

Veteran of 34 year coaching career holds county record of most consecutive wins

by Nikki Barnett

The tall, soft-spoken man who sits at the round table and greets students and teachers every morning is more than he appears.

The Jackson County native was an excellent athlete in his teen years and still holds the record as the winningest coach in Rockcastle County sports history.

"When I started playing basketball, we had two goals with only a rim. One goal was nailed to a pine tree and the other to an oak. It didn't matter if it was raining or the sun was shining, we still played," said Mr. Preston Parrett, who now serves as attendance monitor at RCHS.

Throughout his school years, Mr. Parrett not only played forward and center positions in basketball, but also fast-pitch softball. Basketball has always been "his thing" though; he even played in the Marine Corps and at Sue Bennett College.

"I've always enjoyed sports and enjoyed playing, especially basketball, even as a child. That is the reason I became a coach," Mr. Parrett said.

He coached the Livingston High School

boys' team for 18 years and then the seventh and eight grade team for four years. Then came the consolidation, which brought about Rockcastle County High School and girls' basketball, and he decided it was time for a switch.

This switch brought about 69 consecutive wins for him with his seventh and eight grade girls' teams over the 12 year period. His total coaching years were 34.

Mr. Parrett was the first girls' basketball coach at the old Livingston Elementary, which closed several years ago. His success with this team earned him the county record of the coach with the most consecutive games won.

"I enjoyed being around the kids and the fact that if you are a coach, you get in all the games free," laughed Mr. Parrett.

In the classroom he taught history, geography, government, physical education, and civics. When he retired from teaching he had to give his coaching up, because in Kentucky head coaches are required to be a classroom teacher.

Rocket winning streak broken by tough Lexington Catholic

by Jeff French and Chuck Bullock

After the first game of the season and the loss to South Laurel, some fans decided this season would be the worst ever for the Rockets. However the "Old Rockets" quickly began to emerge. The second game of the season marked the beginning of a nine-game winning streak broken finally in the regional playoffs with a tough Lexington Catholic.

"The score did not indicate how the actual game was played. We dominated most of the game as far as ball control and yardage, but Lexington Catholic scored on big plays. We made a few mistakes, but overall played real well. Our defense played a superb game, but were out-matched on speed and offense," said Coach Tom Larkey.

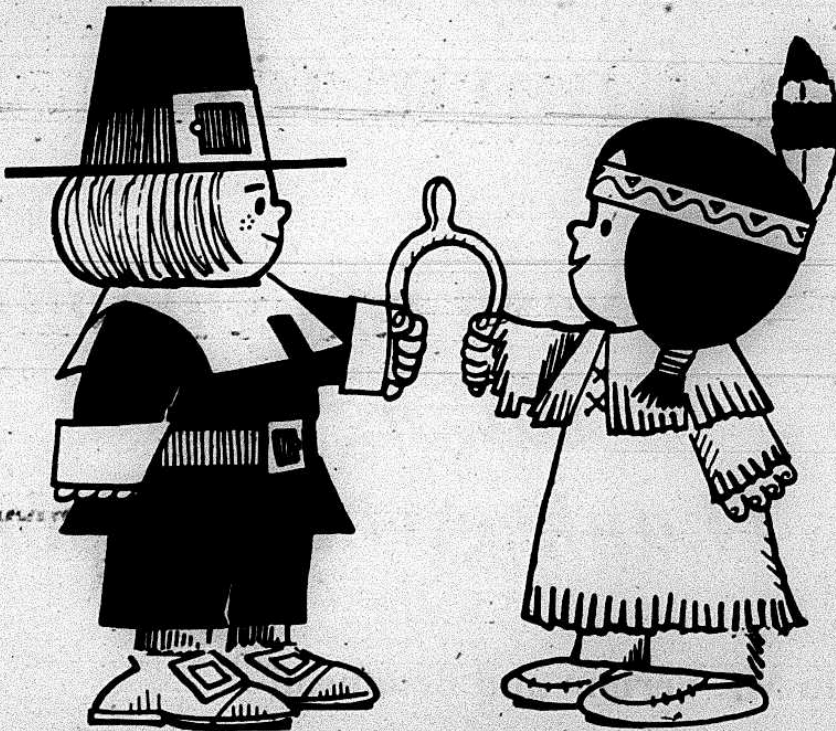
Lexington Catholic scored very early in the first quarter and then ran a 60 yard touchdown from the Rocket kickoff following the Rocket's only touchdown in the second quarter. Catholic scored twice more in the last half and the game ended with a 28-7 loss.

Senior Quarterback Chris Bishop rushed four times for 15 yards and scored the only touchdown for the Rockets. Senior Nathan Deleon caught four passes for 33 yards and Dusty McClure caught one pass for 10 yards.

Junior Andy Hale also caught two passes for 37 yards, and junior Andrew Carrera rushed 27 times for 111 yards. He was the leading rusher of the game for the Rockets. Junior Brooks Ingram also rushed five times for 29 yards.

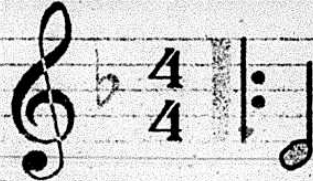
"Personally, I believe that we man-handled Catholic in every aspect, except the score, but even though we lost, I am very proud of my teammates especially the underclassmen that gave their all to make this the best part of my senior year," said Nathan Deleon.

The Rockets finished another winning season with a record of 9-2 and a district championship. Since being in AA, the Rockets have finished first four years and runner-up the other three. To many of the Rocket fans, this was an incredible season, much better than everyone expected.



A
Sincere
Wish
For
A Good Old
Thanksgiving

from
Jeff Burdette
Attorney-at-law
Mt. Vernon



Music Reviews

by Josh McKibben



Green Day "nimrod."

Reprise Records

The "Crown Princes of Punk" are back with a rowdy follow-up set to their previous breakthrough albums "Insomniac" and "Dookie."

"nimrod." show a more mature, more experienced Green Day as Billie Joe & company blast out a punk-edged barrage of hard rock songs.

The first single, "Hitchin' a Ride," begins with a Middle Eastern violin ditty, followed by a snappy, bass-chomping tune, and ending with a raging, angst fit.

"Worry Rock" is a less pretentious, groove-rock track where, for once, Billie Joe gets to take his guitar wizardry to the limit.

If you were to tell a Green Day fan that their heroes would have an acoustic ballad on their latest album, they would probably tell you that the odds of that happening are about the same as

AC/DC ever making a decent song.

Unbelievably, though, "Good Riddance (Time of your Life)" is an acoustic-based love song accompanied by an orchestral string section in the background to add to the already -lightened mood.

"nimrod." is a trite different then Green Day's previous efforts, but then again, change is good.

With this album critics will not only crown Green Day as the "Princes of Punk", but in general, the "Princes of Rock".

Rating: 7

R.L.Y.L. Rancid, NOFX

Everclear

"So Much For the Afterglow"
Capitol Records

Examine the Seattle, Washington music scene. It can boast as to being the hometown responsible for the success of bands such as Pearl Jam, Alice in Chains, and Soundgarden.

Drop to the south, and the city

of Portland, Oregon. You probably don't know of any bands that sprung from this Pacific Coast town. Enter Everclear.

Everclear's last album, 1995's "Sparkle & Fade," put this Portland trio on the map, due in large part to the success of the single "Santa Monica (Watch the World Die)."

Unfortunately, "So Much For the Afterglow," hasn't had as much commercial appeal, but in my estimation, is the most underrated album of the year.

The album's meager debut at #36 on Billboard's Top 200 Albums, and it's first single, "Everything to Everyone," peaking at a disappointing #4 on Billboard's Modern Rock Tracks is a sign of the fascist labelling that all alternative bands are one-hit wonders.

"Everything to Everyone" has one of the most unforgettable intros, beginning with the beeping sound a semi-truck makes as it's backing up, followed by a startling drum compilation, and lead singer,

Art Alexakis', "You put yourself in stupid places/Yes, I think you know it's true..."

Everclear's aggro-punk sound, is quite apparent on the title track, and their lighter side can be found on the earthier "I Will Buy You a New Life."

Each of the tracks on the album sound like potential winners, but since radio and television have forsaken Everclear, don't expect "So Much For the Afterglow" to make a very big splash.

Rating: 9

R.L.Y.L. Foo Fighters

Subrosa

"Never Bet...Your Head"
550/Epic Records

Adrenaline: it fuels musicians. Rage: the driving force behind the adrenaline. Anger: the product of rage and adrenaline.

Each of these characteristics sum up the feelings of the grunge/metal/rock band, Subrosa.

Originally, Subrosa, along with two other band members, made

up the alternative band, For Squirrels, but a plane accident ended the lives of For Squirrels' lead singer and drummer.

Consequently, For Squirrels' lead guitarist, Michael Tooke, found a new drummer, and the original bassist, and took over the helm of lead singer as well, creating Subrosa.

Their first album, "Never Bet...Your Head" is pure rage, as best exemplified on their first single, "Buzzard," which is a head-banger's delight.

"Madness is Genius By Design" is a psychomp masterpiece, taking a page from the wild guitar antics of White Zombie's "More Human Than Human," with the memorable chorus, "Tell me all your secrets darling/They'll come back in time!"

The closest thing to a slow song can be found on "Murder an Angel," giving a rare look at Tooke's seething vocals, over a varied range of guitar samples.

In Medieval times, the word "subrosa" meant "under the rose; in this case, "Subrosa" means "great music."

Rating: 9

R.L.Y.L. Nirvana, White Zombie

Rating Scale: 1-10

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Thrill-seeking movie-goer shouldn't miss *I Know What You Did Last Summer*

by Jeff French and Chuck Bullock

I Know What You Did Last Summer, directed by Wes Craven, was 10 times better than *Scream*, which he also directed.

Craven is also known for wonderful directions of *The Wishmaster* and *The Nightmare on Elm Street*, but his most recent thriller clearly outshines the earlier ones.

The suspense-filled movie is about four teenagers who have an accident while returning home from a party.

While going home on a bad road, a man suddenly walks out in front of their vehicle and the teenagers are unable to avoid hitting him.

After going back to see about him, they decide he was dead and decide not to report it to the police because they had been drinking. They ended up throwing the body into the ocean thinking that their problems are over, but they were just beginning.

It is a really great movie. If you are a thrill-seeking movie-goer, you don't want to miss this one.

Musical score and dark photography enhance chilling mystery of *Kiss the Girls*
by Kelly Lane

A cross between *Silence of the Lambs* and *Seven*, the new movie *Kiss the Girls* is a non-stop, suspenseful thriller that keeps the audience engaged for 120 minutes.

Morgan Freeman and Ashley Judd lead an all-star cast in a movie about love, kidnapping and murder. Judd gave a powerful performance as a medical student who uses her wit and will to escape her captor.

The musical score enhanced the chilling mystery and the dark filming added to the overall scary effect.

The filmmakers do an excellent job of leading the audience to believe the villain is everybody but who he turns out to be, which is a real shock. The movie is worth your bucks.

Movies for All Moods

If you are looking for a particular kind of movie for particular mood you are in, the following listing of classics might be the direction you need.

A little sad and need a good cry, rent one of these old standbys: *Steel Magnolias*, *Terms of Endearment*, *Up Close and Personal*, *My Girl*.

Feel the need to get the adrenalin flowing? Try *Halloween*, *The*

Exorcist, *Poltergists*, or *It*.

If you are down and need a little cheering up, you can't watch these with a glum face: *Happy Gilmore*, *Bullet Proof*, *Dumb & Dumber*, or *Tootsie*.

If your mood is wild and adventurous, and don't mind a little blood, watch: *Tombstone*, *Top Gun*, *Terminator*, or *Rambo*.

UK's Singletary Center hosts art show of note

Sculpture by Rodin, famous for "The Thinker" and Roszak, the sculptor who did Mt. Rushmore, paintings by Picasso, Goya, and other noted artists, and a large selection of photography by famous photographers is currently on display at the University of Kentucky's Singletary Center for the Arts.

Mr. Lawrence Bullock, art teacher at RCHS, says these are works he has not seen in any of the museums close by.

The art show is on tour and will be at the Center until November 30 and then it goes to New York and Wisconsin.

The Center is located on the corner of Rose and Euclid.

The show is free. Hours are noon to 5 p.m., Tuesdays through Sundays.



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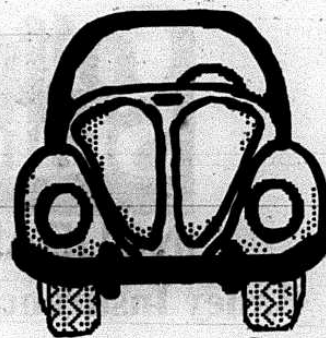
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Book Chat



The Word On Words



Book Reviews
by
Glennys Pulliam

you're looking for a weird book, this is it.

Rating:***

Story vividly tells effects of abuse

by Christina Mahaffey,
guest reviewer

The story of Grace Adams in *Malice* by Danielle Steel was a heart-wrenching tale of a girl's life as a victim of her father's sexual abuse which leads to her imprisonment for killing him.

When Grace was 13 years old, her mother developed uterian cancer and the abuse began.

The night of her mother's funeral, her father brutally assaulted her, and she shot him.

The events of her early life came back to haunt her when her husband ran for senator. The scandal nearly caused the breakup of her marriage and caused her to lose a child she wanted so much.

This is one of the best books I have ever read. It makes you see through the victim's eyes and just what children go through with sexual abuse. Danielle Steel fans need to read *Malice*. Rating: ****

From the Shelf:

New shipment arrives for the library stacks

Over 150 new books have arrived in the library and Ms. Wells and her aide have just finished processing them and getting them ready for readers.

Among the new titles are those below:
We Are Witness - Five diaries of teenagers who died in the Holocaust.
David and Jonathan - Two best friends who are separated by a disturbing family member.

River Rats - A crew of orphans run the river after a Nuclear Holocaust.

Teacher's Pet - A deranged girl lusts after her favorite author.

Blitzcat - About a lady's strip that takes her into the heart of war.

Breathing Lessons - On the road to a funeral a couple takes some detours and learn how ordinary their lives really are.

Emergency Room - Diana and Seth must struggle to find their roles in a place unlike any they've ever experienced, a dizzying world of excitement and horror, hope and despair.

The Rocket is printed on paper which is partially recycled.



An oldie, but goodie for fantasy lovers

If you know fantasy, then you know Piers Anthony and Mercedes Lackey. Together they have written a book called, *If I Pay Thee Not in Gold*.

It is set in Mazonia, where women rule due to magic character of Xylina, a poor young woman whose mother challenged the queen.

The book follows her through her woman-trial, in which she proves her magic and gains a faithful slave, Faro.

Later, she learns that she has an enemy in the queen. Through the story, she leaves the country, commands an army, falls in love with a demon, and finds a crystal shard that enhances her power.

The book has a very good story line and well-developed characters. Check it out.

Rating: ****

Strange storyline, but intriguing

The book *A Clockwork Orange*, makes you wonder if the author, Anthony Burgess, was taught English and spelling in school. In combination with his strange words, he has a strange plot.

Alex is a boy who is still in school, yet he runs rampant at night with his "Droogs" trashing train cars and raping girls. He has been in multiple corrective schools.

One night, he and his gang accidentally kill an old lady, but then they turn on Alex. Blinded and bleeding, he is dragged off to Staja (State Jail) where he's used as a guinea pig for a new treatment program.

You'd have to read this book to believe it. Even though it's somewhat hard to understand, it has a followable story. I f



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Aries (3-22/4-19) You will become more in charge of your destiny. The focus is on love and money. You are all set to make an impression on important people. Gemini involved.

Taurus (4-20/5-20) This is not one of your better months. Stand firm with choices that you make. You and a friend will have a big disagreement. All will turn out well in the end.

Gemini (5-21/6-20) This is the month for you. A Leo will declare love for you. The person might be a joker, but no joke about this!

Cancer (6-21/7-22) This month just lay back. Let someone else take charge. Rest and relaxation are in the stars for you.

Leo (7-23/8-22) Don't make snappy decisions. The right one will come to you, and if not wait; there is no rush. Be leary of Pisces.

Virgo (8-23/9-22) The Lunar is in position for highlights. This is no time to be shy. Take charge. Your future will behold something grand.

Libra (9-23/10-22) Romance is not dead. Don't give up on love. Venus will turn in your favor. Keep your anger in check.

Scorpio (10-23/11-21) Time for a fresh start. The past is the past and today is today. New love is looking for you. Don't waste time.

Sagittarius (11-22/12-21) Your pocket will be full of unexpected riches this month. Enjoy. You will gain and lose money and friends.

Capricorn (12-22/1-19) A Virgo is very much in your future. Rumors will get started, but pay no mind. You know the real story.

Aquarius (1-20/2-18) Keep options open. Have some patience. Spend time with family members who are needing you right now.

Pisces (2-19/3-20) This is your time to shine. A wonderful surprise is in store for you. Make the most of it and don't forget to say "thanks."

If your birthday is this month: *Everything seems to turn gold when you touch it. Avoid all contacts with a certain Taurus. The person is out to get you!*

News to Abuse

by Becky Davis

- * Slugs have four noses.
- * Men are six times more likely to get struck by lightning than women.
- * A cow produces 200 times more gas a day than a human.
- * Both dogs and cats are either right or left pawed.
- * Some ribbon worms will literally eat themselves if there is no food available.

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Fun games to play with your friends and family this Thanksgiving:

by Becky Davis

1. At the dinner table have a competition with your cousins to see who can stick the most turkey bones up their nostrils.

2. Take a piece of raw turkey skin and wrap it in an old bubble gum wrapper. Give it to a sibling, cousin, or grandparent and tell them that it is a new type of gum and that it tastes really yummy.

3. While Grandpa is sleeping, smear whipped cream all around his mouth. When he wakes up, go around the house shouting, "Somebody get the gun! Grandpa has rabies!"

4. Here's a game called "hide and go stink." After everyone has finished eating and is out of the kitchen, get some of the left over turkey or ham. Hide it in furniture, such as sofas, chairs, or in beds. Don't restrict yourself to furniture; be sure to hide meat in you aunts' purses or coat pockets also. The fun begins days later as your relatives discover stinky surprises.

5. Take Grandma's dentures and drop them into the the cake mix. While everyone is eating cake, have a race to see who the lucky kid is who finds the dentures in their piece of cake. The winner gets to keep the dentures!

6. Play "head games" with Grandma. Ask each other where she is. This can be especially funny if you get the whole family involved. Ask one another, "Have you seen Grandma? Where could she be?" Continue to call her name, and when she says, "I'm right here at the table, everybody. Can't you see me?" just act as if you can't see her.

Dear Gabby

Dear Gabby,

My guy and I have been going out for about six months. When I'm away from him I cannot wait to be with him, but when I'm with him I wish he wasn't around. Also when he gets ready to leave, I don't want him to. Please tell me what's the matter with me and my relationship.

Crazy Feelings

Dear Crazy,

Don't worry so much! You are having a normal relationship. It's not the end of the world if you have these feelings sometimes, but if you have these feelings too much of the time, you are hiding the fact that you just don't have the same feelings for him anymore. It's time to say goodbye when this happens. Could it be you don't want him, but you don't want anyone else to have him?

Gabby

Dear Gabby,

The guy that I like is 22 and I'm just sixteen. I don't know whether to date him or not because he's so much older than me. What should I do?

What is the big deal about going with a guy who is older anyway?

Stuck on Age

Dear Stuck,

Where age is concerned there are no boundaries. In simplified terms, it doesn't matter his age if you really care about him. Consider this one problem though. What can you and a 22 year old guy have in common?

Some 22 year old guys are more immature and shy than some 17 year olds. I say go out with him once and see what happens. By the way, what do your parents say?

Gabby

Dear Gabby,

I'm in love with this guy, but he's off-limits. There's another guy that I also like, but I don't love him like I love the guy who's off-limits.

I have always heard that all is fair in love and war. Well this is love! I know it. If I can take him away from her does she really have him?

Tell me what to do; I'm so confused.

Lost and in Love

Dear Lost,

Get your head out of the clouds and see the light. You cannot have the guy that's off limits.

Think here a minute how would you feel if someone wanted your guy. Go for the guy who's free that's your best bet, and you'll feel better in the long run.

Who knows the other guy may become available.

Gabby

Dear Gabby,

I have been really depressed these past few months since I broke up with my boyfriend.

I really truly thought that he was the love of my life. Unfortunately he didn't feel the same. What should I do now that I'm all alone.

Lost without Love

Dear Lost,

This may sound blunt, but what you need to do is to get over it.

He obviously isn't all that committed to relationships.

Find you a person that is sensitive and caring and pick up the pieces and start a new relationship. Remember there's more fish in the sea.

Gabby

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Pg. A6

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Page A6

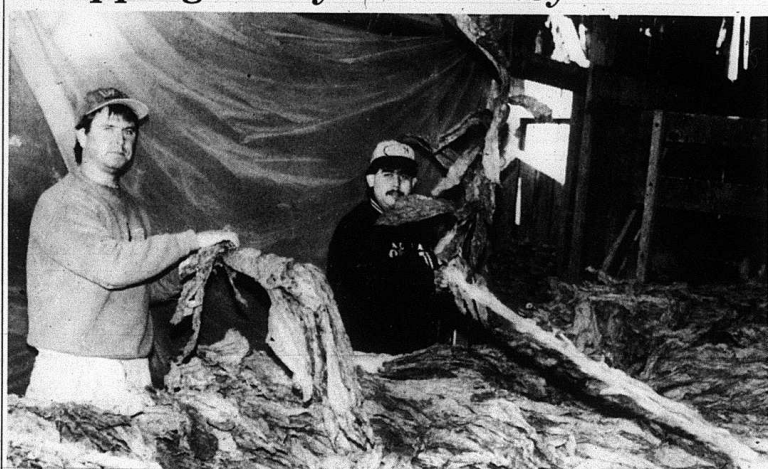
Mount Vernon Signal

Mount Vernon, Ky. 40456

Volume 112 - Number 8

Thursday, November 27, 1997

Stripping this year's burley



Jeff Burdette and Jason Carter were busy Monday trying to get some of Burdette's 11,000 pounds of tobacco stripped and ready for the market. The market opened on Monday with mixed prices for different grades of tobacco. The tips of the stalk brought the highest price with the middle leaves bringing the least. Farmers that did not grade their tobacco received only about \$1.76 a pound.

On Opening Day of Sales

Some tobacco brings \$2.05, averages \$1.90

Tobacco farmers beware - if you want more than an average price for your tobacco, grade it.

Tobacco sales started in Kentucky on Monday with an average price of \$1.90, about two cents lower than last year's average of \$1.92. But some tobacco, mainly the tips brought an average of \$2.05 a pound.

Rockcastle County Agricultural Agent Tom Mills, called opening day somewhat of a surprise.

At London, where Mills spent opening day, tobacco prices ranged from \$1.75 for non-graded tobacco to \$2.05 a pound for the tips. The first grade, or bottom of the stalk, brought an average of \$1.92 and the middle leaf brought an average price of \$1.85 to \$1.87.

There were some upset tobacco farmers, they have not experienced such different pricing in the past," Mills said.

Mills said that to get the best prices, tobacco farmers who are still stripping would do well to take the time to strip tobacco carefully in a two to three grade system depending on the tobacco's quality.

The major problem with the high prices for the top and bottom of the stalk is that only about 20 percent of the tobacco that will be sold falls into that category," Mills said.

However, Mills said there is a good chance that tobacco prices will increase. "Right now we are selling the early tobacco that is not as good as the late tobacco, that was cut in September and October," he said.

The late tobacco is much better than the early tobacco, especially in Rockcastle and Palaski Counties, so there is hope for a better price when the late crop is put on the floor," he said.

It could be after the first of the year before the best tobacco is actually sold, and this seems to be a season when buyers are bidding on tobacco, but there are specific qualities and kinds they want," he said.

Cont. to A-12

Brodhead man caught making false fire alarm

A Brodhead man who reported a bogus fire to Brodhead firefighters on September 24 pled guilty in Rockcastle District Court last Wednesday.

According to court records, Brent Powell, 20, reported a fire at Houston Point Subdivision on Hwy. 150, but when firefighters arrived at the scene

they found no such fire. Powell told dispatchers he was Raymond Maynard.

But, with the help of G.T.E. the call was traced to a home on Hwy. 461. After further investigation by police and firefighters it was later determined Powell made the call from the home of Reginald Pennington.

who was originally charged with falsely reporting an incident.

Rockcastle County Attorney Jeff Burdette said Powell admitted to making the call after Pennington was charged and that Pennington had nothing to do with the false report. Burdette said Powell would be required to perform community service and that

members of the fire department recommended that part of that service be painting the inside of the fire house.

Burdette said Powell would also be required to pay \$250 restitution to the fire department for the cost of the fire run and he would be placed on probation for two years.

Ford testifies before Health and Welfare committee

House Minority Floor Leader Denny Ford (R., Mt. Vernon) addressed the Budget Revenue Subcommittee on Health and Welfare on Wednesday, November 19th when he panel heard testimony relating to Medicaid reviews and nursing home patients. Because a private company hired by the state to review Medicaid patients is now applying standards more strictly than in the past seven years of its contract, some long-time nursing home residents are being told that they can no longer receive Medicaid assistance and will have to leave.

Since June, Healthcare Review Corporation has informed 131 Kentucky nursing home Medicaid patients that they are no longer eligible. Patients have already liquidated assets in excess of \$2,000 in order to qualify for Medicaid. Without assistance, many patients will be left destitute and with no place to go.

Rep. Ford became involved in this issue when families of area nursing home residents, contacted him with their concerns. Mrs. Gracie Hargis, 94 years old, has resided in a Somerset nursing home for ten years. Her many health problems include vascular disease, limited eyesight and inability to recognize family members. Yet by the stricter Healthcare Review standards, her family has been notified that Mrs. Hargis must vacate her Medicaid bed. Her case is currently under appeal to Healthcare Review and Medicaid will continue to pay only through the first appeal.

Sand Springs woman arrested

A Sand Springs woman was arrested last week by Rockcastle Deputy Sheriff Doug Thomas after he found stolen jewelry in her possession during a traffic stop.

Lydia Darlene Blackburn, 26, was charged with theft by unlawful taking over \$300.

Thomas arrested Blackburn after he recognized the stolen jewelry from a description given by Jamie Grubb of Livingston. Ms. Grubb's home was burglarized the day before.

Lambert home burns Sunday

The home of local attorney James W. Lambert was heavily damaged by fire Saturday night.

Mt. Vernon firemen responded to a call of a fire at Lambert's residence on Richmond Street around 2 a.m. The inside of the home sustained heavy damage from the fire.

Mt. Vernon assistant police chief Eddie Delaney said that two people spotted smoke and notified authorities. Firefighters believe the fire started in one of the bedrooms in the home. The former county attorney was out of the county at time of the fire.

Ethics Code to be amended

The Rockcastle County Fiscal Court was expected to go along with an amendment for a change in the local ethics code that involves public officials.

The code, which was passed in 1995, required that all elected officials and members of county boards, such as health, extension and water boards be required to file an annual financial disclosure.

That disclosure was simply a

statement of all incomes over \$5,000.

But, the local Ethics Commission decided last month that the financial disclosure was too broad and recommended that it be changed to require the disclosure of only county-wide office holders and magistrates.

Any candidate in next year's election will also be required to file a disclosure statement at the time they file for office.

