

Mount Vernon Signal

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Rickles' bond is \$250,000

A Rockcastle County man, who was arrested only hours after a armed robbery at Citizens Bank in Brodhead last Wednesday morning, told police he robbed the bank in order to pay a drug debt.

Arresting officer, Kentucky State Trooper Tommy Cromer, said Josh Rickles, 27, of Tyree Street, Brodhead, said he was

(Cont. to A16)



Josh Rickles

Condition of 5-year-old upgraded to serious

A spokesperson for the University of Kentucky Medical Center's Children's Hospital said Wednesday morning that the condition of 5-year-old Brandi Bishop, of Rocky Top Trailer Park on Hwy. 461, had been upgraded from critical to serious.

Authorities said Bishop, was unconscious when she was pulled from her burning mobile

(Cont. to A16)

Four cases of Staph reported in schools

Another case of staph infection has been confirmed in the Rockcastle School system.

Rockcastle County Middle School principal Jason Coguer reported on Tuesday that a parent of a student at the school notified administrators at the school that her child had a staph infection.

The child, who was at school on Monday, had received medical attention on Tuesday for the infection and was not at school that day or on Wednesday.

Coguer said the custodial staff had thoroughly disinfected areas of the building in



Supporters of Kentucky Governor Ernie Fletcher gathered at the Old Barn in Renfro Valley on Tuesday evening for a Rally in the Valley. The rally was sponsored by the Rockcastle County Republican Club. The Governor is shown above shaking hands with Berniece Beasley, as her husband Roy looks on. In the background is District Judge Katie Wood, left, and Becky Reynolds, wife of Rockcastle County Attorney Billy Reynolds. See other photos on pg. A16.



Rockcastle County Judge-Executive Buzz Carloftis introduced local and state dignitaries at Tuesday night's Rally in the Valley for Kentucky Governor Ernie Fletcher. Shown above from left are: County Republican Chairman John Ford, State Representative Danny Ford, Kentucky Tourism Director George Ward, Gov. Fletcher and his wife, Glenna. A good crowd turned out to show their support for the Governor, who has been to Rockcastle County several times since being elected four years ago. (Photos by: Richard Anderkin).

Rockcastle has new game warden

Rockcastle County has a new Fish and Wildlife officer.

Rufus Cravens, who has been with the Kentucky Department of Fish and Wildlife for approximately a year, was assigned to Rockcastle County in July.

Rockcastle is Cravens' first assignment after a 40 week training period, which began at Eastern Kentucky University's School of Law Enforcement.

The 30-year-old Cravens is a 2002 graduate of EKU where

he earned a business degree.

However, Craven said he joined the Department of Fish and Wildlife because he is an avid outdoorsman and decided to work at something he loves.

"I grew up hunting and fishing and have worked on farms all of my life - the business community just wasn't for me," he said.

After successfully completing the 18-week standard police training course at EKU, Cravens received 10 more

weeks of specialized training in Fish and Wildlife enforcement at EKU.

Cravens then finished his training to become a fish and wildlife officer by receiving ten weeks of field training with the help of David Thurman, the Fish and Wildlife officer in Madison County.

Cravens replaces former Fish and Game Warden Steve Isaacs, who served as game

(Cont. to A16)



30-year-old Rufus Cravens is Rockcastle County's new Fish and Wildlife officer.

After day long trial Tuesday Jury finds Nick Williams guilty of sexual crimes against his child

By: Richard Anderkin

It took a Rockcastle Circuit Court jury just 90 minutes Tuesday to find a Brodhead man guilty of sodomy first degree and incest against his 21-month-old daughter.

Nicholas L. Williams, 21, of Castle Village Apartments, was found guilty of sodomy and incest by a five man and seven woman jury in the one day trial,

which was presided over by Circuit Judge Jeffery Burdette.

After the guilty verdicts, the jury took another two and a half hours to set Williams' sentence at 10 years for incest and 20 years on the sodomy charge.

Assistant Commonwealth Attorney Jeremy Bartley, who prosecuted Williams, asked for

(Cont. to A13)

Fiscal Court votes to condemn property in Sand Springs area

At a special called meeting Wednesday morning, the Rockcastle Fiscal Court voted unanimously to condemn property on a road in the Sand Springs area, for a right-of-way easement so that the road can be county maintained.

The issue was brought before the court when other landowners on the road asked the county to take it over so they could get a water line to their property. There are five homes on the gravel road, which is off the old School House Hill Road. The road is presently privately maintained and is about 9/10ths of a mile long.

County Judge/Executive Buzz Carloftis said he had written a letter to all landowners on the road and all but one, Alma McCreary, had agreed to giving an easement. Ms. McCreary

owns about 800 feet along the road, Carloftis said.

"The fiscal court has not ever backed off from condemning property when it is for the benefit of the county," Carloftis said Wednesday. "We don't want to do it (institute condemnation proceedings), but we will," he added.

According to Bill McKinney, magistrate for the district, the present road is in good shape with good drainage.

County Attorney Billy Reynolds said the first step would be to obtain easements from the other landowners. Three commissioners would then be appointed by a Circuit Court judge and the land appraised and suit filed. McCreary will then have 20 days to answer the suit.

Mother Nature finally gives county a very good drink of water

Like the rest of the state, Rockcastle County has gotten a much-needed relief from the drought of 2007.

Since Monday, Rockcastle weatherman Bud Cox has recorded a total of 2.80 inches of rain at the weather station in Mt. Vernon.

1.95 of an inch was recorded on Wednesday morning and .85 of an inch had been recorded on Tuesday.

Both recordings were more for one single day than was recorded the entire month of August when just .78 of an inch fell in the county.

The county received 2.61 inches of rain in September and, so far this month, a total of 3.87 of rain has fallen, on nine different days.

The high recorded temperature for the month was 91 on the 7th and 8th and the low re-

corded temperature for the month was 37 on the 13th.

(Cont. to A16)

Judge lifts burning ban

Rockcastle Judge-Executive Buzz Carloftis has issued an order to rescind the September 5th burning ban in Rockcastle County.

Carloftis issued the order after the summer drought caused extremely dry conditions, which led to a number of forest fires in the county.

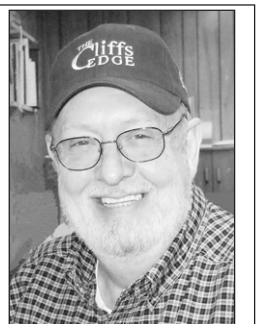
Although Carloftis lifted the ban on Tuesday, after substantial rainfall in the county, he reminds Rockcastle residents that all outdoor burning is prohibited by state law between the hours of 6 a.m. and 6 p.m. until December 15th.



Amanda Brown had her hood up and was armed with an umbrella on Tuesday morning as she went back into work at Cox law office in Mt. Vernon. Mother Nature finally dropped some much-needed rain on the county with almost three inches falling on Monday and Tuesday.

Rockcastle Memories

By David J. Griffin



Recently, while traveling on Nada Tunnel Road in Powell County on my way to the Red River Gorge, I noticed a yard full of chickens. It reminded me of our chicken lot on my grandfather's small farm in Rockcastle County. Pop kept chickens for two reasons: the eggs and the fryers which were served up for Sunday dinner.

My grandmother (Mommie Katie) was the actual caretaker of the chicken brood. On a daily basis, she filled her apron with corn and sprinkled the food all around the chicken lot. I can see her now as the 10-12 hens and our one lone rooster (Big Red) followed her until the corn was exhausted. She was also the one who gathered the eggs each day from the nests. Wonderful, fresh, brown eggs were devoured by our entire family, especially for breakfast.

When one of the chickens became slack in its duty to lay eggs, Mommie Katie would place a stone egg in the nest to cause the chicken to return to its task. This "nest egg" was placed in the nest to induce a hen to continue to lay eggs in that same spot. I was told once that when a chicken returns to her nest and no eggs are there, she thinks that a predator has robbed the nest. I have no idea why this would work but, she believed it did.

I did not question her methods or her intent. Mommie Katie was the boss of the

chicken yard. She told me that, "a good hen would lay about 200 eggs a year." One thing was certain, if a hen did not fulfill her duty, she became Sunday dinner!

Mommie Katie also had Wyandotte and Plymouth Rock chickens. They were chosen for their ability to lay good eggs. Both of these varieties were cold-hardy birds and therefore could withstand very cold temperatures. Both were great breeds for a small farm. And they sure made for tasty fried chicken! Mommie Katie's fried chicken dinner was the best you could find (but that is another story).

Pop taught me to be careful of Big Red, our rooster, because he had been attacked several times by the aggressive Rhode Island Red. I remember one occasion when Pop had me hold the lawn mower on its side while he sharpened the blade. Big Red was strutting in the background and, all of a sudden, he rushed Pop, landing squarely on his shoulders. Pop knocked the bird aside and yelled at the top of his lungs, "Be gone, Red!"

The rooster flew off and landed on a limb of a small tree, keeping a watchful eye on my grandfather. It was a "Mexican standoff" between the two forceful males - Pop and Big Red.

My grandparents had different methods of harvesting the hens for chicken dinner. Pop always grabbed one of the hens and carefully laid its neck across a chopping block in the yard. With one swift motion of his ax, the head of the chicken went flying. He then tossed the hen into the yard to "bleed out."

Mommie Katie did not fool with the ax or a chopping block. She simply grabbed a choice hen and swiftly "wring its neck". Then she let it bleed and flop in the yard until she was ready to complete the task of cleaning it for mealtime. My brother Al recently told me that he once saw one of the headless chickens run completely

(Cont. to A4)

T.J.'s Journal

by: Tonya J. Cook



Dear Journal:

I'm beginning to love fall a little bit more each year. Prior to this year, spring has been my favorite season. This fall has been the deciding factor to tip the scale in its favor.

This has been the most beautiful fall I've ever seen. The leaves have been simply outstanding. Hopefully, before they're all gone, I can get out on a long drive in the country to see them.

Other than the beauty of the season, I have a lot of excellent memories that inspire fall's popularity. When I was a kid growing up, the school where I attended had a fall carnival every year. I loved that fall carnival. Every class had some kind of project to make money. Some classes put on a little play and charged admission, others sponsored a general store, a fishing pond, grab-bags, a cake-walk, and a variety of other exciting things a kid would love, or at least they did back then. Of course, classes were cancelled that day, and we had the whole day off from school. That alone was exciting.

Another favorite event of fall was getting to go trick-or-

treating on Halloween. Back then, Halloween wasn't the month-long, over-the-top, money-making hullabaloo that it has turned out to be now. About the first of October, stores put out a little trick-or-treat candy and costumes for the ones who could afford such. The stores sold various kinds of masks, or as some called them, "false-faces." The latter is what I usually had, and made do with some old clothes we already had on hand. Back then, we didn't have to worry about tainted candy, or razorblades in the apples, either.

One year, I had a princess mask complete with a crown. Mom had an old fancy party dress or evening gown she had stashed back from years before. With a few alterations here and there, I wore it with the princess mask. I sure thought that I was royalty that night. Another time, I wore some black pants, a black turtleneck sweater, and a cat mask, to be a black cat. I always thought it was a lot of fun in itself; to get dressed up in costume, even if I didn't go trick-or-treating.

(Cont. to A4)

Points East

By Ike Adams

I had a fellow call me up one night last week to see if I could help solve a problem.

He said a ground squirrel (chipmunk) somehow got into his house about a month ago and refuses to leave.

He had heard from somebody that I'd once been in the same fix and he wanted to know what I'd done about it.

I told him that mine stayed around from October, on through one whole winter, part of the next spring and the only reason I could figure out that he left then was because he developed an interest in girls.

Ralph King's Dad caught the one I had in a box trap to keep it out of his feed shed.

I offered to take it out to my place and turn it loose in the woods.

However, Loretta and I had three curious kids at home and all in school at the time.

I brought the trap into our kitchen, put on a leather glove and reached inside the trap believing I could catch him and show him to the kids up close

and personal. There was no problem, incidentally, in discerning that it was in fact a "him."

Anyway, when I reached inside the box, Chip, as he later became known, dodged my hand, ran up my arm, up the back of my neck and head, across the top of my cap where he used the bib as a springboard and launched himself out into the middle of the floor.

The floor was linoleum and well waxed at that. Chip hit the floor and began spinning around. His little legs and feet were a blur but he couldn't get traction. I got down on all fours and began grabbing at him but he'd squeeze through my glove and leap away.

This went on for maybe five minutes. Loretta and the kids were all squealing. She and Carol were yelling in near terror, "Catch it! Catch it!! Catch it!"

Jennifer and Chris, sixth and second graders respectively,

(Cont. to A4)

VIEW FROM THE BENCH

Hunter Anti-Harassment Laws Snare Protestors

An increasing number of cases involving hunter anti-harassment laws are winding their way through state and federal courts. These so-called hunter anti-harassment laws, which only became popular in



Judge David Tapp

recent years, restrict interference with lawful hunting. According to some, these laws are unconstitutional and infringe upon First Amendment rights.

The federal government and nearly every state have laws prohibiting the harassment of hunters. Only two states have yet to enact such statutes.

These laws were passed in response to increasingly aggressive tactics used by those opposed to hunting.

Protests against hunters vary widely. Some are peaceful and the activists sincerely and appropriately attempt to convince hunters that even the lawful pursuit of wild game is immoral or unethical. Sometimes, however, the tactics are extreme-standing in front of the muzzle of a weapon being prepared to discharge, following hunters into the woods and surrounding them while yelling obscenities, and stealing privately owned items of hunting equipment.

Protestors who have found themselves charged by state wildlife officials with violation of these statutes frequently raise a First Amendment defense. The protestors argue that the laws violate state or federal free speech rights. However, the majority of courts are unpersuaded by these arguments and have upheld the convictions.

One of the first cases involving hunter anti-harassment laws occurred in a Connecticut federal court in 1998. The federal court determined that the state's hunter anti-harassment law was unconstitutional because it was overbroad and could have the effect of chilling protected First Amendment speech. Generally, government regulation of speech must be "content neutral" in order to be valid. This requirement reflects the bedrock principal that

(Cont. to A4)

Severe Diabetic Complications

Despite better insulins and oral medicines, the severe complications of diabetes still occur, often when a person has another illness such as a heart attack or severe infection. Sometimes, these complications are the very first indication of diabetes.



Karen Saylor, M.D.

One of the complications that can occur as the first sign of diabetes is called hyperosmolar coma. With hyperosmolar coma, the blood sugar shoots extremely high—600 or more. The person will lose consciousness and suffer severe dehydration.

In treating this, care must be taken to reduce the blood sugar, treat the dehydration, and control the potassium and sodium in the blood. Once a person has begun treatment for diabetes, this complication is much less likely to occur.

The other major complication is called diabetic ketoacidosis. Here, a marked deficiency of insulin causes poor metabolism of sugar and the body begins to burn fats for energy instead of sugars.

Burning fats is not nearly as efficient for the body, and ketones and acids accumulate in the blood. This is called ketoacidosis and is often brought on by a major infection, such as pneumonia, or a major illness, such as a heart attack.

Diabetic ketoacidosis can usually be avoided by careful attention to the treatment of your diabetes. Checking blood sugars more frequently during infections, stresses, or other illnesses is very important.

Since heart attacks and infections can have atypical symptoms in a person with diabetes, you should discuss any unusual symptoms, fevers, severe illnesses or difficulty controlling your diabetes with your doctor.

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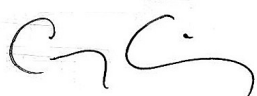
Everyone is concerned about subprime lending given the level of recent news coverage - some of it well-informed and some not. Stories about foreclosures and lender problems have everyone worried about the impact of this apparent housing crisis on their personal finances and their local bank. We want to assure you that our community banks are not involved in the housing problems that you're hearing about nor will we be impacted in any negative way. Why? Because the heavy regulation traditional banks operate under prevent most of the practices that led to the problems you are reading about now. The problems in the housing market today were created by non-traditional, largely unregulated mortgage lenders.

Responsible subprime lending has a legitimate role in the financial community and has helped a record number of Americans realize the dream of home ownership. Responsible subprime lending is making loans available to subprime (low credit score) borrowers on terms that are fair when reviewed in light of the risks associated with that borrower's credit. Predatory lending, on the other hand, has no legitimate role and takes unfair advantage of a borrower regardless of the credit risk involved. Predatory lenders jump into strong housing markets—with little lending experience, hidden variable loan terms, faulty credit practices and little or no regulatory oversight. These lenders can easily sell their loans, shut down and leave town - indifferent to the fact that the terms could, and would in this crisis, push their borrowers to foreclosure.

No one regrets predatory subprime lending more than the traditional bankers in your community. That is because the predatory lenders responsible for most of the current housing crisis compete with community banks without being hampered by regulatory burden. This causes a disservice to consumers who are taken advantage of by them and a disservice to traditional banks who trying to explain the problem, while still assuring consumers of the strength of the traditional bank. Knowledge and responsibility are your keys to avoid being victimized by predatory subprime lenders.

Arm yourself by learning who you do business with. Visit one of us or any community bank and ask about the issue of responsible subprime lending versus predatory subprime lending. Find out if your banker is interested in fostering a long term customer relationship that promotes your financial health through an array of services (checking, savings, credit/debit card, car loan, student loan, business loan, mortgage loan, 401K, safe deposit, etc.) rather than maximizing profit from one transaction. Find out whether your banker offers subprime loans and, if so, under what conditions. Ask your banker who their regulator is. Ask your banker what matters most—a quick profit or a customer relationship. And, if you find yourself in a difficult financial position, call your banker before you fall behind in your mortgage payments. Traditional banks have a vested interest in your financial success.

In short, banks - unlike predatory subprime lenders - want to make loans that can be repaid. They have a stake in their customer's financial health. That's why they have so little involvement in the current housing problem and remain the safest of financial service providers. We thought the public should know.



Corey Craig
Citizens Bank - President/CEO

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Obituaries



Patricia Gray

Patricia Gray, 63, of Mt. Vernon died Tuesday, October 16, 2007 at the Central Baptist Hospital in Lexington. She was born on March 28, 1944 in Mt. Vernon the daughter of the late H.H. "Tuck" and Fannie Lamb Baker. She was a housewife, enjoyed cooking, spending time with her family, and was a member of the Pine Hill Missionary Baptist Church.

Survivors are: her husband, Junior Gray of Mt. Vernon; two sons, Royce Gray and Charles (Ella) Gray, both of Mt. Vernon; two brothers, James Earl Baker of Lakeland, FL and Charles "Tuck" (Patsy) Baker of Mt. Vernon; one sister, Mrs. Anna Belle Felts of Mt. Carmel, OH; three grandsons, Ty Gray of Mt. Vernon, Tim Lainhart of Berea and Isaiah Gillam of Stanford; two granddaughters, Monica Gray and Tammy Robins, both of Mt. Vernon; two great grandchildren; and many nieces and nephews.

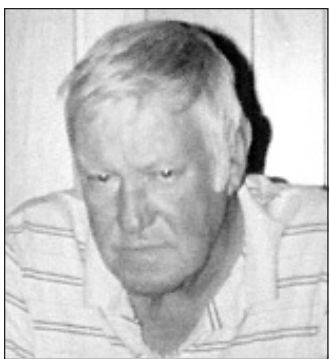
She was preceded in death by: one brother, Harmon Joe Baker; one infant brother, Hubert Baker; and three sisters, Elizabeth Miracle, Betty Joe Norton and Brenda Sue Kirby. Services were held Saturday, October 20, 2007 at the Pine Hill Missionary Baptist Church with Bros. Lester Caldwell, Anthony Taylor and Casey McClure officiating. Burial was in the Maple Grove Cemetery.

Arrangements were by Cox Funeral Home.

Pallbearers were: Ty Gray, Willis Joe Bussell, John Lewis, Dowell Vanwinkle, Billy Bullock, Tony Mills, Donavan Howard and Brian McNew.

Honorary pallbearers were: James Earl Baker, Charles "Tuck" Baker, Tim Cameron, Ralph Cromer, Timothy Lainhart, Steve Robins and Nathan Whitaker.

View the complete obituary, sign the guest registry, or send condolences to the family online at www.coxfuneralhomeky.com



George Hasty

George Franklin Hasty, 70, of Brodhead, died Tuesday, Oct. 16, 2007 in Kingsport, TN. He was born on April 24, 1937 in Brodhead the son the late Fred Eugene Hasty and Carrie Loretta Sams Hasty. He was a member of the Protestant faith. He had been a construction carpenter.

He is survived by: his son, James Franklin (Elizabeth Lynn) Hasty of Manchester, KY; two sisters, Ava (Ralph) Hopkins of Somerset, KY and Betty (Orville) Bussell of Seaman, OH; two grandchildren, Amber (Jimmy) Lorman of London, KY and Alyssa Hasty of Berea, KY; three step grandchildren, Timothy Lewis, Ashley Marcum and Brittany Marcum; one great grandchild, Tiffany Ann Michelle Lorman; his fiancée, Mary Owens; two nephews, Gary Hopkins and Roger Bussell; a niece, Gail Hopkins; and a host of friends and neighbors.

Besides his parents, he was preceded in death by his wife "Jean" Francis Henson Hasty.

Funeral services were conducted Saturday, October 20, 2007 at the Marvin E. Owens Home for Funerals with Bro. Buford Parkerson officiating. Burial followed in the Roberts Cemetery.

Casket bearers were: Roy Lucas, Mike Silcox, Jerry Woodall, Henry Woodall, Donnie Barnes and Mike Hopkins.

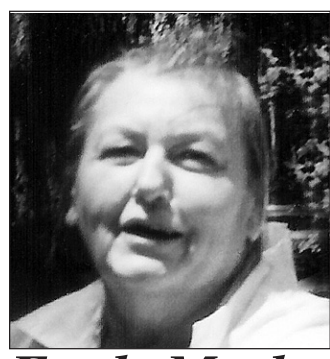
Condolences to the family may be made to online registry at www.marvineowensfuneralhome.com

Truda Kirby

Truda Faye Kirby, 66, died October 18, 2007 in Danville, IN. She was a native of Berea.

She is survived by: sons Barry, Brian, Eddie, Duane and Gerald; and several grandchildren and great grandchildren. She was preceded in death by her daughters, Donna and Cheryl.

Funeral services were held Sunday, October 21, 2007 at Lakes Funeral Home. Burial was in the Chasteen Cemetery.



Freda Marler

Freda Marler, 68, of Marler Hollow, died Sunday, October 14, 2007 at the Pattie A. Clay Regional Medical Center in Richmond. She was born in Lee County, KY on March 15, 1939 the daughter of Horace and Edna Montgomery Roberts. She was a homemaker and was of the Baptist Faith.

She is survived by: a son, Darrell Brown of Mt. Vernon; two daughters, Kathy Brown of Mt. Vernon and Glenda Stegemoller of Morrow, OH; one brother, Wayne Roberts of Overpeck, OH; and two sisters, Barbara Jones of Mt. Vernon and Wanda Branson of South Bend, IN. Also surviving are seven grandchildren. In addition to her parents, she was preceded in death by: her husband, Charles Marler; and a son, Michael Roberts.

Funeral services were conducted Wednesday, October 17 at the Dowell & Martin Funeral Home Chapel by Bro. Bobby Bradley. Burial was in the Marler Cemetery.

Pallbearers were: Chris Brown, James Click, Phillip Karr, Jason Roberts, Tracy Roberts, Jason Stegemoller and Jim Stegemoller.

Please visit www.DowellMartin.com to view online obituary.

Ruby Jewell Gentry

Ruby Jewell Gentry, 89, of Frankfort and formerly of Brodhead, died Thursday, October 18, 2007 at the Golden Living Center in Frankfort. She was born in Rockcastle County on November 4, 1917 the daughter of J. B. and Susan Proctor Sutton. She was a homemaker and a member of the Providence Church of Christ.

She is survived by: a daughter, Louella Cass of Frankfort; a son, Asbil James Gentry of Brodhead; two grandchildren, Susan (Rick) Nesselrode and Jay Gentry; two great grandchildren, Catherine Nesselrode and Tiffany Meadows; and two great-great grandchildren. Also surviving are: two special friends, Frank and Joyce Sutton; and several nieces and nephews. She was preceded in death by: her husband, F. E. Gentry; a sister, Ella Gentry; a brother, Olney Sutton; and a great grandson, Christopher Nesselrode.

Funeral services were conducted Saturday, October 20 at the Dowell & Martin Funeral Home Chapel by Bro. Danny McKibben. Burial was in the Providence Cemetery.

Pallbearers were: Andrew Robbins, Christopher Robbins, John Colby Robbins, Josh Colby, Kevin Robbins and Michael Robbins.

Please visit www.DowellMartin.com to view online obituary.

Cards of Thanks

Michael Joe Swinney

We would like to thank everyone who helped us during the loss of our son. Thanks to all who came and brought food, cards, money, prayers and a shoulder to cry on. Everything everyone did was very much appreciated. Thanks and many blessings to all, The Swinney Family

Melvin Douglas Barnett

We would like to thank everyone for their prayers, flowers, food, visits, calls and kind words during the illness and death of Doug Barnett.

A special thanks to Bro. Eddie Nation and Rufus Cravins for their visits and comforting words.

Also to Marvin Owens Home for Funerals for being so kind during this difficult time.

Melvin D. Barnett's wife and family

In Loving Memory

In Memory of
Charles James Kirby
"Jimmy"
10/17/68 - 10/28/86



Gerald Cotton

Gerald Cotton, 50, of Mt. Vernon died Friday, October 19, 2007 at his home after a long illness. He was born on September 30, 1957 in Mt. Vernon the son of Mrs. Ruth Bussel Cotton of Mt. Vernon and the late Ernest Cotton. He enjoyed fishing, traveling, and was a avid U.K. fan.

Survivors are: one son, Lewis Dale Cotton of Mt. Vernon; one daughter, Mrs. Cindy R. Griffith of Mt. Vernon; two brothers, Dell (Ima) Cotton and Wayne Cotton, both of Mt. Vernon; one half-brother, Coy (Pat) Vance of Mt. Vernon; two half-sisters, Wanda (Billy) Howard of Mt. Vernon, and Maxine Goolman of Winchester; and one grandchild, Dylan Griffith.

Services were held Monday, Oct. 22, 2007 at the Cox Funeral Home Chapel with Bro. Todd Hignite officiating. Burial was in the Cresthaven Cemetery.

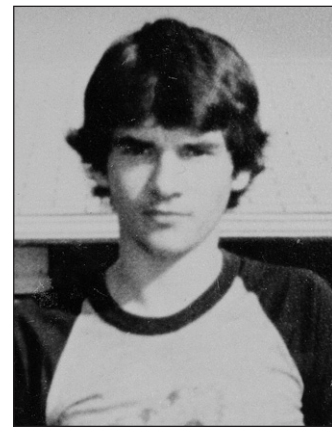
Pallbearers were: John Griffith, Charlie Griffin, Chris Griffin, Wayne Cotton, Dale Cotton and Charles Brock.

View the complete obituary, sign the guest registry, or send condolences to the family online at www.coxfuneralhomeky.com

Cemetery Notice

Philadelphia Baptist Church Cemetery Fund

If you would like to donate to the cemetery fund, for upkeep of the cemetery, please send donations to: Flonnie Shelton, 458 J. Shelton Rd., Crab Orchard, Ky. 40419. Ph. 606-355-2800. Make checks to Philadelphia Baptist Church Cemetery Fund.



It's been almost 21 years since my brother was shot between the eyes with an unknown hand gun.

This time of year is the hardest for my mother and family. There is not a day that goes by that he isn't though of. I, myself, was only two when he died. I regret to say I don't remember him. All I have are pictures and things my family have told me.

Not only do we have to face the fact that he is no longer here but, for some reason, it was ruled a suicide. Everyone who knew my brother believed different but he didn't live to tell what really happened.

I wish someday, someone

who knows the truth will step us and give my mom some peace. If they only knew what she went through and still goes through every day that passes.

Three years ago, I had a son whom I named after my brother. I think he would have wanted Toby to be named after him. I just wish Toby could have met his uncle who died without experiencing a full life.

Jimmy himself deserves the truth to be told to his family, lies are all we know.

A few words from us to all of you, Jimmy. We love you and miss you so much. We will see you again. Mom thanks God for letting you live those few days in the hospital. She knew you knew she was there. She told me she held your hand when the nurse said you were going and recited Psalms 23 from the Bible and your heart rate when back up but then it fell again.

The Lord said I'm only loaning you this child to love and care for and learn from. When I want him back, I will come for him. Thank god for 18 years, blessed be the name of the Lord.

Greatly missed and loved from your family,
Loretta, Floyd, Billy, Estel, Daniel, Laura, Toby, Johnny, Anna and kids

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Rockcastle Hospital Diagnostic Imaging is offering a reduced rate on mammograms during the month of October.

