

Mount Vernon Signal

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Lady Rockets beat Jackson County and Clay County
See page A11

New gym at Roundstone

At the monthly school board meeting on Monday night action was taken pertaining to the building of a new gymnasium at Roundstone Elementary.

At the present time, the school features a combination of the cafeteria and gymnasium in the same area. Superintendent of Schools Larry B. Hineswood told the Signal on Tuesday that a plan for an upgrade to the facilities at Roundstone has been in the works for a while. However, the initial project called for a new cafeteria. But, after further inquiry, the board found out that leaving the current combination as the gym and building a new cafeteria would add for the same costs as building a new gymnasium.

He further explained the board concluded that the new gymnasium would be of better service to the students as opposed to the new cafeteria.

No specifications have been laid out in terms of the seating capacity or square feet. However, the projected cost of the facility upgrade is approximately one million dollars.

The project will begin construction as soon as the specifications and contracting are finalized.

Baccalaureate Services Sunday

Baccalaureate Services for the RCHS Class of 2005 will be held Sunday, May 15, beginning at 2:30 p.m.

The service will be held in the New Barn at Renfro Valley and will be led by former RCHS graduates. The theme of the service will be "Thank You."

The service is sponsored by Project Graduation.

Spelunkers clean up Pine Hill Cave

Four grottos from the Great Salt-Peter Cave Preserve of the National Speleological Society joined together Saturday, April 30th, to clean up Pine Hill Cave on U.S. 25 in Rockcastle County.

Sponsored by Kentucky's PRIDE (Personal Responsibility in a Desirable Environment) Program, members of Pine Mountain Grotto, Greater Cincinnati Grotto, Dayton Underground Grotto and Bluegrass Grotto, worked for several hours, hauling trash and debris out of the cave. Though the task was made less pleasant by the amount of water dripping within the cave due to the previous week rainfall, the group managed to remove 51 bags of refuse.

Cavers found a wide range of items that had been dumped, including boots, oil filters, styrofoam containers and even a syringe. "People have been dumping trash in this cave and others in the area, causing pollution in the natural underground water." (Cont. to A-8)

By the Associated Press and Coaches

Chrysti Noble named Coach of the Year

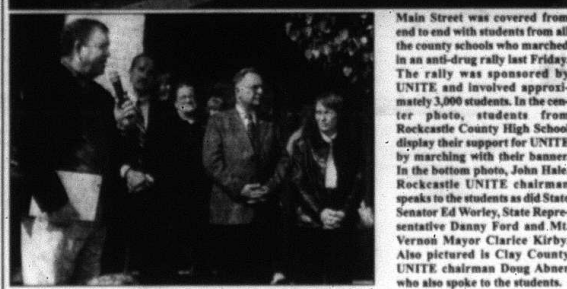
The post-season accolades for head girls basketball coach Chrysti Noble continue to fill her trophy case. Noble has been named the Associated Press along with the Coaches Poll state of Kentucky Coach of the Year.

"I am very honored. I am truly fortunate to have the support of the school, parents and community. A coach can only go as far as his players allow them and I've had some really great players in the last few years," Noble said.

RCHS Principal John Hale spoke volumes of Noble and her success. "We are very proud of Coach Noble and what she has accomplished. She is a first time ambassador for our school. She is dedicated to fulfilling her job to the best of her ability and our girls basketball team and athletic department are better off," Hale said.

Earlier in the year Noble was selected by her fellow coaches to coach the Kentucky All-Star team in their annual series with the Indiana All-Stars. Senior guards Johnna Alwey and Tera Rowe will join Noble on the elite squad.

Alwey scored more points during



Brindle Ridge Fire Department's Size of water line discussed by Fiscal Court

As one of the last items of business at Tuesday's regular meeting of the Rockcastle Fiscal Court, Magistrate Billy McKinney brought to the court's attention a problem at the Brindle Ridge Volunteer Fire Department.

McKinney said that because there is only a one-inch line available for filling fire trucks, a two story home burned to the ground a couple of

weeks ago. McKinney said the fire was fought by the Brindle Ridge Department and the Mt. Vernon Fire Department responded to a call for help and fought the fire until they ran out of water. The Mt. Vernon Department then went to the Brindle Ridge Fire Department to refill their 2,000 gallon tank - a process which took 53 minutes.

McKinney, who said the problem was with a one-inch line that needed to be at least two inches, said Wednesday that he had spoken with Denver Burton, president of Western Rockcastle Water District, and that Burton had agreed to have a two-inch line installed that would be pressurized and would greatly increase capacity for filling fire trucks in an emergency.

Judge Carlotis discussed with the court the possibility of placing large tanks for firefighting assistance throughout the county. Water would be metered into a tank from a water line which could then be pumped from the tank into trucks. This would

Main Street was covered from end to end with students from all the county schools who marched in an anti-drag rally last Friday. The rally was sponsored by UNITE and involved approximately 3,000 students. In the center photo, students from Rockcastle County High School display their support for UNITE by marching with their banner. In the bottom photo, John Hale, Rockcastle UNITE chairman speaks to the students as did State Senator Ed Worley, State Representative Danny Ford and Mt. Vernon Mayor Clarice Kirby. Also pictured is Clay County UNITE chairman Doug Abner who also spoke to the students.

in turn, Carlotis said, provide better fire fighting capability for each of the fire departments in the county and lower homeowner's fire insurance.

The court also declared an aged Caterpillar road grader as junk surplus. The court has three options to dispose of the equipment - sealed bids, public auction or negotiating with a private buyer.

McKinney told the court that he had been approached by Goff Construction who was willing to pay \$2,000 for the grader for parts.

The court voted to declare the grader surplus equipment and to sell it for the \$2,000 offer.

The court also voted to enter into a Memorandum of Agreement with the Kentucky Transportation Cabinet concerning the \$409,719.64 the county will receive as their share of bonds which are going to be sold.

The money is restricted to use on bridges and paving and repaving of existing roads.

The court was given guidelines (Cont. to A10)



Chrysti Noble

Quilt show will be part of Discovery Festival at Renfro

For the first time ever, a Discovery Quilt Show is being planned for the Discovery Festival at Renfro Valley June 2-4, 2005.

During the festival, local quilters will be demonstrating twelve quilting techniques and there will be a special display featuring a Rockcastle County quilt.

Local businesses are being asked to participate as sponsors of the quilt show. There is no budget set up for ribbons or prize money and the planning committee would like to offer \$25 in prize money for the winner in

each of the seven categories and \$50 for the viewer's choice winner. Costs for ribbons are estimated at \$125.

If you would like to help financially with the costs of these ribbons and prizes, please send to: Rockcastle Extension Service, Attn: Discovery Quilt Show, 1050 West Main Street, Mt. Vernon, Ky. 40456.

Donations are tax deductible and the names of all sponsoring businesses will be prominently displayed during the Discovery Quilt Show.

For more information, call 256-2403. (Cont. to A10)

Wages arraigned for murder, robbery

The man accused of beating a pizza delivery driver to death has entered a plea of not guilty.

Christopher Wages, 25, of Salyersville, was arraigned on one count each of murder and first-degree robbery May 5th in Laurel District Court.

District Judge Michael O. Caperton entered Wages' plea and Wages remains jailed without bond at the Laurel County Detention Center.

Wages is accused of beating Greg

Rowe, 36, of Mt. Vernon, with a baseball bat and pipe, then taking his money and car. Rowe's body was discovered in the early morning hours of May 4th.

Rowe was delivering a pizza to Crystal Grimes' home in Laurel County May 3rd when he was attacked by Wages.

Wages and Grimes were captured the next day shortly after taking Rowe's car to a parking lot on North Main Street in London. No charges have yet been filed against Grimes.

Kentucky Music Hall of Fame & Museum to hold anniversary celebration

The Kentucky Music Hall of Fame and Museum will celebrate their annual anniversary May 13th and 14th with a line-up of bluegrass and country music groups.

Friday has been labeled "Bluegrass Day" by the Hall of Fame and Museum. The day will feature five groups with Revival Ridge kicking off the festivities at 1:00 p.m. Local bluegrass group Never On Time will play at 4:00 p.m. Newfoundland

will round out Friday's events at 5:00 p.m.

Saturday will bring more of a country atmosphere to the celebration. Doug Smith will start the May 14th celebration at 1:00 p.m. Local County and Southern Rock group Mealey Boys will round out the weekend at 5:00 p.m.

For more information on the celebration visit the museum's website at www.kymusichalloffame.com

It's the law

Buckle up Mt. Vernon

Mt. Vernon Police Chief Terry Jackson cautions residents of Mt. Vernon that he and his officers will be working overtime during May 23-June 5 to enforce the seatbelt law.

Chief Jackson said he is trying to bring seatbelt usage up to the state average in Rockcastle County and he, with his men, will be working overtime during this period in conjunction with the Statewide Law Enforcement Mobilization and there would be checkpoints set up throughout the city limits.

According to police records, there were 22 fatalities on Rockcastle County roads in 2003 and 10 in 2004. In 2003, there were 485 crashes with 193 injuries and 518 crashes in 2004 with 126 injuries. Jackson attributed the decrease in fatalities and injuries to increased seatbelt usage.

Jackson also said there were only four citations written for non-use of seatbelts in 2003 compared to 67 in 2004.

Jackson also stressed that there would be a Zero Tolerance for non-use of child restraints.

A look at Lake Linville from on the water

Of. Stephen Isaacs, KDFWR

Recently, there has been much discussion about the quality of the water in Mt. Vernon and Rockcastle County. This conversation seems to always turn to Lake Linville and what might be wrong with the lake. Over the past couple of weeks, I have been able to sit in on some very constructive meetings about our water source. I've walked away from those meetings, knowing that the government officials and agencies tasked with protecting and treating the water source, are doing everything possible to eliminate the problem, at its source.

to point fingers at those that they feel are responsible for the current taste and smell of the water, let's take a look at Lake Linville from on the water. If we are looking for someone to blame in this crisis, that's an easy one. It's us! That's right us, each and every one of us that utilize the Lake Linville watershed and tributaries. I don't mean the one hundred and seven-two surface acres of the lake, I mean the over nine hundred plus acres of the Lake Linville watershed. How many of us realized that the watershed we draw from was so large?

It's simple. The problem of course (Cont. to A10)

To help those out there who wish



Local gardener John Holbrook took time out from tilling his plants at the Garden Market to teach Kelsey Mattingly a trick with a chain and ring. The annual Garden Market was held Saturday beside Cox Hardware.

Points East

By Ike Adams

Several years ago some company gave a local charity dozens of cases of knee-high women's hosiery that was about as red as red could get. Kentucky comes to mind.

I'd be willing to bet that the designer and the person who made the production run decision is no longer employed in the hosiery industry because this was not clothing that any self-respecting female would be caught dead in.

Anyway, there was probably a semi load of these stockings in several different sizes and they took up a lot of space in the charity's warehouse. Said charity also ran a very popular food bank and hundreds of church groups, schools, and many other community-based food and clothing banks utilized it as a source of free goods.

The deal was that the charity would get huge donations of surplus supplies and then redistribute them to the needy groups.

However nobody wanted the hosiery. So it finally got to the point that if you came in for say a load of canned food or clothing or educational material, you were required to take a case of red stockings.

Somebody finally came up with several patterns of decorative burlap stuff that the stockings could be cut up and sewn into. Apples, Santa Claus, sprigs of cherries, roses, edging for quilt tops and so forth. Pretty soon everybody wanted a case of red knee-highs.

But by far the easiest pattern was tomatoes. And any number of home-makers clubs would gladly show you how to sew up a piece of hosiery

material, stuff it with cotton and turn it into a remarkably convincing facsimile of a tomato.

And they sold like hotcakes at yard sales, flea markets and even a few craft stores for awhile. Suffice to say that the hosiery did not really go to waste.

But that was several years ago and I haven't seen anything made of the red stocking material in at least a year or two.

Last Sunday Loretta came in with four medium-sized, slightly larger than baseball, tomatoes that she'd found at a roadside produce market. The real thing.

"Vine ripened in Florida," she said, literally drooling and immediately set about slicing one up.

"They were too pricey," she said. "But the man said these were fresh and that the crop is already getting ripe in Florida."

At first glance they did look scrumptious. Bright red, firm and hefty. My mouth was watering too as she sliced the first one.

I didn't even bother cutting my slice on a sandwich. I just grabbed it up and took a sponful. The texture wasn't close to realistic. Rubber comes to mind. Not only that, but it had the same taste as distilled water.

Loretta took a bite and her face also fell.

"I can't believe I fell for this and I just paid \$1.99 a pound for these," she said.

"Remember the panty hose tomatoes," I asked her?

"Knee highs," she corrected me.

(Cont. to A-4)

VIEW FROM THE BENCH Rush Judgment

In another setback to Rash Limbaugh's efforts to screen personal medical records from criminal investigators, the Florida Supreme Court declined to review a lower court decision which determined that Limbaugh's records were properly seized. Prosecutors are expected to begin reviewing Limbaugh's records in the near future for evidence of "doctor shopping."



Judge David Tapp

This practice—usually involving patients who are addicted to prescription drugs or who resale such drugs for tremendous profit—is rampant in eastern Kentucky. The DEA reports that many Kentucky counties lead the nation in narcotic pain medication distributed on a per capita basis.

Our Readers Write

A different opinion on the water situation

Dear Editor,

I have never written a letter to a newspaper before but after reading Mary Kirby's letter to the Editor printed April 28, 2005 I felt compelled to write.

I am surprised at the condescending attitude that I felt came across from Ms. Kirby's letter regarding the water. I am sure that she is tired of hearing about the water problems, but, the people who are paying for the water are just as tired of tasting the horrible water as she is hearing about it.

I realize that as Mayor she is more informed about the procedures that are being done to correct the water situation than the average person. But, what I found a little insulting was when she said that she as a citizen and a customer of the water company knew better than the usual letter writer if her water had improved. I would be interested in knowing how Ms. Kirby came to the conclusion that she is more intelligent or a better judge on the taste and smell of the water than the usual letter writer which I assume would be the taxpayers of the community and customers of the water company.

I also realize that Ms. Kirby did not pollute the lake by herself and I feel certain she and other staff members are doing what they can to resolve the problem. But, the bottom line is, she chose to run for office and this mess has occurred under her watch. Also, the fact remains that businesses are losing customers and residents are having the added expense of buying bottled water to drink and cook with. I think Ms

The abuse of prescription medication manifests itself in other ways as well. Oxycotin abuse is cited as a frequent cause of robberies and burglaries—with the perpetrators oftentimes ignoring cash or other valuable items in favor of Oxycotin! According to federal statistics, 36 of 69 Kentucky drug fatalities in a 16 month period had toxic oxycodone levels. The Herald-Leader reported a 288 percent increase in drug users who sought treatment in a four year period. In some counties, prescription drug use results in more DUI arrests than alcohol abuse. One Kentucky prosecutor even suggests that Oxycotin is used as a bargaining medium in exchange for votes, thereby contributing to political corruption at the local level.

Many doctor shopping investigations rely on a review of patients' medical records. In Florida, two individuals told police they had told

(Cont. to A-4)

Kirby's time could be better spent taking care of the duties that come with the Mayor's office and the continued effort of resolving the water problem instead of writing to the paper indicating her opinion as a citizen and customer of the water company is superior to rest of the people in the community.

But, as Ms. Kirby stated, a letter to the editor is just an opinion. While she told the editor to put her opinion on record, I will be satisfied if my opinion just gets printed.

S.E. Bishop

Is God up to Something?

Dear Editor,

Is God up to something? I have to ask myself this question when I look around Rockcastle County and see so many things happened that can only be explained by the Divine. It seems as if God is taking people outside the boundaries of our quiet little town and moving them towards greater things that only He can accomplish.

James Wheat, a local Christian rocker from Rockcastle County, is

(Cont. to A-4)

T.J.'s Journal
by: Tonya J. Cook

Ring, buzz, beep, vibrate, or even play a song. How many ways can the cell phone industry let you know that you have a call? Sit for a while in a public area such as a doctor's office, restaurant, or store and you can hear a variety of "rings".

The other day I was waiting to see my doctor, and having nothing better to do I decided to check out our cell phone. I went up and down the menu to see what it had to offer. It had a datebook, calculator, phone directory, ring style selector, and a lot of other features I can't even remember. It even had a game section where I could play blackjack and poker. I'm sure there are a lot of folks who really enjoy that feature, and I'm sure that people at Gamblers Anonymous are ecstatic about it. I guess it is to be used when you are all alone on a dark, backwoods highway with a flat tire waiting for help. I know I would be so comforted to know I could pass the time playing a few hands of poker while at the mercy of any bug that might pass my way.

Seriously, I think that cell phones are a wonderful invention, and I even wonder how I lived before having one. They are so convenient at times. Things have changed a lot since the days of the huge, wooden wall-mounted phones and party lines. I still check the phone for the neighbors' conversation before dialing. Old habits die hard.

Even the phone systems in our homes offer several special features.

You could have certain calls blocked, see who is calling, be beeped if you are already in conversation to notify you of another incoming call, among other things. They can do so much, practically run a home. One day I wouldn't be surprised to come home and find the phone waiting by the door, ready to ask us what we want, with an attitude.

Have you ever noticed how much certain things look alike? One day I was watching TV when the phone rang. On the coffee table before me were the cell phone, portable phone, and at least three or four remote controls. By the time it took me to do a little while to answer, the caller had almost given up.

Life is confusing that way. You can't call anyone on a remote control or push "send" on a regular phone. I don't even want to talk about the TV and the microwave on the kitchen counter. They do look quite a bit alike at first glance. The microwave, I've found, has loosey recency and I'm still looking for a door on the TV. By the way, you can play a CD on a DVD player, and vice versa!

Even with all the look-alike conveniences, extended menus, and various tones or rings, I think we're fortunate to have all of our modern conveniences. If only we could combine today's convenience with yesterday's values. I'd say one would have a lot of problems putting one of those old wooden wall phones in a purse.

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More About Skin Cancers

Presented by Dr. David Brabon

Sun-induced skin cancers are common and well-known, but the skin can also show signs when there are various cancers of internal organs.

One of the most common of these is Paget's Disease of the breast. Here, a malignancy below the skin extends to the skin surface and causes a weeping, itchy, eczema-like rash of the nipple.

Occasionally a person will develop a darkening of the skin in the armpits which is called acanthosis. This is often associated with tumors of the hormone-producing glands. It can also be seen with benign tumors as well as in people who are obese, have a family history of this trait, and in some hormonal abnormalities.

Dark spots called keratosis often develop on the backs and chests of people as they grow older. Having a few is normal, but when a great number develop suddenly they can be associated with cancers of the stomach, colon, or female reproductive tract.

Hives is another skin reaction that can be related to cancers. Although hives are most commonly caused by allergic reactions or viral infections, they can be seen in cancers such as Hodgkin's Disease, leukemia and others.

You can not expect to remember all the skin changes associated with cancers, but you should see your doctor for any unusual or persistent changes in the skin. He can determine if a biopsy is needed or if other tests are appropriate.

The skin should never be ignored—it is the easiest organ to check for cancer. You should check for any changes once a month and report any findings to your doctor.

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Obituaries



Gregory Rowe

Gregory Wayne Rowe, 36, of Mt. Vernon, died Tuesday, May 3, 2005 in London.

He was born in Rockcastle County February 16, 1969, the son of Donald and Sue Rowe, was an employee of Papa John's Pizzas in London, a U.S. Army veteran of the Gulf War and grew up attending Mareburg Baptist Church.

Survivors include his mother, Sue Rowe of Mt. Vernon; his wife, Gale Cromer of Mt. Vernon; his brother, Dr. Kevin Rowe (Larissa) of Mt. Vernon and his maternal grandmother, Lena Sowder of Mt. Vernon and a host of aunts and nieces and nephews.

Funeral services for Mr. Rowe were held Saturday, May 7 at the Dowell & Martin Funeral Home by Bros. Wayne Harding and Shelby Reynolds. Burial was in the Freedom Cemetery.

pallbearers were: Donovan Blair, Dan Cox, Doug Cox, John Durham, Michael Hamilton, Ron Hutchins, Rodney Mullins, Daniel Patterson, Mike Singleton and Daniel Stevens. *Please visit www.DowellMartin.com to view Mr. Rowe's online obituary.*

Toy Immogene Anderson

Toy Immogene Bryant Anderson, 75, died Monday, May 2, 2005. She was born in Rockcastle County August 4, 1929 to Arthur H. and Winnie Eva Parrett Bryant. She was a long time resident of Glendale, Ohio and a member of the Greater Hamilton Church of Christ in West Chester, Ohio.

Survivors are: her husband, Robert M. Anderson; one daughter, Sandra (Duane) Fancher; one son, Robert K. (Melissa) Anderson; four grandchildren, Matthew and Michael Fancher, Sarah Clowers and Megan Anderson; four great-grandchildren, Caleb, Nathaniel, Daniel and Lilla Fancher; two sisters, Ayna Moore and Lorena Kline; one brother, Kenneth Bryant and many nieces, nephews and cousins.

She was preceded in death by: her parents; two brothers, Rollie and Manual Bryant and one sister, Ruth May Buswell.

Visitation and services were held at Greater Hamilton Church of Christ, Tylerville Rd. at Rt. 747, West Chester, Ohio.

Obituaries courtesy of local funeral homes



William Bentley

William Oscar Bentley, 60, died Friday, May 6, 2005 at his residence in Brodhead.

Mr. Bentley was born June 6, 1944 in Brodhead, the son of Henry and Argie Singleton Bentley. He was a school teacher, owned his own service station business, was a Kentucky Colonel, a Rockcastle Regional Rod Club member and a veteran of the U.S. Army.

Survivors include his wife, Deborah Bentley of Brodhead; a daughter, Jessica Nicole Bentley; two stepsons, Les Bishop (Ladonya) of Somerset and Jonathan Noah Bishop of Brodhead; one grandson; two other daughters, Sherry Hensley and Sandra Alexander, both of Brodhead; one grandson, a brother, three sisters, Laverne Riddle of Brodhead, Magdalene Bullock of Mt. Vernon and Wanda Hacker of Brodhead and several other grandchildren.

Funeral services were held Monday, May 9 at Brodhead Baptist Church with Bro. Shelby Reynolds, Mark Whicker and Luther Allen officiating. Burial followed in Mt. Hebron Baptist Church Cemetery with military rites.

Casket bearers were: Cat Adkins, Jimmy Parsons, Carlos Caldwell, Dale Winstead, Lawson Whitt, Jensen Masters and Colon Wilson. *Honorary casket bearers were: Carlos Cash, Glenn Roberts, Frank Martin, Lee Earl Adams, Dee Bussell, Marshal McKinney, Earl Adems and Bill Gentry. www.marvinowensfuneralhome.com*

Anna Cummins

Mrs. Anna Margaret Smith Cummins, 76, of Richmond, wife of Glen Cummins, died Sunday at her residence following a lengthy illness. Born in Mt. Vernon, she was the daughter of Eugene and Elia Gill Smith, a homemaker and member of Porter Memorial Baptist Church.

Besides her husband, she is survived by two daughters, Kay Kavanagh (Ken) of Richmond and Carol Prather (Phil) of Plato, TX, a son Joe Cummins (Judy), of Nancy, nine grandchildren; eight great grandchildren; a brother, O.B. Smith (Nancy) and two sisters, Doris Boatright (Lynn) and Norine Bradley (David Alan).

Funeral services were held Wednesday, May 11 at Porter Memorial Baptist Church with Rev. James K. Pierce officiating.

Memorial contributions are suggested to Hospice Care Plus, 208 Kidd Drive, Berea, Ky. 40403.

Orville Stevens

Orville Delano Stevens, 66, of Somerset, and formerly of Crab Orchard, died Monday, May 9, 2006 at his home.

He was born July 5, 1938 in Rockcastle County, to Oudes and Eva Leona Whitaker Stevens, was a retired automobile mechanic and a member of Liberty Baptist Church.

