

# Mount Vernon Signal

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Rockcastle 5th District Magistrate Ralph Allen threw out the first pitch on Saturday at Thacker Field to officially kick off the youth league baseball seasons in Rockcastle County. Allen, magistrates Bill McKinney and Jan Stevens, along with County Judge/Executive Buzz Carloftis presented the county's baseball program with a check for \$5,000 for equipment, on behalf of the Fiscal Court. (Photo by: Kevin Canterbury)

## At Strategic Plan committee meeting on Tuesday Majority voice opposition to Planning and Zoning

**By: Richard Anderkin**  
The majority of the 30 or so people who attended a meeting to discuss future Land Use in Rockcastle County on Tuesday, voiced opposition to the idea of Planning and Zoning for Rockcastle County.

The meeting was facilitated by Jeremy Reynolds and Everett Harper, members of the Land Use Task Force Committee, an arm of the Rockcastle Development Board.

Both Reynolds and Harper told the group that they were there only to gather information and get public input, to help the development board revise Rockcastle's 2009 Strategic Plan, which was first developed in 2002.

The plan is used by local leaders as a guide for future progress in the county in eight areas: recreation, tourism, education, workforce development, leadership, health care, beautification and, Tuesday night's topic, land use planning.

Reynolds showed the group a slide presentation outlining the objectives and actions of the Land Use Task Force, which has twelve members including, Reynolds and Harper.

However, both during and after Reynolds' presentation, many county residents voiced their complete opposition to any type of planning and zoning for the county, while a few in attendance said they would like to see some type of planning and zoning.

The biggest outcry from those opposed was that they did not want any more government involvement in their lives and they certainly did not want any additional tax to help pay for planning and zoning.

Residents from every part of the county took part in the more than two hour discussion.

Gene Caldwell, and his wife Lori, owners of Thorough Truck at Conway were two of the most outspoken at Tuesday night's meeting.

They told the group that they had moved from Lancaster County, Pennsylvania 20 years ago because of the poor planning and zoning requirements in that county. The Caldwell's stressed time and time again that planning and zoning was not something Rockcastle County needed.

Jerry Stokes, of Mareburg, who has returned to Rockcastle, after retiring from the Navy, read a full page letter to the group about planning and zoning laws in Jacksonville Florida, where he spent much of his Naval career.

"This is a small county and I see nothing imperative that would justify confiscation of

the freedoms to use our properties as we see fit. The freedom that we have in this county others can only dream and long for," Stokes read from his letter.

Stokes said that planning and zoning laws could even lead to the requirement of a permit to replace a light switch in a property owner's home.

Stokes said that property

owners in Jacksonville had lost the freedom to use their properties as they chose, after planning and zoning in that Florida town.

Mail carrier Doug Bishop of Negro Creek, was also very adamant in his opposition to planning and zoning. Bishop said he was tired of the gov-

(Cont. to A14)

## Delinquent tax bills will be sold next Thursday

Rockcastle County taxpayers, who have not paid their 2008 property taxes next Wednesday at 4 p.m., should know that someone else may pay those taxes next Thursday, May 7th and file a lien against their property.

Rockcastle Sheriff's Deputy Clerk Connie Bullen said this week that one company, James

Capital, LLC from Highland Heights, had already bid on numerous unpaid property tax bills.

Bullen said several other people had gotten information on the delinquent taxes and told her they would be ready to buy them next Thursday morning.

(Cont. to A14)

## National Day of Prayer observed locally May 7th

The 58th Annual National Day of Prayer will be presented by the Rockcastle Association of Kentucky Baptists on Thursday, May 7 at noon on the lawn of the Rockcastle County Courthouse.

There will be patriotic hymns, led by Luther Allen,

prayers for our nation by Vaughn Rasor, pastor of Fairview Baptist and Jim Craig, pastor of Ottawa Baptist Church.

The message will be preached by Dale Rose, evan-

(Cont. to A14)

## Lexington man faces charges in two counties

Brandon Thompson, 22, of Lexington, faces charges in Rockcastle and Pulaski County, after a Friday morning incident involving two stolen vehicles.

Rockcastle Sheriff Mike Peters said Thompson is ac-

cused of stealing a Ford Focus from Brothers Auto Sales in Lexington, driving to Rockcastle, and wrecking in the yard of Cecil Rucker on White Rock Road around 1:15

(Cont. to A14)

## Two injured in wreck on Upper River Road Sat.

A Jackson County couple was seriously injured in a single car accident Saturday morning near Horse Lick Bridge on Upper River Road (Hwy. 89).

According to police, the couple from Tyner may have wrecked their 1992 Toyota quite sometime before a postal carrier found the wreckage, which was about 30 feet over a cliff.

Livingston asst. fire chief

Russell Barron said the wreckage was found by mail carrier Sid Hines, who was delivering mail around 9:20 Saturday morning on Upper River Road.

Barron said Hines noticed where the grass had been pushed down beside the road when the car went over the cliff, after he turned around at the Jackson County line and

(Cont. to A14)

## Actions from Rocket Docket

# Bullock, Bengé plead guilty in Circuit Court

Commonwealth Attorney Eddy F. Montgomery, announced this week that last Wednesday, April 22nd, five defendants had their cases resolved on the Rocket Docket, which expedites cases through Rockcastle Circuit Court.

According to Assistant Commonwealth Attorney, Jeremy A. Bartley, who prosecuted the cases, the following people pled guilty and were sentenced in Circuit Judge Jeffery T. Burdette's court as part of the new Rocket Docket.

William Bullock, 30, of

Houstonville, pled guilty to Robbery, Second Degree. He was sentenced to eight years imprisonment. Bullock told the court that he had previously been imprisoned and maintained a drug habit that led to his actions in the robbery at Burr Shell on April 10th.

Judge Burdette ordered Bullock to prison, but required that the Department of Corrections evaluate Bullock for his drug problem while he is serving his sentence.

Bullock made off with over \$400 when he robbed the Shell

Station.

Pam Shackelford, 23, of Mt. Vernon, who drove Bullock from the area after he robbed Shell Station, entered a plea of guilty to complicity to theft by unlawful taking. Judge

(Cont. to A13)

## Judge Tapp sentences three Friday

Three Rockcastle residents were sentenced by Judge David Tapp last Friday in Rockcastle Circuit Court.

According to Assistant Commonwealth Attorney Jeremy A. Bartley, who handled the prosecutions, the following actions were taken:

Kevin Honican, 32, of Mt. Vernon, pled guilty to Second Degree Trafficking in a Con-

(Cont. to A13)

## SKIIC meeting scheduled for May 14th at PSR Group-PD3

The Southern Kentucky Inventor's and Innovations Council (SKIIC) will hold a meeting of inventors and entrepreneurs at PSR Group-PD3 located at 30 Industrial Park in Mt. Vernon on Thursday, May

14th at 6 p.m.

SKIIC holds these meeting on a quarterly basis to provide education and peer support for inventors and small businesses.

Guest speaker for the May

(Cont. to A13)

# R.A.I.N. needs your help

### Submitted

We at R.A.I.N. (Rockcastle's Animals in Need, Inc.) welcome you to our world. Although we only work with pets from animal shelters, we appreciate private adoptions to "forever" homes. All animals at the RAIN foster farm are quarantined during their medical journey and our foster pups and kittens have all their vaccinations, are spayed/neutered, and are parasite-free. The adoption fee that we require covers vet work and daily care.

We have enjoyed working with James Kidwell (shelter director) and Dr. James Chism (Rockcastle Veterinary Clinic). Doc Chism has a real heart for our foster friends. Mr. Kidwell is happy to see us come to the shelter, for he knows that the animals we take will find good homes versus being put to sleep due to lack of shelter space.

R.A.I.N. stresses educational programs for pet parents of all ages. We teach about vaccination schedules, the im-

portance of spay/neuter and parasite control. We have helpful hints to share with you about housebreaking and obedience training. Come to our Kids and Critters event (check the *Mount Vernon Signal* for the date) and have your picture taken with your furry friends. Compete in our creative costume competition. Learn about dog grooming, and take advantage of our low cost rabies clinic.

R.A.I.N. has worked with over 150 dogs since January of 2009. Out of the 34 dogs at our foster homes, we currently have 7 dogs that are looking for their "forever" homes. Please check out our adorable animal buddies by going to our PetFinder site at <http://www.petfinder.com/shelters/KY308.html>. No computer? No problem. Please call Beverly at 606-453-2259 to discuss adoption. **Please understand that we do not accept owner surrenders.** Too many animals are entering our

county shelter right now whose very lives depend on their finding homes in a very short period of time.

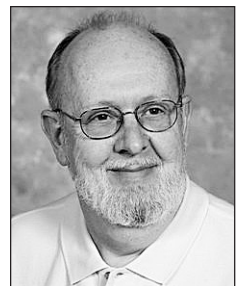
Not sure that you are ready to provide a permanent home for a furry friend? We are always looking for short term foster homes for our guys that are waiting to go to their families. RAIN provides the training and vet work, you provide the food and affection. What a perfect way to learn if you are ready to commit to the responsibility of pet ownership.

Just curious? R.A.I.N. needs members! R.A.I.N. needs you! We meet at the Rockcastle County Court House, third floor conference room, every other Thursday night at 7 o'clock (next public meeting is on May 7th). Our dream is to own our own building dedicated to saving and re-homing our fur kids. We want to introduce a low cost spay/neuter program to our county and to

(Cont. to A14)



The Rockcastle Animals in Need (R.A.I.N) group has worked with over 150 dogs since January and they currently have 34 dogs in foster homes. Seven dogs are currently looking for "forever" homes, including the above, Rottweiler/Lab Mix. Rocky Raccoon is approximately 18-24 months-old and is shown with R.A.I.N President Amanda Chism, right and R.A.I.N vice-president of dogs Beverly Riggs. (Photo by: Richard Anderkin)



## Rockcastle Memories

By David J. Griffin

*Remembering Pop, Harry S. Truman, and rice pudding*

While recently traveling to the Philadelphia area to visit our grandchildren, my wife and I stumbled across a rather odd connection to former President Harry S. Truman. It reminded me of Pop because even though he was anything but a Democrat, Pop really liked Truman.

Even though I was just a youngster, I remember Harry S. Truman being president. He was the first President of the United States that my grandfather (Pop) and I discussed, and one that I actually retain some information about.

It is widely known that Pop was a Republican's Republican. What I mean is that he advocated walking into the voting booth and pulling the Republican lever, no matter who was on the ballot. However, Pop considered Truman to be the President of the common man even though he was a staunch Democrat.

I think Pop's view on the matter arose from the background of Truman as a store owner — a haberdashery in downtown Kansas City. Since Pop worked most of his life calling on store owners in Rockcastle, Laurel, and Madison counties, he felt this was an honorable profession, and it appeared that the commonality between them played a large role in his reasons for liking Truman.

One of the stories that I remember discussing with Pop about Truman was his middle initial. The "S" in Harry S. Truman did not actually stand for anything. His parents simply chose the "S" as his middle name. When he started in business, he placed a period after the S, making most individuals think it stood for a middle name. Pop thought this was very unusual—even though he did not have a middle name himself!

Truman's service as an artillery officer in World War I was also a factor in Pop's view of the man. History tells us that Truman was the only president to have seen combat in WWI. Chosen to serve as a battery commander in France, his battery did not lose a single man. Truman's war record made

possible his later political career. He was selected to be Franklin Roosevelt's vice presidential candidate in 1944. He had only served as vice president for 82 days when President Roosevelt died on April 12, 1945.

As president, Truman authorized the use of atomic weapons against the Japanese on Hiroshima. He later wrote, "I knew what I was doing when I stopped the war...I have no regrets and, under the same circumstances, I would do it again."

As some of us still remember, at the end of the presidential election of 1948 Truman made a stunning come-from-behind victory over Republican Thomas Dewey. The Chicago Tribune erroneously ran a front page headline, "Dewey defeats Truman." His inauguration was the first ever nationally televised.

Now, back to the reason for reminiscing about this particular subject. When we travel, my wife and I usually stay on the road no later than about six hours, which is precisely what we did on our way to Philly. As is our custom, we checked into a hotel, took a little rest, and then freshened up in order to go out to a nice restaurant.

We were staying overnight in Frostburg, Maryland. And upon inquiry, the host of our hotel guided us to a unique restaurant called The Princess, which opened in 1939 and is located in the "downtown" district of the city.

So we headed into downtown Frostburg for our dinner date. Upon arriving, we immediately loved the look and feel of the place. It had a long, old-fashioned counter where any number of people were seated, chatting away with one another. On the right was a long row of wooden booths that went all the way to the back of the restaurant.

We already knew that it was our kind of place and grabbed a seat at one of the booths. We ate Maryland crab cakes (what else?) and all the trimmings. While waiting for our dessert, my wife pointed to a small brass sign on the wall just over

(Cont. to A4)

## Points East

By Ike Adams

Last Saturday marked the first day of what I'd really call a sign of warm weather in the year 2009.

The temperature hit the eighties as April winds down as being the coldest month of its ilk in recent memory and I am convinced that these warm days are only meant to cause confusion. It's gonna be way unseasonably hot for a few days here at the end of the month to jack the average up to about normal and add fuel to the fire of the global warming scare.

Fact of the matter is that we have had one of the coolest, if not coldest Aprils of the last several decades and the globe may, in fact, be warming but apparently we are not doing anything here in Paint Lick to heat things up. I was commencing to worry about permafrost in my garden which had started to resemble what I figure the Arctic tundra looks like in spring. Everybody else is feeding humming birds already while I've been expecting puffs and penguins to show up any day now.

It's a cold place, but not year round, is Lowell Branch here deep in the valley where the long-gone railroad once had steam locomotive engines spewing steam and smoke and cinders alongside what we now call our main road. Come July, we will be the hottest and dri-

est place in ten counties and we'll be making donations to the folks who are trying to save the polar bears. But, as of this moment, we are very fond of anything that's warming because we want to get our gardens planted without fear of freeze or frost.

And we know that blackberry winter is yet to come and that it thundered in February which means that it will surely frost in May. So even on these hot days in late April we gaze patiently from our front porches at the oh-so flat road that defines our little valley.

The trains once ran from Paint Lick to parts unknown through several tunnels in our valley and when I first moved here in the late 1990's, the main road followed the "Old Rail Road Grade" and getting from our house to Lancaster involved a curved tunnel some 200 yards long. At one point in time the road traversed three such tunnels because the county or the state or whomever was in charge of building and maintaining roads for automobiles simply took over the rail road grade and laid down some asphalt where the tracks used to run.

I had an old Chevy Truck for most of the nineties that I drove to work but it had no air condi-

(Cont. to A4)



*Former farm famous for furniture, framed art*

Take a good look at the lady in the photo accompanying this article.

Does Rita Craigmyle look like someone you'd expect to find stripping tobacco in a room illuminated by a single bare light bulb?

Or would a more natural setting for her be a fancy gallery with oversized crystal chandeliers casting a glow over giant oil paintings?

Actually, the valedictorian of the class of '60 at Carroll County High has done both.

Rita's Discount Furniture sits alongside US 127 just north of Owenton in what appears to be a barn.

It is. But dozens upon dozens of framed oil paintings of all sizes now hang in place of tobacco, and furniture sits where cows used to be milked.

The old stripping room where the dainty, soft-spoken, and sophisticated owner used to toil alongside her husband and son, now houses a workshop for a store that has to be one of the most unique in Kentucky.

Her business card says it all...."Specializing in the unusual. Grand furniture & accessories from around the world at discount prices."

"We had a Grade A dairy here and milked a hundred cows, but tobacco was our main source of income," says the lady who lives next to the barn/store in a modest brick home with husband F.D., a former worker on Ohio River barges.

Monty, their 32-year-old bachelor son lives on the opposite side of the store and sells used farm equipment, including a large assortment of tractors parked between the store and his house.

To see all the furniture on display, customers must visit two barns, separated by a short walk past the tractors.

The business has come a long way since being started in their garage in the early 1990s. "It wasn't built high enough to allow for an SUV, so we converted it into a place for my business."

As the enterprise grew, fur-

niture and paintings were housed in the far side of the barn, while tobacco was still hanging in what is now the front showroom and office area.

She says her interest in oil paintings, which cover nearly every available section of wall space and are likely the largest collection in the state, grew out of her sister's knowledge of and interest in art.

"I know how to buy oil paintings, and I buy in huge volume so I can sell at discount prices. I pick through hundreds of canvases (on buying trips) and then pick out the frames," she explains.

She says she's also able to sell at a discount because she pays no rent, nor interest and has no advertising expenses.

She depends on satisfied customers to spread the word.

"It's all about one happy housewife telling another housewife."

Prices are based on size, with the most expensive one in the store being a 64x86 scene from Venice with a one foot frame and a price tag of \$1,399.

"You can't go to Venice and buy one just like this, even unframed, for anywhere near that price," she says.

Furniture offerings range from a massive and ornate cherry bed selling for \$995 to electric fireplaces.

Although she stocks items for more than 60 dealers, Rita maintains the independent nature fostered by spending most of her life operating a farm.

"I'm not into having dealers tell me how to sell my products or how to use my space. We don't do anything we don't want to."

All she wants to do is provide a place where she can see the delighted faces of customers from near and far.

"People are usually very surprised when they walk through the door for the first time."

Columnist Don White has served as editor at several newspapers in Kentucky. His Kentucky Traveler features are published throughout the state. Contact him at [theytraveler.com](mailto:theytraveler.com).

## The Roots of Rockcastle

by: Tonya J. Cook



This week, the Roots series revisits the Orlando area in the section of Singleton Valley and Crooked Creek, as remembered by Richard "Buddy" Mullins.

After attending the rustic one-room school at Poplar Grove, each day Buddy and his two sisters were expected to do chores around the house in the afternoon. The mules, chickens, and cows were to be fed; cows were to be milked, water was to be carried in as well as coal, and "nubbins" were to be cut. Buddy's father had fodder shocks for the feeding of the livestock. From time to time,

the corn ears were gathered from the fodder shocks and randomly chopped into small pieces that Buddy refers to as "nubbins".

Buddy's father was a farmer, as were most of the residents of the area. He farmed with a pair of mules. In order to have good clothes for school, Buddy and his family also cut barrel staves from trees in the local forest.

Most everything needed for daily life was supplied from right there on the farm. It was pretty much self-sufficient, as were most of the farms in the area. When it became necessary to go to the store, the mules were hitched to the wagon and driven to the Tom Owens General Store at Johnetta or Ella Robinson's store on Brush Creek Ridge. This pilgrimage came only about once a month.

The trip to Mount Vernon was altogether another story. You had to walk about five or six miles in order to catch a ride...if you were so lucky.

The bottomland was sandy soil and got hot in the summertime, when young, barefoot boys were plowing it. Thankfully, there was a cool branch of water nearby, just right for cooling hot, tired feet and drinking. There wasn't a lot of

(Cont. to A4)

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# Obituaries



**Goldie Poynter**

Goldie Evelyn Poynter, 86, of Mt. Vernon, died Monday, April 20, 2009 at the Laurel Heights Nursing Home in London. She was born in Rockcastle County on December 29, 1922 the daughter of John T. and Lula Mae Wallin Marler. She was a homemaker, a retired dietary manager for Sowder Nursing Home, a member of Mt. Pleasant Baptist Church and a Kentucky Colonel.

She is survived by: two sons, Delmas Poynter and Dwight (Carmen) Poynter, both of Mt. Vernon; two daughters, Nancy Schantz of Indianapolis, IN and Linda (Charles) Parrish of London; and two daughter-in-laws, Opal Poynter of Shopville, KY and Sue Poynter of Ferguson, KY. Also surviving are: seven grandchildren, Johnny Poynter, Serra Mills, Michelle Vaughn, Tom Woods, Richie Whitis, Dustin Poynter and Devin Poynter; and 10 great grandchildren. In addition to her parents she was preceded in death by: her husband, Noah Poynter; two sons, David Poynter and Donald Poynter; two sisters, Edna Poynter and Edith Marler; one half sister, Juanita Boyer; and one half brother, Calvin Marler.

Funeral services were conducted Thursday, April 23, 2009 at the Mt. Pleasant Baptist Church by Bro. Kyle Rader. Burial followed in the Mt. Pleasant Cemetery.

Pallbearers were: Ralph Cromer, Charles Dawson, Garry Norton, Keith Norton, Johnny Poynter and Tom Woods.

Please visit [www.DowellMartin.com](http://www.DowellMartin.com) to view online obituary.



**Fannie Callahan**

Fannie Marie Gibbons Callahan, 70, of Livingston, died Monday, April 20, 2009 at the St. Joseph Hospital East in Lexington. She was born in Barr Creek in Clay County on Feb. 9, 1939, the daughter of William Acklas and Elizabeth Hensley Gibbons. She was a homemaker and was of the Holiness Faith.

She is survived by: two sons, Tony (Tamara) Smith and Ernie Smith, all of Livingston; two daughters, Beverly (Darrell) Cash of Eubank and Georgia (Del) Shumate of Mt. Vernon; two brothers, Campbell Gibbons of Dayton, OH and Cecil Gibbons of Crab Orchard; and two sisters, Isabell Todd of Crab Orchard and Verna Sandlin of Dayton, OH. Also surviving are: 14 grandchildren; four great grandchildren; five step-great grandchildren; and her special friend, Mary McKinney of Eubank. She was preceded in death by several brothers and sisters and one grandchild.

Funeral services were conducted Friday, April 24 at the Dowell & Martin Funeral Home Chapel by Bros. Billy Medley and Jasper Carpenter. Burial was in the Wynn Cemetery.

Pallbearers were: Holby Cash, Kyle Cash, Shawn Cash, Oscar Gibbons, Matthew Shumate, Bruce Smith and Jefferson Smith.

Please visit [www.DowellMartin.com](http://www.DowellMartin.com) to view online obituary.

Subscribe to the Signal

**Brenda Baldwin**

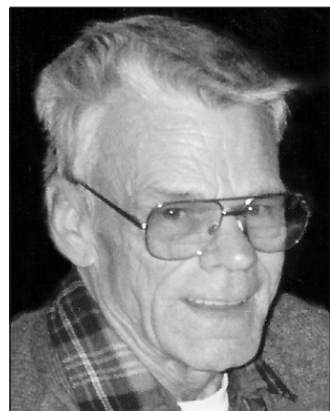
Brenda Charlene Wilson Baldwin, 61, wife of Vernon Baldwin of Crab Orchard, died Monday, April 20th, 2009 at the Compassionate Care Center in Richmond, KY. She was born on July 18th, 1947 in Norwood, OH, a daughter of the late Clemon Wilson and Mary Price Wilson. She was a member of the Church of Christ.

Those left to cherish her memories are: her husband, Vernon Baldwin of Crab Orchard; one brother, Donnie (Joy) Wilson of Norwood, OH.

Funeral services were conducted Wednesday, April 22nd, 2009 at the Marvin E. Owens Home for Funerals Chapel, with Mark Raulerson, officiating. Burial followed in the Providence Cemetery.

Casketbearers were: Bobby Dean Caldwell, Philip Baldwin, Joseph Caldwell, Lawrence Price, Philip Price and Chris Baldwin.

Condolences may be made at [www.marvineowensfuneralhome.com](http://www.marvineowensfuneralhome.com)



**James Shoemaker**

James Wesley Shoemaker, 75 of Mt. Vernon, died Tuesday, March 24, 2009 at his residence. He was born in Maysville, KY on February 22, 1934 the son of William Henry, Sr. and Dorothy Alice Hopkins Shoemaker. He was a retired construction worker and of the Pentecostal Faith.

He is survived by: his wife, Jean Shoemaker of Mt. Vernon; and two sons, Bruce Wayne Shoemaker of Mt. Vernon and Deric Alan (Julie) Shoemaker of Dayton, OH. Also surviving are two grandchildren, Kyle James and Ariana Nicole. In addition to his parents, he was preceded in death by one brother, William Henry Shoemaker, Jr..

Funeral services were conducted March 28, 2009 at the Dowell & Martin Funeral Home Chapel by Bro. Wesley Earl Shoemaker. Burial followed in Elmwood Cemetery.

Pallbearers were: Denny Halcomb, David Martin, Farrell Paul Martin, Gary Martin, Michael E. Martin and Mark Mullins.

Please visit [www.DowellMartin.com](http://www.DowellMartin.com) to view online obituary.

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**Garry Wayne Mason**

Garry Wayne Mason, 58, of Cincinnati, Ohio died at Jewish Hospital on Tuesday, April 21, 2009. He was born at Brush Creek, Orlando, Ky. on November 2, 1950, the son of Lloyd Earl and Sallie (Bond) Mason. He was a loving, caring and kind father and paw-paw.

He is survived by: three daughters, Carolee (Rick) Winkler of Mt. Vernon, Tina Morris, and Amy (James) Hamblin, both of Cincinnati; one son, Gary Mason, Jr., of Cincinnati; seven grandchildren, Adrienne, Cierra, Lori, Courtney, Justin, Natalie and Harlee; three sisters, Brenda (Dillard) Kirby of Lockland, Ohio, Judy (Bill) Wyatt of Peoria, Illinois, Darlene (Jerry) King of Cedar Bluff, Alabama; three brothers, Leon Mason of Orlando, Keith (Suzette) Mason of Harwood, North Dakota and Mike (Shelly) Mason of Orlando; step-grandmother, Gladys Mason, of Orlando; and a host of nieces, nephews, aunts, uncles, cousins and friends. He was preceded in death by his father, Lloyd Earl Mason; grandparents, George and Mary (Isaacs) Mason and Frank and Mary Belle (Moore) Bond.

Funeral services were held April 25, 2009 at First Church of God in Cincinnati, Ohio with Pastor Paul McCauley officiating. Bill Wyatt sang several beautiful hymns. Hodapp Funeral Home in West Chester, Ohio administered the arrangements. Burial was in Oak Hill Cemetery.

Pallbearers were Gary Mason, Jr., Tracey Wyatt, Kenny Wyatt, Noah Mason, Timothy Wyatt and Jeffery Mason.

**Rockcastle UNITE Coalition**  
Join Us!  
The Rockcastle UNITE Coalition meets on the second Wednesday of each month, at noon, at the Renfro Valley Lodge.

Request for Grant Applications Commonwealth of Kentucky Kentucky Adult Education The Council on Postsecondary Education, on behalf of Kentucky Adult Education, seeks applications for adult education services during July 1, 2009-June 30, 2010, for Rockcastle County. Grant funds are provided in compliance with the Adult Education and Family Literacy Act and KRS 164.020 and 151B.410. The application materials will be posted at [www.kyae.ky.gov](http://www.kyae.ky.gov) by May 1, 2009. Final applications must be received by 4:30 PM ET, May 29, 2009. Equal Education and Employment Opportunity MIFID

**James Bowman**

James "Jim" Bowman, 62, of Crab Orchard died Monday, April 27, 2009.

Mr. Bowman was born in Berea, January 25, 1947, to Perry and Virgie McKnight Bowman.

Survivors include his father, Perry Bowman of Mt. Vernon; his wife, Edna "Eddie" Baker Bowman, whom he married July 10, 1992; a daughter, Renee Bowman Turner of Brodhead; six very special stepchildren, Tina Goff, Gary (Anna) Smith, Michael "George" (Tina) Smith and Tim (Stacey) Smith, all of Crab Orchard, Tammy (Roger) Brock of Brodhead and Eric (Christy) of Somerset; one sister, Shelby Casler of Ocala,

Florida; 15 grandchildren; 2 great grandchildren and four nephews, Brian, Darryl, Craig and Kevin Coffey.

Besides his mother, Virgie Bowman, Mr. Bowman was preceded in death by two daughters, Kelly and Stacey Bowman and two grandchildren, Michelle and Brandon Smith.

Visitation for Mr. Bowman will be held after 5 p.m., Thursday, April 30, 2009 at McKnight Funeral Home in Crab Orchard. Funeral services will be held Friday, May 1st at 11 a.m. at McKnight Funeral Home Chapel with Bro. Thad Eubank and Bro. Jerry Owens officiating. Burial will follow in the Wilmot Cemetery.

Pallbearers will be Luke and Michael Smith, Jordan Brock, Brian Swinney, Freddie Mullins and Larry McKnight.

## Cemetery Notices

### Pine Hill Cemetery

Send donations for upkeep of the Pine Hill Cemetery to Lorene Mink Ponder, 314 Jessica Circle, Richmond, Ky. 40475.

### Johnetta Cemetery

Donations for upkeep of Johnetta Cemetery should be sent to Harold Ballinger, 5777 Three Links Road, McKee, Ky. 40447.

### Livesay Cemetery

Donations are needed for upkeep and mowing of the Livesay Cemetery. All donations should be sent to: Gloria Seals, 5394 Brindle Ridge Rd., Brodhead, Ky. 40409.

### Mareburg Cemetery

Please send donations for the mowing and upkeep of Mareburg Cemetery to: Gloria Seals, 5394 Brindle Ridge Rd., Brodhead, Ky. 40409.

### Oak Hill Cemetery

Donations are being accepted for upkeep of Oak Hill Cemetery. Anyone wishing to help should mail donations to Oak Hill Cemetery, c/o Bill Lear, 60 Hope Drive, Orlando, Ky. 40460 or donations will be accepted at the cemetery May 23-25. Thanks to everyone for your support, it doesn't go unnoticed.

### Negro Creek Cemetery

Donations are needed for maintenance and upkeep of Negro Creek Cemetery. Please send to Paul Blanton, 95 Hock Lane, Brodhead, Ky. 40409 Ph. 758-9954 or to David Bowling, treasurer, Negro Creek Cemetery Assn., 5362 Augspurger Rd., Hamilton, OH 45011.

The trust fund for the cemetery has been paying for all mowing since 2002 so dona-

tions are badly needed. All gifts are tax-deductible.

### Briarfield Cemetery

A potluck dinner will be served at the Briarfield Cemetery shelter on Sunday, May 24th at 1:30 p.m.

Bring a covered dish and plan to spend the afternoon visiting with friends and relatives.

Donations will be accepted for the mowing and upkeep of the cemetery during the holiday week end.

If you are unable to attend for the potluck or decoration, you can mail your donations to the caretaker: Roger Ely, 2148 Big Cave Road, Orlando, Ky. 40460.

### High Dry Cemetery

Donations are needed for the mowing and upkeep of the High Dry Cemetery. Anyone wishing to help may do so by sending donations to: Jonett Phelps, 91 Old Somerset Road, Mt. Vernon, Ky. 40456. All donations will be greatly appreciated.

### McKinney Cemetery

The McKinney Cemetery's annual potluck dinner will be held Sunday, May 24th at approximately 1 p.m., followed by the annual meeting. The event will take place at the cemetery shelter. Everyone is invited to come, bring a covered dish and visit with family and friends.

This year, two positions will be open for office on the board. Everyone with an interest in the cemetery is eligible to vote.

If you are unable to attend decoration or potluck, you can still make a donation to the: McKinney Cemetery Committee, P.O. Box 1691, Mt. Vernon, Ky. 40456. Please indicate how you would like your donation to be used.

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**RELAY FOR LIFE**  
**TEAM SPOTLIGHT**  
'Steps for a Cure'

**Rockcastle Medical Arts**  
Fundraising goal: \$1,500

Pictured from left, Elizabeth Bradley, Tasha Parsons, Lisa Renner, Janice Poynter, Judy Wilson, and Steven Renner.

Pictured, from left, Amy McKinney, Tracey Moore, Regina Looney, Brooke Bishop, Doris Caldwell, Pennie Monk, Elizabeth Delph, and Rachel Martin.

If you would like to start a team and join the fight against cancer, call Melissa Brock at 256-7703 for more information.

**Rockcastle County Relay for Life is June 19-20, 2009**

**Invitation To Bid**

Notice is hereby given that the Rockcastle County Fiscal Court will accept sealed bid proposals for the change out of a 100 KW Generator located at the Rockcastle County Courthouse at 205 E. Main St. Mt. Vernon, Ky. 40456. Prospective bidders may obtain details at 205 E. Main St. Mt. Vernon, Ky. 40456 in the Rockcastle County Fiscal Court Office or the CSEPP Office located in the Courthouse on the second floor. Sealed bids will be received until 4 P.M. Monday June 08, 2009 at the Rockcastle County Fiscal Court Office 205 E. Main St. Mt. Vernon, Ky. 40456. Any bids received after that time will not be accepted. Bids shall be submitted in a sealed envelope clearly marked on the outside "Sealed bid for New Generator change out". Bids will be opened and read aloud at the Rockcastle County Fiscal Court Meeting June 09, 2009 at 1pm. Have question call 606-256-8436/606-308-1909.

Bidders must comply with all applicable Federal and State laws. Successful bidder must supply proof of Workers Compensation coverage and \$1,000,000.00 liability insurance.

Rockcastle Fiscal Court has the right to reject any or all bids.

**Notice to bidders:**  
It is the intent of these documents to guide bidders in providing a functional generator for the back up power supply. Alternate proposals and deviation from these specifications will be considered provided that all deviations are clearly described in the proposal.

**Relay for Life**  
**SPAGHETTI SUPPER & Pie Auction**  
Come join us  
**Thursday, May 7, 2009 • 6:00 p.m.**  
Red Barn at Renfro Valley

**Tickets: \$6 in advance • \$8 at the door**  
(includes meal and entertainment)

Featuring Entertainment by  
**Dale Ann Bradley**  
2007 and 2008 IBMA Female Vocalist of the Year

For tickets call 256-7767 or visit PBK Bank.

**ROCKCASTLE**  
HOSPITAL AND RESPIRATORY CARE CENTER, INC.

**RELAY FOR LIFE**  
American Cancer Society

## Our Readers Write

### Council does not ask questions on expenses . . . . .

Dear Editor,  
Your city council (for whatever reason), does not ask questions on expenses every month.

I thought I could embarrass them with the last several letters, but, to no avail!

I'm so frustrated, I'll just continue to embarrass them.

In the March actual budget of expenses they didn't say a word about the following.

An amount of \$78,586 was transferred from the general fund to the water department. WHY?

The city had bought a new fire truck this year with a loan of \$217,467, yet it isn't in the current budget. WHY?

The city paid \$185,000 for the Mink property. Yet the budget ONLY reflects \$85,000. WHY?

The city gave the KY Music Hall of Fame \$6000 (your tax money, not a grant) and listed it as dues/subscriptions. WHY?

The city spent \$101.38 at the SNACK SHACK. WHY?

When the HECK are these elected officials going to do their job?

Sincerely,  
Rick Courtney

### County Judge did not answer all questions . . . . .

Dear Editor,  
Creating ambiguity is a process used by politicians to obscure the truth. An often used technique to produce this ambiguity is the release of a press statement on several unrelated topics when asked a direct question about something they did or said or something for which they are responsible.

The purpose of this ambiguity by politicians is to blame others so they can escape responsibility.

County Judge George "Buzz" Carloftis released a statement to the Signal last week about controversies involving the Eastern Rockcastle Water Association (ERWA). The Judge did not address the question of whether it was he or Livingston Mayor, J.C. Griffin, who gave ERWA rent-free office space and permission to hold its meetings in the Livingston Homecoming Room.

By contrast Mayor Griffin clearly stated that he arranged space for the ERWA because Judge Carloftis told him to do

it. Judge Carloftis also did not answer the question whether it is appropriate for the ERWA to hold meetings closed to the public in space paid for by the taxpayers.

