

# Mount Vernon Signal

Serving Rockcastle County Since 1887

Mount Vernon, Kentucky 40456 - Volume 112 - Number 49 - Ph. (606) 256-2244 - .50 a copy - Thursday, September 9, 1999



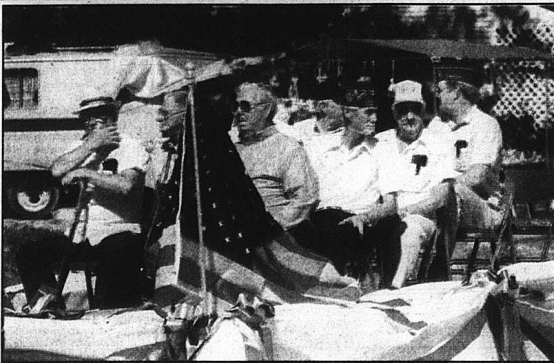
Rockets lose to Southwestern Pulaski 42-13 ..... Pg. A10

## No rain in September, burning ban still in effect

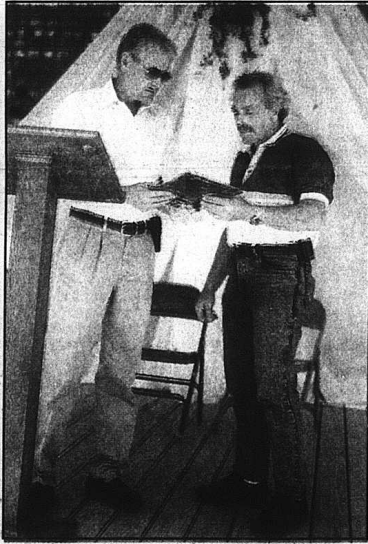
Rockcastle County remains under a ban on open burning, because of the severe drought conditions that are lingering in the county and state. The ban was issued about three weeks ago by Rockcastle Judge-Executive Buzz Carlfortis, at the request of the state forestry department. The entire month of August, only 3.17 inches of rain fell in Rockcastle County. In September, no rain has fallen and none has fallen since a 2 inch rainfall on August 23, according to records at the Cox Funeral Home weather station. The high temperature in September has been 93 with temperatures 90 or above four of the eight days in September.

## Blood drive scheduled for Tuesday

Before blood is available for patients in Southcentral and Eastern Kentucky hospitals, a volunteer donor must first give the gift of life. Rockcastle Co. Extension Homemakers join Central Kentucky Blood Center in encouraging local residents to help our community by giving blood on Tuesday, September 14, 1999 from 12:00 p.m. to 1:30 p.m. and 3:00 p.m. to 7:00 p.m. in the basement of the Rockcastle County Extension Office. "When you give blood, you help people in your own community who are battling life-threatening illnesses," said Loretta Robinson, spokesperson for Central Kentucky Blood Center. "There is no substitute for a volunteer blood donor." Nearly 250 units of blood are needed daily for Central and Eastern Kentucky Hospital patients. A heart surgery patient may need five units of blood, a trauma victim may require 50 units and an organ transplant recipient may use up to 200 blood components. While it is estimated that nearly 85 percent of Americans will use blood during their lifetime, only five percent of those eligible to give blood actually do. The next person whose life depends on the generosity and civic spirit of a volunteer donor may be your neighbor, your family member or you. Give blood on September 4, 1999. All donors will receive a free gift. For more information, call Loretta Robinson, Donor Resources Consultant, (606) 679-7413.



Rockcastle Korean War Veterans were honored as Grand Marshals of the 1999 Livingston Homecoming Parade Saturday morning. Among those in attendance were: Farmer Waddle, Mark Turner, Curt McHargue, Bob Randolph and Johnny Newland. Below at left is Mrs. Angela Lovins, who was honored as Livingston's new business of the year. She will open The Lovin Touch on Main Street in Livingston soon. David Blackburn was not present to accept the award for the business of the year. Below, at right, Sam Stallworth, left, presents Bobby Wilson with the Citizen of the Year Award for the 1999 Livingston Homecoming. Stallworth called Wilson the ultimate public servant and said the award was long overdue. Wilson was Livingston's first Mayor and founder of the Livingston Volunteer Fire Department. The 1999 homecoming was dedicated to the memory of Mrs. Mary McHargue, a lifelong resident of Livingston, who passed away earlier this year, after a battle with cancer.



## New security measures in place in local school system

By: Richard Anderkin Things have been running very smoothly during the first full month of school in the Rockcastle County School System - attendance wise and security wise, according to Rockcastle County School Superintendent Larry Hammond. In the wake of problems across the country with school violence in the past several years and local concern by some parents and teachers, the Rockcastle County Board of Education has taken steps to help students and staff feel safer in local schools. Several new measures have been implemented, with the most changes being at the high school. RCHS assistant principal Barry Noble, who is in charge of security and discipline at RCHS, said things have went extremely smooth this school year with little no problems. Security cameras have been installed at RCHS, the Rockcastle County Middle School and Mt. Vernon Elementary. At RCHS there is also security cameras outside the building, so officials will know who is on school property after school hours. Metal detectors have also been purchased for both the high school and middle school, but the hand held detectors are used only if school officials have reason to believe that someone is carrying a weapon. A policy that was put in place last year is still in effect at the high school, that does not allow students to carry back packs that cannot be seen through. "Only transparent or mesh net backpacks are allowed in school," Noble said. Also at RCHS, the new dress code there, gives Noble and other school officials discretion on what they think is appropriate clothing. "In most cases one wouldn't think that trench coats or canvas slickers are appropriate attire for a school day," Noble said. Noble said that students would be asked to leave those type of items in the office until school is over. Also at RCHS, there is a policy by which Noble can conduct a schoolwide inspection of the student's lockers. Noble said he has already conducted one schoolwide inspection and nothing turned up suspicious. "Only if something looks suspicious to us, can we actually search a locker." Unlike days gone by, visitors to each county school must now enter through the front door during school hours. And at each school, at least one receptionist is always on duty to make sure that visitors register before they begin running up and down the hallways. At RCHS, a deputy sheriff is also posted on school grounds before, during and after school, to make it safer for students and faculty. That practice is now in its third year. Because of a desire to have a safe learning environment the Rockcastle County Board of Education also formed a safety committee, which has been very active in the past year, working with local principals to come up with short and long term plans for school safety. Mrs. Loretta Powell is head of that committee and said Tuesday, that she was very pleased with the way things were going in local schools this school year. "No doubt we are off

Cont. to A-11

## Public hearing on tax rate hike set for Friday

A public hearing will be held Friday at 9 a.m. at the Rockcastle County Courthouse to discuss the fiscal court's recent action to raise their property tax rate. The meeting will take place in the old circuit court room on the third floor of the courthouse. Last week the Rockcastle Fiscal Court voted to raise their property tax rate by four percent, something that has not been done by a Rockcastle County Fiscal Court since 1971.

## Renfro to help George Jones celebrate 68th

Country music legend George Jones will be in Renfro Valley this

Cont. to A-11

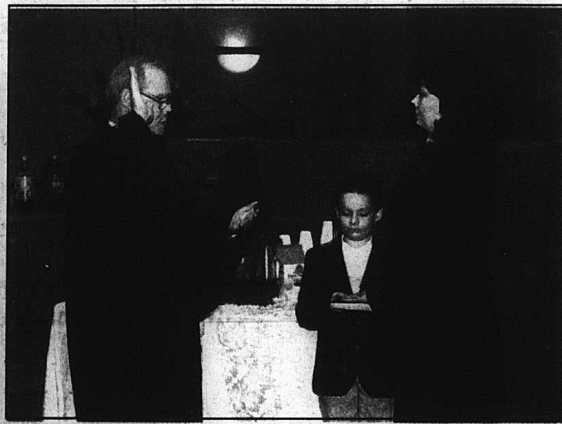
## Cameron, Roark chosen by local board to head 911

Rockcastle County Judge-Executive Buzz Carlfortis announced Tuesday that Rockcastle Deputy Sheriff and acting 911 director Tim Cameron, 26, has been recommended as the



The southbound lane of Interstate 75 was blocked for over two hours Tuesday night after a wreck near the Renfro Valley exit. According to police, the above camper, which was being pulled by a pickup truck, entangled with a transfer truck as the truck attempted to pass. Luckily no one was injured in the crash that backed up traffic for miles.

## Lambert new Circuit Judge



The Honorable Debra Hembree Lambert, right, was sworn-in Thursday as the new Family Court Circuit Judge for Rockcastle, Pulaski and Lincoln Counties, during a ceremony on Thursday afternoon. Mrs. Lambert is the first attorney from Rockcastle County to hold the office of Circuit Judge, since 1947. Mrs. Lambert was appointed by Kentucky Governor Paul Patton, to fill the seat in the 28th Judicial District. Mrs. Lambert will hold office until the general election in 2000. Mrs. Lambert was sworn-in by her husband, Joseph Lambert, who is also Chief Justice of the Kentucky Supreme Court. Holding the Bible is the Lambert's 8-year-old son John Lambert.



# Obituaries

## Greenberry

### "Pappy" Toler

Greenberry "Pappy" Toler, 83, of Broadhead, died Wednesday, September 1, 1999 at Rockcastle Hospital. He was born January 20, 1916 in Breathitt County, the son of the late John Will and Roscoe Couch Toler. He was a retired farmer and a member of the Philadelphia United Baptist Church of Broadhead.

Survivors are his wife, Lena Bryant Toler of Broadhead; one daughter, Sara Rose and husband, Greg of Broadhead; two sons, Danny Toler and wife, Sheila of Ft. Wayne, Indiana and Roger Toler and wife, Chris of Chicago, Illinois and 11 grandchildren and four great grandchildren. Besides his parents, he was preceded in death by one brother, Willis Toler and three sisters, Della Cleus and Levenia and two children, Robin Toler and Joan Sweet.

Services were Saturday, September 4, at the Philadelphia United Baptist Church in Broadhead with Rev. Harvey Hensley and Rev. James Bryant officiating. Burial was in the Philadelphia United Baptist Cemetery. Callbearers were Larry Elder, Garry Elder, Tony Shearer, Barry Bryant, Wesley Bryant and Greg Rose. Marvin E. Owens Home for Funerals was in charge of arrangements.

## Charles Leger

Charles Leger, 82, of Carlisle, Ohio and formerly of Rockcastle County died Saturday, September 4, 1999 at the Carlisle Manor Health Care Center in Carlisle, Ohio. He was born March 8, 1917 in Rockcastle County, the son of Frank and Deborah Clark Leger. He was a retired welder and a veteran of World War II.

Survivors are one son, Frank Leger of Hamilton, Ohio; one daughter, Deborah Leger of Darrown, Ohio and a sister, Ellen Does of Erlanger. Services were Tuesday, September 7, at the McNew Cemetery in Orlando with Bro. Tim Hampton officiating.

Arrangements were made by Dowell & Martin Funeral Home.

## Birdie Gadd

Birdie Jane Croucher Gadd, 81, of Route 3, Berea, died Tuesday, August 31, 1999 at Rockcastle County Hospital following a lengthy illness. She was born May 31, 1918 in Rockcastle County, the daughter of the late John and Fannie Croucher. She was a homemaker and a member of the Clear Creek Baptist Church.

Survivors are her husband, William David Gadd of Berea; five sons, Floyd Gadd of Berea, Lloyd Gadd, Donald Gadd and Arnold Gadd all of Mt. Vernon and Howard Gadd of Berea; one daughter, Brenda Sutton of Broadhead; one brother, Junior Croucher of Hamilton, Ohio; two sisters, Delphia Peters of Mt. Sterling and Marie Gregory of Tennessee and 20 grandchildren. She was preceded in death by two daughters, Helen Mason and Janie McCollum; four brothers, Richard Croucher, Boyd Croucher, Raymond Croucher and Oliver Croucher and one sister, Rena Cain.

Services were Friday, September 3, at Williams Funeral Home in Berea. Burial was in the Albany-Gadd Cemetery in Rockcastle County.

Williams Funeral Home in Berea was in charge of arrangements. Pallbearers were Elvis Mason, Michael Richmond, Donald Albert Gadd, David Wayne Gadd, Roger Mason and Johnny Lee McCollum.

## "Kermi" Mullins

Melvin C. "Kermi" Mullins, 73, of West Chester, Ohio and formerly of Rockcastle County, died Saturday, August 28, 1999. He was born January 26, 1926 in Burr, the son of Eula Mullins and the late Theodore Mullins.

Survivors are his wife, Etta A. Ballinger Mullins; his mother, Eula Mullins; two children, Gloria Bean and husband, Charles and Larry Mullins; five grandchildren, Doug, Charlotte, Shonna and Jeff and five great grandchildren.

Services were Wednesday, September 1, at Hodapp Funeral Home with Rev. Sam Hampton officiating. Burial was in the Union Twp. Cemetery.

Obituaries courtesy of local funeral homes

## Hettie Darst

Hettie Francis Darst, 71, of Leitchfield, died Wednesday, September 1, 1999 at her home after an illness of several months. She was born November 6, 1927, the daughter of the late James Harley and Annie Drury Smallwood.

Survivors are her husband, Michael Thomas Darst, Sr., of Leitchfield; seven sons, Michael Thomas Darst, Jr. and wife, Virginia Hunt of Mt. Vernon; Dale Darst and wife, Donna; Charles Darst and wife, Owen; Richard Darst and wife, Lori; Raymond Darst, William Darst and Patrick Darst; three daughters, Rita Allen and husband, William, Ruth Ann Thomas and husband, Myles and Mary Vivian Smith and husband, Douglas; three brothers, Mike, James and Bobby Smallwood, all of Louisville; three sisters, Bertha Kays of Redville, North Carolina, Mary Kramer and Pauline Kramer of Louisville and 13 grandchildren. She was preceded in death by her parents and one brother, Carroll Smallwood.

Services were conducted Saturday, September 4, at the St. Paul Catholic Church. Burial was in the St. Paul Cemetery in Leitchfield. Pallbearers were William Darst, Dale Darst, Charles Darst, Douglas Smith, Pat Darst and Dean Jacobs.

## Paul Shelton

Paul F. Shelton, Sr., 73 of Crab Orchard, died Saturday, September 4, 1999 at Ephraim-McDowell Hospital. He was born November 1, 1925 in Clay County, the son of the late Larkin, Sr. and Eva Ruth Singleton Shelton. He worked for 35 years at the Stanford Creamery as a milk tester and was a carpenter.

Survivors are his wife, Beulah Durham Shelton of Crab Orchard; one daughter, Dorothy McCarthy of Mt. Vernon; two sons, Paul F. Shelton, Jr. and Gregory Shelton, both of Crab Orchard; one sister, Beulah Baldwin of Newport and two grandsons, Darrell Wayne Atkins and Brian Lee Atkins. He was preceded in death by his first wife, Evance Adams Shelton; his parents, Larkin, Sr. and Eva Ruth Singleton Shelton; one sister, Mae Frances Shelton and nine brothers, Robert, Alfred, Larkin, Jr., Herbert, Eph, Jesse, Harmon, Raymond and George.

Services were Monday, September 6, at McKnight-Martin Funeral Home Chapel with Bro. Dan Gutenson officiating. Burial was in the Crab Orchard Cemetery.

Pallbearers were Brian Lee Atkins, Jay Shelton, Nelson Shelton and Lowell Martin. Darrell Wayne Atkins, Thomas Spoonamore, Harmon Shelton, Jr. and Lyle Shelton.

## Cards of Thanks

### James Edward Roberts

Sincerest thanks from the wife of James Edward Roberts who passed away on July 25, 1999. Thank you so much to all the people who showed support and generosity during the time my husband passed away. This has been a difficult time for me and without all the comfort and tenderness I would not have been able to make it through these times. You just don't know how much it has meant to me during my time of loss.

These are the people that showed their generosity and support...Tom Welch, Clayton B. Ponder, CC and Mary Ponder, David and Faye McCasley, David Jr. and Kathy McCasley, Paul and Doris Blevins, Joe and Ann Henderson, James W. Lambert, James H. Mullins, Ed Hunt, Bill Gregory, Guy and Dorothy Martin, Dale and Aslee Bray, Jones and Sarah Hamm, Paul and Corene Cummins, Joe Cummins, Joe Cummins, Clarence Carter, Bernice Hunt, Mt. Vernon Christian Church, Grace Baptist Church.

Thanks to all of my coworkers from Image Entry that stopped by my house, and gave food or just to say that they were here if I ever needed someone to talk to.

### Fred Hansel

The family of Fred Hansel would like to thank each and everyone that helped in anyway during the loss of our loved one. Thanks for the prayers, food, flowers, phone calls and visits, Ercel Cromer for the beautiful songs, pallbearers, honorary pallbearers, special thanks to Bros. Billy Joe Cameron and Jack Bradley and Cox Funeral Home. May God bless each and everyone.

Ruby, Freddie, Carolyn

## In Loving Memory

Dedicated to My Husband, James Edward Roberts Whose Birthday was August 10, 1999 He would have been 39 years old.

It's So Hard to Say Goodbye It's so hard to say goodbye when you lit up my life so much.

You blessed my life in so many ways. How can I number them all?

You were unselfish and unconditional in the love you showed our children and I.

You suffered so much with back pain, and still never waivered in putting your family first.

I am so grateful for the limited time we had on this earth.

I know that you are in a better place, and I am comforted by the knowledge.

It's so hard to say goodbye to a person. I love so much and has meant so much in my life.

If I can just learn patience and under-

standing. I know that I will see your beautiful face again.

## Sweet n' Sour

(Cont. from A2)

storm clouds it shines in all its glory. The sun orbits the earth daily, giving forth its heat, light and nourishment, to promote growth and healing to every living thing on earth regardless of origin of the species. Whether we can see or feel its immediate benefits or not, it is there. When the clouds part a bright ray of sunshine will flash on the window and the weeping clouds, that had finished their task for refreshing the earth would disappear behind the distant hills.

The sun sets every evening in the western sky whether any, or all of us can witness the exquisite beauty of its flaming good night kiss to a weary world or not. The day has slipped into eternity.

It goes to rest, we know not where, but of one thing we can be sure of, IT WILL RISE AGAIN WHEN MORNING COMES.

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## Homecoming '99

### "A Harvest of Blessing"

First Christian Church 160 West Main Street @ Lovell Court Mt. Vernon, Kentucky

This Sunday September 12

New Time 10:00 AM

Special Tribute to Mrs. Annie Farris Mrs. Myrtle Webb

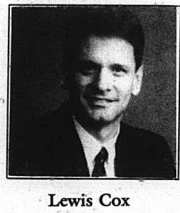
All former Sunday School students of Mrs. Annie Farris are encouraged to attend Fellowship Meal will follow immediately following service.

# WE MAKE FUNERAL PLANNING EASIER

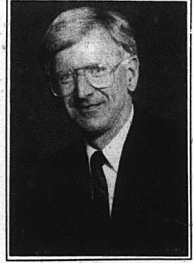


Cox Funeral Home is located on Maple Drive. This elegant home with its distinctive construction and traditional interior offers a warm and comfortable atmosphere.

Few decisions offer the peace of mind that comes from pre-planning a funeral. It helps a family respond to a difficult situation without the usual urgency and that means intelligent, emotion-free choices you'll be satisfied with later. The pre-arrangement only takes a few minutes and there is no charge, however, the beneficial gift that it will give to a family is immeasurable. For more details on funeral planning, call us anytime or stop by our office and we will give you a "Personal Record Guide" and a brochure on the complete funeral arrangement process.



Lewis Cox



Bud Cox



Shirley Cox

"Family Owned & Operated Since 1907"



# Cox Funeral Home

Phone Anytime Day or Night - Locally 256-2345 or toll-free 1-888-825-2345



### 50th Wedding Anniversary

Sadie and Billy McHargue of 174 Circle Drive, Shepherdsville, Ky. 40165 and formerly of Mt. Vernon, will celebrate their 50th wedding anniversary with a reception Sat., Sept. 18th at the First Baptist Church of Shepherdsville Fellowship Hall from 2 to 5 p.m.

Sadie and Billy were married Sept. 18, 1949 in the Chapel of Cox Funeral Home in Mt. Vernon by the Rev. Lannis Kineman. They are both retired funeral directors.

They are the parents of Mrs. LoAnn Talbot of Shepherdsville and Marion Whitehouse of Louisville. They have five grandchildren and two great grandchildren.

### Birthdays Celebrated



Happy Sweet 16th Birthday  
Ladonya B. Mink  
I love you, Momma



Look Who's 39!  
Sept. 15, 1969  
Happy Birthday Son  
We love you - Mom and Dad



Happy Birthday To My Sister and Dad  
From all your family - we love you both so very much



Happy 27th Birthday Terry Renner on September 10th  
from Mom & Stepdad, Emmie and Jerry Stogsdill

### In & Around Mt. Vernon

By Vallie Burton

Mrs. Dorothy Rideout of Henderson visited her mother, Lillian Anglin and Mr. and Mrs. Robert Anglin a few days recently.

Mr. and Mrs. Robert Anglin were in Lexington last Thursday to consult Mrs. Anglin's doctor.

Robert Anglin celebrated his birthday, August 30th. We wish him many returns of the day.

Mr. and Mrs. Mark Eaton were in Lexington one day recently.

