

News from the Rockcastle County Courthouse

District Civil Suits

Capital One vs. Helen Holt, \$1,433.68 plus claimed due. C-00181.
 Eagle Financial Services vs. Randy Cromer, \$2,000.55 plus claimed due. C-00182.
 London Financial Services, Inc. vs. Terry L. and Peggy S. Ball, \$3,717.82 plus claimed due. C-00183.
 Cherokee Mortgage Co./Valley View Apts. vs. Nona F. Haraway and Clinton Sesser. C-00184.
 Worldwide Asset Purchasing, LLC vs. Scottie Johnson, \$1,845.47 plus claimed due. C-00185.
 Capital One Bank vs. Patricia D. Hobbs, \$741.19 plus claimed due. C-00186.

Discover Bank vs. Benny Dale Blanton, \$1,841.96 plus claimed due. C-00187.
 Discover Bank vs. Charlotte J. Lovell, \$3,152.96 plus claimed due. C-00188.
 Pain and Hearth Mgmt. vs. Anthony Smith, \$700 plus claimed due. C-00189.

Circuit Civil Suits

Community Trust Bank, Inc. vs. Kristy L. Rupper, et al, \$43,981.52 plus claimed due. CI-00319.
 Nicholas Tobias, et al. vs. David W. Clark, et al, complaint. CI-00320.
 Beverly Ann Wallace vs. Billy Michael Wallace, Jr., petition for dissolution of marriage. CI-00321.
 Citizens Bank vs. Charles Price,

et al, \$69,369.82 plus claimed due. CI-00322.
 Aatish Patel vs. Sarika Bharat Patel, uncontested petition for annulment. CI-00323.

Small Claims

King Bottling Co. vs. Ralph Hamilton, \$456.10 claimed due. S-00033.
 King Bottling Co. vs. Sharon Monk, \$582.86 claimed due. S-00034.
 King Bottling Co. vs. Charity Evans, \$179.68 claimed due. S-00035.
 King Bottling Co. vs. Charles Lear, \$81.62 claimed due. S-00036.
 Todd Corriett vs. Leslie Dawn Chook, \$1,500 claimed due. S-00037.

County, to Paul Griffin. Tax \$55.
 Kenneth E. and Barbara Hall and Lonnie R. Hall, real property located on Copper Creek Rd., to James Bullock. Tax \$70.

Eari Wayne Durham and Sandra Ann Durham, real property located in Rockcastle County, to Brandon Michael Durham. No tax.
 Eari Wayne Durham, real property located in Rockcastle County, to Sandra Ann Durham. No tax.
 Nell Judy Bennett, trustee, real property located on Horse Lick Creek, to Harold Burchell Clark. No tax.

Hubert J. and Lula Mae Brown, real property located in Rockcastle County, to Jennifer Rae Brown. No tax.
 Neil Judy Bennett, trustee, real property located on Horse Lick Creek, to Harold Burchell Clark. No tax.
 Charles R. and Relda Baker, and others, real property located on the waters of Copper Creek, to Tommy Coxe. Tax \$1.

Paul Griffin, real property located in Rockcastle County, to Willard and Aline Collinsworth. Tax \$45.

Willard and Aline Collinsworth, real property located in Renfro Valley, to Darrell Collinsworth. No tax.
 Thurney Ray and Bonnie Rowe, real property located at Skeggs Creek, to Bennett D. and Sheila Rowe and David and Shandra Rowe. Tax \$12.

Burgess King, real property located in Rockcastle County, to Donna Darlene Smith. Tax \$7.

Aatish Patel and Kalpa B. and Tamara K. Patel, real property located in Rockcastle County, to James G. Princl. Tax \$182.50.
 Judy Ann McQueen and Clifford Earl Lewis, co-executors, real property located in Rockcastle County, to William and Heather Foster. Tax \$64.

Marriage Licenses

Amy Marlow Smith, 30, Mt. Vernon, self-employed, to John Nicholas Parsons, 28, Mt. Vernon, self-employed. 12/29/05.
 Terri Lynn Abney, 25, Mt. Vernon, Richmond Street Eyecare, to Jason

Eugene Martin, 21, Livingston, ITAL. 12/29/05.
 Dora Faye Barnes, 23, Berea, homemaker, to Jeffrey Edward Conn, 31, Berea, asst. mgr., Domino's Pizza. 12/22/05.

Barbara Collins, 40, Rt. 1, Brothead, Rockcastle County Schools, to Jesse Dean Mason, 38, Rt. 5, Livingston, Central Rock Mineral Co. 12/23/05.
 Earlinda Lee Wheeler, Mt. Vernon, unemployed, to Gary Lee Hasty, 43, Mt. Vernon, unemployed. 12/21/05.

Theda Renea Rose Saylor, 21, Berea, SRNA Rockcastle County Hospital, to John Denver O'Neal, 32, Berea, factory. 12/19/05.

District Court

Hon. Jeffrey S. Lawless
 December 19 - 21

Elizabeth Weakley: Defective equipment, \$25 plus costs.

Robert W. Benge: Fines/fees due (\$278), bench warrant issued for failure to appear; 7 days or payment.
 Derrick D. Bishop: Public intoxication, \$50 fine plus costs; Disorderly conduct, \$100 fine.

Georgia M. Harrison: Fines/fees due (\$399.37), bench warrant issued for failure to appear; 9 days in jail or payment.

Tammy Johnson-McCormick: Operating on suspended/revoked operators license, and other charges,

bench warrant issued for failure to appear.

Kim Lovell: One headlight, \$25 fine plus costs; Failure to use child restraint device in vehicle, \$50 fine.
 Melissa K. Mason: Fines/fees due (\$128), bench warrant issued for failure to appear; 3 days in jail or payment.

David Osborne: Faulty equipment, \$20 fine plus costs; Failure to wear seat belts, \$25 fine.

Michael W. Randolph: Fines/fees due (\$278), bench warrant issued for failure to appear; 6 days or payment.
 Coleene R. Roberts: No insurance, \$500 fine/suspend \$450 plus restitution and costs.

Denver Swinney: No insurance, \$50 fine plus costs.

Curry R. Vanhose: Volatile substance abuse, and other charges, bench warrant issued for failure to appear.

Jon D. Wilburn: Fines/fees due (\$78), bench warrant issued for failure to appear; 2 days or payment.

James Wynn: Fines/fees due (\$170), converted to 4 days in jail.

James Wynn: Operating on suspended/revoked operators license, \$100 fine and 30 days/probated 12 months conditionally; Not expired registration plates, \$25 fine; Failure to wear seat belts, \$25 fine; No insurance, \$500 fine/suspend 4450 on condition.

Speeding: Gregory L. Bowling, Rebekah C. Bowman, Tivious R. Davis, Jason C. Hertenstein, Gary Rubbs, Jeff C. Jarvis, Tasha D. Jones, Travis S. Ramsey, Danny L.

(Cont. to B-4)

Somerset Cinema 8

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SYRIANA
 Rated R
 Fri. 1/6 - Sun. 1/8
 12:55 - 3:55 - 6:50
 9:40
 Mon. 1/9 - Thurs. 1/12
 3:55 - 6:50 - 9:40

WALK THE LINE
 Rated PG-13
 Fri. 1/6 - Sun. 1/8
 1:15 - 4:20 - 7:25
 Mon. 1/9 - Thurs. 1/12
 4:20 - 7:25

THE FAMILY STONE
 Rated R
 Fri. 1/6 - Sun. 1/8
 1:05 - 4:05 - 7:05 - 9:30
 Mon. 1/9 - Thurs. 1/12
 4:05 - 7:05 - 9:30

CHRONICLES OF NARNIA
 Rated PG
 Fri. 1/6 - Sun. 1/8
 12:45 - 1:55 - 3:45 - 4:55
 6:45 - 7:55 - 9:45
 Mon. 1/9 - Thurs. 1/12
 3:45 - 4:55 - 6:45 - 7:55 - 9:45

FUN WITH DICK & JANE
 Rated PG-13
 Fri. 1/6 - Sun. 1/8
 1:00 - 4:15 - 7:10 - 9:25
 Mon. 1/9 - Thurs. 1/12
 4:15 - 7:10 - 9:25

THE RINGER
 Rated PG-13
 Fri. 1/6 - Sun. 1/8
 1:05 - 4:30 - 7:20 - 9:40
 Mon. 1/9 - Thurs. 1/12
 4:30 - 7:20 - 9:40

Tickets for evening shows: Adults - \$7.00
 Seniors & Children Under 12 - \$5
 Tickets for matinee (before 6 p.m.)
 Seniors & Children under 12 & Adults - \$4
 As Always - Children 2 and under FREE!
 Showtimes for Friday, January 6th through January 12th

WOLF CREEK
 Rated PG
 Fri. 1/6 - Sun. 1/8
 1:30 - 4:10 - 7:10 - 9:45
 Mon. 1/9 - Thurs. 1/12
 4:10 - 7:10 - 9:45

www.SomersetCinema8.com

Absolute Estate Auction

of the late Mr. Jack Jones' & the late Ms. Maymie Winkler's
 Brick House & Approx. 14 1/2 Acres in Tracts
 Saturday, January 14, 2006 • 10:00 a.m.

Near Lake Linville, Mt. Vernon

Location: From Mt. Vernon, turn off the Highway 461 Bypass onto the Old Brothead Road (Hwy 1326). Proceed approximately 1/2 mile to Rose Hill Road. Turn onto Rose Hill Road and go 2/10 mile to the Rose Hill Extension. Follow the auction signs a few hundred feet to the property.

In order to settle the estates of the late Mr. Jones and Ms. Winkler, our firm has been authorized to sell this property for the absolute high dollar.

Tract 1: Contains 5.32 acres and is improved with the lovely pictured ranch-style brick home with aluminum siding trim. The house offers approx. 1,440 sq ft and has a kitchen, dining room, living room with fireplace, 3 bedrooms, 1 1/2 baths as well as a utility, storage room and attached carport. The home has city water and electric ceiling cable heat. In addition to the house, there is a 30 x 32 horse barn.



Tract 2: Located directly behind and adjacent to Tract 1, this tract contains 5.61 acres with some cleared and some wooded land. This tract offers a great view - so choose your own building site. City water is available.

Tract 3: Contains 2 1/2 acres and adjoins Tract 3. This would be an ideal building site with plenty of "elbow room". City water is available.

Auctioneer's Note: Being strategically located at the end of the road, there is plenty of privacy here, folks, and you're only 1/4 mile from the Lake. Enjoy country living in town.

Note: The purchaser of a single-family residence built before 1978 has a maximum of 10 days to inspect the property for the presence of lead base paint. The period for inspection begins January 4, 2006 - January 13th, 2006. The successful bidder must sign a waiver of the 10-day post sale inspection period.

Multi-Parcel Auction: This will be a multi-parcel absolute auction. The farm will be offered in tracts and combinations but this concept gives each and every prospective buyer the ability to purchase his or her individual tract or combination.

Terms: 20% down day of sale, balance in 30 days.

Announcements day of sale take precedence over printed matter.

For additional information, contact the auctioneers.

FORD BROTHERS, INC.
 AUCTIONEER - REALTORS

Sam Ford - Auctioneer/Realtor • Jeff Cromer - Auctioneer

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Library News



Mr. Pensol and Mrs. Mullins

The staff of the Rockcastle County Library wishes all of the community a very Happy 2006. We look forward to another year of activities and growth in patronage for the library. Changes are always being made to make improvements where they are needed, we are fortunate to have staff members who are very conscientious under the leadership of Ms. Pam Chaliff.

Some very special activities were participated in at the Teaching Learning Center. P.J.'s Daycare and our regular story hour kids did some interactive poems written by Mr. Alley Pensol (Basic Arts Coordinator for the Rockcastle County Schools). The special poems were performed by the children and friends from P.J.'s Daycare down in Somerset. We wish to thank all of the parents and educators involved in this effort. Chris

Mullins was on hand to accompany Mr. Pensol in the storybook reading. Santa was also on hand and surprised the children, (aka) John Holbrook. We appreciate all of you!

The Third Annual Books for Bikes program will begin January 9th. Information will be passed out at the three cities, we encourage you to read the information on the special sign in the Signal this week. We have generous sponsors and the program is growing! Last year there were some very happy children that left the library at the end of the program with a brand new bicycle! We are happy to partner with sponsors that are interested in the youth and literacy in our community. Bring the children, come on down to the library and sign them up for this special program. Make the connection, connect at your library!
www.rockcastlelibrary.com



Approximately 300 vehicles were entered in the 2nd annual Cruise in the Valley Car Show.



Rockcastle benefits from Cruise in the Valley Car Show

Rockcastle leadership initiatives are bearing fruit for the county and the three cities are the beneficiaries. Each of the Brodhead, Livingston and Mt. Vernon Mayors received a check for \$1,700.00 from proceeds of the 2nd Annual Cruise in the Valley Car Show, which was held November 5, 2005.

As a direct result of the Rockcastle Development Board community planning efforts and active participation of Leadership Graduates, \$5,100.00 dollars were raised for distribution to the three cities within the county.

The show grew from around 300 cars in 2004 to over 300 cars in 2005. Support continues to increase for the local initiative. Various sponsors within the county provided monetary donations to guarantee the success.

Sponsors included: Ky. Music Hall of Fame and Museum, Renfro Valley Entertainment Center, Rockcastle Hospital and Respiratory Care Center, Renfro Valley Bugle, Mt. Vernon Signal, WRVY-Salkov Broadcasting, Mt. Vernon Lions Club, Berea Wal-Mart, Gibson Berea Ford, Citizens Bank, Rockcastle Kiwanis Club, Dyehouse Tophus, King Bottling, Bob's PC's and Graphics, O'Reilly Auto Parts; Dowell and Martin Funeral Home; Brodhead Auctioneers and Realty, Brodhead Shoppette IGA; Brodhead Dan Delight, Rose's One Stop, Brodhead Dan Mart, Betty's Used Clothing, Brodhead Farm Mart, David's Tire Center, Burt Hill Food Mart, Thompson's Auto Mart, Young's Pharmacy, C.C. Cox and Son Hardware, Inc., People's Bank, Mt. Vernon Automotive Radio Shack, Bluegrass Corvette Club, Community First Bank, Ken Brown, and Ambergrey, LLC, Attorney's at Law, Cox Funeral Home, RIEC-Shurly's Curmies, Mt. Vernon Police Department, Subway Godfather's, Wendy's Cigo, KFC, Bishop Terry, Lonnice's Redi Mart, David Hammonds, Mike and Sue Brown, and Ambergrey, LLC, Complete Home Comfort, Brodhead Farm Equipment-Danny McKinney, James and Dee Ann Miller, Ted and Thelma Gibson, County Judge Executive-Buzz Carrollus; PVA, Margaret Offutt, Collins Respiratory, Brodhead Pharmacy, Rockcastle High School Art

Department-Mr. Leslie Scalf, Teresa Jackson Insurance Agency, Singleton and Associates, Inc.; Mt. Vernon Post Office; Shirley Osborne, City of Brodhead; Deboard Chiropractic; Marlene Lawson, City of Mt. Vernon; Central Body Service; Appliance Service Center; Lonnice and Teresa Vanzant; Russell and Norma Houk; Ed McJague, Fred Ryburn, Roy and Pam Martin; Cox Hardware; Burton's Promotions and Big Blue Service; and

Committee members of the Car Show included Wayne Combs and Connie Hunt, representing Renfro Valley Entertainment Center, Larry Hammond representing Rockcastle County Schools, Robert Lawson representing the Kentucky Music Hall of Fame, Charlie Napier representing Rockcastle County Schools and WRVX, Mikhail Shafer and Jeff Smith, representing Rockcastle Hospital, Inc. The committee was comprised of charter members of the Rockcastle Leadership Academy and completed a yearlong training in leadership during the spring of 2004. As a result of the training, this particular group chose to take advantage of the Hall of Fame, Renfro Valley and the talents of D.J. Charlie Napier in organizing the effort to benefit the County as a whole. Efforts were made to garner the support of local businesses and residents as the Rockcastle Community was showcased to car enthusiasts. The popularity of the Kentucky Music Hall of Fame and Renfro Valley also served a major role in promoting the event. Mayors from the three cities as well as the County Judge Executive participated in the event and selected the cars of their choice and each received the Mayor's choice or the Judge's choice trophy.

RCMS Principal Jason Coguer, Coach J.D. Bussell, District Technology Coordinator Trent Clark and RCHS Youth Services Center Coordinator Jesse Mahaffey of Rockcastle County Schools volunteered for the challenging task of parking the cars. Their time, along with the support of local businesses in monetary contributions contributed to an entertaining day for show participants as well as visitors, which had the opportunity to appreciate many vintage automobiles from the past.

What to do with your lump-sum distribution?

Danny Miller, Agent
New York Life Insurance Company
Thanks to the funds in your 401(k) or other type of employer-sponsored qualified retirement plan, if you are retiring or changing careers, you may receive a large chunk of money—possibly the biggest you've ever seen. That's why it's important that you do not just take the lump-sum distribution strategy to protect what you've accumulated. Ideally, it's best to choose a distribution option that meets your retirement goals, minimizes the impact of taxes, and avoids penalties.

Option #1
One possible option is to directly roll your entire distribution into another qualified employer plan or Individual Retirement Account (IRA). A direct rollover to an IRA will avoid income taxes, a 10% early withdrawal penalty, as well as the current mandatory 20% federal withholding tax that is imposed if you elect to receive a check directly from your employer. In an IRA, all earnings continue to accumulate on a tax-deferred basis, allowing your money to compound and accumulate quicker than money placed in an identical taxable account.

To establish a direct rollover IRA, ask your former employer's plan administrator in writing to transfer the funds to the trustee of the new qualified plan or IRA. The plan administrator must provide you with the opportunity to make a direct rollover.

Option #2
If your new employer accepts rollovers from another employer's plan, you can transfer the funds directly to its 401(k) plan, or other type of qualified employer plan, avoiding any income taxes and the 20% withholding tax.

Option #3
You may want to keep funds in your employer's plan until you reach the plan's retirement age or age 62, whichever is later, if that is an option. Your funds will continue to accumulate tax-deferred and later can be moved to an employer's qualified plan or an IRA.

Option #4
This option allows you to receive funds in a distribution that is part of a series of substantially equal periodic payments made at least once a year after separation from service and lasting for:

- your lifetime;
- your lifetime and your beneficiary's lifetime;
- a period of ten years or more.

In such situations, the 20% withholding tax may apply. For this reason, this option may be suitable if you need funds to supplement your retirement income. The funds you receive will be subject to current income taxes. If you choose to receive funds for a period of 10 years or more and you are under age 59, you may be subject to the 10% early withdrawal penalty. If you are already receiving fewer than ten annual payments, 20% of what you expected in a given year (and in future years) will be withheld. To avoid this, you can instruct your plan administrator to transfer the payments directly into an IRA. You can establish a payout schedule to avoid the 10% early withdrawal penalty tax.

