

# Mount Vernon Signal

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Mount Vernon, Kentucky 40456 - (606) 256-2244

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Members of the Brodhead Volunteer Fire Department set up a privacy wall for onsite decontamination at a residence on Shandon Lane off Bowling Ridge Road on Tuesday morning. The department was preparing to decontaminate two individuals who had been inside a mobile home which had a working meth lab. Shown above, from left, are: John Kerns, Dallas Todd, Brian Bullock and Chris Hurst. Police have obtained a warrant for Dwayne Carr. (Front page photos by Richard Anderkin).

## Police looking for accused meth maker

**By: Richard Anderkin**  
Police are looking for a Bowling Ridge man who is accused of having a working meth lab in his bedroom. Rockcastle Sheriff Mike Peters said he sought and obtained an arrest warrant for Dwayne Allen Carr, 34, of 57 Shandon

Lane, Brodhead, after his mother, Mary Carr, called 911 on Tuesday of this week to report a strange odor coming from her son's bedroom that was "making her feel tingly." Peters said that when he,

(Cont. to A10)

## \$420,000 has been approved Federal money will be spent on Industrial Park

**By: Richard Anderkin**  
Longtime U.S. Representative Harold Rogers of Somerset, who represents Rockcastle County, announced this week that he is doing his part to help create jobs in Rockcastle County.

His latest endeavor includes \$420,000 in federal money to expand water, sewer and electrical infrastructure at the Rockcastle Industrial Park South, mainly for the soon to be completed SourceCorp project.

"We certainly appreciate the Congressman's help because this is a very important project for the county and the entire

(Cont. to A9)



EMTs Dennis Stewart and Richard Graham, along with Deputy Sheriff Rick Brummett, talk to Mary Carr before she and her 9-year-old grandson, right, were decontaminated by members of the Brodhead Volunteer Fire Department.

## Saturday at Renfro Event being held in honor of Whitley

The Kentucky Music Hall of Fame and Museum in Renfro Valley will be the site of an event on Saturday, which will showcase the career of one of Kentucky's most celebrated musicians, Keith Whitley.

"It's Keith's time now. Keith has inspired so many artists, and they're looking for an opportunity to let the world know that Keith deserves to be immortalized," said Bonnie Cherrie Hill, originator of the petition drive to show support for country music legend Keith Whitley to be given his place in the Country Music Hall of Fame in Nashville. Hill also serves as Director and co-founder of The Keith Whitley Association.

The Owingsville resident started her campaign three years ago. In that time, much attention has been given to her efforts to have the Kentucky Music Hall of Fame and the Country Music Hall of Fame give Whitley his due. Area radio stations, local newspapers and the Associated Press have all covered the story.

According to a news release about the event, "Whitley has been gone for 20 years, but the legacy of great traditional hardcore honky-tonk country music he left us certainly cannot be denied. Whitley's bluegrass and country music has captivated audiences and artists for four decades. Whitley began playing professionally at the age of fifteen with Ralph Stanley & the Clinch Mountain Boys and later moved on as lead vocalist

(Cont. to A9)

## Boil Water Advisory

Western Rockcastle Water Association General Manager Paula DeBorde announced on Wednesday that at least 300 water association customers were under a boil water advisory.

DeBorde said a Tuesday break on a main water line along U.S. 25 at Roundstone had been repaired but, because of state regulations, water users north of McNew Monuments at the top of Green Fish Hill to the Madison/Rockcastle line, should boil their water before they consume it.

DeBorde said the advisory would not be lifted until the state has clean samples taken from the main water line.

"We simply do not want any customer to use our water to drink, cook with or even bathe, and we just want to get the message out," she said.

Western Rockcastle Water Association is the county's largest water provider with more than 4,000 customers.

## Largest ever for county \$2 million road project for county well underway

The Rockcastle County Fiscal Court is currently progressing with the largest road resurfacing project in its history.

Approximately 70 different county-maintained roads are either being resurfaced entirely

or in sections that are in need of repair, according to Rockcastle Judge-Executive Buzz Carloftis.

Carloftis said this week that

(Cont. to A9)

## Court passes flood insurance ordinance

Acting in a timely manner, the Rockcastle Fiscal Court passed a Flood Insurance Ordinance last Thursday, enabling

local homeowners in flood plain areas to be able to purchase insurance.

The court's action was

## Little World's Fair kicks off in Brodhead on Saturday

The 128th Little World's Fair begins Monday, August 3rd and will run through Saturday, August 8th.

Pre-fair activities will include a Horse Show on Satur-

day, which begins at 6 p.m. and on Sunday the annual Lawn Tractor Pull will be held at 1 p.m.

(Cont. to A9)

## Approximately 100 students served through CAP program

The Christian Appalachian Project is an interdenominational non-profit Christian organization that has had a long-standing presence in Rockcastle County.

The organization serves the county through various pro-

grams in Rockcastle including this week's *School Readiness program*, which took place at First Baptist Church in Mt. Vernon.

Family Advocacy (formerly

(Cont. to A10)

timely in that had they not acted when they did, in order to get the approved ordinance to the state by August 3rd, residents wishing to build in a flood plain area would have had to pay a much higher homeowners insurance premium, that according to George Clark with Peoples Bank.

In case of a flood that damages residences in a flood plain area, the federal government provides financial assistance to those with flood insurance.

The motion to approve the second reading of the ordinance was made by John Holbrook and seconded by Bill McKinney. Mike Mink, who lives in the Calloway area and has the flood insurance, was present for the meeting and thanked the court for their ac-

(Cont. to A10)



Corie Caccese of Staten Island, New York, center, helped B.J. and Linda Vanwinkle at the Christian Appalachian's School Readiness program on Tuesday at the First Baptist Church in Mt. Vernon. Approximately 100 students received back packs and other school related items during the community service event.



Greer Bros. employees waited for instructions before they began blacktopping a portion of Chestnut Grove Road on Tuesday morning.



First District Magistrate John Holbrook, right, talked with a Greer Bros. supervisor before paving on Chestnut Grove Road began Tuesday morning. The county is spending \$2 million to pave and repave county roads this summer.

# Points East

By Ike Adams



Tom and Julie Miller have a Chevy Tahoe SUV which is roughly the equivalent of a luxury Lear Jet except it is on wheels and just a tad slower. The driver's and front passenger seats are for the pilot and copilot. First class seating is a superbly-cushioned, oh-so-soft-leather-covered lounge immediately behind the copilot which is where I spent some 20 hours and change last week, mostly sleeping, as the three of us made our way to and from Berea and Wind Gap Pennsylvania.

Wind Gap is the home of our dear friends, Fred and Polly Beste. Suffice to say that their acreage should require a huge admission fee but a relatively few of us get invited to visit and camp within one of the most pristine places on the planet, better known as Fred's back yard.

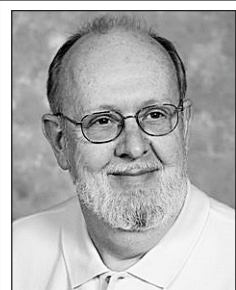
Fred publishes a yearly anthology of writing that he calls "Select Literate Friends" (SLF). Some 160 of us are invited to submit essays on, name a subject, and Fred proceeds to publish them in book form and then distribute the books to us come Christmas. It is a massive undertaking but

Fred calls it "my hobby". The basic requirements for membership in this exclusive club is that you have to be reasonably literate and develop a personal relationship with Fred. Then, periodically, assuming you get published and stay loyal to the cause, you get invited to a "Gathering" at Fred's and Polly's spread there on the edge of the Poconos. This was the Fifth such Gathering over the 15 or so years that Fred has published the anthology.

And I am reasonably sure that this is as close as I will ever get to Heaven. Suffice to say that a permanent seat on an Adirondack chair beside Fred's bullfrog and goldfish pond would make it pleasant for my hereafter.

But to make it perfect, I would require long chats on a daily basis with all the friends that I have made just through the SLFing there beside the pond. Wonderful people with whom I would never have conceivably become acquainted that are now dear friends and with whom I share email almost daily. Had it not been for Fred's "hobby" there are at least two

(Cont. to A4)



# Rockcastle Memories

By David J. Griffin

*Rocks in my pockets*  
Ever since I was a little boy, I have been what people call a "rockhound," collecting an assortment of rocks. My first specimen was a small, water worn, piece of quartz that I found in the creek bed near Big Fill Cave in Rockcastle County. I remember seeing it sparkling in the sunlight at the bottom of a pool in the fast moving stream. I plucked it from the water and kept it in a wooden box under my bed with other varied "treasures" that I prized.

As I became older, I decided to accumulate one specimen from each colorful place that I visited and to note on the bottom of the stone where it came from. Over the years, I have accumulated a vast number, some of which I treasure greatly. My first rock that came from a long distance from my home was a small rock that I collected from Manassas, Virginia. I was visiting my brother Al when he was serving as pastor of a church there. He invited me to spend several of my summer vacations with him, which I happily did. At one time, he and Eva took me to the Manassas Battlefield. It was there that I chose a stone to add to my collection.

I never tried to place my rocks in any fancy container and, therefore, they are scattered all over the place. My most treasured ones are kept in my office at home. Each year when my wife and I take our vacation I add more to my hodgepodge of a collection. There are several that could be referred to as my most prized rocks. In 1994, my wife and I took six weeks and drove to Alaska in a conversion van that we had just purchased and remodeled to accommodate our style of camping. One of the most interesting places we camped was in Glacier National Park in Montana.

On our first night there, we were sitting around a fire ring just relaxing in the beautiful setting that we found ourselves in. I noticed a rock about the size of a large cantaloupe near the fire. It had strange markings - as if some large animal had scratched several deep marks on the top of the stone. I showed it to Kathy, and we both found it interesting. Guess what? It went into the van for safe keeping. It was extremely heavy because it was made of granite. It remains in my collection.

After leaving Glacier National Park, we drove up the scenic Icefields Parkway, which splits the Canadian Provinces of Alberta and British Columbia. The highway travels up through the Continental Divide, which is the backbone of the Canadian Rockies. About half-way between Banff and Jasper, we saw that up ahead a dead deer was lying on the side of the narrow highway. Upon getting closer, we saw a large black bear coming out of the woods. It proceeded to drag the

deer into the woods for dinner. While sitting on the side of the road observing this spectacle, I noticed a golf-ball-sized stone. It, too, is in my collection.

Following several days of travel, we reached Alaska. After several more, we finally reached our destination of Denali National Park. This is where the tallest mountain in North America is located - Mt. McKinley or, as the natives call it, Denali. While hiking next to a glacier stream within the park, I found a softball sized, rose colored, stream tossed, round stone. It beckoned me to add it to my collection, and I did. This is probably my most cherished rock in my entire collection.

On another trip, we stopped at Rocky Mountain National Park in Colorado. While crossing the Continental Divide, I noticed a nice, oval, limestone rock at the side of a path; it, too, made a nice addition to my collection.

Early within this decade, my son Andy moved to Ann Arbor, so we started vacationing in Michigan. One of the most spectacular places to find really extraordinary, water tossed, round stones is on the beach of Lake Superior. Those rocks are each smooth as a piece of silk and are of every color and size.

It was at Lake Superior that I filled a gallon Zip Loc bag to the brim with stones from its shore. I gave many of them to my friends who also are rockhounds. The rest I stashed away in my collection. I told my friend Sarah about this lake and, a few years later, she too visited this splendid spot and brought me another Lake Superior stone.

A few years ago, my wife and I found a wonderful beach vacation spot on Chincoteague Island, Virginia. We have returned to it for the past four years. On that wildlife-protected island, I have found several special water-tossed, smooth stones to gather. They, too, are of every color and every size. Actually, I keep one on my desk in my office here at the Clay City Times.

The Earth is made of rock. They are found on the tallest mountain and on the deepest ocean floor. Scientists tell us that some of our rocks could be at least 3 billion years old. Wind and water wear them away, and the pieces form new rocks. It always amazes me when I think that some of the rocks in my collection could have been here during civilization at its earliest. Who knows? It is possible that some of our famous ancestors might have touched some of the stones in my collection.

My friends and family members know that I am a rock collector and often bring me stones from far away places. My friend Mimi is traveling in England this summer, and I know she will return with a golf ball sized piece of English history for my collection. She's really good about that.

(Cont. to A4)

# The Roots of Rockcastle

by: Tonya J. Cook



Last week, the Roots of Rockcastle series examined a period of time, September 1875, when the Younger-James gang held up the bank in Huntington, West Virginia, and their escape route which brought a portion of them to Rockcastle County. They had divided into two groups, thinking that it would be more difficult to be tracked. I had originally read the article in the Kentucky Explorer, as written by David W. Owens. I found it so interesting, that I felt it must be shared. I'll attempt to give a brief summary of the article.

Last week's summary ended when a fifteen-man posse, the first posse to give chase, intercepted the gang near Booneville as they were headed for a relative's home in Red Hill, and eventually Livingston or Pine Hill, to catch a train. They were attempting to meet with the other half of the gang in Louisville, and sneak back to Missouri. The one half of the Younger-James gang finally reached Rockcastle County by way of Jackson and Laurel County.

By the time they reached the community of Raccoon, where

they stole fresh horses, they met with their second gunfight. They were forced to abandon their stolen horses, and head for the brush. They crossed the Rockcastle River just below Livingston, and headed for Wildcat Mountain. From there, they followed Roundstone Creek up to the Piney Branch Road.

Meanwhile, Jackson County Deputy-Sheriff Bowling, a member of the second posse, went to London for horses and more ammunition, and to tip off the law there. As the second posse from Jackson County returned, passing through Livingston, they searched the town, going house-to-house, looking for these outlaws. After finding nothing, they traveled on to Pine Hill, where they figured the gang would try to catch the train. However, they didn't find the gang there, so they headed back to Jackson County.

The Younger-James gang finally reached their hideout, the Andrew and Anna Johnson house, at Red Hill as they planned before they were

(Cont. to A4)

## Precautions for Travelers

Presented by Dr. Karen Saylor

These days, more people who are older or have significant illnesses are traveling than ever before. These travelers need to be prepared for medical problems when they go on vacations.

If you have medical problems, you should see your doctor for a checkup before any prolonged trip or if you are traveling to foreign lands. Your doctor can update prescriptions and make sure you have enough medicine for the length of the trip. It is wise to have your doctor write down your diagnoses, medicines, and dosages on a slip of paper which can be kept in your billfold in case of emergencies. If you have an abnormal heartbeat, carry a copy of your cardiogram.

Travelers who need glasses, contact lenses, or hearing aids should carry backup devices or at least the prescription. Losing your glasses or a hearing aid can ruin a vacation.

People traveling to foreign countries may want a resource called the "Directory of Physicians in Foreign Countries." This can be very helpful in finding help if you become sick.

Occasionally immunizations are needed, especially for traveling to Third World countries. You should be sure your immunizations are up-to-date for tetanus, polio, measles, and hepatitis. Some countries require immunizations for yellow fever or cholera, and others require close observation for malaria, meningitis, or other diseases.

Your local Public Health Service can advise you on which vaccinations are needed and precautions that are appropriate for the areas you are traveling to. Be sure to tell them your exact itinerary and length of stay.



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On our first night there, we were sitting around a fire ring just relaxing in the beautiful setting that we found ourselves in. I noticed a rock about the size of a large cantaloupe near the fire. It had strange markings - as if some large animal had scratched several deep marks on the top of the stone. I showed it to Kathy, and we both found it interesting. Guess what? It went into the van for safe keeping. It was extremely heavy because it was made of granite. It remains in my collection.

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(Cont. to A4)

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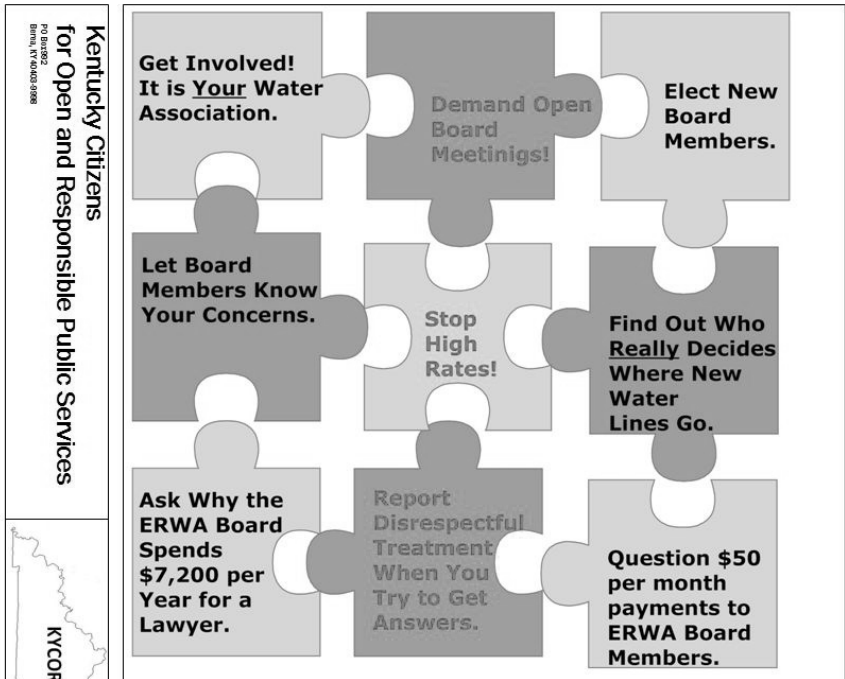
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## Putting the Pieces Together To Stop Higher ERWA Water Rates!



# Obituaries



## Franklin D. Mason

Franklin D. Mason, 74, of Orlando, husband of Wanda McGuire Mason, died Saturday, July 25, 2009 at the Rockcastle Regional Hospital. He was born on June 12, 1935 in Orlando, a son of the late George Monroe Mason and Mary E. Isaacs Mason. He was a Minister of the Pentecostal Faith, self employed Equipment Operator of F.D. Mason & Son Construction, owner of Frank & Wanda General Store, and had been a farmer. His hobbies and interests included gardening, witnessing for the Lord, and his grandchildren and church family.

On October 4, 1954 he was united in holy matrimony to Wanda Fayelene McGuire, and from that union came eight children, Rosemary, Raymond Darrell, Timothy, Andy Marvin, Danny Vorrath, Alma Renee, Jeffery Carl and Earl Franklin.

Those left to cherish his memory include: his wife of 54 years, Wanda Mason of Orlando; children, Rosemary (Earl) Wyatt of Livingston, Raymond Darrell Mason of Mt. Vernon, Timothy Alan Mason of Loveland, OH, Danny Vorrath Mason of Mt. Vernon, Alma Renee (Mark) Buras of Brodhead, Jeffery Carl Mason of Sharonville, OH and Earl Franklin (Linda) Mason of Crab Orchard; brothers, Jimmy Mason of Chipley, FL, George (Janice) Mason of Orlando, Ronnie Mason of Berea, David Mason of Orlando, and Paul (Kaye) Mason of Orlando; sisters, Dorothy (Charles) Rader of Orlando, Mary (Henry) VanZant of Orlando, and Karen (Terry) Morgan of Orlando; sisters-in-law, Sallie Mason of Orlando, and Norma Jean Mason of Covington; grandchildren, Chad Capps, Micah (Jessie) Wyatt, Lula Chell (Vernon, Jr.) Doan, Cassandra Falin, Brandi Durham, Joshua Mason, Emma Faye Mason, Rebekah (Jared) Taulbee, Brandon Thompson, Jacob Mason and Logan Isaac Mason; great grandchildren, Dakota and Makinlee Kirby, Amber and Laura LeAnn Doan, Leah and Tanner Taulbee, and Alexis Maggard; stepmother, Gladys Halcomb Mason of Orlando; and a host of nieces/nephews, church family, friends and neighbors.

Besides his parents, he was preceded in death by: a son, Andy Marvin Mason; eight brothers, Coleman, Earl, Andy, Bill, Lincoln, Bobby, Ernest, and Donald Mason; two sisters, Bettye Jean Mason and Sandra VanWinkle.

Funeral services were conducted Wednesday, July 29, 2009 at the Marvin E. Owens Home for Funerals Chapel with Bros. Teddy Couch, Vernon Doan and Joe Spivey officiating. Burial followed in Briarfield Cemetery.

Casketbearers were: Chad Mason, Joshua Mason, Leon Mason, Mike McGuire, Jared Taulbee, Brandon Thompson and Micah Wyatt.

Honorary casketbearers were: Jacob Mason, Bro. Cecil Himes, Bro. Lloyd Burdine, Bro. Darren Sloan and Bro. Lee Eads.

Memorials may be made to local church in memory of Frank Mason. The Marvin E. Owens Home for Funerals is honored to serve the Mason Family.

Condolences may be made at [www.marvineowensfuneralhome.com](http://www.marvineowensfuneralhome.com)

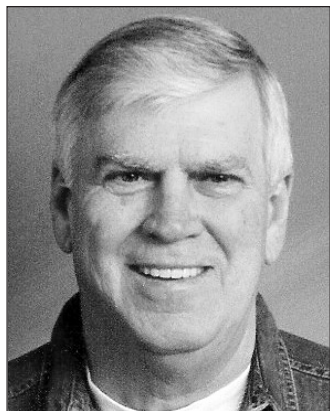
**Rockcastle UNITE Coalition**  
Join Us!  
The Rockcastle UNITE Coalition meets on the second Wednesday of each month, at noon, at the Renfro Valley Lodge.

## Kenneth Gibson Stewart

Kenneth Gibson Stewart, 83, of Wildie, died Sunday, July 26, 2009 at his residence.

Funeral services will be conducted (today) Thursday, July 30, 2009 at 1 p.m. at the Dowell & Martin Funeral Home by Bros. Larry Johnson and Kenton Parkey. Burial will follow in the Berea Cemetery.

A complete obituary will appear in next week's Signal. Please visit [www.DowellMartin.com](http://www.DowellMartin.com) to view online obituary.



## Bobby McNutt

Bobby Gordon McNutt, 75, of Louisville and formerly of Livingston, died Wednesday, July 22, 2009 at the Jewish Hospital in Louisville. He was born in Livingston, on August 25, 1933 the son of Earl, Sr. and Ruby Mattingly McNutt. He was a retired supervisor for L&N Railroad, was a member of the Livingston Baptist Church, and was a US Army veteran.

He is survived by: one sister, Billie (Archie) Bales of Livingston; one brother, Earl (Ruby) McNutt, Jr. of Louisville; two sons, Billy (Beverly) Dishion and Rick (Annette) Dishion, all of Cincinnati, OH; and two daughters, Brenda (Mark) Riley of Lewisport, KY and Patricia (Rodney) Rankin of Louisville. Also surviving are: nine grandchildren; 10 great grandchildren; one niece, Arlene Smith of Livingston; and three nephews, Ron McNutt, Brian McNutt and Ronnie McNutt, all of Louisville. In addition to his parents Mr. McNutt was preceded in death by: his wife, Lorene McNutt; and one brother, Ronald McNutt.

Funeral services were conducted Saturday, July 25, 2009 at the Dowell & Martin Funeral Home by Bros. Billy Medley and Steve McKinney. Burial followed in the Elmwood Cemetery.

Pallbearers were: Sam Dishion, Adam Rankin, Brandon Rankin, Chad Rankin, Wes Riley and Shawn Smith.

The Family has requested that donations be made to the Livingston Baptist Church, c/o Shirley McFerron, PO Box 10, Livingston, KY 40445. Please visit [www.DowellMartin.com](http://www.DowellMartin.com) to view online obituary.



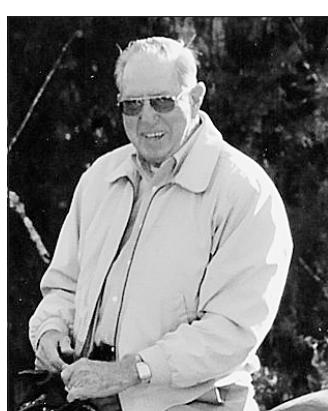
## Emma M. Armstrong

Emma M. Armstrong (nee Brumett), 84, of Cincinnati, OH, died Tuesday, July 21, 2009. She was a member of The Bethlehem United Baptist Church in Blue Ash, OH.

She was the beloved wife of Don Armstrong; dear mother of Jacquelin (Homer) Miller, Donna Gilliland, Kenneth Armstrong and the late Barbara Bailey, Franklin Lee Maupin, Cynthia Sue Armstrong and Debra Jean Arno. She is also survived by many grandchildren and great grandchildren and a special grandson Mike (Beverly) Mills, sister of Ed Brumett and the late Janet Crowder and Ralph Brumett.

Services were held at Hodapp Funeral Home, 7401 Vine St., Carthage, Saturday, July 25, 2009.

Condolences may be made at [hodappfuneralhome.com](http://hodappfuneralhome.com)



## Louis J. Reams, Jr.

Louis J. Reams, Jr., of Marietta, CA, died Tuesday, July 21, 2009.

He was born in Orlando on August 3, 1926, the son of the late Louis J. Reams, Sr. and Emily Mae Ponder Reams.

Survivors are his wife, Helen Ross Reams; three children, Joyce, Janet and Ronald and several grandchildren.

Besides his parents, he was preceded in death by four brothers, Charlie, Monroe, Elmo and Felix Reams and three sisters, Della, Fannie and Viola.

A memorial service will be held Sunday, August 2nd at 3 p.m. at Flatrock Baptist Church at Orlando.

## Myrtle Nelson

Myrtle Josephine Nelson, 79, of Thousand Palms, CA and formerly of Mt. Vernon, died Friday, July 24, 2009 at her residence. She was born in Rockcastle County on November 20, 1929 the daughter of Bill and Ella Mae Jennings Scott.

She is survived by: one son, Carl (Kathy) Nelson; two brothers, Ernest Scott and David Scott; two sisters, Kathleen Powell and Betty Sue Plank; two grandchildren, Roy Nelson and Tiffany Nelson; and one great grandchild, Chris. In addition to her parents Ms. Nelson was preceded in death by: one daughter, Theresa Nelson; one grandson, Chris Nelson; five brothers, JR, Paul, Charles, Eugene and Jimmy; and four sisters, Virginia Scott, Bonnie Durham, Ruby Gabbard and Phyllis Scott.

Funeral services will be conducted Wednesday, August 5, 2009 at 12 noon. Burial will follow in the Corinth Cemetery.

Friends may call from 10 a.m. until time of services at Dowell & Martin Funeral Home on Wednesday. Please visit [www.DowellMartin.com](http://www.DowellMartin.com) to view online obituary.

## Cards of Thanks

### Vivian C. Mullins

We, the family of Vivian C. Mullins, would like to thank everyone for their kindness and concern during our time of loss. Please accept our sincere gratitude to those who brought food and essential, prayers and those who attended the services. A special thanks to Ronald and Vicky Mullins for the beautiful music. Again, thank you all from the bottom of our hearts.

## Upcoming Reunions

### Niceley Reunion

The Niceley Reunion will be held Saturday, August 8th at Quail Park. Family and friends are welcome. Come and enjoy the day. Bring a covered dish. Lunch will be served at noon.

### Carpenter/Kirby Reunion

Descendants of Jerry Kirby and Tobe Carpenter will have their 14th annual Family Reunion on Sunday, August 30th at the Russell Acton Folk Recreation Center, 212 Jefferson St. in Berea. Family and friends are welcome. Bring a covered dish and plan to have a good time. For further information, call 859-266-7819.

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## Sister Viv and Me

To some this might not seem the time-- and even I'm concurring - For I have lost my dearest friend of whom I'm now referring. But I just feel the urge to stray away from pain and sadness And look back through my childhood years to faith and hope and gladness. And tho' I love the image of a happy family, My clearest mental pictures are of sister Viv and me.

The day my parents brought me home, a newborn baby girl, Vivian took my tiny hand and led me through the world. She has been a second mother, my mentor and my friend; Today I wish to tell you all this bond will never end Tho' some might say it's over for sister Viv and me, But she and I discussed it all and found that we agree! And now, among the angels, I see her smiling face And, lo, we're joining hands again-- she's saved for me a place! In days ahead some tears will fall, but this I hope you'll see Our entire family marching with sister Viv and me

## In Loving Memories

### Memories

By: Jacob Mason

It all started out when I was born. My Grandpa, Franklin D. Mason, was praying for me because I was very sick.

Thanks to Grandpa, my whole family, and the Lord, I'm still alive today.

When I got better, Grandpa and Dad brought me to see my great grandpa, George Mason.

I know that he was a great grandpa that everybody knew, but one day when I was two years old, he died.

I called my Grandpa Frank, Papaw or Pappy for short, when I could talk. Papaw loved to plant and grow gardens to feed us good food that helped grow.

He also like to crack, and sometimes sell, walnuts.

In 2003, he started "Mason Day." We celebrate this day every Saturday before Memorial Day. I'll always remember that on "Mason Day 09" you called me a "little professor," because I was so smart. Also, since I was born, you always called me, "You're my little bucket of gold," because I lighten up and cheer your heart up to make you happy every time.

