

The Family Room

By: Dr. Don Whitehead

So You Want To Be Happy?
"What does it take to lead a happy life?" several clients have asked me. Here are some random, subjective suggestions to make your life happier:

1. Read a good book - a book that generates positive feelings as you read it. I recommend *Life's Little Instruction Book* or *Random Acts of Kindness*.
2. Take a walk.
3. Eat lunch with someone you like.
4. Do something nice for someone who can't repay you.
5. Keep your kind acts secret.
6. Check your oil every month.
7. Change your oil every month.
8. Don't charge more to your credit cards than you can pay off at the end of the month.
9. Play with a young child.
10. Talk to an elderly person.
11. Make music, even if your music is not very fruitful.
12. Eat a lot of fruits and vegetables.
13. Even if you are on a diet treat yourself to an ice cream cone or a candy bar once-in-awhile.
14. Visit a library.
15. Watch a baseball game (or the sport of your choice) in person.
16. Learn at least a little about computers.
17. Don't spend too much time learning about computers.
18. If you smoke, quit. If you can't, get help.
19. Drink your (skim) milk.
20. Plan a day when nothing is planned.
21. Have a physical exam by your doctor.
22. Have an emotional exam by your counselor. (You didn't think I would get through this whole list without at least one commercial for counseling, did you?)
23. Hug your kid.
24. Hug somebody else's kid.
25. Don't sweat the small stuff.
26. Take a class or workshop and learn something new.
27. Sit quietly in a rocking chair.
28. Play with some knives or puppets.
29. Recycle aluminum cans.
30. See a play.
31. Attend a recital.
32. Spend all day with your spouse.
33. Drive somewhere within two hours of your home that you have never been before.
34. Write a letter of appreciation to someone.
35. Accept the fact that you are not perfect. Tell someone that you aren't.
36. Don't look back. Someone may be following you. (Thanks to Satchel Paige.)

occurs naturally. "Though much attention has been given lately to physician-assisted suicide," said National Hospice Organization president, Jay Mahoney, "hospice remains the overwhelming choice for comprehensive, compassionate end-of-life care. Last year caring for nearly 390,000 patients across the country."

Hospice is a comprehensive, medically directed, team-oriented program that emphasizes pain control and symptom management rather than curative treatment. It is a philosophy of care that accepts death as a natural part of life and addresses the psychological and spiritual needs of the patient and family.

The recent survey, based on telephone interviews with a national sample of 1,007 adults, was commissioned by the National Hospice Organization to measure knowledge and attitudes related to hospice care and other end-of-life issues.

The survey findings include: Nearly nine in 10 adults would prefer to be cared for at home if terminally ill with six months or less to live; the majority of adults would be interested in a comprehensive program of care, such as hospice.

Belief on whether or not it should be legal for a physician to participate in assisted suicide is split;

however, men are more likely than women to feel it should be legal.

Only one third (35%) of the adults, if terminally ill, would ask their doctor to help end their lives; more men than women would ask for medical assistance in ending their lives.

When asked to name their greatest fear associated with death, respondents more often cited "being a burden to family and friends"; pain was the second most common fear.

Nearly 90% of adults believe it is the family's responsibility to care for the dying.

Most adults (62%) believe it would take a year or more to adjust to the death of a loved one, yet few (10%) have ever participated in a bereavement program of grief counseling following the death of a loved one.

The National Hospice Organization was founded in 1978 as a non-profit public benefit charitable organization advocating the needs of terminally ill persons of America. Locally, Hospice of the Kentucky River serves residents of Estill, Lee, Owsley, Jackson, Rockcastle and Madison Counties. For more information about hospice care, please call 1-800-806-5492 or (local office # here) 256-3577.

Stop Smoking Classes offered at Health Dept.

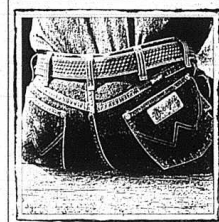
The Cooper/Clayton Method to Stop Smoking is being offered by the American Cancer Society through the Rockcastle Health Department, free of charge. However, you must supply your own nicotine patches or gum. We will provide information on how you may receive these free or at a reduced rate.

- heavy smokers and
- is an effective smoking cessation method
- addresses all aspects of smoking
- utilizes nicotine gum or nicotine patches
- emphasizes relapse prevention
- provides intensive education sessions and support with 24 weekly

The Mt. Vernon Signal Thursday, July 3, 1997 P.87

The next classes will begin on Tuesday, July 8 at 6:30 p.m. at the health department. Only those who are pre-registered will be permitted to attend the first class. To register call 256-2242 and ask for Betty Broughton. She will place your name

on our register. Or, you may mail your name, address and phone number to: Beverly Sexton, Rockcastle County Health Dept., P.O. Box 840, Mt. Vernon, KY 40456. For more information contact: Beverly Carter-Sexton, Health Educator 256-2242.



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Mon - Sat 10 to 6, Open 4th of July 10 to 5, Sun 12 to 6

New findings address end-of-life debate

Although the nation seems divided on whether physician-assisted suicide should be legalized, the majority of Americans say that they would not choose it for themselves if terminally

ill, according to a recent survey conducted by The Gallup Organization. The survey found that seven out of 10 adults, if terminally ill, would seek a hospice program until death

Delinquent Tax List

(Cont. from B6)

6108	ROBINSON MERRILL	50.71
6123	ROBINSON WILLMER & KATHERINE	316.94
6124	ROBINSON WOODETH	32.80
6138	ROGERS JAMES E	41.46
6144	ROGERS SHANNON	278.05
6161	ROUSEY DANA L	12.69
6170	ROSE SHERRI	27.04
6171	ROSE SHERRI	253.54
6172	ROSE SHERRI	25.36
6185	RUCKER OSCAR JR	443.53
6186	RUCKER OSCAR SR	213.49
6204	SAGRAVES HARRY	152.12
6223	SANWA LEASING CORPORATION	12.46
6331	SETTLES WESLEY	-12.69
6383	SHIVEL CARLA	76.07
6410	SIMPSON DANNY WAYNE & PEGGY	608.50
6423	SINGLETON BOBBY R	92.96
6458	SMITH BARBARA J	274.89
6487	SMITH HARDIE	27.09
6526	SMITH MARK S & JEFFREY KAUFMAN	304.25
6548	SMITH RONNIE & LOUISE	71.86
6550	SMITH SCOTT & REBECCA	84.51
6551	SMITH SHIRLEY	397.21
6552	SMITH SHIRLEY	169.03
6568	SMITH WILLIE	102.30
6574	SOMPA EMMA	26.02
6626	SPARKS HOMER	8.45
6647	SPARKS JACKIE	10.99
6631	SPARKS MARY L	235.80
6650	SPONAMORE DAVID	147.92
6651	SPONAMORE GLENN	8.45
6660	STACY STANLEY & KATHERINE	46.51
6661	STACY STEVE & ANNA	376.65
6664	STALLSWORTH CHARLES & MARY	42.26
6673	STAMPER WALLACE & MINNIE	67.61
6674	STAMPER WALLACE L	80.31
6680	STAPLETON SAM & MICHELE	114.11
6687	STEELE TED	4.25
6694	STEPHENS KENNETH & CONNIE	126.78
6718	STEVENS KEVIN & VALERIE SAEVY	190.18
6724	STEWART JEFF	59.16
6737	STEWART BILLY	29.60
6768	STURGILL BONNIE	135.22
6774	STURGILL JOE	16.91
6778	STURGILL ROBERT	228.18
6803	T R L INC	1,267.70
6817	TAYLOR BILLY W	42.26
6823	TAYLOR COY D & LINDA	701.46
6833	TAYLOR JAMES C	76.07
6851	TAYLOR MELVIN L & GINGER	296.24
6878	THACKER CECIL G	67.61
6905	THOMAS EARL	42.26
6923	THOMAS TIM	211.29
6926	THOMASON ADEN B	253.54
6950	THOMPSON JAMES	215.53
6956	THOMPSON NEAL -MRS-	16.32
6963	THOMPSON RONNIE W & CHERYL	169.03
7018	TYREE SANDRA	240.89
7046	VAMWINKLE GEORGE H	84.51
7049	VAMWINKLE JACK	8.45
7056	VAMWINKLE RANDY	94.06
7059	VAMWINKLE TIM & JOYCE	42.26
7111	WAGERS JAKE	46.51
7112	WAGERS JEFFREY & KIMBERLY	29.60
7134	WARF MACK & ANNA	84.51
7149	WEAVER JAMES W & NINA	42.26
7150	WEAVER JAMES W & NINA	42.26
7160	WEBB REBECCA	105.67
7196	WHITAKER LARRY & MARY	118.32
7215	WHITLEY MARK & VICKI LOWERY	325.40
7284	WILSON EARL & PAMELA DAVIDSON	50.71
7285	WILSON EARL & PAMELA DAVIDSON	236.63
7302	WILSON SHIRLEY	304.25
7307	WILSON TIMMY	105.67
7341	WOODALL STEVEN	160.58
7357	WOODALL FRANKIE	135.22
7372	WORKER DELORIS	119.16
7428	ZAPP BARBARA	126.78

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17⁹⁹
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29⁹⁹
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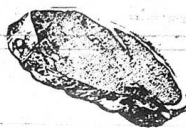


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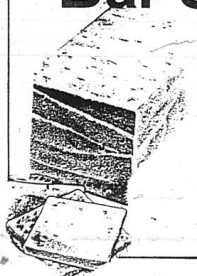


\$3.98

Lb.

5 LB. BLOCK OR SLICED

Bar S Cheese

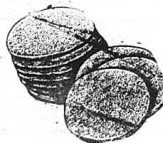


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Lb.

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classifieds

CLASSIFIED RATES

- Local Rates—10¢/Word, Minimum \$2.50
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- In Memoriams—5¢/Word, Minimum \$2.00
- Display Classifieds—\$3.50/Inch

Deadline for Classifieds is NOON Tuesday

FOR RENT

For Rent: 2 and 3 bedroom trailers. Call 256-9821. Mon.-Sat., between 9 a.m. - 7 p.m. 35x11

For Rent: 2 bedroom trailer. Call 256-0176 or 256-9183. 31x11x11

For Rent: Mt. Villa Motel, now phone in room, weekly and commercial rates available, cable TV, electric heat and air, Sunday thru Thursday, \$18.95 per night. Call 256-2127. tfn

For Rent: Rocket Storage for all your storage needs, all different sizes. 256-5623. 10hrs

Accepting applications for 2 and 3-bedroom units at Valley View Apartments. Rent based on income. Call 256-9912. Equal Housing Opportunity. TDD for hearing

impaired only. 1-800-247-2510. 36pin

For Rent: 1 or 2 bedroom trailers. Call 256-4398. 37x11

Castle Village Apartments HAS IMMEDIATE OCCUPANCY

on large 1 bedroom apartments and 2 & 3 bedroom townhouses with private entrances and patio, kitchen appliances and central air. Children's play area. HUD Section 8 assistance makes these apartments affordable for all families. Now accepting applications on Monday thru Friday from 10 a.m. to 2 p.m. Apply at 165 Castle Village Dr., Broodhead, Ky. 40409. 758-4111. Equal Housing Opportunity Voice/TTY 1-800-553-0300

Tobacco Base For Rent or Lease: 2000 lbs. Call (513)863-8569. 35x4

Tobacco For Lease: 2,514 lbs. 35c lb. Call 758-8444. 37x2

For Rent: 6 mi S of Berea; new 2 br mobile home; central heat & air; w/d hook; \$290 mo; deposit and references required. 256-5416 after 5:30 p.m. 38x2pd

For Rent: 3 bedroom trailer. \$200 month + deposit. Call 256-3188. 38x2pd

For Rent: Lots to park new trailers on complete hookups. (606)256-5105, leave message. 39x1

For Sale: Wood crafts, quilt racks, reindeer, snowmen, birdhouses, bird feeders, wall shelves with clocks, decoration lights and more. Roy G. Brown, Rt 1 Box 298, Brookhead, KY 40409. 758-8581. 16x11

Rental Equipment Available at Lumber King: Call Leon at 256-1100. 48x11

For Sale: Unlined short-sleeve coversalls by Key starting at \$24.50. Work boots by Wolverine and Georgia. Napier Bros. Clothing Store, 35 Public Square, Lancaster, 792-2535. 24x11

For Sale: Stonewash Denim jeans, relaxed or traditional fit by Carhart \$26.50. Blue denim bib overalls by Carhart \$38.00. Large selection of Carhart rugged and casual wear. Napier Bros. Clothing Store, 35 Public Square, Lancaster, 792-2535. 24x11

For Sale: Bib Overalls (low back) starting at \$26.50 waist sizes 29-50 in stock. Napier Bros. Clothing Store, 35 Public Square, Lancaster, 792-2535. 11x11

For Sale: Lots in the Elmwood Cemetery at \$250 per lot. Call 256-2617 or see Clarence Carter at 310 Williams St. in Mt. Vernon. 26x12

MISCELLANEOUS FOR SALE

For Sale: Cemetery lots. Cresthaven Cemetery, Mt. Vernon. Call 256-5648. 31x11

For Sale: Lots in the Elmwood Cemetery at \$250 per lot. Call 256-2617 or see Clarence Carter at 310 Williams St. in Mt. Vernon. 26x12

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of wood fence, all types of vinyl fences, commercial or residential. free estimates, 90 days same as cash. Call Ed's Fence Co. 1-800-989-8006 or 986-8000. 24x11

For Sale: Antique upright piano and bench. \$300. Call 758-9154. 36x4

For Sale: Combination Stock and horse trailer. Excellent condition \$1400. Call 256-2430. 37x11

For Sale: American Drew Oak table with four chairs and highback corner hutch. Paid \$2400. Will sacrifice for \$1000. Call Terry Woodall at 256-5317 or 256-2044. 37x3

For Sale: 17 ft. Astroglass Bass boat with 125 hp Mercruiser loaded. \$4500. 1992 Hardtop Ford body. \$700. 2 Sears Super Duty 125. \$700. both. Disney movies, all types. Buy or sell. 1983 Elcamino good running condition. 1 owner. \$800. '83 SR5 Toyota pickup. \$900. '91 Toyota pickup. 5 sp. 4 cyl. 67,000 miles. \$4900. Call 256-4739. 37x3

For Sale: Canopy bed black iron with queen size Orthopedic mattress set, all unused, still in box. \$850 value. Sell \$300. 878-7511. 38x2

For Sale: 27 ft. swimming pool. 4 ft deep, with 40 ft. square fence. Everything gone. Call 256-4096 or 256-2213. 38x2pd

For Sale: Waterbed with night stand, chest drawers, big poster bed. day bed. Call 355-2969. 39x1

For Sale: Almost four boxes of new fire for sale gave over a hundred dollars for it. Will take \$50.00. Exercise bike. \$200. Call 758-8522. 39x2pd

For Sale: High efficiency OUTDOOR WOOD FURNACE will heat your entire home and more without burning any alternate fuel. Will also heat all your domestic hot water. No need to split wood. Order now to ensure early delivery. Call EATON ELECTRONICS 606-256-4314. MT. VERNON. 39x1

For Sale: Registered Angus Bull 14 mo. old. Phone 256-2078. 39x1pd

For Sale: 1994 Suzuki RM 250 \$1500. 758-4030 after 4 p.m. call 758-0006. 39x2

MOTOR VEHICLES FOR SALE

For Sale: 2 super single waterbeds. Light pine & dark pine. 1 with drawer unit. \$100 each. Call 758-8975. 39x1

For Sale: Suits, dresses, skirts, blouses, size 6, 8 & 10. Shoes sizes 5 & 5 1/2. Purses and hats. For sale by owner. Call Sue Brink 256-5704. 39x2

For Sale: 1978 RV. 1970 Dodge (box truck). 1975 Dodge van. 4 wheeler. Call 256-5413 or 256-4322 after 5 p.m. 42x11

For Sale: 87 Pontiac Grand Am, maroon, V6, auto, tinted windows. \$900. 84 Olds Cutlass, V6, auto, good dependable car. \$750. 82 Cadillac, 4 dr. 5 sp., runs great, good work car. \$600. Will take trades. Call 758-4125, leave message. 34x11

For Sale: 93 Ford Probe. 4 cyl. Call 453-3012. 36x4

For Sale: 1993 Ford Probe GT. red, tinted, windows, sun roof, runs great, lots of power. Call 256-4996 or 256-2212. 38x2pd

For Sale: 1987 Olds Cutlass Ciera Station Wagon. 108,000 miles. \$1750. Call 256-5648. Lynn Parsons. 39x2

For Sale: 86 Ford Pro. auto. air. PB. PS. \$3750. Call 256-9821. 39x1pd

For Sale: 1971 International 1600 Laxstar 146, steel flat, 625 engine, with 2 speed 4 speed, good solid work or farm truck. \$1900 or best offer. 606-256-4132 after 7 p.m. 39x2pd

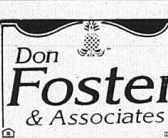
For Sale: 1988 Chev. Corsica. 94,000 miles. Auto. air, powder door lock, good tires. \$2200. 256-48-06. 39x2pd

Classified deadline is NOON Tuesday

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HOUSE, BARN, AND 10 ACRES. Level land, backs up to Dix River near Broodhead. House has one bedroom, 1 bath. **SOLD** chen, utility room, front and back porch, city water and city sewer. Some repairs needed. **REDUCED TO \$34,000.** Call today.

GREAT LOCATION: Two houses on one lot, 2 bedroom first floor, 1 bedroom unfinished second floor, kitchen, dining room, living room, city water, 1 bath, sewer, \$38,000 with extra lot. Additional house has 2 bedrooms, living room, bath, city sewer, large porch lots of shade.

GOOD LOCATION IN TOWN: City water, sewer, 3 bedroom, additional room could be made into fourth bedroom. Also has living room, kitchen, bath, large porch and lots of shade. \$43,000 with extra lot or will sell separately.

COUNTRY GROCERY STORE: Ongoing grocery business which includes store building and equipment. Has approximately 1800 sq. ft. of living quarters upstairs (very nice). Located near Berea on Scaffold Cane Road. Owners retiring. Priced to sell at \$52,000.

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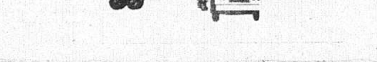
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Help Wanted: Truck Driver Job in Mt. Vernon. Preferred Mack Tractor experience with minimum 3 years OTR. No overnight travel. Must have current CDL with hazardous mat and tanker endorsement. Drug test required. Send resume or experience information to R.E.M., P.O. Box 54290, Lexington, KY. 40555. 38x2

Help Wanted: Need Extra Cash? Christmas Around the World and House of Lloyd now hiring. No experience necessary. Call 364-3684. 38x2

Attention: Truck Drivers Don't miss this opportunity. No experience required. Get hired on the Spot. This Thursday, 11 a.m. to 7 p.m. \$625.00/wk plus benefits. 1-888-899-6362. 39x1

A Dream Come True: Join the #1 team in our field and make your own dream a reality. We offer: Established accounts, expense-paid training, merit promotions, complete first-year earning potential, fantastic benefit package and guaranteed increased income start. Qualified candidates; must be spousely-minded, highly self-motivated, have neat, professional appearance and have access to a reliable car. Call Ron Lautamaki at 606-678-2023 on July 7, 8 & 9, 1997 at 9-5. EOE/M-F. 39x1

Do Your Own The Truck... Or... Does the Truck Own You? Spending all your time working about not getting the miles or the right kind of loads? DON'T. We have lots of freight, lots of miles, plus great rates and benefits. Give us a call. TODAY. 800-288-5887. 39x1

Drivers-Flatbed: \$1000 Sign-On Bonus. New pay package. Monthly Bonus Program. Need CDL-A & 6 mos OTR. ECK Miller. 800-611-6636. Owner Operators also welcome. 39x1

Help Wanted: Child care needed in my home. 4 to 5 days per week. Must have exp. ref. & be reliable. Call 256-3472 after 7 p.m. M-F or anytime on weekend. 39x2

Griff's Apollo Pizza: Now accepting applications for drivers. Full-time or part-time. Must be 18. Have own vehicle and insurance. \$10 to \$12 per hour possible and flexible hours. 39x1

Help Wanted: Someone to sell National Lifetime Remipier Service in Mt. Vernon and county. Making good money. Call 256-5546. 39x1

Nurse Aide Training: Sowder Nursing Home, Brodhead is now accepting applications for Ky. Medicare Nurse Aide Training Classes. No date has been set to start the classes. Apply in person at Sowder Nursing Home, West Main St., Brodhead or call Ann Taylor, RN at 758-8711 for more information. Run thru Fri. 10:00 a.m. - 5:00 p.m. 39x1

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For Sale: 1994 16x80 North River Mobile Home. 3 bdrm, 2 bath, all upgrade including vaulted ceilings, hunker green interior, oak cabinets, etc. \$24,900. Call 256-3220. 38x2

For Sale: 1985 Jayco 23 ft. trailer. Self contained, clean fire nice. Call 256-9736. 39x1

Used '96: 14x70, 3 bdrm, 1-1/2 bath, like new. Less than \$179 mo. 800-755-9611. 36x4

Used '92 Brandywine: Deluxe Glamour, Bath, Island Kitchen, Like New - Less Than \$189 mo. Call For Details 800-755-5361. 36x4

New '97: 16x80, 3 or 4 bdrm., Fleetwood Home, 5 yr. warranted, std. - now only \$22,900. THE AFFORDABLE HOUSING MART - London 878-0013 or 800-755-5361. 36x4

New Larger Selection of Fleetwood: Doublewide homes starting at less than \$228 mo. THE AFFORDABLE HOUSING MART - London 878-0013 or 800-755-5361. 36x4

Take Over Payments: On '95 Model Fleetwood Home. Call for 888-899-6362. 39x1

For Sale: 1996 Clayton Mobile Home 16x80, 3 bd., 2 bath, LR and DR and central air. Call 256-3155. 38x5

Mobile Home 12x56: 3 bd. \$3300 obo. Trailer can be left on lot. Can be seen on Poplar St. Trailer #10 or contact Ralph Renner at 256-6246 or 256-3490 leave message. 38x4

The Only 1997 28x70 Doublewide: Anywhere for only \$39,900. Base cost. Call for 606-6126-2235. 24 hours. For details. 39x1

New 1997: 16x80s for only \$22,900. New 1997 Singlewides as low as \$10,995. New 1997 16' wides as low as \$15,900. New doublewides as low as \$25,900. Call 24 hrs. For details. 1-606-626-2235. 39x1

Bad Credit Is O.K.: If you have a track record that is paid for or land to use as collateral or a good down payment. Call 1-606-626-2235, 24 hours for details. 39x1

Factory Outlet on Lot Financing: On lot insurance, 0 down payment, use your deed for 1 year or we give you top dollar bar trade-ins, no turn downs ever, good credit, bad credit, repossessions, we own the finance company. Call 1-606-626-2235, 24 hours for details. 39x1

1997 16x80 Vinyl & shingles for only \$25,900. 1997 28x44 doublewides for only \$25,900. 1997 16x54 Singlewides for only \$15,900. 1997 28x70 Doublewide for only \$39,900. Call 1-606-626-2235, 24 hours for details. 39x1

Beat This: Only \$999.00 down for doublewides. Oakwood homes in Stanford. Lower overhead = Lowest Prices. We own the bank. 9-5 Ined A.P.R. in July. Call now. 606-626-2235. 39x2

2 Bed 2 Bath: Pay transfer fee & move-in. Oakwood Stanford. Call now 606-365-2846. 39x2

Get More Bang For Your Buck: New singlewide homes for ONLY \$499 down. Limited time. Low, low payments and interest rates. Call now, won't last long. 606-624-9270. 39x1

Late Model Used and Reposs: Must sell. Good condition. Financing available. 606-624-9919. 39x1

Unbelievable: New multi-section homes for ONLY \$999 down. Plus 9.9% fixed rate financing on selected models.

