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Harsh winter weather struck Rockcastle County again Tuesday morning bringing more snowfall and subzero temperatures. Local weatherman Bud Cox reported two inches of snowfall on Tuesday. Some residents throughout Rockcastle County reported amounts from three to four inches. Cox also reported a low of -5 degrees on Wednesday morning. Rockcastle County Schools were closed on Tuesday and Wednesday due to the weather and have already missed a total of ten days for the 2013-2014 school year. In the bottom photo, Mt. Vernon Fire and Rescue and Rockcastle County Sheriff's Department responded to a single car accident on Hwy 25 near Bible Baptist Church. Authorities say Erin Hayes, 31, of Mt. Vernon was traveling southbound on Hwy 25 when she lost control of her vehicle due to the snowy/icy roadway. Hayes was transported to the Rockcastle Regional Hospital and later taken to UK Medical Center where she was treated for non life-threatening injuries. Authorities say there was a high volume of motorists who slid off the roadway but no major accidents occurred. State and county highway crews worked around the clock on Tuesday and Wednesday to clear the roadways but struggled due to the continuing snowfall and subzero temperatures. County Judge Buzz Carlottis is advising Rockcastle Countians to stay off the roadways if at all possible due to the hazardous conditions.



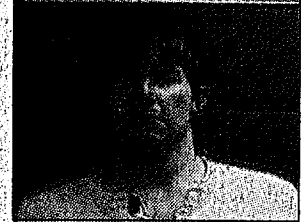
Mt. Vernon man arrested for two local robberies

By: Doug Ponder

A Mt. Vernon man has been arrested after admitting to police that he robbed Citizens Bank in Brodhead last Friday and Cash Express in Mt. Vernon last Saturday.

Arrested was Lee Hamilton Speaks, 28, of Mt. Vernon. According to state police reports, a man entered Citizens Bank in Brodhead around 5:40 p.m. last Friday.

Once inside, the man, who was armed with a small pistol, walked up to the counter and handed the teller a note that demanded money.



Lee Hamilton Speaks

The teller handed the man an undisclosed small amount of cash. The man then left the bank and fled on foot. He was described by Citizens Bank tellers as wearing a black toboggan, orange hoodie and brown coveralls.

After searching the surrounding area and city streets in Brodhead, officers were unable to find the robber.

Following the Citizens Bank robbery last Friday, Lieutenant Ed Robinson responded to Cash Express in Mt. Vernon after Rockcastle 911 received a call around 1:30

(Cont. to A8)

McConnell scheduled to give Washington update at meeting

Senate Minority Leader Mitch McConnell will visit Rockcastle County to take questions and give an update on current legislation.

McConnell is scheduled to visit on Friday, February 7th from 11:30 a.m. to 1 p.m. at Community Trust Bank on Hwy 461 in Mt. Vernon.

The event is being sponsored by the Rockcastle County Chamber of Commerce and the Mt. Vernon Kiwanis Club. The event is free of charge and those wishing to attend are being asked to RSVP to McConnell's office by calling 606-864-2026.

Local man arrested after shooting man in the leg

By: Doug Ponder

A Mt. Vernon man was arrested last Thursday after he reportedly shot another man in the leg at a home on Rogers Road in Mt. Vernon.

Arrested at the scene was Joshua Bell, 25, of Mt. Vernon.

According to state police reports, trooper Delzie Kelly responded to the residence around 2 p.m. after receiving a complaint of a shooting that had occurred at a home on Rogers Road.

After arriving at the scene, Kelly learned that Bell allegedly shot Brandon Robinson, 28, of Brodhead

in the leg during an altercation.

Robinson was transported from the scene by

(Cont. to A8)

Meth arrest

By: Doug Ponder

A Mt. Vernon man has been arrested for manufacturing meth after the Kentucky State Police and Rockcastle County Sheriff's Department raided a home on Calloway Branch Road in Mt. Vernon on Monday.

Arrested at the scene was Adam Leon Hellard, 29, of

(Cont. to A8)

Four people arrested for allegedly purchasing meth precursors

By: Doug Ponder

Four people were arrested for unlawful possession of a meth precursor after police made a traffic stop on Silver Street in Brodhead on Monday.

Arrested at the scene were Jennifer Elaine Burton, 37, of Orlando, Joann Hammonds, 49, William

Milburn, 30 and Joshua Sowder, 29, all of Mt. Vernon.

According to state police reports, an employee from Lone Star feed store in Mt. Vernon called Rockcastle 911 after the four people came into their store intoxicated and left in a purple Toyota RAV4 SUV on Hwy

150 heading toward Brodhead.

Trooper Adam Childress later made a traffic stop after finding a vehicle matching the same description traveling on Silver Street in Brodhead.

When Childress approached the vehicle, he noticed that the driver, Bur-

ton, appeared to be extremely intoxicated while performing field sobriety tests. He also noticed that Hammonds, Milburn and Sowder, who were passengers in the vehicle, all appeared to be under the influence of a narcotic.

After searching the ve-

(Cont. to A8)

Local businessman establishes ecommerce website to sell crafts

By: Doug Ponder

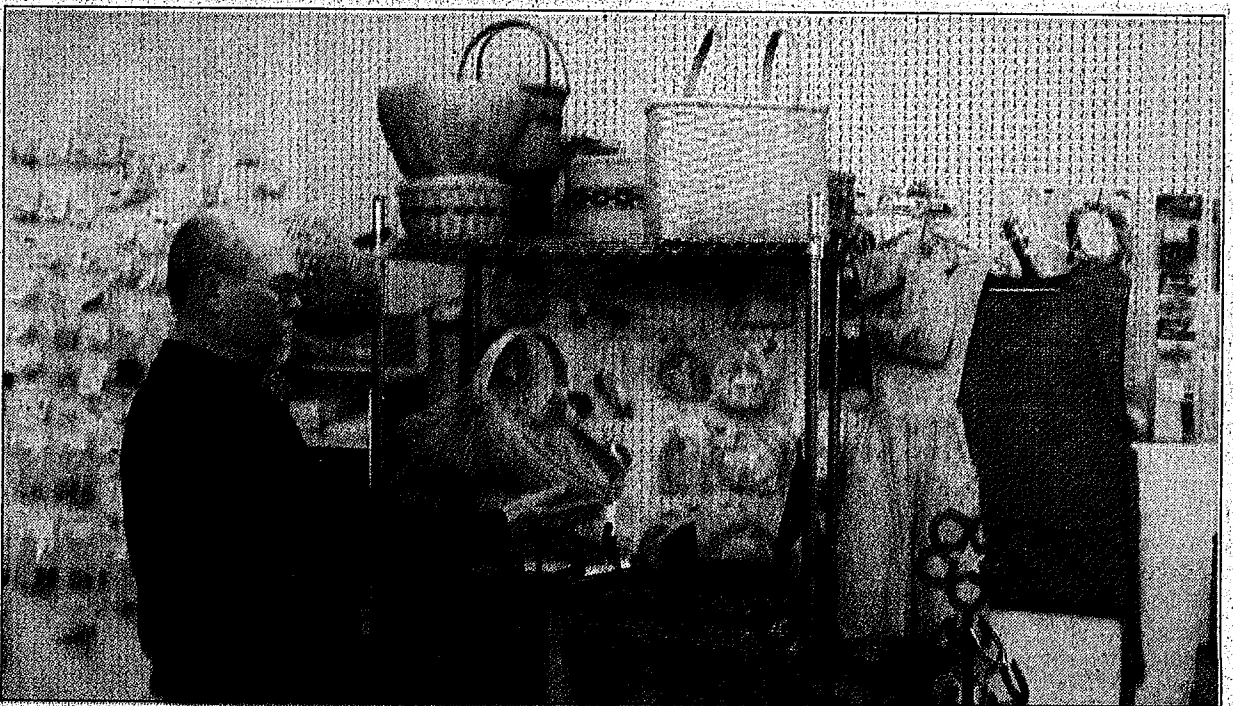
A local businessman is creating an ecommerce website to help Rockcastle County craftspeople and artists sell their products.

Hank Gevedon of Mt. Vernon plans to launch his ecommerce website entitled the Kentucky River Trading Company on Saturday, February 1st. He said the website is designed to help craftspeople and artists sell their products on a national market through the website.

As a blacksmith and craftsman, Gevedon said he came up with the idea after noticing an overwhelming response from a lot of fellow craftspeople and artists at trade shows. He said they would always tell him about how they struggle with selling their products on a national market.

"Craftspeople and artists pour their heart and soul into their product, so the creation phase comes easy to them because it's something they love to do," Gevedon said. "But the hard part for a lot of them is selling their products on a national market through various venues. This is always a trying process to many craftspeople and artists I talk with."

(Cont. to A8)



Local businessman Hank Gevedon plans to launch his ecommerce website entitled the Kentucky River Trading Company on Saturday, February 1st. The website is designed to help craftspeople and artists sell their products on a national market through the website. Those who are interested can come to the Kentucky River Trading Company office, which is currently located inside D&S Computers across from Rockcastle County High School on Hwy 461 in Mt. Vernon or you can contact Gevedon at 606-682-9177. Gevedon is shown above looking at crafts that his customers have already brought in to be placed on the ecommerce website.

Of Special Note Inside

- Viewpoints Pg. A2
- Obituaries Pg. A3
- Church News Pg. A8

Contact us at: mvsignal@windstream.net
 Deadline submission is Noon Tuesday

- Classifieds Pgs. B5-7
- Sports Pg. A6

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Points East

By Ike Adams



The long john tales just keep on pouring in. My grandniece, Shelbi Poole, wrote to say that her husband, Steven, still wears the one piece "union suit" jobs that my brothers and I grew up with before going to the two piece type in adulthood. Shelbi wanted to know if there is a name for that opening in the rear end. I told her that we always called it the back door.

Several folks wrote to complain about how "scratchy" the ones they had in their early years were.

And they were that for sure. Mom ordered ours mostly from Spiegel's mail order house, and sometimes from Montgomery Ward's. They were made of a fabric advertised as 50% linen for comfort and 50% wool for warmth. Mom called the fabric blend linsey-woolsie.

Brother Keeter said, "call it whatever you want to but it ought to be called itchy-cracky". Our teachers knew not to ask what was wrong when one of her students kept scratching all the time. It meant that the kid had already moved into his long johns, but no student was going to fess up and tell the entire classroom that his underwear was bothering him. Keeter once told a teacher that he'd slept with the house dog last night and a flea must have gotten on him. But such a confession, whether true or not, was apt to wind up with the entire school nicknaming you "Fleabait".

So the best thing to do

was just say that something was making you itch and let it go at that and nobody would laugh because they knew that they knew what was going on and that they, too, were soon going to be having the same problem. The rest of the class might kid you a little at recess and you'd have to say, "well it frosted in the head of the holler last night".

Mom made us start wearing the ridiculous things immediately after the first frost even though most other folks seemed to wait until the first hard freeze.

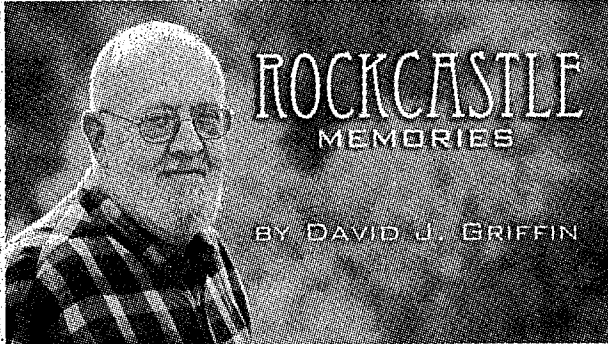
Still, by the middle of November the classroom would be a blur of motion because everybody would be scratching for all they were worth. Girls wore them too. I have no idea what theirs looked like above the knees because I didn't have sisters, but I always wondered if they had a back door. Now that I think about it, I guess they had to and long johns were probably the first unisex garment.

Jim Cornett, fellow writer and Letcher County native who now lives in Burnside, wrote to tell me that one time his grandpa had a terrible accident because of long johns.

Jim said his grandpa had a huge pear tree in the backyard that his chickens roosted in and he had a prize flock of heavyweight egg layers.

One night the dogs went

(Cont. to A4)



Am I becoming my grandfather?

I must have been a very good boy this year because my wife showered me with wonderful Christmas gifts. One of my surprises was a blue cotton cardigan, which I quickly began to wear on a regular basis. The first time that I passed by a mirror wearing the new garment, I thought I saw my grandfather (Pop). As I turned toward the mirror, there he was looking back at me. It was the sweater that did it.

In his senior years, Pop was always cold and, therefore, he wore button-up sweaters nearly all of the time. That is what I saw looking back at me from the mirror. My thought was simply, "Am I becoming my grandfather?"

As I have mentioned before, my mother and I moved in with my grandparents when I was around six years old. As a result, Pop became the dominant male role model for me. I was not only taught a number of life lessons from him, but I took in everything there was about him. And about three-quarters of each year, Pop was uncomfortable with the temperature in his house. He developed a habit of slipping on one of his many cardigan sweaters and pulling his rocking chair up to the Warm Morning stove that heated our home.

I have several photographs of Pop and most of them display his love of sweaters. I never realized as a young man how he could possibly be cold all of the time! Guess what? Now that I am in my late 60's, I fully understand his infatuation with his attire. I am finding that I, too, am chilly most of the time.

Another habit of Pop's

was wearing Stetson hats almost year-round. He even wore them in the house at night. Once I asked him why he loved his hats so much, he replied, "David Joe, you can never go wrong with a good hat." He went on to clarify that because of his poor vision, the hats shielded his eyes from the bare light bulbs hanging from the ceiling.

It seemed to me that Pop wore his hats inside and outside most of the time, no matter the season or the weather conditions. It was unusual indeed to see him bare-headed. And on this subject, once again I find myself suddenly understanding. I have a few good Stetson hats myself as well as probably 30 baseball caps from which to choose. They provide warmth in the colder months, and protection from sunburn on my bald head in the summer. Yes, I am becoming Pop!

Pop was a man who worked extremely hard all

(Cont. to A4)

ramblings...

by: perlina m. anderkin

I may have a new BFF (for those of you not cool enough to know that means best friend forever), compliments of County Judge/Executive Buzz Carloftis.

Buzz sent me an e-mail photo of a van he spotted Monday at Wendy's gassing up and it's a conservative's dream machine.

I'm publishing the photo, along with this column, and I think all the slogans/advocacies on it will be legible enough for you to get the general idea that Lynda Farley, the "Smoking Kentucky Granny" is pro smoking, anti-Obamacare, for liberating the People's Republic of Amerika (sic), no mosque at Ground Zero -- well you get the idea. The vehicle took first place at the Rolling Art Show in Houston, TX last year.

Now if I can just figure out where she lives in Kentucky, we can be an organization of two.

I admire people that say what they think and let the chips fall where they may. I am not that brave. I know a lot of you think I pretty much say what I think but, actually, I hold back quite a bit because I don't want to offend some of my readers (democrats). My Dad was a

great advocate of "think twice and speak once" and "if you can't say something nice, don't say anything" and my husband, Jim, was much the same. Jim's philosophy was that we were the only game in town and it was our place to report the news, not make it. I basically agreed with him but, with the present rampant government idea of "We know what's best for you," it's almost impossible to keep silent.

For one thing, I have never understood city/countywide smoking bans in private businesses. If I owned a restaurant, it ought to be my decision whether it is a smoke-free establishment or not. Leave it up to the consumer. If I walk into a restaurant and realize "smokers" are there, I can leave and search out a restaurant where the dreaded "smokers" are not welcome.

I also have a big problem with someone else deciding what I can and cannot do in a piece of property which I bought and paid for.

I sometimes think I may actually be a libertarian at heart, except I don't agree with their policy of isolationism. It does matter

(Cont. to A4)



On Call

By: Rick Branham



This past Saturday 30 firefighters from Brodhead, Berea, London, Lily, Danville and other fire departments started a 40 hour Confined Space, Technical Rescue course. The course trains firefighters to enter a confined space and rescue trapped victims. The course will conclude this Sunday after four ten hour days over two weekends.

Last week I left off talking about search and rescue. When you hear search and rescue do you immediately think of a land search? Certainly that is a part of search and rescue but it does not stop there. This includes searching buildings as well and rescuing any victims that may be trapped. Last week's question was, what should a search/rescue team always take with them? A search and rescue team should always take forcible entry tools with them. Now this may include a set of irons, a flat-head axe and a halligan, a pry bar, and other tools. Most firefighters will carry a set of irons with them in order to make forcible entry.

The most fundamental duty of every fire department paid or not, is to protect life and property from fire. The protection of lives also includes the safety of

our own. During search and rescue operations we must consider the hazards to which firefighters may be exposed too. We must be up to date on training and equipment use to accomplish a rescue in the least possible time. An essential piece of equipment in search is rope. The rope may be used as a tagline or sometimes referred to as a life line in ordered for the rescuer to find his/her way out of the building. The rope is tied to a fixed object outside like a porch post or rail while the firefighter has the other end while searching the structure. The search team can also utilize this rope to tether off of and search adjacent rooms. Normally a search team consists of at least two firefighters. The officer will stay in the hallway with the tagline while the firefighter tethers off the line to search a bedroom. Once the search is complete the firefighter can use the line to find their way out.

This week I am going to end with some safety guidelines we follow when operating within burning buildings. We do not enter a building in which the fire has progressed to the point where there would be no vi-

(Cont. to A4)

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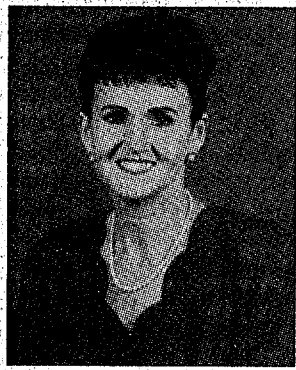
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Perlina M. Anderkin, Publisher/Editor

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Obituaries



Kate Taylor

Mrs. Kate L. Taylor, 66, of Brodhead, gained her angel wings on January 14, 2014 after a long illness.

She was born in Bloss, KY on April 7, 1947, the daughter of Willis and Thelma Barnes Childress. She was retired from the Rockcastle Regional Hospital and was a born-again Christian.

She is survived by: her children, Vicky (Chan) Hood and Shelia (Shannon) Hood, all of Somerset, and Ronnie (Kelly) Taylor of Brodhead; her grandchildren, Alex and Bryan Hood of Somerset and Kaycee Combs of Brodhead; a great grandchild, Preston Combs; three sisters, Zona (Conley) Phelps of Lebanon, IN, Betty (Rodney) Cochran of Jamestown, IN, and Bonnie Turner of Somerset; two brothers, Dale (Yvonne) Childers, and Ray (Vivian) Childers both of Advance, IN; and a host of nieces, nephews, extended family, and friends. In addition to her parents, she was preceded in death by four brothers, Raymond, David, Neva and Johnny and two sisters, Mary and Verla.

Funeral services were conducted Saturday, January 18, 2014 at 2:00 p.m. at the Dowell & Martin Funeral Home Chapel by Bro. David O. Bullock. Burial was in the Reynolds Cemetery.

Pallbearers were: Scott Childers, W. Dale Childers, David Nance, Michael Phelps, Tim Renner, and Danny Taylor.

Visit www.DowellMartin.com to view online obituary.

Mary McCown

Mary McCown, 86, of Mt. Vernon, died Thursday, December 26, 2013 at the Central Baptist Hospital in Lexington. She was born July 23, 1927 in Rockcastle County the daughter of the late Gran H. and Nettie Bradley Barron. She was a homemaker, enjoyed cooking, gardening, fishing and was a member of the Bible Baptist Church.

Survivors are: five sons, Clyde Jr., Michael, and Gary McCown, all of Cromwell, and Wendell and Kenneth McCown, both of Mt. Vernon; two daughters, Bernice Kirby of Conyers, GA, and Vickie Mink of Mt. Vernon; one brother, Norman Barron of Connorsville, IN; and one sister, Christine Odem of Crawfordsville, IN; 13 grandchildren; and 21 great grandchildren.

She was preceded in death by: her husband, Clyde McCown; one grandchild; and two great grandchildren.

Funeral services were conducted Sunday, December 29, 2013 at Cox Funeral Home with Bro. Don Stayton officiating. Burial was in the Cresthaven Cemetery.

Pallbearers were: Anthony Mink, Brian Kirby, Donnie McCown, Derek McCown, Billy McCown and Shannon Taylor.

View the complete obituary, sign the guest registry, or send condolences to the family online at www.coxfuneralhome.com.



Byron Douglas Owens

Byron Douglas Owens, 75, of Brodhead, died Saturday, January 18, 2014 in Irvine. He was born in Brodhead, January 4, 1939, a son of the late Millard and Verla O'Neill Owens. He was of the Baptist faith, enjoyed University of Kentucky sports, farming, the outdoors and his grandchildren. He was a United States Air Force veteran, having served as an Airman First Class. He was a retired railroad heavy equipment operator.

He is survived by: his wife, Rozella Owens of Brodhead; eight children, Rhonda Leigh Santo of Brodhead; Richard L. (Louise) Santo of McKee, Lisa (Greg) Angel of Beattyville, Sandra (Bruce) French of Orlando, Gary A. (Debbie) Santo of Brodhead, Jackie Santo of Mount Vernon, Chris Owens of Australia, and Jeanetta Owens; special family friends, Jeff Carr, Randy Harris, and Amy Irvin; 16 grandchildren, Jeffrey Bond, Jr., Carlita (Jasoff) Bond, Byron (Samantha) Bond, Richard (Lori) Santo III, Nikki (Kevin) Navarre, Michael Douglas (Becca) Santo, Douglas Scott (Alli) French, James Donald French II, Cody Allen Santo, Kaitlynn Santo, Savannah Santo, Kera Santo, Kendall Santo, Heather Angel, Amanda (Randy) Fox, and Samantha Angel; 17 great grandchildren; two brothers, Edward Denton (Cathy) Owens and Derrel Eugene Owens; a sister, Edna Wayne (Harold) Harper; and many nieces, nephews, friends and neighbors.

