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“Bowling Green Bound” again for Lady Rockets

By: Richard Anderlin
It takes hard work, dedication and a love of the game. It also takes the support of parents and the class of 2005 have all of these key ingredients for success.

The Lady Rockets are the only basketball team at RCHS to be playing in consecutive Sweet Sixteen tournaments. The Lady Rockets have also played in three sweet sixteen tournaments since 1997.

“We are very proud of this team and appreciate the efforts of the coaching staff for holding this team together during their great high school run and for having the foresight to bring them in the junior varsity system, when they were still at the middle school,” said parent Roxanne Hammond.

Eddie and Roxanne Hammond are the parents of Heather Hammond, a well-known senior player, who was also a member of the eighth grade class which finished 57-0 and won two conference titles at Rockcastle Middle School.

Seniors Johnna Abney, Tara Rowe, Hammond, Katie Parsons and Sarah Parsons are the starters on this year's team.

The class of 2005 has put up 101 wins against only 23 losses. They have also won two district titles and two regional titles.

Echoing Mrs. Hammond's comments, head coach Chryssi Noble, who has been at the ROCK for fifteen years, said on Tuesday the class of 2005 was possibly the best she had ever had.

“We have had very good individual players before, but this is probably the best group of seniors, I have coached,” Noble said on Tuesday.

The Lady Rockets are 27-4 and all four teams who defeated them are in the state tournament. The Lady Rockets lost to Catholic, Scott County, Clinton County, and Louisville Christian Academy.

The top four rated girl's team in the state, Catholic, Scott, Henderson

and the ROCK are in the same bracket and Coach Noble said, “four hours after the state tournament begins, two of the best teams in the state will be spectators.”

The other two teams, who beat the Lady Rockets will not play until Thursday but, unfortunately for them, Clinton County and Louisville Christian academy play each other.

“The winner of the game between Rockcastle County and Catholic will likely be state champions,” said RCHS counselor and WRVK radio analyst, Dale Whitaker.

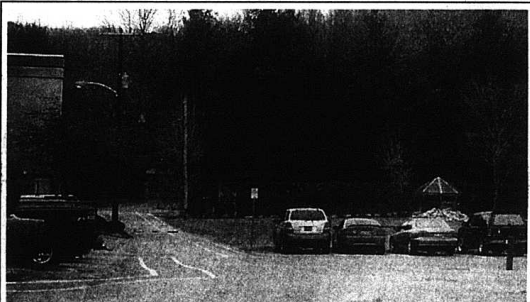
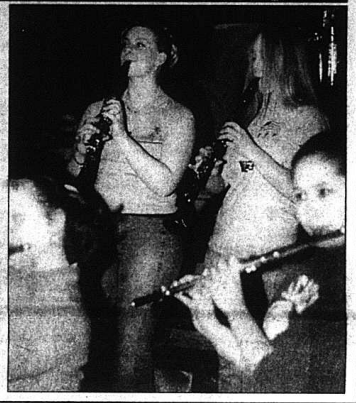
Johnna Abney has been named 13th Region Player of the Year and Coach Christi Noble, and her assistant coach husband, Barry, have been tapped to coach the Kentucky High School Girl's All-Star Team.

Game time at Diddle Arena is 1 p.m. EST. If the Lady Rockets win, they will play the winner of Henderson County and Scott County on Friday.

(Cont. to A-10)



The Rockcastle County High School gave the Lady Rockets an encouraging sendoff on Tuesday morning with a school-wide pep-rally. At right, the RCHS Band which has been successfully led by Greg Daughtery for the last ten years, will participate in a band competition on Tuesday night before heading to Bowling Green on Wednesday morning for the state tournament. The Lady Rockets are the only RCHS basketball team to ever repeat as regional champions.



The Mt. Vernon City Council gave first reading to an ordinance which will close off part of Lewis Street, next to the Rockcastle Hospital from its juncture with Maple Drive. The closure is necessary to accommodate the hospital's 19 bed expansion of its Respiratory Care department. Access to Maple Drive will still be available from Lewis Street. The hospital is the only landowner affected by the closure.

Book presentation held at Hall of Fame and Museum

On Tuesday, March 15, 2005 Rockcastle County Schools and The Kentucky Music Hall of Fame and Museum presented *Not What You Find But What You Leave Behind*; a book publishing project presentation of young Rockcastle County writers, artists and musicians.

As stated in the introduction of the book, “For this publication, the students of Rockcastle County High School have looked beyond the tangible and viewed their role as progress through action. They have seen their passage as knowledge in the past, honesty in the present, and dedication to the future. *Not What You Find But What You Leave Behind* has a collective purpose in the lives of these young writers, artists, and musicians – the purpose of sharing a passion for the mastery of will.”

After welcoming the standing room only crowd, the Music Hall of Fame & Museum Director Robert

Lawson commented, “This is the third book publishing project partnership and each year we see the talent, and abilities of our young people grow.” The evening's presentation included readings of student poetry, short stories, displays of artwork from the book and musical performances of original compositions by the students. Hall of Fame & Museum Resident Musician Chris Mullins served as Music Consultant and Collaborator on the project.

Pinleton found guilty

Jury says man not guilty of federal drug charges

A Rockcastle County man was found not guilty of federal drug charges by a London Federal Court Jury on Thursday, March 10, 2005.

John E. Rodefer, 34, of Mt. Vernon was charged in a two-count indictment with conspiracy to knowingly and intentionally manufacturing fifty grams or more of meth-

amphetamine and for traveling in interstate commerce from Rockcastle County, to Ohio and Rockcastle with intent to promote, manage, carry on and facilitate the promotion and management of the unlawful activity of manufacturing and distributing methamphetamine.

(Cont. to A-10)

Johnna Abney is 13th region player of the year in 2005

Senior Johnna Abney has been named the 2005 Kentucky Association of Basketball Coaches' 13th Region Player of the Year.

Abney holds the scoring record at RCHS for most points ever scored by a Lady Rocket and also led the state this year in free throw percentage.

Coaches for the 16 regions were also named and they, along with the players, will be recognized at the State Tournament on Friday, March 25th with an on-the-floor awards presentation at half time of the first game of the afternoon session.

The Regional Players of the Year will receive an automatic tryout for the Kentucky All-Star Team.

Abney joins Aaron Cash named as the best player in the 13th Region.

(Cont. to A-10)

Brodhead High School Banquet, March 26

The Brodhead School Alumni Association will be held at Brodhead School Saturday, March 26, 2005, beginning at 7 p.m. in the school

gymnasium. This year's honored classes are 1920, 1925, 1930, 1935, 1940, 1945, 1950, 1955, 1960, 1965, 1970.

All graduates, family and friends are welcome. If you know any graduates, or former students, not in an honored class, please pass this information on to them.

Any honored class wishing to have a room to gather before the ban-

quet should contact the school with their request.

Paul Cash (class of '58) will be the photographer for the event and will be taking pictures of the honored classes and group pictures after the banquet. If you wish to purchase a picture of your group you may do so that evening.

(Cont. to A-8)

Cummins sworn-in as Trial Commissioner for Rockcastle

Chief District Judge David Tapp announced today that Paul Cummins was sworn in as Trial Commissioner of Rockcastle County on Wednesday, March 16, 2005 at the Rockcastle County Courthouse. The oath of office was witnessed by Chief Circuit Judge Robert Gillum and the Honorable Jeffrey Burdette. Numerous attorneys, court and public officials, including Circuit Clerk Teresa Vanzant, Jailer James Miller, and County Attorney Billy Reynolds also attended.

Rockcastle County and has been married to his wife, Esther, for fifty-two years. They have four children, three grandchildren, and two great-grandchildren. Prior to retiring, Mr. Cummins owned and operated Cummins Lumber Mill in Mt. Vernon. He still enjoys helping out at the mill, as well as the family sporting goods store in town. Mr. Cummins is an avid outdoorsman who enjoys hunting, fishing and golf.

Mr. Cummins is a native of

Duties of the Trial Commissioner will include setting bonds, approving search warrants, arrest warrants, and emergency protective orders.



Contributors to the Rockcastle County School Book Publishing Project include front row from left: RCHS Art Instructor Les Sealf, Genna Cummins, Kyla French, Allison Carter, Rebecca Cummins, Jodi Howard, and Text Editor Norma Eversole. Second row from left: Scott Cromer, Gabe Gulliford, Brandon Cummins, Michael Lovell, Michael Vanzant, and Music Consultant Chris Mullins. Not pictured was Brandon DeBorde.



Paul Cummins of Mt. Vernon is the new Trial Commissioner for Rockcastle County. Shown at his swearing-in are, from left: Chief Circuit Judge Robert Gillum, Mr. Cummins, Chief District Judge David Tapp and Circuit Court Judge Jeffrey Burdette.

A Closer Look

By Alan L. Hammond

"Reversible Damage"
The past several months have seen this column discuss various people, agencies, governments and organizations who attempt to deceive us. Their motives aren't always impure, just the manner in which they choose to reach their goals. But, the deception that causes the most pain to the American public has not yet been discussed. For lack of a precise term, let us call it Consumerism.

Every day we are bombarded with advertisements for expensive products that we "can't live without." It could be a new car, a new set of golf clubs, a Playstation or the newest and best thing for the kids (I must admit, I have often thought it would be difficult to proceed without each of those). Aside from commercials, we are also forced to watch the unrealistic lives of celebrities and professional athletes, which makes us feel like we should have at least some of what they have. Apart from all of that, there is the age-old "keeping up with the Joneses," which has never gone away. P.T. Barnum would be proud, and envious, of the Consumer World in which we live.

As a nation we have fallen for it all. Many are in debt to the point of denial and rationalization, hoping that the month runs out before the money, yet continuing to validate to themselves why the next purchase is "needed." The point of origin of such thinking is unknown and unnecessary. The point is that a lot of businesses, especially banks and credit card companies, count on the Consumer to continue to be a sucker. They count on the Consumer (you and me) to continue spending what

they don't have on things they don't need.

If we step back 20 or 25 years, there were things that we never dreamed would enter the mainstream. Yet with persistent, gradual exposure, many of them are now commonplace. The same goes for Consumerism. Financial decisions we know to be unsound are now commonplace because of the number of sucker-seekers and their relentless means of hunting us down. But, that is no excuse. We know better.

I don't want to seem too harsh. Businesses are established by people like you and me in search of success and security. That is great and is a part of what makes this country great. It is our responsibility to keep from being taken in and being duped into spending what we don't have. The good news is that when we realize we are being taken for fools, our financial fortunes will begin to be reversed.

As for me, the next time I see that new Ford F-150 that I would love to have, I'll not let myself fall into the trap (and not because of how much it will cost to put fuel into the thing). I want to be a good steward of the things with which I have been blessed.

As for keeping up with the Joneses, I heard a nationally renowned financial guru state on the radio a few days ago, "Don't even consider keeping up with the Joneses, because the Joneses are broke!" True. True.

Questions or comments? Alan Hammond can be reached in care of this publication or e-mail to: acloserlook@earthlink.net.



L.J.'s Journal

by: Tonya J. Cook

One of the things that I hate most in life is being "preached" to. You know how it goes. Your friends and family are always after you to go to the doctor for a routine checkup, exercise, eat better, take care of yourself, etc., etc., etc. We always seem to know what is best for us even when we reach a mature age and think we don't need any advice. I guess sometimes we really don't, as I've found out on a few occasions, and especially last week.

Sometimes, as in my case, I've really seen a lot of sickness and disease from working at a nursing home. I've tried to sympathize with the afflicted individual as much as possible. However, the old cliché was never more true than the one that says you have to "walk a mile in someone else's shoes" to really understand their situation.

Last week, I got sick and went to the doctor. I was diagnosed with Type II diabetes and high blood pressure. I didn't have a clue that I had either. Both are silent killers, and I can't really see why. Boy, will I ever have to change my lifestyle and diet. I guess it's really a blessing in disguise. I've been needing to take a little better care of myself, anyway. I've been wisely counting every bite that I eat, and I will have to take it a little easier for a while. After a few doses of medicine and help from the "Great

Physician," I feel much better, but not quite up to par.

I remember reading or hearing a book or so ago that Kentucky was one of the leading states in the number of people having diabetes. I've also heard more recently that diabetes is on the rise at an enormous rate. Unfortunately, high blood pressure usually accompanies it as well. I guess it's like adding insult to injury.

Stanley is a diabetic as well so that will simplify things on the home front. I suppose I could have expected this sooner or later. My paternal grandmother was an insulin-dependent diabetic and some of her children were, as well. Evidently, diabetes causes a variety of health problems such as kidney disease, blindness, and a few other conditions, and if left untreated could be deadly.

Now, let me "preach" a moment. I suppose early detection is the best line of defense. Before you have to "walk a mile in my shoes" I urge everyone to be checked for diabetes and high blood pressure. You may already be a diabetic and/or have high blood pressure, and don't even realize it. It will only take a few minutes of your time, and will be worth the money to see Jason driving the wagon with department may offer these tests free, or at a reduced rate. Let's get going before it's too late.

Points East

By Ike Adams

I try as hard as I can to keep from mentioning our pets' names in the paper because it seems to preclude bad luck for any friend walking on four legs and depending on the Adams Family for a living.

But I wrote this little poem a week or so back and it's not going to help our little cat now but it ain't gonna do him any harm. The only chance the poem has being published is if I force it on you in the column.

Assuming that a few editors bear with me I will be able to put on my resume that I have published poetry and been well paid for my literary contribution to mankind.

Herewith:
Chico Cato
By: Ike Adams
He was just a little kitten
Big enough to run around
Someone had set him off in the
Churchyard
Right on busy highway 52
By the Parson's house,
And that's where he was found
We were up there that same
evening
In a Sunday School side room
For a Spanish class as best I can
research
It was an off-night for organized
religion
And it didn't really have that much
to do
With the regular stuff of church.
But when the class had ended
And we came out to where we'd
parked
We found the Preacher chasing the
kitten
And he assured us that this would
be one dead cat
If he didn't get him off the road by
dark
My wife, Loretta, who is usually

skeptical of new pets
Grabbed the kitten from the
Preacher's arm
I could see her eyes were wet
When the kitten curled up in her
arms and meowed
And knew she meant no harm

We hadn't left the parking lot with
that kitten on her knees
Before Loretta said, "Let's name
him Chico"

And that was fine with me
We brought him home and fed him
cream and corn bread
And just like that, he was family.

I called him Chico Cato as he grew
But he stayed outside and slept
curled up alongside,
When he was not aggravating our
gentle old dog Bue
He was always on the front porch
like a fixture
And always on our car top even
though he never wanted to take
a ride

Always there to greet us and
rubbing on our shoes
When we came home late in the
evening or at night
Always in our laps when we sat on
the porch swing to make us grin
He made the chipmunks scamper
on the rock wall
And he never learned to believe
that wasn't right

Chico Cato's gone now to Cat
Glory
And I hope that it's the same one
I'll see too
A poem like this could never start
to tell his story
If you've never loved a cat or had
one that loved you back
I'm sorry, friend but I sure pity
you.

Our Readers Write

Thank you to Jason Leger

Dear Editor,
Folks who were in town last week may have seen the funeral procession for Charles Russell who passed away on March 14th. I would like to share with you and your readers a heart-warming story and a wish fulfilled, thanks to UK varsity football player, Jason Leger.

For weeks before his death, Charles had his sons searching for a covered wagon. His dream was to ride along Hummel Road, oxygen in tow, visiting his neighbors, reminiscing about the old day. Their diligent search was unsuccessful.

After his death, his son, Tommy mentioned that he would still love to fulfill his father's wish. Tommy's son, Devon, called his close friend and former Rockcastle County High School teammate, Jason, and asked if there was anything he could do to help.

Jason's family has a horse farm in the county. So Jason got to work. On the day of the funeral, Jason and his grandfather, Bub Leger, arrived

at Dowell & Martin Funeral Home with a beautiful covered carry wagon and a team of horses to carry Charles to his final resting place at Elmwood Cemetery. It was a touching scene to see Jason driving the wagon with Charles' nine grandsons walking alongside.

The Bussell family was honored as folks came out of their homes and businesses to view the procession and pay their last respects.

Thanks Jason and Mr. Leger for helping to fulfill Charles Bussell's last wish.

Sherry Hansel

Mercy or Murder?

Dear Editor,
As of this writing, Terri Schiavo, an incapacitated 41-year-old Florida woman, is being left to starve and dehydrate to death on a hospice, watch while a federal judge, selected by lottery on March 20, according to "Crosstalk Radio", considers whether or not to reinstate her feeding tube while awaiting a slated U-

(Cont. to A-4)

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Absolute Estate Auction
of the late Mr. Charles Mullins'
House & Lot ~ Personal Property
Saturday, March 26, 2005 • 1:00 p.m.
Hwy. 1505, Brindle Ridge Section of Rockcastle County
Location: From Brodhead, follow Highway 1505 approximately four miles to the auction site. Watch for auction signs.
In order to settle the estate of the late Mr. Mullins, our firm has been authorized to sell this home and personal property at absolute auction.
Description: This two-story rock/vinyl siding home offers 1,152 sq. ft. of living area and is situated on one acre, more or less. The cozy home features a living room, dining/kitchen combination and utility room on the first floor as well as two bedrooms and a bath upstairs. Other amenities include: attached one-car garage, baseboard electric heat, window unit air conditioner, range, city water and septic.
Personal Property: Oak dining table with four chairs • Frigidaire refrigerator • Norge heavy duty washer and dryer • dresser with mirror • chest of drawers • metal bed • sofa • coffee table.
Auctioneer's Note: If you're looking for a nice home in the country, this could be the one for you! Make plans now to attend this absolute auction on Saturday, March 26th at 1 p.m.
Terms: Real Estate: 20% down day of sale, balance in 30 days. Personal Property: Cash or check in full day of sale.
Note: The purchaser of a single-family residence built before 1978 has a maximum of 10 days to inspect the property for the presence of lead based paint. The period for inspection begins March 16th through March 25th. The successful bidder must sign a waiver of the 10-day post sale inspection period.
Announcements day of sale take precedence over printed matter.
For additional information, contact the selling agent.

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Obituaries



Stella Bullock

Stella "Bea" Taylor Bullock, 92, widow of Daniel J. Bullock, died Friday, March 18, 2005 at the Rockcastle Hospital in Mt. Vernon. She was born June 3, 1912 in Mt. Vernon, the daughter of Johnnie Franklin and Martha Jane Hayes Taylor and was a member of Mt. Zion Baptist Church.

Survivors include her children: Ermon Bullock and Bernice Thomas (Linnie) both of Mt. Vernon, Kenneth Bullock (Ola) of Highland Heights, Robert Bullock (Sharon) and Glenda Bullock, both of Brookland, Jeanette Ramsey (Frank) of Loveland, OH, Carol Martin (Leroy) of Corbin; 19 grandchildren; 40 great grandchildren and 11 great great grandchildren.

Besides her parents and husband, Mrs. Bullock was preceded in death by step mother, Lina McKinney Taylor; a son, Everett Bullock; two grandchildren, Lonnie Thomas and Dennis Wayne Dowling; three great grandchildren; a brother, Curtis Taylor and two sisters, Susie Bullock and Alta Taylor.

Funeral services were held Saturday, March 20th at the Marvin E. Owens Funeral Home Chapel with Bro. Darren Cupp officiating. Burial followed in the McKinney Cemetery. Casket bearers were: Eddie, Darrell and Randy Ramsey, Jeff Bullock, Rick Moore, Michael Bullock and Brian Napier. Honorary bearer was Eric Bullock.

Expressions of sympathy are suggested to Mt. Zion Baptist Church in memory of Mrs. "Bea" Bullock. www.marvinoensfuneralhome.com

In Loving Memory of

Norma McCollum Burke
November 25, 1922-March 9, 2005
Fuzzy Angel in My Pocket
You are a tiny angel,
You're smaller than my thumb.
You live in my pocket,
That's where you have your fun.

Since God is so busy,
With way too much to do and see,
He said that your assignment is to,
Keep close watch on me.

He tucked me in my pocket,
Blessing me with angel care,
Saying you must never leave me,
And you vowed to stay right there.

So, here you'll be with me forever,
Spreading love along the way,
Making sure I'm happy,
and blessing my life each day.

Granny, I love and miss
you so very much!!!
Your loving granddaughter,
Angela (Aaron) Riddle

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Charles Caldwell

Charles Clifford Caldwell, 56, of Woodland Place, Mt. Vernon, died Friday, March 18, 2005 at the Rockcastle Hospital. He was born in Worthington, KY on December 28, 1948, the son of James Clifford and Lula Butler Caldwell, he was a former steel mill worker, a member of the Mareburg Baptist Church and an Army veteran of the Vietnam War.

Survivors are his wife, Billie Jean Harper Caldwell; five sons, Charles Brian Caldwell of Columbus, IN; Darren Caldwell of Deming, NM; David Wesley Caldwell and Charles Clifford Caldwell, both of Greenup and Christopher Caldwell of Mt. Vernon; one stepdaughter, Debra Wren of Richmond; two stepsons, Kenny Graves and Randy Graves, both of Richmond; three sisters, Shirley Lester of Muncie, IN, Sandra Thompson of Tennessee and Maxine Fannin of Worthington; 13 grandchildren; seven step grandchildren and a special niece, Sheila Lovell.

Besides his parents, he was preceded in death by four sisters and two brothers.

Funeral services for Mr. Caldwell were held Tuesday, March 22 at the Dowell & Martin Funeral Home Chapel by Bro. Wayne Harding. Burial was in the Cresthaven Memorial Cemetery.

Pallbearers were: Jordan Gentry, Steve Gentry, Kenny Graves, Randy Graves, Howard Harper and Anthony Willis.

In Loving Memory of

Lois Kathryn Barnett (Barron)
Not so long ago,
God took an Angel
And let her fly.
When I look up to Heaven
I hear voices in the sky.
She's gone on to her heavenly home,
She left the ones that loved her sad
and alone.
The most we can hope for is to some
day meet her at Heaven's door and
Walk with her on Heaven's golden
shore.

We Miss You
Ron & Mom, Ben, Marvin

Russell Thompson

Russell Thompson, 69, 102 Woodridge Way, Berea, died Friday, March 18, 2005 at his residence following an illness. He was born in Pulaski County on April 26, 1935, the son of William and Rosie Clemmons Thompson, a retired Blue Grass Army Depot employee, U.S. Army veteran and member of the Baptist Faith.

Survivors include his wife, Christine Carpenter Thompson, two children, Rusty Thompson and Michelle Thompson (Josh); four stepchildren, Robert Short, Donald Short, Mary Jane Stancil, Billy Short, all of Berea; six brothers and sisters, Ruth Switzer of Berea, Edgar Thompson of Indiana, Arnold Thompson of Iowa, Shirley Gilbert of Richmond, Fayne Willis of Berea, Brenda Angell of Berea; 12 grandchildren and six great grandchildren.

Besides his parents, he was preceded in death by a brother, Preston Thompson and a grandson, T.J. Short.

Funeral services were held Tuesday, March 22 at Reppert Funeral Home with Bro. Bill Woods officiating. Burial will follow in Madison Memorial Gardens.