Judge Carloftis implies in his press release that there are no conditions on how the ERWA can use County owned facilities and that he has no responsibility for what the ERWA does in this space, because the ERWA is a private organization and the space is controlled by the mayor.

This is a situation that should be addressed by our County Fiscal Court magistrates. Did they approve this rent-free space for the ERWA? Do they agree with Judge Carloftis that the ERWA can hold meetings closed to the public in space paid for by taxpayers?

While the ERWA is a private organization, it was created with taxpayer dollars and still uses tax funds from grants and loans for most of its operations. The question of whether the ERWA can ban its own members from its board meetings will eventually be decided in court, not through opinions, including that of the State Attorney General.

Elmer Whitler

### "Points East" (Cont. from A2)

tioning to speak of. Many a time in the sweltering hours of July and August I have stopped in the middle of the tunnel on my way home from work, killed the engine, rolled down the windows and basked in the damp and musky coolness of the tunnel that was so much a part of our road.

Four or so years ago, highway 52 was rebuilt and it was politically expedient to eliminate the tunnel as access to and from Lowell Branch and Highway 52. You have to hike to get into the tunnel anymore and I'm not sure that's even legal now. Suffice to say that the entrances are closed down as nature takes her course and swallows up what, less than a decade back, was our main thoroughfare. The history of our county is quietly being squirreled away and it is laughable to think the politicians care.

In the meantime, we wait for global warming to commence some effect here in our valley but we want it to happen early in the spring. A nice warm spring in 2010 that saved our peaches from the freeze

would go a long way toward convincing us that modern science was true.

And we might also stash some ice in our old railroad caves and give the polar bears a place to live until the local climate changes.

### "Memories" (Cont. from A2)

my head. There was a framed newspaper photo of Harry and Bess Truman next to it. The plaque read:

*Harry and Bess Truman ate dinner in this booth on Sunday, June 21, 1953.*

Of all the seats that we had to choose from, we had chosen this one! As I said before, that stirred up a number of memories for me.

We shall not likely forget the Princess Restaurant, which celebrated its 70th anniversary this year. As a matter of fact, I have no doubt that we will return whenever we are in the area again. And when we do, don't you know that we will just HAVE to have that booth!

Funny isn't it - how memories are brought to mind? That place even had rice pudding. It may have not been on par with Mommie Katie's, but it is still one of my favorites. Somehow it just seemed fitting that I could take some back to my room that night for my mid-night snack.

*(You can reach me at mtman@mis.net or you can drop me a line at P.O. Box 927 - Stanton, KY 40380. I appreciate your suggestions and comments.)*

### "Roots" (Cont. from A2)

entertainment, and what there was, would be considered simple, at best. The Grand Ole Opry would be heard on Saturday night on the radio. If you didn't want to listen to that, you could walk a mile or so to someone's house that had a TV to watch shows like "Gunsmoke" or "Have Gun, Will Travel". About supertime came on a musical show, "Bonnie Lou and Buster" (Moore). Of course, this all came along after electricity came to the area. Then, there was the old faithful swimming hole on hot summer days, and always church on Sunday.

In order to find work, Buddy had to go to Lexington and lived there for about a year. It was about then that he married a local girl, Annie Rose Hines in 1969. She was the daughter of Walter and Hazel Barron-Hines, who lived on Rocky Hill, now known as McFerron Street. She had one brother, Jimmy Edward Hines. She said that growing up in Mount Vernon was vastly different than Buddy's humble beginnings out in the county. She was more accustomed to city living, and certainly could appreciate people who weren't as blessed to have access to the conveniences that city dwelling had to offer. After marrying Anna Rose, Buddy moved back to Mount Vernon, and drove back and forth to work in Lexington at Square D for thirty-six years.

Anna Rose said that Buddy was quite the history buff. He related a couple of stories to me that ties his family in with the Civil War in this area.

The Saltpeter Cave played a vital part in the preserving of life in that area. The Confederate soldiers would come through and feed themselves on

what the locals had, killing and butchering their livestock for food, eating their canned or preserved foods, and destroying whatever else that was left such as barns and houses, or whatever may have been of any benefit. The locals hid their livestock and other things of value in the cave. It became necessary to found somewhat of a militia to save what they could, and maybe their own lives.

Buddy's grandmother, Cora Barnett-Mullins, at about age 9, found a bullet mold when she was playing in the cave. It no doubt was left over from a Rockcastle citizen trying to preserve life and limb during the Civil War era. It was just a subtle reminder from the past of the cave's history in the days of the Civil War. This mold is a particularly favorite relic of Buddy's.

In August of 1861, word came "through the grapevine" that Confederate soldiers were on their way through the countryside. They were targeting blacksmith shops, in order to break the horns off their anvils. The horn on the anvil was the most intricate part, as it was what sized the horseshoe for each individual horse. Without the horn, an anvil was almost useless. Buddy's great-great-grandpa, Calloway Mullins was a blacksmith, and of course, had an anvil. His son, Charles Andrew Mullins, devised a plan to save the anvil. He took this anvil to their hog pen, where he had dug a hole in the mud about two or three feet deep, and there he deposited the anvil. The rumor proved to be true, and the Confederate army came through, but didn't discover the anvil. Shortly after they left, the hogs rooted out the anvil, the object of attention, and it still exists today.

Not being completely Union or completely Confederate made Kentucky a unique state during the Civil War era. It was a state divided against itself, pitting brother against brother, father against son, and neighbor against neighbor. Kentucky was dealt a cruel blow from being caught in the middle, and thus suffered damage from both sides.

*Email your letters to the Signal at mvsignal@windstream.net Please limit your letters to 300 words or less*

## PRIDE educator available to local schools next fall

A PRIDE Environmental Education Liaison is available to local schools during the next school year. If Rockcastle County joins the PRIDE Environmental Education Outreach Program, a liaison will visit the county's elementary schools to lead fun, educational lessons about the environment.

PRIDE liaisons bring hands-on activities that help students understand that smart choices today are needed for a cleaner, healthier environment tomorrow. Topics include energy conservation, water quality, recycling and proper trash disposal. Liaisons typically work with grades 3-5, with an emphasis on 4th graders who take the state's annual science test.

"When I ask 8th graders what we learned together five years ago, they remember," said Linda Rose, who has been Morgan County's liaison since 2003. "Kids need to feel needed, and environmental education gives them that. The environment needs them."

"I have had students say, 'The PRIDE lady talked to us about this,'" said Terry Wilson, who teaches science in grades 4-8 at Frakes School Center in Bell County. Wilson advises every county to enroll in the outreach program, saying, "I think it benefits the students on test scores. For this quality of interaction with the students, it is money and time well spent."

This convenient program is available to the 38 counties served by PRIDE, but local leaders must pay a fee to enroll their schools. During the current school year, 11 counties are participating. Since September, local liaisons have reached 21,080 students.

"We have invited county judges, mayors and school superintendents to sign up for the upcoming school year," said PRIDE's Karen Engle. "They can share the program fee or allow one entity to pay it. It is common for the county to invest its litter abatement funds from the state in the PRIDE outreach program."

"If educators want to learn more about the program, they can call our office in Somerset at 888-577-4339 or e-mail us at PRIDE@centertech.com," Engle added. "Our goal is to expand the program into more counties and reach more students with the PRIDE message next fall."

Eastern Kentucky PRIDE is a nonprofit organization that promotes "Personal Responsibility In a Desirable Environment" in southern and eastern Kentucky. PRIDE works with communities to improve water quality, clean up solid waste problems and increase environmental awareness.

The Environmental Outreach Program reflects PRIDE's commitment to teaching students how our daily lives impact the local environment and why it is our personal responsibility to care for it. The goal is to increase children's environmental knowledge by providing lessons tied to state curriculum guidelines and involving students in cleanup activities.

There will be many opportunities for students and adults to volunteer in April, which is PRIDE Spring Cleanup Month. To find local cleanup activities, click on Adair County on the map at www.kypride.org.

Signal email address: [mvsignal@windstream.net](mailto:mvsignal@windstream.net)

All-U-Can Eat Pulled BBQ Pork

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## Plant Market

Saturday, May 9th - 10 a.m.  
City Parking Lot - West Main St.  
Mt. Vernon

Beside Cox Hardware

There will be potted plants, garden gadgets, and much more available for sale.

If you are interested in having a booth in this event or would like more information contact Kathy McCauley at 256-9869



Sponsored by the Rockcastle County Garden Club



Absolute Auction of Ms. Reta Brown's and Ms. Mahala Wren's

House and Lot ~ Personal Property

Saturday, May 9, 2009 at 10:00 a.m.

119 Lancaster Street, Crab Orchard, Ky.



Location: From the Intersection of Hwy 39 and 150, take Hwy 39 West toward Lancaster approx. 1,000 feet. Watch for the auction sign in the yard.

Ms. Brown and Ms. Wren have moved to a smaller home, therefore, they have authorized our firm to sell this home and personal property for the absolute high dollar.

This home offers a floor plan of two bedrooms, one bath, kitchen, dining room, living room and utility room on the main floor. The upstairs consists of two bedrooms and a large open room to use as you please. Other amenities include: gas furnace installed last year, front porch, city water and city sewer. There is also a garage/storage building.

The home is situated on a nice lot measuring 56 x 210 with plenty of room for a garden.

In addition to the real estate, the following is a partial list of personal property that will be selling: Roper Dryer - Magic Chef Stove - Magic Chef Refrigerator - Table and Four Chairs - Sofa - Quilt Rack - Quilt - Collection of Ball Fruit Jars and Coca Cola Collectibles - Cedar Churn - Sewing Machine - Lots of misc. glassware and many more items

AUCTIONEER'S NOTE: If you're in the market for a conveniently located home within walking distance of the school, bank, grocery and more, then be sure to check out this home. There'll be something for everyone at this auction. Whether you're looking for a good brick home, acreage, or personal property, you don't want to miss this one. So mark your calendar: Saturday, May 9th at 10:00 a.m.

TERMS: Real estate: 20% down day of sale, balance in 30 days. Personal Property: Cash or check in full day of sale. Mastercard or Visa will also be accepted with a processing fee. NOTE: The purchaser of a single-family residence built before 1978 has a maximum of 10 days to inspect the property for the presence of lead based paint. The period for inspection begins April 29th through May 8th. The successful bidder must sign a waiver of the 10-day post sale inspection period.

Announcements day of sale take precedence over printed matter.

For additional information, contact the selling agents.



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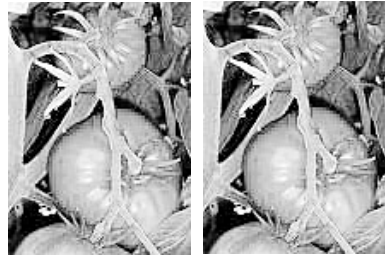
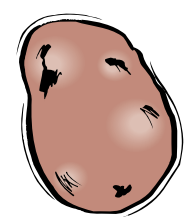
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<p><b>Extra Savings</b></p> <p><b>Boneless Beef Chuck Roast</b></p> <p><b>1<sup>99</sup></b> Lb.</p>	<p><b>Extra Savings</b></p> <p>Holten Frozen <b>Beef Patties</b></p> <p><b>4<sup>99</sup></b> 2.5 lbs.</p>	<p><b>Extra Savings</b></p> <p>Family Pack Thin Quarter Loin <b>Pork Chops</b></p> <p><b>1<sup>49</sup></b> Lb.</p>
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<p><b>Produce</b></p>  <p><b>Red Globe Grapes</b></p> <p><b>89¢</b> Lb.</p>	<p><b>Produce</b></p>  <p><b>Tomatoes</b></p> <p><b>89¢</b> Lb.</p>	<p><b>Produce</b></p>  <p><b>50 lb. Potatoes</b></p> <p><b>9<sup>99</sup></b></p>	<p><b>Produce</b></p> <p><b>Yellow Sweet Corn</b></p> <p><b>1<sup>49</sup></b> 5 Pack</p> <hr/> <p><b>Sweet Onions</b></p> <p><b>99¢</b> Lb.</p>	<p><b>Extra Savings</b></p> <p><b>PEPSI PRODUCTS 3 FOR</b></p> <p><b>\$11</b> 12 Pack</p>
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<p><b>Produce</b></p> <p><b>Quilted Northern Tissue</b></p> <p><b>3<sup>99</sup></b> 6 Double Rolls</p>	<p><b>Extra Savings</b></p> <p><b>Sparkle Towels</b></p> <p>8 Rolls</p> <p><b>6<sup>49</sup></b></p>	<p><b>Extra Savings</b></p> <p><b>Tony's Pizzas</b></p> <p>Asst. Med.</p> <p><b>2<sup>50</sup></b></p>	<p><b>Extra Savings</b></p> <p><b>Hamburger Helper</b></p> <p>Asst. Mexican</p> <p><b>1<sup>69</sup></b></p>	<p><b>Extra Savings</b></p> <p><b>Hi-C BLAST</b></p> <p>10 PACK</p> <p><b>1<sup>79</sup></b></p>	<p><b>Extra Savings</b></p> <p><b>Sunny D</b></p> <p>6 Pk. Bottles</p> <p><b>1<sup>99</sup></b></p>
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<p><b>Extra Savings</b></p> <p><b>Baumann's BBQ Sauce</b></p> <p><b>1<sup>39</sup></b> Asst. 28 oz.</p>	<p><b>Extra Savings</b></p> <p>Jell-O No Bake Desserts</p> <p><b>2<sup>50</sup></b> 21 oz. box</p>	<p><b>Extra Savings</b></p> <p>Asst. Pasta Salad</p> <p><b>1<sup>19</sup></b> 6.2 oz. box</p>	<p><b>Extra Savings</b></p> <p><b>Country Crock Spread</b></p> <p><b>2<sup>99</sup></b> 45 oz. bucket</p>	<p><b>Extra Savings</b></p> <p>Border Tortilla Chips</p> <p><b>2<sup>99</sup></b> 20 oz. bag</p>	<p><b>Extra Savings</b></p> <p>Hawaiian Punch</p> <p><b>2<sup>39</sup></b> 128 fl. oz.</p>
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15.5 oz.

An encouraging word:

## Beauty is Everywhere

By Howard Coop



Dandelion, the name of a common weed with a yellow flower, comes from dent de lion, a French term that means "the tooth of a lion." That common weed is familiar to everyone, for it grows everywhere. It arrives early in the spring; hangs around throughout the summer and, sometimes, it may be seen in the winter.

Most people are passionate about dandelions; they despise them. Throughout the year, they work hard to rid their lawns of that tenacious and prolific pest. Yet, when I was growing up, almost everyone looked forward to spring and the appearance of dandelions, for the tender leaves of the obnoxious weed provided a welcomed mess of fresh "rabbit lettuce."

As I drove to church one beautiful Sunday morning in early April, I took note of the abundance of dandelion along the way. They were everywhere; the green fields beside the road and the well-kept lawns I passed were highlighted with thousands of the little yellow blooms of dandelions.

## News from First Christian

Submitted by Ann Henderson

Greetings from all of us here at First Christian Church in Mt. Vernon. April was a busy, eventful month for us! We have just completed a well-attended four-night "Spring Awakening" meeting with Brother Doug Parkey as our guest speaker. Some of you may remember Doug as a young boy growing up here in Mt. Vernon when his father, Marion Parkey, was pastor of First Christian. It was good to welcome Doug home again.

Our youth group ended their 30-Hour Famine this past Saturday (April 25) and on Sunday gave an inspiring report to the congregation. The 30-Hour Famine was to bring attention and first-hand experience to the plight of hunger throughout the world. Our new Pastor of Families and Youth, Brother Eric Barton, and many adult volunteers conducted this event with 25 of the youth participating. "Spring Fever" was evidenced by some of our mem-

bers who purchased and filled with greenery some urns at our front steps and on the porch. Others with a more hands-on approach replanted flower beds in the front and back. The front steps have been retiled as part of the beautification.

We started a 13-week series called "The Truth Project" currently running during our Sunday and Wednesday evening services. Of course, the highlight of the month of April was the Easter Celebration on the 12th. We began with a Sunrise Service and breakfast at the Church building, followed by near-record attendance for glorious Easter Worship Service and special music from our choir.

We are happy to report three new additions to the family of God by baptism in the month of April. This brings a total of six additions to our Church family for the year 2009.

Memory verse for the week: John 14:1-3

Immediately upon hearing those words of the pastor, I recalled some words written by Ray Stevens that have been called "One of the all time great pieces of lyrical music." Those words are: "An' everything's beautiful in it's own way." And I thought: The little yellow blossoms of dandelions surrounded by the green grass of spring are beautiful. After the dreariness of winter, even dandelions are beautiful. They are things for which we can be thankful because it has been proverbial for centuries that the Creator "has made everything beautiful in its time."

Beauty, if we have eyes to see and the capacity to appreciate, is all around us. Indeed, it is everywhere, and in its own way, everything is beautiful.



### Wanted

Anyone willing to work anytime, anywhere, whenever called upon. No training necessary, male or female, any age. Any nationality, race, size, shape or form. All participants accepted. Report to Jesus Christ our Lord and Savior. Welcome to attend Maple Grove Baptist Church. Best retirement and benefits available.

Contact Bro. Jerry Owens for transportation at 606-256-3075.

### Benefit Auction

There will be a Benefit Auction for the Bride of Christ Church, on High St. in Mt. Vernon off Richmond St.) on Saturday, May 2nd at 1 p.m. Any donations for auction will be appreciated. Concessions will be available.

### Spring Homecoming and Revival

Maple Grove Baptist Church is in Revival through Fri., May 1st at 7 o'clock nightly with Bro. Billy Long from Clear Creek Baptist Church as evangelist. Special singing on Thursday night will be singers from Maple Grove Church and Friday - Gift of Grace.

Bro. Jerry Owens, pastor and the church congregation cordially invite everyone to attend. For more information, directions or transportation information, please call Bro. Owens at 606-256-3075.

### Revival Services

New Hope First Church of God will hold revival services May 4th through 8th at 7 o'clock each evening. The church is located on South Hwy. 39, about seven miles from Crab Orchard. Rev. Stephen Nelson from Louisiana will be the evangelist. Gary Griffith is pastor. Special singing each evening. Everyone is invited.

### Gospel Meeting

You are invited to hear Lessons From God's Word, presented by Russell Dunaway, May 3rd through the 8th at Fairview Church of Christ, 213 Bandy Road, Willailla.

Sunday services are at 10 a.m. and 6 p.m. and Monday through Friday at 7:30 p.m.

### Singing at New Hope

New Hope Baptist Church, at Orlando, will be having their monthly singing on May 2nd, starting at 7 p.m.

The Praise Singers will be singing.

Pastor and congregation welcome everyone.

### National Day of Prayer

The National Day of Prayer will be observed on Thursday, May 7th at the Rockcastle County Courthouse. Everyone is invited to participate.

### Thank You

Calloway Holiness Church would like to give a special thank you to all the people and churches who have given us donations toward our new church.

The charity you have shown us is greatly appreciated and we love you all.

Donors include: Climax Holiness Church, Sand Springs Baptist Church, Livingston Pentecostal Holiness Church, Brush Creek Holiness Church, Full Gospel Evangelistic Ministries, Caleb Lamb, Orville Burkhardt and family, Jennings and Lucille Mopins and everyone else who has donated money and prayers for our church.

God bless you.

### Revival

Roundstone Baptist Church will be in revival May 3-6 at 7 p.m. with evangelist Bro. Don Jones.

There will be special singing each service.

Bro. Rick Reynolds, pastor, and congregation welcome everyone.

### Benefit Day

A Benefit Day will be held Sat., May 2, 2009 from 11 a.m. to 7 p.m. at Lighthouse Baptist Church, Gabbardtown Road, Berea. Singing groups will include: The Doan Family, The Duncans, The Lewis Family, New Highway and Sharon Davidson.

Other activities available during the day include: a carnival, concessions, silent auction, bake sale, corn hole and lawnmower races (\$5 entry fee and bring own mower).

All money raised will benefit Mason and Cherie Isaacs.

For more information, call 859-986-2573 or 859-358-4261.

### Yard Sale

Mt. Vernon Church of God will be having a Gigantic Yard Sale Friday, May 1st. In case of rain, will be held in the Fellowship Hall. Start at 8 a.m. - close at 4 p.m.

### Revival

Evangelist Fred Wynn will be in revival at Brush Creek Holiness Church May 3 through May 9.

Pastor Lonnie McGuire and congregation welcome everyone.



Three new members were inducted into the Mt. Vernon Lions Club by past district governor Cledith Thacker at the last regular meeting. Presenting the new members with their new membership packet was president Mike Debord, right. New members are shown from left: Tom and Virginia Darst and Brad McNew (with Tea Cup Cafe).



Mt. Vernon Lions Club president Mike Debord is shown with three more new members, second from left, Mary Ann McNew, Gary Witt and Ina Jean Towery.

## KY South Central Pool, LLC

Located at 265 East Main St. in Mt. Vernon

Commercial • Residential • Inground • Above Ground  
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Liner Replacement • Leak Detection  
Water Testing • Chemicals • Garden Leisure Spas

**Pool Brite Chemicals on sale now**

**Call for an appointment to open your pool!**

Hours: Monday - Friday 9:00 a.m. to 6:00 p.m.  
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21 Years Experience

**Business Phone 606-256-0063**

**We now have Double Knock-out Roses!**

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**606-379-6456**

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• Quality Plants • Experienced Staff

Open Mon. - Sat. 8 - 6; Sun. 12 to 6

## Annual Soccer Clinic

First Baptist Church of Mt. Vernon will be sponsoring an Upward Soccer League this fall. In preparation, FBC is hosting a soccer camp led by the coaches of our own soccer league.

The camp will be Saturday, May 16<sup>th</sup>, 2009 from 9:00am to 12:00pm at the church. Refund will be provided, if cancelled due to weather.

Clinic fee is \$10.00. Pre-registration coupon can be mailed to First Baptist Church P.O. Box 639 Mt Vernon KY 40456. Onsite registration will begin at 8:30am.

The camp will be for children entering Kindergarten through the Sixth grade this fall.

T-shirt and lunch will be provided for each child in attendance. We hope to see you there for fun and fellowship.

### Early Registration Coupon

If any additional questions, contact the church at 256 - 2922.

Child Name \_\_\_\_\_  
Birth date \_\_\_\_\_  
Address \_\_\_\_\_  
Phone Number \_\_\_\_\_  
Emergency contact/medical info \_\_\_\_\_  
Parent or Guardian Name \_\_\_\_\_  
T-SHIRT SIZE \_\_\_\_\_

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Mid-Level Providers: Lisa Collins, CNM. Wanda Morgan, CNM. Angela Lakes - PA-C. Melissa Owens, ARNP.

www.londonwomenscare.com

# Church Directory

**Believers House of Prayer**  
156 Scenic View Lane  
U.S. 25 N, left at 18 mile marker  
Renfro Valley, Ky.  
Sabbath School Sat. 10 - 11 a.m.  
Morning Worship 11 a.m.  
Evening Worship 7 p.m.  
Wednesday 7 p.m.  
Pastor: Bill Davis  
bhbp\_7@yahoo.com

**Berea Reformed Evangelical Church**  
1309 Hwy. 21 • Berea  
859-248-1600  
Sunday Worship 11 a.m.  
Sunday Bible Study 6 p.m.  
Xon Hostetter, Pastor

**Bible Baptist Church**  
100 Higher Ground (off US 25)  
Mount Vernon, Ky.  
Church Phone 606-256-5913  
e-mail: www.biblebaptist.org  
Sunday School 10 a.m.  
Sunday Worship/Children's Church 11 a.m.

Sunday Evening Worship 6 p.m.  
Wednesday Evening 7 p.m.  
Video services Tues., Thurs., & Sat. at 11 a.m., 4 p.m. & 9 p.m.  
Channel 3 - New Wave  
Cable Channel 5 in Berea and Richmond 1 p.m. Wednesdays  
Pastor: Don Stayton  
Associate Pastor/Youth:  
Bro. Jeremy Ellis  
Kids for Christ  
Children's Ministry:  
Bro. Jarrod Amyx  
Secretary: Jo Roberts  
Music Director: Dan Dull

**Blue Springs Church of Christ**  
7 miles south of Mount Vernon on Hwy. 1249 (Sand Springs Rd)  
Services: Sundays 10 a.m. & 6 p.m.  
Preaching Brethren  
Zade McClure, Gary Reppert, Coy Cromer, Marcus Reppert  
Contact Info:  
Marcus Reppert  
104 Byrda Way • Mt. Vernon, Ky.  
606-308-2794  
marcusreppert24@hotmail.com

**Bride of Christ Church**  
High St. Mt. Vernon  
Sunday Services 7 p.m.

**Brodhead Baptist Church**  
Corner of Silver & Maple St.  
Brodhead, Ky. 40409  
606-758-8316  
Sunday Bible Study 10 a.m.  
Sunday Worship 11 a.m. & 6 p.m.  
(Nursery Provided)  
Wednesday Prayer Meeting 7 p.m.  
Children's Programs: RAs & GAs  
Mission Friends and Creative Ministry  
Ralph Baker, Pastor  
Brodhead Baptist Church is a friendly church where everyone is welcome

**Brodhead Christian Church**  
237 W. Main St.  
Brodhead, Ky. 40409  
606-758-8721  
Sunday School 10 a.m.  
Sunday Worship 11 a.m. & 6 p.m.  
Wednesday Bible Study 7 p.m.  
Tracy Valentine, Preacher  
606-758-8662  
Cell 606-305-8980

**Brush Creek Holiness Church**  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening 7 p.m.  
Tuesday Prayer Meeting 7 p.m.  
Special Service 1st Sunday or each month at 11 a.m.  
Lonnie Reese McGuire, Pastor

**Buffalo Baptist Church**  
Located 15 miles south of Mt. Vernon on Hwy. 1249 (Sand Springs Rd.)  
606-274-5197 • 606-256-4988  
Sunday School 10 a.m.  
Sunday Worship 11:15 a.m.  
Sunday Evening Service 6 p.m.  
Marvin (Buddy) Rowe, Pastor

**Calloway Baptist Church**  
76 Calloway Branch Rd. (Off US 25) • Calloway  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening 6 p.m.  
Wednesday Evening 7 p.m.  
Scott Mullins, Pastor

**Central Baptist Church**  
86 Maintenance Rd.  
Mt. Vernon, KY 40456  
606-256-2988  
centralbaptistky.org  
Pastor: Mark Eaton  
Home of "Central Baptist Christian Academy"  
K-12 Private School  
"Central Time" Radio Broadcast  
WRVK 1460AM  
Every weekday Mon.-Fri. 11:15 a.m.  
Sunday School 10 a.m.  
Sunday Morning and Children's Church 11 a.m.  
Sunday Evening 6 p.m.  
Wednesday Bible Study, Prayer Meeting and "Patch the Pirate Club" 7 p.m.  
Transportation and Nursery provided for all services  
Mark Eaton, Pastor

**Climax Christian Church**  
Hwy. 1912  
308-2806 - 256-4138 - 256-5977  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Wade Johnson, Minister

**Climax Holiness Church**  
Sunday Night Worship 6 p.m.  
Thursday Nights 7 p.m.  
3rd Saturday of every month at 7 p.m.  
1st Sunday of each mo. at 11 a.m.  
Darrin Sloan, Pastor

**Conway Missionary Baptist Church**  
U.S. 25 between Mount Vernon and Berea  
Sunday School 10 a.m.  
Sunday Morning Worship 11 a.m.  
Sunday Evening Worship 6 p.m.  
Wed. Prayer Service and Bible Study 7 p.m.  
Youth Meetings:  
Sunday 5 p.m. • Wednesday 7 p.m.  
Bro. Jim Ritchey, Pastor  
859-200-2679/859-228-0342  
Sunday School Director  
Ronald Sears • 606-256-5709  
606-256-2829

**Cornerstone Fellowship**  
50 Lovell Ct. - Mt. Vernon  
Sunday School 10 a.m.

Sunday Worship 11 a.m.  
Sunday Evening Service 6 p.m.  
Wednesday Service 7 p.m.  
Terry Fletcher, Pastor  
606-256-1645

**Crossroads Assembly of God**  
Hwy. 150 • Brodhead  
Bro. Stephen Vanhook, Pastor  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening Worship 6:00 p.m.  
Wednesday Night 7 p.m.

**Cupps Chapel Holiness**  
Copper Creek Rd., Crab Orchard  
Sunday Evening Service 6 p.m.  
Thursday Service 7 p.m.  
Dwayne Carpenter, Pastor

**Dixie Park Cornerstone Baptist Church**  
700 N. Powell St.  
Berea, Ky. 40403  
859-623-8292 • 859-985-2484  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening Service 6 p.m.  
Wednesday Service 7 p.m.  
Gene Smith, Pastor

**Fairview Baptist Church**  
520 Fairview Loop Road  
Mount Vernon, Ky.  
Sunday Services  
Sunday School 9:45 a.m.  
Sunday Worship 11 a.m.  
Children's Choir 6 p.m.  
Sunday Evening Service 7 p.m.  
Wednesday Service 6 p.m.  
Gene Smith, Pastor

**Fairview Baptist Church**  
520 Fairview Loop Road  
Mount Vernon, Ky.  
Sunday Services  
Sunday School 9:45 a.m.  
Sunday Worship 11 a.m.  
Children's Choir 6 p.m.  
Sunday Evening Service 7 p.m.  
Sunday Adult Choir 8 p.m.  
Wednesday Services  
Creative Ministry 6 p.m.  
Bible Study 7 p.m.  
Youth Ministry QUEST 7 p.m.  
RAs and GAs 7 p.m.  
Mission Friends 6 p.m.  
Vaughn Raser, Pastor  
606-256-3722  
email: fairviewbapt@aol.com

**Fairground Hill Community Holiness Church**  
Thursday Worship 7 p.m.  
Sunday Worship 6 p.m.  
Pastor: Benton Hurd

**Faith Chapel Pentecostal**  
S. Wilderness Road  
Mount Vernon, Ky.  
Sunday School 10 a.m.  
Sunday Evening Service 7 p.m.  
Wednesday Service 7 p.m.  
Saturday Service 7 p.m.  
Jack Carpenter, Pastor

**First Baptist Church**  
340 West Main Street  
Mt. Vernon, Ky.  
606-256-2922  
Bro. Eddie Nation, Pastor  
website: www.fbcmtv.org  
email: fbcmtvernon@newwave.net  
Sunday Services: 8:30 a.m., 10:45 a.m. and 7 p.m.  
Wednesdays: AWANA and Adult Bible Study 6:30 p.m.  
Live Broadcast WRVK 140AM  
Sundays at 11 a.m.  
Broadcast on New Wave Cable Channel 3 Tues., Thurs. & Sunday at 10 a.m., 3 p.m. & 8 p.m.

**First Christian Church**  
West Main Street  
Mt. Vernon, Ky.  
606-256-2876  
Bro. Bruce Ross, Pastor  
Services  
Sunday School: 10 a.m.  
Sunday Worship 11 a.m. & 6 p.m.  
Wednesday Bible Study 7 p.m.  
Kenny Shubert, Youth Pastor

**Flat Gap Baptist Church**  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Wednesday Service 7 p.m.  
James Poynter, Pastor  
606-256-3969

**Flat Rock Missionary Baptist Church**  
504 Maple Grove Rd. Hwy. 1004  
Orlando, Ky. 40460  
859-925-4048  
Sunday School 10 a.m.  
Fellowship Hour 11 a.m.  
Sunday Evening Service 7 p.m.  
Wednesday Bible Study 7 p.m.  
Thursday Night Visiting 7 p.m.  
Contact: Doris Brown

606-256-0188  
burtonpromos@prodigy.net  
**Freedom Baptist Church**  
Freedom School Rd.  
Mt. Vernon, KY  
Sunday School 9:45 a.m.  
Sunday Worship 11 a.m.  
Discipleship Training 6 p.m.  
Sunday Evening Worship 7 p.m.  
Wednesday Evening Prayer Meeting & Youth/Children Classes 7 p.m.  
Pastor: David Sargent  
606-256-2968

**God's Church of Zion**  
35 McFerron St.  
Mt. Vernon, KY  
Wed. Night 7 p.m.  
Sunday School 2 p.m.  
Sunday Worship 3 p.m.  
Pastor: Fred Hecker

**Hickory Grove Pentecostal Church**  
Hwy. 1505 (6 miles from Brodhead)  
Brodhead, Ky.  
Randal Adams, Pastor  
Youth Pastor, Scott Adams  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening 7 p.m.  
Wednesday Evening 7 p.m.

**Lighthouse Assembly of God**  
Hwy. 1004 • Orlando, Ky.  
Tim Hampton, Pastor  
606-256-4884 • 606308-2342  
Sunday School 10 a.m.  
Sunday Morning Worship 11 a.m.  
Sunday Evening 6 p.m.  
Tues. Night Interspersory Prayer 7 p.m.  
Wednesday Night Bible Study 7 p.m.

**Little Country Church**  
Jarber Rd.  
Turn left off Rev. Green Loop onto Jarber Rd.  
Jack Weaver, Pastor  
Sunday 6 p.m.  
Wednesday 7 p.m.

**Livingston Baptist Church**  
Sunday School 10 a.m.  
Adult & Youth Classes Available  
Worship Service 11 a.m.  
Wednesday Bible Study & Meeting 7 p.m.  
Bro. Steve McKinney, Pastor  
606-758-4097  
email: stevemc64@alltel.net

**Livingston Pentecostal Holiness Church**  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening Service 6 p.m.  
Wednesday Service 7 p.m.  
Jim Miller, Pastor  
606-256-1709

**Maple Grove Baptist Church**  
Hwy. 1004 (Big Cave Road)  
Orlando, Ky. 40460  
606-256-1873  
Bro. Jerry Owens, Pastor  
Home Phone 606-256-3075  
Sunday School 10 a.m.  
Sunday Morning Worship 11 a.m.  
WRVK Broadcast 2 p.m.  
Sunday Evening 6 p.m.  
Wednesday Evening 7 p.m.

**Mareburg Baptist Church**  
2617 New Brodhead Rd.  
Mt. Vernon, KY 40456  
Wayne Harding, Pastor  
Phone: 256-8844  
Sunday School 10 a.m.  
Sunday Morning Worship 11 a.m.  
Sunday Discipleship Training 6 p.m.  
Sunday Youth Missions 6 p.m.  
Sunday Evening Worship 7 p.m.  
Wednesday Evening 7 p.m.  
www.mareburgbaptist.org  
mareburgchurch@yahoo.com

**McNew Chapel Baptist**  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening Service 6 p.m.  
Wednesday Service 7 p.m.  
Jerry Ballinger, Pastor

**Mt. Vernon Church of God**  
1025 W Main St.  
Mount Vernon, Ky.  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening Service 6 p.m.

Wednesday Service 7 p.m.  
Bobby Owens, Pastor  
859-986-1317

**Mt. Vernon Church of the Nazarene**  
40 Fair Street • Mt. Vernon  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening 6 p.m.  
Wallace Thornton, Sr., Pastor

**New Hope Baptist Church**  
Jct. 1797 New Hope Tower Rd. Orlando  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening 6 p.m.  
Wednesday Evening 7 p.m.  
Bro. David Carpenter, Pastor

**Northside Baptist Church**  
777 Faith Mountain Rd.  
(Off 461 bypass) Mt. Vernon  
606-256-5577  
www.nbcnet.org  
Sunday  
Sunday School 10 a.m.  
Morning Worship 11 a.m.  
Children's Church 11 a.m.  
Hispanic Services 4 p.m.  
Evening Worship 6 p.m.