Some plans may allow you to take your lump-sum distribution in company stock. If your distribution consists of such stock, the mandatory 20% withholding tax will not apply. You will need to pay regular income tax, and may also be subject to the 10% early withdrawal penalty if you are under age 59. One way to avoid this is to ask the plan trustee to sell the stock and put the proceeds into an IRA within 60 days from the time you receive your lump-sum distribution. By doing this, you will avoid current income taxes and the early withdrawal penalty.

Tax Pitfalls
As you "map out" your distribution strategy, there are a number of potential tax pitfalls you should be aware of. Besides the 20% mandatory withholding tax, upon distribution you will have to pay current income taxes on all pre-tax contributions and earnings. And, a 10% early withdrawal tax (also known as a premature distribution penalty) will be imposed on the entire distribution if you are under age 59½, unless the withdrawal is due to death or disability or taken in substantially equal periodic payments. Certain other exceptions may apply.

Make an Informed Decision
Be sure to weigh your distribution options carefully. Your decision could mean the difference between a dream retirement or one where you struggle to meet basic needs. Neither New York Life nor its agents provide tax or legal or accounting advice, so because of its importance, be sure to consult with your professional advisors prior to making any decision. If you would like more information about insurance and other financial products, please contact Danny Miller, Agent, New York Life Insurance Company, at 606-308-5618.



The storyhour kids and local P.J.'s Daycare interact with P.J.'s in Somerset via teleconference.



Mr. Allen Pensol and Chris Mullins presented a storybook with sound effects to the parents and children really enjoyed it.

"Court"

(Cont. from B2)

Reynolds; Cheryl K. Roe, Rosie L. France, Craig T. Worland, Emily Hawkins, Lonnice R. Kelley, Ansley Lawson, Randy J. Renner, Kevin J. Wagner, paid; Deack Whit Cha, Christine L. Debord, Dennis Belaguala, Marshall A. Denham, Kevin H. McArthur, George Sartin, III, Larry Stone, Mark A. Wade, Justin P. Bryant, Michelle C. Elyward, Jonathan J. Jackson, Brian Glen Johns, Dwight E. Lewis, Jr., Leonardo Martin-Campins, Amanda L. Sharp, license suspended for failure to appear; Brandon C. Hodge, paid \$148 fine and costs;

Andre Farham; Speeding, and other charges, license suspended for failure to appear; Brian K. Burns; Speeding, bench warrant issued for failure to appear; April Lynn Campbell; Fines fees due (\$259.98), bench warrant issued for failure to appear;

Teddy R. Cox; Speeding, \$36 fine plus costs; Failure to wear seat belt, \$25 fine; Possession of marijuana, \$100 fine and 30 days probated twelve years plus costs;

Shaun T. Crank; No operators license in possession, \$25 plus costs;

Michael T. Cunagin; No tail lamps, \$25 fine plus costs;

John Harding; Defective equipment, \$25 fine/10 days in jail in lieu of payment;

Michal D. Miller; Indecent exposure and disorderly conduct, bench warrant issued for failure to appear, 6 days in jail or payment;

Calvin Knuckles; Operating on suspended/revoked operators license, license suspended for failure to appear;

Timothy B. Martin; Failure to or improper signal, and other charges, bench warrant issued for failure to appear, 10 days or payment;

Summer C. McCown; Improper display, \$25 fine plus costs;

charges, summons issued; Antony C. Ritchie; Operating on suspended/revoked operators license, \$100 fine and 30 days probated 12 months plus costs;

David P. Snyder; Fines fees due (\$157), bench warrant issued for failure to appear, 4 days or payment;

Tavla Sturgill; Speeding, \$18 fine plus costs; Failure to produce insurance card, \$25 fine;

Christopher James Weeks; No expiring registration plates, and other charges, bench warrant issued for failure to appear;

Dwain D. Bradley; No operators license in possession, \$450 fine plus costs; No insurance, \$500 fine plus \$450 conditionally;

Richard D. Abrams; Leaving scene of accident failure to render aid or assistance, bench warrant issued for failure to appear, 4 days or payment;

Charles Alcorn; Failure to wear seat belt, \$25 fine plus costs; Reckless driving, \$100 fine;

Shauna F. Baker; No insurance, \$500 fine suspend \$450 plus costs; Lisa F. Blackburn; No insurance card, \$25 fine plus costs;

Jeffery L. Bond, Jr; Receiving stolen property, bench warrant issued Lindsey E. Willis; Fines fees due (\$402.20) plus restitution, bench warrant issued for failure to appear, 9 days or payment;

Dale J. Bradley; Operating on suspended/revoked operators license, and other charges, bench warrant issued for failure to appear, 6 days or payment;

Kerry J. Case; Operating motor vehicle under influence of alcohol/drugs, sentencing order entered, 30 days concurrent; Failure to comply with sex offender registration, 20 days to serve 38;

James Ray Wynn; Improper registration, 30 days concurrent; Display of illegal altered registration plate, 30 days concurrent; Operating on suspended/revoked operators license, 30 days concurrent; No insurance, 30 days concurrent.

Mt. Vernon Chiropractic

Automobile Accidents



can cause pain and problems that can follow you for a life time if not treated immediately after an injury. Keep in mind that symptoms may not show up immediately or even within a few hours, days, sometimes even months because injured soft tissues often degenerate slowly. If not treated promptly here are some TYPICAL SYMPTOMS that indicate a serious spinal problem or injury has occurred.

- Headache •Restricted Neck Movement
- Pain and/or Heaviness in the Head, Neck, Shoulder or Arm
- Dizziness •Pain Between Shoulders
- Fainting or "Weak Feeling" Spells •Frequent Nausea
- Numb, Cold Tingling Hands, Feet, Arms, Legs
- Ringing In Ears •Low Back Pain

If you experience any of these symptoms whether you've been in an accident or not we can give you a thorough spinal exam. Don't allow your symptoms to get worse. You can call to schedule an appointment with Dr. Meyer at Mt. Vernon Chiropractic.

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United States District Court Eastern District of Kentucky London

Criminal No. 05-9-DCR
United States of America Plaintiff
Louise Johnson Defendant

NOTICE IS HEREBY GIVEN THAT ON JULY 25, 2005 in the above-captioned case, the Honorable Danny C. Reeves, United States District Judge for the Eastern District of Kentucky, entered orders condemning and forfeiting the following property:

REAL PROPERTY:
Tract No. 1 Beginning at the side of road at Hickory corner to Felix Reams, thence with Reams line 140 yards to Chestnut Oak, thence leaving Reams line to sawtooth distance of 35 yards, thence back toward road a distance of 140 yards to sawtooth stone; thence with the edge of road 35 yards to said beginning. Containing one (1) acre, more or less.

Being the same property conveyed to Louise Johnson by deed in and to Louise Johnson by deed on February 26, 2002 and recorded in Deed Book 188, Page 326 in the records of the Rockcastle County Clerk.

YOU ARE HEREBY NOTIFIED that the United States intends to dispose of this property in such manner as the United States Attorney General may direct.

Pursuant to Title 21, United States Code, Section 855(c), if you have a legal interest in this property, WITHIN THIRTY (30) DAYS of receipt of this notice, you must petition the United States District Court for the Eastern District of Kentucky, for a hearing to adjudicate the validity of your alleged legal interest in this property. If a hearing is requested, it shall be held before the Court alone, without a jury.

THE PETITION must be signed by the petitioner under penalty of perjury, as established in 28 U.S.C. §1746, and shall set forth the nature and extent of your right, title or interest in each item of property, the time and circumstances of your

acquisition of the right, title or interest in each item of property and any additional facts supporting your claim and the relief sought.

Pursuant to Title 21, United States Code, §855(n)(2), NEITHER A DEFENDANT IN THE ABOVE-STYLED CASE NOR HIS ATTORNEY IS ENTITLED TO FILE A PETITION.

ANY HEARING on your petition shall, to the extent practicable and consistent with the interests of justice, be held within thirty (30) days of the filing of your petition. The court may consolidate your hearing on the petition with any other hearings requested on any other petitions filed by any other person other than the defendant named above.

YOU HAVE THE RIGHT at the hearing to testify and present evidence and witnesses on your own behalf and cross examine witnesses who appear at the hearing.

IF YOU FAIL TO FILE A PETITION TO ASSERT YOUR RIGHT, TITLE OR INTEREST IN THE ABOVE-DETERMINED PROPERTY WITHIN THIRTY (30) DAYS OF THIS NOTICE, YOUR RIGHT, TITLE AND INTEREST IN THIS PROPERTY SHALL BE LOST AND FORFEITED UNLESS YOU FILE A PETITION IN THE UNITED STATES THEN SHALL HAVE CLAIM TITLE TO THE PROPERTY HEREIN DESCRIBED AND MAY WARRANT GOOD TITLE TO ANY OTHER INTEREST PURCHASER OR TRANSFEREE.

All petitions must be filed with the United States District Court for the Eastern District of Kentucky, London Dock, at the following address: Gregory E. Tate, United States District Court Clerk, P. Box 5121, London, Kentucky 40745-5121.

You must serve a copy of your petition upon the United States Attorney at the following address: Gregory E. Tate, United States Attorney, David Y. Olinger, Jr. Assistant U.S. Attorney, Forefront Unit, 110 West Vine Street, Suite 1000, Lexington, Kentucky 40507-1671.

Dated: December 22, 2005

John Schickel
United States Marshal
United States Marshal Service
Eastern District of Kentucky

Help Wanted

Help Wanted: Avon Rep. needed. Earn up to 50%. Call toll free 1-800-428-0456. Weekends call 606-256-9791. 41xmt

Help Wanted: Cashier needed. Jack's Hardware. 256-4368. 9x1

Help Wanted: Experienced only waitress needed at Jean's Restaurant. Apply in person. 9x1

Industrial Career opportunities available now in Berea. Fast growing company needs good people now. Starting pay is \$9 hourly and benefit programs. If you are interested in applying for these career jobs, call REMEDY today 866-305-5232 or 859-224-4455. 9x1

Account Manager working onsite with major client. Fast growing industrial company in Berea needs career-minded, detail-oriented professional to serve as account rep to major manufacturing client. Must have good customer service and communications skills. Very good salary/benefit schedule. Call REMEDY for more information at 866-305-5232 or 859-224-4455. 9x1

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HOSPITAL AND RESPIRATORY CARE CENTER, INC.
Respiratory Therapist
Rockcastle Hospital and Respiratory Care Center is currently seeking Respiratory Therapists. CRT or RRT credentials are required. For more information contact Jeff Smithern, Respiratory Therapy Director at 806-256-7728 or send resume to Attn: Jeff Smithern, P.O. Box 1310, Mt. Vernon, KY 40456.
EQUAL OPPORTUNITY EMPLOYER

50 ROKCASTLE
HOSPITAL AND RESPIRATORY CARE CENTER, INC.
and
HEALTH AND REHABILITATION CENTER, INC.
is now taking applications for
Nurse Aide Training
SRNA (State Registered Nursing Assistant)
For more information notify:
Rockcastle Hospital and Respiratory Care Center
Betty Purcell at (606) 256-7704
Rockcastle Health and Rehabilitation Center
Vivian Lambert at (606) 758-8711

community. Successful candidate must possess basic maintenance skills. Must have own transportation and property maintenance tools. Apply in person, M-F, 9 a.m. to 3 p.m. at Broadhead Village, 165 Castle Village Drive. EPE M/F/D/V 9x2

Help Wanted: Live-in caretaker needed for handicapped male. \$800 month plus room and board. Call 256-2698, leave answer if no message. 9x1

Professional Services

JLH Electric - Residential and commercial services. Residential wiring and re-wiring. Hot tubs, pots, lighting and receptacle circuits. Phone and computer jacks, installed and repaired. After hours emergency service available for businesses. Licensed and insured. Free estimates. 256-9413 or 308-3512. 3xmt

David's Home Improvements - Service buildings • vinyl siding • all types of roofing (metal, shingle, rubber) • leak repairs. Free estimates • low competitive rates. 25 years experience. 606-843-9408. 23xmt

Need Garbage Service? Call R&R Hauling at 308-9068. Low monthly rates or pay by bag prices. Clean-ups by estimate. 50xmt

Phelps Roofing, Owner Mike Phelps. Insured, references available, free estimates. 16 years experience. Ph. 606-758-8874. 41xmt

Notice: Will haul off old scrap metal, junk. Metal hauled for free. 256-4375. 14xmt

Grave Markers & Monuments: In stock at all times. McNew Monument Sales, US 25, 4 miles north of Mt. Vernon. Phone 256-2232. 131x U-Call We Haul! Firewood, water, cars, coal, furniture -- anything you need that fits on a truck. Large or small. We also haul your junk car or truck away for free. 256-9222. 27xmt

P&P Gutters: 5 & 6 inch seamless gutters, siding, soffit and window installation. Call 256-4393. Free estimates. 21xmt

Pink Poodle Parlor - 256-4737. Located behind Carter's Market. Grooming and obedience classes. 12x5p

Lowell's Gun Sales & Repair: New and used guns for sale. Ammo and gun accessories. Repairs, stock refinishing, hot bluing. Certified gunsmith/licensed firearms dealer. Maple Grove Road, Mon-Fri. 5 to 8 p.m. 256-3539. 11xmt

Call's Panzered Pooch
57 West Main St., Broadhead
758-0064
Professional Pet Grooming
Lashes & Eukanuba pet food plus pet supplies available.
20xmt

Sewing Machine Sales & Service:
40 years exp. Leroy Davis, 407 Crab Orchard St., Lancaster, KY 40444. Phone 792-3149. 42xmt

Jim Sandusky Roofing: Free estimates. Cell 1-859-983-7877. 40xmt

Notices

Notice is hereby given that Albert J. Leach, 8303 Science Hill Ct., Louisville, Ky. 40228 has been appointed administrator of the estate of Mary E. Leach on the 12th day of December, 2005. Any person having claims

COMMONWEALTH OF KENTUCKY
TRANSPORTATION CABINET
DEPARTMENT OF HIGHWAYS
NOTICE TO CONTRACTORS
Sealed bids will be received by the Department of Highways in the Division of Contract Procurement located on the 3rd Floor and/or the Auditorium located on the 1st Floor of the Transportation Cabinet Office Building, Frankfort, Kentucky, until 10:00 a.m., EASTERN STANDARD TIME on the 20 day of JANUARY, 2006, at which time bids will be publicly opened and read for the improvement of VARIOUS COUNTY 121-GR05-E001 - F001 1-175 in Districts Seven, Eight, and Eleven from Tennessee state line to Ky. 418 interchange Right of Way, Madison - Litter Removal. Bid proposals for all projects will be available at the Division of Contract Procurement until 3:00 p.m. Eastern Standard Time, preceding the day of the letting of Friday, January 20, 2006. Bid proposals for all projects will be available at a cost of \$10 each and remittance payable to the State Treasurer of Kentucky must accompany request for proposals (NON-REFUNDABLE). BID PROPOSALS ARE ISSUED ONLY TO QUALIFIED CONTRACTORS. Submit proposals for all projects will be available at all interested parties at a cost of \$10 each (NON-REFUNDABLE).

against said estate shall present them, according to law, to the said Albert J. Leach or to Hon. William D. Gregory, P.O. Drawer 220, Mt. Vernon, Ky. 40456 on or before June 12, 2006. 9x3

Notice is given that James H. Lambert and Joseph K. Lambert have filed a final settlement of their accounts as co-executors of the estate of Evans V. Hilton, deceased. A hearing on said settlement will be held January 23, 2006. Any exceptions to said settlement must be filed before said date. 9x1

Posted

Posted: No fishing, hunting, trespassing or 4-wheeling on property belonging to James and Juanita Chastain on Bradley Powell Rd. at County, 49x12

Posted: No hunting or trespassing of any type on land belonging to Scott Anglin at New Hope, Green Pond Ridge or Johnnetta area. Violators will be prosecuted. Not responsible for accidents. 41x2p

Posted: No hunting, trespassing or ATVs on land belonging to Victoria Reese at Roundstone. Not responsible for accidents. 45x1f

Posted: No hunting or trespassing on property belonging to Donald and Ora Lee Hurst at Willilla. Violators will be prosecuted. 21xmt

Posted: No trespassing on property known as C.B. Owens Farm across from Fairgrounds in Broadhead. Violators will be prosecuted. 25xmt

Posted: No trespassing on Crawford Place - Old Broadhead Road, Danny Smith. 47xmt

Posted: No hunting or trespassing on property owned by Doug and Judy Brock known as Brock's North Hill Farm at Mareburg consisting of the Farming Place, Brock Place, Hensley Farm. 31xmt

Posted: No hunting, fishing or trespassing on property belonging to Mark and Debbie Cummins. 40xmt

Supply Preaching
available by
Rick Barnett
of Northside Baptist Church
Call 256-3747

Commonwealth of Kentucky Rockcastle Circuit Court 28th Judicial Circuit • Division I Civil Action No. 04-CI-00355

CITIZENS BANK OF BRODHEAD Plaintiff
v.
BILLY MCFERRON, ET AL Defendants

NOTICE OF SALE
Pursuant to an In Rem Default Judgment and Order of Sale entered in this action on December 14, 2005, I will offer at public auction the hereinafter described real property and personal property located in Rockcastle County, Kentucky.

AT THE COURTHOUSE IN THE CITY OF MT. VERNON, ROCKCASTLE COUNTY, KENTUCKY, ON EAST MAIN STREET ON FRIDAY, JANUARY 20, 2006, BEGINNING AT THE HOUR OF 11:00 A.M. OR THEREABOUTS, THE FOLLOWING DESCRIBED REAL PROPERTY, TO WIT:

Being all of Lot No. 9 in 8.10 the Rainbow Valley Subdivision as shown by plat of record in Plat Book 2, book 44, in the office of the clerk of the Rockcastle County Clerk, Mt. Vernon, Kentucky. Reference is made to said plat for a more particular description.

Billy McFerron and wife, Mary McFerron obtained title to the above described real property by deed dated January 27, 1989, executed by Gordon Hayes, et. ux. same being of record in Deed Book 173, Page 34, in the Office of the Rockcastle County Clerk, Mt. Vernon.

The foregoing property shall be sold by the Master Commissioner of the Rockcastle Circuit Court upon the following terms and conditions:

- The real property shall be sold for cash or upon a credit of thirty (30) days with the purchaser required to pay a minimum of twenty-five percent (25%) of the purchase price in cash on the date of sale and to secure the balance with a bond bearing interest at twelve percent (12%) per annum.
- Unpaid taxes or liens of record at the time of entry of judgment shall be paid out of the proceeds of sale.
- The buyer shall pay the year 2005 local, county and state property taxes.
- The buyer shall have possession of the property upon compliance with the terms of the sale.
- In the event the plaintiff is the successful bidder and the sale price does not exceed the amount of the plaintiff's judgment, no deposit or bond shall be required and the property will be conveyed to the plaintiff in due season upon payment of the expenses of sale.
- The Buyer shall have possession of the real property upon compliance with the terms of the sale.

