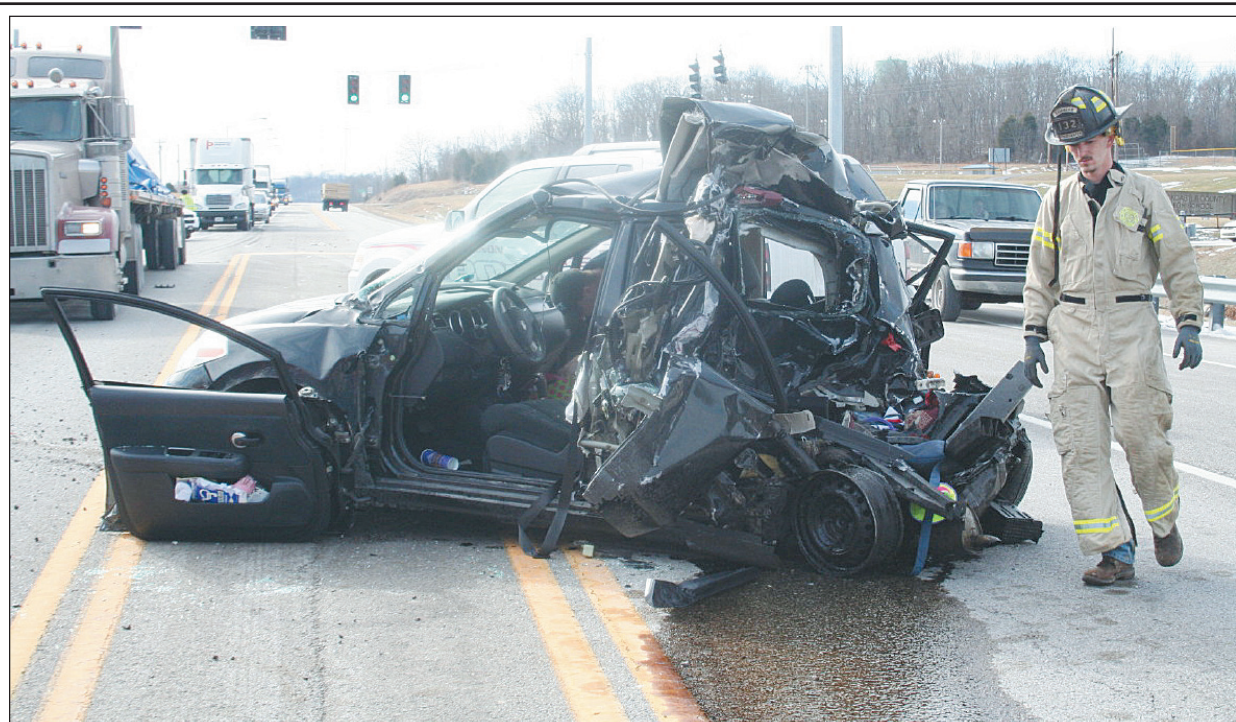


Mount Vernon Signal

Serving Rockcastle County Since 1887

Mount Vernon, Kentucky 40456 - (606) 256-2244 Volume 125 • Number 8 .50 per copy Thursday, January 27, 2011



A Berea woman was seriously injured Monday afternoon after the above semi-truck plowed into her car as she was sitting at the red light in front of the high school. Angie Merritt, of Berea, was airlifted to the University of Kentucky Medical Center from the scene of the accident. Mt. Vernon Rescue Squad had to extract Merritt from her vehicle. Hwy. 461 was closed and then partially blocked for several hours for cleanup. In the top photo, Mt. Vernon Rescue Squad member John Kerns was one of the firemen who responded to the scene.

Berea woman seriously injured in wreck Monday

By: Sara Coguer

A Berea woman was seriously injured, after being hit in the rear by a semi-truck, Monday afternoon.

Angie Merritt, of Berea, was stopped at the red light in front of Rockcastle County High School when a Super Service semi-truck plowed into her and pushed her 200 feet.

The driver of the semi told Mt. Vernon Police Chief Terry Jackson that he saw Merritt stopped but his brakes failed when he applied them. The truck hit the car so hard that the entire trunk ended up in the back seat of the car. Members of the Mt. Vernon Fire and Rescue responded to the 1

p.m. crash and used the Jaws of Life™ to remove Merritt from her vehicle. Traffic was rerouted around the wreck for approximately three hours, and students and staff at RCHS had to leave the school by the softball field.

The driver of the semi was not injured, but his truck was not drivable and had to be towed. An environmental clean-up company was called in to remove the oil, gas and other liquids that had leached from both vehicles onto the road and the grass on the side of the road where the truck stopped. Several

(Cont. to A9)

Two arrested on multiple charges

By: Sara Coguer

Two Rockcastle County men were arrested last week after firearms they had allegedly stolen were found in their possession in Lincoln County.

Donnie Lee Jones, 35, of Brodhead, and Joe Michael Spoonamore, also 35, of Mt. Vernon, were arrested Monday, January 17th by the Rockcastle County Sheriff's Department and charged with one count of burglary, 1st degree and eight counts of possession of firearms by a convicted felon.

The criminal complaint against the two men states that on January 7th, Jones and Spoonamore unlawfully entered the residence of Scott Durham of Mt. Vernon and took several items from the residence including eight firearms, miscellaneous ammunition and several other items.

On January 10th, the

Lincoln County Sheriff's Department was contacted by a citizen that had bought the eight firearms from the defendants, but had not yet received them. The Lincoln County Sheriff's Department ran the serial numbers on the guns and seven came back as stolen in Rockcastle County, and all eight were identified as Durhams.

Jones had a preliminary hearing on Tuesday, and was charged with one count of burglary, first degree, one count of receiving stolen property, and eight counts of possession of a firearm by a convicted felon. He is currently in the Rockcastle County Detention Center under four cash bonds ranging from \$25,000 to \$100,000.

County Attorney Billy Reynolds stated, "Anyone who commits a burglary and is caught, I will go to

(Cont. to A9)

Mt. Vernon City Council discusses several items of business at meeting

By: Sara Coguer

Several old items of business were discussed during the special called meeting of the Mt. Vernon City Council Monday night.

The meeting had to be a special called meeting since the date was changed from its regular night because of the Martin Luther King, Jr. holiday. During a special called meeting, only items already on the agenda can be discussed.

February will also be a special called meeting, as it is being moved to Monday,

Jan. 28th, due to President's Day being on the regular meeting date of the council.

Newly-elected Mayor Mike Bryant suggested making an amendment to the ordinance that sets the meeting date on the third Monday of the month to state that if that Monday is a holiday, the meeting will be held the following Monday. This will keep the meeting from being a special called meeting.

Conducting his first meeting, with two new council members, Bryant

had a short agenda to discuss, mainly updates on old business and the 2010 audit presentation by John Craft, of Craft, Noble and Company.

In old business, Mayor Bryant saved the city some money by changing the feasibility study of the need to dredge Lake Linville to only a review of information already acquired by the city, by the company hired to do the feasibility study. The feasibility study was going to cost the city up to \$10,000 and the review, according to the mayor, will now cost about \$1,400 with basically the same results.

The update on the Newcomb Street/School Street project showed that the state still has the traffic lights and the 12 pedestrian lights to install, and those items should be taken care of soon, weather permitting.

The Rose Hill Sewer project is ongoing, with the city lacking one easement. The city's attorney is trying to avoid the condemnation process on this property, and the final approvals from the EPA and state for the project have been received by the city.

In good news received by

Cystic Fibrosis benefit concert this Saturday

The 5th Annual Rockcastle County Cystic Fibrosis Concert is scheduled for this Saturday, January 29th at the Rockcastle County High School Auditorium.

The concert will begin at 7 p.m. and run until 10 o'clock with the Medley Boys, New Generation Bluegrass Band and Wild River performing.

Tickets are just \$5 each and are on sale now and will be available at the door. Come out and help support this great cause to benefit Cystic Fibrosis patients in Rockcastle County.

George Jones, others to be at Renfro Valley for 2011 season

By: Sara Coguer

The 2011 Concert season at Renfro Valley will be highlighted by several nationally known country and bluegrass acts including George Jones.

While their regular season opens the first weekend in March, Renfro Valley opens their concert season in April, with headliner Mel and Pam Tillis on April 2, followed by Randy Travis on April 9, the McKamey's April 23 and Michael Cleveland and Flamekeeper will end the April shows on the 29th.

May begins with the Spring Gospel Showcase on the 7th with the nationally known southern gospel group Greater Vision singing May 13th. Exile will perform May 20, as well as Blackberry Smoke on the 21st, and the Country Talent Contest May 26 and 27.

The trio Aaron Tipton, Joe Duffie and Sammy Kershaw will be headlining on June 4, with Charlie Daniel on June 11, the Hoppers on the 17th and the

Bluegrass Festival on June 23-25.

July starts with a bang on the 2nd with Ricky Skaggs, and Ronnie Milsap will perform on July 23.

The All-Night Gospel Sing will be the first event in August, on the 6th, followed by Clint Black performing on August 13, Don Williams on August 20, and Gene Watson on August 27.

Country legend George Jones will be headlining two shows in September, the 23rd and 24th, followed by Marty Stuart and Connie Smith on October 8, and the Crabb Family October 9.

November headliners include BJ Thomas and Gary Puckett performing November 11, with Christmas in the Valley also beginning November 11 and running through December 17th.

Other December shows include Lonesome River Band on December 2 and Gold City December 9.

For ticket information you can call 1-800-765-7464 or visit renfrovalley.com.

the city, the fiscal year 2010 financial audit showed the city in good financial shape, with a reserved cash excess of \$778,824.70 in their water and sewer accounts. The city can use those funds to make improvements to the water and sewer systems.

The city also found out last week that the boundaries used by the Department of Tax Issuance is incorrect, and that a map from 1981 had been used to determine the area the city collects their insurance tax from. That map does not include areas annexed by the city since 1992, including Renfro Valley, properties along U.S. 25 and other smaller annexations.

According to tax administrator Josh Bray, the city is currently in the process of gathering the updated plats and surveys to send to the state so the city can begin

(Cont. to A9)

Mt. Vernon Police join UNITE effort

By: Sara Coguer

Members of the Mt. Vernon Police Department, as well as other community members, will be traveling to Frankfort February 3rd, to show their support for Senate Bill 45 and House Bill 15.

Senate Bill 45, which has been introduced by Senator Tom Jensen (R-21st), would make over-the-counter drugs that contain ephedrine, pseudoephedrine, or

phenylpropanolamine, a controlled substance which would require a doctor's prescription to be dispensed.

Medicines that contain these ingredients include Claritin-D or Musinex-D, and medicines for cold and sinus. These medicines are currently kept behind the counter at pharmacies and the purchaser has to present

(Cont. to A9)



Noble gets 400th win

RCHS Girls Head Coach Chrysti Noble got her 400th win against the Clay County Lady Tigers and was presented with a ball for her accomplishments before Friday night's win against Casey County.

Ramblings . . .

A New Generation
by:
Sara Coguer, Editor



I am not going to talk about my kids, they asked for the week off, and Jason is still a bit miffed that no one comes to his rescue when I talk about him, so I am also going to let him off the hook this week, except for one small note.

Jason turned 41 on Monday, and that kind of makes me sad because that means I only have six more months to say that I am 39 and it be true.

The only thing I have noticed as I age is that it is a little harder on me when I exert myself, so I just try not to do anything too physically demanding and it seems to be working pretty well. I know I have stated that I am going to start exercising as a new year's resolution, and I am, but it is still too cold to start. I'll keep you posted.

I don't really know how I feel about turning 40, I've watched all of my siblings do it except Travis and Allison, and I can't really say that they magically changed the second they turned 40. Maybe they got a little meaner, but I can't put my finger on it . . .

I can remember Dad, Mom, and Rick's birthdays the most, because there is ten years difference between each of us, and we always turned the same thing only ten years apart. In my mind though, I am always going to be the youngest.

I have a small identity crisis because I was the baby for nine years (the most formative, I might add) before Travis came along. I pretty

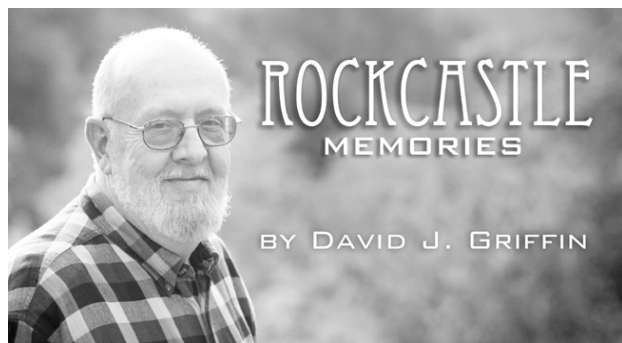
much still identify with being the baby (according to my older siblings) but I also tell people I am the oldest child of the second set of kids (Me, Travis and Allison).

I say this because by the time Allison came along, all of the old ones were already gone except Paige, and she was a senior in high school and on her way out.

I was almost always their babysitter and so I can also identify with being the oldest. I have found through the years that being the baby is much better -- Allison has mastered it, and so I still like to say that I am also the baby of the family.

The real baby Allison, figuratively and literally, is getting married this summer. We found some poor fellow to pop the question . . . no I'm just kidding. Seriously though, the whole planning thing has been fun, but it's amazing how much more weddings cost nowadays.

I don't know what Jason and I are going to do when the girls get married, hopefully by then plain and simple will be in vogue, but I doubt it. I should probably be saving now, although Jason and I started telling the girls when they were just babies what the process for aging was. Graduate high school, graduate college, get a job, get a car and house and then get a husband. It was funny watching a three year old repeat that . . . but hopefully it will stick. Oh well, so much for my promise not to talk about them this week.



Quilting bees were not only about quilting

Recently I was re-arranging a shelf in my bedroom closet when I noticed a prized quilt that was handmade by my mother (Bee) in Rockcastle County many years ago. She had given me the quilt when Kathy and I first married, along with a couple more that she thought I might want to pass on to my sons.

Bee and my grandmother (Mommie Katie) often invited several of their neighbors to join them in a day-long quilting bee. It was almost like a neighborhood party; they drank several pots of strong coffee, ate pastries that they had made, and spent the time "spinning yarns" while working on several quilts.

As a very young boy, I was allowed to crawl around under the quilting frame as I watched the women carefully craft their stitches on a quilt that would likely become someone's family heirloom. It has been too long for me to be able to remember the specific conversations that occurred in that room, but I'd bet that they solved every problem that was to be found in our community.

I do specifically remember one such gathering because the women were going to construct a quilt that would eventually be used on my own bed. Several of Bee's and Mommie Katie's closest friends were invited to participate in this project. I can still recall a few of their names, including: Charity Barnes, "Sudie" Carter, LeAnn Nicely and Ollie Helton. As I said, most of the time the women would spend the entire day helping one of their neighbors finish a quilt or two to be used on family beds.

During such times, the ladies were usually taking turns at sitting around the quilting frame while the others migrated to the kitchen to make delicious snacks for the gathering. These events served not only the purpose of creating needed goods; they were actually a way for these women to socialize. They shared news of the local neighborhood, exchanged recipes, discussed child-rearing measures, and simply had a day that was a change of pace for each of these hard-working homemakers. It was a warm and cheerful way for them to spend the day together.

None of the ladies in our neighborhood wanted to ever miss a quilting bee because it was a major social function and a forum for the latest gossip. I strongly suspect that many of the women wanted to be sure to attend so that their names would not be included in the

most recent "chitchat."

I could never forget my mother's quilting frame. When not in use, it was rolled up and placed in the corner of her bedroom. It was a most essential piece of equipment. It was made from four strong pieces of wood that were placed on "saw horses" that my grandfather (Pop) made especially for this purpose. When a quilt was placed on the frame it was rolled tightly in order for the ladies to have a firm area to do their work. As a section was completed, the quilt was rolled again so that a new section was ready for their skilled hands.

These gatherings occurred several times a year in order for each family to have an ample supply of quilts for the winter months. My mother's closets were filled with them. My memory of her quilts is sometimes quite amusing. On those really frigid nights, Bee always stacked several layers on my bed in order to keep me warm. Sometimes there would be so many that it required brute strength to even be able to turn over during the night. Frequently, she heated a brick on our Warm Morning stove, rolled it inside a towel, and tucked it into the foot of the bed. I also can remember her having placed a glass of water on my bedside table, only to find upon awakening that a layer of ice had formed upon the surface of the water—a good example of why these quilts were so necessary.

Sometimes when the ladies of our neighborhood gathered around the quilting frame, several quilts would be finished in a single, day-long session. Most of these bed linens were constructed of scrap pieces of cloth that had been gathered by the individual women. My mother had a large cloth sack in her bedroom where she stashed those small scraps of old clothing. I still have one quilt that is constructed of clothing that I wore as a young boy.

I think Bee called those types of quilts "crazy patch quilts." From time to time,

(Cont. to A4)

Points East

By Ike Adams



I read fast. Don't ask me how or why I do it but I can lie in bed at night and devour a novel in two nights, or just one night if the book is really, really good. I turn on TV for the news or to catch a special on National Geographic, The History Channel, Discovery, KET and like that but most of my entertainment and peace of mind comes from the printed word.

Over the course of this year, I intend to tell you about some very special contemporary writers who command my attention and bring some satisfaction and joy to an otherwise dry and ordinary life. Some of this will be pure fluff and some so deep that you will think you're in a well. You can accept or reject as you go along but do keep up.

A couple of years ago I got hooked on an author whose name is Debbie Macomber. She is a very prolific writer (150+ books) of what I call "chick fluff fiction"—gentle, clean, easy reading targeted at women who simply want to enjoy the tale without pondering, too much, some deeper, hidden, philosophical revelations even though they're there. (She is not an internationally known best seller by accident.)

Macomber writes some stand alone stuff but her crowning achievements are contained in themed series where one book leads into the next and they all revolve around women with turmoil in their lives and most often they solve, in uncanny ways, whatever problem it is that is weighing heavily on their shoulders.

Debbie—I call her by her first name because I feel like I know her up close and personal—is a master at char-

acter development. I read her like preachers read the Bible because the people in her books become very real in my imagination and because they are just that—so very real. And Debbie's work is not tv soap opera stuff. It is everyday living in the most realistic sense of the word. And it is oh so entertaining.

If you like and enjoy light fiction, the first thing you should do is read Debbie's "Dakota series" in the order in which they are written. Dakota Born was the first one and three more followed. You can get online and figure it out because we have limited space here in the paper to do chronology. Call or email me. Or, better yet, go to the library that your tax dollars support, whereupon you may be quite amazed at the resources available for literate people.

I was intrigued by the Dakota Series but I did not get addicted until Debbie's Cedar Cove series evolved, at which point I swallowed the bait and got gut hooked. Suffice to say that I just read the 11th installment of this series and the next one will not be published until September of this year. I have marked my calendar. The last one was a cliff hanger.

On a side note, let me mention that Loretta gave me a Kindle for Christmas and Jenifer gave me a \$50 gift cert to purchase books. I'm already in the hole on the gift cert but it is the best gadget to come along in a long, long time. More on that later. But suffice (again) to say that our house will be less paper heavy over the coming years.

