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Mount Vernon, Kentucky 40456 - (606) 256-2244 Volume 129 • Number 33 50 per copy Thursday, August 13, 2015



School begins in Rockcastle County

Students headed for class on the first day of school Wednesday morning in Rockcastle County. Shown above are students heading into the Rockcastle Middle School. Superintendent David Pensol said teachers, staff, janitors and others have worked hard to prepare for classes this year for nearly 1,900 students. The first break for students will be Monday and Tuesday, September 7th and 8th for Labor Day and a professional development day for teachers on Tuesday.

From Southern Safety Innovation Corp.

Court receives proposal for Anchor bldg.

Following several meetings, the Rockcastle County Fiscal Court has received a proposal from Southern Safety Innovation Corporation (SSIC) for the lease/purchase of the former Anchor Packaging building in the Rockcastle County Industrial Park.

The proposal came from the offices of McClure, McClure & Bailey of Danville, lawyers for Douglas Thornburg II, owner of SSIC.

The offer involves a five year lease with an option to purchase the building with the purchase price set out at various stages of the lease.

It sets out that, as an incentive to help defray start-up costs, the county will forego the first year's lease payments. It also proposes that one-half of the lease payments for the remainder of the lease will go towards the purchase price of the facility. The lease payment will be determined by the market rate, according to the offer.

The company expects to take possession of the build-

ing October 1, 2015, contingent upon testing of a needed element having been completed successfully by September 30th. If not, the possession date would be moved to November 1st.

Upon possession of the building, the company would be responsible for utilities which would free the county from their present obligation of roughly \$5,000 a month.

At the end of the first 12 months, the company would have the option to purchase the building for \$2.8 million; at the end of the second and third years, the purchase price would be \$3 million; at the end of the fourth year, \$3.2 million and the purchase price would go to \$3.4 million at the end of the lease. The county currently owes just over \$2.6 million on the building.

The company expects to begin operation with around 100-125 employees in the first 18 months with plans

(Cont. to A7)

School Board approves new tax rate, new employees, hires N3D Group

By: Mike French

The Rockcastle County Board of Education discussed several issues during their regular monthly meeting Tuesday evening.

Superintendent David Pensol presented the new tax rate schedule which the board unanimously ap-

proved.

The schedule increases the real estate tax from 40.5 to 40.9, an increase of .04 percent. The tangible (personal) property tax was dropped from 41.5 to 40.9, a reduction of .06 percent. The motor vehicle tax and utility tax remain the same

at 48.3 and 3% respectively.

"This change is expected to raise about \$80,000 which will be a big help," said Pensol.

The rates will be advertised for two weeks before the next meeting.

The board scheduled a public hearing to answer

questions and address issues at 5:30 p.m. on September 8, at the Teaching and Learning Center, 245 Richmond Street in Mount Vernon. The public is invited to attend.

In other action, the board approved the hiring of the N3D Group, to begin the process of repairing the roof at the Rockcastle County High School. According to Pensol, the hiring is the first step to a possibly long project.

"I expect this will be a major project. We aren't hiring N3D for money right now. We are just giving them the go ahead to inspect the roof and come back to the board with recommendations about how to proceed," he said. "Most likely, Scott (N3D Principal D. Scott Noel) will find several things that need to be done in conjunction with the roof work."

According to Pensol, the HVAC system controls are 30 years old, the fire alarms may need work and the sprinkler system may be outdated or in need of repair as well as other possible projects.

"In many cases we will

(Cont. to A7)

City of Brodhead to begin forcing property clean-up

Mayor and councilman will tour city noting unsightly property.

By: Mike French

The Brodhead City Council held their monthly meeting Monday night at City Hall.

Dealing with old business, Mayor Walter Cash told council members that the stop signs, which the

council voted to install during the July meeting, have arrived and will be placed on Tyree Street as soon as time permits.

In new business, the council heard complaints about local lots, business sites and other areas that do

not meet the city's Nuisance Abatement and Enforcement Provision, concerning unsightly property or fire hazards, put into effect by ordinance in July of 2001.

Local citizen Carlos Cash told the council there are several sites in Brodhead which are "Un-sightly and a fire hazard. Some of them have grass grown up past the windows," he said.

City Clerk Becky Bussell, was familiar with all the sites listed and was able to provide information about the owners of the

(Cont. to A7)

Mahaffey appointed to Livingston Council

At Monday night's regular meeting of the Livingston City Commissioners, Brian Mahaffey was sworn in to fill the unexpired term of Ricky Westerfield who recently resigned.

Westerfield was named to the commission after former commissioner Rhonda Baker VanHoose chose not to run for re-election last fall.

During the meeting, Mayor Jason Medley brought the court up to date on the AmeriCorp workers projects. Medley said the

group of volunteers are working on a primitive campsite at the city's 44 acres across the bridge, on a trail on the property which will lead to the "Boils" and also on a playground area which runs from behind the former Livingston School gym to the fire department's property. The Mayor said that plans are for a swing set, park benches, a play car being built by boy scouts and a covered sand pit.

The Rockcastle County Kiwanis Club has donated

(Cont. to A7)

Berea woman arrested on drug charges at local motel

By: Mike French

A Berea woman was arrested in Mt. Vernon last week on drug related charges.

Claudetta Saylor, 39, of Berea, was arrested at the Richmond Street Days Inn on Thursday evening.

According to the report, a complaint was received concerning activities in room 209 of the local motel. Upon arrival, police discovered Saylor in the room alone. Saylor had two active E-Warrants.

When police searched

the room they discovered a cellophane wrapper containing a small, plastic baggie with a clear rock-like substance and a piece of aluminum foil containing a grey rock-like substance.

The report says Saylor, also known as Claudetta Alexander, told police the clear substance was rock salt and she was unsure of the other substance.

Police say they also discovered a green prescription bottle with no label contain-

(Cont. to A7)



Members of the Mt. Vernon Fire Department and Rockcastle County EMS work to help driver Kimberly Jones, of Stanford, and passenger Holly House, of London, out of a Pontiac G-6 after a single-car accident on Highway 150 last Thursday. Sheriff Mike Peters said the two ladies are employees of SourceHOV and were returning from lunch break when rain began to fall. "That's a very slick spot out there because dust from the rock quarry covers the road and then rain causes a vehicle to hydroplane," he said. Witnesses told police the car appeared to lose control and swerve into a utility pole. The utility pole was broken in two places and the car then slipped into the ditch trapping the victims. Both women were taken to Rockcastle Regional Hospital where they were treated for minor cuts and bruises.

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Aces Over

By Mike French



Is there such a thing as being "overprotective?" Can you be too protective of your child? Most theories are, yes, you can be.

Many suggest that getting dirty and playing in the mud helps build the immune system for children. Allowing them to make mistakes builds character and teaches the child that they may not always win at everything they try.

To learn to accept defeat is just as important as learning to try to win. But no matter who you are, or how perfect you think your child may be, they will not always win.

Having said that, I may be the world's biggest hypocrite.

When my daughter entered this world, my world stopped. Things that used to be very important to me became useless and barely entered my thoughts anymore.

I was so overprotective that it drove everyone around me crazy. Of course I was a younger fellow, but for some reason, I pictured the wildest series of coincidences on the planet that could hurt my daughter and I fought to prevent it.

I thought things like, "If a mouse ran behind the coffee pot as we slept, and knocked it off, the coffee would seep under the carpet, causing the wooden boards to swell and a rusty nail could stick up under the carpet and we couldn't see it. Then my daughter runs through the house and boom! Tetanus."

So, the coffee pot got moved to the back room with a concrete floor.

If I saw a wrinkle in the carpet that she could trip over, I measured the distance and compared it to her height and moved all our tables so that her head would not bonk them.

That didn't satisfy me. My wife had bought some candles. While she was gone one day, I lit them and poured the wax onto the corners of all our tables to cushion the blow from a fall. Who knew certain candles were "rare finds and very expensive?" At least the house smelled like orange/amber.

I found a really cool trick soon after that. You could cut that black foam rubber insulation off your plumbing pipes and it fit perfectly around the edge of counter tops, table legs, corners of televisions, and most anything. Ta da! Built-in bumper pads. If she fell, she would just bounce back up

again.

There were two minor problems with that idea though. Our home looked pretty ridiculous, and that winter, all our pipes froze. But hey, my daughter made it through the winter without a concussion.

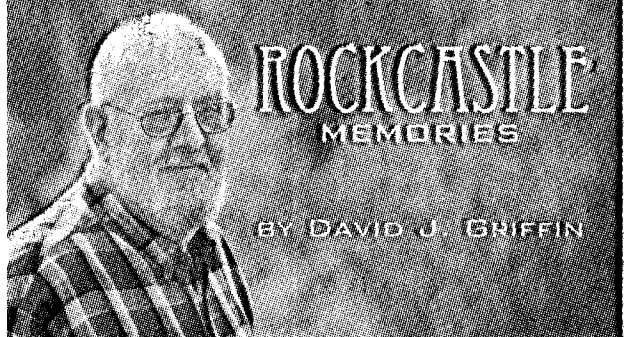
If an accident did occur, I took it as the end of the world.

Once I took her for a walk and a thorn scratched her leg. It bled. I panicked.

When my wife got home I had my daughter's leg wrapped in bandages from thigh to toe and had made a flour paste to coat the bandages to stiffen them up like a cast.

I had her in bed with ropes strung over the ceiling fan and tied them to her foot to elevate her leg and slow the blood that seemed to me to be equivalent to a fire hose. She was in homemade traction.

When she saw the con-
(Cont. to A4)



ROCKCASTLE MEMORIES

BY DAVID J. GRIFFIN

I Loved Trucks

In 1951, when my Dad (Hobe Griffin) purchased his new Chevrolet half-ton pickup, I was only six-years-old. He and my mom had divorced, and I was spending some of my week-ends with him. I was there the weekend after he purchased his new 3100 Series half-ton vehicle.

I never saw him so excited before or after that particular weekend. When I arrived, he took a long time showing me the engine, the bed and even the radio. I think that was his most favorite vehicle. I am sure it was one of his favorites because he kept it so clean.

The 1951 half-ton had a 216-cubic-inch, inline six-cylinder engine which produced 85 horse power. That was the standard engine for the three-speed-manual

transmission, which Daddy had on his truck. That was the first Chevy pickup that had the vent windows, which forced air into the truck to keep it cool at high speeds. It had chrome window-handle knobs. The 1951 was also the last truck to have an 80 mph speedometer.

Daddy took me for a ride after he let me look all over his new pickup. I remember us driving down to Renfro Valley before returning to his home. I was very excited to see him so satisfied.

Several months after his purchase, Daddy took me and my grandfather (Pop) for a ride in his new truck. I distinctly remember him stopping at the corner of US 25 on Main Street next to the Rockcastle Hotel. While waiting for his turn to pass through the intersection, another vehicle slammed into the rear of Daddy's recent acquisition.

I can still feel the force that shook that truck. I was sitting in the middle between Pop and Daddy when the accident occurred. Both of the two men asked if I was alright. It was quite a shock. Daddy then jumped out of his truck and immediately started looking for a policeman. He was quite infuriated, even though the truck had little damage.

Over the next few years, I began to love riding in Daddy's truck. I often thought that I would love to have one of my own. It was 30 years before that desire would come true. In 1981, I purchased my first new truck, which was an El Camino SS with a 267 cu-

(Cont. to A4)

Points East

By Ike Adams



I have long been a fan of both public and back yard family fish fries. For that matter, I can think of very few things that I enjoy more than stinking up Loretta's kitchen with a few skillets full of bluegill, crappie, smallmouth bass or catfish fillets, especially if I did the catching or participated in the fishing trip that yielded said fillets.

I don't recall fish fries ever being one of the principal reasons for big social gatherings when I was growing up but it was not unusual for half the families on Blair Branch to be frying fish at the same time every spring right after the late L.B. Blair and my late Uncle Albert Adams made multi-day forays to Douglas, Norris or Cherokee Lakes in Tennessee during the white bass and crappie spawns.

L.B. and Uncle Albert seldom came home on Sunday evening without several coolers filled to the brim. In those days (late 1950's/early 60's) none of the beneficiaries of their normal success with rods and reels knew how to dress a fish into boneless fillets. We simply raked off the scales with tablespoons, gutted and beheaded the carcass and usually fried it whole.

My mom made sure we had plenty of cornbread at hand because, according to her, if you got choked on a fish bone you should not try to cough it up, but swallow a big chunk of cornbread to take it on down because once it got to your stomach it would melt. I'm guessing now that cornbread probably kept me from strangling to death at least a dozen times before I was ten

years old.

Another old wives tale admonished that eating fish and drinking milk with the meal was deadly poisonous.

My late Uncle, Stevie Craft, maintained that he didn't know for sure about the poison angle, but he'd always heard that drinking milk and eating fish at the same time would make you go blind. Suffice to say that when fish got fried on Blair Branch, the milk stayed in the refrigerator and we usually chased it down with Kool-Aid.

I entered high school afraid to even be close to milk when fish was on the table and then, one day, the school cafeteria served breaded fish fillets for lunch and I noticed that everybody eating them had a carton of milk and not a single kid was falling down dead, nor were there any reports of illness among the elementary students who had lunched on the same meal half an hour earlier.

So when I got home that evening I told my Mom that we'd had fish for lunch, as well as milk, and that there was not a single fatality nor had anybody gone blind. Mom said that we were the luckiest bunch of kids she'd ever heard of. But she did not register a complaint with The Board of Education.

I was also in high school before someone, probably Richard Smith, showed me how to get tow boneless fillets off a fish in far less than half the time it took to scale or skin and gut one. Uncle Stevie pronounced my newly acquired skill to be the biggest waste of good meat that he had ever seen

(Cont. to A4)

T.J.'s Journal

by: Tonya J. Cook



A Visit With Old Friends

Dear Journal,
There are a handful of friends that I've known since I was no more than two or three years old and others whom I've recently met. Each is special in their own way and I treasure each one. There are all kinds of friends, but it seems that the old school friends are in a category all to themselves.

Last weekend was what has become the annual class picnic (other than the class reunion that is held every five years). The picnic is more laid back and the reunion is more of a formal event. We all have a good time and Stanley has adopted this class as his. It is a shame that his own class doesn't have a reunion. We've been married about fifteen years with no RCHS class of 1982 gathering of any kind.

Our class had a cast of characters who were one of a kind, and have become very endearing as the years have gone by. I'll not even try to describe them as pen and paper could in no way do them justice.

I was so sick this day and didn't really feel like going, but that old school spirit prevailed. I'm so glad that I went. One of the class mates had designed T-shirts

for the occasion and I had gotten one to wear.

We got three early and I got to see almost everybody. There were a few I didn't know. LCHS (Laurel County High School) graduated 435 in 1978 and I didn't know some who walked the graduation line then. In 1978 it was the largest high school in the state. I stayed a short while, then Stanley had to take me home.

The years certainly change people. The girls have held up pretty well with all of the help we could get. The boys are looking kind of gray. Our health is declining. There were canes, walkers, hearing aids, and talk of various surgeries and grandchildren. People have changed in another way, too. Some came up to hug me and make conversation that wouldn't have even looked my way back in high school. The cliques are almost gone. I was in a nerd clique. You know, the one that is never in trouble, hangs out in the library actually studying, considered social rejects and keeps that GPA 3.5 or above. None of us were very popular except among ourselves but I don't think we really cared.

From what I hear, we are one of the few classes that have bonded like we have. In 2028, we will celebrate our 50th year since graduation and our 40th in the fast-approaching 2018. I'm the keeper of the time capsule which contains memorabilia, letters, and a bottle of wine that we will uncork in 2028 to celebrate our 50 year mark. Someone said the other night that most of the class will have to come by ambulance or we'll have to have the celebration over at "the home".

Note: Last week's Journal should have ended with "We love you." Sorry about the computer error.