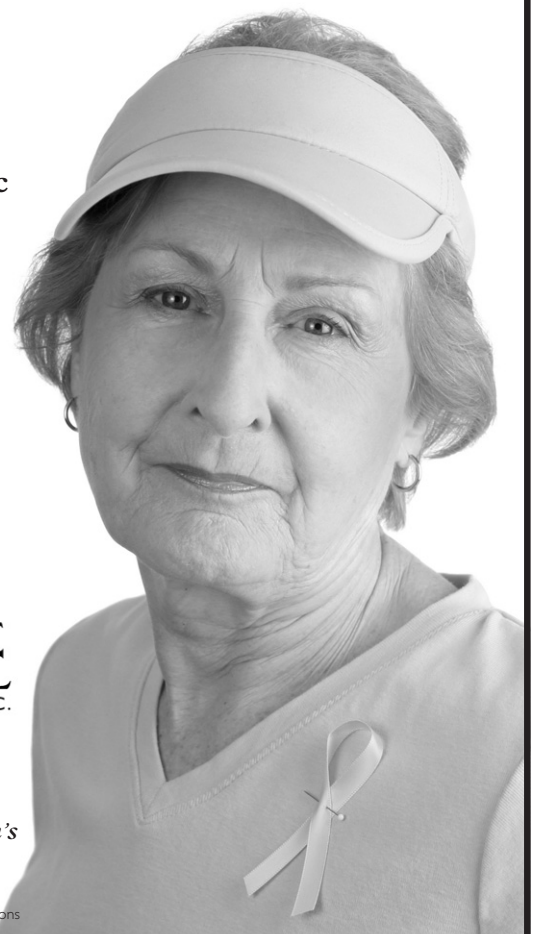
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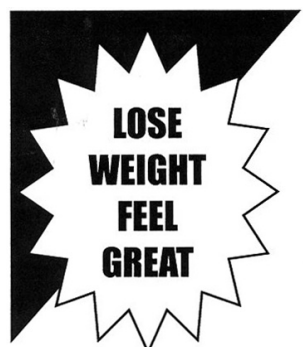
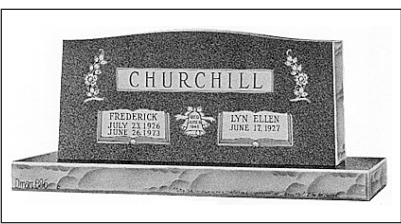
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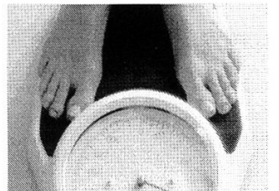
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Our Readers Write

Bittersweet Festival a success, thanks to community...

Dear Editor,

Although our Bittersweet Festival here in Mt. Vernon has been over for a couple weeks, I've still got to "Say a Big Thank You" to a lot of people. It was very successful in most respects and all the people that came out and shopped and bought food or just simply enjoyed the fine array of music and singers made the Festival.

Thanks to all the City Employees who helped in any way, especially Pam who kept things moving and is still adding and subtracting to try and balance everything. Also James Miller who allowed the jail release help "Thank you very much!" Bentley Cromer and all his helpers and the fine line-up he scheduled - Thanks everyone there. Sigmon Farms (Carol) who made all the decorations at tall the signs and Main Street. Thanks for all the support received in adds from your own Mt. Vernon Signal, WRVK, The Banner, Ky Living and everyone who gave monetary gifts to help pull everything off - Rockcastle Hospital, Newwave Communications, County Judge Buzz Carloftis and the Squires of the Fiscal Court, John Carman and Associates, A.G.E. Engineering, Berea Wal-Mart and all those who helped with our Amazing Race #1. I really want to say Thanks to Martha and Jim Cox at Cox Hardware, Hiatts 5 & 10, Mary Ann at the Tea Cup

Café, Winsteads' Appliance Service for the help with the food donated by the City to the Mission, Dollar General at Hwy. 150, the Cedar Rapids Country Club, Tommy Mullins at the Boat Dock at Lake Linville for his generosity and transporting the players by boat, The Ky Music Hall of Fame and Crystal for opening early and coming down for us to hide a clue inside and the gifts, also the Entertainment Center where the last clue was located and Connie's donation of tickets for their Christmas Show. The Amazing Race wouldn't have happened without Rachael Cash and her abilities for drawing up the plans for our race. She and her mother Katrika came out early Saturday morning and put the clues together and went out and placed them at the different places and went back out and collected things. Thanks again. Thank you very much all contestants. You showed great determination and were good contestants. I'm looking forward to #2 already. Also, Jerry Cox and his law firm who always sponsors the 5K Run-Walk was with us again and it was very successful. Thanks to all who participated. Thank you also Sherri and the Bittersweet Cloggers. You brought on one of the best Parades ever. I really appreciate the Grand Marshal's Joe and Ann Henderson and Mrs. Mary Ida Jones. All these folks have given a lot to all of us that have grown up or lived here in our town of Mt. Vernon. Thanks to all of you for being a caring

person and being a part of the glue that has held us together. Again I want to thank you and hope I didn't forget anyone. I hope that each of you had a great time at our festival and that you'll return to be a part of our Old Fashion Tradin' Days in April.

Sincerely
Mayor Clarice R. Kirby

Thanks to departments for participating in chili cook-off

Dear Editor,

On October 20th, River Road Range held their first annual Rockcastle County Fire Departments Chili Cook-Off. Participating fire departments were: Brodhead Fire Department, Livingston Fire Department and Brindle Ridge Fire Department.

River Road Range would like to thank these departments for being involved in this event, along with WRVK Radio Station for their advertisement and also Howell Holbrook and family for their support and help in putting this event together for the county fire departments.

The event was held at River Road Range in Livingston on Sand Hill Road.

Congratulations to Livingston Fire Department for being this year's winner. River Road Range looks forward to hosting the next cook-off with the departments which will be in the spring of 2008.

Jeff Harness, Manager
River Road Range

"Journal"

(Cont. from A2)

Most of the kids didn't canvas half of the county, as they do today. We went to about a dozen or so houses, and that was it. Being out in the country like I was, the houses were fairly far apart, therefore, a kid was lucky to get to a dozen or so houses.

Kids appreciated the goodies they got a lot more, too. We didn't have candy available every day, back then. If it weren't for trick-or-treat, Christmas, and every once in a long while from the grocery, a kid wouldn't have ever had any candy. (We had home-made fudge or sea foam every once in a while) Even on trick-or-treat, we got mostly popcorn, apples, hard-candy like peppermint or butterscotch, and a snack-sized bar of candy on rare occasions. I remember one year, I got a full-sized, store-bought, Milky Way bar all to myself. I didn't know what to think. I was just about afraid to open it, fearing it would disappear right before my eyes. These days you couldn't get a kid excited at all about a full-sized, store-bought, candy bar. Back then, you'd be surprised

at how much excitement you could buy for five or ten cents.

Crisp, cool, days as those ahead make for good times to sit around, sip a little apple cider or hot chocolate and remember the good old days. Fall days seem to be so homey, especially if you have a little fire going, just to knock off the chill and perhaps listen to the pop and crackle of that fire. Maybe if I'm really good, Stanley will buy me one of those full-sized, store-bought, Milky Way bars this year and make this fall something really special.

"Memories"

(Cont. from A2)

across the yard.

My mother and grandparents reminded me often to be careful of Big Red. His job was to guard the general area where his hens were nesting or roosting and he took his vocation seriously. During the daytime, he often sat on a high perch to serve as a lookout for his flock. If another animal or human came close to the hens he would fluff his feathers to seem "larger than life" to scare away an intruder. If that did not work, he would fly into the face of his trespasser while "squawking" to the top of his lungs. I usually stayed out of his way.

However, there was this one time when I played a trick on old Red. I used an ice pick to drill a hole in a kernel of corn and used some fishing line to attach a long string to the piece of corn. I threw it in front of Big Red to see what he would do. He looked at the corn and strutted around in a circle. Finally, he "took the bait," pecked the corn, and swallowed it.

Momentarily, I gave the string a yank - the corn flew out of Red's mouth. You would not believe the look in that rooster's eyes! He squawked and chased it down. Then he gobbled it up again. I again jerked the string and out it came. We played this game for several minutes until he finally gave up and flew up to his roost. I laughed until I cried watching Old Red. I don't think he ever trusted me after that.

(You can reach me at mtvman@ms.net Thanks for your wonderful comments and suggestions.)

"Bench"

(Cont. from A2)

our government may not prohibit the expression of thoughts which society finds offensive. In addition, Connecticut had not shown a compelling state interest in protecting hunters from harassment.

Notably, only five years later, the Connecticut Supreme Court upheld convictions arising

under a revised version of the hunter anti-harassment statute. In that case, the protestors had been warned by officials that they would be arrested if they interfered with the state sponsored bowhunt. The protestors then followed a hunter into the woods, surrounded his stand, and refused to move from the line of fire. Law enforcement ordered the protestors to leave or risk arrest. The protestors (unwisely) elected to remain.

On appeal, the protestors argued that the new statute violated the First Amendment rights to free speech. The Connecticut Supreme Court rejected this claim because the new statute was "content neutral". Any conduct intended to interfere with the lawful rights of hunters fell within the statute regardless of whether it was generated by a philosophical commitment to oppose hunting or whether the motivation had nothing to do with hunting. If the conduct, regardless of its message, was intended to disrupt lawful hunting, the conduct itself was punishable.

A third case arose in Connecticut only a few years ago. In this case the state Supreme Court again rejected a First-Amendment claim. In this opinion, the Court noted the "compelling interest" of the state in regulating conflict between hunters and protestors. The court held that the state had an important interest in public safety by reducing conflict between activists and hunters where hunters are about to discharge a weapon. The other important interests were the production of revenue and the inherent rights of lawful hunting. The court noted the state had a crucial interest in wildlife management because the lack of a self balancing ecosystem resulted in ever-expanding deer herds that threatened state forests and private property from unconstrained grazing.

Kentucky's hunter anti-harassment statute provides that "[n]o person shall intentionally obstruct or disrupt the right of a person to lawfully take wildlife by hunting, trapping or fishing." Violation of this statute is punishable by up to 90 days in jail and a \$250.00 fine for a first offense. No Kentucky federal or state court has yet construed the constitutionality of this law. Despite this statute, the popularity of hunting as well as the expanding environmental movement makes it likely that hunters and those opposed to hunting will come into conflict. Hopefully, any conflicts between these groups will be resolved peacefully.

"Points East"

(Cont. from A2)

were clapping and cheering for the rodent. "Run little squirrelly. Run! Run!"

All four of them were stand on furniture as Chip and I scurried about on the floor. Finally he hit the living room carpet where he gained immediate traction and shot under the sofa faster than a speeding bullet.

We turned the couch over and he dashed under a chair and finally into a bedroom. We searched for an hour and couldn't find him and assumed that he had gone out a window because it was this time of year

and we had a couple open.

About 10 hours later, just after midnight, Chris came into our bedroom and advised his Mom and me that he couldn't sleep because something was chewing on something under his bed. Sure enough, a flashlight search revealed the chipmunk hunkered up on the floor munching on something. It looked like a pinto bean. We never really knew for sure.

But everybody in the house was awakened, all the doors propped open but Chip refused to exit even when the path was clear. Even with four humans seemingly having him cornered, he would feint this way and then that and run between our legs back into the deep interior of the house.

I finally convinced everybody that chipmunks were harmless, that I still had Ralph's trap and that I would simply catch him that way. I baited the trap with several peanuts and we all went back to bed.

The next morning there were no peanuts in the trap nor was there a chipmunk.

There were peanut hulls all over the kitchen floor but no chipmunk to be found even after a thorough search.

This went on for four or five nights in a row. I tried peanut butter but he wouldn't touch it. I set the trap spring so that if I even blew on the tripper the door would slam shut. But he could still get a dozen peanuts out without getting caught. So I finally gave up and determined that we would starve him out.

By this time, the kids had decided that he was, in fact, harmless and they had named him Chip. Not only that, but they were not about to let me starve a poor, living creature. So they began leaving peanuts on the kitchen floor. We would see him now and again, hear him munching in the wee hours of the night or catch him right in the act in broad daylight when we came home in the evenings.

The amazing thing to me is that he ate several bags of whole, unsalted peanuts but we never once found anything that we recognized as chipmunk poop.

Then one spring day I was putting in some tulip bulbs and I could hear chipmunks chirping in the woods behind our house. I assume these were mating chirps. Chip ran out of the house, onto the front porch and stood up on his haunches to listen a bit more closely.

Then he tore across the yard and headed for the woods.

The kids tried leaving peanuts on the picnic table, on the porch floor on rocks out in the lawn but he never returned.

So my advice to those of you with chipmunks in your house is this. Stock up on whole, unsalted, raw peanuts and only put out two or three a day on your kitchen floor because, if you do put out more, the chipmunk may store them in a mattress. Vacuum often and leave your door open on the first warm day come mating time next spring if you still wish to be rid of the little critter.

Chances are, however, that your kids will be plenty upset when your chipmunk falls in love with a wild woman.

"Why did you have to leave the stupid door open in the first place," was the reaction I received when Chip did not come home?

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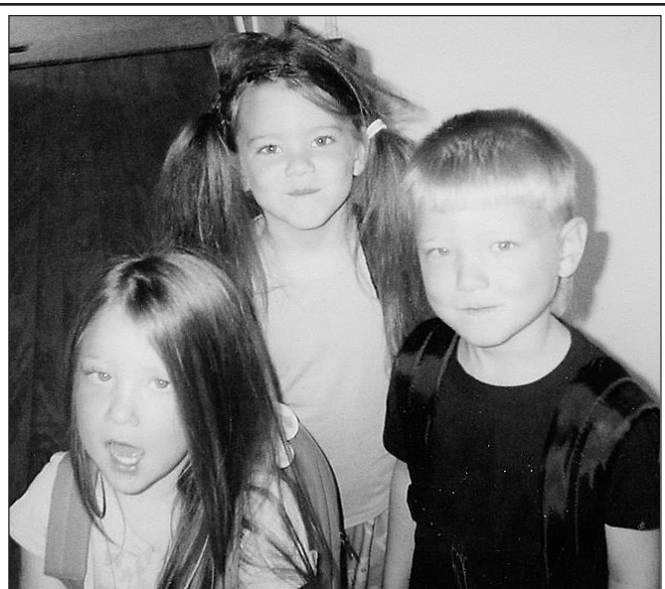
Kiwanis Club helps Early Head Start get back to school

The Rockcastle County Kiwanis Club has been an excellent community partner with the KCEOC Child Development Program since KCEOC began serving Early Head Start children and families in the area. For the past four years, the Kiwanis Club has donated money to our program to be used to purchase backpacks full of school supplies for every child enrolled in Early Head Start, along with their siblings.

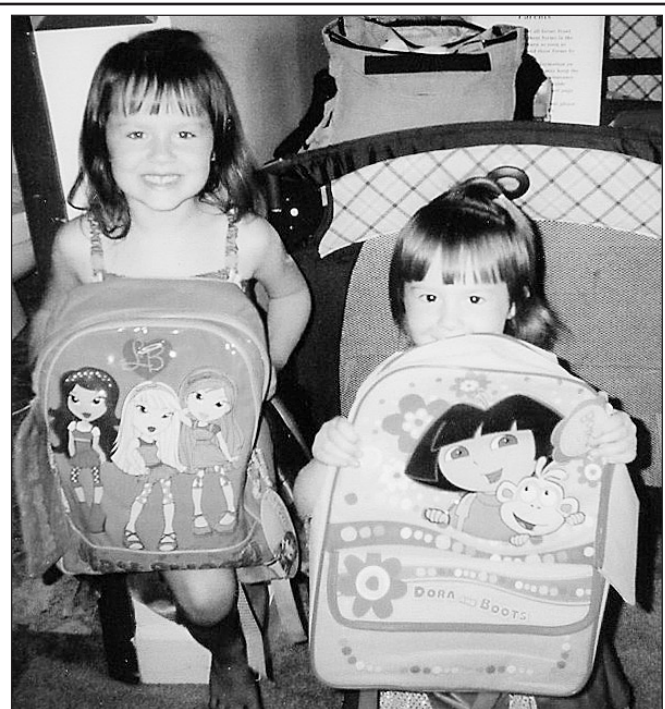
Children and their parents were all very excited to receive the backpacks full of goodies. The parent child educators, who delivered the backpacks, were happy to see the big smiles on the children's faces. The Early Head Start Pro-

gram serves families with pregnant moms and/or children birth to three years of age. Parent child educators visit homes of the enrolled families every week to help promote health prenatal outcomes, enhance the development of young children and to be of service to every family on an individual basis. Early Head Start also hosts bi-monthly events that give parents and children the opportunity to interact and play together. For more information, contact KCEOC Early Head Start at 606-256-8022.

KCEOC would like to extend a huge thank you to the Rockcastle Co. Kiwanis Club for their continued support of our children and families.



Isabella, Kiarra and Richie Clouse are shown with the new backpacks and school supplies.



Early Head Start participants Caitlin and Natalie Long are shown with their new backpacks and school supplies.

Daniel Boone Community Action Agency, Inc. Low-Income Home Heating Program

The cost of home heating is a problem for many low-income Kentuckians.

Your Community Action Agency, Daniel Boone Community Action Agency, may be able to help. If you live in Rockcastle County, you may apply at the Daniel Boone Community Action Agency located at 105 E. Main St., Mt. Vernon, Ky. for the Home Energy Assistance Program (HEAP). Applications will be taken by the last name of the head of the household from November 5 through December 14, 2007. See the list below for your assigned day.

You will need to bring with you (1) Social Security numbers for everyone living in the household; (2) proof of your household's income for the preceding month. You must present award letters for Social Security or SSI, copies of checks for wages. Documentation from the local DCBS office will not be accepted, with the exception of zero income households receiving food stamps (3) Your most recent heating bills or verification from your landlord that the heating expenses are included in your rent. All eligible households that apply will receive assistance. Gross monthly income must be within the guidelines listed below, and with limited liquid resources. Households not receiving food stamps with no income will be required to fill out a self-declaration form prior to sign up date. DBDC will assure that persons who are working or commuting during the agencies typical business hours may apply for LIHEAP. Call 598-5127 for more information. DBDC does not discriminate because of race, religion, color, national origin, sex or age.

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|--------------------------------|---------------------------------|
| A apply on Nov. 5 | M apply on Nov. 27, 28 |
| B apply on Nov. 7, 8 | N, O, P apply on Dec. 3 |
| C apply on Nov. 12, 13 | Q or R apply on Dec. 4 |
| D or E apply on Nov. 14 | S apply on Dec. 5, 6 |
| F or G apply on Nov. 15 | T apply on Dec. 10 |
| H apply on Nov. 19, 20 | U, V, W apply on Dec. 11 |
| I or J apply on Nov. 21 | X, Y, Z apply on Dec. 12 |
| K or L apply on Nov. 26 | |

Income Guidelines

Household Size	Gross Mo. Income	Household Size	Gross Mo. Income
1	\$ 1,107	5	\$2,615
2	\$ 1,484	6	\$2,992
3	\$ 1,861	7	\$3,369
4	\$ 2,238	8	\$3,746

Add \$377 for each additional family member



50th Wedding Anniversary

Bob and Eddie Fields celebrated their 50th anniversary on October 11th. The Fields are former foreign missionaries and founders of cleftRock Retreat.

At home and abroad

Fields have spent their lives serving the Lord

By Robert William & Edwina Ruth Wehrmeyer Fields

Our discipleship, from the age of conversion, was rooted and grounded in God's Word, as modeled by dedicated, attractive and hospitable mentors.

Our education at Georgetown College was taught by professors who exhibited compassion and wisdom. Bob graduated from Southern Seminary in Louisville, with a sharpened vision of God's Plan of Redemption fleshed out relationally. Two precious children, pastoring and teaching school continued our growth.

In 1962, we were commissioned as SBC Missionaries to Israel, going as "love letters," according to Dr. Cauthan, President of the FMB to a people who "knew God and awaited the coming of the Messiah." We went fearlessly, eagerly with "a call" burning in our spirit. We learned Hebrew the best we could, gave birth to our third child, and "went to work" at and through the Baptist Village, still a favorite place.

Faith to believe in our call as forerunners kept us plowing the fields, dislodging the stones and planting the seeds of the Gospel. Faith to believe in forgiveness and honoring the unity we had in Jesus caused the BCI (mission) to develop into a family whose members are deeply committed to one another after 40 ears. We were able to call significant each slightly open door. Today there are Jewish and Muslim Believers who will be at the Banqueting Table because of the Loving Heavenly Father and the "sowing" in faith. Daily the realities were war, rumors of war, moves, interaction with unbelieving Jews, Muslims and Internationals, threats, rejection, interpersonal struggles in our marriage and with colleagues, homesickness, health problems and spiritual warfare. After five years and three months, we headed home for furlough...three cautious children and two weary but com-

mitted adults. We shared, with supportive churches, about the years of eye-opening challenges and changes.

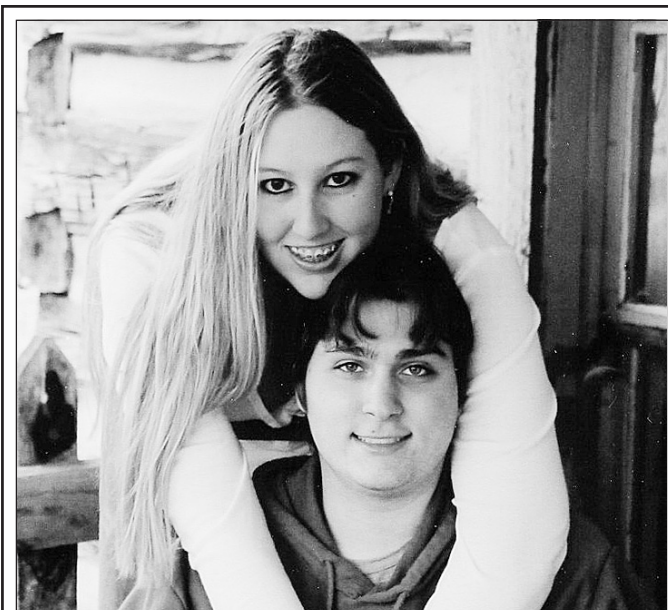
Back to the field, more years in that special city of Jerusalem, Israel, assignment, Student Work. In 1972, after much prayer, Bob told us that he believed the Lord was calling our family to return to Kentucky to build a retreat with a focus on strengthening, through discipleship, the Body of Christ. Georgetown College staff for two years and then to Rockcastle County to build the retreat

During the 70s and 80s, we were counseled and trained in marriage enrichment by Drs. David and Vera Mace. Following the advice of David, Bob earned a D.Min degree from Eastern Baptist Theological Seminary. Later, Eddie earned an MS in Family Studies from UK. Alongside beloved and patient partners, local friends, and later the board of directors, the family invested 17 years building, developing and directing cleftRock.

We returned in 1987 to work in the I.M.B. Area Office, Cyprus, directed by Dale and Anita Thorne. A treasured experience! Grew, gave and received while working with missionaries as peers, seeking to focus on relationships within the home, mission, church and community. "Behold, how they loved one another" was the theme for the teaching and sharing, as well as for our own accountability.

1994-2004: Stateside, Bob earned his license as a Marriage and Family Therapist. Eddie counseled alongside until November, 2000 when she assumed the role of cR Interim Director, Bob assisting without complaint!

On March 28, 2003, our son, Edward Todd Fields, missionary in Honduras was tragically killed by robbers while driving 6 MKs and a young missionary couple to a retreat in Guatemala. After the funeral, Lynnell, his wife, Savannah, 16 and Sophia, 13, returned to Honduras where they



Kirby - Renner

Roscoe and Rosie Kirby, of Mt. Vernon, are pleased to announce the upcoming marriage of their daughter, Jessica Rose Kirby to Micah Dustin Renner, of Mt. Vernon. Micah is the son of Mack and Jimmie Lou Renner of Mt. Vernon. Jessica is a 2006 graduate of Rockcastle County High School and is now currently attending Somerset Community College in London and is majoring in Accounting. Micah is a 2005 graduate of Rockcastle County High School and is planning to attend Somerset Community College in London. He will major in Chemistry. The wedding will take place November 2nd at Livingston Pentecostal Holiness Church. Invitations have been sent.

faithfully carry on the work in God's strength. Bob's Mother, stepfather, younger half brother Dwain and Uncle Chester also died during 2003. The family trusts God to carry us through the valley of the shadow of death, giving each of us the comfort we so desperately needed. We know, even in extreme grief, that He is our Loving Heavenly Father.

2004, until the present, we are serving as cR directors.. Our visions: discipleship: including interpersonal skills, preventive intervention for couples, families, church staffs, field missionaries, teams who are focusing on mission service, both short and long term, redemption at the core.

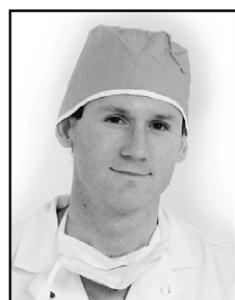
We have been blessed by three children, their spouses and seven grandchildren. Tamira and Joseph Korn serve with the International Mission Board in Israel. Their son, Joshua, 24, graduated from Gordon College in Wenham, MA on May 13, 2005, celebrated by the entire family on site!! He is now in Israel at the Beersheva University and will receive his Masters in August. He is hoping to teach in Nazareth. Jessica, 22, is studying at Berea College. She plans

to take a semester of study and travel in France beginning this fall. She will be a senior at Berea in January of 2008.

Lynnell and girls continue with Global Outreach in Honduras...missing Todd every minute yet serving with treasured memories. Savannah entered Georgetown College in Sept., 2007 and Nell and Sophia will remain in the states for her first semester. Valarie and Jeff Arington are dedicated to pastoring SonRise Community Church in Cincinnati, Ohio. Zach, 17, Elizabeth 14 and Nathaniel, 7 complete the precious family circle.

So, here we are, reaching out to you as co-laborers. Join us for a season to reflect and process the intertwining of your Family of Origin history, interfacing with your life today. Under the watch care and direction of the Holy Spirit, we will pray with you through the pilgrimage The collage of your life is rich and meaningful. Come and share and be led to the still waters of His Being where He will Shepherd your soul, correct and encourage, bring healing, restoring the Hope. We want to join you at the place of celebration. Regardless of the path we understand.

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Maretburg Baptist Church was established in 1935

Church History compiled by Mrs. W.H. (Elizabeth) Harris
On March 21, 1935, Science Hill Baptist Church, Langdon Street Baptist Church and other sister churches met with Maretburg brothers and sisters

for the purpose of organizing Maretburg United Baptist Church.
Eighteen letters were read for membership in the church, which was located at Maretburg Cemetery. The first pastor was

Bro. Charles Belew. The first deacons were Monroe Turpin, Robert "Bob" Cope, Thomas Hayes and William McKinney. The clerk was Vernon Houk and the assistant was George Cope.

Continued and then restarted in 1973.
Besides Bro. Belew, other former pastors were: Howard Meadows, L.R. Hinkle, Eugene Bradley, Craig Holman, Charlie Philbeck, Russell Statham, Samuel Miller, Paul Smith, Dillard Bowman, Billy Estes, Jack Moore, Charles Lunsford, Raymond Offutt, Don Cummins (two pastorates), John Zupancic, Rick Reynolds and Shelby Reynolds. Wayne D. Harding is the current pastor and has served the congregation since March of 1995. Deacons are: Johnny Adams, Ben French, Jones O. Hamm, Raymond Hayes and Charles Rader.

church, in keeping with the Great Commission of Christ, associated with the Rockcastle

Association of Southern Baptists, the Kentucky Baptist Con- (Cont. to A8)



Bro. Wayne Harding, who has been the Pastor at Maretburg Baptist since 1995, brought Sunday morning's lesson entitled, "The Heart of the Matter".



Maretburg Baptist Church has been at the same location since 1947 and the addition, at right, was dedicated in 2005.



Members of the Maretburg Baptist Church choir were led in a special song on Sunday morning by Jill Stevens. Choir members are shown above, from left: Joyce Norton, Jewell Cummins, Sarah Faye Hamm, Marie Bunch and Freda Renner. Second row, from left: Leighanne Vanwinkle, Bertha Smith, Ruby Epperson and Molly Belcher. Back row, from left: Harold Harper, Ralph Vanwinkle, Don Cummins, Jones Oscar Hamm, Ray Hayes, Thelma Harding and Bro. Wayne Harding.

Since the church was built, many additions and changes have been made. Among those were: Sunday School rooms, a Baptistry, a basement, restrooms, a steeple (hand crafted by Lloyd Cash) and the building has been bricked and the parking lot paved. An organ was donated by Mrs. Lena Sowder and a foyer was added a few years ago, along with stained glass windows, a PA system and central heating and air. Chandeliers have replaced the old lighting fixtures and a new sign was erected in the front yard.

The congregation is now enjoying a new building, a fellowship hall and additional Sunday School rooms. The dedication service was held in the fall of 2005.

Maretburg Baptist Church is a conservative Bible believing church, a mission-minded



Deacon Ben French and Vicky Barnes greeted Bennett and Carol Hamm before Sunday morning's worship service at Maretburg. Adams serves as a deacon and is Sunday School Director.



Taking up the offering on Sunday morning at Maretburg were from left: Bill Blair, Dan Epperson and Charles Rader.

