

Mount Vernon Signal

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Mount Vernon, Kentucky 40456 - (606) 256-2244 Volume 125 • Number 25 .50 per copy Thursday, May 26, 2011

Graduation Ceremony set for this Friday

By: Sara Coguer

Graduation ceremonies for the 39th graduating class at Rockcastle County High School will be held this Friday at 6 p.m. at the high school.

After opening remarks by Student Council Vice President Mallory Harper and a welcome by FCA President Marie Poynter, the RCHS Chamber Choir will sing *The Irish Blessing*. The RCHS Band will then play *In Flight*.

Special recognition of students will be made by Principal Jennifer Mattingly, who will recognize graduates with a perfect 4.0 gpa, those who have enlisted in the military and those with perfect attendance.

Class Salutatorian Ethan Miller will give the first address followed by Valedictorian Starla Bond before the pre-

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Valedictorian Starla Bond



Salutatorian Ethan Miller

Public hearings held; 2012 budget approved by court

By: Perlina Anderkin

Along with required public hearings for the County Road Aid fund and Local Government Economic Assistance fund (LGEA), the Rockcastle County Fiscal Court held the first reading for their 2011-12 budget at a called meeting last Friday.

Several citizens were present for the meeting but there was no input offered as to use of the funds.

The County Road Fund will receive \$938,199 from the state. The amount is determined by a formula which includes: the county's population; miles of county road maintained and gallons of gasoline sold in the county. 100% of the funds will go into road materials, maintenance, equipment, payroll, etc.

The LGEA Fund is comprised of revenue received because Rockcastle is designated as a coal impact county and a tax on minerals mined in the county, primarily by Hanson Aggregates.

As a coal impact county, the amount received is less than the county would get as a coal production county and therefore the amount of estimated revenue was lowered in this fiscal year's budget from \$100,000 to \$85,000. However, the amount estimated to be received by the county from the mineral tax was raised from \$65,000 in last year's budget to \$120,000 since the current fiscal year's revenue from the mineral tax was \$119,281. Besides the \$205,000 in estimated revenues, LGEA's budget also includes surplus from the 2010-11 budget for a total of \$281,200.

(Cont. to A10)



Local eatery destroyed in fire

Jean's Restaurant, a Rockcastle County landmark for over 40 years, caught fire last Thursday morning during breakfast. The fire, which began in the attic, quickly consumed the roof which caved in in the middle of the restaurant. Owner Bob Stewart, who has owned the restaurant since 1995 when he bought the restaurant from namesake Jean Walker, has not decided whether or not he will rebuild.

Jean's Restaurant destroyed

By: Sara Coguer

A local Rockcastle landmark for over forty years was destroyed by fire last Thursday morning.

Jean's Restaurant, a staple in many Rockcastle Countians diet, caught fire during the breakfast rush.

According to officials, the fire apparently started in the attic.

After employees smelled smoke and realized that the kitchen was not on fire,

Livingston police officer Carl Swanigan, who was at Jean's for breakfast, stood on his chair and lifted a ceiling tile to look in the attic for the cause of the smoke smell.

Swanigan saw the fire and told everyone the building was on fire and that everyone needed to get out.

By the time fire crews arrived, the building was fully engulfed and the center of the roof had collapsed.

Fire Departments from Mt. Vernon, Brodhead, Livingston and Brindle Ridge all responded to help put out the flames.

Jean's Restaurant became a mainstay in 1977 when Don and Jean Walker bought the restaurant and turned it into "Jean's." Previously the restaurant, which was reportedly built about 1969 when the interstate came through, had been owned by several different people who had not been able to make a success of it.

The Walkers owned and operated Jean's for 18 years before retiring and selling it to current owner Bob Stewart, who bought it in 1995.

Stewart kept the name

"Jean's" as it was synonymous with success and it has maintained that success for 16 years.

Reportedly, the land the building sits on belongs to the Holt heirs. Plans to rebuild are undecided at this time.

Vanwinkle pleads guilty

By: Sara Coguer

In a case that received statewide attention, Jesse Vanwinkle of Livingston pled guilty May 13th to criminal abuse 2nd degree, for hitting his son in the head with a baseball bat on April 17, 2011.

During court proceed-

(Cont. to A10)

Nine indicted by Grand Jury

By: Sara Coguer

Eight men and one woman were indicted by the Rockcastle County Grand Jury on May 13th on charges ranging from manufacturing methamphetamine to receiving stolen property.

Donald L. Miller, 35 of Waynesburg, was charged with one count of manufacturing methamphetamine while in possession of a handgun and one count of possession of a controlled substance, on or about March 4th, 2011.

James N. Cox, 23, of Stanford, was named in the same indictment as Miller and charged with one count of com-

(Cont. to A10)

Dix River Festival is this weekend

By: Sara Coguer

The annual Dix River Festival and Brodhead Homecoming will be held this weekend, having started on Wednesday night and running through Saturday night.

National recording artist John Berry will be on Center Stage Thursday (tonight) beginning at 8 p.m. Vendors and the carnival rides open at 5 p.m. \$8 gets you unlimited rides.

On Friday evening, the vendors and carnival rides open at 5 o'clock with the pretty baby contest on Center Stage at 6. Bike Nite begins also at 6 in the Dari Delite parking lot and Ronnie Payne and Jeff Cain will open at 7 o'clock on Center Stage for the Wild River Band, who will begin playing at 8:30.

Saturday begins early with the Homecoming Hustle 2

(Cont. to A10)



The above house on Quarry Street was fully involved Thursday evening when the Mt. Vernon Fire and Rescue arrived on scene. According to Fire Chief David Bales the house was occupied but had no electric running to it. The city's newest ladder truck was used for the first time during this fire.

Of Special Note Inside

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Contact us at: www.mvsignal@windstream.net • Deadline submission is Noon Tuesday

Ramblings . . .

by:
Sara Anderkin Coguer,
Editor



I know you are wondering, after reading last week's voter turnout story, what exactly it was that I taught to young, eager to learn students that will believe anything a teacher tells them.

I also know your second thought was that you hoped it wasn't Math, as it seems I do not know that 1,200 is 10% of 12,000.

Sorry, but yes Math is what I mainly taught three times a day to fourth graders, and yes I do know that 1200 is 10% of 12,000.

I was going to try to pass it off as a typo, but that was almost impossible with the way the sentence read, so I will just say this. Our newspaper staff is so large, and my stories pass through so many hands and on any given day it is untelling who edits and proofs what I type.

If you believe the part about our staff being so large, I've got ocean front property in Arizona to sell you. Props to my man George Strait for that line. Have I distracted you enough?

Anyway, we all have good days and bad days, and with this particular day and this particular story, we were just having a bad day. If you have never had a bad day, well, good for you.

I also want to apologize for my using the term "Democrat" instead of "Democratic" when referring to their party and nominations in the same story.

I did not know that this term is used by right wingers as a term of insult, I'm not hugely into national politics

at this point in my life, but I apologize just the same.

Trust me when I tell you I have nothing personal against the Democratic party or its people, as I crawl into bed every night next to one of them.

Speaking of national politics, I am sorry to say that if you are looking to see me spew political rhetoric in this column, you will probably be sorely disappointed.

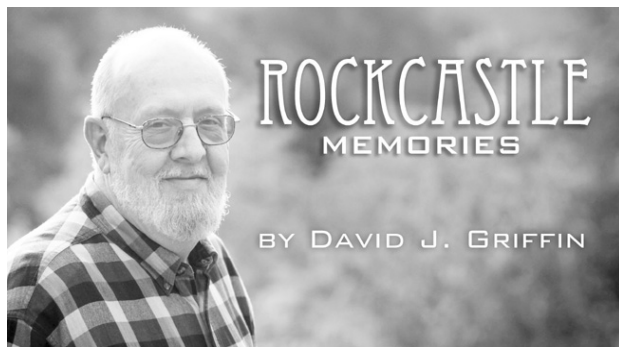
Jason and I talk about this a lot, but right now, especially in the times we are in, my main focus is trying to raise three children to be productive citizens with a mind of their own and a heart for others when they are out on their own.

This is a very hard job, especially with all of the stimulus out there that screams at them to be the most self-centered human beings on earth. Sometimes it feels as if Jason and I are David, and the world is Goliath, and we have one shot at getting it right, against insurmountable odds.

Most of the time I feel we aren't doing a very good job, because we too have fallen into the self-centered trap more often than we realize. It is really easy to believe that I am the most important person in the world and what I am doing is the most important thing.

Sometimes it takes a comment or two, from well meaning people, to realize that we all have an agenda. I do worry sometimes that

(Cont. to A4)



"Gobble, Gobble, Gobble"

This morning at 6:30 am when I took my Sheltie (Shiloh) out for his morning constitution, both he and I were scared out of our wits when a large tom turkey took flight from behind a bush in our back yard. The sudden flutter of wings caught both of us off guard, and we stood in amazement as the huge bird flew into the woods near our house. After he was out of sight, Shiloh stood very still and looked up at me as if to say, "...what on earth was that?"

For the past few months, my wife and I have repeatedly noticed wild turkeys foraging in our yard and in the woods next to our house. I have seen several of them at a time looking for seeds, nuts, and insects in and around the area. Just last week, I watched a large tom as he strutted around our yard while fanning his tail feathers, trying to attract the attention of a couple of hens. We live on the edge of a very high limestone cliff, and finally, one of the hens decided to take flight and soar off into one of the fields below. Within a few moments, the other hen followed and, not to be left alone, so did the tom.

This morning's event reminded me of a couple of times when wild turkeys startled me when I was a boy living in Rockcastle County. The first of these occasions occurred while I was walking in a large field with my grandfather (Pop). He used to let me accompany him in a mountain-top field that was owned by Dee Ramsey; it was located on the back side of the property belonging to Pop. Pop liked to rabbit hunt in those fields, and he did not mind that I loved to tag along. At that time I was probably eight years old and not mature enough to hunt or carry a shotgun by myself. Pop taught me to stay behind him and be very quiet so as not to startle the game he was stalking. I learned everything I ever knew about hunting from him.

As we walked along, watching for a rabbit to jump and run, an enormous tom turkey flew straight up into the air, catching both Pop and me by surprise. The turkey was between the two of us; so he could not even take a shot at the huge bird. It too flew into the woods, and Pop took note of its position in order to return at a later date.

Pop took the time after the gobbler was out of sight to tell me about the large birds. He said, "David Joe, turkeys love to feed on the ground looking for acorns, nuts, seeds, roots, insects, and occasionally small lizards and snakes." He also told me how they find suit-

able places to roost for the night in low tree limbs and that they usually feed late in the afternoon or early morning.

Pop amazed me with his vast knowledge about wildlife and how to hunt different species. I think he was pleased that I wanted to learn about such things from him. When I turned ten years old, he purchased my first shotgun so we could hunt together. I still have that 20 gauge Stevens single shot firearm. It is one of my most prized possessions because Pop bought it for me.

The second time I was startled by a wild turkey was just a few months after the event with Pop. This time my best friend, Kenneth Hansel, and I were taking a morning walk in the woods above Big Fill Cave, not having a care in the world. He and I spent as much time as we could in those woods. There was a fresh spring located close to where we were walking, and we stopped to toss some stones into a pool there. I remember squatting down to get a drink from that spring. In those days, the water was very clean and cold. It was a refreshing place to take a break from our walks.

As we strolled through the woods and into a sage grass field, a pair of turkeys flushed and took flight just in front of our path. Kenneth and I were so startled that we both immediately took off running - in different directions. Once we realized what had happened, I looked at him and he returned the glance at me; then we both began to laugh until we had to sit down. I think we both were embarrassed that we had been so scared at the big old birds. We finally resumed our walk without incidence, but I remember us discussing those turkeys many times after that morning.

The turkey population in Powell County seems to be on the rise in the last few years. My wife and I own several acres of woods located about four miles up the road from our house, and we have seen multiple groups of turkeys there. I love to watch them as they forage for the ample food supply that is available at this time of the year.

Now that the big birds

(Cont. to A4)

Points East

By Ike Adams



Heroes were not scarce on Blair Branch when I was but a lad there in the head of Blair Branch in the mid and late 1950's. I actually thought that at least two of my older cousins might have hung the moon. I will deal with one of them now and the other will have to wait.

L. C. Adams was a teenager (My Uncle Willie's youngest child) and he lived just down the road from us. LC came out of the womb a skilled and innovative carpenter. I'm reasonably sure that he never had any formal training but he hung around old timers and learned to saw and hammer pieces of wood to perfect angles without the benefit of a miter box and he simply created stuff Field stones into wonderful fireplaces. Rotted logs into marvelous mantles. Poplar saplings into a house. LC didn't need a level or a square or most tools of the trade. He simply saw what he wanted to do and carved it from the vision of his naked eye. His home, right now, there in the head of Blair Branch is architecture to perfection and I am reasonably sure that the most complicated tools used to build it involved nothing more than a hammer and an electric saw. It's the prettiest place I've ever seen.

I was in second grade, there at Blair Branch when LC bought his first car. I was

probably 7 years old. The car was a 1949 Chevrolet Deluxe and painted Robin-egg blue. It was long and sleek and like a limousine and it reeked of luxury. LC promptly build a shed covered with tin roof beside Uncle Willie's House under which he parked the car. And my Dad would come up with any number of excuses to get LC to take him to town. Dad had a truck but he was afraid the lights would go out after dark. Dad loved that car almost as much as LC must have and it was, in fact, a sight to behold. It is, in my opinion, the most beautiful thing that had ever been built on Blair Branch. (I didn't much appreciate feminine beauty back then except for Glenna Stewart's legs and even seven year old boys knew that was the prettiest thing we'd ever see in our lives.)

I remember, oh so well, one evening when I was a bit feverish and had a cold and Dad started fussing over me and insisting to my Mom that it was urgent that I get to the doctor straightaway. Mom insisted that I didn't have anything that catnip tea wouldn't cure but Dad loaded me up on his shoulders and hauled me down to Uncle Willie's and yelled to LC that they had to get me to the doctor. FAST.

The car crept out of Blair

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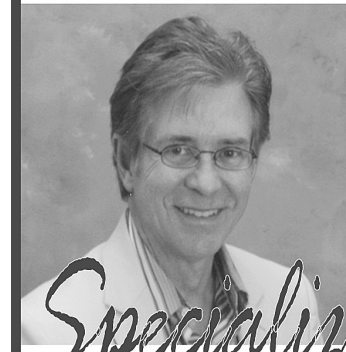
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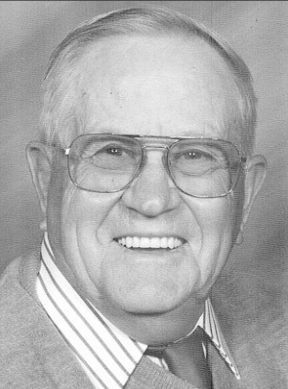
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i'm lovin' it

Obituaries



Caleb (C.S.) McKinney

Caleb Sherman (C.S.) McKinney, 93, of Mt. Vernon, died Monday May 23, 2011 at the Rockcastle Regional Hospital. He was born on April 2, 1918 in Rockcastle County the son of the late Robert Harley and Eva Capps McKinney. He was a retired farmer, Army Veteran of WWII, enjoyed hunting and fishing and was a member of the First Church of Jesus Christ.

Survivors are: his wife, Marie Kirby McKinney of Mt. Vernon; one son, Jack McKinney of Cincinnati, OH; two daughters, Mrs. Sharon Lovins of Mt. Vernon, and Mrs. Lillian Renner of Cincinnati, OH; two brothers, Bob McKinney of Eubank, and Ivan McKinney of West Chester, OH; one sister, Mrs. Pearl Warmon of Cincinnati, OH; 11 grandchildren; and several great grandchildren.

He was preceded in death by: four brothers, Howard David, Hugh, Estel, and David; and nine sisters, Evelyn, Eula, Eual, Mary, Recca, Zelma, Corda, Janie, and Elta.

Funeral services will be held at 2 p.m. (today) Thursday, May 26, 2011 at the Cox Funeral Home Chapel with Bro. Marcus Reppert officiating. Burial will be in McKinney Cemetery.

Pallbearers are: Jeff McKinney, Steven McKinney, Dalton Lovins, Joe Lovins Jr., Jack Lovins, and Jim Lovins.

Honorary bearers are: Matt Niceley, Jack McKinney, and Alan Renner

Sign the guest book online at www.coxfuneralhomeky.com

Florence Mullins

Florence Ponder Mullins, 81, of Englewood, OH, died Tuesday, May 24, 2011. She was born in Rockcastle County on November 8, 1929 the daughter of Benjamin and Ella Dooley Ponder. She was a member of the First Baptist Church of Englewood.

She is survived by: her daughter and son-in-law, Debbie and Al Warren of St. Mary's, OH; her grandchildren, Adam (Trista) Warren of Celina, OH, and Rachel (Pete) Jones of Brecksville, OH; her great grandchildren, Jasper and Sawyer Jones and A.J. Warren; and two sisters, Christine Phillips of Dayton, OH and Ann McDaniel of California. A host of other relatives and friends also survive.

In addition to her parents, she was preceded in death by: her husband, Virgil J. Mullins; a daughter, Patricia Mullins; and two brothers, Rovie and Curt Ponder.

Funeral services will be conducted Saturday, May 28 at 11 a.m. at the Dowell & Martin Funeral Home Chapel by Bro. Jack Martin. Burial will follow in the Red Hill Cemetery.

Friends may call from 5 to 7 p.m. (today) Thursday, May 26 at the Kindred Funeral Home in Englewood, OH and on Saturday, May 28 at 10 a.m. at the Dowell & Martin Funeral Home.

Please visit www.KindredFuneralHome.com or www.DowellMartin.com to view online obituary.

Subscribe to the Signal



Tevis Marie Bryant

Tevis Marie Bryant, 79, of Livingston, died Thursday, May 19, 2011 at her home. She was born in Rockcastle County on July 7, 1931 the daughter of Frank and Virgie Summers Ponder. She was a homemaker and had been a member of the Bible Baptist Church since 1987. She loved gospel music and enjoyed singing in the church choir and was a former Sunday School Teacher. She had been a member of the Livingston Homecoming Committee and of the Livingston Auxiliary. She loved her family and enjoyed spending time with her grandchildren and great grandchildren. She was a wonderful cook and loved cooking for her friends and family.

She is survived by: her son, Billy Wayne (Aletha) Bryant of Livingston; her daughter, Yulonda Kaye Bader of Mt. Vernon; three brothers, Dell Ponder of Livingston, Kenneth (Maryann) Ponder of Hebron, and Paul (Patty) Ponder and wife Patty of Berea; one sister, Evelyn (Clarence) Amburgy of Waynesville, OH; seven grandchildren, Kim Bryant, David Bryant, Scott Bryant, Shannon Bryant, Shellie Bryant, Chad Bader, and Faith Shannon Bader; and eight great grandchildren, Justin Bryant, Hannah Elizabeth Bryant, Katelyn Shannon, Charlie Ernest Bader, Britton Lane Bryant, Kenton Shannon, Harley Martin, and Lucas Blake Bryant. Also surviving are a special niece, Barbara Fain of Livingston and a special sister-in-law, Cleo Bryant.

She was preceded in death by: her husband, Hershel Bryant; a son, Woody Joe Bryant; two brothers, Fred Ponder and M.S. Ponder; and three sisters, Nannie Ruth Durham, Jessie Richardson, and Ruby Mahaffey.

Funeral services were held May 22nd at the Bible Baptist Church by Bros. Don Stayton, Chad Bader, and Jeremy Ellis. Music was provided by Dan Dull, Danny Hinton, Jeff King, Becky McNew, and Glenn Thompson. Burial was in the Red Hill Cemetery.

Dowell & Martin Funeral Home is in charge of arrangements.

Pallbearers were: Chad Bader, David Bryant, Justin Bryant, Shannon Bryant, Scott Bryant, and Douglas Dell Ponder.

Please visit www.DowellMartin.com to view online obituary.

Barbara Jo Corrin

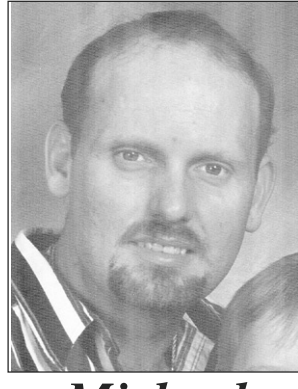
Barbara Jo Corrin, 65, of Woodhaven, MI, died Friday, May 20, 2011 at the Oakwood Southshore Hospital in Trenton, MI. Funeral services will be conducted (today) Thursday, May 26th, at 12 p.m. at the Dowell & Martin Funeral Home Chapel by Bro. Eddie Nation. Burial will follow in the Oak Hill Cemetery. Friends may call from 10 a.m. until time of services Thursday.

A complete obituary will appear in next week's Signal.

Please visit www.DowellMartin.com to view online obituary.

Pearl Bryant

A Memorial Service for Pearl Bryant, who died December 20, 2010, will be held Saturday, May 28th at 7 p.m. at Wildie Christian Church with Bro. Kenton Parkey presiding. Refreshments will follow at Mrs. Bryant's residence in Berea.



Michael Bullock

Michael Wayne Bullock, 41, of Mt. Vernon died Tuesday, May 17, 2011 at his home. He was born on July 17, 1969 in Madison County the son of the Johnny Bullock Sr of Marion, IL, and Mrs. Dora Rash of Mt. Vernon. He was a stonemason, enjoyed muscle cars, drag racing, spending time with family and friends, and was a member of the Northside Baptist Church.

Survivors besides his mother are: his wife, Sheri Evans Bullock of Mt. Vernon; his step-father, Dennis Rash of Mt. Vernon; one son, Michael Bullock II of Mt. Vernon; three daughters, April Gail Bullock of Livingston, Michelle Lynne Bullock of Mt. Vernon, and Jessica Renee Bullock of Somerset; one brother, Johnny Bullock Jr. of Brodhead; one sister, Kim Bullen of Louisville; his grandmother, Mrs. Hazel Bullock of Mt. Vernon; one grandchild, Aubrey Thompson; one step-grandchild Letoia Messer; and several nieces, nephews, aunts, and uncles also survive.

He was preceded in death by his grandparents, Robert Bullock, Rollie, and Betty Mullins, and Calvin Mason.

Funeral services were held May 21st at the Cox Funeral Home Chapel with Bro. B.J. Bradley officiating. Burial was in Cresthaven Cemetery.

Pallbearers were: Donnie Mullins, Michael Durham, Brandon Bullock, Will Messer, Joshua Messer, and Michael Alcorn.

Honorary pallbearers were: James Fletcher, Dennis Rash, Ricky Mullins, Michael Bullock, James Mason and Josh Fetters.

Send condolences online at www.coxfuneralhomeky.com.



Shelby Cash Abney

Shelby Cash Abney, 71, of Brodhead, died Wednesday, May 18, 2011 at the Rockcastle Regional Hospital. She entered into this life on August 29, 1939 in Brodhead, the daughter of Arch and Artie Payne Cash, both of whom preceded her in death. She was united in marriage to Gordon Abney, and they shared a wonderful life together. Shelby retired after 28 years of dedicated service from Dresser Industries in Berea, where she worked as a Packer on the Assembly Line. She was a member of the Brodhead Baptist Church and will be remembered for her love of reading, playing cards and collecting dolls and Fenton glass, and her beloved cat Tipper.

She will be lovingly remembered by: her husband, Gordon Abney of Brodhead; three children, Libby Ramsey of Brodhead, and Dwayne (Traci) Ramsey and Patsy Ramsey, all of Mt. Vernon; two grandchildren, Jamie (Jason) Lear of Mt. Vernon and Philip McFerron of Climax; one great grandchild, Ethan Fain; four brothers, Eddie (Mary Nevel) Cash, Vernon Cash,

and Walter Lee (Christeen) Cash, all of Brodhead, and Paul Ray (Judy) Cash of Trenton, OH; two sisters, Viola "Sissy" Houston and Ethylene Cash, both of Brodhead; her sisters in law, Jean Cash of Mt. Vernon, and Julie Abney of Berea; her brother in law, Charles Abney of Georgetown; her mother in law, Fern Abney of Berea; and a host of nieces, nephews, friends and neighbors.

Besides her parents she is preceded in death by: her brother, Lloyd Cash; three sisters, Anna Elizabeth Cash, Preda Shepherd and Melberta Cash Robbins; and her brother in law, Jim Houston

Funeral services were conducted Saturday, May 21, 2011 at the Marvin E. Owens Home for Funerals with Bro. Ralph Baker officiating. Interment was in the Piney Grove Cemetery.

Casketbearers were: Joe Day, Matthew Robins, Hal Holbrook, Jim Cash, Frank Bradley and Bill Bradley.

In lieu of flowers, memorial contributions may be made to the Kidney Health Alliance of Kentucky, 1517 Nicholasville Rd Suite 203 Lexington, Kentucky 40503.

Condolences can be sent to www.marvineowensfuneralhome.com



Ruby Phillips

Ruby Phillips, 83, of Hamilton, OH, died Sunday, May 22, 2011, at Mercy Hospital in Fairfield,

OH. She was born in Rockcastle County on January 28, 1928, the daughter of Herbert and Mae (Carpenter) Raines. On June 5, 1948, she married Carlos F. "Toad" Phillips, and he preceded her in death on May 5, 2005. They enjoyed nearly 57 years of marriage to which three children were born.

She was born from humble, but very proud, beginnings. She was intelligent and well-educated, even dictating her "book" in her final year of life. She graduated from Livingston High School in 1944, at the age of 16. She attended Sue Bennett College in London, and began teaching in one-room schools in Rockcastle Co. She and family moved to Hamilton, OH in 1956 where her husband obtained a job on the B. & O. Railroad, and she began a 26-year teaching career in the New Miami Local School District. She proudly graduated from Miami University in 1964. Ruby never forgot a student, nor did they forget her. She was loved and respected by so many children who still many years later ask about her and recall the fond memories of being in her classroom. She retired in 1983.

Her calling in life was to take care of people, from helping her father raise her three younger brothers beginning when she was 15 years old, to raising Christopher after her retirement, and always helping anyone in need.