Survivors include two daughters, Elizabeth Ann Pittman (Ricky) of Brodhead and Vicki Lay (Dwayne) of Lancaster; a son, Orville Danny Stevens (Teresa) of Crab Orchard; one sister, Nadine Taylor of Crab Orchard and five grandchildren.

Besides his parents, Mr. Stevens was preceded in death by two children, Allen and Sandra Stevens and a sister, Wanda Todd.

Funeral services were held Wednesday, May 11, 2005 at Liberty Baptist Church with Bro. Ken Roberts officiating. Burial followed in the Liberty Baptist Church Cemetery.

Carlos Phillips

Carlos F. "Toad" Phillips, Sr., of Fairfield Township, OH, died at his home Thursday, May 5, 2005 after a short battle with lung cancer.

Born near Livingston on March 5, 1925, Mr. Phillips was the son of Charles Wally and Isabelle Drew Phillips. He was a veteran of the U.S. Navy where he received the Victory Medal, the American Area Campaign Medal, the Europe Africa Middle Eastern Medal and the Asiatic Pacific Area Campaign Medal. He was a member of the American Legion Post-10169 and the VFW Post 10618 and was also a Kentucky Colonel.

Phillips worked as a brakeman for the CSX Railroad from 1955 until his retirement in 1986.

Survivors include his wife of 51 years, Ruby Raines Phillips; one brother, Clyde "Butch" (Anita) Phillips of Madison, TN; a daughter,

Donna (Tom) White of Fairfield Township; two sons, Carlos "Fred" (Bonnie) Phillips, Jr. and Wallace (Kathy) Phillips, both of Hamilton, OH; one grandson; two step grandchildren and six step great grandchildren.

Besides his parents, he was preceded in death by five brothers, Theodora McCoy, Charles, John Earl, Clint and Sherman. Funeral services were held Monday, May 9th at Zettler Funeral Home in Hamilton with Rev. Ernest Henge of the Eaton Road Full Gospel Church officiating with burial in the Rose Hill Burial Park.

Janice Franklin

Mrs. Janice Ann Miller Franklin, 50, of Crab Orchard, died Friday, May 6, 2005 at the University of Kentucky Hospital in Lexington.

Mrs. Franklin was born February 27, 1955 in Lincoln County, the daughter of Raymond and Pauline Turner Miller. She was a former certified nursing assistant and a member of the Union Chapel Holiness Church in Brodhead.

Survivors include her father, Raymond Miller of Crab Orchard; her husband, Alan Franklin of Crab Orchard; one daughter, Angela Jean Benedict (Chris) of Crab Orchard; a stepdaughter, Stephanie Bohomic of Tama, Iowa; a sister, Barbara Reynolds of Crab Orchard; two brothers, Jimmy Miller and Robert Miller, both of Crab Orchard; one granddaughter and one step granddaughter.

Mrs. Franklin was preceded in death by her mother.

Funeral services were held Monday, May 9 at Union Chapel Holiness Church in Brodhead with Bro. Jack Hodge and Bro. Cecil Roundtree officiating. Burial was in the Ephesus Baptist Church Cemetery.

Pallbearers were: Andy Faulkner, Darrell McKinney, Estil Alcom, Gary Smith, David Carpenter, Emby Jennings, Jerry Shelton and Albert Garrow, Jr.

Honorary pallbearer was Dwayne Ramsey.

Memorial contributions are suggested to the Union Chapel Holiness Church at Hwy. 1505, Brodhead, Ky. 40409.

Luther Coffey

Luther Coffey, 96, of Berea, died Friday, May 6, 2005 at the Berea Health Care Center.

Mr. Coffey was born in Jenks, OK to Thomas Calvin and Mary McGuire Coffey. He was a retired employee of the L&N Railroad and a member of the senior citizens.

Survivors are four children, Sara Poff (James), Randel Coffey (Barbara), Gaye Seals (Preston) and Danny Coffey (Maria); 19 grandchildren; 19 great grandchildren and eight great great grandchildren.

Besides his parents, Mr. Coffey was preceded in death by his wife, Ollie Adams Coffey, one daughter, Wanda Poff and five brothers and sisters, Grace Gill, Arch Coffey, Ashal Coffey, Lawrence Coffey and Rosie Hembree.

Funeral services were held Monday, May 9, 2005 at the Lakes Funeral Home in Berea with Rev. Denton Sears officiating. Burial was in the Madison County Memorial Gardens.

Register host at www.lakefuneralhome.com

Email obituaries to mvsignal@alltel.net



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4-H Fashion Revue held

4-H Youth Development



John McQuary
Rockcastle County Extension Office

The Rockcastle County 4-H Council recently held the 2005 4-H Fashion Revue. "Everything is Coming Up Roses and Daisies" was the theme of the evening presentation by twenty-two 4-H'ers on April 21 in the auditorium of Rockcastle Co. High School.

Winner in the Unit 1 competition was Jessica Bentley from Broadhead Elementary. Unit II winner was Casey Hunt, also of Broadhead Elementary. Pamela Johnson of Rockcastle Middle School was winner in the advanced units.

Participants in this years event were Courtney Hasty, Hannah Burdine, McKenzie Owen, Kaitlyn Elam, Hannah Bullock, Elizabeth Lawrence, Stephanie Dixon, Laiken Coffey, Lauren Denny, Mary Lee Robinson, Amy Jo Johnson, Crystal Doan, Heather Clontz, Jessica

Bentley, Kaitlyn Delph, Cassandra Taylor, Casey Hunt, Sarah Woodall, Katie Cowan, Courtney Vanwinkle, Holly Ham, and Pamela Johnson.

The 4-H Council would like to express their thanks to the following volunteers: Kristen Bullock, Master of Ceremonies; Janice Hager, 4-H Fashion Revue Coordinator; Kaye Rader and Darlene Mink, for judging garments; Della French and Carla Parsons for judging the Fashion Revue; Chris McGuire for operating the lights and sound system; and Mary Ann Yawwinkle and Paula Cowen for serving refreshments.

Congratulations to all the participants for a job well done! Educational programs of the Kentucky Cooperative Extension Service serve all people regardless of race, color, age, sex, religion, disability or national origin.



4-H Fashion Revue winners, front row from left: Jessica Bentley, Unit I; Casey Hunt, Unit 2 and Pamela Johnson, advanced units.



Participants in Unit I of the 4-H Fashion Revue were, front row from left: Jessica Bentley, Hannah Burdine, Stephanie Dixon, Crystal Doan, Kaitlyn Delph, Lauren Denny, Kaitlyn Elam, Elizabeth Lawrence, Hannah Bullock, Heather Clontz, Courtney Hasty, McKenzie Owen, Mary Lee Robinson, Amy Jo Johnson and Laiken Coffey.



4-H Fashion Revue participants in Units 2-4 were front row from left: Sarah Woodall, Courtney Vanwinkle, Casey Hunt and Cassandra Taylor. Back row from left: Holly Ham, Katie Cowan and Pamela Johnson.

Brittany Perkins to participate in KMLF Princess Pageant

Brittany Nicole Perkins, a senior at Rockcastle County High School, will participate in this year's Kentucky Mountain Laurel Festival Princess Pageant.

The pageant will be held Friday, May 27th at 8:30 at the Pineville High School Gym in Pineville where one area high school beauty will compete for the coveted Kentucky Mountain Laurel Festival Princess crown.

Brittany is the daughter of David Perkins and Becky Saylor of Broadhead. She has maintained over a 4.0 grade point average throughout high school and received a Presidential Scholarship from Eastern Kentucky University.

Don't miss the opportunity to support your high school princess candidate at the Kentucky Mountain Laurel Festival's 75th annual celebration. The festival begins on Thursday, May 26th with the Trent Wilmon concert at 7 p.m. at Bell County High School and continues until Sunday, May 29th.

Other events include: arts, crafts

and entertainment on the Courthouse Square along with the Jules and Beck Carnival.

The KMLF Queen Coronation will begin at the Laurel Cove Amphitheater, Pine Mountain State Resort Park at 2 p.m. Saturday.



Brittany Perkins



Kristen Bullock, a 9th grader at Rockcastle Middle School, was Master of Ceremonies for the 4-H Fashion Revue.



Kaitlyn Delph in the 4-H Fashion Revue.

Email the Signal at mvsignal@alltel.net

CLASS OF 2005 BACCALAUREATE

"WHATAP"

SUNDAY, MAY 15 AT 2:30 p.m.

Service led by former RCVS graduates Blessed Service, something old and something NEW. Sponsored by People's Outreach.

LET'S SEND THESE STUDENTS OUT INTO THE WORLD WITH PRAYER AND GOD'S BLESSING

NEW BARN @ RENFRO VALLEY

Awards' Day at Middle School

Rockcastle County Middle School welcomes all guests to their end of the year awards ceremonies.

The schedule for the ceremonies is as follows:

- May 13th: 6th Grade Awards - Entrepreneurs Team at 8:30 and Voyagers Team at 9:30.
- May 16th: Seventh Grade Awards - Adventurers Team at 8:30 and Shooting Stars Team at 9:30.
- May 17th: Eighth Grade Awards - Comets Team awards at 9 a.m. and Challengers Team awards at 10 a.m.

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CATHOLIC HEALTH INITIATIVES

Berea Hospital

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National Hospital Week
May 8-14, 2005

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When you visit you'll understand why Berea Hospital was recognized as a top performer in customer satisfaction in the Catholic Health Initiatives system. See for yourself why it's such a special place.

If you or a loved one is in need of medical care, turn to the professionals of Berea Hospital for comprehensive treatment and state-of-the-art medical technology. You'll find a caring and compassionate team of skilled professionals ready to diagnose and treat your needs. When you need medical care, come to Berea Hospital.

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Need a physician? Call 859-986-6500.

Berea Hospital is part of Catholic Health Initiatives, a national system with operations in Kentucky that include Saint Joseph HealthCare, CARTAS Health Services, Piggas Memorial Hospital, Marymount Medical Center and Our Lady of the Valley Hospital.

TOP PERFORMER
2004
CATHOLIC HEALTH INITIATIVES

Castle Quilters meet

Submitted by Carol Ann White
The Castle Quilters met on April 19th at the Rockcastle Extension Office. The workshop began at 2:00 pm with the regular monthly meeting following. An "Old Fashion Crazy Quilt" was the quilt pattern of the month. Yvonne Sowder made a square with an interesting Japanese theme.

Those attending the regular monthly meeting at 6:00 pm were Anna Loney, Donna Brewer, Cheryl Witt, Becky Hansel, Faye Thompson, Janice Hager, Yvonne Sowder, Barbara Congleton, Wynonna Isaacs, Audrey Noe, and Carol Ann White. The door prize was won by Donna Brewer and refreshments were served by Barbara Congleton and Janice Hager.

Cheryl Witt presented a mini lesson featuring a paper pieced Grandmothers Flower Garden pin cushion. She had a complete kit for each person. A very nice lesson was enjoyed by all.

The May workshop will be a paper pieced Bird House Wall Hanging. The workshop will begin at 2:00 pm on May 17th, followed by the meeting at 6:00 pm. Refreshments for the meeting will be provided by Becky Hansel and Yvonne Sowder will present a mini lesson on embroidery.

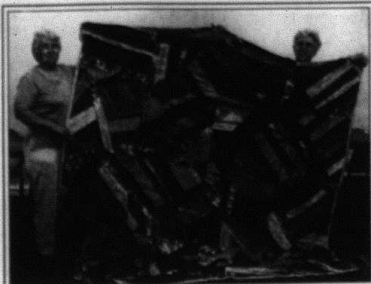
Monthly afternoon workshops are free and open to anyone interested in any aspect of quilting, from beginner to intermediate level. Each person will need to provide their materials for the project. A sample of the upcoming project is available at the County Extension Office, where you may also pick up a list of materials and supplies needed.

Workshops have a scheduled project, but you may also come to observe, work on an unfinished project, or bring a project-in-progress that may need other help or advice to complete.

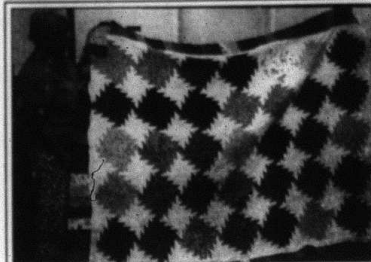
Castle Quilters encourages anyone to join our quilters group. You can join others in keeping a small part of our Appalachian heritage alive, to see and share the projects of other quilters, and to benefit from new information others have to share.

Castle Quilters, along with Rockcastle Tourism and Rembo Valley Entertainment, will host the 1st Annual Appalachian Quilt Show June 3, 4 & 5, in conjunction with the Rembo Valley Discovery Festival.

We encourage quilters to enter their quilts in the show. There will be prizes awarded. You may obtain additional information and guidelines by calling Rockcastle Extension Service at 256-2403.



Audrey Noe and Janice Hager are shown holding the Crazy Patch Quilt with embroidered names of family members that Audrey made for her mother.



Faye Thompson is shown with her "Whirligig" quilt top made at Castle Quilters first workshop.

Protecting your ride on the internet

Family and Consumer Sciences

Hazel Jackson
Rockcastle County Extension Office

Did you know... that two of the latest online scams, "phishing" and "pharming," are powerful tools for identity thieves in their search for personal information that they can use to victimize consumers?

"Phishing" is the act of sending an e-mail that appears to be from a legitimate business or financial institution, asking for your private financial records such as bank account numbers, credit card numbers, and your Social Security number, with this information, "phishers" can steal your money and your identity. These e-mails are sent to many people at once, and the perpetrators of this scam can expect a percentage of those who receive the message to respond and send the information. You should not respond to these e-mails or click on links to Web sites provided in these e-mails. Doing so could put you at risk of identity theft.

"Pharming" is a new twist to the phishing scam. In this scam, phishers, without using e-mail, try to get consumers to go to fraudulent Web sites instead of a legitimate financial institution's Web site. They do this by planting their own computer code to divert consumers from the vulnerable Web sites of financial institutions or other businesses that do not have adequate firewall protection. In effect, the scammers hijack a legitimate business's Web site so that their legitimate Web address points consumers toward a spoofed Web site that looks just like the real thing. This makes it even more difficult for consumers to avoid being victimized. Additionally, phishers might even try to attack consumers' computers using these same methods.

The upshot? Always be careful when making financial transactions online. Make sure that you are on the real Web site and not a fraud. One vital step you can take is to buy firewall protection (software) for your computer. Firewalls block unauthorized outside access to your computer. Companies as well as consumers need better firewall protection if they use the Internet for financial transactions.

For more information on this subject, drop by the Extension Office at 1050 West Main Street, Mount Vernon for a copy of the Extension publication, "Making Your Ride on the Internet Safer" or call 256-2403 and we will be happy to send you a copy.

Educational programs of the Kentucky Cooperative Extension Service serve all people regardless of race, color, age, sex, religion, disability or national origin.

Upcoming Reunions

Stephens/Stevens Reunion

The 3rd Annual Stephens/Stevens Family Reunion will be held May 21, 2005 all day at Quail Community Park. Bring a covered dish and spend the day.

For more information, contact Betty at 256-9215 or Myrtle at 256-4830.

Mason Reunion

The 3rd annual Mason Reunion will be held at the Flat Rock Baptist church Fellowship Center, Maple Grove Road off Hwy. 1004, Orlando, all day Saturday, May 28, 2005.

The Mason families are the descendants of William "Bill" Mason and Amelia Barrett Mason.

The invitation to Mason Day is for all relatives, friends and neighbors to join in a day filled with lots of fun, good food and to share God's wonderful love with each other. If you can, bring along a friend and your favorite kettle of something good to eat. Let's celebrate another Mason Day together and rejoice in the many blessings God has given us.

If you cannot come, know that you will be greatly missed. God Bless you and yours and God Bless the Mason' Day with your being there.

Love, Love, Love
Franklin D. Mason
Mary Ann Mason Vanzant
Leos Mason • George Mason, Jr.
Rosemary Mason Wyatt

Email news to the Signal at

mvsignal@alltel.net

or fax news to

606-256-9526

Church News

Homecoming at New Hope

New Hope Baptist Church Homecoming will be Sunday, May 15, beginning at 11 a.m. Bro. Roger Lester of Maryville, TN will be preaching and there will be special singing by the Meadows Family. Pastor Paul Pearson and congregation invite everyone.

Revival at Sand Hill

Revival services will be held at Sand Hill Missionary Baptist Church May 13, 14 and 15, beginning at 6 p.m. Bro. Don Arthur, Bro. Jerry Bullock and Bro. Kenny Rogers will be the speakers. Everyone welcome.

Prayer Ministry

Scaffold Cane Baptist Church has started a Prayer Ministry for the people of our church and community. Monday through Sunday, we will have a prayer warrior praying over your requests and needs. All prayer requests are strictly confidential. You may e-mail prayer requests to Timeforpraying@aol.com or you can mail any request to Scaffold Cane Baptist Church, Rt. 3, Box 197, Mt. Vernon, Ky. 40456 or call 606-256-1034.

Union Baptist Church

Services are held at the Union Baptist Church each Sunday with Sunday School at 10 a.m., morning worship at 11 a.m. and evening services at 6 o'clock. Pastor Dale Walters and congregation welcome everyone.

Gospel Sing

There will be a gospel sing at Central Baptist Church, featuring the Steve Epkey Family, Monday, May 16 at 7 p.m. The church is located behind Country Sam Furniture off U.S. 25 S.

For more information, call the church at 256-2988.

Singing at Rose Hill

There will be a Singing at Rose Hill Church on Saturday, May 14, 2005 beginning at 7 p.m. Regular services are Sunday morning at 11, Sunday Evening at 7 and Thursday evening at 7.

Ladies Service

A Ladies Service will be held at

the West Broadhead Church of God Fri. May 13 at 7 p.m. with Evangelist Ruby Smith of Lily.

All ladies are welcome for a time of strengthening, restoring and renewal.

The church is located on Hwy. 324S.

Revival at Clear Creek

Clear Creek Baptist Church will be in Revival May 22-25. Bro. Harp Valentine will be the evangelist. Services are at 7 p.m. Bro. Kenny Queener is pastor. For more information, call 859-985-9395.

Revival at Scaffold Cane

Revival services will be held May 15-18 at Scaffold Cane Baptist Church. Sunday morning service at 11 o'clock and all evening services at 7 o'clock.

Special singing nightly. Evangelist will be Bro. Ron Meece from Crab Orchard.

Pastor Bro. Bobby Turner and congregation invite everyone to come and join in a time of revival.

Community Cook Out

Philadelphia United Baptist Church will have a Community Cook-Out Sunday, May 15th. Everyone is welcome. Bring a chair and your favorite dish if you like. We will eat at 1 p.m.

Philadelphia United Baptist Church will be in revival beginning May 15th with service that night at 7 p.m. There will be a different speaker each night and you are invited to come and worship with us.

The church is located on Bryant Ridge Road, Broadhead.

Ramblin' Road Trip

The theme for Fairview Baptist Church's VBS 2005 will be "Ramblin' Road Trip: Which Way Do I Go?" VBS will be held June 6-10 from 6 to 9 p.m. All ages are encouraged to attend. For more information, call 606-256-3722.

Special Service and Benefit Cook Out

There will be a special service and benefit cook out and special singing at Cupps Chapel Holiness Church May 21st, beginning at 5 p.m. Marlow Napier will be speaking. Proceeds will benefit Linda Francisco who recently underwent open heart surgery.

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Kentucky Music Hall of Fame & Museum
Anniversary Celebration
May 13th & 14th, 2005
Friday, May 13th, 2005 - Bluegrass Day
Saturday, May 14th, 2005

www.KYMusicHallOfFame.com

ROCKCASTLE

HOSPITAL AND RESPIRATORY CARE CENTER, INC.

GOLF SCRAMBLE

Rockcastle Hospital and Respiratory Care Center, Inc. is hosting a Golf Scramble to benefit WNAS Crusade for Children.

To register, Public Relations

This year's Relay for Life could be best to date

Submitted by Angie Blanton, publicity chair

For the last three years, Rockcastle County has been a huge supporter of the American Cancer Society's Relay for Life. Each year, the support and giving has surpassed expectations. This year, teams from around the county are making prepara-

tions for what looks to be the best Relay yet.

The date for the event has been set for July 29 and will be held at the Rockcastle County Middle School football field. It had been tentatively announced earlier as August 5 but has since been scheduled for the week prior.



Darlena Mays, a local cancer survivor, spoke at the Relay for Life Kickoff Rally held at Citizens Bank March 21st. The next meeting for Relay for Life is scheduled for Monday, May 16th at Kastle Inn. The meeting will begin at 5:30.

The Relay for Life Kickoff Rally was held March 21 at Citizen's Bank. Darlena Mays, a local cancer survivor, was there to share her experience battling cancer. Robin Kelley, community representative from the American Cancer Society, presented the Rockcastle Hospital organization with a prestigious award for having so many teams participate in last year's Relay. The organization had several teams, including support from the Rockcastle Hospital, Rockcastle Health and Rehab, and the Rockcastle Medical Arts Building.

The next Relay for Life meeting is scheduled for Monday, May 16 at the Kastle Inn restaurant. The meeting will begin at 5:30 and anyone interested in helping with Relay for Life or forming a team may attend. For more information, you may contact Kathy McClure, Relay for Life chair, at 256-4122 or Robin Kelley with the American Cancer Society at 1-800-ACS-2345 or (606)679-6143.

Last year, Rockcastle County raised \$36,000 for Relay for Life. This year's goal has been set at \$38,000. Everyone in the community is encouraged to be a part of this year's Relay and to attend the meeting next Monday.



Above, Robin Kelley, community representative from the American Cancer Society, presents the Rockcastle Hospital organization with a prestigious award for having so many teams participating in last year's Relay for Life.

Celtic Harpist performs May 21st at KMHFH

by Chris Mullins

Lorinda Jones, nationally recognized Celtic Harp and Mountain Dulcimer musician, will be performing at the Kentucky Music Hall of Fame & Museum on Saturday, May 21st at 12:00 p.m.

Jones specializes in Celtic and American traditional music. Her performances range from old Scottish airs and ballads, to American gospel, and the music of old time and contemporary folk artists. Though she has taught and performed extensively in Kentucky, and in many parts of the United States, from Maine to Texas, it will be her first performance at the Museum.

Jones has produced five CD recordings and five instructional books (three of which are published by Mel Bay Publications) that feature her expertise as a multi-instrumentalist, and an arranger.

Very knowledgeable of the history and development of folk instruments, she is also a founding member of the Heartland Dulcimer Club in Elizabethtown. In addition, Jones is a Board-Certified, Music Therapist and the owner of Music Therapy ser-

VICES of Central Kentucky, which provides contract music therapy services for children and adults with mental, physical, and emotional disabilities.

Accompanying Jones during her performance at the Museum will be Bruce Adair and Kelsie Westfall, both of whom are part of the group, Just By Chance. Performing and recording together since 1997, they perform a variety of rich acoustic music from Celtic to Bluegrass selections. Westfall and Adair are both talented multi-instrumentalists; Westfall will be performing on the bass, fiddle, mandolin, with Adair on the guitar, dulcimer, mandolin, and bouzouki.

Recently the Kentucky Music Hall of Fame & Museum has showcased several bluegrass bands through the month of April, including Dulcimer virtuoso, Don Pedi. Executive Director Robert Lawson commented that "The Hall of Fame is a place for Kentucky musicians to showcase their talent; be it jazz, bluegrass, rock, country, blues, folk or any genre for that matter."

For more information regarding

Lorinda Jones' performance as well as other performances at the Museum, contact Chris Mullins, Kentucky Music Hall of Fame & Museum Resident Musician at (606) 256-1000.

"Noble" (Cont. from Front)

Senior forward Heather Hammond received an invitation to tryout for the Kentucky All-Star team. The Lady Rockets leading scorer and rebounder this past year declined to invitation due to scheduling conflicts with track and field. Hammond will run track at Western Kentucky in the fall.

Noble, Abney and Rowe will open all-star competition at Diddle Arena in Bowling Green, the same place they closed the high school season. The opener for the series is scheduled for June 18th.

