

# Mount Vernon Signal

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Mount Vernon, Kentucky 40456 - (606) 256-2244

Volume 123 • Number 11

.50 per copy - Thursday, February 5, 2009

## Winter Strikes Again



Old Man Winter has had a tight grip on Kentucky and Rockcastle County has been no exception. The latest round of winter weather came in the form of snow on Tuesday night, when two inches was recorded at the Cox Funeral Home Weather Station in Mt. Vernon. Above, Mike Wren, an employee of RTEC in Mt. Vernon, works to clear the sidewalk around 8 o'clock Wednesday morning. School was dismissed for the ninth time this school year on Wednesday.



Rockcastle County School officials dismissed school early on Tuesday, in order to get all students home safely, before more winter weather hit the county. Above, Kathy Coffey, a pre-school instructional assistant helps Makayla Powell, Dakota Powell and Trey Bradley, board Pat McKinney's bus around 10:45 Tuesday morning. School officials said all Rockcastle students made it home safely on Tuesday. (Photo by: Richard Anderkin)

## Tompkins pleads guilty to threat against Burdette

**By: Richard Anderkin**  
A Rockcastle County man, who threatened the life of Rockcastle County Circuit Judge Jeffery T. Burdette and solicited others to join in, has pled guilty in Rockcastle Circuit Court.

Eddy F. Montgomery, Commonwealth Attorney for Rockcastle, Lincoln and Pulaski Counties, announced Tuesday, that Steve Tompkins, 36, of Mt. Vernon, pled guilty to threatening the well-known local judge, also a former Rockcastle County Attorney.

According to Montgomery's lead prosecutor in Rockcastle Circuit Court, Jeremy A. Bartley, Tompkins pled guilty on Tuesday in Rockcastle Circuit Court to one count of Retaliating Against A Participant in a Legal Process under a plea agreement that would sentence him to two years imprisonment.

An August, 2008 investigation, by the Kentucky State Police, revealed that earlier that month Tompkins had posted several messages on the internet in reference to Judge Burdette.

According to Bartley, Tompkins admitted to officers that he had posted the messages threatening the judge's life because of his previous dealings with Burdette, when Burdette was Rockcastle County Attorney. According to court documents, Burdette had prosecuted Tompkins on several previous occasions.

The entire case involved postings on the Internet site, topix.com.

According to Bartley, Tompkins, was using the screen name, "Big D Daddy,"

and one of the posts invited other viewers to "...assassinate Jeffrey T. Burdette." Tompkins also made references to other members of law enforcement and threatened to "...murder people, especially cops."

An indictment was returned by an October 2008 Rockcastle Grand Jury charging him with four counts of Retaliating Against a Participant in a Legal Process.

Rockcastle's other Circuit Judge David A. Tapp presided over the hearing on Tuesday. The Commonwealth, represented by Bartley, recommended a two year sentence. Tompkins entered his plea of guilty, which Judge Tapp accepted. Tapp set final sentencing for February 27, 2009.

"While we certainly respect First Amendment rights, once you cross the line certain remarks can get you into trouble. Our judiciary, and our law enforcement have to be able to do their jobs without worrying about people threatening their safety, especially in a public forum," said Montgomery.

Tompkins has been held in the Rockcastle County Detention Center since his arrest on August 14th of last year.



Steve Tompkins pled guilty on Tuesday.

## Local man charged with criminal trespassing

Robert Earl Newcomb, Sr., 55, of Trace Branch Road was charged with third degree criminal trespassing, on January 4th, after an elder at Pleasant Run Missionary Baptist Church filed a criminal complaint against him.

According to court records, Newcomb appeared in Rockcastle District Court on Monday, January 26th, where he pled not guilty to the

charges. Rockcastle County Attorney Billy Reynolds, who issued the criminal complaint for Newcomb, said Henson and other church members had a deed to the property, which dated back to 1904 and that Newcomb was trespassing when he parked his vehicles in the church parking lot.

(Cont. to A10)

## New SourceCorp building construction month behind

Rockcastle County Industrial Development Authority (RCIDA) Consultant Jim Holton, told members of the RCIDA board on Monday that the SourceCorp building project was about a month behind schedule.

Holton said that bad winter weather had caused the delay in construction, but that the head of Robert's Construction, general contractor for the project, had said his company would still have the facility completed by the June 1st deadline.

"They are working every day possible, in the rain, snow and even ice, to get the foundation ready for the steel," Holton told board members.

Holton also reported that bids for a new access road into the park, which will replace Common Loon, will be opened on February 12th. That new road will extend off Hwy. 150 across a 20 acre site recently purchased from eight landowners with property between Hwy. 150 and Industrial Business Park South.

Holton also reported that landowner Barbara Baker had finally agreed to sell her property to the county for \$97,800, which completes the purchase of the 20 acre site. The Rockcastle Fiscal Court had given condemnation proceed-

ings on Baker's property when she decided to sell.

Holton also told Rockcastle Judge-Executive Buzz Carloftis, who was in attendance at Monday's meeting, that the IDA board would need \$405,759 to pay an invoice to Roberts Construction for \$255,732, the \$97,800 to Baker and \$52,184 for engineering costs for work at the Industrial Park.

Carloftis said he would ask the fiscal court to pay those costs out of the occupational tax fund and the IDA board could reimburse them when they got their permanent funding from Community Trust Bank, in the amount of \$2.7 million and from the Kentucky Association of Counties for \$2.5 million.

Board member Gatliff Craig suggested that Holton update members of the fiscal court on the SourceCorp project as soon and as often as possible and Holton agreed.

Steel for the new building, which was part of the \$255,000 plus which to Robert's Construction is scheduled to be delivered to the job site this week. Holton said delivery of the steel had been delayed because of the bad weather.

Last September, SourceCorp, the fiscal court and IDA board announced they

had reached a joint agreement to build a new building in Industrial Business Park South which will employ 139 more people. That 139 people will be

(Cont. to A10)

## Basketball Homecoming at RCHS is Friday night

Basketball homecoming at Rockcastle County High School is scheduled for Friday night at 5:20 p.m.

The early start time for homecoming is 40 minutes before the boy's varsity game against North Laurel, which begins at 6 p.m.

RCHS assistant principal Barry Noble said the homecoming festivities were being held early because both girls' and boys' varsity players are candidates for homecoming king and queen.

The Lady Rockets will play the second game on Friday night, which will begin at approximately 7:45 p.m.

Senior night for the Lady Rockets, who are ranked number one in the state in one poll, is scheduled for next Monday night when they host McCreary Central.



Although it was cold and had been snowing on Monday, workers with McKenzie Concrete were busy preparing to pour more of the foundation for the new SourceCorp Building, which is under construction in Rockcastle Business Park South, located off White Rock Road (Old Hwy. 461). Above, Darren Puckett, hands a steel form to Steve Bowling, left, and Carl Busch. The three are among several who have been making the daily trip from Farmers, Kentucky, which is in Rowan County, to work on the foundation. Because of the bad weather, construction of the new building is about a month behind schedule. (Photo by: Richard Anderkin)

# Points East

By Ike Adams

So where were you when the lights went out on Tuesday, January 27th?

I was in the kitchen, here at 249 Charlie Brown Road just before 8:00 AM when the lights first flickered, trying to have a phone conversation on a cordless phone. Well before 9:00 AM the power was completely off.

Today is February 2, 2009 and I can tell you for sure that no groundhog in Paint Lick has seen his shadow unless somebody was holding a flashlight. We called the power company this morning and they said to not worry about how many days before we had electric service again. The question well may be, how many weeks?

That's what I get for living at the end of the line. My house is the last one served by RECC on our road and, to the best of my knowledge, I am the easternmost customer.

To paraphrase the old Simon and Garfunkle classic, "I am not a rock but I am an island and not one you want to land on if you need a shower or have problems putting up with body odor."

Next door neighbor down the street is on KU and called up today to see if I needed to take a bath or do some laundry. I told him nope. We're going to ripen up a few more days and then go sit in the front office of Intercounty RECC and refuse to move until the power is restored. This may be a test of will. Either I get power or I'll raise my arms and cause the building to collapse.

We don't have a cell phone signal within a mile of our home

Cordless phones, of course, have to have electricity power to work. But Loretta has been hoarding up three old cord phones that we paid high dollar for back in the nineties and she's had them in numerous yard sales priced at fifty cents each or the whole lot for a dollar. No takers, Thank you Lord!

On the other hand, no caller ID which means that we have to answer every call that comes in and hover near a phone jack. It's no wonder to me that dogs tend to bark loudly when they are on a permanent leash.

There are telemarketers in Florida who have learned new cuss words over the last week because I've been teaching

them not to call me by addressing them in the height of vulgarity. At first, I just hung up when presented with new life and auto insurance options, the chance to hit new oil in Wyoming, free trials on new vitamins, arthritis miracles, and multiple opportunities to cruise the Caribbean and the South Pacific at huge discounts. Apparently every telemarketer in India, Mexico and Florida (which should be rolled into a single country), knows that my 60th birthday was a recent event and they all believe that turned me into a sucker for every conceivable scam on the planet.

Forgive me yet again, for cussing, Lord, but I'm not sure that I'm the sinner here.

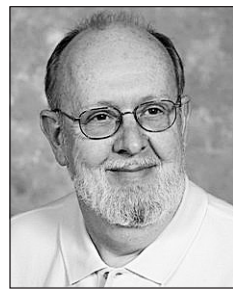
In the meantime, I wish that I'd bought stock in Coleman. Or in Duracell. There's not a flashlight battery to be had in central Kentucky at this writing nor a single little quart can of Coleman propane fuel. But we'd learned the hard way back in the nineties to keep a good supply on hand and so far our house, however chilly, is well lighted.

It may smell like kerosene for the rest of our lives, but we are basically comfortable.

Our biggest and only emotional losses thus far have been Phred (our 15 year old Oscar) along with Mutt & Jeff, (our relatively huge 12 year old twin tinfoil bars) along with a host of smaller tropical fish who perished when the tank temperatures dropped below 60.

Phred, Mutt and Jeff were buried in a common grave. Loretta managed to get "Catfish", a 14 inch remnant from the Jurassic age who looks something like the Nautilus from "20 Thousand Leagues Under the Sea" into a smaller tank and she has taken him to her office. Catfish's ultimate survival is not guaranteed but if ugly is an asset, he's apt to make it back to our aquarium and outlive everybody in the family.

Stay tuned. From what we're told right now, I may be writing about living in the dark ages for weeks to come. And hey, I may even find a place to take a bath come Sunday night. After all my Mom used to say that we had to take a bath every weekend whether we needed it or not.



# Rockcastle Memories

By David J. Griffin

## Vintage Pop Machines

Remember those pop machines that were located at grocery stores and filling stations along the highway in the '50's? Most of them were "Coke" stands, but they usually contained an assortment of beverages. The bright red colors were appealing to those passing by, and those stops often were a haven of refreshment to weary travelers.

Teenagers used them for a late-night stops during our cruises around Rockcastle County. The local restaurants closed by 9 pm during the week, and we could only quench our thirsts by stopping at an oasis containing the red boxes.

If my memory is correct, there were actually two types of these machines: one was a waist-high, rectangular box containing soft drinks that were hung by the neck of the bottle; the other was tall, like a refrigerator, and displayed the bottles lying on their side behind a small glass door.

With the box-type, you paid 10 cents, slide the bottle through a maze of metal racks, and finally pulled the bottle out of the release exit. Sometimes the bottle would "hang up," which would then require assistance from an attendant or - with escalating frustration - dropping another dime in the coin slot so that it would let go of the bottle.

Seeing the bottles hanging there was a real temptation to many teenagers. Some of us could not resist the use of a "church key" to simply pop the top off the bottle and use a straw to sample the delicious liquids in the cool machine.

Of course, we all knew this was wrong, but I suppose we thought the prize was worth the risk of getting caught. Our girlfriends were appalled at our behavior, but we thought it was exciting. (Don't boys just love the hint of danger?) Besides, that way we could use our spending money for gas.

Kids didn't have loads of personal spending money in those days. And what little we had usually came from working - so we were fairly careful as to how it was spent. Of course, the grown-ups generally thought that we wasted most of it, but we were spending our hard earned dimes on things that mattered to us.

The tall, refrigerator-type of pop machine was much easier to manage in order to "sample" the different brands of drinks inside. I remember one evening riding around in my '58 Chevy with several of my friends, including Jouett Kendrick, Gary Coffey, Marion Whitehouse, and Sam Barnes. Someone in the back seat suggested that we stop at Chaney's grocery to get something to drink.

One by one, we checked our change to see how many drinks we could afford. After careful determination, we decided that we could only get two bottles. Keep in mind, most of our

change was used to purchase fuel for our vehicles at 29 cents per gallon. It was more important to have fuel for our automobile than it was to purchase soft drinks!

Since we were short on the number of bottles that we could purchase, one of the guys reached into his pocket, pulled out his bottle opener, and popped open his favorite drink. He carefully held a cup under the mouth of the bottle and filled it to the brim.

The next thing we knew he was opening another drink, then another. By the time we had completed our rest stop, all of the bottles showing in the little window were empty. Needless to say, we all got our fill. I can see Jouett now, strutting around rubbing his belly.

Yes, I know that pranks such as these by teens of the day were not honest - nor did they reflect our proper upbringing. My dear mother would have been horrified had she ever learned of this behavior. However, I think some consideration should be given to the fact that we did not drink alcohol, use drugs, or participate in many of the questionable activities of some of our peers.

I must not forget to mention Ale-8's since they were and are locally produced. Some kids were hooked on them from a very young age. Apparently, my wife was one of them. She says her mother described Ale8 as "Winchester swamp water."

Locally, carbonated soft drinks have commonly been called soda, soda pop, pop, coke, or fizz. In these parts, any soft drinks were usually referred to as Cokes. The first time that I heard the word soda used to mean a soft drink was while speaking to a northerner. I didn't even know what she was talking about.

Personally, my choices were Coke, 7-Up, and RC Cola. Like so many others, there were countless times when I purchased an RC and filled it with a bag of salted peanuts. That was a favorite snack of mine.

(Cont. to A4)



## King reigns at new Kentucky Show

When Tim King tells audiences that Kentucky is a state of unique and talented people, he knows what he's talking about.

He's one of them. The director of sales and marketing for the new Kentucky Show has been sold on his home state for nearly 50 years.

Growing up along the banks of scenic Grassy Lick Creek in Montgomery County gave him an early appreciation for the natural beauty of the Bluegrass.

A strong work ethic was fostered by time spent in the tobacco fields on the family farm and playing center as a two-year starter on his high school football team.

By fifth grade he had taught himself to read music, prompt-

ing his parents to buy an old piano and find an instructor.

His natural ability to sing was discovered by a favorite teacher at Montgomery County High, setting in motion a series of events culminating in leadership roles with the Louisville Orchestra, including a stint as executive director.

The Eastern Kentucky University graduate has a Masters in Music Performance from the University of Louisville and spent four years as an elementary teacher in Jefferson County.

As a singer, he has appeared before audiences large and small, from serving as first tenor at the Stephen Foster Drama in Bardstown (1981-85) to standing before a throng of 30,000 for a July 4 performance

(Cont. to A4)

## Hypertension, the Silent Killer

Presented by Dr. Karen Saylor

Causing few or no symptoms, hypertension has become known as the "silent killer." To diagnose it, you must have your blood pressure taken.

A normal reading is below 135/85. When it goes above this reading it should be followed closely. The diagnosis should not be made from just one or two readings. The blood pressure will vary depending on heart rate, excitement, and just being in your doctor's office.

When the readings are consistently high, your doctor will consider several factors which may be affecting your blood pressure. Use of tobacco, alcohol, coffee and salt may contribute to the elevated readings. These are all lifestyle factors which can be changed. Losing weight and increasing your physical activity may be all that is needed to control mild hypertension.

When dietary and life-style changes do not control the blood pressure, medicines are usually started. A wide variety of medicines are available and the best choice often depends on your age and medical conditions you may have, such as diabetes or asthma. Water pills, which remove salt and water from the body, or beta-blockers, which slow the heart rate, are often used first. They have proved their effectiveness over decades.

When the readings are extremely high, there is an immediate risk of a stroke or heart attack until it is controlled. Hospitalization to treat the blood pressure and protect against these complications may be necessary.

A person's blood pressure will typically increase with age, so yearly checks are needed. Early treatment can help prevent the complications of heart attacks, strokes and kidney failure.



## Mount Vernon Signal

Publication Number 366-000  
Periodical Postage Paid in Mt. Vernon, Ky. 40456  
606-256-2244

Published every Thursday since November, 1887. Offices in the Mt. Vernon Signal Building on Main Street in Mt. Vernon, Ky. 40456. Postmaster, send address changes to P.O. Box 185, Mt. Vernon, Kentucky 40456.

