

Mount Vernon Signal

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Rep. Ford says casino bill is DOA

A controversial bill concerning casino gambling now in the Kentucky General Assembly is "dead on arrival," said State Representative Danny Ford.

"There is no way the bill has enough support to pass the full legislative body," the veteran legislator said.

Ford of Mt. Vernon, who is in his 14th term in the state house and a former House Minority Leader, said supporters of House Bill 600 "simply do not have the votes."

The bill calls for nine casino sites in the state and, if passed, would be an amendment on the ballot this fall.

The Kentucky House will vote on the bill this week.

Carloftis lifts night time burning ban

County Judge/Executive Buzz Carloftis has lifted the night time burning ban that has been in effect for the past few weeks. "Enough precipitation has fallen recently that this extra ban can now be lifted," Carloftis said Monday.

Carloftis cautions that the state imposed burning ban is still in effect. According to that law, it is illegal to set any type of outdoor fire between the hours of 6 a.m. and 6 p.m. through April 30, unless the ground is covered with snow.

Tree seedlings giveaway to be Thursday

While supplies last, the Rockcastle Conservation District will be giving away tree seedlings on Thursday, March 23 and Friday, March 24 from 8:30 a.m. to 4:30 p.m. at their office located in the USDA Service Center building on Hwy. 150.

The varieties of seedlings available are: White Pine, Short-leaf Pine, Pin Oak, Redbud and Pecan.

Supper/Auction set by WRVFD

A soup bean supper and pie and cake auction will be held Saturday, March 25 by Western Rockcastle Volunteer Fire Dept. at the Quail Firehouse on Hwy. 70. There will also be Bluegrass music, classic country and more for your entertainment while you eat. A portion of any music sold during this time will also go to help support the fire department.

The supper will be held from 4 to 6 p.m. and will be immediately followed by the pie and cake auction.

All dinners will be \$5 per person and Bluegrass music will be provided for your entertainment.

Please prepare your favorite pie or cake recipe and bring it with you in a disposable dish. Any other items you might wish to donate for the auction will be greatly appreciated.

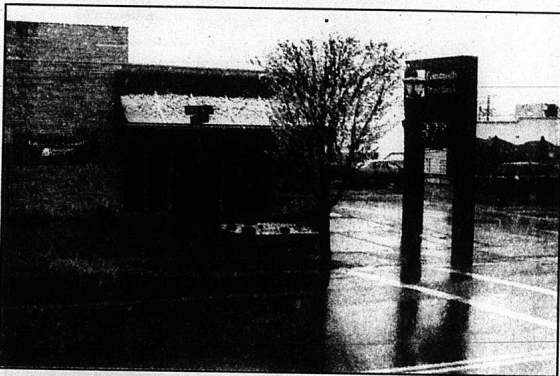
All candidates are welcome to come and participate.

Please call Shawn Brown 606-308-5419, Dennis Lawrence 606-355-2906, Louise Bengt 606-308-4461 or Amanda Owens 606-308-2108.



Spring Brings Another Dose Of Winter

A Crab Orchard woman escaped serious injury on Monday afternoon after she lost control of her Jeep Cherokee on Hwy. 1650, which was slick from the morning snowfall. Kelly Sharon, 30, was taken by ambulance to Rockcastle Hospital where she was treated and released. Above, Buster Denny of David's Tire Center, is shown preparing to turn the vehicle back on its wheels. The vehicle was totaled in the crash. Below, Community Trust Bank on Main Street had just a little snow on its awning after Monday's snowfall. Snow began falling Monday morning shortly before Spring officially came in at 1:30 p.m. Local weatherman Bud Cox said he recorded .46 of snow, sleet and rain on Tuesday morning. The high for March was 74 on the 11th and the recorded low was 19 on the fourth.



For RCHS principal Interviews begin Thursday

Rockcastle County School Superintendent Larry Hammond delivered all five applications for the principalship at the Rockcastle County High School to members of the Site Based Decision Making Council Tuesday.

Members of the council, teachers Dana Singleton, Travis Brenda and Angie Hendrickson, along

with parent members Jeff Laswell and Susan Jordison, will decide who they will interview for the top job at the school. Interviews will begin Thursday, according to Ms. Singleton, chairman of the council in the hiring process. Singleton is also currently vice-chairman of the council.

Two of the five applicants are,

current assistant RCHS principal Jennifer Mattingly and former RCHS principal Ruth Allen Hamilton. The other three applicants are from out of the county.

Ms. Singleton said the council had agreed to try and have a new principal by Thursday. "That is our goal anyway," she said Tuesday.

John Hale, a 34 year veteran of the Rockcastle County School System, and principal at RCHS for the past five years, is retiring on April 1st.

At Family Life Center Meet the candidates and register to vote

On Thursday, April 6th, Rockcastle County residents will have an opportunity to meet candidates who aspire to be your city and county officials, from 6 to 9:30 p.m. at Mt. Vernon Elementary School.

The Family Life Abuse Center has invited all local candidates to speak at this event or to simply visit with voters and distribute cards, yard signs, bumper stickers, buttons, etc.

A voter registration table will be available throughout the event.

The last date to register for the May Primary is April 17th.

Throughout the evening, delicious homemade cakes will be auctioned to benefit the Family Life Abuse Center and soft drinks, coffee and bottled water will be sold.

There is no charge to attend this event. Come out and meet your candidates!

The Family Life Abuse Center is providing this opportunity to the citizens of Rockcastle County and does not endorse any candidate in the upcoming election.

Political Rally at Livingston

Livingston Fire and Rescue will be holding a Political Rally Saturday, April 22 at Livingston Gym, beginning around 4 p.m.

All candidates are invited to come and join us in this rally. There will be a sign-in sheet that will get you a spot on the list to introduce yourself and tell what office you are seeking and your views on different matters in Rockcastle County.

(Cont. to A-10)

School board approves more money for Roundstone

By: Richard Anderkin

The Rockcastle County Board of Education had many items of business to deal with last Wednesday during their regular monthly meeting. The meeting was held a day late because of the RCHS Lady Rockets' appearance in the 12th Region basketball finals.

The main item of business was the approval of an additional half million dollars for the new gymnasium at Roundstone School.

Construction on the gym, and a complete overhaul of the heating and cooling system, will begin May 1st. The total cost for both projects at the school, which was originally built in 1959, is \$2.5 million.

Bids on the new construction will be let on April 6th.

Rockcastle County School Board finance officer Richard Bray told the board that architects had "crunched the numbers" and because of Hurricane Katrina, and the demand it had created for materials, figures had to be revamped for the project. "We can handle the increased cost," Bray told the board.

It was a unanimous vote to approve the additional cost of construction.

Roundstone has 300 elementary students.

Bray also reported that he had received \$8 million from the state for the new Kentucky Technology Center and will receive another

\$1.5 million to round out the \$9.5 million project. The \$9.5 million will be repaid from the state's budget, Bray said.

Bray said that construction on the new Technology Center, which will replace the current one across from the Rockcastle County Middle School, should start late this summer or early fall.

The Technology Center will be added to the south side of the Rockcastle County High School with a connecting corridor.

Rockcastle County School Superintendent Larry Hammond commended the efforts of Rockcastle County lawmakers in the state legislator. "I think Danny Ford and Ed Worley have done a very good job representing the

Rockcastle County School System in the legislature," he said.

Worley is Rockcastle County's State Senator and Ford is the county's State Representative.

Currently 318 high school students attend the local Technology Center, which began as Harry Sparks Vocational School in 1968. 30 other adult students also study respiratory care.

Other programs at the school include: business technology, health science, automotive technology and electricity and welding.

Ralph Baker, principal at the Technology Center, was a w

(Cont. to A-10)



The Rockcastle County Lady Rockets are scheduled to play in Bowling Green in the Sweet Sixteen on Wednesday against the Letcher County Central Lady Cougars from the 14th region. Game time is set for 2:30 p.m. The Lady Rockets advanced to the state tournament for the third straight year and if they get past the Lady Cougars they will most likely face last year's state champion Lexington Catholic. There was no school on Wednesday and if the Lady Rockets win there will be no school on Friday. Above Sonya Lunsford, one of three sisters on the regional championship team, goes for two points against Lincoln County in the 12th Region championship game.

(Cont. to A-10)

Lady Rockets vs. Lady Cougars

Diddle Arena • 2:30 p.m. Wednesday (today)

Rockcastle Memories

By David J. Griffin



One of the loves of my life is college basketball – and it has its roots in a Sweet Sixteen tournament held in the spring of 1952 when Mt. Vernon High School won its Region and made its first and only appearance in the KHSAA tournament. It was eight years old and fortunate enough to watch the team play in Lexington's Memorial Coliseum. I will never forget seeing Kenny Cornelius (No. 22) shoot his famous jump shots in the big tournament. My seat was in the rafters, and I took a picture of him with my Brownie box camera (black and white). The starting five that year for MVHS included Kenny Cornelius (G), Tuck Baker (G), Manuel Shepherd (F), Charles Shepherd (F), and Earl Nee (C). The Red Devils played Newport Catho-

lic and lost by one point in an overtime period. From that point on, I have been hooked on basketball.

After graduating from high school, my love for the sport turned to college "hoops," and I have been watching my favorite teams play for over forty years. I look forward to "March Madness" from November throughout the entire season. I truly believe that basketball (especially in Kentucky) is the greatest spectator sport of all times.

During the basketball season, college teams strive to reach the top of their respective conferences and to win their tournaments in order to qualify for the Big Dance. During the conference tournaments, my wife always uses the TV remote to switch

(Cont. to A-4)

Points East

By Ike Adams

Last Saturday morning, right at daybreak, we were awakened by an awfully loud and initially terrifying noise coming from the just outside the bedroom window on the driveway side of the house. After the initial shock, we could tell that it was a dog in trouble, if not painful, distress.

I ran outside into the frosty dawn, dressed only in my long jogs and house shoes, to discover a puppy, perhaps ten weeks old, cornered by our two regular house dogs, both of whom are in the 75 pound range and very jealous of intruders into their territory.

I called-out and scolded the big dogs but it was too early to be phoning around to see whether any of the neighbors had a puppy.

After the weather warmed up, I corralled the puppy and got him into a pet carrier. Then I began driving door to door and even stopping vehicles on the road to try and find his owner. No luck, not that I'm much surprised.

He's a clean, blocky, friendly and fat little fellow in the 8 to 10 pound range, and appears to have had all he wanted to eat before he showed up here. And, however lost he may be, his appetite for big dog food is not hurting at all.

He's brindle in color, meaning sort of black with orange streaks running through his coat or maybe he's orange with black mixed in. It's actually hard to tell. I have no idea what breed he is but he does appear to be all dog.

He's friendly enough and after he learned to show proper respect, our two regular dogs have agreed to tolerate his presence.

In the meantime I'm still checking around to see if I can find his owner. Given his apparently excellent health, people skills and the fact that he is pretty good looking as dogs go, it's hard for me to believe that someone set him out on the road hoping that he would find a home.

There is a subspecies of human beings who do that. If they are not akin to humans, they do at least walk on two legs and are able to drive automobiles.

They haul kittens and puppies and even adult animals to wide spots on the road, take a glance in both directions to make sure they are not being observed and then set their animals out to either be killed by an automobile or rescued by someone else. Not that they care.

People who pull trucks like this are far worse than the filthy pigs who see fit to toss their soda and beer cans/bottles, their fast food wrappers and beverage cups, their soiled diapers, empty cigarette packs and whatever other garbage out the windows of their vehicles to fill the roadside ditches and litter up the landscape.

Incidentally, if you ever see someone tossing trash out the windows of their vehicles, please be responsible.

Get their license number and call the state police. The fine for littering is \$500 even though it should be thirty

(Cont. to A-5)

T.J.'s Journal

by Tonya L. Cook



Dear Journal:

I'm just about given up on losing weight, but I would really like to feel better. How many times in a lifetime have we gone on a diet? How many times have we made that New Year's resolution to lose weight and live a healthier lifestyle? After so many years of broken promises to ourselves, here we sit overweight, tired, and run down, over-stressed, and can hardly climb a series of steps without losing our breath.

After some thought, I've come up with only one conclusion. Our lifestyles are killing us by the days. The food and beverages we consume are full of toxins that are harmful to the body. Modern conveniences are robbing us of what little exercise we could achieve, and daily stresses have our minds so bogged down that we can scarcely think. I know, as I am guilty of all the above.

There must be something I can do to feel a little better. I've recently heard "we are what we eat" so I'm making a new endeavor to change my eating habits, at least. No, this isn't a diet to lose weight. It is totally to feel better, and to have more energy. Of course, if anyone could follow this diet, in modern times there would be no need to lose weight. The main focus of the diet is to encourage good health and energy. By the way, cancer cannot live in an alkaline body.

Obviously, this is called the "alkaline diet." I have heard that approximately 85-95 percent of all sickness is related to a faulty diet. The body is made up of sixteen primary elements. Twelve are alkaline, and four are acid. The alkaline elements produce the nourishment to replace deteriorating cells; build bones, flesh, tissue, skin, and hair. They are primarily iron, calcium, magnesium, and potassium. The other four acid-producing agents are carbon, hydrogen, oxygen, and nitrogen that produce energy. We are to eat a three to one ratio or seventy-five percent alkaline to a twenty-five percent acid diet in order to maintain proper health. However, we must first achieve in order to maintain.

It all has to do with pH balancing. PH is a measure of acidity, and alkalinity of a solution. It ranges on a scale of one to fourteen, one being acid and fourteen being alkaline. We want to maintain a balance of seven or eight on the scale. Alkaline testing strips may be purchased at most

health food stores or drug stores for about ten to fifteen dollars, and they should last for months. The pH level fluctuates. I suggest testing daily for about a month to achieve, then once or twice a week should do to maintain. Disease thrives below seven, and cells begin to die around three.

Cooking alters the components of some foods. Eat as many raw or steamed vegetables as possible. We need to learn a proper balance, and have moderation in everything.

There are a few simple steps to a healthy body, if we can achieve them. Eat proper foods, once you find out what that is (more on this later), drink plenty of pure water every day (about 8-10 glasses), breathe fresh, pure air, get sufficient exercise, obtain a good balance of rest, recreation, and sleep, have proper cleansing of the body through the kidneys, bowels, and daily bathing with rubdowns, and finally keep the mind in a tranquil state. I know this sounds like a lot, but if it works, it's worth a try. I've felt too bad for too long, and at this stage of the game, anything couldn't hurt.

At most any bookstore or health food store, there are some several different books concerning the alkaline diet. They vary greatly in price. They all basically come down to the following alkaline foods: (most alkaline) lemons, watermelon, limes, grapefruit, stevia (and all-natural artificial sweetener), onions, parsley, leaf spinach, broccoli, garlic, olive oil, herbal teas, baking soda, and sea salt. It is a real benefit to cook with all olive oil, and drink lemon water with a small pinch of soda.

(Cont. to A-5)

Emphysema Can Be Halted

By Dr. Tony Arvin

Emphysema is the result of damage to the lungs from various diseases or chemicals. The best known and most common cause is, of course, cigarette smoking.

Smoking causes an inflammation of the very delicate lung tissue and destroys the tiny air sacs where oxygen is absorbed. Emphysema is similar to when many small soapbubbles pop and form larger bubbles. In the lung, these larger bubbles are less effective in exchanging oxygen and carbon dioxide. With emphysema, structural damage also takes place in the airways and causes them to collapse more easily, so breathing air in and out becomes slower and less efficient.

Unfortunately, lung tissue does not regenerate. Once it is lost or damaged, it cannot be brought back. Thus, in treating emphysema, it is very important to catch it at an early stage.

Spirometry (lung function testing) is needed to diagnose the early changes. When a decrease in lung function is found, the cause can be treated and the emphysema brought to a halt.

The most important thing to do is avoid cigarette smoke and any other harmful chemicals, fumes, or smoke. Patients with emphysema should be sure to get influenza and pneumonia shots. When there is an increase in the amount or a change in color of the sputum, antibiotics may be needed.

Asthma medicines that open the airways may also be useful, and their effect can easily be measured by spirometry to see how well the medicines are working.

If you suspect lung problems, an exam by your doctor and a spirometry test can diagnose the problem or reassure you of healthy lungs.



VIEW FROM THE BENCH

The Recusal Issue

Recent events have spotlighted the issue of judicial recusals. The appointment of two Special Justices of the Kentucky Supreme Court for the pending merit system case sparked public interest in an issue which is routinely encountered within the judiciary. When should a judge step aside from hearing a particular case?

All judges are subject to ethical canons and statutes which specify particular circumstances where recusal is warranted. Commonly, judges recuse in cases where they have previously been involved as a litigant, an attorney, a fiduciary, or where a family member or close personal friend is involved. These types of circumstances are easily discerned and almost never result in contro-

versy. Where an actual conflict of counsel exists, recusal is mandatory.

More difficult situations arise where no actual conflict of interest exists, but a perceived bias or prejudice towards or against a litigant may exist. These are the cases in which no clear rules exist to guide a judge's discretion.

Courts confronted with a perception of impropriety situation usually apply an objective standard, i.e., whether a reasonable man, were he to know all the circumstances, would harbor doubts about a judge's impartiality.

(Cont. to A-4)

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Judge David Tapp

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Time For A Change

VOTE WILLIAM K. BULLEN

County Judge Executive

Bringing the County Together

Pulling the County Together

To the Voters of Rockcastle County: Each of you at one time or another has started to do business with people that are unfriendly. In my tenure of serving as sales and service manager of Kentucky Farm Bureau, one of my main objectives was being friendly and courteous to the ones that paid the premiums.

I believe that every taxpayer and every citizen deserves friendliness, courtesy and respect when they come into the Rockcastle County Courthouse because tax money that everybody worked hard to make is what built our courthouse and pays the salary of the ones that work there. I promise to the voters and citizens of Rockcastle County that if I am elected, the judge's office will be a friendly and courteous place for you to visit and bring your requests.

Seeking to be your public servant • William K. Bullen
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Feel free to contact me at: info@wmkbullenforjudge.com

Paid for by William K. Bullen

Obituaries



Lawrence Alvie Reynolds

Lawrence Alvie Reynolds, 66, of Mt. Vernon, died Friday, March 17, 2006 at his home. He was born in Lincoln County, KY on January 19, 1940 the son of Corvin D. and Jolie Taylor Reynolds. He was a retired lab technician for Parker Seal Co. and was a member of the Macedonia Baptist Church. He was a Kentucky Colonel and a recipient of the Kentucky Supreme Court Citizenship Award.

He is survived by: his wife of 43 years, Genevieve Stephens Reynolds; a son, William D. "Billy" Reynolds and wife Rebecca M. Vernon; a daughter, Heather R. Adams and husband John M. Vernon; his mother, Jalia Stephens of Brandon, MS; one brother, Gene Reynolds and wife Karen of Crab Orchard; one sister, Maetta Dees of Brandon, MS; and two grandchildren, Jordan Rebecca Reynolds and Will Reynolds. He was preceded in death by his father, Corvin D. Reynolds.

Funeral services were conducted Monday, March 20 at the Dowell & Martin Funeral Home Chapel by Bro. Denton Sears and Raymond Offutt. Burial was in the W. T. Stephens Family Cemetery.

Palbearers were his nieces and nephews.

Please visit www.DowellMartin.com to view Mr. Reynolds' online obituary.



Ray Francisco

Ray L. Francisco, 69, of Louisville died Wednesday, March 15, 2006 in Naples, Florida.

A native of Rockcastle County, he was the founder and owner of Frisco Food Service, a member of South Park Country Club, Kentuckiana Restaurant Association, Southminster Baptist Church and a veteran of the U.S. Army.

Survivors include his wife, the former Verna Kendall; two sons, Jeff (Dana) and Greg (Donna) Francisco; three brothers, Terry, Donnie and Richard Francisco; a sister, Mary Lou Blankenship and three grandchildren, Katie, Gregory and Sarah Francisco. He was preceded in death by his brothers, William, Tom and Francis Francisco.

Funeral services were held Monday, March 20th at Heady-Hardy Funeral Home with interment following in Evergreen Cemetery.

Card of Thanks

Nadine Creech

The family of Nadine Creech would like to thank everyone for the love and care shown in the loss of our mother and grandmother.

For the flowers, food, kindness shown in any way; the McGuire Sisters, Crystal for the beautiful songs; Bro. Olen McGuire and George Poynter for the kind words; to the grandsons serving as pallbearers; Dr. Rowe, the hospital staff and Brodhead Rehab for the care that was given and to Dowell & Martin for their care and kindness in time of need.

Wayne, Louise, Bill and families

Sallie Hale

Sallie H. Hale, 97, died Sunday, March 19, 2006 at the Rockcastle Hospital. Funeral services were held Wednesday, March 22, 2006, at the First Baptist Church. Burial will follow in the Elmwood Cemetery.

A complete obituary will appear in next week's signal.



Johnnie Lee Fields

Johnnie Lee Fields, 73, beloved wife and mother, died Tuesday, March 14, 2006 at her home in Burnside. She was born on Piney Branch in Rockcastle County on May 30, 1932 the daughter of George and Lura Cinnamon Anderson. She was a member of the Gravelhill Baptist Church in Burnside.

She is survived by: her husband of almost 52 years, Jack Fields; a son, James Michael Fields of Burlington, KY; three daughters, Susan Fields and Mary McDonald and husband Gary, all of Burlington, KY; and Lisa Penick and husband Todd of Walton, KY; three sisters, Ruth Selters of Richmond, IN, Lelia Stanley and husband J.C. of Trenton, OH, and Viola Woodall and husband Carl of Dayton, KY; nine grandchildren, Robert Matheny, Amber Flerlage, Joshua Bryson, Kyle Weber, Kristopher Weber, Amanda Fields, Ashley Fields, Katie Fields, and Travis Penick; and one great grandchild, Austin Matheny. She was preceded in death by a grandson, Matthew Bridley; one sister, Cleo Langford; and one brother, Amos Anderson.

Funeral services were conducted Saturday, March 18 at the Dowell & Martin Funeral Home Chapel by Bro. Billy Medley. Burial followed in the Bales Cemetery.

Pallbearers were: Josh Bryson, Kevin Flerlage, Robert Matheny, Travis Penick, Chris Weber and Kyle Weber.

Donations are suggested to Hospice of Lake Cumberland at 100 Parkway Dr. Somerset, KY 42503.

Please visit www.DowellMartin.com to view Mrs. Fields' online obituary.



Geraldine Allen

Geraldine Allen, 62, of Livingston, died Tuesday, March 14, 2006 at the Rockcastle Hospital in Mt. Vernon. She was born in Rockcastle County on August 24, 1943 the daughter of Carter and Jane Allen Lawson. She was a homemaker and was of the Pentecostal Faith.

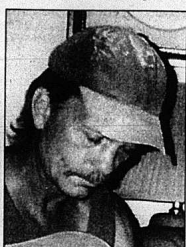
She is survived by: a son, Gary Robinson and wife Judy of London; a daughter, Lisa Hammond and husband Tim of Miamisburg, OH; two sisters, Myrtle Durham and Iverene Bond, both of Livingston; five grandchildren, Freddy, Bryan and Derrick Robinson, Josh Lewis and Kayla Damon; and one great grandchild, Jeremiah Robinson. In addition to her parents, she was preceded in death by: a son, Ira Allen, Jr.; three sisters, Ester, Carrie and Lucy; and Douglas.