"Spelunkers" (Cont. from Front)

ter systems," Thor H. Bahman III, a spokesman for the grottos said. "These contaminants eventually dump into streams and rivers, polluting reservoirs and drinking water," Bahman added.

Rockcastle Co. PRIDE Coordinator James Renner helped organize the effort. Renner and a few workers assisted in the cleanup and hauled away the collected trash.



Be an Angel.

Become a Kentucky organ & tissue donor. For information contact 1-800-525-3456, or www.trustforlife.org



Mt. Vernon Elementary Pentatones, under the direction of Ms. Jamie Cornelius, will present *This Is America!*, a musical celebration of our country. The production will be Friday, May 13th at 6:30 p.m. in the MVES Gymnasium. All Veterans are cordially invited to attend this special concert.

UNITE and UBAD to rally in Manchester

A motorcycle fundraising ride and rally will be held Saturday, May 14, to benefit Life Line, a faith-based after-care support program for recovering addicts and their families.

The event is sponsored by the UNITE Bikers Against Drugs (UBAD) Motorcycle Association, Inc., and Operation UNITE (Unlawful Narcotics Investigations, Treat-

ment and Education).

Registration will be held at the Manchester City Park beginning at noon. At 1 p.m. there will be a fish fry and rally, featuring speakers Pastor Doug Abner from Community Church, Pastor Ken Bolin from Manchester Baptist Church, and Operation UNITE Faith-Based Coordinator Joe Farmer.

Immediately following the rally, a motorcycle ride will be held, returning to Manchester City Park about 4 p.m.

For those coming from out of town, registration will be held from 11 a.m. to noon at Long Rider Leather in the Dog Patch Shopping Center at the north London exit of I-75. Those who register here will ride to Manchester together.

Registration fees are \$15 for the rider and \$5 for a co-rider. For more information contact UBAD President Gary Linville at 606-256-9598 or Operation UNITE at 1-866-OP-UNITE.

ROCKCASTLE COUNTY DARRELL DOAN, COUNTY SHERIFF STATEMENT OF REVENUES, EXPENDITURES, AND EXCESS FEES - REGULATORY BASIS

For The Year Ended December 31, 2003

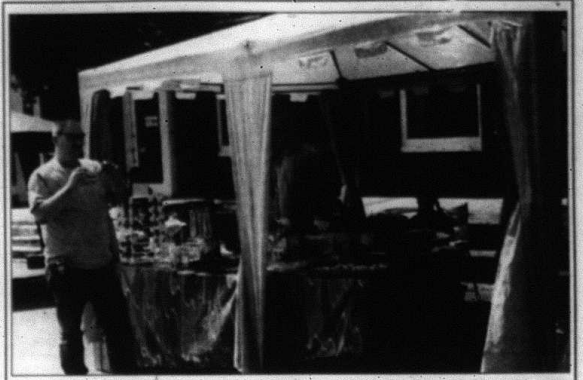
REVENUES	
State - Kentucky Law Enforcement Foundation Program Fund	\$ 20,505
State Fees For Services:	
Finance and Administration Cabinet	6,289
Circuit Court Clerk:	
Sheriff Security Service	22,650
Fiscal Court	7,009
County Clerk - Delinquent Taxes	1,583
Commission On Taxes Collected	88,032
Fees Collected For Services:	
Auto Inspections	\$ 4,690
Accident and Police Reports	464
Serving Papers	13,455
Carrying Concealed Deadly Weapon Permits	6,255
Other:	
Arrest Fees	\$ 4,084
Office Fees	10
Transporting Prisoners	10,386
Confiscated Drug Money (Note 4)	1,056
Drug Forfeitures (Note 4)	846
State Election	340
Transporting Juveniles	260
Miscellaneous	3,937
Interest Earned	220
Borrowed Money:	
Bank Note	17,500
Total Revenues	\$ 209,571
EXPENDITURES	
Operating Expenditures:	
Personnel Services-	
Deputies Salaries	\$ 83,827
Contracted Services-	
Advertising	422
Vehicle Maintenance and Repairs	9,673
Materials and Supplies:	
Uniforms	3,320
Auto Expense:	
Gasoline	16,771
Other Charges:	
Conventions and Travel	\$ 190
Dues	33
Postage	79
Radio Equipment	285
Carrying Concealed Deadly Weapon Permits	2,050
Refunds	2,519
Miscellaneous	8,001
Bank Expense:	
Automatic Withdrawals	218
Total Expenditures	\$ 127,388

Celtic Harpist Lorinda Jones will perform at the Kentucky Music Hall of Fame and Museum.

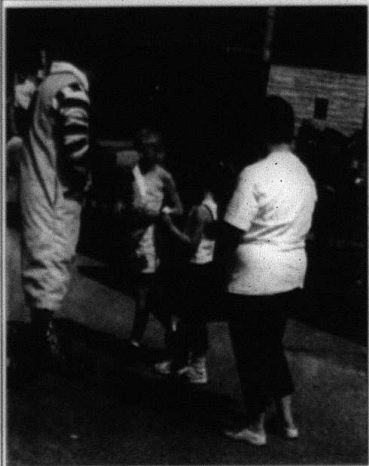
Scenes from this past weekend's Old Fashioned Trading Days



Master Gardener Kathy McCauley conducted a class Saturday on potting plants at the Garden Market held beside Cox Hardware.



Teddy Lawrence, with the help of his daughter, Angie, showed Wesley Daniels of Mt. Vernon his wares during Old Fashioned Trading Days Saturday on Main Street in Mt. Vernon.



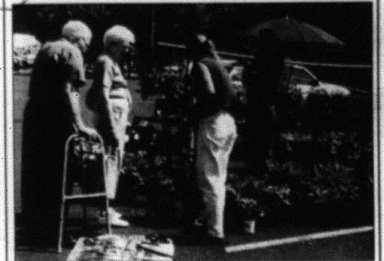
Ronald McDonald was on hand at Saturday's Old Fashioned Trading Days and was busy in the above photo entertaining Brittany Bowling, Ashley Gibson and Regina Hooper.



Mt. Vernon Lions club members Debbie DeBorde, Mike DeBorde, Bobby Kendrick and John Horn at the Old Fashion Trading Days booth selling Raffle Tickets for a new TV.



Lions President Tom Tyler presenting Charlie Bowman of Jackson County with the TV.



Joe and Ann Henderson of Mt. Vernon and Tammy Cornett look over the garden items offered by C&J Nursery at Saturday's Garden Market. In the background is Jerry Sims, owner of the nursery.

Cemetery Notices

Flower Pick-up

According to County Judge/Executive Buzz Carlotta, county workers will be picking up old flowers at cemeteries prior to the Memorial Day Weekend. Carlotta said that old flowers must be piled up outside the cemetery and his office should be called for a pick-up date. The number is 256-2856.

High Dry Cemetery

Anyone who would like to send donations for upkeep of the High Dry Cemetery, please send to: High Dry Cemetery, c/o Jonett Phelps, RR6, Box 480Q, Mt. Vernon, Ky. 40456. Any and all donations will be appreciated.

Tom Stephens Cemetery

The Tom Stephens Cemetery Fund continues to accept donations for the upkeep of the cemetery. Donations can be mailed to: P.O. Box 16, Mt. Vernon, Ky. 40456.

Morning View Cemetery

Donations for the upkeep of Morning View Cemetery should be sent to Murphy Martin, Jr., Rt. 2, Box 309, Livingston, Ky. 40445.

Oak Hill Cemetery

Donations for the upkeep of Oak Hill Cemetery may be mailed to: Bill Lear, HC 63, Box 169, Orlando, Ky. 40460 or given to Maggie Lear or Bill Lear during Memorial Day Week end at the cemetery.

Red-Hill Cemetery

Please send donations for upkeep of the Red Hill Cemetery to Dell Ponder, P.O. Box 238, Livingston, Ky. 40445, 1-606-453-4341 or Clifton Bond, P.O. Box 239, Livingston, Ky. 40445, 1-606-453-9508. Ponder and Bond will be collecting donations at the cemetery during the Memorial Day Week End.

Johnetta Cemetery

Donations are needed for maintenance and upkeep of Johnetta Cemetery. Please send to: Harold Ballinger, 507 Three Links Road, McKee, Ky. 40447.

Ward Cemetery

It's that time again for the grounds to be mowed and do upkeep for the cemetery. Any donations would be greatly appreciated. As of last year, Bobby Lee McClure of Livingston is over all matters with Ward Cemetery. Please send all donations to: Ward Cemetery, c/o Bobby Lee McClure, P.O. Box 3, Livingston, Ky. 40445.

Thank you for your support

Briarfield Cemetery

Donations are needed for upkeep and mowing of the Briarfield Cemetery at Orlando. Roger Ely and Ed Baker will be accepting donations at the cemetery on Saturday and Sunday, May 28 and May 29. Make plans to bring a covered dish and meet with friends and family for the afternoon on Sunday, May 29th. We will eat around 1 p.m. Come and enjoy the day with us. If you are sending your donations by mail, make checks payable to: Briarfield Cemetery Fund, c/o Roger Ely, Rt. 1, Box 232, Orlando, Ky. 40460.

email news to

mvsignal@aoltel.net



Sue Jenkins, left, of Nicholasville looked over the paintings of Troy Hannel on display at Saturday's Old Fashioned Trading Days in Mt. Vernon. Hannel's wife, Rebecca, who was "manning" the booth and Mrs. Jenkins discovered they were schoolmates many years ago at Memorial School in Lincoln County.

Cards of Thanks

Edith Hellard

The family of Edith Hellard would like to express their sincere thanks to everyone who sent flowers, food, cards, called, prayed and visited with Mom and us. Thanks to the doctors and staff at Rockcastle Hospital, Pattie A. Clay Hospital, the Rockcastle Ambulance Service, Dowell and Martin Funeral Home, the pallbearers, Bro. Bobby Green for the beautiful service and to Keith and Doris Soward for the beautiful songs.

The Hellard Family

William Bentley

On May 6, 2005, our father William Bentley passed away. My sister and I would like to thank everyone who acknowledged our loss. Thank you for the gifts, cards and calls. Your love and support mean more than words can say.

Sherry Hensley • Sandy Alexander

Thank You

We would like to thank everyone who donated food, money and that sang for the Dempsey Brummett Benefit Singing. A special thanks to Dale Brummett for putting it together, Bro. Erwin for the church and all the great singers. It was a great joy to our hearts to see how many family and friends came out in the rain for our loving dad. We love you.

Thank you so much

Norma Martin, Sheila Rowe, Lena Smith and their families

Chrystal Lamb

The Smith Family would like to express a special thanks to everyone who sent food, flowers and donations. For all the support and encouragement and prayers, during our time of loss. A special thanks to Vernon Doan, Walter Malone and Tammy Cox and all the pallbearers. Also, Flatter Rock Baptist Church for the dinner and allowing the family time together. To Dowell and Martin Funeral Home for providing such a special thoughtful service. She will be missed by many but we look forward to meeting her again in Heaven.

A Special Thanks

To Dr. Cervoni and staff at the Pattie A. Clay Hospital, to my pastor and his wife, Bro. Chad and Karen Scalf, members of the Livingston Pentecostal Church, to my daughter and son-in-law, Gail and David Macon, Ralph and Sue Allen, Jewel Allell, Geneva Spoonamore, Felix and Louvenia Wilson, Edna Cameron and Charles Wagner. Also to my neighbors, Brian Powell, Minnie Pearl Mullins and Raymond Baker for all the cards, phone calls and especially all the prayers.

Thank you and may God richly bless you

Esther Fullerlove



Hi! I'm Jordan Kelley and I would like to introduce my new brother. His name is John Thomas. God blessed our family with him on April 8th. He weighed 8 lbs. 2 ozs. Our loving parents are Tim and Brenda Kelley. Our grandparents are Harold and Virgie Kelley and Benton and Wanda Miller. We are blessed to have three great grandmothers - Ida Hurd, Bertie Kelley and Katie Mink.



Happy 18th Birthday and congratulations on your graduation Candie Laswell! Love - Mom, Angie & Zach



Ethan Gardner Bowling was born December 13, 2004 weighing 7 lbs. 12 ozs. and was 22 inches long. Proud parents are Jeff and Teresa Bowling. Grandparents are Wendell and Virginia Renner of Orlando, Walter and Billie Schmidt of Lexington and Harry and Sallie Bowling of Versailles. He was welcomed home by siblings Brooke, Jon Thomas and Janae.



Happy 30th Birthday Christa! Love Christina and Alyssa

NOW ACCEPTING NEW PATIENTS

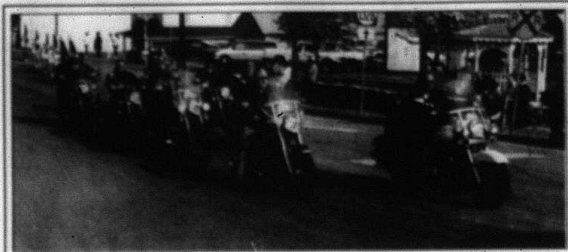


Beltone
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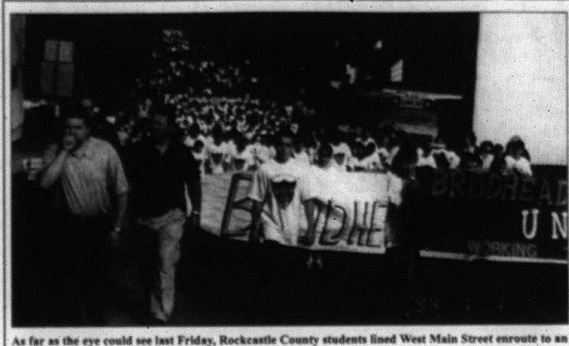
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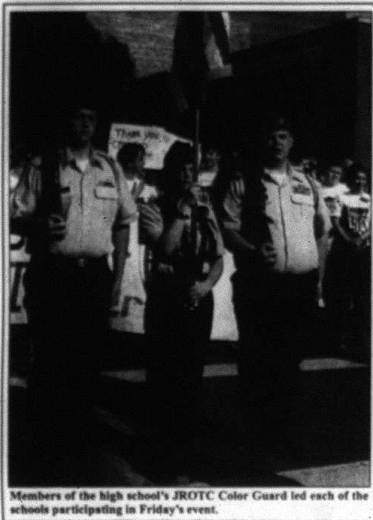
Friday's UNITE rally on Main Street a huge success



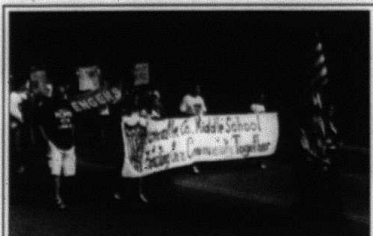
Gary Linville and UBAD (United Bikers Against Drugs) led last Friday's UNITE Anti-Drug Rally, sponsored by the UNITE Coalition.



As far as the eye could see last Friday, Rockcastle County students lined West Main Street enroute to an Anti-Drug Rally on Main Street. Approximately 3,000 students participated in the event, along with members of the high school's JROTC and band. The event was sponsored by the local UNITE Coalition.



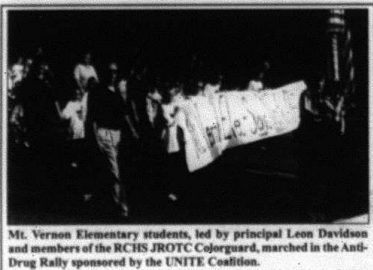
Members of the high school's JROTC Color Guard led each of the schools participating in Friday's event.



Students from Rockcastle County Middle School carried a banner in Friday's Anti-Drug Rally which proclaimed "Protecting our Community Together."



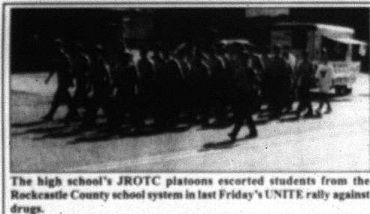
Participation in Friday's UNITE Anti-Drug Rally, from Brodhead Elementary was excellent. The orderly behavior of all students in the parade was noted by many who watched the march. Brodhead's banner proclaimed that Brodhead Elementary Says "NO" to drugs.



Mt. Vernon Elementary students, led by principal Leon Davidson and members of the RCHS JROTC Color Guard, marched in the Anti-Drug Rally sponsored by the UNITE Coalition.



Students from Roundstone Elementary School were an enthusiastic group in Friday's parade which led to an Anti-Drug Rally on Main Street in Mt. Vernon. Almost all the school children were attired in t-shirts purchased by the local UNITE Coalition which also sponsored the rally.



The high school's JROTC platoons escorted students from the Rockcastle County school system in last Friday's UNITE rally against drugs.

Email news to the Signal at mvsignal@alltel.net



Sometimes fund-raising efforts for Project Graduation 2005 calls for pulling in family members to "help out." That was the case in the top photo when Jessica Zapancic enlisted the services of family members J.J. Clark and Steven Zapancic for help at Saturday's car wash at Rocket Car Wash. In the bottom photo, parents and students, Keith Busnell, Ryan Graham and Keith Mink piled the rags and hose on a customer's car.



"Lake Linville" (Cont. from Front)

is in the waters of Lake Linville and, yes, each and every one of us is responsible for what ends up in the lake. For those of you who know me, you know that I've talked to countless organizations for the past four years about Lake Linville and what we are and are not doing to our water source.

It was a pleasure and very reassuring to listen to those who are much more knowledgeable than I when it comes to the technological aspects of what is happening in Lake Linville. They have a plan and I believe it is a workable plan that will benefit everyone who is and has been affected by the current water issue. The small part I played in the meeting was to assist in identifying problem areas within the watershed that affect the water source. It's important that we all understand that conditions have to be perfect for blue/green algae to appear. Lake Linville, with our help, has become the perfect breeding ground for these microscopic scoundrels.

Looking at the lake from the water - here are a few startling facts. Lake Linville is not the lake it used to be. It's not as large or as deep as it once was. If Lake Linville's water level were to drop a mere 7.5 feet, the shoreline would be 75 yards from the boat dock, well past the current slide speed only buoy. The Renfro Creek stream bed, that is the main tributary into the lake, has all but been choked off by run off and debris. The area once known as "the beach" has dropped in water level from six feet to less than two feet in 12 years.

There are three major runoff that directly impact the lake and all three immediately border its shorelines. It's simple, our lake is filling in and it's our responsibility to help her recover. Everything from free-ranging cattle standing in the lake waters to the trash we leave behind on the shoreline affects the quality of our water source. I'm sure many of you have heard the old adage, "trash in, trash out." Well, that's what we are facing here. What we put into the lake is what we are going to get out of the lake.



Members of the RCHS band, under the direction of Greg Daugherty, provided "marching music" for the students last Friday.

Is Lake Linville a lost cause? Of course not! It's time that we realize the true importance of our water source. There is not another area of the county that affects us with such a great economic impact, as our lake. It's waters flow into thousands of homes, recreational activities abound during the summer months and sportsmen utilize the lake year round. It's a resource worth protecting.

Not all news about Lake Linville of late has been negative. Recently, Lake Linville was spotlighted in several regional and national publications. Lake Linville has the distinct honor of being home to the World Record for a cross species of bass known as the "mean mouth" (a rarity of cross breeding between the KY bass and the small mouth bass). Lake Linville's catch eclipsed the old record by nearly a pound. The Kentucky Department of Fish and Wildlife is currently, and has been for about a month, performing creel surveys on Lake Linville to determine the health, quality and needs of the aquatic resources. It seems what is bad for the taste of the water is good for the health of the aquatic resource. The plan is to find a healthy and satisfactory balance.

The water in our lake won't hurt you. You can swim, water ski, boat and fish without alarm. I urge each of you to enjoy our water resources. More importantly, I urge each of you to help protect it and help it to re-

cover. As a Wildlife/Boating officer for the state of Kentucky, I'm charged with protecting the natural resources for future generations. As a citizen of Rockcastle County, I'm going to do my part to ensure that I do what's right and help those elected and appointed officials charged with dealing with the issues of our water source in any way that I can. As residents of Rockcastle County, we have a choice. Point fingers or pitch in. What are you going to do?

"Water Line" (Cont. from Front)

which must be followed in order to use the money on projects. The guidelines state, in part, that roads must be five-tenths of a mile long and serve five or more houses and/or businesses. An exception to the rule would be a road that is a connector road and the road should be ditched, so that water can be kept from running over the roadway.

The five magistrates, who will each be allotted approximately \$82,000 of the funds, were asked to recommend roads and bridges needing work in their districts. However, several of the magistrates' "wish lists" will have to be revised down or additional funding acquired because three of the magistrates' lists are over the \$82,000 figure.

Projects requested by the Magistrates include: District 1 (David

Gibbs): Chestnut Grove Road and Barnett Road at a cost of over \$58,000 total plus \$6,679 for the Mink Road and \$5,990 for the Red Bud School Road for a total of \$71,410.20.

District 2 (William Denny), listed the Sowder School Road, \$25,047; East Fork of Skaggs Creek Road, \$23,377 and \$55,654 for the Marler Hollow Road in addition to over \$12,000 for the Dooley Road and Wall Lane for a total of \$116,666.

District 3 (Billy McKinney), Cromer Road, Rock Spring Road and CR 1280 for a total of just over \$61,000 for these three roads plus an additional \$20,000 for four other roads - Bryant Ridge Road, Tarklin Hill Road, CR 1609 and Rolling Hills Subdiv. Road for a total of \$81,659.49.

District 4 (Fred Mullins), listed \$74,807 for the Burnt Ridge Road and \$28,852 for Argyle Falls Road plus \$7,854 for the Green Pond Ridge Road. These three amount to \$110,714.32.

District 5 (Ralph Allen), listed two major projects Halcomb East Road, \$37,731 and Maple Grove Road, \$31,169.60. However, he also listed eight other projects which put his total at \$94,781.39. The other eight roads are: Dailey St., Mt. Vernon, Smith Cemetery Road, Dogwood Lane, Blackberry Lane, Tulip Lane, Brush Creek Circle, New Hope Tower Road and Chestnut Ridge Church Road.

Rockets lose first district game in seven years to Clay County Tigers

The Rockcastle County High School baseball team continues their up and down ways. The Rockets took 3 of 5 games this past week with the two losses coming at the hands of Madison Central and Clay County.

No. 10 Madison Central handed the Rockets a 7-5 loss on Saturday night. Junior ace Colby Brown moved to 2-4 on the year. Consistent with most of the Rockets losses, J.D. Bussell's squad out hit the Indians but weren't able to capitalize with runners in scoring position.

The Rockets managed five runs in eleven hits while committing two errors but they fought from behind from the second inning on. They got four hits in the bottom of the first that eventually brought Brandon Barnes and Ronny McClure around to score after a one, two, three inning from Brown in the top of the frame.

In the second, Madison Central brought three runs home on three hits and one walk and the Rockets struggled to catch up the rest of the game. Jared Brown relieved Colby Brown in the sixth and threw two scoreless innings. But, it was too small as the Rockets took one under the chin to the 10th ranked Indians.

The Rockets traveled to Williamsburg on Monday and squeezed out a 5-4 win against 13th region foe Whitley County. A four run third inning with hits from Aaron Cash, Nick Williams and Colby Brown ignited the rally to put the Rockets ahead for good. Senior Ronny Lee McClure picked up the win.

The Tuesday night game matched the Rockets with an all too familiar Clay County Tiger team. Rockcastle County hadn't lost a district game in an unbelievable seven years with their last loss coming in the 1999 district tournament to Clay. However, the Tigers seemed determined to change their losing ways against the Rockets and for the first time in Head Coach J.D. Bussell's five year coaching tenure the Rockets dropped a decision to the Tigers.

Once again, the two-time defending 13th region champions managed more hits than their opponent at seven to four. But, they didn't get a single run around to score as they lost 1-0. Senior left-handed pitcher Mikah Reams went seven strong innings giving up only one unearned run to take the loss.