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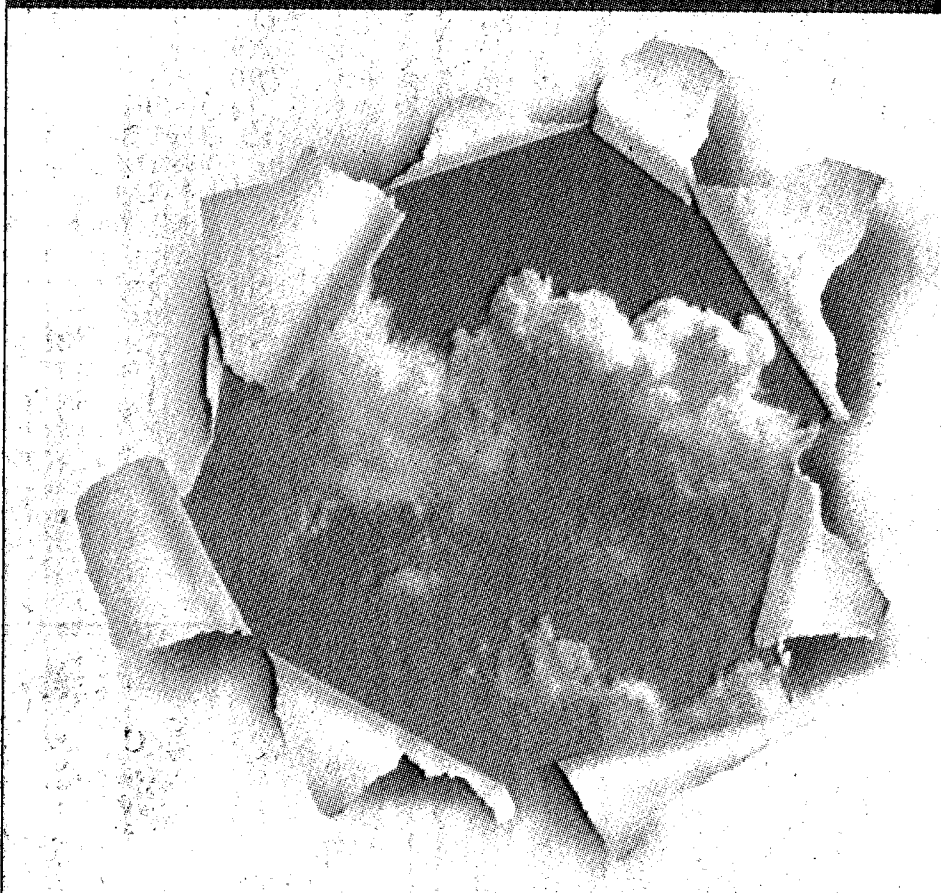
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Obituaries

John Davis

John Davis, 76, of Crab Orchard, formerly of Highland, IN, died Friday, August 7, 2015 at his residence. He was born to the late John and Lucille Compton Davis on September 5, 1938 in Flora, IL. He was joined in marriage to Ada Mae Forsythe Davis on September 22, 1962 in Flora, IL. He was a member of Wildie Christian Church. He was a devoted church member and loved his Lord. He also loved to go fishing and he enjoyed gardening and was an avid hunter when he was able.

Besides his parents, he is preceded in death by four brothers and four sisters.

He is survived by; his wife, Ada Mae Forsythe Davis; two sons, Thomas (Wanda) Davis of Eubank, and Mark (Theresa) Davis of Crab Orchard; three daughters, Gail (James) Warner of Schererville, IN, Sharon Davis and Mary Mott; one brother, Gary (Darlene) Davis of Salem, IL; 11 grandchildren; and nine great grandchildren.

A celebration of the life of John Davis was held Monday, August 10, 2015 at Liberty Baptist Church in Crab Orchard with brothers Bruce Ross, Zandale Hastings and Kenton Parkey officiating. Full military honors were conducted by the Russell County Honor Guard, DAV Chapter 51.

The family of John Davis requests that expressions of sympathy may take the form of contributions to Hospice of Lake Cumberland at 100 Parkway Drive Somerset, KY 42503.

Somerset Undertaking Company and Crematory is in charge of arrangements.

You may offer private condolences online at www.somersetundertaking.com

Alma Brossart

Alma Brossart (nee Mullins), 98, born in Livingston, died in Elsmere. She was an office clerk with Hostess.

She is survived by: her loving daughter, Maxine Kincer; dear sister-in-law, Mildred Mullins; loving grandmother of two and great grandmother of four; and several nieces and nephews.

Services will be at a later date at the convenience of the family.

Middendorf Funeral Home in Ft. Wright are handling the arrangements.

Online condolences to: www.middendorf-funeralhome.com



Tom Clark

Tom Clark, 64, of Livingston, died Friday, August 7, 2015 at his residence. He entered into this life October 23, 1950 in Clay County, a son of the late Joe and Maudie Carpenter Clark. On September 21, 1979, he was united in holy matrimony to his wife, Nadine Wagner. He was a history buff, enjoyed computers, dogs and most especially he enjoyed his grandchildren. He was an auto mechanic and had worked at Rockcastle Manufacturing.

He is survived by: his wife, Nadine; three children, William Joseph Clark of Lexington, Daisy Amanda Clark (Rodney Thomas) of Livingston, and Tom Clark, Jr. of Irvine; three grandchildren, Jacob Collins, Dougie Collins and Kendra Clark; six brothers, Burchell Clark of London, Leamon (Libby) Clark of Livingston, Raymond (Jody) Clark of Orlando, Milton (Joyce) Clark of Indiana, Jimmy Clark of Eubank and Dennis (Darlene) Clark of McKee; four sisters, Willa Mae (Otis) Angel of Sand Gap, Janie (Roland) Huckabee of East Bernstadt, Marie Bray of McKee and Sallie (Tim) Martin of Mt. Vernon; and many nieces, nephews, friends and neighbors.

Besides his parents, he was preceded in death by four brothers, Billy Joe Clark, Elijah Clark, Johnny Clark and Arthur Clark.

Visitation for Mr. Tom Clark will be Sunday, August 9, 2015 after 6 PM at the Red Hill Baptist Church.

Funeral services were held Monday, August 10, 2015 at Red Hill Baptist Church. Burial followed in the Red Hill Cemetery with Bro. Jack Weaver officiating.

Condolences to the family can be made at www.marvineowensfuneralhome.com

Cemetery Notices

McKinney Cemetery

Anyone with loved ones buried at McKinney Family Cemetery is welcome to visit during daylight hours. Furthermore, we have never prevented anyone from coming onto the cemetery property. We do ask that the grounds be respected and that no one attempts to use the outhouse as it is unsafe and dangerous.

Any questions should be addressed to Amburgey & Rowe LLC.

Ricky & Tammie Bullock Philadelphia United Baptist Church Cemetery

It's mowing season and donations are being solicited for upkeep of our cemetery at Philadelphia United Baptist Church. Please send donations to the church at 834 Bryant Ridge Road, Brodhead, Ky. 40409.

Rice Cemetery

Donations are being accepted for the upkeep of Rice Cemetery.

Please send donations to: Lonnie Reppert at Reppert's Funeral Home in Berea, Ky. 40403.

Maretburg and Livesay Cemeteries

Please send donations for mowing and upkeep of the Maretburg and Livesay cemeteries to Gloria Seals, 5394 Brindle Ridge Road, Brodhead, Ky. 40409.

Briarfield Cemetery

Please send donations for upkeep of the Briarfield Cemetery to: Caretaker: Ron Spoonamore, 1987 White Rock Road, Mt. Vernon, Ky. 40456 Ph. 386-1872.

Johnetta Cemetery

Flowers on gravesites at Johnetta Cemetery need to be picked up before June 11th so mowing can be resumed.

Roberts Cemetery

Please send donations for the upkeep of Roberts Cemetery (Old Freedom Cemetery) to Don Cummins, 67 School House Road, Mt. Vernon, Ky. 40456.

Thank you for contributing to this worthy cause.

Maple Grove Cemetery

Donations for upkeep of the Maple Grove Cemetery should be sent to: Michael Robinson, 503 Maple Grove Road, Orlando, Ky. 40460. For more information, call 308-5439.

Phelps Cemetery

Donations for the upkeep of Phelps Cemetery may be sent to Everett Renner, 712 Steep Hollow Road, Mt. Vernon, Ky. 40456.

All donations appreciated.

Sand Hill Cemetery

Brady and Suann Hensley would like to thank everyone for all the

donations made for mowing the cemetery at Sand Hill Baptist Church.

All donations were greatly appreciated.

May God bless you all.

Providence Cemetery

Please send donations for maintenance and upkeep of Providence Cemetery to: Bill Long, 882 W. Level Green Road, Brodhead, Ky. 40409

Morning View Cemetery

Please send donations for upkeep and maintenance of Morning View Cemetery and repair of the fence on the lower end to: Bud Cottengim, caretaker, 67 Misty Lane, Mt. Vernon, Ky.

Maret Cemetery

Donations for upkeep of the Maret Cemetery should be mailed to Sandra Dailey Ramsey, 245 Sunset Ridge, Mt. Vernon. Checks should be made payable to Maret Cemetery.

High Dry Cemetery

Donations for upkeep of High Dry Cemetery can be sent to High Dry Cemetery Fund, c/o Coy Cromer, 1058 Rank Rd., Mt. Vernon, Ky. 40456.

Please make checks payable to HDCF.

Oak Hill Cemetery

Donations are being accepted for the upkeep of Oak Hill Cemetery. Anyone wishing to help should mail donations to Oak Hill Cemetery, c/o Bill Lear, 60 Hope Drive, Orlando, Ky. 40460.

Red Hill Cemetery

Please send donations for the upkeep of Red Hill Cemetery to: Clifton Bond, 45 Mill St., Mt. Vernon, Ky. 40456 Ph. 606-256-1374 or to Dell Ponder at P.O. Box 238, Livingston, Ky. 40445 Ph. 606-453-4341.

Please make checks payable to Red Hill Cemetery Fund.

Negro Creek Cemetery

Please send donations for the upkeep of Negro Creek Cemetery to: Monticello Banking, 475 E. Hwy. 80, Somerset, Ky. 42501 not to Paul Blanton.

Philadelphia United Baptist Church

Donations for the upkeep of the Philadelphia United Baptist Church Cemetery should be sent to the church at 834 Bryant Ridge Road, Brodhead, Ky. 40409 or you may call Bro. Gordon at 606-308-5368 or Mert Law at 606-355-2779.

Each mowing costs the church \$50.

All donations would be greatly appreciated.

Piney Grove Cemetery

If anyone would like to donate for mowing and upkeep, please mail to: Piney Grove Cemetery, 16 Silver St., Brodhead, Ky. 40409.

Card of Thanks

Billie Sue "Doc" Ross Lear

The family of Billie Sue "Doc" Ross Lear would like to express our gratitude and thanks to everyone for the calls, visits, texts, cards, flowers, special gifts and the food and supplies that were brought to Mom and Dad's. We especially want to thank everyone for their prayers, love and support for our precious Mom and our family.

Thanks to Dr. Bullock, Dr. Saylor, Dr. Rowe and staff for their care. Thank you to the Cancer Care and Infusion Center at Rockcastle Regional Hospital - Dr. Mara Chambers, Gayle DeBorde, Renee Miller and Amy Bray, Baptist Health Radiology - Dr. Jennifer L. Huhn and staff, Hospice Care - Jennifer Ponder, Sheila Wright, April Harris, Dianna Moore, Kelly Fitch and Jeanette Matthews, Brodhead Pharmacy and Collins Respiratory Care as each of your roles was of vital importance in meeting the needs of our Mom. Thank you to Rockcastle Regional Hospital and staff for their compassion and care during Mom's stay at the hospital.

A special "Thank You" to Marvin E. Owens Home for Funerals - Marvin, Judy, Dewayne and staff for taking care of our beautiful Mom and for making this difficult time a little easier to bear with your expertise, guidance, patience, love and support. Dewayne, thank you also for your beautiful singing just as Mom requested. Thank you to Bro. Luther Allen and Bro. Tony

Shelton for your prayers and kind words of comfort and love for our Mom and our family. Thank you to Pam's Flowers and Gifts for Mom's beautiful red roses. Thanks to Jessica Lawson for Mom's touching video. Thank you to the pallbearers and to Mr. Joe Bussell, a longtime friend to the family, for giving his time to lead the funeral procession. Thanks to Rockcastle Embroidery - Melissa and Jessica - for the heartwarming throws Mom had made for her husband and children. A special "Thank You" to Brodhead Baptist Church for opening your doors with an outpouring of love, kindness and caring hands to prepare a delicious meal for our family after Mom's service.

Our "Thank You's" seem so small compared to all you've done but it comes from our hearts. Things will never be the same for our family but all of you made this journey we are traveling a little more bearable. We know Mom is breathing easy now and she has gained her angel wings. We didn't say goodbye, we said "See you soon." May God richly bless each and every one of you.

Love,
The Lear Family

OPERATION UNITE

Drug Tip Hotline
1-866-424-4382

Toll-free Treatment Help Line
1-866-90-UNITE

Benefit for Ashley Lewis Johnson

There will be a Benefit for Ashley Lewis Johnson on Saturday, August 15th, beginning at 5 p.m. at the Livingston Fire House. Ashley was diagnosed with Leukemia in April of this year. She has to have a bone marrow transplant August 4th which will require a very extensive hospital stay in Cincinnati Children's Hospital. Someone has to be with her at all times. This benefit is to help raise money for expenses associated with this stay. There will be food, gospel/bluegrass music, featuring Gift of Grace from Brodhead Baptist Church and a Silent Auction, which will end at 7:30 p.m. Please come out for a great cause!



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To GOD be the glory.

Dear Editor,
I would like to thank all the voters in the East Mt. Vernon precinct who went to the polls last week. For the second time now "The tribe hasspoken". Yes, thanks to all the voters who went and voted either way to establish our majority decision. As Forrest Gump would say, "I am not a smart man" but even I can tell the people do not want alcohol sales in Rockcastle County. I was not born here, I chose here, both to live and work. I travel throughout the state with my job and ministry. I am proud to say I am from Rockcastle County. Proud of our morality and our desire to do the right thing. I brag on the good people I see every day here: students in our schools, the friendly people you meet on the street, the kind and helpful workers where I do business and the good people in the churches who live for the LORD.

I do hate the cost taxpayers incur for these special elections to prove what I already know. The majority of Rockcastle County people do not want alcohol sales here. I do wish the propaganda that is spread by a few people, who will profit from its sale, would stop. The informed people do know that the minute amount of dollars it would bring in certainly fails in comparison to hurt and destruction it will bring. Please stop brainwashing people into believing this will fix our economy and bring in millions of dollars. If you really want to profit from alcohol sales go to an area that is wet and open a Mega Liquor store there. I am so thankful to my mom and dad for modeling good work ethics, they taught me the value of a hard day's work. Life is not about a get rich quick scheme and honestly your probably won't get rich at all. But it is a way that you can feed your family and have a roof over your head. Also you can have a purpose in life and something to live for.

GOD bless all the people who worked again this time to keep our county safe and dry. Also, thanks to the voters in the precinct who went to vote No and represent the biblical Christian views that I believe in. GOD bless Rockcastle County.
Ralph Baker

Thank you to the voters...

Dear Editor,
"Thank you," to the voters of East Mount Vernon for their decision to keep Rockcastle County dry! The Bible says in Proverbs 20:1, "Wine is a mocker, strong

drink is raging; and whosoever is deceived thereby is not wise."

Many people have been deceived into thinking that legal alcohol sales is the answer to many of Rockcastle County's problems. This simply is not the case. The truth of the Word of God trumps the ideas of man every time which warns us that the "treasures of wickedness profit nothing; but righteousness delivereth from death" (Proverbs 10:2).

One argument we hear often is that of economics. People want to talk about the possible increase in tax revenue. More tax revenue is not the answer.

America is a nation that was founded upon the truths of the Word of God, and God blessed America for her obedience. When a nation distances itself from God and His Word, things do not get better, they get worse. The principle of sowing and reaping is consistent. When you sow to the flesh, you will reap corruption; and corruption is a good description of our country.

True repentance is the answer. God is still the hope for America. The Psalmist said, "Blessed is the nation whose God is the Lord." In the days following the tragedy of 9/11, many of our elected officials gathered together and publicly sang "God Bless America." Churches reported an increase in attendance and prayer for a few weeks, but it didn't last. God is under no obligation to bless America - America needs to bless God.

America learned little from 9/11. America needs revival! Thank you for taking the time to read this letter and thank you for taking the time to pray for our country, our leaders, and our people. You are invited to a prayer meeting that is being held every Thursday at the Rockcastle County Courthouse, on the 3rd floor, in the large conference room, at 12:00 noon. Please come be a part of the real solution to Rockcastle County's problems as we call upon the One and Only True God!

Thanks and God Bless,
Pastor Mark Eaton
Central Baptist Church

"Aces"
(Cont. from A2)

traction I had made, my wide-eyed wife started yelling "Oh my Lord! What happened?"

I explained to her that I am the worst father since Jim Jones, but my wife insisted that she see the cut. Very carefully she slowly

removed the traction and the bandage.