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Church Directory

Believers House of Prayer
156 Scenic View Lane
U.S. 25 N, left at 18 mile marker
Renfro Valley, Ky.
Sabbath School Sat. 10-11 a.m.
Morning Worship 11 a.m.
Evening Worship 7 p.m.
Wednesday 7 p.m.
Pastor: **Bill Davis**
bhbp_7@yahoo.com

Bible Baptist Church
100 Higher Ground (off US 25)
Mount Vernon, Ky.
Church Phone 606-256-5913
e-mail: www.biblebaptist.org
Sunday School 10 a.m.
Sunday Worship/Children's
Church 11 a.m.
Sunday Evening Worship 6 p.m.
Wednesday Evening 7 p.m.
Video services Tues., Thurs., & Sat.
at 11 a.m., 4 p.m. & 9 p.m.
Channel 3 - New Wave
Cable Channel 5 in Berea and
Richmond 1 p.m. Wednesdays
Pastor: **Don Stayton**
Youth Pastor/Soulfire Student
Ministries: **Bro. Mickle Quillman**
Kids for Christ Children's
Ministries/Kid's Pastor:
Bro. Jarrod Amyx
Secretary: **Jo Roberts**
Music Director: **Dan Dull**

Blue Springs Church of Christ
7 miles south of Mount Vernon on
Hwy. 1249 (Sand Springs Rd)
Services: Sundays 10 a.m. & 6 p.m.
Preaching Brethren
Zade McClure, Gary Reppert,
Coy Cromer, Marcus Reppert
Contact Info:
Marcus Reppert
104 Byrda Way • Mt. Vernon, Ky.
606-308-2794
marcusreppert24@hotmail.com

Brodhead Christian Church
237 W. Main St.
Brodhead, Ky. 40409
606-758-8721
Sunday School 10 a.m.
Sunday Worship 11 a.m. & 6 p.m.
Wednesday Bible Study 7 p.m.
Tracy Valentine, Preacher
606-758-8662
Cell 606-305-8980

Brush Creek Holiness Church
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Tuesday Prayer Meeting 7 p.m.
Special Service 1st Sunday or
each month at 11 a.m.
Lonnie Reese McGuire, Pastor

Calloway Baptist Church
76 Calloway Branch Rd.
(Off US 25) • Calloway
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Sunday Evening 6 p.m.
Wednesday Evening 7 p.m.
Scott Mullins, Pastor

Climax Christian Church
Hwy. 1912
308-2806 - 256-4138 - 256-5977
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Wade Johnson, Minister

Climax Holiness Church
Bro. Robert Miller
Sunday Night Worship 6 p.m.
Thursday Nights 7 p.m.

Conway Missionary Baptist Church
U.S. 25 between Mount Vernon
and Berea
Sunday School 10 a.m.
Sunday Morning Worship 11 a.m.
Sunday Evening Worship 6 p.m.
Wed. Prayer Service and
Bible Study 7 p.m.
Youth Meetings:
Sunday 5 p.m. • Wednesday 7 p.m.

Bro. Jim Ritchey, Pastor
859-200-2679/859-228-0342
Sunday School Director
Ronald Sears • 606-256-5709
Church Clerk **Brenda Powell**
606-256-2829

Cornerstone Fellowship
50 Lovell Ct. - Mt. Vernon
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Sunday Evening Service 6 p.m.
Wednesday Service 7 p.m.
David & Conley Durham, Pastors
606-256-1645

Crossroads Assembly of God
Hwy. 150 • Brodhead
Nathaniel Fugate, Pastor
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Sunday Evening Worship 6:30 p.m.
Wednesday Night 7 p.m.

Dixie Park Cornerstone Baptist Church
700 N. Powell St.
Berea, Ky. 40403
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Sunday Evening Service 6 p.m.
Wednesday Service 7 p.m.
859-314-1408

Fairview Baptist Church
520 Fairview Loop Road
Mount Vernon, Ky.
Sunday Services
Sunday School 9:45 a.m.
Sunday Worship 11 a.m.
Children's Choir 6 p.m.
Sunday Evening Service 7 p.m.
Sunday Adult Choir 8 p.m.
Wednesday Services
Creative Ministry 6 p.m.
Bible Study 7 p.m.
Youth Ministry QUEST 7 p.m.
RAs and GAs 7 p.m.
Mission Friends 6 p.m.
Vaughn Rasor, Pastor
606-256-3722
email: fairviewbapt@aol.com

Fairground Hill Community Holiness Church
Friday Worship 7 p.m.
Sunday Worship 7 p.m.
Pastors:
Vernon Doan & Benton Hurd

Faith Chapel Pentecostal
S. Wilderness Road
Mount Vernon, Ky.
Sunday School 10 a.m.
Sunday Evening Service 7 p.m.
Wednesday Service 7 p.m.
Saturday Service 7 p.m.
Virgil Bustle, Pastor

First Baptist Church
340 West Main Street
Mt. Vernon, Ky.
606-256-2922
Bro. Eddie Nation, Pastor
website: www.fbcmtv.org
email: fbcmtvernon@newwave.net
Sunday Services: 8:30 a.m.,
10:45 a.m. and 7 p.m.
Wednesdays: AWANA and Adult
Bible Study 6:30 p.m.
Live Broadcast WRVK 140AM
Sundays at 11 a.m.
Broadcast on New Wave Cable
Channel 3 Tues., Thurs. & Sunday
at 10 a.m., 3 p.m. & 8 p.m.

First Christian Church
West Main Street
Mt. Vernon, Ky.
606-256-2876
Bro. Bruce Ross, Pastor
Services
Sunday School: 10 a.m.
Sunday Worship 11 a.m. & 6 p.m.
Wednesday Bible Study 7 p.m.
Kenny Shubert, Youth Pastor

Flat Rock Missionary Baptist Church
504 Maple Grove Rd. Hwy. 1004
Orlando, Ky. 40460
859-925-4048
Sunday School 10 a.m.
Fellowship Hour 11 a.m.
Sunday Evening Service 7 p.m.
Wednesday Bible Study 7 p.m.
Thursday Night Visiting 7 p.m.
Contact: **Doris Brown**
606-256-9570
burtonpromos@prodigy.net

Freedom Baptist Church
Freedom School Rd.
Mt. Vernon, KY
Sunday School 9:45 a.m.
Sunday Worship 11 a.m.
Discipleship Training 6 p.m.
Sunday Evening Worship 7 p.m.
Wednesday Evening Prayer
Meeting & Youth/Children
Classes 7 p.m.
Pastor: **Bro. Albert McKinney**

Hickory Grove Pentecostal Church
Hwy. 1505 (6 miles from Brodhead)
Brodhead, Ky.
Randal Adams, Pastor
Youth Pastor, **Scott Adams**
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Sunday Evening 7 p.m.
Wednesday Evening 7 p.m.

Lighthouse Assembly of God
Hwy. 1004 • Orlando, Ky.
Tim Hampton, Pastor
606-256-4884 • 606308-2342
Sunday School 10 a.m.
Sunday Morning Worship 11 a.m.
Sunday Evening 6 p.m.
Tues. Night Intercessory Prayer 7 p.m.
Wednesday Night Bible Study 7 p.m.
Livingston Baptist Church
Sunday School 10 a.m.
Adult & Youth Classes Available
Worship Service 11 a.m.
Bro. Steve McKinney, Pastor
606-758-4097
email: stevemc64@alltel.net

Livingston Pentecostal Holiness Church
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Sunday Evening Service 6 p.m.
Wednesday Service 7 p.m.
Jim Miller, Pastor
606-256-1709

Maple Grove Baptist Church
Hwy. 1004 (Big Cave Road)
Orlando, Ky. 40460
606-256-1873
Bro. Jerry Owens, Pastor
Home Phone 606-256-3075
Sunday School 10 a.m.
Sunday Morning Worship 11 a.m.
WRVK Broadcast 2 p.m.
Sunday Evening 6 p.m.
Wednesday Evening 7 p.m.

Mareburg Baptist Church
2617 New Brodhead Rd.
Mt. Vernon, KY 40456
Wayne Harding, Pastor
Phone: 256-8844
Sunday School 10 a.m.
Sunday Morning Worship 11 a.m.
Sunday Discipleship Training
6 p.m.
Sunday Youth Missions 6 p.m.
Sunday Evening Worship 7 p.m.
Wednesday Evening 7 p.m.
www.mareburgbaptist.org
mareburgchurch@yahoo.com

Mt. Vernon Church of God
1025 W Main St.
Mount Vernon, Ky.
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Sunday Evening Service 6 p.m.
Wednesday Service 7 p.m.
Bobby Owens, Pastor
859-986-1317

Mt. Vernon Church of the Nazarene
40 Fair Street • Mt. Vernon
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Sunday Evening 6 p.m.
Wallace Thornton, Sr., Pastor

New Hope Baptist Church
Jet. 1797 New Hope Tower Rd. Orlando
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Sunday Evening 6 p.m.
Wednesday Evening 7 p.m.
Bro. David Carpenter, Pastor

Northside Baptist Church
777 Faith Mountain Rd.
(Off 461 bypass) Mt. Vernon
Sunday
Sunday School 10 a.m.
Morning Worship 11 a.m.
Children's Church 11 a.m.
Hispanic Services 5 p.m.
Discipleship Training 6 p.m.
Evening Worship 6 p.m.
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Youth Pastor: **Bro. Jon Burdette**
Minister of Music:
Bro. Tony Renner

Ottawa Baptist Church
1074 Ottawa Rd. • Brodhead
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Children's Church 11 a.m.
Sunday Discipleship Training/
Youth Mission Groups 6 p.m.
Wednesday Youth Choir 6 p.m.
Wednesday Service 7 p.m.
Jim Craig, Pastor
758-8453
ottawabaptist@windstream.net

Our Lady of Mt. Vernon Catholic Church
515 Williams St.
(across from MVES)
Mount Vernon, Ky.
606-256-4170
Mass Times:
Tuesdays at 7 p.m.
Sabbath Mass: Sat., 5 p.m.
Holy Days 5 p.m.

Father Nick Pagano, Pastor
Sister Joyce Moeller,
Pastoral Associate

Philadelphia United Baptist Church
834 Bryant Ridge Rd.
Brodhead, Ky.
Sunday School 10 a.m.
Sunday Evening Service 6 p.m.
Wednesday Service 7 p.m.
Saturday Service 7 p.m.
Gordon Mink, Pastor
606-256-9724

Pine Hill Holiness Church
Rt. 2, Box 85
Mt. Vernon, Ky. 40456
Allen Hensley, Pastor
453-4801
www.pinehillholinesschurch.com

email: pinehillhc@aol.com
Sunday School 10 a.m.
Sunday Evening Worship 7 p.m.
Thursday Night Worship 7:30 p.m.
Saturday Night Worship 7:30 p.m.
WRVK (1460 AM) Broadcast
Noon Sundays
WYGE (92.3FM) 12:30 p.m.
Sundays

Pine Hill Missionary Baptist Church
81 Limeplant Hollow Road
Mt. Vernon, Ky. 40456
Contact: **Casey McClure**
606-308-4570
email: jcmclure@aol.com
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Discipleship Training 5:30 p.m.
Sunday Evening Worship 6:00 p.m.
Wednesday Prayer Meeting and
Youth Service at 7:00 p.m.
Prayer Partners Ladies Meeting
monthly every second Tuesday
at 6:30 p.m.

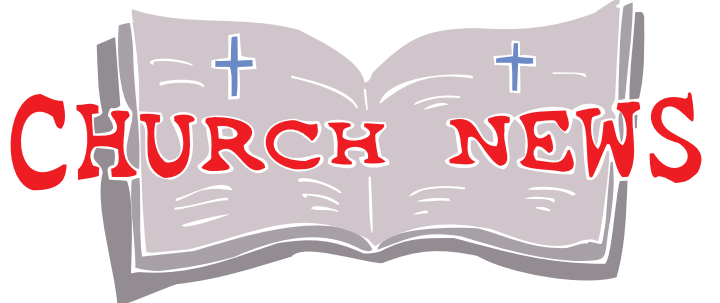
Providence church of Christ
1 mile off Hwy. 70 on Hwy. 618
Dan McKibben, Minister
758-8524 or 758-9316
Sunday Bible Study 10 a.m.
Sunday Morning Worship 10:30 a.m.
Sunday Evening 6 p.m.
Wednesday Bible Study 7 p.m.
2007 Gospel Meeting Schedule:
April 8-13 & October 7-12
email: dan.mckibben@juno.com
website:
www.WhatSaithTheScriptures.com

Rose Hill Church
Pastor: **Bobby Barnett**
Sunday School 10 a.m.
Morning Worship 11:00 a.m.
Sunday Night 6 p.m.
Wednesday Bible Study 7 p.m.

Sand Springs Baptist Church
Directions: Take Highway 1249,
go exactly 5 miles, church sets
on right
Bob Bradley, Pastor
Sunday School 10 a.m.
Sunday Worship 11:00 a.m.
Sunday Evening 6:00 p.m.
Wednesday Evening 7:00 p.m.

Wildie Christian Church
1478 Wildie Rd. • Wildie
606-256-4494
Kenton Parkey, Minister
Sunday School 10 a.m.
Sunday Worship 10:55 a.m.
Family Fellowship 6 p.m.
Wednesday Nite Cafe 5:15 p.m.
Bible Study 6 p.m.

Church news deadline
is Noon Tuesday



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(Cont. to A8)

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Little Destiny Hamm was in attendance at Maretburg Baptist Church on Sunday morning.



Harold Harper is the song leader at Maretburg Baptist Church.



The two oldest members of the Maretburg Baptist Church are, Verla "Peggy" Owens, left and Hazel Turpin. Mrs. Owens is 93 and Mrs. Turpin is 98.

We need your new mailing address - call 256-2244

Maretburg Baptist

(Cont. from A6)

vention and the Southern Baptist Convention. The goal of the church is to serve the Living Christ, enlarge His Kingdom by sharing the gospel of Christ in our community and around the world.

The members of Maretburg Baptist Church praise and thank the Lord for the way He has blessed us so.

We would like to pay honor to the memory of our deacons

Church News

(Cont. from A7)

Church. Best retirement and benefits available.

Contact Bro. Jerry Owens for transportation at 606-256-3075.

Fall Presentation

The youth group at Conway Missionary Baptist Church presents their annual fall presentation, Tribute to 911 "Heaven's Treasures, Hell's Torments, Where Will You Be?" Behold I stand at the door and knock... Revelations 3:20. A message for all. Everyone Welcome. Sat., Oct. 27 at 7 p.m. and Sunday, Oct. 28 at 6 p.m.

Revival at Scaffold Cane

A Weekend Revival Service will be held at Scaffold Cane Baptist Church. Services Nov. 2 and 3 at 7 p.m. and Sun., Nov. 4 at 11 a.m. and 7 p.m. Evangelist will be Josh Chasteen. Pastor Chris Cobb and congregation invite everyone.

Gospel Singing

There will be a Gospel Singing at Crossroads Assembly of God on Hwy. 150, Brodhead, Oct. 28th at 6:30 p.m.

Food and fellowship will follow. Come and enjoy and bring your friends.

Coles at Livingston Pentecostal

Bro. Bruce and Sue Cole will be preaching and singing at the Livingston Pentecostal Church on Sunday, Oct. 28th at 11 a.m. and 6 p.m.

Bro. Jim Miller, pastor, and congregation invite everyone.

"OttawaFest"

"OttawaFest" will be held at Ottawa Baptist Church Tuesday evening, Oct. 30 from 7:30 to 9 p.m. Lots of food, fun, games and fellowship. Everyone welcome!!!

Revival at Calloway

Calloway Holiness Church will be in revival starting October 28th at 6 p.m. and 7 p.m. thereafter. Evangelist will be Billy Bryant. Pastor Elzie Doan and congregation welcome everyone.

Revival

Revival services will be held at West Brodhead Church of God Mon., Oct. 22 through Fri., Oct. 26 at 7 o'clock nightly.

Evangelist will be Billy Bryant.

The church is located on Hwy. 3245.

Bro. John Erwin and congregation invite everyone to attend.

Upcoming Events at Philadelphia Baptist

Oct. 25, 26, 27: Revival with Bro. Ron Roberts.

Nov. 4th: Praise Singers.

Nov. 17th: Last Sat. night service until 2008.

Trunks of Treats

Maretburg Baptist Church, on Hwy. 150, will present a Halloween Alternative "Trunks of Treats" on October 30th from 6 to 8 p.m. in the church parking lots.

Brings your children, parents, for this safe alternative.

who have gone to be with the Lord: Brothers Dale Blanton, Harris Hamm, Monroe Turpin, Robert Wilmott, Robert "Bob" Cope, William H. "Babe" Harris, Charles Bunch and Ernest Lakes.

We thank the Lord for each member and each visitor and for all who work so faithfully.

The Maretburg Baptist Church congregation invites you to worship and work with us in our ongoing ministry to others.

Program of Worship

Sunday School 10 a.m.
 Sunday worship 11 a.m. & 7 p.m.
 Youth Classes Sunday 6 p.m.
 Discipleship Training - Sunday 6 p.m.
 Wednesday prayer meeting at 7 p.m.
 Youth Classes Wed. @ 7 p.m.
 Choir Practice Wed. @ 8 p.m.
 Children's and Youth Bible Drill (schedule per cycle)
 Van Ministry available



Mrs. Sue Rowe played the piano at Maretburg Baptist on Sunday morning. (Photos by: Richard Anderkin).

"What Is Written"

Today we would like to discuss the topic of sin. It seems we have a lot of folks in our world that doesn't see it as too big a deal. Why we even have some folks who can "wave a wand of excuse" over sin, and make it like it's OK. Let me give some examples. Drunkenness is called the "disease of alcoholism," homosexuality is called an "alternate lifestyle," pride and arrogance are called "building self-esteem," adultery and fornication, is just "having an affair." You get the picture of how people are white-washing sin. Now let's let God speak on the topic of sin. In 1Jn.3:4, "Whosoever committeth sin transgresseth also the law: for sin is the transgression of the law." Now listen to what Paul said about sin. "For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord." Rom. 6:23. Sounds like something to me, that we ought to be greatly concerned about. The only solution to the problem of sin is Jesus Christ and the gospel he brings of salvation. Seeing ourselves as lost sinners, believing on Jesus, repenting of sin and turning to the Lord, making the confession of faith, and being baptized for the remission of sins, can bring us salvation. Then be faithful, growing, Rev.2:10, 1 Pet.2:2. Have you done this?

Providence church of Christ - 758-8524

E-mail: Dan.McKibben@Juno.com

Web Site: www.WhatSaihtTheScriptures.com

Time of Services: Sunday 10am Bible Study, Worship 10:40 & 6:00pm; Wed. 7:00pm. Radio program, Sun.8am, 1460 AM

Come Celebrate the Harvest Season at the Bible Baptist Church

Kids For Christ Ministries'

FALL FESTIVAL

Tuesday, October 30th
(6pm - 8pm)

At Bible Baptist Church in Mt. Vernon

OVER 30 FUN - FILLED BOOTHS!!!!

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Fall Festival

Oct. 30 6-8pm

First Baptist Church

Games

FREE!

Candy

Fun

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 Admission is FREE!
 Costumes are welcome,
 but please refrain from scary or gory costumes.
 Safe fun for the whole family!

Call the church office for more details (606) 256-2922

Inflateable Games

Food

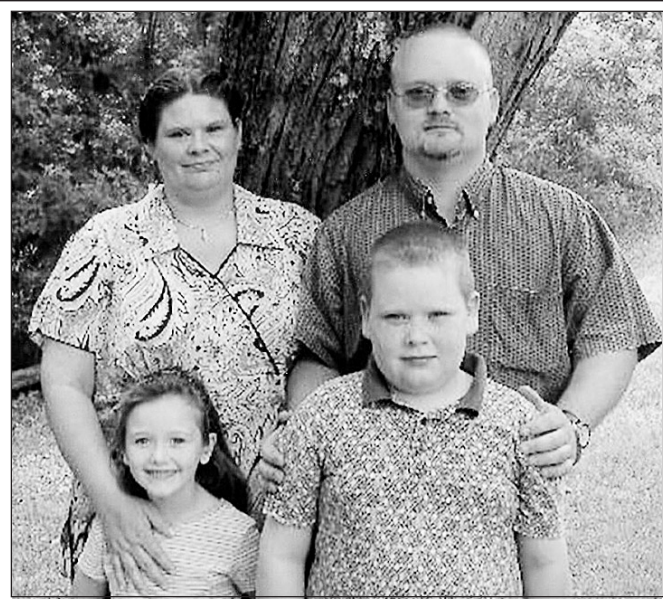
Pastor Appreciation Month



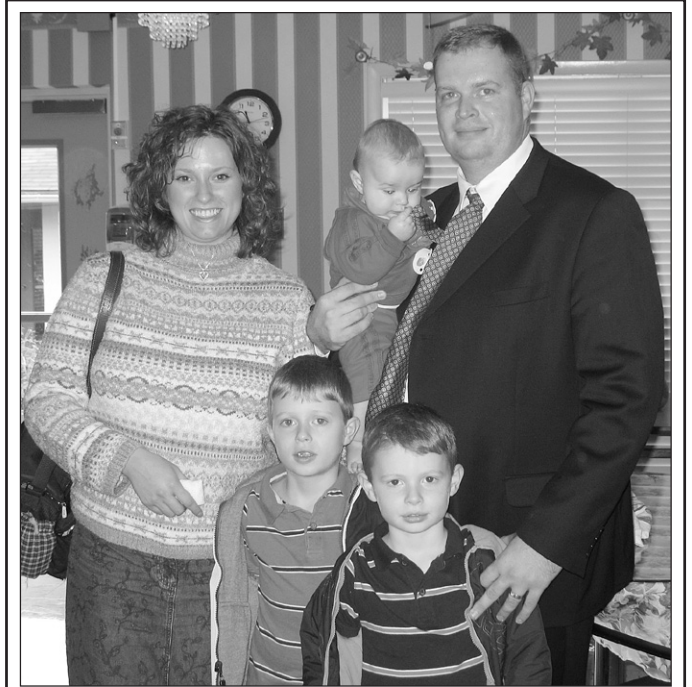
The Cupps Chapel Holiness Church would like to say thanks to our pastor, Bro. Dwayne Carpenter and his wife Lisa for their help in our church for the last eight years. They have been a true blessing to all of us by preaching the wonderful word of God and showing their love and support to our church. The church is located on Copper Creek Rd. Services are Sunday at 6 p.m. and Thursday night at 7 p.m. Come join us for a wonderful touch from God.



Ottawa Baptist Church members would like to extend a special thank you to our pastor, Bro. Jim Craig and his family, for their commitment to the Lord and for all the hard work you do and have done for our church in the past five years. We are very thankful that the Lord sent you to us. *We love you and appreciate you very much.*



New Hope Baptist Church of Orlando would like to express our appreciation to our Pastor Bro. David Carpenter, his wife Gail and children Lucas and Haley. Jesus said in Matthew 9:38: *Pray ye therefore the Lord of the harvest, that he will send forth laborers into his harvest KJV.* Your family has been an answer to our prayers. May God continue to bless your labor of love in Christ.



The church family of Central Baptist would like to express their love and appreciation to Pastor Mark Eaton. Bro. Mark is blessed with his lovely wife Elizabeth and three sons, Caleb, Isaac and Joshua. Bro. Mark has a God given vision for our church - Matthew 28: 19-20. Under his leadership, it is our goal to give the Good News of Jesus Christ to the people of Rockcastle County, the people of Kentucky, the United States and the entire world. Central Baptist shares the Gospel through these Outreach Ministries: Children's Church, Bus Ministry, monthly services at Rockcastle County Health and Rehabilitation Center and Rockcastle Hospital, radio program on WRVK, Calvary Baptist Mission in Crab Orchard, and direct support to 30 missionaries in the United States, around the world and Central Baptist Christian Academy. Our church is excited by the direction Bro. Mark is leading us to more fully serve the Lord. We greatly appreciate his hard work and diligence. *Thank you Pastor Mark Eaton from your church family.*



"*Sure Enough*" The members of the Brush Creek Holiness Church would like to express their love and appreciation to our Pastor, Bro. Lonnie McGuire and wife Pam. Your dedication to God, the church and family is an inspiration and example to each member. May it be a kind word or a soft smile, to make beautiful the house of God or to help someone in need. Our pastor and wife are always there, "sure enough". May God continue to bless you and yours. *Brush Creek Holiness Church.*



Members of the Sand Hill Missionary Baptist Church would like to express our appreciation to our pastor, Bro. Tommy Miller. Thank you for bringing God's word these past eight years, and for all you and Sharon do for us. You both are a light and inspiration. *We greatly appreciate your love and may God bless you and your family.*

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Gospel Meeting
at the
Blue Springs Church of Christ
with
Wayne McKamie
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October 28 - November 4
7:00 p.m. Nightly
Lord's Day Worship:
Sunday, October 28th - 10 a.m. and 6 p.m.
Sunday, November 4th - 10 a.m. and 1:30 p.m.
EVERYONE WELCOME

STATEMENT OF NONDISCRIMINATION

Jackson Energy Cooperative is the recipient of federal financial assistance from the Rural Utilities Service, an agency of the U.S. Department of Agriculture, and is subject to the provision of Title VI of the Civil Rights Act of 1964, as amended, Section 504 of the Rehabilitation Act of 1973, as amended, the Age Discrimination Act of 1975, as amended, and the rules and regulations of the U.S. Department of Agriculture, which provide that no person in the United States, on the basis of race, color, religion, national origin, sex, age or disability shall be excluded from participation in, admission or access to, denied the benefits of, or otherwise be subjected to discrimination under any of this organization's programs or activities.

The person responsible for coordinating this organization's nondiscrimination compliance is Sharon Riley, Equal Employment Coordinator. Any individual, or specific class of individuals, who feels that this organization has subjected them to discrimination may obtain further information about the statutes and regulations listed above from and/or file a written complaint with this organization; or the Secretary, U.S. Department of Agriculture, Washington, D.C. 20250. Complaints must be filed within 180 days after the alleged discrimination.

Confidentiality will be maintained to the extent possible.



1 Voice earns nomination in 2007 Eddie Awards
 National Recording Artist 1 Voice of Brodhead, Kentucky, has received a nomination in the Eddie Crook Company's inaugural Eddie Awards. 1 Voice received the nomination in the category of Duet of the Year. The Eddie Crook Company is a major Southern Gospel record company located in Nashville, Tennessee. The Eddie Awards were designed to recognize outstanding achievement for artists, ministries and writers associated with the ECC, as well as support personnel and suppliers to the Company. This year's ceremony will be held on Thursday, November 29, 2007 in Pigeon Forge, Tennessee as part of the Christmas in the Smokies annual event. All award winners are voted upon by the Eddie Crook Company roster of artists. For additional information call Cyndi at (615) 851-1360.



The Flat Rock Baptist Church would like to take this opportunity to thank our Pastor, Brother Larry Burton and his wife Judy for their service to God this past year. We appreciate all they have done for each of us, our families and our community.
 May God bless you both, we love you dearly.

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Mt. Vernon Message

School News
RCMS Touring Theatre will be here on Thursday, October 25.

4th Grade UNITE Club meets on Friday, October 26 at 2:00.

PTG News
PTG Mega Blast is scheduled for Tuesday, October 30 from 3:15 until 5:30.

FRC News
FRC Council meeting is scheduled for Thursday, October 25.

Red Ribbon activities for the next week include:

Thursday, October 25 is Inside Out Day. Wear your clothes inside out.

Friday, October 26 is Cap Day. Be sure to wear a cap.

Monday, October 29 is Teacher Look Alike Day. Dress up as your favorite teacher.

Tuesday, October 30 is Boot Day. Wear your boots!

Wednesday, October 31 is Favorite Team Day. Dress like

your favorite team.
FRC Adult Computer Classes will be held each Monday from 6:00 until 8:00.

FRC/CAP GED Classes will be held each Tuesday from 1:00 until 2:15.

Project Wisdom
Readers for last week were: Monday: John David

Hurley, student
Tuesday: Tyler Creech, student

Wednesday: Peggy Lawson, student
Thursday: Ryan Winstead, student

Friday: Jamie Cornelius, music teacher, was the mystery reader.

Our quote for this week is: Keep your eyes on the stars and your feet on the ground."



Mrs. Cummins and Mrs. Bryant having way too much fun.



Mt. Vernon Elementary School held their CATS Celebration last Friday. This event was to celebrate their test scores. Last year's 3rd, 4th and 5th grade students were promised to be able to put a pie in their teacher's face for every Distinguished score. With 252 Distinguished scores, that was a lot of pie and students thoroughly enjoyed this celebration. Only last year's 3rd and 4th grades participated in this event. Last year's 5th graders will have a separate event and be transported from the middle school to put pie in their teacher's faces. Pictured above, the 3rd grade teachers are dressed for the pie throwing event. They are from left: Jennifer White, Delilah Barnett, Brenda Bullock, Shelley Parkerson and Jennifer DeBorde.