**Ottawa Baptist Church**  
1074 Ottawa Rd. • Brodhead  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Children's Church 11 a.m.  
Sunday Discipleship Training/ Youth Mission Groups 6 p.m.  
Wednesday Services  
Youth Choir 6 p.m.  
Children's & Youth Bible Study 6:45 p.m. • Service 7 p.m.  
Jim Craig, Pastor • 758-8453  
ottawabaptist@windstream.net

**Our Lady of Mt. Vernon Catholic Church**  
515 Williams St.  
(across from MVES)  
Mount Vernon, Ky. 606-256-4170  
Mass Times:  
Tuesdays at 5 p.m.  
Sabbath Mass: Sat., 5 p.m.  
Holy Days 5 p.m.  
Father Nick Pagano, Pastor  
Sister Joyce Moeller,  
Pastoral Associate

**Philadelphia United Baptist Church**  
834 Bryant Ridge Rd.  
Brodhead, Ky.  
Sunday School 10 a.m.  
Sunday Evening Service 6 p.m.  
Wednesday Service 7 p.m.  
Saturday Service 7 p.m.  
Gordon Mink, Pastor  
606-256-9724

**Pine Hill Holiness Church**  
5216 S. Wilderness Rd.  
Mt. Vernon, Ky. 40456  
Allen Hensley, Pastor  
453-4801  
www.pinehillholinesschurch.com  
email: pinehillhc@aol.com  
Sunday School 10 a.m.  
Sunday Evening Worship 7 p.m.

Thursday Night Worship 7:30 p.m.  
Saturday Night Worship 7:30 p.m.  
WRVK (1460 AM) Broadcast  
Noon Sundays

**Pine Hill Missionary Baptist Church**  
81 Limeplant Hollow Road  
Mt. Vernon, Ky. 40456  
Contact: Casey McClure  
606-308-4570  
email: jcmclure@aol.com  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Discipleship Training 5:30 p.m.  
Sunday Evening Worship 6:00 p.m.  
Wednesday Prayer Meeting and Youth Service at 7:00 p.m.  
Prayer Partners Ladies Meeting monthly every second Tuesday at 6:30 p.m.

**Poplar Grove Baptist**  
145 Richlands Rd. • Brodhead  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening 7 p.m.  
Wednesday Evening 7 p.m.

**Providence church of Christ**  
1 mile off Hwy. 70 on Hwy. 618  
Dan McKibben, Minister  
758-8524 or 758-9316  
Sunday Bible Study 10 a.m.  
Sunday Morning Worship 10:30 a.m.  
Sunday Evening 6 p.m.  
Wednesday Bible Study 7 p.m.  
email: dan.mckibben@juno.com  
www.WhatSaithTheScriptures.com

**Rose Hill Church**  
Pastor: Bobby Barnett  
Sunday School 10 a.m.  
Morning Worship 11:00 a.m.  
Wednesday Bible Study 7 p.m.

**Roundstone Baptist Church**  
Rick Reynolds, Pastor  
606-758-8095  
Sunday School 10 a.m.  
Sunday Worship 11:00 a.m.  
Sunday Night 6:00 p.m.  
Wednesday Night 7 p.m.

**Sand Springs Baptist Church**  
Directions: Take Hwy 1249, go exactly 5 miles, church on right  
Bob Bradley, Pastor  
Sunday School 10 a.m.  
Sunday Worship 11:00 a.m.  
Sunday Evening 6:00 p.m.  
Wednesday Evening 7:00 p.m.

**Scaffold Cane Baptist**  
Chris Cobb, Pastor  
Sunday School 10 a.m.  
Sunday Worship 11:00 a.m.  
Sunday Night 6:00 p.m.  
Wednesday Night 7 p.m.

**Union Chapel Pentecostal Church**  
1505 Union Chapel Rd.  
Brodhead, Ky.  
Ralph Reynolds, Minister  
606-355-2638  
Sunday School 10 a.m.  
Sunday Worship 11:00 a.m.  
Sunday Evening 7:00 p.m.  
Thursday Evening 7:00 p.m.

**Wildie Christian Church**  
1478 Wildie Rd. • Wildie  
606-256-4494  
Kenton Parkey, Minister  
Sunday School 10 a.m.  
Sunday Worship 10:55 a.m.  
Family Fellowship 6 p.m.  
Wednesday Nite Cafe 5:15 p.m.  
Bible Study 6 p.m.

To add your church to our directory please call 256-2244

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Open Monday - Friday 8:30 a.m. to 7 p.m.  
Sat., 8:30 a.m. to 2 p.m.  
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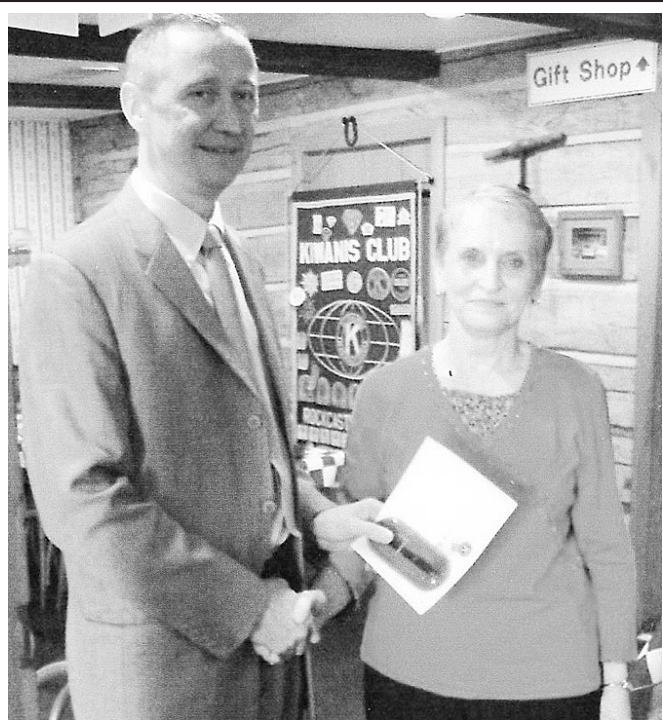
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sales@bishoptire.com  
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606-256-2147  
606-256-5821

**Wendy's • Chevron Service Center**  
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Remember Wendy's late night drive-thru open until midnight Sunday through Thursday and 1 a.m. Friday and Saturday. Wendy's - Chevron Open 7 Days a Week

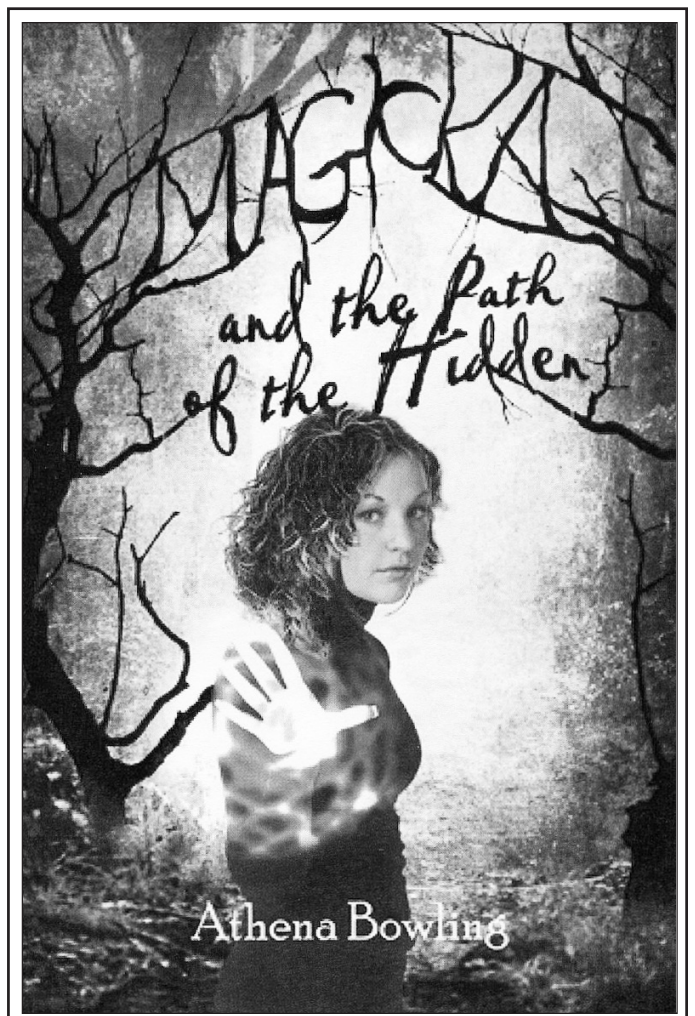
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www.stateauto.com  
Friends you can depend on



Shirley Cox, of Mt. Vernon, spoke recently at the Kiwanis Club meeting. Mrs. Cox is a Mission Service Corps Missionary with the North American Mission Board and shared with the group her ministry of photo journalism. In addition to writing for "MissionsMosaic Magazine" and other Christian publications, she has traveled twice to Greece, Germany and Holland on mission trips. Pictured with Shirley is Kiwanis President Larry Hammond.



Local author Athena Bowling holds a copy of her new book, *Magicka: and the Path of the Hidden*, which was recently released by Publish America.



Magicka Barney is the main character in Athena Bowling's, *Magicka: and the Hidden Path*.

## Publish America releases new book, "Magicka" written by local author

32-year-old Athena Bowling of Mt. Vernon has had her first novel published.

On April 8th, Publish America in Frederick, PA released *Magicka: and the Path of the Hidden*, which Bowling wrote at her home in Benton Bullock Subdivision, while recovering from knee injury last year.

Bowling, who said she has loved writing ever since she graduated from Everts High School in 1996, said although it was an unpleasant experience to have surgery on her knee, it gave her time to write the book during her six weeks of recovery.

*Magicka* is a fantasy fiction novel, written much in the same genre as the Harry Potter novels.

The novel's main character is Magicka Barney, who is beginning a new school year, which was sure to be an exciting one.

Her family has moved from the United States to the heart of a small town in Ireland.

Kyttales is a place full of legends and lore and Magicka can feel it with every breath she takes. It doesn't take long for her to get caught up in the enchantment when she discovers a sealed book.

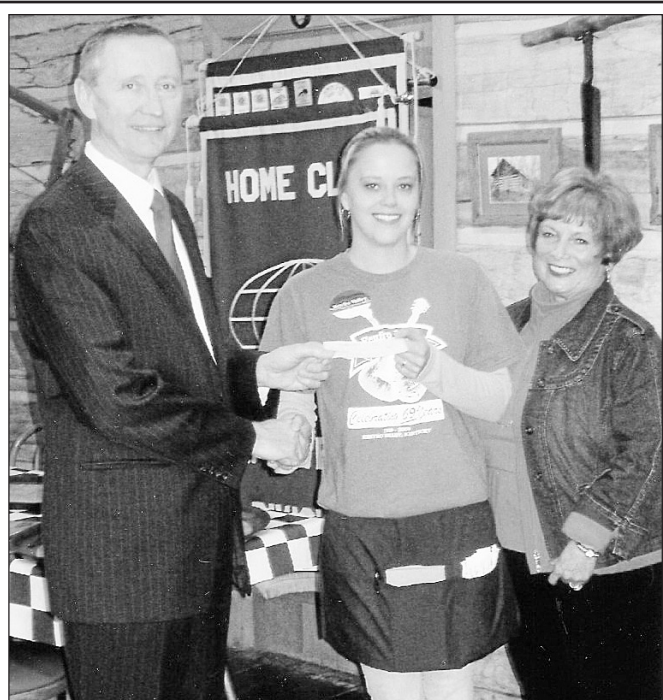
When Magicka opens the book she learns the legends of a lost race once known as the

Hidden. The Hidden were slaughtered in their beds over the abilities they were rumored to possess. What Magicka does not know is the book is a catalyst and what she has set into motion will put her life in danger and strip her of all the things she holds dear. It's a race against time. Will Magicka find her way back home?

Bowling said that besides, *Magicka*, she has already completed two other fantasy fiction novels and is working on four more.

50 copies of *Magicka* have already been sold since its release three weeks ago.

The book is \$27.95 plus S/H and can be purchased online at [publishamerica.com](http://publishamerica.com), [barnesandnoble.com](http://barnesandnoble.com) and [amazon.com](http://amazon.com). Some books are also available on e-bay.



Janie King, parent of a Roundstone Elementary School student, is shown receiving \$500 from Kiwanis President Larry Hammond to be used for the proposed playground at the school. Also pictured is Jessie Murray, chairman of the Young Children Priority One Committee. The Kiwanis Club is pleased to be able to use their funds to help with projects for the children in our community.

**Bible Baptist Church has Cookbooks for sale**  
 \$10.00 each  
 Call 308-2969 or 308-4010

### Exhibit G-2 • Summary Of Ordinance

The Rockcastle Fiscal Court, at a meeting held on March 19, 2009, adopted the following Ordinance:

AN ORDINANCE APPROVING A LEASE FOR THE FINANCING OF A PROJECT; PROVIDING FOR THE PAYMENT AND SECURITY OF THE LEASE; CREATING A SINKING FUND; AND AUTHORIZING THE EXECUTION OF VARIOUS DOCUMENTS RELATED TO SUCH LEASE.

**Section 1. Lease Approval.** It is hereby certified that the foregoing Ordinance provides for approval of a lease with Kentucky Association of Counties Leasing Trust for financing certain public improvements and provides a general obligation pledge to assess sufficient taxes to comply with the obligations to pay lease payments. The full text of the section relating to the pledge to levy and assess a tax to pay the lease obligation is:

**Section 2. General Obligation Pledge.** Pursuant to the Constitution of the Commonwealth and Chapter 66 of the Kentucky Revised Statutes, as amended (the "General Obligation Statutes"), the obligation of the Lessee created by the Lease shall be a full general obligation of the Lessee and, for the prompt payment of the Lease Payments, the full faith, credit and revenue of the Lessee are hereby pledged. During the period the Lease is outstanding, there shall be and there hereby is levied on all the taxable property in the Lessee, in addition to all other taxes, without limitation as to rate, a direct tax annually in an amount sufficient to pay the Lease Payments on the Lease when and as due, it being hereby found and determined that current tax rates are within all applicable limitations. Said tax shall be and is hereby ordered computed, certified, levied and extended upon the tax duplicate and collected by the same officers in the same manner and at the same time that taxes for general purposes for each of said years are certified, extended and collected. Said tax shall be placed before and in preference to all other items and for the full amount thereof; provided, however, that in each year to the extent that the other taxes of the Lessee are available for the payment of the Lease Payments and are appropriated for such purpose, the amount of such direct tax upon all of the taxable property in the Lessee shall be reduced by the amount of such other taxes so available and appropriated.

There is hereby established with the Lessee a sinking fund (the "Sinking Fund"). The funds derived from said tax levy hereby required or other available taxes shall be placed in the Sinking Fund and, together with interest collected on the same, are irrevocably pledged for the payment of all bonds or obligations issued under the General Obligation Statutes and all Tax Supported Leases, as defined in General Obligation Statutes, including the Lease herein authorized, when and as the same fall due. Amounts shall be transferred from the Sinking Fund to the Lessor at the times and in the amounts required by the Lease.

A complete copy of the ordinance may be reviewed at the office of the  
 Courthouse of Rockcastle Co. Fiscal Court

/s/ Buzz Carloftis  
 County Judge-Executive

**Medley Boys**  
**Derby Party**  
**Champions Bar & Grill**  
 May 1st and 2nd, 9pm-1am

Wild Turkey Promo Saturday-Door Prizes-Drink Specials  
 Friday- Ladies Night- All Ladies get In FREE!!!  
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## INSPECTION PERIOD

### FOR THE PROPERTY TAX ASSESSMENT ROLL

The Rockcastle County real property tax roll will be opened for inspection from May 4 through May 18, 2009. Under the supervision of the property valuation administrator or one of the deputies, any person may inspect the tax roll.

This is the January 1, 2009 assessment on which state, county and school taxes for 2009 will be due about September 15, 2009.

The tax roll is in the office of the property valuation administrator in the county courthouse and may be inspected between the hours of 8:30 and 4:00.

Any taxpayer desiring to appeal an assessment on real property made by the PVA must first request a conference with the PVA or a designated deputy. The conference may be held prior to or during the inspection period.

Any taxpayer still aggrieved by an assessment on real property, after the conference with the PVA or designated deputy, may appeal to the county board of assessment appeals.

The taxpayer can appeal his assessment by filing in person or sending a letter or other written petition stating the reasons for appeal, identifying the property and stating the taxpayer's opinion of the fair cash value of the property.

The appeal must be filed with the county clerk's office no later than one work day following the conclusion of the inspection period.

Any taxpayer failing to appeal to the county board of assessment appeals, or failing to appear before the board, either in person or by designated representative, will not be eligible to appeal directly to the Kentucky Board of Tax Appeals.

Appeals of personal property assessments shall not be made to the county board of assessment appeals. Personal property taxpayers shall be served notice under the provisions of KRS 132.450(4) and shall have the protest and appeal rights granted under the provisions of KRS 131.110.

The following steps should be taken when a taxpayer does not agree with the assessed value of personal property as determined by the office of property valuation administrator.

- (1) He must list under protest (for certification) what he believes to be the fair cash value of his property.
- (2) He must file a written protest directly with the Department of Revenue, Office of Property Valuation within 30 days from the date of the notice of assessment.
- (3) This protest must be in accordance with KRS 131.110.
- (4) The final decision of the Department of Revenue may be appealed to the Kentucky Board of Tax Appeals.

Margaret Offutt  
 Property Valuation Administrator  
 Rockcastle County



## New employee; schedule of events at Adult Day Health Care

Rockcastle Adult Day Health Care welcomes Brenda Cable to their professional team of health care providers. Brenda is a graduate of Somerset Community College and has more than 12 years experience in the field of nursing.



Brenda Cable

### Upcoming Events

Friday, May 1st: Open House Center Yard Sale 9 a.m. to 3 p.m.

Monday, May 11th: Senior Awareness guest speakers Jessie Carol and Brenda Cable • 10 a.m.

Wednesday, May 13th: Visit Renfro Valley Hall of Fame with lunch at the Lodge.

Monday, May 18th: Town Walk, beginning at 10 a.m. at Triangle Park.

Friday, May 22nd: Crafts and gardening at the center. Make your own candle or tarts. Loads of information on gardening and home canning.

Tuesday, May 26th: Senior luncheon and volunteer awards ceremony.

For more info, contact the center at 256-4316.

## Rockcastle Community Bulletin Board

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### Rockcastle Travelers Day Trip

On Tuesday, June 23rd, Rockcastle Travelers will go to the Creation Museum in Hebron. The bus will leave Mt. Vernon at 8 a.m. and return at 5:30 p.m. You must have reservatin in by May 10th! Call Doug or Sue at 256-2012.

### Class of '84 Reunion

The RCHS Clas of 1984 will be having their 25th Reunion on Saturday, June 13, 2009. We are in the process of collecting addresses for the invitations. Class members please send your address to rchs84reunion@windstream.net.

### Discount Cards for Berea Pool

The Berea Parks and Recreation Department has discount passcards on sale now for the Berea Swimming Pool. Call 986-9402 for more information. **The Berea Parks and Recreation Department** is now accepting registrtrion for 2009 swim lessons at the Berea Swimming Pool. Lessons offered include: Level 1 - beginner; Level 2 - advanced; Level 3 - Intermediate and Toddler and Me. Call 986-9402 for more information.

### Vendors Needed

Anyone interested in being a vendor at the Dix River Festival, May 21st - 23rd, at Brodhead, call 606-758-8635.

### "Finishes and Flourishes"

The Berea Parks and Recreation Department will offer "Finishes and Flourishes," part two of the introduction quilt workshop! Students will learn a variety of techniques, including quilt binding methods, preparing a sleeve and more! The class will be held Saturday, May 16 from 9 a.m. to 4 p.m. at the Broadway building in Berea. Decline for registration is May 8, 2009. Call 986-9402 for more information.

### Rockcastle Hospital Diabetes Program

The Diabetes Self Management Program will meet Thursday, May 7 at 6 p.m. The topic will be "Eating to Lower Heart Disease Risk" with Jill Stevens, MS, RD, LD. For more information, or to register, call 256-7714. Classes are held in Rockcastle Hospital's Outpatient Services Center 2nd floor conference room.

### DAV Officer at London

Disabled American Veteran State Service Officer will be at the DAV Building in London on May 5 from 9 a.m. to noon. For more information, call 606-862-0032 or 606-877-1308.

### UNITE Meetings

UNITE monthly meetings are held the second Wednesday of each month. The next meeting will be March 11th at noon at Pizza Hut.

### New Hours for Historical Society

The Rockcastle Historical Society will be open on Mondays from 10 a.m. to 2 p.m. in the RTEC garage building. Monthly society meetings are held the 4th Thursday of each month at 5:30 p.m. at the Senior Citizens Building in Mt. Vernon.

### RCIDA Meeting

The Rockcastle County Industrial Development Authority holds its regular meeting the first Monday of each month at noon on the third floor of the courthouse.

### NA Women's Meeting

The Women's NA Serenity Group of Mt. Vernon meets each Monday at 8 p.m. at the Christian Appalachian Project Community Center, 64 Beiting Lane, Mt. Vernon. Open meeting - non-smoking.

### Kiwanis Club Meetings

The Rockcastle Kiwanis Club meets every Thursday at noon at Renfro Valley Lodge.

### Women's Narcotics Meeting

There will be a Women's Narcotics Anonymous Meeting every Monday evening at 8 p.m. at the Community Center, sponsored by Christian Appalachian Center. For more information, contact the Healing Rain Center at 256-5810.

### Alcoholics Anonymous

Alcoholics Anonymous meets Tuesday nights at 8 p.m. behind Our Lady of Mt. Vernon Church on Williams St. in Mt. Vernon.

### Narcotics Anonymous

Narcotics Anonymous meets Thursday nights at 8 o'clock behind Our Lady of Mt. Vernon Church on Williams St. in Mt. Vernon.



## Williams - McPheron

Karrienne Williams and Nick McPheron of Rogersville, plan to be married June 6, 2009.

The bride-elect is the daughter of Eddie and Linda Williams of Rogersville, and the granddaughter of Ray Williams and wife, Jo of Morristown and the late Lorraine Long Hall of Bulls Gap, Maggie Fletcher of Rogersville and the late Otis Fletcher. She graduated from Cherokee High School in 2007 and is pursuing a Bachelor of Arts degree in elementary education at Lincoln Memorial University, Harrogate, TN.

The bridegroom-to-be is the son of Dr. John and Teresa McPheron of Rogersville, and the grandson of Herbert and Ruth McPheron of Eubank, and Raymond and Lena McKinney of Mt. Vernon. He graduated from Cherokee High School in 2003 and is pursuing a Bachelor of Arts degree in missiology at Clear Creek Baptist Bible College, Pineville.

Daniel Boone Community Action Agency has applied for the Community Services Block Grant (CSBG) from the Cabinet for Families and Children.

The plan is available for public review at the local Community Action Agency.

## \$100 Monthly Cash Give-Away

Main Street PHARMACY

Located at 150 Main St. • Mt. Vernon  
Next to Dr. Griffith's Office

Monday thru Friday 9 a.m. to 6 p.m.

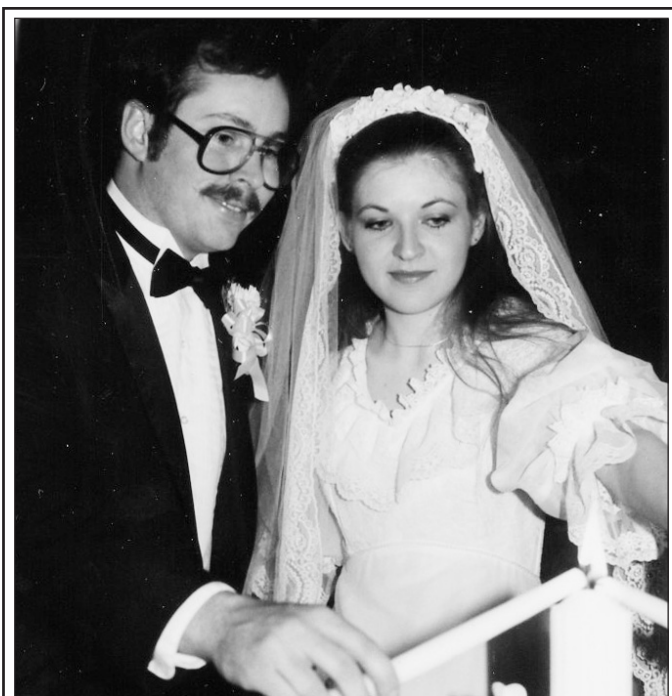
Saturday 9 a.m. to 1 p.m.

256-0475



"The People You Know, The People You Trust"

From left: Tara Brown, Allie Reynolds, pharmacist Danette Craig, Kevin Craig and Tanner Bray.



## 25th Wedding Anniversary

Lloyd and Susan Jordison, of Little Clear Creek Road in Rockcastle County, celebrated their Silver Wedding Anniversary Sunday, April 19th with a reception at Fairview Baptist Church in the educational building on Fairview Loop Road. The Jordisons were married 25 years ago, on April 14th, in Danforth Chapel in Berea, with the late Rev. Harvey Pensol and Rev. Eric Iversen officiating. The Jordisons have two sons, Erik and Austin.

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# Rockcastle!

COUNTY, KENTUCKY

The Rockcastle County Development Board and Task Force Committees invite you to the presentation of the 2009 County Strategic Plan.

Presented at: Rockcastle Teaching and Learning Center  
250 Richmond Street, Mt. Vernon, KY

Thursday, May 14th

4:00 p.m. to 7:00 p.m.

Please join us to see renderings of new projects and review proposed strategies that will move our county forward.

Kathy Robinson, Development Board Chairman

Lynn Tatum, Project Coordinator

(606) 256-8007

## Going Out of Business

# SALE

Bishop's Sportsman's Store

Fridays and Saturdays

While Supplies Last

(Located on White Rock Road off 461)

## Lady Rockets go 4-3 in last 7 games

The RCHS Lady Rocket softball team is 4-3 in their last seven games, picking up wins over Somerset, Casey County and two wins over Bell County.

The Lady Rockets defeated Somerset last Wednesday evening, 4-2. Senior Mary Saylor was the winning pitcher and she also had one hit and scored a run.

Also picking up hits against Somerset were: Ashley Robinson, Katelyn Blair, Sasha Bullock, Chelsey Hensley, Alivia Bullock and Kaitlyn Cartwright.

The Lady Rockets lost to Pulaski County the next day 4-0.

The Lady Rockets had only four hits with Sasha Bullock picking up two of them and Robinson and Blair getting one hit each.

On Friday, the Lady Rockets traveled to Bell County, where they came away with two wins in a doubleheader

with the Lady Bobcats.

In game one, the Lady Rockets won 8-2. Hensley and Robinson had three hits each, and Blair, also the winning pitcher, got two. Sasha Bullock and Shelton had one hit each.

In the second game, the Lady Rockets won 5-2. Katie Cowan, Holly Ham and Saylor all had two hits each and Robinson, Alivia Bullock and Timber Shelton each had one hit. Saylor was the winning pitcher.

Monday night the Lady Rockets lost both games of a double header against South Laurel.

In game one the Lady Rockets lost 4-1. Robinson, Saylor, Hensley, Cowan, Ham and Shelton all had hits in the losing effort.

In game two, the Lady Rockets lost 11-2. Alivia Bullock, Cowan, Ham, Shelton,

(Cont. to A11)



Rocket shortstop John L. Saylor is shown slamming the game winning home run against Southwestern on Friday night. Saylor, who had three hits in the game and two RBI is hitting .407 on the season. The Rockets are scheduled to host Corbin on Thursday and Knox Central on Friday. They are currently 10-9 on the season.

## Baseball Rockets are 10-9, 3-2 in district

The RCHS Rocket baseball team is 10-9 on the season, after wins over Casey County, Southwestern and Perry Central and losses to Madison Central and Somerset.

Last Wednesday the Rockets defeated Casey County 10-0 in a road game.

Dustin Bullock, Dustin Reynolds and John L. Saylor combined to shut-out the Rebels in six innings.

Bullock, who is leading the Rockets in hitting with a .475 average, was two for two, both doubles and he scored two runs.

Logan Kincer had three hits, one a double, while Tanner Perkins and Justin Bryant, each had a double and a single.

Josh McKinney also had two hits and Grant Burdette picked up a single. All total the Rockets had 12 hits.

On Friday night, shortstop John L. Saylor had three hits, including a double and the game winning home run against visiting Southwestern, in the 5-4 win.

Bullock, Bryant, Riddle and Burdette each had singles. Perkins, Bryant and Matt Lunsford combined to hold Southwestern to nine hits.

Saturday morning the Rockets lost to Madison Central 16-7 for their eighth loss of the season.

Perkins led the Rockets in hitting with two home runs and a triple as he knocked in five of the Rocket's seven runs.

## Smith dominates Kentucky jumpers RCHS girls' track team compete at Louisville

The RCHS girls' track team participated in the Eastern Relays hosted by Louisville Eastern High School at the University of Louisville this past Saturday. Nearly 50 teams from four states and more than 1450 athletes were on hand for the competition.

RCHS finished an impressive 6th overall in Saturday's competition with several outstanding individual performances. With so much talent competing, only the elite athletes usually are able to score. As a result, the points are spread out among several teams. The RCHS girls had a few performances worthy of elite status and totaled 30.33 points. They were defeated by the meet winner from Illinois, the runner-up from Ohio, and three Class 3A schools. RCHS had little trouble with schools in Class 2A and defeated top-ranked Louisville Central by 12 points; however, Central appeared somewhat short-handed for the meet and did not compete in the relays which are their best events.

Junior Samantha Smith once again led RCHS with 21 total points and defeated every other Class 2A team with her impressive point total with the closest being Central with 18 points. With her outstanding performances, she proved to be the best long and triple jumper in the state at this point in the season. In triple jump, Samantha shattered her own RCHS record in the event for the second straight meet. With only three attempts in the competition, Samantha leaped an incredible RCHS record 36'11" on her second try. Minutes later, she added more to the record, leap-

ing an unbelievable 36'3.75". She placed 2nd overall and was defeated only by one of the top-ranked jumpers in Illinois.

Samantha also had a career best effort in the long jump competition. Amazingly, she finished 2nd overall with an awesome personal best effort of 17'8.25" which ranks her second on the all-time RCHS long jump list. Her second best effort was an impressive 17'6.5" which tied her previous personal best effort.

Samantha's great performances carried over to the 100-meter dash. Against a field of the best sprinters in the state, plus a few from out of state, Samantha held her own and finished 4th overall in a very impressive 12.9 seconds while running into a strong headwind.

She missed 2nd placed by only a tenth of a second. Samantha also ran very well against some strong competitors in the 200, finishing 8th overall with a great effort of 27.49 seconds.

8th grader Michaela Hunter had an impressive performance in the triple jump competition. She leaped a new career best 34'8.75" and finished 4th overall out of a very impressive field of competitors. Michaela placed 12th overall in long jump with an effort of 15'5". She also placed 7th in the 400-meter dash, scoring with a time of 1:02.49 and 13th in the 300-meter hurdles with a time of 51.47 seconds. Michaela's 400 and 300 hurdle races are back-to-back, which is a very difficult double to pull off since the events are so close together.

Sophomore Sara Hammond

Monday night against Somerset, Tanner Perkins pitched extremely well, but it wasn't enough as the Rockets lost, 4-3 in eight inning.

Perkins, who went the distance on the mound, struck out 19 Briarjumpers, gave up only five hits and hit a home run for the Rockets who fell to 10-9 on the season and 3-2 in district play.

The only other two Rockets to get hits were Bullock and Bryant, each with a single.

The Rockets are scheduled to host Corbin on Thursday (tonight) and Knox Central on Friday night. Game time for all Rocket and Lady Rocket home games is 5:30 p.m.



Lady Rocket freshman third baseman Kaitlyn Blair attempts to tag a Pulaski County player in her team's 4-0 loss last Thursday afternoon.



Rocket Ace Tanner Perkins goes to the plate in the Rocket's 5-4 win over Southwestern last Friday at the ROCK. On Monday night against Somerset, Perkins struck out 19 batters but the Rockets lost in extra innings, 4-3, falling to 3-2 in district play.



Lady Rocket freshman Holly Ham returns the ball to the infield last Thursday, when her team played Pulaski County in a district game at RCHS. The Lady Rockets lost to PC 4-0, but came back to beat Casey County on Tuesday night, 6-4, for a 3 and 2 district record.



Rocket head coach J.D. Bussell gives instructions to senior Jake Riddle at third base last Friday afternoon in the Rocket's game with Southwestern. Riddle, who is batting .320 on the season, was 1 for 2 and scored a run in the 5-4 win.

Email sports items to [mvsignal@windstream.net](mailto:mvsignal@windstream.net)



RCHS Senior shortstop Chelsey Hensley takes a cut in the Lady Rocket's district game with Pulaski County on Thursday. The Lady Rockets lost 4-0 and will travel to Somerset Thursday (today) to take on Somerset in another district game. The Lady Rockets are currently 3-2 in district play and do not play at home until next Tuesday, May 5th when they host McCreary Central.



On Tuesday, RCHS senior Jared Smith signed a Letter of Intent to play football at Union College in Barbourville this Fall. On hand for the signing were front row, from left: RCHS head football coach Scott Parkey, Smith, mother, Stephanie and first cousin, Jaelyn. Back row, from left: Rocket defensive coordinator Josh Martin, head assistant, Tony Saylor, senior player, Dustin Bullock and assistant coach Chris Bishop. In his senior year at RCHS, Smith had 233 yards on 31 carries, he caught 23 passes and scored six touchdowns. Defensively he had 69 tackles, 28 solos, two sacks, one fumble recovery and one interception. Smith, who scored 42 points for the Rockets his senior year, was named first team all-district.

(Cont. to A11)

## “Track”

(Cont. from A10)

scored in two events for RCHS. In the high jump competition, Sara finished an impressive 8th overall with a great effort of 4’8”. Sara also scored in the 400-meter dash despite a strong headwind that slowed her finish tremendously. She placed 8th overall with a time of 1:03.03. Sara finished 20th in discus as well with a throw of 69’9”. New to the event, Sara has thrown as far as 100’ in practice and should be a top contender for the state title by the end of May.

8th grader Amy Johnson scored for RCHS as well with a season’s best performance in the discus competition. Amy threw an incredible 85’10” and placed a very impressive 8th overall, while also defeating the number one ranked girl in the entire state. She has also established herself as a state favorite in the event with many throws of over 90’ in practice. Amy also placed 21st in shot put with a throw of 26’4”.

In the 100-meter dash, senior Katy Mattingly ran a great race and placed 19th overall with an effort of 13.7 seconds. Katy also finished 26th in the 200-meter dash with a time of 29.97 seconds. Katy will prove an important key to the success of RCHS going into the regional championships.