PROPERTY FOR SALE

Trailer or House Lots: Land contracts available. Some lots on blacktop road and some have cable TV. Located at Bowling Ridge outside Brodhead. \$2,000-\$5,000. Call 256-3264 or 256-6115. 30mf

Restricted Building Lots: All on blacktop road. 1/2 acre to 2 1/2 acres. Located 2 miles from Brodhead, 5 miles from high school and 5 miles from I-75. Nice neighborhood. Owner financing. Call 400-577-0000. Call 256-5364, 256-5781 or 256-3615. 30mf

Land For Sale: 3 good building lots on Hwy. 150 near Rockcastle-Lincoln County Line. 2 1/2 acres each lot, city water, owner financing. Cecil King, M-F (606)351-2644 or evenings and weekends (606)748-5137. 13mf

For Sale: House with 2 car garage in Mt. Vernon. House has 4 bedrooms, kitchen/dining combo, large living room, laundry room. Call 453-9230. 20mf

For Sale: Approximately half acre lots on Floyd St., in city limits of Mt. Vernon, accessible to water and sewer. \$15,000 each. Call 256-2446. 33mf

For Sale: 2 bedroom located on 400 Terry St. in Mt. Vernon. Bath, LR, DR, kitchen, dining room, utility room/washer/dryer hook-up, large lot, black top drive. Ready to move into. Call 256-5246 after 6:00 p.m. 34mf

For Sale: Two hundred acres with good timber on Red Hill Road in Rockcastle County. Call 843-7557 or 843-2511. 37mf

For Sale: House and lot located on Crawford St. in Mt. Vernon. House has 2 bedrooms, living room, kitchen/dining room combination and one bath. House also has new vinyl siding and oak cabinets. Call 256-3844. 30mf

For Sale: Beautiful two-year old 2,000 sq. ft. home with outstanding, on private two acres. Days, 623-1199 or nights, 256-9073. 39x1

For Sale: Nice level lots on Freedom School Rd. 1 1/2 miles from Mt. Vernon. City water available. 1/2 acre to one acre lots. Call 256-4689. 39x8pd

White Bag or Block \$3⁹⁵
T.M Salt Bag or Block \$4⁵⁰
Now carrying a complete line of Purina Feeds[®]

16,000 Bald Twinie \$22
Farmer's Friend Med-Pak 50 lb. \$11.80
Farmer's 16% Farm Feed 50 lb. \$5
100 lb. Shell Corn \$6.95
100 lb. Corn Plus \$6.50
40 lb. Dog Food \$6.95
40 lb. Potting Soil \$1.50

ON-SITE LUMBERMILL WORK
I will come to your land and cut your logs with my **Wood-Mizer[®]** portable sawmill. **TURN YOUR LOGS INTO VALUABLE LUMBER FOR:**

- Landscape Timbers
- Turning Blocks
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- Siding
- Furniture
- Beams
- Fencing
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For a free estimate, call: 256-0143

HYSINGER CARPET
*We have many famous brand names and colors to choose from and Armstrong No Wax Vinyl. For all your floor coverings and supplies visit us in Mt. Vernon. 256-6413

FOR SALE
New and Used Vacuum Cleaners
Parts and Repairs on all makes and models
Call Curtis Bradley
Ph. 606-758-8584
Brodhead, Ky.

PROPERTY FOR SALE

Trailer or House Lots: Land contracts available. Some lots on blacktop road and some have cable TV. Located at Bowling Ridge outside Brodhead. \$2,000-\$5,000. Call 256-3264 or 256-6115. 30mf

Restricted Building Lots: All on blacktop road. 1/2 acre to 2 1/2 acres. Located 2 miles from Brodhead, 5 miles from high school and 5 miles from I-75. Nice neighborhood. Owner financing. Call 400-577-0000. Call 256-5364, 256-5781 or 256-3615. 30mf

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White Bag or Block \$3⁹⁵
T.M Salt Bag or Block \$4⁵⁰
Now carrying a complete line of Purina Feeds[®]

16,000 Bald Twinie \$22
Farmer's Friend Med-Pak 50 lb. \$11.80
Farmer's 16% Farm Feed 50 lb. \$5
100 lb. Shell Corn \$6.95
100 lb. Corn Plus \$6.50
40 lb. Dog Food \$6.95
40 lb. Potting Soil \$1.50

Affordable Insurance For One Of The Most Priceless Things In Your House.
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Ask your Cotton States agent about life insurance coverage for your wife or husband.
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- Precision Frame Alignment
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- Front End Alignment

24-HOUR Small-Medium-Large WRECKER SERVICE
256-4210

PUBLIC NOTICES

Pursuant to the School-to-Work Opportunities Act of 1994, the Local Partnership Council of Local Labor Market Area #16 will be accepting Request for Proposals (RFP), until 4:00 p.m. EST August 1, 1997, for funds to be utilized in facilitating the creation and/or continuation of a universal, high-quality School-to-Work transition system, kindergarten through life-long learning, to identify and navigate individuals to a more progressive and rewarding role in the workplace.

Local Labor Market Area #16 serves Estill, Garrard, Jackson, Lincoln, Madison, Powell and Rockcastle counties. Applications must promote activities in the three components of School-to-Work, school-based learning, work-based learning, and connecting activities.

Those interested in obtaining more information or a RFP packet may inquire by contacting the LLMA #16 Office of School-to-Work, P.O. Box 275, Mt. Vernon, KY 40456, (606) 256-1111.

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CALL NOW
D-256-7747
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Salt Peter Cave Road, Hwy 1004 Orlando, Ky.
24 YEARS EXPERIENCE

Federal-State Market News
Garrard County Stockyards
Lancaster, Ky. June 27, 1997

Cattle: 3335
For The Week: 1520
Compared to Last Week: Slaughter Cows 1.00-2.00 higher; Slaughter Bulls steady; Feeder Steers steady 1.00 higher; Feeder Heifers steady 1.00 higher.
Slaughter Cows: Breaking Utility and Commercial #3-542-44.75, low dressing individuals 37-41; High Cutter and Boning Utility #1-345-50.49; Cutters #1-237-15.50; Cannons 33-36.
Heiferferts: 950-110 lbs. 53-60.
Slaughter Bulls: Yield Grade #1-2 1545-1605 lbs. indicating 79-81 carcass boning percent 55-59.75; Yield Grade #1-2 1503-2030 lbs. indicating 77-78 carcass boning percent 50-54; Yield Grade #2-3 1035-1490 lbs. indicating 73-76 carcass boning percent 41-47.75.
Feeder Steers: Medium and Large Frame #1 200-300 lbs. 96-104; 300-400 lbs. 92-100; 400-500 lbs. 87-94; 500-600 lbs. 82-90; 600-700 lbs. 73-81; 700-800 lbs. 75-90-78.75, including loads 64 head 765 lbs. 77.95, load 68 head 737 lbs. 77.50, 800-900 lbs. 70-75.45 including load 60 head 737 lbs. 77.50, 800-900 lbs. 70-75.45 including load 60 head 878 lbs. 75.45-90-1000 lbs. load 56 head 912 lbs. 72.30.
Small Frame: #1 300-500 lbs. 75-84; 500-700 lbs. 68-75.
Medium Frame: #2 300-500 lbs. 68-75; 500-700 lbs. 66-70.
Large Frame: #2 (Holsteins) 250-400 lbs. some 73; 400-500 lbs. 64-68; 800-900 lbs. load 62 head 871 lbs. 63.70.
Feeder Heifers: Medium and Large Frame #1 200-300 lbs. 89-90; 300-400 lbs. 77-86.10; 400-500 lbs. 77-86; 500-600 lbs. 73.50-84, one individual 505 lbs. 90; 600-700 lbs. 72-77; 700-800 lbs. 66-73.
Small Frame: #1 300-500 lbs. 66-76; 500-700 lbs. 63-67.50.
Medium Frame: #2 300-500 lbs. 63-67.50; 500-700 lbs. 60-74.
Per Head: Medium and Large Frame #1 Stock Cows 4-8 yrs. old with 150-350 lbs. calves by side 630-715; Medium and Small Frame #1 Stock Cows 2-10 yrs. old with 80-150 lbs. calves by side 320-625. Medium and Large Frame #1 Stock Cows 2-8 yrs. old 4-8 months bred 460-590; Medium and Small Frame #1 Stock Cows 2-10 yrs. old 2-7 months bred 265-445.
Steer: Bulls: No test.
Baby Calves: 45-107.50, weaned 120-150.

PHONE 792-2118
Owners: R.C. Freeman, 734-7446, Manager
Edwin Freeman, Miller Horn III and Dgn Horn
Asst Mgrs. Allen Day (625)2888 Dick Arnold-925-3471

Little Rent-A-Car
Low Rates
Free Miles
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Denim Jeans
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Regular Price \$19.99
\$26.50
Compare At \$38.00
NAPIER BROTHERS CLOTHING & SHOES
35 Public Sq. Lancaster, Ky.
606-792-2535

Farm For Sale
244 acres more or less, 7 room, 2-story house with basement, hardwood floors, bath & city water, tobacco base 3673 and hay. Large tobacco barn, stock barn, farm machinery shed, large crib, and extra building. Creek runs through farm. Ideal location, Wildie, Ky. 3 miles from city limits of Mt. Vernon. Schools, churches, hospital close. \$175,000 firm. Call 606-256-5370.

WANTED

Wanted: Barnett's Auto Salvage located on Cove Branch Road buys junk cars and trucks and has used auto parts for sale. Call 256-9018-371n

Wanted: Junk cars and trucks. We have auto parts for sale. Call 256-5403-18x2

Ritalin: Anyone with a child on this drug, call for free information about a Natural, drug-free alternative. Leave name and address and the audio cassette tape "God's Recipe" will be sent to you immediately. (606)758-8181-25n1f

Want to Improve Your Health and Your Wealth: Dr. Linus Pauling, winner of two Nobel Prizes, claimed, "you can trace every sickness, every disease, and every ailment to a mineral deficiency." For a free audio cassette discussing how important minerals are to your body call (606)758-8181. Leave your name and address and Dr. Mendietta's Tape "What Your Doctor Didn't Tell You" will be sent promptly to Your Attention. 23n1f

Wanted: To buy old hand-hewn log houses, barns, or any other old hand-hewn buildings. Please call 1-800-670-1183-36x4

Wanted: Small congregation is seeking a lot at an affordable price for a church. Preferably in the Brodhead area. Contact us by mail at Brodhead 1st Church of God, P.O. Box 13, Brodhead, KY 40409. 37x4pd

Wanted: To buy Camel coupons. \$5 a 100. Call 256-5002-38x2

Wanted: Yards to mow. Will also do weeding. Call 256-9872 or 453-2437-38x4pd

Wanted: Will babysit in my home. Non-smoking, Christian environment, large yard, nutritious meals. Weekdays and evenings. Located on Scaffold Cane. Call 256-5957-39x2pd

Wanted: Retired gentleman, still active, wanting woman 40-65, in good health, no dependent, who needs a good home, with all bills paid, in exchange for being live-in helper and companion. Send full information to P.O. Box 333, Mt. Vernon, KY 40456. 39x1pd

PROFESSIONAL SERVICES

Custom-Built Cabinets: Vanities, entertainment centers, all custom woodwork. RJ Woodworks. Call (606) 758-4706-25n1f

P&P GUTTERING: 5 & 6 inch seamless gutters, siding, soffit and window installation. Call 256-4393. Free estimates. 21n1f

R&R Builders - new homes, complete remodeling, all types, metal building, concrete work, decks, roofs, painting, 22 years experience, free estimates. Call 256-9276-341n

Grave Markers & Monuments: In stock at all times. McNew Monuments Sales, US 25, 4 miles north of Mt. Vernon. Ph. 256-2232-131n

J&L Equipment Co., 50 Williams Street, Mt. Vernon, Ky, selling farm fuels, motor oils, heating fuel and gasolines. Your Chevron Oil Jobber for Rockcastle County. Call 256-2114, 8 a.m. to 4 p.m. 20n1f

Part-time Sales/Walkins: Quality products since 1968. Let's give you money - immediate opportunities available. Save money and receive an income. Free catalog. Call 606-758-4280. Independent representative. 48x81n

FIX-IT: Finish carpentry, remodeling, weather proofing, dry wall repair, plumbing repair, also vinyl installation and repair, door/window repair and replacement, tile repair and replacement. No job too small. Custom decks and patios. Call 606-256-4313-491n

Sewing Machines: Sales and Service. Leroy Davis, 407 Crab Orchard St., Lancaster, (606)792-3149-38n1f

Lovell's Gun Repair: New and used guns, ammo and supplies. \$60 Off bluing repairs. Will special order. Maple Grove Rd., Mon. - Fri. after 5 p.m. 256-5359-11n1f

Frank Woodall Roofing: 15 yrs. exp., free estimates. Call 758-4169-15n1f

J & R Roofing: Over 10 years experience. Excellent references. Free Estimates. Shingle repairs, ventilating and re-roofing. Call us. Johnny 965-3103 or Troy 965-7612-231n

Jerry's Custom Cabinets and Tops: Counter tops, bar tops, 32 colors of tops. Over 50 laminated tops to choose from. Cabinets, cabinet supplies and accessories available. Call any time (606)758-4017-24n1f

Angel's Upholstery: Top quality work. Furniture, auto, boats, office and restaurant seats. Free estimates. Pickup and delivery. Call 256-9167-28n1f

Remodeling: Can build/remodel room additions, garage, decks, and porches. 28 yrs. exp. References. Free estimates. Financing available. Hardwood flooring at cost of carpeting. Call 256-0225, anytime. 30n1f

Child Care Center: Pine Hill U.S. 25 South, Mt. Vernon. State licensed. Phone 256-4085-30x8

Lawn Care Service: Commercial or residential. Call 256-4764 or 758-4811-33n1f

Robert Burke's Roofing: Satisfaction guaranteed. Free estimates. Phone 758-8211. Fir prices. 35x10

Steve Sponamore Roofing: Excellent references. Free estimates. 758-4318-36x36

Raydon Electric: Commercial and residential wiring. No job too large, no job to small. Call 24 hrs. James M. Hines, Licensed Electrical Contractor. 256-9579-38x8pd

Will Do: Small business bookkeeping including pay roll services and related returns. 10 yrs. exp. Call Carol 758-0087-38x4

Notice: Is hereby given that Pam French, P.O. Box 1036, Mt. Vernon, KY, 40456 has been appointed Guardian of the Estate of Christopher Denney, a minor, on the 4th day of June, 1997. Any persons having claims against said estate shall present them according to law, to the said Pam French, at or to Hon. David Steed, Attorney at Law, P.O. Box 1094, Mt. Vernon, KY 40456 on or before December 4, 1997. 37x3

Notice: Is hereby given that Felix Wilson, 101 Richmond Dr., Richmond, IN 47374 has been appointed Executor of the Estate of Ulus Allen on the 4th day of June, 1997. Any persons having claims against said estate shall present them according to law, to the said Felix Wilson or to Debra H. Lambert, Atty. at Law, P.O. Box 1094, Mt. Vernon, KY 40456 on or before December 4, 1997. 37x3

Notice: Is hereby given that Frances Burdine, Rt. 3 Box 620, Brodhead, KY 40409 has been appointed Administratrix of the Estate of Luther Franklin Burdine on the 9th day of June, 1997. Any person having claims against said estate shall present them according to law, to the said Frances Burdine or to Hon. William D. Gregory, P.O. Drawer 220, Mt. Vernon, KY 40456 on or before December 9, 1997. 37x3

Notice: Is hereby given that Betty Joyce Bullock, Rt. 1 Box 587, Mt. Vernon, KY 40456 has been appointed Executrix of the Estate of James Bullock on the 10th day of June, 1997. Any person having claims against said estate shall present them according to law, to the said Betty Joyce Bullock on or before December 10, 1997. 37x3

Notice: I, Donald Ray Hopkins, Sr., will not be responsible for any debts other than my own. 37x3pd

Notice: Is hereby given that Carl Wayne Sowder, Rt. 1 Box 579, Mt. Vernon, KY 40456 has been appointed Executor of the estate of Sadie Sowder on the 16th day of June, 1997. Any person having claims against said estate shall present them according to law, to the said Carl Wayne Sowder or to Hon. Debra H. Lambert, P.O. Box 1094, Mt. Vernon, KY 40456 on or before December 16, 1997. 38x3

Notice: Is hereby given that Sheila Wells, of Rt. 3 Box 510, Mt. Vernon, KY 40456 has been appointed Administratrix of the estate of Barbara F. Adams on the 17th day of June, 1997. Any persons having claims against said estate shall present them according to law, to the said Sheila Wells or to Hon. Jeffrey T. Burdette, P.O. Box 1230, Mt. Vernon, KY 40456 on or before December 23, 1997. 38x3

Notice: Is given that Michaela Gail Cope has filed a Final Settlement of her accounts as Administratrix of the Estate of James T. Wolfe, deceased. A hearing on said settlement will be held on July 16th, 1997. Any exceptions to said settlement must be filed before said date. 38x2

Notice: Is given that Zella DeBorde has filed a Final Settlement on her accounts as Executrix of the estate of Virgil DeBorde, deceased. A hearing on said settlement will be held on July 14, 1997. Any exceptions to said settlement must be filed before said date. 39x2

Notice: Is hereby given that Michaela Gail Wolfe-Cope, 4061 Poynter Rd., Lexington, KY 40516 has been appointed Executrix of the estate of Annie L. Wolfe on the 25th day of June, 1997. Any persons having claims against said estate shall present them according to law, to the said Michaela Gail Wolfe-Cope, or to Hon. William D. Gregory, P.O. Box 1094, Mt. Vernon, KY 40456 on or before December 25, 1997. 39x3

Notice: Is hereby given that Pam French, P.O. Box 1036, Mt. Vernon, KY, 40456 has been appointed Guardian of the Estate of Christopher Denney, a minor, on the 4th day of June, 1997. Any persons having claims against said estate shall present them according to law, to the said Michaela Gail Wolfe-Cope, or to Hon. William D. Gregory, P.O. Drawer 220, Mt. Vernon, KY 40456 on or before December 25th, 1997. 39x3

Notice: Melissa K. Morris will not be responsible for any check written in the past month, due to her check book stolen. Violators will be prosecuted. 39x3

Notice: I, Garland French, will not be responsible for debts made by anyone other than myself. 39x3

YARD SALES

Attention Vendor & Customers: 65 booths inside at \$15/wk.; unlimited outside at \$3/day; Flea Market between Richmond and Berea; garage sales and "flea" inside and out. Phone 624-0852-38n1f

Yard Sale: Due to rain and illness unable to host last two sales. Big sale on Crawford Lane. Little bit of everything, home interior, books, baby clothes, ironing boards, more. Thurs. Fri. and Sat. 38x2

Yard Sale: Freedom School Rd. Gray house, July 3rd, 4th and 5th. 39x1pd

Yard Sale: Several families on Saturday, July 5th, 9:00 till 7:00. Located on 475 West of U.S. 25. Women's clothing, furniture, microwave, dishes, truck tool box, etc. Cancel in case of rain. 39x1pd