Pallbearers were: William Tomblin, Steve Willis, Ronnie Azbill, Randy Thompson, Bill Adams, Roger Thompson, Darrell Thompson and Tyler Daughtery. www.reppertfuneralhome.com



In Memory of

Earon T. McGuire

08/08/1928 - 03/22/2003

God looked around His garden
And found an empty place
He then looked down upon His earth
And saw your loving face.
He put His arm around you
And lifted you to rest
His garden must be beautiful,
He always takes the best.
Even though you are gone from us
Your love will be our guide
You will live on in our memories,
You are always by our side.
It broke our hearts to lose you,
But you did not go alone
For part of us went with you
On the day God called you home.
Love,

Imogene, Sheila, Gary, Sandra,
Mike, Angela, Shaun, April, Jacob,
Emily, Tim, Shari, Aaron, Owen



In Memory of

Edgar Adams

You were taken from us in 2003,
During the summer month of June.
We never got to say goodbye,
You were taken way too soon.

One day you were sitting there,
And suddenly you were gone.
There's an emptiness in our lives,
But we know you're finally home.

We know your suffering is over,
It lasted way too long.
We know you're happy where you
are, In Heaven, our Father's home.

Although we miss you dearly,
We try to keep good cheer,
For Saturday, March 26th

Is your birthday this year.

We wish you Happy Birthday,
Even though you're not here.
Your spirit will always be with us,
In our hearts and in our tears.

We will try not to cry,
But sometimes we can't help it.
We know you were the greatest,
There's no doubt about it.

In closing, we will say,
Happy Birthday to you,
From all of your family.

With all our love too,
Gladys, Brenda, Rob Tia and
Robbie, Timmie and Eithan, Jason
Courtney and Jason Ray

Cemetery Notices

Johnetta Cemetery Notice

It's time once again to start cleaning on the cemetery. We would like for all the flowers on the ground to be removed, the what-nots to be taken up and also the iron hangers be removed. Note: Future burials will be on a first come-first served basis.

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hospital together over more than 17 months.
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"Letters"

(Cont. from A-2)

S. Senate Health Committee hearing on March 28, 2005, attendance to which Schiavo and her husband have been subpoenaed.

Now into Day No. 4 of this process since a state court judge reportedly told attorneys during a judicial conference call that he had "no cogent reason why the (congressional) committee should intervene," according to the CITIZENLINK web page of March 20, the congressional committee intervention was commendably undertaken to try to prevent an atrocity of justice, the legally-sanctioned murder of a brain-damaged, tube-fed-only woman whose husband wants her dead so he apparently can go on with his life, already well underway with another woman with whom he has fathered two children.

Prayer is our first line of defense against a rogue judiciary which would seek an "imbalance of power" in order to fulfill the wishes of an unscrupulous, unmerciful husband and judge who seek to strip an innocent person of her legal rights to life (she is being starved and dehydrated) and representation by an attorney (she has none). The Senate Health Committee may have even more to discuss if this woman is allowed to die before it meets on the 28th because every "inconvenient person" will be at risk.

The Hippocratic Oath still valid study in the medical schools and institutions, or is it going the way of our judicial system opposed to the individual's rights to "life, liberty, and the pursuit of happiness," as expressed in our Declaration of Independence? Too often Thomas Jefferson's words are quoted to condone sinful practices in our modern world, but if we allow the denial of a life in such a situation as Schiavo's, we are all guilty of forsaking the very foundation upon which our American judicial system was built, the Ten Commandments.

Kathy Konrad
Mount Vernon, KY

Looking for ancestors...

Dear Editor,
My name is Patricia Bullock Allen. I am working on the Bullock family history. I am trying to find in which cemetery my great grandfather, Jeremiah Bullock, and also his daughter, Rachel Bullock Robbins, are buried. He was killed in a sawmill accident along with a son (Bobby or Jody) and maybe others around the early 1900s or just prior to 1900. His date of death is not listed on the ancestry.com or the Rockcastle Cemetery Book.

He was listed in the 1870 census (Walnut Grove District) as a 10-year-old child in the household of William and Susan Bullock.
My father, Shirley Harrison Bullock thought he was buried in the Skaggs Creek area. His widow, Mary Melissa Doan Bullock, married William Harrison Proctor in 1904 and was buried in the Proctor Cemetery on Glyn Bullock's farm on Cove Branch.

If anyone has heard any details concerning this, please send me a note and I will write or call you. My address is Rt. 1, Box 274, Orlando, Ky. 40460. (Please note address correction.)

Patricia Allen

Thanks from Project Graduation

Dear Editor,
We would like to thank the following businesses, community leaders, parents, and individuals for their support to Project Graduation 2005: Advanced Orthopedics; Allen's Florist; Appliance Service Center; Dr. Tony Arvin; B & L Grocery; Baboon Inc. Electrical Contracting; Dr. Carter Blevins; Bray's Transmission; Broadhead Christian Church; Broadhead Fire Department; Broadhead Lions Club; John and Pam Chaliff; Collins Respiratory; Community Trust Bank; Country Flowers; Cox Hardware; Dairy Mart; Dieck & Powell Funeral Home; Eden Baptist Church; First Baptist Church; Godfather's Pizza; Goff's Excavating; Hall's Print Shop; Hogg Enterprises; Norma Hook; Integrity Mold & Die; Jack Burford Chevrolet-Oldsobile; Jackson Energy; Kentucky Farm Bureau; Kentucky Powder; Long's Automotive; Lovell's Gun Repair; Main Focus; Bill & Peggy McClure; Charles McClure; Dr. McDaniel; McKinney's Tire; Mitchell Folle Gallery; Glenn & Judy Morris; Mt. Vernon Automotive/Radio Shack; Mt. Vernon Chiropractic; Mt. Vernon Scrap; Mt. Vernon Weight Loss; NAACO; One Voice; Ottawa Baptist Church; Stephen & Anna Owens; Preston Parrett; Perry's Body Shop; Quality Cleaners; Dr.

Timothy D. Reynolds; Law Offices of William Reynolds; Richmond Eye Care; Rockcastle County Library; Rockcastle County Little League; Saylor's Furniture; Shoptree of Broadhead; Singleton & Associates; Homer and Janice Sizemore; Skaggs Creek Baptist Church; Smith's Tire Center; State Farm Insurance; Stephanie Harmon; Taylor's Produce; Teresa Vanzant; Video Shack of Broadhead; Helen Whitaker; Young's Pharmacy.

Helen Abney; American Pools; B & H Tool; B & M Liquidators; Berea Wheel Alignment; Bob's P.C. & Graphics; B.P. Bradley's Garage; Brodhead Car Wash; Brodhead Farm Equipment; Brookhaven Christian; Burkman Feeds; Bustle Auto Sales; Car Quest Auto Parts; Central Kentucky Surgery; Jennifer Chadwell; Church of the Nazarene; Church on the Rock; Churchill Weavers; Joseph Clontz, C.P.A.; Conway Baptist Church; Cummins Sporting; D & C Automotive; D & S Computers; DeBorde Oil Company; Shane Faulkner; First Christian Church; Floors, ETC., Inc.; Foyd Brothers; Hargis Auto Sales; Heavenly Home Books; Hiatt's 5 & 10; Image Entry; J & D Cabinets; Jennifer Lovell; Moming View Holiness Church; Mt. Vernon Drug; Mt. Vernon Signal; Mt. Vernon Tourist Commission; NAPA - Jennings; Berea; Newland Construction; P.E. Handy Mart; Peoples Bank of Madison County; Rainbow Flea Market; Rockcastle County Middle School; Rockcastle County High School; Rockcastle County Hospital; Rockcastle Health & Rehabilitation Center; Roy Todd Builders; RTEC; Scaffold Engine Baptist Church; Jenny Sweet; James Thacker; The Cutting Edge; The Family Table Restaurant; Wildie Christian Church.

Bailey's Electric Company; Blimpie's; Broadhead Baptist Church; Carter's Market; Cintas; Clontz & Cox Attorneys; Coldwell Banker Hodges; Magdalene Collins; Edwards Chiropractic; Grace Baptist Church; Andy Hillard; Dwayne McKinney; Reva McKinney; Mink Apartments; Pizza Hut; Property Valuation Administrator; Rose's One Stop; Dr. Kevin Rowe; Sipple's Auto Service; Sylvia's Hair Salon; Taco Bell; W.R. Ramsey & Associates; Wal-Mart - Richmond; Francis Whitehead; Samara Wynn.

If we accidentally left someone out, please feel free to call us and let us correct the error.

Thank you,
Project Graduation 2005
Committee

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Become a Kentucky obit & tissue donor
For information contact
1-800-525-3456, or
www.trustforlife.org



Terry Lester, pastor of London's First Baptist Church, speaks with Bob Fields of the Rockcastle County UNITE Coalition and ClefRock Retreat Center at the Lifeline workshop.



Zac Barnes of Mt. Vernon, left, and Leo Bivins, center, review the agenda for the Operation UNITE-sponsored workshop. Bivins and his wife, Sarah, at right, are with the ClefRock Retreat Center in southern Rockcastle County.

Email news to the Signal at
mvsignal@alltel.net

Faith-based groups learn Lifeline can rescue people

Representatives from faith-based groups across southern and eastern Kentucky were asked to become "facilitators to help people with life-controlling issues" during a two-day Lifeline ministries training session held at Cumberland Falls State Resort Park March 18-19.

Based upon initial response from the more than 80 people who attended the Operation UNITE-sponsored workshop, many participants are prepared to answer that challenge, organizers said, noting Lifeline groups are being pursued in Barbourville, Corbin, Williamsburg and Monticello as a result of the training. Manchester and London already have active groups.

"We're going to take back, with the help of the Lord, what the enemy has stolen," said Clayton Arp of Turning Point Ministries, who led the seminar.

"We can, as a church, make a difference."

Lifeline is a small group, non-residential ministry designed to reach

out to people facing everyday challenges of life that can become overwhelming, such as addiction to alcohol and other drugs, and to provide support for their families, Arp explained. Groups utilize lay leadership, small group discussions and Bible studies.

"Churches are full of people who want to help someone. We just haven't given them the opportunity," said Doug Abner, pastor of Community Church Ministries in Manchester, who will serve as the regional director for Lifeline.

The Cumberland Falls workshop was the second of three planned by UNITE. More than 70 individuals attended a workshop in Pikeville in February. The next training will be held Friday and Saturday, April 8-9, at the Rural Law Enforcement Technical Center in Hazard.

For more information about Lifeline, or to reserve a spot for the Hazard workshop, contact Cathy Lenox at Operation UNITE by calling (606) 677-6179 or toll-free at 1-866-OP-UNITE.

Words of Hope

Peace. The third characteristic trait of the fruit of the Spirit is peace. When we think of peace we think about calmness, restfulness, and freedom from conflicts. Unfortunately, our world is full of problems that hinder peace. God understands the problems in this world. That is why He sent His Son to Earth. Jesus declared in His word we may have peace because in this world we will have trouble. We can't escape problems, but through Jesus we can maintain an attitude of peace. Need peace, try Jesus. A message of hope from your friends at Mt. Vernon Pentecostal Church

YOUR COMMUNITY NEEDS YOU



citizen corps JOIN TODAY!



The Community Emergency Response Team (CERT) program helps train people to be better prepared to respond to emergency situations in their communities. When emergencies happen, CERT members can give critical support to first responders, provide immediate assistance to victims, and organize spontaneous volunteers at a disaster site. CERT members can also help with non-emergency projects that help improve the safety of the community.

There will be a Rockcastle CERT organizational meeting on April 5th, 2005 at 7:00 pm at the Rockcastle County Emergency Operations Center located behind the County Judge Executive Office. For further information please contact Howell Holbrook, Rockcastle County Emergency Manager at 256-8436 or Mark Sizemore, CVDHD Public Health Preparedness Planner at 864-4764 ext. 119.

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The CAP Corner

Adult Learning Center

The Christian Appalachian Project's Adult Education program in Mt. Vernon, Kentucky, is one of 91 adult education programs who met or exceeded their enrollment and performance goals in fiscal year 2004. As a result, these programs' counties will share nearly \$1 million in incentive funds. Forty of these counties, including Rockcastle, have earned incentive funding each of the four years it has been available.

The CAP Adult Learning Center provides invaluable training, skills and confidence to hundreds of local citizens with a desire to better themselves and improve their lives. As a result, Rockcastle County will be presented with an additional \$4,242 in funding, an amount that is projected to increase in the future as new students are referred to the program.

"Meeting our enrollment goal means more to the staff than just receiving additional funds," states Bobbie Playforth, Director of the Adult Learning Center. "It is very rewarding to have helped 532 individuals in our community get a second chance at achieving their goals."

A record number of Kentuckians enrolled in adult education programs in fiscal year 2004 to earn a GED, upgrade basic academic or workforce skills, improve their English or learn as a family. The 120,051 enrollments surpassed the goal by 20 percent, according to officials from Kentucky Adult Education and the Council on Postsecondary Education.

*Kentucky has made a significant

investment in adult education, which has led to a 135 percent increase in enrollment since 2000," said Cheryl King, vice-president for adult education. "But the most important return on this investment is educated Kentuckians who are more self-sufficient, more involved in their communities, more engaged as citizens, better role models for their children and better employees."

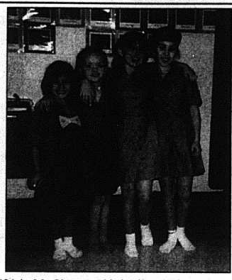
Significant enrollment totals were posted in workforce education and family literacy. Workforce education programs enrolled 51,388 employees and served more than 900 employers. Family literacy, in which parents and their children learn together, climbed to 4,397 enrollments. More than 11,000 students took advantage of online courses through www.kyvae.org.

Council President Tom Layzell praised the county program for what he called remarkable success. "This is a significant achievement for our state and a remarkable success for the county providers who endeavor everyday to meet the needs of their communities," he said.

For more information on CAP's Adult Education program, please call (606) 256-5307. The Christian Appalachian Project is an interdenominational, non-profit service organization committed to serving people in need in Appalachia by providing physical, spiritual and emotional support through a wide variety of programs and services. If you would like to learn more about CAP and its services, please call toll free 1-800-955-3470, or visit our website at www.christianity.com/cap.

A Girl Scout Troop just like your grandmother's!

Rockcastle Co. Girl Scouts model uniforms from the 1960s at a "Sixth Decade" Lock-In for Junior Girl Scout Troops. Girl Scouts enjoyed finding out how Girl Scouts in the 60s camped, dressed and most of all, how the traditions of Girl Scouting has not changed. Girl Scouts ended the evening dancing to 60's music, and watching the movie "Grease". From left: Modeling the uniforms were Shelby Wood, Troop 484 in Mt. Vernon with leader Vicki Chasteen, Maranda DiDonato, Jessica Bentley and Kaitlyn Delph from Troop 606 in Brodhead with Sandra Tyler as leader.



Homemakers to meet

The Quail Homemakers Club Members met at the home of Kathy McKibbin February 21st. Kathy had a delicious meal waiting for us when we arrived. Seventeen members were present. Plans were discussed for the farm machinery show the first Saturday in March. The Quail Homemakers Club is in charge of the food booth each year.

The club members will be meeting with Charlene Gentry March 28th at 7:00 P.M. The lesson for March will be "ACCESSORIES FOR THE HOME". Also at this meeting there will be another opportunity to bring school supplies for the children on the Indian Reservation. The school supplies will be taken to the state meeting in April where they will be added to other club donations from all over the state. They will then be sent to the Reservation in Montana.

Visitors are always welcome to visit with the club members. The lessons are helpful and we always have an enjoyable evening

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Our family pet has been stolen from our home. Sid is a very friendly black German Shepherd who has been missing since March 3rd. We are offering a \$500 Reward for information leading to his return - no questions asked - we just want Sid to come home.
Please Call 256-0943 or 256-9223

AHEC seeking health information grant

The Southern Kentucky Area Health Education Center (AHEC) has taken another step toward linking the latest health information with local healthcare facilities.

So, Ky AHEC's Health Sciences Library has submitted a proposal to the National Library of Medicine division of the National Institutes of Health which, if funded, would create an electronic medical library for healthcare practitioners in the 15-county Southern KY AHEC region. The \$110,000 grant project would enable rural practitioners to overcome barriers to health information, said Mary Conleton, AHEC's medical librarian.

"Most rural hospitals can't afford to sink a lot of money into expensive medical textbooks and journals,"

Conleton said. "So the AHEC seeks to create a web-based library which can be used by healthcare professionals throughout our region to increase their knowledge in the clinical setting and stay current in their field." Should the grant be awarded Conleton would be conducting promotion and training at area hospitals and health care organizations.

The Southern KY AHEC, located in Rockcastle Hospital and Respiratory Care Center, Inc. and administered through the University of Kentucky, provides health education to schools and communities and supports healthcare practitioners through continuing education and medical library services. For more information on the AHEC or the proposed electronic library, contact Mary Conleton at 606-256-0950.

Jack's Pro Hardware
160 Williams St. (606)-256-4363 knows you are eager to begin your spring projects. We have rearranged our



store to help you do just that. Come in and check out our new custom color system designed to match any shade. Let us take the guesswork out of your painting projects!

Class location changed Learning to "read" the clouds

The location of the upcoming weather class, scheduled for Monday, March 28 at 7 p.m., has been changed to the Rockcastle County Courthouse, second floor.

If you want to learn how to "read" the clouds, teach your children how to understand the dangers of changing weather patterns, or protect your family from the hazards of severe weather, this presentation is for you. The National Weather Service will be providing a storm spotting and weather safety presentation. Everyone is invited to attend this informative and entertaining session. Free admission to all.

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'00 Lincoln Town Car Super Duty	\$16,980	'02 Honda Passport	\$12,980	'02 Ford Explorer XLS	\$16,980
'02 Ford F-150 SuperCab Ext	\$22,980	'03 Ford F-150 SuperCab Ext	\$24,980	'02 Ford Ranger	\$17,980
'03 Mitsubishi Eclipse GTS	\$16,980	'01 Mazda 626	\$11,980	'03 Ford Ranger	\$11,980

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Youth Yak at RCHS

Submitted by
The Youth Services Center

The Future Educators of America Club has begun to recognize a staff member each week as "Teacher of the Week." Last week Coach Tony Saylor has been chosen. Coach Saylor is attended both Centre and Cumberland Colleges. He graduated with a degree in business. Here at RCHS he is in charge of In-School Suspension. He says what he likes best about our school is the closeness and friendliness of the staff. What he likes least is the lack of respect some students have for others. Congratulations to Mr. Saylor. This week our Ms. Polly Abney was awarded the "Teacher of the Week" award. Ms. Abney has been teaching twenty and one half years. She graduated from Berea College, EKV and UK with a Rank II. Her favorite thing about RCHS is the students and the atmosphere. She says she has always wanted to travel to the Northwest (We hope you get to do that someday Ms. Abney).

Project Graduation news: The Project Graduation committee meets every Monday night at 6:00 in the Café. They will not meet the week of Spring Break which is March 28. The "perfect attendance earns extra rocket bucks" project is still going on for the month of March. Some other projects in the works are: Drawing for a Longaberger basket and raffle

tickets on sale for a Honda 350 ATV. Your Avon orders, as well as Longaberger Basket orders, are due NOW. Avon orders are coming in a few at a time. Ms. Darlena Mays is getting them to students during break. Upcoming fundraisers include: Home Interior candles, Wildcat Print raffle, Thomas Kincaid Print raffle, ATV ride, Golf, basketball, and softball tournaments. Car wash/bake sale, Yard Sale and a Chili Super!!! See any senior or parent of a senior for details and/or tickets. The softball tournament is scheduled for April 2 as well as the ATV ride. The ATV ride will begin at 1:00 p.m. and go 17 miles on Brush Creek Road to Johnetta. The cost is single-\$10.00 and couple \$15.00. For more info call Ms. Darlena Mays at 256-0267. The chili supper will be held on April 8. The yard sale is scheduled for April 23 and the car wash/bake sale is scheduled for April 30.

Avon Prize Winners: First Place-Jessi Rucker-Won a Home Entertainment Center. Second Place-Erik Stallsworth-Won \$50.00. Third place-Genna Cummins-won \$25.00 and Gina McCutere-Fourth place-won \$25.00.

The Prom Review was held on Monday the 21st. The prom is scheduled for April 16. Those tickets are \$25.00-single, \$40.00-couple. You can buy your tickets in room 033 at break or before/after school. (Cont. to A-7)

dents, remember if you have five or more unexcused absences YOU Can NOT attend the prom.

STATE BASKETBALL: Our Lady Rockets beat Clay County to advance to the State Tourney for the second year in a row. We play Lexington Catholic at Bowling Green's Middle Arena Wednesday at 1:00. It's our turn girls!!!!

If you happen to visit RCHS, please stop by and visit the art display upstairs by Mr. Troy Hansel. He has oil paintings on display of scenes from Brodhead, Mt. Vernon, Kentro Valley and other places of interest.

Just a reminder: Don't bring cell phones to class, don't get over three unexcused absences or tardies, five or over unexcused absences and you can't attend prom and will lose your driving privileges, don't wear "belly tops" to school, don't wear obscene tee shirts etc, pay your lunch debts, get verbal permission from a parent before you ride the bus home with another student, Do strive for perfect attendance, do strive for the honor roll, do your homework, do visit Youth Services or a counselor with any problem, do respect one another (make Coach Saylor happy), do have fun and learn at the same time and do the best you can!!!!

Congratulations to Ms. Beth Coleman. She placed 18th. out of 87 in competition at the State Governor's Cup Finals.

Four of our students qualified for State competition with National History Day. They are Josh Nation, Elizabeth Bobo, Allison Carter and Christy O. Napier.

Some members of the UNITE Club were on hand at MVES Monday, March 21 during the Parent/Teacher Conference. Our students gave our information to parents and students regarding drug prevention in our schools. Thanks to all who stopped by our booth.

The following people need to pick up their yearbooks: Claudia Schmitz, Jamie Lawrence, Brandon Gross, Brandon Cromer, Jenny Clark, Tanner Allen, Daniel Pingleton, and Samantha Owens.

The following people need to pick up their diplomas: Brittany Cromer, Jonathan Todd Adams, Charles Brandon Falin, Jeremy Lee Howard, Maggie Phillips, Kyle Brandon Reams and Veronica L. Kenfro. Come by the school during school hours to collect your yearbook or diploma.

Yearbooks have gone on sale!! You can reserve yours during lunch. Cost will be \$35.00 without name and \$45.00 if you want your name

Tiger Pause

Brodhead Elementary had a wonderful book fair and science fair last week. Thanks to everyone who visited and participated in these events. PTA thanks the volunteers who helped with the book fair.

Modern Woodmen of America youth group presented Brodhead Elementary with an American flag. Teresa Webb and Peggy Baker, representatives of the Berea chapter, along with members of the youth group gave the flag to BES as a community service project.

PTA officer nominations for the 2005-2006 school year are being taken until April 8th. Person nominated must have a child enrolled at BES during year serving and must be willing to serve the entire school year. Nominator must have a child enrolled at BES. Nominations can be submitted at the school office.