James Anderkin, Jr., Publisher Emeritus  
Perlina M. Anderkin, Managing Editor  
Richard F. Anderkin, Editor  
Paige Bengel, Advertising Manager

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# Obituaries



## Flora Mae Hurst Brown

Flora Mae Hurst Brown, 91, of Quail, died Tuesday, February 03, 2009 at Rockcastle Hospital after a long illness. She was born in Rockcastle County on May 24, 1917, the oldest of 12 children to Arthur and Cleo Poteet Hurst. She was united in marriage to Roy Green Brown on November 27, 1937. He preceded her in death on November 19, 2001 after 64 years of marriage.

Besides being a homemaker, farmer, active friend of the community and notorious cook, she was a devoted Christian and a virtuous lady full of love, kindness and hospitality, which she extended to everyone.

Those left to cherish her memory include: three daughters: Kathee (Boyd) Ingram of Lebanon, TN, Christine Taylor and Virginia (Paul) Hansel, all of Quail; one brother, Harold (Pauline) Hurst of Nancy; four sisters, Martha Hurst of Norwood, OH; Edith (Shirley) Shearer of Indianapolis, IN, Yvonne Ross of Nancy, and Betty Jo (Bill) Hensley of Elsmere; seven grandchildren, Jeff (Brenda) Taylor of Frankfort, Michelle (Keith) Briley of Greenville, NC, Anthony (Cindy) Hansel of Brodhead, Cindy (Ben) McCullough of Berea, Tammy (Marc) Hopkins of London, Renee (Enrique) Carbone of Davie, FL and Troy (Natalie) Taylor of Mt. Vernon; and 13 grandchildren, Justin and Jordan Hopkins, Aaron and Megan Anderkin, Kenny and Casey Hansel, Gencie, Lauren and Kerry Beth, Jacob, Logan and Zachary Taylor and Alicia Carbone. She is also survived by several step great and great great grandchildren as well as the faithful church family at Providence church of Christ.

Besides her parents and husband, she was preceded in death by: three brothers and three sisters and two special sons-in-law, Charles Staton and Wayne Taylor.

Visitations will be held (today) Thursday, February 5 from 5-9 p.m. at Marvin E. Owens Home for Funerals and Friday, February 6 from 9-11 a.m. at Providence church of Christ. Funeral services will be conducted at the church at 11 a.m. with brief comments from Marc Hopkins, Danny McKibben, Barry Todd and Corey Craig, as well as reflections from grand and great grandchildren. Burial will follow at Providence Cemetery.

Casketbearers will be her great-grandsons, Justin and Jordan Hopkins, Aaron Anderkin, Kenny and Casey Hansel and Jacob, Logan and Zachary Taylor.

In lieu of flowers, the family requests any gestures of condolence be made in the form of donations to Quail Community Park, the vision and birth child of Flora Mae and Roy Brown.

Condolences may be made at [www.marvineowensfuneralhome.com](http://www.marvineowensfuneralhome.com)

### In Loving Memory

*"He Only Takes the Best"*

To My Dearly Beloved Husband

Michael (Mike) Glovak who passed away Jan. 1, 2009 God saw you were getting tired and a cure was not to be, So He put His arms around you and whispered, "Come With Me."

A golden heart stopped beating, a golden heart at rest, God broke "our" hearts to show us,

"He only takes the best." You will always be in my heart. I will never forget 01-01-09, the day my heart was broken



## Raymond W. Hayes

Raymond W. Hayes, 92, husband of Anne Miller Hayes of Mt. Vernon, died Tuesday, January 27th, 2009 at the Central Baptist Hospital in Lexington. He was born on March 4th, 1916 in Mt. Vernon, the son of the late Fred A. Hayes, Sr. and Martha Price Hayes. He was a truck driver for Gulf Oil Company for 27 years with an accident free driving record. Raymond was a member of the Maretburg Baptist Church where he was a Deacon for 55 years and song leader. He was a school bus driver in Rockcastle County for 8 years. His hobbies and interests were coin and knife collecting, hunting and ceramic figurines.

Those left to cherish his memory include: his wife, Anne Miller Hayes of Mt. Vernon; two children, Henry Lee (Rita) Hayes of Brodhead and Brenda Gayle (Casper Coy) Taylor of Quail; one daughter-in-law, Brenda Alice Hayes of Mt. Vernon; four grandchildren, Larissa Lee (Joey) Tucker of Lexington, Melissa Gail (Geoff) McGuire of Orlando, Matthew Henry Hayes of Brodhead and Bethany Brook (Justin) Gilbert of Quail; one great grandchild, Haylee Reagan Tucker; two sisters, Elizabeth Hassler of OH and Trudy Honza of NC; one brother, Leroy Hayes of FL; and a host of nieces, nephews, friends and neighbors.

Besides his parents, he was preceded in death by: his wife, Hazel Turner Hayes; a son, Jackie Ray Hayes; six brothers, James Hayes, Robert Hayes, Russell Hayes, Smith Burton Hayes, Fred Hayes, Jr., and David Hayes.

Funeral services were conducted Friday, January 30th, 2009 at the Maretburg Baptist Church with Bro. Wayne Harding and Bro. Ralph Baker officiating. Burial followed in the Elmwood Cemetery in Mt. Vernon.

Casketbearers were: Matthew Hayes, Justin Gilbert, Joey Tucker, Geoff McGuire, Andrew Laswell and Jimmy Silvers.

Honorary casketbearers were: Johnny Adams, Jones Oscar Hamm, Ben French and Charlie Raider.

Condolences may be made at [www.marvineowensfuneralhome.com](http://www.marvineowensfuneralhome.com)

## Judy Coffey

Judy Gail Coffey, 64, of Harlan, and formerly of Rockcastle County, died Friday, January 30, 2009 at the Harlan Appalachian Regional Hospital. She was born in Rockcastle County on March 20, 1944 the daughter of Charlie and Carlisle Johnson Childress. She was a homemaker.

She is survived by: a daughter, Carol (Pat) Winstead of Mt. Vernon; and two grandchildren, Carly Winstead and Ryan Winstead. She was preceded in death by a son, Danny Coffey.

The family chose cremation with no services.

Dowell & Martin Funeral Home was in charge of arrangements.

Please visit [www.DowellMartin.com](http://www.DowellMartin.com) to view online obituary.



## Pearl Childress

Pearl Childress, 79, of Mt. Vernon, died Friday, January 30, 2009 at Central Baptist Hospital in Lexington. She was born in Rockcastle County on March 5, 1929 the daughter of Leander and Mae Sowder McKinney. She had been a waitress and a cook and was a member of the Mt. Vernon Church of God.

She is survived by: one son, Sandy (Sharon) Childress of Mt. Vernon; two daughters, Anita (Ronnie) Mills of Cynthiana, KY and Rena (Robert) Kidwell of Lexington; and two sisters, Freda Alcorn of Mt. Vernon and Nadine Phelps of Texas. Also surviving are six grandchildren and three great grandchildren. In addition to her parents, she was preceded in death by: her husband, Russell Childress; a son, Stephen "Bucky" Childress; and one grandson, Lee.

Funeral services were conducted Monday, February 2, 2009 at the Dowell & Martin Funeral Home Chapel by Bro. Bobby Owens. Private burial was in the Hansel Cemetery.

Pallbearers were: Herb Alcorn, Johnny Alcorn, Brian Childress, Stephen Eric Childress, Brandon Kidwell, and Will Zik.

Please visit [www.DowellMartin.com](http://www.DowellMartin.com) to view online obituary.



## Ida Fay Miller Hurd

Ida Fay Miller Hurd, 92, of Mt. Vernon, died Tuesday, January 27 at the Rockcastle Hospital. She was born in Clay Co., KY on September 1, 1916 the daughter of Reed and Mary Ellen Hubbard Gregory. She was a homemaker and a member of the Bible Baptist Church.

She is survived by: three sons, Curtis (Darla) Miller, Casper (Evelyn) Miller and Thomas Benton (Wanda) Miller, all of Mt. Vernon; and one sister, Vina Whitaker of Orlando. Also surviving are 12 grandchildren, 29 great grandchildren, and 15 great-great grandchildren. She was preceded in death by: her husband, Orville "Dude" Miller; a son, Orville Miller, Jr.; four brothers; and one sister.

Funeral services were conducted Saturday, January 31 at the Dowell & Martin Funeral Home Chapel by Bros. Tommy Miller and Don Stayton. Burial was in the Maple Grove Cemetery.

Pallbearers were: Jason Cromer, Duane Miller, Paul David Miller, Robert Miller, Scotty Miller, and Tommy Miller.

Please visit [www.DowellMartin.com](http://www.DowellMartin.com) to view online obituary.

### Subscribe to the Signal

### Cumberland Valley Area Agency on Aging

The Cumberland Valley Area Agency on Aging is accepting proposals for the provision of Adult Day, Adult Day Health and/or Alzheimer's Respite Services for the period of July 1, 2009 - June 30, 2012. Complete specifications regarding the request for proposal may be received by contacting Kathy Frederick, Cumberland Valley Area Development District, 342 Old Whitley Road, P.O. Box 1740, London, Kentucky 40743-1740 or by calling 606-864-7391. All proposals must be received in the Cumberland Valley Area Development District office by 11 a.m. (EST) on February 17, 2009. All proposals must be sealed. The Area Agency on Aging reserves the right to accept or reject any or all proposals.

## Ben Jones

Ben Jones, 76, of Somerset died Sunday, February 1, 2009 at the Lake Cumberland Regional Hospital in Somerset. He was born on March 31, 1932 in Jackson County the son of the late George W. and Dora Howard Jones. He was a former employee of the Bluebird Pie Factory, enjoyed gardening and gospel music, and attended the Horselick Pentecostal Church.

Survivors are: three sisters, Mrs. Myrtle Lear of McKee, Mrs. Ida Carpenter of Livingston and Miss Ella Jones of Somerset. Several nieces, and nephews also survive. He was preceded in death by: two brothers, Oather and Ovie Jones; and three sisters, Ruby Jones, Rosie Carpenter, and Maggie Gilbert.

Funeral services were held Wednesday, February 4, 2009 at the Cox Funeral Home Chapel with Bro. Jack Carpenter officiating. Burial was in Red Hill Cemetery.

Pallbearers were: Walter Gilbert, Bentley Carpenter, Earl Jones, Sam Stallworth, Chucke Gray, and Dowell VanWinkle.

View the complete obituary, sign the guest registry, or send condolences to the family online at [www.coxfuneralhomeky.com](http://www.coxfuneralhomeky.com)



## Isabell Abner

Isabell Baker Abner, 70, of Shirley, Indiana, died Friday, January 23, 2009 at her home after an extended illness.

Isabell was born on April 1, 1938, in Johnetta, to the late Henry and Lona (Ballinger) Baker.

She is survived by her husband of 35 years, Larry Abner; sons Gary and Greg Cotton of Indianapolis, In., Timothy Cotton of Phoenix, Ariz.; daughters, Angila (Scott) Abner, Michelle Abner (Charles), of Indianapolis; sisters, Hazel Fowler of Cincinnati, Zelma Mullins of Mt. Vernon; brothers, J.B. Baker, Ed Baker and half-brother Fred Cook, all of Mt. Vernon and also seven grandchildren.

She was preceded in death by her parents; two sisters; and seven brothers.

Funeral services were January 27, 2009 at Condo and Son Funeral Home in Wilkinson, In. Burial was in Mc Cray Cemetery.

Online condolences can be made at [www.condoandson.com](http://www.condoandson.com)

### "WHAT IS WRITTEN"

Paul states a wonderful promise to all of us in 2 Tim.4:8, "Henceforth there is laid up for me a crown of righteousness, which the Lord, the righteous judge, shall give me at that day: and not to me only, but unto all them also that love his appearing." Paul spoke with confident hope and expectation of the promise of a crown of righteousness. Jesus gives this crown of life to all who will become Christians, and be faithful till death: "... be thou faithful unto death, and I will give thee a crown of life." Rev.2:10b. Peter calls it a crown of glory, 1 Pet.5:4. Paul says that it is an incorruptible crown, 1 Cor.9:25. Now notice what Paul says in our text, "and not to me only, but unto all them also that love his appearing." Now that means ME, that means YOU! Yes, you and I can have that same confident hope and then the realization of this promise, IF you and I will love the appearing of the Lord Jesus Christ also, as did Paul. Notice what is involved after becoming a Christian, (Ac.22:16) as Paul spoke in 2 Tim.4:7, "I have fought a good fight, I have finished my course, I have kept the faith." Have you begun the race by becoming a Christian? Are you seeking to be faithful till death as Paul did?

Providence church of Christ - 758-8524

E-mail: [Dan.McKibben@Juno.com](mailto:Dan.McKibben@Juno.com)

Web Site: [www.WhatSaiThTheScriptures.com](http://www.WhatSaiThTheScriptures.com)

Time of Services: **Sunday** 10am Bible Study, Worship 10:40 & 5:00pm; **Wed.** 7:00pm. Radio program, Sun.8am, 1460 AM

## Fish Fry North Atlantic Cod Lil's Place

Main St. • Livingston

Saturday, February 7th

Begins at 2 p.m.

Everyone Welcome

### February is National Children's Dental Health Month

**FREE Oral Health Checks ~for children~**



*All children will receive a goodie bag!*

**February 13 and 27, 2009  
2-4 p.m.**

**Dr. Callie Shaffer's office  
in Medical Arts Building**

For more information, contact  
*Arielle Reese 256-7880.*

**ROCKCASTLE**  
HOSPITAL AND RESPIRATORY CARE CENTER, INC.

**Family Dentistry**  
Jennifer S. Chadwell, D.M.D., P.S.C.  
325 Richmond Street • Mt. Vernon, KY  
(606)256-5812

# Let's GO RED, Girlfriend

## Did you know...

- ♥ Heart disease kills a woman every minute.
- ♥ 1 in 3 women suffer from heart disease.
- ♥ Heart disease is the leading cause of death among women.

We invite you and all your girlfriends to the second annual...

# Go Red For Women: Heart Health Expo



An educational and fun-filled event to bring greater awareness about the issues of women and heart disease.

Tuesday, February 24, 2009  
6 p.m. at RCMS

This **FREE** event will feature guest speakers, door prizes, educational and vendor booths, and a heart healthy meal.

To register, contact Arielle Reese at **(606) 265-7880.**

**ROCKCASTLE**  
HOSPITAL AND RESPIRATORY CARE CENTER, INC.

## Our Readers Write

### We appreciate councilman Jones...

Dear Don Jones,  
I am writing this message to you through the *Mount Vernon Signal* to show the appreciation of myself and my wife in giving the people of the city a voice on the council.

For too long now the city council has run roughshod over the people spending money that the city does not have in shallow improvements in the city when it should be improving the job market by attracting industry. Is it just a coincidence that we are the only city on the interstate without a built up economy.

The U.S. census bureau (factfinder.census.org) says that Rockcastle has an unemployment rate of 45.5% and that the mean travel time to work is 28 minutes which is to travel outside of the county. If the county built up the economy, it would have enough tax revenues to use on beautification projects.

My opinion is that once she improves the job market and shows that she can control a budget, she can have a pay increase over the cost of living percentage that you suggested.

I also appreciate that you understand the form of government that you have entered into and hopefully now the council will toe the line and propose ordinances through the proper channels.

I also hope that Mayor Kirby heeds your words and presides over the meetings rather than debates the points. She needs to understand her place in those meetings.

You are doing a fine job sir and all the people that I have spoken to on the subject concur.

Thank you, and keep up the good work,

Chris and Cathy Longhurst,  
Mount Vernon, KY

**(Editors Note:** The office of Kentucky Employment Training, a division of Workforce Kentucky, listed Rockcastle County's unemployment rate as 7.6 percent in November of last year, not the 45.5 percent stated in the above letter. The 7.6 percent figure for Rockcastle is the latest information the state has on file. RFA)

### Thank you for support for Negro Creek Cemetery...

Dear Editor,  
To the good people who care for and support the Negro Creek Cemetery - we want to thank you for giving and make you aware that the trust fund for the cemetery has been paying for all mowing since 2002. No other fund has paid for any mowings.

All donations for the upkeep of the cemetery are considered

a non-profit gift and can be taken off your taxes. As with all charitable organizations, it is registered with the federal government.

All donations should be given to the caretaker, Paul Blanton, 606-758-9954, or sent to: David Bowling, treasurer Negro Creek Cemetery Assn, 5362 Augspurger Rd., Hamilton, Ohio 45011. These are the two officials in charge of collecting for the fund

Thank you,  
Paul Blanton

### Complaints about mayor are unwarranted...

Dear Editor,  
Nearly every week, someone is complaining about our mayor in the paper. It is usually the same two people. This has been going on about a year at least.

Complaining about sidewalks, decorations and any other petty subject they can think of.

They are probably the same people who tell little children that there may not be a Santa, or Easter Bunny, or Tooth Fairy, or Great Pumpkin, anything they can think of to depress someone.

I grew up in Mt. Vernon. I can't remember decorations for any holidays or beautiful murals on buildings or smooth sidewalks or nice store fronts, all I knew was I wanted out of this little dead - going nowhere - town.