Senior Sarah McKinney came into the 100-meter hurdles as the second ranked competitor in the state, but has battled allergies the past few meets. Still struggling somewhat to regain her form, she finished 12th overall with a time of 18.0 seconds. Sarah will look to get healthy and back on track in the next few weeks as region approaches. 7th grader Alyssa Allen finished 30th in 19.8 seconds.

Sophomore Jessica Albright ran well in the 300-meter hurdles, finishing 14th overall with an effort of 52.66 seconds. Jessica continues to get better as her conditioning improves and should be ready to go in time for region.

Junior Laura Dollins competed in only one event for RCHS. In the 1600-meter run, she finished 25th overall in 5:56.2. Laura will be a major factor for RCHS down the stretch as she is their only distance competitor.

RCHS also ran hard in the relays, but didn’t place very well. The 400-meter relay team finished 17th in 55.01 seconds. The 800-meter relay team placed 22nd in 2:00 and the 1600-meter relay team finished 16th in 4:39.57.

The girls’ team competed at Mercer County this past Tuesday. Full individual and team results will appear in next week’s Signal, along with result of the Casey County Middle School Invitational.

Next Tuesday, May 5, RCHS will host the Rockcastle County High School Invitational. It will also be senior night for RCHS. Senior recognition festivities will begin at 5:30.



The 2009 Rockcastle County baseball season for all county youth leagues officially kicked off on Saturday at Thacker Field in Brodhead. During opening ceremonies, Rockcastle Judge-Executive Buzz Carloffis and magistrates Bill McKinney, Jan Stevens and Ralph Allen presented a check for \$5,000 on behalf of the Rockcastle Fiscal Court, to League President Mike Jones for equipment. Several players also took part in the check presentation and are shown above front row, from left: Wade Goode, Thomas Burdette, John Harris, Lucas Jones, David Gabbard, Chayse McClure, Zach Loudermilk, Hunter Rigsby, Peyton Saylor, Nick Dillingham and Lucas Gentry. Second row, from left: Nick Scott, Ryan Kirby, Isiah Scarborough, Noah Brown, Judge Carloffis, Kyle Gilbert, Timmy Baugh, Justice Masters, Caymen McClure, Grant Mosley and Noah Bolin. Back row, from left: Cody Brown, magistrate McKinney, magistrate Allen, President Jones, magistrate Stevens and Gage Reynolds. (Sports photos by: Kevin Canterbury).



The RCHS girls' track team finished 6th in the Louisville Eastern Relays this past Saturday. Nearly 50 teams from four states and over 1450 athletes participated. The girls' defeated every other team in Class 2A. Team members included, front from left: Bridget Pittman, Bryonna Cromer, Katy Mattingly, Samantha Smith and Michaela Hunter. Back row from left: Kira Deatherage, Alyssa Allen, Amy Johnson, Sara Hammond, Jessica Albright and Sarah McKinney. Not pictured: Laura Dollins.



Austin Hunt, son of Danny and Andrea Hunt of Richmond, and grandson of Sue French of Mt. Vernon, has become a valuable player for the Madison Central Indians baseball team. On Saturday, April 25th, three teams competed at Rockcastle County High School. The first game was Rockcastle vs. Madison Central and, during this game, Austin hit three home runs and had 8 RBIs, contributing heavily to his team's 16-7 win over Rockcastle. In the second game, Central defeated Perry Central and Hunt had a home run and two RBIs. The 17-year-old first baseman broke school records with four home runs and 10 RBIs in one day. During his freshman and sophomore years, Hunt had the highest batting average for the Indians. Austin, a junior, also plays football and, during the 2008 season, was injured and had shoulder surgery during the Christmas break. Several months of physical therapy followed and he was released the first of April, just in time to go to Florida with the baseball team. He was happy to be back on the baseball field and, you can definitely say, he is back on his game. Submitted

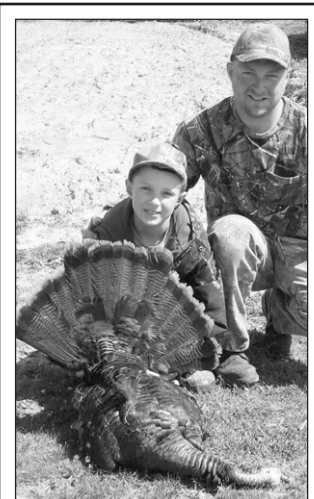


RCHS junior Samantha Smith led the girl's track team at the Eastern Relays this past Saturday with an impressive 21 total points. Samantha broke her own RCHS record in triple jump finishing 2nd with an amazing effort of 36'3.75" and placed 2nd in long jump with a career best leap of 17'8.25". Samantha was the top jumper from Ky. in the competition. She also finished 4th in the 100-meter dash and 8th in the 200. Samantha's point total surpassed that of every other team in Class 2A.

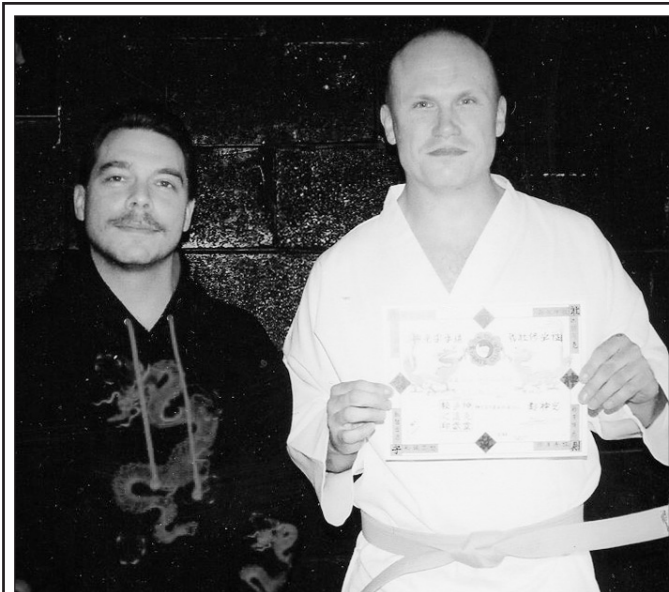


Logan Durham, 14, of Eastern Rockcastle Count, killed this 20 lb. gobbler, with a 9 3/4 inch beard and one inch spurs, on April 25th. This was his first turkey

Jadon Brock killed this 25 pound 3 oz. turkey on the family farm in Rockcastle County Saturday, April 25th. It had a 9" beard and 1" spurs.



Brent Lovell, 10, killed this Jake on Saturday April 11th while hunting with his Uncle Daniel Boone. Brent is the son of Billy and Marcella Lovell of Brodhead.



Dan Whitaker, at right, a student at the Mt. Vernon Shaolin Karate Club, tested March 16th before Master Eric Bullock, shown at left. Dan is shown here after passing his test from white belt to yellow belt and receiving his rank advancement certificate.

## “Softball”

(Cont. from A10)

Saylor and Hensley each had hits.

On Tuesday night, the Lady Rockets traveled to Casey County and came away with a 6-4 district win.

Robinson and Sasha Bullock had three hits each and Blair had two to lead the Lady Rockets in hitting. Hensley, Alivia Bullock, Cartwright, Cowan and Shelton all had one hit. Blair was the winning pitcher.

The Lady Rockets are scheduled to travel to Somerset on Thursday for their last district game of the season against the Lady Briarjumpers.

The Lady Rockets will not return home until next Tuesday when they host McCreary Central.

## Fish Fry • Lil's Place

Main St. • Livingston  
Saturday, May 2nd • Begins at 2 p.m.  
Everyone Welcome

Absolute Estate Auction of the late Mr. Cecil Roundtree's

**15 Acres m/l in Tracts and Brick House  
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## Gun & Knife Show

**May 2nd - 3rd**  
Saturday 9 to 5 • Sunday 9 to 4

**London  
London Optimist Club  
(383 Stinking Creek Road)**

**Buy • Sell • Trade**

**For info. (563) 927-8176**

# The Poynter sisters go to Washington

Submitted  
Rockcastle County students Anna Poynter, 6th grade

RCMS, and Laney Poynter, 5th grade RES recently returned from Washington, D.C.

where they participated in the People to People World Leadership Forum. They were there as international Ambassadors representing The United States, Kentucky, and Rockcastle Co. with other delegates from around the world. While in D.C. the Sisters met students from several other countries including The UK, South Africa, Germany, Korea, and Japan. The Sisters toured historical sites such as Jamestown, Williamsburg, Mt. Vernon, Gettysburg and Arlington. They toured memorials in D.C., such as the Vietnam Veterans Wall, WWII, Korean, Lincoln, and Jefferson Memorials. Other historical sites they visited were the White House, Capitol Building, Supreme Court and a host of museums. They also were able to visit a foreign land when they toured and dined at the Saudi Arabian Embassy. They learned about leadership and how great leaders throughout history have handled world events. There were various hands-on activities, professional speakers, and workshops. All this gave the Sisters a new perspective on

the importance and essential need for informed, passionate world leaders.

Anna and Laney say they can now see how hard work and determination in their school work and as good citizens not only impacts your life in the future, but has some pretty cool rewards now as well. Laney described walking her way up the steps into the Lincoln Memorial as "a dream-come-true"! Her dad recalls a tear in her eye as she neared the famous statue memorializing our nation's 16th President. Anna recounts that as she reads and studies our nation's history; she will have a new perspective after tracing the steps that the history actually took.

The sisters want to say a huge thank you and express a debt of gratitude to a host of businesses and individuals in the community, as if it were not for them this once in a lifetime opportunity could not have happened. They look forward to the continued opportunity of being good student leaders and representatives of a community that they feel very blessed to be a part of.



Regina Rice won 4th place in the Community Service Project at the recent Kentucky FBLA Conference.



Regina Rice, Nicole McFerron, and Meighan McCoy after the award program at the FBLA Conference.



Anna and Laney Poynter in front of the Lincoln Memorial.



The Poynter sisters, Anna and Laney visited the nation's capitol. Above, the sisters stand in front of the White House.

## Mt. Vernon Message

### School News

CATS Testing begins Monday, May 4 and goes through Friday, May 15. The testing schedule is as follows:

3rd Grade—Tuesday, May 5; Wednesday, May 6; Thursday, May 7; Monday, May 11; Tuesday, May 12 and Wednesday, May 13.

4th Grade—Monday, May 4; Tuesday, May 5; Thursday, May 7; Friday, May 8; Monday, May 11; Wednesday, May 13 and Thursday, May 14.

5th Grade—Monday, May 4; Tuesday, May 5; Wednesday, May 6; Thursday, May 7; Monday, May 11; Tuesday, May 12 and Thursday, May 14.

MVES SBDM will meet on May 4 at 4:00.

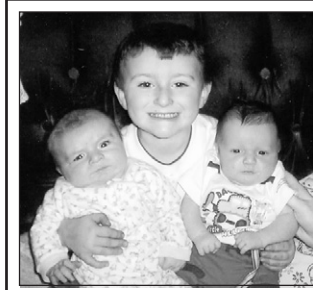
Project Wisdom Readers for last week were:

Monday: Dixie Hammond  
Tuesday: Devon Mullins  
Wednesday: Jesse Rodefer  
Thursday: Caitlyn Newcomb  
Friday: Shelley Parkerson, teacher, was our mystery reader.

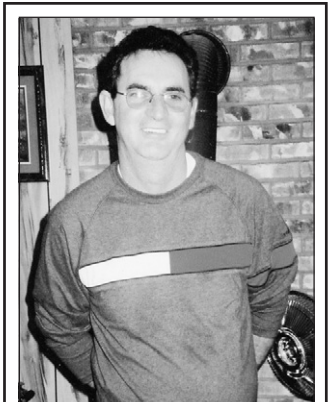
There will be a PTG sponsored dance on Thursday, April 30 for 3rd – 5th grades. The dance will begin at 3:15 and end at 4:15.

### FRC News

FRC Adult Computer classes are each Monday from 6:00 until 8:00.



Andrew Powell is proud and excited to welcome his new baby brother, Colson Randall Powell and his new baby cousin, Stephen Coleman Younger Powell into the family. Andrew and Colson are the sons of Ralph and Brittney Powell and the grandsons of Ralph and Lyla Bell Mullins Powell, Kim Reynolds and the late Randall Reynolds. Cole is the son of Stephen and Jamie Powell and the grandson of Ralph and Lyla Bell Mullins Powell and Sylvia Sue Cook, Larry Cook and the late J.B. Alexander.



Happy 54th Birthday  
Danny Clark  
On May 10th  
We love and miss you.  
Your Family  
May God make it a happy one.



The RCHS Agriculture Greenhouse is again open for business. The Horticulture classes have been working hard to get this years plants ready to sale. Dustin Reynolds, Alexis Brown and T.J. Singleton are shown above with just a sampling of the bedding and vegetable plants available. Hanging Baskets are also available. The greenhouse is open Mon-Fri. from 1:30 – 4 p.m. and Saturday May 2nd and May 9th from 9 a.m. to 12 noon. There are a variety vegetables such as tomatoes, cabbage, cauliflower and peppers. There is also a variety of bedding plants such as impatiens, petunias, geraniums, marigolds, etc.



Guess who will be 52 May 1, 2009!  
I love her very much

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**ADVERTISEMENT FOR BIDS**

Separate sealed bids for Contract #3 Access Road Paving, for the Rockcastle County Industrial Development Authority, will be received by Corey Craig, Chairman, until 2:00 p.m. local time on May 7, 2009 at the Rockcastle County Courthouse, Third Floor, 205 East Main Street, Mt. Vernon, Kentucky 40456, and will be publicly opened and read aloud.

The work consists of paving the access road for the Rockcastle Industrial Park South access road.

The Contract Documents may be reviewed at the following locations:

Rockcastle County Courthouse, Judge/Executive's Office, 205 E. Main St., Mt. Vernon, Kentucky

MSE of Kentucky, Inc., 624 Wellington Way, Lexington, Kentucky

ABC, 2020 Liberty Road, Building A, Suite 110, Lexington, Kentucky

Builders Exchange, 225 Walton Avenue, Suite 100, Lexington, Kentucky

F W Dodge/AGC of Kentucky, 950 Contract St., Suite 100A, Lexington, Kentucky

Copies of the Contract Documents may be obtained at the office of Lynn Imaging, 328 Old Vine Street, Lexington, Kentucky 40507 (859) 226-5850 upon receipt of a nonrefundable printing and shipping charge of \$50.

The Owner reserves the right to waive any informalities or to reject any or all bids.

Each bidder must deposit with his bid, security in the amount, form, and subject to the conditions provided in the Information for Bidders. This project is subject to the Commonwealth of Kentucky Prevailing Wage Rates.

No Bidder may withdraw his bid for a period of thirty days after the actual date of the opening thereof.

Award will be made to the lowest responsive, responsible bidder.

**ADVERTISEMENT FOR BIDS**

Separate sealed bids for the construction of Contract 2: Water and Sanitary Sewer Line Extensions for the Rockcastle County Industrial Development Authority, will be received by Corey Craig, Chairman, until 2:30 p.m. local time on May 7, 2009 at the Rockcastle County Courthouse, Third Floor, 205 East Main Street, Mt. Vernon, Kentucky 40456, and will be publicly opened and read aloud.

The work of Contract 2 consists of water line, sanitary sewer line and electric conduit construction for the Rockcastle Industrial Park South.

The Contract Documents may be reviewed at the following locations:

Rockcastle County Courthouse, Judge/Executive's Office, 205 E. Main St., Mt. Vernon, Kentucky

MSE of Kentucky, Inc., 624 Wellington Way, Lexington, Kentucky

ABC, 2020 Liberty Road, Building A, Suite 110, Lexington, Kentucky

Builders Exchange, 2300 Meadow Drive, Louisville, Kentucky

Builders Exchange, 225 Walton Avenue, Suite 100, Lexington, Kentucky

F W Dodge/AGC of Kentucky, 950 Contract St., Suite 100A, Lexington, Kentucky

Copies of the Contract Documents may be obtained at the office of Lynn Imaging, 328 Old Vine Street, Lexington, Kentucky 40507 (859) 226-5850 upon receipt of a nonrefundable printing and shipping charge of \$150.

Project is partially funded by the Economic Development Administration, U.S. Department of Commerce. EDA Project Number 04-01-73001.

Attention of Bidders is particularly called to the requirements for conditions of employment to be observed and minimum wage rates to be paid under the awarded contract. Bidders must comply with Notice of Requirements for Affirmative Action to Ensure Equal Employment Opportunity (Executive Order 11246 and 41 CFR Part 60-4) as set forth in Contract Documents. Minority Entities are encouraged to bid.

The Owner reserves the right to waive any informalities or to reject any or all bids.

Each bidder must deposit with his bid, security in the amount, form, and subject to the conditions provided in the Information for Bidders. This project is subject to the Commonwealth of Kentucky Prevailing Wage Rates.

No Bidder may withdraw his bid for a period of thirty days after the actual date of the opening thereof.

Award will be made to the lowest responsive, responsible bidder.

# Eagle Echoes

## Student News

Congratulations to Jackson Cromer who won 1st place in the Rockcastle Co. Conservation Art/ Essay contest!

Meteorologist Bill Meck, from WLEX Channel 18, visited Roundstone Ele. and connected to P2 students weather unit. Bill Meck has been visiting the P2 students at Roundstone for about 12 years, and the students (& teachers) learn many interesting things about weather each time he visits. P2 students have also been learning how to play the guitar in music and serenaded their teachers last week to share their newfound skill.

Fourth grade students have been busy this year learning many different science concepts. Ms. Betty Lewis, Conservation Education Program Leader from the Kentucky Fish and Wildlife, collaborated with the Roundstone 4th grade teachers to enhance their science units. The students and teachers have learned many interesting things about wildlife, conservation, and the environment through Ms. Lewis' visits.

Fifth grade students would like to thank Ms. Hazel Jackson and Ms. Janice Hager for helping them complete their quilt square. The quilt square entitled "Corn and Beans" will hang proudly on Ms. Pauline Ramsey's barn on Clear Creek Road in the Roundstone School community.

## Eagle's Nest Yard Sale

The Eagle's Nest Parent Group will hold the spring yard sale & bake sale on Saturday, May 2 from 8 a.m.-2 p.m. in the school's cafeteria. The money earned from the yard sale will be used toward purchasing playground equipment.

## General Mills Box Tops

We are still collecting box tops! Each box top coupon is worth 10 cents for your school. A list of the different products that contain box tops were sent home on the back of April's newsletter along with a picture of what the coupons look like. Students can bring box tops to school and vote for the staff member that they would like to receive a "pie in the face." The staff member with the most votes

(box tops) in the box will get a pie in the face at the Family Reading and Fun Night (date to be announced). Voting began on Monday, April 27 & will extend through Friday, May 15. Please be sure to ask family & church members to save their box tops as well!

## Book Fair

The dates for the spring Book Fair will be Friday, May 15 through Friday, May 22. The theme for the spring book fair will be Lights! Camera! Book Fair! Reading Makes You a Star! More information about Book Fair and Family Reading and Fun Night will be sent home with students at a later date.

## Upcoming Events

May 4-15—Testing Window  
May 19—Council Meeting  
May 15-22—Scholastic Book Fair

May 21—Movin' to the Middle (RCMS) 6 p.m.  
June 10—Camp Rock (RCMS) Tips for Test Success

Have confidence, tell yourself, "I'm smart and I can do it!"  
Get a good night's sleep before the test.

Eat a healthy breakfast on test day.  
Get to school on time.

Follow test directions and read the questions carefully.  
Take a few deep breaths if you feel stressed.

Check your answers when you're done, if there's time.

## Open House at Great Saltpetre

Open House will be held at Great Saltpetre Cave on Saturday, May 16th and Sunday, May 17th, from 10 a.m. to 4 p.m. both days.

During the week end there will be free cave tours and food.

From I-75 take Exit 59 (Mt. Vernon/Livingston). Go east on U.S. 25 and turn left on Hwy. 1004. Continue on 1004 until it comes to a "T" (at tracks), turn right and continue to Great Saltpetre Preserve.

For more information, go to Rockcastle Karst Conservancy website www.rkci.org.



Roundstone 5th grade students painting a quilt block.



Ms. Janice Hager working with 5th grade students on quilt block "Corn & Beans."

## "Inventors"

(Cont. from front)

14th meeting will be Peter Hackbert of Berea College. He will be speaking on a "One Page Business Plan" and will be available for consultation and discussion after the meeting concludes. There will be a question/answer session to follow.

So far, 13 meetings have been held in Laurel, Lincoln, Pulaski and Rockcastle counties, covering such topics as turning out an idea into three dimensional reality, how an e-commerce site can produce revenue and prototyping stages.

Through these meetings, inventors have an opportunity to share their experience and to set up working meetings with prototypers and other resource persons which help them realistically to assess their capacity and to develop their products.

"SKIIC is proud to share this information with start up inventors and entrepreneurs and would like to support them for having the vision, courage and determination to develop their concept all the way through to the finished product," said SKIIC President Ray Marshall, who is also the Manufacturing Coordinator at PD3.

Overall, the SKIIC network serves as a positive example for inventors to improve the quality of their products and to expand their markets through outsourcing.

For more information contact Marshall at 256-0962

## Wildflower Photography Day at Camp Wildcat

On Saturday, May 9th, the Appalachian Photographic Society, along with the Camp Wildcat Preservation Foundation, is hosting a wildflower walk. This includes wildflower identification, along with photographic opportunities, at the Camp Wildcat Battlefield on top of Wildcat Mountain.

The Battlefield contains many wildflowers, as well as many other natural features. As wildflowers are identified, members of the Appalachian Photographic Society will be available to advise people on how to best photograph the flowers. A cash prize will be given for first, second and third place, as determined by a panel of three judges.

The battlefield is located about 10 miles north of London off U.S. 25, via the Hazel Patch Road or off I-75 at Exit 49, follow the signs. For more information, call Maxine Cass at 606-864-9776.

## "Guilty"

(Cont. from front)

Burdette sentenced her to a three year pre-trial diversion.

If Shackleford avoids any other criminal charges, the theft by unlawful taking charges against her will be completely wiped from the record.

Also last Wednesday, Carrie Bengé, 31, Mt. Vernon, pled guilty to Facilitation to Manufacture Methamphetamines.

Bengé was one of four people arrested on March 29th, after police found a working Meth Lab inside a trailer on McHargue Branch Road.

At the time of her arrest, Bengé was charged with manufacturing meth, wanton endangerment and endangering the welfare of a minor.

When Bengé, 36-year-old Merrill Brown, Amy Vaughn, 31 and Roger Vaughn, 50 were arrested, three children were inside the trailer.

On Bartley's recommendation, Judge Burdette sentenced Bengé to five years in prison. Brown, Amy Vaughn and Roger Vaughn, who were all charged with the same crimes as Bengé, are still being held in the Rockcastle Detention Center. Bartley said their cases would be presented to the Rockcastle Grand Jury.

Lori Palmer, 23, Berea, pled guilty to Receiving Stolen Property, over \$300 and was sentenced to one year in prison.

However, Palmer faces numerous charges in Madison, Jackson and Fayette Counties. At the time of her arrest by Rockcastle Sheriff Mike Peters on April 13th, Palmer had already been charged with burglarly, possession of marijuana, possession of a controlled substance, shoplifting, receiving stolen property and being a persistent felony offender. Bartley said Palmer would now face her charges in the other counties, where she will likely receive much harsher sentences on top of the sentence in Rockcastle.

Also, on the docket last Wednesday was Jason Wheeler, 19, Brodhead, who entered into a pre-trial diversion agreement for two years after he pled guilty to Theft by Unlawful Taking.

According to Bartley, Wheeler turned himself in on April 14th and admitted to stealing items from the office at Livingston Manor Apartments.

Bartley said if Wheeler violates his conditional release from jail he will have to serve the entire two years of his sentence.

According to Bartley, during the first four month period of the Rocket Docket program, 21 defendants have resolved their cases with the expediated process.

"Based upon the costs of housing a county prisoner at \$25

a day, and assuming the 245 days it normally takes to process a defendant who is sent to prison, and the 90 days it might take to facilitate a probated sentence, the costs saved for the Rockcastle Detention Center have been significant already," Bartley said.

"In fact, it is estimated that under Judge Burdette's Division of the Rocket Docket, the county prisoners would have cost the county an additional \$79,625.00, were it not for the implementation of the program."

"According to the figures that the Department of Corrections now uses, they estimate one day on the county rolls costs the county \$30, instead of the \$25 we are currently calculating, so the estimated savings might actually be higher," Bartley said.

"Through a cooperation of the Fiscal Court, Judges Katie Wood, Scott Lawless, Burdette and David Tapp, Jailer James Miller and Circuit Clerk Teresa Vanzant's office, we are able to get cases resolved much quicker which equates to savings for Rockcastle County. We wanted to pilot the program in Rockcastle County. The feedback has been tremendous. In fact, officials from both Pulaski and Lincoln Counties have requested that we implement this program in the rest of the 28th Circuit," said Commonwealth Attorney Montgomery.

Montgomery expressed his gratitude to all the officials who participate in the program. He added, "Judge Burdette's latest docket illustrates the streamlining of the judicial process. Normally, these cases would have taken at least sixty days to make their way through District Court to the Grand Jury. Then the cases would make their way through Circuit Court. Although Rockcastle County already had one of the fastest Circuit dockets, and one of the most efficient jails in the state, the built-in delay from District to Circuit Court is what we are avoiding through this program," Montgomery added.

## "Sentenced"

(Cont. from front)

trolled Substances. The case was investigated by the Mt. Vernon Police Department. Judge Tapp imposed a one year sentence.

Steven Moore, 27, Brodhead, pled guilty to Second Degree Trafficking in a Controlled Substances. Judge Tapp imposed a two year sentence.

Medena Stamper, 27, Mt. Vernon, stipulated to having violated her probation. According to Bartley, Stamper received an Assault, Fourth Degree conviction while on probation. She was originally granted probation on charges of Complicity to Receiving Stolen Property. Judge Tapp imposed a two year sentence.



Jackson Cromer won 1st place in the Rockcastle County Conservation Art Contest.



Meteorologist Bill Meck working with Roundstone P2 students on weather unit.

## Yard Sale

Saturday, 9 to ? Maple St. Brodhead  
Boys clothes up to 12 mos. Girls 12 to 14 mos.  
Name brand women clothes

## "WHAT IS WRITTEN"

In Col. 1:15-18 we read, "Who is the image of the invisible God, the firstborn of every creature: For by him were all things created, that are in heaven, and that are in earth, visible and invisible, whether they be thrones, or dominions, or principalities, or powers: all things were created by him, and for him: And he is before all things, and by him all things consist. And he is the head of the body, the church: who is the beginning, the firstborn from the dead; that in all things he might have the preeminence."

Paul is affirming the preeminence, supremacy of Jesus Christ in our text. He shows his preeminence in relation to the Father, for he is the image of the invisible God. He shows his supremacy in relation to the physical creation, for he made all things, and sustains the universe. Paul shows the superiority in relation to spiritual creation, for he is the head of body the church. He is the beginning, author of salvation & our faith, Heb.5:9, 12:2. And Jesus is the firstborn from the dead, which is the assurance that we will be raised from the dead, 1 Cor.15:20-23. Now have you bowed your knee to the preeminent Son of God? Jesus loves you and wants to save you! You must be respond in humble submission, by believing & obey the gospel message, Ac.2:36-41.

Providence church of Christ - 758-8524

E-mail: Dan.McKibben@Juno.com

Web Site: www.WhatSaithTheScriptures.com

Time of Services: Sunday 10am Bible Study, Worship 10:40 & 6:00pm; Wed. 7:00pm. Radio program, Sun.8am, 1460 AM

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Quail Area of Rockcastle County on Rich Farm Road (formerly John Cash Road)

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## Special Spring Flower Sale

May 1 1 PM

Selling Lots of hanging Baskets— Flats of flowers and plants— Large patio planters of various flowers and plants— 3 gal patio planters with Tomatoes Plants— Trees and shrubs.

This will be a large sale selling 2 rings, so bring a friend. Also selling lots of baked goods, eggs, various fruits and vegetables, and some shipped in produce items.

## Everyone Welcome

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Front row from left: stylist Sherry Cox, owner/stylist Bootsie Shepherd, stylist Karen Durham. Second row from left: stylist Courtney Hansel, stylist Brandi Lee, stylist Christina Martin, receptionist Rachel Wright. Back row from left: barber/stylist Mark Cathers, massage therapist Jessica Bowling and receptionist Brandy Scalf.

Call for your appointment today  
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Walk-Ins Welcome



We would like to make welcome our newest cosmetologist Christina Martin Christina graduated from Laurel Tech College in 2000 and has over 9 years experience

## “Zoning”

(Cont. from front)

ernment having more and more control and he thought any major issue, such as planning and zoning, should be put on the ballot and let the majority rule.

Fellow mail carrier Mike Burdette of Brindle Ridge and his father, Amos, also voiced their opposition. Mike Burdette, who is also a member of the local school board, said he had never seen anything good come out of more government control.

Ivy Tincher told the group that she lived on 30 acres near Livingston and that she did not want anyone telling her what to do with her property.

Judy Brock Baker told the group that she could see Lincoln County from her house and that she was glad she was south of the line.

Lincoln County has recently implemented county-wide planning and zoning and Baker said she had not talked to one person from Lincoln County, who thought it was a good idea.

Baker said one Lincoln County resident told her they had been “permitted to death” since the implementation of planning and zoning. “More government control is not the answer in this county - what my neighbor does with their property is their own business,” Baker said.

Some of those at Tuesday’s meeting said they were in favor of planning and zoning if it were done correctly.

Builder Paul Rice said he has lived in Rockcastle County all of his life and that in the last 40 years the county had not prospered.

Rice said the county needed to plan for the future of its children and grandchildren and work to make the quality of life better in the county.

Rice said there were no decent jobs in the county, which would keep many from moving out of the county to other locations and that everyone should want the best for the county.

Rice said that at least there should be some type of build-

ing inspector in the county to inspect homes under construction, not just electrical and plumbing inspectors.

Mt. Vernon councilman Don Jones said there should be “proper planning” and officials should get it right.

Pastor Bob Fields told the group that they should be more concerned about planning for the future of the county, because he says people are going to come to the county and officials should be ready. Fields said everyone should work to preserve the beauty in the county and not abuse the land.

Fields, who is a tree farmer, said folks should “look to the positive” and not be so divisive.

However, before Fields spoke, local farmer and photographer Doug Brock, said the majority of the people in the county do not want planning and zoning and asked for a show of hands as to who was against it on Tuesday night. The majority of the 30 people at the meeting raised their hands.

Brock, who became emotional while making his comments said “we do not want the government to regulate us off our property.”

Before the meeting ended, Brock and others formed a committee which will work to see that planning and zoning in Rockcastle does not take place.

Several people signed a petition and a temporary executive committee was formed.

Brock said after the meeting that the group would be called Rockcastle Countians for a Better Government and their first meeting would be scheduled very soon.

Third district magistrate Bill McKinney, who was at Tuesday’s meeting, said he could not remember if the subject of planning and zoning had been brought before the court.

Although residents at Tuesday night’s meeting called for a public vote on the issue, according to KRS 100, planning and zoning must be implemented by a fiscal court, city council or both and is not an issue that that could be placed on the ballot.

Task Force member Everett Harper did remind those in attendance that although he wasn’t sure if the matter could be put on the ballot, voters could voice their opinion by who they voted in for public office.

Many of those in attendance said they would make every effort to let government officials know exactly how they felt about the managed Land Use plan for the county.

Following Tuesday’s meeting, Rockcastle Judge-Executive Buzz Carloftis was asked for a comment and he released the following statement:

“Land use planning has never been brought before the fiscal court as a matter for action by the magistrates or by me, as county judge-executive. The meetings held by the private, non-profit organization Rockcastle Development Board Inc., are for the purpose of updating the community’s long-range strategic plan. The meetings have covered everything from land use and health care to tourism and recreation. The meetings are not a part of the fiscal court or county government, and the members on the committees are made up of citizens interested in the long-range development of the county, and their findings and suggestions are not official actions. This is where most people are confused.”

Reynolds told the group that no other meetings were scheduled by his committee to discuss land use but that a meeting had been scheduled for Thursday May 14th at which time the Task Force Committees of the Development Board would present the 2009 Strategic Plan to the public.

The presentation will take place from 4 to 7 p.m. at the Teaching and Learning Center across from the Rockcastle County Board of Education on Richmond Street in Mt. Vernon.

## “R.A.I.N.”

(Cont. from front)

develop a K-12 pet care curriculum. Looking forward to hearing from you!

## “Wreck”

(Cont. from front)

headed back toward Livingston.

Barron said two LifeNet helicopters were landed in a pasture near Robinson Cemetery about 25 minutes after rescue workers arrived. Both victims were flown to the U.K. Medical Center in Lexington.

Barron said both victims were semi-conscious when rescue workers arrived, but were unable to say what caused the wreck.

Besides Livingston firefighters, members of the Mt. Vernon Fire and Rescue Squad and EMTs helped carry the victims up the 30 foot bank, so they could be treated and transported.

Police said alcohol could have been a factor in the accident and neither victim was wearing a seat belt.

## “Prayer”

(Cont. from front)

gelist.

Everyone in Rockcastle County is invited to attend.

The 2009 Prayer for our National, by Beth Moore, honorary chairman, is printed below:

*Father in Heaven  
We lift our eyes toward Your  
Throne, where You reign in  
righteousness.*

*Your Word assures us that when  
Your people cry out in sincerity  
and humility, You will never  
turn a deaf ear to us.*

*We call upon You now, seeking  
Your forgiveness and favor.  
Look over this fevered landscape  
and heal us, Lord.*

*Drop knees to the floor and  
raise eyes to the sky, for we  
know where our help comes  
from.*

*Unite these states again in  
devotion to You, and blur every  
dividing line.*

*Do not give us over to our  
sins. Give us, instead, over  
to passionate prayer that  
moves Your heart.*

*“May your unending love rest  
upon us, O Lord, even as we  
put our help in You.”*

*In the name of our Lord and  
Savior, Jesus Christ,  
Amen*

Lunch will be provided by

the Rockcastle Kiwanis Club in the courthouse.

For more information, call Wayne Harding, pastor of Maretburg Baptist Church, Prayer Coordinator, 256-5278.

## “Charges”

(Cont. from front)

Friday morning.

Peters said Thompson hit Rucker’s house as he tried to drive through the yard. Peters said the Focus got stuck in a ditch close to Rucker’s house and that Thompson left the Ford Focus and went to the home of Johnny Loudermilk, where he stole a 1988 Toyota pick-up.

Peters said Loudermilk told him he was awakened by the commotion in the area and that he saw Thompson hit his son’s motorcycle as he drove out of his driveway in the pick-up.

The Sheriff said Loudermilk chased Thompson down White Rock Road and Hwy. 461 in his 2002 Blazer and attempted to get in front of Thompson on several occasions.

Peters said that about two miles into Pulaski County, Thompson locked up the truck and turned into Loudermilk’s path, causing an accident.

Peters said Thompson went to a house nearby and called police. “He basically turned himself in,” Peters said. Police

found the keys to the Ford Focus in the truck seat after they arrived at the scene.

Both of Loudermilk’s vehicles had to be towed from the scene.

Thompson was charged with receiving stolen property, criminal mischief, wanton endangerment, first and second degree, leaving the scene of an accident and theft by unlawful taking.