This property is being sold to raise the sum of \$27,628.92, plus per diem interest of \$5.07 from October 27, 2005 until the date of judgment, plaintiff's attorney fees of \$4,144.33 which is 15% of the principal balance and Court Costs in the amount of \$462.44.

**William D. Gregory, Special Master Commissioner
Rockcastle Circuit Court**

Email news to the Signal at mvsignal@alltel.net

Beautiful views from this wooded building lot, 3.03+/- acres in the Old Broadhead Road area. No restrictions. \$24,900.

Beautiful wooded lot offers privacy just minutes from Mt. Vernon in the Old Broadhead Road area. 5 to 1 1/2+/- acres. No restrictions. \$18,900.

Seven building lots, 5 to .75 acre each, Old Broadhead Road area. Restricted - double-lanes permitted. Call for more info. \$9,900 each.

Reduced Need an affordable home? Take a look at this singlewide with an addition on Stephens Rd. in Rockcastle Co. just minutes from Berea. \$34,900.

GILLIAM
REAL ESTATE & AUCTION
427 Chestnut Street, Berea, KY • 859-986-9797
John Gilliam • Broker
Agents Lorella Powell - 859-302-9411 • Kim Clayton - 859-661-3772

Master Commissioner's Sale FOUR TRACTS Case No. 04-CI-00252

Citizens Bank Plaintiff
v.
Taylor Produce, Inc., et al Defendants

Pursuant to a Judgment entered on November 10, 2005, by the Rockcastle Circuit Court, Division II, in Civil Action No. 04-CI-00252, I will sell on **January 20, 2006 at the hour of 1:00 p.m.**, at public auction to the highest and best bidder, at or near the front door of the Courthouse, Main Street, Mt. Vernon, Kentucky the **FOUR SEPARATE PARCELS** of real property described below:

1st Parcel - Beginning at a p.k. nail on the north side of Albright Street and being a corner to Roberta Taylor (De 77 pg 598), said point being 5 1/2 degrees 17'58" E, 121.30 feet from the intersection of the east side of West Street and the north side of Albright Street; then going with the north side of Albright Street 5 1/2 degrees 17'58" E, 53.70 feet to a set railroad spike at the intersection of the east side of an alley and the north side of Albright Street; then going with the west side of an alley and the north side of Albright Street; then going with the west side of an alley N 40 degrees 57'36" E, 81.07 feet to a rebar with cap on the line of an alley and a corner to Roberta Taylor (De 101 pg 453); then going with the west side of Roberta Taylor (De 77 pg 598) and going in an 82.34 feet to that point of beginning and containing 0.10 acre more or less. The Defendant Taylor Produce, Inc. obtained title to this parcel by dated January 22, 1999; executed by Roberta Ann Taylor, in deed book 173, page 66, of record in the office of the Rockcastle County Clerk, Mt. Vernon, Kentucky.

2nd Parcel - withdrawn from judgment and order of sale.

3rd Parcel - Fifty (50) foot frontage of Albright Street of Lot No. 13 and 16 and 2/3 feet of Lot No. 12 in Block E as shown by plat of the Henry Addition of the town of Broadhead, as recorded in Deed Book 25, Page 569, and extends back 170 feet. The Defendant Roberta Taylor obtained title to this parcel by deed dated March 31, 1971, executed by Norma Butler, et. ux., in deed book 93, page 356 of the office of the Rockcastle County Clerk, Mt. Vernon, Kentucky. Co-tenant E.J. Taylor is deceased.

4th Parcel - Beginning at a point in the intersection of Albright Street and West Street; thence in a southerly course with the east side of West Street 175 feet to an alley; thence in an easterly course with the north side of said alley 197 feet to a stone near an out-lining; thence in a new line along the property of Taylor a northerly course on a marked line to a stone and stake in the south edge of Albright Street, 83 1/2 feet west of Willie Walden's corner; thence with the south side of Albright Street, a distance of 207 1/2 feet to the point of beginning. The Defendant Roberta Taylor obtained title to this parcel by deed dated September 13, 1968, executed by Leslie B. Elder, in Deed Book 91, Page 360 in the office of the Rockcastle County Clerk, Mt. Vernon, Kentucky. Co-tenant E.J. Taylor is deceased.

5th Parcel - Beginning at a point 207 1/2 feet southeast of the intersection of Albright Street with West Street, corner of L.B. Elder; thence southerly with L.B. Elder, said point being 197 feet east of Elder's southwest corner on West Street; thence easterly 65 feet with the north side of an alley to a set stone, corner of Willie Walden; thence northerly 175 feet to a stone on the south side of Albright Street; thence westerly 83 1/2 feet to the point of beginning. The Defendant Roberta Taylor obtained title to this parcel by survivorship deed dated March 1, 1971, executed by Beulah Barker, et. al, in Deed Book 91, Page 363 in the office of the Rockcastle County Clerk, Mt. Vernon, Kentucky. Co-tenant E.J. Taylor is deceased.

The defendant, Roberta Taylor, obtained title to the above described real property by survivorship deed dated March 1, 1979, executed D.A. Robbins et. ux., of record in Deed Book 160, Page 566 in the Office of the Rockcastle County Clerk, Mt. Vernon, Kentucky. Co-tenant E.J. Taylor is deceased.

Date of Sale: January 20, 2006 at 1:00 p.m. local time
Place of Sale: At or near the front door of the Courthouse, Main Street, Mt. Vernon, Ky.
Amount to be raised: \$238,994.00, plus interest, attorney's fees and court costs.

The foregoing properties shall be sold subject to the following terms and conditions:

- The real property shall be sold for cash or upon a credit of thirty (30) days with the purchaser required to pay a minimum of twelve (12%) percent of the purchase price in cash on the date of sale and to secure the balance with a bond bearing interest at twelve (12%) percent per annum.
- Each parcel of property shall be sold separately and shall not be combined.
- Unpaid taxes or liens of record at the time of entry of judgment shall be paid out of the proceeds of the sale.
- The buyer shall pay the year 2005 local, county, and state property taxes and all subsequent years.
- The buyer shall have possession of the real property upon compliance with the terms of the sale.
- In the event the plaintiff is the successful bidder and the sale price does not exceed the amount of the plaintiff's judgment, no deposit or bond shall be required and the property will be conveyed to the plaintiff in due season upon payment of the expenses of the sale.

Bidders shall be prepared to promptly comply with the aforesaid terms and conditions. Buyer shall have possession of the premises upon compliance with the terms of the sale.

**Daniel J. Venters, Special Master Commissioner
Voters Law Office**

Mount Vernon Signal

Serving Rockcastle County Since 1887

Mount Vernon, Kentucky 40456 - (606) 256-2244

Volume 121 • Number 9

50 per copy - Thursday, January 5, 2006

Rockcastle awarded funds for shelter food and shelter

Rockcastle County has been chosen to receive \$8,405 to supplement food and shelter programs in the county.

The selection was made by a national board that is chaired by the Federal Emergency Management Agency (FEMA) and consists of representatives from the Salvation Army, American Red Cross, United Jewish Community, Catholic Charities, USA, National Council of the Churches of Christ in the USA and United Way of America, which will provide the administrative staff and functions as fiscal agent. The board was charged to distribute funds appropriated by congress to help expand the capacity of food and shelter programs in high need areas around

(Cont. to A-10)



Roy Fredricks, 42, died in a trailer fire on Chestnut Ridge last week. The trailer was completely engulfed when firefighters arrived around 3:45 in the morning. Fredricks was burned beyond recognition and identification had to be made by the State Medical Examiner's office. The fire is under investigation by Kentucky State Police.

Death under investigation

Local man dies in mobile home fire at Chestnut Ridge

Rockcastle County Coroner Bill Dowell said that Roy Fredricks, 42, of Paint Lick, was positively identified on Tuesday morning, following his death on December 23rd in a fire on Chestnut Ridge.

Dowell said he had to take dental records to the state examiner's office in Frankfort in order to positively identify Fredricks' body.

It was over a week before his identity was verified, by Dr. Emily Craig of the state medical examiner's office. Fredricks was found by his brother Tony, who went into the trailer after the fire, according to

Kentucky State Police Detective Gary Lane, who is investigating the death.

"The case is open and still under investigation," Lane said.

"Neighbors were awakened by noise around 3:45 a.m.," Lane said.

Mt. Vernon Fire Dept. Lt. Steve Griffin, Public Information Officer for the fire department, was the first on the scene, along with Deputy Sheriff Joe Rush.

Griffin, who lives on the same road, said that when he got to the scene the trailer was already on the ground. Two vehicles, one of which was Fredricks, were also destroyed.

Headlines from the first six months of news that occurred in Rockcastle County

By: Richard Anderkin

In 2005 in Rockcastle County there were victories, tragedies and many accomplishments.

Editor's Note:
The following is a recount of the events of 2005, for the first six months, which were published weekly by the Signal.

Next week, the last six months of headlines will be published.

January

The year began with city council members in each city being sworn-in. At Mt. Vernon, Mayor Clarice Kirby swore-in Shelly Raines Lewis and Sharon Saylor and former council member Jackie Renner, along with the current members, Joe Mullins, Betty Bussell and Wayne Bullock.

The Lady Rockets, who would eventually win the 13th region, were ranked second in the state and the temperature reached 65 degrees on New Year's Day.

The city of Mt. Vernon had a water line main break on Christmas Eve, which was repaired in two hours and the Exit 59 fuel center was robbed at gunpoint.

The Rockcastle County Chamber of Commerce was reorganized and, new board members were named. Mike Blount, Gary Mink, Jerry Penso, Steve Taylor, Connie Graham, Carl Bussell and Jerry Renner were placed on the board.

In the second week of the year, the historic Renfro Valley Entertainment Center was sold to Don and Vera Evans for \$2 million. The Evans are originally from Laurel County.

The Evans still own the complex a year later.

Mt. Vernon Mayor Clarice Kirby responded to complaints about the quality of water being produced by the city and two local families lost men in single car wrecks.

Lonnie Thomas and Stacey McCracken were the two victims.

Also in January, the Rockcastle County Board of Education began discussion of an expansion at Roundstone School, which would include a new gym and a new heating and cooling system. At a cost of \$2 million, that project has since been approved.

A 50-year-old business in Rockcastle County, Parsons Gas and Appliance was sold to Ferrell gas.

Rockcastle County School students got their first snow day in the last week of January and the city of

Mt. Vernon was informed their insurance carrier would pay \$93,000 in damages because of the actions of a former police officer.

Former Democrat County Chairman Verla Scott, who was also a retired teacher died and the temperature in the county reached just six degrees.

The Lady Rockets ran their record to 15-2 after a win over Louisville Assumption. The Lady Rockets would eventually win the 13th region.

February

In February, the month began with the news that Rockcastle County Road foreman Jack Cromer, who had been on the job for eleven years, pled guilty to wildlife violations in Circuit Court. He would eventually resign his position.

Rockcastle County Judge-Executive Buzzy Carlotta announced that at least a \$250,000 would be released by the state for work on roads in the county.

Rockcastle County School Superintendent Larry Hammond's contract was extended for another year and now runs through 2008. Hammond had been superintendent since 1995.

37-year-old Steven Miller was sentenced to 10 years in prison on marijuana charges and Steve Stamper, 35, was also convicted.

Over 1,000 people gathered at the Renfro Valley Entertainment Center to head to a rally in Frankfort against drugs.

Deputy Sheriff Mike Bryant led the convey.

Rockcastle County High School seniors Scott Cromer and Whitney Danielle Cross were crowned homecoming King and Queen.

The last week of February, the first ever basketball coach at Rockcastle County High School, Bill Riddle was honored. While at Brodhead High School he took the Tigers to the state tournament in 1972. Riddle retired

from teaching and coaching in 1980. Mt. Vernon Elementary fourth grader, Hannah Bullock won the County Spelling Bee.

The month of March began with 39 accidents. Because of an inch of snow, students in the Rockcastle County School missed only their third day of school for the year. A main water line break in Brodhead also contributed to the school closing.

The Lady Rockets and Rockets advanced to the district finals and former RCHS coaches Preston Parrett and Judy Bullock were honored.

The Rockcastle County Sheriff's department received over \$23,000 in forfeiture funds and, even better news for the county came from Rockcastle County's lawmakers State Representative Danny Ford of Mt. Vernon and State Senator Ed Worley of Richmond who announced they had secured \$11 million in funding for Rockcastle County.

The Lady Rockets won the district basketball tournament and the Rockets placed second.

The next week, the Rockets would finish runners-up in the 13th region after a loss to Corbin in the finals, but the Lady Rockets would head back to the state tournament for a second straight year. The Lady Rockets lost to the number one ranked team in the state, Lexington Catholic, in the first round of the tournament. Catholic would go on to win the state tournament.

The Rocket's all-time leading scorer Aaron Cash was named 13th region player of the year.

The Rockcastle County Hospital announced a \$9 million expansion and Paul Cummins was sworn-in as trial commissioner.

Somerset Attorney Scott Lawless was appointed to fill David Tapp's position and the county learned they would get over \$400,000 in road bond money.

April

The very successful RCHS and RCHS track teams participated in competition at the Southern Indoor

National Championships where they broke four records.

The state began buying right-of-way for the new Hwy. 150 between Crab Orchard and Mt. Vernon and 16 people were rounded up on drug charges in an early morning drug bust. UNITE, a federal program to fight illegal drugs and sponsored by Congressman Hal Rogers of Somerset, spearheaded the arrests.

The RCHS track team won the Warrior Invitational which was held at Pulaski Southern High School and a tragic accident claimed the life of Chrystal Lamb, 23, who had her two young children with her when she lost control of car. The two children were injured but survived.

The Rockcastle County Fiscal Court received a \$150,000 grant to clean-up an illegal dump at Boone Gap and John Rodefer, Jr. pled guilty to robbing a courier for Community Trust Bank in November of 2004.

RCHS seniors Heather Hammond, Johns Alney and Aaron Cash all signed letters-of-intent to compete at a higher level.

The Rocket AAU team took first place in the Panther Classic, which was held in Knoxville.

Family Court Circuit Judge Debra Lambert received the prestigious Betty Lewis Children's Service Award. Her colleague Circuit Judge Robert Gillum died the same week from complications of cancer. District Judge David Tapp would later be appointed to replace Judge

(Cont. to A-10)

Mt. Vernon Mayor files for re-election

Mt. Vernon Mayor Clarice Kirby has thrown her hat into the ring for re-election in November. Mayoral offices are non-partisan so there is not a primary election held for these offices, along with school board races and judgeships.

Kirby, after serving several terms on the city council, is finishing up her first term as mayor.

Other new filings include: incumbent Bill Dowell who will seek another term as County Coroner; Jack Weaver, who has filed as a Magisterial candidate in District 1, along with Shannon D. Bishop, Billy Adams, Cecil Ray Abney and incumbent David T. Gibbs and Democrat John Holbrook and Richard Dean has

filed for Magistrate in District 4, along with Kevin Wayne Jones, Jim King, Tom Poynter and incumbent Fred Mullins Jr. Two incumbent Magistrates, Billy McKinney, District 3 and Ralph Allen, District 5 are still unopposed.

Jack Navarre will oppose incumbent Delmo McClure in the race for Constable of District 2 and Raymond Kirby is a new filing for Constable of District 5, opposing incumbent David Mason.

Filing deadline for county offices for the May Primary is January 31st. Deadline for non-partisan offices is August 8th.

In all, 44 candidates have filed to date.

Correction

In the December 22, 2005 issue of *The Signal*, the contractor for the clean-up project, of the former Casper Williams' home on the corner of Main Street and Richmond Street, was identified as Wayne Carpenter's Construction Co. Actually, Wayne's brother, James' company - Carpenter's Dozer and Backhoe Service - was the contractor for the job.

Industrial Authority applies for grant to purchase historic building

The Rockcastle County Industrial Development Authority has applied for a Community Economics Growth Grant to purchase the former Mt. Vernon Florist Building on Main Street in Mt. Vernon. The building is presently owned by Tim Young of Mt. Vernon.

According to Lynn Tatum, a member of board of the Rockcastle Co. Industrial Development Authority,

the \$155,000 grant application made it through the first hurdle - the pre-application process and the group will know in March if they are awarded the grant.

The building, along with others on Main Street, is part of the National Register of Historic Places. Tatum said that, if approved, the grant would cover purchase of the building, a new roof and minor exterior

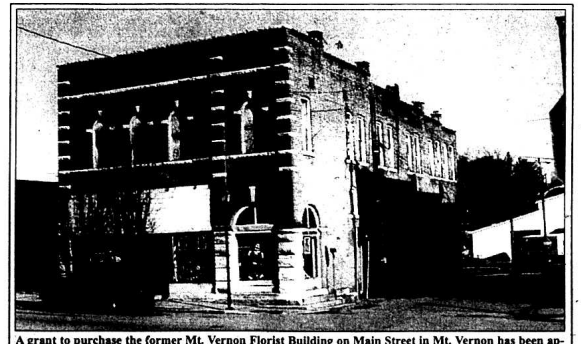
repairs - the first phase of renovation of the building which was built in 1890. If the original grant is approved, other grants will be applied for to completely renovate the building. Tatum added.

Tatum also said that Mark Denen of the Kentucky Heritage Council had conducted an evaluation of the

(Cont. to A-10)



David Barnett, right, and other workers were hard at work Wednesday morning on the Rockcastle Hospital's new Outpatient Services Center, which will be completed in the Spring of 2007. The hospital has a \$9 million expansion project underway.



A grant to purchase the former Mt. Vernon Florist Building on Main Street in Mt. Vernon has been applied for by the Rockcastle Industrial Development Authority. The \$155,000 grant will cover purchase of the building, a new roof and minor exterior repairs. The grant application has made it through the first approval process and it will be known in March if the grant is approved.

Our Readers Write

Cafeteria staff at RCMS appreciated...

Dear Editor,
We are writing a letter to express our sincere appreciation of the RCMS cafeteria staff. What would our days be without them? Their smiling faces greet us each morning as we stroll through the cafeteria line. They continue to brighten our day with their enjoyable personalities as lunchtime approaches. They always have something nice and pleasant to say to each student and staff member. They're always in the spirit of each and every holiday. On Halloween this year they dressed up as Egyptians and danced for each group around the "Mummy." For Christmas, the awesome cooks decorated the entire cafeteria with holiday paraphernalia.

Not only do they make our day more interesting, but also they definitely cook the best food ever! They make the most delicious homemade rolls and biscuits. The pizza "rocks" and the chili is fabulous. Schools are supposed to be a place where children like to go, and our cooks at

R.C.M.S. makes sure that fun is ALL around our cafeteria. A great big Happy New Year and THANKS goes out to our wonderful and caring cooks. You ALL deserve "The Cooks of the Year Award!" Thanks for everything.

Sincerely,
6th Grade Enterprises' Team
(Rockcastle County Middle School)
Written by: Billy Cameron
Emily Clark
Holly Ham
Ms. Gina Nicely

Toys for Tots helped almost 400 children...