I am hoping that Megan

(Cont. to A4)

Letters to the Editor Policy

Letters to the editor must be no more than 300 words without prior arrangements having been made. Letters are published in the order in which they are received as space permits. Letters must not contain libelous materials. Letters must be in the Signal office before 4 p.m. on Monday to be considered for that week's publication. All letters must include the author's name, signature, address and telephone numbers. Illegible letters will not be considered for publication. Letters not meeting these guidelines will neither be published nor returned to the author. For questions or to make arrangements for a letter exceeding the word limit, contact the editor at 256-2244.

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Obituaries



Earl Baker

Earl Baker, 77, of Brodhead and formerly of Livingston, died Wednesday, January 19, 2011 at his home. He entered this life on September 10, 1933 in Disputanta, the son of Lewis and Bessie Clark Baker, both of whom preceded him in death. He was united in marriage on May 29, 1954 to Martha Faye Mullins Baker, and to their union came a daughter to richly bless their home. He and Martha Faye shared 56 wonderful years together. He was a carpenter, and a member of the Livingston Pentecostal Church. He will be remembered for his love of woodworking, farming and most of all for his family.

He will be lovingly remembered by: his wife, Martha Faye Mullins Baker of Brodhead; his daughter, Louise (Charles) Fletcher of Brodhead; three grandchildren, Earline Martha Mishell (Virgil) Young of Climax, Dianna Kenya (Allen) Roberts of Brodhead, and Herman Joseph (Becky) Sparks of Brodhead; five great grandchildren, Alan Young, Adam Young, Nichole Roberts, Allen Downs and Brent Downs; one brother, Berry Donald (Judy) Baker of Williamsburg, IN; four sisters, Pearl (Joe) Howard and Opal Vanwinkle, all of Mt. Vernon, Sarah Elizabeth (Lawrence) Cox of Richmond, IN, and Mandy Carolyn Smith of London; and a host of nieces, nephews, friends, and neighbors.

Besides his parents he is preceded in death by: three sisters, Daisy Abney, Mary McClure, and Lillie Rawlings; one brother, Garney Baker; and one son in law, Jerry Sparks.

Funeral services were conducted Saturday, January 22, 2011 at the Livingston Pentecostal Church with Bro. Jim Miller and Bro. Jasper Carpenter officiating. Interment was in the Johnetta Cemetery.

Those acting as casketbearers were: Alan Young, Adam Young, Tim Vanwinkle, Stephen Howerton, David Barnes, and Jason Bowman.

Condolences to the family can be sent to his online registry at www.marvineowensfuneralhome.com

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Mabel Randolph

Mabel Lucille Abney Randolph, 77, of Brodhead, died Monday, January 24, 2011 at the St. Joseph Hospital Berea. She entered into this life on April 16, 1933 in Bonds Mill, the daughter of George Harrison and Genieva Adams Abney, both of whom preceded her in death. On August 3, 1951 she was united in marriage to William F. "Bill" Randolph and to their union came two children to richly bless their home. She will be fondly remembered by her community for operating the Foodland of Brodhead. She was a Kentucky Colonel, a licensed airplane pilot, and was a member of the Kentucky Flying Club, the Order of the Eastern Star, and the Mt. Zion Baptist Church. She will be remembered for her love of traveling, and hiking.

She will be lovingly remembered by: her children, Randy Randolph and Lisa Parks, both of Brodhead; three grandchildren, Brad (Kaliesha) Hunt, Leslie Hunt (David) Hall and Megan Randolph; a step great grandchild, Austin Hall; and a host of nieces, nephews, friends, and neighbors.

Besides her parents she is preceded in death by: her husband, William F. "Bill" Randolph; her infant son; her significant other, Cornell Meece; seven brothers; and six sisters.

Funeral services will be conducted (today) Thursday, January 27, 2011 at 1p.m. at the Marvin E. Owens Home for Funerals, with Bro. Josh Chasteen and Bro. Darrin Cupp officiating. Interment will follow in the Sayer Cemetery.

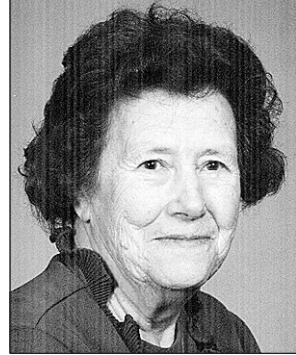
Visitation for Mrs. Mabel Randolph will be held (today) Thursday, January 27, 2011 from 11 a.m. - 1 p.m. at the Marvin E. Owens Home for Funerals.

Those acting as casketbearers are: Curtis Parks, Jay B. Stevens, Brad Hunt, David Hall, Mike McClure and Dwight Bailey.

Honorary casket-bearers are: Chris Poynter, Roger Isaacs, Rick Childress and Kenny Earl Childress.

In lieu of flowers, memorial contributions in memory of Mrs. Randolph may be made to the Sayer Cemetery.

Condolences can be sent online www.marvineowensfuneralhome.com



Mossie Noe Sowder

Mossie Noe Sowder, 102, of Mt. Vernon, died Sunday, January 16, 2011 at her home. She was born October 7, 1908 in Wallins Creek, the daughter of the late Green and Minty Jane Blanton Noe and moved to Rockcastle County in 1910.

Mrs. Sowder was a farmer, worked for the Blue Grass Ordinance for seven years and was a Kentucky Colonel. Her enjoyment was her church - Freedom Baptist, her family, gardening, canning and quilting.

Survivors are one son, Leroy Sowder of Cincinnati, Ohio; six grandchildren, Linda Burdette, Donna Smith Exum, Kay Fields, Debbie Ray and Mike and Ralph Sowder; 13 great grandchildren, two of which were very close, Alex Exum and Jessica Smith and one brother, Wilse Noe of Brodhead.

Mrs. Sowder was preceded in death by two half sisters, Alifair Noe and Zona Hooker; four brothers, Jarve, William, Grant and John D. Noe and three sons, Ray, Dale and John Sowder.

Funeral services were held Wednesday, January 19, 2011 at Freedom Baptist Church with Bros. Albert McKinney and David Sargent officiating and songs by Cindy Noe. Burial was in Freedom Cemetery.

Pallbearers were: Alex Exum, Glen Adams, James Noe, Perry Noe, Joe Mullins and Don Long. Honorary pallbearer was Jamie Noe.

Arrangements were by Cox Funeral Home.

Cards of Thanks

Roman McFerron

The family of Roman McFerron would like to express our deepest appreciation to everyone for the kindness shown during the loss of our brother and father, A special thanks to the Compassionate Care Center for the special care they gave him. Thanks to the pallbearers. A special thanks to Cox Funeral Home and staff for the wonderful job they did and Bro. Ovie Baker for the wonderful message. Thank you for all the food, flowers, phone calls and prayers. May God bless you. He will be sadly missed.

Family of Roman McFerron
Willie Sargeant

Thank you for the cards, flowers and prayers during the loss of my husband, Willie Sargeant.

Fronia Sargeant

Leonard Northern

Leonard Douglas Northern, 79, of Mt. Vernon, died Tuesday, January 25, 2011 at the V.A. Medical Center in Lexington. He entered into this life on September 6, 1931 in Brodhead, the son of William Gravely and Margaret Vaughn Northern, both of whom preceded him in death. On January 23, 1951 Leonard enlisted in the United States Army, where he bravely served his country during the Korean War until he received his honorable discharge on January 23, 1954. He worked for eight years at Lockwood Manufacturing. He was a well driller and a tool and die setter. He was united in marriage to Cora Martin Northern on July 15, 1976 and they shared 34 wonderful years together. He was a member of the Mt. Vernon V.F.W. and will be remembered for his love of poker, bingo, video games, fishing and hunting.

He will be lovingly remembered by: his wife, Cora Martin Northern of Mt. Vernon; three children, Kat (Lawrence) Price of Ottawa, Douglas (Stephanie) Northern of Hondo, TX, and Alice (Bill) Wical of Sabina, OH; one stepson, Charles Edward Long of Cincinnati, OH; nine grandchildren; seven great grandchildren; one sister, Lizzie Woodall of Brodhead; and a host of nieces, nephews, friends and neighbors.

Besides his parents he is preceded in death by: his wife, Hettie Dyer Northern; son, James Allen Northern; two brothers, David and Ray Northern; and three sisters, Louise, Dorothy and Corrine.

Visitation will be held (today) Thursday, January 27th at 4 p.m. at the Marvin E. Owens Home for Funerals.

Condolences can be sent online www.marvineowensfuneralhome.com

Card of Thanks

Jackie Dean Anglin

The family of Jackie Dean Anglin would like to express our appreciation to all those friends and neighbors who were so helpful and kind during his illness and death. We will never forget your expressions of concern, words of condolence, cards, phone calls, and visits to the hospital and funeral home.

We would especially like to thank Dr. David Bullock, Dr. Karen Saylor, and staff of the Rockcastle Regional Hosp. for giving Jack such excellent care. It was comforting to be able to have him at home in Mt. Vernon during the final days of his illness. We are also grateful to the Rockcastle Ambulance Service for their care in transporting Jack.

Our appreciation to Roy Martin and the staff at Dowell and Martin funeral home can never be fully expressed. Your many kindnesses during his services will never be forgotten.

Finally, we want to particularly thank the First Christian Church, Bro. Bruce Ross, Bro. Don Stayton, Carolyn Morris, and the Brodhead Masonic Lodge for the beautiful service and Masonic rites.

In Loving Memory of Lisa Michelle Mackey

November 11, 1965- January 30, 2010

The Lord is my Shepherd, He ever walks near to guide and protect me each day of the year

Beside the still waters, through meadows so fair, on life's troubled pathways I'm safe in His care.

His rod and His staff reassures me anew, no hills are too steep He's walking here too.

He prepared a table with gifts from above and binds up my wounds with His tender love.

Through all my days, no harm will I fear. It comforts me to know my Shepherd walks near.

Words cannot express the heartache we feel here with you. The void in our lives can never be filled.

It's been a year since God took you home. Know you're happy and free from the awful pain has helped us get through the year and knowing you're walking with the Shepherd today. We love and miss you so much.

Your Loving Family

Happy Birthday Randall Reynolds January 28th

I miss you so much!

Love - your mom

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The Roots of Rockcastle

by: Tonya J. Cook



Education and Refinement for Women Comes to Rockcastle, Part III

For the past few weeks, the Roots series has been exploring the Langdon School at Mount Vernon. This was a wonderful educational experience for the girls of the area. The not only learned from their books, but they learned a practical way to apply their knowledge in everyday situations.

The school and the Home Economics buildings were on Williams Street. The Home Economics building is still standing. The school was made possible through the Presbyterian church.

Last week featured one of the teachers at the school, Miss Cynthia Brewer, who later met and married one of the local boys, Vernon "Swiftly" Cox, who was a bank teller. He taught several of the young men of the area the arts of masonry and woodworking. His wife, Cynthia, taught the girls homemaking skills.

This week I'd like to do a reprint article, in part, from about two years ago about the life and first-hand account of another teacher, Miss Mary R. McCord. She not only taught at the school, but did more for the city of Mount Vernon than many before her or since. She was a remarkable woman.

The following is a letter I received from Elinor Denney of Lexington, Virginia, who was a personal friend of Miss Mary McCord.

Dear Ms. Cook:

I enjoyed reading your early Mt. Vernon history. I believe I can add a few facts from my memories of living in Mt. Vernon.

The church building on Main Street was Presbyterian, organized by the missionary group that built and maintained Langdon school, a boarding school. Mr. Wm. Mcbee and Mr. Ralph Griffin bought the school after Langdon School closed and the church had been empty for many years.

About 1940 they remodeled it into a dwelling, and Mrs. Miller and her family who owned a dry goods

store on Main Street lived there. The family consisted of Mrs. Miller, her son Raymond, a widowed daughter, Blossom and her daughter Rose Katherine, another daughter Norine, her husband Alec Milam and their two daughters, Phyllis and Nanette, and Mrs. Miller's young son Harold.

The McBees lived next door, between the Millers and the Baptist Church.

I do not know when Langdon School was organized or closed. Miss McCord then went to Hyden to a Presbyterian mission center, but while she was in Mt. Vernon she organized the Woman's Club, an International organization of women for community betterment.

When I became president of the Woman's Club, I invited Miss McCord to come for a visit, and she told us many interesting stories of early Mt. Vernon.

One rainy night coming home in the dark from a town meeting, she fell over a cow in the muddy street. She persuaded the town to erect street lights. She also was persuasive in the building of the new state Brodhead road to replace the old crooked road beyond West Main Street.

In 1948 Mrs. Walker Owens, who had been president of the Womans Club, decided we needed to honor Miss McCord for her years of community leadership. She persuaded me to go with her to the quarry to pick out a suitable rock. After a long hot search we found a stone that pleased her. She then persuaded Mr. Jim Cummins to hitch his two mules to the stone, and she and I and my two small children followed him to the small park on the corner of Main Street and Richmond Street near the depot. She then hired someone to chisel in Miss McCord's name and dates. I assume it is still there, and I wonder if people know its significance.

One spring Mrs. Henderson, Joe Henderson's mother, planted a dogwood tree near the stone.

Miss McCord, Mrs.

Owens and so many others would be so gratified to see the wonderful, progressive community has become and see how it has built on their dreams and visions. Miss McCord would be especially proud of Mt. Vernon's exceptional school system and the many graduates who go on to the best colleges and universities.

I think of John Lair as one who realized on the edge of the area with its strategic location on the edge of the Bluegrass and yet retaining the beauty of the mountains and the rich cultural mountain tradition and heritage; and there are many other whose initiative and hard work have made Mt. Vernon a place proud to call home.

I am glad that I and my family shared in its history.

Sincerely,

Mrs. Edwin R. Denney

Remember that I'm looking for good stories about the county, people and the events in their lives. I may be contacted at therootsofrockcastle@windstream.net

"Points East"

(Cont. from A2)

has her book nook set up at my good friend Fred's Select Literate Friend's Gathering in late July there in Wind Gap, Pennsylvania. I am trying to figure out how to economically ship a ton of paper from Kentucky to Pennsylvania.

In the meantime, books are real good stuff. You oughta try one.

"Memories"

(Cont. from A2)

the women traded patches with other members of the group. I have a few of these quilts still in my possession. I could never part with them unless someone in my family wanted one for a keepsake.

The memory of these gatherings is very significant to me. It represents a time in my life when things were so wonderfully simple. People in our community relied heavily on others for assistance, survival, and close friendships. We needed each other and often checked on our neighbors to make sure everything was in order.

I remember Mommie Katie instructing me to "walk out the lane and see if Mrs. Barnes needs anything." Mommie was concerned because Mrs. Barnes lived alone during that time and she had no indoor plumbing. I also remember carrying buckets of water to her when it was exceptionally cold. Back then, that is just what neighbors did - they looked out for one another.

Although neighborhood relationships are not the same today, I am happy to be living in a community that is small enough to still need one another. It was one of several reasons that I had to get away from city living, where people are rarely even acquainted with their neighbors much less look out for them. I suppose that is one of the results of having such a mobile and affluent society. But frankly, I am not so sure that we weren't really better off when we all had to pool our resources and lean on each other - like they did at those incomparable quilting bees.

(You can reach me at mtmman@mis.net I appreciate your comments and suggestions.)

Contact the Signal at Phone: 606-256-2244 Fax: 606-256-9526 Email: mvsignal@windstream.net

In Frankfort

Rally to support SB-45

A rally to show support for legislation aimed at reducing the availability of methamphetamine across Kentucky will be held in Frankfort on Thursday, February 3. The event will begin at 2:30 p.m. in the Capitol Rotunda.

At issue is whether to enact stricter requirements for the sale of pseudoephedrine-containing medications.

Senate Bill 45 would make pseudoephedrine a scheduled drug in Kentucky, require a prescription, limit quantities to 9 grams within a 30-day period, and prohibit refills until after the original prescription has expired.

A similar measure, House Bill 15, would require a prescription for pseudoephedrine-containing products.

The main difference, according to the Kentucky Narcotic Officers' Association, is that a scheduled drug can be tracked using the Kentucky All-Schedule Electronic Reporting (KASPER) system and law enforcement officers would be able to bring illegal possession and/or trafficking charges.

HB-15 was pre-filed for the 2011 session by Rep. Linda Belcher (D-49th) and is co-sponsored by Mike Marzian (D-34th). Belcher is expected to amend her bill to mirror the provisions of SB-45.

Senate Bill 45 has drawn bi-partisan support from senators representing about half of the counties in southern and eastern Kentucky since being introduced by Sen. Tom Jensen (R-21st) on January 4. Co-sponsors of the legislation include senators Jared K. Carpenter (R-34th), Ray S. Jones (D-31st) and Brandon Smith (R-30th).

Speaker of the House Greg Stumbo (D-95th) has indicated he will support the effort to schedule pseudoephedrine.

"Substance abuse is a non-partisan issue that impacts every family in every community," said Karen Kelly, director of Operation UNITE (Unlawful Narcotics Investigations, Treatment and Education). "This legislation is aimed at curbing the widespread methamphetamine epidemic by requiring a doctor's prescription for medications containing the

main ingredient needed for its production and giving our police officers extra enforcement tools."

"No single action will put an end to the drug problem," Kelly concluded. "But, when you can identify a specific contributing cause, it is essential to take expedient action to eliminate that cause."

UNITE anti-drug efforts include a network of 30 community coalitions serving the 29-county Fifth Congressional District.

"We're asking each of our coalitions to organize groups and caravan to Frankfort to show a unified front on this issue," Kelly said, noting that "in the past, citizens have been effective in getting anti-drug legislation adopted when they've let their voices be heard."

For those unable attend the rally, Kelly encouraged them to contact both your state Senator and Representative using the Legislative Message Line - 1-800-372-7181. "If they are already supportive of the bill, then leave a message to thank them for their position."

Only two other states have made pseudoephedrine a scheduled drug - Oregon in 2006 and Mississippi in 2010. Both states reported decreases in the number of methamphetamine labs within months of their laws taking effect. In Oregon the number of lab seizures dropped 97.3 per-

cent from 2004-2010, and Mississippi has seen a 68 percent reduction in just six months.

By contrast, Kentucky's meth lab seizures increased 48 percent in the past year (from 741 labs to approximately 1,100) and was rated third in the nation for labs dismantled by law enforcement.

A study by the Kentucky State Police using pseudoephedrine sales data from 2009 concluded that approximately 77 percent of these sales were diverted to methamphetamine production.

The toll taken by methamphetamine is staggering.

According to information from the Substance Abuse and Mental Health Services Administration (SAMHSA), the average lifespan of a meth user is seven years and a meth producer five years.

"This does not take into account the collateral damage done by meth to the children living in the homes and the danger to the community and law enforcement," according to Tommy Loving, executive director of the Kentucky Narcotic Officers' Association.

A second impact is felt in the wallets of taxpayers.

