

By Republicans Reynolds chosen by Executive Committee

The Rockcastle County Republican Executive Committee has officially chosen recently appointed Rockcastle County Attorney Billy Reynolds as the party's candidate in the November 2nd general election. Reynolds, 39, was assistant Rockcastle County Attorney for two and half years before he was appointed to the position earlier this year.

His former boss, Jeffery T. Burdette, who had been county attorney in Rockcastle for the past ten years was appointed to the Circuit Court bench in January.

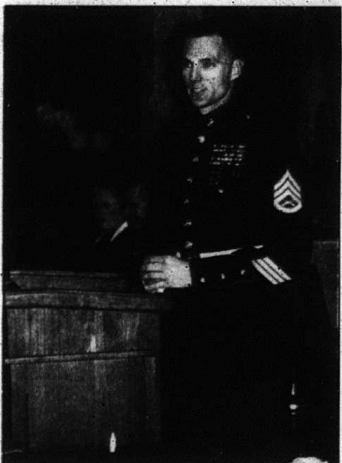
One member of the executive committee, Travis Burton, chairman of the local young Republican Club said, "I feel Mr. Reynolds has done an excellent job serving the people of Rockcastle County, and I know he will continue to do a great job."

Rockcastle Democrat County Chairman John Holbrook, said Wednesday his party had not, and (Cont. to A10)

Prom Night Alternative Northside Church to hold event

Northside Baptist Church, in Mt. Vernon, which has about 400 mem-

(Cont. to A-9)



SSG Ryan Loudermilk was the guest speaker at the ninth annual JROTC Military Ball held at RCHS. SSG Loudermilk recently completed a tour of duty in Iraq. See related photos on page B7.



Kentucky State Supreme Court Chief Justice Joseph Lambert presented State Representative Danny Ford with the Danny Ford Distinguished Service Award. The award will be an annual presentation given by the Kentucky Music Hall of Fame. Ford received the distinction at the annual Kentucky Music Hall of Fame Induction Ceremony held in Frankfort. See related photos on page B4.



Construction at Conway and at the Rockcastle River is scheduled to be complete by November. Shown above is construction work being done at Conway on Wednesday morning.

Girls fall in first round in state to Christian County 57-43

The Rockcastle Lady Rockets will probably spend the off-season wondering "what if" -- if they had had the services of point guard Johanna Abney for the state tournament -- if their draw had been just a little kinder -- if, if, if. But, the reality was that they had to go up against a good, quick, defensive-minded team from Christian County who wound up playing in the semi-finals of the tournament

and being taken out by the eventual winner Sacred Heart.

The Lady Rockets, despite terrible shooting and over 16 first half turnovers, still managed to be down only one at the first quarter stop 9-8 and seven at the half 23-16.

Junior Tara Rowe, who had been counted on to take up much of the slack of Abney's scoring -- seemed to be having back problems and didn't score her first field goal of the game until the fourth quarter when she put two three point baskets through the hoop.

Junior Heather Hammond and senior Lauren Clontz turned in excellent first half performances with Hammond getting the first points of the game for her team and hitting the boards with the same ferocity she displayed all season. Clontz also tried to make up for Abney's absence, fighting for rebounds and trying to muscle points under the goal as did Sarah Parsons, the first sub off the bench for Coach Chrysti Noble.

Hammond wound up leading her team with 16 points and Clontz was

next with 9. The Rockets were hurt in the second half when junior Katie Parsons took a body part of someone's across the face which drew blood and hampered her performance for the remainder of the game.

But, it was all in vain as the Lady Colonels from Christian County totally dominated the second half, scoring six straight points before Clontz got the first basket for the Rockets at the 4-46 mark.

The Lady Colonels had built their (Cont. to A-9)

Weather High temp was 81 on the 28th

They say that if you don't like the weather in Kentucky in the Spring, just hang around.

(Cont. to A10)

RCHS senior gets U.S. Naval Academy appointment

Will report
July 1st

An RCHS senior girl has a "first" to her credit, the first girl from Rockcastle County to receive a congressional appointment to a military academy.

Anna Guilfoil, daughter of John and Joanne Guilfoil of the Climax area of Rockcastle County, will report to the U.S. Naval Academy at Annapolis, Maryland on July 1st.

Guilfoil expressed delight at her appointment, saying it had been a lifelong dream. Her grandfather was a Lt. Commander in the Navy in WWII and an uncle, also a graduate of the Naval Academy, was a fighter jet pilot. Guilfoil also hopes to get into the aviation program at the academy and fly jets.

"It was a trying experience for the Guilfoil family before Anna's dream could become a reality. The process began over a year ago and involved myriad applications, an essay and medical clearance. There, two snags were hit, one when the Navy was told by a Corbin optometrist that her vision could not be corrected to 20/20 and another involving a kidney problem. Anna finally got waivers for both, proving that her vision could be corrected to 20/20 and that the kidney problem was not something that would hamper the performance of her duties.

She was accepted into a summer seminar in 2003 which gave her the status of a candidate for the academy but was not officially notified in February that she had been accepted.

"I wanted to get into the academy because it will be a different college experience from a regular college and there is a lot of honor involved in being selected," Guilfoil said.

On announcing her selection to the academy, U.S. Representative Hal Rogers (R-Somerset), said "Anna has worked very hard to receive this appointment to the Naval Academy. She has demonstrated the character, skills and drive that our nation seeks in its leaders. Anna is a talented young lady and I am proud she will represent Rockcastle County, and the entire Fifth Congressional District; at one of our nation's most prestigious military academies."

Anna said she had several people who owed her appointment to including Cong. Rogers and everyone in his office. State Rep. Danny Ford and Jo Cook for their advice and letters of recommendation; the RCHS staff for their letters of recommendation and support including Susan Norton, Scott Adams, Danny and Debbie Coleman, Stephanie Harmon, Jennifer Mattingly and Nancy Bussell; Drs. Lee Cain and Karen Saylor for helping her get medical waivers and with the medical part of the process; Sen. Mitch McConnell; her uncle, Capt. William C. Kurz, USN Ret. and Rod Robertson and Captain Reese, both with the Blue and Gold Office.

More Honors
2004 has been a good year for Anna, thus far. She recently took her writing abilities to the State Governor's Cup Composition Competition and won third place, out of an elite group of 94 students from all over the state.

Anna's journey to the state began at the district level where she placed second. From there, she competed in regionals and won. Only the top four students from each region advanced to the state.

She was accompanied to state by her coaches, Ms. Stephanie Harmon and Ms. Allette Cornelius.

Should be completed by November Construction projects on interstate 75

Local motorists traveling through Rockcastle County on interstate 75 will encounter delays until at least November.

As part of the 2000 highway construction federal bill, initiated by then President Bill Clinton, improvements and widening of the interstate continue.

I-75 in Rockcastle County is currently under construction on both ends of the county at Conway and at the Rockcastle River bridge.

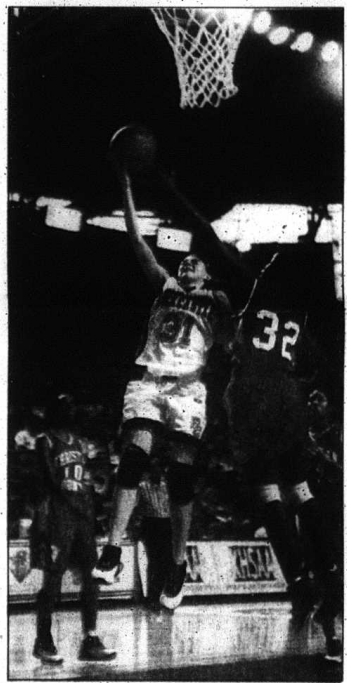
The interstate has already had

improvements and widening in other areas of the county throughout the past two years.

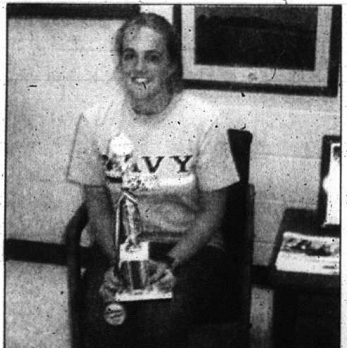
Elmo Greer and Sons of London have the construction contracts on both projects and a local employee, Jeff Vanhook said this week the company is behind about two weeks on the Rockcastle River Project because of flooding earlier in the year.

Vanhook said the Conway project was on schedule to be finished on time and possibly early.

(Cont. to A10)



It was a valiant effort for junior Heather Hammond in the Lady Rockets State Tournament appearance at Diddle Arena in Bowling Green last Thursday. Above, Hammond goes against the Lady Colonels' 6' sophomore Arika Brown for a basket. Hammond took scoring honors for her team with 16 in the Rockets 57-43 first round loss.



Senior Anna Guilfoil is shown with the trophy and medal she received for placing third in the state Governor's Cup Composition Competition. Guilfoil won third out of a group of 94 students from all over the state.



T.J.'s Journal

by: Tonya J. Cook

How time flies when you're having fun, so they say. I scarcely can believe that a whole year has passed since I wed last year. My husband and I were married last March twenty-ninth and three or four days prior to the "big event" were just short of a nightmare in trying to get the final plans in order. Everything fell into place, somehow, and no one seemed to notice the things that were forgotten. I guess everything turned out fine, as Stanley said, "It's the best thirty-nine dollars he ever spent" (for the marriage license).

We have yet to have our first fight. Here it is a year later. We are planning our first anniversary. We will be going out of town this weekend for a

short getaway. We need to get away for a few days just to relax, even if it wasn't our anniversary.

This is Friday evening, and our anniversary is Monday. Stanley will be taking off Monday from work in order to make it an extended weekend. I'll soon be throwing some clothes in our luggage. Let's see: What all shall I pack? I don't want to overdo as I did last year.

I'll never forget our honeymoon last year. We arrived at our condo that we had rented, and Stanley began carrying in the luggage as well as some food to stock the kitchen. As he carried in the various items, I would put them away. There wasn't a closet, so I had to put all of our

clothes in a huge chest that had about five drawers. I was even fortunate enough to save one of these drawers for Stanley's clothes. I had the other four. I tend to travel with a lot of clothes. After all, it's a girl's prerogative to change her mind, or in this case, outfits.

We plan to take our wedding cake top to have for dessert on Sunday night when we go out somewhere special to eat. It has held up very well and is presently defrosting.

I've not had a lot of luck with wedding cakes. At my first wedding, my mom and step-dad thought they would pick up the cake on the way to the wedding. The bakery was going to charge ten dollars for delivery and setup, and Mom thought that we had already been out enough on the cake.

They were proceeding to the wedding with two layers of cake in the back seat of the car, with Mom holding the top layer. Harold, my step-dad, had to throw on the brakes suddenly, and both layers of cake that were in the back seat ended up in the back floor board. Poor old Mom was now wearing the top layer of cake. Unfortunately, she had already dressed for the wedding in her long pink formal.

After arriving at the wedding location, she managed to get some help, and salvaged one good side of each layer of the cake. However, no one even bothered to tell me that my wedding cake had been mangled, and had lain in the floorboard of a Ford LTD just minutes before the wedding.

I saw Mom only briefly before the wedding, and didn't get a chance to ask her what had happened to her dress. I was wondering why the dress was soaking wet almost from top to bottom in the front. Evidently, she had had to wash it out in the ladies' restroom, as she didn't have time to change. I didn't find out about this little fiasco until I started to cut the cake, and I was just thinking...this isn't exactly what I ordered. I was wearing the cake from the backside, but the pretty side was in front; and the guests were none the wiser.

Maybe this cake top will survive the trip a little better. In any case, I guess I should start packing, or we won't be going anywhere.

NOT THE ONE

The David A. Spoonamore listed in District Court News in the March 25th issue of *The Signal* is not the David Spoonamore Roofing.

Our Readers Write

Dear Editor,

Whether or not it takes a village to raise our children, I'm not certain. I am certain that it takes a community to help build enthusiasm, character and confidence and to provide the resources necessary for excellence.

This has been demonstrated, once again, this year as our Rockcastle community came together to provide encouragement, accolades and applause and, perhaps most importantly, resources for the many sports programs that have competed on a state and national level of competition.

I want to personally thank each individual, group and business that provided all of the above, and especially financially, so that our youth could excel. I have benefited more than once from this community's pride and generosity. I witnessed it first with my son, Andrew, when, and the team of '02, became the first boys team from Rockcastle County High School to reach the "Sweet Sixteen" and then again at Project Graduation.

I was witness to it again this past year as my middle daughter, Heather, and her Lady Rocket's team reached the "Sweet Sixteen" and my youngest, Sara, participated in Lady Rocket AAU basketball competition. Sara's 10 & Under AAU Girls team became the second team from Rockcastle County to win a state championship, the other being our RCHS Rifle Team. The team will participate in the National AAU Tournament in Orlando, Florida, the week of June 26-July 4.

Again, thank you Rockcastle community for your pride, loyalty and generosity.

Eddie Hammond
A Proud Dad

Dear Editor,

With all due respect I understand your anger with all that we do. It is just my opinion that we are no longer capable of administering the death penalty. A group of law students recently freed about half the prisoners on Illinois death row. They were totally innocent. Just mostly poor railroad scapegoats.

Thanks for taking the heat for my

grammar and spelling. My apologies.

I started to school at five with a total of only eight students, mostly cousins for teachers, skipped the third and seventh, started high school at eleven. Couldn't handle it, didn't even have a change of clothes. You can imagine. Later years talked the Navy recruiter into getting a waiver to allow me to take the test. He said pay your bags. In 1962 I completed all the test for a degree in Naval Engineering. Yes, I knew Mrs. McKinney back on Skeggs creek. I was just too young for her to remember. Her husbands sister was married to my uncle. The young McKinneys would come from Ohio in summer to visit my uncles nearby farm. Christine, a beautiful lady, and I admired their new shiny car. She don't remember much about skeggs creek, says she was raised between Pongo and Bloss two nearby areas, and Skeggs creek appears to run between them.

As to the Reagan Social Security

thing, I personally saw and heard him say that "Old people don't need Social Security that they should have saved enough to do them". That is good enough for me.

I want involve myself with anyone "Kill the messenger" people.

Jim Norton
MtVernon Ky.

Dear Editor,

On behalf of the Rockcastle County Young Republican club, I would like to publicly thank several people and businesses for their tremendous support of our recent fundraiser. I realize there are often letters of this nature but I encourage you to review this list of names as these individuals and businesses are truly the backbone of our community.

For their contributions we wish to thank Rockcastle County Lailer James Miller, County Attorney Bill Reynolds, State Representative Danny Ford, Circuit Court Clerk Teresa Vanzant, County Clerk Norma Hoak, PVA Margaret Offit, County Judge-Executive Buzz Carlifotis, Re-

(Cont. to A-3)

Risks of Artificial Tanning

Presented by Dr. David Brabon

Do you like to keep your tan all winter, or get an early start on summer by going to tanning booths or using other tanning aids? Many do, but perhaps they shouldn't.

There are a number of reasons why tanning booths can be harmful.

Although the wavelengths of the lights used in these booths do not cause skin cancer, as sunlight does, they are still harmful. They damage the skin in different ways.

These rays penetrate deeper into the skin and do more damage to the collagen and elastic fibers. This will cause the skin to develop wrinkles sooner and sag much more. Once these collagen and elastic fibers are damaged, they are damaged forever. The body cannot repair or replace these fibers. Another bad effect is that the tan that results from tanning booths does not protect like a real tan does. It is only about half as effective as the same degree of tan from the sun. Having this less protective tan allows a person to sunburn more easily than he expects when he gets out in the sun. And sunburns are more than an annoyance—they greatly increase the chance of developing skin cancers, including melanomas. Melanomas are the deadly form of skin cancer that grow rapidly and spread easily.

If the tanning booths are not completely cleaned after each use, there is a risk of exposure to viral infections of the skin. These can include herpes viruses, wart viruses, or other infections.

If you want to keep your skin youthful and free from wrinkles longer, think twice before getting a tan, even an artificial tan. Occasionally, your physician may even prescribe the use of a tanning booth as treatment for a specific skin condition, but these are limited treatments over a short period of time.



Letters to the Editor

Letters must be 300 words or less and have a valid name and address. Letters are printed as they are received as space permits. Letters must not contain libelous material and must be in the office before noon on Tuesday of each week.

The *Mount Vernon Signal* does not print anonymous letters.

For questions or concerns, call Perlina Anderkin at 606-256-2244

Mount Vernon Signal

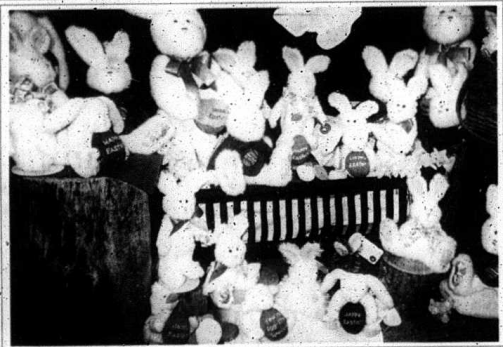
Publication Number 366-000
Periodical Postage Paid in Mt. Vernon, Ky. 40456
606-256-2244

Published every Thursday since November, 1887, Office in the Mt. Vernon Signal Building on Main Street in Mt. Vernon, Ky. 40456. Postmaster, send address changes to P.O. Box 1852 Mt. Vernon, Kentucky, 40456.

James Anderkin, Jr., Publisher Emeritus - Richard F. Anderkin, Editor
Perlina M. Anderkin, Managing Editor
Patsy Benge, Advertising Manager

SUBSCRIPTION RATES

In County - \$16.75 Yr. Out-of-County In State - \$21.75 Yr.
Out-of-State \$30.00 Yr.
e-mail address - mvsignal@sun-spot.com



Fill your Easter Basket with Boyds Bunnies or Ty Beanie Babies this Easter from

Main St.
Mt. Vernon

Hiatt's
5 & 10

606-256-2691



3 Days Only!
Friday, April 2 thru Saturday, April 3 and Monday, April 5

Sam Swope Honda Richmond

WILL FILL YOUR GAS TANK FOR THE NEXT YEAR!

on every New or Used Sam Swope Vehicle!!!



UP TO 48 MONTHS	USED VEHICLE PRICING	
1992 Pontiac Grand Prix	very clean, runs great	NOW \$3,887
1995 Ford Contour	V6, extra clean	NOW \$3,995
1995 Toyota Corolla	Local trade, extra clean	NOW \$3,998
1996 Ford F150	perfect farm truck	NOW \$5,886
1994 Honda Accord	only 39,000 miles	MUST SEE!!
1998 Nissan Altima	local trade, very clean	NOW \$7,848
1998 Subaru Legacy	one owner, low miles	NOW \$7,989
2000 Corolla	power windows, locks, extra clean	NOW \$9,888
1998 Honda Accord	extra clean, only 41K miles	NOW \$10,786
2001 Nissan Altima	low miles, local trade	OR \$109 MO.
2001 Honda Accord EX	one owner, sharp	\$13,965 OR \$249 MO.
2001 Lincoln Continental	local car, must see	\$16,965 OR \$299 MO.
2003 Nissan Altima	leather, roof, extra clean	\$18,986 OR \$399 MO.
2003 Honda CRV	special car, only 5K miles	NOW \$16,986

...Your 4X4 Headquarters...

1996 Chevrolet Blazer	4WD, extra clean	NOW \$9,949
1997 Honda CRV	4WD, one owner, nice SUV	NOW \$9,664
1997 Jeep Wrangler	4WD, extra clean, soft top	NOW \$9,987
1996 Toyota RAV4	4WD, nice SUV	NOW \$8,949
2001 Nissan Frontier	4WD, low miles, extra clean	NOW \$12,787
2001 Toyota Tacoma	4WD, extra sharp, only 10K miles	\$13,966 OR \$249 MO.
2000 Nissan Xterra	4WD, nicest in town	NOW \$15,474
2001 Honda CRV	Honda certified, sharp	NOW \$16,678
2002 Chevrolet Trailblazer	one owner, all the options	NOW \$17,979
2003 Dodge 1500 Quad Cab	4WD, nicest in town	\$24,984 OR \$429 MO.

NOBODY WORKS AWAY! 859.779.1000 See our entire inventory at www.sshonda.com
1180 Dr. Robert R. Martin Bypass • Richmond, KY 40475 • Toll Free 877.86. HONDA

4-H Variety Show winners announced

4-H Youth Development



John McQueary
Rockcastle County Extension Office

The Rockcastle County 4-H Variety Show was held at Mt. Vernon Elementary School on Tuesday, March 16. Winner in the 2004 Club Act Division was the 4th Grade 4-H Club from Mt. Vernon Elementary led by Mrs. Kaye Cameron and Mrs. Thanna Connolly. Their act was entitled "Oh No, You're Kidding".

Winners in the Specialty Act Division were: 1st Place, Katie Howard from RCMS, and 2nd Place, Dalton Hutton from Mt. Vernon Elementary. Other Blue Ribbon Winners were: Will Walker, Kara Canterbury, Macie Louallen, Megan Louallen,

and Nachae Owens from Roundstone Elementary; Brittany Adams, Marie Poynter, Kaitlin Burke, and Heather Gregory from Broadhead Elementary; Zachary McClure, Courtney Campbell, Mason Phillips, and Dylan Bell from Mt. Vernon Elementary; and from Rockcastle Co. Middle School were Breana Bryant, Holly Brown and Carrie Hunt.

We offer a special thank you to Sally Mize for being our Master of Ceremonies.

Educational programs of the Kentucky Cooperative Extension Service serve all people regardless of race, color, age, sex, religion, disability or national origin.