Thompson was lodged in the Pulaski County Detention Center and will be transferred to Rockcastle on Monday for his arraignment in District Court.

## “Tax Bills”

(Cont. from front)

The Sheriff’s clerk said she was recording the date when she received each bid on delinquent tax bills and whomever bid first would get the tax bill. Bullen said different individuals and companies had expressed interest in the same delinquent tax bills.

The delinquent tax bills will be put up for sale on the Rockcastle County Courthouse steps by the Sheriff’s office, under the direction of the State Revenue Cabinet, at 10 a.m. next Thursday. Bullen said her office would not accept any payments on delinquent tax bills before the sale on Thurs-

day morning.

When a delinquent tax bill is sold, the purchaser of the tax bill will be issued a Certificate of Delinquency which represents a lien upon the real estate described on the face of the tax bill.

Those Certificates of Delinquency will be filed in the county clerk’s office and interest at the rate of 12% per annum will accrue upon the certificate from the date of issuance, plus other fees put on by the company or individuals who purchase the tax bills.

Bullen said that in some cases property owners had had to pay more than \$900 extra to get the lien on their property released by the company or individual who had bought their tax bill.

Bullen said taxpayers in the county this year had paid the majority of the property tax bills and only about \$12,000 in property tax bills remain unpaid.

Delinquent tax bills that are not sold on Thursday will be turned over to County Clerk Norma Houk’s office, where companies and individuals will still have the opportunity to buy the tax bills, if the property owner does not.

*Subscribe to  
the Signal*



A Jackson County couple was seriously injured after they wrecked their 1992 Toyota on Upper River Road (Hwy. 89) about a mile from the Horse Lick Road bridge sometime last Saturday morning. Both victims had to be airlifted to the U.K. Medical Center.



R.A.I.N. President Amanda Chism plays with a 3-year-old, Akita, which is looking for a “forever” home. Kamakai has suffered from Rickets a calcium deficiency, which caused him to suffer two broken ankles, because his bones couldn’t keep up with his growth. His ankles are healed now and he is up for adoption.



Lucky is a one-year-old Bassett Hound Mix, rescued from the Rockcastle Animal Shelter on Monday. The dog was given the name Lucky because she was the only dog left in the shelter after 48 dogs and four cats were euthanized last week. She is also being held at the R.A.I.N. Foster Farm.

# Mount Vernon Signal

Second Section

Thursday, April 30, 2009



Two athletes with the CAKY Somerset Eagles are shown with Kentucky State Trooper Ryan Loudermilk, center, as he carries the torch in the opening lap for the Area 6 Spring Games at the middle school on Saturday. The two Eagles helped Loudermilk officially begin the games. The Area 6 Spring Games was one of nine regional track and field events held statewide this year, where more than 1,500 athletes with intellectual disabilities participated. Each participant in the regional Spring Games will now move on to the Special Olympics Kentucky State Summer Games to be held June 5-7 at Eastern Kentucky University.

## Area 6 Special Olympics held at RCMS last Saturday



Rockcastle County High School football players Cole Abney, center, and Ben Lake, right, helped a participant from Links of KY in Somerset, during Saturday's Area 6 Special Olympics. Over 200 athletes competed in 26 track and field events. Approximately 150 volunteers helped with the games.

## Understanding Swine Influenza

To date, the Kentucky Department for Public Health (KDPH) has not identified any cases of swine flu here in Kentucky. However, it is a good time to educate yourself on swine flu. Here is some information from the U.S. Centers for Disease Control and Prevention (CDC) to help you better understand.

What is swine flu? Swine Influenza (swine flu) is a res-

piratory disease of pigs caused by type A influenza viruses that causes regular outbreaks in pigs. People do not normally get swine flu, but human infections can and do happen. Swine flu viruses have been reported to spread from person-to-person, but in the past, this transmission was limited and not sustained beyond three people.

Is this swine flu virus contagious? CDC has determined

that this swine influenza virus is contagious and is spreading from human to human. However, at this time, it not known how easily the virus spreads between people.

What are the signs and symptoms of swine flu in people? The symptoms of swine flu in people are similar to the symptoms of regular human flu and include fever, cough, sore throat, body aches,

headache, chills and fatigue. Some people have reported diarrhea and vomiting associated with swine flu. In the past, severe illness (pneumonia and respiratory failure) and deaths have been reported with swine flu infection in people. Like seasonal flu, swine flu may cause a worsening of underlying chronic medical conditions.

How does swine flu spread? Spread of this swine influenza virus is thought to be happening in the same way that seasonal flu spreads. Flu viruses are spread mainly from person to person through coughing or sneezing of people with influenza. Sometimes people may become infected by touching something with flu viruses on it and then touching their mouth or nose.

What should I do to keep from getting the flu? First and most important: wash your hands. Try to stay in good general health. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food. Try not touch surfaces that may be contaminated with the flu virus. Avoid close contact with people who are sick.

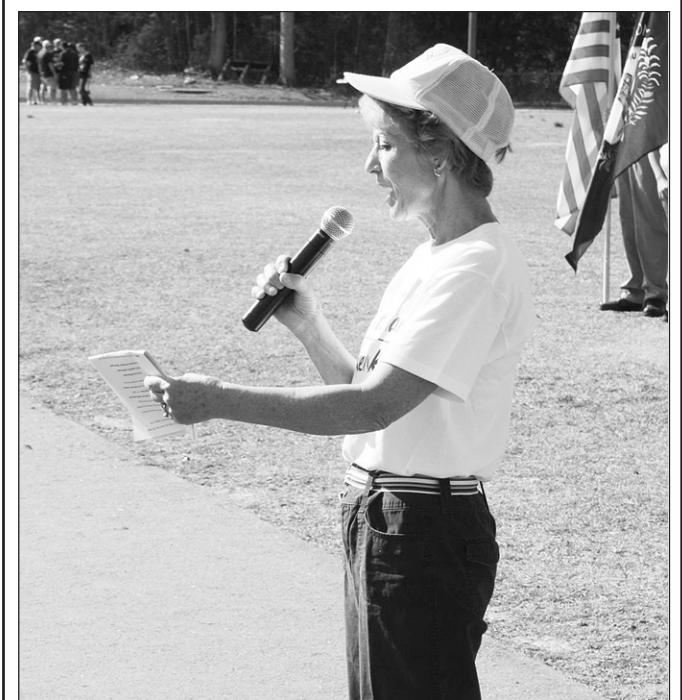
Are there medicines to treat swine flu? Yes. CDC recommends the use of oseltamivir or zanamivir for the treatment and/or prevention of infection with these swine influenza viruses. Antiviral drugs are prescription medicines (pills, liquid or an inhaler) that fight against the flu by keeping flu viruses from reproducing in your body. If you get sick, antiviral drugs can make your illness milder and make you feel better faster. They may also prevent serious flu complications. For treatment, antiviral drugs work best if started soon after getting sick (within 2 days of symptoms).

How long can an infected person spread swine flu to others? People with swine influenza virus infection should be considered potentially contagious as long as they are symptomatic and possible for up to 7 days following illness onset. Children, especially younger children, might potentially be contagious for longer periods.

What can I do to protect myself from getting sick? There is no vaccine available right now to protect against swine flu. There are everyday actions that can help prevent the spread of germs that cause respiratory illnesses like influenza. Take these everyday steps to protect your health:

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tis-

(Cont. to B3)



Mt. Vernon Mayor Clarice Kirby gave opening announcements to signal the beginning of the Area 6 Spring Games for Special Olympics, which was held at RCMS on Saturday morning. (Photos by: Kevin Canterbury).



Northside Baptist Church Pastor Chad Burdette gave the opening prayer for the Area 6 Special Olympics, which were held at the Rockcastle Middle School on Saturday. The Area 6 Spring Games was one of nine regional track and field meets held statewide this year.



32-year-old Lori Damrell, of Ottawa, and her 12-year-old passenger, Jennifer Winburn of Berea, escaped serious injury Monday morning, when the above '99 Dodge Caravan collided with an oncoming vehicle near the Brindle Ridge Fire Department on North Wilderness Road around 8:20 a.m. Rockcastle Sheriff Mike Peters said, Andrew Thomas, 19, of Copper Creek Hill Road, lost control of his 1997 Chevy Blazer and veered into Damrell's path, as he headed south on North Wilderness. Damrell and Winburn were taken to St. Joe Berea, where they were treated for their injuries. Thomas was not injured. (Photos by: Richard Anderkin)

## Two accidents in Northern end of the county.....



David Mink, of Town and Country Chevron, looks at the damage to a Lincoln Continental which was wrecked around 10 a.m. Sunday morning on Scaffold Cane Road. Police said Willie Willis, 76, of Berea, was traveling north on Scaffold Cane Road, when he left the roadway and dropped into a small creek. Police said when the front of the car went into the creek, it completely flipped the vehicle over on its top. Willis was taken to St. Joe Berea, by Rockcastle EMS, where he was treated and released.

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**In the Red Barn at Renfro Valley**  
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 May 11th - Harvest Time Band      May 25th - Straight Creek  
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 (Sorry, No Pets)  
**Featuring: Lois's Home Cooked Concessions**  
**Bluegrass on Tuesday Nights**  
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# News from the Rockcastle Courthouse

## Circuit Civil Suits

Beneficial Kentucky, Inc. vs. Don Whitaker, et al, \$60,087.87 plus claimed due.  
 Citimortgage, Inc. vs. Stephen Howerton, et al, \$79,135.02 plus claimed due.  
 Daniel Forbes and Rissie Grace Forbes, joint petition for dissolution of marriage.  
 U.S. Bank vs. James E. Kelty, et al, \$52,983.93 plus claimed due.  
 Ricky Taylor vs. Donna Taylor, petition for dissolution of marriage.  
 The Bank of New York Mellon vs. Johnathan Payne, et al, \$39,804.09 plus claimed due. CI-00104.

## District Civil Suits

Roger McGuire vs. Halona Wynn, forcible detainer complaint.  
 Timothy Bullock vs. Frank Hardwick, et al, forcible detainer complaint.  
 Capital One Bank vs. Shawn C. Osborne, \$1,090.88 plus claimed due.  
 Capital One Bank vs. Danielle Capuson, \$1,021.33 plus claimed due.  
 Dale Lark vs. Kristy Caldwell, forcible detainer complaint.  
 Castle Village Apartments vs. Kathleen Dennis, forcible detainer complaint. C-00083.

## Small Claims

Novera Decker, et al vs. Sasha Martin, et al, \$828.96 plus claimed due.

## Deeds Recorded

Willie Feltner, property in Rockcastle County, to Ruth Holman. Tax \$7.50  
 Eva Payne, property in Rockcastle County, to Rodger D. Payne. No tax.  
 Eva Payne, property in Rockcastle County, to Rodger D. Payne. No tax.  
 Ivan and Flossie C. McKinney, property in Rockcastle County, to Ivan and Flossie C. McKinney, Trustees. No tax.  
 Carl Jerry and Molly L. Wallace, property on waters of Roundstone Creek, to Bethany W. and Jeffrey E. Brickley. No tax.  
 Edna Edwards, property in Rockcastle County, to Paul Rowe. No tax.  
 Jerry A. and Myrtle Jean Thomas, property in Rockcastle County, to Myrtle Jean and Jerry A. Thomas. No tax.  
 Gene and Darlene Martin, property on waters of Crooked Creek, to Jerry and Deborah

Martin. Tax \$5.

Raymond and Madaline Sargent, and others, property in Brindle Ridge, to Dianna Joy and Michael Curtis Vanzant. Tax \$150.

Edna J. Baker, property in Rockcastle County, to Mary Jo Rodefer. Tax \$10.

Dwayne Mullins and Natalie Mullins, property in Rockcastle County, to Dwayne Mullins. No tax.

## Marriage Licenses

Sunnie Hall, 24, Mt. Vernon, waitress to Kenneth Brandon Cole, 22, Mt. Vernon, TTAI/Days Inn. 4/20/09.  
 Kelli Savannah Combs, 18, Berea, unemployed to Davis Ray Coffey, 21, Berea, welder. 4/21/09.

## District Court

**Hon. Jeffrey S. Lawless**  
 Gabrielle Caldwell: operating motor vehicle under influence of alcohol/drugs, \$100 fine and 30 days operator license suspension; criminal littering, \$250 fine.

Gary Caldwell: operating on suspended/revoked operators license, and six other charges, 16 days in jail on each/concurrent with state sentence.

William K. Combs: possession of marijuana, \$100 fine.

Teresa L. Cunagin: speeding, \$30 fine; no operators license in possession, \$25 fine.

Henry R. Haling: theft by unlawful taking, sentencing order entered.

Speeding: Michael S. Hall, paid \$193 total fine and costs; Jeffrey C. Bean, license suspended for failure to appear (fta); Kore V. Benedetti, paid \$133 costs and requested state traffic school (sts); Todd C. Crabtree, paid \$30 fine plus \$133 costs; Melvin M. Isable, Jr., paid \$40 fine plus \$133 costs; John M. Lowery, paid \$38 fine and costs; Doniel C. Ritchie, paid \$34 fine plus \$125.50 costs;

Brandon C. Sutton: possession open alcohol beverage container in motor vehicle, \$100 fine.

Lettie D. Winchester: fines/fees due (\$233), bw issued for fta.

Scotty L. Renner: alcohol intoxication, \$50 fine.

Sonya M. Renner: alcohol intoxication in public place,

\$50 fine.

Steven W. Denny, Jr.: possession open alcohol beverage container in motor vehicle, \$50 fine and costs.

Tammy R. Green: speeding and failure to maintain required insurance, bench warrant (bw) issued for fta.

Richard Gambrell: assault, 20 days/to serve.

JohnLewis Kirby: receiving stolen property under \$300, sentencing order entered.

Keena Nicole Lawrence: assault, sentencing order entered.

Agustin Ruiz: operating motor vehicle under influence of alcohol/drugs, sentencing order entered.

Jeffrey A. Shivel: alcohol intoxication (two counts), \$50 fine each.

Donald Fred Abney: burglary and receiving stolen property under \$300, "cite to court" summons issued.

AdamL. Hellard: alcohol intoxication, \$50 fine and costs.

Joseph S. Holsing: operating on suspended/revoked operators license, \$100 fine; failure to wear seat belts, \$25 fine;

failure to use child restraint device in vehicle, \$50 fine.

Rebecca J. King: operating motor vehicle under influence of alcohol/drugs, endangering the welfare of a minor and possession sentencing order entered; use/possession drug paraphernalia, \$100 fine/suspended on condition.

Craig McCreary: operating motor vehicle under influence of alcohol/drugs, \$10 fine and 30 day operator license suspension; failure to wear seat belts, \$25 fine.

John L. Moon: public intoxication, \$100 fine; failure to wear seat belts, \$25 fine; possession of marijuana, \$100 fine.

Anna Mae Morris: terroristic threatening and harassing communications, sentencing order entered.

Roy E. Perry: operating on suspended/revoked operators license, \$100 fine and costs.

Stephen W. Redmond: operating on suspended/revoked operators license, \$100 fine and costs.

Larry A. Smith: no/expired registration plates, \$25 fine.

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 WRVK Manager - Jeanine Lawrence

## Kentucky Crossword # 412

www.kentuckycrosswords.com

1	2	3	4	5	6	7	8	9	10	11	12	13	
14					15				16				
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63						64				65			
66						67				68			
69						70				71			

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**ACROSS**

- 1 1997 Derby winner, Silver
- 6 Card game for three
- 10 Golf targets
- 14 Eagle's nest
- 15 Fairy tale start
- 16 Subdivision
- 17 John in Hardin Co. or Matthews in Jefferson
- 18 With 62 Down, KY home of US gold reserves
- 19 Cereal grass, or a Martin Co. area
- 20 W KY river that rises in Christian Co
- 22 Wild hog
- 23 Hops kiln
- 24 Boulevard
- 26 Like nights maybe
- 30 Romanov ruler
- 31 Therefore
- 32 UK, U of L, WKU, ECU org.
- 35 Dims
- 39 Dog collar
- 40 Continental money
- 42 Perched on
- 43 Tent post
- 45 Prime
- 46 Space org.
- 47 Intestines
- 49 LaGrange, KY is this county's seat
- 51 Jockey that rode five Kentucky Derby winners
- 54 Horse command
- 56 Did
- 57 Tributary of KY's Salt River
- 63 Newspaper notice

**DOWN**

- 1 Mold
- 2 Listen
- 3 Opera solo
- 4 Orange peel
- 5 Middlesboro, KY is built in a crater created by one
- 6 Divans
- 7 Only KY county without a river in its boundaries or bordering it
- 8 Land unit
- 9 Colorful fish
- 10 A major KY river; rises in Letcher Co.
- 11 KY county, borders Ohio River; home to Lake Maury
- 12 Rice dish
- 13 Stash away
- 21 Monticello, KY is this county's only incorporated town
- 25 Blood vein
- 26 Math groups
- 27 Marshall Co. area, Possum
- 28 Taj Mahal city
- 29 SE KY river; its tributaries include Horse Lick and
- 30 New Mexico resort
- 33 Tiny KY school that won the 1952 boys basketball championship
- 34 "... we there yet?"
- 36 Team UK defeated to win 1998 men's basketball title
- 37 Spanish flower
- 38 Junk e-mail
- 41 Endured
- 44 Always, in verse
- 48 Kentuckian Joel Cheek's creation, Maxwell House
- 50 Young girl
- 51 Pueblo brick
- 52 Court wear
- 53 Tops, in a way
- 54 Inferior
- 55 Middle Fork Kentucky River runs thru this Leslie Co. town
- 58 Greenup Co. hamlet, or burden
- 59 Admirers
- 60 Table scraps
- 61 Uncommon
- 62 With 18 Across, KY home of US gold reserves

**SOLUTION TO KY 412**

S	H	E	S	P	I	N	K	S	M	I	T	H
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# Sensational "Spring Fanfare" held

Submitted by A. B. Sharpe

The RCHS Concert Band presented "Spring Fanfare" their annual spring concert last week. The show started in the Gymnasium with a special performance by the RCHS Percussion Ensemble under the direction of Josh Ott. This was followed by the RCHS Winterguard team doing their 2009 competition show "Viva La Vida". The RCHS Winterguard team, under the direction of Jessica Stallworth and Tasha Ramsey, has just completed a very successful season competing in the TriState Circuit.

A brief intermission allowed time for the audience to make their way to the auditorium, and for the percussionists and guard members to don their formal attire, for the rest of the show. And what a show it was! The concert was one high point after another. Opening with "The Pilgrim's Chorus" from Tannhauser, the band played beautifully all evening. From the melodic "First Suite in Eb" through the dulcet tones of "Amazing Grace" to the celebratory "I Am" the concert

band played magnificently.

Devin Davidson was a featured soloist on the euphonium playing an exceptional "Cygnus" and Meghan Nation was the featured soloist on the French horn playing an inspired "Melodies from 'Der Freischutz'". There was also a guest trumpet soloist, Dr. Patrick Tuck, from the University of the Cumberlands, who performed an incomparable "Believe Me If All Those Endearing Young Charms" and a truly brilliant "Trumpet Holiday". His ability to manipulate the trumpet tones is extraordinary! And his obvious enjoyment while playing makes it appear effortless. It was music to be savored.

The annual spring concert is also the traditional venue to honor the seniors as their tenure comes to an end. This year seniors Samantha Bullen, Morgan Harper, Reanna Hasty and Meghan Nation were acclaimed. They will be moving onto new lives next year, but they will forever remain a part of the RCHS Band.

Rockcastle County Music Director Greg Daugherty then publicly lauded Ms Anita Nation. He praised her many talents and virtues that all have come to depend on. She assists him in every aspect, organizing and motivating tirelessly. She is an industrious inspiration to the rest of the parents and a nurturing mentor to the students. The resounding applause from the audience affirmed the admiration and appreciation we all owe her. Thank you, Anita! Your daughter

is graduating, but you must stay. There are not enough of us to take your place!

As all things must...the concert ended but the band played on! This was the last formal concert of the year and in a salute to the departing seniors the entire band rose up as one and belted out some of their favorite songs of cheer. All together...one more time!

### Other Band Notes

•May 4th - Pizza Hut Monday! Don't forget to dine at Pizza Hut Mount Vernon and mention the Band!

•May 7th - "Young at Heart Band" benefit concert.

•May 18th - The Music Department of RCMS will present their annual Spring Concert. These young band and choir members are hard at work preparing their pieces and are looking forward to sharing their new skills to the community.

•May 19th & 20th - The RCHS Concert Band and the RCHS Chorus join together and tour the area schools performing for all the students.

## Swine influenza

(Cont. from B1)

sue in the trash after you use it.

•Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.

•Avoid touching your eyes, nose or mouth. Germs spread this way.

•Try to avoid close contact with sick people.

•If you get sick with influenza, CDC recommends that you stay home from work or school and limit contact with others to keep from infecting them.

What should I do if I get sick? If you live in areas where swine influenza cases have been identified and become ill with influenza-like symptoms, including fever, body aches, runny nose, sore throat, nausea, or vomiting or diarrhea, you may want to contact their health care provider, particularly if you are worried about your symptoms. Your health care provider will determine whether influenza testing or treatment is needed.

If you are sick, you should stay home and avoid contact with other people as much as possible to keep from spreading your illness to others.

If you become ill and experience any of the following warning signs, seek emergency medical care.

In children emergency warning signs that need urgent medical attention include:

- Fast breathing or trouble breathing
- Bluish skin color
- Not drinking enough fluids
- Not waking up or not interacting

•Being so irritable that the child does not want to be held

•Flu-like symptoms improve but then return with fever and worse cough

•Fever with a rash

In adults, emergency warning signs that need urgent medical attention include:

- Difficulty breathing or shortness of breath
- Pain or pressure in the chest or abdomen
- Sudden dizziness
- Confusion
- Severe or persistent vomiting

Kentuckians who may have traveled recently to Mexico or affected areas, or who are planning such travel, be alert for the symptoms of swine flu in the following ways:

•Monitor yourself and travel companions for symptoms of fever, chills, headache, sore throat, cough, body aches, and vomiting or diarrhea.

•If symptoms of influenza-like illness develop within seven days of travel return, seek evaluation by a health care provider as soon as possible.

•Be sure to tell your health care provider about your recent travel and suggest testing for influenza.

•Stay home from work, school and other public places until you are feeling well.

We encourage you to contact your health care provider or the local health department if you are concerned.

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Danetta Allen .....256-2071	Linda Durham .....365-9456
Jeff Cromer .....355-0268	Debra C. Smith .....256-3262
Teresa Stevens .....758-8051	Shelby Reed .....365-7334
Johnny Alcorn .....256-4510	Matthew Silcox .....308-2339
David Henderson .....256-2034	Becky McNabb .....308-3731
Jeff Burdette .....256-3538	Crystal Frith .....256-9298

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**New Listing**

**Elegant Home...in Mt. Vernon.** Frontage on two roads. Home features a family room and living room each with a fireplace, eat-in kitchen, dining room, 3 bedrooms, 2 baths all on the ground level. Large family/recreation room plus other room in basement. Carport as well as garage. Take a look! \$299,000. M2453

**Big and Beautiful!** This spacious vinyl sided home at the Rockcastle/Lincoln Co. line has much to offer. Its floor plan could be used as four or five bedrooms. There's also a formal dining room, living room and family room. A two-car garage and additional bay in the basement allow for plenty of space for your vehicle or storage. Call today to view. \$190,000. M2423

**Reduced**

**Indulge in the value of this quality brick home.** This home offers an open living area consisting of living room, kitchen and dining area. There are 2 spacious bedrooms and 2 baths. Other amenities include new central heat/air system, fireplace in the living room, 2-car garage, and a partial basement with plenty of storage area. Call today to see this home located in the Mt. Vernon city limits. \$124,900. M2407

**End of the Lane.** This tan, vinyl sided home is a new build with 3 bedrooms, 2 baths, kitchen/dining room combo, heat pump, great view from rear patio overlooking pond. \$84,500. M2447

**165 Acres more or less by survey.** This property is improved with a 1 1/2 story home (fixer upper), barn and water falls. If you're looking for acreage for hunting, recreational or a get-a-way then be sure to call today for an appointment to look at this property! \$175,000. M2415

**Sneak a peek at this brand new home that has never been occupied.** Features include 3 bedrooms, 2 baths, and a dining room - kitchen combo with Oak cabinetry. This home is near a stream, has a concrete drive, vinyl flooring, heat pump, a 2-car garage all on one acre lot. \$87,500. Call today! M2446

**Character and Charm!** This 3 bedroom, 1 bath home with full unfinished basement is priced right at \$85,000. This home has been newly remodeled. It has a great fenced yard for your enjoyment. Call today for your appointment. M2424

**329 Black Bear Lick!** This ranch style brick home offers 3 spacious bedrooms, 1 1/2 baths, living room with fireplace, dining room and kitchen with oak cabinets. There's also a full basement with washer/dryer hookup and plenty of square footage for storage or to convert into additional living space. The home has KU electric and city water. Priced at only \$89,900, it won't last long so call today! M2452

**Lincoln County 116 Acre Farm** - 2 story completely renovated home with over 4,000 sq. ft. of living area, overlooking the bottom land. Barns - Ponds - Creek - End of road privacy, road frontage on 2 additional roads. In-ground pool, 2-car garage. All for \$359,000. M2438

**Reduced**

**Under Construction!** This new 1,500+/- sq. ft. home will feature a LR, Kit/Dining combo, 3 BR, 2 BA and Utility Room. This home is located in the beautiful Lear Crest Subdivision. Other amenities include a 2-car attached garage, heat pump/central air, city water, septic system and patio. Priced at \$94,500. Call today! M2422

**Well Kept!** Located just outside Mt. Vernon on Carter Ridge Rd. This doublewide in country setting has 3 BR, 2 BA, DR-Kit, Combo, LR and Utility room. Larger master bedroom and bath with large tub and separate shower. Also includes kitchen appliances, washer and dryer, central heat and air, and is affordable at \$43,900 with immediate possession. M2409

**Mountain-top Splendor!** 50 acres more or less with lovely 3 bedroom, 2 bath, kitchen, dining room and living room overlooking the meadow with a finished basement. Property includes a horse barn, machinery shed and workshop. You must see it, priced at only \$229,000. M2451

**New House in the Country!** Situated on a one acre lot, this home features 3 bedrooms, 2 baths, a kitchen/dining room combo, tray ceilings, heat pump, and white vinyl siding. Possible 100% financing. Priced at \$94,500. M2448

### Lots For Sale

**295 Acres** - secluded within the Daniel Boone National Forest. Lots of woodland, some bottom land, creek, new unfinished house. In Rockcastle near Jackson line. Make an offer! M2439

**If you're looking for a getaway or camping spot** then check out this lot by the lake. Approximately 1,000 feet from Lake Linville with city water available. Call today. Priced at \$15,000. M2433

**Two lots located in the beautiful Lear Crest Subdivision.** Consists of 1/2 acre m/l each and has city water available. These lots are ideal building lots and convenient to Mt. Vernon, Brodhead, Berea and Lake Linville. Priced at \$9,900 ea. M2260

**Great View!** Near Cedar Creek Lake. 1 acre nearly level lot with restrictions. M2357.

**Nice and Convenient!** Nice level lot in the city limits of Crab Orchard with water and sewer available. Just \$5,900. M2360

**Great Opportunity!** Building lot located in Lear Crest Subdivision. This lot has blacktop roads, city water and underground utilities. Restricted for your convenience. Priced at only \$11,900. M2355

**Lots Available!** Now in the Lear Crest Subdivision. There are 8 lots to choose from so hurry to take your pick. M2346

**Make this your building site.** - Measuring 0.73 of an acre this lot is located in Cedar Point Subdivision. \$6,500. M2345

**They're Going Fast!** - Conveniently located between I-75 and 461, there is over 100 restricted building lots in the newly developed Rainbow Ridge Subdivision. Newly blacktopped roads - city water - some lake views. Prices range between \$7,900 - \$16,900. M1798

**Hwy. 461 - Pulaski County.** Easy access to Somerset - Lake Cumberland and I-75. Spacious Lots - Restricted - City Water - Paved Streets - \$11,900 each. M1363

**REDUCED! Investment Opportunity!** Don't delay starting earning income today! 7 trailer lots in the Mt. Vernon city limits. City water, city sewer and KU electric. Included in this package is a separate lot located on T Street in Mt. Vernon... Lots of potential. Priced at \$50,000. M2169

**Some Timber.** Property joins National Forest. Creek runs through this property. M2203

**"A" Rated!** Prime and almost perfect is the best way to describe these well-located lots! Located in exclusive neighborhood between Mt. Vernon and Brodhead on Highway 150, these restricted lots are ideal for your new dream home! Prices range between \$10,000 and \$14,500. A once-in-a-lifetime opportunity awaits you here! M1941

**Lots! Lots!** Several large country lots with a great view - Holbrook Estates in the Brindle Ridge section - Convenient to either Mt. Vernon or Berea. City water - Cable TV - lots range in size from 3/4 acre to 1 acre. M1796

### Future Auctions

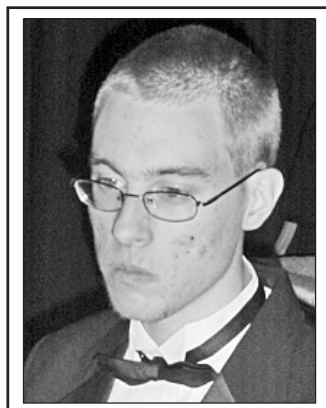
- Auction of the late Mr. James Hart and Mrs. Rose Hart's Commercial Property**  
Friday, May 1st at 1:30 p.m. • Somerset, Ky.
- Absolute Estate Auction of the late Mr. Cecil Roundtree's Brick House and 15 acres m/l ~ Personal Property**  
Saturday, May 2nd at 10:00 a.m. • Dogwalk section of Lincoln County
- Absolute Auction of 60 Acre Farm in Tracts**  
Saturday, May 2nd at 10:30 a.m. • North Hwy. 39 - Bee Lick Section of Pulaski County
- Auction of Mr. and Mrs. Andy Stutzman's House and 113 1/2 Acres more or less in Three Tracts Greenhouse ~ Horse Drawn Equipment ~ Belgian Horses ~ Tools**  
Saturday, May 2nd at 1:30 p.m. • 451 Schmitz Road, just off Hwy. 643, Ottenheim section of Lincoln Co., Ky.
- Two Day Auction - Absolute Estate Auction of the late Mrs. Gloria Frank's - Friday, May 8, 2009**  
35 Acre Farm in Tracts (Russell County) at 1:30 p.m. • Lots on Beecher Street in Somerset at 4:00 p.m. House & Lot on Woodlawn Drive in Somerset at 5:30 p.m. and
- Absolute Estate Auction of the late Mrs. Gloria Frank's Antiques & Personal Property**  
Saturday, May 9th at 10:00 a.m. • (Hal Rogers Fire Training Center in Somerset)
- Absolute Auction of Ms. Reta Brown's and Ms. Mahala Wren's House and Lot ~ Personal Property**  
Saturday, May 9th at 10:00 a.m. • 119 Lancaster Street, Crab Orchard, Ky.
- Absolute Auction of Mr. Ellis Land's House and Lot ~ Personal Property**  
Saturday, May 9th at 1:30 p.m. • Hwy. 39 North, Crab Orchard, Ky.
- Absolute Auction of Charles and Georgia Brown's House & Approx. 20 Acres, Lawn Mower, Tools & Personal Property**  
Saturday, May 9th at 10:30 a.m. • 6821 Keavy Road, London, Ky.
- Absolute Estate Auction of the late Mr. John Estes' Antiques ~ Clocks ~ Personal Property**  
Saturday, May 16th at 10:00 a.m. • 217 Logan Street, Stanford, Ky.
- Absolute Auction of Mr. and Mrs. Jim Harris' Antiques ~ Glassware ~ Dolls and Personal Property**  
Saturday, May 16th at 10:00 a.m. • Hwy. 790, Bronston, Ky.



Band Booster Anita Nation.



Hannah Tyler



Mark Berry



Catherine Hounshell



Percussion Ensemble

Camping is good.  
**FREE** camping  
is even better.

On Friday, May 8th and Saturday, May 9th

KOA invites you to Come Camp & Care With Us Weekend. Stay with us as a paying guest on Friday, May 8th, and you'll be eligible to receive a **FREE NIGHT** of camping on Saturday, May 9th. This event is the perfect time to show family and friends just how fun camping at KOA can be.



Renfro Valley KOA  
606-256-2474

# Library News



Pam Chaliff

Stop by to see the craft display in the main library. The craft display will continue through May 16. Crafts on display include: quilts, baskets, purses, powder horns, photography, paintings, and so much more.

Friday May 1st is movie day. The movie will begin at 4:00pm. Refreshments will follow. On story hour May 2nd, the children will be making flower pots for their mothers on Mother's Day. The kids at crafts will be making Potpourri pots for their mothers on Mother's Day. Story hour is every Tuesday at 1:00pm. Crafts for kids is every Tuesday at 5:00pm.

Look forward to a Book fair in May! The book fair begins May 21st - May 30th in the main library. Catalogs are currently available in the main library on the front desk.

Registration for Summer Reading 2009 begins May 18th! This year's Summer Reading Program theme is "Be Creative at your Library"! The last day to register will be May 30th. If you have any questions or concerns about summer reading, please contact Ms. Carla Rowe, the children's coordinator at 256-2388 or kbkl@mikrotec.com



Quilt by Library Director Pam Chaliff's mother-in-law, Marilyn Chaliff.



Quilt by Debbie Carpenter.



Purse by Charlene Gentry.

# Minds in the Middle

Congratulations to Mrs. McClure's 8th grade Challenger homeroom on winning the attendance race last week. Mrs. Hopkins' 7th grade Adventurers group followed a close second and Mrs. Roberts' Challengers came in third place for the week.

Eighth grade class t-shirts are now on sale. Eighth grade students may purchase those in the cafeteria in the mornings before homeroom. Sales will continue through May 4th.

The Academic Team is sponsoring a 1980's themed after school dance this Friday until 5:00. Students must have

team and parental permission in order to stay.

Operation Unite is taking applications for their Unite Summer Camp. The camp is free to students. Students will also be transported free of charge to the camp at the University of the Cumberlands in Williamsburg. The camp will be held July 28-31 and applications may be picked up in the main office.

This Friday at 1:45, we will be having our RockBand pep rally. Students will be competing in various games and contests. There are also some big surprises in store for all.

The CATS assessment will begin on Monday. Students and parents should be receiving information about the testing schedule and how to prepare for doing the best possible on the test. CATS is coming! Be ready!



Quilt by Charlene Gentry.

**Subscribe to the Signal Call 256-2244**

## Commonwealth of Kentucky 28th Judicial Circuit Rockcastle Circuit Court • Division II Civil Action No. 08-CI-00293

**Bayview Loan Servicing, LLC,  
a Delaware Limited Liability  
Company**

**Plaintiff**

**V.**

**Charles Bryant a/k/a  
Charles A. Bryant,  
Sharon Bryant a/k/a  
Sharon Renee Bryant,  
Daryl McFerron, Gerald McFerron,  
Commonwealth of Kentucky,  
County of Rockcastle, unknown  
heirs, devisees and legatees of  
Lloyd Junior McFerron and  
unknown heirs, devisees and  
legatees of Nona M. McFerron**

**Defendants**

### NOTICE OF SALE

Pursuant to a judgment and order of sale entered in this action on April 10, 2009 for the purpose of satisfying the judgment against the defendants in the amount of FIFTY NINE THOUSAND FOUR HUNDRED SIXTY EIGHT DOLLARS AND 06/100 (\$59,468.06) plus interest, costs and attorney fees. I will offer at public auction the hereinafter described real property in Rockcastle County, Kentucky.