We will always remember, love and miss you and I want to continue the "Mason Day" tradition.

Dedicated to:  
Franklin D. Mason  
1935-2009

A great brother, father, grandpa, cousin, uncle, husband and friend.

## "What is Written"

The past few weeks we have been discussing the topic of baptism. We continue on this topic by looking at a text in Acts 19:3-5, "And he said unto them, Unto what then were ye baptized? And they said, Unto John's baptism. Then said Paul, John verily baptized with the baptism of repentance, saying unto the people, that they should believe on him which should come after him, that is, on Christ Jesus. When they heard this, they were baptized in the name of the Lord Jesus." Here we see people who were baptized unto John's baptism, but it was not longer valid, so they were baptized under Jesus' baptism. What we can learn today is that folks may need to be "rebaptized" if they have not followed the truth of Jesus. If one has been "baptized" by sprinkling or pouring, such is according to the doctrine of men, you must needs be baptized in the scriptural fashion of immersion, Col.2:12. If one was baptized to showed that you were already saved, as many are taught. You must needs be baptized for the right reason, for the remission of sins, Ac.2:38. If you were baptized to "get someone off your back" or some other wrong motive, you need be baptized again, doing it from the heart, Rom.6:17-18. Just do exactly what the Lord has said! Let us know if you would like to study the Word.

Providence church of Christ -----758-9316

E-mail - Dan.McKibben@Juno.com

Website: [www.WhatSaithTheScriptures.com](http://www.WhatSaithTheScriptures.com)

Time of Services: Sunday 10am Bible Study, Worship 10:40 & 6pm; Wed. 7:00pm. Radio program, Sunday 8am, 1460 AM

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John and Nancy Hale

August 27, 2009 • 6:00 p.m.

Sunrise Baptist Church

Please sign up by calling Arielle Reese at 256-7880 or on-line at [rockcastleregional.org/ourtown](http://rockcastleregional.org/ourtown) before August 21.

Sunrise Baptist Church is located 1/2 mile off Hwy. 39 in Pulaski County (14 miles from Mt. Vernon). For detailed directions call Pastor Jesse McCoy at 606-872-1212 or 606-679-1212.

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## Our Readers Write

### Candor needed about zoning...

Dear Editor,  
I've found Judge Executive Buzz Carloftis to be a quality person and a politician with good instincts. However, after reading his interview-ad about zoning (July 9th Signal) I question if his political instincts have failed.

While many points could be disputed what stood out the

most to me was a lack of candor and a disrespect for those who signed the anti-zoning petition.

It is apparent that the Judge supports zoning. Why doesn't he just say so?  
The website [www.rockcastlecountyky.com](http://www.rockcastlecountyky.com), which seems both official and taxpayer funded, advocates zoning in multiple places.

It features a development board (RCDB) speaker, one of a number - advocating zoning [www.rockcastlecountyky.com/news\\_landuse.html](http://www.rockcastlecountyky.com/news_landuse.html) and formerly had an article by RCIDA employee Jim Holton pushing zoning.

The website also includes the Rockcastle County Strategic Plan which has an entire section promoting zoning.

It claims that the zoners and coders need to "educat[e]" the rest of us. More political advocacy paid for with our tax dollars.

Could the pro-property rights, pro-freedom anti-zoning group get equal space?

Buzz claims that RCDB is a "private" group. Then why does RCDB have a courthouse

office?  
Doesn't the county control this space? Is RCDB even paying for it?

If not, why are your tax dollars going for only one side of a political issue? How about some courthouse offices for a low tax, anti-zoning group?

I've personally heard Buzz speak positively about zoning, and been told an old TV tape exists.

Instead of semantic tricks and blaming every unrelated problem from toxic dumps to smut peddlers on property-rights, I'd encourage Buzz to be candid.

I also feel that it is disrespectful to suggest that over 3000 citizens didn't know what they were signing. The language of the petition was concise and direct.

The citizen's of the county have bought and paid for their property with their labor. They don't want a bunch of bureaucrats telling them what to do with it.

They already have planning and zoning, they plan how to zone the property they own every day.

Sincerely,  
Michael Sheliga  
180 West Main Street  
Mt. Vernon, KY 40456  
256-9458  
msheliga@engr.uky.edu

whom I've become acquainted who are so special that they are beyond compare.

But I am back home and off to work again tomorrow with people who are also extra special.

I just wish that I could have brought new friend Hillary Launey home with me.

James, Younger, and Webb, were seen later that day by a watchman at the Harris Coal Yard at Limestone Plant Holler, but disappeared. County judge, J.M. Fish, sent three men to guard the wounded McDaniel, and to move him to the jail if he should improve.  
Here we will cease with the

chase for this week, and continue next week with Part Three.

Remember that I'm looking for good stories about the county, people and the events in their lives. I may be contacted through the Mount Vernon Signal or at [therootsofrockcastle@windstream.net](mailto:therootsofrockcastle@windstream.net).

### 'Roots'

(Cont. from A2)

headed off by two different poses. Anna was a relative of Frank and Jesse James' mother.

Two days passed as the gang was holed up at Red Hill. Local citizens countywide became fearful, and had taken up arms and were keeping watch for the outlaws.

About midnight on September 15th, William R. Dillon, who owned the Dillon Boarding and Dining House at Pine Hill, saw four strange men around his place. Two of the four men opened fire on William Dillon and his brother, James, when they answered the knock at the establishment's door. The Dillon brothers returned fire. One of the gang had been hit and began to run, with William Dillon giving chase. Meanwhile, James Dillon emptied his revolver, shooting at Jesse James and Thomas Webb, only to drive them away.

The next morning in a nearby cornfield, they discovered Thompson McDaniel, shot in the chest, but still alive. He was taken to William Woodson's home in the area. Doctor S.W. Bruce of Mount Vernon was sent for to attend to McDaniel. Mrs. Woodson told McDaniel that his wound looked awfully bad, and that he probably wouldn't live. She told him that if he had anything to say, now was the time to speak. He said, "I don't care whether I die or not. I won't tell you anything."

William Dillon sent a telegram to detectives in Louisville, stating that one of the robbers had been captured, and that he and others were in pursuit of the remaining gang.

Doctor Bruce finally arrived. McDaniel asked him if his partner, "Bud", as Cole Younger was known, had been shot, too. The other three,

### 'Memories'

(Cont. from A2)

Most of my rocks have been here longer than I have lived, and they will be here long after I depart this world. I am glad that they were mine to enjoy for a short time. I certainly hope that at least one of my grandchildren might follow in my footsteps and learn to appreciate these fascinating creations of nature.

(You can reach me at [mtman@mis.net](mailto:mtman@mis.net) or you can drop me a line at P.O. Box 927 - Stanton, KY 40380. I appreciate your suggestions and comments.)

### 'Points East'

(Cont. from A2)

dozen people that I hold close and dear who would never have made it into my life. And I would have been cheated beyond description.

My trip to Gathering V allowed me to hug and converse with most of them and then bond with a few new friends, a couple of whom will become like family if they aren't already. I intend to write columns on a few folks with

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## BVFD and Little World's Fair Fun Horse Show

August 1st  
6 p.m.

Brodhead  
Fairgrounds

Classes 2-29. Entry Fee \$10- Payout: \$40  
Trophy, Ribbon, \$25R \$15R \$10R \$5R  
Champion Classes 30 & 31. Entry Fee \$20 -  
Payout: \$60 Trophy, Ribbon, \$30R \$20R  
\$10R \$5R



### INTERMISSION

FOOT RACES: 6 & Under, 7-12, 13-17, 18 over  
Prizes: \$5, Ribbon

- Lead Line  
FREE - Prize: Trophy, Ribbon & \$1
- Open Halter
- Miniature Horse Halter
- Youth Pleasure (Riders 12 & Under)
- Dolly Parton Race
- Mule Pleasure
- Egg & Spoon
- Miniature Horse halter (2 & Under)
- Bareback Class
- Wagon Race
- Trail Pleasure Racking (Keg Shod)
- Shovel Race
- Miniature Pleasure Driving  
(Walk, Trot, Extended Trot)
- Couples Class
- Relay Race
- Country Pleasure Walking
- Junior Pleasure (Riders 13 to 17)
- Speed Racking (Judged on Racking Only)

- Water Glass
- Spotted Pleasure
- Musical Feed Sacks
- Flag Race
- Miniature Roadster  
(Jog, Extended Trot)
- Baby Bottle Contest
- Generation Gap  
(Older Riders Enter Mounted)
- Trail Pleasure Walking (Keg Shod)
- Western Pleasure (Walk-Jog-Lope)
- Country Pleasure Racking
- The Race
- Racking Pleasure Championship
- Walking Pleasure Championship

All Horses Must Have Current Negative Coggins and Health Papers  
Admission: \$4 • 6 and under free

For more info, contact: Larry Taylor (859-661-7159)

Sherry Asher (606) 308-4242 or Heather Bussell (606-308-2082)

The Brodhead Show Grounds, or anyone else affiliated with the horse show, will NOT be responsible for injury, theft or any other accident of any kind. When you enter the show grounds, you do so at your own risk.

Brodhead Volunteer Fire Department Presents the 2009

## Little World's Fair August 3rd-8th

The 2009 Season Welcomes Dickson Carnival

Midway open from 6 to 11 p.m.

Monday, August 3rd to Saturday, August 8th

(All attractions subject to change)

Saturday ..... August 1st ..... Fun Horse Show

Gates open at 3 p.m. for horses. Show starts at 6 p.m. • \$4 Admission

Sunday ..... August 2nd ..... Lawn Tractor Pull

Starting at 1 p.m. • \$4 Admission

Monday ..... August 3rd ..... Demolition Derby

Presented by B&M Motor Sports starting at 7:30 p.m.

Tuesday ..... August 4th ..... Monster Truck

KIDS NIGHT .... Kids 12 years old and under \$4.00

Monster Truck Exhibition by THE PREDATOR starting at 7 p.m.

Wednesday ..... August 5th ..... Live Music

Kristy Miller and the Distillbillies Band starting at 7 p.m.

Josh Logan- Featuring the Last Call Band - Starting at 8:30 p.m.

Thursday ..... August 6th ..... Truck Pull

Presented by the Kentucky Outlaws starting at 7 p.m.

Friday ..... August 7th ..... Mud Run

Presented by Coffman Motor Sports starting at 7 p.m.

Saturday ..... August 8th ..... Mud Run

Presented by Coffman Motor Sports starting at 7 p.m.

Gate Admission is \$8 - Includes all rides and events

No refunds in the event of rain - All Times are Eastern Standard Time

Brodhead Volunteer Fire Dept. and/or The Little World's Fair are not responsible for accidents

For more information, contact:

City Hall - 606-758-8635 • Larry Taylor - 859-661-7159

Rick Branham - 606-308-2761

Come Out and Enjoy all the Fun and  
Excitement of the Little World's Fair



The Marching Rockets performing.

## Rockcastle Recycling Center open Saturday

The Rockcastle County Recycling Center will be open Saturday, August 1st, from 8 a.m. until 12 noon.

The following items may be recycled: newspapers with inserts, magazines and catalogs, office paper, junk mail, phone books, plastic bottles and jugs (any size soda and water bottles, laundry detergent jugs, bleach and fabric softener jugs, milk and water jugs, cooking oil bottles and jugs, shampoo bottles, dish liquid bottles, and alcohol bottles) (all lids must be removed and thrown into the trash) (not to be included with the recyclables) (and all jugs

must be rinsed out), glass bottles (no sheet glass), metal cans (rinsed), empty aerosol cans, aluminum cans, old cell phones, car batteries, printer cartridges, computer equipment and cardboard.

Rechargeable batteries such as those found in: cordless power tools, cellular phones (the whole phone can be recycled), cordless phones, laptop computers, digital cameras, two-way radios, camcorders, and remote control toys. If it says rechargeable on it, then it's recyclable!

(Cont. to A8)



Pictured from left: Mr. Greg Daugherty, Regina Rice, Ms. Cassandra Smith, Nicole McFerron, Anjelica Craig, Andrew Robbins and Kyle Hayes.

## Marching Rockets complete Band Camp

Submitted by A. B. Sharpe

All the Marching Rockets survived band camp last week. The weather was a bit cooler than the normal average for the middle of July and there was a day of rain that gave all an afternoon off. Even the food was reported better this year! Camp Crescendo, a facility run by the Lions Club in Lebanon Junction, Kentucky offers many different camping experiences for several diverse organizations throughout the year. But over several weeks in the summer they host band camps for many high school marching bands. The Rockcastle Marching Rockets have participated for many years in the summer band camp program and have always benefited from the experience. They were in camp with Shelby Valley High School Band, Raceland High School Band, Tecumseh High School Band from Ohio, Hart County High School Band, and Shelby County High School Band.

It is at Camp Crescendo

where our young musicians become a marching team. Being away from home and immersed in marching drills all day and into the night, they form strong bonds that sustain them through the rigors of competition season. On the last

day of camp, the bands perform for the parents all the parts they have learned of their new upcoming show. The first look at the 2009 Marching Rockets was impressive. This year the

(Cont. to A8)



The 2009 Marching Rockets Colorguard,

## Yards to Paradise

By Max Phelps  
The Wishing Well

The wishing well is a lovely landscape ornament or hardscape fixture with a mystical past.

It can be traced in folklore to our ancestors from western Europe. There's an Indo-European history lesson, but we'll get to that in a bit.

In the front and back yards across America you'll find wishing wells. From the old well with a bucket on a rope that people lowered and raised to draw water, to the cute ornamental wells of wood, brick and stone. Wishing wells are an ingrained part of our culture.

If you want a waterfeature, you'll need to be sure your "well" will actually hold water. Certainly water was part and parcel to the magical traditions associated with the wishing well. The concept is that wishes are granted by some deity of the well when a request is made and a gift is left. Hence, you find coins in wells and pools everywhere. (Copper and silver are actually purifiers of water, too.)

Even though "sacred wells" were sometimes an object of worship, in relative terms perhaps it compares to the sun in the sky. Some venerate the sun.

Some just are glad it warms them, gives light and marks time.

Just as anciently the nation of Israel rejected God's rule, they retained parts of their lineage and customs (go look at a copy of the "Scottish Declaration of Independence") and mixed their customs with pagan ones and worshiped Baal. With that as a framework, let us look at where wishing wells are most prevalent and speculate whence some of our modern customs stem.

Folklore has provided us tales of genies granting wishes, fairies making dreams come true, other magical creatures or deities granting desires in exchange for something sacrificed. The word wish comes from the Indo-European root word wen. Our modern word win comes from the same root as wish. I suppose this may be in some way a counterfeit concept for a supreme Being who wants to grant the good wishes of his children who ask Him.

Magical and "holy wells" are common in Ireland, and especially all over Scotland. These are places many of our forefathers migrated from. "Divining rods" are a related topic, but we'll stick to our subject of wishing wells. For further read-

ing, I might suggest Wells, Trees, Sacred Groves by Stuart McHardy.

You'll find songs called wishing well (I am thinking of Hank Snow, but there are many others). Myriad motels, hotels, restaurants, florists and gift shops and charitable organizations call themselves

Wishing Well. Online, in garden centers, in public parks, many places you'll find wishing wells. Also, you'll find coins being "offered" to fountains, wells, ponds all over. Someone calculated about thirty million dollars a year, that would be nearly 50 cents per person, is given in hopes of a granted wish each year in America.

Besides the Druidic religion's customs of water deities granting wishes, I believe the sacred wells of the Celtic peoples have an additional significance. Let me explain.

I remember the story of Joseph in the bible. Country singer Dolly Parton made a hit song with "Coat of Many Colors". Well, Joseph was thrown into a well, and his "coat of many colors" was torn and stained with blood. Joseph's oldest brother, Reuben, who was not as bent on doing evil as the other brothers, rent his clothes at the well when he found the tattered, blood-stained pieces of Joseph's coat at the well, but no Joseph. I believe the traditions of hanging pieces of cloth near a wishing well trace all the way not just to ancient Ireland and Scotland but to the land of Canaan over 400 years before there even was a nation called Israel!

In conclusion, I subscribe to the logic that the "coat of many colors" was not a winter coat or something, but was like the colorful kilts worn by Scots, Vikings and inhabitants of Old Eire.

The author is a landscaper. Visit [www.rockcastles.com](http://www.rockcastles.com) or [max@rockcastles.com](mailto:max@rockcastles.com)

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Field Commander Regina Rice taking the field.

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Thursday, August 13th • 6 to 10 p.m.

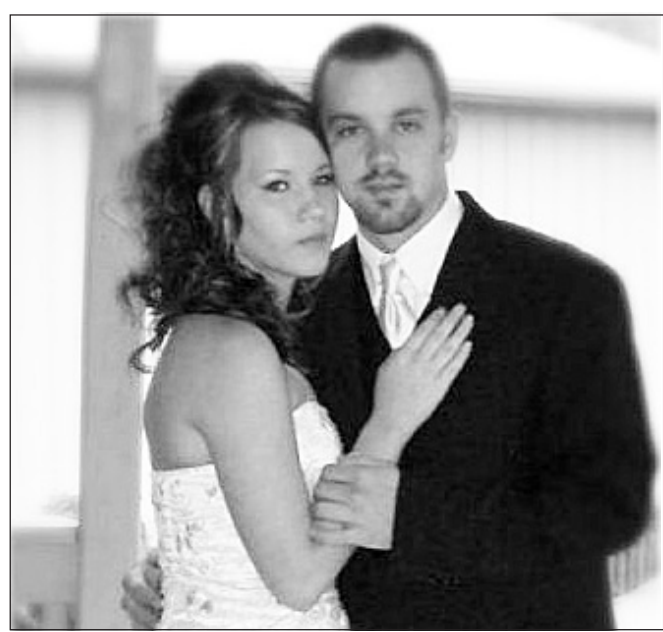
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Double Nickel 6 to 7 p.m.	Intermission 7 to 8 p.m.	Medley Boys 8 to 10 p.m.
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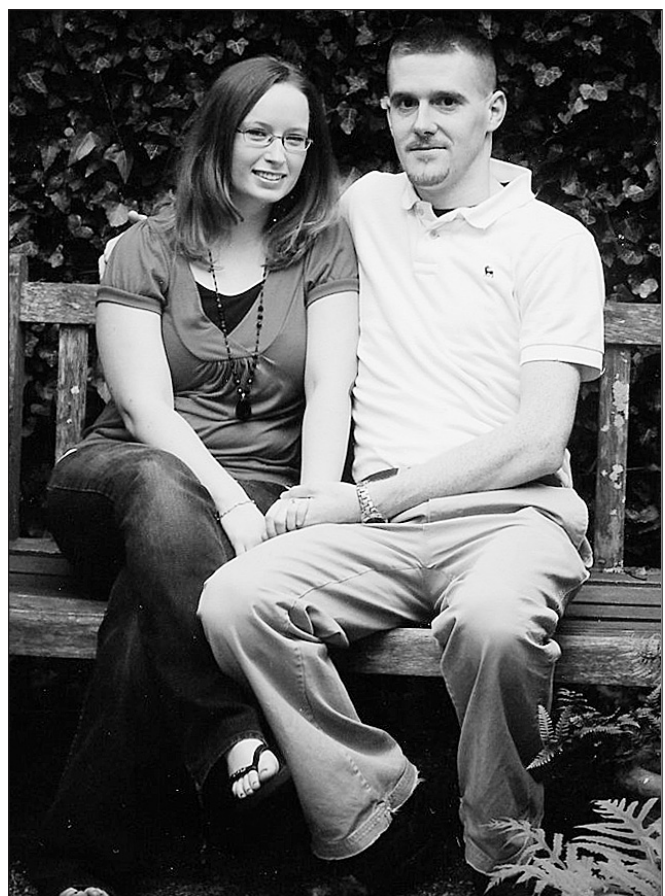
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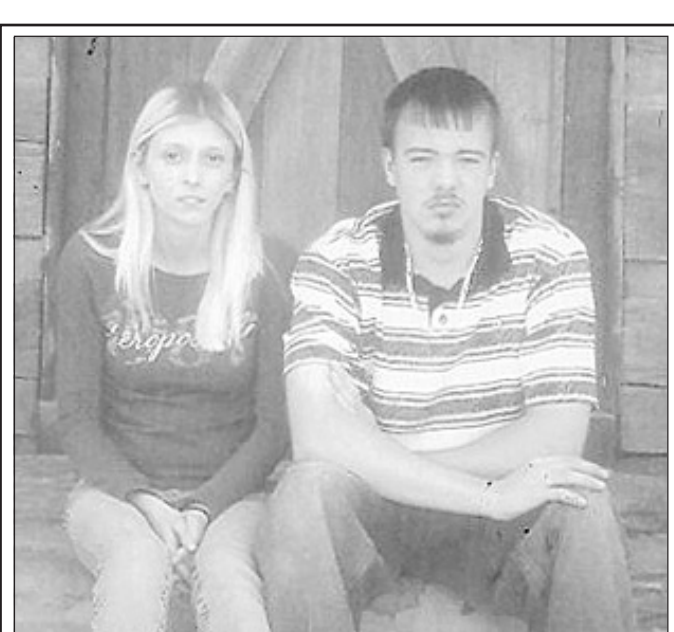
**Cole - Bussell**

Bonnie Cole of Mount Vernon, and Scott Ballinger of Berea, would like to announce the engagement of their daughter Alena Kae Cole to Randall Keith Bussell. Son of Emma Collett of Rockwall, TX and Keith Bussell of Mount Vernon.  
Alena is a graduate of Rockcastle County High School, class of 2009 and will be starting college in the coming spring.  
Randy has made a career in Information Technology as an IT Coordinator at Branscum Construction in Russel Springs, KY and volunteers as a fireman at Mount Vernon Fire and Rescue. The couple will marry on October 3, 2009. Invitations will be sent out with more details.



**Hopkins - McKibben**

Mr. and Mrs. Doug Hopkins and Mr. and Mrs. Danny McKibben are proud to announce the upcoming marriage of their children, Tiffany Rene Hopkins and Joshua Keith McKibben.  
Tiffany is a 2004 graduate of RCHS and a 2009 graduate of Jefferson Community College and is employed at Rockcastle Hospital. Josh is a 1998 graduate of RCHS and is employed at the Rockcastle County Attorney's office.  
The wedding will take place on Saturday, August 1, 2009 at 3:30 p.m. at the Brodhead Baptist Church. All family and friends are invited to attend.



**Bullock - Fleming**

Raquel Michelle Bullock and Justin Scott Fleming, both of Roundstone, would like to announce their forthcoming marriage. The ceremony will be held Saturday, August 8, 2009 at 3 p.m. at Roundstone Baptist Church. A reception will follow in the fellowship hall. All family and friends are welcome.



All eight of the children of the late Preston and Pearl Martin Anderkin were together recently in Berea. In the photo are, front row, from left: Gladys Gill and Wanda Prater, both of Berea and Dorothy Olsovsky of Texas. Back row: Patty Ray of Massachusetts, Loretta Smith of Mt. Vernon, Frankie Anderkin, Jr. of Mt. Vernon, Peggy Mason of Crab Orchard and Frances Cuzick of Waco.

*An encouraging word:*

**When First Things Are First**

By Howard Coop



The morning did not get off to a good start. Nothing I did seemed to go right. For a moment, I stopped what I was doing and looked at the situation. I soon discovered that I had allowed things to get out of order.

There is something important that, I think, I have learned over the years. When first things tend to fall into place quite well, and significant results are more easily accomplished. Life is much easier that way.

But what is first? That, I think, is an important question for anyone--and everyone--to consider. The answer to that question, when applied, can add real meaning and significance to any life, and it will make life much better.

My word may not be authoritative, and it probably isn't. But there are relevant words from two prominent individuals that are authoritative.

First, there is a significant word from Dr. Kenneth E. Appel who, at one time, was head of the American Psychiatric Association. Dr. Appel has been quoted as saying, "After a person has been psycho-analyzed he has to have something to take the place of the anxiety and nothingness which

remains. He needs something to give him a faith in God."

Then, there is a more pointed word that comes from H. G. Wells, the noted English author who gave us the classic work known as THE OUTLINE OF HISTORY. Wells wrote, "Religion is the first thing and the last thing and until a man has found God he begins at no beginning and works to no end. He may have his friendships, his partial loyalties, his sense of honor. But all of these fall into place, and life falls into place only with God--only with God."

So, there is, according to those widely recognized authorities, that which is, or at least should be, first in life. When life is so organized, primary things are first. Trivial things are secondary.

**Yard Sale**

Fri., July 31 • Sat., Aug. 1 at the home of Roberta Taylor (former Taylor Produce Bldg.)

**For Sale**

30 acre farm, 2 story house. Lincoln/Rockcastle line. Reduced to \$150,000. No land contract. 606-308-0914 after 4 p.m.

Parents Bryan and Janetta McLemore Begley of Orlando, along with big brother Tristan, would like to announce the arrival of Tessa Mae Begley. Born July 18, 2009 at the Pattie A. Clay Regional Medical Center in Richmond. At birth Tessa weighed 6 lbs. 14 ozs. and was 20 inches long. Maternal grandparents are Jackie and Lydia McLemore of Orlando. Paternal grandparents are Ed and Louise Begley of London. Bryan and Janetta would like to express their greatest appreciation to all who gave such wonderful gifts, brought meals to their home and lifted up prayers for the safe arrival of baby Tessa.



Happy 70th Birthday Thursday, July 30th Evelyn Woodall Love - Your friend Priscilla and family



**House For Sale**  
With garage. 675 W. Main St., Mt. Vernon. \$33,500. Washer, dryer, stove and refrigerator stay. Call 256-3820 or 256-5745. 36x4p



A Cutie - A Beauty Oh, Lordy, She's 40! Love, Your Brother-in-law

**ATTENTION RCHS STUDENTS**

•2009-2010 Students will be tardy to school at 8:05 am each morning.  
•2009 Graduates - please stop by the RCHS to pick up diplomas immediately.

**Gospel Singing & Fundraiser**  
**Rockcastle County High School**  
**Sat., Aug. 1, 7 p.m.**  
*All proceeds will go to Constable of the 5th District David Mason to help defray medical expenses.*  
**Donations will be taken at the door**  
*Sponsored by: Livingston Fire Department*



**Grand Opening Friday, July 31st**

**Mimi's Memory Box**

New & Used Furniture, Home Decor, Fine Collectibles Baskets, Handbags and more...



