Mount Vernon Signal

Serving Rockcastle County Since 1887

Mount Vernon, Kentucky 40456 - (606) 256-2244

Volume 124 • Number 34

.50 per copy - Thursday, July 22, 2010 At regular meeting of Mt. Vernon Council



The Rockcastle County **Chamber of Commerce expe**rienced a good turnout during their annual cookout at the **Kentucky Music Hall of Fame** and Museum on Tuesday. **Above, the Mountain Connec**tion band, a bluegrass and appalachian style band with deep roots in Southeastern Kentucky, provided live entertainment for those in attendance. From left are band members Gary Combs, Justin Baker, Kelly Caldwell and Malachi Smith. At right, Jerry Sims, of RTEC, Gary Mink, owner of Mink Builders, and Jon Adams, of Citizens Bank, are shown before the festivities began. To join the Chamber, call 256-0070 or visit rockcastlecountychamber.com



Busy week in Rockcastle Circuit Court

Hopkins sentenced to two years for welfare fraud

Commonwealth Attorney Eddie Montgomery's office was busy this week resolving a number of involving Rockcastle Countians.

According to Assistant Commonwealth Attorney, Jeremy A. Bartley, who handled the prosecutions, said the following cases were heard on Friday, July 14, 2010 in front of Circuit Judge Jeffrey Burdette.

Angela Hopkins, 34, Brodhead, was sentenced to two years imprisonment following her guilty pleas to Welfare Fraud and Second Degree Trafficking in Controlled Substances. She was given a report date of August 9 to begin service of her sentence.

Andrew Thomas, 20, Brodhead, was sentenced to two years imprisonment following revocation of his probationary sentence. Thomas stipulated that he had violated the conditions of his probation by failing to complete drug treatment.

Jason Northern, 32, Mt. Vernon, pled guilty to Tampering with Physical Evidence and was sentenced to one year in prison.

Eddy Gentry, 33, Mt. Vernon, pled guilty to Criminal Possession of a Forged Instrument and Contempt of Court following his attempt to elude authorities when they tried to serve him with a warrant. He was sentenced to one year in prison on the Forged Instrument charge and six months for Contempt of Court. The sentences are to run concurrently.

On Wednesday the 14th, two more cases were brought to a close.

Lisa Mason, Brodhead, pled guilty to Theft of Controlled Substances. Bartley recommended eighteen months

imprisonment. Final sentencing was set for August 13, 2010.

Farley Newcomb, 32, Livingston, pled guilty to Possession of a Controlled Substance, First Degree. The Commonwealth recommended a sentence of one year imprisonment. Final sentencing was set for August 13, 2010.

Bid awarded for Newcomb/School streets project

The City of Mount Vernon officially awarded the contract for the Newcomb Avenue/School Street project on Monday

A total of four contractors submitted a bid. The award went to the low bidder, Todd Johnson Contracting, out of Danville. The company will do the job for just over \$156,000.

The city has a total of \$300,000 in funds to work with on the project. Mayor Cromer explained that \$200,000 has been set aside specifically for this project a few years after it was secured in the state legislature by Representative Danny Ford and Senator Ed Worley. Cromer said that the two legislators were able to secure the additional \$100,000 in this budget cycle.

Other expenses related to the project include a \$10,000 property purchase to the Board of Education, \$6,000 to Rockcastle Regional Hospital and \$6,000 to Mount Vernon Drug. Windstream Communications will need \$12,645 to move all of their cables and equipment whle NewWave Communications will require \$1,353 for the project.

Another item on the agenda related to the city's

water tank farm. Mayor Cromer said serious concerns have been raised in recent weeks regarding the adequacy of their storage tanks. The state reportedly requires 24 hours of storage should a power outage occur. Cromer said after a 3 hour power outage, the tanks were almost empty..

The council authorized Mayor Gary Cromer to have a hydraulic analysis performed that will indicate what needs to be done to correct the problem.

The last item that was discussed was a request for the city to be involved in an advertising campaign promoting Renfro Valley.

Apparently, there was a miscommunication between Mayor Cromer and Susan Laws, CEO of the Tourist Commission as Laws said, at the meeting, that she didn't realize the request was going to be on the agenda.

Laws explained to the Signal that the request she made was on behalf of the Tourist Commission and that the campaign would promote both Renfro Valley and the Hall of Fame and Museum on satellite television She said the funds requested are part of the proceeds from the city's

(Cont. to A8)



Game Warden Chris King, at right, along with Constable Chris Mason are shown above with a number of bags of stolen moss. According to King, Adam Hellard was arrested Monday on state charges of stealing moss from the Daniel Boone National Forest. Mason has reportedly been receiving numerous calls about moss also being stolen from private land. King said that he and a federal agent from the Forestry Service are conducting an ongoing investigation and the federal charges against Hellard will also be pending. Moss is often used in floral arrangements and can carry some value, King said.

Little World's Fair set for August 2-7

will officially kick-off Monday, August 2 with the gates opening at 5:30 and the Midway at 6 p.m. On Monday night, the featured entertainment will be a Demo Derby.

Fair-related events will be held Saturday, July 31st with a horse show beginning at 6 p.m. Admission will be \$5.

On Sunday, August 1st, there will be a Super lawn Tractor Pull at 1 p.m. and a Corn Hole Tournament at 2 p.m. Admission will be \$5 for these events.

The midway will open at 6 p.m. daily and, on Tuesday, it will be Kids' Night - 1/2 price admission for children 12 and under. There will also be a Mule Pull and Petting Zoo on Tuesday night.

On Wednesday night, the Ky Outlaws's Truck

The Little World's Fair Pull will be featured, on Thursday, there will be a KTPA Truck Pull and on Friday and Saturday, there will be mud runs.

> For rules and information. go www.brodheadfire.com. All proceeds go to the Brodhead Fire Depart-

UConn makes Sara Hammond scholarship offer

Rockcastle County girls basketball player Sara Hammond officially has a scholarship offer on the table from the UConn Huskies.

Last week, it was reported that UConn head coach Geno Auriema had "shown interest" in the Rockcastle County super-

(Cont. to A8)



The car accident shown above occurred at the intersection of Highway 150 and Dug Hill Rd. on Saturday afternoon. According to Sheriff Mike Peters, Katrina Chasteen, of Mt. Vernon, was driving a 1999 Chevy Malibu when she rear-ended Elaine Cummins, of Brodhead, who was driving a 1986 Ford. Neither party was injured. Chasteen is shown above being consoled by someone at the accident scene.

The Roots of Rockcastle by: Tonya J. Cook



Recently, I've spoken with Kathleen Hunt, and she has been so kind to share with me some of her rich memories of her life and growing up here in Rockcastle County. One of her friends remarked that she doesn't have a memory, but a library of information in her mind.

Some of her first memories are that of growing up in Livingston. It was the "golden age" of the town. She was born in Livingston in 1924, and lived there until 1940, before moving to another section of the county. She lived in a house that still stands just across the street from the post office with her parents, Emmett and Telitha Quinn.

Emerson Rice later bought the house, and had to complete a little work on the second floor.

As we know, in those days the L&N Railroad played a large part in the lives of locals, especially in Livingston. It also played a large part in the life of Kathleen's family. Her father fired the engine, and her grandfather was an engineer. If her grandfather was engineering a local route and came through town around lunchtime, he sounded a special signal with the blowing of the train's horn. Her grandmother knew what this meant: he was in town, and she was to deliver his lunch.

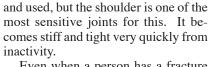
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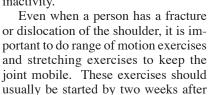
Frozen Shoulder

Presented by Dr. Kimberly Cornelius

Many things can lead to a stiff, frozen shoulder--tendonitis, fractures, infections, and surgery are a few. The end result, however, is the same--a stiff and painful shoulder that prevents you from combing your hair, throwing a ball, and many other normal activities.

The underlying cause is immobilization of the shoulder. All joints tighten up if they are not continually stretched





Once the joint has become frozen, it is a difficult problem to correct. Physical therapy is very important. You must keep working at the stretching exercises several times

A frozen shoulder often improves with time, but that may take two to three years, and some never improve completely. Your orthopedic surgeon might recommend surgery. Under anesthesia, the tight joint capsule is stretched to break down the adhesions. After surgery, aggressive physical therapy is needed to maintain the benefits of surgery and increase the mobility of the shoulder and regain the strength that has been lost.

The best treatment is prevention. Taking care of minor problems, such as tendonitis and bursitis, can allow a person to stay as active as possible. And remember, only by continually using a joint will it stay mobile and useful.

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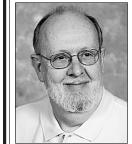
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Rockcastle Memories

By David J. Griffin

Pop's Incomparable Souse It's awfully early in the year to talk about hog killing time, but I can't help myself. Last week I was having breakfast in a local restaurant with some of my senior citizen "buds" when one of them asked, "Do you guys like oldtime souse meat?" To which I replied, "My grandfather (Pop) used to make the best souse that I have ever tried. I would love to have some on a cracker right now."

Don Lowry lamented, "You just cannot find good souse meat any more, and I agree that fresh souse is really good." This topic took me back to the time when I lived with Pop and Mommie Katie on their small farm in Rockcastle County in the '50's. Pop always raised hogs and, in the fall, slaughtered at least one in order for us to have pork during the winter.

Pop prepared his country hams and shoulders the same as most folks did by salt-curing them and hanging them in a smokehouse. Like most of our neighbors, we enjoyed fine sausage, tenderloin, bacon, and two specialty products that Pop and Mommie Katie both enjoyed – souse meat and pickled pigs feet.

Pop's love of souse made him work additional hours to prepare the special luncheon meat with his own recipe. I could never forget his particular method of preparation for this unusual dish. First, he took the entire head of the hog and cleaned it thoroughly, removing all hair, eyes, and the brain. Then – and this is the part that gets the best reaction when you tell others today he always had Mommie Katie cook the brain with scrambled eggs the morning after the day of slaughter.

Pop cut the remaining portion of the head into smaller pieces and placed them into a huge metal pot for cooking over an open fire in the back yard. After he added his secret recipe of onions, black pepper, cider vinegar, sait, dried sage, cloves, pickling spice, garlic powder, dill, and water, he cooked the concoction for literally the entire day. The mixture was ground very thoroughly using Pop's handcranked sausage grinder.

The fine texture of his final product reminded me of today's potted meat or deviled ham. Pop formed the blend into loaves and chilled it in the refrigerator for several days, covered by a cloth soaked in white vinegar.

One thing that I remember distinctly is that Pop did not include the ears of the hog in his recipe. I recall him telling one of our neighbors that the ears cooked into small pieces of gristle, and he could not stand the feel of gristle in his special creation. After the souse had cooled and aged properly in the refrigerator, he removed one of the baking dishes and sliced the meat into extremely thin sections, placing it on a saltine cracker to sample. I can hear him now exclaiming; "Now this is good souse!'

The next day he would call his neighbors/friends and invite them to come by to sample his freshly prepared concoction. Most everyone agreed that Pop made the best souse in the entire county. And I certainly thought so! What he created just cannot be compared to the commercial souse found in your local grocery store today. I have tried it, and it doesn't even seem to be the same product. Pop's was even spreadable, and it absolutely did not contain gelatin that was visible.

Of course, Mommie Katie liked Pop's souse but, to be perfectly honest, she preferred their personally prepared pickled pigs feet much better. It was Pop's job to remove and clean the feet of each hog and bring them to Mommie Katie so that she could work her magic on this unusual pork dish.

If my memory serves me correctly, only Mommie Katie and my mother (Bee) truly enjoyed this concoction. I remember trying it one time and could not get the taste out of my mouth for hours. I cannot remember Pop ever eating this favorite dish of Mommies' either.

I suppose it is because I did not have a love of pigs feet

(Cont. to A5)



Trip down Old Landing Road lands writer in tough

situation By Don White

Much like Tom T. Hall, I like old dogs, children, and

I even like Rodney Horn, even if he did make me feel like a moron for two and a half hours.

It's like this.....

watermelon wine.

Sunday afternoon drives along rural back roads are among my favorite childhood memories; riding in the backseat and trying really hard not to get car sick, always eager to see what was going to be over the next hill. Special times indeed.

I looked forward to the day when I would take my own children on such outings, checking out their delighted faces in the rear view mirror as they drank in the beauty of the countryside.

Of course the reality was my kids were either asking "Are we there yet?" as we pulled out of our driveway, or, more likely, playing video

Things weren't much better with my wife.

On our honeymoon, my main objective (silly boy) was to watch her reaction as she saw the ocean for the first

Unfortunately, seeing her first wave hit the beach only served as a reminder that she needed to fix her hair.

So.....I usually travel alone when in search of scenic beauty, which is why I decided to make my first trip down Old Landing Road along the Lee-Estill County

Meandering along beside the Kentucky River, flanked by green hills, unique residences and fertile farmland, it immediately qualified for my "most scenic" list of road-

There are long stretches, seemingly two to three miles in length, that are totally uninhabited.

About 10 miles into my journey, and traveling without a map, I began to wonder what county I was traveling through.

One of two members of a county mowing crew I encountered assured me I was still in Estill, and that the roadway was not a dead end.

He was right on one count, but wrong on the other.

The end of my journey came at an open gate to which was affixed a "No trespassing" sign.

Normally, being the nosey journalist that I am, I don't let signs like that stop me, but this time I did. Minutes later I would discover what a wise move that had been when I met Jim Payne for the first

The Irvine resident and retired military officer was on his way to his farm when we met on the roadway. His steely stare made me feel immediately compelled to give an accounting as to why it appeared I had just left his posted property.

We had a pleasant exchange and I was about ready to chalk up my time spent on Old Landing as a pleasant experience.

Then I met Rodney.

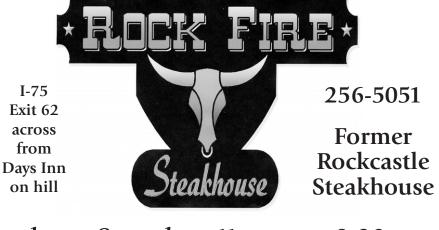
His place is hard to ignore. He and wife Wanda have an attractive home sitting in a valley along the river. There is a red Hummer in the drive-

But those are about the only two signs of normalcy.

Otherwise their property is dotted by dozens upon dozens of boats, ancient cars, and trucks, unique farm and com-

(Cont. to A4)

(Within city limits and most surrounding areas)



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Steak Cheese Sticks

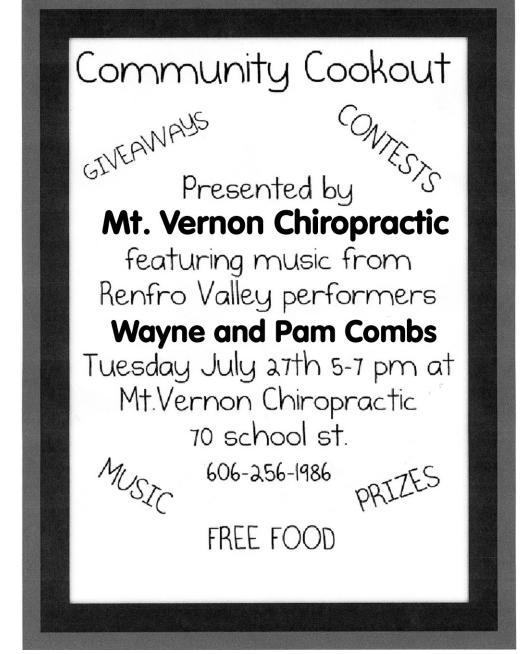
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View Cemetery.

Berryman, Cody Carpenter,

Norman Childress, Johnny

Daugherty, Timmy Daugh-

Obituaries



Ray Reynolds

Ray Howard Reynolds, 81, of Brodhead, died Thursday, July 15, 2010 at his residence.

Mr. Reynolds was born January 25, 1929 in Monticello, the son

of Leslie Vernon and Dora Ramsey Reynolds, both of whom preceded him in death.

On January 6, 1951, he married Maxine Ogden, with whom he shared 58 wonderful years.

During the Korean Conflict, Mr. Reynolds served his country in the United States Army. He later worked as a press operator at Reynolds Metals, from which he retired after several years of dedicated service. He was a member of Providence Church of Christ and will be remembered by his friends and family for his love of gardening, fishing and being with his grandchildren.