Funeral services for Mrs. Allen were conducted Friday, March 17 at the Livingston Pentecostal Church by Bro. Bill Carpenter, Vernon Doan, and Bruce McGuire. Burial was in the Red Hill Cemetery.

Dowell & Martin Funeral Home was in charge of arrangements.

Palbearers were: Ira Allen, Josh Lewis, Bruce McGuire, Josh McGuire, Bryan Robinson and Freddy Robinson.

Please visit www.DowellMartin.com to view Mrs. Allen's online obituary.



Stanley Wayne Short

Stanley Wayne Short, 52 of Richmond, died Saturday, March 18, 2006 at the University of Tennessee Hospital in Knoxville. He was born in Cincinnati, OH on August 4, 1953. He was raised by his father, Fred Burton. He was a self-employed painter and was of the Baptist faith.

He is survived by: two brothers, Danny Powell and Charlie Powell, both of Richmond; one sister, Cynthia Kay Campbell and husband Earl, Jr., of Cynthia; a niece, Angela Renee Burton; two uncles, Everett Durham and Ernest Durham; and dear friends, Ruth Ashcraft and Jack Smith. He was preceded in death by his mother, Anna Belle Durham.

Funeral services will be conducted Thursday, March 23 at 12:00 noon at the Dowell & Martin Funeral Home Chapel by Bro. Jimmy Miller. Burial will follow in the Red Hill Cemetery.

Friends may call at the Dowell & Martin Funeral Home from 6:00 to 9:00 PM Wednesday.

Please visit www.DowellMartin.com to view Mr. Short's online obituary.



Cards of Thanks

Hazel Elizabeth Smith

The family of Hazel Elizabeth Smith would like to thank everyone for the kindness and sympathy shown during the illness and death of our wife and mother. We would like to thank Hospice for all of the care and support they offered, especially Teresa Hopkins, Brenda Bullock, Susie Smith, Sheila and all the other Hospice workers who went out of their way to make this very difficult time more bearable. I think we all developed a new respect for Hospice and appreciate what they do for people on a daily basis.

Thank you to everyone who sent food, flowers or just gave us a shoulder to lean on. A special thanks to Douglas Smith, Jerry Owens and especially John King and his wife for the beautiful songs they sang and Jerry Owens and Kenny Queener for the comforting words spoken during this difficult time. We would also like to thank Clear Creek Baptist Church for allowing us to have the visitation and funeral at the church as our loved one requested.

Lastly, to Billy Dowell and all the staff of Dowell and Martin Funeral Home, your kindness was very much appreciated.

Jimmy L. Smith
James and Teresa Smith
Becky, Rodney, Ashley, Bethaney and Keith Smith
Kevin, Sonya, Shaina & Kalista Smith

Pansy Nicely

The family of Pansy Nicely wish to acknowledge everyone who expressed their love for us during our loss. We are forever grateful for the food, flowers, cards and prayers.

Thank you to Rockcastle Health and Rehab, Rockcastle Hospital and Dr. Arvin for taking such good care of our mother during her illness.

A special thank you to Benary Miller and Wendell Martin for the comforting words said, the McFerrals for their beautiful songs and to Cox Funeral Home.

Thank you all and God bless, James, Peggy, Wanda, Christine and all the family.

Roy Graves

The family of Roy Graves would like to thank everyone who helped us on his journey with alzheimers. There have been so many kind people whom we have met along the way. We would like to thank Dr. Hamilton and Dr. Saylor and all the nurses and CNA's at the Rockcastle Co. Hospital and everyone (especially the CNA's who lovingly referred to him as Papi) at the Rockcastle Health and Rehab in Brodhead. We want to thank everyone who stood by us and held us up when we could not stand on our own. To everyone who brought flowers, food and money we thank you. Brother James Humphrey's words brought peace to our troubled hearts. We will forever be grateful to Martin and Judy Owens and Rick Reynolds at Marvin E. Owens Home for Funerals. Their kindness was immeasurable.

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Good Friday Unity Service

The Rockcastle Ministerial Association will be sponsoring the 2006 Good Friday Unity Service on Friday evening, April 14 at 7 p.m.

The service will be held at First Christian Church on West Main St. and Jim Craig, pastor of Ottawa Baptist Church will be the speaker. Music will be led by Matt Getsi.

For more information or transportation call Bruce Ross, 256-2876.

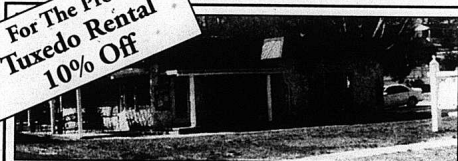
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Our Readers Write

Urgent needs for fire victims...

Dear Editor,
Rock of Ages Mission is in urgent need of the items listed below for recent fire victims in Southern Kentucky.

These families lost everything and we are asking that everyone who reads this will give as the Lord leads. Men's pants, sizes 34x32 and 36x32; men's shirts sizes med, md lg; men's shoes, sizes 9.5, 10 and 11; men's t-shirts and socks; women's pants, sizes med and XXL; women's blouses, sizes med, and women's shoes, sizes 8 and 9; women's shoes; boys pants, sizes 4T, 6T and 16; boys socks; girls pants, sizes 12 and 14 and girls socks.

Also needed are personal care products, blankets and anything else you wish to donate. Your financial support is also much needed. Please respond quickly. Items will be picked up. We will deliver them as we receive what is needed in one large load. We need to collect items in a timely fashion.

Thank you and may the Lord bless you for caring for others.

"People Helping People"
Sincerely,
Kathy Bretz
Rock of Ages Mission
P.O. Box 40
Mt. Vernon, Ky. 40456
Ph. 606-758-4203

Appreciation expressed...

Dear Editor,
The HANDS program held its first Parent Appreciation Party on March 17th. The HANDS program staff would like to thank the following businesses and individuals for donations that helped to make our party a success:

Pizza Hut, Rockcastle Co. High School Youth Services, CAP, Touch of Class Hair Designs, The Coffee House, Frank's Pizza and Subs, AHCC, Aletha's Mt. Vernon Family Inc., Daniel Boone Development Company, Godfather's, Ellison Book Home Transport, Windswept Stables, and Amy Parker-Todd.

HANDS is a program for first

time parents that offers support and education throughout pregnancy and the first two years of the baby's life. If interested in participating in the program or if you would like more information please contact Danielle Denny or Cindy King at the Rockcastle Co. Health Dept @256-2242.

Sincerely,
Danielle Denny
HANDS Family Support Worker

Election choices...

Dear Editor,
Hello, it's me again, Linda McWhorter. As everyone knows, I say what's on my mind. It's about time for us, the people of Rockcastle County, to vote. I've looked over everyone and here's the ones I will vote for.

County Judge/Executive: William K. Bullen. I think William K. Bullen will make the best County Judge/Executive since Mr. Thacker. As most of you know, Mr. Thacker was William K. Bullen's father-in-law. So William K. Bullen will know what he's doing. And, he's the very best man for the job.

Now, Sheriff: Mike Peters. I've known Mike for 18 to 20 years. No one, and I mean no one, can do the job of Sheriff as good as Mike Peters.

For Jailor: James Miller. He has been the best jailor we have had since Billy Kirby. I voted for James Miller and I will this time. No one else can do the job better.

Mayor: Jerry Pensol. Now there's the man for the job of Mayor and I feel he will do the job right. I hope that everyone that votes in Rockcastle County will get behind the men I have talked about and vote them into office. I feel they are the very best men for the jobs.

Thank you,
Linda McWhorter

Agriculture Week...

Dear Editor,
Where does your food come from?

If you're like many Kentuckians, the answer is the grocery store. But there's more to the story. Today, far

too many people are unaware of the role of American agriculture in their daily lives - and what it really takes to have food on their dinner table. Just a few generations ago, most people in America were farmers or were directly tied to farming through their families. Today, even in still largely rural Kentucky, that's no longer the case. That's why I'm writing. Because farmers are responsible for providing the necessities of life - food, fiber, clothing, and shelter. Your farm neighbors are working harder than ever. Today, every farmer in America feeds 144 other people. Farm products are America's No. 1 export and are vitally important in sustaining a healthy economy. Here in Kentucky, farming is the keystone of a food sector that is responsible for up to 30 percent of the state's economic activity.

As busy as we all are, it's easy to take agriculture for granted in sustaining a healthy economy. Here in Kentucky, farming is the keystone of a food sector that is responsible for up to 30 percent of the state's economic activity.

At my request, Governor Fletcher proclaimed March 19-25 as Agriculture Week in Kentucky. This is a good time to reflect on - and be grateful for - your farm neighbors, and to share that message with others. It's also a good time to look for Kentucky-grown, raised or processed agricultural products, many of which carry the distinctive Kentucky Proud label. It's a good way to support Kentucky's hard-working farm families and to support your local economy by keeping more of your food dollars in Kentucky.

Sincerely,
Richie Farmer
Kentucky Commissioner of Agriculture

"Memories"

(Cont. from A2)

back and forth to see as many games as is humanly possible. So for those days, the TV got a "workout" as she flipped channels.

Conference tournaments decide 32 of the spots in the big tourney. The other 33 teams are selected as "at large" teams chosen by difficulty of schedules, ranking in their conferences, and over-all records. All of this sweat and pain culminates on "Selection Sunday" when the 65 teams are chosen. The drama of that day is awesome. The playoffs and NCAA Tournament itself take up most of March, with the Final Four being played during the first week of April. As soon as the teams are announced, I run to my computer to print my "brackets" in order to begin the task of selecting my winners. One year while teaching at George Rogers Clark High School, I entered a "pool" and to my surprise I had selected both of the final two teams. That meant I had won the pool even before the final game was played!

My wife and I wait every game that we possibly can. We sit with our brackets and fill in the winners hoping to beat the other one with the most

correct choices. We have saved our bracket sheets dating back for over 20 years. We both root for the University of Kentucky (where I earned my degree when they are in the tournament). If they lose, then we pull for any other Kentucky team. A few years ago, my son moved to Michigan and that gave us another team to support. Occasionally, the story behind a particular player or coach can be sufficient motivation to pull for a team if KY teams have "bit the dust."

My favorite UK teams have been those that had the most Kentucky boys playing on them. It is my opinion that the high school player chosen as Mr. Basketball in the state of Kentucky should be offered a UK basketball scholarship each year. Those players have the tradition of UK hoops etched onto their DNA code and will always play harder than young men from other states. Ritchie Farmer is a good example of a young man that had "blue" blood in his veins.

This year the UK team is not as talented as usual and Michigan is not included in the NCAA, so I have been in a quandary about which team to support. The NCAA is filled with heartache and glory. Because of the number of underdogs who have been successful this year, it has certainly made for a great tourney so far.

Starting on Thursday, if you call my house we will probably not answer because we will be busy watching basketball. Please excuse our odd behavior and call back after April 3rd. We will return to normal after the last game of the season and a national champion has been named.

Thank you for all the e-mail responses to my column. Keep giving me suggestions. You can reach me at: mtman@mtis.net

"Bench"

(Cont. from A-2)

ality. Cases interpreting this duty have uniformly determined this objective standard does not encompass the subjective viewpoint of a litigant. Thus, the mere belief of a litigant that a judge will not be fair and impartial in a particular case is not sufficient to warrant recusal. If, in any, any litigant could "judge shop" by simply claiming bias and requiring disqualification of the judge. Thus, only matters involving an objective risk that is substantially out-of-the-

ordinary are sufficient to warrant disqualification. In the recent merit system case, the proffered basis for recusal involved campaign contributions. Courts have held that routine political activities, prior to assuming the bench, are not a sufficient basis for recusal, including campaign contributions. Thus, for example, even though an attorney, including public officers such as the Kentucky Attorney General, may have, contributed to the campaigns of judicial candidates, the judge has not historically been required to recuse himself from hearing cases involving that same attorney.

Yet, recusal motions grow increasingly common. Some are well-founded, some are not. Those which are brought to gain a tactical advantage during pending litigation consume valuable judicial resources, promote a poor public perception of the judiciary, and unnecessarily de-

lay important proceedings. The U.S. Supreme Court has recently spoken on the issue of recusals which are based upon the perception of bias rather than actual conflicts of interest. In deprecating the frequency of baseless motions seeking recusal, the high Court noted that "confidence in the institutional integrity of the judicial branch cannot exist in a system that assumes [judges] to be corruptible by the slightest friendship or favor, and in an atmosphere where the press will be eager to find footholds. Yet, that is exactly where the federal judiciary finds itself at the present moment as a result of spurious suggestions for recusal. . . . Yet, judges must always conduct an independent examination of any recusal request. Where any reasonable basis exists to question a judge's impartiality, the public interest in the integrity of the judiciary and the validity of decisions rendered within the Court of Justice mandates recusal.

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Twilight Absolute Auction

of Mr. Roy Adams' and Mr. Jeff Cromer's

Mobile Home and Lot

Friday, March 24, 2006 at 6:00 p.m.

Dusty Trails Subdivision, Mt. Vernon

Location: From the intersection of Hwy 461 and Hwy 150, go west on 461 approx. 1 mile. Turn left into Dusty Trails Subdivision and follow the auction signs.

Due to other business interests, owners no longer have a need for this property. Therefore, they have authorized our firm to sell the property for the absolute high dollar.

This dandy 1999 14 x 70 mobile home offers a floor plan of: 3 bedrooms, 2 baths, living room, dining/kitchen combination and a utility room. It has a new heat pump, newly underpinned, city water and septic.

This home is situated on a nice lot measuring approx. 1/2 acre more or less.

Auctioneer's Note: If you are looking for a nice mobile home conveniently located, then be sure to mark your calendar to attend this absolute auction.

Terms: 20% down day of sale, balance in 30 days.

Announcements day of sale take precedence over printed matter.

For additional information, contact Roy Adams or Jeff Cromer - Owner/Agents.

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Church News

Spring Revival

Livingston Pentecostal Holiness Church will hold a Spring Revival March 29 - April 2. Evangelist will be Rev. Ronnie Baker. Services are 7 o'clock nightly and 6 p.m. on Sunday.

The church is on Hwy. 25, Livingston. Pastor Chad Sealf and congregation welcome you.

Gospel Singing

There will be a Gospel Singing Friday night, March 24, beginning at 7 o'clock at Crossroads Assembly of God. Local singers will be featured.

Pastor Robert Nicholson and congregation welcome everyone.

Prayer Requests

For all your confidential prayer requests, call 256-1034 or e-mail, timeforpraying@aol.com or write Scaffold Lane Baptist Church, Rt. 3, Box 197, Mt. Vernon, Ky. 40456.

Free Food & Clothing

Light of Christ Ministries will be giving away clothing, food and toiletries and hot meals will also be served on the 3rd Friday of each month, beginning April 21st, from 10 a.m. to 1 p.m. at the Community House, Main Street, Mt. Vernon.

Special Meeting

New Hope Baptist Church will hold a special meeting - singing and preaching, Saturday, March 25 at 6 p.m. Bro. Jimmy Logan of Blessed Hope Baptist Church will be preaching.

Pastor Paul Pearson and congregation welcome everyone.

Benefit For Church

There will be a Benefit Gospel Singing at the West Brodhead Church of God on Hwy. 3245 Saturday, March 25, beginning at 7 p.m. Featured singers will be Steve and Nancy Vanhook, Karen and Mike Sparkman and others. Everyone welcome.

Special Singing

Skaggs Creek Baptist Church would like to welcome everyone to a special singing Sunday, March 26th at 11 a.m. featuring the Bluegrass group, The Narrow Way, from Berea. Pastor, Bro. Bill Wigers and congregation invite everyone to attend.

Bluegrass Gospel

Inspiration Benefit Singing - Maple Grove Baptist Church will be having a Bluegrass Gospel Inspiration Benefit Singing Saturday, March 25 at 6 p.m. for Scott Lamb and Bro. J.T. Lamb. Scott was involved in a car accident several weeks ago and is still undergoing medical treatment.

Featured singers will be The Parker Brothers, the Morning View Singers and the Doan Family and more.

For more information or directions, please contact Bro. Jerry Owens, pastor, at 256-3075. Bro. Owens and congregation cordially invite everyone to attend.

Good Friday Unity Service

The Rockcastle Ministerial Association will be sponsoring the 2006

Good Friday Unity Service on Friday evening, April 14 at 7 p.m.

The service will be held at First Christian Church on West Main St. and Jim Craig, pastor of Ottawa Baptist Church will be the speaker. Music will be led by Matt Getsi.

For more information or transportation call Bruce Ross, 256-2876.

In Memory

In Memory of My Mother Bithia Brockman's birthday March 23rd The Rose

The beautiful rose in the morning dew

Unfurts its petals its beauty to show. In an unkept garden, once tended with care.

Where now the weeds and brambles grow.

With loving hands she planted the rose. With other flowers so lovely and bright.

But as time went on they withered away
Only the rose stands at the sight.

It stands there with its head held high, It sparkles like diamonds in the beautiful light.

Bowing its head all laden with dew, That fell from Heaven through the night.

All four seasons come and go, Fall brings frost and winter the snows.

Everything awakens in the spring, And summer brings the rose.

Those hands grew old and were folded away.

Never to plant a rose again. But it stands there in an unkept garden.

Its beautiful petals blowing in the wind.

*This poem was published in
Eternal Portraits*

In Memoriam of Hazel Smith Safely Home

I am home in Heaven, dear ones; Oh, so happy and so bright! There is perfect joy and beauty in this everlasting light.

All the pain and grief is over, Every restless tossing passed; I am now at peace forever. Safely home in Heaven at last.

Did you wonder I so calmly Trod the valley of the shade? Oh! but Jesus' love illuminated Every dark and fearful glade.

And He came Himself to meet me In that way so hard to tread; And with Jesus' arm to lean on, Could I have one doubt or dread?

Then you must not grieve so sorely, For I love you dearly still. Try to look beyond earth's shadows, Pray to trust our Father's Will.

There is work still waiting for you. So you must not idly stand;

Do it now, while life remaineth. You shall rest in Jesus' land.

When that work is all completed, He will gently call you Home. Oh, the rapture of that meeting, Oh, the joy to see you come!

*Sadly missed by
Family and Friends*

"Points East"

(Cont. from A-2)

days in jail. If the jails are full, they should be sentenced to a like amount of time in a hog lot where they would be in a good lot even though the pigs might turn up their noses.

But that's another story and I'm trying hard these days to only be niled about one thing at a time.

Anyone who is so sub-human that he or she will irresponsibly abandon a pet on the roadside should be captured, stripped naked, sent to a zoo and placed in a cage with the other apes. I realize that's an insult to the apes, but eventually they'd learn to get along.

The only thing I worry about is cross breeding.

Most counties go to great expense to provide animal shelters where unwanted pets can be cared for and adopted out. Those who can't be adopted are painlessly killed and at least spared the horrible deaths they would suffer from starvation or being hit by a vehicle.

Most people also experience horrible trauma when they hit an animal on the road and while accidents do happen when the family pet runs in front of a vehicle, setting domestic animals out to abandonment and deliberately increasing the chances that they will be hit by a vehicle is, in fact, a crime that should be prosecuted.

Responsible pet owners have their animals neutered or spayed if they don't want them to have young. If they do wind up with an unwanted litter, they try to find them homes or they take them to an animal shelter. Dibs for those who get junior a puppy that loses it charm after it gets large enough to bark.

On the other hand, it's probably ridiculous to expect that anyone who is too sorry and trifling to put his or her garbage in a proper disposal instead of casually tossing it out the car window to assume responsibility for taking their unwanted pet to the shelter.

In the meantime, if you are looking for a friendly, smart, puppy who seems to have great potential for becoming a good old dog, please give me a call. I'm going to keep asking around to see if I can locate his owner or, otherwise, find him a home.

I don't want or need another dog and I'm not going to get attached to this one. If nobody claims him, I'll make sure that he gets fed for a couple of three days after the paper hits the street, at which point I will take him to the shelter.

My number is 859-925-2105.

"TJ's Journal"

(Cont. from A-2)

Other moderate- to low-alkaline foods are dates, figs, melons, apples, pears, raisins, green beans, sweet potatoes, cauliflower, beets, almonds, cinnamon, apple cider vinegar, raw honey, raw sugar, oranges, carrots, corn, bell peppers, cabbage, chestnuts, goat's milk, ginger, and most herbs.

The acid foods are: (low acid)

molasses, most dried fruits, black-eyed peas, sunflower seeds, corn oil, brown rice, wheat bread, venison, cold-water fish, wild duck, eggs, butter, and yogurt. Moderate-acid foods include: peeled potatoes, navy/lima beans, pecans, white rice, turkey, chicken, lamb, wine, vanilla, and nutmeg. The most acid foods include:

Sweet-N-Low (I've also heard this can cause cancer), blueberries, chocolate, peanuts, walnuts, wheat, white flour (has an ingredient called aloxina that has been linked to diabetes in laboratory mice by decreasing the output of insulin from the pancreas. May be counteracted by use of Vitamin E and garlic), pasta, beef, pork, shellfish, alcohol, coffee, jam, jelly, and table salt. The acid foods, especially those that are in the "most acid" category should be eaten in extreme moderation.

Hopefully, this little diet will aid not only me, but others who would want to try it and have better health. Most, like me, have given up on losing any weight, but we might as well feel better, anyway.

Archery Club

Meeting March 25th • 7 p.m.
Bishop's Sportsman Store

President: Ronnie Reppert Secretary: Clelis Brown
Vice-President: Tim Robinson Treasurer: Shannon Bishop

Everyone Invited

Soup Bean Supper and Pie and Cake Auction Sat., March 25, 2006

Western Rockcastle Fire Department
Quail Station Highway 70

Serving for Soup Bean Supper is from 4 to 6 p.m. Immediately following will be a pie and cake auction. Please bake your favorite recipe and bring it with you in a disposable dish. Any other items you may want to donate for the auction will be greatly appreciated.

Menu for the soup bean supper will be: Soup Beans, fried potatoes, cornbread, onion, dessert and drink. Carryouts available. Dinners are \$5 per person.

All candidates are welcome to come and participate!

Any questions, call

Shawn Brown, 606-308-5419; Louise Bengt 606-308-4461;
Dennis Lawrence 606-355-2906 or Amanda Owens 606-308-2108

March is COLON CANCER AWARENESS MONTH

One in 20 people will get colon cancer in their lifetime. The disease claims 48,000 lives each year. However, early detection can increase survival rates by as much as 92 percent. That's why, beginning March 6 through March 31, Rockcastle Hospital and Respiratory Care Center is offering:

FREE COLON CANCER SCREENINGS

To participate, stop by Rockcastle Hospital, Rockcastle Health and Rehabilitation Center, Young's Pharmacy, Mt. Vernon Drug, Rite Aide Pharmacy, or Brodhead Pharmacy to pick up a screening kit. Then, drop off the test at the Hospital Laboratory or mail to:

Rockcastle Hospital
P.O. Box 1310
Mt. Vernon, KY 40456

The test will be kept confidential and the results will be sent to the participants. It is the participant's responsibility to report the results to their physician.

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Absolute

Auction



of Mr. and Mrs. William Depew's
House & 10 Acres

Saturday, March 25, 2006 at 10:00 a.m.