**At the Courthouse on East Main Street  
Mt. Vernon, Kentucky  
on Friday, May 15, 2009  
Beginning at the Hour of 1:00 p.m.**

Said real property being more particularly bounded & described as follows:

319 Sowder School Road, Mt. Vernon, KY 40456

Beginning at a rebar with cap on the north side of Ground Hog Sink Road and being a corner to Samuel Debord (DB 144, P.655); thence going with the north side of said road N 47 deg. 14'13" W, 132.71 feet to a rebar with cap on the north side of said road and a corner to Lloyd Junior McFerron (DB 113, P.724); thence leaving said road and going with the line of DeBord S 08 deg. 00'00" W, 321.75 feet to the point of beginning.

Being the same property Charles Bryant and wife Sharon Bryant obtained title to by deed dated January 12, 1004, executed by Sharon McFerron and Charles Bryant and recorded in Deed Book 198, page 175 in the Office of the Rockcastle County Clerk. Sharon McFerron and Charles Bryant obtained title to the real property by deed dated August 31, 1999, executed by Joyce McFerron, an unmarried widow, of record in Deed Book 176, page 304 in the Office of the Rockcastle County Clerk.

Being the same property to which an Affidavit of Conversion to Real Estate was filed in the Rockcastle County Clerk's Office on February 11, 2004 in Deed Book 198, page 175 on a Chan. 28' X 52', model 28452, Serial Number CH2AL06809AB, mobile home.

**The property shall be sold on the following terms & conditions:**

1. The real property shall be sold for cash or upon a credit of sixty (60) days with the purchaser required to pay a minimum of ten percent (10%) of the purchase price in cash on the date of sale and to secure the balance with a bond approved by the Master Commissioner.
2. The bond shall bear interest at the rate of twelve percent (12%) per annum until paid in full. The bond shall have the force and effect of a judgment and shall be and remain a lien upon the property sold as additional surety for the payment of the purchase price.
3. Unpaid taxes of record at the time of entry of judgment shall be paid out of the proceeds of the sale.
4. The purchaser shall pay the 2009 local, county and state property taxes.
5. Full satisfaction of the plaintiff's judgment shall be paid from the proceeds of the sale.
6. The purchaser shall have possession of the real property upon compliance with the terms of the sale.
7. In the event that the plaintiff is the successful bidder and the sale price does not exceed the amount of the plaintiff's judgment, no deposit or bond shall be required.
8. The successful bidder shall at bidder's own expense carry fire and extended insurance coverage on said improvements from the date of sale until the purchase price is paid in full with a loss payable clause to the Rockcastle Master Commissioner.
9. The sale shall be made subject to all easements, set back lines, restrictions or covenants of record or otherwise and shall be sold "as is".

**Willis G. Coffey  
Master Commissioner  
Rockcastle Circuit Court**

## Commonwealth of Kentucky 28th Judicial Circuit Rockcastle Circuit Court • Division II Civil Action No. 09-CI-00019

**GMAC Mortgage, LLC**

**Plaintiff**

**V.**

**Amanda Shaver a/k/a Amanda R. Shaver  
and Jeffrey W. Shaver**

**Defendants**

### NOTICE OF SALE

Pursuant to a judgment and order of sale entered in this action on March 13, 2009 for the purpose of satisfying the judgment against the defendants in the amount of FIFTY ONE THOUSAND THREE HUNDRED NINETY SEVEN DOLLARS AND 41/100 (\$51,397.41) plus interest, costs and attorney fees. I will offer at public auction the hereinafter described real property in Rockcastle County, Kentucky.

**At the Courthouse on East Main Street  
Mt. Vernon, Kentucky  
on Friday, May 15, 2009  
Beginning at the Hour of 1:00 p.m.**

Said real property being more particularly bounded & described as follows:

A certain lot or parcel of land lying on the Southeast side of Kentucky Highway 1955 in Rockcastle County, Kentucky; on the opposite side of the Highway from Gauley Branch, near Livingston, more particularly bounded and described as follows (based upon a September 2005 survey performed by Joshua D. Bills, PLS #3537):

Beginning at an iron pin (set) in the Southeast right of way of Kentucky Highway 1955 (20 feet from the road centerline), approximately 755 feet North (along KY HWY 1955) from the intersection of KY HWY 1955 with Piney Branch Road, a corner common to Terry and Sharon Baldwin (DB 198, Pg. 230 and DB 198, Pg. 235-Tract No. 1); thence with Baldwin (Tract No. 1) S 50 deg. 00'49" E, 273.55 feet to an iron pin (set), a corner common to Baldwin (DB 198, Pg. 230 and DB 198, Pg. 235-Tract No. 1 and Tract No. 2); thence continuing with Baldwin (Tract No. 2) for two calls: (1) S 68 deg. 19'23" W, 131.66 feet to an iron pin (set), (2) S 33 deg. 23' 30" W, 131.96 feet to an iron pin (set), a corner to Gary and Gertha Mink (DB 138, Pg. 90); thence with Mink N 52 deg. 17'06" W, 198.82 feet to an iron pin (set) in the Southeast right of way of KY HWY 1955; thence with the Southeast right of way of KY HWY 1955 for three (3) calls: (1) N 33 deg. 03'28" E, 187.03 feet to a point, (2) N 35 deg. 48'51" E, 15.15 feet to a 42 inch White Oak tree, (3) N 35 deg. 52'23" E 54.21 feet to the point of beginning and containing 1.25 acres as surveyed and described by Joshua Bills, PLS #3537 on September 30, 2005.

FURTHER CONVEYED is as follows:

Beginning at a point in the Northwest right of way of Kentucky Highway 1955 (20 feet from the road centerline), approximately 445 feet North (along KY HWY 1955) from the intersection of KY HWY 1955 with Piney Branch Road, a corner common to Katie Allen and Charles Hayes (DB 126, Pg. 30, 3/4 interest only); thence with Hayes N 57 deg. 24'44" W, passing over a witness iron pin (set) at 30.77 feet, and a second witness iron pin (set) at 168.78 feet, in all 169.78 feet to an existing iron fence post (now bent), a corner to John R. Bradley and Laura Bradley (now or formerly) (DB 95, Pg. 203); thence with Bradley (now or formerly) six (6) calls: (1) N 32 deg. 11'30" E, 232.63 feet to an existing stone (now fallen over), (2) S 61 deg. 43'13" E, passing over a witness iron pin (set) at 1.00 feet, and a second witness iron pin (set) at 135.97 feet, in all 139.97 feet to a point on the west bank of Gauley Branch (5 feet from the creek centerline), (3) N 03 deg. 19'10" E, with the west bank of Gauley Branch, 58.94 feet to a point, (4) N 32 deg. 26'23" E, with the West bank of Gauley Branch, 51.48 feet to an iron pin (set) on the West bank of Gauley Branch (5 feet from the confluence of said branch and a small drain), (5) S 76 deg. 34'36" E, with the center of a small drain, 45.19 feet to a point (6) S 89 deg. 19'42" E, with the center of the small drain, 36.65 feet to an iron pin (set) in the Northwest right of way of KY HWY 1955; thence with the Northwest right of way of KY HWY 1955 for six (6) calls: (1) S 36 deg. 59'25" W, 69.07 feet to a point, (2) S 35 deg. 52'23" W, 54.62 feet to a point, (3) S 35 deg. 48'51" W, 11.05 feet to an iron pin (set), (4) S 35 deg. 48'51" W, 5.08 feet to a point, (5) S 33 deg. 03'28" W, 188.08 feet to a point, (6) S 34 deg. 55'47" W, 52.71 feet to the point of beginning and containing 1.12 acres as surveyed and described by Joshua Bills, PLS #3537 on September 30, 2005.

Being the same property conveyed to Jeffrey W. Shaver and wife Amanda R. Shaver, by deed dated Sept. 1, 2006, executed by Michael Martin, et al. and recorded in Deed Book 212, page 284 in the Office of the Rockcastle Co. Clerk.

Parcel No. 0865E-01-006 • Address: 315 Red Hill Road, Livingston, KY 40445.

**LESS AND EXCEPT:**

A certain lot or parcel of land lying on the Southeast side of Kentucky Highway 1955 in Rockcastle County, Kentucky; on the opposite side of the Highway from Gauley Branch, near Livingston, more particularly bounded and described as follows (based upon a September 2005 survey performed by Joshua D. Bills, PLS #3537):

Beginning at an iron pin (set) in the Southeast right of way of Kentucky Highway 1955 (20 feet from the road centerline), approximately 755 feet North (along KY HWY 1955) from the intersection of KY HWY 1955 with Piney Branch Road, a corner common to Terry and Sharon Baldwin (DB 198, Pg. 230 and DB 198, Pg. 235-Tract No. 1); thence with Baldwin (Tract No. 1) S 50 deg. 00'49" E, 273.55 feet to an iron pin (set), a corner common to Baldwin (DB 198, Pg. 230 and DB 198, Pg. 235-Tract No. 1 and Tract No. 2); thence continuing with Baldwin (Tract No. 2) for two calls: (1) S 68 deg. 19'23" W, 131.66 feet to an iron pin (set), (2) S 33 deg. 23' 30" W, 131.96 feet to an iron pin (set), a corner to Gary and Gertha Mink (DB 138, Pg. 90); thence with Mink N 52 deg. 17'06" W, 198.82 feet to an iron pin (set) in the Southeast right of way of KY HWY 1955; thence with the Southeast right of way of KY HWY 1955 for three (3) calls: (1) N 33 deg. 03'28" E, 187.03 feet to a point, (2) N 35 deg. 48'51" E, 15.15 feet to a 42 inch White Oak tree, (3) N 35 deg. 52'23" E 54.21 feet to the point of beginning and containing 1.25 acres as surveyed and described by Joshua Bills, PLS #3537 on September 30, 2005.

All Iron Pins (set) are 5/8" X 18" #5 rebar with yellow plastic cap marked "Joshua Bills, PLS 3537".

Being the same property conveyed to Terry Baldwin, et ux., by deed dated April 10, 2007, executed by Jeffrey W. Shaver, et ux. and recorded in Deed Book 215, page 330 in the Office of the Rockcastle County Clerk.

Subject to all restrictions, conditions and covenants and to all legal highways and easements.  
Commonly known as 315 Red Hill Road, Livingston, KY 40445

**The property shall be sold on the following terms & conditions:**

1. The real property shall be sold for cash or upon a credit of thirty (30) days with the purchaser required to pay a minimum of ten percent (10%) of the purchase price in cash on the date of sale and to secure the balance with a bond approved by the Master Commissioner.
2. The bond shall bear interest at the rate of twelve percent (12%) per annum until paid in full. The bond shall have the force and effect of a judgment and shall be and remain a lien upon the property sold as additional surety for the payment of the purchase price.
3. Unpaid taxes of record at the time of entry of judgment shall be paid out of the proceeds of the sale.
4. The purchaser shall pay the 2009 local, county and state property taxes.
5. Full satisfaction of the plaintiff's judgment shall be paid out of the proceeds of the sale.
6. The purchaser shall have possession of the real property upon compliance with the terms of the sale.
7. In the event that the plaintiff is the successful bidder and the sale price does not exceed the amount of the plaintiff's judgment, no deposit or bond shall be required.
8. The sale shall be made subject to all easements, set back lines, restrictions or covenants of record or otherwise and shall be sold "as is".

**Willis G. Coffey  
Master Commissioner  
Rockcastle Circuit Court**

## The Rockcastle County Recycling Center will be open Saturday, May 2nd 8 a.m. until noon

### The following items may be recycled:

Newspapers w/inserts, magazine and catalogs, office paper, junk mail plastic bottles and jugs (any size soda and water bottles, laundry detergent jugs, bleach and fabric softener jugs, milk and water jugs, cooking oil bottles and jugs, shampoo bottles, dish liquid and alcohol bottles - all lids must be removed and thrown into the trash - not be included with recyclables - jugs must be rinsed out), metal cans (rinsed), empty aerosol cans, aluminum cans, phone books, old cell phones, car batteries, printer cartridges and cardboard.

**Rechargeable batteries** such as those found in: cordless power tools, cellular phones (the whole phone can be recycled), cordless phones, laptop computers, digital cameras, two-way radios, camcorders and remote control toys. If its says rechargeable on it, then it's recyclable!

Regular hours are Mon. thru Fri. from 7 a.m. to 3 p.m.

**The Rockcastle County Recycling Center  
is located at the  
Rockcastle County Road Department Garage  
at 2528 South Wilderness Road  
(US 25 South at Burr).**

**For further information, call 606-256-1902**

## NOTICE OF HEARING

Lease Agreement  
Between  
Rockcastle County, Kentucky  
and  
Kentucky Association of Counties Leasing Trust  
(Road Infrastructure Project)

Notice is hereby given that pursuant to a Notice of Intent to Lease from the Rockcastle County Fiscal Court requesting the State Local Debt Officer to approve the execution of certain Lease Agreement between the County and Kentucky Association of Counties Leasing Trust in an amount not to exceed \$2,000,000. The proceeds will be used for infrastructure. A hearing will be held via video teleconferencing (VTC) at the Department for Local Government, 1024 Capital Center Drive (US 60 East), Frankfort, Kentucky and at the Teaching and Learning Center, 250 Richmond Street, Mt. Vernon, Kentucky on Tuesday May 12, 2009 at 10:00 a.m., (prevailing Eastern Time) to consider whether or not said lease and financial plan should be approved.

Petitioner, Rockcastle County Fiscal Court, is responsible for the publication of this notice and for the information contained herein. Specific questions about the type of project should be directed to the petitioners. The purpose of this notice is to comply with KRS 65.944(1)(b) and 109 KAR 15:020 by notifying the public that the petitioner intends to insure indebtedness in the total amount and at the terms set out herein.

At this hearing, any taxpayer may appear and will be given an opportunity to be heard.

Junior Wright  
State Local Debt Officer  
Commonwealth of Kentucky

# Classifieds

## CLASSIFIED RATES

• Local Rates - \$4 for 25 words or less - .10 each additional word  
 • Display Classifieds \$5.00/Inch  
**Deadline for Classifieds is 10 a.m. TUESDAY**

## For Rent

**For Rent:** 2 and 3 bedroom trailers, starting as low as \$200 month plus \$200 deposit. Call 256-9889 or 606-308-5389.

**Why pay rent** when you can rent to own? 859-358-8536. www.rentalinvestmentsinc.com

**Mobile Home For Rent:** 3BR/2BA, central heat and air, no pets. \$375 month plus deposit. References required. 606-875-1579. 21xntf

**For Rent:** Home with three small bedrooms and two baths. Also has finished basement with 2 bedrooms, large den and fireplace. Washer/dryer hookup and rear deck, oven, stove and dishwasher furnished. In Maple Grove Community. \$525 month plus security deposit. References and background check a must. 1-859-621-2506. 23x1

**For Rent:** 3 bedroom house in Brodhead, Hwy. 1505. Central air, 1 bath. References required. \$400 month/\$200 deposit and references required. 758-8692. 23x1p

**For Rent or Lease:**

## LANDLANDLAND Pulaski County

Between Somerset & Mt. Vernon. Ideal building tracts with features such as woods/pastures/views, water/electric/telephone. Suitable for DW or Home. Elrod Rd. 4.9 acres with nice pond \$32,500 (\$1,625 down, \$304/month). Hwy 934 6.1ac.w/ woods \$34,900 (\$1,745 down, \$326/month).

## Garrard County

Near Berea on Gabbard Rd. 11 ac. with woods close to I-75 for \$42,500 (\$2125 down, \$397/month). 13.5 acres on Brock Road for \$33,500 (1,675 down, \$313/month). **OWNER FINANCING AVAILABLE** Call Today!!! 1-877-331-4888 **DGSCHHELL.COM**

## Cottage Style Home For Sale • Reduced!!

Beautiful 3 bedroom, 2 full bath cottage style home with hardwood floors, butcher block countertops, swimming pool and hot tub, detached garage and large storage building all sitting on a large wooded lot. Phone 270-406-2349. Please leave message if no answer.

www.donfosterrealty.com email: prudentialberea@donfoster.com

## Prudential Don Foster Realtors®

Phil Malicote, GRI-- 582-8882; Al White-- 986-2558; Janet Bowman--302-3123; Brad Warford--582-7757; Leonard Wilder--986-3306  
 Dorothy Brown--200-6631; Tammy Jackson--314-3176; Steve Clark--625-4370

**711 Chestnut St. • Berea • 859-986-8401**  
**1-800-998-2063 fax 986-6173**

**Office Hours: Mon. - Fri. 9 to 5; Sat. 9 to 1; Sun. by appt.**

542 BOONE GAP RD - 4 bedrooms, 3 baths, 3.5 acres. \$249,000. MLS33549  
 6732 S. BRINDLE RIDGE - Custom made 4 bedroom on permanent foundation. 6 stall barn. \$139,900. MLS31819.  
 MULLINS STATION RD - Nice lot for a small home or mobile home. \$7,500. MLS32173  
 7604 BRINDLE RIDGE - brick ranch on 10 acres. \$129,900. MLS31817 **Sale Pending**  
 4241 SCAFFOLD CANE RD - 4 bedrooms, 2.5 baths, full finished basement, \$185,000. MLS30086  
 8 C. VALLEY DRIVE - 40 acres. Has several home sites. Doublewides welcome. \$95,000  
 EXIT 62 RENFRO VALLEY - 20 acres overlooking I-75. \$275,000. MLS25741  
 COMMERCIAL PROPERTY Exit 62, Renfro Valley 1 acre leased. \$150,000. MLS25739.  
 RENFRO VALLEY COMMERCIAL PROPERTY. Over 2,400 sq. ft. of retail space. \$150,000. MLS 25740.  
**BEREA.** We have many nice homes listed in Berea. Call one of the above agents for a showing.

**House For Sale:** To settle estate. 2 bedrooms, 1 bath, 185 High St. Mt. Vernon. Close to hospital, schools, groceries. 606-758-4146, 606-679-5743 or 606-305-8002.

**Fixer Property.** All cash terms. Call 859-358-8536. www.rentalinvestmentsinc.com

**For Sale:** Beautiful lot, 9.33 acres. City water runs length of acreage, county road to lot. Located off Breezy Hollow Road, back of Mareburg Subd. Appraised at \$45,000, will take \$32,000 firm. Serious inquiries only. Vicki Martin. 606-256-8362, leave message.

**House For Sale in Bandy/Woodstock area.** 2BR/2BA (one handicap accessible). Sits on 1/2 acres - more land available. 606-379-1386. 18x8p

**For Sale:** (1) Lot - 6 acres wooded on Breezy Hollow Lane, \$23,500. (2) 7.7 acres cleared on Breezy Hollow Lane, \$29,900. (3) Two lots on Breezy Hollow, 1.4 acres, to be sold together, \$8,500. 256-3213 or 308-2953. 16xntf

**For Sale:** Castle Ridge Subdivision. Use same entry way as Bible Baptist Church. All lots have city sewer and underground utilities. starting at \$12,900. 606-256-5692 • 256-4504 • 308-3730. 20xntf

**For Sale:** Mobile home lots, located in Sunnyside Mobile Home Park. 1.2 acre lots - \$500 down and \$100 per month. 606-256-5692/606-256-5648.

## Posted

**Posted:** No trespassing on property of Darrell and Helen Whitaker, located on East Fork

of Skaggs Creek and Cut Gap. Keep out!! 32(08)x51p

**Posted:** No hunting, trespassing or 4-wheeling on property owned by Vivian Smith and the late Russell Smith, totalin over 300 acres in the Lamero Section of Rockcastle County. Violators will be prosecuted. 22x12

**Posted:** No trespassing, ATVs on land belonging to Billy Whitaker on Skaggs Creek.

**Posted:** No fishing, hunting or trespassing on property belonging to Dwight and Carmen Poynter in the Level Green section of Rockcastle Co. Violators will be prosecuted.

**Posted:** No hunting or trespassing on Ed Wilson Farm, 5320 Hummel Road, Wildie. 44(08)x52p

**Posted:** No hunting/trespassing on property belonging to Farmer Waddle and Clista Spivey heirs on Hwy. 490. Violators will be prosecuted. Not responsible for accidents. 42(08)x50p

**Posted:** No trespassing on Crawford Place - Old Brodhead Road. Danny Smith. 47ftn

**Posted:** Absolutely no hunting, fishing or trespassing on property belonging to Mark and Debbie Cummins. Violators will be prosecuted. 9x52p

## Mobile Homes For Sale

**For Sale:** 2006 Giles doublewide mobile home, 3 bedrooms, 2 baths, front and rear deck, guttering and underpinning. Must be moved. All appliances including washer



**Custom Built All Brick Ranch Home For Sale**  
**216 Countryside Circle • Mt. Vernon • \$259,900**  
 This amazing 2,790 sq. ft. home features 3 bedrooms, 2.5 baths, 2 car oversized garage. Gorgeous front door welcomes you into a foyer with 11' ceilings and hardwood flooring which continues into the dining room and the hallway. The Master Suite has an octagonal hipped tray ceiling, vaulted sitting area, recessed can lights and chandelier. The Master Bath with his and her vanities, large round whirlpool tub and walk-in shower and a large walk-in closet. Two additional bedrooms with Jack and Jill bath, formal dining room, family room and an enormous kitchen with 42" cabinets, large island with counter height bar and open to the breakfast area. Many designer features throughout: large crown with dentil molding, lots of hardwood and ceramic tile flooring, custom tray ceiling, recessed can lighting, central vac, 9', 10' and 11' ceilings plus so much more.  
 Call owner for all of the details and to view this home by appointment only. 606-256-3334 or 859-200-4892

Visit us on the web at [www.bestrealtyservices-ky.com](http://www.bestrealtyservices-ky.com)

2770 Richmond St. Mt. Vernon  
**256-9851**  
 (606) 256-0044

**Featured Property**  
 4 bed/2bath  
 1996 DWMH/  
 perm. foundation on 1 acre. Drywalled, house windows, etc. Move-in condition. \$71,900.  
 Any questions call Larry Conner at 606-256-9851 to list, buy or sell your property.

## Brodhead Elderly Apartments

*Housing for the Disabled, Elderly & Handicapped*  
 Free Application Fee  
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**For Applications call or write:**  
**Brodhead Elderly Apartments**  
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 (TDD for speech & hearing impaired 711)

and dryer stay. Serious inquiries only. 758-4735 or 758-8994. 7ftn

**Zero Down Payment** with deed or relative's property, or as little as 5% down. Easy financing available -- we own the bank! Prequalification online! 866-338-0416. wac

**First Time Home Buyer Loans** with up to \$8,000 tax credit, FHA loans, SSI/Disability Loans. We have the loan you need! Get prequalified. 866-338-0416. 23x1

**Paying Top Dollar** for trade-ins. Call 606-248-4800. 23x1  
**New Bank Financing Program.** If you have two years job time, \$3,000 down and at least three lines of credit. wac. Call 606-248-4800. 23x1

**Used Doublewide** priced to move. Won't last long. Must see. Call 06-248-4800. 23x1  
**Huge Selection of used homes.** Starting at \$5,000, up to \$25,000. Call 1606-248-4800. 23x1

**Does your landlord have a nice home?** Drive a nice car! Have lots of money? Are you tired of making him rich? I can help you make the dream of owning your home come true, and get a tax credit and tax break. Call 606-248-4800.

**6 Reconditioned 3BR Mobile Homes** at affordable prices. Also a 24x44 3BR doublewide. Financing available at D&D Mobile Homes, 2 miles north of Stanford on Hwy. 27. Open Sundays after church. 606-365-9165. 23x4

**Luv Homes of Somerset** has government first time home buyer loans. 3BRs for \$287.33 monthly/240 months/35k amt. financed/7.75 annual percentage rate/\$1,750 down payment. Call 606-676-0503 or visit [www.4aluvhome.com/244](http://www.4aluvhome.com/244).

**Abandoned Homes!** Families Needed! No Land? No Problem! Let us find the land for you. Also up to \$8,000 tax credit back to you. LUV Homes of Somerset. Call 606-676-0503 or visit [www.4aluvhome.com/244](http://www.4aluvhome.com/244).

**Can't Get a Home Loan?** If you have a deed or some cash,

LUV Homes of Somerset may be able to help, even if your credit's not what it was. Call now for pre-approval 606-676-0503 or visit [www.4aluvhome.com/244](http://www.4aluvhome.com/244).

**If you get a least \$1,000 a month,** we have government home loans for Social Security/SSI recipients. Call 606-676-0503 or visit [www.4aluvhome.com/244](http://www.4aluvhome.com/244).

## Motor Vehicles For Sale

**For Sale:** 1983 Honda 750 Shadow motorcycle. Runs and looks good. Priced to sell at \$1,950. Call 308-5389. 23x2p

**For Sale:** 2007 Ford Focus SES Ltd., 1600 miles, \$9,500; 1999 Ford Dually, extended cab, 7.3 diesel, 70K, \$12,500; 1964 Industrial Ford front end loader, needs work, \$1,800; 2007 model 14x7x7 enclosed trailer - like new, \$3,800; 1964 Ford dump truck, only 39K, \$2,500; 1972 Chevy pick-up, \$2,000; 1989 Dodge camper van, \$3,800. Also several farm tractors and equipment. Several riding lawn mowers. 606-256-4739 or 606-308-4739.

**For Sale:** 1993 Mercury Marquis with brand new motor. Needs front end work. \$1,200. Also, lot on Poplar St. in Mt. Vernon. Approx. 84x184. \$14,500. 256-9697. 21x3p

## Lost/Found

**Found:** PTO Shaft end on Purr Rigsby Road 4/24/09. Describe and claim. 606-256-4475.

**Found:** Dog hit by car in front of City Hall in Mt. Vernon Tuesday morning. Had to be taken to vet. Looks like Jack Russell. Must identify. Call 308-0357.

## Pets

**For Sale:** AKC registered Lab puppies. \$250 ea. Call 859-302-3362. 3xntf

## GILLIAM

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 427 Chestnut Street, Berea, KY • 859-986-9797  
**John Gilliam • Principal Broker**  
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2750 Burnt Ridge Rd., Mt. Vernon - \$150,000  
 7562 Climax Rd., Mt. Vernon - \$84,500  
 133 Little Clear Creek (1.675A) - \$60,000  
 195 Little Clear Creek (2.5+/-A) - \$65,000  
 Deep Vista Rd., Mt. Vernon (19.17 A) - \$85,000  
**SOLD!** 211 Swiss Hill Dr. Berea - \$184,900  
 3.03 A on Menifee Hill Rd. - \$24,900  
 2.5 A on Menifee Hill Rd. - \$18,900  
**SOLD!** Lot #4 - East Fork Rd. 2.57 A - \$18,200  
 Lot #7 - Hwy. 1249, 3.7 A. - \$25,000

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**4 Bedroom Doublewide \$49,900**  
 •Delivered & Set-Up •Footers  
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 If you have two years job time anywhere and little or no credit, let the government and Crossland Homes deliver you a new home.  
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 You pick the home & land, Crossland Homes will do the rest.  
**Call 606-864-5252**

## Help Wanted

**Mt. Vernon Pizza & Subs** taking applications for full-time delivery driver. Apply in person. **Help Wanted:** Custodian to perform routine cleaning of RTEC offices, located at Main St., Mt. Vernon, Ky. Qualifications: Must be physically able to push, pull, stoop, bend and lift up to 50# to perform the tasks required. Must have good communication skills in the English language and legible handwriting. Must have a high school diploma or GED plus a valid Kentucky drivers license. Must have working knowledge of cleaning chemicals. Full benefits after 90 days with salary negotiable. EEO - Minority encouraged to apply. Apply at 100 Main St., Mt. Vernon, Ky. 40456. 23x2

**Help Wanted:** McCauley Egg Co. taking applications for Route Driver. Call 256-9869.

**Drivers.** Regional. Great pay and benefits. Pd. vac. & bonuses. Home most wknds. CDL-A 1 yr. recent flat bed exp. 888-567-4860. 23x1p

**Epperson Air Conditioning • Heating • Plumbing • Electric** is seeking HVAC mechanics and plumbers. Call 606-679-7476, 112 W. University Dr., Somerset, Ky. 42503. EOE and Drug free work place. 24xntf  
**AVON:** Earn money by selling Avon. 1-888-528-7875. 49xntf

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KING BOTTLING, INC.  
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If you are 55 or older, unemployed with limited income, and looking for paid job training leading to employment

**Call Experience Works today!**  
**1-877-265-7876**  
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## Professional Services

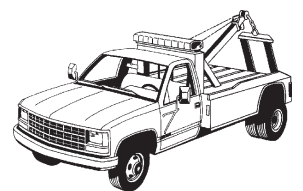
**Web Sites:** Sell your products on the internet. Call Diane for a free consultation. 606-256-8954. 22x3

**Gravel Hauling:** Driveways, ets. 256-4695 or mobile 859-544-7730. 14xntf

**Derek's Lawn Care:** Lawnmowing Landscaping • Much More. Free estimates. Derek Clark. Ph. 859-248-2487 or 758-4619. 19x5p

**Owens Monument:** Located behind Owens Funeral Home in Brodhead. Open Mon-F 8 to

**Lisa's Little People Day Care & Learning Center LLC** now has open enrollment for all ages 6 wks-12 yrs. old. Drop-offs welcome. Open: Mon-Fri. 5:45 a.m. to 5 p.m. Affordable rates, great location, home cooked meals. Located at 100 Crawford Lane, Mt. Vernon, just above Mt. Vernon Elementary.  
Call 606-256-8858 or (cell) 859-582-5707



**STEWART SALVAGE**  
We buy junked or repairable vehicles. Also, used parts for sale.  
Call 859-358-3560 or 606-758-9176 anytime

### Burke's Mowing, Weed Eating, Pressure Washing & Gutter Cleaning

Will mow and weed eat yards, church yards and grave yards of any size and pressure wash houses, buildings and garages of any size. Also clean gutters.  
Give Josh Burke a call at  
606-758-4483 • 859-893-7069 • 606-308-4852

**Buying Used Cars - \$100 and up**  
Call Mike or Rhonda at  
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**Drywalling,** mowing, painting, landscaping, all types of remodeling. 859-986-0106 or 859-893-0629. 22x2p

**Jonathan Collins Remodeling and Repair Service.** Home improvements of any kind from doors and windows to roofs and decks -will do it all. Any home, any problem, we're the ones to call. 606-256-5459. ntf

**Larry's Seamless Guttering,** Vinyl siding, soffit and replacement windows. Fully insured. Free estimates. 606-308-1030 or 606-758-4228. 44xntf

**Phelps Roofing.** Owner Mike Phelps. Insured, references available, free estimates. 16 years experience. Ph. 606-758-8874. 41xntf

**Notice:** Will haul off or buy scrap metal, junk cars or trucks. Metal hauled for free. 859-353-1769. 14xntf

**Grave Markers & Monuments:** In stock at all times. McNew Monument Sales, US 25, 4 miles north of Mt. Vernon. Phone 256-2232.

**U Call We Haul!** Moving? Need Help? Cars, furniture, construction cleanup -- anything that fits on a truck, large or small! We will also haul your junk car or truck away for free. *No Garbage!!* Light backhoe and landscaping. 256-9222 or 606-308-1629. 27xntf

**General Maintenance.** Will do carpentry, electric, plumbing, total re-modding. 20 years experience. One call does it all. Contact Bobby at 859-358-2806.

**P&P Guttering:** 5 & 6 inch seamless gutters, siding, soffit and window installation. Call 256-4393. Free estimates.

**Lovell's Gun Sales & Repair:** New and used guns for sale. Ammo and gun accessories. Repairs, stock refinishing, hot bluing. Certified gunsmith/licensed firearms dealer. Maple Grove Road. Mon-Fri. 5 to 8 p.m. 256-3539. 11ftn

**Gail's Pampered Pooch** 57 West Main St. • Brodhead For appt. call 606-758-0064  
17 Years Experience Pet Grooming 20xntf

## Miscellaneous For Sale

**For Sale:** Beautiful diamond ring. 14K white gold, square shaped, have papers. \$550. 256-5042. 23x1p

**For Sale:** 3-12" speakers in a box w/Kenwood 1,000 watt and 800 watt, \$400. Freezer \$100. 859-200-6885. 23x1p

**For Sale:** New 18 ft. x 4 ft. Easy Set pool is ready for water in 30 minutes. Includes ladder, filter, pump, maintenance kit, cover and instructional video. Lowest price anywhere - \$200!! 606-309-1519. 21x4p

**For Sale: Collectibles,** antiques from Stein's. Various art prints, dishware, etc. Ask about other items. 256-2868. 22x2p

**For Sale:** Mixed hay, \$5 bale. Cecil King, 606-510-3719. 13xntf

**For Sale:** Cemetery lots, Cresthaven Cemetery, Mt. Vernon. Call Bill Dowell at 308-1058. 31xntf

**Jean's Sale:** Levi, Carhartt and Wrangler. Napier's Clothing, 35 Public Square, Lancaster. 22x4

**Bib Overalls** (low back) by Poynter. Napier's Clothing, 35 Public Square, Lancaster. 22x4

### C&T's Lawn Mowing Service & Small Engine Repair

We will mow any lawns, and we do some pressure washing.  
606-308-5500 or 606-308-3444

## Yard Sales

**Yard Sale:** 2 Families. Sat., May 2, 9 to noon, 405 West Main St., Mt. Vernon. Given by Judy Phillips and Paula Cowan.

**Yard Sale:** Sat., 9 to ? at the corner of Albright & Tyree Street (across from the park) in Brodhead. Huge selection!

Women's: clothes sizes 8-20, petite plus size dress pants/jeans, shoes sizes 7-9. Boy's: name brand clothes sizes 7-10, shoes sizes 3-4, athletic apparel, toys. Men's: clothes sizes XL-XXL, shorts/pants size 38, shoes 13-14. Housewares: full mattress w/box springs, roaster oven, quilts, comforters, shower curtains, commercial hair dryer. Given by Jamie Fain & Patsy Ramsey.

**Yard Sale:** At Senior Citizens Bldg., Sat., May 2nd, 8 to 4. Given by Debbie Bullock, Doris Brown, Nancy Ramsey.

**Yard/Estate Sale:** Sat., May 2nd, 9:30 a.m. Williams St., Brodhead. Furniture, shelves, chest freezer, cookware, Western movies - John Wayne, Clint Eastwood, purses, Home Interior, end tables, whole lot of everything. It's a big one! Rain cancels.

**Yard Sale:** Sat., May 2nd, 8 a.m. to 5 p.m. West St. (Bowling Ridge Road), Brodhead, 1/2 mile from Dollar Store on the right. Dining room chairs, kid's table and chairs, toy kitchen, small kid's bike, patio umbrella, flip chair, women's clothing (sizes 10-12), girl's clothes (sizes 5/6/7), party and Christmas decorations, pinatas, toys, games, movies, misc.

