

## Quail News

By Vivian Owens

Mrs. Elizabeth Harris and Mrs. Lucille Brown visited Mrs. Lillian Brooks the first of the week.

Sunday afternoon visitors of Ruth Mink were Mr. and Mrs. Leroy Mink Jr. and daughter and Mrs. Mink's

mother of Berea. Mrs. Irene Taylor, Mrs. Marie Alcorn and Mr. and Mrs. Roy Brown.

Bro. and Mrs. Ernie Arnold of Ohio stopped by to visit Mrs. Lillian Brooks, Saturday.

Mrs. Edith Nicely is a patient in the Fattie A. Clay Hospital at Rich-

mond for some tests. She is wished a speedy recovery.

Mr. and Mrs. Billy Owens of Ohio visited her mother, Mrs. Ruby Taylor, over the weekend.

Mrs. Jimmy Kersey of Hustonville and Mrs. Ronald Rogers visited Mrs. Vivian Owens recently.

Wayne Caldwell of Ohio spent a few days with his mother, Mrs. Edna Caldwell and brother, Raymond.

Mr. and Mrs. Pretsel Brown spent three week in Florida with Mrs. Brown's sisters, Mr. and Mrs. Joe Stevens and Mrs. Wanda Baker.

## Fairview News

By Mrs. Hubert Chasteen

Worship services were well attended at the Fairview Baptist Church over the weekend and the Sunday School attendance was 97. We thank the good Lord for each and everyone.

Baptismal services were conducted Sunday night, January 19th. Two young ladies were welcomed into our fellowship by baptism and one by statement. May God bless them as they go down this road of life.

We have experienced some bad cold and snowy weather for some time, but this past week was better. But after all, it is winter time and we take whatever God sends. After all God blesses us much more than we deserve. Our Heavenly Father is so gracious and kind and why is it that people can't love anymore. But we have to live with it and do the best we can. Pray much and be loving and kind to others.

We extend our sympathy to all those who have lost loved ones, recently, including the family of Mr. Lovell Cloniz of Mt. Vernon. Relatives always need our prayers at this

time.

Mrs. Mary Cope and son, Buddy and wife, visited Mrs. Cope's other son and family at Eubank on Saturday of last week.

Mr. and Mrs. John Hill and daughter, Kathy of Lexington visited Mrs. Hill's sister, Mrs. Barbara Croucher and husband, Bert one day last week.

Our daughter, Joyce Seals and her daughter, Kim, and our son, Wayne and wife, Carolyn of near Berea visited us recently. Our other children and grandchildren who live close visit us often.

Mrs. Jean Hayes of Winchester visited her mother, Mrs. Mary Cope last Thursday.

Hubert and I visited at the home of Elmer and Edith Hale of Roundstone one day last week. We always enjoy talking to them. They are very good friends of ours and we love them and wish them the very best of good health and happiness.

Hope to have more news next time but until then take care and attend Church and Sunday School when you can. God bless you!

## Livingston News

By Frances Dickerson

Mrs. Lena McClure visited her husband, Mrs. Charles McClure, in the VA Hospital in Lexington one day during the week.

Mrs. Leila Jones had company one day during the week. Her three nephews, Mr. Eddie Barron of Mt. Vernon and Joe and Hubert Banks of Winchester spent the day with her.

Matthew Bond spent the weekend with his grandparents, Mr. and Mrs. L.D. Bond.

Mrs. Minnie Ponder is seriously ill at this time.

Mrs. Margaret Burdine and Mr. and Mrs. Glen Dale Browning and family spent the weekend in Harlan. This is a week of birthdays for the Burdine family. Mrs. Nora Burdine, Billie Burdine, Mr. Glen Browning and Mr. Brian Carroll, all have birthdays during the next week.

Mr. and Mrs. Lee Mullins spent a few days recently with Mrs. Mullins' sister, Mrs. Minnie Garner and her family near Florence.

Mr. and Mrs. John Mullins of Frankfort visited Mr. Mullins parents, Mr. and Mrs. Lee Mullins, last

Saturday.

The bands that performed in Livingston during the weekend were a great success.

Mr. C.F. Mullins, Sr., and Mr. C.F. Mullins, Jr., both of Louisville, were visiting in Livingston Thursday.

Mrs. Carrie Loudemilk is back home after spending some time with her children.

Mrs. Hazel Mullins spent the weekend with her son, Charlie.

Mr. Ova Durham (brother of Mr. Harold Durham) and a friend of Dayton visited Mr. and Mrs. Harold Durham Sunday.

Mr. and Mrs. "Chuck" Toadvine of Miamisburg, Ohio visited Mr. Toadvine's parents, Mr. and Mrs. Harold Durham during the weekend. The Durhams were in Berea twice and Somers set once to see the doctor the past week.

Mrs. Tonya Saunders and her two children of Shepherdsville visited their grandfather Mr. Arthur Waddle during the weekend.



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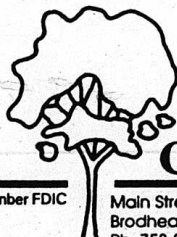
## Kiwanis Club News

By Bev Rockwell

The upcoming radio auction scheduled for Friday, January 31st, from 3 p.m. 'till 6:00 and again Sat., from 9:00 a.m. 'till noon, is gathering momentum. Donations are coming in from all over the county and nearby communities. Some items generating great interest are as follows; T.V.s., U.K. basketball tickets, videos, Renfro Valley Show tickets, local restaurant dinner coupons, oil changes, tanning bed visits, a 30 piece tool set, country hams and other food items, jewelry, 5350 leaded glass and brass inlaid entrance door, paint, smoke detectors, clothing, Doug Brock Broadhead Depot Prints, a mo-

bile home door, garden hose, shovel and post hole digger. There are many more items coming in, and some will be on display at the Mt. Vernon City Hall early Friday. Come on in and check them out.

Don't forget to get in on all the fun by tuning in this coming Friday and Saturday on WRVK-1460 and put in some bids. Remember, all money collected from this auction will go towards funding local community service projects and programs. All the members of the Kiwanis Club are most grateful for the generous donations made by our local businesses and citizens, and we thank each and everyone for participating.



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### In Rockcastle



**FFA Honors Outstanding Members**



### At RCHS



**Rockets and Lady Rockets beat Oneida**  
Pg. A-10

### At HSVS



**HOSA recently elects officers**  
Pg. A-6

# Mount Vernon Signal

Mount Vernon, Ky. 40456

Volume 111 - Number 17

Thursday, January 30, 1997

## City of Mt. Vernon threatens to cut off water at courthouse

# County's financial troubles continue

## 911's fate determined next month

The Rockcastle County Fiscal Court will finally decide the fate of an emergency 911 telephone service for Rockcastle County.

The Court voted on Tuesday to take a vote on the highly controversial service at a called meeting on Thursday, February 13 at 10 a.m.

The court considered an ordinance for 911 during their regular monthly meeting on Tuesday, but some questions as to its operation, board of directors and cost were brought up.

"The magistrates wanted time to decide who should actually sit on the 911 board, whether the county could afford an enhanced more expensive version and, finally, the benefits of a basic version to the citizens of our county," the Judge said.

"We need to pass 911 and get the ball rolling to get it into operation in the county," Carlolitis said.

A basic version of 911 will cost the telephone customers in the county approximately \$1.65 a month, the enhanced somewhat more," he said.

"We need it for two reasons, to help the citizens of our county with better emergency services and to save the county the \$32,000 we are now spending from the general fund," the Judge said.

Although all the magistrates voted to take a vote on February 13, second district magistrate Jack Bradley said he wished the court did not ever have to vote on the matter.

## Break-in

Nina Waddle of Livingston told police someone entered her trailer home through a front window about January 22.

The thieves took a VCR, stereo equipment, a television and a cassette.

Ms. Waddle said she was visiting next door when the break-in occurred. Rockcastle Deputy Sheriff Doug Thomas investigated.

## Local man charged in theft of county vehicle

The Rockcastle County Fiscal Court voted on Tuesday to sell about six county vehicles as surplus property at public auction on March 1, but there will be one vehicle to county want be able to sell.

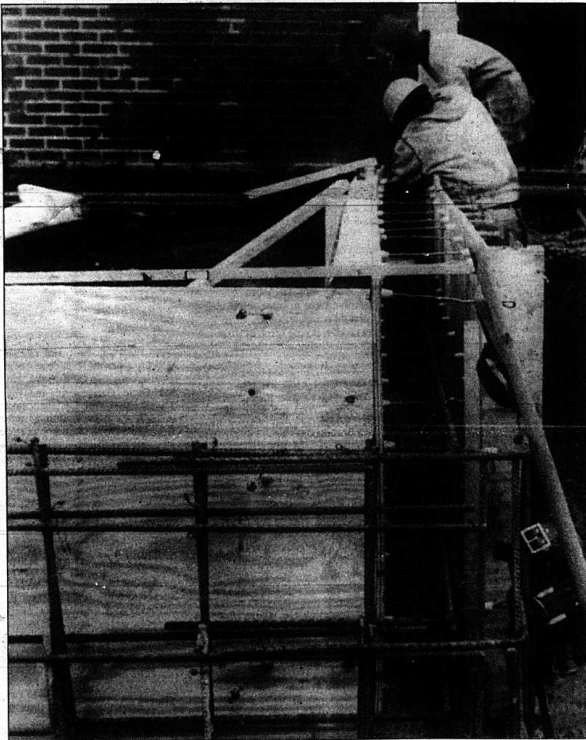
Last Wednesday night, Timmy Bradley of West Main Street in Mt. Vernon, decided to steal a 1987 Chevrolet Blazer from the county garage.

According to County Attorney Jeff Burdette, Bradley, 29, crashed through the gates of the county garage and drove toward Main Street.

"Before he could get there he lost control of the Blazer and hit a telephone pole," Burdette said.

The wreck completely totaled the vehicle valued at \$4,600. Bradley was charged with theft by unlawful taking, leaving the scene of an accident, driving under the influence.

(Cont. to A11)



Employees of Spectrum Construction began work on the new four room addition at Mt. Vernon Elementary School last week. Four new rooms consists of two new preschool classrooms and two regular classrooms. The project, which is slated to be completed by next school year, will cost approximately \$500,000.

## Tobacco quotas could increase, ruling soon

By Randy Green  
Burley Tobacco Growers Cooperative Assn.

(Reprinted from the January 23, 1997 issue of *The Jackson County Sun*)

For 1997, American burley growers can expect record quota levels and a modest price increase, but dramatically lower lease prices, if U.S. Ag Secretary Dan Glickman approves, February 1, recent recommendations from the directors of the Burley Tobacco Growers Co-operative Association.

Burley Co-op officials unanimously recommend that Glickman give American burley growers during 1997 an 11.2 percent increase in basic quota, up to 704.5 million pounds, plus a 22.9 percent increase in effective quota.

Overall, burley's 1997 effective quota could reach an all time record of 900 million pounds, according to Danny McKinney, CEO of the Burley Co-op and a Rockcastle County farmer.

Basic quota is the total amount of burley leaf tobacco that American farmers can market from farm production in 1997. Effective quota is the sum of American burley's

undermarketings from previous years, plus this year's basic quota.

The Co-op represents over 155,000 farm families in five states - Indiana, Kentucky, Missouri, Ohio and West Virginia.

### Record Quotas Lower Lease Prices

With USDA approval, American burley farmers will enjoy in 1997, the highest effective quota in U.S. history, well in excess of the previous 1991 benchmark of 846 million pounds, according to Will Snell, an ag economist at the University of Kentucky College of Agriculture.

Similar USDA approval for a

704.5 million pound basic quota would create for 1997 the second highest basic quota in U.S. burley history - or 19.3 million pounds under the 1991 record of 724 million pounds, Snell said.

That's good news for beleaguered leaf growers.

"Surprising as it is to a lot of people - maybe even to ourselves - we have the opportunity to grow the largest crop ever, in spite of continuous attacks on tobacco, its federal program and our farmers," McKinney said.

There is a downside, however, particularly for land owners.

These record quotas may dramati-

(Cont. to A11)

## Police discover indoor "pot" growing operation

Following an investigation by the Kentucky State Police, the Rockcastle County Sheriff's office and the Kentucky National Guard, a green house operation was discovered at the residence of Carlene Davidson, 50, on Barnett Road five miles north of Mt. Vernon.

According to Kentucky State Police, the operation was discovered last Thursday afternoon after police obtained a search warrant for Davidson's trailer.

Officers confiscated approximately 54 marijuana plants, some as

(Cont. to A11)

By: Richard Anderson  
The financial woes of the Rockcastle County Fiscal Court continue as Rockcastle County Property Valuation Administrator Margaret Offutt told the fiscal court that they owe her almost \$17,000.

\$12,000 of the \$17,000 is money owed her office for 1995 and 1996, so the PVA told members of the Rockcastle County Fiscal Court during their regular monthly meeting on Tuesday.

And, on Monday, courthouse maintenance supervisor James Miller was also served with a disconnection notice by the Mt. Vernon Water Department for lack of payment saying the water at the courthouse would be cutoff on Wednesday if the bill wasn't paid.

The court also discussed the fact that Rockcastle County Sheriff Shirley Smith intentionally withheld \$1,900 from tax money he was suppose to turn over to the county because they (the county) had not paid him for transporting juveniles.

As for Offutt's unpaid bills she told the court that she had presented bills for payment on numerous occasions and could no longer operate her office until she was paid the money she was owed.

Offutt's office is responsible for preparing property tax bills each year and the county is responsible for paying for part of that service, but Mrs. Offutt told the court that they were seriously behind in their payments to her.

The PVA said the cities of Livingston, Mt. Vernon and Brodhead were also responsible for paying part of the cost in preparing the bills, but that they had always paid.

"The state calculates the amount the county and the cities owe in each county and they are required by law to pay the bills, I just haven't pressured them before," she said.

But Mrs. Offutt said it has gotten to the point that she is not going to be able to operate her office unless the county pays what they owe.

"I want to settle for the past due amount of \$11,000, if they would pay it soon," she said.

"If I'm not able to get the bills prepared then they don't go out and no one, including the county, gets any tax money," she said.

Although Mrs. Offutt said the matter was of greatest urgency, the court took no action on her request and several of the magistrates said they did not know she had not been paid.

Rockcastle County Judge-Executive Buzz Carlolitis said that Mrs. Offutt would be paid as soon as funds are available.

The court also spent much of the nine hour marathon meeting discussing the fact that Rockcastle County Sheriff Shirley Smith had withheld tax money from the county.

Carlolitis told the magistrates that he did not think Smith could legally withhold the funds, although the county owed him money for transporting juveniles.

Rockcastle County Attorney Jeff Burdette agreed with Carlolitis, saying that the Sheriff could not withhold the funds even if the county owed him. "I think he is just trying to make a statement about the fact that he is not happy about not being paid to transport those juvenile prisoners, but he knows he can't withhold money," the county attorney said.

Burdette also presented the court with research showing that the Sheriff is responsible for transporting prisoners according to state law. He also cited a Kentucky Attorney General's opinion that said, "the statutory duty imposed upon the sheriff to transport prisoners transcends availability of

funds. The sheriff's office must carry out the responsibility of transporting prisoners as part of the statutorily assigned duties of the office, and payment of costs is evidently not mandatory. Burdette said he had also given a copy of his report to the Sheriff.

After the lengthy discussion concerning the \$1,900 the Sheriff withheld, the court voted to re-imburse the Sheriff for transporting prisoners by the mile. "Whatever the state rate is for mileage is what we will pay, no gas, nothing else," said the Judge.

The new payment schedule takes effect immediately.

The court took no action on the withheld funds, but the Judge said after the meeting that he expected the Sheriff to turn the money over to the county and the fiscal court would pay all of the past due transportation bills as soon as possible.

The court also voted to pay their water bill and instructed the maintenance supervisor to deliver a check to the City of Mt. Vernon for \$396.74 on Wednesday morning.

The check was delivered and, in turn, a late payment fee of \$145.55 was assessed against the county.

"I cannot believe Mt. Vernon's penny-pinching Mayor. He is upset with me because I am working to get more water for our residents. He is trying every way in the world to slow the process - I can prove it," Carlolitis said Wednesday.

(Cont. to A11)

## New plant will begin construction in February

During Tuesday's nine hour marathon meeting of the Rockcastle County Fiscal Court, there was some good news for local residents.

County Judge-Executive Buzz Carlolitis told the court that B&H Tools of Richmond would begin construction on their Rockcastle County plant in February.

B&H will build on a two acre site in the Rockcastle County Industrial Park II more commonly known as the Henderson Bottoms. Everett Harper of B & H, who will head the Rockcastle County operation, said his company hopes to be in operation approximately 16 weeks after construction begins, but "that all depends on the weather," he said.

Harper of Brodhead, said his company will employ about 35 people at the Rockcastle plant within two years.

The average salary of the workers at the new plant will vary from \$7.00 to \$10.00 per hour.

"We will have some jobs that start just over minimum wage and some jobs that will be at the top of the scale for the metal working industry," Harper said.

"If things go well, and we do not see any reason they won't, we will be employing more than 35 at the new facility and we are looking forward to locating in Rockcastle," he said.

B & H tools has 150 employees at their Madison County plant where they have been in operation for approximately 13 years.

Part of the work at the new plant will involve building parts for a BMW plant in South Carolina.

# Viewpoints



## Points East

By: Ike Adams

Everybody keeps asking if the woolly worms called for the weather we've been having. You may recall that they predicted January would be mostly mild and so far it's met my definition of that word. They said it would be wet and moist in the form of rain. So far so good.

To keep you updated, the woolies are calling for more of the same in February except they believe we'll get a snow somewhat more substantial than the one that fell this month. But look for a blizzard or at least a foot or more of snow sometime in March or April.

I know some people who moan and groan about all this old rainy weather and I remind them that all this old rain could have been snow if the temperature had been 6 or 8 degrees colder. And if what we've had here in Pain Lick had fallen as snow, we wouldn't be able to get out till the first of May.

John Coers, one of my smoking buddies at work (I think there's only about 5 out of 75 of us left) loves snow though. Loves to drive in it and just mush around in it. Loves to see it coming. Says it doesn't slow him down a bit. I think old John even prays for snow like certain teenagers I know who are more enthralled with video games than the pursuit of knowledge.