Survivors include his loving children, Kathy (Danny) McKibben of Mt. Vernon and Samuel Ray (Rosie) Reynolds of Vine Grove; five grandchildren, Josh (Tiffany) McKibben of Eubank, Luke (Tiffany) McKibben of Lexington, Aaron McKibben of Richmond, Kristen Reynolds of Bardstown and Katie (Derik) Smith of Mt. Washington; one step grandchild, Robbie McMillen; two stepgreat grandchildren, Dakota and Allie; two sisters, Nean Jones of Florida and Ruth (Ralph) Waddle of Frankfort; one brother, Robert (Bea) Reynolds of Texas; a sisterin-law, Flo Ogden of Somereset, several nieces and nephews and many friends whom he met along the way and in the work place as well as his special friends at Providence Church of Christ.

Besides his parents and wife, he was preceded in death by an infant sister, Violet Francis Reynolds and one precious grandson, Ben McKibben.

Funeral services were held Saturday, July 17th at the Marvin E. Owens Home for Funerals Chapel with Josh McKibben, Luke McKibben and Aaron McKibben officiating. Interment followed in Providence Cemetery.

Honorary casketbearers were: Ronnie Weaver, Ricky and Steven Waddle, Roger Weaver, Billy Long, Bobby Lawrence, Paul Hansel, Jack Whitaker, Clinton Thompson and Pat Craig.

Condolences may be sent online at www.marvineowensfuneralhome.com



Dale Renner

Dale Renner, 52, of Mt. Vernon, died Friday, July 16, 2010 in Lexington after a long illness. He was born on November 29, 1957 in Mt. Vernon the son of the late Sherman "Big John" and Lillian Cummins Renner. He was a truck driver, and enjoyed playing guitar, and riding his motorcycle.

Survivors are: his wife, Liz Kirby Renner of Lexington; two sons, Ronnie Renner of Lexington, and Joe (Lynn) Renner of Mt. Vernon; three brothers, Michael, Billy, and Jeff Renner, all of Mt. Vernon; and five sisters, Kim Denney, Lisa Eversole and Lori Parsons, all of Mt. Vernon, and Janet Rader of Versailles and Diane Boggs of Spartinburg, SC. He was preceded in death by one brother, Tim Renner and one sister, Carol Renner.

Graveside memorial services will be conducted at 2 p.m. Sunday, July 25, 2010 at the Kirby Family Cemetery with Bro. Don Stayton offici-

Arrangements are by the Cox Funeral Home.

View the complete obituary, sign the guest registry, or send condolences to the family online at www.coxfuneralhomeky.com

Gary Lynn Sturgill

Gary Lynn Sturgill, 49, of Mt. Vernon, died Sunday, July 18, 2010 at his home. He was born in Mt. Vernon, February 23, 1961 the son of Ben and Pearl Smith Sturgill.

He is survived by: seven brothers, Gene (Carol) Sturgill of Mt. Vernon, Kenneth (Dora) Sturgill of Sand Hill, Gerald Sturgill of Irvine, Roger (Teresa) Sturgill of London, Michael Sturgill of Somerset, Ronnie (Michelle) Sturgill of Mt. Vernon, and Keith Sturgill of Brodhead; and five sisters, Bernice Harbison of Corbin, Patsy Thomas, Darlene Durham, and Donna (Randal) Robbins of Mt. Vernon, and Sharon (Everett) Wagner of Livingston. In addition to his parents, he was preceded in death by one brother.

Graveside services were conducted Wednesday, July 21 in the Kirby Cemetery on Sand Hill.

Dowell & Martin Funeral Home was in charge of arrangements.

Please visit www.DowellMartin.com or our Facebook® page to view online

Classified Deadline is 10 a.m. Tuesday



Rev. Charles F. Carr

Rev. Charles F. Carr, 79, of Brodhead, husband of Merle Faye Jenkins Carr died Monday, July 19, 2010 at the Ephriam McDowell Medical Center in Danville.

Rev. Charles entered this life on July 25, 1930 in

Harlan, the son of Rev. George N. Carr and Elizabeth

Fields Carr, both of whom preceded him in death. He was united in marriage on March 27, 1950 to Merle Faye Jenkins, and they shared a wonderful life together. Rev. Charles was a Church of God Minister for 40 years. He served our country in the U.S. Army for 19 1/2 years, a Department of Transportation Officer for 6 years and a police officer in Louisville for 3 1/2 years. Rev. Charles was a Kentucky Colonel, a top ten marksman in the 5th Army National Team and enjoyed playing golf.

He will be lovingly remembered by: his wife, Faye Jenkins Carr of Brodhead; daughter, Patty one (Raymond) Asher of Brodhead; four sons, Frank Carr of Brodhead, Michael (Lou Ann) Carr of Hilton Head, SC, Jeff (Teresa) Carr of Brodhead and Chris (DeAnn) Carr of Cabot, AR; 11 grandchildren; nine great grandchildren; three sisters, Mabel Bayse of Lancaster, Rosetta (Raymond) Wilson of Danville and Lovelle (Bill) Eastridge of Louisville; two brothers, Rev. Dan L. (Doris) Carr of Junction City and Eddie (Margaret) Carr of Shallot, NC; and a host of nieces, nephews, friends, and neighbors.

Besides his parents he is preceded in death by a daughter, Felicia Carr.

Funeral services will be conducted (today) Thursday, July 22, 2010 at 2 p.m. at the Cross Roads Assembly of God with Rev. Michael Carr and Rev. Steve VanHook officiating. Burial will follow in the Piney Grove Cemetery.

Visitation will be Thursday, July 22, 2010 from 12 -2 p.m. at the Cross Roads Assembly of God in Brodhead. Condolences to the family can be sent to his online registry at www.marvineowensfuneralhome.com

Contact the Signal office at phone 606-256-2244 or fax 606-256-9526



Opal Robinson, 86, of Livingston, died Thursday, July 15, 2010 at the Rockcastle Regional Hospital. She was born in Lamero, July 13, 1924 the daughter of James Stevie and Sarah Ellen Shepherd Rains. She was a retired school bus driver and homemaker and was a member of the Morning View Holiness Church.

She is survived by: three sons, Wayne Robinson of Alexandria, and Joe (Linda) Robinson and Wilmer (Kay) Robinson, all of Livingston; and one daughter, Barbara (Burgess) Daugherty of Livingston. Also surviving are 13 grandchildren, 27 great grandchildren, and several great grandchildren. She was preceded in death by: her husband, Morris Robinson; four brothers; and two sisters.

Funeral services were conerty, Steven Robinson, and ducted Sunday, July 18 at the Brandon Steele. Morning View Holiness Honorary pallbearers were Church by Bros. Billy Med-Junior Clark and Larry ley and Jasper Carpenter.

Burial was in the Morning Pallbearers were: Nathan

Senters Dowell & Martin Funeral

Home was in charge of arrangements.

Please visit www.DowellMartin.com or our Facebook @ page to view onlineobituary.





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Hot weather and vehicles: A deadly combination for kids.

As temperatures heat up, children are at serious risk for heat stroke when left alone even for a few minutes in a closed vehicle.

When left in a hot vehicle, a young child's core body temperature may increase three to five times faster than that of an adult. This could cause permanent injury or even death.

Stay cool and visit Rockcastle Professional Pharmacy (located in the Outpatient Services Center at Rockcastle Regional) during the month of July and receive education on hot vehicles and free sunglasses for children.

A message from









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Our Readers Write

Many changes have come to Livingston...

Dear Editor,

Hello, my name is Matthew Newcomb. I am a typical 12-year-old boy who lives in Livingston. Yet, the town I live in is not typical at all.

If you have not been to Livingston in a while, you should pay a visit. There have been many, many changes in Livingston lately.

As I was walking down the Main Street with my family, I was admiring the beauty that Livingston Revitalization has replenished Livingston. This beautiful wonder awakened my thoughts of how grateful I am to be able to live my childhood and adolescent years here in Livingston.

Everything looks so beautiful to me -- the buildings bursting with colorful beautiful flowers giving out sweet aromas, polite people volunteering to clean up and there are a lot of these people. It's one of those things better seen and lived through than talked

So, come to my town, see all the changes. I could not think of a better place to live in, to grow up in and make my permanent home. Even in the future, when I have my own family, I would want them to grow up in Livingston because for my family, I will only want the best.

Sincerely, Matthew Newcomb

Waiting for audit before paying excess fees...

Dear Editor,

I would like to respond to the comment in last week's Signal stating I had not paid the Fiscal Court the excess fees for the year 2009.

Yes, normally, I give the Fiscal Court a check in February for the previous year's excess fees.

However, last year when I presented my budget for 2009, already signed by me, the Magistrates would not approve it as I had presented.

Boil Water Advisory

For all customers who live on

Edwards Road and Singleton Road

Western Rockcastle

Water Association

This advisory is in effect until

further notice

Please call 256-8283 with any

questions

Instead, some time after the meeting adjourned, the budget was changed by using white-out and inserting different figures in some of the columns. According to Judge Carloftis, when I questioned him about it, the change was made by Joe Clontz. Judge Carloftis knew it had been changed. This was illegal due to the fact that once a document is signed, it cannot be changed. I had already signed

I do not believe the changed budget, approved by the Fiscal Court, is a legal document and the actions done were illegal. I am waiting for the auditor to do my audit for 2009 fee account and see which budget the auditor's office will use. I do not know what I will be charged with and am not sure what to pay the Fiscal Court

I had previously contacted the auditor's office and requested my audit be done now. The last time I telephoned, I was told my audit will be the last of July or the first of August. As soon as this audit is performed, I will present a check to Rockcastle County for excess fees.

Norma Houk Rockcastle County Clerk

Hodges, Signal mistaken...

Dear Editor.

Once again, Mrs. Claretta Hodges is mistaken, as was the amount given in the Mount Vernon Signal regarding public debt. The state system regarding such debt lists only the principal amount, which is not \$12,000,000 (twelve million).

Nine (9) of the listed debts of the County are actually pass-through obligations of other entities such as water associations, fire departments, and the ambulance service in Rockcastle County. These entities do not levy taxes to support themselves and must rely upon the fiscal court for approval to borrow funds in order to provide their services. Their debt obligations are, therefore, listed on

the County's debt report. Additionally, even the state's construction costs of the judicial annex building on the courthouse is listed on the County's debt report (still close to half a million dollars).

Of the remaining 'true' County debt, over two and a half million dollars is paid by a business (the fiscal court and RCIDA constructed a building in order to keep jobs here). In addition, a large portion of the remaining County debts for the industrial construction will be reimbursed by both federal and state agencies.

Regarding Mrs. Hodges' statement that the fiscal court did not intend to apply these future reimbursements to the debt obligations, it was so preposterous I did not respond to it earlier.

If the fiscal court had denied these debt requests by non-taxing districts (ambulance, fire departments, industrial board, water), and if the fiscal court had not passed the occupational tax, the fiscal court would not have been able to fulfill those agencies' requests to develop Rockcastle County and would have been prohibited by the state from doing so.

I am still amazed that some people in this county don't want their neighbors to have services they, themselves, take for granted.

> Respectfully, Buzz Carloftis

County Judge-Executive (Ed's Note) Technically, the county does have \$12 million indebtedness in its name. This is made up of \$9 million principal plus the interest. In the story Judge Carloftis refers to it was pointed out that a great deal of the indebtedness is being paid by other entities in the county. pma

Mayor admits having money not included in budget...

Dear Editor,

At this week's meeting the Major admitted the city had \$372,820 in an account. He admitted it wasn't in the current budget (as I'd written before in the paper).

He said he would await the next audit report (due Jan. 2011) before he would add it to the budget.

He stated that it "was drawing interest." I can tell you that the account the money is in has not drawn any interest in 13 years.

Since that money does exist, how about your city council rescind the last water/ sewer increase they passed over a year ago? Don't hold your breath!

The mayor made the statement that if someone believes all of this extra money (as I've written about) truly exist, they should write the state auditor.

Guess what, the letter was

mailed to the state, by me, today (Monday)!

Hopefully the state auditor won't wait until next January (like the mayor) before taking action.

We're talking hundreds of thousands not included in the budget. More to come.

> Sincerely, Rick Courtney

"Roots"

(Cont. from A2)

Kathleen remembers walking down the streets of Livingston. The sidewalks were, in part, wooden boards. She remembers the roundhouse, the depot, the various stores, and can tell you who lived in every house, except for one. She isn't very clear concerning it, but has a good idea of who lived there.

Being a member of the DAR, her roots go far back into the county. Stephen Merritt, a grandfather, fought in the Revolutionary War, and was given a parcel of land here in the county. He paid taxes on it as late as 1813, but never lived here, but in Virginia. Another grandfather, Philip (?) Singleton, a Revolutionary War patriot, was given some land in the Saltpeter Cave area.

Kathleen even had a grandfather who lived in England, and was a knight in The Realm of the Golden Horseshoe. He had a son, James, who came to Virginia. James was married Elizabeth Wood.

Ed Hunt was Kathleen's husband. He was a property appraiser, and was on the board of directors at the Bank of Mount Vernon, which became the Community Trust Bank. He worked for the Department of Human Resources, as well.

For thirty-three years, Kathleen taught in the Rockcastle school system. She began at the Negro Creek School, then went to Pine Hill, Brodhead, and finally taught the seventh and eighth grade at Mount Vernon Junior High School.

I'm hoping Kathleen will feel up to giving me another interview soon, as she has a well of knowledge just waiting to be tapped.

"Ken & Tucky"

(Cont. from A2)

mercial vehicles and equipment, and trees, some of which are one-of-a-kind in Estill County.

For a guy like me, who neither knows or cares about anything mechanical, and who probably can't identify more than five kinds of trees, a place like that can be rather intimidating.

Rodney seems to sense that as soon as I step out of my car.

Even before I have time to introduce myself, he has popped the hood on a car and is asking me what I see that's missing.

Probably even a five-yearold would have noticed the "thingie" where the spark plugs go was nearly half gone....but not me.

You would think this 64year-old Vietnam vet would have given up on me right there, but he didn't.

We went on to many more vehicles with Rodney asking me what I felt it would take to get them back on the road....using such foreign terms as differential, camshaft, fly wheel and manifold.

When he finishing tormenting me with mechanical talk, he turned to trees, asking me to name the various ones he had set out, some of which he had plucked from the river.

Near the end of our tour, after at least a dozen failed attempts at naming a tree, Rodney points out one of the more flowery ones and asks me what kind I think it might

Finally, he points out it isn't a tree at all, but a rose bush held off the ground by an upside down TV satalitte

I may not know much about trees or things mechanical, but I do know the Horns live on a very historical piece of property.

Their 150 acres have been in the Horn family since the early 1700s, dating back through a ton of great-grandparents.

"You can read about this piece of property over at Fort Boonesboro," says Horn, who also takes great joy in showing unique features such as a brick structure on the Lee County side of the river used in providing steam for trains.

The latest Horn on the property is the son of the late Arnold and Myrtle Baker

Arnold, who died in 1995, was a test pilot in Dallas, Texas, during World War 11, and his wife, a West Virginia native, was a descendent of the McCoys from the famous Hatfield-McCoy Feud.

Rodney was born in Huntington, West Virginia, and attended school in Dayton, Ohio, before the his parents re-located to the family farm.

He built his home in 1989 after working for Southeast Coal Company and while operating his own excavating business, Rodney's Earthmoving & Equipment.

He says his collection of vehicles came about through business connections and because he's an admitted "pack rat."

"I'll trade for anything, so long as I can make a dollar out of the deal.'

Whether you're looking to make a trade or not, I highly recommend a visit out to this friendly man's place.

Just be prepared to answer questions such as how many cylinders in his Hummer.

The answer isn't two, four, six, or eight, but five, by the



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Call OR Email JENNIFER HAND Lets DISCUSS QUESTIONS. **CONCERNS, OPTIONS & YOUR** FUTURE.

Email: jenniferhand729@yahoo.com Insurance specialist

Saturday, July 31st • 10:00 a.m.

Directions from sale from Mt. Vernon: Take 461 to Doc Adams Rd. Go to 461, property on left side (watch for auction signs).

Mr. and Mrs. James Eldridge have purchased property in Garrard County and have authorized our firm to sell this desirable property at auction.

This property consists of 20.65 acres improved with a large rustic style house, barn, 3 car carport, shop building, storage and cattle shed.