"The cost of dismantling meth labs and the incarceration of those charged with meth-related offenses is an

(Cont. to A5)

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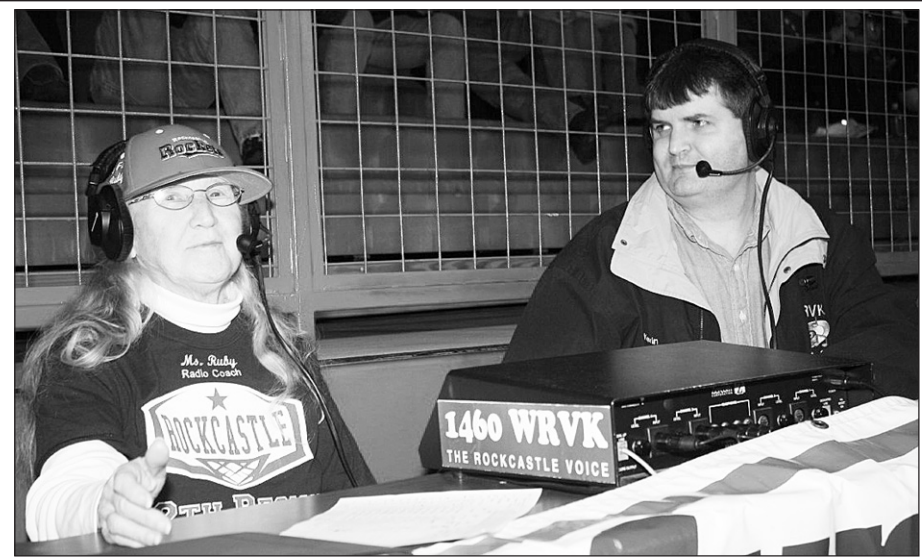
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Rockcastle Kiwanis Club welcomed Stephen Estes, President and CEO of Rockcastle Regional Hospital and Respiratory Care Center along with Arielle Reese, Community Relations Director to their meeting last week. Thank you Steve and Arielle for sharing some of the happenings and the W.O.W. moments that continue to take place at our local hospital. In the photo from left are: Billy Reynolds, Estes, Reese and Glenda Smith.



The Rockcastle Lady Rockets biggest fan, aka Ruby Alcorn, talked with WRVK personality Kevin Roberts during halftime of the girls win against Casey County Friday night. The team also greeted Alcorn after the game.

Kentucky Afield Outdoors

How wildlife escape snow, ice and cold weather

The broad-winged hawk vacations south of the border. Resident Canada geese congregate around open water. Black bear sows den up and give birth. Woodchucks simply go underground and sleep it off.

Those are just a few of the ways wildlife escape the snow, ice and cold weather of winter.

"The broad-winged hawk nests here but migrates to central and south America for the winter," said Kate Heyden, avian biologist for the Kentucky Department of Fish and Wildlife Resources.

While most species of hawks in Kentucky never leave their territories, they modify their behavior in winter. It's harder for birds of prey to find food, so they may gather on a south-facing slope, where the snow is melted away.

"Hawks and owls can get very creative in where they take shelter from the cold, often roosting in barns, or sleeping in thick evergreen trees overnight," said Heyden.

Red-tailed hawks stay here during the cold weather months, but there's a big

push of migrant birds from the Great Lakes Region, mostly Wisconsin and Michigan.

"We have a lot more hawks in Kentucky during the winter months, and they are much more visible," Heyden explained.

Resident Canada geese spend the spring and summer raising their young on farm ponds, small lakes and streams across Kentucky. They usually stay close to home when cold weather arrives, but they gravitate to certain areas.

"They go to bigger water and concentrate on the Ohio River, or Cave Run Lake," said John Brunjes, migratory bird biologist for Kentucky Fish and Wildlife. Brunjes conducts aerial surveys of waterfowl twice a month in eastern Kentucky from December through February.

"During the big freeze on Dec. 15, I counted 5,860 geese, and on Jan. 4, after the thaw, there were 2,209 geese in the same area," he said.

He explained that in cold weather geese like to hang around steam plants which have warm water dis-

charges.

"They're looking for waters that don't freeze up. As soon as temperatures moderate, they scatter out and go back to small ponds, where they are much harder to count," he said.

Unlike birds and other wildlife, black bears spend the winter in dens.

"Bears enter a state of torpor, during which their metabolism slows markedly, but they can move around and may even leave their dens," said Steven Dobey, bear biologist for the department. "They live off their body fat, and don't eat or drink."

Sows give birth in their dens and nurse their cubs all winter, emerging in March or April with the little ones in tow. "A bear den may be in a rock crevice, the root wad of a fallen tree, or inside a standing hollow tree," said Dobey.

While bears spend the winter in a state of torpor, woodchucks sleep away the winter in hibernation.

In October, they go underground for the season to a dead-end nest chamber sealed off with dirt to prevent rabbits and other wildlife from disturbing their slumber.

The woodchuck's body temperature drops, and its heart rate slows to as few as four beats per minute. They don't emerge until the first warm days of February.

Other Kentucky wildlife hunkers down.

"Pond turtles, such as the common map turtle or red-eared slider, sit on the bottom of a pond or on the bottom of the river in a back-water area," said John Macgregor, herpetologist in Kentucky Fish and Wildlife's non-game program. "On sunny days in February, they might crawl up on a log to get some warmth."

The rat snake spends the winter in a small mammal burrow, below the frost line.

Imagine being a chipmunk and having to share your home with a big snake four months out of the year.

"Toads burrow down in leaf litter and loose topsoil," said Macgregor. "Tree frogs might spend the winter in a rotten log or in a hole in a

Graduates from ECU

Eastern Kentucky University recognized 949 graduates at the conclusion of the Fall 2010 semester.

The graduates were honored at commencement ceremonies Dec. 18.

Local ECU graduates include:

Brodhead - Thomas Joptha Burgin.

Mt. Vernon - Patty J. Collins, Matthew S. Mullins, and Gregory K. Watson.

Fall 2010

Dean's List

Eastern Kentucky University has announced that 2,579 students earned Dean's List honors for the Fall 2010 semester.

To achieve Dean's List honors at Eastern, students attempting 14 or more credit hours must earn a 3.5 grade point average out of a possible 4.0. Students attempting 13 credit hours must earn a 3.65 GPA, and students attempting 12 credit hours must earn a 3.75 GPA.

Local students are listed as follows:

Brodhead - Starla Sky Benge, Courtney Danielle Bullock, Deanna Gaye Carpenter, Angela Richelle Debord, Maria Danielle Hensley, Andrew Seth Laswell, Michelle Marie Martin, Betty Rose Mullins, Donovan Noal Pigg, and Megan Kaitlynn Taylor.

Livingston - Jessie Allison Wyatt, and Micah William Wyatt.

Mt. Vernon - Amanda Rose Bryant, Jennifer Louise Chandler, Hannah Marie Chism, Rebecca Ann Cummins, Courtney Faith Ham, Doniel Neshay Helton, Dustin Tyler Johnson, Chasity Brooke Kirby, Carla Rana McFeron, Lisa Mazel McPheron, Izak Walker McQueary, Christy Olivia Napier, Amberly Margaret Phillips, Steven Darrell Renner, and Brandon Joseph Young.

Orlando - Brandy LaRae Owens.

President's List

Eastern Kentucky University has announced that 1,124 students earned President's List honors for the Fall 2010 semester.

The President's List was established by the University to recognize outstanding academic achievement. It is bestowed upon full-time undergraduate students who attain a perfect 4.0 grade point average for a semester.

Local students are listed as follows:

Brodhead - Courtney Danielle Bullock, Andrew Seth Laswell, Michelle Marie Martin, Betty Rose Mullins, and Donovan Noal Pigg.

Livingston - Micah William Wyatt.

Mt. Vernon - Jennifer Louise Chandler, Rebecca Ann Cummins, Courtney Faith Ham, Dustin Tyler Johnson, Chasity Brooke Kirby, Lisa Mazel McPheron, Amberly Margaret Phillips, and Steven Darrell Renner.

Dean's Award

Eastern Kentucky University has announced 452 Dean's Award recipients for the Fall 2010 semester.

To earn the Dean's Award, students must achieve Dean's List honors at ECU for three semesters, not necessarily consecutive. A lapel pin is presented to students by the dean of their academic college.

Local students are listed as follows:

Livingston - Jessie Allison Wyatt.

Mt. Vernon - Lisa Mazel McPheron.

Orlando - Brandy LaRae Owens.

"Rally"

(Cont. from A4)

enormous economic drain on the commonwealth of Kentucky," Loving said, adding the annual cost to be about \$48 million.

In 2005, UNITE coalitions rallied 2,000 people in Frankfort to support of SB-63. The bill, passed unani-

mously, required pseudoephedrine to be sold only at pharmacies, set a 9-gram limit for a 30-day period, made it easier to prosecute for methamphetamine production, toughened penalties when a child was present, and required participation in the KASPER drug-tracking system.

From 2005-07, UNITE conducted a pilot project for MethCheck - an electronic reporting system designed to catch individuals who sought to obtain pseudoephedrine from multiple pharmacies and in different counties, a practice known as "smurfing." The results of the pilot project were so successful that this system was adopted statewide.

"Despite the early results and promise of success, MethCheck has not lived up to expectations and has not prevented smurfing," Kelly said. "As a result, UNITE no longer supports use of this system."

"Last year meth labs were discovered in two-thirds of Kentucky's counties. Lives are being lost and innocent children are being placed in harm's way," Kelly stated. "By adopting SB-45 to schedule pseudoephedrine lawmakers have a tool that will greatly reduce the instances of meth labs across the commonwealth."

The measure has the endorsement of the Kentucky Education Association, Kentucky Medical Association, Kentucky State Police, Kentucky Academy of Family Physicians, Kentucky Association of Chiefs of Police, Kentucky Jailer's Association and Appalachia HIDTA Drug Task Force.

For more information about Operation UNITE visit their website at www.operationunite.org or www.operationunite.org.

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(Cont. to A9)

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Bookmobile Schedule*

Mon., Jan. 31st: Brodhead, Copper Creek. **Tues., Feb. 1st:** Green Hill, Conway, Fairview, Lambert Road. **Wed., Feb. 2nd:** Day Health/Senior Citizens, Brindle Ridge.

Project Graduation Meeting

The next project graduation meeting will be held Thurs., Feb. 3rd at the high school cafeteria.

Livingston Fire & Rescue Chili Supper

Livingston Fire & Rescue will hold a Chili Supper Sat., Jan. 29th at 5 p.m. at the Livingston Fire House. \$6 all you can eat. Menu: chili, peanut butter sandwich, crackers and drink. Call in orders: 453-3877.

Bible Baptist Fitness Program

Get Moving at Bible Baptist Church. Everyone is welcome to improve health and well-being. Flexibility and walking. For more information, call Rockcastle County Extension Office at 256-2403. Monday, Wednesday and Friday, 11 a.m. to noon. Starts Monday, January 24th.

Project Graduation Meeting

Project Graduation 2011 will be held at the RCHS cafeteria on Thurs., Jan. 20th at 7 p.m., or immediately after the financial aid workshop. We need to elect officers, discuss committees and set time lines for fundraisers. Please plan to attend and be a part of the Project Graduation planning committee. Your work, contribution and caring will create a night of memories for all seniors.

Valentines Day Ball - Movie

A semi-formal Valentines Day Ball, for individuals with special needs of all ability levels and ages, on Fri., Feb. 11 from 7 to 9 p.m. at the Russel Acton Folk Center in Berea. There will be a live DJ, dancing, snacks and the celebration of Valentine's Day. Also, the movie "Happy Feet" will be the family friendly flick at the Russel Acton Folk Center on Sat., Feb. 12th. The show begins at 7 p.m. and is free. Limited to 150 people. Call 986-9402 for more information on these events.

Ballroom Dancing for Adults

A six week class of Ballroom Dancing for Adults will begin February 4th from 7 to 8 p.m. and continue through March 11 at the Russel Acton Folk Center in Berea. For adults 18 and above. Call 859-986-9402 for more information.

Kiwanis Club Meetings

The Rockcastle Kiwanis Club meets every Thursday at noon at Rock Fire Grill. Everyone welcome.

VFW News

VFW Post 5988 is open Monday, Wednesday and Thursday at 5 p.m. for members and their guests. The monthly meeting will be held the fourth Thursday of each month, beginning at 7 p.m. Bingo is held at the post every Tuesday, beginning at 6:30 p.m. and is open to the public.

Brodhead Lodge Meeting

The Brodhead Masonic Lodge #556 meets every third Saturday at 7 p.m. on Main Street in Brodhead above Brodhead Pharmacy.

CCFFG Meeting

Concerned Citizens for Fair Government, CCFFG, has their monthly meetings the third Tuesday of each month at 6 p.m. in the Rockcastle Courthouse, 3rd floor, please use rear entrance. There will be no meeting for December. The next meeting will be January 18th and will be an election meeting. Everyone is encouraged to attend.

Historical Society Hours

The Rockcastle Historical Society is open on Mondays from 10 a.m. to 2 p.m. in the RTEC garage building. Monthly society meetings are held the 4th Friday of each month at 5:30 p.m. at the Senior Citizens Building in Mt. Vernon.

RCIDA Meetings

The Rockcastle County Industrial Development Authority holds its regular meeting the first Monday of each month at noon on the third floor of the courthouse.

NA Women's Meeting

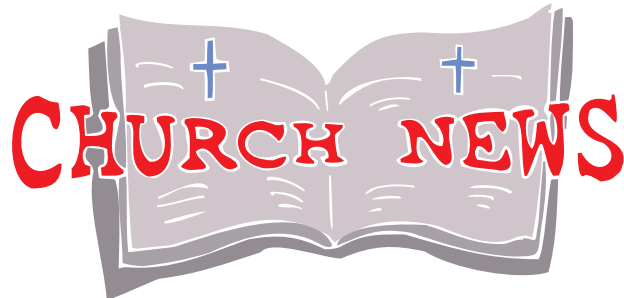
The Women's NA Serenity Group of Mt. Vernon meets each Monday at 8 p.m. at the Christian Appalachian Project Community Center, 64 Beiting Lane, Mt. Vernon. Open meeting, non-smoking.

Women's Narcotics Meeting

There will be a Women's Narcotics Anonymous Meeting every Monday evening at 8 p.m. at the Community Center, sponsored by Christian Appalachian Center. For more information, contact the Healing Rain Center at 256-5810.

Alcoholics Anonymous

Alcoholics Anonymous meets Tuesday nights at 8 p.m. behind Our Lady of Mt. Vernon Church on Williams St. in Mt. Vernon.



Benefit Singing

There will be a Benefit Singing at Sand Springs Baptist Church on Sat., Feb. 5th at 7 p.m. for Dennis Doan. All singers are invited. **Revival services** will be held at the church beginning Wednesday, Jan. 26th with services held at 7 o'clock each night. Evangelist will be Brian Powell. Bob Bradley, pastor, and congregation welcome everyone to these events.

Benefit Singing

Calloway Holiness Church will hold a benefit singing on February 4th at 7 p.m. at the church. Special singers will be Soldiers for the Cross. Proceeds will go toward the church's building fund.

Pastor Elie Doan and congregation invite everyone to attend.

Passing the Torch

Grace Fellowship Church invites you to attend an upcoming three day conference - Feb. 11-13. The conference is entitled Passing the Torch and special guest speakers will be Eddie James on Fri., Feb. 11th at 7 p.m.; Tommy Combs on

Sat., Feb. 12th at 10 a.m. and Dr. T.L. Lowery on Sat., Feb. 12th at 7 p.m. and on Sunday, Feb. 13th at 10:30 a.m.

The church is located at 845 S. Main St. in Carnaby Square, London. For more info, call 606-864-4635 or visit their website www.graceforyou.com.

Gospel Singing

There will be a Gospel Singing at Crossroads Assembly of God, on Hwy. 150 in Brodhead, on Sunday, Jan. 30th beginning at 6 p.m. Everyone is welcome.

Chili, Soup & Sandwich Supper

Calloway Holiness Church will have a chili, soup and sandwich supper, with desserts and drinks at the Livingston Fire Station on Friday, Feb. 11th, starting at 6 p.m. \$5 a plate. The Doan family will be singing. All proceeds go toward the church's building fund.

Let the Bible Speak

Tune into "Let the Bible Speak," with Brett Hickey, on Sunday mornings at 8:30 a.m. on WDKY Fox 56.

Mamaw's Kitchen

By Regina Poynter Hoskins

SAWDUST SALAD

My sister-in-law introduced this salad to the family back in 1977. It was an instant hit with Will's family as much as it was mine. The "sawdust," of course, is really shredded cheddar cheese sprinkled on top. My family eats this as a dessert instead of as a salad. Either with your meal, after your meal, or as a snack, it is worth the effort. It makes an excellent potluck dish. In the summertime, the whipped topping and cream cheese may tend to melt some if it's left out in the sun too long, but you usually don't have to worry about that. It is among the first dishes to disappear. In San Francisco, I took this to ADP when I worked there and it turned out to be a favorite of co-worker Steve Aguirre as well as some of the other co-workers.

- 1 small box orange Jello®
 - 1 small box lemon Jello®
 - 1 can crushed pineapple, drained
 - 1 bag miniature marshmallows
 - 1 cup sugar
 - 2 tablespoons cornstarch
 - 1 egg
 - 2 cups juice and water
 - 1 small container Cool Whip®, thawed
 - 1 package (8-ounce) cream cheese, at room temperature
 - 1 to 2 cups cheddar cheese finely shredded
- Drain pineapple; reserve juice. Mix Jello® with 2 cups boiling water until dissolved. Add 1/2 bag marshmallows. Stir until they are slightly melted. Add 1/2 cups cold water, pineapple and rest of marshmallows. Refrigerate until set. In the meantime, combine sugar

with cornstarch, add beaten egg. Add enough water to the reserved pineapple juice to make 2 cups. Slowly stir into sugar mixture. Cook over medium heat until thickened. Let cool. Spread cooled pudding over Jello® mixture. Beat cream cheese, fold in Cool Whip. Spread over pudding. Sprinkle with finely grated cheddar cheese.

WATERGATE SALAD

- 1 small package instant pistachio pudding mix
 - 1 can (15 ounce) crushed pineapple, undrained
 - 1 container (9 ounce) Cool Whip®
 - 1/2 cup chopped nuts
 - 1 small package miniature marshmallows
 - 1 can mandarin oranges, drained
- Mix dry pudding mix with the pineapple and juice. Mix well. Fold in Cool Whip® and nuts. Add marshmallows and oranges carefully as to not break up the fruit. Chill.

An encouraging word:

Dressing Appropriately Is Important
By Howard Coop



The summer of 1971 was an exciting summer for me. Some of my hopes and dreams of a lifetime were realized. After weeks of preparation, I and those I had recruited to travel with me met in Louisville to board a chartered plane for Amsterdam, and on July 20, we begin what had been booked as a Grand Tour of Europe. Then, for three weeks, we visited the traditional tourist attractions in Holland, West Germany, Switzerland, Liechtenstein, Austria, Italy, France, and England.

Our guide for the tour was Chris Hotten, a young English university student who worked as a tour guide during the summer to earn money to attend law school. As we got to know Chris, we discovered that, along with a lot of good information, the young Englishman had a unique sense of humor.

Day after day and in city after city all across Europe, we visited ancient cathedrals and admired their architectural beauty and grandeur. Early in the tour, Chris informed us that all of the

cathedrals we would be visiting during the tour imposed strict dress codes, and it was important, especially for the ladies, to dress appropriately; no shorts were allowed. So, almost every evening as we enjoyed dinner, Chris would come by our table and, without smiling but in a joking sort of way, remind the ladies, "Dress decently tomorrow; we are going to visit another cathedral." Then, each morning as we had breakfast before we boarded the bus, he would come by our table and, without a hint of a smile, say to the ladies, "I see you are dressed decently for the day."

