



Rockets Begin Play Saturday
 See Special Section Inside

County applies for grant

The Rockcastle County Fiscal Court has applied for a Land and Water Grant, totaling \$77,300, covering everything from the senior citizens center to a recreation area at Livingston to the ballfields at Brodhead.

The largest project in the grant application is for \$52,300 for the senior league baseball field - the smallest project is \$500 for the renovation of public restrooms at the little league baseball field/basketball court.

The biggest ticket item in the application for the senior league baseball field is \$17,500 for paving of the entrance road to the field and the parking area. Also included in the project is \$10,800 for a chain link fence around the perimeter of the property, \$10,000 each for construction of public restrooms and a municipal sewer line tie-in and construction and \$4,000 for landscaping.

Another project is for the Coach Preston Parrett Gymnasium outdoor recreation area totaling \$17,000.

This project includes \$6,500 for exterior lighting; \$3,500 for resurfacing/reconstructing outdoor recreation area and parking lot; \$3,000 for renovation of public restrooms inside the gymnasium; \$2,000 for relocation of overhead utility and \$1,000 each for landscaping and exterior basketball goals.

\$7,500 is being applied for for resurfacing/reconstructing outdoor recreation area and parking lot at the Rockcastle County Senior Citizens Center and landscaping.

The least expensive item applied for is \$500 for the renovation of public restrooms at the little league baseball field.

(Cont. to A9)



Rockcastle County Deputy Sheriff Ken Holt is shown above investigating Tuesday at the "Rock" off Burnt Ridge Road in northern Rockcastle County, after a Fairfield, Ohio woman apparently fell to her death on Sunday evening. Rockcastle County Coroner Bill Dowell said that an autopsy on Monday revealed that Jessica M. Phelps, 26, died from massive blunt force trauma injuries due to her fall. She was pronounced dead at the scene. Mrs. Phelps sustained a broken back and severed spine in the accident. She was with her husband and another couple, according to Holt. Deputy Holt said he was still investigating the case. Mrs. Phelps is at least the fifth person to lose their life at the "Rock", which is one of Rockcastle County's most scenic places. Deputy Holt said Mrs. Phelps could have fallen as far as 100 feet.

Police charge Bobby Ramsey with murder

Last Friday police arrested a Mt. Vernon man and charged him with the brutal murder of Karen Taylor, 40, of Lebanon, Ohio.

Bobby Ramsey, 39, was first arrested in Madison County on Friday and charged with tampering with physical evidence, and being a persistent felony offender.

He is also charged in Madison County with an attempted robbery of Cumberland Valley Bank in Berea. According to Rockcastle County Sheriff Darrell Doan, Ramsey was arrested without incident and is currently being held in Madison County, but will likely be transferred to Rockcastle County.

Kentucky State Police Detective Gary Lane said that others are believed to be involved in the murder case and the investigation is ongoing.

Karen Taylor's decomposed body was found 3.1 miles from Remitt Valley-about ten feet off a county road at Hummel, on July 6 by two local runners, Dr. Lee Cain and Attorney Willis Coffey.

According to police, Taylor's hands had been severed from her body in an apparent attempt to conceal her identity.

Taylor died as the result of several gunshot wounds to her head and upper body.

Police think she was murdered around July 2nd.

Det. Lane said police have interviewed several people in the case and that they are still talking to people in the Berea and Richmond area, but that Ramsey, who has spent ten years

of his adult life in prison for other crimes, is certainly the main suspect. Ramsey was released from jail (Cont. to A9)



Bobby Ramsey



Karen Taylor

From Livingston man

Fiscal Court hears complaint

Donald Rice of Livingston was the first order of business for the Rockcastle Fiscal Court at their regular meeting last Wednesday. Mr. Rice was upset that the City of Livingston is building a picnic shelter structure adjacent to the Coach Preston Parrett Gym at Livingston. The structure, Rice said, through his spokesman Brady Durham, prohibits the use of a double gate he built into his property and, Durham said, Rice was given right-of-way through the property by Judge Buzz Carloffis.

However, Judge Carloffis disputed this claim, saying that, besides the fact that he did not have the authority to grant a permanent right-of-way, Rice had already made an access through the existing fence before the county owned the property, and without the permission of Daniel Boone Development Council who

owned the property at that time. Carloffis also said that he gave Rice permission to install the gate with the understanding that it was not a permanent easement.

Rice, noticeably upset, said he had installed the gate at a cost of \$1,000. However, Carloffis said this expense was of "no concern" to the county.

(Cont. to A9)

Local manufacturing plant gives boost to Lions' project

Reynolds Food Packing and Alcoa Aluminum surprised Mt. Vernon Lions Club President David DeBoard recently with a nice donation to his "Building a Better Future for our Community and County" project.

The business donated \$1,200 to help with the purchase of several Optic 2000 eye screening machines to be used for children and adults.

To date, Mr. DeBoard has raised

about \$7,000 which will pay for four machines and will help toward purchase of other equipment needed for complete screening capabilities of Rockcastle Counties.

"We deeply appreciate Reynolds Aluminum's outstanding help and all the other businesses and individuals who have assisted us in this project," DeBoard said.



Circuit Judge Robert Gillum, left, swore-in Terry Jackson as the new police chief of Mt. Vernon Monday morning. Looking on is Mt. Vernon Mayor Clarke Kirby.



Reynolds Food Packaging recently made a \$1,200 donation to the Mt. Vernon Lions Club toward the purchase of Optic-2000 eye screening machines for use in the county. The machines will be used for children and adults in the county by the Lions Club for early detection of eye problems. In the photo are, from left: David DeBoard, Mt. Vernon Lions Club president; Reynolds comptroller Sandra Carroll; Reynolds plant manager, Doug MacMurdo and Cledith Thacker, Lions Vice District Governor.



The Rockets football team will see their first home action in the Jamboree Friday night, August 28th against South Laurel. As part of bowl activities, a Jamboree Queen Bowl Queen will be crowned from the senior class. Candidates are, front row, from left: Allison Anderkin, Becca Alsip, Rachel Childress, Serena Cunniff, and Tiffany Hopkins. Back row: Maggie Phillips, Amanda Rogers, Brooke Smith and Sheena Swinney. The queen will be chosen by a vote of the entire student body.

Obituaries



Bertha Marie Navarre

Mrs. Bertha Marie Navarre, 67, of Prattville, AL, died Friday, August 15, 2003 at the Prattville Baptist Hospital. She was born in Rockcastle County October 2, 1935, the daughter of Jones and Dexter White Anglin and was a homemaker.

Survivors are her husband of 47 years, William J. Navarre; three sons, William G. Navarre and Kevin Ray Navarre, both of Prattville, AL; and Stephen J. Navarre of Pensacola, FL; two daughters, Kim Marie Navarre and Karen Sue Navarre Bruff, both of Prattville, AL; three brothers, Delmer Anglin of Missouri and Donald and David Anglin, both of Orlando; four sisters, Ruby Elkins of Ohio; Linda Daubert of Missouri; Geneva Patterson of Texas and Dorothy Ashcroft of Louisville; eight grandchildren and one great-grandchild.

She was preceded in death by her parents.

Funeral services were conducted Wednesday, August 20 at the Dowell & Martin Funeral Home with Bro. Joe VanWinkle officiating. Burial was in the Anglin Cemetery.

Palbearers were: Scottie Anglin, Todd Anglin, Ricky Rynes, Jason Freeman; Adam Navarre and Allen Navarre.

Condolences to the family of Mrs. Navarre may be made by visiting our online register at www.dowellmartin.com

Albert Hicks, Sr.

Albert Hicks, Sr., 72, of Livingston, died Friday, August 15, 2003 at the V.A. Medical Center in Lexington. He was born October 15, 1930 in Bullin, the son of Adam and Mary Mullins Hicks. He was a disabled carpenter, a United States Marine Corp veteran of the Korean War and a member of the Three Links Christian Church.

Survivors are one son, Albert Hicks, Jr. of Jackson, Michigan; six daughters, Mary Lou Gayheart (Randall) of Maljie, Margaret Duff (Rodney) of Hindman, Peggy Williams (Clayton) of Lexington, Judy Caudill (Denzil) of Holybrook, Janice, Hicks of Pippa Passes and Robin Grow (Ron), of Jackson, Michigan; one brother, Ralph Hicks of Coal City, Illinois; eight grandchildren and one great-grandchild.

Besides his parents, he was preceded in death by a sister, Margaret Lee Hicks.

Services were held Monday, August 18 at the Three Links Christian Church with Bro. Jack Martin and Bro. Grant Martin officiating. Burial was in the Red-Hill Cemetery.

Arrangements were by Nelson Frazier Funeral Home in Hindman. This obituary courtesy of Cox Funeral Home.

Henry Lee Bales

Henry Lee Bales, 76, of Fairfield, OH died Sunday, August 7, 2003 at Mercy Fairfield Hospital. He was born in Rockcastle County September 14, 1926, the son of Cabbie and Mae Kelly Bales and was a mechanic.

Survivors are a son, Henry Lee Bales, Jr. (Chris) of Fairfield, Ohio; two stepsons, Billy Bell and Daniel Jeffery Bell, both of Fairfield, OH; two stepdaughters, Lois Working of Fairfield, OH and Donna Morgan of Camden, OH; three brothers, Jimmy Bales and Lawrence Bales, both of West Chester, OH and Bobby Bales of Forest Park, OH; one sister, Loreta Terry of Mason, OH and several grandchildren and great-grandchildren.

Funeral services will be held Saturday, August 23 at 11 a.m. at the Dowell & Martin-Funeral Home Chapel by Bro. Chad Bunde. Burial will follow in the Maple Grove Cemetery.

Friends may call at the Dowell & Martin Funeral Home Chapel from 6 to 8 p.m. Friday.

Palbearers will be: Henry Bales, Jr., Joshua Bales, Lawrence Bales; John Kelley, Brent Morgan and Jason Morgan.

Condolences to the family of Mr. Bales may be made by visiting our online register book at www.dowellmartin.com

Cards of Thanks

Thank You

The family of Artie Mae Norton Thompson would like to thank everyone who shared in our grief following the death of our loved one.

A special thanks to all who sent food, flowers, cards, said a prayer or visited us. Your concern did not go unnoticed.

Special thanks to Danny McKibben, Owens Funeral Home, the pallbearers and co-workers. Artie Mae Norton Thompson was

loved by all who knew her and we will certainly miss her, but our loss is Heaven's gain.

The Thompson Family

Cemetery Notices

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Volunteer Mission Group from Fort Wayne at Christ's Outreach

During the week of July 6th, a group of twenty-five volunteers from Calvary Third United Presbyterian Church of Fort Wayne, Indiana worked at our local camp for the blind and/or handicap.

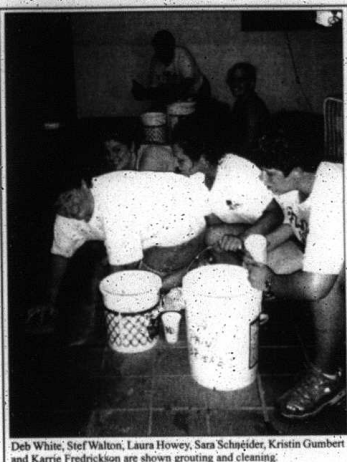
This was the fourteenth such group of the year to volunteer at Christ's Outreach for the Blind. The mission group worked long days - putting in a total of 1,172 volunteer hours!

Calvary Third United Presbyterian Church arrived ready to serve the Lord through their labor at the camp. When asked what compelled him to come on this trip, Pastor Alan Thames replied, "I believe my faith calls me to serve the Lord by serving His children." This group did just that! On the putting, they were able to stain and repair 1 mile of fencing; remove a partial patio wall, and begin building a new one. Also, some members installed a drainage pipe, while yet, others moved locks and weeded a garden. As usual, the group

not only worked outside, but also on the inside regrouting the kitchen tile, washing windows, and painting trim.

Throughout the week, much was accomplished both physically and spiritually. The youth in this group was very insightful as they spoke about "seeing" God at work this week in their lives. Laura Birkenbeul shared this thought, "I've seen God at work everywhere this week, but I think especially on Wednesday. I got car sick, and when we pulled over on the road (at a rest area), we met a man who we folded about the camp. He said that he was going to donate. I think this was a great example of the mysterious ways in which God works." (For those of you who are skeptical, the gentleman did make a donation to Christ's Outreach for the Blind - not only once but twice!)

If you are personally interested in finding out how you can help, please call Mike Gates at 606-256-8888. Remember it's not too late to join the \$5 Club!



Deb White, Stef Walton, Laura Howey, Sara Schneider, Kristin Gumbert and Karrie Fredrickson are shown grouting and cleaning.



Callie Thames, Kåjen Royie, Laura Birkenbeul and Anna Thames busy pulling weeds.



Dick Clark, Drew, Dave, Karrie and Cathy Fredrickson, Kristin Gumbert, Beth Fisher, Diane Gumbert, Tammy Murse and Hank Gates are taking a break after working on a rock wall.



Kathy Farrisier, Erin White, Deb White, Sara Schneider and Stever Farrisier cleaning tile.

Local teachers spend week at Pine Mountain Settlement School

Twenty southeastern Kentucky teachers recently spent a week of their summer break to learn more about history. The teachers, who were selected in March 2003 as American Legacies Fellows, are participants in a three-year federal grant that seeks to improve history teaching in the K-12 classroom. The American Legacies program, presenting three times per year, including an intensive, one-week residential institute. This summer, participants spent a week at Pine Mountain Settlement School, located in Blaine in Harlan County.

One of the goals of the American Legacies program is to encourage the use of Kentucky history to enliven and illuminate U.S. history. Within the broad theme of "Shifting Frontiers," teachers engaged in activities and interacted with presenters with expertise in American and Kentucky history. Highlights included a presentation by Ron Eller, noted Appalachian historian from the University of Kentucky, who discussed why people have moved in and out of the mountains throughout history, and a field trip to Cadesherland Gap National Historic Park, the passage through which thousands of settlers entered Kentucky on their way west. Throughout the week, teachers worked in small groups to practice and develop activities for use in their

specific classrooms.

"It speaks volumes about the dedication of these teachers that they would spend a week working so intently to expand their knowledge of history and history teaching," said Rebecca Hanly of the Kentucky Historical Society, who serves as the American Legacies project director. "The Fellows spent an average of nine hours per day in training and I was extremely impressed with the caliber of the group. Their communities are lucky to have these folks in their schools."

"Shifting Frontiers," the first portion of the three-year study program, will conclude this fall with a two-day seminar. The 2004 portion will be "Democracy and Conflict," with the Fellows studying "Industrialization and Reform" in 2005.

Teachers participating in the Summer Institute at Pine Mountain Settlement School from Rockcastle in collaboration of the Kentucky Historical Society, the University of Kentucky, the Kentucky Heritage Council, the Fellows and their school districts. For more information about this program, contact Rebecca Hanly at 502-564-1792, ext. 4475.

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Rockcastle teen completes Rogers Scholars session

Genna Cummins, a junior at Rockcastle County High School and the daughter of Earl and Norma Cummins of Mt. Vernon, recently returned from Somerset where she participated in The Center for Rural Development's Rogers Scholars program. The annual session, now in its sixth year, is a unique and exciting learning opportunity for 60 teens from 42 counties in Southern and Eastern Kentucky. Dates for this year's program were July 13-18 and 20-25.

The heart of The Center for Rural Development's mission is "that no young person will need to leave home to find his or her future." These words, spoken by Congressman Hal Rogers, the program's namesake, inspired in The Center for Rural Development the desire to seek job opportunities at home while increasing their marketable skills in the field of telecommunications. "We want to help the young people of our region develop the confidence, skills, and a deeper commitment to their hometowns and this state," says Lonnie Lawson, executive director & CEO of The Center.

This year's curriculum included a few new elements to the established program that teaches leadership, entrepreneurship and service, and provides hands-on experience with different types of technology. All scholars participated in sessions covering the first three areas and groups of 10 explored in-depth one of three "majors"-video production, engineering or information technology. Genna was an engineering major.

From ice-breaking games Sunday evening, to graduation presentations to parents and families on Friday evening, the Scholars' days were a whirlwind of activities, ranging from Survivor-like teambuilding activities at the Team Leadership Center in Wayne County to film-filled evenings of pizza, swimming and games.

New sessions added to entrepreneurship training this year were personal finance and career exploration. Personal finance provided an overview of basic banking skills-balancing a checkbook, using credit wisely-teaching Scholars how to manage their money during the year's upcoming college years. During the career exploration sessions, Scholars learned how college can prepare them for any career path and had an opportunity to meet with admission representatives from 42 area Kentucky colleges and universities. They each also built a "virtual" business, using simulation software used by the Small Business Administration. The program allows entrepreneurs to make financial decisions using different scenarios, getting real-time feedback that shows the impact of those decisions on their business.

Creating and implementing a community service project in their hometown was another key compo-

ment of the Rogers Scholars program. It not only taught them that leadership entails making a difference in your community, but it's also a way for Scholars to extend the week-long experience and apply some of what they've learned.

Some sessions introduced the teens to situations they may encounter as adults in the business world, such as a formal evening dinner, complete with a business/professional attire dress code, included etiquette training followed by ballroom dancing-always an interesting and amusing evening.

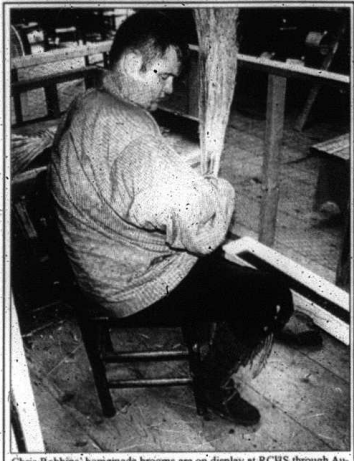
The "majors," where groups of 10 students spent a total of 10 hours during the week immersed in a specific subject area, were without a doubt among the most popular part of the program. The video production group produced a 3-4 minute video, where participants worked on all the various processes involved, from producing, scripting and shooting footage to editing, voice-over, music and graphics. Engineering majors not only got an overview of all the different types of engineering, but also participated in installing network cards to creating a web site and learning HTML and Flash animation.

Over the course of the week, students heard from a variety of successful entrepreneurs and motivational speakers. Speakers this year included James Malinchak, contributing author to and associate editor of the Chicken Soup for the Soul series, Dr. to Marshall, president of Somerset Community College; Joanne Glasser, Esq., president of Eastern Kentucky University; Kehny Davis, captain of the 1972 U.S. Olympic basketball team; Dr. Ron Englin, president of Morehead State University; David R. Burt, executive director/CEO of the Kentucky Association of Counties, all of whom had an inspiring message for the Scholars.

Perhaps one of the most rewarding aspects of being a Rogers Scholar, however, is personal growth. During their week together, which Scholars unanimously describe as "awesome," the teens not only built friendships that will last a lifetime, but also learned that there are no limits to what they can achieve, if they have confidence and a can-do attitude.

Being selected as a Rogers Scholar involves a highly competitive process. Factors such as grade point average, community service, extracurricular activities, letters of recommendation, and an essay are considered. Students must apply as high school sophomores, and one student is chosen from each of the 42 counties served by The Center for Rural Development. Eighteen at-large candidates are then selected to be the total number of Scholars to 60, half of whom attend the first week and half the second. All costs for the program, including student housing and meals, are paid for by The Center, thanks to The Center's Founders Club member donations and the generous support of South Kentucky RECC, which sponsors an annual fund-raising golf tournament.

For more information on the Rogers Scholars program, as well as photographs from Genna Cummins's week, visit www.rogersscholars.com, or call (606) 677-6083.



Chris Robbins' homemade brooms are on display at RCHS through August 29th.

Broom exhibit at RCHS

"Brooms by Chris," an exhibit of handmade brooms by Chris Robbins is now on display at Rockcastle County High School through August 29th. Items in display include Shaker style brooms, Mountain Cobweb Grabber, Turkey Leg Whisk, Fireplace Broom, Wedding Broom, cake tester and a sample of tools used in the broom-making process.

"We are very pleased with this exhibit," stated John Hale, principal at RCHS. "Chris has perfected a craft that we hope will be an inspiration to other students who wish to explore career options in the arts field."

Robbins, a 2003 graduate of RCHS, became interested in broom-making while helping to finish the Bitterroot Log Cabin display at Renfro Valley in the spring of 1999. Robbins then met Jim Harmon, a master broom craftsman, whose support and encouragement was instrumental in helping Robbins develop the skills to produce handcrafted broom items and accessories.

In June 2002, Robbins was juried into the Kentucky Crafted Marketing Program as one of the youngest craftsmen to be so awarded. This program, which assures buyers that the product is of the highest quality, carries the Kentucky Crafted logo. Robbins is also a member of the Kentucky Guild which produces spring and fall craft shows in Kentucky. His studio is listed on the Kentucky Artisan Heritage Trails, a driving tour designed to provide an experience rich in local culture and scenic beauty.

Robbins' future scheduled exhibits and demonstrations include the Black Gold Festival, September 18-21 in Hazard and the Kentucky Guild Craft Fair, October 9-11 at the Indian Fort Theatre in Berea. Robbins also continues to demonstrate at the Bitterroot Cabins in Renfro Valley on Saturdays when not on the road.

For more information on "Brooms by Chris" visit the studio at 4300 Dug Hill Rd., Brodhead, Ky, or on the website at www.broomsmaking.com

Minds in the Middle

We are enjoying a great start to the school year at RCMS! Everything is going well and we are very proud of our students' behaviors, attendance, and efforts thus far.

If you call RCMS, you may hear a new voice answering our phones. Mrs. Reva McKinney is our new secretary. We welcome her to our team. Also, our best wishes go out to Mrs. Jenny Nicely in her retirement. We miss her greatly. We are also under new management, as Mr. Jason Cogner has taken on the task of being our principal. We are very proud of the work that he is doing!

We would like to welcome several other new staff members to our building this year. We have added Michael McNabb and Sereeny Hayes to our math department, and Carolyn Turner and Julie Back to our Language Arts department. Mr. Lee Hoffman and Mrs. Lillian Rader are now teaching as resource collaborators at RCMS. The Enterprises welcome Marsha Caudill as their new instructional assistant and Anita Ashley is now working with the Voyagers' team. We are also proud to have Mr. Greg Hurley as our new custodian and wish the best to Joe Howard in his retirement.