The Land

20.65 acres, mostly in grass with small amount of woodland, rolling and beautiful view, very private

The Carport

Could be made into a 3 car garage by

installing doors. Construction: wood





room, dining room, family room,



Typical small barn with driveway

and 4 stalls built of rough lumber

and metal roof

sunroom, easy access to attic storage

Shop Building 26x214 building with concrete floor, wood sides & metal roof



frame with metal sides and roof. PERSONAL PROPERTY & FARM EQUIPMENT

Dining room table with bench & 4 chairs, rocking chairs, quilts, quilt rack, oil painting, Fred Thrasher print, many prints & pictures, large wind chimes, mirror on maple stand, sombrero, collection of ball caps, maple desk & chairs, maple couch & chair, antique stool, old clock, silverware, good fabric, figurines, linens, fern stand, apple peeler, pressure canner, milk glass, new model cars, old radio, hats & hat boxes, canning accessories, 1993 Ford 1720 (Diesel) with 800 Hrs, 5 ft. rotary mower, yard roller, seed sower, 12' John boat & fishing equipment, Craftsman riding mower, 14HP Kohler 42" cut needs steering, Huskee 25HP Briggs 46" cut, 21" yard machine 4HP, snow blower, wood chipper, 6HP Craftsman rototiller, tractor drawn sprayer, trailer, tractor seed sower, 1978 Cadillac Coupe DeVille, 1978 Mercury Grand Marquis - 2 door, intercom system, outdoor swing (nice), much much more.

Auctioneer's Note: This is a once in a lifetime opportunity to buy this kind of property at auction. **Terms:** 20% day of sale balance within 30 days, possession with deed.

www.gilliamrealestate.com

Shown by appointment call 859-986-9797 or 859-200-9798

Real Estate

John Gilliam Broker Auctioneer

427 Chestnut St., Berea, KY • 859-986-9797

David Snyder

Auctioneer

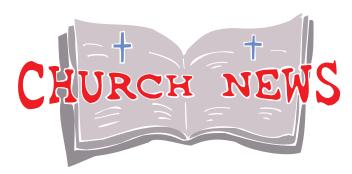
The purpose of this event is to provide parents with one centralized location to help prepare their children for going back to school. SCHEDULING OF IMMUNIZATIONS, PHYSICALS AND HAIR CUTS. FREE SCHOOL SUPPLIES (CHILD MUST BE PRESENT)

Date: Monday, July 26th Time: 3:00 p.m. - 6:00 p.m. **Location: Mt. Vernon Elementary School** This event is for all **Rockcastle County Elementary Schools**

> For more information contact: BES-Satica Morgan - 758-8512 MVES-Regina Hull-Brown - 256-5173 RES-Sandy Bullen - 256-5207

Preschool - 5th Grade

There will be a separate entrance for each school. Watch for signs.



Free Bible Courses

Free Bible Correspondence Course. Send your name and address to 3168 Quail Road, Mt. Vernon, Ky. 40456.

Wanted

Anyone willing to work anytime, anywhere, whenever called upon. No training necessary, male or female, any age. Any nationality, race, size, shape or form. All participants accepted. Report to Jesus Christ our Lord and Savior. Welcome to attend Maple Grove Baptist Church. Best retirement and benefits available.

Contact Bro. Jerry Owens for transportation at 606-256-3075.

Gospel Meeting

Mt. Zion Church of Christ, located six miles south of Crab Orchard on Hwy. 39, will have a Gospel Meeting July 26 thru July 30th, starting each evening at 7:30. Bro. Hunter Bulger will be speaking. Everyone is invited.

Bryant at **Church of God**

Bro. Billy Bryant will be preaching Sunday morning, July 25th, at the Mt. Vernon Church of God.

Pastor Bobby Owens and congregation welcome every-

Gospel Singing

There will be a Gospel Singing at Cross Roads Assembly of God, on Hwy. 150, Brodhead, on July 25th. Sunday evening service start at 6 p.m. Come join us and bring someone with you.

VBS

Macedonia Baptist Church will have a one day Vacation Bible School - Round Up For Jesus - Saturday, July 24th at 2 p.m.

VBS at Three Links

Three Links Christian Church will hold a one day Vacation Bible School on Saturday, July 31st from 11 a.m. to 3 p.m. The school is for all ages and there will be fun and food. Youth Talent Night will be held Sunday, August 1st, 4 p.m. Pizza will be served.

Benefit Singing

The McGuire Sisters will hold a benefit singing on Friday, July 23, beginning at 7 p.m. at Brush Creek Holiness Church. Proceeds will help defray funeral expenses of their nephew, Larry Stidham.

Bullen family reunion well attended

The Dewey and Flora Wolfe Bullen Family Reunion was held July 11th at the old homeplace. During the reunion, Nancy J. Bullen Wilson and Joe C. Bullen received gift cards for being theonly surviving children of Dewey and Flora.

There wee family members in attendance from Indianapolis, Ind., Ohio, Louisville, Shepherdsville, Lexington, Pulaski County, Madison Co. and Rockcastle County. Jessie J. Bullen from Indianapolis received a gift card for traveling the farthest.

Nancy J. received a gift card for being the oldest Bullen in attendance and Dalton Scott Bullen (two weeks old), son of Kevin and Nicole Bullen, received a card for being the youngest person present.

Corn hole players in first and second place receiving "corn hole" t-shirts. First place was Tommy (T.J.) Bullen II and Brad Durham, beating last year's winners Eddie and Johnny Wilson got second place.

There was a dessert auction with Nancy Wilson's chocolate pie bring a whopping \$35 and winning her another gift card. Get to work girls and beat her next year.

Beverly Shadox's name was drawn from those of all the grandchildrens' to receive a picture of the home place.

Everyone had a big day and enjoyed the potluck lunch, silen auction and dessert auction. Most of all-- everyone enjoyed visiting with each other.

Big thanks to Eddie Wilson and Brenda Parsons and

everyone else who helped get everything ready for a really great reunion.

Mark your calendar for July 10, 2011 -- next year's Bullen Family Reunion.

An encouraging word:

Friendship Is A Genuine Reward By Howard Coop

In the spring of 1953, I was in the final semester of college and eagerly looking forward to graduation so I could get on with life. With the basic requirements behind me, I only needed to accumulate the required number of hours for a degree. Since Sociology courses were in the department of my major, I chose three of them to complete my

Maybe my mind was not focused on sociology that se-

schedule.

mester, for I don't remember a great deal of information from those three courses. Yet, I do remember one thing, which, at the time, I almost dismissed as irrelevant. At one point in one of those courses, we explored the meaning and significance of groups and their relevance for life. We were told that, in the normal course of life, most persons would belong to a

(Cont. to A7)

"Memories"

(Cont. from A2)

that I cannot recall Mommie Katie's method of preparation of them, but I do remember that she spent an unusual amount of time making sure that all the hog's hair was removed from the skin before she began. She too cooked the feet for an inordinate amount of time before she placed them into jars with the needed spices for the desired result. Two ingredients that I do remember were some form of gelatin and lots of vinegar. The feet had to remain in the jars for a long time before they were served. (When Mommie had her pigs feet, she always prepared a different meat for the rest of the family.)

Most of the memories of hog killing that I have occurred when I was a very young boy. After I left Mt. Vernon for college, I never had the opportunity to live on a place where hogs were raised along with having a large garden. I am extremely glad that I was given that experience as a youngster. Many of my views of the present world were instilled in me on that little farm in Rockcastle County. I am enormously proud of my upbringing, and I am awfully fond of my days spent there.

(You can reach me at m or you can drop me a line at P.O. Box 927 -Stanton, KY 40380. I appreciate your suggestions and comments.)



You are invited to a

Lunch&Learn

Join us for a FREE lunch to learn more about Rockcastle Regional Hospital Home Health.

Friday, July 30, 2010 • 11:00 a.m.

Livingston Pentecostal Holiness Church 8743 S. Wilderness Road • Livingston, KY

Guest Speakers:

Brenda Rainwater, Director of Home Health Brandie Taylor, Director of Speech Pathology

> Please sign up by calling Arielle Reese at **256-7880** by July 26.



PAZ Description For Rockcastle County

(Protective Action Zones)

The PAZ is bordered on the north by Madison County, on the east by Jackson County and on the west by Garrard County. The southern boundary begins at Garrard County and continues southeast on Copper Creek Rd (1359) to Copper Creek Hill Rd (1749), southeast on 1749 to Brindle Ridge Rd (SR 1505), northeast on SR 1505 to N. Wilderness Rd (US 25), north on N. Wilderness Rd to Conway School Rd (1057) east on Conway School Rd to the Old State Rd (1056), north on Old State Rd. to Sinking Valley Springs Rd (1065), east on Sinking Valley Springs Rd to Scaffold Cane Rd (SR1617), east to Scafford Cane Loop (1062) to WildRose Road (1050), east on 1050 to Todd Branch Rd (1072), east on 1072 to Disputanta Rd (SR1787), east on SR 1787 across Loman Hill to Climax Rd (SR1912), north on SR 1912 to Sexton Rd (1038), east on 1038 to Switzer Cemetery Rd (1009), north on 1009 to Cook Rd (1039), east on Cook Rd to Three Links Rd (SR 2614) to Jackson County.

The PAZ includes the communities of Copper Creek, Conway, Snider, Flat Gap, Boone, Scaffold Cane, Disputanta, Climax and Three Links.

R-1 Beginning at the Rockcastle/Garrard County line on the continuation of Copper Creek Rd. (1359) southeast from Garrard Co. to Copper Creek Hill Rd. (1749) southeast to Brindle Ridge Rd. (SR1505) northeast to US 25 then north to the Madison County line.

R-2 Beginning at US 25 and the Old State Rd. at Conway go North on US 25 to Madison Co. line East on US 421 to Hammonds Fork Rd. South on Hammonds Fork Rd. to Todd Branch Rd. West on Todd Branch Rd. to Buttercup Rd. take Buttercup Rd. over to Sinking Valley Rd. West on Sinking Valley Rd. to the Old State Rd.

R-3 Beginning at SR 1787 (Disputanta Rd.) at Todd Branch Rd. North on SR 1787 to Hammonds Forks Rd. North on Hammonds Fork Rd. to US 421 (Big Hill Rd.) East on Big Hill Rd (SR 421) to Climax Rd (SR 1912). South on Climax Rd to Three Links Rd (SR 2614). South on Three Links Rd to Cook Rd take Cook Rd over to Sexton Rd. take Sexton Rd. over to Climax Rd (SR 1912) South on Climax Rd SR 1912 to Disputanta Rd SR 1787.

If you are asked to evacuate your home in the event of a chemical accident at the BGAD (Bluegrass Army Depot) you will go to the Reception Center, which is located at the Rockcastle County Middle School.

Upcoming Reunions

McDaniel/Moore

The McDaniel/Moore Family Reunion will be held July 24th at Red Hill Baptist Church, near livingston, from noon to 4 p.m. Bring a cov-

ered dish. **McHargue Reunion**

The McHargue Reunion will be held Saturday, August 14th at Levi Jackson State Park, from 11 a.m. to 5 p.m. Bring a covered dish.

Marler/McClure and **Stevens Reunion**

The Marler, McClure and Stevens Reunion will be held Saturday, September 4th at Sand Springs Baptist Church's picnic shelter, beginning at 1 p.m. All friends and family are invited to come, bring a covered dish and enjoy the day.

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LOW RATES





101st Birthday Celebration

Eva Jones celebrated her 101st birthday July 14th at the home of her stepson and wife, Lorene, whom she lives with in Goshen, Ohio. Family and friends wish her many more.



Vann - Merrick

Ms. Elaine Vann, of Brodhead, and Mr. David E. Merrick, of Somerset, would like to announce their recent marriage on June 7, 2010 in Somerset.

Elaine is the daughter of Mr. and Mrs. Hubert J. and Lula Brown of Brodhead and David is the son of the late Mr. and Mrs. Leland and Wanza Merrick of Somerset. The couple is making their home in Somerset.

ATTENTION

RCHS Students/Parents

RCHS students may report to the high school on the following dates to pick-up schedules for 2010-11, purchase parking passes and lockers, anytime between 9 a.m. and 2 p.m.

July 26th: Seniors (12th) July 27th: Juniors (11th) July 28th: Sophomores (10th) July 29th: Freshmen (9th)

Please note the following:

- You must be enrolled in the correct grade level to pick-up materials on that day. Students who may have been retained must wait until the appropriate date to pick-up materials
- You must be cleared of any outstanding debts (library books/textbooks not returned) in order to pick-up your schedule and/or purchase a parking pass or locker. Please contact the office prior to the assigned day to check on this.
- Parents/guardians of RCHS students may pick-up materials for their child on the assigned day or after.

To: Parents and Guardians of **Brodhead Elementary students** From: Brodhead Elementary School staff and PTG

We are beginning to get things ready for the upcoming school year. We look forward to working with you and your child. I am sure that together, we can give your child the best education possible.

We will be conducting "Back to School" night on Tuesday, August 3, 2010. We will have specific times to meet with students in each grade level. At that time, you will meet all of the teachers in that particular grade level. They will go over information that you will need to know about how the school works, the curriculum that will be taught, what your child will need to know before moving on to the next grade and who your child's teacher will be.

After this brief meeting, you and your child will be able to go to your child's classroom and spend some time with your child's new teacher. The purpose of this is to help your child be ready for the first day of school. This is your opportunity to see your child's class, meet many of their classmates and their teacher. On the first day of school, parents are not allowed to accompany their child to the classroom, but we will have an orientation meeting for kindergarten parents in the library at 11:00 on that first day.

Kindergarten/Preschool 4:00 Gym Third Grade 4:00 Cafeteria Fourth Grade 4:30 Cafeteria First Grade 4:30 Gym **Second Grade** 5:00 Gym Fifth Grade 5:00 Cafeteria

School supply lists are available in the office this summer from 8:00 to 3:00. You may drop off supplies on Back-to-School night. Every child will also need a standard size backpack that is clear or mesh and not on rollers. Please write your child's name on all school supplies, especially the backpack. This is also a good idea for lunchboxes and jackets.

If your child is a new student to Brodhead, either through moving to Brodhead or being a kindergarten students you will need the following items before you can attend BES:

- Immunization Certificate (Kentucky form)
- Eye Exam (Kentucky form)
- Physical (Kentucky form)
- Copy of birth certificate (not hospital copy)
- Social Security Number
- Dental exam



Lee - Abney

Mr. and Mrs. Kathleen and David Cope of Mt. Vernon and Richard Lee of Clermont, Georgia, along with Kathy Abney of Mt. Vernon and Mr. and Mrs. Terry and Helen Abney of Mt. Vernon would like to announce the engagement and forthcoming marriage of their children, Brandi Nicole Lee and Reuben Justin Lee Abney.

The wedding will be the event of July 31, 2010 at 2:30 in the afternoon at Maretburg Baptist Church. A reception will follow in the church fellowship hall.

All family and friends are invited to attend.



Happy 1st Anniversary July 25, 2010 Curt and Krystal Gatliff From All Your Family, We Love You



In Loving Memory of my husband, Alan Helton and our grandmother, "Mom" Cummins

Shown at the time of their double wedding on July 20, 1965 are, from left: Leroy and Linda Chandler Collins, Lyndal Cummins Pierson, Pastor Otto Pierson and Patsy Chandler and Alan Helton. Mrs. Pierson was Linda and Patsy's grandmother. The wedding took place at the home of the girls' parents, E.P. and Opal Chandler in Brodhead.

PRIDE volunteers set new record in Spring Cleanup

A record number of volunteers participated in the annual PRIDE Spring Cleanup in April 2010, according to an announcement today by Congressman Hal Rogers (KY-5).

"We had a goal of 30,000 volunteers, and we actually saw 31,200 prideful people take part in cleaning up southern and eastern Kentucky," said Rogers, who co-founded

This was the largest number of PRIDE Spring Cleanup volunteers since the annual

event began in 1998. "I want to commend every volunteer who dedicated their time and efforts this spring," Rogers added. "You continue to restore PRIDE in southern and eastern Kentucky every April, and you make me proud. Keep up the good work!"

The 2010 PRIDE Spring Cleanup netted 34,098 bags of trash, 7,834 old tires, 1,908 junk appliances, and 130,400 pounds of recyclable materials. In addition, county governments cleaned up 26 illegal dumps.

These region-wide PRIDE Spring Cleanup results combine the local results submitted to the PRIDE office by the cities and counties that participated in the month-long cleanup campaign in April 2010.

During the PRIDE Spring Cleanup, local PRIDE Coordinators organized cleanup activities and recruited volunteers to pick up litter. PRIDE supplied free T-shirts and cleanup supplies for the volunteers, and PRIDE awarded \$587,500 to cities and counties to help pay for disposing of roadside litter, removing illegal dumps, and offering free trash-disposal events.