Dressing appropriately, whatever the occasion, is always important. But there is a real sense in which dressing appropriately goes beyond choosing from among items that may be located in the wardrobe. For almost two thousand years, we have been reminded that every day we are to clothe ourselves in "compassion, kindness, humility, gentleness and patience."

Upcoming Sermons on:

Let The Bible Speak



Jan. 30 - Preaching Christ: A Two-Lane Road
Feb. 6 - Super Bowl Winner or Super Soul Winner?
Feb. 13 - Baptism: Optional or Essential (Part 1)
Airs Sunday Mornings at 8:30 a.m. on WDKY Fox 56 with Brett Hickey

Help Save Climax Spring!

The US Forest Service has proposed to log and spray herbicide on the hills above Climax Spring and throughout the Daniel Boone National Forest in Rockcastle County.

Kentucky Heartwood believes that taxpayer dollars should not be used to subsidize commercial logging on public land or to degrade our local natural resources.

We cordially invite you to join us to discuss the Forest Service's plans:

Monday, Jan. 31st at 7:00pm
at the offices of A-SPI, 40 Lair St.
off Williams St.
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Believers House of Prayer
156 Scenic View Lane
U.S. 25 N, left at 18 mile marker
Renfro Valley, Ky.
Sabbath School Sat. 10-11 a.m.
Morning Worship 11 a.m.
Evening Worship 7 p.m.
Wednesday 7 p.m.
Pastor: Bill Davis
bhob@ymail.com

Bible Baptist Church
100 Higher Ground (off US 25)
Mount Vernon, Ky.
Church Phone 606-256-5913
e-mail: www.biblebaptist.org
Sunday School 10 a.m.
Sunday Worship/Children's Church 11 a.m.
Sunday Night Worship 6 p.m.
Wednesday Evening 7 p.m.
Video services Tues., Thurs., & Sat. at 11 a.m., 4 p.m. & 9 p.m.
Channel 3 - New Wave
Cable Channel 5 in Berea and Richmond 1 p.m. Wednesdays
Pastor: Don Stayton
Associate Pastor/Youth:
Bro. Jeremy Ellis
Kids for Christ
Children's Ministry:
Bro. Jarrod Amyx
Secretary: Jo Roberts
Music Director: Dan Dull

Blue Springs Church of Christ
7 miles south of Mt. Vernon on Hwy. 1249 (Sand Springs Rd)
Services:
Sundays 10 a.m. & 6 p.m.
Preaching Brethren
Zade McClure, Gary Reppert, Coy Cromer, Marcus Reppert
Contact Info:
Marcus Reppert
104 Byrda Way • Mt. Vernon, Ky.
606-308-2794
marcusreppert24@hotmail.com

Bride of Christ Church
High St. Mt. Vernon
Sunday Services 7 p.m.
Brodhead Baptist Church
Corner of Silver & Maple St.
Brodhead, Ky. 40409
606-758-8316
Sunday Bible Study 10 a.m.
Sunday Worship 11 a.m. & 6 p.m.
(Nursery Provided)
Sunday Youth Bible Study 5 p.m.
Wednesday Adult & Youth Worship/Bible Study 7 p.m.
Children's Programs:
RAs & GAs
Mission Friends and Creative Ministry
Ralph Baker, Pastor
Jon Burdette, Assoc. Pastor

Brodhead Christian Church
237 W. Main St. Brodhead
606-758-8721
Sunday School 10 a.m.
Sunday Worship 11 a.m. & 6 p.m.
Wednesday Bible Study 7 p.m.
Tracy Valentine, Preacher
606-758-8662
Cell 606-305-8980

Brodhead Church of God
Hwy. 3245 • Brodhead
758-8216
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Sunday Evening 6 p.m.
Wednesday evening 7 p.m.
Terry Orcutt, Pastor

Brush Creek Holiness Church
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Sunday Evening 7 p.m.
Tuesday Prayer Meeting 7 p.m.
Special Service 1st Sunday or each month at 11 a.m.
Lonnie Reese McGuire, Pastor

Buffalo Baptist Church
Located 15 miles south of Mt. Vernon on Hwy. 1249 (Sand Springs Rd.)
606-274-5197 • 606-256-4988
Sunday School 10 a.m.
Sunday Worship 11:15 a.m.
Sunday Evening Service 6 p.m.
Marvin (Buddy) Rose, Pastor
Calloway Baptist Church
76 Calloway Branch Rd. (Off US 25) • Calloway
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Sunday Evening 6 p.m.
Wednesday Evening 7 p.m.
Contact Jerry Jones 453-3791

Central Baptist Church
86 Maintenance Rd.
Mt. Vernon, KY 40456
606-256-2988
centralbaptistky.org
Pastor: Mark Eaton
Home of "Central Baptist Christian Academy"
K-12 Private School
"Central Time" Radio Broadcast
WRVK 1460AM
Monday -Friday 11:15 a.m.
Sunday School 10 a.m.
Sunday Morning and Children's Church 11 a.m.
Sunday Evening 6 p.m.
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Climax Christian Church
Hwy. 1912
308-2806 - 256-4138 - 256-5977
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Wade Johnson, Minister
Climax Holiness Church
Sunday Night Worship 6 p.m.
Thursday Nights 7 p.m.
3rd Sat. of every month at 7 p.m.
2nd Sunday of each mo. at 10 a.m.
Darrin Sloan, Pastor
Conway Missionary Baptist
U.S. 25 between Mount Vernon and Berea
Sunday School 10 a.m.
Sunday Morning Worship 11 a.m.
Sunday Evening Worship 6 p.m.
Wed. Prayer Service and Bible Study 7 p.m.
Youth Meetings: Sunday 5 p.m. Wednesday 7 p.m.
Bro. Jim Ritchey, Pastor
859-200-2679/859-228-0342
Sunday School Director
Ronald Sears • 606-256-5709
606-256-2829

Cornerstone Fellowship
50 Lovell Ct. - Mt. Vernon
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Sunday Evening Service 6 p.m.
Wednesday Service 7 p.m.
Terry Fletcher, Pastor
606-256-1645
Crossroads Assembly of God
Hwy. 150 • Brodhead
Bro. Steven Vanhook, Pastor
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Sunday Evening Worship 6:00 p.m.
Wednesday Night 7 p.m.

Dixie Park Cornerstone
700 N. Powell St. Berea, Ky.
859-623-8292 • 859-985-2484
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Sunday Evening Service 6 p.m.
Wednesday Service 7 p.m.
Gene Smith, Pastor
Fairview Baptist Church
520 Fairview Loop Road
Mount Vernon, Ky.
Sunday Services
Sunday School 9:45 a.m.
Sunday Worship 11 a.m.
Children's Choir 6 p.m.
Sunday Evening Service 7 p.m.
Sunday Adult Choir 8 p.m.
Wednesday Services
Creative Ministry 6 p.m.
Bible Study 7 p.m.
Youth Ministry QUEST 7 p.m.
RAs and GAs 7 p.m.
Mission Friends 6 p.m.
Vaughn Rasor, Pastor
606-256-3722
email: fairviewbapt@aol.com

Faith Chapel Pentecostal
S. Wilderness Road
Mount Vernon, Ky.
Sunday School 10 a.m.
Sunday Evening Service 7 p.m.
Wednesday Service 7 p.m.
Saturday Service 7 p.m.
Jack Carpenter, Pastor
First Baptist Church
340 West Main Street
Mt. Vernon, Ky. 606-256-2922
Bro. Eddie Nation, Pastor
website: www.fbcmkv.org
email:fbcmtvernon@newwave.net
Sunday Services: 8:30 a.m., 10:45 a.m. and 7 p.m.
Wednesdays: AWANA and Adult Bible Study 6:30 p.m.
Live Broadcast WRVK 1460AM Sundays at 11 a.m.
Broadcast on New Wave Cable Channel 3 Tues., Thurs. & Sunday at 10 a.m., 3 p.m. & 8 p.m.
First Christian Church
West Main St. Mt. Vernon
606-256-2876
Bro. Bruce Ross, Pastor
Sunday School: 10 a.m.
Sunday Worship 11 a.m. & 6 p.m.
Wednesday Bible Study 7 p.m.

Flat Gap Baptist Church
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Wednesday Service 7 p.m.
James Poynter, Pastor
606-256-3969
Flat Rock Missionary Baptist
504 Maple Grove Rd. Hwy. 1004
Orlando, Ky. • 859-925-4048
Sunday School 10 a.m.
Fellowship Hour 11 a.m.
Sunday Evening Service 7 p.m.
Wednesday Bible Study 7 p.m.
Thursday Night Visiting 7 p.m.
Contact: Doris Brown
606-256-0188
burtonpromos@prodigy.net

Freedom Baptist Church
Freedom School Rd.
Mt. Vernon
Sunday School 9:45 a.m.
Sunday Worship 11 a.m.
Discipleship Training 6 p.m.
Sunday Evening Worship 7 p.m.
Wednesday Evening Prayer Meeting & Youth/Children Classes 7 p.m.
www.freedomsbc.com
email:
pastor@freedomsbc.com
Pastor: David Sargent
606-256-2968
God's Church of Zion
35 McFerron St.
Mt. Vernon, KY
Wed. Night 7 p.m.
Sunday School 2 p.m.
Sunday Worship 3 p.m.
Pastor: Fred Hecker

Hickory Grove Pentecostal Church
Hwy. 1505 (6 miles from Brodhead)
Brodhead, Ky.
Randal Adams, Pastor
Youth Pastor, Scott Adams
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Sun. & Wed. Evening 7 p.m.
Lighthouse Assembly of God
Hwy. 1004 • Orlando, Ky.
Tim Hampton, Pastor
606-256-4884 • 606308-2342
Sunday School 10 a.m.
Sunday Morning Worship 11 a.m.
Sunday Evening 6 p.m.
Tues. Night Intercessory Prayer 7 p.m.
Wednesday Night Bible Study 7 p.m.

Little Country Church
Jarber Rd.
Turn left off Rev. Green Loop onto Jarber Rd.
Jack Weaver, Pastor
Sunday 6 p.m.
Wednesday 7 p.m.
Livingston Baptist Church
Sunday School 10 a.m.
Adult & Youth Classes Available
Worship Service 11 a.m.
Wed. Bible Study & Meeting 7 p.m.
Bro. Steve McKinney, Pastor
606-758-4097
email: stevemc64@alltel.net

Livingston Christian Church
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Walter Ballinger, Minister
Livingston Pentecostal Holiness Church
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Sunday Evening Service 6 p.m.
Wednesday Service 7 p.m.
Jim Miller, Pastor
606-256-1709
Macedonia Baptist
Scaffold Cane Road
Mount Vernon, Ky.
Bro. Wayne Henson, Pastor
Sunday Morning Worship 11 a.m.
Sunday Evening 6 p.m.

Maple Grove Baptist
Hwy. 1004 (Big Cave Road)
Orlando, Ky. • 606-256-1873
Bro. Jerry Owens, Pastor
Home Phone 606-256-3075
Sunday School 10 a.m.
Sunday Morning Worship 11 a.m.
WRVK Broadcast 2 p.m.
Sunday Evening 6 p.m.
Wednesday Evening 7 p.m.
Mareburg Baptist Church
2617 New Brodhead Rd.
Mt. Vernon, KY 40456
Wayne Harding, Pastor
Phone: 256-8844
Sunday School 10 a.m.
Sunday Morning Worship 11 a.m.
Sun. Discipleship Training/ Sunday Youth Missions 6 p.m.
Sunday Evening Worship 7 p.m.
Wednesday Evening 7 p.m.
www.mareburgbaptist.org
mareburgchurch@yahoo.com

McNew Chapel Baptist
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Sunday Evening Service 6 p.m.
Wednesday Service 7 p.m.
Jerry Ballinger, Pastor
Mt. Vernon Church of God
1025 W Main St.
Mount Vernon, Ky.
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Sunday Evening Service 6 p.m.
Wednesday Service 7 p.m.
Bobby Owens, Pastor
859-986-1317
Mt. Vernon Church of the Nazarene
40 Fair Street • Mt. Vernon
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Sunday Evening 6 p.m.
Wallace Thornton, Sr., Pastor
New Hope Baptist Church
Jct. 1797 New Hope Tower Rd.
Orlando
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Sunday Evening 6 p.m.
Wednesday Evening 7 p.m.
Bro. David Carpenter, Pastor

Northside Baptist Church
777 Faith Mountain Rd.
(Off 461 bypass) Mt. Vernon
606-256-5577
Sunday
Sunday School 10 a.m.
Morning Worship 11 a.m.
Children's Church 11 a.m.
Hispanic Services 6 p.m.
Evening Worship 6 p.m.
Wednesday
Adult & Youth Worship 7 p.m.
New Wave Cable (KET2 ch. 3)
Tues., Thurs., Sun.
9 a.m., 2 p.m., 7 p.m.

Ottawa Baptist Church
1074 Ottawa Rd. • Brodhead
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Children's Church 11 a.m.
Sunday Discipleship Training/Youth Mission Groups 6 p.m.
Wednesday Services
Youth Choir 6 p.m.
Children's & Youth Bible Study 6:45 p.m. • Service 7 p.m.
Jim Craig, Pastor • 758-8453
ottawabaptist@windstream.net

Our Lady of Mt. Vernon Catholic Church
515 Williams St (across from MVES)
Mount Vernon, Ky.
606-256-4170
Mass Times:
Tuesdays at 5 p.m.
Sabbath Mass: Sat., 5 p.m.
Holy Days 5 p.m.
Fr. Frank Brawner, Pastor
Sister Joyce Moeller, Pastoral Associate
Philadelphia United Baptist
834 Bryant Ridge Rd. Brodhead
Sunday School 10 a.m.
Sunday Evening Service 6 p.m.
Wednesday Service 7 p.m.
Saturday Service 7 p.m.
Gordon Mink, Pastor
606-256-9724

Pine Hill Holiness Church
5216 S. Wilderness Rd.
Mt. Vernon, Ky. 40456
Allen Hensley, Pastor
453-4801
www.pinehillholinesschurch.com
email: pinehillhc@aol.com
Sunday School 10 a.m.
Sunday Evening Worship 7 p.m.
Thursday Night Worship 7:30 p.m.
Saturday Night Worship 7:30 p.m.
WRVK (1460 AM) Broadcast
Noon Sundays

Pine Hill Missionary Baptist Church
PO Box 1495
81 Limeplant Hollow Road
Mt. Vernon, Ky. 40456
Contact: Jackie Burdine
606-453-2342
Sunday School 10 a.m.
Sunday Worship 11 a.m.
Discipleship Training 5:30 p.m.
Sunday Evening Worship 6:00 p.m.
Wednesday Prayer Meeting & Youth Service at 7:00 p.m.
Prayer Partners Ladies Meeting monthly every 2nd Tues. at 6:30 p.m.

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Lady Rockets continue to roll over opponents

The Lady Rockets continued their dominance of the 47th district by romping over the Casey County Lady Rebels (11-4 and 4-2) last Friday Night at Rock Arena 53-23. Rockcastle has beaten teams in the 47th district by an average of 28 points this season and are a perfect 5-0 in district play.

The tenacious Lady Rocket defense frustrated Casey County all night long. The Lady Rebels only scored eight points in the first half to Rockcastle's 27.

Rockcastle's Sara Hammond continued her aggressive play scoring 23 points to lead Rockcastle to their 17th win of the season against one loss. Angie Lawrence, who received a basketball acknowledging her accomplishment of joining the "1,000 Point Club" before the game, added 15 points.

Other Lady Rockets who scored: Micheala

Hunter, 5; Alexis Chasteen, 4; Kristin Abney and Shanlee Burton, Sydney Arvin and Ella McQueary with 2 each.

Rockcastle vs. Franklin

The Lady Rockets traveled to East Jessamine to play Franklin County (11-9) in the Jaguar Classic Saturday night. The Lady Rockets rolled to an impressive 67-33 win and notching their ninth straight victory.

Rockcastle vs. Mercer

The Lady Rockets were looking for their tenth straight win Monday night as they faced the #4 team in the 12th region Mercer County (11-5). The Lady Titans, who do not have a single senior, gave a scare to Rockcastle and never let the #2 team in the state have much breathing room but Rockcastle prevailed 53-42.

Rockcastle's leading

scorer, Sara Hammond who is averaging a double-double with 15.8 points and 11.9 rebounds a game, did not get her first basket until the 6:28 mark in the fourth quarter.

However, one of the characteristics of Coach Noble's squad is that it has great depth and once again that came to the forefront. Angie Lawrence led Rockcastle in scoring with 13 points. Micheala Hunter and Ella McQueary came off the bench to add 12 and seven points, respectively, to pick up the slack.

The score was tied at 12 at the end of the first quarter but the Rockets went on a 12-3 run to stretch the lead to 11 at

25-14 at the half. The biggest lead for Rockcastle came midway through the fourth quarter at 16 points, 49-33.

Lady Rockets scoring: Shanlee Burton and Kristen Abney, 6 each; Sydney Arvin, 5 and Sara Hammond, 4.

The Lady Rockets, (19-1,5-0) will travel to Pulaski County (10-10 and 0-4) to play their final district game of the season this Friday night. Tip-off is scheduled for 6 o'clock.

The next home game for Rockcastle is a jayvee and varsity match-up Monday night, January 31st against Madison Central (11-6) who is ranked 20th in the state. Tip off for that game is slated for 7:30.



Senior Shanlee Burton goes for a basket in the Lady Rockets win against Casey County last Friday night.

Rockets beat Casey Co.; lose to Madison Southern

Rockcastle County and Casey County met up Friday night in a pivotal 47th district matchup. It would be just 7 days removed from the last meeting between the two teams in which the Rebels defeated the Rockets 61-49 at Casey Co.

Casey seemed to be cruising to a road win leading for most of the game and holding a 12 point lead, their biggest of the night, midway through the 4th, 56-44. The Rockets however clawed their way back with tremendous hustle and great team defense not allowing a Casey field goal in the last 4:48. Rockcastle's sophomore guard John Curtis Wilson connected for a three to get the Rockets to within one at 58-59 with 2:34 left. Then senior point guard Josh McKinney put the Rockets ahead for good when he slashed through the defense for a layup to put the home team up 60-59 with 1:58 left in the game.

McKinney and senior guard Travis carpenter nailed six consecutive

free throws down the stretch to seal the come from behind 66-62 win for Rockcastle.

Coach Benny Blanton got some much needed production from his bench in the way of 25 points as Wilson came up with 11 points and sophomore guard Ashton Arvin added 10 along with some key hustle plays.

Carpenter led Rockcastle, now 6-12 on the season and 2-3 in district play, in scoring with 22. Other players who scored were: Josh McKinney, 12; Corey McPhetridge, 4; Ben Allen, 2; Cody Noe, 2; Jaden Brock, 3.

Rockcastle vs. Southern

Rockcastle was riding the momentum of the come from behind win against Casey County and would take that new found confidence on the road to out of district rival Madison Southern Tuesday night. However, the Rockets would come up short against the Eagles falling 56-38.