Once my daughter's leg was free, my wife inspected the wound. Her words came as a surprise to me. "Uhhmmmm, where is the cut?"

Right there! Aren't you looking? It's the gash on the side."

Her eyes rolled once again as she said, "You mean this little red mark?" She asked my daughter if it hurt. That was a good idea. I realized I had never asked her that. My daughter said, "not at all. I'm not really sure what daddy is talking about."

Apparently, I am the world's greatest doctor. I had fixed her. Even I couldn't see the scratch anymore. All I know is, when I first saw it, I had visions of shrapnel wounds in a Korean M.A.S.H. unit.

Anyway, my daughter turned out great. No real trauma or fear of thorns or table edges or coffee pots.

It's a wonder I didn't scar the child and cause her to fear leaving the living room.

Even though I believe in letting a kid run and play and make mistakes, in this case, I didn't practice what I preach. I'm just thankful that she is fine, in spite of my paranoia.

"Memories"
(Cont. from A2)

bic-inch V8 with 115 horsepower. I suppose the use of the word TRUCK was a stretch because the vehicle looked like the Malibu with a bed on the back. I didn't care. I still thought of it as a pickup truck.

My wife almost had a stroke when I pulled up in my new yellow ride. Her first question was, "How are we going to accommodate the two of us and the two children?" That became a real problem as the months passed by. Kathy had a Toyota Corolla that we used when we had to go very far with the kids.

I - just like Daddy - loved my new truck. Since it was my first truck, I began to customize it to some extent. I had a new stereo installed and purchased chrome wheels. Those were the days of CB radios, so I installed one under the dash. The CB fiberglass antennae was mounted on the rear bumper and was also yellow like the vehicle. My two boys loved to listen to the "chatter" on the radio when we could hear truckers on the interstate.

My only other pickup truck was purchased in 1990 when I bought a half-ton GMC Sierra. It was equipped with a 5L V8 with 210 horsepower. It also came with 4WD and four-speed manual transmission. I loved taking this maroon beauty on drives in the country when the roads were covered with snow. It could go anywhere. I also purchased a camper top so that Kathy and I could use it for camping. Frankly, she hated both of my new pickup trucks, so I did not keep either of them for very long. I suppose trucks are a

man thing for the most part, but I became a "truck lover" when I was only six-years-old. I have to thank my Dad for that part of my personality. I wish he could have taken a ride with me in my 1990 GMC. I know that he would have loved it just as much as I did his 1951 Chevy.

(You can reach me at themtman@att.net or you can drop me a line at 2167 Furnace Road - Stanton, KY 40380. I appreciate your comments and suggestions.)

"Points East"
(Cont. from A2)

but my Mom was very relieved. She would, however, handle each fillet and feel it up for a minute or more before it hit the frying pan to make absolutely sure I'd gotten all the bones. My wife, bless her heart, still does the same thing to this day and I may never live down the fact that she once found a rib bone in a bluegill that "could very easily have killed one of the children" if she hadn't found it. Loretta still can't truly enjoy eating fish because she worries about bones.

But nowhere that I've ever lived do folks enjoy a good old fashioned, outdoor fish fry as well as we do here in southern Garrard and southwestern Madison Counties.

For the last three decades, I have looked forward to the ultimate experience in dining out by taking advantage of the frequent fish fries at places like Paint Lick's Fairview Christian Church and our old Sportsman's Club. Willis Sparks has thrown more than one over the years at our Mount Tabor Baptist Church where he fries up the surplus crappie and bluegill that he and other members of the Church have caught earlier in the season. Long gone, Uncle Tom's Restaurant used to have a fish Friday every month and I believe the Country Store in Kirksville may still do it.

In any event, if you are a fish and/or chicken tender lover complete with all the fixings like home fried taters, hush puppies, coleslaw, homemade cakes & pies etc. the place to be late this Saturday afternoon (August 15) is the Cartersville Ruritan Club Park on Harmon's Lick Road where club members will serve up all that you can eat for as long as you can keep eating (they lose money on me) for \$8.00 (no tax/no tips expected).

Harmon's Lick Road is off 954 about midway between 21 and 52. Just follow the Maywoodssignage. The Park is about a mile out Harmon's Lick from 954. You can't possibly miss it unless you are blind and your nose doesn't work. They start serving at 4:00 PM and stop at 7:00 unless there's still a standing line.

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Bookmobile Schedule
Mon., Aug. 17th: Child Development, Seek 'n Learn, Tie Toc Pre School, Lisa's Little People. Tues., Aug. 18th: Maple Grove, Orlando and Climax. Wed., Aug. 19th: Calloway, Red Hill, Sand Hill, Livingston, Lamero, Pine Hill.

County Clerk's Office Note
The Rockcastle County Clerk's office will be closed from 1:45 to 2:45 p.m. on Thursday, August 16th for a delinquent tax sale.

Back-2-School Bash
There will be a Back-2-School Bash at the Community Outreach Center in Brodhead (beside fairgrounds) on Saturday, August 15th from 2 to 4 p.m. Registration is at 2 p.m. There will be free food, games, crafts, face painting, Bible storytelling, puppet show, door prizes and school supplies giveaway.

MVHS Homecoming Reunion
Invitations to the annual Mt. Vernon High School Homecoming Reunion will be mailed shortly. Please try to get your responses returned as soon as possible so food can be ordered. The Reunion includes all classes from 1912-1972 and anyone who ever attended MVHS. Join us to visit with old friends and enjoy good food.

Retired Teachers' Meeting
The Rockcastle Retired Teachers' Association will meet at 11:30 a.m. on Wednesday, August 19th at Limestone Grille. Please help with our service project by bringing individually-wrapped, nonperishable snacks, such as Capri Suns, peanut butter crackers, pudding, fruit snacks, etc. to support the Backpack Program. This program supplies take-home snacks for students who may not have food at home. Local dues of \$10 are payable this month. Please plan to join us!

Saddle Club Benefit Ride
The 31st Annual Rockcastle County Saddle Club Benefit Ride will be held at the Red Hill Horse Camp on Saturday, August 15 at 10 a.m. Proceeds go to Hospice Care Plus, which serves Rockcastle, Madison, Estill and Jackson Counties. Minimum donation is \$10. Supper will be served.

Diabetic Support Group
Rockcastle Diabetic Support Group will be meeting August 17th at 6 p.m. at Rockcastle Co. Health Department. Guest speaker will be Tonia Mower, a registered dental hygienist with Whitehouse Clinic. Ms. Mower was recently appointed as the Hygienist Representative to the Kentucky Board of Dentistry.

Benefit for Ashley Lewis Johnson
There will be a Benefit for Ashley Lewis Johnson on Saturday, August 15th, beginning at 5 p.m. at the Livingston Fire House. Ashley was diagnosed with Leukemia in April of this year. She has to have a bone marrow transplant which will require a very extensive hospital stay in Cincinnati Children's Hospital. Someone has to be with her at all times. This benefit is to help raise money for expenses associated with this stay. There will be food, gospel/bluegrass music, featuring Gift of Grace from Brodhead Baptist Church and a Silent Auction, which will end at 7:30 p.m. Please come out for a great cause!

Benefit Auction
There will be a Benefit Auction with food, music and fun for Yonda Isaacs Coffey on Saturday, August 15th at Oh! KY Campground, 562 Paint Lick Road, Berea. Admission will be \$5 for adults and children free. Come out and support Yonda in her battle against cancer! Music, by Threez Enuff (classic country revivers), starts at 6 p.m. and continues until 9 p.m. There will be breaks for the auction. Donations will also be greatly appreciated.

Special Called Meeting
Cumberland Valley District Board of Health will have a special called meeting in Manchester at 6 p.m. on August 6th for the purpose of interviewing candidates for public health director. The meeting will be held at the CVDHD Administrative Office.

Celebrate Recovery
Celebrate Recovery classes are being held every Monday night at 6 p.m. at the Community Outreach Center in Brodhead (next to the Fairgrounds). The purpose of the ministry is to fellowship and celebrate God's healing power in our lives through the Eight Recovery Principles. Refreshments at 6 p.m. followed by group lesson or testimony each night. Qualified leaders are available to sign court-ordered papers. Please call Chris Martin at 606-308-3368 for more information.

DAR Meetings
The Rockcastle Chapter of the Daughters of the American Revolution meets the first Monday of each month, September-May at 6 p.m. at First Christian Church in Mt. Vernon. All prospective members are welcome to attend.

Brodhead Lodge Meeting
The Brodhead Masonic Lodge #566 meets every third Saturday at 7 p.m. on Main Street in Brodhead above Brodhead Pharmacy.

Alcoholics Anonymous
Alcoholics Anonymous meets Tuesday nights at 8 p.m. behind Our Lady of Mt. Vernon Church on Williams St. in Mt. Vernon.

Kiwanis Club Meetings
The Rockcastle Kiwanis Club meets every Thursday at noon at the Limestone Grille. Everyone is invited.

Historical Society Hours
The Rockcastle Historical Society is open on Mondays from 10 a.m. to 2 p.m. in the RTEC garage building.

American Legion Post 71
American Legion Post 71 meets the second Thursday at 6 p.m. of each month at the Limestone Grille. Commander Tommy Hodges invites all Rockcastle veterans to join this organization that honors American soldiers, sailors and airmen.

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What to know before digging on your property

(StatePoint) Whether you are a "do-it-yourselfer" or a professional excavator contracted for a project, it's crucial to dig smart when landscaping or doing a home improvement project.

There are more than 100 billion feet of underground utilities in the United States, equating to more than one football field's length of buried utilities for every person in the country, according to the Common Ground Alliance, an organization dedicated to protecting underground utility lines and the safety of people who dig near them. An under-

ground utility line is damaged once every six minutes because someone did not call before digging.

Whether you're planting a tree, installing a fence, deck, swimming pool, or starting any other excavation project, calling 811 is essential to have the approximate location of underground utilities and pipelines marked.

Calling 811 is the law, and knowing where pipelines and underground utility lines are buried before you dig will help protect you, and those around you, from injury. It also helps prevent damage to utilities, service disruptions, potential fines and repair costs.

Parents: inspire kids to create their adventures

(StatePoint) Getting kids to be more active and motivated for outdoor adventure can be a challenge in today's world of cool technology. With so many compelling reasons to stay indoors, like smartphones and streaming video, how do you convince your little ones that the great outdoors is, well, great?

Here are a few ideas to inspire outdoor play and even to use their love of technology to help lure them outdoors:

Plan a Scavenger Hunt

Turn a simple day outside into an exciting adventure. Create a thematic challenge that can be carried out in the yard or a nearby playground and set the kids loose for a mental and physical challenge.

Use your kids' interests to get them motivated to participate, or help foster a new interest by having kids seek out specific items in nature.

Record the Action

Encourage outdoor activity with cameras and wearable devices designed with kids in mind. For example, the affordable VTech KidzZoom Action Cam features a robust, durable design and comes complete with mounts for attaching to a bike, skateboard or scooter. The waterproof case allows kids to take videos and pictures up to six feet underwater - perfect for snorkeling and splashing fun.

The camera, which was named the number one breakout hit on the TTPM Summer Play List, features a 1.4 inch color LCD screen and can take stop-motion videos and time-lapse photos in addition to regular videos and photos. It lets kids get creative with features, effects, frames and photo filters. It also includes three games and a micro USB cable to make it easy to upload photos and videos to a computer. More information can be found at www.VTechKids.com/ActionCam.

Mix Things Up

Your own backyard can be home to new and exciting adventures every day, especially for children with active imaginations. Nevertheless, kids will welcome an opportunity for a change of scenery. From the playground to the pool to the skate park, take kids on mini field trips whenever you get a chance.

Build Confidence

For many, a lack of confidence may be a barrier to getting involved in neighborhood pick-up sports and other local activities outdoors. Bear this in mind and strive to build your child's confidence.

Even if your home possesses a state of the art home theater and all the latest gadgets, with a few simple strategies, you'll have kids off the couch and begging to play outside.

Every digging job requires a call -- even if you have called before for a similar project -- because the depth of utility lines varies, and there may be multiple lines in a common area. Digging without knowing the approximate location of underground utilities increases the likelihood of unintentional damage.

What to Expect Calling 811

Your call will be routed to a local call center. An operator will gather information about your digging plans and notify local pipeline and utility companies about your project.

State laws vary regarding the amount of advance notice required to call and have lines marked. Most states require 48 to 72 hour advance notice (excluding weekends and holidays). An 811 representative in your area can provide specific information, or you can learn more at www.Call811.com.

Pipeline and utility representatives will be sent to mark the approximate location of underground utilities and cables using

color-coded paint, flags or stakes so you know what's below and are able to dig safely around them. If there are no underground utilities, pipelines or cables at your dig location, they will mark "clear."

Planning a Digging Project

- Always call 811 before starting any digging project, regardless of the depth of your digging or your familiarity with the property.

- Plan ahead and allow ample time for lines to be marked. After you have waited the required time for markings in your state, if lines have not been marked, call 811 again to check the status of your request before digging.

- If a contractor has been hired, confirm that a call to 811 has been made. Don't allow work to begin until lines have been marked.

- Consider moving the location of your project if it is near line markings.

Digging with care is critical for safety, the safety of your community and the protection of the environment.

Money Tips for Students

Students should take care when signing contracts

At some point, students will have to sign a contract. When they do, they should keep in mind these tips from the Kentucky Higher Education Assistance Authority (KHEAA).

A contract is a written legal document between two or more parties in which an offer is made and accepted. Contracts would include an apartment lease, an insurance policy or a cell phone plan. Read all contracts thoroughly and ask questions before you sign. Complete everything and keep a copy for yourself.

Consumer protection laws let you change your mind and cancel some contracts within three days of signing. Before you sign any contract, find out if you have that option. If you don't but later find it's necessary to cancel the contract, you may have to

pay a big penalty or continue to pay what the contract calls for.

Never sign a contract unless you read and understand the terms of the agreement. If you feel pressured, walk away.

KHEAA is the state agency that administers Kentucky's grant and scholarship programs, including the Kentucky Educational Excellence Scholarship (KEES). It provides financial literacy videos at www.kheaa.com/itsmoney. KHEAA also provides free copies of "It's Money, Baby," a guide to financial literacy, to Kentucky schools and residents upon request at publications@kheaa.com.

To learn how to plan and prepare for higher education, go to www.gotocollege.ky.gov. For more information about Kentucky scholarships and grants, visit www.kheaa.com; write KHEAA, P.O. Box 798, Frankfort, KY 40602; or call 800-928-8926, ext. 6-7214.

Healthy snacks for your little athletes

(StatePoint) Kids may seem to have boundless energy, but running around the soccer field or baseball diamond takes effort -- and burns lots of calories. As a parent or coach, it's important to make sure kids are well fueled. They'll play better on the field and feel better afterwards.

Whether it's a practice game or the championship, come prepared with these fuss-free, nutritious, on-the-go snacks:

- **Victory veggies:** Bring veggies that are easy to eat, such as baby carrots, celery sticks and bell pepper slices. They provide valuable vitamins and nutrients, and they won't weigh down young athletes.

- **First-place fruit:** Oranges, tangerines, watermelon and other juicy fruits are chock full of vitamins. And their high water content will help keep kids hydrated. Make these tasty fruit snacks even easier to eat by pre-slicing, pre-peeling and packing them in single-serve bags. Fun fact: olives, avocados and tomatoes are fruits!

- **Winning flavor:** Olives are central to the bold, heart-healthy flavors of the Mediterranean style diet. Often used in cooking or served at meals, they are also a terrific snack.

An easy way to include olives in your kids' pre- and post-game snack routine is with Pearls Olives to Go! These single-serve, liquid-free olives in a cup are available in America's most popular variety: California-grown Black Pitted Olives. All kids need to do is peel the lid off the cup, which makes them an easy, mess-free addition to the usual snack line-up. They're also gluten-free, dairy-free, sugar-free, cholesterol-free, trans-fat-free, GMO-free and vegan.

- **Powerful protein:** A boost of protein after vigorous physical activity helps repair muscles. A handful of almonds or a scoop of trail mix is easy to pack in a re-sealable plastic bag and delivers a nutritious dose of antioxidants and omega-3s. Cheese sticks are another portable protein option.

- **Replenish & rehydrate:** While nourishment is important, don't overlook the importance of replenishing fluids and electrolytes lost during intense activity. Kids should quench their thirst throughout the game, especially in warmer weather. Water is always the best choice for hydration. To resupply necessary sodium, offer your little athlete a salty snack, like olives, as a healthy, simple and natural alternative to the less healthy go-to snack, chips.