I told John that if he was, in fact, praying for snow that I'd get out and take up a collection to send him up North for a few days if that would call him off. And as I told John, God had enough to worry about without some ludicrous petition for snow. I worry that if John aggravates The Almighty too much he might get more than he's asking for. And that worries the heck out of me.

I know what you're thinking. Adams has hit the bottom of the barrel as a columnist when he can't come

up with anything more interesting to write about than the weather. But there's nothing all that interesting going on and I'd bet that most of you would rather discuss the weather than hear me rant and rave about the remodeling project.

Speaking of the latter, and it seems like that 'sall I've spoken about since last Fall, I'm pleased to announce that Loretta and I are still married. We're not necessarily on the best of speaking terms, a situation I compounded by forgetting our wedding anniversary a couple of weeks ago.

And then after she reminded me about that, I couldn't remember exactly how

many years we've been married. Telling her that I couldn't even remember what I was doing last weekend didn't get me off the hook either.

But the straw that broke the camel's back this week happened when I brought up the subject of putting a pool table in the basement of the project. I have no idea what's going to go in the basement right now, but I'm pretty confident that it won't be a pool room.

he died at age eighty-eight, his mane was far more black than grey. Ah, the poor Hellards (my maternal side). Nearly all the males, and a few females, were and are as bald as a bevy of Beneditine monks.

I'm preserving my photos and what history I know with my grandchildren in mind. Perhaps when their parents grow old and realize their mortality, they will show some interest in the Meadows lineage and pass it on to my grandchildren. Perhaps.

Dear hearts, in my teen and early adult years I could have recorded a lot of orally communicated information about my progenitors, but at the time I had little interest in such matters. My Aunt Mae Owens could recite the Meadows line all the way back to Adam, so it seemed. How I wish I had written down the names, relationships, and incidents of which I heard her speak on many occasions.

Perhaps someday my grandchildren will be interested in knowing that their maternal great-great-grandfather was a Union officer during the Civil War.

Maybe they will be interested in knowing that their paternal great-grandfather wore several hats in his lifetime: railroad brakeman, insurance "collector," whiskey gauger, grocer man, and school teacher. Maybe they will learn that he once taught in a one-room elementary school at Pine Hill in the 1890's.

That more than once he had to ferret "booby playing" students out of the cave at the bottom of the hill. That he was involved in a most sordid ending altercation with a couple of teenage drifters who were hanging out at night in the school house, burning up the coal that he, the teacher, had to buy out of his stipend.

Maybe my grandchildren will want to know that my maternal grandfather, Sidney Hellard, after many years as a carpenter, and one-time marshal, built and opened a grocery store on Richmond Street in Mount Vernon in the twenties, before the Great Depression, and that it stayed open through that disaster because of the frugal help he got from my grandpa in the 1890's. Grandpa, standing in the back of that store, close to the meat slicer. (He looks like some rugged character out of *Gunslinger*, that long-running television western.) Above him a large sign reads "ANHEUSER-BUSCH BEER IN BOTTLES."

Now, beloved, I don't think you could buy beer on Richmond Street back then, but you could "uptown," on the upper side of Main Street. Local option allowed that even in my childhood days. Most likely, the beer company paid Grandpa to hang that sign, year by year, to get your bottom dollar that when my mother came into the business with him, that sign came down. She would never have tolerated that Momma wouldn't even allow legal "near-beer" (less than one percent) in the "pop-box."

Maybe grandchildren will be interested someday in knowing that several of their ancestors were "railroad" workers. That one of my paternal uncles, Wheeler Meadows, was a conductor on the L&N. (There's another first name for you.) That Uncle Jim Meadows was a sec-

tion foreman at Mt. Vernon. That on the other side of our house, Uncle George Hellard was a section foreman at Livingston. That Uncle Sam Hellard (my only Hellard uncle with a lot of hair) was an engineer.

Perhaps my grandchildren will be interested in some photos I have of a mighty train wreck at Sinks. That Uncle Sam was trapped for several hours beneath the over-turned locomotive. That he came out battered and broken but eventually went back to work. That he thought the coal used to fire the engine provided a "cushion" between him and the engine. (And maybe they'll want to know why Sinks is called "Sinks.")

Perhaps my grandchildren will be interested in knowing that their maternal great-grandmother, Lucinda Hellard Meadows, was taken out of school because she was in the fourth grade and put to cooking for "section hands" at the railroad yard in Livingston. That she had to stand on a wooden box to cook on the coal-fired stove.

Perhaps they will be encouraged when they discover how much mother learned "on her own." That she was a good business woman. That she was a very good woman. And perhaps they will be intrigued by an early thirties picture of her operating the switchboard of Frank Dea's telephone exchange on West Main Street in Mount Vernon.

Perhaps my grandchildren will be interested in knowing that their maternal great-great uncle, Ben Hillard changed the spelling of the family name because he didn't want hell in his name. That he once took a struggling church in Lockland, Ohio and "grew" it be the largest Baptist church in that state. That he once "took-up" a building fund offering in wasthills!

I don't know exactly how my grandchildren will react to the fact that Uncle Ben was a thorough-going "fundamentalist" who cut no slack for Catholics or Southern Baptists. That he belonged to a Baptist branch, the "Landmarkers," who purport to trace themselves to John the Baptist on the banks of the Jordan River. That they, therefore, are the only true Christians. That the great-great uncle was an intelligent man even though he made such a blind-eyed assertion. That Baptists aren't the only religious community to make such an ignorant assertion. That some obviously non-intelligent folks also make such narrow-minded assertions.

Perhaps my grandchildren will be interested in some pictures of their maternal, mustachiod, pipe-smoking great-great grandfather, whom folks called "Uncle Sidney." Perhaps they will want to know about the time in '54 when I came home from working at Maggard's Drug Store and met him coming out of his room with his flannel shirt ablaze. That he had spilled lighter fluid on his shirt and a spark from his pipe started the flame. That, clearly, I was there to smother the blaze with a pillow. To save his parched chin.

Someone will have to explain one picture of Grandpa to my grandchildren. The one that shows wires running down from his ears and disappearing beneath his sweater.

(Cont. to A3)

## HERESAY

By: John Norman Meadows

**P**RECIOUS SOULS, CHILDREN OF AN EVIL AGE, greetings and generations to you and yours from Nod's Little Acre, my quite common but exceedingly comfortable Wabbin' abode, which is just up the road a piece from the old home-place of the late Ullyses D. Hooperland, long-time colporteur for Writenburg Book House, and part-time hawkler of Gladstone Collars and Cigars, who said, "A man can bear a heavy load if'n he's got a family, even if it ain't his own."

Lately, I've been traveling on the WWW in search of my maternal and paternal ancestors. (For you non-computer folks, I'm talking about research via the World Wide Web.) And I've found helpful data and the names of people related to me who have already researched the Meadows line. It's simply amazing how much genealogical info one can glean without getting out of the house.

I've learned quite a bit in my brief ancestral sojourn. One source en-

lightened me about statues of historical figures astride horses. If both front legs of the horse are in the air, that rider died in battle. If one front leg is lifted, the rider died from wounds sustained in battle. If the horse has all four feet planted, the rider died of normal causes. I didn't know that! But, now I'm wondering... about a statue of a man without a horse. Could that mean the person died when his horse threw him, kicked him in the head, and ran away?

Nothing sparks one's curiosity as his progenitors more than looking at old pictures, of which I have a box-full. I've been separating them into categories so I can scan and preserve them in some semblance of order on computer disks. Then I will set about restoring some of them with my near "magical" software.

Beloved, the process of sorting is taking quite a bit of time because those images evoke memories - and questions. Who are some of those folks in some of those photos? There they are alongside folks I know. How I'd love to learn their "stories."

When I arrived on the scene in '37, many of my maternal relatives were "gone." My father was "old" when he married my mother. He already had one family. In fact, I only knew one of my grandparents, my mother's father. But I did know three half-brothers and a half-sister. As a six year old, I was amused when my father and I went to Cincinnati one summer to visit my sister. Her name was Ufa. (Now there's a first name for you.) Her son, Bob, who was twenty, called me "Uncle John!"

One of my pictures is a Daguerrotype - or "tin type" - of my father, John Meadows, probably taken in his late teens, which would place it in the mid-1880s. Now, my wife says I look like my mother. And while that is so, some of my father's facial features in the Daguerrotype are clearly present in mine.

Alack and alas! There is a major difference between my father and me. He had hair! No baldness, not even when he was an old man. When

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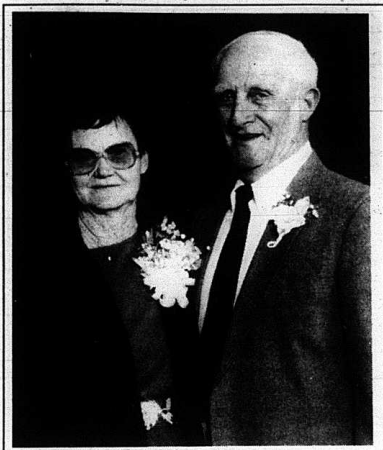
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### Golden Wedding Anniversary

Congratulations to Mr. and Mrs. Oscar M. Chasteen, 380 Conway Road, Berea, Kentucky. Dorthy and Oscar (Toad) will celebrate their Golden Wedding Anniversary. They were married February 1, 1947, and have three daughters, Mrs. James (Brenda) Hamilton, Conway Road, Berea, Ky., Mrs. Roy Dale (LaVerne) Winstead, Countryside Estates, Mt. Vernon and Mrs. Ronald David (Judy) Parrott, Boston Court, Lexington. They also have six grandchildren, James Hamilton, Dr. Michael Hamilton, Jeffery Winstead, Teresa Brumfield, Scott Winstead, and Craig Parrott. Words of Congratulations can be given to Mr. and Mrs. Chasteen at 380 Conway Road, Berea, Ky. We love you mom and dad.

### Hardy completes basic training

Marine Pvt. Shawn C. Hardy, grandson of Bill Mize of Rt. 1, Mt. Vernon, recently completed basic training at Marine Corps Recruit Depot, Parris Island, South Carolina. Hardy successfully completed 11 weeks of training designed to challenge new Marine recruits both physically and mentally. Hardy and fellow recruits began their training at 5 a.m. by running three miles and performing calisthenics. In addition to the physical condi-

tioning program, Hardy spent numerous hours in classroom and field assignments which included learning first aid, uniform regulations, combat water survival, marksmanship, hand-to-hand combat and assorted weapon training. Hardy and fellow recruits worked as a team to solve a number of tactical problems during the program. They performed close order drill and operated as a Marine small infantry unit in the field.

Hardy and other recruits also received instruction of the Marine Corps' core values — honor, courage and commitment, and what the words mean in guiding personal and profes-

### Busy Bees meet

Busy Bees met January 14th for their regular scheduled meeting. We had a total of 8 in attendance. Meeting was called to order and Ms. Shell Gilliam performed a skit she had written about gun control. Carolyn Gilbert held roll call and we answered by naming one of our New Year's Resolutions. Barbara Frazer gave the treasurer's report. Secretary's report was given by Carolyn Gilbert.

Topics of discussions were: The survey we answered concerning les-

sional conduct. Hardy joins 41,000 men and women who will enter the Marine Corps this year for all over the country.

sions we would like to have at our monthly meetings; sewing projects at the elementary schools, Wynona Isaacs will help at the Roundstone Elementary; possibly "adopting" an elderly patient at Sowder Nursing Home and continuing to help with needs at the Red Cross Shelter.

Door prize was won by Wynona Isaacs.

Next meeting will be February 11th at Wynona Isaacs' home. Looking forward to seeing everyone there.

### Smoking cessation program

A Cooper/Clayton Smoking Cessation program will be offered by The Rockcastle Health Department in cooperation with the American Cancer Society.

Cost? This comprehensive program, with 24 one hour sessions, is free. The Cooper/Clayton Smoking Cessation Program normally cost \$200.00 plus the cost of nicotine patches or gum. But, through special arrangements with Drs. Thomas Cooper and Richard Clayton, the American Cancer Society is authorized to offer this special program at no charge. You only have to provide your own nicotine patches or gum.

When? The first one hour session will be held on February 10 from 6:30 p.m. to 7:30 p.m.

Registration? Call 256-2242 or mail in form below

During the last ten years, Thomas M. Cooper, D.D.S. and Richard R. Clayton, Ph.D. developed this highly successful smoking cessation program at the University of Kentucky. For more information about the Cooper/Clayton program, contact J.C. Compton at the American Cancer Society in Louisville. The number is 1-800-659-4227.

Mail To: Rockcastle Health Dept., P.O. Box 540, Mt. Vernon, KY 40456

Name: \_\_\_\_\_ Address: \_\_\_\_\_ Phone: \_\_\_\_\_

### Super Bowl means Super Party at Bible Baptist

Perhaps one of the largest Super Bowl parties in the state took place in Rockcastle County last Sunday! Over 130 people gathered at Rockcastle County Middle School for the Bible Baptist Youth Super Bowl Bash, an outreach centered around the world's biggest football game.

Students from Rockcastle County

Middle School and High School watched the game on a 15 ft. screen and went through dozens of snacks, pop and pizza between touchdowns. "I'd hate to try to estimate the amount of Doritos and Pepsi these kids went through!" said Scott Clayton, Youth Pastor of Bible Baptist. "Their parents must go broke on food!"

When they were tearing or cheering students were vying for prizes during commercial breaks. One of the highlights was a Green Bay Packer's Starter jacket given to one of the students who picked the winning team. Several items autographed by Oakland Raiders, Quarterback, Jeff Hostetler were also given away.

At halftime, a special video was shown featuring Philadelphia Eagles wide receiver Irving Fryar and his incredible life story of overcoming cocaine addiction, abuse and attempted suicide through his faith in Christ.

"I thought the video was powerful and had an impact on anyone who listened," exclaimed Jonathan Burdette, a sophomore at RCHS.

Lisa Midkiff, a local senior, added, "It was definitely worth listening to." "Fryar was a great athlete — now he's a great Christian," said Howard Harper, an RCHS graduate now playing football at Sue Benette.

This is the third straight year for Bible Baptist to host a Super Bowl Bash. Plans are already in the works for Super Bowl XXXII next year.

"It took over 20 people and a lot of prayer to make this party a reality. If kids keep coming and it keeps growing like it has, we'll have to start planning now!" said Statton.

### "Heresay"

(Cont. From A2)

That they connected to a battery-powered hearing aid in his shirt pocket."

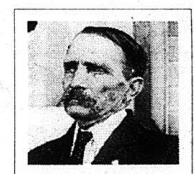
Maybe my grandchildren will laugh when they read some of my written remembrances of the hilarious exchanges that occurred when Grandpa "misheard" what my father said. That the two didn't get along, especially when it came to politics. That my father once lost an election bet to Grandpa and had to push him in a wheelbarrow all the way from the grocery store to the court house and back!

My grandchildren might be amazed by my recollection of the night when Grandpa took a bath in our double-tub, outside, on his front porch on Richmond Street — with the porch light on! And that my mother was chagrined to the ninth degree!

Perhaps my grandchildren will be humbled when they see images of kinfolks who were not heroes. That the Meadows house is no stranger to

Thursday, January 30, 1997 P.43 killing, thievery, incarceration, drug abuse, mental illness, and tragedy. One old picture my grandchildren might see features Billy, the handsome, seven-year-old, only son of Bill Meadows, my half-brother. That on the back of the picture is a note that the picture was taken only a few weeks before Billy died. That Billy fell on sick that pierced an eye. That infection set in. That "lockjaw" took Billy away. That my father wept bitterly.

Perhaps my grandchildren will someday read a *Heresay* article I wrote in '94 about my Grandpa Hellard's bed-time ritual. That he would read a few chapters in the Bible. That he would sing an old-timey song, like "How Tedious and Tasteless the Hours," like "When I Can Read My Title Clear." That he would strip to his long-handles, then check his .38 Smith & Wesson pistol holstered on the bed post. That he would take a swig of "shine" from a bottle tucked under the mattress at the foot of his bed. That he retired and snored the night away. That he lasted eighty-eight years on this darkling plane. And that his nocturnal naps likely had something to do with that.



Grandpa Sidney Hellard

Perhaps my grandchildren will tell their children about me and show them the pictures and writings that I am preserving.

Perhaps they will someday understand why Grandpa sang his mighty songs and what they meant to him here below.

*How tedious and tasteless the hours  
When Jesus no longer I see!  
Sweet prospects sweet birds and sweet flowers  
Have all lost their sweetness to me  
The mid-summer sun shines but dim,  
The fields strive in vain to look gay;  
But when I am happy in Him,  
December's as pleasant as May!*

# CARTER'S MARKET

### SUPER SPECIALS

PEPSI ..... 24 pack cans ..... **5.39**

PEPSI ..... 12 pack cans ..... **2.69**

Sparkle Big Roll Towels ..... **.89**

Maxwell House Master Blend Coffee ..... **5.79**

Shurfine Vegetable Oil

48 oz. **1.59**

Shurfine Shortening

3 lb. **1.69**

Bush Light Red Kidney Beans

16 oz. **2/.69**

Check out our great

### Daily Meat Specials

See our in-store ad for each day's

### Special

Check Out Our Produce

10# No. 1 Idaho Potatoes ... **1.89**

Spanish Onions ..... 3 lb. **.79**

Red or White Grapes ..... lb. **1.39**

Carrots ..... 2 lb. **2/.59**

Tangerines ..... 3/ **.33**

### Del Monte Melba Peach Halves

39 oz. **1.19**

JFG JFG Mayonnaise

32 oz. **1.39**

Angel Soft Tissue ..... 4 roll **.99**

### Star Kist Tuna in Water

6 oz. .... **.69**

Campbell's Chicken Noodle Soup

10.75 oz. .... **.69**

Hunt's Manwich Sauce

15 oz. **.99**

Locally Managed and Owned for **35 Years**

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# Obituaries

## Former jailer, sheriff Lovell Clontz dies

Lovell Clontz, 88 of Mt. Vernon died Saturday, January 25, 1997 at the Central Baptist Hospital in Lexington. He was born on February 23, 1908 in Rockcastle County the son of the late John and Nancy Jane Sowder Clontz. Mr. Clontz was a retired farmer, served two terms as Rockcastle County Jailer, one term as sheriff, was a U.S. Navy Veteran of World War II and a member of the Mareburg Baptist Church.