Besides his parents, he was preceded in death by a brother, Millard Ray Owens.

Funeral services will be conducted (today) Thursday, January 23, 2014 at 2 p.m. at the Marvin E. Owens Home for Funerals with Bro. Wayne Harding officiating. Burial will follow in the Piney Grove Cemetery.

Visitation will be held (today) Thursday, January 23, from 12 noon until 2 p.m. at the Marvin E. Owens Home for Funerals.

Condolences may be made at www.marvineowensfuneralhome.com.

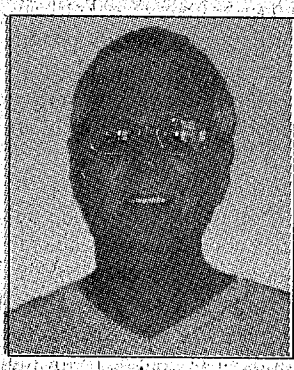
Card of Thanks

Lewis Coffey

The family of Lewis Edward Coffey would like to thank everyone for the many things that were done for us during Lewis' death. Thanks much for all the fraud, flowers, gifts, telephone calls, text messages, facebook messages, visits and, most of all, for your prayers.

A special thanks to the Rockcastle Ambulance Service, Dr. Karen Saylor and staff, Bro. Ron Roberts and the Brindle Ridge Baptist Church and the Marvin E. Owens Funeral Home.

May God bless you, Barbara Coffey, Marilyn and Marcia Coffey, Melanie Childress and Melinda Finley



Harold Dean Smith

Harold Dean Smith, 64, of Berea, husband of Sheryl Durham Smith, died Monday January 20, 2014 at his residence in Berea.

He was born in Spiro, Ky. on September 12, 1949, a son of the late Earl and Edna Pauline Bradley Smith. He was a twenty year employee of Tokico Manufacturing in Berea, and enjoyed muscle cars and working in the yard. On Mother's Day of 2013, Harold made a profession of faith in the Lord Jesus Christ and was a member of the Pine Hill Baptist Church.

Besides his wife, he is survived by: four children, Stephanie Smith of Pendleton, KY, Melissa (Mark) Smith of Cincinnati, OH, Jonathan Bradley of Florence, KY, Stephanie Bradley Angel of Berea; five grandchildren, Jeffrey Smith, Nicholas Smith, Ashley Spencer, Morgan Keiner, Kinleigh Davidson; two great-grandchildren and expectant third great-grandchild; four brothers, Eugene (Betty) Smith of Cincinnati, OH, Donnie (Roxanne) Smith of Louisville, KY, Roger (Cassie) Smith of Corydon, IN, Jeffrey (Donna) Smith of Brodhead; four sisters, Barbara (Daryl) McFerron of Mount Vernon, Linda Fisher of Cincinnati, OH, Carolyn Damrell of Berea, Lisa Reams of Mount Vernon and many nieces, nephews, friends and neighbors.

Besides his parents, he was preceded in death by one brother, Larry Smith.

Funeral services will be conducted Wednesday, January 22, 2014 at 2:00 p.m. at the Marvin E. Owens Home for Funerals with Bro. Clyde Miller officiating. Burial will follow in the Ottawa Cemetery.

Expressions of sympathy can be made in the form of contributions to Hospice Care Plus, 208 Kidd Drive, Berea, Kentucky 40403.

Condolences may be made online www.marvineowensfuneralhome.com.

News and advertising deadline is noon

Tuesday

Classified

deadline is

10 a.m. Tuesday



Elizabeth Burdette Owens Brumett

Elizabeth Burdette Owens Brumett, 79, of Waynesburg, KY died Tuesday January 14, 2014 at Ephraim McDowell Regional Medical Center in Danville, KY.

Mrs. Brumett was born on August 4, 1934, a daughter of the late Granville Delmas and Ethel Lawrence Owens. She enjoyed gardening, vacationing, traveling, reading and was a member of the Parlor Grove Baptist Church. On November 30, 1952, she was united in matrimony to Ernie Paul Brumett and from that union came five children.

She is survived by: her children, Beverly Ann Brumett (Frank) Ketrion of Melbourne, KY, Paul D. (Teresa) Brumett of Waynesburg, KY, Mark A. (Lori) Brumett of Waynesburg, KY, Catherine E. (George) Pleasants of Stanford, KY, Richard T. Brumett of Waynesburg, KY, Brenda T. (Bruce) Hubble of Reading, OH; ten grandchildren, Frank (Lisa) Ketrion, Rob (Becky) Ketrion, David Ross Brumett, Phillip T. Brumett, Chase Brumett, Cody Brumett, Amber (Charlie) Procter, Amy Hubble, Ashley Hubble, Eddie Hubble; thirteen great-grandchildren, Brayden Ketrion, Landen Ketrion, Max Ketrion, Mary Beth Brumett, Kayla Brumett, Natasha Brumett, Natalie Brumett, Nathaniel Brumett, Peyton Pleasants, Eli Pleasants, Lydia Procter, Lauren Tyler, Alissa Tyler; two brothers, Richard (Jean) Owens of Brodhead, Marion Owens of Brodhead and many nieces, nephews, friends and neighbors.

Besides her parents, Mrs. Brumett is preceded in death by: her husband, Ernie P. Brumett; two brothers, Chester Owens and William Owens; two grandchildren, Matthew W. Brumett and George Tate Pleasants.

Funeral services for Mrs. Elizabeth Burdette Owens Brumett were conducted on Saturday, January 18, 2014 at the Parlor Grove Baptist Church with Bro. Greg Lockard and Bro. Viole Brown officiating. Burial followed in the Piney Grove Cemetery.

Casketbearers were: Frank Ketrion, Rob Ketrion, Chase Brumett, Cody Brumett, Phillip Brumett and Jeff Eldridge.

Arrangements were by the Marvin E. Owens Home for Funerals in Brodhead, Kentucky.

Condolences may be made at www.marvineowensfuneralhome.com.



Roy Edward Oakes

Roy Edward Oakes, 51, of Mount Vernon, died Thursday, December 26, 2013 at his home. He was the husband of Erica Dawn Howard Oakes whom he married on November 4, 2010.

Roy was born in Rockcastle County on May 5, 1962, the son of Joe and Dessie (Swinney) Oakes. Roy was a collector of many things including antiques, guns and knives and he enjoyed trading and selling many of those. He was a loving husband, dad, son, brother, papaw, uncle and a friend to many.

Besides his wife and

parents, he is survived by: two daughters, Lila Rogers of Fulton, KY, and Nevaeh Jean Oakes of Mt. Vernon; one son, Roy Levi Oakes of Mt. Vernon; a step daughter, Shala Brooks of Mt. Vernon; three sisters, Margaret (Ricky) Tudor of Sand Gap, Linda Gail (Brian) Kirkland of Lexington and Bobby (Chris) Grigsby of London; two brothers, Mike (Sharon) Oakes of Dripping Springs and Sonny (Dayna) Oakes of Crab Orchard and two granddaughters, Katie and Katrina.

Funeral services were held December 30th at the Crab Orchard Church of God with Bro. Phillip Payne and Bro. Lonnie Goodin officiating. Burial followed in the Vanhook & Brewer Cemetery.

Pallbearers were Ricky Jo Tudor, Nathan Bohlman, Tony Saylor, Brian Kirkland, Joseph Peggs and Logan Felix.

Honorary pallbearers were Gene Caldwell, Bill Alexander, Ricky Tudor, Gene Swinney & Billy Howard.

Memorials can be made to McKnight Funeral Home at P.O. Box 97 Crab Orchard, Kentucky 40419.

Mamaw's Kitchen

By Regina Poynter Hoskins

CRACKER CANDY

40 saltine crackers
1 cup butter
1 cup firmly packed light brown sugar
1 bag (12 ounce) milk chocolate chips
1 cup chopped pecans or walnuts

Heat oven to 400°. Line a 12 x 18 cookie sheet with foil; spray foil with Pam or your favorite cooking spray. Lay out crackers end to end on foil.

In a saucepan, melt butter. Add brown sugar. Bring to a boil; boil hard for 3 minutes; stirring constantly. Mixture will be frothy looking. Pour over the crackers; bake for 3 minutes.

Remove cookie sheet from oven; sprinkle the hot crackers (be careful) with the chocolate chips. Let stand for 5 minutes. Use a small spatula to spread the chips around. Sprinkle nuts over chocolate. Chill in refrigerator for several hours or overnight. When hard, remove from foil and break into pieces. Store in airtight container.

CHOCOLATE SALAMI
4 bars (3.5 ounces each) dark chocolate (70% cacao), chopped
1 can (14 ounce) Eagle Brand® milk
3 cups coarsely chopped shortbread cookies
1 teaspoon vanilla
Powdered sugar

In a medium saucepan combine chocolate and Eagle Brand® milk. Heat over medium-low heat until chocolate is melted, stirring frequently. Remove from heat. Mixture is thick so I use a rubber spatula to mix the chopped cookies and flavoring into the melted chocolate.

Sprinkle 3 large sheet of

parchment paper generously with powdered sugar. On each sheet of the parchment paper, shape 1/3 of the chocolate mixture into a log about 12 inches long and one or two inches in diameter. Wrap each log in parchment paper. Chill for at least 8 hours or up to 24 hours. Slice before serving.

CHOCOLATE SAUCE

1 can Eagle Brand Milk
1 stick butter or margarine
1 can Hershey's chocolate syrup

Mix all together in medium pan. Let come to boil, but do not boil. Set aside and let cool a little. It thickens as it cools.

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T.J.'s Journal
by: Tonya J. Cook



A Time for New Beginnings

As I drink a cup of hot herbal tea this morning, I'm looking past my stained glass window hanging through the frosty window to see faint images of huge flakes of snow drifting by and coming to rest upon frozen leaves, a now-distant reminder of the autumn just passed. The room is deathly silent except for the crackling of the flames in the fireplace as they cast a glow of friendly shadows dancing about the room. The quiet is only interrupted by the occasional sigh or slight movement of one of the dogs as they sleep upon the floor. My mind is drifting through the past year, remembering the losses, the sufferings, and various trials that one must endure along life's path. Fortunately, there have been joyous days-days of accomplishment and days filled with hope for the future.

None know the number of days we have been given or how short the path we have been given. Occasionally, one must "take stock" of their life, evaluate, and yes, even make a few changes no matter how difficult. I've reached more than the halfway mark in my life. I've seen six generations of my family and have seen so many changes since my childhood. The years

have sped by so fast. Where does the time go? The time from now to age seventy-five or eighty will be only a glimmer. The Bible compares life to a vapor. Most of the commonplace things of "my days" are now obsolete, verging on being considered antiques.

What does the future hold? In many ways, we hold our future in our hands. I suppose the key is making wise, well thought-out decisions. Maybe if we didn't take life so seriously, and allow ourselves to enjoy life, enjoy our family, and friends. Of course, without even saying, a closer walk with God on a daily basis gives joy in life. His joy is true and He gives a peace beyond understanding.

Oh, those foolish decisions of our youth! Yes, I remember those... those decisions made on a whim, or just because somebody else was doing something, or it was the popular thing to do, or for any misguided reason at all. Where could I and many others be had we not made such erroneous blunders? Listen to our elders? Why should we, we knew far more than they.

The snow continues to fall and is accumulating on the ground. As a child at home on a snow day from school, I would have thought today was just

wonderful...and to tell the truth, I still do. There is a part of me, and in most of us perhaps, that is the child still buried under layers of responsibility, protocol, and the general business of adulthood.

Where do I see myself in the year ahead? I hope to be blessed with reasonably good health and a keen memory, in charge of my faculties, leading an active and productive life, and to finally have the time to do all of the things that I've put off doing.

I know that life is a matter of choices, and then there are consequences. Oh, to make the correct decisions.

Robert Frost's poem about the two paths that converge in the woods not only illustrates a choice concerning our life in general, but more to the point, a daily struggle in choosing what we must do, should do, what we would like to do, or what others expect us to do.

The last bit of tea now grows cold in my cup, but I suppose it's served its purpose of nourishment and companionship on this most wintry morning as I've pondered life and it's meaning.

To conclude with the last sips of tea, I must say I'm thankful for the new year ahead and the opportunities and the new beginnings it holds. I think I'd like to be remembered as someone who has made a difference, been a benefit to others, and left a mark behind to let the world know that I came this way, and that the world was a little better for it.

sight, touch and voice. If we cannot see, touch or hear the other rescuer(s) with you then a mayday situation may exist. We stay low, stay alert and maintain situational awareness. The conditions of the atmosphere can change drastically in an instance. Before opening a door we check for heat. If possible, we want to take a charged hose line with us to extinguish any fire should we encounter any. Once the search is completed and no victim(s) have been found then we radio back to operations or IC that the building is "all clear" and also report the progress of the fire and condition of the building.

Next week will continue with discussing search including multistory searches. This week's question is what are the two objectives of a building search?

While he has his breakfast, I am reading the Herald Leader. After the house is warm and I have read the daily paper, I wake my wife. There it is! Just like Pop.

Pop had an obsession with his yard. It was important to him that his grass was clipped and that debris from its many trees was collected and placed into a pile, which he would burn on a regular basis. He thought that an untrimmed yard, reflected poorly on the owner. His yard was one of the best trimmed in the entire neighborhood. Yes, I also inherited that trait from my Pop. My wife asks me all the time, "Are you having the yard mowed again so soon?" In my mind, the answer to that is "because that is the way it is supposed to be."

As many of you know, I recently purchased a vintage 1954 Chevrolet. As I look back on that acquisition, I am certain that I wanted that car because Pop had one. It was his '54 in which I learned how to drive, took my driver's test, and had my first car date. In the back of my mind, I had been looking for a car like his for more than 50 years.

I could continue on and on about the similarities between my grandfather and me. So Pop, if you can see me now, I have physically become a mirrored image of you - but that isn't all. It seems that, because I spent so much time with you, your own wishes and desires became part of my very nature.

I have become the image of my grandfather - an idea that once would have likely made me wince - but now, I frankly find it very satisfying.

(You can reach me at themtnman@att.net or you can drop me a line at P.O. Box 927 - Stanton, KY 40380. I appreciate your comments and suggestions.)

"ramblings"
(Cont. from A2)

whether or not Iran has a nuclear weapon, it does matter if the Syrian government murders its own people, it does matter whether or not Peyton wins his second Super Bowl, just kidding on that last one, that probably doesn't matter to anyone except me. And, it doesn't matter as much to me since he beat New England - that was my Super Bowl.

A friend told me recently that she enjoyed my column and asked how often I wrote them. I told her that it was usually whenever I felt the need to vent or could find something funny to write about. The vent columns seem to come up more often as I get older, rather than amusing subjects so the column gets written less often because I think you get tired of my venting.

Anyway, though the van was funny and mostly right on and decided to enjoy it while I could since it will probably be classified as "hate speech" soon by the federal administration.

"Points East"
(Cont. from A2)

to barking treed and the chickens started squaking real loud, so Grandpa grabbed his shotgun and a carbide light and ran outside in just his boots and underwear because he figured a possum or weasel was trying to kill his chickens.

He had the shotgun cocked and up to his shoulder with one arm while he used the other one to shine the light up in the tree to spot the varmint.

But he had inadvertently left the back door to his long johns open, so one of the dogs that had lost interest in whatever critter it was that had come on the place, sneaked up behind Grandpa and cold nosed his bottom that was poked out through the opening.

The dog startled Gramps so badly that he pulled the trigger on his shotgun and it kicked him down and while he was lying there on the frozen ground, three of his best laying hens fell out of the top of the pear tree and landed on top of him. I reckon the possum or weasel or whatever it was escaped the blast.

"On Call"
(Cont. from A2)

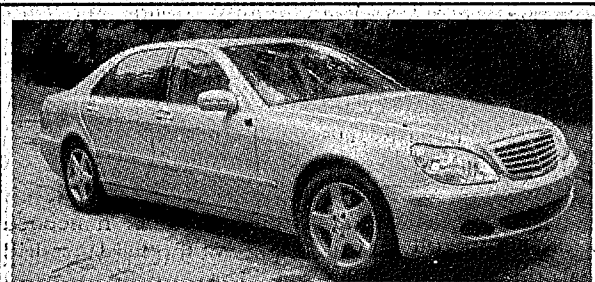
able victims. If backdraft conditions are present, we make entry only after ventilation has commenced. We maintain constant radio communication with the operations officer or the incident commander. We wear full protective equipment including our SCBA when conducting a search. We always work in at least teams of two and stay in constant contact with each other by

"Memories"
(Cont. from A2)

of his life. Even after his retirement from Aubry Feed Mills and Louisville Grocery Company after fifty years, he never really stopped working. Until the day he died, he worked harder than any man I ever knew. I always thought that he would slow down after retiring, but I was completely wrong. Every day of his life he arose every morning at the "crack of dawn" to begin his chores on our small farm.

The first thing he did each morning was to start a fire in the stove so that the house would be warm for the rest of the family when we got out of bed. And when I did get up, I knew he would be sitting by the stove - wearing his hat - reading the Courier Journal. OK, here it comes: I am the first to arise each morning in order to walk my Sheltie.

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Bookmobile Schedule
Monday, Jan. 27th: Calloway, Red Hill, Livingston and Lamero. **Tuesday, Jan. 28th:** Maple Grove, Orlando and Climax. **Wed., Jan. 29th:** Cave Valley Apartments (make-up day for Jan. 21-22). *Schedule subject to change due to weather conditions.*

City Council Meets Monday
The January meeting of the Mt. Vernon City Council meeting will be held Monday, January 27th at 7 p.m.

Brodhead Alumni Banquet
The Brodhead Alumni Banquet will be held Saturday, April 26th.

CCFFG Meeting
Concerned Citizens for Fair Government will meet Thursday, Jan. 23rd on the third floor of the courthouse at 6 p.m. Please use back door.

Hospice Volunteer Training
Hospice Care Plus New Volunteer Training will be held Saturday, January 25, from 9 a.m. to 4 p.m. at the Compassionate Care Center in Richmond. Pre-registration is encouraged. Contact Julie at 859-626-9292 or hospice@hospicecp.org. Patient care volunteers especially needed.

Brodhead Lodge Meeting
The Brodhead Masonic Lodge #556 meets every third Saturday at 7 p.m. on Main Street in Brodhead above Brodhead Pharmacy.

Alcoholics Anonymous
Alcoholics Anonymous meets Tuesday nights at 8 p.m. behind Our Lady of Mt. Vernon Church on Williams St. in Mt. Vernon.

Kiwanis Club Meetings
The Rockcastle Kiwanis Club meets every Thursday at noon at the Rentro Valley Lodge. Everyone is invited.

Historical Society Hours
The Rockcastle Historical Society is open on Mondays from 10 a.m. to 2 p.m. in the RTEC garage building.

American Legion Post 71
American Legion Post 71 meets the second Thursday at 7 p.m. of each month on the third floor of the courthouse. Commander David Owens invites all Rockcastle veterans to join this organization that honors American soldiers, sailors and airmen.

Our Readers Write

Road Department does great job...

Dear Editor,
My family lives on Hwy. 3245 in Brodhead. We just wanted to take the time to thank the State Highway workers for doing such a good job cleaning our road

when it snows. They come out in this weather and clean these roads so people can get out. You guys are appreciated out here in Brodhead.
Sincerely,
James Bretz family
Hwy. 3245,
Brodhead, KY

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Yards to Paradise

By Max Phelps
Tap A Maple Tree: Pure Sweet Drinking Water to Maple Syrup

Hearing about unsafe drinking water was one of the prompts for bringing up this subject at this time. Another reason was that following some cold winter weather, the sap in maple trees begins to rise as the temperatures get back above freezing (and may go back down on a cold night). Plus it is such a healthy treat—a natural sweet like from a peach or a strawberry—one that I've not enjoyed in a number of years. I think maybe this week I'll get my drill and make a hole in a sugar maple or two.

If you want the sweetest water or sap, you probably want to tap a sugar or black maple, but if you're thirsty any maple will do. And, if turning the sweet clear sap from maple trees into maple syrup or maple sugar sounds interesting, well it is. However, before you decide to get into the maple syrup business on a big scale, it would be useful to note that it takes between 40 and 50 gallons of water from the sweetest of maple trees to evaporate down into just one gallon of syrup. And you'll only collect from a pint to a gallon of sweet sap from one tree per 24 hours. You can expect a flow of two or three weeks duration to perhaps as much as six weeks in some years, depending on weather conditions.

Let's say this sounds nice; so, how do I go about it?

First, find a maple tree that is at least about a foot in diameter (that's about 39 inches if you take a measuring tape around the bark of the tree at two or three feet above ground

level. A hard sugar maple is what is used by most in the maple syrup businesses from Ohio to Vermont and Maine. Black maple, Caddo maple, some select cultivars of silver maples (because they reach the right size many years sooner) are generally the tree of choice.

But, again, if some refreshing free drinking water that tastes better than soda water is your objective, any maple of sufficient size will work. Maples that have less-sweet sap will obviously require more than the fifty gallons to begin with to end up with one gallon of maple syrup if you're cooking it down. (I would add that sweet birch is also an option for tapping if you know where any of these native trees are growing.)