Minds in the Middle

Congratulations to Mrs. Kathy Bobo's 6th grade Voyager homeroom on receiving the top attendance last week. Mr. Tracy Gabbard's 6th grade Enterprisers homeroom finished a close second, followed by Mrs. Kim Wolfe's 7th grade Shooting Stars.

This Friday, RCMS students will all wear red to "Unite for Drug and Cancer Prevention." As part of Red Ribbon Week, our Student Council and Unite members have designated a drug-free theme for each day. Monday will be "Show Your

Drug Free School Spirit" Day. We are requesting that all students wear Rocket red or blue. On Tuesday, all students and staff are encouraged to wear sunglasses to "Shade Out Drugs." On Wednesday, we "Say Boo to Drugs" by wearing orange and black. We will end Red Ribbon Week next Thursday by wearing camouflage to "Join the Fight Against Drugs."

The RCMS Leadership Teams have joined in with Red Ribbon Week to help promote cancer prevention. On Friday

(Unite for Drugs and Cancer Prevention), the Leadership team will be selling pink M&M's in an effort to raise money to create care packages for patients at Rockcastle Hospital's UK Markey Cancer Center. They will also be collecting monetary donations from students for the Leukemia and Lymphoma Society. The homeroom with the most donations for these blood cancers will receive popcorn, pop, and a movie.

This Friday, we will be having a book give-away in our Media Center. Every student will receive a free new book and will have an opportunity to enjoy the reading atmosphere in our Media Center.

There will be an ACT prep class on Thursday, October 25th from 3-4:45 in the Media Center. All 7th grade students eligible to participate received a notice and permission slip last week. Please see Mrs. Vanessa Bullock with any questions or to turn in a permission slip. This class is for 7th graders who will be taking the ACT as part of the Duke Talent Identification Program.

The deadline to order pictures is Friday, November 2. Picture retakes will be next Monday, October 29th. Students must have a note from their parent requesting a picture retake.

Congratulations to the 7th grade Rocket football team. They defeated Boyle County 12-0 last week to take the conference championship! The trophy is currently on display in the front office.



4th grade teachers dressed for the pie throwing event were from left: Carolyn Bryant, Sara Coguer, Cloia Collins, Julie Asher, Deborah Cummins and Robin Rumsey.



Four students scored Distinguished in all areas tested: Alaina Coguer, Callie Asher, Danielle McNew and Chelsea Fleming. These girls were invited to play in a round of volleyball with the teachers.

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Date -
November 4 - 7

Time (Remember the time change)-
Sunday 11:00am and 7:00pm
Monday-Wednesday 7:00pm

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Respiratory Therapists: Making every breath matter

Inhaling the smell of your favorite cookies, blowing up a balloon for a birthday party or whistling your favorite tune...these are all things many of us do with little thought. The ability to fill your lungs with air and get enough oxygen to your brain is a primary function for survival. On average, people take around 24,000 breaths per day. Rockcastle Hospital and Respiratory Care Center employees staff to help those who have difficulty breathing on their own.

Rockcastle Hospital employs ten RRT's (Registered Respiratory Therapist), 49 CRT's (Certified Respiratory Therapist), one CTE (Certified Eligible), three RTE's (Respiratory Therapy students), ten PSRNA's (Pulmonary State Certified Nursing Assistants) and one equipment technician. There are a total of 64 respiratory staff members.

The Respiratory Therapist's role in the organization is to ensure that the residents and patients receive the highest quality of respiratory care services. An integral part of our hospital's team of medical professionals, they are skilled in all areas of respiratory therapy, which include but are not limited to: ventilator management, oxygen therapy, nebulizer and MDI therapies, bronchial hygiene therapies, tracheostomy care, tracheostomy changes, arterial blood gas sampling, ventilator weaning, CPAP and BiPAP management and emergency management.

Director of Respiratory Therapy Jeff Smithern and his

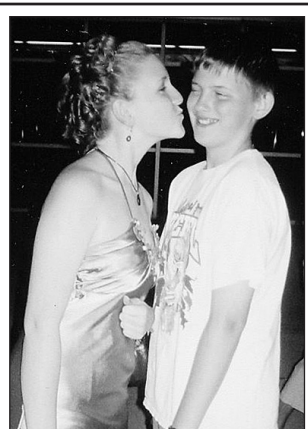
staff work daily to evaluate, educate and treat patients with lung disorders. "We can literally bring a breath of fresh air to our patients. A career as a respiratory therapist is such a rewarding experience. For 20 years, I have worked with patients to improve their quality of life."

The Respiratory Therapy Department not only supplies services for the 79 ventilator dependent residents, acute care patients, Rockcastle Health and Rehabilitation residents and Emergency Department patients, they also provide services which include PFT's (Pulmonary Function Testing), EEG's (Electroencephalograms), cardiac stress testing and pneumogram testing.

The department also plays an active role in Pulmonary Rehab Program, Smoking Cessation Program, and it provides clinical rotations for respiratory and nursing students.

The Respiratory Department provides services and care for all age specific patients with many different diagnoses. The respiratory team, with other disciplines, provides education on lung disease, smoking cessation, and more upon the admission to the hospital and to the community by participating in job fairs, school fairs and symposiums.

For additional information on the Rockcastle Hospital and Respiratory Care Center's Respiratory Department or services you may contact Jeff Smithern, RRT, Director of Respiratory Therapy at 606-256-7726.



Happy 13th Birthday
Brandon
October 29th
Love you - Sarah



Lordy Lordy Look
Who's 40!
Love - Kyle, Ashley & Sam



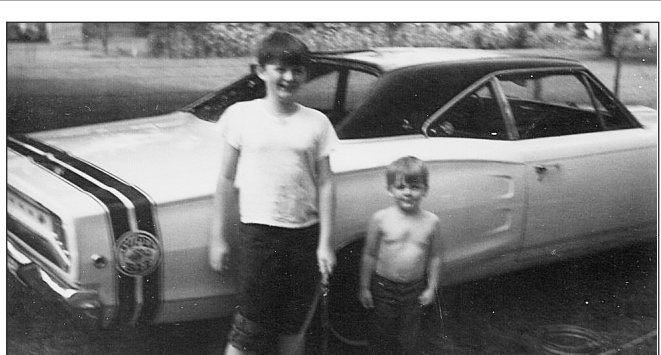
Happy Birthday
Love Jake and Grand



Jonathon and Gene Garland would like to announce the birth of their first child, a beautiful baby girl, Jazzelyn Kaye Garland was born September 21, 2007 weighing 7 lbs. 1 oz. and was 19 3/4 inches long. Grandparents are Berkley and Sheila Allen of Orlando, Dennie Garland of London and Shirley Osborne of Manchester. Great grandparents are William Henry and Genevieve Vanwinkle of Orlando and Martha Allen of Orlando.



Hazel Bullock will be celebrating her 91st birthday at her home November 4th. All family and friends are invited.



Happy Birthday Ricky Dale Bullock October 30th
Christopher Glen Bullock October 21st
Good Cars & Good Boys Just Get Better With Age!

District Judges attend 2007 Fall Conference

District Judges Jeffrey Scott Lawless and Katie Wood, who serve Pulaski and Rockcastle counties, took part in the 2007 District Judges Fall Conference offered by the Administrative Office of the Courts (AOC) for district judges throughout the state. The conference took place Oct. 7-10 in Lexington, Ky.

"A wide variety of cases comes into District Court," said District Judge Steve Hurt who serves Cumberland and Monroe counties and is president of the Kentucky District Judges

Association. "We want to prepare district judges to ably handle the issues they face in their courtrooms and this conference provided exceptional sessions on the basics along with updates on the latest topics."

Barbara E. Bergman, a national expert on the topic of evidence and a faculty member at the University of New Mexico School of Law, taught an in-depth session on the principles of the rules of evidence. Steve Hanson, director of the Bureau of State Operated Addiction Treatment Centers for New York state gave a comprehensive presentation on substance abuse and the vicious cycle of addiction. Kentucky district judges taught the other sessions, which focused on case law, contempt and fines, innovative judicial programs, elder abuse and adult protective services, and domestic violence.

District Court handles juvenile matters, city and county ordinances, traffic offenses, pro-

(Cont. to A12)



Certified Respiratory Therapist Stacey Roberts (right) works with resident Mrs. Edie Seagraves. Roberts is one of Rockcastle Hospital and Respiratory Care Center's staff members celebrating Respiratory Care Week October 21-27, 2007.

• CELEBRATING • National Respiratory Care Week

October 21-27

Natasha Abner	Kimberly Deaton	Ellen Miller
Paul Abney	Carl Doan	Lesley Miller
Kellie Allen	Linda Foley	Sarah Miracle
Kim Blair	Kara Francisco	Lisa Morgan
Jessica Blanton	Jeanette Gardiner	Niki Navarre
Nelson Bond	Sharon Hardy	Jennine Petrey
Renaye Bowman	Brenda Hayes	Brittney Powell
Steve Bowman	Delbert Hines	Tamara Powell
Robin Bradley	Patricia Hobbs	Hank Price
Neil Bray	Angela Holland	Jeanie Renner
Thomas Brookman	Shirley Howard	Melody Reppert
Summer Brown	Peggy Hubbard	Tammy Reynolds
Donna Bryant	Janice Ingram	Trish Roark
Donna Bullock	Stacey Irvin	Stacy Roberts
Jennifer Cameron	Tabitha Jones	Elizabeth Rumsey
Michael Carpenter	Debra Lawrence	Diana Skaggs
Summer Chasteen	Peggy Lemaster	Alice Smith
Diana Clemmons	Elizabeth Lenhardt	Allen Smith
Larry Combs	Leah Leonasio	Jeff Smithern
Emily Corey	Barry Little	Vernon Sowder
Ruth Cornelius	Priscilla McFalls	Ivy Tincher
Harold Costello	Michael McFerron	Rodney Weaver
Anissa Cromer	Shana McFerron	Marsha Wilson
April Cromer	Michael McGuire	Angela Wyatt
Kelly Croucher	Melissa Miller	

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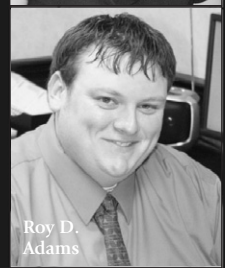


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B-Bob Blanshard • Jason Proctor

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RED RIBBON WEEK-The BES 5th grade UNITE Club is hosting Red Ribbon week October 23-31st. Red Ribbon Week is a national anti-drug week that focuses on a lifetime commitment to being drug-free. During this week BES will have a theme for each day for students to participate. Each student will receive a red ribbon with a number on it that will make them eligible for a daily prize. The theme days for the week are:

Tuesday, Oct. 23- "Hide from DRUGS!"-Wear camouflage.

Wednesday, Oct. 24-"Slip away from DRUGS!" -Wear your favorite pair of slippers/pajamas.

Thursday, Oct. 25- "Boot out DRUGS!"- Wear your favorite pair of boots.

Friday, Oct. 26- "Just say NO to DRUGS!"- Wear red from head to toe.

Monday, Oct. 29-"Turn your back against DRUGS!"-Wear your clothes backwards.

Tuesday, Oct. 30-"Don't be

crazy, stay away from DRUGS!"-Wear crazy clothes and hair.

Wednesday, Oct. 31-"Stay clear of DRUGS!"-Dress up as your favorite career.

FOOD DRIVE-AmeriCorp workers Rachel Falin and Brittney Campbell have organized a food drive to help the local mission. BES students have collected 1,678 cans so far. Mrs. Dottie Williams' second grade class is winning the competition with 205 cans collected. The class with the most cans collected by October 31st will win a pizza party. Help your child's class win a pizza party and help the community-send in those cans!

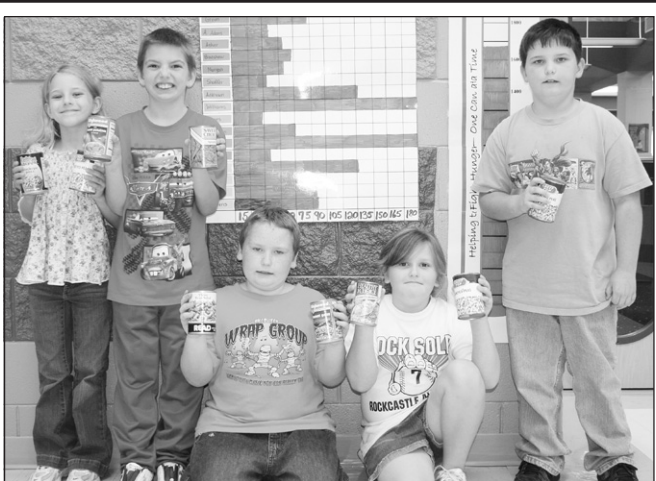
FIRE SAFETY- The Brodhead Fire Department visited BES recently in honor of Fire Safety Week. Members of the Brodhead Fire Department discussed fire safety with the students and showed the students their fire engines. Thanks to the Brodhead Fire Department for sharing their knowledge with BES students!



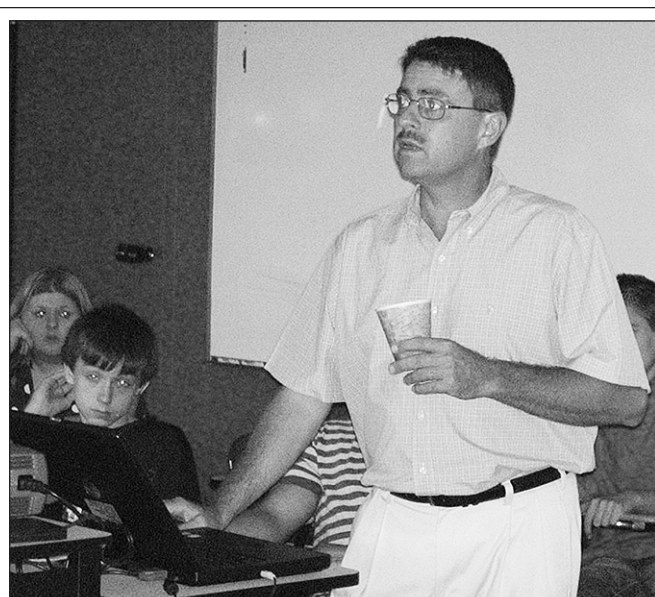
Brodhead fireman Doug Benghe showing a fire engine to BES students during Fire Safety Week.



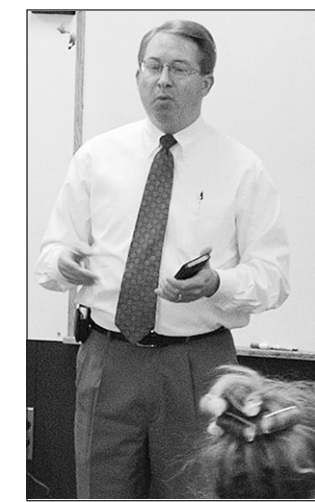
BES first graders showing their appreciation to the Brodhead Fire Department with a big hug.



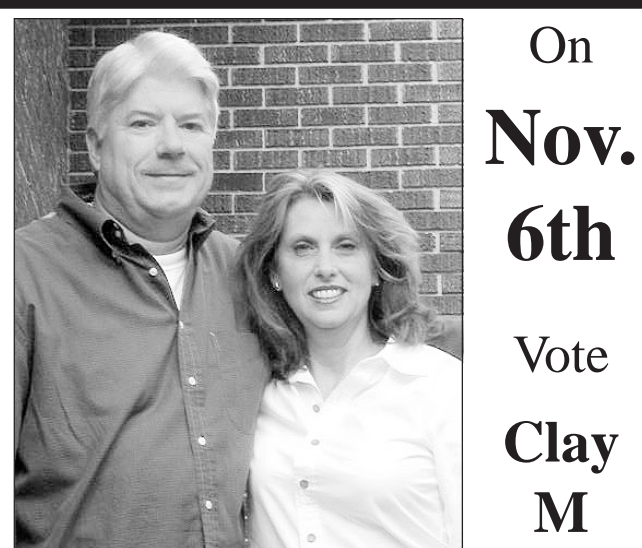
Mrs. Dottie Williams' second grade class at BES is winning the food drive competition so far by collecting 205 of the 1,678 total cans. The food drive ends October 31. The class with the most cans wins a pizza party. Pictured are some of Mrs. Dottie's second graders: Megan Taylor, Tyler Napier, Isiah Allen, Courtney Wren, and Jacob Barnes.



We, the Challengers, of RCMS would like to thank Mr. Anthony Asher and Mr. Steve Singleton of PBK Bank, Mr. Mike Blount of Community Trust Bank, and Mr. Corey Craig of Citizens Bank for sharing how math can and is used in the real world. The gentlemen shared with the students about percents, interest rates, terminology, and how this can be used to help them in the future. They used illustrations like how interest rates affects your payment when you buy a car or house and it was a real eye opening experience. Again, THANK YOU for investing in our future.



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 Sun., Oct. 28, 2007 at 6 p.m.



On **Nov. 6th** Vote **Clay M**

BISHOP for COURT OF APPEALS

From My Heart To Yours,

My name is Shirley Bishop, I am a breast cancer survivor. I would like to take this time to encourage everyone over 40 or with a history to have a check up. I had no warning signs or family history and my husband, Clay Bishop insisted that I have a mammogram, it saved my life. I am here today and healthy. I am active on the Governors breast Cancer Research and Trust Fund. This month is BREAST CANCER AWARENESS. I ask you to please take care of yourself and those you love. I also want you to know that same man that struggled with me two years through surgery, chemotherapy and the entire nightmare is a wonderful Christian man. He also is a Candidate for the Court of Appeals.

I ask everyone Please vote for Clay M. Bishop, Jr., Judge for Court of Appeals on Nov. 6.

Shirley Bishop

Paid for by Shirley Bishop

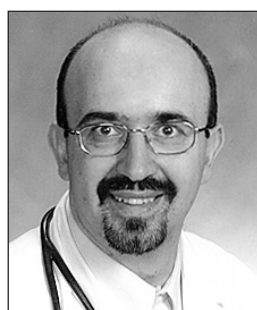
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For the second year in a row, RCMS received the banner for the best yearly attendance average in the district. Congratulations to our students on that accomplishment. These two students are doing their part to help RCMS keep the award. Crystal Doan and Justin Houk recently received gift cards for their attendance efforts. Keep up the good work!



Samantha Collins, Briana Tillery, Jessica Bledsoe, and James Kersey won gift cards on October 4th during a high attendance day incentive at RCMS. We appreciate all of our students for realizing that students cannot learn if they are not in school. Way to go RCMS!

"Judges"

(Cont. from A11)

bates of will, felony preliminary hearings and civil cases involving \$4,000 or less. District judges serve four-year terms. The Administrative Of-

fice of the Courts supports the activities of more than 3,500 Kentucky Court of Justice employees, including the elected offices of justices, judges and circuit court clerks. The AOC Office for Judicial Branch Education provides continuing education programs to Kentucky judges and circuit court clerks.

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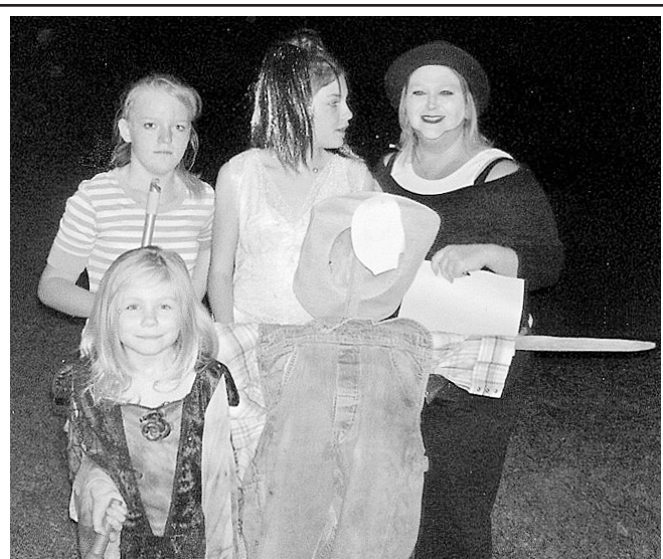
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A recent "Scarecrow-errific" Halloween Party was held at the home of Nathan Anglin in Brodhead and the partygoers competed for best scarecrow costume. Team 1 had the winner of the contest, but he may have cheated just a little since they came up with a live scarecrow in the person of Lonnie "Gramps" Anglin. In the above photo are, from left: Joshua Robbins, Lonnie Anglin, Jeremiah Murphy and Nathan Anglin.



Comprising Team #2 were: LeeAnn Tankersley, Hazel Bullock, Lacey Hipps and Billie Jo Tankersley.



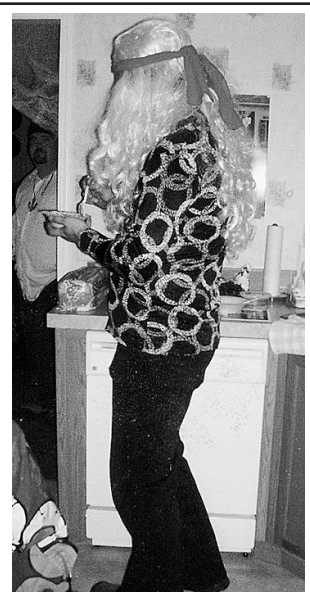
Team #3 at the party was made up of: Hunter Murphy, Logan Anglin, Jonas Murphy and George Murphy.



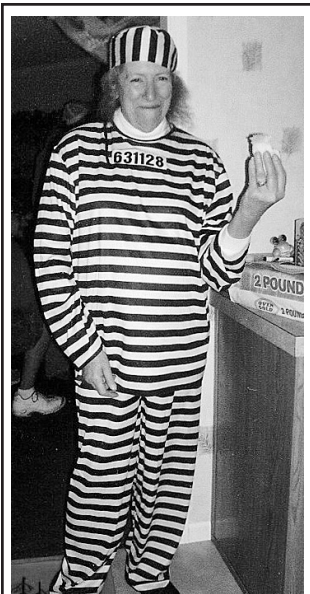
Celebrating her first Halloween Party was Alexandria Anglin, shown with Grammie Vickey Anglin. A special thanks from everyone to Alexandra, Nathan and Shelley Anglin for hosting the party.



Gramps Lonnie Anglin was the winner of the best scarecrow contest.



Mark Hipps was one of the door prize winners for his 1970's hippie costume.



Jail Break Granny Marcella Carpenter was another door prize winner at the party for her costume.

Clark awarded scholarship

James Daniel Clark of Rockcastle County has been awarded the Benny Ham Memorial Scholarship to attend Somerset Community College for the Fall 2007 Semester.

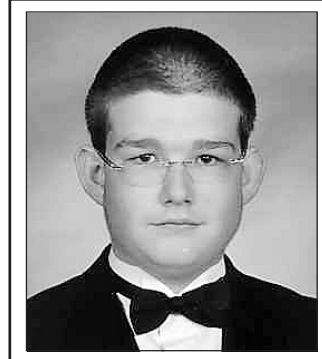
The Benny Ham Memorial Scholarship was established through a donation from the Pulaski County Bar Association. Ham was an attorney in Pulaski County.

Clark ranked 64th in his graduating class of 240 at Rockcastle County High School. He maintained a 3.25 grade point average (GPA) in high school. He is 18 years old.

Clark is majoring in Information Technology at SCC. His college GPA is 4.0.

While in high school, Clark was a member of the Future Business Leaders of America, Key Club, and the Chess Club. He won the Outstanding Underclassman Award at Rockcastle County High School for his web page design.

In addition to attending SCC, Clark operates a lawn



James Daniel Clark

care business and a computer technology business.

Clark is the son of Sandi Himes of Mt. Vernon.

For more information about scholarships to attend Somerset Community College contact Veronica DeBord at (606) 451-6647 or call toll free at (877) 629-9722, ext. 16647. Additional scholarship information is also available at the SCC website listed below.

Somerset Community College is a comprehensive two-year institution of higher education. SCC has campuses in Somerset and London, centers in Clinton, McCreary, Russell and Casey Counties. The online web address is www.somerset.kctcs.edu. Call for admission and registration information toll free at 1-877-629-9722.

KCTCS serves the Commonwealth through 16 community and technical college districts that form a seamless system of 62 campuses open or under construction. KCTCS colleges change lives by providing accessible and affordable education and training through academic and technical associate degrees; diploma and certificate programs in occupational fields; pre-baccalaureate education; adult, continuing and developmental education; customized training for business and industry; and distance learning. For more information, visit www.kctcs.edu.

Alcorn awarded Cornelia Cooper Scholarship for SCC

Crystal Sue (Durham) Alcorn of Mt. Vernon has been awarded a 2007 Richard and Cornelia Cooper Scholarship to attend Somerset Community College.

The Richard E. and Cornelia Cooper Endowed Scholarship was established in 2005 by long-time friends and supporters of SCC the late Richard E. Cooper and Cornelia Cooper.

Alcorn graduated from Madison Central High School in 1983 with a grade point average of 3.789. She is one of many non-traditional students at SCC who are seeking to continue their education.

She is majoring in Registered Nursing at SCC. She hopes to further her education in the medical field and desires to work in an environment that will enable her to help others.

Her hobbies include gardening, sewing and crafting. She and her husband, Darrell, have three children: Jessica, Nick and Carissa.

She is the daughter of Sandra and Joe Durham, Jr. of Berea, KY.

For more information about scholarships to attend Somerset Community College contact Veronica DeBord at (606) 451-6647 or call toll free at (877) 629-9722, ext. 16647. Additional scholarship information is also available at the SCC website listed below.

Somerset Community College is a comprehensive two-year institution of higher education. SCC has campuses in Somerset and London, centers in Clinton, McCreary, Casey, and Russell Counties. The website is www.somerset.kctcs.edu. Call for admission and registration information toll free at 1-877-629-9722.

KCTCS serves the Commonwealth through 16 community and technical college districts that form a seamless system of 62 campuses open or under construction. KCTCS colleges change lives by providing accessible and affordable education and training through academic and technical associate de-



Crystal Alcorn

"Williams"

(Cont. from front)

life as the worst punishment for Williams and an alternative sentence of 50 years on the sodomy and 20 years for the incest charge.

But, he got neither. "I wanted everything I could get for this individual because of the horrible crime he committed against this little girl," Bartley said.

"This trial was all about the child and an act by an adult that could cause her pain and suffering for her entire life," he said.

Even though he didn't get what he wanted, Bartley was pleased with the verdict and the recommendation of up to 30 years in prison. "I applaud the jury for finding justice for this little girl. Nothing can undo what has been done to her, but we're glad that this man will be behind bars for a long, long time - they did their job," Bartley said.

According to a statement from Bartley's office, Williams was charged in April of this year after an investigation by KSP officer Coby Smith and DCBS worker Joyce Cummins.

The investigation showed that Williams, along with his wife, had performed sexual acts with their own 21-month-old daughter.

During the one day trial, a doctor of forensic medicine testified that, after an examination, he had concluded that there was no doubt the child had been sexually assaulted.

Also according to Bartley's news release, a neighbor testified at trial that the mother had confided in him that she allowed the child to perform sex acts on the father and herself.

Other witnesses testified that the child made inappropriate remarks to strangers that clued them into something not

being right.

At the time of his arrest, Williams also confessed to the act, and he did not take the stand in his own defense on Tuesday.

According to Bartley, under current Kentucky law, the judge has the final decision as to whether the sentences for Williams will run concurrently or consecutively.

"The jury recommended that the sentences run concurrently, but the judge can decide differently on December 14th, if he finds reason to do so," Bartley said.

The Sodomy charge is a violent offense which means Williams will be required to serve at least 85 percent of his sentence. He will also have to register as a sex offender and, once released from prison, he will be on supervised release for five years.

Virginia Williams, who has been in jail along with her husband since April 19th under a \$200,000 cash bond, will face a separate trial on charges of complicity to sodomy, incest and sexual abuse. Those charges also carry a maximum punishment of life imprisonment.

Virginia Williams was subpoenaed in the case to testify but she invoked her right not to testify against her husband.

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In volleyball

Lady Rockets fall to Corbin in finals of regional tourney

When the Lady Rockets arrived at Middlesboro last Thursday night, they knew they had a big hill to climb if they wanted to make it to the championship match. They would be playing Cumberland, a team that had been ranked in the top two all season.

The Rockets started off very slow with Cumberland taking an early 7-2 lead. The Rockets then put together a run of their own, behind the serving of Natalie Haarman, Bethany French and Loren Reynolds. The first game ended in a close score 25-23 in the Lady Rockets' favor.

The Rockets stepped onto the court ready to play at the start of the second match. Jessie Witten served 9 straight points to give the Rockets an early lead and Sarah McKinney and Morgan Hunt dominated the net, keeping the Cumberland players on the de-

fense most of the second game.

The Rockets easily won the second game 25-15 and moved on to their 4th regional Championship match in 5 years. Jessie Witten led the team with 14 serve attempts and 7 aces. She also added 8 kills. Sarah McKinney led the team with 10 kills and two blocks and Bethany French had a team high 22 digs. Loren Reynolds led the team with 16 set assist.