Ottawa Section of Rockcastle County

Location: Turn off U.S. Hwy. 150 near Brodhead, Ky. on Ky. 1229 (near EST Factory). Follow Hwy. 1229 for 4 1/2 miles to Laswell Gentry Road. Turn on Laswell Gentry Road and go 2/10 mile to property. Auction signs are posted.

Mr. and Mrs. Depew have moved to Harlan County and have authorized our company to sell their property for the absolute high dollar.

This dandy mini-farm is located in one of the best sections of the county. It's practically all level and is fenced. The property is improved with the pictured ranch style house. This lovely vinyl clad house has living room, eat-in-kitchen with cabinets and appliances, three bedrooms and two baths. It also has a full basement that is partitioned into four rooms.



Besides the house there's also a barn and other outbuildings.

Auctioneer's Note: Since small farms of this size are hard to find, truly this is a great opportunity for someone wanting the country life and a good neighborhood. Be sure to mark your calendar and attend this absolute auction - bid last to buy.

Terms: 20% down day of sale, balance in 30 days.
Announcements day of sale take precedence over printed matter.

For additional information, contact the selling agents.

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Library News



Pam Chaff and Kathy McKibben

This past Tuesday was just another normal day at the Rockcastle County Library. We had a wonderful turn out for Story hour. Ms. Darlene Martin's child development class visited. Jessica DeKorte read the "Barnyard Song" and the girls worked with the children making crafts and serving snacks. We are so happy that the girls are coming to story hour and partnering with us. It is a great experience for the little ones and for the girls.

The first week in April is National Library Week and the theme is Change Your World @ Your Library. The month of April is National Poetry Month with Young People's Poetry Week being April 10th - 16th. We will be displaying some of our local children's work starting the first of April. Mr. James Renner county PRIDE coordinator will be at Story hour on April 25th in celebration of Earth Day, and to talk to the children about a cleaner environment. Plans are still being made for Summer Reading 2006 Paws, Claws, Scales

and Tales. You might want to check-out our web-site on the internet at www.rockcastlelibrary.com for updates on recent programs. Make the connection, connect @ your library!



Jessica DeKorte reads "The Barnyard Song" to the children.



The story hour kids and Ms. Darlene's girls pose for a group picture.

Local Folk Art Painter to be at Artisan Center in Berea

As a native of Rockcastle County, Janice Harding Owens comes from a family of creative quilters and painters. In the 1980's she was painting the wood crafts that her husband Ron made. Eventually Janice began to paint on boards and in 1989 painted her first canvass with acrylics. Folk Art collector John Irvin saw Janice's work and arranged for her to have her first exhibition of paintings at Central Bank in Lexington in 1991. She has since had painting exhibitions all over the country in Washington, D. C., Connecticut, and Wisconsin among others.

With children in her household, Janice chose to work with water based acrylics to avoid the smell of oil paints and to achieve a fast drying process. Often Janice bypasses sketching the painting first and goes right to the paint. She comments, "Sometimes I just go at it with the paint, by the time I sketch something in, I could have painted it!" Her favorite subject is landscapes.

While commissioned paintings require Janice to follow an actual image, her own landscapes might have a horse painted next to a building she saw in a magazine. Janice looks at photographs and other images as a reference point, and then juxtaposes them together in her own unique way.

Works by Janice Harding Owens are regularly available at the Kentucky Artisan Center located just off located just off Interstate 75 at exit 77 (Berea). The Center's exhibits, shopping, and travel information areas are all open daily from 8 a.m. to 8 p.m. and the cafe from 8 a.m. to 7:30 p.m. Admission is free. The Center currently features works by more than 680 artisans from all across the Commonwealth. For more information call 859-985-5448 or visit the Center's web site at www.kentuckyartisancenter.org

The Kentucky Artisan Center at Berea is an agency in the Commerce Cabinet of the Commonwealth of Kentucky.



Janice Harding Owens paints while young visitors look on.

Leadership Rockcastle completes March session

Leadership Rockcastle recently completed its March session with a meeting at the Teaching and Learning Center on Richmond Street. This facility has been recently renovated and provides an excellent conference room.

Peter Hille and Jane Higgins, of the Brushy Fork Institute in Berea, led the group in discussions about vision for the future and critical issues facing Rockcastle County. Some of these issues, according to the group are: financial resources, leadership and building partnerships outside our community.

The discussion also involved areas that need change including: more jobs, creation of better paying jobs, increased opportunity for tourism, mandatory trash collection, more recreation, entertainment opportunities for our youth/adults and higher education.

Special guest and speaker was Gatliff Craig who spoke about the history and development of Rockcastle County.



Peter Hille of the Brushy Fork Institute leads a discussion during a recent Leadership Rockcastle meeting.

Business of the Week CAP provides Adult Education Services

The Rockcastle Adult Education program is the state provider of education and employment services, available to adults and employers in the county. Programs offered include Workforce Education, GED Preparation, academic skills from literacy through college preparation, Family Literacy, Corrections Education and English as a Second Language (ESL).

Developing the skills of Kentucky's workforce is one of Kentucky Adult Education's (KYAE) priorities and is accomplished by improving the skills of employees through workforce education services. Training programs extend to all categories of business and industry, including manufacturing, healthcare, hospitality, retail and distribution and are offered at no charge to the employer.

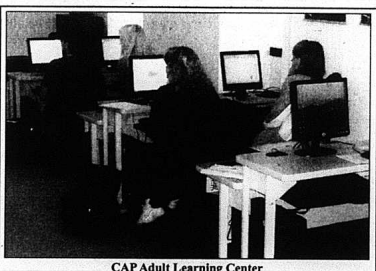
Workplace skills training is delivered at a time and location most convenient for employees and employers.

Training can improve performance, productivity and profitability. The Rockcastle Adult Education program can provide training in the following areas:

- Kentucky Employability Certificate Preparation • Kentucky Manufacturing Skills Standards Preparation • Communications • Problem Solving • Critical Thinking • Team Building • Reading • Writing • Math • Computer Literacy • ABE/GED and Workplace English as a Second Language.

Online learning opportunities are also available onsite at businesses. Current and prospective employees can improve their basic reading, math, team-building and communication skills - as well as prepare for their GED.

For more information about the Rockcastle Adult Education program, contact Bobbie Playforth, Christian Appalachian Project, 606-256-5307.



CAP Adult Learning Center

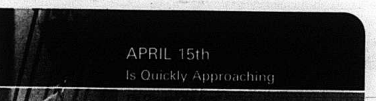
New Hours of Operation

Rockcastle Adult Health Care Center's new hours of operation are Monday thru Friday 6:00 a.m. to 6:00 p.m. and Saturday 11:00 to 3:00 p.m. Our center hours are flexible to meet the needs of the client and/or caregiver.

For More Information Call Leisa at 256-4316 and after hours at 606-305-6845



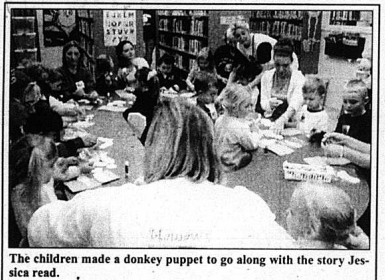
Announces



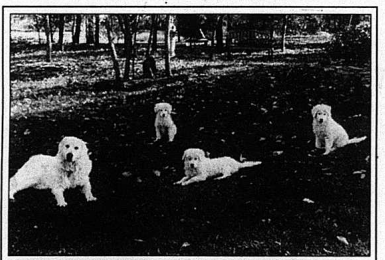
Contribute to your IRA:
 • Up to \$1,000 per year
 • Additional \$500 "catch-up" contribution for age 50 and over
 • Many non-working spouses may be able to contribute the full IRA contribution amounts
 If you qualify, you may want to consider:
 • A Traditional IRA
 • Get a deduction on your 2005 tax return!
 • A Roth IRA!
 • A retirement account with potentially tax-free distributions
 Time is running out...
 *When it comes to retirement, timing is everything! Call me today so that we can discuss whether an IRA is right for you.

Danny Miller, Agent
 New York Life Insurance Company
 926 W. Jefferson St., Suite 3
 Berea, KY 40403
 859-985-8473 (O) or 606-308-5818 (C)

The minimum contribution for the year 2006 is \$500. For more information on IRAs, please visit www.irs.gov. If you are a non-working spouse, you may be eligible to contribute to a traditional IRA. If you are a non-working spouse, you may be eligible to contribute to a traditional IRA. If you are a non-working spouse, you may be eligible to contribute to a traditional IRA. If you are a non-working spouse, you may be eligible to contribute to a traditional IRA.



The children made a donkey puppet to go along with the story Jessica read.



For Sale - Livestock Protection Dogs

Italian: Maremma - Abruzzese

Pure Bred White Pups Ready Next Fri. Seven Pups - Special - \$100

Call Doug Brock

606-758-8621 Days or 606-256-3171 Nights

Parents are working dogs on Brock's North Hill farm

In and Around Mt. Vernon

By Vallie Burton

Vallie Burton has returned home after spending several weeks with her daughter, Mattie and husband Danny Petrey at Somerset due to illness.

Mr. and Mrs. Everett Houston visited her father, Oscar Saylor, at Crab Orchard, last Wednesday.

Mrs. Lori Eaton and son Thomas were in Lexington Saturday.

Mark Eaton and twin sister Julie Coulter celebrated their birthdays March 19th. We wish them many returns of the day.

Mrs. Norma Coffey of High St. has moved to Berea.

Mrs. Harris Burton was in Richmond recently to consult her doctor.

Johnny Eaton III had surgery on his knee last Thursday. We wish him

a speedy recovery. Deepest sympathy is extended to all who have lost loved ones recently. May the Lord comfort each one.

Mr. and Mrs. Everett Houston visited Vallie Burton while Thursday.

Mrs. Pauline Tackett is recovering from a fall recently.

Mr. and Mrs. Junior Blanton visited Vallie Burton Friday afternoon.

Mrs. Carolyn Griffin is on the sick list. We wish her a speedy recovery.

Mr. and Mrs. Danny Petrey of Somerset visited her mother, Vallie Burton, Sunday afternoon.

Mr. and Mrs. Johnny Eaton II and Patricia Holland visited Mr. and Mrs. Kevin Coulter and children Sunday and attended church with me.

Hammond Lawn & Garden

Mulch • Fertilizer
 Seed Potatoes
 Trees • Onion Sets
 Garden Seed & Annual Flowers

Hwy. 461 Loop #1
 Ph. 256-4145 or 606-271-1359

Open Mon. - Sat. 9 a.m. to 6 p.m.

Owner: Clayton Hammond

Gentle Relief

Back Pain • Pinched Nerves • Neck Pain

Dr. Max Meyer is now a Humana provider. Also covered is Auto Insurance, Anthem Blue Cross Blue Shield, CHA, UHC, Medicare, Medicaid, and many others.

We will verify chiropractic coverage for you!

Dr. Max Meyer

Mt. Vernon CHIROPRACTIC

Dr. Max Meyer

70 School St. • Mt. Vernon
 606-256-1986

Re-Elect Darrell Doan SHERIFF

- Proven his ability to perform as Sheriff of Rockcastle County and doing a very good job.
- Lots of experience in law enforcement

Lets keep what works for ROCKCASTLE COUNTY!

Paid for by Lowell Felner

Births and Birthdays



Belinda Renea Sparks - have a happy birthday. I love you very, very much and I miss you.
With Love Your Mom
Jeweldeen Durham



Leandra Faith Sparks
Have a happy 13th birthday.
You are a teenager now, I miss and love you very much.
From Your Grammy
Jeweldeen Durham

Family Life Abuse Center to host free personal safety class for women

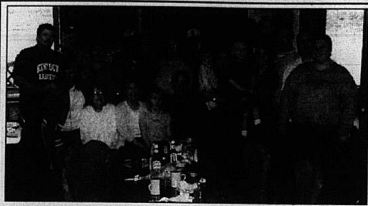
Sexual violence is an enormous problem that most people prefer to avoid. Unfortunately avoiding it doesn't make it go away.

On Thursday, March 30th at 6:00-8:00 pm, Rockcastle County women will have an opportunity to learn personal safety techniques.

The Family Life Abuse Center is sponsoring a free self defense class for women at the CAF Community Center. Martial Arts experts will teach basic self defense techniques and Tips for Reducing Your Risk for Sexual Violence.

There is no charge to attend this event, but pre-registration is required as space is limited.

Register by calling: 606/256-9511 on or before March 29th.
Dress comfortably! Refreshments will be provided.



Maude Mullins celebrated her 94th birthday with family at Ryan's Steakhouse in Richmond on February 25, 2006. Those in attendance included five generations of her family. Helping her celebrate were: Buddy and Anna Mae Mullins, Curtis McHargue, Darlene Mink and Radar, Shane and Ladonya Rice and daughter Addy, Deniece and Jerry Waddle, Jamie Waddle and fiancé Maria and son Carter, Jason and Tammy Waddle and children Sierra and Cameron and Dianne and Phil Childress.



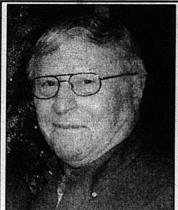
Happy 36th Birthday Lorri!
AKA Little Piggy
Love Always!
Your Husband - Ronnie Owens



Happy Birthday March 9th
We love you forever!
Crystal, Austin, Dylan



Happy Birthday Dad and
Papaw March 27th
We all love you
Crystal, Melinda, Dwayne,
Austin, Dylan and Kayla



Murphy Martin, Jr. celebrated his 73rd birthday March 21st. In honor of his birthday, there will be a party on Saturday, March 25th at 2 p.m. at the Livingston Homecoming room at Livingston. All friends and family are invited.



Hazel Bullock
Today I went out and saw the sunshine, and it reminded me of that sweet child of mine. From her golden locks to her big bright smile. I can't wait to hold her a while. Just the thought of her warms my soul. Keeps me content, it makes me whole. Being without her makes me see, how much I love her and need her with me.
Happy Birthday Hazel
Mommy Loves You

To the people of the 1st District

My name is Ernest Alcorn. I am the son of Gracie Alcorn, 83, and the late Arthur Alcorn.

I am a candidate for CONSTABLE of the 1st District, of which I have been a resident for 42 years.

A lot of politicians forget who voted them into office. Not only do they forget who elected them but what they were elected for. I was always taught that my word is my bond. If elected by the people of the 1st district, I promise to treat everyone as I want to be treated and I'll never misuse the authority entrusted to me by the citizens of the 1st District for ill gotten gains or any other reason. On May 16th, please vote Ernest Alcorn, #2 on the Ballot, for Constable of the 1st District.



Ed. for by Nicholas Alcorn

CONSIGNMENT AUCTION

ONE DAY ONLY!

Saturday, March 25, 2006 - 9:30 a.m. 'till ??
Lincoln County Fairgrounds

Sale organized & sponsored by the Lincoln County FFA Auctioneer: Gary Napier

Equipment will be received:

•Thursday, March 23 •Friday, March 24

Equipment will be accepted on sale day (only if prearranged)

Partial list of equipment consigned: 3 pt. disc, grader blade, utility trailer, NH hay rake, Chevrolet plow, Int. 1300 mower, JD manure spreader, post hole digger, disc mower, grain truck, dump truck, feed wagon, 8 wheel V rake, 17 hydraulic tetter, 20' gooseneck flatbed trailer, cake feeders, horse ring feeders, goat hay racks, JD 7000 4 row corn planter, 3X Ford plow, 2X Ford plow, 2 row NI corn picker, 12' bush hog, 2615 bush hog baling, Int. wheel disc, gravity wagon, wagon gear, boom pole, JD grain drill, Int. square baler 440, NH square baler, NH hay bins

For information and to consign equipment call Lincoln Co. FFA (606) 365-8500 or (606) 365-1800 between 9:00 and 3:00 or Nights: Denise Thomas (859) 328-3628 or Joe Means (606) 669-2511.

Absolute Estate Auction

Personal Property

of Bernice Kidwell Estate

Sat., Apr. 1st • 10 a.m.

5790 Copper Creek Rd. • Crab Orchard

Items to be sold include:

1 owner 1996 Olds Cutlass Supreme (Blue) Vin# 1G3GR47Y3GP397471; Refrigerator; Stove; Washer/Dryer; upright freezer; 3 curio cabinets; couch and love seat; coffee table w/matching end tables and sofa table; 2 burgundy swivel rocker recliners; small antique table; cedar chest; hand stitched quilts; jewelry (two diamond rings, watches, necklaces, bracelets); numerous lamps - antique and modern; antique glassware; Carnival glass; iron skillets; Hogear pots; large porcelain doll collection; lifetime collection of Home Interiors (100s of pieces); household appliances; outside concrete table w/benches; porch furniture - several pieces; numerous concrete yard ornaments; clocks; DVD player; TV; VCR; movies and stereos.

For any questions, call

Larry Kidwell • 859-583-7745

Auctioneer: Jim D. Combs Lic. #P02081



Katherine Robinson
Happy Birthday March 14th
Love you from your sisters!
Jeweldeen Durham,
Ada McGuire, Ollie Cain
and Eva Wynn



Myrtle Eva Bowman
Remembering your birthday March 9th. We all love and miss you dear Mother, who left us in 1991.
From Your Family With Love
Delbert, Ollie, Nannie,
Katherine, Ames, Jr.,
Jeweldeen, Eva, Clinton,
Bobby, Glenn and Cecil

Grandma Rainbow's
LEARNING CENTER
606-256-1823

MVFD Chili Supper and Pie Auction

April 29th - 6 p.m.

Mt. Vernon Fire Department

Everyone Welcome

All Candidates Encouraged to Attend

Menu: Chili, crackers, peanut butter and jelly and pimiento cheese sandwiches, soft drinks and dessert.

Bring the family & join us for a good family-oriented night.

Pasta Buffet

Lunch Buffet 10:30 a.m. - 1:30 p.m. Mon. - Fri.

FRANKS



PIZZAS & SUBS

NOW SERVING

80 Holt Drive • Mt. Vernon

Buffet consists of Lasagna, Spaghetti, Fettuccini, Rigatoni, Pizza, Garlic Bread & much more \$4.50

Not including drink - we serve Pepsi Products

We also have: Oven Baked 8" Subs w/Pizza, Ham, Meatball, Sausage - Only \$4.75
Steak Hoagies A-1, BBQ, Italian - only \$5.75 • Angus Burgers \$3 • French Fries \$1.50
Cheddar Fries \$3.50 • Chili Cheese Fries \$4 • Fish on a Hoagie Bun \$3.25 and Onion rings \$3.

And, of course, the BEST PIZZA in town

Lg. 1 topping \$6 carry-out/dine in only

Birthday parties FREE w/purchase of food. No limit. We have arcade and pool tables. Birthday Party Special - XL 20" Pizza (biggest in town) \$13

HOURS: Sunday - Thursday 10:30 a.m. to 11 p.m. - Fri. - Sat. 11 a.m. to midnight
visit us at www.frankspizza.homestead.com for full menu Credit: Debit Cards Accepted

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Save up to 40% Everyday on your total grocery bill

We Gladly Accept WIC and EBT

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Steaks

119

Extra Savings

Boneless Skinless
Fryer Breasts

169
lb.

Extra Savings

Family Style
Country
Style Ribs

119

Extra Savings

Asst. 2 Liter
Soft Drinks

59¢

Extra Savings

Brawny
Towels

249

Extra Savings

Portman's
Dressings

99¢

Extra Savings

TOTINO'S
PIZZAS

99¢

Produce

Red Ripe
TOMATOES

79¢

Produce

Red/White
Sdls. Grapes

119

Produce

Red Sweet
Potatoes

59¢

Produce

Bell
Peppers

44¢

910 W. Main St. • Mt. Vernon
Phone 606-256-9810

Open Mon. thru Sat. 8 a.m. to 9 p.m. • Sun. 10 a.m. to 7 p.m.



Nine Rockcastle FBLA students traveled to EKU on Wednesday, March 8, to compete with students from over 20 other schools in Region 6. Students participating were: Danny Clark, Ashley Harrison, Ronnie Lainhart, Rocky Lear, Victoria Kirby, Mrs. Hodges, Christen Bryant and Arianna Palmer.

FBLA students compete and win at EKU competition

Nine Rockcastle FBLA students traveled to EKU on Wednesday, March 8, to compete with students from over 20 other schools in Region 6. Two walked away with third place and will attend the State Competition in Louisville on April 11-13. They are: Christen Bryant - Business Law; and Ashley Harrison - Computer Applications. They will compete with other region winners from all over the state for the opportunity to advance to the National FBLA Conference in Nashville, Tennessee in July.

Also participating in the conference were: Danny Clark - Technology Concepts; Nicole Gadd - Accounting I; Victoria Kirby, Erika Prewitt, and Rocky Lear - Bulletin Board; Ronnie Lainhart, Public Speaking I; Lori McClure - Job Interview; and Arianna Palmer - Word Processing. Advisors are Claretta Hodges and Peggy Orberon, Office Technology teachers.

Rockcastle Area Technology Center

was established in 1969 and also offers programs in Health Science, Automotive, Electricity, and Welding. RATIC students are able to earn college credits through Somerset Community College while earning credits at RCHS toward high school graduation. These college credits are free through the dual enrollment program with the college. RATIC building is owned by the Rockcastle County school system and also houses the Job Quest and Americorps leadership development office at the school. Currently there are 401 high school students enrolled, as well as 38 full time SCC college students in the Respiratory Therapy program. RATIC averages 625 different students each year; 90% of RCHS students have a class at RATIC before they graduate high school.

The staff of RATIC congratulate these students on their accomplishments and wish them the best of luck at State Conference in April.



Two Rockcastle FBLA students walked away with third place and will attend the State Competition in Louisville on April 11-13. They are: Christen Bryant - Business Law; and Ashley Harrison - Computer Applications.

We Cater! Call for Details! **Blimpie** Call-In Available 256-4463

WEEKLY SPECIAL

6" Combo 4²⁹

Place 5 or more to go orders and receive one FREE combo meal

BP Exit 62 • Mt. Vernon • 256-4463

Bus Drills Rescheduled Early Dismissal

The Rockcastle County Schools will be conducting bus drills on Friday, April 7, 2006. The Rockcastle County High School and Middle School will dismiss at 2:45 p.m. Buses will proceed to the elementary schools where the drills will be conducted. Please adjust your schedule for this early dismissal.

Tiger Pause

Please remember to continue saving General Mills box tops and Campbell's labels. IGA and Tyson labels are also accepted. BES benefits greatly from these programs. Thanks for helping!

BES Teacher of the week: Mrs. Christy Noble is the K-3 collaboration teacher in the orange pod. She and her husband, Barry, have one son, Carson. They have a black Lab named Beau and two cats, Mamaw and Tom.

Mrs. Christy's favorite food is shrimp, her favorite TV show is One Tree Hill, and her favorite color is

orange. Her hobbies are coaching basketball, laying in the sun, and reading. Mrs. Christy is the head basketball coach of the RCHS Lady Rockets. Congratulations to the Lady Rockets for once again making it to the Kentucky Sweet Sixteen Tournament!

March 24 - science & math fair
March 27-31 - spring break
April 6 - Girl Scouts
April 17-28 - testing period
April 20 - Girl Scouts
May 4 - Girl Scouts closing ceremony



Christy Noble



The RCHS Lady Rockets visited with students during a pep rally held in their honor at BES.