We have added a new health program to our curriculum this year. Instead of having Physical Education every day, students will rotate every two weeks between P.E. and health class. Thanks to Mr. Anthony Coffey

and Mrs. Regina Little for teacher our health classes. We feel that this will better prepare our students in Practical Living content as well as make our P.E. time more meaningful for them.

Our RAP (Rocket Advisory Program) began on Wednesday. For those of you who are not familiar with the program, it involves groups of students who meet once every two weeks to discuss various topics of interest to adolescents. Examples of topics include decision-making, conflict solving, bullying, study skills; and drug abstinence.

There will be an after school party this Friday from 3:00-5:00. Students must be from parents and team permission in order to attend. Students who are not picked up by 5:15 will not be permitted to stay for other parties.

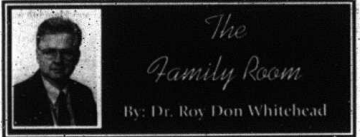
We urge parents and students to start off the new school year on the right track. Now is the time to be organized. Also, keeping up with daily homework assignments prevents students from trying to do make-up work at the last minute. The student agenda book is a great help. We also suggest that students prepare their school materials the night before so that they are not rushed and do not leave things behind. We urge parents to call RCMS (256-5118) if there is anything more we can do to make your child a better student.

School Menu

August 22-29

Breakfast:
Friday, August 22: Scrambled Egg, toast/jelly/cereal, toast/jelly, juice, milk.
Monday, August 25: Breakfast pizza or cereal, toast/jelly, juice, milk.
Tuesday, August 26: Pancake Porky or cereal, toast/jelly, juice, milk.

Lunch:
Friday, August 22: BBQ on bun, ham, brownies, carrot sticks, cherry, cabbage, milk.
Monday, August 25: Chicken nuggets, mashed potatoes, broccoli in cheddar, fruit, milk.
Tuesday, August 26: Ham slice, mashed potatoes, green beans, fruit, roll, milk.
Wednesday, August 27: Spaghetti w/meat sauce, garden salad, corn, Italian bread, fruit, milk.
Thursday, August 28: Hamburger on bun, lettuce/tomato, potato rounds, fruit, milk.
Friday, August 29: Chicken party on bun, bread, fruit, milk.



Secondhand Smoke is Dangerous

I have never been able to quit smoking any more than two weeks at a time," George told me. "The urge for a cigarette gets so strong that I give in. I know the smoke isn't good for my kids, but what can I do? I have smoked since I was 14." (All characters are fictitious.)

George had heard and read about the damage that secondhand smoke can do to nonsmokers. "I don't want my kids to get lung cancer," George worried.

More and more scientific studies are showing the relationship between inhaling secondhand smoke and developing lung cancer or heart problems.

Nonsmokers who live with or work with a smoker are at risk.

Cigarette manufacturers claim that there is no solid proof that secondhand smoke hurts anyone. These are the same people who, when testifying before Congress in the past, said that nicotine was not addictive.

Consumer Reports, a magazine respected for its honesty, now biased reporting, concluded many years ago that secondhand smoke is dangerous (January 1995). CR found that breathing secondhand smoke does increase the risk of lung cancer and heart problems. As one researcher put it, "Passive smoking causes lung cancer."

More and more businesses and public buildings are becoming smoke free. The city of Lexington recently enacted an ordinance to make all public spaces including restaurants and bars smoke free. When a city in the field of tobacco county orders restaurants to go smoke free, that is a major news story.

Therefore, George's concern about his wife and kids is legitimate. "If I get lung cancer from smoking, that's my fault," he reasoned. "But if my wife or kids got sick because of my smoking, I don't think I could live with myself."

George decided that he had four options.

1. Stop smoking. "I've tried four or five times and haven't made it. I'm going to try again." I suggested that this time George ask his doctor for help. Nicotine Replacement Therapy, such as patch, spray, or inhaled inhaler can cut down on the cravings. Zyban is a medication that changes the way nicotine affects the brain and keeps the smoker from feeling the need to smoke. "And George," I added, "most people who quit smoking tried several times before they finally quit, so hang in there."

2. Cut down on smoking. "I think I can do it right away," George decided. "I'm smoking between one and two packs a day, and I know I can get by on one."

3. Smoke in only one room of the house. "That will be hard," George said, "because I smoke when I watch TV with the family. I don't know if I can make myself go to another room."

4. Smoke outside. "George, I have a friend who will smoke in his house," I informed him. "He makes himself go outside or to the garage every time he wants a cigarette." George was not sure if he would do that. "But that would also help me cut down on the number of cigarettes I smoked, wouldn't it?" George asked. "I think I will give it a try."

That's the right way to feel guilty if you smoke. Almost everyone has one or more additions, and yours just happens to be a very noticeable one.

Your doctor, the American Cancer Society, the Health Department and your counselor all have ways to help you stop.

If you find you cannot quit alone, get help. Most smokes are a week or so out of hand help in order to stop. And keep trying. The next time you quit may be the time that finally works.

If you would like more information about quitting smoking using hypnosis, contact Dr. Whitehead at 679-4134 or 1-877-PASTOR-8.

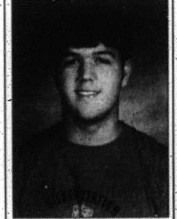
Mt. Vernon resident attending UK Health Career program

Amanda Cummins of Mt. Vernon, daughter of Earl and Norma Cummins, is attending a highly-selective five-and-a-half week residential program at the University of Kentucky Chandler Medical Center.

Cummins is among 44 entering

college students attending the Professional Education Preparation Program (PEPP). This program helps prepare students for the admissions process for medical or dental school, as well as a successful career in medicine or dentistry. Students are selected based on a record of academic excellence, outstanding standardized test scores, extracurricular activities and a written essay. The majority of students chosen to participate in PEPP are from areas of Kentucky with health professional shortages.

PEPP helps to address the needs of rural areas by preparing students from underserved communities for the demands of the highly competitive health professions admissions exams, as well as the challenges of a rigorous medical or dental school curriculum. Students attend seminars and courses designed to provide them with a foundation in the sciences and an understanding of the world or critical issues in the health care field. They also learn about many areas of health care with rotations at hospitals throughout Lexington.



Jackson Brubaker, a junior at RCHS, was one of 20 Ky. students chosen to participate in the state YMCA's first "Service 360 Commonweal." These students had to obtain four local supporters to donate to this cause. These students were chosen to participate in volunteer work that spread over most of our state. They were involved in a "clean-up" project at one of our state park facilities. They traveled in vans to meet "Kentuckians" who had made a difference in our state. They spent their nights in YMCA facilities in several towns. We thank these students for caring enough to give one week of their summer to help out their fellow "Kentuckians".

Jackson also had the privilege to represent our State Rep. Danny Ford at Fort Knox facility this summer. Jackson attended a Joint Committee on Military Affairs and also observed a Combined Arms Live Fire Exercise. Jackson was a guest at the Fort Knox facility and at a reception held in Elizabethtown. While there, Jackson met Commanding General of Fort Knox, Major General Terry Tucker. Jackson would like to thank Danny for this opportunity to learn about our Fort Knox facility.



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Pvt. Benjamin Cory has completed the first Sage of Army National Guard Boot Camp. His parents, Randy and Kathy, with Ben's brother Matt were able to attend his "burning green" at Fort Benning, Georgia on August 8th. Ben was one of three in his company of 63 to rank sharpshooter and he also received the expert medal in grenades. The Corys wish to thank everyone who prayed for them: "We're so proud of you Ben!"

Home Safety Tips for Senior Citizens

By Hazel Jackson

Rockcastle Cooperative Extension Service
Agent for Family and Consumer Sciences



Home injuries of senior citizens will become an even more important health issue as the number of people age 65 and older continues to grow in the coming decades.

Older people make up about 12 percent of our population. It's estimated that the 65-years-plus group will comprise 20 percent of the population by 2030. People over age 85 constitute more than four percent of the population. The over-85 population is estimated to increase fourfold in the next 50 years.

Seniors are at greater risk for falls because they take more medications. These often can affect their balance, strength or vision. Health problems such as osteoporosis, a disease that produces bone brittleness and softness, can lead to a bone fracture when an older person falls. Hip fractures are a major complication from falls in the elderly. In fact, about 12,000 people, most of them elderly, die as a result of falls each year.

More than 600,000 people over age 65 are treated in hospital

emergency rooms for injuries associated with products they live with and use everyday. Injuries to the elderly in and around the homes often are caused by situations that are easy to overlook, but also easy to correct.

We can help elderly family and friends avoid unnecessary injuries by conducting a safety check of their homes to spot hazards and help them take simple steps to correct these dangerous situations. Check all areas of seniors' homes for electrical and telephone cords, electrical outlets and switches, mats and mats and poorly litged stairways. Also be sure adequate smoke detectors are in place and operational.

Lamp, extension and telephone cords stretched across walkways might cause someone to trip so be sure these cords are out of the flow of traffic. Arrange furniture so outlets are available for lamps and appliances without use of extension cords. It might be necessary to hire an electrician to install extra outlets. If an extension cord is absolutely necessary, put it on the floor against a wall so people can't trip over it.

Move the telephone so its cord doesn't lie where people walk. Remove electric cords put under furniture or carpeting because these

can cause fire and shock hazards. Periodically check cords and replace damaged or frayed ones. To attach cords to walls, baseboards or floors, use tape or cord holders rather than nails, staples and the like because the latter present fire and shock hazards.

Be sure extension cords have the correct amp or wattage ratings because over-loaded cords might cause fires. If the power requirements of appliances used on a cord exceed the rating, unplug some appliances or change to a longer cord.

Usually warm or hot outlets or switches might indicate unsafe wiring to unplug cords, prevent switch use and have an electrician check the wiring as soon as possible.

Use only slip-resistant small rugs, mats and runners. Periodically check rugs and mats to find out if the backing should be replaced. Be sure stairways have sturdy handrails that are easy to grasp. It's also important to have night lights and lights on both the top and bottom of stairways.

Many home fire injuries or deaths are caused by smoke and toxic gases rather than the fire itself. Smoke detectors provide an early warning and can warn seniors in case of a fire.

Put at least one smoke detector on every floor of the home. Make sure the detectors are located near bedrooms either on the ceiling or on the wall six to 12 inches below the ceiling. Locate the detectors away from air vents. Follow the manufacturer's instructions for installation and battery and bulb replacement.

Discourage elderly people who smoke from doing so if they're sleepy or in bed because many home fires start from a lit cigarette when someone falls asleep while smoking. Make sure seniors have an emergency exit plan and an alternate emergency plan because once a fire starts, it rages quickly. Periodically practice the plan to be sure everyone can escape quickly and safely. Pick a meeting place outside to be sure everyone gets out okay.

A number of an emergency, firefighters for the police, fire department, poison control center and neighbors should be written in large print and the note taped on or near the phone. Also, have at least one telephone accessible in case a senior citizen falls or has an accident that prevents standing.

In addition, check for potential hazards in the kitchen, bathroom, living, family and dining rooms, passageways, bedrooms, stairs, basement, garage, storage or workshop areas. And remember to check the fuse box or circuit breakers and appliances and power tools.

Many elderly people carry postage-stamp-size devices to summon help by simply pressing the button. For more information on these devices, check with your doctor or medical center.

For more information on home safety, contact The Rockcastle County Cooperative Extension Service. Educational programs of the Kentucky Cooperative Extension Service serve all people regardless of race, color, age, sex, religion, disability or national origin.

Landscaping affects curb appeal and home values

By Max Phelps

Do you ever drive through a neighborhood and notice a house and yard so attractive you have to slow down or stop and admire it? Well, that's curb appeal!

A well-planned landscape with nice healthy trees and shrubs and flowers that complement the home come together to create this eye-catching appeal. Attractive mulch-grass lush grass, perhaps some stones or driftwood can add to the look. So can hardscape items like decks, winding paths, graceful arches, watergardens, terraces or raised planter beds, walls and fountains, and pergolas.

This appeal we are referring to can add considerably to the value of your home. And if you are planning on placing your home on the market, as either homeowner or as a builder/developer, you want that extra edge, that curb appeal, when a prospective homebuyer pulls up out front. Often the first and last thing noticed is how a home looks from the street.

A well-designed and carefully maintained landscape is pleasing to you as well as your neighbors, and your visitors or "company". Some folks like to put landscaping emphasis on the front yard where everyone can admire it.

Others will save the best for a backyard or private "outdoor room".

There are myriads of reasons for those two approaches. Whether a homeowner wants, it's "right" if it meets their wants and needs. I especially have observed a number of middle-income retirees spending for a "backyard paradise" where they themselves and their guests can relax and enjoy. Others prefer to put all their landscape dollars where they will be most noticed. As a landscaper,

to design what the customer wants is what I look to do.

If you are a do-it-yourself person, you will still need some overall plan or draft. To shop at a garden center or home improvement center and locate a plant you like—then buy it and take it home—and then "find someone to stick it out in the yard" is not good landscaping practice.

Whatever area you wish to spend the most time and money on, have an idea what you want before going shopping.

Landscape yards will be a topic of conversation. For the breathtaking landscape, it will be conversation you will be proud of. But if yours is a poorly landscaped yard, that unfortunately will become a conversation piece too from time to time.

A great joy comes to me when someone asks me to help them create their own small paradise to escape to after a stressful workday.

A private place, whether created with fencing, hedges, walls, whatever—may be a gazebo or patio covered by an arbor and vines—is a great get-away place!

Such backyards (or front yards for that matter) or such outdoor rooms give extra living space. Also, a place to relax, maybe with a pool, a hot tub, a small waterfall or fountain, maybe just a comfortable chair.

A well-landscaped backyard can also provide extra incentive to do some entertaining at home. Or a place to share a romantic dinner at home out under the sun or stars. The sorts of things that would make out neighborhoods a better place to live if we did the more often.

The author is a freelance writer and landscaper. Your suggestions are always welcome. Contact by visiting www.rockcastles.com and leaving a message.

YARD SALE

Saturday, August 23 in Rainbow Ridge Subdivision. First white house on night 8 a.m. to 2 p.m.

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Niceley Reunion

There was a good turn out at the Niceley Reunion Aug. 9 at Quail Park.

Those attending were: Joyce Kirby Robbins, Lisa Robbins, Conley and Glenda Mize, Josh Riddle, Jennifer Brock, Doris Blanton, Bobby James, Turner James Ralph and Judy Niceley, Zachery Niceley, Heather and Jeremy Reams, Brenda Saylor.

Head and Gerttin Saylor, Glenda Saylor, James Brock, Donald and Hilda Culbertson, Heath, Christy and Kaden Culbertson, Ora Meredith, William and Edith Niceley, Dora James, Jimmy, Tyler and Tammy Horn, Billy and Marie Moberly, Amy Moberly and Daniel Gaston, Jerry, Carolyn and Conner Niceley, Benny Blanton, Jordan and Carter Blanton and John, Cheryl and Meredith and grandson, Travis.

Gas Association elects new officers/directors

The Kentucky Propane Gas Association recently elected and installed officers during the summer convention, held at Lake Barkley State Park. All officers will serve a second one-year term that began July 10.

Roger Parsons of Parsons Gas and Appliance Center at Roundstone, is the president.

Four district directors were also named at the convention, including Steve Towery, Parsons Gas, Somerset, District 2 and Roger Parsons, Parsons Gas & Appliance Center, Roundstone, will represent District 5.

Signs of pregnancy? Are you sure?

The primary sign of pregnancy is a missed period. But, a missed period does not necessarily mean you are pregnant. Many women, especially young women, have normally irregular periods. These irregularities may include missed periods and other changes in the menstrual cycle. They can happen from month to month. Although pregnancy is the most common reason for missing a period, irregularity is also caused by illness, tired, worry, or stress.

Other early signs of pregnancy may include nausea, getting tired no apparent reason, sore or enlarged breasts, frequent urination and possibly headaches. If you have had vaginal intercourse without using birth control, then these signs are likely to mean you are pregnant. Whether you intended to get pregnant or not, you will want to know as early as possible.

You need to take a pregnancy test to tell if you're pregnant. Many home pregnancy tests detect pregnancy by identifying the presence of human chorionic gonadotropin (HCG) in urine 17 to 20 days after fertilization. Some of the newer home tests can detect pregnancy from a urine sample as early as a few days after a missed period. Medical professionals also use urine tests to detect pregnancy.

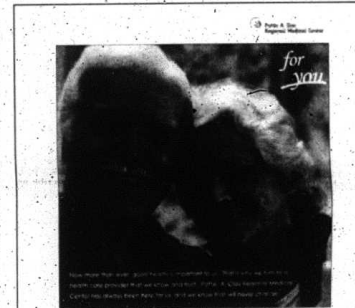
Urine pregnancy tests will not detect HCG immediately after unprotected intercourse. It takes time to build up in your system. So don't be fooled into thinking you did not get pregnant if you have a negative test. You may be pregnant and get a "false negative" result if the test is done earlier than two weeks after a missed

period. If you use a home pregnancy test you should follow directions carefully and correctly. To be sure about the presence or absence of a pregnancy, it is best to visit a qualified family planning professional for a pregnancy test and pelvic exam.

Finding out if you're pregnant is stressful, even if it's "good" news. You will want to share the news. Talking about how you feel can help you relieve your anxiety. If you and your partner intended to get pregnant, you will probably feel comfortable talking about it.

An unintended pregnancy can cause a lot more tension. You may or may not be able to talk to your partner about it. Choose someone who will support you emotionally by listening without giving a lot of advice or trying to influence your decisions. If you are a teen, hopefully you can talk to at least one of your parents, but if you don't feel comfortable, you can also turn to a relative, a friend's parent, a counselor or nurse at school or at a clinic, or a religious advisor. You probably have a friend to talk to — but try to find an adult that you trust. An adult will better understand the legal and medical decisions you'll have to make.

This article is a service of Mountain Maternal Health League Planned Parenthood, Inc. with support from the United Way of the Bluegrass and the Berea College Appalachian Fund. We provide reproductive health services for both women and men. To find out about clinic services or our free education programming, contact the Berea office at 986-2326, or e-mail carol.gilliam@pfa.org.



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Lady Rockets play in Woodford Invitational

The Lady Rockets journeyed to Woodford County High School last Friday night to play in that school's Invitational Tournament. Eleven teams played with eight, including the Rockets, making the final seed.

The Rockets took on Bryan Station Friday night in the first match and won the first game 20-15, lost the second 21-14 and won the third 15-10.

The second game, at 9:30 on Saturday paired the Rockets with the Bellevue Tigers and, in a heart-breaker, the Rockets lost 20-19.

Rachel Childress put together the most serves in that game, six in a row, including two aces. The Rockets also lost the second game of that match and then had to play the Shelby County Rockets.

In the first game of that match, the Rockets won only four points off serve, two by Allison Anderkin to begin the game and two by Childress and sloppy play by the Rockcastle Rockets helped the Shelby Rockets to the 20-9 win.

The Lady Rockets won up something in the second game, coming

(back from a 10-4 deficit to take the game 20-17. Stephanie Price had the most points on serve in that game with four, including an ace. Jenna Owens and Courtney Parsons got 3 each and Anderkin and Childress added one each. In the third game, with rally serving, you-win with 15 points but it still has to be by two, and that was the result in the third game with the Shelby Rockets winning 16-14. The score was tied five times in the game, the last at 14 all.

The Rockets did make it into the seed part of the tournament but had to face the number one seed, Calvary Christian from northern Kentucky, in the first game.

The Rockcastle Rockets gave Calvary good games but lost in two, 25-14 and 25-18.

In the second game, with the Rockcastle Rockets down 21-12, Amanda Rogers served six straight winners to bring her team back to 21-18 but Calvary took the next four points for the win.

Tuesday night, the Lady Rockets resumed their regular schedule, facing district foe Oneida Baptist and taking the match by identical scores of 25-16.

The Rockets got off to a shaky start, getting down 5-0 before taking hold and coming back to tie the score at 6 all. The game was tied the last time at 9 all before the Rockets took charge with Trisha Beth Laswell getting a kill for the final point.

In the second game, the Lady Rockets jumped out to an early 5-1 lead but the Lady Mountaineers came back to tie the score at 9 all when the Rockets serve game won south. The score was tied at 12 all when two service winners, one an ace, by Childress and three by Mullins put the Rockets up 18-13 and the game ended with five straight serves by Jenna Owens.

In the match, Anderkin took service honors with 8, including 5 aces; Childress had 7 service winners and winning service points; Owens had two service winners, both aces and Jessica Riddle had two service points with one ace and Megan Anderkin got one point on serve.

Anderkin and Childress had four kills each in the match; Price got three kills; Riddle and Mullins had two each and Rogers was credit with one.

JAYVEE WIN

The Lady Rockets Jayvee team had even less trouble with their OBI opponents, winning 21-11 and 21-6.

Kayla Bryant started off the first game with six straight points on serve, including an ace and the Rockets never looked back. Heather Hopkins contributed four serves, including an ace. Allie Mink served up an ace as did Jessica Robinson and Bryant ended the game with two winning serves.

Lighthouse Caldwell was credited with three kills in the game and Jennifer Kidwell added one.

In the second game, Bryant again took charge to begin the game with 9 straight service winners, with five aces; Mink added three with an ace; Tressie Robinson served up an ace and Bryant again got to end the game with a service winner.

In this game, Mink was credited with two aces.

FRESHMAN WIN

The freshmen also took the measure of OBI 21-11 and 21-13.

In the first game, Victoria Clontz served six service winners and three aces; Kayla Bishop, Jill Owens and Meredith Robinson each had two service winners with five combined aces and Ashley Cash got one service winner, an ace.

Clontz took service honors in the second game also, with 6, including three aces; Owens had 3 winners with 2 aces; Kayla Bishop got 2, including an ace and Kayla Stewart served up one ace.

The Rockets are scheduled to host North Laurel Thursday night, play in the Palaski County Tournament Saturday and host South Laurel on Tuesday, August 26th.

Ashlee's House Charity softball tournament

There will be a softball tournament Sept. 14 at Roundstone Elementary for Ashlee's House Charity.