The Lady Rockets found themselves in the 13th Region Championship match against the Corbin Redhounds, the team that knocked them out of the tournament just one year earlier in the semifinals.

The game went back and forth, with neither team ever leading by more than 3 until the end of the game.

Jessie Witten had 6 kills at the end of game one which helped lead the Rockets past the Redhounds in the first game

25-21.

The second game was even closer, but unforced errors really hurt the Rockets. Sarah McKinney had 7 kills but it wasn't enough to get past the Redhounds as the Rockets lost 25-22.

Errors would also end up being the dagger for the Rockets as they continued into game three.

With the Rockets ahead 19-17, the Rockets made 5 crucial errors that eventually cost them the game 25-20.

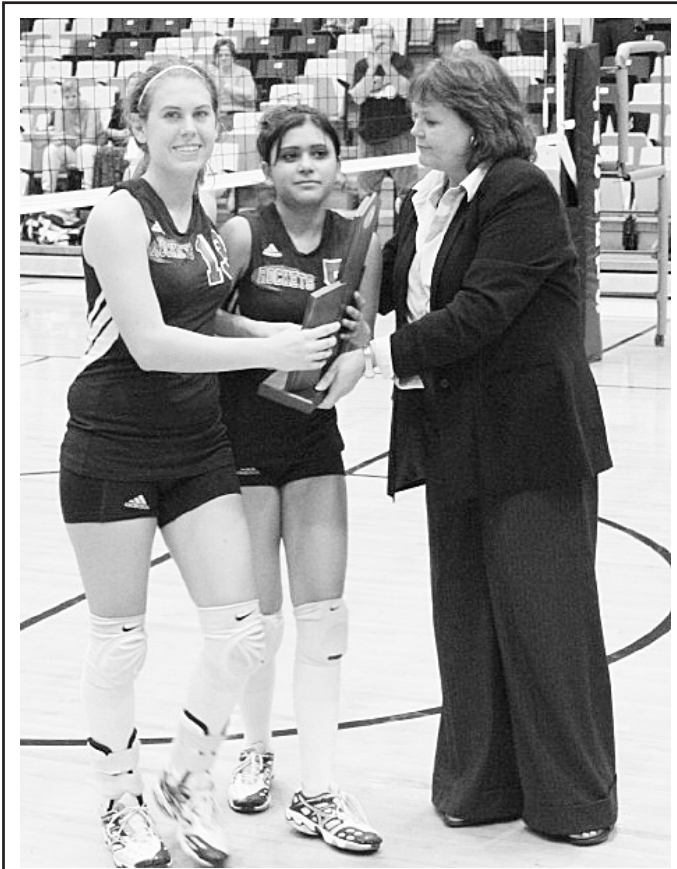
"This could have gone either way. Unforced errors really hurt us tonight," said Coach Larry Lee after the game. "It's not the outcome we wanted but I'm so proud of

these girls. No one gave them a chance this year. They have gone through a lot with injuries but they showed tonight that they are still one of the top teams in the Region."

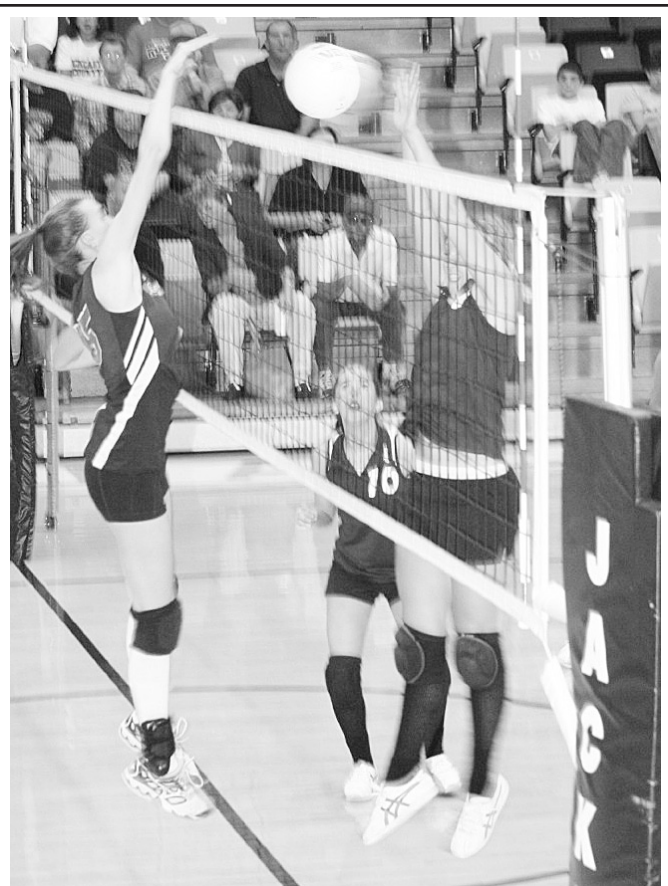
This was the 4th time in 5 years that the Rockets advanced to the 13th Region championship match. Jessie Witten, Bethany French, and Sarah McKinney were named to the 13th Region all-tournament team.

Jessie Witten led the team and tournament with 122 attacks, 42 kills, 49 serve attempts and 12 aces. She also added 28 digs. Bethany French led the team and tournament

(Cont. to A15)



RCMS volleyball seniors Monica Childress, left and Khyati Patel accepted the runner-up trophy at the regional tournament in Middlesboro last Thursday. The Lady Rockets fell to Corbin in the championship match but broke several team records during the season and tournament (see volleyball story).



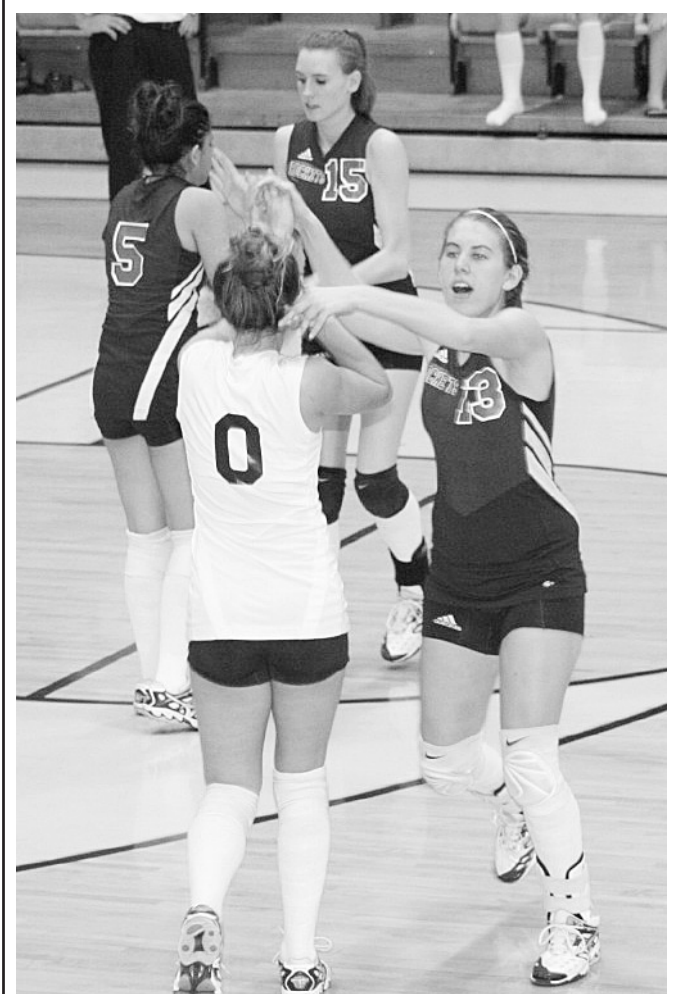
Lady Rocket junior volleyball player Sarah McKinney, is shown killing the ball against Cumberland on Thursday night in the semi-finals of the region.



RCMS Lady Rocket Volleyball players from left: Jessi Witten, Bethany French and Sarah McKinney made the all regional team last Thursday night at Middlesboro.



Lady Rocket volleyball libero Bethany French digs the ball out against Corbin in the first game of the championship match, in the regional tournament on Thursday night. The Lady Rockets won the first game, but lost the next two to finish runner-up. Player Natalie Haarman, #8 is shown at right. (Photos by: Richard Anderkin).



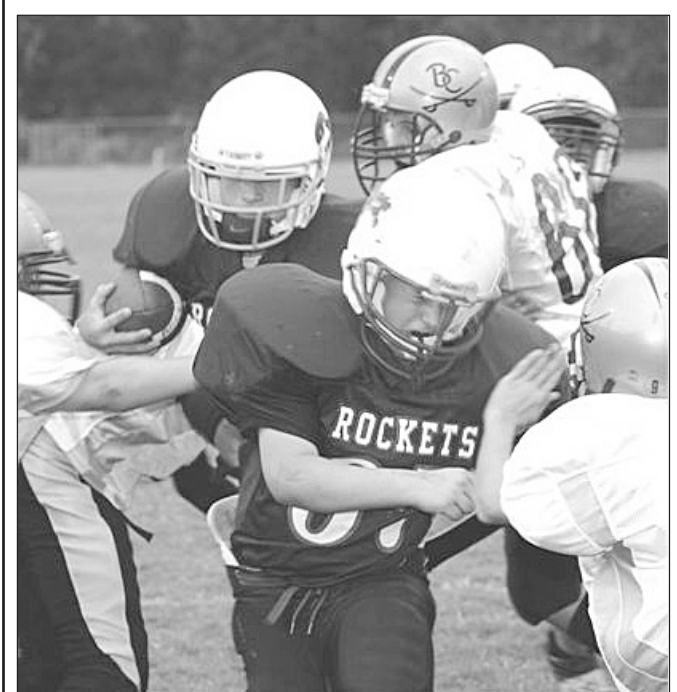
RCMS Lady Rocket senior Bethany French substitutes for senior Monica Childress in the first match on Thursday night against Cumberland. The Lady Rockets won that match in two games.



Junior Loren Reynolds, who led the Lady Rockets in sets this season, is shown setting for Sarah McKinney in the championship match against Corbin on Thursday night. The Lady Rockets dropped the final two games of the match after going up 1-0 against the Lady Red Hounds.



66 Cody McCormick a tackle for the RCMS 7th grade Rockets, and the rest of his teammates on the offensive line, blocked extremely well on Thursday night to help lead the 7th graders to a 12-0 win over Boyle County. It was the 7th graders 10th win of the season against only two losses.



RCMS 7th grader, #67 Jeremiah Brown is shown leading the way for quarterback Blake Jones, who scored one of the team's two touchdowns in their 12-0 win over Boyle County in the championship game last Thursday.



Senior volleyball players Bethany French and Khyati Patel congratulate freshman Morgan Hunt on a block during the first match of the regional tournament on Thursday night. The Lady Rockets finished as regional runner-up after losing to Corbin in the championship match. Senior Jessi Witten is shown at right.



The Rockcastle County Middle School 7th grade football team won their 10th game of the season and captured the Salt River Conference Championship last Thursday night with a 12-0 win over Boyle County. Team members pictured above front row, from left: Boone Saylor, John Wilson, Elijah Lovell, Brady McClure, R.J. Smith, Ryan Rollings and Jeremiah Brown. Second row: head coach Izak McQueary, James Fletcher, Davis Faulkner, Damion McDaniel, Tyler Smith, Tommy Johnson and Eli Haddix. Back row: Cody McCormick, Tim Brown, Blake Jones, Chris Wren, Tommy Shafer, Brandon Stewart, Brett Noble and Justin Loudermilk and assistant coaches Devon Bussell and Byrd Smith.

Girls' cross-country team ranked 3rd in Class 2A

The RCHS girls' cross-country team was rewarded for their great team and individual performances at the recent Lexington Catholic Invitational, moving from 6th to 3rd in the Class AA state rankings released on Tuesday. RCMS 7th grader Michaela Hunter moved up to 7th in the individual rankings, while sophomore Laura Dollins moved up to 8th. Sophomore Sara Hammond just missed the top twenty.

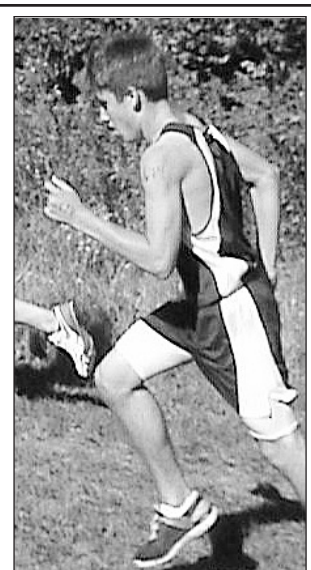
RCHS continued their strong run in Class AA with a top-notch performance at the Woodford County Invitational, which featured over forty participating schools. The team finished a close 5th overall and overcame a depleted 2nd ranked Bell County team and regional rivals Lexington Catholic and West Jessamine, as well as all other Class AA and A teams.

Michaela Hunter and Laura Dollins ran together near the front of the pack for most of the race. Michaela finished an impressive 11th overall with a solid effort of 21:07.54. Laura was very close behind, also turning in a solid performance, finishing 14th overall in 21:10.91. Sara Hammond ran a strong race, finishing 35th with a great effort of 22:26.09. Deana Gabbard ran well and placed 55th in 23:15.53. Jessica Albright overcame a terrible side stitch and finished 78th overall in 24:23.58. Courtney Bullock finished 114th in 27:21.41 and Jasmin Johnson placed 116th in 27:39.82. Molly Coffey ran in the junior varsity race and finished 41st overall in 29:35.68.

Freshman Justin Poynter ran another exceptional race in the boys' varsity competition. Justin finished 69th overall in 19:09.83. At this point in the season, Justin looks to have an excellent opportunity to make the Class AA state championships. He has placed in the top fifteen out of all Class AA Region IV competitors in the last two meets for RCHS. Both meets featured the top teams in the region.

Sixth grader Kellan Coffey led the Rockcastle elementary team with an incredible performance in the 1.1-mile sixth grade and under competition. Kellan finished 23rd overall in an exceptional 8:30.21. Fifth grader Rachel Cain also had a great race, finishing in 34th place overall in 8:49.51. Fourth grader Emily Childress ran a terrific race and finished 39th overall in 9:01.94.

Rockcastle will next compete at the KTCCCA Meet of Champions held at Masterson Station Park this coming Saturday. The meet serves as the middle school and sixth grade and under cross-country state championships. The varsity team will compete in the Class AA division, but will be without Michaela Hunter who will contend for the middle school state individual title. Last season, Michaela took home state championship honors, winning the sixth grade and under division state title.



RCHS freshman Justin Poynter ran another exceptional race in the boys' varsity competition at the recent Woodford County Invitational. Justin finished 69th overall in 19:09.83.

At the ROCK - Oct. 18

6th Grade Tourney
Rockcastle 5 - Garrard 24

	1st	2nd	3rd	4th	Final
RCMS	2	1	0	2	5
Garrard	2	6	10	6	24

Scoring: McKinzie Todd, 1, Hannah Sowder, 2 and Gabby McCowan, 2.

Final Record (7-8)

8th Grade Tourney
Rockcastle 21 - Garrard 19

	1st	2nd	3rd	4th	Final
RCMS	2	8	8	3	21
Garrard	6	2	4	7	19

Scoring: Katie Cowan, 6, Bree Tillery, 2, Holly Ham, 8, Kadie Cobb, 3, and Katelyn Blair, 2.

Record (8-11)

At Casey Co. - Oct. 22
8th Grade Tourney
Rockcastle 10 - Casey 30

	1st	2nd	3rd	4th	Final
RCMS	3	3	0	4	10
Casey	10	4	9	7	30

Scoring: Katie Cowan, 4, Kadie Cobb, 3, Holly Ham, 2 and Katelyn Blair, 1.

Final Season Record (8-12)



The RCHS girls' cross-country team finished 5th at the recent Woodford County Invitational and is now ranked 3rd in the state in Class AA. Team members include front row from left: Kellan Coffey, Jasmin Johnson, Courtney Bullock and Jessica Albright. Back row from left: Deana Gabbard, Michaela Hunter, Sara Hammond, Molly Coffey and Laura Dollins.

Little League Football Scores

Oct. 18th

Bengals 14 - Redskins 8
 Bengals Scoring - Chase McClure, 2 TDs, 2 pt. conversion.

Redskins Scoring - Tyler Sparks, 1 TD, Lane Jasper, 2 pt. conversion.

Schedule
Thursday, October 25th
Panthers - Bengals 6 :00
Wildcats - Redskins 7:30
Monday, October 29th
Panthers - Bengals 6 :00
Wildcats - Redskins 7:30

Standings
 Bengals 6-1, Wildcats, 5-2, Redskins, 3-4 and Panthers, 0-7.

"Volleyball"

(Cont. from A14)

with 62 digs. Sarah McKinney added 34 kills, nine blocks, and 103 attacks. Loren Reynolds led the team with 30 assists. Natalie Haarmon added 9 serves, an ace, and three kills. Jessie Lay had 10 serves with 3 aces.

The Rockets would have preferred a win to go along with all the records that were broken but came up short.

The following records were broke: Jessi Witten broke the regular season serve attempt

record with 357 serves this season, breaking the record of 355 held by Kayla Bryant. Jessi also broke the regular season record attack attempts with 779, breaking Megan Anderkin's former record of 628.

Jessi Witten is now the all time leader in attack attempts for the Lady Rockets with 1,267. She also tied her own, along with teammate Sarah McKinney's record, which they both set earlier this season, with 18 kills for the match. Witten also set the school record for digs in a match with 28, breaking Bethany French's record of 26 that was also set earlier this year.

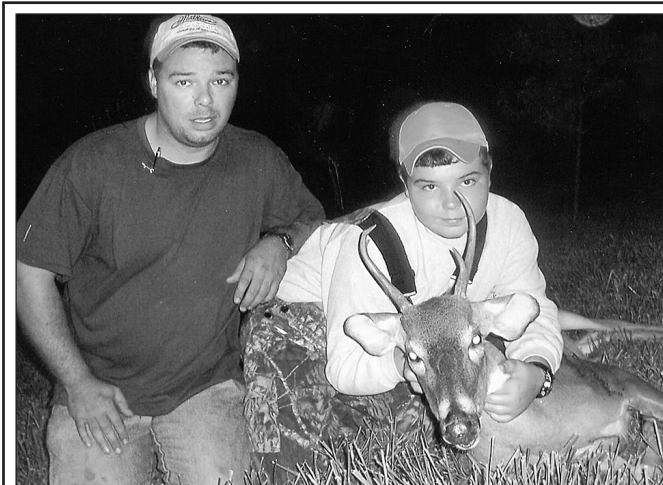
Sarah McKinney broke the season block record with 99 breaking Megan Anderkin's old record of 94. Bethany French broke the regular season record for digs with 429 shattering the old mark of 244. She also took over the all time dig record with 526. smothering the old mark of 344.

Loren Reynold broke the regular season set attempt record with 1,809 breaking Jill Owens record. set two years ago, of 1,506. Reynolds also broke Owens record of 21 set assist for a match with 30 in the championship match.

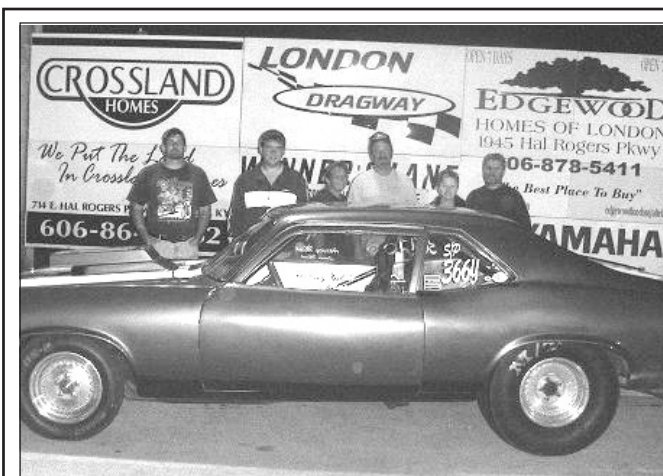
The Lady Rockets would like to say thank you for all your support during this record-setting season.



Katelynn Hensley, 9, killed a 6 pt. buck in Madison County on the first day of the Youth Hunt, Saturday, October 13th. Katelynn is the daughter of Larry and Kathy Hensley of Mt. Vernon. Congratulations Katelynn, from Mom and Dad.



Logan Dees, 13, of Scaffold Cane, killed this 4 point buck October 13, 2007 while hunting in Frarnkfort on Youth Hunt weekend. Pictured with Logan is his brother Michael. Logan is the son of Joe and Lois Dees.



Lewis Mink of Mt. Vernon winner of the special Super Pro runoff for a Gold Card at London Dragway on Saturday, October 20. He defeated Scott Smith of Barbourville in the final, covering the eighth-mile in 6.6331 seconds with a top speed of 101.56.92 miles per hour. The Gold Card is a special credential granting free entry to the contestant for the 2008 season. Gold Cards are also presented to category champions.



Harvey Mink of Mt. Vernon was the winner of the special \$500 Super Pro runoff at London Dragway on Saturday, October 20. He defeated Scott Smith of Barbourville in the final, covering the eighth-mile in 5.1249 seconds with a top speed of 132.03 miles per hour.

Jr. Rockets Basketball Sign-Ups

Thursday, October 25th
 BES • 6:00 to 7:30 p.m.

Monday, October 29th
 RES • 6:00 to 7:30 p.m.

Saturday, November 3rd
 MVES • 9:00 to 11:00 a.m.

Second Grade - Fifth Grade

\$30.00 per child
 \$20.00 for each additional sibling

Sports deadline is Noon Tuesday



R.A. Bishop of Brodhead and his grandson John Bishop, who he calls his "left hand man", stand beside "Ole Red Lightning." R.A. won 15 trophies this season, including a 6 1/2 foot trophy for being the overall first place winner in points for the season. R.A. would like to give special thanks to Johnny and John Bishop, along with his wife, Lois Bishop. Seven year old John is also the owner of the truck. Congratulations from Family and Friends!



Johnny Bishop and son John, 7, of Brodhead, stand beside, "Rolling Thunder," Johnny's Hot Stock Pull truck. Johnny won 12 trophies including a five foot trophy for winning second place in overall points of the pulling season. Along with Johnny, the Bishop Pulling Team consists of R.A. (Alvin) Bishop, John Bishop, Mary Bishop and Missy Bishop. They would like to thank everyone who helped this season.

Rocket Madness

Thursday, November 15, 2007

Chili Supper • 5 to 7 p.m. • \$5

Purchase ticket from ball players or pay at the door

Silent Auction • 5 p.m. to 8 p.m.

T-Shirts Will Be Available • Door Prize

7:00 p.m.

In The Gymnasium
 Meet the Rockets and Lady Rockets
 Basketball Teams





The Rockcastle River was no doubt the lowest it has been in many, many years, which is evidenced by the above photo taken last Friday. This week's rain helped rivers, lakes and streams in the area, but local weatherman Bud Cox says the county is still about 11 inches behind normal in rainfall this year.



Lavada Gatliff, of Mt. Vernon picks up some campaign information after signing in at the Rally in the Valley for Kentucky Governor Ernie Fletcher on Tuesday night. She, and husband Barry, right, are from Mt. Vernon.



Rockcastle County High School students, Kara Canterbury and Rachel Nicely, members of the RCHS Young Republicans Club made a presentation in honor of Governor Ernie Fletcher at Tuesday night's Rally in the Valley, which was held in the Old Barn at Renfro Valley.

“Condition”

(Cont. from front)

home last Wednesday by a neighbor.

The neighbor had heard cries for help from Bishop's mother who said her daughter was still inside the burning mobile home.

Authorities said that when the neighbor entered the burning mobile home he had to drop to his knees and crawl to the child who was in a back bedroom.

Brandi Bishop had been overcome by smoke and was unconscious and not breathing when she was carried out of the trailer.

An off-duty Lexington fireman, on the way to his Eubank home, spotted the heavy smoke coming from the trailer park and stopped to help.

When he got to the child, only moments after she had been pulled from the trailer, the firefighter began to administer mouth-to-mouth resuscitation, which allowed the child to begin breathing again.

She and her mother, Amanda Bishop, were taken to the Rockcastle Hospital for treatment and Brandi was later flown to the U.K. Medical Center.

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“Staph”

(Cont. from front)

helped tremendously,” Hammond said.

Besides the letter to students and parents about Tuesday's incident, Coguer's staff also sent a letter out containing information explaining what staph infection is and how it is spread.

RCHS principal Jennifer Mattingly said Wednesday her school had undergone a thorough cleaning on Tuesday and another more thorough cleaning was scheduled for the entire school on November 3-6 when schools are dismissed in the county because of the general election.

For more information about staph infections go to the Kentucky Department of Education's website at www.ksba.org

“Break-in”

(Cont. from front)

man was apparently intoxicated and that police have a description of the vehicle he fled in.

“I think it might be an intimidation tactic because of the hard stance I've taken on drug dealers in the county - but believe me I'm not intimidated and we won't let up,” he said.

KSP officers Tommy Cromer and Scottie Pennington, who are working the case, patrolled the county most of the night, looking for the vehicle, but had no luck.

“Weather”

(Cont. from front)

The low high temperature for the month was 60 on the 11th.

Ten days during October the high temperature has been in the 80s, along with the two days in the 90s.

Of the 24 days this month, the high temperature for the month has been in the 60s five times.

Cox said that while this week's rainfall certainly helps, the county still remains in a drought, along with the rest of the state.

The veteran weatherman estimates that the county is about 11 inches behind the normal amount of rainfall for 2007.

Although it has been very hot and dry in 2007, no mandatory water restrictions have been placed on water users in the county and none are expected.

“Rickles”

(Cont. from front)

afraid for his life because he had not paid a drug dealer who said he would harm, or even kill him, if he did not come up with the money.

“The person he accused was very cooperative and we executed a warrant on his property and found nothing,” Rockcastle County Attorney Billy Reynolds said.

“I think he gave us false information, which doesn't help his case any,” Reynolds said.

Rickles was masked and had a gun when he walked into the bank around 10 a.m. last Wednesday, taking \$3,507 in cash.

Reynolds confirmed that the money was recovered from two different locations, after Rickles' arrest.

Police found Rickles at John's Cellular One in Berea where his girlfriend worked, not where Rickles worked as it was reported last week.

“He was very cooperative the entire time of his questioning,” said Reynolds, who helped police conduct an interview of Rickles at the Berea police station where he confessed to the crime.

Trooper Cromer said police were able to locate the get-away car so quickly because workers at the nearby Farm Equipment store gave them a good description of the vehicle and had even written down the license plate.

“They thought something was suspicious because the car kept circling the bank,” the trooper added.

Rickles appeared in Rockcastle District Court on Monday where he waived his right to a preliminary hearing. Reynolds said the case against Rickles would be presented to the Rockcastle Grand Jury when it meets on November 9th. His bond is set at \$250,000 cash or property.

“Warden”

(Cont. from front)

warden in the county from January of 2003 to April of 2006 when he resigned.

Isaacs pled guilty to mail fraud in August of this year and is scheduled to be sentenced on November 11th.

Isaacs, who is free on bond, while awaiting sentencing, could get up to 20 years in prison and a fine of \$250,000.



Mother Nature may have been stingy with her rainfall this year, but she wasn't able to keep the beautiful fall colors from arriving in the county last week. This picture could have been taken just about anywhere in the county, but it is of the home of Gladys Kirby on Freedom School Road which has beautiful fall foliage behind her country home.

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05 Chevrolet Equinox, AWD, LT, Leather	\$15,995
06 Ford F-150, STX, 4x4, Super Cab	\$19,995
06 Ford F-150, XLT, 4x4, Super Cab, Loaded	\$21,995
07 Jeep Liberty, Sport, Alloys, 4x4, Loaded	\$16,995
04 Ford Ranger Edge, V-6, Auto	\$8,995
02 Ford Ranger, Super Cab, 4 Door, 4.0, V-6, Automatic, Low Miles, Perfect	\$10,995
05 Chevrolet Colorado, X-Cab, 4x4, Sport, Loaded, 12,000 Miles	\$15,995
05 GMC Sierra SLE, Z-71, 4x4, Short Bed, Loaded	\$18,995
06 Dodge Quad Cab, 4x4, SLE	\$20,995
07 GMC Canyon, Automatic, Loaded, 10,000 Miles	\$14,995
07 Saturn Vue, AWD, Loaded	\$16,995

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06 Ford Taurus SE, Low Miles	\$10,995
03 Ford Mustang, Auto, Loaded	\$10,500
05 Chevrolet Malibu LS, V-6, Loaded	\$10,995
06 Nissan Altima S, Auto, Loaded	\$15,995
04 Chevrolet Corvette, Coupe, Removable Glass Top, Auto, Perfect	\$31,995
06 Pontiac Grand Prix, 4 Door, Auto, Loaded	\$13,995
07 Sunfire, 2 Door, Auto, Low Miles	\$7,995
06 Toyota Avalon XLS, Navigation, All Options	\$25,995
07 Ford Focus SES, 4 Door, Roof, Loaded	\$12,995
07 Hyundai Elantra GLS, Auto, Loaded	\$14,995
06 Dodge Stratus SXT, XM Radio, Spoiler	\$11,995
06 Hyundai Elantra, Auto, Roof, Loaded	\$11,995
06 Mitsubishi Galant SE, Well-Equipped	\$12,500
06 Saturn Ion II, “On-Star”, Auto	\$9,995
06 Chevrolet Impala LT	\$13,500
07 Chevrolet Impala LT, 3.5	\$14,995
02 Lincoln Executive, 61,000 Miles, Nice	\$10,995
07 Dodge Caliber, Buttons, Sharp	\$12,995
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Mount Vernon Signal

Second Section

Thursday, October 25, 2007



The River Road Range sponsored the first annual Chili Cook-off between county fire departments last Saturday, at the range. The winner of the cook-off between the Brindle Ridge, Brodhead and Livingston Fire Departments was Livingston. Chef Katha Carpenter, with the Livingston Fire Department, is shown stirring her winning chili as Ed Lile, Ann Senters, Chris Bengel and Bobby Phelps look on.