Sally Mize was Master of Ceremonies.



4-H Variety Show Club Act winner was Mt. Vernon Elementary 4th Grade Club, led by Ms. Cameron and Ms. Connolly.

Cleanup at Quail Park

The Quail Homemakers Club members will be having a cleanup evening at Quail Park on Monday, April 5th at 6:00 p.m. The park is used by many groups during the summer and is a great asset to the community. Not only club members are needed but anyone that could donate a couple of hours of your time, it would be greatly appreciated.

Please come out and help with the work so that the park can be kept looking nice. You are asked to bring hoes, rakes, shovels, weed eaters and chain saws.

"Letters"

(Cont. from A-2)

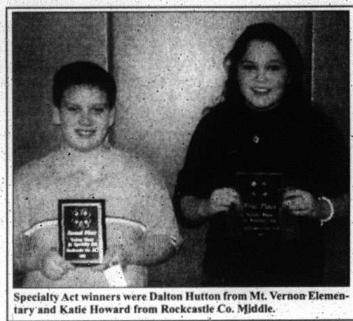
publican Party Chairman John Ford, Mt. Vernon Mayor Clarice Kirby, Dell Pender, Roberta Taylor, Vivian Amis, Sherry Asher, Bobby and June Taylor, The Kentucky Music Hall of Fame, Cox Funeral Home, the Dardi-Delitte, Ford Brothers, Cummins Gun Shop, The Mt. Vernon Signal, The Cutting Edge, Coffey and Ford Law Offices, Rockcastle Veterinary Clinic, IGA, Taylor's Produce and to everyone that came out and showed their support.

Thanks to the help of these people and businesses, we were able to host a very successful event. To all of those who helped, again I thank you.

Sincerely,
Travis T. Burton
Rockcastle County
Young Republican Chairman



4-H Specialty Act participants were Will Walker, Macie Louallen, Kara Canterbury, Megan Louallen, Nachae Owens, Brittany Adams, Marie Poynter and Zachary McClure. Back row from left: Kaitlin Burke, Morgan Campbell, Dylan Bell, Mason Phillips, Carri Hant, Breana Bryant, Dalton Hutton, and Katie Howard.



Specialty Act winners were Dalton Hutton from Mt. Vernon Elementary and Katie Howard from Rockcastle Co. Middle.

Taco Bell

Open Monday - Sunday
10 a.m. to 7 p.m.

Located at Exit 62 -
Mt. Vernon

Pine Hill Holiness Church and Pastor Allen Hensley invite everyone to attend the live presentation of *He's Alive*.

A MUST SEE FOR BELIEVERS AND NONBELIEVERS

Please join us Sat., April 10 at 7 p.m. or Sun., April 11 at 11:15 a.m.	For more information or group seating contact Becky Smith at 606-758-4656
---	---

Drawing by Dale Venable

Located on Hwy. 25 South between Mt. Vernon and Livingston.

Having cancer is stressful enough.

Access to treatment shouldn't be.

Chemotherapy treatment used to mean making a long trip out of town. But not any longer. Through a joint project of Rockcastle Hospital and Respiratory Care Center, Inc. and the Markey Cancer Center at the University of Kentucky, chemotherapy is now offered in Mt. Vernon.

Dr. Susanne Arnold, of the Markey Center, oversees the program, which includes inpatient consulting and outpatient treatment regimens.

Call 256-0859 for an appointment.

Rockcastle Hospital.

Leading the Way in Access to Better Health Care.

Dr. Susanne Arnold, MD
Hematology & Oncology

Are you ready to take the next step toward home ownership?

Financing a home is a big step in anyone's life. We offer long term financing, fixed and adjustable rates, and, best of all, up to 100% financing. Don't wait, now may be the perfect time for you to take that next step toward home ownership!

Come by and speak to one of our home-loan specialists to learn how you can take it in stride.

Community Trust Bank
building communities...built on trust®

Member FDIC
Subject to credit approval

April designated as National Occupational Therapy Month

April 2004 has been designated as National Occupational Therapy Month by the American Occupational Therapy Association, and by the occupational therapy practitioners at Rockcastle Hospital and Respiratory Care Center.

Occupational therapy is a health profession that helps persons whose lives have been affected by illness or injury. People who can benefit from occupational therapy range from the tiniest of newborn infants to senior citizens, and every age in between.

Rockcastle Hospital offers Occupational therapy, which helps children pursue the "occupations" of learning, playing, and growing. A leading reason for referring a child to occupational therapy is for help in mastering handwriting, a skill necessary for the "job" of student. But occupational therapy also helps children with conditions such as autism, cerebral palsy, Down's syndrome, spina bifida, attention deficit hyperactivity disorder, and many other health problems. Rockcastle is unique in this area. We offer certified Sensory Integration therapist who can provide specific sensory diets to target problems these children deal with daily.

Premature infants with health problems also benefit from occupational therapy. A baby's "occupations" are to simply eat and grow. If the baby has developmental delays or feeding problems, Rockcastle Hospital offers occupational therapists that can often provide sensory and developmental treatments that improve the baby's ability to take in

nourishment and meet developmental milestones.

Rockcastle Hospital Occupational Therapy helps injured workers return to the job, and also can teach healthy employees how to prevent injuries at work. Some common work-related conditions that can benefit from occupational therapy are hand and wrist problems such as carpal tunnel syndrome and tendonitis. We also offer Functional Capacity Evaluations (FCE) that determine the level an employee can work safely.

Older persons have a variety of health problems that can be helped by occupational therapy. For example, arthritis, stroke, and Parkinson's disease can affect the ability to carry out many activities of daily living such as dressing and eating. Occupational therapy can teach new ways or provide ingenious equipment to help carry out these tasks. The goal is to make the older person as independent and as safe as possible. Rockcastle Health and Rehabilitation is a wonderful setting that provides Rehabilitation and LTC to the older individual suffering from any of these issues.

Today, there are occupational therapists and occupational therapy assistants practicing, helping people master the "skills for the job of living!" at Rockcastle Hospital and Respiratory Care Center, Rockcastle Health and Rehabilitation, and Rockcastle Outpatient Rehabilitation. If you have any questions or would like more information please contact the OT department at (606) 256-7763.



Members of the Occupational Therapy department are shown above, front: Cheryl Mullins. Second row from left: Tiffany Hopkins and Debby Bowles. Back row from left: Jannica Richards, Shauna Poynter, Amy Abbott and Vickie Carnes.

Get to know your children's friends

Family and Consumer Sciences
Hazel Jackson
Rockcastle County Extension Office

It's important for parents to be a part of their children's lives without overdoing it. One way is to get to know your children's friends. You may be able to help children learn the social skills needed to develop and maintain positive friendships.

These suggestions will help your children make friends who will enrich their lives and yours, too.

Encourage your children to join school or church activities, become a volunteer or join a hobby group to meet new people and develop friendships.

Let children bring friends home from time to time so you can get to know them. You may want to plan a pizza party, have a game night, rent a popular movie or have a sleep over. Make yourself available, but don't intrude on the children and their friends.

You also might want to include children's friends in family outings such as a camping or fishing trip, an evening bowling, or trip to a zoo, aquarium, museum or amusement park.

Allow your children to visit their friends' homes. You might want to accompany them on the

first visit to meet the parents of their friends. Try not to be too critical of their friends. Children and teenagers tend to be drawn to people parents criticize. Make it a point to emphasize positive things about their friends.

By example, show your children that you enjoy having friends, too. Perhaps you could include older children in appropriate activities with your friends.

For more information, contact the Rockcastle County Cooperative Extension Service 256-2403. Educational programs of the Kentucky Cooperative Extension Service serve all people regardless of race, color, age, sex, religion, disability or national origin.

News Deadline is Noon Tuesday

Brodhead Elderly Apartments

Housing for the Disabled, Elderly & Handicapped
Rent Based on Income
Kitchen Appliances Furnished
Water, Sewer & Garbage Paid

For Applications call or write:

Brodhead Elderly Apartments

Rt. 1 Box 10 • Brodhead, KY 40409

Phone: 606-758-4506 or 1-800-686-4447



(TDD for speech & hearing impaired 1-800-648-6056)

LIVESTOCK EQUIPMENT SALE

Saturday, April 3rd • 10 a.m.

At Madison Livestock Sales Parking Lot

STILL ACCEPTING CONSIGNMENTS

CONTACT: Darrell Tate (Auctioneer) 859-493-8283 (Mobile) 859-425-1946 (Home) Madison Livestock Sales LLC, acts as agents only and does not guarantee condition or implied warranties. Not responsible for accidents.
Dennis Curlett 606-965-3591 (Home) 859-432-9385 (Mobile) Jim Deane 859-314-7211 (Mobile) 859-432-9778 (Home)

TRACTORS	LAWN MOWERS	EQUIPMENT (CONT.)
1-240 John Deere	1-1000 Husqvarna Lawn Mower	1-491 New Holland B. Chain
1-440 John Deere	2-1000 Lawn Mowers	1-300 John Deere S-Series PTO
1-770 Ford 9800 Wheel A		1-484 Magnum Sprayer (PTO)
1-1800 Ford W/ROPS		1-18 B. Chain Harrow
1-2410 Ford		1-30 B. Chain & Hay Elev. (PTO)
1-2410 Ford		2-3 B. Chain Buses
1-4610 New Holland 7700 Tractor		2-Profile Handcarts (Carts)
1-4610 Ford		2-Profile Cattle Spreader Chain
1-5610 Ford W/ROPS & PTO		1-30 Counter Weight Box
1-2-10 Massey Ferguson		1-4-Drive Grubtractor
1-4600 A Farmall w/ P. Row		Hyd. Imake Agee Vw. Speed
1-2-10 John Deere		1-1200 20 Motor Cast. Chd
1-8-3600 Kubota w/ 40" Motor Del.		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
2-John Deere Green 441 (2002)		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		1-1200 20 Motor Cast. Chd
1-3600 Ford		1-30 Counter Weight Box
1-3600 Ford		1-4-Drive Grubtractor
1-3600 Ford		Hyd. Imake Agee Vw. Speed
1-3600 Ford		



Ashley Cottrell, current Broodhead Queen, declared Brooms by Chris as the Broodhead Business of the Month for March. Chris Robbins is shown with the Queen in front of his business' trailer. According to Cottrell, "Broodhead is lucky to have such a talented craftsman in its community." The Queen also reminds everyone to mark their calendars for the Broodhead Homecoming Festival to be held Memorial Day Weekend.



A big thank you to Food-World for hosting the 1% It Tastes Good Event sponsored by the Rockcastle Health Department. Appearing at the event was Cora Belle the cow. Children just seem to love her and most of our 90 participants loved the 1% Southern Belle chocolate and strawberry milk they sampled. Participants were also given cow magnets and key chains and information about the benefits of drinking 1% or less milk. 1% milk has all the nutrients but half the fat of 2% milk and one fourth the fat of whole milk. 1% and fat free milk are not watered down, just the fat has been skimmed off. So when you drink 1% or less you lose the fat, but not the flavor. Over a lifetime this could be as much as 400 pounds of heart stopping fat. Above, Kayla Cheyenne Smith and below, Jacob Mink, visit Cora Belle the cow.



ROCKCASTLE
HOSPITAL AND RESPIRATORY CARE CENTER

It's NOT easy to quit smoking

Like many smokers you've tried to quit, but despite your best effort you've started smoking again.

If you would like help to stop smoking, the Kentucky Cancer Program can help. Using an innovative smoking-cessation program called the Cooper-Clayton method we can help you to become a non-smoker.

A 12-week program sponsored by Rockcastle Hospital will be starting April 6.

Join the hundreds of other Kentuckians who have quit for life.

Interested in participating?
Call Tammy Brock or Paul Abney at (606) 256-2195

Poison Prevention Council message

Young children will eat and drink almost anything! Each year, poison control centers report nearly one million children under the age of five are exposed to potentially poisonous medicines and household chemicals. To reduce the risk of poisoning:

1. Keep household products and medicines out of reach and out of sight, preferably in a locked cabinet.
2. Store medicines, and other dietary supplements (especially iron pills) separately from other household products.
3. Keep all products in the original container.
4. Turn on the light when giving or taking medicine and always read the label.
5. Avoid taking medicine in front of children.
6. Call medicine by their proper names. Do not call it candy.
7. Clean out your medicine cabinet periodically. Get rid of old medicines by flushing them down the drain or toilet. Rinse the container before discarding it.
8. Insist on the child resistant packaging. Resecure after each one.

Happy Birthday

Javenn Ayers will celebrate her birthday on April 2, 2004. She is the wife of William Jerry Ayers, a local author, poet, songwriter whose writings have appeared in this paper often. Mrs. Ayers will celebrate her birthday with her family and friends at Renfro Valley.

We join them in wishing her a very "Happy Birthday" with many more to come.

NEW BUSINESS OPEN!!
Alcorn's Detail Shop
Hwy. 150 • Brodhead • Across from Rose's One Stop
Open Monday thru Friday, 9 a.m to 5 p.m., Sat. 9 to 3
CALL 606-308-5761

Free CNA Classes

Free Certified Nurse Aide classes are offered to qualified applicants, ages 16-21. Start your career in Healthcare and increase your earning power. GED assistance also available.

Bring these items with you on day of application.

- Drivers License
- Social Security Card
- Proof of Income

We will be accepting applications at Rockcastle Co. Senior Citizens & Day Health Care Center on Hwy. 150 in Mount Vernon, Ky. Monday, April 5th from 10 a.m. to 3 p.m.

Education and Training Resources
Somerset Lync
24 Rowena Drive • Somerset, Ky. 42501
606-451-8621

Funded by Cumberland Investment Board, through U.S. Dept. of Labor administered by the Lake Cumberland Area Development District, Inc. with Workforce Investment Act monies, an Equal Opportunity Employer Program and auxiliary aids and services available upon request to individuals with Disabilities.

Get on Board!

PRIDE Spring Cleanup

WHAT?
An old fashioned **SPRING CLEANING** for the City of Mt. Vernon

- Free **T-shirts** for the first 50 volunteers
- **Prizes!**
- **Cash prizes!** (2 for \$25, 2 for \$50, & 2 for \$100)
- **3 cash prizes** awarded in 2 categories:
 1. The largest number of trash bags filled
 2. The largest number of volunteers in a group

The City is requesting donations for these prizes. Please call or visit City Hall to donate cash or give-away items. Our cleanup program is an ongoing activity.

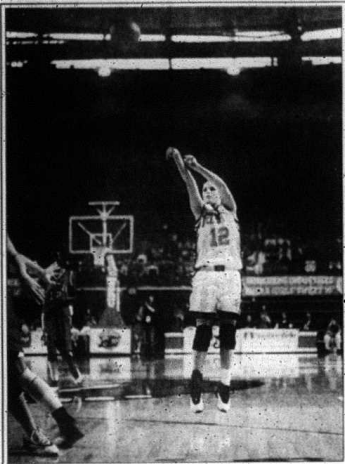
WHO?
Everyone in the community including YOU!

WHEN?
April 10 - April 24
Week 1: Saturday, April 10, Begins at 9:00 AM
Week 2: Saturday, April 17, Begins at 9:00 AM

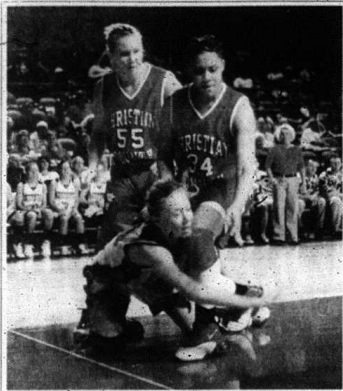
WHERE?
Week 1: Meet at City Hall
The cleanup area begins at Highway 25 South (at Kwik Mart), in the City limits, along Main St. & on Richmond St. to the lights. Turn right & proceed to the City limits, past Renfro Valley.
Week 2: Meet at Lake Linville Boat Dock
The cleanup areas are the boat dock & Lake Linville Rd.

HOW?
To volunteer, please fill out a registration form. Forms are available at City Hall. Stop by or call 256-3437.

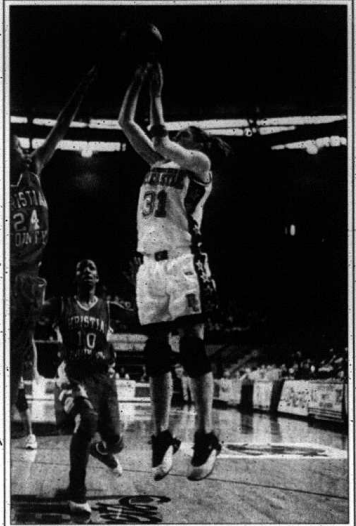
WHY?
To make our community cleaner, healthier and more attractive for ourselves and visitors



Junior Tara Rowe missed her first shot of the game and then went to the fourth quarter before making two three point baskets to wind up with 8 points in the game. Rowe, along with Abney, Hammond and Katie Parsons, will all be back next year when the Rockets' chances at a return to the Sweet Sixteen are excellent.

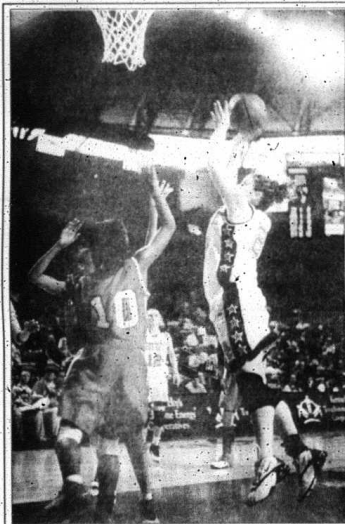


"Taking it on the chin" probably took on a whole new meaning for junior Sarah Parsons who looks as though she literally did in this photo. Parsons came off the bench to score four points in her team's losing effort at this year's Sweet Sixteen at Bowling Green.

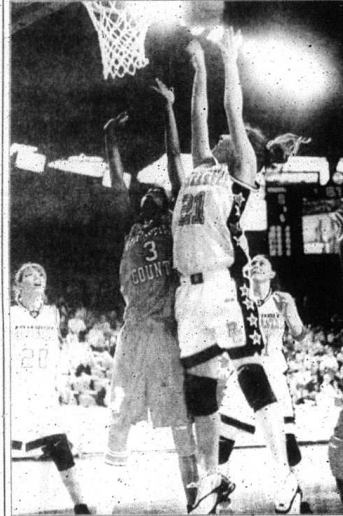


Junior Heather Hammond pulls up for the short jumper in action against Christian County last Thursday. Hammond's shot was contested by Rita Sanchez, No. 24 and Shana McCombs, No. 10.

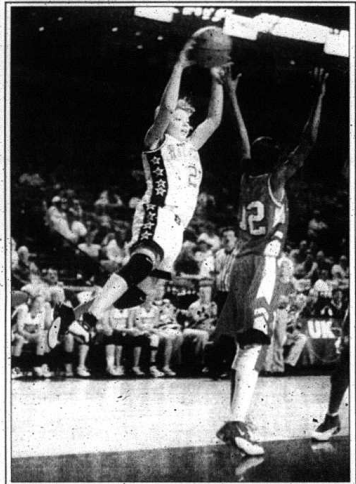
Tourney Photos by Allison Anderkin



Lauren Clontz, the only senior on this year's Lady Rockets basketball team, put up a shot over Christian County's Shana McComb, No. 10. Clontz played an excellent game for her team in the Sweet Sixteen, scoring 9 points and dragging down several rebounds.



Junior Katie Parsons tries to take the ball to the goal against Christian's Lydia Watkins, No. 3. Parsons took a lick to the face early in the second half of the game which drew blood. Also in the photo is Ashley Lunsford, No. 29 and Heather Hammond, No. 31.



Sophomore Ashley Lunsford went airborne at one point in the game trying to get the ball to a teammate under the goal. Lunsford, pressed into starting services for the Rockets at point guard to replace the injured Johanna Abney, got four points in the game.

Lady Rockets lose in "Sweet 16" to Christian County 57-43

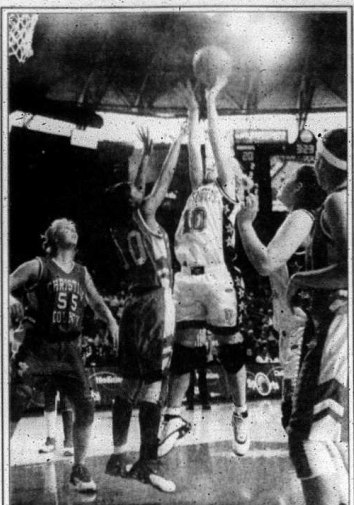


Members of the Rockcastle County High School cheerleading squad worked hard for the Lady Rockets during tournament action in the girls Sweet Sixteen. The RCIS cheerleaders are regional winners in their own right this year, taking the championship of the KAPHS 13th Regional cheerleading competition.

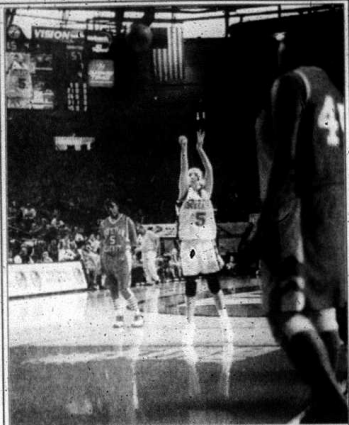


Hundreds of Rocket fans traveled to Diddle Arena on Western Kentucky University's campus at Bowling Green to cheer on their team. The Rockets fell in the first round to Christian County 57-43 but a return performance could well be in the offing for next year's team.