But now I'm grown up and a single mom and am back. I'm teaching my children to take pride in this small town.

The mayor has slowly been bringing our dead town back to life, regardless of the obstacles thrown her way, by giving the town a much-needed facelift, sidewalks, even if they do go nowhere - or do they go nowhere? Maybe they are going to lead us to our prosperous future. Hey, I think it must be wonderful to go to the drugstore or McDonald's and be able to walk on concrete and not in mud or wet grass - sounds good to me. Maybe you fellows should walk both ways (sidewalk and no sidewalk). I think you might agree with me, or not, since I'm a woman too.

I think all the mud slinging and complaining is just because she is a woman. I remember when the same thing was happening to Judge Carloftis. Every week someone wrote something mean about him -- now they've turned on our mayor. Hmm - wonder why? Wonder who wants her job? She is only being harassed like this because she stands firm on her beliefs and is not mealy-mouthed.

So, next time you hear complaints over sidewalks or decorations, ask yourself why are

they really complaining. Who do they want to have the job and what's in it for them?

Can someone else breathe life into our little town? Make our children want to stay here and make a new future? Could we be like Berea with a four lane highway that really goes nowhere? It ends right beside U.S. 25.

When you have a little free time, do yourself a big favor and take a walk on our new sidewalks that go through our town and enjoy the sights and sounds of our beautiful little town of Mt. Vernon.

As for the skateboard park for our young people - I think it was a wonderful idea. The young need something to do that they enjoy. We don't want them running back and forth in their cars. There is nothing here for young people to do. If there is nothing fun for them to do, what makes us think they will want to continue to live here as adults and raise their children here?

At least our mayor is trying to do something for our children. Other mayors are doing the same so why not let Mayor Kirby do what she can to help our children?

In ending, what I want to say is help the mayor instead of trying to knock her down.

Thank you,  
Jennifer Shelton  
Mt. Vernon

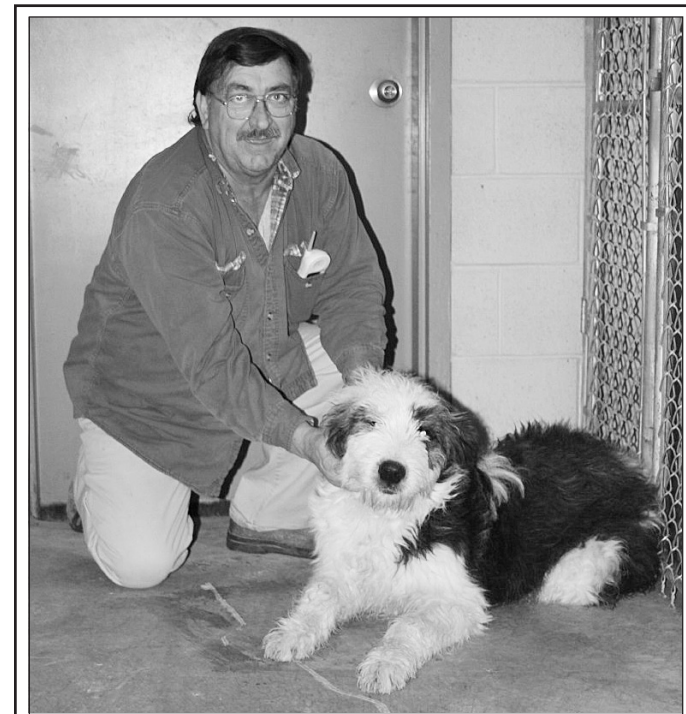
### "Memories"

(Cont. from A2)

I think if Mr. Chaney was alive today, I would give him the money to cover the price of all the soft drinks we illegally consumed at his grocery store. If I tried to figure how much I owed him, it would have to be a considerable sum.

We considered what we were doing to be simple pranks - after all, no one was physically harmed or humiliated. But I guess at this point, I must admit that we were downright thieves. Somehow though I think even Mr. Chaney would forgive us.

(You can reach me at [mtvman@mis.net](mailto:mtvman@mis.net) or you can drop me a line at P.O. Box 927 - Stanton, KY 40380. I appreciate your comments and suggestions.)



### Many times they find a home

The above one-year-old Sheep Dog was among the dogs and pups up for adoption at the Rockcastle Animal Shelter on Deep Hollow Road, off Old Sigmom Road, at Roundstone. Above, Animal Shelter Director James Kidwell holds the pretty dog, which had been at the shelter for only a short time, before it was adopted. There are also several other pretty dogs and pups now up for adoption. The adoption fee is \$20. The animal shelter is open Monday through Friday from 8 a.m. to 4 p.m., except for Tuesday when it is closed from noon to 2 p.m. For more information call (606) 256-1833 or go online at [www.pets911.com](http://www.pets911.com).

### "Ken & Tucky"

(Cont. from A2)

with the Chattanooga Symphony in 2006.

And he can cook. "He's just an incredible cook," says Safiyah Rascool, an employee of the Kentucky Center for the Arts in downtown Louisville.

The Kentucky Show has been housed in what once served as a smoking lounge for the center since debuting this past September.

On this particular day, Rascool is assisting Tim in hosting groups of school children and an assemblage of adults from a Meade County church.

They're here to see the only show in the nation that pays tribute to an entire state.

When large groups visit, Tim usually takes a break from marketing duties in his downstairs office and speaks to them prior to the opening of the 31-minute show.

Things typically go off without a hitch, but it's obvious from the start the senior adult group includes a skeptic.

"If there isn't anything about Meade County in this show, we'll be asking for our money back," says Ann Allen.

"I'm afraid there aren't any scenes from Meade, but I think you'll be entertained," Tim assures her in a good-natured demeanor.

As the show opens, it's immediately apparent major advances have been made from the original Kentucky Show that debuted in Louisville in 1984. That show, a 40-slide projector, 4,000-image, 5-channel soundtrack multimedia extravaganza had a six-year run in the renovated Kentucky Theatre.

The new version, upgraded by modern technical effects, breathtaking photography, and commentary from some of the state's most well-known citizens, does a good job of presenting Kentucky in an upbeat and positive light.

As the show concludes, audience members offer opinions already voiced by many of the more than 10,000 who have come before them.

"The overall comment is

consistent from the attendees; how beautiful it is and how diversified the geography is in Kentucky," says Tim.

King says he also sees evidence of "an overall sense of pride for our Commonwealth that results from attending the show, and just a bit of envy from those who don't live in Kentucky."

Even Ann Allen leaves the theatre voicing positive comments, with one exception.

She has accepted there not being footage from Meade County, but objects to Muhammad Ali being featured along with dozens of other prominent Kentuckians.

"Anybody who wouldn't serve his country shouldn't be honored," says Allen, noting she attended the same Louisville schools as the famed boxer.

"He was a real turkey buzzard back then, too," she says.

Comments such as Allen's are about as close as visitors to the Kentucky Show will come to experiencing the dark side of the state. Don't expect to hear anything about feuding, crooked politicians, athletic scandals, or polluted streams.

But they will see and hear from a lot of people like King, a self-described homebody who has been singing the praises of Kentucky all his life.

While heading up the Louisville Orchestra, he says he "woke up one morning and decided I don't want to do this anymore."

So he quit and worked two years for a friend who had a landscaping business during what he calls his "detox period."

"Working in the arts means if you want to move on, you have to move away."

And I don't ever want to leave Kentucky."

## NOW OPEN

# Livingston General Store

## Under New Ownership

### Grand Opening

#### Thursday, February 5th

*Come and enjoy Bluegrass and Gospel Music and Marcela's Country Cookin'*

**Daily Specials Each Week**  
Open Mon. - Sat. 7 a.m. to 8 p.m.  
Sundays Noon to 8 p.m.

### Attention

## BRODHEAD WATER CUSTOMERS

Due to the installation of a new water line, Brodhead Water System has called a

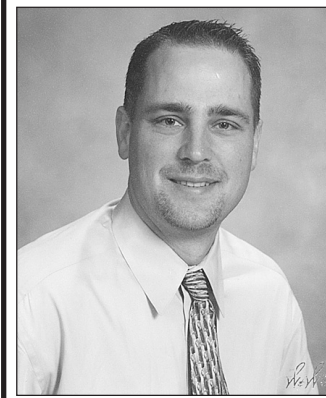
### BOIL WATER ADVISORY

until further notice for the following areas:

Hwy. 1505 beginning at the junction of Hwy. 150 to the end of Hwy. 1505 and all streets or roads that junction with Hwy. 1505

**This Boil Water Advisory will not be lifted until the water line and tank are completed.**

### Massage Therapy Available



Dr. Max Meyer

Massage covered by auto accident and Worker's Comp. Ins.

Dr. Meyer is now a Humana provider. Also covered is Auto Insurance, Anthem Blue Cross Blue Shield, CHA, UHC, Medicare, Medicaid, and many others.

We will verify coverage for you!



## Mt. Vernon CHIROPRACTIC

Dr. Max Meyer

70 School St. • Mt. Vernon

606-256-1986

## Don't Want to Cook? Don't Want to Get Out? Check out these specials!

Good thru Feb. 22nd - Dine-In/Carry-Out/Delivery

Lg. 1 Topping with Lg. Cheese Bread, 2 Liter Pepsi Products for \$19.95

Two Steak Hoagies of your choice, 2 bags chips, 2 drinks for \$13.75

Lg. Pizza with everything for \$17

5 Topping Beast with medium cheese bread, 2 liter Pepsi Product for \$29.50

Beast Supreme w/small cheese bread & 2 liter Pepsi Product for \$28

Buy One Baked Spaghetti Dinner - Includes 4 Garlic Sticks and Drink for \$6.75 - Get 2nd One 1/2 Price!!

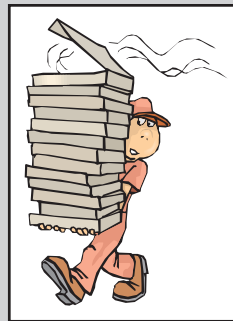
We also do birthday parties, school gatherings, any kind of private party

### Mt. Vernon Pizza and Subs

Now under new ownership of Kathy Mullins

Hwy. 25S • Mt. Vernon

Ph. 606-256-5000



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You can have an

affordable managed care

plan with the freedom of

choice and the security of

Anthem Blue Cross and

Blue Shield — Blue Access.

Stop by and see Marlene Lawson

for all your

life and health

insurance needs!

606-256-2050



910 W. Main St.  
Mt. Vernon  
606-256-9810  
We gladly accept  
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Great Food  Great Prices!™

Open 7 Days  
a Week!  
8 a.m. to  
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\*\*Save up to 40% Everyday on your total grocery bill\*\*

Extra Savings

Shank Portion  
**Sugardale  
Hams**

**139**  
Lb.

While  
Supplies  
last

Extra Savings

Butt Portion  
**Sugardale  
Hams**

**149**  
Lb.

While  
Supplies  
last

Extra Savings

Family Pack  
**Fryer Leg  
Quarters**

**49¢**  
Lb.

Extra Savings

Smithfield  
**Spiral Cut Hams**

**179**  
Lb.

While  
Supplies  
last

Extra Savings

Boston Butt  
**Pork  
Roast**

**119**  
lb.

Extra Savings

Weight Watchers Smart Ones  
**Fiesta Chicken**

**119**  
8.5 oz. box

Produce

Red/White  
**Seedless  
Grapes**

**99¢**  
Lb.

Produce

**Baby  
Potatoes**

5 Lb. Bag

**129**

Produce



50 lb.

**Potatoes**  
**1199**

Produce

Fresh  
**Cauliflower**

**179**  
Ea.

Produce

3 lb. Bag  
**Tangerines**

**179**

Produce

Biggins  
**Baking Potatoes**

**399**  
10lb. bag

Extra Savings

Deli Pride  
**BBQ  
Beef Sandwiches**

**129**  
4.6 oz. Frozen

Extra Savings

Folger's  
**Coffee**

**649**  
34.5 oz.

Extra Savings

Nestle's  
**Nesquik**

Chocolate/Strawberry

**399**  
21.8 oz. can

Extra Savings

Buddig  
**Deli  
Cuts**

**2/\$5**  
Asst. Var.

Extra Savings

**White  
Lily  
Flour**

**262**  
5 lb. bag

Extra Savings

**Fish Tater Sticks**

**349**  
18 oz. box frozen

Extra Savings

**Lean Pockets**

**229**  
9 oz. Box Asst.

Extra Savings

**Snack-A-  
Tizers**

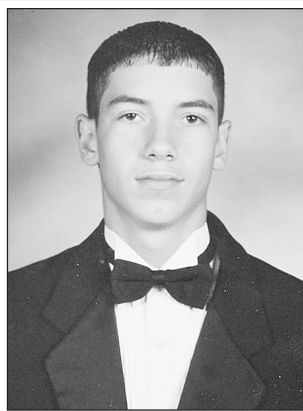
Cream Cheese  
Jalapenos  
Frozen

**199**  
8 oz. box

# SAVE-A-LOT®

Great Food  Great Prices!™

\*\*Save up to 40% Everyday on your total grocery bill\*\*



**WAY TO GO  
BRANDON  
WE ARE VERY  
PROUD OF YOU!**

Brandon Cameron made the Dean's List at Eastern Kentucky University with a GPA of 3.75 during the Fall semester. Brandon is majoring in the field of Criminal Justice. He is the son of Diana Overbay and the grandson of the late Joyce Everett.

*We Love You!  
Diana and David  
Overbay*



Ms. Breanna Morgan, a 2007 graduate of RCHS, has been placed on the Fall 2008 Dean's List at Eastern Kentucky University after maintaining a 3.8 GPA. Breanna is a Criminal Justice major and plans to attend law school after graduating from college. She is the daughter of Ms. Mellissa Thompson of Mt. Vernon and Eddie Morgan of Brodhead. Her very proud grandmother is JoAnn Smith of Crab Orchard.

## Rockcastle nurses receive chemotherapy training

The University of Kentucky's Markey Cancer Center and Rockcastle Hospital and Respiratory Care Center are working together to train and certify chemotherapy infusion nurses so cancer patients can receive care closer to home. Rockcastle nurses Gayle DeBorde, Renee Miller and Rita Mullins recently completed certification.

"The Markey Cancer Center is committed to improving access to advanced cancer treatments for all Kentuckians, irrespective of where they may live," said Kevin McDonagh, chief of the Markey Cancer Center Division of Hematology, Oncology and Blood and Marrow Transplantation. "By partnering with rural community hospitals to train and certify their chemotherapy infusion nurses, we can help to ensure that patients will receive

the same high quality treatment they would expect at our center in Lexington, while benefiting from the convenience and comfort of care in their hometown. The skill and dedication of these nurses is extraordinary, and we take great pride in the opportunity to work closely with them in this program."

The three-day course presented by Jill Dobias provided a comprehensive review of the administration of chemotherapy and biotherapy agents.

Dobias, UK's nurse liaison for the Markey Cancer Center Affiliate Network, is one of only two certified Oncology Nursing Society (ONS) trainers in the central/eastern part of the state.

"The chemotherapy infusion nurses at several of our affiliate hospitals received didactic and practical training and certification under the supervi-

sion of UK nurse specialists," said McDonagh. "The initial training took place at UK. This will be followed by a visit to the affiliate sites where the UK nurse specialists will observe and critique the administration of chemotherapy by the affiliate nurses in their own infusion suite. At the conclusion of the training, the nurses will be certified by the ONS and by Markey Cancer Center."

Course participants who successfully complete the course and a post-test will receive 13.5 contact hours of continuing nursing education, and a personalized ONS Chemotherapy Provider Card. The card validates the participant has completed the course and has the knowledge needed to administer chemotherapy and biotherapy, and is valid for two years.



Pictured, from left, Rita Mullins, RN ADN, Gayle DeBorde, RN BSN, and Renee Miller, RN ADN with their certificate of training they received from UK Markey Cancer Center.



## Cards of Thanks

### Michael Glovak

Jennifer (Jenny) Lear-Glovak, and family, would like to thank everyone who has helped us during the time of the loss of our beloved husband, son, brother, father, son-in-law, brother-in-law, uncle and great uncle "Michael (Mike) Dario Glovak."

Thanks to everyone who made phone calls, sent cards, flowers, food and for the kind words and prayers. Mike was an inspiration to all. We all will miss Mike but he will not be forgotten. He will always be in our hearts.

The Glovak family would like to thank Marvin E. Owens Home for Funerals & Monu-

ments in Brodhead for everything they did for us, along with Pam Sturgill Florist in Brodhead, all the churches and pastors.

### The Glovak-Lear Families Everett Mahaffey

The family of Everett Mahaffey would like to thank everyone for the help and support shown us during the loss of our dad.

Thank you so very much for the food, flowers and heartfelt keepsakes. A special thanks to our cousins, relatives, friends and neighbors for just being there and showing how much you cared for our dad. Words cannot describe how grateful we are for the prayers, cards and phone calls.

We thank each and everyone of you from the bottom of our hearts. God bless each and everyone.