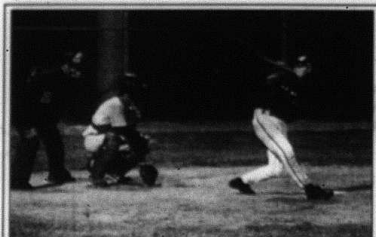
The Rockets made 6 errors in the contest. The last one by junior Colby Brown in the top of the seventh brought the only run of the game around to score.

Brown led the Rockets at the plate going 2 for 3 on the night. Phillip Boreing went 1 for 2 with a single while Ben Graves added a double and a 1 for 3 night to the box score.

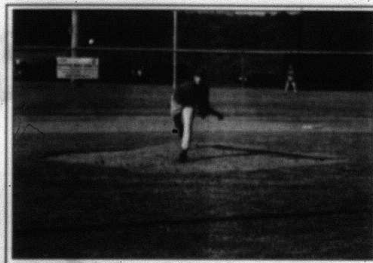
The Rockets travel to Lexington this weekend to play a three game round-robin with Bryan Station, Louisville Butler and Clark County in the Fayette County Invitational. In mid-week games, the Rockets square off against Pulaski South-west at home on Monday while traveling to Pulaski County on Tuesday.



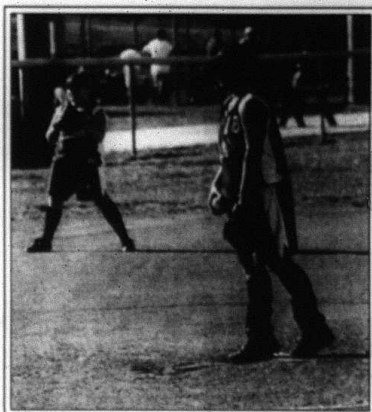
Members of this year's RCHS Rockets baseball team are, front row, from left: Brandon Barnes, Jake Woodall, Irak McQuerry, Tremay Coffey, Jared Brown, Dakota Smith and Derek Adams. Second row: Paul Payne, Chandler Hunter, Ben Graves, Colby Brown, Cody Childress, Douvan Pigg, Ronny McClure, Phillip Boreing and Mikah Reams. Back row: Abraham Kirby, Nick Williams, J.J. Barnett, Asst. Coach Chris Bishop, Head Coach J.D. Bussell, Asst. Coach Dusty McClure, Aaron Cash, Neshay Helton and Rick Sandusky.



Senior outfielder Nick Williams pulls a pitch into right field this past week. Williams has been one of Head Coach J.D. Bussell's most consistent hitters during the 2005 campaign. The Rockets will travel to Lexington to participate in the Fayette County Invitational this weekend.



Junior ace Colby Brown delivers a pitch in the Rockets 7-5 loss to Madison Central on Saturday. Brown has been labeled a pitcher with major college potential due to a fastball that registers close to 90 mph. However, Brown has just managed a 2-4 record this season.



Senior Allison Durham picked up another win Tuesday, shutting out Clay County 11-0 in five innings. Monday, the Lady Rockets beat Jackson County 19-0 in six innings. Also in the photo is third baseman Elizabeth Scarborough. The Lady Rockets will play Thursday at Russell Co. and Friday and Saturday will play in the Boyle Co. tournament.

Holding deer in captivity is a crime of nature

By Officer Stephen Isaacs KDFWR

It's that time of year when we all get to enjoy Mother Nature at her finest. With the warm weather and sunny days come the birth of flowers, grasses, and an abundance of our natural resources. This is the time of year that you may see a turkey with her plover or a whitetail doe with her fawn(s). These are true miracles to behold and those of us living in Rockcastle County have been truly blessed over the past few years to see a steady increase in the population of these resources.

As we encounter these animals it is important that we remember that there is a reason they are called wild-

life. Often times you will see young fawns in the fields, alone, this is a natural occurrence and is part of the doe's protective habit. The fawn is scent free and hard for predators to locate. The doe while off feeding is never far away to hear the fawn. Many of you will encounter young fawns while moving or walking through fields, please follow this advice. If the animal is not injured and the doe is nowhere around, leave it alone. Too often many of us think that we are helping the animal when in reality we are causing more harm than good.

The photos in this article are from a recent case in Rockcastle County



Freshman Courtney Bustle takes a swing during the Lady Rockets game against Clay County Wednesday. The Rockets won 11-0 in five innings. Last Thursday, the Lady Rockets game at Madison Southern was called in six inning because of rain with the score at 2 to 2. Friday and Saturday, the Rockets played in the Lafayette Tournament and lost to Ryle 10-0 and twice to Henderson County 5-2 and 2-0.

where the individual thought they were doing the right thing, but as you can see the living conditions for these twins were appalling. Both animals were kept for almost a year in a pen that was 10 feet wide and 27 feet long. When they were discovered they were living in 6 inches of mud and had no food and inadequate water. Believe me for all the good intentions of this landowner, Mother Nature did not intend for them to live this way.

The Kentucky Revised Statutes covers criminal penalties for the capture and holding of protected wildlife species. The greater crime is the crime against nature. These animals have endured without our interference for sometime and will continue to do so for a long time after we are gone.

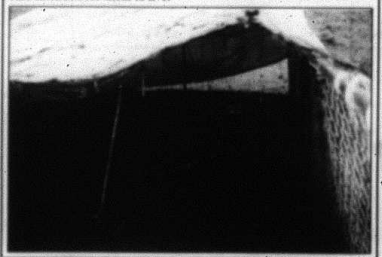
As in every case there are circumstances where we must intervene. Injured animals can be dealt with in several ways. We recommend that if you encounter an injured animal that you contact the Kentucky Department of Fish and Wildlife. The Department has numerous wildlife rehabbers that work diligently in rehabbing and returning injured wildlife back into the wild.

Remember, the best rule to follow is if it's not hurt, then leave it. If you feel it is hurt call the Kentucky Department of Fish and Wildlife at 800-25-ALERT or you can reach me through the local law enforcement dispatch.

The good news! These twins were rehabilitated and returned to the wild.



Holding deer in conditions such as these is not the way Mother Nature intended for them to live.



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'22,940*

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News from the Rockcastle County Courthouse

Circuit Civil Suits

Patricia Ann Nicholes vs. Leon Levy Nicholes, Jr., complaint for child support, CI-00110.
 Gary Kirby vs. Karina Roberts Kirby, petition for dissolution of marriage, CI-00111.
 Cabinet for Health and Family Services, Ex Rel Kentucky Foster Care vs. Janice Bowman, child support and medical support, CI-00113.
 Kentucky Farm Bureau Mutual Insurance Co. vs. Jeanne E. McFerron, complaint, CI-00114.
 Megan Elizabeth Bussell vs. Randall Dean Bussell, petition for dissolution of marriage, CI-00115.
 Credit Acceptance Corporation vs. Paul Renner, \$7252.88 plus claimed due, CI-00116.
 Cabinet for Health and Family Services, Ex Rel Kentucky Foster Care vs. Richard York, complaint for child support and medical support, CI-00117.
 Cabinet for Health and Family Services, Ex Rel Kentucky Foster Care vs. Crystal York, complaint for

child support and medical support, CI-00118.
 Cabinet for Health and Family Services, Ex Rel Sim Thacker, vs. Victoria Thacker, complaint for child support and medical support, CI-00119.
 Citizens Bank vs. Randall Steveng, et al, money claimed due, CI-00120.
 Gerald Mink vs. Barry W. Adams, complaint, CI-00121.

District Civil Suits

GE Money Bank vs. Randy Mullins, \$1299.83 plus claimed due, CI-00037.
 State Farm Mutual Automobile Insurance Company vs. Jimmy Payne, \$1294.40 plus claimed due, CI-00038.
 Legal Recoveries, vs. Marsha Arvin, \$1376.07 plus claimed due, CI-00039.
 Saint Elizabeth Medical Center vs. Pam Puryzer, \$567.10 plus claimed due, CI-00041.
 Capital One Bank vs. Russell

Ramsay, \$3590.52 plus claimed due, CI-00041.
 Capital One Bank vs. Glenna Hayes, \$2228.98 plus claimed due, CI-00042.

Marriage Licenses

Margaret M. Chester, 43 Rt. 1 Orlando, housewife, to Robert L. Robinson, 81, Rt. 1 Orlando, retired, 05/09/05.
 Cynthia Taylor Anderkin, 41, Berea, guidance counselor, to Ben Foggy McCallough, Jr., 47, Ashland, self-employed, 05/07/05.
 Katie Scarlet Gardner, 21, Orlando, student, to Christopher Dean Smith, 30, Orlando, farmer, 05/05/05.
 Jessica Ann Denny, 18, Berea, Rite Aid, to David Reid Roswell Richardson, 20, United States Army, 05/04/05.
 Kayla Donya Jo McFerron, 17 Mt. Vernon, student, to Billy Ray Hellard, 18, Mt. Vernon, student, 05/04/05.
 Amanda Faye Rader, 20, Orlando, library aide, to Russell Wayne Owens, 31, Somerset, heating and air conditioning, 05/03/05.

Kenneth J. and Brittany N. Roberts, and Ronald J. Edwards, Jr. and Portia Lynn Edwards, real property located in Rockcastle County to Americana Investors, LLC. No tax.
 Albert and Vickie Mooney, real property located in Rockcastle County to David R. and Mary J. Browning, Tax \$10.00.
 Gary D. Cronier, real property located in Rockcastle County, to Transportation Cabinet Department of Highways, No Tax.
 Clyde B. and Melissa C. Jones, real property located in Rockcastle County to Transportation Cabinet, Department of Highways, No Tax.
 Russell Collins, real property located in Rockcastle County, to Transportation Cabinet, Department of Highways, No Tax.
 Ray and Ruby Haarman, real property located in Rockcastle County, to Transportation Cabinet, Department of Highways, No Tax.
 Paul Gail and Neita Gail Barget, Transportation Cabinet, Department of Highways, No Tax.

Vernon Lee Beeler, DUI, 2nd, 120 days to serve, \$3,530 fine plus costs and fees, 12 month operator license suspension, No operators/moped license, \$100 fine.
 Peter A. Clay, Speeding, \$32 plus costs, Operating on suspended/revoled operators license, \$100 fine, vs. Darshan S. Chahal, Speeding and rear license not illuminated, license suspended for failure to appear.
 Bruce W. Huff, Alcohol intoxication, bench warrant issued for failure to appear.

Christopher Hughes: Alcohol intoxication, bench warrant issued for failure to appear.
 David Smith: Alcohol intoxication (2 counts), bench warrant issued for failure to appear.
 Lowell S. Floyd: No/expired registration plates, \$50 plus costs.
 Anthony C. Garrett: Disorderly conduct, 90 days/conditionally discharged two years.
 Karsevic Illia: Speeding and failure to add taxable unit to taxable income (2 counts), bench warrant issued for failure to appear.

(Cont. to B3)

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District Court

Hon. David Tapp
 May 2, 2005

Donna Anderson: Theft by deception (3 counts), \$20 plus costs and restitution and 60 days in jail/conditionally discharged two years each count.
 Speeding: Anthony Austin, paid \$20 plus costs; Nancy C. Baerwel, paid \$185 total fine and costs; David L. Stevens; Michael E. Fleece (also no insurance); Thomas L. Jones, license suspended for failure to appear; John T. Sims, bench warrant issued for failure to appear; Tammie M. Whittington, paid \$160.50 total fine and costs.
 Chad Mason: Alcohol intoxication in a public place, \$50 plus costs.

Deeds Recorded

Bus Appliance and Furniture, Inc., real property located in Rockcastle County, to Perry Mink Properties, LLC, Tax \$14.00.
 Julie and John Merkle, and others, real property located in Rockcastle County, to Julie and John Merkle, Tax \$30.00.
 Roman and Eva Ann McFerron, real property located in Rockcastle County to Freddie D. Croner, Tax \$20.00.
 Barbara Jo-Soice, real property located in Mt. Vernon, to Roger and Rebecca Isaacs, Tax \$42.00.
 Elliott J. and Pauline E. Epperson, real property located on Chestnut Ridge Road, ap. Jeany R. and Shambert L. Casway TRS \$5.00.
 Chris J. and Marilyn S. Reddington, real property located in Hidden Creek Subdivision, to Ken S. and Serenity Hopkins, Tax \$151.00.
 Perry J. and Amy L. Mink, real property located in Hunter Ridge Subdivision, to Jack and Arretta L. Bruce and John and Nancy Hale, Tax \$50.00.
 Ken Shay and Serenity Hopkins, real property located in Mt. Vernon to Charles Bradford Powell, Tax \$46.00.

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MONSTER IN-LAW
 1:50 4:20 7:10
 9:20 11:15

UNLEASHED
 1:40 4:20 6:55
 9:15 11:15

KICKING AND SCREAMING
 1:55 4:25 7:00
 9:05 11:15

KINGDOM OF HEAVEN
 1:30 4:15 7:15
 10:15

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Produce Ripe Bananas 29¢ lb.	Produce Red Gold Rome - Fuji Apples 1.99 lb.	Produce Fresh Broccoli 89¢ lb.
Produce Fresh Yellow Corn 4/\$1	Extra Savings Easton's Hamburger Dill Slices 99¢ 22 oz. jar	

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 Sunday May 15th 12:00 P.M to 4:00 p.m

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Live Music
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All Musicians and Singers are welcome to join in on our Open Stage

Wor Demonstration by David Owens and

Small print at bottom: We are a 501(c)(3) non-profit organization. All proceeds from our events go to the Mt. Vernon Signal. For more information, please contact us at 606-256-9810 or visit our website at www.mtsignal.com.

Does your religious organization need money?

An Artful Askers Workshop, a one-day training seminar, will be held June 1, at Northside Baptist Church, 777 Faith Mountain Road in Mt. Vernon, Ky. from 9:00 a.m. to 4:00 p.m. Cost of the workshop is \$75 per person which includes a workbook, lunch and other materials. Registration deadline for both workshops is May 27, 2005. (Walk-up and pay at the door only if space permits.)

Robert Vickers, who will lead the workshop, taught grant writing at the university level. He works with ministry groups around the nation to help them receive resources needed for their ministries. Through his two previous workshops in Kentucky, a number of ministries received new resources.

Learn to:

- Understand the overall grant-writing process.
- Understand the importance of Biblical relationships in funding.
- Short-cut the funding process by 14 months.

• "FISH" for funds.
 • Be successful in the funding competition even in preparing to receive Faith-based funds.
 • Understanding the "Donor Education" process.

For information on the June 1 workshop at Northside Baptist Church, check out website and materials: www.artfulaskers.com or e-mail bobb@artfulaskers.com or contact Shirley Cox, Ph. 606/256-4430. The workshop will be repeated in Louisville on June 2.

"Court"

(Cont. from B2)

venory, license suspended for failure to appear.

Daniel F. Johnson: DUI, 2nd offense, 30 days/serve seven, \$350 fine plus costs and fee and 12 month operator license suspension.

Brandy N. King: Operating on suspended/revoked operators license and other charges, license suspended for failure to appear.

Jessica K. Price: Driving DUI Suspended License, Operating motor vehicle under influence of alcohol/drugs and 3rd degree (CS/Drug unspecified), 180 days (each count) to serve 60/concurrent/balance conditionally discharged two years.

Melissa G. Blackburn: Leaving scene of accident, 30 days/conditionally discharged two years plus restitution. Driving without license/impudence in accident, 30 days/conditionally discharged/concurrent.

Scottie Dale Renner: Alcohol intoxication, bench warrant issued for failure to appear.

Jorge Paulo Silva: Stop/stand/park on limited access highway and violation of international registration plan, license suspended for failure to appear.

Adam M. Carpenter: Alcohol intoxication, \$50 plus costs.

Branden Michael Collier: Traffic in controlled substance within 1000 yards of school, 30 days/conditionally discharged two years.

Angelia L. Cox: Theft by unlawful taking, \$50 plus costs.

Donna Kay Denny: Carrying a concealed deadly weapon, \$100 plus costs.

Stephanie D. Denny: Failure to wear seatbelt, bench warrant issued for failure to appear.

Tanya Denny: Public intoxication, and other charges, bench warrant issued for failure to appear.

Jeremiah A. Erber: Speeding and No/expired other state registration receipt, license suspended for failure to appear.

Michael W. Stripling: Possession of marijuana, \$100 plus costs and 60 days/probated 24 months. Use/possession drug paraphernalia, \$100 fine and 60 days/concurrent. Possession open alcohol beverage container in motor vehicle, \$25 fine.
 Earl W. Couch: Speeding, \$52

plus costs and 10 days in lieu of credit time served; Reckless driving and so operators license, 10 days each/concurrent.

Charles C. Hamm: Speeding, \$52 plus costs; Reckless driving, \$100.

Wesley H. Mulline: Alcohol intoxication, 4 days/credit time served.

May 4, 2005

Robert L. Alcorn: Theft by unlawful taking, bench warrant issued for failure to appear.

Tim Bartlett: Receiving stolen property (2 counts), bench warrant issued for failure to appear.

Amanda Coleman: Theft by unlawful taking, bench warrant issued for failure to appear.

Tommy Collins, Jr.: Criminal littering, \$500 fine/suspend \$250 plus costs and community service work.

Sherry Combs: Theft by unlawful taking, bench warrant issued for failure to appear.

Robert D. Cope: Alcohol intoxication and possession open alcohol beverage container in motor vehicle, bench warrant issued for failure to appear.

Crystal G. Cotton: Fines/fees due (\$200), bench warrant issued for failure to appear.

John M. Cromer: Theft by unlawful taking (2 counts), bench warrant issued for failure to appear.

Lewis Calvin Denny: Violation of Kentucky EPO/DVO, bench warrant issued for failure to appear.

Michael W. Denny: Public intoxication, bench warrant issued for failure to appear.

Darrell E. Doan: Alcohol intoxication and possession of open alcohol beverage container in motor vehicle, bench warrant issued for failure to appear.

Speeding; Kelly J. Follin, summons issued; Veronica L. Hill, David B. Hood, paid;

Scott Human: Fines/fees due (\$179.50); bench warrant issued for

failure to appear.

Donald Ray Jones: Carrying a concealed deadly weapon, bench warrant issued for failure to appear.

Ozell A. King: Theft by deception, bench warrant issued for failure to appear.

Neel Keith Mason: Traffic in marijuana, less than 8 oz.; bench warrant issued for failure to appear.

Charlie McVey: Speeding, and failure to wear seat belts (3 counts), summons issued.

Salgado Mesa: Speeding and improper equipment, bench warrant issued for failure to appear.

Dexter J. Messer: Alcohol intoxication, and other charges, bench warrant issued for failure to appear.

Brian Ramsey: No insurance, bench warrant issued for failure to appear.

Marsanda N. Richards: Possession of controlled substance (2 counts), bench warrant issued for failure to appear.

Archie D. Richardson: Public intoxication, bench warrant issued for failure to appear.

Randi Faye Saylor: Theft by unlawful taking, \$250 fine plus costs and restitution and 60 days/conditionally discharged two years.

Christopher Fox: Speeding (2 counts) and failure to produce insurance card, bench warrant issued for failure to appear.

Rubin Freeman: Fines/fees due

(\$750.50), bench warrant issued for failure to appear.

Jonathan D. Garland: Operating on suspended/revoked operators license, \$100 plus costs.

Tim F. Garland: Fines/fees due (\$239.50); bench warrant issued for failure to appear.

Stephen Oscar Saylor: Theft by unlawful taking, and other charges, bench warrant issued for failure to appear.

Royd J. Smith: Alcohol intoxication, bench warrant issued for failure to appear.

Sara T. Snyder: One headlight, and other charges, bench warrant issued for failure to appear.

Darrell Edward Doan: Alcohol intoxication, bench warrant issued for failure to appear.

London D. Whitehead: Operating motor vehicle under influence of alcohol/drugs, \$250 fine plus costs and fees, 2 days in jail/credit time served/30 day operator license suspension.

Joseph D. Downs: Speeding, \$30 plus costs; Failure to notify address change to Dept. of Trans., \$10 fine.

May 5, 2005

Mickey D. Barnes: Operating motor vehicle under influence of alcohol/drugs, \$350 fine and 14 days; Reckless driving, \$20 fine; Failure to wear seatbelts, \$25 fine; Speeding, \$44 fine; Improper passing, \$20 each (three counts); Driving too fast, \$20 fine.

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Emily proudly announces the graduation of her Mommy

Angela Kirby

from Floyd College in Rome, Georgia

Associate's Degree of Science in Nursing

Pinning Ceremony

Friday, May 13, 2005 at seven o'clock in the evening
The Forum

Graduation Ceremony

Saturday, May 14, 2005 at ten o'clock in the morning
The Forum

Angela is the daughter of Darlene Mason and the late Rev. Don Kirby. She is the grand-daughter of Sally and the late Earl Mason and Jean Mink and the late Bert Harper. She is the great-granddaughter of the late Frank and Mary Belle Bond, Gladys and the late George Mason, Sr., the late Eddie and Martha Kirby, and the late Humphrey and Rachel Harper. She is the sister of Michael (Bree) Kirby and aunt of Kern Kirby. She is the niece of Mike (Shelby) Mason, Leon Mason, Gary Mason, Tiny (Suzette) Mason, Keith (Paula) Mink, Ronnie (Connie) Mink, Bruce (Kim) Mink, Ray (Carol) Harper, Betty Owens and Janice Harper and great niece of the Bond, George Mason, Sr., Kirby and Harper clans.



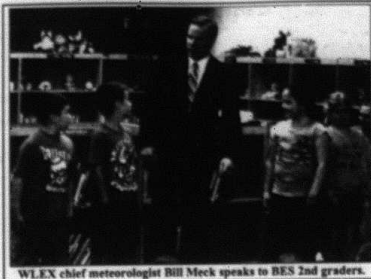
We are so proud of our Angela and know God's blessings are abundantly pouring out to her. We love you Angela.



BES 5th graders pick up trash at the Broadhead Community Park in honor of Earth Day.



BES students march in the Unite parade.



WLEX chief meteorologist Bill Meck speaks to BES 2nd graders.

Poynter named National Award Winner in Math

The United States Achievement Academy announced that Justin Poynter, of Broadhead, has been named a United States National Award Winner in Mathematics.

This award is a prestigious honor very few students can ever hope to attain. In fact, the Academy recognizes fewer than 10% of all American high school students.

Justin, who attends Rockcastle County Middle School, was nominated for this national award by Ms. Theresa Davis, a teacher at the school.

Justin will appear in the United States Achievement Academy Official Yearbook, which is published nationally.

"Recognizing and supporting our youth is more important than ever before in America's history. Certainly, United States Achievement Academy winners should be congratulated and appreciated for their dedication to excellence and achievement," said Dr. George Stevens, Executive Director of the United States Achievement Academy.

The Academy selects USAA winners upon the exclusive recommendation of teachers, coaches, counselors, and other qualified sponsors and

upon the Standards of Selection set forth by the Academy. The criteria for selection are a student's academic performance, interest and aptitude, leadership qualities, responsibility, enthusiasm, motivation to learn and improve, citizenship, attitude and cooperative spirit, dependability and recommendation from a teacher or director.

Justin is the son of Russell and Anna Poynter of Broadhead. Grandparents are the late James Chastain and Mary Ann and Robert Bridges, the late Billy and Margaret Durline and Cynthia Mink.



Justin Poynter

Last Day of School

The last day of school is Wednesday, May 18, 2005. The Rockcastle County High School and Middle School will dismiss at 11:00 a.m. Please adjust your schedule for this early dismissal.

Broadhead Elementary 5th graders celebrated Earth Day last week. Ms. Danielle Reppert, Americorp, coordinated the program. Mrs. Sandy Tyler, librarian, read The Lorax by Dr. Seuss to the students. The students had a picnic lunch. For their Earth Day project the 5th graders walked to the Broadhead Community Park and picked up trash. Thanks to the classes of Mrs. Sandy Brown, Mrs. Karen Powell, Mrs. Kathy Reynolds, and Mrs. Donnie Williams for helping to keep our earth clean.

WLEX Chief Meteorologist Bill Meck visited the 2nd grade classes of Mrs. Beth Jones, Mrs. Sharon Ponder, and Mrs. Tammy Stevens this week. Mr. Meck explained the many factors of weather to the students. The students had many questions for

Mr. Meck, which he involved the students through acting out the answers.