Holbrook arrested on felony charges

A former Rockcastle County magistrate was released from jail Monday afternoon after he was arrested on Sunday night.

Former first district magistrate Charles D. Holbrook, 65, of Brindle Ridge was charged with a felony after a warrant was issued for him.

According to the warrant, Holbrook apparently shot several times at a vehicle occupied by Gary Denny around 5:30 Sunday afternoon. He was charged with Wanton Endangerment First Degree, a Class D Felony.

Denny, who formerly rented a home from Holbrook, told police he was driving by Holbrook on Hwy. 1505 (Brindle Ridge Road), when he (Holbrook) began firing at his car. Police said Holbrook was apparently standing near the road talking to Chris Poynter at the time the shots were fired.

Rockcastle Deputy Sheriff Doug Thomas arrested Holbrook and lodged him in the Rockcastle County jail.

According to court records, Holbrook posted a \$5,000 property bond.

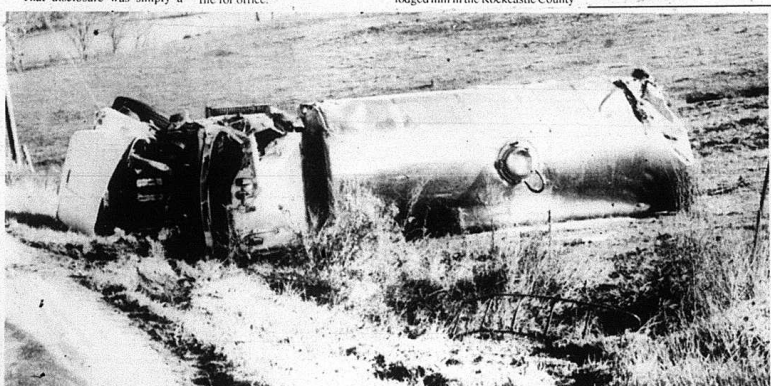
He will appear again in district court on December 10.

The former magistrate is already facing other charges brought against him in August. Holbrook was charged with assault, resisting arrest, disorderly conduct, criminal mischief and alcohol intoxication after an altercation with deputy Sheriff Ronnie Roark. He is due back in court on those charges December 17.

Open House

The Cumberland River Comprehensive Care Center Community Day / Open House is set for Thursday, December 4 from 11:00 to 2:30.

The annual event is held each year at the Comprehensive Care Center in Mt. Vernon.



Shannon Parkerson, 27, of Brodhead escaped serious injury when he lost control of the milk truck he was driving Tuesday morning. The wreck happened on Hwy. 70 near Willalla around 9 a.m. Parkerson apparently lost control, ran off the right shoulder, crossed the road hit an embankment on the left causing him to overturn and come to rest in a field on Don Thompson's farm. Parkerson was driving for Randall and Miron Caudill and the truck was about half loaded.

Viewpoints



Points East

By: Ike Adams

Turkey was mighty special on Thanksgiving when I was growing up. In fact, more often than not the turkey only had one bone, as in ham, and if it was a bird, chances were pretty good that it had spent a life time crowing or cackling instead of gobbling.

In the first place there wasn't much money in our household to spend on anything at the grocery store other than flour, sugar, salt and other staples. We grew about everything we ate and there are few members of the livestock family more aggravating to raise than a darn turkey. You can't keep 'em out of a garden and they'll starve a flock of chickens to death. A dog won't even eat a turkey egg. It takes 8 to 10 months to raise one up to slaughter size. All of which adds up to a lot of time and trouble better spent on doing something more productive if you live on a subsis-

tence farm. We did it a time or two, but my Dad used to say that it was easier and cheaper to raise a 400 pound hog than it was a 25 pound turkey. One year we slaughtered a big gobbler that we'd had on the place since back in March and Dad insisted that getting rid of him was going to cause him a lot more joy than carving him on the dinner table. Every animal on the place, including some biting dogs, were scared of him because he didn't back down from a fight and most of the time he was the one that started them.

He'd sneak up behind you at feeding time and flog the hide off your back-sides. It was nothing short of a miracle that he managed to live until Thanksgiving. I can't remember that he tasted anything special, but from then on when we did have turkey for dinner it was because somebody in

the family won him in a shooting match.

Of course, turkey is now the cheapest, and for that matter, the most nutritious stuff you can buy at the meat counter which means that our household now has it at least once a month and most of us have that thin sliced stuff that comes in a roll and passed off as turkey on sandwiches several times a week. When I say most of us, I mean everybody except me. I'd rather have one slice of Bologna than five pounds of shaved turkey breast but we're off the point.

I look forward to the Thanksgiv-

ing turkey because the ones we buy in the off season usually weigh somewhere in the eight to ten pound range. The one we have thawing right now takes up a whole shelf in the refrigerator and weighs just short of thirty pounds. I like a drum-stick about the size of a Louisville Slugger but what I really like is all that good dark thigh meat on sandwiches for the next four or five days.

But I'm also a lot like my Dad. If I had to raise the turkey, we wouldn't be having it at all. We'd be having the better part of a hog leg and thanking God just as earnestly as would if it had grown up in feathers.

Our Readers Write

Dear Editor,

On behalf of American HomePatient, a local provider of home care products and services, I want to call attention to the fact that November is National Home Care Month, especially in light of the recent scrutiny of our industry both government and the media. Unfortunately, most of the coverage has failed to convey the benefits of home care and the fact that most industry providers are honest, ethical and caring.

Home health care is one of the fastest growing sectors of the health care industry due to a number of factors, including the aging population, a trend toward shorter hospital stays, technological advances and greater awareness of the advantages of home care among both patients and physicians. Home health care helps keep families together, often prevents or postpones repeated hospitalizations, and is less expensive than inpatient hospital care.

During National Home Care Month, I want to recognize our patients and their families and the caring employees who serve them. We salute the nation's oldest form of health care and the principle upon which it was founded - to promote the health and welfare of society while sustaining the values of the patient

and the home. The home care industry deserves both recognition and thanks for maintaining this special tradition.

Sincerely,
Karen Adams
Regional Sales Manager

Dear Editor:

I was always taught to get a job and work an honest day and you'll get a fair wage for your labor. It worked for my grandparents. It worked for my parents. Today it isn't so.

Every day workers say they are working harder and working longer but have less to show. They hear on the news that the economy is growing stronger and stronger. And they wonder who's getting their share.

They feel that something's wrong with them - that if they could just work a little more, get their lives organized, climb out from under those unexpected expenses like roof repairs and medical bills, then maybe they could get ahead.

Something's wrong, all right, but not with these hard-working people who are playing by the rules. Something is very wrong with our economy, and it's time we put our hands and hearts and heads together to do something about it.

The economy has tilted to benefit the rich and burden working-class Americans. The stock boom sure isn't helping folks who aren't wealthy enough to play the market. And the big raises aren't going to the average worker. They're in the pockets of the very expensive suits of CEOs—who are putting people out of work by downsizing and moving jobs overseas.

Right now—a united labor movement has to begin reorienting the American marketplace and redirecting the economy. More of the bounty produced by our labor must be available to workers to build better lives, better futures and stronger families.

What is labor going to do to make the American marketplace fairer for workers and consumers? First, we're going to educate ourselves and all workers. We're going to learn and expose what's going wrong with economy, how it's happening and how we can stop it. It is no accident that the rich are getting richer while the rest of us falter. The very deliberate income shift in America is the result of a series of actions by corporate America. We have to show

it to every worker—and start working to change it.

That's not easy—right now, business bombards us with news by, for

and of the rich. Getting the truth out is a huge challenge. We'll all have to become professors of Common Sense. Economies for working families and to make every gathering of friends, neighbors, relatives and other workers our classrooms.

And if the economy is going to be redirected so that it doesn't benefit only stock market speculators—and CEOs who move our jobs to low-wage countries—we are the ones who will have to do the heavy lifting. We'll have to organize—and organize some more: in our unions, reaching out to other workers, for political and legislative and workplace action. Collective action by a strong and revitalized labor movement is the only tonic that can cure what ails America today.

Respectfully,
Paul W. Raymond
Business Manager
Kentucky Laborists' District Council

Dear Editor:

Citizens can now turn to the Internet to see if they are among 120,000 Kentuckians who may have rightful claim to \$60 million in unclaimed and abandoned property being held by the Kentucky Department of Treasury.

The Kentucky Treasury's Web site went on line at the address of: <http://www.kytreasury.com>.

Under state law, the Kentucky Treasury is custodian of unclaimed or abandoned property that has been left inactive over a set period of time, in most cases seven years. The most common types of unclaimed property are savings or checking accounts, stocks, dividends, unashed checks, certificates of deposit, matured or terminated insurance policies, traveler's checks, safe deposit box contents, utility deposits and wages. The Treasury, official custodian of unclaimed and abandoned property, recently stepped up efforts to return the property to the rightful owners.

Also under state law, holders of such unclaimed or abandoned property, including financial institutions, insurance companies and employers in general, are required to annually report and return such property over to the custody of the Treasury.

Legal requirements and necessary forms for reporting unclaimed property to the state also are included on the Treasury site.

"This is property that belongs to the people of Kentucky, and it is my duty as State Treasurer to return it to the rightful owner," said Kentucky State Treasurer John Kennedy Hamilton.

"The new Treasury Web site is another means of informing Kentuckians about the Unclaimed Property Program and how they may proceed to reclaim what is rightfully theirs."

The site includes a description of the Kentucky Unclaimed Property Program and the process for reclaiming abandoned property in custody of the Treasury. Visitors to the site also can print out necessary forms digitally from their home or office computer and send them to Frankfort to claim property that rightfully belongs to them.

A special feature of the Treasury Web site is a hot-link icon called "Kentucky's Hidden Treasure." When visitors to the site click on the Treasure Chest icon on the Home Page, the chest opens to reveal a hidden treasure of unclaimed prop-

erty from the Kentucky State Treasury vault in Frankfort.

The hidden treasure will change each month, giving visitors a reason to return to the site to see if they recognize the property or have reason to prove the treasure is rightfully theirs. If so, they can click on another hot link and print out the proper form to file with the State Treasury along with evidence of ownership.

The first item in the Treasure Chest is a gold watch, inscribed to the late Dr. James K. Patterson, one of the first presidents of the University of Kentucky and found in a safety deposit box in Lexington.

Future Hidden Treasure to be featured on the site will include pieces of jewelry, silver services, knives, pistols, Civil War letters, aging certificates of stocks and bonds and an hand-written letter dated 1940 from actor Ronald Reagan.

In the past, the Kentucky Unclaimed Property Program has been virtually unnoticed and inaccessible to potential owners with the exception of classified ads that are published once a year in Kentucky newspapers. This year's official ads are scheduled to be published in newspapers around the state in weekly publications the week of November 10th and in daily publications on November 12th.

The ads only include names that have been added to the massive database of Unclaimed Property owners over the past 12 months. Eventually, citizens will be able to check via the Internet whether their names are on the list of 120,000 names.

In the past, the only way a citizen could find out if their name was on the database was to write or call the toll-free number at (800)465-4722.

Respectfully,
John Kennedy Hamilton
Kentucky State Treasurer

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Richard F. Anderkin, Managing Editor

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Obituaries

Ralph Johnson, Jr.

Ralph Johnson, Jr., 49, died Tuesday, November 18, 1997 at Berea Hospital.

He was born January 7, 1948 in Madison County, the son of Ralph "E.T." and Alberta Carrier Johnson of Berea. He had lived most of his life in Rockcastle County, having moved to Berea just two months ago, he was a retired construction worker and a member of the Pentecostal faith.

Other than his parents, he is survived by: one son, Stephen Douglas Johnson of Hampton, Va.; two daughters, Dieder Johnson of Aiken, SC and April Johnson of Mt. Vernon; two brothers, Earl J. Johnson of Lexington, and Acy Johnson of Berea; five sisters, Janie Pearson of Berea, Erma Caldwell of Cadiz, Mary Johnson and Macie Clark, both of Louisville and Brenda Johnson of Mt. Vernon, three granddaughters, and a very special friend Justine Stone of Berea.

Services were Wednesday, November 20 at Williams Funeral Home with Rev. Bill Rose officiating. Burial followed in Scafold Cane Cemetery.

Casketbearers were Ed Rexford, Rick Clark, Brad Brandenburg, Dempsey Shearer, Stewart Golding, Mike Abney and Howard Johnson.

Glenna Pennington

Glenna Pennington, 91, of Dayton, Ohio died Wednesday, November 19, 1997 at the Shiloh Springs Care Center in Dayton. She was born on March 15, 1905 in Rockcastle County, the daughter of the late Willis and Louisa McNew Johnson. She was a retired cottage parent and a member of the Zora Baptist Church in Shelby, North Carolina.

Survivors are one son, Jim Pennington of Shelby, North Carolina; three daughters, Belvia Willis of Hopkinsville; Lucille Bullock of Somerset and Margaret Bowman of Dayton, Ohio; three sisters, Rena Jordan and Dorothy French, both of Mt. Vernon and Georgia Isaacs of McKee; 11 grandchildren, 15 great grandchildren and four great great grandchildren. She was preceded in death by her husband, Walter Pennington and by one son, Clayton Pennington.

Services were Saturday, November 22, at the Cox Funeral Home Chapel with Rev. Garland Cook officiating. Burial was in the Elmwood Cemetery.

Pallbearers were Bryan Pennington, Ryan Pennington, Greg Pennington, Jeff Waddle, Earl Bullock and Randy Goddard.

Burlington; one brother, Raymond Bullock of Brodhead; one sister, Dessie Robinson of Mt. Vernon; two half-sisters, Louise Kirby of Mt. Vernon and Vivian Griffin of Stanford; two half-brothers, Edward Dean Bullock and Anthony Bullock, both of Frankfort and two step-brothers, Donald Rader of Stanford and Ronald Rader of Orlando.

Services were Thursday at Chambers and Grubbs Funeral Home in Independence. Burial was in the Independence Cemetery.

This obituary submitted by Pat Allen.

In Loving Memory Of Thomas William Kirby, who passed away 11 years ago, November 22, 1986

God saw you getting tired and a cure was not to be. So He put His arms around you And whispered "come with me" With tearful eyes we watched you suffer.

And saw you fade away. Although we loved you dearly, We could not make you stay. A golden heart stopped beating, Hard working hands at rest, God broke our hearts to prove, He loved the best.

Loved and sadly missed by, wife, Marian; daughter, Vicki; sons, Tommy, Jr. and Shane; mother.

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Richard Lawrence

Richard Lawrence, 56, of Rt. 1, Brodhead, died Sunday, November 23, 1997 at Ephraim McDowell Regional Medical Center in Danville. He was a retired farmer and carpenter. He was a member of the Providence Church of Christ. He was the son of the late Herbert and Mae Elizabeth Lawrence.

Survivors are: his wife, Bonnie Brown Lawrence; one son, Rickey Lee Lawrence and daughter-in-law, Debbie Lawrence of Brodhead; two special grandchildren, Keena Nicole and Jessica Marie Lawrence; five brothers, Herbert Ray Lawrence, Gene Lawrence, Bobby Lawrence, Jackie Lawrence and Charles Lawrence, all of Brodhead; three sisters, Margie Dean Blanton and Wanda Smith, both of Brodhead and Evelyn Reynolds of Eubank.

Services were Wednesday, November 26, at Providence Church of Christ.

Marvin E. Owens Home for Funerals in Brodhead was in charge of arrangements.

Mary Leger

Mary Leger, 62, of Independence and formerly of Rockcastle County, died Monday at St. Elizabeth Medical Center South of Edgewood. She was the daughter of the late Ed and Maude Langford Bullock. She was a homemaker.

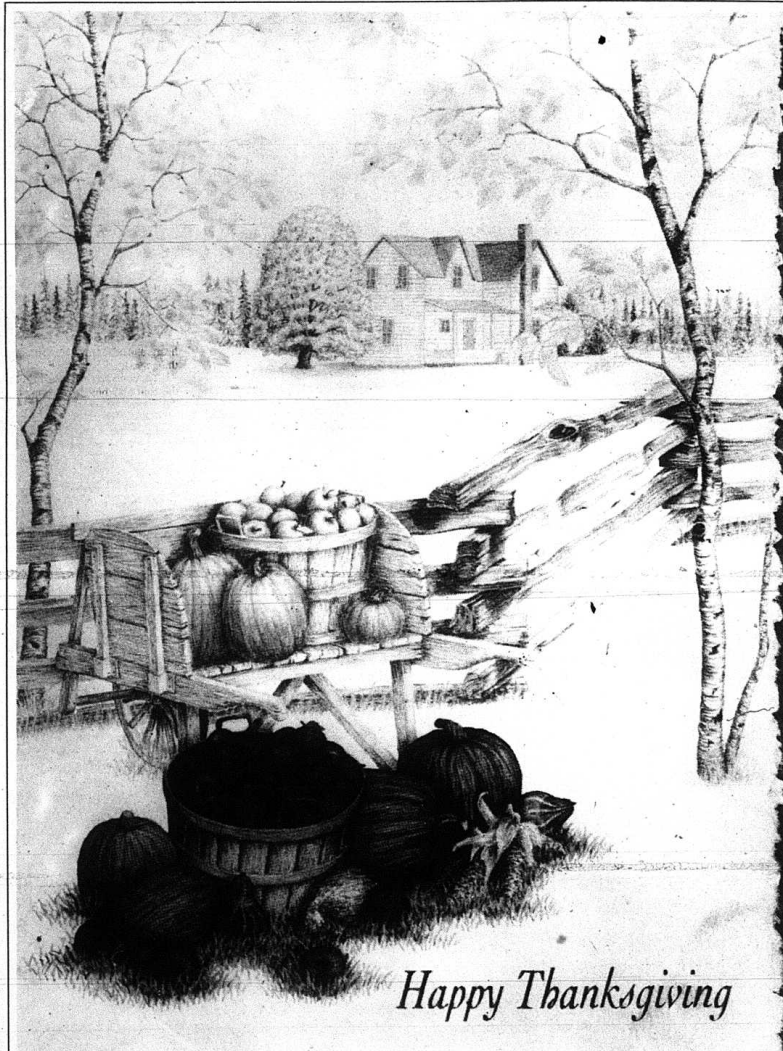
Survivors are: her husband, Virgil Leger; two daughters, Faye Johnson of Independence and Reva Patterson of Walton; one son, Keith Leger of



Thanksgiving is truly an American tradition started to bring families, friends and neighbors together to celebrate the day by having a holiday, enjoying the food of the season and the preparation for the year ahead. Families praying together.

Even in the days of the Pilgrims, there always was the need to stand guard over life and property. Thus, today let us remember the men and women in law enforcement in our prayers as they serve and protect us and offer our prayers to their loved ones.

In Memory of
Officer Gary Kidwell
1949-1991



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NOTICE OF HEARING

Notice is hereby given that Rockcastle County Fiscal Court intends to execute a lease agreement with Kentucky Area Development Districts Financing Trust in a principal amount of \$645,000, the proceeds of which will be used to refund/refinance the 1990 Road Bonds. A Hearing will be held by the Court in the Rockcastle County Courthouse at the hour of 2 p.m. on the 9th day of December, 1997. At the Hearing, any taxpayer may appear and will be given an opportunity to be heard.

"It is Written"

Today we want to study the seventh beatitude in Jesus' teachings from the sermon on the mount. "Blessed are the peacemakers; for they shall be called the children of God." Mt. 5:9. Now notice it did not say the peachoppers, or peacewishers, but the peacemakers. The goal of the faithful children of God is to seek to win people to Jesus, that those that are lost may find peace with God. Men and women are enemies of God by their sin and wickedness. Col. 1:21. "And you, that were sometime alienated and enemies in your mind by wicked works, yet now hath he reconciled." A peacemaker seeks to get people to be reconciled to God, by teaching, encouraging, admonishing them to obey the gospel of peace. True soldiers of Christ have their feet shod with the preparation of the gospel of peace. Eph. 6:15. "And your feet shod with the preparation of the gospel of peace." Peacemakers also seek to bring peace between men who have had a falling out between themselves. Consider the book of Philemon, where Paul sought to reconcile Philemon and Onesimus who was a runaway slave that was converted. Now there is a "risk" in seeking to be a peacemaker. Those you seek to help as a peacemaker, may not have a good and honest. They may act out toward you for your good actions. You may get your head "chopped off" and reviled, for doing good and having the purist intentions at heart. Peacemakers will be called children of God because they will look like our Lord in their efforts. Luke 19:10. "For the Son of man is come to seek and to save that which was lost." Yes, our Lord is the perfect example and pattern of what a peacemaker is!

Providence Church of Christ

Dan McRibben - 758-9316; e-mail - Dan.McRibben@luno.com

Home Page - http://www.skn.net/~elawrence/index.html

Time of Services - Sunday 10am Bible Study, Worship 10:35 & 6pm, Wednesday 7:00pm, Radio program, Sunday 8am, 14:00 AM

From Our Files

35 years ago this week... Some 300 people attended the annual Farm Bureau Banquet at Brodhead School. At the banquet Clay Colson was awarded a trophy for champion pasturman. Six plaques were awarded for superior pasturman. A slate of officers and directors were elected including John Houstop, president; Willie Bullen, vice president and Bradley Saylor, secretary.

John Lair, of Renfro Valley, received a Folk Music Award. Historical marker, one of 45 delivered throughout the state, was erected alongside U.S. 25 near Hazel Patch. The marker tells of the Battle at Wildcat Mountain during the Civil War.

30 years ago this week... Lt. Charles E. Shivel, Jr., son of Rev. and Mrs. Charles Shivel of Mt. Vernon, received his bar following graduation at Fort Knox.

Dr. Harry Sparks, Superintendent of Public Instruction, was the principal speaker at the Farmers-Businessman Banquet held at Brodhead. Also at the banquet were John Houston, Wayne Stewart, William I. Norton and Mayor Clyde Linville.

Seventy-seven Rockcastle County residents were among 8,309 students enrolled at Eastern Kentucky University for the fall semester.

25 years ago this week... The Rockcastle Rockets had a successful "first" night in their new gym when they downed Oneida 57-47.

Leading scorers for the Rockets were Troy McClure and Ronnie Brown with 16 points each. Linda Whitehead, Kaye Payne,

Annaloe Rigby, Gaylen Phelps, Rita Cash and Debbie Bishop, cheerleaders for Brodhead Elementary won first place in the Lancaster Invitational Tournament.

20 years ago this week... Joe Clark, unsuccessful candidate for the Republican nomination for 5th District Magistrate, shocked everyone by successfully defeating incumbent Magistrate Ernest Mason by a write-in campaign 375 to 352.

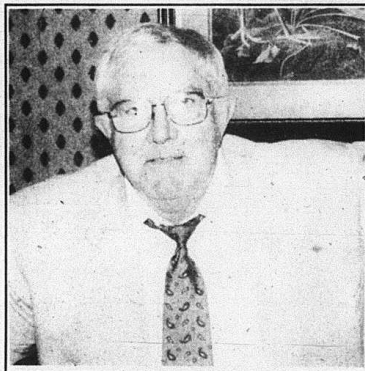
The Rockcastle Rockets wound up their 1977 season with an 8-2 record. Only after a double overtime game was Knox Central able to hand the Rockets their second loss of the season 54-52.

15 years ago this week... New leaders for the Girl Scout Council were Regina Hodge, Flossie Lamb, Sharon Thacker, Carolyn Hellard and Diane Lamb.

Dr. Peter Monteyne, received the October "Rockcastle County Improvement Award". Dr. Monteyne and Dr. Brian Badduke received the award for their contribution to the health and welfare of the citizens in our county.

10 years ago this week... The Rockcastle County Improvement Council presented the Everett C. Brown Memorial Award to individuals or businesses who have made a significant contribution to Rockcastle County. Sowder Nursing Home in Brodhead was chosen as the 1987 recipient. Sam Ford presented the award to Mrs. Diane Masters, Mrs. Linda Whitl and Mrs. Cynthia Plummer, daughters of Mr. and Mrs. John Sowder, who began the nursing home many years ago.

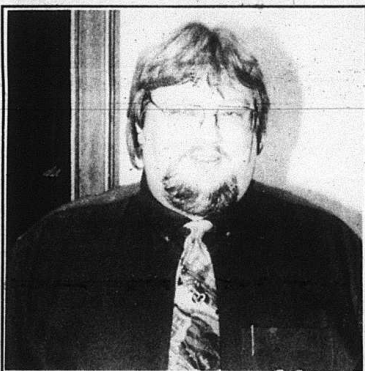
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President



Jenny Bray,
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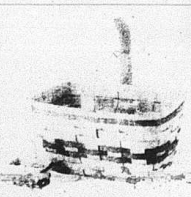
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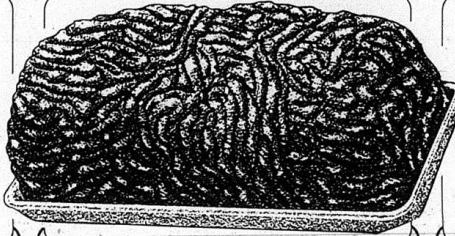
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Rifle Team brings home first place trophy

JROTC Cadets compete in Drill/Rifle competition

Twenty-three JROTC Cadets from Rockcastle County High School attended the Montgomery County, Clarksville, Tennessee Drill/Rifle Competition held over the weekend with over 800 cadets from 20 different schools competing.

The Rifle Team brought home a first place trophy out of thirteen schools in the Sport rifle category. Brian Doan received second place in the individual awards with a score of 253 out of a possible 300.

Shooters for Rockcastle were: Brian Doan, 253; Shaun Jones, 245; Kristen Cobb, 244 and Chris Phillips, 239. Other members are: Kenneth Begley, Joe Gigold, Tami Taylor, Kyle Fletcher, Newt Robinson, Joe Clark, William Leger and Adrian Issues.

The Rockcastle Drill team entered four Color Guards in three separate categories of competition. The Let-1 Color Guard placed 4th out of 17; the Female Color Guard placed 12th out of 20; the Mixed Color Guard #1

placed 10th out of 23; Mixed Color Guard #2 placed 17 out of 23.

Rockcastle also entered a Platoon Drill competition (13 members) finishing 9th out of 12 teams competing. Mandy Seiber also finished in the top 20 out of over 200 cadets competing in the IDR knockout.

This was the first competition of this caliber ever for the Drill team and the four Color Guards against schools that have been competing for years in well established JROTC programs.

SGM Taylor said he was very proud of these Rockcastle County High School students who have worked hard the past five months training for this meet. As always the students from Rockcastle County conducted themselves extremely well in appearance, performance and conduct.

Cadets attending the meet were: Brian Jones, Rifle Team Captain; Brian Doan, IDR Platoon Commander; Mixed Color Guard #1, Rifle

Team: Kristen Cobb, Mixed Color Guard #1 Commander; Rifle Team, IDR Platoon: Tami Taylor; LET 1 Color Guard #1 Commander; Rifle Team, IDR Platoon: Nikki Gallegos; Mixed Color Guard #2 Commander; Miranda Seiber, Female Color Guard Commander; IDR Platoon: Chris Phillips; Rifle Team: Kenneth Begley; Rifle Team: Joe Gigold; Rifle Team, IDR Platoon: Newt Robinson; Rifle Team: Kyle Fletcher; Rifle Team, Mixed Color Guard #1, IDR Platoon: Joe Clark; Rifle Team, Mixed Color Guard #2; Kathy Mullins, Female Color Guard, IDR Platoon: Julie Burdette; Female Color Guard, IDR Platoon: Carolyn Griffin; Female Color Guard, IDR Platoon: Tabitha Dees; Mixed Color Guard #1, IDR Platoon: Jessie Clouse; LET 1 Color Guard, IDR Platoon: Kathy Rowland; Mixed Color Guard #2; Tabitha Mink; LET 1 Color Guard, IDR Platoon: Melissa Looney; LET 1 Color Guard, IDR Platoon: Doris Chastain; Mixed Color Guard #2; Jessica Childress, Drill Team and Tabitha Doan, Drill Team.