Yard Sale: Fri., July 4th from 9-7 A.M. at the home of Mark & Jessica Lawson, Hwy. 150, across from Richmond Post Office. Lots of baby clothes, 3M-2T, boys clothes, 8-12; juniors; parties; utility car; portable crib; avon dishes; flower vases; toys; baskets; home interior, vanity and vanity top with brass faucet; tub faucets (old style in great shape) and much more. 39x1

Family Yard Sale: Fri. & Sat. from 9-7 Men & women clothing, all sizes; shoes; cushions; quilts; blue jeans; books and lots more. 1 mile out of Brodhead toward Crab Orchard on left. 39x1

Yard Sale: Sat., July 5th from 9-4 at the home of Sam & Gladys Old Sigman Rd., Roundstone Area. Go-cart (excellent condition), clothes, toys, tiller, chain saw parts and lots of other stuff. 39x1

Yard Sale: 110 W. Main. Resistant exercise machine with bench and stepper, pressure cleaner, lots of toys, books, clothes & more. Sat., July 5, postponed to next weekend in case of rain. 39x1pd

Yard Sale: Which was canceled because of rain last month will be held Fri., July 4th and Sat., July 5th if the rain holds. Sale begins at 9:00 a.m. - 7 A.M. at the home of Don Jones, 135 Ford Dr. Sale items include Kirby Upright Vacuum Cleaner (perfect condition), like new lawnmower, tires and wheels, 1967 Leaning Edge Boat with motor, with monitor and printer (good condition), curtains, bedspread sets, women and children clothing, jewelry and numerous other items. Rain or shine. No early sales. 39x1

Yard Sale: 3 family, Friday, July 4th from 9-5. Lots of new and Kindred, 2 miles on Chestnut Ridge Rd. Brown split level on right. Girls, boys and women clothing, toys and home interior. 39x1pd

Yard Sale: 3 family on Fri., July 4th from 8-2. Home of Lloyd Cash, Hwy. 150 across from Davis Tire Center. Rain or shine. 39x1

Huge Moving Sale: Clothes, toys, furniture, TV, Dehumidifier, vacuum, etc. Lots of everything. Home of Terry & David Woodall, Chestnut Hills Subdivision, Lexington, on left. Sat., July 5th, 10:00 - 1:00. 39x1

Garage Sale: On Richmond St. between Dairy Mart and Richmond St. Eye Care. Different items then past sales. 39x1

Yard Sale: Joyce St. Thurs. & Fri. 39x1

Yard Sale: Saturday, July 5th. One day ONLY - Lots of baby items, bouncer, bottles, newborn boys clothes, lots of other items, girls, women clothing, etc. At the home of Carolyn Gilbert on Grace Baptist Church Road, 9:00 a.m. to 5:00 p.m. No Early Birds, please. 39x1pd

Yard Sale: On Fair St. at Clinton McClure's. Sat., July 5th. 39x1pd

4 Family Yard Sale: Fri., July 4th 8:30-? Cancel till Saturday if it rains. Pacer, Sue Owens, Hwy. 150, incliner and love seat \$300, skill saw, girl and boy baby clothes. 39x1

Big Yard Sale: Sat. July 5th, 9 to 5:00 on Fairground Hill on Dailey Ave. Home interior, clothes, shoes, bicycles and lots of other things. Cancel in case of rain. 39x1pd

2 Family Garage Sale: Inside & Outside. Fri. & Sat. 8-? Rain or shine. Turn on 1505 then on Sycamore St. go to a black turn the next left, across the right of way, get what noise home interior, tapes, movies, dot, book, porcelain dolls, all size clothes and shoes and much more. 39x1pd

Yard Sale: Home of Danny & Sue Ford, Fri. & Sat. 9-? Cancel in case of rain. 39x1

Yard Sale: 2 family Sat., July 5th from 9-2. Behind First Baptist Church in Mt. Vernon. Furniture, clothing and misc. items. 39x1

Yard Sale: Houston Point Estates. Sat. 8-? Girls baby clothing, newborn - 24 months, sewing, women clothing 8-12, men shirts, 2 bedspreads, shams and skirts - like new and other household items. 39x1

Garage Sale: 9-7 Fri. 8-? Sat. No early sales. Behind Citizbank Bank on 9-2. 39x1

Yard Sale: Fri. & Sat. 9-11. Home of Eddie Owens, 280 Hunter St., Mt. Vernon. Household items and clothing of all sizes. 39x1

Yard Sale: Ray Dennis's home on 8-7 Sat. 39x1

Yard Sale: Thurs. on High St. Come rain or shine. 8-5. New blue jeans, 31 pair. Ladies tops, cooking kettles, quilts, sheets, pillows, dishes, curtains, flowers. Cheap, everything must go. 39x1

Yard Sale: At First Hill on this year. 3 families. At Burr Hill across from Niecey's Campground. Sat. starting at 9-11. 39x1

Yard Sale: Thurs. Fri. & Sat. U.S. 25 North across from McNew Monuments, home of Debi Moore. Clothes, dishes, houseware, toys, books, Barbies. Third time a charm. All rain cancels. 39x1pd

Yard Sale: 3 Family, Fri. & Sat. from 9 to 7. Brodhead Crab Wash. Summer baby clothes, small boys clothes. Lots of other items. 39x1

Huge Yard Sale: Friday at the home of Robin and Sharon Bishop. Take Hwy. 70 to 018, turn left, watch for signs. Boys clothes, 12M to 2T, 2 baby coats, toddler toys, lots of men and women clothes. Cancel in case of rain. 39x1

Big Yard Sale - July 3, 4, & 5th: Clothes, home interior (some old, some new) brass items, 4 old red cream painter type. Sat. 9-11. Lots of misc. Something for everyone. Take 150 toward Crab Orchard to Copper Creek Rd. Approximately 1/2 mile on right. Rain cancels that day. 39x1pd

Yard Sale: Thursday, July 3rd from 9:00 to 2 1/2 miles from Mt. Vernon on Hwy. 2549 (old 461) turn onto Lena Swader Rd. Boys clothes, women clothes, shoes, Kayak Pool, toys, two weedators, toddler bed and lots more. 9 a.m. - 3 p.m. Rain cancels. 39x1pd

Yard Sale: Fri., July 4th, 9-5. 803 Bowling Ridge Rd. in Brodhead. Home of John D. Cromer. Refrigerator, fans, bikes, avon products and much more. 39x1pd

Yard Sale: Sat., July 5th from 9-12:00 at the home of Lenora Kirby, 110 Liberty Drive behind the Rockcastle Library. Given by Bonnie & Peggy Kirby. Lots of clothing and misc. items, toys, women's clothing, girls clothing size 5. No early sales please. Cancel in case of rain. 39x1

Yard Sale: 1 mile out Lambert Road off U.S. 25 North. Fri., July 4th. 10 a.m. - 5 p.m. 39x1pd

Yard Sale: West Main St., Fri., July 4th. 10 a.m. - 3 p.m. 39x1pd

Yard Sale: 3 Families, July 4th 9:00 till ? Friday only go on 150 turn left by Mareburg Church, go about one mile to Happy Acres Subdivision, 2nd house on left. Purse, shoes, clothes, tent, some home interior and other stuff. 39x1

Yard Sale: Thurs. & Fri. on Swader School Rd. off 1249. Home of Henry Falin. Rain or shine. 39x1pd

Giant Yard Sale: Home of Virginia Sutton Meccc on Lovell Lane. Lots of material, antiques, crafts, clothing and many other items. Rain cancels. 39x1pd

4 Family Yard Sale: on Freedom School Road past the red light on 150 at the blue block house at the left of the Hill. Thurs. Fri. and Sat. 9-4. Barbie jeep, bicycles, toys, kids clothing, boys and girls, nurses uniforms and household items. 39x1pd

Yard Sale: Across from Farm Bureau. Thurs. & Fri. 2 bathroom vanities, 12 bowl vanity top, 13 in. range hood - works good, oak frame glass showcase, 1 white French Prevenchal Hutch for a little

girls room, 1 ont. table with 6 gold legs, 36" wide, 2 chairs, 1 black & white quilt rack - gold color. Lots of clothes and this and that. 39x1pd

Yard Sale: July 4th and 5th 9:00 to ? At the home of Shari & Bob behind First Baptist Church in Mt. Vernon. 27-29 yard 14" TV, 19" stereo and men clothes, 40-44 shirts, 40-44 weights, brass, brass, all kinds of toys and much more. 39x1pd

Yard Sale: 2 Family, at 907 Perciful St. 78x4 & 8.9 from 9-4. Everything and lots of misc. At everyone. Set leather saddlebags, old bottles, jewelry, 1 dish cabinet of all sizes, etc. 39x1pd

Yard Sale: Sat. 9-7. 4 Family Volunteer House on U.S. 25 South past Penton Valley. All proceeds go to send persons to the disabilities at Washington D.C. 39x1pd

Huge Yard Sale: Fri. July 4th only. Boys and girls infant, children and adult clothing, knits, what nots, glasses, toys, Big Fish truck (works), misc. On Hwy. 150 across from Plastic Factory. 39x1pd

Yard Sale: Fri., July 4th, 9-11. Home of Ednie Owens, 280 Hunter St., Mt. Vernon. Household items and clothing of all sizes. 39x1

Yard Sale: Thurs. on High St. Come rain or shine. 8-5. New blue jeans, 31 pair. Ladies tops, cooking kettles, quilts, sheets, pillows, dishes, curtains, flowers. Cheap, everything must go. 39x1

Yard Sale: At First Hill on this year. 3 families. At Burr Hill across from Niecey's Campground. Sat. starting at 9-11. 39x1

Yard Sale: Thurs. Fri. & Sat. U.S. 25 North across from McNew Monuments, home of Debi Moore. Clothes, dishes, houseware, toys, books, Barbies. Third time a charm. All rain cancels. 39x1pd

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YARD SALE
Two truckloads of craft supplies
Fri. & Sat., 10 to 7
On US 25 at Green Hill, corner of Brindle Ridge Road
Dogwood Gifts & Crafts • 256-3007

Yard Sale
Foodland of Brodhead
Saturday, 9 to 5
Several families
Lots of everything
including men, women and children's clothing

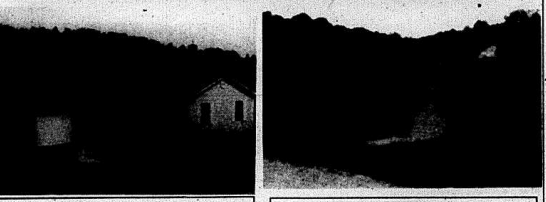
PUBLIC NOTICES: Pursuant to the School-to-Work Opportunities Act of 1994, the Local Partnership Council of the Local Labor Market Area #16 will be accepting Request for Proposals (RFP), until 4:00 p.m. EST August 1, 1997, for projects to be utilized in facilitating the creation and/or continuation of a universal, high-quality School-to-Work transition system, independent of the traditional system, to identify and navigate individuals to a more progressive and rewarding role in the workplace.

Local Labor Market Area #16 serves Estill, Garrard, Jackson, Lincoln, Madison, Powell and Rockcastle Counties. Applications must promote activities in the three components of School-to-Work, school-based learning, work-based learning, and connecting activities.

Those interested in obtaining more information or a RFP packet may inquire by contacting the LLMA #16 Office of School-to-Work, P.O. Box 275, Mt. Vernon, KY 40456, (606) 256-1111.

Houses For Sale!!

at Ridgeview Estates on Old 461



Brick/Vinyl 3 BR, 2 Full Baths, 30 Yr. Roof, 12x16 Deck, 14x20 Garage, Central Heat, Air

Brick 3 BR, 2 Full Baths, 30 Yr. Roof, 12x16 Deck, 14x20 Garage, Central Heat, Air

Contact Grace or Kermit Bowling/256-2339-624-1997

Making Your Best New Car Deal Is A PICNIC

At Madison County Chrysler

OPEN THIS SUNDAY
NOON - 6:00p

The first 100 customers to purchase a vehicle before July 6th will receive a picnic basket.

Every basket contains dinnerware and Pepsi products.

10 lucky baskets contain dinners for two at Hall's on the River!

Stop in before July 6th and register to win a deluxe gas grill from **Big Deals**. OR, a vacation celebration, to your choice of over 100 destinations!
 (no purchase necessary)

BIG DEALS
 Where the box takes a beating, not your wallet.

Alexandria Dr., Lexington



SPECIAL FINANCING AVAILABLE

8 AVAILABLE FOR DELIVERY
 Starting at **\$13,980**
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New '97 Jeep Wranglers 4x4
 4.9%** Financing for 60 mos.

Lease for as low as \$159/mo.*
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 We Have Central Kentucky's Largest Selection of New Ram Pick-ups!

OVER 30 AVAILABLE
 As low as **\$17,980**
New '97 Dodge Intrepids

MINIVANS • MINIVANS AMERICA'S #1 SELLING MINIVAN
As low as \$15,986
OVER 40 AVAILABLE

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WATCH FOR the Madison County Chrysler Car and Truck Show coming soon to WTVQ - Channel 36!

MADISON COUNTY CHRYSLER

Richmond
 Dodge • Dodge Trucks • MiniVans
 600 Big Hill Avenue
 606-623-9314 or
 1-888-53-DORGE

Berea (our interstate location)
 Chrysler • Plymouth • Jeep/Eagle
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 606-986-6191 or
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BEREA		RICHMOND	
CARS			
'93 Dodge Shadow - Auto, A/C.....	\$128/mo.*	'93 Dodge Shadow - Auto, A/C.....	\$128/mo.*
'94 Toyota Camry LE - Super Clean, Super Nice.....	\$13,795	'94 Toyota Camry LE - Super Clean, Super Nice.....	\$13,795
'95 Dodge Intrepid - Loaded, 2 to choose from.....	\$11,690	'95 Dodge Intrepid - Loaded, 2 to choose from.....	\$11,690
'96 Chevrolet Corsica - Auto, A/C, V6.....	\$19,000*	'96 Chevrolet Corsica - Auto, A/C, V6.....	\$19,000*
'84 Chrysler LHS - All Power, Super Luxury.....	\$14,980	'84 Chrysler LHS - All Power, Super Luxury.....	\$14,980
'94 Toyota Paseo - Auto, A/C, one owner.....	\$19,900*	'94 Toyota Paseo - Auto, A/C, one owner.....	\$19,900*
'92 Ford Crown Victoria - Great Buy on a Big Car.....	\$19,700*	'92 Ford Crown Victoria - Great Buy on a Big Car.....	\$19,700*
'97 Dodge Intrepid - Program Cars, All the Buttons.....	\$15,200	'97 Dodge Intrepid - Program Cars, All the Buttons.....	\$15,200
'95 Nissan Sentra GXE - Loaded, All the Buttons.....	\$11,480	'95 Nissan Sentra GXE - Loaded, All the Buttons.....	\$11,480
'95 Dodge Neons - 3 to choose from.....	As low as \$188/mo.*	'95 Dodge Neons - 3 to choose from.....	As low as \$188/mo.*
'95 Ford Escort - Auto, A/C, Local Trade.....	\$16,700*	'95 Ford Escort - Auto, A/C, Local Trade.....	\$16,700*
'97 Dodge Stratus - Program Cars, 4 to choose.....	\$13,680	'97 Dodge Stratus - Program Cars, 4 to choose.....	\$13,680
'93 Mazda MX-6 - Auto, A/C, Super Clean.....	\$16,600*	'93 Mazda MX-6 - Auto, A/C, Super Clean.....	\$16,600*
'96 Chrysler Stratus - LX Loaded, Leather, Sunroof.....	\$17,940	'96 Chrysler Stratus - LX Loaded, Leather, Sunroof.....	\$17,940
'97 Dodge Neon - Auto, A/C, Low Miles.....	\$9,960	'97 Dodge Neon - Auto, A/C, Low Miles.....	\$9,960
'96 Pontiac Sunfire - Auto, A/C, Super Clean.....	\$19,000*	'96 Pontiac Sunfire - Auto, A/C, Super Clean.....	\$19,000*
'96 Chevrolet Corsica - Metal Steel, Super Sharp.....	\$12,695	'96 Chevrolet Corsica - Metal Steel, Super Sharp.....	\$12,695
'96 Pontiac Grand Am - Auto, A/C, Low Miles.....	\$11,690	'96 Pontiac Grand Am - Auto, A/C, Low Miles.....	\$11,690
'97 Chevrolet Cavalier - Auto, A/C, only 9,000 miles.....	\$11,860	'97 Chevrolet Cavalier - Auto, A/C, only 9,000 miles.....	\$11,860
TRUCKS			
'94 Dodge Ram 1500 - SLT, 4x4, Sharp.....	\$17,460	'94 Dodge Ram 1500 - SLT, 4x4, Sharp.....	\$17,460
'92 Chevrolet Blazer - 4x4, 4 Dr., Only 5,000 miles.....	\$12,995	'92 Chevrolet Blazer - 4x4, 4 Dr., Only 5,000 miles.....	\$12,995
'92 Dodge Dakota - Auto, A/C, one owner.....	\$18,900*	'92 Dodge Dakota - Auto, A/C, one owner.....	\$18,900*
'93 Ford Bronco - 4x4, XLT, Low Miles.....	\$16,875	'93 Ford Bronco - 4x4, XLT, Low Miles.....	\$16,875
'96 Dodge Dakota - A/C, Sport, one owner.....	\$10,380	'96 Dodge Dakota - A/C, Sport, one owner.....	\$10,380
'94 Nissan Pick-up - A/C, Cass., Low Miles.....	\$16,700*	'94 Nissan Pick-up - A/C, Cass., Low Miles.....	\$16,700*
'96 Dodge Ram 1500 - Club Cab, SLT, Super Clean.....	\$16,690	'96 Dodge Ram 1500 - Club Cab, SLT, Super Clean.....	\$16,690
TRUCKS, MINIVANS, SPORT UTILITIES			
'94 Jeep Cherokee, Country, Loaded, 4x4, 1-owner.....	\$14,690	'94 Jeep Cherokee, Country, Loaded, 4x4, 1-owner.....	\$14,690
'96 Dodge Ram 3500 - 15 Passents, Rear A/C.....	\$18,960	'96 Dodge Ram 3500 - 15 Passents, Rear A/C.....	\$18,960
'92 Chevrolet C1500 - 4x4 Work Truck.....	\$9,960	'92 Chevrolet C1500 - 4x4 Work Truck.....	\$9,960
THIS WEEK'S BEST BUY...			
'97 Dodge Ram 1500 - 4x4, SLT, only 1500 miles Save \$4000 over a new one!			

*Excludes tax, license, dealer's charges. †Refer to dealer. **60 mo. lease. \$334 down plus tax & license. 12,000 miles yearly with approved credit.

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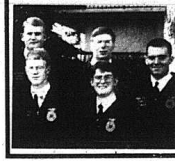
At RCMS



Parsons and Lyons are student-athletes

Pg. B-4

At Gatlinburg



Chaliff named FFA region state vice-president

Pg. B-4

Mount Vernon Signal

Mount Vernon, Ky. 40456

Volume 111 - Number 39

Thursday, July 3, 1997

Two Lexington men die in wreck

Two Lexington men were killed instantly Thursday night when their 1994 Dodge Ram collided with a U-Haul truck on Interstate 75.

According to Rockcastle County Deputy Coroner Roy Martin, Joseph Rount, 53, and James Reed, 55, died at the scene of the 7:45 p.m. accident. According to a report filed by Kentucky State Police Officer Millard Root, Rount apparently lost control of his pick-up as he headed south on I-75. After losing control, Rount's truck crossed the median and hit the U-Haul, which was traveling north.

The driver of the U-Haul, Gerald Taylor, 41, of Cobb, Georgia, said he saw the truck cross the median and tried to avoid the collision. Taylor, who was not injured, said it was raining at the time of the accident.

Martin said that autopsies were conducted on both men in Frankfort on Friday in order to try to find out why Rount lost control of the vehicle.

Rount and Reed were the fourth and fifth people to die on Rockcastle highways this year.



Two Lexington men died when the truck, shown above, they were in crossed the median on I-75 and struck a U-Haul truck last Thursday.

Lunsford charged with assault after stabbing incident

By: Richard Anderkin
A Mt. Vernon man has been charged with first degree assault after a Saturday night altercation in which another local man was stabbed.

Donnie L. Lunsford, 22, of Mt. Vernon was charged with the Class B felony by Mt. Vernon Police Chief Bill Mink after he turned himself in at the Rockcastle County courthouse on Tuesday afternoon.

Mink said Lunsford was charged with the stabbing of Jason Cromer, 20, of Mt. Vernon.

According to Mink, Cromer was stabbed at least five times in the altercation that took place in the parking lot of Dairy Mart in Mt. Vernon around 10 p.m.

Bentley Cromer, Jason Cromer's father, said the altercation was the result of an incident at Jason Cromer's mobile home earlier in the week.

"Jason was gone to work and Donnie came to the trailer and said some pretty bad things to Jason's girlfriend," Bentley Cromer said.

Jason Cromer's girlfriend is Donnie Lunsford's ex-wife. According to Bentley Cromer, Jason and his 12-year-old brother

Mike were going to rent a movie, when he saw Lunsford in the parking lot of Dairy Mart. "He said he stopped to tell Donnie to stay away from his girlfriend and the two of them started arguing and then got into a fist fight," Bentley Cromer said.

"Jason said that he did not know that Donnie had a knife until he heard some of the people at the scene, yelling that Donnie had a knife," Bentley Cromer said.

Cromer said his son told him he did not know he had been stabbed at first. "I don't think he realized what had happened until it was over," Cromer said.