She had a great love for country music, following her brother-in law, Clyde "Butch" Phillips's Nashville career, going to shows and feeding the bands of everyone from Stonewall

Jackson to George Jones. She was a great cook. She was a proud Kentucky Colonel. She loved to photograph the events in her family's lives and left a treasury of cherished memories. She was a wonderful mother and "Gigi". Her mind was so sharp, even as her body failed, and her family and friends will never be able to fill the void of losing the knowledge and love she gave them.

She is survived by: three children, Donna (Tom) White, Carlos "Fred" Phillips, Jr. and Wallace (Kathy) Phillips, all of Hamilton, OH. She was preceded in death by Fred's wife, Bonnie. She leaves behind one special grandson, Christopher Ryan Phillips, Hamilton, OH, whom she helped raise. Survivors also include: two step granddaughters, Tammy Davidson and Alberta Kammeron; eight step great-grandchildren, Ryan, Aaron, Lyndsey, and Lauren Davidson, Emmalee and T.J. Lakes, and Aeriss and Eaden Kammeron, all of Hamilton, OH. She is also survived by three brothers, Thurman "Jack" (Evelene) Raines of Mt. Vernon, Floyd "Bill" (Edith) Raines, and Quillen C. (Wilene) Raines of Vandalia, OH and several caring nieces and nephews.

A memorial service will be held at 12 noon, Saturday, May 28, at the Zettler Funeral Home, 2646 Pleasant Ave., Hamilton, OH, with Pastor Wallace Miller officiating. Friends may call from 10 a.m. to 12 noon Saturday, at the funeral home to pay respects.

A private burial of her remains, next to her husband at Rose Hill Cemetery, will be held at a later date.

Curious about the complete cost of a funeral?

Use of the Funeral Home.....	\$ _____
Automotive Equipment.....	\$ _____
Professional Assistance by Funeral Home Staff.....	\$ _____
Casket or Urn of Your Choice.....	\$ _____
Vault.....	\$ _____
Cemetery Property or Mausoleum.....	\$ _____
Total.....	\$?

Bring this in and we'll fill in the blanks...



It's important to look at all the costs involved in funeral services because some funeral homes charge more for their services and less for their caskets and others will charge more for their caskets and less for their services. In order to do a fair comparison, you need to look at each item, line for line, to see what is included in the total price. Some funeral homes may offer you a "cheaper" price but do you know what you are getting for that "cheaper" price? You may be getting a lesser quality casket with no vault, no tent & chairs at the graveside for the family, no obituary notices, register book, flowers, etc. That is why you need to know what ALL is included in that "cheaper" price just as Federal Law requires.

We invite you to stop by our offices and we will be glad to tell you what ALL is included in our charges.



Our Readers Write

Renfro Valley treatment of guest, shocking...

Dear Editor,

Friday afternoon my two youngest children, ages 6 and 4, and I went to Renfro Valley Entertainment Center to visit with my friends and former employers for sixteen years, the group Exile. They had called me earlier in the week and asked me to bring the kids down and visit and attend their show that night. The kids were excited as they have heard about Exile all their life and they have always enjoyed going to Renfro Valley and getting ice-cream at the Gristmill and Mr. Dennis always had fish food so they could feed the fish in the pond. We arrived at the new barn and proceeded inside where Exile was conducting sound check for their evening performance. We greeted each other and they finished up and invited us to join them for dinner at the Lodge Restaurant.

Upon entering the lobby I was met by a visibly shocked J.P. Pennington. I immediately sensed something was wrong. My children accompanied the rest of the group back to be seated. Upon questioning him he told me that the Renfro Valley representative had informed him that management and the owners wanted me and my children to leave the premises. When questioned by Exile as to why this was taking place the representative said she was carrying out their instructions. J.P. informed her that I was one of their oldest friends. Members of Exile kept questioning this as they were shocked as I was. I then had to go to the back of the restaurant and tell my children that we could not eat with our friends as we were being ordered to vacate the property for no valid reason. Adding to the embarrassment was having this carried out in front of the Renfro Valley Lodge Restaurant management and staff.

Exile then informed the representative that I and my family at their invitation would be attending their show that night and they would be giving us some of their comp tickets. The representative told them that would not be possible. Exile offered to pay for the tickets but I asked them not to as I did not want me nor my family to be further embarrassed and humiliated for no apparent reason. When we got into our vehicle to leave my six year old daughter asked why we could not stay and eat with Exile and were they not my friends anymore. I informed her that Exile was still my friends and her friends and it was not Exile asking us to leave but rather Renfro Valley. As one can imagine this was confusing to two small children who have fond memories of visits there.

As a lifelong resident of this community I have pro-

moted Renfro Valley in my travels and have been proud of its heritage in this state. It has always been a place that welcomed everyone. Having worked there myself and having several family members work there I know it prided itself on offering southern hospitality in a family friendly atmosphere. To say I was shocked and in disbelief of the treatment we received is an understatement.

Sincerely,
Jeff Hunt
Mt. Vernon

Thank you for donations...

Dear Editor,
The Rockcastle Community Scholarship Committee would like to thank the following for donations to the 2011 Scholarships: Citizens Bank, Community Trust Bank, Rockcastle Regional Hospital, Arvin Family Practice, Dr David Brabon, Dr. William McElwain, Dr. Callie Shaffer, and Rockcastle Clinic.
The Rockcastle Community Scholarship Committee

"Ramblings"

(Cont. from A2)
what I have to say doesn't appeal enough to every demographic, but then I remember that I can't worry about things I cannot control.

Our paper proudly has columnists of different enough ages to hopefully appeal to the masses, so I feel good about what I write and I can focus on things I can control, which brings me back to my children.

I can control what my children are learning when they are with me, and I hope that those lessons learned will carry them through the times when they aren't with me.

I can devote myself right now to them and, when I am old, maybe I'll have a hunger for political rhetoric, but to be honest I don't know many people of my generation who aren't fed up with both parties, or however many there are now. Talk about self-centered people with their own agenda...

"Memories"

(Cont. from A2)
have found our yard, I suppose Shiloh and I should be on the lookout for them each morning and afternoon as we take our walks through the woods. I have no doubt that Shiloh will be much more aware of movement in our vicinity after our shock this morning. Or at least I hope. Episodes like this are hard on an old man's heart.

(You can reach me at mtmman@mis.net or you can drop me a line at P.O. Box 927 - Stanton, KY 40380. I appreciate your suggestions and comments.)

"Points East"

(Cont. from A2)

Branch on the dirt road that was rutted deep with coal truck tires for the couple of miles before we hit highway 7 and LC hit the gas pedal. I thought the Chevy would take wings and my Dad never told LC to slow down. We crossed Sandlick Mountain, up one side and down the other, tires squealing on the asphalt, through all it's blind and treacherous curves and coasted into to Whitesburg some 15 miles later where we woke Doc Collier up and he gave me a penicillin shot and went back to bed after charging my Dad five dollars. Doc Collier figured that if penicillin wouldn't cure whatever you had, you might as well die. He saved me from death that way, many a time.

I am absolutely sure that I did not need a shot and that I was under the most excellent of care with Mom's homemade medication because I remember the trip like it was yesterday. But when the Doctor visit was over, Dad asked LC if he could "drive her home". And LC told him to be careful. And off we went.

I recall the ride home, again like it was yesterday. Dad driving slowly up the mountain and pointing out to LC the places he had roamed and wandered in his youth, the old coal mines, then on fire, with the orange, sulfur smoke reeking out to make you gag as we drove by the head of Camp Branch and how he'd worked in them and LC, a bit worried that Dad might steer the car off the mountainside as we cruised along and he shifted gears with the handle there beside the steering wheel as we climbed the backside of Sandlick Mountain and coasted down the other side toward home.

In the meantime, I was in the huge back seat of that old Chevy and it was like the best couch I'd ever set upon. Wide and perfect for a small boy to sleep on but I was wide awake and no-longer sick. Penicillin had woke me up and I was totally cured of whatever ailment that took me to the doctor.

I bounced around and looked out one window and then another and marveled while I scratched my behind where the needle had gone in. I was still sneezing and snorting when we finally got back to the head of Blair Branch, but I figured that penicillin would eventually cure me or wear off. I knew for sure that Mom's catnip tea tasted and felt far better and did a lot more good but you don't worry much about that when you are 7.
Dad hoisted me on his shoulders when we got back to Uncle Willie's and LC had parked the car there under its new shed. And then he glanced back, when we were up the road a few steps, at LC's Chevy and he muttered to me, "Lord I'd like to have me one of them things."

Congratulations Class of 2011



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Dix River Festival & Medley Boys Entertainment

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Rockcastles Own **"Wild River Band"**
May 27th 8pm

John Berry - Country Superstar!
15 Albums 19 Top 10 Hits
What's in it for me Your love amazes me
Change my mind You and only you
Standing on the edge of goodbye
May 26th 8 pm 859-661-3054

Kristi Miller
Cashbox Recording Artist
Local girl headed to the top!
Quickly climbing the charts!
May 28th 8pm

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\$19,999 GREAT WORK TRUCK

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All prices plus tax and license.

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2011 Dix River Festival
May 25th thru May 28th

Schedule of Events:

Wednesday, May 25th Dixon Carnival Rides 5 p.m. Until Close \$8 Armband	Thursday, May 26th 5 p.m. Vendors Open Carnival Rides - 5 p.m. \$8 Armband 8 p.m. Center Stage - John Berry	Friday, May 27th 5 p.m. Vendors Open 5 p.m. Carnival Rides - - Tickets 20 for \$15 or \$1.00 Each 6 p.m. Center Stage - Pretty Baby Contest Must be registered before 5 p.m. Thurs., May 26th 6 p.m. Bike Nite - Dari Delite Lot 7 p.m. Ronnie Payne & Jeff Cain 8:30 p.m. Wild River Band -- Center Stage	Saturday, May 28th 8:30 a.m. 2 Mile Run/Walk BES 10 a.m. Vendors Open Noon - Carnival Rides - Tickets 20 for \$15 or \$1.00 Each 1 p.m. Whisper & Kranky Karaoke 3 p.m. Parade Line up - BES 3 p.m. Bittersweet Cloggers downtown 4 p.m. Parade - Grand Marshals will be Rockcastle Lady Rockets 5 p.m. Center Stage - Hot Pursuit 6 p.m. Bobby Barron & Dari Delite Gang 6 p.m. Car Cruise w/ Charlie Napier DJ 8 p.m. Kristi Miller
--	---	--	--

Lady Rocket Autographed Basketball Auctioned off at Center Stage on Saturday at 4:45 p.m.

Bring a seat and enjoy all weekend
Not Responsible for accidents

For information call 758-8635

The Roots of Rockcastle

by: Tonya J. Cook



Memories of the Ten Foot Swimmin' Hole

As we approach the hot, lazy, crazy days of summer, we look with anticipation to the vacations, picnics, reunions, and the many other summer activities that lie just ahead. However, there is a generation that often recalls the more relaxed, peaceful, and enjoyable summer. It was a time of hard work and simplicity, and young people didn't require a small fortune and all of the latest technology to have a good time.

In a conversation with Don Jones a few months ago, I had commented on the name of a county road sign along North 25, just outside of Livingston; that being the "Ten Foot Hole Road". Upon seeing it for the first time, I thought "Only in Kentucky..." or maybe Tennessee, or Georgia, or Mississippi, etc., for that matter. He gave me a short history of the name, and then it seemed perfectly reasonable. Being without pen and paper at the time, I asked if I might interview him at a later date, and he has been so kind as to relate his youthful days at the swimming hole.

The Ten Foot Hole, about a mile north of Livingston in Roundstone Creek, was a favorite gathering spot for the county's youth of a generation or more back. On hot summer afternoons and evenings, you could find young people from all over the county: Brodhead, Mount Vernon, Livingston, and surrounding communities, gathered there to cool themselves in the flowing waters, and to socialize. It was during these gatherings

that the swimming hole got its name, at least that is what Don has heard, or is generally speculated. One of the better swimmers swam all the way to the bottom of the hole and stood up, then another swimmer would stand on his shoulders, and another swimmer yet on his shoulders, and so on until the hole had been measured to be about ten feet deep.

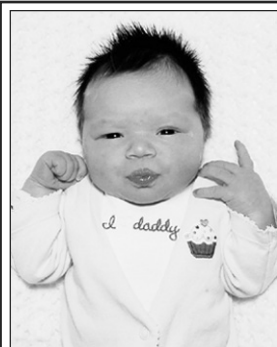
In the general vicinity of the Ten Foot Swimming Hole, there was a foot-bridge. It was built to ascend a great height, to allow for the flooding that occurred periodically. Don recalled that it may have been made of metal. Don also said that Roundstone Creek was rarely dry. There was an abundance of water at all times, and the creek was home to some large fish. Some of the locals even made a fairly good business from fishing the creek, and selling the fish to the local hotels to be served in their dining rooms.

Don suspects the old swimming hole might not be in existence anymore. Since his days there as a youth, there has been construction in the area. A concrete bridge has been built to span the creek either by the county or a gravel company that was located on farther up the road from the swimming hole. The gravel company needed a reliable means to allow their hauling of the pea-sized gravel from the quarry. The foot-bridge has been gone for many years. Isn't that the way of most everything from our youth? It has been compromised or lost all together in the name of change or progress.

On warm summer days

and hazy summer evenings, as I travel along North 25 past the Ten Foot Hole road sign, I'll have altogether a different respect for it. It may be the last physical reminder of the laughter and joy these simplistic young people had in an era that people can now only remember, and wish to be a part of. As we pass that way, it may be possible, if we listen closely and close our eyes we, too, may hear shouts of joy that once echoed through the local hills and valleys.

Disclaimer: The above story, its contents, and references are undocumented. (Remember, I'm always looking for a bit of Rockcastle history. If you have a story to tell, and all of us do, please contact me at therootsofrockcastle@windstream.net)



Welcome, Purcell Baby
Caroline Marie Purcell was born on March 22, 2011 at Carilion New River Valley Medical Center in Christiansburg, VA. She weighed 8 lbs. 12 ozs. She is welcomed by parents Aaron and Laura and big brother, Sam. Maternal grandparents are Bob and Suzanne Steveralia of Booton, NJ. Paternal grandparents are Rodney and Betty Purcell of Willailla. Maternal great grandmother is Sally Steveralia of Montville, NJ.

Happy 41st Birthday
May 28, 2011
Jeff Smithern

Love -
Your Sister
and Family



I know this is your hobby and happy birthday!
From your wife with lots of love - Sharon Wagner

2nd Annual Brodhead Homecoming Hustle

Whether you are a casual walker or serious runner, Saturday's second annual Brodhead Homecoming Hustle 2-mile run/walk will be a good way for you to get out, exercise, and improve your health.

The run/walk will begin at 8:30 a.m. this Saturday at Brodhead Elementary School on School Street.

The Hustle, sponsored by Rockcastle Regional Hospital, is part of the 2nd Annual Countywide Stride race series, designed to promote fitness throughout the county. Other races in the series are the Livingston Leap Sept. 3, the Jerry J. Cox Bittersweet 5K Oct. 8, and the Jingle Bell 6K Dec. 3. Those who participate in at least 3 of the 4 races earn a long-sleeved tee shirt.

Registration for the Hustle is \$10 through May 26, or \$12 on race day. All participants get a gift, and age group winners receive trophies or medals. Everyone will get the benefit of exercise and a good time with neighbors and friends.

For more information, contact Susan Brown at 256-7746 or email her at s.brown@rhcc.org. Any net proceeds from the event will go to the Brodhead Homecoming Committee.

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Leg
Quarters

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lb.

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Fresh Fryer
Leg
Quarters

5.99

lb.

Extra Savings

Yellow
Sweet
Corn

33¢

Ear

Cole
Slaw Mix

99¢

lb. bag

Extra Savings

Jumbo Vidalia
Sweet
Onions

59¢

lb.

Vine Ripe
Tomatoes

1.39

lb.

Butcher On Duty

7 Days a Week

8 a.m.

to

9 p.m.



Cemetery Notices



Negro Creek

To those who have loved ones buried in Negro Creek Cemetery:

Please send donations to Monticello Banking Trust Dept., 475 East Hwy. 80, Somerset, Ky. 42501 Attn: Mr. Martin or to Paul Blanton, 95 Hock Lane, Brodhead, Ky. 40409.

These are the only two that use the money for upkeep of this cemetery.

Paul Blanton
Keeper of Cemetery

Pine Hill Cemetery

We have enough money to mow the Pine Hill Cemetery two times. We need donations or we cannot continue to mow after May.

Please send donations to Lorene Ponder, 314 Jessica Circle, Richmond, Ky. 40475.

Johnetta Cemetery

Donations are needed for upkeep of Johnetta Cemetery. Please send to: Harold Ballinger, 5777 Three Links Road, McKee, Ky. 40447.

Clean-up day at the cemetery is Saturday, May 14th, beginning at 9 a.m. Everyone is welcome to come out and help.

Maretburg Cemetery

Please send donations for mowing and upkeep of Maretburg Cemetery to Gloria Seals, 5394 Brindle Ridge Rd., Brodhead, Ky.



In Loving Memory of Joy Marie Martin

If we could have a lifetime wish
A dream that would come true
We'd pray to God with all our hearts
For yesterday and you.
A thousand words can't bring you back
We know because we tried,
Neither will a thousand tears
We know because we cried.
You left behind our broken hearts
And happy memories too,
But we never wanted memories,
We only wanted you.
We love and miss you,
Mama and Erica

Subscribe
256-2244

Livesay Cemetery

Please send donations for mowing and upkeep of the Livesay Cemetery to: Gloria Seals, 5394 Brindle Ridge Rd., Brodhead, Ky. 40409.

Briarfield Cemetery

A potluck dinner will be served on Sunday, May 29th at 1:30 p.m. at Briarfield Cemetery. Donations will be accepted for mowing and upkeep of the cemetery during the holiday week end.

As everyone knows, gas is costing a great deal more and it would be appreciated if you could increase your donation somewhat.

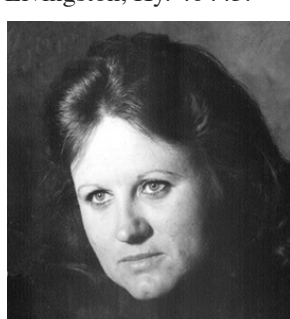
If you are unable to attend, you can mail donations to the caretaker: Roger Ely, 2148 Big Cave Road, Orlando, Ky. 40460.

Maret Cemetery

There will be a business meeting held at Maret Cemetery on Saturday, May 28th at noon. Donations for upkeep will be taken at the cemetery that day or may be mailed to: Jack Dailey, 11 Sunset Ridge Road, Mt. Vernon.

Morning View

Donations are needed for upkeep of the Morning View Cemetery. Please send to: Murphy Martin, Jr., 194 Plantation Lane, Livingston, Ky. 40445.



In Loving Memory of Linda K. McWhorter

March 8, 1958 to
May 24, 2010
A year has went by but you're still truly loved and missed.
Love - Jessica, Trinity (Pooh Shoo), Jake, Don, Sue, Carol

Signal office will be closed Monday, May 30th for Memorial Day

Freedom Cemetery

Donations are now being accepted for upkeep of Freedom Cemetery at Maretburg. Donations can be mailed to Freedom Cemetery, 335 McKinney Farm Rd. Mt. Vernon, Ky. 40456 c/o Ronnie McKinney.

Red Hill Cemetery

Please send donations for upkeep of Red Hill Community Cemetery to Dell Ponder, P.O. Box 238, Livingston, Ky. 40445 or to Clifton Bond, P.O. Box 239, Livingston, Ky. 40445.

Oak Hill Cemetery

Donations are being accepted for the upkeep of Oak Hill Cemetery. Anyone wishing to help should mail donations to Oak Hill Cemetery, c/o Bill Lear, 60 Hope Drive, Orlando, Ky. 40460. Donations will be accepted at the cemetery May 28-30. Thanks to everyone for your support, it doesn't go unnoticed.

Providence Cemetery

The Providence Cemetery Board will hold its annual meeting at 7 p.m. Monday, May 2 at the Quail Community Park building. All those concerned are welcome to attend.

Please send donations for upkeep of the cemetery to: Bill Long, 882 W. Level Green Road, Brodhead, Ky. 40409

Phillips Cemetery

Donations are needed for the mowing of Phillips Cemetery at Three Links. Please send donations to: Joyce Phillips, 3967 Three Links Road, Mt. Vernon, Ky. 40456.

Roberts Cemetery

Donations are needed for upkeep of Roberts Cemetery. Please send to: Rissie Cromer, 1240 Bowling Ridge Road, Brodhead, Ky. 40409 or donations can be taken to Community Trust Bank, either location.

Phelps Cemetery

Due to the expansion of the grounds of Phelps Cemetery, donations would be greatly appreciated to replenish funds for the upkeep. Donations may be sent to Everett Renner, c/o Phelps Cemetery at 712 Steep Hollow Rd., Mt. Vernon, Ky. 40456.

Ground flowers will be removed one month after Memorial Day. Inquiries may be addressed to: Randy Renner, 605 Steep Hollow Rd., Mt. Vernon, Ky. 40456 or 1-606-392-9763.

Branaman Cemetery

Now receiving donations for upkeep of Branaman Cemetery. Please make your check to Branaman Perpetual Care Fund, P.O. Box 127, Wildie, Ky. 40492.

Scaffold Cane

There will be a pot luck dinner and singing at the shelter at Scaffold Cane Cemetery on May 29th at 1 p.m. Bring a covered dish and a lawn chair and enjoy an afternoon of fellowship.

Donations will be accepted for the mowing and upkeep of the cemetery during the holiday week end.

If you are unable to attend, you may mail your donations to: Avia Brock, 602 Old U.S. 25, Berea, Ky. 40403.

McKinney Cemetery

The annual potluck dinner will be held at McKinney Cemetery on Sunday, May 29th at 1 p.m. at the cemetery's shelter followed by the annual business meeting. Bring a covered dish and visit with family and friends.

This year, two positions will be open on the board. Everyone with an interest in the cemetery is eligible to vote.

If you are unable to attend Decoration or the potluck, you can still send a donation to McKinney Cemetery, P.O. Bx 1691, Mt. Vernon Ky. 40456. Please indicate how you would like your donation to be used.

High Dry Cemetery

Donations are needed for mowing and upkeep of High Dry Cemetery. Please send to: High Dry Cemetery, c/o Coy Cromer, 1058 Rank Road, Mt. Vernon, Ky. 40456.

Piney Grove Cemetery Notice

Donations for upkeep of cemetery can be sent to: Piney Grove Cemetery, 16 Silver St., Brodhead, Ky. 40409. Decorations not on tombstone must be removed from ground by June 11, 2011 so mowing can continue.

New Caretakers for Maple Grove

Andrew Miller, caretaker of Maple Grove Cemetery, is unable to continue upkeep of the cemetery. It is now under the care of Michael and Kevin Robinson. Donations can be sent to 503 Maple Grove Rd., Orlando, Ky. 40460.



Free Bible Courses

Free Bible Correspondence Course. Send your name and address to 3168 Quail Road, Mt. Vernon, Ky. 40456.

Gospel Singing

There will be a gospel singing at McNew Chapel Baptist Church, featuring Straight Creek from Williamsburg, on May 21 at 7 p.m. Pastor Jerry Ballinger and congregation invite everyone to attend.

Let the Bible Speak

Tune into "Let the Bible Speak," with Brett Hickey, on Sunday mornings at 8:30 a.m. on WDKY Fox 56.

Homecoming Cancelled

The New Hope Community Homecoming (normally held at New Hope Baptist Church), scheduled for Sat., May 28th at the home of Martin and Margie Vanzant, has been cancelled.

VBS

Brindle Ridge Baptist Church will have Vacation Bible School May 30-June 3, 2011 from 6:30 p.m. to 8:45 p.m. nightly. For more information, or if you need a ride, call 606-256-9204.

Benefit Service

Faith Chapel Pentecostal Church invites everyone to a benefit service for Bro. Jack Crpenter on Saturday, June 4th, starting at 7 p.m.

Revival

Fairground Community Holiness Church will be in revival beginning Thursday at 7 p.m. with Bro. H.E. and Brent Eads.

Bro. Benton Hurd, pastor, invites everyone.

Vacation Bible School

Vacation Bible School -- Big Apple Adventure -- will be held at Scaffold Cane Baptist Church June 1-3 from 6:30 to 8:30 each night.

On Saturday night, June 4th, there will be a cookout and family night beginning at 6 p.m. Commencement is Sunday night, June 5th at 6 p.m.

Crossroad Assembly Events

June 5th, 6 p.m: A night of song and testimony with Bro. Raymond Asher at Crossroads Assembly of God, Hwy. 150, Brodhead. Anyone who is acquainted with Bro. Asher is encouraged to attend.

June 12, 6 p.m: The Cornetts will be in concert.

June 24-26: Revival services at Crossroads Assembly of God on Friday and Saturday evening at 7 p.m. and Sunday at 11 a.m. and 6 p.m. Evangelist Bro. Wayne Whittamore with special singing each service.

Pastor Steve Vanhook and congregation encourages all to come and be blessed.

Puppet Show

There will be a Puppet Show, presented by Bro. Nelson Reynolds of Mackville, Ky., at West Brodhead Church of God, Hwy. 3245, on Wed., June 1st at 7 p.m.

For more information, call the church at 758-8216.

Pastor Terry Orcutt and congregation invite everyone.

www.wbrodheadchurchofgod.com

Grab a Cab and Head to the Big Apple Adventure™

Discover adventure waiting at every corner in the Big Apple. Amid the exciting sights and sounds of the city, kids will hear Bible stories about people who stepped out in faith and connected with Jesus. Kids will learn that they can connect faith and life through a relationship with Jesus.

In this one-week adventure kids will connect faith and life through Bible stories, crafts, motivating music, and games.

The Adventure Begins at:
FIRST BAPTIST CHURCH
340 West Main Street Mt. Vernon
JUNE 6 - 10
9:00 am -12:00pm *Lunch will be served

For More Information or Transportation Call 256-2922

Summer Meal Program

Rockcastle County to Participate in Summer Meal Program

The Rockcastle County School System is participating in the Summer Food Service Program. Meals will be provided to all children without charge and are the same for all children regardless of race, color, national origin, sex, age, or disability, and there will be no discrimination in the course of the meal service. No meals are available to adults.