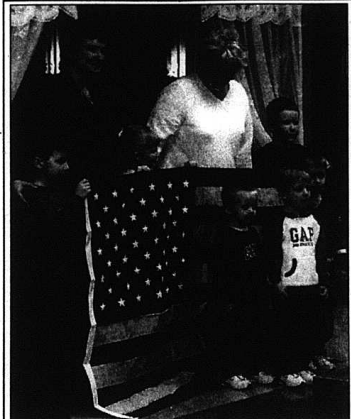
Important dates:
March 24- spring pictures (no retakes will be scheduled)
March 28-April 1- spring break
April 3-spring forward-set clocks up one hour

April 7-Girl Scouts
April 18-29 - CATS testing window

April 19- SBDM \$5.00, BFERC Ad. Council 6:00, PTA meeting 7:00 (officer elections)

April 21- Girl Scouts
May 5- bike rodeo for 4th & 5th grades

May 9 - weatherman Bill Meek (2nd grade)



Modern Woodman of America presenting Mrs. Caroline Graves, BES principal, an American flag to be displayed at Brodhead Elementary. 1st row-Tanner Noel, Logan Noel, Bailey Taylor. 2nd row-Bradley Taylor, Teresa Webb(Berea chapter rep.) Kaleigh Noel, Caroline Graves, Jarrett Carpenter



BES students at the Daniele Book Fair.



Crystal Reddington showing her science project at the BES science fair.

Mt. Vernon Message

Friday, March 25 is Musical Dress Up Day. Children are encouraged to be creative and dress in their favorite musical outfit. Our All School Sing is also scheduled for this day. Students have learned songs in their music rotation classes and will perform them on this day. Faculty and staff members will also perform at this program.

Spring Break is next week. Enjoy your time off with family and friends. Get lots of rest and come back ready to finish our school year.

Readers for last week's Project Wisdom were: Karina Deaton, Samantha Caudill, Chelsea Slusher and Erica Croucher, students and Rose Brown, Director of Pupil Personnel and former principal at MVES was our mystery reader.

Our quote for this week is: "The dictionary is the only place where success comes before work."

School news deadline is noon Tuesday

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Please call our Radiology Department at 859-986-6550 for more information or to make an appointment.

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Need a physician? Call 859-986-6500.

Berea Hospital is a part of Catholic Health Initiatives, a national system with operations in Kentucky that include Saint Joseph HealthCare, CARITAS Health Services, Flagler Memorial Hospital, Marymount Medical Center, and Our Lady of the Holy Hospital.

ENROLLMENT OF SIXTH GRADE STUDENTS

The Kentucky Department of Education requires that certain health documents be on file at school prior to or upon enrollment into the sixth grade.

An immunization certificate reflecting all vaccinations received is required. A second MMR (measles, mumps, rubella), a tetanus booster, and 3 doses of Hepatitis-B are required for enrolling into the sixth grade. A certificate must be presented the first day of school. The local health department can issue a certificate if you have a personal record of the child's vaccination.

A medical examination is required. This second medical examination must have been received within the last year prior to enrolling into the sixth grade. The physical form must be a Kentucky Department of Education Sixth Grade Physical Examination form dated December, 1999. An athletic physical form is NOT acceptable for the 6th grade physical. Two different forms are required when the student will be playing sports.

A current immunization certificate and a second medical examination are required for sixth grade enrollment. These are required to be on file at the school before the student will be enrolled.

During the summer months there may not always be someone working in the offices at the schools. Therefore, any medical records should be turned in at the Board of Education office on Richmond Street in Mt. Vernon.

Summer is a very busy time. Please get these services taken care of as soon as possible so that your child will be ready to enroll into the sixth grade this fall.

Jeannine M. Parsons, RN
District School Nurse/Health Coordinator

RCMS Honor Roll

3rd Grading Period Honor Roll
 Entrepreneurs (Kristen Abney, Jessica Albright, Luke Allen, Sydney Arvin, Brittany Boreing, Katelyn Brown, Alivia Bullock, Kristen Bullock, Caitlin Burke, Shanlee Burton, Victor Coffey, Heather Gregory, Mallory Harper, Kayla Hensley, Morgan Hunt, Elliot Jackson, Katie Linville, Patric Lowery, Ella McQueary, Shawnda Milburn, Eghan Miller, Christina Pendery, Mason Phillips, Dakota Ratliff, Rachel Renner, Ryan Roberts, John L. Taylor, Karah Taylor, Benjamin Whitaker, Shane Winkler)

Frank Robinson, Kassandra Kayla Gail Robinson, Cody Ross, Tracey Michelle Slusher, Ronald Dustin Smith, Shawna Penny Smith, Austin Dylan Thacker, Charles Joshua Trump, Allyson Washburn, Jeffrey David Wright, Kayla Rachelle Lynn Shooting Stars (Breanna Lashay Arley, William Dillon Asher, Joseph Alan Baker, Heather Michelle Barnett, Richard Alan Barron, Angel Tiera Bishop, Amanda Lee Blount, James Grant Burdette, Lecia Alane Burdette, Samantha Jo Bussell, Patrick Tanner Childress, Bethany Susan Clontz, Angelica Rae Craig, Courtney Bianca Darnell, Devin Lee Davidson, Jacob Charles Scott Gast, Andrea Rachelle Gonzalez, Whitney Amber Harrison, Elizabeth Cheyenne Henley, Kevin Hestley, Jacob Tyler Holbrook, Constance Leann Irvin, Daniel Lee Johnson, Candice Danielle Kidwell, Sarah Jean Lindsey, Matthew Christian Lunsford, Zachary Shane McCracken, Leigha Nicole McFerron, LaShae Nicole McGuire, Ashley LeShae Miller, Anthony Douglas Prewitt, Jessica Lynn Renner, Sarah Lynn Renner, Regina Kaye Rice, Andrew Scott Robbins, Christopher Aaron Robinson, Casey Ann Sturgill, Megan Kaitlyn Taylor, Matthew Aden Thomason, Chelsea Elizabeth Whitley

Locklear, Matt Marlow, Brooke Martinez, Katy Mattingly, Pamyla Mink, Kegan Nation, Beth Potter, Dustin Rader, Samantha Renner, Kayla Rowe, Rachel Woodall, Jessica York
 Challengers (Joshua Abney, Asa Kelby Adams, Sarah Catherine Adams, Jeffrey Allen Albright, Nakhesha Lynette Baldwin, Tanner Dalton Bray, Andrew W. Bryant, Jacklyn Bullock, Michelle Lynn Bullock, Brandon Bussell, Jordan Gault Cash, Felicia Faith Chestnut, Sasey Coe, Kimberly LeAnn Cottrell, Angela Richelle Debord, Charles William Dickerson, Gordon Todd Garner, Stephanie Graves, Kenneth Ray Hansell, Skylar Barton Hayes, Stacey Hundley, Carl Doloris Hunt, Danny Clyde Jones, Logan Michael Kincer, Britany M. Kirby, Cody Edward Kirby, Devon Michael Mason, Megan E. Mazurek, Mickel Daniel, Matthew Casey Mink, Cody Ray Mize, Spencer Ross Mullins, Arianna E. Palmer, Tanner Hayes Perkins, Misty Elizabeth Fulliam, Ashley Rector, Loren Elaine Reynolds, Lyndsey Jordan Reynolds, Jacob Riley Riddle, Ashley Dawn Robinson, Brandy Lynn Sandlin, Mary Sheril Taylor, Cami Leshay Sparks, Thomas Edward Rector, Jordan Taylor, Steven Tyler Trimble
 Adventurers (John Cole Abney, Jackie Danae Alexander, Joanie Mae Alexander, Chelsea Alea Bell, Nathan Bohlman, Steven Michael Owens, John Matthew Parsons, Jessica Bullock, Katlin Caudill, Erica Center, Adrienne Lashae Chisler, Mo Clark, Molly Kathryn Coffey, Katie Jo Cope, Rachelle Cromer, Laura Elizabeth Dollins, Hannah Rose Durham, Deana Paige Gabbard, Kimberly Tina Hall, Sharon Casey Hall, Courtney Faith Ham, Casey Hansel, Ronda Lasha Hinds, Katelyn Louann Howard, Brandon Jones, Shayla Kirby, Brandy Nicole Lautenschlager, Rebecca Dawn Martin, Meighan McCoy, Dakota McFerron, Angela N. Miller, Brian Allen Morrison, Burgandy Jaleah Owens, Blake William Parsons, Andrew Harvey Pensol, Megan Alexander Perkins, Derrick Pittman, Megan Powell, Ben Ratliff, Dustin Ross Reynolds, Joseph Kyle Riddle, Bobby Lee Rigby, Tasha Shuler, Samantha Lee Smith, Tanya Danielle Sparks, Amanda Rachelle Swinney, Katelynn Janelle Thacker, James Edward Todd, Jeremy Wagers, Alicia Nicole Wilson, Brandon Joseph Young

Voyagers (Taylor Lane Anderkin, Jesse James Artley, John Wayne Arley, Breanna Leigh Brock, Christopher Arnold Bullock, Heather Marie Bullock, Chadwick Brandon Burdette, Chastity Brooke Burke, Kayla Danielle Carpenter, Tyler John Chandler, Starla Elaine Clouse, Jennifer Kristie Cox, Donald Lee Devine, Michaela Crystal Dewitt, Amanda Mae Doan, Michael Joseph Doan, Kila Ann French, Elizabeth Marie Guinn, Jennifer Taylor Hackworth, Sara Patterson Hammond, Zachary Sutto Harper, Samantha Jo Hasty, Sarah Dilyn Herbert, Skylar Ann Holcomb, Kayla Rebecca Howard, Dalton Dewayne Hutton, Jasmin Nicole Johnson, Jessi Nichole Jones, William Derek Jones, Shawn Gregory King, Joel D. Lakes, Angela N. Lawrence, John Derek Lawson, Chastity Lecann Loudermill, Jessica Danielle Mahaffey, Brittany Lee Paige Marler, Elizabeth Abigail McClure, Kristyna Noel McKinney, Phillip Mink, Jake Mitchell, Matthew Garrett Mullins, Ashley Michelle Partin, Cynthia Marie Poynter, Justin Blake Poynter, Brandon Wallace Proctor, Jordan

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"Youth Yak"
 (Cont. from A-7)

Next week is Spring Break. Our Baseball and Softball teams will be playing in Cocoa Beach, FL. Good luck to both teams and coaches. We will dismiss school early on Friday afternoon for bus drills. Hopefully we won't even be here due to our Lady Rockets playing round two in the Sweet Sixteen.

UPCOMING EVENTS:
 March 23-26-KHSAA Girls Sweet Sixteen-Diddle Arena, Bowling Green
 March 20-22-Senior East Ky. United Nations Assembly (KUNA)
 March 23-SBDM Council meeting
 March 28 thru April 1-Spring Break
 April 5-Softball and baseball home opener with Madison South-eastern
 April 9-JROTC Military Ball Jr./Sr. Prom-April 16
 April 18-29-CATS Assessment window.

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NOTICE
 DON'T LET WHAT HAPPENED TO JESSICA LUNSFORD IN FLORIDA, HAPPEN TO YOUR CHILD HERE!!!

PROTECT YOUR CHILDREN: BE AWARE OF WHO LIVES IN YOUR COMMUNITY...

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 ~ LOOK AT THE PICTURES ~

WHO HAS MOVED INTO YOUR NEIGHBORHOOD? WHERE DID THEY COME FROM? WHERE ARE THEY NOW?

<http://kpspsr.state.ky.us>
 click on SEARCH REGISTRY type in the county - Rockcastle click SEARCH look at the names and faces **WARN YOUR KIDS !!** Or call 1-866-564-5652 to learn more

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Parents help literacy development early

Family and Consumer Sciences

Hazel Jackson
Rockcastle County Extension Office

Because literacy develops long before children begin school, parents have a good opportunity to introduce their children to the richness and benefits. There are many easy, everyday ways parents can introduce youngsters to communicating in the world around them.

It may be as simple as talking to infants by prompting them to communicate by repeating their cooing sounds. Parents also can describe what they are doing as they perform routine activities and describe what the baby is doing.

Reading also is an important way to help youngsters develop literacy, especially if it is a loving personal experience with the baby snuggled comfortably on a parent's lap. To make reading an enjoyable,

educational experience, choose books with one colorful picture on every page. Change your voice as you point to each picture. Act out and exaggerate animal noises. Choose books with cloth or cardboard pages, and don't worry about ripping them.

Making these suggestions a part of everyday routines will help produce a strong foundation for further literacy development during the toddler and pre-school years.

For more parenting information, contact the Rockcastle County Cooperative Extension Service at 256-2403.

Educational programs of the Kentucky Cooperative Extension Service serve all people regardless of race, color, age, sex, religion, disability or national origin.

Hot Dog Sale and pictures with Easter bunny will benefit Children's Miracle Network

A fund-raiser for the Children's Miracle Network will be held at London Walmart, Exit 38, on Saturday, March 26.

There will be a hot dog sale/picnic with the Easter Bunny/Easter Egg Hunt and 3 point shoot off held. The hot dog sale and three point shoot off will be held from 10:30 to 3 p.m. on the 26th and the Eastern Egg Hunt and Easter Bunny pictures

event begins at 11 a.m. Pictures with the Easter Bunny will be \$1 each. The hot dog sale will be composed of several different items. The three point shoot off will be 20 shots for \$5 with winner receiving a basketball goal. All rules will be posted at the contest. Also raffle tickets are being sold on a 27 inch TV. Tickets are \$1 each or 7 for \$5. The Easter Egg Hunt is free.

"Brothead"
(Cont. from front)
For reservations write: Brothead School, P.O. Box 187, Brothead, Ky.

40409-0187 or call 606-758-8512. Tickets are \$15 per person and can be purchased that evening. Please make all checks payable to Brothead School Alumni Association.

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Are You Experiencing Any Of The Following Symptoms: Sneezing, wheezing, trouble breathing, itchy watery eyes, runny or stuffy nose, headaches, congestion, cough, sore throat, hives or other skin rashes.

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Iraklis C. Livas, M.D., is a Board Certified Allergist, Graduate of Johns Hopkins University.



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Also Servicing Heat Pumps, Air Conditioning and Gas Furnaces.
Let us Get your Air Conditioning ready for Summer.
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Email news to the Signal at mvsignal@alltel.net

Rockcastle Community Bulletin Board

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Bookmobile Schedule
Mon., Mar. 28: Calloway, Red Hill, Livingston, Lamero and Pine Hill.
Tues., Mar. 29: Maple Grove, Orlando, Climax, Three Links, Wed., Mar. 30: No schedule.

Strawberry Plant orders
The extension office is taking orders for strawberry plants at \$12 per 100 plants through March 25th. Varieties are: Allstar and Early Glow. Must be paid when ordered. Call 256-2403 for more info.

to benefit Project Graduation 2005. Directions: 17 miles on Brush Creek Road to Johnetta. Sign-up any Monday at Project Graduation Meetings or in the office at the high school. For more information, call Darlena Mays at 256-0267 or 308-2381.

Offices Closed
In observance of Good Friday/Spring Holiday, the PVA office will be closed all day Friday, March 25. The Sheriff's office and the Circuit Court Clerk's office will be closed Saturday, March 26th. The permit test will not be given on Friday, March 25th.

Portrait Fund-Raiser
The Mt. Vernon Fire Department is having a portrait fund-raiser. Anyone donating \$20 or more will receive an 8x10 family portrait. Portraits will be taken May 13-16. Your continued support of our volunteer fire department is appreciated.

Free Colon Screenings
Rockcastle Hospital and Respiratory Care Center, Inc. is offering free colon screenings the last two weeks of March. The kits will be available at Young's Pharmacy, Rite Aid Pharmacy and Mt. Vernon Drug. For more information on the colon screenings, contact Michael Shaffer at 606-256-7167.

Hot Rod Sign-up
Hot Rod sign-up for T-Ball for 3, 4 and 5 year old boys and girls, will be held April 2nd and 9th at Godfather's Pizza from 10 a.m. to 1 p.m. Sign-up fee will be \$20, possibly \$15. Parents' shirts will be available at sign-up for only \$10 each.

American Legion Meeting
The regular meeting of American Legion Post 71 will be Tuesday, April 12th at 7 p.m. at the VFW club house at the lake. New officers will be elected and everyone is encouraged to attend.

Project Graduation Basketball Tourney
The Project Graduation Church Basketball Tournament will be held Friday, March 26, 2005 and Saturday, March 27, 2005 at the Rockcastle County Middle School. Entry fee is \$125 per team. 1st, 2nd and 3rd place trophies will be awarded as well as individual trophies for first place team members. Smaller churches may join with another church to make up a team if needed. For more information, or to register, call Jack Stallworth, 256-0110 or 606-308-1903.

Bus Drills/Early Dismissal
The Rockcastle County Schools will be conducting Bus Drills on Friday, March 26, 2005. The high school and middle school will dismiss at 2:45 p.m. Buses will proceed to the elementary schools where the drills will be conducted. Please adjust your schedule this day's dismissal. No school March 28 - April 1 - Spring Break. If the RCHS Lady Rockets win their opening game of the state tournament on Wednesday, March 23, school will be dismissed on Friday for their second game. In that case, bus drills will be held on Thursday, March 25.

Project Make-Up Day
A make-up day for youth to finish their 4-H clothing projects is scheduled for Thursday, March 31 from 9 a.m. to 3 p.m. at the Extension Office. Call 256-2403 for information.

Cigar Box Purse Class
A Cigar Box Purse Class will be taught at the extension office April 1 at 10 a.m. Class is limited and you must be registered by March 30th to attend. Call 256-2403 to register and for additional information.

Brothead Homecoming Meeting
There will be a Brothead Homecoming meeting March 29th, at 7 p.m. at Brothead City Hall. Everyone is welcome. We're looking for ideas and need everyone's help.

4-H Fashion Revue
The 4-H Fashion Revue will be held April 21st at Rockcastle County Middle School. All youth enrolled in 4-H Clothing Projects are encouraged to participate. Call 256-2403 for more information.

Project Graduation Meeting
The next Project Graduation Meeting will be held Monday, April 4 at 6 p.m. in the luncheon at the high school.

ATV Ride
There will be an ATV Ride Saturday, April 2, 2005, beginning at 1 p.m. Cost is \$10 for a single and \$15 for couple. Proceeds go

Commonwealth of Kentucky
28th Judicial Circuit
Rockcastle Circuit Court • Division II
Civil Action No. 04-CI-00214

Community Trust Bank, Inc.
Successor in interest to Community Trust Bank, N.A. Plaintiff

v.

Joe Harrison, Jr., Elsie M. Harrison
and Rockcastle County, Kentucky Defendants

NOTICE OF SALE

Pursuant to a judgment and order of sale entered in this action on March 9, 2005, for the purpose of satisfying the judgment against the defendants in the amount of SEVENTEEN THOUSAND SIX HUNDRED SIXTY EIGHT DOLLARS AND 18/100 (\$17,668.18) plus interest, costs and attorney fees, I will offer at public auction the hereinafter described real property in Rockcastle County, Kentucky.

**At the Courthouse on East Main Street
Mt. Vernon, Kentucky
on Friday, April 8, 2005
Beginning at the Hour of 2:00 p.m.**

Said property being more particularly bounded & described as follows: Beginning at a steel pin set in the west right of way of the Faulkner Road, also a corner of Dallas Severance; thence with the west right of way of the Faulkner Road the following call: thence South 30 deg. 41'59" West 253.37 feet, to a steel pin also a corner of J. Brock tract; thence South 62 deg. 35'44" West 251.58 feet to a steel pin also a corner of Joe Ellison; thence with a new line of Joe Ellison the following call: thence North 17 deg. 07'13" East 418.03 feet to a steel pin set in the line of Dallas Severance; thence with the line of Dallas Severance the following call: thence South 67 deg. 46'25" East 215.47 feet to the point of beginning. Contains 1.364 acres, more or less. This description prepared from a physical survey conducted by Gary W. Holman, KY L.S. #1837 on August 3, 1994.

Being the same real property which Morgargor obtained bid deed dated January 23, 2002, executed by Leah Hession, single, of record in Deed Book 187, Page 697, in the Office of the Clerk of the Rockcastle County Court, Mt. Vernon, Kentucky.

The property shall be sold on the following terms & conditions:

1. The real property shall be sold for cash or upon a credit of thirty (30) days with the purchaser required to pay a minimum of twenty five percent (25%) of the purchase price in cash on the date of sale and to secure the balance with a bond approved by the Master Commissioner.
2. The bond shall bear interest at the rate of twelve percent (12%) per annum until paid in full. The bond shall have the force and effect of a judgment and shall be and remain a lien upon the property sold as additional surety for the payment of the purchase price.
3. Unpaid taxes or liens of record at the time of entry of judgment shall be paid out of the proceeds of the sale.
4. The purchaser shall pay the 2005 local, county and state property taxes.
5. The purchaser shall have possession of the real property upon compliance with the terms of the sale.
6. In the event that the plaintiff is the successful bidder and the sale price does not exceed the amount of the plaintiff's judgment, no deposit or bond shall be required.
7. The sale shall be made subject to all easements, set back lines, restrictions or covenants of record or otherwise and shall be sold as is.

Willis G. Coffey, Master Commissioner
Rockcastle Circuit Court

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Hurry, won't last at these prices

'04 Dodge Ram 1500 SLT
4 dr., 4x4, 25K miles
has it all!
CERTIFIED
BOOK PRICE: \$24,350
OUR PRICE: \$19,990

'05 Nissan Altima
4 dr. auto. 16K miles
SALE: \$16,500

'03 Explorer Sport Truck
4 dr. auto. 16K miles
SALE: \$18,990

'04 PT Cruiser
4 dr. auto. 16K miles
SALE: \$12,990

'03 Dodge Ram 1500
Long bed, auto,
only 28K miles!
CERTIFIED
BOOK PRICE: \$15,675
OUR PRICE: \$12,990

'04 Ford Taurus SE
4 dr. auto. 16K miles
SALE: \$10,990

'03 Pont. Gt. Prix
4 dr. auto. 16K miles
SALE: \$9,990

'03 Jeep Liberty Sport
4 dr. auto. 16K miles
SALE: \$15,990

'01 Toyota Sienna LE
7 pass, quad seats, dual air, CD,
only 28K miles!
CERTIFIED
BOOK: \$17,900
OUR: \$16,990

'03 Chevy Impala
4 dr. auto. 16K miles
SALE: \$10,990

'00 Chevy Silverado LS
2 dr. ext. cab. 16K miles
SALE: \$15,350

'00 Ramper X-Cab
ext. cab. 16K miles
SALE: \$9,750

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Good Cars Make Happy Customers - We Have Both
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Church News

Come Share Easter At First Baptist
Come Share Easter with us at First Baptist Church.

Easter Sunrise Service will be at 6:30 a.m. at the home of Jim and Martha Cox, followed by early worship service at 8:30 a.m.; Sunday School at 9:40 a.m.; Morning Worship at 10:45 a.m. and Evening worship at 7 p.m.

Weekly ministry opportunities are also provided and include: GROW; AWANA; Youth; Children's Worship; Adult Bible Study; Prayer Team and Sanctuary and Handbell Choir. For transportation call 606-256-2922. Nursery provided for all services.

