 Acres, m/l, In Tracts

Sat., Jan. 13, 1996 • 10:30 a.m.

Bandy Section of Pulaski County

Location: 16 miles north of Somerset at the Junction of Highway 39 and Highway 70.

Mr. Jasper is reducing his farming operations and has decided to sell the property for the absolute high dollar.

Tract #1: Contains 15.13 acres with approximately 160 ft. of road frontage on Highway 39.

Tract #2: Contains 13.13 acres with approximately 415 feet of frontage on Highway 39.

Tract #3: Contains 14.43 acres with approximately 415 feet of frontage on Highway 39.

Tract #4: Contains 2.4 acres with approximately 250 feet of frontage on highway 39.

Tract #5: Contains 66/100 of an acre with frontage on Highway 70.

Tracts #6 and #7: Each contains 55/100 of an acre and fronts on Highway 70.

All of the tracts have city water available. There is 1,344 lbs. of tobacco base that will sell separately from the farm.

Auctioneer's Note: Whether you're looking for a small tract or a farm in its entirety, be sure to attend this absolute auction. Remember, the last bid will buy.

Terms: 20% down day of sale, balance in 30 days. Announcements day of sale take precedence over printed matter.

For additional information, contact the auctioneers:

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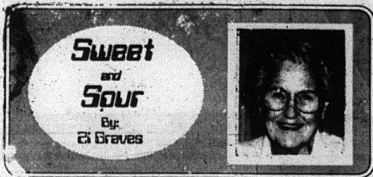
Friday

Lobby: 8:30 a.m. to 5 p.m.
Drive-In: 8:30 a.m. to 6 p.m.

Saturday

Lobby & Drive In:
8:30 a.m. to Noon

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Nostalgia

Nostalgia, a companion to many of us who have more to look back on than forward to, showed up today when I was putting gifts into pretty boxes that needed no wrapping. Suddenly I was back in the yesterdays when I did wrap all our gifts and tied pretty bows on them. Sometimes the ribbons and paper were the

ones we had kept from the year before but they had been carefully kept and were as good as new. The new paper with fancy designs and big gift wrapping paper and ribbon so what money there was could be used

plainly seen. Money was scarce back then and we usually made out quite well with the unimportant things such as new gift wrapping paper and ribbon so what money there was could be used

for the gifts themselves. Nimble fingers and creativity could do wonders with a bit of paper, scraps of brightly colored ribbons and a sprinkle of sparkle on a bit of glue that had been squirted on plain paper to form words or fancy designs. The sparkle came in many colors and one little bottle would last for several years if one was careful how it was used. We even made fancy sparkly cards out of plain ones by outlining the pictures with glue and sprinkling the sparkle on them. Polly reminded me the other day of her memories attached to the paper being used for the second or third time. The first time it may have been covering a box with a pretty doll from grandma inside, the next year, Rodney may have used it to wrap a special trinket he was giving you or Judy may have wrapped a pretty dress or sweater in it. Any and all of which brought back memories that were priceless treasures. She also reminded me of the first color coordinated paper used for

the gifts Judy brought home the first year she was employed at the mental health clinic in Michigan and she, Polly, saved it all for future use. Those undoubtedly were the prettiest gifts that had ever decorated the space under our tree. Each gift had been painstakingly wrapped in layers of tissue paper from white through all the shades of lavender to deep purple and tied with matching ribbons. It surely must have taken her days to wrap all of them for there were multiple gifts for everyone.

Do any of you remember the time of saving things for multiple use like fancy paper, ribbons, outgrown clothes and (wine)? Yes, I said twice, the string almost everyone had a ball of saved from the "store bought" things that everything one bought was securely tied with. If you do you may be admitting to more years than you want to tell others about for that isn't done these days.

This trend of thought continued

The Mt. Vernon Signal back into more of the days when Christmas was more than a commercial link in the middle of winter. I remembered when Christ was an important part of Christmas and no one was ashamed to say so. I also remember Christmas mornings when packages were opened with wonder and what was inside was a surprise that sometimes brought squeals of joy and sometimes brought tears to the eyes of the receiver who knew the sacrifices that had gone into saving for this gift of love.

Our children never liked to pry into the storage room where they knew their Christmas gifts were stored for they looked forward to Christmas morning and the fun of the surprises waiting for them. They weren't taken shopping before Christmas and allowed to buy their own gifts. Their shopping before Christmas was for the same reason ours was, to buy gifts for those they loved. When we would arrive in town, Somerset, each went directly to his favorite part of the

Thursday, January 4, 1996 P-8 store, usually the five and dime, and began his/her shopping spree. The kids always finished before I could hardly get started, but they didn't have as much money to spend either. Their giggles and secret smiles to each other always signaled when they were finished and their tightly held onto little packages was assurance they were pleased with what they had purchased. One year I will never forget, my gift from Rod, a little boy of about eight years old, was a potato masher. My old one was quite beaten up and I was in dire need of a new one and this little tyke had noticed it so on Christmas morning there was a brand new sturdy one neatly tied up with a tag on it, "To Mom, From Rodney." What better gift could a mom get?

Christmas Eve was our big time of excitement for it was then we all scrambled to every corner of the house to wrap our gifts where no other eyes could pry. This was when the paper from the previous years was brought directly to his favorite part of the

(Cont. to A9)

REAL ESTATE



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Homes \$50,000 & Up

Put Away Your Building Plans and move into this brand new 3 bedroom home. Added features include: entrance foyer, 2 baths, kitchen/dining combination, large wrap-around porch, heat pump and thermopane windows. It's conveniently located on a nice lot in Green Acres, Rockcastle's fastest growing subdivision. So brighten up your future for \$79,900. M706

Country Estate! Near Renfro, 2 story colonial home with 75 acres and tenant home. Main dwelling has over 3,000 sq. ft. + basement, features: entrance hall, 3 bedrooms, large family room, kitchen/dining room, den w/ fireplace, laundry and 2 baths on 1st floor; 2nd floor offers 3 bedrooms, 2 baths & balcony. The basement has bath, fireplace and stove. Priced at \$229,200. Call for your appt. M694

Bedford Stone House! Corner of Williams and Lovell Lane! This nice home offers 3 bedrooms, 2 baths, family room, utility room and kitchen with built-in oak cabinets plus a 2 car garage. Priced at \$56,900. M760

Impress Yourself (and your friends!) This enchanting house will impress you with its quality construction and ideal location. The house offers living room, dining, kitchen, 3 bedrooms, 2 baths and utility plus heat pump and a 1 car attached garage. Located in Evergreen Estates on a nice level lot and priced at \$64,900. M764

A Package Deal! Two houses, barn, tobacco base and 82 acres, m/l with timber. One house has

3 bedrooms, bath plus a basement; the other house has 2 bedrooms, bath and cellar. Owner will not divide. Located on the old Guley Road between Livingston and Lamer. This deal is priced at \$86,900. M743

Ottawa Section! Dandy 16.9 Acres Fenced Farm! This farm features a nice brick home with 3 bedrooms, bath, full basement with bedroom, bath and office plus heat pump, city water and kitchen appliances. Also, on the property is a tobacco barn, pond and stock watering tank. Fulfill a lifetime of farming dreams for \$83,900. M785

Pine Hill! Modern Ranch Brick Home with 3+ acres. This lovely home has 3 bedrooms, living room, kitchen/dining combination, 1 1/2 baths, full basement plus a barn and all of this for only \$62,900. M784

New Home Still Under Construction! One story ranch with 3 bedrooms, living, dining, kitchen, 2 baths and utility room plus an attic. Includes a multi-purpose room with attached garage. Located in the new Sunset Place restricted subdivision near Mareburg and situated on a large lot with a great view. M786

A Year To Remember in this lovely home designed with style and comfort in mind. Two story brick offers you family 4 bedrooms, 2 1/2 baths, formal dining room, den with fireplace, plus a 1 1/2 car garage. Located on Chestnut Drive, this truly priced right at \$109,900. M791

Homes \$30,000 - \$40,000

Lake Unvill! 1994 1 1/2 Modular Home situated on 2.9 acres, more/less. Home offers 2 bedrooms, thermopane windows, total electric, washer/dryer hook up and all appliances. \$34,900. M749.