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**AUGUST 03-08 SEVEN O'CLOCK NIGHTLY**

**Pastor; Ray Thacker**  
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**Special Singing Each Night**

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- Thursday- Diana Thacker
- Friday- Becky McNew
- Saturday- Armel & Mabel Davidson

**HOMECOMING MEAL FOLLOWING MORNING**  
**WORSHIP SERVICES SUNDAY AUGUST 09**

**EVERYONE WELCOME**

# Church Directory

**Believers House of Prayer**  
156 Scenic View Lane  
U.S. 25 N, left at 18 mile marker  
Renfro Valley, Ky.  
Sabbath School Sat. 10-11 a.m.  
Morning Worship 11 a.m.  
Evening Worship 7 p.m.  
Wednesday 7 p.m.  
Pastor: Bill Davis  
bhop@ymail.com

**Berea Reformed Evangelical Church**  
1309 Hwy. 21 • Berea  
859-248-1600  
Sunday Worship 11 a.m.  
Sunday Bible Study 6 p.m.  
Xon Hostetter, Pastor

**Bible Baptist Church**  
100 Higher Ground (off US 25)  
Mount Vernon, Ky.  
Church Phone 606-256-5913  
e-mail: www.biblebaptist.org  
Sunday School 10 a.m.  
Sunday Worship/Children's Church 11 a.m.  
Sunday Evening Worship 6 p.m.  
Wednesday Evening 7 p.m.  
Video services Tues., Thurs., & Sat. at 11 a.m., 4 p.m. & 9 p.m.  
Channel 3 - New Wave  
Cable Channel 5 in Berea and Richmond 1 p.m. Wednesdays  
Pastor: Don Stayton  
Associate Pastor/Youth:  
Bro. Jeremy Ellis  
Kids for Christ  
Children's Ministry:  
Bro. Jarrod Amyx  
Secretary: Jo Roberts  
Music Director: Dan Dull

**Blue Springs Church of Christ**  
7 miles south of Mount Vernon on Hwy. 1249 (Sand Springs Rd)  
Services: Sundays 10 a.m. & 6 p.m.  
Preaching Brethren  
Zade McClure, Gary Reppert, Coy Cromer, Marcus Reppert  
Contact Info:  
Marcus Reppert  
104 Byrda Way • Mt. Vernon, Ky.  
606-308-2794  
marcusreppert24@hotmail.com

**Bride of Christ Church**  
High St. Mt. Vernon  
Sunday Services 7 p.m.

**Brodhead Baptist Church**  
Corner of Silver & Maple St.  
Brodhead, Ky. 40409  
606-758-8316  
Sunday Bible Study 10 a.m.  
Sunday Worship 11 a.m. & 6 p.m.  
(Nursery Provided)  
Wednesday Prayer Meeting 7 p.m.  
Children's Programs: RAs & GAs  
Mission Friends and Creative Ministry

**Ralph Baker, Pastor**  
Brodhead Baptist Church is a friendly church where everyone is welcome

**Brodhead Church of God**  
Hwy. 3245 • Brodhead • 758-8216  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening 6 p.m.  
John Erwin, Pastor

**Brodhead Christian Church**  
237 W. Main St.  
Brodhead, Ky. 40409  
606-758-8721

Sunday School 10 a.m.  
Sunday Worship 11 a.m. & 6 p.m.  
Wednesday Bible Study 7 p.m.  
Tracy Valentine, Preacher  
606-758-8662  
Cell 606-305-8980

**Brush Creek Holiness Church**  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening 7 p.m.  
Tuesday Prayer Meeting 7 p.m.  
Special Service 1st Sunday or each month at 11 a.m.  
Lonnie Reese McGuire, Pastor

**Buffalo Baptist Church**  
Located 15 miles south of Mt. Vernon on Hwy. 1249 (Sand Springs Rd.)  
606-274-5197 • 606-256-4988  
Sunday School 10 a.m.  
Sunday Worship 11:15 a.m.  
Sunday Evening Service 6 p.m.  
Marvin (Buddy) Rowe, Pastor

**Calloway Baptist Church**  
76 Calloway Branch Rd. (Off US 25) • Calloway  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening 6 p.m.  
Wednesday Evening 7 p.m.  
Scott Mullins, Pastor

**Central Baptist Church**  
86 Maintenance Rd.  
Mt. Vernon, KY 40456  
606-256-2988  
centralbaptistky.org  
Pastor: Mark Eaton  
Home of "Central Baptist Christian Academy"  
K-12 Private School  
"Central Time" Radio Broadcast  
WRVK 1460AM  
Every weekday Mon.-Fri. 11:15 a.m.  
Sunday School 10 a.m.  
Sunday Morning and Children's Church 11 a.m.  
Sunday Evening 6 p.m.  
Wednesday Bible Study, Prayer Meeting and "Patch the Pirate Club" 7 p.m.  
Transportation and Nursery provided for all services  
Mark Eaton, Pastor

**Church of Christ on Fairground Hill**  
Sunday Worship 10 a.m.  
Different speaker each Sunday

**Climax Christian Church**  
Hwy. 1912  
308-2806 - 256-4138 - 256-5977  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Wade Johnson, Minister

**Climax Holiness Church**  
Sunday Night Worship 6 p.m.  
Thursday Nights 7 p.m.  
3rd Saturday of every month at 7 p.m.  
1st Sunday of each mo. at 11 a.m.  
Darrin Sloan, Pastor

**Conway Missionary Baptist Church**  
U.S. 25 between Mount Vernon and Berea  
Sunday School 10 a.m.  
Sunday Morning Worship 11 a.m.  
Sunday Evening Worship 6 p.m.  
Wed. Prayer Service and

Bible Study 7 p.m.  
Youth Meetings:  
Sunday 5 p.m. • Wednesday 7 p.m.  
Bro. Jim Ritchey, Pastor  
859-200-2679/859-228-0342  
Sunday School Director  
Ronald Sears • 606-256-5709  
606-256-2829

**Cornerstone Fellowship**  
50 Lovell Ct. - Mt. Vernon  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening Service 6 p.m.  
Wednesday Service 7 p.m.  
Terry Fletcher, Pastor  
606-256-1645

**Crossroads Assembly of God**  
Hwy. 150 • Brodhead  
Bro. Steven Vanhook, Pastor  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening Worship 6:00 p.m.  
Wednesday Night 7 p.m.

**Cupps Chapel Holiness**  
Copper Creek Rd., Crab Orchard  
Sunday Evening Service 6 p.m.  
Thursday Service 7 p.m.  
Dwayne Carpenter, Pastor

**Dixie Park Cornerstone Baptist Church**  
700 N. Powell St.  
Berea, Ky. 40403  
859-623-8292 • 859-985-2484  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening Service 6 p.m.  
Wednesday Service 7 p.m.  
Gene Smith, Pastor

**Fairview Baptist Church**  
520 Fairview Loop Road  
Mount Vernon, Ky.  
Sunday Services  
Sunday School 9:45 a.m.  
Sunday Worship 11 a.m.  
Children's Choir 6 p.m.  
Sunday Evening Service 7 p.m.  
Sunday Adult Choir 8 p.m.  
Wednesday Services  
Creative Ministry 6 p.m.  
Bible Study 7 p.m.  
Youth Ministry QUEST 7 p.m.  
RAs and GAs 7 p.m.  
Mission Friends 6 p.m.  
Vaughn Raso, Pastor  
606-256-3722  
email: fairviewbapt@aol.com

**Fairground Hill Community Holiness Church**  
Friday Worship 7 p.m.  
Sunday Worship 6 p.m.  
Pastor: Benton Hurd

**Faith Chapel Pentecostal**  
S. Wilderness Road  
Mount Vernon, Ky.  
Sunday School 10 a.m.  
Sunday Evening Service 7 p.m.  
Wednesday Service 7 p.m.  
Saturday Service 7 p.m.  
Jack Carpenter, Pastor

**First Baptist Church**  
340 West Main Street  
Mt. Vernon, Ky.  
606-256-2922

Bro. Eddie Norton, Pastor  
website: www.fbcmvkyorg  
email: fbcmvernon@newwave.net  
Sunday Services: 8:30 a.m., 10:45 a.m. and 7 p.m.  
Wednesdays: AWANA and Adult Bible Study 6:30 p.m.  
Live Broadcast WRVK 140AM  
Sundays at 11 a.m.  
Broadcast on New Wave Cable Channel 3 Tues., Thurs. & Sunday at 10 a.m., 3 p.m. & 8 p.m.

**First Christian Church**  
West Main Street  
Mt. Vernon, Ky.  
606-256-2876  
Bro. Bruce Ross, Pastor

Sunday School: 10 a.m.  
Sunday Worship 11 a.m. & 6 p.m.  
Wednesday Bible Study 7 p.m.  
Kenny Shubert, Youth Pastor

**Flat Gap Baptist Church**  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Wednesday Service 7 p.m.  
James Poynter, Pastor  
606-256-3969

**Flat Rock Missionary Baptist Church**  
504 Maple Grove Rd. Hwy. 1004  
Orlando, Ky. 40460  
859-925-4048  
Sunday School 10 a.m.  
Fellowship Hour 11 a.m.  
Sunday Evening Service 7 p.m.  
Wednesday Bible Study 7 p.m.  
Thursday Night Visiting 7 p.m.  
Contact: Doris Brown  
606-256-0188  
burtonpromos@prodigy.net

**Freedom Baptist Church**  
Freedom School Rd.  
Mt. Vernon, KY  
Sunday School 9:45 a.m.  
Sunday Worship 11 a.m.  
Discipleship Training 6 p.m.  
Sunday Evening Worship 7 p.m.  
Wednesday Evening Prayer Meeting & Youth/Children Classes 7 p.m.  
Pastor: David Sargent  
606-256-2968

**God's Church of Zion**  
35 McFerron St.  
Mt. Vernon, KY  
Wed. Night 7 p.m.  
Sunday School 2 p.m.  
Sunday Worship 3 p.m.  
Pastor: Fred Hecker

**Hickory Grove Pentecostal Church**  
Hwy. 1505 (6 miles from Brodhead)  
Brodhead, Ky.  
Randal Adams, Pastor  
Youth Pastor, Scott Adams  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening 7 p.m.  
Wednesday Evening 7 p.m.

**Lighthouse Assembly of God**  
Hwy. 1004 • Orlando, Ky.  
Tim Hampton, Pastor  
606-256-4884 • 606308-2342  
Sunday School 10 a.m.  
Sunday Morning Worship 11 a.m.  
Sunday Evening 6 p.m.  
Tues. Night Intercessory Prayer 7 p.m.  
Wednesday Night Bible Study 7 p.m.

**Little Country Church**  
Jarber Rd.  
Turn left off Rev. Green Loop onto Jarber Rd.  
Jack Weaver, Pastor  
Sunday 6 p.m.  
Wednesday 7 p.m.

**Livingston Baptist Church**  
Sunday School 10 a.m.  
Adult & Youth Classes Available  
Worship Service 11 a.m.  
Wednesday Bible Study & Meeting 7 p.m.  
Bro. Steve McKinney, Pastor  
606-758-4097  
email: stevemc64@alltel.net

**Livingston Pentecostal Holiness Church**  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening Service 6 p.m.  
Wednesday Service 7 p.m.  
Jim Miller, Pastor  
606-256-1709

**Maple Grove Baptist Church**  
Hwy. 1004 (Big Cave Road)  
Orlando, Ky. 40460  
606-256-1873  
Bro. Jerry Owens, Pastor  
Home Phone 606-256-3075  
Sunday School 10 a.m.  
Sunday Morning Worship 11 a.m.  
WRVK Broadcast 2 p.m.  
Sunday Evening 6 p.m.  
Wednesday Evening 7 p.m.

**Mareburg Baptist Church**  
2617 New Brodhead Rd.  
Mt. Vernon, KY 40456  
Wayne Harding, Pastor  
Phone: 256-8844  
Sunday School 10 a.m.  
Sunday Morning Worship 11 a.m.  
Sunday Discipleship Training 6 p.m.  
Sunday Youth Missions 6 p.m.  
Sunday Evening Worship 7 p.m.  
Wednesday Evening 7 p.m.  
www.mareburgbaptist.org  
mareburgchurch@yahoo.com

**McNew Chapel Baptist**  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening Service 6 p.m.  
Wednesday Service 7 p.m.  
Jerry Ballinger, Pastor

**Mt. Vernon Church of God**  
1025 W Main St.  
Mount Vernon, Ky.  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening Service 6 p.m.  
Wednesday Service 7 p.m.  
Bobby Owens, Pastor  
859-986-1317

**Mt. Vernon Church of the Nazarene**  
40 Fair Street • Mt. Vernon  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening 6 p.m.  
Wallace Thornton, Sr., Pastor

**New Hope Baptist Church**  
Jct. 1797 New Hope Tower Rd. Orlando  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening 6 p.m.  
Wednesday Evening 7 p.m.  
Bro. David Carpenter, Pastor

**Northside Baptist Church**  
777 Faith Mountain Rd.  
(Off 461 bypass) Mt. Vernon  
606-256-5577  
www.nbcnet.org  
Sunday  
Sunday School 10 a.m.  
Morning Worship 11 a.m.  
Children's Church 11 a.m.  
Hispanic Services 6 p.m.  
Evening Worship 6 p.m.  
Wednesday  
Adult & Youth Worship 7 p.m.  
New Wave Cable (KET2 ch. 3)  
Tues., Thurs., Sun.  
9 a.m., 2 p.m., 7 p.m.  
Assoc. Pastor: Bro. Jon Burdette  
Hispanic Minister: Bro. Ken Roberts  
Minister of Music: Bro. Tony Renner

**Ottawa Baptist Church**  
1074 Ottawa Rd. • Brodhead  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Children's Church 11 a.m.  
Sunday Discipleship Training/  
Youth Mission Groups 6 p.m.  
Wednesday Services  
Youth Choir 6 p.m.  
Children's & Youth Bible Study  
6:45 p.m. • Service 7 p.m.  
Jim Craig, Pastor • 758-8453  
ottawabaptist@windstream.net

**Our Lady of Mt. Vernon Catholic Church**  
515 Williams St.  
(across from MVES)  
Mount Vernon, Ky. 606-256-4170  
Mass Times:  
Tuesdays at 5 p.m.  
Sabbath Mass: Sat., 5 p.m.  
Holy Days 5 p.m.  
Father Nick Pagano, Pastor  
Sister Joyce Moeller,  
Pastoral Associate

**Philadelphia United Baptist Church**  
834 Bryant Ridge Rd.  
Brodhead, Ky.  
Sunday School 10 a.m.  
Sunday Evening Service 6 p.m.  
Wednesday Service 7 p.m.  
Saturday Service 7 p.m.  
Gordon Mink, Pastor  
606-256-9724

**Pine Hill Holiness Church**  
5216 S. Wilderness Rd.  
Mt. Vernon, Ky. 40456  
Allen Hensley, Pastor  
453-4801  
www.pinehillholinesschurch.com

email: pinehillhc@aol.com  
Sunday School 10 a.m.  
Sunday Evening Worship 7 p.m.  
Thursday Night Worship 7:30 p.m.  
Saturday Night Worship 7:30 p.m.  
WRVK (1460 AM) Broadcast  
Noon Sundays

**Pine Hill Missionary Baptist Church**  
PO Box 1495  
81 Limeplant Hollow Road  
Mt. Vernon, Ky. 40456  
Contact: Jackie Burdine  
606-453-2342  
email: jcmclure@aol.com  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Discipleship Training 5:30 p.m.  
Sunday Evening Worship 6:00 p.m.  
Wednesday Prayer Meeting and Youth Service at 7:00 p.m.  
Prayer Partners Ladies Meeting monthly every second Tuesday at 6:30 p.m.

**Poplar Grove Baptist**  
145 Richlands Rd. • Brodhead  
Sunday School 10 a.m.  
Sunday Worship 11 a.m.  
Sunday Evening 7 p.m.  
Wednesday Evening 7 p.m.

**Providence church of Christ**  
1 mile off Hwy. 70 on Hwy. 618  
Dan McKibben, Minister  
758-8524 or 758-9316  
Sunday Bible Study 10 a.m.  
Sunday Morning Worship 10:30 a.m.  
Sunday Evening 6 p.m.  
Wednesday Bible Study 7 p.m.  
email: dan.mckibben@juno.com  
www.WhatSaithTheScriptures.com

**Rose Hill Church**  
Pastor: Bobby Barnett  
Sunday School 10 a.m.  
Morning Worship 11:00 a.m.  
Wednesday Bible Study 7 p.m.

**Roundstone Baptist Church**  
Rick Reynolds, Pastor  
606-758-8095  
Sunday School 10 a.m.  
Sunday Worship 11:00 a.m.  
Sunday Night 6:00 p.m.  
Wednesday Night 7 p.m.

**Sand Springs Baptist Church**  
Directions: Take Hwy 1249, go exactly 5 miles, church on right  
Bob Bradley, Pastor  
Sunday School 10 a.m.  
Sunday Worship 11:00 a.m.  
Sunday Evening 6:00 p.m.  
Wednesday Evening 7:00 p.m.

**Scaffold Cane Baptist**  
Chris Cobb, Pastor  
Sunday School 10 a.m.  
Sunday Worship 11:00 a.m.  
Sunday Night 6:00 p.m.  
Wednesday Night 7 p.m.

**Union Chapel Pentecostal Church**  
1505 Union Chapel Rd.  
Brodhead, Ky.  
Ralph Reynolds, Minister  
606-355-2638  
Sunday School 10 a.m.  
Sunday Worship 11:00 a.m.  
Sunday Evening 7:00 p.m.  
Thursday Evening 7:00 p.m.

**Wildie Christian Church**  
1478 Wildie Rd. • Wildie  
606-256-4494  
Kenton Parkey, Minister  
Sunday School 10 a.m.  
Sunday Worship 10:55 a.m.  
Family Fellowship 6 p.m.  
Wednesday Nite Cafe 5:15 p.m.  
Bible Study 6 p.m.

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606-256-5821

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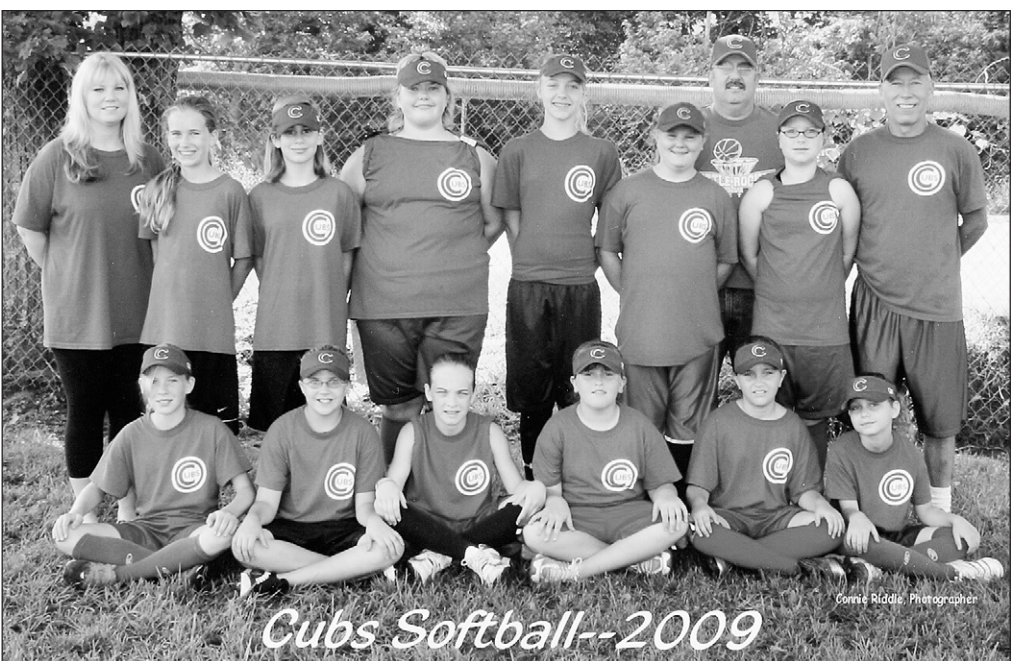
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Rockcastle school officials reported that over 150 families and approximately 500 students attended the third annual Redi-fest at Mt. Vernon Elementary School on Monday afternoon. Above, Becky McNabb and Loren Reynolds passed out items provided by UNITE and GEAR-Up to 8-year-old Katelyn and 5-year-old Andrew Newcomb, who were escorted by dad, Charlie. Both children will attend MVES this fall. (Redi-fest photos by: Richard Anderkin)



### Undeclared Season

The Cubs, 12 and under fastpitch softball team, went undefeated during the season. Members of the team are, front row, from left: Kristin Brown, Tanner Hensley, Kyanna Martin, Courtney Wren, Dana Hatfield and Olivia Copenhauer. Back row: Coach Rachelle Riddle, Amber Collins, Somer King, Hannah Childress, Cheyenne Gillum, Mahala Saylor, Coach Jeff Ham, Shelby Ham and Coach David Collins.

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 TOKICO (USA) INC.

**Night Owls Wanted**

TOKICO: Due to increased customer demand, TOKICO has several 2nd shift (4:30 p.m. - 1:00 a.m.) full-time positions open for Production Team Members. TOKICO (USA), Inc. is an Equal Opportunity Employer (M/F/D/V), offering competitive pay and a great benefits package.

YOU: must have prior industrial manufacturing experience, preferably in welding, painting, plating, machining and/or assembly; as well as possess a HS Diploma/GED. All candidates are subject to mandatory work reference check, drug screen, and criminal background check.

Qualified applications should submit resume to:

**TOKICO USA INC.**  
 Attn: General Affairs (TM-8/02)  
 301 Mayde Rd. • Berea, KY 40403  
 Fax: 859-985-2082 - E-mail: resume@tokicousa.com

**\*\*No phone calls or 3rd-party staffing solicitations will be accepted\*\***

**To: Parents and Guardians of  
 Brodhead Elementary students  
 From: Brodhead Elementary School  
 staff and PTA**

We are gearing up for the upcoming school year. We look forward to working with you and your child. I am sure that together, we can give your child the best education possible.

We will host "Back to School" night on Tuesday, August 4, 2009. Each grade level has a specific meeting time (see schedule below). At that time, you will meet all of the teachers in that grade level. They will go over information that you will need to know about how things work at school, the curriculum that will be taught, what your child will need to know before moving on to the next grade and who your child's teacher will be.

After this brief meeting, you and your child will be able to go to your child's classroom and spend some time with your child's teacher. The purpose of this is to help your child be ready for the first day of school. This is your opportunity to see your child's class, meet many of their classmates and their teacher. **On the first day of school, parents are not allowed to accompany their child to the classroom.**

Kindergarten/Preschool 3:00	Third Grade 4:30
First Grade 3:30	Fourth Grade 5:00
Second Grade 4:00	Fifth Grade 5:30

School supply lists are available in the office this summer from 8:00 to 3:00. You may drop off supplies on Back-to-School night. Every child will also need a standard size backpack that is clear or mesh and not on rollers. Please write your child's name on all school supplies, especially the backpack.

PTA will provide cookies and punch for those in attendance. You will also have an opportunity to join PTA at this time.

If your child will be a new student at BES this year we must have the following documentation before your child can attend school:

- Immunization Certificate (Ky. form)
- Eye Exam (Ky. form)
- Physical (Ky. form)
- Copy of birth certificate
- Social Security Number (not hospital copy)

I look forward to a future working together to provide your child with a great education. Please arrange now to attend Back-to-School night during your child's grade level meeting time. If you have any questions, please call the school at 758-8512.

Respectfully,  
 Mrs. Caroline Graves, Principal

### Graduates

Jacquelyn Rae Robinson of Coatesville, Indiana graduated from North Putnam High School. She plans on attending IUPUI in Indianapolis, Indiana where she will pursue nursing. Jacquelyn is the daughter of Roland and Sharon Roibinson. Maternal grandparents are Robert Phelps of Mt. Vernon and the late Freda McClure Phelps. Paternal grandparents are Alvenia Robinson of Mt. Vernon and the late Frank Robinson.



Jacquelyn Rae Robinson

### "Center"

(Cont. from A5)

The Rockcastle County Recycling Center is located at the Rockcastle County Road Department Garage at 2528 South Wilderness Rd (US 25 South at Burr).

Regular hours are Monday thru Friday from 7 a.m. until 3 p.m.

### "Band"

(Cont. from A5)

music and drill were written specifically for the instrumentation that we have and they learned 19 sets of the opener in camp! The band directors and band members are well pleased with their progress on both the drill and the music.

There is much excitement over the approaching competitions and everyone is looking forward to a winning season. You can see a preview of their show by attending the first home football game TBA. They will rest this week and start rehearsing in earnest on August 4th. As you drive past the high school on those hot and sunny afternoons, you might want to stop in and watch their progress as the Marching Rockets work tirelessly out on the front lawn to perfect their show!

**Band Day at Mt. Vernon Pizza Hut** - Monday, August 3rd - Don't forget about Pizza Hut Monday! Every first Monday is Marching Rockets Night at the Mount Vernon Pizza Hut. Mention the Band whether dining in or taking out!

**Marching Rockets Trailer Ads** - Advertise your business on the Marching Rockets equipment trailer that is pulled to marching competitions and other performances throughout the year. A 12 x 15 ad is only \$100. Contact Ann Craig at 606-308-3086 to place your ad today!



Social worker Amy Yates, left, was one of many volunteers who worked at Monday's Redi-Fest at Mt. Vernon Elementary School. William Madden, Michael Madden and mom, Robin are shown above.



7-year-old David Williams, of Brodhead, received a back-to-school item from Skyler Bradley on Monday at the Rockcastle Redi-Fest. Each of the county's three elementary schools, local community organizations and members of the central office were on hand to help facilitate the annual event.

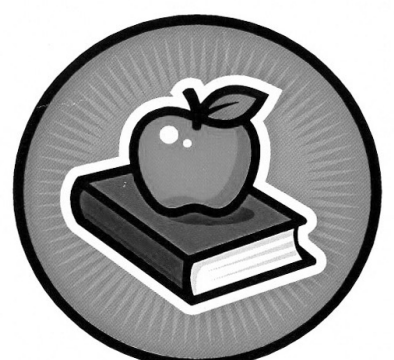


Stylist Beverly Holman, who works at Inspired Image on Richmond Street in Mt. Vernon, gave Brandon McCowan a hair cut on Monday as part of the annual Redi-Fest program.

# Rockcastle County Middle School Open House

Tuesday, August 4, 2009  
 6:00 p.m.

- Meet teachers and staff
- Tour the building
- KHEAA info for middle schoolers
- New student enrollment





## “Whitley”

(Cont. from front)

with J. D. Crowe & The New South. Whitley's roots were developed in bluegrass music. But his distinctive vocal style was the result of his intense study of classic country vocal stylists such as George Jones, Hank Williams, Jr., and Lefty Frizzell.

Whitley was best known for his Top 20 single “Miami, My Amy” and his three follow-up Top 10 singles, “Hard Livin’,” “Ten Feet Away,” and “Homecoming ‘63.” But it wasn't until the release of his third RCA album “Don't Close Your Eyes,” released in 1988, that Whitley became a country superstar. The album produced three Number 1 hits, the title cut, “When You Say Nothing At All,” and “I'm No Stranger To The Rain.” His posthumous release, 1989's “I Wonder Do You Think of Me,” also featured 2 Number 1 singles, the title cut and “It Ain't Nothin,” and the Top 10 hit “I'm Over You.”

Since his death in 1989, a new generation of artists has come to emulate his style and delivery of song, and fans are still touched by his music. “Fans and artists alike have said to me, ‘It seems like I knew him,’ because they make an emotional connection with his music,” said Hill.

The Kentucky Music Hall of Fame in Renfro Valley, will

host the event to honor the memory and music of Keith Whitley this Saturday, from 1 to 4 p.m.

Special guest Corey Frizzell, “Artist To The Stars,” and nephew of Lefty Frizzell, will be presenting a sketch of Whitley to the museum. The event will also feature live musical performances from Whitley's nephew Michael Keith Whitley, Ty Harper, singer/songwriter Jannet Lee, rising country star Scott Hisey, and Lexington native Korey Blake Rose, 2009 Colgate Country Showdown finalist, Gina James, CJ Garton and Chris Caskey.

The event is free with a paid admission to the Hall of Fame with seating being limited. For more information contact Robert Lawson at the Hall of Fame at (606)256-1000.

## “Fair”

(Cont. from front)

The gates at the fairgrounds will open at 3 p.m. on Saturday for those showing horses. Admission to the horse show is \$4.

The horse show will feature regular and championship classes and ribbons will be awarded to those who place in each class.

On Monday night the midway at the fair will open at 6 p.m. with the Demolition Derby being the featured event of the night. The Derby starts at 7:30 p.m. in the grandstand

area. Admission to the fair each night is \$8 and includes all rides and events.

Kid's Night is Tuesday when children, 12 years old and under, will be admitted for \$4. Also on Tuesday, the Monster Truck event will be held at 7 p.m.

Wednesday at the fair will feature live music from Kristy Miller and the Distillbillies Band starting at 7 p.m. and Josh Logan and the Last Call Band starting at 8:30 p.m.

On Thursday night the annual Kentucky Outlaws Truck Pull will be the featured event starting at 7 p.m.

On Friday and Saturday, the fairgrounds will be treated to the Coffman Motor Sports Mud Run starting at 7:30 each night.

As always, the Rockcastle Agricultural Fair is part of the Little World's Fair and it begins on Monday August 3rd.

As in past few years, the Brodhead Fire Department is sponsoring and managing the fair.

## “Roads”

(Cont. from front)

the entire \$2 million dollars the county is spending for road work was made possible entirely from the county's new occupational tax revenues.”

“There is no state aid funding as part of this project and it is the first time ever in Rockcastle's history that such a record amount of local tax dollars is being used to upgrade roads throughout the county,” Carloftis said.

“This is a good thing. People don't like taxes, but most of us like what tax dollars can bring to the communities in which we live. The road work is in addition to other good, positive changes coming

to Rockcastle for the long-range benefit of the citizens, which includes the industrial park renovation, the new building going up in the industrial park for SourceCorp and its jobs, the ability of the county to save those jobs that would have been moved to another county, the ability to help the ambulance service improve its effectiveness, the ability to help each of the local volunteer fire departments, the tremendous July 4th celebration...the list already goes on and on and we have only now begun to make much needed improvements for our citizens. I hope that this is a positive change and an indication that we, as a county, are moving forward,” he added.

As part of the \$2 million project, asphalt will be put down for the newly organized Pongo Fire Department.

## “Money”

(Cont. from front)

region,” said Rockcastle Judge-Executive Buzz Carloftis. “He (Rogers) has always helped when he could,” the Judge said.

According to the news release from the Congressman's office, the federal investment is designed to help enhance the project which is expected to create new jobs and spur other private investment at the industrial park.

“The U.S. Economic Development Administration continues to be a vital partner in developing the infrastructure essential to creating jobs in our region,” stated Rogers.

“At such a time as this, we need to be pressing forward, putting our diligent men and women to work, and seeking out business prospects rather than waiting for good things to

happen. The Rockcastle County Industrial Development Authority has long been ahead of the curve in pursuing opportunity to attract and grow businesses and I applaud their work in attracting and leveraging this EDA grant,” he added.