Rockcastle did own a 24-22 lead at the half but

a combination of turnovers and cold shooting held the Rockets to only 14 points in the second half. That allowed the Eagles to get their record to 9-10 on the year. Rockcastle dropped their record to 6-13 and will now get set to play again on the road for their final district game against the #22 team in the state, Pulaski County.

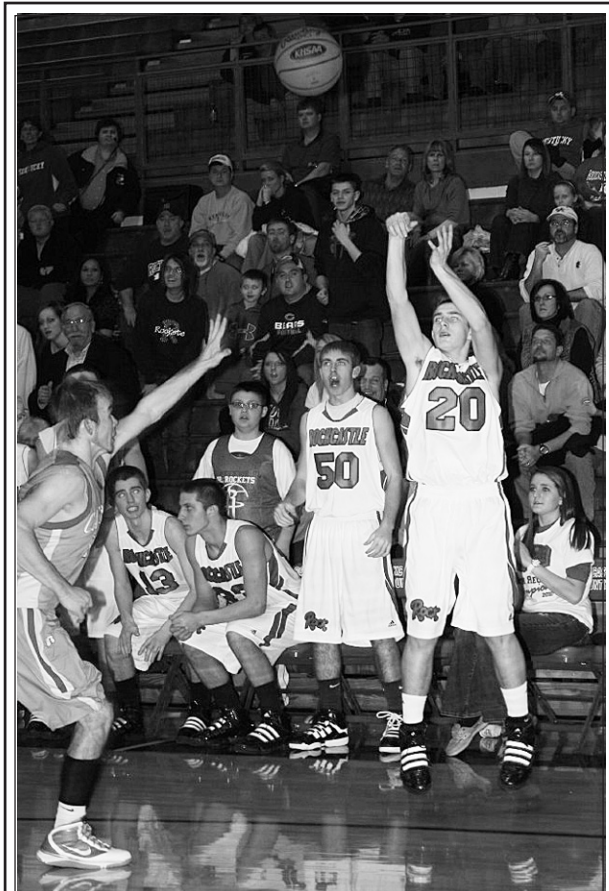
The Rockets were again led in scoring by Travis Carpenter who had 15. Jaden Brock turned in a good game by hitting the boards hard and adding 7 points. Other Rockets who got in the scoring column included Ben Allen, 5; John Curtis Wilson, Corey McPhetridge and Tyler Harper, 3 each and Josh McKinney, 2.



Sophomore Michaela Hunter drives around a Casey County defender Friday night.

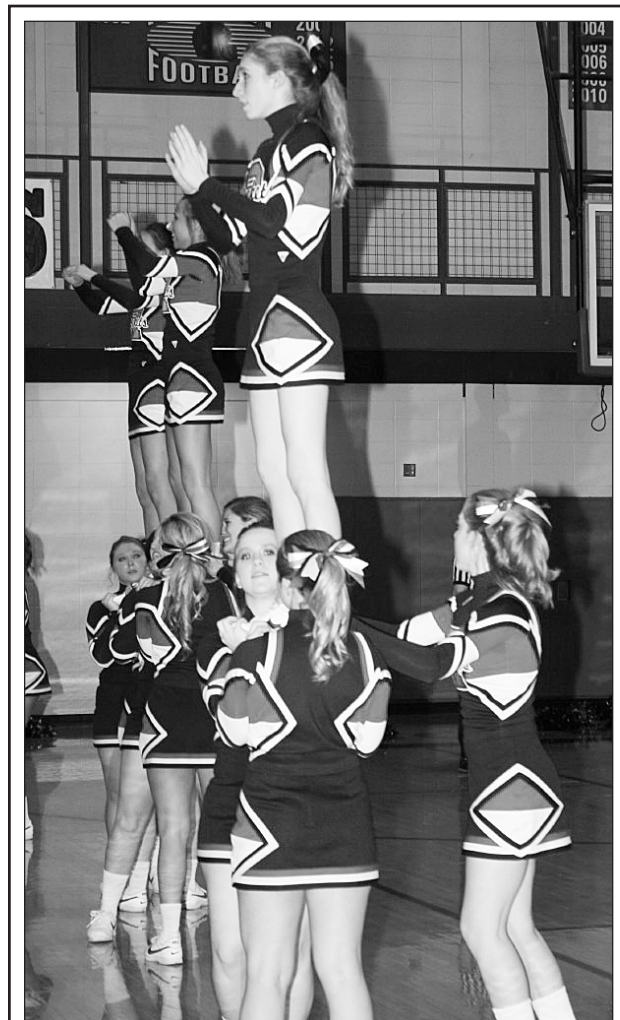


Junior Kadi Cobb drives around a Casey County defender after pulling down the rebound.

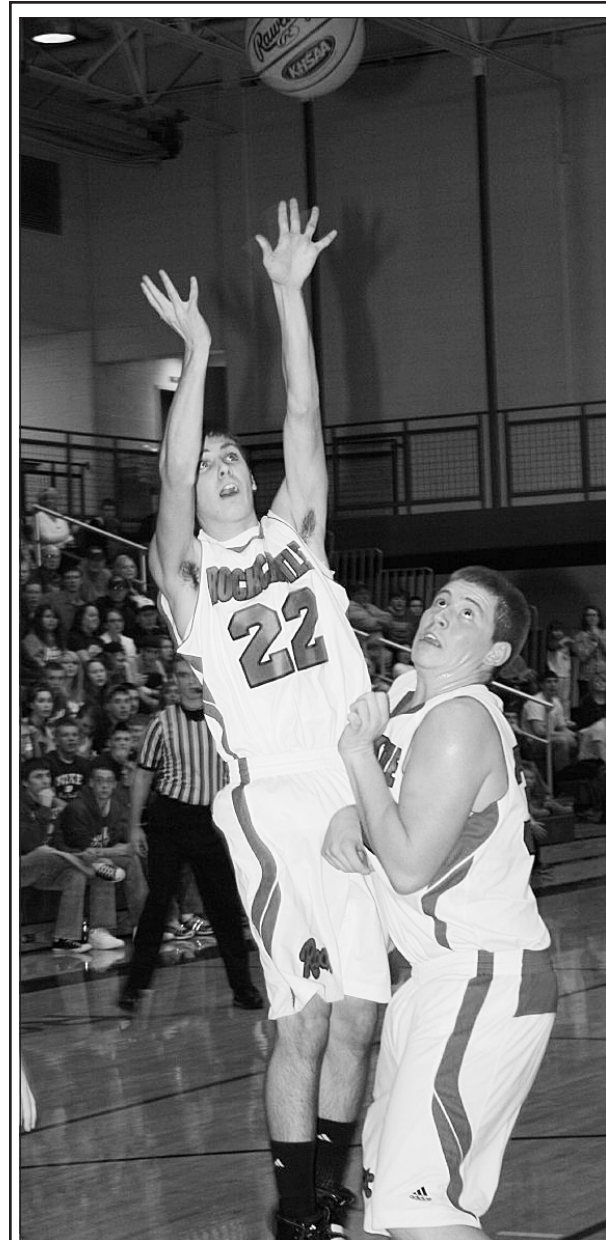


The shot heard 'round the gym... sophomore guard Jon Curtis Wilson shoots the three that put the Rockets ahead of the Casey County Rebels. The Rockets would hang on to the lead for the 66-62 win.

Lady Rockets and Rockets will be in action against PC Friday night at PCHS



The RCHS Cheerleaders led the crowd in Friday night's win against Casey County.



Sophomore Ashton Arvin shoots a jumper in the late minutes of the win over district rival Casey County.

Coach:
Loren Reynolds
Call 308-4209
with questions.

RCMS Volleyball 2011

CAMP:
Friday, Feb. 4th / 3:00 to 5:30pm
Saturday, Feb. 5th / 9:00am to 4:00pm

Cost: \$30
(Lunch provided on Saturday)
Make checks payable to: RCMS Volleyball

IMPORTANT:
Bring updated physical.
Forms available in RCMS front office.

What to wear:

- o Shorts
- o T-Shirt
- o Athletic Shoes
- o Knee Pads

TRY-OUTS:
Mon. & Tues., Feb. 7th, 8th / 3:00 – 5:30pm

Photos by Sara Coguer

GEAR UP

Avoid mistakes when filing for financial aid

Filling out the Federal Application for Financial Student Assistance (FAFSA) can be a daunting task. So make a nice mug of your favorite hot drink and sit down ready to work. Submitting a complete application as early as possible can be a big benefit to your entire family, especially in these days of diminished state and federal budgets. When it comes to financial aid, the first applications are processed while the pot of money is still full but the last applications have to settle for whatever is left.

"There are literally thousands of dollars in financial aid available to students; but, they must complete the form early," says Charity Milby Ferguson, Director of Admissions at Lindsey Wilson College. "There are limited funds that often run out by March 15. Additionally, the form must be completed and correct. If the form is completed but there are errors, the student does not qualify for the aid until the form is corrected."

Ferguson's comment points to the importance of getting the FAFSA right the first time. Here are some steps you can follow to help that happen.

First, gather the documents you need: student's Social Security number, driver's license, most recent income tax return, bank statements and investment records. Be sure when filling out the application to record accurately the student's social security number, taxes paid as listed on the tax form (not the W2) and the family's Adjusted Gross Income (AGI). Donna Jean King, Director of Financial Aid at Morehead State University, says these are all areas in which people often make mistakes.

Second, print out the FAFSA worksheet from the website address at (www.fafsa.ed.gov). This will help you gather whatever other information you'll need to fill out the actual application. Ferguson says the directions outline the information you will need, but if you have questions be sure

to clarify the answers. For example, one area of FAFSA that typically confuses people regards assets. Assets are considered to be stocks, bonds, real estate, etc. but do not include the home where the family resides or any retirement accounts.

Third, decide how to sign the FAFSA. You can sign it electronically with a Personal Identification Number (PIN) for which you must apply) or by mailing in a signature page. If applying for a PIN remember that it will take a few days to receive it so don't wait until the last minute.

Fourth, if you have questions about eligibility, check them out with the school guidance counselor, someone in the college admissions office or at www.fafsa.ed.gov. To receive federal student aid, a student must be a U.S. citizen or eligible noncitizen and meet a few other guidelines, such as not having a drug conviction for an offense that occurred while receiving federal student aid.

Some people also have questions about if the student can file independently and who are considered to be parents. Fill out the worksheet from the FAFSA website to determine dependency status. A parent refers to a biological or adoptive parents. Relatives, legal guardians and other caretakers are not considered parents on the FAFSA unless they have legally adopted the student. Students with divorced or separated parents should provide financial information from the parent he or she lived with most during the past 12 months.

Fifth, be sure to check deadlines for state aid applications, federal aid applications and school aid applications. The Kentucky deadline is March 15. King agrees with Ferguson when it comes to submitting early. "Some aid is limited," she says. "Once funds are gone, even though you qualify you cannot be awarded." The sad fact is Kentucky state funds are often ex-

hausted well before the deadline.

When the application is processed using a federal formula, it will result in an Expected Family Contribution (EFC). That is an estimate of how much the family is assumed to be able to pay. That amount is subtracted from the cost of attending the school. The school will then put together a financial aid package that can include grants, loans and work-study to help make up the rest of the cost.

On the financial aid application, you can list up to 10 colleges that you would like to receive this information. Comparing the available financial aid from each institution might be an important part of deciding which school to attend. Also note that aid is paid directly to the school, not to the family.

King recommends parents contact the high school guidance counselor or the financial aid office of the school they plan to attend for assistance with this process. She notes that College Goal Sunday, when parents can sit down directly with financial professionals to receive assistance with the application, will be held around the state on January 30, 2011 and will also be a good place to get further information. To find a location near you, go to www.kasfaa.com.

For more information on how to help your child succeed in high school and be prepared for post-secondary training and education contact Nancy Hale, GEAR UP Counselor at Rockcastle County High School at e-mail address nancyhale@rockcastle.kyschools.us or the Rockcastle County Middle and High School Guidance Counselors.

Wreck

(Cont. from front)

inches of topsoil had to be removed during the cleanup.

Merritt was airlifted to the University of Kentucky with injuries, including a broken disc in her spine, head trauma, lacerations, all ribs broken and both lungs bruised.

Jailed

(Cont. from front)

the mat to prosecute them to the fullest extent of the law and help keep the alleged perpetrators in jail."

Spoonamore waived his right to a preliminary hearing, and is also in the Rockcastle Detention Center under charges of burglary, first degree, possession of firearms by a convicted felon, fleeing or evading police and receiving stolen property. He is also under four cash bonds ranging from \$5,000 to \$100,000.

Wildlife

(Cont. from A5)

tree." The tiny cricket frog, which Macgregor has studied in Mammoth Cave National Park, spends the summer in ponds and wet areas at lower elevations, then moves to upland woods for the winter.

Box turtles dig down in the ground as cold weather approaches. "The colder it gets, they deeper they dig," said Macgregor.

He is concerned that this past year's unusual weather may cause a box turtle die-off. "It was a dry summer, and we did not have the rainy weather in the fall we usually get, so turtles couldn't dig down as far. Then it turned off so cold (in December)," McGregor explained.

White-tailed deer can't escape winter, so they try to conserve body heat when it's cold. They feed on high-calorie foods, moving as little as possible, and expending energy only during the warmest parts of the day.

Doesn't that sound a lot like the human couch potato, curled up in front of the tube watching pro football?

Council

(Cont. from front)

collecting the tax money actually owed to them. The county has been receiving these monies for the last year. County treasurer Joe Clontz and Bray are working together to resolve this issue.

Police chief Terry Jackson introduced the newest member of the Mt. Vernon Police force. Travis Dotson, who is currently employed with the London Police Department, has been hired to replace recently retired Assistant Chief Bill Barrett.

Dotson comes to the police department with nine years of service to the London police department, where he presently serves as Sergeant and a K-9 Handler. He is also a former US Marine, Kentucky National Guardsman and has served on the H.I.D.T.A. drug task force. Dotson will replace Barrett as Assistant Chief.

Chief Jackson also announced the promotion of officer Brian Carter to Sergeant.

Jackson's report to the council showed that during December, 76 citations were issued, 45 people arrested, 5 DUI's were apprehended, there

were 11 citations for other traffic offenses, 8 citations for speeding, 5 arrests for other criminal charges, 35 wanted persons were captured, 18 traffic accidents were investigated with 8 injuries reported, and 5 investigations were opened with 5 being cleared or closed.

New council member and Assistant Fire Chief Adam Bales submitted the fire report for December, which included 11 fire runs with 5,000 gallons of water used.

UNITE

(Cont. from front)

identification and a log is kept of its purchase.

Rep. Linda Belcher (D-49th), who filed House Bill 15, is expected to amend her bill to mirror the provisions of SB-45.

Mt. Vernon Chief Terry Jackson reported that the state of Oregon passed similar legislation in 2005 and, the next year, went from having 800 meth labs in their state to only three.

For more information about how to get involved with UNITE or to travel to Frankfort to show your support of SB-45 and HB-15, contact Mayor Bryant at city hall.

Saturday Special
Pork Chop Special
w/ Choice of 3 Sides & Bread
 Now a non-smoking restaurant **7²⁵** All Day Saturday January 29th Only
Jean's Restaurant
 Hwy. 1004 • Mt. Vernon • 256-5319

CUPCAKES FOR CAMP

Treat your friends or loved ones with something different for Valentines Day!

Cupcakes beautifully decorated, wrapped and ready for delivery... Orders must be placed by February 10th.

1 dozen \$10.00
 1/2 dozen \$7.00
 Baker's dozen on cupcake stand \$25.00

FOR YOUR VALENTINE

All proceeds will benefit Kentucky Christian Assembly Camp
 For more information call 859-582-3625

Order Form

Person Ordering _____
 Cupcakes For _____
 Message _____
 Pickup _____ or Deliver to _____
 Phone Number _____
 Please Check One
 1/2 Dozen for \$7.00 One Dozen for \$10.00
 Baker's Dozen on Cupcake Stand for \$25.00

Please enclose payment with order and mail by February 7th to
 Cupcakes for Camp • PO Box 185 • Mt. Vernon, KY 40456

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 \$13.88 for 72 months per \$1,000 borrowed.

NEW 2010 DODGE Dodge Caliber Stk. #510095
 MSRP: \$18,915
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 MSRP: \$24,025
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 MSRP: \$24,590
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NEW 2010 DODGE Charger Stk. #53006S
 MSRP: \$26,195
MANN PRICE \$19,988

NEW 2010 DODGE RAM 1500 Quad 4x4 Stk. #56038
 MSRP: \$36,085
MANN PRICE \$26,988

NEW 2010 CHRYSLER 300c HEMI, Stk. #42002S
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MANN PRICE \$31,265

NEW 2010 DODGE RAM 3500 Crew SLT 4x4 #56828S
 MSRP: \$48,900
MANN PRICE \$41,888

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1st Don Franklin's Anniversary Celebration

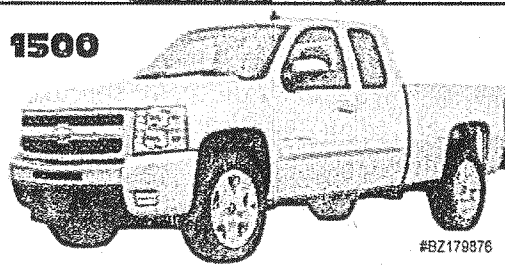
2011 Chevy 1500 Reg CAB
 LS Pkg. 4x2, V-6, Auto, Chrome Wheels
 was \$24,150
BLOWOUT \$17,536^{50*}



2011 GMC Acadia SLE
 3.6 V-6, 6-Spd, Auto, CD, Loaded
 was \$36,545
BLOWOUT \$30,974^{5*}



2011 Chevrolet 1500 EXT. CAB
 4x4, V-8, Auto, LS Pkg. Loaded - was \$34,094
BLOWOUT \$25,998^{55*}

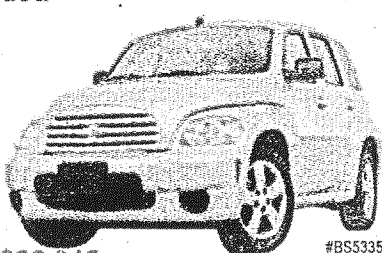


2011 Chevrolet Impala LT, V-6, Auto, Loaded



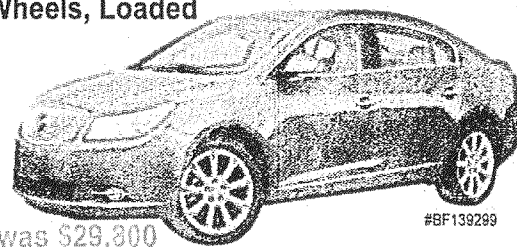
was \$27,930
BLOWOUT \$20,996^{51*}

2011 Chevrolet HHR LT
 2.4 Cyl., Auto, PW, PL, Remote Start, Loaded



was \$22,845
BLOWOUT \$17,549^{50*}

2011 Buick LaCrosse GX 4-Door
 2.4 4Cyl., 6-Spd Auto, P-Seat, CD, Wheels, Loaded



was \$29,800
BLOWOUT \$26,576^{51*}

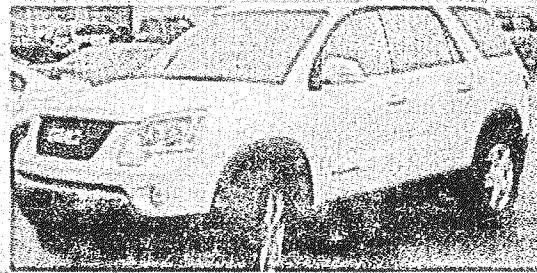
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2010 Ford Taurus SEL
 Leather, Synch System, Moonroof, Has it all!
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 Stk#AG112314