Members of the winning team from the Livingston Volunteer Fire Department at Saturday's Chili Cook-off at Sand Hill are shown above, front row, from left: Fire Chief Sam Stallworth and Robin Lay. Back row, from left: Ann Barron, Bobby Phelps, Ann Senters, Russell Barron, Jeff Smith and Katha Carpenter. Connie Taylor, a dispatcher with the Kentucky State Police, presented the team with their plaque.



Shown loading up what is left of 212 pounds of roasted pig are Clifford Collins, left, and Bill Parker. The two men, members of the Pine Hill Holiness Church, roasted the pig for over 10 hours on Saturday for a fundraising event that featured the pig roast and an outdoor singing at the church. Approximately 200 people attended the event where \$1,363 was raised.



Scott Powell, a member of the Brindle Ridge Volunteer Fire Department, gives the department's chili a stir before judging on Saturday.



Helping to serve up the pig, baked beans, cole slaw and dessert on Saturday at the fundraiser at the Pine Hill Holiness Church, were from left: Hazel Parker, Trish Collins, Patricia Martin and Nacole Smith.



Enjoying the meal at the pig roast and outdoor singing at the Pine Hill Holiness Church on Saturday night were from left: Aaron Peavley, Priscilla Napier and Beatrice Collins. Approximately 200 attended the event. (Photos by: Richard Anderkin).



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News from the Rockcastle Courthouse

Marriage Licenses

Christine Rose Perry, 28, Mt. Vernon, Great Clips Mgr., to Jeremy Wayne Howard, 28, Mt. Vernon, Novellis. 10/16/07.

District Civil Suits

Asset Acceptance LLC vs. Wayne Baker, \$2,759.92 plus

claimed due. C-00177.
Discover Bank vs. Paul D. Miller, \$2,369.87 plus claimed due. C-00178.

Circuit Civil Suits

Community Trust Bank, N.A. vs. Jason T. Medley, et al, \$15,665.95 plus claimed due. CI-00262.
Asset Acceptance, LLC vs. Michael P. Cook, \$4,287.18 plus claimed due. CI-00263.
Credit Acceptance Corp. vs.

Richard Hensley, \$8,539.34 plus claimed due. CI-00264.

Deeds Recorded

Dennis and Catherine Meredith, property on Sand Hill Road, to William R. Degler. Tax \$12.

George and Betty Lou York, property in Rockcastle County, to James Scott and Francis Lorraine York. No tax.

Bill and Ann Cass, property in Rockcastle County, to Lori Ann Robinson Burdette. No tax.

Donavon and Patsy Barnes, property on Ky. Hwy. 1650, to Larry Allen. Tax \$32.

William D. Gregory, executor of the estate of Eliza Bullock, property in Rockcastle County, to Monroe and Ella Barnett. Tax \$19.50.

Greentree Servicing, LLC, property in Rockcastle County, to Patricia E. and Kenneth D. Hisel. Tax \$50.

William D. Gregory, Exec., property in Rockcastle County, to Roland and Nancy Mullins. Tax \$70.

Billy Gene Rash, property in Rockcastle County, to A&P Land Co., LLC. Tax \$135.

Ethan and Lisa Eversole, property on Freedom School Road, to Laurie Gray. Tax \$23.50.

Leroy and Flossie Lamb, property on U.S. Hwy. 25, to Frankie and Tammy Sue Lamb. Tax \$3.

William D. Gregory, Exec., property in Rockcastle County to Jack and Dawn Stallsworth and Gabriel Stallsworth. Tax \$10.50.

James Michael and Kimberly Kay Allen, property on Cass St., Brodhead, to Phillip R. and Jennifer K. Carpenter. Tax \$116.

W.D. Gregory, Exec., property in Rockcastle County, to Randy and Denise Anderkin. Tax \$18.

W.D. Gregory, Exec., property in Rockcastle County, to Michael and Amanda Leger. Tax \$9.

Patrick and Carol Winstead, property on Cedar St., Mt.

Vernon, to Kimberly Ann Doan. Tax \$23.50.

Jim and Mary Bullock, property on north side of U.S. 150, to Dept. of Highways. Tax 50c.

Edward Sowder, Jr. and Bernice Sowder, property along U.S. 150, to Dept. of Hwys. Tax \$26.50.

Gary Monroe and Brenda Renner, property on south side of U.S. 150, to Dept. of Hwys. Tax \$27.50.

District Court

Oct. 15 -17, 2007

Hon. Jeffrey S. Lawless

Joseph P. Bales: speeding, and other charges, bench warrant issued for failure to appear.

Speeding: Melinda S. Banks, \$40 fine plus costs/sts authorized; Bobby L. Barger, Gregory S. Chavies, Kerry L. Diehlman, William R. Hall, Srikanth Sabbineni, Martha S. Velez, Matthew B. Word, Joseph C. McFadden, license suspended for failure to appear; David R. Goins, paid \$32 fine plus \$128 costs; Daniel B. Krause, paid \$20 fine plus \$128 costs; Nicholas F. Lauber, Deborah Bledsoe, Brian A. Carrico, paid; Timothy A. Coles, sts authorized;

Alicia S. Nicely: no operators license in possession, \$50 fine and costs; contempt of court, libel/slander, \$25 fine.

Joey Bullock: operating motor vehicle under influence alcohol/drugs, sentencing order entered.

Donnie Fee: operating motor vehicle under influence alcohol/drugs, sentencing order entered.

Ryan Vanhooose: resisting arrest, \$100 fine; operating motor vehicle under influence of alcohol/drugs, sentencing order entered.

Gina F. Sigmon: no/expired registration plates, \$25 fine and costs; failure to produce insurance card, \$25 fine; failure to wear seat belts, \$25 fine.

John M. Tolve: no/expired Kentucky registration receipt, and other charges, license suspended for failure to appear.

Alejandro M. Mendoza: no operators/moped license, \$50

fine and costs.

Virginia S. Miller: speeding and failure to wear seat belts, license suspended for failure to appear.

William B. Northern: no/ expired Kentucky registration receipt/plates, license suspended for failure to appear.

Michael Hammons: no/expired Kentucky registration receipt, \$25 fine plus costs; failure to produce insurance card, \$25 fine; license to be in possession, \$25 fine.

Barry Lyle Hayes: terroristic threatening, sentencing order entered.

John K. Hitz: failure to give right of way, bench warrant issued for failure to appear.

Renee M. Grubb: alcohol intoxication, \$50 fine and costs.

Steven Blackwell: no license in possession, \$50 fine plus costs.

Willie N. Feltner: operating ATV on roadway, \$100 and costs; operator/passenger ATV without headgear, \$100 fine; failure to use child restraint device, \$100 fine; no operators/moped license, \$100 fine.

Christian Abney: no/expired registration plates, \$25 fine plus costs.

Riva A. Banks: possession of marijuana, \$100 fine and costs.

Carter L. Bowling: public intoxication, \$50 fine; possession of marijuana, \$100 fine and costs.

Carrie A. Elliott: no/expired registration plates, \$25 fine; no operators license in possession, \$50 fine plus costs; theft by unlawful taking, under \$300, 10 days/conditionally discharged 24 months.

William G. Graff: operating

motor vehicle under influence of alcohol/drugs, sentencing order entered.

Robert D. Jackson: fines/fees due (\$203), bench warrant issued for failure to appear/5 days or payment.

Donnia Johnson: possession controlled substance and controlled substance prescription not in original container, bench warrant issued for failure to appear.

Terry D. Montjoy: possession of marijuana, \$100 fine and costs.

Wilburn L. Pitman: possession of marijuana, \$100 fine and costs; public intoxication, \$50 fine.

Eve Renee Poynter: burglary, 2nd degree, bench warrant issued for failure to appear.

John D. Poynter: failure to maintain required insurance, \$500 fine and costs plus restitution.

Dwayne Slusher: cultivation of marijuana, less than 5 plants, sentencing order entered.

Eric R. Smith: operating motor vehicle under influence alcohol/drugs, sentencing order entered.

Bobby C. Stewart: operating on suspended/revoked operators license, bench warrant issued for failure to appear.

Sandra D. Wagner: operating on suspended/revoked operators license, bench warrant issued for failure to appear.

Ira E. Williams: operating motor vehicle under influence of alcohol/drugs, sentencing order entered.

William P. Northern: failure to wear seat belts, \$25 fine; no license in possession, \$50 fine and costs.

Rockcastle Republican Party

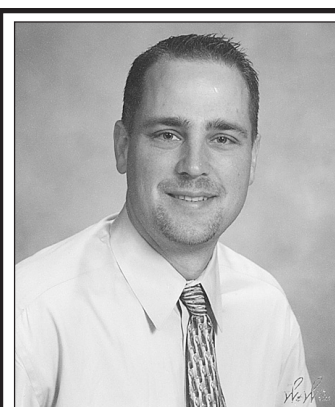
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AS LOW AS	2002 Chevy Cavalier 4-Door, Gas Saver..... \$ 5,980
2007 CHRYSLER SEBRING SEDAN	2000 Chevrolet S-10 Ext Cab Auto, A/C, Gas Saver!..... \$ 5,980
Well Equipped Stk. #12008N \$15,980	1999 Ford F-150 XLT..... \$ 6,980
AS LOW AS	1999 Ford Mustang V-6, Auto, All Power, Rear Spoiler..... \$ 6,980
2007 JEEP COMPASS 4x4	2000 Dodge Dakota Club Cab V-6, Auto, Tilt, Cruise..... \$ 7,980
Auto, A/C Stk. #30007N \$17,980	2002 Dodge Grand Caravan 6 Cylinder, Auto, Super Clean..... \$ 8,980
AS LOW AS	2000 Ford Explorer XLT 4x4 Super Clean Trade!..... \$ 8,980
All rebates assigned to dealer. Excludes tax, tag and fees. With approved credit. Due to ad deadlines, vehicles may be sold. *On select models. No down payment required. With approved credit. Artwork for illustration only. Thanks for reading the fine print.	2001 Mitsubishi Eclipse GT V-6, 5-Speed, 1-Owner Trade, Leather, Sunroof, Loaded!..... \$ 9,980
	2001 Volkswagen Passat Wagon Super Clean Trade, Leather, Loaded, Sunroof..... \$ 9,980
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	2004 Chrysler Sebring Only 59K Miles..... \$ 9,980

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Mt. Vernon's 4th Annual
Halloween on Main
Tues., Oct. 30th • 6 to 8 p.m.

Join the Halloween Parade of costumes on Tuesday, October 30th. Once again, local businesses and organizations will be handing out treats on Main Street.

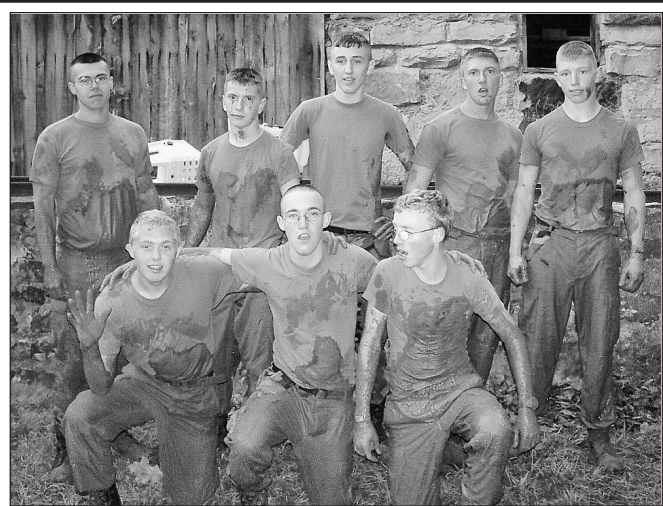
There will also be a **COSTUME CONTEST** going on throughout the evening with the winners announced at 7:45 p.m. and the best-decorated windows and table will also be recognized.

For those families on-the-run Halloween night, hot dogs and drinks will be offered as a fundraiser for the RCHS Marching Band and The Coffee House will offer their "special brew" for sale.

Join us for the "Spookiest Night Ever" on Main Street in a well-lit area with safety officers present!!

If you are a local business or organization and wish to participate, let us know at city hall so we can put you on our list. Call 606-256-3437.

Adults be sure and sign up for Door Prizes donated by area merchants, businesses and associations. Must be present to win.



Members of the Rockcastle Raiders A-Team are shown above, front row from left: Johnathan Dekorte, Eric Hughes and Casey Hansel. Back row from left: Anthony Smith, Anthony Alcorn, Chris Ayers, Josh Cromer and Chris Rogers.



Members of the B-Team who also went through the muddy course are shown above, front row from left: Jeff Jones, William Mason and Daniel Hayes. Back row from left: Charles Dickerson, Buck Blair, Andy McFerron, Justin Shears and Chris Sowder.

Email the Signal at mvsignal@alltel.net

Rockcastle Community Bulletin Board

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Historical Society Meeting
The Rockcastle County Historical Society will meet Thursday, Oct. 25th at 6 p.m. at the Senior Citizens Building in Mt. Vernon.

Historical Society Open on Mondays
The Rockcastle County Historical Society will be open for researchers on Mondays from 9 a.m. to 4 p.m. The society's office is located in the RTEC Garage in Mt. Vernon.

Library Amnesty
Return any overdue items to the library, with no charge from now until Friday, November 2nd. If you have books, videos or DVDs you have forgotten to return, now is the time! Absolutely no late fees will be charged. Bring the items to the library from 10 a.m. to 6 p.m. Monday thru Friday and 10 to 4 on Saturday so that fees due can be erased from your record. If you have books that you have had for some time, please return them, they may be ones that someone else is waiting for.

Free Training
Community Collaboration for Children will offer a free workshop, presented by Dr. Neel Soares "Sad Kids, Mad Kids, Bad Kids," on Friday, Oct. 26th at the Corbin Center for Technology. Dr. Soares is a pediatric psychiatrist. Everyone is invited, but you must pre-register. Call 606-526-6303 to register by the deadline of Oct. 19th. Seating is limited.

Wear Red Day is Friday
All citizens of Rockcastle County are asked to "Wear Red" on Friday, October 26th to promote drug awareness. The event is part of Red Ribbon Week.

Turkey Shoot
Livingston Fire Department will hold a Turkey Shoot on Sat., Nov. 10th, beginning at 10 a.m. in the Clyde Carpenter Bottoms, south of Livingston on U.S. 25. 410-16-20-12 gauge shotguns only! Shells furnished by the fire department. Concessions will be sold by Livingston Market.

Fruit/Nut Orders
The Rockcastle County Farm Bureau office is now taking fruit and nut orders for the 2007 holiday season. Orders must be submitted no later than Nov. 2nd. Please come by or call your local Farm Bureau Office (256-2050) to place an order.

NA Women's Meeting
The Women's NA Serenity Group of Mt. Vernon meets each Monday at 8 p.m. at the Christian Appalachian Project Community Center, 64 Beiting Lane, Mt. Vernon. Open meeting - non-smoking.

Women's Narcotics Meeting
There will be a Women's Narcotics Anonymous Meeting every Monday evening at 8 p.m. at the Community Center, sponsored by Christian Appalachian Center. For more information, contact the Healing Rain Center at 256-5810.

Alcoholics Anonymous
Alcoholics Anonymous meets Tuesday nights at 8 p.m. behind Our Lady of Mt. Vernon Church on Williams St. in Mt. Vernon.

Narcotics Anonymous
Narcotics Anonymous meets Thursday nights at 8 o'clock behind Our Lady of Mt. Vernon Church on Williams St. in Mt. Vernon.

SWAT Team Meetings
SWAT (Servants with a testimony) group support meeting for anyone dealing with addiction or alcoholism on Thursdays at 7 p.m. at Northside Baptist Church, Mt. Vernon. Meetings are also held Mondays, Tuesdays and Fridays at noon at the church.

H.O.P.E. Meetings
H.O.P.E. Support Group Meetings are held Thursdays at 7 p.m. at Northside Baptist Church. HOPE is a support group for anyone who has a friend or family member dealing with addiction or alcoholism. Please come join others who are or have gone through the agony and frustration you are experiencing. Do not suffer alone. It helps to talk with others who understand. Any discussion is kept confidential. Call 256-5577 for more information.

JROTC cadets take part in McCreary County Competition

More than 40 cadets had the experience of a lifetime when they competed at the 2007 Mountain Rendezvous in McCreary County. It was a major production planning for them to get everything together and organized. Let me tell you, procrastination was not any of the leaders' friend because we had to do without if we failed to think through what was required. There isn't much sitting down when you have to prepare a trip for 42 cadets.

A-Team was composed of: Anthony Alcorn, Chris Ayers, Josh Cromer, Jonathan Dekorte, Casey Hansel, Eric Hughes, Chris Rogers and Anthony Smith. Charles Alcorn and James Lawson were the team's two alternates in case of injury during the competition.

This team was very competitive, placing in the top 50% of 36 male teams. They placed sixth in the Raider Decathlon and ninth in the obstacle course.

B-Team was composed of: Buck Blair, Charles Dickerson, Daniel Hayes, Jeff Jones, William Mason, Andy McFerron, Justin Shears and Chris Sowder. Chris Robinson and Ben Whitaker were the two alternates for the team. William Mason was unable to compete on Saturday when he got too close to a teammate and received a broken nose.

The team placed 26th out of 36 teams, rating 10th in the mystery event and 9th on the cross country rescue course.

C-Team was a large team that didn't compete but went to gain experience for next year.

The team was composed of: Jonathan Alexander, Jesse Artly, Robert Baggett, Bruce Bolyard, Marcus Bolyard, Lester Centers, Ronny Denny, Joseph Doan, Robert Garner, Phillip Hughes, David Lunsford, Chris Pendry, Josh Staton, Colton Walker and Collin White.

This is the first year we are able to field an all-female team. The advantage is that our females were able to compete against nine other female teams.

The Chic Team consisted of: Amanda Blount, Brook Blount, Susan Boggs, Caitlin Burke, Samantha Bussell, Rachel Halcomb, Ericka Isaacs, Shawnda Milburn, Jessica Newcomb and Holly Nolan.

This team placed in the top 50% and third on the written map test.

Both of our Army instructors, Captain Jeff Thompson and Sergeant Keith Graves, made the journey. A special thanks to the chaperons: Mrs. Connie Thompson, Mrs. Sharon Walker, Mrs. Linda Baron and Mrs. Zella Miller. They provided wonderful support to keep the team motivated and well-cared for.

Upon arrival, the competing A, B and Chic teams proceeded with registration and the mystery event. On Friday evening, they had to take a 25 question (Hard!) map test. Saturday's events included the Cross Country Rescue (CCR), One Rope Bridge, the Obstacle

(Cont. to B5)



Members of the C-Team are shown above, front row from left: Marcus Bolyard, Collin White, David Lunsford, Jesse Artly and Joseph Doan. Back row from left: Johnathan Alexander, Bruce Bolyard, Colton Walker, Ronnie Denny, Robert Baggett and Robert Garner.



Members of the Chic-Team that went through the muddy course is shown above, front row from left: Erica Issacs, Caitlin Burke, Susan Boggs and Amanda Blount. Back row from left: Samantha Bussell, Rachel Halcomb, Shawnda Miller, Holly Nolan and Brook Blount.



Rockcastle County Raiders taking a pose for their achievements including hard courses.

Education expenses can be tax deductible

Family and Consumer Sciences

Hazel Jackson

Rockcastle County Extension Office

With the school year comes expenses and some of those can be tax deductible. Parents and teachers need to remember to keep receipts and good records in order to take advantage of all possible deductions and credits.

The educator expense deduction allows teachers and other educators to deduct the cost of books, supplies, equipment and software used in the classroom. Eligible educators include those who work at least 900 hours during a school year as a teacher, instructor, counselor, principal or aide in a public or private elementary or secondary school.

The educator expense deduction is available whether or not the educator itemizes their deductions on Schedule A. This deduction is scheduled to expire at the end of this year.

Three tax breaks can help parents and students pay for the cost of post-secondary education. These are the tuition and fees deduction, the Hope credit and the lifetime learning credit. All three are available, regardless of whether an eligible taxpayer itemizes their deductions. The tuition and fees deduction is scheduled to expire at the end of this year, but the other two credits remain in effect.

Normally, a taxpayer can claim tuition and required enrollment fees paid for their own and their dependent's college education. A taxpayer cannot take both an education credit and the tuition and fees deduction for the same student in the same year. Income limits and other rules apply to each of these provisions.

IRS Publication 970, Tax Benefits for Education, can help eligible parents and students understand the rules that apply and decide which tax break to claim. The publication also describes other education-related tax benefits, including qualified tuition programs (also known as 529 plans), the student loan interest deduction, Coverdell education savings accounts and the education savings bond program. Publication 970 can be obtained on the IRS Web site, <http://www.irs.gov>, or by calling the IRS toll-free at 1-800-TAX-FORM (829-3676).

Talk with your tax preparer to make sure you take advantage of all the deductions and credits available for you. For more information on managing

your resources, contact the Rockcastle Extension Service at 256-2403.


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New Owners: Tony & Jackie Mahaffey

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Phone: 606-256-0021
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Booths Available

Rockcastle County Middle School
cordially invites
Area Veterans and their families
to join with us for the
77th Anniversary
Celebration of Veteran's Day
November 9, 2007

The celebration, honoring and remembering those who have served our country, will begin at 9:30 a.m. with a reception in the school's cafeteria for the veterans and their families. Following the reception we will convene in the gymnasium at 1:00 p.m. for a student-led program of honor.

We hope to see all our veterans there.
Thank you for giving us this opportunity to recognize you and your service to our country.
Please call 256-5118 by November 8th with your plans to attend.

Library News



Pam Chaliff

Coming November 8th is BABY TIME! Baby Time is dedicated to babies. Enjoy interactive songs, stories, and games with your baby here at the library. Baby Time will start November 8th at 11:00am. It will continue every Thursday at 11:00am in the children's library. Please remember to bring a quilt or pillow for the baby to lie on. If you have any questions you may contact Ms. Carla Rowe, the Children's Librarian for more information.

As with every year the library has a Halloween party for everyone in the community. This year the Halloween Party will be October 30 at 4:00pm and end at 5:30pm. Enjoy games, prizes, and contests at the party. Plus, every child will receive a treat bag full of goodies. Refreshments will be served in the children's library at the end of the party. We hope to see you here.

There will also be a Halloween party for preschoolers October 30 at 1:00pm during story hour time. The child may dress up if they would like to. The parents can bring a snack for everyone if they would like to or some candy to hand out to the children. Each child will get a treat bag full of toys and candy. So bring your preschooler to story hour October 30 to enjoy a Halloween party.

The children at story hour this week painted pumpkins. Whether it was with a sponge brush, paint brush or even their hands, the children enjoyed painting their own pumpkins. At the end of story hour they each took their pumpkins home with them. Come to story hour every Tuesday at 1:00pm as we sing, count, learn our shapes and colors, read a story, make a craft and have a snack. It's a great program for preschoolers and their parents.



Jacob just choose to use his hands instead of the brushes to paint his pumpkin.



Samuel Ray Burdine can't stop laughing while painting his pumpkin.

Conservation District and Sigmon Farm co-hosts 15th Annual Farm Field Day

The Rockcastle County Conservation District's 15th annual farm field day was held on Wednesday, October 17 at the farm of Bill and Nancy Sigmon. Fourth grade students from Brodhead, Mt. Vernon, and Roundstone Elementary schools were treated to hay rides, entertaining messages from selected guest speakers about conservation, lunch, and the chance to purchase a pumpkin from Sigmon Farm.

The Conservation District's Farm Field Day gives kids the opportunity to learn about different areas of agriculture, how important agriculture is, and how important conservation is.

The field day, sponsored by the Conservation District, Sigmon Farm, and the USDA Natural Resource Conservation Service, has been held at Sigmon Farm every year since it was started in 1992.

The Conservation District would like to take this opportunity to express our sincere thanks and gratitude to Bill and Nancy, and their kids, for their outstanding cooperation and devotion to the field day. They have always been a true partner in the event, providing lunch for the students, tractors and wagons to ride on, and the place for the field day.

The district would also like to send out a special thanks to all those who helped make the day a huge success: guest

speakers; Randall Templeman-NRCS, John McQueary-4-H Agent, Tom Mills-County Extension Agent, Judy Cameron-KY Fish and Wildlife, Marvin Stone-KY Forestry. All the many tractor drivers, and Brodhead, Mt. Vernon, and Roundstone Schools for allowing their students to participate. For those teachers, or any others, that would like pictures from the event, contact the district office at 256-2525 ext. 3.

"ROTC"

(Cont. from B4)

Course, Army Physical Fitness Test (APFT), the Decathlon and the Cross Country Challenge Run (four miles). We rocked when you take into consideration our circumstances and our opponents.

Even though our teams gave 200% we wouldn't have done as well without the support of our chaperones and the C-Team. I don't think there was a Rockcastle High School Cadet at McCreary County who wasn't thankful for the fire (it was cold!!!) or the wonderful food preparation. The best support, I believe, they gave was the emotional and motivated support that they gave while the other teams were competing. I personally say Thank You!

--Submitted



District Conservationist Randall Templeman answers questions about soil quality from students of Roundstone Elementary at the Conservation District's Farm Field Day.



Conservation District Secretary Sandy Whitaker, Nancy Sigmon, and Gloria Robbins from FSA, serve students as they go through the lunch line at the Conservation District's Farm Field Day.



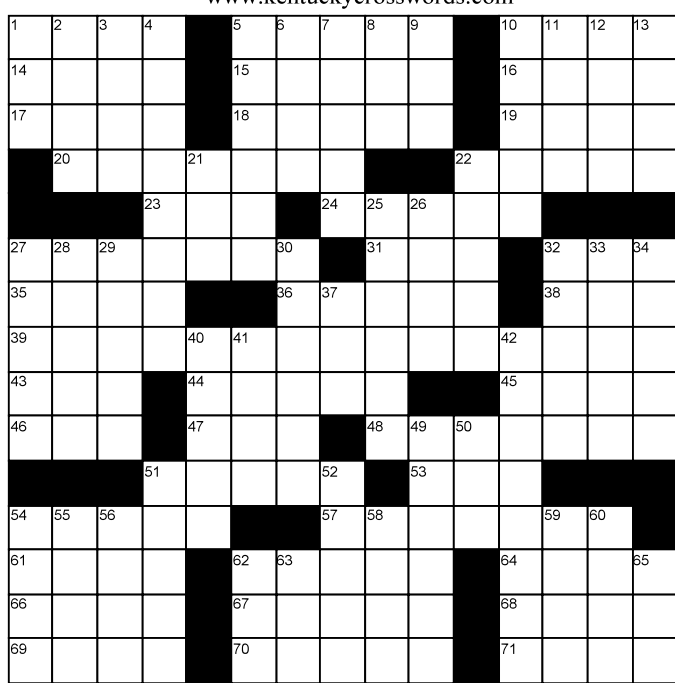
Students from Mount Vernon, along with their teacher Mrs. Sara Coguer, roam the pumpkin patch at Sigmon Farms in search of the perfect pumpkin at the Farm Field Day.



Judy Cameron, Aquatic Education Specialist for KY Fish and Wildlife speaks to fourth graders from Brodhead Elementary about fishing at the Conservation District's Farm Field Day.