An award winning juggler from the countywide crusade wowed BES students with his juggling skills as he presented a program on making positive choices.

Rockcastle Unites Coalition
OPERATION UNITE
Doing The Right Thing
1-866-434-4382
Your Name Is Not Required!

CLASSIFIED ADS NOTICE

Effective April 1st, all classified advertisements must be paid for in advance.

For your convenience,

we now accept VISA and Mastercard

To place your classified, have your credit card ready and call 606-256-2244 or simply fill out the form below and mail your ad along with your check or credit card information

Classified Order Form

Costs: \$4.00 per week for 25 words or less. Please add 10¢ more for each word over 25.

Payment enclosed Check Money Order
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Please mail to Mount Vernon Signal
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Or have Credit Card # ready and phone 606-256-2244 to place your ad
Ad must be received by Noon Tuesday

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All new subscriptions must now be paid for at time of ordering.

Send in form below with check, money order or credit card information or have credit card # ready and call 606-256-2244

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City _____

State _____ Zip _____

In Rockcastle County \$18.00
Outside Rockcastle \$23.00 Out of State \$30.00
10% Discount for Senior Citizens

Payment enclosed Check Money Order
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Acct # _____
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Please mail to Mount Vernon Signal
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Minds in the Middle

Congratulations to members of our RCMS 7th and 8th grade band who performed at the 2006 Kentucky Music Education Association Solo and Ensemble Festival on Saturday. Scoring proficient in a solo performance were Regina Rice and Nicole McFerron. Morgan Dixon, Ethan Miller, Cody Thompson, and Tara Baldwin scored distinguished in their solo performances. We had some choir members who also participated in this festival. Regina Rice and Rebecca Martin both received a distinguished rating for their solo vocal performances. Those two students joined Haley Davis, Courtney Vanwinkle, Breanna Brock and Dalton Hutton to receive a proficient rating in the ensemble performance.

We are also proud of our students who performed at the 4-H Variety Show. Susan Chestnut received a blue ribbon and Katy Howard placed first in the senior specialty acts. She will now participate in the Area Variety Show. We wish her the best.

Eighth grader Amanda Blount, who won the district spelling bee, competed Saturday at the Kentucky Derby Festival Spelling Bee with 70 other district winners from across the state. Amanda made us very proud by finishing in 5th place.

As usual, our Student YMCA members made us proud at the Kentucky United Nations Assembly. Cheyenne Hensley was awarded the Outstanding Ambassador Award. Our students who represented Chile received the Outstanding Native-Dress Award. All four RCMS nativ-

tries were nominated for the native dress award. The group also received the Outstanding Display Award for their Global Village entry.

The Come to School - See a Movie incentive will conclude on March 24th. All students who have perfect attendance for the month will be in a drawing in their homerooms for two free movie passes to Regency Cinema in London.

Mrs. Singleton's homeroom won the attendance race for last week, followed by Mrs. Stewart's homeroom in second and Mrs. Roberts' homeroom in third.

We greatly appreciate all of those community volunteers who helped to make our annual Reality Store a success: State Farm Insurance, Town & Country Motors, Citizens Bank, Community Trust Bank, Rockcastle Hospital, Ford Realty, parent volunteer Marie Thacker, and First Baptist Church Youth Minister Bryan Phelps. We could not have done it without you!

We send special thanks also to those parents who showed support for our school and students by attending our parent-teacher conferences last Monday.

RCMS was privileged to host a pep rally for the RCMS Lady Rockets on Tuesday. We are especially proud of our own Sara Hammond. Sara is a 7th grader at RCMS who plays for the high school team.

Remember that Spring Break is scheduled for March 27-31. Enjoy this quality family time together!



Mrs. Atkin's RES class recently completed a unit of study on simple and compound machines. Several students created their own machine as a homework project. They did an outstanding job! Our class has also been working very hard to memorize our multiplication facts. We would like to thank Lady Rocket, Jessica Asher, for reading to us on Monday. Go Lady Rockets! Pictured are front row from left: Anna Danrell, Amelia Everette, Samuel Coffey, Rodney Coffey and Steven Rector. Back row from left: Josh Neeley, Justin Hughes, Cassidy Adkins, Steven Lamb, Casey Walker and Shelby Ponder.



Mrs. Nikki McKinney's RES P3 class has been studying about simple machines in science. Students made their own simple machines at home for homework and did an awesome job. Pictured are those who brought in their machines, back row from left: Tyler Neal, Michael McCauley, Cass Ponder, Alex Turner and Dakota Hasty. Front row from left: Timmy Baugh, Ashley Newland, Dalton Long, Anna Poyater and Chris Huff.

National Poison Prevention Week

"Children act fast...so do poisons!" is the theme for the 44th annual observation of Poison Prevention Week, March 19th - March 25th 2006. The theme reminds us that parents and caregivers must always be watchful when household chemicals or drugs are present.

Poison Prevention Week has been designated as the third week in March each year since its beginning in 1961. Congress intended this event as a means for local communities to raise awareness of the dangers of unintentional poisonings, and to take preventative measures against these dangers.

Each year poison centers in the United States receive more than one million calls about children being accidentally poisoned. The Kentucky Regional Poison Center estimates that a poisoning happens in Kentucky about every 10 minutes. Over 50% of these poisonings occur in children.

The most common substances involved in poisonings are cleaning products, pain relievers (Tylenol®, Ibuprofen®), personal care products (perfume, deodorant, etc.), cough/cold medications, household plants, and mushrooms.

Some preventative measures that parents and caregivers can take include:

- Use child resistant packaging, and use it properly by closing the container securely after each use.
- Keep all chemicals and medications locked up and out of sight.
- When products are in use, never let young children out of your sight, even if you must take the child with you to answer the phone or the door.
- Keep all items in their original containers.
- Leave the original labels on all products, and read the label carefully before each and every use.

Do not put decorative lamps or candles that contain lamp oil which children can reach them (lamp oil is extremely toxic).

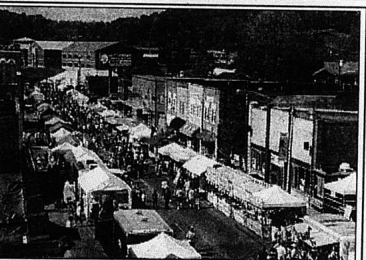
Always turn on a light when giving or taking medicine. Check the dosage every time.

Try to avoid taking medicine in front of children. Always refer to medicine as "medicine" and never as "candy".

Call the poison control center at 1-800-222-1222 immediately in case of a poisoning. The poison control center is available 24 hours a day/7 days a week. In the event of a poisoning, they will need information from the label of the substance ingested, as well as the victim's age, weight, and health conditions.

Keep a bottle of activated charcoal in your home in case the poison control center directs you to use it. Activated charcoal will absorb many poisons into itself and bind them so that they are no longer poisoning the victim. Activated charcoal is a black powder you can purchase at the pharmacy. It is very different from charcoal tablets or charcoal you use in grills. These other forms of charcoal will NOT work.

For more information about Poison Prevention Week, or about poison-proofing your home, visit the Kentucky Regional Poison Center online at www.krpc.com.



The World Chicken Festival held each September in London, Ky, will be featured in an upcoming segment of the weekly television program, "Kentucky Farm Bureau's Bluegrass and Backroads," which will air this Saturday, 6:30 a.m. et, March 25 on WBKI-TV, channel 34 (also check local cable listings). This program will also be shown on RFD-TV on satellite systems, DirecTV, ch 379 and on DISH NETWORK, ch 9409, at 2 p.m. et, Wed, Mar 22, and again on Thursday, Mar 23, at 6 a.m. et.

"What Saith The Scriptures"

Our Lord Jesus said, "And this is the condemnation, that light is come into the world, and men loved darkness rather than light, because their deeds were evil. For every one that doeth evil hateth the light, neither cometh to the light, lest his deeds should be reproved. But he that doeth truth cometh to the light, that his deeds may be made manifest, that they are wrought in God." John 3:19-21. When folks are wanting to do what is right, they will want to come to the light. When men love darkness, they will not come to the light, for the light will remove them. You see: Truth has nothing to fear from an open investigation! When men want to do the right thing, they will be seeking the Lord's will. Even though they may have things amiss in their lives, they want the truth to set them straight. Now people who are not truly, wholeheartedly committed to doing what is right, will shy away from the truth. A lot of folks in religious error, who think that they are doing right, when confronted with the truth of God's word, soon have no defense for their doctrine, and quit studying, how sad! You don't see the early Christians who were in the truth, and were committed to truth, quit discussing with folks in error. No, we see folks were converted, or these ones in darkness quit discussing the matter with the Christians; cf. Ac. 17:1-5, 32-34; 19:8-10, etc. What is your attitude toward the truth???

Previdgepe church of Christ
Dan McKibben-758-9316 - E-mail: Dan.McKibben@juno.com
Web Site: www.WhatSaithTheScriptures.com
Time of Services: Sunday 10am Bible Study, Worship 10:40 & 6:00pm; Wednesday 7:00pm. Radio program, Sunday 8am, 1460 AM

Too late To Classify

For Sale: 1988 Black Cutlass Sierra. Runs and looks good. \$600 obo-256-1581. 20x2.

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State Licensed Hearing Specialist
In-home test available
Call for appointment
Ask about our Special ITE Aid • \$599.00
Fits up to 35db loss • Limited Offer
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Deluxe Nacho Medium Drink 3⁹⁹

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Mt. Vernon





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Quality Work Since 1966

Free Estimates - All Work Guaranteed

606-256-4210

Vote For



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Magistrate 2nd District

Your Vote Will Be Greatly Appreciated!

Paid For By Harold Miller

#2 On The Ballot

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Construction Loans, as well as loans for existing homes, are readily available to qualified applicants at Community Trust Bank.

Easy Application
Loan to Value (LTV) up to 89.9%
Low Closing Costs!

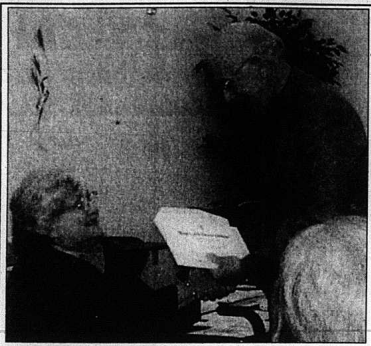


Community Trust Bank

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Step by your local branch for more information. Visit our website at www.ctbi.com to locate the branch nearest you.

www.ctbi.com *Subject to credit approval. Property Insurance Required Member FDIC



Carolyn Gregory Brown presented Mr. Bige Towery, Jr. with the Community Service Award.

DAR news

The Rockcastle Chapter of the Daughters of American Revolution met at the Mareburg Baptist Church on March 14. The program consisted of two parts - an award presentation and Women's Issues/World War II.

After the opening ritual Mrs. Carolyn Gregory Brown presented Mr. Bige Towery, Jr. with the Community Service Award. Mr. Towery was nominated for his outstanding service to Education, the Rockcastle Hospital, and the Rockcastle Development Board.

Mrs. Molly Belcher introduced Mrs. Virginia Kelly Newland, who was the speaker for the second part of the program. Mrs. Newland is the daughter of Charles "Commander" Kelly of World War II fame. Mrs. Newland brought a large scrapbook and other mementos documenting her father's life. After reviewing the main events of her father's life, Mrs. Newland answered many questions from the group.

Thomas Benton
pull
lever
5
MILLER
for
Magistrate ~ 2nd District



Virginia Kelly Newland was the speaker during the second part of the DAR program.

"Rally"

(Cont. from front)

The fire department will be selling hamburgers, hot dogs, baked beans and chips.

Everyone is encouraged to attend this rally, listen to the candidates speak and enjoy fellowship with every body.

Hope to see you there!!!

Email the Signal at mvsignal@alltel.net

Agricultural News

By: Warden Alexander, FSA Director

Conservation Reserve program Sign-Up 33

USDA's Farm Service Agency (FSA) will hold a Conservation Reserve Program (CRP) general sign-up from March 27 to April 14, 2006.

CRP is a voluntary program that helps agricultural producers safeguard environmentally sensitive land. Producers enrolled in CRP plant long-term, resource-conserving covers to control soil erosion, improve water and air quality, and enhance wildlife habitat. In return, FSA provides participants with rental payments and cost-share assistance. Contract duration is between 10 to 15 years.

Land that is not currently enrolled in CRP may be offered for enrollment during CRP sign-up 33. In addition, CRP participants with contracts expiring on Sept. 30, 2006, may submit offers.

To submit CRP offers, producers must visit their local FSA office. FSA will accept offers only during the sign-up period (March 27 to April 14, 2006).

For more information on CRP, contact your local FSA office or visit FSA's Web site at www.fsa.usda.gov (MILC) Program Revised.

USDA has announced the re-authorization of the Milk Income Loss Contract (MILC) Program with some minor changes through the Milk Income Loss Contract extension (MILCX). The announcement will allow for the continuation of financial assistance on a monthly basis to dairy operations in connection with production sold in the commercial market when domestic prices fall below a specified level.

The MILCX program sign-up will be conducted in 2 phases:

- the initial sign-up which began March 13, 2006 and will end May 17, 2006

- the extended sign-up will begin May 18, 2006 and will end on Sept. 30, 2007

Eligible producers may file an application, CCC-508X, for benefits anytime during the established timeframes for each respective sign-up period. Producers that submit a MILCX for benefits must select the MILCX production start month of commercially marketed production

for which CCC shall begin issuing payments to the dairy operation. FSA makes MILC payments on a monthly

basis when the Boston Class I milk price falls below \$16.94 per hundred-weight (cwt). Payments will be issued based on the selected months' production and for each consecutive month's production thereafter, with a payment rate in effect until the earlier of the following: the maximum payment quantity of 2.4 million pounds is reached or the applicable FY ends. When the Boston milk price exceeds \$16.94 FSA will make no MILC payments to the dairy operation, and production for that month will not count towards the operation's maximum eligible production.

For more information contact your local FSA office.

FSA notifies producers of inadvertent release of personal info

FSA has mailed from Kansas City a letter to all tobacco producers and/or Contract holders on the release of tax identification or social security numbers which were inadvertently released in a contract to people and companies.

Persons wanting additional information on the release of Social Security Numbers or other FSA issues to contact the FSA Helpline at the following toll free number: 1-866-538-2610.

Sales and Purchases of Land

Producers who have purchased or sold land should inform the FSA office of the change. A copy of the deed or land contract sales is required to update FSA records with correct ownership.

Producers are also reminded to inform the FSA office of any change of address and bank account changes.

REMEMBER: FSA's records are only as current as producers provide.

Spousal Signatures

A husband and wife may sign FSA and CCC documents on behalf of each other UNLESS written notification is on file in the FSA office denying a spouse this authority. Spouses may sign most documents, except promissory notes, CRP easements, and certain security agreements.

Account Changes

If you make any changes in your bank account or change banks notify FSA immediately to ensure payments reach your account timely.

This is very important to those receiving TTPP payments as payments can be delayed if they are not aware of changes to your account or routing numbers.

Important program dates

Farm Storage Facility Loan Program sign-up continues
Farm Storage Facility Loans interest rate for March 2006 is 4.500%
LDP sign-up for 2005 crop small grains ends March 31, 2006

NAP Application Closings by Crop

Wheat-September 30th
Crop reporting of small grains is May 31st
DCP sign-up for 2006 crop year ends June, 2006

Grassland Reserve Program Continuous sign-up continues

Conservation Reserve Program Continuous sign-up continues
TTPP Maximum Discount Rate for March 2006 is 10.000%

The US Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program. (Not all prohibited basis apply to all programs). Persons with disabilities who require alternative means for communication or pro-

gram information (Braille, large print, audiotape, etc) should contact USDA's Target Center at 202-720-2600 (voice and TDD)

To file a complaint of discrimination write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, DC 20250-9410 Or call (800) 795-3272 (voice) or (202) 720-6382 (TDD).

USDA is an equal opportunity provider and employer.

"Roundstone"

(Cont. from front)

ing instructor there for many years.

The present center will be used for the Alternative School and as a school bus garage.

One bit of bad news Bray had for the board was that the school system received \$55,000 less from the state, in average daily attendance money, than had been budgeted because, at the time information for the school's budget was gathered, the state wasn't able to provide exact figures for average daily attendance money.

Before the actual meeting started, the Rockcastle County High School Indoor Track Team, who won the state championship, was honored and RCHS senior Colby Brown, who won the individual championship in the 13th Region golf tournament and finished eighth in the state tournament, was also honored.

UNITE holding revival

Youth from Jackson and surrounding counties are invited to participate in a non-denominational Youth Revival to be held March 30-April 1 at the Jackson County Area Technology Center.

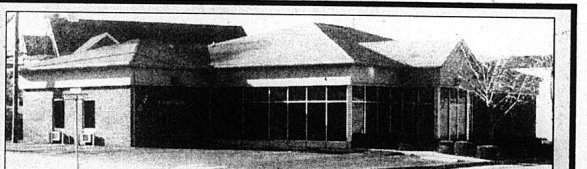
The first 100 youth age 19 and under to attend each night will receive their choice of a T-shirt, sports water bottle or flying disc provided by the Perfect Vision UNITE Coalition and the Jackson County High School UNITE Club. In addition, their name will be entered into a drawing for one of five UNITE Club

to be given away each night.

Youth Revival activities will begin at 7 p.m. each day and include special singing and a guest speaker. The speakers will be: Thursday, Brian Gabbard; Friday, UNITE Club Chaplain Albert Fox; and Saturday, Shane Gabbard.

The Jackson County High School Bible Club and UNITE Club are co-sponsoring the event.

For more information contact Shane Gabbard at 606-364-2110, 606-438-2770 or by e-mail at sgabbard@prtcnet.org.



Joan Edgington



Virginia Hansel



Tanya Simpson



Kim Daugherty



Sheila Lovell

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Brodhead
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Mount Vernon
606-256-2500

McKee
606-287-8390



Mount Vernon Signal

Second Section

Thursday, March 23, 2006

Local writer nominated for prestigious Pushcart Prize

Carrie Mullins, of Mt. Vernon, who read her work at last year's *Evening with Poets*, has been nominated for an illustrious award. Her short story "Plasma," which appeared in *Hazard Community & Technical College's* literary magazine *Kudzu*, has been nominated for a Pushcart Prize.

"Being nominated for a Pushcart is really more than I could ever think of," admits Mullins, "It never oc-

curred to me that such a thing was possible. It is really overwhelming and a great honor."

The Pushcart Prize celebrates the best poems, essays, and short stories that small presses produce every year. It began acknowledging the work of small presses and new writers nearly thirty years ago and it has celebrated the works of such literary luminaries as Raymond Carver, John Irving, Rick Moody, and Susan Minot.

"We knew of her incredible talent," beams Donna Sparkman, *Kudzu's* faculty advisor, "and that's why we asked her to read at *Evening with Poets*. It's edifying that Carrie be nominated for such an important award. We couldn't be happier for her."

Kudzu was a staple at Hazard Community & Technical College for over a decade now. *Evening with Poets*, a free poetry reading held this year on April 20th, celebrates the poems and poets whose work appears in the magazine.

"For me," maintains Mullins, "Evening with the Poets was powerful. I got to hear an established poet - Frank X. Walker - whose work I had read and enjoyed."

"The new [poets] like me had been writing things down at their kitchen tables, and here we all were reading this stuff we came up with at our own kitchen tables in front of a library full of people who seemed to actually be enjoying themselves."

"And it occurred to me that [Mr. Walker] probably wrote at his kitchen table too, and here we all were, reading together. I think having both new and established voices read made it powerful and revelatory to me."

For more information regarding *Evening with Poets*, you can contact Scott Lucero at Hazard Community & Technical College, 606/487-3200 or email at HYPERLINK "mailto:Scott.Lucero@kctcs.edu" Scott.Lucero@kctcs.edu



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50th Wedding Anniversary

Paul and Martha (Blevins) Hamm of Bee Lick will be celebrating their 50th wedding anniversary on March 31, 2006. Their daughters (Kathy Taylor; Karen Coleman and Kandi Hylton) will be hosting a reception in their honor at the Quail Fire Station on Friday, March 31st at 7 p.m. All friends and family are invited to attend. No formal invitations are being sent. No presents please. And, shhhh, it's a surprise!



38th Wedding Anniversary

Happy anniversary to a very special Mom and Dad. William and Genevieve Vaninkle were married 38 years March 11th. We hope God blesses you many more years together. We all love you both very much. Sheila, Ralph, Lorene, Connie and John Wesley



Sparks - Smith

Ashley Sparks, daughter of Darrell Sparks and Beatrice Agee and Kent Smith, son of Keith and Jerri Smith were united in marriage on October 8, 2005. The wedding was at the Faith United Community Church in Nicholasville. The Rev. Vic Reiser officiated. Ashley is employed by Central Baptist Hospital. Kent is employed by Randolph Scott Insurance. The couple live in Lexington.

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Linda Gregory receives Professional Assoc. Award

Linda Gregory, Director of the Speech Department at Rockcastle Hospital and Respiratory Care Center, Inc. (RHRC) received the Honors of the Association Award at the 2006 KSHA (Kentucky Speech-Language Hearing Association) ceremony held in Louisville, KY. To be nominated for this award, the candidate must demonstrate distinguished educational, professional and administrative activity or outstanding services to KSHA. She was also presented with the Johanna B. Hancock award for her outstanding dedication and service to the KSHA membership as an Executive Council member.

Ms. Gregory has been employed at RHRC for 18 years. Ms. Gregory was nominated for her outstanding service to patients, students and the profession of speech-language pathology. In service to patients, Ms. Gregory provides diagnostic and therapeutic intervention to in-patients, outpatients and home health care settings to patients across the lifespan with communication disorders. She has developed innovative treatment approaches for individuals who are ventilator dependent and has a national reputation in this area.

Her work with college students includes teaching undergraduate classes and serving as a volunteer faculty member at the University of Kentucky and Eastern Kentucky University for over fourteen years. Students characterize her as a warm knowledgeable mentor with strong empathy for patients and their families. She was recognized by the University of Kentucky College of Health Sciences for her work with students when she received the 1998 Long Term Care Preceptor Award.

In service to the profession, Ms. Gregory has presented at the local, state and national forums on various

topics dealing with patient care. She is seen as a clinical expert in the area of ventilator dependency. She has also served as a legislative councilor representing the state of Kentucky to the American Speech-Language-Hearing Association for the past seven years and has been re-elected for a third term.

She has been recognized nationally for her clinical skills. In 1992 she received the KSHA-ASHF Award for Clinical Achievement. As the Kentucky recipient, she was nominated for a national award. In that same year, she was the recipient of the tenth National Louis M. DiCarlo Award for Outstanding Recent Clinical Achievement.

She continues to give back to students and the profession and is an asset to community where she works.

Others from RHRC receiving awards for their support of the speech-language pathology field were the Honorable Debra Lambert, Board Member, Cheryl Mullins, Occupational Therapy Director, and Dr. Callie Shaffer, Pediatrician. RHRC is very proud to have Linda Gregory and the other award recipients as a part of our healthcare organization.