Dear Editor,
Thank you to all who donated their time, money or resources to ensure another successful Toys for Tots year in Rockcastle County. This year, we helped almost 400 children in this county have a Merry Christmas.

Thank you to: Jon Burdette; Kentucky Youth Leadership; Mary Ann

(Cont. to A-7)

Points East

By Ike Adams

It's common knowledge in my family and among my close friends that I believe the holiday season to be wayyyyyy overrated.

It's far too long and far too expensive. When people start shopping for next Christmas on December 26 something has gone terribly awry with sense and sensibility. But I saw that very phenomenon occurring several times in the Richmond mall last Monday as I browsed around looking bargains while Loretta returned some stuff that didn't fit to a large department.

Actually she had purchased some blouses and what not for some relatives and insisted on making the return and picking out something else herself. My personal would have been to suggest that they take the gift receipt and find something that suited them. And that next year they refrain from lying about their sizes.

Anyway, we had inadvertently left a couple of kids off the present list. Lo and behold I had them covered and conversely, I thought she had, so I wandered into the toy store and there were two young mothers I filling up shopping carts.

"Do you think Tommy would actually play with one of these?" she asked her companion while carefully inspecting one of those high dollar, almost-big-enough-to-ride-in, radio controlled monster trucks?

"Boys never outgrow those things," said companion.

"You're right," said. Maybe I should get one for Eddie too." Apparently to be on the safe side she promptly placed three of the things in her cart.

Bored to yawning, I asked if they were in the same predicament as I was because I had left a couple of kids off my list but didn't expect to see them until New Year Eve anyway and they'd never know the difference.

"Oh no," they harmonized, "we're shopping for next year. Turns out these things were half off the half off

price and from the enthusiasm they were putting into the project they were going to have to rent a storage room.

Later on when I checked out with the appropriate Barbie Doll and Talking Teddy Bear, I remarked to the sales clerk that I couldn't believe what I was seeing. She gave me the Duh, where have you been pal, look and then told me that "everybody does it."

Apparently everybody but me. Anyway I'm glad it's all over. A week after Thanksgiving I became deathly afraid of turning on a radio. I normally like to wake up to music instead of an alarm that sounds like an air raid warning.

But for nearly a month, that whonnnnka, whoooooonka, whoooooonka has been such a blessed alternative to "see Mama kissing Santa Clause underneath the Christmas Tree last night."

I had previously believed that nothing would ever irritate me as much as "Grandma got run over by a reindeer," but was I ever wrong. Apparently there was some sort of national conspiracy that required every radio station in the free world to be playing Mama kissing et al promptly at 6:00 AM and every ten minutes thereafter.

It got to the point that you could not switch stations without hearing Reba somewhere into that song. At first I thought the seek button was broken on my truck radio. But noisier. What are the odds of nine different radio stations playing the same song at the same time? Believe it can happen.

I'm sure that the Christian Broadcast stations were interrupting sermons every fifteen minutes to announce that it was now time to hear about Mama's shameless affair with Santa.

Anyway, it's over and I have survived the holidays without stomping a radio into shards of plastic and transistors.

T.J.'s Journal

by Tonya J. Cook



My husband, Stanley, has bought himself an "old man's hat." We were shopping at the Berea Wal-Mart. I was scrounging around in the ladies' department looking for some winter sweaters on sale. Stanley was close by in the men's section, looking around, as well. In a few minutes, he had found the "old man hat" and looked me up to model it for me.

It was one of those hats that was straight out of my childhood back in the early '60s. It's the kind old men of a certain age wore while sitting around the cupboard knife-trading and spitting tobacco juice on the lawn and sidewalks. It was the kind they wore to church and other events. It was the kind they tipped when approaching ladies on the street. Most specifically, it was the exact kind, down to the color, that Bob Davis wore.

I hadn't thought of Bob Davis in at least forty years. He was the best friend and squirrel-hunting buddy of my Uncle Raymond. Uncle Raymond was my Grandma Norton's brother.

Bob and my Uncle Raymond would come to visit my Grandma Norton at least three or four times a year, and usually brought some fresh squirrel meat. While they were talking to my Grandma Norton, she would stew the squirrel, and make squirrel dumplings. Bob Davis and my Uncle Raymond lived in northeastern Tennessee in the LaFollette area. Now that both of them had retired from a lifetime of coal mining, squirrel hunting and visiting held top priority. My Uncle Raymond always said that the best way to find a very good hunting dog was to find one with three hairs growing under his chin, all pointing for-

ward. They usually came in my uncle's old white International-Harvester pickup truck. They wore bib overalls (Pontiac brand, with the dog on the front, and who else?) over clean white shirts, and in cold weather wore plaid or corduroy jackets. On their feet they wore what were known as "brogans" or work boots.

These two made a striking pair. Uncle Raymond was tall and thin with snowy white hair combed straight back, and didn't usually wear a hat or a cap. He had a lean, narrow face with piercing blue eyes. Bob had the exact same description, except Bob had unusually dark brown eyes. Over his snowy white locks, Bob wore a dark brown felt or wool hat, the exact copy of what Stanley had bought.

How the memories came back. You see, the reason I hadn't thought of Bob Davis in about forty years, is

(Cont. to A-7)



The cafeteria staff at the Rockcastle County Middle School is greatly appreciated by the students.

Tinnitus--"Ringing Ears"

Presented by Dr. George W. Griffith

Ringing in the ears is a common symptom that can be very bothersome. It is usually due to hearing loss from aging or exposure to loud noises. Occasionally it can be due to more serious diseases, such as nerve tumors, so a person should see his doctor, especially if the ringing is new or mainly one-sided. Some causes can be easily treated, such as high blood pressure, anemia, and side effects of medications.

The benign forms of hearing loss from aging and noise exposure cause a hearing loss of the higher frequencies. The ringing is often made worse by tension, depression, illnesses, or fatigue and it commonly is most annoying at night when the room is quiet and a person is trying to sleep.

There are a number of things that can be done to decrease the ringing. The underlying problem cannot always be cured, but hearing aids can improve hearing and reduce the ringing.

When the room is quiet, "maskers" can produce the right amount of background sound to hide the ringing. The masker is matched to the frequency and loudness of the ringing. These work quite well for the people who use them and many people find that the ringing is gone for several hours after using the device.

One of the newer treatments is biofeedback. By learning biofeedback maneuvers to relax the facial muscles, some people can effectively control the ringing.

While most cases are mild and do not require treatment, it is wise to have your doctor evaluate the symptoms for any correctable causes of ringing.



VIEW FROM THE BENCH

Kentucky Lemon Laws

In 1983, Betty Ruth Tackett bought a new Ford Escort from a Fry's County dealership. Over the next year, Tackett had to take her "new" car in for service 21 times due to manufacturing defects. These trips to the dealership required her to miss 17 days of work and the dealership put on an additional 2000 miles on her vehicle during test drives.

Efforts to resolve the dispute with Ford Motor Company were unavailing and Tackett eventually sued. Kentucky's consumer protection laws include specific provisions designed to help purchasers or lessors of new motor vehicles which do not comply with basic warranties. Though infrequently used, these statutes limit the time which automotive dealers have to cure defects and provide for refunds or replacement vehicles when the defect cannot be timely cured.

These "lemon laws" apply only to vehicles which when purchased or leased are new. Purchasers of used vehicles have no recourse under these laws but may have remedies based on warranties, contract law, or fraud.

Buyers who find themselves confronted with a "lemon" must take certain steps to protect themselves under Kentucky law. If after a reasonable number of attempts, the manufacturer or its agents—which would include most dealerships—are unable to repair the defect during the first 12,000 miles or 12 months following delivery of the vehicle to the buyer, the buyer must report the defect in writing to the manufacturer. Merely telling the dealership about the defect is insufficient.

Anyone who believes they may have purchased a lemon should consult with legal counsel to ensure that they comply with the requirements to assert a claim. Counsel can also determine whether any warranty—express or implied, about the characteristics of a particular product—has been breached. Consumers should also be aware that federal laws are available to protect them in some cases involving disputes over vehicle warranties.

The Better Business Bureau also assists consumers in resolving disputes with manufacturers. The BBB Auto Line is a free service which ar-

(Cont. to A-10)

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Rockcastle County has a great opportunity with its interstate roads, railroads and tourism possibilities. With these assets, we need to pull all segments of the county together, including the three townships and all rural areas of the county to work together to build a better county. Our educational system is doing a great job and is ranked nationally in the top few schools in this county. Our hospital is expanding and doing a great service for our county.

Working together, we can build other areas of the county to better serve our citizens. I will discuss other issues of this campaign in other issues of this newspaper.

Seeking to be your Public Servant

William K. Bullen

ed for by William K. Bullen

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Top five weather events across Eastern KY 2005

As 2005 comes to an end, we decided to take a look back at what happened weather-wise across eastern Kentucky and pick out the top five most significant weather events for this past year.

May is a transition month, and volatile weather can be expected at anytime as the United States quickly moves from winter to summer. The jet stream, polar front and associated storm track lifts north into the Great Lakes region producing some wild swings in temperatures. Often, May will feel more like summertime with warm muggy air. But cold nights and even snow is still possible through mid May, although the snow events become increasingly rare. The rather large swings in temperatures from competing warm and cold air masses makes it a sure bet that severe weather can be expected whenever a frontal system becomes active with storms. Thus it was for May 19, 2005.

Coming in at the number 5 position... May 19, 2005 featured this year's largest and most significant severe weather outbreak in eastern Kentucky. As a frontal system rolled through the region, thunderstorms were spawned over most of

east Kentucky. A total of 33 severe weather events occurred on this day, which included 22 damaging wind events, 10 severe hail events, and 1 weak, short-lived tornado.

One-half of the hail events that took place on this day, featured hailstones of 1 inch diameter. Compared to earthquakes and hurricanes, hail might seem like a minor concern. True, hailstorms don't usually cause loss of life, but they can destroy agricultural crops, shatter windows, leave pockmarks in home siding, dent automobiles and, destroy or damage roofs. Hailstones of 1 inch are roughly the size of a quarter, which is rare for eastern Kentucky. Stones at this diameter are estimated to fall at speeds which exceed 90 mph.

The vast majority of severe weather reports that occurred on this May 19th outbreak were associated with severe thunderstorm wind gusts. The strongest wind

gusts were estimated at 70 mph in 2 different storms. An estimated \$10,000 in property damage occurred in Elliott County as a severe thunderstorm downed trees and power lines across the county. You cannot live in the mountains

of east Kentucky without being aware of the dangers posed by flash flood events. A flash flood occurs suddenly, within a short time (from minutes to less than 6 hours) after a causative event. Flash floods are the number one storm-related killer in the U.S. with nearly half of all flash-flood fatalities auto related. Causative events include heavy rains from slow moving thunderstorms, and dam or levee failure. Intense, short-duration rainfall on impervious areas, such as urban areas or certain soils, also causes flash floods. Flash floods are most prevalent on small streams, generally draining areas ranging in size from a few square miles to several hundred square miles. The most dangerous flash floods are usually associated with steep mountain streams where they can manifest themselves as a wall of water traveling downstream. Rainfall intensity and duration affect the potential for flash floods. Other non-meteorological factors that could affect an area's ability to absorb water include the topography, soil conditions, and ground cover.

The most severe flash floods can roll boulders, tear out trees, destroy buildings and bridges, and scour out new channels. However, less serious flash flooding is still capable of taking lives. As little as a foot of moving water is enough to sweep a car into deeper flood waters. Also, children playing in flood waters, especially near culverts and drainage pipes, can be swept away.

The number 4 spot on the top 5 countdown goes to the flood event of April 29th to May 3rd as flash flooding from heavy rainfall ensued into a more widespread flood from the impacted rivers. This was the costliest weather event of 2005. According to Breathitt County Judge Executive Lewis H. Warn, the cost of the flood could be as much as \$300,000. Several roads were destroyed and the Peg Fork, Walnut Fork, and Hunting Creek areas were the hardest hit.

Roads in the Hwy 1098 area were impassable from Friday night until Sunday Morning. In Salyersville, Magoffin County, the waters started rising after the area received almost three inches of rain in a 24 hour period. Some streets were covered with nearly 4 feet of water and Ramey Park was completely flooded destroying dugouts and making the tennis courts go from a hard surface to clay.

In Martin County, creeks rose rapidly early on Saturday April 30th, after the region was drenched with 2.5 inches of rain during the previous 12 hours. As a result, all roads were covered with water, mud slides knocked houses off of their foundations, and several homes received minimal water damage.

Floyd and Johnson Counties were also under flood warnings and received damage from this flood event. The Number 3 weather event was the F0 tornado which swept through Wolfe County On May 19th. This storm was included within the other thunderstorms mentioned in the number 5 weather event, but was recognized as a significant event in its own right.

An F0 tornado ripped a short lived path across Wolfe County. This was the first documented tornado in Wolfe County since April 15, 1948 when a tornado ripped the roof off of a fire County Jail. The tornado, which damaged mostly trees, was embedded in a pocket of 70 mile per hour straight line winds. The straight line winds actually did most of the reported damage to a small area of homes on Campbell Ridge. One home had a portion of its roof torn off which then left everything inside soaking wet. A mobile home was lifted off its foundation, rocking the mobile home and nearly destroying the kitchen. Cupboards were thrown open as dishes came crashing to the ground.

What is the difference between a tornado and damaging straight line winds? In one way they are similar as both contain very strong winds associated with thunderstorms, but there are several important differences between the two. A tornado is a rotating column of air that extends from the base of the thunderstorm. They are usually a funnel shape with the narrow part near the ground. Damage from a tornado has a unique signature as debris will be tossed into a convergent twisting pattern. Straight line winds, sometimes called downbursts, are very strong winds that flow out of a thunderstorm toward the ground, and fan out away from the storm. They produce damage similar in character to that of a tornado, but there is a distinct lack of any rotation.

The Number 2 most significant weather event for 2005 was the summertime heat.

The record books will show 2005 as having the warmest fall (September-November) on record and tied for the warmest summer (June-August) on record at the Jackson Julian

Carroll Airport. At Jackson the average temperature for the September through November period was 61.4 degrees. During this same time London came in with an average of 59.1 degrees which was its fifth warmest fall season on record. In 2005 The Julian Carroll Airport, which is located near Sugar Camp Mountain, recorded 26 days with temperatures 90 degrees or greater, while the London airport had the mercury soar to 90 or above 35 times. Jackson also saw the latest 90 degree day ever on September 23rd. Jackson also saw a reading of 80 degrees on both November 8th & November 9th breaking more record highs for the dates. Before you think that this must be global warming, it is interesting to remember that only last year, Jackson tied the record for the coolest summer on record, and it was the second warmest year on record.

The Number 1 most significant weather event for 2005 was DROUGHT. September will go down as the driest September on record at the Jackson Julian Carroll Airport. Only 0.51 inches of rain fell for the month, which broke the record for the month, and tied for the driest month on

record for all time. Jackson also tied for the longest stretch of dry (non-measurable) weather with 25 consecutive days in September. London saw its 3rd driest September on record. When you look at the entire fall (September-November) season, it was the 2nd driest fall on record for Jackson. As a result of the dry weather, soil moisture was 15 to 30% below normal with a serious impact for agriculture. The Climate Prediction Center (CPC) in Washington D.C. declared all but Pike County in a severe drought. As a result of the drought many rivers and streams were running at below average values. There were also reports of some wells going dry across the region. The Red River near Hazel Green was running at near record low stream flow levels at the end of October. That is why you see the 2005 wheat crop events for 2005. Nothing to compare with the 2005 hurricane season along the Gulf coast, but for people who had their homes or property damaged from severe thunderstorms or flood waters and for people who were seriously impacted by the heat and drought, 2005 is a year that will be long remembered.

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Obituaries

Barbara Faye Hilton Hiatt

Barbara Faye Hilton Hiatt, 71, of Mt. Vernon, died Thursday, December 29, 2005 at her home following a lengthy and courageous struggle with cancer. She was born in Rockcastle County on June 5, 1934 to the daughter of F.O. Van and Gertrude Griffin Hilton. She graduated from Mt. Vernon High School in 1952 and completed a bachelor's degree in elementary education at Georgetown College in 1955. She later earned a master's degree in library science from the University of Kentucky.

Mrs. Hiatt spent her 35-year career in education in the Rockcastle County school system. She taught at Brodhead Elementary and served as librarian at Roundstone Elementary, Livingston Elementary and High School, and Mt. Vernon Elementary. She retired in 1995 after serving for several years as librarian for Rockcastle County High School. She was a member of the Wildie Christian Church.

She is survived by: her husband of 51 years, Billy Hiatt, one son, Willie Hiatt of Davis, CA; one daughter Leigh Anne Hiatt of Lexington, one sister, Sue Hiatt of Mt. Vernon, a niece and a nephew. In addition to her parents, she was preceded in death by a sister, Rose Hilton Jones and a brother, O.V. Hilton, Jr.

Funeral services for Mrs. Hiatt were conducted Monday, January 2, 2006 at the Dowell and Martin Funeral Home Chapel with Bros. Kenton Parkey and Albert E. Griffin, Burial was in the Hiatt Cemetery in Renfro Valley.

Pallbearers were: Rick Anderkin, Johnny Jones, James H. Lambert, Joseph E. Lambert, Jan Stevens, Jeff Stevens, Ronnie Wilcox and Tim Young.

In lieu of flowers, donations are suggested to the Wildie Christian Church at PO Box 145, Wildie, KY 40492 or the Hospice Care Plus at 208 Kidd Dr. Berea, KY 40403.

Please visit www.DowellMartin.com to view Mrs. Hiatt's online obituary.

Hiram Campbell, Jr., 85

Hiram Campbell Jr., 85, of Brodhead, died at his residence Tuesday, December 17, 2005.

He was born August 12, 1919 in Russell County the son of Hiram Campbell, Sr. and Henrietta Loughlin Campbell, was a farmer and of the Baptist faith.

Survivors include: his wife, Anna B. Campbell, one daughter, Wanda Jean Theile of San Antonio, TX; four grandchildren and eight great grandchildren.

Besides his parents, Mr. Campbell was preceded in death by a son, Hiram Willard Campbell; one brother and five sisters.

Funeral services were held Friday, December 30 at Spurlin Funeral Home with Rev. Woody Monte officiating. Burial followed in Campbell Cemetery in Cressboro.

Memorial suggested to Lincoln Co. Educational Fund, P.O. Box 423, Stanford, KY 40484.

Robert Harmon

Robert E. Harmon, 84, of Oakland, CA died Friday, December 23, 2005.

He was born in Mt. Vernon and lived there until he left for military service.

Survivors are: his wife, Barbara, a daughter, Jimmie (Debbie) Harmon of Ventura, CA; a daughter, Mary Harmon (David) Mix of Oakland, CA; five grandchildren; a brother, John (Shirley) Harmon, Jr. of Ottumwa, Iowa and a sister, Faye (Vernon) Cummins of Berea.

He was preceded in death by his parents, John and Myrtle Owens Harmon.