Meals will be provided at the sites and times as follows:

School	Dates of Service	Type of Meal	Time
Rockcastle	May 31 - June 15	Breakfast	7:45 - 8:15
High School	Not June 9 & 10	Lunch	11:30 - 12:30
1545 Lake Cumberland Rd. Mount Vernon, KY 40456			
RCMS	May 31 - June 15	Breakfast	7:45 - 8:15
945 W. Main St. Mount Vernon, KY 40456	Not June 10	Lunch	11:00 - 12:00
	July 11 - 14		12:00 - 12:30
Brodhead Elem. Brodhead, KY 40409	May 31 - June 1	Lunch (2 Groups)	10:30 - 12:30

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339 or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

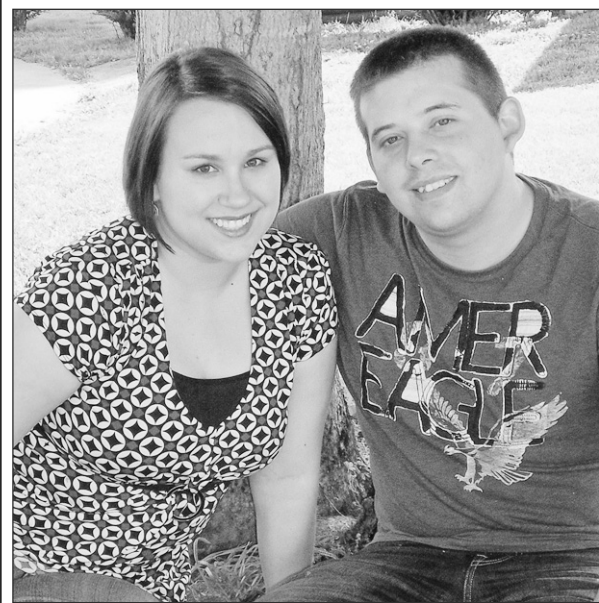
Dix River Festival Notice

Due to the Dix River Festival Carnival set-up, parking will be prohibited in parking lots on east side of US 150 from Earl's This n' That to end of city lot from Sunday, May 22nd thru Sunday, May 29th.
Thank you for your cooperation

First Baptist Church
UPWARD SOCCER LEAGUE

Register Now for Upcoming Season
For Kids Kindergarten through 6th Grade

Evaluations will be Saturday, June 4th between 10:00am and 12:00pm
Last opportunity to register for soccer season!
For more information call 256-2922



Adams - Bowling

Ronnie and Linda Adams, together with Mike and Brenda Reynolds and Raymond and Sharen Bowling wish to announce the upcoming wedding of their children, Vanessa DeeAnn Adams and Kenneth Wayne Bowling.

The wedding will be Sunday, May 29, 2011 at 3 p.m. at the Brodhead Christian Church. A reception will follow at the Kentucky Christian Assembly. All family and friends are invited to attend.



Eric and Tiffany Wallin would like to thank everyone who attended their wedding on May 21, 2011. A special thanks goes out to their parents for all their love and support, Aunt Greta for the beautiful decorations, Charlie for all your help, Aunt Sissie and Casey for the beautiful pictures, Sam and Jessica for the music, and finally everyone who was a part of the wedding party. *We appreciate everything you have done for us and love you all. Thank you so much.*



Kendra Nicole Adams, a 2006 graduate of RCHS, graduated May 7th from Eastern Kentucky University with a Bachelor of Science degree in Nursing.

We are so proud of you and give you our best wishes as you begin a new chapter in your life.
Love,
Dad, Mom, Kenton, Katie and Kevin

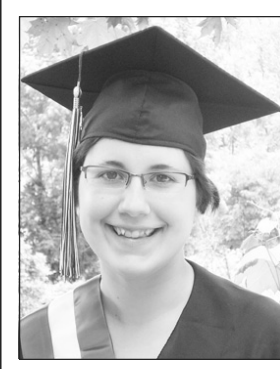
Genna Cummins, a 2005 graduate of Rockcastle County High School, graduated on May 8, 2011, from the University of Kentucky.



She received a Bachelor of Science Degree from the College of Engineering in Mechanical Engineering. Genna also holds a Bachelor of Science Degree in Applied Physics from the University of the Cumberlands. She has joined the Peace Corps and will be serving for the next two years as an Education

Resource Specialist in the Republic of South Africa. Genna is the daughter of Norma Cummins and the late Earl Cummins of Rockcastle County.

Rebecca Cummins graduated Magna Sum Laude on May 7, 2011, from Eastern Kentucky University with a Bachelor of Arts Degree in Art Education.



Becki received both the President's Award and the Dean's Award which are presented to outstanding students who achieved academic excellence. While attending college not only did she maintain a 4.0 grade point average, but she was an active member in the Art Student Association (ASA)

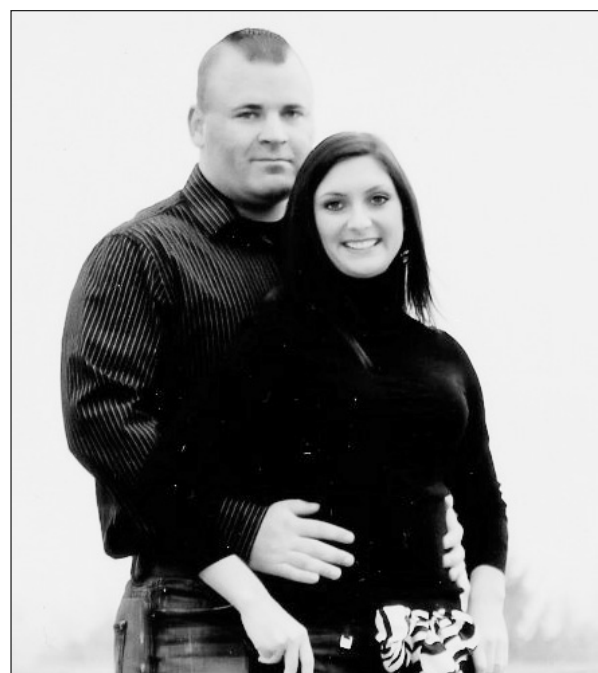
and the Art Education Student Association (AESA). Rebecca, a 2007 graduate from Rockcastle County High School, is the daughter of Norma Cummins and the late Earl Cummins of Rockcastle County.

Dr. Amanda Cummins, DO is one of the newest physicians to graduate from the Pikeville College School of Osteopathic Medicine (PCSOM) on May 21, 2011.



PCSOM has earned high marks as one of the top 20 medical schools in the nation in rural medicine. The rankings were released as part of U.S. News & World Report's 2009 online edition of "America's Best Graduate Schools."

Dr. Cummins was involved in the Sigma Sigma Phi Honor Society, the American Academy of Family Physicians, and the American Osteopathic Association, along with numerous other professional societies during her time at PCSOM. Dr. Cummins will be joining the Floyd Family Medicine Residency in Rome, Georgia. Amanda has a Bachelor of Science from Georgetown College and is a 2003 graduate of Rockcastle County High School. She is the daughter of Norma Cummins and the late Earl Cummins of Mt. Vernon.



Harness - Childress

Gary and Regina Harness, of Somerset, along with Quentin "Pete" and Tracey Childress of Mt. Vernon would like to announce the engagement and forthcoming marriage of their children, Tracy Lynn Harness, to Adam Cody Childress.

Adam is the grandson of Coy and Nancy Bradley of Mt. Vernon and the late Cecil "Pete" and Tessie Childress.

Tracy is a 2003 graduate of Pulaski Southwestern High School in Somerset and a 2007 graduate of Midway College. She is currently employed as a first grade teacher by the Pulaski County School System.

Adam is a 2002 graduate of the Rockcastle County High School and attended Union College. He is currently employed as a deputy by the Pulaski County Sheriff's Office.

The ceremony will take place on Saturday, June 11, 2011 at the White Oak Baptist Church in Nancy. A reception will immediately follow at the Center for Rural Development in Somerset. Formal invitations are being sent.

Upcoming Reunions

Mason Family 9th Annual Reunion

It's time for our Mason Day Family Reunion which will be held Sat., May 28th at the Flat Rock Baptist Church Fellowship Center, Maple Grove Road off Big Cave Road (1004) Orlando. Lunch will be served at noon and the reunion will end at 4 p.m.

The Mason families are descendants of William "Bill" Mason and Amelia Barrett Mason who lived in Orlando. Mrs. Mason was from Clay County.

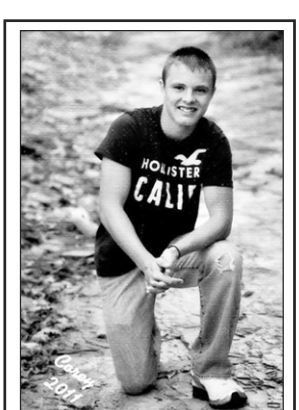
Mason Day was established in 2003 by my dad, Frank Mason who enjoyed being with family and friends. He especially enjoyed the good food we always have. He would always say, "If you want to be a Mason for a Day, come on." We would like to invite everyone to our family reunion, bring your favorite dish, Dad's specialty was shuck beans.

Family reunions are precious memories we can cherish always. Material things of this world we cannot take with us, our memories can never be taken from us.

God bless you and yours. God Bless Mason Day and God Bless our United States of America.

The following family members join me in saying, "Come on, be a Mason for a Day," Darlene Mason King, George Mason, Jr., Leon Mason, Mary Ann Mason Vanzant, Merrill Gene Mason, Charles "Buddy" Peters, Jr., Jill Halcomb Smith, Lacosta Mason Spivey and yours truly, Rosemary Mason Wyatt.

Kirby Reunion Annual Kirby Family



Congratulations Corey
We are very proud of you!
Love Granny & PawPaw

and Friends Reunion will be held May 29th at the home of Patty Richards, 1119 Three Links Road, Mt. Vernon. Please bring your favorite covered dish to share with everyone. For more info, call 606-453-2400 after 5 p.m. week nights or anytime on weekends.

Barron, Barnes, McFerron Family Reunion

The Barron, Barnes, McFerron Family Reunion will be held June 4th at Quail Park. Everyone please come and join us and bring a covered dish. Hope to see you there. Lunch served at noon.

Thacker Reunion

The Thacker Family Reunion will be held Saturday, June 4, noon to ? at Roundstone Baptist Church. All family and friends are invited. Bring a covered dish.

French Reunion

The French Family Reunion will be held at Renfro Valley Shelter on Sunday, May 29th, from noon to ? Bring a covered dish. For more info, call 330-753-4132.

Mullins Reunion

The Mullins Reunion will be held Saturday, May 28th, at Great Saltpetre Cave Shelter House. Come, bring a covered dish and enjoy the memories of days gone by. For more information, call Lyla Bell Mullins-Powell at 606-453-9410.

Too Late To Classify

Yard Sale: 207 Maretburg Rd. Given by Megan Parker. Name brand clothing and household items.

Help Wanted: Applications being taken for cook at Rock Fire Steakhouse. Apply in person.

Notice to Brodhead Residents

Please be aware that during the Dix River Festival, participants in the 2nd Annual Brodhead Homecoming Hustle will be using: Silver, Maple, Wallen Proffitt, Albright and West Streets. Please be on the lookout for the participants if you have to be on these streets during this time.



Renner - Harrison

Amberly Beth Renner and Robert Douglas Harrison wish to announce their engagement. Amberly is the daughter of Kim Renner of Mt. Vernon and Greg Renner of Mt. Sterling. She is a 2008 graduate of Rockcastle County High School and recently graduated from Paul Mitchell Hair School - Lexington. She is a stylist at Hair & Now Salon in Lexington. Robert is the son of Charles and Bettie Harrison of Red Lick, Ky. He is a 2007 graduate of Madison Southern High School. He is a fireman/hazmat technician at Toyota Mfg. in Georgetown. A September wedding is being planned.



Derek Adams, 2006 graduate of RCHS, graduated from EKU on May 7, 2011 with a Bachelor of Science degree in Agriculture Education. Derek is the son of Glen and Tina Adams of Copper Creek, grandson of Danny Simpson and Jean Simpson, Donnie Adams and Kay Fields. *We are proud of you Derek!*

April Gail Bullock, a 2007 graduate of RCHS, graduated May 7th with a Bachelor of Science degree in Nursing.



April will be working at Rock-castle Regional Hospital. Congratulations from step-father Russ and mother Debbie Duncan Daniels in Somerset, Grandparents Jerry and June Harper in Brodhead, sisters Michelle and Jessica Bullock, one niece Aubrey Thompson, lots of aunts, uncles and cousins. *We love you and are very proud of you.*

Fitness Classes

Call Jared Brown at 606-308-5163 for details

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DOOR PRIZES CONCESSIONS ON SITE!

Horse Lick Creek Equestrian Retreat

FUN HORSE SHOW
SATURDAY, JUNE 4TH, 2011
5:00 P.M.

Entry Fees - \$10.00 Per Class
\$5 General Admission
Trail Pleasure Classes - Riders Ride at Favorite Gate
Prizes - Ribbons, \$20, \$15, \$10 (1st, 2nd, & 3rd Place)
Championship Classes include Trophy for 1st Place
Classes Subject to Change

Directions: From US HWY 421, Take Hwy 1955 - 2.8 Miles to Wilder Ridge Rd.

10 girls qualify for state championships

High school's girls' track team finishes as Regional runners-up

The RCHS girls' track team capped off another great season with a Class 2A Region 5 runner-up trophy this past weekend at Boyle County. The girls' team had won the regional title for 7 straight years and have won 10 titles overall in track and field. This also marked the 14th straight season the team has been either regional champions or regional runners-up.

Host Boyle County, the pre-meet favorite, won the regional title with Casey County placing 3rd and Madison Southern finishing 4th.

RCHS qualified 10 girls in 12 events for the Class 2A State Championships. The team has been ranked in 4th in Class 2A for most of the season and will look to improve upon that at state. The girls' 3200-meter relay team of Jessica Albright, Rachel Cain, Alyssa Cox, and Bryonna Cromer qualified for state with an awesome regional runner-up finish. The girls' time of 10:35.09 was their best performance of the season.

Next up for RCHS was Alyssa Allen in the 100-meter hurdles. Alyssa ran a great race, placing 6th with an exceptional effort of 17.8 seconds.

In the 100-meter dash, Jalia Parker blazed her way to a 12th place finish with an impressive time of 14.21 seconds. The meet was only her 5th one of the season.

The 800-meter relay team of Tori Phillips, Alyssa Allen, Lyndsey Abel, and Jessica Albright ran a great race and finished 7th in 1:59.3.

The girls' 1600-meter run featured solid races from Rachel Cain and Alyssa Cox. Rachel placed 8th overall with a time of 6:09.4, while Alyssa finished 10th with an effort of 6:34.82.

The girls' 400-meter relay team qualified for state with an impressive team effort in one of the region's strongest fields of competitors in any single event. The team of Jalia Parker, Tanika Chasteen, Lyndsey Abel, and Bryonna Cromer finished 7th overall with a season's best time of 54.56 seconds.

Michaela Hunter won the regional title in the 400-meter dash with an awesome time of 1:01.12, despite the hot temperatures on the track. She automatically qualified for state in the event.

Jessica Albright qualified for state in the 300-meter hurdles with a 4th place finish and an awesome performance of 51.37 seconds. Alyssa Allen just missed state qualification, placing 7th with a great time of 53.49 seconds.

Bryonna Cromer qualified for state with a 3rd place finish in the 800-meter run. She ran a sensational new career best time of 2:34.64 in the event. Michaela picked up another

sprint regional title in the 200-meter dash with an exceptional time of 25.94 seconds. Michaela automatically qualified for state in the event.

Rachel Cain and Rakhi Patel survived a grueling 3200-meter race with strong performances. Rachel placed 5th overall with a great time of 13:19.54, while Rakhi placed 7th with an impressive time of 14:01.2 in the very hot conditions.

The girls' 1600-meter relay team completed the running events with a state-qualifying performance of their own. The team of Jessica Albright, Tanika Chasteen, Alyssa Cox, and Bryonna Cromer finished 5th with a great effort of 4:34.63.

RCHS had several state qualifiers in the field events as well. Amy Johnson won the discus competition with an amazing throw of 104'10", automatically qualifying for the state championships. Mackenzie Craig nearly pulled off a season's best throw, placing 9th with a great effort of 70'. Amy also qualified for state in shot put with a regional runner-up finish. Her throw of 31'6" was one of her best this season. Hannah Mercer also threw very well, placing 8th overall with a great effort of 25'.

Michaela Hunter claimed yet another regional championship title in long jump. Michaela led the field of competitors with a great jump of 17'3.5". Lyndsey Abel also finished 4th with a great



The RCHS girls' track team finished as regional runners-up this past Saturday at the Class 2A Region 5 Championships in Boyle County. This marked the 14th straight season the team has either been regional champion or regional runner-up, having won 10 regional titles during that time. Team members are front from left: Alyssa Allen, Lyndsey Abel, Jessica Albright, Michaela Hunter and Bryonna Cromer. Back row from left: Tori Phillips, Rachael Davis, Mackenzie Craig, Jalia Parker, Hannah Mercer, Rakhi Patel, Rachel Cain and Alyssa Cox, Amy Johnson. Not pictured were: Ashley McKinney and Tanika Chasteen.

performance of 14'10.5". Both Michaela and Lyndsey qualified for the state championships in the event.

Michaela won a fourth individual regional title in the triple jump competition leaping an impressive 36'7" for the win. Alyssa Allen finished 3rd with an awesome career best performance of 33'0.5". Both Michaela and Alyssa qualified for state.

The girls' team enters the state meet as the 4th ranked team in Class 2A. Highlands and Louisville Central are the favorites for the state title having exchanged the top two spots in the state several times already this year. Elizabethtown is currently ranked 3rd.

Michaela Hunter has an incredible opportunity to win four individual state

titles in her events since she has the top four performances of the year in Class 2A in each event. She also ended the regular season as the top ranked athlete in all three state classes in long jump, triple jump, and the 400-meter dash, while being ranked a close 2nd in the 200-meter dash, just hundredths of a second behind a competitor in Class 3A.

Amy Johnson also will be looking for the state title in discus, having been ranked 1st in the event for most of the year and currently ranked 2nd in 2A. Amy also hopes to break into the scoring column in shot put with a season's best effort.

Senior Jessica Albright will finish up her brilliant career with the 3200-meter relay, 300-meter hurdles, and 1600-meter relay and should have a great chance to score in each event. She could easily place in the top four in the 300-meter hurdles with a career best

performance of 16'. Bryonna Cromer will look to place in the top eight with another career best performance in the 800-meter run and will be hoping to break the 2:30 barrier.

Jessica Albright, Rachel Cain, Alyssa Cox, and Bryonna Cromer enter state ranked in the top ten in the 3200-meter relay and will look to place in scoring position with another great team performance that could see the team run under 10:30 for the first time

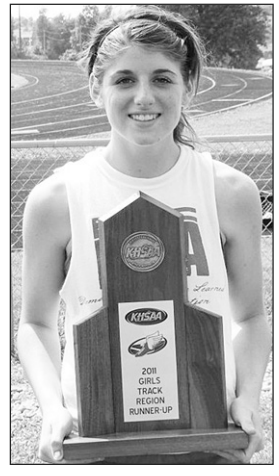
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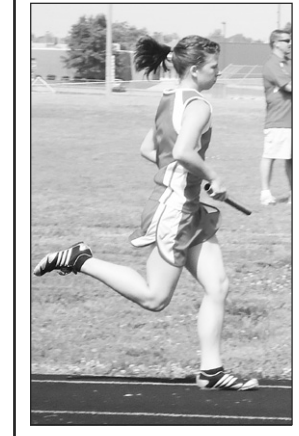
The RCHS girls' 3200-meter relay team of Alyssa Cox, Jessica Albright, Rachel Cain, and Bryonna Cromer finished as regional runners-up and qualified for the Class 2A State Track & Field Championships.



RCHS freshman Lyndsey Abel qualified for the Class 2A State Track & Field Championships in long jump (4th) and also qualified on the 400-meter relay team (7th).



RCHS sophomore Michaela Hunter qualified for the Class 2A State Track & Field Championships in long jump and triple jump, as well as the 200 and 400-meter dashes. Michaela won regional championship titles in all four events. Lyndsey placed 4th in long jump and also qualified for state in the 400-meter relay.



RCHS sophomore Bryonna Cromer qualified for the Class 2A State Track & Field Championships in the 800-meter run (3rd), the 1600-meter relay (5th), the 400-meter relay (7th), and the 3200-meter relay (2nd).



RCHS senior Jessica Albright qualified for the Class 2A State Track & Field Championships in the 300-meter hurdles (4th), the 1600-meter relay (5th), and the 3200-meter relay (2nd).



RCHS freshman Alyssa Allen qualified for the Class 2A State Track & Field Championships in the 100-meter hurdles (6th) and triple jump (3rd).



RCHS sophomore Amy Johnson qualified for the Class 2A State Track & Field Championships with a regional title in discus and a regional runner-up finish in shot put.



RCHS Senior Travis Carpenter signed to play college basketball with Alice Lloyd College. Carpenter a 5'11" shooting guard for the Rockets averaged 17.6 ppg, 77.6% FT, 5.1 rpg and 1.3 spp for the 2010-11 season. At Carpenter's signing were front row, from left: grandmother Shirley Carpenter, his father Dwayne, Carpenter, his mom Lisa and grandmother Linda Francisco. Back row, from left: Alice Lloyd Assistant Coach Nicholas Adams, RCHS Head Coach Benny Blanton and Alice Lloyd Head Coach J.R. Hammond.



The Rockcastle County Ambulance Service also had a team during the Community Scholarship Volleyball Tournament. Members of the team were, front row, from left: Amy Navarre, Tash Creech, Nichole Griffin, Madison Navarre, Becky Griffin and Dennis Stewart. Back row, from left: Robbie Carrington, Jamie McClure, Steven Griffin, and Justin Reynolds.



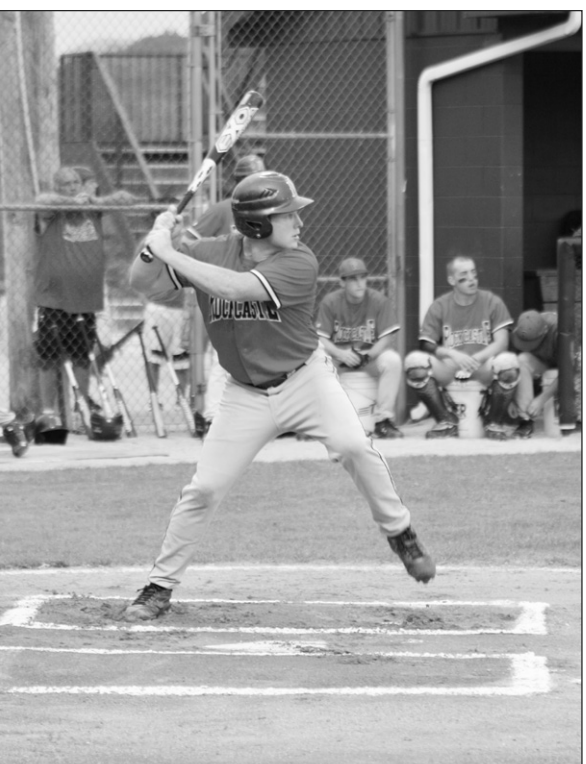
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Rockets lose in first round of districts
Rocket homerun leader John L Saylor prepares to take a swing in first round district action Monday night. The Rockets lost to Pulaski County 5-2. Somerset and Pulaski will move on to the finals. The Rockets ended their season with a winning 17-14 record.



Lady Rockets lose a pitcher's duel
The Rockcastle County Lady Rockets softball team lost a close 3-1 battle in first round district action Monday night against Somerset. The Lady Rockets ended their season 6-26. In the above photo, catcher Sam Payne catches a strike from pitcher Kaitlyn Blair.



Makayla McFerron tracks down a ball in the outfield and returns it to the infield during Monday night's action against Somerset.



You decide. Rocket Zach Reams was called out trying to beat a throw to first during Saturday's 9-4 loss against North Laurel. You can see the ball in the top left hand corner of the photo.

“Track”
(Cont. from A8)

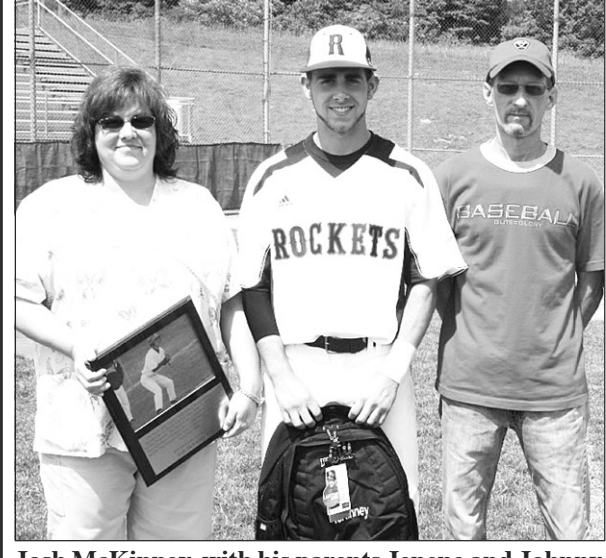
this season. Jalia Parker, Tanika Chasteen, Lyndsey Abel, and Bryonna Cromer will be looking for another season's best performance in the 400-meter relay after nearly equaling their season's best perfor-

mance in successive attempts in practice on Monday with only a few minutes rest in between races. Jessica Albright, Tanika Chasteen, Alyssa Cox, and Bryonna Cromer will attempt to finish off the meet with a season's best effort in the 1600-meter relay. With all four girls seeking career

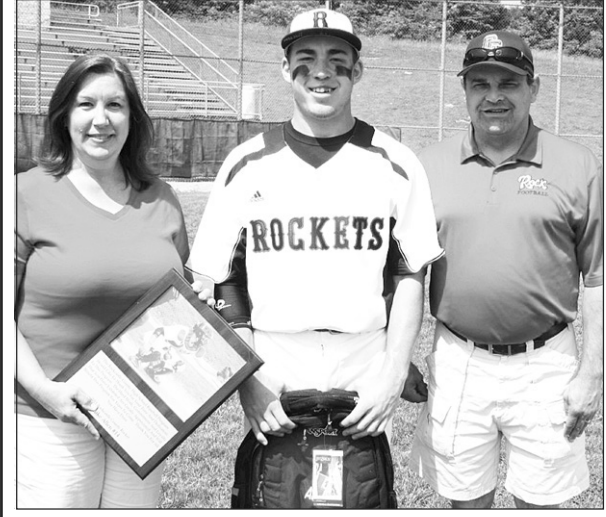
Rockets and Lady Rockets honor seniors



Alivia Bullock, with her parents, Celena and Ricky Bullock of Brodhead.