Benefit Singing
There will be a benefit singing Saturday, March 26 at 7 p.m. at the Sand Springs Baptist Church for Jack Bradley and family to help with medical bills. Jason Ivey and congregation welcomes everyone.

Sunrise Service
Livingston Christian Church will hold a Sunrise Service Sunday, March 27th, beginning at 6:30 a.m. with a fellowship breakfast to follow the service. Everyone invited to attend.

Community Easter Egg Hunt
Northside Baptist Church will have a Community Easter Egg Hunt on Saturday, March 26 at the Brodhead Fairgrounds. For more info, call 256-5577.

Revival at Pine Hill Holiness
Revival services will be held March 27 - 31 at Pine Hill Holiness Church with Bro. Fred Wynn, evangelist.

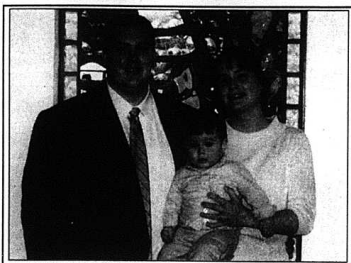
Services will begin through the week at 7:30 p.m.
Pastor Allen Hensley and congregation invite everyone to attend.

Youth Revival
Revival services will be held at Calvary Apostolic Lighthouse March 24, 25 and 26 with services at 7:30 p.m. on Thursday and Friday and 7 p.m. on Saturday. Bro. Akers of London will be preaching.

Come and join us for fellowship and worship in the Lord.
The church is located at Richmond Street and N. Town Hill Road. If you need a ride or directions, call pastor James Blanton, 606-256-4416 or associate pastor Rick McGee, 859-582-1594.

Community Easter Egg Hunt at Brodhead
There will be a community Easter Egg Hunt Sat., March 26 beginning at noon at Brodhead Fairgrounds with four age group categories.

Northside Praise Band, Youth Praise Band and Glory Gang Interpretive Movement will be performing with message presented by pastor Chad Burdette.
Everyone welcome. For more information, contact Northside Baptist Church at 256-5577.
Happy Easter and God Bless You!



The Livingston Pentecostal Holiness Church would like to welcome their new pastor, Bro. Chad Scall, his wife Karen and their son Hayden. Bro. Chad is originally from Richmond, Ind. Bro. Chad and the church would like to invite you to attend our church on Sunday morning at 10:00, Sunday night at 6:00, Wednesday night at 7:00 and every third Saturday at 7:00. Bro. Chad is an anointed, dedicated pastor sent from God and we the church really appreciate him and his family.

Cards of Thanks

Billy Joe Previtt
The family of Billy Joe Previtt would like to express their sincere thanks to everyone for the kindness and thoughtfulness shown during the loss of our loved one. We want to thank all of you who brought food, visited us, or just remembered us in your prayers. We want to extend a special thank you to Dr. Michael Hamilton and the staff at Rockcastle Hospital, Cox Funeral Home, Vickie Petrey and Just In Tune for their beautiful songs and especially Bro. Steve Weaver for his comforting words. May God bless each one of you.

everyone for their kindness and sympathy during the loss of our loved one.

Thanks to all the staff at Rockcastle Health and Rehabilitation Center, formerly Spewer Nursing Home and a special thanks to Tom Baker.

Thanks to Martha Baret's family, a special thanks to Doris Belvin, Dowell and Martin Funeral Home for everything, Bro. Jasper Carpenter, Bro. Billy Medley for their kind words and Imogene Miller for the beautiful songs.

Thanks to the pallbearers, those who came to visit, called, those who sent flowers, brought food and sent cards.

Sincerely,
Roland, Linda and Michael

Gertrude Tankersley
The family of Gertrude Tankersley would like to thank ev-

Easter Celebration at First Christian Church

First Christian Church invites you to be a part of their Easter celebra-

tion events on March 27. There will be a sunrise service at 7:30 followed by a breakfast in the fellowship hall. At 10 a.m. Sunday School classes will be held and, at 11 a.m., worship and celebration will focus on the resurrection of our Lord and Savior in music, scripture readings, special music and more.

For transportation and further information, please call the church at 256-2876. If no answer, leave a message and you will be contacted soon.
Jesus is Lord because Jesus lives!

Reward Offered
For return of Yorkline, leather, brown, black and silver, approx. 5 years old, missing, tonkskated, answers to license, if someone has info, please call 256-1628



Happy 1st Birthday Alyssa Jade Martin
Alyssa will celebrate her first birthday Saturday, March 26, 2005.



Happy Birthday Dad and Mom (June and Leahna Wolfe)
Love your kids - Renee, Scott and Cynthia



Love your kids - Renee, Scott and Cynthia

Rockcastle County Schools
245 Richmond Street
Mt. Vernon, KY 40456
(606) 256-2125

Public Notice of Availability of Proposal for Review and Comment

Rockcastle County Schools is currently writing a proposal for the continuation of the Rockcastle County Even Start Grant. Review and comment pertaining to the Rockcastle County Even Start proposal should be made to:

Rebecca Isaacs, Rockcastle County Schools
245 Richmond Street
Mt. Vernon, KY 40456

Interested persons are invited to submit comments on or before April 1, 2005.

Spring Revival is April 10-12 at First Christian Church

It's Spring again! Time to get out and enjoy the freshness of what God is doing to the world around us. Time to defrost relationships cooled by the Winter's discouragements. Time to enjoy the fresh breezes of the Holy Spirit wafting God's grace through your life and warming up that love you once had for His Majesty (He still feels the same about you!).

First Christian Church would like to invite you - yes, you, to our Spring Revival. April 10-12, we will host a time we pray will lead to a renewing and deepening of your relationship with God through our Lord Jesus

Christ. Sunday, April 10 at 11 a.m. and 6 p.m. and Monday and Tuesday evenings at 7 p.m., all are encouraged to come and hear Bro. David Campbell speak.

We will have special music, snacks afterward and times of fellowship and rejoicing. Your presence would make it a really wonderful time.

If you have any questions, need a ride or are looking for some meaningful and honest answers to honest questions, please call Bruce Ross at 256-0020. We're praying for all who read this and hoping you'll be there.

"DIVE" in at First Baptist April 29th through May 1st

DIVE is an exciting weekend adventure in studying God's word for students 1st thru 5th grade. It will be held at the First Baptist Church in Mt. Vernon April 29 - May 1st.

Students will spend Friday evening, all day Saturday and Sunday morning "diving" deep into God's word and tons of exciting activities.

Mark your calendars now and don't miss out on this exciting week end.

Early registration is March 13-April 11. The cost of the weekend is \$30, but you can save \$5 by registering early.

For question or to register, call the church office at 606-256-2922.

DIVE
A Bible Study Adventure
For Students 1st-5th grades
April 29-May 1
At First Baptist Church, Mt. Vernon
For more info. or to register call (606) 256-2922

Bus Drills Early Dismissal

The Rockcastle County Schools will be conducting bus drills on Friday, March 25, 2005. The Rockcastle County High School and Middle School will dismiss at 2:45 p.m. Buses will proceed to the elementary schools where the drills will be conducted. Please adjust your schedule for this early dismissal. No school March 28 - April 1 for Spring Break.

Somerset Cinema 8
100 Mercury Blvd. • Somerset • 606-451-0014

MAN OF THE HOUSE Rated PG-13 Friday, Monday - Thursday 1:00 3:50 7:05 9:50 Saturday & Sunday 1:00 3:50 7:05 9:50	MISS CONFIANTLY 2 Rated PG-13 Friday, Monday - Thursday 1:00 3:50 7:05 9:50 Saturday & Sunday 1:00 3:50 7:05 9:50	THE RING 2 Rated PG-13 Friday, Monday - Thursday 1:00 1:25 3:55 4:10 6:45 7:10 9:30 9:45 Saturday & Sunday 1:00 1:25 3:55 4:10 6:45 7:10 9:30 9:45
GUESS WHO? Rated PG-13 Friday, Monday - Thursday 1:20 3:45 6:20 8:50 Saturday & Sunday 1:20 3:45 6:20 8:50	THE PACIFIER Rated PG Friday, Monday - Thursday 1:15 4:10 6:45 9:00 Saturday & Sunday 1:15 4:10 6:45 9:00	WINNIE THE POOH Rated PG Friday, Monday - Thursday 1:20 3:55 6:40 9:20 Saturday & Sunday 1:20 3:55 6:40 9:20

Tickets for evening shows: Seniors & Children Under 12 - *5 • Adults - \$6.75
Tickets for matinee (before 6 p.m.) Seniors & Children under 12 & Adults - \$4
As Always - Children 2 and under FREE!

Showtimes for Friday, March 24th through March 31st.

Bible Baptist Church
Kids for Christ Ministry
Will be Hosting their annual
Easter Egg Hunt
Saturday, March 26th, 2005 1:00 PM
Questions? Call 606-256-2582

WEEKLY FISH FRY
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11:30 a.m. to 7:30 p.m.
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Coupon Expires 3/31/05

Community Easter Egg Hunt
Sat., March 26, 12 Noon
Brodhead Fairgrounds
Four Age Categories
Everyone Welcome!!
Northside Praise Band,
Youth Praise Band and Glory Gang
Interpretive Movement will be performing. Message presented by pastor Chad Burdette.
For more information, contact
Northside Baptist Church
256-5577
Happy Easter and God Bless You!

Sheriff's Dept. raids another meth lab

Law enforcement officials led by members of the Rockcastle Sheriff's Department raided a home on Locust Street in Mt. Vernon on Monday night, where they found a working Methamphetamine Lab.

Bryant arrested Danny Hicks, 33, and lodged him in the Rockcastle County Detention Center, where he was being held on a \$50,000 cash bond only on Wednesday.

Police acted on a tip about the odor of the illegal drug coming from the house.

"Lady Rockets"

School was dismissed in Rockcastle County on Wednesday because of the state tournament and, should the Lady Rockets beat Catholic, school will be dismissed Friday for the next game which will be at 1 p.m. EST. Bus drills would then be held on Thursday.

"Jury"

(Cont. from front)

Rodefer, represented by Attorney Jennifer S. Nicholson of London, was charged, along with Johnny E. Pingleton, 27, of Broadhead with manufacturing methamphetamine.

The four-day trial resulted in Mr. Rodefer's acquittal of all charges. Pingleton was found guilty on all charges, including an additional charge of using a person under 18 years of age to attempt to manufacture methamphetamine, possession of pseudoephedrine and attempting to manufacture fifty grams or more of methamphetamine.

Both men were facing a potential sentence of life imprisonment.

"Book"

(Cont. from front)

view into the thoughts, ambitions and concerns of our young people," stated Mullins.

The two music pieces performed during the program and included in

the book were composed by Chris Mullins and Michael Vanwinkle with lyrics by Brandon Cummins and Michael Vanwinkle. Visual artists for the book include Gabe Guilfoif, Jody Howard, Brandon DeBorde, Michael Journeys, and Rebecca Cummins. Writers for the publication include Rebecca Cummins, Kyla French, Genna Cummins, and Scott Cromer. Norma Eversole served as literary consultant and text editor on the project and Rockcastle County High School art instructor Les Scalf served as visual arts consultant.

Each of the students and education partners were recognized during the program and presented with a copy of the eighteen page hardbound book along with a CD copy of the music and readings. Education partners for the project include the Kentucky Music Hall of Fame & Museum and the Rockcastle County Public Library. Funding was provided by the Rockcastle County Schools Basic Arts Program, the Rockcastle County Schools Service Learning Program and the Rockcastle Tech Prep Initiative.

Mt. Vernon Water Work's Water Quality Report Jan 1 through Dec 31 2004 PWSID 1020299



We are very pleased to provide you with this year's Annual Water Quality Report. We want you to keep you informed about the quality of our water and services we have delivered to you this past year. Our goal is and always has been to provide a safe and dependable supply of drinking water. We want you to understand the efforts we make continually to improve the water treatment process and protect our water resources.

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's (EPA) Safe Drinking Water Hotline (800-426-4791).

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or human activity. Contaminants that may be present in source water include microbial contaminants, inorganic contaminants, pesticides and herbicides, organic chemical contaminants, and radioactive contaminants.

Some people may be more vulnerable to contaminants in drinking water than the general population. Immunocompromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers.

Maximum Contaminant Level (MCL) - the highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

Maximum Residual Disinfectant Level (MRDL) - the highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

Below Detection Level (BDL) - laboratory analysis indicates that the contaminant is not present.

Parts per million (ppm) - one part per million corresponds to one minute in two years or a single penny in \$10,000.

Parts per billion (ppb) - one part per billion corresponds to one minute in 2,000 years or a single penny in \$10,000,000,000.

Parts per quadrillion (ppq) - one part per quadrillion corresponds to one minute in 7,000,000,000 years or one penny in \$10,000,000,000,000.

Procedures per liter (pCUL) - a measure of the radioactivity in water.

Milligram per liter (mg/L) - measure of radon absorbed by the body.

Million Fibers per Liter (MFL) - a measure of the presence of asbestos fibers that are longer than 10 micrometers.

Nephelometric Turbidity Unit (NTU) - a measure of the clarity of water. Turbidity is monitored because it is a good indicator of the effectiveness of the filtration system.

Variances & Exemptions (V&E) - State or EPA permission not to meet an MCL or a treatment technique under certain conditions.

Action Level (AL) - the concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system shall follow.

Treatment Technique (TT) - a required process intended to reduce the level of a contaminant in drinking water.

The data presented in this report are from the most recent testing done in accordance with administrative requirements in RCII Chapter 8. As authorized and approved by EPA, the State has reduced monitoring requirements for certain contaminants in public water systems. The information in this report is not representative of your tap water.

Table with columns: Contaminant, MCL, MCLG, Action Level, Units, Treatment, Date of Discontinuation, and Variance/Exemption. Rows include Turbidity, Total Hardness, Total Dissolved Solids, and various metals like Lead, Copper, Cadmium, etc.

This report is being published for informational purposes and will not be mailed to customers unless requested. If you would like a copy of the report contact City Hall 506-258-2819.

Source Water Assessment Summary for Rockcastle County MT VERNON WATER WORKS (PWSID 1020299, WW 0356)

Activities and land uses upstream of Mt. Vernon Water Works' source of water can pose potential risks to your drinking water. Under certain circumstances contaminants could be released that would pose challenges to water treatment, or even get into your drinking water. These activities, and how they are conducted, are of interest to the entire community because they potentially affect your health and the cost of treating your water.

Advertisement for Luke Good's car sales. Features a quote: "I only buy bargains so I can sell bargains". Lists various car models like Mercedes C-240, BMW Z-3, Buick Lesabre, etc. with prices.

Advertisement for Trucks - Vans - SUVs. Lists models like GMC Sierra, Jeep Wrangler, Dodge Ram, Ford Explorer, etc. with prices and features.

Advertisement for Town & Country Motors, Inc. Located on Hwy. 461 Bypass across from RCHS. Mt. Vernon • 606-256-8019. Features images of Dodge Grand Caravan, GMC Yukon Denali, and Ford Ranger.

Mount Vernon Signal

Second Section

Thursday, March 24, 2005

Continuing the winning ways at EKU Paperwork Day

Submitted by Karen Mink
On March the 10th FFA members went to compete in many different areas at the EKU Paperwork Day. One of the areas they competed was proficiency. The following placed superior 1st in their proficiency areas: Donnie Sowder- Agricultural Service Placement, Heather Adams- Dairy Production Entrepreneurship, Daniel Bustle- Dairy Production Placement, Matthew Faulkner- Diversified Crop Production Placement, and Emily Whitaker- Swine Production Entrepreneurship. The following placed superior 2nd, Mark Dyehouse- Beef Production Entrepreneurship, Mark Dyehouse- Diversified Agricultural Production Placement, Matthew Whitaker- Diversified Crop Production Entrepreneurship. Steven Renner placed superior 3rd with his proficiency in Home and Community Development, as well as Karen Mink placed superior 3rd in her area Agricultural Mechanics Repairs and Maintenance.

Each year we turn in our chapter books, which are the Secretary's book, Treasurer's book and the Reporter's book. Mark Dyehouse and Chris Hurst completed the secretary's book, Derek Adams and Hillary Proctor completed the treasurer's book and Karen Mink completed the reporter's scrapbook. Each of these individuals received a superior on their books. This rating is the highest rating possible on these books. Jon Colby Robbins received an excellent rating with his tobacco essay. On behalf of the Rockcastle County FFA Chapter we would like to con-

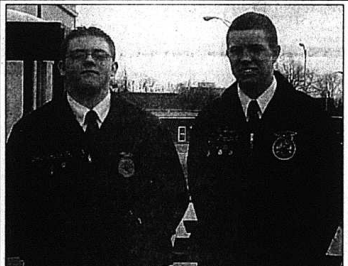
gratulate Mark Dyehouse, he obtained the position of Regional President for the 2005-2006 school year. Matthew Whitaker was selected as 1 of 2 finalists for the Regional Star Farmer. Mark Dyehouse was selected as 1 of 2 finalists for the Regional Star in Ag. Placement.

On the 10th of March, we held our spring FFA Greenhand Ceremony. At the Greenhand Ceremony we had a quiz and creed contest. In these contests the winners of the fall contest competed with the spring contestants. Congratulations to Courtney Bustle she was the winner of the quiz contest as well as the creed contest. She will compete on the regional level for the creed contest on March 17th.

At regional paperwork day we had many students who won in there areas. Good luck in the next level of your competitions.



Mark Dyehouse obtained Regional President for the 2005-2006 school year.



Donnie Sowder and Daniel Bustle served as delegates at EKU Paperwork Day.



Rockcastle County JV Parliamentary Procedure Team at EKU Paperwork day. Back L to R: Andrew Laswell, Zach Stephens, and Cody Wilson. Front L to R: Louis Mink, Courtney Bustle, Dustin Johnson, Brian VanWinkle.



Winners of the recent FFA Invitational held at Spencer County were from left: Derek Adams- 2nd Dairy, Mark Dyehouse- 1st Beef, Daniel Bustle- 1st Sheep, Matthew Whitaker- 3rd Extemporeaneous, Donnie Sowder- 2nd Small Animal.

Spencer County FFA Invitational

Submitted by Karen Mink

On the 5th of March, FFA members traveled to Spencer County to practice their speeches and parliamentary procedure. In the Spencer County Invitational many member participated and won in their areas. One contest that we have dominated at the region for 11 years, we won once again at the invitational. The parliamentary procedure team placed 1st. The team consisted of: President- Matthew Whitaker, Vice-President- Daniel Bustle, Secretary- Mark Dyehouse, Treasurer- Emily Whitaker, Reporter- Hillary Proctor, and Sentinel- Kevin Mason. Members of the team were Courtney Bustle, Lewis Mink, Donnie Sowder, and Derek Adams.

Most of the member who participated in varsity parliamentary procedure was also in a speech contest. Matthew Whitaker placed 3rd in extemporaneous speaking area. Courtney Bustle participated in the creed contest. The following people participated in many areas of impromptu speaking: Goat- Kevin Mason, Floral- Michael Caudill; Green-

house- Hillary Proctor, Dairy- Derek Adams- 2nd; Small Animal- Donnie Sowder- 2nd; Sheep- Daniel Bustle- 1st; Beef- Mark Dyehouse- 1st.

The JV Parliamentary Procedure team also participated at the Spencer County Invitational. The team placed 4th. The team consisted of: President- Lewis Mink, Vice-President- Courtney Bustle, Secretary- Dustin Johnson, Treasurer- Franzeya Childress, Reporter- Andrew Laswell, and Sentinel- Zach Stephens. Members were Cody Wilson, and Brian Van Winkle.



Rockcastle County FFA members attending the FFA Invitational at Spencer County were, from left: Franzeya Childress, Brian Van Winkle, Emily Whitaker, Courtney Bustle, Hillary Proctor, Kevin Mason, Zach Stephens, Dustin Johnson, and Cody Wilson. Back row from left: Andrew Laswell, Derek Adams, Mark Dyehouse, Daniel Bustle, Lewis Mink, Matthew Whitaker, Donnie Sowder, and Michael Caudill.

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For Rent: House at 115 Quarry St. 2 bedrooms. \$300 month/\$300 deposit. Trailer at 10 Locust St. 2 bedroom. \$350 month/\$350 deposit. Absolutely no pets. 256-5770. 21x2
For Rent: 2 bedroom house in Pine Hill. \$300 per mo./\$300 deposit. 256-4058. 21x2p
For Rent: Two bedroom/2 bath brick w/ two car garage, central air/heat. \$500 month/\$500 deposit. No inside pets. 256-8318. 21x2
For Rent: Duplex for rent - Castle Ridge Subdiv. in Mt. Vernon. 2 bedrooms, all appliances furnished. Call 256-8700. 13xntf
For Rent: 2 and 3 bedroom trailers. 256-9889 or 256-4928. 19x2p

For Rent: 3 bedroom house on West Street in Brodhead. \$300 month/\$300 deposit. No pets. 355-0282. 22x1
For Rent: Duplex in Brodhead. All appliances furnished. Call 758-9666. 11xntf

Accepting Applications: For 2 and 3 bedroom units at Valley View Apartments. Rent based on income. Call 256-5912. Equal Housing Opportunity, TDD for hearing impaired only. 1-800-247-2510. 36ftn

Property For Sale

For Sale By Owner: Large commercial building. Formerly used for grocery store and beauty shop. Security system, central heat/air, metal shelving, two half baths, basement for storage. Blacktop parking lot. Good location, corner US 421 and Three Links Road. Greatly reduced! \$38,000. Ph. 606-965-3415. 21x2p

For Sale: 8 acre, m/l, farm with 2004 four bedroom mobile home, huge two story barn, pond, two large outbuildings. Located 1/4 mile from Brodhead city limits. Serious inquiries only. Asking \$85,000. 758-4175. 20x4

Lots For Sale: About 1 mile off I-50 on Freedom School Road. Go to Breezy Hollow Lane and turn right. 5 lots about 3/4 acre each, 1 lot about 1/2 acre - one lot 5 1/2 acres - 1 lot 7 1/2 acres. Priced right. 256-3213. 16x3p

For Sale: Tri-level home with four bedrooms, 1 bath, fireplace, carpet, new roof, new siding, extra large lot on Halcomb East Rd. \$63,500. 606-379-5178. 18xntf

One Acre Plus Corner Lot. Lot with barn and pond. 835 Gabbard Rd. at Sweet Water Rd. \$12,500. May finance. 859-314-3016 or 859-624-1718

2 Acres at Brodhead on Hwy. 3245. Flat, city water, electric. \$11,000. May finance. 859-314-3016 or 859-624-1718

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Residential Lots For Sale

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Brick house for sale in Brodhead on Proffitt St. 3 bedrooms, living room, dining room, kitchen with oak cabinets, some appliances, 4 full baths, large laundry room, garage, central heat & air, one 12x10 metal storage building with electric, one 10x20 metal garage with electric.
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Berea. We have many nice homes listed in Berea. Call one of the above agents for a showing.
HWY. 50 BRODHEAD RD. - 3 acres. Very desirable property for building of a home or could be divided to build home for resale. Very good property for many types of commercial bldg. or storage bldg. City water and electric available. Partially fenced. Call Lloyd Cain 256-2818 or C. VALLEY DR. - Residential lot with 1.87 acres in newer development. Water and electric on the property. Flat available. New doublewide welcome. \$21,900.
114 BRIAN LANE. Brand new single wide home. 2 bedrooms, 1 bath, partially wooded and very private. \$29,900. MLS 16187.
124 TERESA LANE. New single wide home on 3/4 acre lot. 2 bedroom, 1 bath partially wooded and very private. New front porch, deck and appliances. \$34,500. MLS 16186.
DEER VALLEY ESTATES. Scenic 29.857 wooded acre. Utilities available. Restricted. Additional 30 acre tract is available that joins this property. Perfect private setting for a home or cabin. Doublewide under 3 years old may be considered on solid block foundation. MLS16211. \$60,000.
DEER VALLEY ESTATES. 30.108 scenic wooded acreage that is a perfect private setting for a home or weekend retreat. Restricted utilities available. Doublewide manufactured home or under 3 years old may be considered on solid block foundation. \$60,000. MLS 16212.
LAKE LINVILLE RD. 6.973 acres. Beautiful site for home or lake view cabin. View overlooking the lake. Will sell all together or will divide. \$75,000.
139 TERESA LANE (8 LOTS) priced at \$8,900 each. Doublewide or singlewide welcome. Call Janet Bowman at 302-3123 or 986-2645.
PLEASANT VIEW 0.6 acre lot with septic. \$8,500. MLS14497
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339 BREEZY HOLLOW RD. - Nearly new home on 2.3 acres has so much privacy! Features include great rooms with oak fireplace, 246 exterior walls, six four thermopane windows, 3 bedrooms, 2 bath doublewide with wrap around porch partially covered. Plug ins for motor homes. Tantalus landscape \$11,000. MLS18164
89 BREEZY HOLLOW RD. - Nice lot for new home. Doublewide are welcome. Good restrictions in place. Just off I-75 in Mt. Vernon. Several nice home sites. Lot backs up to beautiful wooded area. 3 1/2 acres. \$19,900. MLS18163
FREEDOM SCHOOL ROAD (MT. VERNON) - Nice doublewide mobile home with 8.5 acres of land. Home features 3 bedrooms, 2 bath, living room, dining room and kitchen. The property also has an older home that could be fixed up for a rental home. Priced at \$70,000.