Cromer said after his son realized he had been stabbed he got into his car and drove himself to the hospital.

"The stab wounds caused one of Jason's lungs to collapse and the other one began filling up with blood," Bentley Cromer said.

"They took him to the University of Tennessee Medical Center because their helicopter has equipment that can keep a lung inflated during flight," Bentley Cromer said.

Cromer said his son was taken off

(Cont. to A-10)

Court approves bridge for Old Conway Road

The Rockcastle County Fiscal Court approved the construction of a new bridge at Fairview during their regular monthly meeting on Friday.

The bridge on the Old Conway Road was built in 1932 and is in very poor condition, according to Rockcastle County Judge/Executive Buzz Carlotis.

However it has been no easy task getting the necessary paper work completed so bids could be let on the

bridge. During a called meeting of the court earlier in June, the court agreed to several requests by one land owner effected by the construction.

Mrs. Ona Coffey asked the court to require the contractor to move the concrete wall from the old bridge and put it on the side of the bank, install a watergate, install a temporary fence during construction, remove a tree and move a gap down the fence row

so she could move her cattle, before she would sign an easement to allow the construction.

Judge Carlotis, who did not vote with the magistrates to make the concessions, said the county could have condemned the property and built the bridge without Mrs. Coffey's signature but that would have taken too long. "That bridge needs replacing now," Carlotis said. Bids will be let on the project on August 29.

Carlotis also told the court that he had finally received notification that the Mullins Station Bridge which was built in 1912 would also be replaced this year.

The court also discussed the upcoming jail renovation and construction project, which will make a total of 58 beds in the county jail.

Once completed the jail will oc-

cupy the entire first floor of the courthouse with another 1,700 square feet of new building being added onto the first floor. Over 3,000 more square footage will be available to the jail after the \$600,000 project is complete.

June rainfall totals 9.66

Rain, rain everywhere, at least for the month of June when local weatherman Bud Cox recorded 9.66 of the wet stuff. That compares to 4.63 inches of rain in June of last year.

Cox said during the first six months of the year, 32.1 inches of

(Cont. to A-10)

Cox named President of Kentucky Funeral Directors Association

Robert L. "Bud" Cox was elected President of The Funeral Directors Association of Kentucky at their 115th Annual Convention in Louisville on June 4, 1997 and will serve during the 1997-98 year. Shannon Combs of Richmond passed the gavel to him at the Annual Banquet on Wednesday evening. After the banquet, the entertainment featured the famous "Drifters" with their ever popular music of "There Goes My Baby", "Under the Boardwalk", "Stand By Me", and other great hits.

Robert Cox has been a member of the FDKA Board since he was selected as the Southeastern District Director

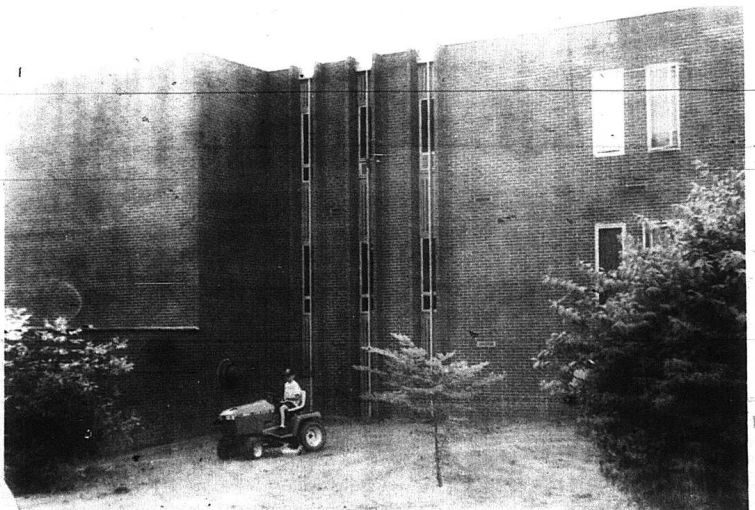
in June, 1991. He has served in the following offices since that time: Sergeant-at-Arms, June 1992; Vice President, June 1995; President-Elect, June 1996. He is Chairman of the Continuing Education Committee; a member of the Political Action Committee (PAC); and a member of the Master Trust Committee.

Mr. Cox has also served on the Board of Directors of the Kentucky Funeral Directors Burial Association since May, 1973. On May 14, 1996, he was elected as the Vice Chairman of the Kentucky Funeral Directors

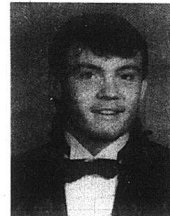
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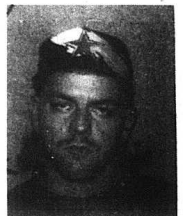
Shannon Combs (right), chairman of the board, congratulating and presenting Robert "Bud" Cox his gavel as the new president of FDKA.



Austin Miller, son of courthouse custodian James Miller, is shown mowing in the area on which a 1,700 square foot addition will be built to the Rockcastle County Jail.



Jason Cromer



Donnie Lunsford

Viewpoints



Points East

By: Ike Adams

I took off work last Thursday to tackle the Honey-do list that Loreeta was getting more and more insistent about. Of course I also hired Don Wages, one of the best carpenters/roofer/drywallers and general fixers-uppers I've ever run across to work most of the week, too. Otherwise, the list would still be as long as it was when I started.

Well, actually it is still about as long as it ever was because everytime I cross something off, my wife adds something to the bottom and it's a never ending cycle.

I'm getting more and more convinced that this home-ownership business is not all that it's cracked up to be. I remember all to well the good old days when something broke and I called the land-lord. Now when something breaks I fix it myself or pay premium prices to have someone else do it. And when you own a place, it seems to me that stuff breaks much more frequently than it does when

you rent.

Not only that, but you find stuff on the Honey-do list that would never come up at a rental. Who's going to go spend several hundred dollars in landscaping materials for a house he's renting? I've done just that over the last two weeks. Timbers and nails, pea gravel and potting soil, cypress mulch and cement. And who's going to put a new roof on somebody else's garage? Not me for sure, but I shelled out \$375.00 to roof my own.

One of the items on the list involved getting a television cable from the antenna through under the floor and up into what we're using for a living room. This particular room has the lowest crawl space under the floor and is the farthest room from the antenna. Of course, the cable had to also go into the very farthest corner.

But I decided that I could do it. So I was scooting along on my backside while my belly rubbed the floor joists when I heard something rattle kind of off to the side. I threw the flash-

light on a racoon sitting on his hunkers about six feet away and he started when the light hit his eyes and I'm here to tell you that I had far less trouble getting out from under the floor than I had getting in.

Thank heaven for good friends though. Jack Edwards stopped by late in the day and I told him I was having trouble getting under the floor. Seems like every time Jack stops by something needs attention in the far recesses under the floor and Jack takes great pride in getting to places nobody else will tackle.

I let him get about halfway in before I yelled that he might ought to keep an eye out for critters, but apparently the coon had vacated the premises. The short end of that story is

that the television is finally in the living room where it belongs instead of on a stand in a corner of the kitchen.

"I hope you don't have any plans for the 4th Loretta told me last night. We really have to get these flower beds finished before it's too late to plant anything in them and that dryer vent that you have covered with a pair of panty hose has to get through the wall and outside like it's supposed to be and what about all that stuff on the back porch that you're supposed to take to the garage and when is the screen door going up and are you going to let that hose to the ice-maker just hang there like that?"

"None," I replied. I'm going to pretend I'm a landlord and give Jack a

(Cont. to A6)

HERESAY

By: John Norman Meadows

PRECIOUS SOULS, CHILDREN OF AN EVIL AGE, greetings and commemorations to liberty lovers everywhere from yours truly here at *Nod's Little Acre*, nestled in the hallowed Halls of Wabed. I wish

you and yours a happy Fourth of July. And I pray the day will not be marred by the sometimes tragic results that come about when the celebration of our blood-bought freedom involves a "fifth" or the equivalent thereof. Alcohol and automobiles do not go well together.

[Aside: "Thereof" is the King James word for today. The term is also the last word that Charlton Moses Heston uttered before he took leave of Zipporah DeCarlo and Joshua Derek up on Mount Pisgah in the cinema. *The Ten Commandments*. It is well-known in Wabed that "One King Jim word a day surely keepeth Ole Scratch away." Some locals think the practice can also enhance one's health and wealth, and to reap the best reward one should enunciate a KJ word seven times throughout the day and then floss three times in the direction of Nashville before going to bed. [Aside Ends!]

Liberty and/or freedom is what The Fourth is all about. So, for your edification here are some thoughts from the past that grabbed me and might just make this year's Fourth a bit more meaningful and understandable for you, my beloved readership.

- Liberty means responsibility. That is why most men dread it. —George Bernard Shaw
- When liberty is mentioned, we must always be careful to observe whether it is not really the assertion of private interests which is thereby designated. —Georg Hegel (Georg is correct)
- How absurd men are! They never use the liberties they have, they demand those they do not have. They have freedom of thought. They demand freedom of speech. —Soren Kierkegaard
- It is by the goodness of God that in our country we have those three unseparably precious things: freedom of speech, freedom of conscience, and the prudence never to practice either of them. —Mark Twain
- None who have always been free can understand the terrible fascinating power of the hope of freedom to those who are not free. —Pearl Buck
- Freedom's just another word for nothing left to lose. —from "Me and Bobby McGee," sung by Kris Kristofferson and written with Fred Foster
- If we don't believe in freedom of expression for people we despise, we don't believe in it at all. —Noam Chomsky [Ouch! Jim et al]

Hehinks those tidbits of wisdom should give us sufficient mental fodder for the Fourth.

But what! The Fourth of July means something else — fireworks!

For the past six years that Nancy and I have resided in Wabed we've seen and heard fireworks. Just up the hill from us Benton Bulluck puts on a pretty good Independence Day array of fireworks. We appreciate Benton's "bombardment," but my Chow-Chows and other neighborhood canines don't seem to understand it.

And then there were fireworks when I was a youngster.

Breathes there a man my age, who when he was a kid, did not delight in setting off firecrackers? And didn't we enjoy them even more because our parents told us they were "illegal"? My "shootin'-off" firecrackers, however, also ended when I was a kid. Let me explain.

I put a match to one of those inch and a quarter long, pencil thick, minuscule bombs — you could get larger ones like "cherry bombs and Roman candles but cost was prohibitive for me — and tossed it out in the middle of Richmond Street just as somebody

went by in an automobile if it went off at the right moment, the driver would think he'd had a "blow-out" and I'd have a big laugh.

Dear hearts, it didn't explode! It just smoked a moment after the car passed and then lay there lifeless looking. (Reminds me of my pastoral years when Sunday after Sunday I looked out on Baptist congregations. And, when I sang in the choir recently, I noted that little has changed with pewsters. I know there is no such word as *pewsters*, but I made it up to go with *ministers*.)

Beloved, why I do not know, but I did walk out into the street and pick up that "dud." I strolled back to the white bench in front of my folk's feed store to sit down and examine it when — You take it from there, beloved. Talk about pain!

Thereafter I neither bought nor handled a firecracker, not even when I was called "chicken" by some members of the Richmond Street Dirty Work Gang. And ever after I figured that that day was a pay-back for the day when I lit one of a pack of firecrackers (a pack came with fuses extended and would explode in a "domino" fashion) and threw it behind my eighty some year old grandfather as he snoozed in a rocking chair on his front porch with a fireless pipe in his mustachioed mouth! That "dirty deed" was devised by the above-mentioned all of whom laughed till our sides hurt — although I seem to remember feeling bad inside when I went to bed that night.

That's about all that happenin' in Wabed this week of Benton comes through. But a fortnight from today might provide fireworks of another

kind when our City Council meets in Town Hall at the corner of First and Broadway in downtown Wabed. Word is that Diller Leggicker has a long list of signatures of local denizens who, along with him, want to erect, somewhere close to the Tabern of the Unknown Taxpayer, a hold on to your uppers — a Sphinx! The same size as the noseless one in Egypt! I kid you not. Have I ever lied to you before?

Just got wind of Diller's intention and will have more on the subject next week, after I talk one on one with Diller, who, being financially blessed, has a lot of pull in these parts. (But isn't that true wherever you go?)

Until next week, dear hearts, keep your powder dry, your loins girded with truth, and your eye out for someone in need. And you might ponder, in addition to the above quotes, the insight of Jed "Sloos" Depperson, longtime local blacksmith, and part-time hall porter for Wabed's Society of Naval Gazers, who said, "Free speech is the right to argue issues you don't understand."

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Mount Vernon Signal

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Richard F. Anderkin, Managing Editor

SUBSCRIPTION RATES
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Rockcastle Community Bulletin Board

Bookmobile Schedule

Mon., July 7th: Scaffold Cape, Disputanta, Anglin Falls, Clear Creek, Wildie.

Tues., July 8th: Buffalo, Castle Village, Adult Day Care, Negro Creek.

Wed., July 9th: Ottawa and Bee Lick.

TOPS

TOPS (Take Off Pounds Sensibly) meets Thursday at 6 p.m. at the First Church of God on Main St. in Broadhead. Phone: 1-800-932-TOPS for more info.

VA Rep

VA officer will beat VFW Building at Lake Linville on Monday, July 7th from 9 to 2.

Golf Team Try-Outs

Anyone interested in playing golf for the RCHS Golf Team this fall, needs to be in attendance at a meeting at Cedar Rapids Country Club on Mon., July 7th at 6 p.m. Tryouts for the eight spots on the team will begin in late July.

Bittersweet Festival

Anyone interested in participating in the Bittersweet Festival, call 256-3437 days/256-5740 nights. There will also be a parade. Anyone interested should call the above numbers.

Quit Booklets

New Quit Booklets are now available at the Extension Office. Stop by our office and pick up a copy or call us at 256-2403 and request one be mailed to you.

Pressure Canner Testing

On July 16, 17, 18 from 9 to 3 each day, the Extension Office will have pressure canner testing for dial gauges canners. Just bring in your dial.

Board Meeting

The Rockcastle County Board of Education will meet in regular monthly session Tuesday, July 9, 1997, at 7 p.m. at the Central Administration Offices. The public is welcome to attend.

Offices Closed

The Circuit Clerk's Office will be closed on Friday, July 4, 1997 and Saturday, July 5, 1997 in observance of Independence Day. No road or permit test will be given on Friday, July 4. The office will reopen on Monday, July 7, 1997.

Attention WIC Participants

Women, children, and infants who will turn one year old by Sept. 31 and who are presently on WIC are eligible for \$10 worth of produce at Kentucky Farmers Market in Burr. The market is open Wednesday 3-6 and Saturday 9-1. Come to the Health Department today to get your coupons.

SBDM Meeting

Mt. Vernon Elementary School SBDM meeting July 7th at Mt. Vernon Elementary School, 5 to 7. Public invited.

Fireworks

VFW Fireworks at Lake Linville will be Friday, July 4th starting at dark. There will be no parking in boat dock or campground areas.

Bulletin Board Sponsored By



Cox Funeral Home
MT. VERNON, KY - 256-2345

MVHS Reunion September 13th

The MVHS Reunion is scheduled for September 13, 1997 at the Rockcastle County Middle School. Registration will be from 4:30-6:00. The honored classes are 1947-50th Anniversary and 1964 - Incoming Class. Plan ahead for a meeting of old friends and classmates. We have a great need for new addresses.

The Mt. Vernon High School Alumni Association needs information on the following graduates to update the alumni files. Marjorie Faulkner Buchanan, Mrs. Carlos Ballard, Mrs. Stomer Beard, Mrs. Robert Berry, Doris S. Bernard, Dorothy Payne Compton, Margie Bullock Decker, Reva Abney Farmer, Martha Lou Sullivan Goodin, Beatrice Lovell Green, Jimmy Hayes, Alice F. Parrent Harrison, Buddy

Hansel, Carl Hasty, Christine Hardix Hayes, Lorraine Thompson Hobbs, Carolyn Peck Hollingsworth, Libby Payne Johnson, Sylvia Childress Joneser, John Keith Kincer, Janet Kendrick, Celia Wade Hatt Lyons, Mary E. Anglin Menting, Janette Bradley Mason, Helen Owens Martin, James Mink, Sam Miller, Aldie Marie Stimpson Norris, Burnell Norton, Dale Payne, Renee Bullock Sanning, Jackie Smith, Willard Roberts and Nanella Griffin Trumell. If you have a change call any of these numbers: Pat Baker, 256-2560; Carol Riddle, 758-8150; Jean Towery, 256-2560; Billy Hatt, 256-2963.

Officers for '97 are Jean Brown Towery, President; Gary Coffey, Vice President; Carol Riddle, Secretary and Pat Noe Baker, Treasurer.

Mrs. Geneva Gentry, Clyde Thompson, Mrs. Charlene Gentry, and Mrs. Virginia Pratt were in Cincinnati on Saturday to attend a surprise birthday celebration for Geneva and Clyde's sister-in-law, Mrs. Ruby Metcalf Thompson. Ruby turned 70 years old on July 2nd. She is the daughter of the late Cager and Lizzie Metcalf of Broadhead and wife of the late Gleeman Thompson.

Carl Gentry celebrated his 70th birthday on June 22nd with a family dinner at his home. All his children were present for the celebration.

The Thompson Reunion will be held on July 19th at Quat Community Park so make plans to attend and bring a covered dish and old pictures or memories of the Thompsons.

Verla Cassey and Loretta McWhorter spent Friday night with Elmer and Lucille Ponder. Verla was here from Louisville to be with her

sister, Alice Cupp, who had surgery in Berea Hospital on Friday. Alice had broken her shoulder in a fall. She is now home recuperating.

Mrs. George (Mary) Todd is very sick at her home and has been unable to attend church for some time.

R.G. Whittaker is very sick at his home in Bee Lick.

Travis and Jasmine Martin of Somerset spent the weekend there with their daddy, Tim Martin.

The family of Lucille Ponder met at her home Saturday for a surprise cookout and picnic lunch for her birthday, although Elmer Ponder helped plan the surprise it was also in honor of her birthday, too. Those present were Deborah Philbeck, Sherman and Jennifer Cook, Anthony Philbeck, Phyllis Reynolds, James and Roxanne Mink, Patricia, Brittany and Tiffany Reynolds; Rhonda Reynolds and Bryan, Judy, Rusty and Jeremy Reynolds; Donald, Thelma and Donna Bullock; Linda, Joey and Emily Reynolds; Verla Cassey and Loretta McWhorter. All enjoyed the good food and being together.

Quail News

By Vivian Owens

Mrs. Charlie Bullen and Mrs. Zelmas Hayes has returned home from their vacation. They traveled through five states and were gone for about a week.

Mrs. Charlie Cupp has returned home from Berea Hospital. She had the misfortune of falling and breaking her shoulder and arm. She is wished a speedy recovery.

Mrs. Ray Bullock visited Mrs. Jewel Albright and Tooter on Monday morning.

Miss Rebecca Owens and her brother, Colin, spent Tuesday night and Wednesday night with their grandmother, Vivian Owens and Thursday night with their other grandmother, Mrs. Betty Lou Hodge.

Weekend visitors of Mr. and Mrs. Prestel Brown were Mrs. Donna Moore and family of Indiana. Mrs. Carol Caldwell and Mrs. Edna Caldwell visited Willie Taylor on Thursday afternoon.

Willie Taylor was taken to the Rockcastle Hospital on Saturday. He

is wished a speedy recovery. Mr. and Mrs. Bobby Lawrence and Mr. and Mrs. Willard Nicley spent the weekend in Ohio visiting Mr. and Mrs. Bill White and other relatives.

Mrs. Ora Meredith of Ohio visited her sister, Mrs. Doris Blanton a few days last week.

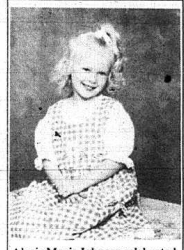
Ronald Owens of Ohio spent the weekend with his mother, Mrs. Mattie Owens.

Willaila News

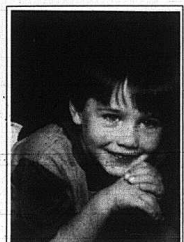
By Carol Martin

Jack and Debbie Dooley of Goshen, Ohio spent the weekend here with Debbie's parents, Lovil and Rena

Nicely. Don and Norcitta Thompson, spent a few days recently at Kentucky Dam Village.



Alycia Marie Johnson celebrated her sixth birthday on July 2 at her home in Puyallup, Washington. She is the daughter of Troy and Jackie Burdette Johnson. Alycia also sends a birthday wish to her Grandma Gail, her daddy and mommy, also to her Grammy Richard and Great Aunt Brenda.



Happy 8th Birthday Michael Aaron! We love you very much, Mommie, Daddy, Mom Sharon, Grammy "Da", Uncle Kevin and Sis Andrea. Hope you have a fun day!



Hey, Richard Dean! You can't run, you can't hide. You're older than dirt, and nearly petrified. Happy 50th. -B-

Hi, I'm Jordan Kelley and I just turned three years old on June 28. Mommy and daddy surprised me by inviting family and friends over for a cookout, to help me celebrate. My mommy and daddy are Brenda and Tim Kelley. My grandparents are Virgie and Harold Kelley, and Wanda and Benton Miller. I have three special great grandmothers—Bertie Kelley, Ida Hurd, and Katie Mink. I would like to thank everyone for the great gifts. But most of all, thanks, from mommy, daddy and me for the great get-together!