Entry fee is \$125 per team for the first eight teams. ASA rules will apply and each team will need to furnish 44 to 47 cone balls (no super-super please). Titanium bats will be allowed and there will be a three home-run progressive.

Trophies will be awarded to the first and second place teams and there will be an MVP trophy given. There is a playground for the kids so bring the whole family. For more information, contact Nathan Carter at 606-256-1204 or Chris Kirby at 859-582-3125 or 606-256-1244.



The Rockets varsity volleyball team have defeated all comers in regular season thus far and made it to the seed round in the Woodford County Invitational over the week end before being downed by the number one seed in the tournament. Members of the squad are, front row, from left: Allison Anderkin, Courtney Parsons, Jenna Owens, Trisha Beth Laswell, Krystal Parsons, Stephanie Price, Sarah Mullins. Back row: Coach Larry Lee, Amanda Rogers, Jenny Durham, Rachel Childress, Megan Anderkin, Jessica Riddle and Asst. Coach Bill Yarnell.



RCHS Jayvee volleyball team members for 2003 are, front row, from left: Tressie Robinson, Jessica Robinson, Kayla Bryant, Victoria Clontz and Ashley Bell. Back row: Coach Bill Yarnell, Rose Prewitt, Danielle Arnold, Lighthouse Caldwell, Allie Mink, Megan Anderkin, Holly Kidwell, Heather Hopkins, Jennifer Kidwell and Jill Owens.



Members of this year's Rockcastle County High School freshman team are shown in the above photo. They are, front, from left: Jill Owens, Head Coach Larry Lee; Victoria Clontz, Erika McKinney, Ashley Cash, Laura DeKauwe, freshman and Jayvee coach Bill Yarnell and Kayla Bishop. Not present when photo was taken were: Meredith Robinson, Kayla Stewart and Holly Barnett.

Saddle Club's annual benefit ride this Saturday

The Rockcastle County Saddle Club will host its annual benefit ride this Saturday, August 23 at the Red Hill Horse Camp, beginning at 9:30 a.m.

The camp is located 4 1/2 miles from Livingston on Hwy. 1955. This year's proceeds will benefit Hospice Care. Hospice Care offers support, hope, care and dignity to terminal patients and their families in Estill, Jackson, Lee, Owsley, Madison and Rockcastle Counties.

The \$10 registration fee includes a home-cooked meal following the ride. Other activities include an auction and unglamorous contest. Trophies will be awarded to the youngest and oldest trail riders as well as the person with the most sponsor money.

More information and sponsor sheets are available by contacting Gene Philbeck at 758-4706.

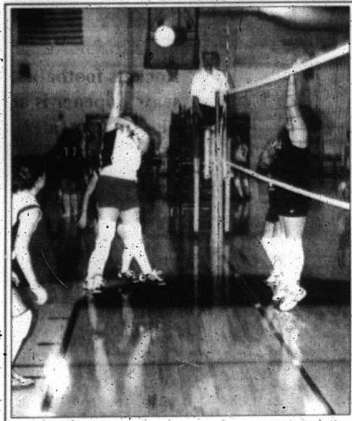
On that day, 20% of all sales (dine-in, carry-out and delivery) will be donated to the RCHS cheerleaders.

Cheerleaders will wait tables from 6 to 10 p.m. Thursday night and receive all tips during this time. Come out to Pizza Hut, show your support and enjoy a good meal.

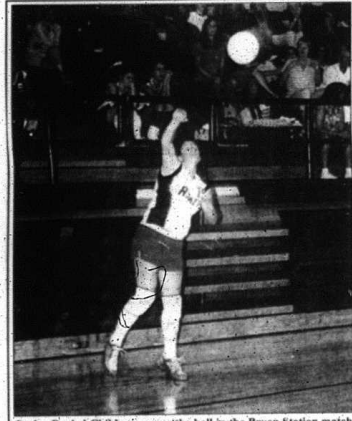
Everyone is invited. This year's proceeds will benefit Hospice Care. Hospice Care offers support, hope, care and dignity to terminal patients and their families in Estill, Jackson, Lee, Owsley, Madison and Rockcastle Counties.

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More information and sponsor sheets are available by contacting Gene Philbeck at 758-4706.



Senior Jessie Riddle goes high for a "kill" against Bryan Station Friday night at the Woodford County Invitational. The Rockets won the match against the Lady Defenders.



Senior Rachel Childress serves the ball in the Bryan Station match Friday night at Woodford County. Besides Bryan Station, the Rockets met Bellevue, Shelby Co. and Calvary Christian in the tourney.

RCHS Golf team wins own invitational; plays in two others

Submitted by Brent Asher
The Rockcastle County Golf Team has already played in three tournaments this year - the Franklin County Invitational, The Rockcastle County Invitational and The Estill County Invitational.

After finishing 14th out of 31 teams overall in the Franklin Co. Invitational, Head Coach Jessie Mahaffey complimented his team by saying, "We might be a little young at we are still competitive." At Franklin Co., Ronnie Lee McClure finished the best individually for the Rockets, 4th out of 125 golfers with a score of 75. Aaron Cash and Jordan Cash both finished with 81. Brent Clontz had an 85 and Matthew Silcox shot 88.

After the upsetting performance at Franklin County, the Rockets pushed their sleeves up and went to work practicing for their home tournament on August 9th. The Rockets found their success to winning by upsetting South Laurel and Newport Central Catholic and winning their own invitational.

There were seven other teams in the tournament, including: South Western Pulaski, Lincoln, Casey, St. Henry, Palaski, Madison Southern and Harboursville. The Rockets and South Laurel finished the round tied with a total score of 330 each. The team put together a narrow win at their home tournament over South

Laurel in a sudden death match on the first hole. During the sudden death, South Laurel had a combined score of 34 strokes while Rocket players, Silcox, J. Cash and McClure made hope 5, following by Clontz with 6 and a 4 par 4 and A. Cash, coming in with the win, making a birdie 3 to give the Rockets a combined score of 22 and beating the South Laurel team by two strokes.

The Rockets then pushed on to their next tournament, the Estill County Invitational on August 16, hoping to muster up a possible win or at least a good showing. The Rockcastle did make a nice showing, finishing the tournament with a combined score of 320, which put them finished 6th out of 17 teams. Jordan Cash, a 7th grader, at RCMC, finished second out of 100 golfers in individual competition with a score of 72. Cash also finished first individually for the Rockets. J. Cash had Clontz both shot 82, followed by McClure with an 84. Nick Williams had an 86 and Silcox an 87.

The Rockets will travel to Eagles Nest Thursday to challenge Somerset. When the Rockets have a home match, all parents and spectators are welcome to attend. The cost is free and it's entertaining for the whole family. Come on out and show support for the Rockets. Go Rockets!

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CLOSING

McClure's Electronics in Mt. Vernon is closing due to illness.

Please pick up all items by September 10th.

Not responsible for items left after Sept. 10th. Open Mon.-Thurs., 9 to 3, until Sept. 10th.

Call 256-4366 for more information

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Mount Vernon Signal

Second Section

Thursday, August 21, 2003



33rd Wedding Anniversary

Happy 33rd anniversary. Congratulations on your anniversary. Keep hangin' in there. We love y'all - Melony, Jason, Jason Jonathan

Social News



Hamilton - McFerron

Ralph and Connie Hamilton and Floyd and Loretta McFerron would like to announce the forthcoming marriage of their children, Misty Hamilton and Estel McFerron. The ceremony will be held at the McNew Chapel on Cove Branch Rd. on Saturday, August 30th at 12 noon. All friends and family are invited.



McFerron - McClure

The parents of Tricia Jean McFerron and Jamie Ellis McClure would like to announce the forthcoming marriage of their children. Tricia is the daughter of Robert and Rhonda McFerron and Mt. Vernon and Sheila McFerron of Cincinnati. Jamie is the son of Ellis McClure and the late Janet McClure of Broadhead.

The two will wed on Saturday, September 6th at 12 noon at the home of Robert and Rhonda McFerron on Hwy. 1326 in Mt. Vernon. Reception will immediately follow. All friends and family are invited to attend the blessed event.

Rockcastle Community Bulletin Board
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Farmers Market Opens

The Rockcastle Farmers Market is now open on Saturdays at Renfro Valley from 8 a.m. to 7 and on Wednesdays at Broadhead from 8 a.m. to 7. We coupons are accepted.

Notice

The regular meeting of the Mt. Vernon City Council, scheduled for Monday, September 1, 2003 will be held Monday, September 8 due to the Labor Day holiday.

Diabetics Support Group
The Diabetic Support Group will meet Monday, August 18 at 6 p.m. in the basement of the Cumberland Valley Home Health Bldg. in the Industrial Park. Dr. Karen Saylor will be speaking on the endocrine system. Come and learn more about this disease.

Republican Club Note
The Rockcastle County Republican Club will meet monthly, beginning in September, on the first Tuesday night of each month at Kastle Inn Restaurant at 7 p.m.

Holiday Lightbulb Ornaments
A holiday lightbulb ornaments class will be taught at the extension office on August 22, beginning at 9 a.m. The class is free. Make a Santa, Reindeer, Grinch and Penguin. Call 256-2403 for a list of supplies.

Bookmobile Schedule
Mon., Aug. 25: Orlando, Maple Grove, Climax, Three Links
Tue., Aug. 26: Spito, Level Green and Willilla.
Wed., Aug. 27: No schedule.

Broadhead City Hall Note
Until further notice, Broadhead City Hall will be open irregular hours because of illness. Call 758-8635 to see if anyone is there or you can still pay bills by mail or by using the drop slot.

DBDC Meeting
The quarterly board meeting of Daniel Boone Development Council, Inc. is scheduled for Tuesday, August 26 at 6 p.m. at the Laurel County Courthouse in the Community Room. The public is invited.

Meeting of Home Educators
The Appalachian Foothills Christian Home Educators meet the third Monday of each month at the Day residence in Broadhead from 10:30 to 2 p.m. For more information, call 256-0108 or e-mail petmon49@yahoo.com

Retired Teachers Meeting
The Rockcastle Co. Retired Teachers will meet at 6 p.m. at Kastle Inn Restaurant on Monday, August 25.

Farm Bureau Annual Meeting
The annual meeting of the Rockcastle County Farm Bureau will be September 19 at Roundstone Elementary School. Dinner and entertainment will be from 6 to 7 p.m. with a meeting following at 7 p.m. All members are encouraged to attend.

Portrait Fundraiser
The Brindle Ridge Volunteer Fire Department is having a portrait fundraiser. Anyone who contributes \$10 or more will receive an 8x10 family portrait. Pictures will be taken September 26-28 at the fire department. Thank you for your continued support.

Ruritan Fish Fry
The Cartersville Ruritan Club will hold a fish fry, all you can eat, on Saturday, August 23 from 4 to 8 p.m. The price is \$6 for adults and \$3 for children. The fish fry is being held at the park, located on Harmons Lick Road, 1/4 mile off Hwy. 954. Rain cancels. Everyone welcome.

GED on Computer
CAP Adult Learning Center is offering a program for you to study online, using your computer or the center's. Choose your own time. We can teach you to use the computer. FREE! For more info, call Janet at 256-5307.

Alcoholics Anonymous
Alcoholics Anonymous meets Tuesday nights at 8 p.m. behind Our Lady of Mt. Vernon Church on Williams St. in Mt. Vernon. For more info, call 256-2129.

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Sliced Peaches
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News from the Rockcastle County Courthouse

Circuit Civil Suits

Whitaker Bank vs. Bonita Kendrick, \$23,561.19 plus claimed due, CI-00196.
Shonda Singleton vs. Randy Singleton, petition for dissolution of marriage, CI-00197.
Dennis B. Abbott, application for approval of sale, CI-00198.
Regina Morgan vs. Eddie Morgan, petition for dissolution of marriage, CI-00199.

District Civil Suits

Valley View Apartments vs. Mary Whit, forcible detainer complaint, C-00083.
Valley View Apartments vs. Gini Payne, forcible detainer complaint, C-00084.
Asset Acceptance Corp. vs. Steve Haling, \$937.88 plus claimed due, C-00085.

David Green and Associates, Inc. vs. Jeffrey S. Coultrip, \$1,404.07 plus claimed due, C-00086.

Deeds Recorded

Jamie's Ray and Barbara S. Reynolds, real property located in Rockcastle County, to Brian Coffey, Tax \$40.00.
Paula Curry, executrix of the estate of Paul L. Childers, real property located in Mt. Vernon, to Doug Rowe, Jr. Tax \$35.00.
Glen and Cora Sowder, real property located in Cedar Heights Subdiv., to David and Diana Overby, Tax \$40.00.
Jerry Austin, real property located in Rockcastle County, to Brian Keith and Jessica Renee Hall, Tax \$79.50.
Ronnie and June Smith, real property located in Ottawa, to Larry Smith, Tax \$6.50.
United States Marshal John Schickel and Greta Thompson, real property located in Rockcastle County, to C.C. and Mary Ponder, No tax.

John Boone and Karen Saylor, real property located in Mt. Vernon, to Rockcastle Hospital and Respiratory Care Center, Inc. Tax \$85.00.
James M. Gibson, real property located in Rockcastle County, to Roger Harold and Joann McFerron, Tax \$70.00.
United States Marshal John Schickel and Greta Thompson, real property located in Rockcastle County, to Mitchell and Anna J. Prater, No tax.

Charles David and Barbara McFerron, real property located on Poplar St. in Mt. Vernon, to Doug Rowe, Jr. and Jim Wolfe, Tax \$34.00.
Keith and Patricia Kincer, real property located in Rockcastle County, to Pauline Kincer Tackler, No tax.

Clyde A. and Nellie K. Colser, real property located in Rockcastle County, to David G. Colson, No tax.
Kenneth H. and Reita Hopkins and Tony and Donna Hopkins, real property located in Rockcastle County, to Kenneth S. Hopkins, No tax.

Claire Trenton White, real property located in Rockcastle County, to Donald and Sylvia Diann Rogers, Tax \$11.00.

Dick C. and Judy C. Howell, real property located in Quail, to Ray and Norma Zeilman, No tax.

William Glivens, real property located in Rockcastle County, to Charles and Tracy Lee, Tax \$79.00.

Edward and Christine Baker, real property located in Rockcastle County, to Christopher Wayne Baker and Ronna Dee McClure, Tax \$70.00.

David M. and Jayne L. Abney real property located in Rockcastle County, to Green Pond Ridge Farm, L.L.C. Tax \$20.00.

Marriage Licenses

Debbie Jane Creech, 40, Lancaster, unemployed and Chester Allen A. Hensley, 40, Crab Orchard, unemployed, 8/14/03.
Lisa Marie Rose, 19, Mt. Vernon, unemployed and Jason Deswayne Duncan, 23, Mt. Vernon, American Greetings, 8/11/03.
Christy Michelle Ramsey, 31, Rt. 6, Mt. Vernon, Wal-Mart and Howard Jason Bartlett, 30, Rt. 6, Mt. Vernon, True Value Hardware, 8/11/03.

District Court

Hon. Walter E. Maguire August 6, 2003

Candice F. Allen, Alcohol intoxication, \$50 and costs; Contempt of court, \$50 fine and 30 days to serve; 5/credit 2 days served.
Rodney Bowling, Operating on suspended license, \$100 and costs and 10 days to serve; 2/balance conditionally discharged one year.
Gary Anthony Green, Use/Possession drug paraphernalia, \$100 and costs and 10 days/conditionally discharged/confiscate and destroy contraband; Contempt, \$50 fine and 10 days to serve.

William Renner, Harassing communications, 30 days concurrent/conditionally discharged one year.
Terroristic Threatening, 30 days to serve 10/balance conditionally discharged; Alcohol intoxication, 10 days concurrent; Disorderly conduct, 30 days consecutive to serve 10.
Spending: Perry Adlerley, paid \$130.50 total fine and costs; Paul A. Davino, paid \$128.50 total fine and costs; Glenn R. Johnson, state traffic school authorized; Matthew C. Whitaker, \$18 and costs; Barry Dean Whitehurst, license suspended for failure to appear.

Joseph Raymond Beaudin: Fines due (\$125.50), warrant issued.

Alison L. Birney-Davis: Fines due (\$240.50), warrant issued.

Mark Bond: Fines due (\$177, \$43, 10, \$83.74), 30 days/each court consecutive/in full 10/22/03 or begin service.

Bentley Collins: Fines due (\$120.50), warrant issued/conditionally suspended.

Crystal G. Cotton: Fines due (\$546.50), in full 12/10/03 or serve 24 days.

Steve D. Cox: Fines due (\$185), 30 days or payment by 12/10/03.

Steven T. Haling: Fines due (\$120.50 and \$160.50), warrant issued.

Russell K. Horner: Fines due (\$800.50), warrant issued/conditionally suspended.

Jeffery C. Howard: Violation KY EPO, warrant issued for failure to appear.

Leonard Jones: Fines due

(\$100.50), warrant issued/conditionally suspended.

Barbara D. Lovell: Fines due (\$150.50), warrant issued.

Kenneth McCowen: Violation KY EPO and other charges, warrant issued for failure to appear.

Chris Sagraves: Fines due (\$150.50), warrant issued/conditionally suspended.

Candice R. Siler: Fines due (\$193.50), warrant issued/conditionally suspended.

Barbara S. Thomas: Fines due (\$87.35), warrant issued/conditionally suspended.

Candace N. Smith, Speeding and Seat Belt Anchors, license suspended for failure to appear.

Joey Chattle: Alcohol intoxication, \$50 and costs/fine suspended.

Russell Denny: Alcohol intoxication, \$50 and costs/fine suspended.

August 7, 2003
Jason C. Cummins: Operating on suspended license, \$50 fine and 10 days/conditionally discharged, obstructed windshield, \$20 and costs/fine suspended.

Kelvin Darnell: Fines due (\$262.85), five days in jail or payment.

Joe M. Franks: Alcohol intoxication, \$50 and costs/warrant issued for failure to appear.

William H. Renner: Disorderly conduct, 20 days concurrent.

Chris Spontaneous: Fines due (\$220.50, 60 days).

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Line Creek Section of Pulaski County

Directions: From Somerset, take East Hwy 80 just past mile marker 34 and turn onto Hawk Road, Follow Hawk Road approximately 1.3 miles and turn right onto Public Road. Proceed 1.9/10 miles on Upper Line Creek. Proceed 2 1/2 miles to Tract #2 and proceed 6/10 miles beyond to Tract #1. Or turn off Hwy 461 onto Plato-Vanhook Road and proceed approximately 5 miles to the auction. Auction signs are posted.

Due to other business interests, Ms. Harris has authorized our firm to offer this property for the absolute high dollar.

Tract #1 consists of 43.64 acres, by survey, and has approximately 1,450 feet of frontage along the Line Creek Road. This tract has a good stand of **mixed hardwood timber**. It also offers several sites for building or mobile homes.

Tract #2 is to be sold from the site of Tract #1.

Tract #2 consists of 14 acres, more or less, by the boundary. It also has **mixed timber** and fronts the Line Creek Road.

Note: The timber will be offered separately from the land on each of the tracts and then combined, selling in whatever manner reflects the best return for the seller. The tracts themselves will not be combined, as they are not contiguous tracts.

AUCTIONEER'S NOTE: If you are looking for a good boundary of timber, a place with privacy, hunting retreat, or an investment opportunity, you will want to be sure and mark your calendar now to attend this absolute auction on Saturday, August 23, 2003 at 10:30 a.m.

TERMS: 20% down the day of the auction with the balance due on or before 30 days with delivery of the deed.

Auctioneer/Broker/Seller Disclaimer: There will be a 10% buyer's premium added to the last bid on all personal property items to determine the final sales price.

Auctioneer/Broker/Seller Disclaimer: The information contained herein is believed to be correct to the best of the auctioneer's knowledge. The information is being furnished for the bidder's convenience and it is the responsibility of the bidder to determine the information contained herein is accurate and complete. The property is being sold in its "as is" condition. No warranties expressed or implied.