Bowling Ridge Section! Home and 2 acres with lots of frontage on a blacktop road, house has living, kitchen/dining combo, 2 bedrooms, bath with an 8x30 front porch to enjoy the beauty of fall evenings. Priced at only \$31,500. M783

Homes Under \$30,000

Just Reduced! Fair Street - Mt. Vernon! This vinyl siding home offers living room, dining/kitchen combination, 2 bedrooms, bath, city water and sewer. Also, situated on the property is a small storage building. This conveniently located house is now priced at \$26,000. M773

Elm Street, Crab Orchard! Excellent Starter Home! This 2 bedroom vinyl siding home is situated on a .5 acre lot. Features include living, dining, kitchen, bath, city water & sewer, gas furnace and central air. Call Sonja to see. M755

Commercial

Think Ahead! Good Investment Property! 29 acres of prime commercial 175 property at Renfro Valley, Kentucky. Great visibility from I-75, city water and sewer and good terrain with tremendous possibilities. Owner may consider lease. This may be your opportunity at \$350,000. M538

Commercial Lot! Located in the City of Mt. Vernon US 150. City water and sewer available. This is a 2.2 acre lot. M665

Reduced for Quick Sale! Ideal business location on West Main and Williams Street. Also, you can either save money by living in the upstairs apartment or supplement your income with a rental. The apartment offers 3 bedrooms, bath, living room, dining, kitchen. The entire building with parking available is reduced to \$13,000. M714

Reduced! Spring Street! Concrete block building and lot located in the city of Mt. Vernon just off Main Street. City water sewer available. Reduced to \$7,900. M775

Reduced to \$750,000! Own Part of Renfro Valley's History with this Strategically Located Property in the Heart of the Valley. The John Lair Homestead includes 11 acres m/l, stone and log home built by Mr. John Lair plus a stone & log barn/apartment. This property has definite potential for commercial development. Be a part of the Renfro growth. Now \$750,000. M700.

Commercial Property Near Renfro Valley! 30x40 building, adaptable to almost any use. Situated on a dandy one acre lot. Priced at \$44,900. M683

Be your Own Boss! This property offers a commercial block building with concrete floors, city water, sewer and situated on 1/2 acre m/l lot. Possibilities endless. Motivated seller. Priced at \$22,500. M750

Homes \$40,000-\$50,000

Two Story Building at Sand Springs! First floor has living room, dining, kitchen combo, 2 bedrooms and bath; second floor is a large open room-remodel to fit your needs. Situated on 2 acre lot, m/l, there is also a 30x40 3 story vinyl siding building that could be used either for a garage or storage building. Priced at \$42,500. M729.

Country Living! New Home! Nice 2 story home with 1,800 sq. ft. of living space. Features living room with cathedral ceilings and fireplace, dining room, kitchen with oak cabinets, bedrooms, baths and utility downstairs, plus 3 bedrooms upstairs. Situated on 3 acres, m/l, in the Saltpepe Cave area. \$49,500. M762.

Bethrum Street, Mt. Vernon! This recently remodeled older

home with vinyl siding, features 3 bedrooms, living room, kitchen with built-in oak cabinets, and a full bathroom. City water and sewer. In addition, there's a carport and outbuilding. Conveniently located. M78

Reduced Again! Now Only \$41,500! Willifall! Nice brick situated on a level 1/2 acre lot. Home offers 3 bedrooms, living room, dining/kitchen combination, bath plus 1 car garage. A great opportunity for you and your family for only \$1,500. M711. Joyce Street, Mt. Vernon! This nice brick home offers living room, dining room/kitchen combo, 3 bedrooms, large family room, bath and utility room. Added features include ceiling fans, oil furnace, front porch, storage building and a convenient location. Priced at \$49,900. M752.

Lots

\$24,000! Approximately a 3 acre tract in Mt. Vernon - Joins Four Sons Subdivision. M708

Woodland Place Subdivision! Restricted, paved streets, city water - 4 large lots measuring approx. 1/2 acre each. Priced at \$3,000 each. M709

Restricted Lot! Paved street, city water, 4 large lots measuring approximately 1 acre each. Located in the Woodland Place Subdivision and priced at \$9,000. M710.

2 Acre Lot! This lot offers a 52x55 basement with concrete walls and floor. Priced at \$21,000. M711

Four Building Lots! Located near the Rockcastle Middle School. These lots are situated in a superb location and prices start at \$7,500. M767

Golden Opportunity! Sunset Place! Mareburg's newest development. 52 restricted building lots with city water available, plus some backlot road frontage available. These lots measure between 1/2 acre to 1 1/2 acres and range in price from \$5,000 - \$10,000. Start your dream home today! Call now! M712

Carpenter Subdivision, Orlando! 5 lots ideal for building your new home or setting up your mobile home! The lots measure 100x150 with backlot road frontage and city water available. Priced at \$3,500. M713

Rolling Hills Subdivision! Just off Old Highway 481! Three restricted lots ranging in size from 1.9 to 2.9 acres m/l. Priced at \$6,900 per lot. Start building your dreams tomorrow. M790

Farms

Ottawa Section! Good Pasture Land! One story ranch with 3 bedrooms, living, dining, kitchen, 2 baths and utility room plus an attic. Includes a multi-purpose room with attached garage. Located in the new Sunset Place restricted subdivision near Mareburg and situated on a large lot with a great view. M786

Crab Orchard, Ky! 425 Acres - (300 acres of cropland) - Harvestore silo - tobacco barn - Watered buildings - wood shop and a modern tenant house! One of the areas most premier farms. Family owned for over 50 years. Possible owner financing. Priced at \$559,000. M715

Cleft Rock Section of Rockcastle County! 4 1/2 acres, m/l, priced at \$4,500. Invest for the future. M779.

Acres - Johnetta Section! 181 acres, m/l by the boundary. Some young timber. M650.

61 Acres Fronting on US 150!

Deal for development in the heart of Crab Orchard with city water and city sewer available. 1905 lbs. of tobacco. Priced at \$99,500. M678.

11 Acres Located Just off Hwy. 643! Ideal for development with city water and city sewer available. Private. 1254 lbs. of tobacco. Priced at only \$21,900. M677

179 Acres Farm m/l in the Scaffold Cane area. Approx. 85 acres of cropland, 4,000+ lbs. of tobacco. Improved with a new 40x60 barn and older barn. Watered by spring and pond - city water available. Priced at \$175,000. M674

Top Notch Cattle Farm! 316 Acres 5 springs, 2 ponds and city water - very clean, good grass, almost new fencing. Located in the McKinney section of Lincoln County, priced at \$800 per acre. M717

Just Off Highway 481! 28.84 acres located approximately 6 miles from Mt. Vernon. City water is available. Ideally situated yet with privacy galore. Priced at \$27,500. M781

Ford Bros. Future Auctions

Absolute Auction of Mr. Wayne Jasper's 47 Acres m/l in Tracts Saturday, January 13, 1996 • 10:30 a.m. Bandy Section of Pulaski County

Absolute Auctions of the Late Oscar Randall's 15 Acres, more or less House and Tobacco Saturday, January 13, 1996 • 1:30 p.m. Shopville Section of Pulaski County

For all your real estate needs contact Ford Brothers, Inc.