Kentucky Crossword # 334

www.kentuckycrosswords.com



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ACROSS

- 1 Vipers
- 5 A card game
- 10 Prophet
- 14 UN agency
- 15 Kindled anew
- 16 S. American Indian
- 17 Injure
- 18 Inner self
- 19 Colored eye part
- 20 Jesse Stuart's native KY county
- 22 Kentuckian, journalist, winner of four Pulitzers
- 23 Dust remover
- 24 Heroic tales
- 27 KY county, residence of the infamous Harp brothers
- 31 Calendar square
- 32 Average
- 35 Burn soother
- 36 Birds "thumb"
- 38 Big fuss
- 39 It holds back the Tennessee River
- 43 Ostrich relative
- 44 Driving hazard
- 45 Plumbing problem
- 46 Bro.'s sibling
- 47 Vichy water
- 48 Kentuckian, author of "The Day After Sunday"
- 51 Childhood ailment
- 53 Slime
- 54 Traditional Derby drink
- 57 Kentuckian, country singer of "Life's Highway"
- 61 Met solo
- 62 Florida City
- 64 Kind of tissue
- 66 Patch
- 67 Latin dance
- 68 River on KY's northern border
- 69 Cook in an oven
- 70 Morganfield, KY is this county's seat
- 71 Zero
- 1 Intend
- 2 Homely one
- 3 Twosome
- 4 Pulaski County's largest city
- 5 Like the Tennessee Vols?
- 6 Waiter's handout
- 7 Radar points
- 8 Border
- 9 Airport abbr.
- 10 Mixes up
- 11 New money
- 12 Colossal
- 13 Take a chance
- 21 Chow down
- 22 Small canoe
- 25 Full-price payers
- 26 Apple variety
- 27 Backwashes
- 28 Varnish resin
- 29 Incentive
- 30 Gather the leaves
- 32 San Diego baseballer
- 33 KY county, girlhood home of Jane Lampton, mother of "Mark Twain"
- 34 Frolics
- 37 Heavy cleanser
- 40 Deplete
- 41 Chowder ingredient
- 42 Home KY county of Mammoth Cave
- 49 A language of Hungary
- 50 Indochinese
- 51 Fort Knox Military Reservation occupies 15,000 acres of this county
- 52 Religious teacher
- 54 Doorpost
- 55 Popular fertilizer
- 56 Part of a chain
- 58 Soapbox
- 59 Mammoth Cave's largest river
- 60 Shower
- 62 "Kentucky's Public Ivy University"
- 63 Author Fleming
- 65 Caviar

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For Rent: Nice 2 bedroom trailer in Brindle Ridge area. \$350 month plus deposit. 256-3926. 50x1p
For Rent: Trailers. 256-9183. 50x2p
For Rent: 3BR/1BA house close to Mt. Vernon Elementary School. Central heat and air, KU electric. \$375 month w/\$375 deposit. 758-9882 or 859-559-9903. 49x2p
For Rent: Brick house in McGuire Subdivision in Mt.

Vernon. 3 bedrooms, full basement and garage. References required. No pets. \$400 month/\$400 security deposit. Central air and heat. No appliances. Call 758-9318. 50x1p
For Rent: 2 bedroom house, private setting, w/d hookup. Call 758-8123 or 865-654-8507. 50x2p
Duplex For Rent in Brodhead. 2 BR, washer/dryer, dishwasher. Call Amy Nicely at 256-8700. 50xntf
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LOT 1 EAGLE CREEK (Eagle Creek Subd.) - Brand new home, 3 bedroom, 2 bath, lots of hardwood tile, cherry cabinets. Huge garage. \$157,900.
35 OCEAN VIEW (Mt. Vernon) - Like new condition, 3 bedroom, 2 bath. Large bedrooms, lots of landscaping, above ground pool. \$121,900. MLS28027
LOT 21 EAGLE CREEK SUBD. - New construction, 3 bedrooms, 2 bath, close to Roundstone School. Nice level lot. 2 car attached garage. Lots of hardwood. Custom oak cabinets. \$159,000. MLS28044
MULLINS STATION ROAD - 2 bedroom, 1 bath very clean cozy single home on 1 acre. Home on permanent foundation. \$37,500. MLS27724
RT 3 BOX 451 - 3 bedroom, 2 bath, mature shade trees. Good location. Landscaped. Call Lloyd Cain 256-2818. **SALE PENDING** \$79,900. MLS27339
HWY 1249 Sand Springs Rd. - Property has old house and some outbuildings, which are little value. Land contains 7 acres and no restrictions. Property is offered "as is". \$30,300. MLS26625
8 C. VALLEY DRIVE - Beautiful meadow in front on this wooded tract. This tract has several home sites and lots of privacy. 10+ acres. Wildlife, trees and tons of nature to explore and enjoy. 10 minutes from Berea and I-75. Utilities are at the backstop road. Doublewide are welcome. \$95,000
BEREA. We have many nice homes listed in Berea. Call one of the above agents for a showing.
HWY. 150 BRODHEAD - 3 acres. Very desirable property for building of a home or could be divided to build home for re-sale. Very good property for many types of commercial bldgs. or storage bldgs. City water and electric available. Partially fenced. Call Lloyd Cain 256-2818.
APPROX. 20 ACRES overlooking I-75 at Exit 62 Renfro Valley. Property has high exposure from I-75. Water and sewer on the property. Some mobile home and camper site hookups on the property. Great potential as commercial or development. Priced at \$275,000. MLS 25741
COMMERCIAL PROPERTY at I-75 Exit 62, Renfro Valley approx. 1 acre lot (leased) sewer, water, electric. Blacktop parking lot. Building on site. Call for more information. \$150,000. MLS25739.
COMMERCIAL PROPERTY with large building presently used for pizza sales. Located at Renfro Valley Exit 62. Over 2,400 sq. ft. of retail space. Large walk-in cooler, central heat and air. Approx. 1 acre with ample parking overlooks I-75. \$175,000. MLS 25740.
4037 SCAFFOLD CANE RD - Immaculate 3 bedroom, 2 bath ranch on level 2 acre lot. This home has all new landscaping, carpet, paint, counter tops, sink & light fixtures. 28x28 detached garage with electric & water plus new concrete floor. Large stone masonry fireplace in the great room which opens onto a nice back porch. \$184,500.
5815 QUAIL RD. - 3 bedroom, 2 bath remodeled approx. in 2004 with new heat pump and air condition with 10 acres of good level farmland and barn with water and electric. \$119,900. MLS28649

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Property For Sale

Completely Remodeled 2 BR/1BA home with large lot and outbuilding. New roof, central heat/air, windows, carpet, cabinets, siding and more. \$66,500. Call 256-9914 or 308-4990. 42xntf
For Sale: 11 acres with lake view, \$42,000. 865-654-8507. 50x2p
Home For Sale By Owner: 80 Union Chapel Rd. in

Brodhead. 3BR/1BA brick home w/central heat and air. Option to buy extra lot. 606-305-4959, 606-416-5647 or 606-305-6300. 47x4p

For Sale: Mobile home lots, located in Sunnyside Mobile Home Park. 1/2 acre lots - \$500 down and \$100 per month. Call 606-256-5692 or 606-256-5648. 43xntf

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192 Conway School Rd. - Nice vinyl-sided ranch house (approx. 1,600 sq. ft.) minutes from Mt. Vernon or Berea. 2 BR, 1 bath, sunroom (could be a 3rd BR), deck, updated kitchen, central heat and air. Sturdy 14x16 storage bldg. \$79,900.

Get away from it all on this secluded 65.70 acres located app. 4 miles from Mt. Vernon. Great views, **SOLD** from gravity flow spring with well, solar panels and wind turbine provide enough energy to run refrigerator, lights and pump. Pond and log barn also on property. \$139,000.

MOTIVATED SELLER! REDUCED! 1640 Narrow Gap Rd. - 42 acres of secluded oak woodland with mountain views, wildlife, butterflies and wildflowers galore. Comfortable brick house with LR fireplace, 1 BR (could be divided), 1 bath, country kitchen, attached garage with lots of storage, potential guest house on 2 acres of cleared pasture. If you're looking for a peaceful, private getaway, perfect for hunting or recreation, this property is ideal! \$158,000

REDUCED! Affordable housing on Stephens Road in N. Rockcastle, just minutes from Berea. Singlewide with an addition on block foundation. Solid oak cabinets in kitchen. 3 bedrooms, 1 bath, storage building all on 0.578 acre. \$25,000.

Beautiful views from this wooded building lot, 3.03 +/- acres in the Old Brodhead Road area. No restrictions. \$24,900.

Beautiful wooded lot offers privacy just minutes from Mt. Vernon in the Old Brodhead Road area - 2 1/2 +/- acres. No restrictions. \$18,900.

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Garrard County

Near Berea on Gabbard Rd., close to I-75, mostly wooded with rugged hills and cliffs, site for rustic building site, water/electric/telephone, DW or Houses are ok. 11 ac. @ \$42,500 (\$2125 down, \$456/month).

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Crab Orchard Rd., Mt. Vernon
 12+/- acres, fenced, barn with electric, pond, creek, outbuildings, 3 bdrms., 2 bath manuf. home, add. septic for another home, storm shelter!

Theresa Lane, Berea
 3 bedroom 2 bath 2000 model home sits on 2 level acres, breakfast area, eat-in kitchen, 1,300 +/- sq. ft., 2 car det. garage, convenient location

Shirley Street, Mt. Vernon
 Ready to move? 2 bedroom, 1 bath in town! .80+/- acre, mature trees, vinyl siding, KU electric, end of the street location. Private!

Ottawa Rd, Brodhead
 Country setting, 1.5 +/- acres, older home, 3 bdrms., 1 bath, propane heat, eat in kitchen, newer 3D roof 7 years old.

New Farm Listing! Parsons Rd. Brodhead
 25+/- acres, end of the road location! Several beautiful building spots. \$30,000!

New Commercial Listing! Junction City
 3,850 +/- square feet. 2 baths, paved frontage, parking, corner location. Current church home.

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Wanted: New pharmacy in Mt. Vernon needs pharmacy techs. Call 606-233-8467 or 606-785-9077. Ask for Butch. Fax resume to 606-785-4460. 49x4

Wanted: Part time employee. Job duties consist of inventory control, stocking shelves, receiving materials/products and date entry. Good attendance and good people skills are a must. Hours: 10 a.m. to 2 p.m. Monday-Friday. If interested, apply at MVP Food Packing, 276 Industrial Park Road, Mt. Vernon, Ky. 40456. 49x2

Wanted: Machine operators. Knowledge of Injection or Thermforming Process preferred. Good attendance and good people skills are a must. If interested, apply at MVP Food Packaging, 276 Industrial Park Road, Mt. Vernon, Ky. 40456. 49x2

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Motor Vehicles For Sale

For Sale: 2000 Chrysler Concord LX, 2.7 V6. Original owner. Excellent condition, great mileage, good tires. 606-758-4985. 47x4p

For sale: 2001 gold Monte Carlo. Just like new. Garage kept, keyless entry. Regularly maintained. 70K actual miles. Call 606-758-8962. 50x1p

Tractor For Sale: Massey Ferguson 135 Perkin Diesel. Runs good, good paint, 3 speed/2 speed, no power steering. Has spin-out wheels. Over-

all fair condition. Call 256-3558 after 5 p.m. 50x2p

For Sale: 1994 Toyota 4-Runner, good condition. \$2,250. 859-358-4046 or 859-624-3426 after 6 p.m. 48x4

For Sale: 1992 Olds Cutlass Sierra S, 4 Door, white/blue interior, automatic, good tires. \$1,000. 256-3988 or leave message. 49x2p

For Sale: 2000 Chevy Impala. \$3,900 or trade to Toyota pickup. 256-3635 or 308-2768. 50x1p

For Sale: 99 4wd Suburban, just 87K, \$6,800; 64 Ford dump truck, only 39K, \$2,200; 2003 Z71 club cab, 4 dr., short wheel base, \$12,500; 2000 Chevy, 4wd, \$8,500; 2000 F250 Super Duty Diesel, 4 Dr., 6 Spd., club cab, \$9,500. Also several farm tractors, 256-4739 or 308-4739. 50x1

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Posted

Posted: No hunting, trespassing or "digging" on property belonging to Mabel Reppert Burdette and heirs and located on Hummel Road. 34xntf.

Notice: No hunting or trespassing - none whatsoever - on the Allen place on Maple Grove Road/East Holcomb Road and the Donald French Place in French and Hensley Hollow on Saltpetre Cave Road (old sawmill). Violators will be prosecuted to the maximum. 45x15

Absolutely No Hunting or fishing on property belonging to Mary Gadd at Pine Hill (Lime Plant Hollow). Violators will be prosecuted. 50x5p

Posted: No hunting or trespassing on land belonging to William and Betty Kirby at Calloway. Violators will be prosecuted. 50x2p

Posted: No trespassing on Crawford Place - Old Brodhead Road. Danny Smith. 47ftn

Posted: No hunting, two and four wheelers, horses and please no dumping tires and garbage on land belonging to Murrell Smith and family at Calloway and Sand Hill area. Not responsible for accidents. 49x3p

Posted: Absolutely no hunting, fishing or trespassing on property belonging to Mark and Debbie Cummins. Violators will be prosecuted. 9x52p

Posted: No hunting, trespassing or ATVs on land belonging to Victoria Reese at Roundstone. Not responsible for accidents.

Posted: No trespassing on property known as C.B. Owens Farm across from Fairgrounds in Brodhead. Violators will be prosecuted. 25ftn

Posted: No hunting or trespassing on property owned by Doug and Judy Brock known as Brock's North Hill Farm at Maretburg consisting of the Swinney Place, Brock Place, Hensley Farm, Lakes Farm. 3ftn

Pets

For Sale: AKC registered Lab puppies, chocolate and yellow, \$250 each. 549-8949 or 549-1745. 45x6p

For Sale: Registered Golden Retriever puppies. 256-4267. 50x2

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Wanted

Needed: Up to 300 square bales of hay. 256-4695. 47xntf

Wanted: Cope's Garage in Berea is now buying Wild Ginseng, \$700 a lb. Call 859-986-3301. 44xntf

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Ann's Trading Post: Open Wed. thru Sat., 10 a.m. to 4 p.m. Couches, chairs, beds, tables, TVs, radios, VCRs, washer, dryer, dinette sets, air conditioner, 8 track player, 8 track tapes, three police and fire scanners, three fire department red lights, police radio for auto, large stereo speakers, BBQ grill, stoves, movies, books, cookware, dishes, tools, clothes and shoes and some doors and windows. Call 453-3481. 48x2p

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For Sale: Cemetery lots, Cresthaven Cemetery, Mt. Vernon. Call Bill Dowell at 308-1058. 31xntf

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Notices

Experienced Babysitter: Will babysit Monday thru Friday. 1st shift only. I live on Lake Cumberland Rd., formerly 461, on the Rockcastle/Pulaski Co. line. I have references. 606-256-4193. 50x2p

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Shirley's Back at Renfro Valley. New owner, Jackie Mahaffey at Valley Treasures on Hwy. 25 N. Open, 9 to 6, closed Wednesdays. Opening October 19th. 49x1p

Notice is Hereby Given that Darrell Brown, P.O. Box 1193, Mt. Vernon, Ky. 40456, Kathryn Brown, P.O. Box 1193, Mt. Vernon, Ky. 40456 and Glenda Stegemoller, 7646 O'Hara Drive, Morrow, OH 45152 have been appointed co-administrators of the estate of Freda Marler on the 17th day of October, 2007. Any person having claims against said estate shall present them, verified according to law, to the said Darrell Brown, Kathryn Brown, Glenda Stegemoller or to Hon. William D. Gregory, 240 East Main St., P.O. Drawer 220, Mt. Vernon, Ky. 40456 on or before April 1, 2008 at 9:30 a.m. 50x3

Notice is hereby given that Bobbie Saylor, 35 Lovell Lane, Mt. Vernon, Ky. 40456 has been appointed executrix of the estate of Roy Glen Overbay on the 15th day October, 2007. Any person having claims against said estate shall present them, according to law, to the said Bobbie Saylor or to Hon. William D. Reynolds, 140 West Main St., P.O. Box 1250, Mt. Vernon, Ky. 40456 on or before April 16, 2008 at 9:30 a.m. 50x3

Notice is hereby given that Wanda Carroll, 444 Seminol Lane, Brodhead, Ky. 40409 has been appointed administratrix of the estate of James Leon

Carroll on the 26th day of September, 2007. Any person having claims against said estate shall present them, according to law, to the said Wanda Carroll or to Hon. William D. Reynolds, 140 West Main St., P.O. Box 1250, Mt. Vernon, Ky. 40456 on or before March 26, 2008 at 9:30 a.m. 48x3

Notice is hereby given that Tammy Cara Lunsford, 245 Joyce St., Mt. Vernon, Ky. 40456 and Malcolm Jared Shepherd, 72 Old Dixie Hwy., Mt. Vernon, Ky. 40456 have been appointed co-administrators of the estate of Clea Shepherd on the 28th day of September, 2007. Any person having claims against said estate shall present them, according to law, to the said Tammy cara Lunsford or Malcolm Jared Shepherd or to Hon. William D. Gregory, 240 East Main St., P.O. Drawer 220, Mt. Vernon, Ky. 40456 on or before March 28, 2007 @ 9:30 a.m. 48x3

Notice is hereby given that Shari Proctor, 7166 Quail Road, Brodhead, Ky. 40409 has been appointed administratrix of the estate of William F. Martin on the 3rd day of October, 2007. Any person having claims against said estate shall present them, according to law, to the said Shari Proctor or to Hon. Jerry J. Cox, P.O. Box 1350, Mt. Vernon, Ky. 40456 on or before April 2, 2008 @ 9:30 a.m. 48x3

Notice is hereby given that Stephen J. Phelps, 160 Perciful Street, Mt. Vernon, Ky. 40456 has been appointed administrator of the estate of Iva Melberta Whittemore on the 3rd day of October, 2007. Any person having claims against said estate shall present them, according to law, to the said Stephen J. Phelps or to Hon. John D.

Ford, 45 East Main St., P.O. Box 247, Mt. Vernon, Ky. 40456 on or before April 2, 2008 @ 9:30 a.m. 48x3

Notice is hereby given that Daryl McFerron, 2727 Sand Springs Rd., Mt. Vernon, Ky. 40456 has been appointed executor of the estate of Nona McFerron Cromer on the 3rd day of October, 2007. Any person having claims against said estate shall present them, according to law, to the said Daryl McFerron or to Hon. William D. Reynolds, 140 West Main St., P.O. Box 1250, Mt. Vernon, Ky. 40456 on or before April 2, 2008 @ 9:30 a.m. 48x3

Notice is hereby given that Melissa S. Smith, 120 Lovell Ct., Mt. Vernon, Ky. 40456 has been appointed executrix of the estate of Della Rose Smith on the 15th day of October, 2007. Any person having claims against said estate shall present them, according to law, to the said Melissa S. Smith or to Hon. William D. Reynolds, 140 West Main St., P.O. Box 1250, Mt. Vernon, Ky. 40456 on or before April 16, 2008 at 9:30 a.m. 50x3

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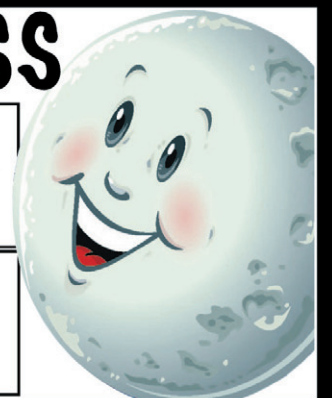
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IS SERVED

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IS SERVED

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MIDNIGHT

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HEALTH

Signals



Taking Flight

Rockcastle Hospital's emergency care takes a major step forward
See pg. 3

October 2007

A publication of Rockcastle Hospital
and Respiratory Care Center, Inc.

Volume 3 • Issue 4

ROCKCASTLE

HOSPITAL AND RESPIRATORY CARE CENTER, INC.

About Us

Rockcastle Hospital and Respiratory Care Center, Inc. is a not-for-profit community healthcare system that operates emergency, inpatient and outpatient acute care programs, a long-term care program for patients dependent upon mechanical ventilation, a long-term nursing and rehabilitation facility, a home health service, and a state-of-the-art medical office complex. Established in 1956, RHRCC is JCAHO and CAP accredited and treats patients from across Kentucky, Tennessee and many other states.

Rockcastle Hospital and Respiratory Care Center has the largest respiratory therapy staff in the state and is nationally known for its excellence. It has achieved a ventilator weaning rate of 40 percent and always focuses on improving the quality of its residents' lives.

Mission

Rockcastle Hospital and Respiratory Care Center, Inc. is a family-oriented team of healthcare professionals dedicated to delivering the highest quality of care to those we serve.

Vision

Rockcastle Hospital and Respiratory Care Center, Inc.'s vision is to be the hospital of choice for healthcare in Rockcastle County and surrounding areas and to be the facility of choice nationwide for ventilator care.

Values

We value excellence, friendliness, compassion, cleanliness and our commitment to our community.

Accreditation

All Rockcastle Hospital and Respiratory Care Center, Inc. facilities and programs are accredited by the Joint Commission on the Accreditation of Healthcare Organizations (JCAHO).

Referral Contact

Carolyn Browning, Director, Social Services

Professional Association Memberships and Other Affiliations

American Association of Respiratory Care
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Rockcastle Hospital and Respiratory Care Center, Inc. is governed by a local, volunteer board of directors.

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Health Signals is a publication of Rockcastle Hospital and Respiratory Care Center, Inc.

145 Newcomb Avenue
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Dwain Harris, Director
 Arlette Raese, Coordinator
 Susan Brown, Page Design

FEATURES



Emergency care reaches new heights

Page 3



Just breathe

Page 5



EKU students make a difference

Page 7



Gone Fishin'

Page 8-9



Snapshots

Page 13

Emergency care reaches new HEIGHTS

Rockcastle Hospital now has on-site helipad

By Arielle Reese, Community Relations Coordinator

In emergency situations, a few minutes can seem like hours. Beginning Nov. 1, Rockcastle Hospital and Respiratory Care Center will have an on-site helicopter pad, which will enable critical or injured patients to be transported by helicopter, saving minutes off travel time and saving

Currently patients who require airborne service in Rockcastle County must travel first by ambulance to a field near the middle school.

LifeNet (Somerset) and PHI (London and University of KY) will service the new 40 ft. x 40 ft. helipad. The addition of this service means that patients needing to travel to Lexington will save 15-20 minutes. A 45-minute ambulance drive to Lexington now becomes a 20-minute airborne service. PHI Flight Paramedic Reed Scarse said, "The impact for patients is huge. Now, by the time we get to the remote helipad location, we could have been in Lexington. This time is taken away from the "Golden Hour." In emergency medicine the golden hour is the first 60 minutes after the occurrence of multi-system trauma. It is widely believed that the victim's chances of survival are greatest if they receive definitive care in the operating room within the first hour.

Emergency Department Coordinator Renee Miller believes the helipad improves Rockcastle

Hospital because "every minute counts. Sometimes it's an hour before the patients get here," she said. "We live in a rural area and rescues aren't always easy." Miller added that the shorter traveling distance also will affect patients financially. Until now, the patients had to be charged for the ambulance ride to the remote location for airborne travel. Miller also said that when there is a football game, the field where a helicopter would usually land is used for parking by sports fans. The new helipad eliminates that problem.

Air medical helicopters are equipped with life-saving capabilities like that of a small emergency room including life-saving medication and technology. They also are capable of transporting patients who require a ventilator, intra aortic balloon pump or other life saving equipment. A pilot, flight nurse and paramedic typically accompany patients on flights. Factors such as weather conditions and patient and crew body weight determine how many people can be on board. Typically, patients will be transported to Lexington Level I Trauma Centers where rotations of surgeons and medical staff who specialize in trauma and critical care are always on call.

The on-site helipad comes on the heels of the new Rockcastle Hospital Emergency

Department that relocated inside the Outpatient Services Center this spring. The new facility is an impressive upgrade from the previous facility built in 1956 and includes more patient rooms and up-to-date equipment. Rockcastle Hospital President/CEO Steve Estes feels the helipad brings the Emergency Department to another level. "Rockcastle Hospital now has the newest emergency room on the I-75 corridor, and with the completion of the onsite helipad, we continue our commitment to enhance our services to patients and the community," he said.

Plans for a helipad at Rockcastle Hospital had been discussed for several years. In August of this year, the Board of Directors approved the helipad and Director of Environmental Care Gary Asher has been working to complete the project ever since. "The community is really going to benefit," Asher said.

Rockcastle Hospital and Respiratory Care Center provides inpatient, outpatient, home health services, long-term nursing facility and care for ventilator dependent children and adults. Rockcastle Hospital and Respiratory Care Center, Rockcastle Medical Arts Building, and Rockcastle Home Health are accredited by the Joint Commission on the Accreditation of Healthcare Organizations.


On the cover



PHI Emergency Helicopter—up close

- EC135 twin engine aircraft
- Equipped with night vision and weather radar
- 2 patient capable
- Average speed 150 mph
- Cost \$5 million

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Mary Singleton

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Accredited by the Joint Commission on Accreditation of Healthcare Organizations

Just Breathe

New Cardio-Pulmonary rehabilitation program improves quality of life

It is well known in the medical field that starting a cardio-pulmonary rehabilitation program isn't easy.

It takes resources, time, planning, and the commitment of health professionals from many disciplines.

All of those pieces fell into place earlier this year for Rockcastle Hospital, and the result is Rockcastle County's first cardio-pulmonary rehabilitation program. According to Nathan Holbrook, the program's director, it didn't come a moment too soon.

"It's something that's really needed here," he said, "and something that a lot of hospitals would like to have."

The cardio-pulmonary rehabilitation program is designed for patients suffering from breathing difficulties caused by a variety of health problems such as emphysema or Chronic Obstructive Pulmonary Disease (COPD). Breathing problems related to pulmonary disease are common, especially in Kentucky and Rockcastle County, where smoking rates are high.

The purpose of the program is to give those patients a better quality of life by helping them learn to manage their condition. It does that by educating them on the disease process, on how to use the exercise equipment at Rockcastle Hospital's wellness center, and how to continue an effective exercise regimen at home.

It is run by a team of profession-

als, including the patient's physician, a physical therapist, an occupational therapist, a respiratory therapist, a pharmacist, and a dietician.

It works like this: the patient gets a referral from his or her physician. Once admitted, the patient is evaluated and a therapist works with the patient to set goals and develop a care plan. Then the 3-day-a-week, 8-week program begins. Each rehabilitation session lasts three hours – one hour each with a respiratory therapist, physical therapist, and occupational therapist. Activities such as walking on the treadmill and riding a stationary bike are gradually increased.

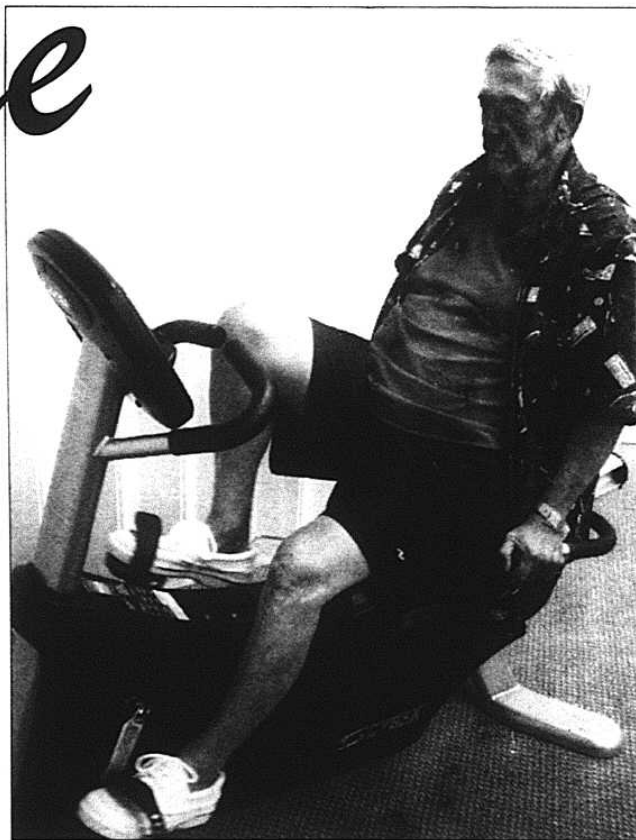
The first group of rehabilitation patients graduated in August, and the results were positive.

For example, when patients begin the program, part of the initial evaluation includes a 6-minute walk test. One patient initially walked 101 feet. At the end of the program, she walked 1300 feet in six minutes.

"The program allows you to do more with the breathing capacity that you have," said Holbrook, who is also the Rockcastle Hospital's physical therapy director.

Graduates of the program also get an added bonus: free lifetime use of the fitness center. "That's one of the rewards of completing the program," Holbrook said.

For more information about cardio-pulmonary rehabilitation at Rockcastle Hospital, phone (606) 256-2609.



Eugene Couch rides an exercise bicycle as part of his rehabilitation.



Some of the first graduates of Rockcastle Hospital's Cardio-Pulmonary Rehabilitation program pose with some of the rehab staff. Pictured are, front from left, Nick Bastin, PTA, Ruth Tatavito, and Nathan Holbrook, director of physical therapy and cardio-pulmonary rehab. Back from left, Eugene Couch, Betty York, and Linda Hayes.

UK Chandler Hospital Among Top 15 Academic Medical Centers in U.S.

University of Kentucky Albert B. Chandler Hospital is the only health care facility in the state to be ranked in recent weeks by two leading organizations as among the best in the nation.

UK Chandler Hospital today was named one of the nation's 100 Top Performance Improvement Leaders by Thomson Healthcare (formerly "Solucient"), an organization that has been identifying America's top performing hospitals since 1993 and is well-known among the health care industry. UK is the only academic medical center in Kentucky to receive the ranking, which is based on UK Chandler Hospital's continued strong growth in financial performance, operational efficiency and quality care for patients.