### Sherry and Christina Mahaffey and family Zelma Fern Cromer

We, the family of Fern Cromer, want to express our thanks to everyone during the loss of our loved one.

To the staff of Rockcastle Hospital and Dr. Griffith, for all their care.

To Dowell and Martin Funeral Home for all their kindness. To all the visitors and their kind words. To Bro. Ovie Baker for his wonderful words. Thanks to the singers for the beautiful songs.

Thanks to everyone who sent flowers, brought food, sent cards, prayers, visits at home and at the hospital.

*May God bless you all  
The family of Fern Cromer*

### McKinney Cemetery now accepting bids

Bids are now being accepted for the maintenance and upkeep of the McKinney Cemetery.

The maintenance shall include: - mowing and weed eating the entire fenced area, including the sub-fenced portion; - a strip shall be mowed on the outside of the fence cleaning the fence line; - all stones shall be trimmed around and all grass clippings shall be swept away; - weed eating shall be done around the cemetery entrance sign; - all flowers shall be removed at said times.

If interested please mail your bid to: PO Box 1691, Mt. Vernon, KY 40456. All bids must be received by March 6, 2009. No sub-contracting can be done. The McKinney Cemetery has the right to reject any or all bids.

### TOPS Meetings

TOPS #KY 0476 are held Thursdays 6 to 6:30 p.m. (weigh-in/meeting times) at Brodhead Christian Church, Hwy. 150 W and Main St., lower level.

### Fireproof Fellowship

A February "Fireproof" Fellowship will be held at Mt. Zion Baptist Church on Sunday, February 15, 2009 at 5 p.m. Come, enjoy homemade soups, sandwiches, desserts and more. After dinner, we will be enjoying the movie "Fireproof." Everyone is invited to attend.

### Revival

Sand Springs Baptist Church will be in revival beginning February 4th at 7 p.m. nightly. Evangelist will be Dennis Doan. Pastor Bob Bradley and congregation welcome everyone.

### Special Singing

A special singing, with the Doan Family, will be held at Lighthouse Baptist Church at 1391 Gabbardtown Road in Berea on Sat., Feb. 14, beginning at 7 p.m.

### Benefit Singing

There will be a benefit singing for Evelyn Carol Blackburn Fri., Feb. 6th at 6 p.m. at the Livingston Fire Dept. to help with funeral expenses. All musicians/groups welcome.

### Revival

Revival services will begin at Sinking Valley Baptist Church Sunday, February 8th at 6 p.m., with services at 7 o'clock week nights.

Bro. Steve Wilkerson and Bro. Wayne House will be the evangelists and there will be special singing nightly.

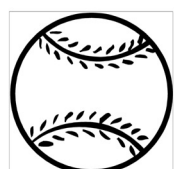
Pastor Jason Ivey and congregation invite everyone to attend.

For more information, call 606-231-3546.

### Heaven's Gates & Hell's Flames

Northside Baptist Church will present Heaven's Gates and Hell's Flames on Sunday, Feb. 8th at 6 p.m. and Monday and Tuesday, Feb. 9 and 10, at 7 p.m. Admission is free and nursery is provided.

Call 256-5577 for more information.



**Hey  
Kids!**



### Rockcastle County Little League Baseball & Softball Sign-Ups

**\*Saturday, February 7th (9 am - 1 pm)  
@ Mt. Vernon & Brodhead Elementary Gym**

**\*Saturday, February 14th (9 am - 1 pm)  
@ Mt. Vernon & Brodhead Elementary Gym**

**\*Thursday, February 12th & Friday February 13th  
@ Rockcastle County Middle School during lunch.**

**\*Children may also turn-in forms at  
Mt. Vernon Cleaners**

**Located @ 569 Richmond St. in Mt. Vernon  
Mon. - Fri. 8 am - 5 pm  
Wed. 8-12 & Sat. 9-12**

**Baseball for kids age 5-12 before  
May 1st, 2009**

**Girl's Softball for girls age 9-12 before January 1st,  
2009**

**Participation Fee  
\$35.00 per child  
\$25.00 for each additional sibling**

**\*Deadline for accepting applications is February 14th.**

### Part Time Driver Needed for New Shuttle Service

Rural Transit Enterprises Coordinated, Inc. (RTEC) is seeking a qualified driver for passenger transportation in Rockcastle County on a flexible schedule, including a Saturday Bus Route. Potential drivers must have a valid KY Driver's License for at least 5 years, a safe driving record, and a clear police background check. Other requirements include High School Diploma or equivalent, good communication skills in the English Language, legible handwriting, ability to maintain accurate records, be trainable to pass and maintain certifications provided by the company in transit procedures, able to life 40 lbs. and ability to assist wheelchair passengers. Starting pay of \$9 per hour. CDL applicants with passenger endorsement start at \$9.45 per hour. Applicants may apply at RTEC, located at 100 E. Main St., Mt. Vernon, Ky. or the local unemployment office. RTEC operates a drug and alcohol free workplace. EOE. Minority encouraged to apply.

First Baptist Church Mt. Vernon invites you to join us for **MOVIE NIGHT** On Saturday, February 14<sup>th</sup> at 7pm

We will be watching the newly released "Fireproof" movie starring Kirk Cameron. This event along with snacks is free and sponsored by FBC Women's Ministry. Please call the church office at 256-2922 to register. The first twenty couples to register will receive a free copy of *The Love Dare* book and preferred seating! **FIREPROOF your marriage this Valentine's Day!**

**Big Savings on Health Foods**  
**DISCOUNT DAY**  
**Monday, Feb. 9th**

- 20% OFF ..... SUPPLEMENTS**
- 15% OFF ..... BODY CARE**
- 10% OFF ..... GROCERIES**
- 5% OFF ..... PRODUCE**

**Bring your healthy measure  
shopper card or sign up on the spot.**  
Excludes previous purchases, pure water machine, fax, copies & shipping

**HAPPY MEADOW**  
natural foods  
**Open 9-7 Mon-Fri  
& 9-6 Sat.  
286 Glades Road  
986-3456**

**Igor will be shown at  
Movie Day  
Friday, Feb. 6th at 4 p.m.  
Rockcastle Public Library  
Refreshments will be served**

**Renfro Valley Country Market**  
145 Hummel Road • Renfro Valley

**Robinson's Whole Sausage \$1<sup>99</sup> lb.**  
**Robinson's 12 oz. Bacon \$1<sup>79</sup> lb.**  
**Potatoes \$3<sup>49</sup> 10 lb.**  
**Vine Ripe Tomatoes • Sweet Onions • Sweet Potatoes**  
Open Wed. thru Sat. 10 to 5 **Sorghum \$5<sup>49</sup> 44 oz. jar** Our affiliated with Renfro Valley Entertainment Center!  
**Jams • Jellies • Old Fashion Candy**

Thinking about your retirement?  
So Are We.

Because...  
\*People are living longer. The age that a healthy 65-year-old is expected to live has increased by approximately four years, from 79 in 1950 to 83 in 2001.  
\*Nearly 3 in 5 American households have not tried to estimate how much they need to save for retirement.  
(Source: Public Management Science, Retirement Security, LHM International, Inc., 2008)

By understanding the facts, you can begin to make plans for the retirement you want.

New York Life Insurance and Annuity Corporation offers the Lifetime Income Annuity, which **guarantees** lifetime income no matter how long you live, similar to the retirement income provided by a pension.

Imagine the peace of mind and sense of freedom that come from knowing you won't ever run out of money.

For a complimentary discussion with a New York Life agent, please contact:  
New York Life is *The Company You Keep*<sup>®</sup> to help ensure that your quality of life will be as good tomorrow as it is today.

Guaranteed Lifetime Income refers to certain annuity contracts issued by New York Life Insurance and Annuity Corporation, a wholly owned subsidiary of New York Life Insurance Company. The guarantee is backed by the claims-paying ability of the issuer.

**WHY  
a Lifetime  
Income Annuity?**

**Danny Miller**  
Agent  
208 Pauline Dr., Berea, KY 40403  
606-308-5618

**INSPIRED IMAGE**  
Hair Salon & Day Spa

**February Specials!!**

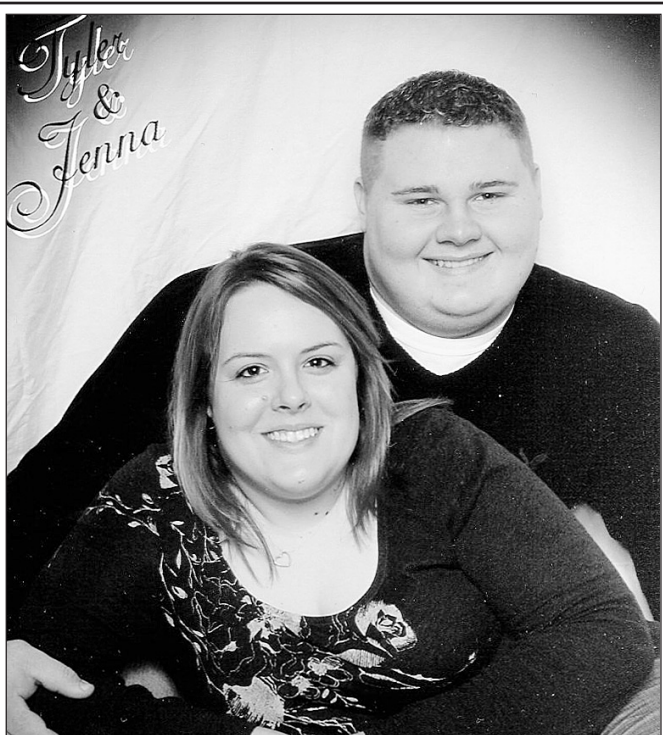
**For The Women!**  
Get one **FREE** shampoo set with purchase of a one-hour massage\*

**For The Men!**  
Get one **FREE** hair cut with purchase of a one-hour massage.\*  
\*Must be redeemed at same time!

Get **FREE** hand massage or paraffin wax with purchase of a chemical treatment!

**Featured Product**  
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### Bell - Ingram

Jenna March Bell and Brandon Tyler Ingram, along with their parents, announce their engagement and forthcoming marriage.

The bride-to-be is the daughter of Ralph and Regina Bell. The prospective groom is the son of Jeff and Janice Ingram. The wedding is at 2:30 p.m. February 7, 2009 at Russell Acton Folk Center in Berea with a reception to follow. All friends and relatives are invited to attend.

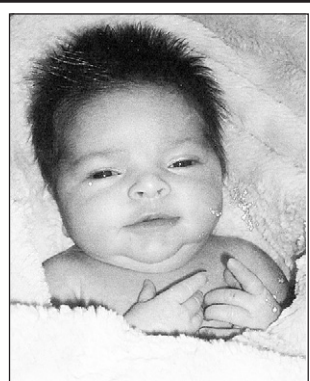
## Births and Birthdays



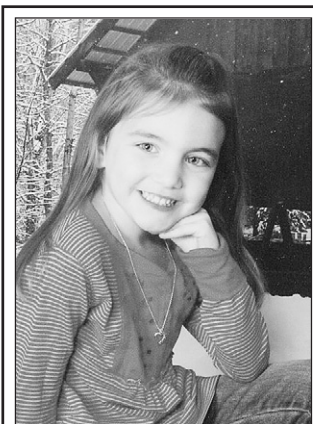
Happy 40th Birthday Kim! Love - Babe & Joseph



You have always been a blessing and we are so proud of the beautiful young woman you have become. Dream big and reach for the stars. Happy Sweet 16 - Deanna "Dee Dee" Durham. Love - Mom, Dad and Ben.



Lee and Kristen Arnold of Brownsburg, Indiana announce the birth of their first child, a daughter, Gwenth Paige on December 28, 2008. She was 7 lbs. 9 ozs. and was 20 1/2 inches long. Gwen is the granddaughter of Sharon Sparks Arnold of Brownsburg, Indiana and formerly of Mt. Vernon (Class of 1969) and the great granddaughter of Eva Sparks of Mt. Vernon and the late Alfred Sparks.



Happy 5th birthday Kylee! You are a very special girl and loved so much! Love - Mommy, Josh, Nana and Paw.

## To Those Who Served

By Flossie Christine McKinney  
Looking back through history,  
As Americans often do,  
We say a prayer of gratitude  
And shed a tear or two  
For those who passed this way  
before  
And blazed a rugged trail;  
Who gave to us a land of hope  
Where freedom could prevail.  
They suffered endless heart-  
ache  
Tomake their dream come  
true  
And yet, with every sacrifice  
Determination grew!  
With deep, abiding faith in  
God--  
A faith that never wavered--  
Their obstacles were over-  
come  
And blessings humbly sav-  
ored.  
Each day brought added bur-  
dens  
To test their dedication,  
But this just meant an extra  
prayer,  
A bit more meditation;  
Each stumbling block a step-  
ping stone  
That brought them near and  
nearer  
That priceless goal of freedom  
As it grew ever dearer.  
And so we look back through  
the years,  
To the dawning of ornatation,  
And find that words cannot  
express  
The deep, heartfelt sensation;

The lump that comes each  
time we see  
Old Glory waving high,  
Or hear our National Anthem,  
Or a soldier passes by...  
For the brave souls in uniform  
Who serve the cause today  
Are carrying on tradition  
In the same American way.  
For the who gave us freedom  
Held this gift in high esteem.  
Thank God our nation still  
produces  
Those who proudly guard the  
dream.  
Down through the ages we've  
been blessed  
Each time that duty called;  
Today is no exception and  
WE THANK YOU, ONE  
AND ALL!!!

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Danetta Allen .....256-2071	Linda Durham .....365-9456
Jeff Cromer .....355-0268	Debra C. Smith .....256-3262
Teresa Stevens .....758-8051	Shelby Reed .....365-7334
Johnny Alcorn .....256-4510	Matthew Silcox .....308-2339
David Henderson .....256-2034	Becky McNabb .....308-3731
Jeff Burdette .....256-3538	Crystal Frith .....256-9298

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[www.fordbrothersinc.com](http://www.fordbrothersinc.com)  
or stop by our office and pick up a  
free copy of Kentucky Homes Magazine.



**Big & Beautiful!** This spacious vinyl sided home at the Rockcastle/Lincoln Co. line has much to offer. Its floor plan could be used as four or five bedrooms. There's also a formal dining room, living room and family room. A two-car garage and additional bay in the basement allow for plenty of space for your vehicle or storage. Call today to view. M2423



**165 Acres more or less by survey.** This property is improved with a 1 1/2 story home (fixer upper), barn and water falls. If you're looking for acreage for hunting, recreational or a get-away then be sure to call today for an appointment to look at this property! M2415



**Farmer's Paradise!** House and 38.19 acres. This vinyl sided home features 3 BR, 1 BA, Kit/LR/DR combo, city water and septic system. Other amenities include 2 barns, spring fed pond, creek and some timber. M2428



**Don't Miss Out!** This country home is definitely worth looking at. The home has an open living area with a living room. Kitchen and dining room combined on the main level. There's also a master bedroom with a bath on the main level. The second floor has a bath and a loft that overlooks the living room. The walk-out basement has approximately 1000 sq. ft. and with a restroom that has been plumbed and a wood stove for back-up heat. M2348



**Indulge in the value of this quality brick home.** This home offers an open living area consisting of living room, kitchen and dining area. There are 2 spacious bedrooms and 2 baths. Other amenities include new central heat/air system, fireplace in the living room, 2-car garage, and a partial basement with plenty of storage area. Call today to see this home located in the Mt. Vernon city limits. M2407



**A Beautiful Home in a Convenient Location!** Here is a 1 1/2 story home with a half basement that is conveniently located within minutes of everything in town. This 3 BR, 2 BA home has appealing hardwood flooring throughout and a swimming pool and nice deck to enjoy in the summer season. Other amenities include KU electric, beautiful landscaping, 1-car garage, city water/sewer, central heat/air, and all appliances stay. M2398



**Beautiful....** all brick ranch home located conveniently to Brodhead and the city of Mt. Vernon. This home consists of 3 bedrooms, 2 baths and is like new. This is a sweet deal. Call today! M2416



**Take a look** at this immaculate split level home located in Woodland Place. This home has 3 BR, 1.5 BA, and large bonus room. Closets are spacious and all appliances stay including washer/dryer. Sellers are motivated and will consider all offers. M2427



**Beautiful Brick Home With 13 acres +/-.** This home has 3 bedrooms, 2 baths, eat-in kitchen, large formal living room, and large formal dining room (or could be used as a family room). A unique two room cabin, chain link fence and a 30x32 barn round out this wonderful property. Plenty of potential. R91789



**Well Kept!** Located just outside Mt. Vernon on Carter Ridge Rd. This doublewide in country setting has 3 BR, 2 BA, DR-Kit. Combo, LR and Utility room. Larger master bedroom and bath with large tub and separate shower. Also includes kitchen appliances, washer and dryer, central heat and air, and is affordable at \$43,900 with immediate possession. M2409