Then you want to drill a hole in the selected tree(s). Find a sound, non-diseased, area of the maple tree trunk, facing a southerly direction, and begin your hole. From the point the drill enters the tree, you want to angle the hole upward somewhat to help the water flow out where you can catch it better. Drill the hole about 2.5 inches deep or deeper, but not more than a third of the distance through the tree trunk. Big trees could have a second hole drilled at least six inches from the first without serious or fatal damage to the tree. Maple syrup businesses tap the same maple tree for 50, 100, perhaps 200 years in a row—so killing your tree is not that likely.

Put a spile into your hole. Hammer if needed (but not too hard) or drill the hole a little bigger if needed.

These implements can

be obtained from a maple syrup supply company. However, if you want to do it today, or you want to save money, a branch of some tree that is hollow or very 'pithy' and soft inside can be made to work just fine. Usually out in the country alongside a road somewhere you can find a patch or thicket of elderberry bushes, which would be my tree limb of choice. These limbs can be trimmed to fit your drilled hole, take a wire or small diameter limb that is sturdy and push any pithy material from the center of your homemade spile or spigot. The metal or wooden spile should fit snugly as possible, although wrapping with tape or other material could also block the sap from running down the tree bark and not down your tube.

Under your spout, you want to place a container large enough to collect the sweet water. This could be a bucket or pan or any clean container. I've used a mason jar myself but that would be risky if it froze at night. It is important to store the collected water at a temperature under 50 degrees, unless you plan to use it within a day or two for drinking or evaporating.

To make maple syrup, you can use any large kettle you cook or boil water in. A large container on a wood-fired stove with no lid on the pot or kettle would be ideal for this purpose (unless you have a maple syrup or molasses making business or know someone who does that you could hire to convert your slightly sweet sap into genuine maple syrup). Once you collect enough sap to begin, fill your kettle or pan. As it boils or evaporates, you may con-

tinue to add more maple tree sap. This could be done on an outdoor fire pit, but keeping a constant boil temperature and keeping the product ash and dirt free would be more challenging.

A cooking/candy thermometer should reach 219 degrees, at which point you would have some good maple syrup. (At that temperature, well after it's cooled some but not gotten cold, you should strain it and bottle it. If the container seals like it would with pouring hot liquid into a mason jar or many of the jelly and other jars from the store you may have saved, then you do not have to refrigerate the syrup but may store it until you have a craving for syrup on your pancakes.)

Of course, many people give up before collecting 50 gallons of maple tree water. In which case, less syrup can be made. Also, the smaller the container, the closer you have to monitor the cooking process to keep from boiling over, or running the kettle dry and scorching your syrup, and so forth.

If you've never taken a big swig of cool maple tree sap, it's an experience you ought to try. And if per chance your regular drinking water is in short supply and it's late winter and the sap is rising, now you know how to obtain not just some life-sustaining water, but some that is sweet and refreshing.

Yum, my mouth is watering for some pancakes and maple syrup, a bowl of oatmeal with syrup added, or some chocolate & maple fudge, plus a cup of hot tea or cocoa with a little extra flavoring!

The author is a landscaper. Phone (606) 416-3911 or e-mail: waterfalls@safe-mail.net

Local artist to be at Artisan Center Feb. 1

On Saturday, Feb. 1, artist Carl Von Fischer, of Mount Vernon, will demonstrate his oil painting techniques from 10:30 a.m. to 3:30 p.m. at the Kentucky Artisan Center at Berea.

Von Fischer grew up in Cincinnati, and absorbed creativity directly from his parents. Von Fischer's mother was a basket maker and weaver and his father was a painter and a designer for Gibson cards. Von Fischer can remember taking a bus or streetcar to the Cincinnati Art Museum as a youngster.

"Almost every week, I would spend hours going from painting to painting. The ones that really caught my eye were the great Western paintings. I knew early on—that one day I would paint—where and when I didn't know," he said.

At age 16, he worked in Glacier National Park, affirming his love of the Western landscape.

After graduating from high school, Von Fischer joined the military and was deployed to Germany. Upon his return to Cincinnati, he attended the Central Art Academy, studying commercial art, and graduated with top honors. Von Fischer then worked for advertising agencies in Cincinnati, Pittsburgh,

Denver, and Greenville, S.C., before opening his own advertising agency. After five years running his own business, he sold it to his partner and moved out west to Missoula, Mont. There he began to teach himself to paint in earnest, often painting in the open spaces of the west.

In 2003, Von Fischer moved to Kentucky to be near his son and grandchildren and began painting full-time.

"You name it—I had to paint it. They say it's never too late and you are never too old. I agree to both. I let my paintings speak for themselves," he said.

Von Fischer likes to paint landscapes and animals and he uses a palette knife often to layer and apply the oil paint and delineate grasses, foreground and trees in the background.

Paintings by Von Fischer are regularly available at the Kentucky Artisan Center at Berea, 200 Artisan Way, just off Interstate 75 at Berea Exit 77.

The center's exhibits, shopping and travel information areas are open daily, year-round, from 9 a.m. to 6 p.m., and the cafe is open from 9:30 a.m. to 3:30 p.m. Admission is free.

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Rockets lose by 13 to Briar Jumpers

Rocket fans were encouraged in the first quarter of Tuesday night's game at Somerset when the boys came out ready for action and were ahead 15-11 at the first quarter stop. But those hopes were dashed in the second quarter when the Rockets could only muster 6 points to the Briar Jumpers 24 for a 14 point half-time deficit for the Rockets. Nine turnovers by the Rockets in that quarter contributed to the 24-6 run.

The Rockets outscored Somerset 19-16 in the third quarter, thanks to a three quarter court shot by junior Sam Pensol at the buzzer to cut the deficit to 51-40 and, in spite of Pensol's 13 points in the 4th quarter, the Rockets could only pull to within 8 at 71-63 before the Jumpers held on for the 77-64 final.

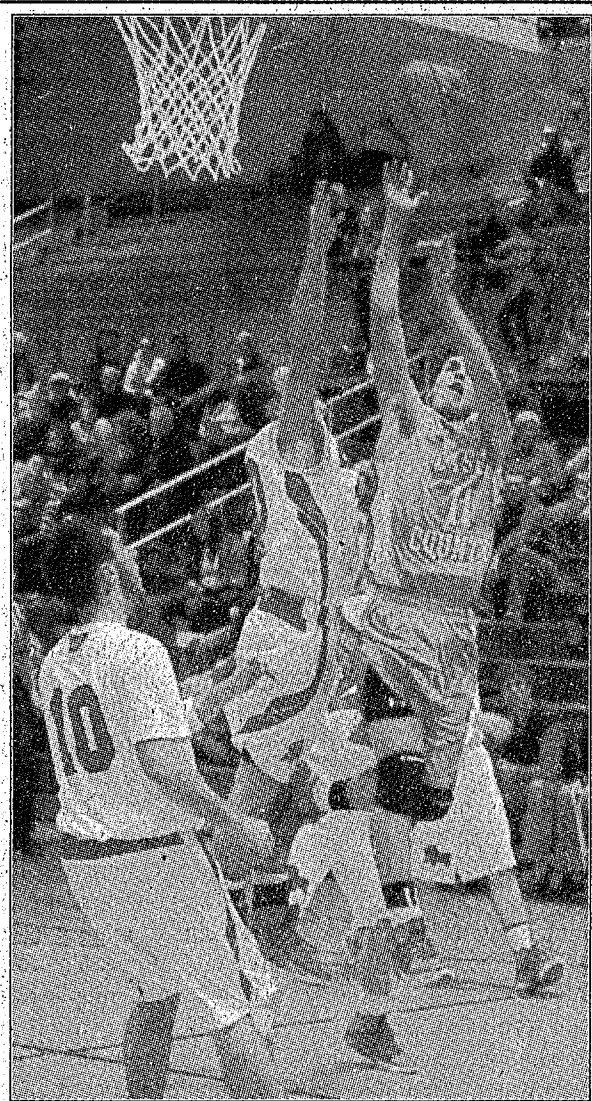
The Rockets had defeated Somerset 68-61 in their first district game in mid-December. However,

the Briar Jumpers came back in a tournament at Berea and defeated the Rockets by 10.

Pensol led his team in scoring with 24 points, including three three point baskets. Freshman Lucas Gentry was the only other Rocket in double figures with 12 points, which included going 8 for 9 from the free throw line; senior Gage Reynolds, who put back Gentry's missed free throw at the first quarter buzzer, got 6, along with senior Blake Mullins who canned two three point baskets; seniors Josh Mason and Dakota Hasty scored 5 each; senior Tyler Haper got 4 and freshman Carson Noble 2.

The Rockets are now 8-11 on the season and 2-2 in district play.

Along with games at Casey and a home game with Madison Southern with the Lady Rockets, the Rockets will host Burgin Friday night.



Freshman Carson Noble attempts to block a shot during the Rockets earlier match-up against Casey County. The Rockets will travel to Liberty Thursday night for another district matchup against Casey County. Tip-off for the Rockets game is at 7:45 p.m.

Kentucky Afield Outdoors

Wildlife research and lake improvements highlight 2014

The new year already is shaping up to be a busy one at the Kentucky Department of Fish and Wildlife Resources.

The department's Fisheries Division is working to jumpstart fish populations in Lake Cumberland and its tailwater in anticipation of the lake returning to its normal level in 2014, following a dam repair project which began in 2007. The division also is investing significant resources to add more fish cover to the state's best muskie lake.

At the Wildlife Division, a new deer study launches this year along with continued research to bolster the state's bobwhite populations. Here's a look at what's ahead for 2014.

Deer study

Department biologists are partnering with two University of Kentucky graduate students to determine why the deer population lags in parts of southeastern Kentucky.

"We're pretty excited about it," said Tina Brunjes, deer and elk program coordinator with Kentucky Fish and Wildlife. "This is the first deer research we've done in the eight years I've been here."

Researchers will fit 60 female deer in Clay County with radio transmitters then release the does back to the woods. The transmitters will enable researchers to track each deer's movement and determine if it has given birth. Fawns produced by the does will be caught this spring and receive their own radio tracking collars. Researchers will monitor their movement for up to a year.

In previous years, Kentucky Fish and Wildlife has reduced the number of deer that hunters can take in southeastern Kentucky in an effort to grow the herd.

"What we're trying to do is figure out why these deer herds are not responding to reduced harvests," Brunjes said. "Right now the very popular thing to blame is coyotes. Another big one is poaching. Biologists tend to look at habitat issues: is there enough food? Is there enough cover? Do they have everything they need? We're not sure which one of these elements or what combination of elements is causing these deer herds to remain very low and stressed."

Lake Cumberland anticipation builds

The department is stocking more and bigger fish in Lake Cumberland and the tailwater below Wolf Creek Dam in anticipation of the lake returning

to normal levels this year.

The prolonged draw-down was prompted by emergency dam repair work that started in 2007.

While the lake remained low to help reduce stress on Wolf Creek Dam, bushes and trees that grew along its banks will provide good fish cover once it is flooded by the lake's rising water.

"It will be almost like a new lake effect for the next several years," said Fisheries Division Director Ron Brooks.

A project to improve and reroute Hatchery Creek downstream of the dam should get underway this year. Contractors will build a new one-mile channel featuring numerous pools and riffles extending to the Cumberland River.

Peabody quail project

A research project at Peabody Wildlife Management Area in western Kentucky is leading the way on the northern bobwhite quail restoration front.

The first four years of the project focused on habitat improvements and its effectiveness, said Small Game Program Coordinator John Morgan.

"The last two years are focusing more on harvest management," he said. "We've really just started to see in the last year where we've really had a boom in the quail population. We had these incremental gains, but 2013 was the year where we finally got a nice boom in the population. Unfortunately, on one of spots where we didn't do any work, they had a huge boom, too. That's the nature of research in our profession."

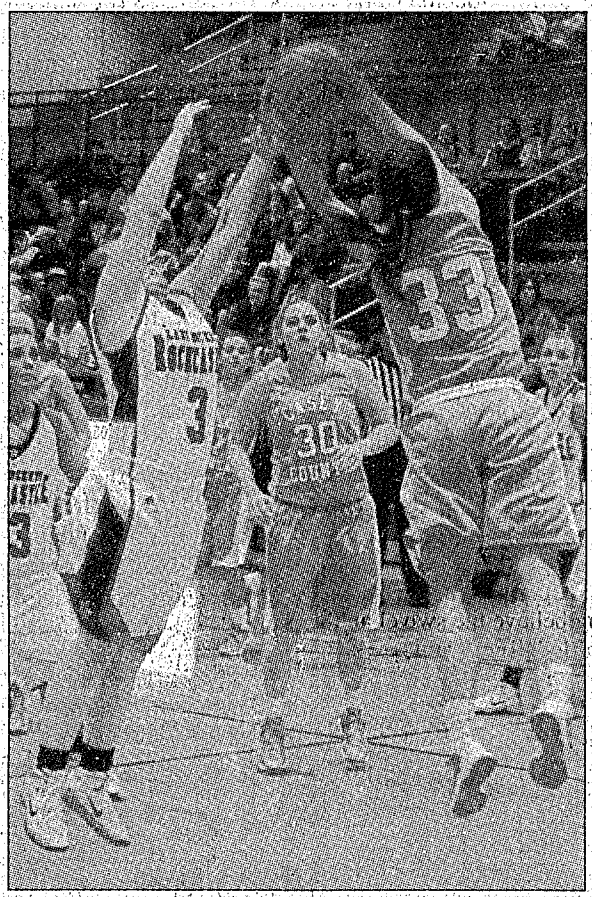
Cave Run Lake fish habitat project

The Fisheries Division this year will launch a major fish habitat project at Cave Run Lake.

"We've been doing habitat work for years in a lot of our lakes, but this is going to be the largest we've attempted," Brooks said. "We're talking about mile-long reaches — and about a half of a dozen of them."

Submerged trees and brush being added to the lake will attract plants, microscopic life and forage fish. It also will offer haven for young fish. The department plans to add fish habitat to Scott Creek, the Shallow Flats Bank Fishing Area, Stoney Cove, Adams Point, Ramey's Creek, Warix Run, Buck Creek and Poppin Rock.

If successful, the project could be a model for similar efforts in the future at other lakes around the state, Brooks said.



Freshman Mahala Saylor goes for a rebound during a previous Lady Rocket game against the Casey County Lady Rebels. The Lady Rockets will join the Rockets in a double header this Thursday when they travel to Liberty to take on Casey County. Tip-off for the Lady Rockets game is at 6:15 p.m.

Kentucky Afield Outdoors

Polar Vortex brings float and fly time to Kentucky

Meteorologists called the recent cold snap that sent air temperatures plummeting to subzero levels all over the Ohio Valley a "Polar Vortex." Old timers used to call Arctic winds "severe cold fronts" or "freezes," but Polar Vortex sounds much sexier.

It froze the ground hard, burst water pipes, numbed fingers, increased heating bills and generally caused misery across Kentucky.

The vortex also sucked the heat from Kentucky's smallmouth reservoirs, sending water temperatures below the 40 degree mark for a time, a rarity for most Kentucky winters. The water temperature at Burnside on Lake Cumberland on Jan. 10 read 39.4 degrees, according to the U.S. Army Corps of Engineers website. The water temps hovered in the low 40s on Laurel River Lake this past Monday.

The shad and alewives that live in reservoirs such as Lake Cumberland, Dale Hollow, Laurel River Lake and lower Green River Lake don't feel so good in water this cold. They twitch in stressful spasms and swim on their sides as they fight to survive winter's stress. The recent extreme cold created made-to-order conditions for the float and fly presentation. The colder the water, the better the presentation works.

Smallmouth bass suspend in the water column over points, channel drops or along bluffs waiting to

pick off, winter-stressed baitfish in January and February on these lakes. Large female smallmouth bass must eat now to nourish the eggs growing inside them.

"The small fly has enough action to trigger a response, but isn't a huge energy investment on the fish's part," said Jeff Ross, assistant director of fisheries for the Kentucky Department of Fish and Wildlife Resources. "It is a perfect imitation of a thermally stressed shad."

The float and fly presentation is a fun way to fish. It brings you back to the early days of fishing with an older relative, intently waiting for a bobber to disappear. You'll need a spinning rod between 8 and 11 feet long and

(Cont. to A7)

Lady Rockets lose big to Somerset

The Lady Rockets traveled to Somerset Monday night for a make-up game with the Lady Briar Jumpers and ended up taking a 79-48 beat down.

The two teams met in mid-December and the Lady Rockets lost 63-56. But, Monday night, turnovers plagued Rockcastle — 9 in the first quarter, 21 in the game — along with poor shooting.

The Lady Rockets got the first two points of the game, a basket by senior Kayla Reynolds, but at the end of that period, the Lady Briar Jumpers were up 25-8 with the majority of their points coming on run-outs off turnovers.

The lead had increased to 20 at half-time, 42-22. In the third quarter, seven straight points by the Lady Rockets, including a three by junior

Alaina Coguer, cut the lead to 13 but that was as close as the Lady Rockets would get.

Sophomore Morgan Renner was the only Lady Rocket in double figures, leading the scoring with 14; Coguer got 8; Reynolds and Hope Kelley, got 6 each; freshman Mahala Saylor and sophomore Ashley McKinney had 4 each; freshman Emily Payne got three at the charity stripe; senior Brianna Hansel had 2 and freshman Caroline Coguer got one.

The girls re now 4-12 on the season and 0-4 in district play.

The Lady Rockets and Rockets home game with the Wayne Co. Cardinals on Tuesday night was cancelled because of the

(Cont. to A7)

RCHS girls finish first in swim meet Saturday

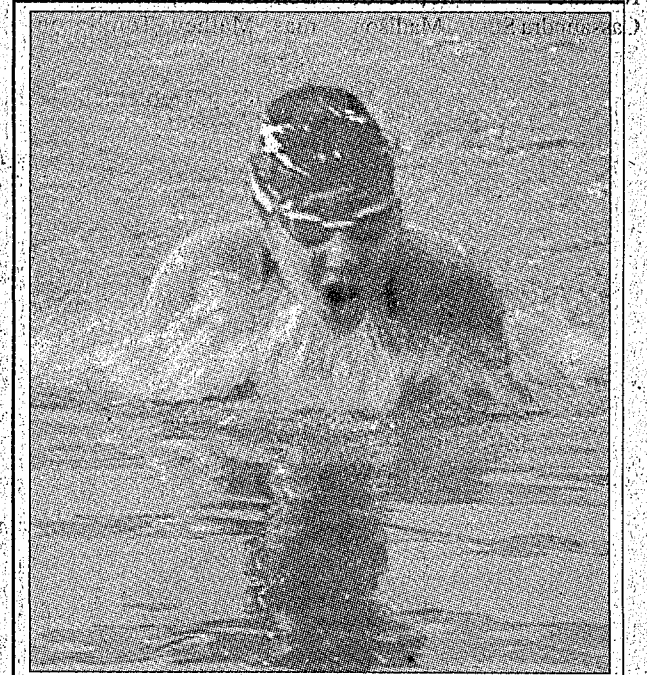
The RCHS swim team took on Berea Community and Madison Southern in a meet on Saturday January 11th at the Seabury Center. The girls team finished 1st with 122 points MSHS 108 and Berea 43. The combined scores were MSHS with 232, RCHS 149 and Berea 110. The Rockets achieved 13 best times out of 32 events.

In what turned out to be the most heated race of the day Andrew Burton in Michael Phelps fashion won the 50 yard free with a time of 27.81 and out touching the competition by 0.22 of a second.

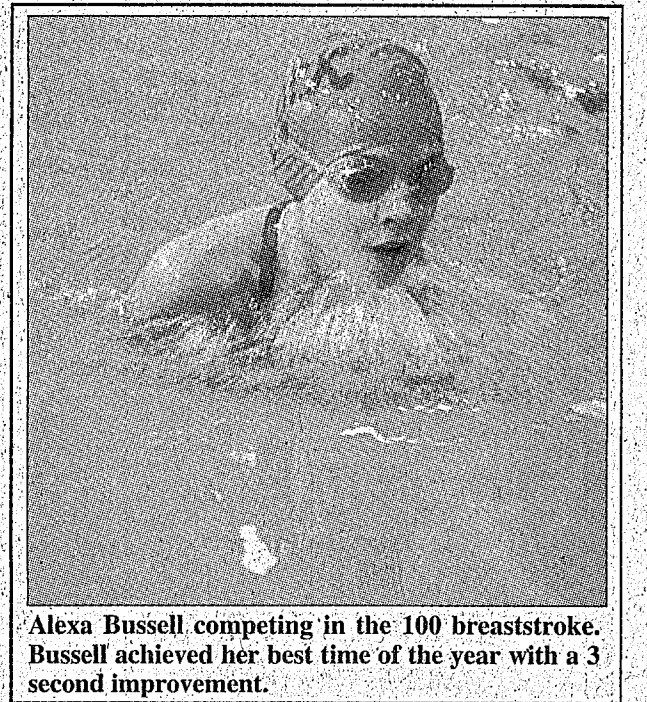
The relay team of Kellan Coffey, Rachel Cain, Emily Childress and Lauren Burton where able to sweep both the 200 and 400 yard relays while setting a school record in the 400 with a time of 4:32.00.

Kellan Coffey, Laurel Yates and Lauren Burton placed 1st while setting school records. Kellan 200 yard free 2:26.94, Laurel 100 breaststroke 1:25.21 and Lauren in the 500 free 6:08.43. Lauren also finished 1st in the 50 free 26.69 while Kellan finished 2nd in the 100 free 1:07.34 and Laurel 2nd in the 100 fly 1:22.97.