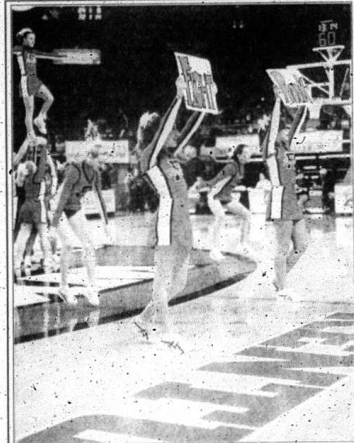




Junior Sarah Parsons tries to go over Christian's Shana McCombs, No. 10. Parsons worked hard for the Rockets during their loss in first round action at the girls Sweet Sixteen. Also in the photo is Junior Rachel Stocker.



Sophomore Jessie Asher got in the scoring column for the Rockets by hitting two free throws.



The RCHS cheerleaders, as they have all season, provided lots of support and encouragement to the Lady Rockets in their second appearances at the girls Sweet Sixteen in the last three years.



Members of the RCHS band, led by director Greg Daugherty, also traveled to Bowling Green to provide support for the Lady Rockets in their appearance in the Sweet Sixteen.



Coach Chrissy Noble and her assistants head to the dressing room at halftime of the Rockets game with Christian County. The assistant coaches' Hawaiian shirts were picked out by the team and they also had to get a "burr" when the team won the regionals.



Prior to traveling to Bowling Green last Thursday for the Girls' Sweet Sixteen basketball tournament, the Lady Rockets traveled around the county to elementary schools and the middle school to take part in pep rallies in their honor. In the top photo, the girls are shown at Roundstone Elementary and the bottom photo was taken at Mt. Vernon Elementary. The team was also honored with a community pep rally Wednesday night at the high school, sponsored by Honchen's Industries, corporate sponsors of the tournament. Team members in the top photo are, kneeling, from left: Rachel Killen and Tara Rowe. Second row: Jessie Asher, Johanna Abney, Heather Hammond, Sarah Parsons, Ashley Lunsford, Hollyann Colson, Ashley Mize and Ainsley Bussell. Back row: Allison Durham, Lauren Clontz, Katie Parsons, Rachel Stocker and Lura Cash.



Coach Chrissy Noble and her assistants head to the dressing room at halftime of the Rockets game with Christian County. The assistant coaches' Hawaiian shirts were picked out by the team and they also had to get a "burr" when the team won the regionals.

Rocket Hoops

By Joanie Alexander
The tall basketball players score. As the crowd roars, howls and yells for more. "LET'S WIN," yell the teachers. As the mascot falls off the bleachers. They shoot the ball straight in the goal. The Rockets are on a roll! Tigers call a timeout. While their fans cry and pout.

The players go back in. Wondering who will win. Rockcastle shoots. And the crowd hoots!

But Clay County gets a foul. And to the line for Rockcastle goes Tara Rowe. Rockcastle gains by 2 and they are ahead.

GO BLUE AND RED!
5, 4, 3, 2, 1! Swoosh in the net. Rockets win. Tigers lose the bet! The crowd cheers. As the game is celebrated by the players and their peers!

"GO ROCKETS," yell the cheerleaders. But the crowd pays no attention, as the clock buzzes, and is stared at by the readers. "The Rockets won, how can it be?" they say.

Well, today is their victorious day!
Joanie is 12 years old and a 6th grade student at Rockcastle Middle School. She is the daughter of Jack and Sandy Alexander of Brodhead.



RCHS Lady-Rocket Senior Lauren Clontz received one of three \$1,000 scholarships awarded during the KHSAA Girls State Basketball Tournament. The scholarship is sponsored by Ted Cook Tire. Lauren is the daughter of John and Lisa Clontz.

AAU Team headed to Nationals; funds to

The Lady Rocket 10 & Under basketball team will be raising needed funds to help to participate in the National AAU tournament to be held this year in Lake Buena Vista, Florida in June. The girls, and their parents, will be participating in several fund raisers over the next two to three months and donations are encouraged and accepted as well. Checks should be made out to Lady Rocket 10 & Under AAU Team. You can give donations to any one of the following parents or coaches, Darla Reams, Melissa Singleton or Becky Boreing. You can also call 256-2106 for more information or where to mail contributions.

A sweet Bristol victory for Busch

By Gerald Hodges/the Racing Reporter
Kurt Busch won a two-lap shootout over Rusty Wallace and Kevin Harvick in the Nextel Cup Food City 500 to extend his string of victories to three at the 533-mile Bristol Motor Speedway. It was also his fourth win in the last five races at BMS, and first of 2004. "This one has got to be the sweetest because of what we had to overcome," said Busch. "I don't know why our motor wouldn't run. We had about a thousand rpm less all day today." "That provided for great forward bite and we were able to come off the corners good, but we had problems on the straights anyway. We weren't good on restarts and I couldn't get the car to handle." Busch's win moved him into second-place in the points, only 21 behind the leader, Matt Kenseth. Rusty Wallace was going for his first win since 2001, but he came up three car-lengths short.

"Doggone it, we didn't need those last cautions," said Rusty Wallace. "I was just getting ready to pass him when the caution came out, then it came out again, and again." "With four laps to go, I lost the power-steering and it was hard to turn, so that's it. Man I wanted it, but it was just so close." There were a total of 11 cautions and one red flag period. The field was stopped after Dale Jarrett bounced off the outer wall on lap 494 of the 500-lap race in his No. 88 UPS Ford.

The race was restarted in a single file. All the cars that were not on the lead lap were at the back of the field. When green flag racing resumed, there were only two-to-go. Wallace got a good jump on Busch, but within half a lap, Busch's No. 97 was pulling away from Wallace, and third-place finisher, Kevin Harvick. Sterling Martin and Matt Kenseth rounded out the top-five. During the last two laps, there were several on-track bumping incidents between Kenseth and Jamie McMurray. "We had a good run, and Jamie got into me down there by accident," said Kenseth. "No harm. No foul. He didn't wreck me, he just knocked me out of the groove, and I did the same to him." "He hit me on pit road which wasn't necessary, but it's no big deal."

Ken Schrader, driver of the No. 49 Schwan's Home Service Dodge had a sixth-place finish, his best of the season. Polesitter Ryan Newman wound up 7th. Dale Earnhardt Jr spun out during lap 421 and finished 11th. Finishing order: 1. Kurt Busch, 2. Rusty Wallace, 3. Kevin Harvick, 4. Sterling Martin, 5. Matt Kenseth, 6. Ken Schrader, 7. Ryan Newman, 8. Jamie McMurray, 9. Jeff Gordon, 10.

Michael Waltrip, 11. Dale Earnhardt Jr., 12. Greg Biffle, 13. Scott Wimmer, 14. Elliott Sadler, 15. Johnny Sauter, 16. Jimmie Johnson, 17. Jeremy Mayfield, 18. Terry Labonte, 19. Robby Gordon, 20. Brendan Gaughan, 21. Dale Jarrett, 22. Ricky Craven, 23. Mark Martin, 24. Tony Stewart, 25. Kyle Petty, 26. Derrick Cope, 27. Joe Nemechek, 28. Kevin LePage, 31. Hermie Sadler, 32. Stanton Barrett, 33. Bobby Labonte, 34. Scott Riggs, 35. Brian Vickers, 36. Casey Mears, 37. Ricky Rudd, 38. Jeff Burton, 39. Geoffrey Bodine, 40. Casey Kahne, 41. Kirk Shelmerdine, 42. Joe Ruttman, 43. Andy Hillenburg. Top-10 points leaders after 6 of 36 races: 1. Kenseth-898, 2. Busch-877, 3. Earnhardt Jr.-857, 4. Stewart-804, 5. Newman-788, 6. Johnson-785, 7. Harvick-773, 8. Mayfield-764, 9. Sadler-757, 10. Martin-727.

"Northside"

(Cont. from Front)

ners is hosting a Spring Celebration the same night as the Rockcastle County High School Prom, April 24th. According to Northside Youth Director Jon Burdette, the Spring Celebration will be from 7 to 11:00 p.m. in the church's fellowship hall. Burdette said, the church was hosting the event because several of their youth members asked for something to be held because they were uncomfortable with RCHS's prom theme this year, which is Mardi Gras. "This has expanded to a community event after word got out, and we believe a lot of other students will attend," Burdette said. "There will be games, prizes, refreshments and Christian music during the event. Admission is free." The advisor of the RCHS student newspaper Susan Norton, declined to run an advertisement for the Northside event this week, saying the Prom was a significant and important event in the lives of the juniors and seniors at RCHS and, in her opinion, "it would be a conflict of interest for the school."

"Lady Rockets"

(Cont. from Front)

lead to 17 (41-24) at the third quarter Stop and led by as much as 21 early in the fourth quarter. Besides Hammond's 16 and Clontz's 9; Rowe scored 8 points; Ashley Lunsford and Sarah Parsons each got 4 and Jessie Asher scored two.

FREE COLLEGE TUTORING

If college classes have you a little frustrated, our free tutoring can help!



Call or stop by to find out what we can do to help you with those challenging classes. We are located on Route 25 at the top of Greenfish Hill (in the old motel building). Call 256-5307 for more details.



We Cater! Call for Details! **Blimpie** Call-In Available 256-4463

Come In and Try Our Daily Specials!

BP Located at Exit 62 **Now Serving Breakfast** Mt. Vernon 256-4465



Congressman Hal Rogers presents a token of appreciation to James Renner, above, and Jeanette Robinson, below, during 2004 PRIDE Board of Directors meeting. Wayne Bullock was unable to attend.



In Frankfort
Ford says
Bill 245 still
has a chance

State Representative Danny Ford of Mt. Vernon, a Republican and former House Minority leader in the Kentucky General Assembly, said this week that Senate bill 245, which would make it illegal for two men or two women to marry in the state of Kentucky was not dead.

"For the past two weeks some House Democrats, especially the Speaker Jody Richards have done everything they could to block the vote in the house on the bill," Ford said.

Ford, who has been very vocal concerning the passage of the bill, said Wednesday the fight was not over. "We are coming back into session on April 12th and 13th and I guarantee you it will be brought up again." On Monday several members of local churches were in Frankfort in support of the bill.

In Renfro Valley

Jessica
Andrews
April 3rd

Recording artist Jessica Andrews and the band Little Big Town will be in concert in Renfro Valley on Saturday night.

Andrews was chosen top new female vocalist of the year in 2000 by the Academy of Country Music. Andrews will perform two

shows, the first beginning at 7 p.m. For tickets and information call 256-2638 or 1-800-765-7464. Easter week end, The McKameys return for their annual concert on Saturday, April 10 in the New Barn Theater and Mel Tillis will be at Renfro Valley on April 17th.

"Weather"
(Cont. from Front)

According to records at the Cox Funeral Home, weather station, the high temperature in March was 81, and the low was 21.

During the month 4.37 inches of rain was recorded in January 4.76 inches of rain and snow was recorded and in February 4.56 of rain and snow fell. Those figures were reported by local weatherman Bud Cox.

"Reynolds"
(Cont. from Front)

probably would not, nominate anyone to be placed on the ballot in the county attorney's race.

"Reynold's former boss faces attorney Scott Lawless from Somerset in the November General Election. They are running for the unexpired term of former Circuit Judge William T. Cain.

"Construction"
(Cont. from Front)

The Conway job is 2.4 miles and will cost \$12.5 million dollars. The Rockcastle River project is 1.6 miles and will cost taxpayers \$14.3 million dollars.

Vanhook said for motorists to expect delays at times, but that all

efforts would be made to allow traffic flow as easily as possible. The bridge at the river will be three lanes once completed, as will the section of interstate at Conway.

Correction

In a photo of the Young Republicans in last week's Signal, Ben Taylor was inadvertently identified as Jackson Bray. The Signal regrets this error.

Reid's Pay Lake
Mason Lake Rd. • Berea
859-986-2921
RE-OPENS
Saturday,
April 2nd
Stocking w/ 10,000 lbs.

Local PRIDE spring
cleanup being organized

If you want to learn about PRIDE in your community, James Renner, Wayne Bullock and Jeanette Robinson would be happy to talk with you. As the local PRIDE Coordinators, they are the first points of contact for PRIDE in Rockcastle County.

Renner, Bullock and Robinson are currently spearheading activities for this year's PRIDE Spring Cleanup, April 10 through April 24. They are planning cleanup events across the community and are looking for volunteers to provide the manpower. PRIDE will provide the trash bags, gloves and safety vests.

"You should get on board the Spring Cleanup because we can make a difference if we put forth a little effort," Renner said.

"This is your chance to help make our community clean and a more enjoyable place to visit," Robinson added.

"PRIDE is making a difference in Rockcastle County by encouraging citizens to care about where they live and providing the leadership and funding to make it happen," Renner said. Renner is the Rockcastle County solid waste coordinator and has volunteered as the county's PRIDE Coordinator since 2003. He and his wife, Edna, have four children, Crystal, Amanda, Stephanie and Dustin.

Bullock and Robinson are the Mt. Vernon PRIDE Co-coordinators. Bullock has volunteered in the position since 1999. He also is a member of the Mt. Vernon City Council and serves as the city's litter coordinator.

Robinson, the Mt. Vernon city clerk, began volunteering as the

PRIDE Co-coordinator in 2002. She and her husband, Chris, have one child, Logan.

PRIDE Coordinators are volunteers who play a vital role in building PRIDE in their communities. The coordinators work with the PRIDE staff to organize cleanup activities, recruit volunteers and track cleanup results. They assist local officials with the PRIDE programs, including applications for grants. They also serve on the PRIDE Board of Directors.

"PRIDE wouldn't be as successful without the local PRIDE Coordinators," said Richard Thomas, PRIDE executive director. "This is a grassroots initiative, and it takes local leaders, like James, Wayne and Jeanette, to build PRIDE community by community."

PRIDE - Personal Responsibility in a Desirable Environment - serves 38 counties in southern and eastern Kentucky. PRIDE links citizens with the resources of local, state and federal agencies to clean up the region's waterways, and illegal trash dumps and promote environmental education. The PRIDE initiative was started by U. S. Representative Hal Rogers and the late General James Backford, former Secretary of the Kentucky Natural Resources and Environmental Protection Cabinet.

For more information about PRIDE in your community or volunteering during the PRIDE Spring Cleanup, call James Renner today at 256-1902. Mt. Vernon residents, please call Wayne Bullock at 256-0344 or Jeanette Robinson at 256-3437.

PORTER PAINTS Appliance Service Center
75 S. US 25 Mt. Vernon
606-256-2626 Spring
Paint Sale April 1-15

Porter paints go on easier, cover better and last longer.
Premium Paints Since 1921

YOU CAN'T BUY BETTER
Save \$2.00 off gallon of Porter Paint

UNITED STATES AMERICA
TWO DOLLARS

CATHOLIC HEALTH INITIATIVES

Berea Hospital

Choose Compassionate Care from a Hospital You Can Trust

"We Count on Berea Hospital to get us Ready for Competition"

If you are as competitive as Shanna and Amanda Deerfield, a sports injury can stop you in your tracks. Over the years when the Deerfield sisters needed emergency treatment and physical therapy for their sports-related injuries, they wouldn't go anywhere but Berea Hospital to get them back in shape and ready for competition. Berea Hospital's emergency department and physical therapy staff take a personal approach to each and every patient and do everything they can to provide a comforting, safe environment to get patients back on their feet or ready for competition.

If you or a loved one is in need of medical care, turn to the people at Berea Hospital for comprehensive treatment and state-of-the-art medical technology. You'll find a caring and compassionate team of skilled professionals ready to diagnose and treat your medical needs. When you need medical care, come to Berea Hospital.

Amanda & Shanna Deerfield -
Richmond, Kentucky

305 Estill Street • Berea, Kentucky 40403
(859) 986-3151
Need a physician? Call 859-986-6500.

Berea Hospital is part of Catholic Health Initiatives, a national system with operations in Kentucky that include Saint Joseph HealthCare, CARITAS Health Services, Elgett Memorial Hospital, Marymount Medical Center, and Our Lady of the Way Hospital.

Family Fest

COME ONE COME ALL

Join Us For Family Fun & Fellowship

Rockcastle Area Churches
Mt. Vernon City Parking Lot by Cox Hardware
Saturdays, April 3 • 11 a.m. to 3 p.m. Rain Cancelled

- Fish For Prizes At Peter & Andrews' Fish 'N' Hole
- Romp In The Balloon Bounce
- Test Your Skills At The Red Sea Relay
- Play Noah's Puff Putt
- Win Prizes at the Jonah Pitch & the Loaves 'N Fishes Basket Fill
- Hot Dogs, Popcorn, Crafts and more...

IT'S ALL FREE!

Fun For The Whole Family

Mount Vernon Signal

Second Section

Thursday, April 1, 2004

Obituaries



Stewart Rowe

Stewart Rowe, 63, of Stanford, and formerly of Mt. Vernon, died Saturday, March 27, 2004 at his home. He was born in Rockcastle County on October 15, 1940, the son of Robert Lee and Winnie Lee Price Rowe. He was a construction worker for the Allen Company.

Survivors are his wife, Judy Harper Rowe; one son, Scott Rowe of Stanford; one daughter, Beverly Pumphrey of Stanford; two brothers, Lewis and Leon Rowe, both of Mt. Vernon; a sister, Sharley Rowe of Mt. Vernon and two grandchildren.

Besides his parents, Mr. Rowe was preceded in death by four brothers, Arthur, James, Floyd and Donald Rowe and two sisters, Elsie and Lorenze.

Funeral services were conducted Tuesday, March 30 at the Dowell & Martin.

Martin Funeral Home Chapel by Bro. Zade McClure and Albert McKinney. Burial was in Freedom Cemetery.

Pallbearers were: Marty Bussell, Billy Ray Dishon, Doug Rowe, Jr., James Rowe, Dr. Kevin Rowe and Roger Rowe.

Honorary pallbearers were: Leonard Banks, Roy Beasley, Tom Brown, Randy Bullock, Ricky Bullock, John Cantata, Billy Caudill, Darly Clifford, John Craig, Bob Creech, Bobby Cromer, Joey Croucher, Tommy Deborde, Robert Foster, Alan Hammond, Clayton Hammonds, Jeff Hammonds, David Holcomb, Donnie Horn, Tim Johnson, Jerome Jones, Mark Jones, Tommy Jones, Hoyt Keith, George Lake, Wayne Lunsford, Daryl May, Joe Mays, Tony McCool, Lonnie McGuire; Raymond McKinney, Bobby Mize, Lloyd Parson, Ronnie Parson, Brian Pumphrey, Rodney Rankin, Mark Riley, Jim Reed, Greg Rowe, Keith Singleton, Earl Smith, Harmon Smith, Lois Stevens and many more too numerous to mention.

Condolences to the family of Mr. Rowe may be made by visiting his online register book at www.dowellmartin.com.

Obituaries
courtesy of local
funeral homes

Jackson Fritz Phillips

Jackson Fritz Phillips, 57, of Dayton, Ohio, died Wednesday, March 24, 2004 at his home. Mr. Phillips was born in Livingston on June 19, 1946. He was a retired employee of Modern Industrial Plastics and an active member of Philadelphia Drive Church of God.

Survivors are his wife, Linda; his mother, Anna Phillips; a daughter, Jennifer Phillips; three sisters, Shirley Miller, Juanita Rose and Ann Phillips; two brothers, Brad and Guy Phillips and one granddaughter.

Mr. Phillips was preceded in death by his father, Earl Phillips; a sister, Lois V. Reams and a brother, Benny Phillips.

Funeral services were held Saturday, March 27 with interment in Dayton Memorial Park Cemetery. This obituary courtesy of Cox Funeral Home.

Mary Evelyn Padgett

Mary Evelyn Padgett, 80, of Eubank, died Friday, March 26, 2004 at her residence.

Mrs. Padgett was born January 3, 1924 at Hummel, the daughter of Elmer and Amy Anderson Coffey. She was the widow of Alva Padgett, a housewife and a member of the Cuba Community Church of God at Eubank.

Survivors include two sons, Clyde and Doug Padgett; five daughters; Linda Schiele, Debbie Berger, Nora Roberts and Jean Brown; a step daughter, Margaret Jordan and a brother, Marvel "Buddy" Coffey. Besides her parents and husband, she was preceded in death by a son, Clayton Jones; a sister, Geneva

Smith, a half-brother, Ollis Fitzgerald and a grandson, Kenny Warner.

Funeral services were held at Cuba Community Church of God on Monday, March 29 with Bro. Troy Roberts, Bro. Stanley Shafer and Bro. Letcher Napier officiating. Burial was in the Cuba Cemetery.

o Morris & Hixlope Funeral Home in Science Hill was in charge of arrangements.

Cemetery Notices

McKinney Cemetery
The McKinney Cemetery Committee is taking bids for the mowing and upkeep of the cemetery, located in the Blue Springs area of Rockcastle Co.

Anyone interested in bidding on this job, please send your bid, with your name, address and phone number, to Glenna Renner, 5026 Ocala Rd., Somerset, Ky. 42505 or call 606-379-0312 by March 28, 2004.

Pine Hill Cemetery
Donations for upkeep of the Pine Hill Cemetery should be sent to: Lorene Ponder, 314 Jessica Circle, Richmond, Ky. 40475.

Red Hill Cemetery Note
Marie Ruppe is no longer caretaker of Red Hill Cemetery. She has given the riding mow and care to Dale Ponder and Clifton "Rat" Bond. Anyone with any question, please contact them.

Words of Hope

When I checked my e-mail today I realized my computer could have a virus. I had to run a program that would check everything on my computer for an infection. If it had been infected, the whole computer could have been affected. This reminds me of sin. One sin can affect your entire spirit. To rid yourself of any infection, ask God for forgiveness so He can cleanse you fully. Do you have sin in your life? Take it to God today!