**Thinking of Owning?** One look at the price on this 3 bedroom, 1 bath home will help make your mind up. Located in the Brindle Ridge section of Rockcastle Co. this home is convenient to Brodhead, Mt. Vernon and Berea. Settle your thoughts! See this home today, call for your appointment. M2424



**Gorgeous!** This newly built home is absolutely gorgeous and is situated on a nice lot in the Lear Crest Subdivision. Features include 3 bedrooms, 2 1/2 baths, living room, dining room, kitchen and utility room. This is a newly built two-story home with central heat and air, with a deck that measures 12x16. Close to Berea, Brodhead and Mt. Vernon. Call today! M2385



**Under Construction!** This new 1,500+/- sq. ft. home will feature a LR, Kit/Dining combo, 3 BR, 2 BA and Utility Room. Other amenities include a 2-car attached garage, heat pump/central air, city water, septic system and patio. Call today! M2422

### Lots For Sale

- Two lots located in the beautiful Lear Crest Subdivision.** Consists of 1/2 acre m/l each and has city water available. These lots are ideal building lots and convenient to Mt. Vernon, Brodhead, Berea and Lake Linville. Priced at \$9,900 ea. M2260
- Great View!** Near Cedar Creek Lake. 1 acre nearly level lot with restrictions. M2357.
- Nice and Convenient!** Nice level lot in the city limits of Crab Orchard with water and sewer available. Just \$5,900. M2360
- Great Opportunity!** Building lot located in Lear Crest Subdivision. This lot has blacktop roads, city water and underground utilities. Restricted for your convenience. Priced at only \$11,900. M2355
- Let's Go Fishing!** 1 acre lot on Boone Road, only one mile from Cedar Creek Lake. Lot has 208 feet of frontage on a blacktop road. Mature trees with city water available. Doublewide are welcome! Call today and go fishing this summer! \$21,500. M2353
- Lots Available!** Now in the Lear Crest Subdivision. There are 8 lots to choose from so hurry to take your pick. M2346
- Make this your building site.** - Measuring 0.73 of an acre this lot is located in Cedar Point Subdivision. \$6,500. M2345
- They're Going Fast!** - Conveniently located between I-75 and 461, there is over 100 restricted building lots in the newly developed Rainbow Ridge Subdivision. Newly blacktopped roads - city water - some lake views. Prices range between \$7,900 - \$16,900. M1798
- Hwy. 461 - Pulaski County.** Easy access to Somerset - Lake Cumberland and I-75. Spacious Lots - Restricted - City Water - Paved Streets - \$11,900 each. M1363
- REDUCED! Investment Opportunity!** Don't delay starting earning income today! 7 trailer lots in the Mt. Vernon city limits. City water, city sewer and KU electric. Included in this package is a separate lot located on T Street in Mt. Vernon... Lots of potential. Priced at \$50,000. M2169
- Some Timber.** Property joins National Forest. Creek runs through this property. M2203
- "A" Rated!** Prime and almost perfect is the best way to describe these well-located lots! Located in exclusive neighborhood between Mt. Vernon and Brodhead on Highway 150, these restricted lots are ideal for your new dream home! Prices range between \$10,000 and \$14,500. A once-in-a-lifetime opportunity awaits you here! M1941
- Lots! Lots! Lots!** Several large country lots with a great view - Holbrook Estates in the Brindle Ridge section - Convenient to either Mt. Vernon or Berea. City water - Cable TV - lots range in size from 3/4 acre to 1 acre. M1796

### Future Auctions

- Absolute Auction of Mr. and Mrs. Rick Thomas' 30 Acres in Tracts**  
Saturday, February 7th at 10:30 a.m. - Elrod Rd., Somerset, Ky.
- Absolute Auction of Prime Commercial Property - 2 Large Buildings and 4.018 Acres (In Tracts)**  
Friday, February 13th at 1:00 p.m. - South U.S. Hwy. 25, London, Ky.
- Auction of Ms. Jessie Murray's Beautiful Mountain Resort - Two Story Log Home with 15 Acres, Guest House/Duplex with Three Car Garage, Unfinished Cottage, 16 1/2 Acres Tract with Lake, Furniture**  
Saturday, February 21st at 10:00 a.m. - Renfro Valley, Ky.

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# Pulaski no match for Lady Rockets

Friday night, the Rockcastle County Lady Rockets made a trip to Pulaski County to face the Lady Maroons.

The game started out great for the Lady Rockets as they went on a big 31-8 scoring run in the first quarter.

Head coach Chrysti Noble was able to substitute players in and out in the early going with 10 of the Lady Rockets getting into the scoring column and four in double figures.

Even with their big lead, the Rockets didn't let up the intensity in the second quarter, going into the dressing room with a 50-15 lead at half time.

The third quarter started as fast as the first with the Lady Rockets adding to their already overwhelming lead and taking total control down the stretch leading by as much as 60 late in the fourth quarter.

The Lady Rockets would go on to win 93-35 and improved to 18-4 on the season.

Sophomore center, Sara Hammond had another great game with 22 points to lead all scorers.

Senior Mary Saylor also had another good game with 17, Angie Lawrence got 15, Jackie Alexander 12, Nicole Locklear 9, Ashley Robinson 8, Katy Mattingly 4, Sasha Bullock 3, Casey Sturgill 2 and Kristin Abney 1.

**Defeat Central Monday**  
The RCHS Lady Rockets

hosted Madison Central on Monday night and found themselves in a tight contest early in the game.

With only a one point lead after the first quarter, head coach Chrysti Noble obviously made the right adjustments and the Lady Rockets went on a scoring run and led 30-23 going into the half.

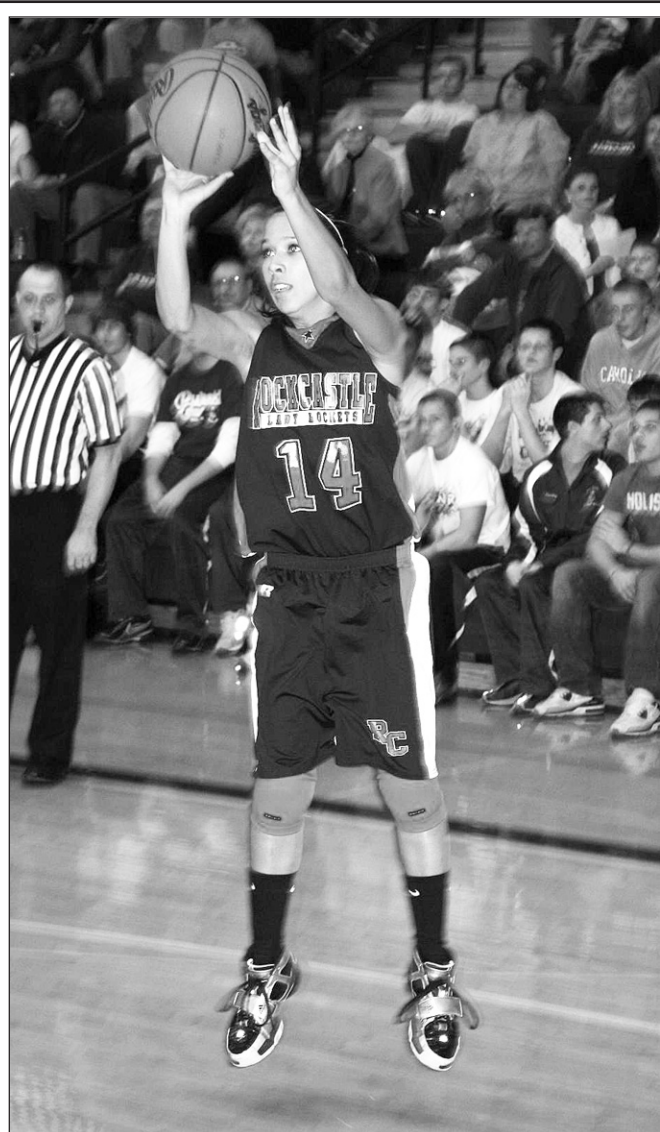
In the third quarter, the Lady Rockets went on an 18-9 scoring run to break the game open, never looking back as they took the 72-52 win.

Mary Saylor led the Lady Rockets in scoring with 16 and was followed closely by Jackie Alexander with 15. Ashley Robinson and Sara Hammond each got 13, Angie Lawrence 7, Katy Mattingly 3, and Nicole Locklear and Kristin Abney had 2 each. The Lady Rockets are now 19-4 on the season and are still ranked number one in the state in the Dave Cantrall state-wide rankings.

The Lady Rockets and Rockets will host North Laurel on Friday night, which is basketball homecoming at RCHS.

Homecoming festivities will be at 5:20 p.m., 40 minutes before the girl's game.

The early homecoming has been scheduled because players from both the Rockets and Lady Rockets are candidates for both Homecoming King and Queen.



Lady Rocket Nicole Locklear puts up a jump shot in her team's 93-35 blow-out of Pulaski County on Friday night. Locklear had nine points on the night. The Lady Rockets host North Laurel on Friday night in a double header with the boy's varsity. The Lady Rockets are still ranked number one in the state in the Dave Cantrall ratings, which appear in the *Lexington Herald-Leader*.

# Pulaski falls Friday, 61-60 Rockets win again in OT

After two consecutive overtime wins, the Rockcastle County Rockets have proved that they know how to pull out close victories in the closing minutes, and last Friday night was no exception.

In a game against district foe Pulaski County, that saw lead changes throughout and the largest lead on the night didn't exceed six points, the Rockets prevailed in overtime again, winning 61-60.

While the Rockets seemed to have an answer for every shot made by Pulaski County, they found themselves trailing 31-26 at halftime.

But, the Rockets had a huge third quarter, outscoring the Maroons 17-11 on the Maroon's home court and taking a 1-point lead into the fourth quarter.

It was late in the fourth quarter when the Rockets big man, Derek Thacker, fouled out with just over two minutes to go, which could have spelled doom for the ROCK, but the rest of the team continued to make plays at key times and took the game into overtime.

Scoring was limited in the fourth quarter as the Rockets only put up four points, but that would prove to be enough as Pulaski missed a game winning shot with seconds remaining.

"I'm proud of the fact that this team has been able to win three close games, which means we are getting a little

better and we expect to win. That can only help us down the stretch, especially when we head into district play against Somerset," head coach Benny Blanton said.

On Friday night, junior Matt Bullens led the ROCK in scoring on the night with 14, followed closely by Spencer Mullins with 11. Jamie Todd had 8, Bryan Clontz 7, Derek Thacker 6, Matt Lunsford 4, and Dustin Reynolds had 2. The Rockets have improved to 11-10 on the year.

The Rockets game with McCreary Central, which was scheduled for Tuesday night was canceled because of weather.

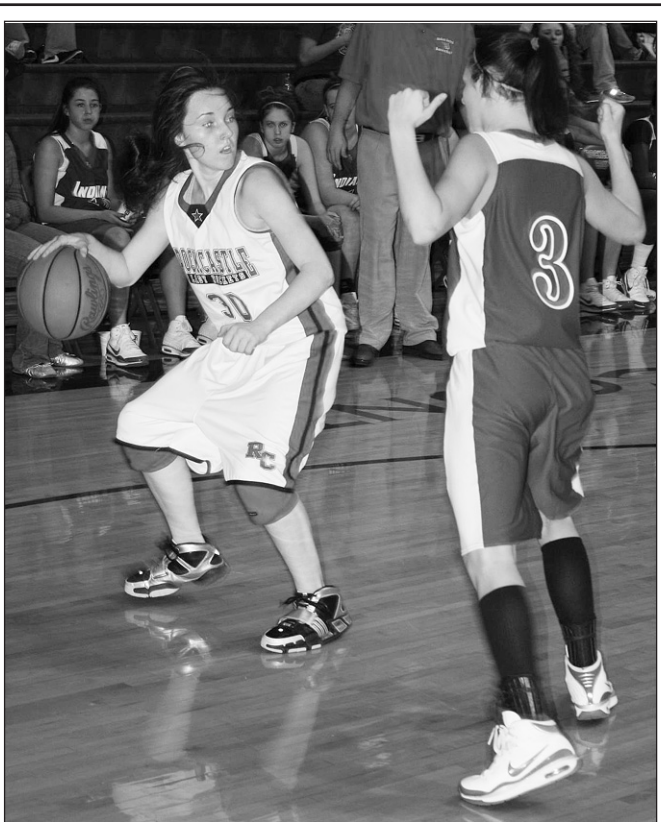
The Rockets game against Madison Southern, which was canceled last Tuesday night, January 27th because of bad weather has been rescheduled for Monday night.

The boys' JV will play at 5 p.m. followed by the boys' varsity. That game will be followed by the Lady Rockets' game with McCreary Central.

Next Monday night is also senior night for the Lady Rockets, who will be recognized at half-time of the boys' varsity basketball game.

The Rockets and Lady Rockets will host North Laurel on Friday night, which is basketball homecoming at RCHS.

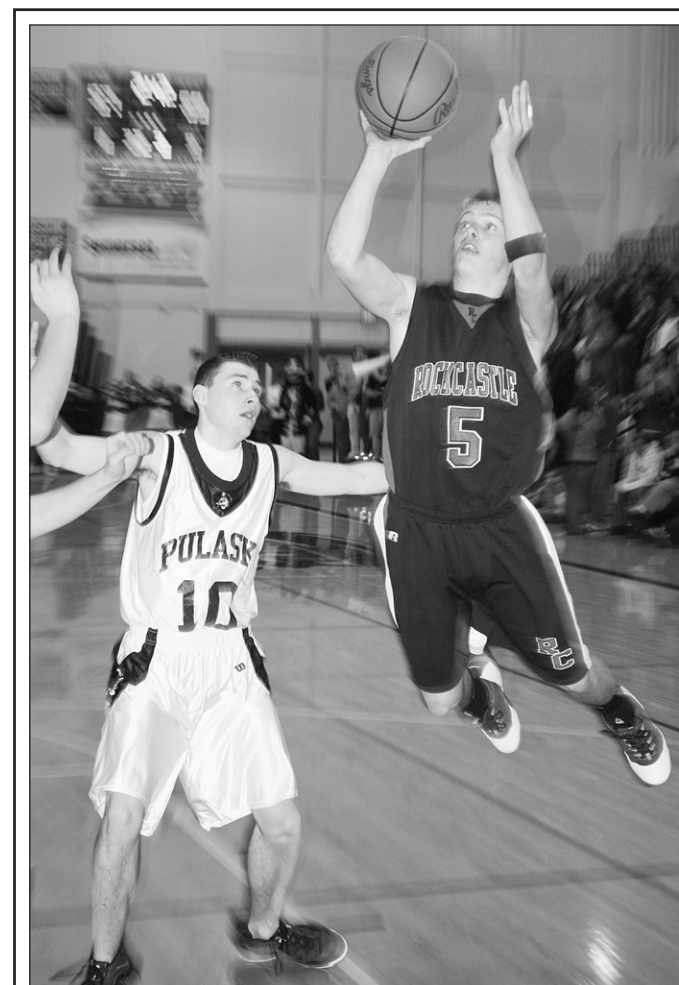
Homecoming festivities will be at 5:20, 40 minutes before girl's game.



Lady Rocket JV player Casey Sturgill looks for an open player in her team's 41-30 win over Madison Central on Monday night. The JV team is 9-3 on the season.



Sophomore center, Sara Hammond puts in two of her game high 22 points against Pulaski County on Friday night. Hammond and the Lady Rockets are ranked first in the state and are 19-4 on the season. (Photos by: Kevin Canterbury).



Junior Jamie Todd puts in two of his eight points against Pulaski County on Friday night. The Rockets are 11-10 after Friday night's win and will be seeded number one in the district tournament, which begins on February 23rd.

## Lady Rocket JV update

On January 24th, the Lady Rockets played at Casey County came away with a 41-28 victory.

Sophomore Angie Lawrence led the team in scoring with 12, Kristin Abney had 8, Shanlee Burton and Ella McQueary each had 7, Cheyenne Hensley 6 and Sydney Arvin had 2.

The game against Madison Southern on January 31 was canceled due to inclement weather.

On Monday night, the Lady Rockets took on the Madison Central Indians.

The Lady Rockets led through three quarters of play, but couldn't hang on in the fourth quarter, losing 41-30.

Kristin Abney led the Lady Rockets in scoring with 9, Shanlee Burton had 8, Angie Lawrence 6, Sydney Arvin 3 and Ella McQueary and Katie Cowan 2 each. The JV squad is now 9-3 on the year.

## RCHS Girl's freshmen update

On January 15, the Lady Rockets hosted Southwestern

and won 39-14.

Holly Hamm led the team in scoring on the night with 20, Michaela Hunter had 11, Katie Cowan 3, Katie Cobb and Alexis Chasteen 2 each and Sara Adams 1.

On January 17, the Lady Rockets played at Corbin in the Corbin Round-Robin, and lost 29-23 to Corbin.

Michaela Hunter led the ladies in scoring with 14, Bri Tillary, Holly Hamm, Sara Adams, and Alexis Chasteen each got 2 and Katie Cowan had 1.