For the second time in two years, UK is ranked by Thomson Healthcare among the top 15 academic medical centers in the nation for having faster and more consistent organization-wide improvement than most other teaching hospitals.

The new national ranking comes on the heels of U.S. News and World Report's designation of UK Chandler Hospital as one of "America's Best Hospitals."

"Our philosophy is that by putting proper systems in place, patients will get the best possible care and the health care system will improve through cutting costs and improving patient outcomes," said Dr. Michael Karpf, UK executive vice president for health affairs. "Efficiency goes hand-in-hand with quality patient care. It's through our novel implementation of patient care models and business systems that organizations

across the country which rank hospitals, such as Thomson Healthcare and U.S. News & World Report, are taking notice of what's happening at the University of Kentucky."

UK Chandler Hospital's Quality, Safety and Patient Rights program quantitatively defines the hospital's emphasis on improving patient outcomes through very defined measures and goals.

As just one example, roughly one third of patients in the United States experience hyperglycemia, or high blood sugar, during their hospital stay, and many of those patients don't have diabetes or are undiagnosed. Blood sugar levels tend to go higher when a patient is critically ill. Stress hyperglycemia in seriously ill patients worsens outcomes – producing higher medical costs, higher incidence of infection and readmission to the hospital, and higher mortality rates.

UK HealthCare has made a concentrated effort to educate the entire health care team, including physicians, nurses, pharmacists, and dietitians, and implement guidelines to ensure that hyperglycemic patients don't fall through the cracks. UK's Glycemic Control Program is becoming a model in hospitals across the state and beyond, as are similar programs to improve efficiency and patient outcomes.

"I believe we have no choice to be economically relevant, but if we are not committed to quality and safety for our patients, we will not be successful," Karpf said.

In July, rankings released by U.S. News and World Report placed UK Chandler Hospital among the nation's top hospitals. Only 173 U.S.

hospitals made the list of 5,462 hospitals evaluated. For the first time, three of UK's programs were recognized by the magazine – a reflection of the breadth and depth of care delivered at UK. They are gynecology (27), ear, nose and throat (41) and cancer (46).

UK Chandler Hospital, a facility currently licensed for 473 beds, is experiencing high occupancy. About 1,300 jobs have been added since 2004 at UK Chandler Hospital and the UK College of Medicine, in large part because of the growth of the hospital's patient volumes. Discharges, a measure of inpatient activity at the hospital, have grown by 43 percent during the last four years. With UK's recent acquisition of UK HealthCare Good Samaritan Hospital, additional growth is anticipated.

Moreover, UK announced last year the creation of a \$2.5 billion Medical Campus of the Future that will house the latest in cutting-edge research, education and health care facilities. UK's Medical Campus of the Future – recently noted by The New York Times as one of the nation's largest health care building projects – brings innovation to the education of students by allowing future professionals such as physicians, dentists, nurses, dietitians, and physical therapists to learn in an integrated fashion. Leveraging the fact that UK is one of a few in the nation to have the colleges of Medicine, Nursing, Dentistry, Pharmacy, Public Health and Health Sciences all on one campus, experts say UK is well-positioned to pursue inter-professional health care education and collaborative research.

UK HealthCare

Visiting physicians from the University of Kentucky

Paul Anaya, M.D. Ph.D.
Cardiology

Michael Anstead, M.D.
Pulmonology (Adult & Pediatric)

Susanne Arnold, M.D.
Hematology & Oncology

Ketan Buch, M.D.
Pulmonology (Adult)

Mara Chambers, M.D.
Hematology & Oncology

Phillip DeSimone, M.D.
Hematology & Oncology

Willem J. S. de Villiers, M.D. Ph.D.
Gastroenterology

Deborah Flomenhoft, M.D.
Pediatric Gastroenterology

Suman Jana, M.D.
Endocrinology

Bryon Kee, M.D.
Hematology & Oncology

Rick McClure, M.D.
Cardiology

David J. Moliterno, M.D.
Cardiology

Debabrata Mukherjee, M.D.
Cardiology

Robert Owen, M.D.
Neurosurgery

Erin Johnson Saunders, M.D.
OB/GYN

Steven I. Shedlofsky, M.D.
Gastroenterology

Steven Steinhilb, M.D.
Cardiology



Cancer care. Closer than ever.

ROCKCASTLE
HOSPITAL AND RESPIRATORY CARE CENTER, INC.

UK HealthCare
Markey Cancer Center

A MESSAGE FROM THE ROCKCASTLE COUNTY CHILD FATALITY BOARD

Careless Smoking

More than 4,000 Americans die each year in fires and more than 20,000 are injured. Many of them might be alive today if they had only had the information they needed to avoid a disaster. The following life-saving tips could make a big difference in your life.

Did you know?

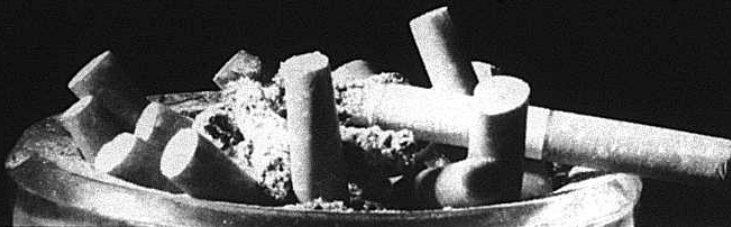
- Eighty-two percent of all fire deaths occur in the home.
- Careless smoking is the second leading cause of fire deaths.
- Deaths due to fires caused by careless smoking are particularly preventable.
- Having a working smoke alarm reduces one's chance of dying in a fire by nearly a half.

Following these simple fire safety tips can dramatically boost survival rates. Please remember these facts because knowledge is the best fire protection.

Careless Smoking Life-Saving Tips

- Install a smoke alarm on every level of your home. Test smoke alarm batteries every month and change them at least once a year. Consider installing a 10-year lithium battery-powered smoke alarm, which is sealed so it cannot be tampered with or opened.
- Never smoke in bed. Replace mattresses made prior to the 1973 Federal Mattress Flammability Standard.
- Don't put ashtrays on the arms of sofas or chairs.
- Use deep ashtrays and soak ashes in water before disposal.
- Don't leave cigarettes, cigars or pipes attended. Put out all smoking materials before you walk away.
- If you begin to feel drowsy while watching television or reading, extinguish your cigarette or cigar.
- Close a matchbook before striking and hold it away from your body. Set your cigarette lighter on "low" flame.
- If smokers have visited, be sure to check the floor and around chair cushions for ashes that may have been dropped accidentally.
- Develop and practice a fire escape plan. In case of a fire, crawl or stay low to the ground, beneath the smoke, and use the escape plan you have worked out. Get out and stay out.

For more information on how you can help prevent fire deaths please contact the United States Fire Administration at (800) 238-3358 or visit www.usfa.fema.gov or www.ready.gov.



EKU students make a difference by raising money for residents

It only took a group of Eastern Kentucky University students one visit and a few moments with patients to know this is where they wanted to "make a difference." As a part of their community involvement, members of the Older Wiser Learners (OWLS) group decided to participate in Make a Difference Day, a national day of helping others.

Rockcastle Hospital and Respiratory Care Center is home for about 10 children who are ventilator dependent. The EKU group hopes to purchase items from the patient's wish lists. One student said, "It was a very emotional experience the first time I visited the Respiratory Care Center. These children are amazing and we want to do anything we can to raise money."

Four EKU student organizations, including OWLS, SSC, SISTA'S and REAL Men, have come together to participate in several fundraisers for the children. They have planned a car wash, car hop, silent auction, dinner and book drive. The culminating event will be when the EKU students travel down the interstate to deliver their purchases to the children at the Respiratory Care Center on Make A Difference Day October 27.

Make A Difference Day is the most encompassing national day of helping others—a celebration of neighbors helping neighbors. Everyone can participate. Created by USA WEEKEND Magazine, Make A Difference Day is an annual event that takes place on the fourth Saturday of every October.



Krystle Elliot, Calisa Cates, and Anthony Cates from the EKU Student Organization OWLS (Older Wiser Learners) visit with Rockcastle Hospital resident Sha at a Fall Festival. OWLS members brought pumpkins and decorations as a part of their Make a Difference Day fundraising efforts.

Visit Rockcastle Hospital on-line at
www.rockcastlehospital.org

Gone

Local couple invites nursing

Three-year-old Addison's eyes light up as she sits next to her Grandpa Charles at the edge of the pond. The bobber attached to her child-size pole goes beneath the surface of the water indicating she's got a bite. A couple of squeals and a few seconds later, an eight pound fish emerged from the water, hooked to the little girl's pole. The fish was so heavy it snapped the little girl's fishing line in two. The joy of the child and her grandfather wasn't dampened by the broken line; they were happy with the catch.

Fishing trips with grandchildren and grandparents aren't uncommon. However, Addison's grandfather is a resident of Rockcastle Health and Rehabilitation Center. Thanks to Sonny and Mary Napier, Addison and her grandfather are able to make these fishing trips.

Since 2002, the Napiers have opened up their property and their hearts for residents of Rockcastle Health and

Rehabilitation Center. Twice a year, they welcome residents for a morning of fishing and fun. The Napiers supply all poles and bait. They also will bait the poles, and reel in the fish for residents and their families.

The Napiers became familiar with the residents of Rockcastle Health and Rehabilitation Center when Sonny's sister-in-law became a resident. The fishing trips are just as enjoyable for the Napiers as well as the residents. "I enjoy doing it. The residents have a lot of fun. You would think they were in paradise," Sonny said. Sonny described a particular fishing trip when one resident caught a 20 inch fish and wanted to keep it. When Sonny asked him what he was going to do with it, the resident simply replied, "Put it in my room."

"The Napiers have been great to us," said Steve Coy Rockcastle Health and Rehabilitation Center administrator. He accompanied the residents on a fishing

trip and saw what a great time everyone has. Coy added, "The residents get so excited. They look forward to this trip every year." Residents have the opportunity to go on one or two trips a month. Coy said in the near future he hopes to purchase a trip van so that more opportunities will be available for residents and waiting lists for trips can be eliminated. The Center currently relies on R-Tec.

Between 12 and 15 residents participate in the group outings. The fishing trip is a favorite of many residents who won't go on any other trips or participate in group activities. For some it is the beautiful scenery while for others it is an opportunity to do an activity they loved as a child. No matter why the residents go on the fishing trip, the genuine kindness the Napiers express means a lot to activity director Sharon Cunigan. "Words cannot express how much I appreciate the Napiers. It's such a blessing."



Resident John Fowler takes a sip of his soda after reeling in the biggest catch of the day.



Sonny and Mary Napier have made fishing trips possible for nursing home residents for many years.

fishin'

home residents to reel in fun

By Arielle Reese, Community Relations Coordinator



Addison McClure standing next to her great-grandpa Charles Elliott. From left is Mr. Elliott's daughters, Donna Cameron and June Smith, and his granddaughter Chrissy McClure holding Maddox.



Ed Gutenson gets a little help from Sonny Napier to hold up his catch.



Robert Miller is all smiles as he shows off his catch.



Sherman McClure takes a pause from a busy morning of fishing to hold up one of the fish he reeled in.

*Educate Yourself:***November is Alzheimer's Disease Awareness Month**

Alzheimer's disease is a brain disorder named for German physician Alois Alzheimer, who first described it in 1906. Scientists have learned a great deal about Alzheimer's disease in the century since Dr. Alzheimer first drew attention to it. Today we know that Alzheimer's:

- Is a progressive and fatal brain disease. More than 5 million Americans now have Alzheimer's disease. Alzheimer's destroys brain cells, causing problems with memory, thinking and behavior severe enough to affect work, lifelong hobbies or social life. Alzheimer's gets worse over time and is fatal. Today it is the seventh-leading cause of death in the United States.

- Is the most common form of dementia, a general term for the loss of memory and other intellectual abilities

serious enough to interfere with daily life. Vascular dementia, another common type is caused by reduced blood flow to parts of the brain. In mixed dementia, Alzheimer's and vascular dementia occur together.

- Has no current cure. But treatments for symptoms, combined with the right services and support, can make life better for millions of Americans living with Alzheimer's. We've learned most of what we know about Alzheimer's in the last 15 years. There is an accelerating worldwide effort under way to find better ways to treat the disease, delay its onset, or prevent it from developing.

Early stage is the early part of Alzheimer's disease when problems with memory, thinking and concentration may begin to appear in a doctor's interview or medical tests. Individuals in the early-

stage typically need minimal assistance with simply daily routines. At the time of a diagnosis, an individual is not necessarily in the early stage of the disease; he or she may have progressed beyond the early stage.

The term early-onset refers to Alzheimer's that occurs in a person under 65. Early-onset individuals may be employed or have children still living at home. Issue facing families include ensuring financial security, obtaining benefits and helping children cope with the disease. People who have early-onset dementia may be in any stage of dementia – early, middle or late. Experts indicate that some 500,000 people in the 30s, 40s and 50s have Alzheimer's disease or related dementia.

For more information, visit www.alz.org or call 1-800-272-3900.

OCT 25 2007

Walk with a purpose

Rockcastle Health and Rehabilitation Center (RHRC) participated in the 2007 Memory Walk fundraiser for Alzheimer's Disease. The walk, held at The Bennett Center in London on Saturday, October 6, raised \$17,830 for Alzheimer's research programs and education. RHRC's fundraising efforts included a bake sale, ice cream Sunday sale, forget-me-not flower sale and private donations. They raised over \$600.

Pictured above from left, Sarah Lefler, Eric Vance, Patty Vance, Patty Niceley and the kids are Dalton Lefler and Faith Harris participate in the Memory Walk.

Do you have a loved one with
memory loss?

Are you a caregiver for someone
with Alzheimer's or a related disorder?

You are not alone.

Join us for an
Alzheimer's Caregiver Meeting

For caregivers of someone with Alzheimer's disease or a related disorder to receive education, support and new information about Alzheimer's/dementia.

Meetings held 2nd Monday of each month at 7 p.m.

Rockcastle Health and Rehabilitation • 371 West Main Street, Brodhead

For more information contact the group leader:

W. Anne Harris 606-758-7223

alzheimer's  association

the compassion to care, the leadership to conquer

This support group is affiliated with the Alzheimer's Association - Greater Kentucky & Southern Indiana Chapter

ROCKCASTLE
HEALTH AND REHABILITATION CENTER, INC.

Milestones



RETIREMENT

After 28 years of service, Norietta Thompson celebrated her retirement from Rockcastle Hospital and Respiratory Care Center in October. Ms. Thompson, surrounded by co-workers, supervisors, family and friends, was the guest of honor at a recent reception celebrating her retirement.

YEARS OF SERVICE AWARDS

Rockcastle Hospital employees Vicky Adams, payroll (below left) and Carol Alcorn (below right), admissions/switchboard, were recognized for 25 years of services at the recent employee appreciation picnic during September. Shown presenting the awards is Steve Estes, President/CEO.



Pictured above, front from left, Danielle and Sha, residents of Rockcastle Respiratory Care Center, Inc., and Linda Gregory, Director of Speech Pathology and the WHAS coordinator for Rockcastle Hospital and Respiratory Care Center, Inc. Back from left, Vernon Sowder, respiratory therapist for resident trips, Stephanie Townsend, Activities Assistant, Vivian Farler, LPN for resident trips, Ann Abney, Activities Coordinator, Selena Mink, social worker, Angie Ford, social worker and Rebecca Jackson, CEO of the WHAS Crusade for Children.

Rockcastle Hospital receives donation from WHAS Crusade for Children

On August 31, RHRCC received a check for \$36,000 from WHAS Crusade for Children.

Since 1990, Rockcastle Hospital and Respiratory Care Center, Inc. has participated in some type of annual fund drive to raise money for the WHAS Crusade for Children. Since then we as an organization have raised \$67,469.35 through various activities including a softball tournament, golf

scrambles, roadblocks and solicitation of money from local businesses and hospital employees. To date, we have received \$377,532.75 from the Crusade. This has enabled the organization to purchase equipment for various departments including the trip van, a specialized bathtub, portable ventilators, pulse oximeters, and numerous pieces of therapy equipment and materials, as well as other items.

OCT 25 2007

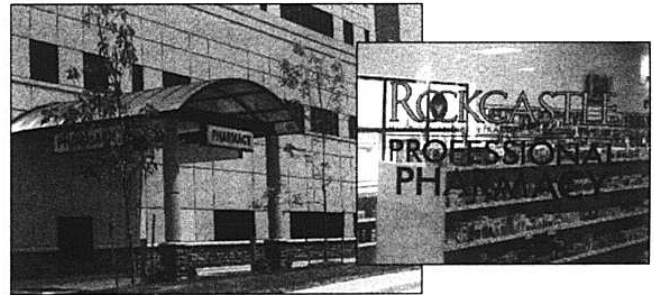
Coming Soon

Rockcastle Professional Pharmacy Open House

Join us for the Rockcastle Professional Pharmacy Open House during the week of November 12-16, 2007. A celebration will be held on Friday at 2:00 pm with cake and punch.

Register to win a TV!

Come see our new location at Rockcastle Hospital's new Outpatient Services Center!



Rockcastle Hospital presents



4th Annual Jingle Bell 6K Run-Walk

Saturday, December 8, 2007
Renfro Valley, Kentucky

The 6K Run/Walk highlights historic Renfro Valley. The Run/Walk will start and finish at the Renfro Valley Entertainment Center.

Proceeds from the race benefit the Miracle Fund, which provides assistance to improve the quality life of our long-term care residents.

For more information, contact Arielle Reese at (606) 256-7880.

Sponsored by:

ROCKCASTLE
HOSPITAL AND RESPIRATORY CARE CENTER, INC.



Who is at high risk of flu complications?

People who are 50 years old or older. Even if you are active and in good health, you have a higher risk of complications if you get the flu. Each year about 36,000 people in the U.S. die because of the flu.

People with chronic (ongoing) or long-term health problems. You may look and feel healthy, but if you have a condition like diabetes, heart disease, kidney disease, or asthma, you are more likely to have complications from the flu. If your immune system is weakened by long-term problems like cancer or HIV/AIDS, you need a flu shot (the flu shot is safe for people with weak immune systems).

Women who are pregnant during flu season (typically November through March). Pregnant women are at risk of complications and hospitalization if they get the flu. The influenza vaccine is safe for pregnant women and their babies. Protect yourself and your baby by getting vaccinated.

Children under 5 years old. Children under 5 years old have a high risk of emergency room visits and hospitalizations due to flu.

INFLUENZA (flu) is a serious disease of the nose, throat, and lungs. It can make you sick for a week or longer with coughing, fever, aching, and more. And it can lead to pneumonia.

Get your flu shot.

PHILOMENA • AGE 72
ACTIVE SENIOR



ROLAND • AGE 48
HAS HEART DISEASE



If you live with or take care of people like these, you should get vaccinated too. When you protect yourself, you help protect your family and friends.



Department of Health and Human Services
Centers for Disease Control and Prevention



For more information,
ask your healthcare provider or call
800-CDC-INFO (800-232-4636)
Website www.cdc.gov/flu

Snapshots

Annual Employee Appreciation Picnic



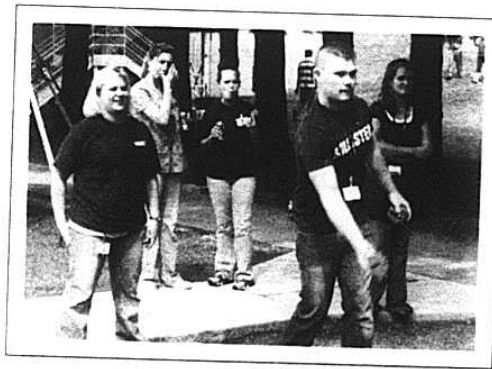
Employees at Rockcastle Health and Rehabilitation Center line up for the catered meal at the picnic.



Employees at Rockcastle Hospital and Respiratory Center get ready to enjoy a catered meal at the picnic.



Sharon Cunagin, right, Rockcastle Health and Rehabilitation Center activities department, with her son, Chad.



Game on: Jessica Coffey, Business Office, and Josh Prewitt, Information Systems, at Rockcastle Hospital.



Worth Anne Harris, Social Services director at Rockcastle Health and Rehabilitation Center, with daughter Faith.



Lindsay Gabbard, Dietitian, with son Creed and Jamica Richards, Occupational Therapy, with daughter Markley.



Patrick Estes, left, Information Systems, and Emily McClure, Business Office, enjoy a game of corn toss at Rockcastle Hospital.

Community Outreach

Dinner with a Doctor



Dr. Kevin Rowe, M.D. spoke to a group of 50 at Eubank Baptist Church in July about heart disease. Several Rockcastle Hospital departments set up interactive exhibits. Pictured is Dr. Rowe speaking to the audience.

National Cholesterol Month

Rockcastle Hospital celebrated September as National Cholesterol Awareness Month by offering free cholesterol screenings to the public and employees. A total of 179 people from the community took advantage of this opportunity. An additional 80 employees were screened. Pictured is Rockcastle Hospital physical therapist James Messer participating in the cholesterol screening.



Early detection
can save *Lives*

October is Breast Cancer
Awareness Month

Rockcastle Hospital Diagnostic Imaging is offering a reduced rate on mammograms during the month of October.

To schedule a mammogram, call (606) 256-7878.



Tune in to
HEALTH CHOICES

each Friday at 10:00 a.m.
on WRVK 1460AM

WELCOME



Denis A. Yalkut, M.D.

Rockcastle Hospital and Respiratory Care Center Inc. is pleased to announce that Denis A. Yalkut, M.D., a Board Certified Urologist from Commonwealth Urology, is now seeing patients at Rockcastle Medical Arts.

We would like to welcome Dr. Yalkut to our medical community.

For more information or to schedule an appointment, please call (859) 623-5920.

ROCKCASTLE
HOSPITAL AND RESPIRATORY CARE CENTER, INC.

NEWS AND NOTES FROM OUR TEAM

Meet some of our newest employees



Alicia Bullock

Lora Beth Payne

Brenda Rainwater

Arielle Reese

Jerian Shaw

Bullock

Alicia Bullock is Rockcastle Health and Rehabilitation Center's new West Unit Coordinator. A native of Clay City, Alicia now lives in Mt. Vernon with her husband and three children. She received her B.S. in Nursing from Midway College and the University of Phoenix. She is also a certified Nurse Aid Trainer.

Alicia likes to go horseback riding, read and spend time with family. Alicia loves her position at Rockcastle Health and Rehabilitation Center because she enjoys working with the elderly.

Payne

Lora Beth Payne is the newest addition to the Social Services Department. Lora Beth graduated from Cumberland College with a B.S. degree in Social Work and a B.A. in Communication Arts. She now is a Medical Social Worker for the South Unit of Rockcastle Hospital. Lora Beth said of her new position, "I enjoy working at Rockcastle Hospital because everyone works as a team and they really put the residents first. Everyone has such an upbeat attitude and it is a very positive environment to work in." Lora Beth lives in Mount Vernon. In her spare time, she enjoys singing, scrapbooking, church activities and spending time with family and friends.

Rainwater

Brenda Rainwater is Rockcastle Hospital's new RN Case Manager. She graduated EKU with a B.S. in Nursing and is a certified Rehab nurse. Brenda is married with three children, one step-daughter and seven grandchildren. Her hobbies include reading, singing, watching UK sports and Nascar and spending time with her grandchildren. Brenda is from Casey County but currently lives in Eubank. Brenda loves the interaction she has with the nursing staff, physicians and patients at Rockcastle Hospital. "This is such a warm

and comfortable place. I feel very welcome."

Reese

Arielle Reese is Rockcastle Hospital's newest addition to the Community Relations Department. Arielle's responsibilities include writing, broadcasting, advertising, and representing Rockcastle Hospital and Respiratory Care Center at events in Mt. Vernon and surrounding communities.

Arielle is excited about the new opportunity and looks forward to getting to know everyone in the organization. "I feel very fortunate to work here. I understand how important Rockcastle Hospital is to so many people." A native of Estill County, Arielle graduated EKU with a degree in Public Relations and lives in Richmond.

Shaw

Jerian Shaw is serving as the Southern KY Area Health Education Center's (AHEC) Clinical Education Coordinator. A native of Allen County, Jerian earned a B.A. from EKU in Public Relations and a M.A. in Human Services with an emphasis in Higher Education. As the Clinical Education Coordinator, she will facilitate clinical rotations for students in health-related professional programs by pairing students with community-based faculty mentors in southern Kentucky towns, coordinating their accommodations, and introducing them to the local environment.

She will also recruit new community-based faculty members as needed. "I have always had a passion to work with young professionals while they are progressing toward their careers," Shaw said. "This is a wonderful opportunity for me to impact young medical students in hopes they will return to practice in rural Kentucky permanently." Jerian resides in Richmond.

For more information about the Southern KY AHEC, go to www.soahec.org.

ROCKCASTLE

HOSPITAL AND RESPIRATORY CARE CENTER, INC.

LEADING THE WAY...

Rockcastle Hospital and Respiratory Care Center, Inc. has made great strides in recruiting and retaining qualified, dedicated physicians. As a result, more than 40 physicians now practice in Rockcastle County.

Top-notch medical services close to home mean you don't have to drive far for most doctor appointments. It's another example of how we're leading the way to better health for you and your family.

Physicians Based in Rockcastle County

Tony Arvin, M.D.	Family Practice
David Brabon, M.D.	Plastic Surgery
David Bullock, M.D.	Family Practice
Kimberly Cornelius, M.D.	Internal Medicine/Pediatrics
Eduardo Gomez, M.D.	Radiology
George W. Griffith, M.D.	Family Practice
William P. McElwain, M.D.	Family Practice
Kevin Rowe, M.D.	Family Practice
Karen Saylor, M.D.	Internal Medicine/Pediatrics
Callie Shaffer, M.D.	Pediatrics
Nancy Vance, M.D.	Emergency Medicine

Consulting Physicians

Paul Anaya, M.D. Ph.D.	Cardiology
Michael Anstead, M.D.	Pediatric Pulmonology
Susanne Arnold, M.D.	Oncology
Azhar Aslam, M.D.	Cardiology
Ketan Buch, M.D.	Critical Care Pulmonology
Mara C. Chambers, M.D.	Oncology
Terry D. Clark, M.D.	Pathology/Cytopathology
James K. Crager, M.D.	Cardiology
Philip DeSimone, M.D.	Oncology
Jonathan M. Doty, M.D.	Ears, Nose, & Throat
Willem J.S. de Villiers, M.D. Ph.D.	Gastroenterology
Deborah Flomenhoft, M.D.	Pediatric Gastroenterology
Dane Glueck, M.D.	Orthopaedic Surgery
Suman Jana, M.D.	Endocrinology
Michael Jones, M.D.	Cardiology
Bryon Kee, M.D.	Oncology
Alam Khan, M.D.	Neurology
Christian Knecht, M.D.	General Surgery
Paul Krestick, DPM	Podiatry
Iraklis Livas, M.D.	Allergy and Immunology
Anne P. Marshall, M.D.	Pathology/Cytopathology
Rick R. McClure, M.D.	Cardiology
Timothy Micek, M.D.	Orthopaedic Surgery
David J. Moliterno, M.D.	Cardiology
Debabrata Mukherjee, M.D.	Cardiology
Robert Owen, M.D.	Neurosurgery
Fred Pickelsimer, M.D.	Pathology/Cytopathology
Anthony Rogers, M.D.	Cardio/Thoracic Surgery
Erin Johnson Saunders, M.D.	OB/GYN
Steven I. Shedlofsky, M.D.	Gastroenterology
Steven Steinhubl, M.D.	Cardiology
James M. Thompson, M.D.	Sleep Clinic
John Tuttle, M.D.	Urology
Byron T. Westerfield, M.D.	Sleep Clinic
Robert Wood, M.D.	Otolaryngology
Denis A. Yalkut, M.D.	Urology

Look for current job postings on our website at
www.rockcastlehospital.org

ROCKCASTLE

PROFESSIONAL PHARMACY

OCT 25 2007



The staff of Rockcastle Professional Pharmacy: from left, Alma Hoggard, Janet Day, Teresa Shafer, Tracey King, Pharm D, Vernie Conner, Tim Young, RPh, and Sandra Durham. Not pictured, Trish Harmon, Scott Barnes, and Shirley Cromer.

One Great Team....

Rockcastle Professional Pharmacy, formerly Young's Pharmacy, is located on the first floor of the new Outpatient Services Center.



has joined another.

Tim Young and the staff of Young's Pharmacy have joined Rockcastle Hospital and Respiratory Care Center, Inc.

Young's Pharmacy is now Rockcastle Professional Pharmacy and is on the first floor of the new Outpatient Services Center on Newcomb Avenue. A drive-through window is located in the front of the building, and there is plenty of convenient parking.

**Hours: Monday-Friday 8:30 am to 7:00 pm,
Saturday, 8:30 am to 2:00pm**

(606) 256-4613