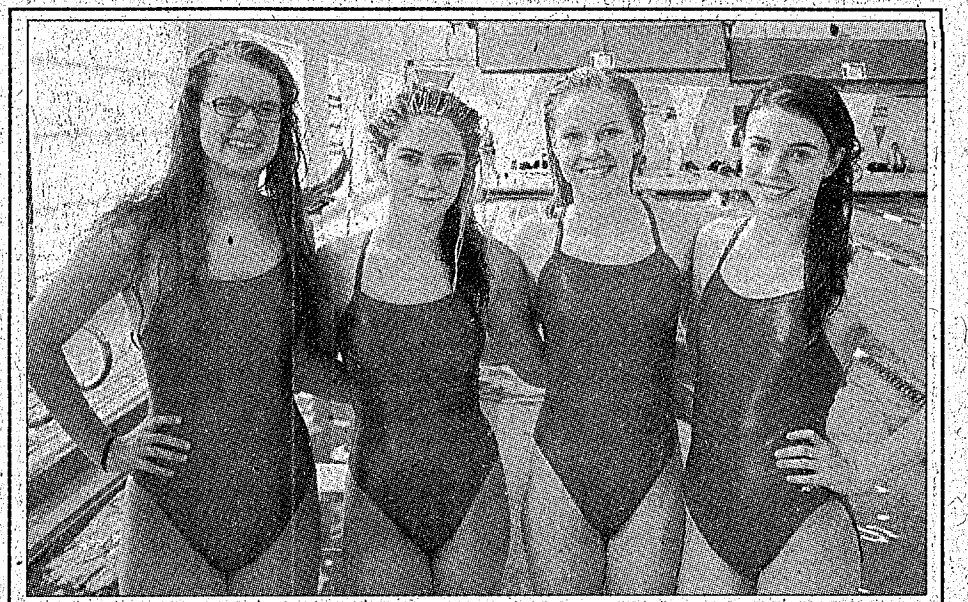
Other Girl's events and finishes: Rebekah Lake 2nd 200 IM 3:10.93, Emilee Thomas 3rd 200 IM 3:18.00, Emily Childress 2nd 50 free 29.65, Rachel Cain 50 free 3rd 29.81, Rachel Cain 3rd 100 free 1:08.07, Emily Childress 500 free 7:14.55, Rebekah Lake 2nd 100 backstroke 1:22.13.



Laurel Yates taking 1st place in the 100 breaststroke.



Alexa Bussell competing in the 100 breaststroke. Bussell achieved her best time of the year with a 3 second improvement.



Kellan Coffey, Lauren Burton, Rachel Cain and Emily Childress placed 1st in the 200 and 400 yard free relays.

RCMS Honor Roll...

3rd Grading Period
Enterprisers - Vashaun Alexander, Bailee Allen, Aden Amburgey, Selicity Broaddus, Ashlyn Brock, Cameron Bullock, Logan Bullock, Nathaniel Bullock, Aiden Cain, C.J. Cameron, Acton Cash, Jaclynn Chadwell, Katherine Coffey, Autumn Courtney, Kylee Fain, Valerie Franklin, Joseph Frith, Rebecka Griffin, Felicity Hopkins, Jacob Hunt, Andrew Hurt, William Isaacs, Blayne Kelly, Orin Lees, Callie Lewis, Jacob Loudermilk, Holly Miller, Ashton Monk, Dawson Nicely, Logan Noel, Gracelyn Owens, Dalton Pash, Luke Peavie, Jaylon Ponder, Nora Pulliam, Kaitlyn Santo, Devyn Seaberg, Reese Sherrow, Lebrana Sparks, Savannah Sweet, Leann Tankersley, Bentley Taylor, Zachary Taylor, Emilee Thomas, Alex Vanzant, Cynthia Wells, Tristan Winstead.

Voyagers - Jacob Adams, Shelbie Faye Baker, Jeffrey Barnes, Elizabeth Barren, Stormi Begley, Kaylee Brock, Lanell Brown, Pate Bullock, Selenia Burdine, Kaleb Burns, Jonathan Cain, Jaden Carpenter, Dylan Chandler, Wesley Clark, JJ Clouse, Chanler Cole, Dougie Collins, Jonas Cox, Brexton Cromer, Carly Cromer, Gracelynn Cromer, Andruw Didlot, Debra Dixon, Victoria Dotson, Tarrylton Dunn, Kaden Fletcher, Grace Gardiner, Haley Graves, Dustin Hamilton, McKenzie Himes, Morgan Hodge, Brandon Houk, Sadie Howard, Tatum Isaacs, Dakota Kirby, Caitlin Long, Reece McGuire, Robert Mullins, Brianna Owens, Braden Parker, Allie Pheanis, Emily Ponder, Sarah Powell, Jeriann Price, Rachael Reed, James Renner, Gabriel Robinson, Hayden Robinson, Justin Robinson, Rachael Shepherd, Cassandra Smith, Madison Smith, Trent Smith, Alexia Stalhandske, Jacklyn Stephens, Coleson Stevens, Alexis Stewart, Kristen Taylor, Joshua Thacker, Trevor Todd, Angel Turner, Paige Waddles, David Williams.

Adventurers - Michael Allen, Alexis Anderson, Hannah Barhetti, Elisha Blanton, Clifton Boone, Peyton Bowman, Emma Bullens, Cameron Bullock, Savannah Bullock, Cade Burdette, Zoe Burdette, Jameson Burdine, Dalton Childress, Kiara Clouse, Joseph Coffey, Sheradyn Cox, Dalton Durham, Megan Eversole, Shelby French, Allison Green, Gabriel Greenwell, Emily Hall, Sierra Hansel, Evan Hendrickson, Hallie Hines, Annie Johnson, Bailey Johnson, Logan Kidwell, Lauren King, Kassie Lay, Shannon McCormick, Drew McGuire, Lindsay Mink, Melanie Mink, Jacob Mobely, Hannah Mullins, Savannah Neeley, Samantha Newcomb, Jordan Nicely, Conner Noble, Harley Northern, Jaden Payne, Sara Pillette, Keaton Renfro, Chase Roberts, Jamison Roberts, Tyler Samples, Ethan Saylor, Kaitlyn Smith, Brooklyn Smithern, Isaac Stratton, Benny Tyler, Katelyn Cook-Vance, Amber Vaughn, Tyler Woods, Alexis Young.

Shooting Stars - Cole Ballinger, Heather Barnes, Seth Barrett, Jasmin Barron, Jeremiah Blevins, Destiny Brogan, Janelle Brown, Dylan Bullock, Kenneth Cain, Jordan Casteel, Sydney Cook, Kayla Cope, Sarah Cornelius, Rylee Creech, John Cromer, Hannah Denny, Amber Doan, Brittany Doan, Rachelle Doan, Paige Fowler, Seth Gabbard, Austin Green, Andrew Greer, Matthew Gustin, J.D. Hamilton, Jacob Hansel, Alexandria Hasty, Brianna Headrick, Shelby Hicks, Sydney Hines, Kaitlyn Hollin, Zachary Hopkins, Shaylin Howerton, Sierra Johnson, Zephyr Kennedy, Rebekah Kersey, Elizabeth Kidwell, Brendan Kirby, Hope Kirby, Benton Kuntz,

Joshua Martin, Daya McGuire, Elijah McKinney, Heather Miller, Kagan Miller, Noah Mink, Trevor Mobley, Tyler Navarre, Jake Neeley, Angela Northern, Sydney Owens, Tessa Pickle, Evelyn Pope, Aleya Powell, Sebastian Poynter, Nikki Renner, Sierra Robinson, Casey Rowland, Jimmy Sharp, Cayden Shaver, Chloe Shaver, Amber Silva, Alissa Smith, Heaven Smith, Josiah Smith, Lindsey Smith, Shawn Smith, Shelby Swanigan, Bailey Taylor, Cody Tillett, Larry Vanwinkle, Caroline White, Woodrow Williams, Courtney Wynn, B.J. Wynn.

Challengers - Brinkley Abney, Meghan Alexander, Isaiah Amyx, Holdan Barnett, Logan Barnett, Taylor Bartlett, Clare Beichler, McKayla Blair, Sam Brickley, Jarred Brown, Brandon Bullock, Brooklyn Bullock, Haley Bullock, Drake Callahan, Elizabeth Cameron, Keith Carpenter, Kennedy Carpenter, Lauryn Carpenter, Rachel Carroll, Carlee Cash, Bailey Chastgen, Charles Clark, Hannah Cotton, Joseph Cowan, Jackson Cromer, Karlee Cromer, Charity Damrell, Jesse Day, Kayla Doan, Joy Frith, Aaron Helton, Chelson Helton, Kendra Hensley, Kristin Holcomb, James Houk, Grant Isaacs, Mahala King, Austin Kirby, Peggy Lawson, John Lear, Christopher Long, Cora Machal, Lindsey Mahaffey, Morgan Mason, Emanuel Miller, Kiersten Mink, Taylor Mink, Devon Mullins, Breonya Napier, Kira Owens, Makayla Pennington-Lopez, Sarah Phelps, Jordyn Powell, Levi Prewitt, Vina Renner, Lucas Robinson, Lea Ellen Rogers, Jacob Shelton, Makayla Singleton, Natalie Singleton, Daniel Smith, Duncan Stanford, Jami Belle Stevens, Brittany Thomas, Mathew Tomlinson, Ethan Vanzant, April Volk, Madison Wilson, Leah Woodall, Hannah Zanet.

Comets - Emily Adams, Dylan Anderson, Hannah Arley, Devin Bass, Bethany Blevins, Katina Bond, Cameron Brown, Justin Brown, Miranda Brown, Miranda Brown, Thomas Brown, Matthew Bryant, Marshall Cain, Haley Carpenter, Tanner Carrera, Kyle Cash, Brooklyn Combs, Cameron Cornelius, Julie Cox, Ashley Crouch, Autumn Davidson, Emily Deubal, Nicholas Dillingham, Michael Flint, Maggie Franklin, Levi Gentry, Keashawna Ginter, Shelby Goff, Alysa Goodman, Angel Halcomb, Tyler Harris, Claudia Holstein, Anthony Houk, Sydney Hughes, Rebekah Hurlley, Rebekah Lake, Brooklyn Lane, Tyler Lovell, Brent Lovell, Anne-Nicole McClure, Brooklyn McGuire, Jacob McGuire, Logan Miller, Pamela Miller, Hannah Mullins, Zachary Nelson, Destiny Osborne, Mackenzie Payne, Megan Peacock, Sarah Ponder, Jamison Poynter, Lauren Prewitt, Noah Prickett, Shetarra Prickett, Austin Renner, Nathan Renner, Brooklyn Reynolds, Elicia Reynolds, Hunter Rigsby, Makayla Robbins, Makayla Roberts, Sarah Roberts, Sydney Robinson, Micheal Rowe, Steven Rowe, Austin Smith, Jordan Smith, Blaze Stewart, Megan Taylor, Shyanne Thomas, Traber Vanhoose, Noah Vanwinkle, Sarah Weaver, Kristen Wilson, Ryan Winstead.

"Lady Rockets"

(Cont. from A6)

weather. The Lady Rockets will play a double header make-up game with the Rockets at Casey County Thursday night with the Lady Rockets playing at 6:15.

On Saturday, the Lady Rockets will play at Danville at 6:30 and next Tuesday night will host the Madison Southern Eagles in a double-header with the boys team.

"Vortex"

(Cont. from A6)

a spinning reel with a good drag. Many manufacturers now offer affordable spinning rods of this length.

The system employs 4-pound test line, but many float and fly enthusiasts use a spinning reel designed for heavier lines. The larger reel's heavier weight helps better balance the long rod and the bigger spool grants much more line capacity, imparting a little extra casting distance.

The term "fly" is a southern smallmouth angler expression for a hair jig. A bucktail jig with a pork trailer is called a "fly and rind" in the upper South. The fly in the float and fly is a two-inch long, 1/16- to 1/8-ounce jig dressed in either craft fur or duck feathers or a combination of both. The fly is suspended anywhere from 8- to 14-feet deep under a bobber.

Some anglers use specially weighted foam bobbers designed to turn on their side if a fat suspended smallmouth engulfs the fly and doesn't move, a common occurrence in winter. Others use a 7/8-inch pear-shaped hard plastic bobber, but these crack and become worthless if they strike shoreline rocks. A cracked bobber will slowly sink like a huge smallmouth engulfed the fly; a foam bobber that hits a rock just gets a dent and still floats.

Many float and fly enthusiasts spool their reels with 4-pound green monofilament or clear fluorocarbon line, attach a bobber and tie on a fly. Others use braided lines equivalent in size to 2-pound monofilament with a much higher breaking strength tied to a 3-way swivel. They tie a 4-pound fluorocarbon leader to an open loop on the swivel, tie the fly to the leader and clip on a bobber to the other swivel loop.

Proponents of this rigging believe the swivel and braided line grants more casting distance and gives the fly more action. Those who prefer just line trust one knot over three. Plus, adjusting the depth of the fly is much easier with this method.

Eight feet deep is a good depth to suspend the fly and adjust shallower or deeper as conditions dictate. Windy, overcast days call for a shallower fly depth while shimmering, bright days may require a depth up to 14 feet.

Cast the fly to a main lake point, channel drop or bluff wall and let the bobber ride the waves and impart action on the lure. Employ an overhead cast and allow the fly to hit the water on the back cast, providing slight resistance that increases casting distance.

On calm days, shake the rod tip and make the bobber wink at you in place to impart action on the lure. The erratic movement is what fools the big smallmouth into thinking your fly is a winter stressed shad. Reel the offering in about 10 feet and repeat.

The small V-shaped coves are overlooked smallmouth lairs on these reservoirs. Cast the float and fly right into the middle of these coves as smallmouth often suspend right over the cut in the bottom that formed them.

Craft hair jigs in combinations of sky blue, chartreuse, white and red work well for the float and fly, the blue and chartreuse combination works extremely well on Lake Cumberland. Jigs tied with the flank feathers of a mallard duck combined with strands of pink or chartreuse crystal flash excel in colder water.

Anglers often rub a petroleum jelly based scent known as dope on the head of their flies. Some trim their craft hair jigs to follow the bend of the hook and liberally dope the entire fly until it looks like a stick in the water. This works especially well on sunny, clear days when winter smallmouths are most finicky.

The next six weeks will be the best time in several years to try it.

YOU DON'T HAVE TO GO TO GREAT LENGTHS TO FIND GREAT DOCTORS.

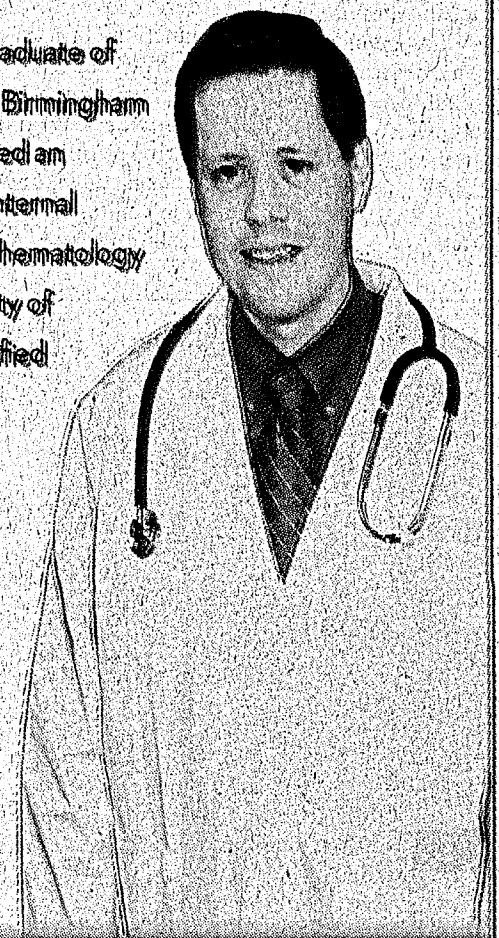
Some of the best care available anywhere is available right where you live.

ABIGAIL BYRNES, MD, completed medical school, internship and residency in internal medicine and a fellowship in hematology and oncology at the University of Cincinnati. She is a highly qualified and experienced oncology/hematology specialist who is proud to practice at Baptist Health Corbin and see patients in its satellite office - Baptist Health Cancer Care - at 940-B W. Main Street, Mt. Vernon, Kentucky. For more information, call 606.256.1711.



FRANK DOMURAT, MD, a graduate of Warren Alpert School of Medicine in Providence, R.I., completed a residency in internal medicine at Buffalo General Hospital, State University of New York as well as the Wilmot Cancer Research Fellowship and an infectious disease fellowship at Strong Memorial Hospital, University of Rochester, N.Y. He is a highly qualified and experienced oncology/hematology specialist who is proud to practice at Baptist Health Corbin, located at 1 Trillium Way, Corbin, Kentucky. For more information, call 606.523.1934.

MICHAEL WHITE, MD, a graduate of the University of Alabama at Birmingham School of Medicine, completed an internship and residency in internal medicine and a fellowship in hematology and oncology at the University of Kentucky. He is a highly qualified and experienced oncology/hematology specialist who is proud to practice at Baptist Health Corbin, located at 1 Trillium Way, Corbin, Kentucky. For more information, call 606.523.1934.



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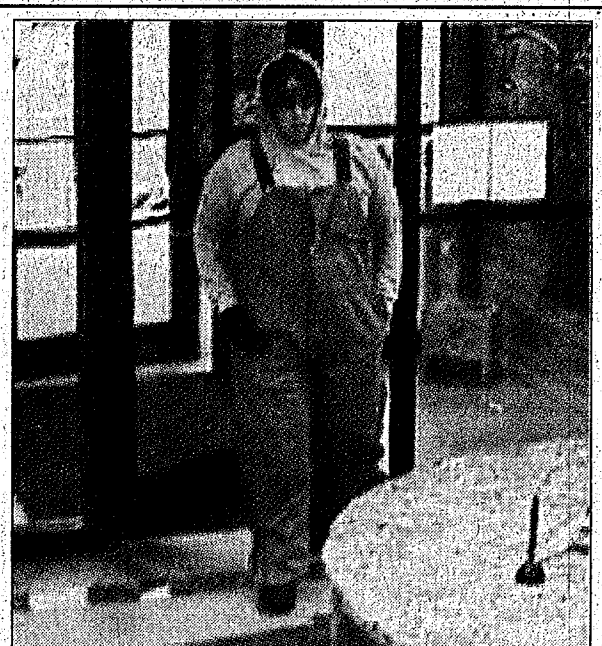


Mt. Vernon Fire Department responded to an apartment fire at the Rockcastle Villa Apartment complex on West Main Street in Mt. Vernon Saturday. Firefighters said they were able to contain the fire to the bedroom of the apartment and that no other fire or smoke damage extended to any other apartments. The identity of the renters was not released. Firefighter Jackie Weaver suffered minor burns to his hands and was treated at the scene by Rockcastle EMS. No one else was injured in the fire.

“Robberies” (Cont. from front)

p.m. last Saturday from an employee stating they had been robbed at gunpoint. Once Robinson arrived, the Cash Express employee told him that a man came into the store and said that he needed a loan. The employee said the man then walked up to the counter and told her to “back away from the computer and you won’t be hurt.” The employee told Robinson that the man then gave her a note demanding money and showed her a gun he was carrying. After the Cash Express employee handed the man an undisclosed amount of cash, he put the money and note in a bank bag and fled on foot through the parking lot and across Hwy 150 toward the Mt. Vernon City Park. The employee said the man had red facial hair and was wearing a gray hoodie, blue jeans, a white ball cap and sunglasses. Upon further investigation, Assistant Chief Barry Adams contacted a Mt. Vernon City employee that had access to the city park’s surveillance cameras. During review of the surveillance cameras, Adams noticed a green Mercury Villager van pull into the city park parking lot and back into a space at the end of the parking lot. He also noticed a man matching the description of the Cash Express robber get out of the vehicle and walk across the railroad track toward Cash Express. Moments later, he noticed the same man run across the railroad track, get into the green van, and speed out of the parking lot turning left on to Williams Street. Later in the day around 3:30 pm, Adams made a traffic stop on a green Mercury Villager van matching the same description traveling east on West Main Street in Mt. Vernon. Once Adams approached the vehicle, he noticed that a female, whose name has not been

released, was driving and Speaks was in the passenger seat. Adams said Speaks fit the description of the man who robbed Cash Express and noticed a large bulge in the man’s left front pants pocket. During questioning, Speaks told Adams that the bulge was money that was given to him by a relative. He handed the money to Adams which was a large amount in various denominations. Adams then received consent from Speaks to search his residence on Old Brodhead Road in Mt. Vernon. Once officers arrived at the residence, they found clothing on the bed and in the bedroom floor that matched the clothing worn by the Cash Express robber. They also found a dark blue bank bag on the bedroom dresser. Officers also found an orange hooded sweatshirt and brown coveralls in the bedroom that matched the description of the Citizens Bank robber last Friday night. After searching the green Mercury Villager van, officers found a black toboggan, a pair of brown Jersey gloves and a pair of sunglasses that matched the description of the Citizens Bank robber. During questioning, Speaks admitted to officers that he robbed the Citizens Bank in Brodhead and the Cash Express in Mt. Vernon. Speaks told officers that he was armed with a .25 caliber pistol during the robberies and that he later threw the pistol into Lake Linville toward the end of Rose Hill Road. Although there has been a lot of speculation throughout the community, officers say it’s unclear at this time if Speaks was involved in the recent PBK Bank robberies in Mt. Vernon and Junction City. Speaks was charged with two counts of first degree robbery and he remains lodged in the Rockcastle County Detention Center on a \$250,000 cash/property bond.