2010 CHEVROLET IMPALA
 V-6, Auto, Loaded
 Was \$21,995 **BLOWOUT \$14,998**
 Stk#A1201341



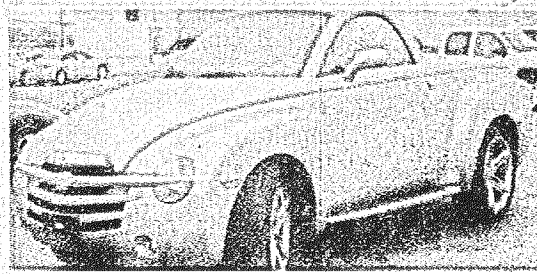
2008 GMC ACADIA SLT
 V-6, Auto, Leather, Moonroof, Navigation, Third Row Seat, Wheels
 Was \$34,995 **BLOWOUT \$30,930**
 Stk#132930



2005 CHEVY 2500 CREW CAB LT 4X4
 6.6 Duramax Diesel, Leather, Lift Truck, 20" Chrome, Wheels, Too Many Options To List, MUST SEE!
 Was \$36,995 **BLOWOUT \$31,980**
 Stk#SF934509



2007 GMC YUKON SLT 4X4
 Lifted, Leather, DVD, Wheels, Loaded
 Was \$32,998 **BLOWOUT \$29,550**
 Stk#7R419566



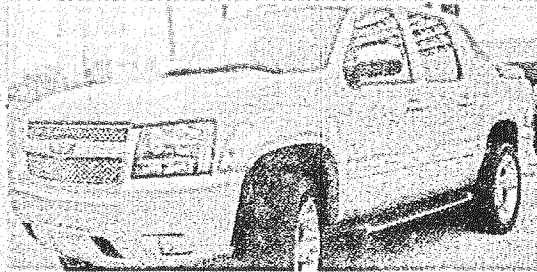
2004 CHEVROLET SSR
 Rare, One of a Kind, MUST SEE
 Was \$25,995 **BLOWOUT \$22,988**
 Stk#4B113263



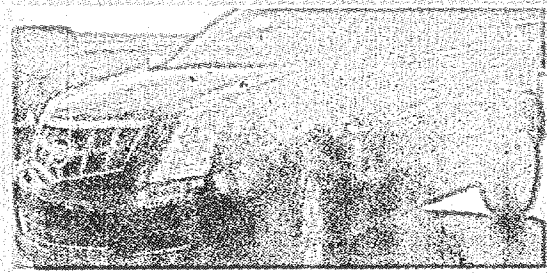
2007 CHEVY SILVERADO 2500 HD 4X4
 6.6 Duramax, Crew Cab, LT, Leather, 20" Chrome Wheels
 Was \$29,980 **BLOWOUT \$26,986**
 BEST BUY! Stk#7F513384



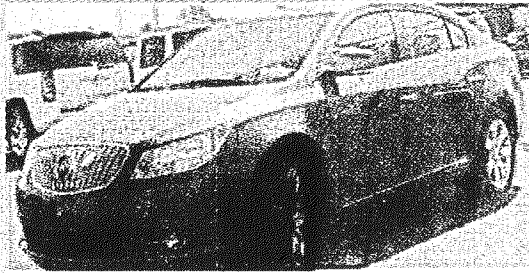
2006 TOYOTA SEQUOIA 4X4 LIMITED
 Leather, DVD, Sunroof, Navigation!
 Was \$23,990 **BLOWOUT \$19,590**
 Stk#6S256903



2007 CHEVY AVALANCHE
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 Stepside, Lifted, 4x4, Wheels, Awesome Truck!
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News from the Rockcastle Courthouse

Circuit Civil Suits

Bernd Holdermann vs. Roger F. Herzog, auto accident complaint.
Citibank SD vs. Joyce Begley, \$5,871.61 plus claimed due.
Citizens Bank vs. James Michael Brown, et al, \$57,043.55 plus claimed due.
Randy Reynolds vs. Christy Reynolds, petition for dissolution of marriage.
Community Trust Bank vs. Bentley Martin, Jr., et al, \$34,483.60 plus claimed due. CI-00012

John D. Poynter vs. Duane D. Donato, forcible detainer complaint.
Portfolio Recovery Asso. LLC vs. Chad E. Shafer, \$1,996.68 plus claimed due.
Capital One Bank vs. Kelly N. Smith, \$2,253.64 plus claimed due.
Capital Alliance Financial LLC vs. Rebecca Rowland, \$1,046.10 plus claimed due. C-00017

Marriage Licenses

Jessica Marie Cobb, 29, Mt. Vernon, UK Hospital to Joshua David Lopez, 29, Mt. Vernon, Eagle Rock Insulation. 1/19/11.

Deeds Recorded

Billy and Karen Barron, property in Rockcastle County, to

Ricky Barron and Bobby Barron. Tax \$6.
JRJ Rentals LLC, property on Silver St., Brodhead, to Brodhead Baptist Church. Tax \$36.
Raymond and Rebecca J. Clark, property on KY Hwy. 1955 to Brian Christopher and Mary Etta Smith. Tax \$65.
Donald and Alice Stidham, property on Scaffold Cane Rd., to Evia Mullins. No tax.
Tommy and Lynn Baldwin, property in Rockcastle County, to Melanie and Marvin Daulton. Tax \$20.
Fannie Lee Coldiron, property on Grassy Lick Branch, to Virginia Lee and Ronald H. Thomas. No tax.
Virginia Lee and Ronald H. Thomas and Fannie Lee Coldiron, property along U.S. 150, to Commonwealth of Kentucky, Dept. of Transportation. Tax \$86.50.
Victor N. Holley, property in Valley Subdv., to Hubert J. Martin. Tax \$91.

District Court

January 19, 2011
Hon. Kathryn G. Wood
Ashley Mae Haight: operating motor vehicle under influence of alcohol/drugs, \$200 fine and costs, \$375 service fee, 30 days operator license suspension/ADE authorized.
Shawn Haight: resisting arrest, costs plus 12 months/probated on condition; fleeing and evading, 12 months/concurrent/probated 24 months on condition plus restitution.
Westley Perkins: possession of marijuana, costs plus 30 days/to serve 4/balance probated 24 months on condition.
Bobby R. Alsmann, Jr: no operators/moped license, \$50 fine and costs.
Melissa G. Artley: cultivation of marijuana, \$100 fine and costs and 30 days/probated 24 months on condition.
John N. Baker: fines/fees due (\$633), bench

warrant (bw) issued for failure to appear (fta), 13 days in jail or payment in full.
Olaf J. Center: operating motor vehicle under influence of alcohol/drugs, \$200 fine and costs, \$375 service fee, 30 days operator license suspension/ADE authorized.
Matthew B. Childress: fines/fees due (\$718), bw issued for fta/15 days in jail or payment in full.
Hilda A. Henson: fines/fees due (\$183), bw issued for fta/4 days in jail or payment in full.
Jimmy Hicks: disorderly conduct and alcohol intoxication, bw issued for fta; fines/fees due (\$163), 4 days in jail or payment in full.
Daniel Howell: fines/fees due (\$78), bw issued for fta/2 days in jail or payment in full.
Jackie Huff: theft by deception, \$20 fine and costs and 20 days/probated on condition plus restitution; theft by deception.
Charles W. McClure: speeding and failure to wear seat belts, bw issued for fta.
Buford R. Pearson: probation revocation hearing - bw issued for fta.
Christopher D. Sears: cultivation of marijuana, \$100 fine and costs, 30 days/probated 24 months on condition.
Randy Singleton: fines/fees due (\$326.19 and \$598), bw issued for fta/13 days in jail or payment in full plus restitution.
Samantha J. Sizemore: possession of marijuana, \$100 fine and costs, and 30 days in jail/probated 24 months on condition; use/possession drug paraphernalia, \$50 fine.
Speeding: Ginger B. Thompson, paid \$5 fine plus \$133 court costs; Kurt E. Rothgeb, license suspended for fta.
Ralph Walker: speeding, \$20 fine; reckless driving, \$100 fine and costs.

Contact the Signal at 606-256-2244 or email mvsignal@windstream.net

District Civil Suits

Jefferson Capital Systems LLC vs. Jerry L. Harper, \$1,339.35 plus claimed due.
Capital One Bank vs. Melissa Arnold, \$879.95 plus claimed due.

Wilson obtains Auctioneer License

Kevin Wilson, auctioneer/realtor with Ford Brothers Inc., has successfully passed the Kentucky principal auctioneer exam. Kevin began his auctioneer career in 2008 by graduating from Reppert School of Auctioneering in Indiana. He then joined Ford Brothers Inc. and obtained his Kentucky apprentice auctioneer license and his Kentucky real estate license. Kevin has been involved in numerous auctions during his apprenticeship at Ford Brothers Inc. and he says he is very thankful to the Ford Brothers family for all their support in helping him achieve this goal. Kevin says he is looking forward to an ex-

citing future with Ford Brothers Inc. assisting the public with their real estate and auction needs. He is also available to donate his auctioneer services for your charitable or benefit auctions and fundraisers. Kevin can be reached at kevin@fordbrothersinc.com or 606-305-8690.



Kevin Wilson

PUBLIC NOTICE

The second reading and adoption of the Rockcastle County proposed budget ordinance for fiscal year 2011 is scheduled to be held at the courthouse on February 8, 2011 at 1:00 p.m.

COUNTY OF ROCKCASTLE An Amendment to Rockcastle County Ordinance Number Twenty-Three (Occupational License Fee)

Now, Therefore, Be It Ordained by the Fiscal Court of the County of Rockcastle that this Amendment Number Three be herein enacted.

Section (§ 12 Penalties)

Any person who is an income tax return preparer who willfully fails to prepare or inform any business entity or employer of their necessity to file any required returns or any reckless or intentional disregard of rules or regulations of the ordinance by any such person, such person shall pay a penalty of one hundred dollars (\$100) with respect to such return or incident.

So Ordained on this, the 14th day of December, 2010.

Buzz Carioftis
Buzz Carioftis, County Judge-Executive
Patricia Martin
Patricia Martin, Fiscal Court Clerk

PUBLIC NOTICE CUMBERLANDS WORKFORCE INVESTMENT BOARD REQUEST FOR PROPOSALS

FUNDING: Workforce Investment Act (WIA) Title I - Youth

ACTION: The Cumberland Workforce Investment Board (Cumberland WIB) is soliciting proposals for youth workforce development services to be provided to Cumberland Workforce Investment Area youth 16-21 years of age. The Cumberland WIB will accept proposals that incorporate summer youth employment opportunities into a full menu of youth services and activities. Under WIA, summer youth opportunities cannot be offered as a stand-alone program but must be integrated into a comprehensive array of year-round youth activities. There will be two (2) proposals, one for in-school youth and one for out-of-school youth. Please specify if request is for an in-school, out-of-school or both. Approximate funding levels are in-school youth \$682,500, out-of-school youth \$481,000 to serve the thirteen (13) counties of the Cumberland Workforce Investment Area.

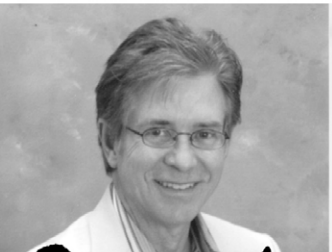
DATES: The closing date for receipt of applications is April 1, 2011, by 4:00 CT. All applications received after this date will be considered as funding becomes available.

ACTIVITIES: 1) Tutoring, study skill training, and instruction leading to secondary school completion, including dropout prevention strategies; 2) Alternative secondary school offerings; 3) Summer employment opportunities directly linked to academic and occupational learning; 4) Paid and unpaid work experiences, including internships and job shadowing, as provided in 20 CFR Part 664.460 and 20 CFR Part 664.470. 5) Occupational skill training; 6) Leadership development opportunities, which may include such activities as positive social behavior and soft skills, decision making, team work, and other activities, as provided in 20 CFR 664.420 and 20 CFR Part 664.430. 7) Supportive services; 8) Adult mentoring for a duration of at least twelve (12) months, that may occur both during and after program participation; 9) Follow up services; 10) Comprehensive guidance and counseling, including drug and alcohol abuse counseling, as well as referrals to counseling, as appropriate to the needs of the individual youth. [WIA Part 129(c)(2) and 20 CFR Part 664.410]; 11) Outreach/recruitment/eligibility/determination; 12) Assessment; and 13) Case management/intensive job placement.

APPLICANTS: Agencies or individuals interested in obtaining an application shall submit an inquiry by fax or mail to: Darryl McGaha, Lake Cumberland Area Development District, P.O. Box 1570, Russell Springs, Kentucky 42642; (Fax: 270-866-2044). For further information call 270-866-4200. **The RFP and proposal forms will also be made available after February 1, 2011 on the LCADD web site at <http://www.lcadd.org> and at the reception desk in the LCADD/WIA Department, 2384 Lakeway Drive, Russell Springs, Kentucky.**

Douglas G. Owen, M.D., F.A.C.S.

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Sugar Spice & everything nice that's what little girls are made of...

Little Girls Dress Up Day
February 12, 2011

Rockcastle County High School
10:00 am - 12:30 pm
4-12 years
Cost: \$30.00

Photo sessions with the following:

- Dress up in prom dresses
- Hair styling
- Nails polished and makeup

For more information or for a special group rate contact Becky McNabb at (606) 256-4816 or email becky.mcnebb@rockcastle.kyschools.us

SPONSORED BY THE RCHS CHEERLEADERS

For Rogers Scholars or ELI

Jan. 31st is deadline for students to apply

The Center for Rural Development is looking for some of the best and brightest high school students across Southern and Eastern Kentucky to grow their leadership skills as Rogers Scholars and build their business and entrepreneurial skills while participating in Entrepreneurial Leadership Institute (ELI) program.

Applications for the 2011 summer sessions of both Rogers Scholars and ELI will be accepted through Jan. 31 and may be downloaded from a link on The Center's Web site at www.centertech.com or directly from Rogers Scholars' Web site at www.rogersscholars.com.

Both programs provide leadership and scholarship opportunities for the region's youth and inspire them to make a difference in their home communities by taking an active role in community service or developing their business or entrepreneurial spirit.

Rogers Scholars—The Center's flagship youth program—is an intensive one-week summer session for rising high school juniors in The Center's primary 42-county service area. The program emphasizes the development of technological skills and instills in participants a sense of leadership, an entrepreneurial spirit, and commitment to rural Kentucky.

"We are excited to welcome the University of Kentucky and Western Kentucky University to

the Rogers Scholars program as our newest partners to provide scholarship opportunities for graduates of this program," Lonnie Lawson, president and CEO of The Center, said. "Rogers Scholars was created in 1998 as an action step toward reaching U.S. Congressman Harold "Hal" Rogers' goal that 'no young person should have to leave home to find his or her future,' and The Center strives to provide leadership and scholarship opportunities to keep more of our best and brightest students in the region."

During the last 13 years, 732 high school students have graduated from Rogers Scholars and been eligible to apply for scholarship opportunities, valued at \$7.2 million, from 14 participating colleges and universities in Kentucky, and one university in Tennessee.

ELI focuses on creativity and teamwork and is helping to build business and entrepreneurial skills in high school freshmen, sophomores, and juniors within The Center's primary service area.

During the one-week summer session, participants work together as teams to create a business plan and present their proposals before a panel of judges acting as prospective financial lenders in a business concept competition on the final day of the program.

Members of the first-place business concept

team earn a Presidential Scholarship to Eastern Kentucky University in Richmond, Ky., and are recognized as the winning team at the Excellence In Entrepreneurship Awards (EIEA) program held later that fall at The Center.

Both Rogers Scholars and ELI are presented and sponsored by The Center and held on its main campus in Somerset. Two summer sessions of Rogers Scholars are planned for June 26-July 1 and July 10-15 and ELI has been scheduled for June 12-17.

Lodging, meals, and program expenses (excluding transportation costs to and from the host site) are provided free of charge to participating students.

For more information on Rogers Scholars or ELI, visit The Center's Web site or contact The Center at 606-677-6000.

In other news, the application deadline for Rogers Explorers—The Center's third summer youth program—is March 4. This program provides hands-on training for eighth-grade students interested in developing their math and science skills while spending three days, two nights on a college campus. Applications may be downloaded at www.centertech.com.

Working Together Works

Research shows that children who are in school most of the time do better on standardized tests. Studies also show that kids who are absent more often score lower on standardized tests. Attendance is a key to your student's success!

Being late for school hurts a child's learning too. A student who is 10 minutes late every day will miss 30 hours of instruction during the year.

Children can copy notes or make up an assignment, but they can never get back what's most important: the discussions, the questions, the explanations by the teacher and the thinking that makes learning come alive.

Your child's success in school depends on having a solid educational background...one that can only be gained through regular school attendance.

Rockcastle County 4-H Sewing Projects

The 4-H Sewing Projects will again be offered after school at each of the elementary schools. Sewing projects will be different than past years. There will be NO first class meeting; we will begin the classes on the appropriate dates listed below. This year the sewing projects will be conducted by local leaders and the Family and Consumer Sciences Agent. Following is the date and location of the first meeting at each school.

NOTE: Middle School and High School students may meet with the elementary school of their choice.

•February 14th-17th at Mt. Vernon Elementary School

•February 28th-March 3rd at Brodhead Elementary School

•March 7th-10th at Roundstone Elementary School

**Students will stay after school until 5 p.m. Students can be picked up at the front door or in the sewing room. Hazel Jackson and/or volunteers must see the individual who is picking up the student.

**Parents, you will need to provide transportation home after classes at 5 p.m. PROMPTLY.

During the classes, your child will learn to use a sewing machine,

follow directions and construct a useful item. First year students may make a drawstring tote bag. Second year students may make a zippered tote bag or purse. Third year students may make a gym bag. Fourth year students will make a backpack with lining. Fifth year students will make a 2 or 3 piece luggage set.

1.) Things They Will Need:

- *Sewing Equipment
- *6" inch ruler or seam gauge
- *A Sewing box-large shoe box is fine
- *Pencil
- *Straight Pins
- *Tape Measure
- *Dressmaker shears (scissors)
- *Seam Ripper

Underlined items are most important for each child to have. The 4-H Program has some sewing equipment that can be loaned to 4-Hers for the week. Label all items with your name! Put it in some type of small box for easy storage at the

school for the week.

2.) Fabric & Notions: See attached list according to Unit Level.

**Prewashing of all fabrics is recommended! To prewash, simply put the fabric yardage in a regular load of laundry. You may line dry or dry the fabric in the clothes dryer. Iron the fabric if it is wrinkly.

3.) 1 large spool of thread to match the fabric. Cotton or cotton covered polyester thread is preferred—all purpose thread. 100% polyester thread does not sew well on the Extension Service machines. Quilting or upholstery thread will not work for these sewing projects.