Darrell turned 48 on July 3rd. He still looks great, but too old to celebrate. Happy Birthday - We love you Wandy and Ruby

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Obituaries

Geneva Carpenter

Geneva Carpenter, 53, of Richmond St., Mt. Vernon, died Thursday, June 26, 1997, at the Rockcastle Hospital in Mt. Vernon. She was born in Manchester on April 26, 1944, the daughter of Tom and Annie Minton Gregory. She was a homemaker and a member of the Livingston Christian Church.

Survivors are her husband, Donnie Carpenter; one son, Donnie Carpenter, Jr., of Livingston; three daughters, Brenda Lewis, Angie Carpenter and Joyce Carpenter, all of Mt. Vernon; five brothers, Oakley Gregory, Sammy Ray Gregory and James Gregory, all of London, Steve Gregory of Florence and James Gregory of Louisville; four sisters, Cora Goins, Lucy Goins and Ruby Goins, all of Louisville and Julie Jones of Livingston and five grandchildren.

Services were Saturday, June 28, at the Dowell & Martin Funeral Home Chapel with Rev. Arthur Hunt and Rev. Billy Medley officiating. Burial was in the Phelps Cemetery.

Pallbearers were Jesse Scalf, Rick Gregory, Wendell Carpenter, John Lewis and Denver Carpenter.

Virgie Mink

Virgie Lee Mink, 78, of Rt. 5, Mt. Vernon, died Monday, June 23, 1997, at the Rockcastle Hospital. She was born in Laurel County on December 20, 1921, the daughter of John and Roxie Nicely Bustle. She was a homemaker and a member of the Calloway Hollow Holiness Church.

Survivors are one son, Ray Mink of Richmond; two daughters, Bernice

Carpenter of Livingston and Zannie Burdine of Calloway; five brothers, Jesse Bustle of Calloway, Jim Bustle of Canaan, Indiana, Charles Bustle of Holton, Indiana, Glen Bustle of Versailles, Indiana and Louie Bustle; two sisters, Mac McClure of Louisville and Lillian Anderson of Greensburg, Indiana and two grandchildren, Jeff Carpenter of Livingston and Lori Gill of Conway. She was preceded in death by one brother, Denver Bustle; one sister, Fionnie Williamson; and her step-mother, Eliza Renner Bustle. She was also preceded by her husband, Rollie Mink in 1994.

Services were Saturday, June 28, at the Dowell & Martin Funeral Home Chapel with Rev. J.C. Miller and Rev. Dwayne Carpenter. Burial was in the Carpenter Cemetery at Livingston.

Pallbearers were Wayne Hines, Jeff Carpenter, Harvey Mink, Carl Bustle, Kevin Burdine and Johnny Carpenter.

Honorary pallbearers were Virgil Bustle, Wilbert Bustle, George Shackelford, Scottie Bullock and John Parin.

Larry Mullins

Larry C. "Moon" Mullins, 51, of New Smyrna Beach, Florida and formerly of Louisville died Friday, June 27, 1997 at the Alliant Medical Pavilion in Louisville. He was born in Cecil on January 11, 1946 the son of Cecil F. Mullins, Jr. and Shirley M. Triplett Mullins. He was a fiberglass manufacturer and a member of the Livingston Christian Church.

Survivors are his parents, Cecil and Shirley Mullins; one daughter, Dunmare M. Leonard of Louisville;

one sister, Kelly M. Peace of Louisville; his paternal grandfather, Cecil F. Mullins, Sr., of Louisville; a nephew, Matthew L. Peace of Louisville and a niece, Ashleigh M. Peace of Louisville.

Services were Monday, June 30, 1997 at the Dowell & Martin Funeral Home Chapel with Rev. Arthur Hunt officiating. Burial was in the Elmwood Cemetery.

Pallbearers were Curt McHargue, Phillip Argenbright, Charles Crandall, Kevin Peace, William Leonard and Richard Burrows.

Jack Sloan, Sr.

Jack Sloan, Sr., 69, of Hamilton, Ohio and formerly of Lexington died Thursday, June 26, 1997 at his home. He was born on August 1, 1927 in Fayette County the son of the late Millard and Molly Ramsey Sloan. He was retired from the Ford Motor Company, a veteran of World War II, and a Kentucky Colonel.

Survivors are his wife, Juanita Harper Sloan of Hamilton; two sons, Othar Larry Sloan of Cincinnati, Ohio and Jack Carol Sloan, Jr., of Williamsdale; two daughters, Diana Payne of Hamilton, Ohio and Valencia Zachary Gray of Overpeck; three brothers, Ronald Deibert Sloan of Rising Sun, Indiana and Carol and Glenn Sloan both of Veay, Indiana; one sister, Geraldine Conley of Nicholasville and 19 grandchildren and 12 great grandchildren. He was preceded in death by three brothers and two sisters.

Services were Tuesday, July 1, 1997 at the Cox Funeral Home Chapel with Rev. Larry Dennis officiating. Burial was in the Elmwood Cemetery.

Preston Mullins

Preston J. Mullins, 70, of Mt. Vernon Rd., Berea, died Sunday, June 29, 1997 at the Veteran's Administration Hospital in Lexington. Preston was born December 15, 1926, the son of the late Dillard Mullins and Nettie Richmond Mullins Harris. He was a veteran of World War II, serving as a Private First Class in the U.S. Army. He retired as a mechanic from the Bluegrass Army Depot and was a member of the Flat Gap Baptist Church.

Survivors are two sons, Ernest L. Mullins and Russell Wayne Mullins, both of Berea; his former wife and friend, Frances Mullins Anglin of Berea; one brother, George Mullins of Richmond, Indiana; two sisters, Margaret Cain of Berea and Dorothy Gibbs of Richmond; six grandchildren, Robin, Kevin, Justin, Kay and Ronnie Mullins, and Rita Gadd and four great grandchildren.

Services were Tuesday, July 1 at Williams Funeral Home with Rev. Cecil Burns officiating. Burial was in the Eversole Cemetery in Rockcastle County.

two brothers, Robert Grant Shearer and Morgan Harris Shearer; two sisters, Ruth Sue Gumer and Grace Griffin.

Services were held Friday, July 27, at the Mt. Olivet Presbyterian Church in Trenton, Ohio. Burial was in the Milltown Cemetery.

This obituary courtesy of Zettler Funeral Home in Hamilton, Ohio.

Cards of Thanks

Wayne Durham

The family of Wayne Durham expresses appreciation for the many acts of kindness and expressions of sympathy shown to them during his tragic death. The visits, flowers, phone calls, cards, and food were appreciated. We especially thank those who remembered us in prayer and spoke words of comfort. A special thank you to Brother Barry Todd for his comforting words at Wayne's service. The eulogy, written by John Britton, a former co-worker and dear friend of Wayne's, exemplified his love for Wayne and the kind compassionate man he knew Wayne to be. His words will forever be etched in our memory. Pallbearers, Clifford Hellard, Bradley Forney, Gregory Poynter, Tony Durham, Jeff Howard, Ted Durham and Bentley Durham, nephews and cousins of Wayne's were appreciated. Wayne's employers from 3-D Enterprises, Donny Breeding, Don Meyers, and Donnie Vance along with his co-workers Sam Thorpe, Kendall Hoover and Leonard Burke touched our hearts in a special way as they served as honorary pallbearers. Lewis Griffin's visits and calls were also sources of comfort for us. The services provided by Billy Dowell and Roy Martin were reflective of their great effort in providing a professional and compassionate service. To all who helped this most difficult time bearable, our family will be forever grateful. Please know that Wayne would have been humbled by the positive comments from his family, friends, employers, and co-

workers about his compassion at healing hand that was always extended to others.

Thank You, Helen Durham, Greg and Janis Long Mitchell and Tiffany Durham

Clinton R. Allen

We would like to express our sincere gratitude to all those who cared so much comfort and support during the loss of our loved one. Those who visited, brought food, flowers and showed their concern in so many ways. We especially thank Bro. Rick Reynolds and Mar. Lasswell, for their consoling word and songs.

In Loving Memory of Our Brother, Fred Lee Mason

It's been six years now since you passed away. We will never forget that Wednesday afternoon, July 3, 1991. When someone called us and told us that, You had been shot to death. Only those who have lost a love on in this way.

Could have felt the pain we had in our hearts that day. One that of god stepped beating. Two loving eyes at rest.

You never had time to say goodbye. And only God knows why.

We miss you and love you dearly. Here on earth you are always in our hearts.

This month comes with deep regret. It brings a day we will never forget. We miss you and love you dearly and pray we will be together in Heaven someday.

Your three sisters, Arlie, Euylene and Loretta

Upcoming Reunions

Broyles & Brown

Broyles and Brown family of Walter and Anna, Sunday, July 13th at Quail Community Park on Hwy. 70. Bring a covered dish.

Thompson

The Thompson Reunion will be held July 19, 1997 at the Quail Community Park. All relatives and friends invited. Bring covered dish and drink.

Brumett

A reunion of the family and friends of Bill and Pearl Brumett will be held July 6th at Family Life Recreation Center in Mt. Vernon. Bring covered dish and small item for white elephant sale (optional). All family and friends are welcome to attend. Meal begins at 12 noon.

Stewart & Leger

Stewart and Leger Reunion, Saturday, July 5th at the Family Life Center. All friends and relatives are invited. Bring covered dish and send the day.

Ballinger-Gatloff

Saturday, July 12th in log building across from the Veterans Park. All friends and relatives welcome. Come bring a covered dish.

Fish Fry

at Livingston Fire & Rescue Dept.

Sat., July 5th at 5:00 p.m.

\$5 all you can eat

Fish, french fries, hushpuppies & drink

"IT IS WRITTEN"

Paul states a very important principle for us to consider in the book of Philippians that we would like to consider for a little while... Notice what the text says in Phil. 2:12-13. "Therefore, my beloved, as if ye have always obeyed, not as in my presence only, but now much more in my absence, work out your own salvation with fear and trembling. For it is God which worketh in you both to will and to do of his good pleasure." The Philippians brethren had obeyed what Paul was in their midst, but Paul was more thankful that they were obeying in his absence. The brethren had developed what we could call a "God consciousness." It is that awareness that God is ever present in all places, at all times. When one lives with his knowledge and understanding that God is ever present, and that his all seeing eye is watching you, one will seek to live faithfully before God Almighty. Men need to be fully aware that God has the ability to see all, as the Hebrews 4:13 states. "Neither is there any creature that is not manifest in his sight, but all things are naked and opened unto the eyes of him with whom we have to do." The child of God knows that it is utterly useless and vain to try to hide anything from God. God has the ability to see everything that we are doing, saying, yes even thinking. Sometimes we will seek to be conscientious when others are around, but what about when we are all alone, that is when this "God consciousness" is important. Being conscious suggests the idea of being aware, cognizant, alert and attentive, that God is watching you. When we develop this sense of God consciousness then wherever we go and whatever we do, we know that God is able to see it all, and this will persuade us to live a godly, holy, righteous life in this world.

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SHERRY ISAACS

July 9, 1997

7:00 p.m. T

Draft Agenda

1. CALL TO ORDER

- A. Silent Prayer
- B. Roll Call
- C. Reading of Board Team Commitments

2. ADOPT AGENDA/ACTION

3. COMMUNICATIONS:

- A. Overview of Migrant Program presented by Mrs. Peggy Kirby, Migrant Advocate
- B. Overview of Special Education Budget/Staffing presented by Mr. Shelby Reynolds, Director of Special Education
- C. Overview of Character Education presented by Mr. Shelby Reynolds, Instructional Supervisor

4. OPERATIONS/ACTIONS

- A. Approve minutes of the June 10, 1997 regular monthly meeting
- B. Approve application for Emergency Substitute Teaching Certificate for Gregory Dale Bullock and Amy Lynette Childress
- C. Approve Draft Transportation Policy #A06.4 as reviewed at the May 1997 regular monthly meeting
- D. Approve extension of retainer contract with Board Attorney Carl R. Clontz for the FY98 (July 1, 1997 - June 30, 1998) school year (Same terms as specified in the initial contract)
- E. Approve request to increase Graduation Requirements at RCHS to 28 units of credit

F. Approve School Trips:

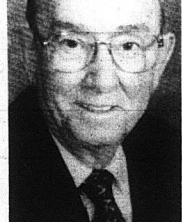
- 7/23/97 RCATC FBLA Leadership Camp Hardinsburg, KY
- G. Approve bills for payment
- H. Other

5. DISCUSSION/ACTIONS

- A. Review/approve Change Order for Mt. Vernon Elementary Classroom Addition Project (BG#97-041) in the amount of \$3,091.45 plus \$247.32 architectural fee
- B. Review/approve scheduled payroll dates as submitted on Rockcastle County Schools 1997/98 Calendar Showing Pay Dates
- C. Review/approve School Facilities Construction Commission (SFCC) offer of assistance (\$23.00 per FY97 ADA) based upon FY98 unmet needs in technology
- D. Review/approve bid acceptance for vending services for cold drinks for FY98

6. DISCUSSION/REVIEW

- A. Review Monthly Financial Report (Summary Trial Balance)
- B. Review Perpetual Calendar: August 12/Internet usage Long term draft calendar
- C. Review Board Policies as listed within KSBPA Policy Update #20
- D. Review updated Procedural Manual as prepared by KSBPA
- E. Review insurance programs for the 1997/98 school year (participation through the SE/SC Coop bid process)
- F. Review Superintendent's Personnel Actions Report



Ellis McCollum

Ellis L. McCollum, 67, Lexington, died Thursday, June 26, 1997 at Jewish Hospital in Louisville. A native of Hesselport Cane, he was a son of the late Rollie B. and Addie Mae Simms McCollum. A member of Pleasant Ridge Baptist Church, he was retired tool engineer for I.B.M., and a veteran of the U.S. Army. He was a past master of Lexington Lodge No. 1184 A.M. and a York-Rite Mason.

He was a member of the Oleika Shrine Temple, American Legion, Veterans of Foreign Wars, Disabled American Veterans, and 25th Infantry Division Association. He was a past national president for the Brethren United for a Strong America, and a founder and national president of the Pearl Harbor Commemorative Committee.

Survivors are two daughters and six sons, Ingrid and Ray Daugherty and Monika and Sam Barkley; one son and daughter-in-law, Ron and Barbara McCollum; three grandsons, Raymond Daugherty III; Ron E. McCollum, II and John L. McCollum; a granddaughter, Erika Daugherty; two brothers and sisters-in-law, Alton and Mary McCollum of Mt. Vernon and Frank and Jerry McCollum of Loudon, Tennessee; six sisters and brothers-in-law, Phyllis and Aniel Amin, Sr., of Madison, Indiana, Eleanor Bennett of Corbin, Nina and Fred Abbott, of Marion, Indiana, Janice and Lee Durham of Berea, Joy and Charles Fingleton of Berea and Sandra McCollum of Minneapolis, Minnesota. He was preceded in death by a son, Jonathon McCollum.

Services were Monday, June 30, 1997 at Kerr Brothers Funeral Home with Pastor Earl Thomas officiating. Burial was in the Camp Nelson National Cemetery with military rites by the V.F.W.

Memorials are suggested to the American Heart Association, 2235 Harwoodburg Rd., Suite A250, Lexington, Ky. 40504.

Hazel Price

Hazel Shearer Price, 90, of Trenton, died Tuesday, June 24, 1997 in Hawthorn Glen Nursing Home. She was born in Disputanta on July 14, 1906 to Richard Grant Shearer and Emma Gadd Shearer. She was preceded in death by her husbands, Harvey Bradley and Archie Price, who was her husband of 40 years.

Survivors are a daughter and her husband, Emma (Bradley) and John O. Mehrl, Jr. of Hamilton; one sister, Edith Shrubb of Pensacola, Florida; five grandchildren, Lewis Mehrl, Cathy Mehrl (Buckleaw), John Mehrl and Mehrl, Jungs Mehrl and Sojya (Mehl) Smith; eleven great grandchildren and one great grand child. She was preceded in death by

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11 oz. **2/300**

ALPO Dog Food 13 oz. **2/100**

Friskies Cat Food..... 5.5 oz. **4/100**

Lipton Tea Bags..... 100 Ct. **299**

NESTEA Instant Tea 3 oz. **269**

Mt. Olive Hamburger Dill Chips
32 oz. **179**



Angel Soft Toilet Tissue
12 Rolls
269

- Bush Baked Beans**.. 28 oz. **.99**
- Ultra Wisk Detergent**18 use **269**
- Green Giant Corn on the Cob** .4 pk. **2/\$3**
- Pet Ritz Pie Shells** 10 oz. **119**
- Duncan Hines Brownie Mix** 20 ct. **2/\$3**
- Saver's Choice Foam Plates** 40 ct. **.79**
- Shurfine Worcestershire Sauce** 10 oz. **.89**
- Shurfine Steak Sauce** 10 oz. **119**

Kraft

Chunk Cheese
8 oz. **2/300**

Squeeze Cheez Whiz
12 oz. **279**

Onion Dip
8 oz. **.89**



- Kraft BBQ Sauces** 18 oz. **.89**
- Banquet Fried Chicken** 25 oz. **2/500**
- DelMonte Ketchup**28 oz. **.99**
- Sunny Delight Citrus Punch**
64 oz. **129**
- Squeezit Fruit Drinks** 6 pk. **.99**
- Taster's Choice Coffee** 7 oz. **599**
- Coffee-Mate Coffee Creamer**
22 oz. **279**

Meat Specials

Fresh Ground Beef (3 lb. or more) Lb. **.89**

Pork Tenderloin 199 Lb.	Boneless Round Steak 139 Lb.	Boneless Chuck Roast 109 Lb.
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Fischer's Bologna Lb. pkg. **129**

Fischer's Hot Dogs 12 oz. pkg. **.99**



Fresh Produce

Watermelons
299

Idaho Potatoes10 lb. bag **159**

Cantaloupes **139**

Bananas lb. **.29** **Lettuce** **.79**

Red/Yellow Grapes lb. **.99**

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Extension Home Economics

Is All Fat Bad?

Part I

By: Hazel Jackson
County Extension Agent
for Home Economics



Eating any kind of fat is bad for your health. Right? Not necessarily.

In fact, substituting unsaturated fats for saturated fats is a smart move. It helps lower blood cholesterol, lessening the likelihood of coronary heart disease. Reducing the amount of saturated fat also

cuts the number of calories and helps you shed excess weight.

On average, no more than 30% of your calories should come from total fat. And you should eat less than 300 milligrams of cholesterol a day.

Saturated fat should only account for 8-10% of total calories. So a

person who eats 2,000 calories a day should get only 160 to 200 calories from saturated fat. Saturated fat elevates blood cholesterol more than anything else in the diet and is found primarily in foods of animal origin. A few vegetable fats—coconut oil, cocoa butter, palm kernel oil and palm oil—are also high in saturated fat.

Unsaturated fat should replace some of the saturated in people's diets. One type of unsaturated fat is polyunsaturated, which is found in many cooking and salad oils and margarine, especially soft and liquid products. Polyunsaturated fat should contribute no more than 10% of total calories.

The second type is mono-unsaturated fat which should account for 10-15% of total calories. This fat is in olive and canola oils that are used in cooking and salad dressings.



Farm News

By: Tom Mills
County Extension Agent
for Agriculture

Production Grants

Tobacco farmers may be eligible to apply for production grants. The Farm Income Improvement Foundation (FIIF) has been developing a grant program for 1997 to assist farmers in increasing tobacco production more profitably through the use of existing technology. This program will focus immediately on addressing three problem areas: blue mold control, lack of curing space and market preparation.

\$200,000 will be available for blue mold control drop nozzle spray kits. The amount of grant will be 1/2 price of kit, not to exceed \$100 per farmer. Kit must be purchased between January 1 and July 15, 1997. A copy of the paid receipt must be submitted to FIIF by August 1, 1997. Farmers will be paid on a first-come, first-

paid basis until the allocated money is exhausted. Applications will be available July 1 at the County Extension Office or Farm Bureau Office.

\$1 million will be available for construction or expansion of existing curing structures sufficient to hold at least 1 acre or more of this year's crop. Post Row structures, etc. are acceptable. Farmers must submit applications for \$500 grant by October 31, 1997. FIIF Grants are all on first-come first paid basis until funds are exhausted.

\$247,500 will be available for \$500 grants to purchase tobacco stripping wheels.

For further information, contact Tom Mills at the County Extension Office or Joe Bullen, Farm Bureau Federation President.

Senior Citizens MENU

Thursday, July 3rd: Chicken or tuna salad, potato salad, vegetable salad, crackers, canteloupes-milk.

Friday, July 4th: Holiday, No meals.

Monday, July 7th: Meatloaf, sweet potato/potatoes, green beans, roll, watermelon, milk.

Tuesday, July 8th: Hawaiian Meatballs, rice, buttered broccoli, roll, peach slices, milk.

Wednesday, July 9th: Fried chicken, creamed peas, cole slaw, roll, hot coffee, milk.

Lavada Sowder says "Thanks"

I would like to say "Thank You" to the trustees of Mareburg Cemetery for allowing me, at my expense to remove all gravel, reseed, and let the families of removed markers to put them back. Also, thank you to everyone who supported me in saving every space possible for grave lots. Thanks, to all of you who have called or visited to say a job well done. Again, trustees, I say thanks.

Lavada Sowder

"Points East"
(Cont. from A2)

SPECIAL NOTE TO READERS IN COUNTIES THAT BORDER GARRARD.

One of my major sources of concern last Thursday involved a septic tank and stopped up line. Gary Ray who lives in Lancaster owns a septic tank cleaning service and he is the most reasonably priced service I've dealt with in a long time. Gary stood out in a down-pour to pump out my tank and run a pipe snake up the line until it worked like a new installation.