Lee Hamilton Speaks, 28, of Mt. Vernon was arrested last Saturday night after admitting to police that he robbed Citizens Bank in Brodhead last Friday and Cash Express in Mt. Vernon last Saturday. Speaks was charged with two counts of first degree robbery and remains lodged in the Rockcastle County Detention Center on a \$250,000 cash/property bond.

“Website” (Cont. from front)

Gevedon said he hopes to ease the struggle of the marketing and sales process through his ecommerce website so craftspeople and artists can focus on creating their products. “I’ve had so many people tell me they hate the agonizing process of creating/maintaining a webpage, creating a PayPal account, taking a picture of their product, describing it on their webpage, taking orders, packaging the product, shipping it, providing all the tax information, so on and so forth,” Gevedon said. “I will handle all of that for them and also help them get their product more visibility on a national level so they can focus on what they do best which is creating their products.” Gevedon also said that his customers are in control of the amount of their products they want to create and sell. “If someone works a job full-time and only makes one craft a month to sell for a little extra spending money, that is fine. If that same person were to lose their job and want to

make ten of their crafts a month to sell, that’s fine too,” Gevedon said. “They make their product at their own speed and they aren’t required to make any certain number. I currently only list ten items a month or less per customer but that is subject to change based on their situation.” Although the ecommerce website won’t be launched until February 1st, Gevedon said he has already had people from Rockcastle County and surrounding counties sign up for his service. He said people are already making appointments with him so “they can hit the ground running” once the website is officially launched. Gevedon went on to say that this is a “personal” business venture for him in that he loves to help people who are creative and enjoy creating unique crafts and other works of art. “Every person that comes to an appointment brings a craft or piece of art that they care deeply about. Every item has a story as well as a unique meaning and features to it,” Gevedon said. “I know that there is someone out there miles away who will be at-

tracted to such a unique product. That’s why the company’s motto is ‘Bringing handcrafted products and artistic creations from our hands to your heart.’” Gevedon said he encourages those who are interested can come to the Kentucky River Trading Company office, which is currently located inside D&S Computers across from Rockcastle County High School on Hwy 461 in Mt. Vernon or you can contact Gevedon at 606-682-9177.

“Shooting” (Cont. from front)

ambulance to Rockcastle Regional Hospital. He was later flown to the UK Medical Center where he was treated for non-life threatening injuries and released. Bell was arrested on an unrelated warrant for first degree stalking. He remains lodged in the Rockcastle County Detention Center on a \$10,000 cash/property bond. The shooting is still under investigation by Kentucky State Police and Kelly is in charge of the investigation. The shooting case is expected to be presented to a Rockcastle County Grand Jury in February.

“Precursor” (Cont. from front)

Childress found lithium batteries, drain cleaner, sea salt, funnels and several other items used to manufacture meth. Childress also noticed that receipts from the Dollar General store in Brodhead showed that the meth making items were purchased moments before the traffic stop. Burton also reportedly told Childress the items were purchased to manufacture meth. All four were charged with public intoxication and unlawful possession of a meth precursor. They remain lodged in the Rockcastle County Detention Center on a \$5,000 cash bond each.

“Meth” (Cont. from front)

According to state police reports, Trooper Eric Moore and Deputy Sheriff Shannon

Franklin responded after receiving a complaint of a possible meth lab at the home. Once officers arrived, they could smell a strong chemical odor coming from behind the residence. After receiving consent to search the home, officers found a pill bottle on the kitchen counter containing three different prescription pills. Hellard told the officers that the pills belonged to him although the prescription pill bottle was prescribed in someone else’s name. In the bedroom, officers found two cut aluminum soda cans with burn marks on them. Officers also found a needle in the bedroom closet. Upon further investigation, officers found several cans of lighter fluid and an empty bottle of lye in the backyard. Officers then discovered a “well worn” path that went from the backyard up a small embankment. Lying along the path, officers found two backpacks that each contained a one-step meth lab, HCL generator, coffee filters, ammonium nitrate, drain cleaner, plastic tubing, funnels, measuring cups and zip-lock bags. Hellard was charged with manufacturing methamphetamine, drug paraphernalia and three counts of illegal possession of a legend drug. He remains lodged in the Rockcastle County Detention Center on a \$25,000 cash/property bond.


Church News Youth Service

Flat Rock Baptist Church will have a Youth Service Sunday night, January 26th at 7 o’clock. Children have a way of blessing our hearts. Come be a part of this service. Coming to Flat Rock-- Adam Hill and his gospel band, Driven, on February 9th at 11 a.m. This is going to be a great service. Free admission. A love offering will be received. Flat Rock Baptist Church and Pastor Bro. Jack Stallworth welcome all.

Benefit Singing









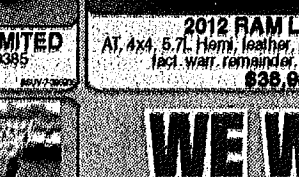
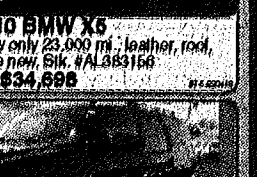










Benefit singing for Shirley Newcomb’s funeral costs at Main St. Diner in Livingston Friday night at 7 p.m. Singers will be Bro. Ralph Allen, Webb Family, Doan Family and others.

DON FRANKLIN



345 S. Hwy. 27 • Somerset, KY

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 2011 CHEVY SILVERADO EXT. CAB LTZ Leather, roof rack, loaded w/extra, only 45,000 mi. Stk. #B221978 \$31,900	 2012 CHEVY SILVERADO EXT. CAB LT Z71 4x4, chrome clad whs, only 9,000 mi., full power, SWC, Stk. #C227440 \$29,900	 2006 PONTIAC GTO Leather, AT, loaded, super low 47,000 mi. Stk. #K 550849 \$16,990	 2011 CHEVY EQUINOX LS P/seat, P/W, P/L, alloy wheels, extra clean. Stk. #B110181 \$17,990
 2007 JEEP WRANGLER UNLIMITED 4dr, AT, P/W, Stk. #7L140395 \$22,990	 2012 RAM LARAMIE AT, 4x4, 5.7L Hemi, leather, nav., P/running boards, fact. wart. remainder. Stk. #C8168560 \$36,990	 2010 BMW X5 AWD, extremely low only 23,000 mi., leather, roof, loaded, like new. Stk. #AL383158 \$34,999	
<h2 style="margin: 0;">WE WILL NOT BE UNDERSOLD</h2>			
 2007 GMC SIERRA 1500 EXT. CAB S/LT 4x4, leather, V8, sharp. Stk. #71101048 \$18,999	 2007 CHEVY TAHOE LT Bams B, cloth, 4x4, CC, P/L, P/W, SWC, Stk. #71273755 \$19,990	 2006 GMC SIERRA 1500 CREW CAB All leather, V8, 4x4, leather, AT, 4dr. Stk. #B1278177 \$25,999	
 2006 TOYOTA SIENNA Blue, V6, AT, dual AC, sharp. Stk. #B5418517 \$9,999	 2007 TOYOTA TACOMA CREW CAB 6RS 2WD, P/W, P/L, traction control, V6, 4dr. Stk. #7232048 \$19,990	 2006 GMC SIERRA 1500 CREW CAB All leather, V8, 4x4, leather, AT, 4dr. Stk. #B1278177 \$25,999	
 2007 CHEVY EXT. CAB Power, vent truck, 4x4, AC, V8, AT, 1W. Stk. #7Z117028 \$14,999	 2011 CHEVY SILVERADO 2500HD EXT. CAB LT Diesel, 4x4, only 12,000 mi., loaded with everything you'd want. Stk. #32216389 \$39,990	 2011 CHEVY 2500HD CREW CAB 4x4, 6.6L Duramax diesel, Allison trans., head rests, DVD's, loaded. Stk. #B285127 \$36,979	
 2006 HUMMER H2 SUT Loaded, 4x4, leather, 1000, heated seats, DVD's, Allison trans., super sharp. Stk. #B1121211 \$29,999	 2011 CHEVY AVALANCHE CREW CAB LT 4x4, leather, 4dr, 14,000 mi., loaded. Stk. #B338172 \$24,999	 2011 KIA SOUL LEATHER, 4x4, only 12,000 mi., P/W, P/L, Stk. #B1273755 \$14,999	 2007 CHEVY TRAILBLAZER LT AWD, leather, 1000, loaded, DVD's. Stk. #A1383772 \$9,999

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Mount Vernon Signal

Second Section

Thursday, January 23, 2014

Plans to increase access to specialized care in the Cumberland Valley

In the Cumberland Valley, chronic conditions like obesity and diabetes are as ubiquitous as the beautiful mountains that define southeast Kentucky. On December 11, 2013, health professionals gathered in Manchester to address this critical problem.

More than one third of the local adult population is obese and one in seven are diagnosed type 2 diabetics. Despite the alarming rates of these preventable conditions, access to specialized care for their prevention, treatment, and management is severely limited. Without specialized attention and patient education, chronic conditions are more difficult to manage, increasing the risk of medical complications. In some instances, for residents in the Cumberland Valley, specialized care can be more than two hours away.

Across the United States, rural counties have far fewer physicians per capita than their urban counterparts, and this disparity is amplified within specialties like endocrinology and cardiology. Mirroring this national trend, a recent survey conducted by Spread the Health Appalachia (STHA) found only one endocrinologist practicing part time in the Cumberland Valley area.

An innovative program to tackle high rates of chronic conditions like diabetes, obesity and heart disease, STHA is working to expand access to healthy foods, exercise facilities, and specialized medical care. STHA is a partnership between Microclinic International and the Bell County, Knox County and Cumberland Valley District Health Departments, and is funded by the Centers for Disease Control and Prevention.

(Cont. to B8)

Jared Carpenter files for re-election

On Tuesday, State Senator Jared Carpenter of Berea officially filed papers for a second term in the Kentucky State Senate.

Carpenter represents the 34th Senate District which is composed of Madison, Rockcastle and southern Fayette County.

Signing his candidacy papers were former State Representative Danny Ford of Mt. Vernon and Kevin Fields, owner of Tri County Fertilizer in Richmond.

Carpenter, a Republican, was elected in November 2010. In the Senate, he serves as Chairman of the Natural Resources and Energy Committee. His ascension to the position made him one of the fastest rising committee chairs in the chamber, and one of the youngest. He has gained attention for his work on behalf of Kentucky coal and for taking a strong stand against President Obama and his EPA.

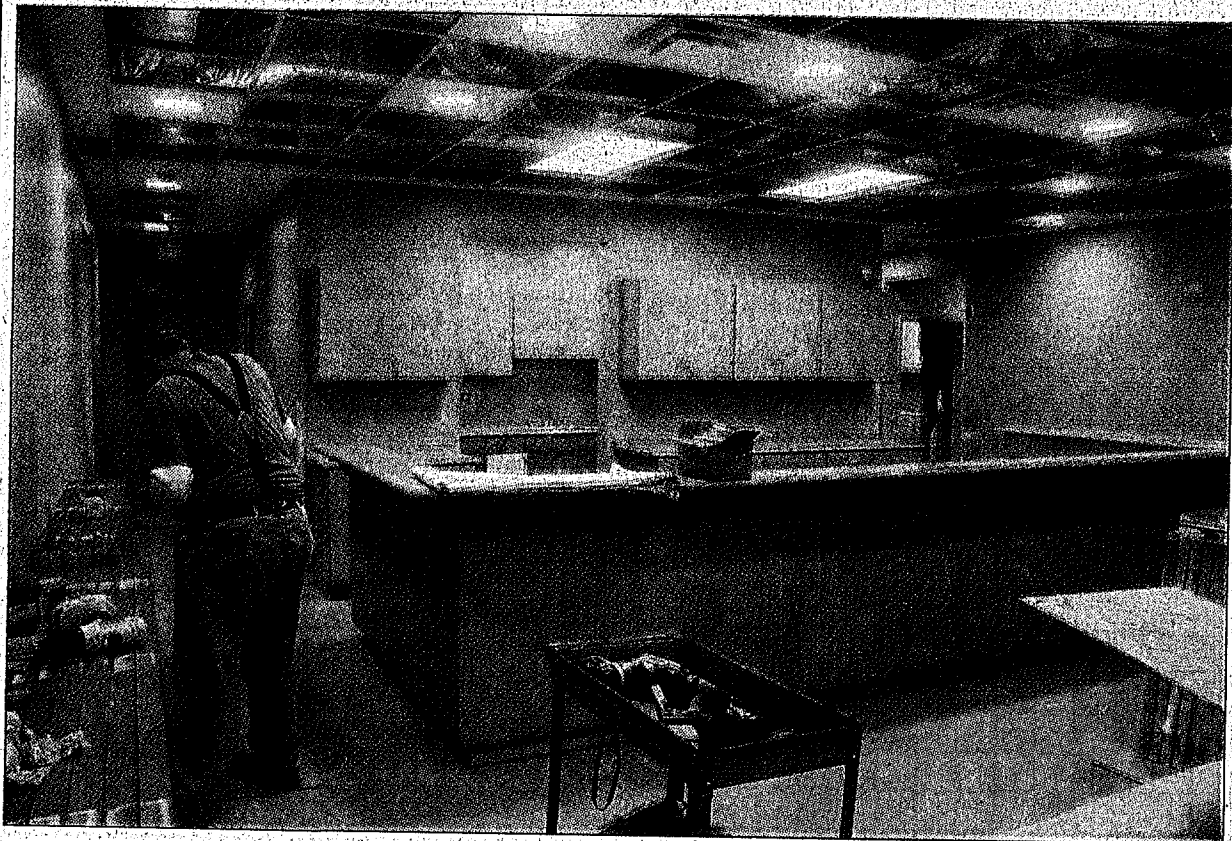
"Senator Carpenter has proven to be a valued member of the State Senate. His leadership has made him an asset not only to Rockcastle County but to the entire state. "I appreciate his work as Chairman of the Natural Resources and Energy Committee and his dedication to making state government effective and efficient," Kentucky State Senate President Robert Stivers said of Carpenter.

"It is an honor to represent this community in the State Senate. I've done my best to tackle problems in Frankfort head on and make a positive impact on Rockcastle County. I am focused on continuing my work to keep government in its proper role, promote local job creation, fight against Obamacare, preserve our second amendment rights, and keep taxes low," Carpenter said upon filing for re-election.

In addition to the Natural Resources and Energy Committee, Carpenter serves as Vice-Chairman of the Banking and Insurance Committee and as a member the Education Committee. A graduate of Eastern Kentucky University, Carpenter is a banker with First Southern National Bank in Richmond and operates a cattle farm in Berea.



The new building for White House Clinics is nearing completion at Rockcastle Industrial Park South. Crews said they are currently installing the cabinets, doors and flooring. The building is scheduled to be completed by the end of February and the clinic is scheduled to open sometime this Spring. White House Clinics will provide a wide range of services, including medical, dental, pharmaceutical, mental health and other ancillary services. The clinic will accept Medicare, Medicaid and most private insurances. White House Clinics will also have a sliding fee scale available to those without insurance, however, proof of income and Rockcastle residency will be required.



Former State Representative Danny Ford, surrounded by local Republican Party officials, signs Jared Carpenter's paper work to file for his second term as State Senator. Pictured from left are: Travis Burton, Doris Cromer, Jared Carpenter, Patty Kirby and Danny Ford.

Arrangements personalized for you

Your family's traditions are important to us because they play a big part in the funeral service. In planning each service, we work with family members and friends to create a memorial tribute as special as the person who has died. Whatever your wishes, you can be assured the service will be meaningful and arranged exactly as you have requested.

Facilities that comfort.

Funerals are never easy but when visiting us, we want you to be as comfortable as possible. Our facility offers a warm, home-like atmosphere and is easily accessible. We have thoughtfully decorated to provide a comfortable and comforting setting. Our chapels can accommodate all gatherings, whether large or small. Custom acoustics provide a quiet, personal feel while a sophisticated sound system enhances the music and services throughout the facility.

Service second to none.

Remember service the way it used to be... when people put forth that extra effort and their caring went beyond what was expected. That's what you can expect from Dowell & Martin Funeral Home. We will always take care of every detail on your behalf. That includes things like helping

you file the necessary paperwork to receive Social Security and Veterans death benefits and working with area cemeteries to make the necessary plans for a final resting place.

Many options available.

For those families who prefer cremation, we provide many options. There are many different options for personalized services, memorialization, and products that are available to you when you choose cremation. We offer a full selection of urns and memorial keepsakes and can make arrangements for

gatherings or memorial services. Providing you with peace of mind is what is important to us.

Funeral prearrangements are becoming more and more popular because families can pay for the service in advance. For those families who choose not to pre-pay, we are glad to simply keep the family's wishes on file.

A cost much lower than you would expect.

As a locally-owned firm, we understand the importance of keeping costs within a budget. Because we offer a wide choice of services, families can select only what is affordable and meaningful to them. Every service is performed with dignity and receives personal attention, regardless of what is chosen.

For more information about any of our services or if we can answer any questions, simply give us a call.



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News from the Rockcastle Courthouse



District Civil Suits

Heights Finance Bera vs. Donald Neeley, et al, \$2,416.29 plus claimed due.

Ephraim McDowell Regional Medical Center vs. James Leger, \$1,316.31 plus claimed due. C-00006

Circuit Civil Suits

Sherri Uffman, et al vs. Theresa Uffman, et al, complaint.

Cabinet for Health and Family Services, ex rel Tiffany R. Hysinger vs. Richard Hysinger, complaint for child support and medical support.

Land O' Lakes Purina Feed LLC vs. Dabney Feed Supply, Inc., et al, \$64,681.06 plus claimed

due. CACH LLC vs. Rebecca Graves, \$6,234.60 plus claimed due. CI-00012.

Deeds Recorded

Betty J. and Bentley Sowder, property on Pond Road, to Betty J. Sowder and Troy Bullock. No tax. Ky. Housing Corp., property in Chestnut Heights Subdv., to Secretary of Veterans Affairs. No tax.

Deric and Julie Shoemaker, property on U.S. 25, to David L. and Carrie L. Cain. Tax \$7.50

Deric and Julie Shoemaker, property on U.S. 25, to Luther Allen and Rose May Hensley. Tax \$7

James W. and Thelma Mullins and James Nathan and Rhonda Mullins, property in Rockcastle County,

to Wannetta and Jack Leach. No tax

Wannetta and Jack Leach, property in Rockcastle County, to James W. and Thelma Mullins and James Nathan and Rhonda Mullins. No tax

Marriage Licenses

Vicky Ada Farthing, 57, Mt. Vernon, unemployed to William Clinton Lowe, 55, Newton, NC, transportation. 1/14/15

District Court

Jan. 13, 2014
Hon. Ralph E. McClanahan II

Randy W. Allen: theft by unlawful taking, \$250 fine and costs.

Geoffrey D. Catchings: operating on suspended/revoked operators license and no/expired registration plates, \$100 fine and costs.

Maria M. Echeverria Bartolo: no operators/moped license; bench warrant issued (bw) for failure to appear (fta), license suspended.

Andrew S. Elam: disorderly conduct, \$100 fine/suspended plus costs.

William T. Elam: disorderly conduct, \$100 fine/suspended plus costs.

Tammy Lee Floyd: prostitution, \$100 fine and costs and 120 days in jail/conditionally discharged 24 months on condition.

Marvin Hensley: failure of owner to maintain required insurance/security, \$500 fine/\$400 suspended on condition; possess open alcohol beverage container in a motor vehicle, \$50 fine and costs.

Ronald Keith Kirby: theft by unlawful taking, \$250 fine plus restitution.

Tyler B. Mobley: operating motor vehicle under influence of alcohol/drugs, \$200 fine and costs, \$375 service fee; 30 days operator license suspension, alcohol or drug treatment.

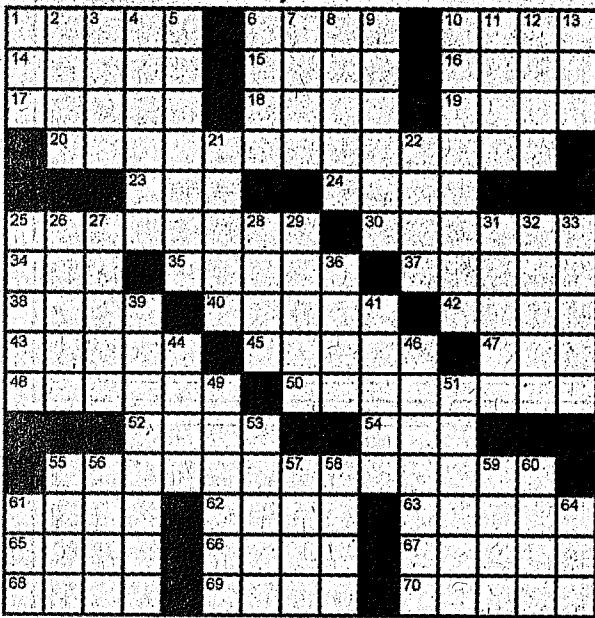
Angela M. Moore: failure of owner to maintain required insurance/security, \$500 fine/\$400 suspended on condition plus costs.

Christopher L. Moore: no license in possession, \$25 fine; obstructed vision and/or windshield, \$25 fine plus costs.

Shelly Ann Morales: failure of owner to maintain required insurance/security, bw issued for fta/Dept. of Trans. notified.