Survivors are one son and daughter-in-law, Carl and Geraldine Clontz of Mt. Vernon; one daughter and son-in-law, Sue and Junior French of Mt. Vernon; six grandchildren and fourteen great grandchildren. He was preceded in death by his wife, Sadie Lovell Clontz.

Services were Tuesday, January 28, 1997 at the Cox Funeral Home Chapel with Bro. Wayne Harding and Bro. Shelby Reynolds officiating. Burial was in the Elmwood Cemetery.

Pallbearers were John Clontz, Joe



Clontz, Jim Clontz, David Hunt, Danny Hunt and Lynn Parsons.

Fredericks; one brother, Edward Singleton; 16 grandchildren and 7 great grandchildren. He was preceded in death by a granddaughter, Crista and three brothers, Homer, Richard and Arthur Singleton.

Services were Tuesday, January 29, at the Spaulding Rd. Church of God, in Dayton, Ohio with Pastor Larry Thomas officiating. Burial was in the Pleasant Hill Cemetery, Brookville, Ohio.

## Lorene Southard

Lorene Peek Southard, 74, of Orlando, Florida, and formerly of Rockcastle County, died Wednesday, January 1, 1997 in Orlando. She was born January 7, 1922 in Rockcastle County, the daughter of the late Alford and Sarah Ellen Sebastian Mason and was a member of the First Christian Church in Mt. Vernon and the Sanford, Florida Christian Church.

Survivors are one daughter and son-in-law, Ellen and Larry Rodolf of Santa Maria, California; a son-in-law, Ronald Hollingsworth of Orlando, Florida; one brother, Emanuel Mason of New Paris, Ohio; one sister, Melba Kemp of Pine Hill and five grandchildren, Blaine and Naibhan New and Rebecca, John David and Edward Hollingsworth; and several nieces and nephews.

She was preceded in death by her first husband, John Peek; her second husband, Ed Southard; two daughters, Mary Beth Peek and Carolyn Hollingsworth; one son, John Clinton Peek; a granddaughter, Stephanie New; one sister, Zillah French and one brother, J.C. Mason.

Services were Wednesday, January 8, 1997 at the Cox Funeral Home Chapel with Bro. Wayne Henson officiating. Burial was in the Elmwood Cemetery.

Pallbearers were John, Edward and Ronald Hollingsworth, Jason Payne, Billy Mason and Jeff Renner. Submitted by Faith Payne, niece.

## Mildred Bailey

Mildred Bailey, 91, of Mt. Vernon, died Thursday, January 23, 1997 at the Rockcastle Hospital.

Survivors are: four sons, Pete Bailey of Ludlow, Norman Bailey of Cincinnati, James Bailey of Alexandria and William Bailey of Elmsker; five daughters, Juanita Wischer of Covington, Pat Bullock of Mt. Vernon, Joan Wilson of Lakeside, Sue Creech of Covington, and Gwen Hedrick of Fort Mitchell; one sister, Kathie Vanness of Florence and 64 grandchildren and several great grandchildren and great great grandchildren.

Services were Monday, January 27, at the Holy Cross Church in Latonia. Burial was in the Mother of God Cemetery.

Local arrangements were by Dowell & Martin Funeral Home.

## Roy Singleton

Roy Singleton, 80 of Dayton, Ohio died Sunday, January 26, 1997. He was born in Rockcastle County on September 12, 1915, the son of Chester and Joan Drew Singleton. Mr. Singleton was retired from LAU Blower Co., after 39 yrs., a member of the Honorable Order of Kentucky Colonels and an Army Veteran of WWII.

Survivors are his wife, Beulah; four daughter, Eta Houston, Barbara Carpenter, Sharon Langdon and Linda McCustion; four sons, Clarence Roy, Harold, Clifford and Charlie Singleton; five sisters, Lissie McNew, Rosa Lakes, Mae Honaker, Odella Boshears and Clela

## James Bullock

James M. Bullock, 69, of Rt. 1, Mt. Vernon, died Sunday, January 26, 1997 at the Rockcastle Hospital after an illness of several weeks. He was born on January 3, 1928 in Rockcastle County the son of the late Will and Lissie Payne Bullock and was a retired mechanic and bus driver, a veteran of the Korean War, and a member of the Church of Jesus Christ.

Survivors are his wife, Joyce Norton Bullock of Rt. 1, Mt. Vernon; one brother, Raymond Bullock of Mt. Vernon; one sister, Irene Gifford of Goshen, Ohio and several nieces and nephews. He was preceded in death by one brother, William Bullock and by three sisters, Edna Phelps, Elizabeth Cromer and Juanita Taylor.

Services were Wednesday, January 29, 1997 at the Cox Funeral Home Chapel with Bro. Raymond Hasty officiating. Burial was in the Skaggs Creek Cemetery.

## Johnnie Northern

Johnnie Lee Northern, 91, of Orlando, died Monday, January 27, 1997 at the Casey County Hospital in Liberty. He was born in Rockcastle County, April 20, 1905, the son of Joseph and Rosie Belle Spoonamore Northern. He was a retired farmer and a member of the McNew Baptist Community Church.

Survivors are seven sons, Jerry Northern of Pine Hill, Paul Northern, Marion Northern and Richard Northern, all of Orlando, Eugene Northern of Broadhead, David Northern of Renfro Valley and Marty Northern of Laneox; six daughters, Nelda Felner of Connersville, Indiana, Bessie Griffin of Rushville, Indiana, Jewell Mason of Cincinnati, Louise Johnson, Betty Chesnut and Dorothy Dickerson, all of Orlando; two sisters, Frances Rimell of Mt. Vernon and Sally Morgan of Richmond and 21 grandchildren, eight great grandchildren and one great great grandchild. He was preceded in death by his first wife, Hanna Case Northern, four sons, three daughters, two brothers and two sisters.

## Cards of Thanks

### Wiley Davis

The family of Wiley Davis would like to thank all their family and friends and neighbors who were so thoughtful during the loss of our loved one. Thank you to everyone for sending flowers and food. And those who called and visited. A special thanks to Watson Funeral Home, Broadhead Baptist Church, Bro. Mark Whicker for the beautiful songs and comforting words. Also a special thanks for the pallbearers, Joe McGowan, Jimmy Hacker, Junior Hacker, Thomas Winkler, Denver Burton and Glen Burton.

### Theodore Petrey

With deepest appreciation for the prayers, food, flowers, phone calls, cards and support during the death of our loved one, Theodore B. Petrey, To Rockcastle Co. Hospital and staff, Kyle McKnight and McKinight-Martin Funeral Home, Rev. Dan Gutenson, Rev. Cecil Roundtree and those who served as pallbearers and honorary pallbearers, a special thank you for the kindness and support given to our family.

### Family of Theodore Petrey

(Wife, Mary and children - Blaine, Charles, Pamela and grandchildren)

### William George Roberts

The family of William George Roberts would like to take this time to express their gratitude to everyone that sent food and flowers. A special thanks to Marymount Hospital, Rockcastle Hospital, Dowell and Martin Funeral Home and George Elkins for his comforting words.

### The Roberts Family

### Arthur Singleton

The family of Arthur Singleton would like to thank everyone who offered us love and support during our recent loss. Your cards, flowers, money, and prayers meant a lot to all of us. We want to thank everyone at Berea Hospital for all they have done. Thanks to Watson Funeral Home for the wonderful services. May God bless each of you.

### The Singleton Family

### Mildred Bailey

We, the family of Mildred Bailey, would like to send a very special note of thanks to the Sowder Nursing Home for the love and excellent care you gave to my mother. I have nothing but praise for everyone that helped with my mother and made her last days happier. I love everyone of you all. I also want to thank the Rockcastle staff and all the workers who

were so nice to my mother and a special thanks to Dr. Saylor for her loving care and concern and also a thank you to Dr. Bralton for his concern. I would also like to thank the ambulance service's Harry Harmon for being so nice and loving in the many trips he made with my mother. I would like to thank Billy Dowell for

being so nice and patient with me. I want to thank all the people at McNew Chapel for their love and all the friends and many loved ones who stood by me in the death of my mother and my sister these last few days. May God bless each and everyone of you.

### With love I thank you,

Pat Bullock

## From Our Files

5 years ago this week...

John Dawson Gregory was crowned basketball homecoming queen at RCHS. Julie Coffey and Lois Ann Cromer were the other finalists.

William Keith Ballard, 28, and his brother, Johnny Allen Ballard, 18, were killed in a tragic auto accident.

Rockcastle County native Pete Carpenter was named president and CEO of CSX Transportation.

Denny's Restaurant opened in Renfro Valley and thirteen residents graduated from Eastern Kentucky University.

10 years ago this week... Robert E. Robinson was named Master Commissioner of Rockcastle County.

Terry W. Harding, of Clear Creek enlisted in the Marine Corp. Archie French, Verla Brown, Sophia Brown, Irene Taylor, and Curtis Bradley were honored for their service to Senior Citizens in the county.

The RCHS boys team defeated Oneida in a game that saw two pushing skirmishes, one bench clearing brawl and four player ejections.

15 years ago this week... Students returned to school after missing seven consecutive days due to bad weather.

The county was sued by James and Myrtle Woodall for damage they said was caused by blasting. The Woodalls asked for \$70,000. The blasting took place during the construction of a bridge on the Cupps Chapel-Broadhead Road.

Because of extremely low temperatures Kentucky Utility customers set a new usage record and Circuit Judge Phillip K. Wicker dismissed a twelve court indictment against County Judge Hubert Thacker which included allegations of paving private driveways with county funds.

25 years ago this week... Jess Bullock, W.E. Hunt, R.H. Hamm, James W. Lambert, C.T. Huffines and Tracy Farmer were elected to the Board of Directors of the Bank of Mt. Vernon.

The county's supply of salt ran low as Old Man Winter hammered the county over and over again.

J.R. "Boone" Cromer, Chester Whiaker, W.H. "Bill" Wren and Ernest Mason filed for re-election as magistrates and Billy Kirby filed to run for jailer.

25 years ago this week... DAR Good Citizen Award winners were announced, and Yvonne Carmack from Mt. Vernon, Wilma Barnes of Broadhead and Brenda Sue Wynn of Livingston were chosen.

Officers of the Rockcastle County Improvement Council were elected. They included president, Roy Brown; vice-president, Clay Colson; secretary, H. Lee Durham and treasurer, Sam Ford.

The Broadhead Tigers defeated Mt. Vernon and Pulaski County to top their season mark to 16-7.

# Guarantee Yourself a Tax Break This Year!

Open an Individual Retirement Account. With an IRA you can deposit up to \$2,000 each year and all interest is tax deferred. You may be able to deduct all or part of the \$2,000.

Let us show you how an IRA can be a great benefit. There's no obligation.

**REMEMBER, YOU CAN MAKE 1996 IRA DEPOSITS 'TIL APRIL 15, 1997**

## BMV

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Saturday: 8:30 a.m. to Noon

Drive-Thru Hours - Mon. - Fri. 8:30 to 4:00 p.m.

Sat. 8:30 to Noon

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**Livingston Fire Department**  
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**MUZZLE LOADER SHOOT**

**February 8, 1997**

Noon to ?

**Murrell Smith's Bottoms on White Star Curve**

**Round Balls Only, No Scopes**

**Bring your own powder and ball**

**Trophies will be given away**

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**Pepsi PRODS.**  
12 PAK CANS **2<sup>89</sup>**  
24 Pak Cans. **5<sup>79</sup>**



**Gorton Fish Fillets**  
12 oz. **2<sup>29</sup>**  
**Gorton Fish Sticks**  
7.6 oz. **1<sup>99</sup>**



**Lachoy Chow Mein Bi Paks**  
42 oz. **2/5<sup>00</sup>**

**Lachoy Bean Sprouts** 14 oz. **.79**

**Lachoy Soy Sauce** 10 oz. **1<sup>29</sup>**

**Lachoy Sweet & Sour Sauce**  
10 oz. **1<sup>29</sup>**

**Lachoy Chow Mein Noodles**  
5 oz. **.79**

**Colé Garlic Bread** 10 oz. **1<sup>39</sup>**

**Yusing Chinese Dinners** 8 oz. **1<sup>29</sup>**

**Saver's Choice Tea Bags** 100 ct. **.89**

**Saver's Choice Paper Towels** 2/**89**

**Saver's Choice Green Beans, Corn or Peas**  
15 oz. **3/1<sup>00</sup>**



**Cottonelle Toilet Tissue**  
4 Pack **.99**



**Sunny Delight Punch**  
64 oz. **1<sup>29</sup>**

Prices Eff. Jan. 30 - Feb. 4

**Saver's Choice Diaper** ..Mod./Lg. **2<sup>99</sup>**

**Saver's Choice Pork 'n Beans** ..15 oz. **3/1<sup>00</sup>**

**Saver's Choice Paper Towels** ..... **2/89**

**Saver's Choice Filled Milk** .....22 oz. **2/89**

**Nunn Better Flour** ..... 5 lb. **1<sup>49</sup>**

**Nunn Better Cornmeal** ..... 5 lb. **1<sup>39</sup>**

**Nunn Better Dog Biscuits** ..... 4 lb. **2<sup>29</sup>**

**Nunn Better GoldenNugget or Mini Chunk Dog Food**  
16.5 lb. **3<sup>59</sup>**

**Shurfine Macaroni & Cheese** ..... 7 oz. **4/1<sup>00</sup>**

**Golden Country Sandwich Slices**  
10.7 oz. **1<sup>09</sup>**

**Shredded Cheese**  
8 oz. **.99**

I Can't Believe It's Not Butter!



**Shurfresh Biscuits**  
4 pk. **.89**

**Toilet Duck Cleaner** ..... 24 oz. **1<sup>79</sup>**

**Freezer Queen Cook-n-Bags**  
5 oz. **2/89**

**I Can't Believe It's Not Butter Spray**  
8 oz. **1<sup>29</sup>**

**Kim and Jim Snack Cakes** 8 ct. **.69**

**Armour Potted Meat** .....3 oz. **3/1<sup>00</sup>**

**Armour Vienna Sausage** ..... 5 oz. **2/1<sup>00</sup>**

**Shurfine Laundry Det.** ..... 42 oz. **1<sup>99</sup>**

We reserve the right to limit quantities and correct typographical errors.

**Meat Specials**

**Fresh Ground Beef** (3 lb. or more) .....lb. **.89**

1/4 Pork Loin <b>1<sup>59</sup></b> Lb.	Boneless Chuck Roast <b>1<sup>29</sup></b> Lb.	Sirloin Tip Roast <b>1<sup>79</sup></b> Lb.
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**Boneless Round Steak** .....lb. **1<sup>49</sup>**

**Platter Bacon** ..... Lb. **1<sup>59</sup>**

**Fresh Produce**

**Potatoes** .... 20 lb. **1<sup>99</sup>** 50 lb. **3<sup>99</sup>**

**Cabbage** .....lb. **.21**

**Tangerines** ..... Dozen **1<sup>39</sup>**

**R/W Seedless Grapes** .....lb. **1<sup>39</sup>**

**Cukes, Peppers, Radishes or Green Onions**  
**3/1<sup>00</sup>**

# S SUPERIOR FOOD MARKET S

"SYMBOL OF QUALITY"

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## Rockcastle County High School students picked as semi-finalists for Coca-Cola Scholarships

Christopher Bradley, Bethanie Hammond and Angie Lawless, students at Rockcastle High School, have been selected from more than 123,000 applicants nationwide as semifinalists in the 1996-97 Coca-Cola Scholars Program.

They rank among some 1,800 students recognized for excellence, leadership and achievement in school and community activities, who are in the

running for \$1.4 million in college scholarships to be awarded by the Coca-Cola Scholars Foundation. This is Coca-Cola's ninth year of awarding scholarships for a total of \$12.3 million.

As scholarship candidates, students must submit additional information to be screened in February by a committee of 21 educators from high schools and universities through-

out the United States. If selected as one of 150 Coca-Cola finalists, the students will travel to the Coca-Cola Scholars National Competition, held in Atlanta from April 3-6, 1997 to be named either National or Regional Scholars. The 50 National Scholars will receive awards of \$20,000 for college; the 100 Regional Scholars will receive \$4,000. This program recognizes outstanding young people

from all 50 states. The Coca-Cola Scholars Foundation maintains an ongoing relationship with the recipients during college and beyond through programs, internships and regional reunions. The annual awards represent one of the largest business-supported programs in the U.S., which is funded by participating Coca-Cola Bottlers and The Coca-Cola Company.

## RES raises \$1,574 for Easter Seals in shootout

Roundstone Elementary School recently participated in the 17th annual Rick Pitino Wildcat Basketball Shootout for Easter Seals. Chaired by Coach Rick Pitino, the event raises funds for Easter Seal programs throughout Kentucky.

Forty students at the school raised \$1,574.78 for Easter Seals by collecting pledges for each basket made during the three minute period. Students are awarded prizes based on the amount of money they raise. The top boy and girl fund raisers at Roundstone Elementary School are Kyle Mullins raising \$220.00 and Krystal Kelly raising \$122.00. The top basketball shooter at Roundstone Ele-

mentary School is Timothy McIntosh making 70 baskets.

The boy and girl who collect the most statewide will have a chance to sit behind the player's bench at a late-season Wildcat home game. The Shootout is sponsored by Dairy Queen restaurants and Toshiba-Triple M Business Products, Inc. and produced by the Kentucky Easter Seal Society. Schools such as Roundstone Elementary School raise well over one million dollars in sixteen shootouts. Of those funds, 99% stayed in Kentucky and 78% was spent on direct hands-on services to thousands of children and adults with disabilities.

## Local students at EKU student teaching

Five Eastern Kentucky University students from Rockcastle County are among 207 teacher-education students doing their student teaching this spring semester.

EKU's College of Education places its student teachers in classrooms to gain practical classroom experience, said Dr. David Rush, director of EKU's professional laboratory experiences office. The student-teaching experience, which is required before a college graduate can be certified, follows on-campus instruction in teaching fundamentals, methods and subject-matter areas. Local residents and the school to

which they have been assigned include: Chris Hendrickson, Rockcastle County; Palaski County High School, Somerset; Hopkins Primary, Somerset; Jenise Masters, Rockcastle County; Silver Creek Elementary, Berea; Johnny Poyner, Rockcastle County; Madison Central and Model

Lab, Richmond; JoAnn P. Croucher, Rockcastle County; Berea Independent, Berea and April D. Harris, Rockcastle County; Foley Middle School, Berea.