**Yard Sale:** Eddie Drive in Hunter Ridge off Hwy. 150. Microwave, crock pot, bedding, misc. items, clothing & shoes for men and women and vintage costume jewelry. Fri. & Sat., May 1st and 2nd, 8:30 a.m. to ?

**Yard Sale:** Several families. Sat., 8:30 to 2:30. Located at corner of Wallin and Hwy. 150 in Brodhead. Something for everyone. Rain cancels.

**Yard Sale:** Sat. 8 to ? Red Barn on Maple St. in Brodhead.

**4 Family Yard Sale:** April 30 - May 2, Thurs. thru Sat., at 39 Dogwood Lane, Orlando, 1 1/2 miles past Jean's Restaurant at the home of Brian and Melony Wynn. Lots of name brand clothing - women's, men's, boy's; jean's; tops; shorts; dresses; skirts; shoes; purses; wedding dress - sz. 10 and accessories; CDs; movies; air beds; lamps; toaster oven; wine and grape decorations; Home Interior; pet bed; heater;

microwave; wheel covers; cookie jar and much more. If rain cancels, will have the following weekend.

**Yard Sale:** Sat., May 2nd, 1737 Willailla Road, Hwy. 70. Household items, clothing, shoes, dishes. Rain cancels. Charlotte Bullock, Norma and Dee Reams.

**3 Family Garage Sale:** Fri., May 1st at the home of Lorene Falin at 140 Sowder School Road off Sand Springs Road. Signs will be posted. Lots of items - priced cheap! Big screen TV, electric sewing machine, computer, Home Interior, "like new" prom dresses.

**4 Family Yard Sale:** Sat., May 2nd, 8 a.m. to ? at the home of Joe and Sharon Lovins. Turn at Maretburg Church onto 2108, go 1 mile, turn right onto Hemlock Circle, 7th house on right. Lots of nice suits and dresses sizes 10-16; baby girls 3-12 mos., junior girls 6/8/10, boys 2 and 4, baby saucer, baby gate, lots of everything. Come on out.

**Maretburg Community Yard Sale:** Sat., May 2nd, 8 a.m. to ? From 150, turn onto 2108 at Maretburg Church. Green Acres, Club View Dr., Solar Dr., Hemlock Circle, Mercury Drive and Jupiter Drive, ends at Jct. 1250.

**Three Family Yard Sale** across from the home of Wanda and Darrell Ellison on Hwy. 1326, Old Brodhead Road. Fri. & Sat., 8 a.m. to ?

**Yard Sale:** Sat., May 2nd and Sunday, May 3rd, 8 a.m. to ? at 35 Old U.S. 25. Boys and girls clothes, all sizes, toys, weed eater, women's clothes, Mary Kay. Too much to mention.

**Huge Yard Sale:** 2 Family. Friday, May 1st, 8 a.m. to ? Hwy. 2108 at Maretburg on left at Club View Drive. Men's and women's clothing, boys's sizes 4-5, juniors sizes 0-3 - all name brands - AE, Aero, RL, Tommy, Nike and much more. Shoes all sizes, twin bed, twin comforter set (like new), swing set, bicycles, two TVs, Home Interior, toys, 2005 Articcat 400 4 wheeler, 4x4 and much more. In case of rain, will be in garage.

**Huge Yard Sale:** Sat., May 2nd, 9 a.m. to ? Turn at Brodhead Fire Dept. onto Hwy.

### FOR SALE

Model 995 David Brown case Tractor. Very good condition. \$5,000 firm.

Call 606-379-0756 or Cell 606-872-4285

1505/Brindle Ridge Road and Chestnut Grove Rd. Boy's clothes, newborn to 3T. Girl's clothes newborn to 6 mos. Men's sizes L-XL, women's sizes 0-4, household items, toys, books, shoes, purses, jewelry and much much more. Many items \$1 or less. Given by Amy Tolle Foley.

**Garage Sale:** Friday and Saturday, rain or shine. Little girls, up to 18 mos., boys 2T-4T, high chair, walker, riding toys. Women's and men's clothing, purses, shoes. Home Interior Greatest Stories Ever Told figurines. Washer (free-needs work) and dryer. Hwy. 3245 in Brodhead, 2nd house on right. Given by Amanda and Vickie Bradley.

**Yard Sale:** 5 Family. Sat., May 2nd, 8 a.m. to ? at 253 W. Main St., Brodhead (inside). Some furniture and lots of items.

**Yard Sale:** at C&C Storage Units on Hwy. 150 near Brodhead. Saturday 8 to 2. Rain cancels.

**Huge Yard Sale:** Friday, noon to 6 and Saturday, 8 to 2. Rain cancels. Variety of baby items: girls 0 to 3t, boys 0 to 3t, boys 10 to 16, women 6 to 14, all clothes like new, no stains, name brands including Ralph Lauren, Tommy, Calvin Klein, Old Navy, Levis, Gap, Children's Place, Nike, Gymboree, tons of maternity clothes and scrubs. Free toy for each kid while they last. Fol-

low signs and take right before you get to Jean's Restaurant.

**Yard Sale:** Friday and Saturday, May 1st and 2nd, 9 to ? home of Nancy Wilson at 55 Chase St. in Berea. Home Interior, Avon, what-nots, dishes, lots of children clothes - very cheap, adults clothes small to large.

**1st Yard Sale in Years:** Saturday, May 2nd, 8 to 4, at J&J Auction on Hwy. 150. Given by Pam French and Angie Stallsworth Mink. A lot of name brand clothes including Carhartt, Walter Hagen, Abercrombie, Old Navy, Dockers and Ralph Lauren. Little boy clothes 0 to 3 months, girls clothing sizes 2 thru 10, women's clothing size 6 to 10 and men's clothing size 32 and 34. Too much to mention. Rain will postpone until following Saturday.

**Big Yard Sale:** Sat., May 2, 9 a.m. to ? Toddler girls clothes, plus size women's clothes, car seats, something for everyone. Hwy. 150 to Dug Hill Road, turn on Dug Hill go 2.8 miles, clay-colored house on left.

## Wanted

**Wanted:** Host families. Open your home and heart to a foreign exchange student for a school year. Call Valerie at 859-893-8304. 23x1p

## Roundstone School Yard Sale

Sponsored by Eagles' Nest Parent Group  
Roundstone Elementary School Cafeteria  
Sat., May 2, 2009 • 8 a.m. to 2 p.m.

Get your family what it needs while saving money and helping kids!!! Items in the yard sale will include clothing of all sizes, shoes, housewares, home decor, holiday decorations, toys, videos, books, tools and much more. There will be something for everyone. Come and explore the bargains galore!!!

*Proceeds will go toward the purchase of new playground equipment for our older and younger students. A new playground is being planned and will be built in phases, as funds permit.*

## CHURCH YARD SALE

First Baptist Church Fellowship Hall  
340 W. Main St., Mt. Vernon  
Sat., May 2, 2009 • 8 a.m. to 1 p.m.

You won't want to miss out on this event! Something for everyone of all ages. Rain or shine.  
*All money earned will go toward helping our mission team on their summer mission trip.*

Absolutely no classifieds can be placed over the phone without paying at time of placing advertisement

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All classified advertisements must now be paid for in advance.

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**Costs:** \$4.00 per week for 25 words or less. Please add 10¢ more for each word over 25.

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Please mail to Mt. Vernon Signal • PO Box 185 • Mt. Vernon, Ky. 40456

Or have Credit Card # ready and phone 606-256-2244 to place your ad

Ad must be received by 10 a.m. Tuesday

# Notice

**Notice:** Looking for a place to begin worshipping. If you have a place or vacant building, please let me know. 859-985-0106 or 859-893-0629. 22x2p  
**Invitation To Bid:** The Cumberland River Regional Mental Health/Mental Retardation Board, Inc. is accepting sealed bids for the replacement of shingles in Mt. Vernon, Ky. The bid should include removal and disposal of old shingles. It should also include replacement of felt and ridge vent. The bid should show separate amounts for labor and materials. Proof of liability insurance is required. Bids will be received in the office of Paul McGeorge, P.O. Box 568, Corbin, Ky. 40702. For more information, call 606-528-7010. The right is reserved to

accept or reject any or all bids. Bids must be received by 10 a.m. May 1, 2009. 22x2  
**Notice is hereby given that** Denise Therese Schlegel, 278 Beiting Lane, Mt. Vernon, Ky. 40456 has been appointed guardian of Terrance Jerod Schlegel, a minor on the 20th da of April, 2009. Any person having claims against said estate shall present them, according to law, to the said Denise Therese Schlegel on or before Oct. 21, 2009 at 11 a.m. 23x2  
**Notice is given that** Junior Debord has filed a Final Settlement of his accounts as Administrator of the estate of George B. Debord, deceased. A hearing on said settlement will be held May 20, 2009 at 11 a.m. Any exceptions to said settlement must be filed before said date. 23x1  
**Notice is hereby given** Joyce McCracken, 1648 Sowder School Road, Mt. Vernon, Ky.

40456 has been appointed guardian of Eric McCracken on the 13th day of April, 2009. Any person having claims against said estate shall present them, according to law, to the said Joyce McCracken or to Hon. Roy G. Collins, 109 Dickenson Street, Manchester, Ky. 40962 on or before Oct. 14, 2009 at 11 a.m. 22x2  
**Notice is hereby given that** Joyce McCracken, 1648 Sowder School Rd., Mt. Vernon, Ky. 40456 has been appointed guardian or Zachery McCracken on the 13th day of April, 2009. Any person having claims against said estate shall present them, according to law, to the said Joyce McCracken or to Hon. Roy G. Collins, 109 Dickenson St., Manchester, Ky. 40962 on or before Oct. 14, 2009 at 11 a.m. 22x2  
**Notice is hereby given that** Virginia Deniece Waddle, 715 Belle Mills Rd., Shepherdsville, Ky. 40165 has been appointed Administratrix of the estate of Virginia Maude Mullins on the 8th day of April, 2009. Any person having claims against said estate shall

present them, according to law, to the said Virginia Deniece Waddle or to Hon. William D. Reynolds, P.O. Box 1250, Mt. Vernon, Ky. 40456 on or before Oct. 12, 2009 at 11 a.m. 21x3  
**Notice is hereby given** Phyllis Hines, P.O. Box 101, Mt. Vernon, Ky. 40456 has been appointed administratrix of the estate of Henry Hines on the 6th day of April, 2009. Any person having claims against said estate shall present them, according to law, to the said Phyllis Hines or to Hon. William D. Gregory, 240 East Main St., Drawer 220, Mt. Vernon, Ky. 40456 on or before Oct. 7, 2009 at 11 a.m. 21x3

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 • Annuals & Hardy Plants • Herbs  
 • Cabbage, Broccoli, Cauliflower  
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 Hwy. 25 Junction 3275 - corner of Brindle Ridge Rd.

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*Martha's Sewing Mending, Dressmaking Alterations*  
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 Full body, frame and paint service  
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 Storage and Rental Units • 12x20 units fully lined floor to ceiling & fenced for your security  
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On Monday April 13, the Rockcastle County Conservation District gave away trees. For over 20 years, the District has been giving away free tree seedlings. This year, species of trees given away were; Redbud, Black Walnut, White Pine, Pecan, Hazelnut, and Dogwood. Approximately 200 people came by the District office in the two days of the give away. The District also gave away over 1000 white pine seedlings to local elementary schools. Pictured above, District Clerk Sandy Whitaker assists Debbie Laswell and her mother Patsy Cable in bagging Pecan tree seedlings.



Madison York of Brodhead was excited to receive her free tree seedlings. The Conservation District looks forward to giving out trees every year because trees are an extremely important natural resource. Trees provide many benefits like increasing the value of your home by up to 15%, removing CO2 from the air to help prevent global warming, producing oxygen, providing food and habitat for wildlife, and help reduce heating/cooling costs in the home by serving as shade in the summer and windbreaks in the winter.

## This week is 2009 Stewardship Week

The Rockcastle County Conservation District encourages you to think about your personal responsibility to be a good steward of all natural resources, including soil, during its annual Stewardship Week celebration. The National Association of Conservation Districts (NACD) has proclaimed April 26 – May 3, 2009 as Stewardship Week.

2009 Stewardship Week is themed "DIG IT! The Secrets of Soil." Correlating education materials were developed based on an exhibition created by the Smithsonian's National Museum of Natural History and sponsored by the Soil Science Society of America and the Nutrients for Life Foundation.

Soil supports forests, wetlands, grasslands, tundra, and aquatic ecosystems. Soil makes up the outer layer of the earth's surface, it nourishes the plants we eat, the animals we use for food and fiber and the thriving underground kingdom of bacteria, fungi, protozoa, earthworms and other microbes that are critical to the planet's food web. Soil directly and indirectly affects agricultural production, water quality and climate. Thanks to the earth's soils, most of the rainfall hitting the planet is trapped and absorbed, watering plants and replenishing aquifers, rivers, lakes and streams.

Tommy Harold Mink acts as the Chairman for the Rockcastle County Conservation District. The District was formed to assist people in Rockcastle County with conservation issues, and to be a partner for clean air, clean water, and a more desirable community. During Stewardship Week, the Conservation Dis-

trict will be distributing book-marks at the County Library, adding inserts to local churches bulletins, and giving soil posters to each 4th and 5th grade class in the county.

Rockcastle Conservation District is a member of the National Association of Conservation Districts (w) which oversees the Stewardship Week program. Stewardship Week is one of the largest national annual programs to promote conservation. NACD represents the nations 3,000 conservation districts, which were established to encourage resource conservation across the country.

"Since the Dust Bowl of the 1930s, the protection of soil from erosion and degradation has greatly increased through the work of conservation districts and our partners. These conservation groups assist landowners and the general public through education and technical assistance as to the importance of the soil and how to properly manage it," said NACD President Steve Robinson. "Soil is one of our precious natural resources that we must conserve for the next generation. All communities benefit when they have a better appreciation of soil and its connections to our every day life. Conservation districts are working with local communities to instill the appreciation for our natural resources across America."

For information about Stewardship Week and conservation, contact the Rockcastle County Conservation District at 606-256-2525 ext. 3. You can also visit w to learn more about NACD and Stewardship Week.

## The "Young at Heart" Big Band benefit concert

The "Young at Heart" Big Band will be putting on a concert to benefit the Rockcastle High School Band this coming Thursday, May 7th at 7:00pm in the Rockcastle High School Auditorium. Mr. Bob Pybas, former Rockcastle High School Band Director, is coordinating the event which is being held to help the band pay to repair the band's equipment trailer. The boosters contacted Mr. Pybas when they first learned that the trailer would need two new axels and new tires. Admission to the concert is FREE but there will be an opportunity for concert goers to contribute to the RCHS Band trailer repair fund through a donation box and a "pass the hat" intermission.

The trailer, originally purchased several years ago, is vitally important to the band as the primary method of transporting instruments, equipment and supplies needed for competitions and events. And, besides its obvious uses, the trailer also serves as a symbol to the band students of the progress that the band has made in recent years. Anyone who has been on the marching band competition circuit in recent years has seen the vast array of trucks, trailers, 4-wheelers, etc. that other bands are using to bring their show to the field. It can be extremely intimidating for the students to watch another band roll up in a semi-tractor trailer! With the addition of the RCHS band trailer, the students have begun to feel a new sense of pride which has helped them have the confidence they need to compete in such a spirited arena.

Both students and parents alike are looking forward to the concert which will give everyone a chance to see how music

really can last a lifetime! A few student band members will also get an opportunity to actually play along side their older mentors. The "Young at Heart" group, although based in Lexington, has several band members who hail from other areas like Frankfort, Georgetown, Harrodsburg, Danville, Winchester and Mount Vernon. The band performs an average of forty times per year, primarily at nursing and rehabilitation facilities, entertaining and promoting "The Greatest Music" from the "Greatest Generation" --- Big Band music from the WWII era.

All but one or two members are retired and have joined together strictly for the love and enjoyment of playing and to promote the great dance music of the big bands. A combined age of the members would make Methuselah look like a spring chicken, but the bands spryness in performance alludes to their name, the "Young At Heart."

Besides having no director, the most unique thing about the band is that they do not charge for performances and members receive no payment for travel or performance. For example, one member drove over 4,900 miles in 2007 to perform with the band. In 2005 the Bluegrass Area Jazz Association presented the Young At Heart Band with a coveted Community Service Award for outstanding service to the community.

Other than much appreciated applause, the "Young at Heart" band's only compensation comes in the form of occasional complimentary meals and most of all, welcomed monetary donations which are then used in support of various area school music programs and to purchase band instru-

ments for talented students who would otherwise be unable to afford them.

Band Members include: George Ely, President, Alto Saxophone; Dale Abernathy, Trumpet; Reed Harrod, Alto Saxophone; Robert Pybas, Trombone; Dow Kindred, Tenor Saxophone; Edsel Arnett, Trombone; Clyde Faneuff, Tenor Saxophone; Doyle Rambo, Tuba; Lee Patrick, Baritone Saxophone;

Vearl Pennington, Bass; David Sublette, Trumpet; Barry Miller, Drums; John Hughes, Trumpet; Patti Gooch, Piano; Gene Strassner, Trumpet; and Pat Geary, Vocalist.

The RCHS Band Boosters wish to thank the community for their continued support and ask that you come on out next Thursday to the RCHS auditorium to hear some fabulous music and to support your own Marching Rockets!



Admission to the concert is FREE but there will be an opportunity for concert goers to contribute to the RCHS Band trailer repair fund through a donation box and a "pass the hat" intermission.

## IT'S SPRING AND THE ALLERGIES ARE A' BLOOM!!

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## Absolute Auction of Mrs. Ruby McWilliam's

### 67 Acres in Tracts and Timber

Saturday, May 2, 2009 at 1:30 p.m.

North Hwy. 39 - Somerset • Bee Lick section of Pulaski County

**Directions:** From Somerset, take North Hwy 39 approximately 17 miles and the property will be on your left. From Mt. Vernon, take Hwy 150 to Hwy 70. Follow Hwy 70 to the Hwy 39 intersection. Turn right onto Hwy. 39 and proceed approximately two miles to the property. Auction signs are posted.

No longer having need for this property, Mrs. McWilliams has authorized our firm to offer this fine acreage at public auction.

This 67-acre farm divided into the following tracts, has blacktop frontage along Hwy 39 and has approximately 9 acres of mature timber. This farm is mostly cleared with a small balance of woodland. **Tract #1** consists of 1.25 acres and has approximately 113 ft. of frontage along Hwy 39, has city water available and would make an excellent building home site.

**Tract #2** measures 1.00 acres with 152 ft of frontage along Hwy. 39. This tract has an older farmhouse (in need of repair) and a small pond.

**Tract #3 and #4** measure .81 and .76 acres respectively. They each front Hwy. 39 approximately 145 feet and again, these tracts would be ideal building or mobile home sites.

**Tract #5** consists of 5.35 acres and is accessed by a 30 ft. easement from Hwy. 39. There is an older combination barn and this tract is mostly cleared with a small balance of woodland.

**Tract #6** measures 10.52 acres and is also accessed by the 30 ft easement from Hwy. 39. This tract is mostly cleared with the balance in timber. This is one of those hard to find ten-acre tracts.

**Tract #6T** - The timber on Tract #6 will be offered separately. Accessed by the 30 ft easement.

**Tract #7** consists of 12 acres. This tract is all cleared.

**Tract #8** has 36.45 acres and is accessed by the 30 ft easement from Hwy. 39. This tract has approximately 27 cleared acres and approximately 9 acres of marketable timber.

**Tract 8T** - The timber on this tract will also be offered separately.

**AUCTIONEERS NOTE:** Home sites, farming sites, marketable timber can all be found on this farm!! Having a total of 67.58 acres and frontage along Hwy. 39 this versatile farm could be a wise move for you! Build your home, have room for running cattle or horses, and marketable timber for investing! Come prepared to bid and buy on Saturday, May 2nd, 2009 at 1:30 p.m.!!

**TERMS:** 20% down the day of the auction, with the balance due in full within 30 days.

**NOTE:** The purchaser of a single-family residence built before 1978 has a maximum of 10 days to inspect the property for the presence of lead base paint. The period for inspection begins April 22nd through May 1st. The successful bidder must sign a waiver of the 10-day post sale inspection period.

**AUCTIONEER/BROKER/SELLER DISCLAIMER:** The information contained herein is believed to be correct to the best of the auctioneer's knowledge. The information is being provided for the bidder's convenience and it is the bidder's responsibility to determine the information contained herein is accurate and complete. The property is selling in its as-is condition with no warranties expressed or implied.

Announcements made the day of the auction take precedence over printed matter.

For additional information or plat copy, contact Ford Brothers, Inc.

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# *Surgical Advancement*

Beverly Wooten, RN,  
Surgery Coordinator, stands  
in the new recovery area  
in Rockcastle Hospital's  
renovated surgical suite.

*In this issue:*

- American Stroke Month
- Women's health
- Just for Kids page
- And more!

# ROCKCASTLE

## HOSPITAL AND RESPIRATORY CARE CENTER, INC.

### About Us

Rockcastle Hospital and Respiratory Care Center, Inc. is a not-for-profit community health-care system that operates emergency, inpatient and outpatient acute care programs, a long-term care program for patients dependent upon mechanical ventilation, a home health service, and a state-of-the-art medical office complex. Established in 1958, RHRC is JCAHO and CAP accredited and treats patients from across Kentucky, Tennessee and many other states.

Rockcastle Hospital and Respiratory Care Center has the largest respiratory therapy staff in the state and is nationally known for its excellence. It has achieved a ventilator weaning rate of 40 percent and always focuses on improving the quality of its residents' lives.

### Mission

Rockcastle Hospital and Respiratory Care Center, Inc. is a family-oriented team of health-care professionals dedicated to delivering the highest quality of care to those we serve.

### Vision

Rockcastle Hospital and Respiratory Care Center, Inc.'s vision is to be the hospital of choice for healthcare in Rockcastle County and surrounding areas and to be the facility of choice nationwide for ventilator care.

### Values

We value excellence, friendliness, compassion, cleanliness and our commitment to our community.

### Accreditation

All Rockcastle Hospital and Respiratory Care Center, Inc. facilities and programs are accredited by the Joint Commission on the Accreditation of Healthcare Organizations (JCAHO).

### Referral Contact

Carolyn Browning, Director, Social Services

### Professional Association Memberships and Other Affiliations

American Association of Respiratory Care  
 American Health Care Association  
 American Hospital Association  
 Kentucky Association of Health Care Facilities  
 Kentucky Home Health Association  
 Kentucky Hospital Association  
 Kentucky Medical Association  
 National Patient Safety Foundation  
 UK HealthCare Network Affiliate—Markey Cancer Center  
 UK HealthCare Network Affiliate—Gill Heart Institute

### Speakers Bureau

We are pleased to present information about healthcare and healthcare professions to the public. To schedule a speaker for your school, business, civic, healthcare or government organization, call Arielle Reese (606) 256-7880.

### Leadership

Rockcastle Hospital and Respiratory Care Center, Inc. is governed by a local, volunteer board of directors.

Joseph E. Lambert, Chairman  
 Bige W. Towery, Jr., Secretary  
 William B. Bailey, Jr.  
 William B. Bailey, Sr.  
 Debra H. Lambert

### Executive Management

Stephen A. Estro, President/CEO  
 Charles D. Black, CFO  
 Cindy Burton, RN, Chief Nursing Officer

Health Signal is a publication of Rockcastle Hospital and Respiratory Care Center, Inc.

145 Newcomb Avenue  
 P.O. Box 1310  
 Mt. Vernon, KY 40456  
 (606) 256-2155  
[www.rockcastlehospital.org](http://www.rockcastlehospital.org)

Health Signal is produced by the Community Relations Department of Rockcastle Hospital and Respiratory Care Center, Inc.

Arielle Reese, Director  
 Susan Brown, Page Design

## FEATURES



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**Loads of love**

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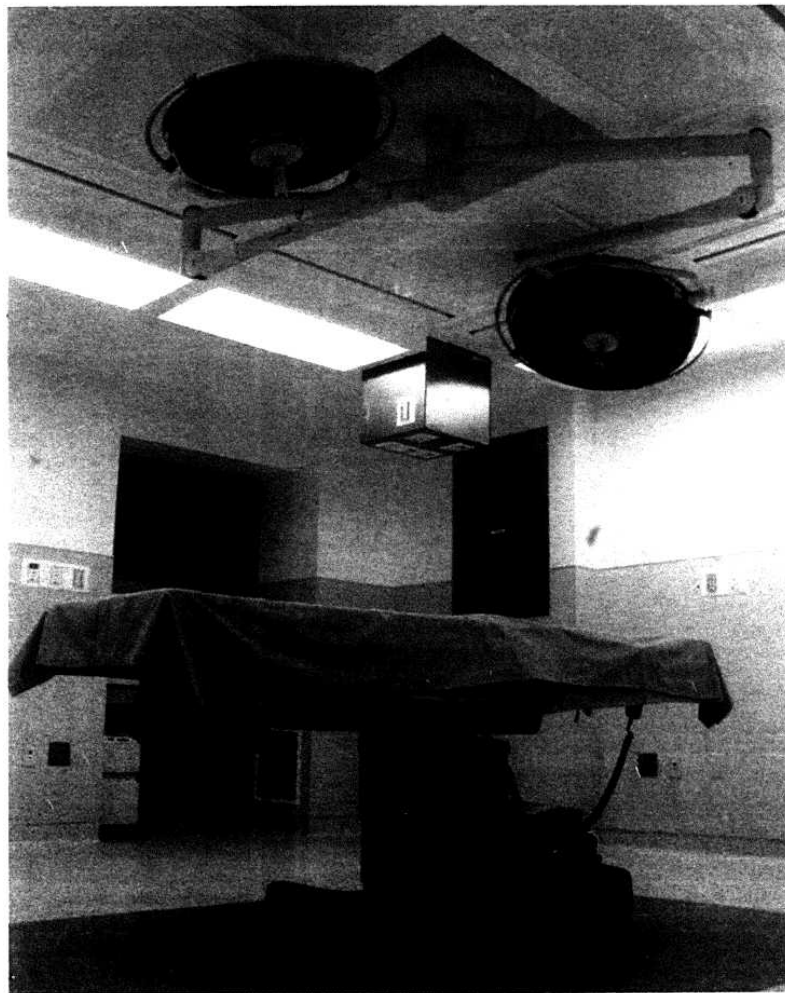
**Wellness works**

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# Bigger, better, more *advanced*



Pictured above is Rockcastle Hospital's new operating room. The new surgical suite opens May 1.

## Hospital opens new surgical suite

By Anelle Reese, Rockcastle Hospital  
Community Relations Director

**R**ockcastle Hospital's new surgery department officially opens May 1 and Rockcastle Hospital Surgery Coordinator Beverly Wooten, RN is eager to utilize their new space. It is an expansion of the old surgery department combined with the old emergency department space (which relocated to the new Outpatient Services Building in April 2007). The new surgery department is nearly four times the size of the old and the new operating room is nearly twice the size of the old.

The new space features a pre-op area that includes three beds. A recovery area has an additional three beds, one bed in a private room for those patients who require a longer stay. Previously, those patients were taken to a room in the acute side of the hospital. Family members can now come back into pre-op and recovery because of the additional space. Computers are

easily accessed by nurses for charting, documenting and scanning of medication. There is plenty of storage space for fresh linens and equipment, items that previously had no storage area. The new department includes male and female changing rooms and restrooms and office space for Beverly and other members of the surgery team.

The new department features state of the art technology and infection control measures, including sensors that monitor the OR.

"We are really excited about the new OR," said Amy Bray, RN, Surgery. "Our new department will help us provide better continuity of care. I think our patients will really be impressed."

Currently, Christian Knecht, M.D., David Brabon, M.D. and UK HealthCare gastroenterologists perform procedures that include: colonoscopy, gall bladder and appendix removal, hernia and endoscopy.

# National Hospital Week 2009

Celebrating employees, patients and community

**R**ockcastle Hospital is committed to Healthcare Excellence and will celebrate this dedication May 10-16 during National Hospital Week. A variety of activities will honor staff members, patients and the community with the theme "Our Mission: Healthcare Excellence." Activities will kick off Monday afternoon with fresh fruit delivered to staff. On Tuesday staff will receive a free breakfast. Wednesday the celebration will focus on residents in the long-term care unit. Thursday is Community Appreciation Day. Adults and children who visit the hospital will receive a gift and the hospital will host a health fair for the community. Friday is the annual cookout for staff and their family. Saturday will wrap up the week with pizza being delivered to those working the night shift.

"We are proud of our over 550 employees at Rockcastle Hospital," said Rockcastle Hospital CEO Steve Estes. "Each doctor, nurse and staff member is dedicated and committed to taking our healthcare system to new heights of excellence. During National Hospital Week we will display their important role to the hospital, our patients and the community, but their dedication lasts far beyond this week."

Our people want the very best for our patients and that's what they bring to the hospital every day of the year."

National Hospital Week is the nation's largest annual health care event. National Hospital Week began in 1921 and, over the decades, has helped revolutionize the public view of hospital. The health care industry employs more than 14 million workers throughout the U.S.

Rockcastle Hospital and Respiratory Care Center, Inc. is a not-for-profit community hospital that operates inpatient and outpatient acute care programs, 79 long-term care beds for ventilator-dependent patients, a home health care service and Medical Arts Building.

The hospital was established in 1956, is accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO), and treats patients from across Kentucky and several other states. In 2008, Rockcastle Hospital received patients from as far away as Colorado, Florida and Pennsylvania and from prestigious hospitals such as Johns Hopkins and Duke.

**OUR  
MISSION:  
HEALTHCARE EXCELLENCE**

## Also celebrating in May: National Nurses Week

**R**ockcastle Hospital will participate in National Nurses Week May 6-12, 2009. The nursing staff will participate in activities including vintage nurses' day and a variety show.

Nurses worldwide will celebrate the

nursing profession and those who make a difference every day.

Jamie Smith, RN was named Rockcastle Hospital's Nurse of the Year and Katerina Alcorn, SRNA, was named Nurse Aide of the Year.



Jamie Smith, RN



Katerina Alcorn, SRNA

## Hospital receives third quality award

Rockcastle Hospital & Respiratory Care Center, Inc. received the Kentucky Hospital Association Quality Award for hospitals with less than 100 beds. Rockcastle Hospital won this same award in 2006 and 2008.

The Quality Award was created to honor hospital leadership and innovation in quality, safety and commitment to patient care. The goals of this award include raising awareness of the need for an organization-wide commitment to highly reliable, exceptional quality, patient-centered care; rewarding successful efforts to develop and promote

*"The KHA Quality award recognizes our commitment to patient safety and quality care in our community."*

a systems-based approach toward improvements in quality of care; inspiring organizations to systematically integrate and align their quality improvement efforts throughout the organization; communicating successful programs and strategies to the hospital field; and facilitating Kentucky hospitals' alignment of quality initiatives with national initiatives.

"The KHA Quality award recognizes our commitment to patient safety and quality care in our community. Quality and patient safety is a top priority for us here at Rockcastle Hospital and we are very pleased that the Kentucky Hospital Association has presented us AGAIN with this honor," said Tammy Brock, RN, Director of the Quality Department.

"Rockcastle Hospital is committed to creating and supporting a culture that focuses on excellence in delivery of service and an absolute obsession with patient safety and customer satisfaction," said Steve Estes, president and CEO of Rockcastle Hospital. "We are a team of dedicated individuals and receiving the KHA Quality Award for a third time is validation of the continuous performance improvements efforts of the entire organization, and in particular the great work and leadership of our quality department."

# Three-time KHA Quality Award Winner



2006 • 2008 • 2009

**ROCKCASTLE  
HOSPITAL**  
AND RESPIRATORY CARE CENTER

*Quality care, close to home.*

## [ UK CONNECTIONS ]

*May is American Stroke Month*

# Many women unaware of hidden stroke risk factors

**M**ore than 100,000 women under age 65 in America will have a stroke this year, and most of them will not know that women have hidden risk factors for stroke

A stroke happens when a blood vessel carrying oxygen and nutrients to the brain is either blocked by a clot or bursts. When this happens, part of the brain is not able to get the blood and oxygen it needs, and it begins to die. Depending on the side of the brain the stroke occurred, effects can include paralysis, vision problems, memory loss, speech or language problems and behavioral issues such as depression.

Beyond traditional risk factors such as age, family history, high blood pressure and high cholesterol, risk factors especially important for women include

- Migraines – recent research shows that women who have migraines with aura (visual disturbances such as flashing dots or blind spots) can be up to 10 times more likely to have a stroke

- Birth control pills – women who take even a low-estrogen birth control pill may be twice as likely to have a stroke than those who don't. Their risk also may increase depending on other risk factors, such as smoking

- Hormone replacement therapy – women who take hormone replacement therapy may have a slightly increased stroke risk

- Autoimmune diseases – diseases such as diabetes and lupus can increase the risk of stroke

- Clotting disorders – women who have had more than one miscarriage may be at higher risk for blood clots, which can increase their chance of a stroke.

Other signs of a possible clotting disorder can include previous blood clots in the legs (deep vein thrombosis) and livedo reticularis, a mottled purplish discoloration of the skin.

If you see someone having a stroke, call 911 immediately. Acting quickly and getting immediate treatment can

save lives and enhance the victim's chances for a successful recovery.

Warning signs of a stroke include

- Sudden loss of vision in one eye

- Weakness, numbness or heaviness in one arm or leg, or one side of the body

- Sudden confusion, trouble speaking or understanding

- Severe headache followed by sleepiness

If you or someone you know is having a stroke, you want to know you are going to a facility that can help as quickly as possible.

UK HealthCare is a Certified Primary Stroke Center and has a team of specialized physicians and health care

providers ready 24 hours a day to assist anyone having a stroke. At UK HealthCare, patients not only have access to the region's top doctors, but also to the most advanced medical technology. Acute stroke treatment can now extend beyond the three-hour window up to eight hours, with the new interventional therapies that are available at major comprehensive stroke centers such as UK.

This special certification program is led by the Joint Commission on the Accreditation of Hospital Organizations. It evaluates stroke care at hospitals based on their compliance with national standards, effective use of



primary stroke center recommendations and clinical practice guidelines to manage and optimize care, and performance measurement and improvement activities.

Go to the UK HealthCare Kentucky Neuroscience Institute Web site ([www.ukhealthcare.uky.edu/KNI/index.htm](http://www.ukhealthcare.uky.edu/KNI/index.htm)) for more information on stroke and its treatments, as well as information about the leading-edge care at UK Chandler Hospital. You also can call UK Health Connection at (800) 333-8874 toll free to request information and helpful fact sheets about stroke

## UK HealthCare

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Hematology & Oncology

Ketan Buch, M.D.  
Pulmonology (Adult)

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Cardiology

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Gastroenterology

Deborah Flomenhoff, M.D.  
Pediatric Gastroenterology

Mauro Giordani, M.D.  
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Hussam Hamdalla, M.D.  
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Suman Jana, M.D.  
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Radiation Medicine

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Hematology & Oncology

Erin Johnson Saunders, M.D.  
OB/GYN

Scott Scutchfield, M.D.  
Orthopaedic Surgery

Jignesh Shah, M.D.  
Cardiology

Steven I. Shedlofsky, M.D.  
Gastroenterology

Mushabba Syed, M.D.  
Cardiology

Rudolph M. Tovar, M.D.  
Gynecology

**If you see someone having a stroke, call 911 immediately.**

## [ UK CONNECTIONS ]

# UK Radiation Oncology

Now available at Rockcastle Hospital  
and Respiratory Care Center



Dr. Pushpa Patel

Pushpa Patel, MD, an experienced, board-certified radiation oncologist and long-time faculty member at the University of Kentucky, is available to see patients for consultations and follow-ups, with her practice limited to radiation oncology. Dr. Patel will provide individualized assessment and care, including coordination of referrals to the most appropriate facility if radiation therapy is needed.