Members of the JROTC's Rifle Team won first place during the Montgomery County - Clarksville, Tennessee 1st of Rifle Competition.

Tiger Pause

Please note that there will be NO SCHOOL in Rockcastle County on Thursday, November 27 or Friday, November 28.

The SBDM will meet Monday, December 1 at 7 p.m. in the school cafeteria. The public is invited to attend.

We will be hosting the Crusaders at BES next Tuesday at 2:00 in the gymnasium.

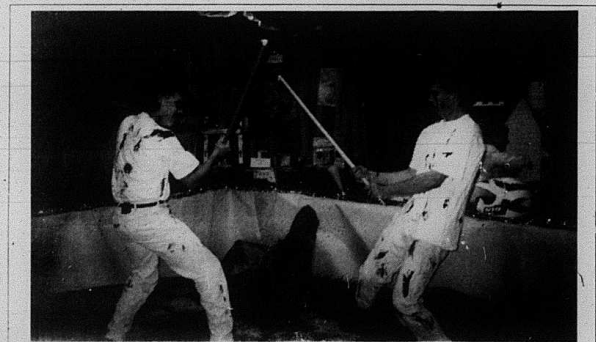
Family Night will be held on Thursday, December 4 at 6 p.m. Mrs. Brenda Saylor and Mrs. Patsy Morgan will be present to make Holiday crafts with us.

Our intermediate students will be traveling to Lexington on Friday, December 5, to the Lexington Children's Theatre.

Our intermediate students will be traveling to Lexington on Friday, December 5, to the Lexington Children's Theatre.



The October Open House at RCHS was very successful, with over 400 adults visiting displays and talking to teachers. One whole wing was devoted to the Middle Ages. In the above photo, Dale Green, standing and Bill Hensley are featured in one of the displays.



Jackson Kimper and Chad Fugate are shown looking in the Rockcastle County Open House.

Mt. Vernon Message

Entry level students receiving SHARP awards for achievement last week were:

Alexander, A.M. class: Ashley Arnold, Bo Clark, Megan Kidwell, Taylor McGuire, ShaLone Walters, Brandon Young, Angel Bishop, Alexan Cromer, Jessica Helter, Kane Howard, Tiffany Mason, Casey Sturgill, Amber Whitaker, Cassie Stockigt, Gene Brown and Robbie Miller.

Alexander, P.M. class: Dillon Asher, Ellie Bryant, Candice Kidwell, Kimberly Northern, Vanessa Price, Bobby Rigby, Gabrielle Scarborough, Jonathon Singleton, Chelsea Whitley and Zachary McCracken.

Bullock, A.M. class: Kayla Lawson, Ian Bullock, Rachel Hammons, Maranda Stoots and Amanda Law.

Bullock, P.M. class: Nicole McFerron, Regina Rice, Sabrina Arthur, Shane Gibbons, Joseph Trail, Alan Young, Chris Rogers, Dylan Holden, Ashley Miller, and Aaron Brown.

Davidson, A.M. class: Samantha Bussell, Raymond Carpenter, Adrienne Childress, Devin Darden, Courtney Ham, Tracie Jones, Shayla Kirby, Jeffery Mink, Kane Prewitt, Matthew Renner, Britni Satterfield, Nikki Wilson and Janae Wilson.

Davidson, P.M. class: Heather Barnes, Joseph Doan, Leighton Hensley, Billieylene Depute, Carly McClure, Anthony Vanwinkle and Ashlee Warren.

Local students attend National Conference

Youth from the Rockcastle County chapter of Future Homemakers of America (FHA/HERO) recently participated in a weekend leadership training conference held November 14-16, in Minneapolis, Minnesota. Attendees participated in a weekend of workshops and sessions that challenged, informed and motivated members and their advisers to explore a "World of Opportunities" available through FHA/HERO. Along with 3,600 other advisers and members, Rockcastle County High School's chapter advisers Renee Smith and Robyn Johnson accompanied six members to the meeting.

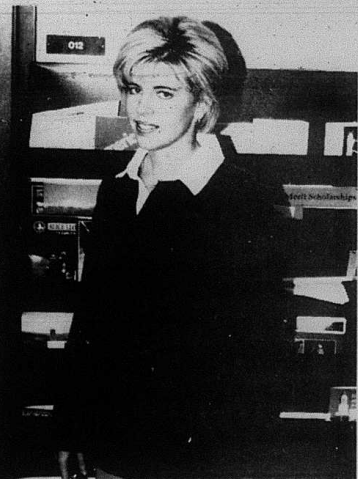
The "World of Opportunities" theme was reinforced by Friday's powerful general session, where meeting attendees experienced a three-screen multi-media presentation and geared up for a variety of leadership training opportunities offered throughout the weekend. Key-note speaker, Bill Cordes, challenged members and advisers to take advantage of their opportunities as an individual and team leader.

Saturday's workshop involved training in FHA/HERO's program, Families First. This program is designed to help members and their peers become strong family members and address family related concerns. Members also had the opportunity to attend sessions that focused on community involvement, future career goals and public relations.

Sunday's activities concentrated on developing leadership skills through team building, communication skills and self awareness.

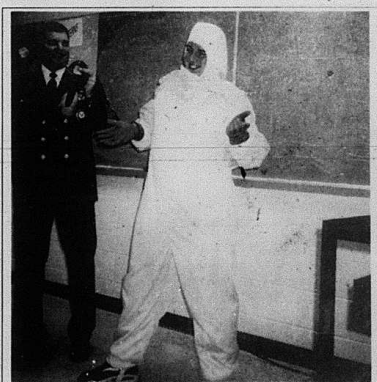
Members attending were Heather Bray, Shalanta Nicely, Dana Mason, Rachelle Hammond, Crystal Childress and Lora Beth Payne.

Academic Honor Roll



Heather Bray, daughter of Richie and Jenny Ray of Maretburg, has a 3.94 GPA at RCHS. She will be attending either ECU, UK or Transylvania majoring in Clinical Laboratory Science. She is president of the Key Club, president of FHA, involved in the Teen Leadership Council, FCA and the Beta Club. Her hobbies are doing community service and being active in her church. She also enjoys shopping.

Ashland Lodge #640
will be having a
Christmas Dinner
December 13, 1997
at 6 p.m. All Masons
and their families are
invited to attend.



Pictured above with senior John LaFavers is Senior Chief Petty Officer, Terry Anderson from the U.S. Navy, who recently spoke to the A.P. Calculus, World Civilization, and Chemistry 1 classes at RCHS concerning nuclear power. Accompanying Anderson was recruiter, Danny Brake.



During the Open House Josie Benge shows her keyboarding skills to her grandmother.

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 <p>'88 Toyota Camry LE #9540 \$299 48 Mo. Lease w.a.c. 12,000 miles per yr. Power Windows, Power Locks, Tilt Wheel, Cruise Control, AM/FM Stereo Cassette, Mud-guards, Keyless Entry, Center Arm Rest, More</p>	 <p>'88 Toyota 4 Runner SR5 #9553 \$389 60 Mo. Lease w.a.c. 12,000 miles per yr. Power Windows, Power Locks, 4x4, Towing Package, Roof Rack, Running Boards, Keyless Entry, Premium Stereo w/6 Speakers, More</p>	 <p>'88 Toyota Corolla VE #9568 \$239 48 Mo. Lease w.a.c. 12,000 miles per yr. Power Steering, Power Brakes, Automatic Transmission, Air Condition, Radio Prep w/4 Speakers, Carpeted Mats, More</p>	 <p>'88 Toyota Tacoma 4x4 Reg. Cab #9545 \$269 48 Mo. Lease w.a.c. 12,000 miles per yr. 5 Speed, Alloy Wheels, Bedliner, Air Condition, Chrome Package, Sliding Rear Window, Tachometer, More</p>	 <p>'88 Toyota Tacoma 4x4 Ex. Cab #9530 \$289 60 Mo. Lease w.a.c. 12,000 miles per yr. Automatic, Air Condition, Power Windows, Power Locks, Tilt Wheel, Cruise, Alloy Wheels, Chrome Package, 4 Wheel Drive on Demand, More</p>
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 1989 BMW 325i Sharp	 1994 Buick Park Ave. Ultra Like new	 1992 Buick Park Avenue Low miles, sharp	 1993 Buick Skylark Loaded, low payment	 1992 Buick Skylark Gran Sport	 1989 Cadillac Brougham 4 door, 66,000 miles	 1991 Cadillac Seville STS Low miles, must see
 1988 Cadillac Seville	 1995 Chevy Camaro Z-28 Loaded, 28,000 miles	 1996 Chevy Monte Carlo 26,000 miles	 1992 Chevy Z-24 Wheels, spoiler, roof & more	 1993 Chrysler LeBaron Convertible Loaded, V-6	 1995 Escort Low payment, sharp	 1993 Ford Escort \$179.00 mo., automatic
 1995 Honda Accord EX One owner, low miles	 1993 Honda Accord LX All power	 1992 Honda Accord EX Loaded, low miles	 1992 Lincoln Continental Low miles, loaded, must see	 1995 Lincoln Town Car Low miles, must see	 1994 Lincoln Town Car Like new, low miles	 1992 Lincoln Town Car Loaded, leather
 1994 Mazda 626 LX 4 door, sharp	 Mercury Marquis LS Low, low miles	 1992 Mercury Marquis LS Loaded	 1994 Mercury Topaz GS 4 door, automatic, \$149.00 mo.	 1995 Nissan Altima GLE Wheels, leather, sunroof, spoiler	 1995 Nissan Maxima Leather, wheels, roof, loaded, 1 owner	 1992 Nissan Maxima Sunroof, leather
 1989 Nissan Sentra One owner, only 67,000 miles, auto.	 1994 Olds Delta 88 Leather, loaded	 1992 Olds Delta 88 Royal Leather, loaded, low miles	 1991 Olds 98 Elite Low miles, like new, save thousands	 1994 Pontiac Bonneville SSE Loaded	 1996 Pontiac Grand Am 4 door, sharp	 1996 Pontiac Sunfire GT Automatic, only 16,000 miles
 1995 Pontiac Trans Am V-8, loaded, must see, 8,000 miles	 1995 Saturn SLE Sharp, automatic	 1996 Toyota Camry LE 2 dr, coupe, wheels and more	 1995 Toyota Camry LE 4 door, 34,000 miles, loaded, red	 1994 Toyota Camry LE 4 door, 44,000 miles	 1994 Toyota Camry LE 4 door, loaded, local car, taupe	 1994 Toyota Camry LE 4 door, 45,000 miles, loaded, green
 1989 Toyota Camry LE	 1994 Toyota Celica 5 speed, 27,000 miles	 1997 Toyota Corolla Only 17,000 miles, automatic	 1995 Toyota Corolla DX Automatic, loaded, 24,000 miles	 1995 Toyota Corolla DX Automatic, loaded, 24,000 miles	 1995 Toyota Corolla DX Local, one owner	 1995 Toyota Corolla DX Spoiler, wheels & more
 1992 Toyota Corolla Wagon Local trade	 1997 Toyota Tercel CE Automatic, only 15,000 miles	 1992 Daihatsu Rocky 4x4 Hard top, air	 1996 Dodge 4x4 Dually V-10 Loaded, leather	 1991 Dodge Dakota Sport 5 speed, air, great mpg.	 1994 Dodge Ram 1500 SLT V-8, must see	 1992 Ford Aerostar Van 7 passenger
 1994 GMC 4x4 Longbed Loaded, with camper	 1997 GMC Jimmy 4x4 SLS Loaded, 28,000 miles	 1993 Jeep Cherokee Laredo Low miles, must see	 1992 Jeep Cherokee Limited 4x4, white	 1995 Jeep Grand Cherokee Limited V-6, loaded, leather, white	 1995 Jeep Grand Cherokee Limited V-8, loaded, leather, green	 1994 Jeep Grand Cherokee Limited V-8, loaded, leather, white
 1994 Jeep Grand Cherokee Limited V8, black	 1990 Jeep Wagoneer One owner, 4x4, low miles	 1994 Plymouth Voyager 7 passenger, 33,000 miles	 1991 Plymouth Voyager 7 passenger, sharp	 1994 Toyota 4x4 5 speed, air, bedliner & more	 1993 Toyota 4x4 5 speed, air, red, 55,000 miles	 1993 Toyota 4x4 'Big Foot' 5 speed, air
 1995 Toyota T100 Ex Cab One owner, loaded	 1990 Toyota 4 Runner 4x4 SR5 Loaded	 96 Tacoma 4x2 Ex-Cab 5 speed, only 20,000 miles	 1995 Tacoma 3x4 5 speed, 100,000 mile warranty.	 1995 Tacoma 4x2 Ex-Cab With camper, auto., 29,000 miles		

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Fairview News

By Mrs. Hubert Chasteen

Worship services were well attended at the Fairview Baptist Church over the weekend Sunday School attendance was 131 for which we are thankful.

Mr. Earl Sorah of Elyria, Ohio (my brother-in-law) passed away November 6th. His wife, Mary Jane Reppert Sorah died September 8, 1995. The children and grandchildren need our prayers.

Everyone on Scaffold Cane and elsewhere, were shocked and saddened at the death of Brian Bullens, who died due to an auto accident near Roundstone. Bless his heart, he was only 18 years old and a 1996 graduate

of the Mt. Vernon High School. The whole family has our love and prayers. They are well known around here, and have many friends who love and respect them.

Ralph Johnson, Jr. of Bereca died



Douglas Gary Nicely was one-year-old on October 29th. He is the son of Juan and Amy Hamm Nicely. His grandparents are Doug and Sue Hamm of Mt. Vernon and Gary and Patty Nicely of Brodhead. Douglas celebrated his birthday with a Sesame Street party at the home of his great-grandparents, Urban and Mable Hamm.



Happy One Year Birthday Jonathan Keith Shelton Love, Mommy



Todd Branscum celebrated his fourth birthday on October 8 at Eubank City Park. He had a Cowboy party. Thanks to everyone for the gifts. Todd is the son of Tonya and Tommy Branscum of Eubank, grandson of John R. and Effie Taylor of Crab Orchard and the great grandson of Ruby Taylor of Brodhead.



Devon O'Ryan McGuire celebrated his first birthday on November 7, 1997 with a party at the Family Life Center. Devon is the son of Damon and Sonya McGuire of Rt. 3 Brodhead. Grandparents are Russell and Dennis Houk of Rt. 3 Brodhead and Norma and Ruth McGuire of Mt. Vernon. Great grandparents are Chassie Sargent and Iva Mae Houk of Rt. 3 Brodhead.

Tuesday of last week. He was the son of E.T. and Alberta Johnson. This family also needs our sympathy, love and prayers. You know when death comes to a family, it is such a sad and trying time and the grief remains long after the casket is closed, so please remember these folks when you pray.

Mrs. Florence Reppert of the Scaffold Cane area and her son, Lomnie Reppert of Bereca recently flew to Houston, Texas where they enjoyed a nice visit with Mrs. Reppert's sister, Hildrey Smith, Mrs. Hallie Alexander and daughter, Mrs. Jewell Davidson of Fairview and Mrs. Sylva Gabbard of Bereca recently visited Mr. and Mrs. Morton Jett of Jackson.

Our daughter, Joyce Seals of Paint Lick and her daughter, Kim Seals of Richmond visited with Hubert and me on Saturday.

Mr. and Mrs. R.J. Ridgell and daughter, Sherry attended the funeral of his uncle, Mr. Raymond Ridgell in Corbin on Saturday. Please remember them too when you pray.

Mrs. Hallie Alexander had as Friday and Saturday over night guests, her son, Gerald Alexander and his son, Cody Alexander of Mareburg.

Mr. and Mrs. Bob and Dorothy Pogorelec of New London, Ohio recently spent a few days with her sister, Myrtle Wilson in Bereca. They spent time with other members of the family, her brother, Tip and me. Dorothy is the youngest child of the Reppert family. Her husband is such a nice man and Dorothy is a precious sister. I love them both dearly.

Mrs. Hallie Alexander and Mrs. Irene Alexander have recently visited with Cheryl Shouse and Mr. and

Mrs. Woodrow Gabbard of Bereca. Rickie Adams of Bereca visited his mother, Janet Ridgell and family and his grandparents, Hubert and me on Sunday evening.

The Annual Bean Soup Supper held at the Fairview Fellowship Hall on Saturday night was well attended and enjoyed.

Hope you all, far and near, who ever you are can really enjoy the Thanksgiving holiday. But as we en-

joy our beautiful dinner, let's all remember to thank God for our life, health, food and all the great blessings of life. God is so good to us. So be thankful for all your friends that love you. I thank God for my good friends and I love them very much.

Try to attend church and Sunday School every time you can, and always be good to little children and be a good example for our young people. God bless each and every one who reads this article.

and Jan Mason, all of Orlando; Alesha Mobley; Rose Mary Wyatt; Jeff and Lesia Bond; JR Bond; Carlisa Bond; Bryan Bond; David Mason; Donna Willie; Ray Prety; Amanda; Prety; Danny Evans and Misty from Crab Orchard.

Thank the good Lord for everyone and everything they can just try that again some time. It was also Mike Mason and Pat Mason's birthdays. The birthday was November 19th. Sallie was 70. Won't tell on the others.

Birthday celebration held

A real, real 70th Birthday Dinner was given at Brush Creek Church for Sallie Mason from her family and friends. Mike, her son and family was taking her out so, he took her by the church where she thought they were doing some work. When he opened the door most of her family and friends, food and gifts, she just about passed out. But came back to them with a joke, she was so happy to see all, just didn't know what to do or say. Just thank God for everyone so much. Love to all.

Those attending were: her daughter, Brenda and her daughter, Tammy; son, Matthew Godby from Ohio; daughter, Judy, Bill and Tracey Wyatt from Illinois; Ken Wyatt, wife,

Tammy from Tennessee; son, Garry Mason, Garry, Jr. and friend, Danny from Ohio; her son, Leon and wife, Pat; his son, Willie; son, Blake from Mr. Vernon and Orlando; daughter,

Darlene and husband, Ralph Dixon from Alabama; son, Mike, Shelly and April from Orlando.

Her son Tinney couldn't make it. We missed him and family from North Dakota. Sue and Noah Mason, her sister, Alene McGuire of Mt. Vernon; niece, Wonda Anderson; nephews, Brad Robinson of Crab Orchard and Carl Robinson of Mt. Vernon; Gladys Mason, Dorothy Rader; Mary and Henry Vanzant; Karen Morgan; Sandy and Mikel Vanwinkle; George

Family Get Together

Some of the late Billy and Rebecca Renner Kincer Family enjoyed a get together at the home of Pauline Kincer Tackett and Mr. Tackett.

Those attending were Curtis, Sr. and Curtis, Jr. Kincer from Las Vegas, Nevada; George Kincer and Johnny and Monica Kincer of Clarksville, Tennessee; John Kincer, III of Nashville; Wil Kincer of Livingston; Michael, Melinda, Morgan and Logan Kincer of Mt. Vernon; June Kincer Sears of Cincinnati; Jean and Jack Wright of Reading, Ohio; Rodney and Rebecca Wright of Fairfield, Ohio; Christine and Gess Cole of Blue Ash, Ohio; Lois and Albert Hampton of Florence; Larry, Jane and John Curtis LaFavers of Brodhead.

ROCKCASTLE COUNTY
MIDDLE SCHOOL

CAREER EXPO '97

TUESDAY, DECEMBER 2

10:00 AM - 2:15 PM

Exhibits, Music, Refreshments, Door Prizes

PARENTS AND COMMUNITY INVITED TO ATTEND

The Rockcastle Incentive Scholarship Trust
Presents

"A Mountain Christmas"

Friday, December 5th.
7:00 p.m.

Rockcastle County High School Auditorium

Admission
\$3.00 parents and siblings
of student performers
\$6.00 general admission

****Box office opens at
6:30 p.m.
Seating is limited**

All Proceeds go to R.I.S.T.



Hi, my name is Kennedy Alexandra McGuire and I turned one-year-old on August 28th. I celebrated with a "Teddy Bear" party at my house in Shelbyville, Indiana on August 28th and a "Winnie the Pooh" party at the Cedar Rapids Country Club in Mt. Vernon on August 30th. I would like to thank all of my family and friends for all of the very nice gifts I received and for sharing in my special day. My mommy and daddy, my Paullina and Brian McGuire, My nannie and poppie are Faye and Paul Thomas of Mt. Vernon and my nana and pops are Charlee and Bruce McGuire of Middletown, Ohio. My great-grandma is Mary Hellard of Mt. Vernon.



Thomas and Kay Shafer of Gum Sulphur Road, Brodhead are proud to announce the arrival of their baby daughter, Jenise Kayla was born on Saturday, November 8 at 1:31 p.m. at Columbia-Lake Cumberland Regional Hospital in Somerset. Kayla weighed 9 lbs. 5 oz. and was 21 1/2 inches long at birth. She was welcomed home by her big brother, Tommy, Kayla's Pa and Nanny are J.M. and Rosa Mae Frewitt of Rt. 1 Mt. Vernon. Her Pappaw and Mamaw are Eddie and Joyce Shafer of Brodhead. Maternal great-grandparents are Ma Julia Cromer of Sower Nursing Home and the late Hugh Cromer and the late Logan and Mary Frewitt. Paternal great-grandparents are Nana Gladys York of Stanford and the late Ernest York and the late Charlie and Molly Shafer.

Attention
All Retired School
Personnel

Annual Christmas Dinner will be Mon., Dec. 8, 6:00 P.M., Catered at Cedar Rapids Country Club. Cost \$10.00

Tickets must be purchased by Nov. 26
Call Elhara Burke-758-8657 or
Betty Glowak-758-8173 or mail to
Betty Glowak, P.O. Box 214,
Brodhead, KY 40409.

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- 16 MB Ram; 1.44 Floppy Drive;
- 2.1 GB Enhanced Hard Drive;
- 20X Enhanced CD ROM; 512K Cache;
- 16 Bit 3D Full Duplex Sound Card;
- 14" SVGA Monitor;
- 38.6 Data/Fax/Voice Modem;
- 53.3D PCI Video Card w/4mb Ram;
- Win95 Keyboard, Mouse & mousepad;
- 80 watt Speakers; Windows 95 OSR2;
- Multimedia Encyclopedia;
- Mini-Mid Tower Case.

\$1295

Herbal Remedies... Therapeutic or Fraudulent?



By: Hazel Jackson
County Extension Agent
for Home Economics

Sales of dietary supplements are growing by an estimated 15% a year and now exceed \$3 billion a year. While nearly half of the amount is spent on vitamins and minerals, the remainder is spent on a wide range of herbal products with a wide array of claims.

The Food and Drug Administration does not approve the safety of supplements. Supplements don't have to be manufactured according to any standards. The dietary supplement industry is a buyer-beware market. It is in the best interest of consumers to be informed of the ingredients in any products they may be using.

The Food and Drug Administration has identified a number of herbs that can cause serious harm. Some, including these five, are still being sold under various brand names.

Chamaejasme is sold as tea, and in tablet and capsule form. It is promoted as a blood purifier, cancer cure, acne treatment and natural antioxidant. It has caused numerous cases of nonviral hepatitis, with one patient requiring a transplant. It is sometimes an ingredient in combination-herb formulas.

Comfrey is sold as tea, tincture, poultice, lotion and in tablet and capsule form. Comfrey taken orally has been linked to liver damage, with at least one death. Animal studies indicate that lung, kidney and gastrointestinal problems are also possible.

Ephedra, also known as ma huang and ephedra, contains the stimulants ephedrine and pseudoephedrine found in asthma drugs and in decongestants. It is promoted for weight-control and energy-boosting formulas, sometimes with caffeine, which can intensify the adverse effects.

Ephedra can raise blood pressure and cause nerve damage, muscle injury, psychosis, stroke and memory loss. Several deaths have occurred prompting several states to limit sales.

Lobelia acts like nicotine, though it's less potent. It can stimulate

willow bark has no effect on weight control.
Licorice Root - Symptoms resulting from excessive quantities include headache, lethargy, sodium and water retention, excessive potassium excretion, high blood pressure and even heart failure.
Licorice is a potent drug. There is no scientific evidence that it aids weight control.

Bile Salts, Barley Fiber, Rice Germ Fiber, Acacia - each have a laxative effect when used internally. Large doses can result in loss of vitamins and minerals.

and depress the autonomic nervous system. Even a small amount of dried licorice can reduce breathing, drop blood pressure, induce sweating and rapid heart beat and cause coma and death.

Yohimbe is sold as a men's aphrodisiac. An overdose can cause weakness and nervous stimulation, followed by paralysis, fatigue, stomach disorders and ultimately death.

Here are some other popular ingredients with their known effects on the body:
Chromium Picolinate - Chromium is a mineral needed by the body and is found in food. Picolinate is simply a digestible form of chromium. Chromium's biologically active form helps the body use glucose. Research has shown that if blood glucose levels were normal and there was no signs of chromium deficiency, there was no response to chromium supplements.

In three studies in which persons with diabetes took a chromium supplement, the supplement had no effect on blood glucose control. As for improving how the body handles glucose, chromium benefits only persons who are chromium deficient. Normal people with no signs of a chromium deficiency show no benefit after chromium supplementation. Independent research does not support claims that chromium picolinate will help to shed fat or increase muscle mass.

Bee Pollen - Enthusiasts make many therapeutic claims for pollen. Bee pollen has not been linked to any significant therapeutic activity as claimed by enthusiasts; this includes weight loss. Many pollen can induce a severe allergic response when eaten or inhaled by certain persons. It's allergenic properties render it very hazardous to some.

White Willow Bark - Contains an ingredient, salicin, that is converted in the body to the same active ingredient that is in aspirin. A small number of individuals are hypersensitive to aspirin and cannot tolerate even small amounts. White

willow bark has no effect on weight control.
Licorice Root - Symptoms resulting from excessive quantities include headache, lethargy, sodium and water retention, excessive potassium excretion, high blood pressure and even heart failure.
Licorice is a potent drug. There is no scientific evidence that it aids weight control.

Bile Salts, Barley Fiber, Rice Germ Fiber, Acacia - each have a laxative effect when used internally. Large doses can result in loss of vitamins and minerals.



Farm News

By: Tom Mills
County Extension Agent
for Agriculture

Prepare Now, Plant Later...
Giving Tree Seedlings A
Jump Start on Spring

If you've been thinking about adding trees to your landscape or sprigging an acre or two as an investment in the future, there's no need to wait. Planting now, before the ground freezes, gives seedlings a jump start on spring.

Planting tree seedlings in November or December can work out well. Sprigs planted in the fall have a chance to become established before the weather signals a beginning to the new growing season. Spring tree plantings typically need to be completed by mid-February, much earlier than other agricultural crops. Many times we plant too late to give the seedlings those few extra weeks for early growth.

If you are planning on planting this fall, prepare now by consulting a forester to find out what species are best suited to the sites available on your property. Then contact a supplier to take advantage of an ample supply and variety of trees for planting.