PTA will meet Tuesday, May 17th at 7:00. The SBDM parent elections will be held at the meeting.

Please save Campbell's labels and General Mills box tops during summer break!

School Menu

May 16 - May 18

Breakfast

Monday, May 16th: Breakfast pizzas or cereal, toast, jelly, juice, milk.

Tuesday, May 17th: Manager's Choice.

Wednesday, May 18th: Last day of school.

Lunch

Monday, May 16th: Pizza or sandwich, garden salad, fruit, milk.

Tuesday, May 17th: Manager's Choice.

Wednesday, May 18th: Last day of school.

Taco Bell

Six Pack Tacos 4.29

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Twilight Absolute Auction

**The Brown Family's
Farm Equipment & Personal Property**
Thursday, May 19, 2005 • 5:30 p.m.

Hwy. 70, Broadhead, Ky.

Directions: Near Broadhead, turn off Highway 150 onto Highway 70 and proceed approximately 4 miles to the auction site. From the Bandy section, turn off Highway 39 onto Highway 70 and proceed approximately 3 miles to the auction site. Auction signs are posted.

Equipment: New Holland square baler * Craftsman 16 hp riding mower with 42 inch cut and Kohler motor * Craftsman 42 inch yard sweeper * tractor spray * 3 phase commercial type press * Cummins Mack 12 speed drill press * Ingersoll-Rand Century II commercial type air compressor * Ferguson hay rake * International 6 ft. hydraulic wheel disc * 30 ft. hay and corn elevator * grader blade * heavy duty metal loading chute * tractor seeder * hay fork * commercial type cattle chute * Craftsman rear tire tiller * 13 ft. hay letter * wagons * hay spears * garden tiller * one row cultivator * corn planter * feeder * drag * creep feeder * Reddy Pro 155 heater * small Homelite generator * 2 back pack sprays * Craftsman 6.25 hp garden tools * feed trough * wheel barrow * vice * tobacco sticks

Personal Property: 7 piece dinette set and matching glass front hutch * nice sectional pit style sofa set * metal tea cart * antique floor model Zenith radio * antique mantle radio * folding table * 3 pc. blonde bookcase style bedroom suite * microwave stand * Pro-XL treadmill * magazine rack * maple coffee table * stereo * odd chest of drawers * old style GE refrigerator * dishes *

Auctioneer's Note: If you're interested in farm equipment or well cared for personal property, be sure to attend this absolute auction on Thursday, May 19th at 5:30 p.m.

Terms: Cash, check, Visa or Mastercard in full the day of the auction.

For additional information, contact the auctioneers.

Announcements day of auction take precedence over printed matter.

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Roy Adams - Auctioneer/Realtor

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Library News



Sherry Thompson, Pam O'Neil, Kelly McWhorter & Amanda Baker

The Rockcastle County Public Library had another unique program during Story hour Tuesday, May 3rd. Project Lead The Way instructor Pat Greene brought seven of his students from the architectural engineering class at Rockcastle County High School to show their machines, robots, and computer controls to the preschoolers. The children really enjoyed getting to participate in the presentation. The Even Start group was also present to enjoy the afternoon. The high school students were very knowledgeable in their communicating of the technological systems and how they interact with other systems. Each of the students were able to verbally transcribe the complex language to a more understandable language for the preschoolers. Mr. Allen Pensol read a "If I Had A Robot" by after the presentation was over. We want to thank Mr. Pensol, Mr. Pat Greene, Teddy Stallworth, Matt Durham, Josh Nation, Lucas Ott, Dustin McGuire, Cody Moore, and Matt Taylor for taking time to come to the library and share with the children.

Local crafters are displaying their creations at the library this month, please stop in and take a peak at their

handwork.

Summer Reading Sign-up begins May 23rd and runs through Saturday June 4th. Be sure to accompany your child to give permission for them to participate in Summer Reading. There is no charge for a library card. Upon signing up participants will receive a reading bag with coupons to various tourist spots, a reading log, and a calendar of the month's events, and a few little goodies! Incentives will be given along the way. Wendy's and Pizza Hut are proud sponsors of summer reading, a free junior frosty coupon will be given for the first five books read, and a free personal pan pizza coupon for every ten books read. Several businesses have made monetary donations, as well as committing to help with specific programs: We appreciate all of your support! Dragons, Dreams and Daring Deeds will be an event to be remembered because of the various sponsors who helped to make it a success.

The Library will close at 3:00 p.m. on Saturday May 14th. Make sure to plan your library time accordingly. We thank you for your cooperation. Make the connection, connect @ your library!



Matt Durham and Matt Taylor explain the working of the machine to the children.



Cody Moore watches as Reece sends marbles down the machine, also pictured is Joyce and Selena Burdine and Samantha Lewis.



Matt Durham gives instructions to the children on how to send the marbles down the machine.



The children colored pictures of robots that went along with what Mr. Allen Pensol read to them. We were able to seat 21 children around the new tables, and there is still room for more.

Jack's Hardware OPEN HOUSE

Friday, May 13

10% Off All Snapper Items 1 Day ONLY!

Homemakers to meet

The Quail Homemakers Club members met at the home of Kathleen Hembree on April 19th. There were fourteen members present and two guests, Debra Lambert and Christine Remmer. Kathleen was a gracious host and we had an informative and fun time. A handout on birds and bird care was passed out to help us identify the bids in our back yard.

The next meeting will be held at 7 P.M. on May 16th at the Rockcastle County Extension Office. Gladys Carpenter will be the hostess. The lesson will be "Making Soups From Soup." We hope to see all the members there and guests are always welcome to visit our meetings.

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Absolute Auction

Feldman Land Htrs

Recreational Land • 200 Acres More or Less in Tracts

Saturday, May 21, 2005 • 10:00 a.m.

Hwy. 1675, Stab/Burdine Valley Section of Pulaski Co.

Location: From the intersection of Hwy. 80 and 27 in Somerset follow Hwy. 80 east approximately 12 miles to Hwy. 1675. Turn right and proceed approximately 2.5 miles to the property. Auction signs are posted.

The Feldman's have deemed this excess property and authorized our company to market it at absolute auction.

Note: This will be a multi-parcel absolute auction, which is a new concept in this area for selling real estate at auction. This concept gives each and every prospective buyer the ability to purchase his or her individual tract or combination. Come on out and see how it works.

Tract 1: Has 7.26 acres with approximately 400 feet of frontage on Hwy. 1675.

Tract 2: This wooded tract consists of 6.30 acres and the terrain is rolling.

Tract 3: Contains 84.73 wooded acres with rolling terrain.

Tract 4: Has 50.93 acres of woods and terrain is rolling.

Tract 5: Consist of 50.93 acres with three or four acres cleared and a balance in woods.

All of the tracts have young growing timber on them. City water is on Hwy. 1675 and there is a stream running through the property. There are two 30 foot roads running to the interior of the property giving road access to Tracts 2 through 5.

Auctioneer's Note: If you've been looking for that wooded tract with an abundance of wildlife to hunt or camp with privacy and room to roam, this is it. Mark your calendar to attend this absolute auction Saturday, May 21, 2005 at 10:00 a.m.

Terms: 20% down day of sale, balance in 30 days.

Announcements day of sale take precedence over printed matter.

For additional information, contact the auctioneer:

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Minds in the Middle

On Thursday evening, the Y-Club will be celebrating their year with the annual RCMS Y-Club banquet. The program will begin at 6:30. All members and their parents are encouraged to attend.

This Friday afternoon, we will be having 8th Grade Night for our graduating class. There will be food, games, dancing, and other fun events. Students must have a note to stay and should be picked up by 8:00 p.m.

Eighth grade graduation will be held on Tuesday night beginning at 7:00 p.m.

Thursday afternoon at 1:00, our sixth grade teams will be having a Star Reader reception. We invite the parents of all of those students who will be recognized.

We are pleased to have 7th grade reading teacher Mrs. Deana Williams as our new cheerleading coach. Cheerleading tryouts were held this week and we congratulate those students who made the squad.

On the 7th grade squad will be Courtney Campbell, Britany Adams, Heather Bullock, Marie Poynter, Ashley Partin, Kara Canterberry,

Kayla Hensley, Jennifer Cox, Megan Simmons, Megan Richards, and Tosha Webb. Members of the 8th grade squad are Courtney Ham, Cassandra Irvin, Adrienne Childers, Ashley Miller, Lucia Burdette, Deana Gabbard, Heather Barnett, Kaitlin Griffin, Katie Caudill, Sarah Renner, Joanie Alexander, and Kaitlin Thacker.

School will dismiss for the summer on Wednesday, May 18th, at 11:00 p.m.

Our summer school program this year will be held at RCMS and is sponsored by the GEAR-UP program. This will begin on May 23rd and applications may be picked up in the office.

We invite all incoming 6th graders to our Camp Rock on June 8th from 8-2:00 p.m. Registration forms were given to all of those students when they visited us and were also distributed at Morvia to the Middle on Tuesday night. We greatly appreciated all of those students and parents who attended that event. Additional Camp Rock forms are available in our main office.

The Rockcastle County Public Library is a great place for our students to improve on their reading skills during the summer. If your child does not have a library card, we suggest that you give it a try!

We also suggest that if your child does not have some regular clothes at home that you assign him or her some simple tasks. During the middle school years, we great emphasize become a more responsible and dependable person. Building these characteristics in your child can make life, much easier for them, you, and for their teachers.

We wish all of our students a great summer and encourage their families to spend as much time together as possible. You don't have to spend large amounts of money or take big trips to enjoy quality time together. Every moment counts!

JROTC awards ceremony

The Corps of Cadets Rockcastle County High School JROTC respectfully requests the pleasure of your company at their 10th Annual Award Ceremony.

The event will be held in the high school gymnasium, on Tuesday, May 17th, 2005 at 4:30 p.m.

Team awards will be held immediately following in the cafeteria. Refreshments will be served.

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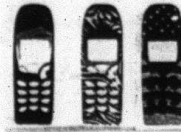
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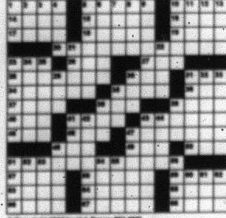
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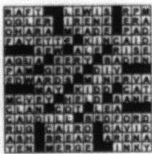
Kentucky Crosswords

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- of Kentucky
- 11 Kentucky
 - 12 Ornithology
 - 13 Existed
 - 21 Killer whale
 - 22 Knox Co. community, or white-haired
 - 23 Francs
 - 24 Location of Kentucky Speedway, (Gallatin Co.)
 - 25 Stargazed
 - 29 Lodge
 - 30 Large mammal being reintroduced into KY
 - 31 County where the geographical center of KY is located
 - 32 1882 Derby winner, or messenger god
 - 33 Beguiling
 - 35 Hart Co. area
 - 38 Run, or baby bear
 - 36 Larue County's most famous son?
 - 39 And so forth
 - 41 Palm tree
 - 42 Heart, KY preceded this town as Owen County's seat
 - 43 Slices of boneless meat
 - 44 Section
 - 47 Type of gasoline
 - 48 Author of "The Emigrants", considered the first KY novel
 - 51 Backpack
 - 52 Dunking cookies
 - 53 Soil
 - 54 Fermented juice
 - 55 Otherwise
 - 56 Montgomery Co. community, or desire
 - 60 Dignitary
 - 61 Stretch to make do
 - 62 Inheritable
- Across
- 1 Home KY county of Cumberland Gap
 - 5 Navigation system
 - 10 Historic Lincoln Co. town, or Orchard
 - 14 Fertilizer
 - 15 Arabian
 - 16 Waiting place
 - 17 Noted Kentucky bourbon brandy
 - 18 Italian seaport
 - 19 Skin disease
 - 20 Home of Western Kentucky
 - 23 Hattiesburg (2 wds.)
 - 25 Fish eggs, or and Allen Co. hamlet
 - 27 Bell Co. community, or Noah's boat
 - 28 Small fruit
 - 30 Time period, or a Christian Co. area
 - 31 Damage
 - 34 Francized woman
 - 35 Kentucky's "Lion of White Hair"
 - 36 Monkey
 - 37 Asian country
 - 38 Sealfood
 - 39 Greek Cupid
 - 40 Fast cash machine
 - 41 Kentucky, creator of "Judge Preser"
 - 43 Ineffective
 - 45 Rusted
 - 46 To be in debt
 - 47 One of KY's three original counties
 - 48 Letcher Co. area, or brown water
 - 49 Peyton's brother
 - 50 Negative
 - 51 Official name of four US states, one of which is Kentucky
 - 57 Voiceless
 - 58 Wavy character
 - 59 Letcher Co. community
 - 63 Whys
 - 64 Beginning
 - 65 Paul Patton's KY county
 - 66 Marion Co. hamlet, or Cross, or hallowed
 - 67 Requisite
 - 68 Fencing sword
 - 1 Small boy
 - 2 Band's before
 - 3 Yarn unit
 - 4 Barren Co. spot, or a young sheep
 - 5 Dye type
 - 6 Breadfast egg
 - 7 Hindu princess
 - 8 After sewily
 - 9 Grandpa Jones' Kentucky birthplace
 - 10 Historian laureate



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 - '04 Chevy Malibu, Loaded \$10,995
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 - '04 Suzuki Verona, EX, Leather, Seated, 12,000 miles \$AVE
 - '03 Hyundai Elantra, 4 Dr. Auto, 8,200 miles \$9,500
 - '03 Ford Crown Victoria, LX, Leather, Loaded \$14,995
 - '02 Mercedes C240, All Options, Seated \$21,995
 - '02 Honda Accord, 4 Dr. Auto, Seated, All Power, 28,000 \$14,995
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- '03 Chevy Blazer, 4 Dr. Auto, LS \$14,995
- '02 Honda CRV, 4x4, 5 speed, Low Miles \$15,995
- '02 Jeep Liberty, 4x4, Limited, Loaded \$14,995
- '01 Chevy S10, X-Box, SE, Load, 4 Dr. Auto, Seated, All Power, 31,000 miles \$13,500
- '00 GMC Z71, SLE, F, 4x4, Auto \$13,995
- '00 Ford Windstar, SE, Loaded, New \$10,995
- '00 Ford Explorer, 4 Dr. Auto, XLT, V8, AWD, Seated \$9,995
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HEALTH

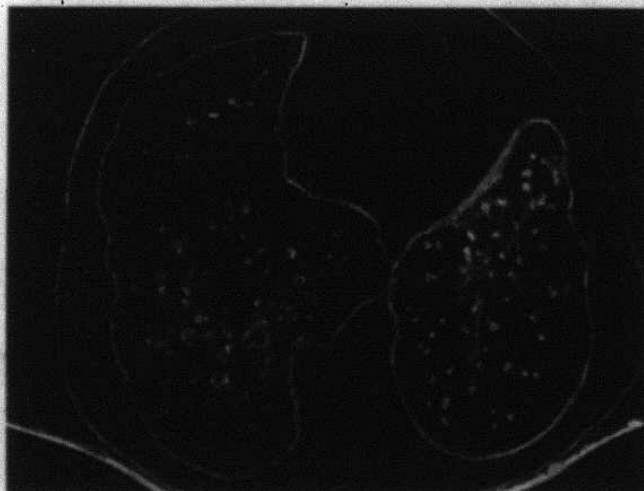
Signals

RHRC Appreciates Employees
Celebrating National Nurses Week
Summertime: Beware of the Dangers
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RHRCC shows appreciation to healthcare team in many ways

The healthcare field offers many careers that are in demand today, and the future for employment is bright. As a matter of fact, the demand is so great that some hospitals and other health care organizations are having a hard time keeping pace with the need. That's why Rockcastle Hospital and Respiratory Care Center, Inc. works hard to attract and retain its talented and experienced staff. Numbering more than 500, our employees are some of the best in the state, and many have special training and certifications that are comparable to hospitals nationwide.

"We are very proud of the achievements of our staff and the drive they have to constantly improve their skills," Steve Estes, president and CEO, said. "I'm

convinced that we have the best hospital personnel in the country."

During May, several activities are planned to honor the employees of the hospital, Rockcastle Health and Rehabilitation Center, Rockcastle Home Health, and the Rockcastle Medical Arts building. Although celebrating national events like Hospital Week, Nurses Week and Nursing Home Week this time of year is one way RHRCC shows its appreciation of employees, other benefits are seen year round.

Take education, for example. RHRCC offers tuition assistance for employees who want to further their educations.

Additionally, the hospital offers scholarships for nurses, respiratory therapists, speech therapists, occupational therapists, physical therapists, and even doctors. To date, four doctors on staff have

taken advantage of the program, and many employees have benefited from tuition assistance.

"I have always desired to be in a career that made me feel good about myself," Shauna Poynter, an Occupational Therapist and recipient of tuition assistance, said, "and that at the end of the day I know I have made a difference in someone's life. For me, that career choice was Occupational Therapy." Poynter added there is no more rewarding job than helping someone to gain functional independence. "The scholarship I received from the hospital has made that dream come true for me."

At Rockcastle Health and Rehabilitation Center, a new Employee Enrichment program recently was started. This provides our state registered nursing assistants (SRNA) help with personal and professional development. Topics including communication, finance and stress management as well as legal issues are planned or have been held.

As the county's largest employ-

ee, we take pride in our employee retention rate. Many of our employees have been with us for a number of years. If you ask them why, they'll cite many reasons, such as salary and benefits. But for most, it goes way beyond that.

"I've worked at this facility for almost 22 years, and I have always enjoyed the family atmosphere," said Sandy Bengel, an SRNA at Rockcastle Health and Rehabilitation Center. "Working together as you do, you become close to your co-workers. A lot of them seem more like family than just co-workers. I enjoy the residents, they always have wonderful stories and adventures to tell. I do feel like we make a difference in our residents' lives."

Our employees truly make a difference in the lives they touch and in the community through their involvement in volunteer activities and civic organizations. In this issue of Health Signals, we honor all RHRCC employees and show our appreciation of their accomplishments, skills, and patient care philosophies.

"I'm convinced that we have the best hospital personnel in the country."

*—Steve Estes
President and CEO*



Janet Igo, charge nurse on the East nurses' station at Rockcastle Health and Rehabilitation Center.



Nancy Hart, Environmental Services employee at Rockcastle Hospital and Respiratory Care Center.

Celebrating National Nurses Week

National Nurses Week is May 6th-12th. This year's theme chosen by the American Nurses Association "Nurses Many Roles One Profession." This theme emphasizes the many roles and contributions nurses play through patient advocacy, patient teaching

and society contributions. The nurses who work at Rockcastle Hospital and Respiratory Care Center, Rockcastle Health and Rehabilitation Center, Rockcastle Hospital Home Health and Rockcastle Medical Arts certainly have a positive impact on our

patient's lives.

Although this week in May is set aside each year to celebrating the nursing profession through fun activities, special recognition and treats, I want to express appreciation to all nurses on all days of the year for their tireless day-to-day

devotion and commitment to their patients in all settings. Nurses deserve recognition for contributions. While these contributions are widely diverse and unique, Nursing continues to be one profession with patient centered care as our goal.

Sherry Saylor—Nurse of the Year



Sherry Saylor RN was chosen as Rockcastle

Hospital and Respiratory Care Center's Nurse of the Year. Ms. Saylor has worked at Rockcastle Hospital going on twelve years. Sherry, who is

originally from West Virginia, attended Berea College where she received her nursing degree in 1993. She then began work at RHRCC where she works on the west respiratory care unit. Ms. Saylor expressed her appreciation of being chosen as nurse of the year by

saying, "Being chosen as nurse of the year is very flattering. I feel it recognizes all my hard work and dedication to patient care. It is an honor to even be considered as nurse of the year. What drives me to excel in my profession is providing care for the patients."

Assistant to Nursing of the Year



Nickie Navarre, was chosen as Assistant to

Nursing of the Year. Nickie has been employed by Rockcastle Hospital and Respiratory Care Center, Inc. for nearly two years. Nickie is a native of Rock-

castle County and a 2004 graduate of the Rockcastle County High School. Nickie began work at Rockcastle Hospital as a co-op assistant to nursing and is now a full time employee. She received her training at Rockcastle Area Technology Center. Nickie was honored to receive

this award. She expressed by saying, "The most desirable part of being an assistant to nursing is working with the patients." Nickie stated, "I take pride in helping others. Being an assistant is a very rewarding job. I am honored to be chosen as assistant of the year."

NURSES:

Many Roles, One Profession

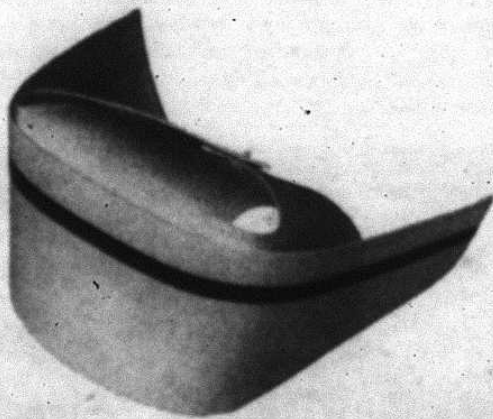
Our nurses play a vital role in meeting the community's healthcare needs. They know that nursing is more than providing the high quality care that you've come to expect. It's also a kind word, the right touch and a compassionate manner.

Whether they work in acute care, long-term care, the nursing facility, home health or your doctor's office...

Our nurses are the true spirit of caring.

ROCKCASTLE
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Our hat is off to them.

National Nurses Week is May 6 thru May 12, 2005

Summertime can be fun time, but be aware of the dangers



Celia Shaffer, MD
Pediatrics

Summer brings endless hours of sun and fun; however, sometimes it can bring serious injuries from falls to drowning. Below is a list of summer safety tips to keep your child's summer a safe one.

- Never leave children unattended in or near water. Avoid inflatable swimming aids such as "floaties". They are not a substitute for approved life vests and can give a false sense of security.
- Protect children from excessive exposure to the sun—especially from 10am–4pm. Use a sun screen with a Sun Protective Factor (SPF) of 15 or higher.

Apply sunscreen 30 minutes before going outside and use sunscreen even on cloudy days.

- Make sure children always wear a helmet and other protective gear when riding a bicycle or scooter, rollerblading or skateboarding. Never ride any of these around cars.



- Supervise children whenever they use play equipment such as making sure children stay clear of the front and back of swings while in use. Trampolines

should have safety net surrounding them to protect from serious injuries.

- Keep children away from areas where any lawn mowers are being used. Never allow children to ride on mowers. Minimize the risk of

bee and insect stings by having children wear shoes and light-colored clothing. Use insect-repellent sparingly on older children and never on infants. Do not use scented soaps, perfumes, or hair sprays on your child.

- Keep children from playing near barbecues and bonfires and always have water present when fire is involved.
- Strap children in a properly-fitting seat belt, car seat, or booster seat when traveling. No one ever intends to be involved in an accident.
- Young children die every year from being left in a car in the hot sun. Even if you think you will only be a second, take your child with you. Do not leave your car running with the air conditioner on; it makes it an easy target for a car theft with your child in it.

We hope that your child's summer is a safe and fun one!

It's never too late to be a nurse!

Several area colleges offer fast track to rewarding health career

Do you already have a college degree but wish it were in a health care field? Wish you were a nurse but think it's too late to become one?

It's not! Many colleges are now offering various accelerated nursing programs for those who are ready for an exciting career change.

Accelerated nursing programs are designed for those who hold a non-nursing bachelor's degree but wish to obtain a nursing degree in a shorter length of time than traditional undergraduate nursing programs. By combining pre-clinical classroom courses with initial clinical nursing courses, students can receive a Bachelor of Science in Nursing (BSN) in typically two years or less, depending on the college.

There are minimum prerequisites classes that must be met before accelerated courses can be

started. The nursing curriculum is modeled after the traditional four-year programs but the courses are offered in an intense full-time format with no breaks between sessions. After graduating, students are eligible to take their board exam and enter the workforce or pursue graduate studies.