Dallas Rigsby, Jeff Miracle, and Eric Smith hold the 32 pound catfish which Miracle hooked Tuesday on a rod and reel at Renfro Lake. The boys said it took thirty minutes to catch the "big" fish.

Benefit Auction

There will be a Benefit Auction, sponsored by CAPRICE and Rain-bow Respite, programs of Christian Appalachian Project, at the Berea Folk Center on Jefferson Street in Berea.

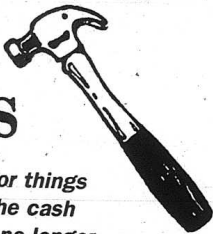
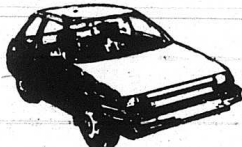
All proceeds will go to help fund the "Awesome Vacation," an educational trip to Washington, D.C. for persons with physical and mental disabilities.

Items for the auction include: "Success is a Choice" autographed by Rick Pitino; a Wilson basketball signed by Rick Pitino; \$25 gift certificates from Joseph Beth's, Goody's, Wal-Mart, Charcoal House Restau-

rant and more; unique crafts and hand-crafted jewelry by area artisans; movie passes; gift items; handmade quilts; tanning sessions, dinner certificates, children's books, household items; crystal items; videos; tools; cookware; collectibles; floral arrangements by area florists and designers; week-end stay at Day's Inn in Renfro Valley; pre-paid gas card and much, much more. All items available for view at 6 p.m. and food and drinks will be available.

Conducting the auction will be Century 21, Godby Realty and Auction Company, Willard Bullock, auctioneer.

LOANS FOR ALL REASONS



If you have waited for things you need because the cash isn't available, wait no longer.

Loans are available for almost any purpose. If you need cash...

Stop in Today!!



Need a new roof? Fresh paint or new siding? We make Home Improvement Loans. Stop In!

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Drive-Thru Hours - Mon. - Fri. 8:30 to 4:00 p.m.
Sat. 8:30 to Noon

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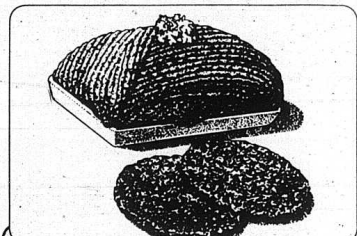
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FOOD CENTER

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July	1	2	3	4	5	6	7

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5 Lb. or More Pkg.

Fresh Lean Ground Beef

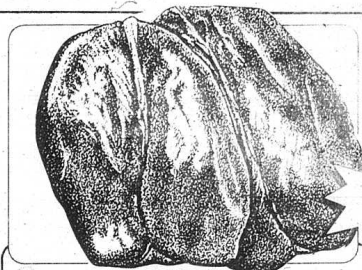
.89
Lb.



Gallon - Assorted Flavors

Family Pak Ice Cream

\$1.99



USDA Inspected

Boneless Chicken Breasts

1.99
Lb.

11 oz. Can
Campbell's Pork 'n Beans

5/\$1



Kraft Barbecue Sauce
18 oz. Plastic Bottle • Ass't. Var.

.69

Heinz Tomato Ketchup

28 oz. Sq. Bottle w/coupon

.99

Super Chef Roast Beef

Extra Lean
3.99
Lb.



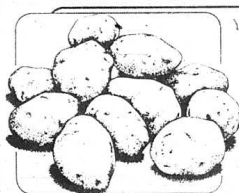
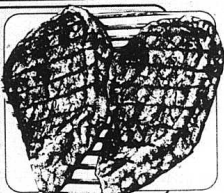
12 oz. Vac-Pack
Wilson Certified HOT DOGS

2/\$1

Summer Steak Sale

USDA Western Grain Fed Boneless Beef
• Top Round • Cubed Bottom Round
• Eye of Round • Chuck Shoulder

\$1.99
Lb.



10 LB. BAG

U.S. No. 1 IDAHO POTATOES

1.59
with coupon



12 Pack - 12 Oz. Cans • Ass't. Var.

Pepsi Products

2.79

Deli Sliced Superior's Canjun Style or Honey Ham

3.49
Lb.



SUPER FOODS 9 IN-AD COUPON

R 01205

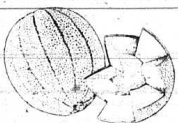
MW 0125

32 Flz. Jar Regular or Light

Kraft Miracle Whip

\$1.39

WITH THIS COUPON
R#01205 40230



15 Count Size Sweet Calif.

Cantaloupe

.99 EA.



1 Lb. Bag Ready Pac®
Cole Slaw Mix

.89

Chicken Special

July 4, 5, and 6

16 pc. Bucket Chicken

1 Lb. Potato Salad • 1 Lb. Cole Slaw
1 Lb. Baked Beans • Doz. Dinner Rolls
Meringue Pie

18.99

Granger Select 50c off

Beechnut Buy 2 Get 1 Free

Taylor Pride .50c off

Trophy Buy 1 Get 1 Free

Beechnut 25c off

GPC Box 7.89
Doral Box 7.89
Now Wave 6.59

Surgeon General's Warning: Smoking Causes Lung Cancer, Heart Disease, Emphysema, and May Complicate Pregnancy.

SUPER FOODS 9 IN-AD COUPON

R 01209

MW 0023

24 Oz. Squeeze Bottle

Heinz Tomato Ketchup

99¢

WITH THIS COUPON

Coupon good the week of June 29, 1997. Some normal advertised sale. Limit one coupon per purchase. R#01209 P11-05-0255-03992

SUPER FOODS 9 IN-AD COUPON

R 01202

MW 0050

100 Sq. Foot Roll - Crystal Clear

Reynold's Plastic Wrap

\$1.79

WITH THIS COUPON

Coupon good the week of June 29, 1997. Some normal advertised sale. Limit one coupon per purchase. R#01202 10900-70248

SUPER FOODS 9 IN-AD COUPON

R 01203

MW 0080

Mixes 2 (16oz.) - Unsweetened Flavors

Kool-Aid Drink Mix

10/\$1

WITH THIS COUPON

Coupon good the week of June 29, 1997. Some normal advertised sale. Limit one coupon per purchase. R#01203 80A771

Church News

Car Wash
The Junior Sunday School Class will be having a car wash at the Climax Christian Church on Saturday, July 5, 1997 from 10 a.m. to 3 p.m. Proceeds will go to support our missionaries, Andy Martin in Ukraine (Russia) and Max and Marilyn Grooms in Russia. You may purchase your lunch while you wait for your car to be washed. Grilled hamburgers, grilled hot dogs, cokes, chips and desserts will be available.

Singing
Red Hill Church singing at 7 o'clock, Saturday, June 28. Bible

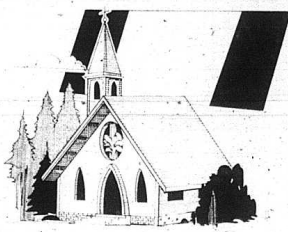
School starts June 29 or July 3, 6 p.m.
Benefit Gospel Sing
Benefit Gospel Sing on Friday, June 27, 1997 at 7 p.m. Sue Bennett College Gymnasium. Event sponsored by Christian Appalachian Project's CAPRICE and Rainbow Respite-Care Center Program. No admission fee, love offering will be taken.

Revival
Jason Carpenter will be in Revival Services at Mt. Vernon Pentecostal Church Sunday, July 6th - Wednesday, July 9th. Services start at 6 Sunday and 7:00 - Monday, Tuesday and Wednesday. Church invites everyone.

LET'S HONOR OUR FLAG AND THE FREEDOM IT REPRESENTS

It's just a piece of cloth, they say. Who don't appreciate the way Our precious banner came to be The symbol of our liberty. Its colors and unique design Were brought together to define The sacrifice and high ideals That even now our flag reveals. The freedom it will signify As long as it's allowed to fly Enables us to live the way Our founding fathers in their day Established, using God's own laws. Adapting them to freedom's cause; So that our flag, the way they planned, Will wave forever in our land.

- Gloria Novak



"By the breath of God frost is given."
- Job 37:10

A thoughtful mind ... sees not the flag only, but the nation itself.
- Henry Ward Beecher

"In the name of God we will set up our banners."
- Psalm 20:5

What do we live for if it is not to make life less difficult for each other?
- George Eliot

"They helped every one his neighbour, and every one said to his brother, 'Be of good courage.'"
- Isaiah 41:6

Community Church Directory

<p>Blue Springs Pentecostal S.S. 10:30 a.m. Sun. Evening 6 p.m. Friday night 7 p.m. Highway 1249</p>	<p>Church of the Nazarene Fair Ave., Mt. Vernon S.S. 10 am/Worship 11 am Sun. Even 6 pm - Wed. 7 pm Rev.: Richard Parker</p>	<p>Freedom Baptist Church Freedom Road S.S. 10 am/Worship 11 am Discipline Training 6 pm Sunday Evening 7 pm Wednesday Prayer Service 7 pm 256-2968 Bro. Shawn Madden</p>	<p>Mt. Vernon Pentecostal Church Lovell St., Mt. Vernon S.S. 10 am/Worship 11 am Sunday Evening 6 pm Wednesday Bible Study 7 pm Pastor: Buford Parkerson</p>	<p>Rose Hill Baptist Church Sunday Services at 10:00 am Prayer meeting Wednesday 7 pm Pastor: Mosley Cameron</p>	<p>Community Worship "A Full Gospel Church" Off. 150, 5 miles west on Hwy. 3245 SS 10 am /Worship 11 am Sun. Even. 6 pm /Thurs. 7 pm Pastor: Keith Asher</p>
<p>Bereda Tabernacle So. U.S. 25 across from Bered Ford Sunday School 10 am Sunday night 6:00 p.m. Wednesday 7:00 p.m. Pastor: Ralph Chastain</p>	<p>Clear Creek Baptist Church S.S. 10 am/Worship 11 am Sunday Evening 7:00 until time chg. Wed. Prayer Service 7:00 p.m. Song Leaders Music: M. and Mrs. Jerry Nicely Pastor: Bro. Sherman Hill</p>	<p>Grace Baptist Church U.S. 25 at Roundstone S.S. 10 am/Worship 11 am Evening Worship 7 pm Wednesday Prayer Meeting 7 pm WRVW Radio 9:15 am Pastor: Bro. Raymond Orlitt</p>	<p>Mt. Zion Baptist Church S.S. 10 am/Worship 11 am Radio Program Sunday 2:30 Sunday Evening 7 pm Wednesday night 7 pm Pastor: Gary Messer</p>	<p>Roundstone Baptist Church Sunday School 10 am Church Services 11 am Wednesday night 7 pm Pastor: Arnold Pingleton</p>	<p>Trinity Independent Baptist Church "A Full Gospel Church" Off. on 461 on Keith Soward Rd. S.S. 10 am/Worship 11 am Sunday Evening 6 pm Wednesday Prayer Service 7 pm Pastor: Jackie Renner Everyone Welcome</p>
<p>Bible Baptist Church S.S. 10 am/Worship 11 am Evening Service 6 pm - Broadcast WRVW 4:00 p.m. Wednesday 7 pm Vans available for pick-up Nursery provided 256-5842 or 256-5913 Pastor: Don Staylor</p>	<p>Climax Christian Church SS 10 am/Worship 11 am Raymond Tincher, Minister</p>	<p>Hickory Grove Free Pentecostal Church S.S. 10 am/Worship 11 am Sunday Evening 7 pm Wednesday Evening Prayer Youth Meeting 1 & 3 Saturdays Radio WRVW Sunday 1:45 pm Pastor: Brad Adams</p>	<p>Mt. Zion Baptist Church S.S. 10 am/Worship 11 am Sun. Even. 6 pm/Radio Sun. 5 pm. Pastor: Jerry Ballinger</p>	<p>Sand Hill Baptist Church S.S. 10 am/Worship 11 am Sunday Evening 6 pm Pastor: Bro. Don Arthur</p>	<p>Red Hill Baptist Church (Union Baptist) Sunday School 10 am/Church 11 am Pastor: Bro. Dale Walters Everyone Invited</p>
<p>Bridle Ridge Baptist Church S.S. 10 am/Worship 11 am Sunday Evening 7:30 pm Wed. Services & Youth 7:30 pm Pastor: Ron Roberts</p>	<p>Community Holiness Church Falgout Hill, Mt. Vernon Sunday Services 10 am. Radio Broadcast 12 noon Sun. Sunday Evening 7 pm Saturday & Wed. Service 7 pm. Pastor: Bro. Pele Hurd</p>	<p>Lighthouse Assembly of God Rush Creek Road S.S. 10 am/Worship 11 am Sunday Evening 7 pm Wednesday - Family night Activities for all 7 pm Pastor: Dwight Hensley</p>	<p>McNew Chapel Community Baptist Church Cove Branch Road Sat. 7 p.m. Sun. SS 10 a.m./Worship 11 a.m. Sun. Even. 6 p.m./Radio Sun. 5 p.m. Pastor: Jerry Ballinger</p>	<p>Sand Springs Baptist Church Hwy. 1249 S.S. 10 am/Worship 11 am Evening Worship 6 pm</p>	<p>Well Hope Baptist Church Chestnut Ridge Sunday Services 1:30 am Pastor: Burgess King</p>
<p>Broadhead First Church of God Main St. Broadhead SS 10 am/Worship 11 am Sunday Evening 6 pm Wednesday Evening 7 pm Minister: Bill Davis</p>	<p>Conway Baptist Church S.S. 10 am/Worship 11 am Evening Worship 6 pm Wednesday 7 pm Pastor: Gary Parker</p>	<p>Livingston Christian Church Main St. Livingston S.S. 10 am/Worship 11 am Evening Worship 7 pm Wednesday Evening 7 pm Pastor: Bro. Clyde Miller</p>	<p>New Hope Baptist Church Ostado, Ky. SS 10 am/Worship 11 am Sunday Evening 6 pm Wednesday Evening 7 pm Pastor: Doug Collins</p>	<p>Sand Hill Baptist Church S.S. 10 am/Worship 11 am Sunday Evening 6 pm</p>	<p>West Broadhead Church of God Negro Creek Rd., Broadhead S.S. 10 am/Worship 11 am Sunday evening 6 am/Wed. 7:30 pm Pastor: Bro. John Irwin</p>
<p>Broadhead Baptist Church S.S. 10 am/Worship 11 am Live Broadcast on Wilcox Cable - Channel 25 - 11 am. Children's Church - 11 am. Youth (5th Grade/Up) 5 p.m. Children's Choir (ages 4-10) 5 p.m. Sunday Even. Worship & Live Broadcast 7 p.m. Adult Choir Practice 7 p.m. Wed. Even. Bible Study/Live Broadcast - 6 p.m. Mission Friends RA's, GAs, Acteens 7 p.m. Church Van available for transportation needs Nursery provided - Birth to 5 years Phones: 758-8316 or 758-8313 Pastor: Rev. Mark A. Whicker</p>	<p>Conway First Resurrection Pentecostal Church S.S. 10:30/Worship 11:30 am Sat. 7 p.m. Sun. Even. 6 pm Thursday 7 pm Pastors: Arnold Akers</p>	<p>Livingston Christian Church S.S. 10 am/Worship 11 am Evening Worship Services begin at 6 p.m. Minister: Arthur Hunt</p>	<p>Northside Baptist Church High Street, Mt. Vernon S.S. 10 am/Worship 11 am Discipline Training 6 pm Wednesday Evening 7 pm Wednesday Prayer/Bible Study 7 pm For transportation call 256-9927 Pastor: Lester Caldwell</p>	<p>Scalford Cone Baptist Church 311 market Scalford Cone Road Awakening Thu. Broadcast/WRVW Sunday 1 p.m. S.S. 10 am/Worship 11 am Children's Church 11 am Evening Worship 7 p.m. Wed. Prayer Service 7 pm Pastor: Woody Morrison A real church family feeling</p>	<p>Wilde Christian Church S.S. 10 am/Worship 11 am Evening Worship 6 pm/Youth 6 pm Wednesday Bible Study 7 pm Youth Choir 8 pm WRVW Sunday 8:30 am 256-4454 Minister: Kenton Parkey</p>
<p>Broadhead Baptist Church S.S. 10 am/Worship 11 am Live Broadcast on Wilcox Cable - Channel 25 - 11 am. Children's Church - 11 am. Youth (5th Grade/Up) 5 p.m. Children's Choir (ages 4-10) 5 p.m. Sunday Even. Worship & Live Broadcast 7 p.m. Adult Choir Practice 7 p.m. Wed. Even. Bible Study/Live Broadcast - 6 p.m. Mission Friends RA's, GAs, Acteens 7 p.m. Church Van available for transportation needs Nursery provided - Birth to 5 years Phones: 758-8316 or 758-8313 Pastor: Rev. Mark A. Whicker</p>	<p>Corinth Holiness Church Second St., east of right of way mt. Vernon Sunday 11 am. Sat. night of 7 p.m. Every Friday night 7 pm. Ray Powell and Church Broadcast - 6 p.m. Welcomes Everyone</p>	<p>Livingston Christian Church S.S. 10 am/Worship 11 am Evening Worship Services begin at 6 p.m. Minister: Arthur Hunt</p>	<p>Ottawa Baptist Church Ottawa Community Rt. 1650 Bible Study 10 am/Worship 11 am Discipline Training 6 pm Evening Worship 7 pm Wednesday Prayer/Bible Study 7 pm Pastor: Tim C. Smothers</p>	<p>Copper Creek Baptist S.S. 10 am/Worship 11 am Sunday Evening 6 pm Wednesday 7 pm Pastor: J.W. Lewis</p>	<p>Three Links Christian Church Sunday School 10 am Worship 11 am Pastor: Jack D. Martin</p>
<p>Broadhead Christian Church Main St. Broadhead S.S. 10 am/Worship 11 am Sunday Evening 7 pm Wednesday 7 pm Wednesday Youth Meeting 7 pm Van Service Available Minister: Wade Johnson</p>	<p>Church of Our Lord Jesus Christ U.S. 25 South of Mt. Vernon Sunday 1:00 pm Jack Watkins, Pastor Jeff McCadden, Asst. Pastor</p>	<p>Livingston Pentecostal Church Main Street Livingston S.S. 10 am/Worship 11 am Sunday Service 6 p.m. Wed. Service 7 pm Saturday Bible Service 10 a.m. - 3rd Sat of each month Pastor: Bro. James Miller</p>	<p>Our Lady of Mt. Vernon Catholic Church Williams St. Mt. Vernon Mass 5 p.m. Saturday 7 p.m. Tuesday Saturday Vigil Services 7 p.m. Associates: Ed and Tricia Catas</p>	<p>Burnetts Chapel Methodist Church 1100 Worship School Highway 934 off Highway 451 Hwy. 214-1222</p>	<p>First Pine Hill Missionary Baptist Church SS 10 am/Morning Worship 11 am Sunday Evening Worship 6 pm 10 p.m. Wednesday Pastor: Bro. Wayne Henson</p>
<p>Brush Creek Holiness Church Ontario SS 10 am /Sun. Evening 7 p.m. Tuesday Evening 7 pm Pastor: Olen McCuire</p>	<p>First Baptist Church West Main St., Mt. Vernon S.S. 9:40 am/Worship 10:40 am WRVW Service 11 am Children's Worship 11 am Youth Ministry 4:30 pm Discipline Training 6 pm Evening Worship 7 pm Wed. Youth Music 6:30 pm Sunday Evening Groups 7 pm Prayer/Bible Study 7 pm Pastor: Dr. Maynard Head</p>	<p>Macedonia Baptist Church S.S. 10 am/Worship 11 am Sunday Evening 6 pm Wednesday 7 pm Pastor: Bro. Denton Sears</p>	<p>Pine Hill Holiness Church U.S. 25 S. Mt. Vernon Sunday School 10 am Sunday Evening 7 pm Thursday & Saturday evenings 7:30 Pastor: Allen Hensley</p>	<p>Pleasant Run Baptist Church Lomero SS 10 am/Worship 11 am Sunday Evening 6 pm Wednesday evening 7 pm Pastor: Bro. Steve Weaver</p>	<p>Philadelphia United Baptist Bryant Ridge Rd., Broadhead 2nd & 4th Saturday 7 pm Sunday Services 10 am & 7 pm Telephone: (513) 492-2650 758-9426 Pastor: James W. Bryant</p>
<p>Buckeye Christian Church 1/2 mi. east of Renfro Valley on Hummel Rd. SS 10 am/Worship 11 am WRVW Radio 8:30 am Pastor: Bro. Cleldith Thacker</p>	<p>First Christian Church West Main St., Mt. Vernon - 256-2674 SS 10 am/Worship 11 am Evening Worship 7 pm Radio Program on WRVW 1450 am Sunday 8:45 am Wednesday Youth Training and Bible Study 7 pm Minister: Eddie Hammond</p>	<p>Maple Grove Baptist Church Rt. 1004 at Orlando S.S. 10 am/Worship 11 am S.S. 10 am/Worship 11 am Evening Worship 6 pm Wednesday 7:00 pm Pastor: Bro. Lester Arnold Asst. Bro. Tim Hampton 256-4545</p>	<p>Pine Hill Holiness Church U.S. 25 S. Mt. Vernon Sunday School 10 am Sunday Evening 7 pm Thursday & Saturday evenings 7:30 Pastor: Allen Hensley</p>	<p>Poplar Grove Baptist Church Hwy. 70 Willallia S.S. 10 am/Worship 11 am Sunday Evening 7 pm Wednesday Prayer Meeting 7 pm 758-8095 Pastor: Rick Reynolds</p>	<p>Providence Church of Christ Sunday Bible Study 10 am Worship 10:35 am Sunday evening 7 pm Wednesday Bible Study 7:30 p.m. Radio 8 am, Sunday WRVW 1450 AM Weekly Newspaper Article 758-9316 Preacher: Dan McKibben</p>
<p>Buffalo Baptist Church Sunday School 10:00 am Sunday Evening 6:30 pm Pastor: Larry Proffitt</p>	<p>First Church of Jesus Christ Sand Springs S.S. 10 am/Worship 11 am Sunday Evening 7:30 pm Sunday Morning 10:30 am Pastor: Bro. James E. Nicely</p>	<p>Mt. Vernon Church of Christ Sunday Services 10 am Pastor: Bro. Russell McFerron</p>	<p>Rockcastle Hospital & Respiratory Care, Inc. Newcomb Avenue • 256-2195</p>	<p>Jean's Restaurant "Good home cookin'" I-75 & Exit 59 • Mt. Vernon • 256-5319</p>	<p>Rockcastle Association of Baptists Bro. Jack Bruce, Director 256-4571</p>
<p>Calvary Apostolic Lithhouse Just off Richmond Street in Mt. Vernon - on Negro Town Hill Road Sunday Services 10 am & 6 pm Wednesday 7:30 p.m. Ph. 256-4416 Pastor: Bro. James Blanton</p>	<p>Flatrock Baptist Church Ostado, KY S.S. 10 am/Worship 11 am Sunday Evening 6 pm Wednesday 7 pm Pastor: Bro. Gene Noe</p>	<p>Mt. Vernon Church of God Next to the high school S.S. 10 am/Worship 11 am Sunday Evening 7 pm Wednesday 7 pm Everyone Welcome Pastor: Rev. Bobby Owens</p>	<p>BMV 256-5141</p>	<p>Citizens Bank Broadhead 758-8212 • Mt. Vernon 256-2500</p>	

The Church Page is provided by the sponsors listed below.