Roy Dale Frederick

Roy Dale Frederick, 42, of Paint Lick and formerly of Mt. Vernon died suddenly Friday December 23, 2005 as the result of a house fire. He was born on September 25, 1963 in Mt. Vernon the son of Mrs. Laura Jane Tallant Frederick of Paint Lick, KY and the late David Frederick. He was a painter, enjoyed fishing, hunting, pitching horseshoes, and was a member of the Baptist faith.

Survivors are: his wife, Mrs. Lydia Brewer Frederick of Paint Lick, three sons, Christopher Dale Frederick, Joshua Brewer and Steven David Frederick all of Paint Lick; one daughter, Brandi Robinson of Mt. Vernon; one brother, Tony Frederick of Mt. Vernon; one great aunt and four grandchildren.

Memorial services will be held at 1 p.m. today (Thursday), January 5, 2006 at the Northside Baptist Church with Bro. Chad Burdette officiating.

Arrangements were made by Cox Funeral Home. View the complete obituary, sign the guest registry, or send condolences to the family online at www.coxfuneralhome.com



Harold Bussell

Harold Bussell, 75, of Mt. Vernon died Wednesday, December 28, 2005 at the Rockcastle Hospital. He was born on May 26, 1930 in Rockcastle County the son of the late Tomny and Oma Deatherage Bussell. He was a farmer and retired supply yard attendant at Thrifty Lumber Company, enjoyed hunting, and was a member of the Maple Grove Baptist Church.

Survivors are: his wife, Mrs. Vivian Hines Bussell of Mt. Vernon, three sons, Dearl Bussell (Retha) of Brodhead, Ted Bussell (Lola) of Mt. Vernon and Vernon Bussell (Vicky) of Mt. Vernon, one daughter, Vicki Mullins (Ronald) of Mt. Vernon, one brother, Bobby Morris of Cincinnati, Ohio; two sisters, Justine Hale and Ruth Cotton, both of Mt. Vernon; six grandchildren and three great grandchildren also survive. He was preceded in death by: two brothers, Vernon and Delbert Bussell; one sister, Ruby Bostic; and one niece, Joyce Bullen.

Services were held Friday, Dec. 30, 2005 at the Cox Funeral Home Chapel with Bro. Jerry Owens officiating. Burial followed in the Chestnut Ridge Cemetery.

Pallbearers were Brad Bussell, Brian Bussell, Lee Owens, Arvel Kirby, Danny Rigby and Johnny Kirby.

View the complete obituary, sign the guest registry, or send condolences to the family online at www.coxfuneralhome.com



Louise Wilcott

Louise Wilcott, 74, of Brodhead died Sunday, January 1, 2006 at the Rockcastle Hospital. She was born on March 26, 1931 in Rockcastle County the daughter of the late Arthur and Media Harris Turner. She was a homemaker, enjoyed doll collecting and fishing and was a member of the Baptist faith.

Survivors are: one son, Wayne Wilcott of Brodhead, three daughters, Linda Bishop (Dale) of Somerset, Donna Silcox (Mike) of Brodhead and Lisa Adams Samuel (William) of New Albany, Ind. and one brother, James Turner of Indianapolis, Ind. Seven grandchildren, and six great grandchildren also survive. She was preceded in death by: her husband, Everett "Chalkie" Wilcott; three brothers, John and Douglas Hoskins and Leon Harris and two sisters, Bonnie Campbell and Alice Ross.

Services were held Wednesday, January 4, 2006 at the Cox Funeral Home Chapel with Bro. Arnold Pingleton officiating. Burial followed in the Piney Grove Cemetery.

Pallbearers were: Mikhael Shaffer, Ricky Moore, Jon Baker, Danny Pingleton, Brandon Campbell and Brandon DeBorde.

View the complete obituary, sign the guest registry, or send condolences to the family online at www.coxfuneralhome.com

Elizabeth Doan

Mrs. Elizabeth Doan, 58, wife of Jessie Doan of Sand Springs Road, Mt. Vernon, died Tuesday, January 3, 2006 at her residence.

Arrangements are by the Marvin E. Owens Home for Funerals in Brodhead and are incomplete at this time.

Susan H. Nash

Susan H. Nash, 84, of Valley Station, Louisville, died Friday, December 9, 2005 at the Regency Rehabilitation and Nursing Center in Louisville. She was the former Susan Waddle and was a native of Livingston. She worked most of her life as a waitress and was a member of the Pleasant Run Baptist Church.

She is survived by: her daughter, Donna J. Tolle (James); three sisters, Martha Mason, Geneva Argenbright and Juanta Moore, one grandson and three great granddaughters. She was preceded in death by her husband, Walter L. Nash.

Funeral services for Mrs. Nash were conducted Monday, December 12, 2005 at the Arch L. Heady and Son Funeral Home, Okolona Chapel in Louisville. Burial was in the Louisville Memorial Gardens West.

Memorial contributions may be made to the Alzheimer's Association. This obituary courtesy of Dowell and Martin Funeral Home.

Verna Henderson

Mrs. Verna Mae Henderson, 65, of Stanford, died Tuesday, December 20, 2005 at her residence.

She was born October 2, 1940 in Rockcastle County, the daughter of Russell Frank and Alma Barnes Ramsey, was a former employee of Denney's Restaurant and a member of Pine Hill Baptist Church in Mt. Vernon.

Survivors include: two sons, Tim Henderson of Stanford and Jeff (Regina) Henderson of Stanford; six brothers, Russell Ramsey of Clarksville, IN, Don Ramsey of Lancaster, Gary Ramsey of Richmond, IN, Dennis Ramsey of Economy, IN, Ben Ed Ramsey of New Palestine, IN and Jerry Ramsey of Stanford; two sisters, Sue Deathers and Sandra Muse, both of Stanford; five grandchildren and one great grandchild.

Funeral services were held Friday, December 23 at Fox Funeral Home by Rev. Gary King with burial in the Buffalo Springs Cemetery.



Alice Day

Mrs. Alice Day, 85, widow of Oscar Day of Brodhead, died Saturday, December 24, 2005 at the Rockcastle Hospital.

She was born June 2, 1920 in Mt. Vernon, the daughter of William and Sarah Ingram McKinney and was a member of the Brodhead Baptist Church.

Survivors include: her children: Margaret Barnett, Charles (Helen) Day, Oscar William (Ruby) Day, James Day, Teddy Day, Chester (Paula) Day and Joe (Janet) Day of Brodhead; 20 grandchildren; 19 great grandchildren; two great granddaughters and two sisters, Vera King of Jellico, TN and Mattie Webb of Hamilton, OH.

Besides her husband, Oscar Day, she was preceded in death by her parents, a daughter, Nannie Johnson, four grandchildren, a brother and two sisters.

Funeral services were held Thursday, December 29 at the Marvin E. Owens Home for Funerals with Bros. Randal Adams and John Zupancic officiating. Burial followed in Piney Grove Cemetery.

Casket bearers were: Timmy and Richard York, Doug, Brandon and Charles Day, Jr. and Calvin Barnett. Honorary bearers were: Benjamin and Marvin Barron, Dale and Ronnie Barnett, Terry, Shawn and Gary Day and Billy York.

Condolences to the family of Mrs. Day may be made to her online registry at www.marvineowensfuneralhome.com



Ella Saylor

Mrs. Ella Emily Rector Saylor, 90, of Brodhead, died Saturday, December 31, 2005 at Berea Healthcare Center.

She was born April 7, 1915 in Clinton, the daughter of John Martin and Arminia Smith Rector. She was a sewing instructor at Berea College and a member of Hickory Grove Pentecostal Church.

Survivors include: her children, Stacia (Wayne) Berry of Berea, Frances Burdine, Morgan Bruce Saylor and Susan (Larry) Daugherty, all of Brodhead; 15 grandchildren; 17 great grandchildren and three great great grandchildren.

Besides her parents, she was preceded in death by her husband, Morgan Saylor, a grandchild; a great grandchild; a brother, Martin Rector; six sisters, Beulah Sargent, Janie Lynch, Ethel Rogers, Elizabeth Corbett, Susie Bowman and Martha Lunford and a son-in-law, Frank Burdine.

Funeral services will be held Thursday, January 5, 2006 (today) at 2 p.m. at Hickory Grove Pentecostal Church with Bro. Randal Adams officiating. Burial will follow in Saylor Cemetery.

Memorial contributions are suggested to the Hickory Grove Pentecostal Church Building Fund. Condolences to the family of Mrs. Saylor may be made to her online registry at www.marvineowensfuneralhome.com



Louis "Bert" Thompson

Louis Bertrum "Bert" Thompson, 80, died Tuesday, December 20, 2005 at the Rockcastle Hospital. He was born March 14, 1925 in Valley Station, a son of Edward V. and Lucille Bobb Thompson, was of the Baptist faith and a commercial painter.

Survivors include: his wife of 11 years, Ardella Thompson; five children, Diane Thompson of Hartford, Pamela (Bobby) Johnson of Owensboro, Evonda (Jerry) Northern of Mt. Vernon, Rhonda (Ronnie) Stevens of Brodhead and Donna Zehr of Berea; two sisters, Mary Hayes of Berea and Alice (Costo) Ellis of Florence; 12 grandchildren and 18 great grandchildren.

Besides his parents, he was preceded in death by two brothers, Thomas and James Thompson, two sisters, Stella Strain and Geraldine Thompson and one grandson, Brian Northern.

Funeral services were held Thursday, December 22, at the Marvin E. Owens Home for Funerals with Bro. Billy McClellan officiating. Burial followed in the Red Hill Cemetery.

Casket bearers were Robert E. Johnson, Albert W. Carpenter, Johnny Carpenter, Ray Carpenter, Lester Carpenter, Everett Wagner and Thomas J. Wagner.

Honorary bearers were: Jerry Northern, Ronnie Stevens and Anthony Owens. Condolences to the family of Mr. Thompson may be made to his online registry at www.marvineowensfuneralhome.com



Sylvia Long

Sylvia Jane Noc Long, 87, died Thursday, December 22, 2005 at the Rockcastle Hospital.

She was born August 31, 1918 in Wadd, the daughter of Jarve and Fannie Owens Nise and was a member of Freedom Baptist Church.

Survivors include: her son, Donald Lee (Betty Sue) Long of Ottawa; two brothers, Jack (Karen) and James (Lois) Noe, both of Mt. Vernon and four sisters, Agnes McKinney and Margie (Irvin) Brown, both of Cincinnati, OH, Susie (Jay) Chaney of Brodhead and Delora (Floyd) Brown of Morrow, OH.

Besides her parents, she was preceded in death by her husband, Albert Lee Long.

Funeral services were conducted Tuesday, December 27 at the Marvin E. Owens Home for Funerals by Bro. Curt Harrington. Burial followed in Freedom Cemetery.

Casket bearers were: Dennis Lawrence, Eddie and Phil Thompson, Randal Adams, Dale Winstead and David Bullock.

Condolences to the family of Mrs. Long may be made to her online registry at www.marvineowensfuneralhome.com

Cards of Thanks

Sylvia Long

Our heartfelt thanks go out to everyone that helped in any way during the long illness and death of Sylvia Long.

Special thanks to Dr. Karen Saylor and staff, Rockcastle County Hospital and nurses. A special thanks to the aides at the hospital who made mother's stay most comfortable and easier on us.

Thanks to the Rockcastle Ambulance Service, Collins Respiratory Care, and Cumberland Valley District Home Health for the care they gave Mom. A special thanks to Marvin and Judy Owens and staff. An extra special thanks to Mattie Mae Bullock and Mary Harper for all their excellent care and love they gave to Mom during her long illness. Also thanks so much for the food that was brought to our home, the visits at our home, the flowers that were sent and to all who came and paid their respects at the funeral home.

We also want to thank Curt Harrington, Don Thompson and Josh Martin for their participation in the funeral service and also the pallbearers: Dale Winstead, Eddie Thompson, Phil Thompson, Randal Adams, Dennis Lawrence, and David Bullock.

Don and Sue Long



Vennie Arneson

Mrs. Vennie Mae Arneson, 95, died Wednesday, December 21, 2005 at the Rockcastle Health and Rehabilitation Center.

She was born April 23, 1910 in Sprig, the daughter of Theodore C. and Mary E. Nicley Harper and was a member of Immanuel Baptist Church.

Survivors include: one brother, Donald (Edeline) Harper of London and three sisters, Myrtle Ann (Charles) Holmes of Silver Springs, MD, Dorothy Parker of Maryland Park, MD and Martha Jane Ferguson of Indianapolis, IN.

Besides her parents, she was preceded in death by her husband, Frank "Danny" Arneson; five brothers, Earl Harper, Everett Harper, Sr., Elden Harper, J.T. Harper and Delbert Harper and one sister, Ella Lechford.

Funeral services were held Wednesday, December 28 at the Marvin E. Owens Home for Funerals with Bro. Don Jones officiating. Burial followed in the Piney Grove Cemetery.

Casketbearers were: Everett, Scott, Gary and Harold Harper and Doug Harris. Condolences to the family may be made to Mrs. Arneson's online registry at www.marvineowensfuneralhome.com

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Obituaries



Carrie Belle Parsons Vaughn

Carrie Belle Parsons Vaughn, 88, of Louisville, died Monday, December 26, 2005 at the Westminster Terrace Nursing Home in Louisville. She was born in Rockcastle County on July 19, 1917 the daughter of James and Stella Mullins Rucker. She was a retired waitress and a member of the Calvary Temple in Concord, CA.

She is survived by a son, Charles W. Parsons (Shirley) of London, a daughter, Linda F. Musman (Bob) of Moraga, CA, and a sister, Martha Thompson of Hamilton, OH. Also surviving are nine grandchildren and twelve great grandchildren. She was preceded in death by her first husband, Charles A. Parsons, her second husband, Ed Vaughn, and three children, Donna Carol Jones, John Michael Parsons, and Jimmy Karl Parsons.

Funeral services for Mrs. Vaughn were conducted Thursday, December 29 at the Dowell and Martin Funeral Home Chapel by Bro. Orton Bell and Mr. Wayne Howe. Burial was in the Oak Hill Cemetery.

Palbearers were: Wayne Howe, Dean Jones, Norman Jones, Mike McVey, Monty Owens and Eddie Richardson.

Please visit www.DowellMartin.com to view Mrs. Vaughn's online obituary.



Judith Anne McMillen

Judith Anne McMillen, 60, of Pleasant View Drive, Berea, died Wednesday, December 28, 2005 at her home after a long illness. She was born on September 1, 1945 in Maysville, KY the daughter of the late Charles and Minnie Gilbert. She was a nurse, a grant writer for the Kawata Indian Nation, and served in the National Guard.

Survivors are: one daughter, Stephanie Deaton of Mt. Vernon and two grandchildren. She was preceded in death by her husband, David Dana McMillen.

Memorial services were held Saturday, December 31, 2005 at the Cox Funeral Home Chapel.

Please see the complete obituary, sign the guest registry or send condolences in the family online at web address www.coxfuneralhome.com



Velma Lee Brown

Mrs. Velma Lee Brown, 79, of Chicago, IL, died Wednesday, December 28, 2005. She was formerly of Cincinnati, OH and Detroit, MI.

Mrs. Brown was born January 3, 1926 in Walnut Grove, the daughter of Charlie and Lizzie Stephens Thompson. She was a homemaker and of the church of Christ faith.

Survivors include: her children, Patricia (Warren) McClintock of Chicago, Marilee Brown of Nashville, TN and Gary (Linda) Brown of Hamilton, OH, a sister, Joyce Thompson of Somerset, one step sister, Eulala Rogers, a half brother, Wilbern (Jean) Thompson, a half sister, Nellie (Clyde) DeBord, two grandchildren and one great grandson.

Funeral services were conducted Wednesday, January 4, 2006 at the Fairview Church of Christ at Walliatha with Bro. Curt Herrington officiating. Burial followed in the Fairview Church Cemetery.

Condolences to the family of Mrs. Brown may be made to her online registry at www.marioncountysunranchfuneralhome.com.

Charles Sowder

Charles L. Sowder, Sr., 69 of Louisville, died Thursday evening, December 22, 2005 at Veterans Administration Medical Center in Louisville.

A retiree of the Coast Guard, he served in the U.S. Air Force and Coast Guard during the Korean and Vietnam Wars.

Mr. Sowder was born in Mt. Vernon Sept. 2, 1936 to Casper B. and Martha Robbins Sowder.

Survivors include a son, Charles L. Sowder, Jr., Salem; a daughter, Linda A. Sowder, Seabrook, NH; four brothers, Chester Ray Sowder and Albert Sowder, both of Salem, Veral Sowder, Pekin and Keith Sowder, Mt. Vernon; a sister, Anna Mae Nicholson, Salem and two grandchildren.

Besides his parents, he was preceded in death by three brothers, Walter, Harold and Russell Sowder and a sister, Linda Jones.

Funeral services were held at Weathers Funeral Home in Salem and burial followed in Winslow Cemetery.

Roxie Thomas - Funeral services were held Wednesday, December 28 at Fairview Baptist Church in Rockcastle County with burial in the Scaffold Cane Cemetery.

Reppert Funeral Home was in charge of arrangements. www.reppertfuneralhome.com

Smith; two sons, Homer (Christy) Smith, Jr. and Gary (Janice) Buse, both of Stanford; two daughters, Frances Banks and Mary (Manie) Lasure, both of Stanford; one brother, E.J. Smith, of Stanford; four sisters, Agnes Howard of Crab Orchard, Elnore Burke and Nancy Bradley, both of Brodhead and Pauline Thompson of Preachersville; four grandchildren and six great grandchildren.

Homer Smith

Homer Smith, 76, of Stanford, died at his home Wednesday, December 21, 2005.

He was born May 26, 1939 in Rockcastle County, the son of the late Elias Jackson and Lucy Aumus Smith, was an automobile painter, a member of the Stanford Baptist Church and a veteran of the Korean War - US Army.

Survivors include: his wife, Mary

Funeral services were held Saturday, December 24 at Spuria Funeral Home with Rev. Max Heater officiating. Burial was in the Buffalo Springs Cemetery.

Palbearers were grandsons and nephews.

Honorary bearers were: Jody Laure, Mary Banks, John Anthony Smith, Bruce Richardson and Donald Richardson.

"What Saith The Scriptures"

In Hebs 13:4 we read, "Marriage is honourable in all, and the bed undefiled, but whoremongers and adulterers God will judge." Marriage is an honorable relationship that is recognized throughout the world. God said it is not good that man should be alone, Gen. 2:18, which is still the general rule of life today. Same sex "marriages" are not accepted by God, for he has decreed that homosexuality and lesbianism is sinful, Rom. 1:26-28, also I Cor. 6:9-10. It's a shame that we have many in our society that are just "shacking up" without the benefit of marriage. The text points out that fornicators and adulterers God will judge. All forms of illicit sexual activity is condemned by God. Premarital sex, extramarital sex is wrong. Even though they may be consenting to the act, it is still sinful. Yet the sexual communion of a husband and wife is described "undefiled" i.e. it is pure, honorable. Texts like I Cor. 7:1-5; Pro. 5:15-19; and the Song of Solomon extols the beauty and rightness of the marriage bed. Sex outside of marriage is what is "dirty" and defiling, not within marriage. Let each one learn to possess his or her own body in sanctification and honor. I Thes. 4:1-8, for this is God's will for us. Repent, if you find yourself in any of these sins.