—A message of hope from your friends at
Mt. Vernon Pentecostal Church

Community Good Friday Service

The Rockcastle Ministerial Association invites Rockcastle Countians to the 2004 Good Friday Community Worship Service to be held Friday, April 9th at 7 p.m. at First Christian Church on West Main Street in Mt. Vernon.

Buford Parkerson will be speaking and, in addition, there will be special music and congregational singing.

"Good Friday" is traditionally a time to remember the sacrifice of Jesus Christ on the Cross for our sins. It precedes the Easter celebration of His resurrection. It is wise for us to recall not only that Jesus rose from the dead, assuring His followers of salvation, but also to remember the price paid for our sins. This time of reflection is open to you and all who would like to come.

For more information, or question, contact Bruce Ross, preaching pastor of First Christian Church at 256-2876 or Bro. Mike Bryant, president of the Ministerial Association and pastor of Faith Harvest Fellowship at 256-0904.

Area churches are hosting Family Fun Fest

Rockcastle County area churches are hosting an annual Family Fun Fest on April 3rd in the city parking lot at Mt. Vernon. The festival begins at 11 a.m. and ends at 3 p.m. The Family Fun Fest includes games, activities, food and fun for the whole family and everything is free.

Children can fish for prizes at Peter and Andrews' Fish 'n' Hole; test their skills and win prizes at the Jonah Pitch, Leaves 'n' Basket Fill, Threat the Needle and the Red Sea Relay. Youngsters can romp in the balloon bounce and, children of all ages, can play Noah's Putt Putt, a nine-hole miniature golf course. Hot dogs, soft drinks, crafts and more are available for all at no cost.

If you wish to volunteer your time for this worthwhile event, please contact Phyllis Holbrook at 256-4916 or Beth Saylor at 256-2922.

NOW ACCEPTING NEW PATIENTS



Bethel Jackson
State Licensed Hearing Specialist. Come in to hear the precision of Bethel's most advanced digital technology.

Ask about our Special ITE Aid • \$599.00
Fits up to 35db loss • Limited Offer
Call for details & appointment



429 Ogden St. • Somerset
679-1965 or 1800-726-6570
Boone Square Mini Mall
1-859-985-1916
Providers for UMWA, UAW, CIA, BCBS & others
Financing Available

Rockcastle Community Bulletin Board

Sponsored by
Cox Funeral Home

Family Owned & Operated Since 1907
80 Maple Drive, Mt. Vernon, Ky. Ph. 256-2345
Toll Free 1-888-823-2345
www.coxfuneralhome.com

Kiwanis Club

Rockcastle Kiwanis Club meets every Thursday at noon at Renfro Valley Lodge. All visitors welcome.

BVFD Fish Fry

The Broadhead Volunteer Fire Dept will have a fish fry Saturday, April 3, 2004. Carryouts from 3 to 5 p.m. - all carryouts \$5. Dine-in from 5 to 7 p.m. Adults \$5 - children under 10 \$2.50. Everyone invited.

Republican Party Note

The Republican Party meets the first Tuesday of every month at Kastle Inn Restaurant at 6 p.m. Everyone is invited.

Are you sick and tired...

of being sick and tired? S.W.A.T. team for alcoholics and drug addiction will meet at Northside Baptist Church Thursdays at 7 p.m. Meeting Monday through Saturday at noon, as well as Thursday night.

Stop Smoking Now

If you are ready to quit smoking, join us on April 6th at 6 p.m. for the Cooper Clayton Method to become a non-smoker. The meeting will be held in the conference room at the Rockcastle Hospital. For more information, contact Tammy Brock at 256-2195 or Danielle Denny at 256-2242.

Broadhead Lodge Meeting

Broadhead Lodge #656 F&AM will meet at 7:30 p.m. the third Saturday of every month.

Hot Rod Sign-Ups

Hot Rod sign-ups will be held April 1 at 10 a.m. to 1 p.m. at Godfather's Pizzeria. This is for children ages 3, 4 and 5.

RCMS Cheerleader Try-outs

Rockcastle County Middle School will be holding cheerleader tryouts on Friday, April 2. A clinic will be held Tues., Wed. and Thurs., March 30, 31 and April 1. Boys are welcome! Wear comfortable clothing. Must attend two of the three clinics. Be at RCMS each day 2:30 to 6 p.m. Contact Erica Kirby at 256-3347, 256-5118 or 859-625-1105 for more details. Call fire department.

"Rockcastle's Most Preferred"

The difference is experience...

The funeral directors at Dowell & Martin Funeral Home have a combined total of over 100 years of experience in funeral service. It is this experience that will enable you and your family to secure the most meaningful, dignified and professional funeral services available anywhere.

Roy Martin
37 Years

Pam Martin

"Over a century of experience"

Steve Martin
73 years

Billy Dowell
42 years

Garry Hansel
30 years

DOWELL & MARTIN
FUNERAL HOME

365 West Main St. - Mount Vernon, KY 40456
(606) 256-2991 or (800) 572-6986
www.dowellmartin.com

News from the Rockcastle County Courthouse

Circuit Civil Suits

Cabinet for Health and Family Services, et al. vs. Sonia Young vs. Anthony Diaz, complaint for child support and medical support. CI-00099.

Community Trust Bank, vs. George Kirby, et al. \$30,695.75 plus claimed due. CI-00100.

Darrell K. Allen vs. John Paul Allen, et al. custody petition. CI-00101.

District Civil Suits

Community Trust Bank vs. Barbara Bullens aka. \$1,416.64 plus claimed due. C-00030.

Capital One Bank vs. Charles E. Gray, \$1,138.85 plus claimed due. C-00031.

Nationwide Mutual Ins. Co. vs. Dale Bradley, \$1,201.70 plus claimed due. C-00032.

Deeds Recorded

Thelma Poynter, real property located in Rockcastle County, to James and Dorothy Oliver. Tax \$30.00.

The Estate of Joyce Smith by Herman Smith, Exec., real property located in Rockcastle County, to Lisa Hensley and Marsha Deaton. Tax \$40.00.

Ronnie and Glenna Spoonamore, real property located in Rockcastle County, to Ronnie Lee and Stacy Spoonamore. No tax.

Neil and Amy Bray, real property

located in Mt. Vernon, to Kathleen Hembree and Joseph E. and Debra Hembree Lambert. Tax \$75.00.

Raymond and Phyllis Isaacs, real property located in Rockcastle County, to Herbert and Dorca Isaacs, Tax \$4.00.

Timi Reedy, real property located in Rockcastle County, to Timi Reedy and Tammy Colones. Tax \$42.50.

Nancy E. Durbin, real property located in Rockcastle County, to Nancy E. Durbin and Bruce Morris. Tax \$22.50.

Marriage Licenses

Robin Renee Lear, 40, Mt. Vernon, housewife, to James Anthony Mason, 38, Mt. Vernon, construction. 3/27/04.

Leslie Corene Cromer, 27, Rt. 1, Mt. Vernon, Cromer Trucking, to L. Dwayne Burdette, 35, Mt. Vernon, Versatile Electric. 3/26/04.

Angela Jean Houk, 23, Mt. Vernon, Wendy's, to Eric Keith Smith, 26, Mt. Vernon, Quality Marathon. 3/26/04.

Rebecca Lou Prater, 28, Rt. 4, Mt. Vernon, to Thomas Joshua Cook, 26, Rt. 4, Mt. Vernon, factory. 3/26/04.

Deborah Lynn Dean Hiebard, 40, Rt. 5, Mt. Vernon, housewife, to Jeffrey Lynn Mullins, 35, Rt. 2, Mt. Vernon, roofer. 3/25/04.

Eva Mae Young, 42, Berea, maid, to Israel Mason Hembree, 54, Berea, general contractor. 3/23/04.

District Court

Hon. Michael L. Henry
March 22, 2004

Brian Baker: Failure to produce insurance card, \$50 fine and costs.

Failure to wear seatbelts, \$25 fine.

Robert G. Bowling: Fines/fees due (\$134.50) failed to appear/five days of payment.

Anna M. Brown: No Expired Registration Plates and Receipt, license suspended for failure to appear.

Scotty R. Brown: Fines/fees due (\$210.50) failed to appear/8 days of payment.

Jason Burkhardt: No license in possession, \$25 fine and costs; Failure to wear seatbelts, \$25 fine.

Sherman W. Collins: Theft by unlawful taking, \$25 fine and costs and 20 days/conditionally discharged one year.

Kaye Damrell: Restitution due, bench warrant issued for failure to appear/contempt.

Speeding: Christopher S. Davidson, state traffic school authorized on payment of costs only, Jill V. Fechtig, paid \$52 fine plus costs; James D. Fleming, paid \$38 fine plus costs; Ira A. Gewirtzman, license suspended for failure to appear; Harry J. Parsons, state traffic school authorized on payment of costs only; Bryan J. Smith, license suspended for failure to appear; Jon D. Spears, license suspended for failure to appear; Douglas Brandon Grose: Fines/fees due (\$179.50) failed to appear/7 days of payment.

Matthew J. Hicks: Speeding, \$28 fine plus costs; Failure to wear seatbelts, \$25 fine.

Kathryn Michelle Johnson: Speeding, and other charges, license suspended for failure to appear.

Ronnie Ray Jones: Alcohol intoxication, bench warrant issued for failure to appear.

Jeremy Dale Long: Obstructed vision, \$25 fine and costs; Failure to register transfer, \$25 fine. License to be in possession, \$25 fine.

Aaron D. Medley: Operating motor vehicle under influence of alcohol/drugs, \$200 fine and costs, \$150 service fee, \$10 victim compensation fund, 30 day operator license suspension.

Jeff Milburn: Terroristic Threatening, \$100 fine and costs and 30 days in jail/conditionally discharged two years.

Phillip J. Mowery: No/expired Ky. Registration Receipt and other charges, bench warrant issued for failure to appear.

Brian P. Northern: Fines/fees due (\$204.50) failed to appear/8 days of payment.

Jack R. Perdue, II: Speeding and failure to produce insurance card, license suspended for failure to appear.

Teddy Lee Pugh: Fines/fees due (\$260.50 and arrest fees) failed to

appear/10 days of payment.

Carmon A. Renner: Assault, 4th degree, \$100 fine and costs.

Michael J. Renner: Reckless driving and other charges, bench warrant issued for failure to appear.

Timothy Renner: Fines/fees due (\$200.50, \$405.00 and \$725.50) failed to appear/53 days of payment.

Raja Z. Shaheer: Speeding, \$80 fine and costs; Operating on suspended/revoked operators license, \$200 fine.

Diane Lynn Spoonamore: Fines/fees due (\$101.45 plus \$188.21 restitution) failed to appear/4 days plus restitution or payment.

Rodney Spoonamore: Excessive window tinting, \$50 fine; No insurance, \$500 fine and costs/suspend \$450; License not in possession, \$50 fine.

Troy S. Stephens: Fines/fees due (\$380.50) failed to appear/15 days of payment.

Tamatha L. Stewart: Assault, 4th degree, \$100 fine and costs.

Michael R. Trotter: No expired registration plates, and other charges, license suspended for failure to appear.

Latasha S. Williams: Speeding and failure to produce insurance card, license suspended for failure to appear.

Joseph M. Woodridge: Fines/fees due, (\$575.50) failed to appear/23 days of payment.

McClay R. Trotter: No expired registration plates, and other charges, license suspended for failure to appear.

Michael D. Allen: Fines/fees due (\$200.50) failed to appear/8 days of payment.

Ronald Casals: Improper passing, state traffic school authorized on payment of costs only.

Stephanie M. Puckett: Speeding, state traffic school authorized on payment of costs only; Failure to use child restraint device in vehicle, \$25 fine.

Kathryn A. Stanziano: Defective equipment, \$25 fine and costs.

Clarence Bradley: Fines/fees due (\$185.50) restitution failed to appear, 7 days of payment.

Delbert Jason Broughton: Assault 4th, 30 days in jail to serve 3 credit 5 days time served/balance conditionally discharged two years.

Jose Ramos Carlos Diaz: Operat-

ing motor vehicle under influence of alcohol/drugs, \$200 fine plus costs, \$250 service fee, 30 day operator license suspension; Failure to produce insurance card, \$50 fine.

Joseph Ray Durham: Speeding, \$34 fine and costs; Operating on suspended/revoked operators license, \$100 fine.

Leighton Murdoch: Speeding, and other charges, bench warrant issued for failure to appear.

March 24, 2004

Karac M. Biscrat: Speeding, and other charges, license suspended for failure to appear.

Michael E. Borner: No insurance, license suspended for failure to appear.

Paul A. Brothers: No insurance, license suspended for failure to appear.

Danise M. Burkhead: Reckless driving, \$82 fine and costs, state traffic school authorized.

Pam Cash: Possession of marijuana, \$100 fine and costs.

Eric S. Chapman: Speeding and no expired registration plates, license suspended for failure to appear.

Greg Damrell: Operating on suspended/revoked operators license (2 counts), \$100 fine and costs plus 30 days/conditionally discharged two years/consecutive; Obstructed vision (2 counts), \$50 fine each; Failure to produce insurance card (2 counts), \$50 fine each.

Eduardo Delvalle: Speeding and no operators/moped license, license suspended for failure to appear.

Debbie Doan: Criminal trespass,

\$250 fine plus costs/suspend \$200 of fine on condition.

James F. Duntz: Operating on license/suspended/revoked operators license, \$100 fine and costs and 30 days/conditionally discharged one year.

George R. Gaunt, Jr.: Speeding and no insurance, license suspended for failure to appear.

Gene B. Hensley: Fines/fees due (\$100.50) failed to appear/4 days of payment.

Travis Hudson: Improper turning and no insurance, license suspended for failure to appear.

John Allen Loudermilk: Make false entry-providing false information, \$25 fine and costs; Illegal use of another's license, \$25 fine; Illegal taking of wildlife, \$25 fine; Illegal take/pursue/molest any deer/wildlife, dismissed on condition of payment of \$150 restitution to Rockcastleco. Wild Turkey Federation, \$130 to Bishop's Pawn Shop plus forfeiture of weapon.

Harold L. Maggard: Driving on DUI/Suspended License, 60 days in jail/concurrent with state sentence.

Danny Justin McKinney: No license in possession, \$25 fine and costs; No insurance, \$500 fine/suspend \$450 on proof; No expired registration plates, \$25 fine.

Harold Morgan: Reckless driving, \$500 fine and costs.

Roger S. Owens: No license in possession, \$25 fine and costs; Failure to produce insurance card, \$50 fine; Improper registration plate, \$25 fine; Possession open alcohol bever-

(Cont. to B-12)

Central Body Service

275 Richmond Street - Mt. Vernon

Precision Collision - Repair

Quality Work Since 1966

Free Estimates - All Work Guaranteed

606-256-4210

Under New Ownership

Burr Hill Food & Gas Mart

We're a full-service gas station 606-256-3717

Daily Newspaper • Diesel • Kerosene • Milk • Bread • Snacks

David and Josh Thompson and Staff

Welcome You to stop by and see us

Early Bird Flower Bush Special

10% to 15% off all bush flowers

Reg. 12.99	Sale 10.99	Reg. 3.49	Sale 2.99
9.99	8.99	2.99	2.49
5.99	5.29	2.49	2.19
3.99	3.49	.99	.89

The special price on these quality flower bushes provides good savings for those who make their own floral arrangements. You will find a good selection of early spring bushes along with Rose, Carnation, Daisy, Lily, Pansy... and other flowering bushes.

*Special price runs through Wednesday, April 7th

Main St. Mt. Vernon

Hatt's

5&10 606-256-2691

FREE SATELLITE TV

Pay just \$49.99 and receive a \$49.99 credit on your 1st bill, making the three-DISH 301 satellite TV system FREE

FREE DISH STANDARD RECEIVER

- Sophisticated slim-line design satellite TV receiver
- Parental lock-out features
- Interactive channel guide
- FREE Standard Professional Installation

Ask how you can get a FREE Digital Video Recorder System with FREE Standard Professional Installation!

Get over 60 great channels including local channels where available \$29.99/mo.

AMERICA'S TOP 60

Includes all these great channels plus many more.

DISNEY CNN ESPN Lifetime

HOME OF THE LOWEST ALL-DIGITAL PRICE IN AMERICA... EVERY DAY!

Design & Service Computers

445 School St. - Mt. Vernon 606-256-2567 or 1-800-428-9956

Legislative Update

By State Representative Danny Ford

Work days during the last full week of the 2004 Legislative Session started early and went late into the night as both the House and Senate worked towards an end on fiscal issues like the budget and the Governor's tax modernization plan, and social issues like same-sex marriage.

The Senate Committee on Appropriations and Revenue worked all weekend on the newest version of the \$14.9 billion state budget. As of writing this, we expect the full Senate will vote on the budget on Monday, sending any changes back to the House for concurrence or agreement. If the House refuses to concur, they can send the bill back to the Senate for that chamber to recede - back away. If the Senate refuses to recede, both chambers can agree to send it to a conference committee for further discussion.

Members of both the House and Senate are appointed to conference committees specifically to work out compromise that both chambers eventually vote on. If the conference committee fails, the next step is a free conference committee that has greater authority. An average of three to four conference committees are appointed each session and state budgets are rarely passed without a conference or free conference committee.

In House Floor business, we voted

45-46 not to concur with a Senate Amendment to HB 97, legislation that would exclude money received by Kentuckians from a potential tobacco quota buydown that Congress is currently exploring from state income tax. The original bill will help tobacco farmers continue to develop alternative incomes. However, the Senate Amendment would have required cigarette manufacturers who do not currently participate to put more money into income. While proponents of the amendment believe that it would level the playing field between the companies who are forced to comply with the settlement fund and those who do not.

However, the amendment would have hurt smaller, Kentucky-owned tobacco companies. Since the House voted not to concur, the Senate now has the opportunity to recede from their amendment and allow the bill as passed by the House to go to the Governor for his signature.

HB 650, Governor Fletcher's health insurance initiative, passed the Senate this week and went to the Governor for his signature. HB 650 would ease some of the unnecessary requirements and red tape placed on insurers while at the same time maintaining needed consumer protections. Industry experts believe it will bring more competition into the state's health insurance market, an action which should trigger lower health insurance rates for Kentucky families.

Just a day after HB 650 passed, United Wisconsin announced it would end its six year absence and return to participate in the state's individual insurance market. It is the seventh company in the individual market and the first company to return to our state since 2001. Company officials told the Office of Insurance that they expect to begin selling plans in June.

I witnessed the single most despicable act I have seen as a legislator: this week, members of House Democrat Leadership hijacked the legislative process in order to stop our attempts to pass the original version of SB 245, legislation that proposes an amendment to the Constitution of Kentucky to establish that only a marriage between one man and one woman shall be a valid or recognized marriage in Kentucky. Why did they do it? Because they knew that it was unconstitutional, that someone would challenge it in court, and that you as voters would not have the opportunity to vote on this November. After all, they were told specifically that Section 31 of the Kentucky Constitution prohibits the House Democrat version, stating that "No law enacted by the General Assembly shall relate to more than one subject."

Although Kentucky already has a law that bans same-sex marriages in our state, similar laws in other states

have been found unconstitutional. That is why this amendment to the Kentucky Constitution is so incredibly important to preserving the sanctity of marriage and the very fabric of our nation's moral fiber.

It was obvious from the beginning that House Democrat Leadership did not want to vote on SB 245. One of the state's largest newspapers reported that a secret vote taken during a closed meeting of their caucus came out 33-24 in favor of not allowing the bill to come to a vote. However, after receiving thousands of phone calls, emails and letters from constituents in favor of the constitutional amendment, House Democrats realized they could no longer avoid this issue.

On this issue, like many others this session, they have hijacked the political process. They have disregarded the will of people like you in favor of answering their special interests. As I write this, we continue to fight to have an honest, open vote on the original SB 245.

As you may know, Monday is the General Assembly's final scheduled day before a "veto session" recess. The legislature would return April 12 and 13 to act on Fletcher's vetoes, if any. Governors have 10 days in which to sign a bill into law, veto it or allow it to become law without signature. Saturdays count but Sundays do not.

Although session is coming to an end, I invite you to contact me to discuss issues of interest to you. You may leave a message for me in Frankfort by calling the legislative toll-free Message Line at 800-372-7181, and

you can check the status of legislation this session by calling the Bill Status Line toll-free at 866-301-9004. You can also reach me or any

other state legislator through the Legislative Research Commission's website at www.lrc.state.ky.us.

Church on the Rock First Annual TV Ministry Auction

Friday, April 9th - 7 to 10 p.m.
At 1049 Richmond Road, Berea

If you have any items that you would like to donate, please call the church office at 859-986-1899

Please plan to attend and support the television Ministry of the Rock!

There will be over 100 items for auction including an automobile donated by merchants throughout several counties.

Church on the Rock broadcast airs on Mondays at 8:30 p.m. on WLJC and Sundays at 5 p.m. on PAX

Come out and fellowship with us that evening!

Concessions will be available to support the Women's Ministry of the church

Berea Attic

Yellow Ticket Sale

Thursday, April 8, 9 and 10
Friday & Saturday **50% off**

Bring this ad to the attic and get an additional 10% off final purchase

Children's Drawing Contest
Pick up picture at the Attic.
Prizes awarded for Ages 3-5, 6-7 and 8-10

505 Mt. Vernon Rd. • Berea, KY • Ph. 859-986-8358

Real Estate For Sale

Ford Brothers, Inc.