Housed within the U.S. Department of Commerce, EDA awarded this grant to the Rockcastle County Industrial Development Authority and has long been a critical partner to economic development in southern and eastern Kentucky.

According to EDA, the impact of this investment is estimated to be 159 new jobs, while retaining 91 jobs.

Project manager Jim Holton said this week that he expected SourceCorp to take possession of the new building in the next few weeks.

## Subscribe to the Signal

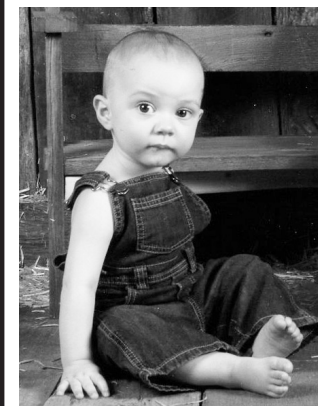


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Aidan Tackett



Ethan Tackett

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*Dr. Matthew Tackett*

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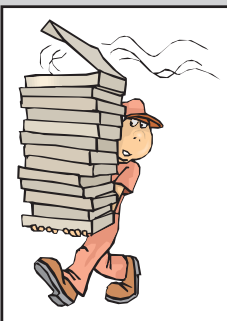
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About 100 students have benefited from the Christian Appalachian Project's School Readiness Program. This year's distribution took place in the fellowship hall at First Baptist Church in Mt. Vernon where family members are shown looking over the donated items. (Photos by: Richard Anderkin)



Police were called to the residence of Mary Carr on Bowling Ridge Tuesday, after she smelled a strong odor of Meth. Above, Rockcastle Sheriff Mike Peters and DEA officer Barry Adams are shown as they enter the mobile home for further investigation. Police have obtained an arrest warrant for Carr's son.

## “Meth”

(Cont. from front)

and other law officers, arrived on the scene they observed a working meth lab and that Dwayne Carr had apparently jumped through a window “to get away from us.”

Brodhead fire and rescue personnel decontaminated Mary Carr and her 9-year-old grandson. Both were then transported to Rockcastle Regional Hospital for further decontamination.

Rockcastle County Attorney Billy Reynolds confirmed on Wednesday that his office had issued warrants for

Carr for manufacturing meth, wanton endangerment, possession of marijuana and endangering the welfare of a minor.

Rockcastle District Judge Katie Wood has set Carr's bond at \$10,000 cash only.



Dwayne Carr is wanted by police.

## “Ordinance”

(Cont. from front)

tion.

In other action, the court changed the speed limit on Burnt Ridge Road to 20 mph.

The court also approved the hiring of Vicki Miller to replace Amanda Owens, who will be leaving August 6th to pursue a nursing degree. Ms. Miller was hired at \$9.75 an hour for her probation period.

The court then went into executive session to discuss compensation for County Treasurer Joe Clontz and Patricia Martin, both of whom serve as administrators of the occupational tax.

In the budget for the occupational tax revenue, the court allotted 4% (approximately \$48,000) for administrative costs and nothing, except for some needed equipment, had ever been paid from this fund.

According to Judge Executive Buzz Carloftis, Clontz and Martin had added the extra work to their other duties.

Carloftis said other counties hire a separate occupational tax administrator at a salary usually at least in the \$40,000 range.

The court decided to allot a total of \$24,000 of the administrative allocation, (\$12,000 each) to Clontz and Martin for the extra work required.



CAP volunteer Jenny King, who works with the School Readiness and Christmas Basket program, helps a recipient sign in on Tuesday morning. Each student participating received school supplies, which included a backpack.

## “CAP”

(Cont. from front)

known as Outreach) began when Father Beiting (founder of CAP) distributed clothing, furniture, food, and other items to families in need or in an emergency situation in the 1950's. This program now helps families with emergency assistance as well as organizing the Christmas Basket and School Readiness distributions.

The School Readiness program serves five counties in the Cumberland Valley region of Kentucky. There were approximately 500 children served in the Cumberland Valley region. Each county takes applications for approximately 100 children. These applications are taken during the month of May and spots are filled very quickly. CAP uses the USDA guidelines to determine if families qualify for this program.

This year, 99 children received school supplies in Rockcastle County.

Each child received a new backpack filled with school supplies, new underwear and socks, and a voucher to Family Dollar for \$28 that could be used for supplies, clothing,

or shoes. Hygiene kits and books were also available.

Most of the school supplies and clothing were donated from across the country through individual and corporate donors.

This year's distribution took place in the fellowship hall of First Baptist Church in Mt. Vernon.

Volunteers from CAP helped distribute the backpacks and clothing. Door prizes and “freebies” were also available to the children at the distribution, according to CAP volunteer Jenny King.

CAP also provides services at their Child and Family Development Center - Family Life Counseling Center - Family Life Abuse Center - Healing Rain Recovery Center - Rainbow Respite - Grateful Threadz Used Clothing Store - Grateful Breads Food Pantry and the Family Advocacy and Housing.

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# Mount Vernon Signal

Second Section

Thursday, July 30, 2009

## Dustin Crawford was featured investigator on A&E cable show

**By: Kevin Canterbury**  
Rockcastle County's own Dustin Crawford could be considered a star in his own right. At least for the work he is doing in his chosen profession.

Crawford has had a lot of success since graduating from RCHS in 2000 and receiving a bachelor's degree in Forensic Science from Eastern Kentucky University in 2006.

After those accomplishments, Crawford joined the

work force and he and his wife moved to Indianapolis where he now works at the Indianapolis - Marion County Forensic Services Agency as a Crime Scene Specialist.

Crawford was surprised a year later, in November of 2008, when he found himself being filmed for the hit TV show "Crime 360" on the A&E Cable channel as part of his job.

Crawford's television debut was on June 4th of this year, and featured him being

interviewed on a crime scene and on a set talking about what he and the investigators observed at the scene of the crime.

"Crime 360" covers crimes in not just Indianapolis, but Cleveland, Ohio, Little Rock, Arkansas, Rochester, New York, and Richmond, Virginia. The Crime 360 show contracted with the city of Indianapolis for the right to film and Crawford said the crew followed them to a couple of different crime

scenes before getting the footage they needed.

"It was the luck of the draw" Crawford said about himself being filmed and interviewed on television because he (specifically) isn't called out to every crime scene.

At [www.aetv.com](http://www.aetv.com), under the "Crime 360" tab, the site has a short write up about Crawford's job and how he helps the I-MCFSAs in more ways than one. It says, "CSS Dustin Crawford has been with the Indianapolis Police Department since 2007. His patience and imagination have been assets when it

comes to finding evidence in places that normally would go overlooked. And he knows that, "many times, catching a criminal hinges on the quality of my work." Crawford said.

Crawford says he hopes the culmination of all the work he does results in a trial and conviction—like pieces of a puzzle coming together to complete a picture which he has drawn.

Crawford's main duties consists of using and observing videography, photography, bloodstain pattern analysis, diagrams, measurements, computerized scene dia-

grams, latent print processing, shoe and tire impressions, swabbing for potential DNA, physical evidence recovery, etc. Proper evidence collection, documentation, preservation, packaging and analysis are important parts in the functioning of the crime lab. Since the appearance on 360 Crawford has been working in a separate unit, however he still works within the same lab at I-MCFSAs.

For more information on the show, or Crawford's experience with the show, you can visit [www.aetv.com/crime-360/investigators](http://www.aetv.com/crime-360/investigators).



Rockcastle native Dustin Crawford has been featured as a Crime Scene Investigator on A&E.



Rebekah Lake, shown here in an earlier swim meet, is one of the 53 swimmers who will compete for a conference title this weekend in Russell Springs.

## Conference finals for 2009 Dolphins is this weekend

The 2009 swim season for the Cedar Rapids Dolphins began the first week in June and is now coming to an end with this weekend's conference tournament at Lakewood

Country Club in Russell Springs.

This year's coaches Jillisa Lay and Tara Brown have 53 swimmers that competed this season in four regular season

swim meets.

The 2009 season was rather short due to the fact that there are only three teams in the Dolphin's conference but "this has not stopped the Dolphins from swimming their hardest in every meet," Coach Brown said.

The Dolphins record stands at 1-3 and although they have the lowest number of swimmers in the meet, they are preparing for the final meet of the year as hard as ever.

"Our swimmers love to win and compete and they will be ready on Friday, when the conference starts," Brown said.

The Dolphins will be competing this Friday and Saturday, in the conference tournament.



Dolphin Elijah McKinney pulls for the finish line in a swim meet earlier this year. McKinney and the rest of the Dolphins will compete in the conference finals this weekend at Lakewood Country Club. (Photos by: John McQueary)



Tara Brown, left, and Jillisa Lay are the coaches for the 2009 swim team at CRCC.



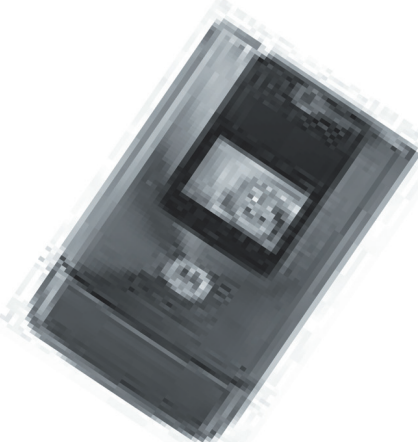
### 100th Birthday Celebration

Another Rockcastle County resident will celebrate their 100th birthday on Sunday, August 9th. Family members and friends are invited to join in the celebration for Mrs. Dollie (Granny) Bussell Krahenbuhl, mother of Juanita Hansel, Doris Robbins and Pansy Sargent, at Mt. Vernon's First Baptist Church from 2:00 to 4:00 pm. No formal invitations will be sent locally and the family asks for no gifts. "The greatest gift to our granny will be from those in attendance", said one family member.

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# News from the Rockcastle Courthouse

## Circuit Civil Suits

Beulah Shepherd vs. Matthew Joel Shepherd, petition for dissolution of marriage.  
 Steven Ray Robbins vs. Tammie L. Robbins, petition for dissolution of marriage.  
 Willard Dale Cope vs. Wilma Jean Cope, petition for dissolution of marriage.  
 Park Community Federal Credit Union vs. Eddie Noe, \$5,637.41 plus claimed due.  
 Carlos Winston Jackson vs. Paula Carol Jackson, petition for dissolution of marriage.  
 Daniel T. Macinnis vs.

Bridget Macinnes, petition for dissolution of marriage.  
 Ashley Helm vs. Nicholas Leger, verified petition to establish custody. CI-00195.

## Not the one

The Ron Warf, listed in the Circuit Civil Suits in last week's *Signal*, is not the Ron Warf from Cumberland, Ky., son of Mack and Freda Warf.

## District Civil Suits

Rockcastle Hospital and Care Center, Inc. vs. Lewis L. Vanwinkle, \$335 plus claimed

due.  
 Rockcastle Hospital and Respiratory Care Center, Inc. vs. Rebecca Smith, \$1,737.98 plus claimed due.  
 Rockcastle Hospital vs. Christina Martin, \$587.58 plus claimed due.  
 Midland Funding LLC vs. Dianna Griffin, \$509.33 plus claimed due.  
 Capital One Bank vs. Crystal Chaney, \$693.55 plus claimed due.  
 Castle Village Apts. vs. Frances Hensley, forcible detainer complaint.  
 Citibank South Dakota vs. Della Hedge, \$3,221.59 plus claimed due.  
 Midland Funding LLC vs. Roxie Rowe, \$2,518.55 plus claimed due. C-00156.

James and Elizabeth Scalf. Tax \$3.  
 Adam and Sarah Stallsworth, property in Rockcastle County, to Doug Abney. Tax \$29.  
 Freddy Denny, property on old U.S. 25, to Laura Biggs and Gary Hasty. Tax \$5.

## Marriage Licenses

Angela Boller, 37, Berea, waitress to Danny Smith, 38, Berea, carpenter. 7/17/09.  
 Raquel Michelle Bullock, 18, Mt. Vernon, Bee Jay Grocery to Justin Scott Fleming, 19, Berea, pest control. 7/18/09.  
 Krystal Lynn Parsons, 23, Mt. Vernon, student to Curtis Lee Gatliff, 30, Mt. Vernon, Tokico. 7/18/09.  
 Mignon Dewaele Looney, 28, Somerset, Wendy's to Craig Alan Cromer, 38, Brodhead, construction. 7/20/09.  
 Katherine Gibson, 29, Lily, to Wendell Sizemore, 21, Lily, miner. 7/22/09.  
 Mendeny LaShane Royston, 32, London, disabled to Ronnie Dale Cope, 32, Mt. Vernon, factory. 7/22/09.  
 Tiffany Rene Hopkins, 23, Brodhead to Joshua Keith McKibben, 28, Eubank, contracting official. 7/23/09.  
 Amanda Kay Westmoreland, 30, Berea, homemaker to Anthony Dwayne Cain, 34, Berea, Walmart. 7/23/09.

## Deeds Recorded

Mary L. and Clima E. Vandgrift, and others, property in Mt. Vernon, to Robert E. and Julie B. Phillips. Tax \$90.  
 Dwayne Mullins, property in Rockcastle County, to Robert Lee and Melinda K. Bustle. Tax \$100.  
 Mildred Jean Harding, property on Hammonds Fork Road, to Brent Harding. No tax.  
 Rose Thacker, Executrix, and others, property in Rockcastle County, to Billy R. and Shirley L. Cummins. Tax \$35.  
 Gordie and Marie Smith, property on Hwy. 1326, to

erating on suspended/revoked operators license, bw issued for fta/license suspended.  
 Louise Tackett: drinking alcoholic beverage in public place, bw issued for fta.  
 Seth Thomas Taylor: fines/fees due (\$143), converted to 3 days in jail in lieu of fines and costs.  
 Kellia Tucker: fines/fees due (\$333), bw issued for fta/7 days in jail or payment.  
 Whitney Nicole Vance: receiving stolen property under \$300, bw issued for fta.  
 Gregory P. Schmidt: alcohol intoxication in public place, bw issued for fta.  
 Steven T. Haling: theft by failure to make required disposition of PRPU/\$300, \$200 fine, 30 days/probated 24

months on condition plus \$209.59 restitution.  
 David J. Sparks: terroristic threatening, 270 days/probated 24 months on condition; operating motor vehicle under influence of alcohol/drugs, \$350 fine and costs, \$375 service fee, 12 months operator license suspension and 14 days.  
 James J. Gleissner II: fines/fees due (\$734), bw issued for fta/15 days or payment.  
 Billy L. Mason: fines/fees due (\$548), bw issued for fta/11 days or payment.  
 Billy Phelps: fines/fees due (\$338), bw issued for fta/7 days or payment.  
 Joseph Walker: reckless driving, \$100 fine and costs; no operators/moped license, \$50 fine.

## RAIN is great addition to Rockcastle County

By Tonya J. Cook

Last week, after coming out of a business in Mount Vernon, I was reminded of a commercial I had seen earlier that day on Animal Planet, a TV channel devoted to the study of, and education concerning the betterment of various animals. I came out of the store to find a small mixed-breed dog trapped in a hot car with all of the windows rolled up tight. This poor animal suffered needlessly in excess of fifteen to twenty minutes. The commercial I had seen earlier stated that every day in America, every ten seconds, there is an animal neglected or abused. Absolutely unbelievable.

Thankfully, there are a few people in this world who are willing to step up and go the extra mile to help strays, abused, and neglected animals. Some of those people can be found in the local chapter of RAIN-Rockcastle Animals In Need. Every county needs such an organization, and the local citizens should feel very thankful to have this agency available.

RAIN began March 16, 2009. Amanda Chism is president and Beverly Briggs vice-president. Both started out as animal transporters. They worked with the local animal shelter(s) and animal rescue units, which are separate in their mission.

RAIN is a non-profit group, that has four basic goals: (1) "No-kill" months at the animal shelter, (2) to implement a low-cost spay/neuter program in the county, (3) educate the public concerning better animal welfare, and (4) to add "value" to pets by changing people's attitudes about animals. The group hopes to initiate a new pattern

of thinking, having animals thought more of as a companion or a family member, rather than property.  
 Beverly Briggs has donated a piece of land, with her children's permission, to RAIN with a 99-year lease for a dollar a month. With enough help, RAIN will be able to accomplish its mission. One big aid to the group is all the assistance deputy-sheriff Ed Brock has given them.

RAIN is in the United Rescue of Kentucky, URKY. There are over three hundred affiliated rescues. RAIN is networking with seventy-two rescues, and has saved about four hundred dogs, several cats, and some horses. These rescues save animals from abusive situations, as well as animals who face death in shelters. They take the animal to the vet, quarantine it for a period for health's sake, and then adopt it out for a varying fee to a good home.

RAIN is always in need of supplies: bleach, paper towels, trash bags, collars, doghouses, food and water bowls, old sheets, kennels, leashes, and of course, food, money, and new members. Recently, Animal Services and Assistance, Inc., near Chicago, donated nearly three hundred pounds of food. If you are able to help, supplies may be taken to the Rockcastle Veterinary Clinic, or the RAIN shelter on Hwy. 490 in southern Rockcastle county.

RAIN reminds you that it is illegal to "drop off" animals. If you have an unwanted animal(s), it (they) should be taken to a shelter or rescue, such as RAIN. The local RAIN chapter meets the third Thursday of the month on the third floor of the courthouse at 7:00 p.m..

## District Court

July 20 - 22, 2009  
 Hon. Kathryn G. Wood  
 Kevin W. Stinnett: trafficking in marijuana, 6 days in jail; operating motor vehicle under influence of alcohol/drugs, \$200 fine and costs, \$375 service fee, 30 days operator license suspension.  
 Elizabeth Bowman: failure to use child restraint device in vehicle (three counts), \$25 fine; operating on suspended/revoked operators license, \$100 fine and costs.  
 Angela M. Hopkins: failure to maintain required insurance, \$500 fine plus costs/suspend \$450 of fine on condition.  
 Jeremiah T. Johnson: fines/fees due (\$133), bench warrant (bw) issued for failure to appear (fta)/3 days or payment.  
 James D. Miller: operating on suspended/revoked operators license, bw issued for fta.  
 Daniel Munoz, Jr: failure of non-owner/operator to maintain required insurance and op-

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The results: Removes less than 20% of the soil from the carpet driving the remainder down deeper into the carpet fibers. The lye/bleach solution used by steam cleaners to dissolve stains fades carpet colors. Drying time is 1 to 5 days depending on the carpet texture. As a result of the water saturation, carpet fibers harden and the floor pad remains damp, which promotes bacteria growth and mildewing, causing carpet threads to rot, shorting the life of your carpet. Carpet manufacturers recommend that you do not steam clean carpets.

#### Option 2: Dry Foam-How does it work?

C. Carpet fibers are agitated with carpet combs to separate the fibers loosening dirt particles, which are then dry cleaned with an industrial strength vacuum.  
 D. The carpet is then shampooed with horse hair brushes using Dry-Foam lather, a solution that contains six different cleaners and fabric softener, color brightener, deodorizer, disinfectant, crystalline agent, scotch guard, & degreaser. Does not contain lye or bleach.  
 E. Carpet fibers are then groomed to fluff up worn walk areas to give a uniform look to the carpet.

The results: Removes over 90% of carpet soil. Rejuvenates and brightens colors and patterns of carpets. Drying times is less than 2 hours. Floor pads remain dry-Fabric Softener makes carpets soft again-Promoting the life of the carpet. Carpet manufacturers recommend Dry Foam to clean Carpets.

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# White blackberries?

Submitted by  
Barbara Castleberry

My husband recently returned home from an afternoon of cleaning up the fence lines with the question: "Are blackberries ever white?" He described finding a small patch of white berries that looked like blackberries in shape and size but were off-white in color. We returned to the location and I photographed the berries that were growing in the midst of a patch of typical appearing blackberries.

Later that evening I learned that Luther Burbank successfully perfected a white blackberry in 1894. (www.bulbnrose.org) He crossed a wild white blackberry, Crystal White, originally found in New Jersey with a well known black variety, the Lawton. His final product was a larger berry that is snow white in appearance.

The white berries that we

found appear more like the photographs of the Crystal White variety since they are not truly white. I continue to watch and sample the white blackberries as they get ripe. They seem slower to ripen with a good flavor that is little milder in taste than the regular blackberry.

I have talked with several "old-timers" in my neighborhood and they say white blackberries are rare. This summer has been a good year for picking regular blackberries with "pickers" reporting easily gathering several gallons at a time. Local stores and markets have signs announcing blackberries for sale. Although regular blackberries seem plentiful, so far I have not seen any white blackberries for sale.

We have an abundance of unusual plants here in our part of Appalachia.

It was fun to re-discover one of them.



Luther Burbank successfully perfected a white blackberry in 1894. (www.bulbnrose.org) He crossed a wild white blackberry, Crystal White, originally found in New Jersey with a well known black variety, the Lawton. His final product was a larger berry that is snow white in appearance.



James Morgan killed this 1.2 ft. copperhead Sunday, July 26 in the front yard of his home.

# Wherever you look, you see the signs...



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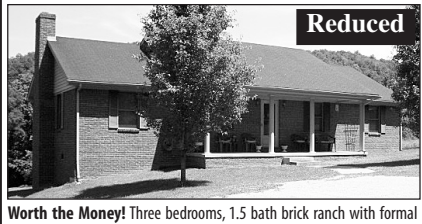
**Move-In Ready...** This brick home consists of 3 bedrooms, 1.5 baths, living room and kitchen/dining combo. There's a full basement and 1-car garage as well. It is situated on a 1.75 acre with a barn. The home has central heat/air and a central vac system. It is move-in ready and priced at only \$79,900. M2469



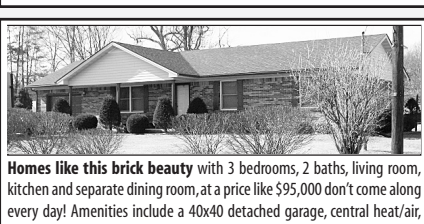
**Country Living...** located on Stull Lane in Waynesburg. 78 acres total with 36 acres of cropland. Good stand of marketable timber. Newly remodeled house and 2 barns. Priced at \$259,000. M2425



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**Worth the Money!** Three bedrooms, 1.5 bath brick ranch with formal living room and spacious den that has a wood burning fireplace. There is also a large eat-in kitchen with plenty of cabinet space. Big front and back yard. Come see this piece of country located in town! \$108,500. M2392



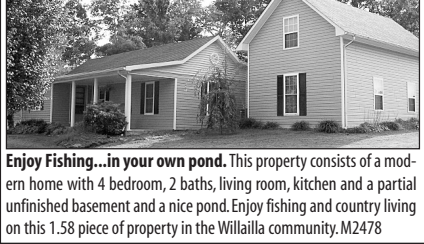
**Homes like this brick beauty** with 3 bedrooms, 2 baths, living room, kitchen and separate dining room, at a price like \$95,000 don't come along every day! Amenities include a 40x40 detached garage, central heat/air, with back up gas heat and KU electric. Great location! Call today for your appointment. \$95,000. M2436



**Price Reduced \$30,000**  
**Historic and Beautiful!** Gorgeous 5 bedroom, 2.5 baths, historic home in the city limits of Lancaster. This home is within walking distance to town square. This completely remodeled home has spacious wrap-around porch perfect for admiring the mature trees and well manicured lot. \$89,000. M2458



**Mini Farm!** This vinyl sided home situated on 7 acres +/- features 3 bedrooms, living room, Kit/Dining room combo, bath and utility room. Other amenities include detached garage building, city water and septic. \$160,000. M2440



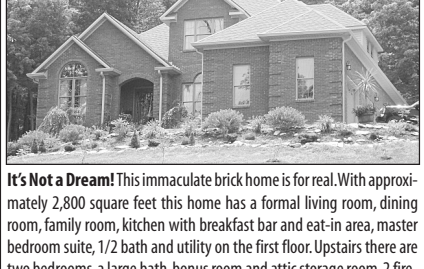
**Enjoy Fishing...in your own pond.** This property consists of a modern home with 4 bedroom, 2 baths, living room, kitchen and a partial unfinished basement and a nice pond. Enjoy fishing and country living on this 1.58 piece of property in the Willailla community. M2478



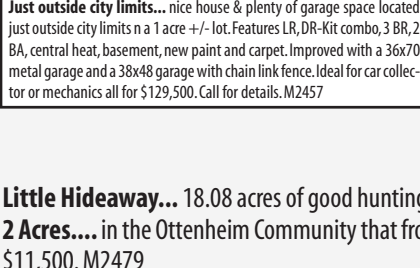
**Just outside city limits...** nice house & plenty of garage space located just outside city limits in a 1 acre +/- lot. Features LR, DR-Kit combo, 3 BR, 2 BA, central heat, basement, new paint and carpet. Improved with a 36x70 metal garage and a 38x48 garage with chain link fence. Ideal for car collector or mechanics all for \$129,500. Call for details. M2457



**Hurry...it won't last long!** Fixer upper in Brodhead. House and mobile home on the corner of West and Silver Street. Good rental property only \$22,900. M2426



**It's Not a Dream!** This immaculate brick home is for real. With approximately 2,800 square feet this home has a formal living room, dining room, family room, kitchen with breakfast bar and eat-in area, master bedroom suite, 1/2 bath and utility on the first floor. Upstairs there are two bedrooms, a large bath, bonus room and attic storage room. 2 fireplaces, 2 jacuzzis, full finished basement and three bay garage. \$269,900. M2389



**Beautiful Scenery!** Call this place your home! Beautiful 16x80 home with 3 bedrooms, 2 baths on an acre lot. Just minutes outside of Stanford. M2463



**Get It While You Can!** 4-5 bedroom home on 3 acres with barn and garage. Beautiful mature trees only 4 miles from Stanford. M2450



**Immaculate!** This almost new vinyl home is immaculate! It is located in a restricted subdivision on a corner lot with nice landscaping. There's approximately 1,238 sq. ft. and has 2 bedrooms and 1.5 baths. Amenities include a gas fireplace, 1-car garage, an abundance of cabinet space and a screened-in back porch. \$119,000. M2475

This is just a partial list of our properties!

## Acreage For Sale

- Little Hideaway...** 18.08 acres of good hunting and recreational prospects. Timber growing. Five minutes from Main Street only \$25,000. M2441
- 2 Acres....** in the Ottenheim Community that front on Hwy. 643. City water available, great building or home site. Owner out of state and says SELL. Only \$11,500. M2479
- Elbow Room Close to Town....** 3.32 acres of unrestricted land for you to use as you please. Over 475 feet of road frontage along Old Brodhead Road (Hwy. 1326). Priced at \$15,900. M2480
- Hunters Dream....** 182.76 acres. Deer, Turkey, Grouse. Several tree stands already in place. Great access yet very private. There's a barn and a pond as well. ATV roads - only \$750.00 per acre. M2442
- Beautiful View** - This farm consists of 22 acres more or less and has an abundance of blacktop road frontage along Mack Sims Road. It is improved with an older home featuring a living room, kitchen, and one bedroom. Other amenities include a spring-fed stocked pond, well water, city water and a beautiful view. M2454
- 50 Acres** - Wild and wooly. Remote in the Daniel Boone National Forest. Great for investment - hunting - recreation. Just \$45,900. M2455
- 18 Acres Near McKee.** Timber land. Priced at \$25,000. M2456
- 5 Acres of Prime Land** - for development near Exit 59, I-75. Easy access off of US 25. Priced at \$60,000. M2465
- 14.87 Acres near Lake Linville and Mt. Zion Baptist Church.** Lots of road frontage with developmental possibilities. Priced at only \$35,000. M2468
- 13 acres overlooking Mt. Vernon on old US 25.** Building sites - convenience. This won't last long priced at \$24,900. M2444
- 12.5 acres.** Great for building your new home. Can also be used for hunting. Perk testing completed. \$42,500. Call today! M2445
- REDUCED! 76 Acre Farm in the Wabd Section of Rockcastle Co..** Road frontage on Hwy. 1250 and Doc Adams Road. Barn-silo-city water-creek. Good cattle farm or development possibilities. Owner would consider dividing. Priced at \$269,000. M2333
- 9 Good Country Acres** - Poplar Grove Road section of Rockcastle County - mostly level - city water. Great building site - near Pulaski County line. Priced at \$41,900. M2411
- 174.93 acres of Woods and Wildlife** - Just 10 minutes from I-75. This property would be great for the avid hunter or to build a home in an area with a little privacy. Priced at \$145,000. Call today for more details. M2412
- Private...Close To Town...Close to I-75.** This 23 acres more or less is mostly woodland and is close to I-75 and only 2 miles from Mt. Vernon. City water is available. M2429
- 101 acres (by survey)** of wild and wooly recreational land. Stream, abundance of wildlife, deer stands included. It won't last long at \$995 per acre. M2431

## Future Auctions

- Absolute Auction of the Jones' Estate**  
House & Lot (East Mt. Vernon St.) • Friday, July 31st at 5:00 p.m.  
House & 1.7 Acres (Elihu Cabin Hollow Road) • Friday, July 31st at 6:00 p.m.  
175 Acre Farm in Tracts (Elihu Cabin Hollow Road) • Saturday, August 1st at 10:00 a.m.  
Vehicles and Personal Property (Elihu Cabin Hollow Rd.) • Saturday, August 1st at 1:00 p.m.  
Somerset, Kentucky
- Absolute Estate Auction of the late Mr. Mickey Kennedy's 15 Acre Farm (as a whole) • House, Barn and Garage**  
Saturday, August 1st at 10:00 a.m. • 750 Preachersville Road, Stanford
- Absolute Auction of Mr. Ronnie Smith's Farm Machinery, Hay and Tools**  
Saturday, August 1st at 1:30 p.m. • Broughtontown section of Lincoln County
- Absolute Auction of 218 Acre Farm in Tracts**  
Saturday, August 8th at 10:30 a.m. • Hwy 2993 - Coldweather Road, Nancy, Ky.
- Absolute Auction of Mr. Kenneth Caddell's House & 3.5 Acres m/l**  
Saturday, August 8th at 2:30 p.m. • 316 Pine Ridge Rd, Stearns, KY
- Auction of Mr. and Mrs. Willard Upchurch's 19 Lots & House (5 Lots being sold Absolute)**  
Saturday, August 15th at 10:30 a.m. • Monticello, KY
- Absolute Auction of the Hamilton Family's 65 Acre and 45 Acre Farms in Tracts**  
Saturday, August 15th at 10:30 a.m. • Parkers Lake, Kentucky

## The Rockcastle County Recycling Center will be open Saturday, August 1st 8 a.m. until noon

### The following items may be recycled:

Newspapers w/inserts, magazine and catalogs, office paper, junk mail plastic bottles and jugs (any size soda and water bottles, laundry detergent jugs, bleach and fabric softener jugs, milk and water jugs, cooking oil bottles and jugs, shampoo bottles, dish liquid and alcohol bottles - all lids must be removed and thrown into the trash - not be included with recyclables - jugs must be rinsed out), metal cans (rinsed), empty aerosol cans, aluminum cans, phone books, old cell phones, car batteries, printer cartridges and cardboard.  
**Rechargeable batteries** such as those found in: cordless power tools, cellular phones (the whole phone can be recycled), cordless phones, laptop computers, digital cameras, two-way radios, camcorders and remote control toys. If its says rechargeable on it, then it's recyclable!  
Regular hours are Mon. thru Fri. from 7 a.m. to 3 p.m.