The student-teaching experience is periodically supervised and evaluated by University supervisors who

are all former teachers and who are knowledgeable about recent school reform," Rush said. "We believe our students are well-prepared to be outstanding teachers."

EKU students preparing for teaching careers also have the unique advantage of gaining practical classroom experience at Model Laboratory School, the only laboratory school in Kentucky. It is designed to provide educational experiences for future teachers that might otherwise be unavailable.

The student teachers are working at the secondary, elementary and middle school levels, and in special education settings. Eastern is the commonwealth's largest producer of classroom teach-

ers and school administrators.

"The success of our program is based on high admission standards, a dedicated faculty, and a course of study that combines strong content and methodology courses with practical experience at the laboratory school before our students student-teach," said Dr. Kenneth Henson, dean of EKU's College of Education. "We systematically analyze our program and make adjustments as needed as school reform unfolds, ensuring our continued success."

Eastern Kentucky University is a comprehensive university serving about 15,200 students on its 560-acre Richmond campus, throughout its 22-county extended service region and beyond.

## RES Honor Roll and Perfect Attendance

### HONOR ROLL

Ms. Coffey's room: Courtney Parsons, Charli Feliner, Sage Owens, Brittany Cromer, Jeni Durham, Traci Parsons and Steven Coffey.

Ms. Midkiff's room: Krystal Kelly, Amanda Rogers, Shonda King, Chris Howard, James Isaacs,

Samantha Dees, Veronica Renfro, Amanda Smith and Jenna Owens.

### PERFECT ATTENDANCE

Ms. Coffey's room: Brandon Reams, Heather Cormier, Josh Renner, Tim McIntosh, Josh Mullins and Brandon Lamb.

Ms. Midkiff's room: Timmy Brock, Jarrod Burdette, Chris Howard and Scott Cain.

## Enroll at Clear Creek

Connie Adams and Melanie Burdette, both of Mt. Vernon, recently enrolled as students at Clear Creek Baptist Bible College in Pineville.

All students at Clear Creek major in Bible. Adams is the daughter of Janet Ridgell of Mt. Vernon and Burdette

is the daughter of LC. Burdette, also of Mt. Vernon.

Adams currently serves as a Sunday School teacher and church clerk at Copper Creek Southern Missionary Baptist Church, where Burdette is also a Sunday School teacher and pianist.

# Academic Honor Roll

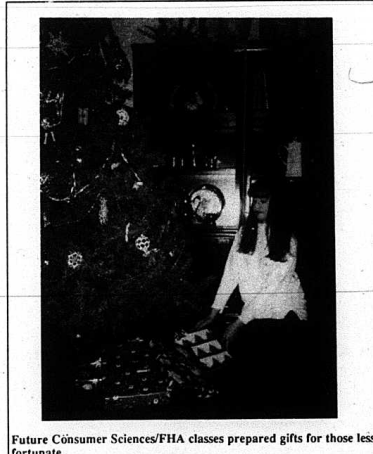


Erica Anderson, daughter of Earl and Judy Anderson of Berea, has a 3.935 GPA at Rockcastle County High School. She is a member of the FCA Club, National Honor Society, Key Club, Beta Club treasurer and vice-president of the Creative Writing Club. She will be attending Murray St. University in the fall and will be majoring in Television Broadcasting. She has already taken college English classes. Her hobbies include reading, writing and playing on the RCHS softball team.

## RCHS Family Consumer Sciences/FHA Happenings



Family Consumer Science students demonstrating CPR techniques.



Future Consumer Sciences/FHA classes prepared gifts for those less fortunate.



Child Development students enjoy hands-on opportunities with the Roundstone Pre-schoolers.

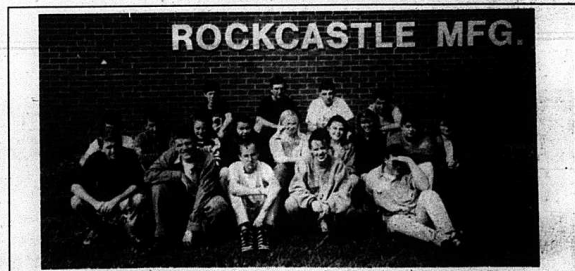


Roundstone Pre-schoolers listen to a lesson presented by Child Development students.



Students demonstrating computer skills to Senior Citizens.

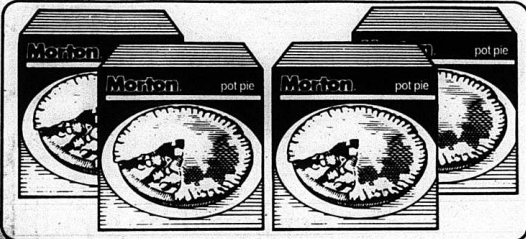
More school news on Page A8



Career Development students visiting local Rockcastle Manufacturing facility.

# SUPER SAVER

## FOOD CENTER



7 oz. box - Beef, Chicken or Turkey

**Morton  
Pot Pies**

**4/100**

UA Grade A Frozen  
Netted, With Pop-Up Timer - 16 Lbs. and Up

**FAME  
Whole Turkeys**  
Lb. **.79**



10 Lb. Bag  
U.S. No. 1  
**Idaho Potatoes**  
**.99**



USDA Western Grain Fed  
**Boneless Beef Chuck Roast** ..... Lb. **1.49**  
Fresh Lean Certified Ground Chuck ..... 3 lb. or more pkg. Lb. **1.49**  
USDA Western Grain Fed - In the Bag  
**Whole-Boneless Beef Eye of Round** ..... **1.99**  
U.S. Government Inspected  
**Quarter Pork Loin** ..... Lb. **1.69**



20 oz. box - Frozen  
Apple, Cherry or Peach  
Banquet

**Fruit Pies**  
**.99**



10 Lb. Poly Bag  
USDA Fresh Grade Fryer  
**Leg Quarters**  
**.99**

**Virginia Brand Ham**  
Super Chel - Sliced to order  
Lb. **2.99**

48 oz. Bottle - Canola, Corn, Regular or Best Blend

**Wesson Oil**  
**1.89**

17.3 to 18 oz. jar - Ass. Varieties  
**Jif Peanut Butter**  
**1.59**

36 to 39 oz. can - Ass. Varieties  
**Folgers Coffee**  
**5.89**

16 oz. Tub Reg. or Churn Style  
**Shedd's Spread  
Country Crock**  
**.89**

15 to 20.4 oz. Boxes - Kellogg's  
**Frosted Mini Wheats  
or Apple Jacks**  
**2/5**

**SUPER FOODS 9 IN-AD COUPON**  
R 01116 MRV 0025 5 Oz. Brick - Plain or 1/3 Less Fat  
**Philadelphia  
Cream Cheese**  
**89¢**  
WITH THIS COUPON

**SUPER FOODS 9 IN-AD COUPON**  
R 01115 MRV 0105 15 to 16 Oz. Box - Any Variety  
**Cap'n Crunch  
Cereal**  
**\$1.69**  
WITH THIS COUPON

**Sunday Chicken  
SPECIAL**

**12 Piece Bucket Chicken**  
**1 Lb. Mashed Potatoes**  
**1 Lb. Green beans**  
**1 Lb. Cole Slaw**  
**Cherry or Apple Pie**  
**\$14.99**

**Our Special Touch**  
**Pumpkin or Sweet Potato Pies**  
**\$1.99**

**Pecan Pies - \$3.29**

12 Roll Pack - White or Ultra White  
**Kleenex Cottonelle  
Bath Tissue**  
**2/\$5**



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## FFA recognizes outstanding members

**By Micah Owens**  
The Rockcastle FFA Chapter has been quite busy these past few months. The chapter has chosen one member, each month, who has worked hard and is a benefit to the chapter, to be Member of the Month. These members have either done exceptionally well in contests or in fundraisers. They have put forth the effort and time to better themselves as well as the chapter.

For the month of September, Eric Helton was chosen. He worked hard during the fund-raiser selling ice cream at the Little World's Fair. He also did a good job on our dairy judging team and competed at the State Fair. Two members were chosen for the month of October. Jeremy

Reynolds was the Creed Speaking winner for the fall semester. Tim Slate was the Quiz contest winner for the fall semester. The contests are held at the Greenhand Ceremony for each semester class. Dustin Crawford was the Member of the Month for November. Dustin competed in the Seed ID contest and won first place in the Ky. River Region. He has also competed in every contest that the chapter has organized for freshmen.

Member of the Month for December, was Roy Adams. He was the second highest in poinsettias sales, which was another fund-raiser.

Congratulations to these members for their achievements. We look forward to their continuing efforts in the FFA.



Rockcastle Vocational-Practical Nursing Health Occupations Students of America (HOSA) recently elected officers. They are front row, from left: Jeanette Wheat, DeAnna Burdette, Ramona Cummins. Back row from left: Misty Roark, Rachel Cummins, Melissa Anderson.

## Rockcastle Countians can apply for ECU's Health programs

Students from Rockcastle County can get a helping hand and a head start in Eastern Kentucky University's Health Careers Opportunity Program.

The program, which was recently refunded for three more years by the Health Resources and Services Administration, Division of Disadvantaged Assistance, enables Eastern to recruit 30 eligible, disadvantaged Appalachian students each year into allied health disciplines and prepare them for productive careers in a region beset by severe health care shortages.

Students in the 49 participant counties have the choice of four baccalaureate degree programs: Environmental Health, Health Information, Clinical Laboratory Science and Occupational Therapy, as well as four associate degree programs: Emergency Medical Care, Medical Assisting, Clinical Laboratory Technician, and Health Information Technology.

EKU/HCOOP provides: financial aid information and assistance, a summer enrichment program of learning activities, including field trips to clinical sites, supplemental instruction in "at-risk" courses, such as chemistry, mathematics and biology; and intense advising and mentoring.

One objective of the program is to increase the retention rate, and "so far, our retention of students staying in college for three years is 84 percent," according to Dr. Patsy Daugherty, HCOOP director.

Snoenah Burton, a Perry Countian who has since been accepted into Eastern's competitive occupational therapy program, said she benefited greatly from the summer enrichment program and supplemental instruction, but "the best part of HCOOP was the inspiration that it gave me to do my best. The rewards I received in HCOOP boosted my confidence and esteem."

Another former HCOOP student and current occupational therapy major, Karen Richardson Miller, said "all of the instructors that I had in HCOOP classes go out of their way to be friendly and helpful to my needs as a student. More than anything, I believe HCOOP taught me how to use time management, and I need to be to get into the occupational therapy program."

To be selected for HCOOP at ECU, students must exhibit a high level of motivation towards a career in one of the allied health professions, as evidenced in interview, high school ref-

erences, and/or a written autobiography. The applicant's academic record must also be predictive of success in an allied health major.

Participant counties in the program are: Adair, Bath, Bell, Boyd, Breathitt, Carter, Casey, Clark, Clay, Clinton, Cumberland, Elliott, Estill, Fleming, Floyd, Garrard, Green, Greenup, Harlan, Jackson, Johnson,

Knott, Knox, Laurel, Lawrence, Lincoln, Lee, Leslie, Letcher, Lewis, McCreary, Madison, Magoffin, Martin, Menifee, Monroe, Montgomery, Morgan, Owsley, Perry, Pike, Powell, Pulaski, Rockcastle, Rowan, Russell, Wayne, Whitley and Wolfe.

For more information about ECU/HCOOP, students should see their guidance counselor or call Dr. Daugherty at 606-622-3576.

## Cumberland College Dean's List

The following local students were included in the Cumberland College Dean's List for Fall 1996: Kyle Rader, son of Mr. and Mrs. Calvin Rader of Mt. Vernon and Jeremiah Taylor, son of Joe Taylor and Rita Taylor of Mt. Vernon.

In order to make the Dean's List, the student must be full-time, with a

cumulative grade point average of 3.5 or better.

Cumberland College, located in Williamsburg, is a private liberal arts college in its 107th year of operation. Cumberland offers 4 undergraduate degrees in 26 major fields of study and 30 minors and 9 pre-professional programs.

## SCC Dean's List

The University of Kentucky/Somerset Community College is pleased to announce that 290 students of the 2,555 registered for the Fall semester, 1996 have been named to the Dean's List. Qualifying students must earn a 3.5 scholastic aver-

age out of a possible 4.0 in order to be recognized.

Those students from Rockcastle County are Phyllis Anderson, Virginia Durham, Rachel Hamm and Foneva Todd.

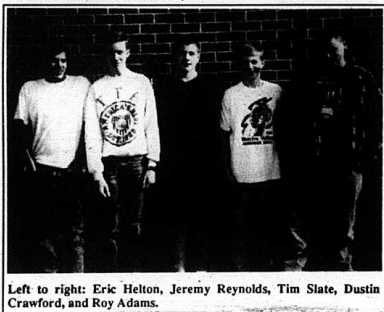
## Scholarship Deadline

High school students who are U.S. citizens and have a grade point average of 'B' or better are eligible for a \$1,000 college scholarship. To receive an application, send a request by March 15, 1997 to the Education Communications Scholarship Foundation at 721 North McKinley Road, P.O. Box 5012, Lake Forest, IL 60045-5012; fax or request to (847)295-3972; or e-mail a request to "scholar@ecif.com."

All requests for applications must

include the student's name, permanent home address, city, state, zip code, name of high school, approximate GPA, and year in school during the 1996-97 academic year.

Applications will be fulfilled by mail only, on or about April 11, 1997. One hundred and seventy-five winners will be selected on the basis of academic performance, involvement in extracurricular activities and some consideration for financial need. A total of \$175,000 will be awarded.



Left to right: Eric Helton, Jeremy Reynolds, Tim Slate, Dustin Crawford, and Roy Adams.

## Tiger Pause

**PARENTS!** You should have received a survey printed on yellow paper last week. It was sent home with your child. Please complete this and return it to school ASAP! This information is needed by the Family Resource Center in order to continue

providing services which are needed in the community of Brodhead. Thank you for your time and cooperation. If at any time you have questions or comments about the center please feel free to call or drop by the center. The Brodhead SBDM Council will

meet Monday, February 3, at 7:00 p.m. The public is invited to attend.

Family Night is scheduled for Thursday, February 6, at 6:00 p.m. Our special guest will be Mrs. Nancy Sexton. She will be helping us decorate sugar cookies. Each person present will be able to take their treats home at the end of the session. There is no charge for this activity. Please remember that you must use the door at the side entrance of the gymnasium. This door remains locked until 6:00 p.m. and then you can knock and someone will let you in.

### Rockcastle County Elementary Schools Menu February 3 - 7, 1997

**Breakfast**  
**Monday:** Danish or cereal, toast/jelly, juice and milk.  
**Tuesday:** Scrambled egg, toast/jelly or cereal, juice and milk.  
**Wednesday:** Sausage biscuit or cereal, pop tart, juice and milk.  
**Thursday:** Peanut butter/jelly sandwich or cereal, toast/jelly, juice and milk.  
**Friday:** Sausage and biscuit or cereal, toast/jelly, juice and milk.  
**Lunch**  
**Monday:** Pizza or sandwich, corn, garden salad, milk and cookie.  
**Tuesday:** Chicken fryz or hot dog on bun, mashed potatoes, green beans, roll, milk and cheesecake with strawberry glaze.  
**Wednesday:** Chili and sandwich, crackers, vegetable sticks with dip, milk and apple wedges with dip.  
**Thursday:** Submarine sandwich or hamburger on bun, french fries, lettuce/pickles, milk and chocolate oatmeal square.  
**Friday:** Taco salad or sloppy joe on bun, potato rounds, milk and honey bun.

### Rockcastle County Middle and High School Menu February 3 - 7, 1997

\*Breakfast will be served each day.\*  
**Monday:** Chef salad or pizza or sandwich, corn, garden salad, milk and choice of desserts.  
**Tuesday:** Chef salad or chicken fryz or hot dog on bun, mashed potatoes, green beans, roll, milk and choice of desserts.  
**Wednesday:** Chef salad or chili and sandwich, crackers, vegetable sticks with dip, milk and choice of desserts.  
**Thursday:** Chef salad or submarine sandwich or hamburger on bun, french fries, lettuce/pickles, milk and choice of desserts.  
**Friday:** Chef salad or taco salad or sloppy joe on bun, potato rounds, milk and choice of desserts.

**School News Deadline is NOON Tuesday**

# We Sell Life Insurance, Too

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# HealthNotes

HealthNotes is a health awareness publication provided by Rockcastle Hospital and Respiratory Care Center.

## MEDICAL MATTERS

### Ventilators: Giving respiratory patients a new lease on life

Breathing—it's second nature to most of us. But for some, every breath is a struggle. Rockcastle Respiratory Care Center specializes in treating patients with respiratory problems.

Sometimes, respiratory problems can be treated with medication. But severe cases require a ventilator to assist in breathing. The ventilator assists the patient in moving air into and out of the lungs. Ventilators can give patients a new lease on life, but often steal their ability to speak. But an invention by a respiratory patient changed all that.

In 1984, David Muir underwent surgery that left an opening in his throat, allowing him to breathe but unable to verbally communicate. So Muir designed a speaking valve to attach to his ventilator tubing.

The Passy-Muir valve is unique because it remains closed at all times, except when a patient inhales. The air is redirected up through the vocal cords for louder, uninterrupted speech, unlike other valves that remain open or move in two directions.

The valve also gives some patients the ability to swallow, allowing them to eat real food rather than rely on intravenous nourishment.

## SLEEP DISORDERS: THIEVES IN THE NIGHT

**S**LEEP-RELATED problems may be robbing you of more than a good night's sleep. Sleeplessness can affect many aspects of your life—including your health.

According to a recent Gallup poll, nearly half of all American adults suffer from a sleep-related disorder—a 15 percent increase since 1991. Stress and careers were listed as the top two reasons why Americans are tossing and turning.

Sleep disorders add about \$15.9 billion to America's health care costs. Cardio-vascular disease, work-related accidents and lost productivity are all factors that contribute to this sleeping epidemic.

Insomnia was named as the most common sleep complaint, with different symptoms for different people. For some, insomnia means difficulty falling asleep. For others, it causes no problems falling asleep, but makes it difficult to stay asleep. Typically, a person needs seven to 10 hours of sleep each night to feel well-rested.