Go easy on sports drinks, which can be loaded with calories and sugar and are generally unnecessary for the sports field except in the case of prolonged, vigorous exercise, according to the American Academy of Pediatrics.

Whether you're prepping for a big game or enjoying a casual scrimmage at the park, don't forget snacks that will keep your athletic, on-the-go family healthy, hydrated and strong.

\$3,000 Cash Reward

For information leading to the arrest and conviction of the person or persons responsible for, or involved with, the theft, vandalism and arson of Thompson Auto and Truck Sales on the morning of Sunday, July 5, 2015. All information will be kept private and confidential and callers do not have to reveal their identity.

If you have information regarding these crimes, or the individual(s) responsible, please contact the KSP 606-878-6622 or David Thompson at 606-308-4592 or 606-256-4606.

Mamaw's Kitchen

By Regina Poynter Hoskins

BUTTERSCOTCH TRIFLE

One of the holiday desserts Aunt Nita made was a butterscotch trifle. She also made a lemon one and a chocolate one, but the butterscotch one was my favorite. She must have cooked all day just making those three desserts. I could not imagine she had the time to cook anything else, but she always did. Then I found out her secret! I had to sit around the kitchen most of the morning waiting for her to prepare the trifle. I was beginning to be afraid she wasn't going to fix the dish. Then she started making the instant puddings and tearing the store bought angel food cake into small pieces. It was so simple. I remember feeling like Aunt Nita was the smartest cook in the world next to my mother, of course.

2 boxes (3.4 ounces each) instant butterscotch pudding and pie filling
4 cups cold milk
1 store-bought angel food cake (already prepared and baked)
Break cake up into bite-sized pieces or slice into 1/4-inch pieces. Prepare pudding according to package instructions.

Starting with the cake, layer the cake and pudding in a glass serving

dish. End with layer of pudding. If you have more cake than pudding, place cake along sides of bowl or crumble into smaller pieces and sprinkle over top layer of pudding. Let chill for about an hour so the pudding can soak into some of the cake.

This can also be made by using chocolate, lemon or any flavor of instant pudding you want.

CHERRY CHEESE DELIGHT

2 cups Graham cracker crumbs
1 stick butter, melted
3 tablespoons powdered sugar
2 envelopes Dream Whip®
1 cup milk
1 teaspoon vanilla
1 box (8 ounce) cream cheese, softened
1 cup sugar
1 can cherry pie filling

CRUST: Mix together the Graham cracker crumbs, melted butter and powdered sugar. Press into 9 x 13 pan. Set aside.
FILLING: Beat Dream Whip® with milk and vanilla until thick. Beat sugar and cream cheese until fluffy. Fold in Dream Whip®. Pour over crust. Spoon pie filling evenly over cream cheese mixture. Refrigerate.

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Amy Cornelius places 1st, 3rd and 4th Somerset Elite Tumblers shine at Junior Olympics

Ten members of the power tumbling team from Somerset Elite Training Center competed July 30th-August 2nd in the 2015 National Amateur Athletic Union Junior Olympic Games in Virginia Beach, Va. The tumblers brought home 19 top ten places including three gold medals, six silver medals, two bronze medals, five fourth place medals, and two coveted Kentucky State Association awards. Somerset Elite also celebrates four AAU National Team members.

Association Awards are presented to athletes receiving the two highest scores in their skill level in which their state wins the first, second, or third place top team award for that event during preliminary competition. Kentucky received the second place top team award for both trampoline and double-mini. The AAU National Team was determined at team trials in Estero, FL in February.

The gymnasts competed in their respective age categories and skill levels

against top athletes in the nation in three events: tumbling, trampoline, and double-mini trampoline.

Cara Acey, age 14, placed third in advanced trampoline, and fourth in both sub-advanced double-mini and intermediate tumbling.

Heather Barnett, age 11, placed eighth in novice double-mini.

Grace Burgess, age 9, placed ninth in sub-advanced trampoline, 12th in sub-novice tumbling, and 17th in intermediate double-mini.

Kendall Burgess, age 12, placed second in sub-advanced double-mini, tenth in intermediate tumbling, and 12th in advanced trampoline. Kendall is a member of the 2015-2016 AAU National Team.

Amy Cornelius, age 12, of Mt. Vernon, placed first in novice double-mini, third in sub-novice tumbling, and fourth in novice trampoline.

Marquise Kinley, age 13, placed first in both sub-advanced tumbling and double-mini, and second in sub-advanced trampoline.

Marquise is a member of the 2015-2016 AAU National Team and also received the Kentucky Association Award for double-mini.

Sadie Landon, age 10, placed second in novice trampoline and fourth in novice double-mini. Sadie also received the Kentucky Association Award for trampoline.

Sofia Landon, age 6, placed tenth in beginner double-mini and 16th in beginner trampoline.

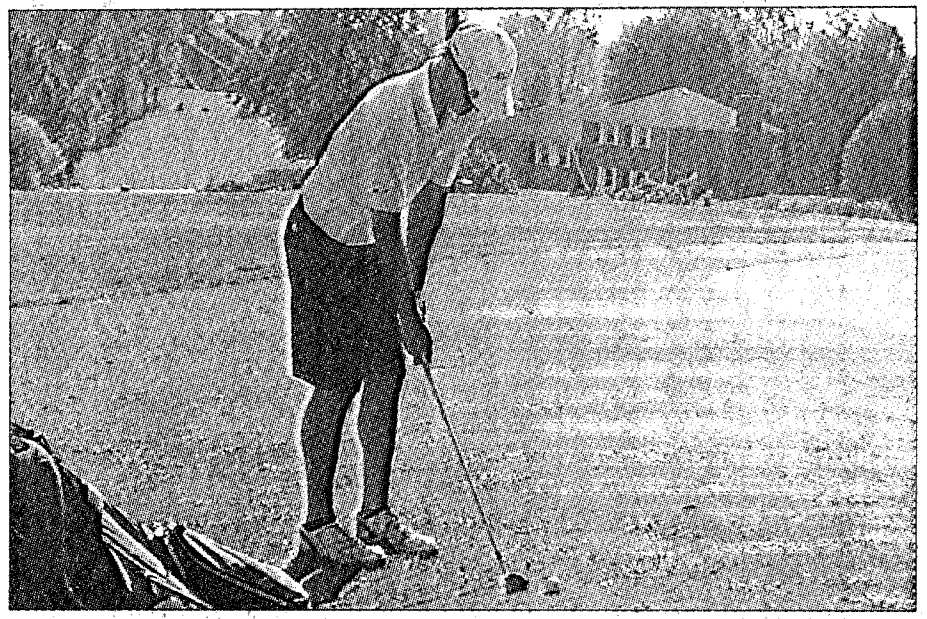
Skylar Strunk, age 15, placed second in both intermediate tumbling and double-mini, and 15th in intermediate trampoline. Skylar is a member of the 2015-2016 AAU National Team.

Alexa Wesley, age 14, placed second in sub-advanced trampoline, fourth in advanced double-mini, and eighth in sub-advanced tumbling. Alexa is a member of the 2015-2016 AAU National Team.

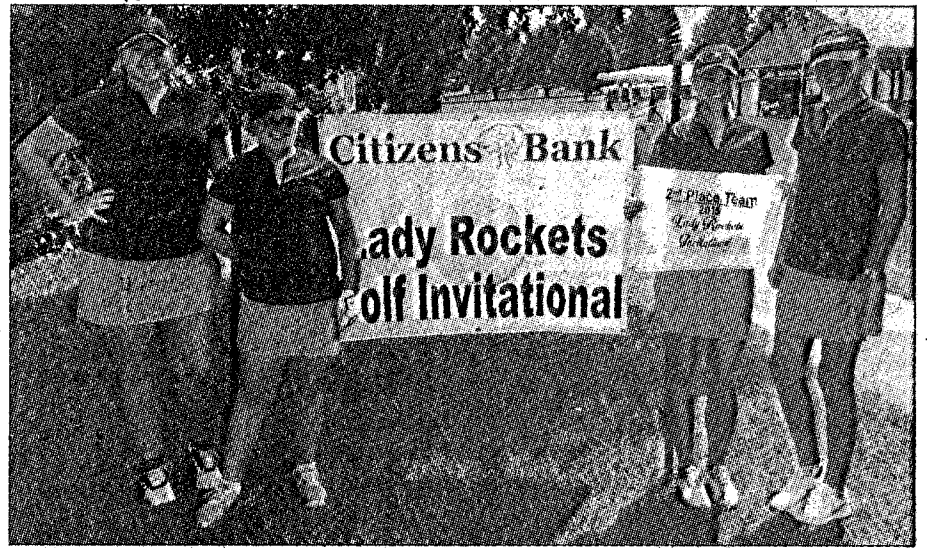
AAU National Team members were recognized and performed in an exhibition during the awards ceremony.



Ten members of the power tumbling team from Somerset Elite Training Center competed July 30th-August 2nd in the 2015 National Amateur Athletic Union Junior Olympic Games in Virginia Beach, Va. Pictured are front from left: Sadie Landon, Heather Barnett, Grace Burgess and Sofia Landon. Back row from left: Amy Cornelius, Marquise Kinley, Cara Acey, Alexa Wesley, Skylar Strunk and Kendall Burgess. Cornelius, of Mt. Vernon, placed first in novice double-mini, third in sub-novice tumbling and fourth in novice trampoline.



The RCHS Rockets boys golf team got a conference win over Lincoln County Tuesday night with a hard fought win 163-175 at Dix River. Shown above is John Cornelius chipping for birdie during the match. Cornelius led the Rockets with a 38.



The Lady Rockets Golf Team opened the season at home Tuesday, August 4th. They took 2nd place in the Lady Rockets Citizens Bank Invitational. Hannabeth Owens lead the tourney with a 67. They traveled Saturday, August 8th to the Pulaski Invitational. Once again Hannabeth took top place with a 70. Pictured above from left are: Mackenzie King, Riley Clark, Hannabeth Owens and Autumn Courtner. Golf team sponsors are: Citizens Bank, Peg's Food Mart, Kacey and Jamie Nicely, Whitaker Farms, Todd Builders, Mt. Vernon Signal, Central Body, KFC, Wendy's, Marathon, Dr. Jamie Settles-Carter, Karen King Income Tax Services, Subway, Nicely Drywall Inc., Goff Excavating, A&J Insulation, Mt. Vernon Drugs, Community Trust Bank, Coffey & Ford Attorneys at Law, Jerry Cox Law Office, Rob's Barbershop and the Rockcastle County Kawanis Club.



Hannabeth Owens was the top finisher in the recent Lady Rockets Citizens Bank Invitational with a score of 67. Owens also took top honors in the Pulaski Invitational with a 70.

Kentucky Afield Outdoors

Fall fishing carries new meaning this summer

Anglers become conditioned to expect high water on lakes in spring and stable conditions in summer before the fall drawdowns to winter pool.

After an unusually wet spring, this summer has been anything but predictable in Kentucky. High and falling water have added a degree of difficulty at a time when fishing can be challenging under normal conditions.

Lake levels have fluctuated wildly as parts of the state picked up 6, 8, and even 10 or more inches of rain over the past month. A change from widespread heavy rains to a more typical pattern of scattered afternoon showers has allowed many lakes to inch back closer to their prescribed summer elevations.

"We haven't had good, steady weather for a while," said Jeremy Shiflet, assistant northwestern fisheries district biologist for the Kentucky Department of Fish and Wildlife Resources. "If we can get a steady weather pattern for just a couple of weeks things should pick up quite a bit."

A good place to get a handle on what your lake is doing before you head out the door is the U.S. Army Corps of Engineers' website for that district. The Louisville, Nashville and Huntington Corps' districts provide up-to-date water information for many lakes in Kentucky.

"See what the water's been doing," said Geoff Roberts, a conservation educator with Kentucky

Fish and Wildlife and an avid bass angler. "See if it's coming up. See if it's stable. See if it's falling. That's going to determine where the fish are positioned."

Rising water that floods new habitat draws smaller baitfish shallow. Predator fish are apt to follow and may remain somewhat shallow if the lake stabilizes before falling.

Damp rings around tree trunks are a giveaway that water is being pulled quickly through the dam. Treat this as a sign that fish are likely to be retreating to deeper water.

"A lot of times during that hard drawdown either now or in the fall, we catch a lot of fish in our sampling nets because they're moving," Shiflet said. "Especially the mobile species - crappie, hybrids, white bass, walleye - they're all on the move. The water usually gets dirty and turbid, so it's hard for them to sight-feed. It takes them a little longer to really get cranking."

If largemouth bass are what you're after, resist the urge to pound the shoreline when the water is up and falling. Consider casting to the last row of visible vegetation or structure and note the contour of the bank.

"If you fish a flatter bank, then when the water comes up, that gives bass tons of areas to go," Roberts said. "But if you fish a steeper bank, even falling water doesn't affect those fish very much because the bank is straight up and down."

"I find it easier to fish those types of banks when

the water is up and especially if it's falling because those fish don't get nearly as uncomfortable with falling water as the fish that have moved up on the shallow bank."

A power or finesse technique can be effective for bass in falling water conditions.

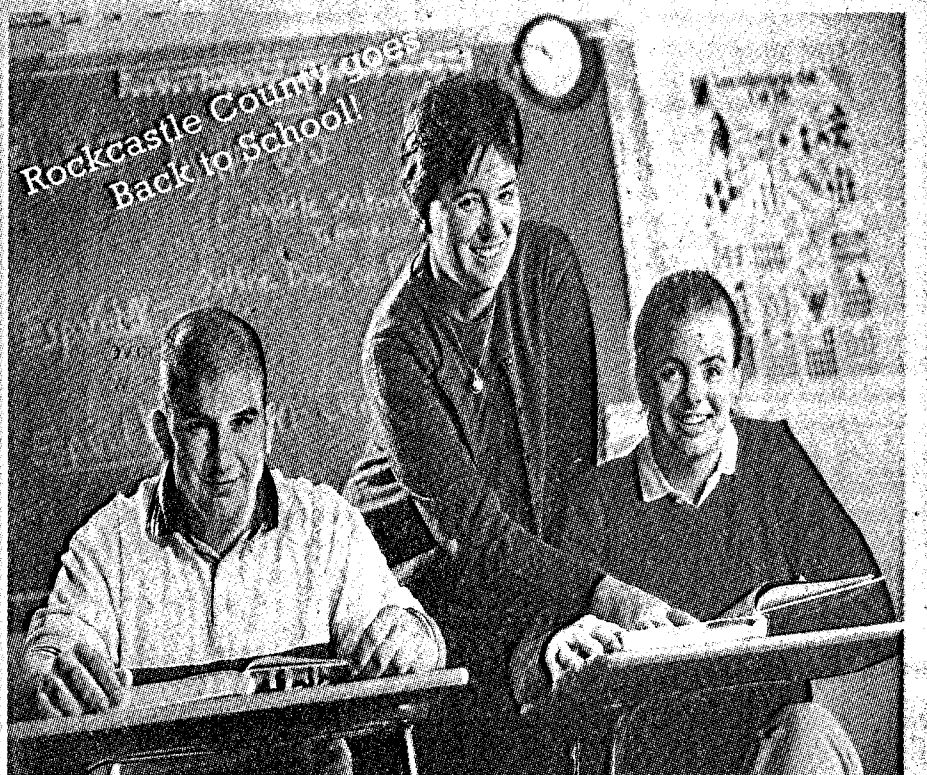
A finesse technique employing lighter line and smaller jigs or soft plastic lures draws strikes from lethargic fish when fished slowly. Power techniques use faster presentations with larger lures such as crankbaits, jerkbaits, spinnerbaits, topwaters and heavier jigs to trigger reaction bites.

"Some anglers say they really want to finesse them and target spots that they think are holding fish and go with a really small bait presentation," said Chad Miles, an avid angler who is the executive director of the Kentucky Fish and Wildlife Foundation. "Some people will say, no, you need to power fish them because the fish don't want to move that much. They want to hit something and eat something big and be done with it for a while. Both options work depending on the day."

Many anglers don't have the luxury of being able to drop everything and fish when the weather and lake reports look favorable. They fish when they can.

An opportunity arose last week for Steve Reynolds to fish on Cave Run Lake near Morehead. The conditions

(Cont. to A7)



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“Anchor”

(Cont. from front)

to expand to 500-600 employees within five years.

County Judge/Executive Doug Bishop told the court that another 25-30 jobs are possible because the company that SSIC is purchasing a needed element from, to enhance their products of plastic fence posts and guard rails, may set up their operation in the building also.