For more information or to schedule an appointment, call **606-256-7798**.

Clinic address:  
145 Newcomb Ave.  
Mount Vernon, Kentucky

**ROCKCASTLE**  
HOSPITAL AND RESPIRATORY CARE CENTER

**UKHealthCare**  
Markey Cancer Center



## Avoid Skin Damage Make Sun-Smart Choices

**S**unny, warm weather is here, enticing us to spend more time outside. But before you head outdoors, make sure you have proper sun protection to help avoid sunburn, premature aging, and even skin cancer.

More than 1 million new cases of skin cancer will be diagnosed in the U.S. this year, and more than 100,000 will be new cases of melanoma, the deadliest form of skin cancer. Excessive exposure to the ultraviolet (UV) radiation from the sun is the most important preventable cause of skin cancer.

A new survey from the American Academy of Dermatology (AAD) found that four out of five respondents are concerned about skin cancer and feel it's important to protect themselves. However, more than half have never been screened for skin cancer by a health care provider and nearly one-quarter never examine their own skin for changes to moles and other blemishes.

But when detected in its earliest stages, skin cancer, including melanoma, is highly treatable and can almost always be cured," said Dr. Daniel Kenady, a cancer surgeon at the UK HealthCare Markey Cancer Center. "That's why making sure you have the right sun protection, along with regular screenings,

is so important.

UK HealthCare experts emphasize the importance of proper sun protection to help reduce the incidence of skin cancer. To help choose effective sun-protection products, look for products that provide:

- SPF 15 or higher
- Broad-spectrum protection (protects against UVA and UVB rays)
- Water resistance

Everyone, regardless of skin type, needs to be aware of the dangers of excessive exposure to the sun and take proper steps to protect their skin.

- Generously apply sunscreen
- Wear protective clothing, including a hat
- Seek shade when appropriate
- Remember that the sun's rays are strongest between 10 a.m. and 4 p.m.

A skin self-examination can be performed by regularly looking over the entire body, including the back, scalp, soles of the feet, between the toes and on the palms of the hands. To do a thorough exam, it is important to use both a full-length and hand-held mirrors, so it is possible to see the back of the head, back and buttocks. See your doctor about anything changing, growing or bleeding on the skin.

## [ HOSPITAL NEWS ]

## Kentucky Blood Center recognizes hospital donations

Rockcastle Hospital was honored at the Kentucky Blood Center Recognition Luncheon on April 16, at The Center for Rural Development.

Rockcastle Hospital hosts four blood drives per year and collected 457 pints of blood between January 2004 and April 2009. The hospital was recognized for their continued support of the Kentucky Blood Center.

"I truly appreciate Rockcastle Hospital and all that they do," said Loretta Robinson, Donor Recruitment Specialist. "The Kentucky Blood Center couldn't survive without the help and volunteers of local organizations like the hospital."

Rockcastle Hospital is ranked 12th out of 110 medical facilities that host blood drives, based on the number of donations. Due to an abundance of hospital employees who donate, the blood drives at the hospital are now closed to the public.

If you have questions about blood donation visit [kybloodcenter.org](http://kybloodcenter.org) or call 800 775 2522.



Kentucky Blood Center (KBC) Recruitment Specialist Loretta Robinson presents Rockcastle Hospital Community Relations Director Arielle Reese a certificate recognizing the hospital for their continued support of KBC. Since 2004 the hospital has hosted blood drives that have collected over 450 pints of blood.



RCHS UNITE Club President Ashley Robinson presents Rockcastle Hospital Community Relations Director Arielle Reese a plaque recognizing the hospital for their support of the Rockcastle UNITE Coalition.

## Rockcastle UNITE Coalition honors hospital

Rockcastle Hospital was honored at the Rockcastle UNITE Coalition Dinner on April 16 at Rockcastle County Middle School. Rockcastle Hospital supported UNITE in the 2008 Toilet paper drive and several hospital employees and medical staff members serve on the Board of Directors.

Operation UNITE works to rid communities of illegal drug use through undercover narcotics investigations, coordinates treatment for substance abusers, provides support to families and friends of substance abusers, and educates the public about the dangers of using drugs. UNITE's goal is to educate and activate individuals, by developing and empowering community coalitions, to no longer accept or tolerate the drug culture.

If you have questions about UNITE, call 1-866-678-6483.

## Hospital awarded by local Chamber of Commerce

Rockcastle Hospital was honored with two awards at the 49th Annual Farmer's and Businessmen's Banquet on February 17 at Rockcastle County Middle School.

Organizations within the county presented awards, including the Rockcastle County Chamber of Commerce. Rockcastle Hospital was named "Large Organization of the Year." Rockcastle Hospital Community Relations Director Arielle Reese was chosen as "Member of the Year" by the Rockcastle County Chamber of Commerce.



Rockcastle Hospital Community Relations Director, Arielle Reese, was chosen as Member of the Year.



Rockcastle Hospital Board Chairman Joseph Lambert, right, accepted the hospital award from Chamber president Jerry Pensol.

Visit us on-line at [www.rockcastlehospital.org](http://www.rockcastlehospital.org)

# All about Prostate Cancer



**1 in 6 men**  
will be diagnosed  
with prostate cancer  
in his lifetime.

**T**he American Cancer Society estimates that one in six men will be diagnosed with prostate cancer in his lifetime. The prostate is a male sex organ located in front of the rectum and under the urinary bladder. It contains gland cells that produce some of the seminal fluid which protects sperm cells.

Some doctors believe that prostate cancer begins with prostatic intraepithelial neoplasia (PIN). PIN is a condition that men begin to develop in their 20s. Nearly 50 percent of men have PIN by the time they are

age 50. PIN involves changes in the size and shape of prostate gland cells. The chance of getting prostate cancer goes up as a man gets older.

There are usually no symptoms associated with the early onset of prostate cancer. Early detection tests such as the prostate-specific antigen (PSA) blood test and the digital rectal exam (DRE) are the most common ways to identify its presence. More advanced symptoms of prostate cancer include the following:

- weak or interrupted flow of urine
- blood in urine
- pain in hips, ribs or spine
- urinating often, especially at night

Prostate cancer can usually be found in its early stages with regular testing. Your doctor

should offer you the PSA blood test and DRE every year starting when you are 50. African American men and men who have one or more close relatives with prostate cancer have a higher risk. If you are at high risk, you should begin having these tests at 45.

*American Cancer Society*  
[www.cancer.org](http://www.cancer.org)

**HEALTHY  
JOE EXPO  
2009**

A wellness event for

**June 18**

**6:30 p.m.**

Rockcastle County  
Middle School

**ROCKCASTLE**  
HOSPITAL AND RESPIRATORY CARE CENTER, INC.

# Loads of LOVE

By Arielle Reese, Rockcastle Hospital  
Community Relations Director

L

audry is a chore that not many people enjoy. Sorting, drying and folding is often put off as long as possible. The laundry staff of Rockcastle Hospital does more than just keep the necessities washed and dried; they ensure the staff, patients and residents are taken care of.

The new laundry building opened in October of 2008 after an old storage building was transformed into a facility to process all the laundry from the hospital campus.

"We just love our space," said Reda Hopkins, Laundry Department. "I am amazed at what this building was before and what it looks like now."

Space is an important part of this department because of their equipment that includes:

- The Laundry Press – affectionately named "Roy", the laundry press

dries, folds, and stacks sheets in 15 seconds.

- Four washing machines – automatically dispense the needed amount of detergent, bleach and softener, depending on the items that are in the machine and how it is programmed.

- Five dryers – hold 30 pounds of laundry.

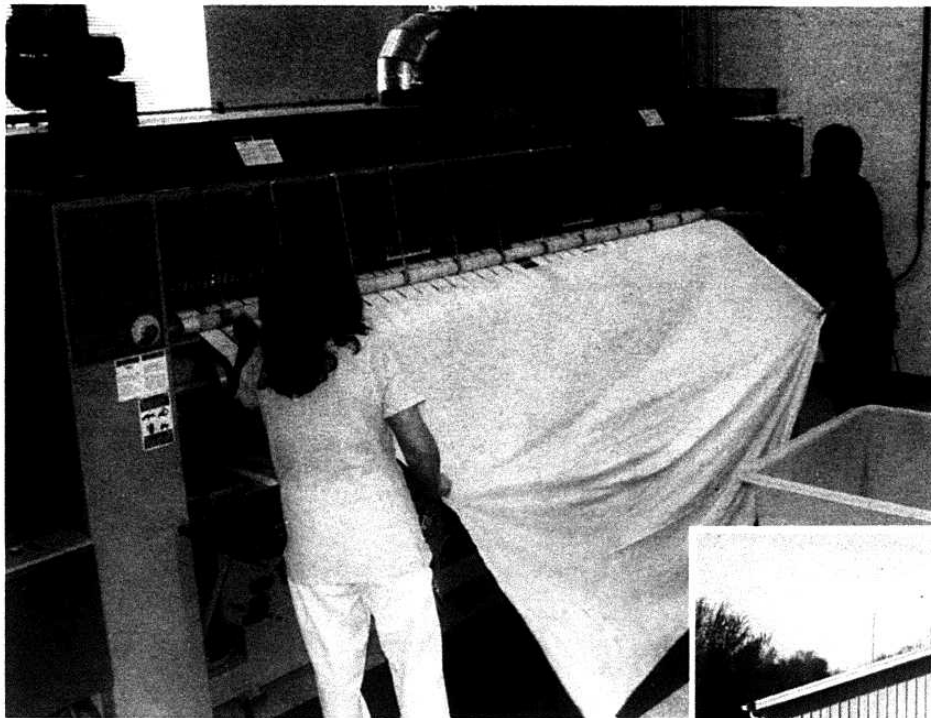
The building is staffed seven days a week and laundry is responsible for sheets, towels, gowns and washcloths. They also handle personal items from residents. The laundry serves the Medical Arts Building, hospital, respiratory care center and Child Development Center. From environmental services to physical therapy to surgery, they assist almost every department within the organization.

With their hard work ethic they are not just doing laundry, they are doing loads of love.



Pictured front from left, Kim Reynolds and Dina Hopkins. Back, Famey Hellard, left, Reda Hopkins, and Barb Wilcott. The laundry department processes nearly 26,000 pounds of laundry a month.

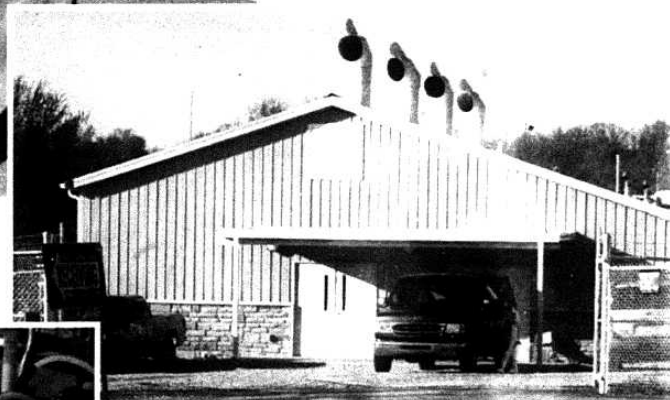




Kim Reynolds, left, and Barb Wilmott loading sheets into "Roy", the laundry press.

According to the US Department of Energy, the average household washes around 7.5 loads of laundry per week. Here are some daily hospital laundry averages:

- Processes 900 pounds of laundry
- 50 dryer sheets
- Between 400-600 bed sheets



The new laundry facility opened in October 2008.



Dina Hopkins loads laundry in washer.



Reda Hopkins holds freshly pressed sheets.

# ANSWERS FROM OUR STAFF

**Q** I have a child that stutters. What should I do to improve communication?

**A** According to the National Institute on Deafness and Other Communication Disorders, it is estimated that more than three million Americans stutter. Stuttering affects individuals of all ages but occurs most frequently in young children between the ages of two and six who are developing language. Boys are three times more likely to stutter than girls. Most children, however, outgrow their stuttering, and it is estimated that less than one percent of adults stutter. The Stuttering Foundation offers this tips for talking with your child:



Linda Gregory

• speak with your child in an unhurried way, use facial expressions and other body language to convey to your child that you are listening, set aside a few minutes at a regular time each day when you can give your child your undivided attention and help all members of the family learn to take turns talking and listening. The Speech Pathology Department (606-256-7763) is available for evaluation and individualized treatment to help those who stutter learn strategies to improve their communication. •

Linda Gregory, Director  
Rockcastle Hospital Speech Pathology

If you would like to submit a question for one of our staff, please send your question to Arielle Reese, Community Relations Director, P.O. Box 1310, Mt. Vernon, KY 40456. Or you may e-mail your question to [a.reese@hrcc.org](mailto:a.reese@hrcc.org).

**Q** My mother is getting older and I worry about her falling and getting hurt. What can a person do to prevent falling?

**A** Falls are the leading cause of injury and accidental death in adults over the age of 65 years. Implementing a few prevention practices at home can decrease a person's risk of an unnecessary fall. Here are some tips from the American Association of Occupational Therapists:

- Do not walk and talk at the same time. Concentrate on the task of walking and continue the conversation after you've reached a safe place.
- Wear appropriate footwear. Wear shoes that fit well and are comfortable.
- Arrange furniture so that it creates plenty of room to walk freely.



Cheryl Mullins

- Install railings in hallways and grab bars in the bathroom and shower to prevent slipping.
- Be sure you have adequate lighting throughout your house.
- Install nonslip strips or a rubber mat on the floor of the tub or shower.
- Remove throw rugs or secure them firmly to the floor.
- Use caution when carrying items while walking.
- Use a nightlight when getting out of bed at night.
- Stay active to maintain overall strength and endurance.
- Know your limitations. If there is a task you cannot complete with ease, do not risk a fall by trying to complete it. •

Cheryl Mullins, Director  
Rockcastle Hospital Occupational Therapy

## ● Dinner with a Doctor held at Northside church

Sixty people braved a late winter snow in March to hear Dr. David Bullock speak in recognition of National Patient Safety Awareness Week. The event was hosted by Northside Baptist Church and attendees were treated to a free meal and information including medication safety, MRSA, asthma, safety around the house and the importance of talking to

your doctor about health concerns. Patient Safety Awareness Week is a national education and awareness-building campaign for improving patient safety at the local level. Educational activities are centered on educating patients on how to become involved in their own health care, as well as working with hospitals to build partnerships with their patient community.



Dr. David Bullock, above left, speaks at Northside Baptist Church for "Dinner with a Doctor."



Serra Mills, left, and Brenda Rainwater from Rockcastle Hospital Home Health checked blood pressures at "Dinner with a Doctor."

## ● Hospital recognizes Diabetes Alert Day

Rockcastle Senior Citizens and Adult Day Health Center hosted a health fair recognizing American Diabetes

Alert Day on March 24. Nearly 50 participants received free health checks, diabetes information and an exercise class.



Above, left, Emily Kerr, PT led an exercise class at Rockcastle Senior Citizens Center during the health fair on American Diabetes Alert Day. At left, Tim Young, Rockcastle Professional Pharmacy talks with an attendee of the health fair.

## ● Rockcastle women 'Go Red'

The second annual Go Red for Women Heart Health Expo in February attracted 170 women.

This educational event was held to recognize American Heart Month and bring greater awareness about the issues of women and heart disease.

Dr. Rick McClure from the University of Kentucky Gill Heart Institute presented "Women and Heart Disease - Who is at risk?"

Attendees enjoyed a salad bar prepared by the hospital chef Shannon Stevens and his staff.



Above, a group of the Red Hat ladies were among the 170 women in attendance of the Heart Health Expo.



At left, Lucille Carloffis shared a story of inspiration and read an excerpt from her new book "A Beautiful Journey."

## In the MEDIA



On-line @ [www.rockcastlehospital.org](http://www.rockcastlehospital.org)



Radio: *Health Choices*  
WRVK 1460 Friday 10:30 a.m.



TV: *Your Health Today*  
Cable Access Channel 3

# Losing for Good

*Hospital partners with local business to donate food*

**I**n celebration of the Rockcastle Hospital and Respiratory Care Center Weight Watchers at Work members, \$2000 was recently donated to local food missions. The hospital partnered with IGA, Save-a-Lot, and Brodhead Hometown Market to make the donation.

Forty hospital employees have lost over 400 pounds since October 2008. Aside from personal reasons to shed pounds, participants also had another reason. Behind their healthy living inspiration was the idea that for every pound of weight lost not only would the person be healthier, but they would be giving back to others in need. The food banks are operated by First Baptist Church and

Christian Appalachian Project.

Hospital employees from various departments have joined the Weight Watchers at Work series under the guidance of Wellness Coordinator Betty Purcell. "We might as well practice what we preach! This was a good way to help ourselves and help the community," said Purcell.

"The hospital is proud to partner with local business and support the community," said Rockcastle Hospital President and CEO Steve Estes. "We recognize the importance of supporting employees and the community. By celebrating our weight loss by giving back to the community, we are not only helping ourselves, but helping others."

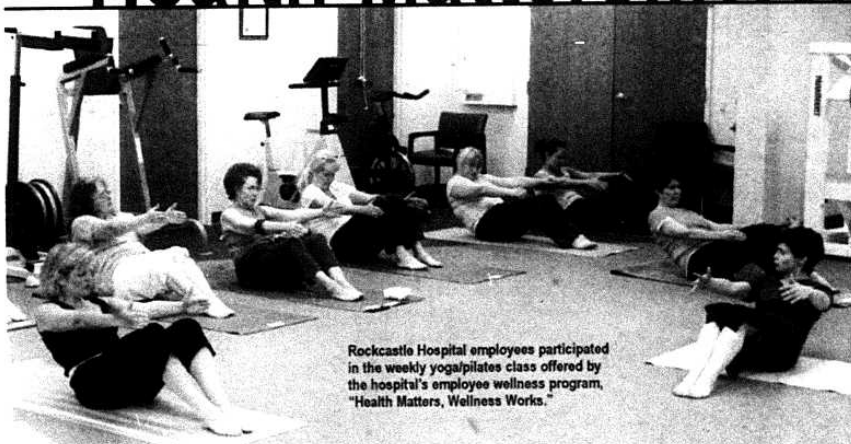


Above, at the Christian Appalachian Project (CAP) Food Pantry, front from left, Betty Purcell, Weight Watchers leader, Melissa Barnes, Weight Watchers At Work member, Sharyn Bowes, CAP Food Pantry Coordinator, and Scott Hale, owner of Brodhead Hometown Market. Back row, CAP volunteers Kendra Dodd, Yong-Hwa Kim, Debra Risner, and Weight Watchers At-Work members Sandy Dowell and Tim Young.



Left, at the First Baptist Church food mission, Betty Purcell, left, with Jean Allen, mission director, Debbie Moore, mission volunteer, Linna Stewart, Sav-A-Lot store manager, and Allen Petty, IGA District Manager. Front, mission volunteers Chris Ringled and Kathleen Stevens.

## Health Matters...Wellness Works



Rockcastle Hospital employees participated in the weekly yoga/pilates class offered by the hospital's employee wellness program, "Health Matters, Wellness Works."

**T**he Wellness Council at Rockcastle Hospital is on a campaign to make employees healthier. Under the direction of Betty Purcell, RN, Wellness Coordinator, numerous programs are taking place around the hospital.

The hospital is now offering healthier choices in vending machines. A red apple sticker by certain items denotes a healthier choice related to ingredients or portion control.

The weekly yoga/Pilates class is going well, almost a

month in. Dr. Gomez and a YMCA instructor lead the class for hospital employees.

The 12 week walking campaign, Step-by-Step Campaign is nearing an end. Hospital employees were given a pedometer and encouraged to take the stairs instead of the elevator, use their breaks to take a walk and document the number of steps taken in a day. Routes and their distances within the hospital were noted. The next wellness campaign will focus on nutrition and start in early May.

*Bringing comfort  
and care...*



*...home.*

Rockcastle Hospital's Home Health professionals are here to offer a helping hand with comprehensive, advanced care in your home.

**ROCKCASTLE**  
HOSPITAL HOME HEALTH

145 Lewis Street • Mt. Vernon, KY 40456

**(606) 256-1808**

**NOW OFFERING:**  
*FREE county-wide delivery*  
*New \$4 prescription plan*



**ROCKCASTLE**  
PROFESSIONAL PHARMACY

**Call 256-4613 for  
more information.**

Conveniently located in the Outpatient Services Center at Rockcastle Hospital.

**Hours of operation:**

Monday-Friday 8:30 am to 7:00 pm

Saturday 8:30 am to 2:00 pm



# Just for KIDS

## Bicycle Safety Tips & Activities


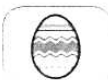











### Rules of the Road — — —

- When turning or stopping, always use hand signals.
- LOOK both ways at street corners and driveways.
- Always ride with the traffic, to the right.
- Always stop at STOP signs and the curb.
- When you ride on the sidewalk watch out for people.
- Riders must always wear their helmet.

Source: American Academy of Pediatrics

### Hidden Message

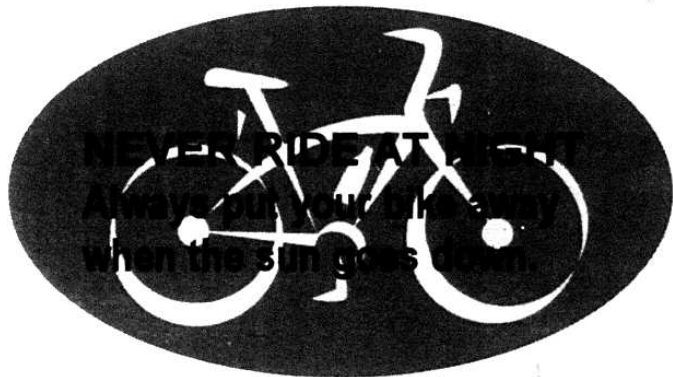
First name each picture. Then write the first letter of each word in the space provided. A safety message will appear.

				
_____	_____	_____	_____	_____
				
_____	_____	_____	_____	
				
_____	_____	_____	_____	

### Word Find

Find the words listed on the left in the group of letters on the right. Circle the word when you find it.

BICYCLE	N T I Q N S L Y A L
SAFETY	A O B C R I D T F I
HELMET	M H I N D G O E R S
SIGNS	F T C T X N U F I K
FUN	E A Y T C S H A E L
FRIENDS	R P C R A E M S N Z
CAUTION	Y A L A L K T C D S
PATH	D R E M O Y C O S M
PROTECTION	S P E S N A V T R E
SMART	Y T C A U T I O N P



May is Asthma Awareness Month

## Clearing the Air of Asthma Triggers

### 10 Steps to Making Your Home Asthma-Friendly

**1. Take it outside.** One of the most common asthma triggers in the home is **secondhand smoke**. Until you can quit, smoke outside, not in your home or car.

**2. Goodnight, little mite!** **Dust mites** are also triggers for asthma. For mite population control, cover mattresses and pillows with dust-proof (allergen impermeable) zippered covers. Wash sheets and blankets once a week in hot water.

**3. Play it Safe.** Ozone and particle pollution can cause asthma attacks. Watch for the Air Quality Index (AQI) during your local weather report. When AQI reports unhealthy levels, limit outdoor activities.

**4. A little goes a long way.** Reduce everyday dust build-up, by regularly dusting with a damp cloth and vacuuming carpet and fabric-covered furniture.

**5. Stake your claim.** **Household pets** can trigger asthma with skin flakes, urine, and saliva. Keep pets outdoors, if possible.

**6. Uninvite unwelcome guests.** **Cockroaches** can trigger asthma. Don't invite them into your home by

leaving food or garbage out. Always clean up messes and spills and store food in airtight containers.

**7. Think before you spray.** Instead of pesticide sprays, control pests by using baits or traps. If sprays are necessary, always circulate fresh air into the room being treated and keep asthma sufferers out of that room for several hours after any spraying.

**8. Break the mold.** **Mold** is another asthma trigger. The key to controlling mold is controlling moisture. Wash and dry hard surfaces to prevent and remove mold. Replace moldy ceiling tiles and carpet.

**9. Air it out.** Reducing the moisture will control asthma triggers like **mold**, **cockroaches**, and **dust mites**. Use exhaust fans or open windows when cooking and showering. Fix leaky plumbing or other unwanted sources of water.

**10. Plan before the attack.** Work with your doctor or health care provider to develop a written asthma management plan for your child that includes information on your child's triggers and how to manage them.

**Let's get ready  
to RELAY!**

### Plan Now for Relay '09

Relay For Life is the American Cancer Society's signature activity and is the largest community fundraiser in the world. Its returning to Rockcastle County on **June 19-20, 2009 at the Rockcastle Middle School Track.**

### What is Relay For Life?

It is a unique event that offers everyone in the community an opportunity to participate in the fight against cancer. The Relay represents the hope that those lost to cancer will never be forgotten, that those who face cancer will be supported and that one day cancer will be eliminated.

### What it means to you?

- ✘ A celebration of life for your family and friends who are cancer survivors
- ✘ An opportunity to remember the precious moments of loved ones you have lost to cancer
- ✘ The uniting of your community as you join forces to fight against cancer

### What you can do?

Form a Relay Team. Gather 10-15 of your friends, family and co-workers and ask them to work together to set a team fundraising goal. Attend a Relay meeting and register your team, determine a theme for your team's campsite for the event night, collect donations, and join us at the RELAY on June 19, 2009.

Contact Melissa Brock at (606) 256-7703 for additional information.



Celebrate. Remember. Fight Back.

APR 30 2009

# Relay for Life SPAGHETTI SUPPER & Pie Auction

Come join us

**Thursday, May 7, 2009 • 6:00 p.m.**

Red Barn at Renfro Valley

Tickets: \$6 in advance  
\$8 at the door  
(includes meal and entertainment)

Featuring Entertainment by  
**Dale Ann Bradley**

2007 and 2008 IBMA Female Vocalist of the Year

For tickets call 256-7767  
or visit PBK Bank.

**ROCKCASTLE**  
HOSPITAL AND RESPIRATORY CARE CENTER, INC.  
We appreciate your support!



## Lighting a path toward **HOPE**

It's one of the most inspirational moments at the American Cancer Society Relay For Life®. When the sun goes down, hundreds of luminaria light the way under the stars to remember those lost to cancer, those fighting cancer, and those who have fought cancer and won. This ceremony of light symbolizes the hope and perseverance with which we all continue to fight.

### What is a luminaria?

Luminaria are those glowing bags. To the naked eye appear to be nothing more than paper sacks filled with sand and candles. But upon closer examination

these sacks represent people, each with a name and a story to tell. Each glowing bag represents our shared vision for a future in which cancer no longer threatens the people we love. When the sun goes down, hundreds of luminaria light the way under the stars.

Please fill out the form below to order luminaria for your loved ones and friends who have been touched by cancer. You can make a tribute in honor of a cancer survivor or in memory of someone who has lost the battle. Your loved one's name will appear on a luminaria and will be lit during the Luminaria Ceremony at Relay For Life!

### Luminaria Order Form

Minimum Contribution: \$5.00 per request

In Memory	In Honor	Name of Person Being Honored
		Of
		Of
		Of
Your Name		Please mail this form and donation to:
Address		Betty Purcell
City/State/Zip		PO Box 1310
Phone		Mt. Vernon, KY 40456

Total amt enclosed \$ \_\_\_\_\_ Check \_\_\_\_\_ Cash \_\_\_\_\_

Please make checks payable to  
American Cancer Society

Luminaria ceremony sponsored by:





## NEWS AND NOTES FROM OUR TEAM

*Meet some of our newest employees*

### COE

Corey Coe is the new Business Analyst at Rockcastle Hospital. He feels he has been given a fantastic opportunity



Corey Coe

"I get to do things that not only interest me and work with my career goals, but also help the hospital achieve its objectives," Corey said

"Everyone has been friendly and helpful. I cannot imagine a better group of people to

work with."

Corey lives in London with his wife Jessica and their son, 23-month-old Hudson. He received his bachelor's degree in Business Economics from Western Kentucky University. Corey enjoys spending time with family and friends, listening to music, fishing and rooting on his favorite sports teams.

### HAMMONS

Kristopher Hammons is the newest

addition to the Community Relations Department. Kris is the Webmaster for the hospital's new website that will be unveiled soon. He is completing his degree in Graphic Communications at Eastern Kentucky University.



Kristopher Hammons

A native of Dallas, Texas, Kris now lives in Renfro Valley and enjoys reading, biking and spending time with family. Kris said he really enjoys the people he works

with.

"Everyone here is extremely friendly and that provides a great environment to work in. Living with Dwarfism has caused me to virtually live in a hospital at times during my childhood, so it is awesome to be working around the same kind of amazing people that helped take care of me years ago. I will work hard to make Rockcastle Hospital's online presence cutting edge and the absolute best it can be."

# ROCKCASTLE

HOSPITAL AND RESPIRATORY CARE CENTER, INC.

## Medical Staff

### Physicians Based in Rockcastle County

Jon A. Arvin, M.D.  
David L. Brabon, M.D.  
David S. Bullock, M.D.  
Kimberly Cornelius, M.D.  
Thomas Fowles, M.D.  
Eduardo R. Gomez, M.D.  
George W. Griffith, M.D.  
William P. McElwain, M.D.  
Kevin Rowe, M.D.  
Karen B. Saylor, M.D.  
Caille Shaffer, M.D.  
Jon Strauss, M.D.  
Nancy Vance, M.D.

Family Practice  
Plastic Surgery  
Family Practice  
Internal Medicine/Pediatrics  
Family Practice  
Radiology  
Family Practice  
Family Practice  
Family Practice  
Internal Medicine/Pediatrics  
Pediatrics  
Family Practice  
Emergency Medicine

### Visiting Physicians

Jorge Alegria, M.D.  
Michael Anstead, M.D.  
Susanne Arnold, M.D.  
Azhar Aslam, M.D.  
Ketan Buch, M.D.  
Lee Cain, O.D.  
Charles Campbell, M.D.  
Jennifer Chadwell, D.M.D.  
Mara C. Chambers, M.D.  
Aftab S. Chishti, M.D.  
Terry D. Clark, M.D.  
James K. Crager, M.D.  
Willem J. S. de Villiers, M.D.  
Jonathan M. Doty, M.D.  
Deborah R. Flomenhoft, M.D.  
Mauro Giordani, M.D.  
Hussam Hamdalla, M.D.  
Richard Haydon, III, M.D.  
Suman Jana, M.D.  
Michael Jones, M.D.  
Alan N. Khan, M.D.  
Christian Knecht, M.D.  
Paul K. Krestik, D.P.M.  
Christian Lattermann, M.D.  
Iraklis Livas, M.D.  
Anne P. Marshall, M.D.  
Timothy Micek, M.D.  
David J. Moliterno, M.D.  
Gregory Mononhan, M.D.  
Debabrata Mukherjee, M.D.  
Rick R. McClure, M.D.  
Robert D. Owen, M.D.  
Pushpa Patel, M.D.  
Fred Picklesimer, M.D.  
Marcus Randall, M.D.  
Anthony Rogers, M.D.  
Edward Romond, M.D.  
Erin J. Saunders, M.D.  
Scott Scutchfield, M.D.  
Jignesh Shah, M.D.  
Steven Shedlofsky, M.D.  
Mushabba Syed, M.D.  
Rudolph M. Tovar, M.D.  
John P. Tuttle, M.D.  
Byron T. Westerfield, M.D.  
Denis Yalkut, M.D.

Cardiology  
Pulmonology  
Oncology  
Cardiology  
Pulmonology  
Optometry  
Cardiology  
Dentistry  
Oncology  
Pediatric Nephrology  
Pathology/Cytopathology  
Cardiology  
Gastroenterology  
Otolaryngology  
Pediatric Gastroenterology  
Orthopaedic Surgery  
Cardiology  
Otolaryngology  
Endocrinology  
Cardiology  
Neurology  
General Surgery  
Podiatry  
Orthopaedic Surgery  
Allergy/Immunology  
Pathology/Cytopathology  
Orthopaedic Surgery  
Cardiology  
Oncology  
Cardiology  
Cardiology  
Neurosurgery  
Radiation Medicine  
Pathology/Cytology  
Radiation Medicine  
Cardio/Thoracic Surgery  
Oncology  
Gynecology  
Orthopaedics  
Cardiology  
Cardiology  
Gastroenterology  
Cardiology  
Gynecology  
Urology  
Sleep Medicine  
Urology

2nd Annual Rockcastle Hospital and UK HealthCare

## Golf Tournament

Proceeds benefit WHAS Crusade for Children

Wednesday, June 24, 2009

Eagle's Nest Country Club • Highway 39 North  
Somerset, Kentucky

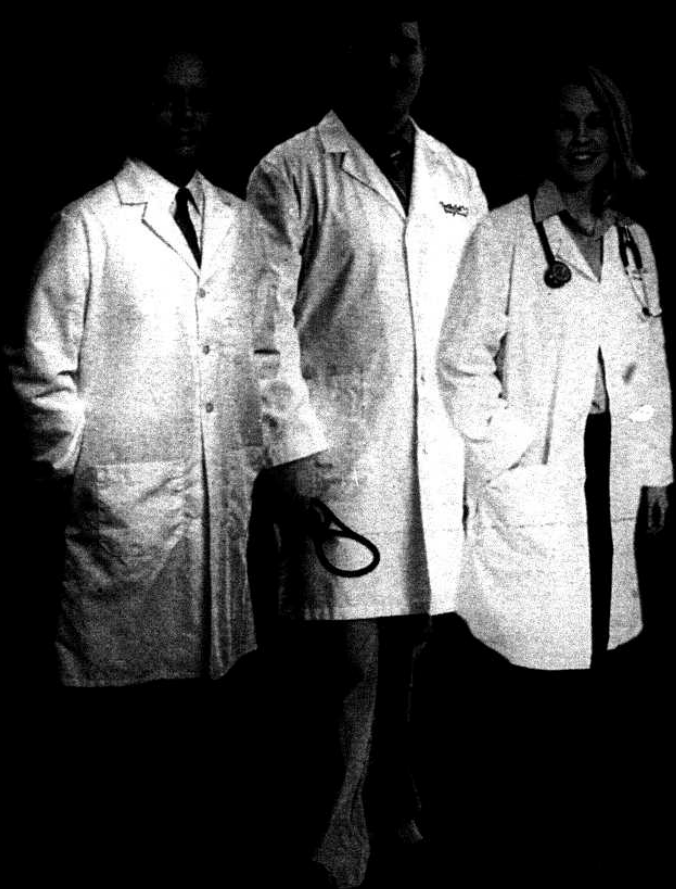
1300 Team of Four

(Includes green fees and beverages)

Registration Deadline: 6:00 PM

Good doctors remember  
all the scientific names.

Great doctors remember  
**yours.**



ROCKCASTLE  
HOSPITAL AND RESPIRATORY CARE CENTER, INC.

**U.K. HealthCare**

Rick McClure, M.D.

David Bullock, M.D.

Callie Shaffer, M.D.