There are three basic types of insomnia—transient, short-term and chronic. Transient insomnia lasts only a few nights; short-term insomnia lasts two to three weeks; and chronic insomnia lasts three weeks or longer.

"When you suffer from a lack of sleep, your body is running on empty," said Dr. Kim Cornelius, a physician at Rockcastle Hospital and Respiratory Care Center. "And, factors causing sleeplessness, such as stress, can affect other things like your heart. Sleeplessness is not a mere annoyance; it is a medical disorder."

Sleep apnea is another common sleep disorder.

"Sleep apnea is a very serious respiratory problem," said Kim McGowen, director of respiratory care at Rockcastle Respiratory Care Center. "There are two types of sleep apnea, central and obstructive."

"With central sleep apnea, your body is deprived of the oxygen it needs to function because your brain isn't telling your body

to breathe. So as a reflex, your body stirs you awake to force you to breathe, resulting in restless sleep," said McGowen. "With obstructive sleep apnea, an obstruction to the throat forces you to wake up, again resulting in restless sleep."

McGowen said obstructive sleep apnea, the more common form, is usually caused by enlarged tonsils or a deviated nasal septum. Symptoms can include loud snoring and morning headache.

"In severe cases, though, sleep apnea can lead to heart failure, heart attack and even stroke, so anyone suffering from sleep apnea should be diagnosed immediately," said McGowen.

Dr. Cornelius points out that sleep disorders usually worsen with age. "As we get older, we tend to have more sleep-related problems. So for an area, such as Rockcastle County where the population as a whole is growing older, people should be aware of the health risk related to sleep disorders and seek medical advice if necessary."

## WHY WOMEN SHOULD TAKE HEART

**F**EBRUARY. The lunar cycle of love. The month of star-crossed Cupids. So, it only makes sense that the American Heart Association has declared February "American Heart Month." After all, a happy heart is a healthy heart.

Unfortunately, for American women, an unhealthy heart is all too common.

Generally, cardiovascular disease has been a medical diagnosis reserved for the male population because women usually didn't exhibit the symptoms. But, about four years ago, researchers found that women indeed suffer from heart disease as often as men. The difference: women usually don't develop heart problems until after the age of 65. In fact, only one in nine American women exhibit heart disease symptoms between the ages of 45 and 65. But, after a woman turns 65, her chances of developing heart disease jumps to one in three—the same as men.

Preliminary research indicates that menopause may factor into this deadly equation. It appears that the occurrence of ovulation wards off heart disease: scientists are still searching for why this is the case.

According to statistics from the American Heart Association, in 1992 all forms of cancer combined killed more than 250,000 women. In comparison, in that same year, all cardiovascular diseases combined claimed the lives of more than 479,000 women, making cardiovascular disease the leading killer of America's women. In fact, more than 67 percent of all women die from their first heart attack.

According to Dr. Karen Saylor, a physician with Rockcastle Hospital, there may

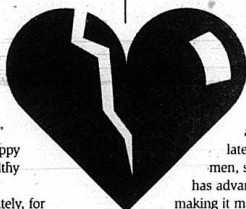
be other reasons why so many women are dying of heart disease.

"Generally, women benefit from treatment of heart disease the same as men," said Dr. Saylor. "But, the diagnosis in women usually occurs at later stages than in men, so the disease has advanced further, making it more difficult to treat."

Dr. Saylor says that while women are often the family's caretaker, they tend to not take care of themselves. She points that studies have proven that when it comes to an actual heart attack, the average time elapsed before a man calls for help is one hour; in women, four to eight hours. That's impor-

tant because the most effective drugs need to be administered within two hours of the attack. So, if a patient waits too long, heart tissue may be damaged beyond repair. Dr. Saylor also points out that women have smaller arteries and veins, making surgery more difficult.

"Women and physicians must begin taking heart disease more seriously," said Dr. Saylor. "It does not discriminate between men and women. Heart disease is a potential killer for both sexes."



### KNOWING YOUR SHAPE IS FRUITFUL!

**S**OME people have been described as having cheeks like cherries. Others, cauliflower ears. So, what about a body

### A Q&A On ZZZ's The Epworth Sleepiness Scale

Want to find out if you may have a sleep disorder? To assess your sleep habits, take a few moments to answer these following questions.

How likely are you to doze off or fall asleep in the following situations?

- 0 = no chance of dozing
- 1 = slight chance of dozing
- 2 = moderate chance of dozing
- 3 = high chance of dozing

Situation				
Sitting and reading	0	1	2	3
Watching TV	0	1	2	3
Sitting inactive in a public place (i.e. theater or meeting)	0	1	2	3
As a passenger in a car for at least one hour without a break	0	1	2	3
Lying down to rest in the afternoon when circumstances permit	0	1	2	3
Sitting and talking to someone	0	1	2	3
Sitting quietly after lunch without alcohol	0	1	2	3
In a car, while stopped for a few minutes in traffic	0	1	2	3

**Points:**  
1-6: You are getting enough sleep  
7-8: Your score is average  
9 and up: Seek advice from your doctor


that's shaped like a "pear" or an "apple?"

"Apple-shaped" bodies, those whose extra weight settles around the middle, are more likely to suffer from cardiovascular disease than their "pear-shaped" counterparts, whose weight settles around the hips. How do you know if you're an "apple" or a "pear?" Measure your waist at its smallest part and your hips at their widest part. Divide the waist number by the hip number. For women, any number below .75 is a "pear," and above .8 is an "apple." For men, any number below .8 is a "pear." Men with numbers greater than .95 have "apple-shaped" bodies.

### Calendar of Events February

- American Heart Month  
Feb 1-28
- Feb 1 Nat. Women's Heart Health Day
- Feb 9-15 National Cardiac Rehabilitation Week

Feb 4 Hospital Employee Inservice  
8:00 am to 1:45 pm  
Feb. 3 CPR Class at Rockcastle  
5:00-7:00 pm  
Call 256-2195 for a reservation

HOUSECALLS		<b>PROFILE</b>
	<b>Medical School:</b> University of Kentucky	
	<b>Joined Rockcastle:</b> 1990	
	<b>Specialty:</b> Internal medicine and pediatrics	
	<b>Family:</b> Husband, John Boone; and three children; Mary, John L. and Baby Boone	
	<b>Affiliations:</b> American Medical Association American Board of Pediatrics American Board of Internal Medicine	

**S**MALL towns lose some of their best and brightest when students go away to college and decide not to come back. They graduate and then move on to another city, or even another state.

Dr. Karen Saylor made a different decision—what she now

says was an easy choice when she graduated from medical school at the University of Kentucky in 1986. She came back to Mt. Vernon and decided to practice at Rockcastle Hospital and Respiratory Care Center.

"I've always wanted to serve people in the area where I grew up," Dr. Saylor says. "I value the atmosphere at Rockcastle—being able to work closely with the patients and getting to know the patients and staff on a one-to-one basis."

"That atmosphere contributes to the high quality of care at Rockcastle."

# ROCKCASTLE

## HOSPITAL AND RESPIRATORY CARE CENTER

# Rockcastle Sports

For publication of sporting events news items, call 256-2244 by noon Tuesday

## Girls trounce Mountaineers, lose to Lady Cards

The RCHS girls extended their record to 14-2 with a 31 point win over the Oneida Mountaineers last Friday night but it wasn't enough to keep their #1 ranking in the Dave Cantrell ratings. "I don't believe in beating a team by 40 points when I can let everyone play," Coach Chrysti Noble said. The starting five played less than two quarters and Coach Noble got to clear her bench.

However, Monday night, a shooting percentage of 22%, only 20 rebounds (offense and defense) and many unforced turnovers, combined to help Wayne Co. (15-4) hand the Lady Rockets only their third loss of the season, 66-56.

"In the Likienhaus ratings, Wayne Co. is ranked just ahead of us and

that's pretty much how the game came out although we didn't play well," Noble said.

Amy Robinson came out hot with 13 first half points and a game high 17 points for the Lady Rockets; Suzie Carpenter had 16 points; Kristi Moore 10; Tiffany McClure 7; Suzanne Brown 4 and Amanda Osborne 2.

Casey Neal, Wayne's 6-foot junior, got two quick fouls in the first quarter and saw limited action the first half. The Lady Rockets capitalized on her absence to go ahead by 6 at the end of the first quarter 23-17. However, in the second quarter, the Wayne Co. coach inserted six foot 6th grader Claudia Parris who hung tough under the basket and sparked the Lady Cards to a 41-35 half-time

lead.

Neal returned full-time in the third quarter and helped the Lady Cards extend their third quarter lead to 52-40.

The Lady Rockets fought back valiantly in the fourth quarter with Suzie Carpenter getting nine of her 16 total points in the period and, at one point, the lead was cut by half to 56-50. However, the Lady Rockets couldn't shake their turnover problems and, despite Neal fouling out with 3:38 left in the quarter, the Lady Cards rebuilt their lead to the 10 point final margin.

Sophomore point guard Whitney Shearer led the scoring for the Lady Cards with 16.

The Lady Rockets travel to

Richmond Model Thursday night and to South Laurel Monday night for what should be an exciting game.

### Jayvees win

The Lady Rocket Jayvees overcame a poor shooting third quarter to get their sixth win of the season over their Wayne Co. counterpart.

The Jayvees were ahead at the end of the first half 16-11 but saw their lead down to one point at the end of the third quarter 20-19.

In the fourth quarter, the Jayvees came back to outscore the Lady Cards 10-8 for the final 30-27 margin.

Amanda Osborne, Brooke Roberts and Jessica Rickels each had 6 points

(Cont. to A11)

## Boys beat Oneida, lose to Warriors

As expected the Rockets easily took the measure of the Oneida Mountaineers last Friday night 78-61 with Coach Clayton Cash sending 12 players into the one-sided affair that was not without some worrisome moments for the Rockets.

The Mountaineers scored the first five points of the game but, before Oneida could stop the bleeding, the Rockets had retaliated with 14 straight points.

In the second quarter, the Rockets at one point had a 15 point lead, 31-16. However, foul trouble forced the Rockets two big men, John Brown and Blake Childress, to the bench and the Mountaineers put together a charge that drew them within six at 33-27. By half-time, the Rockets had rebuilt their lead to 8 at 38-30.

In the third quarter, the Rockets starters put on a 14-3 run to pull ahead 52-33 before the Mountaineers regained their composure somewhat to come back for a 58-42 third quarter bulge.

The 78-61 final score saw a balanced scoring attack by the Rockets with Dusty McClure leading the pack with 16. Andrew Cash got 15; Blake

Childress 14; Travis Anderkin 13; John Brown 11; Matt Brown 4; Matt Ford and Nathan DeLeon 2 each and Jared Reams 1.

Tuesday night at Southwestern Pulaski, it was a different story. The Rockets should have had a good shot at the 5-8 Warriors but, horrendous shooting and numerous turnovers, combined to let the Warriors up their record to 6 and 8 with the 73-60 win.

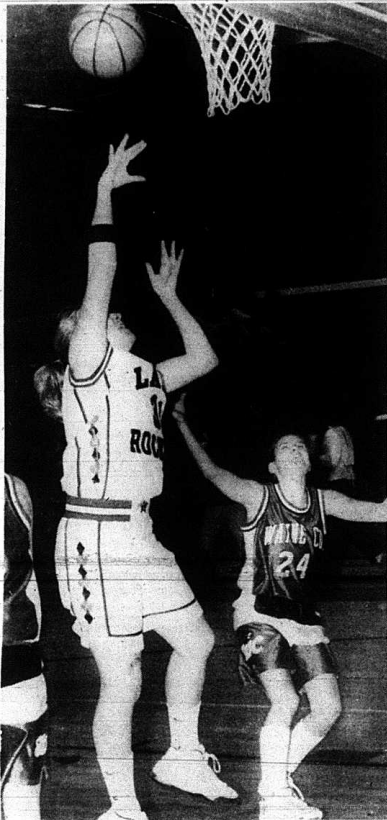
The Rockets were down 17-11 at the quarter stop with John Brown getting all the Rockets first quarter points except for one basket by Andrew Cash.

In the second quarter, the Warriors put on a 15-6 run, after the Rockets went three minutes with only one basket, to go ahead 32-17. However, Layne Nicely came off the bench to play some excellent defense and spark the Rockets to a 6-0 run just before halftime to cut the margin to 32-23.

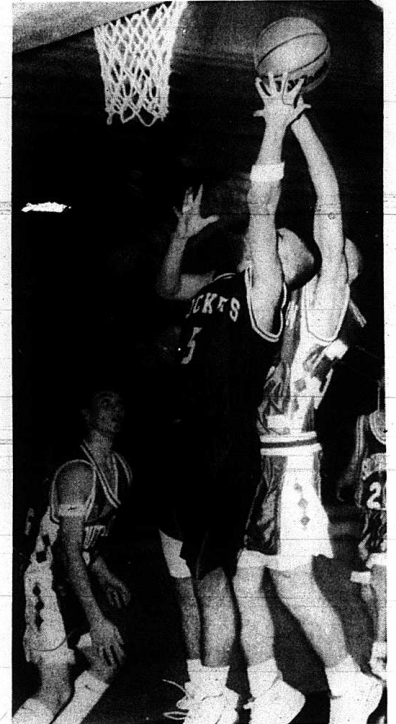
In the third quarter, the Rockets got down 44-27 before putting on their own 14-4 run to cut the lead to 48-41 at the third quarter stop.

However, in the fourth quarter, even though the Warriors managed

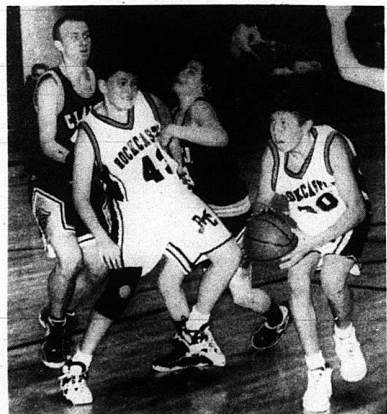
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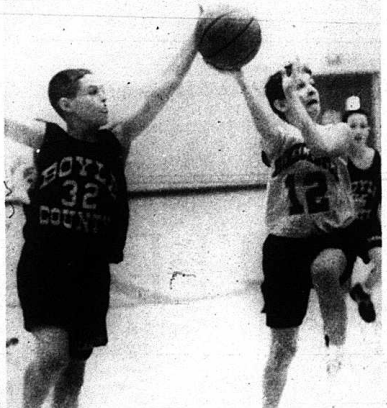
Senior Amy Robinson goes strong to the goal during action Monday night against Wayne Co. Robinson led the scoring for the Rockets with 17 points.



Junior guard Travis Anderkin tried to go in for a lay-up Tuesday night at Pulaski Southwestern. However, a Warrior defender had other ideas and Anderkin went to the free throw line instead. Bottom photo: Sophomore Layne Nicely came off the bench for the Rockets in the game and contributed 13 points and some great defense in the losing effort. The Rockets are now 7-9 on the season.



Mikey Howard sets a screen for William Blair in the RCMS 7th grade game against Clay County last week. In the bottom photo: Michael Hayes as he tries to pass the ball against two Boyle Co. defenders in a game in the Danville Bate 6th grade invitation tournament held last week end.



RCMS Boys Basketball  
 Booster Club  
**Chili Supper**  
 Thursday, January 30th  
 beginning at 4:30 p.m. in the cafeteria.

Chili  
 Pimento Cheese or Cheese Sandwiches,  
 Crackers, Cookies & Drink  
**\$3.00** per person  
 Help support your middle school boys basketball program

Lordy!  
 Lordy!  
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**Happy Birthday,**  
**John McQueary**  
**Feb. 2nd**

### 8th Grade Record 12-6

RCMS	13	16	17	18	54
S. Laurel	12	17	19	23	71
Greg Harper	- 9,	Josh Singleton	- 4,	Christopher Parsons	- 28,
Thomas Coffey	- 1,	Eric Denney	- 2,	Josh Lyons	- 10.
RCMS	14	7	6	8	35
N. Pul.	7	2	10	10	29
Shea Davidson	- 2,	Greg Harper	- 3,	Josh Singleton	- 3,
Christopher Parsons	- 19,	Josh Lyons	- 6,	Jeremy Neeley	- 2.

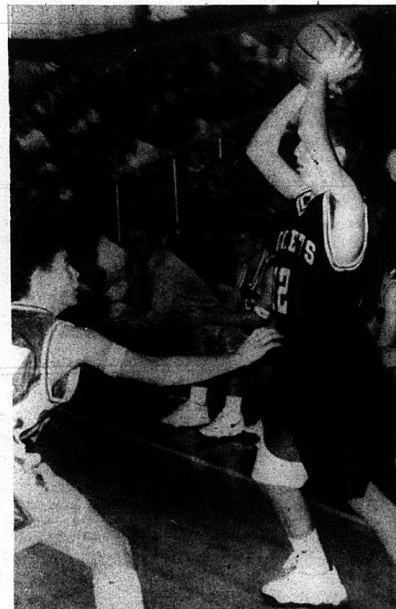
### 7th Grade Record 8-7

RCMS	8	16	13	2	39
N. Laurel	8	13	11	10	42
Shea Davidson	- 5,	Greg Harper	- 5,	Josh Singleton	- 8,
Christopher Parsons	- 13,	Thomas Coffey	- 2,	Josh Linville	- 2,
Josh Lyons	- 2,	Jeremy Neeley	- 2.		
RCMS	20	17	12	8	57
N. Laurel	13	10	9	8	40
Andrew Hammond	- 23,	Josh Hale	- 4,	William Blair	- 10,
Paul Hayes	- 16,	Brandon McIntosh	- 2,	Adam Childress	- 2.

### 6th Grade Record 8-5

RCMS	16	13	8	16	53
Foley	7	11	10	9	37
Aaron Anderkin	- 6,	Chris Settles	- 5,	Marty Reagan	- 23,
Jason Reynolds	- 8,	Stephen Boreing	- 9,	Austin Miller	- 1,
Cole Hammond	- 1.	RCMS	5	9	6
11	31	Boyle	10	4	14
9	37	Aaron Anderkin	- 16,	Chris Settles	- 4,
Marty Reagan	- 6,	Jason Reynolds	- 2,	Stephen Boreing	- 3.

(Cont. to A11)



## Jayvees Win

(Cont. From A-10)  
in the game; Suzanne Brown and Joanna LewAllen scored 4 each and Brandy Reynolds and Jessica Cobb got 2 points each.