Select colleges also offer accelerated master's programs in nursing. These programs generally take three years to complete, with students earning their BSN during their first year of studies and receiving a Masters of Science in Nursing (MSN) at the completion of their studies.

Accelerated programs arose due to the ever increasing need of nurses in the health-care workforce. According to the American Hospital Association's *TrendWatch*, 126,000 nurses are needed to fill the vacancies of hos-

pitals around the country today. This shortage is projected to increase to 808,000 nurses by the year 2020, as reported by the Health Resources and Services Administration (HRSA). The Bureau of Labor Statistics estimates by 2012 there will be a need for more than one million new and replacement nurses due to the retirement of experienced nurses and the aging baby boomers.

Accelerated nursing programs have been in existence for several years but have significantly increased in the past 15 years. In 1990, 31 accelerated BSN programs and 12 MSN programs were offered in the country, according to the American Association of Colleges of Nursing (AACN). Since then, 168 accelerated BSN programs and 50 MSN programs are now available. It was also reported that

46 new accelerated programs are currently being developed.

Several colleges in Kentucky offer accelerated nursing programs, including University of Kentucky, Eastern Kentucky University, University of Louisville, Bellarmine University, Northern Kentucky University, and Spalding University. If you would like more information regarding the accelerated nursing programs offered at the listed universities, please visit their websites or contact the Southern Kentucky Area Health Education Center (Southern KY AHEC) at 606.256.0950.

The Southern KY AHEC, located in Rockcastle Hospital and Respiratory Care Center, Inc. and administered through the University of Kentucky, provides education to improve health in a 15-county area. An important part of AHEC's mission is to increase interest and knowledge of the various health career opportunities available to everyone.

Emily Dyehouse
Health Careers
Opportunities
Program Coordinator



Life with diabetes

The power is in your hands—take your first steps today



Teresa Blair, MS, RD, LD, CDE, Certified Diabetes Educator

Managing blood glucose (sugar), blood pressure, and cholesterol in people with diabetes will protect your future health. Making good choices about your lifestyle, learning how to make these choices, and working closely with your health care team will help you prevent or delay

complications from diabetes.

Complications from diabetes can include heart and blood vessel disease, vision loss, kidney disease, and can effect your body's ability to feel things. These complications can result in disability or even death. The right choices about diet, exercise, and overall self-care can help you lead a long, healthy life.

A new program at Rockcastle

Hospital and Respiratory Care Center was developed to give support by providing the tools you need to take care of your diabetes.

Diabetes Self-Management Training includes individual and group sessions with education on diabetes as a disease and the potential complications that result from poor control. Guidance is given on making wise food choices and

increasing activity. You will learn to keep records and manage your medications. You will also be taught to deal effectively with the changes in your life that may take place because of diabetes.

Talk with your doctor about the benefits of taking charge of your diabetes. Contact Teresa Blair, MS, RD, LD CDE, Certified Diabetes Educator and program coordinator for more information at 606-256-2195 or 606-256-7718.



May is Better Hearing and Speech month

From Rockcastle Hospital Speech Therapy...

If You Think Your Child Has a Speech Problem

Your child's speech begins with early vocalizations at 2 or 3 months, followed by babbling (playful, vocal sound) around 5 to 7 months, and then jargon (strings of sounds or syllables produced with a variety of stress and intonation) from 8 to 24 months. These various types of vocalizations usually continue through the child's first 50 words. By 12 months, the child is starting to string the sounds together to form "true" words.

Individual speech sounds are developed gradually. The following sounds can be expected to be produced correctly at these ages:

By age 3: h, w, m, n, b, p, f

By age 4: d, t, y (as in yes), k, g, ng

By age 6: l, j (as in jump), ch (as in chair), sh (as in shoe), v (Errors with r, s, z, th (as in thing), th (as in father) and zh (as in garage) may persist.)

By age 8 to 9: Child matches the adult standard for the production of all consonant sounds.

You can help your child speak more clearly if you...

- use short sentences but don't use baby talk
- model correct speech for your child
- pronounce words slowly and correctly for the child to hear and imitate look at your child when you both are talking
- let the child watch your face, lips, and tongue as you form sounds and words, prolonging the speech sound the child has difficulty saying (for example, "Where is your ssock?")
- repeat new words and sounds over and over, and use them often in your conversation with the child
- make a scrapbook with your child; cut out and paste pictures of objects the child learns to say or recognize
- give cues or prompts, such as "Try that name again," or "It's not 'boap,' it's (soap)."
- praise your child when sounds are correct, especially if the sounds were previously difficult for the child

You should take your child to a speech-language pathologist if...

- your child does not produce speech sounds appropriate for his or her age
- strangers have difficulty understanding your child's speech if he or she is 3 years or older
- your child's teacher reports that other children make fun of your child's speech
- your child shows frustration with his or her speech

Swallowing Problems in Adults

Swallowing disorders, also called *dysphagia* (dis FAY juh), can occur at different stages in the swallowing process. Some causes of feeding and swallowing problems in adults are:

Damage to the nervous system, such as:

- Stroke
- Brain injury
- Spinal cord injury
- Parkinson's disease
- Multiple sclerosis
- Amyotrophic lateral sclerosis (ALS or Lou Gehrig's disease)
- Muscular dystrophy
- Cerebral palsy
- Alzheimer's disease

Problems affecting the head and neck, including:

- Cancer in the mouth, throat, or esophagus
- Injury or surgery involving the head and neck
- Decayed or missing teeth, or poorly fitting dentures

Many other diseases, conditions, or surgical interventions can result in swallowing problems. General signs may include:

- coughing during or right after eating or drinking
- wet or gurgly sounding voice during or after eating or drinking
- extra effort or time needed to chew or swallow
- food or liquid leaking from the mouth or getting stuck in the mouth
- recurring pneumonia or chest congestion after eating
- weight loss or dehydration from not being able to eat enough

As a result, adults may have:

- poor nutrition or dehydration
- risk of aspiration (food or liquid entering the airway) which can lead to pneumonia and chronic lung disease
- less enjoyment of eating or drinking
- embarrassment or isolation in social situations involving eating

LEADING THE WAY...

for better health in our community.

Rockcastle Hospital and Respiratory Care Center, Inc. has made great strides in recruiting and retaining qualified, dedicated physicians. As a result, more than 40 physicians now practice in Rockcastle County.

Top-notch medical services close to home mean you don't have to drive far for most doctor appointments. It's another example of how we're leading the way to better health for you and your family.

ROCKCASTLE

HOSPITAL AND RESPIRATORY CARE CENTER



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Pulmonology



Nancy Antonacci, MD
Emergency Medicine



Susanne Arnold, MD
Hematology & Oncology



Jon A. Arvin, MD
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Azhar Aslam, MD
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Cardiology



Alam Khan, MD
Neurology



Christian Knecht
General Surgery



Paul Krestik, DPM
Podiatry



Iraklis Livas, MD
Allergy/Asthma & Immunology



Anne Marshall, MD
Pathology/Cytopathology



William McElwain, MD
Family Practice



Tiffany Patrick, CRNA
ARNP MSN



Raghb Raman, MD
Gastroenterology



Anthony Rogers, MD
Cardiovascular &
Thoracic Surgery



Kevin Rowe, MD
Family Practice



Karen Saylor, MD
Family Practice



Callie Shaffer, MD
Pediatrics



James M. Stern, MD
General Surgery



John Tuttle, MD
Urology



Robert Woods II, MD
Otolaryngology

A Home Away from Home

My mother has been at Rockcastle Health and Rehabilitation Center on two separate occasions. We are most grateful for the care and support of the staff and the welcoming environment of the facility. I have peace of mind and comfort that my mother has 24-hour-a-day care and the sense of an extended family. Thank you for being there and providing a safe home away

No one wants to live away from home. But if the need arises, isn't it nice to know there's a locally-owned center staffed by friends and neighbors?

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Red Glare

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Volume XXI

Issue Number 6

The Red Glare is yours monthly,
courtesy of Citizens Bank and the
Mt. Vernon Signal

What's Inside...

Next year's numbers push RCHS to limit

By KARLA STEWART

If you thought there were too many freshmen standing in the middle of the hallways this year, just wait till next year when RCHS will add 248 new freshmen faces to the student body.

"With only 180 students graduating this year, 248 incoming students adds great concern to RCHS," states Principal John Hale.

With more students, come questions concerning text books, schedules, and teachers. At the end of this month, the Site-Based Council will have a meeting concerning a new staff member. Based on the student registry and the student schedules, the SBDM will decide in which department a teacher will be added.

Because of the growing numbers, students have signed up for classes particularly early this year.

"It's our goal every year to let students sign up for classes early, so we can possibly return them [schedules] at the end of the year."

see "NUMBERS"
on page 15

Seventh Time Down performs at local church



Seventh Time Down, winner of Somerset's SHOUT Fest 2004, performed a free concert at Northside Baptist Church Friday, April 15. A local Christian-rock band, 7TD is signed to Shelter Records in Nashville, TN. Shown is lead vocalist Mikey Howard, a 2003 graduate of RCHS. Other band members include Cliff Williams, Austin Miller, and Eric Vanzant.

Teens finding spiri-
tual outlet
page 10



JROTC Raider
Team
page 10

PROM PICS
TOO!

Record number selected for Governor's Scholars

By BILL BUNDETT

Five RCHS students have been selected to attend the Governor Scholars program this summer, the largest number ever selected from the high school.

Michael Campbell, Isaac Coffey, Allison Carter, Jessi Asher and Britney Kincer were all accepted to the summer program.

"To my knowledge, five is the highest number we've ever had," says guidance counselor Dale Whitaker.

"Up to this year, four was the highest number ever."

The increased number of recipients had little to do with coincidence, he said.

According to Mr. Whitaker, this year's applicants spent large amounts of time and great effort preparing and perfecting their applications, which have over ten sections that must be completed, including information like test scores, extra curricular activities, and community service. Applicants must also complete an

essay on a selected topic and about personal activities that set themselves apart from other students.

"All five students had excellent applications. The total application was superior work," stressed Mr. Whitaker.

This year's increased number of successful participants may make other juniors regret not entering an application, but it's not too early for sophomores, and even freshmen, to begin thinking about the program.

"This should motivate this year's [sophomore] class and following classes to be a governor scholar," says Mr. Whitaker.

The Governor's Scholars Program selects outstanding juniors from Kentucky high schools to attend the exclusive summer program. Selected students will spend five weeks on a college campus in a "community of other students in an atmosphere designed to create a stimulating learning experience."



Juniors Isaac Coffey (top), Michael Campbell, Jessi Asher, Allison Carter, and Britney Kincer will take part in the Governor's Scholars Program this summer.

Dates You Need to Know

May

Thursday, May 12—
Senior Finals 2nd & 4th Block
Band Concert at 7:00 p.m.

Friday, May 13—
Senior Finals 1st & 3rd
Underclassmen Awards at 8:30
Graduation Practice 4th block

Sunday, May 15—
Baccalaureate, 2:30 at Renfro Valley

Monday, May 16—
Underclassmen Finals, 2nd & 4th block
Senior Awards Night at 6:00

Tuesday, May 17—
Underclassmen Finals, 1st & 3rd
JROTC Awards Program, 4:00

Wednesday, May 18—
Dismiss at 10:50. Students may purchase
parking permits for next year

Friday, May 20—
Graduation, 6:00
Project Graduation, 10:00-6:00 a.m.

Monday, May 23—
Softball and Baseball District Tournament

Monday, May 30—
Softball and Baseball Regional Tournament

Tuesday, May 31—
Summer School Begins



The final days of being a high school senior... enough to drive anyone CRAZY.

Portfolio process not picture perfect

Thank goodness portfolios are done! However, regardless how much the process was supposed to improve our writing skills, the amount of stress that came along with it was hardly even bearable. Looking back over this year, there were many things that could have been changed to make the experience a lot easier...

For starters, every class should offer more of a variety when it comes to what the students can write about.

Many students aren't motivated to write about what topic the teacher assigns for a portfolio

piece, so why not let students choose so they might have a better writing? When students are forced to write about something they're not initially interested in, the work comes out weak. So when these same students are seniors and have to decide which writings are good enough to go in their folder, they find they have to start completely from scratch. Why not allow students to propose their own topic related to what the teacher assigns. Negotiation is a very powerful tool, so there's no sense in wasting it.

Another stress point is

technology. It should be the same through the entire school (or at least for the most part, and especially places that could be considered a computer lab). Flash drives, small saving devices that plug into the USB port of a computer, are incompatible on any "white computer" in the building, in other words, any computer whose version of Windows is earlier than Windows 2000.

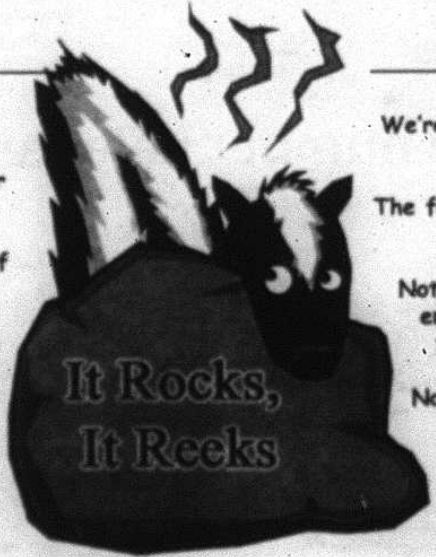
Software is also inconsistent. For instance, the version of

see "PORTFOLIO" on page 3

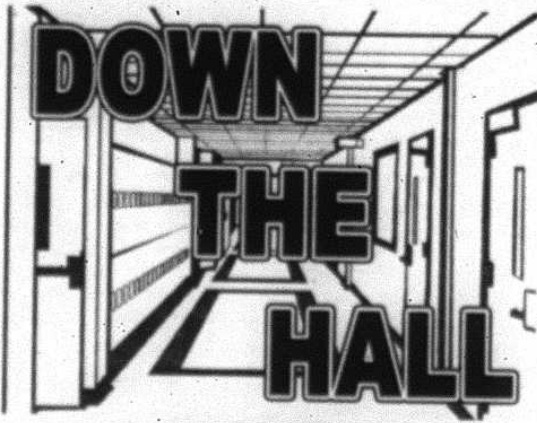
The Red Glare
 July High School
 Box 1479
 Raleigh, NC 27615
 919.875.4699

Editor: [Name]
 Graphic Artist: [Name]
 Staff Writers: [List of names]
 [Additional staff information]

Warm weather!
 Free time after testing!
 Exempting out of finals!
 Summer comes in less than two weeks!
 Ron Cole is coming!



We're stuck inside at school.
 The fact that we have to test.
 Not having any exemptions left for this semester.
 No more snow days!
 Nothing! Ron Cole rocks!



PORTFOLIO: continued from page 2

Microsoft Publisher in the computer lab is different from the version in the library, and some computers have even older versions of Publisher!

Let's consider this "hypothetical" situation. Say, for example, that someone had built a portfolio piece in Microsoft Publisher in either the library or computer lab and wanted to print it out in color. Unfortunately, these students would have to settle with black and white in the end, because all the color printers are hooked up to computers with older versions

of Publisher (or no version at all), and the computers can't open the file saved in a different format. So with Microsoft Publisher alone, (a key program to building our most needed transactive pieces), there are three versions floating about in the school, and no kind compatible with one another. There'd be no hassle at all if all the computers in the school were the same.

Many seniors say their classes didn't actually start work on their portfolio until the second semester, some not until February. Why do

we have English all year long if we can't work on a project that's a requirement to pass the 12th grade? It is *our* grade, isn't it? Perhaps in the future seniors should start progress on their work before Christmas break. This way seniors (and teachers) wouldn't feel as pressured to finish.

It would also be nice to have the second semester to do the *literature* part of English, like reading plays and poetry, perhaps even a week or so of college planning or ACT Prep.

Would it really be that hard?

What do you think of spray on tans? "Oompa-loompaish" or sexy Hollywood trend?

The Red Glare gives a THUMBS UP to post-CATS relaxation!

The long hours of testing in April always leave students exhausted, so by Friday, April 22 everyone was ready for some R & R time. That's exactly what the administration delivered. Students were able to enjoy competition between the classes in "class olympics" Friday morning with challenges like sack racing and tug-o-war. A talent show showcasing our very own peers took place that afternoon. All in all, a great way to end a not-so-easy week.



"Oompa-loompaish. They look fake."
-Jessica Cummins



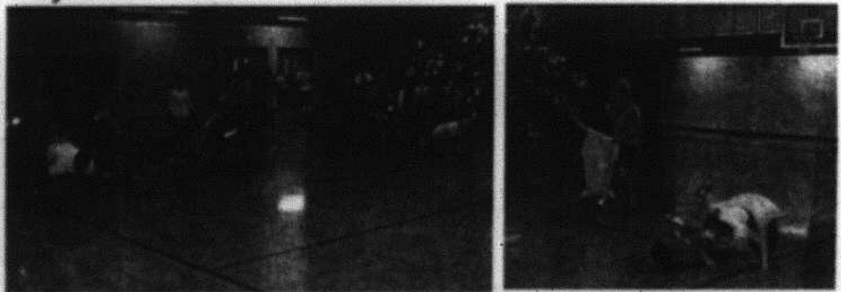
"Sexy Hollywood trend because I have one."
-Sara Spoonamore



"If the right person does it it's okay, but if you turn out orange, it's just wrong."
-Whitney Cross



"Oompa-loompaish. They look nasty."
-Dustin Albright



Y-Club members attend KUNA

By JACKSON BRAY

Twenty one Y-Club members represented RCHS March 20 at the Kentucky United Nations Assembly (KUNA).

The RCHS ambassadors represented the Netherlands and dressed in native attire.

Senior Genna Cummins was one of only six people selected to serve as Summit President for the duration of this year's KUNA. As president, she lead her summit through debates where the ambassadors argued to pass or defeat proposals, according to their country's views and policies.

Allison Carter, a junior, was a front runner in this year's election for President of the Security Council. Defeating four other candidates, she made it past the primaries, only to become runner-up for next year's office.

Sophomore Morgan Kincer, an ambassador in the European



Freshman Christy Napier speaks before the crowd at KYA.

Summit, received an award for Outstanding Speaker.

The RCHS Y-Club was one of only two schools permitted to stay on the same floor as one of the Kentucky YMCA Board of

Directors. Mrs. Nancy Hale, one of the club's advisors, contributes this privilege to the RCHS Y-Club's "legacy of outstanding performance and behavior."

Blood drive surpasses goal

By MARIA HENSLEY

RCHS students and faculty donated 50 pints of blood as part of Key Club's biannual blood drive March 25. The drive was held in conjunction with the Central Kentucky Blood Center.

"Our goal was 48 pints [of blood]," noted Ms. Wendy King, who sponsors Key Club.

According to Ms. King, both of this year's blood drives were very successful, "surpassing our goals. Next year, our goals will be raised."

Several blood drives were cancelled in early March because of flu outbreaks and weather conditions.

Students and faculty traveling out of the United States this summer should be aware they will be ineligible to donate blood for a full year.

Students travel to Atlanta

By HAROLD BURDETTE

Forty lucky students traveled to Atlanta, Georgia, over spring break. The students were selected based on their participation in the GEAR UP program, according to GEAR UP instructor Linda Stone.

Their first stop was Tennessee Wesleyan College. There, they took a tour and got to see a professor blow up a Cheeto.

Senior Cody Moore was startled by the explosion. "It was necessarily loud like you'd expect an explosion to be, but the light of the Cheeto was very bright!"

After dinner in Atlanta, participants walked to the Fox Theatre for a performance of Billy Joel and Twila Tharp's *Movin' Out: the Broadway Musical*.

The next day, the students toured the CNN studios where they were able to preview a live broadcast.

see "ATLANTA" on page 15

Portfolio policy affects seniors

By HAROLD BURDETTE

Seniors will no longer be required to write a portfolio piece for second semester classes, after a decision by the SBDM Council.

Principal John Hale says Student Council President Amy Parsons brought up the topic during February's meeting.

"The student council asked if we could discuss the portfolio change. Amy said that it didn't make sense to have to do a portfolio piece for second semester classes when seniors' portfolios are almost finished."

After a bit of discussion, the proposal was approved. Senior Student Council member Dejon Graves did not think the change was needed.

"I didn't feel the change was necessary, because teachers will make us write papers anyway. We might as well have them to use."

The policy change will appear in next year's student agenda, which is distributed at the beginning of the school year.

New Face in Youth Service Office

By COOY MOORE

Anyone who's been to see the Youth Service Coordinator since March 10 can tell you there's a new face in town.

Former School to Work advisor Jesse Mahaffey has replaced Jill Ponder as Youth Services Coordinator for RCHS.

Putting on Mrs. Ponder's shoes, Mr. Mahaffey will have plenty to do. He will be responsible for organizing the career expo and job fair, as well as forums on teen pregnancy and driver safety. The main focus of his new position is to help students become aware of future job and school opportunities.

Although these responsibilities take much of his time, he will also be expected to counsel students who have attendance and grade problems, as well as help provide clothes and supplies to students who need them.

His new position requires him to remain accessible in his office from 7:30 in the morning to 4:00 p.m., but never fear. Mr. Mahaffey, who coaches basketball, softball, and golf, will be able to have his assistant, Myrna Childress, cover for him while he attends to his coaching duties.

As he is settling into his new position, Mr. Mahaffey says he is very excited to take on the new role.

"My door's always open," he declares. "Well, from 7:30-4," he joked.

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Hurst commits to Union College



Derreck Hurst signed with Union College at a ceremony in the RCHS auditorium earlier this month. Pictured above from left to right are: John Gray, an official at Union, RCHS Football Coach Tom Larkey, Hurst, RCHS Coach Tony Saylor, and Hurst's parents, Barry and Stephanie Hurst.

PROM: continued from page 6

When you enter the gym, your mouth drops because you can't believe this is the same room you failed to do a push up in. you and your date find a table near both your friends and hers.

You can't believe how relaxed the atmosphere is. Seeing everyone is laughing and dancing, you realize that you had a gross misconception of what prom was like: you were picturing a 19th century formal ball. Now you realize it's basically just a really well-decorated school dance, and they're playing your kind of music. you're with all your best friends. At last you conclude: "Prom's pretty sweet."

Those four hours fly by, and before you know it, you're slow dancing with your date to the last song of the night. You say goodbye to your friends as you pick up your complimentary commemorative glass on your way to the parking

lot. *Where did the time go?* you wonder, as you pull onto your date's road.

"I had a really great time," you say. "Thanks for going with me."

"Oh, you're welcome. Thanks for taking me."

Her shoes click-clack up the walkway to her door and then she disappears inside.

You sit there for a moment, somewhat sad that it's over, then back out and head home. Your eyelids feel heavy as you pull into your drive, and you slowly drag yourself inside. You change back into your pajamas that are still lying in the floor of your room; you sadly put your rented tuxedo back on its hanger and reluctantly hang it back on your closet door. Finally, you flop down on your bed and, just as you give that last sigh releasing the last shred of stress in your entire body, you smile and say, "That's the way a man does prom."

**RCHS students will
dismiss at 10:50
Wednesday, May 18.**

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Prom 2005

It starts out like a regular Saturday for a guy: you sleep in, then roll out of bed, mosey into the living room, flop down on the couch and start watching *Kim Possible*. Just as you give that last sigh, releasing the last shred of stress in your entire body, you look over on your coffee table and wonder, what is that flowery thing with all the ribbons and stuff? Oh yeah, that's that corsage thing I had to get for prom. PROM!!!

You leap to your feet and run around your house in a panic. When you finally pull yourself together you sit down on your bed and take a deep, shaky breath. Glancing around your room, you see that pesky tuxedo that's been jeering you all week. You curl into the fetal position and begin rubbing your head.

Suddenly your phone rings. It's your prom date and she's all excited, saying "So when are you going to pick me up?"

At a loss for words, you realize you don't even know what time prom starts. So you suck up your pride and ask her when it starts, where it is, and all the stuff you know you should have known all along.

Luckily, she gladly tells you that the earliest you can get in to the dance is 8:00.

"So I'll pick you up at 7:30?" you awkwardly ask.