**If your child wishes to participate in the 4-H Sewing projects, please complete the permission form given to your child by the Extension Service and return it to their teacher by February 7, 2011. If no permission form is given, your child WILL NOT be able to attend...

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LEADERSHIP ROCKCASTLE

ACCEPTING APPLICATIONS FOR CLASS OF 2011

This year's program will kick off February 19th. It will be a one day session at The Center for Rural Development in Somerset, KY.

In March we will take a full day trip to Frankfort to tour the State Capital.

Seven sessions will take place once a month from 9 a.m. to 1 p.m. at various locations around the county.

Anyone interested in this program should contact the Rockcastle County Development Board at 606-256-8007 or email Lynn Tatum at ltatum@rockcastcountyky.com.

- **Strengthen communication, organizational and economic development skills**
- **Become involved in the community**
- **Effectively guide development initiatives by increasing knowledge, networking and leadership skills**
- **Discuss important county issues**
- **Tackle new leadership challenges within your company and community**
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Cupcakes beautifully decorated, wrapped and ready for delivery... Orders must be placed by February 10th.

1/2 dozen \$7.00

1 dozen \$10.00

Baker's dozen on cupcake stand \$25.00

All proceeds will benefit Kentucky Christian Assembly Camp
For more information call 859-582-3625

Order Form

Person Ordering _____

Cupcakes For _____

Message _____

Pickup _____ or Deliver to _____

Phone Number _____

Please Check One
 1/2 Dozen for \$7.00 One Dozen for \$10.00
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Please enclose payment with order and mail by February 7th to Cupcakes for Camp • PO Box 185 • Mt. Vernon, KY 40456

Classifieds

CLASSIFIED RATES

- Local Rates - \$4 for 25 words or less - .10 each additional word
- Display Classifieds \$5.00/Inch

Deadline for Classifieds is 10 a.m. TUESDAY

For Rent

For Rent: 2 bedroom apartment w/refrigerator and stove furnished, utilities included, central heat and air. \$550 month/\$200 security deposit. 758-8692. Available Feb. 1st. 8x1

For Rent: 2 BR trailer in Mt. Vernon. No pets. 758-4729. 7xntf

For Rent: In Brodhead. 2BR trailer. \$325 month/\$325 deposit. No pets. Must have reference. 758-8700. 8x2

For Rent: 2 or 3 bedroom trailer in Brodhead. 758-8922. 6x4

For Rent: In Lancaster. Newly decorated retail or office space on heavily traveled street, near other going retail stores. Call 859-339-2817 or 859-582-6576. 5x4

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Property For Sale

Lot For Sale: One acre lot, mobile home ready with electric, water and septic system. Concrete footers for doublewide with tie downs. About 1 mile from Hwy. 461 and Hwy. 150 intersection at 140 Christmas Tree Drive, Mt. Vernon, just off Freedom School Road.

\$10,500. Sorry, no land contracts. Call 606-256-3558. 7x4p

For Sale: Mobile home and lot in Brodhead with down payment. 606-758-4729. 39xntf

For Sale: 5 room, 1 bath home. Good barn with 32 acres, more or less, two miles from Mt. Vernon. Call 606-274-4167. 4x8p

For Sale: 1.9 acre wooded lot on Freedom School Road. Septic tank and city

water already there. 3/4 mile from 150. 606-308-2290. 37xntf

Lots For Sale: Castle Ridge Subdivision. Use same entry way as Bible Baptist Church. All lots have city sewer and underground utilities. starting at \$12,900. 606-256-5692 • 256-4504 • 308-3730. 20xntf

For Sale: Mobile home lots, located in Sunnyside Mobile Home Park. 1.2 acre lots - \$500 down and \$100 per month. Call 606-256-5692 or 606-256-5648.

Posted

Posted: No trespassing on James Smith, Jr. property on McHargue Branch Road. 7x7p

No hunting or trespassing on property of Russell and Mattie Barron, located at Blue Springs on Barron Rd. 8x3p

No Hunting or trespassing on the property of James Barron, located on Barron Road at Blue Springs. 8x3p

No Hunting or trespassing on the property of Ricky Barron, located in Blue Springs on Barron Road.

Posted: No trespassing on land belonging to James and Dorothy Rash heirs on Rash Branch Road off Chestnut Ridge. No hunting, camping, ATVs, trespassing for any purpose. Not responsible for accidents to anyone. Violators prosecuted.

Posted: Absolutely no trespassing on property of Dell Ponder on Red Hill and Black Bear Lick Lane. Violators will be prosecuted.

Posted: No hunting or trespassing on Shannon Hellard property on Cove Branch Road without written permission. 48x12p

Posted: No hunting or trespassing on property belonging to Farmer Waddle and Clista Spivey heirs on Hwy. 490. Violators will be prosecuted. Not responsible for accidents. 7/6/11

Posted: No trespassing on Crawford Place - Old Brodhead Road. Danny Smith. 47ftn

Posted: Absolutely no hunting, fishing or trespassing on property belonging to Mark and Debbie Cummins. Violators will be prosecuted. 9x52p

Posted: No hunting, trespassing or ATVs on land belonging to Jason and Sara Coguer at Roundstone. Not responsible for accidents.

Posted: No trespassing on property known as C.B. Owens Farm across from Fairgrounds in Brodhead. Violators will be prosecuted. 25ftn

Notices

Epperson Air Conditioning, Heating, Plumbing & Electric wishes to partner with similar operating businesses and assets. Call (606) 679-7476. Located at 112 West University Drive, Somerset, Ky. 42503. 37xntf, 2010 at 11:00 a.m. 25x3

Notice is hereby given that Debbie Anglin, P.O. Box 1034, Mt. Vernon, Ky. 40456 has been appointed executrix of the estate of Jack Anglin on the 3rd day of January, 2011. Any person having claims against said estate shall present them, according to law, to the said Debbie Anglin or to Hon. William D. Gregory, 240 East Main St., P.O. Drawer 220, Mt. Vernon, Ky. 40456 on or before July 6, 2011 at 11 a.m. 6x3

Notice is hereby given that Mary Frances Whitehead, P.O. Box 174, Brodhead, Ky. 40409 has been appointed executor of the estate of Dwight Whitehead on the 20th day of December, 2010. Any person having claims against said es-

tate shall present them, according to law, to the said Mary Frances Whitehead or to Hon. John E. Clontz, 6405 Innisbrook Drive, Prospect, Ky. 40059 on or before May 23, 2011 at 11 a.m. 6x3

Notice is hereby given that Christine Nicholas, 6759 Brindle Ridge Rd., Mt. Vernon, Ky. 40456 has been appointed administratrix of the estate of Billy Ray Nicholas on the 3rd day of January, 2011. Any person having claims against said estate shall present them, according to law, to the said Christine Nicholas on or before July 6, 2011 at 11 a.m. 6x3

Notice is hereby given that Gary M. Reppert, P.O. Box 174, Mt. Vernon, Ky. 40456 has been appointed executor of the estate of Ray Johnson, Jr., on the 10th day of January, 2011. Any person having claims against said estate shall present them, according to law, to the said Gary M. Reppert or to Hon. John D. Ford, 45 East Main St., P.O. Box 247, Mt. Vernon, Ky. 40456 on or before July 11, 2011 at 11 a.m. 7x3

Notice is hereby given that Linda Derossett, 9002 Long Pickett Court, Huntersville, NC 28078 has been appointed administratrix of the estate of Patricia Mahaffey on the 10th day January, 2011. Any person having claims against said estate shall present them, according to law, to the said Linda Derossett or to Hon. William D. Gregory, 240 E. Main St., P.O. Drawer 220, Mt. Vernon, Ky. 40456 on or before July 11, 2011 at 11 a.m. 7x3

Notice is hereby given that Retha Bussell, 106 Hibiscus Lane, Brodhead, Ky. 40409 has been appointed executrix of the estate of Mary K. Denny on the 19th day of January, 2011. Any person having claims against said estate shall present them, according to law, to the said Retha Bussell or to Hon. John D. Ford, 45 East Main St., P.O. Box 247, Mt. Vernon, Ky. 40456 on or before July 20, 2011 at 11 a.m. 8x3

Notice is given that Ricky and Doris Smith, 297 McHargue Branch Road, Mt. Vernon, Ky. 40456 has filed a Periodic Settlement of their accounts as co-guardians of Jamason Ray Keith Smith, a minor. A hearing on said settlement will be held February 14, 2011 at 11 a.m. Any exceptions to said settlement must be filed before said date. 8x2

Notice is given that Ricky and Doris Smith, 297 McHargue Branch Road, Mt. Vernon, Ky. 40456 has filed a Periodic Settlement of their accounts as co-guardians of Anna Brooklyn Marie Smith, a minor. A hearing on said settlement will be held February 14, 2011 at 11 a.m. Any exceptions to said settlement must be filed before this date. 8x2

Mobile Homes For Sale

For Sale: Mobile home in Mt. Vernon and mobile home in Brodhead on land contract with down payment. 758-4729. 46xntf

3 Bedroom 2 Bath-16 Wide!! Delivered/set, AC, skirting for \$29,900. Call Clayton Homes of Somerset at 606-678-8134 or toll free 866-338-0416 today. 8x4

Bank Repos: Single and doubles - some with land. Owner financing available. Perfect credit not required. Also, will do lane in lieu of down payment. Call Jim at 606-365-0391 or 859-623-3089. D&D Mobile Homes at Clays Ferry, Exit 97 on 1075 north of Richmond. Open 7 days. 6x3

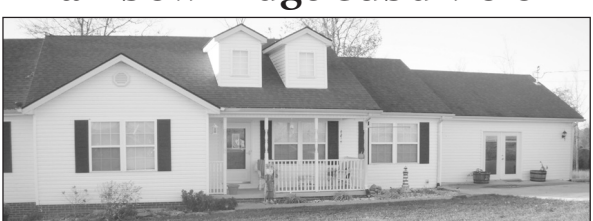


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5 year old, 3 bedroom, 2 bathroom, one owner home located in Mount Vernon city limits. Home has approximately 1,675 sq. ft. on a nice level. .52 acre lot. Residence has a 2 car attached garage, vaulted ceilings, atrium windows, jetted bath tub in the master suite, huge closets throughout the house, and a 12 x 16 deck. Home has fabulous hardwood flooring, carpeted bedrooms, and an incredible kitchen. All appliances go with the home including washer and dryer. Home uses KU electric and city sewer, these utility bills are amazing. Home is move-in ready and close to everything while having a private setting.

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Chris or Brooke Bishop at 606-308-1696 or 606-308-3950

Home For Sale in Rainbow Ridge Subdivision



Beautiful country setting located close to everything! This 4 bedroom, 2 bath home is perfect for any family. Enjoy the 20x20 family room in the winter and the double deck and pool in the summer. Extra storage in the newly constructed outbuilding. Gorgeous office as well as amazing utility bills make this property irresistible. This scenic property can be yours for \$159,900. Call Mike at 606-308-9888 or Becky at 606-308-3731 to schedule your appointment. Owner/Agent.

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Looking for a retreat? Your own Winter Wonderland? 127 acres for sale on Birch Hollow Rd. off 1955 in the Red Hill area. Wooded area with beautiful views. "Old John D. Shepherd Farm". Asking price: \$227,500. \$190,500
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3 bedroom, 2 bath brick ranch located in Evergreen Estates, Mareburg. Home was remodeled in 2008 and has approx. 1,850 sq. ft. on 3/4 acre lot. Hardwood floors in living area, tile in bathrooms and new carpet in bedrooms. All new vinyl windows and doors, and lighting inside and out. New roof in 2008. Wired for security. Home has large kitchen with island, large family room, living room, dining area, walk-in pantry, separate office/multi-purpose room, large back porch and 2 car carport with attached storage. There is also a separate 12x16 storage building on property. All stainless steel appliances stay with property, as well as front load washer and dryer. Asking \$130,000. Shown by appointment only.

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 - 193 BISHOP LANE - 3 bedroom, 2 bath singlewide, 12.2 acres. \$47,000. MLS 38481
 - 175B STEPHENS RD - 1 bedroom, 2 bath, 38 acres. \$124,900. MLS 38835
 - 126 TULIP CRT. LANE - 3 bedrooms, 2 bath doublewide, 21 acres. \$139,000. MLS 38740
 - 914 PLEASANT DR - 7.2 acres. \$12,900. MLS38127
 - 6732 BRINDLE RIDGE - 3 bedroom, 2 bath manufactured home, 5 acres. \$129,900. MLS 37601
 - COPPER CREEK RD. - 138 acres. Blacktop road frontage. \$225,000. MLS 36693
 - 530 MT. VERNON RD - 1 bath mobile home, 2 bay garage, 80x80 unfinished Butler building. \$159,900. MLS36970
 - 8 C. VALLEY DRIVE - 40 acres. Has several home sites. Doublewides welcome. \$89,000
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Eagles' Nest Parent Group planning Winter Festival

The Eagles' Nest Parent Group at Roundstone Elementary is hard at work bringing together their Winter Festival planned for Saturday, February 5th. Proceeds from the festival, being held in conjunction with their annual Benefit Singing, Silent Auction and Cake and Pie Auction, will go toward completion of the new school playground.

Individuals, families, businesses, church, and other organization, are needed to sponsor games and prizes, as well as work their booth/game at the Winter Festival. There are two ways anyone can help. The first is for you to sign up for a specific game and buy/order the necessary supplies needed for children to play the game and to donate money to help buy prizes. The second way would be to donate a specific dollar amount, of \$50 or more, and you will be assigned a game and supplies needed for the game will be purchased and the rest of the money put toward the purchase of prizes. Either way, sponsors will need to have two people to work your booth/game. This would be a great activity for youth groups, clubs and community service hours for high school students. Any extra game/prize donation money will be used as a donation to the playground fund.

Admission to the games will be with an armband

costing \$6 for the first child and \$3 for each additional sibling, purchased in advance, or \$8 at the door for the first child and \$4 for each additional sibling. The armband allows children to play unlimited games to earn tickets for prizes or to go to booths to make crafts, get their faces painted, balloon animals, etc. All children or persons who play a game would win at least one ticket for participating and more for success at the game. The tickets are then saved and traded in at the prize booth for the prize or prizes of the child's choice, based on the number of tickets won. Each child will be given a bag at the door with his/her name on it in which to keep the tickets.

By having community members and organizations sponsor games and prizes, all proceeds from armband sales will go to the playground fund. Sponsors will have the opportunity to pass out appropriate information about your church, organization or business and a poster at your booth will relate the name of the game and sponsors name. This would be positive advertising for your organization while helping the children at Roundstone Elementary.

Please read the volunteer sheet in this week's *Signal* and sign up to help. We have lots of jobs that need to be filled with volunteers.

For more information/questions, contact Cynthia Wolfe Rogers or Tonya Parrett Clark at the school 606-256-2235.



Blast from the Past...

Pictured is the Gray Theater at Brodhead. Date of picture is unknown - Allison Reynolds sends this week's "Blast from the Past." If you have fond memories of going to a movie house in Rockcastle or have a photo for "Blast from the Past" - Contact David Owens at scoopowens24@yahoo.com or 606-256-9870.

Mamaw's Kitchen

By Regina Poynter Hoskins

BUTTER BEAN SOUP
1/4 cup vegetable oil
1 cup diced cooked ham
1 small onion, chopped
2 small carrots, chopped
2 celery stalks, chopped
2 cans butter beans, undrained
4 cups water
Salt and pepper
In a large saucepan, sauté the ham, onion, carrot and celery in oil until the onion is soft. Add water and beans to sautéed vegetables and ham. Stir in salt and pepper to taste. Simmer for 30 minutes, or until heated thoroughly.

FRENCH ONION SOUP
1/4 cup butter
6 cups thinly sliced onions
1/2 teaspoon sugar
2 cloves garlic, crushed
7 cups beef stock
Salt and pepper
Grated Parmesan cheese
Croutons

In a large saucepan, sauté the onions in the butter on medium-high heat for 10 minutes. Add the sugar and cook for another 35 to 45 minutes until well browned, but not burned. Add garlic and sauté for 3 minutes. Add the stock; season with salt and pepper. Cover partially and simmer until the flavors are well blended, about 30 minutes. Ladle into bowls. Add croutons to each bowl. Cover croutons with cheese. The heat from the soup should melt the cheese.

CHICKEN CORN CHOWDER
4 medium potatoes, diced
1 onion chopped, chopped
1 can (14 ounce) whole kernel corn
1 cup cooked chicken, bite-sized pieces
1 cup whole milk or cream
4 tablespoons butter
Salt and pepper
1 tablespoon cornstarch, optional

Place potatoes and onion in pan, cover with cold water and 1 teaspoon salt; bring to a boil. Reduce heat and let simmer gently 30 minutes or until potatoes are very tender. It's fine if the potatoes start breaking up. It just makes the soup a little thicker. Add the corn and

chicken. Heat thoroughly. Add the milk or cream and butter; let butter melt. Season to taste and serve. If you want soup a little thicker, stir cornstarch into milk or cream before adding to potato mixture. Cook for an additional 5 minutes. Then add butter and seasoning. NOTE: Canned chicken works well in this recipe.

Money Tips for Students

Plan your financial goals

Even students still in school should set long-term financial goals.

The biggest goal should be to save money for retirement. Recent and proposed changes to the nation's Social Security system make this more important than ever.

An important goal for high school and college students is to graduate with as little student loan debt as possible. For high school students, this means doing the best they can in school to help them qualify for more scholarships. When applying for student loans, college students should borrow no more than what is necessary to pay college costs.

To plan for your financial future, make a list of your goals. Make reasonable estimates on how much you will set aside from each paycheck to save for those goals. You will have a better idea of how to reach your goals when you know for

how long you will need to save. That may mean cutting back on dining out or shopping or taking a part-time job, if your schedule permits.

Remember that how much you earn may affect your financial aid package. Dependent students are expected to be able to use more of their earnings to pay for college because the financial aid system assumes their parents are paying for most of the students' day-to-day expenses.

Whatever your goal, you have a much better chance of reaching it if you have a plan in place.

To learn how to plan and prepare for higher education, go to www.gotocollege.ky.gov. For more information about Kentucky scholarships and grants, visit www.kheaa.com; write KHEAA, P.O. Box 798, Frankfort, KY 40602-0798; or call (800) 928-8926, extension 6-7372.

Email the Signal at mvsignal@windstream.net

VOLUNTEERS NEEDED

Eagles' Nest Parent Group is needing volunteers to work our Winter Festival on Saturday, February 5, 2011 from 1:45 p.m. to 5 p.m. Inclement weather date is Saturday, February 12, 2011. If you are able to assist us, place a check mark next to the event(s) which you or your group can help with. To volunteer, return this sheet to Roundstone Elementary, fax it to the school at 606-256-2259 or call Tonya Parrett Clark at 256-2235 with your information.

I/We will sponsor a game/activity at the Winter Festival. If you volunteer for this, please fill out the information below.

Name of person, family, business, church or group sponsoring the game/games:

Phone No. _____

I/We will purchase items needed for our game and donate \$_____ for prizes.

I/We will donate \$_____ for Eagles' Nest to use to buy the items needed for our game and prizes. The suggested amount is \$50 or greater. Make check payable to Eagles' Nest Parent Group Playground Fund.