Linda Gregory

\$1,000 REWARD OFFERED

For information leading to the arrest and conviction of the person or persons responsible for breaking into the building on RR 2, Sigmon Hill Rd., Livingston, belonging to Donald Everage, the same property of the late Albert Hicks. Anyone with information, please call Sheriff's Dept. at

256-2032 or 606-368-2964

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News from the Rockcastle County Courthouse

District Civil Suits

Anesthesia Asso. vs. Linda J. Hubbard, \$2,534 plus claimed due. C-00023.
London Financial Services, Inc. vs. Victoria E. Thomas, \$1,053 plus claimed due. C-00024.
H.F. Hicks Lbr. Co., Inc. vs. Betty Dooley Smallwood, \$1,557.78 plus claimed due. C-00025.

Marriage Licenses

Regina Lee Collins, 30, Mt. Vernon, nurse, to David Wayne Laws, 30, Florence, factory, 3/11/06.
Amy Marlo Smith, 30, Mt. Vernon, self-employed, to John Nicholas Parsons, 28, Mt. Vernon, self-employed, 3/11/06.

Circuit Civil Suits

Donald L. Roberts vs. Carla A. Roberts, petition for visitation rights. CI-00050.
Credit Acceptance Corp. vs. Donnie Barnett, \$7,591.44 plus claimed due. CI-00051.
Robert Philbeck, et al vs. Jeffrey Philbeck, et al, petition for custody. CI-00052.
Cabinet for Health and Family Services, ex rel Shanda Barnett vs. Courtney Barnett, complaint for child support and medical support. CI-00053.
Hencie Norman Childress vs. Sharina Barnett, complaint. CI-00054.
Scott Smith, et al vs. Brian W. Ramsey, complaint. CI-00055.

Deeds Recorded

Marvin and Amy McKinney, real property located in Rockcastle County, to Rosa Prewitt. No tax.
Norma Saylor, real property located in Rockcastle County, to David and Wendy J. Collins. Tax \$2.50.
Ralph Phillips III and Gordon and Beverly Woodard, real property located in Rockcastle County, to Kenneth and Juanita McGuire. Tax \$20.
Scott and Lisa Statton, real property located in Sunset Place Subdv., to Christopher and Angela Hendrickson. Tax \$219.50.
Thelma and Fred Mullins, real property located in Rockcastle County, to Kimberly and Timothy Tandy. No tax.
Michael Ray and Marian Lyle Cable, real property located in Rockcastle County, to James Douglas and Shelly Jean Clements., Tax \$7.50.

District Court

March 13 - 15, 2006

Hon. Kathryn G. Wood
Stanley B. Sizamore: No/expired registration plates, \$25 plus costs.
James C. Taulbee: Operating motor vehicle under influence of alcohol/drugs, \$200 fine plus costs, \$325 service fee and 30 day operator license suspension.
Ingrid A. Wasson: Reckless driving, \$100 fine plus costs; Possession open alcohol beverage container in a motor vehicle, \$50 fine.
Franklin White: Fleeing or evading police, and other charges, bench warrant issued for failure to appear.
Jon B. Zelinski: Speeding and failure to produce insurance card, license suspended for failure to appear.
Speeding: Diana H. Bowles, dismissed upon payment of court costs; Lucretia R. Brown, Jonathan G. Cooper, Heath A. Heathery, Fredrick W. Jones, Jr., David S. Lacy, Peter Quiring, Michael D. Thomas, Henry Vieta, Timothy R. Dugger, Laura W. Masterson, George J. Nassar, Luis W. Palaguachi, Patricia E. Jones, Shannon M. Sewell, Batsirayiv Zesaguli, license suspended for failure to appear; Sara C. Johnson, Joseph D. McIntosh, Russell R. Morgan, state traffic school authorized on payment of costs only; Ryan M. Nollhoff, paid; Kelli L. Carmack, paid \$148 total fine and costs; Rachel N. Lawson,

\$20 fine plus costs; Joshua T. Broceus, paid \$148 fine and costs; James A. Johnson, state traffic school authorized on payment of costs only; William R. Pollitt, Jr., paid \$148 total fine and costs; George Sartin, III, paid \$148 total fine and costs.
Robert E. Phelps: Reckless driving, \$100 fine plus costs.
Vanessa L. King: License to be in possession, and other charges, license suspended for failure to appear.
Misty R. Major: Fines/fees due (\$153), bench warrant issued for failure to appear, 3 days or payment.
Melissa McKeehan: Driving without license/negligence in accident and four other charges, 60 days on each/all concurrent

Frankie L. Estep: Operating motor vehicle under influence of alcohol/drugs, \$200 fine plus costs, \$325 service fee, 30 day operator license suspension.
Jacie L. Fryer: Operating on suspended/revoked operators license, \$100 fine plus costs.
Mario Gusman: No/expired registration plates/receipt, license suspended for failure to appear.
Liquinista Austin: Speeding, and other charges, license suspended for failure to appear.
Arval D. Robbins: Alcohol intoxication, \$50 fine plus costs.
Sieve Spoonamore: No operators license in possession, 15 days in jail in lieu of \$100 fine; Possession/use of radio that sends/receives police messages, 15 days/concurrent plus forfeiture of radio; Contempt of court, 15 days/concurrent; Violation of Ky. EPD/DVO, 180 days/to serve 15/balance probated 24 months; Contempt of court, 15 days/concurrent
Daniel R. Frost: Speeding and Failure to wear seat belts, license suspended for failure to appear.
Jason C. Grider: Speeding and Failure to wear seat belts, license suspended for failure to appear.
Michael E. Hayes: Alcohol intoxication, \$50 fine plus costs.
Tammie D. Keith: No/expired Ky. Registration receipt, license suspended for failure to appear.
Franklin Delano Christian: No insurance, \$500 fine/suspend 450 on condition; Possession of marijuana, \$100 fine plus costs.

Ricky Curry: Speeding, and other charges, bench warrant issued for failure to appear.
Estell Ray Doan: No operators/moped license, \$100 fine plus costs/suspend \$450.

Ricky D. Barron: Failure to wear seat belts, \$25 fine plus costs.
Leon Basilio: Speeding, and other charges, license suspended for failure to appear.
Johan N. Beras: Speeding and Operating on suspended/revoked operators license, license suspended for failure to appear.
Eric D. Burke: Speeding, \$20 fine plus costs; Failure to produce insurance card, \$25 fine.
Thomas J. Justice: Assault, 4th degree, \$200 fine plus costs and 90 days/probated conditionally 24 months.

Robert E. Northern, Jr.: Fleeing or evading police, 30 days.
Benny B. Hutton: Faulty equipment, court costs (\$128).
Tamadge Hays II: Faulty equipment, court costs (\$128).
Penny Caldwell: Speeding, \$34 fine plus costs; Failure to wear seat belts, \$25 fine.
Christopher C. Clough: Speeding and Failure to wear seat belts, license suspended for failure to appear.
Terry G. Hammons: Operating motor vehicle under influence of alcohol/drugs, \$200 fine plus costs, \$325 service fee, 30 day operator license suspension.
Larissa L. Hicks: Failure to use child restraint device in vehicle, \$50 fine plus costs.
Joyce D. Hoover: No/expired reg-

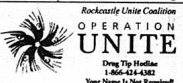
istration plates and Failure to produce insurance card, license suspended for failure to appear.

Larry J. Lawson: Driving under influence, under 21, \$100 fine and 30 day license suspension; Possession open alcohol beverage container in motor vehicle, \$50 fine plus costs.
Carlos Belaskis: No operators/moped license, and other charges, license suspended for failure to appear.
Aaron G. Mallicote: Possession open alcohol beverage container in motor vehicle, \$50 plus costs.

Larry R. Morgan: Part 391 of Fed. Safety Regs, and other charges, license suspended for failure to appear.
Zachary L. Sewell: Operating motor vehicle under influence of alcohol/drugs, \$200 fine plus costs, \$325 service fee and 30 day operator license suspension.

Walter T. Sniff: No insurance, and other charges, bench warrant issued for failure to appear.
Matthew J. Williams: Speeding and Failure to produce insurance card, license suspended for failure to appear.

Shane M. Davidson: Speeding and Failure to produce insurance card, license suspended for failure to appear.
Katherine M. Willis: Possession of marijuana, \$100 fine plus costs and 30 days/probated conditionally for 24 months.



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SALE!

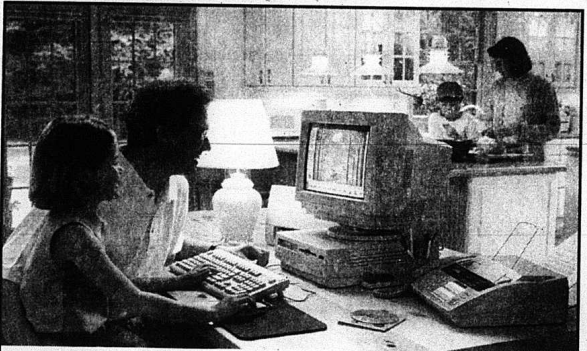
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Are Ya Ready for Spring? Then Spring Into A Home Of Your Own! This mini-farm offers 17 acres more or less located on the Quail section of Rockcastle County. The farm is improved with 4 bedrooms, 2 bath doublewide, two-car garage/shop, 36x60 horse barn, 4x240 horse barn, and a storage building plus an above-ground pool. Plenty of room to roam - only \$164,900. M2090

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Hugged Your House Today? You will feel like doing it every day when you move into this beautiful brick home (featuring a L.A. Dining/Kitchen combo, family room, 4 BR, 3 Full Baths, entry hall, utility room, and attached garage. Other amenities include central heat/air, dirty hardwood floors, a pool, city water and septic. M2103

Convenience... Convenience... This beautiful 2 story home located in the city limits of Mt. Vernon is in walking distance of Mt. Vernon Elementary and downtown Mt. Vernon. This home features 4 bedrooms, 2 baths, large eat-in kitchen, den and utility room. This home has all the convenience and beautiful home. Don't wait act now on this perfectly located home. M2061

Your Own Country Getaway! Relax in your new doublewide situated on 15 acres. This home features a kitchen/dining combo, living room, 4 bedrooms, and 2 baths. This country home is a place to GET AWAY! If you are looking for a spacious home for your family this could be the one for you! Don't miss your chance at a taste of country! \$65,000. M2017

Picky! Picky! Picky! You should be! With new carpet and a fresh coat of paint, this spoolish home really measures up! Rock/Vinyl two-story home offers living room, dining kitchen combo, and utility downstairs plus 2 bedrooms and 1 bath upstairs. Situated on 1 acre w/ an acre view from the patio and it's available now! Only \$57,900. M2039

SALE PENDING

Call today! This ranch style home offers much for so little. Home has 3 bedrooms, 2 1/2 baths, central air heat pumps with 1,250 sq. ft. of living space. M2094

It's Got It All! This home offers 3 bedrooms and 1 1/2 baths, family room, kitchen/dining room, fireplace, cable ceiling heat and also a heat pump. Detached 28x40 garage, above ground pool, and immaculate landscaping. Call today to set up a viewing of this beautiful home. All for only \$99,500. M2071

Comforts of Country Living! Nice 3 bedroom stone and vinyl home offers so much for so little! Sit back and watch the fall colors unfold from your own big bay window. Located in the Orlando area. All and this for only \$65,000. M2055

Convenient! Convenient! Convenient! This home is located within the city limits of Mt. Vernon and has so much to offer! 2 bedrooms, 2 baths, kitchen, living room, dining room, and a two-car garage. The home sits on a beautiful wooded lot and is ready for immediate possession. Owner has a Home Warranty for transfer. Call today for your showing. \$114,900. M2083

SALE PENDING

Private With A Great View! This immaculate 3 bedroom, 2 bath brick home also offers living room, large eat-in kitchen, and utility room as well as heat pump and central air. Situated on 3 acres more or less located only 5 miles from Mt. Vernon. Call for your appointment today! M2019

Valley View! This quiet, cozy country home may be just what you're looking for! This home has 2 BR, 1 BA, Kit, Lin, utility room, a detached garage, and a stream running through the back of the property. Priced at only \$49,900 it's hard to pass up. Call for your appointment to view this home today! M2112

Reduced to \$69,900! "Step In & Feel At Home" This 3 bedroom, 2 bath doublewide has many noticeable features such as privacy fence, 1 acre lot, central air, vaulted ceilings, a garden tub in the master bath, 34x24 attached garage. There is also a storage building and an aluminum carport. The drive is blacktop with access to Hwy. 461. M2100

Convenient Location! Lovely brick home features 2 bedrooms, bath, living room, dining and kitchen combo on the first floor and a bedroom, family room, utility room and a one-car garage in the basement. Other amenities include central heat & air, city water and septic system. Only 1 mile from town! Priced at \$99,500. M2084

Only A Hop, Skip & A Jump To Everything! Only minutes separate you from banking, grocery shopping, schools, and much more in this split level home that features living, family, 3 bedrooms, 1 1/2 baths, entry hallway, and dining kitchen combo. Also includes a one-car garage. Convenience means more family time! \$82,900. M2092

1996 Fleetwood Mobile Home... Includes 2 BR and 2 BA situated on 1.69 acres. Master bath has garden tub. Appliances and washer and dryer remain. Home has central heat/air, as well as a 12x20 storage building with deck. Priced at only \$35,000. M2109

Quiet in the Country! Enjoy the privacy of country living in this vinyl sided home that features 2 BR, 1 BA, living room, kitchen, utility room, and partial basement. Other amenities include electrical baseboard heat, central air, gas fireplace, city water, septic system, picnic shelter with cello, a barn and 50 acres. M2098

Wow... All of this and More! This brick home has so much to offer - 3 bedrooms, kitchen/dining combo, 2 baths and a huge family room. Extras include gas fireplace, oak cabinets, built-in microwave and dishwasher, central heat and air. In addition, there's a 32x44 garage that is situated on this 5 acres on Highway 365. Eubank. \$159,900. M2089

Tender Loving Care! This home is located close to schools and shopping areas. And just needs you to fill in the rest. Home offers 3 bedrooms, bath, kitchen and dining room with over 2,000 sq. ft. of living space. Also has a fenced in yard. M2068

The Clock is Ticking... don't let time run out on this special buy! \$34,900 gets you lovely vinyl home featuring 2 bedrooms, a bath, living room, dining/kitchen combo with custom oak cabinets and appliances plus a utility room. Extras include KU electric, electric heat, double insulation, front and back porch, city water and sewer. Conveniently located in the city limits at 205 Church St., Livingston. Tick Tick Tick! M1851

Established - Profitable motel located on I-75 - Exit 59 - Owners wanting to retire. 50 units - pool - near Reno Valley and Mt. Vernon. M1963
Near I-75 - Reno Valley, 26 Acres - Strategically located commercial property. City water/sewer available. M1426
1/2 Mile from I-75 - Tracts ranging from 3/4 acre to 4 acres - good visibility - high traffic count - city water and sewer available. M1772
REDUCED! Established Business for 85 Years... continues to be the only store in town! For only \$129,000, you can own this OPPORTUNITY OF A LIFETIME - Includes building, all equipment and gas pumps. Building has basement, gas, central air, KU electric, city water and sewer. Records available to qualified prospects. M1881
Commercial Potential! 1.7 acres in city water available and city sewer available. Improved with 73x123 shed building. Ideally located on the Hwy. 461 bypass. \$125,000. M2049
Grocery Business Opportunity! This grocery/convenience store building features propane heat and central air and all equipment is included. Situated on 1 acre w/ mill with blacktop parking lot, this is an opportunity you don't want to miss out on! \$139,900. \$1200

Unbelievable - In Brothel! Over 4,000 sq. ft. of living area. Quality workmanship oak cabinets, w. floors, fireplace, 4 BR, 3 BA, attached garage, plus a 22x56 garage/shop. All for only \$175,000. M2094

Country Living! This doublewide offers 3 bedrooms, 2 bath, on a black foundation and lot to mention the great country view! All this for only \$56,900. M2063

Make It Yours! Call now for your appointment to see this nice ranch home in a quiet country location. The floor plan consists of 3 bedroom, 1 bath, living room, and kitchen. All this and more for only \$39,900. M2076

What A Place To World! A commercial 4 bay garage with office space. This includes RECC utilities, concrete floors throughout, adequate parking and city water. M2095
Hilltop View near the city limits of Mt. Vernon. Over 16 acres off our state marketable timber plus 100 acres. M2042
4 Acre Tract - mostly wooded - blacktop roof frontage, city water and sewer available. Just off Highway 461 bypass in Mt. Vernon. Priced at \$21,900. M1927
REDUCED! 4-Wheelers - Hunters - Timbermen! If your idea of a good time is a leisurely ride through the woods, shooting some game or a real estate investment with timber to boot, we've got your "dream" property. 120 acres of opportunities including grazing, creek and some spectacular views. Located in Calloway and priced at \$74,900. M2041
An Excellent Spot... for your new home! This 5.24 acres more or less near fully cleared, level farm land. Includes a 16x16 ft. shed. Build your dream home in the midst of a good neighborhood. Located on Latham Road in the Walnut Grove section of Putaski County. M2046
"A" Rated Acreage - prime and almost perfect is the best way to describe this beautiful property. It includes timber, springs, a creek, and cleared land. Located in the Goodhope section of Putaski County. All for \$149,900. M2057
"Hunt One - Hunt All!" Whether your hunting for animals or a nice place with above room to build your custom home this could be the one! Timber land over 25 years! Woods Galore only 2 miles from Highway 461 on Hwy. 1250. Call for directions to the property you're hunting for! \$99,500. M2093
Picturesque & Private! 17 acres in total. 15 acres in bottom land with creek. 5-6 acres wooded. Includes mineral water. M2096

Now On The Market! Private Country Setting! If that's what you're looking for - then look no more - this is the home for you! This cabin offers 2 bedrooms, a bath, living room with fireplace, eat-in kitchen, and a screened-in porch. Call today for your appointment to see this country getaway. M2091

More Bang For Your Buck! This like-new 3 bedroom 2 bath home offers try ceilings in the living room, central heat and air with a fireplace in the basement. The walk-out basement is finished with a huge family room, 2 bedrooms and garage. In addition, there's an above-ground pool and a 20x6 work garage. Located in the Brindle Ridge section, this one worth viewing! M2092

Easy on the Eyes and Easy On Your Wallet! This doublewide is situated on .84 of an acre and has a lot of extras. The home has 3 bedrooms, 2 baths, eat-in kitchen, dining room, central air and also has a covered porch with a block foundation. All the appliances stay with the home including the washer and dryer. M2078

"Rustic Elegance" This home is sure to suit your fancy! The home has a wonderful floor plan with an open living room, dining room and kitchen. There is a separate living room with a gas log fireplace and french doors leading to the deck. This home has 3 BR and 1 1/2 BA. Please call today. This home is one you won't want to miss! M2101

Wow! What A View! This 3,000-sq-ft. 5 BR, 3 BA home has 4 1/2 acres to roam. There is central heat, a gas fireplace, and a large family room. Upstairs features include the room in the kitchen, oak cabinets, stove, refrigerator, garden tub in the bathroom and an attached garage. M2108

Immaculate Home At A Super Buy! This immaculate vinyl home situated on 1.19 acres features 4 BR, 2 BA, LR, FR, Kit, Dining Room, Utility Room and Full Basement. Other amenities include Central Heat/Air, Septic, 2 car attached garage and much more! Make your appointment today! Priced at only \$219,900. M1101

WOW! What A View! This 3,000-sq-ft. 5 BR, 3 BA home has 4 1/2 acres to roam. There is central heat, a gas fireplace, and a large family room. Upstairs features include the room in the kitchen, oak cabinets, stove, refrigerator, garden tub in the bathroom and an attached garage. M2108

We Get Results!

AGENTS

DAVID HENDERSON • 256-2034 **JEFF BURDETTE • 256-3538** **HAROLD BUSTLE • 308 3963**

SANDY BULLEN • 758-8418 **DEBRA C. SMITH • 256-3262**

STEVE BULLOCK • 355-2045 **LINDA DURHAM • 365-9456**

SHELBY REED • 365-7334

SALE PENDING

LOW'S FOR SALE

4 Acres + "Elbow Room" Some flat some hills - some grass some woods, near Mt. Vernon. Building on mobile home site, possible owner financing with down payment. M2099
Located on Hwy. 1004. 2+ acres - city water available - close to I-75. Priced to sell only \$13,500. M2088
Who Would Have Thought... that someone could buy 4.22 acres by survey so cheap? This acreage is level to gently sloping - balance in woods. City water available. M2020
"A" Rated Prime and almost perfect is the best way to describe these well-located lots! Located in exclusive neighborhood near Mt. Vernon and Eubank on Highway 125. These restricted lots are ideal for your new dream home! Prices range between \$10,000 and \$14,500. Once-in-a-lifetime opportunity awaits you here! M1941
Price Dropped \$1,000 Each Per Lot! Several large country lots with a great view. **Hubbald Estates in the Brindle Ridge section - convenient to either Mt. Vernon or Berea. City water - Cable TV - lots range in size from 3/4 acre to 1+ acre. Now only \$8,900 to \$17,900. M1979**
They're Going Fast! - Conveniently located between I-75 and 461. There's over 100 restricted building lots in the newly developed Rainbow Ridge Subdivision. Newly blacktopped roads - city water - some lake views. Prices range between \$7,900 - \$16,900. M1798
Hwy. 461 - Putaski County. Easy access to Somerset - Lake Cumberland and I-75. Spacious lots - restricted - City Water - Paved Streets - \$11,900 each. M1831
Excellent Location! - along Hwy. 150 in Brothel! These lots each containing just over an acre. City water available. \$1021.105
Looking for a spot in the country yet close to town... come check out this 3.2 acre lot on the Old Brothel Road. There's 475 feet of frontage with a good view yet private for your new home. City water is available. \$9,900. M2046
Building Time is Just Around the Corner and these lots are ideal building sites. Located in the Lear Creek Subdivision in the Brindle Ridge section of Rockcastle Co. - only minutes from Brothel, Mt. Vernon and Berea. Will sell individual or both for only \$25,000. M1954
Who Less Means More! 1 Acre Lot Country setting on Gateway Laurel in Brothel. Priced to sell at only \$190. M2077

FUTURE AUCTIONS

Absolute Auction of Mr. and Mrs. William Deppes' House and 10 Acres more or less
Saturday, March 25, 2006 at 10:00 a.m.
Ottawa section of Rockcastle County

Absolute Auction of House with Spacious Living Quarters Plus Two Extra Apartments - 13 1/2 Acres
Saturday, March 25, 2006 at 12:30 p.m. - 525 South Dogwood Drive, Berea

Twilight Absolute Auction of Mobile Home and Lot
Friday, March 10, 2006 at 6:00 p.m. - Dusty Trail Subdivision, Mt. Vernon

Auction of Brick House and Lot
Saturday, April 1, 2006 at 10:30 a.m. - 880 Estersburg Road, Eubank

Absolute Auction of Prime Development
25.67 Acres (Offered in Tracts)
Saturday, April 1, 2006 at 12:30 p.m. - Spruce Creek Road, Whitley Co.

Absolute Auction of Mr. Billy Phillips' Farm Equipment - Guns - Personal Property
Saturday, April 8, 2006 at 10:00 a.m. - McKimney section of Lincoln Co.