Josh McKinney, with his parents Jenene and Johnny McKinney of Brodhead.



Luke Allen, with his parents Sandy and Luther Allen of Brodhead.



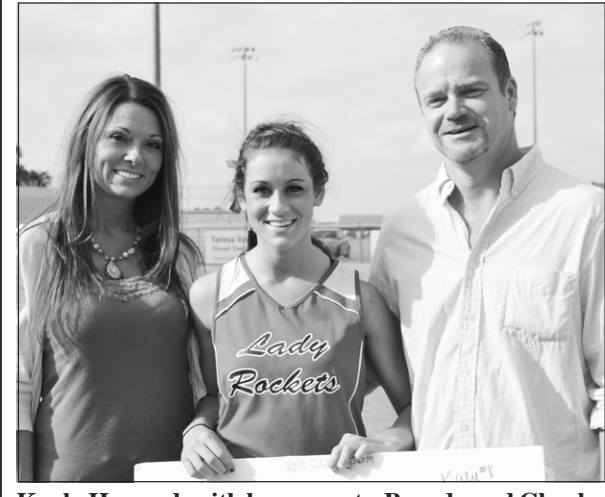
RGHS Rocket Damien McDaniel has to work to get back to first during the Rockets game Saturday against North Laurel.



The Rockcastle County High School baseball team honored their seniors Saturday morning before their last home game. In the above photo, John L Saylor, is being escorted by his parents Johnny Boone and Karen Saylor of Brodhead.



Shanlee Burton, with her parents, Charon and Shannon Burton of Mt. Vernon.



Kayla Howard, with her parents, Brenda and Charles Howard of Brodhead.



Kaitlyn Cartwright, with her parents, Tim and Kathee Owens of Brodhead.



Kasey Beth Hopkins, with her mom Teresa Hopkins, of Brodhead.



Katelyn Brown is shown being escorted by her parents, Nick and Teresa Gentry and Jim Brown, of Crab Orchard.

Cedar Rapids Recreation Center
Memorial Day Scramble
\$30 per player includes cart
Breakfast begins at 8:00 a.m.
Play begins at 9:00 a.m.
Call 256-4112
for more information

“Court” (Cont. from front)

Because the county is a coal impact county, 100% of those funds (\$85,000) will have to be used for the roads and, the court decided to add \$75,000 from the mineral tax revenue for a total of \$160,000 to be spent on roads from the LGEA fund.

The fund also can be used for protection to person and property and expenses of the coroner's office (\$45,166) are paid from the account, along with fire department support (\$46,750) and pauper burials (\$1,200).

The court also held the first reading of the 2011-12 \$6,266,681 budget and it was approved as originally presented with a few changes, primarily to the estimated revenue from the insurance license fee tax. County Treasurer Joe Clontz told the court that he had raised the original estimate of \$325,000 to \$405,000 based on receipts from the tax through March of 2011. The changes to the LGEA fund also were included.

The budget presented for the first reading also included funding for only one half of the support (\$112,900) through December, given the sheriff's department with the exception of funding for which the court receives reimbursements from the state and federal governments. The court took this measure because the sheriff will have to present his 2012 budget to the court in December and a decision will have to be made by the court at that time if the current level of support can be maintained.

In other business at the called meeting, the court preapproved recurring expenses for the year, i.e., utilities, payroll, approved \$5,500 for radios for the Brindle Ridge Volunteer Fire Department - paid for by coal severance funds and a claim for \$750 by Ray Lear for a concrete base for

bleachers at the girls' softball field at Brodhead.

Reapportionment Commissioners Named

During the meeting, the court was presented with a list of names, by County Judge/Executive Buzz Carloftis, from which to pick the three civilian commissioners who will draw up a reapportionment of magisterial districts.

Carloftis told the magistrates that names on the list had been suggested to him by the public and that several he had asked to serve, had declined.

A vote was taken by the magistrates and the three chosen were: Dr. Mike Hamilton, Larry Doyle and David Owens. County Clerk Danetta Allen will serve as a non-voting member of the commission.

The reapportionment was necessitated by the 2010 census which found a 66% variance between the most and the least populations in the magisterial districts.

The commissioners will draw up a plan to allot the 3400 population as nearly as possible, with only a 10% variance between the most and least population, and present it to the court.

The court can accept or reject the report but if they reject it, they must come up with their own reapportionment with the same population guidelines.

“Vanwinkle” (Cont. from front)

ings, Vanwinkle waived his right to indictment and presentencing investigation, and Judge David Tapp sentenced him to three years imprisonment for the criminal abuse charge.

Vanwinkle was already on probation stemming from a separate charge, with four years left on that sentence, making a total of seven years to serve. Vanwinkle is in the custody of the Kentucky Department of Corrections.

“Indicted” (Cont. from front)

licity to manufacturing methamphetamine while in possession of a handgun.

Miller posted a \$25,000 cash/property bond and Cox is currently in the Rockcastle County Detention Center under a \$25,000 cash/property bond.

Sammy A. Isaacs, 45, of Mt. Vernon Road, Berea, was charged with one count each of receiving stolen property belonging to Roberta Richards of a value over \$500 and theft by unlawful taking of property belonging to Roberta Richards of a value under \$500. Both incidences took place on April 13, 2011. He was also charged with one count each of: receiving stolen property belonging to Thomas Shaw of a value over \$500 and theft by unlawful taking of property belonging to Carlous McClure of a value over \$500. These incidences took place April 11, 2011. Isaacs posted a \$40,000 cash/property bond.

Thomas C. Alexander, 46, of Brian Lane in Berea, was indicted on two counts of receiving stolen property belonging to Lowe's of Richmond and Lexington of a value over \$500 on March 24, 2011. Alexander posted a \$50,000 cash/property bond.

Paul Stanley, 23, of Waynesburg, was indicted on one count each of burglary, first degree, for entering the home of Evia Mullins with the intent to commit a crime, being armed with a firearm, on April 4, 2011; theft by unlawful taking of property belonging to Evie Mullins of a value over \$500 and theft by unlawful taking of a firearm belonging to Evia Mullins. Stanley is in the Rockcastle Detention Center under a \$50,000 cash/property bond.

Matthew Mink, 19, of Brodhead, and William Pendry, 22, of Mt. Vernon, were each indicted on one count of burglary, third degree, for allegedly entering

a building belonging to Bobby DeBorde with the intent to commit a crime on December 6, 2010, and one count of criminal mischief, first degree, by destroying or damaging property belonging to Bobby DeBorde of a value over \$1000 on the same date. Both men posted a \$25,000 cash/property bond.

Joe M. Spoonamore, 36, of Mt. Vernon, was indicted on one count each of receiving stolen property, belonging to Kathy McDannald of a value over \$500 and one count of receiving stolen property belonging to Billy Halcomb of a value over \$500, with both incidences occurring on October 24, 2010. Spoonamore posted a \$25,000 cash/property bond.

In the same indictment, Alicia Nicley, 25, of Mt. Vernon, was also indicted on two counts of complicity to receiving stolen property by planning, counseling, promoting or aiding Joe M. Spoonamore in criminal possession of stolen property of a value over \$500. Nicley also posted a \$25,000 cash/property bond.

“Festival” (Cont. from front)

mile walk/run setting off from the elementary school parking lot at 8:30 a.m.

Vendors begin selling at 10 a.m. and the carnival rides open at noon.

The Whisper and Kranky Karaoke will be at 1 p.m. with the parade lineup beginning at 3 p.m. at the school. The Bittersweet Cloggers will also be performing at 4 p.m. and the parade will begin at 4 with the RCHS State Champion Lady Rockets set to be Grand Marshals.

At 5 p.m. Hot Pursuit will be on Center Stage and Bobby Barron and the Dari Delite Gang at 6 p.m. The Car Cruise with Charlie Napier will also be at 6 with up and coming recording artist Kristy Miller taking Center Stage at 8 p.m. The Lady Rocket autographed basketball auction will be at 4:45 on Center Stage.

“Ceremony” (Cont. from front)

sentation of diplomas to the 182 graduates by Rockcastle County Schools Superintendent Larry Hammond.

Student Casey Hasty will conduct the Changing of the Tassels to close out the ceremony.

Junior Marshals for this year's graduation will be Bailey Lake and Jay Patel.

There is a special graduation issue in this week's Signal.

Moving Sale
Belle's Place
BEGINS TODAY

Shoes 50c pair;
Glassware; Toys;
Purses; Furniture -
Everything Must Go!

Flowers For Sale
through
Memorial Day!
Don't Miss Out!

THANK YOU!

The employees of Rockcastle Ambulance Service would like to thank the following businesses for their kindness during the celebration of EMS Week 2011:

McDonald's, Snack Shack, Pizza Hut, El Cazador, IGA, Deb's Grab 'n Go & Shaker's Pizza.

We greatly appreciate your donation of meals for employees.

Mt. Vernon Fuel Center and Restaurant
Open 24 Hours a Day

Breakfast, Lunch and Dinner Specials

Located on U.S. 25, Just South of Mt. Vernon

• Long Denim and Church Skirts
• Camouflage Fabric, Calico, Quilt Batting, Baby Fleece, Baby Quilt Panels
• Sewing Supplies (thread, needles, threaders, rippers, quilting thread, straight pins, silk pins, patches, scissors)

• Scap Booking
• Summer Jacket Sets
• Scrub Tops & Bottoms
• Assorted Throw Rugs
• Memorial Day Flowers
Sprays and toppers all original made at the store by color and design.

Dollar Value Plus & Variety
2750 Battlefield Memorial at Kingston 986-1217

Renfro Valley Entertainment Center's LOCAL Summer Gospel Concert Series
Friday, June 3rd • 7 p.m.
New Barn Theater

Featuring Rockcastle County Residents:
Will Reynolds, Melissa Singleton
Pine Hill Holiness Praise Team
Shawn Burdette

Tickets are only \$10 at the door with \$1 of each ticket sold going to the Tree of Love Charity.

To Enter the Local Country/Bluegrass Concert Series coming soon, contact our special events department at specialevents@renfrovalley.com or call 1-800-765-7464

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2011 Dodge Journey Mainstreet #25007T Was \$28,430 MANN PRICE \$23,988 SAVE \$4442	2011 Dodge Durango Crew AWD #27003T Was \$37,035 MANN PRICE \$33,488 SAVE \$3547
2011 Dodge Charger #23000T Was \$30,490 MANN PRICE \$28,288 SAVE \$2202	2011 Ram 2500 Crew 4x4 #26513T Was \$43,780 MANN PRICE \$35,888 SAVE \$7892
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Mount Vernon Signal

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Second Section

Thursday, May 26, 2011

Legendary Exile exhibit opens at Ky. Music Hall of Fame and Museum



Exile band members Steve Goetzman, JP Pennington, Les Taylor and Sonny LeMaire warm up before singing at the museum. They also signed autographs, below.



Exile opened their brand new exhibit at the Kentucky Music Hall of Fame this past Friday to a large crowd. The exhibit has memorabilia from throughout the band's career which started in 1963. The exhibit can be viewed as part of the tour of the Kentucky Music Hall of Fame which is open Monday thru Saturday 10:00 a.m. til 6:00 p.m. and Sundays 9:00 a.m. til 3:00 p.m. Present at the ribbon cutting were, from left: KMHOF Vice Chairman David Jury, Chairman Roy Martin, Les Taylor, JP Pennington, Sonny LeMaire, Steve Goetzman, Marlon Hargin, Board Member Kim Owens, Board Member Bentley Cromer, and Board Member Judge David Tapp.

Rockcastle Regional sponsoring golf tourney

Rockcastle Regional Hospital and Respiratory Care Center invites golfers to a Golf Scramble on Wednesday, June 22, 2011 at Cedar Rapids Country Club in Mount Vernon, KY.

Shotgun scramble time is 12:30 p.m. The entry fee of \$300 per team of four players includes the greens fee, a cart, lunch and soft drinks. The entry fee also includes a longest drive contest, mulligans and a closest to the pin contest.

Sponsorship opportunities are available for a \$200 hole sponsor or a goodie bag sponsor by supplying 72 like items.

Golfers who participate will win the satisfaction of helping a charitable organization because the proceeds from this tournament will benefit WHAS Crusade for Children, which was established in 1954 by WHAS-TV and raises money for agencies, schools and hospitals to better the lives of special needs children. "The WHAS Crusade for Children has enabled Rockcastle Regional to improve not only the services we provide children with special needs but also their quality of life," said Brandie Taylor, Director of Speech Pathology and WHAS Coordinator at Rockcastle Regional.

Don't miss the charitable event and a fun day on the golf course. Space is limited, so sign up today!

For more information about the tournament or sponsorship opportunities, contact Arielle Reese at (606)256-7880 or visit www.rockcastleregional.org.



The City of Mt. Vernon presented the State Champion Lady Rockets basketball team with a key to the city Monday morning. In the above photo are, front row, from left: Emily Miller, Sarah Adams, Katie Linville. Second row, from left: Shanlee Burton, Kristin Abney, Angie Lawrence, Ella McQueary, Alexis Chasteen, Katie Cowan, Michaela Hunter. Back row, from left: Holly Ham, Kadi Cobb, Mayor Mike Bryant, Sara Hammond, Jill Medley, Police Chief Terry Jackson and Sydney Arvin.

Retrospective Exhibition Coming to Mt. Vernon at Church Street Art Gallery

Church Street Art Gallery and Studio will soon host the first of what may be many one-person exhibitions.

What makes this initial showing so special is that it contains representational paintings of objects, people, and landscapes spanning forty-five years of one person's life.

Some of the artwork is "on loan" and was shipped from as far away as Eugene, OR, Brunswick, MD and Jacksonville, NC, for this very special "coast to coast" retrospective.

The paintings were made by Joanne K. Guilfoil, a Rockcastle County artist who lives in Climax with her husband and two children (Gabe and Anna).

Images of livestock from this farm as well as another farm in Springfield, depict Gabe and his sister Anna when they were preschoolers...and much more.

Something For Everyone

The most recent paintings of draft horses and scenes of the Climax area will likely be of most interest to local gallery visitors.

One friend and colleague said of the painting of the two work horses "I can smell the sweat!" She is a city girl; a New Yorker.

Local kids will delight in the giant roosters, dogs, goats, fish, turtles, even an

alligator and crocodile. Current sixth graders will be amazed to see the Greyhound painting, on loan from another EKV professor, as they watched as it was painted from start to (almost) finish during an artist-in-residence at Roundstone and Brodhead Elementary.

Those who know our local creeks will love the "Painted Mud Bug," a crayfish. The visual journey ends in fantastic realism with a very loving pink flamingo and two very wild blue-green horse heads.

Paintings as Gifts and Favorites

Most all of the paintings on display are gifts, given in love and gratitude.

They represent a lifetime of thank yous even though the subjects are strange. Of course, there are favorites and stand-outs.

The draft horse paintings belong to Guilfoil's husband, John, and they are his favorites. They are visual reminders of many good times and wonderful horse-people here in Rockcastle.

Joanne's favorites are the crabs, since these were her first gouache paintings, some of which were published.

The standout painting for her is perhaps the oldest and least refined. Completed as a college student at UK in 1967, the "Broken Breast Collar" is also a portrait of one of five standard

bred horses she tended as a "groom" at the Red Mile in Lexington. It was given to her parents as a "thank you" after her senior year, and was returned after their deaths. It is still a gift, and just as cherished as the portraits of each of her children.

Opening June 3rd, 5-7 p.m.

Each visitor to this gallery exhibition will find a favorite, since the collection well represents a broad spectrum of ideas.

Come and see a lifetime of pictures unfold before you, and realize a development of style that eventually becomes photographic realism.

Some call it "precision painting." See for yourself. Enjoy special refreshments and music. Talk to Joanne, John, Anna and Gabe. They will all be present to welcome you to the Church Street Art Gallery and Studios at 40 Church Street in Mount Vernon, Kentucky.

Exhibition will be held June 3rd from 5-7 p.m. at the gallery



This scene of a farm and draft horses in the Climax area, above, and the bird below, by artist Joanne Guilfoil will be two of many paintings that will be on exhibit at the Church Street Art Gallery and Studio.



News from the Rockcastle Courthouse



Circuit Civil Suits

Linda Roark vs. Michael Roark, petition for dissolution of marriage.
 Melissa Diane Alexander vs. Boyd Edward Alexander, petition for dissolution of marriage.
 First National Bank of Omaha vs. Jacqueline R. Woods, \$17,464.56 plus claimed due.
 Capital One Bank vs. Sonya M. Robinson, \$23,515.11 plus claimed due.
 First Resolution investment Corp. vs. Penny S. Hensley, \$5,245.55 plus claimed due.
 Eugene Senters, et al vs. Jeffrey Leon Johnson, et al, \$9,000 plus claimed due.
 Richard Courtney vs. Liz Courtney, petition for dissolution of marriage
 DH Capital Management, Inc. vs. Jerry S. Fish, \$6,138.33 plus claimed due.
 Rockcastle Hospital and Respiratory Care Center, Inc. vs. Dennis Dale Stewart, \$13,780 plus claimed due.
 Faith Dean Stone vs. Darry Lewis Stone, petition for dissolution of marriage.
 Robert Smith vs. L&M Asphalt Partners LTD, complaint.
 Ronnie Lee Hensley vs. Rhonda Sue Hensley, petition for dissolution of marriage.
 Virginia Mitchell vs. John L. Mitchell, petition for dissolution of marriage. CI-00144

Not the one
 Audrey Allen Carpenter of 319 Ladyslipper Lane, Green Fish Hill, is not the Audrey Carpenter named in a Circuit Civil Suit filed against Renfro Valley LLC and reported in last week's Signal.

District Civil Suits

Capital One Bank vs. Robyn R. Taylor, \$783.75 plus claimed due.
 Asset Acceptance LLC vs. Tanya C. Romero, \$1,364 plus claimed due.
 Asset Acceptance LLC vs. Rebecca N. Durham, \$2,067.78 plus claimed due.
 LVNV Funding LLC vs. Rick Tucker, \$1,722.99 plus claimed due.
 LVNV Funding LLC vs. Jamie Hacker, \$1,139.67 plus claimed due.
 Portfolio Recovery Asso. LLC vs. Bonnie D. Clontz, \$1,235.34 plus claimed due.
 GE Money Bank vs. Joyce Poynter, \$2,111.50 plus claimed due.
 Housing Authority of Mt. Vernon vs. Angela Whitaker, complaint.
 Ephraim McDowell Regional Medical Center vs. Angela Woodall, \$1,401.22 plus claimed due.
 Rockcastle Hospital and Respiratory Care Center vs. Andy Pigg, \$1,044.79 plus claimed due.
 GE Money Bank vs. Ronnie Pennington, \$635.36 plus claimed due. C-00104

Deeds Recorded

David and Barbara Bishop, property in Rockcastle County, to Shannon and Angelina Dowell Bishop. Tax \$50.
 Estate of Edith Irene Anglin Lamb, property on waters of Roundstone Creek, to Ricky L. and Pamela S. Eason. Tax \$25.
 Commonwealth of Kentucky, Transportation Cabinet, property in Rockcastle County, to Jerry J. and Vicki

C. Cox. Tax \$1.50.
 Ray and Reba Sims, property in Rockcastle County, to Johnny and Louise Craig. Tax \$118.
 Johnny L. and Louise Craig, property in Rockcastle County, to The Craig Family Trust. No tax.
 Thelma Stokes, property on Old Brodhead Road, to Sheila McGuire. Tax \$48.
 Bobby Singleton, property on Hwy. 490, to James and Melissa McCrady. Tax \$18.
 MSPC Development, Inc., property in Sunnyside Estates, to James and Judy Kidwell. Tax \$8.
 Janet C. and Roger Hartman, property on Poplar St., to Raymond Asher, Jr. and Patricia Asher. Tax \$27.50.
 Billy and Peggy McClure, property on Charley Todd Road, to Gary W. and Tracy Nicely. Tax \$10.
 Michael and Becky McNabb, property in Rainbow Ridge Subdv., to Donna Loomis. Tax \$152.
 Marvin and Dora Smith, property on Brush Creek Rd., to David E. and Jessica M. Smith. Tax \$15.
 William and Sally Williamson, property in Renfro Valley, to Clark L. and Sondra Mullins. Tax \$80.
 Melvin L. Taylor, Sr. and Ginger R. Taylor, property in Mt. Vernon, to Melvin L. Taylor, Jr. No tax
 Gladys Roberts, property on Tyree St., Brodhead, to Teddy E. Roberts and Sammy Roberts. Tax \$20.
 Clarice and Paul Kirby, property on Main St., Mt. Vernon, to Cassie Mullins and Ernest Eric Bullock III. Tax \$25.
 Jerry Warren and Gwendolyn Carter, property in Rockcastle County, to Eugene T. and Lori E. Caldwell. Tax \$6.

Marriage Licenses

Ashley Irene McClure, 26, Livingston, fuel center to Timothy Martin West, 44, Mooresburg, TN, self-employed. 5/13/11.
 Thea Lutton, 19, Brodhead, student to Michael Whitaker, 2, Brodhead, unemployed. 5/19/11
 Elizabeth Hazel Rumsey, 37, Kings Mountain, Ky., Rockcastle Hospital to Anthony Lyn Sims, 45, Kings Mountain, Ky., Hinkle Cnst. 5/20/11
 Vanessa Adams, 24, Brodhead, teacher to Kenneth Bowling, 25, Mt. Vernon, security guard. 5/21/11.

District Court

May 16-19, 2011
Hon. Kathryn G. Wood
 Eric D. Burke: operating motor vehicle under influence of alcohol/drugs, \$200 fine and costs, \$375 service fee, 30 days operator license suspension, ADE authorized, 30 days/to serve 15/balance probated 24 months on condition.
 Anthony Martin: assault, 4th degree, 30 days/to serve/concurrent; criminal mischief, 90 days/to serve 30/balance probated 24 months on condition plus costs.
 Bobby R. Alsman, Jr: fines/fees due, bench warrant (bw) issued for failure to appear (fta), 4 days in jail or payment in full.
 George W. Bradley: fines/fees due (\$158.70), converted to civil judgment.
 Eric D. Bullock: operating motor vehicle under in-

fluence of alcohol/drugs, \$200 fine and costs, \$375 service fee, 30 days operator license suspension, ADE authorized, 30 days/to serve 15/balance probated 24 months on condition.
 Marie S. Camburn: unlawful transaction w/minor, costs plus 90 days/probated six months.
 James N. Cox: probation violation, 90 days imposed/balance of 90 days probated 24 months on condition.
 Brian Davidson: no operators/moped license, \$50 fine and costs; failure to wear seat belts, \$25 fine and failure to produce insurance card, \$50 fine.
 Shadow Day: fines/fees due (\$118), bw issued for fta/3 days in jail or payment in full.
 Jennifer R. Jones: reckless driving, \$100 fine and costs; public intoxication, \$100 fine and costs plus reasonable restitution both counts.
 Cody J. Kimber: no/expired registration plates and failure to maintain required insurance, license suspended for fta/bw issued.
 Amanda L. McCormick: fines/fees due (\$158), bw issued for fta/4 days in jail or payment in full.
 Damien McPherson: fines/fees due (\$233), bw issued for fta/5 days in jail or payment in full.
 Carisa D. Ratliff: no operators license in possession, \$25 fine/suspended plus costs.
 Casey Renner: no operators license in possession, \$25 fine and costs.
 Robert I. Rose: fines/fees due (\$263), bw issued for fta/5 days in jail or payment in full.
 Angela K. Samples: fines/fees due (\$183), bw issued for fta/4 days in jail or payment in full.

Samantha J. Sizemore: fines/fees due (\$338), bw issued for fta/7 days in jail or payment in full.
 Bobby F. Stallsworth: defective equipment, \$50 fine and costs.
 Jerry C. Cain: speeding, \$30 fine and costs; failure to wear seat belts, \$25 fine.
 Cinderella R. Cook: speeding, \$36 fine and costs; failure to wear seat belts, \$25 fine.
 Misty Gail McHone: theft by unlawful taking, 10 days/to serve 1/balance probated 12 months on condition; controlled substance prescription not in original container, \$100 fine and costs.
 Karl W. Pittman: driving on DUI suspended license, \$100 fine and costs and 30 days/probated 24 months on condition.
 Walter Abrams: failure to use child restraint device in vehicle, \$100 fine and costs.
 Bryce W. Baker: no operator licener in possession, \$50 fine and costs.
 Jerry D. Barron: fines/fees due (\$133), 3 days in lieu of fine.
 Bonifacio Bautistia-Juarez, alcohol intoxication in public place, \$50 fine and costs.
 Casey Bradley: possession of marijuana, \$100 fine and costs.
 Stormy D. Bullock: criminal mischief, 10 days/probated 24 months on condition plus costs.
 Henry R. Haling: drug paraphernalia, \$100 fine and costs, 10 days/probated 24 months on condition.
 Randal G. Hasty: disorderly conduct, bw issued for fta.
 Glendale D. Hembree: no/expired registration plates, and three other charges, bw issued for fta/license suspended.

(Cont. to B4)

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RCHS Band seniors from left: Matt Fields, Dalton Hutton, Sarah Morgan, Ethan Miller, Mallory Harper and Elliot Jackson.

RCHS Band says goodbye to seniors

Submitted by A. B. Sharpe

The class of 2011 is now readying to move on. Graduation is tomorrow night. We have watched them all mature through their years as Marching Rockets.