The offer will remain open until 5 p.m., August 21st, according to the proposal.

The court was receptive to the offer but felt there needed to be some clarification on a couple of items such as how the market rate for the lease payment would be determined and what will be expected of the county in the way of maintenance during the start-up phase of the operation which is expected to last 3-9 months. Bishop said he would contact the company concerning these issues and County Attorney Billy Reynolds would then draft a counter-offer with these additions included.

In other business, the court heard a report from Ken Holt with the Climax Volunteer Fire Department. Holt said that the department had recently acquired, free of charge, two diesel generators and a trailer and a \$7,500 grant for uniforms for department members. He said the department was working on getting the community's ISO rating changed so that property insurance rates could be lower but that three fire hydrants were needed at a cost of \$7,500. He said the hydrants would be installed on Red Hill, North 1912 and Burnt Ridge.

The court approved the expenditure.

RCIDA Executive Director Holly Hopkins presented her monthly report to the court which showed a shortfall of \$11,388, including annual dues of \$2,273 to KAED, a state economic development forum.

Hopkins was questioned on some of the expenses items listed, including her expense report of \$513 for gas expense. Hopkins said she traveled quite often, meeting with manufacturing prospects, sometimes on weekends.

There were other questions about the results of her efforts during her tenure and the discussion ended with Magistrates Mike McGuire and Shannon Bishop both voting no on the motion to approve paying the \$11,388 shortfall for July.

Rockcastle County development Director Lynn Tatum presented her monthly report and told the court that an additional 8-member team of Americorp volunteers will be in Livingston this Thursday, for a total of 15 volunteers, and all of them will be working on the playground. She said plans were to get the playground virtually completed that day.

The court also raised the salary of Dog Warden Richard Gibbs to \$1,250 a month following the successful completion of his six months probation period during which he was paid \$1,000 a month.

Judge Bishop informed the court about a \$100,000 75/25 grant available, through the Department of Agriculture, to construct a building at the Brodhead Fair-

grounds to be used for farm related and other events.

Bishop said he planned to use coal severance monies to build as nice a building as possible which he felt would be good for youth in the county and farmers.

A motion to proceed with application for the grant passed.

The court also approved payment of \$58,106.50 to the company currently constructing new sidewalks in Livingston and \$5,865 for engineering fees for July. 80% of the money will be reimbursed by the state.

A \$5,000 donation to Little League football was also approved, along with the Rockcastle County Board of Health's 2015 tax rate which the board raised from 6c per \$100 assessment to 7c.

The court also approved the county's tax rate for 2015 at 7.6c per \$100 assessment, down from last year's 7.8c.

As a final item of business, the court approved the transfer of \$150,000 from occupational tax funds to the general fund.

“Drugs”

(Cont. from front)

ing two different types of tablets. The report says Saylor told police the bottle was not hers and she was just the middle man.

According to the report, police also discovered 25 white, oblong tablets that were found to be Gabapentin 600, prescription only. There were also 12 round, yellow tablets that were later discovered to be Clonazepam 1mg, Schedule IV.

The report says officers also discovered several hypodermic syringes in Saylor's purse along with a meth pipe, marijuana pipe and JOB rolling papers.

Saylor was arrested and charged with one count of possession of a controlled substance, 3rd degree, drug unspecified, one count of illegal possession of legend drug, and one count of possessing drug paraphernalia.

Saylor is being held on a \$2,500 partially secured bond.

“Schools”

(Cont. from front)

find that it makes sense to do some of the other work while workers are on the site and include those jobs in this same bid,” he said.

Rather than bid the project out, the school board sent four letters to companies asking for a letter of interest in the project from each of them. Only N3D Group responded to the request. The N3D Group is currently involved with several projects with Rockcastle County schools.

The board also approved the monthly financial report as presented by District Supervisor Jason Coquer. “Things are on track with our financials and there are no big surprises,” said Coquer.

Members of the board also approved the Personnel Action Report. The report lists new certified employees, classified employees, resignations, substitutes and retirements. They are as follows:

Certified employees
Vanessa Howard, Boys Varsity Cross Country Coach at RCHS.
Adam Coleman, As-

sistant Football Coach, RCHS.

Marcus Reppert, Principal, RCMS.

Adam Coleman, Social Studies Teacher at RCHS.

Vanessa Howard, Health/P.E. Teacher, RCHS.

Carri Hunt, Arts and Humanities, RCMS.

Loren Reynolds, Science Teacher, RCMS.

Classified employees
Rebecca Abney, Bus Driver.

Vicky Mullins, Bus Driver.

Sasha Cromer, LPN, BES.

Casey Ty Bottoms, Instructional Assistant, RCMS.

Kayla McClure, Instructional Assistant, RCMS.

Roxanne Hammond, Registered Nurse, District.

Resignations

Linda Marum, 4-hour Cook/Baker, RCMS.

Monica Decker, Instructional Assistant, RCMS.

Emily Dyehouse, Registered Nurse, RCS.

Certified Substitutes

Leon Davidson, Devin Taylor, Janice Davidson.

Classified Substitutes

Brittney Kirby, Stephen Hale, Stephanie Baker, Kendra Calico, Elizabeth Midden, Brady Lear, Debra Long, Tabitha Ward.

Retirement

Zandell Hasty, Bus Driver.

Peisol also told the board that the open houses at each school went very well. “We had a large turn out and parents were very involved and asking questions. We were able to communicate the free lunch program to them and it was a very successful event. Our teachers, janitors, staff and everyone involved have worked very hard to get things ready for the start of school. And we were indeed ready,” he said.

“Brodhead”

(Cont. from front)

properties to the council.

Carlos Cash also said the unclean areas are causing water problems throughout the city. “Some of these places have trees growing in the ditch lines. This causes the water to back up and hit the city all at once,” he said.

Members of the council discussed these properties and mentioned additional sites they wish to add to the list of lots that need to be cleaned up.

Carlos Cash added, “I keep my place mowed and cleaned up. My thing is, why should those of us who keep our place cleaned up have to put up with people who don't take care of their property?”

Councilman Rick Kirby agreed that all the unsightly areas need to be cleaned up. “I agree 100 percent. It's a serious fire hazard,” he said.

Mayor Cash suggested sending out letters to those property owners and “suggest nicely, at first, that they clean it up.”

However, Bussell suggested that if the city is going to send any letters at all, then it should be all inclusive. “You can't just pick out a few spots and make them clean up their property and not send a letter to everyone whose property does not meet out ordinances. It would be discriminating against some while letting others go,” she said. “You have

to treat everyone the same.”

Mayor Cash and councilman Ronnie Cash said that the two of them will take the time to travel the city and note every lot, space and business that may be in violation of the city ordinance.

“We can come back with a list of all the properties that need to be cleaned up and then Becky can send everyone a letter,” said Mayor Cash.

Councilman Ronnie Cash pointed out that the city does have recourse. “Some cities give them 10 days to clean up their property and if they don't do it, the city cleans it up for them and makes them pay for it,” he said.

However, since some of the property owners have jobs that keep them away from the city for extended periods, Mayor Cash suggested giving more time to clean up their property. “I would recommend giving them 30 days unless it presents an immediate danger to anyone,” said Mayor Cash.

The council agreed unanimously to send the letter to every property owner in the city whose property does not meet the city's requirements.

In other business, Ronnie Cash mentioned the relining of all city sewer lines to meet new requirements by the state. A deal is now in the works between Brodhead and the state to begin this project sometime later this year or possibly as late as the spring of next year.

According to Councilman Cash, the City of Brodhead was fined because their current sewer lines do not meet standards set by the state. However, that fine has been greatly reduced due to the efforts of council members, mayor Cash and State Representative Jonathan Shell.

Ronnie Cash said he will release details of the project and the process of relining sewer lines next week.

“It's a complicated issue with a history. Our current sewer lines were installed in 1972 and must be upgraded. We will provide you (The Mount Vernon Signal) with all information about this situation next week,” he said.

Council members also discussed patching holes in city streets and blacktopping some areas to be determined later.

“The blacktopping will get done but we are waiting for some insurance questions and fire hydrant issues before we can continue with the project,” said Mayor Cash.

“AOC”

(Cont. from front)

the elevator to the floor they need by one of the bailiffs. When they are ready to leave that floor, they will have to buzz for the elevator and will then be escorted back downstairs.

Under the proposal, there will not be any access from the courthouse to the annex without going through the security station, Burdette said. Employees will have a card they can swipe to gain entry throughout the annex, he added.

The door to the annex from the parking lot on the south end of the building will also be locked, Burdette said. However, bailiffs will have the ability to buzz anyone into

the annex who is entering from the parking lot and they will then have to go through the security station for further access.

The expenses connected to the security station will be covered by the AOC.

Burdette said this was the same proposal presented two years ago which was later turned down by the court. No timeline was put on the project since the court will have to approve before it can be included in the AOC's budget.

After hearing the proposal, the court decided not to take any immediate action but to take the matter under review.

“Livingston”

(Cont. from front)

\$500 to be used toward the playground equipment and the Rockcastle

County Fiscal Court donated \$2,000 to the Rockcastle Co. Development Board to be used for materials needed by the AmeriCorp volunteers.

Medley also reported that Livingston should have a grocery store in mid-September. He said that Angela Stallsworth-Mink plans to put the grocery store and pastry shop in the former Lee Mullins building on Main St.

He also said that rentals of kayaks, tubes and canoes on the Rockcastle River were doing “real well,” along with rentals of the former Livingston School's cafeteria for various events.

The Mayor also told the council that John Tyler of Mt. Vernon had donated a three ton air conditioner for use in the Foster Mullins building which is being used for weekly gospel singings and other events.

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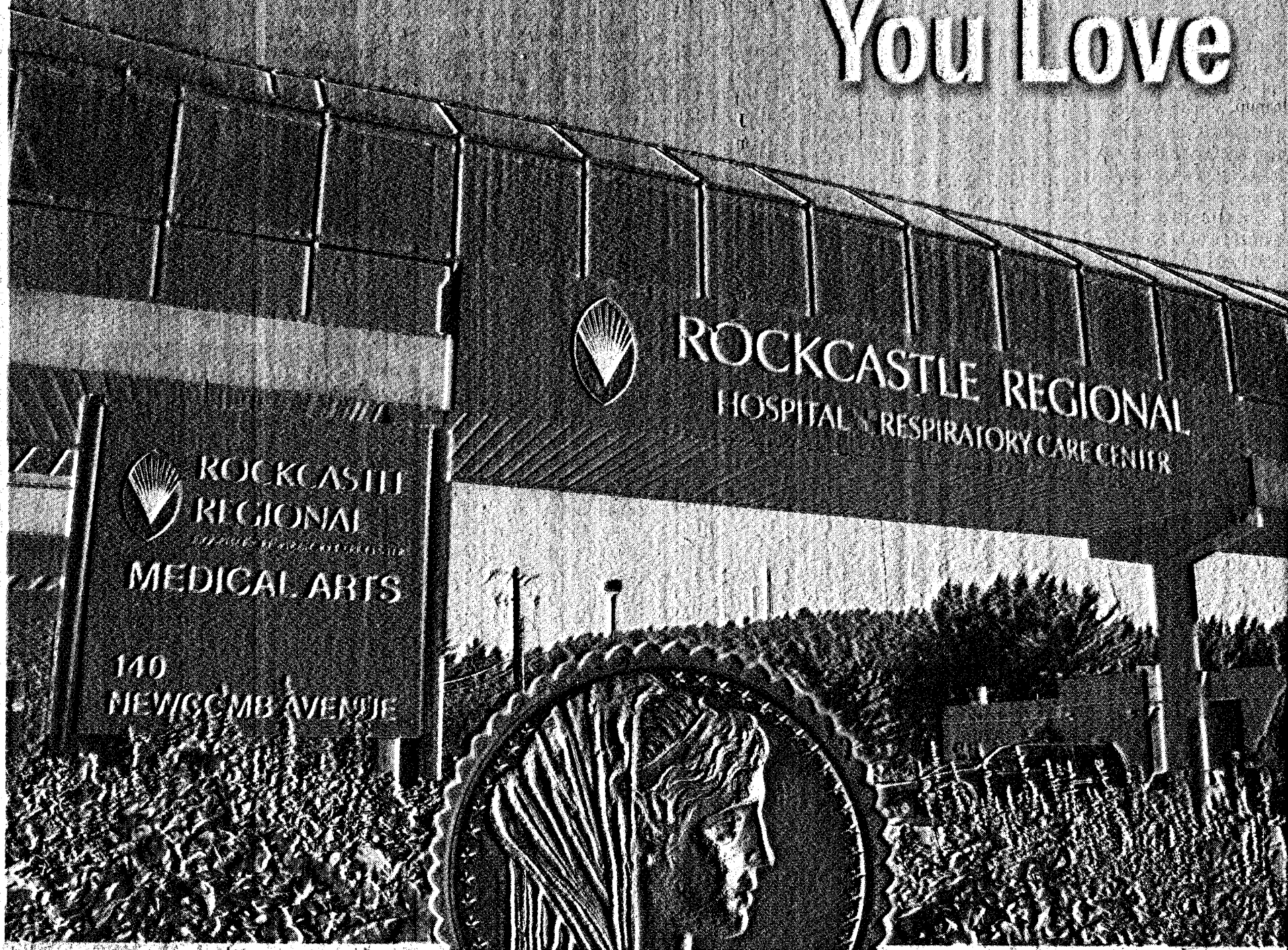
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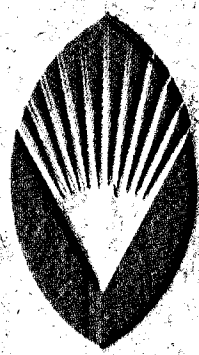
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Mount Vernon Signal

Second Section

Thursday, August 13, 2015

288 volunteers turnout for Pride Spring Cleanup

By James Renner, Rockcastle County Solid Waste Coordinator

I would like to take this opportunity (late as usual) to thank all of the groups and individuals that participated in the 2015 Rockcastle County Pride Spring Cleanup. Once again, we had a very successful Spring Cleanup.

There were a total of 288 volunteers (including inmate labor) that worked a total of 520.5 hours to clean up 870 bags of trash, and 68 tires and 1 oil drum over a span of 57.27 miles along different stretches of roadside.

These numbers do not include the totals from the Cities of Brodhead, Livingston and Mt. Vernon.

Congratulations on an outstanding Spring Cleanup.

The following groups and individuals participated: Brindle Ridge Baptist Church: Mike Sowder, Judy Sowder, Ron Roberts, Kim Ramsey, Austin Ramsey, Melanie Childress, Jack Childress, Marcia Coffey, Zach Coffey, and Makayla Coffey; Freedom Baptist Church: Gary Bullock, Angie Bul-

lock, Jaydon Bullock, Carolyn McKinney, C.S. McKinney, Sheryl J. Bullock, Beverly McKinney, Liam McKinney, Pam Napier, Eddie Napier, Landon Sparks, Blade Kelly, Summer Brook, Jenny McKinney, Deborah Morgan, Charlotte Holcomb, Logan Fry, Preston Holcomb, Leshia Cromer, Jackson Cromer, Doug Singleton, David Sargent, Kim Sargent, Andrew Sargent, Caleb Sargent, Logan Brown, Lena McKinney, and Shealyn Krum; Concerned Citizen of Brush Creek: Casey Suffridge;

All-American Club/Nami Cumberland River: Wayne Bullock, Cassie Kendrick, and Kristin Hardesty; Fairview Baptist Church: Luke Mullins, Carl Cromer, Doris Cromer, Luther Isaacs, Sean Johnson, Annie Johnson, Virginia Case, Laura Case, Shandi Johnson, and Jeff Poynter; Rockcastle County High School Y-Club: Rachel Blair, Clare Beichler, Laney Poynter, Malissa Blair, Nathaniel Morrison, Shelby Brown, Sydney Brown, and

Micheala Hurt; Concerned Citizens of Pongo: Logan Cromer, Regina Nathan, Jonathan, Erika, and Victoria Munguia, Trent Smith, Joey Smith, Kaylan Bullock, Zoey Holland, Stephanie Sizemore, Bella Johnson, Jeremiah A. Blevins, Marina D. Blevins, Michel Strunk, Jalon Stewart, Edna Renner, and Kenny Cromer; Three Links Picker-Uppers: Aaron Deatherage, Wesley Clark, Myles Watson, John Phillips, and Maggie Phillips;

Friends of Conway; Brenda Powell; and Friends of Crooked Creek: Christie Green, Darrell Hager, and Ira Hager.