For additional information, plan of Tract #1, or appointment to see the property contact Ford Brothers, Inc. Auctioneer & Realtors

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Change Your Life! Put down-owners' roots for only \$45,900. This doublewide features 3 bedrooms, 2 baths, living/dining combo, and kitchen. Plus there's a deck, central air, electric heat, some appliances and wall to wall carpet to name a few amenities. Conveniently located between Mt. Vernon and Somerset in the newly developed Sunnyside Estates. Reach out and touch an opportunity! M1627



Every Now and Then a deal comes along that you just can't refuse! Doublewide and 1/2 acre lot, located in the Sunnyside Estates Subdivision, just off Hwy. 461 in Rockcastle State. This home features 3 bedrooms, 2 baths, living room, dining/kitchen combo with dishwasher and utility room. Priced at \$49,900. See for yourself! M1709



58 Acre Spread Near Brodhead. This 58-acre tract m/l is approx. 1/2 wooded and 1/2 wooded. Features a wood-sided home with living/dining/kitchen, garage, 2 bedrooms, bath and utility room. This tract are a barn, corn crib, garage, 3 ponds and 12 trees. An electric fence encloses the boundary of this property. Located in the Bryant Ridge section of Brodhead and priced at \$92,000. M1727



Too Cute! Located on Hwy. 1250 near Brodhead, this aluminum sided home features living room, kitchen, dining room, bedroom, bathroom, utility room. In addition, the home offers two fuel oil stoves and 220 volt electric. Situated on one acre, more or less. M1745



Don't Kick Yourself Later - Price Dropped \$4000. Come out now and see what value is all about in this vinyl sided country home. The home is situated on a nice 1 acre lot on Highway 1249 with city water and ample space for a garden. The home offers living room, kitchen/dining combination, 3 bedrooms, a bath and metal roof plus the comfort of a heat pump and central air. And that's spot all - all this for only \$36,000. You'll be glad you called! M1723



Super-Deal for Super-Family! Come to Sunset Place Subdivision. This 3 bedroom, 2 bath home also offers central heat and air, wall to wall carpet, kitchen appliances and so much more. Plus, it's now reduced to only \$84,900. Call superfast for your appointment. M1662



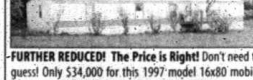
REDUCED! Pure 'n Simple! Straight talk says this nice brick home is plainly an exceptional buy. **Reduced to only \$95,000.** The home has layout of 3 bedrooms, 2 baths, living room, dining room, kitchen, breakfast nook and utility room. There is also a full basement with rec room and workshop plus a 1 car attached garage and 2 car detached. The spacious fenced back yard and landscaping is sure to please. Call for your appointment today! M1618



A Great Getaway! or a full time residence, right here in this wood-sided one story home, located in the Copper Creek Section. Features bedroom, bath, living room, dining/kitchen w/oven range and utility room. This home is unfinished and has a front porch as well as a cistern and city water is available. Priced at \$35,000. M1749



Paul Hagler Road! 70 acres m/l, 4 bedroom home, 2 barns and storage buildings. Doublewide mobile home on the site. The home features living room, dining room, kitchen, 2 bedrooms, 2 baths (one w/utility and separate room, porch, and rear deck. There are 2 barns on the property measuring 64x120 and 40x64. M1730



FURTHER REDUCED! The Price is Right! Don't miss your chance! Only \$34,000 for this 1997 model 16x80 mobile home. The home features living room, dining room, kitchen, utility plus central heat, and kitchen appliances. Situated on nearly an acre located on the Philadelphia Church Road, Brodhead. To see it for yourself, call today! M1591



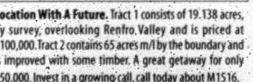
Life's Too Short! Not to have a pool! Enjoy yours in this nice 3 bedroom home, located on Squaremore Street in Brodhead. The home has 1,200 square feet with living room, dining/kitchen, 1 1/2 baths, utility room and a one-car attached garage plus an aboveground pool and deck. Can't find more for less! Only \$65,000. M1756



Don't Delay in Seeing the Opportunity Here! Conveniently located between Mt. Vernon and Berea on US 25, this package includes: three-bay garage building, three racks, all inventory and equipment and city water. Timing's on your side if you act now! \$110,000. M1679



S.O.S. "Someone Ought-A-See" this inviting 3 bedroom, 1 1/2 bath vinyl-sided home before it's too late! Conveniently located on Crawford Lane in Mt. Vernon, added features include: a basement w/utility room, thermopane windows, electric heat pump, hardwood floors, central air, city water and sewer and lots more! There's also a one-car detached garage. \$72,900. Call to "see-o-see" today! M1757



Location With A Future. Tract 1 consists of 19.138 acres, by survey, overlooking Renfro Valley and is priced at \$100,000. Tract 2 contains 65 acres m/l by the boundary and is improved with some timber. A great getaway for only \$50,000. Invest in a growing call, call today at M1516.

LOTS

The All New Prestigious Castle Ridge Subdivision - This new development offers 60+ lots, restricted for your protection. Panoramic views, call underground utilities, blacktop streets. These lots range in size from 0.34 acres to 1.11 acres and are priced between \$15,000 and \$22,900. Call today for details. M1625



A Kiss of Class smack dab in a country setting! This nearly new one story brick home has living room, dining room, kitchen w/appliances, 3 bedrooms, 2 baths and utility room. Also has heat pump/central air, thermopane tilt windows and attached carport. Situated on 2.3 fenced acres and located on Poplar Grove Road. Priced at \$110,000. Call today for your appointment to see M1751.



In the Country and Accommodating! This one story brick home has a full basement and also has living room w/utility, dining room, kitchen with 4 skylights, dishwasher, central air, electric heat, central air, refrigerator, washer & dryer included. Further improved with a one car garage and situated on 4 1/2 acres m/l on SR 1004. Call now to see what comfort in the country can be! M1735



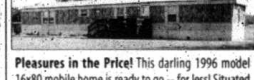
A Price Worth Puffing!...arr this 1998 model electric doublewide home! This comfortable home features living room, dining/kitchen combination, 3 bedrooms, 2 baths and utility plus electric heat and central air. Also has a front porch and back deck. Situated on 84,700 acre just off SR 2549. Looks good all the way around! Priced at just \$44,900. M1721



When Nature Speaks... everyone on the nice wrap-around on 25 sprawling acres, there is plenty of yard and privacy. Located in the Orlando section, this property is also improved with a garage, two storage buildings, and a stocked pond. Think of what you're missing and give us a call now. Priced at \$106,000. M1653



Reduced! Make It Easy on Yourself! Easy to buy, easy to maintain, easy to love! Efficient oil fired hot water heating system and a new metal roof means more time to enjoy this home and less time improving! Features living room with fireplace, dining/kitchen, 3 bedrooms, bath and utility. Also has both front and back porches and a 24x30 storage building. Reduced to \$69,500. Call for your appointment to see M1691.



Pleasures in the Price! This darling 1996 model 16x80 mobile home is ready to go - for less! Situated on a nice lot on Maple Grove Road in the Orlando section, it features 3 bedrooms, 2 baths, living room, dining/kitchen combo w/dining table, chairs & cupboards, plus utility room. Has all the comfort of central heat and air. Priced to sell at \$33,900. M1736



Picky! Picky! Picky! You should be! This spotless 2000 model home really measures up! This features a spacious floor plan of 3 bedrooms, 2.5 baths, dining room, eat-in kitchen, great room, walk-in closet, skylight, front porch, side deck and a two-car attached garage. It's situated on 2 acres +/- in a wooded setting and improved with an utility building. Call before the reduced price of \$85,000 sells this one and you'll be glad you did. \$84.



Bless Road! This 294 acre tract (m/l) is approx. 1/2 cleared and 1/2 wooded. It features a 2 bedroom mobile home, 2.5 baths and utility and full basement. Call for your appointment to see M1731

FUTURE AUCTIONS

Twilight Absolute Auction of Ms. Wilma Adams
 Personal Property - Fri, Aug. 22, 2003 at 6 p.m.
 205 Reams Street, London, Ky

Auction of Mrs. Charlotte Hayes
 Doublewide Mobile Home & Lot
 Fri, Aug. 22 @ 6:30 p.m. - 8 Bullock Subdv, Mt. Vernon

Absolute Auction of Ms. LaDonna Harris
 Tract #1 43 Acres & Timber - Tract #2 14 Acres & Timber
 Sat, Aug. 23 @ 10:30 p.m.
 Line Creek Section of Pulaski County Ky

Absolute Auction of Laurel Bargo Vaults
 House, Barn and Approx. 14 Acre
 Sat, Aug. 23 at 1:30 p.m.

U.S. 25 between London and Corbin
Auction of Mr. and Mrs. Rainey Well's
 House & 7 1/2 Acres - Farm Mach. & Pers. Prop.
 Sat, Aug. 30 @ 10:30 a.m. - Colner of Hwy. 1721 & Floyd
 Switch Estersburg Rd., Eubank

Auction of Louise's Horist
 Commercial Property - Furniture, Personal Property, Accessory, Floral Arrangements and Personal Property
 Friday, September 6, 2003 - 10:30 a.m.
 Near Levi Jackson St. Park - London

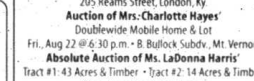
Auction of Elmer Gray's Commercial Property
 (Consisting of: Modular Home, Go-Cart Race Track and Go-Carts - 18 Hole Miniature Golf Course, Arcady Building and Two Storage Units - Sat, Sept. 6, 2003 - 10:30 a.m.
 Near Levi Jackson St. Park, London, Ky.

Absolute Estate Auction of the Late Mr. Earl Nee's
 House & Lot - Sat, Sept. 6, 2003 at 1:30 p.m.
 Crawford Street, Mt. Vernon, Ky.

Visit us at www.fordbrothersinc.com for more Future Auctions



REDUCED! Cure the House-Hunting Blues! Come see the exception to all the rest! Located in the Hunter Ridge Subdivision, this home features living room, dining room, kitchen, 3 baths and utility room. This home has a one-ground pool just off the large back deck! Additional features like new heat pump, new paint, carpet & tile make this house irresistible! M1715



SALE PENDING



Coming Home's Nicer At This Price! This darling 3 bedroom, 2 bath home, located on Hwy. 490 in Livingston, has basement, heat pump/central air and kitchen appliances to name a few amenities. Also improved with a garage and storage building. Come on home for \$43,500. M1747

COMMERCIAL PROPERTY

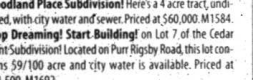


Woodland Place Subdivision! Here's a 4 acre tract, undivided, with city water and sewer. Priced at \$60,000. M1584.

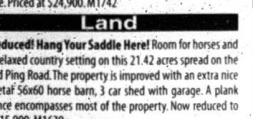
Stop Dreaming! Start Building! on Lot 7 of the Cedar Point Subdivision! Located on Purr Rigby Road, this lot contains 59/100 acre and city water is available. Priced at \$11,500. M1692

Overlooking the Lake! 2 lake lots, measuring 175x200 each with city water available. These lots are wooded and have blacktop frontage overlooking Lake Linville. Priced at \$13,900 each. M1722.

Just Listed! Don't Let the Sun Go Down! - before you take a look at this lovely lot, located on Dailey Avenue in Mt. Vernon. Contains 1.37 acres, by survey, and city water is available. Priced at \$24,900. M1742



Reduced! Hang Your Saddle Here! Room for horses and a relaxed country setting on this 21.42 acres spread on the Old Ping Road. The property is improved with an extra nice metal 56x60 horse barn, 3 car shed with garage. A plank fence encompasses most of the property. Now reduced to \$115,900. M1639



72 Acres M/L of woodland with walnut, oak and poplar timber. Located on Cove Branch Road in the Orlando section of Rockcastle County. Call for your appointment to see the timber possibilities! Priced at \$79,900. M1748

Outstanding in its Field! This over 60 acre tract is located in the Ottawa Section and offers lots of potential. Several excellent building sites or farm this nice level land. Priced at \$99,900. M1703



All Aboard! Next stop in home ownership when you call for free ticket to see this four bedroom home! Features living room, dining/kitchen combo, bath, utility room and two bedrooms on first floor, as well as two bedrooms upstairs, with fuel oil/gas heat, central air and city water. Also has a 2 car detached garage and is situated on 2 acres m/l in the Pongo/Cleft Rock section. Priced at \$65,000.

AGENTS

SAMMY L. FORD • 256-4588
DANNY R. FORD • 256-4446
DANETTA ALLEN • 256-2071
ROY E. ADAMS • 758-8400
JEFF CROMER • 355-0268

DAVID HENDERSON • 256-2034
JEFF BURDETTE • 256-3538
DALE WYTKAER • 256-4227

MARGA UMBARGER • 453-2107
HAROLD BUSTLER • 308-5901
SANDY BULLOCK • 758-8418
DEBRA C. SMITH • 256-3262
TERESA STEVENS • 758-8051
STEVIE BULLOCK • 355-2045

JROTC cadets attend camp

Cadets of the Rockcastle County High School Army JROTC attended summer camp at Wendell H. Ford Regional Training Center. They were among over 1100 cadets from Kentucky, Tennessee, Indiana and Ohio.

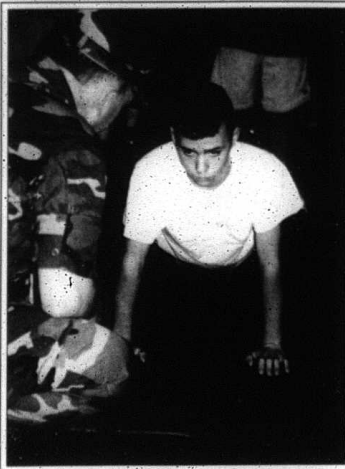
Attending from Rockcastle were: senior Cadet Major Jessica Toothman (Company Commander 2003-04) and sophomores Samuel Isaacs, Joshua Bell and Shane Foster. The cadets were part of Delta Company, 4th Platoon that consisted of JROTC cadets from the ten different high schools from four states in the region. The cadets were taught leadership skills, confidence training, team building and problem solving skills, making friends and sharing knowledge with cadets from many other programs in the region.

The cadets each held leadership positions throughout the week within their platoon. Training began at 7:30 a.m. every morning with physical training, immediately followed by chow in the dining facility (mess hall) before moving out to the day's training. The cadets lived in an open bay barracks throughout the week's stay. The training consisted of the Army Physical Fitness test (APFT), rappelling off a 45 foot tower, water survival training, rubber raft operations, an obstacle course, leadership reaction course, one-rope bridge, land navigation course, rifle marksmanship training and intramural sports competition (volleyball, basketball, tag-o-war,

horseshoes). Each day was filled with fun and competition, leaving no time for rest. A box lunch was delivered to the training sites each day and supper was served back in the mess hall around 6 p.m. Cadets also rode in M113 Armored Personnel Carriers, provided by the Kentucky National Guard. Cadets also were tasked throughout the week for details which included barracks inspections, cleaning-up at the post operations, retrieving the National Colors at retreat or assisting at the dining facility.

Cadet Sergeant Sam Isaacs received the Platoon Leadership Award, beating out over thirty cadets in his platoon. The leadership award goes to the best cadet in each platoon who display the most outstanding leadership qualities. Each cadet selected must answer numerous questions from a board of officers on military, academic and leadership subjects. On graduation, Colonel (Ret.) David Schneider awarded Cadet Isaacs his plaque ceremonies on June 7th. Congratulations to Cadet Isaacs and to all the cadets from Rockcastle who made this program proud.

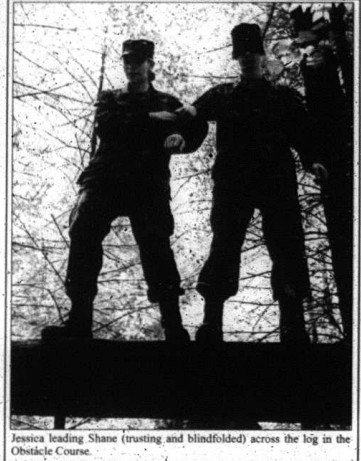
Sergeant Major Keith Taylor, Rockcastle's Senior Army Instructor, was the camp's committee chairman for Basic Rifle Marksmanship Training. He trained over 1100 cadets during his two-week stay at Wendell H. Ford Training Camp. Mrs. Jenny Taylor also accompanied the cadets from Rockcastle.



Cadet Sam Isaac doing push-ups for the APFT.



Cadets loading up for Summer Camp. From left: Josh Bell, Sam Isaacs, Jessica Toothman and Shane Foster.



Jessica leading Shane (trusting and blindfolded) across the log in the Obstacle Course.



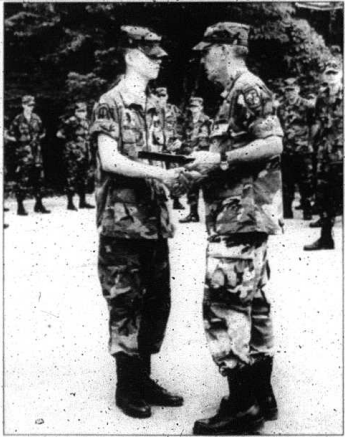
Sam Isaacs on the firing line at the Rifle Range.



Shane Foster putting all his trust with his teammates at the Confidence Course.



Josh Bell rappelling the 45 foot tower.



Cadet Sam Isaacs receiving his Platoon's Leadership Award.



Josh Bell maneuvering the litter at the Litter Obstacle Course.



Shane Foster going over the wall on the Obstacle Course.



Jessica Toothman - "Barracks Life"

Join us for Preschool Play at the Park

At the city park at 9:30
 August 27
 September 10
 September 24

A half hour of directed play sponsored by Rockcastle Co. Health Dept.

Classifieds

CLASSIFIED RATES

For Rent: 2 bedroom trailers. Ph. 256-9183. 44x4x.

For Rent: 2 Bedroom mobile home, located 1 1/2 miles from Broadhead. \$225/month, water furnished. References required. \$200 deposit. 758-8117. 45x2p.

For Rent: 4 bedroom trailer, large bath, porch. No utilities furnished. \$200/month. 5 miles south of Berea on U.S. 25. 256-8939. 45x1p.

For Rent: Broadhead 2 bedroom duplex. Castle Ridge Subdivision, Mt. Vernon. All appliances furnished. 256-8700. 41x1p.

For Rent: 3 bedroom house in Broadhead. No pets, references required. 758-4729. 36x1p.

For Rent: 2 bedroom trailer. \$200 month plus \$150 deposit. 256-9889 or 256-9228. 44x3p.

For Rent: Duplex in Broadhead. All appliances furnished. Ph. 758-3666. 23x1p.

Accepting Applications: For 2 and 3 bedroom units at Valley View Apartments. Rent based on income. Call 256-5912. Equal Housing Opportunity. TDD for hearing impaired only 1-800-247-2510. 36x1p.

For Rent: Mobile home lot in Mt. Vernon city limits. Water, sewer, KU electric, and cable available. \$130 mo. Call 256-5933. 27x1p.

For Rent

For Rent: 2 bedroom trailers. Ph. 256-9183. 44x4x.

For Rent: 2 Bedroom mobile home, located 1 1/2 miles from Broadhead. \$225/month, water furnished. References required. \$200 deposit. 758-8117. 45x2p.

For Rent: 4 bedroom trailer, large bath, porch. No utilities furnished. \$200/month. 5 miles south of Berea on U.S. 25. 256-8939. 45x1p.

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For Rent: 3 bedroom house in Broadhead. No pets, references required. 758-4729. 36x1p.

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For Rent: 4 bedroom trailer, large bath, porch. No utilities furnished. \$200/month. 5 miles south of Berea on U.S. 25. 256-8939. 45x1p.

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For Rent: 2 Bedroom mobile home, located 1 1/2 miles from Broadhead. \$225/month, water furnished. References required. \$200 deposit. 758-8117. 45x2p.

For Rent: 4 bedroom trailer, large bath, porch. No utilities furnished. \$200/month. 5 miles south of Berea on U.S. 25. 256-8939. 45x1p.

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Prudential

Dan Foster REALTORS®

Don Foster Real Estate Broker 986-8401

Paul Mallico, GRI 986-1250
Lloyd Cain, Appraiser 256-2818
Al White 986-2558

711 Chestnut St. • Berea • 859-986-8401
1-800-998-2063 fax 986-6173

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small prudentialhome.com • web page: www.danfosterrealty.com

C. VALLEY RD. 28.25 acre. Wooded land is very secluded at the end of a blacktop rd. Utilities are at the property. Several home sites available with a view of the mountains. (Country services are \$3 price. MS0290)

BEREA. We have many nice homes listed in Berea. Call one of the above agents for a showing.

SUE JOHNSON RD. 7 acres more or less with land of privacy. Several homesites. Utilities are at the road. \$15,900. MS10295.

SUE JOHNSON RD. 2 acre income or less. Land is sloping. Utilities are at road. \$15,900. MS10296.

SUE JOHNSON RD. 1.5 acre land to be developed. Utilities are at road. \$10,500. MS10297.

JOE L. JOHNSON RD. 2 wooded 2 acre tract. Utilities are at the road. Road frontage on Sue Johnson Rd. \$14,900. MS110612

TERESA LANE. 1.2 acre lot with utilities at the road. Lot fronts both Teresa Lane and Sue Johnson Rd. \$15,900. MS11994

REDUCED 126 DOGWOOD CIRCLE. Berea 1.65 acre lot. Country living yet close to town. Beautiful brick ranch 3 or 4 bedrooms. 3 bath. living room, large great room with stone fireplace w/insert, dining area with fireplace. Gas furnace, central air and heat pump. New pool. Large 4 car garage with unfinished 1st floor. 4 year old. 4000 sq ft. Call me for more info. MS12317

270 LINVILLE RD. - 4 bedrooms. 3 bath brick home w/ finished on 3 acres with lot of trees. It is 1/2 mile from the main rd. 1.75. Nearly new carpet, paint, wood & bath floors. New furnace, large master and a covered back porch. Priced at \$129,900.

REDUCED OTTAWA (HOCKCASTLE CO.) 28.7 ACRE FARM - Approx. 8 miles from S. of Berea/Valley Springs. 33 acres open land, 4000 sq ft. and small stream for stock water. Approx. 5/8 ac. road frontage. City water and sewer. SOLD by in barn. Well maintained with time and fertilizer. Soil was available. Reduced price. Call me for more info. MS12318

PLEASANT VIEW. Secluded, wooded 7.2 acre tract with overall home site. Mobile home site. Mobile homes allowed. Utilities are available. \$10,500. MS12317

197W. 156 BROADHEAD - 3 acres. Very desirable property for building of a home or could be divided to build home for sale. Very good property for many types of commercial Bldgs. or Storage Bldg. City water and sewer. Partially fenced. Call Lloyd Cain 256-2818.

147 BUFFALO HOLLOW RD. Newly rehabbed home with top plumbing. Ceramic tile, carpet w/linoleum. Lots of new cabinets. Possible 1st bedroom or office. Level yard is completely fenced. Central heat and air. 2 bedrooms. 1 bath. \$75,000. MS112507

1181 US 25 SOUTH MT. VERNON - 23 acres plus level paces. Minimum front. Property has 1,500 ft. of road frontage on US 25. Back boundary is CSK Railroad. Roundhouse Creek runs back back part. For sale. \$18,000. MS12303

BENTON BULLOCK SUBD. (Mt. Vernon) - 3 bedrooms, 2 bath doublewide. Covered 8x16 concrete porch. Storage building, deck and patio. \$94,900.

NEW LISTING - If you're looking for a large, well built and small stream for stock water. Approx. 5/8 ac. road frontage. City water and sewer. Partially fenced. Call Lloyd Cain 256-2818.

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House For Sale

Minutes from I-75, Mt. Vernon and Lake Linville. 1,700 sq. ft. house with attached 2 car garage. Includes living room, study, dining/kitchen, combo w/kitchen appliances, 4 bedrooms (3 with walk-in closets), 2 baths, large 2 level deck situated on 2 wooded lots in Rainbow Ridge Subdivision. Alarm system, ceramic tile, crown molding and many extras.

Priced at \$135,000. 256-9029.

French Properties

265 Woodland Place

Home has 3 bedrooms, single bath, full basement, drive-in garage, extra nice wooded lot; 7.5% Owner will help with closing costs and possible 100% financing available to qualified buyers.

859-304-1949 or 859-792-1949

Property For Sale

For Sale: 11 acres, Hancock East Road. Call 204-732-7383. 43x2p.