Trombonist Matt Fields is going to UK to be an engineer. He will probably continue to do Band in college. Percussionist Mallory Harper is preparing to attend the University of the Highlands this fall but has not declared a major yet. She plans to be involved in their marching band. Alto Saxophonist Dalton Hutton will be attending the University of the Highlands this fall and plans to major in Music Education. He is also planning to march. His other interest is church. Percussionist Elliot Jackson plans to go to UK and is majoring in Mining Engineering. He also likes video games, skateboarding and eating. Trumpeter Ethan Miller is going to UK this fall and plans to pursue either mining or electrical engineering. His other interests are playing piano and video games. Field Commander and clarinetist and percussionist Sarah Morgan will be attending UK this

fall but has not declared a major and would like to return to Rockcastle in the long term. She enjoys learning about other cultures and the arts. "Anything creative is usually interesting to me."

They all had some parting advice for those considering becoming a part of the Marching Rockets tradition: Matt says, "Do it, it takes time but it is time well spent." Mallory says, "Work hard, have fun!" Dalton says, "Stay with it! Just because you are a good musician right now doesn't give you the right to quit!" Elliot says, "When you go in always try your hardest and the fun is later in the season and is worth it!" Ethan says, "To be ready to put in a lot of time and have fun with it." Sarah says, "I would let them know that there are so many opportunities to learn about life lessons and to make a lot of really close friends. Marching Band has a lot of ups and downs but is worth every ounce of dedication in the end."

All these wonderful young adults will be sorely missed by their Band comrades. We congratulate them and wish them well. The 2010-11 season has ended.

In other news, last

week's first ever Rocket Car Rally was definitely a success. Despite the seemingly ever-present drizzle all who attended had a great time. The winners of the cash prizes were Tanya and Rylan Cromer in First Place, Will Walker and Marcus Bolyard in Second Place and Morgan and Mallory Harper in Third Place. The separate prize for Observation Skills was won by Tanya and Rylan Cromer. Many thanks to all who participated or helped and special thanks to First Baptist Church for the use of their grounds. All are looking forward to doing this again.

See you next year. Have a great summer!

Band Notes

Fundraising is a necessary part of any band program to help offset the high costs and provide opportunities for all students who wish to be involved in the music programs here in Rockcastle.

Monday, June 6th, Monday July 4th, Monday August 1st— Pizza Hut Nights! Start planning now to eat out. Whether dining in or carrying out, mention the band and you can know that you helped them out.



Members of the Rockcastle County High School's JROTC canoed on the Rockcastle River on Saturday, May 14th.

Local JROTC canoes on Rockcastle River

Submitted by

cadet LTC. Felicia Boggs

Rockcastle County High School's JROTC canoed on the Rockcastle River on Saturday, May 14th. The cadets rented their canoes from Rockcastle County Adventures, grabbed their waterproof gear, and headed out on the water.

The weather didn't cooperate as we hoped and by lunch time it had begun to pour the rain with thunder and some lightning. We settled down off the river and kept warm until the thunder and lightning had stopped.

Then we decided to brave the murky waters again, but it was definitely

an adventure and more challenging this time; we were more prone to getting flipped. All cadets kept their hopes up for sunshine and eventually the weather was nice enough to swim in the water.

The part that was the most fun was when we got out of our canoes, got in the water, linked arms, and let the rapids pull us down stream. We had to grab tree branches, and hold on to each other to make it back up the stream where the canoes were beached. Ms. Trembula was one of the chaperones, and she also thought that part to be fun.

The sun came out so we spent a good amount of time

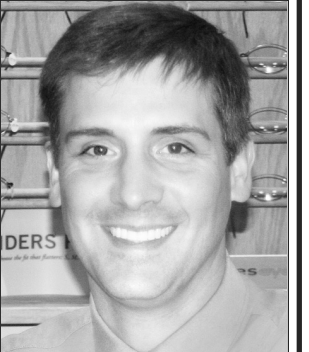
on the river enjoying the scenery, having fun, and enjoying the change in the weather. SFC Graves and a few others were ready to flip canoes as we were trying to bring our canoes in and stop for our final place to swim. Here we jumped in the cold water and played some river football. All together the canoe trip was, as one cadet put it, "miserably fun." JROTC usually tries to do this every year. This year was definitely a trip that our cadets will remember.

The following canoed the river: Mark Anderson, Jonathan Alexander, Jesse Artley, Randell Bagget, Felicia Boggs, Megan Boggs, Amethyst Chiantaretto, Luke Coffey, Caleb Cornelius, Crystal Doan, Joseph Doan, Garrett Hasty, Heather Holden, Jacob Houk, Justin Houk, Crystin (Shania) Lawson, Joshua Linville, David Lunceford, Brady McClure, Brooke McGuire, Austin Smith, Shawna Smith. SFC Keith Graves, Connie Thompson, CPT Jeffrey Thompson, and Rebecca Trembula.

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Watch for different listings next week.

HOMES FOR SALE

Just Listed! Stop The Press! This lovely home features a LR, DR, Kit, 2 BR, 1 1/2 BA and utility room on the first floor. The second floor features 2 BR, Den, and 1 BA. Other amenities include a full basement with fireplace, two car attached garage with storage overhead, heat pump, central air, above ground pool, barn, city water and septic system all situated on 2 acres m/l. Call today for your appointment. M2657

Picture Perfect! Mountain top view home features 3 BR, 2 BA, LR with fireplace, FR, UR. 2 car attached, 2 car detached garage, shop. Situated on 43 acres near Brodhead. Motivated Sellers. \$219,000. M2623

Elegant Home... in Mt. Vernon. Frontage on two roads. Home features FR & LR with fireplaces, eat in Kitchen, DR, 3 BR, and 2 BA all on the ground level. Large family/rec room plus other room in basement and a garage. Come take a look at this drastically reduced home - \$175,000. M2453

Historic! Describes this 2 story log home (Lair House) and 5 acres. Home has been completely renovated, approx. 5,600 sq ft of living area. Great for commercial or residential. Unsurpassed workmanship. Also apartment over the garage. Reduced to \$375,000. M2460

Brick Home With 13+ Acres! This home has 3 BR, 2 BA, eat-in KIT, large formal LR, large formal DR (could be used as FR). Unique 2 room cabin, chain link fence, 30x32 barn. Lots of potential \$118,000. R91789

Log Cabin located on the Rockcastle River. A nice get-away or vacation home. Log cabin with stone built-in for wood stove. Insulated bullet proof glass in eve of cabin colored glass. Reduced to \$30,000. R95940

New Listing! Easy on the Eyes, Easy on the Budget! That is actually what this 4 BR, 2 BA home has to offer. Situated on an acre +/- with a nice country setting this property feels like home. Other amenities include: central air, city water, minutes from town, gas, fireplace and a nice master suite. All of this priced at \$54,900. M2655

Spring is in the air! This home consists of 3-4 bedrooms, two baths, kitchen, dining room, city water and sewer. Central heat and air and KU utilities. Yard is fenced in and has a pool in back. Located on a dead end street and priced at \$89,900. M2643

Affordable & Convenient! This property consists of 2 acres with city water, sewer, KU, 14 x 60 mobile home has 2 bedrooms, 1 bath, living room kitchen/dining combo, W/D hookup. Storage building. Call to view. \$32,000. M2607

SOLD

Million Dollar View Is Free - immaculate 3 BR home, 2 BA, kitchen cabinets galore, formal DR, LR with fireplace, utility, 28x32 garage and end of the road privacy, 1 1/2 acres near Renfro Valley. M2640

Beautiful Home & Great Location! 2 story brick home situated on 4.876 acres with LR, DR, FR, Kit, Foyer, BA, and UR on 1st floor. 2nd floor has 3 BR, 2 BA. Amenities: 2-car attached garage, front porch, rear patio, blacktop drive, storage building. Kitchen appliances, heat pump, central air, city water, septic system, fireplace and alarm system. M2522

Enjoy the Peace and Serenity of Country Living! This 28x60 vinyl sided doublewide is situated on 8.44 acres by survey. Features eat-in kit., LR, 3 BR, 2 BA and utility. Extras: 1-car attached carport, detached garage building, barn and so much more. A creek runs through the property. Priced to sell at \$79,000. M2639

Commercial Property at a Great Location. Nearly 3/4 acre across from Rockcastle County High School. Blacktop lot, water, sewer, and two buildings. Ideal for offices, food or auto. Priced at \$199,900. M2510A

COMMERCIAL PROPERTY

Sale Pending

Commercial Property - Lot measuring 3/10 acre improved with metal building. M2510B

Great Investment Opportunity! 19.138 acres overlooking Renfro Valley and joining the KOA campground. City water and sewer available. Lots of development potential. \$115,000. M2638

Heart of Renfro Valley! 1.43 acres of commercial property with 325 ft. of road frontage, two blacktop entrances, level lot, city sewer available, one mile north of I-75. Priced at \$99,000.00. M2642

For Sale or Lease! Only one mile out of Mt. Vernon, this commercial building with vault is ideal for any retail office. Includes outdoor shooting range. \$59,900. M2645

LOTS/ACREAGE

They're Going Fast! Conveniently located between I-75 and 461, over 100 restricted building lots in the newly developed Rainbow Ridge Subdivision. Newly blacktopped roads - city water - some lake views. Prices range between \$11,900 - \$16,900. M1798

Several....Large Country Lots, with a great view! Holbrook Estates in the Brindle Ridge section- convenient to Mt. Vernon & Berea. City water, cable TV, lots measure 3/4 to 1 acre. Prices range from \$9,900 to \$12,900. M1796

"A" Rated! Prime and almost perfect is the best way to describe these well located lots! Located in an exclusive neighborhood between Mt. Vernon and Brodhead on Hwy 150, these restricted lots are ideal for your new dream home! Prices range between \$10,000 and \$14,500. M1941

127 Acres more or less by the boundary! This 127 acres m/l is mostly wooded with some young timber. If you're looking for recreational land or simply a get-away, then be sure to call for your appointment today. M2635

13 Acres overlooking Mt. Vernon on old US 25. Building sites -- convenience. Won't last long. Priced at \$24,900. M2444

Lots Available! Now in the Lear Crest Subdivision. There are 7 lots to choose from so hurry to take your pick. Priced at \$11,900 each. M2346

FUTURE AUCTIONS

Absolute Auction of Mr. and Mrs. Kenneth Edwards' 160 Acre Farm in Tracts
Saturday, May 28th at 10:00 a.m.
Hwy 769 (Rush Branch Road) Somerset, Ky.

Absolute Auction Eddie Stout and Mary Lynn Stout's 150 Acre Farm in Tracts & Farm Equipment
Saturday, May 28th at 1:30 p.m.
Ben Nelson Road, Eubank, Ky.

Absolute Auction of Christian Appalachian Project's Surplus Vehicles & Equipment
Friday, June 3rd • 10:00 a.m.
Renfro Valley, Ky.

Auction of Mr. and Mrs. Ronnie Fritt's Modular Home, Commercial Garage Building and Acreage (in tracts)
Friday, June 3rd at 5:30 p.m.
53 and 91 Dantley Drive, Corbin

Absolute Estate Auction of the late Mildred Buis' House and Lot ~ Antiques and Personal Property
Saturday, June 4th 10:00 a.m.
14140 N. Hwy. 1247, Eubank

Call Our Agents Or Visit Our Website At www.fordbrothersinc.com For Information About These And More Properties!

Sam Ford256-4588	Jeff Burdette308-4510
Danny Ford256-4446	Harold Bustle308-3963
Jeff Cromer308-1314	Sandy Bullen758-8418
Teresa Stevens758-8051	Crystal Frith256-9298
Matthew Silcox308-2339	Jennifer Hand ...606-392-1999
Johnny Alcorn256-4510	

From the Conservation District Students honored in art and writing contest

The Rockcastle County Conservation District, along with Rockcastle County Kentucky Farm Bureau, and the Kentucky Division of Conservation, recently rewarded several students for their efforts in the annual Jim Claypool Conservation Art and Conservation Writing Contest. The annual contest banquet to recognize the winners was held on Tuesday, May 10, at Pizza Hut in Mt. Vernon.

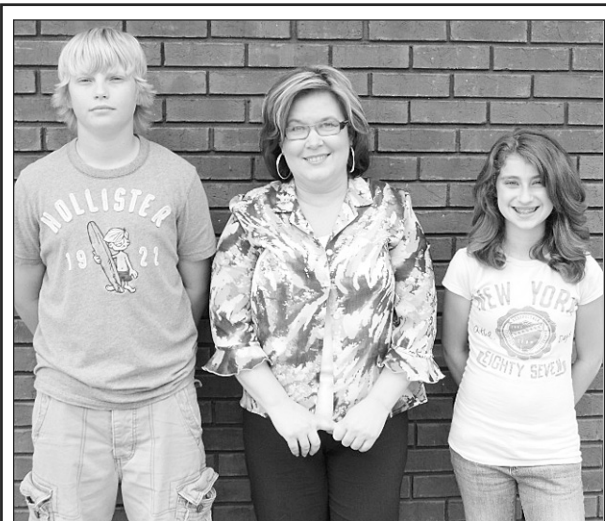
All students in the county were given the opportunity to participate in the contest. The theme for this year's contest was Kentucky's Soil: All Hands In. The participants did outstanding work in creating posters and writing articles promoting soil conservation.

The County Writing contest winner was Madisan Miller, a 9th grader from Rockcastle County High School. The County Art winner was Logan Miller, a 5th grader at Mt. Vernon Elementary.

a \$25 check from Kentucky Farm Bureau; and \$50 cash, a plaque, t-shirt, and certificate from the Rockcastle County Conservation District. First, second, and third place winners from each school received a cash prize from the Conservation District, a t-shirt, and a certificate.

Special recognition was also given to the teachers who were outstanding in promoting the contest and had the most participation in the contest. Those were Mrs. Patsy Alcorn from Brodhead Elementary, and Mr. Roy Reynolds from Rockcastle High School. They received a plaque and a \$25 check for their classroom.

The Conservation District greatly appreciates the cooperation of Pam Burdette and Pizza Hut, all the schools: their teachers and administrators, and the sponsors of the contest; Kentucky Association of Conservation Districts, and Kentucky Farm Bureau.



Conservation Writing Contest winners from Rockcastle County Middle School were, from left: School Winner, Lucas Jones; Assistant Principal Tammy Miller; and 2nd Place, Courlyn Vanhook.



Conservation Writing Contest winners from Rockcastle County High School were, front from left: Honorable Mention, Amie Hale; 3rd Place, Elizabeth Lawrence; and School and Overall County Winner, Madisan Miller. Back row from left: 2nd Place, Adam Poynter; and Teacher Award Winner, Mr. Roy Reynolds.



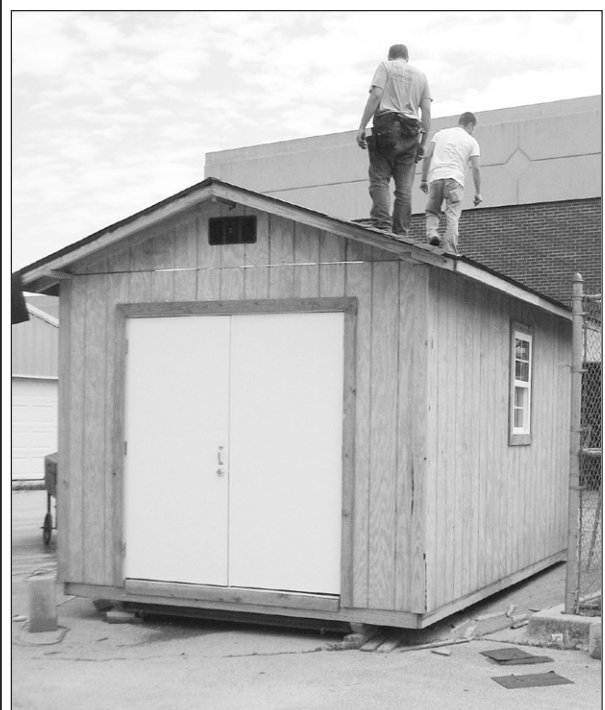
Conservation Art Contest winner from Mt. Vernon Elementary and overall County Winner was Logan Kidwell, shown with his teacher Mrs. Sheila McQueary.



Conservation Art Contest winners from Roundstone Elementary were: 2nd Place, Jackson Cromer; and School Winner, Joy Frith.



Conservation Art Contest winners from Brodhead Elementary were, from left: Teacher Award Winner, Mrs. Patsy Alcorn; 3rd Place, Allie Green; 2nd Place, Evan Hendrickson; and School Winner, Logan Kidwell.



RGHS Agricultural Constuction class to build two storage buildings

Submitted by Assistant Reporter Kelly Anderkin
In the RGHS Agricultural Construction class, part of the curriculum is to build two storage buildings. The class is currently working on this and they are doing a great job, even with all the rain we've been having.

The buildings are 10'x16' and have double metal doors. One of the buildings has two windows, one on either side of the structure, and the other building has no windows.

These buildings will have shingle roofing on them. The building with windows will cost \$2,200 and the building without windows will cost \$2,000.

If you are interested please contact Jeff Hayes by calling him at: (606)-256-4816 or by emailing him at: jeff.hayes@rockcastle.kyschools.us.

Mamaw's Kitchen

By Regina Poynter Hoskins

DIJON HONEY DRESSING

The recipe for this dressing came from Grady's restaurant in Knoxville, Tennessee in 1985. It was their house dressing and was made fresh daily. It's wonderful on a green salad or as a dipping sauce for fresh vegetables. Also works as a dip for chicken tenders or parmesan chicken fingers. Grady's has since gone out of business, but it wasn't because of this dressing.

1 cup mayonnaise
1/8 teaspoon onion salt
1/4 cup Dijon mustard
3/4 teaspoon cider vinegar
1/4 cup vegetable oil
Small pinch red pepper
1/4 cup honey
Garlic powder (optional)
Blend all ingredients together with wire whisk. This keeps in refrigerator for about 3 weeks. (Discard when oil starts to separate.)

PARMESAN CHICKEN BITES

1 pound chicken breast, skinless, boneless
1 tablespoon olive or vegetable oil
1/2 cup bread crumbs
1/2 cup parmesan cheese
Preheat oven to 400°. Cut chicken breast into 1-inch cubes. Pour the oil into plastic bag. Add chicken to plastic bag with oil. Close bag and shake so all chicken is coated with oil. Add parmesan cheese and bread crumbs to bag with chicken. Shake again to coat with the cheese and bread crumbs. Spread out single layer on a

cookie sheet that has been sprayed with non-stick cooking spray. Bake for 20 minutes.

SESAME CHICKEN BITES

1 pound chicken breasts, skinless, boneless
1/4 cup sesame seeds
1/2 cup seasoned bread crumbs
1 teaspoon garlic salt
1/2 cup mayonnaise or Miracle Whip®
Dash black pepper
2 to 4 tablespoons vegetable oil
Cut chicken into 1-inch cubes. In a large plastic bag put the bread crumbs and sesame seeds. In a small bowl mix the mayonnaise with the garlic salt and black pepper. Coat chicken in mayonnaise mixture and then put in bread crumb mixture a few at a time. Shake to coat. Heat oil in a large skillet. Sauté chicken until juices run clear and all sides are browned.

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(don't use your name is not required)
Toll-free Treatment Help Line
1-866-90-UNITE

ABSOLUTE Auction

of Christian
Appalachian Project's
Surplus Vehicles & Equipment
Friday, June 3rd
10:00 a.m.
Renfro Valley, KY

LOCATION: Just off of Hwy 25 N. Past Renfro Valley (toward Berea). Watch for auction sign.

VEHICLES & EQUIPMENT INCLUDE: 1997 Lumina, 1998 Lumina, 1994 Chevy 1500, 2000 Taurus, 1997 Ford Windstar, 2002 Chevy Venture, 2001 Dodge Intrepid, 1989 Camper, Wood Stove, Bush Hog

TERMS: Cash or check in full the day of the sale.

Announcements day of sale take precedence over printed matter.

For additional information, contact the selling agents.

Ford Brothers, Inc.
REALTOR/AUCTIONEER: SAM FORD
www.fordbrothersinc.com
Mt. Vernon, KY
Somerset, KY 606-679-2212
London, KY 606-878-7111
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340 West Main Street
Mt. Vernon

FRIDAY JUNE 3rd

8:00 till 1:00

SATURDAY JUNE 4th

8:00 till ?

PROCEEDS WILL GO TO FUND OUR ALASKA
MISSION TRIP

NOTICE TO CUSTOMERS OF KENTUCKY UTILITIES COMPANY RECOVERY BY ENVIRONMENTAL SURCHARGE OF KENTUCKY UTILITIES COMPANY'S 2011 ENVIRONMENTAL COMPLIANCE PLAN

PLEASE TAKE NOTICE that on June 1, 2011, Kentucky Utilities Company ("KU") will file with the Kentucky Public Service Commission ("Commission") in Case No. 2011-00161, an Application pursuant to Kentucky Revised Statute 278.183 for approval of an amended compliance plan ("KU's 2011 Environmental Compliance Plan") for the purpose of recovering the capital costs and operation and maintenance costs associated with new pollution control facilities through an increase in the environmental surcharge on customers' bills beginning January 31, 2012 under KU's existing Electric Rate Schedule ECR, also known as the environmental cost recovery surcharge.

Federal, state, and local environmental regulations require KU to build and upgrade equipment and facilities to operate in an environmentally sound manner. Specifically, KU is seeking Commission approval of Certificates of Public Convenience and Necessity ("CPCN") to construct new Particulate Matter Control Systems to serve all units at the Ghent Generating Station in Ghent, Kentucky, and to serve all units at the E.W. Brown Generating Station in Burgin, Kentucky, to comply with the national emissions standards for hazardous air pollutants proposed by the U.S. Environmental Protection Agency ("EPA"). The Particulate Matter Control Systems are also being installed to comply with EPA-imposed sulfuric acid mist and opacity requirements. Additionally, KU is seeking recovery of costs associated with these environmental projects, which are necessary for compliance with the federal Clean Air Act, the federal Resource Conservation and Recovery Act, and other current or proposed environmental laws and regulations, and enforcement actions. These additional projects primarily relate to installing Particulate Matter Control Systems to serve all units at the Ghent Generating Station, installing Particulate Matter Control Systems to serve all units at the E.W. Brown Generating Station, converting the main coal combustion residuals treatment basin at the E.W. Brown Generating Station to a landfill and other pollution control facilities. The capital cost of the new pollution control facilities for which KU is seeking recovery at this time is estimated to be \$1.1 billion. Additional operation and maintenance expenses will be incurred for these projects and are costs that KU is requesting to recover through the environmental surcharge in its application.

The impact on KU's customers is estimated to be a 1.5% increase in 2012 with a maximum increase of 12.2% in 2016. For a KU residential customer using 1,000 kilowatt hours per month, the initial monthly increase is expected to be \$1.13 during 2012, with the maximum monthly increase expected to be \$9.46 during 2016.

The Environmental Surcharge Application described in this Notice is proposed by KU. However, the Public Service Commission may issue an order modifying or denying KU's Environmental Surcharge Application. Such action may result in an environmental surcharge for consumers other than the environmental surcharge described in this Notice.

Any corporation, association, body politic or person may, by motion within thirty (30) days after publication, request leave to intervene in Case No. 2011-00161. That motion shall be submitted to the Public Service Commission, 211 Sower Blvd., P.O. Box 615, Frankfort, Kentucky, 40602, and shall set forth the grounds for the request including the status and interest of the party. Intervenor may obtain copies of the Application and testimony by contacting Kentucky Utilities Company at 220 West Main Street, Louisville, Kentucky, 40202, Attention: Lonnie E. Bellar, Vice President, State Regulation and Rates. A copy of the Application and testimony will be available for public inspection on KU's website (<http://www.lge-ku.com>) and at KU's offices where bills are paid after June 1, 2011.



After 7.5 years of service officer Brian Maupin, fifth from left, is leaving for the Kentucky State Police. Chief Terry Jackson is shown presenting a plaque to Officer Maupin. Also pictured from left are: Mt. Vernon Mayor Mike Bryant and officers Nathaniel Price, Brian Carter, asst. chief Travis Dotson, Maupin, Chief Jackson, Jeffery Parker, Jeff Harness and Adam Stallworth.

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Bookmobile Schedule
Mon., May 30th: no service. **Tues., May 31st:** Calloway, Red Hill, Livingston, Lamero, Pine Hill. **Wednesday, June 1st:** Maple Grove, Orlando and Climax. **Registration for the Summer Reading Program** will be held thru Saturday, June 4 at the library. The library is open Monday thru Friday 10 a.m. to 6 p.m. and Saturday, 10 a.m. to 4 p.m.

RGHS Cheerleaders Event
The RGHS Cheerleaders will hold a FREE car wash and bake sale on Saturday, June 4th from 9 a.m. to 2 p.m. at the Mt. Vernon Car Wash on Hwy. 150, next to the Family Dollar Store.

Reunion Planning Meeting
Attention Class of 2001: A meeting will be held Thurs., June 2nd at 7 p.m. at the Teaching and Learning Center (across from the Board of Education) to discuss and brainstorm ideas for our 10-year-reunion to be held in the fall. Everyone from the class is invited to attend and offer their suggestions for the event. For more information, email rocketclass2001@yahoo.com

Car Wash at Livingston
Livingston's Fireman's Club will host a Car Wash in front of the fire house on Sunday, May 29th from 10 a.m. to 2 p.m.

Music From the Heart (A Hospice Care Plus Benefit)
Join us on Sunday, June 12 at 2 p.m. at the Renfro Valley Red Barn for a free performance featuring live bluegrass, rock and folk by Southern Strings, Level Green, Red Headed Stepchildren and Michael Jonathan, folksinger and host of the Woodsongs Old-Time Radio Hour. Organized by Hospice's Rockcastle County Development Board. Call Angie at Hospice for more info: 1-800-806-5492.

Benefit Fundraiser at Pongo V.F.D.
Pongo Volunteer Fire Department will host a benefit fundraiser for Roger Bullock on Saturday, June 4th from 5 to 8 p.m. There will be good gospel/bluegrass music, good food and a cornhole tournament. All profits will go to help defray medical expenses for Mr. Bullock. There will also be a raffle for a 100cc kid's dirt bike for \$3 each or 2 for \$5. For tickets, call Tony at 606-687-0865, Roger at 606-687-0385, David at 606-875-2538 or any fire fighter. Come out and help us help our community.

Courthouse offices closed
All courthouse offices, except 911, will be closed Sat., May 28th and Monday, May 30th in observance of Memorial Day. The road test, CDL test and permit test will not be given Friday, May 27th due to a statewide furlough day.