Kentucky Crossword # 617

www.kentuckycrosswords.com



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- ACROSS
- Orbital point
 - Prima donna
 - Baby elephant
 - Pioneer Daniel
 - Leprechaun land
 - It has a low pH
 - 1935 Triple Crown winner
 - Shed
 - Tibetan monk
 - Former Kentucky governor and Montana territory governor
 - Profit type
 - Camera setting
 - Kentuckian
 - Influential artist of the Realist Movement
 - Custard apple
 - Marmie's man
 - High-hatler
 - Ballet rail
 - Clique
 - Pamplona runners
 - Eastern discipline
 - Commonplace
 - Jeopardy
 - Card game for two
 - Kitchen gadget
 - Derby frequency, e.g.
 - Harrison Co. area, or burrow
 - Bio bit
 - Kentuckian Garrett Morgan's invention
- DOWN
- Blood-typing letters
 - Ceremonial splendor
 - Fly like an eagle
 - Belong
 - Yearly foursome
 - Audition tape
 - Caddy's offering
 - Fancy country home
 - Pay
 - Home county of Murray State University
 - Berry type
 - Citrus fruit
 - Kind of approval
 - E. C. Bentley detective
 - Attempt
 - Ferret out
 - Decree
 - Locale
 - Henhouse
 - "M*A*S*H" setting or Menifee Co.
- SOLUTION TO KY616
1. ORBITAL POINT
2. PRIMA DONNA
3. BABY ELEPHANT
4. PIONEER DANIEL
5. LEPRECHAUN LAND
6. IT HAS A LOW PH
7. 1935 TRIPLE CROWN WINNER
8. SHED
9. TIBETAN MONK
10. FORMER KENTUCKY GOVERNOR AND MONTANA TERRITORY GOVERNOR
11. PROFIT TYPE
12. CAMERA SETTING
13. KENTUCKIAN
14. INFLUENTIAL ARTIST OF THE REALIST MOVEMENT
15. CUSTARD APPLE
16. MARMIE'S MAN
17. HIGH-HATLER
18. BALLETT RAIL
19. CLIQUE
20. PAMPLONA RUNNERS
21. EASTERN DISCIPLINE
22. COMMONPLACE
23. JEOPARDY
24. CARD GAME FOR TWO
25. KITCHEN GADGET
26. DERBY FREQUENCY, E.G.
27. HARRISON CO. AREA, OR BURROW
28. BIO BIT
29. KENTUCKIAN GARRETT MORGAN'S INVENTION
30. COMMUNITY
31. LOITER ABOUT
32. WILD SHEEP
33. FATIGUED
34. UNDECIDED
35. KENTUCKY'S SMALLEST COUNTY (LAND AREA)
36. RED SEA PENINSULA OR AN ANDERSON CO. AREA
37. TABLE EXTENDER
38. TRAVELING BAG
39. MOST ABUNDANT
40. TROJAN HERO
41. EQUESTRIAN
42. PEACH OR BEACH
43. SPLIT
44. GIVE AS AN EXAMPLE
45. "DON'T MOVE!"
46. EGYPTIAN SNAKES
47. EASY GAIT
48. DELI SANDWICH
49. EUCHARIST VESSEL

Timothy J. Shannon: part 395/Fed Safety Regs-Hours of Service for Drivers and three other charges, bw issued for fta, Dept. of Trans. notified.

Jessica Sizemore-Beyer: failure of owner to maintain required insurance/security, bw issued for fta, Dept. of Trans. notified.

Hope A. Womack: failure of owner to maintain required insurance/security, \$500 fine/\$400 suspended on condition plus costs.

Joseph Adam Borel: assault, domestic, 250 days/conditionally discharged 24 months plus costs due June 16, 2014; possession, 250 days/3 months supervised by Future Hope, costs by 6/16/14.

Ryan C. Daulton: speeding and operating on suspended/revoked operators license, 5 days in jail, each count, credit time served; fleeing or evading police, possession of cs/drug unspecified, 360 days to serve 5, each count, conditionally discharged for two years.

David Lee Page: assault, domestic, 250 days in jail, 3 months supervised by Future Hope, balance conditionally discharged 24 months.

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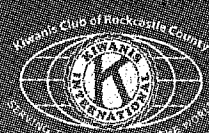
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54TH ANNUAL ROCKCASTLE COUNTY



Farmers/Businessmen BANQUET

Monday, February 3, 2014

Rockcastle County Middle School
Doors open - 6:00 p.m.
Event begins - 6:30 p.m.
Dinner - Catering by Ann of Richmond, KY

Guest speaker
James Comer
Kentucky Commissioner of Agriculture



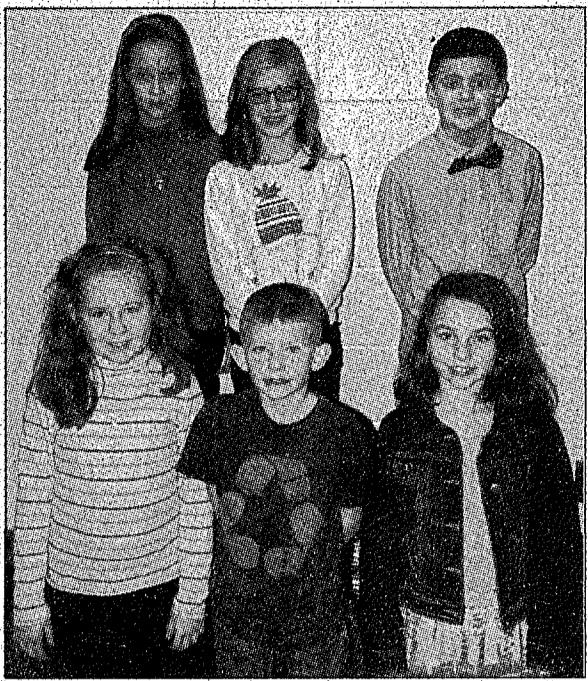
Tickets - \$18

Purchase tickets from:
Circuit Clerk Eliza York's Office
Conservation District Office
Chamber Board Members
Tickets on sale through January 31st

4-H Speech Contest

Agricultural News

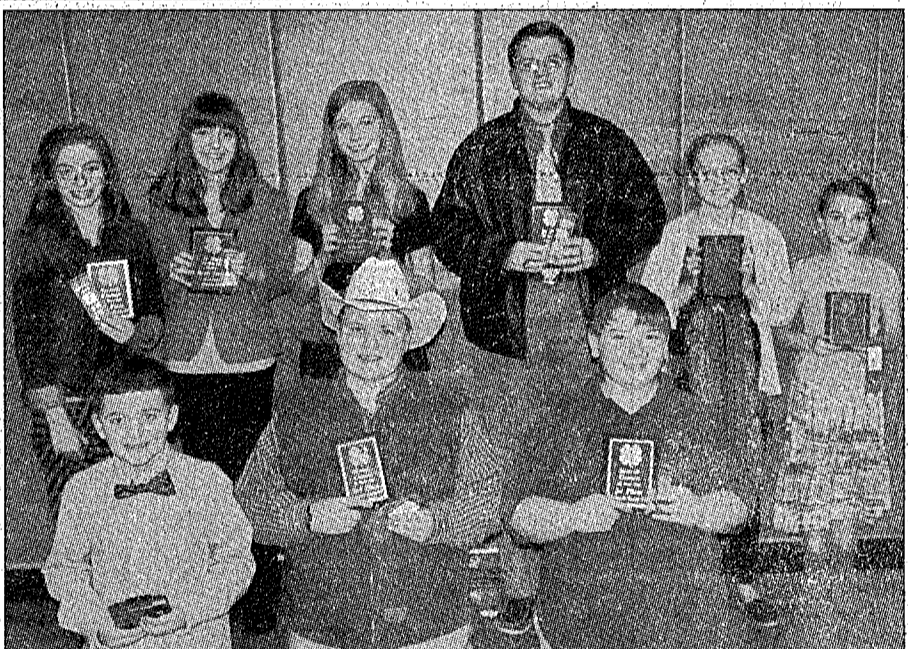
By: Warden Alexander, FSA Director



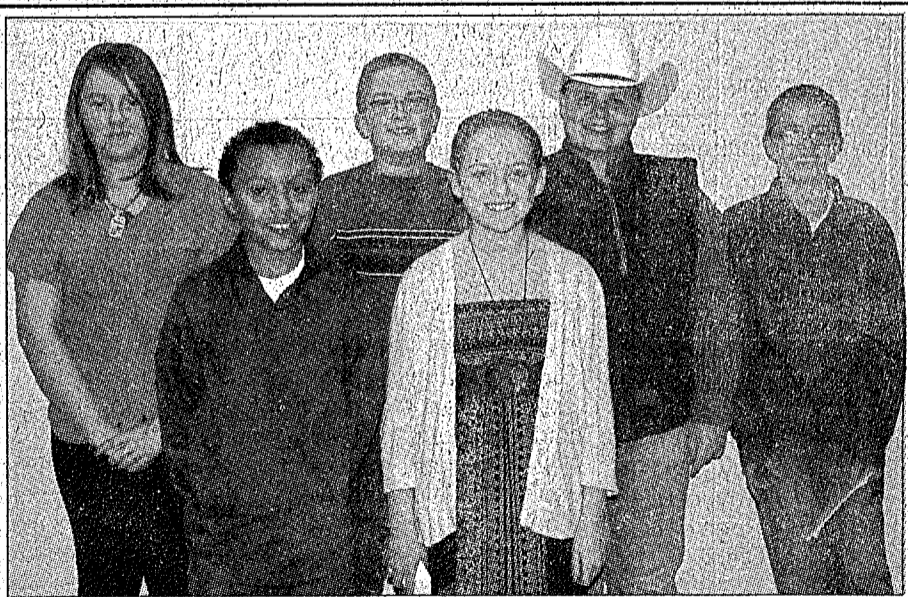
Participants, age 9, in the 4-H Speech Contest were: Carson White, MVES; Luree Gabbard, MVES; Jailey Martin, MVES; Caleb Whitaker, MVES; Caroline Brickley, MVES; and Elizabeth Mikeworth, MVES.



Participants, ages 12-16, in 4-H Speech Contest were front from left: Hope Holbrook, RCMS; Leann Tankersley, RCMS; and Alyssa Bustle, RCHS. Back row from left: Sadie Howard, RCMS; Emily Ponder, RCMS; and John Hurley, RCHS.



Winners of the 2014 4-H Speech Contest were front from left: Carson White, MVES; Camden Mink, MVES; and Kyle Coffey, MVES. Back row from left: Hope Holbrook, RCMS; Alyssa Bustle, RCHS; Leann Tankersley, RCMS; John Hurley, RCHS; Hanna Neeley, RES; and Caroline Brickley, MVES. Not pictured: Kerigan Medley, RES.



Participants, age 11, in 4-H Speech Contest were front from left: Zachary Sadler, RES; and Hannah Neeley, RES. Back row from left: Sara Daugherty, RCMS; Jacob Cook, MVES; Camden Mink, MVES; and Gabe Tackett, MVES.



Participants, age 10, in the 4-H Speech Contest were: Audrey Chidress, RES; Mikahlyn Poynter, MVES; Kyle Coffey, MVES; Chelsea Stephens, RES; Chris Whitehead, MVES; Madison Yates, RES; Kyra Ramsey, MVES; Kerigan Medley, RES; and Delani Reynolds, MVES.

FY 2014 TTPP Annual Payments

On October 22, 2004, the American Jobs Creation Act of 2004 was passed and included the Fair and Equitable Tobacco Reform Act, commonly referred to as the "Tobacco Buyout". To administer the program, USDA created TTPP. TTPP assesses tobacco manufacturers and importers based on their market share, receipts of those assessments go into the Tobacco Trust Fund. Those funds from the Tobacco Trust Fund, through CCC, are used to make buyout payments to the tobacco quota holders and producers, as well as, financial institutions.

The Balanced Budget and Emergency Deficit Control Act of 1985, as amended by Pub. L. 112-240, mandated that all FSA programs were subject to sequester reductions.

The FY 2014 TTPP annual payments are the tenth and final payments that will be issued for the Tobacco Buyout Program.

Individual contract holders will receive 95% of the annual installment in February 2014 or as early as practical, and the 5% balance will be paid in full in October 2014.

Noninsured Crop Disaster Assistance Program

USDA's Farm Service Agency's (FSA) Noninsured Crop Disaster Assistance Program (NAP) is designed to provide financial assistance to producers of noninsurable crops when low yields, loss of inventory or prevented planting occurs

due to natural disasters.

To be eligible for NAP assistance and other FSA Disaster Assistance Programs, producers harvesting crops must purchase NAP coverage for which the catastrophic risk protection level of crop insurance is not available.

Eligible producers must apply for coverage of noninsurable crops using Form CCC-471, "Application for Coverage," and pay the applicable service fees at their local FSA office. The application and service fees must be filed by the application closing date as established by the producer's FSA state committee. The service fee is the lesser of \$250 per crop or \$750 per producer per administrative county, not to exceed a total of \$1,875 per producer with farming interests in multiple counties. If you are a limited resource farmer the fees are waived and there is no cost for the coverage.

The natural disaster must occur before or during harvest and must directly affect the eligible crop. An eligible natural disaster is any of the following:

- damaging weather, such as drought, freeze, hail, excessive moisture, excessive wind or hurricanes;
- an adverse natural occurrence, such as earthquake or flood; or
- a condition related to damaging weather or an adverse natural occurrence, such as excessive heat, disease or insect infestation.

Limited resource producers may request a waiver of service fees. Limited resource producer status can be determined using the USDA Limited Resource Farmer and Rancher Online Self Determination Tool at www.lrftool.sc.gov.usda.gov/tool.asp. The automated system calculates and displays adjusted gross farm sales per year and the higher of the national poverty level or county median household income.

Failure to report acreage and production information may result in reduced or zero NAP assistance. Be aware that acreage reporting and final planting dates vary by crop and by region!

CCC-471 NAP-BP is a document which provides general information on the NAP process. Printed copies of CCC-471 NAP-BP are available at the FSA office. Producers with internet may access the CCC-471 NAP-BP through the FSA web site located at <http://www.fsa.usda.gov>. After accessing the web site, CLICK "Disaster Assistance Programs". On the Disaster Assistance Programs Home Page CLICK "View Nap Basic Provisions" located under "I Want To..."

The deadline to purchase NAP date for Hay, Pasture, Sod and Alfalfa is March 1, 2013.

Important program dates and Interest Rates

Farm Operating Loans-Direct= 1.875%

Farm Ownership Loans-Direct=4.125%

Limited Resource Loans=5.000%

Farm Storage Loans-7 yr.=2.250%, 10 yr.=2.875%, 12 yr.=3.000%

Commodity Loans=1.125%

TTPP (Maximum Discount Rate)=5.000%

USDA is an equal opportunity provider and employer. To file a complaint of discrimination, write to USDA, Assistant Secretary for Civil Rights, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, S.W., Stop 9410, Washington, DC 20250-9410, or call toll-free at (866) 632-9992 (English) or

(800) 877-8339 (TDD) or (866) 377-8642 (English Federal-relay) or (800) 845-6136 (Spanish Federal-relay).

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**Commonwealth of Kentucky
28th Judicial Circuit
Rockcastle Circuit Court • Division II
Civil Action No. 13-CI-00214**

JPMorgan Chase Bank Plaintiff

V.

**Ricky Douglas Rowe,
aka Ricky D. Rowe, et al Defendants**

NOTICE OF SALE

Pursuant to a judgment and order of sale entered in this action on December 5, 2013 for the purpose of satisfying the judgment against the defendants in the amount of NINETY THOUSAND THREE HUNDRED EIGHTY EIGHT DOLLARS AND 25/100 (\$90,388.25) plus interest, costs and attorney fees, I will offer at public auction the hereinafter described real property in Rockcastle County, Kentucky.

**At the Courthouse on East Main Street
Mt. Vernon, Kentucky**

on Friday, January 24, 2014

Beginning at the Hour of 11:30 a.m.

Said property being more particularly bounded and described as follows:

759 Rank Road, Mt. Vernon, Kentucky, 40456

Parcel No.: 049-00-008

Legal Description:

Certain real property located in Rockcastle County, Kentucky, and more particularly bounded and described as follows:

Parcel No.1

Beginning at a set stone on the East side of Cromer Road (1.0 miles South East of Kentucky 1249); thence North 33 1/2 degrees East 135 feet to a set stone; thence South 31 1/2 degrees East 213 feet to a poplar stump near a spring; thence South 74 degrees West 138 feet to a set stone on East side of Cromer Road; thence along said road North 16 degrees West 62 feet and North 37 degrees West 64 feet to the beginning. Containing 0.48 acres more or less.

Parcel No.2

Beginning at a 1/2" by 18" rod with a red plastic cap stamped JLF 3389 set this survey common to the Ricky Douglas and Mary Rowe property (116/46) being the southwest corner of said Rowe property and also being located 15 feet east of the approximate centerline of the Rank Cromer Road; thence leaving said road and running with the Rowe line north 65 degree, 51 minutes 55 seconds east a distance of 138.00 feet to a 1/2" by 18" rod with a red plastic cap stamped JLF 3389 set this survey where a poplar stump stood as shown by Ricky Douglas Rowe and Thurney R. Rowe; thence north 35 degrees 43 minutes 05 seconds west a distance of 213.64 feet to a 1/2" by 18" rod with a plastic cap stamped JLF 3389 set this survey; thence leaving the Ricky Douglas and Mary Rowe property and severing the Thurney R. and Bonnie Rowe property 4 new lines, north 52 degrees 53 minutes 01 seconds east a distance of 105.52 feet to a 1/2" by 18" rod with a red plastic cap stamped JLF 3389 set this survey, being a new corner; thence south 48 degrees 08 minutes 44 seconds east a distance of 82.08 feet to a 1/2" by 18" rod with a red plastic cap stamped JLF 3389 set this survey, being a new corner; thence south 28 degrees 37 minutes 39 seconds east a distance of 126.96 feet to a 1/2" by 18" rod with a red plastic cap stamped JLF 3389 set this survey, being a new corner; thence south 29 degrees 28 minutes 11 seconds west a distance of 154.25 feet to a 1/2" by 18" rod with a red plastic cap stamped JLF 3389 set this survey at the base of a 12" white oak marked with 3 hack marks and orange paint this survey, being a new corner; thence south 76 degrees 12 minutes 54 seconds west a distance of 128.98 feet to a 1/2" by 18" rod with a red plastic cap stamped JLF 3389 set this survey, being a new corner located 15 feet east of the above mentioned centerline of the Rank Cromer Road; thence running 15 feet east of and parallel to said centerline, north 09 degrees 18 minutes 23 seconds west a distance of 38.17 feet to the point of beginning having an area of 0.77 acres, more or less. All bearings adjusted to the February 23, 2001 magnetic north meridian, as observed in the field on that date, as surveyed by Jeffery L. Fugate, Kentucky Licensed Professional Land Surveyor Number 3389 on February 23, 2001.

Together with all improvements on the real estate (except mobile homes if any).

Subject to all restrictions, conditions and covenants and to all legal highways and easements.

Being the same property conveyed to Ricky Douglas Rowe, no marital status shown, by deed dated October 31, 2012, executed by Mary Rowe, divorced and unmarried, and recorded on November 8, 2012 in Deed Book 241, Page 369 in the Office of the Rockcastle County Clerk.

The property shall be sold on the following terms & conditions:

1. Parcel 1 and Parcel 2 shall be sold together as a whole.
2. The real property shall be sold for cash or upon a credit of thirty (30) days with the purchaser required to pay a minimum of ten percent (10%) of the purchase price in cash on the date of sale and to secure the balance with a bond approved by the Master Commissioner.
3. The bond shall bear interest at the rate of twelve percent (12%) per annum until paid in full. The bond shall have the force and effect of a judgment and shall be and remain a lien upon the property sold as additional surety for the payment of the purchase price.
4. The 2013 local, county and state property taxes shall be paid by the purchaser and further any delinquent State, County and/or City real estate taxes sold pursuant to the provisions of KRS Chapter 134 to any private purchaser during the pendency of this action.
5. Unpaid delinquent State, County, and/or City ad valorem real estate taxes owed to those government entities shall be paid out of the proceeds of the sale.
6. Full satisfaction of the plaintiff's judgment shall be paid from the proceeds of the sale.
7. The purchaser shall have possession of the real property upon compliance with the terms of the sale.
8. In the event that the plaintiff is the successful bidder and the sale price does not exceed the amount of the plaintiff's judgment, no deposit or bond shall be required.
9. The sale shall be made subject to all easements, set back lines, restrictions or covenants of record or otherwise and shall be sold "as is".

**John D. Ford
Master Commissioner
Rockcastle Circuit Court**

Application deadline nearing for 2014 Rogers Explorers

Eighth-grade middle school students in Southern and Eastern Kentucky looking to further develop their math, science, and technology skills this summer have until Feb. 7 to apply for The Center for Rural Development's Rogers Explorers youth leadership program.

Rogers Explorers provides hands-on learning experience in some of today's most in-demand career fields and builds leadership skills—all while students get to see what it is like to live and study on a leading Kentucky college or university.

"Eighth-grade students in Southern and Eastern Kentucky have an exciting opportunity to participate in a summer camp that motivates students to excel in math, science, and technology," said Delaney Stephens, community liaison and youth programs coordinator for The Center. "By receiving hands-on instruction from college professors, students get to see how fun math and science can be when applied to the real world."