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Library News



Spring is definitely in the air and the calendar says it is here and we at the Rockcastle Library are glad to see it. We had another wonderful program last Tuesday, March 15th. Mr. Allen Pensol and Chris Mullins, Resident Musician at "The Kentucky Music Hall of Fame and Museum" really enjoyed this duo. Mr. Allen read and dramatized the book while Chris played music and did sound effects

with his guitar! Mr. Allen is a seasoned veteran and the Basic Arts Coordinator for the Rockcastle County Schools; he always does such a wonderful job at whatever he determines to do. Chris is a superb young talent; he plays several instruments, and is a wonderful writer as well. We are so proud to have this young man partnering with us at the library! We are truly blessed to have fine young people like Chris in our community. Ms. Darlene Martin, a child development student came to assist with this story hour after the performance. Jessica Allen, Bobbie King, Tabatha Nickle, Brittany Kinser, and Amanda Rice were all on hand to do activities pertaining to the book and serve the snack. We appreciate you all for the help you have given.

Ms. Pam is already out on her Bookmobile route taking books to her faithful patrons. If you would like to be on her Bookmobile schedule, give her a call here at the library 256-2388. National Library Week is coming up in April and we are making plans for that, it is also Young People's Poetry Month. Summer Reading preparations are already in the works, there have already been some responses for donations for Summer Reading, and we hope to make this the best year yet. The 2005 theme is "Dragons, Dreams and Daring Deeds." Ms. Stacy Richards and I have been doing a little brain storming on some of the activities and we hope to have a great program for the children and adults as well. Stacy is very gifted and creative she works well with the older elementary students doing craft projects.

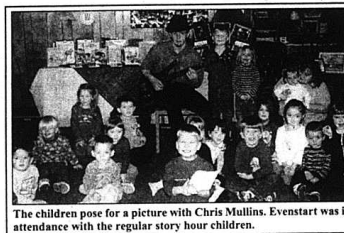
If you haven't become a library card holder why not start today? There is no charge to get a library card and the resources are at your fingertips. Books, magazines, newspapers, movies, computers, internet access, genealogy research, career and student aid forms are all a part of the Rockcastle County Library. Come on in today! Our hours are Monday through Friday 10:00 a.m. until 6:00 p.m. and Saturday 10:00 a.m. until 4:00 p.m. Connect @ your library!



Mr. Allen Pensol presenting "Berlioz the Bear" for the story hour children while Chris Mullins accompanies Mr. Pensol on the bass.



Ms. Darlene Martin's students helping the children during activity and snack time.



The children pose for a picture with Chris Mullins. Evenstart was in attendance with the regular story hour children.

Allowances help teach financial management

Family and Consumer Sciences

Hazel Jackson
Rockcastle County Extension Office

Giving your children an allowance teaches them to be responsible financial managers by learning to wisely save and spend money. Some parents may want children to do some tasks or chores around the house to "earn" the allowance; other parents prefer to simply give an allowance. This is a personal decision.

Set a base amount for each child when you establish the allowance system. Once you establish a specific amount, stick to it. If a child wants more money, create a list of household tasks the child can perform to earn additional money. Give a complete description of the work to be done to avoid confusion about when the task is finished. For each item on this list, set an amount of compensation.

For children up to age eight, have a list of small tasks that little hands can do to earn money. Even very young children can help with household chores. You might want to provide one piggy bank labeled for "saving" and the other designated "spending." Encourage older children to start making buying and saving decisions on their own such as comparison shopping.

Developing a spending plan also is a good idea because they learn to manage money for school supplies, clothes, entertainment and other expenses. If a child doesn't follow the spending plan, don't bail the youngster out. Staying with a spending plan teaches a child to become a responsible money manager.

Your children will form good work habits and job skills by keeping their own records such as the dates jobs are assigned and completed. This recordkeeping also helps them keep track of progress toward reaching a savings goal. Having an allowance keeps children from having to ask you for money.

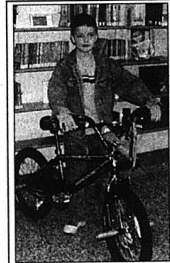
Children should be responsible for some tasks such as helping clear the table or putting their belongings up because they're a member of a family unit, not solely for compensation.

You also can help your children make a contribution to their community by making it a family activity to donate funds or time to a worthy cause.

For more information contact the Rockcastle Cooperative Extension Service at 256-2403.

Educational programs of the Kentucky Cooperative Extension Service serve all people regardless of race, color, age, sex, religion, disability or national origin.

Email the Signal at mvsignal@alltel.net



Bryan King and younger brother Blake King both on bicycles in the "Book For Bikes program"



"Court"

(Cont. from B2)

bench warrant issued for failure to appear.

Sharon C. True: Fines/fees due (\$375.50). Bench warrant issued for failure to appear.

Dennis C. Tanner: Defective equipment, \$25 plus costs.

Glenna F. Hallock: Operating motor vehicle under influence of alcohol/intoxication, \$350 fine, costs and fees/one year operator license suspension; Resisting, 60 days to serve 5; Disorderly conduct, 14 days.

Paul M. McNew: Alcohol intoxication, \$50 plus costs; Use/possession drug paraphernalia, \$100 fine and 30 days/conditionally discharged 24 months; Bail jumping, 30 days/consecutive/conditionally discharged 24 months

03/17/05

Ricky L. Winkler: Speeding, \$40 plus costs.

Not the one

The Ronnie Barnett listed in last week's court news is not the owner of Barnett Cycle Shop in Brodhead.

Fish Fry North Atlantic Cod Lil's Place

Main St • Livingston
Saturday, March 26th
Begins at 2 p.m.
Everyone Welcome

It's Hard to Find A Better View.

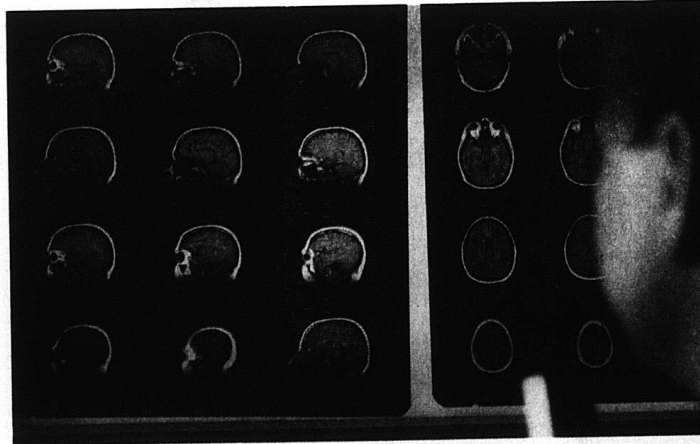
Sharp. Clear. Accurate. That's the view your doctor gets from Rockcastle Hospital's new MRI.

Our new MRI equipment is on par with those offered by major hospitals around the state. So there's no need to spend your time traveling. You have access to the same high tech equipment right here at home.

And, to make it more convenient for you to schedule an appointment, we've expanded our hours of operation.

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Red Glare

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Volume XXI Issue Number 4

The Red Glare is yours monthly,
courtesy of Citizens Bank and the
Mount Vernon Signal

What's Inside This Issue...?



The Vintage Trend page 8



Johnna Abney: From Rehab to Fab page 9



Local Band Finding Success page 10

Ichthus fans can expect unexcused absence

By SCARLET FREDERICK

Last year, when senior Kayla Bryant attended Ichthus, a Christian festival in Wilmore, she received an excused absence for the day missed, as did the several other students who attended.

However, students who attend the annual event, or similar events, won't be so fortunate. Effective this year, an unexcused absence will be given to students who attend the festival, scheduled Thursday, April 21 through Saturday, April 23.

The decision, announced during a student council meeting last semester, was made following much deliberation between Principal John Hale and Mrs. Rose Brown, Director of Student Services for Rockcastle County schools.

Despite the policy change, many students are still planning to attend.

"I had a blast the first year," said one senior. "There were great bands, and I want to go this year."

When told of the change in procedure, many students didn't understand the reason for the decision.

See "ICTHUS" on page 11

Lady Rockets head to Diddle Arena



The Lady Rockets earned their second straight 13th Region Championship title Monday night when they defeated Clay County 57-43 at Cawood High School. Next, the girls travel to Bowling Green where they will play Lexington Catholic in the first round of the Sweet Sixteen. Tip off is Wednesday at 12:00 Central, 1:00 p.m. Eastern. School will be dismissed Wednesday. Directions to Western Kentucky University's Diddle Arena are on page 9.

RCHS cracks down on attendance

By KYLA FRENCH

School hallways are typically empty at 2:00 p.m., but some students received an extra five minutes of break recently as part of an effort to improve attendance at the high school.

"RCHS has the lowest attendance of any county school," says Principal John Hale. "All school funding is based on average daily attendance-not enrollment. We only receive money for those who are here."

Attendance is a major source of income and "directly affects students and their education," he said.

"[For each student in attendance] we receive \$30 per day. This money funds the operation of our

school," explained Mr. Hale.

However, money is not the only reason for students to be in school.

"Most importantly, achievement is directly related to attendance," says Mr. Hale. "Those who are frequently absent don't perform as well."

Mrs. Becky Saylor, who works with attendance, agrees.

"Kids need to realize that busi-

nesses call and check attendance from high school," says Mrs. Saylor. "Your high school attendance plays an important role in your life after school and in getting a job."

To thwart the attendance problem, Mr. Hale has added an extra five minutes to break at the end of each month for those who have had perfect attendance.

"I believe in the candy and stick

approach: Reward those doing well and penalize those not in compliance."

Those not in compliance with the attendance policy may be punished in a variety of ways. Driving privileges have been revoked, along with admissions to prom and other extra-curricular activities.

Mr. Hale hopes future attendance rates improve along with students.

"[Some students] are not mature enough to plan ahead and do what is necessary to reach goals," he says. "The toughest penalty is the one they impose on themselves with a lifetime of poverty in most cases due to a lack of education."

"The toughest penalty is the one they impose on themselves..."

FYI

Dates You Need to Know

March

18- Prom Review

Week of 16-19 KHSAA Boy's Sweet Sixteen, Rupp Arena

23- SBDM Council Meeting

Week of 23-26 KHSAA Girl's Sweet Sixteen, Diddle Arena

Week of 20-22 Senior KUNA Assembly

Week of 28-1 Spring Break

April

5- Softball and Baseball Home Opener vs. Madison Southern

9- JROTC Military Ball

14- 4H Fashion Review

14- Assembly 4th block

16- PROM

18-State Deadline for Portfolios

28- FFA Banquet/Awards

Week of 18-29- CATS Window

SCORE

HOME	VISITORS
64	32



Rocket fans leave school spirit at the door

By HAROLD BURDETTE

I sat in the stands at a recent basketball game, watching the ball pass from Rocket to Rocket, back and forth across the court. Finally, the ball went up and ... SWOOSH! --through the net, good for 3 points. I jumped to my feet, cheering on our guys and clapping for their job well-done, but remarkably all I heard was my own hooting and stomping! This sent me into a state of realization: I was alone in this excitement! Where was our Rocket Spirit?!

I can't say that Rocket fans left their enthusiasm at the door at that particular ball game, because if that were so then it'd be safe to say to say it was purely from habit, meaning we are rarely spirited in the least, even at home games.

Even the games that are more intense than others, where both teams are neck and neck from beginning to

end, Rocket fans don't begin to clap or cheer until after half-time.

During the district tournament, it made me sick to ride a bus all the way to Jackson Co. where we played Clay Co. again, and we, the supporters, couldn't so much as clap our hands when someone scored! Lately, it seems we've played the most spirited schools around. Clay County's fans hardly ever sat down the entire game. Cawood's student body had painted faces, and even some guy with a sword and called "Trojan Man"!

I'm not saying we should follow such traditions, but couldn't we show some form of appreciation once in a while?

When I finally sat back down, I looked at the Rocket fan sitting closest to the band section, just a few feet from me. She was middle-aged, and held a

purse in her fingers and wore a "Rocket's Road to Rupp" T-shirt.

I studied her. Every time the Rocket's scored, she remained calm and in her seat. That purse dangled from the grip of her fingers the entire game. When it ended, she dropped her purse, put on her jacket, picked up the purse and left. What a shame. She paid \$4 for a seat at Districts, and at no time in the game was she entertained.

That lady was one of many. What can we do to eliminate such uninvolvement at games? Why don't we scream with the cheerleaders? Couldn't we ALL stand up and clap when that handsome trumpeter starts our school song?

Ladies and gents, it isn't at all difficult to be proud of where we're from, so why doesn't anybody try?

The Red Glare

Editor: ...
 Graphic Artist: ...
 Staff Writers: ...
 ...
 ...
 ...

Lady Rockets are going to the Sweet Sixteen!

Pep rallies only for those who want to go

Spring is upon us

Less than two months until graduation



Corbin defeated the Rockets for the regional championship.

Lack of attendance due to low school spirit

We can't tell because it's snowing in mid-March!

We haven't made it yet.



What are your plans for spring break?



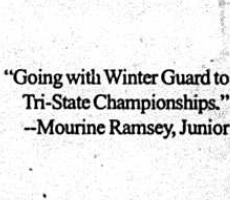
"Shopping for shoes and purses every single day."
—Sarah Bullock, Junior



"Perfecting my cowbell skills."
—Michael Vanwinkle, Sophomore



"I'm riding in the back of a U-Haul to Tennessee because I'm moving."
—Jon Marietta, Freshmen



"Going with Winter Guard to Tri-State Championships."
—Mourine Ramsey, Junior

Signs could stop parking lot fender benders

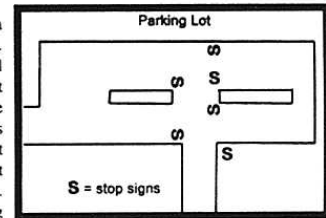
By ZAC PENSOL

Who wants to be in a car wreck in front of all their peers? I'll bet no one raised their hand. Yet, every year, several students are involved in minor traffic accidents in the school parking lot. Sure, they're labeled 'accidents' for a reason, however, they aren't necessarily unpreventable. Last year, an opinion piece in this paper suggested slanted parking places be for the student lot. This idea never got off the ground and probably never will, just for the sake of space conservation, but how about trying some other solutions?

I recently suggested to the student council the idea of stop signs which would be placed in the intersection areas of the parking lot.

You see, I have a recurring problem. When I come in to school through the front entrance, there have been numerous times when I have almost hit someone or been hit, just due to a lack of vision. Coming in the parking lot, even though you're stopped at the stop sign, parked cars still obstruct one's view of people coming towards them. Sometimes a driver will pull out as a car is heading towards them and one or both people have to slam on their brakes to avoid a collision.

Who is really to blame for this? I don't think it's the students' faults. By the guard booth, people will generally go the speed limit, so



it's not a matter of speeding or poor observation skills--it's simply just a lack of vision.

I suggest this risk of an accident could be decreased by placing stop signs around the area so that the intersection would be a four-way stop. The intersection past it could be made into a three-way stop, thus reducing the risk of an accident to start off someone's day.

Live life to the fullest

It's the only one you have



By ANONYMOUS ME

Carpe Diem: Latin for seize the day. So, what does it matter that I just quoted an interesting phrase from a long dead language? It matters because humanity has lost sight of what it means to be alive.

Everyone is guilty of holding back, not doing everything they could do, not running that extra risk, just because it's the safe thing to do.

Well, let me just inform you of one little interesting fact: **Life Is Dangerous!** Every time you step out of your front door, you come under thousands of risks. Anything could happen to you. A car could hit you. You could be struck by lightning. Heck, you could be trampled by a herd of wild bison for all you know. But the point is that we could go at any second.

Seeing how as everyone that I know, and most likely everyone

that you know, is mortal so why shouldn't we all live every second of our day as if it were our last? We were given life as a gift and now it is our duty and our privilege to live it to its fullest every moment of our waking day.

Now I ask you why do we hold back, why do we flinch, why do we

We have to learn to embrace situations that turn our world upside down and make us see things from a new perspective

wait for "just the right moment?" There is no "right moment", there is only right now. The past is dead and gone, and the future is a picture constructed of what-ifs and hopeful planning. We have to live in the now. We need to embrace a life of welcoming surprises instead of cursing their company. We have to learn to embrace situations that turn our world upside down and

make us see things from a new perspective. Everything happens for a reason and man is usually ignorant to the overall picture.

Just let me note that the instances that I am speaking of aren't situations in which you put your homework off until later or you say that you'll make your bed in a little while and you actually don't. No, those situations deal more with personal discipline rather than Carpe Diem. I'm speaking of the situations that are a gift to us as mortals, situations that when encountered on our walk towards our coming end make us wake up and take notice of how beautiful the world we inhabit actually is--moments that make the blood rush through our veins, moments that ignite our souls, moments that cause us to look at ourselves and those around us and be truly grateful for what we have.

Life really is a beautiful gift and we should all appreciate every second of it. We just don't know when our number will come up. Live every moment like it is your last, don't look back, and hang on for the ride of your life, literally.

Letters to the Editor are welcome. They should be submitted to Ms. Norton in Room 116.



photo by Kayla Stewart

Senior Aaron Cash, a front runner for the Mr. Basketball title, has been a starter since 8th grade.

Cash in running for state's top honor

By KAYLA STEWART

University of Tennessee's Chris Lofton, University of Kentucky's Brandon Stockton, and former U.K. hot shot Richie Farmer all have one thing in common. They've all been named Kentucky's Mr. Basketball.

Now, Rockets point guard Aaron Cash is the first player out of Rockcastle to have the same golden opportunity.

"Aaron has a pretty good chance," remarked his dad and coach Clayton Cash. "There's no dominant player that's taking all the

votes."

The Cashes became aware of their son's possible candidacy toward the end of his junior year. Being one of the three juniors on the All-State Team boosted his chances for the win.

Other definite plusses for Aaron's chances include being the school's all time leader in points, assists, and steals. He has over 2,800 career points, while being a five year starter for the Rockets. He also had a part in taking his team to

the Sweet Sixteen tournament twice. He was also ranked the state's No. 4 player in *The Courier Journal's* pre season poll of coaches, and has played in several well-known tournaments in other states.

Another quality that attracts coaches and scouts to Aaron is his ability to be a team player.

"I'm more worried about winning, and not about how many

see "Cash" on page 11

Magazine to feature student work

By HAROLD BURDETTE

RCHS students' "best writing and art-work" will be featured in a magazine published by the Creative Writing Club, according to advisor Jennifer Mattingly.

Titled *Point of You*, the magazine will feature original poems, personal pieces, short stories, narratives, or any other "portfolio-worthy" writing, said Mrs. Mattingly.

Artwork will also be featured in the magazine. This may include drawings, paintings, and possibly computer generated pictures and photos of sculptures, she added.

Creative Writing tried to construct a magazine last year, but various problems stopped the publication.

"We simply didn't have enough submissions to do it," says club president Beth Coleman, a senior.

Coleman added that having as much participation as possible will make for a more enjoyable magazine.

See "MAGAZINE" on page 11

Junior wins school chess tournament

By CODY MOORE

It doesn't take an old man to be good at chess, a game over a thousand years old.

Sixteen year old junior Michael Campbell proved this by defeating Justin Miller, also a junior, January 16 in the annual chess club tournament. However, he will receive more than just a title. He will be awarded a chess CD-ROM, and "other fabulous chess prizes" at the next club meeting, stated Mr. Joe Cope, club sponsor.

The tournament was a success said Mr. Cope, with ten participants out of the expected fifteen. Open only to club members, the tournament lasted just one day.

There is the possibility for another chess tournament this year. Mr. Cope is seeking to expand to the entire chess community rather than just club members.

However, "we want real players," he added.

Finances, scheduling reasons for cancellation of winter ball

By SHANA HOPKINS

Financial reasons and scheduling conflicts forced Key Club to cancel a winter ball, according to club sponsor Mrs. Wendy King. The formal dance would have been in mid-February.

Key Club officers drafted a six page formal proposal for the event, according to President Kayla Bryant.

"We wanted to have the ball because it would have been something fun and different for everyone," she said.

The ball would have been similar to prom with lavish decorations and the crowning of royalty for Key Club members, according to club officer Justin Albright.

Next year pre-ticket sales will determine if there is a winter ball.

Albright was disappointed with the decision to cancel the ball. "I was really looking forward to it," he said. "I thought it would have been fun--something for everyone."

Spring is just around the corner!

*Start the season with a flirty,
playful new style from the stylists at*



**A Cut
Above**

*We still have appointments
available for prom*

Call Terri, Sherry, and Dicie today
for an appointment
256-5317 Tuesday-Saturday

**There will be no school
on March 23 due to the
Lady Rockets basketball
game!**

COMPUTERS: continued from page 7

As far as specs go, desktops get the upperhand in almost every category, especially in speed and capacity. When looking at a new computer, the main component that a consumer would most likely be to look at first would be the storage capacity of the hard drive. Most desktops come with a standard of at least 80 gigabytes of storage. This amount of storage should be more than enough space for the common PC user. One shouldn't bother selling themselves short of buying anything less. Having all

this room is a nice convenience because you will likely never have to worry about filling it all up with the common utilities we use today, such as Microsoft Office and all the new multimedia tools people prefer.