## Boys Win/Lose

(Cont. From A10)  
only three baskets in their 25 point fourth quarter, the Rockets sent them to the free throw line to collect the other 19 points. In the Warriors march to the free throw line, three Rockets, Childress, McClure and Anderkin, fouled out - all but one of the 15 fouls being picked up in the second half. In the game, the Warriors were 21-27 from the free throw line while the Rockets managed only 7 of 13.  
Brown led the scoring for the Rockets with 18 points; Nicely was next with 13; McClure scored 11; Cash 9; Childress 5; Matt Ford 2 and Matt Brown 2.  
Friday night, the boys travel to Whitley County and Tuesday night

go to Knox Central before taking on Jackson Co. Feb. 7th along with a varsity girls game and the final district match-up of the season.

## Jayvees beat Warriors

The Rocket Jayvees did not have the same problem as the varsity in their contest with the Warriors - winning 54-35 and Coach Barry Noble getting to play a lot of his bench the fourth quarter.  
The boys jumped out to a 15-9 first quarter lead and the second quarter, it was the Layne Nicely/Stevie Bradley show as the two combined for 20 points to put the Rockets well ahead 35-18.  
The fourth quarter saw the Rockets extend their lead to 44-25. Bradley took game high honors with 18 points; Nicely was close behind with 15; Matt Brown got 6; Jacob Burdette 5; Billy Kirby and Daniel Morgan, 4 each and Jared Reams 2.

## RCMS Line Scores

(Cont. From A10)

RCMS	5	6	8	20	39
Danville	12	11	10	14	47
Aaron Anderkin	- 13,	Chris Settles	- 17,	Marty Reagan	- 1, Jason Reynolds
- 17,	RCMS	10	13	9	42
N. Pul.	8	12	13	7	40
Aaron Anderkin	- 13,	Marty Reagan	- 7,	Jason Reynolds	- 15,
Stephen Boring	- 7				

## "Financial Woes"

(Cont. From Front)  
Carolffis said the cut off notice was received because of the late date of the court meeting. "We usually pay 30 days behind and the January 28th meeting date caused the water bill to be paid late," the Judge said.  
The Judge said the county's general fund balance is down because of the cut in coal severance money to the county. "The last two years we have not been considered a coal producing county and it has cost us \$60,000 a year," the Judge said.  
"We also are spending \$32,000 a year to pay for county emergency dispatching, something we used to pay \$600 a year for," the Judge said.  
"Ninety-eight percent of the county's general fund budget is set in stone and when you start taking an additional \$90,000 from it you have problems," the Judge said.  
In other business, the court passed several ordinances, but voted down one that the Judge was in favor of.  
The Judge asked the court to pass an Environmental Pollution Control Ordinance that would require everyone building a new home, or putting in a mobile home, to obtain a permit for electricity from the local health department.  
The Judge and local health inspector Steve Midkiff told the court that over half of the water wells in the state were contaminated with human waste and that Rockcastle was one of the few counties in the state that did not have such an ordinance.  
Midkiff said the ordinance did not require anything more of a potential homeowner than is required now, but it simply gets the order right.  
"We would check to make sure the site is suitable for a sewage drainfield before we would allow the homeowner to obtain electricity," Midkiff said.  
However, Magistrates Bill McKinney, Amos Burdette, Donald Bullock and Jack Bradley voted against the passage of the ordinance.

Only magistrate John Holbrook voted with the Judge on the ordinance.  
"I appreciate John voting with me on this ordinance, it is something this county needs to help protect the health of our residents and I will bring it up again," Carolffis said. "I give the magistrates are like a lot of other Rockcastle countians, they are leery of change, but this is something that should be changed," he said.

Magistrate Bill McKinney told the Judge he was in agreement with the ordinance mainly because it was presented to them only the morning of the meeting and he had not had time to look it over. "You can't expect us to pass this after throwing it down in front of us this morning," McKinney said.  
Other ordinances did however pass their first reading.  
They included a nuisance animal ordinance, that merely puts on the books, laws that the county already followed through the use of a dog warden and an ordinance relating to protection of public property, which would help protect county-owned property. The county also passed an ordinance that would protect public highways and an ordinance that would actually give more flood insurance protection to county residents.  
The Judge also asked the court to consider using inmates in the county jail to help the Rockcastle Litter Control pick up garbage. Wayne Bullock, who heads the Litter Control, said his group had more work than they could do and needed some prisoner help.  
Rockcastle County trustee Jeff Burdette said he would look into the matter and see how many prisoners he could get to help the litter control out of district court.

The Judge said he would like to supervise the program and the court agreed.  
Magistrate McKinney brought up the fact that it was costing the county sometimes as high as \$4.00 a bag for the garbage to be picked up and he thought that was too high. He got no response.  
The Judge also asked the fiscal court to consider asking Clinton and Cox Law Offices to consider relinquishing their lease on the office space they now occupy in the courthouse. The Judge said it was his feeling that the office space could be used by the jail for a work release area that would house minimum security prisoners and bring in about \$7,000 a month to the jail fund. "It could be a touchy subject, since we work closely with John Clontz, who is president of the local industrial authority, and Joe Clark, who is county treasurer, but we need that space and we must do

what is in the best interest of the county," Carolffis said. He asked the county attorney to correspond with Clontz and Cox concerning the matter.

John Clontz said on Wednesday that his firm was focused on getting their new offices ready and hadn't decided what they would do about the four years remaining on their lease with the county. Currently Clontz and Cox pay \$300 a month rent to the county.

## "Vehicle Stolen"

(Cont. From Front)  
fluency third offense, criminal mischief and operating on a suspended license.  
He is being held in the Rockcastle County jail under a \$25,000 cash bond until his court appearance on February 5.  
Burdette said Bradley is also wanted in Indiana on felony theft charges.

## "Indoor Operation"

(Cont. From Front)  
tall as ten feet, growing in a back room of the trailer. They also found two complete indoor year-round growing systems, police said.  
No arrests were made but the case will be presented to the Rockcastle County Grand Jury on February 14.  
KSP Detective Gary Lane is investigating the case. Officers assisting at the scene were state trooper John Yates, Rockcastle Sheriff Shirley Smith and deputy Darrell Doan.

## "Tobacco Quotas"

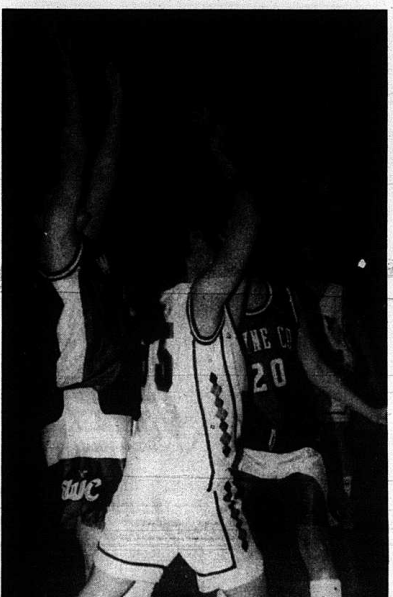
(Cont. From Front)  
cally reduce 1997 burley lease prices, Snell said.

The Mt. Vernon Signal  
Thursday, January 30, 1997 P.A.11

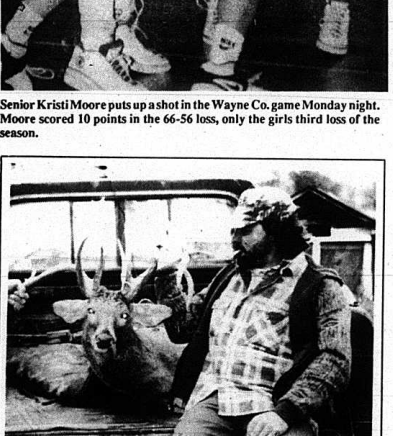
Last season, lease prices across Kentucky averaged about 40 cents a pound, though in some counties lease prices fell to 20 1/2 cents a pound, Snell said.  
"Lease prices this year could drop to 20 cents a pound or lower," Snell predicted.  
"Some counties may even see nickel-a-pound lease prices," McKinney said.

**World Demand Supports Hikes**  
Fueling these dramatic changes is "a very strong demand for burley worldwide," according to Dan Stevens, tobacco analyst for the Foreign Agricultural Services based in Washington, D.C.  
Similarly, U.S. cigarette manufacturers need more burley too, amounting January 15 their intentions to be 473.5 million pounds from their purchase intentions for last season's crop.  
These changes track a four-year cycle.

Internationally, "burley production has been below use (Consumption) since 1994," Stevens said, but he predicted that during 1997 this imbalance should stabilize, with "worldwide production and consumption of burley becoming 'about equal' by year end."  
Like expected Burley Co-op directors also unanimously recommended last week that Clickman increase burley price supports by an average of 3.5 cents to \$1,772 a pound for 1997 crop sales.  
"In both our quota and our price support recommendations, our board is basically asking the Secretary Clickman to let the federal formulas work," said Rod Kuegel, president of the Burley Co-op.  
"We don't want to get into the trap of overproduction that we did about five years ago," Kuegel said.



Senior Kristi Moore puts up a shot in the Wayne Co. game Monday night. Moore scored 10 points in the 66-56 loss, only the girls third loss of the season.



Chris Faulkner killed this 16 pt. buck with a Bow and Arrow on Copper Creek.



John Baker killed this 9 pt. buck with a Bow and Arrow on Copper Creek.

## Burley growers to declare war on Blue Mold Disease

By Randy Greene  
Amid record attendance at the annual Tobacco Expo, burley growers declared war on a plant disease that ravaged last year's American crop.  
The airborne disease-blue mold rots tobacco leaves, and during 1996 its damage cost U.S. burley growers about \$200 million, according to William Nesmith, a plant pathologist at the University of Kentucky College of Agriculture.  
Responding to this loss, U.S. burley growers held a daylong summit, January 21, sponsored by the R.J. Reynolds Tobacco Company.  
The next day, January 22, Nesmith and a professor at Virginia Tech, Chuck Johnson, summarized summit recommendations to hundreds of farmers gathered at Heritage Hall for the annual Tobacco Expo.  
Specific details about blue mold, which Nesmith described as "a controlled disease," will be available to U.S. burley growers thru local ag. Extension Service offices.  
"There's not a single, magic fix for this problem," said Danny McKinney, CEO of the Burley Tobacco Growers Co-operative Association. "Stopping blue mold will require all tobacco farmers practicing good management and doing all the things we know to do, the best we know how."  
Prevention is the Key  
The trouble with blue mold, Nesmith explained, is that once damaged shoots appear, it's virtually too late to stop the disease.  
"A million blue mold spores can develop on a thumb-nail-size area of a tobacco leaf in five days," Nesmith said.  
That small infection area, given the enormous number of blue mold spores, can infect an entire field within another week.  
In addition, of all types of tobacco grown in the U.S., burley is the most susceptible to blue mold, Nesmith said.  
Prevention techniques are necessary every step of the way, from planting burley seeds to harvesting a crop, Johnson said.  
When it comes to blue mold, "We

are our brother's keeper," Johnson noted, because airborne spores of the disease can infect a neighbor's farm or farms in adjacent states.  
Prevention techniques focus on farmers keeping burley leaves dry, ventilated, and protected during night time hours.  
"The reason? Blue mold thrives on wet leaves away from sunlight."  
Practices Matter  
Johnson encouraged burley growers to return to traditional practices of producing their own plant beds, or to maintain sanitized greenhouses in which they produce tobacco seedlings.  
He also stressed producing seedlings locally, or purchasing seedlings from reliable, local sources.  
These cautions reflect recent findings that blue mold originates in the Caribbean, then spreads to Texas or Florida or the Carolinas, areas from which many burley growers have, in recent years, been purchasing seedlings.  
"What's more, the blue mold cycle has already started for 1997."  
George Marks, president of the Burley Stabilization Corporation, said that "every field in Mexico, which we visited last week, had some blue mold in it."  
General Precautions  
Other recommendations included:  
\*Protect seedlings on a preventive basis with sprays, and use Ridomil sprays before transplanting seedlings into the field.  
\*Avoid transplanting seedlings in shady, wet fields with poor drainage.  
\*Avoid excess use of nitrogen in fertilizers.  
\*Minimize the time needed to take a crop from seedlings to harvest, but don't prematurely cut stalks.  
\*We have a tremendous opportunity to raise a record-size crop in 1997," said Rod Kuegel, Burley Co-op president.  
"With low lease prices, record-high quotas, and the companies buying more U.S. burley than ever, there's tremendous potential this year for young farmers," Kuegel said. "But first, we have to meet the blue-mold challenge."

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# Poet's Corner

To John Blackburn  
By Timothy W. Kirby, Jr.  
**I DID NOT DIE**  
Don't stand by my casket and please  
don't cry  
For I am the baby kicking cry  
I am the robin in the tree  
I am the moon and the rolling seas  
I am the snowflakes and the stars  
I am the wind, that blows from afar.  
I did not die, I do not sleep  
But please for me do not weep,  
For I am the baby kicking cry  
I am a baby's fingers entwined.  
I am the violets in the spring  
I am the robins when they sing.  
I am the dew and the morning rain  
But forever you'll be my friend cause  
I love you,  
I did not die.  
I am there when you are asleep  
I am there when you're hurting so  
deep,  
I am there when you weep

I am your guardian angel from above,  
I'm always with you in your dreams.  
I am there watching over all my  
friends  
I'm in Heaven looking below  
I am there in your memories and all  
your love,  
So don't stand by my grave and cry,  
please don't weep I did not die.  
For my good friend  
John Blackburn -  
I'll miss you buddy  
  
To G.M.  
How dear to Heaven  
are the endless blue skies.  
To a golden horizon, the evening sun.  
How dear to my heart  
is the light in your eyes.  
So soft, so real, so warm.  
But if that light should ever die  
to be seen again never,  
My love for you will go on and on  
and on beyond forever.  
From E.W.

# Student success story

By Beth Healand  
CAP Literacy Coordinator  
At the Christian Appalachian  
Project Adult Learning Center  
we have many success stories of students  
achieving education and career goals.  
Thelma Jean Smith is a student  
in our program who has reached many  
important goals at the Adult Learning  
Center and is continually striving  
to reach many more.  
Jean has been attending classes in  
the center for almost a year, for 4  
hours daily. Throughout her years  
here she improved greatly in her reading  
and math skills. In addition to those  
skills, Jean has also learned many  
important competencies needed to  
find and keep a job. Jean has said  
many times that she believes the way  
to getting a job is to get her GED so  
she may provide for her three kids.  
Recently Jean has submitted a  
story for *Slices of Life*, an annual  
compilation of stories by adult learners  
in Kentucky. In the story, Jean  
stressed the importance of getting her  
GED and her commitment to reaching  
that goal. Along with her educational  
achievements, Jean has recently  
gotten a job as a waitress at the local  
truck stop. Although her new job will  
prevent her from coming into the  
center every day for 4 hours, she is  
eager to continue to work towards  
getting her GED when she is not  
working.

The C.A.P. Adult Learning Center has helped and is helping many adults learn to read, write and earn their GED. We provide one-on-one tutoring in the center or at home, as well as group classes at the center and local community sites. If you or anyone you know would like to learn to read or earn their GED, or would like to be a volunteer reader tutor, please call us at the C.A.P. Adult Learning Center at 256-5307. Like Jean, you too can reach for your goals!



Thelma Jean Smith is one success story from the CAP Adult Learning Center.

# Temper tantrums a problem?

By Brenda S. Lawson  
A friend called this week concerned about her son's behavior and the possibility she was raising a monster. He was "throwing a tantrum," which he had done before but she thought, "since he is no longer two he should stop." Now it didn't take Dr. Spock to understand what she meant. We've all heard about the terrible twos, but experts now tell us that tantrum behavior can happen long before the age of two and continue through kindergarten. Parents should be more concerned if their child never exhibits anger because this may mean he is bottling up his anger and that's unhealthy. Having this information doesn't mean parents are expected to be happy when their child is ranting and raving and embarrassing them, but it may help to understand why this behavior happens.

Children throw tantrums for several reasons: to gain attention, to protest not getting their way, to avoid doing something to relieve stress and when they lack the vocabulary to voice needs or feelings. Children understand others, long before they are able to make themselves understood. Temperament is also important. We all know children who are calm and gentle in nature and others who are excitable and/or intense. The latter are more prone to have the worst tantrums, but these children are also the most outgoing and funny. There are times when parents in-

dentify a number set up for civil rights issues. Agriculture Secretary Dan Glickman announced today a toll free number to respond to questions and concerns as part of the Department's continued efforts to be more responsive on civil rights issues. The toll free number will be staffed to provide information on the Civil Rights Action Team, the status of complaints, and to take comments or respond to questions from the public. The toll free numbers, 1-800-358-4309 (TDD 1-800-520-0446), will be staffed from 7 a.m. to 7 p.m. EST Monday through Friday through February 14.

During January, USDA's Civil Rights Action Team is holding 13 listening sessions across the country to hear from the public, especially socially disadvantaged and minority farmers and USDA employees, concerning civil rights issues facing the Department in both program delivery and employment. The toll free number will serve as an extension of the listening sessions. In addition, electronic comments can be sent to the action team at the following e-mail address: civilrights@usda.gov. In mid-February, the action team will make recommendations to the Secretary on improving civil rights at USDA.

Locations for the listening sessions are: Arizona, California, South Dakota, Mississippi and Jamaica 22 in Washington D.C. for USDA employees in the morning and one on program delivery for customers and partner groups in the afternoon. For more information contact Randall Templeman at 256-2541.

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stigate tantrums. For example, do we really expect a two year old to leave calmly when we ask her if she is ready to leave a fun time with other children? Parents, who are permissive and inconsistent with limits, can also expect their child to throw tantrums. This child will test her limits because she is unsure of the boundaries. Sometimes children will throw tantrums to gain power over the parent. This is especially common in homes where the parent gives into the child's fit.

Experts agree that a parent should never give in, use bribery or become angry and violent. But even if parents do everything right, some tantrums are inevitable. In these cases the best thing we can do is learn to live with them.

Don't punish or give in. The best thing you can do during your child's tantrum is walk away. If you feel your child is in danger of hurting himself, then you should take him to a quiet place and stay until he calms down. Remembering to stay calm yourself.