For Sale by Owner: Brick house in Mareburg Evergreen Estates. Utility room, 3 bedrooms, 2 baths, living room, large dining room, large kitchen, large level lot, 12x16 storage building on permanent foundation lots of hardwood flooring. Serious inquiries only. 606-256-2044. 42x4

Building Lots For Sale: Approx. 1 acre on old 461, conveniently located to town and I-75. Paved street utility water available and scenic view. Will sell all for \$10,000 or will consider dividing. Call 859-986-2918. 42x1p

Farm For Sale: Has doublewide mobile home on 53 acres, +/- located in Rockcastle and Pulaski Counties. Mobile home has 3 bedrooms, 2 baths, living room w/fireplace, kitchen and utility room. 7710 mile road frontage w/utility water. 738-4115 or 256-9867. 40x1p

For Sale: 1/2 Acre Lots. Approx. 17.8 mile onto Negro Creek Road. Off to Hwy. 150, town and school. Asking \$5,000. Land contracts available. Call 256-8237 anytime. 44x4

Restricted Lots For Sale: 1/2 to 2 1/2 acres. 3 miles from Mt. Vernon. Priced from \$7,500 to \$12,000. Call 179-1339 or 758-0100. 40x1p

For Sale by Owner: 3 Bedroom, 2 Baths, living room, dining room, kitchen. Home on 1/2 acre east of Richmond Street in Mt. Vernon with 2 car garage. Call 606-561-0778. \$55,000. 39x1p

For Sale by Owner: House and Lot, 3-4 bedrooms, 2 baths, Whirlpool tub, spiral staircase, fireplace, utility, extra room, 2 storage bldgs., Black top drive, chain link fence. Less than 1 mile to lake. 758-0090, for more info. 39x1p

Property For Sale: 1993 3 bedroom, 2 bath, kitchen, utility room, living room, dining room plus four room house with bath both on about 9 acres of land on Freedom School Road. \$59,500. 256-4689. 44x8

Property For Sale

For Sale: Mower/ATV trailer. 480-400x tires, 6 1/2 feet long, 58 1/2 inches wide, 12" rails. \$300. 2156-3658. 43x3p

For Sale or Trade in Cattle: 3 year old Roan mare, work and ride. Also have for sale new horse drawn wagon. 256-2972 after 9 p.m. 45x2

For Sale: Jack Russell pups. Call 256-5275. 45x3

Wolf Hybrid Cub For Sale: Female, 6 months old. Check out http://thewolfpack3.tripod.com/ Mother and father on premises. \$150. Call 256-1016. 45x4

Farm & Supplies Equipment. Hoop structures for hay storage, 40x12, \$3,500. 270-692-6730. 43x1p

For Sale: Pit Bull Terrier pups. ADBA registered. Proof of registry and pedigree. 606-758-9297. Ask for Bob or leave message. 43x3

Case Knives. Large selection Napier Bros., 35 Public Square, Lancaster, Ky. 23x1p

For Sale: Cemetery lots, Westview Cemetery, Mt. Vernon. Call 256-5648. 31x1p

For Sale: Carhart stonewash denim jeans, relax or regular fit. \$26.50. Carhart blue denim biker overalls \$18.00. Large selection of Carhart rugged and casual wear. Napier Brothers Clothing Store, 35 Public Square, Lancaster. 792-2335. 18x1p

For Sale: Work boots and shoes. Redwing, Rocky, Wolverine and Doc Martin. Napier Bros. Clothing Store, 35 Public Square, Lancaster. 792-2335. 18x1p

For Sale: 6 pc. children's oak bedroom suite (twin bed). Excellent condition. Serious inquiries only. call 256-4804. 45x2

For Sale: English coonhounds, two males. 8 months old. DBL-TAPP pedigree. 859-272-1202 or 859-338-4396. 45x1

Property For Sale

For Sale: 11 acres, Hancock East Road. Call 204-732-7383. 43x2p.

For Sale by Owner: Brick house in Mareburg Evergreen Estates. Utility room, 3 bedrooms, 2 baths, living room, large dining room, large kitchen, large level lot, 12x16 storage building on permanent foundation lots of hardwood flooring. Serious inquiries only. 606-256-2044. 42x4

Building Lots For Sale: Approx. 1 acre on old 461, conveniently located to town and I-75. Paved street utility water available and scenic view. Will sell all for \$10,000 or will consider dividing. Call 859-986-2918. 42x1p

Farm For Sale: Has doublewide mobile home on 53 acres, +/- located in Rockcastle and Pulaski Counties. Mobile home has 3 bedrooms, 2 baths, living room w/fireplace, kitchen and utility room. 7710 mile road frontage w/utility water. 738-4115 or 256-9867. 40x1p

For Sale: 1/2 Acre Lots. Approx. 17.8 mile onto Negro Creek Road. Off to Hwy. 150, town and school. Asking \$5,000. Land contracts available. Call 256-8237 anytime. 44x4

Restricted Lots For Sale: 1/2 to 2 1/2 acres. 3 miles from Mt. Vernon. Priced from \$7,500 to \$12,000. Call 179-1339 or 758-0100. 40x1p

For Sale by Owner: 3 Bedroom, 2 Baths, living room, dining room, kitchen. Home on 1/2 acre east of Richmond Street in Mt. Vernon with 2 car garage. Call 606-561-0778. \$55,000. 39x1p

For Sale by Owner: House and Lot, 3-4 bedrooms, 2 baths, Whirlpool tub, spiral staircase, fireplace, utility, extra room, 2 storage bldgs., Black top drive, chain link fence. Less than 1 mile to lake. 758-0090, for more info. 39x1p

Property For Sale: 1993 3 bedroom, 2 bath, kitchen, utility room, living room, dining room plus four room house with bath both on about 9 acres of land on Freedom School Road. \$59,500. 256-4689. 44x8

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House For Sale

Minutes from I-75, Mt. Vernon and Lake Linville. 1,700 sq. ft. house with attached 2 car garage. Includes living room, study, dining/kitchen, combo w/kitchen appliances, 4 bedrooms (3 with walk-in closets), 2 baths, large 2 level deck situated on 2 wooded lots in Rainbow Ridge Subdivision. Alarm system, ceramic tile, crown molding and many extras.

Priced at \$135,000. 256-9029.

House For Sale

Minutes from I-75, Mt. Vernon and Lake Linville. 1,700 sq. ft. house with attached 2 car garage. Includes living room, study, dining/kitchen, combo w/kitchen appliances, 4 bedrooms (3 with walk-in closets), 2 baths, large 2 level deck situated on 2 wooded lots in Rainbow Ridge Subdivision. Alarm system, ceramic tile, crown molding and many extras.

Priced at \$135,000. 256-9029.

French Properties

265 Woodland Place

Home has 3 bedrooms, single bath, full basement, drive-in garage, extra nice wooded lot; 7.5% Owner will help with closing costs and possible 100% financing available to qualified buyers.

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Help Wanted
 Truck Driver Wanted: Mt. Vernon, Ky. MAC experience preferred w/ minimum three years on the road. No overnight travel. Must have current CDL w/ hazardous material and tanker endorsement. Drug test is required. 606-256-5421. 45x2.

AVON Rep. Needed: Earn up to 50%. Call toll free 888-528-7873. 18th

Help Wanted: Wendy's of Mt. Vernon is now hiring. Apply in person. 41th

Help Wanted: Mechanic wanted for established business. Competitive salary and benefits. Experience and ref-

Motor Vehicles For Sale

For Sale: 1996 Dodge Caravan. 132K. Runs good. \$2,800. 256-2426-45x2

For Sale: 1999 Dodge Ram, extended cab, 4WD, pick-up truck. Like new tires, new Flow Master dual exhaust system, am/fm stereo cassette, power windows and doors, runs an looks great, low miles \$8,700. Buyer pays transfer. 606-256-5458, leave message. 45x2

For Sale: 1995 Toyota Tercel, AC, Cass. 40 mpg, very good condition. \$3,200. 256-5123 or 843-7701.

For Sale: 1995 Mitsubishi Eclipse GS. Some body work needed. \$2,500 or best offer. 256-9403 or 308-3260. 40xntfcup, \$850. Call 256-4375-41x4

For Sale: 1997 Ford Ranger XLT. 103,000 miles. \$3,500 or best offer. 256-8832. 40xntfc

For Sale: 1992 Ford Tempo, 2.3 4 cyl. auto. a/c, white. 137,000 miles. \$900. Call 256-9455 after 3 p.m. 44x2p

For Sale: 1994 Cadillac Sedan DeVille, good condition. \$4,200. Call 606-758-0023 or 766-858-8344. 44x3

For Sale: 1992 Ford F-150, 8 cyl. XLT. Lariat, AC, PS, PB, PW, bedliner, bug shield, zym shades. 107,000 miles. 256-0314. 44x2p

Wanted

Wanted: 2 or 3 bedroom house to rent. All will be considered. 606-256-4387 anytime. If no answer, please leave message. 41x4

Wanted: Barnett's Auto Salvage located on Cove Branch Road buys junk cars and trucks and has used auto parts for sale. Also, Mechanics. Work 2 mechanics on duty. Call 256-9018. 37th

Wanted: Babysitter needed in my home. Must be willing to work late. Call for details. Call 256-4770. 45x2

Yard Sale

New Flea Market: 1/2 mile off 1004 of Maple Grove Road, Open Fri. and Sat. 9 to 5. Knives, tools and many new and used items. Rain or shine. 44x3

Yard Sale: Friday and Sat., Aug. 22 and 23 at the home of Bessie Brooks on Copper Creek Road, 4 miles off 150.

Large Yard Sale: Aug. 29 - Sept. 7 below KOA Kampgrounds at Renfres Valley at the home of Don and Linda McWhorter. Few clothes, toys, what

note, furniture, lots of part for cars and trucks, regulators, transmissions, starters, alternators, old horse-drawn garden plows and plows for garden tractors. 45x2

Huge Yard Sale: Sat. and Sun., Aug. 22 and 23, 8 a.m. to 7 p.m. Children, teens, men and women's clothing, shoes, antique glassware, collectables, stereo and speakers. 27 in. color console TV, matching end table, oak phone stand with set, coffee table, tools. Corner of 1505 and 1326, Broadhead. 758-8136.

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1998 Dodge Dakota for sale
 4WD - \$8,500
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Int. Cub L.O-Boy 154
 Turf tires, 60" Deck, \$2,800
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 606-308-3149 or 606-256-8989

The Terrace Nursing & Rehabilitation Facility in Berea, Kentucky
 We are currently operating within Berea Hospital. However, The Terrace will be relocating to a brand new, state of the art nursing facility here in Berea, Kentucky the fall of 2003. We will be doing interviews the last of August and first of September 2003 for our new building.
Positions available for part time and full time:
Dietary Staff: All Positions
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 Send resume to: PO Box 1048 • Berea, Kentucky 40403
 Or apply at: Berea Hospital at 305 Estill St., Berea, Ky. on the 4th floor 859-986-6494
 Attention: Cristy Winkler, R.N., D.O.N.
 The Terrace is non-discriminatory in admission to Employment. EOE

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Commonwealth of Kentucky 28th Judicial Circuit Rockcastle Circuit Court • Division II Civil Action No. 03-CI-00054
Citizens Bank of Brodhead Plaintiff
Scotty K. Chattelle and Joey Lea Chattelle Defendants
NOTICE OF SALE

Newland Construction Co., Inc.
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 POSITION AVAILABLE IMMEDIATELY!

Pursuant to a judgment and order of sale entered in this action on August 8, 2003, for the purpose of satisfying the judgment against the defendants in the amount of TWO THOUSAND TWO HUNDRED SIXTY DOLLARS AND 15/100 (\$2,260.15), plus interest OF 0.44 from August 7, 2003 until date of judgment, costs and attorney fees. I will offer at public auction the hereinafter described real property in Rockcastle County, Kentucky.
At the Courthouse on East Main Street Mt. Vernon, Kentucky on Monday, September 8, 2003 Beginning at the Hour of 1:30 p.m.
 Said property being more particularly bounded and described as follows:
 Beginning at a 1/2" conduit with a plastic cap stamped RES #2773 on the west side of the Paul Nagler Road, said point being N 15 30'25" E, 96.63 feet from a corner between William Cliffted (DB 91 PG.625) and Johnny Adams (DB 163 PG. 624); thence going with the west side of said road N 19 47'35" E, 295.91 feet to a 1/2" conduit with a plastic cap stamped RES #2773 on the west side of said road and a corner to Johnny Adams; thence leaving the west side of said road and going with the line of Adams the following call: N 75° 50'23" W, 205.64 feet to a 1/2" conduit with plastic cap stamped RES #2773 set at the base of a dead wood stump; S 01° 26'18" E, 888.62 feet to a 1/2" conduit with a plastic cap stamped RES #2773; S 74° 54'14" E, 98.45 feet to the point of beginning and containing 1.00 acres.
The property shall be sold on the following terms and conditions:

Payne's Auto Sales
 Hwy. 150 and 2549
 Open M-F 9 a.m. to 5 p.m. • Sat. 9 a.m. to 7
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 256-1012 - Home 256-9795

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Part-Time Positions are now available at the Cumberland River Comprehensive Care Center. Persons are needed for a Staffed Residence for three individuals with mental retardation. Position requires overnight stay. Weekend shifts available. Must have high school diploma/GED, clear driving and criminal record. Please contact the Cumberland River Comprehensive Care Center, PO Box 568, Corbin, KY 40702. Phone (606) 528-7010. We are an EOE.

1. The real property shall be sold for cash or upon a credit of thirty (30) days with the purchaser required to pay a minimum of twenty-five percent (25%) of the purchase price in cash on the date of sale and to secure the balance with a bond bearing interest at twelve percent (12%) per annum.
 2. Unpaid taxes or liens of record at the time of entry of judgment shall be paid out of the proceeds of sale.
 3. The buyer shall pay the 2002 local, county and state property taxes.
 4. The buyer shall have possession of the real property upon compliance with the terms of the sale.
 5. In the event that the plaintiff is the successful bidder and the sale price does not exceed the amount of the plaintiff's judgment, no deposit or bond shall be required and the property will be conveyed to the plaintiff in due season.
Bobby L. Amburgey, Special Master Commissioner Rockcastle Circuit Court

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Individual/Family needed to provide care and training to an adult with mental retardation in their home. The adult may attend a 5 day per week program outside the home. Monthly reimbursement includes: training in self-help skills and room and board. Requirements are: must be 21 yrs. old, have a high school diploma/GED, and meet housing and training requirements. Please contact Donna Marshall @ 606-256-2129 or Dianne Stanfill @ 606-528-7010 ext. 270. We are an EOE.

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Always closed on Sunday

Commonwealth of Kentucky

28th Judicial Court

Rockcastle Circuit Court - Division II

CIVIL ACTION NO. 03-CI-0008

Mortgage Electronic

Registration Systems, Inc.,

its successors and assigns,

as nominee for Household

Finance Corporation, its

successors and assigns and

Household Finance

Corporation

CO-PLAINTIFFS

Claudia Caudill

Robert Caudill and

County of Rockcastle

DEFENDANTS

NOTICE OF SALE

Pursuant to a judgment and order of sale entered in this action on July 25, 2003, for the purpose of satisfying the judgment against the defendants in the amount of SEVENTY SEVEN THOUSAND SIXTY FIVE DOLLARS AND 85/100 (\$77,665.85) plus interest, costs and attorney fees, I will offer at public auction the hereinbefore described real property in Rockcastle County, Kentucky.

AT THE COURTHOUSE ON EAST MAIN STREET

MT. VERNON, KENTUCKY

ON FRIDAY, AUGUST 22, 2003

BEGINNING AT THE HOUR OF 1:00 P.M.

Said property being more particularly bounded and described as follows:

Parcel 1: A certain tract or parcel of land lying and being in Rockcastle County, State of Kentucky, on the east side Buschner Lane, and more particularly described as follows:

Beginning at a steel pin with cap 1837 set in the east r/w of Buschner Lane also a corner of Lot One, thence with the east r/w of Buschner Lane the following call: thence North 21 deg. 55' West, 150.00 feet to a steel pin with cap 1837 a corner of Lot Three; thence with the line of Lot Three the following call: thence North 67 deg. 56' 39" East, 199.53 feet to a steel pin with cap 1837 set in line of Robert Wilson; thence with the line of Robert Wilson the following call: thence South 21 deg. 27' 15" East, 150.00 feet to a steel pin with cap 1837 a corner of Lot One; thence with the line of Lot One the following call: thence South 67 deg. 56' 41" West, 199.77 feet to the point of beginning. Contains 0.687 acres more or less. This description prepared from a physical survey conducted by Gary W. Holman, Ky. L.S. #1837 on July 27, 1998.

Parcel 2: Beginning at an existing 1/2" pin with cap 1837 set in the south r/w of an 40' street leading to Buschner Lane, also a corner of Lot Four and Robert Wilson (D.B. 162, page 579); thence with a new line with Robert Wilson the following call: thence South 81 deg. 48' 03" East, 535.57 feet to a set 1/2" steel pin with cap 1837 set in the line of Earl Wilson (D.B. 162, page 58); thence with the line of Earl Wilson the following call: thence South 19 deg. 51' 17" East, 324.48 feet for an existing 1/2" steel pin with cap 1837 set in the line of George Thompson (D.B. 170, page 178); thence with the line of G. Thompson the following call: thence South 21 deg. 14' 32" East, 84.98 feet to an existing 1/2" steel pin with cap 1837 a corner of A. Noel (D.B. Page 680); thence with the line of A. Noel the following call: thence South 68 deg. 01' 42" West, 194.74 feet to an existing 1/2" steel pin with cap 1837 a corner of Lot One, thence with the lines of Lots 1, 2, 2, 4 and the following call: thence North 21 deg. 27' 15" West, 641.29 feet to the point of beginning. Contains 4.972 acres, more or less. This description prepared from a physical survey conducted by Gary W. Holman, Ky. L.S. #1837 on 7/14/99.

Being the same real property which Robert Caudill and Claudia Caudill obtained by deed dated August 15, 2001, executed by Robert W. Wilson, et ux., of record in deed book 186, page 123 in the office of the Rockcastle County Clerk.

The property shall be sold upon the following terms and conditions:

1. The real property shall be sold for cash or upon a credit of thirty (30) days if the purchaser required to pay a minimum of twenty five percent (25%) of the purchase price in cash on the date of sale and to secure the balance with a bond approved by the Master Commissioner.

2. The bond shall bear interest at the rate of twelve percent (12%) per annum until paid in full. The bond shall have the force and effect of a judgment and shall be and remain a lien upon the property sold as additional security for the payment of the purchase price.

3. Unpaid taxes or liens of record at the time of entry of judgment shall be paid out of the proceeds of the sale.

4. The purchaser shall pay the 2003 local, county and state property taxes.

5. The purchaser shall have possession of the real property upon compliance with the terms of the sale.

6. In the event that the co-plaintiffs is the successful bidder and the sale price does not exceed the amount of the co-plaintiffs judgment, no deposit or bond shall be required.

7. The sale shall be made subject to all easements, set back lines, restrictions or covenants of record or otherwise and shall be sold "as is."

Willis G. Coffey, Master Commissioner, Rockcastle Circuit Court

Mobile Homes

For Sale: 2 bedroom trailer on rented lot and your choice between two cars for \$5,000. 877-2481 or 38-2275. 45x1.

For Sale: Three bedroom, two bath double-wide 24x56 remodeled, with new appliances and new wood floors. Central air and fireplace, Berber carpet in part of it, also a 10x12 outside building sided to match the trailer, underpinning and two porches. MUST BE MOVED! Reduced to \$17,000. Call 606-256-0989 or leave message. 45x4.

For Sale: 1989 Oakwood trailer. Two bedrooms, two baths. Partially furnished. Must be moved. \$5,000. Call 256-5519. 44x2p.

Win up to \$10,000 off! Close out on all 2002 and 2003's DoubleWides! Call 606-678-0503 for details. 45x1. If you have a deed or \$3,000 cash, you can own your own home, regardless of past credit problems. Some restrictions apply. Call for details. 606-678-4503.

Use Home Sale: 14 & 16 wide 2 and 3 bedrooms, \$5,000 to \$15,000. 606-678-0503. 45x1.

Tit Time Home Buyers: Low payments! Low Down! 606-678-0503. 45x1.

Professional Services

Hedgepeth Residential Services: Plumber/Electrician, Specializing in bathroom remodeling. I guarantee my work. Floyd Hedgepeth, 256-3751. 44x2p.

Child Care/Baby Sitter: Available now Monday thru Friday. Just in time for school. Call 256-5257. 44x2p.

Auto Detailing: We replace head gaskets, repair transmissions on most cars and trucks. Call 256-4375. 45x4p.

Will do house and office cleaning. Experienced, reliable, trustworthy. Have references: 758-9055. 44x3.

Drum Lessons: Instructed by Austin Miller, these drum lessons are designed to fit each individual's skill level. 30 minute session \$20. To set up your drum lessons, contact Austin Miller at 606-256-4206. 42x4.

Bushhogging: "If I can't cut it, you probably need a dozer." For pricing, call Mr. Durham at 258-3290. If no answer, leave message. 42x4.

House Painting: Interior or exterior. Call 256-4375. 43x1p.

Jeff Woodall Hauling, Gravel, etc. Call 455-9622 or 308-2976. 41x3p.

Will do tree trimming. Also wood for sale. Call 308-5534 or 256-5454. 36x2p.

Rob's Roofing: 15 years experience. Satisfaction guaranteed. 758-8211. 27x1p.

Steve Sponomore Roofing, Free Estimates. 758-4318. 25x1p.

Owens Monuments: Grave markers and monuments in stock. Main St., Trothead, Phone (606)758-9600. (10x1)

F&P Cutters: 6 & 6 inch seamless gutters, siding, soffit and window installation. Call 256-4393. Free estimates. 211p.

Grave Markers & Monuments: In stock at all times. McNew Monument Sales, U.S. 25, 4 miles north of Mt. Vernon. Phone 256-2332. 131p.

FIX-IT: Finish carpentry, remodeling, also vinyl installation and repair. Best window repair and replacement, tile repair and replacement. No job to small. Custom decks and patios. Call 606-256-4313. 481p.