Sports

Rockets get second win of season; beat Eagles in OT

The Rockets put their second game of the season in the win column Tuesday night when they came from 10 points down in the fourth quarter to take the visiting Madison Southern Eagles to overtime and then beat them 71-69.

Sophomore guard Dusty McClure, making his second start of the season, put in a three-pointer to tie the score at 62 all with 1:11 seconds in regulation. The Rockets got the ball the ball back with 17.7 seconds on the clock and the chance to win the game but the Eagles held the Rockets off the basket and it was the first overtime for the Rockets of the season.

Center Gary Burns drew first blood in overtime, followed by a free throw by Dallas Rigbsy and the Rockets were ahead 65-62. But, McClure picked up his fifth foul of the game shortly afterwards and had to watch the end of the game from the bench. The Eagles then went on a 5-0 run and pulled ahead 67-65 before Chad Severance hit two freebies to knot the score once again at 67 all.

The Eagles came back with a basket on the court when they fouled but the shooter was unable to convert at the free throw line and it was 69-67. Burns was fouled with 1:16 in the game and made both free throws to once again tie the score. The Rockets regained possession of the ball on a steal and the Eagles fouled Travis Anderkin with 41 seconds on the clock. Anderkin missed the first, made the second and the Rockets took the lead again. On an Eagle shot, Burns got the rebound and was fouled with 21 seconds on the clock. Burns couldn't convert on either free throw but Adam Powell got a key rebound and was immediately fouled by an Eagle. Powell missed the first end of a one-and-one but converted the second and there was only 3 seconds left for the Eagles to go full court and score. They took a shot with 3 seconds on the clock but it was no good and the Rockets had their second win of the season.

The Rockets trailed at the first quarter stop 13-12 but the Rockets came back in the second to tie the score at 26 all. The Rockets had a bad third quarter, getting outscored by the Eagles 20-14 and trailing 46-40 at the quarter stop.

However, in the fourth quarter, the Rockets showed their best intensity of the season. After being down 54-44, fueled by two Rocket turnovers, the team sucked it up and went on an 18-8 scoring run, capped off by McClure's three to tie the game.

Burns led the scoring with 30 points, 10 of them in the second quarter and six from the free throw line.

Dallas Rigbsy was all over both ends of the court, scoring, rebounding and just generally putting out the most hustle on both teams. Rigbsy wound up with 19 points, including two three pointers and five free throws. For his efforts, Rigbsy was named the Pizza Hut Player of the Game.

Dusty McClure also scored two three pointers in his game total of 10 points. Chad Severance got a three, a two and three field goals in an unusual low scoring night for the senior forward; Travis Anderkin contributed three free throws and Powell got one.

The Rockets are now 2-3 on the season and will play McCreary Central Friday night and Gallatin Co. Saturday night with both games at home.

Jayvees lose to Southern Jayvees

After staying with the Madison Southern Jayvees through the first half, the Rockets went cold and only managed 9 points the second half to take their third defeat of the season.

The Jayvees sorely miss the services of Dusty McClure who has been put off the varsity squad and who had been the Jayvees leading scorer.

Blake Childress led the jayvees in scoring with 7 points; Jeremy Martin got 6, all late in the fourth quarter and John Brown, Matt Ford, Jared Reams and Andy Hale all scored 2 each in the Rockets 39-26 loss.

Rockets lose in Christmas tourney

The Rockets didn't fare so well at the Campbellville tournament last Thursday and Friday.

The first game saw the Rockets get blown away 90-64 by a much

quicker, better-shooting team. The Rockets didn't hit their shots and didn't play defense. Dusty McClure came off the bench to lead the scoring for the Rockets with 14. Anderkin, who fouled out early in the fourth quarter, and Severance each got 12; Burns was held to 10; Mark Carpenter also came off the bench to score 7 points; Eric McGuire, Adam Powell and Jessie Bugg each got 2 and Andy Hale 1. Rigbsy also scored two points but saw limited action because of two quick fouls early in the first quarter and the third shortly after he was put back in during the second quarter.

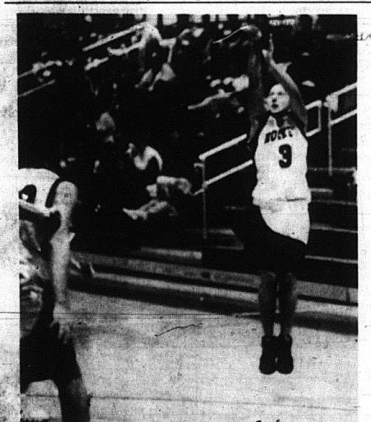
In the second game on Friday night, the Rockets faced the Jessamine County Colts and it was a much better played game at both ends of the court.

The Rockets led at the end of the first quarter 23-19; were behind 37-33 at half time but, a 16-0 run to begin the third quarter, saw the Rockets take a 49 to 37 lead and a 50-45 margin at the end of the third quarter. However, the Rockets came back to put on an 18-5 run and hand the Rockets a 76-65 defeat.

Burns was back in form with 24 game high points; Dallas Rigbsy came through with 17; Dusty McClure, Eric McGuire and Chad Severance had 6 each; Travis Anderkin scored 4 and Adam Powell got 2.

Boys play this Friday and Saturday at home
Girls play at Pulaski SW Jan. 8th

Pizza Hut Player of the Game...



Senior guard Dallas Rigbsy was named Pizza Hut Player of the Game for his play during the Rockets second win of the season, over Madison Southern, Tuesday night. Rigbsy poured in 19 points in the game and several rebounds.



It was a melee after during Tuesday night's game between the Rockets and the Madison Southern Eagles but the Rockets persevered and got their second win of the season. In the above photo, guard Dusty McClure gets run over by his man in his attempt to get into the action. Rockets in the photo are, from left: Adam Powell, No. 13; Dallas Rigbsy, No. 42; Gary Burns, No. 30 and Chad Severance.

Lady Rockets lose three at Lincoln tournament

The Rockcastle County Lady Rockets traveled to Lincoln County over the holidays where they participated in the Lady Patriot Classic coming away with three disappointing losses, bringing their record to 4-6 on the season.

In first round action the Rockets fell to the Pioneers of Harrodsburg, 59-47. After trailing 14-10 early in the game the Rockets used a full court press to go on a 10-1 run with only 2:30 remaining in the first period and took a 20-15 lead at the break.

But the second quarter belonged to the Pioneers and their 62' 240 lb. center Shelly Mays. Mays controlled the boards on both ends of the court while scoring 22 points. With 4:23 remaining in the first half and a four point Rockcastle lead the Pioneers went to a four corner offense in order to give Mays a chance to rest. Two costly reaching fouls by the Rockets put the Pioneers on the foul line where they converted all four shots to take the lead with 1:35 remaining. The half ended with the Rockets scoring only five second quarter points as they trailed 28-25 at the half.

In the third period the Rockets were still unable to get any offense going as the Pioneers continued to control the boards. But the Rockets full court pressure enabled the Rockets to stay in striking distance as they

trailed at the end of the third period, 37-31.

The Rockets were able to cut the lead to one point three different times in the fourth period but turnovers kept them from over taking the Pioneers for the 59-47 loss.

Scoring for the Rockets were: Melinda Alcorn, 10; Amy Robinson, 5; Jessica Albright, 6; Suzie Carpenter, 6; Ginger Mink, 6; Kristi Moore, 10.