"No! We have to go to dinner first, then we have to get there at 6:00 to get our pictures taken," she replies.

Your jaw drops. "Ooh... ok, so when do you think I should pick you up?"

"How about 3:00?"

You look at your watch and see it's already 1:00.

"I got to go," you blurt out. "See you at 3:00," she says excitedly.

Running around your room in a panic, you stop and take a look at your car through the window: it's caked in dust and mud so still in your

pajamas, you run outside carrying a bucket and soap and start scrubbing like there's no tomorrow. After you Armor-All the last tire you step back to admire your work. It's now 2:15, and all the dirt from the car is now on you.

You run back in the house and shower, shave, and brush your teeth all at the same time. When you're finally squeaky clean, you walk into your room and stare down that tuxedo for a few seconds. You grab it and put it on in a scene reminiscent of Aragorn suiting up his armor before the battle for Helms Deep. Next you grab the corsage box and tuck it under your arm like a football.

Now it's 2:45:

You bolt for the door, slide across the hood of your car and jump in through the window Dukes of Hazard style. As you start it up you realize that you just might be able to pull this thing off.

You pull into your date's driveway only fifteen minutes late and force yourself to play it cool and try to look relaxed.

Just as you push the door bell you realize your shoe's untied, so untied, so you bend down to tie it. Suddenly, she opens the door, and then she leans over you to see what you're doing. You quickly stand up and head-but her chin, knocking her backward onto the floor. You see a camera flash then look inside to see her horrified Mom, Dad, three sisters, her neighbors, and girlfriends from church.

As your prom date lays sprawled out on the floor like a turtle flipped on its back, you stare at her family dumbfounded. Finally, you grasp enough of a handle on the moment to grab her arms and start trying to pull her to her feet apologizing as fast and repeatedly as you can.

To your surprise, she laughs and, while you stand there red cheeked, her family snaps up a few dozen rolls of film as you hand her the corsage you've been trying to protect all day. They continue to take pictures as the two of you pull out of the drive.

Finally, you've got everything under control: you're clean, you're dressed, you picked up your date, she has her corsage. Oh yeah, you're the man.

"So, where are we going to eat?" you ask. "McDonald's? Wendy's? Burger King?"

"No, silly," she laughs. "We're going to meet all my girl friends at Red Lobster!"

"Great. Starts

Sh e starts

talking about how excited she is and about how much fun

she's going to have

realize that there's a lot more to prom than just getting dressed up and going to a dance: it's about having fun and making memories with your friends during the last year in high school; you ponder this till you get to the restaurant.

The two of you go inside where you meet a rainbow of brightly colored prom dresses. Your date and her friends talk, laugh, and hug enthusiastically going on

laugh, and hug, enthusiastically going on about how great the other one looks. As they chitter-chatter excitedly, you back away into a corner where your date's friends' dates are standing: they're all guys that you don't know. You awkwardly make small talk with them along the lines of "that's a nice tux... what is that? Black?"

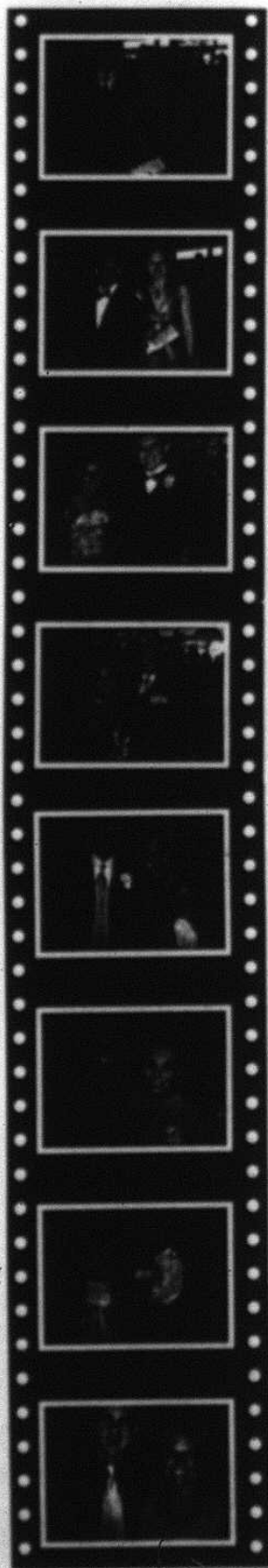
When it's over, you gladly pick up the bill like a gentleman and don't make a sound as you count out the \$45.

As you and your date say "see ya there," to her friends, you finally start feeling a little relaxed. You're actually starting to look forward to this prom thing, and on the drive to school you start laughing and talking. As you pull into the parking lot you feel a rush of adrenalin. For the first time you realize the sheer magnitude of this prom thing--practically everyone's there. Friends you've never seen without a pair of ripped blue jeans are now wearing a white tuxedo with a tail coat and top hat. You realize that these people you go to school with every day are capable of being pretty impressive.

You park your car and as soon as you step out your mom comes running up, snapping pictures like a reporter for the National Enquirer taking pictures of Big Foot. She continues to take pictures as you stand around in the parking lot talking to your friends, sharing your adventures of the day. Finally, it's time to go in, and you step through the door with your date acting like a million bucks, proudly saying, "Have a good time, and behave yourselves," Ms. Norton excitedly says.

see "PROM" on page 5

see "PROM" on page 5



The magic of prom may depend on your perspective...



By Maria Henley

It's the night that every little girl dreams about. You wake up extra early just because you can't sleep due to being overwhelmingly excited. Tonight is your prom night, your time to shine. As a girl, you know the importance of being well-planned and well-prepared for the big event.

You have strategically planned your entire night down to the tiniest details. Unlike members of the opposite sex, as soon as you received word of when prom was going to be you began searching for the perfect dress, made all of your numerous appointments, and starting asking around to see who was going to prom so that you could snag a date.

The morning of prom, you wake up at the crack of dawn and enjoy a hearty breakfast. (Who wants to run around all day from hair salon, to nail salon, and everywhere in between hungry, right?) After you down your meal it's time to check your itinerary. Your nail appointment is at 10 o'clock, your hair appointment is at 12 o'clock, and your make-up is being done at 2 o'clock! You merely glance at the clock to notice that it's already 8:30 a.m. and you have to be in the next town over in an hour and a half!

You dash to the bathroom to take a shower and scramble to get the water turned on. After you are done, you throw on a tee shirt & running pants, and run out of the house so that you can make it to your appointment by 10:00 on the dot. If you arrive late, you can forget getting into a salon for the rest of the day! It's the day of prom for goodness sake! There are no other nail appointments open anywhere in a

decent distance from your home! After arriving at the nail salon the nail artist tells you take a seat and begins jabbing and poking at your cuticles. They buff out your nails so that he/she can force those fake nails into your sore fingers and secure them with enough glue to last a year. When they're done you

It's the night every girl dreams about...

smile, trying not to shed a tear because your hands are in excruciating pain, but tip the nail technician anyway.

Hair is the next item on your long agenda for the day. You arrive at the hair salon, miraculously on time despite the prom-day rush of people hurriedly svering everywhere to get last minute items that they forgot or to get to their own appointments.

When you arrive at the hair salon. You find that your regular stylist is sick for the day and that their partner is going to have to cut and style your hair. Hesitantly,

but knowing that you have no other choice, you climb into the big, black salon chair, close your eyes, and hope for the best.

You hear the words, "Alright, you can look now. Do you like it?" only to find that your hair looks like RuPaul's hair at a awards show: big and bold. Astonished, you manage to hide your anguish and pay the stylist. You run for your car before

anyone will recognize you sporting your hair-don't.

Your make-up appointment is in twenty minutes, so you decide to wrap your hair up in a scarf until you can get home to fix your disastrous do, and still get your make-up done.

Broken and down, from your two previous appointments, you become apprehensive about getting your make-up done. You arrive at the make-up counter where you buy your make-up bi-weekly,

grateful that your regular sales-woman

In the end, all the hard work's worth it.

that you pull a Farrah Fawcett. After your hair is complete, it's time for your dress and all of its trimmings. You gently slide the dress on and it zips up perfectly. Finally! Things are starting to work out!

Time for the accessories! You put on your beautiful drop necklace, matching earrings, and a dainty jeweled bracelet. You put all of the musts into your cute little clutch purse: breath mints, lip gloss for touchups, your camera for catching candid, and any of your basic necessities. Finally, after your ensemble is complete you pose for pictures with all of your family members before your date arrives.

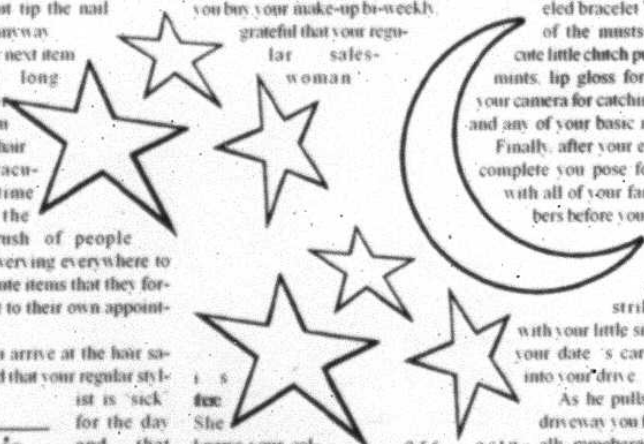
Just as you strike a pose with your little sis, you hear your date's car rumbling into your drive.

As he pulls into your driveway you find that he actually remembered to put on his tux and managed to pick up your corsage! You are so proud of him! (If only he had to go through everything that you did today!)

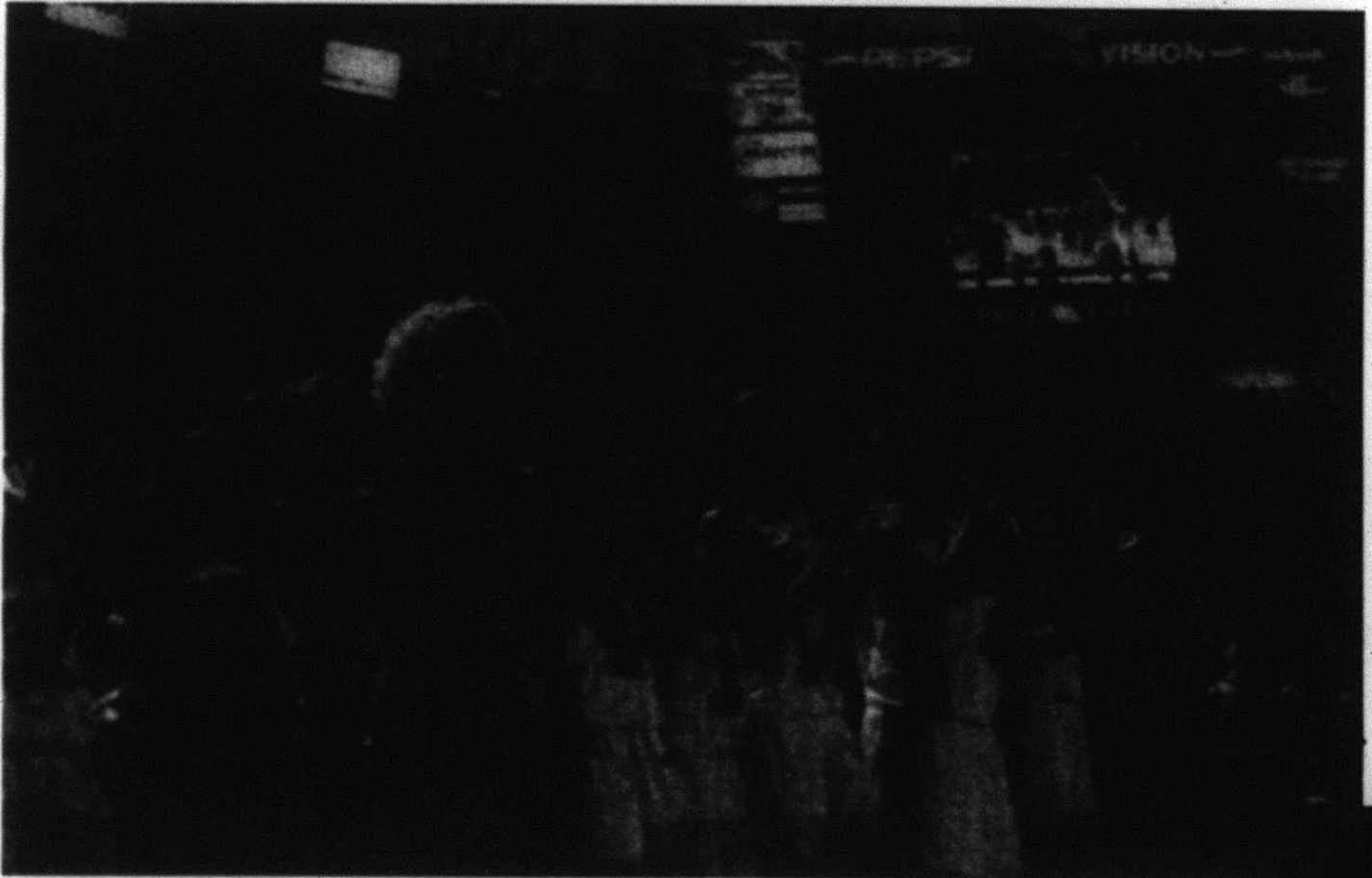
You pose for pictures, once again, but with your date this time. After using about three cameras full of film, you and your date decide to get on with the show and depart for the festivities.

Despite all of the mishaps and annoyances, you arrive at prom in perfect time to see everyone. You smile as your date opens your door for you and takes your hand to help you out. I guess that all of the hard work really does pay off, eh?!

Prom night is your time to shine...



Lady Rockets end season 27-5



Coach Chrysti Noble and the Lady Rockets' bench cheer the players on the floor at Diddle Arena. Opposite, clockwise from top: Hard Rock fans support the Lady Rockets. Tara Rowe shoots over a Lexington Catholic guard. Sarah Parsons preps for Johnna Abney's free throw attempt; Heather Hammond takes a breather during a break in the action. Johnna Abney guards a Lexington Catholic player closely; Katie Parsons looks for the ball on a Lady Rocket possession.

The courts are dusty, the jerseys are washed, and the gyms are empty. Lady Rocket basketball has come to an end.

So, how did the season go? Well, the girls finished out 27-5, won the Sweet South Classic in Georgia (beating teams from Shelbyville TN, and Buena CA) and oh yeah, made it to the Sweet Sixteen tournament.

"It was wonderful," senior Lady Rocket fan Josh Smith said, "Even better than expected."

Now that the season is over, fans and players alike are left with memories and highlights of such a successful team.

However, with every team come the best and worst games.

"The turning point for the team was when we lost to Clinton Co [57-61]." Assistant Coach Barry Noble said, "It humbled the team. That game really exposed us to our weaknesses."

After that game the girls had to work on guarding perimeter shooters, and learn how to press teams with good guards.

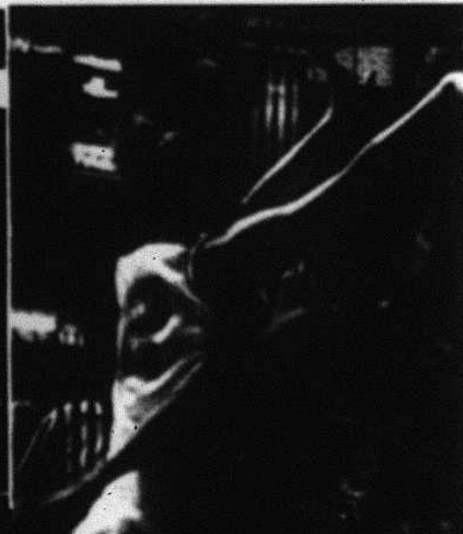
However the girls had far too many victories to be reminiscing their faults.

"We had three high points during the season," Noble explained, "beating

Sacred Heart in the Sweet South Classic, winning district, and winning region."

The Lady Rockets defeated three time state champ Sacred Heart with a score of 67-56 and easily defeated O.B.I. and Clay Co. in districts while sweeping away the regional championship by beating Clay Co. 57-43.

Enough about stats. The players also had some highpoints, low points, and some points they wish they could forget.



"My highpoint was beating Jackson Co. last year," senior Katie Parsons's said. "They were such a huge opponent, and we finally beat them."

Not only did the Lady Rockets beat Jackson Co. they DEMOLISHED them. The final score? 77-26. But what was Parsons's low point?

"Losing to Lexington Catholic in the first round at state," Parsons said.

If you've ever been on a sports team, there's always that one moment that you've done something so embarrassing, that you'll never live it down.



"I'll never forget the time that I was at K.B.A. over the summer," Senior Allison Durham said, "I was running for the ball, but the

ball was going faster than my legs, and as I reached for it, I tripped over the ball." So, what will the next season be

like with loosing eight players? "We'll have to see how hard the remaining players work over the summer." Noble concluded.



Fun, friends, and the Father

Teens finding spiritual outlet



Youth groups are becoming popular in Rockcastle County, bringing religion back into the lives of RCHS students during worship services like these.

By KAYLA STEWART

For some teens in Rockcastle County, Wednesday nights have become the new Friday night. Why? More and more teens are attending church youth group services, instead of staying home and complaining because they have no plans.

"I think teens are drawn to youth groups because action causes attraction," said Northside Youth Pastor Jon Burdette. "When people see that God has a purpose for them and that God is the one who takes the initiative, they are attracted to see what's going on."

While praise and worship services are the top priority at the majority of youth groups, they also participate in fun activities.

"We [Northside GLORY Gang] mostly do outreach programs such as the 30 Hour Famine, the Youth Hall Hangout, and attend Extreme," said youth member Hollie Barnett.

Thirty Hour Famine is an activity where youth group members sign up to raise money that will help feed poverty stricken children worldwide. To get a more hands on view of the poverty problem, the youth group gathers at the church and doesn't eat for 30 hours. Periodically, the youth do get a juice break. While staying at the church, the teens participate in games, Bible studies, and community

see "YOUTH" on
page 15



Adrian Childress, a seventh grader at RCMS, plays pool in the recreation room at First Baptist Church in Mt. Vernon.

JROTC Raider Team: A hidden family

By MELINDA LINDSEY

They run. They perform push-ups and sit-ups. You see them wearing camouflage almost every Thursday. They are the JROTC Raider Team.

Some of you might find yourselves wondering what is the Raider Team? The team is made up of cadets who want to discover adventure, achieve goals and be challenged. One of the challenges of the Raider team is the competitions.

"The cadets aren't normal students. They might have to run an obstacle course as a group or as individuals where they have to climb ropes, scale an 8-10 foot wall. Sometimes they are allowed to help each other sometimes they are not," said JROTC Senior Army Instructor Sergeant Major Keith Taylor.

"They go across balance beams, do roll overs and unders, jump across ditches, mostly cross country type running. The cadets usually do pretty good."

To see how the cadets are improving, SGM Taylor tests their physical fitness. Scores are based on a scale. The scale says that so many points are awarded for each push-up and sit-up. There different scales for males and females.

"An event that we always have is an Army Physical Fitness Test. Everybody has two minutes to do as many push-ups as they can. Then cadets have two minutes to do as many sit-ups as they can.

Then they run two miles," said SGM Taylor.

Cadets work together to encourage each other.

"Cadets on Raider Team don't put down others when they don't do well," said sophomore

Thomas Amaral. "As long as you try your hardest, you are at your best."

For those of you who didn't know, there are females on the Raider Team. They aren't your every day "girly" girls. They are tough and ready to accept challenges to improve themselves.

"It's hard to make it on Raider Team. It's not something every girl can do," said junior Samantha Page. "You have to be motivated, determined and willing to get down and dirty."

Lakin Halcomb is the first female at RCHS to even come close to scoring 85% on the Army Physical Fitness Test on every event. She is also the first female to earn a Raider Tab for her uniform.

"I have improved a lot since last year and to me that's a big accomplishment," said Halcomb.

"You have to work really hard to get a Raider Tab. I try really hard so the other girls won't beat me."

Raider Team requires a lot of commitment according to sophomore Sarah Rumsey.



Sophomore Lakin Halcomb does push-ups for the APFT while sophomore Jamie Cromer records the information.

"It takes a lot of dedication because sometimes people want to quit and others motivate them to keep trying," she said.

"We always have to do our best so that we can do better."

Even though there is a lot of hard work and determination, everyone loves the experience.

"When you are here, you belong. You are part of a big family that sets themselves aside from everyone else," said Samantha Page. "You have two wonderful, encouraging dads, the perfect mom, and a bunch of stinky, tired caring siblings. And we love every minute."



JROTC members set up the rope bridge for Senior Olympics. photo by Melinda Lindsey

Ms. Sondra's all shook up over Elvis

By KYLA FRENCH

There's an Elvis fan in the building!

As students make their daily runs to the office to turn in permission forms, their heads are always turned by Sondra Mullins' corner office. Amidst the hustle and bustle of the modern office atmosphere, Mullins has created an unusual haven for some of her most prized possessions, Elvis Presley col-

lectibles, leaving them posted around her room, loudly declaring her Presley pride.

"I was just a typical teenager, like everybody else," says Mullins of how her love of Elvis ignited. "He was good-looking and he was a good singer."

Elvis mania swept the nation and the world when he created a rock and roll sound in the 50's. Mullins

was not left out of the craze. In fact, she became a major player in it. She attended two Elvis concerts in Louisville and has visited Graceland (Presley's former estate) a number of times. She has even gone so far as to visit his hometown of Tupelo, Mississippi.

"I have several pictures of my family and I at Graceland," says Mullins, reclining in her Presley upholstered chair. "I even have a picture of me sitting on the front porch of his old house in Tupelo."

Mullins has been hoarding Elvis

memorabilia for several years, but her collection really took off after one gift from a family member.

"All this began with a Christmas present from my son," said Mullins. "From there on out, people knew something that I was interested in, and every gift became an Elvis gift."

Students and faculty alike rec-

ognize Mullins for her love of Elvis.

"If anyone comes to the office looking for me, the staff will tell them to go in and see Elvis," says Mullins, as an oversized portrait of Presley peers down from her wall.

After Elvis' death in the late 70's, Mullins' collection became bittersweet.

"I remember being very sad," says Mullins of the day Elvis died. "It was terrible to see the death of such a talented person."

However, Mullins still keeps up her assemblage of Elvis items, proving herself to be a true fan.

"The publicity teams have done well by keeping his estate alive," says Mullins. "I think his recent comeback in popularity is great."

As for Lisa Marie Presley, Elvis' daughter and now recording artist,

see "ELVIS" on page 15



ANYTHING AND EVERYTHING ELVIS—Framed photos, Elvis figures, and even a Jailhouse Rock teddy bear have found their way into her collection. photos by Neal Dapew



Ms. Sondra Mullins's collection of Elvis memorabilia includes newspaper articles and cartoons.



My will shall shape the future. Whether I fail or succeed shall be no man's doing but my own. I am the force; I can clear any obstacle before me or I can be lost in the maza. My choice; my responsibility; win or lose, only I hold the key to my destiny.

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FORGET WALDO...WHERE IN THE WORLD WILL YOU BE THIS SUMMER?



"Fishing in Florida. It is so peaceful."
-Travis Powell, Junior and Jeff Ramey, Senior



"On a cruise to the Bahamas because I made a proficient my portfolio!"
-Megan Parker, Senior



"To Tennessee to ride the mechanical bull at Dollywood!"
-Seth Taylor, Freshman

Summer travels don't have to be a hassle

By MARIA HENSLEY

Spring Break is long gone and now it is time to plan ahead for summertime fun and traveling. Whether you are planning a trek around your state or flying overseas for an exotic adventure, there are some things you should know prior departing on your voyage.

Tip #1

Learn About Your Destination

It is always a great idea to learn about the culture that you are visiting. What is acceptable behavior in one state or country, may be unacceptable in another.

Another very good idea is to become familiar with the specific area that you are staying at or traveling around. You do not want to arrive at your destination and not be able to find anything.