Once again, a job well done.

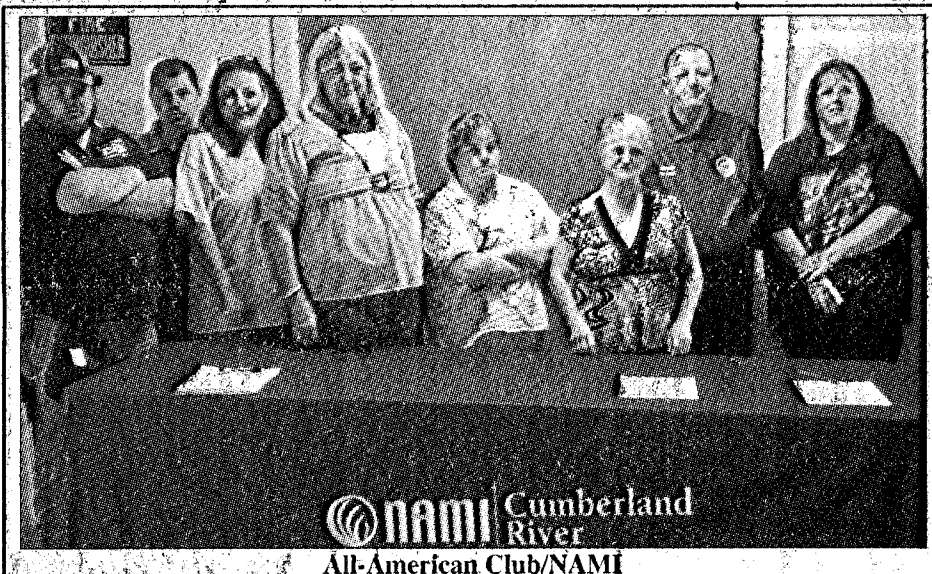
Photos were not available for all groups.

Special thanks to the Rockcastle County Work Release Supervisors Freddie Cromer and Josie Adams and their respective crews.

I apologize in advance for any misspellings or omissions.



Brindle Ridge Baptist Church



All-American Club/NAMI Cumberland River



Fairview Baptist Church



Rockcastle County High School Y-Club



Concerned Citizens of Pongo



Freedom Baptist Church



Concerned Citizens of Pongo

Local man and woman charged with burglary

By: Mike French

A local man and woman were arrested this week by the Rockcastle County Sheriff's Department. Jessica Nunnally, 21 of Mt. Vernon, and Kenneth Bustle, 35, of Mt. Vernon, were both charged with second degree burglary.

According to Sheriff's reports, on August 5, James Kimsey called the Sheriff's Department from Dorman Creek Road and stated that someone had been in his home at 3309 Lake Cumberland Road.

Deputies cleared the residence and, after talking with Kimsey, discovered that Nunnally and Bustle had been staying at the residence.

The report says Kimsey had changed the locks before leaving on a trip but upon returning home, discovered a window lock had been broken.

The report also said Nunnally and Bustle were aware that Kimsey was away from home through text messages.

Nunnally then returned to the residence to get the rest of her belongings. She was questioned by deputies and reportedly admitted to being inside the residence without Kimsey's permission, entering through the window.

The report said that Bustle took Nunnally to the residence knowing that James Kimsey would

not be home and that the locks on the house had been changed.

According to the report, Bustle took part in helping Nunnally get her belongings from the resi-

dence without Kimsey's permission.

Bustle was released on a \$5,000.00 unsecured bond and Nunnally was released on a \$10,000.00 unsecured bond.

At Kentucky Artisan Center Deadline for New Artisan applications is Sept. 30th

Three times a year the Kentucky Artisan Center at Berea holds review sessions to consider works and products by Kentucky artisans who are not juried members of Kentucky Arts Council programs or the Kentucky Guild of Artists and Craftsmen.

Applications for the next review must be received or postmarked by Sept. 30.

Application categories are:

- Visual Arts - (crafts and two-dimensional art)
- Books
- Music, storytelling and other recordings/films
- Kentucky Proud food products

Artists can download applications from the center's website at www.kentuckyartisancenter.org

Completed application forms along with additional requested materials can be mailed to: Artisan Review, Kentucky Artisan Center at Berea, 200 Artisan Way, Berea, KY, 40403.

Applications may also be submitted at the

center's front desk from 9 a.m. to 6 p.m. daily.

The Kentucky Artisan Center at Berea is located at 200 Artisan Way, just off Interstate 75 at Berea, Exit 77.

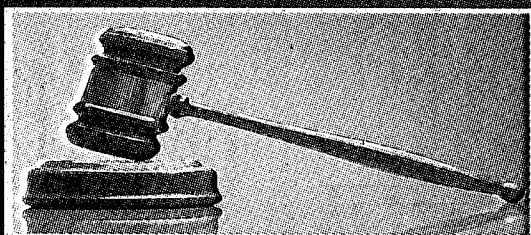
The center's exhibits, shopping and travel information areas are open daily, year-round, from 9 a.m. to 6 p.m., with the cafe open from 9:30 a.m. to 4 p.m. Admission is free.

The center currently features works by more than 700 artisans from more than 100 counties across the Commonwealth.

A gallery exhibit, "Turn, Turn, Turn: Lather-turned Works by Kentucky Artisans," is on display through Sept. 12; and in the lobby, "Weaving in Kentucky: A Continuing Tradition" is on display through Nov. 14.

For information about the center's events call 859-985-5448, visit us on Facebook at www.facebook.com/kentuckyartisancenter, or go to the center's website at www.kentuckyartisancenter.org

News from the Rockcastle Courthouse



District Civil Suits

Midland Funding LLC v. Danielle Mink; \$795.75 plus claimed due.
 Midland Funding LLC v. George Taylor; \$595.67 plus claimed due.
 Portfolio Recovery Asso. LLC v. Jonathon Mobley; \$573.12 plus claimed due.
 Community Trust Bank v. Alisha Brewer; \$3,190.29 plus claimed due.
 Jackson Energy v. Michael D. Lewis; \$1,669.24 plus claimed due.
 Alpha Credit Corp. v. Sherry Miller; \$914.01 plus claimed due. C-00120

Circuit Civil Suits

Vanderbilt Mortgage Co. v. Wilma Johnson, et al; \$62,730.66 plus claimed due.
 Commonwealth of Kentucky v. Billie Kidwell; complaint for child support and medical support.
 Gregory Chandler v. ALT Restaurants, Inc., et al; complaint.
 Suntrust Mortgage, Inc. v. Jason Brock, et al; \$102,666.32 plus claimed due.
 Kayla Skye Lay v. David Murrel Whaley, Jr.; verified petition for dissolution of marriage.
 Johnetta Kirby v.

Jonathan Kirby; verified petition for dissolution of marriage.
 Cabinet for Health and Family Services ex rel Janis Loudermilk v. Kelsey Dyer; complaint for child support and medical support.

Deeds Recorded

Eddie Wayne and Amy Todd and Bill T. and Hazel Parker; property in Green Acres Subdv., to Ronald D. and Donna K. McClure. Tax \$162
 Estate of Bonnie Coffey; property in Rockcastle County, to Kathy Lynn Riley; Tax \$95
 Jason and Malisa Allen; property in Rockcastle County, to Jason and Kristin Childress; Tax \$40.
 Lois Mullins; property on Main St., to Dwayne and Vivian E. King; Tax \$30
 Anna Rose Mullins; property in Rockcastle County, to Emily Tomlin; No tax
 Andrea N. Owens; property on West St., to Andrea N. Owens and Denton and Cathy S. Owens; No tax
 Tonya Golden; property on Hammond Ford Road, to Phillip Heath and Tammy Payne; Tax \$30
 Marty and Lehoma Burton; property on Bowling Ridge Road, to Tamara Burton; No tax
 Benton and Theresa Bullock; property in Dusty

Trails Subdv., to Andrew and Tanya Welnicki; Tax \$8
 Danny W. and Carolyn S. Hinton; property on Gauley Road, to Greg and Lyna Bibee; Tax \$70
 Mattie Miller; property on Poplar St., to The Eugene T. and Lori E. Caldwell Revocable Living Trust; Tax \$5
 Sec. of Veterans Affairs; property on Chestnut St., to Renee Nicole Taylor Parker, Arnel Eugene Taylor and Steven Forrest Taylor; co-trustees; No tax
 Larry Dale and Norma Faye Parsons; property on Freedom School Road, to Perry and Amy Mink Properties LLC; Tax \$40
 Jon A. and Rebekah A. Arvin; property on Newcomb Ave., to Rockcastle Regional Hospital and Respiratory Care Center; Tax \$300
 James D. and Darlene Smith and Carl E. Ramsey II; property in Rockcastle Co., to Mary Ramsey; No tax

Marriage Licenses

Shawna Gail Linville; 33, Mt. Vernon, housewife to Jason Paul Northern, 37, Mt. Vernon, Hitachi; 7/30/15
 Starla Elaine Bond, 22, Mt. Vernon, executive project manager to Benjamin Clay Whitaker, 22, Mt. Vernon, farmer; 8/3/15
 Laurie Ann Kirby, 37, Crab Orchard, disabled to Jerry Charles Cain, 52, Crab Orchard, disabled; 8/4/15
 Lori Capri Morgan, 28, Crab Orchard, Pizza Hut to Jason Marvin Bullock, 33, Brodhead; Dairy Queen; 8/5/15

District Court

July 29-Aug. 3, 2015
Hon. Kathryn G. Wood
Hon. Jeffrey S. Lawless
 Kerri L. Abrams; fines/fees due (\$728), found in contempt/2 days in jail or payment of \$100.
 Jimmy D. Barnett; no/expired registration plates - receipt, operating on suspended/revoked operators license, improper display of registration plates, failure to produce insurance card, failure of owner to maintain required insurance/security, bench warrant (bw) issued for failure to appear (fta)/license suspended.
 Speeding: Shayla S. Brodnax, Jessica M. Short, William M. Compton, Aaron Paul Kovac, Jaylin R. Robinson, Charles Alan Shepherd, Breanna L. Thompson, license suspended for fta; Rodney D. Meadows, \$18 fine plus costs; Wesley D. Hatton, \$10 fine

plus costs; Matthew B. Holtmann, Tina Corelle Ritchey, paid.

Anthony Henson; disregarding stop sign, license suspended for fta.
 Roy Bush; no/expired registration plates - receipt, no operators/moped license, failure to produce insurance card, failure of owner to maintain required insurance/security, failure to notify address change to Dept. of Transp., bw issued for fta/license suspended.
 Joyce Carpenter; theft by unlawful taking, 90 days/probated 24 months on condition, \$100 fine plus costs and restitution if requested.
 Cecil S. Crank; operating on suspended/revoked operators license, no/expired registration plates, failure of owner to maintain required insurance/security, failure to register transfer of motor vehicle, failure to produce insurance card, failure to wear seat belts, rear license not illuminated, bw issued/license suspended.
 Billy G. Gadd; operating on suspended/revoked operators license, failure to produce insurance card, bw issued for fta/license suspended.
 Michael P. Hughes; possession of marijuana, \$100 and costs and drug paraphernalia - buy/possess, 90 days/probated 12 months on condition.
 Frank D. Jacobs; improper equipment, \$25 fine and costs.
 Tyler Linville; no operators/moped license, failure of owner to maintain required insurance/security, failure to produce insurance card, failure to notify address change to Dept. of Transp., bw issued for fta/license suspended.
 Michael H. Martina; operating motor vehicle under influence of alcohol/drugs, \$200 fine and costs, \$325 service fee, 30 days operator license suspension/ADE authorized.
 Craig McCreary; failure to wear seat belts, license to be in possession, failure to produce insurance card, bw issued for fta/license suspended.
 Amir Hussein Najrazdeh; no/expired Kentucky registration receipt - plates, bw issued for fta.
 Buford R. Person; operating on suspended/revoked operators license,

failure to wear seat belts, license suspended for fta/bw issued.

William J. Ross; alcohol intoxication in public place, \$50 fine and costs.
 Jon K. Sanders; operating on suspended/revoked operators license, failure to produce insurance card, failure of owner to maintain required insurance/security, bw issued for fta/license suspended.
 Johanna M. Sizemore; speeding and failure to produce insurance card, license suspended for fta.
 Boyd J. Smith; Speeding, \$42 fine and costs; reckless driving, \$25 fine.
 Andrew Whitamore; driving on DUI suspended license, no motorcycle operators license, failure to produce insurance card, speeding, no/expired Kentucky registration receipt - plates, failure to wear seat belts, failure of non owner operator to maintain req. insurance, license suspended for fta/bw issued.
 Connie Jones; failure to wear seat belts, license suspended for fta.
 Andrew L. Lovell; failure to or improper signal, improper equipment, license suspended for fta.
 Ricky E. Rice; probated sentence revoked/balance of fine (\$400) imposed.
 Eric Albright; theft by deception (20 counts), bw issued for fta.
 Charles G. Fitzpatrick; possession of synthetic drugs, drug paraphernalia - buy/possess, sentencing orders entered.
 Anthony J. Naylor; theft by deception, 90 days/probated 24 months on condition plus costs.
 Anthony M. Alcorn; no/expired Kentucky registration receipt - plates, failure of owner to maintain re-

quired insurance/security, failure to produce insurance card, failure to notify address change to Dept. of Transp., bw issued for fta.
 Jonathan T. Allen; assault, sentencing order entered.
 Candi R. Bailey; failure to or improper signal, \$25 fine plus costs.
 Christopher Scott Farmer; careless driving, \$25 fine plus costs.
 Christopher S. Fleming; operating motor vehicle under influence of alcohol/drugs, court notice sent.
 Roger French; failure of owner to maintain required insurance/security, failure to produce insurance card, operating on suspended/revoked operators license, failure to notify address to Dept. of Transp., failure to wear seat belts, bw issued for fta.
 Michael Wayne Grubb; disregarding stop sign, \$25 fine plus costs.
 Daniel J. Hunsucker; theft by unlawful taking (three counts), bw issued for fta.
 Marsha G. Long-Wilson; speeding, failure to produce insurance card, license suspended for fta.
 Thomas R. McLendon; alcohol intoxication in public place and drug paraphernalia - buy/possess, bw issued for fta.
 Billy Jack Rayburn; operating motor vehicle under influence of alcohol/drugs, resisting arrest, sentencing orders entered.
 Rafael A. Rodriguez Fuentes; operating w/inactive/cancelled/revoked weight distance tax, \$25 fine; failure to add taxable unit to taxable inventory, \$25 fine.
 Timothy W. Stewart; reckless driving, bw issued for fta.

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Edited By David Owens

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Yards to Paradise

By Max Phelps
Food Forests: Sustainable Landscaping

The concept of a food forest is actually a gardening or land management system which utilizes trees, shrubs, perennials and flowers that produce edibles for human consumption along with the other benefits of trees and shrubs such as landscaping, shade, wildlife habitat and being more environmentally friendly.

Fruit or nut trees, berry bushes, edible flowers and vegetables can just as easily be planted as can a red maple, Bradford pear or boxwood shrubs. A blueberry is a fine substitute for a nandina, a service berry for sweetbay magnolia, and a pecan instead of an elm tree. Traditional landscaping can be continued with simple plant substitutions that produce food for people and wildlife. Or, eliminating lawn and carefully trimmed shrubbery can be allowed to migrate to a forested look, rather than the fresh-mowed lawn look.

Why would you want an edible forest in your yard?

In most of the world, your lawn and garden would revert to the woodlands that were cut to build log homes and farmed fields and fenced pastures if you quit pulling weeds and tree seedlings and mowing or tilling. People fight to keep this from happening with sprays, mowers and the like.

If we simply quit fighting, wind, birds, squirrels would soon scatter seeds and trees and shrubs and weeds would begin to turn most acreages into forests. Surely as trees come back after a forest fire, so, too, will they come back if we quit mowing and pulling and spraying. But, what comes back by natural selection may not be nearly so useful as what will grow if we have a plan and carefully select trees and shrubs and plants with greater utility—fruit, nuts, edible leaves or roots, even fungi such as

edible mushrooms can be 'farmed' in our wood lots or among our landscaping.

A landscape of apples, quince, cherries, pecans, hazels, blueberries, gooseberries and cranberries would be a more useful forest garden than the haphazard one that might sprout up randomly. The native Americans foraged and lived off the land, a sustainable food forest in our yards would go a long way towards taking us back to that time in our past when forests and not lawns were the norm.