In the third game of the tourney the Lady Rockets got off to a slow start as they challenged host Lincoln County. The Lady Rockets were able to manage only four points in the first period. But, the Rocket's defense was able to keep them in the game and the Rockets only trailed 8-4 at the break.

In the second quarter the Rockets his 10 of 13 free throws as they were able to battle back to tie the game 23-23 at the half.

The third quarter saw the Rockets again score only six points as they trailed by eight. For the tourney the Rockets were outscored 46 to 20 in the third period alone.

The Lady Patriots took control of the inside as they went on to defeat the Rockets, 57-43. A bright spot for the young Rockets was the shooting from the charity stripe where they hit 17 of 24.

Scoring for the Rockets were: Melinda Alcorn, 8; Dee Reams, 2; Amy Robinson, 9; Jessica Albright, 4; Suzie Carpenter, 2; Ginger Mink, 4; Kristi Moore, 12 and Nikki Bul-

forded turnovers, 35 for the game, along with fourteen fourth quarter fouls.

Scoring for the Rockets were: Melinda Alcorn, 6; Amy Robinson, 11; Jessica Albright, 3; Suzie Carpenter, 6; Ginger Mink, 6; Kristi Moore, 10.

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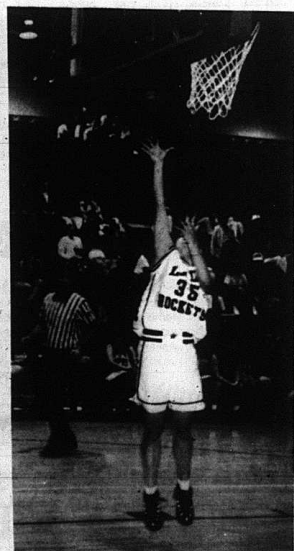
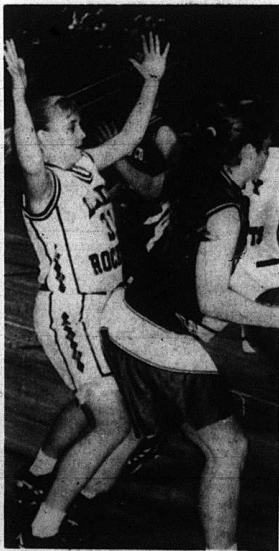
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(Cont. to A7)

All Tournament Team...



Amy Robinson, left, and Kristi Moore were named to the All-Tournament Team during the Lady Patriot Classic held at Lincoln County December 28, 29 and 30.



Dallas Rigbsy takes a short jumper for two of his 19 points in the game against Southern. For his efforts, Rigbsy was named Pizza Hut Player of the Game.

Junior Pro Round-up

IV LEAGUE
WARRIORS 41 HORNETS 36
 The Warriors and Hornets squared off like two heavyweights in this long awaited match-up, and the large crowd in attendance was certainly not disappointed. Both teams exchanged the lead numerous times throughout the first three quarters, as neither could pull away. In the fourth quarter the Warriors deep bench and command of the backboards proved to be the difference as they took a slight lead behind several offensive rebound put backs. Good free-throw shooting and composure against a fierce Hornet full-court press allowed the Warriors to keep the lead for the victory, giving them sole possession

of first place. For the Warriors: Aaron Cash put together a superb game of 15 points, and many rebounds and assists; Tim McIntosh lit up the scoreboard with 10 points on several long bombs; Clay Smith put in a solid performance with 6 points and several steals and rebounds; Courtney Alexander scrapped together 4 points and several rebounds with great hustle. Amber Denny scored 2 points, but pulled down around a dozen rebounds. Jeremy Rowe, James Bussell, and Jessica Thacker all added 2 points and great defense for the Warrior cause. For the Hornets: big Matthew Renner again put together an excellent game with 16 points and a number of rebounds and blocks; Devin

Taylor scored 10 points and had probably as many steals of the press. Cole Hammond and Alex Martin each scored 4 points and put together great all-around games; Shaun Denny pumped in 2 points, and Justin Rogers contributed with defense and hustle.

SUNS 32 HEAT 27
 This was a very intense, hard fought contest that the large crowd really got into. The Suns pulled ahead, but the Heat repeatedly made runs to cut the lead. At one point in the fourth quarter, it looked like the Suns had the game in full control as their lead crept into double-digits. However, the Heat charged the backboards, rebounding several Sun misses. To their credit, the Suns maintained their composure in the face of the final, furious Heat rally and managed to make some free-throws and take advantage of defensive breakdowns to pull out a five point win. For the Suns: Chris Settles pumped in 15 points and put together a solid all-around performance. Steve Boring scored 5 points and pulled down several rebounds, while his sister Angie scored 4 points and also grabbed a number of boards. Michael Hayes had 4 points and added solid defense and rebounding. Adam York and Jarrod Stevens each contributed 2 points and solid hustle. For the Heat: Rodney Payne and Austin Miller each led the balanced attack with 9 points apiece. Darin Harris put together a solid game with 5 points and several rebounds, and Matthew Bustle and Kane Hulbrook added 1 point and great defense to the Heat effort.

TRAINING LEAGUE:
MAGIC 16 LAKERS 13
 This was yet another exciting, hard fought game that went all the way to the wire. Both teams attacked the boards hard and played good belly-to-belly defense against the other. The Magic's advantage on the boards proved to be the difference in this one though as their offensive rebound put backs were the key that allowed them to remain unbeaten to this point. For the Magic: their balanced offensive attack was led by Derreck Hurst and Blake Roberts who fired in 5 points apiece. Jackson Bray added 2 points and good board work. Malik Reams and Ricky Sandusky each fired in 2 points and played excellent defense. For the Lakers: point guard Brandon Reams led the way with 6 points and several steals. Jacob Tyler scored 4 points and played aggressive defense. C. Cunagan fired in 2 points and Max Saylor added 1.

Timber Wolves 22 - Raptors 11
 The T Wolves continued their winning ways by knocking off the always tough Raptors in a hard fought contest. Both teams hustled after every loose ball and scrapped for every rebound, but it was the T Wolf defense that proved to be the difference as their leading scorer Jarrod Burdette picked up many of their points by converting steals into lay-ups. For the T Wolves: Burdette put together another outstanding performance with 18 points and plenty of steals and rebounds. Brandon Falin added 2 points and strong rebounding, and Kyle Mullins added 2 points and good floor leadership. For the Raptors: Chris Mullins led their balanced offensive attack with 3 points, while Brandon Cameron, Luke McCauley, Amanda Rogers and Matthew Allen all contributed 2 points each.

CELTICS 21 HORNETS 19
 This was a perfect game to cap off the day. Every game had either went down to the wire before being decided, or was hard-fought and could

have gone either way with a break or two. Put this game in the former category. Each team played hard for the "W" and refused to quit. Both played good defense and went to the boards aggressively. But, in the end, it was the Celtics who pulled out the win as they nudged the Hornets to pick up their second win of the year. For the Celtics: Matthew Sixco led the way with 8 points and had several steals; big Jesse Hamm put in 7 points and had another good rebounding day. Matthew Burkhart scored 4 points and added clutch defense and hustle and Devon Bussell scrapped for 2 points and helped the Celtics control the glass. For the Hornets: Colby Brown was a one-man wrecking crew as he fired in 17 points and added numerous steals and rebounds for the Hornet cause, while Ronny Lee McClure added 2 points and Sun picked up several rebounds for the teal team.

STANDINGS

IV LEAGUE	W	L
WARRIORS	3	0
SUNS	2	1
HORNETS	2	2
HEAT	1	2
CELTICS	0	3

TRAINING LEAGUE:

W	L	
T. WOLVES	4	0
MAGIC	3	0
CELTICS	2	1
HORNETS	2	2
LAKERS	1	2
BULLS	0	3
RAPTORS	0	4

INSTRUCTIONAL LEAGUE PLAY BEGINS THIS SATURDAY, JANUARY 6TH!
 The Instructional League (6 and 7 year olds) will play their first games of the season this Saturday at Bradford Elem School. The Instructional League is non-competitive; score will not be kept in their games.