MVES Spring Carnival
The Mt. Vernon Elementary School Spring Carnival will be held Friday, May 20th from 5 to 8 p.m. There will be games, prizes, food, a cake walk, themed classroom baskets. Come join the fun.

Opening Date for Berea Pool
The Berea Swimming Pool will open for the season at 11 a.m. on Saturday, June 4th. There will be a pool party for individuals with special needs of all ability levels and ages on Thurs., June 16th from 7 to 9 p.m. Please call 986-9402 for more information.

Free Movies at Berea
Free Movies Under the Stars will be held at the Berea Swimming Pool on Sat., June 11th. The family friendly flick, IHow to Train Your Dragon, begins at dark. Call 986-9402 for more info.

Service Officer in London
A certified state service officer will be at the London DAV building on West 80 May 31st from 9 a.m. to noon to assist all veterans and their dependants with VA claims. For more info, call 606-862-0032 or 606-877-1308.

Kiwanis Club Meetings
The Rockcastle Kiwanis Club meets every Thursday at noon at Rock Fire Grill. Everyone welcome.

VFW News
VFW Post 5988 is open Monday, Wednesday and Thursday at 5 p.m. for members and their guests. The monthly meeting will be held the fourth Thursday of each month, beginning at 7 p.m.

Brodhead Lodge Meeting
The Brodhead Masonic Lodge #556 meets every third Saturday at 7 p.m. on Main Street in Brodhead above Brodhead Pharmacy.

Historical Society Hours
The Rockcastle Historical Society is open on Mondays from 10 a.m. to 2 p.m. in the RTEC garage building.

RCIDA Meetings
The Rockcastle County Industrial Development Authority holds its regular meeting the first Monday of each month at noon on the third floor of the courthouse.

NA Women's Meeting
The Women's NA Serenity Group of Mt. Vernon meets each Monday at 8 p.m. at the Christian Appalachian Project Community Center, 64 Beiting Lane, Mt. Vernon. Open meeting, non-smoking.

Women's Narcotics Meeting
There will be a Women's Narcotics Anonymous Meeting every Monday evening at 8 p.m. at the Community Center, sponsored by Christian Appalachian Center. For more information, contact the Healing Rain Center at 256-5810.

Alcoholics Anonymous
Alcoholics Anonymous meets Tuesday nights at 8 p.m. behind Our Lady of Mt. Vernon Church on Williams St. in Mt. Vernon.

Agricultural News

By: Warden Alexander, FSA Director

Deadline for DCP and ACRE is here
Enrollment for the 2011 Direct and Counter-Cyclical Program (DCP) and the Average Crop Revenue Election (ACRE) program will end June 1, 2011. USDA urges producers sign up either by use of the eDCP automated website or visiting the USDA Service Center.

State ACRE guarantee and the state revenue times the ratio of the farm's yield divided by the state expected yield. In exchange for participating in ACRE, in addition to not receiving counter-cyclical payments, a farm's direct payment is reduced by 20 percent, and marketing assistance loan rates are reduced by 30 percent.

The decision to enroll in the ACRE Program is irrevocable. Once enrolled, the farm shall be enrolled for that crop year and will remain in ACRE through the 2012 crop year.

Remember: June 1, 2011 deadline and NO late filed applications will be accepted.

County Committee Nominations Open June 15
Farmers, ranchers and other agricultural producers have until August 1 to nominate eligible candidates to serve on the local Farm service Agency county committees.

FSA county committees make decisions on commodity price support loans, conservation programs, disaster programs, employing County Executive Directors and other significant agricultural issues.

To hold office as a county committee member, a person must participate or cooperate in a program administered by FSA, be eligible to vote in a county committee election and reside in the local administrative area (LAA) in which the person is a candidate. A complete list eligibility requirement is posted online at: http://www.fsa.usda.gov/Interent/FSA_File/fsa_ccelectuibs_2011.pdf.

Rockcastle County local administrative area (LAA#3) is the area eligible for nominations. This area is the northeast and southeast section of Rockcastle County bound by Garrard, Madison, Jackson and Laurel County. Highways include Little Hurricane Rd, I-75 and US HWY 25.

Individuals may nominate themselves or others as candidates. Additionally, organizations representing minorities and women may nominate candidates. All nominees must sign nomination form FSA-669A, which includes a statement that the nominee agrees to service if elected. Form FSA-669A is available at USDA Service Centers and online at: <http://forms.sc.egov.usda.gov/efcommon/eFileServices/eFormsAdmin/FSA0669A110331V01.pdf>

All nomination forms for the 2011 election must be postmarked or received in the local USDA Service Center by close of business on August 1, 2011.

OFFICE CLOSURE
The USDA Service Center (FSA and NRCS) will be closed Monday, May 30, 2011 in observance of Memorial Day. The offices will reopen Tuesday, May 31, 2011 at regular office hours.

Important program dates and Interest Rates

Direct and Counter Cyclical Program signup ends June 1, 2011

Crop Acreage Reporting Deadline is July 15, 2011

Milk Income Loss Contract (MILC) Program-signup continues

Conservation Reserve

Program-signup continues

Farm Storage Facility Loan Program continues

Maximum Discount Rate for TTPP

Farm Ownership Loans (Direct) continues

Farm Operating Loans (Direct) continues

Limited Resource Loans continues

The US Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program. (Not all prohibited basis apply to all programs). Persons with disabilities who require alternative means for communication or program information (Braille, large print, audiotape, etc) should contact USDA's Target Center at 202-720-2600 (voice and TDD). To file a complaint of discrimination write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, DC 20250-9410 Or call (800) 795-3272 (voice) or (202) 720-6382 (TDD). USDA is an equal opportunity provider and employer.

Alzheimer's caregiver training is June 10th

Alzheimer's caregiver training program is for those who have a friend or family member who has been diagnosed with Alzheimer's disease or a related dementia. Local and statewide experts in aging and Alzheimer's care will present on Alzheimer's disease, caregiving basics, legal decisions, and how to care for the caregiver.

The program will take place on Friday, June 10th from 9:15 a.m. to 4:00 p.m. at the Fayette County Extension Office.

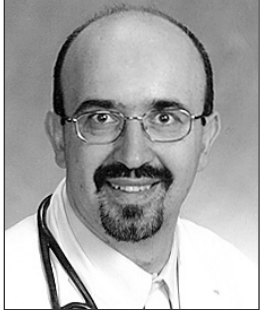
Registration is \$10 and includes lunch. Registration is required; call 1-800-272-3900.



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CLASSIFIED RATES

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 - Display Classifieds \$5.00/Inch
- Deadline for Classifieds is 10 a.m. TUESDAY

For Rent

For Rent: 2BR trailer in Mt. Vernon on private lot. No pets. Available possibly June. Taking applications now. 256-5025 after 7 p.m. or leave message. 23x4

For Rent: In Mt. Vernon. 2BR trailer. \$275 month/\$275 deposit. No pets. Must have reference. 606-308-4592. 21x2p (ntf)

For Rent: Trailer. \$300 month. No pets. 2 bedrooms. Pine Hill area, Mt. Vernon. 859-358-3560 or 606-256-3841. 25xntf

Duplex For Rent in Mt. Vernon. Call Amy Nicely 256-8700. 25xntf

Rent to Own in your area. \$2000 minimum deposit. Pets welcome. Call now 606-451-0715. 22x4

Baby Farms Baby Farms Baby Farms Pulaski County



Off Hwy 461. 3.92 acres beautiful land that has old mobile home w/ no title which can be improved or removed. Land has new septic system installed. Price is \$33,500.

5 approved building lots that have approved soil site evaluations located on Hwy. 934. 9.2 acres priced at \$59,000.

Buying or looking to relocate double wide? We have several baby farms where cost of septic system & water meter can be included in financing package.

Special Terms Available! Call Today!!!

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256-2884 or
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145 Hummel Rd.
Home 606-256-0900 • Cell 937-545-4819
Business 606-256-0900



House For Sale By Owner • \$127,000
163 Coral Ln. • Mt. Vernon • Castle Ridge Subd.
5 year old, 3 bedroom, 2 bathroom, one owner home located in Mount Vernon city limits. Home has approximately 1,675 sq. ft. on a nice level .52 acre lot. Residence has a 2 car attached garage, vaulted ceilings, atrium windows, jetted bath tub in the master suite, huge closets throughout the house, and a 12 x 16 deck. Home has fabulous hardwood flooring, carpeted bedrooms, and an incredible kitchen. All appliances go with the home including washer and dryer. Home uses KU electric and city sewer, these utility bills are amazing. Home is move-in ready and close to everything while having a private setting.
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Chris or Brooke Bishop at 606-308-1696 or 606-308-3950

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1-800-998-2063 fax 986-6173

Office Hours: Mon. - Fri. 9 to 5; Sat. 9 to 1; Sun. by appt.

- 360 PLEASANT VIEW DR - 3 bedrooms, 2.5 baths, 1.2 acres. \$69,500. MLS40032
- 960 EDWARD RD. (Crab Orchard) - 3 bedrooms, 2 bath with 8+ acres. \$129,900. MLS40006
- 90 BUFFALO SALES PENDING baths, 2.6 acres, \$67,500. MLS
- 7384 BRINDLE RIDGE - Lot A&B/3 acres tract. \$19,900. MLS 39635
- 7384 BRINDLE RIDGE - Large singlewide in good condition. 2 +/- acres. \$74,900. MLS 39632
- 5108 HAMMONS FORK RD - 50 heavily wooded acres with barn, spring, creek, \$75,000.
- HAMMONS FORK RD - 32 wooded acres. \$45,000. MLS 38830
- LOT #3 DEEP HOLLOW RD - New construction, 3 bedroom cottage style home. \$88,000.
- LOT #2 DEEP HOLLOW RD - New construction, 3 bedroom, 2 bath. 1.5 story. \$89,000.
- 175B STEPHENS RD - 1 bedroom, 2 bath, 38 acres. \$124,900. MLS 38835
- 126 TULIP CRT. LANE - 3 bedrooms, 2 bath doublewide, 21 acres. \$139,000. MLS 38740
- 914 PLEASANT DR - 7.2 acres. \$12,900. MLS38127
- COPPER CREEK RD. - 138 acres. Blacktop road frontage. \$225,000. MLS 36693
- 8 C. VALLEY DRIVE - 40 acres. Has several home sites. Doublewides welcome. \$89,000
- BEREA. We have many nice homes listed in Berea. Call one of the above agents for a showing.

STOP! Before you buy a mobile home. Own your own home, built on your lot w/low or no down payment. Homes start at \$70,000 and up. Financing available WAC. 606-421-4205 or 606-875-4860. 19x8p

For Rent: Large two story five bedroom home, 2 baths, living room, dining room, large eat-in kitchen. Located at 212 Maple St., across from Baptist Church on corner of Silver and Maple St. in Brodhead. Ceiling fans throughout. Available now. \$585 month. Security deposit and credit check required. Call 706-373-6877 or 606-758-9209. 22xntf

For Rent: Accepting applications at Mt. Vernon Housing Authority on Mondays 9 a.m. til 12 noon. Rent based on income. 256-4185. 14xntf

Accepting Applications: For 2 and 3 bedroom units at Valley View Apartments. Rent based on income. Call 256-5912. Equal Housing Opportunity, TDD for hearing impaired only. 1-800-247-2510. 36tfn

Property For Sale

For Sale: 1997 16x80 home on 2.5 acres in Red Hill area. 3BR/2BA, kitchen, dining, living room and utility room. Secluded area, front and back covered decks, landscaped with a storage building on property. Call 606-308-4980. 20xntf

For Sale: 1,600 sq. ft. 3BR, 2BA brick ranch located on 1 acre on 80 Union Chapel Rd. Completely remodeled.

Minutes from I-75. Call 765-969-0613 for details.
For Sale: 1.9 acre wooded lot on Freedom School Road. Septic tank and city water already there. 3/4 mile from 150. 606-308-2290. 37xntf

Lots For Sale: Castle Ridge Subdivision. Use same entry way as Bible Baptist Church. All lots have city sewer and underground utilities. starting at \$12,900. 606-256-5692 • 256-4504 • 308-3730. 20xntf

For Sale: Mobile home lots, located in Sunnyside Mobile Home Park. 1/2 acre lots - \$500 down and \$100 per month. Call 606-256-5692 or 606-256-5648. 43xntf

Posted

Absolutely No Hunting, fishing or trespassing on property of Duane and Betty Lewis on Turner Mtn. Rd. Violators will be prosecuted. Not responsible for accidents or injury due to trespassing. 23x3p

Posted: No trespassing or parking on property belonging to Lisa Thacker on Freedom School Road. Trespassers will be prosecuted. 24x2p

Posted: No trespassing on property of Charlene Reynolds on Sallie J. Road, Mt. Vernon. 24x5

Posted: Absolutely no trespassing, no four wheeling or hunting on property belonging to Jean Simpson on Copper Ridge Road off Copper Creek Road. Violators will be prosecuted. (6/23/11)

Posted: Absolutely no trespassing on property of Dell Ponder on Red Hill and Black Bear Lick Lane. Violators will be prosecuted. (08/25/11)

Posted: No trespassing on land belonging to James and Dorothy Rash heirs on Rash Branch Road off Chestnut Ridge. No hunting, camping, ATVs, trespassing for any purpose. Not responsible for accidents to anyone. Violators prosecuted. (12/29/11)

Posted: No hunting or trespassing on property belonging to Farmer Waddle and Clista Spivey heirs on Hwy. 490. Violators will be prosecuted. Not responsible for accidents. 7/6/11

Posted: No trespassing on Crawford Place - Old Brodhead Road. Danny Smith. 47tfn

Posted: Absolutely no hunting, fishing or trespassing on property belonging to Mark and Debbie Cummins. Violators will be prosecuted.

Posted: No trespassing, hunting or fishing on land belonging to Rachel Denney on Hwy. 3245 (former Reggie Bengé property).

Posted: No hunting, trespassing or ATVs on land belonging to Jason and Sara Coguer at Roundstone. Not responsible for accidents.

Posted: No trespassing on property known as C.B. Owens Farm across from Fairgrounds in Brodhead. Violators will be prosecuted.

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Yard Sales

2 Family Yard Sale: Saturday, May 28th, 8 a.m. to ? Home of Holly and Matt Bryant, 415 Williams St., Mt. Vernon. Lots of baby items, men's, women's and children's clothing, maternity clothing and household items. Rain cancels to following week end.

Huge Yard Sale: Corner of 461 & 1152 (Blue Springs Road). May 27, 28, 29 and 30, 8:30 a.m. to ? Lots of dishes and what-nots (antique and new), recliner, tools, quilts, children's and adult's clothes, toy box, new stuff each day. Everything cheap.

Moving Sale: Starts Saturday, May 28th off 461 on 1152. Bedroom furniture, kitchen table, large computer desk, end tables, night stands, two odd dressers, TV stand. Watch for signs. 859-248-2469.

Yard Sale: Fri. only at home of Rissie Gentry Ballinger, 385 Floyd St. Nothing more than \$1 - lots less than \$1. 606-308-9502.

Yard Sale: Friday and Saturday, May 27th and 28th, 67 Hemlock Circle, Marentburg. Lots of name brand clothes, household items, futon bunk bed, Play Station w/games, toddler bed, rocking chair, white chest, lots of scrubs - all sizes, Coach purses. Longaberger, baby and toddler clothes. Given by Debbie Cameron, Kayla Parker, Lisa Bustle.

Yard Sale: 5 Joyce St. Sat. May 28th, 9 a.m. to ? Something for everyone. Gas grill, George Foreman Electric indoor/outdoor grill, microwave, iron skillets, table and four chairs, entertainment center, towels, king and full sheet sets, clothes, shoes, Aigner purses and much, much more. Rain cancels.

Yard Sale: Home of Ricky and Celena Bullock on Hwy. 70, Saturday, 9 to ? Lots of everything, cheap.

Rummage Sale: Saturday, June 4th, 9 a.m. to 3 p.m. First Christian Church, Mt. Vernon, under shelter and weather permitting in the parking lot. All proceeds will benefit this summer's youth mission trip and youth group.

Miscellaneous For Sale

Strawberries For Sale: \$6 a gallon, U pick. Bring your own container. At the home of Fred and Thelma Mullins at Scaffold Cane. 606-256-2686, leave message or call 1-859-661-6988. 25x2

For Sale: Hay Roller - Vermeer Model 50SI. 1990 Super I excellent condition. \$5,500. 606-379-6358. 25x2p

For Sale: Farm implement trailer, 22,000 lb. axle, dual wheels, 14x16 ft., hauls 60 bales of hay, will dump. Double turning plow; disk harrow; grader blade w/3 pt. hitch; 3 pt. hitch corn drill, horse drawn; scoop, 3 point hitch; bush hog, old Gulf gas pump unfinished, all there; farm wagon running gears, no bed; farm tractor, 1948 Massey Ferguson, completely restored, looks like new. New paint and tires. Also old tires and tubes goes, doesn't use any oil. 606-256-5537. 24x2p

For Sale: Cemetery lots, Cresthaven Cemetery, Mt. Vernon. Call Bill Dowell at 308-1058. 31xntf

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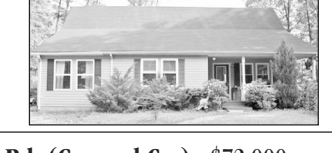
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1722 Gabbard Rd. 12.25 A - \$44,900
Reduced! Quail Rd. (14.26 A) Owner/Agent - \$45,000
Reduced! 3.03 A on Menifee Hill Rd. - \$19,900
2.5 A on Menifee Hill Rd. - \$18,900



Pets

For Sale: Miniature Doberman pups - 4 females, 3 black-1 red. Full stock. \$100 each. Mom and dad on site. All shots, wormed and tails cut. Also have rabbits for sale - all kinds of color and sizes. 606-758-9405/606-308-0545. 25x2p

All new Happy Jack Kennel Dip II: Controls fleas, deer ticks, mosquitoes and stable flies. Treats 'hot spots' and mange without steroids. Dyehouse Farm Supply (355-2301) www.kennelvx.com 24x4p

Help Wanted

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Now Accepting Applications for salesman/driver positions. Competitive pay rates, good benefits, established routes. Drivers must be 21 years of age with a good driving record and pass a DOT physical and drug screen. Apply in person at Robinson's Premium Meats, 701 Robinson Road, London, Ky. (at Pittsburg).

NP or PA needed in long-term care in Brodhead. Interested applicants must have a current APRN or PA license in KY and national certification with a focus on

family, adult or geriatric health. Previous experience in the LTC setting strongly preferred. Excellent benefits package offered and pay is based on experience (\$70-\$90K range). For additional information, contact Mina Koukklan, Clinical recruiter, toll-free at 888-759-4344 or Recruiting@integritasLTC.com EOE 24x3

The Lexington Herald-Leader has a morning route available in Mt. Vernon. Takes approx. 3 hours daily with profit potential of \$1100 monthly. Must have reliable transportation. Bond deposit required. 1-800-274-7355 Ext. 3387.

Equal Opportunity Employer AVON: Earn money by selling Avon. 1-888-528-7875. 49xntf

Motor Vehicles For Sale

For Sale: 2000 Saturn. 4dr, 165k. Needs work. \$1500. 256-9457 or 308-4573.

For Sale: Black 1990 Dodge, half ton, 318 auto., cruise control, a/c, new tires, hide-away goose neck ball, fifth wheel, \$1,500 firm. 308-3474 or 308-5550.

For Sale: 2005 Mercury Mountaineer, 69,000 miles. \$13,000. 606-386-0233.

For Sale: 90 h.p. 24 ft. 3 Pontoon, all aluminum, double axle, \$4,500. 24 ft. 65 h.p. pontoon \$2,500. 95 Chevy Cargo Van, ready to work, \$1,800. 4000 Ford tractor w/wet line, \$3,500. 801 Work Master, \$3,000. Three - 14, 16 and 18 h.p. - Power Team tractors, direct drive w/3 pt. hydraulic lift with all types of equipment, \$3,000 for all. Two junkboats, good outdrives and trailers, \$700 both. 256-4739 or 308-4739.

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D. The carpet is then shampooed with horse hair brushes using Dry-Foam lather, a solution that contains six different cleaners and fabric softener, color brightener, deodorizer, disinfectant, crystalline agent, scotch guard, & degreaser. Does not contain lye or bleach.

E. Carpet fibers are then groomed to fluff up worn walk areas to give a uniform look to the carpet.

The results: Removes over 90% of carpet soil. Rejuvenates and brightens colors and patterns of carpets. Drying times is less than 2 hours. Floor pads remain dry-Fabric Softener makes carpets soft again-Promoting the life of the carpet. Carpet manufacturers recommend Dry Foam to clean Carpets.

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Notices

Notice: The City of Mt. Vernon will be accepting sealed bids for the FY 2012 asphalt to be laid on city streets. Bids will be accepted anytime during business hours at City Hall, 125 Richmond Street or by mailing to: City of Mt. Vernon, P.O. Box 1465, Mt. Vernon, Ky. 40456. Envelope should be clearly marked Sealed Bid. The city reserves the right to accept or reject any or all bids. Bids will be accepted until May 31st at 5 p.m. 24x1

Epperson Air Conditioning, Heating, Plumbing & Electric wishes to partner with similar operating businesses and assets. Call (606) 679-7476. Located at 112 West University Drive, Somerset, Ky. 42503. 37xntf, 2010 at 11:00 a.m. 25x3

Notice is hereby given that Robert Michael Broughton, 142 Farrah's Way, Science Hill, Ky. 42553 has been appointed administrator of the estate of Robert F. Broughton on the 4th day of May, 2011. Any person having claims against said estate shall present them, according to law, to the said Robert Michael Broughton or to Hon. John D. Ford, 45 East Main St., P.O. Box 247, Mt. Vernon, Ky. 40456 on or before Nov. 7, 2011 at 11 a.m. 23x3

Notice is hereby given that Frieda Saylor, 379 Hereford Road, Brodhead, Ky. 40409 has been appointed administrator of the estate of Ernest Saylor on the 3rd day of May, 2011. Any person having claims against said estate shall present them, according to law, to the said Frieda Saylor or to Hon. Bobby Amburgey, P.O. Box 3118, Mt. Vernon, Ky.

40456 on or before Nov. 7th, 2011 at 11 a.m. 23x3

Notice is hereby given that Karen M. Sloat, 25 Chestnut Street, Brodhead, Ky. 40409 has been appointed Guardian of Taylor R. Sloat, a minor, on the 11th day of May, 2011. Any person having claims against said estate shall present them, according to law, to the said Karen M. Sloat or to Hon. Bobby Amburgey, P.O. Box 3118, Mt. Vernon, Ky. 40456 on or before November 14, 2011 at 11 a.m. 24x2

Notice is hereby given that Judy E. Duerson, P.O. Box 3065, Mt. Vernon, Ky. 40456-3065 has been appointed executrix of the estate of Wanda Hasty Berry on the 11th day of May, 2011. Any person having claims against said estate shall present them according to law, to the said Judy E. Duerson on or before November 14, 2011 at 11 a.m. 24x3

Notice is hereby given that Twila Simpson, 4392 Copper Creek Rd., Crab Orchard, Ky. 40419 has been appointed administrator of the estate of Donald Simpson on the 4th day of May, 2011. Any person having claims against said estate shall present them, according to law, to the said Twila Simpson on or before Nov. 7, 2011 at 11 a.m. 23x3

Notice is hereby given that Bobby Ray Turner, 1885 Copper Creek Road, Crab Orchard, Ky. 40419 has been appointed administrator of the estate of Sherry Lynn Turner on the 4th day of May, 2011. Any person having claims against said estate shall present them, according to law, to the said Bobby Ray Turner or to Hon. Jimmy Dale Williams, P.O. Box 266, Richmond, Ky. 40475 on or before Nov. 7, 2011 at 11 a.m. 23x3

Notice is given that Sheena

Woods has filed a Final Settlement of her accounts a administratrix of the estate of Donald Eugene McCullah, deceased. A hearing on said settlement will be held June 20, 2011 at 11 a.m. Any exceptions to said settlement must be filed before said date. 25x1

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Owens Monument: Located behind Owens Funeral Home in Brodhead. Open Mon-F 8 to 5 and Sat. 9 a.m. to noon. 606-758-9600. 14xntf

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Jim Sandusky Roofing: Free estimates. Cell 1-859-983-7877. 40tfn

Notice: Will haul off or buy scrap metal, junk cars or trucks. Metal hauled for free. 231-6788. 14xntf

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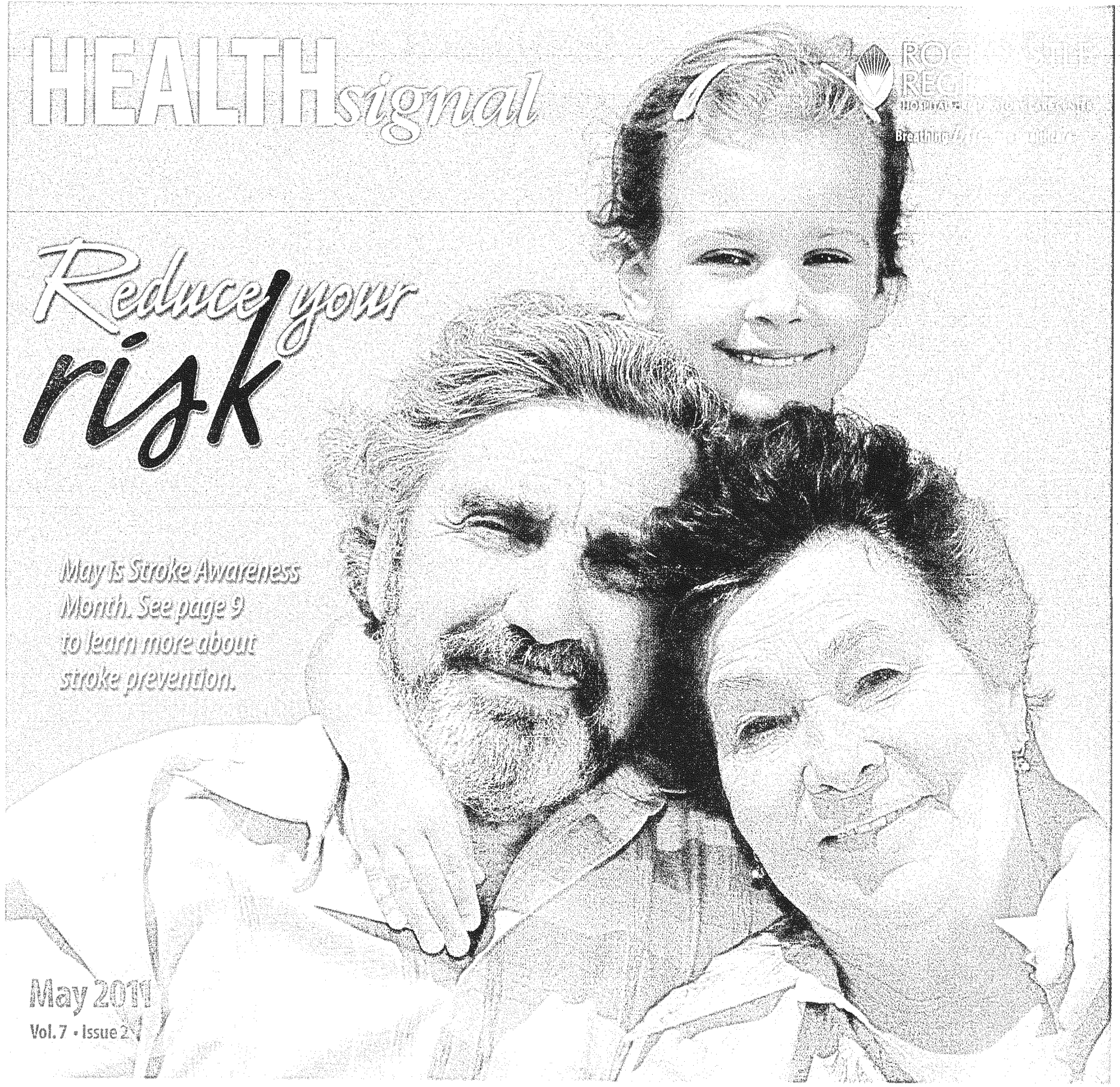
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*May is Stroke Awareness
Month. See page 9
to learn more about
stroke prevention.*

May 2011
Vol. 7 • Issue 2



2 • Health Signals

About Us

Rockcastle Regional Hospital and Respiratory Care Center is a not-for-profit community health-care system that operates emergency, inpatient and outpatient acute care programs, a long-term care program for patients dependent upon mechanical ventilation, a home health service, and a state-of-the-art medical office complex. Established in 1956, Rockcastle Regional is JCAHO and CAP accredited and treats patients from across Kentucky, Tennessee and many other states.