Pitts - Hammons

Owen T. and Janine Norman, of Renfro Valley, along with Paul and Vickie Pitts of Nokesville, VA, would like to announce the marriage of their children, Kristopher M. Hammons to Breanne A. Pitts. Kristopher works in Community Relations at Rockcastle Regional Hospital and Breanne is a full time student at Eastern Kentucky University. They will be joined by their families at their wedding in Nokesville, Virginia on July 31st. Following their honeymoon, Kristopher Breanne will reside in Mt. Vernon.

Boil Water Advisory

For all customers who live on Edwards Road and Singleton Road

Western Rockcastle **Water Association**

This advisory is in effect until further notice

Please call 256-8283 with any questions

Mount Vernon Elementary New Student Enrollment

When: Monday, July 26th through Friday, July 30th 9 a.m. to 3 p.m. daily

Where: MVES Lobby Who: Any new student

Documents necessary to enroll include:

- 1. Official birth certificate
- 2. Social Security Card
- 3. Updated immunization certificate from the Health Dept.
- 4. Physical form
- 5. Eye exam form

Preschool registration and screening will also be available during Redi-Fest on July 26th from 3:00 to 6:00.

Preschool Open House

is set for August 10th.

A.M. students from 5 to 6 p.m. and P.M. students from 6 to 7 p.m.

MVES Open House August 2nd from 6 to 8 p.m.

Rockcastle Adult Education

Rockcastle Adult Education Schedule

*All participants must complete 50 hours of instruction prior to taking the GED Test.

Term 1 August 9th- September 17th, 2010

GED Test August 25th & 26th, 2010

September 20th - October 29th, 2010 Term 2 GED Test September 23rd-24th & October 20th-21st, 2010

Term 3 November 1st- December 17th, 2010 GED Test November 18th & 19th, 2010

Pre-registration and Enrollment - please select one of the three two-day sessions available below:

Session 1 - July 21st & 23rd Session 2 - July 28th & 30th Session 3 - August 4th & 6th

Services include:

- **GED Instruction**
- Prep class for ACT, GED, and Compass develop your testing skills!
- **Computer Literacy**
- **Workplace Essentials**
- Instruction to earn the National Career Readiness Certificate
- **College Preparation Math Skills**
- **Online Instruction**
- **Literacy Skills Evening Classes**

Call Today! (606) 256-0218

Annual Chamber of Commerce cookout held Tuesday at Hall of Fame



Rockcastle County Board of Education Chairman Martin Vanzant and Mt. Vernon Mayor Gary Cromer are shown above.



together.

NKU law student Travis Burton talks with Paul and Virginia Hansel, his neighbors

from the Quail Community in Rockcastle County. The Chamber of Commerce's an-

nual event brought a number of people from different business and civic backgrounds

Dr. Mike Bryant, a Mayoral candidate in the November General Election, is shown above with Chamber Board Member Dwain Harris, of Rockcastle Regional Hospital.



Chamber members Jenny Sweet, of Rockcastle County Schools and Jailer James Miller share a conversation on Tuesday afternoon. Sweet serves as Treasurer on the Chamber of Commerce Board of Directors.



The RCHS and RCMS Football teams hosted the 2nd Annual Rockcastle Football Golf Scramble at Cedar Rapids on June 18. The scramble format included 9 holes in the evening followed by 9 holes of night golf using glow in the dark balls with dinner and door prizes in between. The team of (from left) Andrew Pensol, Brandon Young, Bryan Clontz, Alexis Young and Brent Clontz posted a 20 under par to win the event.

In Track & Field and Cross Country

Heather Hamilton named Paducah Tilghman head coach

titles in girls' track and field no one can compare to the dominance of Paducah Tilghman and this past week Heather Hammond Hamilton was named head coach of the women's track and field program and head coach of both mens' and womens' Cross Country.

This same dominance can perhaps be said of the new head coach and former Rockcastle County track and field star who won 10 individual state titles, plus two relay titles in her career from 2000-2005, capping her career by being named the overall track and field athlete of the year in 2005. She is one that included a record setting

When it comes to state of only two Rockcastle County athletes to achieve All-State status in three separate sports (cross country, track & field and basketball). The other is her sister, Rockcastle senior, Sara Hammond.

Heather went on to a record career at Western Kentucky University, where she helped lead the Hilltoppers to their first Sun Belt track and field title and an amazing 8 titles (indoor and outdoor), WKU finished the 2008-09 season ranked #30. She was named an Academic All-American in 2008, won bronze, silver and gold medals in Sun Belt Competition

"WHAT IS WRITTEN"

In Lk.10:25-37 we read bout Jesus' discussion with the lawyer about what it means to love your neighbor. The parable of the good Samaritan is given to teach us what love, mercy and compassion is all about. It should be our privilege and responsibility to help any who we may opportunity and ability to help. Our hearts should move with compassion when we see the sufferings of our fellow man, as did the good Samaritan, as he beheld the man that was robbed and beat up. He was not like the religious Levite and priest who saw him, and did nothing to help the man in need. The Samaritan man represents one who was practicing the golden rule: "Therefore all things whatsoever ye would that men should do to you, do ye even so to them: for this is the law and the prophets." Matt.7:12. If you were in the position of that man that was beat up and robbed, what would you want? Somebody to stop and help! "Go, and do thou likewise" is how the golden rule should be applied. But love and compassion also moves one to act in the best interest of another. Paul said, "For even when we were with you, this we commanded you, that if any would not work, neither should he eat." 2Thes.3:10. In this case, love moves us to refuse a "handout" to people, by letting them feel the weight of their bad choices, by letting them go hungry. This is the loving thing to do!

PROVIDENCE CHURCH OF CHRIST - 758-8524 E-mail: Dan.McKibben@Juno.com Web Site: www.WhatSaithTheScriptures.com

Time of Services: Sunday 10am Bible Study, Worship 10:40 & 6:00pm; Wed. 7:00pm. Radio program, Sun.8am, 1460 AM

gold medal in the 2008 indoor Pentathlon and participated in NCAA regional competition in 3 of her 4 years. She is listed in the top 5 in all-time WKU performances in 10

Heather is a 2009 graduate of WKU and is now married to Bryan Hamilton, a high school basketball standout at Paducah Tilghman and graduate of UK.

Birth Announcement



Clay and Rachel (Hamm) Thornton are excited to announce the birth of their daughter, Elizabeth Paige Thornton. She was born March 6, 2010 at Regional Medical Center Madisonville. She weighed 8 lbs. 3 ozs. and was 21 1/2 inches in length. Besides her parents she is welcomed home by Charlie, her proud big brother. Maternal grandparents are Danny and Regina (Hopkins) Hamm, paternal grandparents are Glenda (Clayton) and the late Charlie Thornton. Great grandparents are Alonzo and Anna Mae Hamm and Donald and the late Bethada Hopkins, the late Woodrow and Macil Clayton and the late Shine and Nell Thornton.



Colby Brown, of Mt. Vernon, won the 2010 Rick Anderkin Invitational Golf Tournament held at Cedar Rapids Country Club over the weekend. Brown shot a -10 par 134 during the two day, 36 hole event. Brown tied with Ryan Tucker, of Somerset, after 36 holes and won on the first hole of a playoff. The tournament was renamed for late Signal Editor Rick Anderkin, who founded the tournament and passed away in May. Brown is shown above with Rick's son, Aaron Anderkin.

Grandparents Program

Applications will be taken for the Kentucky Family Caregiver Program (Grandparents) on August 19th at the senior citizens center on U.S. 25 in Mt. vernon from 9 a.m. to 2 p.m.

The program is state funded and offers various services to grandparents providing full-time care to their grandchildren and who meet specific guidelines. You must bring proof of household income, social security numbers and birthdates for the entire household, as well as adoption orders if grandchild has been legally adopted. Also, if requesting school supplies, you must bring documentation of needed items from child's school of attendance

Contact Veronica or Kyle at 1-800-795-7654 for additional information and requirements.

Encouraging Word

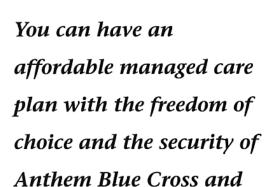
(Cont. from A5)

number of groups of one kind or another. Membership in some of the groups would be intentional, and in others, it would be incidental. Some of the groups would demand more than others, and some benefits would be derived from participation in them. Recently, that information about groups came to mind as I thought of a special relationship that has developed. A short time after the Kentucky Depot opened, I began to go there to eat. While the food is always good, I have come to enjoy a special relationship with both management and staff that, to me, is more significant than eating good

Being a part of that group is entirely incidental. There are neither dues nor demands, but the benefits are incalculable. From both management and staff, there are always warm and friendly greetings, excellent service, encouraging words, a pat on the back, and maybe a hug. As a result, I go away with a decidedly good feeling, a more optimistic attitude toward life, and a deeper sense of satisfaction that comes from a pleasant encounter with good friends.

Friendship, I have discovered, is a genuine reward for participation in a meaningful group.

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"Hammond"

(Cont. from front)

star. According Hammond's parents, Auriema phoned her over the weekend to make the official

The Connecticut women currently have a record 80 game winning streak that has featured back-back national championships. They were also nominated for "Best Sports Team" at the 2010 ESPY Awards presented by ESPN this month.

Louisville is thought to be front-runner Hammond's services, in what includes a list of offers from Notre Dame, North Carolina, South Carolina, Vanderbilt, West Virginia, UCLA, Texas, Georgia, and Western Kentucky.

past This week, Hammond's AAU team played in front of the head coaches of some of the elite programs in the country, including Auriema, Pat Summit (Tennessee), and Pat Vandevere (Stanford).

As reported last week, Hammond hopes to make a college decision before the start of her senior season.

"City"

(Cont. from front)

share of the restaurant tax. Mayor Cromer said that he would like to consider a 3% tax on ticket sales on Renfro Valley to justify assisting a private business with advertising expenses.

Councilman Joe Mullins suggested that no action be taken on the matter because it didn't appear as though the council had enough information to make a responsible de-

It is expected that Renfro Valley Entertainment Center representatives will be at the next meeting, along with the Tourist Commission, to make the full presentation as to

what is being requested. The meeting closed with a point of contention as Councilman Don Jones made a motion to amend the budget to include the more than nearly \$300,000 in restricted funds that has been alluded to in prior meetings.

Mayor Cromer explained to Jones that the city's auditor has been instructed to provide the the year-end totals on the account when the audit is complete. At that time, the Mayor will recommend the budget be amended.

Jones never received a second on his motion regarding the budget and, on the motion to adjourn, all council members voted aye, except Jones.

Republican Party meeting

The Rockcastle Republican Party County Committee will meet next Tuesday night, July 27th. The meeting will begin at 6 o'clock on the third floor of the courthouse in the telecommunications center. All precinct captains, co-captains, and youth captains are encouraged to attend. Elections will be held to fill the vacancies of Party Chairman, Vice-Chairman, and other precinct officers.



Kayla Quinley, of Orlando, has made the Dean's List at National College of Business for both the Fall and Spring semester with a 4.0 gpa. She is the daughter of Robert and Rachel Quinley, granddaughter of Mayme Rowland of Mt. Vernon and the late Mace Rowland and Roy and Faye Quinley of Berea.

Williams graduates

Army Pvt. Paul J. Williams has graduated from basic combat training at Fort Jackson, Columbia, S.C.

During the nine weeks of training, the soldier studied the Army mission, history, tradition and core values, physical fitness, and received instruction and practice in basic combat skills, military weapons, chemical warfare and bayonet training, drill and ceremony, marching, rifle marksmanship, armed and unarmed combat, map reading, field tactics, military courtesy, military justice system, basic first aid, foot marches, and field training exercises.

He is the son of Bruce Williams of Crab Orchard.

The private is a 2008 graduate of Garrard County High School.

Library News

Ronald McDonald will be at the library Friday, July 23rd at 4:00pm. This program is for all ages! There will be prizes awarded to those who won Summer Reading 2010 and other prizes for everyone that comes! There will also be a pizza party after the program. Please come and enjoy yourself at the Ronald McDonald program this Friday at 4:00pm.

There will be no storyhour on July 23rd because the Ronald McDonald program being at 4:00pm. Storyhour will resume on Friday, July 30th at 1:00pm.

The bookmobile is currently off road until further notice because of transmission repairs.

GARAGE SALE Saturday, 8 to 4, Hwy. 150 4077 Country Side Circle.

Yards to Paradise

By Max Phelps

Fencing: More than just making good neighbors

Famous American poet Robert Frost said in Mending Fences that "good fences make good neighbors" and I would like to begin today's article from that starting perspective.

Now, I know not every reader is shopping for a fence, but it's a subject I've said little about in this column. So, today, let's consider some information about fencing why and

Indeed, good fences seem to make good neighbors. I think this is probably because of a need to differentiate between what's mine is mine/ what's yours is yours. Also, the practice of getting with a neighbor and walking the line fence (usually of stone in bygone days of yore) was a springtime ritual, one could say even a sacred practice. (Roman pagan god Terminus was supposedly honored when neighbors walked the line fence.)

There may be reasons for fencing that are "neighborly", or reasons practical (such as keeping outsiders from entering a pool area), for fencing. Usually it's both. Also, there are aesthetic considerations, privacy, and containment is-

Gated communities are popular, especially with those who have made their livelihood and want to enjoy it without being bothered by solicitors and others who are still trying to make a way for themselves. Fenced yards and barred windows keep those who might want what's yours outside of your space.

Let us now look at it from the perspective of privacy and beauty as part of a nice landscape. There may be various reasons you'd want a fence. Maybe privacy, protection, maybe beautification.

Maybe for function, especially if you want to keep animals in (or out), or if you want to screen undesirable views or sounds.

There are a few more things to consider where fencing is concerned. Probably you ought to talk with your neighbor. This would be courteous, and maybe the two of you can even agree to split the cost?

But, if not, you have the right to build a fence on your own property (in most cases) even if your neighbor is not happy about the idea. (Just make sure you know where the property boundary is; you don't want to hear "you put that fence on my property and you're going to tear it down or I'm going to suit you"!) And, be sure all of the fence is inside your property line. Then, being in line with any local codes or permits needed, there is not much the person "across the fence" can say.

Once you have made a decision to build a fence...things like what materials, how it will look, what benefits there might be, what the costs are, what the life expectancy is, are to be considered.

Then, get to the nuts and bolts of building your fence, or hiring it done if you aren't up to the task.

Screening out noises, undesirable views, bad critters or people, can be legitimate considerations and desirable reasons for fencing. Boundary fencing is another topic. Partitioning parts of your yard into another "room" or for another function can also be a reason to fence.

(Fencing can be a growing hedge, not just wood, metal, plastic, etc.)

Selection of materials, styles, colors, figuring how much of what to buy, these are considerations.

(And, rolling land will require more materials than you think if you just stretched a line from one end to the other.)

When push comes to shove, if you are restricted to, say, a 6 foot high fence, can you perhaps add some soil to the ground where the fence is to go? Would this enable you to hide the view you don't wish to look at if you can't build a taller fence?

Privacy fencing may need to screen prying eyes, security fencing may need to keep people and animals out. Some fencing is installed primarily for looks. And, sometimes it's just for a psychological barrier—which might be a line of trees, or a picket fence, or maybe split rails to differentiate space or set a mood.

Whatever your reasons for makring your boundaries or fencing your yard, in the spirit of Robert Frost, build a good fence and make some good neighbors. Happy fencing!

The author is a landscaper and freelance writer. Visit www.rockcastles.com or inquire max@rockcastles.com

"Working Together Works"

Come join us as we begin our newly organized Parent Teacher Group membership drive. Everyone that joins BES PTG for the 2010-11 school year during Back-To-School Night on Tuesday, August 3, will be eligible for a \$25 gift card drawing. Students may register to win a backpack filled with school supplies. Drinks and snacks will be available.

Sign up to volunteer for specific events throughout the school year. Everyone can become a member - parents, grandparents, aunts, uncles, etc. Single membership is \$3 and a couples membership is \$5. Help us help students at

6th Grade Football begins Mon., July 26th

with practice from 5 to 7 p.m. at Rockcastle Middle School Wear comfortable, sturdy clothing!!



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Thursday, July 22, 2010

Rockcastle Regional hosts six-week FIT Camp for adolescents

By Morgan Kincer, Rockcastle Regional

Second Section

Due to the increase in childhood obesity and associated health complications of this disease, a need for increased physical activity, diet intervention and parent/child education is crucial. For this reason, a multidisciplinary approach to address these issues has been developed in the form of a children's day camp, called FITCAMP 2010.

purpose The FITCAMP is to provide a 6-week, daily regimen to address physical fitness, weight loss, diet modification, social issues and family dynamics, involving nutrition and the overall health of children.

Children ages 7-15 participate in the program. Each of the children have been properly screened and recommended by a physician and meet criteria for weight loss, as determined by a dietitian.