Now is also a good time to prepare the site. Particular care may be needed for seedlings to be planted in sodded areas. Vigorous competition can be a problem during late spring and early summer of the first growing season. Since these trees are only 6 to 12 inches in height, grass sod can quickly cover and possibly kill the newly established tree seedlings.

To control vegetative competition, treating the location where the seedlings will be planted with a herbicide recommended for

Gentian Plant - known as "biters" - In folk medicine it was used to increase the flow of gastric juice and increase appetite. There is little evidence to support this use. This herb may be harmful to those with high blood pressure or pregnant women.

For more information on the references used for this article or for information on other ingredients, contact Hazel Jackson at the Extension Office at 256-2403. Next week's article will discuss changes to the diet and lifestyle that might accomplish your goals.

the competitive ground cover. Spot spraying the area where you're going to plant the sprigs will provide adequate competition until mid-summer of the first growing season. One more selective spraying for the second

growing season is usually enough to give the seedlings a competitive advantage on the site.

There is one potential problem connected with fall plantings if you're planting on exposed soil. In this situation, trees planted in the fall can be literally "heaved" out of the ground by the alternate freezing and thawing action on the soil and seedling during the winter months, particularly in years with little or no snow cover. Covering soil around the seedlings with a 2-inch layer of mulch can help prevent root heaving.

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Thank You

Sowder Nursing Home, Inc. would like to thank all those who contributed to our annual Holiday Dinner: Frank Watson for the use of his parking lot and chairs, Broadch Baptist Church for the use of their tables, the Helping Hands Homemakers for their time, and all the employees who

helped extra above and beyond their regular duties. A special thanks to our dietary employees who worked very hard preparing the food. Our holiday dinner was a great success.
Worth Anne Harris
Sowder Nursing Home, Inc.

Livingston Fire & Rescue ANNUAL TURKEY SHOOT

Sat., Nov. 29th • 10 a.m.
Merle Smith Bottoms, White
Star curve, north of Livingston.
We furnish shells

410 gauge, 12, 16, 20

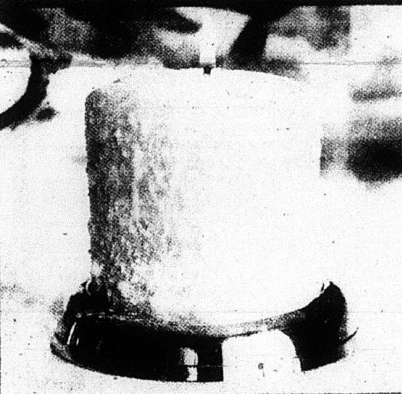
Kiwanis
Tree Lighting Ceremony
December 5th • 6 p.m.
City Park

FEATURING
Renfro Valley Singers,
Fairview Baptist Church Singers,
Amber Thacker,
Julie Eaton,
RCHS Band

Please bring non-perishable food items to be donated to REAP

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<p>SPORT UTILITY SPECIALS</p> <p>95 Nissan Pathfinder 4x4, XE, Nice Local Owner \$17,500</p> <p>97 Suzuki Sidekick, 4x4, Auto, Hard Top, 4 Dr. \$14,900</p> <p>95 Jeep Grand Cherokee, Limited, 4WD, V6, Leather \$22,965</p> <p>95 Jeep Cherokee, Country, 4WD, Loaded, Low Miles \$14,900</p> <p>94 GEO Tracker, AC, Low Miles, Convertible, Wheels \$7,795</p> <p>95 Chrysler Blazer, 4 WD, Tahoe, LT, Leather \$12,800</p> <p>93 Ford Explorer, 4 Door, 4WD, XLT \$13,368</p> <p>95 Jeep Wrangler, Two Left to Choose \$269 mo*</p> <p>TRUCKS/VAN SPECIALS</p> <p>89 Ford F-150, 4 WD, XLT, Loaded, Must C \$7,595</p> <p>94 Dodge Dakota, SLT, Great Work Truck \$5,900</p> <p>94 Ford Ranger, XLT, Auto, 6 cyl. \$189 mo*</p> <p>95 Toyota Tacoma, 4 WD, "Green", A/C, Low Miles \$14,895</p> <p>94 GMC K1500, 4WD, Ex. Cab, Silverado Low Miles \$14,450</p> <p>97 Dodge Ram, 4WD, Ex. Cab, SLT, Laramie, 7k mi. \$23,995</p> <p>95 Chrysler Town and Country, LXI, 4 Dr., Sharp \$22,965</p> <p>96 Dodge Caravan, 4 Door, best Value \$14,995</p> <p>94 Plymouth and Dodge Voyager & Caravans Starting at \$7,900</p> <p>CARS SPECIALS</p> <p>96 Dodge Stratus, Low Miles, Nicely Equip. Auto, Loc. Trade \$219 mo*</p> <p>96 Dodge Stratus, All Power, Loc. Trade, 1 Owner \$23 mo*</p> <p>95 Chrysler Sebring, LXI, PW, Sunroof, Loaded \$13,175</p> <p>95 Chrysler Sebring, Leather, All Options, Over 30K New \$15,689</p> <p>93 Olds Cutlass International, All Power, Loc. Trade \$7,498</p>	<p>CARS</p> <p>94 Ford Probe, Auto, AC, Low Low Miles \$168 mo*</p> <p>96 Plymouth Blazer, One Owner, Great Ca \$21,300</p> <p>97 GEO Prizm, LSI Pkg., A Steel Alt \$11,585</p> <p>96 Chevrolet 2-24, Blue, Alloy Wheels, Fact. Warr \$27,799</p> <p>95 Mazda 626, LS, Super Clean, Loaded \$265 mo*</p> <p>96 Toyota Corolla, Auto, AC, Cass., Plus Economy \$205 mo*</p> <p>96 Dodge Neon, Expresso, 2 Dr., and Ready \$195 mo*</p> <p>97 Toyota Camry, LE, Low Miles, 1 Owner \$18,380</p> <p>96 Dodge Stratus, 1 Owner, Trade, Loaded \$13,980</p> <p>96 Mercury Sable, Local Trade, Well Maintained \$158 mo*</p> <p>96 Buick Regal, Super Family Car At A Great Price \$12,235</p> <p>96 Ford Mustang, LX, V6, Auto, AC, Cass \$13,959</p> <p>97 Nissan Altima, GXE, White, Loaded w/Toys \$12,960</p> <p>97 Mazda Protege, Under 2,000 miles, Auto, AC \$11,980</p> <p>TRUCKS, VANS, SPORTS UTILITIES</p> <p>96 Dodge Ram 4x4, Club Cab, 1500, SLT, 1 Owner \$13,900</p> <p>97 Ford F150 4x4, This is a Must See \$16,900</p> <p>96 Mercury Tacoma, AC, Bedliner and more \$158 mo*</p> <p>96 Chevy Blazer, 4x4, 310, Right Color \$18,900</p> <p>96 GEO Tracker, Hard Top, 4 Dr., 4x4 and more \$10,980</p> <p>97 Ford F150 4x4, Third Door, XLT, 1500 Loaded \$23,980</p> <p>96 Ford Ranger, Club Cab, 1 Owner, Local Trade \$10,888</p> <p>95 Nissan X-Cab, 4x4, Great Truck, Fully Loaded \$16,583</p> <p>95 Mitsubishi Montero, LS, Trim, Loaded, 1 Owner \$18,589</p> <p>96 Nissan 4x4, Ready for the Winter \$15,989</p>

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The Family Room

By Dr. Don Whitehead

Abuse Continues As A Major Problem

I could see that she had been hit. Her eye was just beginning to turn purple underneath. There was another bruise forming on her cheek. "What happened?" I asked. "Who hurt you?" (All characters are fictitious.)

She kept her head down and said nothing. She was crying softly and held a facial tissue to her eyes.

"If you don't want to talk about it, that's OK," I told her. "We can talk about it later, when you have had some time to recover."

"My husband did it," she quickly told me. "He's been doing it to me for ten years. I don't know why. He says I can never do anything right, and I'm beginning to believe him. No matter what I try to do, he still hits me."

"How often does this happen?" I inquired.

"At least once a week," she answered. "Usually on the weekend when he's drunk, and sometimes during the week when he's sober."

"Has he ever hurt one of your children?" I asked.

"No," she quickly answered. "If he ever hit one of my kids, I would leave him immediately. I've told him that plainly. He knows better than to touch one of the children."

Carla's marriage is not an unusual one unfortunately. Many other marriages are also scenes of abuse. Abuse shelters are one of the places women can go to get away from the abuser. Kentucky has a network of shelters around the state.

Statistics from Kentucky show the enormity of this problem. In the fiscal year 1996, shelters in Kentucky provided shelter to 6,054 women, children and men who were victims of abuse. (A woman and her children

may come to the shelter several times in a year but these figures reflect only the first time they enter the shelter.)

In fiscal year 1996, Kentucky shelters provided services to 12,858 non-residential clients. Shelters provide help for women in abuse even if they do not choose to live in the shelter. And, in the same year, shelters in the state handled 38,188 crisis calls from women who were abused.

These statistics include only those who called or came to a shelter. Many, many others are abused, but never call a shelter for help. Some do not even know that these shelters exist.

Bethany House Abuse Shelter in Somerset provides services to residents of Pulaski and surrounding counties. It provides a safe place for families who need to get away from an abuser. The shelter also provides counseling, legal advocacy, children's programs and other services.

Diane did not know that help was available to her until her pastor's wife told her about Bethany House. She quickly called and moved in the next day. Her husband had abused his first wife and was now abusing Diane. He had threatened to hit her son, but had not done so yet.

"I knew I had to get away," she told the counselor at the shelter. "He was getting madder and madder every day. It was to the point that I was afraid that he was going to kill me. He put a gun to my head several times, always in front of my son. A nine-year old boy should not have to see such things. I don't want him to grow up to be like his father."

If you are being abused, call Bethany House Abuse Shelter at 679-1553 or call toll free at 1-800-755-2017. Even if you do not need a place to live, they can help.

Farmers' Home Administration is now servicing Rockcastle County on the 2nd and 4th Tuesdays of each month. They can be seen on a first come first serve basis during the hours of 9 a.m. - 11 a.m. on their scheduled days.

Tobacco marketing cards were mailed Thursday, November 6, to producers who had all of their paperwork completed. If you have not received your marketing card, you probably need to come into the office and complete your paperwork.

AMTA (corn program) producers have received a letter concerning advance payments. If you wish to change your payment status to receive an advance, complete the enclosed form and return it to the office.

If the advance payment is to be issued by January 15, the request form must be received in the office by December 1. If the advance payment is to be issued by January 15, the request form must be received in the office by December 31. For producers who do not request an advance payment, the entire FY 198 payment will be issued by September 30, 1998.

Documentation has been received in the County Office providing the

revised dates for FY 1998 for reconstructing farms, enrolling expired CRP reduction acres, and revising CCC-478.

If a DEC 97 advance payment is requested and a reconstitution is needed, the recon must be requested by DEC 1, and all documentation signed by DEC 23. If a DEC 97 advance payment is requested and CRP CAB reduction acres are on the farm to be enrolled in PFC, the acres must be enrolled by DEC 31.

If a JAN 98 advance payment is requested and a reconstitution is needed, the recon must be requested by DEC 31, and all documentation signed by FEB 13. If a JAN 98 advance payment is requested and CRP CAB reduction acres are on the farm to be enrolled in PFC, the acres must be enrolled by Dec. 31.

If a producer does not request an advance payment but a reconstitution is needed, the recon must be requested by JUN 1, and all documentation signed by AUG 3. If a producer does not request an advance payment and CRP CAB reduction acres are on a farm to be enrolled in PFC, the acres must be enrolled by APR 3.



Renfro Valley folks will once again provide a Tree of Love for many less fortunate Rockcastle County children this Christmas season. Names of the children are provided by the Rockcastle County Department for Human Resources. Anyone interested in participating may do so by selecting an ornament and return wrapped, clearly labeled presents by December 17th. The Tree of Love is located in Santa's Workshop with hours of Friday - 4 to 7 p.m., Saturday - 2 to 7 p.m., and Sunday - 1 to 4 p.m. Pictures with Santa are \$3. Tonya Lay, left and Cindy Roberts are shown with the Tree of Love.

Poet's Corner

Thanksgiving at Mother's

By Preston Parrett
Thanksgiving at Mother's house Was always a treat. For fellowship and love Besides the good food to eat.

Now for Thanksgiving day, Mother would start days ahead, Planning all the food and ingredients That would make a country spread.

Mother never had a cookbook Or a recipe written down, But she always came up With some of the best food in town.

She had an old Woodburner Knew how to regulate the heat, And her oven baked biscuits Were a homemade treat.

Mother would stuff the turkey And then baste it well, Place it in the oven And soon there was a heavenly smell.

On top of the woodburner Vegetables were bubbling away, And the steam from the tea kettle Was warming up the day.

People would wander through

Along with Dad and all the kids, And many had the habit Of raising and looking under lids.

When the food was on the table People were seated with care, And as the food went around Everyone would take a share.

Mother is gone now But loving memories linger there, Where on Thanksgiving the family got together For enjoyment and a word of prayer.

Litter Control Update

By Charles Wayne Bullock, coordinator
The Rockcastle County Litter Control have been at it again, cleaning up litter and dumps on the roadways. During the months of October and November roadways cleaned were U.S. 25 South of Livingston, Highway 70, Negro Creek Cemetery, Negro Creek Road, Lake Road, Ford Brothers Road #61, Burr Hill, Rockcastle Hospital Road, Kiwanis Club Road, City of Brothard.

Agricultural News

By Warden Alexander, Director

This year's FSA County Committee election will be held for Community 2, which is currently represented by Darrell Wayne Whitaker. This southeast section of Rockcastle County is bound by Pulaski and Laurel counties. Highway boundaries for this section are 70, 150 and 25. Nomi-

nes for this election are Tammy White Cornett, Barry Hurst, Eddie Paul Noe and Darrell Wayne Whitaker. Ballots will be mailed not later than November 21 to eligible voters and must be returned no later than December 1. Ballots will be counted on Thursday, December 4, at 9:00 a.m. Rural Development (formerly the

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Junior Johnson of Buckeye was helping to strip the tobacco crop of Jeff Burdette, on Burdette's farm at Renfro Valley Monday afternoon. Tobacco markets opened Monday across Kentucky with a variety of prices for this year's crop.

"Tobacco" (Cont. from front)

Rockcastle farmers will likely be short of the 4.2 million pounds of burley they can sell this year, but Mills doesn't think the poundage will be extremely short. The best prices in the state on opening day were in Russellville at \$1.98.73 per pound. The lowest was at Morehead at \$1.85.49. Richmond had the second lowest prices at \$1.86.13 per pound. 18.2 million pounds were sold in Kentucky.

Tobacco stolen from two county farms

Police are investigating the theft of stripped tobacco last week from two Rockcastle County farms. Four bales were stolen from the farm of William Jones at Climax last Sunday night. Jones valued his tobacco at \$800. On Friday, someone took 200 pounds of burley from the farm of Don Gabbard's at Brindle Ridge. Rockcastle County Deputy Sheriff Darrell Doan is investigating both thefts.

"Ford testifies" (Cont. from front)

very fiscally conservative legislator, but insists that the state must not create surpluses by causing those in need to suffer. Rep. Ford addressed these and other related issues when he testified before the Budget Review Subcommittee on Human Resources on Wednesday.

Too Late To Classify

Garage Sale: Wilcox's Garage, Saturday, 2 p.m. and Sunday, 2 p.m. Everything must go. Bargain prices!
 For Sale: Electric black and white Peavey guitar and amp. New. \$300. 256-4460.
 For Sale: 1981 Grand Prix, 301 engine, runs good. 256-3446 after 6 p.m.
 Yard Sale: Five families, yard and moving sale. All day Friday and Saturday. Electric stove, microwave, television and oak cabinet, loss of glassware, etc. Home of Mattie Miller. For more info, call 256-4401.

\$1 million appropriated for DB land purchases

U.S. Senator Mitch McConnell and Congressman Hal Rogers announced last week that the U.S. Senate approved their request for \$1 million to acquire land for the Daniel Boone National Forest. The funding is included in the Conference Report of the Interior Appropriations bill which passed the Senate by a vote of 84 to 12.

McConnell worked successfully with Congressman Hal Rogers of

Somerset, to get the \$1 million included in the bill during the House/Senate Conference. The funds had been in the House bill. But now the Senate version. The funding will be used to acquire additional land, which will be determined by the Forest Service. The Daniel Boone is Kentucky's only national forest, covering about 600,000 acres in 21 counties, including Rockcastle.

"As a member of the Appropria-

tions Committee, I was happy to work with Congressman Rogers to get this funding included in the final bill," said McConnell. "The Daniel Boone National Forest is one of the State's top tourist attractions. It's a wonderful place to experience the great outdoors... and with this additional funding the Daniel Boone National Forest will continue to be a vital asset to Kentucky."

The Daniel Boone is one of

Kentucky's great treasures, providing a wide range of recreational opportunities and serving as an important economic resource for our people," Rogers said. "This money will enable the Forest Service to move ahead with important land purchases that will ensure the Daniel Boone continues to be an important part of Kentucky's heritage."

The Conference Report of the Interior Appropriations bill now goes to the President for consideration.

Year End Clearance TRUCK SALE

97 Toyota Land Cruiser **LOADED**
 Green, 4 door, sunroof, leather, V6, all power, air bag, ABS, alloy wheels, CD, tilt, cruise
\$44,995

4x4 TRUCKS
87 Ford Ranger X/Cab Red, V6, 5 sp, air, pst, cass, local trade **\$5,995**
87 Chevy S-10 Red, V6, 5 speed, power steering, cass **\$5,995**
87 Toyota Pickup Red, 4 cyl, 5 sp, air, pst, cass, alloy wheels **\$7,995**
88 Toyota X/Cab LT, blue, auto, air, pst, tilt, cass, alloy wheels **\$7,995**
92 Chevy S-10 White, V6, 5 sp, pst, cass, local trade **\$8,995**
91 Toyota Pickup Maroon, 4 cyl, 5 sp, air, pst, cass **\$9,995**
92 Toyota Pickup White, 4 cyl, 5 sp, air, pst, alloy wheels **\$12,995**
94 Toyota Pickup Gray, auto, pst, cass, warranty, 58K mi **\$12,995**
94 Toyota X/Cab Green, V6, 5 sp, air, bag, pst, cass **\$14,995**
95 Toyota Pickup White, 4 cyl, 5 sp, air, bag, pst, cass, warranty **\$14,995**
94 Toyota X/Cab Red, V6, 5 sp, air, alloy wheels, warranty **\$15,995**
95 Chevy C1500 Shortbed Loaded! Black, 350 auto, air bag, cass **\$16,995**
96 Toyota X/Cab City, V6, 5 sp, air, bag, warranty, 51K mi **\$17,995**
96 Toyota Tacoma X/Cab Loaded! Maroon, auto, warranty, 10K mi **\$18,995**
96 Toyota T100 SR5 X/Cab Loaded! Silver, 4 dr, sunroof, 15K mi **\$21,995**
97 Toyota Tacoma X/Cab Loaded! Black, V6, 4 dr, warranty, 2K mi **\$22,995**

95 Toyota Tacoma 4x4 White, air, tilt, cruise, cassette, alloy wheels
\$13,995

SPORT UTILITIES
90 Jeep Cherokee Laredo Loaded! White, 4 dr, V6, leather, all power **\$6,995**
95 Geo Tracker Convertible Purple, 2 dr, 4 cyl, 5 sp, air, local trade **\$7,995**
91 Chevy S-Blazer Loaded! Black, 4 dr, V6, local trade **\$10,995**
95 Chevy S-10 Blazer Loaded! Silver, 4 dr, V6, air bag, 44K mi **\$17,995**
97 Chevy S-Blazer Loaded! Black, V6, warranty, 15K miles **\$22,995**
97 Chevy S-Blazer LS Loaded! Green, V6, warranty, 16K miles **\$22,995**
95 GMC Yukon SLT Loaded! White, 2 dr, 350 auto V8, 55K mi **\$22,995**
95 Toyota 4-Runner Loaded! Green, 4 dr, V6, warranty, 15K miles **\$23,995**
95 Toyota 4-Runner Loaded! Blue, 4 dr, V6, 23K, 23K mi **\$23,995**
95 Toyota 4-Runner Loaded! Silver, 4 dr, sunroof, 15K mi **\$24,995**
95 GMC Yukon SLT Loaded! Green, 4 dr, V8, leather **\$24,995**
96 Toyota 4-Runner Loaded! Blue, 4 dr, ABS, sunroof, 14K mi **\$28,995**

150 Used Cars In Stock

95 Toyota Camry **LOADED COUPE!**
 White, 2 door, auto, air, bag, pw/pj/pst, cruise, cassette, warranty, 28K miles
\$15,995

2WD TRUCKS
93 Toyota Pickup Maroon, 4 cyl, 5 sp, air, pst, cass **\$6,995**
94 Toyota Pickup Maroon, auto, air bag, warranty, 22K mi **\$9,995**
95 Ford Ranger Splash Loaded! Black, 350 auto, air, alloy wheels **\$9,995**
91 Chevy C1500 Sport Loaded! Shortbed, white, 350 auto, air **\$10,995**
93 Ford F150 Loaded! Blackhead, 351 auto V8, 56K mi **\$12,995**
96 GMC Sonoma SLE Black, 4 dr, cruise, warranty, 13K miles **\$10,995**
96 Toyota X/Cab Maroon, auto, cass, warranty, 23K mi **\$14,995**
97 Toyota Tacoma X/Cab Auto, air bag, cass, warranty, 13K mi **\$15,995**

95 Toyota Rav4 **LOADED!**
 White, 4 door, auto, air, tilt, cruise, power steering, air bag, cassette, warranty
\$15,995

94 Toyota Corolla Wagon **LOADED!**
 White, 4 door, auto, air, tilt, cruise, cassette
\$9,995

93 Toyota Camry Wagon **LOADED!**
 Blue, 4 door, auto, tilt, cruise, air bag, pw/pj/pst, cassette, 55K miles
\$12,995

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50th Wedding Anniversary

Bob and Belle Huff, of Berea, will celebrate their 50th wedding anniversary with a reception given by their daughters Taunya and Vonnora Sunday afternoon, November 30th at 2 p.m. at the Wildie Christian Church. The couple were married November 29, 1947 in Lexington. They have three grandchildren and two great-grandchildren. All friends and family are invited to attend. Your presence is the only gift requested.



Jones - Barron

Mr. and Mrs. Don Jones of Somerset announce the engagement and forthcoming marriage of their daughter, Sherry, to Mike Barron, son of Frank and Sue Durham of Climax. The couple will be united in marriage during an open ceremony at 1:30 in the afternoon on December 13 at Immanuel Baptist Church in Somerset. All friends and relatives are invited. A reception will follow in the church fellowship hall.

"Christmas In The Valley" runs through December 22nd

Christmas in the Valley Show
An original Renfro Valley production. Enjoy all your Christmas favorites performed by the Renfro Valley Entertainers. Fridays and Saturdays at 7 p.m.

Santa's Workshop
Visit with Santa and his elves amidst a winter wonderland Fridays 4 p.m. to 7 p.m., Saturdays 2 p.m. to 7 p.m. and Sundays 1 p.m. to 4 p.m.

Renfro Village
Unique Christmas shopping with a country flair. A treasure trove of items can be found such as original artwork, country crafts, Christmas specialty items, unique clocks, decorative tins, kitchen gadgets, hot spice cider, hot chocolate, homemade cookies and candies, leather goods, shirts, souvenirs and a huge selection of country, gospel and bluegrass tapes, CDs and videos.

Plus
Strolling carolers, recitation of the Christmas story, clogging elves, the Tree of Love, festive treats for children, Mountain Gospel Jubilee Saturdays at 3:30 p.m., holiday meals at The Lodge Restaurant, Renfro Valley Gatherin' 8:30 a.m. on Sundays, Christmas photo opportunities on Santa's Train and twinkling lights galore.

Rockcastle Community Bulletin Board

Bookmobile Schedule
Mon., Dec. 1st: Calloway, Red Hill, Livingston, Lamero.
Tues., Dec. 2nd: Burr, Pine Hill, Maple Grove, Climax.
Wed., Dec. 3rd: Spiro, Level Green, Willitala.

VA Rep
VA Rep will be at VFW Building, Lake Linville, Monday, December 1st from 9 to 2.

Holiday Grief Helpline
Are you depressed?...Lonely? Are the holidays getting you down? Do you need someone to listen to you? We are available 7 days a week, November 24 - January 1, 6:00 a.m. - Midnight. For a comforting voice and a listening ear, call 1-800-360-9862. Sponsored by Hospice Care Plus, Inc. (formerly Hospice of the Kentucky River, Inc.) Hospice East, and Heritage Hospice.

TOPS
TOPS (Take Off Pounds Sensibly) meets Thursdays at 6 p.m. at the First Church of God on Main St. in Brodhead. Phone 1-800-932-TOPS for more info.

Turkey Shoot
Livingston Fire and Rescue will host their annual Turkey Shoot, Saturday, November 29th starting at 10 a.m.

Tree Lighting Ceremony
City of Mt. Vernon Tree Lighting Ceremony in the park, Friday, Dec. 5th at 6 p.m. Christmas Parade, Saturday, December 6th at 1 p.m. For float or other entry information contact City Hall at 256-3437.

Santa Claus Coming To Brodhead

The Annual E.J. Taylor Memorial Christmas Parade will be at 3 p.m. on December 6th. Santa will give out treats to kids immediately following parade at Brodhead Fire Department. Citizens Bank of Brodhead, Mt. Vernon starting November 22nd. You must be present to win and can only win once. Members of BVFD and family members, employees of Citizens Bank and family members not eligible to win prizes. Come participate in parade and festivities at Brodhead. Grand Marshal of parade will be Angie Riccio, WKYT-TV 27 news anchor. For further info, call 758-8635, 758-4165 or 758-4144.

Offices Closed
The County Clerk's Office will be closed Thursday through Saturday, November 27 - 29 for the Thanksgiving holiday. The Circuit Clerk's office will be closed Thursday - Saturday, November 27 - 29. The Road Test, CDL Test, and Permit Test will not be given on Friday, November 28, 1997.

Overlay Basket
December 4th, 10:30 a.m. Learn to

make an Overlay Basket at the Extension Service. The class will be taught by Ardia Herndon, a basket teacher from Taylorsville. Cost of materials is \$30; spaces are limited. Call 256-2403 for details.

Chair Caning
December 5th and 6th Chair Caning classes will be taught by Ardia Herndon. An oak footstool will be completed by participants. Cost of the footstool and supplies is \$30; spaces are limited. Call 256-2403 for details.

Senior Citizen Notice
The Rockcastle Day Health Care Center is now accepting applications for qualified clients. For more information call 256-4316 or visit our Senior Center located on Hwy. 25 south in the old roller rink building next door to Lumber King.

Services Extended
Rockcastle County Senior Citizens is now extending services in the Brodhead area to reach all persons 60+ who are interested in congregating for a noon meal. Services will include meals to be served at the Brodhead Center, shopping and other activities. Call or visit the Center for further information.

Donate a Cookbook to a Good Cause

The Rockcastle Co. Extension Homemakers are sponsoring a cookbook drive for flood victims in Pendleton County. With the holidays coming, many of the flood victims will be needing cookbooks. If you have new or slightly used cookbooks that you would like to donate, they may be brought to the Extension Office until November 26.