Auctioneers - Realtors
606-256-4545
1-800-435-5454

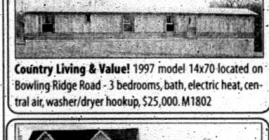
visit us at www.fordbrothersinc.com



10 Acre Spread - vinyl 3 bedroom, 2 1/2 bath home, large living room, basement, heat pump, gas logs, double carport, 16x32 inground pool, large combination barn. \$184,900. Additional acreage available. M1797.



In The City - 1 1/2 story 3 bedroom brick home with basement, heat pump/central air, fireplace, hardwood floors with carpet. City water and sewer. Located on Williams Street. \$98,000. M1838



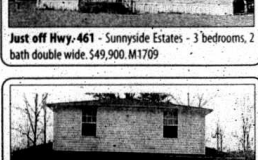
Country Living & Value! 1997 model 14x70 located on Bowling Ridge Road - 3 bedrooms, bath, electric heat, central air, washer/dryer hookup, \$25,000. M1802



Just off Hwy. 461 - Sunnyside Estates - 3 bedrooms, 2 bath double wide. \$49,900. M1709



Chestnut Hills Subdivision - Just off Hwy. 1505, Brodhead! Beautiful 3 bedroom - 2 bath home - heat pump/central air - hot tub on rear deck - 2 car attached garage - immaculate landscaping - Improved with a storage building All of this for only \$112,500. M1849.



Spacious - Inside and Out! 2 story brick and vinyl home - 4 bedrooms, 2 baths, central heat and air, fireplace, hardwood and carpet. Situated on 5 acres m/l on Buffalo Hollow Road - \$69,900. M1844

FUTURE AUCTIONS

Absolute Auction of Trilex, Inc.
Trucks • Vans • Trailers • Office Equipment
Fri., Apr. 2, 2004 - 10:30 a.m. - 5. Main St., Corbin, Ky.

Absolute Auction of Mrs. Ann Day's
2 Houses, 2 Acres m/l, Personal Property
Sat., Apr. 3, 2004 - 10:30 a.m. - Scaffold Cane Rd., Berea

Absolute Auction of Cumberland Valley National Bank's
Cumberland Office Building and Lot
Sat., Apr. 3, 2004 - 10:30 a.m. - School St., E. Bernstadt

Absolute Auction of M/N Edward Brock's
Tools • Furniture • Personal Property
Sat., Apr. 10, 2004 - 10 a.m. - Brindley Ridge Section of Rockcastle County

Absolute Auction of M/M Jeff Ruckels
House and 94 Acre Farm m/l in Tracts
Sat., Apr. 10, 2004 - 10:30 a.m. - 8214 Hwy. 328 W., Eubank, Ky.

Absolute Auction of M/M Roy Adams'
44+ Acres in Tracts & Ranch Style House and Personal Property
Sat., Apr. 3, 2004 - 10:30 a.m. - School St., E. Bernstadt

Absolute Auction of M/M David DeBord's
50 Acre Farm m/l in Tracts
Sat., Apr. 17, 2004 - 10:30 a.m.
Poplar Grove Road, Rockcastle County, Ky.

Visit us at www.fordbrothersinc.com for more Future Auctions

COMMERCIAL PROPERTY

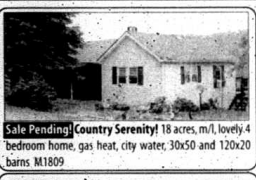
Between Mt. Vernon and Berea - U.S. 25 - 3 bay garage, 3 racks, all inventory & equipment plus city water. **Reduced to \$90,000.** M1679

Along I-75 - Renfro Valley - Just off U.S. 25, this 25 acre tract m/l has city water & sewer available. \$600,000. M1807.

LOTS

Doublewide Home Lot - Lot #30 - Sunnyside Estates, just off Hwy. 461 - city water, utilities available. \$7,900. M1847

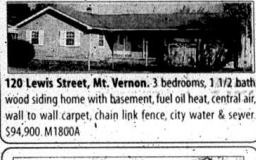
Brodhead - Lot 18 - Mountain View Estates - 100x175



Sale Pending! Country Serenity! 18 acres, m/l, lovely 4 bedroom home, gas heat, city water, 30x50 and 120x20 barns M1809



Great Starter Home/Rental Investment! Convenient location of Joyce Street, Mt. Vernon. Cozy 2 bedroom home, central heat & air, some appliances, city water & sewer, KU electric. \$59,900. M1819.



120 Lewis Street, Mt. Vernon. 3 bedrooms, 1 1/2 bath, wood siding home with basement, fuel oil heat, central air, wall to wall carpet, chain link fence, city water & sewer. \$94,900. M1800A



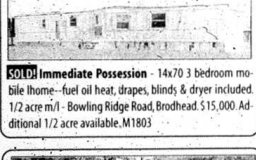
Quality & Value! 25 Mill Street, Mt. Vernon - 3 bedroom home with gas furnace, baseboard heat, fireplace. **REDUCED to \$59,900.** M1793



Main Street! Livingston - vinyl sided 3 bedroom home with efficient oil-fired hot water heating system, fireplace, nice lot, 24x30 storage building. **REDUCED to \$62,500!** M1691



Country Cute! 3 bedroom vinyl home, electric & gas heat, central air, 2 car detached garage, 10x18 storage building on 1 acre m/l with plenty of shade trees. **Just Reduced to \$74,900.** M1806



50/10 Immediate Possession - 14x70 3 bedroom mobile home - fuel oil heat, drapes, blinds & dryer included. 1/2 acre m/l - Bowling Ridge Road, Brodhead \$15,000. Additional 1/2 acre available. M1803



SALE PENDING! Available Now! Brand new 3 bedroom, 2 bath, brick, city water & sewer, Trane heat pump, central air, located on Wallin Street, Brodhead M1820



Nestled in a Beautiful Wooded Setting - 10 acres, 3 bedrooms, 2 bath brick ranch style home w/central heat and air, fireplace, 3 car attached garage. \$129,000. \$879 m/l - \$12,900. M1795



Perfect Country Setting - Spacious vinyl/rock sided 3 bedroom, 2 bath home w/basement, family room, large pump/central air, some marble flooring, storage building, workshop, cellar, immaculately landscaped one acre. Orlando section \$98,000. M1808

Large Country Lots - Holbrook Estates - Lots range from 3/4 to 1-acre, great views, city water, cable tv, restricted. Brindley Ridge area - convenient to Mt. Vernon or Berea. \$9,900 to \$13,900. M1796

City Water/Sewer Available - 1.37 acres by survey - Dailey Ave., Mt. Vernon. \$24,900. M1742.

Quail Community 2 country lots on Hwy. 70. One lot measures 97/100 acre and one measures 1.16 acres. City water available. \$22,500 for both. M1799

Between I-75 & Hwy. 461 - Over 100 restricted lots - Rainbow Ridge Subdv. Some has lake frontage & several offer lakeview - city water available. \$7,900 to \$16,900. M1798

Land

65 Acre Farm - Ottawa Section - 59.61 acres by survey plus a 5 acre tract (this tract restricted) by boundary - 32x96 barn w/ 24x96 shed, 2054 lb. tobacco base. \$144,900. M1829

72 Acres Woodland - Walnut, Oak & Poplar timber Cove Branch Rd., Orlando section. **Reduced to \$74,900.** M1748

AGENTS

- Sammy L. Ford • 256-4588**
- Danny R. Ford • 256-4446**
- Danetta Allen • 256-2071**
- Roy E. Adams • 256-0141**
- Jeff Cromer • 355-0268**
- David Henderson • 256-2034**
- Jeff Burdette • 256-3538**
- Harold Bustle • 271-0716**
- Sandy Bullen • 758-8418**
- Debra C. Smith • 256-3262**
- Teresa Stevens • 758-8051**
- Steve Bullock • 355-2045**



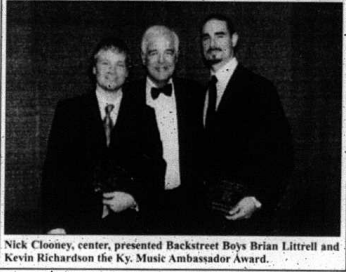
Governor Ernie Fletcher presented Dwight Yoakum the Governor's Lifetime Achievement Award.



Dan Hays, president of JBMA, presented Ricky Skaggs his Induction award.



Inductee Boots Randolph



Nick Clooney, center, presented Backstreet Boys Brian Littrell and Kevin Richardson the Ky. Music Ambassador Award.



Tom T. Hall, right, presented J.D. Crowe his Induction award.



J.P. Pennington, right, along with Carl Norris and her husband accepted the Coon Creek Girls' Induction award.



A.J. McCloud presented Jerry Chestnut his Induction award.



Dottie Rambo and Kenny Bishop accepted the Induction award on behalf of Howard and Vestal Goodman.

Kentucky Music Hall of Fame Induction ceremony held

The Kentucky Music Hall of Fame and Museum, located in Renfro Valley, celebrated its second Induction Ceremony on February 19, 2004 at the Frankfort Civic Center.

The 2004 Induction Class and Special Awards recipients were Ricky Skaggs, Boots Randolph, The Coon Creek Girls, Howard and Vestal Goodman, J.D. Crowe; Billy Vaughn and Jerry Chestnut.

The Honorable Governor Ernie Fletcher was in attendance to present the Governor's Lifetime Achievement Award to Dwight Yoakum. Brian Littrell and Kevin Richardson, of the Backstreet Boys, received the Kentucky Music Ambassadors Awards and Montgomery Gentry gave a video acceptance for the Entertainer of the Year award.

With noted humorist Carl Hurley and Miss. Kentucky MacKenzie Mayes serving as his assistant, there

were great performances from artists like Dwight Yoakum, Boots Randolph, J.D. Crowe, Dottie Rambo and Mary Ann Fisher.

News Deadline is Noon Tuesday

Rockcastle County Health Department offers specialized services in Women's Health

Ruth Lane, an Advanced Registered Nurse Practitioner, is a specialist in Women's Health. Ruth received her Associate Nursing Degree from Eastern Kentucky University and her Advanced Degree from Emory University in Atlanta, Georgia. She has been employed with the health department for 15 years.



Ruth Lane, ARNP

The Rockcastle County Health Department continues to provide free or low cost women's health services to those who are uninsured or underinsured. We are now able to provide services for women who have Medicare and insurance coverage. Services that are available are breast and cervical screenings, family planning services, mammogram screenings and referrals, colorectal screenings, and STD screenings and treatment. Our advanced-nurse practitioner also offers community education for women on how to perform the mammarecare clinical self-breast exam.

If you are interested in women's health services or other services offered by the Rockcastle County Health Department such as: Cholesterol, Blood Pressure, Immunizations, Nutrition Counseling, Diabetes Education and Management, Food Handlers Certification, TB skin testing for employment and Tuberculosis Program, HIV testing, HANDS for first time mothers, Healthy Start, Tobacco Control Programs, Community and School Health Education, WIC, or Well Child Physicals for children with medical cards please call 256-2242.

Absolute

Auction

of Ms. Ann Day's

Two Houses and 2 Acres More or Less • Personal Property
Saturday, April 3, 2004 at 10:30 a.m.
919 Scaffold Cane Road - Berea, Kentucky

Location: Located one mile south of Berea College on SR 595 (Scaffold Cane Road). Auction signs are posted.
Ms. Day has moved into an apartment and no longer has need for these properties. She has authorized our firm to offer this property and personal belongings for the absolute high dollar.

The property consists of two houses situated on approximately two acres more or less. The first house has vinyl siding with central heat and air as well as gas hook-up and all city utilities. The living room's fireplace mantle, dating back over 100 years, came from the Fair Side Chapel at Berea College. It also has a large kitchen/dining area with oak cabinetry, master bedroom has 1/2 bath and an adjoining kitchenette, two additional bedrooms, full bath and utility area. It also has front and side porches and a storage building.

The second house has living room and kitchen combination, two bedrooms and a full bath. It also has central heat and air, city water, sewer, gas, and Berea College electric.

AUCTIONEER'S NOTE: Live in one and rent the other!! You'll have instant income with this property located near Berea College! Be sure and mark your calendar now to attend this absolute auction on Saturday, April 3, 2004 at 10:30 a.m. You will also have the chance to purchase furnishings at your own price!

PERSONAL PROPERTY TO BE SOLD INCLUDES: Like new Side by Side w/ icemaker refrigerator * Freezer * two portable dishwashers * 2 gas stoves * electric range * Gas heating stove * dinette set w/ four matching chairs * various hand tools * tool chest * well pump * old boat motor * cast iron bell * fishing pole * Aluminum extension ladders * kid's swimming pool * grass peeler * Craftsman weed eater * Mantis tiller * old garden tiller * canning jars * Handmade wood swing * glider * wardrobe * 8 ft table * plus various other items.

Terms: 20% down the day of the auction with the balance due on or before 30 days with deliver of the deed. Cash, check or major credit card in full day of the auction for the personal property.

NOTE: The purchaser of a single family residence, built before 1978, has a maximum of 10 days to inspect the property for the presence of lead base paint. The period for inspection begins March 24, 2004 through April 2, 2004. All bidders must sign a Waiver of the 10 day post-sale inspection period.

Auctioneer/Broker/Seller Disclaimer: The information contained herein is believed to be correct; to the best of the auctioneer's knowledge. The information is being furnished for the bidder's convenience and it is the responsibility of the bidder to determine the information contained herein is accurate and complete. The property being sold is being sold "as is" as conditions. No warranties express or implied.

For additional information or appointment to see the property contact Ford Brothers, Inc. Auctioneers & Realtors. Announcements day of the auction take precedence over printed matter.

FORD BROTHERS, INC.
AUCTIONEERS - REALTORS



London, Ky
800-878-7111

www.fordbrothersinc.com
Somerset, Ky
800-478-2212
1-800-520-9480

Mt. Vernon, Ky
806-236-4843

Assisted by:

PENNINGTON

Realty
Berea, Ky.

859-986-8449

The Family Room

By: Dr. Roy Don Whitehead

"What should I do?" she asked his friend. "If you were in my shoes, what would you do?" he asked the counselor. "I can't decide, so tell me what I should do," she begged.

Do people ask you for advice? As a counselor for the past 18 years, I have had many people ask me what they should do. The situations have included affairs, divorces, child custody, job changes, retirement, problems with children and many more.

Earlier in my career I gave some advice. It was hard to resist the plaintive plea of a fellow human being in distress. When they asked what I would do if I were in their shoes, I sometimes told them. When they asked what they should do, I sometimes told them. What happened next will not come as a surprise to many of you: they ignored my advice and did what they wanted. That is correct: they did not take my advice even though they asked for it.

This was my first clue that giving advice was not necessarily the best way to approach a counseling situation. While people may be desperately seeking a solution to their woes, this does not mean that they will act on advice from others.

These experiences led me to formulate Whitehead's Rules of Advice Giving.

1. Share them with you for what they are worth.

2. They will not do what you say. They will do what they want. Even if they ask you for advice that does not mean they will act on it, especially if the advice involves sacrifice or pain. We human beings do not like to hurt and will do all we can to avoid it.

3. Give advice only when asked. If they do not ask, then you do not tell. If it is their problem, do not make it yours and try to solve it for them.

Most of us have plenty of problems of our own. We need to spend our time solving those rather than trying to solve someone else's difficult ones.

4. Give advice only sparingly. Advice is cheap. Anyone can offer his or her two cents worth on any subject. Do not add your two cents worth. Wait until you are certain that your advice is worth at least a nickel before you offer it.

5. Do not say, "If I were you I would..." You do not know what you would do if you were in his shoes. If you have not been in a similar situation, you have no clue what you would do. Even if you have been in a similar situation, you are a different person and would react in your own way.

6. Never say "never." "I would never put up with that," she said, "if my husband did that he would be out on his ear." Two years later when her husband did the same thing, she stayed with him.

7. Do not judge the one who asks for advice. Instead, be understanding.

8. Do not make "should" or "ought" statements. "You shouldn't have done that" is not a helpful thing to say. No one can go back and undo what he has already done. Look to the future without judging the past.

9. Ask questions to help the advice seeker decide what he should do. The best advice is no advice. The best advice is "let me help you figure out your next move." People are more likely to act on conclusions that they draw themselves. If she decides to change her life, she is more likely to do that than if you tell her to change.

Advice is cheap. Ask questions instead.



Recently, the Mt. Vernon Lions Club held their 60th anniversary birthday celebration at the Kastle Inn Restaurant. At this celebration, the late Lion James Lambert was honored with a memorial plaque that was presented to his sons, Honorable Joseph Lambert and Jimmy Lambert. Above, president DeBoard and Lion William Foster present the plaque to Chief Justice Lambert. Foster lit a candle in remembrance of Lambert at Cumberland Falls.



Special thanks to Renfro Valley entertainer and WRVK host Betty Lou York and husband George York who did an excellent job entertaining at the celebration.



Bennett Hlatt, right, and secretary Bobby Kendrick attended the celebration. Lion Bennett has been a very dedicated member. President DeBoard would like to thank him for his dedication and everyone who attended the celebration.



Brodhead Blue Lodge #566 recently held their monthly meeting. In the bottom photo, Billy Jones was presented a pin for being Worshipful Master. Grand Lodge Master presented the pin. In the top photo, Master Mason David DeBoard along with Master Billy Jones, center, were honored to have past Master Mason Ray Hatfield, Bro. Ray has been under the weather and we hope to see him in the future.



On Monday, March 15th, Mt. Vernon Lions Club members went to Lexington for special training for a new Kids-Sight program. President David DeBoard and members are trying to bring this program to the community. This program will help children ages 5 - 5 to be able to detect the "lazy eye". Above, DeBoard is shown with Kid Sight coordinator Lion Speddy Gonzalez, right. Below Lions Mike DeBord, left, and John Horu spent a full day training for our community. More information will follow as training progresses.



Rocket Carpet Cleaners



SSO David Owens at the Branatuc Elementary school in Branatuc, Bosnia

We're back from serving our country and back to serving our county with quality carpet cleaning services. I would like to thank all the businesses and individuals who supported our school project in Bosnia. I look forward to again providing all your carpet cleaning needs.

David Owens
Rocket Carpet Cleaners

Spring Cleaning Special

One room of carpet deep dry cleaned, shampooed, and scotch guarded for only \$29.95

Rocket Carpet Cleaners

606-256-9870

davidowens24@yahoo.com

Taylor's Fruit Stand

Open Mon. - Sat. 10 a.m. to 5 p.m.

On Albright Street in Brodhead in Blue Warehouse

Specials



Tomatoes

75¢ lb.



Bananas - 1⁰⁰ 3 lb.

Cabbage - 20¢ lb.

Yellow Onions - 85¢ 3 lb. bag

Yard Sale every day except Sunday

Taylor's Produce Company

Ph. 758-8221

Email The Signal at
mvsignal@alltel.net

Citizens Bank
VISA CHECK CARD

0123 4567 8901 2345

JOHN A DOE

VISA

A VISA Check Card from Citizens Bank goes beyond a conventional checking account. It's a faster, more economical and more convenient way to boost your purchasing power. With a VISA Check Card from Citizens Bank, every purchase is fast and simple.

- If you travel, there's no need to worry about getting checks cashed out of town, and you can use your card wherever VISA debit card is accepted.
- There's no problem if you need to withdraw funds. A VISA Check Card gives you all the advantages of an ATM Card.
- The VISA Check Card saves money in check printing fees, while it saves valuable resources. Because you don't use checks, there's no need to purchase them or worry about running out of checks.
- Every month you use your VISA Check Card, you'll receive an account statement that includes the date, location and amount of each transaction that month, so it's just like balancing your checkbook.

SERVICES THAT GO WHEREVER YOU GO

Get the most out of life!

Brodhead 758-8212	McKee 287-8390
Mount Vernon 256-2500	Annville 364-2918

Member FDIC
Equal Housing Lender

Citizens Bank
Since 1904
Real People. Real Progress.

Tiger Pause

Preschool and kindergarten screenings will be held April 24th and May 1st. Call Ms. Cindy Ellington at 758-9726 for an appointment. All students entering preschool or kindergarten need to be screened.

AAU 19 and Under girls basketball team won the state tournament last week. They will travel to Florida in June to represent our state. Congratulations to BES players Angie Lawrence, Kristen Abbey and Alivia Bullock.

Spring Break is April 5-9th. We will be dismissing early on April 2nd for bus drills. Walkers and parent pick-ups will be dismissed at 2:45.

Box Top Collection has ended for this school year. Please continue saving box tops for next year. BES collected around 7,000 box tops this year. Thanks to everyone who participated. BES appreciates Mrs. Betty

Glovak for coordinating the Box Tops Program.

Students in the Counselor's Corner this week are Shanlee Burton, Davis Faulkner, Jeremah Brown, Joseph Baggett, Makayla Singleton, Kyle Marlow, Maegen Slate, Chase McGuire, David Lawson, Aaron Blevins, Erika Winchester, Dana Robbins, Samantha Mitchell, Ethan Miller, James Caudill, Ciara Blanton, Sarah Jones and Summer Montjoy. These students were notified for being helpful to their teachers and classmates. They share and work well together with others. Great job!

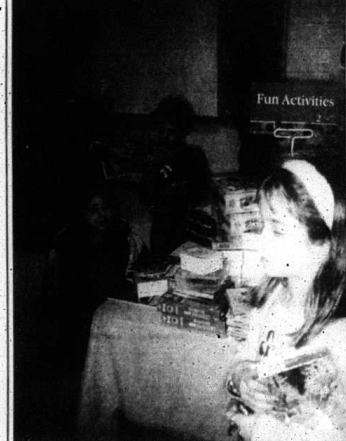
Important Dates: spring picture money is due Friday, April 2nd; April 5-9 Spring Break; Girl Scouts meet April 15th, May 6th and 20th; Testing period is April 26th - May 7th.