With that out of the way, we can talk about age appropriate strategies. Infants can easily be distracted. Take your baby to another room or outside or offer another toy.

Two, is a time when you can begin to help your child reason. After the child's tantrum subsides, you can help him understand the situation. This will be a part of the plan. For example, "I know you wanted me to play with you, but I had to go to work. We can play when I get home," and "keep your promise. Don't overwhelm him by giving too many choices. Instead of asking, "What do you want today," say, "Do you want to play here or go to the park?"

Three to five can be tricky. They can verbalize their feelings better and are easier to talk to but they are much more defiant and manipulative. It is helpful to give these children preparation time. For example, "We're leaving in ten minutes," rather than, "We have to go now."

If all else fails, do as I did. When my daughter's temper tantrum became too much for my nerves, I started barking, yowling like a dog. It's amazing how a child will calm down when she thinks her mother has just gone off the deep end.

If you need more help contact your local Cumberland River Comprehensive Care Center. Brenda Lawson is a consultant and trainer with Cumberland River Comprehensive Care Center.

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- 91 Mercury Marquis Loaded White, V8, all power. ... \$3995
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# Mount Vernon Signal

## KBHC receives \$100,000 Brown Foundation Grant

Kentucky Baptist homes for Children has been awarded a \$100,000 grant from the James Graham Brown Foundation to go toward construction of a new lodge for its Wilderness Camping Treatment Program at a 100-acre site near Lake Cumberland.

The gift to the agency's Building a Brighter Future campaign, which is seeking to raise \$2.65 million to expand services for children and families throughout southern Kentucky, boosts the campaign's total to just over the \$2 million mark.

KBHC's Wilderness Camping Treatment Program, established in late 1995, is designed to build teamwork skills and self-esteem in young men who come from backgrounds of abuse and neglect. Through the program, which is the only one of its kind in Kentucky, young men take to Kentucky's wilderness areas for extended camping trips and work and recreation projects.

In between trips, participants live and go to school in the lodge.

"This program is a new concept and one that allows these young people to experience nature in a way that maybe they've never experienced it before," said Oscar Hornsby, a Somerset businessman and chairman of the Building a Brighter Future campaign. "In this way they can appreciate God's beautiful world."

Depending on each boy's treatment goals, he can progress through three levels in the program, which will eventually give him opportunities for job placement, vocational training or higher education.

The program currently operates out of a building in Somerset with construction on the new 24-bed lodge expected to begin this spring.

"This grant is a wonderful blessing," said Hornsby, "I really feel this

gift is going to set the pace and expedite the Wilderness Program."

The Brown Foundation was established by the late James Graham Brown, a lumberman, horseman and entrepreneur. Since his death in 1969, there have been more than 2,000 grant disbursements valued at more than \$184 million, primarily to Kentucky benefactors in the field of civic affairs, economic development, education, health and general welfare.

The new Wilderness Camping Treatment Program lodge will be located near KBHC's new Southern Region Shelter, a 16-bed facility now under construction that is also being funded by the Building A Brighter Future campaign. The new shelter is expected to be completed in March.

The shelter and lodge are part of a grassroots effort in southern Kentucky to develop child and family ministries through Kentucky Baptist Homes for Children. The \$2.65 million campaign began last year and is entering a final phase to reach supporters in the 25 counties surrounding Somerset than benefit from these programs.

In addition to the construction projects, which also include a classroom and administration building, the campaign funds will also be used to endow the children's agency's London-based Cornerstone Counseling program. Provide foster homes, institute local family preservation and reunification programs, and establish a "reporting center" in Laurel County to provide intensive services to children after school and on Saturdays.

Cornerstone Counseling provides professional Christian counseling to individuals, couples and families in an effort to prevent family break-ups.

An office in London serves as the hub for offices in Berea, Corbin, Harlan, Hazard, Pineville and Somerset.

The foster care expansion will allow the agency to better serve local children by helping them stay closer to their biological family for visitation and counseling. There are presently few state foster homes in the eight-county Cumberland Valley Area Development District.

The family preservation program will provide intensive intervention to help families who are on the brink of having children removed from the home solve problems so that the family can stay together. The family reunification program will help families prepare to receive children back into the home after a placement in a foster home or residential facility and will provide follow-up after care for the child and family.

The reporting center will provide intensive services to 36 at-risk children at a time. Tutoring, counseling and recreational therapy will be used to help strengthen the children's social structure. A mentoring program that makes use of community volunteers will also be offered through the center.

Kentucky counties involved in the center are Adair, Bell, Boyle, Casey, Clay, Clinton, Cumberland, Garrard, Green, Harlan, Jackson, Laurel, Leslie, Lincoln, Knox, Madison, Marion, McCreary, Metcalfe, Pulaski, Rockcastle, Russell, Taylor,

Wayne and Whitley.

KBHC provides care for children who have been abused, neglected, or whose families are in crisis. The agency assists more than 3,200 children and adults each year.

Other residential programs include Spring Meadows Children's Home

and reunification services and provides independent living, college and career services.

In addition to those in southern Kentucky, KBHC's Cornerstone Counseling also has offices in Ashland, Berea, Bowling Green, Erlanger, Frankfort, Harrold, Henderson, Hopkinsville, Madisonville, New Castle and Owensboro.

Founded in 1869, Kentucky Baptist Homes for Children is the oldest Southern Baptist child care ministry and the largest private care program in Kentucky.

Kentucky Baptist Homes for Children is accredited by the Council on Accreditation of Services for Families and Children, Inc.

## DBDC elections for low income representatives is March 17

Take notice that elections for the Low-Income Representatives to the Board of Directors for the Daniel Boone Development Council, Inc., will be held as follows:

March 17, 1997 at 6:00 p.m. at Rockcastle County Courthouse.

March 18, 1997 at 6:00 p.m. at Laurel County Courthouse.

March 19, 1997 at 6:00 p.m. at Jackson County Courthouse.

March 20, 1997 at 6:00 p.m. at Clay County Courthouse.

Each of the four counties in the Daniel Boone Development Council service area (Clay, Jackson, Laurel

and Rockcastle) shall elect two members from the low-income population for a three year term.

Only low-income residents of the county in which the election will be held will be allowed to vote. Those eligible to vote at the countywide meetings scheduled above must attest to their income eligibility at the place and time of election.

Although write-in candidates will be accepted, nominations are requested for the candidates. Nominations must be submitted to LeEd Nielsen, P.O. Box 60, Mt. Vernon, KY 40456, by March 1, 1997 in

order to be placed on the ballot.

Candidates must be members of the low-income population or representatives of the low-income sector. Board members must be a resident of the county in which they are elected to represent.

A representative from Daniel Boone Development Council will be present at each countywide election meeting to explain the programs which the agency administers and how the programs affect low-income individuals and families.

All questions should be directed to LeEd Nielsen, 606-256-9599.

## Farmers' Market meeting

The first meeting for the Farmers' Market will be held Monday, February 3rd at 7:00 p.m. at the LEAP building. If you are interested in selling home grown produce at the Farmers' Market this year please try to attend.

We need you input and ideas to make this a successful venture. Issues to be discussed and decided on by those attending include: profitable vegetables and requests for this year's produce, coupons, LEAP's responsibilities and the Farmers' responsibilities. The more people that become involved the more variety of fresh fruits and vegetables we can offer our community. We need your

participation! Now is the time to start planning for that extra space and extra seeds you need. This will be the second year for the Farmers' Market.

A lot was accomplished last year. The location of the Farmers' Market was gravely and made accessible for the farmers and customers. A sign was painted and is still up on US25 at the Market. Last year coupons were made available for senior citizens and low-income families through a generous donation received by LEAP.

These coupons allowed families to select up to \$10 of fresh vegetables from any of the farmers' booths. Over 50 people requested coupons and most were redeemed. All the farmers were

certified by a representative from Frankfort to allow them to take food stamps. We hope to continue these projects and add more. We also hope to add more farmers and see more customers this year. Thanks to every one that supported the Market last year.

All profit made at the Farmers' Market is the farmers. A small membership to LEAP must be paid, however this covers the booth charge for the entire season, plus all the benefits of being a LEAP member. Please feel free to contact Ina at 453-9800 or Tammy at 758-8388 for more information.

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# Library News

By Geraldine Robbins



The LOCAL ART SHOW will be on display at the Rockcastle County Public Library for the fifth year, in April. The exact dates will be announced in my next news article.

Last year we were forced to cancel the show because of renovation. But we want to once again give our local artists the opportunity to display their work. We really do have some great talent locally and we like to help these people display their work so that others may see what they have to offer. Some of the work might even be for sale. We are hoping that all of you who have participated before will make plans to do so again this year.

I am also making plans to have a special ART SHOW for the younger artists, those that are enrolled in any of the schools in the county.

The theme of the 1997 Summer Reading Program is BOOK A TRIP TO THE STARS and programming for it can encompass anything related to astronomy, space travel, constellations, celebrities (get it, "star?") etc. This year our program will be in partnership with the public libraries of Arizona. A committee of Arizona

librarians is assisting their state library with a programming manual which we also will use. Kentucky's part of the partnership will be the graphic elements.

It may seem a little early to be thinking about the summer reading program but it seems that time is going by so fast we need to make preparations early in order to have a successful program.

National Library week will be April 13-19. We hope to be able to have the Local Art Show at this time but plans have not been finalized. This is the week that is set aside for special promotions at the library. We continually want to make more people aware of the many resources available at the library.

We also want to make parents aware of the assistance that we are able to give to the children.

"Kids Connect @ the Library" will be the theme for all our young patrons during National Library Week in April. We are inviting parents and children to join in "Log On @ the Library Day" on Wednesday, April 16th.

I will be giving more information soon on other special events and happenings that are planned for our library in the future.

We have received a lot of new fiction books recently and more are ordered. I was pleased when I checked the Best-seller list to see that we had all but two of the fifteen on the list. Those two have been ordered. I have just finished DEATH IN LOVER'S LANE by Carolyn Hart. This was a great book that many of you will enjoy...Henrietta "Henrie O" Collins is uniquely qualified to teach journalism at Thordyke University in Derry Hills, Missouri. She demands of her students the same steadfast dedication to the truth that has been the corner stone of her own career. So

when beautiful Maggie Winslow approaches her with the idea for an investigative series on three unsolved murders, Henrie O urges her to pursue the story with uncommon vigor.

But Maggie's zeal may have cost her her life. The next day her corpse is discovered—at the site of one of the unsolved murders. Henrie O looks on this as her personal responsibility to find the murderer since she had encouraged Maggie to pursue the story. The police and the Thordyke authorities are against Henrie O's involvement in the case but Henrie O's conscience tells her she owes a valiant effort to the unfortunate Maggie.

Jayne Ann Krentz's new novel "DEEP WATERS" combines sus-

pense and romance in a story that originates in Seattle and heads into a quaint seacoast town, where a mysterious Pacific Rim consultant and a burned-out woman CEO become sparring partners on a fishing pier crammed with secrets, danger and hidden treasure.

SACRIFICE is a novel by a new author (to our library, Mitchell Smith, that promises to be an engrossing and chilling thriller... Tyler Pierce has just about everything an ex-bank robber could want. He has served his time for the one job he ever missed—seven years in the Kansas pen. He has a new career as a small-town Missouri roofing contractor—and a new woman, the town librarian. Best of all, he has succeeded in pulling off his finest and final score, a Michigan heist that will provide for his declining years. Then he receives a message from his ex-wife in Florida: His daughter's corpse has been found in a Florida state park, and Tyler heads south to do what the police have fallen painfully short of doing: find the mad murderer. Thus begins, a hunt through a world of crime, corruption and unspeakable savagery that will take all of Pierce's knowledge of both the law and the lawless to pursue and to survive.

A non-fiction book that some of our readers will also enjoy is; ON MY OWN AT 107 by Sadie Delany...On September 25, 1995, Dr. Annie Elizabeth (Bessie) Delany died at her home in Mount Vernon, New York, marking the end of not only an extraordinary life but a century-long

relationship with her cherished older sister, Now Sadie, Delany shares her reflections on living without Bessie, revealing again the indomitable spirit that marked the sister's shared lives and best-selling books. On My Own At 107, she tells Bessie what it's like living without her this first year and recounts memories and heart-warming stories.

## Our Readers

### Write

(Cont. From B2)

frequent maintenance the bus does come and pick up my two little girls. I think Mr. Hammonds made near as many phones calls to "Buzz" Carloftus as I did.

At one point I was told for the county to widen the road and prepare a turn around place that I would have to deed my land to them. Not so. The county owns so many feet from the center, 15 ft. I think.

Then I was told that the Board of Education, would be responsible for fixing it. Hat Of all the ridiculous run arrounds I feel that Mr. Hammonds has been more honest and sincere than them all. Thank you Mr. Hammonds for working with me. I don't feel like I had to push or shove or plead to you. It's like you were there, when needed, for us. An activist.

Thank you,  
Barbara French and family,  
Upper Piney Branch  
Mt. Vernon, KY 40456



The Rockcastle Co. Library and the children's librarians would like to share... "Cutie from the Christmas page" at the Children's Story Hour. The children really enjoyed Santa Claus dropping by. We have our Story Hour on Tuesday from 1 p.m. to 2 p.m. We play for a short time, which helps the children learn to play with other children. Then we read stories, make an easy craft, watch a cartoon and have goodies. On most holidays we have a party. I would like to encourage the parents or babysitters to bring the preschool children to Story Hour. There is no charge and we have a good time together. Betty Lindblom.

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**Extension Home Economics**

**Using Sugars In Moderation**



By: Hazel Jackson  
County Extension Agent  
for Home Economics

Here are some suggestions for reducing your sugar intake:

- Reduce the sugars in foods you prepare at home. Try new recipes or adjust your own. Start by reducing sugars gradually until you've decreased them by one-third or more. For cakes and breads, use the following guides to reduce sugars. For Each Cup of Flour: Use Only: Cakes - 1/2 cup sugar; Muffins & Quick Breads - 1 TBS Sugar; Yeast Breads - 1 tsp sugar.
- The sugar-to-fat ratio is important for the texture of cookies that do not contain liquid, such as cookies that are molded, pressed or rolled. Reducing the amount of sugar without also reducing the amount of fat will generally result in unacceptable cookies. Cake-like cookies (those that contain juice, milk or water) can be changed the same as cakes (1/2 cup sugar per cup of flour).
- Experiment with spices such as cinnamon, cardamom, coriander, nutmeg, ginger and mace to enhance the sweet flavor of foods. Spiced foods will taste sweeter if

warmed.

- Use home-prepared items (made with less sugars) instead of commercially prepared ones that are higher in sugars, whenever possible.

Here's a low-sugar recipe for you to try:

**LOW SUGAR FRUIT BARS**

- 1/2 cup raisins
- 1/2 cup dates
- 1/2 cup prunes
- 1/2 cup margarine
- 3 eggs, beaten (or 6 egg whites)
- 1 cup flour
- 1 tsp. soda
- 1 tsp. vanilla
- 1/4 tsp. cinnamon
- 1/4 tsp. nutmeg
- 1/2 cup chopped nuts, optional

Cut up fruit and boil in 1 cup of water for 5 minutes. Add margarine and let cool. Combine remaining ingredients; add fruit mixture. Pour into greased 9x7-inch pan. Bake at 350 degrees F.

for 25-30 minutes. Do not overbake. For thinner bars, use a 9x13-inch pan.

For more low-fat/low-sugar desserts recipes, call the Extension Office at 256-2403 and request a copy of the handout "Lite Desserts".

**Women's Issues**

Did you know that 42.5% of women in Rockcastle County are in the labor force? Did you know that 79.2% of female-headed households in Rockcastle County with children under 5 years old live below the poverty level?

**4-H after school clothing projects to be held**

By John McQuary  
Co. Extension Agent for 4-H

4-H Clothing Classes will again be offered after school at each of the elementary schools. At the first meeting, we will go over the class schedules, supplies and materials needed. It is essential for anyone who plans to do a clothing project to be at this first meeting. **The first meeting will be over at 4:30 p.m.** This year the sewing projects will be conducted by local leaders and the Home Economics Agent, Hazel Jackson. Following is the date and location of the first meeting at each school:

- Monday, February 24th - Brodhead Elementary
- Tuesday, February 25th - Mt. Vernon Elementary
- Wednesday, February 26th - Roundstone Elementary

**MIDDLE SCHOOL** students may meet with the elementary school of their choice.

After the first meeting, the schedule will be as follows:

- March 10-13 - Brodhead Elem.
- March 17-20 - Mt. Vernon Elem.
- April 7-10 - Roundstone Elem.

These classes will be over at 5:00. You will need to provide fabric and notions for the garment. **DO NOT** purchase these until after the first meeting. 4-H'ers will choose their pattern at the first meeting, and we

These Census Bureau statistics point out some of the challenges for women in our own community. Women around the world face challenges, some that are similar regardless of where they live and others specific to their communities.

A special lesson entitled "Women Worldwide: Different But Alike" is being offered at the Extension Service at 10:00 a.m. on Thursday, January 30th. The class is free of charge and will include information on women's issues around the world and right here at home. The lesson leaflet and county statistics are available free of charge. For information, call 256-2403.

will order them for a cost of \$1.25. **PARENTS, you will need to provide transportation home after classes at 5:00 p.m. PROMPTLY.**

During the classes, your child will learn to use a sewing machine, follow a pattern and construct a simple garment. First year will make pants, shorts or skirt with elastic waistline. Second year makes a skirt with a waistband or a simple top. Third year will make a simple complete outfit. Fourth year makes a garment using knits and fifth year makes a complete outfit of any type. 4-H'ers will be modeling their garments in the County 4-H Fashion Revue in April.

4-H'ers who want to participate in these classes will be given a letter explaining all the details and a permission slip, which will need to be signed by the parent and returned to the child's teacher.

If you would like to help with these after-school sewing classes, please call Hazel Jackson at 256-2403.

Classified deadline is NOON Tuesday

**Free tax assistance from AARP available**

Free income tax service will be available for Rockcastle County resident starting February 1, through the Tax-Aide program of the American Association of Retired Persons (AARP).

Volunteer counselors trained by the Internal Revenue Service will prepare taxes for people every Saturday from 11:00 a.m. to 3:00 p.m. at the Rockcastle County Library.

Mrs. Ruby Kelley, Coordinator for the tax program, said the service is designed to help older persons and low income persons understand income tax forms and become familiar with special benefits available for them.