Holiday Idea Booklet
A Holiday Idea Booklet is available free of charge from the Extension Office. The Extension Office is located in the Clontz and Cox Bldg. on Richmond Street. Call 256-2403 for more information.

LEAP Christmas Baskets
Now accepting applications and donations for 1997 Christmas Baskets at the LEAP building on Hwy 25. Call 453-9800 for more info.

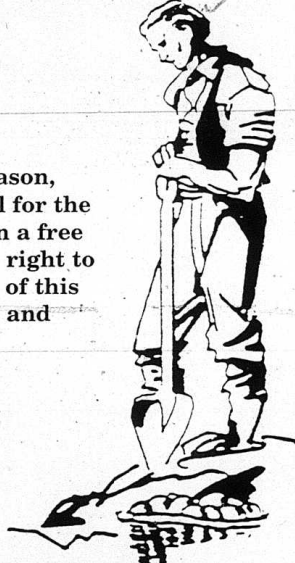
Community Thanksgiving Worship Service
Community Thanksgiving Worship Service, Wednesday, November 26 at 7 p.m. Rockcastle County High School Auditorium. Speaker: Dwight Hensley (Minister of Light-house Assembly of God). Special music by First Baptist Church Choir. For more information call 256-2876 or 2922. Sponsored by Rockcastle Ministerial Association.

Notice
Any Rockcastle Countian who has had an organ transplant or is on the waiting list please contact the Circuit Clerk's Office before December 4th. We are working on a float for the Christmas Parade and need your participation. Please call 256-2433 or 256-2581 8 a.m. to 4 p.m. Monday through Friday.

Happy Thanksgiving from all of us at Citizens Bank



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That Perfect Christmas Gift!

County Statistics

Deeds Recorded

Christa and Gary C. Mink, real property located on U.S. 25, to Jimmy and Debra Prewitt. Tax 10.00.
 Joy Louise Mize Thompson and Sherman and Anna Mae Mize, real property located on Eagle Creek on Rockcastle River, to Sherman and Anna Mae Mize. Tax 10.00.
 Matthew M. and Lora Poyntner and Marguerite Poynter, real property located in Rockcastle County, to Charles Holbrook. Tax 5.00.
 Danny Wayne Simpson, real property located in Rockcastle County, to Nick and Edna Chastain. Tax 35.00.
 Robert Allen and Cleis Jo Waldron, and Tot and Opaline Waldron, real property located in Rockcastle County, to The Nature Conservancy. Tax 106.00.
 Glenn A. and Audrey G. Burdette, real property located in Rockcastle County, to L.C. Burdette, Jr. Tax 30.75.
 Michael W. and Carol L. Bryant

and Joann and Bill Taylor, real property located in Owens Subdivision, to David A. VanHoose. Tax 22.50.
 Edward Keith and Jerri Lynn Smith, real property located in Rockcastle County, to Earl and Bernice Fish. Tax 8.50.
 Lloyd McKinney, Jr. and Martha McKinney, real property located in Rockcastle County, to Charles Kirby, Larry Wayne and Donna Hayes, real property located in Rockcastle County, to Darrell Farmer. Tax 30.00.
 Robert E. and Rosamund Philbeck, real property located in Rockcastle County, to Jeffrey D. and Tracy M. Mink. Tax 63.00.
 Kermit R. and Lisa Bowling, real property located in Ridgeview Subdivision, to William Cleits and Connie Frances Baker. Tax 66.00.
 Opal Lee Robinson, real property located on Roundstone Creek, to Bill and Geraldine Russell. Tax 20.00.
 Linda and Donald McWhorter, real property located in Rockcastle County, to Estil Weaver. Tax 6.00.
 Madonna McKinney, real property located on Chestnut Grove Road, to Chris McKinney. No tax.
 William Whitaker, Jr., real prop-

erty located on Bowling Ridge Road, to Rant Layton. Tax 4.00.
 Steve and Jill Ponder, land contract for real property located in Bowling Ridge section, to Gary and Cindy Johnson. Tax 8.00.
 Restia R. Dash, real property located on Old U.S. 25, to Juanita Mink. Tax 5.00.
 Robert M. and Janet L. Mize, and others, real property located in Quail, to Rebecca R. and Travis Stewart. Tax 28.50.
 Benton and Theresa Bullock, real property located in Rockcastle County, to Elddie and Regina Stallsworth. Tax 6.00.
 Ben and Jewell Brooks, real property located in Rockcastle County, to James D. Honchell. Tax 2.00.
 Ruby Vessels Allen, real property located in Rockcastle County, to Tim VanWinkle and Shirley Wilson. Tax 6.00.
 Ernest D. and Elizabeth Thomas, real property located on David Branch, to Jerry A. Thomas. Tax 28.50.
 Barry and Janet McClure, real property located in Rockcastle County, to Bruce and Nikki Chastain. Tax 2.50.
 Bruce and Nikki Chastain, real property located in Rockcastle County, to Paul Rice. Tax 2.50.

ty services rendered. 97-C-000197. Rockcastle County Kentucky on Relation of Commonwealth of Kentucky, Secretary of the Revenue Cabinet vs. Herbert Mullins. \$534.11 claimed due for unpaid taxes. 97-C-00198.
 Rockcastle County Kentucky on Relation of Commonwealth of Kentucky, Secretary of the Revenue Cabinet vs. Eric Smith. \$1,359.71 claimed due for unpaid taxes. 97-C-00199.
 Rockcastle County Kentucky on Relation of Commonwealth of Kentucky, Secretary of the Revenue Cabinet vs. John and Shirley Staff. \$531.98 claimed due for unpaid taxes. 97-C-00200.
 Rockcastle County Kentucky on Relation of Commonwealth of Kentucky, Secretary of the Revenue Cabinet vs. Bobby R. Singleton. \$700.58 claimed due for unpaid taxes. 97-C-00201.
 Rockcastle County Kentucky on Relation of Commonwealth of Kentucky, Secretary of the Revenue Cabinet vs. Ronald David and Judy Powell. \$337.37 claimed due for unpaid taxes. 97-C-00202.

Circuit Civil Suits

Commonwealth of Kentucky, Ex Rel Michelle York vs. Kevin B. Fletcher, uniform support petition. 97-CI-00251.
 Commonwealth of Kentucky, Ex Rel Teresa Rose Hasty vs. DeWayne Hasty, uniform support petition. 97-CI-00252.
 Rodney G. Adams vs. Tracy L. Perry, Commonwealth of Kentucky, Department of Social Services, motion for temporary custody and child support. 97-CI-00253.
 Melame D. Powell vs. James Bradley Powell, petition for dissolution of marriage. 97-CI-00254.
 Commercial Credit Investment.

District Court News

November 3, 1997
Hon. Michael L. Henry
 Billy J. Kemp. Defective equipment. \$20 and costs.
 Troy R. Kirby. Operating Motor Vehicle under Influence Drugs, \$200 and costs, \$200 service fee, \$175 criminal fine fund, 30 days, to serve/ (Cont. to B4)

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 HEAT Multi-Story Home, Shop, Barn, Domestic Water, Pool, Greenhouse, Etc. With Clean, Safe, Efficient (lasting system) Wood Heat
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Marriage Licenses

Ellen Mae Alexander, 20, Berea, waitress, to Joellen T. McKenna, Big Hill, laborer. November 24/1997.

District Civil Suits

Lake Cumberland Health Care, Inc. d/b/a Columbia Lake Cumberland Regional Hospital vs. Paul G. Burge. \$540.84 claimed due

Golden Burley Tobacco Warehouse

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REAL ESTATE FOR SALE

Homes \$50,000 & Up

Make the Move to Better Living! South Ridge Estates, Mt. Vernon! This new ranch style vinyl sided home offers full basement, 3 bedrooms, 2 baths, living, dining kitchen plus heat pump, city water, washer/dryer hookup and a 1 1/2 car attached garage. Priced at \$79,900. M970.
High Street, Mt. Vernon! This conveniently located newly remodeled two story home offers 3 bedrooms, two baths, living room, dining room, kitchen, large utility room, full bedroom with closet area plus one car detached garage. Call and see all new carpet, furnace, roof, and cabinets. This home is eager and waiting for that growing family of yours. Priced at \$57,500. M975.
Elegant Prestigious Home - Mt. Vernon with 4 acres, inground pool and 3 car garage. The house has living/family room with cut stone fireplace, wormy chestnut throughout, 3 bedrooms, 2 baths, modern kitchen, and formal dining room. Priced at \$159,900. M984.
Country Home Near Bee Lick with 1.11 acres, pond, 2 car detached garage with apartment overhead. The house has living room, kitchen, dining room, family room, 3 bedrooms, 2 baths and electric heat. All for \$69,900. M1027
Just Off Richmond Street, this ranch-style fieldstone home offers 3 bedrooms, bath, living room, kitchen, formal dining room and washer/dryer hookup, in addition, there's a carport and detached one car garage. Situated on a large lot measuring approximately 1 acre. Priced at \$65,000. M1028
Just Reduced! Take a Deep Breath of Fresh Country Air! Brick house and approximately 2 acres located on Carl Brown Road near Spiro. This home features living, dining, kitchen, 3 bedrooms, and one bath plus a full basement with a bath. Other amenities include: carport, storm windows, ceiling electric heat and washer/dryer hookup. M1014
Bit 'O' The Country! Enjoy private country living in this 8 1/2 acres! The property has a two story home with Mansard style roof and offers 4 bedrooms, 1 1/2 baths, den, living room, dining and kitchen. In addition, there's a 2 car garage with storage. Located in the Poplar Creek subdivision and priced at \$63,500. M1038
A Place For The Family and Income, Too! Located on Highway 150, Roadside, this property offers a 1 1/2 story home with 1500 sq. ft. living area and includes 3 bedrooms, 2 baths, heat pump, fireplace, washer/dryer hookup and detached 2 car garage. In addition, there's a 12x60 mobile home with 2 bedrooms and a bath. \$49,900 INVESTMENT priced at \$72,500. M1053.

Commercial Property

JUST REDUCED! 43 Acres located near the world famous Renfro Valley and adjoining I-75! The property could be developed! It's that time of year! Now priced at \$45,000. M950.
Listed in The National Register of Historic Places, the stately stone and log home built by the late John L. includes a stone and frame barn/apartment combination on 11 acres in Renfro Valley. Conveniently located near I-75, this property has definite potential for commercial development. \$750,000. M700
Dailey Street, Mt. Vernon! 2.25 acres, paved with a 36x120 barn-type building. City water and sewer. Priced at \$29,900. M991.
Spacious Commercial Lot Adjacent to I-75 - great visibility surrounded by commercial activity at Renfro Valley. Lot consists of 1.04 acres with city water and sewer. Priced at \$365,000. M1044.
Commercial Property Located on US 25 Near Renfro Valley! This property consists of 92/100 of an acre including the former Crawford house and is situated in the midst of commercial activity. Priced at \$250,000. M1045.
Renfro Valley! Commercial Lot with frontage on US 25. Lot measures 8/10 of an acre with city water and sewer - in the midst of commercial potential. Priced at \$220,000 M1046.

Homes \$40,000 - \$50,000

Bulls Eye! Right in the center of everything-close to school, stores, and churches. This house offers 3 bedrooms, bath, living room and kitchen with new oak cabinets. A one car detached garage and storage barn are included in this package. Very affordable housing at \$42,900. M1026
Handiest Place In Town! Walk to schools, church and shops from West Main, Mt. Vernon. This brick home offers 3 bedrooms, bath, living room and dining/kitchen comb. Added features include: ceiling cable heat, city water and sewer, washer/dryer hookup, blacktopped drive and a landscaped lot. Priced at \$49,900. M1033
Looking For a Good Buy? Then check out this masonite siding mobile home with addition located on Highway 150, Broadhead. The home has living room, dining, kitchen, 3 bedrooms, bath and utility room plus washer/dryer hookup and some appliances included. Situated on a 1/2 acre lot, more or less, with a storage building. Priced at \$19,900. M1029
Looking For a Good Buy? Then look at this mobile home! The home includes living room, kitchen, two bedrooms and a bath. The property is located near Lake Linville and is situated 35/100 of an acre. Priced at just \$14,900. M1039

LOTS

Restricted Lots! Paved street, city water, 2 large lots measuring approximately 1 acre each. Located in the Woodland Place Subdivision and priced at \$9,000 each. M710.
Restricted Country Building Lot! Evergreen Estates Subdivision - Blacktop street - city water - Lot measures approximately 55/100 of an acre. One of Rockcastle's best neighborhoods. Owner will finance and will consider trade. Priced at just \$7,900. M834.
Countryside Estates! Near Mt. Vernon, this restricted lot measures 88/100 and offers a grand spot for your new home with a paved street and city water. Priced at \$8,000. M954.
Rolling Hills Subdivision! Just off old Highway 461! Two restricted building lots ranging in size from 7/10 to 8.10 of an acre. Priced at \$7,000 each. Take your pick and make plans now to begin your new home! M937.
Five Tracts Located at Ottawa (Rockcastle County). These range in size from 1.05 acres to three acres with city water, blacktop road and some restrictions. Ideal for building or a mobile home. Prices reduced!! Tract No. 1 - \$9,900. Tract No. 2 - \$7,900. Tract No. 3 - \$7,900. Tract No. 5 - \$5,900. Tract No. 6 - \$6,900. Call today. M912
Rolling Hills Subdivision! Restricted building lot located just off Highway 461 with city water available. This lot contains 2.965 acres! Start building your dreams tomorrow! Priced at \$7,900. M790b
Sunnyside Estates! All New Restricted Mobile Home Subdivision! Large spacious country lots with paved streets, underground utilities, and city water. Financing available. Priced at \$7,900 each.

Mobile Homes

Looking For a Good Buy? Then check out this masonite siding mobile home with addition located on Highway 150, Broadhead. The home has living room, dining, kitchen, 3 bedrooms, bath and utility room plus washer/dryer hookup and some appliances included. Situated on a 1/2 acre lot, more or less, with a storage building. Priced at \$19,900. M1029
Looking For a Good Buy? Then look at this mobile home! The home includes living room, kitchen, two bedrooms and a bath. The property is located near Lake Linville and is situated 35/100 of an acre. Priced at just \$14,900. M1039

FARMS

88 Acres located in the Pine Hill section of Rockcastle County! Good investment potential. Won't last long. Priced at \$24,900. M863.
267 Acres! Two miles south of Mt. Vernon off Highway 1249. Some young timber and cleared bottom land. Priced at \$49,900. M960.
For Land's Sake! Imagine a modern brick home on 40 acres of bottom land! The home offers 1,500 sq. ft. of living area and also has living, dining/kitchen combination, and bath plus washer/dryer hookup, electric baseboard heat and storm wells. Excellent 32x40 barn with shed. Located in the Indian Creek section of Jackson County and priced at \$75,000. M960a
Saylor Road - 4.38 Acres. City water available - no restrictions. Priced at \$15,000. M936b
8.44 acres located on Saylor Road. Build to suit yourself! \$20,000. M936d

FUTURE AUCTIONS

Absolute Auction of the Gilbert Brother's
 48 Acres More or Less in Tracts and 2 Barns
 Saturday, November 6th at 10:00 a.m.
 Will Chancellor Road, Lincoln Co.

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 Lancaster 606-792-6601 Mt. Vernon 606-256-4379

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1997 Hyundai Accent
 Auto, Air, 12,000 miles
 \$8,995 or \$194 Mo.



1994 Mazda B-3000 4x4
 V6, Air, Low Miles
 \$11,500 or \$268 Mo.



1997 Nissan Altima GXE
 Loaded, Auto
 \$13,500 or \$289 Mo.



1996 Chevrolet Corsica
 Auto, Air, Loaded
 \$8,995 or \$194 Mo.



1995 Nissan Pick-up XE
 Air, CD Player, Wheels
 \$8,850 or \$189 Mo.



1994 Chev. S-10
 Air, Low Miles, Local Trade
 \$6,500 or \$157 Mo.



1996 Chevrolet Monte Carlo
 Auto, Loaded
 \$11,995 or \$258 Mo.



1996 Pontiac Grand Am GT
 Loaded, Alloys, Spoiler
 \$11,995 or \$258 Mo.



1992 Chev. C-1500 Silverado
 4x4, Auto, 350, V8
 \$11,900



1997 Chev. Lumina
 Loaded
 \$12,995 or \$279 Mo.



1994 Mercury Cougar XR7
 V8, Loaded, Cherry
 \$9,995 or \$233 Mo.



1992 Chev. S-10
 Extra Cab, 4.3, V6, Auto, Local
 \$6,500 or \$179 Mo.



1995 Mercury Villager LS
 Sun-Roof, Rear Air, Loaded
 \$13,995 or \$299 Mo.



1996 Plymouth Breeze
 Auto, Air, Stereo
 \$10,995 or \$235 Mo.



1996 Buick Regal
 V6, Loaded, Low Miles
 \$11,995 or \$259 Mo.



1995 Pontiac Grand Prix
 V6, Loaded, Extra Nice
 \$9,450 or \$204 Mo.

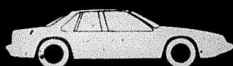
Come, check out the great deals listed below at our Lancaster Lot

1995 Ford Mustang, Auto, Loaded
 Low Miles \$10,995 or \$235 Mo.
 1996 Ford Banger XLT, 11,000 miles, Lots of
 Extras, Local Trade \$9,995 or \$215 Mo.
 1997 Pontiac Sunfire, 2 Dr., Rear Spoiler,
 Alloys, 9,000 miles \$11,995 or \$257 Mo.
 1996 Saturn SC2, Auto, Local Trade \$11,995 or \$257 Mo.
 1995 Ford Aerostar Van, Loaded, Low miles \$10,500 or \$225 Mo.
 1995 Chevy S-10, 5 Speed, Air \$8,450 or \$179 Mo.
 1996 Pontiac Grand Am SE, 4 Dr., V6, Loaded,
 Low Miles \$10,995 or \$235 Mo.
 1996 Pontiac Grand Am, 2 Dr., V6, Local Trade \$10,995



1995 Nissan 4x4 XE, 11,000 miles \$13,500 or \$290 Mo.
 1996 GEO Tracker 4x4, Auto, Extra Clean \$10,995 or \$235 Mo.
 1990 Toyota Tercel, Automatic, Local trade \$2,995
 1992 Ford Aerostar Van, Local Trade \$5,500
 1991 Chev. Cavalier, 4 Dr., Auto, Local Trade \$1,995
 1988 Nissan Pick-up, Local Trade \$2,500
 1995 Mercury Villager GS, Rear Air, Loaded \$12,995 or \$279 Mo.
 1996 Pontiac Bonneville, Loaded, Mini Condition \$14,995 or \$322 Mo.
 1994 Chev. C-1500 Silverado, Auto, V8, Loaded,
 Fiberglass Topper, Like New \$12,995
 1996 Mercury Sable GS, 4 Dr., Loaded \$11,500 or \$248 Mo.

100% Financing Available
 All Vehicles Under Warranty



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Library News

By Geraldine Robbins



"Happy Thanksgiving" to everyone from all the staff at the Rockcastle County Library. Thanksgiving Day gives us a wonderful opportunity to have all our family together and to give thanks for all the blessings that we have received this past year. I feel this is something that we all neglect to do but hopefully we will remember to do this on Thursday or whatever day that we celebrate as Thanksgiving Day. My family will be meeting on Friday for our special day. My daughters-in-law will be celebrating with their parents on Thursday. I especially want to say Happy Thanksgiving to all my friends from long ago that doesn't live in Kentucky. I only get to see some of them occasionally and for others, it has been many years.

There was a great turnout from the children last week during "Children's

Book Week." There were 359 books checked out in the library and I'm sure there was a good number on the bookmobile. We will have the winners from the contest next week. I especially want to thank Kevin Fletcher for the nice banner that he provided for the front of the library. Thanks, Kevin!

There is a new art display in the library from Monica Carmack that I would like for everyone to come in and see. Monica is a great artist and she had done a fantastic job of painting scenes on large shells. Please take time to look at them.

Coming in January an exhibition entitled "Journeys Through Literary Kentucky." The traveling exhibition was created under the auspices of The Center of the Kentucky Department for Libraries and Archives in Frankfort. From a perspective of geo-

graphical, social and literary diversity, the exhibition's twelve authors span a period of more than a hundred and forty years. The authors are James Lane Allen, Harriette Arnow, Wendell Berry, William Wells Brown, John Fox, Jr., Janice Holt Giles, Alice Hegan Rice, Bobbie Ann Mason, Elizabeth Madox Roberts, James Still, Jesse Stuart and Robert Penn Warren. Some new books now available (Cont. to B8)

Court News

(Cont. from B4)

credia 3 days time served.

Alicia G. Kirkland: Community service work due (10 hours), found guilty of contempt in absentia.

Andrew Lance Lovell: Possession of controlled substance, 30 days in jail, to serve 10 days, \$100 fine and costs, weekends authorized.

Valcia Mays: No Ky. Registration Plates, \$25 fine and costs.

Sammie W. Simpson: Improper use of dealer plates, \$20 and costs.

Danny Ray Spoonamore: Operating motor vehicle under influence of intoxicants, \$500 fine, \$200 service fee, \$10 victim crime fund, 60 months, to serve 30 days/credit 2 days time served; Operating on suspended license, 30 days in jail concurrent, weekends authorized.

Warren K. Stapleton: Operating motor vehicle under influence of intoxicants, \$200 and costs, \$200 service fee, \$10 victim crime fund, time served.

Steve Tompkins: Terroristic Threatening and Driving DUI on a suspended license, bench warrant for failure to appear.

Johnny Lunsford: Alcohol intoxication, \$25 and costs; Disorderly conduct, \$25 fine.

Bryan D. Phillips: Possession of marijuana, \$25 and costs, guilty of contempt for failure to appear, 10 days in jail, to serve 5.

Carla M. Hutchins: Simple Assault, \$100 fine and 10 days in jail, conditionally discharged for one year.

R.J. Reynolds: Assault, 4th degree, 6 months, to serve 20 days/credit time served.

Ryan S. Mesinger: Inadequate silencer (muffler), \$25 and costs.

Rebecca B. Severin: Defective equipment, \$20 and costs.

Joseph Leon Mercier: Defective equipment, \$20 and costs.

Cecil Henson: Operating motor vehicle under influence of

intoxicants, \$200 and costs, \$200 service fee, \$10 victim crime fund.

Johnny R. Carpenter: Driving DUI on suspended license, 30 days concurrent and \$100 fine; Operating Vehicle Sp. Imp., \$500 fine, \$150 service fee, \$10 victim crime fund, 6 months, to serve 30 days, credit time served.

November 5, 1997

Darrell W. Baker: Reckless driving, \$100 and costs.

Jeffery L. Bond: Disorderly Conduct, \$25 and costs.

Ronald D. Bright: Improper Registration Plates, suspend license for failure to appear.

Teddy B. Bussell: Speeding, state traffic school authorized on payment of costs.

Christopher L. Caldwell: Operating motor vehicle under influence of intoxicants, \$200 and costs, \$200 service fee, \$10 victim crime fund, time served.

James E. Henderson: Operating motor vehicle under influence, 30 days, operators license suspended, \$100 fine and costs.

—Gerard W. Hurst: Fines due (\$52.50), found guilty of contempt in absentia, 5 days in jail.

Larry D. Marler: Operating contrary to law, \$50 fine and costs.

Lilly S. Massengale: Defective equipment, \$20 and costs.

Gregory M. Miller: Operating Contrary to Law, \$50 and costs.

Terry M. Miller: Defective equipment, suspend fine.

Walker R. Mink: Disorderly conduct, \$50 and costs, suspend fine.

Kimberly Perkins: Facilitation of Promoting Contraband, 30 days in jail, conditionally discharged one year.

John D. Poynter: 15 Hours of CSW Due, found guilty of contempt in absentia, 5 days in jail.

Tyrl L. Purcell: Reckless driving, \$100 and costs, state traffic school authorized.

Boyd Jeffery Scalf: Disorderly conduct, 2 days in jail, credit 2 days time served, \$25 fine and costs.

Melvin L. Taylor, Jr.: No Ky. Registration Plates, No Registration Recpt., suspend license for failure to appear.

Amber R. Wagers: No insurance, \$500 fine and costs, suspend \$450.

Waymond Williams: Fines due (\$817.50), issue summons.

Francine J. Fischer: Speeding, \$42 and costs.

Michael S. Brown: Speeding, \$38 and costs.

Aaron Lloyd-Welch: Reckless driving, \$100 fine and costs.

Charles Jay Bower, Jr.: Public Intoxication, \$50 and costs.

Timothy Fair: Public Intoxication, \$50 fine and costs.

November 12, 1997

Gregory R. Bradley: Fines due (\$472.50), found guilty of contempt in absentia, 30 days in jail.

Joyce A. Dawson: Permit unlawful operation of motor vehicle, dismissed on payment of costs.

Brian R. Dode: Operating vehicle under influence, \$200 and costs, \$200 service fee, \$10 victim crime fund, time served.

Scott Durham: Theft by deception, dismissed on payment of costs.

John Kevin Flain: Operating contrary to law, \$100 and costs.

Jerry R. Mays: Fines due (\$72.50), found guilty of contempt in absentia, 7 days in jail.

Melissa R. Mendoza: Fines due (\$62.50), found guilty of contempt in absentia, 7 days in jail.

Rusty Newcomb: Criminal Mischief, issue summons for failure to appear.

Jason P. Northern: Disorderly conduct, \$50 and costs; Alcohol Intoxication, \$50 and costs.

Melissa A. Reed: Possession of marijuana, \$100 and costs and 10 days in jail, conditionally discharged one year.

Porter L. Rogers: Speeding, \$10 and costs.

Jimmy R. Strunk: Fines due (\$447.50), found guilty of contempt in absentia, 5 days in jail.

James D. Sturgill: Fines due (\$76.50, \$247.50, \$157.50 and \$76.50), found guilty of contempt in absentia, 60 days in jail.

Scott David Van: Fines due (\$467.50), found guilty of contempt in absentia, 30 days in jail.

November 10, 1997

Shelli E. Carey: Fines due (\$72.50), found guilty of contempt in absentia, 7 days in jail.

Tammy Clifford: No operators license, \$25 and costs.

Eric S. Crockett: Under 21 DUI, \$100 fine and costs, 30 days and operator's license suspended.

Timothy G. Elam: Menacing, \$100 and costs.

Johnny D. Evans: Regs. necessary for KRS 150, \$20 and costs.

Jason O. Foley: Possession of marijuana, \$100 and costs and 10 days in jail, conditionally discharged for one year, payment of fine and costs; Drug Paraphernalia use/possession, \$100 fine.

Stacy L. Henderson: Defective equipment, \$20 and costs.

Tyler M. Jasper: Fines due (\$362.50 and \$1,197.50), bench warrant issued for failure to appear.

Jessica K. Johnson: No Ky. Registration Plates, suspend license for failure to appear.