THE FULL JR. PRO SCHEDULE FOR SATURDAY, JANUARY 6TH
 8-10 a.m. - IV LEAGUE: WARRIORS vs HEAT
 9-11 a.m. - IV LEAGUE: CELTICS vs SUNS
 11 a.m. - INS LEAGUE: CELTICS vs ROCKETS
 11-11:45 a.m. - INS LEAGUE: GRIZZLIES vs MAVERICKS
 12:30 p.m. - INS LEAGUE: BULLS vs MAGIC
 1:15 p.m. - TRN LEAGUE: T WOLVES vs MAGIC
 2:30 p.m. - TRN LEAGUE: BULLS vs LAKERS
 3:45 p.m. - TRN LEAGUE: CELTICS vs RAPTORS

Seminar at Somerset on how to start your own business

Coming soon to Somerset: A practical, step-by-step workshop on starting your own business. Sponsored by Eastern Kentucky University's South Central Small Business Development Center, the event is scheduled for 6-9 p.m. Tuesday, January 16 at the South Central SBDC Training Room, 107 W Mt. Vernon St., Somerset.

The workshop will cover all the start-up basics for small businesses, including testing and Girls Lose (Cont. From 6)

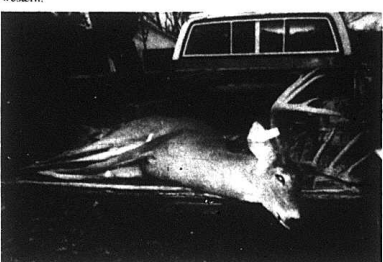
protecting the idea, finding good people, business structure, cash flow, financing, the business plan and more.

The video presentation was developed by Inc. magazine and sponsored by AT&T. The resource guide was developed by the South Central SBDC.

"This seminar shows you how to really start your own business," said Hoan Sloan, management specialist with the South Central SBDC, who will conduct the seminar. "Not theory, not textbook, but the real-world version of how to create a successful business."

"Ten chapters take you step by step through the start-up process. Each chapter delivers an essential lesson in plain English—no jargon, no fancy business terms. Everything is clearly defined and fully explained."

Pre-registration is required; a non-refundable fee of \$10 covers the cost of the resource guide. For more information, or to register, call the South Central SBDC in Somerset, 606-678-5520.



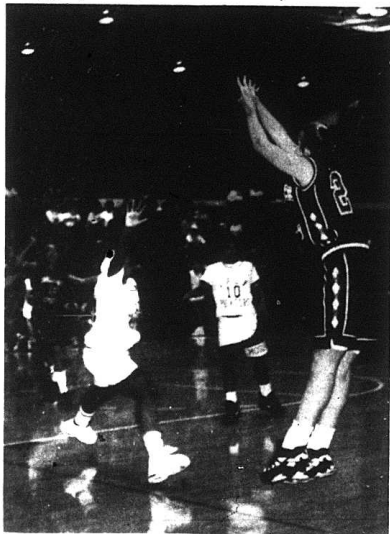
Eddie Alcorn killed this beautiful 11 point buck in Rockcastle County on November 11, 1995. Thanks Barbara and Arvil.



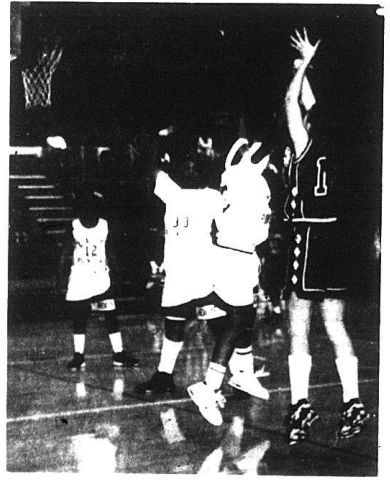
Anthony Carpenter killed this 10 point buck on Nov. 13 in Rockcastle County. The deer weighed 165 lbs.



Daniel Ashcraft and Tim Robinson had a very successful deer hunting trip in October during black powder season. Daniel's buck was a very nice spike and Tim's was a nice 7 point. They were killed in southern Kentucky. They also would like to thank Gary Langford for the good job he did mounting these two deer.



Point guard Jessica Albright takes a jump shot during first round action against the Lady Pioneers of Harrodsburg in the Lady Patriot Classic tournament last week end. Albright scored 6 points in the game.



Senior center Melinda Alcorn got 10 points in the girls 59-47 loss to Harrodsburg.

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Suzie Carpenter squeezed between two defenders during the game against the Pioneers to put up the scoop shot. Carpenter was the leading scorer in the game with 11 points.

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The Week at Livingston

By Frances Dickerson

Mr. and Mrs. Arthur Argenbright spent Christmas Day with Mr. and Mrs. Roger Robinson and family in Broadhead.

Christmas guests of Mrs. Carrie Loudermilk were her daughter, Margaret, Mr. and Mrs. Kim Tangannon and Kayle of North Carolina, Mr. and Mrs. Mark Loudermilk of Broadhead, Mr. and Mrs. Jeff Vanzant of Louisville, Mrs. Charlotte Fain Loudermilk and daughters, Ingrid and Angela, Mrs. Faye Fain of Mt. Vernon, Mr. and Mrs. Bob Loudermilk of Somerset, Mr. and Mrs. Bill Loudermilk and Tony, Tina and Ashley. Mrs. Bernice Rice and her brother visited their sister in Hazard one day last week. They report her condition is better.

Recent visitors of Mrs. Ruby Mink were Mr. and Mrs. James Mink of Lexington and Mr. and Mrs. Fpuk Lee of Monticello.

The program at the Christian Church was a success and was attended by a large crowd.

The Medley family spent Christmas with her sister, Jessie, in London.

Mr. and Mrs. Bobby Burdine visited his mother, Mrs. Nora Burdine recently.

Mr. and Mrs. John Mullins, Stuart and Rachel spent Christmas Day with

John's parents, Mr. and Mrs. Lee Mullins. Mr. Lee Mullins has been very ill.

Mr. and Mrs. Fred Ruppe have returned home to Florida after spending a few days with their children on Red Hill.

A large crowd enjoyed the Watch Party given at Li's Restaurant.

Mrs. Medley, Margaret Burdine and Beulah Black were in Richmond Friday.

Recent guests of Mr. and Mrs. Denver Mullins were Denver's sisters, Mildred and Marguerite and Marguerite's daughter and granddaughter. Their son, Norman left Monday.

Mr. and Mrs. D.F. Cottengin had all of their family home for Christmas.

Mr. and Mrs. L.D. Bond spent Christmas with their son Mark and his family.

Mrs. Lena McClure, Mr. and Mrs. Dale McClure and Miranda of Mt. Vernon and Mike McClure of Lancaster, Ohio spent Christmas Day in White Pine, Tenn.

Mrs. Lena McClure and Mike ate Christmas dinner with Mr. and Mrs. Everette Mahaffey. The Mahaffey family celebrated Christmas early.

Mrs. Spent the rest of the week with his mother.

Keelley has had to remain in the hospital since her birth but will soon be coming to her new home and to play with big brother Keifer.

Linda Randolph, daughter of Mary Jane Randolph went surgery on December 26, at Somerset. She is improving at her home.