The processor is another key piece of hardware every new computer buyer should be aware of when purchasing their new computer. The processor is the most critical part of the computer, controlling the speed of which the devices and software can process their information. The faster the

processor the better. With today's technology and the resources required to run our critical computer programs, it would be silly to buy a computer with anything less than a 2.0 gigahertz processor. Anything less is most likely to be outdated and might have a problem with newer computer applications and high speed multimedia.

Technology specialist Ed Peterson says buying a computer is a lot like buying a car, so it's best to take your time and compare before plunking down a lot of cash.

Plans underway for Project Graduation

By BILL BURDETT

It's not every day that a few dozen people get together to plan an enormous party for 180 seniors. This party comes only once a year, and it's called Project Graduation.

In recent years, project graduation committee members have raised as much as \$70,000 to host the year-end event. This year's goal is \$40,000, according to committee chairperson Connie Graham.

"We hope it is as good or better than any one we've ever had," said Graham, whose son Ryan is a senior. "We are looking into new

games," she said. "and we're looking into the possibility of a mechanical bull."

Parent sponsors have already been working diligently, planning fund raisers and collecting donations from local businesses.

This year's big ticket raffle item will be an A.T.V. The committee hopes to raise about \$10,000 from the A.T.V. raffle and will need a minimum of about \$5,000, according to Graham.

Some of the other fund raisers include car washes, Avon sales, a golf tournament and bake sales.

Prom theme decided, not yet being released

By MARIA HENSLEY

Yes, it's that time of year. Girls are buying their dresses, and guys are renting their tuxedos. The date for Prom 2005 is set for April 16, but this year's theme is not being released...yet.

Ms. Dana Singleton, the RCHS prom coordinator, wants to keep Prom 2005's theme a secret for now. All that can be disclosed is that it is going to be a "starry night" to remember.

Prom goers can be told the colors: Silver and blue will be the colors adorning the rafters and gym.

Prom goers can
expect a
"starry night."

When the theme is released, prom committee members don't expect any problems.

"I think it's pretty good. I think that [the students] will like it," said junior Zach Hale. "I don't think that there will be any controversy."

Last year's Mardi Gras theme prompted student petitions from the student body to change the theme.

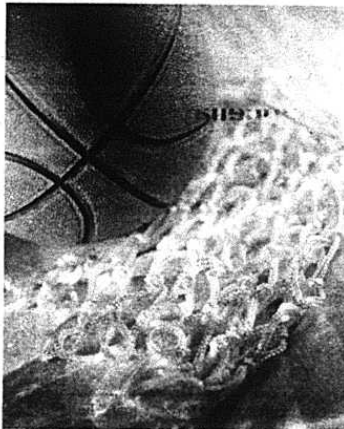
"I think it's fine," stated Ms. Singleton. "I don't foresee anything, but of course I didn't last year either!"

Students can expect the same ticket prices as last year. Singles will pay \$25 a ticket and couples will pay \$40 for two.

RCHS underclassmen and middle school age students are not permitted to attend prom.

Seniors!

Cap and Gown money is
due Tuesday, March 22!
Be sure to have your or-
der ready!



Way to go,
Lady Rockets!
Good luck at Diddle!
Congratulations,
Rockets, on a great
season!

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Real People. Real Progress.



Beverly Owens' first grade students at Roundstone Elementary gather their pennies to aid in the tsunami relief effort.

Elementary students raise funds for tsunami relief

By KYLA FRENCH

After the deadly tsunami which struck southeast Asia December 26, there was an outpouring of financial and material assistance from all over the world.

On Valentine's Day, a group of Rockcastle County elementary students joined the fundraising effort.

Students from Roundstone Elementary School, led by first grade teacher Beverly Owens, conducted a penny drive throughout January and February specifically for tsunami victims.

"I suggested the idea because I thought it was important for stu-

dents at Roundstone to understand what a tragic event had happened and that we should all do what we can to help," said Owens.

All classes, preschool through fifth grade, helped raise money for the victims, and were even able to relate their efforts to classroom lessons.

"My class is currently learning how to count money," said Owens. "We don't have to use 'play money' to help us with that skill."

Roundstone students also seem to be getting enjoyment from the project outside of the classroom.

"They were very excited and the

donations were coming in everyday," said Owens.

By February 2, the school had already raised \$300, a number which has now grown to \$1347.61.

The money was donated to the Save the Children Foundation on February 14, a day which Owens sees appropriate.

"We wanted to donate the money on Valentine's Day because that is a day when we show love and kindness towards others," said Owens.

Currently, over \$4 billion from 24 countries has been donated to the tsunami relief effort.

Traveling Theatre presents musical

By MELINDA LINDSEY

RCHS's musical theatre presented the comedy, *Alas! Alack! Zorro's Back!* February 24 for the student body.

Mr. Allen Pensol, the play's director, described the play as a "western melodrama" set in a suppressed southwestern town at the turn of the 20th century. In the story, the villain steals property from innocent citizens. A familiar masked stranger arrives and rids the town of the trouble.

"Mr. Pensol is a great director, and the story is fun," said Zac Pensol before the performance.

"The entire cast was extremely committed to the production of the play," said Mr. Pensol. The commitment given by high school students is "admirable," he added.

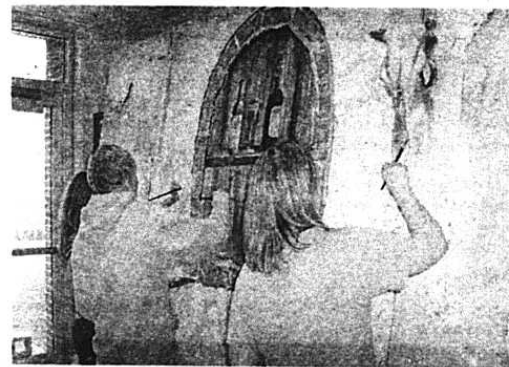
Producing a play takes more than just the actors on stage, says

Mr. Pensol.

Mr. Les Scalf's art students, chorus teacher Mrs. Letha Hembree (the play's musical director) and her assistant, RCHS junior Samantha Anglin, all helped put the play together. Senior Genna Cummins, the booth technician, and several adult volunteers who helped with the costume designs also lent assistance. All the work was voluntary and after school.

"No one gets a grade," said Mr. Pensol. "You are either a part of the play or you're not. You can't 'kind of' be in the play."

Mr. Pensol selects the plays based on what students read in class. This helps them understand the meaning of the literature. Kentucky Core Content for Assessment also plays a role in play selections.



Students from Mr. Scalf's art class prepared the scenery for last month's production of *Zorro*.

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Congratulations, Lady Rockets!! Good luck at Diddie!

Bobby Cummins appreciates your business

Shopping for a computer? Consider purpose, speed

By JACKSON BRAY

Before every student packs up for college, there can be any number of things he or she will need to purchase in order to have a successful collegiate career. Most of these necessities are big ticket items, requiring more money than they can often afford to spend, and computers are often the most wanted and expensive item that people buy.

Laptop or Desktop?

The question on most students' mind is not whether or not to get a computer, what brand, or what it looks like. What tends to be the most common question asked by the consumer is "Laptop or Desktop?"

If you are the average consumer, right now you are thinking "laptop, because it's portable and I need it for notes."

This is one outstanding advantage of the laptop; however it does come with a price. Because of the laptop's portability, the new laptop user sacrifices speed, dependability, and has a smaller variety of possible upgrades.

Also because of their unique parts (usually parts for a laptop are

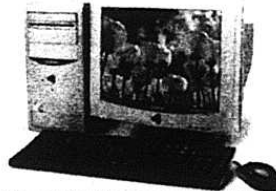


Sony's VAIO 538 Notebook is available for \$1400 from Best Buy.

only made for that specific brand and model of the laptop, such as the screen and battery) and inability to be easily repaired, maintenance costs to work on a laptop supersedes, by large proportions, the cost that it would take to repair a desktop. For example, the LCD monitors on most laptops are not interchangeable with LCD monitors on other laptops. This is because each manufacturer puts out their own version of these items designed for their own models.

"I loved it when I could use it," said Genna Cummins, senior, who unfortunately is a victim of a broken laptop. Even though her laptop broke down, she still preferred it over her new desktop system. "It was mobile and I could be anywhere and still use it."

Just like the laptop systems, desktop computer also have their



Gateway's 7310S comes loaded with a 2.8 gigahertz processor for \$750. Additions like 3 year service plans and Microsoft Word bring the total to just over \$1000.

faults. Besides not being portable, they also have to maintain a certain power supply to operate,

which can be a hassle if you want to work on a project or listen to music in the car on the way to work.

see "BUYING A COMPUTER" on page 11

How to get a Dot-Com in 5 simple steps

By ZAC PENSOLO

Today, it seems just about everyone is connected to the world wide web and downloading their lives for the world to see, many of them through websites. Be it a fancy Dot-Com or a free site like on Geocities or Tripod, people are hopping on the internet bandwagon - myself included.

Last March I bought the web-space for ZacPensol.com to use as both an online portfolio for my artwork and just a place for me to have a creative outlet.

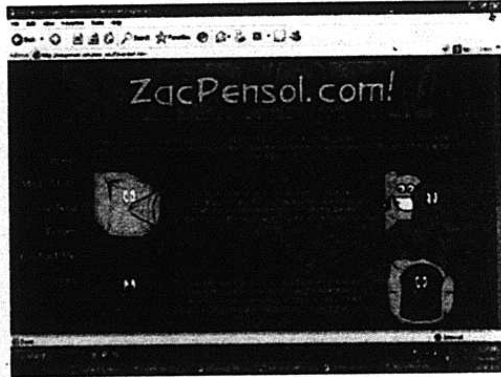
But how did I go about obtaining a Dot-Com? It's not as hard as you may think. So, if you're interested in getting yourself a nice website, here's a little how-to list to get you going.

1. First, you want to plan the website out. What purpose will your website serve? It is going to serve as a personal website just to

tell people about you? Is it going to be for a business you're hoping to run? Perhaps it's going to be for something you enjoy, like a movie or book?

Once you've decided on the site's purpose, you need to consider what it's going to look like. Is it going to have lots of images, or is going to contain more text than anything?

Answering these questions is essential to your website's future, because otherwise you may find yourself wandering aimlessly. I



mean, you wouldn't want to buy www.JohnDoe.com if you later decided to turn the website into a fan-station for Pee-Wee Herman.

This brings me to naming your website. If your webpage is going

to be a personal site, you probably want your name in it, which may or may not already be taken, depending on how common of a name you have. It's best to keep the name short and simple, something that people can remember easily.

However, if your desired domain name is taken with a ".com" following it, there is the possibility of ".net", ".tv" or several others, or maybe even you could put a hyphen in the name.

Now once you have all these things decided on your site's purpose, look, and name, you're almost ready to start building.

2. The next step is determining how you're going to create your website.

These days, a lot of teenagers are learning HTML, the basic coding language for websites. There are computer programs that are HTML assistants, like Microsoft Front Page or Macromedia Dreamweaver. However, even with these programs, you need to have a basic understanding of HTML. If you're unfamiliar with it, I highly suggest learning it, otherwise you'll have to pay someone to design the website for you, and if you're like me you don't have a lot of money

See "DOT-COM" on page 11

Derby City



Restaurant

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Vintage makes a comeback

By MARIA HENSLEY

You've probably heard the old saying, "What comes around goes around," right? You could use this phrase in many instances... even fashion. That's right boys and girls! What's old is new again!

Just think about it. Have you suddenly found yourself scavenging through the racks at Goodwill or pilfering through your parents' boxes of old clothes up in the attic marked 'Good Times'?

Granted, you may not be going that far, but have you ever shopped at Hollister, American Eagle, or Abercrombie & Fitch? Ah ha, caught you! You, my friend, are one of the many new-found vintage addicts, whether you go all-original or cheat and go for the reproductions.

The vintage "look" has been popular for years now, but why are people choosing to go with this sudden fashion trend? For some it's all about being unique.

"I don't like conforming and wearing what everyone else does," said RCHS senior Corey Powell, who treasures his vintage collection of assorted tees, including his 'Vampire Hunter' shirt.

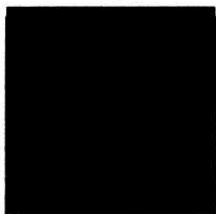
So how does one shop vintage?

"Always look for the most outlandish rare items. The rarer the better," recommends Corey.

Junior Martin Abney, who owns a slew of 'vintage' tees and frequently shops at Goodwill

stores follows this advice: "Go for the funny."

A few years ago many people wouldn't be caught dead in a piece of clothing from Goodwill, but you'd be surprised at what you may find. For instance, Martin has various shirts that are all-originals



Martin Abney models his vintage t-shirt.

to RCHS, including his 'Cumberland Judo' shirt.

"[If you want to shop/dress vintage] just clean out the attic," says Renee Taylor, junior.

Tee shirts aren't the only hot items that vintage shoppers look for. If you take a quick look around the school you may notice a wardrobe of vintage clothes on various students. Leg warmers, Chuck Taylor All-Stars, track jackets, and clutch purses are all the rage.

"Vintage shopping is American," says RCHS senior and vintage dresser Jackson Bray, who frequents such stores as Goodwill

and American Eagle. "Every piece of clothing has a story."

Jackson's style is a mix of old-school meets new-school, combining new name-brand labels and Goodwill specialties.

If you want to go all-original you have three main options. Either get clothes from the source, such as a family member or yard sale, get them from a thrift or consignment shop, like Goodwill or Stoneworth's, or get them from a specialty store/website that specializes in only vintage clothing, (i.e. www.Rustyzipper.com).

Unfortunately, the fact is that most vintage clothing that we get our hands on is either aging considerably due to the daily wears and tears of life. So how do look vintage when it's hard to find vintage? Find reproductions! No matter what shape or size you are clothing brands like Hollister, American Eagle, Pacsun, and Diesel are making vintage-like clothing.

There is one downside to shopping new-school vintage: You'll pay A LOT more. A vintage t-shirt at Goodwill may only cost \$3; a similar new shirt at Hollister may run you at least \$30.

No matter how much you want to spend, there is a brand for every spending bracket! Affordable

See "VINTAGE" on page 11

Closing of Berea coffee shop typical today

Sometimes you want to go where everybody knows your name

By BILL BURDETT

Coffee Conspiracy--a small store on Main Street, Berea. It had all the classic signs of a small time coffee shop: a street sign, a striped awning, hard wood floors, pressed tin ceiling and friendly staff. With its creaky back door, slight bows in the floor, and painted duct tape on the ceiling, the building may have not have been in the most pristine condition, but it was these slight imperfections that gave it a sense of modesty and friendliness which was added to by the warmly painted interior and dozens of large burlap coffee sacks hanging all along the walls.

Even though the Coffee Conspiracy was located in Berea it drew in many customers from Rockcastle County.

"I just started going there in October and I kept going because I was in love with the polar chi," says Josh Blair, one of the many Rockcastle residents who was familiar with the Coffee Conspiracy.

"My gran lives close to Coffee Conspiracy, so I got interested when I first passed it and saw it was in the process of being fixed up....but I never actually proceeded into the Conspiracy until I went with Kenzi [Marrie] months after it was opened."

The Coffee Conspiracy was a hub of activity on Wednesday's open microphone night. The small building was packed with young amateur performers and people who just came to enjoy the music and company.

"I went there almost every Wednesday night for the open mike night," said Mackenzie Marrie.

"Some of my friends were able to show off their musical talent."

Saturdays were a night for professional musicians ranging from a one-handed guitarist to a bluegrass string band to entertain customers. There was also a large projection screen that dropped from the ceiling that served the purpose of showing independent movies and film festivals.

Coffee was not the only thing sold at the coffee shop; it also served its purpose as a miniature art gallery for local artists. The walls were covered with unique paintings, sculptures, and prints. From time to time the television could be found turned to such pivotal moments as the presidential debates, coverage of hurricanes in Florida, and even the World Series.

Coffee Conspiracy was indeed a very special place to those who came in day after day, week after week throughout the Coffee Conspiracy's short life of nearly two years. One can only imagine how those patrons felt when about a month ago the doors of the little coffee shop were found locked with no apparent explanation except a small sign written on a napkin reading "sorry CLOSED."

Even today few know the real reason for the closure of the Coffee Conspiracy, whether it was a money issue, personal problems, or one of many other rumors being discussed by those who still drive by the coffee shop and feel the urge

See "CONSPIRACY" on page 11

WHAT'S HOT & WHAT'S NOT FOR SPRING!

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Rehab to fab:

Lady Rocket guard ready for second chance

By KAYLA STEWART

We all saw her hobble through the halls at school. She was wearing a huge bulky knee-brace, but always carried a smile with it. Johnna Abney can now be seen on the basketball court, dominating the stats.

Playing against Jackson County last year at the Regional Championship, Abney tore her ACL (anterior cruciate ligament), and her meniscus. Running from the thigh bone to the shin, the ACL is a major stabilizing ligament that keeps the knee from buckling and usually takes nine months to heal.

The meniscus is the central cartilage in the knee. It has three major jobs: stability, lubrication,

and nutrition, and shock absorption.

The description of her injury is technical, but the result was simple: It left her unable to play for her team in the Sweet Sixteen.

"You never know when your last game is going to be," Abney says. "My injury made me appreciate the game even more."

With her painful injuries, came long hours of physical therapy. Abney's drive for the game made her work even harder. She endured 4 1/2 months of therapy, going 3 days a week for 2 hours. Her therapy totally consisted of regaining her strength in her knee. However, all that work paid off.

"My knee has fully recovered. It still gets a little stiff after games, practices, and weightlifting," Abney said.

With one chance for a state title already lost, and only one more chance left, Abney is excited about her teams chance of going back to Diddle Arena. She is also excited about her chance to prove to herself that her physical challenges haven't stopped her from getting something she's always wanted-- a state championship.

Through this experience Abney has learned a lesson: "Don't let life's challenges keep you from doing the things you want the most."



photo by Kayla Stewart

RCHS's all-time female leading scorer, senior Johnna Abney was honored at a recent pep rally. Abney has scored over 2,000 points, and broke the record during the district tournament. Above, Lady Rocket head coach Chrysti Noble presents Abney with the 49th District Championship ball.

**Remember,
no school Wednesday!**
**Lady Rockets prepare to
unseat Knights**

By KAYLA STEWART

With a clean sweep of district and region, the RCHS Lady Rockets are ready for state. They'll meet the Lexington Catholic Lady Knights Wednesday, 1:00 p.m. Eastern at Diddle Arena.

The Lady Rockets' 27-4 record has critics saying they could go to the finals, but they have to get through the Lady Knights, who have been ranked as the state's top female team, first. They're presently 31-1, and beat the Lady Rockets by only eight points at their last meeting in February.

According to Assistant Coach Barry Noble, the Lady Rockets will have to overcome the thought of

the Lady Knights' number 1 ranking.

They average 50.8 points a game, only allowing 39 points on defense. They also rebound at 68.9%. Lexington Catholic's last state title was in 2001, when they defeated Manual by two points. However, for the last two years, the Lady Knights have been state runners-up.

If the Lady Rockets become the first in-state team to defeat Lex Cath this year, their road to the finals still won't be easy, says Coach Noble.

The second round would mean a match-up against number three Scott County or number six Henderson County.

Clip & Save Directions to Diddle Arena

From Somerset:

- Take the Louie B. Nunn Cumberland Parkway
- Merge onto I-65 South via Exit 1B on the Left toward Bowling Green
- Merge onto KY-446 West via Exit 28 toward US-31 W/Bowling Green
- Take the US-31 South ramp toward Bowling Green
- Merge onto KY-80 West/US-68 West
- Turn left onto E. 13th Avenue
- Turn Right onto Center St.
- Diddle Arena is located at 1 Big Red Way St.

The estimated traveling time to Bowling Green is 2 1/2 hours. Game time is at noon Central time; 1:00 p.m. Eastern.

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Sophomore Joey Miller says THUMBS UP to *White Chicks*



Junior Mikey Denny says THUMBS UP to *Christmas With The Cranks!*



Mrs. Howard says THUMBS DOWN to *Boogie Mart*



Senior Vanessa Adams says THUMBS UP to *Christmas With The Cranks!*



Senior Mary Brinson says THUMBS UP to *Hitch*

Second in Clive Barker series equals first

By SCARLET FREDERICK

In *Abarat: Days of Magic, Nights of War*, the second installment in the Abarat series by Clive Barker, our heroine Candy Quackenbush is the embodiment of an average teen: headstrong and determined, she pursues her quest until she reaches her goal. Unlike the average teen, however, she is pursued by a man who strives to take over and destroy the Abarat.

In her journey across this magical and mysterious land, young Candy befriends a strange creature named Malingo, who encounters her on the first half of her journey, but they become separated and Candy must find her

way on her own. Candy also finds herself face-to-face with evil personified: Christopher Carrion, the Lord of Midnight.

From her initial entrance into the marketplace on Tazmagor to the thrilling climax, this book will captivate the reader, pulling them into the magical and highly mysterious world of the Abarat, with its rolling seas and islands which represent each hour of the day.

The adventurous suspense never ends as Candy, pursued by



the Lord of Midnight, endeavors to destroy him in all of his evilness and hatred. Every page produces gasps of surprise quite like the first Abarat installment.

While being quite unlike the first, the second Abarat novel is still a masterpiece of its own.



Senior Kyle Owens says THUMBS UP to *Saw!*



Sophomore Hollie Barnett says THUMBS UP to *The Notebook*



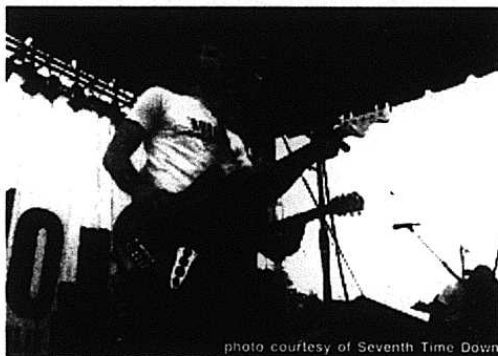
Freshman Darrin McKinney says THUMBS UP to *Polar Express*



Junior Tressie Robinson says THUMBS DOWN to *Boogie Mart*



Freshman Sally Mize says THUMBS UP to *Hitch*



Seventh Time Down performs at ShoutFest 2004.

Anticipating release of first single, Local band finds success

By HAROLD BURDETTE

Everyone has dreams; some are glamorous, like being on the cover of *Spin* magazine, or being envied on MTV. But how realistic are these dreams? Most people would consider such ideas impossible and unlikely, and give up on them quite quickly. However, this isn't the case for four Rockcastle Co. natives who have just been signed to Shelter Records in Nashville, TN. For 7th Time Down, a Christian/Rock/Pop band from right here in Mt. Vernon, the dream has only just begun.