During the day camp,

participants engage in one hour of physical fitness. Each day, the workout varies, opening the participants' eyes to the variety of exercises that exist. Strength training, endurance activities, group fitchallenges, ness plyometrics plus stretching as well as education on parameters of exercise are learned daily.

Through the last few

weeks, campers have run relays, used stationary bicycles, swam, practiced Yoga, learned Swing Dancing basics, and participated in Zumba®. Every attempt to prove that exercise is fun and necessary is made with the hope that these participants will continue to exercise the rest of their life.

On the dietary side of the program, one on one sessions with participants and their parents are conducted to assess individual diet modifications and concerns. Weekly, participants meet for scheduled weighins and keep a daily food journal. With this schedule, participants are held accountable for their food decisions and are able to mark their progress during weekly weigh-ins. At the end of the day, healthy lunches are given to the participants to serve as models for balanced meals.

The last five weeks of FITCAMP have been incredibly successful. Each participant has seen improvements in their endurance and lost noticeable inches. While the children participating in camp are the ones directly instructed, families of the children are also on board and seeing the success that FITCAMP has to offer. One parent writes, "My son absolutely loves boot camp as well as our life style changes.□ I never have to remind him of what he is eating. □We were grocery shopping last night and he knew exactly what to get in every aisle.□ I saw him looking at the nutrition chart on some of his former favorites and he would tell his cousin all about why it was not good to eat. ☐ He told me the other day, 'Mom, I am never going back to how I used to eat' - I was very proud of him! He has found a new love in exercising, too. He is constantly active at home now, which is a big change from a month ago. ☐ Thanks to this program, our family will never be the same.□ Thank you so much!"

With testimonies such as these, proof that the necessity of FITCAMP is very obvious. We are very thankful for this initiative to instill vital health information to FITCAMP participants.

We would like to thank some of our sponsors who without their support, FITCAMP would certainly not be possible: Rockcastle Regional Hospital, Citizens Bank, PBK Bank, IGA, Subway, McDonald's and Wendy's.



Garrett Hamilton jogs in place at Rockcastle Regional's FIT Camp. The camp is a 6 week program designed to promote health and wellness by demonstrating the results that can be achieved through diet and exercise.



Kristen Holcomb prepares to stretch at the beginning of one of the one-hour workouts. Holcomb was one of the participants ages 7-15 that committed to the regi-

Rockcastle Regional Physical Therapist Robby Taylor is shown above encouraging Will Isaacs during an abdominal workout.



Jordan Smith is shown above performing excercises on a mat. The camp consisted of strength training, endurance activities, group fitness challenges, plyometrics and stretching taught daily.

Four local students compete in State 4-H Communication Day



Laiken Coffey, Breonya Napier and Madisan Miller represented Rockcastle County at the State 4-H Communications Day on Saturday, July 10th in Lexington. Laiken, shown above at left, was the first place winner in this year's State 15-year-old division, the title of her speech was "Experience for a Lifetime". In the 9-year-old division, Breonya Napier, shown above middle, was second place and her speech title was "Being a Money Smart Kid". Madisan Miller, above right, competed in the 13-yearold division. The title of her speech was "You Don't Need A Title to Make a Differ-

John David Hurley, shown at right, also recently competed in the State 4-H Communications Day. John David competed in the 12-yearold division and the title



of his speech was "My Experience with KYA".

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News from the Rockcastle Courthouse

District Civil Suits

John Hamm vs. Michelle Dozier, forcible detainer complaint.

Midland Funding LLC vs. Joshua McKinney, \$1,420.13 plus claimed due.

Midland Funding LLC vs. Norma Stewart, \$674.43 plus claimed due.

Rockcastle Hospital vs. Christopher D. Dillingham, \$803.32 plus claimed due. Midland Funding LLC vs.

John Evans, \$856.57 plus claimed due. Midland Funding LLC vs.

Danielle Capusor, \$1,154.55 plus claimed due.

Rockcastsle Hospital vs. Jerry Saylor, \$3,700.69 plus claimed due.

Midland Funding LLC vs. Margaret Zenth, \$2,112,34 plus claimed due. Midland Funding LLC vs.

claimed due. GHS Investments vs. Nancy Freeman, et al, forc-

Walter Tice, \$1,295.91 plus

ible detainer complaint. John D. Poynter vs. Steve Samples, forcible detainer complaint.

Circuit Civil Suits

Cabinet for Health and Family Services, ex rel Donna Anderson vs. Ricky Hickey, complaint for child support and medical support.

Rockcastle Hospital and Rehabilitation Center vs. Crystal Ann Carlton, \$4,434.80 plus claimed due. Robert Pettit vs. Kathy L.

Hensley, complaint. LaJoy Graves vs. Nelson Graves, petition for dissolution of marriage.

Jonathan Weaver vs. Christina Ann Jones, custody petition.

Jason Reynolds vs. Allison Reynolds, petition for dissolution of marriage.

Anthony Michael Cook vs. Robin Renee Cook, petition for dissolution of mar-

Amanda Asher-Dudley vs. Thomas J. Dudley, petition for dissolution of marriage.

Deeds Recorded

Marsha Harris, property in Rockcastle County, to Marty Harris. No tax.

Marty Harris, property in Rockcastle County, to Margie Harris. No tax.

Russell M. Smith, property on Hwy. 25, to Kaitlin Smith. Tax \$4.

Michael D. Seeley, property in Houston Point Subdv., to Ronnie Lee McClure and Brittany Offutt. Tax \$75.50.

Mary Ellen and Charles Stewart, property in Mt. Vernon Park Subdv., to Debra Martina Alcorn. No tax.

Bobby and Janelle Beaty and Sandy Beaty, property on Sand Springs Road, to Harold and Verla Miller. Tax \$1.50.

Douglas P. and Helen J. Himes Burdette, property in Rockcastle County, to Joy E. Burdette. No tax

Ronald Anglin, property in Rockcastle County, to London Radio Service, Inc.Tax

Stewart and Tracy Hicks Walker, property on waters of Cove Branch, to London Radio Service, Inc. No tax.

Subscribe to the Signal

Marriage Licenses

Brittany N. Owens, 20, Berea, pharmacy clerk to Elmer Williams IV, landscaping. 7/19/10.

Kimberly Kay Allen, 32, Mt. Vernon, nurse aide to Anthony Shane Bowling, 26, Mt. Vernon, maintenance. 7/

Elizabeth Reese Faust, 56, London, retired to Felix Preston Farmer, 77, London, lawyer. 7/12/10.

Ilse L. Dehner, 40, Lexington, event manager to Jeffrey S. Stevens, 46, Mt. Vernon, military. 7/13/10.

Justine Hamilton, 35, Mt. Vernon, Home Health aide to Robert Lee Alcorn, 31, Mt. Vernon, driver. 7/16/10.

District Court

Hon. Kathryn G. Wood

Kevin McCowan: possession of marijuana, possession controlled substance and use/ possession, 30 days (each count) concurrent plus costs.

Douglas A. Nevels: probation revocation hearing, 50 days for probation violation/ balance (250 days), probated 24 months on condition.

David Page: operating motor vehicle under influence of alcohol/drugs, \$200 fine and costs, \$375 service fee, 30 days operator license suspension/ADE authorized.

William W. Riddle: probation revocation hearing, 90 days for probation violation/ balance (250 days), probated 24 months on condition.

Shannon Vaughn: theft by deception, 4 days lieu of fine and costs plus \$40 restitution. Mark E. Wimmer: operat-

ing motor vehicle under influence of alcohol/drugs, 30 days in lieu of fines and costs plus \$375 service fee, 30 days operator license suspension/ ADE authorized.

Ronald Abney: fines/fees due (\$103), bench warrant (bw) issued for failure to appear (fta)/3 days in jail or payment in full.

Nancy E. Baker: failure to produce insurance card, \$50

Bobby L. Couch: fines/ fees due (\$143), bw issued for fta, 3 days in jail or payment

Jessica M. Day: operating on suspended/revoked operators license, bw issued for fta/ license suspended.

Kolan P. Durham: fines/ fees due (\$233), bw issued for fta/5 days in jail or payment in full.

Christopher S. Foster: fines/fees due (\$68), bw issued for fta/2 days in jail or payment

Julio C. Gomez: operating vehicle with expired operators license, \$100 fine and costs. Ricky Holland: failure to

wear seat belts, \$25 fine. Gina A. Howard: operating

on suspended/revoked operators license, \$100 fine and costs; failure to wear seat belts, \$25 fine.

Daniel J. Hunsucker: 1st degree possession controlled substance (three counts), use/ possession drug paraphernalia, possession controlled substance, 3rd degree and controlled substance prescription not in original container, bw issued for fta.

Judah P. Ison: operator/passenger ATV without headgear, \$25 fine and costs.

Kelby T. Johnson: theft by deception (two counts), bw is-

sued for fta. Robert L. Lear, Jr: failure to wear seat belts, \$25 fine.

David Lorey: faulty equipment, \$100 fine and costs. Kimberly Lovell: fines/fees

due (\$53), bw issued for fta/2 days in jail or payment in full.

Lisa L. Mason: fines/fees due (\$342.52), 7 days in jail in lieu of fine or payment in full.

William J. McKinney: failure to wear seat belts, \$25 fine; failure to notiry address change to Dept. of Trans., \$25 fine and costs.

Timothy S. Milburn, Jr: community service work hearing/6 days in lieu of fines/ costs.

Mearrel Chester Robinson: operating motor vehicle under influence of alcohol/drugs, \$200 fine and costs, \$375 service fee, 30 days operator license suspension/ADE autho-

Linda M. Rodgers: possession open alcohol beverage container in motor vehicle and operating motor vehicle under influence alcohol/drugs, license suspended for fta.

Anastasia Rowland: operating on suspended/revoked operators license and failure to wear seat belts, bw issued for

Ashley D. Sanders: failure to wear seat belts, \$25 fine.

Jon K. Sanders: operating on suspended/revoked operators license, \$100 fine and costs; failure to wear seat belts, \$25 fine; failure to notify address change to Trans. Dept., \$25 fine.

Matt D. Spoonamore: fines/fees due (\$673), bw issued for fta/14 days in jail or payment in full.

Brandon C. Sutton: fines/ fees due (\$243), bw issued for fta/6 days in jail or payment

August F. Wade: operating on suspended/revoked operators license; failure to maintain insurance; no/expired registration plates/receipt; improper registration plate, bw issued for fta.

Joseph Wilson: failure to wear seat belts, \$25 fine.

Dan G. Cotton III: failure to wear seat belts, paid.

Raleigh Downey: failure to wear seat belts, \$25 fine.

Speeding: Scott A. Gill, Kristy Johnson, Matthew R. Livingston, license suspended for fta.

Brandon N. Mason: no/expired Kentucky registration receipt, \$25 fine; no/expired registration plates, \$25 fine; failure to maintain insurance, \$500 fine and costs; possession open alcohol beverage container in motor vehicle, \$50 fine; failure to register transfer of motor vehicle, \$25 fine; obstructed vision and/or windshield, \$25 fine.

Elisha L. Jasper: failure to wear seat belts, license suspended for fta.

Jamie L. Karr: failure to wear seat belts, paid.

Jennifer M. Lawson: failure to wear seat belts, paid.

Tony L. Mills: failure to wear seat belts, paid.

Brandon D. Robinson: failure to wear seat belts, license suspended for fta.

Patrick T. Smith: failure to wear seat belts, paid.

Geoffery P. Vanhook: failure to wear seat belts, license suspended for fta.

Laney Deanna Berry: fines/fees due (\$333), bw issued for fta/7 days in jail or payment in full.

Derick D. Bishop: restitution due (\$718), bw issued.

Melvin S. Farris: fines/fees due (\$183), bw issued for fta/ 4 days in jail or payment in

Donnie L. Glover: fines/ fees due (\$183), bw issued for fta/4 days in jail or payment

Kelby T. Johnson: theft by deception (two counts), warrant issued for fta.

Bryan A. Jones: operating motor vehicle under influence of alcohol/drugs, \$200 fine and costs, \$375 service fee, 120 days license suspension/ ADE authorized.

Jamie C. Medley: revocation hearing, sentenced to serve 20 days of sentence with balance probated 24 months/ weekend service authorized.

Wesley H. Mullins: fines/ fees due (\$133), bw issued for fta/3 days in jail or payment

Michael D. Santo: theft by deception (two counts), bw issued for fta.

Clarence A. Scalf: fines/ fees due (\$183), bw issued for fta/4 days in jail or payment in full.

Shannon L. York: fines/ fees due (\$218), bw issued for fta/5 days in jail or payment

Live Bluegrass & Country Music

Every Saturday Night - 7 p.m.

At the "Hog-Pen" behind **Dari-Delite** in Brodhead

Bring Lawn Chair

Saturday, July 24th

Billy Bryant, Auctioneer

PUBLIC AUCTION

Main St., Livingston, Ky.

UNDER NEW MANAGEMENT

Everyone Welcome! Consignments Welcome!!

of The Late Ms. Pairlee Hensley's Commercial Building and Fabric Inventory

Friday, July 30, 2010 at 10:00 a.n Near I-75 Exit 49, 9342 North US Hwy 25. East Bernstadt,

Northern Laurel Co, Ky



don. Go 1,000 feet and turn up the hill to the property. Auction signs are posted. In order to settle the estate of the late Ms. Pairlee Hensley, our firms have been authorized by Jennifer Hill, trustee to sell the real estate, equipment and inventory of the Fabric 4U shop for the absolute high

LOCATION: From I-75 Exit 49, turn north toward US 25. Proceed to US 25 and turn toward Lon-

dollar. The building and the mobile home will be offered separately and then together selling in the manner which brings the best returns for the sellers. COMMERCIAL BUILDING: The property consists of a large metal commercial building measuring 50 x 200 with approx. 10,000 sq ft of usable area. The building's height is approx. 12 ft at the exterior walls

and increases to approx. 13.6 ft in the center. The building has concrete floors, bathroom, city water,

septic, central heat and air. The building would be ideal for retail or a shop and is situated on 6.89 acres. MOBILE HOME: In addition to the commercial building, we will be selling a 12 x 60 mobile home with three bedrooms, kitchen, living room, and two baths. The home has electric heat and city water. The mobile home if sold separately is to be moved.

EQUIPMENT AND INVENTORY: We will be selling thousands of yards of drapery and upholstery material such as velvets, suede, tapestry, floral prints, and much more. This auction offers one of the largest selections of decorative trim in Kentucky including: bullion, brush, rope, tassel, and feather just to name a few. There is a large selection of different size and color of tassels and tie backs as well as wall hangings, home decor, some furniture and much more. There is a cash register, shelving, showcases, fabric racks and a counter – a complete liquidation. These items will be selling in dealer lots.

ORDER OF SALE: The real estate will sell first. The equipment and material will sell immediately there-

AUCTIONEER'S NOTE: Although this building has been used for a fabric store, it would be ideal for many other uses such as an industrial shop or retail. Conveniently located only ½ mile off I-75 on US 25. So mark your calendar to attend this auction on Friday, July 30th at 10:00 a.m.

TERMS: Real estate: 20% down day of sale, balance in 30 days. Personal Property: Cash or check in full day of sale. MasterCard or Visa will also be accepted with a processing fee of 3% (or minimum \$3.00 fee).

Announcements day of sale take precedence over printed matter.

For additional information, contact the selling agents.









Did you reverse your ceiling fan rotation for summer? Making sure your fan is spinning in the right direction for the season can help you save more energy dollars than most people think by making the home feel at least

4 degrees cooler!

How do you know when the fan is going in the right direction at the right time of the year? Stand directly under your ceiling fan and look up. In the summertime, and with 12 o'clock being at the top, the blades should be turning counter-clockwise and you should feel the breeze. You also want to use the higher fan speeds in the summer. It's the air movement against your skin that makes you feel cooler! If you feel a breeze, you're on the mark!

Note: In the winter, keep your fan on the low settings. This will help circulate the warmer air that tends to rise back down into the living area without creating too much of a cooling breeze.