Mrs. Minerva Gentry of Ohio spent the Christmas holidays here with her sister, Mrs. Geneva Gentry. George McClure passed away last week in Somerset. He was buried December 28, 1995 at the Fairview Cemetery.

Riand and Jill Cash and Josh have purchased the house at Willailla in which Jill's grandparents, Mr. and Mrs. Butch Thompson, once lived. Supper guests of the Cash family on

Christmas night were Clay and Lucille Cash, Vince and Jennifer Cash, Ronnie, Micki Jo, Matthew and Zachary Woodson, Myrtle Reynolds, Tim Jasmine and Travis Martin, Chris, Gina and Davis Faulkner, Dickie and Merita Martin, Brownie, Carol and Jon Eric Martin, Willis and Ruby Thompson and Don Thompson.

Keith, Jennifer, Keifer and Kevin Goff all spent Christmas with their mother and grandmother, Mrs. Lynn Goff in Florence, Ky.

New Year's Eve supper guests of Jack and Marie Goff were, Ray and Betty Lou Richards, Jackie and Sylvia Goff and Ronnie and Tina Goff.

Mr. and Mrs. Dickie Martin have moved to their new home at Mareburg.

Tex, Juanita and Eric Payne, Brenda, Heather and Troy Wilson, Cody and Rochelle Cain of Hamilton, Ohio, Terry, Gayle, Jeremy and Travis Hood of Somerset, Cagie VanHook, Roy Candiff and son of Hwy. 70 all spent Christmas with their mother and grandmother, Mrs. Ruby Thompson.

Mrs. Ora Brown of Somerset, and formerly of this community, has gone to live with her son, Dallas and wife, in Tupelo, Mississippi. Ora has been in failing health for some time.

Visitors of Linda Randolph since her surgery have been, Diana Adams, Carol Martin, Dan McKibben, Jonas Brown, Mr. and Mrs. Gilbert Burton, Mr. and Mrs. Owen Burton and Mrs. Betty Whitaker.

Christmas Day visitors of Mrs. Mary Jane Randolph, Linda and Arvil were Ricky, Kathleen, Steven and Megan Barrette of Gallatin, Tenn., Mr. and Mrs. Sam Vaughn of Louisville and Gary, Gail, Michelle, and Kristal Keith of Shelbyville.

Delbert and Melba Bingham of Liberty spent New Year's Day with Melba's sister, Mrs. Lola Todd.

Joy Nicely Randolph of Indianapolis, Indiana was here on Christmas Eve visiting Jess and Louise Nicely, Lovell and Rena Nicely, Bronn Childers and other relatives.

Mrs. Lola Todd had all her children home on Christmas Eve except Glenda of Mt. Vernon who has been very sick with the flu.

Quail News

By Vivian Owens

Tom Jones of Illinois and Phillip Davis visited Ruth Mink Thursday afternoon.

Mr. and Mrs. Charlie White visited her father, Wise Noe over the holidays.

Mr. and Mrs. Charlie White visited Mrs. Jewell Albright and Tooter Wednesday.

Mrs. Alma Jean Cable visited her sister, Mrs. Edna Pope, Sunday afternoon.

Mrs. Vivian Owens returned home Thursday from Ohio where she spent Christmas with her sons, Mr. and Mrs. Charlie N. Owens and family

and Mr. and Mrs. Estil J. Owens.

Mr. and Mrs. Dennis Bray and sons visited Mrs. Edna Caldwell, Raymond, and Wayne, Saturday afternoon.

Wayne Caldwell has returned to his home in Ohio after spending the holidays with his mother, Mrs. Edna Caldwell, and his brother, Raymond.

Mr. and Mrs. Billy Owens of Ohio, Wayne Taylor and son and Mr. and Mrs. Bobby Taylor visited their mother, Mrs. Ruby Taylor, Friday.

Mr. and Mrs. Willard Davidson spent Saturday night with Mrs. Ruby Taylor.

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Linoleum Stripper Installing your own linoleum? Rent a roller to press linoleum to glue and eliminate bubbles. \$9 per day

FLOOR SANDER Rough floors, beware! It's easy to do-it-yourself. We can offer instructions. \$20 per day

Willailla News By: Carol Martin
Keith and Jennifer Goff are the proud parents of a baby girl born on Thursday, November 16 at Central Baptist Hospital in Lexington. She weighed 2 pounds and 3 ounces and has been named Keelley Shayne.



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Volunteers honored

The Cumberland Valley Area Agency on Aging recently held a banquet in honor of the volunteers who work at the senior citizens centers in the Cumberland Valley Area. Bernice Miracle, CVAAG Director presented the awards. The volunteers from Rockcastle County who were honored for their services to senior centers, are shown in the photo front row from left: Sudie McNew, Christine Bowman, Clara Jones, Nellie Mosely, Walter Miller. Back row from left: Rhoda Woodall, Harold Jones, Alva Ponder, Mary Wallace, Perry Bowman, Geneva Bradford and Mary Jane Gadd.



Shawn and Sandra Osborne, are proud to announce the birth of their first child, Shawn David. Shawn David was born Sept. 13, 1995 at Pattie A. Clay Hospital. He weighed 7 lbs. and 10 ozs and was 20 inches long. Maternal grandparents are Dale and Virgie Mink of London and paternal grandparents are David Osborne of Mt. Vernon and Vicky Bingham of Arkansas.



Happy 26th Birthday, James Love from Mom, Dad, Randy and Eric



Lordy, Lordy! Look Who's Forty. Hi Mel, Happy Birthday! Guess Who?

Rockcastle Community

Bulletin Board

Singles Club

The Singles Club will meet each Sat. night at 7 o'clock in the community room at the library. The club will also meet the last Friday of each month, same time, same place. Snacks and games will be provided. Dues are \$1 per person at each meeting. All singles are welcome. For more information, call 256-4347.

Bookmobile Schedule

Mon., Jan. 8th - Brodhead and Copper Creek.
Tues., Jan. 9th - Green Hill, Conway, Boone, Fairview and Lambert Rd.
Wed., Jan. 10th - Mt. Vernon Manor, Mink Apts. and Brindle Ridge

Kiwanis Meeting

The Rockcastle Co. Kiwanis Club will meet Thursday at noon at the Rockcastle Steak House. Special guest speakers will be Claudina Cash and Tammy Gabbard, both from the board of education.

Band Box Class

The Extension Office is offering a class on heart-shaped band boxes on January 16th at 6 p.m. Learn to make a decorative box using a heart-shaped candy box, fabric and a bit of creativity. The class is free of charge, but participants must bring their own materials. Call 256-2403 for more information.

Right To Light Meeting Cancelled

The Right To Light meeting for January has been cancelled. Watch for new date and new meeting place for next month.

Elmwood Cemetery Meeting

Elmwood Perpetual Care Corp. will hold its annual public meeting on Sat., Jan. 6 at 1 p.m. in the old district court room. Everyone is welcome.

Singing at Sand Springs Baptist

Sand Springs Baptist Church will have a singing Sat., Jan. 6 at 7 p.m. Pastor is Danny Robbins. Special singers will be "The Chimney Rock Boys." Everyone is welcome.

GED Tutoring

GED tutoring FREE at the Christian Appalachian Project. Classes held at the: CAP Adult Learning Center, 6 to 8:30 p.m. on Tuesdays and Brodhead Elementary School, 9 to 11 a.m. on Thursdays. Or, you can contact us to have our School on Wheels program come to your house. For more information, call 256-5307.

Board of Education Note
The Rockcastle County Board of Education will meet in regular monthly session January 9 at 7:30 p.m. at the Central Administration Offices. The public is welcome to attend.