"You always hope you get signed and that you'll be successful," said band member Austin Miller, "but I don't guess that you really expect it to happen, especially coming out of Rockcastle County, which is so small compared to the rest of the world."

The band's success began exactly six months ago on what

many may consider an unlucky day. For band members Mike Howard, Cliff Williams, Eric Vanzant, and Miller, September 11 was just the opposite.

Seventh Time Down won the SHOUTfest Competition in Somerset, KY on Sept. 11, 2004, granting them the shot at a recording contract, booking agreement, and the opportunity for a slot on the SHOUTfest 2005 tour. More than 75 participants from 12 cities showed up to compete for this most prestigious award, but only one band won: 7th Time Down.

Two weeks after signing a booking agreement with Starlight Entertainment, the band found out they had won the national competition.

Next was the opportunity to play for Nashville's Shelter Records' executives, including Gary Chapman, owner of Shelter

Records. Luckily, they liked what they heard from 7TD and are going to release their single very soon. The rest is history.

The band's first single "Shine" will make its national debut at the end of April, says Howard. It will be heard on such local stations as KLOVE and AIR1.

"A full album will hopefully be released" soon after, says Miller. "When released, it will be available nationally in retail stores like Wal-Mart."

Currently, the group is placed on a national tour from May 25-July 16. Including several other bands, "The New Wave Tour" is sponsored by "Food for the Hungry", a Tsunami Relief project that "sends a new wave of love and hope, as opposed to the wave of destruction and despair that hit the

see "LOCAL BAND" on page 11

MAGAZINE:**continued from page 4**

Club members urge interested students to submit their work to the English teacher or Mrs. Mattingly. However, students should understand that each submission must pass the approval of the editorial board, so not every submission is guaranteed to be published, Mattingly said.

The club plans to enter the magazine in a competition this summer. Currently, the publication date is not set, but *Point of You* is sure to debut sometime this semester.

CASH: continued from page 4

points I put on the board," said Aaron, who averages 24 points a game.

Cash has offers from five different colleges: Northern Kentucky, Georgetown, Eastern Kentucky, Lee University, Lindsey Wilson and Kentucky Wesleyan.

"All the attention and recognition doesn't seem to bother him," mother Debbie Cash explains. "He goes out to play the same game he's always played."

Mr. Basketball 2005 will be announced in *The Herald Leader*, and *The Courier Journal* after the state Tournament on April 15.

VINTAGE: continued from page 8

stores like Old Navy have even joined the vintage craze by making tons of screenprint tees, distressed jeans, and clutch purses.

"[Shopping vintage] is the cool thing to do," says RCHS junior, Neisha Taylor. "You're not cool unless you shop vintage."

CONSPIRACY: continued from page 8

to drop in for a café mocha or a bowl of soup du jour.

When Marrie discovered the coffee shop had closed, she was "disappointed."

"In Berea, it was the only place that was open after 8:00," she said. "It was pretty much the only local night life."

The story of the Coffee Conspiracy is sad but not unusual. Everyone loves a friendly place where they feel welcome, a place they can go to spend time with their friends, but in a world that seems to be controlled by commercial franchises it can become difficult to depend on a place to call your own. Unfortunately places like McDonald's, Pizza Hut, and Wendy's don't normally make very welcoming hang-outs for people who enjoy spending time more than they enjoy spending money.

More and more teenagers lack places to just relax and hang out. Those who have become recreational nomads after the closure of Coffee Conspiracy will likely spend much of their time trying to fill the void for the place they had come to take for granted.

ICHTHUS:**continued from front**

"I don't see how they can do that," said one student. "It's a church function, and church functions are supposed to be excused."

"[Ichthus] is not a religious celebration of any church," explained Mr. Hale. "Students can still be excused for a reasonable number of religious meetings, but Ichthus is more like a concert."

He added that this decision doesn't mean students cannot attend Ichthus.

"Ichthus is three days long," said Mr. Hale. "They can still attend without having to miss school."

LOCAL BAND: continued from page 10

world this past December," says Miller. It will visit 25-35 cities around the United States.

Even though 7th Time Down was only signed in January, they've already begun to travel and play as many shows as possible. Just in the past two months, they have performed as far as Dallas, Texas and Cincinnati, Ohio, as well as locations a little closer to home, such as Central Baptist Church in Corbin, and the Dame in Lexington.

Howard's dad, Mike Howard, Sr. says this opportunity has been "a dream long awaited" for his son.

The story for founding father and lead vocalist Howard, 20, begins at a youth conference as a teenager, where he decided to learn to play guitar. He began writing original music and lyrics when he was 15.

Bassist Cliff Williams, 21, started playing for Cornerstone with Howard in 2000, and he's now teamed up composing some of the new music for the band.

A 2003 graduate of RCHS, 20-year-old Miller is best known around Rockcastle County for his basketball skills; however, he is also very passionate about his music. He began drumming at an early age, and was influenced by his very musical family.

Eric Vanzant, 24, has played guitar for a number of bands, most of which included his current fellow band members, for about ten years.

These guys have played musical chairs between bands for about eight years. In fact, Howard, Vanzant, and Miller were in their very first band together called Free Ride in 1997. Eventually, all the roads led to what is now 7TD.

The success of these Rockcastle natives proves success can happen, regardless of where you're from.

"If you have a dream, then go for it and keep God first. He will give you your dreams," Howard's mother Linda said.

Miller describes the entire story as "surreal."

"We've all been playing music for basically our whole lives, and we've put our hearts and souls into everything we do. It was almost like a dream when we found out, and it actually took a while for it to hit home."

All four members have shared the same dream of playing in what they call a "music ministry," but now things have changed.

"We really are living out our dreams. I'm excited for the future of our band," says Miller. "I'm willing to take it on."

DOT-COM: continued from page 7

to just toss around. I won't go into a lot of detail about learning HTML, but there are guides all over the internet or in bookstores that will teach you.

3. So you have everything ready to begin, and now it's time to buy the webspace! In a nutshell, webspace is basically the land you buy in the world of the internet. You pick how much space you want and you can put whatever you want on it.

Now, just like real-estate agents, there are hundreds of providers that can sell you much desired webspace to you. You can find most of them online, so it's really a good idea to look around and compare prices, as some will charge significantly more than other.

Brandon Reynolds, a local provider here in Rockcastle, currently charges just \$15 for 100

megabytes of space, which is more than enough for someone just wanting a small personal website. It is a benefit to have a provider that lives near you, so they can be more easily contacted if and when you need them.

Included in the cost of your space will be the cost of your domain name (the name of your site that falls between "www." and ".com"). This cost usually isn't terribly high, since most people will only buy one. However, if you really want to dominate the internet you can always buy more than one domain name and have them all be directed to the same website.

4. You have your domain name and your web space. Now you're ready to actually begin building the site. As you build your site, you may prepare a "Coming Soon" page that's just a place holder to

illustrate that they are in the process of working on their website. I also suggest not waiting until your website is completely done to upload it. Instead, finish the main pages, put them online, and then just keep adding as you get finished.

5. Finally, your website is done! However, how are people going to know about it? You have to advertise! Send it word of mouth, swap links with other websites, make t-shirts with the domain name on it! The possibilities are endless, but make certain you get your name out there or else all your money and hard work will have been for nothing. But once you have it advertised, you're now finished. Just be sure to frequently update it to keep your viewers coming back for more, and welcome feedback.



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Hoping for a memorable prom? Know the rules!

By MARIA HENSLEY & SHANA HOPKINS

It's the moment you've been dreaming of since you started high school. You've got a date, you have the perfect dress with the matching shoes...it's time for prom!

As you make your way into the school doors to take your prom pictures, the administration pulls you over to the side, away from your date, to inform you that the dress you thought was appropriate, doesn't meet prom dress code standards.

Sounds like a nightmare, right? Well, if you don't want this awful ordeal to be a scene at your prom, all you have to do is take a few minor precautions to ensure that your big night is one full of fun and good memories.

Where Do I Start?!

Before buying your dress, know the guidelines! It's that simple. All you have to do is refer to your handy RCHS guidelines and rules located in the front of your agenda. Girls, you need to make sure that you get all of your bases covered, and all of the right body parts.

The agenda simply states that all attire should be



"forma."

What does that mean? No short lengths, no high side slits, no bare stomachs, no plunging necklines, and no plunging backs.

Now you're probably thinking, "Then what am I supposed to

wear?! There is nothing that I like that fit the guidelines!" Not true!

Don't try to blow the rules and situation out of proportion. The school appoints these rules to ensure that no one shows up at the prom looking like a Jennifer Lopez or Courtney Love at an awards show.

Dresses, dresses, and more dresses!

Sure, you know the rules about the dress code, but you want to see a dress that the school feels to be acceptable. To clarify this problem we went to the direct source for everything prom: Ms. Dana Singleton. We produced a 'dress packet' full of various dresses that most people

would say were acceptable dresses.

What did we find out? The majority of the dresses were unacceptable. So, what's a girl to do? Know how to dress appropriately. As long as you follow the rules and guidelines, your prom night will be an enjoyable and relaxed one.

The Bottom Line

Make a checklist before you actually purchase your dress and make sure you actually try on the dress before you buy it. If you're really worried that the dress you hoped would make a grand entrance will actually have you walking back out the door, ask



DON'T FORGET!

- ✓ Your date's boutonniere or corsage
- ✓ Girls don't forget emergency items like bobby pins, lip gloss, concealer, and a compact mirror
- ✓ Breathmints
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- ✓ Your Tickets
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Rockcastle County



Lady Rockets

*Lady Rockets vs. Lady Knights • Wednesday, March 23, 2005 • 1:00 p.m.
Diddle Arena - Bowling Green*

Lady Rockets dominate 2004-2005 season; return to "Sweet 16" for second straight year

It has been a stellar year for the Rockcastle County Lady Rockets with Head Coach Chrysti Noble deliberately upgrading her schedule in an attempt to prepare her team to compete on a higher level.

The girls have a 27 and 4 record entering state tournament play this Wednesday, with their only losses coming to No. 1 ranked Lexington Catholic, No. 3 ranked at the time Scott County, Louisville Christian Academy and Clinton County.

The Lady Rockets are scheduled to meet No. 1 Lexington Catholic Lady Knights in the opening game of the Sweet Sixteen at Diddle Arena in Bowling Green on Wednesday and, if they win that, school will be dismissed in Rockcastle County on Friday because the Lady Rockets will play at 1:30. That would move the bus drills to Thursday and school will dismiss at 2:45.

The girls began the season with a 70-41 win over the Corbin Lady Redhounds where they were led in scoring by Heather Hammond with 27 points.

The Rockets then took on the Tates Creek Lady Commodores and came away with another win, 64-43 with Hammond again leading the scoring with 20 points.

With the graduation of Sarah Elliott, the Lady Rockets' battle with the Jackson County Lady Generals turned into a ho-hum affair with the Rockets defeating the Generals 77-26 in their first meeting. Nine Rockets scored for their team with Hammond leading all scorers with 18 points.

The only team in the district and region to give the Lady Rockets any challenge this season was the Clay County Lady Tigers and the outcomes of those games was never really in question.

In their first meeting, the easiest for the Rockets, the Lady Rockets came away with a 62-41 victory with every Rocket getting into the scoring column and Tara Rowe leading the scoring with 23 points.

The Rockets then participated in the Fifth/Third Bank Classic in Lexington and cruised through the first two rounds, defeating Pike County Central 98-48 with Rowe again taking scoring honors with 23 points.

After a second round 73-57 win, over Paducah-Tilghman, the unbeaten No. 3 Lady Rockets squared off with unbeaten No. 7 Clinton County and came up on the short end 61-57.

Clinton County's twin stand-outs Amber and Paige Guffey combined for 47 of their team's 61 points in the four point win. Abney led the scoring for the Rockets with 21 points.

The Rockets took fifth place in the tournament with an 80-59 win over Eastern.

The Lady Rockets then traveled to Madisonville, GA over the Christmas Holidays to play in the Sweet South Classic and to meet up with last year's Sweet Sixteen champion, Sacred Heart, in the finals. It was no contest with the Rockets coming out on top 67-56.

Enroute to the championship game, the Rockets beat Shelbyville Central, TN, 64-35, a team which has 12 state titles to its credit and Buena, CA, 57-47, a team with over 500 wins.

Rowe was named MVP of the tournament and Hammond and Abney were both named to the All-Tournament Team.

The Rockets returned home to host McCreary Central in a 80 to 32 lopsided win, then lost to Scott County 75-63 in the Shooting for

the Cure tournament at Bellarmine University. In that game, Katie Parsons was named MVP for the game. Hammond led in scoring with 22 points.

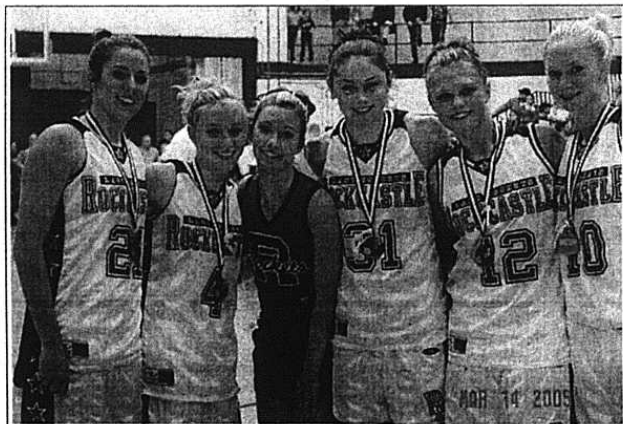
The Rockets then hosted the Southwestern Lady Warriors and won 75-45, with Abney and Ashley Lunsford both getting 15 points in the game. In their next game, they defeated Whitley County, 71-45. Hammond led the scoring with 16 points.

It was a rematch with Clay County for the Rockets next game and the Rockets again defeated the Lady Tigers, this time by a score of 58-47.

The Rockets were invited to the Kentucky Preps Classic, held at Trinity High School in Louisville, and acquitted themselves well, defeating Assumption, 55-40. Abney was the leading scorer for her team

(Cont. to pg. 10)

**Good Luck
Lady Rockets
in the
"Sweet 16"**



Congratulations Rockets on a successful season!

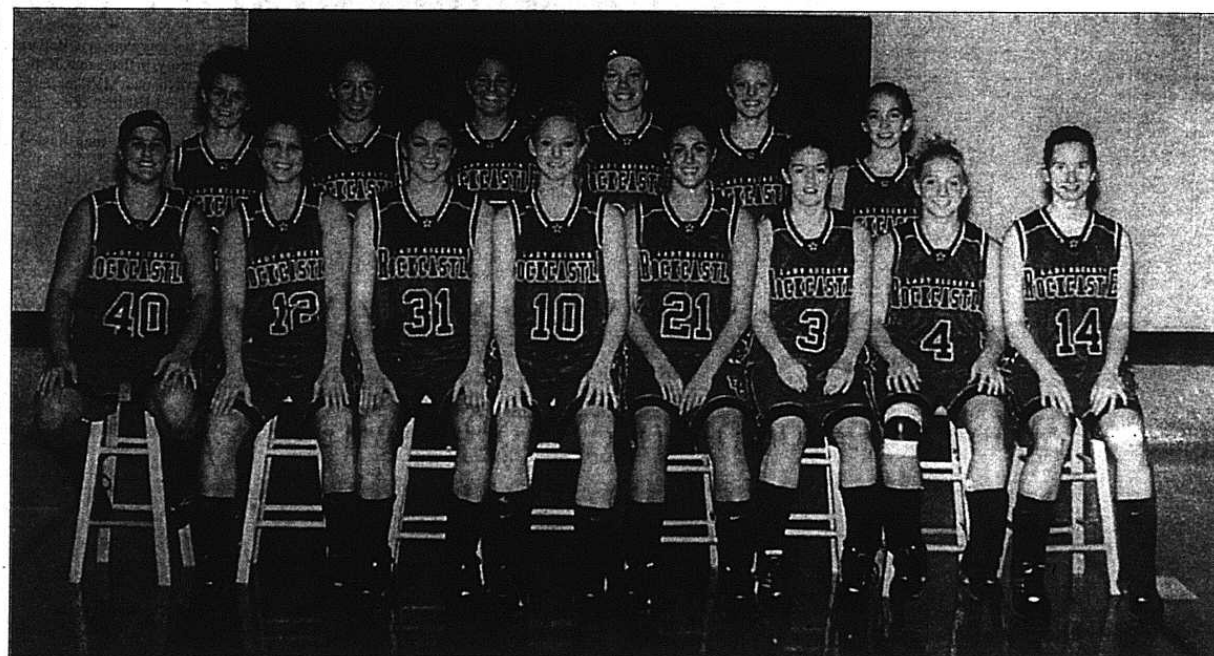
Go Brittany Offutt!!

Margaret Offutt, PVA

Staff: Janet Vaughn, Ruth Thompson and Cyndie Offutt

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49th District and 13th Region Champions



Members of the Lady Rockets varsity squad are pictured above, front row from left: Allison Durham, Tara Rowe, Heather Hammond, Sarah Parsons, Katie Parsons, Ashley Mize, Johnna Abney and Holly Ann Colson. Back row from left: Ainsley Bussell, Lura Cash, Rachel Killen, Ashley Lunsford, Sarah Rowe and Jessie Asher.

Best of Luck Lady Rockets in the "Sweet 16"

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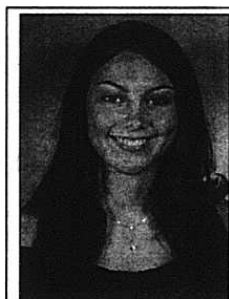


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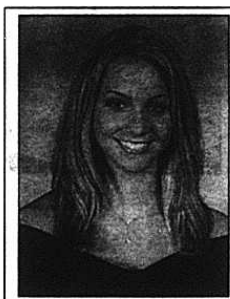
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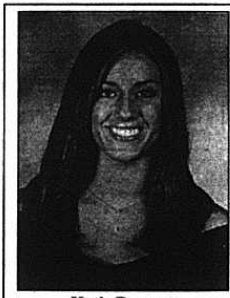
Heather Hammond



Johnna Abney



Tara Rowe



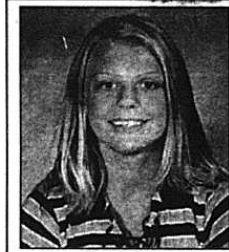
Katie Parsons



Ashley Lunsford



Sarah Parsons



Sarah Rowe



Ashley Mize



Allison Durham



Jessi Asher



Holly Ann Colson



Rachel Killen



Ainsley Bussell



Sonya Lunsford



Tonya Lunsford



Lura Cash



Ginny King



Jessie Barnes



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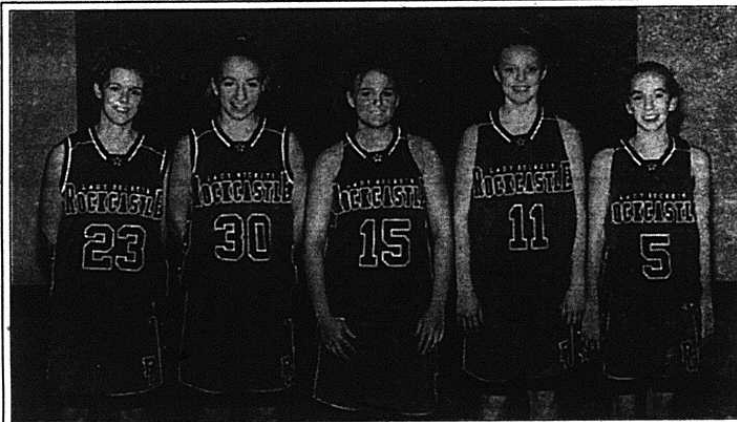
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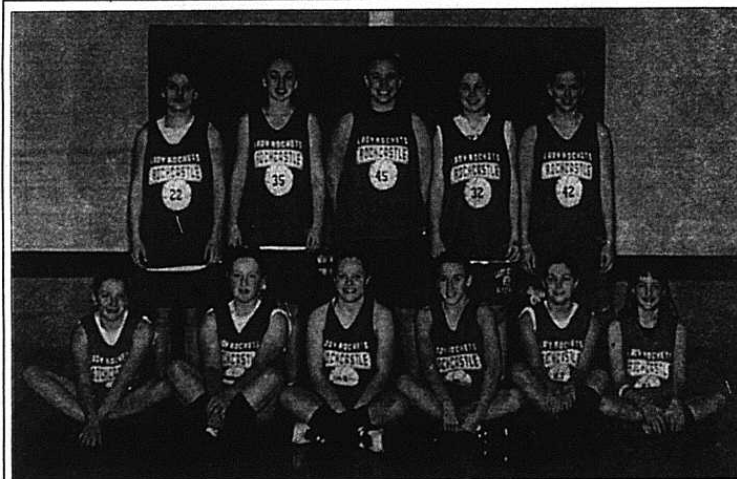
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Five members of the Lady Rocket junior varsity squad are pictured above, from left: Ainsley Bussell, Lura Cash, Rachel Killen, Sarah Towe and Jessie Asher. They make up the junior varsity squad along with the freshman squad pictured below.



Members of the Lady Rocket freshman team are pictured above, front row from left: Megan Mazurek, Mary Saylor, Jessie Barnes, Sonya Lunsford, Morgan Collins and Jackie Alexander. Back row from left: Cora Collinsworth, Ashley Robinson, Tonya Lunsford, Jillisa Lay and Jenny King.



**GOOD LUCK
LADY ROCKETS!**

*Congratulations
on your
13th Region
Championship!*

**County Judge/Executive
Buzz Carloftis**

Best of Luck Lady Rockets in the "Sweet 16"!

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Investigator Charles Gray

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Stephanie Krajca, Ernie Graves,

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The Rockcastle County Rockets had another great season playing in their fourth regional final in a row losing to Corbin 67-57. Senior Aaron Cash was named 13th Region Player of the Year and was also named First Team All-State. Members of the varsity squad are pictured above, front row fromleft: Lance Baldwin, Kyle Mullins, Gabe Stallworth, Aaron Cash, Weston Riddle and Derreck Hurst. Back row from left: manager Kayla Bryant, Jaymes McCowan, Clint Daugherty, Coty Childress, Blake Roberts, Colby Brown, Lynn Miracle, J.C. McClure and manager Anthony Cook.



Good Luck Lady Rockets!