Recent visitors of Ora York were Mr. and Mrs. Harold Robinson of Ohio and Albert York.

Sympathy is extended to all who have lost loved ones recently. May the Lord comfort each one.

Mattie Newton of Somerset and mother, Vallie Burton visited Mr. and Mrs. Troy Roberts at Rutledge, Tennessee recently.

Mrs. Lori Eaton and children visited Patricia Holland a while last Tuesday.

Mrs. Charles Colwell has returned home from the U.K. Hospital in

Lexington after undergoing surgery. We wish her a speedy recovery.

Mrs. Lori Eaton and children and Patricia Holland were in Lexington last Wednesday.

Mrs. Harris Burton visited Delphia Cox while one day last week.

Recent visitors of Mrs. Arnie Kirby were Ms. Lillian Holt and Mike and Nola.

Mrs. Lori Eaton and children and Patricia Holland were in Lexington Friday.

Ms. Della Allen has returned home after visiting relatives in Ohio recently.

Mr. and Mrs. Chafic Zenni and daughters of Cincinnati, Ohio visited her mother, Shirley Burton and other relatives during the weekend.

Angie Eaton of Richmond visited her parents, Mr. and Mrs. Johnny Eaton, II and grandmother, Patricia Holland during the weekend.

Mattie Newton of Somerset visited her mother, Vallie Burton Saturday afternoon.

### Library News

By Carol Jones

Have you ever noticed that the more time you have on hand, the less your seem to accomplish? I've certainly found this to be true, but especially during the convalescent period for the surgery I had in July.

My husband, Don and I have always enjoyed work, even during what I guess one would call our leisure time. I was never quite so aware, however of how much I did on a daily basis until I was told not to do anything for several weeks. Of course, I cheated a lot and did more than I should have, but chores still backed up on me even with the help of my husband and constant offers from my sisters and friends. I probably could have done a million lightweight chores like cleaning out closets and dresser drawers, etc., but somehow I never seemed to get around to it. The longer I was off, the more I read (my co-workers kept me supplied with reading material and puzzle books). The only redeeming point to my utter laziness was that I continued to walk with and without Don for exercise, but a more leisurely speed than I normally did. Since we have walked about three miles a day every week for nearly 15 years, we tend to de-

pend on those walks for both physical and mental wellbeing.

Time is a good healer though, however cliched the term may be. I returned to work at the library last week and I feel great. My house is still messy and there are several tasks at the library that are my responsibility to catch up on, but all in all I'm glad to be back. Doing nothing can be awfully boring.

There doesn't seem to be a lot of library news to report this week, but I would like to remind everyone that the Bittersweet Festival is coming up very soon (Oct. 1st and 2nd). Those of you who have children who intend to take part in the Children's Parade need to see Lynda about what you need to do. Lynda can be reached on Monday, Tuesday and Wednesday at the library.

I believe we are between book orders right now so we have no new book reviews this week. We do, however, have several books that are new to our library. They were donated to us by some of our patrons and we have displayed a lot of them in our new book section near the circulation desk at the front of the library. Come in and look them over. I'm sure you can find one you will enjoy.

### Hamm Reunion held

The Hamm Reunion was held on Sunday, September 5, 1999, at the Quail Park. Those in attendance were: Willard & Edith Nicely; Barry & Janet Hamm; Paul D. & Mariann Albright; Florence & Huston Samples; Bonnie Todd Barron; Chuck & Marilyn Schramm; Sue Harrison; Eddie & Ruth Watkins; John, Anna, Sarah & Allie Reynolds; Danny Colcen, Brian & Keith Albright; Baker & Ruth Brown; Ronald & Joyce Rogers; Jeffrey Todd; Julie, Marcy, Kyle, Greg & Angela Lawrence; Paoline & Beth Coleman; Leon McClure; Bobby & Lorene Lawrence; Jimmy & Angela Albright; Patricia Adams; Mary Ann Brown; Lisa Albright; Hazel Smiley; Teddy, Marcy, Kyle, Greg & Angela Lawrence; Doug, Lisa, Tiffany & Heather Hopkins; Johan & Stacey Hoover.

Kathy, Amber & Thomas Coffey; Linda & Ron Henderson; Mike & Micki Henderson; Gary, Christy, Gary & Cassie Ramsey; Robert G. Brown, Jr.; Dawn Brock; Frances Renner; Joshua Renner; Dallas Todd; Austin Snow; Mike, Julie, Will, Mitchell, Brian & Joel McClure; Jill & Zachary Kersey; Alta Bullock; Frank, Teresa, Jamie & Rebecca Lawrence; Wayne & Jean Taylor; Everett & Jean Albright; Kenneth Owens; Bill & Maria Hamm; Maxine Hasty; Danny, Connie, Lorrie & Katie McClure; Chris Childress; Paul & Martha Hamm; Neisha & Seth Taylor; Ivis Reynolds; Mary Helen Eaton; Arlene Wyatt; Tim Albright; Little Mae Barron. Good food and a good time was enjoyed by all! Hamm Reunion will be held next year on Sunday of Labor Day weekend at the Quail Park.

### Poet's Corner

Livingston Homecoming Parade 1999

By Preston Parrett

I hear Livingston calling  
It's beckoning unto me,  
Come back, come back  
Let us revive our history.

All you folks that lived  
Or went to school in Livingston town,  
Come join the homecoming celebration  
And visit with friends from all around.

Come and hear the sirens  
As the parade gets underway,  
And see the sharp R.O.T.C. troop  
As they march along the way.

See the fire and rescue trucks  
And the new homecoming queen,  
See the girls in convertibles  
As they make a beautiful scene.

Vets of the Korean War were honored  
As they proudly rode by,  
For they and their comrades  
Kept "Old Glory" flying high.

No parade is ever complete  
Without flag girls and a band,  
And ours are the best  
In all of our great land.

The churches of the community  
Added a float or two,  
And the Pine Hill Baptist built an ark  
Which Noah (Jackie Burdine), piloted on through.

Advocating reading to all

Was the Bookmobile, and Model Ford  
Which was a beautiful set of wheels.

Old cars and pick-up trucks  
Traveled smoothly down the highway.  
And an old Nash Police Car  
Rekindled memories of another time  
and day.

Bicycles, four-wheelers and tiny cars  
Joined in with a roar,  
And as they wheeled on by  
It made our spirits soar.

The Ladies Auxiliary had a float  
And they're great to have around,  
For they work hard and do a lot  
For the fire department and the town.

Three Union Cavalymen showed up  
As part of the cavalry brigade,  
They were followed by wagons,  
mules and horses  
An integral part of the parade.

Billy Medley, former mayor  
Had a revolver on his hip,  
And no one in town  
Was not to give him any lip.

Yes, I hear Livingston calling  
It's where I long to be,  
To do back into the past  
And rekindle old memory.

For the main event at homecoming  
Is not the music, contests or parade,  
But the nostalgia of the past  
And reliving old friendships long  
made.

## Affordable Housing Mart Sale & Open House

Saturday, September 11th 9am-7pm  
Sunday, September 12th Noon-6pm

### 64 BRAND NEW FLEETWOOD on Display!

Featuring the Best Materials and Brand Name Appliances from Maytag, Congoleum, Formica, Owens Corning, Carriage Carpet, Wilsonart, and Much, Much More! Plus a One Year/Five Year Wall-to-Wall Limited Warranty.



**SPECIAL ON-SITE FINANCING**

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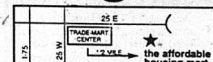
Own a New 3 Bedroom, 2 Bath Sectional Fleetwood Home Only

For **\$218\***

Save Thousands • Affordable Land-Home Package Available.

Plus Each New Home Buyer Can Choose One Of The Following Absolutely FREE!  
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Corn or Peas  
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Red Gold Tomatoes  
28 oz.  
**99¢**



Bounty  
Towels  
**89¢**



Chef Boy-Ar-Dee  
Spaghetti & Meatballs  
15 oz.  
**99¢**


Shurfine Squeeze Ketchup  
28 oz. **89¢**

Velveeta Shells Dinners  
12 oz. **1<sup>69</sup>**

Kraft Pudding Cups  
4 pk. **99¢**

Clorox Clean-Up Spray  
22 oz. **2<sup>29</sup>**

Country Crock Spread  
1 lb.  
**.99**



Prices Eff. September 9-14

Musselman Apple Sauce 24 oz. **1<sup>19</sup>**

O'Sage Peach Halves 29 oz. **1<sup>19</sup>**

Freezer Queen Entrees 28 oz. **2/\$5**

Saver's Choice Saltines 16 oz. **59¢**

Saver's Choice Bleach 128 oz. **69¢**

Armour Potted Meat 3 oz. **3/\$1**

Shurfine Mushrooms 8 oz. **99¢**

Van Camp  
Beanee Weenees  
8 oz. **3/\$2**

Stove Top  
Chicken Dinners  
16 oz. **2<sup>19</sup>**

Golden Country  
Shredded Cheese  
8 oz. **99¢**

Betty Crocker  
Choc. Chip Muffins  
6.5 oz. **3/\$2**

Crisco Oil 48 oz. **1<sup>99</sup>**

Kraft Grape Jelly 2 lb. **99¢**

Kraft Cheez Whiz  
16 oz. **2<sup>99</sup>**

Ajax Dish Liquid 22 oz. **.99**

Lestoil Cleaner 28 oz. **2/\$5**

Eggo Waffles 12 oz. **2/\$3**

We reserve the right to limit quantities and correct typographical errors.

**Meat Specials**

**1/4 Pork Loins..... lb. 1<sup>39</sup>**

 Pork Tenderloin <b>1<sup>99</sup></b> lb.	Fischer's Bologna <b>1<sup>39</sup></b> lb.	Fischer's Hot Dogs <b>99¢</b> 12 oz.
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Boston Butt Pork Roast lb. **1<sup>09</sup>**

Platter Bacon lb. **1<sup>39</sup>**

**Fresh Produce**


Idaho Potatoes 5 lb. **2<sup>29</sup>**

Tomatoes lb. **.79**

Red or Yellow Apples 3 lb. **1<sup>59</sup>**

Candy/Caramel Apples **2/\$1**

Yellow Onions 3 lb. bag



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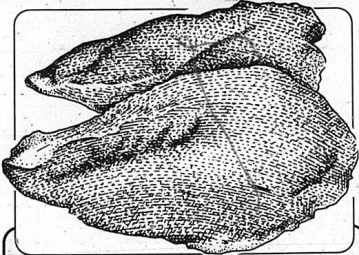
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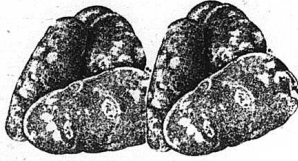
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**Chicken Breasts**

Lean Beef  
Cubed Steaks

**1.99**  
Lb.

**99¢**  
Lb.



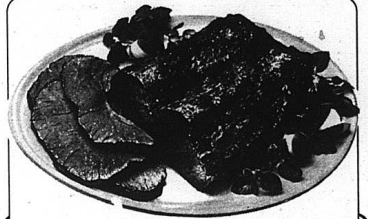
10 Lb. Bag New Crop U.S. No. 1

**Russet Potatoes**

Mixed  
Fruit

**2.98**  
5 Lb. bag

**1.98**



Boneless Top Round

**Steaks or Roast**

Fresh N Lean  
Ground  
Round

**1.49**  
Lb.

**1.49**  
Lb.

9.4 to 14 oz.  
Velveta Deluxe  
Dinners  
Selected Varieties

**2/\$3**



Laurel Farms  
Large White  
EGGS

**2/\$1**

Crisco  
Oil

Selected Varieties

**1.48**  
48 oz.

L-1 W/\$10 ADD. ORDER



Gallon  
Saver's Choice  
Bleach

**48¢**

1 Gallon  
Family Pack  
Ice Cream  
Selected Varieties

**2.99**



6 oz. to 16 oz.  
Tubs, Sprays, Mini-  
Tubs or Squeeze

**Country Crock**  
**98¢**

Designer or White  
Bounty Towels

Single Roll

**3/\$2**

L-1 (3 Rolls) W/\$10 ADD. ORDER



16 oz.  
Saver's Choice  
Saltines

**59¢**

17-18 oz.  
JIF  
P-nut Butter  
Selected Varieties

**2/\$3**



12 Pack  
Pepsi  
Products

**2.99**

32 oz. Kraft  
Miracle  
Whip

**1.88**



24 Ct. Med.  
18 Ct. Large  
or 16 X-Lg.  
Unisex  
Cuddles

**2.98**

Boneless Top  
**Sirloin Steaks**

**1.99**  
Lb.



Quarter  
**PORK LOINS**

**1.29**  
Lb.

Armour Potted Meat 3 oz. **28¢**

Osage Peaches Halves or Slices 29 oz. **1.19**

Bar-S Wieners 12 oz. **2/\$1**

Kelloggs Cereals 15 oz. Corn Pops • 15 oz. Apple Jacks • or 24 oz. corn Flakes **2/\$4**

1% Flavorich Choc. Milk 1/2Gal. **99¢**

Red Gold Tomatoes 28 oz. Sel. Var. **99¢**

Elm Hill Bologna Regular Sliced 1 Lb. **99¢**

Bluegrass Bnls. Jubilee Hams Whole or Half Lb. **1.99**

Webber's Sausage Mild, Hot or Sage 1 Lb. **2/\$3**

Center Cut Pork Chops Lb. **1.99**

Firm Green  
**Cabbage** **3 lb./\$1**

2 lb. bag Look Mom Carrots  
**78¢**

Jumbo Yellow  
**Onions** Lb. **38¢**

Italian Roma  
**Tomatoes** Lb. **68¢**

**Bartlett Pears** Lb. **88¢**

# Tiger Pause

BES welcomes Melissa Fairchild (Primary Teacher), Pamela Pidgeon (Intermediate Teacher), and Angie Pittman (Migrant Tutor) to our school! We also want to welcome our five student teachers from Berea College and Eastern Kentucky University. They are Jennifer Hicks, Karen Redmon, Eileen Gann, Kimberly LeGrand and Judy Lyndal. BES would like to offer a special thanks to Miss Rachel Ott and Mrs. Teresa Bohman for their assistance in preparing items for our classroom. We would also like to thank Ke Graves for setting up aquariums in our primary classrooms.

will be exciting! So keep up your energy! We want to encourage every child & adult to eat breakfast each morning. No Mom! That doesn't mean more work for you! A nutritious breakfast is served every morning at school and your child may eat with us. Teachers, breakfast is also good for you. Research shows that people that eat breakfast are happier, live longer lives and miss less school.

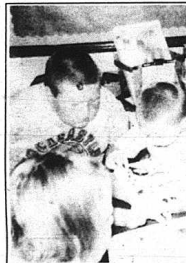
SCIENCE IS ALIVE AT BES! Mrs. Jenise Coffey's primary students spent Tuesday afternoon in the BES Alumni Garden observing insects and animal life. They also used this time to create a home for their own little creature.



Crystal Edwards and Matt Fields

This week at Brodhead has been a "CLASS" as students participated in classifying activities. Classifying is... arranging objects, ideas, etc., into groups or categories. Mrs. Ka-

reka Cash & Mrs. Patsy Alcorn's classes have been observing insects and classifying them by the way they eat.



Brady Lear, Steven McKinney and Franzeya Childress



Ainsley Bussell, Hannah Saylor, Matthew Bussell and Andrew Cummins classify insects.

## 4-H Dairy Judging team announced

By John McQueary  
Co. Ext. Agent for 4-H/Youth Dev.

The 1999 edition of the Kentucky National 4-H Dairy Judging team has been announced.

The four young people that will represent the Commonwealth at the national contest in Madison, Wisconsin include Kortney Wonderlich, Shelby County; Matthew Hayes, Rockcastle County; Matt Colson, Grant County; and Sarah Eubank of Monroe County.

The team will also travel to Harrisburg, Pennsylvania to compete in the All American Dairy Judging contest.

The team members were chosen in a process that began when 12 semi-finalists were chosen at the state judging contest which was held June 4 at the University of Kentucky's College of Agriculture, Coldstream Dairy Research Unit.

Those young people returned to the UK campus for a summer workshop and then finished competing for the four positions during the Kentucky State Fair.

"These young people carry away a great deal more than the skill to identify a quality dairy cow," said George Heersche, team advisor and Extension dairy specialist in the UK, College of Agriculture.

"The real benefits include being able to home life skills such as communicating, observation and logic. For instance, these judging sessions require judging lots of different kinds of information and then making a decision that has to be verbally defended. Those skills come in handy throughout life," said Heersche.

Congratulations to Matthew for this achievement.

## Hunter Education Course Sept. 16-18

The Rockcastle County Cooperative Extension Service, along with the Department of Fish and Wildlife and the Rockcastle Sportsman Club will host a Hunter Education Course on September 16, 17 and 18, at the Extension Office. On Thursday, September 16, the course will run from 6:00 to 9:00 p.m.; Friday, September 17 from 6:00 to 9:00 p.m., and on Saturday, September 18, from 9:00 a.m. until 12 noon.

Youth will need to be at least nine years old and will need to be accompanied by an adult. They must complete all three sessions. Please call the Extension Office at 256-2403 for more information.

## Preventing Substance Abuse By Your Child

By: Hazel Jackson  
County Extension Agent for Family and Consumer Science

No doubt about it. Your son or daughter will be asked to use alcohol, tobacco, marijuana or some other drug. At that moment, he or she will make an important decision. Unless you have prepared your child otherwise, the choice may be based on misinformation, curiosity or fear of rejection.

Alcohol and drug use have reached an epidemic stage nationwide. Our children are being seduced into their use earlier and earlier. Almost 30 percent of high school seniors say their friends get drunk at least once a week. One-third of students grades 4 through 8 among children their age. Almost half say the same about drugs. Most teen substance users do not know or seem concerned that dependency may result from the frequent use of alcohol, tobacco or certain drugs.

The good news is that as a parent you can prepare your child to resist these substances. But the best time for action is before substance abuse even starts to make inroads in your youngster's life. Parents play a critical role in prevention.

You protect small children from household chemicals and dangerous places. However, with older children you may not feel qualified to discuss substance abuse. Assuming that children already know about it from television or school is a mistake. Without proper parental guidance children can make important decisions based on peer pressure or misinformation. When you teach young people specific facts about drug and alcohol

risks, they develop the understanding and motivation to avoid those intoxicants.

Schools and community groups also can positively influence children. Catchy announcements on radio and television increase awareness and teach prevention skills. Slogans like "Be Smart, Don't Start!" and images of popular youth discouraging drug use reinforce the value of making wise choices.

Your own use of any drug may springboard your child into unwise personal and social decisions. Be aware of your influence as an example to your child.

Pre-teen years offer opportunities to discuss family values, expectations and rules of the home. Children also need to know what happens when these rules are broken. Take time to listen to your children so they feel safe talking about these issues. As you work with them, they will develop confidence. Later, when offered drugs at the party or out on the playground, they will be more equipped to withstand the emotion of the moment.

An assertive attitude is a good defense. Even a child with strong values needs to resist actively. When asked, "Don't you drink?" a young person, instead of feeling inferior, might say assertively, "No!", "No thanks," or "I'm into chemicals." For a free leaflet entitled "Prevent Substance Abuse: A Parents Guide", call the Extension Office at 256-2403.

# Upcoming Reunions

**Newcomb - Whitt**  
Newcomb - Whitt Reunion will be at Whitt Cemetery Saturday, Sept. 18th at 10 a.m.

**Asher - Hendrickson**  
The annual Asher and Hendrickson Reunion will be Fri., Oct. 8th - Sun., Oct. 10th Oct. 8th meet at 5 p.m. for dinner at Pine Mountain State Resort Park Lodge in Pineville. Oct. 9th picnic at 11:00, bring food! Cardinal Inn, red Bird (Queensdale) by the old homestead of Dillon Asher. Hendrickson Reunion Sun., Oct. 10th 1 p.m. until 7 Pine Mountain State Resort Park Lodge. For more info call 606-337-3826.

**Graves - Hayes - Owens**  
Graves-Hayes-Owens Reunion Sunday, Sept. 12th Blue Springs School House. Bring covered dish plan to spend afternoon. Dinner begins at 1 p.m.

**Cromer**  
Archie Cromer Family Reunion Sept. 11, 1999, open building on top of hill on right, 11 to dark at Renfro Family Life Center.

**Burke, Helton, Perry, Barton, Moble, Wells, Martin Reunion**  
Levi Jackson State Park, Shelter #5, Sat., Sept. 11th 10 a.m. Friends and family are welcome. Bring a covered dish.

**Bullen**  
Sunday, September 12th, Acton Folk Center, Jefferson St., Berea. Soft drinks, plates, napkins, forks, spoons will be furnished. Bring food and enjoy the day. Lunch served around 1 p.m. Coffee and donuts served early.

**Jones - Hasty**  
Jones - Hasty Reunion will be Sun., Sept. 19th at Family Life Center. Everyone welcome. Come and bring a covered dish.

# Church News

**Shed Revival**  
Shed Revival Sept. 10, 11 and 12 at 7 p.m. with Bro. David Lamb preaching. Johnny Radt's farm at Brush Creek. Take Hwy. 104 to Hwy. 1912 and follow signs. Everyone welcome.

**Homecoming**  
Pleasant Run Baptist Church Homecoming Sept. 19th 11 to 7:00 p.m. everyone to come and enjoy food and fellowship with us.