Absolute Auction of Luster and Bernice Johnson's Approx. 18.26 Acres and 1996 640 Doublewide Mobile Home
Saturday, April 8, 2006 at 10:30 a.m. - Hwy. 525 London

Absolute Estate Auction of the Late Mr. and Mrs. Marshall Jackson's House and Lot
Saturday, April 8, 2006 at 10:30 a.m. - 206 Center Avenue, Somerset

Absolute Estate Auction of the Late Mrs. Marie Robbins' House and Lot
Saturday, April 15, 2006 at 10:00 a.m. - Sunset Place Subdivision Mt. Vernon

4-H Variety Show

4-H Youth Development

John McQueary

Rockcastle County Extension Office

The Rockcastle Co. 4-H Council held its annual 4-H Variety Show on Tuesday, March 7, at Mt. Vernon Elementary School. The Council would like to express thanks to the judges as well as a big thank you to Ms. Cheyenne Hensley from Rockcastle Co. Middle School for being our Master of Ceremonies. Also, we would like to say thanks to Broken Serenity for providing entertainment during intermission.

Listed below are the winners and the club acts they represent.

Club Acts:

1st Place, Ms. Cameron's 5th Grade from Mt. Vernon Elementary

2nd Place, Mr. Robbins's 5th Grade from Mt. Vernon Elementary

Blue Ribbon, Ms. Brown's 4th Grade from Brodhead Elementary

Blue Ribbon, Ms. Viohl's 4th Grade from Roundstone Elementary

Junior Specialty Acts:

1st Place, Heather Clontz, MVES

2nd Place, Lauren Denny, MVES

The following were all Blue Ribbon Winners:

John Logan Huges, RES

Susan Chestnut, RCMS

Brooke McGuire, MVES

Stephanie Dixon & Christina Creech, MVES

Alyssa Allen & Keeley Goff, BES

Caitlin Wilson, Crystal Reddington & Miranda Harding, MVES

Tiffany Collins, MVES

Tyler Harper, BES
Miranda Dinato, MVES
Raven Davis, BES
Mariah Topf, MVES
Kayla Delong & Harley Riddle, MVES

Dustin Taylor & Brady McCure, MVES
Madison Miller, MVES
Senior Specialty Act 1st Place winner was Katie Howard from RCMS.

Educational programs of the Kentucky Cooperative Extension Service serve all people regardless of race, color, age, sex, religion, disability or national origin.



Second place in the club acts was Mr. Robbins' 4H Club from MVES.



Ms. Viohl's 4H Club from RES won a blue ribbon at the county 4H Variety Show.



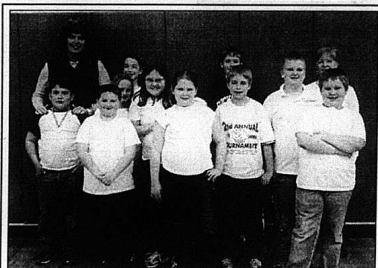
Winners of the specialty acts were: 1st place Jr. division - Heather clontz; Sr. specialty act winner - Katie Howard of RCMS; and 2nd place Jr. division - Lauren Denny.



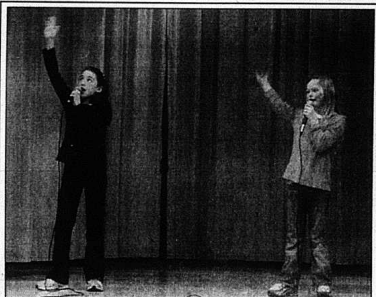
Ms. Cameron's 4H Club from MVES was the first place act with "You Can Do It" in the 4H Variety Show.



Miss Cheyenne Hensley was Master of ceremonies at the 4H Variety Show.



Ms. Sandy Brown's 4H Club from BES won a blue ribbon at the 4H Variety Show.



Alyssa Allen and Keeley Goff won a blue ribbon with "Every move I make."



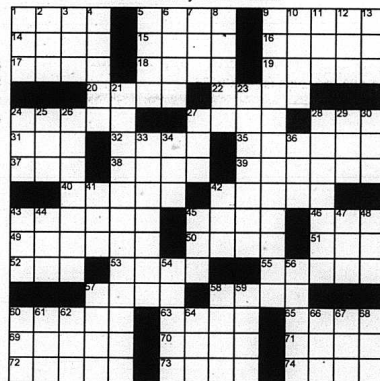
4H junior and senior specialty acts that participated in the county 4H Variety Show.



Broken Serenity provided the intermission entertainment at the 4H Variety Show. Members are Michael Lovell, Michael Campbell, Coty Howard, Justin Miller and Shane Fredericks.

Kentucky Crossword # 260

www.kentuckycrosswords.com



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ACROSS

- 1 American Modernist: 70 Towards
- 5 Historic Lincoln Co. 71 Ferment
- 9 Pat 72 Ordery arrangement
- 14 Mammoth Cave's 73 Was looked at
- 15 Louisville native, folk 74 Bonxie
- 17 Lexington, KY native; 75 One
- 18 founding member of 76 A Kentucky soft-drink,
- the Neon Boys 77 Major (Big Dipper)
- 19 Acoustum 78 Kentucky author of
- 20 Adult Co. hamlet, or 79 "Banks" in Hickman
- unwanted paint 80 Co. or cast metal
- 21 Notion 81 Make over
- 22 Louisville native, folk 82 Former KY governor,
- singer John Jacob 83 Bert T.
- 23 With the bow 84 Kentucky author Billy
- 24 Elliott Co. area named 85 Clark wrote
- for Alpine goat 86 "Goodbye"
- 25 Arts product 87 Kentucky's first state
- 26 Starch 88 park
- 27 School group 89 Operating system
- 28 Lexington throughout 90 11 Mountain
- 32 Approach 91 Afghan monetary unit
- 35 Scammed 92 Prior to
- 37 Winter mo. 93 13 Affirmation
- 40 Elbow bone 94 Kentucky's first
- 41 Abrasive 95 Turf
- 42 Friendly Islands 96 Former WKU
- 43 Frantic 97 basketball star Dellarl
- 45 Gays' halt 98 Historic Lincoln Co.
- 46 Title of Jim Bunning: 99 town, with 5 Across
- Abbr. 100 Creative work
- 47 Get there 101 where one
- 50 Endorsement 102 would find the
- 51 Kentucky Education 103 communities
- Association 104 of Clarence,
- 52 Former name of 105 Delmer,
- Thousandsticks, KY 106 Floyd, Nancy,
- 53 Italian "harp" 107 Naomi and
- 54 "hoop" 108 Ruth
- 55 Elbow bone 109 Bail holder
- 58 Barren Co. hamlet, 110 named for a medicinal
- resin 111 33 Promotions
- 60 Spiral 112 33 University at
- 61 Howl 113 Richmond,
- 65 Larue Co. area, or 114 KY

Rockcastle Community Bulletin Board

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Free Bible Correspondence Course. Send your name and address to Rt. 4, Box 297, Mt. Vernon, Ky. 40456

Hot Rods Sign-ups

Hot Rod sign-ups, for 3, 4 and 5 year olds, will be held April 1st and 8th from 10 a.m. to 1 p.m. at Godfather's Pizza. Parent shirts will be available for \$10 only at signups. This is the 20th year anniversary for Hot Rods.

Intergency Council

The Rockcastle intergency Council will meet Tuesday, March 28, at noon at Kastle Inn Restaurant. The public is invited. Call 256-5315 for more information.

Portrait Fund Raiser

The Mt. Vernon Fire Department is conducting a Portrait Fund Raiser. For a \$20 or more donation, you will receive an 8x10 family portrait. Pictures will be taken May 12-15.

Old Fashioned Tradin' Days

The City of Mt. Vernon's 3rd Annual "Old Fashioned Tradin' Days" will be held Friday, April 21, 4 p.m. to 11 p.m. and Sat., April 22 from 9 a.m. to 11 p.m. Applications may be picked up at City Hall or call 606-256-3437 for more information.

NAMI Meeting

The next meeting of NAMI will be Thurs., March 23 at noon at Cumberland River Comprehensive Care Center. For more information, contact NAMI president Wayne Bullock or Carolyn Reppert Morris at 256-9250 or 256-2129.

Bookmobile Schedule

Mon., March 27th: Scaffold Cane, Disputanta, Anglin Falls, Clear Creek and Wildie.
Tues., March 28th: Stops on 461 and Negro Creek.
Wed., Mar. 29th: No service.

Kiwanis Club Meetings

The Rockcastle Kiwanis Club meets every Thursday at noon at Kenfo Valley Lodge. Everyone is welcome.

Narcotics Anonymous

Tired of drugs and/or alcohol controlling your life? Come join us at

Narcotics Anonymous

every Thursday at 8 p.m. behind Our Lady of Mt. Vernon Church, located on Williams St. in Mt. Vernon. For more information, call 256-9263.

Alcoholics Anonymous

Alcoholics Anonymous meets Tuesday nights at 8 p.m. behind Our Lady of Mt. Vernon Church on Williams St. in Mt. Vernon.

SWAT Team Meetings

SWAT (Servants with a testimony) group support meeting for anyone dealing with addiction or alcoholism on Thursdays, 7 p.m. at Northside Baptist Church, Mt. Vernon.

Support Group

The Stolen Innocence Support Group meets each Tuesday at 7 p.m. at 40 Main Street, Mt. Vernon. This group consists of a group of adults who were sexually molested as children. If you, or someone you know, needs healing and encouragement, please attend. Call 606-256-1543. You will be assured strict confidentiality.

Consignment Sale

Younger Woman's Club of Berea will have its Spring/Summer Consignment sale Friday, March 31, 8 a.m. to 6 p.m. and sat., April 1, 8 a.m. to noon (half price day) at Berea Baptist Church, 310 Chestnut St., Berea, Ky. For information, call Gini Terrill at 859-986-1521.

Bus Drills - Rescheduled

Early Dismissal
The Rockcastle County Schools will be conducting Bus Drills on Friday, April 7, 2006. The Rockcastle County High School and Middle School will dismiss at 2:45 p.m. Buses will proceed to the elementary schools where the drills will be conducted. Please adjust your schedule for this early dismissal.

Gardening in Containers

A Gardening in Containers will be taught at the Extension Office on March 29 at 10 a.m. Spring is just around the corner, so come take advantage of this free class to learn more about container gardening. Call 256-2403 for more information.

Somerset Cinema 8

100 Mercury Blvd. • Somerset • 606-451-0014

<p>INSIDE MAN Rated R Fri. 3/24 - Sun. 3/26 12:55 4:00 7:00 9:40 Mon. 3/27 - Thurs. 3/30 4:00 7:00 9:40</p>	<p>MATCH POINT Rated R Fri. 3/24 - Sun. 3/26 1:00 4:10 7:00 9:40 Mon. 3/27 - Thurs. 3/30 4:10 7:00 9:40</p>
<p>DATE MOVIE Rated PG-13 Fri. 3/24 - Sun. 3/26 1:10 4:00 7:05 9:25 Mon. 3/27 - Thurs. 3/30 4:00 7:05 9:25</p>	<p>DATE MOVIE Rated PG-13 Fri. 3/24 - Sun. 3/26 1:00 4:05 7:10 9:30 Mon. 3/27 - Thurs. 3/30 4:05 7:10 9:30</p>
<p>FAILURE TO LAUNCH Rated PG-13 Fri. 3/24 - Sun. 3/26 1:00 4:05 7:10 9:30 Mon. 3/27 - Thurs. 3/30 4:05 7:10 9:30</p>	<p>MADEA'S FAMILY REUNION Rated PG-13 Fri. 3/24 - Sun. 3/26 1:15 4:20 Mon. 3/27 - Thurs. 3/30 4:20</p>
<p>FOR VENDETTA Rated R Fri. 3/24 - Sun. 3/26 12:45 1:10 4:15 4:50 6:45 7:15 9:45 Mon. 3/27 - Thurs. 3/30 7:15 9:45 9:45</p>	<p>FINAL DESTINATION 3 Rated R Friday 3/24 - Thursday 3/30 7:10 9:35</p>

Tickets for evening shows: Seniors & Children Under 12 - 5¢ • Adults - \$7.00
Tickets for matinee (before 6 p.m.) Seniors & Children under 12 & Adults - \$4
As Always - Children 2 and under FREE!

Showtimes for March 24th through March 30th

www.somsetcinemas8.com

Classifieds

CLASSIFIED RATES

- Local Rates - \$4 for 25 words or less - 10 each additional word
 - Display Classifieds \$5.00/Inch
- Deadline for Classifieds is **NOON TUESDAY**

For Rent: Duplex in Brodhead. All appliances furnished. Call 758-9666. 3xntf

For Rent: Accepting applications at Mt. Vernon Housing Authority on Mondays 9 a.m. til 12 noon. Rent based on income. 256-4185. 14xntf

acre lots - \$500 down and \$100 per month. Call 606-256-5692 or 606-256-5648. 23xntf

Case Knives. Large selection. Napier Bros., 35 Public Square, Lancaster, Ky. 23xntf

For Sale: Cemetery lots, Cresthaven Cemetery, Mt. Vernon. Call Bill Dowell at 308-1058. 31xntf
Carhartt stone-wash denim jeans, long or regular fit, \$26.50. Large selection of Carhartt rough and casual wear. Napier Brothers Clothing Store, 35 Public Square, Lancaster. 859-792-2535. 18ftn

Yard Sales

Yard/Garage Sale: Fri. & Sat. March 31 and April 1 at the home of Bill Parker at Mareburg, Hwy. 2102, beginning at 8 a.m. All kinds of tools, clothing and misc. items. Something for everyone. 20x2p.

Miscellaneous For Sale

Cookware: We stopped doing dinner parties! We have beautiful 17 piece sets left! Heavy 7 ply surgical stainless steel! Waterless and Greaseless! Brand new! Were \$2000, first 7 callers buy for \$368. 1-800-434-4628. 20x1p

For Sale: White vinyl siding. \$50. 606-271-7709. 20x1p

For Sale: 2004 Jay Feather 29' Camper, sleeps 8, microwave, stove, refrigerator, AC/Heat, shower. Used 1 year. Price new \$24,000. Sell for \$15,000. 758-4969. 20x4

For Sale: Camper, Sleeps 3. Needs work. \$750. 2000 Polaris ATV, \$1,500, excellent condition. 758-4771. 19x2

Frank's Kool Cart Sales, Service and Repairs. All makes and models. Frank Lawrence, Hwy. 3245, Brodhead, Ky. 606-271-1308. 25xntf

Wanted

Wanted: Will clean houses. References available. 256-8291. 20x2p

Email the Signal at
mvsignal@alltel.net
Phone:
(606) 256-2244 or
(606) 256-2248
Fax:
(606) 256-9526

Donations Needed

Rockcastle Senior Citizens are now taking donations for their center yard sale. Donations can be dropped off at the center located next to Lumber King or call Pearlle at 256-4316 for pick-up arrangements. All donations are tax deductible.

LAND LAND LAND

Payments as low as \$206 a month!

GARRARD COUNTY
 144 acres, wooded with rugged hills. City and great road fronting sites. Can be purchased as a whole for \$750,000. Approved for 1 building sites.
 Water/Electric/Telephone available.

GARRARD COUNTY
 11 acres, low density building sites. 15 wooded building sites. 1,000 feet available. \$15 to 30 acre. Water/Electric/Telephone available. \$42,500.

GARRARD COUNTY
 115 acres, wooded tract with one acre road fronting to property can be purchased as a whole for \$250,000. Approved for 1 building sites.
 Water/Electric/Telephone available.

Lancaster
 100+ acres of farmland, 8 miles east of 75. 5 unique lots available. \$15 to 30 acre. \$25,900 to \$40,000 per acre.

D.G. Schell

For Rent

Houses For Rent: No pets allowed. Call 256-5770. 20x1
For Rent: House in Mt. Vernon at 670 W. Main St. Electric heat, no appliances, built-in back porch, 2 bedrooms, living room, kitchen and bath. House has been renovated. \$400 mo/\$300 dep. No pets. Call 758-8491. 20x1
For Rent: 2 BR, 2 Bath mobile home in country. No pets. \$375 month plus deposit. 859-552-8384. 18xntf
Trailer For Rent: With option to buy 2 BR/1 1/2 BA, vinyl siding, on 3/4 acre lot w/cement slab and block foundation. \$395 month/\$250 deposit. 859-625-4522 or 606-256-4240. 20x1

For Rent
Maple St. Storage of Brodhead
 256-2884 or 606-308-2491

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 1-800-998-2063 fax 986-6173

Office Hours: Mon. - Fri. 9 to 5; Sat. 9 to 1; Sun. by appt.

Property For Sale

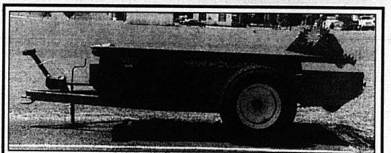
For Sale: Brick home minutes from Mt. Vernon in sight of Interstate 75. Exit 59. 3,700 sq. ft. of living space, situated on one and one-half acres w/ road frontage. Easy access in and out. This is a good home with plenty of extras. Priced at \$119,000. 256-3137. 19x4p

For Sale: Well maintained 99 model (2 bedrooms/2 baths), full electric trailer and lot. There is also a 24x24 barn with it. Located 1/8 of a mile south of Mt. Vernon, one street up from McGuire Subdv. \$32,000. Call for more info, 256-9054 or leave a message at 256-9054. 20x2p

Lots! Lots! Land contract possible. Freedom School Road, about 1 mile off Rt. 150. 4 miles from Interstate 75. Half acre \$5,500 to \$6,300. One acre - great view - \$10,000 to \$12,000. One wooded lot 5 1/2 acres, on Breezy Hollow Lane off Freedom School Road, \$29,000. Private and nice. Ph. 308-2953. 14x8

For Sale: Mobile home lots, located in Sunnyside Mobile Home Park. 5

Kenny Chesney Tickets
 Two Tickets - Section 24 (lower Arena) Row/V Seats 1 and 2 - 576 each
 Concert: March 25, 2006 at Rupp Arena.
 Call: 606-256-5742
 after 4 p.m. or leave message



Manure Spreader For Rent:
 The Rockcastle County Conservation District is now renting out a New Holland Manure Spreader Model 145 with double beaters and 215 cubic feet capacity.

RENTAL INFORMATION:
 \$60.00 per day with \$75.00 deposit due at time of rental (deposit refunded when spreader is returned back cleaned)
 Spreader is located at Burkman's Feed in Mt. Vernon and may be picked up there for rental.

For further information, contact... Burkman's Feed at 256-0344 or Rockcastle County Conservation District at 256-2525 ext. 3.

Brodhead Elderly Apartments

Housing for the Disabled, Elderly & Handicapped
 Free Application Fee
 Rent Based on Income
 Kitchen Appliances Furnished
 Water, Sewer & Garbage Paid
 \$50 gift certificate to Wal-Mart for new Move-ins

For Applications call or write:

Brodhead Elderly Apartments

Rt. 1 Box 10 • Brodhead, KY 40409
 Phone: 606-758-4506 or 1-800-686-4447
 (TDD for speech & hearing impaired 711)

FIRST MONTH RENT FREE

Cave Valley Apartments

Community Designated for People 55 years and older
Rents: 2 bedroom \$308.00
 Section 8 Welcomed • Washer/Dryer Hookups
 Water, Trash and Sewer Provided
 Self-Cleaning Ovens • Dishwashers
 Certain Income Restrictions Apply
 Call 606-256-1387 for application & information
 Managed by Homeland Inc.
 Hearing Impaired Only
 1-800-545-1833 Ext. 336

House For Sale

House with large yard, city limits of Brodhead, great for children, large garden space, total electric, large living room, 3 bedrooms, carpet, bath, kitchen has built-in cabinets, vinyl floor. This is a great starter home or investment for rental property. Priced at \$51,200.
 Call 758-0222 or 256-5670

Home For Sale

Priced at \$129,900
 4-year-old ranch style brick home located in a quiet subdivision of Highway 461 on Loop 1.
 Combination living/dining/kitchen with custom oak cabinets, 3 bedrooms, 2 baths, utility room, attached garage and unfinished walkout basement.
 Call 256-2561



Vacation In Your Home Every Day!

Unique home, great price!
 Call today - this one will move!



Becky McNabb Realtor

Pennington Realty
 Ph: 859-986-8449 Cell: 859-979-0373
 mcnabb@alltel.net



Excellent Location: Lots of Privacy, home located at dead end road between I-75 and Mt. Vernon city limits. 6 acres of farmland completely fenced with barn. Yard landscaped with trees, fruit trees, above ground pool with deck and hot tub. Beautiful view from decks on both ends of house. Main floor includes living room, entry room, dining room, kitchen, 3 bedrooms and 3 baths. Basement open on three sides. Large family room has fireplace with TV area and pool table. Additional bedroom/office, utility room, workshop and storage area in basement. Large 2 car garage attached. Priced at \$165,000.

Prudential Don Foster Realtors
 Call Lloyd Cain at 256-2818 for appointment.



New Construction in Hunter Ridge Subdivision
 "Rockcastle County's Preferred Location"
 This home is Touchstone Energy Certified, with full insulation in the house and garage. Has easy access to lighted crawl space.
 Vinyl siding - MAINTENANCE FREE ranch home sits on a 1/2 acre plus lot and has 2,050 square feet of living space consisting of formal living room, dining room, kitchen with all stainless steel appliances, laundry room, 3 bedrooms, 2 1/2 baths and an oversized 2 car garage with extra storage area. Master suite has his and hers closets and private bath with separate tub and shower. Home features hardwood floors, carpeted bedrooms, and top grade tile in baths and laundry area. Ceiling fans in living room and bedrooms; guest closet in entry and ample linen closets. Large front porch with maintenance free railing, nice patio off kitchen.
 \$179,000
 Call days 606-256-5198 nights 606-256-3198 or Cell 606-308-1008 anytime



MODERN BRICK HOME: Just off Freedom School Rd. Brick, 3 BR, 2 BA, large living room, large family room, dining room and kitchen combo, large front porch, pool, storage bldg., well-insulated, corner. Priced at \$127,000. Call Lloyd Cain at 606-256-2818.



BUSINESS LOCATION: 25 Woodland Place - Mt. Vernon. 2 Acre lot, 3 bay garage, 100' wide x 12' high, 2 lifts, city water and sewer, chain link fence around bldg., office, waiting room, restroom, recycled oil heat. Priced at \$125,000. Call Lloyd Cain at 606-256-2818

Help Wanted

Help Wanted: Avon Rep. needed. Earn up to 50%. Call toll free 1-800-428-9456. Weekends, call 606-256-9791. 41xntf

Help Wanted: Babysitter needed in Mt. Vernon for 3 days a week for ages 9 and 7. Call 606-308-3223, leave message. 20x1

Help Wanted: Christian female to assist mother and two children in home weekdays 8 to 9 a.m. and 4 to 9 p.m. and weekends 8 a.m. to 9 p.m. Please call 256-0994. 20x1

Help Wanted: Drivers High \$\$\$ Pay! home every week end. Call for program details today. 80-473-5581. Recent Grad? Need CDL? 800-247-2862. Ext. 3
www.temarycars.com 20x1p

Job Fair

Immediate Openings

DSPs (no experience required) also
RNs, LPNs
Team Leaders
Active Treatment Specialists
Psychologists

Wednesdays 10 a.m. - 6:00 p.m.
Saturdays 10:00 a.m. - 4:00 p.m.

Best Western (next to Lowe's) in Somerset, Ky.