The Rockcastle County Recycling Center is located at the Rockcastle County Road Department Garage at 2528 South Wilderness Road (US 25 South at Burr).

For further information, call 606-256-1902

# Agricultural News

By: Warden Alexander, FSA Director

## 2009 Direct and Counter-Cyclical Payment (DCP)

Did you receive a DCP payment in 2008? Have you signed up for the 2009 payment?

Producers are urged to enroll in the 2009 Direct and County-cyclical Payment Program for farms with base acres by the deadline which has been extended to August 14, 2009. No late-filed applications will be accepted.

Producers who are eligible for the DCP Program will also be eligible to enroll in the Average Crop Revenue Election (ACRE) Program. The enrollment period for the ACRE Program has also been extended to August 14, 2009. Producers may first enroll in the DCP Program, elect to receive advance direct payments and then later modify their enrollment to include the ACRE program or they may wait and elect to enroll in DCP and ACRE at the same time.

## DCP or ACRE-you decide

With an August 14th signup deadline now a month away, interest in the Average Crop Revenue Election (ACRE) program is rising. Signup levels continue to lag well behind many expectations, but have started to rise as the mid-August deadline gets closer.

How does ACRE differ from DCP? ACRE payments are based on what you plant (for Rockcastle Co. that is corn, soybeans, wheat), compared to DCP payments that are issued to you according to the historical base acres assigned to your farm. ACRE payments are based on State revenue (price times yield) for a crop, while DCP payments are based on National prices. ACRE program benefits are paid when both the farm and the State have a revenue loss for the crop.

## August 14th Final Acreage Reporting Date

Farm Service Agency (FSA) reminds agricultural producers of the acreage reporting requirements that must be met prior to receiving program benefits. Filing an accurate acreage report for all crops and land uses, including failed acreage and prevented planting acreage, can prevent the loss of benefits for a variety of programs. August 14th is the final date to certify all crops, except small grains.

Producers must report acreages to maintain eligibility for Price Support Programs, Noninsured Crop Assistance Program (NAP), Conservation

Reserve Program (CRP) and Direct and Counter-Cyclical Program (DCP). All cropland on all farms must be certified to remain eligible.

Additional information is available at your local county FSA office.

## Livestock Indemnity Program (LIP) begins

Agriculture Secretary Tom Vilsack today announced that eligible ranchers and livestock producers can begin applying for benefits under the provisions of the Livestock Indemnity Program in the 2008 Farm Bill on July 13.

The Livestock Indemnity Program (LIP) provides assistance to producers for livestock deaths that result from disaster. The program is administered by the USDA Farm Service Agency (FSA). LIP compensates livestock owners and contract growers for livestock death losses in excess of normal mortality due to adverse weather, including losses due to hurricanes, floods, blizzards, disease, wildfires, extreme heat and extreme cold. Drought is not adverse weather condition with regard to LIP. Eligible losses must have occurred on or after Jan. 1, 2008, and before Oct. 1, 2011.

For more information on available supplemental disaster assistance programs, please visit your FSA county office or HYPERLINK "http://www.fsa.usda.gov" http://www.fsa.usda.gov.

## Important program dates

DCP signup continues  
MILC signup continues  
Conservation Reserve Pro-

gram Continuous signup continues

Quality Crop Disaster signup continues

Farm Storage Facility Loan-July 2009 Interest Rate 3.250%

Direct Farm Ownership Loans-July 2009 Interest Rate 4.625%

Direct Farm Operating Loan-July 2009 Interest Rate 2.500%

Limited Resource Loans-July 2009 Interest Rate 5.000%

Tobacco Transition Payment Program-July 2009 Interest Rate 5.000% (Maximum Discount Rate)

The US Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program. (Not all prohibited basis apply to all programs). Persons with disabilities who require alternative means for communication or program information (Braille, large print, audiotape, etc) should contact USDA's Target Center at 202-720-2600 (voice and TDD)

To file a complaint of discrimination write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, DC 20250-9410 Or call (800) 795-3272 (voice) or (202) 720-6382 (TDD).

Send e-mails to us at [mvsignal@windstream.net](mailto:mvsignal@windstream.net)

After much deliberation, we have made the difficult decision to close the Lykins' Mt. Vernon bulk plant effective July 31st. Many factors had to be considered, but the final deciding reason was the EPA regulations being imposed. The cost of the implementation of these regulations is overwhelmingly prohibitive.

On the positive side, we will continue to service this area from our London bulk plant. We are retaining our employees who are familiar with the customers and we are looking forward to providing even better service and product. The telephone numbers will remain the same - 606-256-5714, 606-256-2114 with the calls being taken at the London office and will still be a local call.

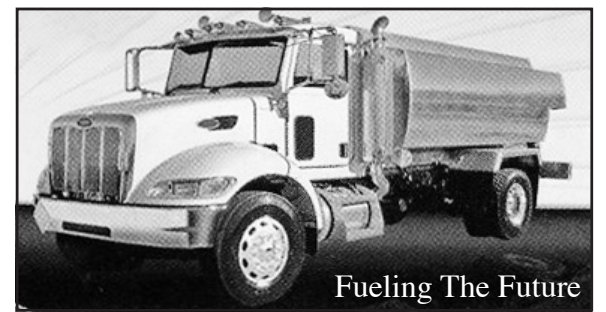
Thank you for your patronage. We want to maintain a personal contact with each one of you. We regret having to make this move, but we want to emphasize that our goal is to remain available and accommodating to our customers.

Change is always difficult, but hopefully it will lead us into an efficient and improved future.

# Lykins

Est. 1948

## Oil Company



Fueling The Future

## Rockcastle Community Bulletin Board

Sponsored By

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[www.coxfuneralhomeky.com](http://www.coxfuneralhomeky.com)

### Gospel Singing Fundraiser

There will be a Gospel Singing/Fundraiser Saturday, August 1st at 7 p.m. at the Rockcastle County High School. All proceeds will go to Constable of the 5th District David Mason to help defray medical expenses. Donations will be taken at the door. The event is being sponsored by the Livingston Fire Dept.

### Veteran's Rep in London

A Disabled American Veteran State Service Officer will be at the DAV Building in London on August 4, 2009 from 9 a.m. to noon. For more information, call 606-862-0032 or 606-877-1308.

### RES Open House

Roundstone Elementary School will have Open House August 3rd from 5:00 to 7:30 p.m.

### Important Dates for MVES

New student registration is July 27th - 31st from 9 a.m. to 2:30 p.m. Open House will be August 4th from 5 to 7 p.m. for kindergarten through 5th grade. Parent pick-up tags - must have new form on file each school year. Forms and tags may be picked up at either of the above events.

### Singing

There will be a singing at the Pongo Fire Dept. August 8th from 5 to 10 p.m. Free admission, concessions available.

### Rockcastle Travelers Trip

The Rockcastle Travelers will be traveling to Western Ky, Land Between the Lakes, with dinner and an overnight stay at Patti's Settlement. We will tour Wickliff Mounds, Elk and Bison Preserve, 1860 Homeplace Farm, have lunch at Lake Barkley State Park. Registration deadline is August 1st. Trip is Oct. 19-20. Call Sue at 256-2012.

### Events in Berea

**2009 Back to School Bash** August 8th, beginning at 7 p.m. There will be swimming, games and fun and the evening will end with a Movie Under the Stars beginning at dark. Patrons may call 623-555 the day of the show to find out the movie title. This is a free event for all ages. Call 986-9402 for more information.

### UNITE Meetings

UNITE monthly meetings are held the second Wednesday of each month at noon at the Renfro Valley Lodge Restaurant. Remaining meeting dates for the summer are: July 8th and August 12th.

### New Hours for Historical Society

The Rockcastle Historical Society will be open on Mondays from 10 a.m. to 2 p.m. in the RTEC garage building. Monthly society meetings are held the 4th Thursday of each month at 5:30 p.m. at the Senior Citizens Building in Mt. Vernon.

### RCIDA Meetings

The Rockcastle County Industrial Development Authority holds its regular meeting the first Monday of each month at noon on the third floor of the courthouse.

### NA Women's Meeting

The Women's NA Serenity Group of Mt. Vernon meets each Monday at 8 p.m. at the Christian Appalachian Project Community Center, 64 Beiting Lane, Mt. Vernon. Open meeting - non-smoking.

### Kiwanis Club Meetings

The Rockcastle Kiwanis Club meets every Thursday at noon at Renfro Valley Lodge.

### Women's Narcotics Meeting

There will be a Women's Narcotics Anonymous Meeting every Monday evening at 8 p.m. at the Community Center, sponsored by Christian Appalachian Center. For more information, contact the Healing Rain Center at 256-5810.

### Alcoholics Anonymous

Alcoholics Anonymous meets Tuesday nights at 8 p.m. behind Our Lady of Mt. Vernon Church on Williams St. in Mt. Vernon.

### Narcotics Anonymous

Narcotics Anonymous meets Thursday nights at 8 o'clock behind Our Lady of Mt. Vernon Church on Williams St. in Mt. Vernon.

## BISHOP

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Blessed is the nation whose God is Lord... Psalms 33:12

**Commonwealth of Kentucky**  
**28th Judicial Circuit**  
**Rockcastle Circuit Court • Division I**  
**Civil Action No. 07-CI-00323**

**Countrywide Home Loans, Inc.**  
**dba America's Wholesale Lender** **Plaintiff**

**v.**

**Stephanie A. Deaton** **Defendants**

**NOTICE OF SALE**

Pursuant to a judgment and order of sale entered in this action on May 5, 2008 and order to reschedule sale entered on May 22, 2009, for the purpose of satisfying the judgment against the defendants in the amount of SIXTY TWO THOUSAND THREE HUNDRED EIGHTY ONE DOLLARS AND 13/100 (\$62,381.13) plus interest, costs and attorney fees. I will offer at public auction the hereinafter described real property in Rockcastle County, Kentucky.

**At the Courthouse on East Main Street  
Mt. Vernon, Kentucky  
on Friday, July 31, 2009  
Beginning at the Hour of 1:00 p.m.**

Said real property being more particularly bounded & described as follows:

145 Fair Street, Mt. Vernon, KY 40456

Being known as lot numbers 11 & 12 in Block C on the Plat of the Mt. Vernon Fair Association as made by J.F. Bradberry, engineer for the auction sale of lots held on May 9, 1925. Said plat being of record in the Clerk's Office of the Rockcastle County Clerk in Deed Book 47, Page 103, more particularly bounded and described as follows: Lot No. 12 in Block "C" has a frontage of 70 feet on Tate Street and a depth of 97 feet. Lot No. 11 in Block "C" has a frontage of 70 feet on Tate Street and depth of 139 feet.

Being the same property conveyed to Stephanie A. Deaton, single, by deed dated August 17, 2000 and recorded in Deed Book 181, page 11 in the Office of the Rockcastle County Clerk.

**The property shall be sold on the following terms & conditions:**

- The real property shall be sold for cash or upon a credit of thirty (30) days with the purchaser required to pay a minimum of twenty-five percent (25%) of the purchase price in cash on the date of sale and to secure the balance with a bond approved by the Master Commissioner.
- The bond shall bear interest at the rate of twelve percent (12%) per annum until paid in full. The bond shall have the force and effect of a judgment and shall be and remain a lien upon the property sold as additional surety for the payment of the purchase price.
- Unpaid taxes of record at the time of entry of judgment shall be paid out of the proceeds of the sale.
- The purchaser shall pay the 2009 local, county and state property taxes.
- Full satisfaction of the plaintiff's judgment shall be paid out of the proceeds of the sale.
- The purchaser shall have possession of the real property upon compliance with the terms of the sale.
- In the event that the plaintiff is the successful bidder and the sale price does not exceed the amount of the plaintiff's judgment, no deposit or bond shall be required.
- The sale shall be made subject to all easements, set back lines, restrictions or covenants of record or otherwise and shall be sold "as is".

**Willis G. Coffey**  
**Master Commissioner**  
**Rockcastle Circuit Court**

**Commonwealth of Kentucky**  
**28th Judicial Circuit**  
**Rockcastle Circuit Court • Division I**  
**Civil Action No. 09-CI-00086**

**US Bank National Association**  
**as Trustee for Ramp 2006RS6** **Plaintiff**

**v.**

**Carolyn Durham and**  
**Mortgage Electronic Registration**  
**Systems, Inc.** **Defendants**

**NOTICE OF SALE**

Pursuant to a judgment and order of sale entered in this action on May 22, 2009 for the purpose of satisfying the judgment against the defendants in the amount of ONE HUNDRED FIFTY THOUSAND THREE HUNDRED FORTY FOUR DOLLARS AND 92/100 (\$150,344.92) plus interest, costs and attorney fees. I will offer at public auction the hereinafter described real property in Rockcastle County, Kentucky.

**At the Courthouse on East Main Street  
Mt. Vernon, Kentucky  
on Friday, July 31, 2009  
Beginning at the Hour of 1:00 p.m.**

Said real property being more particularly bounded & described as follows:

55 Red Foley Road, Mt. Vernon, Kentucky

The following described property located in Rockcastle County, Kentucky to-wit:

A certain tract of land located in the waters of Renfro Creek in Rockcastle, Kentucky, approximately two miles north of Mt. Vernon, and more particularly described as follows:

Lot No. 1 of the Renfro Valley, Inc. Subdivision, as shown by plat of record in Plat Book 2, Page 49, in the Office of the Clerk of the Rockcastle Court, Mt. Vernon, Kentucky, and to which reference is hereby made for a more particular description.

Lot No. 2 of the Renfro Valley, Inc. Subdivision, as shown by plat of record in Plat Book 2, Page 49, in the Office of the Clerk of the Rockcastle Court, Mt. Vernon, Kentucky.

Being the same property conveyed to Carolyn Durham, unmarried, by deed dated July 20, 2006, executed by Glen E. Vanwinkle, et ux and recorded in Deed Book 212, page 279 in the Office of the Rockcastle County Clerk.

**The property shall be sold on the following terms & conditions:**

- Lot No. 1 and Lot No. 2 shall be sold together as a whole.
- The real property shall be sold for cash or upon a credit of thirty (30) days with the purchaser required to pay a minimum of ten percent (10%) of the purchase price in cash on the date of sale and to secure the balance with a bond approved by the Master Commissioner.
- The bond shall bear interest at the rate of twelve percent (12%) per annum until paid in full. The bond shall have the force and effect of a judgment and shall be and remain a lien upon the property sold as additional surety for the payment of the purchase price.
- Unpaid taxes of record at the time of entry of judgment shall be paid out of the proceeds of the sale.
- The purchaser shall pay the 2009 local, county and state property taxes.
- Full satisfaction of the plaintiff's judgment shall be paid out of the proceeds of the sale.
- The purchaser shall have possession of the real property upon compliance with the terms of the sale.
- In the event that the plaintiff is the successful bidder and the sale price does not exceed the amount of the plaintiff's judgment, no deposit or bond shall be required.
- The sale shall be made subject to all easements, set back lines, restrictions or covenants of record or otherwise and shall be sold "as is".

**Willis G. Coffey**  
**Master Commissioner**  
**Rockcastle Circuit Court**

# Classifieds

## CLASSIFIED RATES

• Local Rates - \$4 for 25 words or less - .10 each additional word  
 • Display Classifieds \$5.00/Inch  
**Deadline for Classifieds is 10 a.m. TUESDAY**

## For Rent

**For Rent:** 1 bedroom efficiency apartment in Brodhead, Quail Acres. Stove and refrigerator furnished, all utilities included, central air. No pets. References required. \$450 month/\$200 deposit. 758-8692. 36x2p

**For Rent:** Nice country home in Brush Creek area with 2BR/1BA. Washer/dryer hookup. \$350 month/\$350 deposit. References required. Call 859-626-2383. Ask for Bruce. 34x4p

**For Rent:** House in Mt. Vernon. 2BR/1BA. Background check and references required. \$400 month/plus security deposit. Serious inquiries only. 256-4973. 36x1p

**For Rent:** In Mt. Vernon. New one bedroom apartment. Stove, refrigerator and microwave furnished. No pets. \$400 month/\$400 security deposit. Call (cell) 361-765-7709. 36x1p

**House For Rent:** In Scaffold Cane area. Some restrictions. Rental agreement required. 606-256-2610. 36x2p

**For Rent:** 3 BR house, finished basement with 2BR, laundry room, large bath and den w/fireplace. Rear deck, front porch, school busservice to front door, central heat and air. Quiet, dead-end road. \$525 month with one month's rent security deposit. Good ferences and background check a must. No pets. Available Aug. 1st. 859-621-2506. 36x1

## LAND LAND LAND Pulaski County

Between Somerset & Mt. Vernon ideal building tracts with features such as woods/pastures/views, water/electric/telephone, Suitable for DW or Home. Elrod Rd. 4.9 acres with nice pond \$32,500 (\$1,625 down, \$304/month). Hwy 934 6.1ac.w/ woods \$34,900 (\$1,745 down, \$326/month).

## Garrard County

Near Berea on Gabbard Rd. 11 ac with woods close to I-75 for \$42,500 (\$2125 down, \$397/month) 10.26 acres on Brock Road for \$31,900 (1,595 down, \$298/month). **OWNER FINANCING AVAILABLE** Call Today!!! 1-877-331-4888 **DGSHELL.COM**

**Duplex For Rent** in Brodhead. Call Amy Nicely 256-8700. 30xntf

**For Rent:** 2 and 3 bedroom trailers, starting as low as \$200 month plus \$200 deposit. Call 606-308-5389. 32x4p

**For Rent:** Small 2 bedroom trailer in Mt. Vernon. No pets. 758-4729. 40xntf

**For Rent:** Accepting applications at Mt. Vernon Housing Authority on Mondays 9 a.m. til 12 noon. Rent based on income. 256-4185. 14xntf

**Accepting Applications:** For 2 and 3 bedroom units at Valley View Apartments. Rent based on income. Call 256-

## Property For Sale

**House For Sale:** Behind Livingston School. 2 bedrooms/1 bath, living room, kitchen, utility room, detached garage. All new carpet. More info, call 256-5694 or (cell) 308-4359. 35x2p

**House For Sale:** 3BR Ranch, one full bath, \$84,900 in Brodhead. Full unfinished basement. Completely remodeled. All new bathroom fixtures. New metal roof. New appliances. Sits on 3/4 acre. Fenced-in backyard. Call for showing. 758-9439. 36x1p

**House For Sale:** 340 Sigmon St., Brodhead. 2BR/1BA, living room, kitchen, utility room, front and back porches, 2 out-buildings, good garden space. Stove and refrigerator with house. 606-308-2052 • 859-200-8230 or 606-256-9656. 33x5p

**For Sale:** (1) Lot - 6 acres wooded on Breezy Hollow Lane, \$23,500. (2) 7.7 acres cleared on Breezy Hollow Lane, \$29,900. (3) Two lots on Breezy Hollow, 1.4 acres, to be sold together, \$8,500. 256-3213 or 308-2953. 16xntf

**Lots For Sale:** Castle Ridge Subdivision. Use same entry way as Bible Baptist Church.

**For Rent**  
**Maple St. Storage**  
**of Brodhead**  
**256-2884 or**  
**606-308-2491**

All lots have city sewer and underground utilities. starting at \$12,900. 606-256-5692 • 256-4504 • 308-3730. 20xntf

**For Sale:** Mobile home lots, located in Sunnyside Mobile Home Park. 1.2 acre lots - \$500 down and \$100 per month. Call 606-256-5692 or 606-256-5648. 43xntf

## Posted

**Posted:** No hunting, trespassing, 4-wheeling on property belonging to Donald M. Powell on Tarkiln Rd., Brodhead. Not responsible for accidents.

**Posted:** no hunting, trespassing or 4-wheeling on property owned by John Gadd in the Disputanta and Clear Creek areas off Gadd Cemetery Road. Signs are posted. 34x5p

**Posted:** No hunting or trespassing on Ed Wilson Farm, 5320 Hummel Road, Wildie.

**Posted:** No hunting/trespassing on property belonging to Farmer Waddle and Clista Spivey heirs on Hwy. 490. Violators will be prosecuted. Not responsible for accidents.

**Posted:** No trespassing on Crawford Place - Old Brodhead Road. Danny Smith.

**Posted:** Absolutely no hunting, fishing or trespassing on property belonging to Mark and Debbie Cummins. Violators will be prosecuted. 9x52p

**Posted:** No hunting, trespassing or ATVs on land belonging to Victoria Reese at Roundstone. Not responsible for accidents.

**Posted:** No trespassing on property known as C.B. Owens Farm across from Fairgrounds in Brodhead. Violators will be prosecuted. 25tn

## Mobile Homes For Sale

**For Sale:** 1996 Belmont mobile home, 16x80. 2BR/2BA. Very good condition. 256-8785. 36x2p

**For Sale:** 2006 Giles doublewide mobile home, 3 bedrooms, 2 baths, front and rear deck, guttering and underpinning. Must be moved. All appliances including washer and dryer stay. Serious inquiries only. 758-4735 or 758-8994. 7tn

**Clean Reconditioned Single Wides** and double wides. Financing available. D&D Mo-

bile Homes, 2 miles of Stanford on Hwy. 27. Ph. 606-365-9165. Open Sundays after church. 30x4

**Abandoned Homes! Families Needed!** Zerodown on your land. No land? No problem! Let us find the land for you. Also up to \$8,000 tax credit back to you. Luv Homes of Somerset. Call 606-676-0503 or visit [www.4aluvhome.com/244](http://www.4aluvhome.com/244).

**Luv Homes of Somerset** has government 1st time home buyer loans. 3BRs for \$287.33 monthly/240 months/35K amount financed/7.75 annual percentage rate/\$1,750 down payment. Call 606-676-0503 or visit [www.4aluvhome.com/244](http://www.4aluvhome.com/244). 36x1

**If you get at least \$1,000 a month,** Luv Homes of Somerset has government home loans for Social Security/SSI recipients. Call 606-676-0503 or visit [www.4aluvhome.com/244](http://www.4aluvhome.com/244) 36x1

**Kiss your landlord goodbye!** With payments as low as rent, why rent when you can buy? Call your housing experts. Call Luv Homes of Somerset at 606-676-0503 or visit [www.4aluvhome.com/244](http://www.4aluvhome.com/244) 36x1

**Land and Home Owner** will finance. Call 606-864-5804.

**Low Income Housing Available.** Social Security or SSI. No problem. all to apply 606-864-0420 36x1

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**Federal Housing Loans!** Free application by phone. Own a 2, 3 or 4 BR home. 606-864-5252. 36x1

## Motor Vehicles For Sale

**For Sale:** 1987 Ford F250. Automatic, good shape, good tires, drives good. Call 606-453-2056. If no answer, leave message. 36x1p



**Why Pay More?**

**606-256-9870**

## 1997 Ford Expedition For Sale

Eddie Bauer edition. Amenities include 5.4 Litre Triton engine, heavy duty towing package, privacy window glass, CD player, rear-air controls, high mileage, good condition, well-maintained, runs good. Asking \$4,900.



**Call 606-308-3670 between 5 p.m. and 9 p.m.**

## Home & Farm For Sale

Beautiful log home on 48 +/- acres at 536 Towhee Lane, Livingston - \$275,000

For more details see MLS Listing #373624 at [www.owencountykyrealestate.com](http://www.owencountykyrealestate.com)

or call 502-750-0734

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2770 Richmond St.  
 Mt. Vernon

**256-9851**

(606) 256-0044

399 Albright St.

**Brodhead SOLD!**

**We need your listing**



Brick ranch with 3 bedrooms and 1 bath, has a fenced-in yard. Well kept. 1 car attached garage.

**Call Larry Conner at 606-256-9851 to list, buy or sell your property.**

## Yard Sales

**Yard Sale:** Big Yard Sale Fri., July 31 and Sat., August 1st at the home of Melvin and Lela Harrison, 445 Williams St., Mt. Vernon. Lots of clothes, shoes, purses and more.

**Huge Yard Sale:** Friday and Saturday at the home of Darlene Weaver, 1 1/2 miles from Jean's Restaurant on Big Cave Road. Too many items to list. Rain cancels.

**Yard Sale:** Sat., Aug. 1st, 8 a.m. to ? 475 West Main, home of Patsy Morgan. Lots of bargains. Rain or shine.

**Multi-Family Yard Sale** at the home of Donald and Lee Moreland, Fri., July 31st and August 1st. Brand name clothes - all sizes, late 90s Kawasaki 4x4, automatic 4-wheeler, boat, 5th wheel camper, household items and much more. 30 Chestnut Dr. Come to top of hill past old Carter's Market or end of Paul Street. Rain or shine.

**Back to School Yard Sale:** Sat., August 1st. 7 a.m. to ? Hunter Ridge Subdivision, home of Dale and Sandy Whitaker, cross from Cedar Rapids Country Club. Clothes, shoes, accessories, toys, CB equipmnt, gold clubs and much more.

**Garage Sale:** Home of Virginia Hunt Darst, Old Brodhead Road, Sat., 9 to 3. Retired Longaberger Colonial Blue Sofa, excellent cond., 7 ft. Christmas tree, clothing, odds and ends.

**Yard Sale:** Fri. & Sat., 8:30 a.m. to ? Rain or shine. Nice name brand clothes and much more. Take Hwy. 2108 at Maretburg to Clubview Dr.

**Yard Sale:** Fri. - Sat., July 31-Aug. 1, 8 a.m. to 2 p.m. Friday and 8 a.m. to noon Sat. 220 Hwy. 618 East. turn onto 618 t Don's Market - look for signs. Items include: toaster oven, weed eater - Troybilt, knives, Gaither Homecoming VHS tapes, boy's husky jeans, clothes of all sizes. Rain cancels each day.

**Four Family Yard Sale:** At the home of the late C.B. Owens, Jr. in the back yard - located across from the Brodhead Fairgrounds. Sat., Aug. 1st, 8 a.m. to ? Baby and toddler clothes for girls and boys, 18 mos. to 4 toddler, 2 high chairs, Home Interior, ladies suits and

dresses, housewares, furniture and men's clothing. Something for everyone.

**4 Family Yard Sale:** Sat., Aug. 1st, 8 to 5. 230 Woodland Place. Huge sale! 606-224-7059.

**Yard Sale:** Friday, 9a.m. to ? at Hilltop Produce. Given by Barbara Mullins.

**Yard Sale:** Thursday, Friday and Saturday, July 30, 31 and Aug. 1st. 115 West Main St. Camping stove and lantern, John Deere Gator, end tables, riding lawn mower, Deacon's Bench, weed eaters, clothes of all sizes, blue jean skirts. Given by Becky and Beverly Smith.