"I wish I would have researched more when I traveled to England a few years ago," said Ms. Angie Hendrickson, French teacher. "I didn't know where anything was at."

Tip #2

Make a Checklist

When you are planning any kind of summer outing or trip be sure you make a checklist of what you will need.

"When I went on a trip to Indianapolis I forgot my pajamas, shoes, and contact case," said Ms. Susan Norton, English teacher and frequent traveler. "I packed in fifteen minutes; it was a bad trip!"

Simple mistakes like this can be avoided by taking a few precautions.

Make a list of what you will be needing at least a week in advance, just in case

you need to round up a few items. If you're traveling overseas it may require a little more attention versus traveling within the United States. For example, if you travel to most overseas countries you need to purchase an international electrical adapter in order for your appliances to work. Ensure that you also have your passport ready to go before you travel. It must be purchased prior to departure and takes several weeks to process and be mailed to you.

"Make sure that you apply for



your passport several weeks in advance," advises RCHS senior Zac Pensol, who has traveled to the Bahamas and will be traveling to Europe this summer.

The night before your departure make sure that everything is in proper order. Double check your list or you might end up pulling your hair out because you forgot your favorite sunglasses.

Tip #3

Dress Comfortably

If you plan to fly or travel by car for hours to your summer getaway,

make sure that your attire is comfortable and won't make you feel awkward. The last thing one needs is to feel uncomfortable on their relaxing vacation.

Wear loose clothing that is breathable and easy to move in, such as cotton or mesh materials. Try not wear much jewelry. There is always a chance that it will get lost or stolen. Also, remember that if you're flying, avoid any kind of metal

objects such as belt buckles, jewelry. Metal detectors are always a hassle.

"[Wear] loose layered clothing and shoes that slip on and off easily, especially when you are flying, because your feet can swell," noted Ms. Janet Puzey, RCHS Spanish teacher. "Also wear layers for temperature changes."

Tip #4

Carry On, Pack Light

"[One should] travel light, but definitely take a wattage converter (if you are traveling out of the coun-

try), an umbrella, a jacket, and a book about the country or state that you are visiting," said Ms. Hendrickson. "Also, credit cards have the best rate of [currency] exchange."

Make sure that you also pack according to where you are traveling. It is not a good idea to pack a swim suit with you if you are traveling to spend the week at your aunt's in Alaska or pack a parka if you are traveling to Fiji.

"Don't forget your toothpaste and other toiletries," said Megan Anderkin, junior, who recently-traveled to Cozumel and Playa del Carmen.

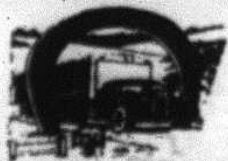
You definitely do not want to wind up having to buy all of your grooming necessities while you are on vacation.

"I always take sample size shampoos, deodorant, etc.," said Ms. Norton. "One reason is that it takes up less space, another is that by the time your vacation is over all you have to do is throw away the empty bottles."

Also try to carry on as much as

see "VACATION"
on page 15

Derby City



Restaurant

"But if we have food and clothing, we will be content with that."

1 Timothy 6:8

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NASCAR: continued from back page

career poles (126), most laps completed, laps led, races led and miles led. He has a record seven Daytona 500 wins, is the winningest driver at Richmond, Dover, Martinsville, Rockingham, and the now-closed North Wilkesboro, and has a record 200 career victories. He retired from racing in 1992.

Richard's grandson, Adam, was a promising new face in the NASCAR circuit. Being the youngest driver in the ARCA series to win a race, many fans believed that he could be the next Richard Petty. However, all hopes were dashed in May 2000. While practicing for a Busch race, Adam was killed at New Hampshire International Speedway. He was scheduled to enter Nextel Cup the following year.

Kyle and Patti Petty, Adam's parents, founded the Victory Junction Gang in honor of their son. The VJG is a camp where terminally ill children can receive treatment for free, while spending time with other people like them.

Fans
Many people at RCHS are fans of NASCAR, especially Nextel Cup. The majority have been fans since childhood. On a typical school day, one can witness the sea of auto racing and Earnhardt-related shirts and jackets.

Teacher Dana Singleton is a self-professed "NASCAR freak". She says she has been a fan since she was six or seven years old. As with many adults, she is a fan of the Earnhardt family.

"I liked Dale Senior's

personality and driving style... He was fun to watch," Singleton says. "Since he passed away, I've become more of a Dale Junior fan."

Senior Keri Mazurek, a former Dale Senior fan, has also switched to Dale Junior.

"I've always been a fan of his father's, and when he [Dale Junior] came into the picture, I liked him too."

Alternatively, senior Beth Coleman has only been a fan for a few years.

"My mom and dad were into it in elementary school, but it took until I was in sixth grade to care about it," says Beth. However, she isn't very picky when it comes to her favorite driver.

"Anyone but Tony Stewart," she says.

Rockets prepare for district tournament



The Rockets baseball team winds down its regular season over the next two weeks. They begin district play May 23 against Oneida. The tournament will be in Jackson County. According to Coach J.D. Bussell, their toughest competition will be Clay County, Corbin, and Whitley County. Rockcastle is currently third in the region behind first place Corbin and second place Whitley County.

"We've had good senior leadership. We're starting to play better and hopefully, when the post season gets here, we'll be playing our best," said Bussell.

The Rockets will end their season at home May 19. In the photo above, senior Nick Williams rounds the bases.

Track team prepares for regional meet



Senior Heather Hammond won the 100 m shuttle hurdles at the recent Rocket Relays April 19. Heather finished with a time of 1:06.32. Brandon Cole, also a senior, ran in the 3200 meter relay.

Coming off a decisive victory over Paducah Tilghman at the Paducah Tilghman Invitational April 30, the Rockets celebrated senior night on Tuesday, May 10. KHSAA regionals take place May 23-28 and the state meet will be in June.



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Hitchhiker a timeless classic

By SCARLET FREDERICK

A thoroughly strange book, *The Hitchhiker's Guide to the Galaxy*, by renowned science fiction author Douglas Adams, is the first installment in the Hitchhiker's Guide series, written in the early eighties. Set in outer space, it travels from Earth to the far reaches of the universe, in galaxies far from our own.

Arthur Dent is a typical earthling; he doesn't notice simple things around him (like the fact that a bulldozer is directly outside his bathroom window, getting ready to knock down his house in order to build a highway) and he has an over-fondness for alcohol. Immediately after discovering that his best friend, Ford Prefect, is from a planet somewhere in the close vicinity of Betelgeuse, the Earth is destroyed to make room for an intergalactic highway (much like the dilemma Arthur faced on Earth). However, Arthur and Ford are rescued by a Vogon ship, piloted by the only race in the universe whose poetry will kill the listener.

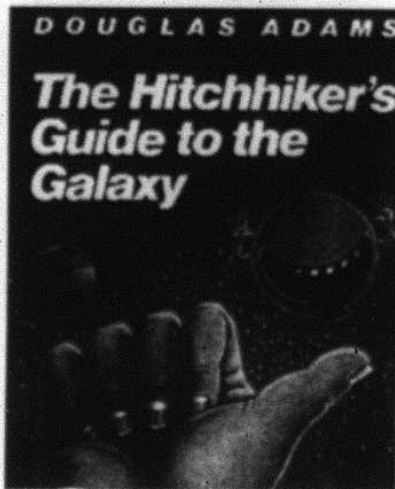
After meeting up with Zaphod Beeblebrox and Tricia McMillan,

the two-headed president of the galaxy and an earthling, they continue on the Heart of Gold, a ship stolen by Zaphod and powered by improbability.

Through the course of one improbable event after another, from their introduction to Marvin the Paranoid Android to their visit to the planet which manufactured Earth and Slartibartfast, the man who makes fjords, the adventures (and humor) keep pouring in.

It is very rare that a book of the science fiction genre can be humorous at the same time, but *The Hitchhiker's Guide to the Galaxy* does just that. Full of scientific

references mixed with fresh British humor, the first installment in the Hitchhiker's Series is in an informative and entertaining read, one which will be immensely enjoyed, whether you are a teenager, adult, or a super intelligent shade of the color blue.



THUMBS UP
THUMBS DOWN



Josh Bustle gives *Sin City* a thumbs up! "It was filmed in an interesting way."



Ashley Mize gives *Amityville Horror* a thumbs up! "It was scary and it had a good story line."



Kent Mullins gives *Are We There Yet?* a thumbs up! "It had 20's [inch rims] in it."



Charles Conagin gives *Shallow Hal* a thumbs up! "It was very funny."

THUMBS UP
THUMBS DOWN



Matt Allen gives *A Lot Like Love* a thumbs down! "It was boring."



Jessica Witten gives *The Pacifier* a thumbs up! "It was hilarious."



Keri Mazurek gives *The Spongebob Squarepants Movie* a thumbs up! "The theme song was stuck in my head for a week."



Rob Crawford gives *The Rocker* a thumbs up! "It was inspirational and it changed my life."

Halo: The next frontier in gaming

By COOY MOONE

In November 2001, a spark that created an evolutionary change for games was born when the Microsoft gaming system that had been rumored about and speculated against, finally reached the market: X-Box. As spectacular as it was, something more phenomenal took place.

Halo, the pilot game for the X-Box, has spawned a sequel and three full length novels. The latest version, *Halo 2*, was released to the awe of gamers November 9. Many people waited for sales to begin at midnight in order to get the game that topped out at \$125 million on just the first day of release, more than the box-office hit *Spiderman 2* made in its first weekend in theatres.

This first-person shooter story is rated M for a mature audience of 17 or older. Being such, the series holds a more complex



science fiction plot involving military tactics. It is a story that has only grown since the release of the first game in 2001, but the beginning remains the same, the story beginning nearly five-hundred years in the future.

The year is 2552, military calendar. Earth has united under one law, the United Nations Space Command (UNSC), but has also expanded to harvest colonies around the galaxy. Contact is made with an alien race, but the

accompanied by their MJOLNIR armor, named after the legendary hammer carried by the Norse god Thor. This makes them faster and stronger than any Olympic athlete, and soon after a few missions to recover alien technology they are paired with onboard shields. Midway into the year 2552, the military stronghold

supposed opportune moment turns into panic when the race declares a jihad against the human race. At this emergency the UNSC publicizes the members of the Spartan II project: A set of genetically perfect super soldiers trained from the age of 6. They are

see "HALO" on
page 15

ELVIS: continued from page 11

Mullins may not be as big of a fan. "I suppose she can sing," says Mullins. "But her cursing is unnecessary."

Whether or not Elvis Presley is a #1 hit on the charts now, he is still #1 in the heart of one RCHS staff member. Mullins inspires others to jump on the Elvis bandwagon with each younger student that comes in and asks, "Whose picture is that all over your office?"

ATLANTA: continued from page 4

After departing the CNN studios, the group headed to the World of Coke. On display were original versions of Coke bottles, and classic advertising merchandise. This tour even allowed students to taste Coca-Cola products from all over the world.

Later that day, the GEAR UP student visited the Atlanta Motor Speedway and Clayton College.

On Friday, the group traveled to the Cartier Center and Stone Mountain State Park.

Senior Bill Burdett was quite pleased with the trip.

"Stone Mountain was my favorite. It really 'rocked'!"

NUMBERS: continued from front

says counselor Janice Miller, "but with the incoming numbers, we wanted to make sure which classes were in high demand."

Existing RCHS students will be affected in other ways.

"Students have already noticed larger classroom numbers, but they can also expect scheduling changes to be more difficult," explains Miller, "especially this year. We want students to make more serious decisions when it comes to choosing classes they will need, rather than classes they 'want.'"

With larger classroom sizes, arises the question of textbooks.

"With \$40,000 from the Board of Education, and \$10,000 from the SBDM, we will still provide students with free text books," says Hale. "However, it's still important for students to keep up with their books. Losing one or two text books can add up in the long run."

With RCHS only built for 850 students, next year's enrollment is expected to be 890. So, is RCHS prepared for the incoming numbers?

"It's certainly pushing us to the limit," said Hale, with a light smile.

Seniors!!

Graduation will be at 6:00 p.m. on Friday, May 20. Be sure to pay all of your school dues beforehand!

VACATION: continued from page 12

possible if you are flying. Most airports will allow you to have a carry-on bag that is 45-50 inches long and have one personal item such as a purse or laptop bag. If you carry as much as you can on, then there is less of a chance that you will wind up without something that you need when you arrive due to your baggage being lost.

There is always the likelihood that your baggage will get lost, delayed, or sent on another airplane to another airport!

This is exactly what happened to a large group who traveled with Mrs. Hendrickson to Europe four years ago.

"When we transferred planes in Detroit to head back to Louisville, the airport didn't put anyone's luggage on the flight," she recalls. "We landed in Louisville without any luggage—except our carry-ons!"

Tip #5

Take Your Time, Be On Time
The night before your departure make sure that you have checked everything twice, have your tickets and/or passport, and that you are well-prepared and well-rested.

"Never underestimate how long it will take to get to your departure," said Ms. Puzey. "Overestimate, especially when flying."

HALO: continued from page 14

of Planet Reach is destroyed leaving a lone vessel that makes a blind jump at light-speed, embarking on Halo, a ring larger than a moon with enough destructive capabilities to destroy all life surrounding it.

Sure, the plot of the first game is enough to make anyone's head spin, but reading the three full-length novels that accompany the games can easily fill in many gaps, according to gamer Neal Depew, a senior. Like Neal, many gamers play this game for just that reason: the plot.

Bungie, the corporation that created the game, admits many aspects have been done before, but never on this scale, or with the same twists in the plot. Many gamers have said that when they played the game for the first time, it was strictly to have fun with friends, but when they bought the game and began playing through the actual game it gave them such compelling questions as to the how and why the books were naturally the place to turn.

This outlook still holds true to Halo 2. Great plot and supreme game-play, Halo 2 is not a letdown to the series at hand. Players that play for plot stated how pleased they are with the superb movie-like quality and graphics of the game. The cut scenes that take place between levels are enough to progress the plot, yet not so long that they take away from the game itself. Other gamers however focus their attention on game-play. It has even been said that the game-play of Halo 2 could stand alone. This is one of the reasons that Halo has become such a phenomenon.

New multi-player options for Halo 2 have easily set new standards for all future video games.

"Mostly it's just fun to play around with your friends," Neal stated.

The games seem to have created many new communities. In fact, with the addition of X-Box live, many complete strangers have come together in these communities. Through joining one

YOUTH: continued from page 10

service. They also write encouraging letters to one another. After starving for 30 hours, the group is treated with a feast, and more importantly a lesson well learned.

"The Famine showed me how fortunate I am as an American," Northside group member Josh Smith said. "It's a blessing to know that I have food to nourish my body daily."

Other churches such as First Baptist and Grace Baptist do other activities.

"We [First Baptist] participate in children's ministries such as DIVE. We also do Christ Outreach for the Blind, go on mission trips, and have chili dinners," said First Baptist youth member Josh Nation.

A three day Bible school that happens annually, DIVE generally takes place on Friday, Saturday, and Sunday. It's normally attended by children in the first grade, all the way up to children in the fifth grade. They have Bible lessons, play games, and have snack breaks. Every year DIVE has a different theme, and this year's is "Diving in God's Word." The church will be decorated in an underwater theme.

Grace Baptist participates in the PRIDE cleanup and go to the high-school football games. They also go roller-skating once a month.

So what does a regular youth group service consist of?

"We have our Bible study, play games, have free-time, and have a Bible lesson," said Nation.

At Northside Baptist, a Wednesday night service is characterized by praise and worship songs, (sometimes performed by their very own Youth Praise Band) a Bible lesson, and an invitation.

With all these activities and fun opportunities for teens, it's hard for some of them to imagine their life without being involved in a youth group.

"Being in a youth group prevents me from doing many [worldly] things," said Barnett. "I'd be doing things that would hurt my witness toward my fellow peers."

Even if the youth groups didn't have all the activities and programs, some students say they would still be a youth member.

"Even without the fun activities, I would still be a part of the youth group," said Drew Davidson, a member of the Northside GLORY Gang. "It makes me feel connected. It's good to know that you're a part of a great group of people."

Nation said that his youth group affects the decisions he makes.

"My youth group is there to hold me accountable for any unchristian acts or behaviors I may do."

Not only is a youth group there to help you be a better person, there are also other benefits.

"When teens participate in an active youth group, they benefit in many ways," said Burdette. "Not only does it let them see that even as a young person that God can use them in big ways, it lets them see that they can have a family of friends with the same values. But most importantly, they get to know Jesus in a personal way, and they get to experience His power."

Church youth groups offer a variety of things for teens in our community.

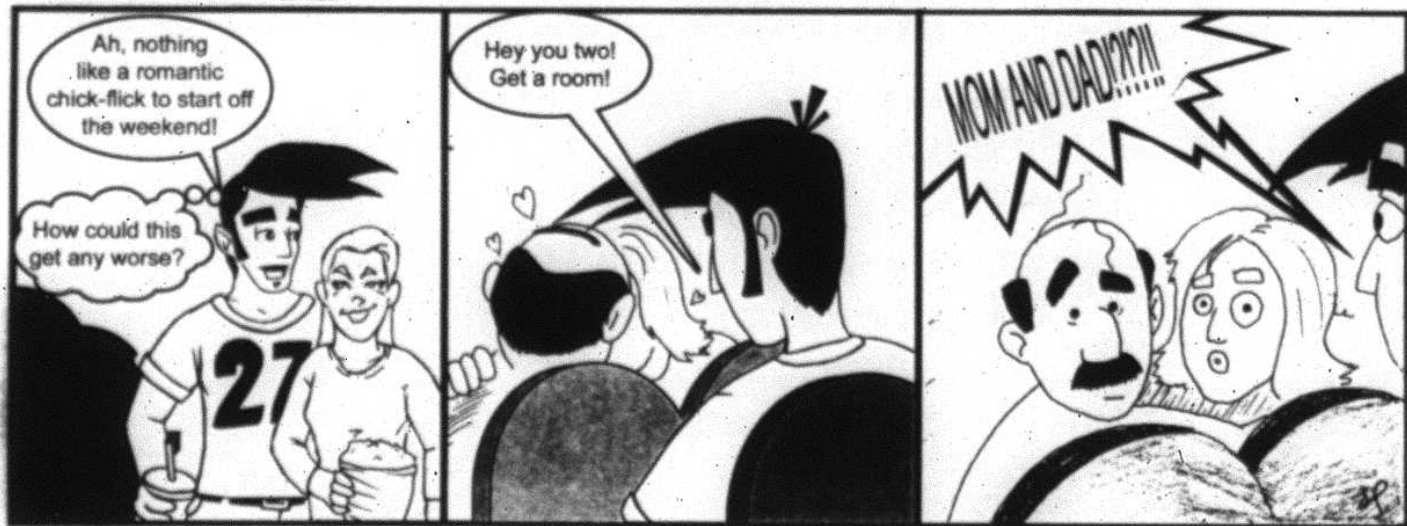
"When God sends someone to a youth group, two things are apparent: The person needs the youth group, and the youth group needs them," Burdette said. "When God places people together, he puts them together to work together and to achieve the same goal."

of these "clans," a gamer can always have friends ready to play Halo 2 as a team, or by challenging other clans as opponents. If you wish, you can even go to www.bungie.net, and check out the stats of another X-Box live gamer. These communities don't stop there however, with the ease of linking X-Boxes into a LAN, many colleges and universities have their own gaming communities. There are even many groups of friends around Rockcastle that meet weekly to play.

Still, getting into the universe is not as hard as it sounds. Simply by purchasing the games you have taken more steps than some, but by beating the game you have proven you are worthy of the title of "Fan". Asking around it should become evident that there are many "clans" or communities eagerly ready to accept new fans. The books can be purchased at any local book store, or online by searching the titles Halo: The Fall of Reach, Halo: The Flood, and Halo: First Strike.

Four Years to Life

Eric Powell



NEXTEL CUP 101: A beginner's guide to Nascar's most popular division

By SCARLETT FREDERICK

Widely regarded as a "redneck" sport, NASCAR (National Association for Stock Car Auto Racing) has become increasingly popular over the years, especially the Nextel Cup division. However, those who are not familiar with the sport may not know exactly what makes it so entertaining. Perhaps, finally, we may be able to answer the age-old question: "What's so great about cars running in a circle?"

History

NASCAR, established in 1948, began by using modified versions of cars made after World War II. However, many people resented the fact that new cars were being beaten up on the track while they were still driving their pre-war vehicles.

In 1949 the president of NASCAR, Bill France, Sr., decided that since no other racing organization raced cars that people drove on the street, late-model sedans were the way to go.

The first race with street-legal cars had nine manufacturers in the field: Buick, Cadillac, Chrysler, Ford, Hudson, Kaiser, Lincoln, Mercury and Oldsmobile.

A Typical Race

A typical race week starts on Thursday with the first practice, which is when the teams drive their cars on the track, coming into the garage to make adjustments. After the first practice, the teams are still free to adjust their cars, but they cannot test them again before their qualifying attempt, which is on Friday. If they make the field (which consists of the 43 fastest qualifiers) then they are once again free to adjust their cars as needed, and test them during the Saturday practice, also known as Happy Hour.

The race usually starts on Sunday afternoon around 1:00 p.m. (if the race is on the east coast) or 3:00 p.m. (if the race is on the west coast).

After making two or three warm-up laps around the track behind the pace car (which makes sure the drivers are keeping the proper speed), the race begins. Typically, the race lasts around 3 1/2 to 4 1/2 hours, depending on the number of wrecks, red flags (when the field has stopped, usually for an excessively widespread crash) and rain delays.

When the race is completed, the winner reports to Victory Lane for the presentation of the trophy, winner's purse (the amount of money the winning driver earns),

post-race photographs and interviews.

Points

Whichever driver is in the points lead at the end of the season wins the championship, along with a trophy and prize money.

The winner of each race receives 180 points, with the second-place driver scoring 170. From third to sixth place, the points decline in five-point increments, while from 7th to 11th, the points decline in four-point increments. From 12th to the end of the field (43rd), points decline in three-point increments.

Bonus points are awarded: 5 points for leading a lap and an additional 5 points for leading the most laps.

In effect for the first time in the 2004 season, after the 26th race of the season, all drivers in the top ten in points and those within 400 points will earn a place in the "Chase for the Championship" playoff of the final ten races. All drivers in the "Chase" will have their point totals adjusted. First place will receive 5050, second 5045 and so on, through all drivers in the "Chase."

Racing Dynasties

Throughout the years, few families have had such an impact on the sport of racing as the revered families of NASCAR—he Earnhardts and the Petrys.

The Earnhardt family was introduced to racing by Ralph Earnhardt's entrance into NASCAR



2004 Nextel Cup champion Kurt Busch reflects after a race

in the early days of the sport. He had 350 wins in his 23-year career. At age 45, he died suddenly of a heart attack while working beneath a race car in 1973. Ralph has been inducted in the National Motorsports Press Association Hall of Fame and was named one of NASCAR's 50 Top Drivers.

Ralph's son, Dale Senior (commonly known as "Senior" by many race fans) entered Nextel Cup Racing in 1975, and won Rookie of the Year in 1979. He won seven championships (currently tied with Richard Petty for most championship wins) and 76 races before being killed tragically in a last-lap crash in the 2001 Daytona 500.

Dale Senior's sons, Kerry and Dale Junior (simply "Junior" to most) are still involved in racing. Kerry is a part-time driver in the

Busch Series and Nextel Cup Series, while Dale Junior is a full-time driver in Nextel Cup and a part-time driver in Busch. Their sister, Kelley, drove late-model stock cars before starting her own career.

NASCAR's original "Royal" family began their 56-year reign in 1949 with Lee Petty, who is widely regarded as one of the founding fathers of the sport. He entered the family Buick in the first race. He retired in 1964 after 427 races with 54 wins, 231 top five finishes, 332 top tens and 18 poles. The modern-era record books (established in 1972) shows Lee tied with Jeff Gordon for 13 wins in one season.

Lee's son, Richard, holds the record for lifetime starts (1184).

see "NASCAR" on page 13



NASCAR's famous father and son: Dale Earnhardt Senior and Dale Junior.