Rockcastle FFA Chapter attends State FFA Convention in Louisville

By Jeremy Reynolds

Recently, several members of our Rockcastle County FFA Chapter attended the Kentucky State FFA Convention in Louisville. Among those attending, were all region-level winners from our chapter, as well as a few other members who decided to "tag along".

Many individuals from our group who were in attendance received state awards and recognition. Among those, Matt Chaliff, our Chapter Vice President, as well as the Kentucky River Region President for the past school year, received a State FFA Officer. Matt was chosen as one of the eleven individuals out of over 14,000 members across the Commonwealth, to lead our Kentucky State Association for the coming year. Matt was chosen as the Kentucky River Region State Vice President.

Jon Adams, who served as our Chapter President for the past year, and Kentucky River Region President for the coming year, was one of

two individuals across the state selected to serve as an additional National Delegate for the Kentucky Association. Jon also competed in the state Dairy Impromptu speaking competition.

LeAnn Sigmon and Matthew Hayes competed in State speaking contests and finished well. Matthew placed fourth in the state in the Creed Speaking contest.

Our four regional proficiency winners who advanced on to the state competition, three received state recognition, with our chapter earning a first, second and third place finish. J.C. Harris was the regional winner in the Diversified Crop Placement category. LeAnn Sigmon, placed third in the Sheep Production proficiency contest; Kevin Rader, received 2nd place in the Food Science & Technology proficiency contest; Matt Ford was the state winner in the Turf/Grass Management proficiency contest. Matt's proficiency will now advance on to the National competi-

tion, where it will compete against other state winners.

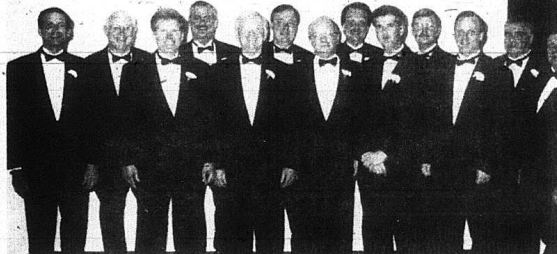
The Record Keeping Team, which consisted of members, Roy Adams, John Renner, Geoffrey Fugate, Mark Parsons, and Jason Whicker, as an alternate, placed eighth in the state. Mark Parsons was also fourth-high individual in the state.

Our Ag. Sales Team, with members, Mark Carpenter, Travis Wynn, Jamie Nicely and Bryan Buswell, also competed and finished well at the state level.

We are so pleased to announce that our Brecksville County Chapter received a State Gold Rating, the highest possible, for the second consecutive year. We are very proud to have one of the most active and outstanding chapters in the State of Kentucky. We would like to add a special thanks to our Chapter Secretary, Amanda Clark, for her secretary's book, which was the basis for our state rating.



Rockcastle FFA members who attended the State Convention are pictured above front row from left: Matthew Hayes, Eric Helton, Mark Parsons, Geoff Fugate, Amanda Clark, Jon Adams, Jeremy Reynolds. Top row from left: Travis Wynn, Matt Chaliff, William Leger, John Renner, Roy Adams, John Dyehouse, Jason Whicker, LeAnn Sigmon.



Mr. Bruce Overton, Immediate Past President of NFDA, installed the following new FDAC Officers for 1997-98: Standing (left to right) Dennis Stanley, Sergeant-At-Arms; Jerry B. Patton, President Elect; Alan L. Leichhardt, Executive Director; Bryson Price, Southern District Director; Robert L. Cox, President; James W. Davis, Secretary-Treasurer; Bruce Overton, NFDA Immediate Past President; David Owen, Central District Director; Shannon Combs, Chairman of the Board; Steve Carson, Western District; Randolph B. Orr, Vice President; James Trooper, Southeastern District Director; and Larry Sanders, NFDA Policy Board Member. Not pictured: James H. Cairnes, Douglas M. Stith, Terry M. Dabney, and Joe Ben Tucker.

"Cox" (Cont. from front) Burial Association Board and is presently serving in this position. During his tenure as President of

FDAC, he will be traveling throughout the State of Kentucky for Spring and Fall District Meetings, Committee Meetings, etc. He will also represent Kentucky at the National Funeral Directors Association's Annual

Convention to be held in Las Vegas in October, 1997 and other national meetings to be held throughout the year.

Robert L. Cox is owner/manager of Cox Funeral Home in Mt. Vernon.



Matt Ford, pictured here, along with his parents Danny and Sue Ford, won first place in the State Turf Grass Management Proficiency Competition.



Roy Adams auctions off a replica FFA tractor at the State Alumni meeting.



LeAnn Sigmon finished in third place in the Sheep Impromptu Proficiency Competition at the state level.

Agricultural News

By Warden Alexander, Director

Crop reports will be taken now through July 15. Producers have been sent postcards by mail with a designated week for their certification. Producers who have crops planted prior to their scheduled week may come earlier to do their reports, but all crops MUST BE PLANTED prior to filing your report. Producers are urged to call FSA at 256-2525 as soon as crops are planted to schedule a time at their convenience. Barley tobacco producers are advised to file a crop report, since this will serve as a record of farm production for disaster leasing and production history.

The Non-Insured Assistance Program (NAP) provides protection against a widespread loss caused by a natural disaster in designated areas for which crop insurance is not available. To qualify for this program an area must have at least 5 producers of crops on separate and distinct farms that were affected by the same natural disaster with total production loss of at least 35%. Producers must have a crop report on file prior to the July 15 deadline to be eligible for benefits. Some of the non-insurable crops in Rockcastle County include hay, pasture, soybeans, pepper, sweet corn, green beans, any fruit or vegetable grown commercially for food.

Producers are reminded that farms which do not have a history of leasing and/or growing their tobacco quota 2 out of 3 preceding years will result in a dropped quota. Farms in danger have been notified and should take action.

A new program, Environmental Quality Incentive Program (EQIP), was established to assist crop and livestock producers in dealing with environmental and conservation improvements on the farm. Sign-up for this program began June 4, and will extend until July 30. The objective of the assistance to be provided is to ensure the maximum level of environmental benefits possible. Rockcastle County has not been allotted any funds for this program at this time.

FCIC insured producers who wish to continue their coverage from 1996, have until the crop planting deadline of July 15, to pay the administrative fee and sign appropriate application. If you will have tobacco insured through FSA and do not expect to have it planted by the June 30 planting deadline, please come into the office to sign an FCI-9, Late Planting Agreement, in order for the insurance to cover the late planted crop. The CAT insurance from FSA will also cover a crop that was prevented from being planted due to adverse weather conditions. For more information on any of the above listed programs, contact the Rockcastle

County Farm Services Agency at (606)256-2525.

Peg's Food Mart
Congratulates Bobby Wynn on winning the Honda 4-Wheeler



GPC Cigarettes Ctn. 699

Coca-Cola 12 Pack 2/\$4.99

"Get A BIGGER BANG For Your BUCK"

Godfather's Pizza

Light Up Your July 4th Celebration With Pizza, The Way Pizza Was Meant To Be!

GOOD JULY 3, 4 & 5! BUY ANY LARGE PIZZA, GET THE SECOND PIZZA FREE!

Get a FREE Large Pizza when you purchase a Large Pizza at regular price. Free Pizza must be of equal or lesser value. Eat-in or Carryout orders only.

Godfather's Pizza

Durham receives degree from Union

Michael L. Durham of Mt. Vernon received the Master of Arts degree during Union College's 118th Commencement exercises in May. Close to 300 graduates received degrees from Union.

Richard Kimball, president of the Teagle Foundation, addressed the graduates and share his thoughts on technology and how it has the ability

to bring the corners of the world "closer together." With the presence of world-wide networks, Kimball said, graduates from rural areas and small private colleges, such as Union, can now have an impact on business as never before.

Union College is a four-year independent liberal arts college located in Barboursville, Kentucky.

Rockcastle Farmers' Market accepted for FMNP

The Rockcastle Farmers' Market, scheduled to open this (next) Saturday, has been accepted for the Federally Funded Farmers' Market Nutrition Program (FMNP). Individuals receiving Women, Infant and Children (WIC) coupons will be able to participate. "We're really excited about the prospects that this will mean for the Market," says LEAP Executive Director Ina Taylor. "The benefits are positive for both the farmers' selling their produce and also participants who are able to buy nutritious fresh products."

Coupons in the amount of \$2.00 for a total of \$10.00 are provided to the participants at the local health departments. These coupons can be taken to the Rockcastle Farmers' Market and used to buy fresh produce from local farmers.

The program has been enthusiastically endorsed by participants in

other Kentucky counties, states Emma Walters, Chief Dietitian for the Cabinet for Health Services. Surveys completed by participants indicate they have improved their diets and they were eager to participate again.

One stipulation of the program is in place for farmers - produce sold must have been grown in the state of Kentucky. "All farmers selling produce at the Rockcastle Farmers' Market produce their own food," states Taylor. "We are proud of that fact."

The Rockcastle Farmers' Market, initiated by Livingston Economic Alternatives in Progress, will open on July 5, and operate every Saturday from 9:00 a.m. to 1:00 p.m. and Wednesday from 3:00 to 6:00 p.m. The market is located on Highway 25, east of the I-75 at Burr Hill.

For more information contact Ina Taylor, 606-453-9800.

State Fair tickets go on sale July 7th

The 1997 Kentucky State fair is EVERYBODY'S State Fair and presents a concert line-up for everybody's taste with country's hottest performers and rock's latest hit-makers. Tickets for all Kentucky State Fair concerts will go on sale Monday, July 7 at all TicketMaster outlets and the Freedom Hall Box Office.

Alan Jackson, one of country music's biggest stars will kick-off the Fair August 14 in Freedom Hall with Special Guest Star LeAnn Rimes, the 14-year-old country sensation. Jackson will perform crowd favorites such as "Gone Country" and "Chattahoochee" from *The Great Escape* collection.

ZZ Top with Los Lobos will rock Freedom Hall on August 15 with their "no-frills, full-thrill presentation." The concert will be highlighted by the "mean rhythm" of their latest album, *Rhythm*, which includes many of the ZZ Top classics

on August 16. Gill will entertain fans by singing hits from his new album *High Lonesome Sound*, including "Pretty Little Adriana" and "Worlds Apart."

On Friday, August 22, Primester presents Clay Walker with Special Guest Star Terri Clark in Cardinal Stadium. Walker will perform a mix of fun, honky-tonk numbers and introspective ballads from his most recent album, *Hypnotize The Moon*.

John Michael Montgomery with special guest Ricochet will be "Kickin' Up" in Freedom Hall on August 24, the last day of the fair. Montgomery returns home to perform old favorites like "I Swear" and "Be My Baby Tonight" along with new songs from *What I Do The Best*.

audiences demand.

Kraft Country Tour '97 presents Vince Gill with Special Guest Star Bryan White in Freedom Hall

School board publishing July agenda

The Rockcastle County Board of Education is publishing the agenda for this week's *Signal* for their monthly meeting next Tuesday.

Rockcastle County School Superintendent Larry Hammond said the board decided to publish the agenda so the public could decide if there was anything on the agenda that might be of interest to them so they could attend the meeting, which is held the second Tuesday of each month at 7 p.m.

Hammond said that other items may be placed on the agenda before the meeting because of the length of time between the *Signal* publishing and the meeting.

"Rainfall" (Cont. from front)

rain has fallen in Mt. Vernon. However other parts of Rockcastle probably have received more and some less according to Cox.

The high temperature in June was 89 on the 24th and the low was 53 on the 15th.

"Stabbing" (Cont. from front)

the critical list on Tuesday and moved into a private room. "He will probably get to come home on Friday," Cromer said.

Chief Mink said that Lunsford left the scene of the altercation and did not contact police until Tuesday.

Lunsford, who was released on a \$2,000 cash bond, will be arraigned in Rockcastle District Court on July 21.



Beth Anne Durham is the recipient of a \$2,000 scholarship from Southeastern Graded Milk Producers Assoc. She will receive \$500 each year for four years. She will be attending Somerset Community College this fall, where she has already obtained 12 hours credit. She is the daughter of Bentley and Bobbie Durham, who operate a dairy and sell milk through the Southeastern Graded Milk Producers Assoc.

Brodhead Vol. Fire Dept.

FISH FRY

ALL THE FISH YOU CAN EAT

Carry Outs - 3 p.m. to 5 p.m. - \$5

Dine-In 6:00 to 8 p.m.

Adults \$5 - Children Under 12 \$2.50

For carry-outs after 6 p.m., you must wait in line

STAR SPANGLED SAVINGS

Britton Chevy Olds is giving you more reasons to celebrate!

96 Chevy Corsica LT

Choose from 31 White, gray or blue, 4 door, V6, pw/pl/pst, air bag, ABS, am/fm cassette, 23k miles

\$9,480 #7797

94 Chevy Camaro

Black, sunroof, V6, tilt, cruise, ABS, air bag, pw/pl/pst, CD, alloy wheels, warranty, 42k miles

\$12,980 #7823

95 Chevy Cavalier LS

Choose from 21 Rust or white, auto, 4 cyl, air bag, ABS, am/fm cassette, warranty, 29k miles

\$9,980 #7693

93 Honda Accord LX

Brown, 4 door, 4 cylinder, air, tilt, cruise, ABS, am/fm cassette, local 1 owner, warranty

\$10,980 #7538

94 Chevy K1500 4x4

Blue, 350 V8, pw/pl/pst, ABS, air bag, alloy wheels, local 1 owner, warranty, 37k miles

\$17,980

94 Chevy G3500 Van

White, 4 door, V8, pl/pst, off lease, 12 passenger, 48k miles, 15 passenger, 58k miles

\$13,980 #7704

USED CARS

93 Chevy Cavalier	Black, 2 dr, 4 cyl, ABS, am/fm cass., pst, alum. wheels, warranty, 48k miles	\$5,980
95 Chevy Corsica LT	Choose from 31 Red, white or blue, 4 door, auto, V6, 4 cyl, air bag, ABS, warranty	\$7,980
94 Chevy Lumina	White, 4 dr, V6, air, tilt, cruise, pst, ABS, am/fm cass., off lease, 42k miles	\$8,980
95 Chevy Beretta	Maroon, 2 dr, V6, tilt, cruise, pst, ABS, air bag, am/fm cass., warranty, 28k miles	\$8,980
96 Chevy Corsica LT	Choose from 31 White, gray or blue, 4 dr, V6, air bag, ABS, pw/pl/pst, 20k miles	\$9,480
95 Geo Prizm	Maroon, 4 dr, auto, 4 cyl, air, pst, ABS, am/fm cass., 25k miles	\$9,980
95 Geo Prizm	Black, 4 dr, auto, 4 cyl, pl/pst, ABS, cruise, off lease, warranty, 34k miles	\$9,980
95 Chevy Cavalier LS	Choose from 21 Rust or white, 4 door, auto, 4 cyl, air bag, ABS, warranty	\$9,980
96 Pontiac Grand Prix	Teal, 4 dr, V6, all power, air bag, ABS, am/fm cass., warranty, 28k miles	\$12,980
94 Olds Delta 88 LSS	White, 4 dr, V6, leather, all power, air bag, ABS, warranty, 51k miles	\$13,980
94 Olds Delta 88	Gray, 4 dr, V6, all power, air bag, ABS, local 1 owner, warranty, 19k miles	\$13,980
96 Olds Cutlass Supreme SL	Green, 4 dr, V6, pw/pl/pst, air bag, ABS, am/fm cass., warranty, 31k miles	\$13,980
94 Olds 98 Regency	White, V6, leather, all power, air bag, ABS, warranty, 51k miles	\$14,980
96 Chevy Lumina LS	Nice car! White, 4 dr, V6, pw/pl/pst, air bag, ABS, warranty, 26k miles	\$14,980

TRUCKS & VANS

95 Chevy Monte Carlo Z34	Loaded! Black, 2 dr, V6, leather, sunroof, all power, warranty, 31k miles	\$15,980
94 Olds 98 Regency Elite	Black, 4 dr, V6, leather, all power, ABS, air bag, off lease, warranty, 21k miles	\$16,980
94 Ford Ranger XLT x Cab	Maroon, V6, 5 spd, tilt, cruise, pw/pl/pst, ABS, am/fm cass., local 1 owner, warranty	\$8,980
91 Chevy S10 Blazer	White, 4 door, V6, pw/pl/pst, ABS, am/fm cass., alum. wheels, warranty	\$11,980
91 Chevy G20 Conversion Van	White, 4 dr, V8, air, tilt, cruise, ABS, all power, am/fm cass., warranty	\$12,980
94 Chevy Astro EXT	Gray, 4 dr, V6, cruise, ABS, pw/pl/pst, local 1 owner, warranty, 51k miles	\$13,980
94 Chevy G3500 15 Passenger Van	White, 4 door, V8, pl/pst, off lease, 58k miles	\$13,980
95 Chevy S10 4x4	White, V6, air, tilt, cruise, pst, ABS, am/fm cass., warranty, 48k miles	\$13,980
95 Nissan 4x4	Gray, 4 cyl, air, tilt, cruise, pst, ABS, am/fm cass., warranty, 18k miles	\$14,980
95 Toyota Tacoma 4x4	Forest, 4 cyl, V6, leather, all power, air bag, ABS, warranty, 38k miles	\$14,980
94 Chevy K1500 4x4 CONVERSION PKG.	Teal, V8, 5 spd, sunroof, leather, warranty, 15k miles	\$18,980
96 Chevy K1500 4x4	Dk. blue, V8, tilt, cruise, pw/pl/pst, air bag, ABS, warranty, 29k miles	\$20,980
96 Chevy X/Cab 4x4	Red, 3 door, V6, leather, all power, air bag, ABS, warranty, 29k miles	\$24,980

95 Jeep Grand Cherokee

Choose from 31 LOADED! LAREDO PACKAGE! Auto, air, power seats

\$21,980

85 Chevy S-10 Pickup

NICE TRUCK! Auto, V6

\$2,990

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Saturday, 9 to 6;
Closed Sunday

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BRITTON

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Social News



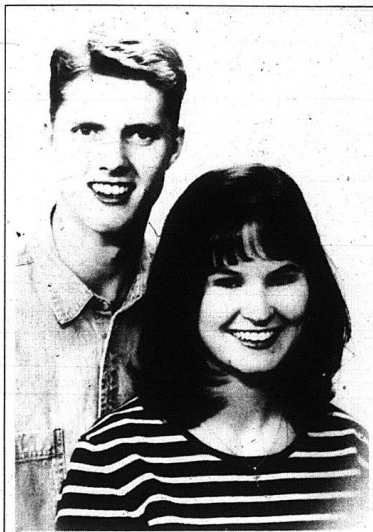
Burdette - Hamilton

Mr. and Mrs. Gary Burdette would like to announce the marriage of their daughter, Teresa Lee, to Dr. Michael David Hamilton, son of Mr. and Mrs. James Hamilton. Teresa is a 1991 graduate of RCHS, and is completing her training as a radiographer at Lexington Community College and Ephraim McDowell Regional Medical Center in Danville. Michael is a 1987 graduate of RCHS, 1991 graduate of Centre College, and 1995 graduate of University of Kentucky College of Medicine. Michael completed his training in family medicine, and he will start his practice in Mt. Vernon. The wedding will be July 12, at 3:30 in the afternoon, at the Brindle Ridge Baptist Church. All friends and family are invited to attend.