Remembering the phrase "Counter keeps you cool!" will help remind you that counter for the





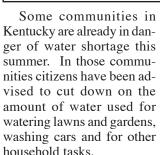
Rockcastle Kiwanis Club welcomed Dr. and Mrs. Glen Kleine to their July 8th meeting held at the Rock Fire Steakhouse. Dr. and Mrs. Kleine are both members of the Madison County Kiwanis Club and Dr. Kleine is currently serving as Governor of the Kentucky-Tennessee Kiwanis District. The Kiwanis Club meets every Thursday at the Rock Fire Steakhouse. The public is invited. Shown above, from left: Tarina Helton, treasurer; Rose Brown; Tamara Cox, secretary; Dr. Kleine; Joan Kleine; Vicki Cox, president and Larry

Your water footprint

Family and Consumer Sciences

Hazel Jackson

Rockcastle County Extension Office



We should all be concerned about the amount of water that we use, not just in the summertime, but year round. The term carbon footprint is a measure of the impact your activities have on the environment based on how much carbon dioxide those activities produce. Examples range from driving a car to using disposable plastics. Greater knowledge about limited energy sources and programs like "See Blue, Go Green" help raise awareness about our individual impact on the environment. What many consumers may not know is that they also have a water footprint.

Similar to our carbon footprint, our water footprint is defined by primary and secondary uses. Primary uses include watering the lawn and using the dishwasher. Secondary uses have more to do with the water resources needed to manufacture products we buy. For example, the production of one cup of coffee uses approximately 37 gallons of water. This calculation begins with the water needed to grow the coffee tree. It continues to add up with processing and transportation costs and ends with the water you pour into your coffeepot. Don't forget any water that might be used to produce the electricity that powers your coffeepot.

The above example illustrates how quickly gallons can add up. When you consider the average water footprint per capita in the United States is more than 660,000 gallons per year, it is easy to see how water resources can be quickly depleted. To determine your water footprint, to the website

www.waterfootprint.org and click on the calculator.

Just a little effort can go a long way toward reducing your water footprint. Here are some simple steps you can take to help conserve this natural resource.

- 1. Shorten your shower by two minutes and save five to 10 gallons of water.
- 2. Do not let the water run when washing your hands or brushing your teeth. A running faucet can use more than two gallons of water per
- 3. Repair leaky faucets. One dripping faucet can use up to 25 gallons of water a day.
- 4. Wash full loads of laundry or adjust the load-size setting if you need to wash smaller loads.
- 5. Set automatic dishwashers to the water-saving or short cycle.
- 6. Use a pan or a sink full of water to wash and rinse dishes. Don't rinse dishes under a running faucet.
- 7. Keep a bottle or pitcher of drinking water in the refrigerator instead of running the faucet to get cold water.
- 8. Use a small pool for outdoor play instead of a water hose or sprinkler.
- 9. Mulch trees, shrubs and flower and vegetable gardens to help retain soil moisture. Control weeds which compete with plants for water.

10. Water lawns and gardens early in the morning. This will help reduce water lost through evaporation.

For more information about water conservation, contact the Rockcastle County Cooperative Extension Service at 256-2403. You can also access many materials on water and the environment by going to the University of Kentucky "See Blue, Go Green" website at www.ca.uky.edu/gogreen. Educational programs of the Cooperative Extension Service serve all people regardless of race, color, age, sex, religion, disability or national origin.

Rockcastle County Recycling Trailer Schedule Changes

The Rockcastle County Recycling Center is now providing recycling drop-off opportunities in outlying areas of Rockcastle County. Due to the purchase of two new recycling trailers, beginning June 1st, the recycling trailers will be left permanently at the following locations: City of Brodhead (gravel lot across from Citizens Bank), City of Livingston (gravel lot across from old Livingston Gymnasium), Brindle Ridge Volunteer Fire Department (at Conway), and at the Pongo Volunteer Fire Department The trailers will only be pulled out to empty them and will then be taken back to the same location.

The following items may be put in these trailers: mixed paper, mixed plastic #2-7, #1 plastic bottles, clear milk jugs, steel and aluminum cans, glass bottles and jars, and

Please help us make this a successful venture by being clean and/or neat with our recycling habits. Do not put anything in the individual bins except what is labeled on them. If you drop something on the ground, pick it up. Absolutely no trash is to be put into the bins! Remember, camera surveillance is utilized in Rockcastle County and it is illegal to improperly to dispose of trash.

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ne was formerly used as an office building and features a waiting oom, sun room, 3 offices, kitchen, 1 bath and 2 bedrooms upstairs. Other



Beautiful Home and Great Location! This 2-story brick home situ ated on 4.876 acres features LR, DR, FR, Kit, Foyer, Bath and Utility room on the first floor. The second floor features 3 BR and 2 BA. Other amen ties include a 2-car attached garage, front porch, rear patio, blacktop drive way, storage building, kitchen appliances, heat pump, c eptic system, fireplace and alarm system. Priced at \$154,900. M2522



Outstanding Home, Exceptional Value in Oakwood Estates Home has over 2,000 sq. ft. of living space, a 2-car garage with bonu oom and additional workshop in basement. Lot backs up to nice farm dav. \$155,000. M2543



Views+Quality+Acreage=Value! Beautiful 3 bedroom, 2.5 bath, ranch style home on 51 acres overlooking Cedar Creek Lake in Lincolr County. Home is very custom. Amenities include: above ground pool nroom, screened in porch, 36x48 metal barn with three 12x12 sliding doors, concrete drive and sidewalk, and a 3-car garage, Approx, 48 cleared acres, 3 ponds, and a view of the lake that you'll fall in love with, Call today! \$375,900, M2532



Enjoy the Peace and Serenity of County Living! This 28x60 viny sided doublewide, situated on 8.44 acres by survey, features eat-in kitchen, living room, 3 BR, 2 BA and utility room. Other amenities in clude a 1-car attached carport, det. garage bldg., storage bldg., barn rear and front porches, city water, septic and a creek running through property. Priced to sell QUICK!! Don't let this one get away. Call today



56 Acres, Convenient and Private! Ranch style house with 3 BR.LR (it., Bath plus a barn, garage and outbuilding. Nestled among the hills vith 35 acres of cropland and halance in woods. Picturesque is the bes



tures a family room and living room each with a fireplace, eat-in kitcher dining room, 3 bedrooms, 2 baths all on the ground level. Large family rage. Take a look! \$249,900, M2453



has been completely renovated and has approximately 5,600 sq. ft. of living area. Great for commercial use or residential. Unsurpassed work



oom, kitchen-dining room combo, family-recreation room in b and a 2-car detached garage. Just \$109,000. M2575



dance of blacktop road frontage along Mack Sims Road. It is improve with an older house featuring a LR. Kit and 1 BR. Other amenities in clude a spring-fed, stocked pond, city water and a beautiful view. M2454



Modern Rustic Home near city limits and has 4 bedrooms. baths, living room, dining room, kitchen and a den to be enjoyed by its new owners. The kitchen has a nice island and eat-in bar area.The den and living room each offer wood burning stoves.Barn wood walls add a special uniqueness to the den area. Other amenities include central heat/air.in ground 10 ft.swimming pool, 2-car detached garage with a great 2 bedroom apartment above it. Call



on 57/100 of an acre Motivated sellers, Just \$59,500, M2528



Pick Your Own Style ~ This home features 3 bedrooms, 2 baths, utility oom, basement and 2 car garage. Home has glazed cherry cabinets witl porcelain tile in kitchen and fover. Home needs to be finished and this



16.5 acres m/l. Features include: LR, FR, DR and Kit combo, 4 BR, 2 BA and utility room. Other amenities include: 30x40 metal building w/concrete floor and electric, wood storage building, city water, septic sys



ountry! This quaint brick home has 3 bedrooms, living room, kitchen. oath and basement. If you like country living, in the midst of a farming



This vinyl sided house with 3 bedrooms, 2 baths, affords country living 149.900. Call today and don't miss out! M2511



Welcome Home! Check out this nice brick home in the city limits o Mt. Vernon. Home consists of 3 bedrooms, 1 1/2 baths, living room kitchen/dining room combo, utility room and full finished basement Priced at \$119,900. Call today for your appointment. M2504.



back yard will make for great entertainment. Priced at \$155,000. Ther



Country Living at it's Best! ~ 1 1/2 story beautiful 3 BR. 3 1/2 bath nome with full basement. Situated on 3 acres. Property is between tanford and Danville on Carmen Lane and is improved with bound caping. Don't miss out, call today! \$225,000. M2572



LR and Utility. Other amenities include: central heat/air, hardwood and tile flooring, attached garage, city water, restricted subdivision. Don hesitate to call...if you wait, it might be too late! Priced at only \$124,900

Acreage For Sale

2 acres across from Rainbow Ridge Subdivision...in Mt. Vernon, Ky. Priced at \$33,500. M2565

Do you like privacy? A great view? Woods? then you will like this 9 1/2 acres located on Hwy. 1249 near Pongo Fire Department. This acreage has city water and would be a nice building site. Just

125 acres with 1/2 interest in other 175 acres. Priced at \$212,500. M2579 189 acres +/- in the Sand Springs/Blue Springs area. \$189,900. M2580

83.53 acres in the Sand Springs/Blue Springs area of Rockcastle County. Priced at \$85,000.M2581

New Listing! Development Land or Farmland - Prime country setting, approximately 40 a cres of level land, city water, 3/4 mile of road frontage. Owner will consider dividing. It won't last long Approximately 40 acres located at 1427 Alum Springs Crosspike Road in Danville, Ky. Located just outside the city limits this farm offers a panoramic view of surrounding farmland and

overlooks the city of Danville. Land is gently rolling and has city water available. There is a large barn for handling cattle or crops. Very private. M2501 One of the best farms in Rockcastle County is now for sale! This farm contains 105 acres more or less with road frontage on Strawberry Lane and also access of of Hwy. 1650. Improvements on property include: tobacco barn, 2 equipment sheds, dairy barn building, stack pad, and trench silo. Other amenities include: 3 ponds, 2 locations with city water, and good fence around pasture land.

Reduced! Secluded! Unimproved vacant land ideal for hunting or as recreation land. Being sold by boundary deed. Deed copy available for your review. Approximately 8 acres for \$12,500. M2524

Hunting or Farming! 27.9 acres with road frontage, private with blacktop road. Located in Northern Pulaski County between Hwy. 27 and Hwy. 39. \$29,900. M2525 Hurry! Hurry! Hurry! If you are looking for a new place to reside, look no further, here's your place! Located just minutes from Brodhead and in a great country setting. This spacious 3 acre more or

ess tract has lots of potential. Priced at only \$16,000. Hurry, before it's too late. M2514 5 miles from Danville....59 acres farm with pond. Approximately 35 acres of level, cleared land + 24 acres of woods. Priced to sell at \$189.900. M2533 Little Hideaway... 18.08 acres of good hunting and recreational prospects. Timber growing. Five minutes from Main Street only \$25,000. M2441

2 Acres.... in the Ottenheim Community that front on Hwy. 643. City water available, great building or home site. Owner out of state and says SELL. Only \$11,500. M2479

Gently rolling, fully fenced eleven acres! Located on Elm Street in Crab Orchard. City water and electric at the property. M2181 Elbow Room Close to Town.... 3.32 acres of unrestricted land for you to use as you please. Over 475 feet of road frontage along Old Brodhead Road (Hwy. 1326). Priced at \$15,900. M2480

50 Acres- Wild and wooly. Remote in the Daniel Boone National Forest. Great for investment - hunting - recreation. Just \$45,900. M2455 18 Acres Near McKee. Timber land. Priced at \$25,000. M2456

5 Acres of Prime Land - for development near Exit 59, I-75. Easy access off of US 25. Priced at \$55,000. M2465 13 acres overlooking Mt. Vernon on old US 25. Building sites - convenience. This won't last long priced at \$24,900. M2444

Future Auctions

Absolute Estate Auction of the Late Marcia Wolfe's Mobile Home and Lot Friday, July 23, 2010 at 5:30 p.m. • 325 Mark Street, Somerset, Ky.

Absolute Auction of Feldman Lumber Company's 127 Acres More or Less in Tracts Saturday, July 24, 2010 at 10:00 a.m. • Hisle Community of Jackson County, KY

Absolute Auction of The Hardwick Family Farm's 200 Acres in Tracts Saturday, July 24, 2010 at 10:00 a.m. • Hwy 790 - Bronston, Ky

Absolute Estate Auction of The Late Ms. Pairlee Hensley's Commercial Building ~ Fabrics Friday, July 30, 2010 at 10:00 a.m. • Near I-75 Exit 49, 9342 North US Hwy 25, East Bernstadt, Laurel County, KY Absolute Estate Auction of Ms. Annie Brent's House and Lot ~ Personal Property

Saturday, July 31, 2010 at 10:00 a.m. • 703 Miller Street, Stanford, KY 40484 Absolute Estate Auction of Ms. Dora Ruth Lakes' Doublewide & Lot

Saturday, July 31st at 10:00 a.m. • 624 Mataline's Way, Berea, KY Absolute Estate Auction of the Late Ms. Wilma Hodge's Mobile Home and Lots - Personal Property Saturday, July 31st at 10:30 a.m. • 135 Cundiff Road - Faubush

Absolute Auction of Reggie Stringer Concrete Pumping LLC"s Convenient Store and Lot Saturday, July 31st at 12:00 p.m. • 1867 Hwy 196 - Nancy, Ky.

Agricultural News

By: Warden Alexander, FSA Director

FSA Accepting County Committee Nominations

Farm Service Agency (FSA) is now accepting farmer and rancher candidate nominations for local Farm Service Agency (FSA) county committees. The nomination period continues through August 2, 2010, with elections taking place this fall. Ballots will be mailed to eligible voters November

FSA county committee members make decisions for a variety of agricultural-related programs, including disaster, conservation, emergency and commodity price support.

Members serve three-year terms. Nationwide, there are about 7,800 farmers and ranchers serving on FSA county committees. Committees consist of three to eleven members who are elected by eligible producers.

To be eligible to serve on a FSA county committee, a person must participate or cooperate in a program administered by FSA, be eligible to vote in a county committee election and reside in the local administrative area in which the person is a candi-

Producers may nominate themselves or others, and organizations representing minorities and women may also nominate candidates. Nominations for LAA Number 1, Community A (Western section of Rockcastle County bound by Pulaski, Lincoln and Garrard Counties on Highway 70, Hwy 150, I-75 and Little Hurricane Rd.) must be completed and turned in to the FSA Office no later than August 2, 2010. Individuals may nominate themselves or other eligible candidates by completing form FSA-669A (Nomination Form for County FSA Committee Election Nomination). Form FS-669A for the 2010 election must be postmarked or received in the local USDA Service Center by close of business on August 2, 2010. The form and other valuable information about FSA county committee elections are available online at www.fsa.usda.gov/elections. Accommodations

Persons with disabilities who require accommodations to attend or participate in FSA meetings/events or functions should contact Warden Alexander at 606-256-2525 or Federal Relay Service at 1-800-877-8339

Important Program Dates Milk Income Loss Contract (MILC) Program-signup continues

Conservation Reserve Program-signup continues

Farm Storage Facility Loan Program continues

Maximum Discount Rate for TTPP

Farm Ownership Loans (Direct) continues

Farm Operating Loans (Direct) continues Limited Resource Loans

continues Emergency Loans contin-

For more information about FSA programs and other vital information please contact your local FSA service center or visit http:// www.fsa.usda.gov.

The US Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program. (Not all prohibited basis apply to all programs). Persons with disabilities who require alternative means for communication or program information (Braille, large print, audiotape, etc) should contact USDA's Target Center at 202-720-2600

(voice and TDD) To file a complaint of discrimination write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, DC 20250-9410 Or call (800) 795-3272 (voice) or (202) 720-6382 (TDD).

USDA is an equal opportunity provider, employer and



The Family Room By: Dr. Roy Don Whitehead

Susan was introduced to Jack by a mutual friend. (Susan and Jack are not real people.) Susan ran her own business, and Jack was looking for a job. He had just been released from jail where he had spent ten days because of a DUI conviction. He had held three jobs in the past year. The longest he stayed at any job was three months. Did Susan hire him to work for her? No, she married him.

Some women marry men they would never hire to work for them. If Jack had applied for a job with Susan's company and honestly filled out the application form, she never would have hired him. His work history and his brushes with the law did not make him a good prospect for employment.

Susan married Jack because she "fell in love with him," as she described it. "This wonderful feeling came over me when I was with him," she added. "I just knew that he was the man of my dreams. I thought my Prince Charming had come. I have no children and I thought he was the man with whom I could raise a family." This "feeling of love" can cause intelligent people to make foolish decisions.

Feelings of being in love can be deceptive. Susan has learned not to trust those feelings in the future and has learned many other things from this experience. Jack became abusive after six months and could never hold a job. He had moved in with Susan, and she had a very difficult time getting rid of him.

In evaluating a prospective mate, there are certain essential questions that should be answered. Below is the "Application Form for Marital Bliss." Several "yes" answers should serve as red flags that need further investigation.