On the same day, the Lady Rockets faced Bell County and would come away with a 32-27 victory.

They were led in scoring by Holly Hamm 8, Sara Adams 5, Katie Cobb and Katie Cowan 4, Bri Tillary, Alexis Chasteen, and Michaela Hunter all had 3, and Hannah Sowder got 2.

On January 24, the Lady Rockets took on Casey County and came out on top 36-26.

They were led in scoring by Holly Hamm with 13, Michaela Hunter had 10, Katie Cobb 7, Bri Tillary 3, Sara Adams 2 and Katie Cowan 1.

The freshmen are now 10-5 on the season and are scheduled to play at Wayne County on Thursday night.

Email sports items to [mvsignal@windstream.net](mailto:mvsignal@windstream.net)

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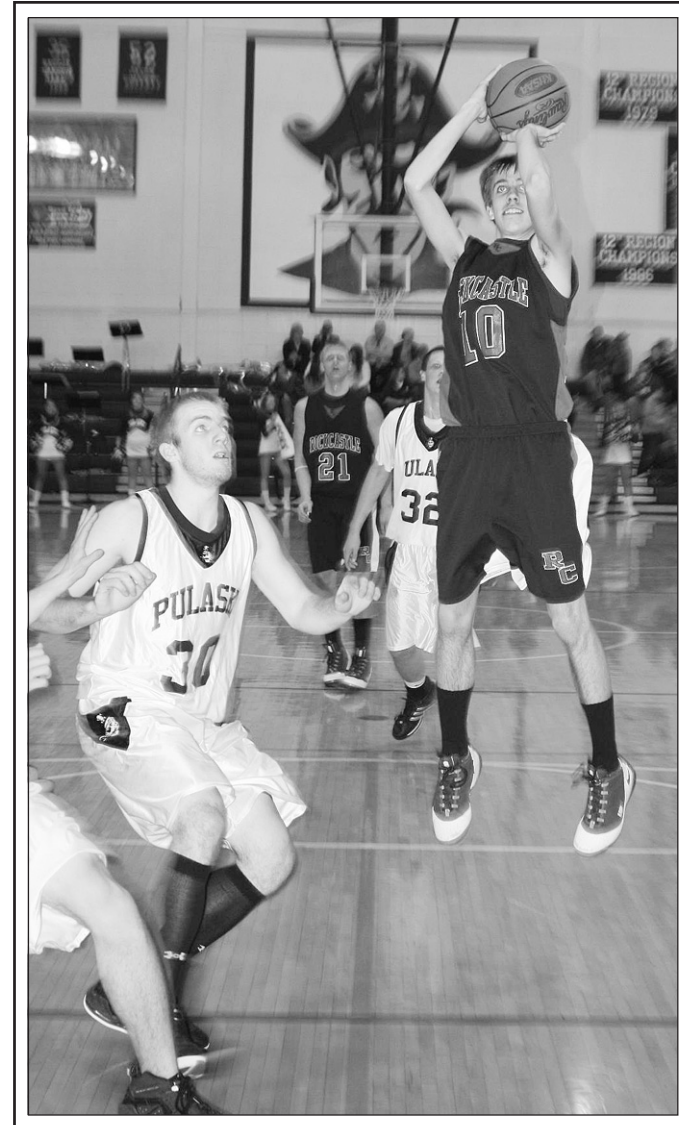
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From left: Tara Brown, Allie Reynolds, pharmacist Danette Craig, Kevin Craig and Tanner Bray.



Rocket junior Dustin Reynolds puts up a shot in the Rocket's overtime win over Pulaski County on Friday night. The Rockets will host North Laurel on Friday night, which is homecoming at RCHS.

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## Brodhead Grade and High School Band (1955 or 1956)

Front row, from left: Judy Poynter Asher, Charlotte Robbins Carrera, Rodney Purcell, Paul Cox, Bob Colson and Sunny Stevens Rowe. Second row: Nancy Vanhook Mullins, Edna Carson, Patricia Stevens Blair, Loretta Roberts Dillingham, Kathy Harris Bradley, Mary Nevelle Saylor Cash, Ricky Collett, Mark McKinney, Finley Hendrickson and Linda Sowder Witt. Third row: Bill Colson, (?) Sargent, Jimmy Parsons, Dexter Roberts, Ralph Albright, Dale Brummett, Byron M. Owens, Jerry Hamm, Carol Ann Roberts DeBoard, Billy Frith and Johnny Newland. Standing in back: Brenda Albright, Maxine Holman and Phillip Owens.



Keith Sowder of Wabd, and his nephew Billy, escaped serious injury on Wednesday morning, when Billy lost control of the above Chevy pickup on Trinity Lane, off White Rock Road, around 11:30 a.m. Rockcastle Sheriff Mike Peters said the men had been to Lexington so Keith Sowder could have a dialysis treatment and were returning to Keith Sowder's home. Both men managed to get out of the vehicle after it turned over in the creek. Tuesday night the county got another dose of winter weather when two inches of snow fell in the county, making travel difficult on many roadways. School was dismissed for the ninth time this school year.

## Will It be a Happy New Year?

The Eastern Rockcastle Water Association (ERWA) struggled in 2008. The board has not adapted well to requirements of Kentucky's open meetings laws and the trend among other public utilities of showing more respect for the concerns of their water users. ERWA has a new president. Let's hope the president provides effective leadership.

### Recommended ERWA Actions

- More respectful treatment of water users
- Adherence to all aspect of KY's open meetings laws
- Better financial management, with audits
- Board training
- New board bylaws
- Fairly elected board
- Better planning

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## EKU Spotlight Day is February 21st

Eastern Kentucky University will welcome prospective students and their families to the Richmond campus Saturday, Feb. 21, for the first Spotlight Day of the spring semester.

High school seniors and juniors, prospective transfers and their families have a special invitation to visit the Richmond campus for the event, which will begin with registration at 8:30 a.m. in the Student Services Building lobby. The event continues through 2 p.m.

The \$30 application fee will be waived for all those who apply at the event.

Students planning to attend must pre-register by calling 1-800-465-9191, or by visiting <http://www.eku.edu/futurestudents/spotlight>.

Spotlight Day will include exhibits covering all the University's academic degree programs, campus tours and information about admissions and various student services. Students and parents can learn more about financial assistance, scholarships, housing, First-Year Programs, Student Support Services and Student Life. Lunch will be provided.

Students and parents will benefit from activities designed especially for them and geared to student success and academic expectations. Students will meet with a panel of current EKU students, who will discuss college life.

Students and parents will benefit from activities designed especially for them and geared to student success and academic expectations. Students will meet with a panel of current EKU students, who will discuss college life.

### ROCKCASTLE COUNTY BOARD OF EDUCATION

MARTIN E. VANZANT, CHAIRMAN  
TINA CAIN HASTY, VICE CHAIRWOMAN  
MICHAEL BURDETTE  
ANGELA STALLSWORTH MINK  
BRANDY C. BROCK

Meeting Location – Rockcastle County Board Of Education  
(Rockcastle Teaching & Learning Center) / 245 Richmond Street

#### AGENDA

Regular Meeting  
February 10, 2009  
7:00 P.M.

#### 1. CALL TO ORDER:

- A. Silent Prayer
- B. Roll Call
- C. Reading of Board Team Commitments

#### 2. ADOPT AGENDA/ACTION:

3. COMMUNICATION: RCMS Update (Principal Coguer)

#### 4. OPERATIONS/ACTIONS:

- A. Approve minutes of the January 13 regular meeting
- B. Approve bills for payment
- C. Approve Emergency Substitute Teacher Application TC-4: Craig White
- D. Approve School Trip Forms

#### 5. DISCUSSION/ACTION:

- A. Review/Approve State Agency Children Interagency Agreement with Rockcastle Hospital and Respiratory Care Center
- B. Review/Approve Preliminary Memoranda of Agreement for Principal Selection Process with Union College

#### 6. DISCUSSION/REVIEW:

- A. Review Monthly Financial Reports
- B. Review Superintendent's Personnel Action Report
- C. Other:

#### 7. ADJOURNMENT:

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The Pleasant Run Missionary Baptist Church, on Trace Branch Road at Red Hill and established in 1820, is involved in a land dispute with neighbor Robert Earl Newcomb Sr. who claims he owns part of the church's property and had been parking vehicles and equipment he owns in the church's parking lot. Newcomb has been charged with criminal trespass and is due back in court on March 11th. There were no trucks or equipment in the church parking lot last Sunday after a court order by District Judge Katie Wood.



Landowner Barbara Baker has agreed to sell the above 1.62 acres on Old Hwy. 461 to the county for \$97,800 after the county threatened condemnation proceedings. The Baker property completes the purchase of 20 acres off Hwy. 150 and 461, where a new entrance will be built for Industrial Park South. The total purchase price of the eight properties, including Baker's was \$900,000.

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## Building

(Cont. from front)

added to the current 91 jobs already provided locally by SourceCorp.

The next regularly scheduled meeting of the IDA board is March 2nd.

## Building

(Cont. from front)

Reynolds said Newcomb claims he has a deed to the property and began parking a truck and trailer, loaded with a bulldozer, in the parking lot in December, which did not give churchgoers enough parking

spaces.

On the 26th, District Judge Katie Wood ordered Newcomb to remove his vehicles from the parking lot at the church, while court proceedings in the case were underway.

Newcomb's property joins the church's property on Trace Branch Road at Red Hill.

Newcomb has another court date of March 11th.

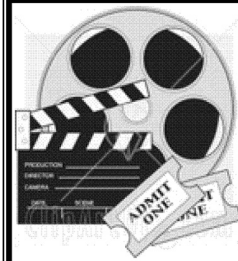
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MAKING SENSE OF INVESTING



First Baptist Church Mt. Vernon invites you to join us for **MOVIE NIGHT** On Saturday, February 14<sup>th</sup> at 7pm

We will be watching the newly released "Fireproof" movie starring Kirk Cameron. This event along with snacks is free and sponsored by FBC Women's Ministry. Please call the church office at 256-2922 to register. The first twenty couples to register will receive a free copy of *The Love Dare* book and preferred seating!

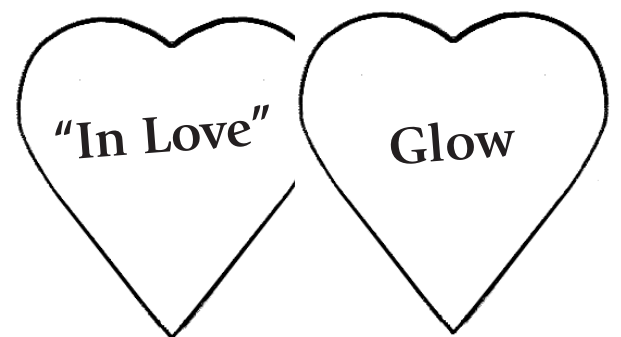
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# Mount Vernon Signal

Second Section

Thursday, February 5, 2009



Ms. Cleda Southard, center, was one of the five inductees into the Hall of Fame at the Rockcastle Health and ReHab Center. State Representative Danny Ford, standing, presented Southard, with a Kentucky Colonel Certificate and a paperweight. Each of the five inductees were also presented with plaques from the Rehab Center upon their induction into the Hall of Fame. At left is Ms. Southard's roommate, Margie Jones and at right is Mrs. Carol Hamm, Southard's niece.



Mrs. Virginia Sowder, was one of the five inductees into the Hall of Fame at the Rockcastle Health and ReHab Center. Worth Anne Harris, left, Social Services Admissions Director, presented Sowder, with a plaque from the Rehab Center upon her induction into the Hall of Fame. State Representative Danny Ford, also presented each inductee with a Kentucky Colonel Certificate and a paperweight.

At Rockcastle Health and Rehab Center

## Five inducted into Hall of Fame

Rockcastle Health and Rehabilitation Center held its First Annual Hall of Fame Cafe last Thursday night.

The Hall of Fame Cafe has been a part of the Signature Healthcare team since 2003. Signature Healthcare has owned and operated the Rehab Center in Brodhead since March of 2008.

It was established to recognize, celebrate and honor individuals, including residents,

staff and community leaders, who have distinguished themselves through success in public service, military service, personal achievements, professional accomplishments and community contributions.

There were five inductees into the Hall of Fame on Thursday night. They each received a plaque with their picture and a brief history of the facts of their life supporting their induction into the Hall of Fame.

The same plaque was hung on the Hall of Fame Cafe wall in the dining room of the facility.

Mrs. Worth Anne Harris, Social Services/Admissions Director did the reading and presenting of each plaque.

Inductees were: **Mrs. Goldie Evelyn Poynter** who has been a resident at the Rehab Center since 2005. She retired from the facility, which was formerly Sowder Nursing Home, where she was the dietary manager, in 1998.

She has had many struggles and accomplishments in her lifetime, including two house fires, receiving her GED at the age of 76, and raising six children.

**Mrs. Cleda Southard**, also a resident at the Rehab Center, has contributed much to the community. She is a retired school teacher, having taught for over 30 years. She supported the war efforts of WWII. She raised five nieces and

nephews after their mother died and six great nieces and nephews, after their mother died.

**Randall Adams**, a well-known pastor in Rockcastle County, was chosen to be inducted for his community involvement. Mr. Adams has been volunteering his services at Rockcastle Health and Rehab Center for the past 30 years.

He served in the U.S. Army Reserves, helped found the Bluegrass Pentecostal Youth Camp and is pastor of Hickory Grove Pentecostal Church.

Adams is also a bus driver in the Rockcastle County School system. He is married to Thelma (Sargent) Adams and they have two sons and two granddaughters.

**Mrs. Virginia Sowder** has been employed at the Rehab Center for 25 years and demonstrates daily what it means to be a dedicated stakeholder. Virginia was Rockcastle

County Dairy Princess and District Dairy Princess, when she was younger. She now participates in the PRIDE program and is a member of Brindle Ridge Baptist Church. She is married to Vernon Sowder and they have three daughters and four grandchildren.

**Mrs. Rhonda Stevens** has been employed for 26 years at the Rehab Center. She is a devout stakeholder and a true friend to staff and residents.

Rhonda spends many hours inside and outside of the facility volunteering her time for resident activities and trips. She is well known to staff, residents and resident families.

Mr. Steve Coy, Administrator at the Rehab Center, gave opening remarks and introduced the guest speaker, Representative Danny Ford.

Mr. Ford, a well-known Rockcastle countian, also presented each inductee with a Kentucky Colonel Certificate and a paperweight.

Bro. Luther Allen, Facility Chaplain, gave the opening prayer and also blessed the meal.

There were about 85 people in attendance and everyone had a good time.



Mrs. Goldie Evelyn Poynter, was one of the five inductees into the Hall of Fame at the Rockcastle Health and ReHab Center. State Representative Danny Ford, left, made the presentation to Mrs. Poynter.



Randall Adams was one of five inductees into the Hall of Fame at the Rockcastle Health and Rehab Center. State Representative Danny Ford, right, presented Adams, with a Kentucky Colonel Certificate and a paperweight. Each of the five inductees were also presented with plaques from the Rehab Center upon their induction into the Hall of Fame. Adams has been a longtime volunteer at the 100 bed facility. (Photos by: Richard Anderkin)



Rockcastle Health and Rehab Center Administrator, Steve Coy welcomed the 85 guests to the Hall of Fame Cafe on Thursday night.



Some of the 85 guests who attended the Hall of Fame Cafe at the Rockcastle Health and Rehab Center in Brodhead on Thursday night, were from front: 81-year-old Sarah Adams, a former resident of the Rehab Center and her daughter, Gertha Mink and son-in-law, Gary. At right is Lisa Hopkins, Human Resources Director at the Rehab Center, who was one of the many employees who helped serve.



Also on hand to help serve at Thursday night's Hall of Fame Cafe at the Rehab Center in Brodhead were, Business Office Manager Nadine Denny, left and Alecia Bullock, right, Director of Nursing, Rockcastle Health and Rehabilitation Center began as Sowder Nursing Home in the 1960s and has been a fixture in the community ever since. There are approximately 100 residents at the Rehab Center.



State Representative Danny Ford, presented each of the five inductees, including, Rhonda Stevens, with a Kentucky Colonel Certificate and a paperweight. Each of the five inductees were also presented with plaques from the Rehab Center upon their induction into the Hall of Fame.

### Country Care

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The Rockcastle County Recycling Center will be open Saturday, February 7th 8 a.m. until noon

#### The following items may be recycled:

Newspapers w/inserts, magazine and catalogs, office paper, junk mail plastic bottles and jugs (any size soda and water bottles, laundry detergent jugs, bleach and fabric softener jugs, milk and water jugs, cooking oil bottles and jugs, shampoo bottles, dish liquid and alcohol bottles - all lids must be removed and thrown into the trash - not be included with recyclables - jugs must be rinsed out), metal cans (rinsed), empty aerosol cans, aluminum cans, phone books, old cell phones, car batteries, printer cartridges and cardboard. Rechargeable batteries such as those found in: cordless power tools, cellular phones (the whole phone can be recycled), cordless phones, laptop computers, digital cameras, two-way radios, camcorders and remote control toys. If its says rechargeable on it, then it's recyclable!