**New Church**  
Town Hill Holiness Church now holding meetings on Sunday morning at 11 o'clock and Sunday evening at 7 p.m. Bro. Rick Sanders and Wednesday evening at 7 o'clock with Bro. Deniz Krahenbil.

**Revival**  
Pine Hill Missionary Baptist Church has scheduled a three-day revival on Thursday, Friday, Saturday, Sept. 9-11 beginning each evening at 7 p.m. Bro. Bob Byrd, pastor from Northside Baptist Church will be bringing a message each evening. We hope that everyone will make plans to attend and worship the Lord with us. Also make plans to attend our annual homecoming on Sunday, October 3.

**Homecoming**  
Flat Rock Baptist Church/Sept/Ober 5-12n. Regular services in the morning. Dinner around 12:30. Singing in the afternoon. Everyone welcome.

**Special Singing**  
Skeggs Creek Church, Sat. Sept. 11th at 7 p.m. Featured singers will be the Firm Believers. Church welcomes everyone.

**Homecoming**  
150th Anniversary Homecoming Freedom Baptist Church, Freedom School Road, Mt. Vernon, Sunday, Sept. 19, 1999. Services begin at 11 a.m. with lunch being served at 12 noon. Afternoon services will begin after lunch. Call 606-256-4804 or 606-256-3105 and let us know how many from your family will be attending.

**Grandparents Sunday**  
Mt. Vernon Church of the Nazarene, 40 Fair Street will be celebrating Grandparents Day, Sunday, September 12. There will be a special singing by guessing singers and aged preacher bringing the morning message. Sunday School at 10 a.m., morning worship at 11 a.m. We welcome you to worship with us.

**Singing**  
The Family Circle, Calvary Echoes, and Joyful Noise will be singing at the Firm Believers Community Center for formerly Vernon's Salvage Warehouse, 40 Main St., Mt. Vernon, Sat., Sept. 11th at 7 p.m. Love offering will be taken that evening. Welcome.

**Revival**  
Northside Baptist Church will be having revival services September

15-19. Services will begin at 7 p.m. with special music each night. The evangelist will be Bro. John Bolin.

**HELP**  
HELP us establish a church--built on doctrines of Reformed Faith, sovereignty of God in all fullness found in both old and new testaments. Call 606-258-4544

**Homecoming**  
Copper Creek Southern Missionary Baptist Church Homecoming Sunday, Sept. 12th. Special singing. Dinner at shelter.

**Singing**  
Shannon Bunch will host the 2nd Annual Sing a Bunch Weekend Sept. 10-12 in Sorbin at Hopewell Baptist Church on North Hwy. 1223. On the 11th - The Whisnans from Morgantown, NC will sing at 7 p.m. 12th - 11 a.m. preaching by Shannon and at 6 p.m. The Anchemon from Goldsboro, NC will sing.

## Rockcastle County Elementary Schools Menu

- September 13-17, 1999
- Breakfast**  
Monday: Waffles (2), syrup/butter, or cereal, toast/jelly, juice and milk.  
Tuesday: Sausage and biscuit or cereal, toast/jelly, juice and milk.  
Wednesday: Scrambled egg, toast/jelly or cereal, toast/jelly, juice and milk.  
Thursday: Peanut butter/jelly sandwich or cereal, toast/jelly, juice and milk.  
Friday: Sausage and biscuit or cereal, toast/jelly, juice and milk.
- Lunch**  
Monday: Pizza or chicken patty on bun, buttered corn, garden salad, milk and fruit.  
Tuesday: Fish and cheese on bun or sandwich, french fries, cole slaw, milk and chocolate cake.  
Wednesday: Chicken nuggets or deli sandwich, mashed potatoes, green beans, milk and cheese/cake.  
Thursday: Spaghetti w/meat sauce or sloppy joe on bun, apple-sauce, Texas toast, banana, milk and cookie.  
Friday: Cheeseburger on bun or sandwich, spicy fries, lettuce/pickles, milk and jello w/whipped topping.

## Classified Deadline is Noon Tuesday Call 256-2244

## Overwhelmed?

A caring and compassionate Cornerstone counselor can help!

\*Christian perspective  
\*Affordable rates  
\*Financial assistance available

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Cornerstone Counseling  
Berea, London, Stanford  
A service of Kentucky Baptist Homes for Children, local churches and Baptist Associations

## NOTICE

# Burr Hill Food Mart HAS REOPENED!

*Come see us for your car's gas and oil needs.*

**We're waiting to serve you!!**

## Bishop's Tire Service

Richmond St. • Mt. Vernon  
256-4029 • 256-2168

# We Now Service A/C on Cars & Trucks

## Summer Special \$29.95



# The Family Room

By Dr. Don Whitehead

## Postpartum Depression Affects New Mothers

The man called me out of concern for his wife. "She is tired all the time," he told me, "but then she can't sleep at night. She tells me she is not a good mother, but I know that she is. We haven't been out of the house for a month because she doesn't want to go anywhere. She doesn't care if she takes care of herself but she is a fanatic when it comes to taking care of the baby."

"This bit of information caught my attention: 'How old is the baby?' I asked. 'She is almost two months old,' the father replied.

"When did your wife begin showing these symptoms?" I wanted to know. "Soon after the baby was born," he answered.

Many experience a mild form of depression called the "baby blues." This usually occurs a few days to a few weeks after birth and usually goes away within a few weeks. During this time new mothers may have feelings of sadness, anger, anxiety, irritability and incompetence. Some mothers are surprised to have some negative thoughts about the new baby and may interpret this as being a "bad" mother. It may be comforting to know that these feelings are normal.

The "baby blues" can be helped if the new mother takes good care of herself. This includes getting ade-

quate rest, eating a nutritious diet, exercising in moderation and having a social support system. The mother will know she is not getting enough rest when little things begin to upset her more than they normally would. Obviously getting enough rest while caring for an infant is no easy task. Existing orders to care for the baby while mom has some time for herself will help.

A more serious problem called postpartum depression occurs in approximately 10 percent of women of childbearing age. It strikes soon after the baby is born and can last for many months. Possible symptoms include all those of the "baby blues" listed above plus constant fatigue, a lack of joy in life, withdrawal from family and friends, a lack of concern for self and baby, severe insomnia, excessive concern for the baby, loss of sexual interest, a strong sense of failure or inadequacy and severe mood swings.

There is no reason for Mom to be ashamed because she is depressed after the birth of her baby. The depression is not a sign of weakness. Most likely it is the result of hormonal changes that occur in pregnancy and after childbirth.

Treatment for postpartum depression is similar to the treatment for other types of depression. Counseling, antidepressant medication and

hormone therapy may all play a role in bringing Mom quickly out of depression.

Counseling allows the new mother to express her feelings to an accepting atmosphere. She will find that her feelings are normal and that almost all mothers have had similar feelings. Antidepressant medication and hormone therapy help to correct the chemical imbalance brought on by pregnancy and childbirth.

Sometimes the family realizes Mom is depressed before she does. Since early intervention may mean a more rapid recovery, they can encourage Mom to seek help before the problem worsens. They can encourage Mom to see a doctor or a counselor so that she can begin to enjoy her new baby.

(Some material for this column was provided by the Mayo Clinic, Rochester, Minnesota.)

## Pets benefit Senior Citizens

As America's baby boomers age, a significant portion of the population is now entering its "golden years." But for many, these years aren't so golden - they often are plagued by high blood pressure, anxiety and depression.

There's an unexpected remedy available that can't be purchased at the drugstore, one that makes people feel better instantly - a pet.

"The therapeutic benefits of owning a pet are undisputed," said Blake Hawley, DVM, Hill's Pet Nutrition, Inc.

"Just playing with a dog or cat tends to lower blood pressure. Studies have shown that older people that own pets actually recover from surgery 50 percent faster."

One of the best benefits for senior citizens is the constant companionship a pet provides. The special bond that forms between pets and owners is based on love and attention and because pets are completely non-judgmental, they never consider a person's age.

Owning a pet gives older people something to care for long after children, spouses and loved ones are gone. Older animals in particular offer an advantage to seniors, because they can relate well to each other and ultimately grow old together.

According to the American Animal Hospital Association, the life expectancy of a dog in the 1970s was seven to eight years. Today the average is 10 to 15 years.

Adopting an older animal brings the same love to the older person without being accompanied by the problems puppies and kittens can cause.

Even the federal government has recognized the importance of pet ownership for senior citizens by ensuring that senior citizens living in federally-funded housing are allowed to have pets, regardless of landlord regulations.

Dogs are an excellent match for more agile senior citizens, while cats are the perfect match for less mobile people that seek the affection connection that comes from loving a pet.

## More Livingston Homecoming Pictures



Floyd Baker and crew



Livingston Mayor Sandra Tyree



Lots and lots of ATVs were on hand for Saturday's parade at Livingston.

## Reward offered

Sometime during the early hours of Wednesday, August 18, someone stole a 1986 black Toyota pick-up from Michael Childress' driveway on Highway 1505 in Rockcastle County.

The vehicle was burnt on Copper Creek Hill on August 19 at approximately 6:00 p.m. A reward is being offered for the information leading to the arrest of the one who did this.

Deputy Darrell Doan of the Rockcastle County Sheriff Department is investigating and anyone with information can call 256-2032.

## Lumber King expands into Somerset

Lumber King of Somerset, LLC, a newly formed subsidiary of Lumber King, Inc., has acquired substantially all the assets of Cumberland Lumber Company effective August 30, 1999. The building supply dealer will open on Monday, August 30 as Lumber King of Somerset, LLC d/b/a Cumberland Lumber Company. Lumber King, Inc., is a forty-year-old company that is fifty-seven percent owned by its employees through its Employee Stock Ownership Plan. It has three stores in addition to the newly acquired Somerset location: Mt. Vernon, Whitley City and Oneida, Tennessee. The present stores carry a complete line of lumber, building materials, appliances, carpet, hardware, tools and electrical and plumbing supplies. It also operates a truss shop at the Whitley City location, which will complement the door shop operation at Cumberland Lumber.

The Somerset store will continue its present line of lumber, building supplies, Porter and Ace paints, custom doors and windows, cabinets and a limited line of hardware. Dwayne King, President of Lumber King, said, "We are excited to be serving the Somerset market. The Somerset market represents a major component of Lumber King's five-year growth plan and is a strategic location between our Mt. Vernon and Whitley City stores. We will have a great core group of employees and pledge the best service in this area along with competitive prices. We look forward to serving the Somerset/Pulaski County market and its people."

Steve Phillips, Chairman of the Board of Directors of Lumber King, Inc. said: "This step is an acceleration of our plans to be in the Somerset area. Our strategic plan called for the Company to be in Somerset within two years. However, a tremendous opportunity presented itself and we were able to take advantage of it. We are excited about the impact this will have on the overall Lumber King operation."

Lumber King is a member of Do It Best Corp., the third largest member owned buying co-op in the hardlines business. This provides all Lumber King locations with great buying power, which translates into low prices to the consumer.

## Broadcast - Seeder For Rent Mounts on to your ATV!

The Rockcastle County Conservation District has a Broadcast Seeder for rent.

Rental Rate is \$20 per day

Call 256-2525 ext. 3 today to reserve the Broadcast Seeder



## Tye No Till Seeder FOR RENT:

The Rockcastle County Conservation District has a Tye no-till seeder for rent to Rockcastle County farmers. The purpose of this service is to reduce soil erosion, improve pastureland and hayland, and to promote the use of no-till in Rockcastle County.

### RENTAL INFORMATION:

- \$6.00 per acre - minimum of \$30.
- Payment due on completion of work.

For further information, contact...

Adams Feed Supply of Brodhead, Hwy. 150 at 758-8813 or Rockcastle County Conservation District at 256-2541.

## The Best Protection for Your Home Is Right in Your Back Yard



BAILEY INSURANCE AGENCY  
Mary Mathis, Agent  
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Mt. Vernon, Ky. 40456  
Phone (606) 256-0047

With a Cotton States agent located near you, you may get more protection for less than you are spending now. With discounts for burglar alarms, smoke detectors and many others, you could save up to 40% on your homeowners insurance. So, call your local Cotton States agent today and get the assurance from a company that has been protecting homeowners for more than 54 years.



"Our Most Important Policy Is Trust."



Local car enthusiast Mike Mink drove his 1964 black Corvette in Saturday's parade at Livingston.



Members of the Laurel Home Guard, including Mt. Vernon police officer Matt Bryant, far left, were on hand during Saturday's parade at Livingston.

# Rock loses first game to Southwestern 42-13

By: Richard Anderkin

The Rockcastle County Rockets went to Somerset Friday night to play what was supposed to be an entire football game.

But, the outmanned Rockets played only the second quarter and gave very little effort the other three as a very good Southwestern team defeated the Rock 42-13.

In fairness to the Rock, several key players were injured, including quarterback Christopher Parsons, tailback Derrick Bussell, receiver Dackery Larkey and senior Gary Coffey, who is expected to miss at least two more games before returning after surgery on his knee.

Parsons was replaced by senior Dustin Crawford at quarterback, while Bussell saw very limited action on offense and Larkey saw none.

Also during the game, senior tailback Josh Dooley hurt his shoulder and opted to sit out the entire second half and the Rockets other tailback and fullback Derrick Bradley was also injured on a clip by the Warriors.

The Rockets are off this week, and the Friday night vacation probably could not have come at a better time.

"We need this week to get healed up for the stretch run of our schedule," head coach Tom Larkey said. "We have actually been playing hurt all year long and Friday night it really showed how banged up we were," he said.

The coach also said that while his team was indeed injured, he was less than thrilled with the poor effort put forth in the second half, after his team had battled back in the game.

After falling behind 15-0, with 5:39 left in the first quarter, the Rockets battled back in the second

quarter behind the good play of quarterback Christopher Parsons, who entered the game, although noticeably limping on his right leg.

Derrick Bussell, who scored on a run over the right side with 3:13 left in the quarter and junior receiver Greg Harper, who scored the Rockets second touchdown on a pass from Parsons, with just 42 seconds left in the first half, also played extremely well in the period making some key catches on the Rockets two scoring drives.

Senior Kevin Childress also made a key catch during the second scoring drive, for an 19 yard gain, to keep the chains moving for the Rockets.

The Rockets began the second half by holding Southwestern and forcing them to punt, but a roughing the kicker penalty, gave the Warriors the ball back and a first down.

It was all down hill for the Rockets after that.

The Warriors ran off 27 unanswered points, as the Rock defense gave up big play, after big play.

"Our kids were having to play above their heads to stay in the game and after the penalty on the punt, they just seemed to let up their intensity," defensive coach Tony Saylor said. One bright spot for the Rockets was on defense where senior lineman Joel Deaheage played his best game as a Rocket, picking up eight tackles and assists, against the much bigger Southwestern team.

The Rocket defense as a whole gave up 335 yards, the most this season to an opponent. The Warriors gained 298 yards on the ground and 37 through the air.

Sophomore William Blair picked up five tackles, while Sean Smith had four tackles and two quarterback

sacks. Greg Harper had four tackles and assists, as did Travis Ingram, Dustin Crawford and Josh Hale. Ingram also had two sacks.

Chris Kirby had three tackles and assists and Matt Smith, Derrick Bradley and Derrick Bussell, all had two each. Kevin Childress picked up a solo tackle.

The Rockets managed only 178 yards of total offense on Friday night with 129 of them coming in the air. Parsons was 10 for 15 and 126 yards. Crawford was one for three for three yards.

Greg Harper caught six passes for 94 yards and a touchdown. Kevin Childress caught one ball for 19 yards. Bussell caught one pass for eight yards and Josh Hale caught two passes for eight yards.

Derrick Bussell had 37 yards on seven carries, Josh Dooley had 12 yards on five carries. Josh Taylor had five yards on one carry. Dustin Crawford had two yards on two carries. Marty Reagan had two yards on four carries. Clay Dooley had one yard on one carry and Derrick Bradley carried the ball three times for no yardage.

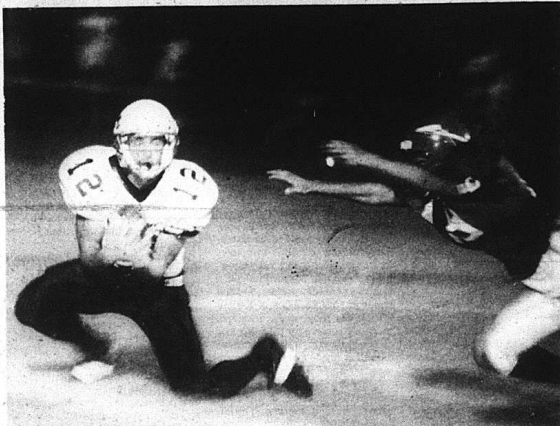
Parsons rushed four times for minus yardage. Placekicker Greg Terry was perfect again, making his only extra point attempt.

The Rockets will host Estill County on Friday September 17.

The Engineers are three and 0 in 1999 and have rolled up 104 points against their opponents thus far.

Remember all game times have been moved up to 7:30 p.m. this season.

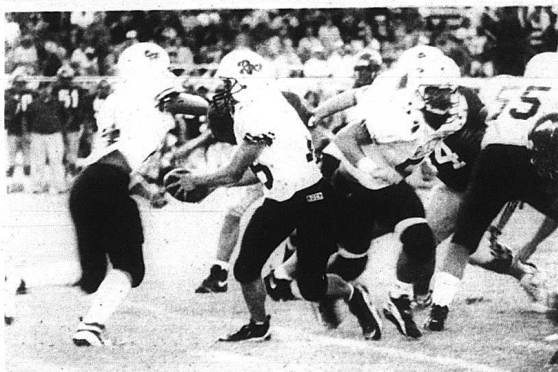
Homecoming at the ROCK is September 24 when the Rockets host Knott County Central.



Junior receiver Greg Harper caught six passes for 94 yards and this one for a touchdown on Friday night against Southwestern Pulaski County. Harper and the Rockets fought back in the second quarter after being down 15-0, but lost 42-13, after Southwestern totally dominated play in the second half.

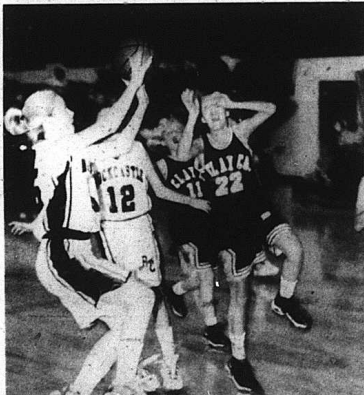


Travis Ingram #33, William Blair, Sean Smith and Matt Smith stop a Southwestern running back in Friday's action in Somerset. The Rockets are 2 and 1 on the season after losing to a very good Warrior team 42-13. The Rockets are off this week and return to action on September 17 when they host Estill County.



Senior Dustin Crawford, #16, hands the ball to senior tailback Josh Dooley in the Rockets loss at Southwestern Pulaski County on Friday night. Crawford started the game after Christopher Parsons injured his ankle in a game against South Laurel the week before. Dooley looks for running room behind #54 Sean Smith and #55 Brad McNew.

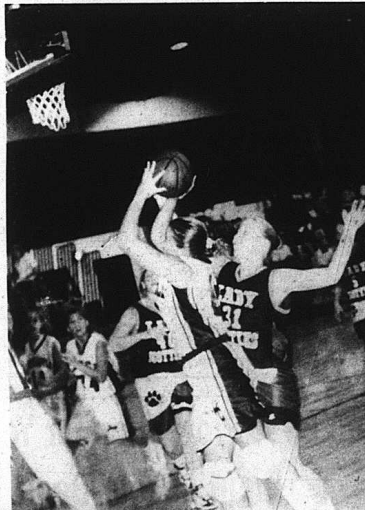
7th grader Sarah Parsons, top right, heads for the basket in her team's championship game win over Clay County. Besides Abney's 19, Gina McClure and Katie Parsons scored 6 each; Heather Hammond got 3 and Tara Rowe, 2.



The eighth grade girls team, bottom photo, came in second in their Tip-Off Tournament last week, losing to a good Mercer County team 41-24. The girls defeated Whitley County in the opening game. Members of this year's team are, front row, from left: Anna Guilfoif, Krystal Parsons, Jenna Owens, Courtney Parsons; Jennifer Kiddell and Sheena Swinney. Back row: Stephanie Price, Amanda Rogers, Lauren Clontz, Jessie Riddle, Rachel Childress, Jenny Durham, Allison Anderkin, Heather Adams and Coach David Owens.



8th grade guard Krystal Parsons, top right, tries for a lay-up in the 8th graders championship game against Mercer County. Sheena Swinney led the scoring for the Rockets with 7 points; Allison Anderkin got 6; Amanda Rogers and Lauren Clontz had 4 each; Jenna Owens got 2 and Rehel Childress 1.



The 7th grade team, bottom right, defeated Clay County to win their part of the RCMS tournament. Johnna Abney led the way in scoring for her team with 19 points in the 36-27 victory. The 7th graders defeated Whitley County in the first round. Members of the squad are, front row, from left: Tara Rowe, Heather Hammond, Johnna Abney, Ashley Bell, Leighanne Caldwell and Amanda Wright. Back row: Coach Debbie Coleman, Gina McClure, Allie Mink, Sarah Parsons, Hollyann Colson, Mary Brinson, Katie Parsons and Ashley Mize.