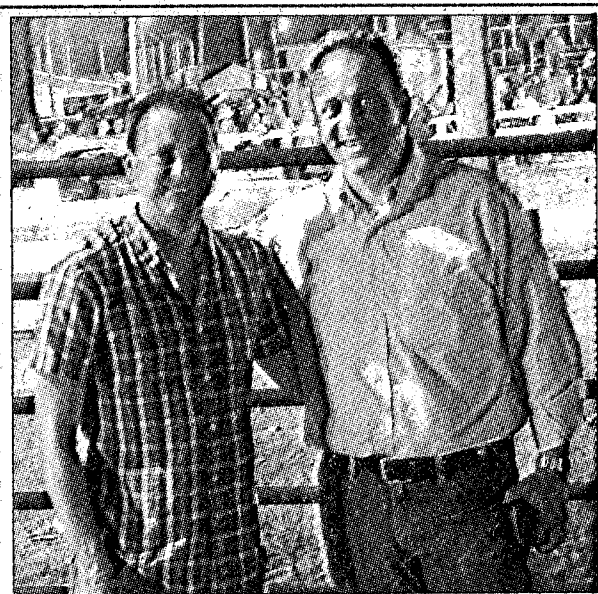
Where can you grow an edible food forest?

If you have a woodland lot you may begin adding edibles as you selectively remove firewood or less desirable plants.

If yours is a house in a subdivision in a city you may have to look at the HOA (home owners association) rules where you reside. Many times you have to keep the front yard looking good, but can let the backyard go to pot, so to speak. Even the most demanding city of HOA will allow a fruit-bearing crabapple tree to replace a flowering crab or Bradford pear. And most will be OK with a pecan instead of an oak (although white oak and some other acorns are edible for humans, and all are for wildlife). A service berry or blueberry or honeyberry can easily go where a burning bush would be planted. A hazelnut bush can go where a viburnum would have been planted in a traditional landscape, etc.

If you have no restrictions, then you can form a plan to your liking, or have a talented gardening expert to help. That lawn you mow every week can be turned into a lovely forest, or at least a little clump of trees and shrubs in a raised bed. The money spent for yard care can be spent to purchase and care for productive food bearing trees and

(Cont. to B4)



Republican candidate for Governor, Matt Bevin, visited with voters at Brodhead's Little World Fair on Saturday. Pictured above, Bevin and Rockcastle Republican Chairman Travis T. Burton.

Native walleye stocked in Kentucky River

Native walleye have returned to the Kentucky River after a decades-long absence.

Fisheries employees with the Kentucky Department of Fish and Wildlife Resources stocked more than 25,000 native southern strain walleye in the three forks of the Kentucky River above Lock and Dam 14 near Beattyville. The walleye, measuring 2-3 inches, went into the river last month.

"It's neat to think that maybe 50 years from now, we may have revived our native walleye populations," said Dave Dreves, assistant director over fisheries research at Kentucky Fish and Wildlife. "One day, anglers might be catching a state record walleye. I think that's entirely possible."

Kentucky's current state record is a 21-pound, 8-ounce walleye caught by angler Abe Black out of Lake Cumberland in 1958. The world record walleye is a 25-pound fish caught in Tennessee's Old Hickory Lake in 1960.

Intense fishing pressure, poor water conditions, sedimentation and the flooding of spawning shoals as rivers were dammed combined to nearly wipe out the native walleyes. In their place,

Kentucky Fish and Wildlife began stocking a northern strain of walleye better suited for lakes.

The discovery of a remnant population of native walleye in 1995 triggered an effort to restore the natives throughout their former range. Since restocking began in 2002, native walleye have been stocked in the Rockcastle River, Wood Creek Lake, Baren River, Levisa Fork, the Cumberland River above Cumberland Falls, Martins Fork Lake, Drakes Creek and this year, the Kentucky River.

Despite the difficulty of raising this strain of walleye, employees of the Minor Clark Fish Hatchery managed to produce 150,000 fingerlings from just three female broodfish this year. More broodfish could not be obtained from the wild due to heavy rains that made finding the egg-laden female walleyes difficult.

Once established, the southern strain of walleye tend to grow larger and faster than their northern counterparts. Researchers are optimistic that restoration of these native fish to

(Cont. to B4)

Kentucky Afield Outdoors

Tips to keep bugs from bugging you this summer

Grayson Brown serves up breakfast to mosquitoes each morning in the Public Health Entomology Laboratory at the University of Kentucky.

As he clicks through his emails using one arm, the mosquitoes dine on Brown's other arm. He's been doing it for so long the bites don't bother him.

"We're ramping up production for doing mosquito tests this summer," said Brown, the lab's director and a longtime faculty member in the university's Department of Entomology. "Pretty soon, I'll have one arm in one cage and I'll be barefooted with my feet in two other cages."

It's one thing to feed mosquitoes for research purposes. It's quite another to become the buffet when fishing, hunting, hiking, camping, bird watching or just spending time outdoors.

After a wet spring and a soggy start to the summer across parts of Kentucky, outdoors enthusiasts should expect to encounter more mosquitoes, ticks and chiggers. That won't necessarily translate into an increased disease risk, Brown said, but it could ruin an outing for the unprepared.

A good bug-fighting strategy includes multiple lines of defense.

"You fight chiggers and ticks the same way you fight mosquitoes," Brown said.

Wear long sleeves, long pants and socks whenever possible to minimize the amount of exposed skin. Tuck pants legs into socks or boots and tuck in your shirt for added protection.

Chiggers are mites in the larval stage and they target areas where clothing is tight on the skin such as the tops of socks or elastic waistbands. The digestive enzymes these mites use to liquefy skin cells cause intense itching and red welts that may linger for weeks.

Spraying repellent on

exposed skin and clothing is another defense tactic against chiggers, ticks and mosquitoes.

The U.S. Environmental Protection Agency provides a search tool on its website at www.epa.gov to help users choose skin-applied insect repellents. Enter the term "Insect Repellent" in the search box on the agency's homepage for a link to the tool. It takes into account how much time the user thinks they'll need protection from biting insects, if protection is needed from mosquitoes, ticks or both. Users also can narrow the results by product or company name and active ingredient.

Brown recommends products that contain no more than 33 percent DEET. Other repellents proven to be effective include Picaridin, IR3535 and Oil of Lemon Eucalyptus. Always read the product labels and follow the directions for use, especially before applying any repellent on a child.

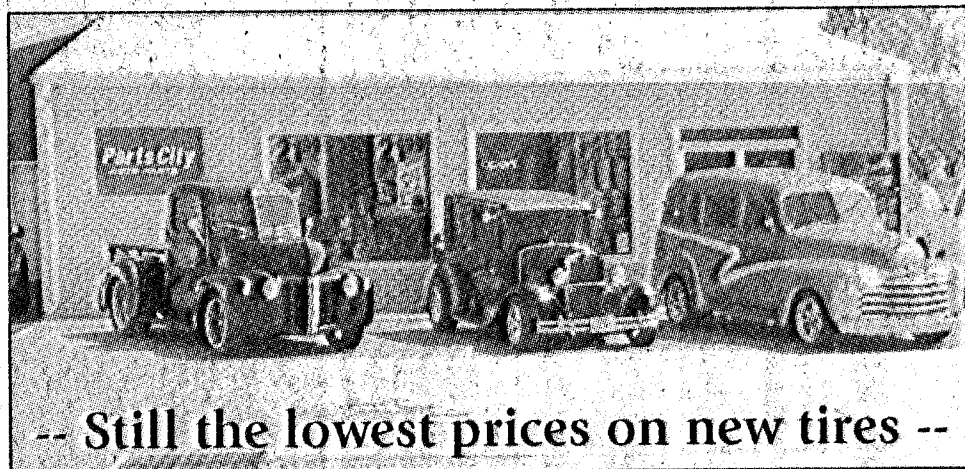
After contracting a tick-borne illness not long ago, Chad Miles is vigilant about treating his clothes and boots with permethrin, an insecticide that repels and kills ticks, mosquitoes and other pests. Allow any Permethrin-treated articles to dry before putting them on. One treatment can last several washings.

"You're never going to keep them off of you 100 percent but there are products that can deter them," said Miles, an avid hunter and angler who is the executive director of the Kentucky Fish and Wildlife Foundation.

"When you get out of the woods, do the smart thing and get those clothes off of you. Spray down, wash down and check. If you can, get them off of you before they get attached."

(Cont. to B4)

Parts City of Crab Orchard



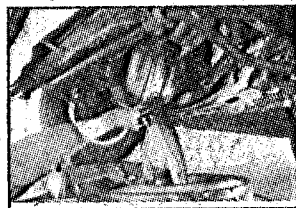
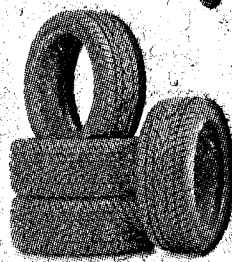
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Students should check KEEES accounts for accuracy

Kentucky high school students and 2015 graduates should check their Kentucky Educational Excellence Scholarship (KEES) accounts for accuracy.

KEES allows students to earn money for college by getting good grades in high school and for qualifying scores on the ACT or SAT. Students eligible for free or reduced lunches may also earn awards for good scores on Advanced Placement, International Baccalaureate and Cambridge Advanced International exams. KEES is administered by the Kentucky Higher Education Assistance Authority (KHEAA).

To check awards and personal information, students need to use the MyKHEAA function on www.kheaa.com. If they do not already have a MyKHEAA account, they can set one up using the "Sign In" button on the KHEAA home page.

Students can verify their KEES GPA is correct by taking the letter grade for each course taken during the year and converting it to a 4.0 scale. On this scale, an A = 4.0, B = 3.0, C = 2.0, D = 1.0, and F = 0. AP and IB

grades receive an extra point, making an A = 5.0, B = 4.0, etc. Pluses and minuses count the same, so an A-minus and an A-plus are both worth 4.0 points. The GPA is calculated by adding all the points together and dividing the total by the number of credits earned during the year.

In addition to KEES, students should check their personal information: name, date of birth, address and Social Security number. Students who need to have GPAs or other information corrected should contact their high school counselor.

If students have problems with their MyKHEAA account or cannot see their KEES information, they should call the KHEAA College Access Team at (800) 928-8926.

To learn how to plan and prepare for higher education, go to www.gotocollege.ky.gov. For more information about Kentucky scholarships and grants, visit www.kheaa.com; write KHEAA, P.O. Box 798, Frankfort, KY 40602; or call (800) 928-8926, ext. 6-7214.

Some students can earn bonus KEEES for AP, other exams

Kentucky high school students who qualify for free or reduced-price school lunches can earn bonus Kentucky Educational Excellence Scholarship (KEES) awards for how well they do on certain advanced study exams.

A student has to qualify for the free or reduced-price lunch program only one year during high school to be eligible for these bonus awards.

The bonus awards are available for good scores on Advanced Placement (AP), International Baccalaureate (IB) and Cambridge Advanced International (CAI) exams.

Students can earn \$200 for each AP exam on which they score a 3, IB exam on which they score a 5 or CAI exam on which they score "e." They can earn \$250 for getting a 4 on an AP exam, a 6 on an IB exam or a "c" or "d" on a CAI exam. Bonus awards are \$300 for each 5 earned on AP exams,

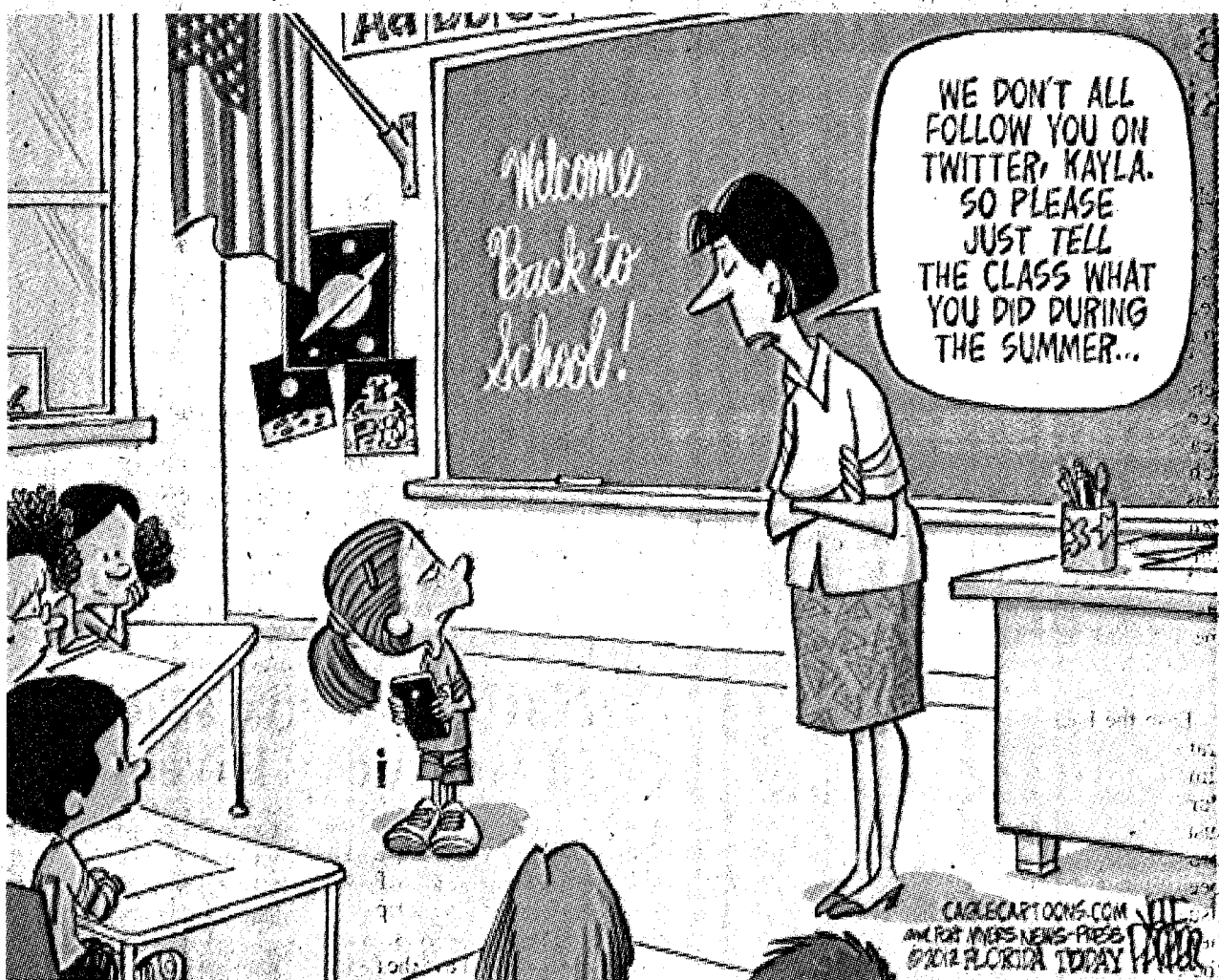
7 on IB exams or "a*," "a" or "b" on CAI exams.

There is no limit to the number of bonus awards a student can earn.

In addition, AP, IB and CAI classes carry extra weight when KHEAA figures grade point averages for yearly KEES base awards. An A in an AP, IB or CAI class is worth 5 points, not 4, for KEES purposes.

KHEAA is the state agency that administers KEES, need-based grants and other programs to help students pay their higher education expenses.

To learn how to plan and prepare for higher education, go to www.gotocollege.ky.gov. For more information about Kentucky scholarships and grants, visit www.kheaa.com; write KHEAA, P.O. Box 798, Frankfort, KY 40602; or call (800) 928-8926, ext. 6-7214.



Free student financial aid info available at State Fair

Kentuckians attending the state fair in Louisville Aug. 20-30 may pick up free student financial aid information at the College Info Road Show booth in the South Wing of the Kentucky Exposition Center.

The College Info Road Show is a mobile classroom sponsored by the Kentucky Higher Education Assis-

tance Authority (KHEAA).

At the fair, students and parents can find free college planning and financial aid materials and resources. They can also register to win a \$500 college savings account. KHEAA outreach staff will be on hand to answer questions from students, parents, school counselors and other college ac-

cess providers.

Visitors to KHEAA's booth will find helpful free guides such as "The College Circuit," "Surviving College," "Getting In" and "Adults Returning to School." Students and families can also learn how to request a free copy of "Getting the Facts," a personalized report that helps students estimate how much financial aid they may receive at the schools they want to attend.

KHEAA is the state agency that administers the

Kentucky Educational Excellence Scholarship (KEES), need-based grants and other programs to help students pay their higher education expenses.