Regular hours are Mon. thru Fri. from 7 a.m. to 3 p.m.

The Rockcastle County Recycling Center is located at the Rockcastle County Road Department Garage at 2528 South Wilderness Road (US 25 South at Burr).

For further information, call 606-256-1902

# News from the Rockcastle Courthouse

## District Civil Suits

Midland Funding LLC vs Martha E. Denny, \$3,582.09 plus claimed due. C-00018.

## Circuit Civil Suits

Wells Fargo Bank NA vs. Terry D. Hacker, et al, \$104,432.23 plus claimed due.  
 Credit Acceptance Corp. vs. Ronnie Offutt, \$8,453.74 plus claimed due.  
 Commonwealth of Kentucky vs. Edna Thompson, complaint for medical support.  
 Discover Bank vs. Timothy C. Roberts, \$10,446.46 plus claimed due.

## Deeds Recorded

Lewis Eugene Sears, property on KY 328, to Vicky Sears. No tax.  
 Charlotte Carrera, and others, property in Rockcastle County, to Citizens Bank. No tax.  
 Carter and Carla Parsons, property in Valley Manor Subdv., to Christopher R. and Kasi L. Parsons. Tax \$90.  
 Billy Gene Rash, property in Rockcastle County, to Carter Lynn and Carla Parsons. Tax \$110.  
 Steven James and Audrey Tonya Clark, property in Brodhead, to John Leslie Lafavers. Tax \$68.  
 Delorise Brown, property in Rockcastle County, to Jason Allen. Tax \$23.

Tommy Cope, property in Rockcastle County, Kenneth Hall. No tax.  
 Louise and Edward David Weathers, property in Cedar Point Subdv., to Samuel L. Whitaker. No tax.  
 Water Systems Mgmt., Inc., property in Rockcastle County, to Rockcastle Water Assn. Tax \$245.  
 Estate of Jesse M. Godsey, property in Rockcastle County, to George W. Dewry, Jr. and Arleen R. Drewry. Tax \$12.  
 Estate of Jesse M. Godsey, property in Rockcastle County, to George W. Dewry, Jr. and Arleen R. Drewry. Tax \$8.50.  
 Bobby L. DeBorde, property in Mt. Vernon, to William L. and Lucille L. DeBorde. No tax.

## District Court

**Jan. 26-28, 2009**  
**Hon. Kathryn G. Wood**  
 James L. Blakey: operating motor vehicle under influence of alcohol/drugs, \$200 fine and costs, \$333 service fee plus DUI fees, 30 days operator license suspension and 4 days/ to serve.  
 Jonathan C. Ramey: operating on suspended/revoked operators license and failure to wear seat belts, 6 days in lieu of fines/credit time served; failure to wear seat belts, \$133 costs due plus 6 days/concurrent in lieu of fines.  
 Logan S. Adams: speeding and license to be in possession, bench warrant (bw) issued for

failure to appear (fta)/no bond.  
 Scottie Baker: operating motor vehicle under influence of alcohol/drugs, bw issued for fta.  
 Cassie R. Bradley: fines/fees due (\$128), bw issued for failure to appear/no bond.  
 Raymond J. Caldwell: defective equipment, \$100 fine (suspend \$80) plus \$133 costs.  
 Speeding: Kraig A. Price, fine suspended, \$133 costs plus state traffic school; Annie K. Carpenter, fine suspended, Logan D. McFarland, Brian F. Evans, \$133 costs and state traffic school ordered; Brian F. Evans, \$44 fine plus \$133 costs; Davidson Beausejour, Betty C. Bernard, Patsy R. Conley, Todd C. Crabtree, Emily G. Keeton, Franklin L. Sizemore, licenses suspended; Arnold J. Creekmore, Jr., paid; Kathy A. Scott, license suspended fta.  
 Ronald Abney: no/expired registration plates, \$25 fine.  
 Merrill K. Brown: terroristic threatening, \$100 fine/suspended 24 months on condition, plus costs.  
 Chaz M. Cable: operating motor vehicle under influence of alcohol/drugs, \$350 fine plus costs, \$375 service fee, 12 months operator license suspension, ADE authorized, 6 months in jail/to serve 7/balance probated 24 months on condition.  
 Matthew B. Childress: fines/fees due (\$578), bw issued for fta/to serve 12 days or pay in full.  
 Deena K. Cooper: operating motor vehicle under influence of alcohol/drugs, \$200 fine and costs, \$375 service fee, 30 days operator license suspension, ADE authorized, credit for time served.  
 Claude Franklin Cope: no operators license in possession, \$25 fine and costs.  
 Jennifer D. Dooley: fines/fees due (\$240), bw issued for fta.

sued for fta/7 days or payment.  
 Michael W. Taylor II: operating motor vehicle under influence of alcohol/drugs, \$100 fine and costs, 30 days operator license suspension; possession controlled substance, 30 days/probated 24 months on condition.  
 John V. Wethington II: public intoxication, \$100 fine and \$133 costs; possession of marijuana, \$100 fine.  
 Daniel J. Hunsucker: fines/fees due (\$52.50), bw issued for fta.  
 Curtis L. Johnson: speeding and failure to produce insurance card, operators license suspended.  
 Pamela G. Keenan: speeding and failure to produce insurance card, operators license suspended.  
 Kevin S. King: failure to maintain required insurance, bw issued for fta, operators license suspended.  
 Bobby Lee Kirby: fines/fees due (\$198), bw issued for fta.

Marvin E. Kirby: fines/fees due (\$158), bw issued for fta.  
 Bobby L. Littrell: speeding and failure to notify address change, operators license suspended.  
 William B. Cromer: DI, under 21, \$100 fine plus 30 days operator license suspension; license to be in possession, \$133 costs.  
 Jerry L. Denny, Jr: operating ATV on roadway, \$100 fine plus \$133 costs; no operators/moped license, \$100 fine.  
 Walker B. Pollitt, IV: speeding, failure to wear seat belts, failure to produce insurance card, operators license suspended.  
 Bobby Lee Kirby: fines/fees due (\$228), 5 days in lieu of fines/costs.  
**Rocket Docket**  
 Terrell Coleman, 19, of Burnside, charged with complicity to trafficking in marijuana (8 oz. to 5 lbs.), given two year probation.

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## Kentucky Crossword # 400

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- ACROSS**
- 1 Jazz style
  - 4 Goya's "Duchess of ..."
  - 8 Primary
  - 13 Dismantle
  - 14 Kentucky burgoo, for one
  - 15 Maui greeting
  - 16 Solo for Kentuckian William Ray?
  - 17 Popular "Fork" in Knott Co.
  - 18 His home was Federal Hill in Bardstown
  - 19 Kentuckian, 14<sup>th</sup> US Vice-president
  - 22 A Central Kentucky college
  - 23 County where the Kentucky River forms
  - 24 Resort hotel, or a Logan Co. area
  - 27 \_\_\_ and outs
  - 28 Show boredom
  - 32 Lexingtonian, winner of the 1967 Masters (golf)
  - 34 Standoffish
  - 36 Wheel covering
  - 37 Historical site at "Pleasant Hill" Kentucky
  - 42 Harvest
  - 43 "The Divine Comedy" poet
  - 44 He established an English settlement in KY in 1775
  - 47 18-wheeler
  - 48 Kentuckian Sue Grafton's "\_\_\_ for Lawless"
  - 51 Baseball's Mel
  - 52 Free (of)
  - 54 KY county, home to Williamstown and Dry Ridge
  - 56 Kentuckian Joel Cheek developed this coffee
  - 60 A basketball move
  - 63 Sailing
  - 64 Fertilizer ingredient
  - 65 He first visited KY in 1767
  - 66 Standing
  - 67 Durable wood
  - 68 Pouts
  - 69 Combine
  - 70 Shade tree
- DOWN**
- 1 Journalist Diane Sawyer's native KY county
  - 2 Willows
  - 3 Tranquility
  - 4 Spore sacs
  - 5 Give temporarily
  - 6 Hiker's nemesis; or a Rockcastle Co. community
  - 7 Month preceding the Derby
  - 8 Jamestown, KY native, pitched for the Yankees and Dodgers
  - 9 Sunburn soother
  - 10 Plant
  - 11 "Got it!"
  - 12 PC linkup
  - 13 Spiritual leader
  - 20 Small canoe
  - 21 Society girl
  - 24 Gulp
  - 25 French priest
  - 26 "\_\_\_ we there yet?"
  - 29 A KY soft drink, \_\_\_-8-One
  - 30 Promise
  - 31 Star types
  - 33 Bluegrass Airport info.
  - 35 Small-grained
  - 37 Morganfield to Union Co., e.g.
  - 38 KY county, home to Horse Cave and Cub Run
  - 39 Financing abbr.
  - 40 Personal memory: Abbr.
  - 41 "Gone With the Wind" actress
  - 42 Sorority letter
  - 45 Talks
  - 46 River dam that creates Lake Herrington
  - 48 KY county, named for a local shrub
  - 49 Clothing line
  - 50 Porterhouse, e.g.
  - 53 Perry Co. hamlet, or gnome
  - 55 Itinerary
  - 56 Thomas Merton was a famous one in Nelson Co.
  - 57 Biblical twin
  - 58 Microscope part
  - 59 Dewey or Greenbo in KY
  - 60 KET's parent network
  - 61 Debtor's note
  - 62 Tennessee athlete, for short

## Attention TTAI Employees

### Richmond Street Eye Care is now an Avesis Provider!

Lee Cain O.D. and the staff of Richmond Street Eye Care are happy to announce that we are accepting patients with AVESIS vision insurance.

We also provide care to patients with Eyemed Vision, Compbenefits, Bluegrass Family Health, Anthem, UMR, Humana, Medicare and Kentucky Health Select.

If you have questions about your insurance plan please feel free to call our office.

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# Agricultural News

By: Warden Alexander, FSA Director

## Committee meeting

The Rockcastle County Farm Service Committee (COC) will hold its monthly meeting Thursday, February 5, 2009 beginning at 8:00 a.m. The meeting will be held at the FSA office.

The COC members are vital to the day-to-day operations of FSA. The COC members help FSA at the local level by deciding the kind of program their county will have and how they will operate. FSA committees operate within official regulations designed to carry out Federal laws and applying their judgment and knowledge and knowledge to make decisions.

## Accommodations

Persons with disabilities who require accommodations to attend or participate in FSA meetings/events or functions should contact Warden Alexander at 606-256-2525 or Federal Relay Service at 1-800-877-8339.

## USDA sets date for Lamb Referendum

The U.S. Department of Ag-

riculture has announced that it will offer lamb producers, feeders, and first handlers the opportunity to vote in a nationwide referendum on whether to continue or terminate the Lamb Promotion, Research, and Information Order, authorized under the Commodity Promotion, Research, and Information Act of 1996. The referendum will be held Feb. 2-27, 2009.

The referendum will be conducted at USDA's Farm Service Agency (FSA) county offices. To be eligible to vote, persons must certify and provide documentation, such as a sales receipt or remittance form, which shows they have been engaged in the production, feeding, or slaughtering of lambs during the period, Jan. 1, 2008, through Dec. 31, 2008.

Beginning Feb. 2, 2009, and continuing through Feb. 27, 2009, persons eligible to vote should obtain form LS-86 from a county FSA office either in person, by mail, fax, or via the Internet at web address: <http://www.ams.usda.gov/lsmarketingprograms>. Persons

must vote in the referendum at the County FSA office where their administrative farm records are maintained. For those persons not participating in FSA programs, the opportunity to vote will be provided at the County FSA office where the person owns or rents land.

Form LS-86 and supporting documentation must be returned in person, by mail, or by fax to the appropriate county FSA office. The form and documentation returned in person or by fax must be received in the appropriate county office prior to the close of business on Feb. 27, 2009. The form and documentation returned by mail must be postmarked no later than midnight on Feb. 27, 2009, and received in the county FSA office by March 6, 2009.

USDA monitors activities of the American Lamb Board. The mandatory program is financed by producers, seedstock producers (breeders), feeders, and exporters who are assessed one-half cent (\$.005) per pound when live ovine animals are sold. The first handler, primarily packers, pays an additional 30 cents per head on ovine animals purchased for slaughter.

Notice of the referendum will be published in the Dec. 16, 2008, Federal Register. Copies of the Final Rule and Notice are available from the Marketing Programs Branch; Livestock and Seed Program, AMS, USDA; STOP 0251 - Room 2628-S; 1400 Independence Avenue, SW; Washington, D.C. 20250-0251; tel. (202) 720-1115; or via the Internet at [www.ams.usda.gov/lsmarketingprograms](http://www.ams.usda.gov/lsmarketingprograms).

## Bank account changes

If your bank account number changes or there is a change in your bank's name

notify FSA immediately to ensure payments reach your account timely.

This is very important to those receiving FSA payments as payments can be delayed if we are not aware of changes to your account or routing numbers.

## Spousal authority

A husband and wife may sign FSA and CCC documents on behalf of each other UNLESS written notification is on file in the FSA office denying a spouse this authority.

## Office closure

FSA offices will be closed

for the following National Holidays: February 16th - Washington's Birthday

## Important program dates

DCP signup continues  
MILC signup continues  
Conservation Reserve Program Continuous signup continues  
Quality Crop Disaster signup continues

Farm Ownership Loans,  
Farm Operating Loans, Limited Resource Loans

Farm Storage Facility Loan-January 2009 interest rate-2.125%

Tobacco Transition Payment Program-January 2009-5.0%

## (Maximum Discount Rate)

The US Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program. (Not all prohibited basis apply to all programs). Persons with disabilities who require alternative means for communication or program information (Braille, large print, audiotape, etc) should contact USDA's Target Center at 202-720-2600 (voice and TDD)

# French graduates

Cole D. French has recently graduated from basic training at Great Lakes Naval Training Center in IL. After graduating from Somerset Technical School with a Welding certification, Cole joined the Navy to further his welding skills.

After a short leave at home during the Christmas holidays, he has returned to Great Lakes where he is attending school.

Cole, a Rockcastle High School graduate, is the son of Terry and Rick Rhodes of Berea and the grandson of Joe and Letha French of Mt. Vernon.

# Show your support for women's heart health on National Wear Red Day

## Family and Consumer Sciences

### Hazel Jackson

Rockcastle County Extension Office



Heart disease is the No.1 killer of women in the United States. Each year, about 267,000 women die from heart attacks or other heart-related diseases. This year you can show your support for women's heart disease prevention by participating in National Wear Red Day Feb. 6.

Heart disease and heart attacks in women are commonly overlooked. Many women report early warning signs of an impending heart attack as early as a month before the attack occurs. Understanding the early warning signs of a heart attack will help decrease your chance of death. Some symptoms of heart attacks are:

- Unexplained severe fatigue or trouble sleeping, especially for an extended period of time
- Persistent indigestion like pain in the chest
- Pain that is worse with activity but decreases with rest
- Pain along with sweating,

nausea, vomiting or shortness of breath

•Pain or dull ache under arms, jaw area, neck or back.

If you suffer from any of these symptoms, go to the nearest hospital emergency room immediately. If you are alone, call 911.

Everyone can help support heart disease prevention in women by wearing red. It is a simple, powerful way to help raise awareness about heart disease and stroke in women. By wearing red or making a donation to the American Heart Association, you'll help support ongoing research and education about women and heart disease.

Remember to show your support for the fight against heart disease in women Feb.6 by wearing red. For more information about heart disease in women or other related topics, contact your Rockcastle County Cooperative Extension Service at 256-2403.

Note the Signal's new email: [mvsignal@windstream.net](mailto:mvsignal@windstream.net)

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# Gone Fishin' Portraits Monday, February 16



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# Absolute Auction

of Mr. and Mrs. Rick Thomas' 28 Acre Farm in Tracts

Saturday, February 7th at 10:30 a.m.

Elrod Road - Somerset, Kentucky

**Directions:** From Somerset, take Hwy. 39 approximately 13 miles to Hwy. 934 and turn right. Follow Hwy. 934 five miles and turn right onto Hwy. 3268. Proceed approximately 1 1/2 miles. Property will be on your left. From Mt. Vernon, take Hwy 461 approximately 12 miles and turn right onto Old Hwy 461 (just past the Jack Shack). Proceed approximately two miles and turn left Elrod Road and proceed 4 1/2 miles to the property. Auction signs are posted.

In order to pursue other business interests, Mr. & Mrs. Thomas have authorized our firm to offer this farm at public auction.

This farm is mostly cleared and totals 28.23 acres with road frontages on three sides and city water is available to each tract. Tracts sizes are as follows;

**Tract #1 through Tract #3** all front Highway 3268 with each having over 240 ft of frontage. These tracts range in size from 1.2 to 1.3 acres. Either of these tracts would be excellent home sites.