## Lawrence Corn Mill at Willailla

By Mae Taylor, Indianapolis, Indiana  
I enjoyed reading about the Laswell Mill, so I'm writing about the A.F. Lawrence Corn Mill at Willailla.

But first, I will try to tell about Willailla, that is where the mill was located.

I remember as a small little girl, that Mr. Willie Owens and wife, Sophia had their store and they had the post office in the store and it was named Willailla. My parents lived one mile from the store. So once or twice a week some of the family would go to the store and to mail out letters and to get our mail. I think most people in the county would get their mail there.

Mr. and Mrs. Owens had their store for several years. After Mr. Owens passed away the store was sold to Mr. Cleve Gifford and wife. But the post office still was there. Mr. Gifford later sold the store to Mr. Clarence Herrer and wife, Maggie. And they added to the store until you could get most anything you needed. Grocery, dry goods, even hardware. So in 1939 or 1948 A.F. Lawrence and son bought this corn mill and made meal. The mill was set close to the store and ran by steam.

Mr. Herrer had a big pond just across the road and Mr. Lawrence and E.B. ran a pipe across the road to use water for the boiler in the fall. If the pond got low, E.B. would put barrels in the wagon and haul water from the creek. He would haul it the day before they ground. They ground once a week. And sometimes they wouldn't get done till after dark. They

would go to a saw mill and get a load of slats for this furnace had to be fired to make the steam it had to be so hot before the engine could grind the corn. Mr. Lawrence made the meal and E.B. would fire the furnace. People came from all over the county to have meal made. I remember seeing Homer Brown walking and carrying his corn. Homer was a brother to Chester Brown and Henry Brown. This corn was poured up into a hopper and when it was ground it came out a sheet and the meal sacks. I remember seeing Mr. Lawrence feeling the meal as it came out if it was so fine or coarse, he would turn a little wheel until he had it right. Mr. Lawrence made a little wooden box, it would hold between 1/2 to one gallon corn and out of each one, he took that little box of corn, that is all they got for grinding. Once in a while,

some one would bring wheat to have wheat flour. And we were so glad to get that flour. I would make whole wheat biscuits and some times cook it for a cereal, eat it with sugar and cream. It was good.

So later on they kept feed to sell in hundred pound bags and I think most of us women had a feed sack dress. We would try to get three bags a like, that would make one a dress and 1-1/2 or 2 sacks for my little girls. But we were proud of our dresses. I don't know if you would call them the good ole days or not, yes they were good in some ways.

If you wanted to go visit your neighbor you didn't have to have no invitation, you just went and had a good time.

It is still called Willailla, but no post office.

And we always had meal for our corn bread and even mush.

## YMCA parent tip: homework solutions

Ask a bunch of parents about your homework and you're likely to hear similar answers:

"I feel like a broken record, talking until I'm blue in the face!"

"I think we've made some headway, then the same problem comes up again."

"I get so frustrated I could scream!"

There are two ways to communicate with kids about homework: with words and with actions. What parents do is more important than what they say when it comes to helping children take responsibility for their homework.

Homework battles usually boil down to power struggles—you versus your child. You can ease the tension by focusing on the actions and behaviors of your child toward homework, not on your child himself.

Remember:  
-Avoid being critical or casting blame

-Watch for signs that your child is feeling criticized or blamed, they try to clear up any misunderstanding

-Apologize for any criticism or blame that you lay on your child.

Parents often find themselves giving the answers, writing papers or completing school projects instead

of helping the child do the work by himself. How can you build responsibility for homework if you're the one doing all the work?

Indirect help encourages your child to take responsibility for their homework and to complete it on their

own. Instead of giving the answers, you focus on building skills such as remembering, planning ahead, organizing work, concentrating, completing a task and problem solving.

A basic assignment book is a simple tool to help your child remember homework. Separate sections can help organize homework for a variety of subjects. Create a column where assignments can be checked off once completed. Encourage your child to break projects apart and schedule the individual parts to avoid last minute crunches.

When your child gets an assignment, he needs to know how to look it over, anticipate problems and ask questions. Help your child make his own plans. Help him figure out what questions he needs to ask and what issues he needs to consider to complete an assignment.

Talk to your child about specific ways he can organize things so they'll be easier to find.

Create a quiet study area free of distractions such as T.V., loud music, other family members. Set aside times when homework will be done. All members of the family must respect those times and do their best not to distract the student.

Frustration can block learning and lead to anxiety. Sometimes, the harder your child tries, the tougher the project gets. In the end, he may throw away or tear up his homework.

Don't mistake his actions for lack of concern. He cares very much. So much, in fact, that he'd rather turn in nothing than something he doesn't



The Rockcastle County High School boys' golf team has enjoyed a successful season thus far in 1999. The team has won eight of ten matches this season. Members of the squad are shown above, front row, from left: Jeremy Neely, Stephen Hopkins, Aaron Cash and Joe Lambert. Back row, from left: Andrew Cash, Mikey Howard, John Bray and Brian Reynolds. The team is coached by Barry Noble and Ken Hopkins.

feel good about.

Many parents try to bargain and make deals with their kids to get them to do homework. Research shows, though, that prizes and toys don't build long-term motivation or commitment.

Also encourage kids to talk about how they feel when they succeed as a result of good studying. Ask questions like, "Don't you feel proud of yourself?" Pride and self-confidence are natural rewards we can give to ourselves.

not funded.

In 1998 House Bill 330 was passed which put aside five million dollars for school systems to use for security measures such as alternative schools, but many districts across the state have not received any funding. Mrs. Powell said that an alternative school would probably be discussed at length during the September 28th meeting.

## Jones

(Cont. from front)

weekend for a show on Saturday night at 7 p.m. and a show on Sunday at 3 p.m.

Both shows are sold out, but Renfro Valley will hold a celebration during the Sunday show to honor Jones on his 68th birthday.

## 911

## Director

(Cont. from front)

new full-time director of Rockcastle's 911 system.

Carloftis said that Mrs. Bonnie

Roark was also recommended as deputy director by the board, during a meeting last week.

Carloftis said the fiscal court will make final approval next week.

Cameron and Roark were selected from eleven applications received by the 911 board.

The position opened up earlier this year, when then 911 director Edwina Anglin resigned, after disagreements with the board.

Currently 911 employees three full-time dispatchers and five part-time people.

911 is funded by local telephone customers who pay a \$4.00 monthly fee on their home phones and \$6.00 monthly fee paid by business owners.

When 911 was implemented in the Spring of 1998, residents were told that the much more efficient enhanced version of 911 would be in place in one year to eighteen months. That, of course, has not happened yet.

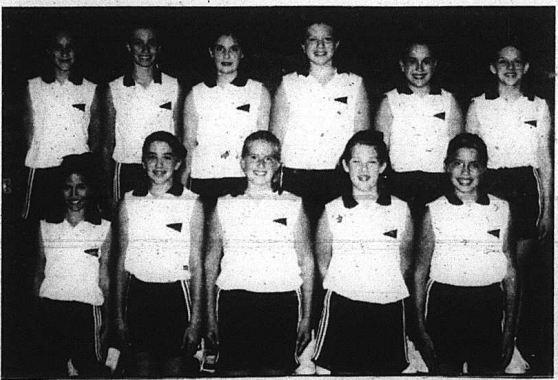
The judges said that problems with the mapping of the entire county and looking for a new director had delayed the process, but that the 911 board was still moving forward on the enhanced version.



John D. Bullen killed this water snake not far from his home on Brindle Ridge. Photo taken by Marilyn Bullen.



Eighth grade cheerleading squad members are, front row, from left: Amanda Smith, Elisha Coffey, Jamie Ornela, Sheena Fry and Becky Alsip. Second row: Veronica Renfro, Tasha Parsons, Brittany Cromer, Traci Parsons and Chastity DeBorde.



Cheerleaders for the 7th grade team at RCMS this year are, front row, from left: Heaven Spoonamore, Casey Taylor, Kayla Bryant, Jamie Ellison, Katelyn Cash. Back row: Amber Busell, Brittany Offutt, Megan Parker, Courtney Hale, Vanessa Adams and Sherry Johnson.

## ROCKCASTLE COUNTY BOARD OF EDUCATION

GEORGE W. GRIFFITH, CHAIRMAN  
TERRY F. BURTON, VICE CHAIRMAN  
SHERRY ISAACS  
SAMUEL T. STALLSWORTH  
MARTIN E. VANZANT

Meeting Location - Central Administration Offices

September 14, 1999

7:00 p.m.

DRAFT

Agenda

1. CALL TO ORDER
  - A. Silent Prayer
  - B. Roll Call
  - C. Reading of Board Team Commitments
2. ADOPT AGENDA/ACTION
3. COMMUNICATIONS:
4. OPERATIONS/ACTIONS
  - A. Approve minutes of the August 10, 1999 and August 24, 1999 regular monthly meetings
  - B. Approve school trips
  - C. Approve SBARC Chairpersons
  - D. Approve bills for payment
5. DISCUSSION/ACTION
  - A. Review/approve Instructional Assistant I (3 1/2 hrs) Brodhead Elementary (IEP requirement)
  - B. Review/approve Fundraisers: Rockcastle County Middle School, Dance Team; Rockcastle County High School, French Club and Girls Varsity Basketball Team
  - C. Review/approve Working Budget for School Year 1999-2000
6. DISCUSSION/REVIEW
  - A. Review monthly financial report(s)
  - B. Review Superintendent's Personnel Actions Report
  - C. Review Procedures Update 3. Procedures 08.2323 AP.1 Student Access to Electronic Media and 09.21 AP.2 Health Requirements and Services
  - D. Review Board Policies 03.1231 & 03.2231
  - E. Other
7. ADJOURNMENT



Andrew Nelson, son of Barbara and David Nelson, earned honors at the Kentucky State Fair 4-H Land Judging contest by placing first in the junior division. Agriculture commissioner, Billy Ray Shith, presented Andrew with the champion wrist watch sponsored by the Kentucky Department of Agriculture. Andrew also received a champion plaque sponsored by Farm Credit Services.



Rockcastle County's Senior 4-H Land Judging excelled at the Kentucky State Fair contest by placing 2nd, 4th and 6th. Shown above, are from left: Jeremy Neeley, 4th place; Josh Lyons, 6th place and Blake Arnold, 2nd place.



Rockcastle County's 4-H Land Judging team participated in the Kentucky State Fair on August 20. Youth received eight blue and one red, placing with 1st place Junior Champion. Shown above are, first row, from left: Emily Whitaker, Matthew Whitaker, Brandon Reams and Jamison Cable. Second row: Andrew Nelson, Jeremy Neeley, Josh Lyons, Bill Burdette, Blake Arnold and Coach Tom Mills. Special thanks to Sandy Whitaker who helped as chaperone and to Farm Bureau for sponsoring the team.

Subscribe to the Signal  
Call 606-256-2244

**For Sale:** RCA Camcorder, full-size, two years old, perfect condition, with carrying case, AC adapter and tripod included. \$350. See at Mt. Vernon or call 256-3512 nights.

## LITTLE LEAGUE PICNIC

September 12th

RCMS • 2 to 4

Bring a covered dish

Anyone interested in running for Little League Board needs to call 256-5768, 256-5224 or 758-9150

## Rockcastle Community Bulletin Board

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#### TOPS

**(Take off Pounds Sensibly)**  
TOPS meets Thursday at 6 p.m. at Brodhead Christian Church basement on Main St. in Brodhead. For more info, call 1-800-932-TOPS or locally 758-4047.

#### Bookmobile Schedule

**Mon., Sept. 13th:** Brodhead and Copper Creek.  
**Tues., Sept. 14th:** Green Hill, Conway, Boone, Fairview, Lambert Rd., Respiratory Care, Mt. Vernon Manor, Mt. Village.  
**Wed., Sept. 15th:** Spiro, Level Green, Willalls.

#### Kiwanis Club

The Rockcastle Kiwanis meets Thursday at noon at the Kastle Inn Restaurant. All visitors are welcome.

#### R.A.A.P. Meeting

Rockcastle Adoption Agency for Pets, Inc. the first Sunday of each month at 2 p.m. Help build an animal shelter in Rockcastle County! Call Terry at 758-9202 or Vickie 256-5183 for directions.

**CAP Job/Start Program**  
Are you looking for a job? Job/Start can help. Job Skills Training Program could be the place for you. For more info, call 256-9612.

#### Bittersweet Festival

The Mt. Vernon Fire Dept. will be sponsoring the Bittersweet Festival Oct. 1st and 2nd. The fire department would gladly accept volunteers to help with the festival.

#### Parade and Festival Note

Anyone wishing to participate in the festival or parade needs to call Renee at 256-3437.

#### Mt. Vernon High Alumni

Mt. Vernon High School Alumni Association is in the process of trying to locate graduates from the classes 1949 & 1966, which will be the honored classes of the 1999 Alumni Banquet to be held Sat., Sept. 11, 1999 at the RCMS. Contact Carol Riddle, P.O. Box 67, Brodhead, KY 40409 or call (606)758-8150.

**Marine Corps League**  
Bluegrass Chapter 1012 of the Marine Corps League meets every fourth Thursday of the month at the Igloo Club at the Bluegrass Army Depot. For more info, call Jack Dimer at 369-7310 or Nathan Seals at 256-0741.

**Community Cookout**  
Community Cookout at Charles Brooks on Copper Creek Road Sept.

11th. Come bring a covered dish, hamburger and hot dogs will be cooked there. Eat about 6 p.m. Everyone welcome.

#### New TOPS Chapter

Women, men, teens and pre-teens (age 7-13). Are you interested in losing weight? Meet with others who have a similar problem. A new TOPS (Take Off Pounds Sensibly) chapter is being organized in your area. A TOPS meeting will be held on Thursday at 6:30 p.m. at the Brindle Ridge-Volunteer Fire Dept., Conway. Phone 606-256-2490 for more info.

#### Fish Fry

Cartersville Ruritan Fish Fry, all you can eat, 1/4 mile off Hwy. 954 on Harmon's Lick Rd. Sat., Sept. 18th from 4 to 8 p.m. Adults \$5, children \$2.50. Everyone welcome. Rain cancels.

#### Car & Truck Show

Brodhead Vol. Fire Dept. Car & Truck Show Sunday, Sept. 19, 1999 at Brodhead Elementary School. Registration: 9 a.m. to 12 noon. Judging immediately following registration. Entry fee \$10 per entry. Free admission - concessions sold on the grounds.

#### Annual Meeting

The Extension Homemakers Annual Meeting will be September 9 at 6:30 p.m. at the Extension Office.

#### Basketry Group

September 13, 9 a.m. - Basketry Group will meet at the Extension Office. A "Quilters Keepsake Basket" will be taught. Call 256-2403 for details.

#### Blood Drive

A county blood drive will be held on September 14th from 12 p.m. to 1:30 p.m. and 3 to 7 p.m. at the Extension Office. Call 256-2403 for details.

**Hunter's Education Course**  
September 16, 17 and 18 at the Extension Office. Please call the office at 256-2403 for additional information and to register.

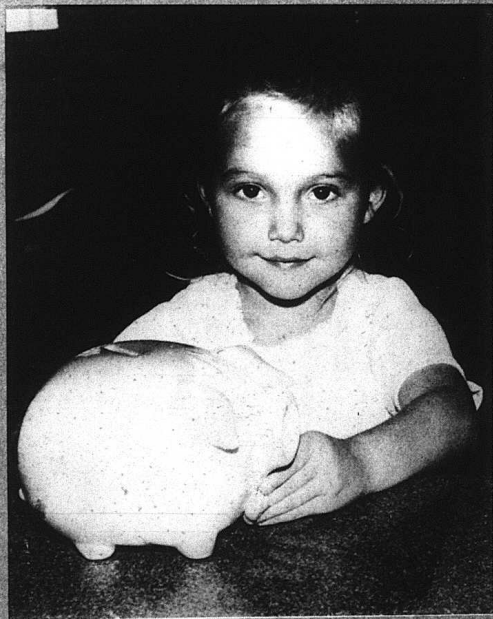
#### Annual Meeting

The Rockcastle Farm Bureau annual meeting will be held Sept. 17th beginning at 6 p.m. at Roundstone Elementary School. Dinner and entertainment provided. All members welcome.

**DAR Planning Meeting**  
Planning meeting for Rockcastle Chapter DAR Tuesday September 14th at 12 noon at Rockcastle Steak House. Bring your ideas for meetings for the new year. We need you!

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# Livingston Homecoming '99



Members of the Rockcastle County High School marching band played Saturday for the Livingston Homecoming Parade. Some of the members are shown above, from left: Chris Robbins, Daniel Ashcraft, Bryan Washer and Tammy Blackburn.



Ashley McClure, above at left, was crowned 1999 Livingston Homecoming Queen during the pageant on Saturday night. At right is Samantha Lewis, one of the participants. In the photo at left, from left are: Angie Newcomb, Faith Baker-Shannon, last year's homecoming queen and Mary Hensley. Hensley and Newcomb were also candidates this year.



Members of the Rockcastle County High School Junior ROTC program led Saturday's parade at Livingston. The corp participates in the event each year.



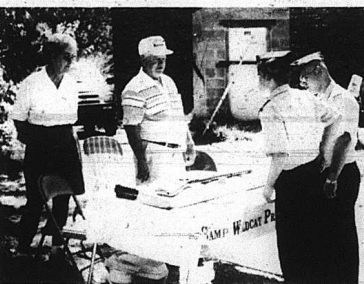
Members of the Pine Hill Missionary Baptist Church once again participated in the annual parade during the homecoming at Livingston over the Labor Day weekend. The entire 1999 homecoming was dedicated to the memory of Mrs. Mary McHargue, a lifelong resident of Livingston who was always instrumental in homecoming activities. Mrs. McHargue passed away earlier this year from cancer.



Members of the Sand Hill Baptist Church honored local veterans with their float in the homecoming parade.



Members of the Livingston Ladies Auxiliary were on hand for Saturday's parade during the 1999 Livingston Homecoming festivities.



JROTC members Joe Clark and Jeff Smith purchased chances for a fundraiser for the Camp Wildcat Preservation from member Jim Cass.

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**CHEVY S-10**



#2174

MSRP \$17,807

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96 CHEVY CORSCICA V-6, 1 owner, local trade.....	\$8,980	96 DODGE 2WD 1/2 TON SLT LARAMIE Magnum V-8, only 34k miles.....	\$15,980
99 OLDS 88 low miles, 2 to choose from.....	\$19,980	97 TAHOE LT 4 W/D 4 door, 1 owner.....	\$22,980*
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RARE 98 90 WHEEL BASE 4WD local trade, 7,000 miles, 350 auto loaded.....	\$23,980	98 MALIBU 2 to choose from.....	SAVE
96 CHEVY CAPRICE LS 350 auto, hooded, local trade.....	\$13,900	98 OLDS INTRIGUE.....	\$15,980*
94 CUTLASS SUPREME 2 dr. local trade.....	\$9,980	97 NISSAN AX4 17k miles.....	\$11,980*
98 S-10 BLAZER LT (loaded, leather, air, cd trade.....	\$23,980*	96 GRAND AM 2 to choose from.....	\$7,980*
		98 SATURN SL2 COUPE.....	\$10,980*
		94 COUGAR X87 low miles.....	\$7,980*

Hours: Mon.-Fri. 8-7, Sat. 9-6, Closed Sun.

## County Statistics

### Deeds Recorded

Jack W. Frost, Jr., real property located on Flat Gap Road, to Robert Walker, Jr. and Angela Walker. Tax 57.00

Clarence and Louise Carter, real property located in Rainbow Ridge Subdivision, to Garry and Robyn Fain. Tax 10.00.

Cecil L. Northern, quit claim deed for real property located in Rockcastle County, to Carolyn Thompson. No tax.

Jerry M. and Catina C. Hasty, real property located in Houston Point Estates, to Lyman and Debbie Fisher. Tax 3.50.

Lloyd L. Cain, Jr., Marcia E. Cain, real property located in Houston Point Estates, to Lyman and Debbie Fisher. Tax 3.50.

Leslie E. and Martha A. Whitaker, real property located in Rockcastle County, to Patricia Whitaker. No tax.

Paul and Pauline Waddles, real property located in Rockcastle County, to Delmas and Ann Mink. Tax 6.00.

Doris Blanton, real property located on Wabul-Poplar Grove Road, to Darlena Mays. Tax 4.00.

Boyd and Geneva Sandlin, real property located in Rockcastle County, to Roger Sandlin and others. No tax.

Simon Byrd, real property located in Rockcastle County, to Carolyn Byrd. No tax.

Carolyn Owens, real property located in Rockcastle County, to Chesser Baker and Jay Baker. Tax 30.00.

Edward W. and Lisa A. Tevis, real property located on Bowling Ridge

Road, to George D. Childress and Nina J. Mink. Tax 42.50.

Timothy W. and Jessica Gadd, real property located on the waters of Roundstone Creek, to Tim R. and Mary L. Gadd. No tax.

Dortha M. Banks, survivorship deed, real property located in Rockcastle County, to Oliver L. and Barbara Meccc. Tax 76.50.

### Marriage Licenses

Billie Joe Bryant, 19, Brodhead, unemployed, to Henry S. Kidwell, Jr., 23, Brodhead, diesel mechanic. Sept. 2, 1999.