- 1. Does he drink too
- 2. Does he use or sell ille-
- 3. Does he overuse or sell

- 4. Has he ever been charged with a violent act? 5. Has he ever been in
- jail? 6. Has he ever had a domestic violence order against
- 7. Does he have a history
- of quitting or losing jobs fre-
- 8. Is he behind on child support payments?
- 9. Does he neglect his children?
- 10. Does he neglect to mention that he has a girlfriend or is already married?
- 11. Has he ever cursed you or called you names? 12. Has he ever hit, shoved, kicked, pushed, choked, held you or grabbed
- your hair? 13. Has he ever thrown or broken something in anger?
- 14. Does he owe money to friends and family?
- 15. Does he try to control where you go or who you talk
- 16. Is he jealous or possessive?

Do not marry someone until you know them well enough to know the answers to these questions. If your prospective partner is reluctant to provide the answers, then his reluctance is a red flag of warning. Marriage is too important to rush into without knowing all you can about your mate. Take your time. Ask questions. Don't

[If you need help because of a domestic violence situation, call Family Life Abuse Center at 800-755-5348.]

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606-256-2050

KENTUCKY FARM BUREAU



BIG ON COMMITMENT.

PUBLIC NOTICE

To Interested Business, Labor Organizations and Interested Citizens:

The United States Department of Labor under TEGL 21-09 has issued guidance allowing for The Cumberlands Workforce Investment Board's Five Year Plan expiration date to be extended from June 30, 2010 to June 30, 2011. This plan is for the delivery of Youth, Adult and Dislocated Worker services through the Workforce Investment Act, continuing to build on the One-Stop Career Center approach and administrative duties.

The CWIB is formally opening a 30 day comment period for anyone that wishes to read the plan and make comments. The final day that comments will be received is August 10, 2010.

The plan is posted on the following website for review, www.lcadd.org or to obtain a copy of the Five Year Plan please contact Darryl McGaha, via e-mail darryl@lcadd.org or P.O. Box 1570, Russell Springs, KY 42642. Any comments that you have may be delivered in the same manner, with exception of phone. We wish to have all comments in writing for documentation.

Rockcastle Community **Bulletin Board**

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Football Season Begins

6th Grade football season begins Monday, July 26th with practice from 5 to 7 p.m. at the middle school. wear comfortable, sturdy clothing.

Open House at RES

Roundstone Elementary School will hold an Open House on Tuesday, August 3rd from 4 to 7 p.m.

"Pickin' For the Kids"

A Bluegrass Concert will be held Sat., July 31 from 10 a.m. to 11 p.m. at the Laurel-London Optimist Complex in London. Admission is \$10 in advance - \$12 at the gate. Featured performers will be Ralph Stanley II, the Moron Brothers, Mountain Connection and many more. Proceeds go to benefit the Needy Family Christmas program. For information, call 606-862-7027 or go to laurellondonoptimist.org.

Disabled American Veterans

Disable American Veterans State Service Officer will be at the DAV Building on July 20, 2010 starting at 9:00 a.m. to 12:00 p.m. For further assistance call 606-862-0032 or 606-877-1308.

Travel to the Pacific Northwest

Make plans now to travel to the Pacific Northwest with Rockcastle Travelers in July 2011. Call Doug or Sue at 256-2012 for more information. Better hurry - this one fills up

Ronald McDonald at Library

Ronald McDonald will be at the Rockcastle Co. Public Library Friday, July 23rd at 4 p.m. for a pizza party! There will be prizes.

Brodhead City Hall Closed

Brodhead City Hall will be closed Thursday, July 15th and be open Friday, July 16th from 10 a.m. to 4 p.m. Payments may be put in drop box. Late charges will not be applied until Tuesday, July 20, 2010 at 10 a.m.

CCFFG Meeting

The CCFFG, Concerned Citizens for Fair Government, meets the third Tuesday of each month at 6 p.m. at the Rockcastle Courthouse. Please enter through back.

Lifeguard Class

Berea Parks and Recreation will offer "Guard Start," a program for individuals ages 11-15 who are interested in becoming a lifeguard. The class will be held from 8:30 a.m. to 10 a.m., August 2-6. Call 986-9402 for more information.

Extension Service Activities

Children's 4-H Quilting Day Camp -July 22nd and 23rd at the extension service. Shaker Tape Seat Weaving Workshop -July 19th, 9 a.m. to Noon. \$20. Fish Print for Quilts -August 2nd - 10 a.m. Leader Lesson on Couponing -August 24, 21010, 1 p.m. Please call 256-2403 for material list and more information.

2010 Back to School Bash

the 2010 Back to School Bash, sponsored by The Berea Parks and Recreation Department, will be held August 14th, beginning at 7 p.m. The evening will include swimming, games and fun and will end with a Movie Under the Stars, beginning at dark. Call 623-555 the day of the show to find out the movie title. Free event for all ages. Call 986-9402 for more info.

VFW News

VFW Post 5988 is open Monday, Wednesday and Thursday at 5 p.m. for members and their guests. The monthly meeting will be held the fourth Thursday of each month, beginning at 7 p.m. Bingo is held at the post every Tuesday, beginning at 6:30 p.m. and is open to the public.

Brodhead Lodge Meeting

The Brodhead Masonic Lodge #556 meets every third Saturday at 7 p.m. on Main Street in Brodhead above Brodhead Pharmacy.

Kiwanis Club Meetings The Rockcastle Kiwanis Club meets every Thursday at noon

at Rock Fire Grill. **Historical Society Hours** The Rockcastle Historical Society is open on Mondays from

10 a.m. to 2 p.m. in the RTEC garage building. Monthly society meetings are held the 4th Friday of each month at 5:30 p.m. at the Senior Citizens Building in Mt. Vernon. **RCIDA Meetings**

The Rockcastle County Industrial Development Authority

holds its regular meeting the first Monday of each month at

noon on the third floor of the courthouse. **NA Women's Meeting** The Women's NA Serenity Group of Mt. Vernon meets each

Monday at 8 p.m. at the Christian Appalachian Project Community Center, 64 Beiting Lane, Mt. Vernon. Open meeting, non-smoking. **Women's Narcotics Meeting**

There will be a Women's Narcotics Anonymous Meeting

every Monday evening at 8 p.m. at the Community Center, sponsored by Christian Appalachian Center. For more information, contact the Healing Rain Center at 256-5810.

Alcoholics Anonymous

Alcoholics Anonymous meets Tuesday nights at 8 p.m. behind Our Lady of Mt. Vernon Church on Williams St. in Mt. Vernon.

Narcotics Anonymous

Narcotics Anonymous meets Thursday nights at 8 o'clock behind Our Lady of Mt. Vernon Church on Williams St. in Mt. Vernon.

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For Rent

For Rent: Small 3 bedroom, 1 bath home w/central heat and air. 45 Clark St., Mt. Vernon. Deposit and reference required. 606-758-9882 or 859-559-9903. 34x1

For Rent: 1 bedroom apartment w/central heat and air. 75B Clark St., Mt. Vernon. 606-758-9882 or 859-559-9903. Deposit and reference required. 34x1

For Rent or Sale: Former Mt. Vernon Oil and Tire Building. 606-256-2319.

For Rent: 2 bedroom house; older trailer; 3 bedroom house being newly remodeled that will be available in about a month. Located in Orlando. Good references and credit required. For details 859-621-

For Rent: 2 bedroom house in Brodhead. No pets. 758-4729. 32xntf

For Rent: 2BR house on 490 (Upper River Road). \$300 month/\$400 deposit. Call 600-231-9836. 33x2p

For Rent: 2 bedroom trailers in Brodhead. Rent plus deposit required w/reference.

758-8922. 32x3p

For Rent: 3 Bedroom house. Central air, 1 bath, on Hwy. 1505, Brodhead. You will need reference. \$400 month/ \$200 deposit. No drugs allowed. 758-8692. 34x1p

For Rent: Accepting applica-

Maple St. Storage of Brodhead 256-2884 or 606-308-2491

For Rent

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setween Somerset & Mt. Vernor deal building tracts with feature such as woods/pastures/views, vater/electric/telephone,Suitable for DW or Home. Elrod Rd. .9 acres with nice pond \$32,500 (\$1,625 down,\$304/month).

lwy 934 6.1ac.w/ woods\$34,900 (\$1,745 down, \$326/month). 1.6 ac. of nice land @ \$21,500 (\$1,075 down, \$201/month).

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tions at Mt. Vernon Housing Authority on Mondays 9 a.m. til 12 noon. Rent based on income. 256-4185. 14xntf

Accepting Applications: For 2 and 3 bedroom units at Valley View Apartments. Rent based on income. Call 256-5912. Equal Housing Opportunity, TDD for hearing impaired only. 1-800-247-2510.

For Rent: 2 bedroom trailer, \$150 mo. plus deposit. Call 606-308-5389. 31x4

For Rent: Mobile Home, 2 bedrooms. In town. New floors, air, stove, ref. 304428 or 256-3261. 34x1p

Property For Sale

For Sale: House w/garage and basement on 50x200 lot. 165 Dailey St., Mt. Vernon. Make offer. 859-336-9569. 33x4p

For Sale: 50 acres, barn, older home, 2 ponds, farm fenced, 95% tendable and pasture, road frontage on Rt. 1650, Ottawa Church Road, 1/4 mile off Rt. 70. Call 606-

308-3997. For Sale: 2 bedroom house in Livingston. Needs repairs. \$12,000. Call 606-231-9836.

33x2p

For Sale: Two approx. 1/2 acre lots in Sunny Side Estates off Rt. 461, Mt. Vernon. Blue Springs Rd. - Corner Lot at 4425 Blue Springs Rd. -\$12,500. 606-758-8681 or 513-891-4962. 46xntf

Lots For Sale: Castle Ridge Subdivision. Use same entry way as Bible Baptist Church. All lots have city sewer and underground utilities. starting at \$12,900. 606-256-5692 • 256-4504 • 308-3730. 20xntf For Sale: Mobile home lots, located in Sunnyside Mobile Home Park. 1.2 acre lots -\$500 down and \$100 per month. Call 606-256-5692 or 606-256-5648. 43xntf

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Office Hours: Mon. - Fri. 9 to 5; Sat. 9 to 1; Sun. by appt.

6732 BRINDLE RIDGE - 3 bedroom, 2 bath manufactured home, 5 acres, \$129,900, MLS 37601 1025 COPPER CREEK RD. - 3 bedroom, 2 bath. \$123,900. MLS 36881.

COPPER CREEK RD. - 138 acres. Blacktop road frontage. \$225,000. MLS 36693

2835 HAMMONDS FORK RD. - 30 acre farm. Older home being up-

134 DEEP HOLLOW RD. New construction. 3 bedrooms. 3 baths. \$129,900. MLS36987 530 MT. VERNON RD. 1 bath mobile home, 2 bay garage, 80x80 un-

finished Butler building. \$159,900. MLS36970

8 C. VALLEY DRIVE - 40 acres. Has several home sites. Doublewides

BEREA. We have many nice homes listed in Berea. Call one of the above

agents for a showing.

Posted

Posted: No hunting or trespassing on land belonging to William E. and Anna Clifford, Spiro area off 1250 on Sayre School Road. Violators will be prosecuted. Not responsible for accidents. 32x4p

Posted: No hunting or trespassing on property belonging to Farmer Waddle and Clista Spivey heirs on Hwy. 490. Violators will be prosecuted. Not responsible for accidents. 7/6/11

Posted: No hunting or trespassing on any land belonging to Tony and Roger Bullock in Rockcastle and Pulaski Counties. Violators will be prosecuted. 32x5p Posted: No trespassing on

land belonging to James and Dorothy Rash heirs on Chestnut Ridge. Posted as private property. No hunting, camping, ATVs, trespassing for any purpose. Not responsible for accidents to anyone. Violators prosecuted. 52(09)x52

Posted: No trespassing on Crawford Place -Brodhead Road. Danny Smith. 47tfn

Posted: Absolutely no hunting, fishing or trespassing on property belonging to Mark and Debbie Cummins. Violators will be prosecuted. 9x52p Posted: No hunting, trespassing or ATVs on land belonging to Jason and Sara Coguer at Roundstone. Not responsible for accidents.

Posted: No trespassing on property known as C.B. Owens Farm across from Fairgrounds in Brodhead. Violators will be prosecuted.

Posted: No trespassing on property of Darrell and Helen Whitaker. 26x6

Posted: No tresspassing or hunting on any and all properties of Gary and Sheryl Sears, located in Rockcastle and Pulaski Counties. Not responsible for accidents or in-

reasonable offer.

juries that may occur. Posted: The farm of Judy and Bradley Asher, located at 418 Doc Adams Road. No hunting or fishing. Violators will

Notices

be prosecuted.

Stock Your Pond! The fish truck will be at Brodhead Farm Mart on Thursday, July 29th from 1 to 1:30 and at Brodhead Tri County Farm Mart fro m1:45 to 2:15. Orders 800-335-2077. 34x1

\$1,000 Reward for info. leading to the arrest and conviction of persons who stole 660 Yamaha Grizzly July 2nd from Spiro Rd. 606-256-

Notice is hereby given that rent on the following storage building units at Barnett Cycle must be paid up by July 26, 2010 or they will be sold to the highest bidder on July 30 at 10 a.m. Units #3, 15 and 18. For more info, call Ronnie at Barnett Cycle 606256-5678. 33x2p

Notice: Not responsible for any debts made by anyone other than myself, effective July 14th. Scotty Wayne Hopkins. 34x3p

Epperson Air Conditioning, Heating, Plumbing & Electric wishes to partner with similar operating businesses and assets. Call (606) 679-7476. Located at 112 West University Drive, Somerset, Kv. 42503. 37xntf, 2010 at 11:00 a.m. 25x3

Notice is hereby given Gina Michele Carpenter, 502 S. Upper River Road, Livingston, Ky. 40445 has been appointed Executrix of the estate of Rickie Junior Partin on the 7th day of July, 2010. Any person having claims against said estate shall present them, according to law, to the said Gina Michele Carpenter or to Hon. Clayton Oswald, P.O. Box 905, London, Ky. 40743-

2011 at 11 a.m. 33x3 **Notice** is hereby given that

Dwight D. Isaacs, 141 Spring Hill Lane, Mt. Vernon, Ky. 40456 and Roger L. Isaacs, 89 Mercury Dr., Mt. Vernon, Ky. 40456 have been appointed co-executors of the estate of Martha C. Isaacs on the 7th day of July, 2010. Any person having claims against said estate shall present them, according to law, to the said Dwight D. Isaacs and Roger L. Isaacs or to Hon. John D. Ford, P.O. Box 1328, Mt. Vernon, Ky. 40456 on or before Jan. 10th, 2011 at 11 a.m.

Notice is hereby given that Elijah Clark, 7310 Stanifer Gap Rd., #107, Chattanooga, TN 37421 has been appointed administrator of the estate of Joseph Clark on the 30th day of June, 2010. Any person having claims against said estate shall present them, according to law, to the said Elijah Clark on or before Jan. 5, 2011 at 11 a.m. 32x3

Notice is hereby given that Eula Mae Mink, 119 Mink Rd., Mt. Vernon, Ky. 40456 has been appointed administratrix of the estate of Leo Ivan Mink on the 28th day of June, 2010. Any person having claims against said estate shall present them, according to law, to the said Eula Mae Mink on or before Nov. 29, 2010 at 11 a.m. 32x3

Notice is hereby given that Charles Phillips, 312 Three Links Road, Livingston, Ky. 40445 has been appointed executor of the estate of Eleanor H. Phillips on the 28th day of June, 2010. Any person having claims against said estate shall present them, according to law, to the said Charles Phillips or to Hon. William D. Gregory, 240 East Main St., P.O. Drawer 220. Mt. Vernon, Ky. 40456 on or before November 29, 2010 at 11 a.m. 32x3 Notice is hereby given that

Claudia Burdette, 50 Hibiscus Lane, Brodhead, Ky. 40409 has been appointed estate personal representative of the estate of Claudie Wayne Woods on the 28th day of June, 2010. Any person having claims against said estate shall present them, according to law, to the said Claudia Burdette or to Hon. Steven Connelly, P.O. Box 1077, 438 Chestnut Street, Berea, Ky. 40403 on or before December 29, 2010 at 11 a.m. 32x3 Notice is hereby given that

Dewborah J. Wozniak, 419 1/ 2 Fulton St., Sandusky, OH 44870 has been appointed executrix of the estate of Betty Leone Wetzel on the 15th day of July, 2010. Any person having claims against said estate shall present them,

according to 1 aw, to the said Deborah J. Wozniak on or before Jan. 17, 2011 at 11 a.m. 34x3

Notice is hereby given that Preston P. Nunnelley, 3000 Brookmante Ln., Lexington, Ky. 40515 has been appointed Executor of the estate of Robert Preston P. Nunnelley on the 15th day of July, 2010. Any person having claims against said estate shall present them, according to law, to the said Preston P. Nunnelley on or before Jan. 17, 2010 at 11 a.m. 34x3

Lost & Found

Lost Set of Keys, possibly in or around courthouse or State Farm Insurance office. If found, please call 606-308-0923 or 606-392-9382. 34x1

Pets

For Sale: AKC German Shepherd puppies. \$400. Military and champion bloodlines. 606-308-4736 or 606-875-4530. 30x5p For Sale: CKC Registered

Yorkie puppies; CKC Poodle puppies, 6 weeks old, shots, wormed. Call 606-843-9859 for more information. 31x4

Personals

White honest female, age 38, looking to meet good "country" man, age 30-45. 859-247-1127. 33x2

Motor Vehicles For Sale For Sale: 1996 Chevrolet S-

10, 4.3 Vortec, 5 speed, 4 new tires, runs good. \$1,800. Call 606-256-9656. 34x1p For Sale: 2006 Dodge Ram

4x4. 33K miles, loaded w/extras. 256-3018 after 6 p.m., leave message. 33x4p First Baptist Church of Mt.