**Tract #4** being the largest of the tracts measures 10.55 acres and fronts Elrod Martin Road approximately 699 feet. This tract has a pond for stock water and would be excellent site for building your home and having a site for grazing cattle or running horses.

**Tract #5** consists of 6.33 acres and fronts Elrod Martin Road approximately 718 feet. Combining this tract with Tract #4 would make an excellent combination and would give you a total of 16.88 acres, the perfect size of a baby farm.

**Tract #6** measures 2.13 acres with 553 ft of frontage along Elrod Denney Road. This tract would be another excellent mobile home or building site as there is already a septic in place. (Mobile home currently on this tract will be moved and is not a part of the auction.)

**Tract #7-#9** measure 1.33 to 1.86 acres. Each of these tracts has over 250 ft of frontage along Elrod Denney Road. Again, these tracts would be excellent home sites and have several mature shade trees.

**AUCTIONEERS NOTE:** Looking for additional spring pasture, a farm or a great country site for building, then check out these tracts in the northern section of the county. Tracts ranging in size from 1.2 to just over ten acres allows you to choose what suits you and your family. The farm totals 28.23 acres. Be prepared to bid and buy on Saturday, February 7th at 10:30 a.m.

**TERMS:** Real Estate: 20% down the day of the auction with the balance due in full within 30 days.

**AUCTIONEER/BROKER/SELLER DISCLAIMER:** The information contained herein is believed to be correct to the best of the auctioneer's knowledge. The information is being provided for the bidder's convenience and it is the bidder's responsibility to determine the information contained herein is accurate and complete. The property is selling in its "as-is" condition with no warranties express or implied.

For additional information or copy of the plat, contact the auctioneers at 606-679-2212.

Announcements made the day of the auction, take precedence over printed matter.



REALTOR/AUCTIONEER: DANNY FORD, RON SHAW, DAVID REYNOLDS, MATT FORD, MIKE BROUGHTON APPRENTICE AUCTIONEER: DAVID CASADA, JAMES STEVENS, BUD GALLOWAY, MIKE MCCOLLOM, DOUG KING

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## Motor Vehicles For Sale

**For Sale:** 2001 Chevy S-10, 4.3 engine, 4x4, auto; 1996 GEO Prism, auto. 606-758-4127. 11x2p  
**For Sale:** 2007 Suzuki Reno hatchback, 4 door, AC, CD player, power windows, excellent condition, bumper to bumper warranty. \$8,800. 758-9605 after noon. 42tfn  
**For Sale:** 1986 International Dump Truck TD466. Diesel engine, 7 speed transmission. 859-661-2814. 8xntf  
**For Sale:** Ford single axle road tractor. 300 Cummins diesel engine, 9 speed transmission. 859-661-2814. 8xntf  
**For Sale:** 8,000 watt generator, \$900 (used one time); 1991 Chevy Blazer, V8, cow hood, \$2,800; 1999 Ford Dually, extended cab, 7.3 diesel, 70K, \$12,500; 2004 Futian Tractor, 3 cyl. diesel, 4WD, front end loader, \$4,800; 2007 model 14x7x7 enclosed trailer - like new, \$3,800; 1964 Ford dump truck, only 39K, \$2,500; 1972 Chevy pick-up, \$2,000; 1989 Dodge camper van, \$3,800. Also several farm tractors and equipment. Several riding lawn mowers. 606-256-4739 or 606-308-4739. 11x2p  
**For Sale:** 1968 Ford F600 line truck. 859-661-2814. 8xntf  
**For Sale:** 1975 6040 Allis Chalmers diesel tractor. 859-661-2814. 8xntf  
**For Sale:** 1963 Farmall cub tractor w/cultivators. 859-661-2814. 8xntf  
**For Sale:** 1963 Ford Tractor 4000. 859-661-2814. 8xntf  
**For Sale:** 6 ft. bushhog. 859-661-2814. 8xntf  
**For Sale:** Team Iron Wheel Owensboro Wagon, excellent condition. 859-661-2814. 8xntf  
**For Sale:** 2002 27 ft. Toy hauler camper. Sleeps 6 plus. Can haul a small car or Jeep. New tires, new gas tanks, etc. \$9,500. 2006 Soft Tail custom STS motor, new pipes, \$9,500 obo. 1999 450 Honda 4 wheeler, electric shift. \$2,395 obo. 1999 350 Big Bear 4x4 Yamaha 4 wheeler, \$1,495 obo. 1996 400 Kodiak 4x4 Yamaha 4 wheeler, \$1,350 obo. 1986 TRX 70 Honda 4 wheeler. Great 4 wheeler for a child. \$650 obo. 2005 CRF 230 Honda dirt bike. FMF pipe, rev box. Reduced to \$2,295. 1986 S10 Chevy pickup, V8 motor, headers, turbo trainny, \$1,500. Dodge camper V6, \$700. 1995 CB 750 Night Hawk. IV line, 4 cyl., ready to go, \$2,650. For all your street dirt ATV parts and accessories, call and ask for Ronnie at Barnett Cycle, 606-256-5678, Hwy. 461 toward Somerset. 8x4p

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**I, Colen Short,** will not be responsible for debts made by anyone other than myself. 7x5p  
**Notice is hereby given that** Betty Lou Whitaker, 872 Bee Lick Road, Brodhead, Ky. 40409 has been appointed executrix of the estate of Mary Jane Randolph on the 26th day of January, 2009. Any person having claims against said estate shall present them, according to law, to the said Betty Lou Whitaker or to Hon. William D. Reynolds, 140 West Main St., P.O. Box 1250, Mt. Vernon, Ky. 40456 on or before July 27, 2009 at 11 a.m. 11x3

**Notice is hereby given that** Judy Hopkins Marsh, 1293 Redd Rd., Lexington, Ky. 40510 has been appointed executrix of the estate of Edith Irene Hopkins on the 26th day of January, 2009. Any person having claims against said estate shall present them, according to law to the said Judy Hopkins Marsh on or before July 27, 2009 at 11 a.m. 11x3  
**Notice is hereby given that** Jimmy Lee Winstead, 150 Quarry Street, Mt. Vernon, Ky. 40456 and Edra Jo Mickey, 217 Oxford Circle, Harrogate, TN 37752 have been appointed co-executors of the estate of Alberta D. Winstead on the 28th day of January, 2009. Any person having claims against said estate shall present them, according to law, to the said Jimmy Lee Winstead and/or Edra Jo Mickey or to Hon. John D. Ford, 45 East Main St., P.O. Box 247, Mt. Vernon, Ky. 40456 on or before July 29, 2009 at 11 a.m. 11x3  
**Notice is hereby given that** Aubrey Joe Taylor, 195 School Board Lane, Mt. Vernon, Ky. 40456 has been appointed executor of the estate of Anne L. Taylor on the 28th day of January, 2009. Any person having claims against said estate shall present them, according to law, to the said Aubrey Joe Taylor or to Hon. William D. Reynolds, 140 West Main St. P.O. Box 1250, Mt. Vernon, Ky. 40456 on or before July 29, 2009 at 11 a.m. 11x3  
**Notice is hereby given that** Shannon L Osborne, P.O. Box 892, Mt. Vernon, Ky. 40456 has been appointed administra-

trix of the estate of James Carl Osborne on the 2nd day of February, 2009. Any person having claims against said estate shall present them, according to law, to the said Shannon L. Osborne or to Hon. Debra Hembree Lambert, P.O. Box 1094, Mt. Vernon, Ky. 40456 on or before August 3, 2009 at 11 a.m. 11x3  
**Notice is hereby given that** Dennis Lester, 922 Cabernet Dr., Berea, Ky. 40403 has been appointed executor of the estate of Pauline Alexander on the 28th day of January, 2009. Any person having claims against said estate shall present them, according to law, to the said Dennis Lester or to Hon. William D. Reynolds, 140 West Main St., P.O. Box 1250, Mt. Vernon, Ky. 40456 on or before July 29, 2009 at 11 a.m. 11x3  
**Notice is hereby given that** J. Stephen Owens, P.O. Box 113, Brodhead, Ky. 40409 has been appointed executor of the estate of Chester Byron Owens, Jr. on the 21st day of January, 2009. Any person having claims against said estate shall present them, according to law, to the said J. Stephen Owens on or before July 22, 2009 at 11 a.m. 10x3  
**Notice is hereby given that** Sandy Hayes Bullen, 209 Little Brushy Branch Rd., Brodhead, Ky. 40409 and Jennifer Hayes Jackson, 124 Sagart Lane, Nicholasville, Ky. 40356 have been appointed co-administrators of the estate of Zelma Edith Hayes on the 12th day of January, 2009. Any person having claims against said estate

shall present them, according to law, to the said Sandy Hayes Bullen and/or Jennifer Hayes Jackson or to Hon. John D. Ford, PO Box 247, Mt. Vernon, Ky. 40456 on or before July 13, 2009 at 11 a.m. 10x3

### Sealed Bids Being Accepted

The City of Brodhead will be accepting bids for bracing and support work, and catwalk at the Water and Sewer Plant 2" angle iron used for the bracing and support work. Successful bidder is to remove and clean up all material. This job needs to be seen by anyone wanting to bid, so that you understand the work involved. Please contact City Hall 606-758-8635 to make contact and view the area for work.  
 Sealed bids must be in 3:00 p.m. Monday, February 9, 2009. The city reserves the right to refuse any and all bids.

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# You can afford to attend college

Like other expenses in our country, college costs continue to rise. Thinking about the bills is so daunting to some families that they don't even pursue the option. But alongside the rise in costs is an increase in available financial aid, making it possible for everyone to pursue a higher education.

The four steps to college listed on the Internet, [www.KnowHow2GOKy.org](http://www.KnowHow2GOKy.org) website end with: Put Your Hands on Some Cash! If you think you can't afford college, think again.

Just how much does it cost to attend college in Kentucky? Like in other states, prices vary among schools. A year at Eastern Kentucky University is approximately \$6,000 for tuition.

The University of Kentucky is closer to \$8,000. And the actual cost at Berea College is \$24,500 a year, but Berea's endowment allows the school to provide that education tuition-free.

Even if the published cost for a year of college is \$8,000, most schools offer financial aid packages that provide grants (money applied with no obligation to repay) so undergraduates pay less. Students who earn scholarships have their tuition further diminished by those monetary gifts (again, no obligation to repay) that are typically based on achievement.

As an outreach counselor for the Kentucky Higher Education Assistance Authority, Geri

Johnson talks with parents and students in an 11-county area about how to prepare for college. At career fairs, financial aid nights and in the classroom, she helps students think about how to address both their career goals and education needs. She says that even when a family cannot contribute any money to a child's higher education, chances are still good that aid will be available to help the student get through school.

All colleges and post-secondary training schools have one office staffed with people whose sole purpose is to help students find financing for college. Financial Aid officers look at the gap between a family's ability to pay for a college education (based on income, assets and family size), available aid and the actual cost. They then search for ways to fill that gap with grants, scholarships, work-study assistance (where the student works off part of the debt throughout school) and student loans.

To be eligible for aid, a family needs to fill out the Free Application for Federal Student Aid (FAFSA), which is available at [www.fafsa.ed.gov](http://www.fafsa.ed.gov). "It looks intimidating," Johnson

warns. She encourages people to remember that, "All of the information is about income from the previous year." The priority deadline for these applications in Kentucky is March 15. Because some schools might have an earlier deadline, families are advised to check on the individual school their child is interested in. Families who miss the deadline can still be considered for aid, but only after everyone who met the deadline has been served.

Johnson has found that there are some questions on the form that typically confuse applicants. For example, if a child is not being raised by his or her biological parents, whose income does the form require? Johnson says if there is no contact with the biological parents, it's possible the individual school's financial aid office can provide an override for that requirement.

The form also takes families through 13 questions to determine if a student is dependent. In addition, Johnson has heard questions from divorced families who want to clarify which parent's income goes on the form (the one the student lives

with).

Once the FASFA is filed, the school can put together a package of financial assistance, based on need, using federal, state and school sources. Students with demonstrated need can take advantage of Perkins Loans and Subsidized Stafford student loans. With both of these loan types, students get a low interest rate (four to six percent) and they do not have to begin paying the loan until after college graduation.

There are plenty of places where parents and students can get assistance when searching for financial aid and filling out the necessary forms. The National Association of Student Financial Aid Administrators (NASFAA) offers a range of resources to help students, parents and counselors navigate the college aid process. For information, visit their Web site at [www.nasfaa.org](http://www.nasfaa.org).

KHEAA offers information on its website, as well as printed publications, and help from counselors like Johnson. To find out who your counselor is, go to <http://www.kheaa.com> and click on Guidance Counselors and then Outreach Counselors to find the KHEAA Counselor serving your county.

Johnson also recommends the helpful people at the Federal Student Aid Information Center (1-800-433-3243) if

people have questions when filling out the FASFA.

For more tips on "getting your hands on some cash for college", go to web address [www.knowhow2go.com](http://www.knowhow2go.com).

For more information contact: Terry Hosler, Special Projects Coordinator, Berea College GEAR UP (phone 859-985-3855 or email [terry\\_hosler@berea.edu](mailto:terry_hosler@berea.edu)).

## Dean's List

Rockcastle County High School graduate and Transylvania University first-year Holly Brown has been named to the Dean's List for the 2008 fall term.

To be named to the Dean's List, a student must achieve at least a 3.5 grade point average during the term.

Brown is the daughter of Michael and Patricia Brown of Brodhead.

Transylvania, founded in 1780, is the nation's sixteenth oldest institution of higher learning and is consistently ranked in national publications as one of the top liberal arts colleges in the country.

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Adrianna Reams, age 9, killed her first deer, an 8 point buck, on December 27, 2008.

### Rockcastle Community Bulletin Board

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**Soup Bean/Cornbread Supper**  
A soup bean/cornbread supper will be held at the Pongo Volunteer Fire Dept. on March 7th at 5 p.m. For more info, call 206-0389 or 687-0685.

**Project Graduation Meeting**  
Project graduation meetings are held the first Monday of each month. All parents/guardians of seniors are urged to attend.

**UNITE Meetings**  
UNITE monthly meetings are held the second Wednesday of each month. The next meeting will be Feb. 11th at noon at Pizza Hut.

**Woodmen of the World Skate Party**  
Woodmen of the World, Adult Lodge 888 and Youth Lodge 901, cordially invites its members to a skating event at Club Arena in Berea. This skating event will be held February 12 from 6:30 until 8:30 p.m. For more information, call Mary Ann McNew at 256-4046 or Vicki Chasteen at 256-4817.

**School's Local Planning Committee**  
The Rockcastle County School's Local Planning Committee will hold their next meeting on Thursday, February 12, 2009 at 6 p.m. at the Rockcastle Teaching and Learning Center.

**Blood Drive at FBC**  
A blood drive will be held at First Baptist Church, Mt. Vernon on Tuesday, February 10 from 1 to 7 p.m. The center is running critically low on blood at this time because weather has caused a decline in donations. So, bundle up, brave the cold and come on out to donate.

**CRRC Membership Meeting**  
The annual membership meeting of Cedar Rapids Recreation Center will be Thursday, February 19 at 7 p.m. at the clubhouse.

**New Hours for Historical Society**  
The Rockcastle Historical Society will be open on Mondays from 10 a.m. to 2 p.m. in the RTEC garage building. Monthly society meetings are held the 4th Thursday of each month at 5:30 p.m. at the Senior Citizens Building in Mt. Vernon.

**RCIDA Meeting**  
The Rockcastle County Industrial Development Authority holds its regular meeting the first Monday of each month at noon on the third floor of the courthouse.

**NA Women's Meeting**  
The Women's NA Serenity Group of Mt. Vernon meets each Monday at 8 p.m. at the Christian Appalachian Project Community Center, 64 Beiting Lane, Mt. Vernon. Open meeting - non-smoking.

**Kiwanis Club Meetings**  
The Rockcastle Kiwanis Club meets every Thursday at noon at Renfro Valley Lodge.

**Women's Narcotics Meeting**  
There will be a Women's Narcotics Anonymous Meeting every Monday evening at 8 p.m. at the Community Center, sponsored by Christian Appalachian Center. For more information, contact the Healing Rain Center at 256-5810.

**Alcoholics Anonymous**  
Alcoholics Anonymous meets Tuesday nights at 8 p.m. behind Our Lady of Mt. Vernon Church on Williams St. in Mt. Vernon.

**Narcotics Anonymous**  
Narcotics Anonymous meets Thursday nights at 8 o'clock behind Our Lady of Mt. Vernon Church on Williams St. in Mt. Vernon.

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- Request The Largest Most Productive Heater Yet. Purchase The IH-1500
- Does Not Remove Moisture



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**\$297**

1,000 sq. ft. unit

**\$397**

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**SAVE UP TO**  
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BY OUR COMPETITION!  
FULL FACTORY WARRANTY**

**As seen and heard on  
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**MONDAY ONLY**  
10:00 a.m. - 7:00 p.m.  
**February 9, 2009**  
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