Ruby Elizabeth Eversole, 28, Lexington, student, to Steven Dwayne Hechley, 21, Mt. Vernon. Sept. 1, 1999.

Yakel Sue Rowland, 30, Rt. 3, Mt. Vernon, to Michael Nolan Peters, 26, Rt. 3, Mt. Vernon. Sept. 1, 1999.

Shena Renee Dees, 18, Rt. 2, Mt. Vernon, unemployed, to James Robert Morgan, Jr., 21, Irvine, Yusha-Evide. Sept. 1, 1999.

Carla Sue Bowman, 19, Lancaster, Dollar General, to Travis Troy McCoy, 19, Rt. 3, Brodhead, RTEC. Sept. 1, 1999.

Candace Dawn Riddle, 21, Rt. 3, Brodhead, factory, to Jason Alan McGuire, Rt. 4, Mt. Vernon, factory. Aug. 31, 1999.

Janice Beverly Poynter Ingram, 35, Berea, respiratory therapist, to Jeffery Keith Ingram, 38, Berea, service tech. Aug. 30, 1999.

Sallie Lorena Gail Laihmar, 26, Mt. Vernon, Rockcastle County Board of Education, to Roger Natha-

niel Price, 27, Renfro Valley, Lancaster Police Dept. Aug. 30, 1999.

### District Civil Suits

United Feature Syndicato vs. Chronicle Publishing, Inc., \$2051.05 claimed due on account. 99-CI-00115.

### Small Claims

Heilig Meyers vs. Rodney Stewart, \$1500. claimed due on account. 99-S-40055.

### Circuit Civil Suits

Commonwealth of Kentucky Cabinet for Families and Children Ex Rel Debra Remer vs. Chastity Snyder, complaint for child support and medical support. 99-CI-00235.

Commonwealth of Kentucky Cabinet for Families and Children Ex Rel Kathleen Bretz vs. Michelle Elaine Bretz, complaint for child support and medical support. 99-CI-00236.

Commonwealth of Kentucky Cabinet for Families and Children Ex Rel Debra Remer vs. Michael Mason, complaint for child support and medical support. 99-CI-00237.

Beneficial Ky., Inc. vs. Arlene A. Marshall, \$4,323.28 claimed due on contract. 99-CI-00238.

Commonwealth of Kentucky Cabinet for Families and Children Ex Rel Lisa Price vs. Benjamin S. Price, complaint for child support and medical support. 99-CI-00239.

Commonwealth of Kentucky Cabinet for Families and Children Ex Rel Betsy Harding vs. Terry Harding, complaint for child support and medical support. 99-CI-00240.

### District Court News

Hon. Walter F. Maguire August 25, 1999

Allen K. Stanley: Speeding, \$42 fine; Operating motor vehicle under influence/drugs, \$200 and costs, \$200 service fee, \$20 victim compensation fund, 2 days/time served; Possession of marijuana, 10 days/probated/confiscate and destroy contraband; No insurance, \$500 fine/suspend \$450.

Luther E. Hargis, Jr.: Speeding, state traffic school.

Juan Carlos Portillo: Operating motor vehicle under influence of intoxicants, \$200 and costs, \$200 service fee, \$20 victim compensation fund, 3 days.

Dustin L. Allen: Fines due: (\$125.25 and \$25), 30 days each count/conservative.

Scott D. Allen: Fines due: (\$119.50), issue warrant/suspend license.

Jeramie W. Baker: Fines due: (\$99.75), issue warrant.

William M. Bechard, II: Faulty equipment, \$30 and costs, \$200 service fee, \$20 victim compensation fund, No insurance, issue warrant/suspend license.

Kenneth L. Brown: Speeding, state traffic school; Failure to wear seatbelt, \$25 fine.

George Dewayne Burch: No operating license in possession, \$30 and costs.

Gilbert A. Burdine: Speeding, state

(Cont. to B4)

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at

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<b>EXTRA SAVINGS</b> <b>Boneless Sirloin Tip Roast</b> <b>1.49</b> Lb.	<b>EXTRA SAVINGS</b> <b>Sirloin Tip Steak</b> Family Pack <b>1.69</b> Lb.	<b>EXTRA SAVINGS</b> <b>Red Delicious Apples</b> 5 lb. bag <b>1.79</b>
<b>EXTRA SAVINGS</b> <b>Bnls Beef Cubed Steak</b> <b>1.89</b> Lb.	<b>EXTRA SAVINGS</b> <b>Russet Potatoes</b> 10 lb. bag <b>1.79</b>	<b>EXTRA SAVINGS</b> <b>Juicy Red Plums</b> <b>59¢</b> Lb.
<b>EXTRA SAVINGS</b> <b>Banquet Pot Pies</b> ONLY <b>3/\$1</b>	<b>TNT GOOD ITEM</b> <b>Musselman's Applesauce</b> 6 Pack ONLY!! <b>99¢</b>	<b>EXTRA SAVINGS</b> <b>Yellow Onions</b> 3 lb. bag <b>89¢</b>
<b>EXTRA SAVINGS</b> <b>Eggo Homestyle Waffles</b> ONLY <b>2.79</b> 30 oz. lg. box	<b>EVERYDAY GROCERY</b> 5 lb. Hilltop SR Flour ONLY! <b>89¢</b>	<b>EVERYDAY GROCERY</b> Drinking Water Gallon ONLY! <b>49¢</b>
<b>GROCERY</b> <b>Capri Suns</b> 10 pack ONLY <b>1.49</b>	<b>TNT GOOD ITEM</b> <b>Goober Peanut Butter &amp; Jelly</b> 18 oz. jar ONLY!! <b>1.99</b>	<b>EVERYDAY GROCERY</b> <b>Vienna Sausage</b> 5 oz. can ONLY <b>39¢</b>

### FOR SALE BY OWNER

#### Retail Building - Material Business

12045 Hwy. 150E  
Between Crab Orchard and Brodhead, Ky.

Owner retiring after 54 years at this location. This is a very profitable and respected building supply business. Store includes approx. 2,000 sq. ft. of sales and display area in main building and approx. 7,000 sq. ft. of material storage in three other buildings. The business is located on 0.472 acres with 500 ft. of road frontage. \$400-\$500K in annual sales and approx. \$75,000 in inventory which includes a complete line of building materials, hardware, plumbing, electrical supplies and Perry & Derrick paint.

Great business opportunity! Total Price: \$250,000

For more information call:

606-355-7173 or 355-2267/355-7487 after 5 p.m.

### FOR SALE BY OWNER

Two 3-Bedroom Houses, two detached garages, storage building and barn shed on 1.96 acres. Property located on Hwy. 150, 2 1/2 mile east of Crab Orchard. Great rental property with possible \$300-400 monthly rental income for each house. Price: \$115,000 OBO.

House & Lot #1 - Large, 3 bedroom white vinyl sided house with partial basement, L/R, Den, D/R, K, Bath, Utility. Approximately 1,800 sq. ft. on 0.534 acre lot, with detached garage and city water.

House & Lot #2 - Nice, 3-Bedroom house with partial basement, Large L/R, D/R, K, Bath, Utility. Approximately 1,500 sq. ft. on 0.751 acre lot, with detached garage, and city water.

Lot #3 - 0.681 acre, creek side, lot with 16 ft. by 28 ft. storage building and 12 ft. by 30 ft. barn shed with two stalls. Both need repairs. City water available.

FOR MORE INFORMATION ABOUT THIS PROPERTY,

CALL

606-355-7173 OR

606-355-7487 AFTER 5 P.M.

## State Auto's Prime of Life Plan for "Prime of Lifers!"

State Auto's Prime of Life Plan gives our qualifying customers age 59 and over the most out of their insurance. Along with expanded coverage and reduced premiums... when you travel, your Prime of Life Plan covers emergency travel expenses, even expanded rental vehicle coverage! Call your State Auto agent today for more information. Start enjoying life's rewards with State Auto!

Singleton Insurance Agency

Donnie Singleton, Agent  
210 E. Main St. • Mt. Vernon  
606-266-2611

STATE AUTO

There's you can depend on.  
Your best insurance is a good agent.

MT. VERNON

## SAVE-A-LOT

New Fall Hours:  
Mon. - Thurs.  
8 a.m. to 8 p.m.  
Fri. & Sat.  
8 a.m. to 9 p.m.  
Sunday  
10:30 a.m. to 7 p.m.

FOOD STORES

910 W. Main St. • Mt. Vernon • 256-9810

We Accept  
WIC and Food  
Stamps

Save up to  
40%



# The Family Room

By Dr. Don Whitehead

## Relationship Addictions Are Hard to Break

"When I told Judy that she was addicted, she was surprised to say the least. (All characters are fictitious.) "I've never taken a drink or smoked dope in my life!" she protested. "I don't drink coffee or smoke cigarettes. What do you mean I am addicted?"

"You are addicted to relationships," I explained to her. "You think you can't function unless you are in a relationship with a man. When you get out of one relationship, you move quickly into another. What is the longest you've ever gone without having a boyfriend?"  
"About six weeks, I guess," Judy replied. "For a woman who's over

30, that's not very long, is it?"

Judy is not the only person who suffers from relationship addiction. Here are some clues to let you know if you might be addicted to relationships.

1. Waiting, hoping, longing for another person to change, show up, call, invite me, answer my letter, etc.
2. Doing anything to please the other person and/or to keep the relationship, such as losing weight, spending extra money, dressing seductively.
3. Doing anything with another person that takes me out of integrity with myself, such as having sex when I don't want to, giving up friends and/or activities, giving in to the other end of an argument even when I know I'm right.
4. Wanting to be special, believing that our relationship is different or unique.
5. Saying "I don't care" or "I don't have an opinion" or "It doesn't matter" when asked about my preference. These are times I quit thinking for myself.
6. Being with someone when I don't want to be or being with a person longer than I want to be or when it is no longer fun. Not admitting that relationship is over when it is.
7. Letting another take responsibility for me. Abdicating my responsibility for myself.
8. Wanting to be taken care of.

Counting on another to take care of my needs. "I want my mommy."  
9. Wanting to be like another person.  
10. Being afraid I will miss something if I don't go along with what another person wants to do.  
11. Putting another up on a pedestal, thinking he or she can do no wrong.  
12. Saying "no" when I mean "yes" or vice versa.  
13. Believing I can help another person "see the light" and become less violent, learn to trust, stop drinking, etc.  
14. Using another person to control my addictions or undesirable behavior.  
15. Believing that if we really love each other, we can work it out, if we just try hard enough and long enough.  
16. Continuing to try to "connect" with someone with whom I simply cannot connect.  
17. Trying to figure out what is going on in a relationship, feeling confused.  
For Judy this list helped her see that she had a relationship addiction. Does it tell you anything about you?

## "Court News" Cont. from B2

traffic school; Failure to wear seatbelt, \$25 fine.  
Connie Bussell: Trafficking in marijuana, \$250 and costs, 12 months/probated one year on condition.  
Larry A. Childers: Speeding and no insurance, issue warrant/suspend license.  
Shanon R. Clontz: Speeding, \$40 and costs/state traffic school authorized on payment of fine and costs.  
Scottie K. Cook: Fines due (\$88.50 and \$88.50), assessed 10 days each court/consuetive/service suspended until 9/8.  
Gwendolyn H. Correll: Speeding, state traffic school.  
Steven M. Crabtree: Possession of marijuana, \$100 and costs and 10 days/probated on condition of good behavior/confiscate and destroy contraband.  
Lori A. Ferguson: No insurance, \$500 and costs/suspend \$450.  
John F. Green: Speeding, \$40 and costs/state traffic school authorized on payment of fine and costs.  
Bryan Eric Hallam: Speeding, paid \$126.15 fine and costs.  
Jesse W. Hill: Speeding, suspend license for failure to appear.  
Mark D. Keech: Speeding, suspend license for failure to appear.  
Alfred H. Kirby: Faulty equipment, \$40 and costs.  
Jennifer D. Kirby: Fines due (\$43.50), issue warrant/suspend license.  
Susan M. Kolakowski: Faulty equipment, \$20 and costs.  
Cheryl A. Lewis: Fines due (\$88.50), issue warrant/suspend license.  
Jack J. McCormick: Speeding, state traffic school; Failure to wear seatbelt, \$25 fine.  
Jeffery D. McKinney: Speeding, \$40 and costs.  
Charles B. Ohe: Speeding and other charges, issue warrant/suspend license.  
Gina M. Palmer: Operating vehicle with expired license, issue warrant/suspend license.  
Sharon H. Parin: No insurance, \$500 and costs/suspend \$450.  
Kimberly L. Perkins: Fines due (\$154 and \$104), issue warrant/suspend license.  
Louis M. Ross: Speeding, \$65 and costs/state traffic school authorized on payment of fine and costs.  
Ricky Glenn Savage: Speeding and no insurance, issue warrant/suspend license.  
Anita S. Saylor: Fines due (\$68.50), issue warrant/suspend license.  
James Sidham: Owe \$45 Rest. \$7.25 DEC, 10 Hrs., assessed 30 days/service suspended until 10/6.

Robert L. Strong: Fines due (\$114.25), assessed 5 days/suspend service until 10/6.  
Carlos E. Thurman: Speeding, \$100 and costs.  
Sondra J. Troxell: Speeding and Failure to wear seatbelt, suspend license for failure to appear.  
Alva Jean Ward: Speeding, \$34 and costs.  
Chad E. Yeager: Speeding and no insurance, issue warrant/suspend license.  
Patricia L. Cobble: Speeding, suspend license.  
Raymond Gonzales: Speeding, state traffic school.  
William D. Stewart: Speeding, paid.  
James G. Arnett: Speeding, suspend license for failure to appear.  
James R. Baxter: Speeding, state traffic school authorized.  
George G. Cord: Speeding, state traffic school.  
Nannette M. Culbertson: Speeding, suspend license for failure to appear.  
Donald W. Glover: Faulty equipment, \$20 and costs.  
Arthur R. Hall: Faulty equipment, \$20 and costs.  
Melody S. Hankla: Speeding, \$20

and costs.  
Mark S. Hanson: Speeding, suspend license for failure to appear.  
Tara D. Lewis: Speeding, suspend license for failure to appear.  
Mark Icatovich: Speeding, suspend license for failure to appear.  
William Charles Lindholm, Jr.: Speeding, suspend license for failure to appear.  
Michael Patrick Parnley: Speeding, suspend license for failure to appear.  
Christopher B. Salo: Speeding, suspend license for failure to appear.  
Jeffrey C. Sams: Speeding, suspend license for failure to appear.  
Thomas J. Shanklin: Faulty equipment, \$20 and costs.  
Daniel B. Silkworth: Speeding, suspend license for failure to appear.  
Dana R. Sizemore: Speeding, suspend license for failure to appear.  
Clyde E. Troxelle: Faulty equipment, \$20 and costs.  
Jimmy C. Vaught: Speeding, suspend license.  
Mark S. White: Speeding, suspend license for failure to appear.  
Lee R. Williams: Operating motor vehicle under influence, 2nd, \$350 and costs, \$200 service fee, \$20 victim compensation fund, 30 days/serve 7 on weekends.

### METAL ROOFING & SIDING

Summer Clearance Sale

Painted: 29¢/33¢/50¢  
Galvalume: 21¢/24¢/50¢  
Remnants: \$15/50¢

White Trims  
Ridge Cap 5¢/ea.  
Corners 5¢/ea.  
J-Channel 2¢/ea.

**Davco Steel**  
Danville, Ky.  
1-800-474-4321

We also stock trim, vinyls, awnings, mail, ventilation, windows, walk-thru doors, copolys, sliding door tracks.

You must present this ad to receive these prices. Offer expires 9/30/99. No dealers.

### PRESENTING GREAT PORTRAITS

EST. 1975  
MEMBER NATIONAL

Studio Quality Portraits

- Babies, Children, Adults, Family
- Posing Our Choice
- Group Charge \$1.00/ea. Additional Subject
- One Special Per Subject
- One Special Per Family
- Additional Portraits Available
- No Personal Checks

**YOU GET ALL THIS!**


4 8x10	You Pay Only \$300
8 5x7	Sitting Fee
4 4x5	\$1295
12 Jumbo Wallets	On Delivery

### Superior Food Market

Mt. Vernon  
Friday, Sept. 10 from 12 to 5



### FUN UNDER CONSTRUCTION AT CLUB ARENA



Join the skating fun at Club Arena on North Broadway. Call 606-986-3881 for schedules and prices. Pictured are Serena Sowder, Richard Barron, Bethany Clontz, Melinda Coffey, Rebecca Barron and Heather Clontz

# Hays Furniture



Starting at:

- Full Size \$429<sup>00</sup> set
- Queen Size \$529<sup>00</sup> set
- King Size \$629<sup>00</sup> set

WE MAKE THE WORLD'S BEST MATTRESS™

591 WEST CHESTNUT ST. BEREA 986-4144 OR 986-8004

FAMILY OWNED & OPERATED

- FURNITURE • APPLIANCES • BEDDING • MORE
- FREE DELIVERY & SET UP • 6 MONTHS SAME AS CASH • IN-STORE FINANCING
- TRADE-INS ACCEPTED • SAME DAY DELIVERY (IN MOST CASES)
- USED APPLIANCES & FURNITURE AVAILABLE
- Quality & Personal Service Don't Cost More At Hays

# Auction

of Mr. Tommy Cope's & Ms. Vanessa Cope's House, Barn, Garage Bldg. & 5 Acres  
Saturday, September 11, 1999 at 2:30 p.m.  
Near Conway, Rockcastle County, Kentucky



Location: Turn off U.S. 25 approx. 6 miles south of Berea, 8 miles north of Mt. Vernon onto Ky. 1505 and proceed 4/10 of a mile to Lakes Road. Follow Lakes Road 1/2 mile to the property. Auction signs are posted.

Tommy and Vanessa Cope have authorized our firm to sell their property for the absolute high dollar. The above-pictured vinyl siding home has 3 bedrooms, master bedroom with tray ceilings, 2-baths, living room with cathedral ceiling and fireplace, large kitchen and utility room. Other amenities include lots of closets, city water, gas heat and a nice front porch.

In addition, the property is improved with an approximately 30x30 garage, a 6 stall barn and 3 sheds. The mini-farm consists of 5 acres, more or less.

**Auctioneer's Note:** Small farms in this area are difficult to find. Conveniently located with privacy, here's an opportunity to purchase a good mini-farm between Berea and Mt. Vernon. Be sure to mark your calendar to attend this absolute auction on Saturday, September 11 at 2:30 p.m.

Announcements day of sale take precedence over printed matter

**Terms:** 20% down day of auction, balance in 30 days.  
For additional information, contact the auctioneers.

### FORD BROTHERS, INC.

AUCTIONEERS-REALTORS

London, KY 606-878-7111  
Mt. Vernon, KY 606-256-5158  
Toll Free 1-800-435-5454

Somerset, KY 606-879-2212

REALTOR AUCTIONEER  
SCAM T. GIBB  
DANNY COLE  
BOB ADAMS  
TERRY FORD  
JILL HUBERT  
JIMMY PENDER  
AUCTIONEER  
BERRY WEAH  
SHEVE PENDER

ADDITIONAL AUCTIONEERS  
DANIELA (KODI) ALLEN  
DANNY COLE  
MATTHEW FORD



# Classifieds

## CLASSIFIED RATES

- Local Rates—14¢/Word, Minimum \$3.50
- Cards of Thanks—5¢/Word, Minimum \$2.00
- In Memories—5¢/Word, Minimum \$2.00
- Display Classifieds—\$3.50/Inch

**Deadline for Classifieds is NOON Tuesday**

## FOR RENT

**For Rent:** 2 and 3 bedroom trailers. Call 256-0910 or 256-1373. 35fn  
**For Rent:** 2 bedroom trailer. Call 256-0176 or 256-9183. 3fn  
**For Rent:** Rocket Storage for all your storage needs, all different sizes. 256-3023. 1fn  
**Accepting Applications for 2 and 3 bedroom units at Valley View Apartments.** Rent based on income. Call 256-5912. Equal Housing Opportunity, TDD for hearing impaired only. 1-800-247-2510. 36fn  
**Thomason's Self Storage Rental:** (606)256-3124 or 256-2381. 39fn

**BRODHEAD, KY—**  
**NEED AN APARTMENT? LOOK NO FURTHER FOR A GREAT PLACE TO LIVE!**  
**IMMEDIATE OCCUPANCY ON 1 BEDROOM APARTMENTS & 2 BEDROOM TOWNHOUSES!**

Waiting list on 3 bedroom townhouses, pending application approval. HUD Section 8 assistance makes these apartments affordable for everyone! Beautiful, quiet country setting. Private entrances & patios, kitchen appliances, central air.