If possible, the game/activity I/we would like to sponsor is:

- _____ Duck Pond _____ Balloon Pop _____ Fishing Game
- _____ Ring Toss _____ Craft Table _____ Face Painting
- _____ Temporary Tattoos _____ Crafts w/Beads
- _____ Golf (Hole In One) _____ Balloon Animals
- _____ Bullseye Using Velcro _____ Book Walk
- _____ Baseball Target Practice _____ Can Knock Down
- _____ Football Throw _____ Football Throw
- _____ Other (please specify) _____ cupcake/cookie walk
- _____ Hot Shot Basketball (3 tries to make a basket)
- _____ Karaoke Room (Idol Mania)
- _____ Archaeological Dig in Sand
- _____ Bingo for children _____ Corn Hole Bag Toss
- _____ Bowling with plastic plus

(games/activities will be assigned on a first come/first serve basis)

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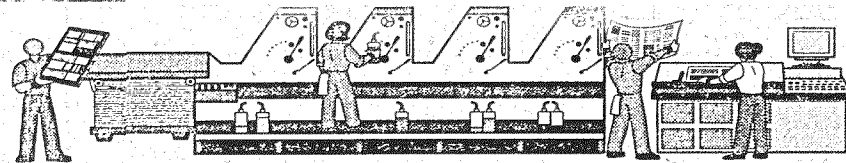
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ORDINANCE #03-2011 - Amendment #3		
An ordinance relating to the annual budget and amendment thereof: Whereas the County of Rockcastle has realized unbudgeted receipts from the: General, Road, Detention Center, Fairgrounds and LEPC Funds		
Be it ordained by the Fiscal Court of County of Rockcastle, Commonwealth of Kentucky:		
Section One: The budget for fiscal year 2011 is amended to:		
A. Increase the receipts of the General, Road, Detention Center, Fairgrounds and LEPC Funds by \$419,559.98 to include unbudgeted receipts from:		
Account Code	Description	Amount
01-4104	Delinquent Property Taxes	by \$ 1,342.68
01-4501	Omitted Property Taxes	by \$ 562.46
01-4508	EDA Grant	by \$ 122,397.00
01-4510-02	State Grant - ERWA	by \$ 7,505.77
01-4510-06	Stant Grant - Land & Water	by \$ 10,440.45
01-4612	Animal Shelter Donations	by \$ 636.00
01-4912	Governmental Leasing Act Receipts	by \$ 98,929.61
02-4510-02	State Grant - Pride	by \$ 167,300.00
03-4506	State Reimbursement - Work Release Supervisor PR	by \$ 4,108.80
03-4559	Social Security Admin. incentive Pay	by \$ 2,000.00
03-4699	Other Charges for Services	by \$ 3,276.47
85-4543	Miscellaneous Payments	by \$ 1,060.74
Total		<u>\$ 419,559.98</u>
B. Increase expenditure accounts:		
Account Code	Description	Amount
01-9200-999	Contingent Appropriations - Reserve for Transfer	by \$ 241,813.97
02-9200-999	Contingent Appropriations - Reserve for Transfer	by \$ 167,300.00
03-9200-999	Contingent Appropriations - Reserve for Transfer	by \$ 9,385.27
85-9200-999	Contingent Appropriations - Reserve for Transfer	by \$ 1,060.74
Total		<u>\$ 419,559.98</u>

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MADISON MONTHLY

Volume 4, Issue 1

380 Big Hill Avenue Richmond, Ky, 40475

January 2011

Posh Tots is the place to shop for babies, youngsters, expectant parents

By Sandra W. Plant
Advertiser Feature Writer

Many parents of young children and expectant parents have found their way to Posh Tots Children's Boutique & Resale Shop in Madison Trace Shopping Center in Richmond. And they always come back because of the great merchandise and excellent service.

"We specialize in new and gently-used children's clothing, maternity clothes, baby and toddler furniture and accessories," said Caroline Jackson, the personable owner of Posh Tots. "Posh Tots is a unique boutique offering two stores in one," she said.

Customers will find a great selection in new and gently used sizes from newborn to size 12 for girls and boys. In addition, there are plenty of new accessories including baby and toddler furniture and accessories.

"Whether you are looking for something unique or wanting to 'recycle' your child's clothing, make Posh Tots your first stop," said Caroline.

Posh Tots also is a great place for grandparents and friends invited to baby showers to find just the right gift for the baby or the precious grandchild. One recent shopper was delighted with the new and beau-

tiful smocked dresses for little girls. Another loved the coordinated toddler sets with appliques of trucks and trains that little boys love.

Posh Tots also is a bargain hunters delight. In addition to very reasonable prices on the new and gently used items, shoppers will have a field day on the dollar rack, a treasure trove of great items for only one dollar. For parents who worry about how little use children get from their shoes, you also will find a rack of slightly used children's shoes in pristine condition.

How did such a great boutique for children and expectant parents come into being?

"It all began 10 years ago when my husband was in college in Jonesboro, Ark.," said Caroline. "I had a similar boutique and I enjoyed it so much. I vowed if we ever moved somewhere where I could open another children's boutique and resale shop, I would do it again."

Posh Tots buys gently used baby, children and maternity clothing from the first through the 15th of each month. Caroline offers the following resale guidelines. She asks that all resale clothing items be placed in a plastic bin with a lid.

"Please be sure that your name and phone number are securely attached," she added. "Posh Tots will call you with a price



Posh Tots owner Caroline Jackson's daughter, Anna Clair, cuts the ribbon at the grand opening.

quote for your items."

Visit the web site at www.poshtots-ky.com to learn more about Posh Tots. New and expectant parents also can connect on the Posh Tots Facebook page for up-to-the-minute information and comments from satisfied customers.

The owner, Caroline Jackson, welcomes inquiries by phone at 859-353-5257 or by e-mail at caroline@poshtots-ky.com.

Posh Tots Children's Boutique and Resale Shop is open Mon-Sat from 10:30 a.m. - 6 p.m. They are located in Madison Trace Shopping Center across the Martin By-Pass from Toyota South. The address is 5008 Atwood Dr., Suite 3, Richmond.

PAID ADVERTISEMENT

Posh Tots has a great line of "poofy" outfits for little girls. Posh Tots owner Caroline Jackson, shows off an upscale outfit any little girl would love.



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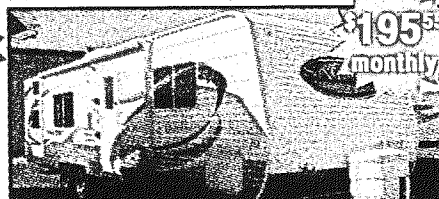
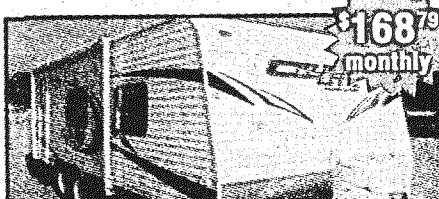

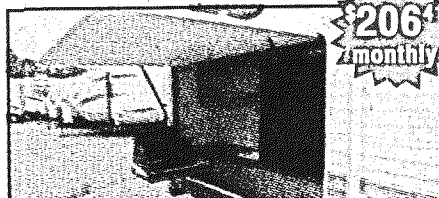

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EXPANDING THE PROGRAM

New director has high hopes for Richmond's teen center

By Tim Mandell
Register News Writer

When Emily Nelson enrolled in Eastern Kentucky University in the fall of 2008, she fully intended to follow a career as a police officer.

Instead, her career path took an unexpected turn when she found she enjoyed working with kids.

Nelson, 20, recently was named the new director of the Richmond Teen Center.

The Ashland native, and 2008 graduate of Russell High School, officially took over the posi-

"Most of them come from lower socially economic backgrounds," Nelson said of the kids. "We're trying to provide as many opportunities as we can for them. We want to combine education and fun activities, so they can learn and have fun too."

— EMILY NELSON, RICHMOND TEEN CENTER DIRECTOR

tion on Dec. 27.

It's quite an accomplishment for someone who is still in college.

Nelson, who will earn her degree in three years because of high school advanced placement classes and college summer school, is scheduled to graduate this spring

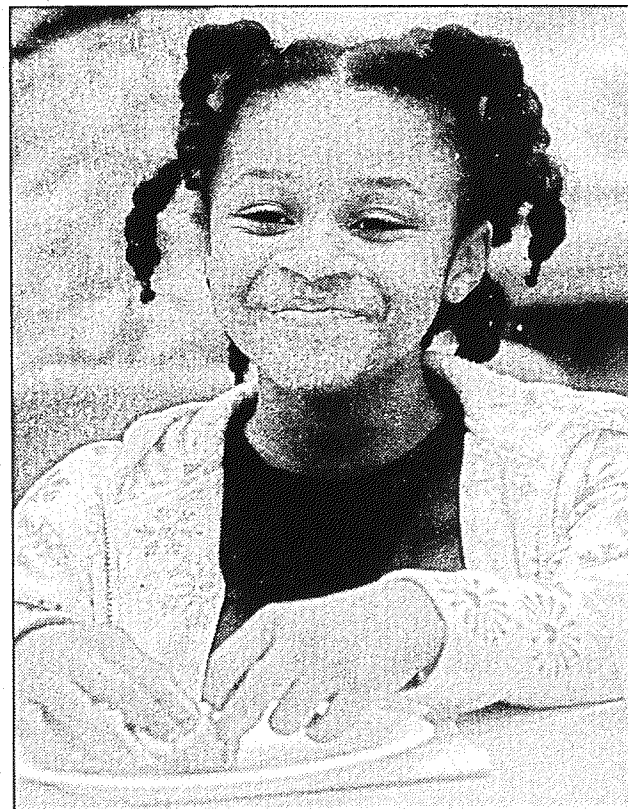
from ECU with a major in criminal justice/corrections and a minor in police studies.

She began volunteering at the teen center in September, and when the director position opened, decided to throw her hat in the ring.

"I just love to work

with kids," said Nelson, who also is involved in Big Brothers Big Sisters and is a volunteer firefighter. "I really like to get out in the community and help out in any way I can with kids."

The teen center, located at 525 N. Estill Ave., is an after-school program



NANCY TAGGART/THE REGISTER

Seven-year-old Alexis Farris eats a snack at the Richmond Teen Center on North Estill Avenue.

open Monday through Friday from 3 to 7 p.m. for kids ages 11 to 18.

About 20 to 25 kids attend the center daily, Nelson said.

Participants have the ability to play games, such as pool, air hockey and foosball. They also can use computers, play Wii and basketball.

First, though, everyone has to sign in, do homework and accomplish some sort of task, such as cleaning up or taking out the trash.

"We're trying to teach them they have to work for what they want," Nelson said.

Other opportunities include movie nights, tutors, ECU students who serve as mentors and weekly arts and crafts sessions with Madison County Public Library youth services librarian Ari Fritts.

Nelson said she would like to add a teen council, field trips and most importantly, to bring in educational speakers from throughout the area. Her plan includes

inviting representatives from fire departments, canine units and self-defense classes.

She said she is looking for other volunteers from the community to come to the center to talk to the kids.

"Most of them come from lower socially economic backgrounds," Nelson said of the kids. "We're trying to provide as many opportunities as we can for them. We want to combine education and fun activities, so they can learn and have fun too."

The center is planning a fundraising walk-a-thon on April 16 at Lake Reba Park. Registration begins at 9:45 a.m.

After graduation, Nelson will attend graduate school at ECU, where she plans to major in safety, security and emergency management.

She said she eventually would like to be a full-time firefighter.

Tim Mandell can be reached at tmandell@richmondregister.com or 623-1669 ext. 6696.



NANCY TAGGART/THE REGISTER

Emily Nelson, center, new director of the Richmond Teen Center, holds a cup for 12-year-old Makayla Saylor, left, and Ronnie Moore, 15, from which to draw a task to be completed before playing. Tasks include some sort of chore, like sweeping or taking out the trash, which Nelson uses as a way to build teamwork. "We're trying to teach them they have to work for what they want," she said.

MCCONNELL, ROGERS IN STRENGTHENED POSITIONS

Congressional leaders optimistic about continued depot funding

By Bill Robinson
Senior News Writer

In 2009, largely through the efforts of U.S. Senator Mitch McConnell, R-Ky., the Defense Department and Congress agreed to a funding formula that would facilitate destruction of all chemical weapons stored at the Blue Grass Army Depot in Richmond by 2021.

However, many new members of the House and Senate elected in 2010 ran on platforms pledging to sharply reduce federal spending.

Secretary of Defense Robert Gates has called for reduced defense spending, although he recently said the United States would have to spend more money developing systems to counter the military capability of

China, which is advancing much more rapidly than previously expected.

Also, U.S. Rep. Chandler, D-6th District, who had served on the House of Representatives Appropriations Committee, lost that position when Republicans gained a majority in the November election.

During the 2010 political season, Chandler warned that if many candidates aligned with the Tea Party movement were elected, depot funding could be jeopardized.

Those developments have prompted some local observers to question whether the federal government, which operates on an annual budget, would continue funding chemical weapons destruction at the rate agree to in 2009.

There have been some positive developments, however.

Although Chandler is no longer on the House Appropriations panel, Somerset's U.S. Rep. Hal Rogers, R-5th District, was named the committee's chair.

Also, McConnell is in a strengthened position, even if still minority leader, because the ratio of Republicans to Democrats in the new Senate has increased from 41-57 with two independents to 47-53.

"Senator McConnell has long-supported disposal efforts at the Blue Grass Army Depot and will continue to work to ensure that the chemical weapons stored at the facility are not only disposed of safely but also quickly," his press aide

Robert Steurer said.

"This program has been a top priority for the Senator who has worked tirelessly to ensure the program is fully funded by personally securing hundreds of millions of dollars," Steurer said.

The 2009 commitment "demonstrates the Defense Department is prepared to devote sufficient resources over the long-run to carry out disposal as quickly and safely as possible," McConnell said through his spokesperson.

Thanks to "great cooperation of the community," the senator said, "we have witnessed dramatic progress on the ground at Blue Grass. That said, I will remain vigilant in the years ahead to hold the Defense Department to its commitment."

In 2010, the President's budget request contained \$511 million for the Assembled Chemical Weapons Alternatives program, of which \$251.8 million was for the facilities at the Blue Grass Army Depot, McConnell noted.

That figure represents approximately an 11-percent increase from the previous year's request and marks the fifth consecutive year McConnell has successfully persuaded the department to increase the president's commitment to this vital project, Steurer said.

"Senator McConnell has led the Kentucky delegation on this important issue and relentlessly pursued and persuaded the Defense Department to ensure adequate federal resources to safely dispose of chemical weapons at Blue Grass Army Depot," Rogers said in a statement released by his office.

"While we face incredible budget challenges this year, I expect the Defense Department to strongly make the case for continued funding for seamless operation," he said.

Madison County was part of the 5th District in 1980 when Rogers was first elected to the House. He credited his victory in a highly competitive Republican primary that year in large part to

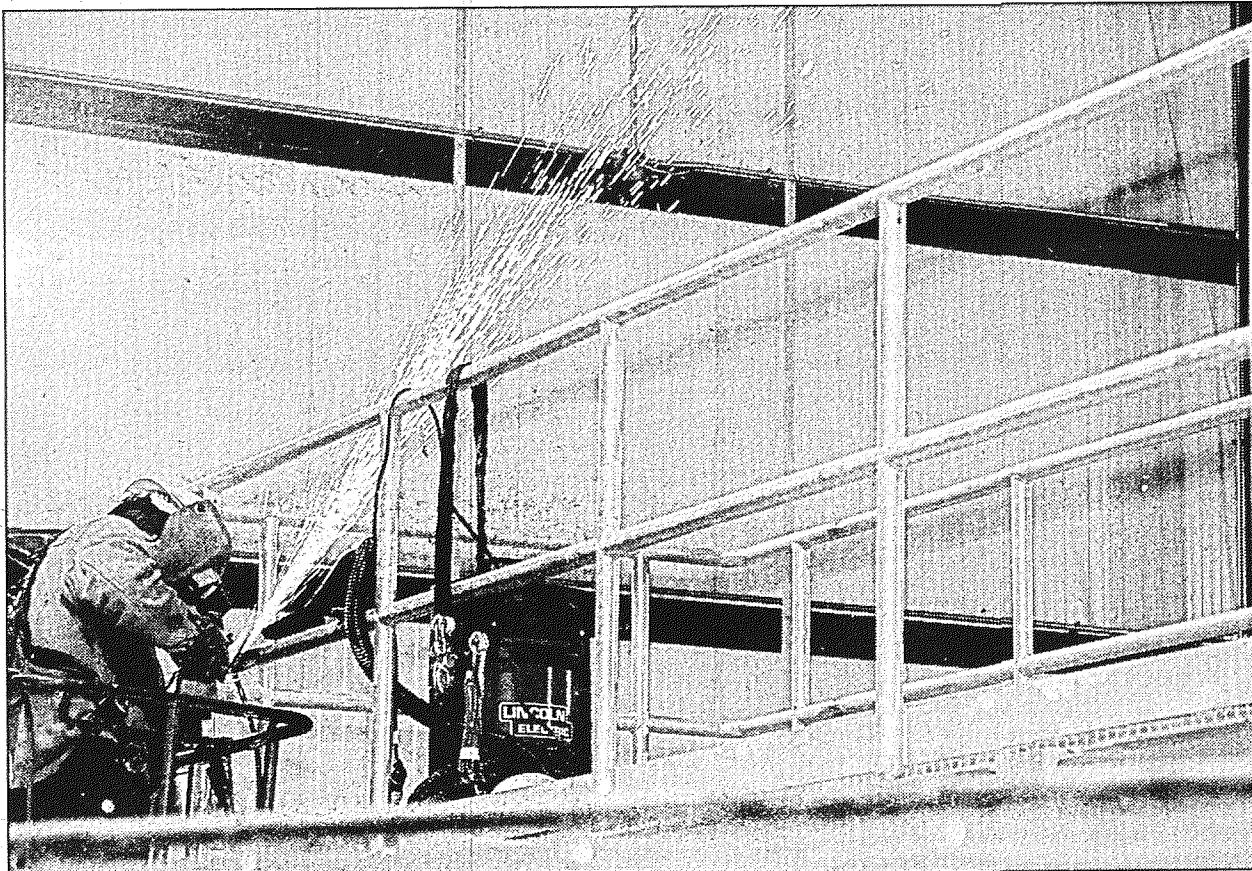
Madison County, where he ran up his largest margin of victory.

"Congressman Rogers has always been very supportive of efforts to fund chemical weapons destruction," said Craig Williams, co-chair of the Chemical Destruction Citizens Advisory Board, through which the government works to keep the public informed about the destruction project. "I see no reason why Mr. Rogers would not do his best, especially with his enhanced position, to see this project through to its earliest and safest conclusion."

In the past, both McConnell and Chandler have said on visits to Madison County that Kentucky's congressional delegation views safe, early destruction of chemical weapons at the depot not as a partisan issue but as an objective that benefits all Kentuckians.

A spokesperson for newly elected U.S. Senator Rand Paul, said the senator was still in the process of developing his staff and was not in a position to release a policy statement.

Bill Robinson can be reached at brobinson@richmondregister.com or at 624-6622.



NANCY TAGGART/THE REGISTER

As sparks fly, a metal worker grinds steel inside the Utility Building of the Blue Grass Chemical Agent-Destruction Plant.

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