Brodhead Elementary School students and parents enjoyed the Scholastic Book Fair.



Fun Activities



Jarrett and Jerlah Hamm learning from a fellow BES student at their annual science fair. The students had many exciting experiments to share.



Several Advanced Art students at Rockcastle County High School recently received recognition at the Regional Art Exhibition held at Eastern Kentucky University. In the area of Computer Graphics, Zac Penso won first place and Gabe Gulliford won second. In the area of Graphic Design, Katie Parsons won second place. In the area of Cultural Art, Ashley Kimber won second place and Gabe Gulliford won Honorable Mention. Zac, Katie and Gabe are shown in the photo above.

Minds in the Middle

We were happy to see all of those parents who attended our Parent Teacher Conferences last Tuesday. We are also grateful to those community and parent volunteers who made our annual Reality Store a huge success. A special thanks goes out to Andy Hlatt of Town and Country Motors, Ford Realty Inc., Rockcastle Hospital, Teresa Jackson and the staff at State Farm Insurance, Citizens Bank, Berea National Bank, Community Trust, John McQuay at the County Extension office, Sandy Whitaker from the Soil Conservation office, Scott Stayton from Bible Baptist Church, Eddie Naton and Kevin Griggs from First Baptist Church, and parent volunteers Sharon Pendry, Melanie Campbell, Barbara Fry, and Susan Jordison.

Any Y-Club members who need a registration packet for the Leadership Training Conference this summer can pick up the forms in the office or from Mrs. Hale. Space for the summer camp is limited and all deposits must be made by May 1st. Congratulations to Mrs. Davis' 5th period math class. The class earned pizza for mastering the most Accelerated math objectives on their team during the third grading period mastering 465 objectives.

We were honored to have the RCHS Lady Rockets with us last Wednesday. RCMS students showed lots of support for them during our pep rally.

Congratulations to 6th grader Katy Howard. Katy won the 4-H Variety Show Specialty Act competition and will compete in district competition in May.

We are proud of Andrew Penso for being named as the Enterprises' Student of the Week last week.

RCMS enjoyed a visit from the 5th graders from Roundstone Elementary on Tuesday and from the

Brodhead Elementary 5th graders on Wednesday. We look forward to having those excellent kids join our student body.

The yearbook staff will be educated about the newspaper business Thursday when they tour the Lexington Herald Leader facility. The Voyagers team enjoyed a trip to the Norton Center in Danville to learn more about African culture and dance on Tuesday.

School at RCMS will dismiss at 2:30 on Friday afternoon in order to conduct bus drills.

April is National Child Abuse Prevention Month. Take time this month to evaluate the methods you are using to discipline your child. Are they working well or may something else work better? The important thing to remember is to discipline with love and keep your cool with your child. Also keep in mind that children learn what they live. You are their greatest example of positive behaviors.

We encourage all parents to enjoy the extra time they can have with their children next week. Dedicate yourself to making this Spring break family time!

Cash recognized by Angus Association

Lomie Gene Cash, Brodhead, has been recognized nationally by the American Angus Association for having two registered Angus cows included in the Association's 2004 Pathfinder Report.

Only 2,099 of the more than 34,000 American Angus members are represented in this year's report, according to John Crouch, executive vice president of the association which is headquartered in St. Joseph, Missouri.

Caldwell named National Award Winner in Math

The United States Achievement Academy announced that Gary Keith Caldwell, of Brodhead, has been named a United States National Award Winner in Mathematics.

This award is a prestigious honor very few students can ever hope to attain. In fact, the Academy recognizes fewer than 10% of all American high school students.

Gary, who attends Rockcastle County Middle School, was nominated for this national award by Mr. Phillips, a teacher at the school.

He will appear in the United States Achievement Academy Official Yearbook, which is published nationally.

"Recognizing and supporting our youth is more important than ever before in America's history. Certainly, United States Achievement Academy winners should be congratulated and appreciated for their dedication to excellence and achievement," said Dr. George Stevens, Executive Director of the United States Achievement Academy.

The Academy selects USAA winners upon the exclusive recommendation of teachers, coaches, counselors, and other qualified selectors and upon the Standards of Selection set

forth by the Academy. The criteria for selection are a student's academic performance, interest and aptitude, leadership qualities, responsibility, enthusiasm, motivation to learn and improve, citizenship, attitude and cooperative spirit, dependability and recommendation from a teacher or director.

Gary is the son of Gary and Doris Caldwell of Brodhead. Grandparents are Carl and Fern Caldwell of Brodhead and the late Tony and Christine Brown of Brodhead.



Gary Keith Caldwell

We Cater! Call for Details! **Blimpie** Call-In Available 256-4463

Come In and Try Our Daily Specials!

Now Serving Breakfast **BP** Located at Exit 62 **Mt. Vernon 256-4465**

NEW ALLERGY CLINIC

Call for an appointment today if you are experiencing any of these symptoms:

Trouble breathing, frequent cough, frequent headaches, sneezing, sore throat, runny or stuffy nose, watery, itchy eyes, hives or other skin rashes, bee or other stinging reactions.

ALLERGY, ASTHMA AND IMMUNOLOGY, PSC

Located in the Rockcastle Medical Arts Building 140 Newcomb Avenue Mt. Vernon, Ky.

Phone 606-256-4148 or 1-800-640-0246

Franklin C. Liles, M.D. is a Board Certified Allergist, Graduate of Johns Hopkins University.

Mt. Vernon Message

For the week of April 1, 2004
Upcoming events
 Spring Break is next week. Enjoy your time off.

Berea College Dean's List

Three Mt. Vernon area residents, Emily Daugherty, Kandis Jamison and Tammy Blackburn, were among the Berea College students named to the Dean's List for the fall 2003 term.

To be eligible, a student must maintain a 3.2 or higher regular term average for a minimum of four courses, the equivalent of 16 credit hours.

Emily is the daughter of Larry and Susan Daugherty of Brodhead. Kandis is the daughter of David and Tammy Jamison of Mt. Vernon and Tammy is the daughter of Aline Blackburn of Livingston.

Assessment begins April 26. 93, 4th and 5th grade students will be taking their tests over a period of two weeks. It is very important that students get enough rest and eat healthy breakfasts during this time.

Special Projects:
 Project Wisdom readers for last week were Katie Mackley, Kaitlyn McGee and Roger Baggett, students and Jamie Cornelius, music teacher, was our mystery reader.

Our quote for this week is "Success is peace of mind in knowing you did your best." John Wooden.

Bathtub Refinishing

REGALIZING

PO Box 1786 - Hazard, KY 40401
 Phone 625-9955

Fish Fry

North Atlantic Cod
 Lil's Place

Main St. • Livingston
 Saturday, April 3rd
 Begins at 2 p.m.
 Everyone Welcome

See Our Large Of Selection Of Shoes

- Hush Puppies
- Naturalizer
- Red Wing
- Corsina
- Annie

The Apparel Shop
 37 Public Sq. • Lancaster
 (859) 792-8811
 Visa, MasterCard, American Express

Rockcastle County High School Musical Theatre presents

MACBETH

The Musical Comedy

Thursday April 1, 2004
 7:00 PM

Admission \$5.00
 Children 10 & Under \$2.00

Rockcastle County High School Auditorium



Cadet Major Jessica Toothman presents Mr. John Hale with the new flag for the high school.

Loudermilk speaks Annual Military Ball

Rockcastle County High School JROTC held their Ninth Annual Military Ball, Saturday, March 27th at 6:30 P.M. at the high school with seventy-seven in attendance. The Military Ball is a required formal event for JROTC cadets. The evening began with formal photos by Mr. Doug Brock (Brock Studios). In full military custom, the receiving line, consisting of the Command Staff & their guests; Company Commander - Cadet Major Jessica Toothman and her guest, Brandon King; Company Executive Officer - Cadet Captain Justin Richards and his guest, Miss Bethany Smith and Cadet First Sergeant Jesse McCollum and his guest, Miss Samantha Anglin and the guest speaker for the evening, SSG Ryan Loudermilk and his wife, Mrs. Kelli Loudermilk greeted our honored guests, parents, our cadets and their guests.

After the Welcome by the Company Commander, the evening began with the traditional posting of the Colors commanded by Cadet 1st Lieutenant Erik Stallworth, Cadet 2nd Lieutenant Derrick Hensley, Cadet 2nd Lieutenant Shane Foster, and Cadet Sergeant First Class Joshua Bell, followed by the Pledge of Allegiance, the Invocation, (given by Cadet Corporal Casey McClure), the formal military toasting ceremony, and the introduction of our honored guests. Cadet Corporal Clinton Walker then led the JROTC Cadet Creed.

Following the Cadet Creed, Mrs. Jean Towery presented the Company Commander with an American flag donated from the Woodmen of the World. The Cadet Major Jessica Toothman presented the flag to Mr. John Hale, RCHS Principal.

Immediately following, a special slide presentation was enjoyed by all, consisting of over two hundred photos of the past years' accomplishments set to music with highlights of Community Service, Rifle Team, Raider Team, & Drill Team competitions and events. A special tribute to our graduating seniors concluded the presentation. The Seniors were then recognized by Sergeant Major Taylor.

Our Guest Speaker for the evening was Staff Sergeant Ryan Loudermilk, U.S.M.C. Reserves, also employed by the Kentucky State Police assigned to Post 11 in London, Ky. SSG Loudermilk has served for seventeen years including reserve and active duty service. His service has taken him to California, North Carolina, South Carolina, overseas to Hawaii, Norway, Belgium, Ireland, Saudi Arabia, Kuwait and most recently to Iraq. We were extremely

honored to have SSG Loudermilk, a native of Rockcastle County, be our guest speaker this year at our Military Ball. He was joined by his wife, Mrs. Kelli Loudermilk.

Also joining us for the evening were: Mr. John Hale, Mr. Charlie Napier, Mr. Doug Brock, Mr. Chris Frith & Mrs. Crystal Frith - Ms. Allene Cornelius & Mr. Keith Saylor, Mrs. Jackie Valerio, Mrs. Stephanie Robinson, Mrs. Kathy Toothman, Mr. Chad Hemmree & Mrs. Letha Hemmree, Mrs. Laura Durham, escorted by her grandson, Mr. Lee Hamilton Speaks; Mrs. Jean Towery, Sergeant First Class Keith Graves & Mrs. Caroline Graves, and Sergeant Major Taylor & Mrs. Jenny Taylor.

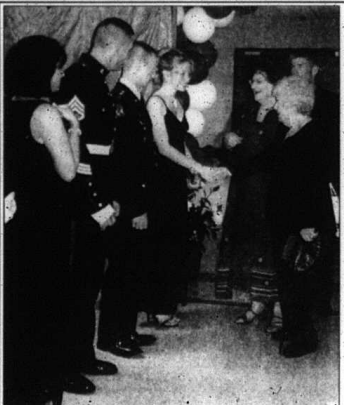
Our cadets in attendance were: Cadet Major Jessica Toothman & Brandon King.

Cadet Captain Justin Richards & Miss Bethany Smith, Cadet First Sergeant Jesse McCollum & Miss Samantha Anglin, Isaac Coffey, Derrick Hensley & Miss Brittany McFadden, Erik Stallworth & Miss Nikki Mullins, Josh Bell & Miss Chrystal Valerio, Miss Karen Barber, Jesse Patterson, David Richardson & Miss Jessica Denny, Chad Gllovak, Shane Foster & Miss Lakin Halcomb, Brandon Hellard & Miss Jody Howard, Matthew Carter, Casey McClure & Miss BreAnna Morgan, Doug Ponder, Jacob Lewis & Miss Rebecca Cummins, David French,

Dustin Emerson & Miss Samantha Page, Chris Miller, Russell Riddell, Clinton Walker & Miss Amber Stoketey, Thomas Amoral, Josh Vanwinckle & Miss Sarah Myers.

Miss Merissa Conner & Mr. Kenny Gadd, Mason Bowling, Pete Edwards & Miss Amanda Vann, Harry Hunsucker & Miss Stacie Gabbard, Jacob Jones, Brian Davidson, Tony Thompson, Chris Denny, Miss Morgan Cain & Mr. Chris Neeley, Jamie Cromer, Dylan Nolan and Brandon Dykes.

The dancing began around 8:45 p.m. with music provided by Mr. Charlie Napier assisted by David Rowe. We would like to thank Mr. Napier for a fun filled evening and also to Mr. Doug Brock. We would like to thank our cadets who decorated on Friday and Saturday and worked extremely hard cleaning on Sunday to make everything perfect for the event. Also to Miss Chrystal Valerio who put in many long hours after school assisting Mrs. Jenny with the slide show. We would also like to thank Mrs. Jackie Valerio, Mrs. Stephanie Robinson and Mrs. Kathy Toothman for volunteering their time helping with the refreshments.



Company Commander Jessica Toothman & her date, Cadet SFC Brandon King, and SSG Ryan Loudermilk & Mrs. Kelli Loudermilk welcomes Mrs. Jean Towery, Mrs. Laura Durham, and her grandson, Mr. Lee Hamilton Speaks.



JROTC Color Guard posts the Colors.



Cadet Corporal Clinton Walker leads the cadets in the Cadet Creed.



Shown above is the Company Executive Officer, Justin Richards & Miss Bethany Smith, Company ISG Jesse McCollum & his date, Miss Samantha Anglin.

CONSIGNMENT AUCTION

ONE DAY ONLY!

Saturday, April 3, 2004 - 9:30 a.m. 'till ??
Lincoln County Fairgrounds

Sale organized & sponsored by the Lincoln County FFA Auctioneer: Gary Napier

Equipment will be received:
Thursday, April 1 • Friday, April 2
Equipment will be accepted on sale day (only if prearranged)

Partial list of equipment consigned:

J.D. 7000 corn planter, 5X J.D. Plow, 273 H.H. hay baler, Newermax culmtractor, 456 J.D. hay roller, Ford 3x plow, 4X semi mount plow, Ford 2x plow, gravity wagon, 140 Farmall, J.D. hay rake, 3 pt. disc, Kraus wheel disc, 1H wheel disc, Rhino baler/mower, wood 1/2" mower, Gehl manure spreader, Case IH 685 tractor, boom pole, 8 wheel v rake, 350 J.D. mower, outpacker, wagon gear, 7 bush hog, J.D. manure spreader, big lead wagon, 505 Vermeer baler, 580 Case backhoe with cab, 4wd, Cx90 4 wd w/cab & loader, 2 row H 900 J.D. corn picker, J.D. wing disc, J.D. cuttasmulcher, 1468 1H cab with duals, 264 1H with finish mower, 955 Minneapota moine G955 (1,022 original hours), 8' woods put mower, no till J.D. 4 row planter, 5575 J.D. wind loader, J.D. running gears, 365 N.H. grinder meet, New disc & row corners, no till planter

For information and to consign equipment call: Lincoln Co. FFA (606) 365-8500 or (606) 365-1800 between 9:00 and 3:00 or Denise Thomas (859) 329-3628 nights.

	WALKING TALL 1:50 4:20 7:10 9:15 11:15		THE PRINCE & ME 1:45 4:15 7:05 9:10 11:15
	SCOOBY DOO 2 1:55 4:25 7:00 9:05 11:15		HOME ON THE RANGE 1:50 4:20 7:15 9:00 11:15

BOX OFFICE OPENS
FRI - SUN at 1:00 PM MON - THURS at 3:30 PM

WALKING TALL	PG13	1:50	4:20	7:10	9:15	11:15
SCOOBY DOO 2	PG	1:55	4:25	7:00	9:05	11:15
THE PRINCE & ME	PG	1:45	4:15	7:05	9:10	11:15
HOME ON THE RANGE	PG	1:50	4:20	7:15	9:00	11:15
THE PASSION OF THE CHRIST	R	1:30	4:00	6:45	9:05	11:15
DAWN OF THE DEAD	R	1:40		6:55		11:15
TAKING LIVES	R		4:10		9:00	
HELL BOY	PG13	1:35	4:05	6:50	9:10	11:15

REGENCY 7
175 & HWY 192 - LONDON - 606-877-7775
Admissions: Children Under 12 - \$3.50
Adults \$5.95 Matinee \$3.95 Senior Citizens \$3.50

For all your hometown news.

Subscribe to the Mt. Vernon Signal

In County - \$16.75/Yr
Out-of-County In Ky. \$21.75/Yr
Out-of-State \$30.00/Yr.
10% Discount to Senior Citizens

Mail to:
Mt. Vernon Signal
PO Box 185
Mt. Vernon, KY 40456

Name			
Address			
City	State	Zip Code	
New	Renewal	SUB. #	

The CAP Corner

Adult Learning Center

Helping Your Child With Homework

Children need to know that their family members think homework is important. If they know their families care, children have a good reason to complete assignments and to turn them in on time. You do so many things to show your child that you value education and homework.

Set a Regular Time for Homework

Having a regular time to do homework helps children to finish assignments. The best schedule is one that works for your child and your family. What works well in one household may not work in another. Of course, a good schedule depends in part on your child's age as well as her specific needs. For instance, one child may do homework best in the afternoon, completing homework first or after an hour of play and another may do it best after dinner. However, don't just before bedtime.

Pick a Place

Your child's homework area doesn't have to be fancy. A desk in the bedroom is nice, but for many children, the kitchen table or a corner of the living room works just fine. The area should have good lighting and it should be fairly quiet.

Remove Distractions

Turn off the TV and discourage your child from watching television or surfing social telephone calls during homework time. (A call to a classmate about an assignment, however, may be helpful.)

Some children work well with quiet background music, but loud noise from the CD player, radio or TV is not OK.

Set a Good Example

Show your child that the skills he is learning are an important part of

the things he will do as an adult. Let him see you reading books, newspapers and computer screens; writing reports, letters, e-mails and lists; using math to balance your checkbook or to measure for new carpeting; doing other things that require thought and effort. Tell your child about what you do at work.

Help your child to use everyday routines to support the skills he is learning. For example, teach him to play word and math games; help him to look up information about things in which he is interested—singers, athletes, cars, space travel and so forth.

Be interested and interesting. Make time to take your child to the library to check out materials needed for homework (and for enjoyment) and read with your child as often as you can. Talk about school and learning activities in family conversations. Ask your child what was discussed in class that day. If she doesn't have much to say, try another approach. For example, ask her to read aloud what she wrote or to talk about what she found out from a science experiment.

Attend school activities, such as parent-teacher conferences, plays, concerts, open houses and sports events. If you can, volunteer to help in your child's classroom or at special events. Getting to know some of your child's classmates and their parents builds a support network for you and your child. It also shows your child that his home and school are a team.

The CAP Adult Learning Center is available to assist parents in their efforts to support their child's learning. For more information call 236-5307.

Excerpted from the US Department of Education's Publication "Tobias for Success." This and other publications are available to parents at www.ed.gov

Youth Yak at RCHS

Submitted by Myrna D. Childress

We are proud of our Rocket Teams. The Rockets played a tough Pleasure Ridge Park team on March 18 in Kupp Arena. We hung tough most of the game, but they were more than we could handle by the game's end. We lost by a score of 69 to 55. The Lady Rockets also made it to the Sweet Sixteen. They played Christian County in Bowling Green on Thursday, March 25. The Lady Rockets played without Johanna Abney, who suffered an injury during regional play. Once again, we came up on the short end. Final score was Christian County-37 Rocket-43. We are all so proud of our Rocket Basketball players and coaches. We are one of five basketball programs in the state to send both the boys and girls basketball teams to state. What a compliment! Aaron Cash has been named to the A.P. All-State Basketball boys' second team!!! As for the ladies, Johanna Abney has been named to the girls' second team. Tara Rowe and Heather Hamilton received honorable mention!!! Lady Rocket Lauren Clontz was selected as a Sweet 16 scholarship recipient!!!

This Friday, April 2 is spring picture day. Cost is \$6.00. You can have "buddy" pictures taken. That will cost \$6.00 per person.

Notes from KUNA - Allison Carter was elected Premier Sumner President. Morgan Kincer received the Outstanding Premier Speaker Award. Josh Nation, Douglas Del Ponder, Hillary Putter and Breanna Morgan had their proposals in the Premier Summit. Morgan Kincer, Michael VanWinkle and Josh Blair moved their proposal through the Summit and into the General Assembly. Congratulations to sponsor, Mr. Brenda, for his award. The Kenya display was one of the Outstanding Display Award winners. Thirteen hundred students were in attendance. Job Well Done!!!

Due to the boys playing in the

Sweet Sixteen last week, the Proot Review was re-scheduled for April 2. Only juniors and seniors will be allowed to attend.

The Key Club sponsored a blood drive on Monday, March 29 here at school. This drive will go down in history as the most successful school drive thus far. A total of 58 pints were collected. Thanks to all who participated. The Key Club is also re-cycling aluminum cans. They have placed containers around the building. Please contribute your cans!!!

Way to go choras!!! You received a proficient rating at CKMEA. The band received a proficient plus rating on performance and a distinguished rating in sight-reading.

Several students competed in the Cumberland College Science Fair on Wednesday, March 24. RCHS was named overall school winner. Anna Guillouf was grand champion and won the Naval Science Award. Good Job!!!