Vernon will be accepting sealed bids on a 15 passenger 1987 Dodge Van (65,328K miles) through Friday, August 6, at 3 p.m. Sale is "As Is" and buyer will pay transfer. For more information, call 256-2922 or 308-1594. 33x2

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1722 Gabbard Rd. 12.25 A - \$44,900 947 Copper Creek Rd. - Berea \$90,500 -**SOLD! 469 Chickadee Lane (3.15 A)** \$169,900

SOLD! 2425 Jack Black Rd. (Garrard Co.) **Reduced! Spiro Rd., Mt. Vernon (3+/-A)** - \$47, 500 **Reduced! Quail Rd. (14.26 A) Owner/Agent - \$54,900**

Reduced! 3.03 A on Menifee Hill Rd. - \$19,900

2.5 A on Menifee Hill Rd. - \$18,900 **SOLD! Lot #7 - Hwy. 1249, 3.7 A. - \$21,000** Summer Cleaning Special!

Get two rooms cleaned at regular price get third room FREE

Thinking About Cleaning Your Carpet! Some things to think about...

What is the best way to clean my carpet, should I use the old technology of steam cleaning or the new technology of dry foam? Test results from Consumer Report, 2008. Option 1: Steam Cleaning-How does it work?

A. Steam Cleaners saturate your carpet and floor pad with hot (150* degree) soapy water containing lye and beach to help dissolve stains B. After your carpet reaches its maximum saturation point the solution is then extracted by means of a commercial shop vacuum. The results: Removes less than 20% of the soil from the carpet driving the

remainder down deeper into the carpet fibers. The lye/bleach solution used by steam cleaners to dissolve stains fades carpet colors. Drying time is 1 to 5 days depending on the carpet texture. As a result of the water saturation, carpet fibers harden and the floor pad remains damp, which promotes bacteria growth and mildewing, causing carpet threads to rot, shorting the life of your carpet. Carpet manufactures recommend that you do not steam clean carpets. Option 2: Dry Foam-How does it work?

C. Carpet fibers are agitated with carpet combs to separate the fibers loosening dirt particles, which are then dry cleaned with an industrial strength vacuum. D. The carpet is then shampooed with horse hair brushes using Dry-Foam lather, a solution that contains six different cleaners and fabric softener, color brightener, deodorizer, disinfectant, crystalline agent, scotch guard, & degreaser. Does not contain lye or bleach.

E. Carpet fibers are then groomed to fluff up worn walk areas to give a uniform look to the carpet.

The results: Removes over 90% of carpet soil. Rejuvenates and brightens colors and patterns of carpets. Drying times is less than 2 hours. Floor pads remain dry-Fabric Softener makes carpets soft again-Promoting the life of the carpet. Carpet manufacturers recommend Dry Foam to clean Carpets.

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Help Wanted

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Miscellaneous For Sale

Sigmon Farm is now picking mixed and yellow sweet corn. To place an order, call 256-2781. 33x2

For Sale: 50 4x4 rolls of good grss hay. Baled last week. \$15 per roll. Will load. Also square bales of mixed grasses \$2.50 per bale. Copper Creek. 859-925-2394. 33x2

All New Happy Jack Kennel Dip II: Controls fleas, deer ticks, mosquitoes and stable flies. Treats 'hot spots' and mange without steroids. Dyehouse Farm Supply 355-2301. www.happyjackinc.com 33x4

For Sale: Cemetery lots, Cresthaven Cemetery, Mt. Vernon. Call Bill Dowell at 308-1058. 31xntf

Motor Vehicles For Sale

Sigmon Farm is now picking mixed and yellow sweet corn. To place an order, call 256-2781. 33x2

For Sale: 50 4x4 rolls of good grss hay. Baled last week. \$15 per roll. Will load. Also square bales of mixed grasses \$2.50 per bale. Copper Creek. 859-925-2394. 33x2

All New Happy Jack Kennel Dip II: Controls fleas, deer ticks, mosquitoes and stable flies. Treats 'hot spots' and mange without steroids. Dyehouse Farm Supply 355-2301. www.happyjackinc.com

25, 4 miles north of Mt. Vernon. Phone 256-2232. U Call We Haul! Moving? For Sale: Cemetery lots, Need Help? Cars, furniture, Cresthaven Cemetery, Mt. construction cleanup -- any-Vernon. Call Bill Dowell at thing that fits on a truck, large 308-1058. 31xntf or small! We will also haul

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Yard Sales

4 Family Yard Sale: Sat., Juy 24th, 8 a.m. to ? Quail Fire Station. Men's and women's clothing, girl's school clothes

Rain cancels.

Huge yard sale this Saturday, July 24th from 8am-?? Located at 525 Richmond Street (inside the old Inspired Image building). Come check out all the stuff!! We have lots of name brand clothing (new and used) for women, men, youth boys, and little girls mostly up to 3T. Old Navy, GAP, Children's Place, and more. New and used boots and shoes, Boyds Bears, figurines, electronics and more. Don't worry about the weather, it will be

2T-Jr. Sizes, shoes, purses,

household and miscellaneous,

toys, puzzles and PS games.

inside! Plenty of parking!!....

Back to School Sale: Nevaeh's Treasure Chest. Hwy. 461 - 1/2 miles from 150/ 461 intersection on left. Open M-F 9 to 5 and Sat. 9 to 2. Buy one clothing item, get second 1/2 price. We have name brand shoes and clothing plus belts, hats, purses, furniture. Owner: Debra Tanner.

Garage Sale: Saturday, July 24th, 8 a.m. to? at the home of Jeff and Lisa Smithern on Hwy. 150 beside the ASCS office, lots of clothes size range from infant to 3T missy, junior, womens, men all sizes lots of brand name clothes, soccer shoes, hand tools, power tools, furniture, what knots, exercise equipment.

Yard Sale: Sat., 9 to ? house next to Asher's Cabinet Shop on Doc Adams Road. Boy's clothes, 4t to5/6, women's, men's clothes, light fixtures, misc. items.

Huge Yard Sale: This Saturday, July 24th, 8 a.m. to? Located at 525 Richmond St. (inside former Inspired Image building). Come check out all the stuff!! We have lots of name brand clothing (new and used) for women, men, youth boys and little girls, mostly up to 3T. Old Navy, GAP, Children's Place and moe. new and used boots and shoes, Boyd's Bears, figurines, electronics and more. Don't worry about the weather -- it will be inside. Plenty of parking!!!

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For Sale: 1990 Palm Harbor, 14x80, 3BR/2BA, central air and front deck. Super nice home with laminate wood floor. Price reduced to \$14,600. financing available. Payments of \$155 month. \$1460 down. Phone Jim at 606-365-0391. 32x4

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successful experience in a residential program or related field or the equivalent combination of education and experience.

CAP offers competitive pay and benefits. If interested and qualified, please respond by July 26, 2010 to:

Christian Appalachian Project • Human Resources #2757 PO Box 459 • Hagerhill, KY 41222

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Jackson Energy recognized for community involvement and their support of UNITE

Jackson Energy was recognized for its community involvement and support of the Operation UNITE program during last week's Shoot Hoops Not Drugs basketball camp in McKee. The cooperative was named a "Hal Rogers Difference Maker" for its involvement in the antidrug program, as well as other community efforts.

Jackson Energy is a sponsor of the Shoot Hoops Not Drugs camp, which teaches youth fundamental basketball skills while emphasizing the importance for them to stay drug-free. Presenting the award to Jackson Energy Vice President of Engineering Carol Wright was Fifth District Congressman Hal Rogers and Kentucky State Senator

Tom Jensen. UNITE Director Karen Engle recognized Jackson Energy for its support of the camp, as well as support of other community programs, such as the Personal Responsibility In a Desirable Environment (PRIDE) cam-

All camp participants received a special event basketball, T-shirt and a UNITE basketball. "We're excited to be able to bring this camp back to Jackson County," said Karen Engle, UNITE director. "Shoot Hoops camps are fun and provide a safe, drug-free activity where children get to interact with positive role models while learning fundamental basketball skills." Fifth District Congressman Harold "Hal" Rogers, whose

concern over the region's drug problems resulted in the creation of UNITE seven years ago, attended the Jackson County program.

"We know the drug epidemic robs children of their future each and every day. We've met hundreds of kids who are suffering because of their parents' addiction," Rogers said. "Operation UNITE's education effort reaches out to young people by informing them about the danger of drugs and providing programs and opportunities that spark hope and dreams inside of them that will keep them going through difficult situations.'

Leading the camp was former University of Kentucky basketball play Jeff Sheppard. As a senior at the University of Kentucky, Sheppard was named the NCAA's Final Four Most Valuable Player in the Wildcats' 1997-98 National Championship season. He would later go on to play one season with the NBA's Atlanta Hawks and 3 years in Italy. In addition to the basketball clinic, UNITE offered a brief education program for parents and care-givers on the signs, symptoms and danger of drugs.

Other sponsors for UNITE's 2010 Shoot Hoops Not Drugs basketball tour include: Phoenix Products, Knott County SportsPlex, Knott Drug Abuse Council, Pikeville Medical Center, Senture, SouthEast Telephone and Walmart.

Since 2006 the camps have drawn 3,640 youth participants from 50 Kentucky counties, 10 other states and Mexico.

Jackson Energy is a Touchstone Energy cooperative serving southeastern Kentucky.



U.S. Representative Harold Rogers presents the Hal Rogers Difference Maker award to Jackson Energy Vice President Carol Wright, center. Also presenting the award was Kentucky Sen. Tom Jensen.

Like to run? Walk? Bicycle?

Whether you are an avid runner, an expert biker, a walker, a duathlete, or none of the above but eager to get started, Rockcastle Regional Hospital invites you to its first-ever Run, Bike or Hike on Saturday, August 28, 2010.

All events will begin at the Lake Linville Recreational Area located on Lake Linville Road in Renfro Valley, KY. Events include a 2-mile Fun Walk, 5K Run by the Lake, the Rockcastle Duathlon and a 16.5 mile Cycling Tour.

The event is designed to promote community fitness, and to give Southern Kentuckians the opportunity to enjoy a morning by a beautiful lake and amidst the breathtaking countryside of Rockcastle County. Proceeds from the event will go toward the purchase of new equipment for Rockcastle Regional's Wellness Center, which is open to the community.

Participants who pre-register by August 18 are guar-

anteed a free commemorative www.rock t-shirt. For more information runbikeor visit website address Harris at 0

www.rockcastleregional.org/ on runbikeorhike or call Dwain Harris at (606) 256-0950.



Alison Hunley, a native of Somerset, is a new member of the Rockcastle County bar. She was recently sworn into the Kentucky bar by Justice Daniel Venters after she passed the February 2010 Kentucky bar exam. Hunley graduated Cum Laude in 2004 from the University of Kentucky with a Bachelor Degree in Political Science. She received her Juris Doctor from the University of Dayton School of Law in 2007 where she won CALI Excellence For the Future Awards for obtaining the highest grade in Torts II, Insurance Law and Children and the Law classes. She practiced in Nashville for two years prior to her move to Somerset and is still licensed to practice law in Tennessee. Hunley is currently employed by the Lambert Law Office in Mt. Vernon.

Rockcastle Library receives award grant

The Kentucky Reading Association and the Kentucky School Media Association are pleased to announce that the Rockcastle County Public Library in Mt. Vernon is one of two public libraries to be named the winner of a Kentucky Bluegrass Award Grant.

The library will receive two complete sets of KBA books on the appropriate level(s) so that their patrons may be involved in this year's Kentucky Bluegrass Award program.

The books will be on display in the Children's Section at the library. The books are available for check-out. The library encourages everyone to come to the library to see the new books as they are ones that we have never had.

Kentucky Bluegrass Award grants are awarded annually to public and school libraries across Kentucky in an effort to put Kentucky Bluegrass Award nominees from the current program year into Kentucky libraries that are financially challenged and unable to afford books to implement the program.

Grant books are purchased by the Kentucky Reading Association or supplied by the book publisher and must be housed so that they are avail-

able to all students.
The purpose of

The purpose of the Kentucky Bluegrass Award itself is to encourage the students of Kentucky in grades K through 12 to read quality children's literature. The KBA is one of approximately 45 state children's choice awards nationwide. All Kentucky public and private schools as well as public libraries are welcome to participate in the program.

The KBA program promotes reading comprehension, critical thinking, and evaluation skills. It is designed to provide a wide range of new reading materials to students and it should be implemented in a way that is simple and fun.

The Kentucky Bluegrass Awards Committee, which is made up of teachers, librarians, and other education professionals across the Commonwealth, chooses books for four master lists (grades K-2, 3-5, 6-8, and 9-12) each year Students read books from these four Master Lists and choose their favorite by ballot. All the ballots are counted and submitted to the KBA each spring and a winner is declared for each level by the KBA Committee.





Equal Opportunity M/F/D

ROCKCASTLE COUNTY AREA TECHNOLOGY CENTER

Notice

Students, their parents, and employees of Kentucky Tech-Rockcastle County Area Technology Center are hereby notified that the school does not discriminate on the basis of race, color, national origin, age, religion, marital status, sex or disability in employment, educational programs or activities as set forth in Title VI, Title IX, Section 504 and ADA.

Any person having inquiries concerning the school's compliance is directed to contact <u>Rhonda Childress or Sherman Cook</u>, coordinators of Title VI, IX, Section 504 and ADA at (606) 256-4346 or P.O. Box 275, Mt. Vernon, Ky. 40456.

Secondary program offerings include: Automotive Technology, Electricity, Health Science, Office Technology, and Welding.

Equal Opportunity M/F/D





Wednesday August 4
Kentucky Outlaw Truck Pull
Admission: \$8
Showtime 8PM
Mini Trucks, Modified Stock,
Pro Street Four wheel Drive,
Pro Street Two Wheel Drive,
Pro Stock Diesel, &
6000 lb Hot Stock Small

Pro Street Iwo wheel Dr Pro Stock Diesel, & 6000 lb Hot Stock Small Blocks for Locals www.kottpa.com Gate opens-5:30PM Midway opens-6PM

Friday August 6th Mud Runs Admission: \$8 Showtime 7PM Archie Coffman (859) 538-8051

Gate opens-5:30PM Midway opens-6PM Saturday July 31 Horse Show at 6 pm Admission \$5.00

Sunday August 1 Super Lawn Tractor Pull at 1 pm Corn Hole Tournament at 2 pm Admission \$5.00 Thursday August 5th
KTPA Truck Pull
Admission: \$8
Showtime 7PM
Pro-Stock 4WD Trucks,
8500 Pro-Farm Tractors,
6000 Limited Light Super
Tractors, 8000 Diesel Trucks,
&6200 Big Block
Small Block Hot Stock
www.ktpa.webs.com
Gate opens-5:30PM

Saturday August 7th Mud Runs Admission: \$8 Showtime 7PM Archie Coffman (859) 538-8051

Midway opens-6PM

Gate opens-5:30PM Midway opens-6PM

For more information go to www.brodheadfire.com or contact Brodhead City Hall (606) 758-8635

Larry Taylor (859)661-7159 Megan Caudill (859)361-1791 All Proceeds goto Brodhead Fire Department

NOT responsible for accidents, incidents or thefts. NO refunds or rain checks