"Our counselors, many of whom are retired business people with considerable experience in tax matters, are trained to prepare returns for older taxpayers and low income persons," Kelley said.

According to Kelley, past experience has indicated that many older

persons and low income persons are unaware of special benefits they are entitled to claim. Some may not be required to file because of limited income.

Persons using the service should bring with them copies of their previous year's federal and state tax returns and forms for the current tax year, including w-2's and other relevant materials showing income for the year.

For further information about the service, call Paulette Pumphrey at (606)758-4280.

With more than 27 million members, AARP is the nation's largest organization of Americans age 50 and older. Headquartered in Washington, D.C., the nonprofit, nonpartisan organization offers a wide range of membership benefits, legislative representation at federal and state levels, and educational and community service programs carried out through a national network of volunteers and local chapters.

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**Farm News**

By: Tom Mills  
County Extension Agent  
for Agriculture

**Winter Tetany  
in Beef Cattle**

**What is Winter Tetany?**  
Winter Tetany is basically grass tetany. Since this disorder occurs during winter months when cattle are not receiving pasture, the term winter is used to denote the difference.

Winter tetany or grass tetany is a cow disorder caused by an abnormally low amount of magnesium in the animals blood. This is caused primarily by the cow's feed being low in magnesium. When grasses are used for feed, this condition will mainly occur in spring. However, some herds will experience the same problem on store steers during January, February and March. In advanced cases the animal will collapse, go into convulsions and die. The disorder can run its course rapidly, and unless corrective measures are taken death sometimes can occur less than an hour after the onset of visible symptoms.

If the magnesium level in the blood is low, it is mainly due to a low level of magnesium in the animal's feed. Some reasons why magnesium may be low in the animal's feed are species of grass, soil nutrient status, potassium levels and weather.

Grasses are lower in magnesium than legumes. The early lush growth is likely to be all grass (since legumes start growth later in the spring) and may be deficient in magnesium. Pastures, even grass pastures, should have adequate potassium content in late spring or summer. Cereal crops such as wheat, rye, barley and oats are poor accumulators of magnesium. Forages of this type are apt to be low in magnesium in the spring or fall.

The plant must get its magnesium from the soil, and soils low in magnesium can cause a low plant content. However, at the present time, it appears that magnesium fertilization on most Kentucky soils would not be

feasible. If the soil has a high potassium soil test, the application would do little to increase the magnesium content within the plant. Only coarse (sandy) soils and soils with a low potassium soil test would show an increase in plant magnesium when fertilized. However, massive applications such as with dolomitic limestone, would probably have a beneficial effect.

The potassium content in the soil is probably the dominant factor affecting the uptake of magnesium by the plant. Potassium competes with the uptake of magnesium in the plant, and as the potassium available to the plant increases, there is a sharp drop in the uptake of magnesium. A similar type of relationship appears within the animal itself. The higher the amount of potassium entering the animal, the lower the amount of magnesium found in the blood. If the intake of magnesium is constant, the amount in the blood is lowered by higher potassium intake. Because of this, the potassium content of the soil should not be allowed to get into the high soil test range. A medium or high medium soil test should be sufficient for good pasture production and prevent significant reduction of magnesium in the plant, and subsequently, in the animal.

Because animals do not store up magnesium, their dietary requirements have to be supplied on a day-to-day basis. The only way to prevent grass tetany is to supplement the diet with additional magnesium. Supplementation should start in mid-December and run through mid-May. This can be done with commercial mineral mixes containing magnesium or with homemade mixtures. Mixing 1 part magnesium oxide, 1 part trace mineral salt and 1 part distillers dry grain will do fine if this is the cattle's only source of salt.

Many farmers feed magnesium year round to avoid the problem in getting cattle back on feed. Not only is this an extra expense farmers do not need, the extra magnesium may interfere with the absorption of certain minerals. When mineral intake becomes a problem, many health problems occur which are hard to explain. For this reason, farmers are encouraged to stop magnesium feeding in mid-May. To help get animals back on minerals containing magnesium, distillers dry grain may be mixed in to take away from the bitter taste.

make an application should contact this office no later than February 15.

Producers are reminded to return their marketing cards to the FSA Office AS SOON AS SALES ARE FINAL. The lease and transfer of burley tobacco quota due to a disaster is authorized according to regulations stated in handbook 10TB. County offices shall require that the lessor file an FSA-574. Application for Disaster Credit before the crop is harvested. Late-filed FSA-574's may be filed after harvesting crop, but shall be submitted to the State Office for approval. Interested parties should contact the county office prior to close of business February 15.

Tobacco producers who have purchased quota in one of the preceding three years have been notified by letter to submit documentation for their "sharing in the risk" obligation. Receipts for expenses pertaining to the tobacco crop shall be submitted (tobacco bed supplies, spray, fertilizer, etc.) AND marketing sale bills. These documents should be submitted to the county office no later than February 15, 1997 for review by the County FSA Committee and District Director for Rockcastle County. Failure to comply will mean a forfeit of the purchased quota. FCIC Insurance is now available

for purchase through FSA. Producers who did not purchase the insurance in 1996, and wish to purchase it for 1997, should come in no later than March 15, as this is considered a new policy. Deadline for sale of new policies is March 15. Producers who purchased the insurance for 1996, and wish to keep the coverage have until June 30 to pay fees. Producers who had the insurance in 1996 and wish to cancel should do this no later than March 15 for corn policies; April 15 for tobacco policies.

If you have any questions concerning the FCIC program, please feel free to contact this office.



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PUBLICATION COPY - COMMERCIAL AND SAVINGS BANKS  
CONSOLIDATED REPORT OF CONDITION (Including Domestic and Foreign Subsidiaries) STATE 035 (1996)

LEGAL TITLE OF BANK	STATE BANK NO.	
Citizens Bank	73-446	
CITY	COUNTY	STATE
Brodhead	Rockcastle	Kentucky
ZIP CODE	CLOSE OF BUSINESS DATE	
40409	4th December 31, 1996	

Dollar Amounts in Thousands

<b>ASSETS</b>	Bill	Mill	Thou
1. Cash and balances due from depository institutions:			
a. Noninterest - bearing balances and currency and coin	2	922	1 a
b. Interest - bearing balances	None		
2. Securities:			
a. Held-to-maturity securities	6	959	2 a
b. Available-for-sale securities	5	574	2 b
3. Federal funds sold & securities purchased under agreements to resell in domestic offices of the bank & of its Edge & Agreement subsidiaries, & in IFBs:			
a. Federal funds sold	None		3 a
b. Securities purchased under agreements to resell	None		3 b
4. Loans and lease financing receivables:			
a. Loans and leases, net of unearned income	49	861	4 a
b. LESS: Allowance for loan and lease losses	7	29	4 b
c. LESS: Allocated transfer risk reserve	None		4 c
d. Loans and leases, net of unearned income, allowance, and reserve (item 4 a minus 4 b and 4 c)		48	4 d
5. Trading assets		6	5
6. Premises and fixed assets (including capitalized leases)		500	6
7. Other real estate owned		3	7
8. Investments in unconsolidated subsidiaries and associated companies		None	8
9. Customers' liability to this bank on acceptances outstanding		None	9
10. Intangible assets		None	10
11. Other assets		1	11
12. a. Total assets (sum of items 1 through 11)		65	12 a
b. Losses deferred pursuant to 12 U.S.C. 1823 (j)		65	12 b
c. Total assets and losses deferred pursuant to 12 U.S.C. 1823(j) (sum of items 12 a and 12 b)		65	12 c
<b>LIABILITIES</b>			
13. Deposits: A in domestic offices:		58	13 a
(1) Noninterest - bearing	7	563	13 a (1)
(2) Interest - bearing	5	046	13 a (2)
b. In foreign offices, Edge and Agreement subsidiaries, and IFBs	None		13 b
(1) Noninterest - bearing	None		13 b (1)
(2) Interest - bearing	None		13 b (2)
14. Federal funds purchased and securities sold under agreements to repurchase in domestic offices of the bank & of its Edge & Agreement subsidiaries, & in IFBs:			
a. Federal funds purchased	None		14 a
b. Securities sold under agreements to repurchase	None		14 b
15. a. Demand notes issued to the U.S. Treasury	None		15 a
b. Trading liabilities	None		15 b
16. Other borrowed money:			
a. With a remaining maturity of one year or less	None		16 a
b. With a remaining maturity of more than one year	None		16 b
17. Mortgage indebtedness and obligations under capitalized leases	None		17
18. Bank's liability on acceptances executed and outstanding	None		18
19. Subordinated notes and debentures	None		19
20. Other liabilities	422		20
21. Total liabilities (sum of items 13 through 20)		58	21
22. Limited - life preferred stock and related surplus	None		22
<b>EQUITY CAPITAL</b>			
23. Perpetual preferred stock and related surplus (No. of shares outstanding	None		None
24. Common stock (No. of shares a. Authorized	1500		24
b. Outstanding	1500		24
25. Surplus		1	25
a. Undivided profits and capital reserves		5	26 a
b. Unrealized holding gains (losses) on available-for-sale securities		023	26 b
27. Cumulative foreign currency translation adjustments		None	27
28. a. Total equity capital (sum of items 23 through 27)		7	28 a
b. Total equity capital and losses deferred pursuant to 12 U.S.C. 1823 (j)		7	28 b
c. Total equity capital and losses deferred pursuant to 12 U.S.C. 1823 (j) (sum of items 28 a & 28 b)		7	28 c
29. Total liabilities, limited - life preferred stock, equity capital, and losses deferred pursuant to 12 U.S.C. 1823 (j) (sum of items 21, 22, and 28 c)		65	29
<b>MEMORANDA</b> : Amounts outstanding as of Report of Condition date:			
1. a. Standby letters of credit: Total			71 a
b. Amount of Standby letters of credit in memo 1 a. conveyed to others through participations			None

NOTE: This report must be signed by an authorized officer(s) and attested by not less than three directors other than the officer(s) signing the report. We, the undersigned officer(s), do hereby declare that this Report of Condition has been prepared in conformance with official instructions and is true and correct to the best of my (our) knowledge and belief.

SIGNATURE OF OFFICER AUTHORIZED TO SIGN REPORT: *Delores A. Phelps*

DATE SIGNED: *January 24, 1997*

AREA CODE/PHONE NO: *606-758-8212*

STATE OF: *Kentucky*

COUNTY OF: *Rockcastle*

DAY OF: *January*

YEAR: *19 97*

NOTE: I have read the foregoing Report of Condition and declare that it has been examined by me and to the best of my knowledge and belief it has been prepared in conformance with official instructions and is true and correct.

SIGNATURE OF DIRECTOR: *Delores A. Phelps*

SIGNATURE OF DIRECTOR: *Robert D. Harlow*

SIGNATURE OF DIRECTOR: *Joseph Young*

(MAKE MARK FOR NOTARY'S SEAL) State of Kentucky County of Rockcastle  
I am not an officer or director of this bank and hereby certify that I am not an officer or director of this bank  
My commission expires 6/6 19-2000

**Agricultural News**

**Warden Alexander, Director** of the Dairy Refund Payment Program is open for applications thru close of business March 17. Producers who qualify may get a refund of withheld amounts if they can show that they marketed less pounds in the refund compared to the base period (1995) as compared to the base period (1995). Receipts with

the monthly marketing must be submitted at the time of application.

Applications for new burley tobacco quotas are being taken through February 15. Eligibility requirements include: own land which has no tobacco (sharecropping/leasing) and 50% of all income derived from farming. Anyone wishing to

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\* applies to same prescription purchases only





# Classifieds

## CLASSIFIED RATES

- Local Rates - 10¢/Word, Minimum \$2.50
- Cards of Thanks - 5¢/Word, Minimum \$2.00
- In Memories - 5¢/Word, Minimum \$2.00
- Display Classifieds - \$3.50/Inch

Deadline for Classifieds is  
**NOON Tuesday**

## FOR RENT

For Rent: 2 and 3 bedroom trailers, Call 256-9821, Mon.-Sat., between 9 a.m. - 7 p.m. 35xntf

For Rent: 2 bedroom trailer. Call 256-3964 or 256-9183. 31xntf

For Rent: Mt. Villa Motel, now phones in room, weekly and commercial rates available, cable TV, electric heat and air, Sunday thru Thursday, \$18.95 per night. (1) 256-2127. (n)

For Rent: Rocket Storage for all your storage needs, all different sizes. 256-3623. 10fn

For Lease: Tobacco poundage. 2,057 lbs. 50¢ a lb. Call (502) 458-8085. 34xntf (np)

Accepting applications for 2 and 3 bedroom units at Valley View Apartments. Rent based on income. Call 256-5912. Equal Housing Opportunity. TDD for hearing impaired only. 1-800-247-2510. 36fn

**Castle Village Apartments**  
**HAS IMMEDIATE OCCUPANCY**  
on large 1 bedroom apartments and 2 & 3 bedroom townhouses with private entrances and patio, kitchen appliances and central air. Children's play area. HUD Section 8 assistance makes these apartments affordable for all families. Now accepting applications on Monday thru Friday from 10 a.m. to 2 p.m. Apply at 165 Castle Village Dr., Brodhead, Ky. 40409. 758-4111. Equal Housing Opportunity

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**HOUSE, BARN, AND 10 ACRES.** Level land, backs up to Dix River near Brodhead. House has one bedroom, 1 bath, living room, kitchen, utility room, front and back porch, city water and city sewer. Some repairs needed. All for only \$37,000. Call today.

**NEW LISTING: 50 ACRES M/L.** Great hunting or a nice place to build that new home in the woods. Some good timber, nice view, no restrictions. \$21,900. Call today.

**45 ACRES SAND HILL AREA.** Mostly wooded, may be some marketable timber. Priced at only \$14,500

**GREAT LOCATION:** Two houses on one lot. 2 bedroom first floor, 1 bedroom unfinished second floor, kitchen, dining room, living room, city water, 1 bath, sewer, \$39,000 with extra lot. Additional house has 2 bedrooms, living room, bath, city water, large patch lots of shade.

**GOOD LOCATION IN TOWN:** City water, sewer, 3 bedroom, additional room could be made into fourth bedroom. Also has living room, kitchen, bath, large porch and lots of shade. \$43,000 with extra lot or will sell separately.

**BUY OR BUY:** Going business well established service station, great location, no competition, high potential for growth. Good traffic flow. Easy in, easy out with 1/2 acres of land with large metal barn for additional income or business. Price \$69,900.

**13.5 ACRE FARM.** Brush Creek area. Approx. 50 acres of farm land, bal. in woods, mostly fenced, spring water, old house site, electric on property, stream for cattle water. On blacktop road with plenty road frontage. \$50,000. Call today.

**REDUCED TO \$25,900 - BIG HOUSE, BIG BARGAIN.** Plenty of room in this spacious older home located on a large lot. 4 bedrooms, living room, family room, kitchen, 1/2 baths, and utility room on first floor. 5 unfinished rooms on second floor. Mobile home hookup on back street of lot.

**COUNTRY GROCERY STORE:** Ongoing grocery business which includes store building, inventory and equipment. Has approximately 1800 sq. ft. of living quarters upstairs (very nice). Located near Berea on Scaffold Creek Road. Owners retiring. Priced to sell at \$52,000.

**SPACIOUS AND NICE** describes this super clean one-year-old mobile home, located on Copper Creek Road. Has 3 bedrooms, 2 baths, living room, dining room and kitchen. To be moved. Priced at thousands below cost. Reduced to \$20,500. Air condition and central heat. Call today.

**BRINDLE RIDGE - 1996 Fleetwood Double-Wide 22x48.** central heat and air, 3 bedrooms, 2 baths, large kitchen/dining room. Home sits on one lot with 2 additional lots. City water. Total land, 3.5 acres. \$69,000.

**LISTINGS:** If you have property to sell call one of our agents. We work hard to get your price. No cost to you if we don't sell it. We pay all advertising costs.

## MISCELLANEOUS FOR SALE

For Sale: Cemetery lots. Cresthaven Cemetery, Mt. Vernon. Call 256-5648. 31xntf

For Sale: Lots in the Elmwood Cemetery at \$250 per lot. Call 256-2617 or see Clarence Carter at 310 Williams St. in Mt. Vernon. 8x12

A Big Screen TV: Magnavox 46". Buy for \$10 down/\$10 a month, free VCR. Home Products 1-800-779-0536. 10ntf

For Sale: Wood crafts, quilt racks, reindeer, snowmen, bird houses, bird feeders, will shelves with clocks, decoration lights and more. Roy G. Brown, Rt. 1 Box 298, Brodhead, KY 40409. 758-8581. 16fn

Camcorder: Magnavox. Buy for \$10 down/\$10 a month. Home Products 1-800-779-0536. 10ntf

Rental Equipment Available at Lumber King: Call Leon at 256-1100. 48fn

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Home Stereo System: 100 watt with free CD Player. Call toll free 1-800-779-0536. Home Products. 17ntf

For Sale: Firewood \$40 truck load, delivered locally. Call 256-3976. 7ntf

Satellite: 18" RCA. Just \$10 down/\$10 a month. Call Home Products 1-800-779-0536. 10ntf

For Sale: Nice regulation size pool table. Slate top, \$500. Used one year. Call 256-2720. 7ntf

Computer with Free Printer: Buy for \$10 down/\$10 a month. Call Home Products 1-800-779-0536. 10ntf

Refrigerator: New. Buy for \$10 down/\$10 a month. Free Microwave. Home Products. 1-800-779-0536. 10ntf

For Sale: Tobacco base. Call 256-5266. 14x4

For Sale: Grass hay. \$1.75 a bale. Call (606)792-4669. 15ntf

Reduce: Bum off fat while you sleep. Take OPAL available at Saylor Pharmacy, Richmond St., Mt. Vernon. 16x5

For Sale: Sears Kenmore washer and dryer, works good. \$150 for both. Call after 7:00 p.m. 256-2463. 16x2

For Sale: 1984 Champion 18ft. bass boat and trailer, 150 hp. Evinrude motor, new Minnkota TruLure motor, 2 depth finders, 2 live wells. \$5400.00 758-8052 after 6 p.m. 16x2

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For Sale: Cardio/glide (new). \$150. 453-4410. 12ntf.

For Sale: Firewood. \$25 a load. Delivered locally. Call 758-8140. 13ntf

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