**Back To School Bag Sale:** \$3 a bag. Bring your own bg. Wal Mart or Save-A-Lot type bag on selected items. Other items priced cheap. Name brand jeans, shoes, shorts, shirts, dresses - Tommy, Old Navy, Calvin Klein and Aeropostle. Library Subdv., 195 Liberty Drive, 9 a.m. to ? Friday, July 31st and Saturday, Aug. 1st.

**Yard Sale:** First time this year. Clothes, shoes, purses, DVD player, new 28 inch door, flower arrangements, wreaths, Dale Earnhart coat, Lowe's closeout items. Rain or shine, 87 Bussell St., across from Rose's One Stop in Brodhead. First brick house on right.

**Sarah Beth Consignment:** 10% off sale on all clothing, shoes, accessories, movies, etc. located at 2750 Richmond St., Mt. Vernon, Ky. July 29th - August 2nd. Name brand clothing for all members of the family plus a large selection of VHS and DVD movies arriving daily. Check out our daily specials and new arrivals. We are located on N. Hwy. 25 in between Valley Treasures and Best Realty Services. Our hours are Mon. - Fri. 11:00 to 5:00 and Saturday 10:00 to ?

**Community Yard Sale:** at Cave Valley, Friday and Saturday, 8 to 5.

## Yard Sale

7 families on Richmond Street at the former Carquest parking lot.

**Saturday, August 1st 8 a.m. to ?**

Many items too numerous to mention. Something for everyone.

## 7 FAMILY YARD SALE

**Besides Rose's One Stop • Sat., 9 to ?**

In case of rain, sale will move inside vacant building next to Roses.

**Baby clothes, little girls and boys clothes, maternity clothes, toys, household items, over 500 pair of new and used shoes - all sizes, Boyd's Bears. Something for everyone!**

**Take advantage of \$8,000 federal tax credit and \$5,000 state tax credit**



**New Home Located in Castle Ridge Subdivision**

Located in city limits of Mt. Vernon, 3 bedrooms, 2 baths with stainless look. No fingerprint appliances. Landscaping will be included. Reduced to \$124,000.

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16x80 Delivered & Set-Up

**\$21,900**

Central Heat and Air • Skirting Installed  
 Steps - Front and Back  
 Call Crossland Homes

**Call 606-864-5252**

## Crossland Homes of London

New 4 BR/2BA Doublewide

**\$45,900**

•Delivered & Set-up w/Footers  
**Premium Appliance Package**  
**Call 606-864-5252**

## Crossland Homes of London

**If you have rented at least 1 year or paid utilities for 1 year (water, phone, electric)**

Call for free credit approval on a new doublewide or singlewide

**606-864-5252**

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New 3BR/2BA Doublewide

**\$40,900**

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 714 E. Hal Rogers Pkwy. • London  
**606-864-5252**

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 email: [prudentialbera@donfoster.com](mailto:prudentialbera@donfoster.com)

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 Dorothy Brown--200-6631; Tammy Jackson--314-3176; Steve Clark--625-4370

**711 Chestnut St. • Berea • 859-986-8401**  
**1-800-998-2063 fax 986-6173**

**Office Hours: Mon. - Fri. 9 to 5; Sat. 9 to 1; Sun. by appt.**

4050 COPPER CREEK RD -119.02 acres, 20 stall barn, 140 ft. barn, 2 riding rings for horses. \$399,000. MLS 33713

4050 COPPER CREEK RD 55 acres fenced on 3 sides. \$179,000. MLS33043

COPPER CREEK RD -138 acres, 20 acres pasture remainder in woods. \$275,000. MLS 32495

2916 WILDERNESS ROAD -4 bedrooms, 3.5 baths, 3 acres. \$230,000. MLS34043

368 CHESTNUT RIDGE -3 bedrooms, 2 bath, 1 acre lot. \$99,900. MLS33957

542 BOONE GAP RD - 4 bedrooms, 3 baths, 3.5 acres. \$249,000. MLS33549

6732 S. BRINDLE RIDGE - Custom made 4 bedroom on permanent foundation. 6 stall barn. \$139,900. MLS31819.

8 C. VALLEY DRIVE - 40 acres. Has several home sites. Doublewides welcome. \$95,000

EXIT 62 RENFRO VALLEY - 20 acres overlooking I-75. \$275,000. MLS25741

COMMERCIAL PROPERTY Exit 62, Renfro Valley 1 acre leased. \$150,000. MLS25739.

BEREA. We have many nice homes listed in Berea. Call one of the above agents for a showing.

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**256-9851**  
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399 Albright St.  
**Brodhead SOLD!**  
**We need your listing**

Brick ranch with 3 bedrooms and 1 bath, has a fenced-in yard. Well kept. 1 car attached garage.

**Call Larry Conner at 606-256-9851 to list, buy or sell your property.**

**Crossland Homes of London**

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**\$21,900**  
 Central Heat and Air • Skirting Installed  
 Steps - Front and Back  
 Call Crossland Homes  
**Call 606-864-5252**

**Crossland Homes of London**

New 4 BR/2BA Doublewide  
**\$45,900**  
 •Delivered & Set-up w/Footers  
**Premium Appliance Package**  
**Call 606-864-5252**

**Crossland Homes of London**

New 3BR/2BA Doublewide  
**\$40,900**  
 •Delivered & Set-Up •Footers  
 714 E. Hal Rogers Pkwy. • London  
**606-864-5252**

## Help Wanted

**Help Wanted:** BEE Garbage is accepting applications for general laborer. Applicants must be in good physical condition, able to work in all types of weather, and be able to work without supervision. CDL not required, but applicants must have valid KY driver's license and good driving record. A good attitude and work ethic are required. Applications can be picked up at the BEE Garbage office on U.S. 25 in Burr, next to the Shell station. 36x2  
**Epperson Air Conditioning • Heating • Plumbing • Electric** is seeking HVAC mechanics and plumbers. Call 606-679-7476, 112 W. University Dr., Somerset, Ky. 42503. EOE and Drug free work place. 24xntf  
**AVON:** Earn money by selling Avon. 1-888-528-7875. 49xntf

Subscribe to the Signal

## Professional Services

**Gravel Hauling:** Driveways, etc. 256-4695 or mobile 859-544-7730. 14xntf  
**Owens Monument:** Located behind Owens Funeral Home in Brodhead. Open Mon-F 8 to 5 and Sat. 9 a.m. to noon. 606-758-9600. 14xntf  
**C&C Appliance Repair:** Low Rates. No extra per hour charge. Licensed • Insured. 859-358-3280 or 859-661-6127. 36x2p  
**Jonathan Collins Remodeling and Repair Service.** Home improvements of any kind from doors and windows to roofs and decks -will do it all. Any home, any problem, we're the ones to call. We also offer Bobcat and backhoe service. 606-256-5459. ntf  
**Jim Sandusky Roofing:** Free estimates. Cell 1-859-983-7877. 40tfn  
**Larry's Seamless Guttering,** Vinyl siding, soffit and replacement windows. Fully insured. Free estimates. 606-308-1030

or 606-758-4228. 44xntf  
**Phelps Roofing.** Owner Mike Phelps. Insured, references available, free estimates. 16 years experience. Ph. 606-758-8874. 41xntf  
**Jack Gilbert Construction.** Remodeling, new and old. *No job too small or too big.* Vinyl siding, windows, doors, decks, flooring and roofs. Call 606-453-2139 or 606-308-2244.  
**Notice:** Will haul off or buy scrap metal, junk cars or trucks. Metal hauled for free. 859-353-1769. 14xntf  
**Grave Markers & Monuments:** In stock at all times. McNew Monument Sales, US 25, 4 miles north of Mt. Vernon. Phone 256-2232.  
**U Call We Haul!** Moving? Need Help? Cars, furniture, construction cleanup -- any-

thing that fits on a truck, large or small! We will also haul your junk car or truck away for free. *No Garbage!!* Light backhoe and landscaping. 256-9222 or 606-308-1629. 27xntf  
**P&P Guttering:** 5 & 6 inch seamless gutters, siding, soffit and window installation. Call 256-4393. Free estimates. 21xntf  
**Lovell's Gun Sales & Repair:** New and used guns for sale. Ammo and gun accessories. Repairs, stock refinishing, hot bluing. Certified gunsmith/licensed firearms dealer. Maple Grove Road. Mon-Fri. 5 to 8 p.m. 256-3539. 11tfn  
**Gail's Pampered Pooch** 57 West Main St. • Brodhead For appt. call 606-758-0064  
*17 Years Experience Pet Grooming* 20xntf

## Miscellaneous For Sale

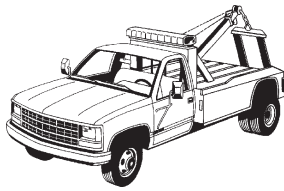
**Second Cutting of Alfalfa.** \$5 per bale. 256-3926. 36x1p  
**Hay For Sale:** Fescue and Orchard grass, mixed 4x4 rolls, 15.00 roll. 606-453-3501.  
**For Sale:** Ladies Harley Davidson leather coat - size medium. New - paid \$300 - sale price \$100. If interested, call 606-308-4034. 36x1p  
**For Sale:** Sofa and chair, 6 pc. oak dining set, end tables, loveseat, lamps, white circular baby bed/canopy, 8 pc. Koch Brass Candlelabra, queen cherry poster bed and dresser, concrete livestock waterer. Best offer. 859-351-4700.  
**For Sale:** Lift chair recliner, less than 1 year old, \$275; oversized recliner, \$100; recliner \$75; 36" RCATV \$150; exercise stepper \$50 and propane gas stove, used two months, \$550. Owen Hensley, 5467 Big Cave Road, Orlando or call 606-308-3907. 36x1  
**For Sale:** Cherry table and six padded chairs with lighted

hutch. Call 758-8178 after 5 p.m. or leave message. 35x3p  
**Parsons Farm** now has fresh produce. 256-2370 or 231-3918. 33x4  
**York's Firewood.** We deliver or you can pick-up. Wood vouchers accepted. Get your order in now. 308-1844. 35x5  
**For Sale:** Square bales orchard grass mixed hay. Doug Caudill. 758-8190 or 606-392-1396.  
**Rabbits For Sale:** All sizes and all colors. \$5 to \$6 each. 606-758-9405 or 606-308-0545. 34x3p  
**For Sale:** Mixed hay, \$5 bale. Cecil King, 606-510-3719.  
**For Sale:** Cemetery lots, Cresthaven Cemetery, Mt. Vernon. Call Bill Dowell at 308-1058. 31xntf

## Pets

**Free Labs.** 2 grown Black Labs (registered), brother and sister to a good home. Cannot move them to my new home. Only serious inquiries. 606-312-1758.

**Stewart Salvage**  
 We buy junked or repairable vehicles. Also, used parts and tires for sale.



**\$125 and up for used cars**

Call 859-358-3560 or 606-256-3841 anytime

**Buying Used Cars - \$100 and up**  
 Call Mike or Rhonda at 308-3040 or 308-5761

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 Located 4 miles south of Berea, off U.S. 25 at 862 Lambert Rd. Serving Rockcastle County and surrounding counties.  
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If you are:

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## COME GROW WITH US

### Nurse Aide Training

#### State Registered Nursing Assistant (SRNA)

Rockcastle Regional Hospital and Respiratory Care Center is currently accepting applications for the Nurse Aide Training program. Applications are available at hospital lobby. Deadline to apply is August 10, 2009.

We are a progressive 105-bed facility in Mt. Vernon, KY. We have become a regional healthcare leader by recognizing that our employees are our most valuable resource. Join us as we continue our pursuit of excellence. To learn more visit us on-line at [www.rockcastleregional.org](http://www.rockcastleregional.org).

EQUAL OPPORTUNITY EMPLOYER

**ROCKCASTLE REGIONAL**

## COME GROW WITH US

### Home Health Nursing Position Available

Rockcastle Regional Hospital Home Health Agency is currently seeking an RN to work full-time. One year nursing experience required. For more information contact Brenda Rainwater, Director at 606-256-1808 or apply on-line at [rockcastleregional.org/careers](http://rockcastleregional.org/careers). At Rockcastle Regional we recognize that our employees are our most valuable resource. Join us as we continue our pursuit of excellence.

EQUAL OPPORTUNITY EMPLOYER

**ROCKCASTLE REGIONAL**

## COME GROW WITH US

### Dietary Position Available

Rockcastle Regional Hospital and Respiratory Care Center is currently seeking a Dietary Aide. High school education or equivalent is required. Apply in person or on-line at [rockcastleregional.org/careers](http://rockcastleregional.org/careers).

We are a progressive 105-bed facility in Mt. Vernon, KY. We have become a regional healthcare leader by recognizing that our employees are our most valuable resource. Join us as we continue our pursuit of excellence. To learn more visit us on-line at [www.rockcastleregional.org](http://www.rockcastleregional.org).

EQUAL OPPORTUNITY EMPLOYER

**ROCKCASTLE REGIONAL**

## COME GROW WITH US

### Opportunities for Nurses

At Rockcastle Regional Hospital and Respiratory Care Center we are expanding our services and are currently seeking:

#### RNs • LPNs • Certified Nursing Assistants

**Positions available in:**  
**Emergency, Acute Care (Med/Surg), and Long Term Care**

For more information or to schedule an interview contact Carmen Poynter, Human Resources Director, via e-mail at [c.poynter@rhcc.org](mailto:c.poynter@rhcc.org) or fax resume to 606-256-7719.

We are a progressive 105-bed facility in Mt. Vernon, KY. We have become a regional healthcare leader by recognizing that our employees are our most valuable resource. Join us as we continue our pursuit of excellence. To learn more visit us on-line at [www.rockcastleregional.org](http://www.rockcastleregional.org).

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**All classified advertisements must now be paid for in advance.**

For your convenience, we now accept VISA and Mastercard

To place your classified, have your credit card ready and call 606-256-2244 or simply fill out the form below and mail your ad along with your check or credit card information

## Classified Order Form

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**Costs:** \$4.00 per week for 25 words or less. Please add 10¢ more for each word over 25.

Payment enclosed  Check  Money Order

VISA  Mastercard

Acct # \_\_\_\_\_

Exp. Date \_\_\_\_\_

**Please mail to Mount Vernon Signal**  
**PO Box 185 • Mt. Vernon, Ky. 40456**

**Or have Credit Card # ready and phone 606-256-2244 to place your ad**

*Ad must be received by 10 a.m. Tuesday*



# Notice

**Single white male** incarcerated in East TN is seeking correspondence. Released soon. Will reply to all. Can send photo. Gary Farless #365-294, P.O. Box 5000, Mountain City, TN 37683. 34x8p

**I will not be** responsible for debts made by anyone other than myself. Denzil Chasteen.

**Notice is hereby given that** Tommy J. Lovell, P.O. Box 1774, Mt. Vernon, Ky. 40456 has been appointed administrator of the estate of Sheila R. Lovell on the 6th day of July, 2009. Any person having claims against said estate shall present them, according to law, to the said Tommy J. Lovell or to Hon. John D. Ford, P.O. Box 247, Mt. Vernon, Ky. 40456 on or before Jan. 6, 2010 at 11 a.m. **Notice is hereby given that**

Dorothy S. Martin, 320 Hunter Street, Mt. Vernon, Ky. 40456 has been appointed executrix of the estate of Guy C. Martin on the 1st day of July, 2009. Any person having claims against said estate shall present them, according to law, to the said Dorothy S. Martin or to Hon. Debra Hembree Lambert, P.O. Box 1093, Mt. Vernon, Ky. 40456 on or before Jan. 6, 2010 at 11 a.m. 34x3

**Notice is hereby given that** Norma Jean Romines, P.O. Box 392, Mt. Vernon, Ky. 40456 and Lorene Falin, P.O. Box 566, Mt. Vernon, Ky. 40456 have been appointed co-administrators of the estate of William E. Hasty on the 15th day of July, 2009. Any person having claims against said estate shall present them, according to law, to the said Norma Jean Romines and/or Lorene Falin or to Hon. William D. Reynolds, 140 West Main St., P.O. Box 1250, Mt. Vernon, Ky.

40456 on or before Jan. 18, 2010 at 11 a.m. 36x3

**Notice is hereby given that** Marian Kay Shelton, 12485 Brodhead Road, U.S. 150, Crab Orchard, Ky. 40419 has been appointed executrix of the estate of Edward R. Pospisil on the 1st day of July, 2009. Any person having claims against said estate shall present them, according to law, to the said Marian Kay Shelton or to Hon. John D. Ford, 45 East Main St., P.O. Box 247, Mt. Vernon, Ky. 40456 on or before January 6, 2010 at 11 a.m. 34x3

**Notice is hereby given that** Darrell Croucher, 119 Salter Rd., Berea, Ky. 40403 has been appointed administrator of the estate of Ruby McFerron on the 15th day of July, 2009. Any person having claims against said estate shall present them, according to law, to the said Darrell Croucher on or before Jan. 18, 2010 at 11 a.m. 36x3

**Notice is hereby given that** Albert Headrick, 546 Snowy Rd., Livingston, Ky. 40445 has been appointed executor of the estate of Norma Mae Headrick on the 6th day of July, 2009. Any person having claims against said estate shall present them, according to law, to the said Albert Headrick or to Taylor, Keller, Dunaway & Tooms PLLC, 1306 W. Fifth St., P.O. Box 905, London, Ky. 40743-0905 on or before Jan. 6, 2010 at 11 a.m. 34x3

**Notice is hereby given that** Earline Spurlin, 224 Barnswallow Lane, Mt. Vernon, Ky. 40456 has been appointed Executrix of the estate of George Spurlin on the 20th day of July, 2009. Any

person having claims against said estate shall present them, according to law, to the said Earline Spurlin or to Hon. William D. Gregory, 240 East Main St., P.O. Drawer 220, Mt. Vernon, Ky. 40456 on or before Jan. 18, 2010 at 11 a.m. 36x3

**Notice is hereby given that** Ronald E. Bradley, 40 Proffitt St., Brodhead, Ky. 40409 and Cathy S. Owens, 48 Spiro Rd., Mt. Vernon, Ky. 40456 has been appointed co-executors of the estate of Nancy S. Bradley on the 15th day of July, 2009. Any person having claims against said estate shall present them, according to law, to the said Ronald E. Bradley and Cathy S. Owens or to Hon. William D. Reynolds, 140 East Main St., P.O. Box 150, Mt. Vernon, Ky. 40456 on or before Jan. 18, 2010 at 11 a.m. 36x3

**Notice is hereby given that** Nancy Hurley, 125 Williams St., Mt. Vernon, Ky. 40456 has been appointed Guardian of John David Hurley, a minor, on

the 1st day of July, 2009. Any person having claims against said estate shall present them, according to law, to the said Nancy Hurley or to Hon. Debra Hembree Lambert, P.O. Box 1094, Mt. Vernon, Ky. 40456 on or before Jan. 6, 2010 at 11 a.m.

**Notice is hereby given that** Nancy Hurley, 125 Williams St., Mt. Vernon, Ky. 40456 has been appointed Guardian of Rebekah Carol Hurley, a minor, on the 1st day of July, 2009. Any person having claims

against said estate shall present them, according to law, to the said Nancy Hurley or to Hon. Debra Hembree Lambert, P.O. Box 1094, Mt. Vernon, Ky. 40456 on or before Jan. 6, 2010 at 11 a.m.

**Notice:** Rocket Storage will be selling at auction on August 8th Units 1, 18, 27, 48, 52 on Crawford St. at 8 a.m.; Units 3, 6 and 8 on Williams St. at 8:30; Units 38 and 51 on West Main St. at 8:45; Unit 75 on Richmond Street at 9:00.

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 **Now selling Trane equipment!**

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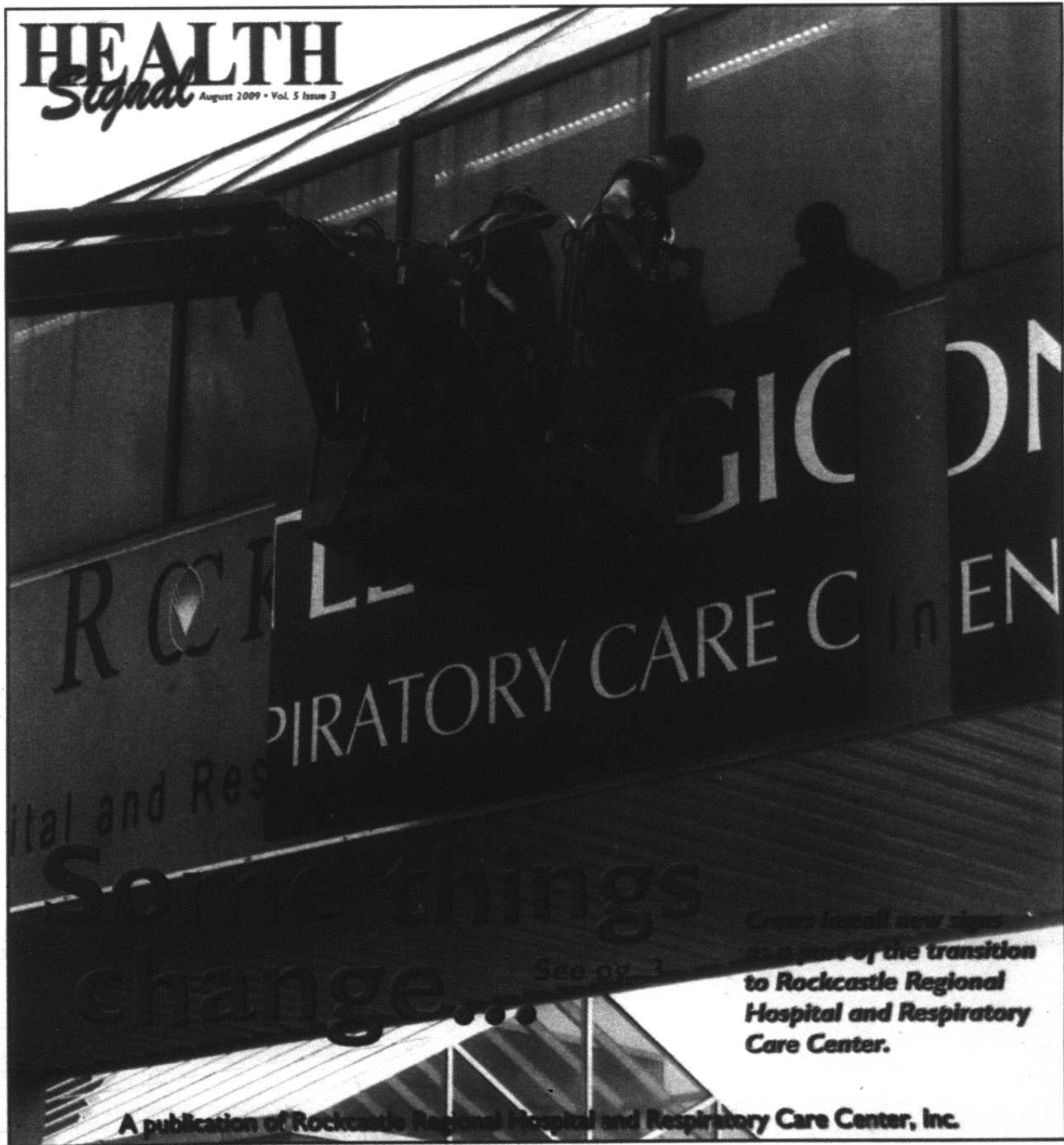
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# HEALTH

*Signal* August 2009 • Vol. 5 Issue 3



*Crews install new signs  
as part of the transition  
to Rockcastle Regional  
Hospital and Respiratory  
Care Center.*

See pg. 3

**A publication of Rockcastle Regional Hospital and Respiratory Care Center, Inc.**



# ROCKCASTLE REGIONAL HOSPITAL ■ RESPIRATORY CARE CENTER

#### About Us

Rockcastle Regional Hospital and Respiratory Care Center is a not-for-profit community healthcare system that operates emergency, inpatient and outpatient acute care programs, a long-term care program for patients dependent upon mechanical ventilation, a home health service, and a state-of-the-art medical office complex. Established in 1956, Rockcastle Regional is JCAHO and CAP accredited and treats patients from across Kentucky, Tennessee and many other states.

Rockcastle Regional has the largest respiratory therapy staff in the state and is nationally known for its excellence.

#### Mission

Rockcastle Regional Hospital and Respiratory Care Center is a family-oriented team of healthcare professionals dedicated to delivering the highest quality of care to those we serve.

#### Vision

Rockcastle Regional Hospital and Respiratory Care Center's vision is to be the hospital of choice for healthcare in Rockcastle County and surrounding areas and to be the facility of choice nationwide for ventilator care.

#### Values

We value excellence, friendliness, compassion, cleanliness and our commitment to our community.

#### Accreditation

All Rockcastle Regional Hospital and Respiratory Care Center facilities and programs are accredited by the Joint Commission on the Accreditation of Healthcare Organizations (JCAHO).

#### Referral Contact

Carolyn Browning, Director, Social Services

#### Professional Association Memberships and Other Affiliations

American Association of Respiratory Care  
American Health Care Association  
American Hospital Association  
Kentucky Association of Health Care Facilities  
Kentucky Home Health Association  
Kentucky Hospital Association  
Kentucky Medical Association  
National Patient Safety Foundation  
UK HealthCare Network Affiliate-Markay Cancer Center  
UK HealthCare Network Affiliate-Gill Heart Institute  
UK HealthCare Network Affiliate-Kentucky Children's Hospital  
UK HealthCare Network Affiliate-Kentucky Neuroscience Institute Comprehensive Stroke Program

#### Speakers Bureau

We are pleased to present information about healthcare and healthcare professions to the public. To schedule a speaker for your school, business, civic, healthcare or government organization, call Anelle Reese (606) 256-7880.

#### Leadership

Rockcastle Regional Hospital and Respiratory Care Center is governed by a local, volunteer board of directors.

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Health Signal is produced by the Community Relations Department of Rockcastle Regional Hospital and Respiratory Care Center.

Anelle Reese, Director  
Susan Brown, Page Design

## FEATURES



**Local woman discovers importance of health screenings**

*Page 4*



**From NICU to big kid**

*Page 13*



**MASH camp introduces middle schoolers to health careers**

*Page 14*

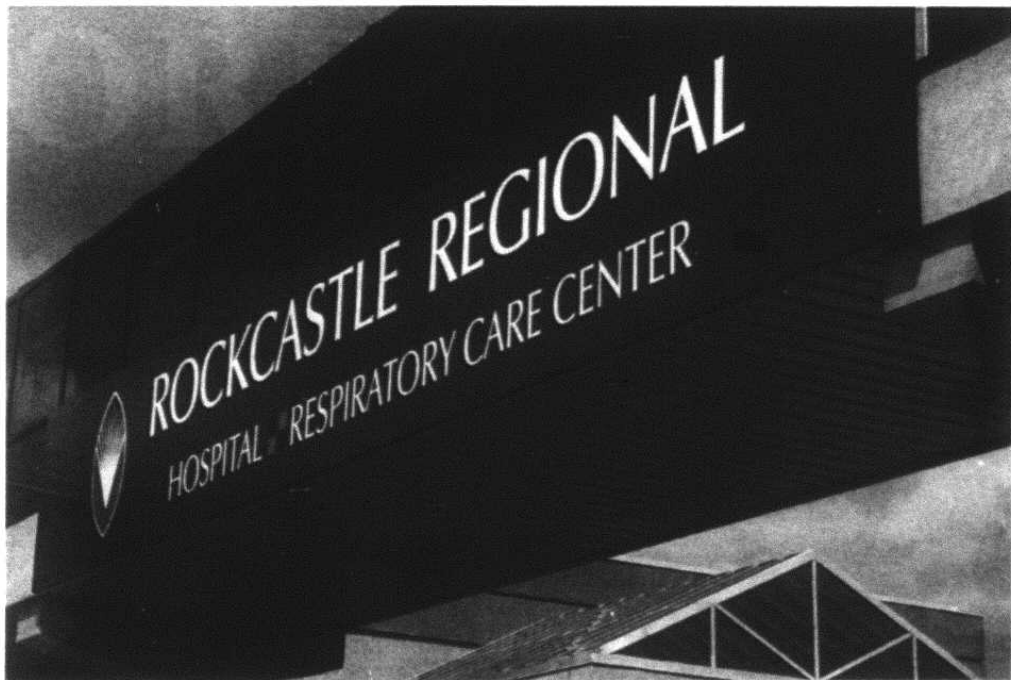


**Golf-scramble a hole-in-one**

*Page 18*

**Read these stories on-line, anytime at [rockcastlehospital.org/healthsignal](http://rockcastlehospital.org/healthsignal)**

JUL 30 2009



...and yet they stay the same.

**R**ockcastle Hospital and Respiratory Care Center Inc. will now be known as Rockcastle Regional, a name that more accurately describes the organization.