Grand Opening

Dec. 6th from 12 to 5 p.m. at

RJ's Bridal

presenting our newest addition
A Pastry Shoppe
Cookies, Brownies, Fudge, Cakes,
Pies, Doughnuts

HOMEMADE FRESH DAILY

- Special - Dozen Red Roses from our floral shop - \$12.99
- Taking reservations for the Banquet Hall parties now - New Year's. Catering available.
- Register for Specialty Cake to be given away
- For more information call 758-9057 days or 758-9048 evenings

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	CREDIT PROBLEMS OK		
	FREE APPLICATION BY PHONE		
	<table border="1"> <tr> <td>\$10,000 - \$ 88 /mo</td> </tr> <tr> <td>\$30,000 - \$265 /mo</td> </tr> <tr> <td>\$80,000 - \$707 /mo</td> </tr> </table>		\$10,000 - \$ 88 /mo
\$10,000 - \$ 88 /mo			
\$30,000 - \$265 /mo			
\$80,000 - \$707 /mo			
Debt Consolidation Cash for Any Purpose Same Day Pre-Approval Fixed Rates MONEY TREE MORTGAGE CENTER APR 8.75% @240 mo (OAC)			
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Grand Opening

CountrySide Crafters Store

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- Plus an Inventory Reduction Sale!

December 6
10-9am-5:00pm

18001453-0800
Rm. 25 LEAP Bldg.

758 EX 19 SOUTH - JUST 4 MILES OFF HWY 25 (CALLOWAY AREA)

The announcement of our new payment system should be music to your ears.



Sign up now for KU's automatic bill payment program and we'll give you one free ticket to hear live country music at Renfro Valley. Our new system can automatically deduct the amount of your monthly utility bill from your checking account for hassle-free bill payment. Sign-up between September 1 and November 30 to receive your free ticket. Renfro Valley is Kentucky's Country Music Capital located just off I-75 at exit 62. Your free ticket from KU will get you in to see any regular show now through December 20. To sign up for our automatic bill payment, call or stop by your local KU Office in Mt. Vernon - 70 School Street - 256-2112



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When you think of insurance, think of

Kentucky Farm Bureau Insurance

We offer all types of insurance including auto, home, life, health, workmen's compensation

We've been in business for 30 years providing insurance to the families of Rockcastle County at the lowest rates possible.

Happy Thanksgiving



Happy Thanksgiving

Kentucky Farm Bureau Insurance

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Marlene Lawson, Agent • Shelly Mullins, Agent
Betty Sue Bullens, Christa Taylor,
Teresa Vendergriff, Patricia Chastean
Over 92 years of Insurance Experience

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Classifieds

CLASSIFIED RATES

- Local Rates—10c/Word, Minimum \$2.50
- Cards of Thanks—5c/Word, Minimum \$2.00
- In Memories—5c/Word, Minimum \$2.00
- Display Classifieds—\$3.50/Inch

Deadline for Classifieds is NOON Tuesday

FOR RENT

For Rent: 2 and 3 bedroom trailers, Call 256-9821, Mon.-Sat., between 9 a.m. - 7 p.m. 35xmtf

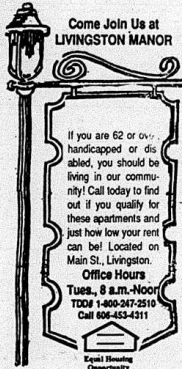
For Rent: 2 bedroom trailer, Call 256-0176 or 256-9183, 31xmtf
For Rent: Rocket Storage for all your storage needs, all different sizes. 256-3623, 101fn

Accepting applications for 2 and 3 bedroom units at Valley View Apartments. Rent based on income. Call 256-5912. Equal Housing Opportunity. TDD for hearing impaired only. 1-800-247-2510, 36fn

For Rent: 1 or 2 bedroom trailers, Call 256-4398, 6mtf
For Rent: Beautiful 16x80 mobile home, 3 bedroom, 2 bath on beam. Renting. All cooking appliance included. Large yard, \$375 month, \$100 dep. Call 1-606-626-5679, 7x2

For Rent or Sale: 2 Bedroom mobile home in country. Call 758-9638, 8x1
For Rent: House on Richmond

Come Join Us at LIVINGSTON MANOR



If you are 62 or over, handicapped or disabled, you should be living in our community! Call today to find out if you qualify for these apartments and just how low your rent can be! Located on Main St., Livingston.

Office Hours
Tues., 8 a.m.-Noon
TDD 1-800-247-2510
Call 606-453-4311

Equal Housing Opportunity

Sr. \$300 mo. Call 256-2444, 8mtf
House For Rent: In Brodhead, Call 758-4729. Also have 89 Ford Bronco for sale. A-1 condition.

Town Branch Apartments

are now accepting applications for 1 bedroom units with

- Fully equipped kitchen
- Energy efficient design
- Cooling efficient heat and cooling system
- On site laundry facilities
- Ample parking
- On site management and maintenance service
- Specially equipped apartments for the handicapped.

Rent is based on income. For more info, please stop by the office located on 70 Crawford St. extension, Monday 9 a.m. to 3 p.m. Wednesday 2 to 4:30 p.m. Call 256-3989 TDD #1-800-247-2510 Equal Housing Opportunity

Castle Village Apartments HAS IMMEDIATE OCCUPANCY

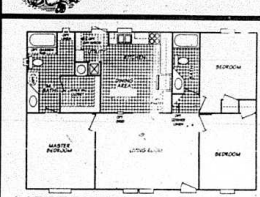
onlarge 1 bedroom apartments and 2 & 3 bedroom townhouses with private entrances and patio, kitchen appliances, and central air. Children's play area. HUD Section 8 assistance makes these apartments affordable for all families. Now accepting applications on Monday thru Friday from 10 a.m. to 2 p.m. Apply at 165 Castle Village Dr., Brodhead, KY 40409 758-4111
Equal Housing Opportunity
Voice/TTY 1-800-553-0300

MOBILE HOMES FOR SALE

For Sale: 14x60 mobile home, \$3,000. Call 256-5266, 52mf
For Sale or Take Over Payments: 1996 16x70 Fleetwood Mobile Home has 3 BR, 2 bath, also included is range, refrigerator, table chairs, washer, dryer, couch, chair, 10x16 covered porch, 200 amp hook up, underground, block, central air, 2 security light on utility poles. For more information call 256-2552 after 5 p.m., 7x2pd

COME REGISTER FOR FLEETWOOD'S \$50,000 HOME VOUCHER!!!

Celebration Sale Of Fleetwood's Millionth Home Sold!!



LARGE DISPLAY OF SECTIONAL HOMES

Starting At Less Than \$215 mo.

LAND/HOME PACKAGE FINANCING AVAILABLE

NEW 16X70 FLEETWOOD - 2 Bdrm
2 Bath, Delivered & Set-Up
Less Than \$185 mo.

NEW 14X50 FLEETWOOD - 2 Bdrm
1 Bath, Delivered & Set-Up
Less Than \$127 mo.

NEW 14X60 FLEETWOOD - 2 Bdrm
1-1/2 Bath, Delivered & Set-Up
Less Than \$168 mo.

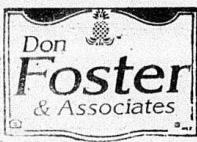
NEW 16X80 FLEETWOOD - 3 or 4 Bdrm
2 Bath, Delivered & Set-Up
Less Than \$205 mo.

THE AFFORDABLE HOUSING MART
1731 LEXINGTON ROAD
RICHMOND, KY
606-624-0200 or 800-755-5360

Bluegrass Inn Efficiency Apartments & Sleeping Rooms

Furnished, a/c, utilities and cable paid
\$265 and up/mo.

Call 256-2444



Don Foster Real Estate Broker 986-8401

- Charles Parsons - 256-2453
- Liz Calm - 256-9816
- Phil Mallicoate - 986-1250
- Don Mau - 986-2021
- Carla Gentry - 986-5421
- Tonya Bartruff - 986-3616
- Denise Ponder - 986-0760
- Gail Holbrook - 758-8012
- Al White - 986-2558

711 Chestnut St. • Berea • 986-8401
1-800-998-2063 fax 986-6173

Office Hours: Mon.-Fri. 9-5; Sat. 9-1; Sun. by appt.

BRODHEAD: REDUCED TO \$34,900. You will like the convenient location of this nice 3 bedroom, 1 bath fieldstone home in Brodhead. Good for retired couple, rental property or a starter home. Call for appointment to see.

5.8 ACRES ON HWY. 461. About 3 miles west of Mt. Vernon. Utilities available. Suitable for commercial or residential. \$45,000.

HWY. 1004. Two lots in the Orlando subdivision. 1.8 miles from Jeans Restaurant. Both lots 1 acre m/l. Suitable for home or mobile home site. Both for \$6,000.

1746 MT. VERNON ROAD. 4 bedrooms, 1 bath home on 1/2 acre lot. 6 miles from Berea. Detached garage. Only \$55,000.

30 ACRES M/L ON BLACKTOP ROAD. Home sites, city water in the planning with meter already paid for. Sand \$12,500.

NICE ELDER HOME. Convenient location, suitable for residential or commercial, 4 bedrooms, 1 bath, living room, dining room, kitchen and utility room, 3/4 basement and one car detached garage. \$85,000.

NEW ON THE MARKET! Brick ranch just 8 miles north of Mt. Vernon on US 25. 4 bedrooms, living room, kitchen, dining room, 2 baths, large screened porch, central heat and air. **SALE PENDING** \$115,000. Large commercial garage. All for only \$72,900.

ROCKCASTLE COUNTY. Exceptionally nice 1 1/2 story home located near I-75 at Maunburg. Level lot in good neighborhood. 3 bedrooms (split), 2 full baths. Upstairs has 850 sq. ft. that is unfinished. House less than 2 years old. Additional land available. Reduced to \$95,400. MLS #2102047

GOOD LOCATION IN TOWN. City water, sewer, 2 bedroom, additional room could be made into fourth bedroom. **SALE PENDING** in bath, large porch and lots of shade. \$43,000 with extra \$10,000 for appliances.

FOR SALE: Nice, large, clean mobile home. This 1995 Clayton North Bridge (14x70) has 3 bedrooms, 2 bathrooms and living room, dining room, kitchen comb., central air and heat pump. Owner sacrificing at \$17,300. You move it to your lot. Call today.

LAND FOR SALE: Up to 150 acres bottom land, just west of Brodhead near Hwy. 150. Good cattle land. Call today to make offer.

818 DALEY ST. MT. VERNON. 12x65 mobile home on large lot. Needs some repairs on inside. Convenient location. Priced for quick sale. \$14,900.

DAILY ST. MT. VERNON. 3 bedroom, 2 bath home. New carpet, new gutters, storm doors and windows. new plus **SALE PENDING** in 1997. Ready to move into. Only \$39,500.

BEREA. We have several nice homes listed in Berea. Call one of the above agents for a showing.

1993 28'80" DOUBLEWIDE HOME situated on 3 1/2 acres. Has 4 bedrooms, 2 baths, large kitchen with lots of cabinet space. 20'x30' barn with concrete floor and electric. Price \$79,900.

HOME AND COMMERCIAL BUILDING ON HWY. 150 IN BRODHEAD. Nice older 3 bedroom home and a 42' x 36' concrete block commercial building. Home has 3 bedrooms, living room, 1 bath, kitchen - dining combination, located on a large beautiful 1.44 acres. Home rents for \$300 mo. and commercial building rents for \$300 mo. Good income. Plenty of room for another home or two mobile homes. Commercial building fronts on Hwy. 150. Will sell commercial building for \$40,000.

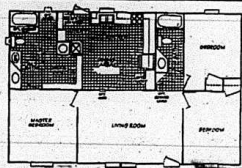
BBY FARM. 3 bedroom, 2 bath home with barn and 1232 lbs. tobacco base. About 10 ac. **SALE PENDING** in. Crooked Creek road area. Priced at \$32,500.

PRIVATE CABIN surrounded by woods on 20 plus wooded acres. 2 bedroom, bath, living room, kitchen, utility room, spring water into house. Perfect "get away" or artist retreat. Livingston area. Only \$44,000.

FOUR BEDROOM HOME with two baths located on 2.6 acres m. or 1.10 miles from Berea. Home is being remodeled. Level land with beautiful scenery. All for only \$61,000.

COME REGISTER FOR FLEETWOOD'S \$50,000 HOME VOUCHER!!!

Celebration Sale Of Fleetwood's Millionth Home Sold!!



CLOSE OUT ON ALL SECTIONAL HOMES - SAVE UP TO \$5,000 Starting At Less Than \$239 mo.

LAND/HOME PACKAGE FINANCING AVAILABLE

1/4 ACRE LOTS AVAILABLE IN LONDON AREA

NEW FLEETWOOD 14X50 - 2 Bdrm
Now Only \$12,999

NEW FLEETWOOD 14' WIDE - 3 Bdrm
Now Only \$14,999

FREE FLEETWOOD 1/5 YEARS WARRANTY

THE AFFORDABLE HOUSING MART
240 FAITH ASSEMBLY ROAD
LONDON, KY
606-878-0013 or 800-755-5361

Town & Country Chevron

24 HR. WRECKER SERVICE

All Types of Mechanic Work

Call 256-9634 days or

256-4650 nights



CLIFFORD (606) 256-2535



Septic Tanks & D-Boxes

"We Make 'um and Install 'um!"

FOR RESIDENTIAL GARBAGE COLLECTION CALL 256-2334



Daton Mill Direct
400 Jefferson Street
Berea, KY 40403

Open: Mon.-Fri. 8-6
Saturday 9-4
Ph. (606) 986-3117

Turner Carpet Outlet

90 Days SAC
6 Months Def.

Carpet • Hardwood
Vinyl • Ceramic

MADISON TERMITE and PEST CONTROL

Call Paul Burton - Day or Night
256-2318 - Mt. Vernon

STOP
TERMITES ROACHES WATERBUGS

Oakwood Announces End of the Year Clearance Sale: 3-97's, 3 BR-2BA to choose from for as low as \$49,900 down. Won't last long, so please call now. 606-365-2846. 8x1.

My Manager Has Gone Mad! For as low as \$999 down or get this 9.9% Fixed you choose from 3 doublewide with footer/air for \$27,900. No gimmicks! Call now 606-365-2846. 8x1.

Brand New 4 Bedroom 28x80: Only \$49,900 with footers & air. 7.25% A.P.R. Land and home! 606-365-2846. 8x1.

New Mobile Home: Full bath, extra cabinets, Wainscot, vaulted sprayed ceiling, garden tub, ceiling fan, walk-in closet, central air, skirting, delivered and set. \$1160 down, \$205 per month. No payment due until March 15, 1998. 1-800-507-9016. 8x1.

14 Wide: Furnished, delivered and set up for only \$15,900. Less than \$50. down. Less than \$175. per month on 15 year term. Plus no payment until March 1998! Call 1-800-507-9016. 8x1.

Just Place Doublewide Show Winners: SALE \$5000.00. Northern built 2 1/2 w/deluxe bath/residential shingle roof/all appliances* 28 feet wide* carpet thru-out* vaulted ceilings* vinyl lap siding* much more. You choose colors and decor. Delivery and set up included. No Down Payment. Less than \$265,000. 16' and 14' Wide homes available. Super Value Homes 1-800-573-3373. 8x4.

Abandoned Homes: Warranty remaining * Never Lived In * Zero Down* Free Delivery and Set *



Workers wanted, professional or unprofessional to work through Handy Labor Company. Paid daily, taking applications for Clay, Knox, Laurel, Whitley and Rockcastle Counties. 606-864-7897

Help Wanted
Night watchers needed immediately.
Apply at Garrard Co. Stockyards
792-2118

****Weekend Shift****
****Temporary January - April****
****Saturday - Sunday****
****First Shift 7 a.m. to 5:30 p.m.****
****Must Pass Typing Test 40wpm****
****Incentives Available, if earned****
****Implementation based on interest for shift****
Applications taken M - Th. 8 a.m. to 4 p.m.

First Image
307 Richmond Road
(Boone Square Shopping Center)
Berea, KY 40403
EOE M/F/D/V

Looking for a Job with Great Benefits?
Typists needed at First Image; No computer experience required; must pass typing test with at least 40 wpm.
Full-Time Hours • 2 Weeks Paid Vacation • Paid Sick Time and Short Term Disability • Medical, Dental, Long Term Disability • AD&D and Life Insurance; 401K Retirement • Tuition Reimbursement • Stock Purchase • Employee Assistance Program • Paid Jury Duty and Bereavement • 9 Paid Holidays. Retention Bonus.
Part-Time Hours Available
Apply at the following First Image Locations:
M-Th. 8 a.m. to 4 p.m.
307 Richmond Rd., Berea, Ky.
(Boone Square Shopping Center)
2nd shift openings
Beattyville, Kentucky - 2nd shift openings
London, Kentucky - 2nd & 3rd shift openings
EOE - M/F/D/V

HELP WANTED

Drivers-Flatbed: \$1,000 Sign-On Bonus. New pay package. Monthly Bonus Program. Need CDL-A & 6 mos OTR. ECK Miller 800-611-6636. Owner Operators also welcome. 39mf

Help Wanted: Part-time driver needed. 2-4 days a week. Local delivery, pay good. CDL class B required. Call 606-738-4035, leave message. 45mf

Attention Labor Personnel: Hiring Now! Urgent! 25 positions available: Laborers, Welders, Utility Workers, Machine Operators, Press Operators, Warehouse workers. Full-time and part-time positions available. No fee to you! Call CBS Personnel Services today for an immediate interview. Walk-ins Welcome! Richmond Office 606-624-3111; Winchester Office 606-737-4838. 4mf

Avon Rep. needed: Earn up to \$900. Call toll free 888-528-7875. 8x4

Texas Refinery Corp: Needs mature person now in Mt. Vernon area. Regardless of training, write W.C. Hopkins, Dept. W-4056, Box 711, Ft. Worth, TX 76101-0711. 7x2

RN Position: Cumberland Valley Dist. Health Dept. is accepting applications for an RN position at the Rockcastle County Home Health site. Excellent fringe benefit package. Salary is commensurate with experience and education. If interested, call (606)256-4916. CVDH/RCHH is an Equal Opportunity Employer. 7x2

Chairside Dentist Assistant: Must be able to work evening hours. Send resume to: 126 North

Broadway, Berea, KY 40403. Attn: K. Deaton. 7x3

Used Homes: \$500 and up. 1-800-573-3373. 8x4

Police Officer: The City of Mt. Vernon will be accepting applications for the position of police officer until December 31, 1997. Applications can be picked up at city hall between the hours of 8 a.m. and 4 p.m. Monday thru Friday. Qualifications: Must be at least 21 years of age, U.S. Citizen, Valid Driver's License and High School Diploma or equivalent. All applicants must pass a written, physical test and oral board. The City of Mt. Vernon is an equal opportunity employer and complies with the American Disabilities Act. 8x2

Help Wanted: State RN Aid. Offer competitive wages and benefits package. Apply in person at Berea Health Care Center, 601 Richmond Road North, Berea, EOE. 8x2

Classified deadline is NOON Tuesday

Now Buying Logs Bastin Lumber
Eugene McKinney, Buyer

MOTOR VEHICLES FOR SALE

For Sale: 1984 Subaru-4x4 wagon \$950, 1991 Toyota pickup \$4500, 1980 Honda Accord \$550, 1983 Elcamino \$750. Guitars two 12 string, 2 Mandolins and others. Full set of directional aluminum wheels and tires for Chevy pickup. Full set of Oldsmobile. 72 Chevy Blazer Motor Home. \$1800. Call 256-4739. 8x2pd

For Sale: Ford pickup, 1978 Custom. \$1500. obo. Call 758-4258. 8x1pd

For Sale: 1990 Nissan ext. cab, 4 cyl., 5 speed, a/c, AM/FM stereo, 4 WD. \$6300. Call 256-5180. 7x2pd

For Sale: 1988 Lincoln Towncar, 8 cylinder, new tires.

\$100 Reward for the return or whereabouts known of a Beagle Hound missing from my home on Gauley Branch Road at Livingston. Her name is Candy. She is a pet and I would appreciate her return very much. Contact Dean Carpenter at 453-3661.

motor and transmission good, books for \$1500, Sale: \$2000. (You license, transfer and pay taxes on.) Call 256-9127. 7x3

For Sale: 1990 Ford F350 Delivery truck 3.7 Diesel. Large Generator 4 cyl. diesel 110-220 volts. Farm tractors - 283 Massey Ferguson, 1200 David Brown, 141 Farnall, Super C Farnall, 300 Case. Call 679-1716. 8x2pd

\$500 Reward

\$500 Reward for information on where I can locate tools and tires and wheels stolen from my garage Halloween night at Willaha in Rockcastle County. Taken were new tires and wheels, 5 Stars, fit Chevy P.U., snap-on tools, sanders, buffer, grinders, snap-on batt., charger, snap-on porta guns, wire welder, power, drills, misc. other tools. Call Wombat Jimmy Hoskins at 758-8539. All information kept confidential.

Wedding Cakes & Ornaments
256-5811



Logs Wanted

H&S Lumber, Inc. has opened a log yard on Route 25, 5 miles south of Berea. For more info. call (606) 663-9422

Miller's Auto Sales
Hwy. 3275 - Brindle Ridge Rd.
Phone 758-8247
Open 8:30 to 5:00
Closed Sunday

JOHN'S
Appliance - Plumbing REPAIR
256-9300

Ace Printing
• Business Cards
• We now offer raised letter business cards
• All types of printing
For all your wedding invitations and accessories
256-9795

Bucket Truck Service
• Sign Work
• Trailer Electrical Services
"We have everything you need for trailer hook-up"
Call For Pricing
Larry Carter 606-256-2604
David Morgan 606-256-3617
1-800-965-4366

HENSLEY'S USED CARS
CALL NOW
D - 256-4777
N - 256-8461
Salt Poper Cave, Road HWY 1004 Orlando, Ky.
24 YEARS EXPERIENCE

Federal-State Market News
Garrard County Stockyards
Lancaster, Ky.
November 21, 1997
Cattle: 2621
For The Week: 2920
Compared to Last Week, Slaughter Cows 1.00 lower, Slaughter Bulls 1.00 lower, Feeder Steers steady 1.00 higher, Feeder Heifers steady 1.00 higher.
Slaughter Cows: Breaking Utility and Commercial #3-5 33-36.50, low dressing individuals 29-31; High Cutter and Boning Utility #1-3 35-39.75; Cutters #1-2 20-32.50; Cannors 24-28.50.
Heifers: 950-1100 lbs. 52-58.50.
Slaughter Bulls: Yield Grade #1 1370-1925 lbs. indicating 79-81 carcass boning percent 42.75-45.75; Yield Grade #2 1368-1870 lbs. indicating 77-78 carcass boning percent 38.75-41.75; Yield Grade #2-3 1310-1505 lbs. indicating 73-76 carcass boning percent 34.75-37.25.
Feeder Steers: Medium and Large Frame #1 200-300 lbs. 92-93; 300-400 lbs. 94-106; 400-500 lbs. 99-88; 500-600 lbs. 76-84; 600-700 lbs. 69-75; 700-800 lbs. 66-74; 800-900 lbs. 65-72, package 35 head 861 lbs. 69.60.
Small Frame: #1 300-500 lbs. 75-87; 500-700 lbs. 60-68.
Medium Frame: #2 300-500 lbs. 64-70; 500-700 lbs. 58-63.
Large Frame: #2 (Holsteins) 400-600 lbs. 53.50-56.75; 700-800 lbs. 53.50-56.75, package 24 head 753 lbs. 56.75.
Feeder Heifers: Medium and Large Frame #1 300-400 lbs. 68-73.50; 400-500 lbs. 64-70; 500-600 lbs. 65-74; 600-700 lbs. 64-69.50; 700-800 lbs. 60-67.80, including loads 55 head 788 lbs. 64.95, load 54 head 782 lbs. 65.30, load 67 head 776 lbs. 67.80; load 66 head 756 lbs. 67.20, load 65 head 774 lbs. 67.
Small Frame: #1 300-500 lbs. 59-63; 500-700 lbs. 55-59.
Medium Frame: #2 300-500 lbs. 63-67; 500-700 lbs. 59-66.50.
Per Head: Medium and Large Frame #1 Stock Cows 4-8 yrs. old with 150-350 lb. calves by side 490-600 lbs. Medium and Small Frame #1 Stock Cows 2-10 yrs. old with 80-150 lb. calves by side 330-470 lbs. Medium and Large Frame #1 Stock Cows 2-8 yrs. old 4-8 months bred 325-460 lbs. Medium and Small Frame #1 Stock Cows 2-10 yrs. old 2.7 months bred 150-320.
Stock Bulls: 590.
Baby Calves: 25-110, weaned 85-440.
Owners: R.C. Freeman, 734-7460, Manager
Edwin Freeman, Miller Horn III and Don Horn
Ass Mgrs. Allen Day - 925-2088 Dickie Arnold-925-3471

HYSINGER CARPET
*We have many famous brand names and colors to choose from and Armstrong No Wax Vinyl. For all your floor coverings and supplies visit us in Mt. Vernon 256-5413

FOR SALE
New and Used
Vacuum Cleaners
Parts and Repairs on all makes and models
Call Curtis Bradley
Ph. 606-758-8584
Brothead, Ky.

Wilson's Backhoe Service
Certified Septic Systems,
Foundations, Water Lines, Underground Drainage, Road tiles, Gravel hauling, and Dirt hauling.
FOR FREE ESTIMATES
CALL Brian Wilson day or night 256-9283

Mink's Home Garbage Pickup
Weekly Service
Reasonable Rates
256-3372 after 4 p.m.

Lincoln Scrap Metal
Junction City - 854-6965
Crab Orchard - 355-2644
Car Bodies - \$60/ton
Short Steel - \$75/ton
Long Shearing Iron \$50/ton
Call for best scrap prices.
Prices subject to change without notice

CENTRAL BODY SERVICE
• Precision Frame Alignment
• Expert Body & Paint Refinishing
• Front End Alignment
24 HOUR
Small-Medium-Large
WRECKER SERVICE
256-4210
AAA

Library News

(Cont. from B4)

are: **FOREVER YOURS, FAITHFULLY** by Lorie Morgau. . . Lorie Morgau was born to be a country music star. Thanks to a father who was also a Grand Ole Opry legend, Lorie grew up in the shadows of such country greats as Minnie Pearl & Roy Acuff.

When Lorie was twenty-two years old, she heard a voice on the radio and fell under its seductive spell. That voice belonged to Keith Whitley. With amazing insight and candor, Lorie opens her heart, recounting their courtship and marriage. Keith's dark descent into alcohol abuse, his tragic and untimely death.

She writes a painfully honest memoir about rising above and moving on with her life.

Another non-fiction book is . . . **THE UNABOMBER** by Robert Graysmith. . . Mr. Graysmith probes into the unanswered questions and reveals shocking new evidence: Why

did it take the FBI eighteen years and so many ruined lives to catch the Unabomber? Why were the FBI profiles so grossly inaccurate?

Did the Unabomber have an accomplice? Why is it doubtful he could have acted alone? Graysmith, one of the nation's foremost experts on serial killers, knows this man as no one else does. Using exclusive interviews with the bomber's neighbors and his victims, and retracing the Unabomber steps, he uncovers the government's deadly mistakes that prolonged the terror and unveils a brilliant but tormented mind that wrought unspeakable violence.

A new novel by one of America's best loved authors, Danielle Steel, **GHOSTS**. . . With a wife he loves and an exciting London-based career, architect Charles Waterson's life seemed in perfect balance. Nothing in his comfortable existence prepares him for the sudden end to his ten-year marriage or his unwanted transfer to his firm's New York office. With nothing to left to lose, Charles takes a leave of absence from his job to

drive through New England, hoping to make peace with himself. With Christmas approaching, Charles leaves New York and heads to Vermont and finds many unexpected happenings that gives him the courage to let go of the past, and the freedom to grasp a future that is right before his eyes.