Providence church of Christ

Dan McKibben-758-9316 - E-mail: Dan.McKibben@luno.com
 Web Site www.WhatSaithTheScriptures.com
 Time of Services: Sunday 10am Bible Study, Worship 10:40 - 8:00pm; Wednesday 7:00pm. Radio program, Sunday 8am, 1460 AM.

Too Late To Classify

For Sale: 14x70 Mobile Home - 80's model. 256-4375 or 308-4377 9x2
 Wanted: Someone to live with elderly lady Call Gayla at night 256-4640 9x3

In Memory of Lloyd C. Cash Jan. 4, 2005

The Broken Chain
 We little knew that morning
 That God was going to call your name
 In life we loved you dearly,
 In death we do the same
 It broke our hearts to lose you,
 You did not go alone,
 For part of us went with you,
 The day God called you home
 You left us peaceful memories,
 Your love is still our guide
 And though we can not see your face
 You are always at our side
 Our family chain is broken,
 Nothing seems the same,
 But as God calls us one by one,
 The chain will link again.
Sadly missed by wife Jean Peggy and Family.

Farmers helped us grow. We're returning the favor.

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 MARTIN E. VANZANT, VICE CHAIRMAN
 MICHAEL BURDETTE
 TINA CAIN HASTY
 ANGELA STALLSWORTH

Meeting Location - Rockcastle County Board Of Education (Rockcastle County Teaching & Learning Center) /245 Richmond Street

Regular Meeting

January 10, 2006

School Board Member Appreciation Reception at 6:00 p.m.

1. **CALL TO ORDER:**
 Election of Officers
 Develop/Approve 2006 Regular Board Meeting Schedule
- C. Silent Prayer
- D. Roll Call
- E. Reading of Board Team Commitments
2. **ADOPT AGENDA/ACTION:**
3. **COMMUNICATION:** BLOCK SCHEDULING/GRADUATION REQUIREMENTS DISCUSSION
4. **OPERATIONS/ACTIONS:**
 - A. Approve minutes of the December 13, 2005 regular monthly meeting
 - B. Approve bills for payment
 - C. Approve Emergency Substitute Teacher Application TC-4: Josh Lyons, Brenda Denney, Jessica Dierick, Derrick Bussell
5. **DISCUSSION/ACTION:**
 - A. Review/Approve FY 2007 Draft Budget
6. **DISCUSSION/REVIEW:**
 - A. Review Monthly Financial Report
 - B. Review Superintendent's Personnel Action Report:
7. **ADJOURNMENT:**

Rockcastle Association of Kentucky Baptists

The beginning of a new year brings many new things. One item to arrive soon in 2006 is the debate of whether or not to expand gambling in Kentucky. Our state legislature will be making a decision on this issue in the near future. We, as Kentuckians, need to stay well informed on such important matters that will affect us all.

Below are four reasons stated by "The Family Foundation" why an expansion of gambling is bad for Kentucky.

1. **The Family** - because only mothers and fathers can gamble - not businesses, corporations, institutions, schools, churches, etc. Thus, all of the money the gambling interests want to "give" to government will come directly from Kentucky families.
2. **Business** - because as hundreds of millions of dollars will be sucked from the economy by the huge proposed expansion, there will be fewer funds available to be spent at Kentucky businesses.
3. **Government** - because, given the size of the expansion, the gambling industry will become the most powerful lobbying force in the state.
4. **The Vulnerable** - many gamblers (not all, but many), will be drawn into a gambling mire and lose big. Then they will lose "even bigger" through stress, child abuse, spouse abuse, divorce, indebtedness, bankruptcy, depression, suicide, etc." (Kentucky Citizen Fall 2005 issue)

The Rockcastle Association of Kentucky Baptists Inc., opposes any form of expanding gambling in Kentucky. The Bible states in the book of Proverbs, "A good name is rather to be chosen than great riches" and "He that hasteth to be rich hath an evil eye, and considereth not that poverty shall come upon him." Gambling is bad for the commonwealth of Kentucky and will be bad for Kentucky families.

Please join us in contacting your state representatives and let them know you oppose any expansion of gambling in Kentucky.
 Contact Senator Ed Worley at 859-623-6524 and let him know that you oppose any expansion of gambling in Kentucky.

Tiger Pause

BES PTA appreciates everyone who helped with the December PTA Christmas Celebration. Mrs. Kim Woolums and BES students sang Christmas carols; Scott Thompson and Mike Carpenter, members of Service of the Cross, performed; Rockcastle County children's librarian Kathy McKibben read a Christmas book; and the students had a special visit from Santa (John Holbrook). PTA served hot chocolate and cookies.

Taylor Owens and Justice Masters were winners of the bicycle drawing for proficient work during the first semester of school. Congratulations to them!

BES Teacher of the Week is speech teacher Tammy Maynard. Mrs. Tammy and her husband Mark have two children, Josh and Tyler. Mrs. Tammy's favorite food is Mexican, her favorite tv show is Oprah, and her favorite color is blue. Mrs. Tammy enjoys spending time with her family, boating, and flower gardening.



Taylor Owens and Justice Masters won the bike drawing for proficient work during the first semester of school at BES.



Santa visits BES.



Mike Carpenter and Scott Thompson, members of Service of the Cross, performing at the BES PTA meeting.



BES students singing Christmas carols at the December PTA meeting.



Kathy McKibben reading a Christmas book to BES students.

Minds in the Middle

Congratulations to sixth grader Courtney Van Winkle for winning first place in the 4-H Talk Meet 11-year-old division. We are also proud of Billy Cameron for winning first place in the 12-year-old division and Ben Whitaker for placing second. In the 13-year-old division, Bethany Clontz was the winner. These students will all move on to regional competition in the spring.

School to Watch program. Only three schools in the state are selected each year for this special recognition. We are honored that others are seeing that RCMS is a school with great things happening.

Progress reports will be mailed out this week with grades for the second grading period. As the third grading period is just beginning, we encourage all students to start the New Year with extra effort.

As usual, our Student YMCA members did an excellent job at the Kentucky Youth Assembly. For the fifth year in a row, they were recognized with the Outstanding Delegation award. This award goes to the one middle school that has outstanding participation in every area of KYA. It is also based on the participation of all the students from the school and is the most cherished award at KYA. We send a special congratulations to Deana Gabbard who was selected for one of only 10 Outstanding Speaker Awards and to Billy Cameron who received one of only six Outstanding Premier Speaker Awards.

We will welcome former Kentucky Wildcat Jeff Shepherd to RCMS on Monday. Jeff will be sharing some goal setting strategies with our student body. On Wednesday and Thursday, we were happy to have visitors in our building. RCMS is a finalist in the

Eagle Echoes

Coach Reams has been teaching us about the importance of good exercise. Below are Coach Reams' "TOP TEN JUMP ROPE JINGLES".

#1 Written by Jade Taylor
Muscular endurance, fight that stroke.
Coordination, agility, jump that

rope!
Speed, power, run that lap.
Come on, don't waste time taking a nap!
Exercise, exercise, don't cut yourself slack.
Jump or run, prevent a heart attack!
Please stay healthy, I'm begging you please.

You don't want arthritis in your knees!
#2 Written by Megan Kendrick
Get up! Get up and go run.
Don't stop yet, you're not done.
Get up! Get up and bend your back.
It will help you not to crack.
Get up! Get up don't you smoke.
It will help prevent a stroke.
Get up! Get up on your mat.
(Cont. to A-7)



Tammy Maynard

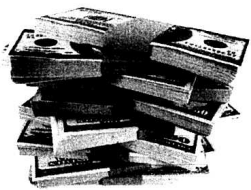
Mt. Vernon Message

School News
Welcome Back students!
Our Grading Period ends January 4 with 90 days of attendance. Report cards will be sent home with the students on January 11.
Family Resource Center News
FRC Council Meeting is scheduled for Thursday, January 5 at 11:30. Science and Algebra Enrichment classes meet each Monday from 3:10 until 4:35.
Adult computer classes are held each Monday from 6:00 until 8:00.
Parenting classes are held each Wednesday from 11:00 until 1:00.
GED classes are held each Wednesday at 1:00.
Project Wisdom
Readers for the week of December 12-16 were:
Monday-Heather Clontz, student
Tuesday-Mariah Topf, student
Wednesday-Adam Poynter, student
Thursday-Dylan Spoonamore, student
Our quote for this week is: "Our aspirations are our possibilities." Robert Browning

School Menu

Breakfast
Monday, January 9th: Pancake, Porky or cereal, toast/jelly, juice, milk.
Tuesday, January 10th: Scrambled egg and toast or cereal, toast/jelly, juice, milk.
Wednesday, January 11th: Sausage biscuit or cereal, toast/jelly, juice, milk.
Thursday, January 12th: Egg 'n cheese biscuit or cereal, toast/jelly, juice, milk.
Friday, January 13th: Breakfast pizza or cereal, toast/jelly, juice, milk.
Lunch
Monday, January 9th: Gravy 'n Biscuit, scrambled eggs, sausage, hash brown potatoes, cinnamon apples, milk.
Tuesday, January 10th: Chicken fajitas, lettuce 'n tomato, potatoes, fruit, milk.
Wednesday, January 11th: Chili, sandwich, veggies and dip, crackers, fruit, milk.
Thursday, January 12th: Manager's Choice.
Friday, January 13th: Chicken sandwich, lettuce 'n pickle, potatoes, fruit, milk.

HERE'S WHAT YOUR COMMUNITY STANDS TO GAIN FROM THIS CASINO GAMING PLAN.



CALL TO FIND OUT HOW MUCH.

KEEP IT IN KENTUCKY is a plan for a voter referendum to amend the state constitution to allow for full casino gaming for those holding licenses to operate racetracks in Kentucky. It recognizes that without limited casino gaming in Kentucky, our state will continue to send billions of dollars of Kentuckians' gaming dollars to out-of-state casinos. The plan calls for earmarking significant and quantified gaming tax revenues for education, healthcare, local development funding, and preserving the environment.

In every Kentucky county. The plan advocates sharing resources with local government bodies, many of which find themselves strapped for revenue to maintain basic services for constituents. All 120 Kentucky counties will derive some direct benefit from casino operations in the state. Learn specifically how much your community may benefit from revenues generated if the plan is implemented. Just call 1-866-771-KEEP or e-mail info@horseswork.com.

But more importantly to you and your community, KEEP IT IN KENTUCKY makes revenues generated from casino gaming in a few Kentucky counties available for use

KEEP IT IN KENTUCKY is a plan sponsored by the Kentucky Equine Education Project (KEEP), a statewide grassroots organization representing the interests of Kentucky's horse industry.



Grandma Rainbow's LEARNING CENTER
606-256-1823

"Eagle Echoes"

(Cont. from A-6)

It will help to prevent fat.
Getup! Get up, do a little jump.
It will help your heart to bump.
Now you can sit down and rest.
It will help you from having stress.
#3

Written by Amie Hale
Exercise, exercise it's good wealth.
It'll make your heart go strong
with health.
Exercise, exercise it makes you
strong.
Exercise, exercise 30 minutes long.
While your exercising sing a song.
Exercise, exercise all day long!
#4

Written by Keith Smith
Warm up, warm up, get ready to
go.
Warm up, warm up, but not too
slow.
Warm up, warm up, get ready to
go.
Warm up, warm up, go get on the
role.
Warm up, warm up, don't get in a
hole!
Exercise, exercise, better not stop.
Exercise, exercise, better go hop.
Exercise, exercise, resist a heart
attack.
Exercise, exercise, run on the track.
Exercise, exercise, build a six-
pack!
Cool down, cool down, stretch for a
while.
Cool down, cool down, don't get in
a pile.
Cool down, cool down, for five
minutes.
Cool down, cool down, don't forget
it!
Go to sleep, go to sleep.
Don't make a peep!
#5

Written by Amber D. Lamb
Just Jump Rope
Little boy, little boy don't lose
hope.
Little boy, little boy just jump rope.
Little boy, little boy you have
ability.
Little boy, little boy you need
agility.
Little girl, little girl now go

Little girl, little girl your heart's
pumping.
Little girl, little girl don't take naps.
Little girl, little girl just run laps.
Old man, old man let's go run.
Old man, old man let's have fun.
Old man, old man don't sit down.
Old man, old man run around town.
#6

Written by Adam Hale
Get up, get up to a little jump.
It will help your heart to bump.
Then you take off, start hopping.
Get up, get up stretch your back.
It will help you not to crack.
Get up, get up, jump a rope.
It will help you start a stroke.
Now you take a little rest.
It will help you from having stress.
#7

Written by Crystal Doan
Get up, get up, jump around.
Get up, get up, touch the ground.
Get up, get up, don't be slow.
Use that speed and go, go, go.
Bending with your flexibility.
Dodging people with agility.
Get up, get up, go, go, go!
Get up, get up, don't be slow.
Get up, get up, run, run, run.
Using your lungs is fun, fun, fun!
#8

Written by Sarah Pigg
Exercise makes your heart go
pump.
So let's go, Jump, Jump, Jump!
When you exercise, you have loads
of fun.
So share the excitement with
someone.
Lifting weights makes you strong.
Don't stay inside and play Donkey
Kong!
Exercising. You can't go wrong.
So when you jump, just sing this
song!
#9

Written by Amber Elam
Wake up, wake up. You stayed up
late.
Wake up, wake up. You're going
on a date.
Wake up, wake up. You have no
time.
Wake up, wake up. You need to
wake your mind.

Written by Kavin Thecher
Keep running.
Keep running.
Think of all
the fat you're burning.
Jump with ease.
Jump with ease.
And you won't
have heart disease.
Be a swimmer.
Be a swimmer.
Against bad health.
You'll be a winner!

Written by Luke Gooch
Warm up, warm up, get ready to
go.
Warm up, warm up, but not too
slow.
Warm up, warm up, get ready to
go.
Warm up, warm up, go get on the
role.
Warm up, warm up, don't get in a
hole!
Exercise, exercise, better not stop.
Exercise, exercise, better go hop.
Exercise, exercise, resist a heart
attack.
Exercise, exercise, run on the track.
Exercise, exercise, build a six-
pack!
Cool down, cool down, stretch for a
while.
Cool down, cool down, don't get in
a pile.
Cool down, cool down, for five
minutes.
Cool down, cool down, don't forget
it!
Go to sleep, go to sleep.
Don't make a peep!
#5

Written by Amber D. Lamb
Just Jump Rope
Little boy, little boy don't lose
hope.
Little boy, little boy just jump rope.
Little boy, little boy you have
ability.
Little boy, little boy you need
agility.
Little girl, little girl now go

Wake up, wake up. It's time to run.
Wake up, wake up. Let's have
some fun.
Wake up, wake up. Don't sit all
day.
Wake up, wake up. You have a day
to play.
Wake up, wake up. You need to
stay up.
Wake up, wake up. Let's get a pup.
Wake up, wake up. A pup will help
you play.
Wake up, wake up. No videos
today.
Go to sleep, go to sleep. It's night
time now.
Go to sleep, go to sleep. Time to
slow down.

#10
Written by Kavin Thecher
Keep running.
Keep running.
Think of all
the fat you're burning.
Jump with ease.
Jump with ease.
And you won't
have heart disease.
Be a swimmer.
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Against bad health.
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minutes.
Cool down, cool down, don't forget
it!
Go to sleep, go to sleep.
Don't make a peep!
#5

Written by Amber Elam
Wake up, wake up. You stayed up
late.
Wake up, wake up. You're going
on a date.
Wake up, wake up. You have no
time.
Wake up, wake up. You need to
wake your mind.

Written by Kavin Thecher
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Think of all
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Written by Kavin Thecher
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Jump with ease.
Jump with ease.
And you won't
have heart disease.
Be a swimmer.
Be a swimmer.
Against bad health.
You'll be a winner!

Written by Luke Gooch
Warm up, warm up, get ready to
go.
Warm up, warm up, but not too
slow.
Warm up, warm up, get ready to
go.
Warm up, warm up, go get on the
role.
Warm up, warm up, don't get in a
hole!
Exercise, exercise, better not stop.
Exercise, exercise, better go hop.
Exercise, exercise, resist a heart
attack.
Exercise, exercise, run on the track.
Exercise, exercise, build a six-
pack!
Cool down, cool down, stretch for a
while.
Cool down, cool down, don't get in
a pile.
Cool down, cool down, for five
minutes.
Cool down, cool down, don't forget
it!
Go to sleep, go to sleep.
Don't make a peep!
#5

Written by Amber Elam
Wake up, wake up. You stayed up
late.
Wake up, wake up. You're going
on a date.
Wake up, wake up. You have no
time.
Wake up, wake up. You need to
wake your mind.

Written by Kavin Thecher
Keep running.
Keep running.
Think of all
the fat you're burning.
Jump with ease.
Jump with ease.
And you won't
have heart disease.
Be a swimmer.
Be a swimmer.
Against bad health.
You'll be a winner!

Written by Luke Gooch
Warm up, warm up, get ready to
go.
Warm up, warm up, but not too
slow.
Warm up, warm up, get ready to
go.
Warm up, warm up, go get on the
role.
Warm up, warm up, don't get in a
hole!
Exercise, exercise, better not stop.
Exercise, exercise, better go hop.
Exercise, exercise, resist a heart
attack.
Exercise, exercise, run on the track.
Exercise, exercise, build a six-
pack!
Cool down, cool down, stretch for a
while.
Cool down, cool down, don't get in
a pile.
Cool down, cool down, for five
minutes.
Cool down, cool down, don't forget
it!
Go to sleep, go to sleep.
Don't make a peep!
#5

"Letters"

(Cont. from A-2)

Christine, Job Quest; B&L Grocery;
Dollar General Store; Wendy's;
Community Trust Bank; Citizens
Bank; Rockcastle Area Technology
Center; Circuit Clerk Teresa Vanzant
and staff; County Attorney Billy
Reynolds; Town & Country Service
Station; V.F.W. U.S. Attorney's office
Erin May; Rockcastle County
High School's YMCA Club - Travis
Brenda and WRVK Radio Station.
Sincerely,
Ryan Loudermilk

**In need of donations
and prayers...**

Dear Editor,

I am in need of prayers and money
donations of any amount to help me
pay for expensive medications (I take
seven kinds), hospital bills and large
bills I owe to a couple of cardiolo-
gists that are treating me. I am deal-
ing with heart conditions, high blood
pressure and a hiatal hernia.

Recently, I passed out and fell,
cutting my hand open and spent a
total of three days in the hospital -
first at Rockcastle Hospital then at
Central Baptist in Lexington where I
was transferred to by ambulance. I
have signed up to try to get govern-
ment assistance but it will take a few

months before I'll know about that.
I have no income and must depend
on my mother, who has a very tiny
income herself, to assist me. I have
been undergoing many expensive
medical tests, such as EKG's, echo
cardiograms, heart catheterizations,
wearing Holter heart monitors and
event monitors. E.P. study of my
heart where you are put to sleep to
see if you need a pace maker, a Tilt
Table test and others.