Sign-On Bonus For All Positions

Liberty Healthcare is seeking Direct Support Professionals (entry level), no experience required, starting pay \$11.50. Team Leaders, Registered Nurses, Licensed Practical Nurses, Active Treatment Specialists and PhD/Master level Psychologists to work at the Oakwood Community Center for the developmentally disabled in Somerset. We are accepting applications for other disciplines as well. Competitive compensation and benefits. Generous paid time off. EOE.

Help Wanted: For route in Mt. Vernon/Broadhead area. The Lexington Herald Leader has a morning route available in your area. Route takes about three hours daily with an approximate profit potential of \$1200 month. Dependable transportation and ability to be bonded required. Call 1-800-999-8881. 19x2

Mobile Homes

For Sale: 1992 Clayton 16x60 on Purk Rigsby Rd. 2 bedrooms, 2 baths, 3/4 acre, brick-link fence, privacy trees, 24x32 block garage storage, \$28,900 obo. 859-200-9061 or 606-758-8120. 15x2pntf

For Sale: 1x2x60 Holly Park Mobile Home. 16x60 extended living room, reinforced with breaker box, new furnace, two air-conditions, stove, refrigerator and dishwasher, couch and love seat, washer/dryer hook-up, \$4,500. Must be moved. Call 606-256-5742 after 4 p.m. or leave message. 20x1p

IMMEDIATE OPENINGS!!

Up to \$10/hour

- Inspectors
 - Forklift Operators
 - Packaging Associates
 - Press Operators
 - Material Handlers
 - Machine Operators
- Must be flexible to work OT including weekends. Must be able to pass a drug screen. All shifts available.

For More Information Call 859-624-3111



Mobile Home and Lot: 2004 16x60, 1 acre lot, heat pump and air, 2 BR, 2 BA, stove, fridge, washer and dryer. Brohead - Quail Acres. \$32,000. 859-623-4566. 18x4p

Lux Homes now has a 32x80 on display. Also five bedroom, 3 bath homes. 606-676-0503. 20x1

For Sale: 711 Lux Homes. 16x80 Repos. 3 bedrooms. 606-676-0503. 20x1

Lux Homes is overstocked. Close-out sale!! 2006s are rolling in. New models and colors. Finished drywall homes - made in Ky. 606-676-0503.

Lux Homes has 1st time home buyers. Home-land combos also. 606-676-0503. 20x1

For Sale
Extra nice 1997 mobile home, 14x70, 3 BRs, 1 1/2 bath, situated on 1/2 acre lot about 2 miles from Mt. Vernon on Hwy. 150 behind B&M Liquidators. Serious inquiries only. Call 606-256-9993. 18x4p

Notices

Stanford Drive-In Flea Market opens April 1 and 2. New dealers welcome. For reservations and info, call 606-365-1317 and leave call back number. Located one mile west of Stanford on Hwy. 78. 17x5

Invitation For Bid: The Daniel Boone Development Council, Inc. (DBDC) will receive bids for mowing, trimming and sweeping walks at the Town Hill Rental Complex, located on Sand Springs Road in Mt. Vernon. Bid form can be picked up at the DBDC office at 105 East Main St. (Ashlee's House). Bids will be accepted until 4 p.m., Friday, March 31, 2006. 20x2

Notice is hereby given that Daphne Renee Durham, Rt. 6, Bx. 265, Mt. Vernon, Ky. 40456 has been appointed Administratrix of the estate of Myrtle Fish Smith on the 20th day of February, 2006. Any person having claims against said estate shall present them, according to law, to the said Daphne Renee Durham or to Hon. Willis G. Coffey, P.O. Box 247, Mt. Vernon, Ky. 40456 on or before August 21, 2006. 18x3

Notice is hereby given that David Wayne Creech, 85 Tevis St., Mt. Vernon, Ky. 40456 has been appointed administrator of the estate of Nadine Creech on the 13th day of March, 2006. Any person having claims against said estate shall present them, according to law, to the said David Wayne Creech or to Hon.

PUBLIC NOTICE

Notice is hereby given that PBK Bank, whose main office is located at 120 Frontier Boulevard, Stanford, KY is submitting an application to the FDIC for the purpose of opening a full service office at 810 West Main St., Mt. Vernon, KY.

Any person wishing to comment on this application may file his or her comments in writing with the Regional Director of the Federal Deposit Insurance Corporation at:
Regional Director
FDIC Regional Office
500 West Monroe St., Suite 3500
Chicago, IL 60661

Comments may be submitted not later than April 7, 2006. The non-confidential portions of the application will be on file at the appropriate FDIC office and are available for public inspection during regular business hours. Photographs of the nonconfidential portion of the application file will be made available upon request.

William D. Gregory, 240 East Main St., P.O. Drawer 220, Mt. Vernon, Ky. 40456 on or before September 18, 2006. 19x3

Notice is hereby given that Helen Powell, 406 Kenway Ave., Berea, Ky. 40403 has been appointed personal representative of the estate of Mary Cope, Rt. 3, Box 371, Mt. Vernon, Ky. 40456 on the 1st day of March, 2006. Any person having claims against said estate shall present them, according to law to the said Helen Powell or to Hon. Steven Connelly, P.O. Box 1077, 438 Chestnut St., Berea, Ky. 40403 on or before Sept. 1, 2006. 18x3

Notice is hereby given that Bernice Cromer, Rt. 1, Box 514, Broadhead, Ky. 40409 has been appointed Administratrix of the estate of Elmo Bostic on the 13th day of March, 2006. Any person having claims against said estate shall present them according to law, to the said Bernice Cromer or to Hon. William D. Reynolds, 140 W. Main St., P.O. Box 1250, Mt. Vernon, Ky. 40456 on or before September 18, 2006. 20x3

Notice is hereby given that Lorene Bostic, Rt. 5, Box 38, Mt. Vernon, Ky. 40456 has been appointed administratrix of the estate of Jackie Lynn Mason, deceased on the 8th day of March, 2006. Any person having claims against said estate shall present them according to law to the said Lorene Bostic on or before Sept. 8, 2006. 19x3

Notice is hereby given that Linda Andrews, 212 East South St., Centerville, IN 47330 and David Bryant, 9946 N. Roundbarn Rd., Fountain City, IN have been appointed co-administrators of the estate of Lela Williams on the 27th day of February, 2006. Any person having claims against said estate shall present them according to law to the said Linda Andrews and David Bryant or to Hon. William D. Reynolds, P.O. Box 1250, Mt. Vernon, Ky. 40456 on or before August 28, 2006. 18x3

Professional Services

David's Home Improvements: Storage buildings • vinyl siding • all types of roofing (metal, shingle, rubber) • leak repairs. Free estimates - low competitive rates. 25 years experience. 606-943-9408. 23xntf

Stevens Lawn Care: Grass cutting, landscaping, hedge trimming - hillsides, cemeteries, \$25 and up. Insured - Free Estimates. Monthly billing available. 1-606-256-5485 or 1-859-302-1651. 19x4p

Need Some Help? With Spring Cleaning? Contact Carol Collins, 256-2356. 19x2p

Need Garage Service? Call R&R Hauling at 308-9068. Low monthly rates or pay by bag prices. Clean-ups by estimate. 50xntf

Jack Gilbert & Son Construction. New and old remodeling. Vinyl siding, windows, decks, etc. 606-453-2139 or 606-308-2244. 10x1p

Phelps Roofing. Owner Mike Phelps. Insured, references available, free estimates. 16 years experience. Ph. 606-758-8874. 41xntf

Notice: Will clean houses in Mt. Vernon and Berea area. Basic cleaning or spring cleaning. Reasonable rates. References available. Call 606-758-4714 or 859-302-1340. 19x2

Notice: Will haul off old scrap metal, junk. Metal hauled for free. We also cut up mobile homes and move them. 308-4877. 14xntf

Grave Markers & Monuments: In stock at all times. McNew Monument Sales, US 25, 4 miles north of Mt. Vernon. Phone 256-2232. 13ft U Call We Haul! Firewood, water, cars, coal, furniture - anything you need that fits on a truck. Large or small. We also haul your junk car or truck away for free. 256-9222. 27xntf

JLH Electric - Residential and commercial installation, maintenance and repair, wiring of new room additions, renovations and homes, mobile home service hook-ups, lighting and receptacle circuits installed and repaired. Competitive rates, free estimates, 35 years experience. Licensed and insured. 256-9413. 3xntf

Nighttime Burning Ban Lifted

County Judge-Executive Buzz Carlotis has lifted the nighttime burning ban effective at 5 p.m. Monday, March 20, 2006 due to recent precipitation. This means that it is now lawful to burn only between the hours of 6 p.m. and 6 a.m. According to state law, it is illegal to set any type of outdoor fire between the hours of 6 a.m. and 6 p.m. through April 30, unless the ground is covered with snow.

1/s/ Buzz Carlotis
Rockcastle County Judge Executive

Hayes Gravel Hauling: Driveways, etc. Over 30 years experience. 606-256-1691, 606-256-4695, 859-544-7730. 15xntf

Ferry's Construction: We specialize in room additions, decks, electrical and plumbing repair. 24 hour emergency service. Honest and reliable. All work guaranteed. Contact Robert at 606-256-0173. 16x4

Larry's Seamless Guttering
Vinyl Siding • Soffits • Seamless Guttering
Free Estimates
606-758-4228 or 606-308-1030
20x1p

P&P Guttering: 5 & 6 inch seamless gutters, siding, soffit and window installation. Call 256-4393. Free estimates. 21xntf

Pink Poodle Parlor - 256-4737. Located behind Carter's Market. Grooming and obedience classes. 12x5p

Lovell's Gun Sales & Repair: New and used guns for sale. Ammo and gun accessories. Repairs, stock refinishing, hot-bluing. Certified gunsmith/licensed firearms dealer. Maple Grove Road, Mon-Fri. 5 to 8 p.m. 256-3539. 11xntf

Gail's Pampered Pooch 57 West Main St. • Broadhead 758-0064
Professional Pet Grooming
lams & Eukanuba pet food plus pet supplies available. 20xntf

Sewing Machine Sales & Service: 40 years exp. Leroy Davis, 407 Crab Orchard St., Lancaster, KY 40444. Phone 792-3149. 42xntf

Jim Sandusky Roofing: Free estimates. Call 1-859-983-7877. 40xntf

Posted

Posted: No hunting, trespassing, four-wheeling on property belonging

Carpenter's Seal Coating & Stripping

Driveways, Parking Lots
Residential, Commercial, Industrial
Insured-Experienced-Free Estimates
Call 859-661-0312 or 859-661-3131

Helen Abney
27 Years Experience
INCOME TAX SERVICE
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Newland Construction Co., Inc.
Asphalt & Concrete Paving,
Sealing & Stripping Driveways,
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Individuals - Partnerships - Corporations
Electronic Filing Available For an appointment Call 256-3976

Charlie's General Construction
Garages - Outbuildings - Decks
Roofing - Room Additions - Remodeling
No Job Too Big or Too Small
Charles Hardee - email: charles949@alltel.net
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Virginia McKinney
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Our expanding company needs 25 full-time honest and dependable men and women. We offer great pay, benefits, vacations, bonuses.
Call us for job security and the chance for advancement!
CALL NOW TO SCHEDULE INTERVIEW!
859-625-9122

ROCKCASTLE
HEALTH AND REHABILITATION CENTER, INC.
Environmental Services Position Available
Rockcastle Health and Rehabilitation Center, Inc. is currently accepting applications for a full time Environmental Services/Housekeeping employee. For more information or to schedule an interview contact Willene Wallin (606)758-8711.
EQUAL OPPORTUNITY EMPLOYER
7190 West Main Street • Broadhead, KY 40409 • Ph (606) 758-8711

ROCKCASTLE
HEALTH AND REHABILITATION CENTER, INC.
Dietary Position Available
Rockcastle Health and Rehabilitation Center, Inc. is seeking a dietary aide to work 2nd shift. High school education or equivalent is required along with basic cooking skills. Experience preferred but will train. For more information contact Sarah Lefler, Dietitian, at (606)758-8711.
EQUAL OPPORTUNITY EMPLOYER
7190 West Main Street • Broadhead, KY 40409 • Tel (606) 758-8711

ROCKCASTLE
MEDICAL ARTS BUILDING
LPN or CMA Position Available
The office of Dr. Karen Saylor and Dr. David Bullock are currently seeking a Licensed Practical Nurse (LPN) or a Certified Medical Assistant (CMA). Start date for the position will be May 1. This job offers an excellent benefits package, no weekends, and no holidays. For more information or to schedule an interview contact Brandy Myers at 606-256-4148, by email at b.myers@rhcc.org, or fax resumes to 606-256-5191. All resumes must be received by March 31.
EQUAL OPPORTUNITY EMPLOYER
140 Newcomb Avenue • Mt. Vernon, KY 40456 • Ph (606) 256-4148 • Fax (606) 256-5191

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OVER 10 YEARS EXPERIENCE

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Mowing, Bushhogging, Fence Rows Cleaned
Pressure Washing, Gutters Cleaned
Fertilizing - Seeding - Mulching
No Jobs Too Big or Too Small • Insured
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Randy Lake
Billy Todd

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12x20 Units • Clean • Dry • Fully Lined to Ceiling
Concrete Floor & Ventilation • Gated for your security
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Located on Old Somerset Rd./Fairground Hill
Former A.B. Thomason Property
606-256-5198 Days • 606-256-3198 Nights
Call 308-1008 Anytime

B&D Hauling & Excavating

*Backhoe & Bulldozer Work
Custom Topsoil Hauling
Fill Dirt & Gravel*

Brian Durham
606-758-4248

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For all your floor coverings and supplies visit us in Mt. Vernon.
Armstrong No Wax Linoleum 4" sq. yd. 256-5413

Classified deadline is noon Tuesday

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Tree Trimming • Landscaping • Stump Removal

Free Estimates - Over 20 Years Experience
No Job Too Large or Too Small

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Owners: David & Jenise Coffey

Wide variety of Trees, Shrubs,
Flats of Flowers, Hanging Baskets,
Garden Plants, Bagged Dirt

Open Monday - Saturday 10 to 7 • Sunday 1 to 5
Located in Broadhead beside former Shoprite Building

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Windows, Siding, Soffit, Doors, Decks

20 Years Experience - Free Estimates
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Land surveying, topographical mapping, construction staking.
Professionally Licensed Surveyor
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Decks, concrete, aluminum, vinyl, brick, stone, and more.
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We seal Backhoe driveways
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We also do staining (decks, etc.) and Vinyl Siding Cleaning

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We Now Have Off-Road Fuel!
We are a full service station
We pump your gas - diesel - off-road fuel

24 Hour Towing & Recovery Lockout Service

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New or Old Roofs • Free Estimates
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Mt. Vernon • Located at Nicely's Campground

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Septic Tank Service • Footers • Water Lines
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25 Years Experience • References Available
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equipment hauling ~ basements ~ building sites roads ~ ponds
crushed stone ~ fill dirt ~ topsoil ~ finish grading ~ clearing
general farm maintenance ~ underground utilities ~ footers
central septic tanks ~ licensed septic system installation

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Weekly residential curbside pickup
\$15⁰⁰ per month with Curb Cart

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Tired of sending your computer away to get it fixed?

Call and let us come to you for all your computer needs!

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We offer Plumbing Repair and Electrical Services
Repair, specializing in complete bathroom renovations.
We have over 20 years experience.

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All work is fully guaranteed!

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Call Paul Burton - Day or Night
256-2318 - Mt. Vernon

STOP TERMITES, ROACHES, WATERBUGS

Setup, Consultation,
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Reasonable Rates

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(Leave message if no answer)

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Highway 150 Mt. Vernon, KY

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LONG DISTANCE TOWING
USED AUTO & TRUCK PARTS

David Thompson Day - 606-256-4606 Day/Night Wrecker - 606-256-4606
All Major Brand Tires For Cars - Trucks Farm Tractors
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Pager - 606-730-0620

Town & Country 24 HR. WRECKER SERVICE

All Types of Mechanic Work

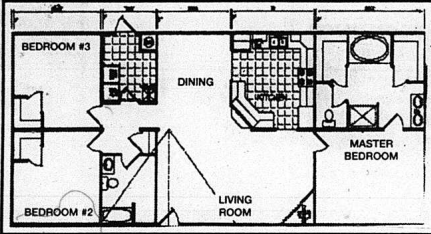
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Our First Big Sale In 2006!!

**GREAT FLOOR PLAN
GREAT VALUE**

Dishwasher, Roman Tub, Refrigerator
w/Ice Maker, Full Stone Fireplace,
Walk-in Closets, Plush Carpet,
3 Inch Crown Molding

\$48,900.⁰⁰



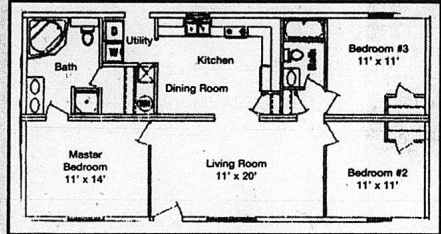
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New home just arrived!

What a home!

Everything you need!

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Home already
set up on lot
Includes land, 4 bedroom, 3 baths, large
kitchen, large living room and den. Ready
to move in. Nice deck on back. Located in
Green Tree Subdivision.

\$75,000.⁰⁰

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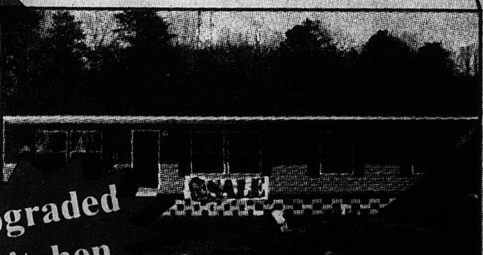


NEW ARRIVAL

COMMODORE

7-12 roof pitch with dimensional shingles. All dry wall home.
2x6 walls, oak cabinets with granite counter tops, glamour
bath, thermo windows, zone III insulation, back entry mud
room w/sink.

**Upgraded
Kitchen**



DUTCH

2X6 walls. Thermopane windows. 5-12 roof pitch, zone III
insulation. All dry wall. Oak Cabinets.

Rockcastle County



**12th Region
Champions**

Lady Rockets

Heading back to "Sweet 16" for third straight year

After shaky start, Lady Rockets turn season around finishing 22-9

After two premiere seasons, which included the Lady Rockets second and third trips to the state tournament and the graduation of eight seniors, fans might have thought it was going to be a long season. And, after losing four of their first five games, the dark clouds were really gathering over the 2005-06 Lady Rockets team.

However, head coach Chrysti Noble soon righted the ship and the Rockets went on to lose only five more games the entire season, including tournament play, and win 22 games.

The Lady Rockets opened their 2005-06 campaign with a 60-46 loss to Corbin and then traveled to McCreary Central where they once again came up on the short end of a 60-45 loss to the Lady Raiders. Sophomore Sarah Rowe was the only Lady Rocket to score in double figures in that game, getting 21 points.

Their first win came at Tates Creek where they easily won 57-29, with Rowe again leading

the scoring with 18, but then lost to John Hardin in the 3 Bank Classic at Garrard County. In that game, the Lady Rockets were ahead 14-5 in the first quarter but John Hardin regrouped and got the win. Senior Ashley Lunsford, who came through in a stellar way for the Lady Rockets in tournament play, led the scoring in that game for her team with 15. Their fourth loss of the season came to a good Clay County team 66-58 with Rowe again leading the scoring with 17 points.

But, things began to look up at the Berea invitational Tournament where the Lady Rockets reeled off wins against Estill County, 55-39; Northeast, TN, 59-52 and Middlesboro, 54-39 before losing to Barren County 40-28 and receiving the runners-up trophy in Bracket A.

The Lady Rockets were also runners-up in the Boyd Invitational where they defeated Minford, OH 53-52 and Fleming County, in double overtime, 66-62. They then lost to

Ironton, OH in the finals 40-37. In the championship game, seniors Rachel Killen and Ashley Lunsford were the only Lady Rockets in double figures, each scoring 10 points.

The Lady Rockets seventh loss of the season came at the hands of district foe, Casey County, 47-46. The Rockets were up 25-18 at the half of that game and by one with 12 seconds left on the clock. The Lady Rebels won the game on a last second shot under the goal.

But, the Lady Rockets bounced back and took their next four games, three of them at the expense of Pulaski County teams. The Lady Rockets first defeated Somerset 60-46 with senior Jessie Asher and Rowe taking scoring honors with 16 each. The Lady Rockets next took the measure of Pulaski County 51-46 and then, in a make-up game with Somerset, again downed the Lady Briar Jumpers 64-46. Rowe scored 20 points in that game, including nine free throws.

The Lady Rockets' next victim was Whitley County, winning 50-43 behind 18 points by Rowe and 14 from Killen. However, Wayne County got the best of the Rockets in their first meeting of the season, winning 55-52, despite 22 points from Rowe and 18 from freshman Mary Saylor.

The Lady Rockets won nine of their next 10 games, beginning with a 46-45 overtime revenge win over Casey County. In that game, the score was tied at the end of regulation at 37 and Rowe put in three baskets in overtime and Saylor added a basket and a free throw to clinch the one point win.

The Southwestern Lady Warriors were the Lady Rockets' next win, 61-51. In that game, Saylor took scoring honors with 24. Rowe added 17 and Lunsford got 13.

Mercer County was ranked first in the 12th Region for most of the season but the Lady Rockets beat them, in their only meeting, 58-51. In that game,

Lunsford led the scoring for her team with 22.

The Lady Rockets next got their second win of the season over Pulaski County, 59-49 with Rowe getting 17 points, 13 from the free throw line and the Lady Rockets followed that up by sweeping the Laurel Co. teams.

Against North Laurel, the Rockets won 62-48 and they followed that up with a 61-54 win over South Laurel. Rowe led the scoring in both games with 21 and 20, respectively.

The last loss of the season for the Lady Rockets came at the hands of Lincoln County 48-34. Rowe was the only Lady Rockets in double figures for her team with 12 points.

The Lady Rockets ended their season with two wins, beating Jackson County 71-33 and Madison Central 58-49.