**CASTLE VILLAGE APARTMENTS**  
 Stop in at 165 Castle Village Drive or call 758-4111  
 Hrs. M-F 9 to 2  
 Voice/TDD 1-800-553-0300

## Prudential

**Don Foster REALTORS®**  
 Nadine Almond—966-7078, Jenell Roberts—966-2645, Tonya Burris—966-3616, Emma Himes—966-8349, Paula Dolins—925-2341, Tommy Saylor—966-0152, Daniel Shepherd—966-9180, Kim Cummins—966-7272.  
**711 Chestnut St. • Berea • 606-986-8401**  
**1-800-998-2063 fax 986-6173**

**10.34 ACRES WOODED LAND FOR SALE** near Jean's Restaurant on Hwy. 1004. Some building sites. Great view. Two tenths mile road frontage. Spring and some timber. Only 1/4 mile off 175. Development potential. Call today. Reduced to \$25,000.  
**LOT FOR SALE** 1.29 acres, ideal location for new home or mobile home. Backside of lot in woods. City water and **SOLD** job. Backlot road frontage. Bullock Subdivision. Priced at only \$7,400.  
 We have several nice homes listed in Berea. Call one of the above agents for a showing.  
**BUILDING LOTS** on Flat Gap Road in northern Rockcastle Co. Water, streets, electricity on property. Nice location for new home. Mobile home welcome, some restrictions. Prices start at \$6,500 per lot.  
**FOR SALE: NORTHSIDE APARTMENT COMPLEX.** Located at 210 Richmond Street, Mt. Vernon. Contains 18 apartments and 7 motel rooms all rented on a monthly basis. Property in good repair with a 95% occupancy rate. Owner says the rent from this complex pays for all expenses including the mortgage payment and the manager's salary and returns him a profit of \$1,000 per month. Be a wise investor and let this property pay for itself plus return you a nice income. Located on a 1 acre lot and priced at \$189,000.  
**ACREAGE FOR SALE:** Mobile home with large permanent addition. Large wooded lot, home has living room, dining room, two bedrooms, kitchen, one bath, two porches, one car detached garage, one outbuilding. Well water with city water coming. Reduced to \$25,000. Red Hill Section of Rockcastle County.  
**107.5 ACRES PRIME WOODED LAND.** Ideal for hunting, camping with approximately 1 mile of water along edge of property, which is very good for fishing. Also some timber. Approx. 1 mile of road and creek frontage. Price \$44,500.  
**372 SURVEYED ACRES NEAR BRODHEAD.** 332 of which is level bottom land. 40 acres are wooded, hill land. Good cattle and tobacco farm. Tobacco base for 1999 was 3,896 lbs. Priced \$600 per acre, 1/4 mile blacktop road frontage. Call today and make offer.  
**BABY FARM WITH NICE LARGE 4 BEDROOM HOME ON 14 ACRES.** This farm has approx. 400 ft. road frontage. House has 4 bedrooms, dining room, 2 baths, kitchen and family room. For **SALE PENDING** \$118,900. Includes 360 sq. ft. workshop and garage with air and heat, donkey house, tree house, located in Rockcastle about 5 to 10 minutes from Berea. Priced at \$175,000.  
**ACREAGE FOR SALE:** 42 acres off Sweet Water Rd., Rockcastle Co., near Conway. Approx. 12 acres cleared 30 acres in trees. Priced at only \$38,000.  
**1 ACRE LOT** on Woodland Place, Mt. Vernon, has all utilities, ready to build on, good view. Priced at \$15,000.

## FOR RENT MAPLE ST. STORAGE OF BRODHEAD 256-2884

**WHY PAY RENT WHEN YOU COULD OWN YOUR OWN HOME?** New 1999 **Flexwood Homes For As Low As \$500 Down and Payments Less Than Rent.** Affordable Housing Mart - Richmond. Call (606)624-0200 or (800)755-5360. 44x5  
**For Rent:** 3 Bedroom Trailer on Hwy. 461. \$200 mo. + \$150 dep. Call 256-4928 or 256-9989. 47x2pd  
**Lake House For Rent:** A-frame house at Lake Linville with 3 bedrooms, 2 full baths. \$450. mo + \$450 dep. Call 256-0805 days or 256-0739 nights. 47fn  
**For Rent:** 2 bedroom mobile home. Call 256-9855. 48x4  
**For Rent:** Good house between Berea and Mt. Vernon on Scaffold Cane Rd. with some restrictions, if applicable with each party. Rental agreement required. No pets. \$250. dep. \$250. per month. Phone 256-2610. 48x2pd  
**For Rent:** 3 Bedroom doublewide with washer/dryer hookup. Large lot. Call 256-2972. 48x2

## NORTHSIDE APARTMENTS

Furnished Air, Cable & Utilities \$275 Month  
**256-3843**

**House For Rent In Mt. Vernon:** Across from Rockcastle County Middle School. 3 bedrooms, bath, large living room, utility room, kitchen, central heat/air, 1 car garage. \$425 mo. Call 758-8820 or 379-0036. 48x3

## PROPERTY FOR SALE

**For Sale:** Approximately half acre lots on Floyd St., in city limits of Mt. Vernon, accessible to water and sewer. \$15,000 each. Call 256-2446. 33fn  
**Lots For Sale:** 1/2 acre to 4+ acres. Paved street. 1/2 mile off 150 on 2549 (old 461) off Hwy. 150. 100% Financing available. \$5000 and up. Call 256-2339. 4fn  
**House For Sale:** 1 mile up Hwy. 70. Brick home with 2 bedrooms, 1 bath, living room/kitchen combo, large laundry room on 1/2 acre lot. Call 758-9013 or 758-9130. 38fn  
**For Sale:** Two tracts suitable for doublewide or new construction on Scaffold Cane Rd. 1 acre lot. \$12,500. Also, 5 acres with barn. \$52,000. Call Susan Thomason, Realty Resources, 986-2665. 46fn  
**For Sale:** 3 Bedroom, 1 bath, vinyl ranch home. 7 years old. Copper Creek Road. 1 acre lot. close to Copper Creek Missionary Baptist Church. Look for signs. \$61,000. Call Susan Thomason, Realty Resources, 606-986-2665. 46fn  
**For Sale:** 3 Bedroom, 1 bath brick house with electric heat, city water and sewer. Smith St., Brodhead. Call 256-4000. 47fn  
**Lots For Sale:** 1 1/2 acres on Sand Springs Rd. Call 256-5151. 49x2  
**For Sale:** 5 acres on Cave Rd. over 700 ft. road frontage, water on property. \$60,000. Call (513)863-2465. 49x4

**For Sale:** 23 acres farm with approximately 1600 pounds of tobacco base with three bedroom home. Located on Russell Parsons Road near Brodhead. Asking \$75,000. Phone 758-9205. 49x2pd

**Classified Deadline is NOON Tuesday Call 256-2244**

## Outside Sale D&L

**Variety Richmond St. Mt. Vernon**  
**Friday and Saturday Rain Cancels**

**Mason's Apple Orchard**  
 Now Picking Jonathan and Red Delicious Apples M-F 4 p.m. to 9 p.m. Sat. Sun. All Day 256-9281

**Bluegrass Inn Efficiency Apartments & Sleeping Rooms**  
 Furnished, a/c, utilities and cable paid \$265 and up/mo.  
**Call 256-2444**

**House For Sale:** 6 rooms, bath on almost an acre, newly remodeled, vinyl siding, thermal windows & doors, lots of new oak cabinets with dishwasher, attic, out building, landscaping, porch, wrap around deck, garden spot. It's not often you find a home, that you can be proud to own! In country, only 3 miles from town, only 4 miles from lake. Price has been drastically reduced to sell. Moving need to sell, you would have to see it to appreciate its beauty. Call 256-4138. 48x2pd

## HELP WANTED

**AVON Rep Needed:** Earn up to 50%. Call toll free 888-528-7875. 18fn  
**Van Drivers Needed:** For passenger transportation \$7.00/hr. Work flex hours; benefits include paid holidays, health and life insurance, personal and annual leave. Good communication skills and legible handwriting required. Safe driving record for previous five-years and ability to assist passengers including wheelchair users. Pre-employment drug screen also required. RTEC operates a drug and alcohol free workplace and is an equal opportunity employer. Visit our nearest Employment office for

## Mom's Mums

Beautiful garden mums for sale Hwy 150 W out of Brodhead 758-8445 after 5 p.m.

**Grand Opening Hill Side Value**  
 Sat. Sept. 11 at 9:00 a.m. There will be a door prize drawing at 5:00 p.m.

**Sale!**  
 Halloween items 50% or more off regular store prices. We are located off HWY 150 on old 461 on the left beside Bullock Muffler shop. See you there!

**A&B Vinyl Siding**  
 We do vinyl siding & soffit work Free Estimates! 606-528-0434 606-549-7467 Pager.

**New Business Genuine Carpet Cleaning**  
 Dryfoam carpet cleaning dries in about 2 hours. No appt. necessary Call Tony Frederick 256-2794

**Computer Kreations**  
 \$895 Fast, Reliable Service 15yrs Experience  
 400 Mhz Processor 22mb PC100 SDRAM 41 GB Hard Drive 17" Digital Monitor 15" Data Fax Modem 12bit Sound w/ 6w Speakers Mid Tower ATX Case Hard ID Video, ATX Case Keyboard, Mouse & Mousepad Windows 98 Multimedia software w/ Encyclopedia  
 Computer Kreations RR3 Box 263-E Mt. Vernon, KY 40456 Jeffrey Durham, Owner Call 256-5415 day or night Ask about our free offer!!!

**For Sale:** 1 year old brick house on 2.32 acres on Poplar Grove Rd. in Willailla area. House has 1,568 sq. ft. of living space. 3 bedrooms, 2 full baths, living room, kitchen/dining combo, utility room, carport, central air and heat. Also Hotpoint Icemaker Refrigerator, stove and dishwasher goes with house. Reduced to \$79,900. Call any time if not home leave message - 758-8176.

**McClure's Excavation & Contracting**  
 Tim McClure, Owner  
 Specializing in Septic Systems, Backhoe, Dozer, Bobcat & Gravel Hauling  
 For Free Estimates Home 606-256-0274 Mobile 308-3830

**BROWN'S Backhoe Service**  
 Septic Tank Service • Footers Waterlines • General Backhoe Work Free Estimates Owner: Buck Brown  
 Route 1, Box 376 606-758-9656 Brodhead, KY 40409 606-872-1769

**M & R CUSTOM DOZER WORK**  
 HONEST, DEPENDABLE 9 AM - 9 PM 256-4552 IF NO ANSWER LEAVE MESSAGE OPERATOR - 20YRS. EXPERIENCE

**Town & Country Chevron 24 HR. WRECKER SERVICE**  
 All Types of Mechanic Work Call 256-9634 days or 256-4650 nights

**FOR RESIDENTIAL GARBAGE COLLECTION CALL 256-2334**  
**BEE**

**CLIFFORD (606) 256-2535**  
**Collins AND SON**  
**Septic Tanks & D-Boxes**  
 "We Make 'um and Install 'um!"

an application, or call RTEC at 1-800-321-7832, 4743.

**Employment Opportunity**  
**Human Resources Manager**  
 Needed for growing company. Requirements include Bachelors Degree in Human Resources, or related field with experience in HR management. Responsible for staff management and recruitment, affirmative action, company policies and procedures, safety, training and development, legal compliance, working knowledge of Works

Comp, Unemployment, FMLA and other employee benefits. Send salary history and salary requirements with resume to PO Box 746, Mt. Vernon, KY 40456, 4743

**Help Wanted:** White Hall Rental has service and maintenance tech positions available at its Berea location. Must be neat in appearance and possess a valid driver's license. Past experience in the rental business a plus. Good benefits and opportunity for

advancement. Apply in person at White Hall Rental, 127 Old Wallaceton Road Berea (behind Southern States). No phone calls, please. 4743

**Help Wanted:** London trucking company now hiring truck drivers and owner operators for long haul. Must have one year verifiable

experience. For interview, call (606)878-6811, 48x2  
**Now Accepting Applications:** At Sowder Nursing Home for a cook's position, 12:30 p.m. - 8:30 p.m. Also accepting

applications for nurse's aide training classes. Apply in person M-F, 9-5:48x2  
**Immediate Openings!** Plexus Electronic Assembly is now hiring for assemblers and testers for 1st, 2nd & 3rd shifts. Benefits include: vacation and holiday pay, dental, medical & prescription. For immediate interview contact CBS at 624-3111, 48x2

**For Sale:** Carhartt Stonewash denim jeans, relaxed or regular fit \$26.50. Carhartt Blue denim bib overalls \$38.00. Large selection of Carhartt rugged and casual wear. Napier Bros. Clothing Store, 35 Public Square, Lancaster. 792-2535, 24fn  
**For Sale:** Bib Overalls (low back) starting at \$26.50 waist sizes 29-38 in stock. Napier Bros. Clothing Store, 35 Public Square, Lancaster. 792-2535, 11fn

**Now accepting applications for child care position at PJ's Daycare Call 256-0304**

**Help Wanted Hairstylist Needed**  
 If you are a professional, dependable hairstylist, you can earn up to \$13.00/hr. Apprentices welcome. Sign-on bonus. Paid vacation, health insurance. You may be reimbursed for some travel expenses.  
**Call 606-276-3088 or 256-1244.**

**National Metal in partnership with CBS Personnel Services**  
 Now has full-time career opportunities for the following position  
**• Production Assistant**  
 Benefits include: Holiday & vacation pay, medical, dental & prescription  
 Please contact  
**CBS Personnel Services**  
  
 920 Barnes Mill Road Ste B • Richmond  
**606-624-3111**  
 to set up an immediate interview!

**IMMEDIATE OPENINGS**  
 CBS Personnel Services in Partnership with Matsushita Electric Motor Company a Division of Matsushita Electric Motor Corporation of America  
  
 Now Hiring for the following positions:  
 • Assemblers • CNC Lathe Operators • Grinders • Injection Mold Operators • Machine Operators • Press Operators  
 Full-Time Opportunities!  
 For an immediate interview call or stop by  
**CBS Personnel Services**  
 920 Barnes Mill Road, Suite B Richmond, KY 40475

**IMMEDIATE OPENINGS For 2nd Shift**  
 In the Berea & Richmond Area for the Following Positions:  
 • Machine Operators • Packers • Assemblers • Press Operators • Automated Well Machine Operators  
 Full-Time Opportunities  
 Benefits include: Holiday & vacation pay, medical, dental and prescription  
 Contact  
**CBS Personnel Services**  
 920 Barnes Mill Road, Suite B Richmond, KY 40475

**BLUE GRASS PLATING**  
 Richmond, Kentucky  
 Now has full-time career opportunities available for the following positions  
 • Line Operators • Loaders/Unloaders • Waste Treatment Operator  
 Benefits include: Holiday & vacation pay, medical, dental, prescription and profit sharing.  
 Please Contact  
**CBS Personnel Services**  
 920 Barnes Mill Road, Suite B • Richmond, KY 40475  
**606-624-3111**  
 to set up an immediate interview!

**MCI WORLD COM**  
**Customer Service Agents**  
**\*\*Immediate Employment Opportunities\*\***  
 Job requires employees to provide support to inbound customer calls while ensuring excellent customer satisfaction through telephone inquiries, ability to provide account analysis and recommend services.  
 Qualified candidates must possess internet knowledge, typing speed of up to 40wpm, excellent grammar skills and working knowledge of Windows 95 software package. Must have strong communication skills, be enthusiastic and have the ability to handle customer complaints and objections.  
**FULL AND PART TIME WORK NOW AVAILABLE**  
 Contact our office today about job opportunities!  
 Monday - Friday - 8 a.m. to 7 p.m. - Saturdays (By appt.) 9 a.m. to 1 p.m.  
**1-800-530-2732 or 606-223-2416**  
**KELLY SERVICES**  
 EEO/Neer an applicant fee

**PHARMACIST**  
**Full-time position**  
 Job requirements: Licensed in Kentucky, clinical experience preferred.  
 If interested, please contact Stella Young at (606)256-2195.  
**ROCKCASTLE**  
 HOSPITAL AND RESPIRATORY CARE CENTER, INC.

**Thoroughbred Truck Driving School**  
 Offering you a chance for success! Steady income in a profession that is always in DEMAND! CDL Training, Job Placement, Financing, and more. You can get your CDL's in as little as 17 days. Call Toll Free for more detailed info. 1-877-278-7770 ask for David Johnston or Paul Blackwell.

**“just like family”**  
 Berea Hospital, a 150-bed acute and long-term care facility, is currently offering the following excellent career opportunity:  
**Certified Medical Assistant**  
 Prefer graduates of American Association of Medical Assistants approved Associate's Degree Program and have certification by successful completion of national exam. Previous OMA experience preferred. Position is available in the Primary Care Clinic. Berea Hospital offers competitive salaries and benefits, including Berea College Campus Child Care facility, while combining state-of-the-art technology with a warm and caring family atmosphere.  
 Applicants interested in this position should contact:  
 Berea Hospital  
 305 Estill Street  
 Berea, KY 40403  
 (606) 986-6560  
 Equal Opportunity Employer  


**We buy used cars & trucks at Wholesale Price!!**  
 Call  
**256-9469**  
 Days or Nights

**JOHN'S**  
 Appliance - Plumbing REPAIR  
**256-9300**

**Wedding Cakes & Ornaments**  
**256-5811**

**HYSINGER CARPET**  
 • We have many famous brand names and colors to choose from and Armstrong No Wax Vinyl. For all your floor coverings and supplies visit us in Mt. Vernon 256-5413

**FOR SALE**  
 New and Used Vacuum Cleaners  
 Parts and Repairs on all makes and models  
 Call Curtis Bradley  
 Ph. 606-758-8584  
 Brodhead, Ky.

**CENTRAL BODY SERVICE**  
 • Precision Frame Alignment  
 • Expert Body & Paint Refinishing  
 • Front End Alignment  
 24-HOUR Small-Medium-Large WRECKER SERVICE  
**256-4210**  


**Gibson Greetings Inc.**  
 Walnut Meadow Rd. Berea, KY 40403  
 Now accepting applications from 7:00 a.m. until 3:30 p.m. EOE  
 Licensed Or Certified Speech/Language Pathologist:  
 To work with individuals with mental retardation. Contact Cumberland River Comprehensive Care Center, American Greeting Road, P.O. Box 568, Corbin, KY 40702 or Call (606)528-7010. We are an EOE. 49x2

**Kastle Inn Restaurant:** Now hiring waitress and dishwashers. Apply in person. 49x2  
**Help Wanted:** Fitness oriented individual to work part-time Evenings/Saturdays in employ fitness center. Stop by Rockcastle Hospital Physical Therapy Dept. for info. 49x1

**MISCELLANEOUS FOR SALE**

**For Sale:** Cemetery lots, Creshaven Cemetery, Mt. Vernon. Call 256-5648. 31fn  
**For Sale:** Lots in the Elmwood Cemetery at \$250 per lot. Call 256-2617 or see Clarence Carter at 310 Williams St. in Mt. Vernon. 44fn12pd  
**For Sale:** Wood crafts, quilt racks, reindeer, snowmen, bird houses, bird feeders, wall shelves with clocks, decoration lights and more. Roy G. Brown, Rt. 1 Box 298, Brodhead, KY 40409. 758-8581. 16fn

**For Sale:** Sale on chain link or metal fences, farm fences, all types of wood fence, all types of vinyl fences, commercial or residential, fire estimates, 90 days same as cash. Call Ead's Fence Co. 1-800-989-8006 or 986-8006. 31fn  
**For Sale:** 3 Ferrets, breeders. Cage included. Must sell all together. 2-females, 1-male. \$450. for all, negotiable. Call 758-0137, 26fn

**For Sale:** Sq. bales of hay. Clean mixed hay, \$2.50 a bale. Rolls of hay, 4x5, \$20.00 roll. Call 758-4514, 32fn  
**For Sale:** This year's hay for sale! Large rolls, \$16.00. Call 256-2339. 36fn

**For Sale:** Motors, transmissions, rear ends, radiators, body parts. We buy junk trucks. 256-5403, 51x12  
**For Sale:** 1994 Clayton Mobile Home, 16x72, 3 BR, \$18,000. Must see to appreciate. Also, 6 ft. dell cooler, Pinnack, \$1,200; Casio cash register, \$100. Call 453-9915, leave message. 3fn

**K Auto Parts:** We have auto and truck parts. 256-5403, 32x12pd

**For Sale:** Hay, \$20 roll. Stored inside. \$15 roll outside. Ky. 31 Fence 50 lb. bag \$30. John Houston Farm. Call 606-758-8255 or 606-758-4907 or (937)783-2626, 45x8

**For Sale:** Large Buck insert or freestanding. Used 1 1/2 seasons. Includes 3 loads of wood with the stove. Call 379-2318, 47x4

**Candy Vending Route For Sale:** \$800-\$1200 average monthly income. Cost \$2995. www.vendingroutes.com or call 1-800-993-6123, 47x3

**For Sale:** Woodmizer Band Saw Mill. Well pump and a tank. 606-355-2137 or 606-758-4006, 48x2

**Now Open In Brodhead - Whitt's Auto Service Center**  
 formerly Bentley's 76 • 758-4221  
 • Major & Minor Mechanical Work  
 • Oil Changes  
 • Tires Fixed  
 • Grease Jobs  
 • Cars Washed  
 We cannot yet sell gasoline but will soon have the necessary environment upgrade done. Thank you for your patience while we upgrade and remodel.  
 Johnny - Lawson - Cat  
 Temporary Hours: 8:30 a.m. to 4:30 p.m. M-F

**Miller's Auto Sales**  
 Junction U.S. 25 & Hwy. 150  
**256-2629** or  
**256-4866** Nights

**MADISON TERMITE and PEST CONTROL**  
 Call Paul Burton - Day or Night  
 256-2318 - Mt. Vernon  
 \*\*\*\*\*  
 STOP  
 TERMITES ROACHES WATERBUGS

**WELDING**  
**Mt. Vernon Iron Works**  
 IN SHOP AND MOBILE WELDING  
 • STEEL • CAST IRON • ALUMINUM  
**256-0407**  
  
 3030 Richmond St. Mt. Vernon, Ky.

**Hensley's Used Cars**  
 Salt Peter Cave Road  
 Hwy. 1004 • Orlando  
 Days 256-4777 • Nights 256-9481  
 Financing Available



## Richmond Raceway news

The long hot and dry summer continues into the dog days of autumn and so does the racing at "The Action Track" with one hundred and two cars competing Saturday night. Just like the previous weeks three and four wide racing was the rule. Roadrags was the first class to take to the clay oval. Kenny Short had the pole position and was able to take the lead from the green. Short and John Cole battled lap after lap for the lead, but at the checkered Short had won his third 1/8th year. Defending track champ Billy Lawson was third behind Cole. Mike Newby and Wayne Duvall followed.