Lovell's Gun Sales & Repair: New and used guns for sale. Ammo and gun accessories. Repairs, stock refilling.

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ishing, hot bluing. Certified gunsmith/licensed firearms dealer. Maple Grove Road. Mon-Fri 5 to 8 p.m. 256-3539. 119y.

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Professional Pet Grooming - Lams & Eukanaba pet food plus pet supplies available.

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Call 256-4695. Mobile Washing/Pressure Washing: Vinyl siding, gutters, patios, sidewalks, deck restoration - clean and treat, frame and construction equipment, store fronts. Call Kevin at 758-9094. 271p.

Does Your Doggy Have a Flea? Bring him into me! Sharon's Pet Parlor Behind Carter's Market by apt. only. Call 256-1481. 41p.

R&R Builders: New Homes, Metal Buildings, Complete Remodeling, Metal/Single Roofing, Painting, Concrete Work. Call Ronald Rader at (606)256-9276. Free Estimates. 30 minutes. 199x8p.

Jim Sandusky Roofing: Free estimates. Call 609-983-0872. 401p.

Custom Woodworking/Cabinetry, Built-ins and furniture refinishing and repair. 30 years experience. Call Gregg's Woodworking. 256-0815. 22x1p.

Notices

Notice: PBK Bank is accepting bids on the following vehicles: 1994 Chevrolet C-1500 pick-up; 1990 Ford Aerostar, 1992 Chevrolet, extended cab, pick-up, 4x4 and 1997 Plymouth Grand Voyager. Bids will be opened noon, August 25th. Please refer any questions, or submit your bid, to Scott Francis, 120 Frontier Blvd., Stanford, Ky. 606-365-7098, ext. 3022. PBK reserves the right to accept or reject any or all bids. PBK Bank, Member FDIC. 44x2.

Notice: No trespassing on Crawford Place, Old Brodhead Road, Danny Smith, 471p.

Notice: No hunting, trespassing, swimming, ATVs, or Jimmy and Jack Allen farm on Maple Grove Rd. and East Halcomb Rd., Old Chester Robison place belonging to Wanda Anderson, old Donald French farm and old Hensley Holler toward Salt-petre Cave. Violators will be prosecuted. 251p.

Notice: No trespassing on Crawford Place, Old Brodhead Road, Danny Smith, 471p.

Notice: No hunting, trespassing, swimming, ATVs, or Jimmy and Jack Allen farm on Maple Grove Rd. and East Halcomb Rd., Old Chester Robison place belonging to Wanda Anderson, old Donald French farm and old Hensley Holler toward Salt-petre Cave. Violators will be prosecuted. 251p.

Notice: No trespassing on Frank Miller property, located at Burr. 45x1p.

Notice: The City of Brodhead will be accepting sealed bids on a two-door stainless steel freezer. Contact the mayor to see freeze. Bids will be opened until Aug. 29th. The city reserves the right to reject any and all bids. 45x3p.

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United States District Court Eastern District of Kentucky - Lexington Criminal No. 02-123-R-KSF UNITED STATES OF AMERICA, LARRY GENE THOMPSON, SR., GARY ALMON, JOSHUA M. CLARKE, LARRY GENE THOMPSON, JR., NATHANIEL LAMONT POPE, DARBLE E. GEORGE MOGIE, SALVADORE DUESSUS REYES, MUNZ, JAMES JULIO, JEFFREY K. WETHINGTON, SR., TRAVIS WETHINGTON, STEVE SOWDER, NICKIE S. THOMPSON, BOBBY THOMPSON, WILLIAM T. DYEHOUSE, aka TERRY DYEHOUSE, CARLOS TRIVINO, RALPH TRIMON BROCK, MICHAEL DOWELL, LEO D. LONON, GREGORY TALENDAVIS, RALPH PERKY and ROBERTO HERNANDEZ, DEFENDANTS.

Notice is hereby given that on April 24, 9 and 21, in the case of the Honorable J. Karl S. Forester, Chief Judge, United States District Court, for the Eastern District of Kentucky, entered an Order condemning and forfeiting the property, REAL PROPERTY, described as follows: Being the same property conveyed to Greta McClure (now Thopson, from Essie Napier, by deed dated April 12, 1991, and recorded in 142, page 486; recorded in the office of the Rockcastle County Clerk's office and containing 70 acres, more or less. Tract Two: Being the same property conveyed to Larry G. Thompson and Greta P. Thompson from Eddie Cromer and Betsy May Cromer, by deed dated May 10, 2003 and recorded in Deed Book 189, page 502, records of the Rockcastle County Court Clerk's office. Tract Three: Being the same property conveyed to Larry Thompson from Mary Margaret Bur, by deed dated November 24, 1999, and

all bids. Freezer is being sold as is.

44x3: Posted: All lands belonging to Michael and Sharon Lovell along Rockcastle River and along Fish Pond Road in Rockcastle County No hunting, fishing, trespassing. Violators will be prosecuted. 42x4.

Notice is hereby given that Linda Lamb, R.I. 3, Box 1644, Mt. Vernon, Ky. 40456 and Darrell Lamb, 632 Walnut Meadow Rd., Berea, Ky. 40403 have been appointed co-administrators of the estate of Helen Jean Lamb, deceased. Any person having claims against said estate shall present them according to law, to the said Linda Lamb and Darrell Lamb or to Jeffrey T. Burdette, P.O. Box 1250; Mt. Vernon, Ky. 40456 on or before February 4, 2004. 44x3.

Notice: No trespassing on property known as C.B. Owens Farm across from Fairgrounds in Brodhead. Violators will be prosecuted. 251p.

Notice: No trespassing on Crawford Place, Old Brodhead Road, Danny Smith, 471p.

Notice: No hunting, trespassing, swimming, ATVs, or Jimmy and Jack Allen farm on Maple Grove Rd. and East Halcomb Rd., Old Chester Robison place belonging to Wanda Anderson, old Donald French farm and old Hensley Holler toward Salt-petre Cave. Violators will be prosecuted. 251p.

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to the extent practicable and consistent with the interests of justice, be held within thirty (30) days of the filing of your petition. The court may consolidate your hearing on the petition with any other hearings requested on any other petitions filed by any other person other than the defendant named above. YOU HAVE THE RIGHT at the hearing to testify any relevant facts and witnesses on your own behalf and cross examine witnesses who appear at the hearing. IF YOU FAIL TO FILE A PETITION TO ASSESS YOUR RIGHT, TITLE OR INTEREST IN THE ABOVE-DESCRIBED PROPERTY, WITHIN THIRTY (30) DAYS OF THIS NOTICE, YOUR RIGHT, TITLE AND INTEREST IN THIS PROPERTY SHALL BE LOST AND FORFEITED TO THE UNITED STATES. THE UNITED STATES THEN SHALL HAVE CLEAR TITLE TO THE PROPERTY HEREIN DESCRIBED AND MAY WARRANT GOOD TITLE TO ANY SUBSEQUENT PURCHASER OR TRANSFEREE. All petitions must be filed with the United States District Court for the Eastern District of Kentucky, Lexington Docket, at the following address: United States District Court Clerk, Federal Courthouse, 2nd Floor, Barr and Limestone, Lexington, Kentucky 40507. You must serve a copy of your petition upon the United States Attorney at the following address: Gregory F. Van Tatenhove, United States Attorney, David V. Olinger, Jr., Assistant U.S. Attorney, Forebush Unit, 110 W. Vine St., Suite 400, Lexington, Kentucky 40507. Dated: July 23, 2003

JOHN SCHIKEL United States Marshal United States Marshal's Service Eastern District of Kentucky

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JOHN SCHIKEL United States Marshal United States Marshal's Service Eastern District of Kentucky

Agricultural News

By: Warden Alexander, FSA Director

Disaster Leasing

Farmers who suffer a burley tobacco disaster must file a report with FSA prior to harvest to retain eligibility to lease quota away under the disaster lease provisions. The disaster lease provision was implemented to provide relief to producers that suffer a disaster loss but are unable to produce and market the farm's effective quota. To be eligible to disaster lease and transfer, the transferring farm must file a crop acreage report, file the effective quota, provide a measurement fee, have suffered more than a 20% loss, and meet all price support eligibility requirements. If determined eligible for disaster leasing, the measurement fee will be refunded to the producer.

Remember, if you are a producer whose tobacco is suffering from plant, weather conditions, black shank, blight, mold, root disease, etc., come to the FSA office and file under the disaster provisions PRIOR TO HARVEST.

Bugles Tobacco Pesticide Information

As a condition of eligibility for receiving price support, all pesticide products (including plant regulators, adjuvants and desiccants) used in connection with the production of burley tobacco, must be approved by the Environmental Protection Agency (EPA) for use on tobacco and that such pesticide products must be applied in accordance with label directions.

For purposes of the pesticide certification program, the term "pesticide" means "any substance or mixture of substances intended for preventing, destroying, repelling or eradicating any pest, and any substance or mixture of substances intended for use as a plant regulator, defoliant or desiccant."

Action to withhold price support on tobacco treated with nonapproved EPA pesticides or when pesticides are not used in accordance with label directions was made necessary because their use threatens the domestic and export markets for tobacco.

Samples of tobacco crops will be taken and chemically analyzed to determine whether nonapproved pesticides were used on the crop or pesticides were not applied in accordance with label directions.

The County Extension Office can furnish information about acceptable pesticides for use on tobacco.

Deloach vs. Phillip Morris Class Action Settlement

While FSA office will not be completing the class action settlement applications mailed to producers, we will provide information helpful to those producers wishing to participate. Producers may file a written request to FSA requesting the basic quota and marketings for crop years 1996-2000. Also, FSA has blank applications available for those who wish to participate and did not receive an application.

Producers are reminded it is their responsibility to verify the data provided.

If you need help completing the form, please contact the local County Extension Office or call the help line at 1-800-371-9820.

We want to take this opportunity to personally say "Thank You" for understanding this is not an FSA program and we are only here to furnish information to the best of our ability.

County Committee Candidates

Rockcastle County Farm Service Agency is accepting nominations for 2003 County Committee elections. Nomination forms can be obtained from your FSA County Office and should be submitted by September 5, 2003.

If you or someone you know has an interest in providing guidance on federal farm program issues - impacting local farmers and ranchers - then the Rockcastle County FSA wants your nomination.

All landowners, operators and tenants of legal voting age are eligible to serve on FSA County Committees and vote in these elections. Hurry in and submit your nomination TODAY!

For more information, contact your local FSA at 606-256-2525. Farm Service Agency is an equal opportunity employer and provider.

Continuing CRP Sign-up

Eligible acreage devoted to certain special conservation practices such as riparian buffers, filter strips, grassed waterways, shelter belts, living snow fences, contour grass strips, salt tolerance vegetation and shallow water areas for wildlife may be enrolled at any time under CCC's continuous CRP sign-up. These practices are not subject to competitive bidding. For more information, contact your local FSA office.

Crop Disaster Program

On February 20, 2003, the Agricultural Assistance Act of 2003 (the ACT), was signed into law. The ACT provides for Crop Disaster Program (CDP) for losses because of weather-related disasters to agricultural commodities in crop year 2001 and 2002. Producers filing for losses must provide production evidence or records to substantiate the 35% loss of the crop. Tobacco and pasture are not eligible under CDP. Producers receiving payments on losses must purchase insurance to cover losses for crop years 2004 and 2005.

No deadline for sign-up has been announced.

Important Program Dates
Grassland Reserve Program sign-up

ends August 8, 2003

Crop Disaster Program (CDP) sign-up began June 6, 2003.

Milk Income Loss Contract (MILC) Program sign-up continues.

Farm Storage Facility Loan Program sign-up continues.

Conservation Reserve Program sign-up continues.

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation and marital or familial status. (Not all prohibited basis apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audio, etc.) should contact USDA's Target Center at 202-720-2580 (voice and TDD).

To file a complaint of discrimination, write USDA Director, Office of Civil Rights, Room 326-W, Whitten Bldg., 14th and Independence Ave. SW, Washington, DC 20250-9410 or call (202) 720-5964 (voice or TDD). USDA is an equal opportunity provider and employer.

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"It is Written"

In Eph 2:13-19 we read, "But now in Christ Jesus ye who sometimes were far off are made nigh by the blood of Christ. For he is our peace, who hath made both one, and hath broken down the middle wall of partition between us: Having abolished in his flesh the enmity, even the law of commandments contained in ordinances; for to make in himself of twain one new man, so making peace; And that he might reconcile both unto God in one body by the cross, having slain the enmity thereby: And came and preached peace to you which were afar off, and to them that were nigh. For through him we both have access by one Spirit unto the Father." The great blessing of Christ to the world, is his ability to reconcile and bring us at peace with God. Our sins and transgressions have caused a separation from God. In 59:1-2, Rom 6:23 We are at odds with God, and are in a hopeless situation if we must depend upon ourselves to get out of sin. But thanks be to God, Jesus died, and makes it possible for humans to be reconciled to God, and thus have peace with our maker! Humans must respond willingly to the call of the gospel in faith and obedience. When we hear the message, Rom 10:17, believe in Christ, In 8:24, repent, Lk 13:3, confess faith in Christ, Rom 10:9-10, and are baptized, Ac 2:38, Mt. 16:16, we will be reconciled to God and be saved. Then be faithful till death, Rev 2:10, Matt. 10:22. Are you at peace with God? Have you humbly submitted to God's plan of salvation?

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Lewis Abney, also known as King Barker Cucumber Farmer, grew this 9 1/2 pound cucumber. He raises fresh produce on his farm in Tell City, Indiana. He is the son of Dave and Hazel Stewart of Orlando.



Many items are entered each year at the Broadhead Fair. Chris Robbins, right, is shown with a broom he entered at the 4-H Division. Mike Robbins, at left, helped enter exhibits at the county fair.

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Dr. Meyer does not only provide exceptional care for patients who suffer from back and neck pain, he also can help many conditions that cause pain and discomfort to various parts of the body. Such as:

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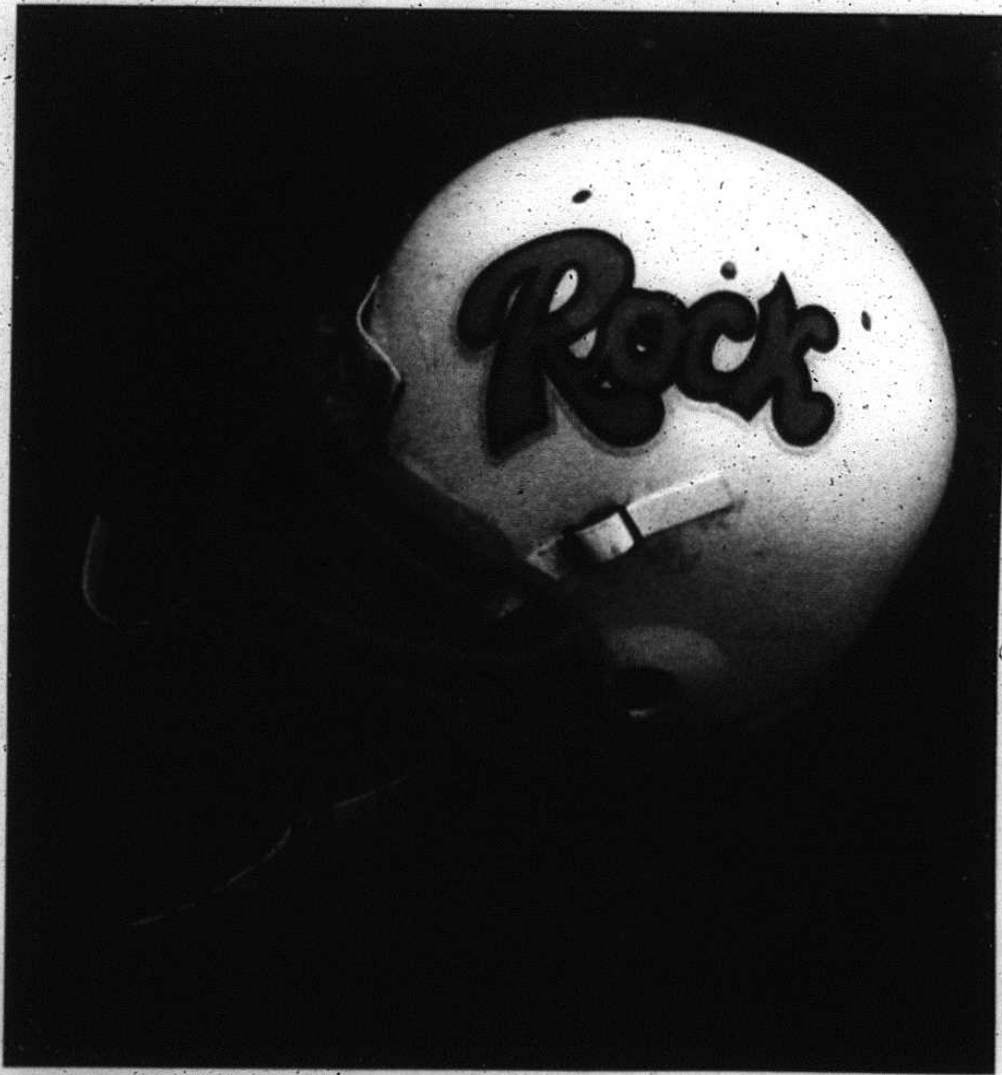
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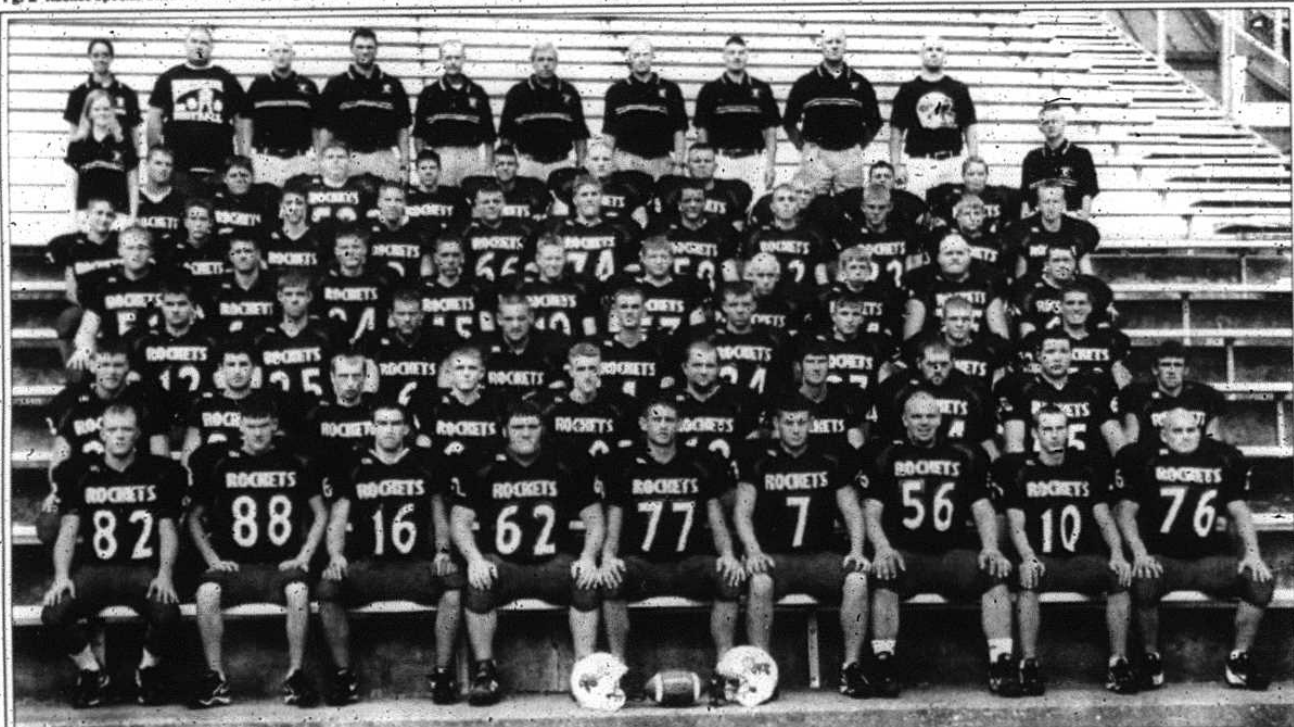
AUG 21 2003

Rockcastle Football

“A great tradition continues in 2003”



ROCK Opens Season August 23rd



The 2003 Edition of the Rockcastle County High School Football Team

2003 Rockcastle County Rockets

Coaches: Tori Larkey - Head Coach

Assistant Coaches:

Tony Saylor,
Chris Larkey

Adam Coleman,
Larry Welch

Principal: John Hale

J.D. Bussell,
Scott Parkey

Assistants: Barry Noble & Betty Jo McKinney

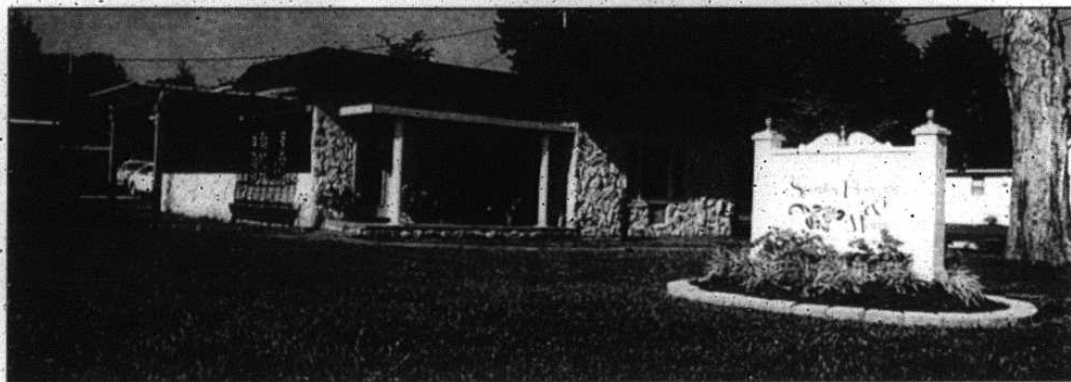
Dackery Larkey,
Jilly Gay

UK Sports Medicine Trainer: Sheri McNew

Student Managers: Danielle Martinez & Brittany Perkins & Anthony Cook

NO	Player	Height	Weight	Class	Position	NO	Player	Height	Weight	Class	Position
1	Shane Lynch	5'8"	142	12	FB	50	Donovan Pigg	6'2"	215	9	G
2	Devin Taylor	5'10"	151	12	QB	51	Mikey Denny	5'9"	260	10	C
3	Josh Garrison	5'7"	167	9	TE	52	Billy Hines	6'2"	298	9	T
4	Matthew Burkhardt	5'10"	144	10	QB	53	Adam Mink	5'4"	168	9	C
6	Ricky Saindusky	5'9"	160	11	WR	54	Brad Wesley	5'10"	219	12	G
7	Devon Bussell	5'11"	202	12	TE	56	Jason Leger	6'2"	271	12	T
10	Caleb Blair	5'10"	158	12	TB	57	Travis Smith	5'10"	230	10	T
12	Phil Boreing	5'10"	159	11	TE	58	Josh Gilbert	5'1"	190	9	G
14	Steven Eversole	5'10"	153	9	FB	60	Cole French	5'7"	180	10	G
15	Derrick Hurst	5'9"	155	11	HB	61	Brandon Lamb	5'8"	230	10	Q
16	Cody Alexander	6'0"	175	12	WR	62	Nick Thomas	5'11"	265	12	G
17	Izak McQueary	5'6"	120	9	QB	63	Brandon Campbell	5'7"	219	12	G
19	Jared Brown	5'8"	149	10	TE	64	Aaron Hughes	5'6"	264	9	T
21	Brandon Reams	5'8"	158	12	TB	65	Graham Fay	6'1"	245	11	T
22	Jamie Howard	5'8"	197	10	FB	66	Travis Cromer	5'8"	215	9	G
23	Dusty Miller	5'4"	135	9	TB	68	Charles Lovell	5'7"	166	10	G
24	Bucky Skinner	5'7"	165	10	HB	70	Gabe Guilfoil	5'11"	207	11	T
25	Justin Taylor	6'6"	178	11	WR	71	Robbie Carosello	5'7"	227	9	T
27	Josh Hostle	5'5"	153	11	FB	73	David Robbins	5'11"	327	9	T
29	Josh Renner	5'4"	119	9	HB	74	Brad Durham	6'3"	240	9	G
30	Jamison Cable	5'8"	130	12	WR	75	Kenny Gadd	5'10"	252	10	T
31	Gus Scalf	5'6"	142	9	TB	76	Blake Lovell	5'8"	206	12	G
32	Paul Payne	6'0"	158	9	HB	77	James Isaacs	6'1"	199	12	T
33	Max Saylor	5'11"	180	11	TB	78	Joey Miller	6'0"	297	9	T
34	Cody Lester	5'7"	100	10	WR	79	Chris Roaden	5'8"	186	10	G
38	Chris Croucher	6'0"	201	11	FB	80	Lynn Miracle	6'2"	147	9	WR
40	Jacob Harding	5'9"	187	9	FB	81	Shawn Childress	6'2"	168	9	TE
42	Brandon Hellard	5'5"	132	9	WR	82	Billy Bales	5'10"	172	12	TE
44	Shay Mullins	5'11"	157	12	TB	83	Adam Hensley	5'9"	158	9	TE
45	Gabe Stallworth	5'6"	139	10	WR	84	Charles Cunnagin	6'0"	178	10	TE
48	Kenny Bartlett	5'6"	154	10	TB	88	Josh Hayes	6'2"	163	12	TE

Good Luck Rockets!



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Rockets set to defend regional titles in 2003

As the 2003 season opens it may be easy for Rocket fans to focus more on what they lost in the 2002 season rather than what the Rockets have in their arsenal this upcoming season.

After losing a running back that received 3A player of the year honors a year ago, a quarterback that threw for more yards and touchdowns than anyone in the school's history, and two three-year starters off of the line, it's easy for Rocket fans to be somewhat skeptical of the year to come.

However, Rocket head coach Tom Larkey feels pretty good about his returning starters and the youngsters that are stepping up to feel some big shoes, shoes that led Rocket fans to the 'Ville two consecutive years.

Three starters return off of a 2002 offense loaded with

veterans. With the departure of these veterans, Coach Tom Larkey says that he will rely a lot on his line and returning starters Jason Leger and Nick Thomas to open some big holes for the Rocket offense.

Leger, who is being recruited by a number of big time Division I-A schools has already received a scholarship offer from the University of Kentucky and new head coach Rich Brooks. Leger is the undisputable leader of this Rocket team as he will enter his fourth year of varsity action.

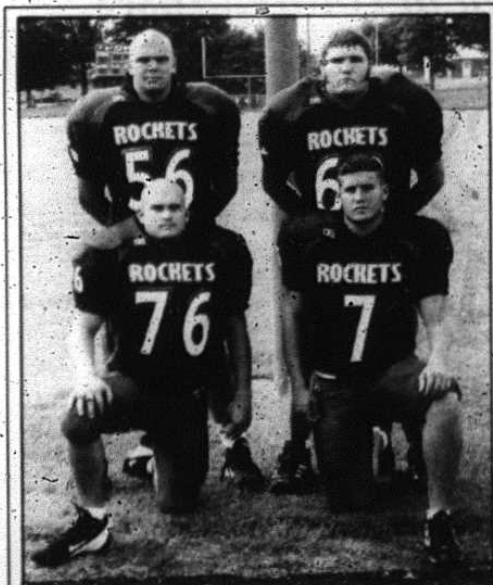
Nick Thomas will switch positions in the upcoming year as he will move from tackle to guard so that he and Leger will play on the same side of the offensive line.

Taking over the reigns for Aaron Anderkin at quarter-

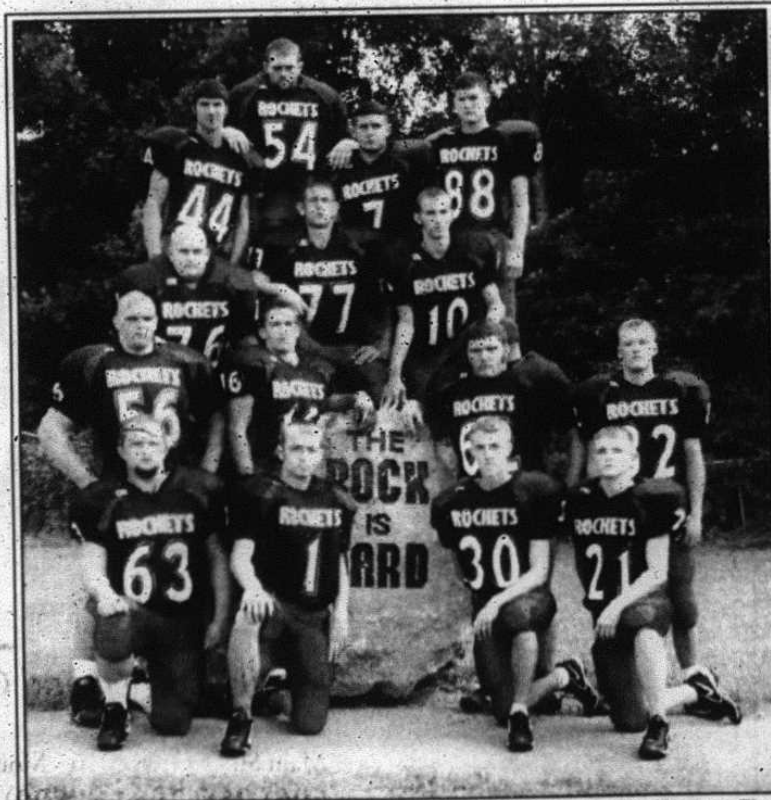
(Cont. to 6)



The Rockcastle County High School Rocket football coaching staff is shown above, front row, from left: assistant Tony Saylor, head coach Tom Larkey and assistant Chris Larkey. Second row, from left: J.D. Bussell, Scott Parkey, Dackery Larkey and defensive coordinator Adam Coleman. Back row, Josh Martin and Adam Childress. Tom Larkey is in his 19th year as head coach and the ROCK and he, along with Saylor, who has been with him since taking over the program have a record of 167 and 49. All of Larkey's assistant coaches, other than Saylor, played for him.

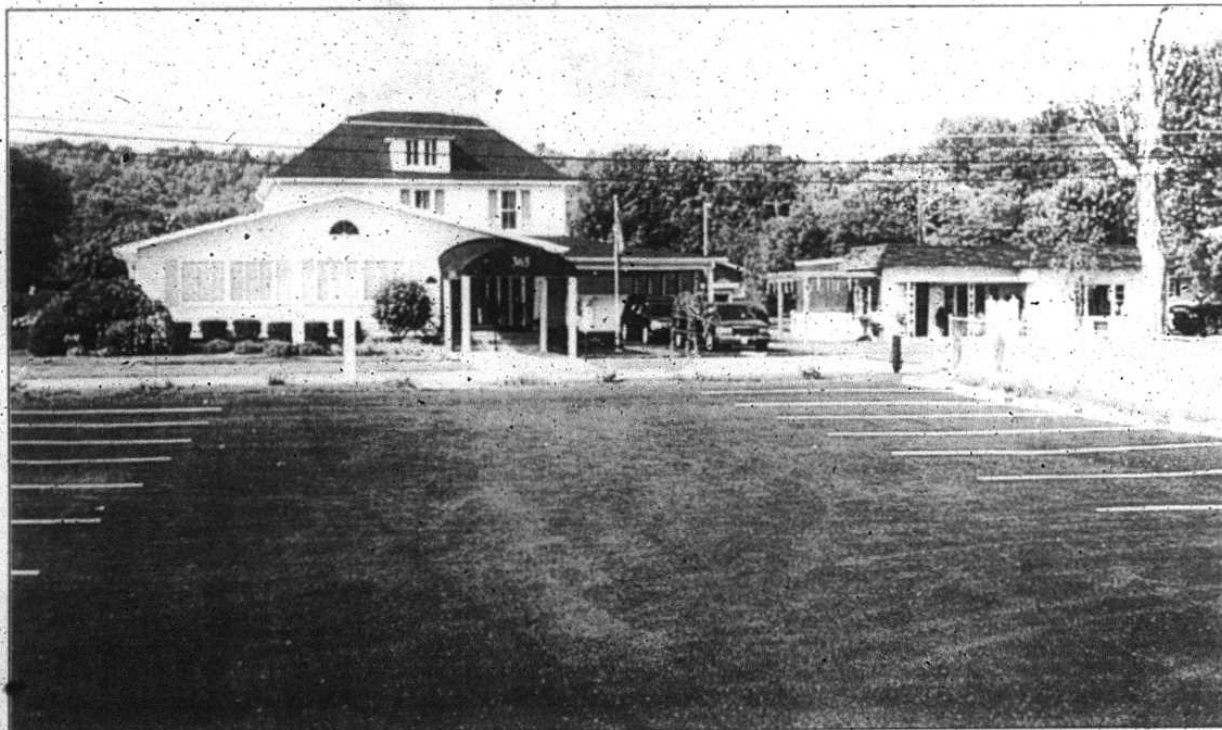


The Captains of 2003 for the Rockcastle County Rocket football team is shown above. On the front row, from left, Blake Lovell and Devon Bussell. Back row, from left, Jason Leger and Nick Thomas.



The senior class of 2003 will try and win a fourth straight regional championship this season. They are pictured above, front from left: Brandon Campbell, Shane Lynch, Jameson Cable and Brandon Reams. Second row, from left: Jason Leger, Cody Alexander, Nick Thomas, and Billy Bales. Third row, from left: Blake Lovell, James Isaacs and Caleb Blair. Back row, from left: Shay Mullins, Brad Wesley, Devon Bussell and Josh Hayes.

Good Luck Rockets!



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“Rockets have many changes from 2003”

(Cont. From 4)

back will be sophomore Matthew Burkhart.

While Larkey admits that the Rockets won't throw the ball near as much as they have the past few years, he does like what he sees in Burkhart as an option and belly quarterback.

“Matthew does a really good job of reading the belly and the option,” Larkey said.

Joining Burkhart in the backfield at fullback will either be Junior Chris Croucher or sophomore Jamie Howard. Larkey says that Croucher has a slight edge at the position because of his blocking ability but that Howard is still competing for the job and will see some time.

Perhaps the smallest in shoes in size to fill will be that of Marty Reagan at tailback. However, these shoes are undisputably the biggest shoes in terms of statistics and numbers.

Junior Max Saylor and Senior Caleb Blair will both see time at tailback. Blair backed up Reagan last year. Saylor, who is recovering from a devastating foot injury that sidelined him for the entire 2002 season after the Lincoln County game and all of spring practice, seems to be fully rehabilitated and ready to make huge contributions.

Also seeing some time in the backfield should be senior Brandon Reams, the Junior Varsity MVP from a year ago.

Joining Leger and Thomas on the line will be seniors Blake Lovell, junior Graham Faye, and sophomore Mikey Denney. Denney will more than

likely play center, while Faye will play tackle and Lovell play guard.

Also expected to see action on the offensive line is senior James Isaacs who will more than likely play some tackle.

At tight end is where you should expect to see senior

captain Devon Bussell who may be one of Burkhart's primary throwing targets, considering the playaction and screen passes the Rockets are expected to bring.

Larkey is very confident in his returning receiving corp. Juniors Derreck Hurst and Rick Sandusky both saw lots of time in the Rockets spread offense from last year.

While their responsibilities may change, Larkey likes the experience they bring to his young offense.

Taking care of Rocket placekicking and punting duties will be that of all-purpose player and senior Devin Taylor.

Taylor, who most Rocket faithful expect to see on both sides of the ball in the opening game at Corbin versus Larue County and possibly even at quarterback has missed virtually all of the summer due to obligations to his summer baseball that competes in the American Legion World Series this week.

“Taylor probably won't see much action on either side of the ball for a couple of games until he can get his feet wet,” Larkey said. “However, he still will take care of the kicking duties right away.”

On defense, the Rockets still are expected to sustain the normal intimidating status.

Although long-time Rocket defensive coordinator Tony Saylor has relinquished some of his duties to assistants Adam Coleman and J.D. Bussell, his foot is still very much in the program and his defense will still be ready to go.

As on offense, the experience and great ability lie with defensive line and seniors Jason Leger and Nick Thomas. Brandon Campbell, Graham Faye, Brad Wesley, and Blake Lovell will also see time on a defense line known state-

wide for their good play.

Middle linebacker Chris Croucher returns to the linebacking corps after a sensational sophomore year. Senior Devon Bussell will also play linebacker as he's projected to be a two-way starter. Juniors Josh Bustle and Rick Sandusky will also both be a part of the corps.

The defensive backfield will feature two returning starters, although they have to replace two starters from a year ago.

Junior Derreck Hurst will anchor the cornerback while Caleb Blair could play either corner or safety. Senior Cody Alexander will see action at safety.

Senior Jameson Cable could also see some action as a defensive back.

Who they lost:

Marty Reagan, RB/DB
Aaron Anderkin, QB
Tanner Abney, OL/DL
Stephen Boreing, TE/LB
Michael Brummett, OL/DL

Key returnees:

Jason Leger, Sr., OL/DL
Nick Thomas, Sr. OL/DL
Derreck Hurst, Jr. WR/DB
Devin Taylor, Sr. WR/QB/DB/P/K
Chris Croucher, Jr. FB/LB
Max Saylor, Jr. TB/LB
Devon Bussell, TE/LB

Division one schools want Jason Leger

Ask Jason Leger off the field about his ability to play football and it's pretty much a certainty that he will display modesty.

However, there's nothing modest or shy about Leger's play while on the field and his domination of opposing players.

Ask any head coach or offensive coordinator on Rockcastle County's schedule why they only run the ball to one side of the field. They will tell you that Jason Leger plays on the other side, and they don't want their ball carrier to run into him.

Or you could ask RCHS head coach Tom Larkey why he runs the ball to one side of the field more than half the time. His answer is easy; it's because Leger plays on that side of the field and it only makes sense to run behind him.

It's because he's pretty good.

Leger is indisputably the

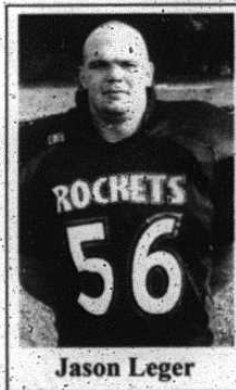
most heavily recruited player in Rockcastle County football history.

The lineman stands at 6'2 and weighs in at a stellar 275 lbs. He is a four-year starter on Larkey's line and he's ranked the best player in Class 3A Region 4.

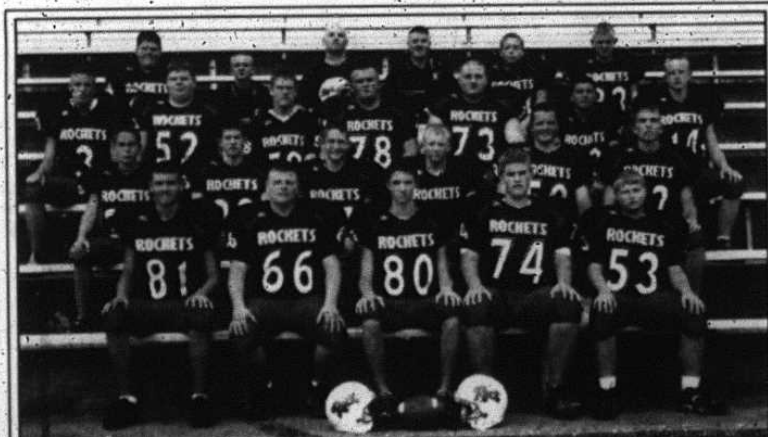
He should, without a doubt, be playing NCAA Division I-A football next year at this time.

He has received letters

(Cont. to 23)



Jason Leger



The Rockcastle County High School freshman team is pictured above, front row, from left: Shawn Childress, Travis Cromer, Lynn Miracle, Brad Durham and Adam Mink. Second row, from left: Josh Renner, Dusty Miller, Izak McQueary, Gus Scaff, Donovan Pigg and Paul Payne. Third row, from left: Josh Garrison, Billy Hines, Josh Gilbert, Joey Miller, David Robbins, Jacob Harding and Steven Eversole. Back row, from left: Aaron Hughes, Anthony Cook, coach Adam Childress, head coach Dackery Larkey, Robbie Carasello and Adam Hensley.



Members of the 2003-2004 Marching Rockets are pictured above, top row band: Rebekah Gevedon, Josh Ott, Teddy Stallsworth, Justin Lear, John Mark Davis, Seth Cain, Kayla Feltner, Sarah Bullock, Sara Cain and Jessica Simmons. Second row band: Matt Taylor, Harold Burdette, Dustin McGuire, Lucas Ott, Steven Renner, Cody Moore, Zac Miller, Rebecca Graves and Drew Davidson. First row band: Kara Martin, Stephanie Proctor, Cassie McGuire, Felicia Sturgill, Amanda Blankenship, Scott Cain, Megan Alcorn, Amy Gilleand, Jesse McCauley, Josh Nation, Jessica Hodge, Mary Brinson and Meghan Nation. Color Guard: Samanta Anglin, Elizabeth Bobo, Ginny Campbell, Hillary Davis, Krystal McFerron, Lori Miller, Jessica Norton, Mourine Ramsey, Kasara Smith, Nikki Mullins and Courtney Rose. Field Commander: Randy Bussell. Field Commander/Color Guard Captain: Charli Feltner. Color Guard Captains: Charli Feltner and Cassi Ramsey. Color Guard Co-Captain: Allison Carter.



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Rockets have new opponents and fairly tough schedule

With the additions of Southwestern Pulaski and Larue County to their non-district schedule, the first five games should provide an early test for Tom Larkey's Rockets.

The Rockets will open their 2003 campaign at Corbin against Larue County in the Cumberland Falls Pigskin Classic.

Larue County lost pretty heavily due to graduation a year ago, but return enough starters to cause the Rockets some problems early on.

The Bluegrasspreps.com poll ranks Larue County 8th in 2A, and as with Rockcastle County, Larue County has maintained a solid winning program over the past 10 years.

On deck for the Rockets will be the South Laurel Cardinals.

The Rock will play South Laurel in the Renfro Valley Jamboree Bowl on August 29th.

South Laurel's luck against the Rockets in recent years has run pretty thin losing a combined 102-0 the last two years.

South Laurel will return key starters on both sides of the ball making them more of a formidable opponent than in the past couple of years.

Next on the schedule will be Paul Lawrence Dunbar. Dunbar, who the Rockets defeated by only a touchdown last year, will return starters on both sides of the ball. Dunbar finished the season in the state semi-finals with a defeat to eventual state champion Trinity.

They will undoubtedly prove to be the biggest test for the Rockets early on.

The fourth game of the

year the Rockets will play host to a Lincoln County team that suffered a 2-8 season a year ago. However, they return signal caller Chris Hart and all but one player out of their backfield.

After a two year stint off the schedule, the Rockets will once again play Southwestern Pulaski and renew their old rivalry.

Southwestern, a 4A team that was 6-4 in the 2002 season and only lost to Dunbar by four points in the opening round of the playoffs, lost two key starters on both sides of the ball in Western Kentucky University signees Sam Sexton and G.J. Wooldridge.

According to News-Journal sports editor Doug Eads, what looked to be a rebuilding year is actually looking a lot brighter as the Warriors played Louisville Male very competitive during a scrimmage in the pre-season.

The Rockets will then

open district play with the Clay County Tigers in what is scheduled to be Homecoming at the Rock.

Clay County, who has not been on the Rockets schedule in many years, was added to the Rockets 3A district in the off-season as they dropped classes from 4A to 3A.

Clay County, who was 0-10 in 2002, only lost two starters to graduation. However, three starters left the team in the off-season decreasing their roster to only 26 players and making for a not so bright future in 2003.

The Rockets will use the October 3rd date as an open week. This year's open week couldn't have come at any better timing as they will travel to Log Mountain to play arch-rival Bell County.

Bell County, who the Rockets defeated 31-14 in the regional championship last year, should return a very skilled football team. The Rockets consistent dismantling of the Bobcats should leave a taste of re-

venge in the mouths of Bell County.