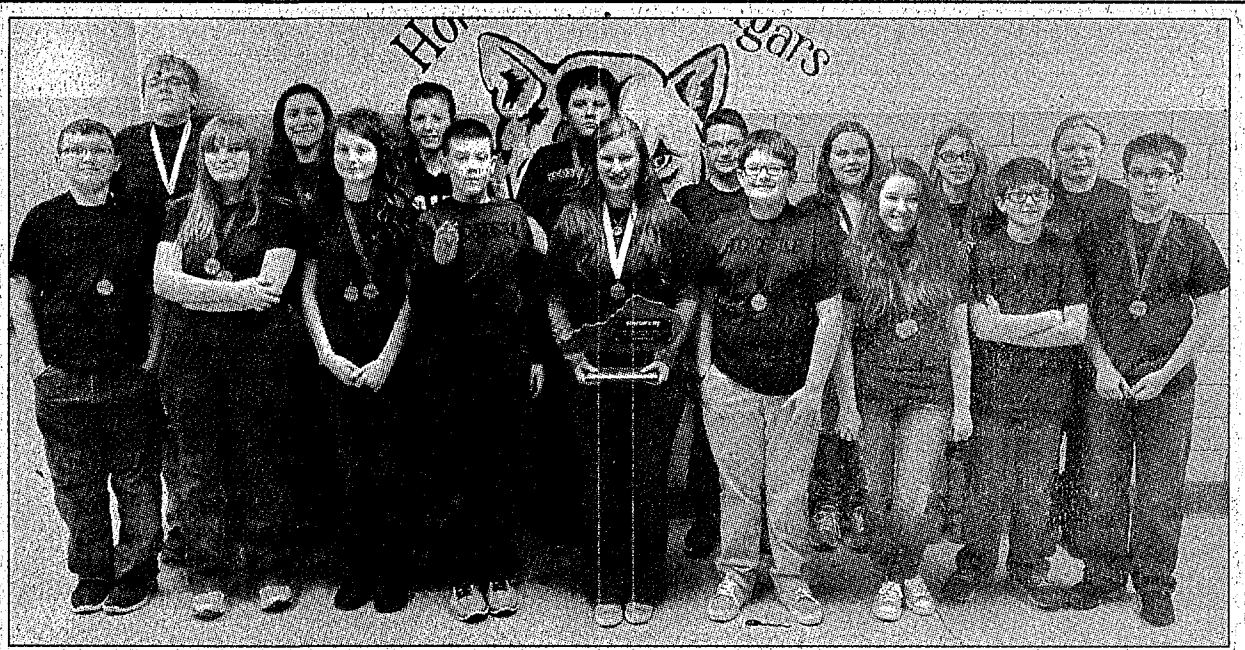
The 2014 summer sessions of Rogers Explorers will be held June 1-3 at Lindsey Wilson College, Columbia; June 4-6, University of the Cumberlands, Williamsburg; June 15-17, Asbury University,

Wilmore; July 20-22, Eastern Kentucky University, Richmond; and July 23-25 at Morehead State University in Morehead.

For more information about Rogers Explorers or the application process, call 606-677-6000 or visit youth programs at The Center for Rural Development at www.youthprograms.com to download an application form. Applicants are strongly encouraged to email their application forms and supporting materials to youth@centertech.com. Applications may also be mailed to the Rogers Explorers program, The Center for Rural Development, 2292 South U.S. 27, Suite 300, Somerset, KY 42501. All entries must be post-marked or emailed no later than Feb. 7, 2014.

Thirty students will be selected to attend each of the five 2014 Rogers Explorers summer sessions. All lodging, meals, and program expenses (with the exception of transportation to and from the campus host site) are provided free of charge to participating students.

Since 2006, approximately 540 students have graduated from Rogers Explorers and have been encouraged to work toward building their future careers in Southern and Eastern Kentucky.



Rockcastle Academic Team – District Champions

The Rockcastle County Middle School Academic Team took home the District Championship trophy on Saturday, January 18th at Garrard County Middle School. The team, led by Quick Recall Captain, Joy Frith and Future Problem Solving Captain, Tessa Pickle, won awards in every category including first place in Quick Recall, Social Studies, Arts and Humanities and Language Arts. The team also achieved an unprecedented three-way tie for first place in Written Composition.

When asked about the team's preparation so far this year, Captain Joy Frith said, "Every member of the team has worked very hard all year for this District Championship Title. We have put forth our best effort and now we are all sharing in the reward for our hard work and perseverance."

On Saturday, February 1st, the team will travel to West Jessamine Middle School to compete in Regionals for the right to represent our county at the State Finals in March.

Pictured are, front row from left: Jonathan Cain, Mahala King, first place - Arts and Humanities, second place - Math, Katie Vance; first place - Social Studies, second place - Arts and Humanities, Dalton Childress, Joy Frith, third place - Language Arts, tied for first place - Composition, Reese Sherrow, Tessa Pickle, first place - Language Arts, tied for first place - Composition, Luke Peavie and Aidan Cain. Back row from left: Drew Bullock, third place - Social Studies, Clare Beichler, second place - Science, tied for first place - Composition, Brittany Doan, Charles Clark, Kagan Miller, Alexandria Hasty, Aden Amburgey, Nichole Griffin.

Email the Signal at mvsignal@windstream.net

News deadline is noon Tuesday

**Commonwealth of Kentucky
28th Judicial Circuit
Rockcastle Circuit Court • Division I
Civil Action No. 11-CI-00304**

Citizens Bank Plaintiff

V.

**Stephen C. Howerton,
His Unknown Spouse
Rockcastle County, Ky.
Citimortgage, Inc., as successor
by merger to ABN AMRO
Mortgage Group, Inc.,
and Mary Hedgepath Defendants**

NOTICE OF SALE

Pursuant to a judgment and order of sale entered in this action on October 25, 2013 for the purpose of satisfying the judgment against the defendants in the amount of EIGHT THOUSAND SIX HUNDRED ONE DOLLAR AND 94/100 (\$8,601.94) plus interest, costs and attorney fees. I will offer at public auction the hereinafter described real property in Rockcastle County, Kentucky.

**At the Courthouse on East Main Street
Mt. Vernon, Kentucky
on Friday, February 7, 2014
Beginning at the Hour of 12:00 p.m.**

Said property being more particularly bounded and described as follows:

First Tract:
Beginning on a peach tree and stone in the edge of the coal bank road; thence a northeast course to a double hickory tree in a hollow; thence up the hollow to Fletcher's line; thence with Fletcher's line to a chestnut oak on top of a hill; thence west with Fletcher's line to a set stone in a coal road about 150 feet with the coal opening with Calhoun's corner; thence northwest down the side of the coal bank road to a stone and peach tree the beginning corner and containing about 18 acres, more or less.

Second Tract:
Located near Sand Springs, Kentucky, bounded as follows: Beginning at Sand Springs Rural Road; thence an east direction 36 feet wide and extending up the hill to the land purchased by the second parties from Arthur G. Miller, & c.

Third Tract:
Beginning at a stone a division corner made by Howard Renner and Lonzo Renner; thence a division line N 45 W 4 poles and 17 links to a stone, thence S 59 W 2 poles and 9 links to a stone; thence N 31 E 4 poles and 22 links to a stone; thence N 53 E 3 poles to the beginning and contains about one-fourth acre, also including a right of way for a road 16 feet wide from Sand Springs Road along where the coal bank road is now located.

Being the same real property the defendant, Stephen C. Howerton, single, obtained by deed dated March 14, 1998, executed by Dwayne S. Blair, et ux, of record in Deed Book 169, Page 416 in the Office of the Rockcastle County Clerk, Mt. Vernon, Kentucky.

The property shall be sold upon the following terms & conditions:

1. The real property shall be sold for cash or upon a credit of thirty (30) days with the purchaser required to pay a minimum of twenty-five percent (25%) of the purchase price in cash on the date of sale and to secure the balance with a bond bearing interest at the rate of ten percent (10%) per annum.
2. Unpaid taxes of record at the time of entry of judgment shall be paid out of the proceeds of the sale.
3. The purchaser shall pay the 2013 local, county, state and school taxes on the property.
4. The purchaser shall have possession of the real property upon compliance with the terms of the sale.
5. In the event that the plaintiff is the successful bidder and the sale price does not exceed the amount of the plaintiff's judgment, no deposit or bond shall be required and the property will be conveyed to the plaintiff in due season upon payment of the expense of sale.

**Bobby Amburgey
Special Master Commissioner**

**Commonwealth of Kentucky
28th Judicial Circuit
Rockcastle Circuit Court • Division I
Civil Action No. 13-CI-00071**

**Vanderbilt Mortgage and
Finance, Inc. Plaintiff**

V.

Barbara Frith, et al Defendants

NOTICE OF SALE

Pursuant to a judgment and order of sale entered in this action on October 4, 2013 for the purpose of satisfying the judgment against the defendants in the amount of EIGHTY SIX THOUSAND FIVE HUNDRED SIXTY THREE DOLLARS AND 66/100 (\$86,563.66) plus interest, costs and attorney fees. I will offer at public auction the hereinafter described real property in Rockcastle County, Kentucky.

**At the Courthouse on East Main Street
Mt. Vernon, Kentucky
on Friday, January 24, 2014
Beginning at the Hour of 11:30 a.m.**

Said property being more particularly bounded and described as follows:

754 Union Chapel Road, Brodhead, KY 40409

Tract 1
A certain tract or parcel of land located on the north side of Union Chapel Road in Rockcastle County, Kentucky approximately 1.0 miles from the junction of KY 1505.

Being all of Tract 1 of a plat named Gary Frith project filed in Plat Cabinet 4, Slide 922 in the Rockcastle County Clerk's Office at Mt. Vernon, Kentucky.

The above described having an area of 9.0000 acres as surveyed by Bobby Hudson, LPLS 1253 on 04/13/2009.

All corners or witness monuments referred to herein as iron pins set are one-half inch rebar 18 inches long and capped with an orange cap marked LS 1253, except as otherwise noted. All bearings are referenced to the meridian.

This property is subject to any and all rights of way and/or easements of record or in existence at this time and regulations that may apply through planning and zoning.

Also included herein is a 2009 Clayton 32 X 52 River Run Mobile Home with VIN#RS0.

This being a portion of the same property conveyed to Garry Frith by deed dated August 10, 1993, and recorded in Deed Book 153, page 302 and further conveyed to Joshua Frith, unmarried, by deed dated April 29, 2009 and recorded in Deed Book 226, Page 133 both in the Office of the Rockcastle County Clerk.

The property shall be sold on the following terms & conditions:

1. The real property and mobile home shall be sold together as a whole.
2. The real property shall be sold for cash or upon a credit of thirty (30) days with the purchaser required to pay a minimum of ten percent (10%) of the purchase price in cash on the date of sale and to secure the balance with a bond approved by the Master Commissioner.
3. The bond shall bear interest at the rate of twelve percent (12%) per annum until paid in full. The bond shall have the force and effect of a judgment and shall be and remain a lien upon the property sold as additional surety for the payment of the purchase price.
4. Unpaid delinquent State, County, and/or City ad valorem real estate taxes shall be paid out of the proceeds of the sale.
5. The purchaser shall pay the 2013 local, county and state property taxes.
6. Full satisfaction of the plaintiff's judgment shall be paid from the proceeds of the sale.
7. The purchaser shall have possession of the real property upon compliance with the terms of the sale.
8. In the event that the plaintiff is the successful bidder and the sale price does not exceed the amount of the plaintiff's judgment, no deposit or bond shall be required.
9. The sale shall be made subject to all easements, set back lines, restrictions or covenants of record or otherwise and shall be sold "as is".

**John D. Ford
Master Commissioner
Rockcastle Circuit Court**



Members of the RCHS Band were recently selected by audition as members of the 2014 Bluegrass All-Regional Concert and Symphonic Bands. Jessica Harris and Logan Anglin performed in concert on Saturday January 11th at Madison Central High School as part of the ensembles. Students from across the region were afforded the opportunity to work with Dr. Sue Cresap of Morehead State University and Mr. Brian Noryato of Chicago and spent several hours in rehearsal preparing for the Saturday Concert. Jessica is an oboe player and a junior at RCHS while Logan is a freshman trombone player. Congratulations to these students on representing their school.

Financial Aid Tip of the Month Time for college-bound seniors to fill out the FAFSA

High school seniors planning to attend college or technical school this fall should fill out the Free Application for Federal Student Aid, also called the FAFSA, as soon as possible, according to the Kentucky Higher Education Assistance Authority (KHEAA).

The information on the FAFSA determines if students qualify for federal and state grants and for federal student loans. Also, many colleges use the information to award grants and scholarships administered by the school. Therefore, students should submit the FAFSA even if they feel it is unlikely they will qualify for aid.

The FAFSA asks for information about income, assets and expenses. A formula set by Congress determines eligibility for federal and state aid. If the student is considered a dependent

under federal guidelines, both the student and parents must provide financial information. Nearly all students going directly to college from high school are considered dependent.

Some student aid programs have limited money and provide funds on a first-come, first-served basis to qualified students, so it is important to submit the FAFSA as soon as possible. For fastest results, KHEAA recommends that students submit the FAFSA online at www.fafsa.gov.

To find links to other useful education websites, go to www.gotocollege.ky.gov. For more information about Kentucky scholarships and grants, visit www.kheaa.com; write KHEAA, P.O. Box 798, Frankfort, KY 40602; or call 800-928-8926, ext. 6-7372.

STRUGGLING WITH ADDICTION?

**Toll-free Treatment Help Line
1-866-90-UNITE**

*Take control of your life
TODAY!*

Applications being accepted for Rogers Scholars Program

The Center for Rural Development is accepting applications through Jan. 31 for the 2014 summer session of the Rogers Scholars youth leadership program.

Rogers Scholars is an intensive one-week summer program for upcoming high school juniors within The Center's 45-county primary service area in Southern and Eastern Kentucky. The program emphasizes the development of technological skills and builds in participants a sense of leadership, an entrepreneurial spirit, and a commitment to rural Kentucky.

"Rogers Scholars changed my life," said 2013 Rogers Scholars graduate Rachyl Harmon. "I've made life-long friends, wonderful memories, and an experience I won't forget. I wouldn't trade it for the world."

Students apply during their sophomore year in high school and are selected through a competitive screening process to attend one of two summer leadership sessions of the Rogers Scholars program.

"The Rogers Scholars program gives high school students an experience of a lifetime to grow their leadership skills, while also securing scholarships for college," said Delaney Stephens, community liaison and youth programs coordinator for The Center. "Each graduate earns access to exclusive college scholarship offers from some of the state's top-ranked col-

leges and universities." Applicants may download a copy of the 2014 Rogers Scholars application form from the Youth Programs at The Center for Rural Development website at www.centeryouthprograms.com. All application forms must be completed and submitted to The Center by Jan. 31, 2014.

The Center strongly encourages applicants to email their application forms and supporting materials to youth@centertech.com. Applications may also be mailed to the Rogers Scholars program, The Center for Rural Development, 2292 S. Highway 27, Suite 300, Somerset, Ky., 42501.

The 2014 dates for the Rogers Scholars program are June 22-27 and July 6-11. Rogers Scholars—the Center's flagship youth program—is provided free of charge to participants. Lodging and meals for the week are included in the program.

For more information on the application process or the Rogers Scholars program, contact Delaney Stephens at 606-677-6000 or email youth@centertech.com.

Since 1998, approximately 936 high school students have graduated from Rogers Scholars, and potential scholarships valued at more than \$7.2 million have been offered to graduates from 17 participating partner colleges and universities.

Severe winter weather guide for home and business owners

As another arctic cold front with frigid temperatures makes its way through the Midwest and into the Northeast and Southeast regions of the country, the Insurance Institute for Business & Home Safety (IBHS) provides severe winter weather guidance for home and business owners in those areas. Find out how you can reduce damage to your property from freezing weather by visiting http://www.disastersafety.org/freezing_weather.

"Heavy snow and freezing temperatures can burst pipes, cause roofs to collapse and lead to interior fires as people use various alternative heating sources to stay warm," said Julie Rochman, president and CEO of IBHS. "There are steps you can take now to better withstand the effects of severe winter weather that will help avoid costly repairs and headaches later."

IBHS FREEZING WEATHER GUIDANCE

Install Weather Stripping and Seals

One thing you can do now to prevent freezing temperatures from entering your home or business is to install weather stripping and seals. This offers two major benefits — it will keep severe winter weather out of your home or business and seal your property shut, as well as greatly increase energy efficiency by limiting drafts and reducing the amount of cold air that enters. Inspect the following areas of your home or business for leaks to determine possible areas to seal.

- Windows and doors
- Vents and fans
- Plumbing
- Air conditioners
- Electrical and gas lines
- Mail chutes

Learn how to install weather stripping and caulking at <http://www.disastersafety.org/disastersafety/installing-weather-stripping-seals>.

Stay Safe and Warm
Alternative heating sources can help you stay warm during the cold weather, especially during power outages, which often occur due to heavy snow and ice, as well as high winds during winter storms. It's important to prepare a plan now before a possible outage. Check IBHS' guidance before selecting, installing or using an alternative heat-

ing source such as a wood stove, space heater or fireplace: <http://www.disastersafety.org/wp-content/uploads/alternative-heating.pdf>.

Prevent Frozen Pipes

Frozen pipes are one of the biggest risks when the temperature drops, which can result in more than \$5,000 in water damage, according to IBHS research. Follow the recommendations below to prevent costly water damage.

- Provide a reliable backup power source to ensure continuous power to the building.
- Insulate all attic penetrations where cold air can get inside the building.
- Ensure proper seals on all doors and windows.
- Seal all wall cracks and penetrations, including domestic and fire protection lines, electrical conduit, and other utility service lines.
- Install insulation and/or heat trace tape with a reliable power source on wet sprinkler system piping. This includes main lines coming up from underground, passing through a wall, as well as sprinkler branch lines.
- Place a monitored automatic excess flow switch on the main incoming domestic water line to provide early detection of a broken pipe or valve when the building is unoccupied.

IBHS' Freezing Weather page on DisasterSafety.org provides guidance on how to protect your home against other winter weather-related hazards such as roof collapse and ice dams due to large amounts of snow and ice.

Saylor inducted into Honor Society at EKU

Mary Sheril Saylor of Brodhead (40409) is one of 58 Eastern Kentucky University students inducted into the Tau Sigma honor society during a special ceremony in October.

Tau Sigma is a national honor society that recognizes the academic excellence and involvement of transfer students. Membership is open to first-time transfer students who have earned at least 24 credit hours prior to transferring and who have completed at least 12 semester hours of credit classes toward a degree and earned a minimum 3.5 GPA.



On Tuesday, January 21, Neal Thornton, Senior Pastor at the First Baptist Church of Mt. Vernon, led the opening invocation for the Kentucky State Senate at the invitation of Senator Jared Carpenter. Thornton was joined by his wife Ashley. The couple has two young children, Emma and Matthew, and reside in Mt. Vernon.

Money Tips for Students

Play your cards right

As students become more responsible for paying their own bills, they need to be aware of the types of cards available, according to the Kentucky Higher Education Assistance Authority (KHEAA).

Debit cards are tied to a bank account. When someone uses a debit card, the money is automatically deducted from the account. Most colleges issue a type of debit card to students that can be used to buy books, supplies and meals. In that case, the card is not tied to a bank account but is preloaded with funds deposited each semester or quarter.

When a debit card has been lost or stolen, report it to the bank or credit union immediately to limit losses from unauthorized use.

Credit cards offer what is essentially an interest-free loan if the balance is paid in full each month. Students who use credit cards should pay them off at the end of each pay period when possible to avoid paying interest fees. Most credit cards

also offer cash advance services at a higher interest rate.

Lost or stolen credit cards should also be reported immediately. However, there is a \$50 limit to the consumer's liability on fraudulent charges with stolen credit cards.

ATM cards allow users to withdraw cash from their accounts when the bank or credit union is closed. Most banks and credit unions charge a fee when ATM cards are used at a machine not owned by that institution's network, and those fees can add up. Students should not use an ATM card outside their network unless absolutely necessary.

To learn how to plan and prepare for higher education, go to www.gotocollege.ky.gov. For more information about Kentucky scholarships and grants, visit www.kheaa.com; write KHEAA, P.O. Box 798, Frankfort, KY 40602; or call 800-928-8926, ext. 6-7372.

Angela Miller inducted into Phi Kappa Phi

Angela Miller of Mount Vernon (40456), majoring in Pre-General Dietetics (2 + 2), is one of 53 Eastern Kentucky University juniors, seniors and graduate students who were inducted into the EKV chapter of The Honor Society of Phi Kappa Phi during a special ceremony in November.

Miller is among approximately 30,000 students, faculty, professional staff and alumni to be initiated into Phi Kappa Phi each year.

EKU President Dr. Michael Benson, a lifetime Society member, was the keynote speaker at the ceremony and became a dual member of the EKV chapter. Faculty honored included Dr. David Coleman, Honors Program Interim Director; Dr. Larry Collins, Associate Dean of the College of Justice and Safety School of Safety, Security and Emergency Management; and Dr. Allen Engle, Professor of Management and EKV Foundation Professor for 2013-15.

In appreciation for his years of service to the Society at both the National and Chapter levels, Dr. Robert Rogow, Dean of the College of Business and Technology, was recognized with the chapter's Distinguished Member Award, established to recognize chapter members who have gone above and beyond in their service to Phi Kappa Phi.

Founded in 1897 at the University of Maine, Phi Kappa Phi is the nation's oldest, largest and most selective all-discipline honor society. The Society has chapters on more than 300

campuses in the United States, Puerto Rico and the Philippines.

Membership in Phi Kappa Phi is by invitation and requires nomination and approval by a chapter. Only the top 10 percent of seniors and 7.5 percent of juniors, having at least 72 semester hours, are eligible for membership. Graduate students in the top 10 percent of the number of candidates for graduate degrees may also qualify, as do faculty, professional staff and alumni who have achieved scholarly distinction.