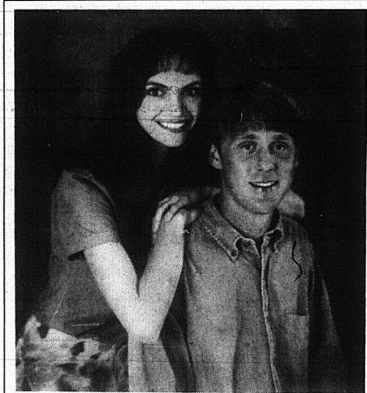
71st Wedding Anniversary

The Rev. and Mrs. W.J. Hamilton will celebrate their 71st wedding anniversary on July 3. They are the parents of six children, grandparents of eight, and great grandparents of eight. The Rev. Hamilton is a Baptist minister.



Graham - Isaacs

Kristy Graham and Troy Isaacs will be united in marriage on Saturday, July 12, 1997 at 1:30 p.m. at First Baptist Church. Kristy is the daughter of Ginger Graham Stewart and granddaughter of Mr. and Mrs. Gordon Graham. Troy is the son of Mr. and Mrs. Dean Isaacs and grandson of Mr. and Mrs. Muri Isaacs and Theodore Ree. Kristy teaches at Roundstone Elementary School and Troy is employed by Sonoco Products in Winchester. All friends and family are invited to attend.



Hawkins - Calico

Delbert, Jr. and Clara Hawkins and Drs. Forrest and Patricia Calico would like to announce the engagement and forthcoming marriage of their children, Cari Elizabeth Hawkins and Jefferson Forrest Calico. Cari is a 1991 graduate of Lincoln County High School. A 1995 graduate of Georgetown College, she earned a Clinical Psychology M.S. degree in May 1997 from Eastern Kentucky University. Jefferson is a 1989 graduate of Beechwood High School in Kenton County. He is a 1993 graduate of Transylvania University. He is manager of Calico Orchard Farm in Crab Orchard. Cari is the granddaughter of Mr. and Mrs. Craig Holman of Brodhead, and Mr. and Mrs. Delbert Hawkins, Sr. of Crab Orchard. Jefferson is the grandson of Mr. and Mrs. Earl Calico of Crab Orchard, and Mr. and Mrs. E.H. Treadway of Latonia. The couple will celebrate their marriage on August 9, 1997, at 4:30 p.m. at Watts Chapel Baptist Church in Crab Orchard. A reception will follow at Calico Orchard Farm. Family and friends are invited to attend.

Check out these *Smoking Hot* prices at the
MT. VERNON TOBACCO BARN

Richmond Street, Mt. Vernon, KY
July 1st thru July 6, 1997

✓ Check the prices on these babies:

WINSTON Cigarettes	All Styles	\$9.99
CAMEL Cigarettes	All Styles	\$9.99
DORAL Cigarettes	All Styles	\$6.79
KOOL Cigarettes	All Styles	\$9.49
GPC Cigarettes	All Styles	\$6.29
MISTY Cigarettes	All Styles	\$6.79

While Supplies Last!

✓ The Tobacco Barn wants to thank all our loyal customers who have become our friends over the years by offering you these mind-blowing, red-hot prices. Come on in & save a basketful of money today!

✓ Smokers are always welcome. While you're here check out our low prices on other major brands of cigarettes.

The Signal office will be closed Fri., July 4, in observance of Independence Day

Have a Happy and Safe 4th of July Holiday

Holy Cow! What a price!

SURGEON GENERAL'S WARNING:
Quitting Smoking Now Greatly Reduces Serious Risks to Your Health

County Statistics

Deeds Recorded

Curtis L. and Darla Miller, real property located in Rockcastle County, to Timothy B. and Pam Harding, Tax 118.50.
 Raymond Daugherty, real property located in Rockcastle County, to Walter Michael Howard, II, Tax 3.50.
 Farmer Waddle, real property located in Rockcastle County, to William Hardin and Shirley Waddle, Tax 1.00.
 Clyde Waddle and Farmer Waddle, real property located in Rockcastle County, to Hardin and Shirley Waddle, Tax 1.00.
 Clyde Waddle, real property located in Rockcastle County, to William Hardin and Shirley Waddle and Farmer Waddle, Tax 50.
 William Hardin and Shirley Waddle, real property located in Rockcastle County, to Farmer Waddle, Tax 50.
 Inez Hansel, real property located in Rockcastle County, to Bobby L. Hansel, Paul E. Hansel, Larry B. Hansel, No tax.
 Master Commissioners Deed for real property located in Rockcastle County, to Reta Margaret French, Tax 1.50.

James E. Cash, III, real property located in Rockcastle County, to John Boenic and Karen Saylor, Tax 50.00.
 Wesley Lambert, real property located in Rockcastle County, to Howard, Jr., and Doris F. Moore, Tax 22.00.
 Paul E. and Virginia Lee Hansel, real property located in Rockcastle County, to Roy G. and Flora Mae Brown and Charles and Kathleen Staton, Tax 25.00.
 Jean and Arvil McGuire, real property located in Rockcastle County, to Henry C. and Linda L. Avery, Tax 42.00.
 Russell G. and Magdalene Bullock, real property located in Rockcastle County, to Robert H. Bustle, Tax 32.00.
 Lewis Chaney, real property located in Rockcastle County, to Steve and Etta Chaney, Tax 22.00.
 Lewis Chaney, real property located in Rockcastle County, to Steve and Etta Chaney, Tax 5.00.
 Howard W. and Mildred Jean Harding, real property located in Rockcastle County, to Timi Reedy, Tax 25.00.
 Keith and Ruth E. Vance, real property located in Rockcastle County, to Benjamin Harold and Patricia Diane Vance, No tax.
 Lavada Crawford, real property located in Rockcastle County, to Ambres C. and Donna Kay Rader, Tax 10.00.

Carter Lynn and Carla Clontz Parsons, real property located in Rockcastle County, to M.S.P.C. Development, Inc. Tax 100.00.
 Wayne and Rosa Lee Jasper, real property located in Rockcastle County, to M.S.P.C. Development, Inc. Tax 50.00.
 Gary and Annaleen Holman, real property located in Rockcastle County, to Owen and Helen Noel, Tax 50.
 Ulina Katrina Taylor Reach, real property located in Rockcastle County, to Benny Wayne and Judith K. Childress, Tax 20.00.

Marriage Licenses

Julia Ann Hood, 27, Akron, Ohio, secretary, to Dennis Keith Griggs, 36, Akron, Ohio, auto technician, June 27, 1997.
 Julie Kaye Childress, 23, Livingston, secretary, to Robbie Darnen Gaines, 23, Livingston, Laurel Board of Education, June 27, 1997.
 Margaret Joyce Cobb, 47, Mt. Vernon, Rockcastle Manufacturing, to Vernon Bruce Houk, 47, Mt. Vernon, farmer, June 27, 1997.
 Amy Renee Richards, 19, Mt. Vernon, nursing assistant, to Jeff Richard Navarre, 22, Mt. Vernon, mechanic, June 26, 1997.
 Serra Gail Poynter, 26, Mt. Vernon, Rockcastle Manufacturing, to Tony Lynn Mills, 27, Mt. Vernon, KI, June 25, 1997.
 Melissa Jean Mullins, 19, Crab Orchard, American Greetings, to John David Wilson, 23, Berea, AJAX Magnathemics, June 21, 1997.
 Kristy Leigh Graham, 24, Mt. Vernon, teacher, to Troy Jason Isaacs, 24, Berea, production, June 24, 1997.
 Jenise Kay Masters, 22, Crab Orchard, substitute teacher, to David Wayne Coffey, 22, Mt. Vernon, welder, June 24, 1997.
 Anna Mae Doss, 46, Berea, disabled, to Jerry Lavin Shelton, 40, Berea, disabled, June 24, 1997.

District Civil Suits

Central Financial Services, Inc. vs. Earl Overbey, Et Ux, complaint for \$2,829.98 claimed due on promissory note. 97-C-00121.
 Virgil Foster vs. Marion R. Tittle, complaint for \$1,500.00 claimed due on promissory note. 97-C-00122.
 Rockcastle County, Kentucky on relation of Commonwealth of Kentucky vs. Michael and Laura Doan; William and Malissa Damrell; Larry J. Cammins; Brenda S. Clark; Ronnie and Brenda Hillard; W.R. Dwan, Est. Et Al; Bruner and Mary Ann Gilliam; money claimed due on real estate taxes. 97-C-00123 through 97-C-00129.
 Carlos F. Lawrence vs. Mark Parsons, Et Al, forcible detainer complaint. 97-C-00130.
 Housing Authority of Mt. Vernon vs. Peggy Sanders, forcible detainer complaint. 97-C-00131.

Small Claims

Shirley Marie Gaston vs. James Goforth, \$1500.00 claimed due for damage. 97-S-00031.

Circuit Civil Suits

Michele L. Bond vs. Frank E. Bond, URESA. 97-CI-00133.
 Commonwealth of Kentucky, Ex Rel. Lisa Ann Price vs. Benjamin Scott Price, complaint for child support. 97-CI-00134.
 Henrietta Thomas vs. Robin K. Elbert, complaint for damages

claimed due as result of auto accident. 97-CI-00135.
 David Bullock vs. Elizabeth Bullock, petition for dissolution of marriage. 97-CI-00136.

District Court News

June 16, 1997
Hon. Walter F. Maguire
 Michael R. Bradley: Reckless Driving, \$100 and costs.
 Donnie O. Cromer: No insurance, No Ky. Registration Plates, warrant issued, license suspended for failure to appear.
 Edward Eugene Davis: Speeding, license suspended for failure to appear.
 Robert C. Fields: OMV Und. Inf. Intox. Bev. \$200 and costs, \$200 service fee, \$10 VCF, 2 days/time served.
 Lloyd Henry: OMV Und. Inf. Intox. Bev., \$200 and costs, \$200 service fee, \$10 VCF, 2 days/time served.
 Phillip Kirby: License to be in possession, \$25 and costs; No Registration Receipt, \$20 fine; Inadequate Silencer (muffler), \$20 fine.
 Jeffery E. Kirkpatrick: Fines due (\$57.50), warrant issued, license suspended.
 Noel Keith Mason: Fines due (\$722.50), warrant issued, license suspended.
 Donnie Murray: Fines due (\$707.50), warrant issued, license suspended.
 Henry Parker: Improper start, \$20 and costs.
 Jason H. Ritchie: Failure to wear seatbelts, \$25 and costs.
 Jimmy Robbins: Alcohol Intoxication, \$25 and costs; Contempt of Court, \$50 fine.
 Angela K. Samples: Permit unlawful operation, \$20 and costs.
 Larry Sidham: Fines due (\$132.50), 30 days for non-payment of fine, to pay or appear 8/18.
 Billy Burl Watkins, Jr.: Operating on suspended license, \$100 and costs and 10 days.
 Michael Ray Baltes: OMV Und. Inf. Intox. Bev. \$200 and costs, \$200 service fee, \$10 VCF, 9 days/time served; Possession of marijuana, 9 days/concurrence.
 James C. Linville: Operating on suspended license, \$100 and costs (Cont. to B3)

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 CENTRAL BOILER



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 Multi-Story Home, Shop, Barn, Domestic Water, Pool, Greenhouse, Etc. With Clean, Safe, Efficient Wood Heat

Works with any existing system!

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Ground
Beef
.89 lb.

SAVE A LOT

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White or
Red Grapes
.89 lb.

Ph. 256-9810 FOOD STORES 910 W. Main St.

<p>Extra Savings Delicious Whole Watermelon 2⁹⁹</p>	<p>Extra Savings Juicy Cantaloupe 1¹⁹</p>	<p>Extra Savings Boneless Sirloin Steak 1⁹⁹</p>	<p>Extra Savings Country Style Pork Ribs 1³⁹</p>
<p>Extra Savings Juicy Ripe Peaches or Nectarines .69 lb.</p>	<p>Extra Savings Red Ripe Plums .69 lb.</p>	<p>Extra Savings Family Pack Sirloin Tip Steak 1⁶⁹ lb.</p>	<p>Extra Savings Family Pack Fryer Leg Quarters .39 lb.</p>
<p>12 Pack Pepsi 2⁸⁹</p>	<p>20 lb. Bag Charcoal 3²⁹</p>	<p>Charcoal Lighter Fluid 1¹⁹ <small>32 oz.</small></p>	<p>12 oz. pack Fischer's .99 Weiners</p>

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Elected to State FFA office

Chaliff attends National FFA Leadership Conference

Matt Chaliff has been elected to a state FFA office as Ky. River Region State Vice President and attended a National FFA Leadership Conference for State Officers June 17-20. The conference, held in Gatlinburg, Tennessee, was for state FFA officers from Kentucky, Ohio, Michigan and Tennessee. It is one of 10 national leadership training conferences being held across the nation.

Chaliff, 18, is the son of John and Pam Chaliff of Mt. Vernon.

The FFA conference is designed to improve leadership and communication skills, supplement training provided by state FFA associations and foster an understanding of current agricultural issues. It also provides a forum for the exchange of ideas

among officers from several states.

A highlight of the meeting is the opportunity to work with national FFA officers: Carey Rosenbusch, National President of Texas and Charlie Jones, Southern Region National Vice President of Alabama, who are conducting the conference. The officers will present workshops in communications, team building,

media training, group dynamics and membership development, among others. These activities are designed to help prepare the officers for effective leadership roles in their states.

The National FFA Leadership Conference for State Officers is sponsored by Merck Ag Vet Division of Rahway, New Jersey, as a special

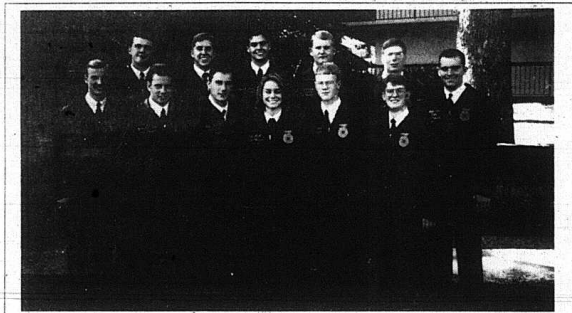
project of the National FFA Foundation, Inc.

FFA is a national organization of 452,885 members preparing for leadership and careers in the science, business and technology of agriculture. The organization has 7,263 local chapters located throughout the United States, Puerto Rico, Guam

and Virgin Islands. FFA's mission is to make a positive difference in the lives of students by developing their potential for premier leadership, personal growth and career success through agricultural education. Local, state and national activities and award programs provide opportunities for students to apply knowledge and skills learned in the classroom.



Mark D. Carpenter, a 1997 graduate of RCMS, received the Governor's Kentucky Tech Scholarship of \$2,500 per year. Mark will attend the Ky. Tech Laurel County Campus where he will pursue a career in Computer Aided Drafting. A banquet was held in honor of all the scholarship recipients at the Governor's Mansion in Frankfort. Presenting the scholarship in the photo from left is Rodney Cain, Secretary of Workforce Division, First Lady Judi Patton, and Jeanette Downs, Director of Department of Technical Education.



Front row from left: Corey Rosenbusch, National President; Matt Ingram, State FFA President; Robert Todd, Green River Region State Vice President; Raven McMaine, State Treasurer; JD Gentry, State Reporter; Ryan Williams, Lake Cumberland Regional State Vice President; Charlie Jones, National FFA Southern Region Vice President. Back row from left: Brad Brammel, Big Sandy Region State Vice President; Robin Rhea, State Secretary; Matt London, State Vice President; Ryan Bivens, Northern Kentucky Region State Vice President and Matt Chaliff, Ky. River Region State Vice President.

Local students named to EKU Spring Semester President's List

Five Rockcastle Countians are among 464 students at Eastern Kentucky University named to the President's List for spring semester study.

The List includes senior, Rita Hayes of Brodhead, who majors in Moderate to Severe Handicap K-12; senior, Anthony Lawrence, of

Brodhead, Clinical Laboratory Technology; sophomore, April Abney, of Mt. Vernon, English; freshman, Anita O'Neal, of Berea, Accounting and freshman, Janice Wheat, of Mt. Vernon, Social Work.

"We're delighted that some of Rockcastle County's best and brightest students are studying with us at

Eastern, where the top priority remains teaching," said Les Grigsby, director of EKU's Division of Admissions.

The President's List was established by the University to recognize outstanding academic achievement. It is bestowed upon full-time undergraduate students who attain a perfect 4.0 grade point average for a semester.

Rockcastle students honored by UK Deans

Two students from Rockcastle County have been honored by the University of Kentucky for outstanding academic work.

The UK students were named to the dean's list of their respective colleges for the spring semester 1997 and are among the top five percent of all undergraduate students enrolled at UK.

"We are proud of the ever-increasing academic quality of our students," said UK President Charles T.

Wedington, Jr. "Students who are being honored for achievement in their studies deserve our recognition and appreciation for their hard work and efforts."

The Rockcastle County students are Marilyn Coffey, a senior and Hugh Garrard Nevin, a junior.

Ford special guest at SCC Advisory Board meeting

Somerset Community College's Advisory Board had its first meeting since the special session of the State's Legislature approved Governor Paul Patton's Higher Education Reform Bill. A special guest at the June 19th meeting was State Representative and Minority House Leader Danny Ford, of Mt. Vernon, along with Representatives Tommy Turner, Somerset and Jeffrey Hoover, Russell Springs; and Senator Verne McGaha, Russell Springs, who worked tirelessly on behalf of SCC and the other community colleges to prevent taking the community colleges from the University of Kentucky.

Representative Ford discussed the higher education reform bill and the transitional process of the community college in the new system of the Kentucky Community and Technical College System.

Under the new legislation, the present advisory boards become the boards of directors at the community college. Their duties include: hiring and evaluating the community college president; approving the budget

request of the college; adopting an annual operating budget, subject to the approval of the Board of Regents of the Kentucky Community and Technical College System; and developing and implementing a plan for programs based on local community needs.



Rollin J. Watson, SCC president, said, "We are fortunate to have such a strong board here at the College." He challenged the Board to take the leadership role in helping the College provide high quality education to this area.

**Classified
deadline is
NOON Tuesday**

RCMS students recognized
Lindsey Parsons, daughter of John and Jeannine Parsons, and Josh Lyons, son of Jeff and Melanie Lyons, were recognized as Rockcastle County Middle School Student-Athletes of the Year at the South Central Middle School Conference Banquet. The eight-team conference recognizes one female and one male eighth grader from each school for outstanding academic achievement. Awards and meals for the students and their parents were sponsored by Pepsi-Cola of Corbin.

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DEAR SIR:

I WOULD LIKE TO THANK YOU FOR YOUR SERVICES TO MY FAMILY DURING THE FUNERAL ARRANGEMENT AND FUNERAL SERVICES FOR MY MOTHER, PAULINE BOND. I DO GREATLY APPRECIATE HOW WELL EVERYTHING WAS ARRANGED AND HOW HELPFUL YOUR STAFF WAS. AT A VERY PAINFUL AND DIFFICULT TIME IN OUR LIFE, YOU WERE WONDERFUL. I HAVE HAD RECENT CONTACT WITH SEVERAL FUNERAL HOMES HERE IN CINCINNATI, AND THEY NEED TO TAKE A FEW LESSONS FROM THEIR COUNTRY COUSINS. AGAIN, THANK YOU.

SINCERELY,

Marty Bond Ellison
MARTY BOND-ELLISON

Dear Roy, Billy and Staff,

Our family was so pleased with the arrangements for Dad's services.

As usual, you provided our family with peace of mind in knowing that every wish we had was carried out in a professional, yet personal way.

Your kindness will always be remembered and the extra considerations will remain in our hearts.

TO STAFF,

DR. REDDEN AND I WOULD LIKE TO THANK YOU FOR THE PROFESSIONAL MANNER IN WHICH YOU HANDLED THE SCHUMAKER TRAGEDY. NEEDLESS TO SAY IT WAS A TREMENDOUS SHOCK TO ALL FAMILY AND FRIENDS AND YOU ALL HELPED MAKE THIS A LITTLE EASIER TO BEAR.

IT IS SUCH A RELIEF TO WORK WITH PROFESSIONALS WHO ALSO DEMONSTRATE A COMPASSIONATE AND CARING SIDE.

IF WE CAN EVER BE OF SERVICE TO YOU IN ANY WAY PLEASE CONTACT OUR OFFICE. ONCE AGAIN THANK YOU! GOD BLESS!

We've been providing thoughtful, caring service to Rockcastle area families for many years . . .

Always have Always will

Billy and Roy,

We just wanted to thank you for everything you did for our family in our time of grief. You did so much to make it easier on all of us.

First, we want to say thank you for being our luck the day we made arrangements for the funeral.

Also, we want you to know how grateful we are for your many kindnesses at the funeral home - staying open so much longer than planned, the personal attention showed to each of us and our friends who shared our grief. For letting us take our time in making arrangements and selecting the casket, for having the graveside service set up at a more convenient location for everyone. But, mostly for the time & attention to detail you spent on making our Mom's funeral look so beautiful, without any evidence of her injuries. Words cannot express how much we appreciate that.

With warmest thanks,

Mr. Billy Rowell and Mr. Roy Martin,

I just wanted to let you know how nice you made our last time with my grand mother, "Jane Smith".

Your care and concern, not only with my grand mother, but with all who came to say fare well was greatly appreciated.

Grandma would have been proud at how well you made her look.

I think I speak for the whole family when I say "Thank You" for understanding and being sensitive in our time of grief.

You have a lovely funeral home and all who attended to us were extremely professional and courteous.

Thank you all for making our trip to you home more pleasant.

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