Since Dudley Hilton's return to Pineville, Coach Larkey's Rockets have beaten him and his teams five straight times.

On October 17, the Rockets will play host to Madison Southern. Southern, also a new addition to the district schedule, took four years off from the Rockets and lost 20 starters from a year ago, but the rekindled rivalry still should prove to be a test for the Rockets on Little League Night.

Senior Night will be on October 24th against Perry Central. Central, whose program made great strides in 2002 look to continue and even better their winning ways in 2003 with the return of a four year starter at quarterback and numerous two way starters.

The Rockets will conclude their regular season against Knox Central. Knox Central will return starters on both sides of the ball hopefully proving to be somewhat of a test before the Rockets enter post-season play.

Good Luck Rockets!

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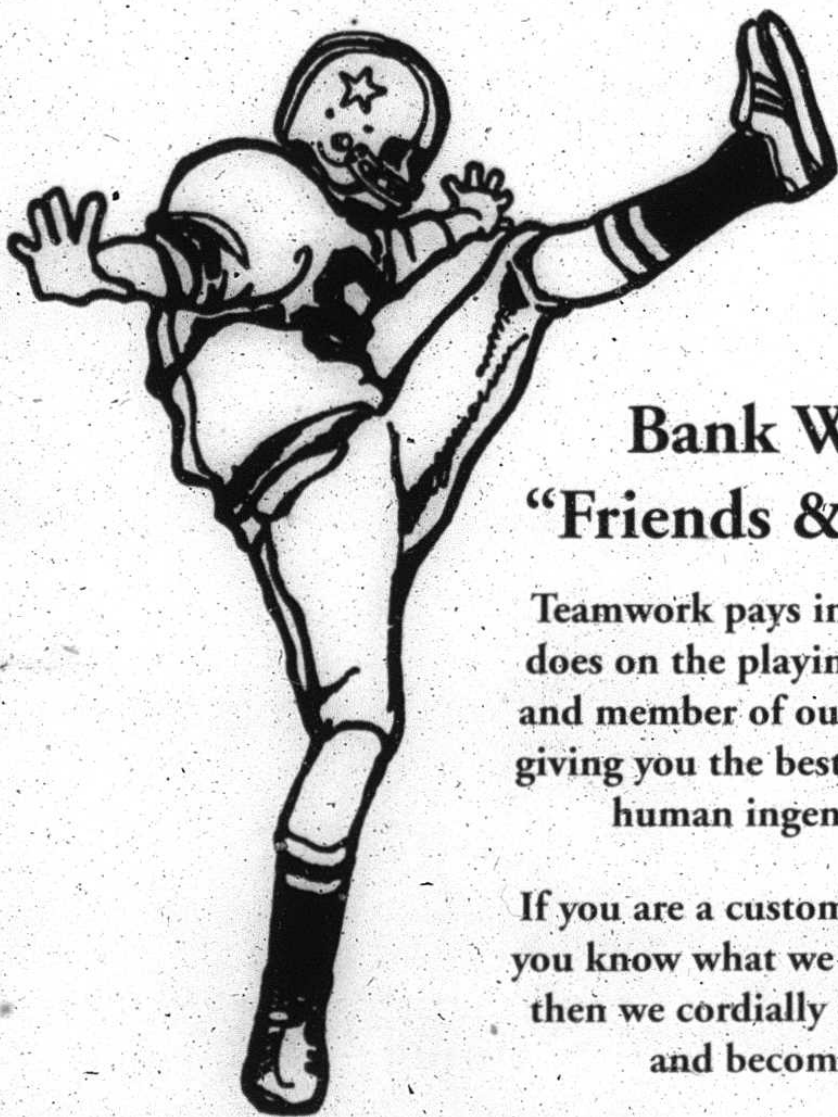


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George "Buzz" Carloftis



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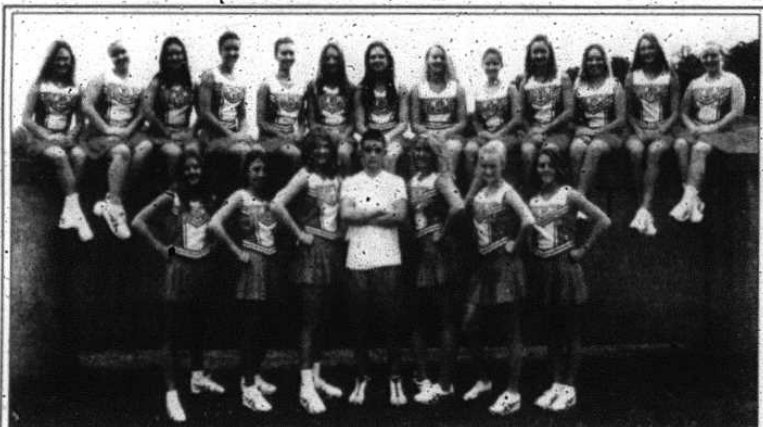
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Members of the RCHS Cheerleading squad are pictured above; front row from left: Emily Reiddington, Jerrica Poynter, Megan Parker, Dustin Johnson, Katie Stevens, Morgan Kinser and Mercedes Burdette. Back row from left: Kim Cottrell, Kacey Scoggin, Tara Barnett, Casey Taylor, Brittany Offutt, Kayla Barnett, Renee Taylor, Courtney Cordier, Heaven Spoonamore, Sara Spoonamore, Kayla Lear, Amber Bussell and Rebecca Alsip.



Tara Barnett is this year's captain of the cheerleading squad.



Rebecca Alsip and Tara Barnett are the senior members on the cheerleading squad.

RCHS Cheer- leading Squad 2003

Rockcastle Co. 2003 Varsity Football Schedule

Aug. 23	Larue Co.	@Corbin	5:45
(Cumberland Falls Pigskin Classic)			
Aug. 29	South Laurel	Home	7:30
(Renfro Valley Jamboree Bowl)			
Sept. 5	Paul Dunbar	Away	7:30
Sept. 12	Lincoln Co.	Home	7:30
Sept. 19	Southwestern	Away	7:30
Sept. 26	Clay Co.	Home	7:30
(Homecoming)			
Oct. 3	OPEN		
Oct. 10	Bell Co.	Away	7:30
Oct. 17	Madison Southern	Home	7:30
(Little League Night)			
Oct. 24	Perry Central	Home	7:30
(Senior/Parent Night)			
Oct. 31	Knox Central	Away	7:30

Wishing you
the best of
luck during
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Tommy Gooch*



RCHS football managers Brittany Perkins, left and Danielle Martinez.

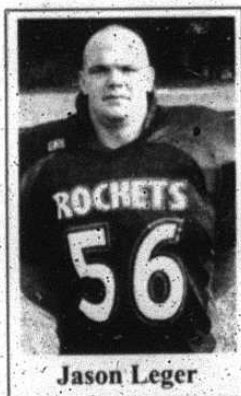
Rockcastle Co. 2003 Jr. Varsity Football Schedule

Aug. 25	Knox Central	Away	6:00
Sept. 1	Casey Co.	Away	6:00
Sept. 8	Somerset	Home	6:00
Sept. 22	Garrard Co.	Home	6:00
Sept. 29	Southwestern	Home	6:00
Oct. 6	South Laurel	Home	6:00
Oct. 13	Whitley Co.	Away	6:00
Oct. 20	Corbin	Home	6:00
Oct. 27	South Laurel	Away	6:00

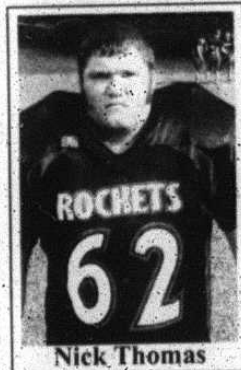
OFFICIAL FOOTBALL SIGNALS

<p>1</p>  <p>Ball ready for play</p>	<p>2</p>  <p>Start clock</p>	<p>3</p>  <p>Time-out Discretionary or Injury time-out (follow by tapping hands on chest)</p>	<p>4</p>  <p>TV/Radio time-out</p>	<p>5</p>  <p>Touchdown Field goal Point(s) after touchdown</p>	<p>6</p>  <p>Safety</p>
<p>7</p>  <p>Ball dead Touchback (move side to side)</p>	<p>8</p>  <p>First down</p>	<p>9</p>  <p>Loss of down</p>	<p>10</p>  <p>Incomplete forward pass Penalty declined No play, no score Pass option delayed</p>	<p>11</p>  <p>Legal touching of forward pass of scrimmage kick</p>	<p>12</p>  <p>Inadvertent whistle (Face Press Box)</p>
<p>13</p>  <p>Disregard flag</p>	<p>14</p>  <p>End of period</p>	<p>15</p>  <p>Sideline warning</p>	<p>16</p>  <p>First touching Illegal touching (NCAA)</p>	<p>17</p>  <p>Uncatchable Forward Pass (NCAA)</p>	<p>18</p>  <p>Encroachment (High School) Offside Defense (NCAA)</p>
<p>19</p>  <p>Illegal procedure False start Illegal formation Encroachment Offense (NCAA)</p>	<p>20</p>  <p>Illegal shift - 2 hands Illegal motion - 1 hand</p>	<p>21</p>  <p>Delay of game</p>	<p>22</p>  <p>Substitution infraction</p>	<p>23</p>  <p>Failure to wear required equipment</p>	<p>24</p>  <p>Illegal helmet contact</p>
<p>27</p>  <p>Unsportsmanlike conduct Noncontact foul</p>	<p>28</p>  <p>Illegal participation</p>	<p>29</p>  <p>Sideline interference</p>	<p>30</p>  <p>Running into (NCAA) or Reaching Kicker or Holder</p>	<p>31</p>  <p>Illegal kicking Illegal kicking (Followed by pointing toward tee for kicking)</p>	<p>32</p>  <p>Invalid fair catch signal (High School) Illegal fair catch signal</p>
<p>33</p>  <p>Forward pass interference Kick catching interference</p>	<p>34</p>  <p>Roughing passer</p>	<p>35</p>  <p>Illegal pass Illegal forward heading</p>	<p>36</p>  <p>Intentional grounding</p>	<p>37</p>  <p>Ineligible downfield on pass</p>	<p>38</p>  <p>Personal foul</p>
<p>39</p>  <p>Clipping</p>	<p>40</p>  <p>Blocking below waist Illegal block</p>	<p>41</p>  <p>Chop block</p>	<p>42</p>  <p>Holding or obstructing</p>	<p>43</p>  <p>Illegal use of hands or arms Illegal block in the back (NCAA)</p>	<p>44</p>  <p>Helping runner Interlocked blocking</p>
<p>45</p>  <p>Grasping face mask or helmet opening</p>	<p>46</p>  <p>Tripping</p>	<p>47</p>  <p>Player disqualification</p>			

Meet the Seniors



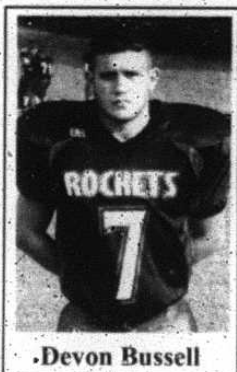
Jason Leger



Nick Thomas



Devin Taylor



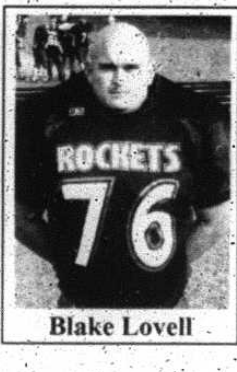
Devon Bussell



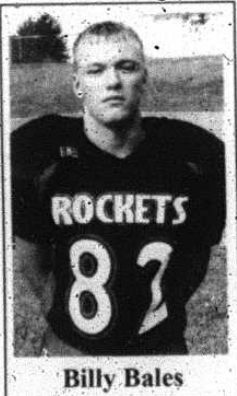
Brandon Campbell



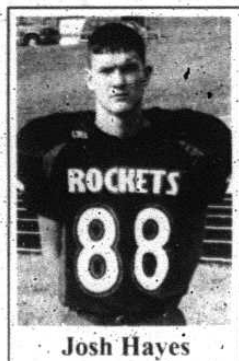
James Isaacs



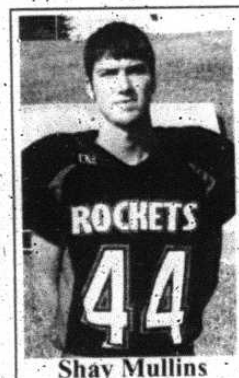
Blake Lovell



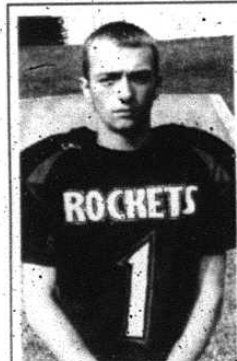
Billy Bales



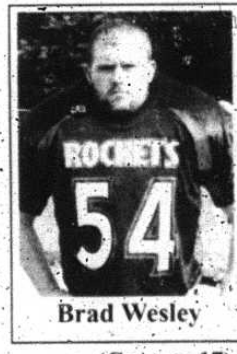
Josh Hayes



Shay Mullins



Shane Lynch



Brad Wesley

(Cont. to-17)

Rockets football season opener is at Pigskin Classic

The 2003 regular season opener for the Rockcastle Rockets football team will be this Saturday night in the Cumberland Falls Pigskin Classic at Corbin.

The Rockets will play the first game, at 5:45 p.m., against Larue Co. and the second game will begin about 8 p.m. between Corbin and Somerset.

The games are being played at Campbell Field at the old Corbin High School.

Tickets will be sold at the gate and will be \$8 each with six and under free. The ticket will be good for both games.

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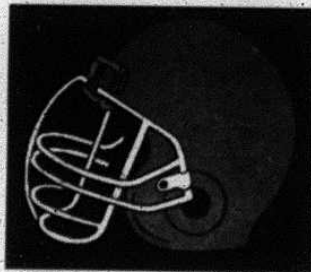
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Rockcastle Co. 2003 Varsity Football Schedule

Aug. 23	Larue Co.	@ Corbin	5:45
(Cumberland Falls Pigskin Classic)			
Aug. 29	South Laurel	Home	7:30
(Renfro Valley Jamboree Bowl)			
Sept. 5	Paul Dunbar	Away	7:30
Sept. 12	Lincoln Co.	Home	7:30
Sept. 19	Southwestern	Away	7:30
Sept. 26	Clay Co.	Home	7:30
(Homecoming)			
Oct. 3	OPEN		
Oct. 10	Bell Co.	Away	7:30
Oct. 17	Madison Southern	Home	7:30
(Little League Night)			
Oct. 24	Perry Central	Home	7:30
(Senior/Parent Night)			
Oct. 31	Knox Central	Away	7:30

Good
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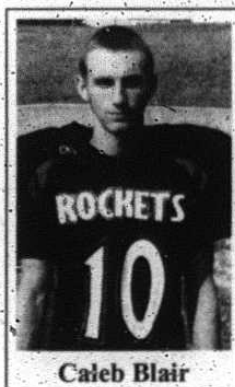


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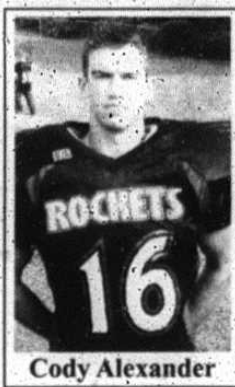
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Seniors Cont. from 15



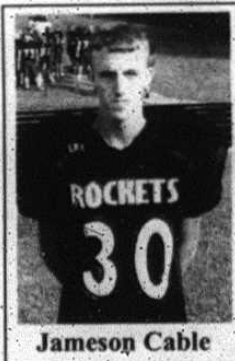
Caleb Blair



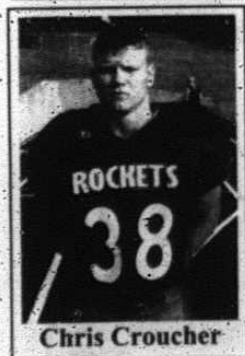
Cody Alexander



Brandon Reams



Jameson Cable



Chris Croucher



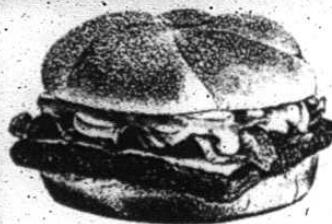
Max Saylor



Ricky Sandusky

In 2003 season
Other
Rockets
who will
see a lot
of action

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Rockcastle Co. Middle School Football Schedule

Aug. 23	Clark Middle	Winchester	10:00
(Clark Co. Bowl)			
Aug. 30	Somerset	Campbellsville	3:00
Sept. 4	Lincoln Co.	Home	6:00
Sept. 13	Wayne Co.	Home	2:00/3:30
(Rock Hard Bowl)			
Sept. 20	Madison Middle	Away	tba
Sept. 25	South Laurel	Home	6:00
Oct. 2	North Laurel	Away	6:00
Oct. 9	Corbin	Home	6:00
Oct. 11	Lexington Catholic	Away	tba
Oct. 16	8th Playoff	#1 Seed	tba
Oct. 18	7th Playoff	#1 Seed	tba
Oct. 23	Conference Champ.	Highest Seed	tba

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Rockets
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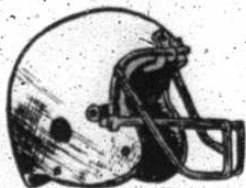
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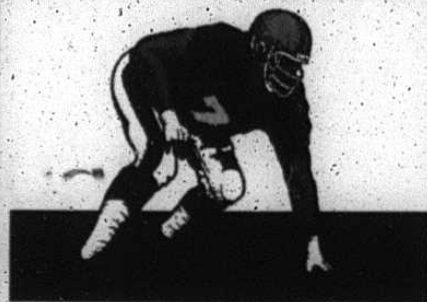
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Rockcastle Co. 2003 Freshman Football Schedule

Aug. 28	Whitley Co.	Home	6:00
Sept. 4	South Laurel	Away	6:00
Sept. 11	Lex. Catholic	Home	6:00
Sept. 18	Knox Central	Home	6:00
Sept. 25	Southwestern	Away	6:00
Oct. 2	Knox Central	Home	6:00
Oct. 9	Whitley Co.	Away	6:00
Oct. 16	Lex. Catholic	Home	6:00
Oct. 23	Madison Southern	Away	6:00
Oct. 30	Corbin	Away	6:00



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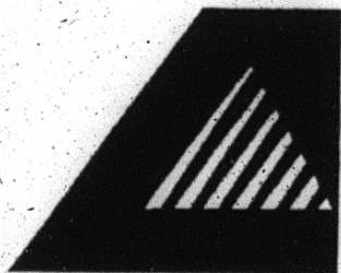
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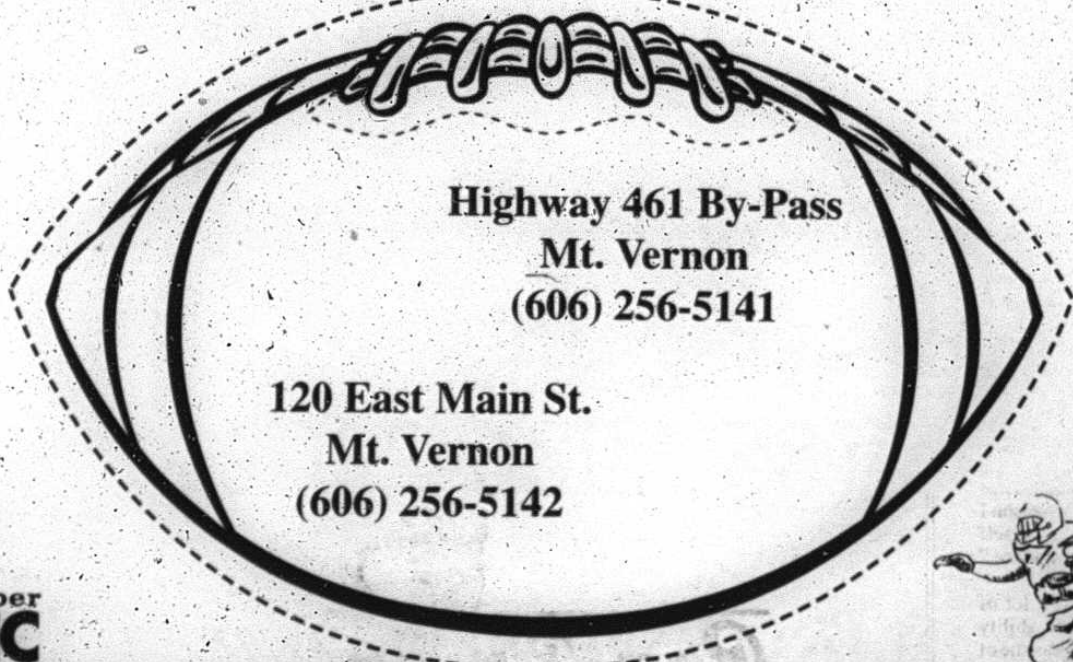
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**“Big-Time”
Programs
Recruiting
Leger**
(Cont. From 6)

from almost every school he's ever dreamed of playing for. However, he told the *Signal* that he'd narrowed

his choices down to four: Kentucky, Tennessee, Indiana, and Louisville.

New University of Kentucky head coach Rich Brooks and his staff were the first to throw a scholarship offer on the table. But there will surely be more to come. Although there is more statewide hype about him coming into this season than he or the Rocket football program ever expected, Leger continues to be very down to earth.

When asked if there is more added pressure on him to perform in his last year of high school eligibility, his answer is one that is pretty much expected if you know Jason Leger.

“No, not at all. I just have to perform like I can because it's expected of me. I wouldn't want it any other way,” says Leger.

Jason Leger has become what every little league football player in Rockcastle County dreams of being, a Division I football player.

It's because he's pretty good.

“I worked hard in the weight room in preparing myself for the season. Then when I got into the season I just tried to make myself better everyday at practice,” says Leger.

That, on top of a lot of God given athletic ability has turned Leger into one of the most feared high school football players in the state of Kentucky.

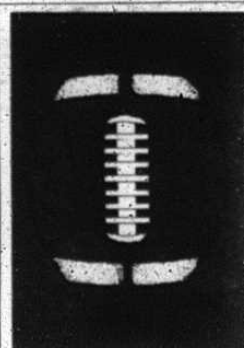
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