Bulletin Board Sponsored By



Cox Funeral Home

MT. VERNON, KY. - 256-2345

"Sweet n' Sour"

(Cont. from A5)
forth and added to the new and every-one had their chance to go through it and choose what they wanted. Then, from every part of the house one could hear, "do you have the tape?" "where is the bottle of blue glitter?" "don't come in here yet," "is there any more of this red paper?" "will you hold your finger on this while I tie the bow?" and "are we out of name tags?" Suddenly, about midnight, there was a restless calm over the house as the tree lights were turned on and all the beautifully wrapped gifts were exposed beneath it. They had been mysteriously slipped under the tree when everyone's back was turned. (after all that fuss Santa Claus had his work to do.)

Today is New Year's Day, January 1, 1996. I have had a few weeks to mull over the past since I started this several weeks ago. Holiday activities, real or imagined, take their toll on time. Mine has mostly been imagined. The days of shopping in

The Mt. Vernon Signal Thursday, January 4, 1996 P-8
crowded stores looking for the prettiest gift has become a thing of the past and I sorely miss it. I miss the feel of arms filled with bundles and a small hand held close to keep the owner from wandering away. I miss the beautiful sound of Christmas carols coming over the loud speaker as I shop. I miss the million bright colored things I would never have a use for being displayed and the joy of simply looking at them. Most of all I miss the thrill of awakening Christmas morning to the happy sound of voices.

Oh yes, there was the sound of happy voices in my house a few days before Christmas and I want to thank the young folks who were responsible for it. The youth from First Baptist Church: Phyllis Holbrook, Scott Renner, Heather Bray, Billy Haddix, Janelle Payne, Jody Kirby, and Neal Shepherd came a caroling. I am sure they never realized what joy this brought me. Not only was the singing appreciated but it took me back to the time when I also went

acrossing with the youth of our church in Cincinnati. It brought back memories of snow falling on a group of warmly clad young people singing on street corners and in front of brightly lit homes and the occupants coming out to wish us a Merry Christmas. Then all returning to our house where we had hot chocolate waiting for us.

I hope all my readers had the kind of Christmas that made memories that will warm their hearts in future years. And I wish you all a Happy and Successful New Year.



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Boneless
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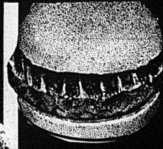


Lb.

Limits reserved on all meat items

FRESH 100%
Pure
Ground Beef

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Lb.

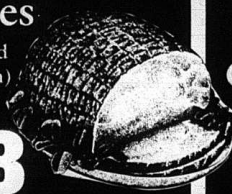
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Prices Good Friday and Saturday only

Roundies
(Fully Cooked
Boneless Ham)

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6-8 Lb. Avg.
Lb.



Everyday Low Price

5 Lb. Bag
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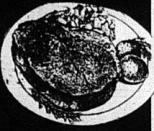
1.59



USDA
Sirloin Tip
Roast

1.48

Lb.



USDA Choice
Sirloin Tip Steak
Family Pack
Lb. 1.88

Fischer's
Chunk Bologna
Sliced Free

.98

Wieners

12 oz. pkg.

.98



Maple River
Sausage

.68

10 Lb. Box
Platter Bacon
4.99



Chase & Sanborn
COFFEE

34.5 oz. 7.99

11.5 oz. 2.99



2 liter
Coke Prods.
.79

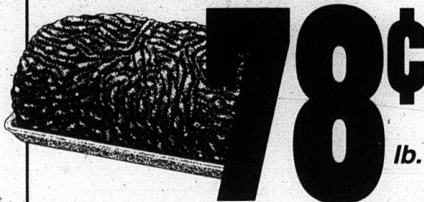


Idaho Potatoes..... 10 lb. 1.69
Head Lettuce..... .69
Corn Flakes..... 18 oz. Box .89

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Fresh, Lean
Ground Beef



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lb.

4 Roll Pack - Regular or Ultra
**Charmin White
Bath Tissue**



88¢

48 oz. Bottle - Reg., Corn,
Best Blend or Canola
Wesson Oil



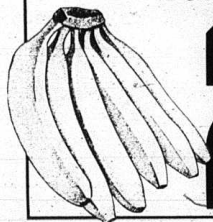
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24 oz. Can
Pre-Priced at \$1.79
Armour Beef Stew



\$1.38

**Golden Ripe
Bananas**



28¢
lb.

12 Pk. 12 Oz. Cans
All Varieties Regular or Diet
Coca Cola Products



2.48

36-39 oz. Can - Auto-Drip, Reg.
Percolator, French Roast or Columbian
Folgers Coffee



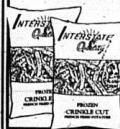
\$6.49

15 oz. Can - Pre-Priced at 99¢
**Armour
Chili With Beans**



69¢

5 lb. Pkg.
**Interstate Crinkle
Cut French Fries**



\$1.29

36-39 oz. Can - Auto-Drip, Reg.
Percolator, French Roast or Columbian
Folgers Coffee



\$6.49



14-14.75 oz. can
Cut or Short Cut Green
Beans, Whole Kernel or
Cream Style Corn
or Sweet Peas

**Our Favorite
Vegetables**

25¢

24 oz. Can
Pre-Priced at \$1.79
Armour Beef Stew



\$1.38

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SUPER SAVER 9 IN AD COUPON



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MASTER BLEND Maxwell House COFFEE
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48 oz. **1.99**



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Saver's Choice

- Laundry Detergent 32 oz. **.89**
- BLEACH GALLON **.69**
- Macaroni & Cheese 7.25 oz. **4/1.00**
- DOG FOOD 20 lb. **2.59**
- SUGAR 4 LB. L-1 w/\$10 or more order **.99**
- Shurfine Grape Juice 12 oz. **.69**
- Shurfresh Margarine 1 lb. **.39**
- 9-Lives Cat Food 5.5 oz. **4/99**


JIF Peanut Butter
18 oz. **1.59**
Hunt's Tomato Sauce
8 OZ. **4/99**
Hamburger Helper
8 oz. **2/3.00**



- VandeKamp Fish Sticks or Filets**
21 oz. **3.39**
- White Lily Gravy Mix** 3 oz. **.69**
- Ore-Ida French Fries** 2 lb. **1.59**
- Bagel Bites Pizza Snacks** **1.59**
- Purina Meow Mix Cat Food** 18 oz. **.99**
- Dyna Bites Broc. & Cheese Snacks**
7.5 oz. **1.59**


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Meat Specials



- Full Cut Round Steak**..... lb. **1.49**
- Fresh Ground Beef** 3 LB. OR MORE lb. **.79**
- CUBE STEAK** lb. **1.99**
- PORK TENDERLOIN** lb. **1.89**
- Fischer's Bologna** 1 lb. pkg. **1.39**
- Fischer's Hot Dogs** 12 oz. pkg. **1.09**

Fresh Produce



- Tray Pack Tomatoes** ..26 oz. **1.19**
- Red Emperor Grapes** lb. **.79**
- Idaho Potatoes** 10 # bag **1.89**
- Carrots** lb. bag **3/1.00**
- Red or Yellow Apples**
3 lb. bag **1.29**



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County Statistics

Deeds Recorded

Martha A. Smith a/k/a Martha Harrison and husband, Stevie Smith, real property located in Rockcastle County to Arthur Harrison, Jr. No tax.

Kevin Reynolds and Melody Reynolds, real property located on State Highway No. 1617, to Melody Reppert Reynolds. No tax.

Tina L. Thomas, real property located in Rockcastle County, to David Howard. Tax 10.00.

Marriage Licenses Applied For

Debra Jean Wilburn, 35, Stanford, unemployed, to Danny Ray Wilburn, 36, Stanford, construction. Dec. 29, 1995.