Pulaski County was the first victim for the Lady Rockets, winning 62-59 in an exciting game, in the 47th District Tour-

(Cont. to pg. 10)

Good Luck Lady Rockets in the "Sweet 16"

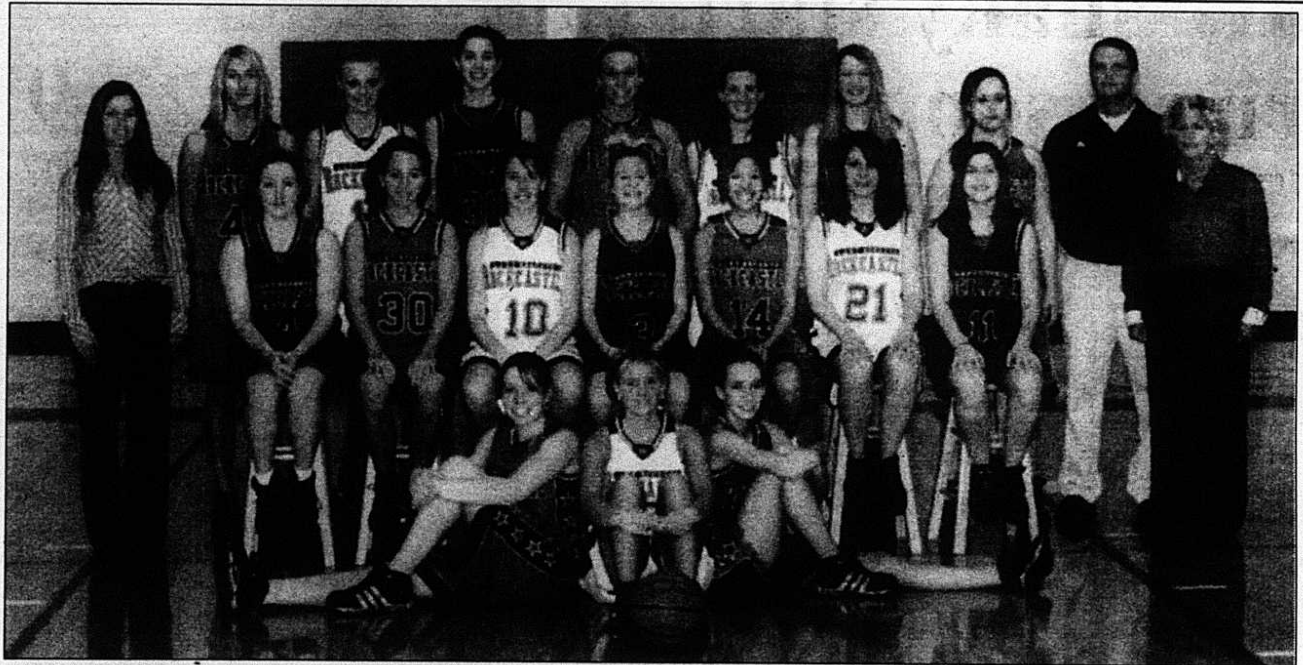
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47th District and 12th Region Champions



Members of the Lady Rockets varsity squad are pictured above, front row from left: Ashley Lunsford, Rachel Killen and Jessie Asher. Second row from left: Mary Saylor, Lura Cash, Sonya Lunsford, Katy Mattingly, Nicole Locklear, Jillisa Lay and Morgan Collins. Back row from left: asst. coach Brandy Smith, Brooke Bowlin, Sarah Rowe, Sara Hammond, Sonya Lunsford, Sarah McKinney, Megan Mazurek, Sara Barnett, asst. coach Derek Dotson and head coach Chrysti Noble.

Best of Luck Lady Rockets in the "Sweet 16"

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Rachel Killen



Sarah Rowe



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Katy Mattingly



Sonya Lunsford

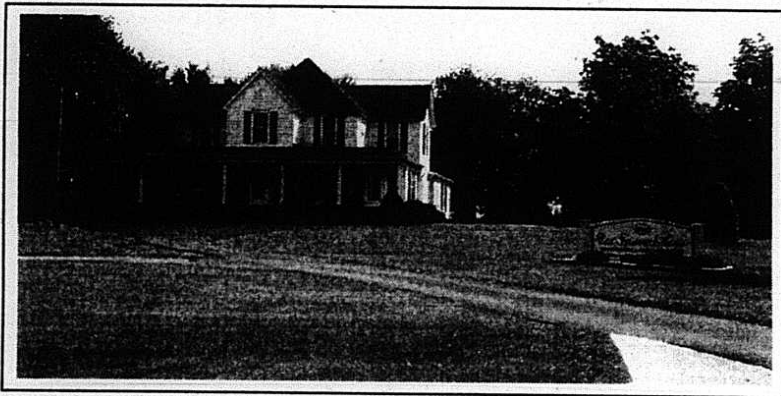


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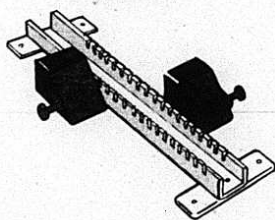
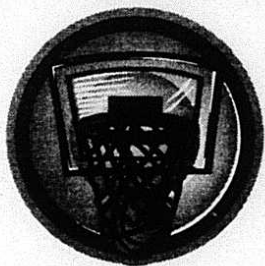


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State Champions

The RCHS girls' track team won the Mason-Dixon Games Class 2A Indoor Track State Championship in Louisville. RCHS defeated a strong defending state champion Paducah Tilghman team 104-94 for the team title. Out of 14 events, RCHS won five state championship events and finished as state runner-up in six events. This marked the first team state title in RCHS school history. Team members include: front row (l to r) - Felicia Cameron, Jasmin Johnson, Vanessa Price, Chelsea Payne, Ashley Partin, Rachele Cromer, Allyson Washburn and Amber Hines; Back row (l to r) - Coach Mark Brummett, Tiffany Smith, Courtney Bullock, Michaela Hunter, Katie Burdette, Kayla Hayes, Morgan Thacker, Samantha Smith, Tanya Sparks, Angie Miller, Deana Gabbard, Jessica Albright. Not shown: Sara Hammond, Sarah McKinney and Morgan Kincer.



Congratulations Lady Rocket Basketball and Girls' Track

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Larry Hammond, Superintendent

2005-2006

Rockcastle County Lady Rockets

Name	No.	Hgt.	Pos.	Grade
Jessie Asher	5	5'6"	G	12
Rachel Killen	15	5'5"	G	12
Ashley Lunsford	20	5'8"	G	12
Lura Cash		5'8"	F	11
Sonya Lunsford	10	5'6"	G	10
Tonya Lunsford	31	5'9"	C	10
Sarah Rowe	12	5'9"	G	10
Sarah Barnett	23	5'6"	F	9
Brooke Bowling	40	5'10"	F	9
Morgan Collins	11	5'6"	G	9
Jalissa Lay	21	5'6"	F	9
Nicole Locklear	14	5'4"	G	9
Katy Mattingly	3	5'4"	G	9
Megan Mazurek	35	5'8"	F	9
Sara McKinney	25	5'8"	F	9
Mary Saylor	4	5'5"	G	9
Sara Hammond	30	5'11"	F	7



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Congratulations Lady Rockets and Good Luck in the "Sweet 16"

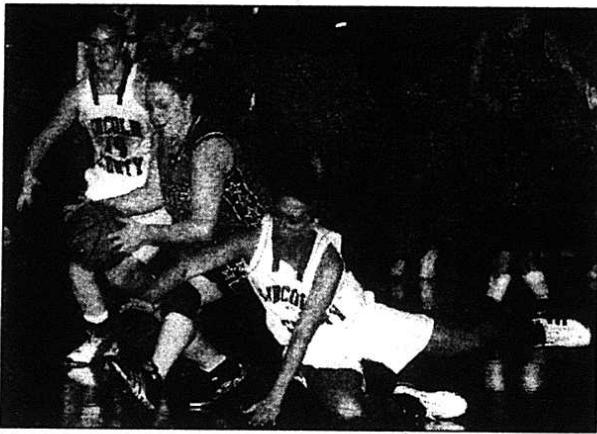
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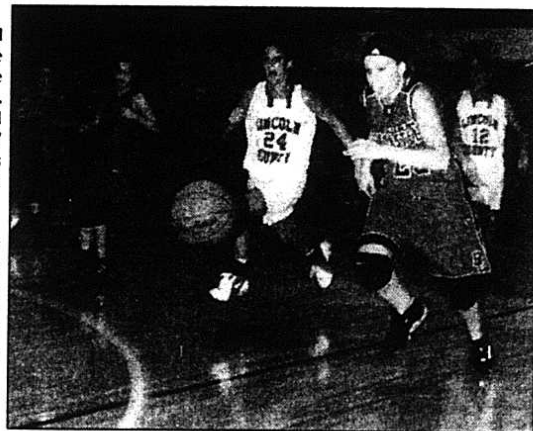


Angela and daughters,
Sierra and Samarah

Paid for by
Angela Stallsworth



At right: Ashley Lunsford chases down the ball during the regional championship game against Lincoln County. Lunsford was second in field goal percentage through 27 games for the Lady Rockets with 48%. She was also second in rebounds with 165.

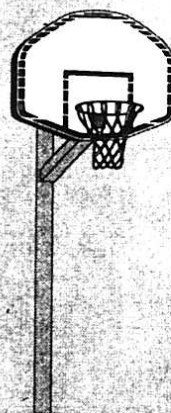


At left: Mary Saylor fights for the ball against two Lincoln County Patriots during the 12th Region Championship game. The win sends the Lady Rockets back to the "Sweet 16" for the third straight year.

Best of Luck

Lady

Rockets!!



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From left: Mary Saylor, Ashley Lunsford and Sarah Rowe were named to the 47th District and 12th Region All-Tournament Teams.

Good Luck Lady Rockets!!

Congratulations
RCHS Track
on your state
championship!

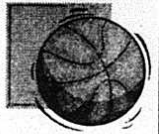
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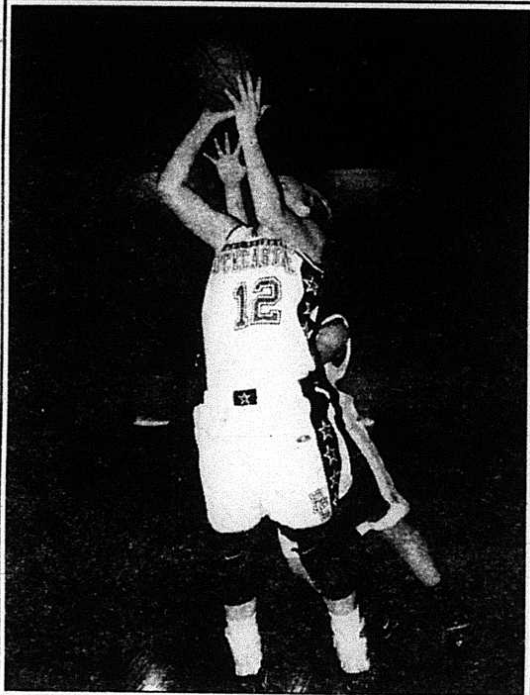
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Sophomore Sarah Rowe led the Lady Rockets in scoring through 27 games with 442 total points and had the highest field goal percentage with 142 made baskets of 267 attempts for 53%. Rowe also led the team in rebounds with 219.

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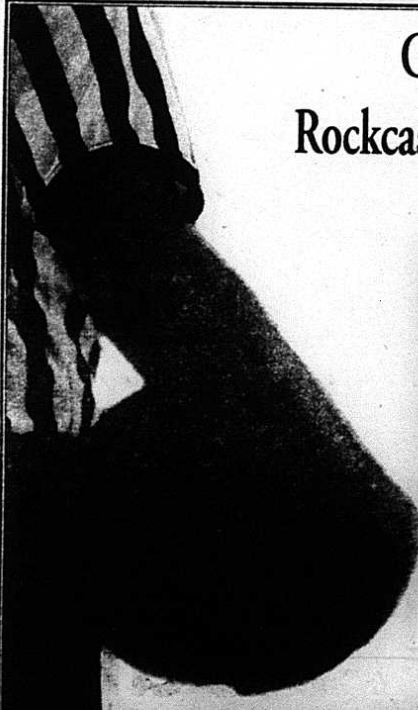
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Lady Rockets supporting their team as they defeat Lincoln 54-50 for their third straight regional championship.



RCBS students showing their Rocket pride.



Chrysti Noble won her fourth regional title in her tenure as Lady Rocket head coach. The Lady Rockets will now take on Letcher County Central Wednesday at 2:30 p.m. in Diddle Arena on the Western Kentucky University campus in Bowling Green.

Congratulations Lady Rockets!

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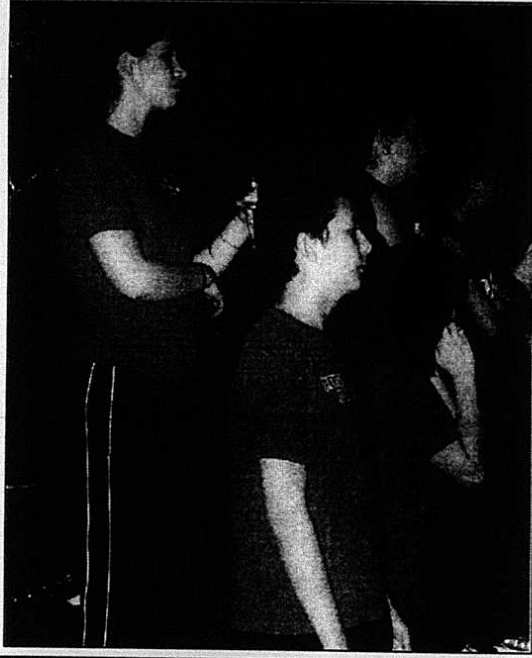
from

County Clerk Norma Houk

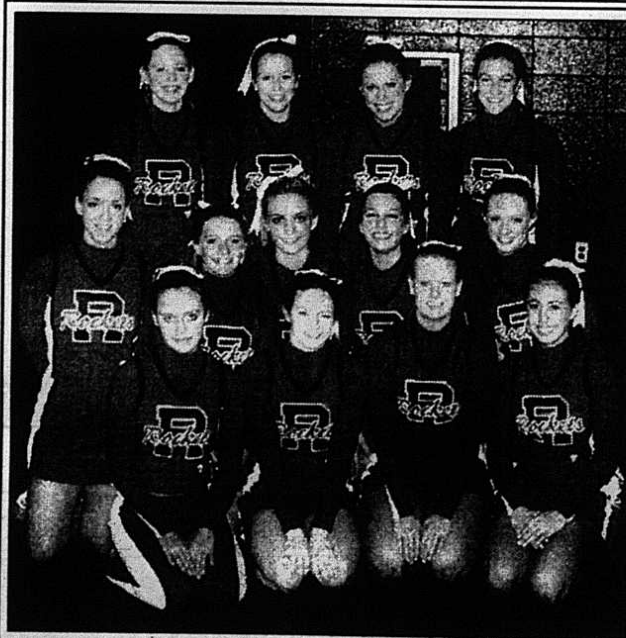
and staff:

Russell Houk, Janet Burdine,
Sonya McGuire, Becky Smith, Anita Moore,
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The RCHS Pep Band kept a busy schedule during the district and regional tournaments supporting both the Lady Rockets and Rockets. In the above photo, Band Director Greg Daugherty leads the group in the fight song. At left, Allison Carter and Michael Browning enjoy the action.



The Rockcastle County High School cheerleading squad was the champions of the 12th Region Boys In-Game Competition. Members of the squad are shown at left, front row from left: Mercedes Burdette, Morgan Kincer, Courtney Cordier and Jerrica Poynter. Second row from left: Elisha York, Ashley Abner, Laura Childress, Leslie Burdette and Kimberly Cottrell. Back row from left: Megan Baker, Katie McClure, Kayla Rowe and Lauren Graham.

Congratulations and Good Luck Lady Rockets in the "Sweet 16"



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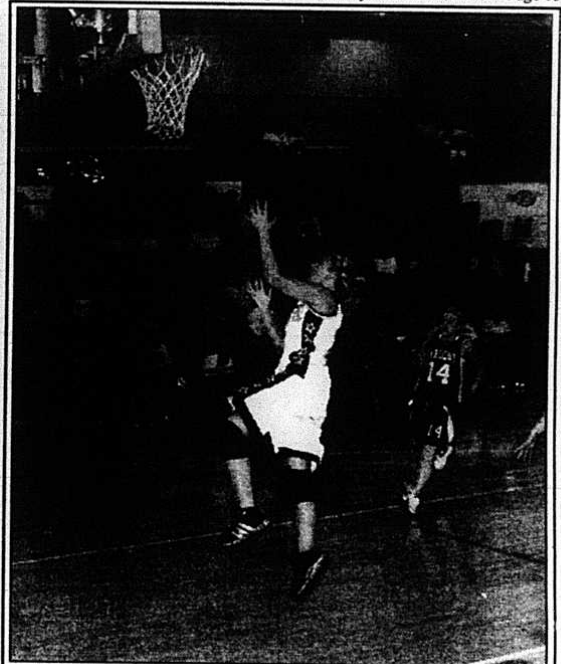
Chief Deputy Clerk Brenda McKnight,
Crystal Griffin, Pat Brown, Liza York,
Renita Blanton, Teresa Amis, Joyce Allen,
Marsha Olinger and Austin Miller

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At right:
Senior Jessie Asher goes for
two points against the
Lincoln County
Lady Patriots.

The Lady Rockets won the
12th Region Championship
game and are heading back
to the "Sweet 16" for the
third straight year.

Below:
Justin Lear,
Megan Anderkin,
Colby Brown and
Holly Kidwell cheer
on the Lady Rockets
in the championship
game against
Lincoln County.



Senior Rachel Killen goes for an easy two points in a game against Pulaski County. Killen leads the team in three point field goal percentage making 32 of 93 attempts for 34%.



***Congratulations Lady Rockets
and the RCHS Track Team!***

Good Luck Lady Rockets!

Congratulations 12th Region Champions!

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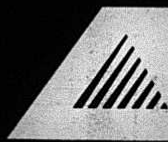
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12th Region Champions

Head coach Chrysti Noble shares the 12th region championship trophy with players Jessie Asher, Rachel Killen, Sarah Rowe and Sonya Lunsford.

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Lady Rockets
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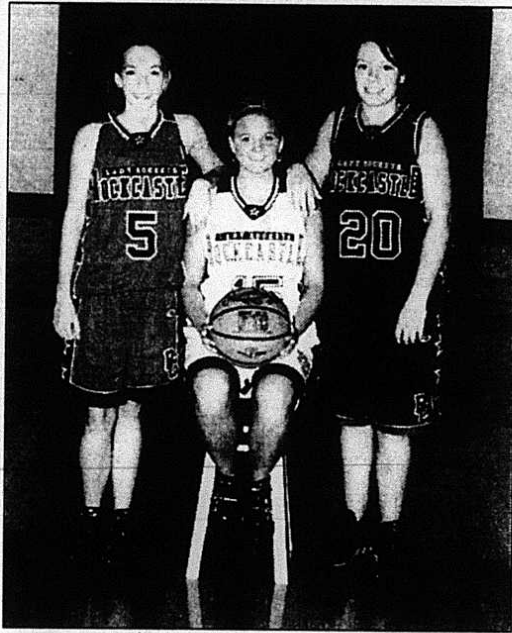
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Senior members of the Rockcastle Lady Rockets are, from left: Jessie Asher, Rachel Killen and Ashley Lunsford.

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“Lady Rockets win third straight regional title”

(Cont. from pg. 2)

nament. The Lady Rockets then went on to down Casey County in the finals 72-68. Ashley Lunsford came up big for her team in the final game, scoring 24 points -- 20 from the free throw line. Although the Lady Rockets never trailed in the game, it was a close one all the way with the Lady Rockets having to withstand several runs by the Lady Rebels, the last one a 15-2 run to bring the Lady Rebels within three at 60-57 midway through the fourth

quarter. Rowe was in foul trouble the entire game and saw limited action so senior Jessie Asher elevated her game to help her team to the district championship.

After a close first half, the Lady Rockets easily handled Burgin 58-31 in the first game of regional action then downed Garrard County 59-48 in the second game.

These two wins put the Lady Rockets in the finals of the regional tournament against the Lincoln County Lady Patriots and got the 54-40 win for the championship of the 12th Region.

In that game, the Lady Rockets got off to a slow start, getting down 8-0 before Asher put

in the first basket of the game for the Lady Rockets at the four minute mark of the first quarter. The Lady Rockets then fought back and the score was tied at 19 all at the end of the first half.

Rowe led the Rockets in scoring with 19 points; Lunsford got 16 and Asher added 10.

The Lady Rockets are scheduled to meet the Lady Cougars of Letcher County Central from

the 14th Region in the state tournament on Wednesday.

Statistically, the Lady Rockets led the 12th Region with 23 wins against 9 losses, Mercer Co. was second with 22 wins against 9 losses.

Mercer County led in total points scored with 2,018 but the Lady Rockets were second with 1,744 total points.

Through 27 games, Sarah

Rowe led the team scoring with 442 total points and had the highest field goal percentage with 142 made baskets of 267 attempts for 53%. Ashley Lunsford was second, making 87 baskets in 183 attempts for 48%. Rachel Killen had the best three point field goal percentage, making 32 of 93 tries for 34%. Rowe also led the team in rebounds, 219 and Lunsford was second with 165.

Follow RCHS Sports through the pages of the Mount Vernon Signal!

Good Luck



Lady Rockets in the “Sweet 16”

Congratulations to the RCHS Track Team

from

Jeff Burdette
Circuit Court Judge



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Good Luck in the “Sweet 16”

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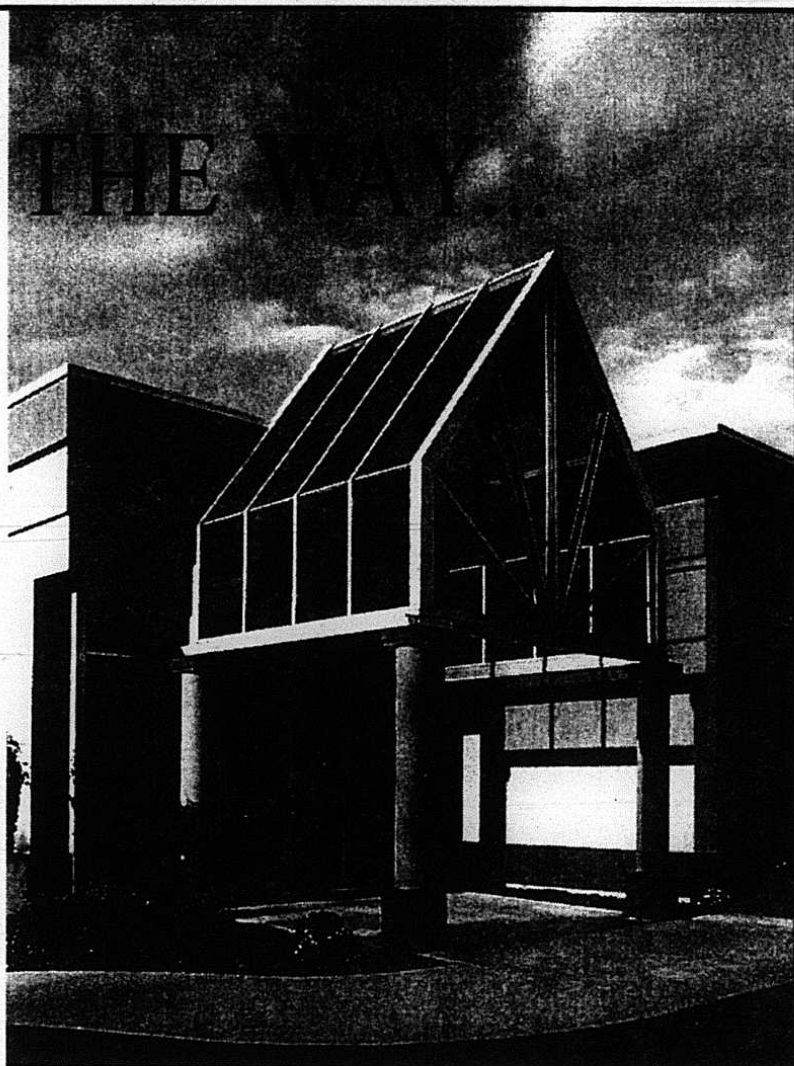
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