Since its founding, more than 1 million members have been initiated. Some of the organization's more notable members include former President Jimmy Carter, NASA Astronaut Wendy Lawrence, Baylor University head women's basketball coach Kim Mulkey-Robertson, writer John Grisham and Netscape founder James Barksdale. The Society has awarded approximately \$11.5 million in fellowships and scholarships since the inception of its awards program in 1932. Today, more than \$800,000 is awarded annually to qualifying members and non-members through graduate fellowships, undergraduate study abroad scholarships, member and chapter awards and grants for local and national literacy initiatives. The Society's mission is "To recognize and promote academic excellence in all fields of higher education and to engage the community of scholars in service to others."

Ford Brothers holds Awards Banquet

Ford Brothers Auctioneers held their 2013 Awards Banquet at The Community Center at Quail Park in Rockcastle County on Saturday, January 4th. The top Auctioneers were: 4th place winner Mike Crouch, 3rd place winner Jeff Cromer, 2nd place winner Ron Shaw and the 1st place winner was Karl David Reynolds. It was noted that 2013 was the most productive year for auctions in the company's history with 240 auctions. Also announced was the company's web site had over 4 million page visits in 2013 with the average time spent on the site at 12 minutes and 55 seconds as noted by Google Analytics.

2013 marked the 48th year for Ford Brothers Auctioneers that was founded in 1965 by principal broker and auctioneer Sam Ford. Ford Brothers has three offices in Kentucky: Mt Vernon, Somerset and London. For more information you may visit www.fordbrothersinc.com.

NOTICE

Notice is hereby given that on January 17, 2014 Kentucky Utilities Company ("KU") filed an application with the Public Service Commission, Frankfort, Kentucky for approval of revisions in its Demand-Side-Management and Energy-Efficiency ("DSM/EE") program portfolio, as shown in KU's Adjustment Clause Demand-Side Management Cost Recovery Mechanism ("DSMCRM") tariff and the resulting changes in its DSMCRM charges. In its application, KU notified the KPSA that the revised DSMCRM tariff sheets are proposed to become effective on and after February 16, 2014; however, because KU anticipates the Commission will suspend the proposed changes in the DSMCRM tariff to conduct an investigation of the proposed changes, KU has asked the Commission to approve the proposed changes in its DSM/EE program portfolio and resulting increases in the charges under the DSMCRM mechanism in its DSMCRM tariff to be effective on January 1, 2015.

The proposed changes to the DSM/EE program portfolio, if approved, will result in an increase in the charges calculated under the DSMCRM mechanism. The increase charges for all affected electric rate classes are as follows:

Residential Service Rate RS, Volunteer Fire Department Service Rate VFD, and Low Emission Vehicle Service Rate LEV			
Current Charge per kWh	Proposed Charge per kWh	Difference per kWh	% Change
\$ 0.00349	\$ 0.00378	+ \$ 0.00029	+ 8.3%
General Service Rate GS			
Current Charge per kWh	Proposed Charge per kWh	Difference per kWh	% Change
\$ 0.00238	\$ 0.00222	- \$ 0.00016	- 6.7%
All Electric School Rate AES			
Current Charge per kWh	Proposed Charge per kWh	Difference per kWh	% Change
\$ 0.00068	\$ 0.00101	+ \$ 0.00033	+ 14.7%
Power Service Rate PS, Time-of-Day Secondary Service Rate TODS, and Time-of-Day Primary Service Rate TODP			
Current Charge per kWh	Proposed Charge per kWh	Difference per kWh	% Change
\$ 0.00067	\$ 0.00069	+ \$ 0.00002	+ 3.0%

KU projects that the monthly bill impact of the new DSM/EE programs and program enhancements will be an increase of \$0.29 per month for a KU residential electric customer using 1,000 kWh per month.

This tariff filing may be examined at the office of Kentucky Utilities Company, One Quality Street, Lexington, Kentucky, or on Kentucky Utilities Company's website at www.lge-ku.com.

This tariff filing may also be examined at the Commission's offices, located at 211 Sower Boulevard, Frankfort, Kentucky, Monday through Friday, 8:00 a.m. to 4:30 p.m., or through the Commission's website at <http://psc.ky.gov>.

Comments regarding this tariff filing may be submitted to the Public Service Commission through its website or by mail to Public Service Commission, Post Office Box 615, Frankfort, Kentucky 40602.

The proposed changes to the DSM/EE program portfolio and associated increase in the charges calculated under the DSMCRM mechanism contained in this notice are proposed by Kentucky Utilities Company. The Public Service Commission may order changes to KU's proposed DSM/EE program portfolio that may result in charges under the DSMCRM mechanism that differ from the proposed charges contained in this notice.

A person may submit a timely written request for intervention to the Public Service Commission, Post Office Box 615, Frankfort, Kentucky 40602, establishing the grounds for the request including the status and interest of the party. If the Commission does not receive a written request for intervention within thirty (30) days of the initial publication or mailing of the notice, the Commission may take final action on the tariff filing.

Kentucky Utilities Company
c/o LG&E and KU Energy LLC
220 West Main Street
P.O. Box 32010
Louisville, Kentucky 40232
Telephone: (502) 627-4314

Public Service Commission
211 Sower Boulevard
P.O. Box 615
Frankfort, Kentucky 40601
Telephone: (502) 564-3940

Classifieds

CLASSIFIED RATES

Local Rates - \$4 for 25 words or less - .10 each additional word

- Display Classifieds \$5.00/Inch

Deadline for Classifieds is 10 a.m. TUESDAY

For Rent

2 Bedroom Mobile Home in Mt. Vernon. All appliances, KU and water. \$600 per month plus \$200 deposit. No pets. 606-308-4983. 5x1p

3 Bedroom/1 Bath Trailer in town. Central heat and air. References required. \$440 per month/\$400 deposit. 308-4509. 5x2p

Apartment in Mt. Vernon. 2 bedrooms, 1 bath. No pets. Reference required. \$600 month, includes all utilities. Deposit required. 606-308-2319. 52xntf

Duplex in Brodhead. All appliances furnished. Call Patty: 758-9666. 46xntf

House and Trailer in Brodhead. No pets. 758-4729. 46xntf.

Trailers and house in Brodhead. No pets. 758-8922. ntf

Accepting applications at Mt. Vernon Housing Authority on Mondays 4 to 8 p.m. and Wednesdays and Fridays, 4 to 6 p.m. Rent based on income. 256-4185. 14xntf

Accepting Applications: For 2 and 3 bedroom units at Valley View Apartments. Rent based on income. Call 256-5912. Equal Housing Opportunity, TDD for hearing impaired only. 1-800-247-2510. 36tfn

For Rent

Maple St. Storage of Brodhead
256-2884 or 606-308-2491

Property For Sale

16 1/2 Acres, more or less, with 24x60 mobile home, 20x20 attached garage, 2 large barns, 2 large outbuildings, carport and blacktop driveway. \$69,000. Call 606-386-1470. 2x4p

For Sale or Lease: 3 bedroom furnished house on land contract in Brodhead. No pets. 758-4729. 48xntf

Property between Mt. Vernon and Somerset. 6.1 wooded acres for \$34,900 or 4.77 acres for \$29,500 with mountain view. Owner financing available. Call Dwight at 859-331-4888. 30xntf

For Sale or Rent/Lease: 8640 sq. ft. building (former Cumberland Valley Home Health). Located in Rockcastle Industrial Park. Approx. 100 parking spaces. Will consider partial sq. footage. Call 606-308-3500 or 606-308-2319. 12xntf

Lots in Castle Ridge Subdivision. Use same entry way as Bible Baptist Church. All lots have city sewer and underground utilities, starting at \$12,900. 606-256-5692 • 256-4504 • 308-3730. 50x1

Mobile home lots, located in Lakeside Mobile Home Park. 1/2 acre lots - \$500 down and \$100 per month. Call 606-256-5692 or 606-256-5648. 50x1

Subscribe to the Signal

Pets

Livestock Protection Pups for sale. Great watch dog. Call 859-358-6566. 4xntf

Mountain Top Precious Pups: Yorkies, Maltese, Shih-Tzu, Poodles, Chihuahua, Boxers. 1-606-231-5498 - leave message or text. Join us on fb: mountain top precious pups or e-mail: YUNGERMTPP@YAHOO.CO 46x26

Help Wanted

Taking applications for outgoing individual. Duties includes sales clerk, merchandising and stocking. Random drug test required. Serious inquires only in person at Mark's Hardware in Brodhead. No phone calls please. 5x2

Now hiring for light industrial positions in the Somerset area. Temp to perm. Must be available for all shifts. Pay ranges from \$9 to \$13 per hour. To apply, go to www.jcmalone.com and complete an online application. 52x6p

Notices

Want to buy good used mobile home. Must be reasonably priced and no more than 10 years old. Call 256-0655. 5x2

Notice is hereby given that Judy C. Howe, 4678 Spiro Road, Mt. Vernon, Ky. 40456 has been appointed executrix of the estate of Leon Rowe on the 13th day of January, 2014. Any person having claims against said estate shall present them according to law, to the said Judy C. Rowe or to Hon. William D. Gregory, 240 East Main St., P.O. Drawer 220, Mt. Vernon, Ky. 40456 on or before July 14, 2014 at 9:30 a.m. 5x3

Notice is hereby given that Karen Noe, P.O. Box 386, Mt. Vernon, Ky. 40456 has been appointed guardian of the estate of Morgan D. Mullins, a minor on the 13th day of January, 2014. Any person having claims against said estate shall present them according to law to the said Karen Noe

on or before July 14, 2014 at 9:30 a.m. 5x2

Notice is hereby given that Ledford Hal Hunt, 808 Dairy Lane, Mt. Vernon, Ky. 40456 has been appointed executor of the estate of Carolyn Dolores Lamb Hunt on the 15th day of January, 2014. Any person having claims against said estate shall present them, according to law, to the said Ledford Hal Hunt or to Hon. Debra Hembree Lambert, P.O. Box 1094, Mt. Vernon, Ky. 40456 on or before July 16, 2014 at 9:39 a.m. 5x3

Notice is hereby given that Barbara Coffey, 2353 Hurricane School Road, Mt. Vernon, Ky. 40456 has been appointed executrix of the estate of Lewis E. Coffey on the 15th day of January, 2014. Any person having claims against said estate shall present them according to law to the said Barbara Coffey or to Hon. William D. Reynolds, P.O. Box 1250, 160 West Main St., Mt. Vernon, Ky. 40456 on or before July 16, 2014 at 9:30 a.m. 5x3

Notice is hereby given that Linda P. Williams, 1146 Old State Road, Mt. Vernon, Ky. 40456 has filed a Periodic Settlement of her accounts as Guardian of Caleb W. Williams, a minor. A hearing on said settlement will be held February 17, 2014 at 11 a.m. Any exceptions to said settlement must be filed before this date. 5x2

Motor Vehicles For Sale

2007 Chevy Cobalt LT Sedan. 4 cyl., front wheel drive, power windows and power locks, cruise control, keyless entry, sports package, alloy wheels, 27-34 mpg, 48,150 miles, rebuilt title. \$6,000 firm. Call or text 606-308-2398. 4x2p

Professional Services

GUNS -- Lovell's Gun Repair. Mike Lovell -- gunsmith. New and used guns for sale. Ammo. Repairs. Hot bluing. Hours Monday-Friday 5 p.m. to 8 p.m. only. Maple Grove Road. 606-256-3539. 11x52p

Owens Monument: Located behind Owens Funeral Home in Brodhead. Open Mon-Fri. 8 to 5 and Sat. 9 a.m. to noon. 606-758-9600. 14xntf

Notice: Will haul off or buy scrap metal, junk cars or trucks. Metal hauled for free. 231-6788. 14xntf

Grave Markers & Monuments: In stock at all times. McNew Monument Sales, US 25, 4 miles north of Mt. Vernon. Phone 256-2232.

U Call We Haul! Anything that fits on a truck. Local or long distance. Building -

demolition - moving - clean-ups - bushhogging - landscaping. No garbage. 606-256-9222 or 308-1629. 35xntf

Gail's Pampered Pooch 57 West Main St., Brodhead. For appt. call 606-758-0064 20xntf

ROD'S WINDOW TINTING
Lifetime Guarantee
Auto, Home, Commercial
Mainous St. • Berea, KY
859-756-1076
(2 streets past Save-A-Lot on left)



STEWART'S SALVAGE
Owens Clayton Stewart

We also buy batteries, converters, aluminum wheels and radiators, starters, and alternators.
Used tires and parts for sale at dirt cheap prices.

Make \$1,000 selling your old scrap cars-trucks and farm equipment and machinery.
Call 24 hours a day. If no answer, leave message and your call will be returned.
859-358-3560 or 606-256-3841 anytime

NOTICE
NO classifieds can be placed over the phone without paying at time of placing advertisement

CLASSIFIED ADS NOTICE

For your convenience, we now accept VISA and Mastercard

To place your classified, have your credit card ready and call
(606) 256-2244

Posted

Posted: No hunting or trespassing on all land in Rockcastle County belonging to Harold Miller. Violators will be prosecuted. 5x3p

Posted: No hunting, trespassing or ATVs on land belonging to Jason and Sara Coguer at Roundstone. Not responsible for accidents. 5x3p

Posted: No hunting, trespassing or ATVs on land belonging to Lora Lambert on Boone Gap Road. Not responsible for accidents. 45x12p

Posted: No trespassing on land belonging to James and Dorothy Rash heirs on Rash Branch Road off Chestnut Ridge. No hunting, camping, ATVs, trespassing for any purpose. Not responsible for accidents. Violators will be prosecuted. (1/15/15)

Posted: No hunting or trespassing on property belonging to Carol Blackburn, 1435 Marler Hollow. Violators will be prosecuted. (3/7/14)

Posted: No trespassing on Crawford Place - Old Brodhead Road. Danny Smith. 47tfn

Posted: Absolutely no hunting, fishing or trespassing on property belonging to Mark and Debbie Cummins. Violators will be prosecuted. 9x52p

Posted: No trespassing, hunting or fishing on land belonging to Rachel Denney on Hwy. 3245 (former Reggie Bengé property).

Posted: No trespassing on property known as C.B. Owens Farm across from Fairgrounds in Brodhead. Violators will be prosecuted. 25tfn

Miscellaneous For Sale

Firewood For Sale: \$60 truck load, Free delivery in some areas. 606-453-3999. 5x2p

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Test results from Consumer Report, 2008.
Option 1: Steam Cleaning-How does it work?
A. Steam Cleaners saturate your carpet and floor pad with hot (150° degree) soapy water containing lye and bleach to help dissolve stains.
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Option 2: Dry Foam-How does it work?
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The results: Removes over 90% of carpet soil. Rejuvenates and brightens colors and patterns of carpets. Drying times is less than 2 hours. Floor pads remain dry-Fabric Softener makes carpets soft again-Promoting the life of the carpet.
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Frankfort Report...

By Jared Carpenter, State Senator

The pace in Frankfort has picked up during week two of the 2014 Regular Session.

Committees met daily to hear testimony and gather information on proposed legislation and important issues facing Kentucky. I've been meeting with constituents and stake holders daily regarding many different policies. We also began debating and voting on legislation on the Senate floor.

I was pleased to join Representative Jonathan Shell and Mayor Jason Medley in announcing the partnership between the City of Livingston, AT&T, and Eastern Kentucky University. Mayor Medley, the City of Livingston, and Rockcastle's Fiscal Court have done a great job developing the Trail Town program. Representative Shell and I hope this new partnership and grant will further assist Livingston's efforts.

As the Rockcastle community knows all too well, the battle against drug abuse continues on all fronts. That is why I am pleased to report that Senate Bill 5, a bill addressing the rising problem of heroin throughout the state, passed the Senate. I co-sponsored this legislation because I believe its three pronged approach will be an effective strategy in the fight against heroin addiction. In short, the bill makes sentences for traffickers harsher, makes money available for education about the life changing effects of the drug, and makes diversion into treatment programs possible for addicts that need a way out of the self-constructed prison of heroin addiction.

Senate Bill 3, the informed consent bill that I am a co-sponsor of, was passed out of committee on Thursday. The bill requires an in-person consultation with a physician to ensure the patient is aware of the health risks of the abortion.

The State and Local Government Committee passed Senate Bill 4 and Senate Bill 27 in an effort to save the state money. The bills move gubernatorial races to even numbered years along with other major elections (SB 4) and eliminate the ability of legislators to pension spike (SB 27). I think these bills move Kentucky to a more efficient way of handling elections and a more transparent and responsible use of employee retirement systems.

Monday, January 20 the General Assembly was not in session to honor of the Rev. Dr. Martin Luther King, Jr. He devoted his life to the civil rights of all Americans. To honor his legacy I hope the leaders of

our state can work together for better communities and standards of living. Like Dr. King, we must do our work with future generations in mind.

Please call me in Frankfort at 502-564-8100 if you have any ideas, concerns, or suggestions.

"Care"

(Cont. from B1)

The Appalachian Mountains stand as a physical barrier preventing local residents from accessing specialized care and isolating local primary care physicians. Supporting these providers with new training opportunities was one of many solutions discussed by the team in Manchester. Attendees pointed towards the importance of educating both providers and the local population on how best to manage and prevent these chronic conditions.

Although there are many obstacles to overcome in addressing the lack of specialized care, the mood in Manchester was optimistic. The diverse group gathered consisted of medical professionals, representatives from healthcare facilities, and health departments, leading to a fruitful discussion.

STHA program director, Hitomi Kubo, commented, "The meeting was a great first step towards increasing specialized care options. Bringing these healthcare professionals together was a success in itself, fostering increased communication and strengthening networks across the region and from various parts of the health care continuum." The need in the Cumberland Valley is great, but collaborative efforts among stakeholders like those discussed at the Manchester meeting will help set the region on a path towards better health.

The Kentucky Department of Public Health recently released the Coordinated Chronic Disease Prevention and Health Promotion Plan (Unbridled Health Plan), emphasizing their commitment to turning the tide on chronic conditions. A call to action, the Unbridled Health Plan reminds every Kentuckian that he or she is part of the team working to create healthier communities.

No single person or organization can improve population health. Instead, collaborations, like the meeting in Manchester, set the stage for making the healthy choice the easy choice in Kentucky.

To learn more about Spread the Health Appalachia, visit our website at www.microclinics.org/spreadthehealth or our Facebook page at www.facebook.com/SpreadtheHealthAppalachia

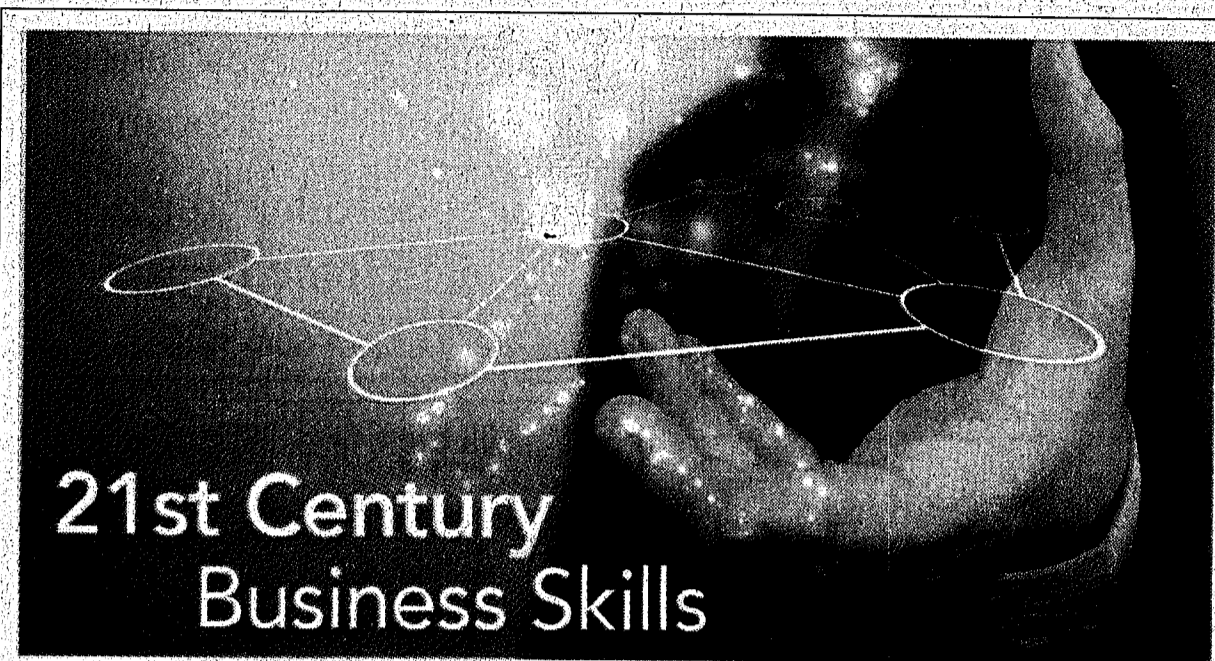


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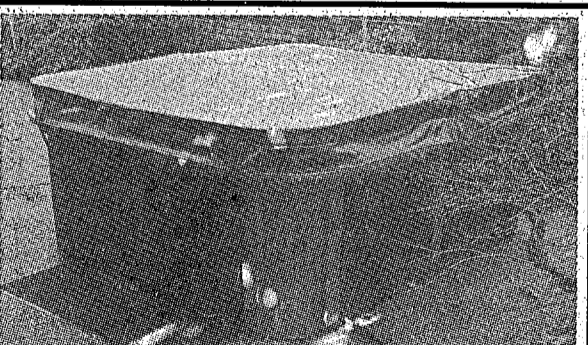
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