Some other new novels are 1. **CAT AND MOUSE** by James Patterson, 2. **COMMANCHE MOON** by Larry McMurtry, 3. **HOME COMING** by Betsy Plum, 4. **HOLIDAY IN YOUR**

HEART by LeAnn Rimes. Visit the library. . . There are many other things of interest for your patrons.

Classified deadline is NOON Tuesday

\$5,000 Reward
\$5,000 reward offered for the arrest and conviction of the person or persons involved in burning of a barn and tobacco on Possum Kingdom Road in Brodhead on the farm of Estill Kirby. Call Rockcastle Sheriff's office at 256-2031

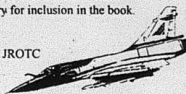


ROCKCASTLE COUNTY JROTC MILITARY HISTORY PROJECT

The Rockcastle County High School Army JROTC is compiling a book to be entitled **Let Us Forget The Military History of Rockcastle County**. Veterans who entered the military service while a resident of Rockcastle County are invited to contribute their history for inclusion in the book. For a questionnaire, write to:

Rockcastle County High School Army JROTC
P.O. Box 1410, 1545 Hwy 461
Mt Vernon, KY 40456

or call (606) 256-4816 and leave a message with your name, telephone number, and mailing address.



No Payments Until Next Year!



C-960

1997 Ford Taurus GL

MSRP. \$20,285
Ford Discount \$500
CFLM Discount \$2,786
Rebate \$2,000
Your Price \$14,999

Save \$5,286



C-928

1997 Ford Escort S/W

MSRP. \$15,285
Ford Discount \$335
CFLM Discount \$1,951
Rebate \$1,000
Your Price \$11,999

Save \$3,286



T-1182

1997 Ford Ranger XLT 4x2

MSRP. \$15,310
Ford Discount \$1,575
CFLM Discount \$2,236
Rebate \$1,500
Your Price \$9,999

Save \$5,311



T-1383

1997 Ford F-250 4x4 Power Stroke Diesel

MSRP. \$29,232
CFLM Discount \$3,482
Rebate \$750
Your Price \$25,000

Save \$3,732

Quality, Inspected Salesmen's Choice

1994 Nissan Maxima ¹ Auto, Air, Cassette, Nice Car.	\$13,450
1997 Ford Taurus GL 2 to Choose!	\$15,995
1995 Mercury Sable GS	\$10,995
1996 Chevrolet Corsica Auto, Air, Nice Car.	\$10,995
1995 Ford Contour GL	\$10,995
1996 Ford Taurus LX Loaded	\$15,995
1997 Mercury Tracer	\$11,995
1997 Toyota Corolla Nicely Equipped	\$13,495
1997 Mercury Grand Marquis All The Buttons!	\$18,995
1997 Pontiac Grand Am SE V-6, 4 Door	\$14,995
1994 Ford Thunderbird One Owner, Local Trade	\$9,995
1995 Ford Thunderbird 2 to choose, Local Trade	\$10,995
1998 Ford Contour	\$14,995
1997 Nissan Altima GXE 2 to Choose	\$13,995
1995 Toyota Camry	\$13,995
1996 Lincoln Town Car Signature Series, One Owner	\$24,995
1995 Mercury Cougar XR7 26K Miles, Nice Car	\$10,995
1997 Mercury Grand Marquis LS One Owner, Lthr, 5K Mi.	\$22,995
1994 Pontiac Grand Prix	\$11,995
1995 Dodge Neon	\$8,995

1995 Ford Windstar	\$15,980
1995 Ford Windstar LX 18K Miles	\$17,995
1997 Ford Windstar GL Dual Air	\$18,995
1994 Mercury Villager LS Nice Vehicle, Local Trade	\$13,995
1992 Ford F-150 4x2, 5-Speed, Air	\$7,995
1996 Dodge Caravan Grand SE 4th Door, Loaded	\$16,995
1993 Ford F-150 XLT 4x2	\$10,995
1993 Nissan Ext. Cab Pick-up	\$10,995
1997 Ford Explorer XLT Loaded	\$24,995
1994 Chrysler Town & Country Van Loaded	\$13,995
1996 Ford F-150 XLT 4x4, Auto, V-8, Off-Rd Pkg, 1 Owner.	\$17,995

1986 Ford Escort One Owner, 88K Miles, Runs Well	\$1,295
1981 Ford F-150 4x2, Auto, Air	\$2,995
1984 Ford Bronco 4x4, 50K Miles	\$3,888

Taxes & license are in addition to all new and pre-owned vehicle prices, dealer retains rebates. "No Payments Until Next Year" only on retail purchases, OAC, leased vehicles do not qualify.

COMMONWEALTH

FORD

LINCOLN

Mercury

623-3252

THE ROCKET

Rockcastle County High School Volume 14 - Number 2 November 1997

An unforgettable summer trip in store for JROTC cadets

by Susan Brown and Chuck Bullock

Imagine yourself in the middle of the Montana grasslands, lying in an army pup tent while listening to coyotes howling at the moon hung in the navy, star-lit sky.

Imagine getting up before daylight and hiking out onto the prairie to see the sunrise, taking only four or five showers in 14 days, and hunting for a private place to go to the bathroom.

This experience may be of the imagination for some, but for more than 20 JROTC cadets at RCHS, this (and much more) will become a reality in late June.

This is not the vacation for the weak at heart. Some days the cadets may hike eight or nine miles. However, Sergeant Major Keith Taylor, who recently got approval from the local school board for the trip, said, "This is not a survival trek."

The trip is a dream come true for the Taylors. Sgt. Maj. Taylor and his wife Jenny have been dreaming about taking the students on the trip for over a year.

"It is our favorite area of the country," he says. The Taylors have gone there every summer for the past six or seven years and know the campsites, the rangers,

and the terrain very well. They have arranged with the National Forest Service to take some nature hikes into the grasslands where Sgt. Maj. Taylor says there are fossil-rich formations and a very unique ecology.

Twenty cadets have already been selected for the trip which loosely follows part of the famous Lewis and Clark trail.

The first part of the western adventure will begin at St. Louis and from there to South Dakota, Wyoming, and Montana.

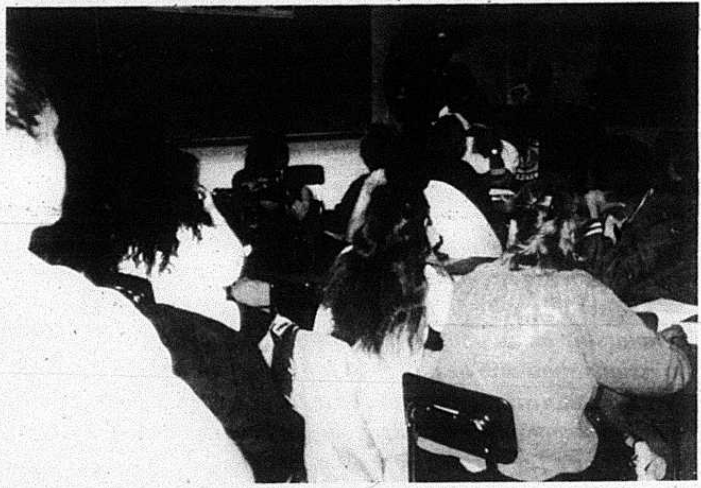
The students will be hiking and camping in such interesting places as: the Black Hills, the Badlands, Mt. Rushmore, Devil's Tower National Monument, Little Bighorn National Battlefield, and Buffalo Gap National Grasslands.

Sgt. Maj. Taylor emphasized that the students hand-selected to go were students he feels he can trust and who have common sense.

"I appreciate the trust placed in me by the board of education to take these kids a long way from home. I am not going to risk that by taking students who can't be trusted to do what I tell them to do," said Sgt. Maj. Taylor.

He said he also tried to keep in mind the kids who would

Parents of ROTC students interested in going on the trip west listen to Sgt. Maj. Keith Taylor discuss plans for the trip at the recent RCHS Open House.



appreciate this kind of experience. "It is what ROTC is all about," he said.

He chose students who have initiative, are physically fit, and who can get along with others and be a member of a team.

The cadets will have to stay organized, set up camp, do the cooking, practice map reading and land navigational skills.

"It's not a trip where they are going to sit on the bus and eat potato chips and drink pop," he

said. Those selected for the trip won't just "get up and go." After-school classes will include instruction in field hygiene, organizing and packing, and survival skills.

The cadets will be paying \$300 each to cover expenses, but the school bus (which the Taylors will be driving) will cost \$1800. To cover this expense, the cadets will be having various fund raising activities.

Mr. Ronnie Cash, principal,

said he is excited about the trip and glad the Taylors are willing to take on the responsibility.

"I love it when our students get to see another side of the country," he said. "My high school principal instilled into us the need to travel and learn about the other areas of the country. A picture is worth a million words; travel is the real picture.

(For quotes from some of those who plan to go on the trip, see page 5.)

RIST; the way students can earn extra money for college

by Josh McKibben

Free money: it's something every teenager is more than willing to take.

The new Rockcastle Incentive Scholarship Trust program (better known to RCHS students by the acronym, RIST) is dedicated to provide such money for the furtherment of Rockcastle County students' education.

RIST sponsors are made up of community members whose main goal, according to committee member and RCHS counselor Dale Whitaker, is to "encourage more students to further their education, past high school."

"It's very unique in that this is the only scholarship program I've been involved with," said Mr. Whitaker, "that anyone and

everyone who has interest in attending college or vocational school can get scholarship money."

Based on a point system, RIST allows students to earn points in five different categories: grades, attendance, parent participation, tests, and community service.

Students receive one point for each "A" they get on their report card. This year's seniors can gain a maximum of 16 points here.

The second method for earning points is attendance. If students miss three days or fewer throughout the school year, they can earn five more points.

Parent participation is the third category, where students can get 5 points for each major function their

parents attend. A maximum of 15 points per year has been designated. The Open-House, and the Financial Aid Workshop scheduled for December 15, will count if the parents sign the sign-in sheets at the door.

The ACT, SAT, PLAN, PSAT, and ASVAB are tests that students can get credit for in the RIST point system, with each test being worth 1 point and a limit of 5 total points possible.

The last category is community service, in which a student can earn 5 points per year for aiding in any form of community service. Documentation will be necessary for points in this category.

At the end of the student's senior year, the points will be tallied and

divided into the total amount the RIST committee has accumulated (currently around \$8,000) to be distributed at Senior Award's Night.

Through a number of fund-raisers, dinners, auctions, and even a celebrity golf tournament, the RIST committee hopes to have a grand total of about \$14,000-\$15,000 in the pot by May.

The total is not including possible money they may receive from corporations, which donate money to such causes as this scholarship program.

This year's seniors will be better off than those in the coming years, money-wise, because they will have a smaller number of points to divide into a larger chunk of

money, allowing each individual student to have a pretty good amount of scholarship cash, which can be used for anything, clothes, books, supplies, etc.

As it stands, the maximum amount of points a 1997-98 senior can tally is 46 points

For students who make good grades, attend school regularly, and plan to get further training after high school, very little additional work will have to be put into earning points from RIST.

"It's just a matter of whether you participate or not," said Mr. Whitaker.

Students are responsible for keeping up with their own points, and turning their RIST Point Sheets and documentation in to Mr. Whitaker.

Serious Seniors Need a Chance to Visit More Than One College

Surprise was the expression on the faces of many seniors after the recent announcement was made concerning the restriction of college visitations. Since there were no policies in the student handbook concerning the matter, the office made the announcement on October 28 that seniors would only be able to make one college visit this year. Those made after the initial visit would be rendered unexcused.

Over the years the practice of seniors visiting colleges had been accepted by the attendance committee and guidance counselor as a viable excuse for an absence. Now, however, it seems students who have goofed off for four years, have decided that they want to visit colleges, yet they are failing required classes and haven't even met the pre-college curriculum requirements.

The serious, college-bound seniors who have the chance to get a scholarship based upon the right interviews, connections, and first impressions shouldn't be punished for the actions of a few.

The administration responded to these students' concerns on the matter by appointing a student advisory committee to study the matter and devise a fair written policy to submit to the Site Based Council.

The new policy should allow students who have worked hard to learn and have completed the pre-college curriculum and other advanced courses of study the option of visiting more than one college.

Some seniors might say this is unfair; however, those who have worked hard towards college for four years should not have their future influenced by the actions of a few students who think that school is just a joke. That would be unfair.

Fair is not treating everyone exactly alike because not everyone is alike. Fair, in this case, is rewarding people who are serious and have worked hard for four years with the chance to make a wise choice about their futures.

The administration seems to understand the problem; let's hope the Site-Based Council will also.

Writer reaffirms position, clarifies statement in Marilyn Manson article

by Josh McKibben

In the last issue of *The Rocket* I wrote an article on the band Marilyn Manson, entitled "Marilyn Manson Sickening; Degrading to Society."

This follow-up story is not to apologize for anything I said or take back anything I stated in the original article, but to reaffirm my position and discuss some of the misunderstandings that arose afterwards.

First, my intentions were solely to state an opinion, not to enrage anyone. I wrote the article, hoping that the student body would accept it as my opinion, understanding that we all don't agree on everything. I was badly mistaken.

Certain students voiced their opinions, saying that I had no right to write such an article. Because they like the band, they felt that I called them "devil worshippers" in the piece.

Allow me to take out an excerpt from the original piece: "His numerous bashings of God and Christ have landed his music in the category 'music for the discerning devil worshipper.'"

I don't believe I said that everyone who listens to Marilyn Manson is a devil worshipper because that's stereotyping.

If you'll read the sentence again, I said that it's music for a devil worshipper, meaning that a satanist might find Manson intriguing.

Example: Some people have labelled rap music as "music for black people."

If I decide to listen to rap, does that make me black? No, it's just a label that people with certain opinions have given to generalize it.

The same goes with this Marilyn Manson ordeal: to me, a devil-worshipper may find this music appealing, but that doesn't make all those who listen to it, devil worshippers.

Some people listen to Manson, just because they like the music itself. I see nothing inherently evil about the music itself, and I, contrary to what some may think, had no complaints about Manson's music: I, instead, opted to discuss his lyrics, dress, actions, and influence.

The lines of communication have fallen down somewhere, and certain people have misinterpreted what I stated, taking the purpose of the article to mean that I was singling them out.

We all have differing views, but lashing out with unkind words and threats isn't the proper way to voice those views.

I encourage students, who have opinions different than those expressed in *The Rocket* to write a letter to the editor, and if the letter is clean and printable, we will print it for the rest of the world to see. That's the proper forum.

I'm Josh McKibben and that's the bottom line.

From the Principal's Pen



Students,

I continue to be amazed at the pace of the first term of school. I hope you have successfully completed the courses attempted and are looking forward to your new schedule. I know seniors will be excited about improving those portfolios in the third term. We really have some super portfolios, and we look to improve these. Reading scores were up statewide and I hope writing scores will continue to improve as they have in the past.

If your schedule is incorrect, let us know as soon as possible. Our desire is for you to have the classes you want.

I want to say again how impressed we are with your overall behavior. The upperclassmen have set the tone for the entire student body, and you have set an impressive example. Thank you for that.

I hope that each of you have a wonderful Thanksgiving and a break from the routine schedule.

Mr. Cash

THE ROCKET

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Down the Hall

Do you feel the RCHS administration makes a serious effort to respond to most students' needs?

"Yeah, I mean they do everything possible to help you out."

-- Matt Sowder



"I think they do the the best they can with so many students that they have to deal with."

-- Shannon Hess



"Yes, I think so. People have different needs, but I think they do a pretty good job of fulfilling everyone's needs or helping everybody."

--Dougie Medley



"I think they do for the most part. I think that sometimes they don't feel that some things are as important as students do."

--Tracy Sears



Prayer in school is needed

We need religion in our lives at all times - not just at church and home. This is why I would prefer prayer in schools.

I feel that RCHS is a very good public school to attend since we are allowed to participate in some religious activities such as FCA club meetings, Prayer Group meetings, and the See You At The Pole event.

Many people I know feel that praying makes their day better. It gives them a feeling of safety and security, and they want to have that same feeling at school.

In parochial (Christain) schools, students have Bible classes and pray regularly throughout the school day. I'm not saying public schools should turn into Christian schools - I just think it would be



Column by
Christina Crawford

much more peaceful and comforting if the whole school could pray together once a day during school. You would not have to pray aloud - there could be a moment of silence where everybody prays his or her own prayer. This way, all students could practice their own religion, and only the students who wanted to would pray.

Doing this would not take away any rights from students, and we all could benefit from it.

Without prayer, many students feel lost throughout the day. They feel as if something is missing.

Although you may not be able to pray aloud while in some schools, no one can take away your rights to silent prayers.

Come on, help show your Christian faith and support prayer in schools.

Giga Pets: status symbol or a passing fad?

They can be found everywhere: in pockets, hanging on beltloops, lying on desks. They are taking over the Rock. What are they?

Giga Pets! Tama-gochis! Nano Babies! Virtual Pets! Those cute little key chain pets that you have to feed and play with, give them medicine and discipline when they're bad. You even have to flush the toilet after them.

Just what are these for anyway? Companionship? Entertainment? I have no idea, but they're fun, aren't they?

I know a few people who have Giga pets, two have aliens, one a chicken, and one a baby T-Rex.

Are they status symbols or a fad? I think of them as both. These little digital animals are expensive, and some people only get them



Column by
Glynnis Pulliam

because "everyone else" has one.

Me? I just think they're cute, and I've sat and babied enough of them to have experience. I like the little boogers too much.

I wonder though about people whose Giga Pets keep dying. The little pet is supposed to beep when it needs something, (unless, of course, it is put on mute) which may be the problem. Heaven knows I'd forget it if it was on

mute. I'd probably lose it!

So cheers to those of you who have live Giga Pets and to you who have revived yours a couple of times.

Now I'll go home and feed my (real) dog and not worry about hearing the beeping at seven in the morning or flushing a pretend toilet.

But I still want a Giga Pet!!

Things you definitely don't want to forget before coming to school

--get the crusties out of your eyes

--grab a shirt from the pile on the floor and be sure to zip your pants; pj's don't make the dress code

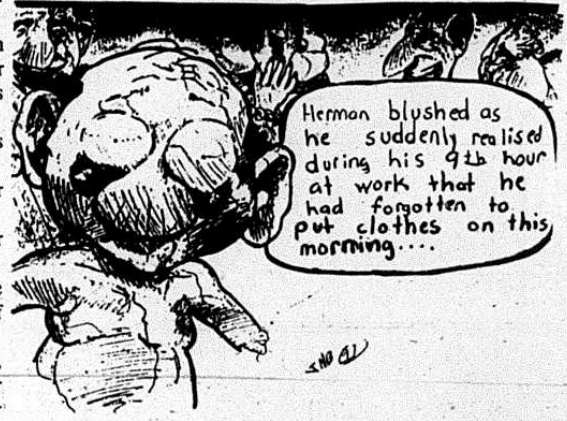
--use the bathroom; who wants to here?

--look up your nose for nastiness

--put on your favorite tape or CD to lift your mood

--no matter how slim the chance, peep outside to see if there is snow

--eat the country ham, grits, gravy, biscuits and eggs your mother has prepared for you, or perhaps you prefer oatmeal



Local mother's racing hobby earns extra money

by Christina Mahaffey

Race car driving! What is its connection at the Rock?

If you are not sure, just ask sophomore Jessica McWhorter whose mother, Linda, is the first and so far only woman dirt-track and round-track race car driver in the state of Kentucky.

You might catch a glimpse of her whizzing by in car #91, a 1997 Monte Carlo at the Lake Cumberland Speedway.

The car has been modified with a special stroker motor unit which enhances its speed potential.

Linda McWhorter has been racing since 1991 and enjoys the thrill of it. She not only races in Kentucky, but also in Tennessee and Virginia.

"My mother got interested in racing when she attended a race with my father and me. She said that it looked easy, so she went and got a race car and has been driving ever since," Jessica said.

Lynald's Transmissions sponsors Linda races, which means they pay her \$20 admission fee to drive in each race.

According to Jessica, there are

three types of races, each with a different amount of prize money.

A heat race is the first race of the night that gets you ready for the feature. Winning the heat bring in \$150.

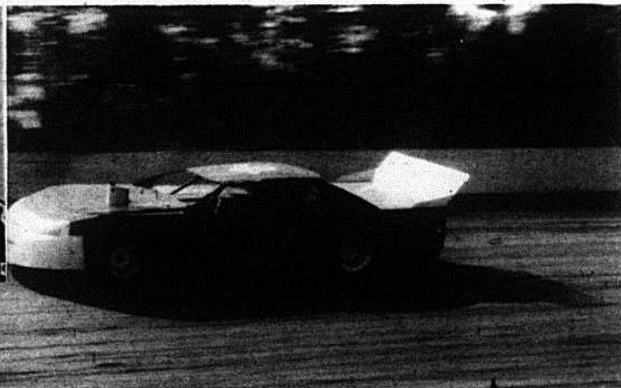
A feature is the last race of the night, and it's the most important. The grand prize can total up to \$300. Linda could make a living off racing if racing was year around but the season lasts only from April to October.

The "big race" is scheduled on a different day from the heat and feature races. The grand prize can be as much as \$2,000. Linda finished 5th in the final race of the year.

Linda may not drive in NASCAR races, but she has raced in over 500 races and has won over 100 of them. She has her own pit crew who works on Linda's \$36,000 car during the race.

"If you get my mom mad before a race she always wins," Jessica commented.

To Linda, driving is not just about winning. She used to get nervous before a race, but she doesn't anymore. It's about having



Pictured above is #91, a 1997 Monte Carlo driven by Linda McWhorter (inset). Linda is the mother of RCHS student, Jessica McWhorter.

fun too. Linda practices her racing skills often at Lake Cumberland Speedway.

There is also the down side of racing. Linda has had a spinal injury and broken ribs from some of the track wrecks she has been involved in. Whenever she wrecks her car she either has to have her husband Don and Jessica's boyfriend, Brian Hutton, fix it or she buys a new one. She doesn't have to buy a new one often

thought because she's only destroyed two cars.

Jessica likes the fact that her mother races and hopes that she never quits. Even though she has no intention of ever racing.

Linda's husband, Don, also supports her from the sidelines when she races. Jessica attends all of her mother's races, but she says she doesn't want to follow her mother's example and be a

race car driver.

Even with the accidents and injuries, it is not hard for Linda to get insurance, although the insurance is outrageously expensive.

So if you want some excitement, get it together with some friends and go to the Cumberland Speedway and observe the fast and the ferocious next spring.

It's \$10 to sit in the grandstands.



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School-to-Work program changing name; statistics show improvement

by Rissie Griffin

"School-to-Work gets a bad reputation," Ms. Diana Waddle, the School-to-Work (STW) coordinator at RCHS, said recently.

"That is why STW will soon be called School-to-Career."

Mr. Ronnie Cash, principal, said, "I'm glad to hear the name is changing. It will change the image that School-to-Work is for kids not going to college."

Ms. Waddle thinks that too many times people hear School-to-Work and they think of it as a non-college track.

"I believe we now understand that our primary focus may not be to send every student to college, but we have the responsibility to see that all students are successful adults," said Ms. Waddle. "That is the purpose of STW."

"I think School-to-Work is an integral part of a successful career," she said.

According to Ms. Waddle, a recent survey of high schools

shows that most high school graduates don't think about their careers until they are out of high school. She thinks that needs to change.

"It is the purpose of the STW program to prepare students before they look for a job and teach them the skills employers look for such as team building and communications," Ms. Waddle said.

Ms. Waddle says that there is now data to support what STW advocates believe has been happening.

The information below was compiled about Rockcastle County High School over the past three years:

**** The number of students taking the ACT has gone from 83 to 102.**

**** The average score on the ACT has gone from 18.4 to 19.3 (still below state average, but closing in).**

**** Students in supervised work-based learning during their senior year from 28 to 46 with**

another 35 in non-paid service learning projects.

**** Number of students taking college classes at RCHS rose from 44 to 75.**

**** Percentage of students having a written career plan was 50% in 1995 and is 98% this year.**

**** Students receiving a School to Work Career Major Certificate has gone from two to 11.**

**** The number of students taking physics, chemistry, and advanced topics continues to rise.**

**** Teachers using project based learning and making the connection to real-life experiences is continuing to increase.**

"I think," said Mr. Cash, "that we should educate the community on what School-to-Work really is and make students and parents aware that it has played a big role in our becoming a school in rewards."

(continued from page 1)

Quotes from some who plan to go

LeeAnn Frith - *The trip is not only going to be exciting, but a great learning experience. I have not got to travel much, so this is a once-in-a-lifetime opportunity. I've never been out west, and it will be nice to travel with friends.*
Carolyn Griffin - *I am looking forward to going. I have never been able to go places and this is a chance in a lifetime. I can't wait to go.*

Kristen Cobb - *I think it is a great honor to be chosen to go on this trip. I'm really looking forward to seeing the sites, especially Mt. Rushmore, and camping out in the Badlands is going to be a great experience.*

Adrian Isaacs - *I have always wanted to go to the west. I am an outdoorsman anyway and I think it will be a lot of fun. I am looking forward to seeing Mt. Rushmore.*

William Leger - *I think that being selected for the "Corps of Discoveries" is a tremendous honor. Only 20 out of the roughly 80 people in JROTC can go. I'm looking forward to seeing Devil's Tower.*

Spanish students attend cultural event at UK

by Jimmy Payne

On Friday, October 31, as the Day of the Dead was going on in Mexico and Halloween was being celebrated by many in the United States, Ms. Pam Powell, Spanish teacher at RCHS, took thirty-nine students on a field trip to the Singletary Center for the Arts on the University of Kentucky campus.

The group saw eight dancers from Mexico performing different dances from Central and South America.

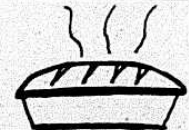
The dancers, dressed in traditional Spanish costumes, also sang and played the guitar.

They also got the crowd involved in the performance by having students come on stage and dance.

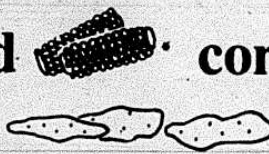
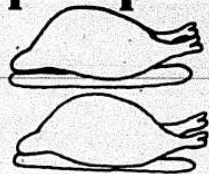
Students paid \$15 for the ticket and transportation.

Ms. Powell has another field trip planned for her students for the spring to attend a performance of flamenco dancing which is a very strong, vigorous, rhythmic dance style from Spain.

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College Connector available

A CD that can be ordered from ACT can help with many of your college decisions. The CD-ROM (\$19.95) is called the College Connector Personal Edition and lets you splice and dice the data to identify colleges that have just what you may have been looking for in atmosphere, sports, major programs, activities, costs, or whatever.

For information call 1-800-525-3729. e-mail address: hayden@act.org

Financial Aid Workshop

A financial aid workshop will be held in the RCHS auditorium on December 15 at 6 P.M.. This workshop is for any college or vocational bound senior and their parents.

New Year's Eve Ball

The second annual New Year's Eve Ball will be held this year in the RCHS Cafeteria from 8:00 p.m. to 12:30 a.m. The ball is sponsored by the RCHS Key Club in conjunction with the Rockcastle County Kiwanis. Tickets are on sale until Dec. 5 from any Key Club member. The prices are \$15 and \$25 per couple.

Sell Books for Cash

Seniors enrolled in college classes will be able to sell back their books at the end of the semester. A representative from Somerset College will be here after the classes have ended for the first semester. The time and place will be announced later.