The winner of the TV raffled off for Project Graduation was Kelsey Slempp. Now the PG service is selling chances on a car. Tickets are available in the youth service center. Seniors need to come by during break or lunch and pick up some tickets to sell. The car can be seen sitting under the Rocket in front of the school. It is a 2002 Hyundai-Accent. It has 19,000 miles, 1.5 L 12 valve SOHC engine, fuel injection; five speed manual transmission; dual air bags; Gaullouf was grand champion and won the National Auto Sales will give a three month limited warranty. Tickets are \$5.00 each. Also of note, a benefit Bass Tournament for Project Graduation is scheduled for Saturday, April 10 at Burnside Island State Park. See Doug Mullins or Joe Howard for more info. On this.

Results of the HOSA competition: Drew Davidson, Kayla Felmer, Claudia Brock and Elizabeth

Scarborough placed second in biomedical debates. Jessica Holbrook placed second in Dental Assisting and Jessi Rucker placed third in Dental Assisting. Good luck at the National Convention held in Orlando, FL.

MORE WINNERS: Spring Greenhand Ceremony results are FFA Creed fall winner Jenny Lynn Clark; Second place spring-Chris Hurs; spring and overall winner-Emily Whitaker. FFA quiz contest-second place-Hillary Putter; Overall winner-Emily Whitaker.

FCCLA Convention Results from Louisville-Beth Coleman received first place. Nationals will be held this July in Chicago. Brittany Kincaid's display board will go to the Nationals. Congratulations!!!!

Girls Softball has begun: In the opener with Madison Southern, we won by a score of 7 to 2. Way to go gals!!!

As winners of the ROCK Spirit

Olympics held last week, the juniors received an extra break!!! Speaking of break, don't forget Spring Break is next week. Good luck to our Rocket baseball team as they travel to Cocoa Beach, FL for games and training. Boreas College's Glee-Up Program will be traveling to St. Louis during Spring Break. Have fun!!!

Seniors, please have your photos for the graduation slide show turned in to Ms. Nancy Bussell if you wish to participate. Friday, April 2 is the deadline. If you miss the deadline, your family won't be seeing your pictures on the big screen during graduation and project graduation.

Everyone here at RCHS is extremely proud of our students. We excel in athletics, music, JROTC, band, and vocational just to name a few. Our next big competition will be in the testing arena during the week of April 26. Let's get geared up for that!!!



Shown above are students who participated in the 4th CHS Chibing at Roundstone Elementary March 22-26. Front row from left: Billy Walker (helper), Tim Kirby, Cassie Taylor, Savannah Lamb, Emily Clark, Macie Louallen, and Megan Louallen. Middle row from left: Will Walker, Samantha Dammell, Andrena Lowery, Kadle Cobb, Caroline Grees, and Miranda Lowery. Back row from left: Kara Canterbury, volunteers Connie Taylor and Kirby Reese, clothing project participant Kaitlyn Blanton, volunteers Janice Hager, Barbara Congleton and Pat Kirby. Not pictured was volunteer Fannie Lamb.

Commonwealth of Kentucky 28th Judicial Circuit Rockcastle Circuit Court - Division II Civil Action No. 03-CI-00171

Citizens Bank and Cox Funeral Home, Inc. Plaintiffs
V.
Jack Sloan, Jr., unknown spouse of Jack Sloan, Jr., if any; Diana Payne; unknown spouse of Diana Payne, if any; Valencia Gray, unknown spouse of Valencia Gray, if any; Malena G. Cox and husband Lindsey Cox, if any; Sloan, single, Larry Sloan, Jr., single and Joseph Sloan, single Defendants

NOTICE OF SALE

Pursuant to a judgment and order of sale entered in this action on March 12, 2004, for the purpose of satisfying the judgment against the defendants in the amount of TWENTY SIX THOUSAND EIGHT HUNDRED NINETY SEVEN DOLLARS AND 14/100 (\$26,897.14) plus interest, costs and attorney fees. I will offer at public auction the hereinafter described real property in Rockcastle County, Kentucky.

At the Courthouse on East Main Street
Mt. Vernon, Kentucky
on Friday, April 9, 2004
Beginning at the Hour of 1:30 p.m.

Said property being more particularly bounded & described as follows:
Tract No. 1 - A certain lot or parcel of land situated in the west end of Mt. Vernon and adjoining the Presbyterian Church lot and being on the Mt. Vernon and Oak Orchard Road at the southeast corner of said church lot; together with the line of the church and P.D. Colyer 149 feet; thereat east 50 feet to a stone; thereat S 149 feet to said Oak Orchard and Mt. Vernon Road; thereat west with said road 50 feet to the beginning.

Tract No. 2 - One town lot lying and being in the town of Mt. Vernon, Rockcastle County, Kentucky on the Mt. Vernon and Oak Orchard Road in the Colyer Addition and beginning at a stake corner of A. Pennington; thereat west with the aforesaid land 50 feet to a stake corner to S.C. Franklin; thereat north with said Franklin line 149 feet to a stake also a corner of said Franklin; thereat east with A. Pennington line 50 feet to a stake, corner to said Pennington lot; thereat South 149 feet to the beginning and containing one-eighth (1/8) of an acre, more or less.

Being the same real property which Juanita Sloan obtained by deed dated April 1, 1999, executed by Elizabeth C. Baker, et al, of record in Deed Book 174, page 68 in the Office of the Rockcastle County Clerk.

The property shall be sold on the following terms & conditions:
1. The real property shall be sold for cash or upon a credit of thirty (30) days with the purchaser required to pay a minimum of twenty-five percent (25%) of the purchase price in cash on the date of sale and to secure the balance with a bond approved by the Master Commissioner.

- The bond shall bear interest at the rate of twelve (12%) per annum until paid in full. The bond shall have the force and effect of a judgment and shall be and remain a lien upon the property sold as additional security for the payment of the purchase price.
- Unpaid taxes or liens of record at the time of entry of judgment shall be paid out of the proceeds of the sale.
- The purchaser shall pay the 2003 local, county and state property taxes.
- The purchaser shall have possession of the real property upon compliance with the terms of the sale.
- In the event that the plaintiff is the successful bidder and the sale price does not exceed the amount of the plaintiff's judgment, no deposit or bond shall be required.
- The sale shall be made subject to all easements, set back lines, restrictions or covenants of record or otherwise and shall be sold as is.

Willis G. Coffey, Master Commissioner
Rockcastle Circuit Court

Commonwealth of Kentucky 28th Judicial Circuit Rockcastle Circuit Court - Division II Civil Action No. 02-CI-00193

Greenpoint Credit, LLC Plaintiff
V.
Claude F. Cope, Billie Jo Cope, Robert Bowman, Linda Bowman, Rockcastle County Defendants

NOTICE OF SALE

Pursuant to a judgment and order of sale entered in this action on March 12, 2004, for the purpose of satisfying the judgment against the defendants in the amount of SIXTY TWO THOUSAND FOUR HUNDRED DOLLARS AND 35/100 (\$60,435.35) plus interest, costs and attorney fees. I will offer at public auction the hereinafter described real property in Rockcastle County, Kentucky.

At the Courthouse on East Main Street
Mt. Vernon, Kentucky
on Friday, April 9, 2004
Beginning at the Hour of 1:00 p.m.

Said property being more particularly bounded & described as follows:
Beginning at a 1/2" conduit with plastic cap stamped RLS42773 in the east-right of way of Ramsey Road and is lying to corner to Ronnie Lanham; thereat going with said right-of-way S 102° 27' 09" W 49.65 feet; S 12° 38' 49" W 210.42 feet; thence S 71° 02' 16" W 51.30 feet to a point in the north-right-of-way of Hanford Road; thence going with the North-right-of-way of Hanford Road the following calls: N 53° 46' 08" E 73.49 ft; S 39° 37' 21" E 103.30 ft; 20° 17' E 156.12 ft; and finally to a point on a 1/2" conduit with plastic cap stamped RLS 42773 to said right-of-way a corner to Sharon Peters; thence leaving said right-of-way and going with the Putter line N 22° 42' 37" W 65.74 feet to a point with the Putter line and the Putter line N 22° 42' 37" W 65.74 feet to a set 1/2" conduit with plastic cap stamped RLS 42773 in the line Putter and a corner to Ronnie Lanham; thence going with the line of Lanham S 74° 02' 03" W 160.10 feet to the point of beginning and containing 0.78 acre.

The above described real property is improved by a 1997 Champion mobile home, serial no. 21977941662AB.

Being the same real property which Claude F. Cope obtained by deed dated June 24, 1998 of record in Deed Book 170, page 560 in the Office of the Rockcastle County Clerk.

The property shall be sold on the following terms & conditions:
1. The real property and mobile home shall be sold together.

- The real property shall be sold for cash or upon a credit of thirty (30) days with the purchaser required to pay a minimum of twenty percent (20%) of the purchase price in cash on the date of sale and to secure the balance with a bond approved by the Master Commissioner.
- The bond shall bear interest at the rate of twelve (12%) per annum until paid in full. The bond shall have the force and effect of a judgment and shall be and remain a lien upon the property sold as additional security for the payment of the purchase price.
- Unpaid taxes or liens of record at the time of entry of judgment shall be paid out of the proceeds of the sale.
- The purchaser shall pay the 2003 local, county and state property taxes.
- The purchaser shall have possession of the real property upon compliance with the terms of the sale.
- In the event that the plaintiff is the successful bidder and the sale price does not exceed the amount of the plaintiff's judgment, no deposit or bond shall be required.
- The sale shall be made subject to all easements, set back lines, restrictions or covenants of record or otherwise and shall be sold as is.
- The purchaser shall be required to purchase fire and extended coverage insurance on any improvements to the real property, from the date of sale until the purchase price is paid in full.

Willis G. Coffey, Master Commissioner
Rockcastle Circuit Court

Classified deadline is noon Tuesday

Commonwealth of Kentucky 28th Judicial Circuit Rockcastle Circuit Court - Division II Civil Action No. 03-CI-00210

Bank One, NA Plaintiff
V.
Darrell Smith, aka Darryl Smith, Darryl Susan Smith aka Susan Smith, Citizens Bank of Brookwood, Kalamir Chrysler Service North America, aka Chrysler Financial, County of Rockcastle, Commonwealth of Kentucky Defendants

NOTICE OF SALE

Pursuant to a judgment and order of sale entered in this action on February 13, 2004, for the purpose of satisfying the judgment against the defendants Darrell Smith aka Darryl Smith and Mary Susan Smith aka Susan Smith in the amount of SIXTY FOUR THOUSAND EIGHT HUNDRED THIRTY-THREE DOLLARS AND 05/100 (\$64,833.05) plus interest at the annual rate of 10.00% from August 29, 2003 owed to Bank One NA until date of judgment, costs and attorney fees and the amount of FORTY THREE THOUSAND TWO HUNDRED FIFTY-EIGHT DOLLARS AND 90/100 (43,258.90) plus interest at the rate of 9.98 per day from December 30, 2003 owed to Citizens Bank. I will offer at public auction the hereinafter described real property in Rockcastle County, Kentucky.

At the Courthouse on East Main Street
Mt. Vernon, Kentucky
on Tuesday, April 29, 2004
Beginning at the Hour of 1:30 p.m.

Said property being more particularly bounded and described as follows:

Tract No. 1 of the survey made for Mrs. Harvey Vanzant Estate as shown on the plat of said survey in Plat Book 4 page 157, side 382 in the office of the clerk of Rockcastle County Court, Mt. Vernon, Kentucky. This tract contains 2.75 acres and reference is made to said plat for a more complete description.

Being the same property conveyed to Darrell Smith and wife, Susan Smith, dated December 23, 1999 of record in Deed Book 177, Page 615 in the Rockcastle County Clerk's office.

The property shall be sold on the following terms and conditions:

- The real property shall be sold for cash or upon a credit of thirty (30) days with the purchaser required to pay a minimum of twenty-five percent (25%) of the purchase price in cash on the date of sale and to secure the balance with a bond bearing interest at twelve percent (12%) per annum.
- Unpaid taxes or liens of record at the time of entry of judgment shall be paid out of the proceeds of sale.
- The buyer shall pay the 2004 local, county and state property taxes and all subsequent years.
- The buyer shall have possession of the real property upon compliance with the terms of the sale.
- In the event that Bank One NA is the successful bidder and the sale price does not exceed the amount of the judgment, no deposit or sale bond is required and the property will be conveyed to the plaintiff in due season upon payment of the expenses of sale.

Bobby L. Amburgey, Special Master Commissioner
Rockcastle Circuit Court

Classifieds

CLASSIFIED RATES

• Local Rates - \$4 for 25 words or less - .10 each additional word
 • Display Classifieds \$5.00/Inch
Deadline for Classifieds is NOON TUESDAY

For Rent

Taking applications for 2 bedroom, 1 bath mobile home on nicely landscaped lot across from BES
758-4800

Why Rent?

When you can take over payments on a like new 16x80, 3 bedroom mobile home with 2 full baths and central air for \$257.23 mo. Take over payments, put in your name and must be moved. Call **758-8180** after 5 p.m.

For Rent
 Maple St. Storage of Brodhead
256-2884

Northside Apartments

Cable & Utilities Furnished
 \$260-350 Mo.
 Call **256-3843**

Bluegrass Inn
 Efficiency Apartments and Sleeping Rooms
 For Rent
 Rates: \$50 to \$80 per week for one person \$15 each additional person.
 Electric, water & cable furnished.
256-2444

BRODHEAD, KY
 NEED AN APARTMENT? LOOK NO FURTHER FOR A GREAT PLACE TO LIVE!
IMMEDIATE OCCUPANCY ON 1 BEDROOM APARTMENTS & 2 BEDROOM TOWNHOUSES!
 Waiting list on 3 bedroom townhouses, pending application approval. HUD Section 8 assistance makes these apartments affordable for everyone! Beautiful, quiet country setting. Private entrances & patios, kitchen appliances, central air.
CASTLE VILLAGE APARTMENTS
 Stop in at 165 Castle Village Drive or call **758-4111**
 Hrs. M-F 9 to 2
 Voice/TTY 1-800-553-0300

For Rent

For Rent: 2 and 3 bedroom trailers. \$200 month plus \$150 deposit. 256-9889 or 256-4928. 23x4p
For Rent: One bedroom condo in Pigeon Forge. TN week of July 3-10. Has Jacuzzi tub, fireplace, full kitchen, sleeps four. 2004 rental value \$850-900. A bargain for only \$500. 606-758-4817 after 5 p.m. 606-308-1230. 2x41p
For Rent: House on 165 Quarry St. \$350 month plus \$350 deposit. House at 95 Quarry St. \$275 mo./\$275 dep. Also, trailer at 160 Poplar St. No pets. \$300 mo./\$300 dep. 256-5770. 23x2p
For Rent: Trailer in Scafield Circle area w/some restrictions if suitable to all parties. Rental agreement required. No pets. 256-2610. 23x2

For Rent: 800 sq. ft. of storage or office space, newly renovated. Call 256-2349 or 256-9369. 13xntf
For Rent: Trailers. 256-9181. 20x5p
For Rent: Nice 2 bedroom, 1 bath mobile home in country. Central heat and air. No pets. \$375 month plus deposit. 859-582-8384. 24x2
For Rent: Duplex in Broadhead. All appliances furnished. Ph: 758-9666. 35xntf
House For Rent: 3 bedrooms w/appliances. \$300 month plus \$300 deposit w/rental agreement. Must have references. 453-4871. 24x1
Accepting Applications: For 2 and 3 bedroom units at Valley View Apartments. Rent based on income. Call 256-5912. Equal Housing Opportunity. TDD for hearing impaired only. 1-800-247-2510. 36fn

Property For Sale

For Sale: Two house on Ferguson St. in Mt. Vernon. Call 25-0302 for appt. One extensively remodeled - new everything plus nice landscaping. 24x9
For Sale by Owner: Bedford stone house on 1/2 acre lot. 3 bedrooms, 2 full baths, large living room w/fireplace. Kitchen and dining area combined, den, full basement, carpeted hardwood floors, alarm system, dual heating system and air conditioning. Located next to Middle School. Ph. 606-256-2708. 22x4p
For Sale: House at 165 West St., Broadhead. 3 bedroom, L.R., DR., kitchen, 1 1/2 baths, utility room, full basement, central air and heat, stone fireplace, hardwood floors, new carpet. \$65,000. 758-8758. 22xntf
For Sale: House and lot, just off 461, three years old. 3 bedrooms, 2 baths, utility room, security system, central heat and air. 256-3656. 21x1
For Sale: 2 bedroom vinyl siding home on 1/2 acre lot in city limits (95 Lawrence Lane) with all appliances, hardwood floors, gas log fireplace, security system, deck and storage building. Call 256-2584. 23x2p
Nice Lots For Sale on Freedom School Road. 12 total. 64 to 1 acre. \$5,000 to \$10,300. One five acre wooded lot, \$24,500. One seven acre lot, \$35,000 and two 1 1/2 acre lots, \$12,200 each. Water and electric available. 3 miles to town and interstate. 256-3213. 14x4pntf

For Sale: Large lot, approximately two acres, more or less. This lot is located on West St. in Broadhead. Also located on it is a two bedroom, 2 1/2 bath single wide trailer w/city water and sewer. Close to Broadhead Elementary, churches and stores. Ideal for building that new home or for additional trailer lots. Asking \$35,000 for all Call 758-8221 between 8 a.m. and 4 p.m. Serious inquiries only. 13xntf

Classified deadline is Noon Tuesday

For Sale By Owner
 House and lot, right off Main Street on Church Street in Livingston, home of Naomi Durham. Home has three bedrooms, bathroom with white fixtures, kitchen with custom Oak cabinets, extra large living room, new roof, double insulation, electric heat, carpet throughout, asking \$46,500.
 Call Peggy Kirby at 606-653-4112 or 606-687-8180 and leave a message, both numbers are local calls.



Are you 62 or over? Are you handicapped or disabled? Are you looking for "Good Ole Kentucky Hospitality?"
 Come join us at
Town Branch Apartments
 These income based apartments consist of:
 - Bedroom Unit - Fully Equipped - Kitchen - Energy Efficient Heating and Cooling System - On-site Laundry - Ample Parking - On-site Management and Maintenance Services
 Call **606-256-3989** or **TDD# 1-800-648-6056**
 Our office hours are: Monday 8 a.m. to 3 p.m. & Thursday Noon to 3 p.m.

Wanted
 Wanted to sit with elderly or disabled. Experienced care. 256-1500. Leave message if no answer. 24x2p

CLIFFORD (606) 256-2535
Collins
Septic Tanks & D-Boxes
 "We Make 'um and Install 'um!"
 For your convenience and customer needs, we now make concrete CATTLE CROSSINGS & WATER TROUGHS
 Call today for more information!

Virginia McKinney
 Income Tax Service
606-256-4804
 Electronic Filing Available

Elam's Transmission
 "We Specialize"
 • Servicing all American-Foreign • Front Wheel Drive • 4WD
 • FREE Inspection Service • FREE Road Test • FREE Estimates
 • FREE Computer Diagnostics • 20 Years Experience
 Call Billy Elam at 606-355-7258
 660 Edwards Rd. Between Crab Orchard and Broadhead

Newland Construction Co., Inc.
 Asphalt & Concrete Paving, Sealing & Striping Driveways, Streets & Parking Lots
 Free Estimates
(606) 256-0782

Residential & Commercial State Licensed & Insured
Mobley's Electrical Service
 & Heating & Air Conditioning
 Lic. # MO4321 Jon Mobley, Owner
 Ph. 606-256-0622 or 271-1507

24 HOUR TOWING SERVICE
 LONG DISTANCE TOWING
 USED-AUTO & TRUCK PARTS

David's Tire Center
 Highway 150, Mt. Vernon, KY
 David Thompson
 Day: 606-256-4006
 Day/Night Wrecker: 606-256-4006
 Mobile: 308-4992, 308-4993
 Pager: 606-730-0600
 All Major Brand Tires For Cars - Trucks Farm Tractors

Subscribe to the Signal

Prudential
Don Foster REALTORS
 Janet Bowman-986-2645, Richard Bailey- 902-1759
 Leonard Wilder-986-1806, Kelly Cogar-985-0324, Susan Wren-986-1998
711 Chestnut St. • Berea • 859-986-8401
1-800-998-2063 fax-986-6173
 Office Hours: Mon. - Fri. 9 to 5, Sat. 9 to 1, Sun. by appt.
 email: prudential@newlandhomes.com or www.donfosterrealty.com

Berea. We have many nice homes listed in Berea. Call one of the above agents for a showing.
SUE JOHNSON RD. 6 acres more or less with lots of privacy. Several hotspots. Utilities are at the road. \$15,900. MLS10299
REE JOHNSON RD. 2 acres. Utilities are at road. \$15,900. MLS10296 **SALE PENDING**
PLEASANT VIEW 1/2 acre tract needs fill. \$4,500.
TERESA LANE. 5 acre land is mostly level with new apple. Utilities are at road. \$10,500. MLS10297
391 SUE JOHNSON RD. wooded 2 acre tract. Utilities are at the road. Road frontage on Sue Johnson Rd. \$14,500. MLS10612
PLEASANT VIEW. Secluded, wood 7.2 acre tract with several home sites. Mobile home sites. Mobile homes allowed. Utilities are available. \$10,500. MLS12317
HWY. 150 BROADHEAD. 3 acres. Very desirable property for building of a home or could be divided to build home for resale. Very good property for many types of commercial bldg. or storage bldg. City water and electric available. Partially fenced. Call Lloyd Can. 256-2818.
ORLANDO (Rockcastle Co.) 135 acres, small stream through property. Some marketable timber. property on blacktop road. Close to Mt. Vernon, Martin Valley and I-75. Call Lloyd Can. 606-256-2818
LOT 2 PLEASANT VIEW DR 1/2 acre lot, ready for singlewide or doublewide. Priced at \$10,500. Call Janet Bowman 902-3123.
95 FERGANSON ST (Mt. Vernon) 4 bedroom, 2 bath, older home with many improvements. Fresh exterior paint. Hardwood floor. Fresh interior paint. On large city lot. Close to everything in town. Roomy interior makes for a cozy home. \$99,900. MLS13499.
LITTLE CLEAR CREEK (Rockcastle Co.) 3 bedroom Bedford Stone home with 3 bedroom, living room, kitchen-dining room and bath on 1st floor. Large family room, utility room, 1/2 bath and storage room on bedroom in basement. Carpet with cedar under it. Here pump covered air all on \$5 acre. \$98,500. MLS14200
287 STEVE ALRIGHT RD (BROADHEAD) Beautiful contemporary home on 8 acres of land. Large bedrooms with walk-in-closets, some hardwood floors, new kitchen cabinets, new appliances. Nice contractor for GFIO thermal heat. 4 bedrooms, 3 baths. Large barn and new fencing. \$195,000. MLS 14358
HWY 104 (Rockcastle Co.) 2.5 acres on 2.5 with a barn living room, fireplace, open area, large beams and **SALE PENDING** so attractive. Here is a combo, 24x32 with lot. \$108,000. MLS 14302
HWY 618 (Broadhead) 3 bedrooms, 2 bath home on 70.5 acres. New barn pump, new roof and painting 1 year old. Challenging, bars 32x60, new paint. Property fenced all around with pond. Fruit and shade trees. \$106,000. MLS 14436
101 BUFFALO HOLLOW - 1999 Clayton-Doublwide, 3 bedrooms, 2 bath, Very clean on 1.46 acres. New front porch and 2 storage buildings. Large garden site. Property has another septic and sewer backup for home or rental income. \$85,000. MLS 14541.