Bombers just couldn't decide who was going to lead the front position changed several times as five different cars challenged. At the line it was Roy Cox winning his first feature of the year as Richmond Raceway continues to produce different winners

each week. Following Cox was current points leader Keith Denny, next came Terry Linville, Bob Orahood and Robbie Mattingly. In the Ump Modifieds the personal battle between Anthony Reams, last year's champion and Jimmy Crabree current points leader, produced some very good racing throughout the 20 lap event, however, this night belonged to Todd Gilpin, who won his first feature of the year. Crabree was second with Jeff Alsip and Reams following in third and fourth.

The last event of the evening was the Late Models. Bobby Carrier, Jr., capped off a great season with the win, however it did not come easy as he was hounded all the way by Mike Jewell with Rookie Dennis Roberson and Paul Benton hoping the front runners would slip a little. But they had to settle for third fourth. With the

win Carrier wrapped up the 99 point race for the late model division.

Results: Roadrags - Heat 1: Kenny Short, Mike Newby, Billy Lawson, Freddie Willis, J.D. Evans, Jason McGill, Alan Hackworth, Eddie Tevis, John Reed, J.R. Prather and Raul Jones.

Heat 2: Jack Couch, Tony Hunter, Ed Long, Wayne Duvall, Scott Short, Mike Sallee, Darrell Cain, Lou Defind, Richard Martin, Jim Burns and Kevin Colston.

Heat 3: John Cole, Donnie Everman, Mark Cosby, Travis Preston, Daily Sandlin, Mitchell Dammrell, Clarence Belcher, Ricky Gibson, John Manigode and Thomas Brooks.

Last Chance: Eddie Tevis, Alan Hackworth, Mitchell Dammrell, Mike Sallee, John Reed, Kevin Colston, Jason McGill, Thomas Brooks, Darrell Cain, J.R. Prather, John Manigode, Jim Burns and Clarence Belcher.

Feature: Kenny Short, John Cole, Billy Lawson, Mike Newby, Wayne Duvall, Ed Long, J.D. Evans, Daily Sandlin, Eddie Tevis, Scott Short, Bo Jack Couch, Mitchell Dammrell, Freddie Willis, John Reed, Donnie Everman, Alan Hackworth, Tony Hunter and Mark Cosby.

Bombers - Heat 1: David Freeman, Terry Linville, Shawn McManus, Mark Taylor, Ronnie Smith, Mark Ward, John Reece, J.D. Rucker, Don Hamilton, Jeff Rowland and Tim Griffin.

Heat 2: Joey Funk, Robbie Mattingly, Bob Orahood, Wes Howard, Walt Neal, Brian Kelly, Will Rivers, Willie Leach, Joe Cooper and Danny Fried.

Heat 3: Roy Cox, Paul Hamilton, Donnie Benton, Doug Well, Doyle Hibbert, Ronnie Smith and Jody Martin.

Last Chance: Mark Ward, John Reece, J.D. Rucker, Don Hamilton, Brian Kelly, Willie Leach and Ronnie Smith.

Feature: Roy Cox, Keith Denny, Terry Linville, Bob Orahood, Robbie Mattingly, Joey Funk, Ronnie Smith, Mark Ward, Shawn McManus.

Donnie Benton, Doug Webb, John Reece, J.D. Rucker, Walt Neal, Wes Howard, Jamie Taylor and David Freeman.

Modified: Heat 1: Todd Gilpin, Jimmy Crabree, Jim Robinson and Steve Cunnigan.

Heat 2: Anthony Reams, Jeff Alsip, Arnold Adams and Doug Peak. Feature: Todd Gilpin, Jimmy Crabree, Jeff Alsip, Anthony Reams, Arnold Adams, Kevin Hubbard, Jim Robinson, Jimmy Pittman, Larry Moreland, Troy Roark, Brian Steaks, Don Fleetwood and Doug Peak.

Late Model - Heat 1: Mike Jewell, Paul Benton, Daryl Rucker, Bobby Carrier, Jr., Alan Hackworth and David Adams.

Heat 2: Dennis Robinson, Clarence Barrett, Danny Barrett, Steve Perkins, Ron Allen, Doug Palmer, Brandon Green.

Heat 3: Marty Stepp, Jerry Donovan, Tim Chrisman, Ron Allen, Frank Richards, Aaron Gadd and Terry Wilson.

Feature: Bobby Carrier, Jr., Mike Jewell, Dennis Robinson, Paul Benton, Alan Hackworth, Marty Stepp, Daryl Rucker, Alan Hackworth, Jerry Donovan, Clarence Barrett, David Adams, Tim Chrisman, Aaron Gadd, Steve Perkins, Frank Richard, Ron Allen, Brandon Green and Danny Barrett.

## Fish For Pond Stocking

Delivery will be: Monday, Sept. 13

Brodhead - Adams Feed & Supply  
1:00 - 2:00 p.m., Phone 606-758-8813

To place an order call the store above or call 1-800-247-2615

Farley & Farley Fish Farm  
Cash, Arkansas 72421

## Public Notice

1999 Proposed Tax Rate

### PUBLIC HEARING

The Rockcastle County Fiscal Court will hold a Public Hearing on September 10, 1999 at 9 a.m. at the Rockcastle County Courthouse for the purpose of obtaining comments from the public regarding the proposed tax rate.

The tax rate levied last year was 7.4 and produced revenues in the amount of \$156,538. This year's compensating rate is 7.2 and will produce revenues in the amount of \$160,911. The Rockcastle County Fiscal Court proposes a tax rate of 7.4 which will produce a total of \$165,381 in revenues.

(This new rate will increase the average taxpayer's county share of taxes by only one cent per week/50¢ a year - \$4,265 divided by 9,000 taxpayers).

Revenue expected from New Property is ..... \$4,265.  
Revenue expected from Personal Property is ..... \$37,827.  
Revenue expected from Motor Vehicles is ..... \$44,886.  
Revenue expected from Watercraft is ..... \$1,146.  
(All listed amounts are subject to sheriff's commission)

Revenue received in excess of last year's revenue will be used for General Government Purposes

The Kentucky General Assembly requires that the Rockcastle County Fiscal Court publish this notice with the above information contained herein.

## Now Offering Transportation!!

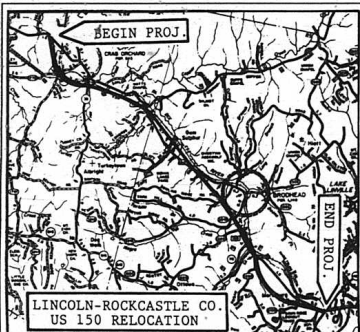
### PJ'S DAY CARE/PRESCHOOL

Benton Bullock Subdv., Corner of 150 & 461

Offering quality child care and flexible hours • Ages Birth-12 Years

For more information, call

**256-0304**



## Legal Notice for a Corridor/Design Public Hearing

Lincoln-Rockcastle counties

Stanford-Mt. Vernon Road (US 150)

STPR - 01501-074

FD52-069-0150-0110-016-044 D

FD52-069-0150-014-020-045 D

FD52-102-0150-000-009-031 D

Item No. 8-244-50

The Transportation Cabinet, Department of Highways, has scheduled a Corridor/Design Public Hearing for Tuesday, October 12, 1999 from 6:00 p.m. to 9:00 p.m. at Brodhead Elementary School in Brodhead, Kentucky. This Public Hearing has been scheduled to afford all interested persons an opportunity to become better informed and to express their views concerning the proposed project.

This project is the proposed reconstruction of US 150 from west of Crab Orchard to KY 461 at Mt. Vernon

The public is invited and encouraged to attend this Public Hearing, which will be conducted in an "Open House" format. There will be no formal presentations at this informal type hearing and interested persons may come and go any time between 6:00 p.m. and 9:00 p.m. Attendees are welcome to review plans, discuss the project and express their views concerning the social, economic, historic and environmental effects the project, as proposed, will have upon individuals, businesses, cultural resources and other organizations in the area. Representatives of the Transportation Cabinet involved in the details of the project will be present to answer questions, address comments, and assist the public with any information made available.

Handouts describing the project's purpose and need will be distributed at the Public Hearing. The proposed project's Environmental Assessment, which was approved by the Federal Highway Administration and the Transportation Cabinet on May 19, 1999, along with displays of plans, maps, and other pertinent data will be available for review at the Public Hearing. Information concerning right-of-way acquisition and relocation assistance procedures will also be available. Both oral and written statements may be submitted during the Hearing, as well as at the District Office, and shall be made part of the official Hearing transcript. For convenience, a comment sheet will be provided with the handouts for soliciting written comments, and a recorder will be made available for those who desire to make oral statements. Statements will also be accepted and project information made accessible for review from 8 a.m. to 4:30 p.m., prevailing local time, Monday through Friday at the District Office up to fifteen (15) days after the Public Hearing.

Once compiled, the minutes from this Hearing and/or other supporting documentation will be made available for review and copying only after an Open Records Request has been received and approved. All Open Records Request must be submitted to the Transportation Cabinet, Department of Administration Services, State Office Building, Frankfort, Kentucky 40622.

In accordance with the "Americans with Disabilities Act," if anyone has a disability for which the Transportation Cabinet needs to provide accommodations, please notify the District Eight Office of the necessary requirements by October 4, 1999. This request does not have to be in writing. Your request may be received at (606) 677-4017 or mailed to:

R.E. Coffey, Chief District Engineer  
Kentucky Transportation Cabinet  
Department of Highways  
P.O. Box 780  
Somerset, Kentucky 42502

## Classified Deadline is Noon Tuesday

## Exquisite Tanning and Nail Salon presents

### Glamour Portraits

by

All About You Photography

Tuesday, Sept. 21, 1999 • Noon to 6 p.m.

Call Barbara at Exquisite Tanning and Nail Salon (606) 256-2177 for an Appointment.

\$20 session fee includes (1) 10x13 on canvas. A personalized glamour make-over by professional make-up artist. Hairstyling exclusively designed for you by a professional hair designer. Your choice of several glamour outfits and nine (9) poses with a professional photographer. Pampering and individual attention like you've never seen before!!

**Family Portrait - \$15**

Credit Cards Accepted

## Barnett Reunion

Sunday, Sept. 12th

Descendants of—

Sallie Barnett Wilson Robinson, Lilly Barnett Riggsby, Annie Barnett Creach, Mary Barnett Pender Robinson, W.W. "Bob" Barnett, Benjamin H. Barnett, George L. Barnett

Brush Arbor Log Village

Renfro Valley

Bring a covered dish and lawn chairs. Lunch at 1 p.m. (See restored Barnett home)

# The Heat Is On!

Up To **300** Bonus Incoming Minutes Per Month, For Life!

Limited Time Offer!

Call Today!  
**1-800-218-1969**

Business Customers  
**1-800-467-0306**

\*Some restrictions apply. Offer valid on specific rate plans. Requires a 24 month service agreement. Activation fee required. Service charge required for enrollment by existing customers. Dealer participation may vary.

# CELLULARONE®

The ONE clear choice in wireless service

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# Rockcastle Fiscal Court FINANCIAL STATEMENT

ROCKCASTLE COUNTY FISCAL YEAR TO DATE JULY 1, 19 98 THRU JUNE 30, 1999

**Instructions:** This statement is a cumulative quarterly report. This report is required pursuant to K.R.S. 68.360 and is due following the end of each quarter. Report each fund separately. Include investments in Total Receipts and Cash Balance. Forward the report to: The Kentucky Department of Local Government, State Local Finance Office, 1024 Capital Center Drive, Suite 340, Frankfort, KY 40601.

### SUMMARY

FUND	01 GENERAL FUND	02 ROAD FUND	03 JAIL FUND	04 LGEA FUND	ECON DEV FUND	FORESTRY FUND	911 FUND	TOTAL ALL FUNDS
Total Receipts To Date	808,046.32	845,230.90	853,038.53	60,585.36	52,566.80	1,833.97	256,922.97	
Total Claims Allowed	793,028.58	790,607.05	824,097.35	54,899.34	37,772.29	1,818.79	175,319.87	
Cash Balance	15,017.74	54,623.85	28,941.18	5,686.02	14,794.51	15.18	81,603.10	

### RECONCILIATION

(Cash Balance Shown in Summary Must Equal Cash Balance Shown in Reconciliation)

FUND	01 GENERAL FUND	02 ROAD FUND	03 JAIL FUND	04 LGEA FUND	ECON DEV FUND	FORESTRY FUND	911 FUND	TOTAL ALL FUNDS
Bank Balance	25,718.27	61,055.89	33,176.85	5,689.97	14,795.34	15.18	85,080.81	
Plus Deposits In Transit								
Less Checks Outstanding	12,259.32	8,155.89	7,620.66				3,290.09	
Other			254.81					
Cash Balance	13,458.95	52,900.00	25,810.98	5,689.97	14,795.34	15.18	81,790.72	

## FINANCIAL STATEMENT

ROCKCASTLE COUNTY FISCAL YEAR TO DATE JULY 1, 19 98 THRU JUNE 30, 1999

**Instructions:** This statement is a cumulative quarterly report. This report is required pursuant to K.R.S. 68.360 and is due following the end of each quarter. Report each fund separately. Include investments in Total Receipts and Cash Balance. Forward the report to: The Kentucky Department of Local Government, State Local Finance Office, 1024 Capital Center Drive, Suite 340, Frankfort, KY 40601.

### SUMMARY

FUND	01 GENERAL FUND	02 ROAD FUND	03 JAIL FUND	04 LGEA FUND	C SEPP FUND	US DEPT OF JUSTICE FUND	DES FUND	TOTAL ALL FUNDS
Total Receipts To Date					75,190.16	85,207.66	106,555.21	
Total Claims Allowed					72,246.38	82,973.88	105,891.00	
Cash Balance					2,943.78	2,233.78	664.21	

### RECONCILIATION

(Cash Balance Shown in Summary Must Equal Cash Balance Shown in Reconciliation)

FUND	01 GENERAL FUND	02 ROAD FUND	03 JAIL FUND	04 LGEA FUND	C SEPP FUND	US DEPT OF JUSTICE FUND	DES FUND	TOTAL ALL FUNDS
Bank Balance					32,895.78	8,298.73	664.21	
Plus Deposits In Transit								
Less Checks Outstanding					29,952.00	6,064.95		
Other								
Cash Balance					2,943.78	2,233.78	664.21	

## FINANCIAL STATEMENT

ROCKCASTLE COUNTY FISCAL YEAR TO DATE JULY 1, 19 98 THRU JUNE 30, 1999

**Instructions:** This statement is a cumulative quarterly report. This report is required pursuant to K.R.S. 68.360 and is due following the end of each quarter. Report each fund separately. Include investments in Total Receipts and Cash Balance. Forward the report to: The Kentucky Department of Local Government, State Local Finance Office, 1024 Capital Center Drive, Suite 340, Frankfort, KY 40601.

### SUMMARY

FUND	01 GENERAL FUND	02 ROAD FUND	03 JAIL FUND	04 LGEA FUND	CAP PROJECT FUND	HY CO HISTORICAL SOCIETY FUND	B & H TOOL WORKS	TOTAL ALL FUNDS
Total Receipts To Date					71,428.00	15,000.00	2,000.00	3,233,605.88
Total Claims Allowed					71,428.00	9,166.91	2,000.00	3,021,249.44
Cash Balance					0.00	5,833.09	0.00	212,356.44

### RECONCILIATION

(Cash Balance Shown in Summary Must Equal Cash Balance Shown in Reconciliation)

FUND	01 GENERAL FUND	02 ROAD FUND	03 JAIL FUND	04 LGEA FUND	CAP PROJECT FUND	HY CO HISTORICAL SOCIETY FUND	TOOL WORKS	TOTAL ALL FUNDS
Bank Balance					33,521.04	5,833.09	0.00	306,745.16
Plus Deposits In Transit								
Less Checks Outstanding					33,521.04			100,863.97
Other								254.81
Cash Balance					0.00	5,833.09	0.00	206,136.00

Ch. # Payee-Purpose Amt.  
12951 J. Holbrook 263.20  
12952 J. Bradley 263.20  
12953 B. McKinney 263.20  
12954 A. Burdette 263.20  
12955 D. Bullock 263.20  
12956 Rock. Co. SS Fund 218.03  
12957 B.R. Adams 513.01  
12958 L.E. Adams 339.19  
12959 F. Barron 495.18  
12960 L. Barron 485.68  
12961 G. Chesnut 516.01  
12962 R. Chesnut 513.01  
12963 O. Childress 370.07  
12964 Dennis Cromer 609.54  
12965 Denton Cromer 608.54  
12966 G. Kirby 495.18  
12967 D. Marler 436.34  
12968 C. McClure 371.97  
12969 E. Renner 530.85  
12970 Rock. Co. SS Fund 1615.00  
12971 K.U. Co. 36.08  
12972 GTE 69.68  
12973 Mt. Vernon Water 278.44  
12974 Rock. Litter Control 212.00  
12975 Unidial 15.61  
12976 Rock. Co. Retirement Fund 204.75  
12977 Audrey Purcell 115.00  
12978 Thoroughtruck 75.00  
12979 Saylor Pharmacy 19.60  
12980 Mt. Vernon Oil & Tire 6271.14  
12981 Rock. Farm Supply 4111.45  
12982 London Farm Serv. 624.53  
12983 Municipal Sign 225.40  
12984 John Deere Credit 662.50  
12985 Martin's Truck Parts 1712.06  
12986 Northern Hydraulics 622.61  
12987 Cook Bros. 293.05  
12988 Stewart Co. 192.29  
12989 Surface Treatment Prod. 206.15  
12990 Ramcell 129.41  
12991 Town & Country Chevron 245.45  
12992 Ky. Stone Co. 70,531.40  
12993 Cook Tire 1724.76  
12994 CTS 1207.97  
12995 Hydraulic Spec. 1061.33  
12996 David's Tire Center 210.44  
12997 Coulter Tractor Salvage 464.95  
12998 Cumberland Welders 121.74  
12999 Russell Hines 701.40  
13000 Saf-Ti-Co 650.91  
13001 Appliance Service Center 84.10  
13002 Mt. Vernon Scrap Center 400.00  
13003 Don Bradley's Garage 250.00  
13004 Jack's Hardware 25.42  
13005 Cherokee Equip. 1835.90  
13006 Justice Shamrock Glass 152.60  
13007 Whyne Supply Co. 1014.32  
13008 Mt. Vernon Automotive 52.58  
13009 Brandeis 163.43  
13010 CMC 177.17  
13011 Bullock Sales & Service 329.02  
13012 Wilson Equip. 410.94  
13013 Dallas Benge Trucking 1842.75  
13014 Norma Houk 12.00  
13015 Ormsby Hdwe. 332.05  
13016 Ormsco, Inc. 61.70  
13017 Mt. Vernon Iron Works 260.00  
13018 Bee Garbage 126.00  
13019 Mt. Vernon Whise. Plbg. & Electrical 34.30  
13020 Jack's Hardware 129.56  
13021 Lumber King 873.31  
13022 M.A. Walker Co. 693.00  
13023 Elmo Greer & Sons 35,518.74  
13024 Fritt's Million Ins. 4,138.00  
13025 KACO U.I. Fund 1,465.29  
13026 B.R. Adams 551.93  
13027 L.E. Adams 375.44  
13028 L. Barron 534.10  
13029 L. Barron 521.60  
13030 G. Chesnut 551.93  
13031 R. Chesnut 551.93  
13032 O. Childress 600.43  
13033 Dennis Cromer 461.42  
13034 Denton Cromer 720.09  
13035 G. Kirby 534.10  
13036 D. Marler 389.52  
13037 C. McClure 439.37  
13038 E. Renner 569.77  
13039 J. Holbrook 263.20  
13040 J. Bradley 263.20  
13041 B.R. McKinney 263.20  
13042 A. Burdette 263.20  
13043 D. Bullock 263.20  
13044 Rock. Co. SS Fund 2061.62  
13045 Div. of Child Support 216.70  
13046 Rock. Co. Retirement Fund 2457.21  
13047 Ky. State Treas. 25.00  
13048 Ky. State Treas. 711.76  
  
August 1998  
13049 B.R. Adams 472.28  
13050 L. E. Adams 303.76  
13051 F. Barron 454.45  
13052 L. Barron 446.15  
13053 G. Chesnut 472.28  
13054 R. Chesnut 472.28  
13055 O. Childress 502.78  
13056 Dennis Cromer 381.77  
13057 Denton Cromer 568.83  
13058 G. Kirby 454.45  
13059 D. Marler 413.32  
13060 C. McClure 363.07  
13061 E. Renner 490.12  
13062 Rock. Co. SS Fund 1439.80  
13063 Rock Litter Control 212.00  
13064 Cherokee Equipment 705.45  
13065 Ramcell 92.29  
  
Page 2  
13066 Saylor Pharmacy 69.10  
13067 Appliance Service Center 18.60  
13068 John Deere Credit 669.13  
13069 GTE 42.04  
13070 Div. of Surplus Property 8000.00  
13071 Wilson Equip. 509.05  
13072 Norma Houk 36.00

July 1, 19 98 to JULY 1, 1999

List in sequence all budgeted appropriation accounts by fund. Use as many pages as necessary.