Rockcastle Regional has the largest respiratory therapy staff in the state and is nationally known for its excellence.

Mission

Rockcastle Regional Hospital and Respiratory Care Center is a family-oriented team of healthcare professionals dedicated to delivering the highest quality of care to those we serve.

Vision

Rockcastle Regional Hospital and Respiratory Care Center's vision is to be the hospital of choice for healthcare in Rockcastle County and surrounding areas and to be the facility of choice nationwide for ventilator care.

Values

We value excellence, friendliness, compassion, cleanliness and our commitment to our community.

Accreditation

All Rockcastle Regional Hospital and Respiratory Care Center facilities and programs are accredited by the Joint Commission on the Accreditation of Healthcare Organizations (JCAHO).

Referral Contact

Carolyn Browning

Professional Association Memberships and Other Affiliations

American Association of Respiratory Care
American Health Care Association
American Hospital Association
Kentucky Association of Health Care Facilities
Kentucky Home Health Association
Kentucky Hospital Association
Kentucky Medical Association
National Patient Safety Foundation
UK HealthCare Network Affiliate—Markey Cancer Center
UK HealthCare Network Affiliate—Gill Heart Institute
UK HealthCare Network Affiliate—Kentucky Children's Hospital
UK HealthCare Network Affiliate—Kentucky Neuroscience Institute Comprehensive Stroke Program

Speakers Bureau

We are pleased to present information about healthcare and healthcare professions to the public. To schedule a speaker for your school, business, civic, healthcare or government organization, call Arielle Reese (606) 256-7880.

Leadership

Rockcastle Regional Hospital and Respiratory Care Center is governed by a local board of directors.

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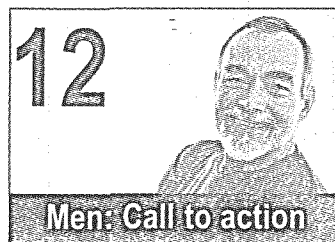
Health Signal is produced by the Community Relations Department of Rockcastle Regional Hospital and Respiratory Care Center.

Arielle Reese, Director
Susan Brown, Page Design



ROCKCASTLE REGIONAL HOSPITAL ■ RESPIRATORY CARE CENTER

FEATURES



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Celebrating employees, patients and community

May 9-13 is National Hospital Week

Rockcastle Regional Hospital will celebrate National Hospital Week May 9-13, 2011. A variety of activities will honor staff members, patients and the community with the theme "Together: We provide world class care."

Activities will kick off Monday with a celebration of the community.

On Tuesday staff will receive a free breakfast.

Wednesday the celebration will focus on residents in the long-term care unit.

Thursday staff will receive special treats.

Friday is the annual cook-out for staff working both day and night shift. The week-long celebration will be themed around various locations of the world.

"We are proud of our over 570

employees at Rockcastle Regional," said Rockcastle Regional Hospital CEO/President Stephen Estes. "Each physician, nurse and staff member is dedicated and committed to taking our healthcare system to new heights of excellence. During National Hospital Week we will honor their compassion and dedication to making a difference in people's lives and celebrate the work they do each and everyday."



National Hospital Week is the nation's largest annual health care event. National

Hospital Week began in 1921 and, over the decades, has helped revolutionize the public view of hospital. The health care industry employs more than 14 million workers throughout the U.S.



**ROCKCASTLE
REGIONAL**
HOSPITAL ■ RESPIRATORY CARE CENTER

CELEBRATING NATIONAL NURSES WEEK

Nurses Trusted to Care

Often described as an art and a science, nursing is a profession that embraces dedicated people with varied interests, strengths and passions because of the many opportunities the profession offers. Nurses have many roles – from staff nurse to educator to nurse practitioner and nurse researcher – and serve all of them with passion for the profession and with a strong commitment to patient safety.

National Nurses Week is celebrated annually from May 6, also known as National Nurses Day, through May 12, the birthday of Florence Nightingale, the founder of modern nursing.

Source: American Nurses Association

Miller named Nurse of the Year

Renee Miller, RN for the Emergency Department and Chemotherapy has been named Rockcastle Regional's 2011 Nurse of the Year.

Renee began her career in nursing in 1984. She served as Rockcastle Regional's Emergency Department Coordinator for 21 years. She has returned to bedside nursing and currently splits her time between the emergency department and chemotherapy.



Renee Miller, RN

Renee was nominated for Rockcastle Regional Nurse of the Year by a nursing peer. Her nomination statement included the following description: "Renee has gone above and beyond related to patient care and customer focus. She is quick to react with competent nursing skills related to trauma and cardiac patients."

Renee works her schedule and doesn't hesitate to change days as needed. She comes in extra and will work 5 days per week if needed. She participates in Relay for Life and cancer awareness events. She is an excellent nurse and always helps others."

Renee dedicated many years of service as a nursing leader and now devotes her time and energy to providing optimal care to patients at the bedside. Rockcastle Regional is fortunate to have this caliber and quality of nurse providing care to our customers.

[UK CONNECTIONS]

UK Chandler Hospital Pavilion right on target

The countdown is on as the first two patient care floors and many common public spaces of the new 1.2 million-square-foot University of Kentucky Albert B. Chandler Hospital will open to patients soon. A formal ceremony marking this milestone for UK HealthCare will be held May 15 and patient care will begin in the facility May 22.

As a visitor entering the new Pavilion at UK Chandler Hospital, the goal is to feel a sense of calm and comfort in a place that bridges the art and science of medicine. As a patient, the goal is to feel assured you are receiving the most advanced care by some of the most highly recruited and well-trained physicians and health care providers anywhere in the country.

Opening to patients in May will be 128 beds, including 48 in the intensive care unit and 80 for acute care, as well as the lobby, the chapel, a surgical waiting room and a 305-seat auditorium. The auditorium will host the Lucille Caudill Little Performing Arts in HealthCare Program, featuring performances by UK music, dance and theatre students, along with renowned performers.

“All Kentuckians should be reassured and proud to have a world-class hospital ready to meet their needs and those of their loved ones,” said Dr. Michael Karpf, UK’s executive vice president for health affairs. “Along with being a technologically advanced hospital, we also want people to feel at home in a healing environment enhanced by unique aspects of Kentucky landscape, art and music.”

The new hospital incorporates art, music and landscaping that reflects the spirit of Kentucky including a spacious, light-filled atrium lobby, which will display a stainless steel and mesh fab-

ric sculpture suspended beneath a three-story skylight. The chapel will feature walls decorated with art glass inspired by spring in Kentucky.

A health education center will also serve as a gallery for a Kentucky folk art collection, and surgical waiting areas will showcase artwork of some of Kentucky’s most renowned artists. Around the hospital, landscape elements such as native Kentucky trees, flowers and other plants will be incorporated, as well as an environmentally friendly and energy-efficient “living rooftop.” The facility is expected to be completed in phases over the next six to 10 years eventually replacing the original UK Chandler Hospital.

“This is an exciting time for all of us as this long-awaited new patient care facility becomes a reality,” said Ann Smith, chief administration officer for UK Chandler Hospital.

“Providing the highest quality care to our patients is the most important thing we do and this facility was conceived, designed and built to support both those who give care and those who receive it.”

The new hospital is paramount in the plan to become a premier regional medical center concentrating on cancer, trauma, neurosciences, organ transplantation and pediatric subspecialties. One of the keys, Karpf says, is building partnerships with smaller regional hospitals across Kentucky — as well as in Ohio, Indiana, West Virginia and Tennessee. These hospitals will benefit from the expertise of UK HealthCare physicians while



The new Pavilion at the UK Chandler Hospital is on target for a May 2011 opening.

keeping patients in their own communities and will be able to refer more complicated cases to Lexington.

“We are committed to building an outstanding hospital that will provide the most complex subspecialty care found anywhere in this region of the United States,” said Karpf. “More importantly, our physicians and our facilities will make it possible for Kentuckians to receive exemplary advanced care close to home, without the need to leave the state.”

Source: UK HealthCare, By Kristi Lopez

[UK CONNECTIONS]

Markey announces new leadership

Dr. Dennie Jones new director of Affiliate Network

UKHealthCare

Shamik Aikat, M.D.
CardiologyPaul Anaya, M.D., Ph.D.
CardiologyMichael Anstead, M.D.
Adult & Pediatric PulmonologySusanne Arnold, M.D.
Hematology & OncologyLouis Bezold, M.D.
Pediatric CardiologyKetan Buch, M.D.
PulmonologyCharles Campbell, M.D.
CardiologyMara Chambers, M.D.
Hematology & OncologyCraig A. Chasen, M.D.
CardiologyAftab Chishti, M.D.
Pediatric NephrologyZoran Danov, M.D.
Pediatric PulmonologyWillem J. S. de Villiers, M.D. Ph.D.
GastroenterologyThomas DiSessa, M.D.
Pediatric CardiologyDeborah Flomenhoft, M.D.
Pediatric GastroenterologyBeatriz Y. Hanaoka, M.D.
RheumatologyAmy Hessler, D.O.
NeurologyBahram Kakavand, M.D.
Pediatric CardiologyChristian Latterman, M.D.
Orthopaedic SurgeryRick McClure, M.D.
CardiologyDavid J. Moliterno, M.D.
CardiologyGustavo Morales, M.D.
CardiologyDebabrata Mukherjee, M.D.
CardiologyTimothy W. Mullett, M.D.
Cardiothoracic SurgeryNavin Rajagopalan, M.D.
CardiologyWilliam Robertson, M.D.
Pediatric NeurologyBryan K. Rone, M.D.
GynecologyDouglas Schneider, M.D.
Pediatric CardiologyScott Scutchfield, M.D.
Orthopaedic SurgerySteven I. Shedlofsky, M.D.
GastroenterologyRudolph M. Tovar, M.D.
GynecologyMaria Veling, M.D.
OtolaryngologyMark Vranicar, M.D.
Pediatric CardiologyJonathan Webb, M.D.
Adult Nephrology

The University of Kentucky Markey Cancer Center has appointed medical oncologist Dr. Dennie V. Jones Jr. as its deputy director, responsible for the center's clinical outreach, research and education programs.

Jones will also serve as the medical director of the Markey Cancer Center Affiliate Network and professor of internal medicine in the UK College of Medicine. Previously, Jones held cancer center leadership positions at the University of New Mexico and the University of Texas Medical Branch in Galveston.

As the affiliate network's medical director, Jones will provide leadership to the network of hospitals in Central and Eastern Kentucky that collaborate to provide state-of-the-art oncology care and associated programs in close partnership with the Markey Cancer Center.

Priorities include increasing the availability of clinical trials and novel treatments in smaller communities and improving patient education on cancer prevention, treatments and resources. Jones says he was thrilled when offered the chance help the affiliate network further grow and prosper.

"I came here and loved what I

Rockcastle Regional is one of seven Markey Cancer Center Network affiliates.

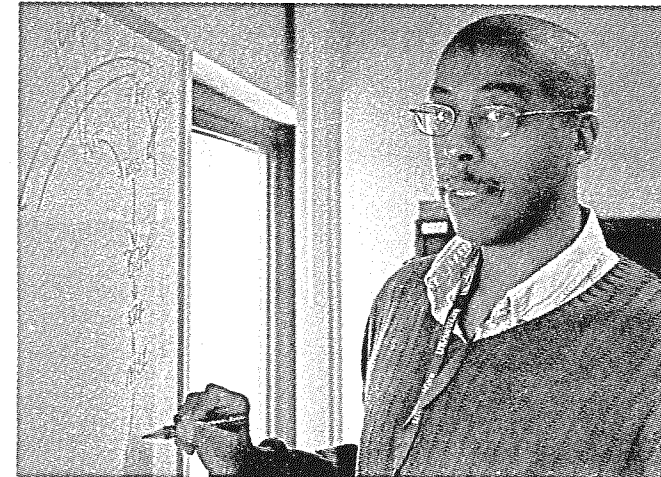
saw," Jones said. "With the affiliate network, we have a chance to do more across the region, to create a health system that will make a huge impact on Kentuckians who need cancer care."

Markey Cancer Center Director Dr. Mark Evers, who previously worked with Jones in Texas, says Jones brings with him expertise and experience that will help the Markey Cancer Center as it strives for designation by the National Cancer Institute (NCI).

"Demonstrating excellence in behavioral and population-based research is a huge component of earning the NCI designation," Evers said. "Jones will help us do just that by growing the affiliate network and including more Kentuckians in our innovative clinical trials."

NCI-designated cancer centers are a major source of discovery and development of more effective approaches to cancer prevention, diagnosis and treatment. In addition to providing cancer centers with funding and other support, NCI designation also confers recognition as a world-class cancer treatment and research facility.

There are currently only 66 NCI-designated cancer centers nationwide,



Dr. Dennie V. Jones, Jr. joins Markey leadership

and the designation process is extremely rigorous and selective. Jones has already had some firsthand experience with this process, arriving at the University of New Mexico Cancer Center when it first received NCI designation in 2005. Jones was also part of the team that helped the center renew its designation last year.

"Markey is right on track to apply for designation in 2012, and I am very excited to be a part of that process," Jones said.

In addition to his executive duties for the cancer center and affiliate network, Jones will continue his own research into cancers of the lung and gut, as well in the development of novel drugs and treatment strategies. He will also see lung and gastrointestinal cancer patients in the clinic on a regular basis.

Source: UK Healthcare, by Allison Perry

It's not just "sugar" diabetes

Get the tools you need to manage
your diabetes successfully...

Saturday, May 21, 2011

8:00 am to 4:15 pm

Rockcastle Regional • Large Conference Room

This free event also features lunch on the grill
by Chef Shannon, door prizes and free health
screenings. People with diabetes and their
family/caregivers welcome. No referral required.

Please register by May 13 by calling 256-7714



**ROCKCASTLE
REGIONAL**
HOSPITAL ■■■ RESPIRATORY CARE CENTER

Agenda

8:00am-8:15am	Registration
8:15am-8:45am	Breakfast / Introduction
8:45am-9:45am	Classes 1 & 2 <ul style="list-style-type: none">• Class 1: What You Need To Know About Diabetes & Pre-Diabetes – Teresa Blair, RD CDE• Class 2: Nutrition and Meal Planning Basics – Lindsay Gabbard, RD LD
9:45am-10:00am	Door Prizes / Break
10:00am-10:30am	Stroke Screenings / Information Booths / Snacks
10:30am-12:00pm	Classes 3, 4 & 5 <ul style="list-style-type: none">• Class 3: Foot Care – Daniel Albertson, ARNP• Class 4: My Life With Diabetes; Health, Stress & Coping – Lora Beth McKee• Class 5: Preventing Diabetes Complications – Susan Burdine, RN
12:00pm-12:45pm	Lunch /Heart Healthy Eating – Teresa Blair, RD CDE
12:45pm -1:00pm	Door Prizes / Break
1:00pm-2:30pm	Classes 6 & 7 <ul style="list-style-type: none">• Class 6: Understanding Diabetes Medications – Tina Hasty, PharmD• Class 7: Managing Diabetes With A Shot of Physical Activity – Teresa Blair, RD CDE
2:30pm – 3:00pm	Stroke Screenings / Information Booths / Snacks
3:00pm-4:00pm	Classes 8 & 9 <ul style="list-style-type: none">• Class 8: How Am I Doing? Making Sense of The Numbers – Teresa Blair, RD CDE• Class 9: Secrets For Successful Weight Loss – Teresa Blair, RD CDE
4:00pm-4:15pm	Door Prizes / Closing Remarks

Diabetes Education

Listen up

May is Better Hearing and Speech Month

Talk is not cheap. Ask the 14 million Americans who have a speech or language problem. They have to work everyday just to express their needs, wants, and ideas.

Speech and language problems can affect anyone of any age at any time. Young children can have a language delay that limits early learning. Older people can have aphasia

following stroke, a condition that leaves them unable to express thoughts. People of all ages can stutter or have problems with their voice.

Speech and language problems are serious. They isolate us from other people and frustrate our efforts to learn and grow. Nobody has to accept a speech or language problem. Proper treatment can eliminate or

minimize its impact.

If you stutter, have problems pronouncing certain sounds, or don't always understand what people say to you, you could have a speech or language problem. Consult a speech-language pathologist to find out if the cause is a speech or language disorder. To contact a speech-language pathologist at Rockcastle Regional Hospital call 606-256-7763.



ROCKCASTLE REGIONAL'S SPEECH DEPARTMENT:
 Front, from left, Brandie Taylor (SLP), Beverly McClure (speech tech), Heather Blanton (SLP). Back, Jenny Schuler (office manager), Brandy Cable (SLP), Heather Marlow (SLP), and Erica Norris (SLP).

STROKE:

It's all about *time*

A stroke, commonly called a brain attack, cuts off vital blood flow and oxygen to the brain. It kills over 160,000 people each year and is the leading cause of adult disability. Two million brain cells die every minute during a stroke increasing your risk of permanent brain damage, disability or death. More women than men die from strokes and stroke kills twice as many women as breast cancer each year.

What is stroke?

A stroke, or brain attack, occurs when a clot blocks the blood supply to the brain or when a blood vessel in the brain bursts. You can greatly reduce your risk for stroke through lifestyle changes and, in some cases, medication.

Are you at risk?

Anyone, including children, can have a stroke. Every year, about 610,000 people in the United States have a new stroke.

Several factors that are beyond your control can increase your risk for stroke. These include your age, sex, and ethnicity. But there are many unhealthy habits that you can change. Examples include smoking, drinking too much alcohol, and not getting enough exercise.

Having high cholesterol, high blood pressure, or diabetes also can

increase your risk for stroke.

However, treating these conditions can reduce the risk of stroke. Ask your doctor about preventing or treating these medical conditions.

What are the signs and symptoms?

The five most common signs and symptoms of stroke are:

- Sudden numbness or weakness of the face, arm, or leg.
- Sudden confusion or trouble speaking or understanding others.
- Sudden trouble seeing in one or both eyes.
- Sudden dizziness, trouble walking, or loss of balance or coordination.
- Sudden severe headache with no known cause.

If you think that you or someone you know is having a stroke, call 9-1-1 immediately.

Source: U.S. Center for Disease Control (CDC)

Act FAST

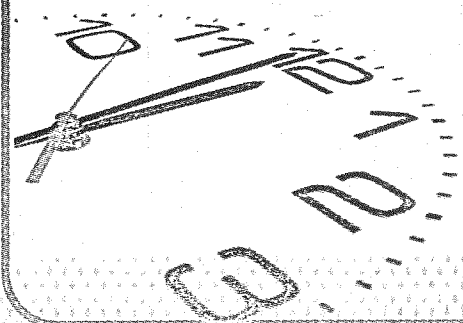
If you or someone you know is experiencing symptoms of stroke, remember to act FAST.

F **FACE** Ask the person to smile. If the face is droopy on one side, call 9-1-1 immediately.

A **ARM** Ask the person to raise both arms. If one arm drifts down or has no resistance, call 9-1-1 immediately.

S **SPEECH** Ask the person to say a simple phrase. If speech is slurred, call 9-1-1 immediately.

T **TIME** Don't waste it. Call 9-1-1 immediately.



*With stroke,
time lost is
brain lost.*

Prevention is the key to reducing your stroke risk

1. Know your blood pressure

High blood pressure is a major stroke risk factor if left untreated. Have blood pressure checked yearly by a doctor or at health fairs, a local pharmacy or supermarket or with an automatic blood pressure machine.

2. Identify atrial fibrillation (Afib)

Afib is an abnormal heartbeat that can increase stroke risk by 500 percent. Afib can cause blood to pool in the heart and may form a clot and cause a stroke. A doctor must diagnose and treat Afib.

3. Stop smoking

Smoking doubles the risk of stroke. It damages blood vessel walls,

speeds up artery clogging, raises blood pressure and makes the heart work harder.

Stopping smoking today will immediately begin to decrease risk.

4. Control alcohol use

Alcohol use has been linked to stroke in many studies. Most doctors recommend not drinking or drinking only in moderation – no more than two drinks each day. Remember that alcohol can negatively interact with

other drugs you are taking.

5. Know your cholesterol levels

Cholesterol is a fatty substance in blood that is made by the body. It also comes in food. High cholesterol levels can clog arteries and cause a stroke. See a doctor if your total cholesterol level is more than 200.

6. Control diabetes

Many people with diabetes have health problems that are also stroke risk factors. Your doctor can prescribe a nutrition program, lifestyle changes and medicine to help control your diabetes.

7. Manage exercise and diet

Excess weight strains the circulatory system. Exercise five times a week. Maintain a diet low in calories, salt, saturated and trans fats and cholesterol. Eat five servings of fruits and vegetables daily.

8. Treat circulation problems

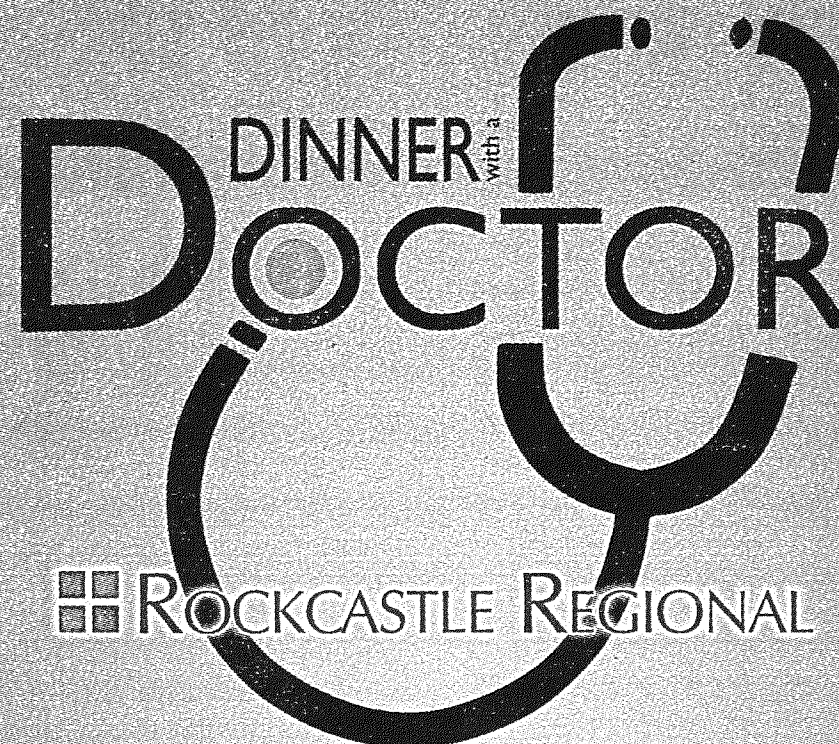
Fatty deposits can block arteries carrying blood to the brain and lead to a stroke. Other problems such as sickle cell disease or severe anemia should be treated.

9. Act FAST at the first warning sign of stroke

If you have any stroke symptoms, seek immediate medical attention.

FREE Stroke Screenings are available at Rockcastle Regional's community events.