JOIN US at Mt. Vernon Greens
 Are you looking for a convenient place to live? Are you wanting to be within walking distance of hospital, schools, stores and the beautiful downtown shopping area?
 If you said yes to any of the above, you need to apply at **MT. VERNON GREENS APARTMENTS**
 This complex consists of:
 • One and two bedroom units • Fully equipped kitchen
 • Central heating and cooling • On-site laundry • Ample parking
 • On-site management and Maintenance Service
 For more info, phone 606-256-3223 TDD # 1-800-648-6056
 Monday 4 to 6:30 p.m. - Tuesday 4 to 6:30 p.m.
 Wednesday 8 a.m. to 3 p.m.
 Equal Housing Opportunity

On-Site Computer Service
 Tired of sending your computer away to get it fixed?
 Call and let us come to you for all your computer needs!
 Setup, Consultation, Software/Hardware Conflicts, Reasonable Rates
 Call Spencer Bengt at **606-256-5653 or 606-308-5653**
 (Leave message if no answer)



Help Wanted

Help Wanted: B&I Grocery on Hwy. 70 is taking applications for full-time position. Apply in person. 2322.

Area Manager: Immediate opening for Area Manager position. Experience in a formal Supervisory role required. Must have a high school diploma or GED and good working knowledge of computers. Good benefits. Applications accepted at RTEC, 100 E. Main St., Mt. Vernon, Ky. 40456. RTEC is a drug and alcohol free workplace. EOE. 2331f

Help Wanted: Wendy's of Mt. Vernon is now hiring. Apply in person. 2332f

Avon Rep. Needed: Earn up to 50% Call toll free 888-528-7875. 10x10f

Help Wanted: Godfather's Pizza is now accepting applications for delivery drivers. Pick up applications during business hours. Phone 256-5079. 24x5

Professional Services

Mower Repair: Repair, buy, sell or trade. Call Gene at 453-3481. 24x2p

Call 256-8555 or 687-2860 for all your lawn care and weed eating needs. 24x5

Will Mow Yard, homes, businesses, cemeteries. Experienced. New equipment. References. 256-8846. 24x2p

Spring Cleaning Special: Carpet, upholstery or your carpet deep dyed cleaned, shampooed and Scotch Guarded for only \$24.95. Rocket Carpet Cleaners. 606-256-9870. davidson24@yahoo.com. 24x2f

Hoskins Roofing: Shingles, roofing, vinyl siding, rubber roofing. Gen Flex Certified. Also flat roofs, hot tar and metal roofs. Fully insured. Commercial and residential. Ph. 582-3976. 48x2p

Yard Mowing, Homes or businesses. Call 606-758-8910. 22x3

Jeff Woodall Plumbing, Gravel, etc. Call 453-9622 or 308-3976. 18x2p

R&H Builders, Remodel. Rooter. 606-256-9276. Free estimates. Room additions • new homes • complete remodeling • decks • vinyl siding • metal roofs • shingle roofs • concrete work • footers • slabs, block foundations for trailers • pole barns and metal buildings. 31 years experience. 48x2f

R&H Hauling - Dependable. Weekly garbage service. Clean-ups by estimate. If you've got it and you want it gone - call us at 308-9068. 20x2f

Electrical Work. Call us for all your electrical needs. We do new and old repair. Also mobile home hookups. We will save you money. \$1. 256-4146 or 606-687-6371. 7x2p

Appliance Repair. We service all brands of appliances. Also can get parts for most all brands. We do part washing repairs. Call 256-4146 or 606-687-6371. 7x2p

Hedgepath Residential Services. Plumbing and Electric. Bathroom remodeling. Great references. Work guaranteed. Floyd Hedgepath. 256-3751. 48x2f

Bushhogging. If you can't cut it, you probably need a dozer. • Also tree removal. We also haul gravel and dirt. For pricing, call Mr. Durham at 256-3290. If no answer, leave message. 48x2f

Owens Monuments: Grave markers and monuments - in stock. Main St. Broadhead. Phone (606)758-9600. 10x1p

P&F Gutting: 5 & 6 inch seamless gutters, siding, soffit and window installation. Call 256-4393. Free estimates. 211f

Grave Markers & Monuments: In stock at all times. McNew Monument. Sales, US 25, 4 miles north of Mt. Vernon. Phone 256-2232. 131f

REGIONAL DRIVERS

Why run the state OTR when you can run regionally? Get GOOD PAY and be happy EVERY day! Run in the Midwest, South, West, or Northeast. You'll receive a bonus for extra kilometers. We promote from within for logic and dedicated runs.

Call 1-888-967-5487.

MERITEXPRESS
Our Driving Force is People.

URG

DELIVERY DRIVER and TANKSETTER
Emergency Kennel's Propane Gas in Lily has opening for a local propane delivery truck drivers and tank set-installer. Must have CDL w/ Hazmat & Tanker. The best job you will ever have, excellent pay and benefits. Call 523-9195 or (888)758-2994 for details.

U-Call - We Haul!

Firewood, water, cars, coal, furniture - anything you need that fits on a truck. Large or small. 256-9222-49x1f

House Painting: interior or exterior. Call 256-4375. 43x1f

Will do tree trimming. Also, wood for sale. Call 308-5534 or 256-5654. 2x2p

FIN-TE: Finish carpentry, remodeling, also vinyl installation and repair, downspout repair and replacement, tire repair and replacement. No job too small. Custom decks and patios. Call 606-256-4313. 48x1f

Lovell's Gun Sales & Repair: New and used guns for sale. Ammo and gun accessories. Repairs, stock refinishing, hot bluing. Certified gunsmith/licensed firearms dealer. Maple Grove Road. Mon-Fri. 5 to 8 p.m. 256-5339. 111f

Gall's Pampered Pouch: 57 West Main St. • Broadhead 758-0064

Professional Pet Grooming: Iams & Tukanuba per feed plus pet supplies available. 20x1f

Sewing Machine Sales & Service: 40 years exp. Leroy Davis, 407 Crab Orchard St., Lancaster, KY 40444. Phone 792-3149. 42x1f

Hayes Hauling: Gravel, etc. Call 256-4695, mobile 544-7730. 26x1f

Types Your Doggy Have A Flea? • Bring him into me!

Sharon's Pet Parlor: behind Carter's Market by appt. only. Call 256-1481. 41x1f

Jim Sandusky Roofing: Free estimates. Call 1-859-983-7877. 40x1f

Brown's Pink Poodle Parlor: Call 453-4737 for all your pet grooming needs. 8x1f

Miscellaneous For Sale

For Sale: 2003, Honda Rancher 350 4x4 \$3,150. 1999 Honda Four 430. 2002, 2001, very low miles, all stock. \$2,800. Ph. 758-9210 after 4:30. 24x2p

For Sale: Sofa w/ matching love seat and maple dining room table w/ 4 chairs and matching hutch. Excellent condition. Call 606-256-2823 between the hours of 8 a.m. and 9 p.m. 24x2p

For Sale: 2 new audio listening devices. Answer machines. Coca-Cola collectibles, various knives - other interesting collectibles and new indoor water fountain. 256-2868. 24x2

For Sale: PS2, Game Cube X-Box. Games, and consoles. New titles. Call 256-3371 days or 256-1391 nights. 23x3p

For Sale: Remington 30.06, model 700 with 2x7 V111 optical scope. \$425. 256-3599. 21x2p

For Sale: Beer goats, babies due end of March. 606-758-8181. 12x1f

Farm & Supplies Equipment: Hoop structures for hay storage. 30x72. \$3,500. 250-692-6730. 43x1f

Case Knives: Large selection Napier Bros., 35 Public Square, Lancaster, Ky. 25x1f

For Sale: Cemetery lots, Cresthaven cemetery, Mt. Vernon. Call 256-5648. 31x1f

For Sale: Carhart stone wash denim jeans, relax or regular fit. \$26.90. Carhart big denim rib overalls. \$38.00. Large selection of Carhart rugged and casual wear. Napier Brothers Clothing Store, 35 Public Square, Lancaster. 792-2535. 18x1f

For Sale: Work boots, and shoes. Redwing, Rocky, Wolverine and Doc Martin. Napier Bros. Clothing Store, 35 Public Square, Lancaster. 792-2535. 18x1f

DOGWOOD GIFTS & CRAFTS GARDEN CENTER

- German tomatoes, old-fashion yellow, Rutgers & 15 other varieties
- Hanging Baskets • Bedding plants
- Annuals & Hardy Plants
- Memorial Sashes & Waffle Arrangements for Funerals

256-3007

Located 3 miles north of Harlow Valley on US 25 at Brodie Ridge Road, Junction Hwy. 3725

Drivers

OWNER OPERATORS

No Touch Freight
Dedicated Round Trips
1996 or Newer Tractor
Class A CDL w/ Hazmat
18 Mos. Experience.

Call Jean:
800-832-7036 Ext. 29
9 a.m. to 3 p.m. CST
CWS

Lost & Found

Missing: Black and tan puppy, female w/ purple collar, rabies tag and mandarin apple dog tag. Answers to Phyllis. Missing from Low Gap Road. Ph. 256-8277 or 256-9921. Reward offered for return. Little girl's birthday present. 23x2

Lost: Keys in Mt. Vernon Post Office or Mini Mall in Berea over a week ago. If found, please turn in. If keys are returned, leave name and address and reward will be paid. 24x2p

Classified deadline is Noon Tuesday

JOHN BULLOCK LAWN MOWING TREE & HEDGE TRIMMING

(606)256-5333
OR
(606)758-4870

Joyce's Trading Post

has reopened at a new location
Now in McKenney Tire Bldg. on East Main St. across from cemetery

note for quality Child Care at COUNTRY CARE @ 256-3105

www.countrycaredaycare.com

CARPENTER'S DOZER & BACKHOE SERVICE

Morgan Plumbing Service & Repair
Fully Insured • All Work Guaranteed
256-4766
606-232-0666

HRS Plumbing and Electric Service

We offer Plumbing and Electrical Services, specializing in complete bathroom renovations. We have over 20 years experience. Call Floyd Hedgepath at 606-256-3751 or at 606-308-9361. All work is fully guaranteed!

Banjo Lessons

Beginner to Intermediate

\$10/Session

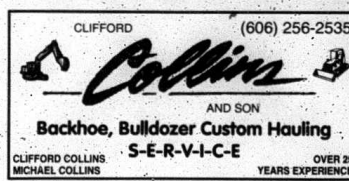
One-on-One Sessions are 30 minutes each
For more information call Spencer Bengé at 606-256-5653



Hoskins Roofing
Shingles • Roofing
• Vinyl Siding • Rubber Roofing
• Gen Flex Certified
• Also Flat Roofs
• Hot Tar & Metal Roofs
Fully Insured
Commercial & Residential
582-3698
623-6796 • 582-5656

The Mt. Vernon Signal has a new email address - mvsignal@alltel.net

CLIFFORD (606) 256-2535



AND SON
Backhoe, Bulldozer Custom Hauling
S-E-R-V-I-C-E
CLIFFORD COLLINS MICHAEL COLLINS OVER 25 YEARS EXPERIENCE

Mt. Vernon Car Wash #1 & #2
The latest technology in Automatic Car Wash. Come by and check out our Touchless Car Wash. Along with our new automatic car wash at Mt. Vernon Car Wash #1, we have installed all new equipment in the self-service bays at Mt. Vernon Car Wash #2 and a touchless automatic car wash!



With two locations in Mt. Vernon we can serve you better. As always, we welcome your dirtiest vehicle including 4-wheelers in our self-service bays.

Mt. Vernon Car Wash #1 & #2 and Coin Laundry
Landscape your 1-4-4-4-4

Winstead's Heating & Air
ROUTE 5, BOX 207
MT. VERNON, KENTUCKY 40456

Pat Winstead
(606) 256-1038
(606) 308-8825

Payne's Auto Sales
Hwy. 150 and 2549
Open M-F 9 a.m. to 5 p.m. • Sat. 9 a.m. to 7 p.m.
New and Used Parts also available
256-1012 - Home 256-9795

Karen K. King
INCOME TAX SERVICE
Individuals - Partnerships - Corporations
For an appointment Call 256-3976

BEE Garbage
256-2334
Weekly residential curbside pickup
\$13.00 up to 20 bags

Hensley's Used Cars
U.S. Hwy 150 - Mt. Vernon, Ky.
256-9481
Financing Available

MADISON TERMINTE and PEST CONTROL
Call Paul Burton - Day or Night
256-2318 - Mt. Vernon

Town & Country
24 HR. WRECKER SERVICE
All Types of Mechanical Work
Call 256-9634 days or 256-4650 nights

"Court"

(Cont. from B2)

age container in motor vehicle, \$25 fine.

Jason R. Puckett: Failure to produce insurance card, \$50 fine and costs.

Teddy L. Pugh: Fines/fees due (\$230.50) failed to appear, 9 days or payment.

Cassie L. Renner: Fines/fees due (\$785.50) failed to appear, 31 days or payment.

Eric Shafer: Public intoxication, \$50 fine and costs.

Speeding: Dennis Smith, paid \$30 plus costs; Leo Zimmerman, paid \$60 plus costs; Joshua B. Adams, state traffic school authorized on payment of costs.

Ronald G. Carpenter, license suspended for failure to appear; Dana L. Dean, license suspended for failure to appear; Darla Diltz, license suspended for failure to appear; Troy L. Drummond, license suspended for failure to appear; Lena D. Hall, license suspended for failure to appear; Jeremy D. Lorig, state traffic school authorized on payment of costs only; William D. Nicholson, license suspended for failure to appear; Linda S. Privett, license suspended for failure to appear; Charles Sowers, license suspended for failure to appear; Randal L. Stewart, II, license suspended for failure to appear; Alan Tugker, state traffic school authorized on payment of costs only; Daniel Reis, license suspended for failure to appear; Jack R. Perdue, II, \$10 fine plus costs.

Roscoe Smith: Failure to use child restraint device, \$50 fine and costs; No insurance, \$500 fine/suspend \$450 on proof.

Angela N. Spoonmore: Defective equipment, \$25 fine and costs; Failure to wear seatbelts, \$25 fine.

Tony Stevens: Operating on suspended/revoked license, \$100 fine and costs; Failure to wear seatbelts, \$25 fine; Assault, 4th degree, \$100

fine and costs and 30 days/conditionally discharged two years.

Masaki Tashima: Speeding, \$20 fine and costs; Failure to produce insurance card, \$50 fine.

Brandy D. Trowell: Speeding and other charges, license suspended for failure to appear.

Christopher H. Watts: Operating motor vehicle under influence of intoxicating beverages, bench warrant issued for failure to appear.

Michael A. Woodworth: Speeding, \$216 fine plus costs.

Russell E. Thomas: Speeding, and other charges, license suspended for failure to appear.

Stephen S. Winn, Jr.: Failure to dim headlights and excessive window tinting, license suspended for failure to appear.

Sherry A. Carpenter: Operating motor vehicle w/expired operators license, \$100 fine and costs and 30 days/conditionally discharged one year; No operators license and contempt of court, 2 days in jail/credit 2 days time served.

Arthur A. Douglas: One headlight, \$25 fine and costs.

NEED INTERNET SERVICE?

Try Rockcastles only Locally Owned & Operated ISP

Features:

- UNLIMITED ACCESS - No Time Limits
- Homepage with Local Features
- Filtered In Unfiltered Service available
- Local Virus and "Spy" protection! Automatically scans the problems before they reach your computer.
- No unwanted junk advertising
- High Speed 1MB/10MB connections
- 10MB of Personal Web Space
- Nationwide Local Access (Free!)
- Up to 10 unique E-mail accounts. Receive your E-mail from any computer on the Internet.
- Works with AOL, YAHOO!, MSN and all other Internet messengers.
- Full/Customizable Website
- Live Monthly Rates
- Payment system - Check, Money Order, Credit Card, and 16 Store Cash Payments
- Toll Free 24/7 Tech Support
- Instant Setup & Personalized Service

Filtered Service features:

With our Filtered Internet you can Stop Worrying about what your kids are doing online when you aren't around. Feel safe knowing Internet Filtering is protecting your kids, and you control the settings!

Our Internet Filtering can't be bypassed, disabled or uninstalled, unless you have access to the Filters password, and it protects any computer using your account. Unlike software you install, which can be hacked, uninstalled or otherwise disabled by others any unwanted content at the source not the final destination.

Filtered Service
\$20.95 per month

Standard Unfiltered Service
\$19.95 per month



Design & Service Computers ISP
445 School Street
Mt. Vernon, Ky

256-2567
www.designandservice.com
Next to Bruylers Barber-Shop

"It is Written"

It appears we have the liberal minded, digestive spirited people at work again in our society. They are seeking to redefine marriage to mean the joining of a man and a man or a woman and woman in matrimony. But God has told us in Gen. 2:21-25 what He intended marriage to be: "And the LORD God caused a deep sleep to fall upon Adam, and he slept; and he took one of his ribs, and closed up the flesh instead thereof: And the rib, which the LORD God had taken from man, made he a woman; and brought her into the man. And Adam said, This is now bone of my bones, and flesh of my flesh: she shall be called Woman, because she was taken out of Man. Therefore shall a man leave his father and his mother; and shall cleave unto his wife: and they shall be one flesh. And they were both naked, the man and his wife, and were not ashamed." Notice God created one man and one woman to comprise the first marriage. It was not a man and a man. Nor was it a woman and a woman. Nor a man and 3 women. Nor a woman and three men. Nor 2 men and 2 women, a 4 person union marriage. This is one of the ways how the devil and error works, redefine words to fit your practice. But when God defines how and what a word means, it is picked rebellion against God and his word to redefine words to fit error and sin! God's word will stand true both now and in eternity.

Providence church of Christ

Dan McKibben-758-9316 - Email: Dan.McKibben@Juno.com
Web Site: www.WatSaiThTheScriptures.com
Time of Services: Sunday 10am Bible Study, Worship 10:40 & 6:00pm;
Wednesday 7:00pm. Radio program, Sunday 8am, 1460 AM



THE DOCTOR AT DUKE REFERRED ME TO SOMERSET. IMAGINE THAT!

- Karen Agnew, Stockbridge, GA

The headaches were so bad, Karen Agnew couldn't drive, couldn't work in the garden she loved, couldn't even stand the sound of eating with her family.

Doctor after doctor in Atlanta couldn't help. And when she was referred to the world famous Duke University Medical Center, the specialist she needed had retired! But, he did have a surprising recommendation. "He told me to go to Somerset, Kentucky."

From New York to Michigan and throughout the Southeast, physicians and patients are recognizing the Neurosciences Institute at Lake Cumberland Regional Hospital as a national leader.

Our highly acclaimed neurosurgeons have pioneered groundbreaking treatments for migraines, chronic back pain, brain tumors, aneurysms and many other conditions. Healthgrads, Inc., a national rating service, awarded us its highest possible, five-star ranking for back and neck surgery.

"Lake Cumberland Hospital gave me my life back," says Agnew. "And that's something I just couldn't get anywhere else."

LAKE CUMBERLAND
Regional Hospital

Leading the way to better healthcare.

www.LakeCumberlandHospital.com
Somerset, Kentucky (606) 679-7441



YOUR TOTAL TRUCK CONNECTION!



Kenny Robinson
Business Manager

For the BEST Ford deals in Kentucky, visit or call Kenny Robinson today! If you haven't looked at Gibson Bera Ford lately,

LOOK AGAIN!



635 Chestnut St. • Bera
Just Off I-75 at Exit 76
800-882-3752 or 986-SAVE



YOUR TOTAL TRUCK CONNECTION!



Chris Bishop
Automotive Sales

For the BEST Ford deals in Kentucky, visit or call Chris Bishop, today! If you haven't looked at Gibson Bera Ford lately,

LOOK AGAIN!



635 Chestnut St. • Bera
Just Off I-75 at Exit 76
800-882-3752 or 986-SAVE