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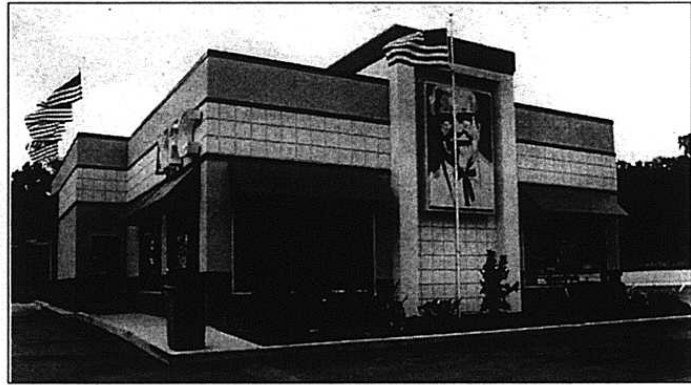
Rockcastle County Board of Education

*Terry Burton, Chairman • Martin Vanzant, Vice-Chairman
Members: Mike Burdette • Tina Hasty • Angela Stallworth
Larry Hammond, Superintendent*

2004-2005

Rockcastle County Lady Rockets

Name	No.	Hgt.	Pos.	Grade
Johnna Abney	4	5'5"	G	12
Tara Rowe	12	5'9"	G	12
Heather Hammond	31	5'11"	F	12
Katie Parsons	21	5'9"	F/G	12
Sarah Parsons	10	5'11"	F/C	12
Holly Ann Colson	14	5'7"	F	12
Allison Durham	40	5'8"	F	12
Ashley Mize	3	5'6"	F	12
Jessie Asher	5	5'4"	G	11
Ashley Lunsford	20	5'6"	G	11
Rachel Killen	15	5'6"	G	11
Sarah Rowe	11	5'8"	G	9
Ainsley Bussell	23	5'8"	G	10
Lura Cash	30	5'9"	F	10
Tonya Lunsford	32	5'10"	C	9
Brittany Puryear		5'6"	G	11
Sonya Lunsford		5'6"	G	9
Jessie Barnes		5'5"	G	9
Jenni King		5'7"	F	9



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Good Luck in the "Sweet 16"

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Lady Rockets dominate 2004-2005 season

(Cont. from pg. 2)

with 18.

The Rockets were handed their third loss of the season at the Louisville Invitational by Louisville Christian Academy by a score of 52 to 39.

Mercer County, who was ranked No. 11 in the state when they came to town for the Rockets next game,

gave the Rockets a little trouble before the Rockets nailed down the 61-45 win. In that game, Abney led in scoring with 18. It was also in that game that Abney got the record for most points ever scored by a Lady Rockets, breaking Cindy McCauley's record of 1863 points. McCauley, who graduated in 1993, was the first-ever Rockcastle athlete to sign a Division One scholarship. She played at Marshall University in West Virginia.

The Rockets fourth and final loss of the season came at Berea College where they matched up with No. 1 Lexington Catholic and lost 66-58. Abney led the scoring for the Rockets with 15.

The Rockets next victim was the

Oneida Baptist Lady Mountaineers. The Rockets won 90-60. OBI had beaten Clay and Jackson counties earlier in the season.

Eleven Lady Rockets scored in their next game, against Jackson County, after the starters built a 28-0 first quarter lead in the 73-20 win. Abney led the scoring for her team with 19 points.

The Lady Rockets then defeated both Laurel County schools, North and South, with a 77-37 lashing of North Laurel and a 59-47 win over South Laurel.

Rowe led the scoring in the North Laurel game with 17 points and Hammond was the high point girl for her team against South Laurel with 23 points.

After a 75-51 win over Lincoln County, the Rockets hosted regional foe Bell County and scored early and often, coming away with an 87-47 win.

Fourteen Rockets scored in the Bell County win with Rowe leading the scoring with 19 points.

The Lady Rockets finished the season with an easy, 66-33, win over Wayne County and then took on OBI in the opening round of the district tournament held at Jackson County. OBI got an early exit, losing 75 to 30. Abney led the scoring with 17 points.

The Lady Rockets took the 49th District Championship for the second year in a row, with a 66-50 over the Lady Tigers of Clay County.

Rowe led the scoring in the game with 22 points and was named to the All-Tournament Team, along with Sarah Parsons, Katie Parsons, Heather Hammond and Johnna Abney.

In the regional tournament, held this year at Cawood, the Lady Rockets breezed through with wins over Middlesboro and Corbin and then defeated Clay County, again, 57-43 for their second straight region title. Katie Parsons had a game high and career high 18 points to lead the Lady Rockets in the championship game.

Parsons, along with Abney, Hammond, Tara Rowe and Sarah Rowe, were named to the Regional All-Tournament Team.

Best of Luck



Lady

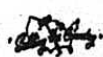
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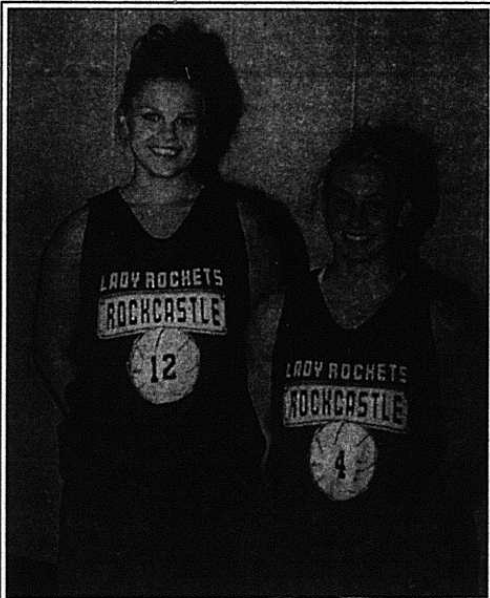


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Captains for the Lady Rockets are seniors Tara Rowe and Johnna Abney.

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Art meets basketball

When you came to watch the Rockets play basketball at home this season, you might have noticed some artistic flare in the gymnasium.

The Art classes at the high school decided to create 5'x7' portraits of all the senior members of both the girls and boys basketball teams.

The students who contributed their art talents were: Katie Parsons, Zac Hale, Zach Pensol, Johnna Abney, Hollie Barnett, Natasha Howard, Derrick McClure, Kelli Frederick and Jody Howard.

The project took about five weeks to complete with the outcome well worth the effort. "We wanted to use our artistic abilities and in a way that would let this group of wonderful athletes and leaders know how important they are to this school and how proud

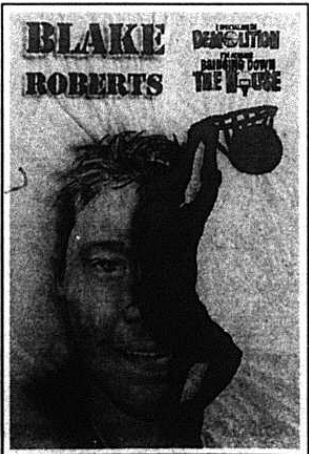
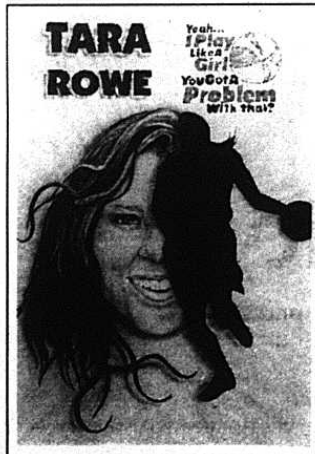
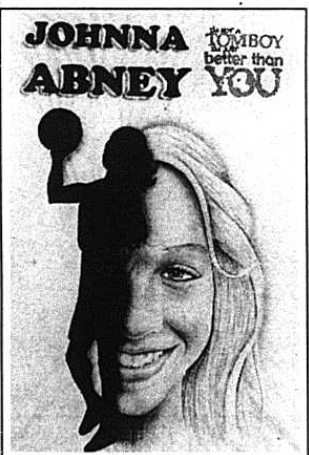
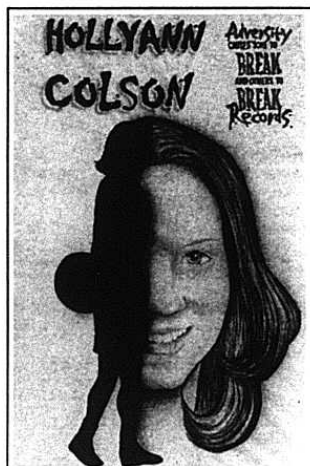
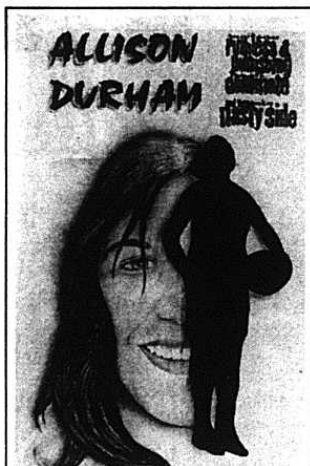
we are of them," Mr. Scaff said. One of the players portrayed, Katie Parsons, did the majority of the artwork on the portraits. "It is

awesome to be recognized for my artistic talent along with my athletic abilities," says Katie. "It is great to see other players and fans

stare at our portraits. It makes it special".

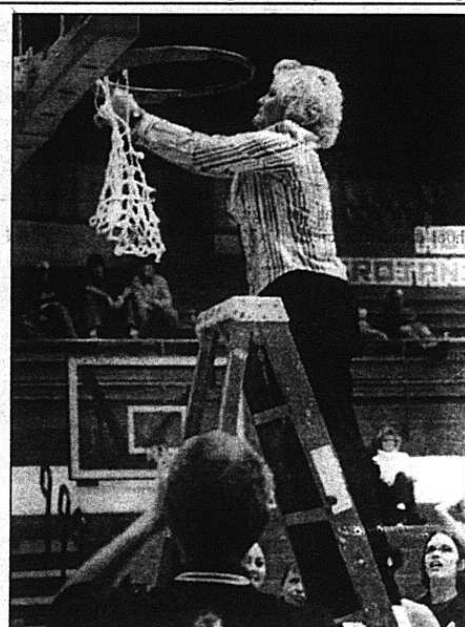
The larger than life portraits will remain in the gym for fans to see

until the end of the season. The players will then be allowed to take them home to remember their outstanding high school careers.

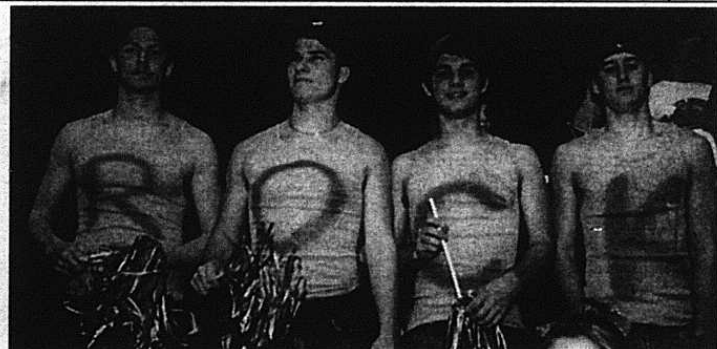




Senior members of the Lady Rockets squad are pictured above, front row from left: Sarah Parsons, Tara Rowe, Allison Durham and Ashley Mize. Back row from left: Katie Parsons, Johnna Abney, Heather Hammond and Holly Ann Colson.



Lady Rocket head coach Chrysti Noble did the final honors on cutting down the net after the girls won the 13th Region Monday night by defeating Clay County. This is the third win for Noble in her tenure as girls head coach at RCHS. The girls drew Lexington Catholic in the first round of the Girls Sweet Sixteen and will play Wednesday at 1 p.m. at Diddle Arena in Bowling Green.



Ronny Lee McClure, Phillip Boreing, Matthew Bray and Nick Williams show their Rocket spirit during the Lady Rockets' regional championship game.

Congratulations Lady Rockets!

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Lady Rockets
on a great
season*

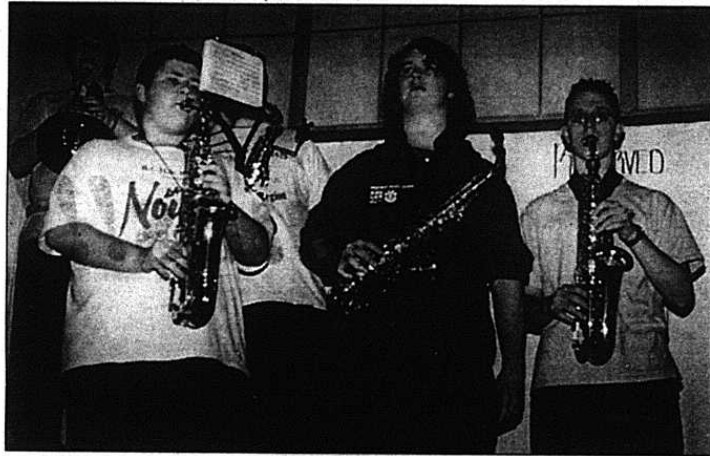
from

**County Clerk
Norma
Houk**

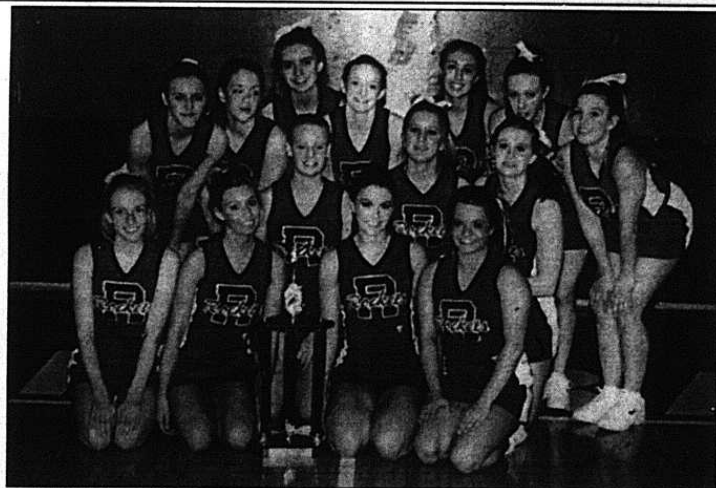
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The RCBS Pep Band kept a busy schedule during the regional tournament supporting both the Lady Rockets and Rockets. In the above photo are Dustin Thomas, Tyler Vaughn, Jesse McCauley and Josh Nation. At right are Kayla Feltner, John Mark Davis and Teddy Stallsworth.



The Rockets Varsity cheerleading squad took home a second place trophy during the 49th District Tournament held at Jackson County. Members of the squad are shown above, front row from left: Surprise Stallsworth, Brittany Offutt, Casey Taylor and Whitney Cross. Middle row from left: Courtney Cordier, Kayla Barnett and Renee Taylor. Back row from left: Mercedes Burdette, Elisha York, Laura Childress, Morgan Kincer, Jerrika Poynter, Kim Cottrell and Leslie Burdette.

Congratulations and Good Luck Lady Rockets in the "Sweet 16"



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Crystal Griffin, Pat Brown, Liza York,
Renita Blanton, Teresa Amis, Joyce Allen
and Austin Miller

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Congratulations 13th Region Champs!!!

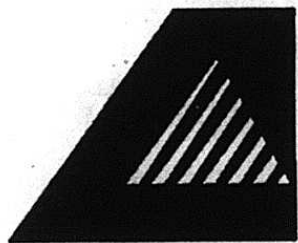


Good Luck
Lady Rockets
in the



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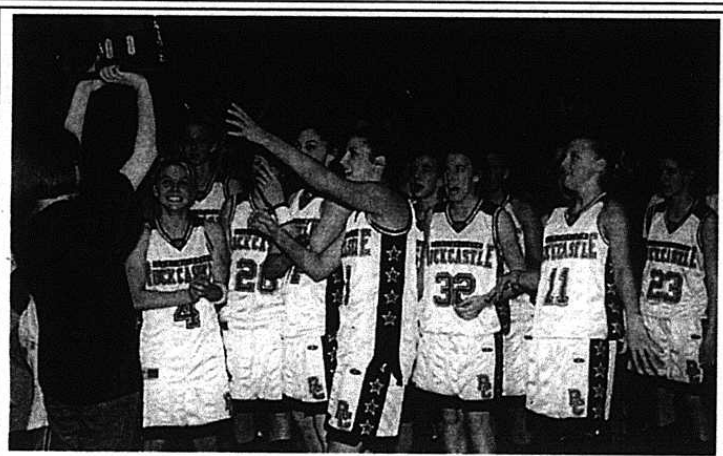


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13th Region Champions

The Rockcastle County Lady Rockets accept their 13th Regional championship trophy at Cawood High School after the Lady Rockets defeated the Clay County Lady Tigers 57-43. The Lady Rockets defeated the Lady Tigers four times throughout the season. Two of those wins were for the 49th District championship and the 13th Region championship. The Lady Rockets will now take on Lexington Catholic Wednesday at 1:00 p.m. at Diddle Arena in Bowling Green.

**Good Luck
Lady Rockets
in the
"Sweet 16"
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Hammond leads team statistically

Senior forward Heather Hammond, an outstanding track star at RCHS in addition to her accomplishments on the basketball court, led her team in seven categories for the 2004-05 season.

Hammond had the most field goals made (187); the best field goal percentage (59.9%); the most blocks (25); the most rebounds (214); the best rebounding average (6.9 per game); the most total points (468) and the best average (15.1 per game).

Senior point guard Johnna Abney led the team in three point field goal percentage (53.4%); the most free throws made (109); the best free throw percentage

(87.9%); the most assists (202) and the most steals (76).

As of February 25th, Abney led the state in free throw percentage and the team was ranked in the top ten in three point percentage and field goal percentage.

Abney also gained the status of highest-scoring ever Lady Rocket, when she scored her 1,865th point in early February, breaking Cindy McCauley's record of 1,863 points.

Senior Tara Rowe, the only senior to have committed for her college career, led her team in three point field goals made (53). Rowe has committed to Eastern Kentucky University.

Lady Rockets

vs.

Lady Knights

Wednesday • 1:00 p.m.

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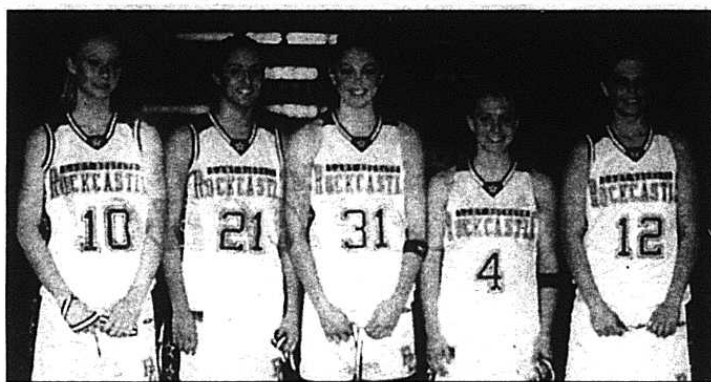


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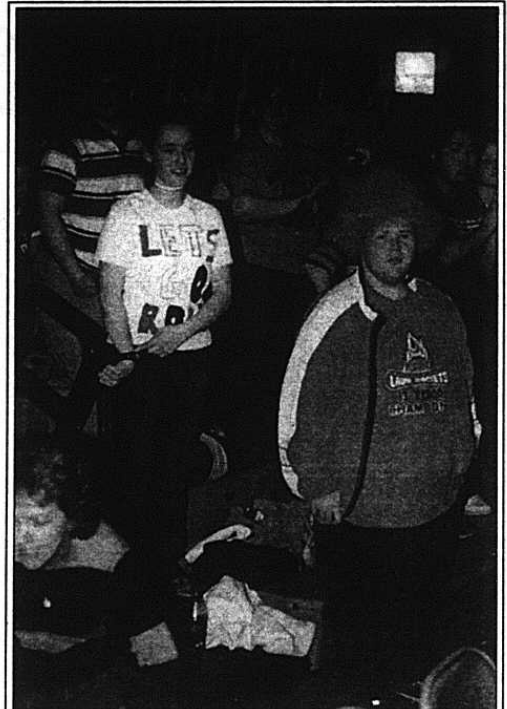
"You Can See The Difference"



Lady Rockets named to the 49th District All-Tournament Team were, from left: Sarah Parsons, Katie Parsons, Heather Hammond, Johnna Abney and Tara Rowe.

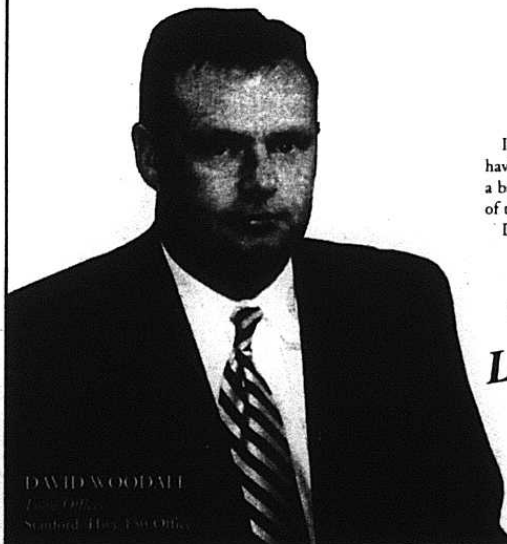


Lady Rockets making the regional all-tournament are shown above on the back row from left: Johnna Abney, Tara Rowe, Heather Hammond, Sarah Rowe and Katie Parsons. The class of 2005 has been the most successful group of girls ever at RCHS and Monday night's win over Clay County, was their fourth straight time to put down the Lady Tigers.



Fans were aplenty during the Lady Rockets and Rockets postseason action.

**Congratulations
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Lady Rockets!**



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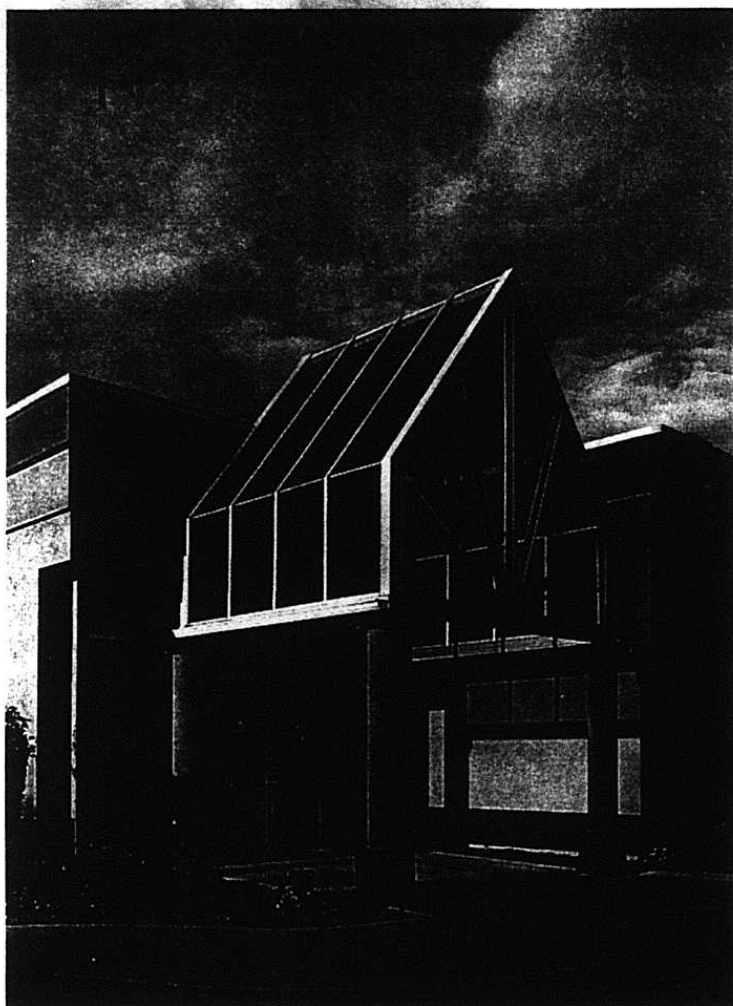
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