Polly Ann Canada, 20, Williamsburg, student, to David C. Rose, 27, Berea, self-employed. Dec. 26, 1995.

Jewel Faye Salce, 50, Fairfield, Ohio, unemployed, to Ellis B. Sturgill, 49, Fairfield, Ohio, oil and die maker. Dec. 28, 1995.

Teresa Lynn Taylor, 27, Crab Orchard, unemployed, to David Scott Brown, 29, Crab Orchard, Super Service. Dec. 26, 1995.

Jennifer Lynn Rogers, 23, Crab Orchard, student, to Sherman Dale Cook, 22, Big Hill, Ky., welder. Dec. 27, 1995.

Janie Loraine King, 19, Pine Knot, Ky., student, to Eric Alan Brock, 21, RL3, Brodhead, Lex Mark. Dec. 27, 1995.

Small Claims Filed

Wanda Laswell vs. Lawson's Car Lot, \$500 claimed due for trade-in. 95-S-00064.

Scott Goforth vs. Doug Leager, \$1350.00 claimed due for destruction of gamecocks by dog. 95-S-00065.

Circuit Civil Suits

Sophia Willene Wallin vs. Jimmy Wayne Wallin, petition for dissolution of marriage. 95-CI-00283.

Terri Phillips vs. Bryan Phillips, petition for dissolution of marriage. 95-CI-00284.

Commonwealth of Kentucky Ex Rel Nora Jean Witt vs. Robert W.

Witt, complaint for child support and medical support. 95-CI-00285.

Commonwealth of Kentucky Ex Rel Marlene Jean Grubb vs. Phillis Grubb, Complaint for child support. 95-CI-00286.

Danny D. Pevely vs. Sue Gheen (Peavey), complaint. 95-CI-00287.

Commonwealth of Kentucky Ex Rel vs. Royce A. Gray, complaint for child support. 95-CI-00288.

Henry Hayes vs. Mary Houck and Earl Houck, \$27,073.52 claimed due as result of auto accident. 95-CI-00289.

District Court Suits

84 Lumber Co. vs. Adam Hosaw d/b/a Hosaw Construction, \$3,166.41 claimed due for goods and services. 95-C-00133.

Central Financial Service vs. Thomas L. Cromer, forcible detainer complaint. 95-C-00134.

Lake Cumberland Regional Hospital vs. Kelly Whitaker, \$498.32 claimed due. 95-C-00135.

James Turner and State Auto Insurance Companies vs. Timothy D. Adams, \$1,001.51 claimed due on note. 95-C-00136.

Our Readers Write

Dear Editor,

Recently in Rockcastle County, thanks to the efforts of Anne Harris and Phyllis Holbrook, a support group was formed for the benefit of family members of patients afflicted with Alzheimer's Disease.

It was initially thought that such a support group would be a real source of enlightenment and a help to those who need it. Unfortunately, attendance has been extremely low when we meet. The basic premise is to provide an outlet for family members to discuss problems, share insight and to gain knowledge of Alzheimer's Disease and how to deal with it.

Ms. Harris and I recently talked about why nobody seemed concerned enough to attend. Perhaps it is because of the stigma attached to Alzheimer's. Many people are ashamed of their mother or father, aunt or uncle, or whoever it may be that they are trying to care for and are afraid others may find out about their situation. Being that a member of my own family has been diagnosed with Alzheimer's, I welcome the opportunity to meet with others who are familiar with this affliction.

As far as being embarrassed, I don't feel embarrassed. There is no reason to be. I have resigned myself to the fact that it has struck my family

member and there is nothing that I, personally, can do about it but accept it. No one else should feel embarrassed by it either. For some people, AD is merely a natural part of aging. Now, this is not to say that everyone will develop it as they grow older. I'm just saying that according to statistics about 15% of the population over age 65 will develop AD to a certain degree. The hard truth about it is that those closest emotionally to a person with Alzheimer's are the ones to suffer the most. Often times the person with the disease doesn't even know it. As with many cases, by the time a diagnosis is made, the patient has already lost some, if not a large part, of their ability to reason. That is what prevents them from knowing what is wrong. They may realize they're getting forgetful but they can't comprehend why. It is this aspect of the disease that makes life so difficult for those close to someone with AD. That is also why we are here, to reach out and give emotional support to those who truly need it: the family members who have to deal with the daily grind of caring for a person with Alzheimer's Disease.

If anyone would like to attend, the next meeting is scheduled for January 18, 1996 at 6 p.m. at Brodhead Baptist Church. Meetings are on the third Thursday of each month and are free to the public.

This can be an excellent source of help and hope to those who need it but only if you let it. Please make plans to attend.

Sincerely,
Ray Hensley
RR 3 Box 959
Brodhead, KY 40409

Crisis program changes

Crisis Assistance will be made available, beginning January 8, 1996. Due to limited funding, changes have been made in the program. If you heat with electric or natural gas, you must have a disconnect notice that says that the utility that you use for

home heating will be disconnected within 48 hours. If you heat with propane or fuel oil, you can have no more than a 48 hour supply of fuel. If you heat with wood, coal or kerosene space heaters, you must be without fuel for home heating.

Another change in the program requires that households above a certain income level, make a required co-payment to receive crisis assistance. This means that you may be required to pay a portion of your utility bill or part of the cost of the fuel. This is a program requirement.

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Radiology has a unique function in the hospital. At Rockcastle Hospital, technology is the key to helping diagnose a disease or injury. But, it takes specially trained personnel to utilize this technology.

In the eight years I've been here, Radiology has changed dramatically. It's a much larger department now and we've added new diagnostic services, including mammography and our own CAT scanner.

When patients come in, they're often scared, so we we try to explain the procedure and answer their questions. We're like family here, we want our patients to be comfortable.

I think taking time to talk to each patient and being polite is important. "We really care about people at Rockcastle Hospital."

Sherry Cash, RT
Chief Technologist

Rockcastle Hospital, Inc.

REGENCY 800'S
CINEMA

Nixon	Grumpier Old Men
Tom & Huck	Jumanji
FATHER OF THE BRIDE PART II	

Nixon	R	1:45	4:05	6:45	9:10	10:00
Father of the Bride Part 2	PG	1:35	4:05	6:55	9:10	11:15
Grumpier Old Men	PG13	1:50	4:20	7:10	9:10	11:15
Toystory	G	1:30	4:00	7:05	9:05	11:15
Tom & Huck	PG	1:30	4:00	7:00	9:00	11:15
Jumanji	PG	1:40	4:10	6:45	9:05	11:15
Sabrina	PG	4:25	6:50	9:00		
Sudden Death	R	7:55	10:00	11:15		
Dracula (Dead and Loving It)	PG13	4:15	6:45	9:00	11:15	

All 11:15 Shows are shown
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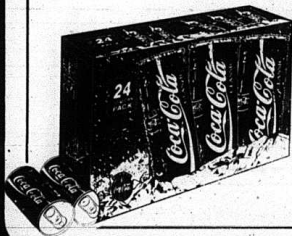
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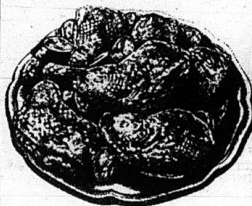


\$4⁹⁶

LIMIT 2
PLEASE

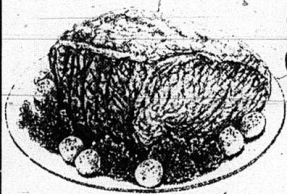
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U.S.D.A. WHOLE
SIRLOIN TIP



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10 LB. BAG U.S. #1 RUSSET
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18.25 OZ. DUNCAN HINES
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46 OZ. RED GOLD
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86¢