"The name Rockcastle Regional is a more appropriate identity for the hospital and reflects the growth and advancements we have made," said Rockcastle Regional President and CEO Stephen Estes. "Our primary commitment is to provide the highest possible level of care to those we serve. The new name affirms our commitment to providing that care to an area that in many cases extends beyond our county's borders."

The hospital remains a non-profit, private hospital that is locally governed. Since 1981 the Respiratory Care Center at Rockcastle

Regional has been the destination for mechanically ventilated patients from the southeastern United States and will soon expand by 14 more beds bringing the total number of beds to 93. In recent years the hospital has also expanded many other services. The opening of the Outpatient Services Center and the expansion of therapy services, the implementation of electronic medical records and the addition of state of the art imaging such as a 64-slice CT scanner are just a few of the recent advancements Rockcastle Regional has made. Affiliations with UK HealthCare enable the hospital to offer regional services and specialties such as oncology, cardiology, neurosciences and pediatrics.

One of the most exciting aspects about the new name is the unveiling of rockcastle-regional.org. The new, innovative Web site's highlights include local doctor videos, access to a full library of education and interactive features such as on-line pre-registration and a community relations blog.

Our new name will appear on our building, on our Web site and on our billboards. But the same caring spirit that we've always had will remain in a much more familiar place - written on the faces of our dedicated doctors and employees.



Breathing **Life** into Healthcare

JUL 30 2009



# Screenings could save your life

By Anelle Reese, Rockcastle Regional  
Community Relations Director

## Local woman discovers importance of health screenings

**S**aturday, August 30, 2008 was a hot, summer day at the annual Livingston Homecoming celebration. Attendees were eager to see old friends, spend time with family and enjoy the festivities including the parade and entertainment. Also a part of the festivities was a health fair sponsored by Rockcastle Regional. Education, interactive activities and health checks were part of the health fair. Cheryl Stone, Rockcastle Regional Hospital Home Health Nurse, was responsible for blood pressure checks at the health fair and had no idea the impact she would make on one attendee.

Rockcastle County Circuit Court Clerk Teresa Vanzant was in Livingston enjoying the Homecoming festivities and decided to visit the health fair in between entertainment. She sat down to get her blood pressure checked by Cheryl, confident that everything would be normal, as her blood pressure was never high. When the telemonitor measured her blood

pressure at 163/105, she was certain the machine had malfunctioned and asked Cheryl to try again. And again, her blood pressure read high. Cheryl encouraged Teresa to visit her doctor and share the information about her blood pressure.

Teresa made an appointment with Dr. Karen Saylor the following week. Dr. Saylor took her blood pressure once more and it was high. Teresa was prescribed blood pressure medicine, which she takes daily. "I thought my blood pressure was great, but a quick check at the hospital's health fair in Livingston let me know different," said Teresa. "You can think you feel perfectly fine. I had no idea my blood pressure was high. Now I definitely understand the importance of preventative care."

Teresa says she never experienced any of the typical side effects of high blood pressure, which Dr. Saylor said could happen. "Some people don't experience any side effects, which typ-

ically include headache, dizziness, chest pain, fatigue, nausea and/or confusion," said Dr. Saylor. "The situation gets serious if high blood pressure goes untreated. Then patients are susceptible to stroke, kidney failure, heart attack or congestive heart failure."

Teresa has modified her lifestyle to help keep her blood pressure under control and has changed her diet, noticing the number of sodas and what types of food she eats each day. "I am very thankful for Cheryl and the detection of my high blood pressure," said Teresa. "I encourage everyone to take advantage of health screening opportunities in the community."



Pictured top left, Rockcastle County Circuit Court Clerk Teresa Vanzant at work.

Bottom right, Rockcastle Regional Hospital Home Health nurse Cheryl Stone and Vanzant reunite after the Livingston Homecoming.

## [ HOSPITAL NEWS ]

## Hospital "walks for babies"

On Saturday, April 25, several Rockcastle Regional employees and their families participated in the Pulaski, Russell and Rockcastle County March for Babies in Somerset. Brandy Bullock, Rockcastle Regional Medical Arts Director, and her husband Jeremy, along with their twins Maev and Maddy, were the Ambassador Family for the hospital team.



Rockcastle Regional made the "Top 10" Fundraising list as the 6th highest fundraiser and also won the t-shirt design contest.

Rockcastle Regional raised nearly \$2,000 and the event raised \$75,000 to support the March of Dimes.

The March of Dimes was founded in 1938 by President Franklin D. Roosevelt and champions the needs of moms and babies through research to prevent birth defects, premature birth, and infant mortality. The March of Dimes is the leading non-profit organization for pregnancy and baby health.

## Hospital celebrates National Nurses Week

National Nurses Week was celebrated May 6-12 at Rockcastle Regional. The work of America's 2.9 million registered nurses to save lives and to maintain the health of millions of individuals was the focus of this year's National Nurses Week. The American Nurses Association supports and encourages National Nurses Week recognition programs through the state and district nurses associations, other specialty nursing organizations, educational facilities, and independent health care companies and institutions. Annually, National Nurses Week begins on May 6, marked as RN Recognition Day, and ends on May 12, the birthday of Florence Nightingale, founder of nursing as a modern profession.



In recognition of National Nurses Week, Rockcastle Regional nurses dressed up in their vintage "whites." Seated front from left is Elizabeth Tracy, RN West Coordinator, Cheryl Stone, LPN Home Health, and Audrey Hamon, RN Acute. Standing from left, Susan Burdine, RN Wound Care, Cindy Burton, RN CNO, Amy Bray, RN OR, Beverly Wooton, RN OR Coordinator, Judy Cromer RN East, Connie Sturgill, LPN South, Jaime Smith, RN South, Jodi Mays, LPN South.

## Hospital celebrates employees and patients during National Hospital Week

Rockcastle Regional honored nearly 575 employees during a week-long celebration recognizing Hospital Week. Activities were coordinated with the theme "Our Mission Healthcare Excellence" and included healthy snacks, free breakfast and a cookout for all shifts.

Along with employees, residents were recognized during this week with bananas, splits, and hot fudge cakes. The community could also participate in activities by attending a health fair on Thursday night with screenings.



Pictured are employees on the South Unit of the Respiratory Care Center at Rockcastle Regional with their healthy snack during hospital week. Clockwise from top left, Kara Francisco, RTS, Nelson Bond, RT, Pam Mink, SRNA, Mike McFarron, RT, Susan Burdine, RN, Jaime Smith, RN, and Gale Osborne, Unit Secretary.



Pictured are employees of Rockcastle Regional's Social Services department at the employee cookout. From left, Selena Mink, Angie Adams, Carolyn Browning and Jason Amyx.

## UK receives American Stroke Association award

The Kentucky Neuroscience Institute has received the American Stroke Association's Get With the Guidelines™-Stroke (GWTG-Stroke) Bronze Performance Achievement Award. The award recognizes the UK HealthCare stroke program's commitment and success in implementing a higher standard of stroke care by ensuring that stroke patients receive treatment according to nationally accepted standards and recommendations.

"Because stroke is a medical emergency, time is brain. Acute stroke must be diagnosed quickly, so that treatment can be started in a timely manner," said Dr. L. Creed Pettigrew, director of the UK Stroke Program. "UK received the GWTG - Stroke Bronze Performance Achievement Award for developing an organized system for rapid diagnosis and treatment of stroke patients admitted to the emergency department. This comprehensive system of stroke patient care includes always being equipped to provide brain imaging scans, having neurologists available to conduct patient evaluations and using clot-busting medications when appropriate."

To receive the GWTG-Stroke Bronze Performance Achievement Award, UK consistently followed the treatment guidelines in the GWTG-Stroke program for 90 days. These include aggressive use of medications like tPA, antithrombotics, anticoagulation therapy, DVT prophylaxis, cho-

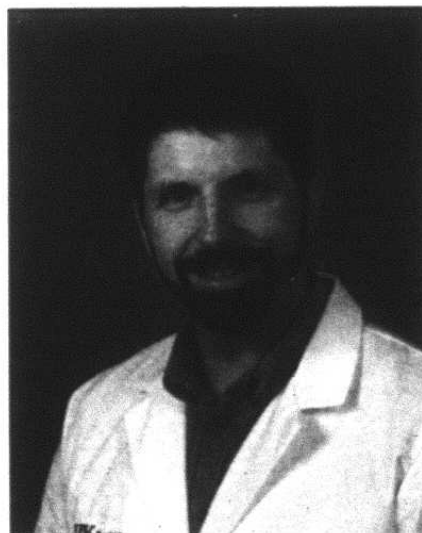
lesterol reducing drugs, and smoking cessation. The 90-day evaluation period is the first in an ongoing self-evaluation by the hospital to continually reach the 85 percent compliance level needed to sustain this award.

"The American Stroke Association commends the University of Kentucky for its success in implementing standards of care and protocols," said Lee H. Schwamm, national Get With The Guidelines Steering Committee Member and director of the acute stroke services at Massachusetts General Hospital in Boston. "The full implementation of acute care and secondary prevention recommendations and guidelines is a critical step in saving the lives and improving outcomes of stroke patients."

GWTG-Stroke uses the "teachable moment," the time soon after a patient has had a stroke, when they are most likely to listen to and follow their health care professionals' guidance. Studies demonstrate that patients who are taught how to manage their risk factors while still in the hospital reduce their risk of a second stroke. Through GWTG-Stroke, customized patient education materials are made available at the point of discharge, based on patients' individual risk profiles. The take-away materials are written in an easy-to-understand format and are available in English and Spanish. In addition, the GWTG Patient Management Tool provides access to up-to-date cardiovascular and stroke science at the point of care.

According to the American Stroke Association, each year approximately 700,000 people suffer a stroke - 500,000 are first attacks and 200,000 are recurrent attacks. Of stroke survivors, 21 percent of men and 24 percent of women die within a year, and for those aged 65 and older, the percentage is even higher.

# WELCOME



Mark Vranicar, M.D.

Please join us in welcoming Mark Vranicar, M.D. to our medical community.

Rockcastle Regional and UK HealthCare are pleased to announce that Mark Vranicar, M.D., a Pediatric Cardiologist, will be seeing patients on Fridays. Dr. Vranicar is board certified in pediatrics and pediatric cardiology.

For more information or to schedule an appointment, please call 256-4148.

**ROCKCASTLE  
REGIONAL**  
HOSPITAL & RESPIRATORY CARE CENTER

**UKHealthCare**  
Kentucky Children's Hospital



[ UK CONNECTIONS ]

# Don't leave children in hot cars

The risk of a serious injury or death during hot weather is heightened for children left alone in vehicles, the National Highway Traffic Safety Administration (NHTSA) warned recently. New research shows that for children, hyperthermia (heat-stroke) is the leading cause of non-crash vehicle deaths.

Even with the windows rolled down two inches, it only takes 10 minutes for the inside of a vehicle to reach deadly temperatures on a hot summer day, said Ronald Medford, acting deputy administrator of NHTSA. "Children should never be left alone in or around a motor vehicle, not even for a quick errand. Any number of things can go critically wrong in the blink of an eye."

Each year, 262 children under the age of 14 are killed and 115,000 are injured in not-in-traffic incidents on private roads, driveways and in parking lots, according to a new NHTSA study. Out of that number, 44 fatalities and 105,000 injuries are the result of non-crashes. These incidents include hyperthermia, strangulation by power windows, carbon monoxide poisoning and more. Many of the remaining deaths and injuries in not-in-traffic incidents are the result of a vehicle backing over a child that the driver did not see.

Parents and other caregivers need to be educated that a vehicle is not a babysitter or a play area, but it can easily become a tragedy," said Dr. Susan Pollack, a pediatrician at Kentucky Children's Hospital, and director of the pediatric and adolescent injury prevention program, Kentucky Injury Prevention Research Center (KIPRC).



"According to a study published in *Pediatrics*, already in 2009 there have been 11 deaths of infants being left inside a hot vehicle."

Last year there were a total of at least 42 such fatalities in the United States due to hyperthermia after children were left in hot cars, trucks, vans and SUVs. This followed 35 and 42 child deaths in 2007 and 2006 respectively. Since 1998 there have been at least a total of 425 of these needless tragedies. This study shows that these incidents can occur on days with relatively mild (i.e., ~ 70 degrees F) temperatures and that vehicles can reach life-threatening temperatures very rapidly.

## Prevent Hyperthermia

*Safety tips from the National Highway Traffic Safety Administration*

- Never leave a child unattended in a vehicle.
- Do not let your children play in an unattended vehicle. Teach them that a vehicle is not a play area.
- Never leave infants or children in a parked vehicle, even if the windows are partially open, or with the engine running and the air conditioning on.
- Make a habit of looking in the vehicle—front and back—before locking the door and walking away.
- If you are bringing your child to daycare, and normally it's your spouse or partner who brings the child, have your spouse or partner call you to make sure everything went according to plan.
- Ask your childcare provider to call you if your child does not show up for childcare. Do things to remind yourself that a child is in the vehicle, such as:
  - Writing yourself a note and putting the note where you will see it when you leave the vehicle;
  - Placing your purse, briefcase or something else you need in the back seat so that you will have to check the back seat when you leave the vehicle; or
  - Keeping an object in the car seat, such as a stuffed toy. When the child is buckled in, place the object where the driver will notice it when he or she is leaving the vehicle.
- Always lock vehicle doors and trunks and keep keys out of children's reach. If a child is missing, check the vehicle first, including the trunk.
- If you see a child alone in a hot vehicle, call the police. If they are in distress due to heat, get them out as quickly as possible. Warning signs may include: red, hot, and moist or dry skin, no sweating, a strong rapid pulse or a slow weak pulse, nausea or acting strangely. Cool the child rapidly. Call 911 or your local emergency number immediately.

## UKHealthCare

View doctor profiles on-line at:  
[rockcastleregional.org](http://rockcastleregional.org)

Jorge Alegria, M.D. • Cardiology  
 Michael Anstead, M.D. • Pulmonology (Adult & Pediatric)  
 Susanne Arnold, M.D. • Hematology & Oncology  
 Ketan Buch, M.D. • Pulmonology (Adult)  
 Charles Campbell, M.D. • Cardiology  
 Mara Chambers, M.D. • Hematology & Oncology  
 A'rab Chishti, M.D. • Pediatric Nephrology  
 Zoran Danov, M.D. Pediatric Pulmonology  
 Willem J. S. de Villiers, M.D. Ph.D. • Gastroenterology  
 Deborah Flomenhoff, M.D. • Pediatric Gastroenterology  
 Mauro Giordani, M.D. • Orthopaedic Surgery  
 Hussam Hamdalla, M.D. • Cardiology  
 Amy Hessler, D.O. Pediatric Neurology  
 Suman Jana, M.D. • Endocrinology

Christian Latterman, M.D. • Orthopaedic Surgery  
 Rick McClure, M.D. • Cardiology  
 David J. Moliterno, M.D. • Cardiology  
 Debabrata Mukherjee, M.D. • Cardiology  
 Robert Owen, M.D. • Neurosurgery  
 Edward Romond, M.D. • Hematology & Oncology  
 Bryan Rone, M.D. Gynecology  
 Scott Scutchfield, M.D. • Orthopaedic Surgery  
 Jignesh Shah, M.D. • Cardiology  
 Steven I. Shediovsky, M.D. • Gastroenterology  
 Mushabba Syed, M.D. • Cardiology  
 Rudolph M. Tovar, M.D. • Gynecology  
 Mark Vranicar, M.D. • Pediatric Cardiology

## [ COMMUNITY RELATIONS ]

## First-ever Healthy Joe Expo a hit with Rockcastle County men

Sixty-eight Rockcastle County men came out for the first-ever Healthy Joe Men's Health Fair on June 18.

The event, held during National Men's Health Week, was geared towards

men's health issues. It included health screenings and education, the opportunity to walk and run, and mini-presentations by doctors. Each participant was required to complete a personal health scorecard



Dr. Tony Arvin presented "The Top 10 Threats to Your Health" to attendees of the Healthy Joe Expo on June 18.



A Classic Car show "Tune up and tone up" was offered to get men revved up about their health at the Healthy Joe Expo.



Eric Smith, RN, right, checks the grip of a participant of the Healthy Joe Expo.



Nick Bastin, Physical Therapy, left, assists an attendee of the Healthy Joe Expo with a BMI check on June 18.

## Hospital wins Community Relations awards

Rockcastle Regional was recognized recently for community relations projects.

At the Kentucky Society for Hospital Public Relations and Marketing (KSHPRM) luncheon in Louisville, the hospital received four Certificates of Merit for projects completed during the 2008 calendar year. The community relations projects that were recognized included the Medical Arts Building patient exam room video featuring Dr. Kevin Rowe. The video is played for new patients while they wait in the exam room. It educates patients on health topics and disease prevention. Comments from the judges included "excellent way to introduce patients to practice and

procedures" and "great idea."

The hospital was also recognized for the quarterly publication Health Signal, the hospital's annual report and a speech given at Livingston Homecoming titled "A Reason to Celebrate." The KSHPRM



KSHPRM  
KENTUCKY SOCIETY FOR HEALTHCARE  
PUBLIC RELATIONS & MARKETING

awards were judged by the Tennessee Society for Hospital PR and Marketing.

"It's an honor to be awarded by a statewide organization that put us in competition with hospitals from across the Commonwealth," said Steve Estes, president and CEO of Rockcastle Regional. "We're pleased to be recognized in a competition that included public relations agencies and large healthcare systems."

## Hospital participates in Longest Day of Play and Community Health Fair

Several departments from Rockcastle Hospital participated in the annual Longest Day of Play & Community Health fair this year. Although the weather didn't cooperate for outside activities, the downpour didn't dampen the spirits of the volunteers or attendees. Most activities moved inside to the gym at Mount Vernon Elementary School and the night proceeded in hopes to educate and entertain.

Nearly 300 people visit-

ed hospital sponsored booths including blood pressure and weight checks, asthma education, nutritional information and infection control. Betty Purecell, Rockcastle Regional Wellness Coordinator and Community Health Council Chair, organized the event.

The event was held in hope that parents and children were encouraged to get moving and utilize the summer to be healthy and active, and make physical fitness a family event!



Nurses Jaime Smith, left, Tiffany Neoley, and Jodi Mays distributed vouchers for free cholesterol screenings to participants of the Longest Day of Play and Community Health Fair on June 17.



Respiratory Therapists Shauna McFarron and Rodney Weaver offered asthma education at the Longest Day of Play and Community Health Fair.



## The place where WOW happens.

Respiratory Care Center at Rockcastle Regional

Visit our Web site at [rockcastleregional.org/respiratory](http://rockcastleregional.org/respiratory) to learn more about the only respiratory care center in Kentucky that treats both adults and children.

[rockcastleregional.org/respiratory](http://rockcastleregional.org/respiratory)

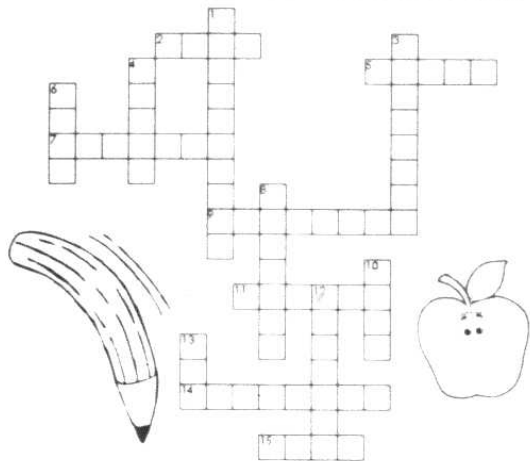


# Back-to-School

## Just for KIDS

### Back-to-School Puzzles & Activities

#### Back-to-School Crossword

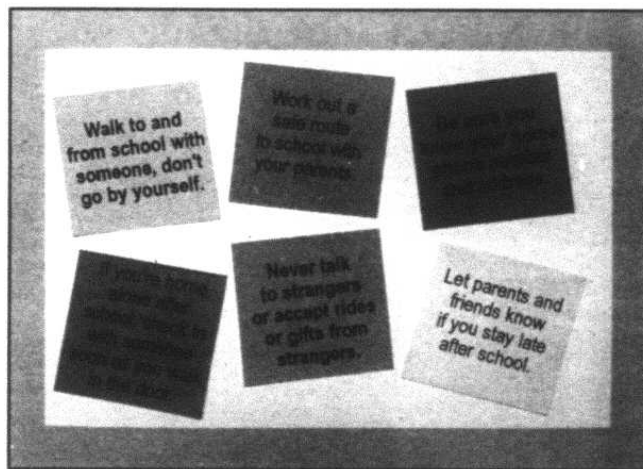


#### ACROSS

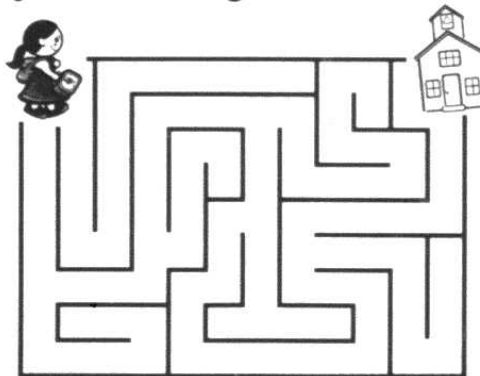
- When the \_\_\_\_\_ rings, it's time for \_\_\_\_\_ in class to start.
- We will read many \_\_\_\_\_ this year.
- Our \_\_\_\_\_ helps us learn new things.
- We write our assignments in a \_\_\_\_\_.
- Did you remember to sharpen your \_\_\_\_\_?
- We use \_\_\_\_\_ to cut paper.
- Sometimes we sit at our \_\_\_\_\_ and work quietly.

#### DOWN

- We play on the \_\_\_\_\_ during recess.
- After school, we do our \_\_\_\_\_.
- We learn \_\_\_\_\_ with our friends.
- We learn how to add and subtract during \_\_\_\_\_ class.
- Are you a good \_\_\_\_\_?
- This sticky stuff comes in a bottle or a stick.
- We use \_\_\_\_\_ to draw and color.
- Some students ride the \_\_\_\_\_ to school.



#### Help your friend get to school



# School Time

## Just for PARENTS

### Back-to-School Tips for Your Children

*Help your child have a safe and healthy school year*

#### BACKPACK SAFETY

- Choose a backpack with wide, padded shoulder straps and a padded back.
- Pack light. Organize the backpack to use all of its compartments. Pack heavier items closest to the center of the back. The backpack should never weigh more than 10 to 20 percent of the student's body weight.
- Always use both shoulder straps. Slinging a backpack over one shoulder can strain muscles.

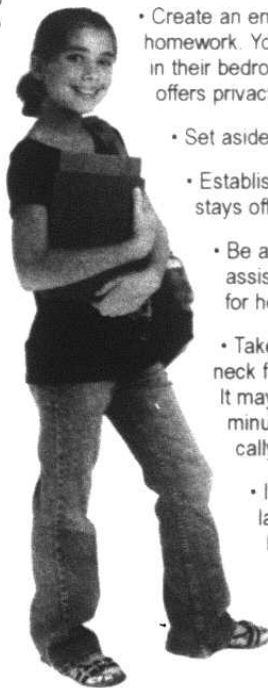
#### EATING DURING THE SCHOOL DAY

- Most schools regularly send schedules of cafeteria menus home. With this advance information, you can plan on packing lunch on the days when the main course is one your child prefers not to eat.
- Try to get your child's school to stock healthy choices such as fresh fruit, low-fat dairy products, water and 100 percent fruit juice in the vending machines.
- Each 12-ounce soft drink contains approximately 10 teaspoons of sugar and 150 calories. Drinking just one can of soda a day

increases a child's risk of obesity by 60%. Restrict your child's soft drink consumption.

#### DEVELOPING GOOD HOMEWORK AND STUDY HABITS

- Create an environment that is conducive to doing homework. Youngsters need a permanent work space in their bedroom or another part of the home that offers privacy.
- Set aside ample time for homework.
- Establish a household rule that the TV set stays off during homework time.
- Be available to answer questions and offer assistance, but never do a child's homework for her.
- Take steps to help alleviate eye fatigue, neck fatigue and brain fatigue while studying. It may be helpful to close the books for a few minutes, stretch, and take a break periodically when it will not be too disruptive.
- If your child is struggling with a particular subject, and you aren't able to help her yourself, a tutor can be a good solution. Talk it over with your child's teacher first.



# Q ANSWERS FROM OUR STAFF

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**Q** How can I incorporate more fruits and vegetables into my diet?

**A** Summer, with its abundance of fresh produce, is the perfect time to time to incorporate more fruits and vegetables in your diet. They offer great health benefits and do NOT have to be bland and boring. Think of fun and exciting ways you can add more fruit and vegetables into your diet. For instance add fresh berries to breakfast pancake, waffle or muffin batter. Mix fresh or dried fruit into oatmeal. At lunch and dinner, top a pizza with peppers and onions or place a few slices of tomato on a grilled cheese sandwich. Blend cooked cauliflower into mashed potatoes. Have a snack of yogurt with fresh fruit and granola. At dessert time, choose fruit sorbet instead of ice cream. Health benefits are the greatest when you eat 5-9 servings of fruits and vegetables a day. Every serving you add contributes to your health.

Recently the Wellness Council at Rockcastle Regional promoted a 5 A Day Challenge as a fun approach to encouraging employees to increase their fruit and vegetable intake. Participants received an eight week personal score sheet for tracking daily numbers of fruits and vegetables eaten. We had great fun along the way with rewards for those employees "caught in the act" of eating fruits and vegetables. Employees enjoyed sampling unusual fruit and vegetable dishes at our cooking shows. We celebrated at the end of eight weeks by offering specialty tossed salads and fruit salads in exchange for healthy recipes from employees for future sharing.

For more information about fruits and vegetables and 5 A Day, visit [www.mypyramid.gov](http://www.mypyramid.gov). Another good source of information is National Cancer Institute's 5 A Day website at [www.fruitsandveggiesmatter.gov](http://www.fruitsandveggiesmatter.gov). •



Betty Purcell, RN, MSN  
Wellness Coordinator

**Q** What are those new stations in the hospital and outpatient building that I have seen?

**A** Rockcastle Regional is ramping up our efforts to make every patient, visitor, and employee safer by preventing infections. The new hygiene stations in the lobbies, exam rooms, and work out area provide hygiene supplies for our patients and visitors in convenient locations. The Center for Disease Control's "Cover your Cough" campaign uses good respiratory etiquette and hand washing to help prevent the spread of many illnesses. Rockcastle Regional has joined that program by making it easy for those who visit our organization to protect themselves and others. Masks and tissues are available for those patients and visitors who need them.

The CDC estimates that 50% of all infections could be prevented with hand washing. Hand sanitizer bottles are located within the hygiene stations and wall mounted pumps are located throughout the campus. Patients, visitors, and employees are encouraged to perform hand hygiene before and after their visit. Please join us in helping to prevent the spread of infection within our community by utilizing our hygiene stations whenever you visit. If you would like more information about our infection prevention efforts at Rockcastle Regional, please contact our Infection Control office at 606-256-7762. •

Traci Bullens, RN  
Infection Control Coordinator



Join us and Glenn Ball in helping to prevent the spread of infection within our community by utilizing our hygiene stations whenever you visit Rockcastle Regional.



# From NICU to Big Kid

By Anielle Reese, Rockcastle Regional Community Relations Director

**N**oah and Ethan Fain practice writing the letter "d". As they make the "little line", "big line" and "circle" their mom, Melissa, looks on with a smile. She cannot believe her boys will soon start the first grade. Their perseverance and determination to get each "d" just right shows that they are used to overcoming obstacles. Born at just 28 weeks, Noah and Ethan are preemie miracles. The now six-year old twin brothers weighed less than six pounds combined when they were born.

Melissa says the road wasn't easy to get where the family is today. Noah and Ethan experienced health problems that premature babies usually have to deal with and remained at UK Hospital in the Neonatal Intensive Care Unit (NICU) for six weeks after they were born. They required special care including a ventilator, blood transfusions and a heart monitor. At birth, Noah weighed 2 pounds, 12 ounces and Ethan weighed 3 pounds, 1 ounce.

Their delicate lives were monitored closely even after they were home because they were still at risk and susceptible to health problems.

The doctor needed monthly updates to chart their progress. The boys started attended therapy when they were around eight months old.

Occupational, Speech and Physical Therapy helped the boys develop skills. They continue some therapy and just completed Rockcastle Regional's "Handwriting without Tears" class.

"It was a combination of intervention and a lot of prayer," said Melissa. "They aren't small or fragile at all anymore."

Melissa was on bed rest from about 20 weeks into the pregnancy. She was in the middle of

clinical rotations at the University of KY Pharmacy School. She completed pharmacy school and is now employed at Rockcastle Regional.

The boys have no lasting consequences of their premature birth. They actually are in the 97th percentile for height and are big brothers to Ezekiel who's almost 2. The boys are just awed when they look back at pictures of how tiny they used to be," said Melissa. "My husband David and I

look back on our family's journey and are so thankful for our little miracles."