SHOW TOTALS FOR EACH FUND

Table with columns: Appropriation Account Number, Name of Appropriation Account, Original Budget, Amendments, Total Available, Claims Allowed Since July, Free Balance. Includes sub-totals for 03-5151-101 and BANK CHARGES.

Table with columns: Account Number, Name, Amount. Lists various accounts and amounts from 13316 to 13337.

Table with columns: Account Number, Name, Amount. Lists various accounts and amounts under the heading 'December, 1998' from 13338 to 13356.

Main table with columns: Account Number, Name, Amount. Lists various accounts and amounts from 13073 to 13117.

Main table with columns: Account Number, Name, Amount. Lists various accounts and amounts from 13357 to 13411.

Main table with columns: Account Number, Name, Amount. Lists various accounts and amounts under the heading 'September, 1998' from 13118 to 13154.

Main table with columns: Account Number, Name, Amount. Lists various accounts and amounts under the heading 'November, 1998' from 13282 to 13411.

Table with columns: Account Number, Name, Amount. Lists various accounts and amounts under the heading 'January, 1999' from 13411 to 13437.









Table with multiple columns listing names, titles, and amounts. Includes sections for November 1998, December 1998, January 1999, and February 1999. Total amounts are listed at the end of each section.





Rockcastle Jail

EMPLOYEE PAYROLL HISTORY REPORT

Print date: 07/01/99 Endline date: 06/30/99 (by check date)
Print employees: 'first' Endline employees: 'last'
Print types: P = payroll check V = advance vacation check A = adjustent

Table with columns: emp Name, Inv, Check#, Chk-date, Prt-date, Gross, Tot-taxes, Deductions, Net pay. Includes employee J. JOSEPH E. HOWARD, B. RAMSEY WILKINS, V. DAVID COFFEY, B. BOB L. LUCAS.

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September 1998

Summary table for September 1998 with columns: Description, Amount. Includes 1123 GTE, 1124 Jackson Energy Coop, 1125 MCI, 1126 GTE, 1127 MCI, 1128 Jackson Energy Cooperative.

January 1999

Summary table for January 1999 with columns: Description, Amount. Includes 1134 GTE, Ind. Park #2, 1135 Jackson Energy Coop, Ind. Park #2, 1136 MCI, Ind. Park #2, 1137 Ky. Country Music Hall of Fame.

February 1999

Summary table for February 1999 with columns: Description, Amount. Includes 1138 GTE, Ind. Park #2, 1139 MCI, Ind. Park #2, 1140 Jackson Energy Coop, Ind. Park #2, 1141 Jackson Energy, Ind. Park #2, 1142 MCI, Ind. Park #2, 1143 GTE, Ind. Park #2.

March 1999

Summary table for March 1999 with columns: Description, Amount. Includes 1144 J.D. & Joyce R. Henderson yearly princ. installment, 1145 W.J. & AnnL. Henderson yearly princ. installment, 1146 D.W. & Betty A. Henderson yearly princ. installment, 1147 J.D. & Joyce R. Henderson yearly interest installment, 1148 W.J. & Ann L. Henderson yearly interest installment, 1149 D.W. & Betty A. Henderson yearly interest installment, 1150 Jackson Energy Co-op, Ind. Park #2, 1151 GTE, Ind. Park #2.

May 1999

Summary table for May 1999 with columns: Description, Amount. Includes 1152 GTE, Ind. Park #2, 1153 Jackson Energy, Ind. Park #2.

June 1999

Summary table for June 1999 with columns: Description, Amount. Includes 1154 GTE, sewer lift sta.

Summary table for 1998-1999 with columns: Description, Amount. Includes 1155 Goff Excav., Ind. Park #2, 1156 Jackson Energy, Ind. Park #2, 001 Ky. Country Music Hall of Fame, reimb. per mtg. of 2/99, 002 Clontz & Cox, Escrow, option Lair Property, CAP Family Life Center Grant Fund, 001 Appliance Serv. Center, paint, etc. 570.16, 002 D/W Const., paper walls, paint 2,503.25.



# PAIN STOPPER

## Cooper Chiropractic Center

### A Special Edition on Headaches and Neck Pain

VOLUME FOUR

SEPTEMBER 1999

1005 WEST COLUMBIA ST.-SOMERSET

Phone: 679-1166

## MEET DR. COOPER ...

If you are looking for a doctor who is gentle and effective, who won't order unnecessary tests, is highly credentialed, available when you need him and will show abundant concern for you then ...

Whatever Ronald Cooper does, he is firm, positive and enthusiastic in his approach. This energy applied to chiropractic makes its future very bright.

A native of Kentucky, Ronald received his pre-chiropractic training at Lindsey Wilson Junior

College and Western Kentucky University. He graduated from Palmer College of Chiropractic and interned at the famed Palmer Clinic. He received his license to practice in Kentucky in 1978.

Ronald constantly strives to improve his knowledge in the field of chiropractic and has extensive post-graduate study at Palmer College of Chiropractic and

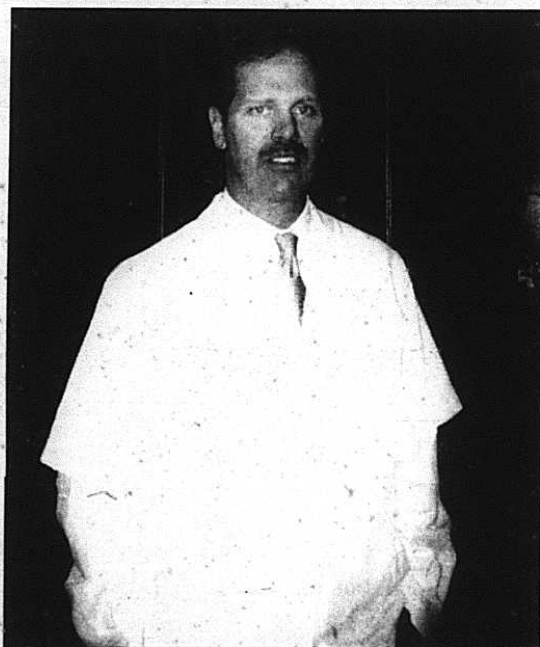
Dr. Cooper constantly strives to improve and update his knowledge in the field of Chiropractic ...

National College of Chiropractic in Chicago.

A firm believer in the basic worth of every individual and the incredible healing power of the body, Dr. Cooper is a true doctor for the people.

Ronald is a member of the American Chiropractic Association, the Kentucky Chiropractic Society and the Foundation for Chiropractic Education and Research.

Ronald and his wife of 21 years, Sherry, have three children: Ashley, David and Hollie.



## I always have a headache ... The drugs my doctor gave me don't work; what's wrong – can chiropractic help me?

Nerve pressure from these misalignments of the neck must be corrected for the neck pain and headaches will continue to grow more and more severe. No one deserves that.

In the last 21 years, I have examined and treated many cases of chronic headaches. This is what I have found.

The neck is made up of seven bones stacked one on top of the other with the head delicately balanced on top.

Trauma, injuries of one kind or another, can cause these bones to lose their normal relationship with the other. This causes irritation, pressure or stress on the spinal nerves of the neck which are intimately close to these bones in the neck.

One of the most common symptoms associated with this pressure is headache. How bad it hurts and

how often is a complex question.

However, it is my clinical experience that this pressure is at the root of most people's chronic headaches.

Nerve pressure from these misalignments of the neck must be corrected or the neck pain and headaches will continue to grow more and more severe. No one deserves that.

Of course, this is not the cause of all headaches, but I believe it is the most common cause of chronic headaches.

Can chiropractic help?? Good question. Only a chiropractor can tell that. That's

what this note is about and why I am willing to extend myself for you to find out.



### Can chiropractic help me ...? How much will it cost?

We are often asked, "What's the best way of finding out whether or not a doctor of chiropractic may help my problem?"

We believe the answer may be found in a complete chiropractic examination, including X-rays (procedure that normally costs \$120) for \$25.

We will make this special program available for the next few weeks. The only exception to the offer involves injury cases (worker's compensation and auto accidents) in which there is no charge-billed directly to the patient for the first visit.

#### Your initial visit will include:

- A private consultation with the doctor.
- X-rays
- A thorough spinal examination including orthopedic and neurological tests.
- A confidential report of our findings
- An explanation of our treatment procedure if we determine chiropractic may help you.
- A referral to the proper specialist if we determine chiropractic can't help you.

### \$25 Exam

with this coupon  
Regular \$120 Program  
Offer Expires:  
One Month from Date Received  
Good only at  
Cooper Chiropractic

...this coupon policy that you must be used within 72 hours of the date of the program. This is not a cash refund. It is a credit to your account.

Relief fast ... that's what we want for our patients! Keep smiling!

# That headache has a meaning



Remember this when a headache occurs. You gamble with your health when you treat the pain rather than it cause. Some headaches have simple

explanations such as those resulting from overindulgence in food or drink. This type usually passes as soon as its cause - a disturbed digestive and eliminative tract - has been relieved.

Most other headaches, however, particularly if chronic or recurring, should be taken more seriously, as they may be a warning signal of a more serious health problem. And often the problem is not related to the head.

Headaches can, of course, result from many conditions. But research has revealed that a common cause - often unrecognized -

can be traced to the cervical vertebrae (spinal bones of the neck).

One should not delude oneself into assuming that headaches are

the more difficult it is to overcome.

Headaches are one of the most common health complaints in America today. If you have

**Most headaches ... may be a warning signal of a more serious health problem.**

'NORMAL' and that they can be easily corrected with a package of pain killers. Seeking relief by merely drugging the pain often allows the cause of the symptoms to go untreated. The further the condition is permitted to advance, the more serious it becomes and

headaches, it would be an act of wisdom to seek qualified professional counsel as early as possible from a doctor of chiropractic. Under chiropractic care, a patient is either treated or referred after a comprehensive differential diagnosis.

## Special examination for headache sufferers

### 1. Consultation and Health History



A complete health history will be taken listing any old or chronic health problems, along with any present symptoms which may be factors in the headache complex. During the consultation, Dr. Cooper will meet you to discuss your problem and determine whether or not to continue with further examination.

### 2. Spinal Examination

Detailed examination of the spine is critical in all headaches cases. Movement, spinal stiffness, old



injuries, spinal stress and a host of other factors can be keys to headache syndromes. The examination administered at the Coop-

er Chiropractic Center is the second step in determining if we may be able to help and if further tests are needed.

### 3. X-ray Examination



Low dose, high resolution X-ray facility. If clinically indicated by the spinal exam then detailed X-rays can show the area of the spine which will be included. Specific spinal X-rays can show the areas of spinal misalignment and stress which are at the root of most headaches cases.

### 4. Correlation of Findings

This requires study of all findings to this point. It is not a simple matter. It is our policy to accept only those cases we feel reasonably sure we may help. During this process, we evaluate all the



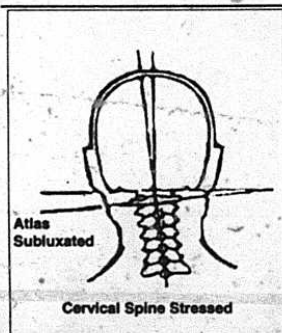
results and make a determination of whether or not we can accept your case.

After the results of the correlation of findings,

Dr. Cooper will meet with you to explain your treatment options if indeed treatment in our office is recommended.

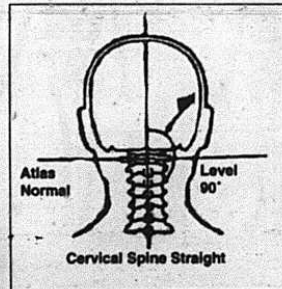
### 5. Doctor's Report to Patient

A referral to the proper specialist is made if it is determined that chiropractic cannot help you.



### Abnormal relation of the head, neck and spine

This represents a misalignment (subluxation) and is typical of those common seen by the chiropractor. In this example, the weight of the head is shifted to the right and no longer centered over the spine. The vertebrae are now forced to the left causing a serious structural misalignment. The resulting distortion and stress of the spine may put pressure on the delicate nerves which pass through it causing pain, organ dysfunction, loss of mobility and even the lowering of the body's natural resistance to illness.



### Normal alignment of the head, neck and spine

Illustrated left is the proper alignment of the head on the vertebrae of the spinal column. The weight of the head is centered and balanced correctly over the supporting vertebrae. The spinal vertebrae are correctly positioned in relationship to each other, and the patch of the spinal nerves is clear and unobstructed permitting natural function and health.

It is our policy to accept only those cases we feel reasonably sure we can help



# Our Staff



The Staff: Sarah, Sharon, Amy, Jo and Katrina

We don't just treat the headache that has the person, we treat the person with the headache!

You'll find our staff is there to help. Explaining the details of how to make short work of the paperwork. Making sure you understand the doctor's instructions in detail. Treating you like a person, not a number or just another headache case.

Sarah is the first person you talk with when you call our office. She knows how valuable your time is. She makes it look easy, helping lots and lots of people while making time available just for you.

Appointments are hard to fit in your schedule sometimes, but she can handle your schedule and ours, making them fit together just right.

Katrina, Jo and Amy are there to make the paperwork as pleasant as possible. Whether you need the facts explained to your insurance company or a budget plan of payment that will work for you, they are the people to make it happen.

If Dr. Cooper recommends therapy, Sharon is the person to see. Whether it be ultrasound, muscle stimulation, traction, etc., Sharon will be happy to assist you.

## Answers about treatment ...

### How long does it take to see results?

That varies from person to person. Factors such as lifestyle, age and the

... happily relief is just around the the corner in most cases.

degree of spinal problems. Typically, the more chronic a problem is the longer it takes to see results. Happily, relief is just around the corner in most cases. Regardless of

how long, we usually know from the exam findings what to expect. Everyone is unique but we have treated thousands of headache cases and have a very clear picture of what to expect.

### Does it hurt?

Dr. Cooper is trained in the techniques of low force spinal corrective methods. These methods require none of the older more rough, physical

techniques. The vast majority of our patients find these newer methods to be very comfortable; even on the sorest, most sensitive, painful conditions.

### How much does it cost?

It is a constant battle to offer the highest quality care, the latest technology

We accept assignment on qualified health insurance policies

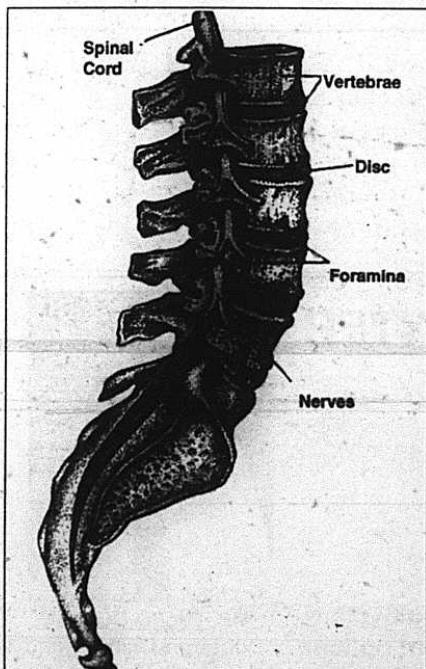
and current training at a reasonable fee the majority of people may get well with. We accept assignments on qualified health insurance policies. We'll bill your company and get the majority of fee payments from them and ask that you pay only that part which your insurance does not cover. If you have been injured in an auto accident or on the job, by state law you can have your bill paid

100% by the insurance company.

Questions? Call Jo, Amy or Katrina at 679-1166.

### Can chiropractic help me?

For \$25, you can go a long way toward finding out. I have paid \$95 of your consultation, examination, X-rays and report of findings. Read the complete details on Page 4.



I had pain periodically in my neck and lower back. My neck pain became severe for two weeks before I came to Cooper Chiropractic Center for treatment.

I was suffering from headaches and constant pain in my neck.

I had been to a chiropractor previously and knew what I had to do to find relief.

Everyone at Cooper Chiropractic Center is friendly and caring. The doctors are very concerned about the patient's recovery.

The severe pain in my neck was almost gone in the first

week of care. I also recognized other improvements in my health. I no longer needed my allergy medication, my headaches and knee pain decreased, and I had more energy.

If you have any physical problems, I would recommend that you seek chiropractic care before you see a medical doctor. It is heal-

"The severe pain in my neck was almost gone in the first week of care. I also recognized other improvements in my health. I no longer needed my allergy medication, my headaches and knee pain decreased, and I had more energy." - Karen Whittenburg

ing! I will continue to come periodically after my recommended treatment plan to continue to good health.

Karen Whittenburg

"Everyone at Cooper Chiropractic Center is friendly and caring."  
Karen Whittenburg

# Setting the record straight What causes headaches?

Research has shown that many chronic headaches are caused by irritation of the nerves in the neck.

Usually, this irritation can be traced to an injury. In many cases, the headache sufferer was not aware that the neck was injured. As the only link between the head and the rest of the body, the neck is vulnerable to even slight jars which can cause a misalignment of the vertebrae in the neck.

Research has shown that many recurring or migraine headaches are related to a misalignment of one or more vertebrae in the neck. Since the nerves and blood vessels pass through small openings between these vertebrae, a misalignment can substantially decrease the amount of blood and nerve

impulses going to the face and brain.

Of course, not all headaches are caused by neck problems. Some headaches are caused by disease and many have had occasional headaches resulting from abuse of the body through lack of sleep, anxiety, improper nutrition or too many cocktails.

The fact remains that many headaches are caused by irritation of the nerves, usually in the neck. No therapeutic method approaches chiropractic health care in correcting abnormalities of the neck.

If you suffer from headaches on a regular basis, call Cooper Chiropractic Center at 679-1166, without delay to set up an appointment for a consultation and examination.

Barbara Sexton

I had been suffering with severe pain in my neck, shoulder and arm for five months. I had tried therapy and medication with only short-term relief.

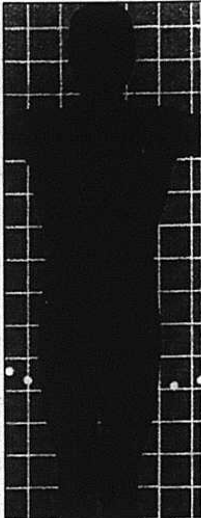
I was unable to perform my everyday functions which led to my decision to try chiropractic. I knew that my pain could not be healed overnight, but given time I felt Dr. Cooper could help me.

The office staff was kind and very helpful.

I received adjustments and therapy over a period of time. I also performed daily exercises and refrained from certain household chores. Within four months my pain was gone.

If you are sick, suffering or in pain, put your doubts and fears aside and go to a chiropractor. I truly feel it can help you.

Barbara Sexton



## "I'm in pain. Can chiropractic help me ...?"

### How much will it cost?

We are often asked, "What's the best way of finding out whether or not a doctor of chiropractic may help my problem?"

We believe the answer may be found in a complete chiropractic examination, including X-rays.

And to help find out for sure, we will do a complete consulta-

tion and examination including X-rays, if necessary (procedures that normally cost \$120 or more) for \$25.

We will make this special program available through October. The only exception to the offer involves injury cases (worker's compensation and auto accidents) in which there is no charge billed directly to the patient for the first visit.

# \$25

It's always our policy that you have the right to rescind within 72 hours any obligation to pay for services performed in addition to this free or discounted service.

Regular  
\$120  
Program

Must present ad at time of appointment  
Expiration Date:  
One Month from  
Date Received



Your initial visit will include:

- A private consultation with the doctor
- X-rays
- A thorough spinal examination including orthopedic and neurological tests.
- An explanation of our treatment procedure if we determine chiropractic may help you.
- A referral to the proper specialist if we determine chiropractic can't help you.

These conditions are some of the danger signals of pinched nerves

- Headache
- Arthritic pain by stiff neck
- Loss of sleep
- Scoliosis (curvature of the spine)
- Leg pain and numbness
- Arm pain and numbness
- Backache
- Fatigue
- Tension
- Whiplash injury



DR. RONALD COOPER  
Doctor of Chiropractic

## COOPER CHIROPRACTIC CENTER

1005 West Columbia St. • Somerset, Ky.

Hours by Appointment:  
Monday through Saturday

# 679-1166

Insurance accepted for partial payment on approved health plans  
Same day appointments on most days • Flexible payment options



DR. DAVID DURKIN  
Doctor of Chiropractic