Many of your readers can help me
with a donation and prayers and if
any churches can take up a collec-
tion of any amount to help me (and
my mother) out, it would be a very
much appreciated blessing to us that
we would be so grateful for.

If you can help, please send to
Don Howard, 70 Williams St., Mt.
Vernon, Ky. 40456-2852 or you can
bring it by my mom's house at this
address.

Thank you and bless you for con-
sidering my plea.
Sincerely,
Don Howard

Stanley said that he had been look-
ing for a hat like this for a long time.
As a matter of fact, he is the one who
initially started calling it his "old
man's hat." I guess he plans to age
gracefully. I told him that all he
needed now was an old, spitting,
beat-up pickup truck (which he has),
and to start driving about thirty-five
miles an hour.

Actually, this has positive aspects.
Just think how much younger I'll
look without even trying when
people see us out in public. Who
could complain about that? Now, if I
could only talk him into using a cane.
Aging gracefully, or even looking
forward to embracing our "Golden
Years" is a positive thing. I truly be-
lieve you're only as old as you feel. I
sometimes feel that I'm about ninety-
five, but that's beside the point.

I plan to age as gracefully as possi-
ble. The Red Hat Society leads the
country in this philosophy. I've been
in a Red Hat Society chapter about
two years in London, and have even
formed my own group here in Mount
Vernon. We, the Steel Magnolias,
became official this past fall after
about a year.

Maybe Stanley should form his
own "Old Men's Hat Club." All old
men need somewhere to go, or at
least a good excuse to give their wife
(not really). All things have to start
somewhere.

that is about the length of time he had
been dead, but let me tell you his hat
lives on - right on top of Stanley's
head.

"TJ's Journal"
(Cont. from A-2)

that is about the length of time he had
been dead, but let me tell you his hat
lives on - right on top of Stanley's
head.

Get the New Year started right
with a great deal at Town & Country Motors!

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red, 10,000 miles \$334/month

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- '06 Ford Taurus, leather, alloy, CD \$259/month
- '02 Lincoln LS, V-8, red, loaded \$342/month
- '03 Chevy Corvette, 2,800, 6-speed, 20,000 miles \$599/month
- '04 Mazda 6 Wagon S, 18,000 miles \$259/month
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leather, max. 22,000 miles \$267/month

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V-8, red, leather, roof \$299/month



'01 Mazda Van MPV,
18, leather, all options \$249/month



'03 Chevy C-1500, 4th crew, LT, 4x4
leather, alloy, low miles \$23,995



'03 Ford Ranger,
LT, V-6, auto \$199/month

- '03 Honda Element, 2nd, ex. loaded \$275/month
- '04 Chevy Silverado, 15, ex. loaded \$334/month
- '02 Chevy Trailblazer, 15, ex. loaded \$342/month
- '01 GMC Sonoma, 4x4, 15, 6, auto \$249/month
- '04 Chevy Trailblazer, 15, ex. loaded \$292/month
- '03 Ford F-150, V-8, 4x4, ex. loaded, heritage pkg \$19,995
- '94 GMC C-1500, 4, auto, ex. loaded \$2,995
- '00 Ford Windstar, 92, loaded \$226/month
- '03 Chevy S-10 Blazer, 15, ex. loaded \$226/month
- '97 Chevy S-10, 4x4, V-6, auto, max. \$5,995

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APR Determined by Credit Score.



'03 Ford Explorer,
LT, 4x4, red, low seat \$285/month



'97 Toyota 4-Runner,
4x4, loaded, one local owner \$10,995



'03 Kia Sorento, 15, 4x4, leather
roof, 1 owner \$285/month



'04 Chevy Silverado,
4x4, 7.1 sports \$19,500



'04 Ford F-150, 4x4, 8 bed, 27,000
miles \$239/month



'05 Dodge Grand Caravan,
15, leather \$249/month

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Lady Rockets are runners-up at Boyd Invitational

The Rockcastle Lady Rockets came in second in the Boyd Co. Invitational tournament held at Ashland December 27-30.

The Lady Rockets' downed Minford, OH 53-52 and Fleming County 66-62 before losing to Ironton, Ohio (9-0) 40-37 in the finals.

In the first game against Minford, OH, the Rockets were down 35-32 at the half but came back with a

strong third quarter to take the lead 47-42 and held on to the one point win. Sarah Rowe led her teammates in scoring with 20 points. Rachel Killen got 12; Ashley Lunsford 11; Jessie Asher 8 and Mary Saylor 2.

Against Fleming County, the Lady Rockets were only up one at the half, 23-22 and the score was tied at the end of regulation play and at the end of the first overtime before the Rock-

ets pulled out a 66-62 win. Rowe again led the scoring for the Lady Rockets with 23; Lunsford got 14; Killen and Sonya Lunsford 8 each; Saylor scored 7 points and Asher got 6.

The Lady Rockets held their own with Ironton in the championship game, only down 21-20 at the half but Ironton pulled ahead 32-28 in the third quarter and held off the Rockets for the 40-37 win.

Killen and Lunsford were the only Lady Rockets in double figures in this game, each scoring 10 points; Rowe got 9; Asher and Saylor had 3 each and S. Lunsford got 2.

The Lady Rockets varsity will now host Casey County Friday night along with the boys varsity. First game begins at 6 p.m. Next Tuesday night, the Lady Rockets will travel to Somerset for a freshman, jayvee varsity game, beginning at 5 p.m.

Includes four three pointers

Abney scores career high 14

Former Lady Rocket stand out, Johnna Abney, is becoming more comfortable in her starting role as point guard for MTSU Blue Raiders.

Abney poured in a career best 14 points against Austin Peay, including four three pointers.

MTSU is 7-6 on the season, playing a tough schedule that has included UT-Chattanooga, Houston, Penn State, top 20 ranked Georgia and at Virginia. MTSU lost at Virginia on Monday night, 63-70, a game that was much closer than the final score.

The Lady Blue Raiders next home game is this coming Sunday, January 8th versus conference rival Western Kentucky University. You can hear the live broadcast of that game by logging on to goblueraiders.com.

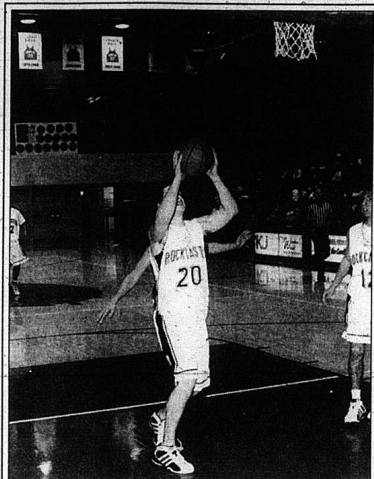
With new coach Rick Insell, and back-to-back Sun Belt Conference

championships that has concluded in first round NCAA tournament wins over North Carolina and North Carolina State, attendance at Lady Raider games have increased over 300% this year. Through the first five games, the team is averaging 2,300 in attendance. Local fans who want to catch a glimpse can make the three hour drive to Murfreesboro. The closest game will be February 25th as

Abney makes a return trip to Diddle Arena on the campus of Western Kentucky University.

The Lady Rockets have made back-to-back appearances in the Sweet 16 there. Johnna should have a large group of Rocket fans on hand at that game. Game time is 3:30 (CST).

MTSU hosts this year's Sun Belt Conference Championships.



Senior Colby Brown poured in 25 points in the Rockets losing effort against Western Hills Tuesday night. The Rockets are now 4 and 8 on the season.



Sonya Lunsford scored eight points in the Lady Rockets overtime win over Fleming County. The Lady Rockets finished second in the Boyd Co. Invitational Tournament held last weekend.

Rockets lose five of six

The Rockets basketball team had a rough outing at the Berea Invitational, losing three of their four games.

The Rockets lost to Model 57-49; Magoffin Co. won 62-53 and Pike County Central took the measure of the Rockets 70-58. Their only win came against Fleming County 72-63.

Prior to the tournament, the Rockets lost to Miami Sr. out of Florida, 75-42 in their last game of the Hoopin' It Up Classic in London. Colby Brown led the scoring in that game for his team with 11; Cory Childress and Lance Baldwin had 8 each; Kyle Mullins 7; Weston Riddle 4 and Gabe Stallworth and J.C. McClure got two each.

In the game against Model in the Berea Invitational, the Rockets were led by Brown with 11; Cory Childress and Lance Baldwin had 8 each; Kyle Mullins 7; Weston Riddle 4 and Gabe Stallworth and J.C. McClure got two each.

Brown led the scoring with 16 in the Rockets' loss to Magoffin County, McClure got 11; Stallworth, Mullins and Riddle had 6 each and Childress 3 and Baldwin 2.

It took an overtime for the Rockets to get their 72-63 win over Fleming County with Mullins leading the way with 23 points. Stallworth got 14, Lynn Miracle scored 13, McClure got 12; Riddle had 2 and Baldwin 1.

Against Pike County Central, the Rockets were simply outmanned. Mullins got 18 points in the losing effort. Brown had 15, McClure 10, Riddle 5, Baldwin 4 and Stallworth, Childress and Devin Haly got 2 each.

Tuesday night, the Rockets traveled to Western Hills and again came up on the short end of the stick 66-52.

Brown poured in 25 points, Riddle got 9, Childress 8 and Mullins and Stallworth each scored 3 points.

The Rockets are now 4 and 8 on the season.

This Friday night, the Rockets will co-host Casey Co. with the Lady Rockets varsity and will then travel to Somerset for another double header game with the Lady Rockets Jan. 10th.

Two teams enjoy success in 2005 Fall League

By Fall League co-founder and

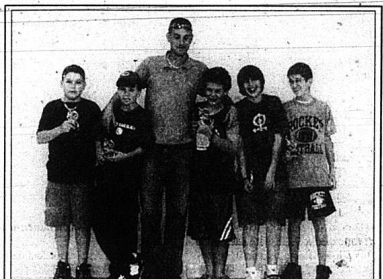
senior coach Greg Smith and the 2005 Fall League had two winners and was the best season yet as they played all their games in London against teams from North and South Laurel, Pulaski County and Clay County.

The Indians, a team of eleven and twelve-year-olds placed second in the league and the Padres, made up of mostly ten-year-olds and two eleven-

year-olds placed third in the eleven and twelve-year-old league.

I would like to personally thank all of our sponsors who without this league would not be possible and all of our coaches for their dedication and hard work.

A special thanks to all the parents for their patience and understanding. We look forward to another great season next year.



Shown above are the Indians, from left: Charles Kirby, Brent Callahan, manager Mark Proctor, "Sugar" Shane Winkler, Cole Castleberry and John Pajl Kidwell. Not shown: coaches Billy Cameron, Thomas Winkler and Paul Kidwell; players BB Cameron, Will Reynolds, Johnathan Alexander, Robert Reynolds and Dustin Collins.



Shown above are the Padres, front row from left: Daniel Legg, Will Hisslope, "Batboy" Thomas Hisslope, Jacob Lawson, R.J. Smith, T.J. Bussard and Johnathan Graves. Back row from left: manager Glen Smith, Chris Wren, Damien McDaniel, coach Kevin Bussell, Sam Payne and coach Mike Wren.

Lady Rockets receive more honors in Cross Country

By Eddie Hammond

The Rockcastle County Lady Rocket Cross Country team was awarded several state awards recently.

Receiving 1st Team All-State honors were: Kayla Hayes and Michaela Hunter and 2nd Team All-State was Laura Dollins, while teammate Sara Hammond was named Honorable Mention All-State for the second year in a row. Sara became the youngest Rockcastle County athlete to win a first team all state award when, as a sixth grader, she was a member of the 2005 Class AA state 4x400 relay team, anchored by her older sister, Heather. These four ladies, along with senior Jessie Asher, provided the scoring that concluded in a third place finish at the KHSAA Class AA state finals in November of 2005; missing a second straight runner-up finish by only one point and only seven out of first place. This group of young ladies has helped place Rockcastle County among the state's elite programs in cross country and track and field.

The Lady Rockets have captured four consecutive regional championships in cross-country, along with four consecutive top 10 finishes, finishing as state runner-up in 2004. The Lady Rocket Track and Field team has won five of the last six regional championships, four top 10 finishes and state runners-up in 2001 and 2005. That doesn't include championships and runner-up finishes in the Mason-Dixon Games, which serves as the indoor championships. This year's Mason-Dixon Games will be at Broadbent Arena in Louisville March 3rd and 4th. Both Rockcastle County Middle School and High School athletes will participate. As a tune-up to this event, the Lady Rockets will also participate in the Wildcat Invitational on January 21st.

The Lady Rockets will be well represented this coming Saturday at the 1st Annual USAFAT/KTCCCA Awards Banquet in Lexington. Rockets coach Mark Brummett will be on hand to receive Coach of the Year

awards and Heather Hammond, now a freshman athlete at Western Kentucky, will receive several awards - Class AA Female Athlete of the Year, Overall Female Sprint Runner and Overall Female Athlete of the Year.

Local fans can catch a glimpse of Heather the following weekend, January 13-14 as she and her WKU team will participate in the UK Invitational at Nutter Field House on the campus of UK.

Other Cross Country Awards for 2005 include: All Area Middle School Team - Laura Dollins and Sara Hammond. Coach Brummett was named All Area Middle School Coach of the Year. Fifth grader Michaela Hunter, a legitimate candidate to win Class AA state next year, was named Area 8 Elementary Runner of the Year. Kayla Hayes, Michaela Hunter and Laura Dollins were also named Academic Cross Country All-State. Perhaps the most impressive awards have been the large number of Lady Rockets who have been named Academic All-State the past several years.



2005 Broadhead Bengals started their season with only two players that had ever played the sport before on a team. This was a very hard working team with a lot of heart. They finished the season at 7-2. Everyone worked together for this team, our dedicated parents, the coaches that put in time and especially all these kids with lots of guts and glory. Thanks to everyone for a great season. Shown above are the honorable coaches and "hard working" team, front row from left: Logan Chastain, Chase McClure, Austin "Hammerhead" Taylor, Tommy Benge, Hayden Saylor, Jessie Hollin and Zachary Blysoe. Second row from left: John Harris, Lucas Jones, Dylan Hensley, Brian Jude, R.J. Smith, Tony DeBong, Taylor Hensley, Cody Peters, James Fletcher and Derrick Hensley. Third row from left: Christian Doherty, Josh Hiatt, Austin Harris, Chris Wren, Brandon Stewart, Boone Saylor, Damien McDaniel, Cody Brown, Ariston Snow and Cory Mowbray. Back row from left: coach Jerry Saylor, coach Mike Jones, head coach Mickey McClure, coach Doug Benge and coach Glen Smith. Players not shown are Jeremiah Brown, Ashton Goodvee, Tristian Cox, Carson Boone and Caymen McClure. Coaches not shown are Boone Saylor, Jay Brown and Ray Hensley. This photo was taken at the Bengals' pizza party and all players are wearing their Bengals hat that they received for their hard work. Thanks again to everyone who participated in this successful season of football.

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News deadline
is noon
Tuesday

Church News

Benefit Singing

Pleasant Run Baptist Church will hold a Benefit Singing Sat. January 21, beginning at 5 p.m.

The singing will benefit the family of Henry Morris in support of their difficult time.

All singers and musicians are welcome and encouraged to join behind the Cross and Marvin Carpenter and group. Refreshments will be served!

Prayer Requests

For all your confidential prayer requests, call 256-1034 or e-mail timeforpraying@aol.com or write Scaffold Cane Baptist Church, Rt. 3, Box 197, Mt. Vernon, Ky. 40456.

Cornerstone Fellowship Church Note

It's hard to believe that 2006 is finally here and it's the beginning of a new year. This year, why not make a resolution you can keep by starting a relationship with Jesus Christ. Jesus said in Matthew 28:20: "I am with you always even to the end of the world, Amen."

Unlike quitting smoking and losing weight, a relationship with Jesus is a change you don't have to face alone.

Cornerstone Fellowship Church was formerly Mt. Vernon Pentecostal.



James Michael Bussell has just arrived in Iraq. He asks all his friends to write and/or e-mail him. Please everyone remember him in your prayers.
PFC James Bussell
A-8/10
Cav. 4 BCT, 4ID
Union III
APO, AE 09348
e-mail
james.bussell@us.army.mil



Brandon Dykes, of Mt. Vernon, stands next to Toyota's FTX Concept Truck, during the 2005 National FFA Convention in Louisville, which was attended by more than 50,000 people in October. Brandon is a member of the Rockcastle County FFA chapter.

The Family Room
By: Dr. Roy Don Whitehead

Domestic violence occurs in many families, and not every victim is able to leave immediately. Because leaving is the most dangerous time in an abusive relationship and for other good reasons, some choose to stay. For these victims here are some suggestions on living with abuse and staying as safe and sane as possible.

[These ideas are from the book When Dad Hurts Mom: Helping Your Children Heal the Wounds of Witnessing Abuse by Lundy Bancroft. He also wrote Why Does He Do That? Inside the Minds of Angry and Controlling Men. I highly recommend both of these fine books to anyone who wants to understand domestic violence.]

1. Stop blaming yourself and your children for the high level of tension in your home. The abuser blames you, but you do not have to accept that blame. Do not argue with him, but be clear in your own mind that the abuse is his fault. Notice the many ways in which his abuse affects you and your children.

2. Work hard on your relationship with your children in order to develop closeness and trust. The abuser wants to undermine your relationship to others in your family. He wants everyone else to fight with each other; this allows him to remain in control. If you and your children fight, he knows that you will not be able to unite against him. Abusers thrive on mistrust and dissension.

3. Insist on respect from your children. Abusers often try to undermine your authority with the children. As much as you can and especially when he is not there, insist that your children respect your authority. As it is safe to do so, do not allow them to call you names or to hit you. Begin when they are young to teach them to respect you.

4. Do not hit your children. This is especially important in abusive households where there is already too much violence. Teach them that physical violence is not the way to solve family problems.

5. Be honest with your children about the abuse, but do not give them all the details. Children know that the violence is happening, even if you think they do not. To lie to them about it is to deny their perceptions. On the other hand, do not use the children as your counselor. They are confused enough without being placed in the role of being your main source of support.

6. Do not be hard on yourself for your failures as a parent. All parents fail at times, and parenting while living with an abuser is especially difficult. You will not be the perfect parent. Concentrate on what you can do rather than beating yourself up for past failures.

7. Encourage your children to speak up and express their feelings to you, especially about the abuse they witness. Do not speak badly of their father, but tell them that certain of his behaviors are not acceptable. Let them know that it is safe to disagree, if not with their father, then with you.

8. Insist on respect for females in general. Male abusers do not respect females, and their attitudes can easily be absorbed by their children. Speak to your children, both girls and boys, if you hear them talk negatively about females.