Source: National Stroke Association



ROCKCASTLE REGIONAL

May is Stroke Awareness Month
You're invited to a free catered dinner
and presentation featuring

Stroke Prevention
Dr. Rodica Petrea
UK HealthCare Neurologist

May 19, 2011 • 6:00 p.m.
Wildie Christian Church
1378 Wildie Road • Wildie, KY 40492

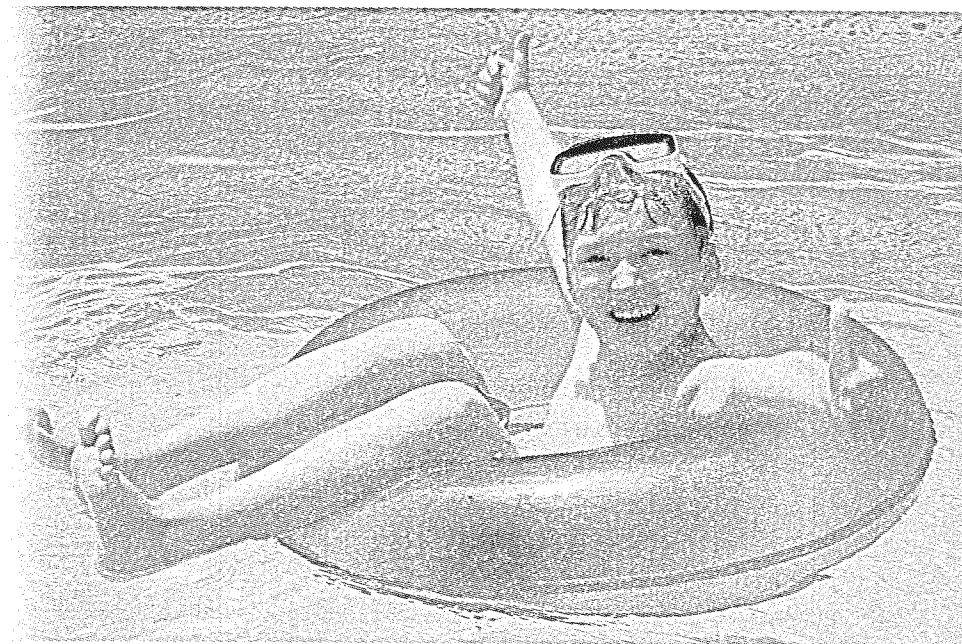
Please sign up before May 9 by calling
256-7746 or e-mail s.brown@rhrcc.org



ROCKCASTLE
REGIONAL
HOSPITAL & RESPIRATORY CARE CENTER

UK HealthCare

Protecting children from the **SUN**



Just a few serious sunburns can increase your child's risk of skin cancer later in life. Kids don't have to be at the pool, beach, or on vacation to get too much sun. Their skin needs protection from the sun's harmful ultraviolet (UV) rays whenever they're outdoors.

- **Seek shade.** UV rays are strongest and most harmful during midday, so it's best to plan indoor activities then. If this is not possible, seek shade under a tree, an umbrella, or a pop-up tent. Use these options to prevent sunburn, not to seek relief after it's happened.

- **Cover up.** Clothing that covers your child's skin helps protect against UV rays. Although a long-sleeved shirt and long pants with a tight weave are best, they aren't always practical. A T-shirt, long shorts, or a beach cover-up are good choices, too—but it's wise to double up on protection by applying sunscreen or keeping your child in the shade when possible.

- **Get a hat.** Hats that shade the face, scalp, ears, and neck are easy to use and give great protection. Baseball caps are popular among kids, but they don't protect their ears and neck. If your child chooses a cap, be sure to protect exposed areas with sunscreen.

- **Wear sunglasses.** They protect your child's eyes from UV rays, which can lead to cataracts later in life. Look for sunglasses that wrap around and block as close to 100% of both UVA and UVB rays as possible.

- **Apply sunscreen.** Use sunscreen with at least SPF 15 and UVA and UVB protection every time your child goes outside. For the best protection, apply sunscreen generously 30 minutes before going outdoors. Don't forget to protect ears, noses, lips, and the tops of feet.

Take sunscreen with you to reapply during the day, especially after your child swims or exercises. This applies to waterproof and water-resistant products as well.

Follow the directions on the package for using a sunscreen product on babies less than 6 months old. All products do not have the same ingredients; if your or your child's skin reacts badly to one product, try another one or call a doctor. Your baby's best defense against sunburn is avoiding the sun or staying in the shade.

Keep in mind, sunscreen is not meant to allow kids to spend more time in the sun than they would otherwise. Try combining sunscreen with other options to prevent UV damage.

Source: U.S. Center for Disease Control (CDC)

Just for kids...

Design your own sunscreen bottle



Source: SunSmart Fun for Everyone, The Cancer Council Victoria, Australia

[COMMUNITY RELATIONS]

Snapshots from community events

1 In recognition of Donate Life Month, Rockcastle Regional hosted the "Donor Family Memorial Quilt", planted two trees and hosted a reception for organ donors, recipients and their families on April 5. From left: Arielle Reese, Rockcastle Regional Community Relations Director; Teresa Vanzant, Rockcastle County Circuit Court Clerk; Crystal Griffin, Rockcastle County Circuit Court Deputy Clerk and Charlotte Wong, Kentucky Organ Donor Affiliates Public Education Coordinator.



2 The RCMS Leadership Team hosted the 4th Annual "A Night of Hope" Cancer Survivor Dinner. The Chemotherapy Clinic at Rockcastle Regional Hospital was presented a lap top for patients to use while receiving treatments. From left: Gayle DeBorde, Chemotherapy Nurse; Renee Miller, Chemotherapy Nurse; Arielle Reese, Rockcastle Regional Community Relations Director.



3 Rockcastle Regional Hospital President and CEO Stephen A. Estes, left, accepts a gift from Chairman of the Kentucky Music Hall of Fame Board of Directors Roy Martin. Rockcastle Regional Hospital was a presenting sponsor of the 2011 Induction Ceremony that honored Keith Whitley, Patty Loveless, Steve Wariner, John Michael Montgomery, The Goins Brothers, Molly O'Day and, Larnelle Harris as the newest inductees into the prestigious Kentucky Music Hall of Fame on April 7.



4 Rockcastle Regional Hospital sponsored a SAG stop at the 2011 Red Bud Bicycle Ride. The stop was themed "Pirates of the Rockcastle" at Rockcastle River Trading Company and was on the most advanced and longest route. Arielle Reese, left, and Kayla Rowe, right, with one of the Red Bud Bicycle Ride participants. The event attracted bicyclists from across the United States.



5 Rockcastle Regional Hospital was recognized at the annual Community Celebration by the Rockcastle County UNITE Coalition on April 19. Arielle Reese, left, Rockcastle Regional Community Relations Director, accepts a plaque on behalf of Rockcastle Regional from U.S. Congressman Hal Rogers. Operation UNITE was launched in 2003 by Congressman Rogers.



Men, take action to improve your health

Men can be safer, stronger, and healthier by taking daily steps and getting care when needed. Improving men's health is not limited to the doctor's office or hospital; it starts at home with individuals and families taking steps to live safer and healthier lives.

Get enough Sleep. Insufficient sleep is associated with a number of chronic diseases and conditions, such as diabetes, cardiovascular disease, obesity, and depression. Also, insufficient sleep is responsible for motor vehicle and machinery-related accidents, causing substantial injury and disability each year. Drowsy driving and driving while intoxicated is also dangerous. Adults should get 7-9 hours of sleep per night, according to the National Sleep Foundation.

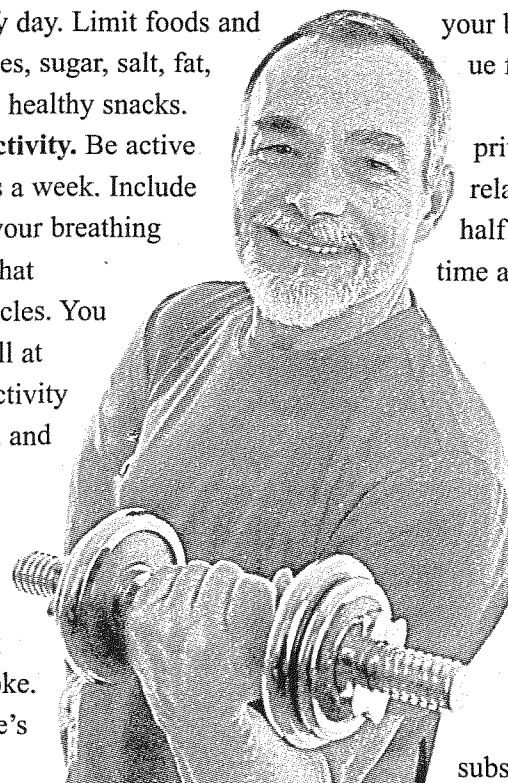
Gear Up. When playing active sports or riding a motorcycle or bike, make sure you and your friends and family wear protective gear, such as

helmets, wrist guards, and knee and elbow pads. Wear seat belts as a driver and a passenger.

Eat what Counts. Eat a variety of fruits and vegetables every day. Limit foods and drinks high in calories, sugar, salt, fat, and alcohol. Choose healthy snacks.

Get Physical Activity. Be active for at least 2½ hours a week. Include activities that raise your breathing and heart rates and that strengthen your muscles. You don't have to do it all at once. Spread your activity out during the week, and break it into smaller chunks of time during the day.

Be Smoke-free. Avoid smoking and secondhand smoke. Inhaling other people's smoke causes health



problems similar to those of smokers. Quitting smoking has immediate and long-term benefits. Within 20 minutes after smoking that last cigarette, your body begins a series of changes that continue for years.

Work Safely. Daily, an estimated 11,500 private-sector workers have a nonfatal work-related injury or illness. As a result, more than half require a job transfer, work restrictions, or time away from their jobs.

- Know what your job requires.
- Use safety equipment.
 - Use and carry tools and equipment properly.
 - Select the correct tools and equipment.
- Get proper training.
- Get assistance when needed.
- Take precautions to prevent injury.
- Take breaks and rest when needed.
- Use chemicals and other hazardous substances with care.

Source: U.S. Center for Disease Control (CDC)

HEALTHY JOE EXPO 2011

A wellness event for
Rockcastle County men

Save the Date:
June 16, 2011

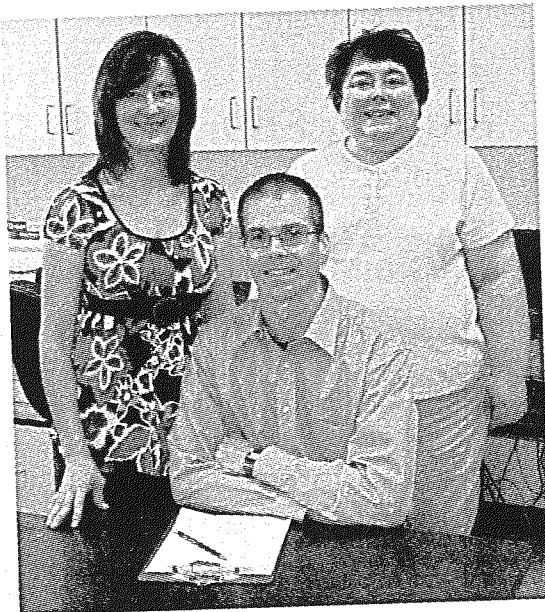
ROCKCASTLE REGIONAL
HOSPITAL & RESPIRATORY CARE CENTER

Empowering cancer survivors

Hospital adds new support service

Along with providing clinical cancer treatment, Rockcastle Regional Hospital offers several patient support services to cancer patients and their families. The latest service is the Oncology Rehabilitation Program for patients living with cancer and cancer survivors. Each person with cancer has unique physical and emotional needs. Oncology rehab's holistic approach focuses on retaining physical function and independence, often following surgical or medical therapies that may have left an individual unable to resume his or her normal lifestyle. The program is provided by a team consisting of a Physical Therapist, Occupational Therapist, Dietitian and Social worker, if needed. The goals include: provide diet and nutritional counseling, improve physical condition, improve mobility, provide assistance with activities of daily living and provide emotional and spiritual counseling.

"This innovative therapy is



Rockcastle Regional's Oncology Rehab team members pictured from left, Cheryl Mullins, James Messer and Jill Stevens.

unique to our region," said Rockcastle Regional Directory of Physical Therapy and Oncology Rehabilitation James Messer. "Our team traveled to Vanderbilt Medical Center and UK Markey Cancer Center to gather knowledge and implement the program here. We evaluate each patient and construct a personalized therapy plan to continue the oncology care."

For more information about the Oncology Rehab Program at Rockcastle Regional, please contact James Messer, PT, MSPT at 256-2609.

I Can COPE



May 26, 2011

First Baptist Church

6-8 p.m. • Meal provided

Featuring special entertainment

"Understanding Chemotherapy"

Melissa Brock, Rockcastle Regional Chemotherapy Director

To sign up or for more information,
call Gayle DeBorde at 256-7798.



I Can Cope is a program taught by doctors, nurses, social workers, dietitians and other health care professionals that are experts in cancer care and is sponsored by the American Cancer Society and Rockcastle Regional Hospital.

It is free and open to anyone facing cancer – patients, family members and friends. The support group offers the opportunity to learn more about cancer and how to cope with the challenges a cancer diagnoses brings.



Making a difference for children

WHAS Crusade for Children contributions in 20th year

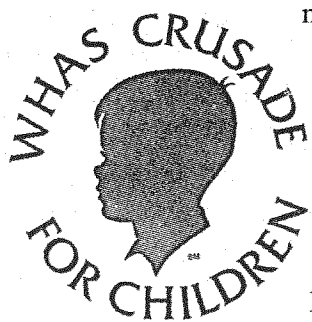
The WHAS Crusade for Children, Inc. established in 1954 by WHAS-TV raises money for schools, agencies and hospitals to better the lives of children with special needs. Over the past 57 years, the Crusade has raised more than \$138 million. One hundred percent of every dollar donated goes directly to help special needs children in all 120 Kentucky counties and more than 50 southern Indiana counties.

Since 1990, Rockcastle Regional Hospital has participated in various fundraisers including a softball tournaments, golf tournaments and roadblocks to benefit the WHAS Crusade for Children to raise over \$83,291. In 1991, Rockcastle Regional Hospital received its first

donation and to date Rockcastle Regional Hospital has received \$505,305 from the Crusade. Money which has been used to purchase three vans for long-term care resident trips, portable ventilators, a specialized bath tub and numerous pieces of therapy equipment and materials.

“The WHAS Crusade for Children has enabled Rockcastle Regional Hospital to improve not only the services we provide to children with special needs, but also their quality of life,” said Brandie Taylor, Director of Speech Pathology and WHAS Coordinator at Rockcastle Regional Hospital.

For more information about making a difference in a child’s life, contact Taylor at 256-7763.



Golf Scramble

Wednesday, June 22, 2011

Cedar Rapids Country Club

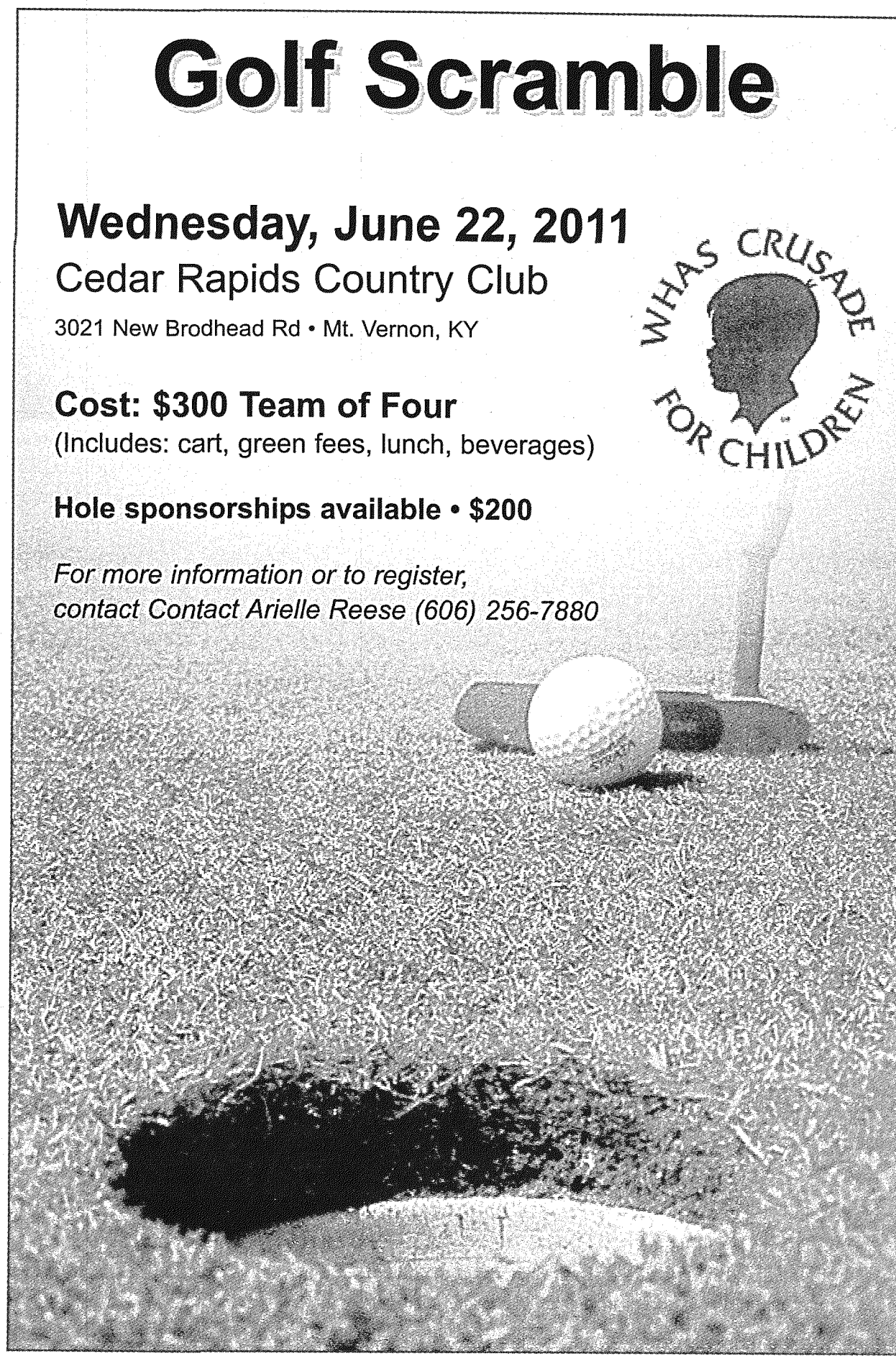
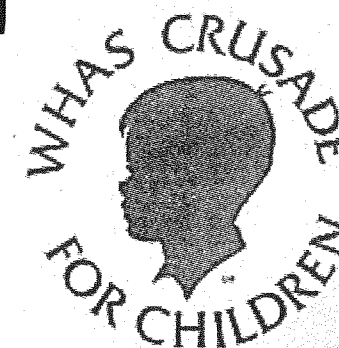
3021 New Brodhead Rd • Mt. Vernon, KY

Cost: \$300 Team of Four

(Includes: cart, green fees, lunch, beverages)

Hole sponsorships available • \$200

*For more information or to register,
contact Arielle Reese (606) 256-7880*



NEWS AND NOTES FROM OUR TEAM



Luther Allen

Rockcastle Regional welcomes new chaplain

Bro. Luther Allen grew up near Cincinnati, Ohio and his journey took him around the country before calling

Rockcastle County his home. He attended Cumberland College before becoming a Youth Minister at First Baptist Church during the mid 1980s. He was Pastor at Brodhead Baptist Church before he pursued a Chaplaincy with AMA Grand National Flat Track Series and traveled coast to coast with motorcyclists. He then took on the role of Chaplain at Health & Rehab in Brodhead. Bro. Allen was then led to Rockcastle Regional Hospital where he began his full-time Chaplaincy here in

February 2011.

Bro. Allen lives in Mount Vernon with his wife, Sandy, and their children, Luke and Alyssa. He enjoys coaching sports and is available to anyone who needs him at the hospital. Bro. Allen is here to provide a spiritual presence for our ventilator residents, to visit with acute and emergency patients, participate in community events and to support employees.

Although Bro. Allen knows many hospital employees already, he looks forward to visiting with employees and residents and getting to know everyone. "This has been such a very pleasant experience so far," said Bro. Allen. "I really think the employees love working here – it's a great family atmosphere."



Brandy Cable

Cable joins Speech Pathology department

Brandy Cable has joined the Speech Pathology Department at Rockcastle Regional. A native of Hazard, Kentucky,

Brandy received her Master of Arts Education degree in Communication

Disorders from Eastern Kentucky University. She currently lives in Richmond with her husband, Jameson, and enjoys flag football and softball. When asked what she loves most about her job at Rockcastle Regional, she said, "All the staff are very helpful and friendly. I love the diversity in the patients that I treat."

Check us out on the Web at
rockcastleregional.org

ROCKCASTLE REGIONAL

Physicians Based in Rockcastle County

Jon A. Arvin, M.D.	Family Practice
David L. Brabon, M.D.	Plastic Surgery
David S. Bullock, M.D.	Family Practice
Kimberly Cornelius, M.D.	Internal Medicine/Pediatrics
Eduardo R. Gomez, M.D.	Radiology
George W. Griffith, M.D.	Family Practice
William P. McElwain, M.D.	Family Practice
Kevin Rowe, M.D.	Family Practice
Karen B. Saylor, M.D.	Internal Medicine/Pediatrics
Callie Shaffer, M.D.	Pediatrics

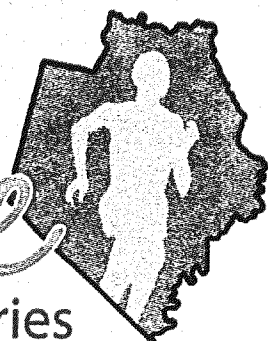
Visiting Physicians

Shamik Aikat, M.D.	Cardiology
Paul Anaya, M.D., Ph.D.	Cardiology
Michael Anstead, M.D.	Pulmonology
Susanne Arnold, M.D.	Oncology
Azhar Aslam, M.D.	Cardiology
Louis Bezold, M.D.	Pediatric Cardiology
Ketan Buch, M.D.	Pulmonology
Lee Cain, O.D.	Optometry
Charles Campbell, M.D.	Cardiology
Jennifer Chadwell, D.M.D.	Dentist
Mara C. Chambers, M.D.	Oncology
Craid A. Chasen, M.D.	Cardiology
Aftab S. Chishti, M.D.	Pediatric Nephrology
Terry D. Clark, M.D.	Pathology/Cytopathology
James K. Crager, M.D.	Cardiology
Zoran Danov, M.D.	Pediatric Pulmonology
Willem J. S. de Villiers, M.D.	Gastroenterology
Thomas DiSessa, M.D.	Pediatric Cardiology
Deborah R. Flomenhoft, M.D.	Pediatric Gastroenterology
Beatriz Y. Hanaoka, M.D.	Rheumatology
Amy Hessler, D.O.	Neurology
William Humphrey, M.D.	Radiology
Michael Jones, M.D.	Cardiology
Bahram Kakavand, M.D.	Pediatric Cardiology
Christian Knecht, M.D.	General Surgery
Paul K. Krestik, D.P.M.	Podiatry
Christian Lattermann, M.D.	Orthopaedic Surgery
Iraklis Livas, M.D.	Allergy/Immunology
Sridevi Maddineni, M.D.	Surgery
Anne P. Marshall, M.D.	Pathology/Cytopathology
David J. Moliterno, M.D.	Cardiology
Gustavo Morales, M.D.	Cardiology
Rick R. McClure, M.D.	Cardiology
Timothy W. Mullett, M.D.	Cardiothoracic Surgery
Douglas G. Owen, M.D.	Ophthalmology
Fred Picklesimer, M.D.	Pathology/Cytology
Navin Rajagopalan, M.D.	Cardiology
William Robertson, M.D.	Nerve Study
Anthony Rogers, M.D.	Cardio/Thoracic Surgery
Bryan Rone, M.D.	Gynecology
Cameron S. Schaeffer, M.D.	Pediatric Urology/Plastic Surgery
Douglas Schneider, M.D.	Pediatric Cardiology
Scott Scutchfield, M.D.	Orthopaedics
Steven Shedlofsky, M.D.	Gastroenterology
Rudolph M. Tovar, M.D.	Gynecology
John P. Tuttle, M.D.	Urology
Maria Veling, M.D.	Otolaryngology
Mark Vranicar, M.D.	Pediatric Cardiology
Jonathan Webb, M.D.	Nephrology
Byron T. Westerfield, M.D.	Sleep Medicine
Denis Yalkut, M.D.	Urology

Grab your sneakers, and get ready to RUN...

COUNTY-WIDE

Stride

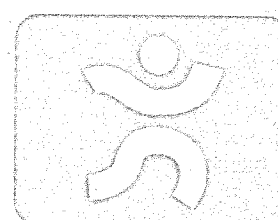
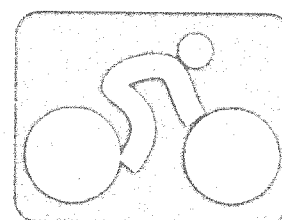
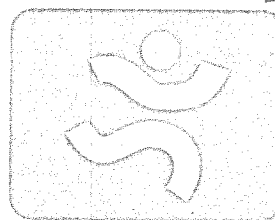


Run/Walk Series

Brodhead • Livingston • Mt. Vernon • Renfro Valley

2nd Annual Rockcastle Regional

RUN, BIKE OR HIKE



Ready to run?

The 2011 County-Wide Stride Run/Walk Series is composed of four run/walks of varying distances throughout the county.

Runners and walkers may participate in any or all four "legs," but must enter and participate in at least three of them to receive a County-Wide Stride long-sleeved tee shirt (in addition to individual event giveaways) at the end of the year. No separate registration is required for the series and there is no additional entry fee; we'll keep up with who participates at each event.

So, Rockcastle County, let's get fit. Hit your County-Wide Stride this year!

For more information, go to
rockcastleregional.org/
countywidestride

Event Schedule:

Brodhead Homecoming Hustle
May 28, 2011

Livingston Leap 2-mile
September 3, 2011

Jerry J. Cox Bittersweet 5K
October 8, 2011

5K Jingle Bell 6K Run/Walk
December 3, 2011

Note: The Run, Bike or Hike on August 27 is not a part of the County-Wide Stride series.



**ROCKCASTLE
REGIONAL**

HOSPITAL & RESPIRATORY CARE CENTER

Saturday
August 27, 2011
8:00 a.m. EST

Lake Linville Recreational Area
(Lake Linville Road • Renfro Valley, KY)



2-Mile Walk



5K Run by the Lake



Rockcastle Duathlon

3.1 mile run • 16.8 mile ride • 2.2 mile run

Pre-registration only. Registration deadline: August 24.
Limited to 80 runners, 60 walkers, 60 duathletes

rockcastleregional.org/runbikeorhike