All State Chorus

Four members of the chorus were chosen to attend All State Chorus in late February. The four are: Jeremy Saylor and Collin Williams, juniors; Brad Spears, sophomore, and Stacy Mullins, senior.

Term End-Christmas Break

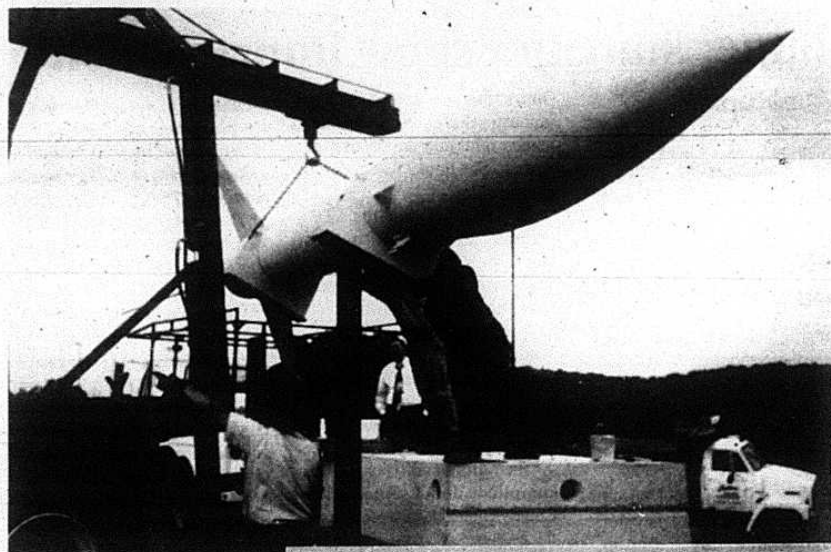
The second 9 week term will end Friday, December 12. Testing will be December 11 and 12. The last day of classes before Christmas Break is December 19, and students return to school on Monday, January 5.

Choices '98

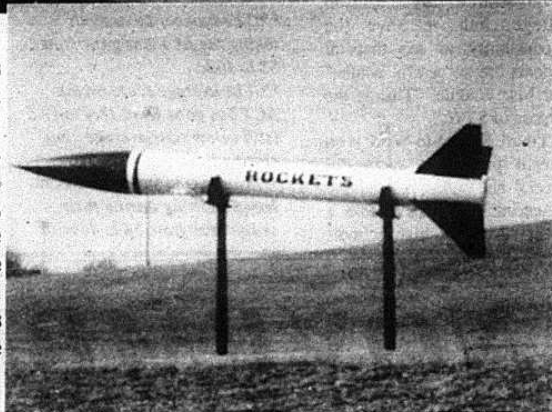
The new '98 edition of Choices is currently available in the first floor Computer Lab. Any college or vocational bound student should check this program for scholarships, financial aid, and tuition costs. If interested see Mr. Ed Peterson in the lab.

Students' work Publicized

A complimentary edition of Somerset Community College's *Kentucky Writings and Art* which features some of Nathaniel Bullock (Junior) and 1997 graduate Terry Tyree's work, is currently displayed in the library.



The symbol of the Rockets is shown above being set up by Collins' Construction while Mr. Glen VanWinkle watches. The Rocket, now finished, right, stands at the driveway entrance near the main gate of the high school. The rocket was replaced at the middle school with a missile.



VISIT
Celena's



Hair and Tanning Salon

Celena Bullock, owner and stylist.

JROTC Rifle Team wins first in mulit-state contest

by Nikki Barnett

The RCHS Rifle Team brought home a first place trophy in the "sporter" rifle category from the multi-state Drill/Rifle Competition held at Clarksville, Tennessee where 800 other cadets from 20 schools from several states also competed.

Brian Doan received second place in the individual contest with a score of 253 out of a possible 300.

Other shooters and the score they recieved based upon 300 possible points in this event were: Shaun Jones-245, Kristen Cobb-244, and Chris Phillips-239.

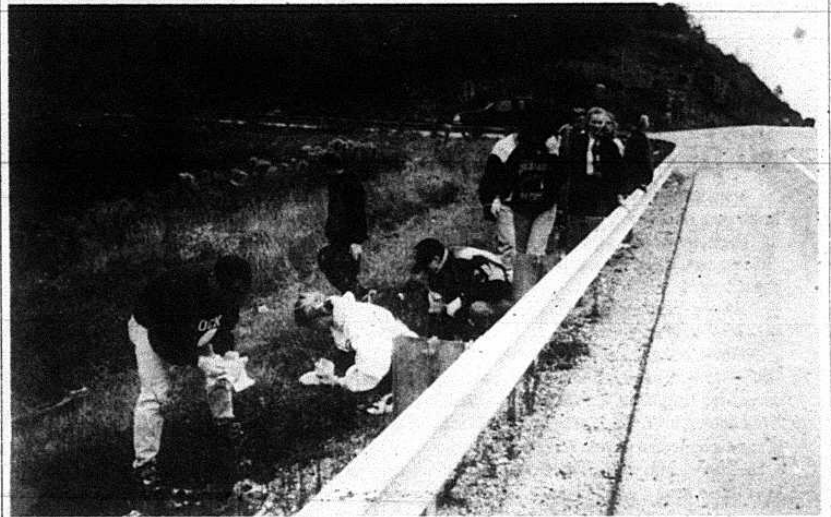
Kenneth Begely, Joe Gigold, Tami Taylor, Kyle Fletcher, Newt Robinson, Joe Clark, William Leger, and Adrian Isaacs are also members of the rifle team.

The JROTC Drill Team entered four Color Guards in three separate categories of competition. Let-1 Color Guard placed fourth out of 17; the Female Color Guard placed twelfth out of 20; the two Mixed Color Guards placed 10th and 17th out of 23.

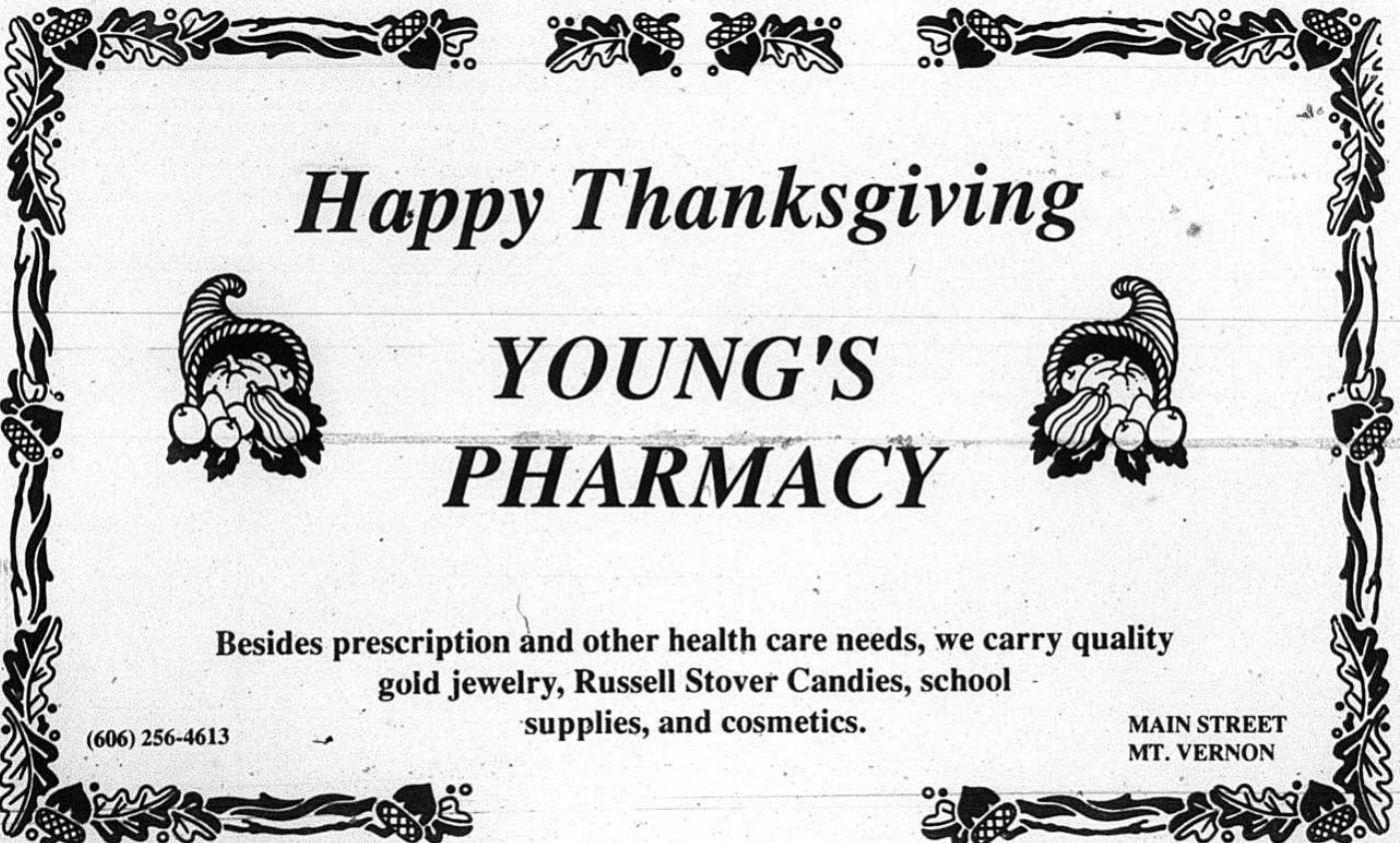
Mandy Seiber also finished in the top 20 out of over 200 cadets competing in the IDR knockout.

According to Sgt. Maj. Keith Taylor, this was the first competition of this caliber ever for the RCHS teams. He said the students were competing against schools that have been competing for years in well-established JROTC programs. This is the fourth year for JROTC at RCHS.

Over 400 adults attended the October Open House at RCHS visiting displays and talking to teachers.



Members of the RCHS Key Club are pictured above cleaning up a section of the 461 Bypass which they adopted from the highway department. The club participates in various community service projects each year including support for the local respiratory care unit and nursing home, a flag presentation to the city of Mt. Vernon, fund drives for the local homeless shelter, December blood drive, and annual New Year's Eve Ball. The Key Club consists of 63 members and the officers for this year are Heather Bray (president), Andy Hale (assistant president), Cory Bailey (treasurer), Ronna Dee McClure (secretary), Megan Holbrook (asst. secretary), and Angie Murphy (historian). The sponsor is Mr. Gary Tillery.



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High-calorie school lunches meet recommended daily allowance of 30 percent calories from fat

A student advisory board to give insight on what the students want served in the lunchroom or maybe a potato bar, pizza bar or salad bar in the lunchroom?

These are all ideas that Mr. Glen VanWinkle, Rockcastle's school food services director, would like to see developed here at the Rock, as well as in other schools in the county.

"We are continually looking at new ways to offer nutritious meals for our schools," says Mr. VanWinkle.

Perhaps because of research findings related to fat consumption and health, the USDA mandates that school lunches have no more than 30 percent of the total calories come from fat and 10 percent from saturated fat.

According to Mr. VanWinkle, the RCHS school lunchroom food meets these standards. (This is averaged out over a five day period.)

The USDA and the National School Lunch Act requires schools to serve lunches that meet the following requirements:

- 2 oz. meat or meat alternate
- 3/4 cup fruit and/or vegetables (2 servings)
- 3/4 cup of veggies
- 8 oz. milk
- a serving of bread or bread alternate

Although these are healthy foods, some of the food served in the lunchroom (including the sausage pizza, potato rounds, chicken nuggets, and peanut clusters) is high in fat and calories.

However Mr. VanWinkle said he and the lunch room staff have taken special measures to reduce the amount of fat in the foods served by preparing foods differently, using new lower fat recipes and serving new lower fat food items.

RCHS is one of two schools in the county that still uses deep fryers, which contribute to high fat content in food. According to the lunchroom staff, however, they are mostly used for French fries and chicken nuggets. The "fried chicken" served occasionally is actually baked.

See fat content of lunchroom menus elsewhere on this page

RCHS Lunchroom Food

Food Item	Calories	Fat
Pizza	324	13.6g
Veggie Sticks	37	0g
Dip	50	1.5g
T. Salad (w/dressing)	90	6g
Milk	140	2.4g
Dessert (Fruit)	70	0g
Total (Monday)	711	23.5g
Turkey /cheese on bun	152	9.5g
Potato Rounds	251	12g
Cole Slaw	142	8g
Milk	140	2.4g
Jello w/ Fruit	161	0g
Total (Tuesday)	926	32.9g
Chicken Nuggets	200	10g
Potatoes, whipped	120	3g
Green Beans	90	1g
Milk	140	2.4g
Peanut Cluster	200	9g
Total (Wednesday)	750	25.4g
Hamburger on Bun	297	15g
French Fries	106	1g
Lettuce/Tomato	220	10g
Milk	50	0g
Cake	140	2.4g
	190	1g
Total (Thursday)	1003	29.4g
Taco Salad	311	11.9g
Potato Wedges	233	9g
Milk	104	2.4g
Dessert	183	2.7g
Total (Friday)	831	26g

Did You Know?

FAT FACTS

* You can lose weight simply by cutting your intake of fat to only 20-30 total grams daily.

* You must have some fat in your diet to manufacture antibodies to fight disease and to carry vitamins.

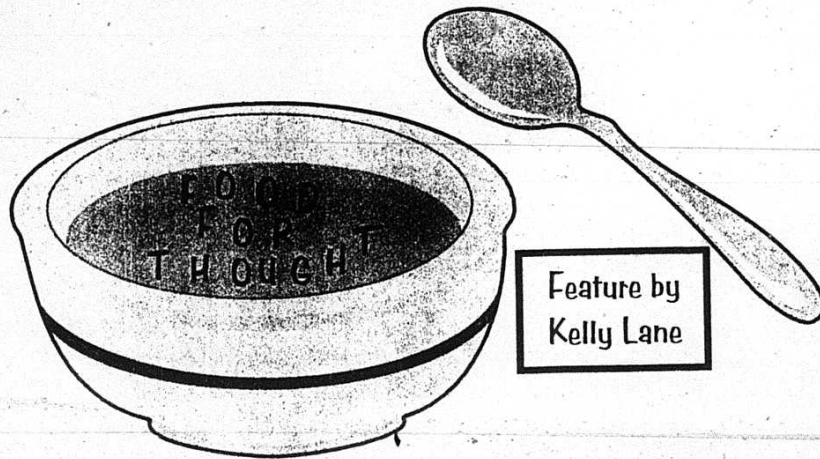
* Fat deposits cushion, protect, and hold in place vital organs such as kidneys and heart and insulates the body against temperature change and also aids in digestion.

* Adults need 15 to 25 total grams of fat daily.

* Aerobic exercise (30-45 minutes three to five times a week) is the only way to burn calories and fat.

* Spreads such as butter, margarine and mayonnaise usually have 10-11 grams of fat per tablespoon.

* There are no "fat-burning" foods such as grapefruit juice.



"A wise man should consider that health is the greatest of all human blessings..."
--Hippocrates

Fat consumption, health closely related

According to a recent article in the *Lexington Herald Leader* quoting a report of leading medical experts from around the world, 30-40 percent of all cancer could be prevented by changing lifestyles and eating habits!

"Eating less fat can reduce the risk of colon, prostate, and breast cancer," according to the National Research Council's publication, "Diet and Health" (1989).

Fat has also been found to cause an increased risk of endometrial cancer. So the strong recommendation is to reduce consumption of fatty foods, especially saturated fats, those of animal origin (such as lard, butter, cream and meats).

The importance of limiting the amount of fat consumed was further reflected by findings released this past summer by the National Center for Health Statistics on the ten leading causes of death in the United States.

The top three killers, heart disease, cancer, and stroke, are

all affected by the types of food people eat, and the one thing that is certain is the relationship of a high-fat diet (a diet in which more than 30 percent of daily calories come from fat) and a higher risk of developing these life-threatening diseases.

According to the Surgeon General's Report on Nutrition and Health, "The single most influential dietary change one can make to lower the risk of these diseases is to reduce intake of foods high in fats and to increase the intake of foods high in complex carbohydrates and fiber."

Because of the public's increased awareness the dangers of too much fat in the diet, fast food restaurants are making changes, offering healthier choices such as leaner hamburgers, more salad selections with low or non-fat dressings, grilled chicken entrees, and fat-free muffins.

Food companies are also making a wide range of low fat and fat free grocery items available to consumers.

What To Eat?

by Jake Nickibben



High

cheese enchilada	40g.
honey bun	28g.
3/4 c. macaroni and cheese	13g.
7 onion rings	18g.
1 oz. mixed nuts	16-18g.
coconut creme pie 1/8	23g.
chicken pot pie	36g.
fried chicken breast (1)	16-20g.
1 c. vanilla ice cream	16g.
carrot cake w/icing 1/12	18g.

Low/No

most cereals
marshmallows
most breads and bagels
most juices
baked potatoes
apples
oranges
skimmed or 2% milk
some hard candy

FAT WORDS

to know for your health

Polyunsaturated fats are found mainly in nuts, oils from plants, seeds, and soybeans. These fats are liquid at room temperature and are not as harmful as saturated fats.

Monounsaturated fats are found in most foods, but mainly in vegetable and nut oils such as olive, peanut and canola. These are also liquid at room temperature. These fat reduce total blood cholesterol.

Saturated fats include all meats and dairy products, tropical oils, coconut, palm, cocoa butter and oil used in making chocolate. This fat, which raises the blood cholesterol, is solid at room temperature and is not required by the body for proper nutrition. This is the fat that is harmful and should be eliminated from the diet.

Fat free means less than 1/2 gram of fat per serving. The fat content can be shown as "less than one gram (<1)"

Low fat products have 3 grams or less of fat per serving.

Reduced fat products must have at least 25 percent less fat than the comparison food.

Low in saturated fat labeling means the product has 1 gram or less of saturated fat per serving.

Reduced saturated fat products have no more than 1/2 of the saturated fat of the comparison food.

FATS IN FAST FOODS

Dairy Queen	fat
Sm. Strawberry Blizzard	13g
Sm. Strawberry Breeze	<1g
Grilled Chicken Fillet	8g
Breaded Chicken Fillet	20g
Peanut Buster Parfait	32g
Hot Fudge Br. Del. Sundae	29g
Regular Cone (yogurt)	<1g
Sm. French Fries	10g
Super Hotdog	38g
DO HS Ultimate Burger	47g
Godfather's Pizza	
1 slice lg. cheese pizza	8g
1 slice lg. combo pizza	12g
Pizza Hut	
2 sl. med. H. Tossed Cheese	20g
2 sl. med. Thin Cr. Cheese	17g
2 sl. med. Sup. Pan Pizza	30g
1 Supreme Personal Pan	28g
Hardee's	
Sausage & egg biscuit	31g
Big Co. Br. w/sausage	57g
Big Roast Beef	11g
Cheeseburger	14g
1/4 lb. cheeseburger	29g
Shakes	8g
Grilled Chicken	9g
Chicken Fillet	13g
Fisherman Fillet	24g
McDonalds	
Breakfast Burrito	17g
Egg McMuffin	15g
6 Chicken Nuggets	15g
Big Mac	26g
Fillet-O-Fish	18g
1/4 lb. w/cheese	28g
Apple pie	15g
Taco Bell	
Nachos Bellgrande	35g
Mexica Pizza	37g
Burrito Supreme	22g
Chicken Fajita	10g
Chicken Soft Taco	10g
Taco Salad	61g
Cinnamon Twist	8g
Cinnamon Crispas	15g
Wendys	
6 Crisp. Chicken Nuggets	20g
Bacon/cheese Potato	17g
Broccoli/cheese Potato	14g
Bacon Cheeseburger	25g
Grilled Chicken Sand.	7g
Plain Single	15g
Single w/everything	23g
Subway	
Subway Club	5g
Turkey & Ham	5g
Veggie Delight	3g
Chicken Salad	4g
Turkey Breast	4g
Ham	5g
Roast Beef	5g
Roast Chicken	6g

These subs do not include cheese

Q & A

Do you check food labels for fat grams?

Yes. I eat fattening foods, but I also am conscious of the fat content in the food I eat.

Holly Weaver

No. I usually don't have time.

Josh Fetters

Yes. I try to find foods with the lowest fat content.

Nikki Whitaker

No. I don't care about nutrition.

Josh Singleton

Yes. I just want to know how much fat is in the food I do eat.

Renee Day

No. I really don't care, besides the stuff that's bad for you usually tastes the best.

Michael Vaughn

Yes. I don't want to gain weight.

Leslie Hunt

Yes. So I can watch what I eat.

Erica Kirby

No. Because I'm skinny and I don't have to watch my weight.

Brent Shehan

Yes. I think it's important to know what you're putting into your body.

Stephanie Dobbs

No. Fat doesn't concern me.

Merle Taylor

No. It's too much of a hassle to look at every fat gram!

Holly Machal

No. Because I need to gain weight.

Greg Lewis

No. I eat what I want.

Heather Bray

Sometimes. I don't look at them too much until I have to start buying bigger clothes.

Mr. C.W. Vanzant

No. I don't really care. I'm happy with myself the way I am. I don't really worry about food.

Chelsen Stratton

Yes. I have to because of my liver.

Ms. Pam Powell

No. I'm just glad to get a chance to get a bite of anything, anytime, anywhere.

Ms. Ruth Allen

Sometimes. I try to stay away from high fat desserts.

Mr. Scott Adams

Fate defeats Rock's cross-country runner at state contest

by Susan Brown

After a cross-country track season of hard work and dedication, the time comes to test your ability against some of the best in competition.

Sure, you're excited, nervous, and anxiously waiting your turn.

Finally, your time comes and you are ready to go, but then, disaster strikes and your dreams end.

This is what happened to Cheyenne Carmack, freshman runner at RCHS.

At the regional competition she finished third, advancing to state with a time of 16:28. At state competition on November 8, she unfortunately did not finish the race because of an asthma attack.

However, Cheyenne, who is just a freshman and qualified for state last year also, will no doubt have other chances.

RCHS had other cross-country runners qualifying for regionals which were held in October at Green County High School. They were: Stewart Abney, Jeremiah Myers, Stephen Hopkins, Brandy Reynolds, and Brooke Roberts.

Running cross-country takes dedication and sacrifice. The team practices five days a week from 3:15 to 5 p.m. running as many as eight miles each day; so it is not a sport for a wimp, but for the strong-willed, healthy person.

Brandy Reynolds, one of the Rock's sophomore runners, says, "It's a very hard sport, but it gets your body in top physical shape."

You may ask why runners put themselves through such hardships. Jessica Cobb runs to improve her basketball skills. Stewart Abney and Jeremiah Myers say they run for competition and thrill of winning. Teresa Chislum just runs to stay in shape and to keep from "becoming lazy and fat."

Cross-country is a silent sport. Not only is it silent; it is lonely with hours of running alone after school. Cross-country is also a new and almost unknown sport at the Rock.

There are usually 12 meets during a season; the girls run 2.4 miles and the boys run 3.1 miles. Five people are required for each

team-boys and girls.

Scoring, at meets, compiles the performance of the individual team members. The times of the five runners of each team are added, and the team with the low-

est score wins. There are approximately 6 teams at each meet with 50 to 100 runners participating.

At season's end, the top four runners of each team compete in

the regionals with the top seven runners there advancing to state.

The last person from the Rock to advance to the state was Dee Reams in 1995.



Members of the RCHS Cross-country track team include from left: Jeremiah Meyers, Jessica Cobb, Stewart Abney, Brandy Reynolds, and Teresa Chislum. In inset left is Cheyenne Carmack. Not shown are: Stephen Hopkins and Brooke Roberts.

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Somebody call the undertaker; WCW is dying

My worst nightmare has finally come true: WCW has somehow managed to grow even worse.

Let's just think first about all of the things that make their shows the worst overwatched on television, Monday Nitro.

There's the Nitro-tradition: a commentary bawling about the NWO by Mike Tuinea, Larry Zybysko, and Tony Schiavone.

There's the Road Report where "Stagger" Lee Marshall manages to call from some bar where there is apparently a Nitro party in progress. He tells some unfunny weasel joke about Bobby Heenan.

Nitro music is played on every commercial break, even if it is right in the middle of a match.

Every week we are reminded that the next pay-per-view's main event will change the history of our sport.

Every Nitro ends with the usual two to five minute main event, and we know if the NWO starts to lose, they will jump into the ring and intentionally get their other members disqualified, to save their titles or their pride.

Every week, fireworks go off right in the middle of their matches

to announce that we are about to begin the "greatest hour this sport has ever seen."

During the matches, the announcers insist on talking about everything, except what's going on in the ring.

Instead, they insist on crying for some crowd look-a-like (Sting) to come down from the rafters and fight a fifty year old man (Hogan) when neither man has fought a decent fight in years.

Just think about all of the feuds-Jeff Jarrett vs. Steve McMichael; Glacier & Ernest Miller vs. Moris & Wrath; Buff Bagwell vs. Scotty Riggs; Ice Train vs. Scott Norton; Ray Traylor vs. NWO; Ultimo Dragon vs. Sonny Ono's cronies-that nobody really cares who wins.

Recently though Nitro did something I thought they never could have done; they got worse.

Perhaps they thought the only way they could get even with the NWO is to stoop to their level.

They steal the world title belt which reminds me of SYXX.

They get a referee to cheat for them (which is how the Steiners have once again become the World



**Wrestling
Ramblings**
by
Jimmy Payne

Tag Team champions).

They have appointed Zybysko the referee every time WCW gets into trouble.

Don't you get sick of Diamond Dallas Page coming out every week and saying either "Yo Savage, snap into this...BANG!" or "I have two words for you: Diamond Cutter...BANG!"?

People constantly remind me that the WWF is full of gimics. What about WCW? It is just as

full. They have these fake Stings come out when it is not even a good idea. Sting, who is probably their best wrestler, has been inactive for over a year.

Raven's Cult is another of their gimics. I really doubt they have any idea what they are going to do with him, but they insist on flashing their cameras over at him before every other commercial break to remind us he is still there.

They brought Glacier to WCW like he was going to be something big. Now he can't even get the time of day even though he is a very talented wrestler.

They have this guy named Bill Goldberg (who I'm sure they have no idea what to do with) come out and beat sorry wrestlers like Wrath and Hugh Morris and then make a big deal about it.

I don't understand how (since he won't talk to Meeeeeceean Gene) they know that his finishing move is called the "Jackhammer."

Why would any organization have their World TV Champion get beat by a woman?

WCW has had a string of bad pay-per-views that go back for

years. Some of my colleagues recently told me that their last pay-per-view, Halloween Havoc (which was actually a good pay-per-view years ago) was an embarrassment to the sport.

WWF's unsung hero, James E. Cornette, recently expressed these views on RAW.

I would just like to sit down and compare the cage match at Halloween Havoc to the Hell in a Cell cage match between Shawn Michaels and The Undertaker. WCW said this would be the greatest cage match in history, changing the history of our sport.

I am sure that the only matches that were more boring than Piper vs. Hogan at Halloween Havoc were the two previous matches they had at Superbrawl VII and at Starrcade.

WCW is not just the second best wrestling organization, but in fact, it is behind both WWF and Extreme Championship Wrestling (ECW).

WWF is the best there is, the best there was, and the best there ever will be.

Quote the Hitman: nevermore. What's a Raven?

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