9. Do not say that the abuser is "a good father." A good father does not abuse the mother of his children.

10. If you see that your lives are in danger, leave as soon as possible. A close relationship with you is your child's best defense against the effects of abuse.

A milestone in Ky. publishing

The state's first Almanac to be printed since the 1800s is now the best selling item in Kentucky!

"It's the best-selling book of the holiday season," said Angie Shuck, marketing manager for Lexington's Joseph-Beth Booksellers. Other sellers concur.

"It's our #1 best-seller," according to Melissa Darsey, community relations manager for the Lexington Barnes & Noble book store in Hamburg Pavilion.

Lizz Taylor, owner of Poor Richard's Books in downtown Frankfort, can't keep them on the shelf. "People are asking for it by name, and they're buying in twos and threes."

On Saturday, Karleene Cox, manager for Waldenbooks in Louisville's Oxmoore Center, hosted a book signing with KY Almanac contributors and was extremely pleased with the turnout. "It's a top seller for us, probably because it's a local book and all around good Christmas gift for people from the state of Kentucky," said Cox. "It fits every dad and grandpa out there."

The scenario is playing out all over the commonwealth as people are realizing what a great resource the KY Almanac is for everyone who loves Kentucky. "They're flying out

the door!" said James Nathan Spencer, inventory manager with Borders. (Cont. to A-10)

Sun protection is a must for skiing and snowboarding

If you are one of the 10 million skiers or snowboarders expected to hit the slopes this winter season, remember to pack your sunscreen. It is easy to think that being in a cold environment does not put you at risk for sunburn, when in fact ultraviolet (UV) rays can be even more damaging on the slopes than on the beach.

Skiers and snowboarders may be unaware of the dangers they face from the sun while on the slopes. For every 1,000 feet of elevation, ultraviolet exposure increases by an average complexion, at 11,000 feet above sea level in Colorado, will burn at noon after 6 minutes of unprotected sun exposure, compared to 14 minutes in Orlando. In addition, snow reflects about 80% of the ultraviolet light from the sun, only compounding the problem and further increasing the risk for skin cancer.

"Statistics show that fewer than 20% of Americans wear sunscreen all year-round," said Perry Robins, MD, President of the Skin Cancer Foundation. "That is not enough, considering the sun shines 12 months a year and UV rays are present year-round no matter what season, altitude, temperature or time of day."

To protect yourself this ski season, follow these important sun protection tips:

Use sunscreen whenever you spend time outdoors. Both snow and strong wind can reduce the effectiveness of sunscreen, so remember to:

-Use a broad-spectrum sunscreen with an SPF of 15 or higher.

-Apply sunscreen liberally and evenly to all exposed skin.
-Be sure to cover often-missed spots: lips, ears, around eyes, neck, scalp and hands.

-Reapply at least every 90 minutes, and more often after sweating or exposure to wind and snow. Cover up.

-Wear long-sleeved shirts and long pants. Tightly woven fabrics and dark colors offer more protection.

-UV-blocking sunglasses with wraparound or large frames protect your eyelids and the sensitive skin around your eyes, common sites for skin cancer and sun-induced aging.

Be mindful of time spent in the sun, regardless of the season.

-Keep track of the time you spend in full sunlight.

-If you are on the slopes for most of the day, take a few breaks indoors to reapply sunscreen.
-Drink plenty of water to avoid dehydration from the sun.

Always remember, in ice and snow wear a hat, sunscreen and lip balm, and slip on some sunglasses to cut down on the sun's reflection. To find out more about how to protect yourself from the sun this winter and all year-round, visit www.skincancer.org, or call 1-800-SKIN-490.

The Skin Cancer Foundation is the only national and international organization concerned exclusively with the world's most common malignancy - cancer of the skin. The mission of this non-profit organization is to increase public and professional awareness about the prevention, early detection and treatment of skin cancer.



READ ALL ABOUT IT!



Third Annual Books for Bikes Program

Sponsored by Rockcastle County Public Library, Jeffrey T. Burdette, Rockcastle County Kiwanis Club, Corey and Emily Craig and the Rockcastle County High School Key Club

The Books for Bikes program is scheduled to begin Monday, January 9th, 2006 and will end on Saturday, February 25th, 2006.

Who can participate: Children 3-12 years of age

Where: Children ages 3-12 will be able to get age appropriate books from the Rockcastle County Public Library or from the Bookmobile to read. After reading each book, children will complete a small form about the book they have read.

At the end of the Books for Bikes Reading Program, all participants will be invited to attend a Reading Social in March at the Public Library. Participants must be present to win. At the social, the top 10 boy and the top 10 girl readers from each age group will have their names put in the drawing to win a bike. The bicycles will be given away the evening of the Reading Social so Good Luck and happy Reading!!

(Age groups are as follows: 3-5 yr. olds, 6-8 yr. olds, and 9-12 yr. olds)

For any further questions please feel free to contact the Rockcastle County Public Library.



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Rockcastle County Schools to honor local school board members

Students, staff and friends of Rockcastle County Schools will honor the members of the Rockcastle County Board of Education during Kentucky's 2006 observation of January as School Board Member Recognition Month.

Terry Burton, Board Chairperson, has served on the board for 13 years. Martin E. Vanzant, Vice Chairperson, has 8 years of service on the board. Michael Burdette has served as a board member for 6 years. Dr. Tina Cain Hasty has 3 years of service as a board member and Angela Stallsworth is the least tenured board member having completed 2 years of service.

"This is a group of people who have put the community's children first — in front of their own families at times, giving uncounted hours of their time with virtually no compensation and little appreciation," said Superintendent Hammond. "I'm proud to work with these men and women to give our students the greatest possible experiences of K-12 public education. This is a leadership team with a focus on what's in the best interests of our children."

Young Republicans to meet Tuesday

This upcoming Tuesday there will be a meeting of the Rockcastle County Young Republicans.

In 2003-2004 the Rockcastle County Young Republicans Club was the largest organization of its kind in the 5th Congressional District and was one of the largest clubs in the state. Its members were involved in several local and state campaigns, and hosted such events as "Party for the President" in Renfro Valley. Several members of the club were also elected to various party positions throughout the county's precincts.

Rockcastle County Republican Youth Chair Travis T. Burton said, "With the upcoming election season, there is no better time than now to get involved. Everyone between the ages of 18-40 is encouraged to attend this re-organizational meeting."

The meeting will take place Tuesday at 6PM on the third floor of the Rockcastle County Courthouse. For more information contact Aaron Anderkin at 606-308-3116.

ament which was held in Owensboro. There they lost two games, both 1-0.

Main Street Mt. Vernon was covered from end to end with students from the county schools participating in a rally against drugs and RCHS girls' basketball coach Chrysti Noble was named coach of the year in the state of Kentucky.

The Rockcastle County Board of Education approved the building of a new gymnasium at Roundstone School and the RCHS girls' track team was ranked first in the state.

Gienna Cummins was named Valedictorian of the class of 2005 at RCHS and Amy Parsons was named salutatorian. There were 195 graduates.

The city of Mt. Vernon offered free garbage disposal for a limited time through a PRIDE grant of \$25,000.

Local law enforcement officials announced that \$2.5 million in illegal drug money was confiscated in 2004, thanks in part to the UNITE organization.

June

Benny Anglin celebrated his 108th birthday at the Rockcastle Health and Rehabilitation Center in Brodhead and Miss Netisha Taylor was crowned Homecoming Queen.

The Rockcastle County School Board approved a working budget of \$25 million dollars. The school system has over 500 employees and is the second largest employer in the county.

Comparatively, the Rockcastle Fiscal Court posted a budget of \$3.4 million.

A groundbreaking ceremony was held at Rockcastle Hospital and Respiratory Care Center for their expansion, which will provide 19 more beds for their respiratory care facility and Mt. Vernon police had to monitor garbage drop-off because of the mess made in the city parking lot next to the court. Mayor Clarke Kirby said the volume of garbage was caused by people from outside the city limits leaving their garbage, as well as local citizens.

Civil War Veteran James B. Dooley was re-buried at Three Links, with honors and a huge crowd of family and friends.

The RCHS girls' track team won their fifth regional title in six years and Heather Hammond captured four state titles in Kentucky's State Track and Field Competition.

\$7.1 million more dollars was approved for the new Hwy. 150 and the Mt. Vernon City Council began an effort to restrict the number of yard sales a person could have in one year. The ordinance would eventually fail.

A job help center opened at the Christian Appalachian Project facility in Renfro Valley and a new committee started discussing the possible future problems at Lake Linville. The lake is Rockcastle County's major source of water and many local residents and business people complained about the taste and smell of the water in 2005.

The first six months of the year ended tragically for 16-month-old Nathaniel Victor White, who died in a trailer fire in Red Hill. His mother was later charged in the death.

Jason Glenn Raider, 37, drowned in Boat Dock Springs and work started on the widening of U.S. 25 at Renfro Valley.

RCHS English teacher Jennifer Mattingly was chosen as assistant principal at RCHS.

Also in the last week of the year, Mt. Mayor Clarke Kirby asked residents to conserve water.

"Awarded"

(Cont. from Front)

the county.

A local board, made up of the Rockcastle County Judge Executive, local Community Action Agency, American Red Cross, Cumberland Valley Home Health, etc., will determine how the funds awarded to Rockcastle County are to be distributed among the emergency food and shelter programs run by the local service organizations in the area. The local board is responsible for recommending agencies to receive funds and any additional funds available under this phase of the program.

Under the terms of the grant, local organizations chosen to receive funds must: 1) be private voluntary non-profit or unit of government, 2) have an accounting system, 3) practice nondiscrimination, 4) have demonstrated the capability to deliver emergency food and/or shelter programs and 5) if they are a private voluntary organization, they must have a voluntary board. Qualifying organizations are urged to apply.

Rockcastle County has distributed Emergency Food and Shelter funds previously with Daniel Boone Development Council. This agency, was responsible for providing 242 nights lodging and utilities to more than 30 families.

Public private voluntary organizations interested in applying for Emergency Food and Shelter program funds must contact Betty C. Bussell. The deadline for applications is January 20, 2006.

For more information, call Betty Carter Bussell at 606-256-5315 or 606-256-4633.

"Grant"

(Cont. from Front)

building and "was very enthusiastic" about its potential. A craft store and perhaps a museum covering the pioneer era of Rockcastle County would be two of the uses for the building upon completion.

"Milestone"

(Cont. from A-9)

in Crestview Hills in Northern Kentucky. "We've had to reorder twice to keep up with demand."

With a foreword written by Kentucky's late Historian Laureate Thomas D. Clark, this 784-page collection of fascinating facts about the state's history, notable personalities, vital statistics, sports, state government and politics, natural resources, agriculture, business and economy, the arts, travel, cultural attractions and recreation has something for everyone from 9 to 90 years old.

"We think John Bradford would be proud," said The Clark Group CEO Bobby Clark, referring to the printer who published the first Kentucky Almanac in 1787 for the burgeoning state.

"Kentuckians have been without a resource like this for far too long, and we're excited that everyone is enjoying it as much as we enjoyed creating it."

The Almanac also includes entertaining excerpts from those first Almanacs printed back in the 1700s and 1800s. An annual publication, Kentucky's new Almanac offers an astronomical calendar and more than 700 photographs to highlight the essays. And, with more than 180 contributing writers from throughout the

commonwealth who provided their expertise on various subjects, the Kentucky Almanac is truly a publication for the entire state.

Notable contributors from the Central Kentucky area include Governor Martha Layne Collins, who contributed an essay on international trade to the Business and Economy Section; Virginia Fox who wrote the introduction for the Education section; Gatewood Galbraith, who contributed an essay on hemp for the agriculture section; John A. McGill, who edited the Sports section of the Almanac, and Al Cross, who contributed commentary on Kentucky politics to the State Government and Politics section.

For more information about Clark's Kentucky Almanac and Book of Facts 2006 please visit www.kyalmanac.com

"Bench"

(Cont. from A-2)

bitrates disputes over vehicle workmanship between consumers and manufacturers. It also does not address disputes with dealerships, auto repair shops, or insurance companies. Consumers who seek help from the BBB should also consult with an attorney because participation in the program may affect the consumer's rights to sue the manufacturer. Such decisions should only be made with the assistance of competent legal counsel.

In Tackett's case, she was nearly precluded from pursuing her claim in the courts because she gave up her right to sue by submitting to arbitration by Ford's Consumer Appeals Board. Fortunately, the Kentucky Court of Appeals determined that the arbitrator exceeded the scope of the submitted dispute and thus, Tackett could pursue her claim in state court.

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Observes

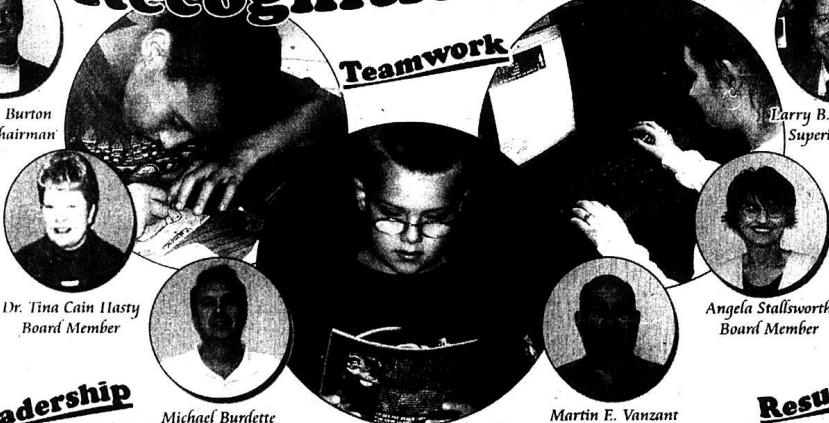
School Board Recognition Month




Terry F. Burton
Board Chairman




Larry B. Hammond
Superintendent







Dr. Tina Cain Hasty
Board Member



Michael Burdette
Board Member



Martin F. Vanzant
Board Vice Chairman



Angela Stallsworth
Board Member

Leadership

Results

"The leader has to be practical and a realist, yet must talk the language of the visionary and the idealist." ~ Eric Hoffer

The Rockcastle County Board of Education provides Equal Education and Employment Opportunities

Mount Vernon Signal

Second Section

Thursday, January 5, 2006



Shirley Cox, right, recently presented a copy of *Troublesome Creek* by Jan Watson to Rockcastle Librarian Pam Chaliff. The book was presented in memory of Jan Watson's husband, Charles C. Watson.

Troublesome Creek takes readers on spiritual journey

By Shirley Cox

Set in the Appalachian Mountains of eastern Kentucky, Jan Watson's *Troublesome Creek* takes the reader on a captivating spiritual journey. Throughout the book, lyrical poetic images dance and sing across lines sprinkled with mystery, suspense and romance. Strong characters draw the reader into 1881, a time of innocence when hard work was its own reward. Against the backdrop of the ethereal beauty of the mountains, we watch Copper grow from a tomboyish girl into a woman. Intertwined vignettes provide dramatic looks into her father's struggle with grief after the loss of his wife, Julie, and his subsequent marriage to his wife's sister. With grace and poise, Watson charms the reader with intricate details of everyday life in the 1800's. So grab a warm quilt, a cup of hot tea and nestle into the pages of this tender story of faith.

Troublesome Creek won the 2004

Christian Writers Guild First Novel contest for unpublished authors from more than 280 submissions. A cash prize of \$50,000 was awarded for the winning manuscript. *Troublesome Creek* was also recently nominated for a Kentucky Literary Guild award. The author, Jan Watson, a retired registered nurse who worked at Central Baptist Hospital in Lexington, Kentucky for twenty five years, has no formal training in writing. Jan, a charter member of Southern Acres Christian Church, lives in Lexington.

Jan Watson, will hold a book signing at the First Southern National Bank in Stanford, Ky. on January 24th from 7:00-9:00 p.m.

Jan Watson and Shirley Cox are members of the Grassroots Writers Group which meets twice monthly in Lancaster, Ky.

Troublesome Creek
By: Jan Watson
Tyndale House Publishers 2005
Price \$12.99



Abney - Martin

Ms. Kathy Abney and Mr. and Mrs. Terry W. Abney of Mt. Vernon together with Mr. and Mrs. Eugene Martin of Livingston would like to announce the engagement and forthcoming marriage of their children, Terri Lynne Abney and Jason Eugene Martin. The wedding will be the event of Saturday, January 7, 2006 at 2:30 p.m. at the Pine Hill Baptist Church. Invitations have been sent.



65th Wedding Anniversary

Joe and Dora Sweeney, lifelong residents of Mt. Vernon, celebrated their 65th wedding anniversary with relatives on December 14, 2005 in Scaffold Cane. Gary and Linda Doan and family and all the other relatives and friends wish them many more. Congratulations! Joe and Dora were married in Mt. Vernon just before Joe went into World War II.

Tea/book signing ties classmates and families

It didn't begin like an ordinary afternoon and no one expected that it would. Those who shared the Saturday after Thanksgiving with Betty Lou Thacker-Griffin and her sister, Geneva Bullen, had an idea of what they were in for because these are two extraordinary women who set aside a day to invite the community into their lives. The spot chosen for the High Tea/Book Signing was a familiar cite-Roundstone Elementary School and the purpose was to introduce a book written by Betty Thacker-Griffin about her life.

It has been said that when you write your memoirs, you live your life twice. Betty found this to be true as she happily detailed old stories about her now deceased brother, Gene. "Writing this book caused me to remember life as it truly was growing up, of getting electricity and water piped into our home" she recalls.

The book is an account of life in Rockcastle County with the expected sparks of a little girl who would charter some unknown territories. Times and conditions were different for us all in 1946 and later. Her book is a reminder of what really matters.

In attendance for autographs were

both, Betty and Geneva, while some of the guests were: Kenneth Parsons, Debbie Bullen, Theresa Holcomb, Dale Bullen, Edna Williams, Nancy Wilson, Louanna Norton Purcell, Kay Keith Williams, Norma Ramsey, Thelma Thacker, Bell Huff, Angela Wyatt, Bulah Lear, Cleidith Thacker, Lois McGregor, Anita Mosqueda, Ash Mosqueta, William Weber, Margaret Weber, Diane Strunk, Roger Strunk, Verlon Griffin, Ellen Griffin, Dick Wingert, and certainly husband, Leroy Griffin. The book signing stood on its own two feet as a tremendous success; however, not surprising, the treasure was in the unity of "young" friends reuniting after more than forty years.

After the signing, Betty has received calls from East to West from class mates who were not able to attend. One person (Charles Seals), who called, Betty had not seen since he moved to Ohio while they were in the third grade although each has several family members in the Roundstone Area.

Autographed copies are still available by phoning (859)321-2290 or writing to: Wild Strawberries, 323 Chinoe Road; Lexington, KY 40502. Should you be unsure, call for an brochure. The circle of friendship continues to grow!



Betty Lou Thacker-Griffin

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CHRISTIAN WRITERS GUILD WINNER 2004

JAN WATSON

Troublesome Creek

with illustrations by JERRY B. JENKINS

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