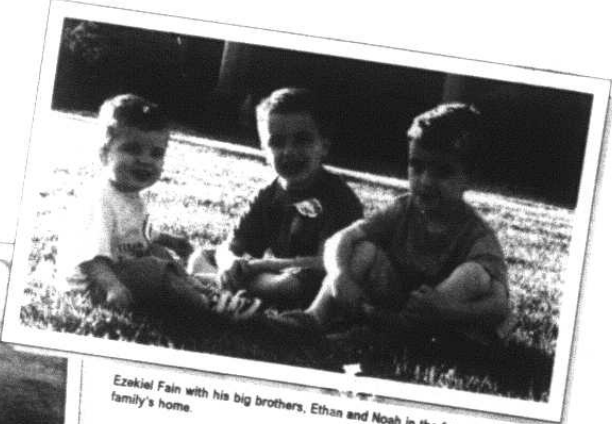
Ethan and Noah show off their handwriting skills at Rockcastle Regional's "Handwriting Without Tears" class.



Noah Fain weighed just 2 pounds, 12 ounces at birth. This photo was taken during the twins' six week stay in NICU.



Ethan Fain weighed 3 pounds, 1 ounce at birth. His tiny hands aren't much larger than his dad's fingertip.



Ezekiel Fain with his big brothers, Ethan and Noah in the front lawn of the family's home.

# MASH CAMP 2009



MASH Campers—Back row, Josh Bray-Health Careers Coordinator, Shawnee Eckert-Office Coordinator, Rebekah Ponder, Anna Poynter, Caitlin Mullins, Anthony Miller, Jacob Houk, McKinzi Todd, Regina Burton-RCMS Middle row, Karen Adams-Health Careers Coordinator, Alyssa Cox, Keeley Goff, Cali Parker, Hannah Whitaker, Callie Asher, Robert Renner. Front, Charles Cornelius, Justin Houk, RC Kirby

## AHEC, hospital hosts MASH Camp for middle school students

Rockcastle County Middle School students spent the week of June 22-26 at Rockcastle Regional Hospital and Respiratory Care Center learning more about health care careers at MASH camp. MASH (Math and Science for Health Careers) is in its fourth year. Josh Bray, Health Careers Coordinator for Southern KY AHEC (Area Health Education Center) was the camp director for the 17 middle school students enrolled. Regina Burton, a teacher at Rockcastle Middle School and four junior camp counselors assisted Josh with the camp.

Campers toured Rockcastle Regional during the camp. Hospital staff gave presentations, department tours, and conducted hands-on activities with students to enhance their understanding of the many opportunities in health care. Camp activities included: observing a pre-op scrub, practicing suturing, taking vital signs, working with nursing staff, learning about respiratory services, measuring oxygen saturation levels through pulse ox, learning medical terminology in a fun Jeopardy game, dissecting frogs, making DNA pendants from their own DNA, making healthy wraps and fruit smoothies with the dietetics department, learning how to fill a prescription and researching patient education information with a phar-

macist, and using physical therapy and occupational therapy equipment.

A field trip to the University of Kentucky's Science Outreach Center exposed students to the marvels of human anatomy. Campers also visited the UK Minimal Invasive Surgery Lab where surgical residents in medical school practice surgery in a virtual surgery lab and actually use equipment to practice surgical techniques. Campers participated in surgical procedure demonstrations using the sophisticated equipment.

Mr. Stephen A. Estes, President and CEO of Rockcastle Regional, welcomed the students on the first day of the camp, emphasizing the need for health care workers in our region and state. The serious shortage of health care workers in our area and the entire nation is due to the influx of baby boomers who are flooding the health care system as well as

because many baby boomers are retiring from the healthcare workforce. Medical technology advances are also making higher demands on the health care workforce.

Highlights for most of the campers were the field trip to UK, dissecting a frog and the new surgery center at Rockcastle Hospital. One student said, "I really liked UK because I got to hold a human heart." Others were excited because they got opportunities that they had never experienced before such as seeing the internal organs of a frog.



McKinzi Todd, right, checks out Caitlin Mullins' heart at the recent MASH camp held for middle school students.

A MASH camp reunion is currently being planned. Campers from this and previous years will soon have the opportunity to reunite and share stories of how the camp has impacted their career choices and lives. For more information about health careers and AHEC activities contact Southern Kentucky AHEC at 606-256-0950.





You're invited to a free catered dinner and a presentation entitled

## "Preventing Drug Abuse"

*Karen Saylor, M.D.*

## "How to Drug-Proof Kids"

*John and Nancy Hale*

**August 27, 2009 • 6:00 p.m.**  
Sunrise Baptist Church

Please sign up call by calling Arielle Reese  
at 256-7880 before August 21.

Sunrise Baptist Church is located 1/2 mile off Hwy. 39  
in Pulaski County (14 miles from Mt. Vernon). For detailed directions  
call Pastor Jesse McCoy at 606-872-1212 or 606-679-1212.



145 Newcomb Avenue ■ Mt. Vernon, KY 40456 ■ Tel (606) 256-2195

www.rockcastleregional.org

1-866-OP-UNITE

## Study shows school-based prevention program reduces problem behaviors

### Researchers See Drop in Rates of Substance Abuse, Violence and Early Sexual Activity

A study suggests that school-based prevention programs begun in elementary school can significantly reduce problem behaviors in students. Fifth graders who previously participated in a comprehensive interactive school prevention program for one to four years were about half as likely to engage in substance abuse, violent behavior, or sexual activity as those who did not take part in the program. The study, supported by the National Institute on Drug Abuse (NIDA), a component of the National Institutes of Health, will appear in the August 2009 print issue of the American Journal of Public Health.

"This study provides compelling evidence that intervening with young children is a promising approach to preventing drug use and other problem behaviors," said NIDA Director Dr. Nora Volkow. "The fact that an intervention beginning in the first grade produced a significant effect on children's behavior in the fifth grade strengthens the case for initiating prevention programs in elementary school, before most children have begun to engage in problem behaviors."

The study was conducted in 20 public elementary schools in Hawaii. Participating schools had below-average standardized test scores and diverse student populations with an average of 55 percent of students receiving free or

reduced-price lunches. The intervention tested was Positive Action (PA), a comprehensive K-12 social and emotional development program for enhancing behavior and academic achievement. Schools were randomly assigned from matched pairs to implement PA or not. The program consists of daily 15-20 minute interactive



lessons focusing on such topics as responsible self-management, getting along with others, and self-improvement. At schools implementing the intervention, these lessons occupied a total of about one hour a week beginning in the first or second grade. In fifth grade, 976 students (most aged 10 or 11) responded to a written questionnaire that asked about their use of substances, including tobacco, alcohol, and illicit drugs, involvement in violent behaviors, such as carrying a knife or threatening someone, and voluntary sexual activity. The total number of students reporting that they had engaged in any of these behaviors was small. Strikingly, however, students exposed to the PA program were about half as likely to report engaging in any of these behaviors as students not exposed to PA. Among students who were exposed to PA, those who had received the lessons for three or more years reported the lowest rates of experience with any of these problem behaviors.

Source: *The National Institute on Drug Abuse*

[ YOUR HEALTH ]

# High Blood Cholesterol: What You Need To Know

## Why Is Cholesterol Important?

Your blood cholesterol level has a lot to do with your chances of getting heart disease. High blood cholesterol is one of the major risk factors for heart disease. A risk factor is a condition that increases your chance of getting a disease. In fact, the higher your blood cholesterol level, the greater your risk for developing heart disease or having a heart attack. Heart disease is the number one killer of women and men in the United States. Each year, more than a million Americans have heart attacks, and about a half million people die from heart disease.

## How Does Cholesterol Cause Heart Disease?

When there is too much cholesterol (a fat-like substance) in your blood, it builds up in the walls of your arteries. Over time, this buildup causes "hardening of the arteries" so that arteries become narrowed and blood flow to the heart is slowed down or blocked. The blood carries oxygen to the heart, and if enough blood and oxygen cannot reach your heart, you may suffer chest pain. If the blood supply to a portion of the heart is completely cut off by a blockage, the result is a heart attack.

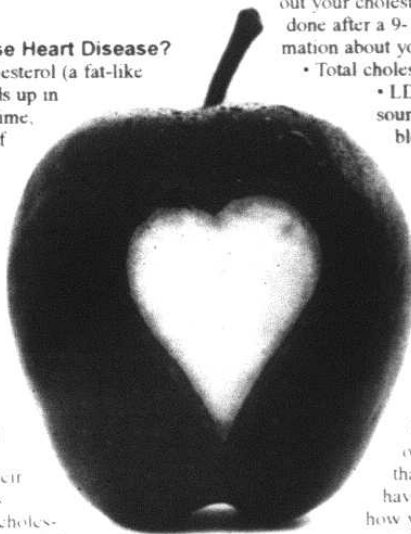
High blood cholesterol itself does not cause symptoms, so many people are unaware that their cholesterol level is too high. It is important to find out what your cholesterol numbers are because lowering chole-

sterol levels that are too high lessens the risk for developing heart disease and reduces the chance of a heart attack or dying of heart disease, even if you already have it. Cholesterol lowering is important for everyone—youth, middle age, and older adults, women and men, and people with or without heart disease.

## What Do Your Cholesterol Numbers Mean?

Everyone age 20 and older should have their cholesterol measured at least once every 5 years. It is best to have a blood test called a "lipoprotein profile" to find out your cholesterol numbers. This blood test is done after a 9- to 12-hour fast and gives information about your:

- Total cholesterol
- LDL (bad) cholesterol—the main source of cholesterol buildup and blockage in the arteries
- HDL (good) cholesterol—helps keep cholesterol from building up in the arteries
- Triglycerides—another form of fat in your blood



If it is not possible to get a lipoprotein profile done, knowing your total cholesterol and HDL cholesterol can give you a general idea about your cholesterol levels. If your total cholesterol is 200 mg/dL or more or if your HDL is less than 40 mg/dL, you will need to have a lipoprotein profile done. See how your cholesterol numbers compare to the tables below.

## KNOW YOUR LEVELS

### Free Cholesterol Screenings

September 14-18 • 7 a.m. to 10 a.m.  
Rockcastle Regional Outpatient Services Center  
(Second floor)

No appointment necessary.

Total Cholesterol Level	Category
Less than 200 mg/dL	Desirable
200-239 mg/dL	Borderline High
240 mg/dL and above	High

\* Cholesterol levels are measured in milligrams (mg) of cholesterol per deciliter (dL) of blood.

## PROTECT YOUR HEART Lower Your Blood Cholesterol!

Take steps to lower your risk for high blood cholesterol.

### Eat heart-healthy foods.

- Skim or 1% milk
- Low fat frozen yogurt
- Low fat or fat free cheese
- Fish
- Turkey and chicken without skin
- Lean cuts of meat
- Cereals, pasta, lentils, and beans
- Whole grain breads
- Fruits and vegetables

### Go easy on these foods.

- 2% milk
- Oils and margarine
- Nuts

### Cut back on these foods.

- Whole milk
- Creams and ice creams
- High-fat cheeses
- Butter
- Fatty cuts of meat
- Egg yolks

### Be physically active every day.

Choose activities that you and your family can enjoy.

- Walk
- Do aerobics
- Garden
- Dance
- Play sports
- Jump rope with your kids

### Try losing weight slowly.

Aim for a healthy weight. Take steps to lose weight if you are overweight.

- Cut back on foods high in fats and calories.
- Eat smaller portions.
- Eat fruits and vegetables for snacks.
- Bake, broil, or boil your foods.
- Be active every day.

## [ WOMENS HEALTH ]

# Take a closer look

## October is Breast Cancer Awareness Month

### Not just once, but for a lifetime Mammograms can save lives

**What is a mammogram?** A mammogram is a low-dose X-ray picture of the breast. A mammogram along with a breast exam by your doctor or nurse can find breast cancer at an early stage when it can best be treated. A mammogram does not cause cancer. Because the amount of radiation used is very low, the risk of any harm is extremely small.

**What happens during a mammogram?** A mammogram is a simple test. When you go for a mammogram, the technician taking the picture will place your breast between two X-ray panels. The panels will push your breast between them to get a clear picture. You may feel a little bit of discomfort but each X-ray takes less than 1 minute.

**Who should get one?** Women in their 40s and older should get a mammogram every 1 to 2 years. A woman's chance of getting breast cancer is greater as she ages.

**Why should I have one?** Mammograms can save your life by finding breast cancer early. A mammogram can show cancer that is too small for you or your doctor to feel. When breast cancer is found early, you have more treatment options. Early detection will give you more treatment options and certainly a better chance to survive.

**How will I pay?** If you have Medicare and are aged 40 or older, Medicare pays for most of the cost of a screening mammogram every 12 months. If needed, Medicare will pay for a diagnostic mammogram at any time. There may also be low- and no-cost screening programs where you live.

#### How do I get a mammogram?

- ✂ Ask your doctor today about a referral
- ✂ If you have Medicare, it pays for most of the cost of your mammogram once every 12 months
- ✂ Check with your insurance plan about costs and copayments
- ✂ Make an appointment with a mammography center approved by the U.S. Food and Drug Administration (FDA). Your doctor or nurse can help you find one.
- ✂ When you go for your mammogram, do not wear lotions, powders, perfumes, or deodorant. They can cause shadows on the X-ray picture.
- ✂ Follow up with your doctor to get the results.

## September is Ovarian Cancer Awareness Month

### Understanding ovarian cancer

Ovarian cancer is a disease in which malignant (cancer) cells form in the tissues of the ovaries. The ovaries are a pair of organs in the female reproductive system. They are located in the pelvis, one on each side of the uterus (the hollow, pear-shaped organ where a fetus grows). Each ovary is about the size and shape of an almond. The ovaries produce eggs and female hormones (chemicals that control the way certain cells or organs function).

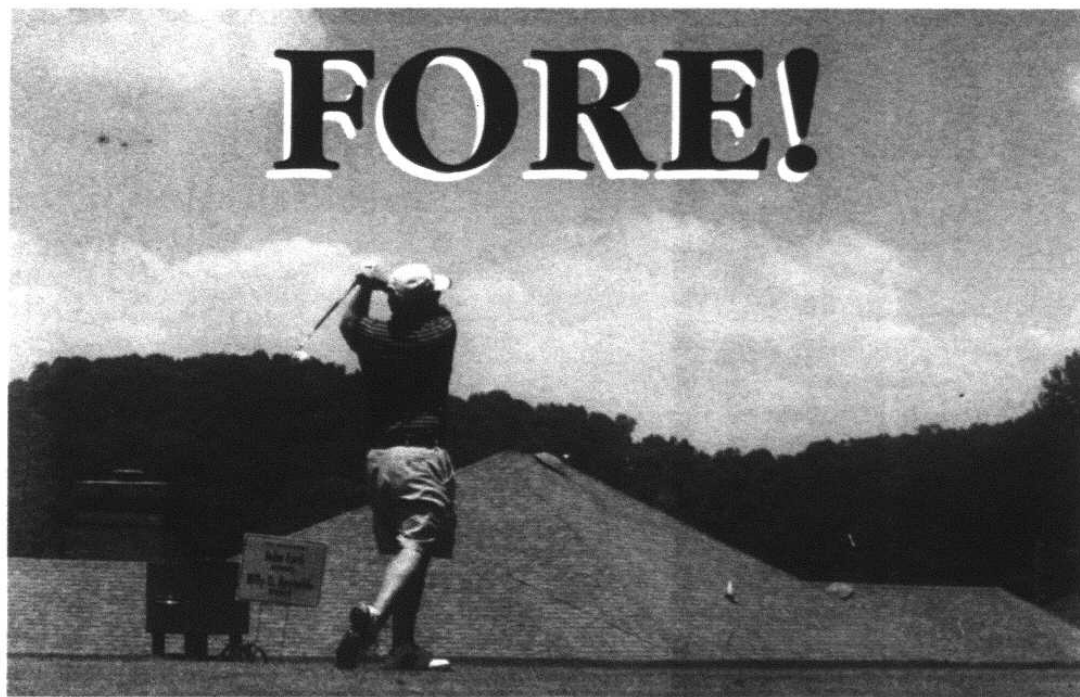
In the United States, ovarian cancer is the fifth leading cause of cancer death in women. Ovarian cancer is also the leading cause of death from cancer of the female reproductive system. From 1987 through 2002, the number of ovarian cancer cases went down slightly and the number of deaths from ovarian cancer remained about the same.

Age and a family history of ovarian cancer can affect the risk of developing ovarian cancer. Anything that increases your chance of getting a disease is called a risk factor. Risk factors for ovarian cancer include the following:

- ✂ Being older
- ✂ Having a family history of ovarian cancer
- ✂ Taking hormone replacement therapy after menopause
- ✂ Using fertility drugs
- ✂ Having increased levels of CA 125
- ✂ Obesity
- ✂ Having certain hereditary conditions, such as hereditary nonpolyposis colon cancer (HNPCC), also called Lynch Syndrome.

Certain factors may decrease a woman's risk of developing ovarian cancer. Women who have taken oral contraceptives ("the pill"), given birth, breast-fed, or had a tubal ligation or hysterectomy have a lower than average risk of developing ovarian cancer. Prophylactic oophorectomy (removal of healthy ovaries) decreases ovarian cancer risk in women who have an altered gene related to breast cancer.





## Hospital raises \$5,000 for WHAS Crusade for Children

Rockcastle Regional held its Golf Scramble on June 24, 2009 on the lush fairways of Fagle's Nest Country Club in Somerset. Twelve foursomes gathered to raise money for WHAS Crusade for Children. The weather was hot, but the day couldn't have been better! The event raised \$5,000.

WHAS Crusade for Children wasn't the only winner of the day. The team sponsored by Community Trust Bank came in first place, followed by the team sponsored by UK HealthCare in second, and the team sponsored by PBK Bank came in third. Andrew Pensol was the winner in the closest to the pin contest. Jordan Cash

won the longest drive contest.

The event wouldn't have been possible without the generous support and time of many people. Thanks to all those who sponsored beverage carts, holes, and teams: Seneca Medical, UK Physician Liaison Program, Rockcastle Health & Rehabilitation Center, Bissell's, UK HealthCare, Community Trust Bank, Morgan Plumbing, Rockcastle Medial Arts, Dean, Dorton & Ford, Schuler's Custom Wood, John Ford Attorney, Billy D. Reynolds Attorney, Newtech Systems, Good Neighbor Pharmacy, Bluegrass BioMed, Flav-O-Rich, Mt. Vernon-Rockcastle Tourist Commission, Custom Logo Wear, Citizens Bank,

Ferguson Enterprises, KHA Solutions Group, Healthcare Management Systems, Kentucky Pharmacists Association and PBK Bank. Special thanks to Climax Water-King Bottling and the Daniel Boone Community Action Agency.

Since 1990 Rockcastle Regional has participated in annual fundraising, including a softball tournament, golf scrambles, roadblocks and solicitation of money from local businesses and hospital employees, to raise for \$73,069 the WHAS Crusade for Children. To date, Rockcastle Regional has received \$442,585 from the Crusade and purchased two trip vans and numerous pieces of equipment including a specialized bathtub and portable ventilators.



Pictured is the winning team sponsored by Community Trust Bank. From left, Ricky Farmer, Richie Bray, Burt King and Phil Gundy.



Pictured is the second place team from UK—Dennis Kamann, Mike Gowin, Kevin Caudill, and Bryon Gabbard.



Pictured is the third place team from PBK Bank—Jake Woodall, Josh Bray, Mark Bishop, and Zach Gentry.

# NEWS AND NOTES FROM OUR TEAM



**Chris Kemker**

## Kemker joins Speech Therapy Department

Chris Kemker has joined the Speech Therapy Department at Rockcastle Regional. A native of Elizabeth town, Chris received his bachelor's degree in Health Sciences and master's degree in Speech-Language Pathology from the University of Kentucky. Chris is a licensed Speech-Language

Pathologist. He currently lives in Lexington with his wife Amy and enjoys serving with his church, spending time with family and friends and writing and playing music.

When asked what he loves most about his job at Rockcastle Regional he said, "The best part of my day is any-time I get to help a resident communicate with their family. Helping people to bridge that gap and regain their voice is an absolute joy and blessing for me."



**Brandie Taylor**

## Taylor named Director of Speech Therapy

Brandie Taylor is the new Director of Speech Pathology at Rockcastle Regional. Brandie has a Master of Arts in Communication Disorders from Eastern Kentucky

University. She has worked at Rockcastle Hospital since July of 2006.

"I feel very grateful to be the director," said Brandie about her new position. "This year has been full of changes for me, but thankfully Rockcastle is very accepting and patient. Everyone has really helped make the transition smoother for me."



**Melissa Brock**

## Brock named president of KSHAP

Melissa Brock, Administrative Assistant and Oncology Service Line Manager, has been nominated by her peers and selected to serve as the 2009 President-elect for the Kentucky Society of Healthcare Administrative Professionals (KSHAP), an allied society of the Kentucky Hospital Association effective July 1, 2009. The purpose of KSHAP is to promote education and enhance the skills of administrative professionals throughout Kentucky's

many healthcare organizations. "I'm honored to be recognized by my peers and delighted to have the opportunity to expand the network of healthcare professionals as support resources for their department managers, administration, board of directors and medical staff in their hometown community hospitals," said Brock. "Providing current and valuable educational programs to raise the standard of performance, to provide mentoring for healthcare professionals and developing new administrative professionals are all things I look forward to in my role at KSHAP."



**Dwain Harris**

## Harris named president of KRHA

Dwain Harris began his one-year term as president of the Kentucky Rural Health Association this month. Harris is the director of the Southern KY Area Health Education Center housed at Rockcastle Regional Hospital.

The mission of the KRHA is to educate and advocate for health issues related to rural Kentucky, specifically to ensure the equitable distribution of and access to health care for rural Kentuckians.

"I am honored to be named president of this fine organization," he said, "I am very passionate about its mission and look forward to using the time to help make a difference."

Harris took the gavel at the group's annual conference in Frankfort in July.



# ROCKCASTLE REGIONAL

HOSPITAL ■ RESPIRATORY CARE CENTER

## Medical Staff

### Physicians Based in Rockcastle County

- |                           |                              |
|---------------------------|------------------------------|
| Jon A. Arvin, M.D.        | Family Practice              |
| David L. Brabon, M.D.     | Plastic Surgery              |
| David S. Bullock, M.D.    | Family Practice              |
| Kimberly Cornelius, M.D.  | Internal Medicine/Pediatrics |
| Thomas Fowles, M.D.       | Family Practice              |
| Eduardo R. Gomez, M.D.    | Radiology                    |
| George W. Griffith, M.D.  | Family Practice              |
| William P. McElwain, M.D. | Family Practice              |
| Kevin Rowe, M.D.          | Family Practice              |
| Karen B. Saylor, M.D.     | Internal Medicine/Pediatrics |
| Callie Shaffer, M.D.      | Pediatrics                   |
| Jon Strauss, M.D.         | Family Practice              |
| Nancy Vance, M.D.         | Emergency Medicine           |

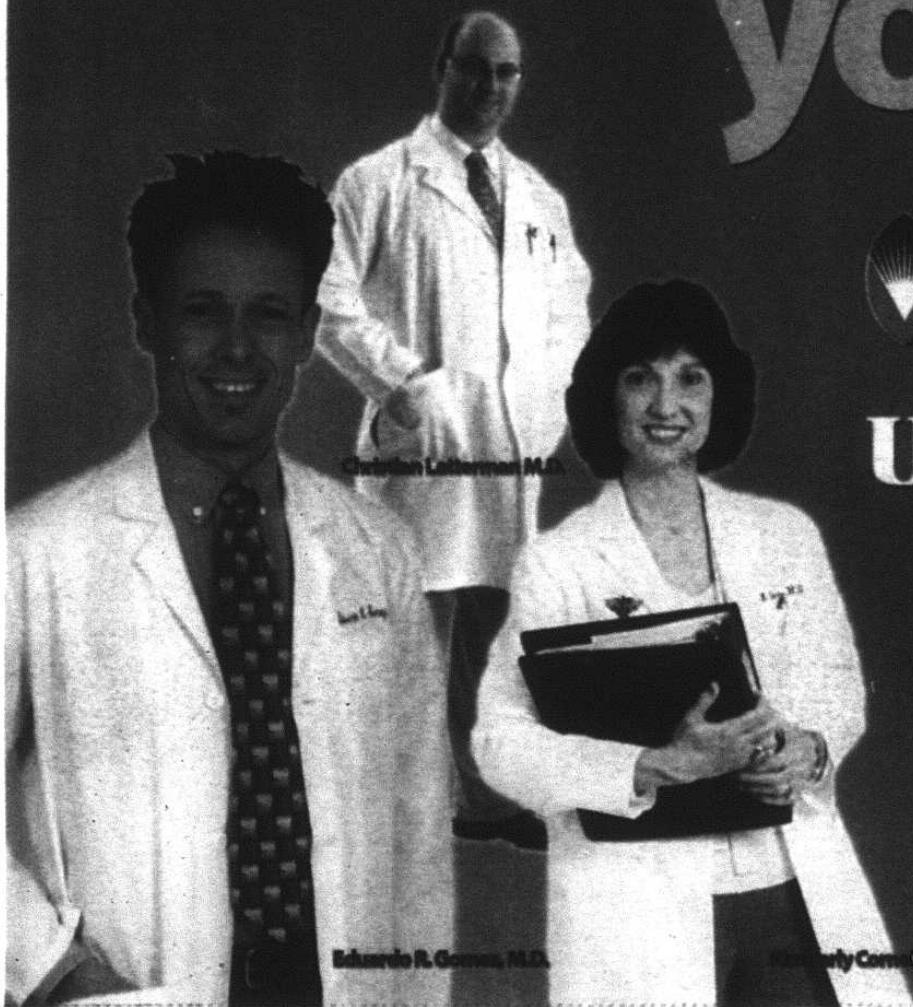
### Visiting Physicians

- |                                |                            |
|--------------------------------|----------------------------|
| Jorge Alegria, M.D.            | Cardiology                 |
| Michael Anstead, M.D.          | Pulmonology                |
| Susanne Arnold, M.D.           | Oncology                   |
| Azhar Aslam, M.D.              | Cardiology                 |
| Ketan Buch, M.D.               | Pulmonology                |
| Lee Cain, O.D.                 | Optometry                  |
| Charles Campbell, M.D.         | Cardiology                 |
| Jennifer Chadwell, D.M.D.      | Dentist                    |
| Mara C. Chambers, M.D.         | Oncology                   |
| Aftab S. Chishti, M.D.         | Pediatric Nephrology       |
| Terry D. Clark, M.D.           | Pathology/Cytopathology    |
| James K. Crager, M.D.          | Cardiology                 |
| Zoran Danov, M.D.              | Pediatric Neurology        |
| Willem J. S. de Villiers, M.D. | Gastroenterology           |
| Jonathan M. Doty, M.D.         | Otolaryngology             |
| Deborah R. Flomenhoft, M.D.    | Pediatric Gastroenterology |
| Mauro Giordani, MD             | Orthopaedic Surgery        |
| Hussam Hamdalla, M.D.          | Cardiology                 |
| Amy Hessler, D.O.              | Pediatric Neurology        |
| Suman Jana, M.D.               | Endocrinology              |
| Michael Jones, M.D.            | Cardiology                 |
| Alam N. Khan, M.D.             | Neurology                  |
| Christian Knecht, M.D.         | General Surgery            |
| Paul K. Krestik, D.P.M.        | Podiatry                   |
| Christian Lattermann, M.D.     | Orthopaedic Surgery        |
| Iraklis Livas, M.D.            | Allergy/Immunology         |
| Anne P. Marshall, M.D.         | Pathology/Cytopathology    |
| David J. Moliterno, M.D.       | Cardiology                 |
| Debabrata Mukherjee, M.D.      | Cardiology                 |
| Rick R. McClure, M.D.          | Cardiology                 |
| Robert D. Owen, M.D.           | Neurosurgery               |
| Fred Picklesimer, M.D.         | Pathology/Cytology         |
| Anthony Rogers, M.D.           | Cardio/Thoracic Surgery    |
| Edward Romond, M.D.            | Oncology                   |
| Bryan Rone, M.D.               | Gynecology                 |
| Scott Scutchfield, M.D.        | Orthopaedics               |
| Jignesh Shah, M.D.             | Cardiology                 |
| Steven Shedlofsky, M.D.        | Gastroenterology           |
| Mushabba Syed, M.D.            | Cardiology                 |
| Rudolph M. Tovar, M.D.         | Gynecology                 |
| John P. Tuttle, M.D.           | Urology                    |
| Mark Vranicar, M.D.            | Pediatric Cardiology       |
| Byron T. Westerfield, M.D.     | Sleep Medicine             |
| Denis Yalkut, M.D.             | Urology                    |

Good doctors remember  
all the scientific names.

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