To learn how to plan and prepare for higher education, go to www.gotocollege.ky.gov. For more information about Kentucky scholarships and grants, visit www.kheaa.com; write KHEAA, P.O. Box 798, Frankfort, KY 40602; or call (800) 928-8926, ext. 6-7214.

Financial aid tip of the month

As high school seniors and their parents begin the college financial aid process, they may find themselves faced with unfamiliar terms. This short glossary from the Kentucky Higher Education Assistance Authority (KHEAA) may help.

- Conversion scholarship/loan. This type of scholarship requires students to provide certain services. If they don't provide the service, the scholarship becomes a loan.
- Cost of attendance. The total cost of one year of college: tuition, fees, room, meals, supplies, transportation and personal items.
- Expected family contribution (EFC). This is the

amount the student and family are expected to pay for the student's education. It is based on a formula set by Congress.

• FAFSA. The Free Application for Federal Student Aid must be submitted by students applying for federal and state aid. The best way to do so is at www.fafsa.gov.

• Financial need. The difference between the cost of attendance and the EFC.

• Institutional aid. The scholarships, grants and other financial aid programs provided by the college.

• Verification. The process of making sure the information submitted on the FAFSA is correct. The federal government requires colleges to have certain students' FAFSA information verified.

KHEAA is the state agency that administers Kentucky's student financial aid programs, including the Kentucky Educational Excellence Scholarship (KEES). Its sister agency, the Kentucky Higher Education Assistance Authority (KHESLC), offers Kentucky Advantage Loans to help students and parents pay for college. For more information about Advantage Loans, visit www.kheslc.com.

To find links to other useful education websites, go to www.gotocollege.ky.gov. For more information about Kentucky scholarships and grants, visit www.kheaa.com; write KHEAA, P.O. Box 798, Frankfort, KY 40602; or call 800-928-8926, ext. 6-7214.

"Bugs"

(Cont. from B3)

If you find a tick already attached, experts advise using tweezers to grab it as close to the skin's surface as possible then pulling straight back with a steady motion, careful not to crush the tick.

Ticks are found in the woods, thick brush and tall grass. Chiggers thrive in overgrown or grassy areas, but also in damp vegetation with shade, around trees and in thickets. It can be difficult to avoid those when you're out scouting fall hunting spots or approaching a stream or riverbank to fish. Whenever possible, stick to the center of any trails.

Mosquitoes are most active from dawn to dusk. A breeze is a good deterrent and a welcome relief from the summer heat and humidity.

"If you're in an area where there are a lot of mosquitoes, they'll just bump into you by random chances," Brown said. "If they do, then they'll feed on you whether you have repellent on or not."

An elevated mosquito population this year should not be cause for alarm.

"People may get more mosquito bites but there will probably be less mosquito-borne disease because the mosquitoes that transmit the disease that people are mostly worried about are depressed," Brown said.

"Kentucky has recently been invaded by blacklegged ticks, which are the principal vector for Lyme disease. There are more ticks out there this year but the risk is relatively low. The number of Lyme disease cases had gone up in recent years but we're at the tail-end of that."

Summer is prime time for mosquitoes, ticks and chiggers but you don't have to let them bug you into staying indoors.

Author Kevin Kelly is a staff writer for Kentucky Afield magazine, the official publication of the Kentucky Department of Fish and Wildlife Resources. Get the latest from Kelly and the entire Kentucky Afield staff by following them on Twitter: @kyafield.

"Walleye"

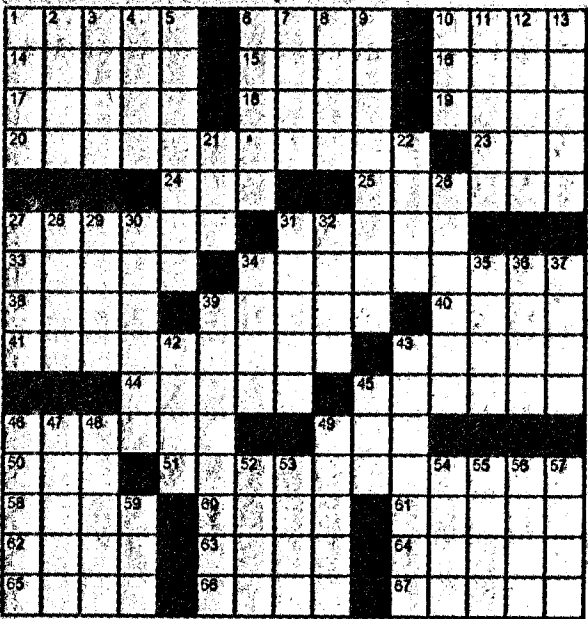
(Cont. from B3)

their former range is possible.

"We're getting broodfish weighing 8 pounds out of the Baren River," Dreves noted. "We think water conditions have improved to the point where native walleye can make a comeback."

Kentucky Crossword #694

www.kentuckycrosswords.com



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- ACROSS
- By the book
 - Purin's month
 - Identifying mark
 - Clear the state
 - Opulence
 - Trot or gallop
 - Hotel employee
 - Newspaper piece
 - Show horse
 - Governor who led the Kentucky militia in Battle of the Thames
 - Lode load
 - Mao's successor
 - Like most sonnets
 - Carpentry tool
 - Ballot handrail
 - Stage item
 - The Kentucky state flower
 - Stare at
 - Medicinal plants
 - Tropical tuber
 - Genuine Risk and Secretariat, e.g.
 - Brereton Chandler
 - Gofers
 - Boat loads
 - Cartoonist Dik
 - Fond du
 - "Indeed"
 - Kentucky remembered as the "Clean of Washington" newsmen
 - Derby
 - Fly high
 - Red Sea peninsula

- DOWN
- First name in jeans
 - History chapters
 - Big party
 - Between ports
 - Harry Caudill's native Kentucky county
 - Hilo hello
 - Hoodwink
 - Skater's jump
 - The Louisville Bats' one
 - Jacuzzi
 - Faux chocolate
 - Some mites
 - Renaissance fiddle
 - South of Brazil?
 - Shipshape
 - Guide
 - Gator's cousin
 - Lofly
 - Wight, for one
 - Playground equipment
 - Kentucky musician Randolph
 - Stout relatives
 - Stick

- Horse course
 - Folklore beast
 - For all to see
 - Square one
 - Snoozes
 - Settles in
 - Turkey Distillery
 - Singer Turner
 - Native Kentucky county of David "Stringbean" Akeman
 - Caboose, e.g.
 - Keats
 - contemporary
 - Plunder, old-style
 - Grouchy Muppet
 - Fishing gear
 - Roman robe
 - Zither's cousin
 - Bank of Paris
 - Change for a five
 - Links rental
 - Baby foxes
 - Antiquity, once
- SOLUTION TO KY693
- WASP SHAW BLESSE
 EXAG HOWA LEGITT
 ALIAS TORT AGAVE
 KENTUCKYLAKEHAM
 TROY MEN
 EGONSW LENT DELK
 MAOM COAST DYE
 ATHENSOR HESBIT
 TEE EMITS PLING
 BODA ENS SPLASH
 SPA REEL
 GUMBERLANDRIVER
 ALEBIE ASIA ANDE
 RENTYR MADE
 SPAYE APSE SLEB

plants instead, all the while turning your place into one green piece of eco-friendly paradise that supplements feeding the family at dinner time. If you have children, think of the back-to-nature teaching opportunities your food forest will allow.

Bottom line is, home-grown edibles in a sustainable landscape will be delicious, fun, and save money in exchange for a little time spent harvesting. And, in emergency situations where the power is out and the debit card won't work, you can take a stroll in your lovely natural yard and pick a healthy snack most any time.

The author, Max Phelps, is a landscaper. Contact by calling (606) 416-3911 or visit website: www.rockcastles.net

ROCKCASTLE COUNTY BOARD OF EDUCATION

UNAUDITED FINANCIAL STATEMENT

(For Year Ending June 30, 2015)

Demand Deposit Account	\$2,205,512.16
Outstanding Checks	\$751,073.76
Investments	\$4,500,000.00
Ledger Balance (all funds)	\$5,954,438.40
Accounts Receivable	\$301,583.76
Food Service Inventory	\$17,846.67
Deferred Revenue	(\$219,741.18)
Accounts Payable	(\$127,775.75)
Accrued Salaries & Benefits Payable	(\$132,059.36)
FUND BALANCE (all funds)	\$5,794,292.54

This is to certify that all Financial Statements as listed are accurate.

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August 11, 2015
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Back-to-school tips to keep kids healthy and safe

(StatePoint) Back-to-school prep means more than a trip to the office supply store. Help kids stay strong, healthy and safe this school year by putting wellness front and center.

"Thinking about back-to-school now can help parents keep kids on track for a healthy summer and start to school," says Dr. Sandra Hassink, MD, FAAP, President of the American Academy of Pediatrics.

With that in mind, Hassink recommends taking the following steps.

Ease into the School Schedule

Ease the back-to-school transition by keeping bedtime and meals scheduled during the summer and adjusting timing as school approaches. If your child has been going to bed later than usual, begin adjusting his or her bedtime earlier toward the end of summer. Depending on age, children and teens need between 8.5 to 9.5 hours of sleep nightly.

For young children, arranging to see their new classroom and meet their new teacher before school starts can calm first day jitters. Go over the school schedule with your child, including how she will get to school and what the plans are for after school time.

Schedule a Pediatric Visit

The back-to-school season is a good time for scheduling a pediatric exam. Create a list of items you want to discuss with your child's pediatrician. This list should include ensuring your child is up-to-date on vaccinations, a crucial part of preventive care.

It's a good idea to build a medical home with a pediatrician by sticking with one doctor or medical practice throughout childhood and adolescence. The doctor will be better informed of your child's medical history and aware of any emerging problems.

Beyond medical testing, pediatricians are well-equipped to counsel patients and parents on emotional and social issues, as well as issues that often crop up during adolescence, such as smoking, drugs, drinking, sexual activity and depression.

Parents can ask a pediatrician about anything related to the care of their child or teen, medical or not," says Dr. Hassink. "The visit can be a good way to bring up these issues."

Consider Sports

Sports can foster confidence, cooperation and

healthy habits, and the start of the school year brings many opportunities to join various programs.

Hydration, nutrition and proper conditioning are important for any sport, especially those with intense training in warm weather. Schedule a sports physical with your pediatrician to discuss your child's overall health and how to prevent injuries.

Talk Safety

If your child will be walking to school, travel the route with him to assess its safety.

To make smart school lunches, think like a kid

(StatePoint) Making school lunch can feel like a thankless job, but it doesn't have to be a major chore. Here are some ways to make school lunches successful, not stressful:

Don't Over-Pack

Does your child come home with untouched food? For a distracted youngster, lunchtime flies by in an instant. By the time the bell rings, little Suzie has barely peeled the top off her yogurt. Keep portions kid-sized and don't include more than four or five items in the lunchbox.

Think Food Groups

Think of the lunchbox as a four-piece puzzle. The basic components are protein, grain, fruit/vegetable and dairy.

Try making lunch kebobs with cold cut slices and chunks of cheese (your dairy and protein groups), add a handful of grapes (fruit) and a bagful of popcorn (grain). Or pack hummus, carrots and wheat pita (protein, grain and veggie), along with applesauce (fruit) and a cheese stick (dairy). Olives or pickles add extra flavor without too much extra fat or calories.

Let Them Assemble

Pack individual ingredients kids can assemble, which makes them feel like they're more in control of what they eat. For example, include a half bagel with a container of shredded mozzarella, tomato sauce and some sliced olives or pepperoni slices so they can make their own pizza. Add a piece of fruit to round out the meal.

Pick Portable Foods

Nothing's worse than a lunchbox explosion. Whenever possible, opt for dry foods and tight lids. Pack

Find out about traffic patterns and crossing guards. Teach your child safety rules like looking both ways. If possible, have your child commute with an older sibling or neighbor. If your child will be riding a bike or skateboard, be sure he wears a helmet. Review basic rules for safer riding. Bus riders should also be mindful of safety rules, like remaining in one's seat and listening to the driver.

More back-to-school tips can be found at www.healthychildren.org.

As a parent, you can take steps to help ensure your children are prepared for a happy, healthy school year.

trail mix, dried fruit, granola bars or snacks in single-serve cups, such as Pearls Olives to Go! black ripe pitted or sliced olives. Such foods usually have the added advantage of not spoiling, which means they can be saved for afternoon snacking.

Keep Snacks in the Car

Kids always seem to want an afterschool snack. If home is a bit of a drive, keep snacks on hand. Nuts, trail mix, single-serve olive cups and fruit are better options for a ravenous child. Keep in mind, hungry kids are more likely to try novel foods they might otherwise be reluctant to try.

Get Input

If your child is not eating enough, find out why. Ask your child to create a list of foods every few months, as tastes change and broaden. Add favorites to the rotation. Remember, just because your child eats a certain food at dinnertime doesn't mean it will be a popular lunch item.

Get Cute

If you're feeling ambitious, cut sandwiches into shapes. Sliced cherry tomatoes or olives make easy eyes, buttons and mouths. A simple post-it note with a smiley face or "love you" will go a long way to brightening your child's day.

For more tips, recipes and coupons, or to enter a lunch box promotion for a chance to win prizes, visit www.facebook.com/PearlsOlives

Lunch isn't rocket science, but creating meals children will love every day can get tricky. Simple strategies can help ensure kids return from school with empty lunch boxes and satisfied tummies.

Mental tricks to help raise grades

(StatePoint) Maintaining strong grades in every subject can be tough on even the brightest of the bunch. This is especially true these days, as students routinely are taking on more extracurricular activities and part-time jobs while enrolled in school.

Students looking to grasp complicated class material - and still have time left at the end of the day -- can stand to benefit from tried-and-true systems for learning, say experts.

"Every student from a young age should learn speed reading, speed math and mnemonics," says Harry Edelson, venture capitalist, managing director of Edelson Technology Partners and author of the new book, "Positivity: How to be Happier, Healthier, Smarter, and More Prosperous."

Edelson, the son of an illiterate Russian immigrant, attributes his triumph over childhood poverty and success in the classroom and business world, to the adoption of key mental tricks and a positive attitude. In "Positivity," he delves into how others may follow suit. Here he shares a few insights.

Speed Reading

Speed reading allows a reader to take in written material much more quickly than traditional reading. While those wishing to improve their speed reading skills once had to attend seminars or enroll in a course, now lessons are widely offered online. Free software, as well as apps available for download to your phone, can offer training in this useful art.

Speed Math

Like speed reading, speed math can help students finish their homework faster and with more precision. Additionally, learning this skill offers students a deeper understanding of mathematical operations. A range of books on the subject, as well as online tutorials, can supplement classroom learning.

Mnemonics

So much of school testing involves the need for recall and recitation, especially as schools nationwide adopt Common Core Standards. Mnemonics are a classic and effective method of memorization and information retention. Depending on the material, students can turn to existing mnemonic devices or create their own.

Positive Thinking

"I consider myself to be

very lucky. I have been happy all my life even though I started out as poor as a child could be," says Edelson, who says positivity can lend itself to success. "Take control of your senses, determine to be happy and develop a frame

of mind that will make you and all those around you happy."

For an edge this semester, don't reinvent the wheel. Consider first the academic techniques and personal philosophies that have worked so well for others.

Tips to boost your family's energy for school season

(StatePoint) It's time to gear up for a new school year. That means buying supplies and clothes, coordinating schedules, and adjusting to new routines.

All the preparations can leave you feeling drained, but with the proper fuel you can ensure your family has the energy needed to ace each day.

Meal Plan

Kick off the year by creating a meal plan, which will help you stay organized, maintain a good diet and avoid repeat trips to the store. To simplify shopping and preparation, put together a list of favorite meals and snacks; then group according to common ingredients. Use a dry erase calendar, spreadsheet or online template to plot out menus one week at a time. Then, draft a grocery list and stick to it. This will help you pass up the chips and cookies for more energy-boosting options.

When you arrive home, immediately wash and prep produce for the week to make it that much easier to make nutritious meals all week long.

Start the Day off Right

Wholesome breakfasts provide a pick-me-up in the morning and throughout the day. Squeeze some oranges for fresh juice and a vitamin C boost. You can make a pitcher each weekend to last several days. Serve with homemade granola bars for a satisfying start to the day.

Smoothies are another easy breakfast. Whip up personalized flavors for each family member using the pre-set Smoothie and Power Blends programs on a Vitamix S50. This personal blender's 20-ounce container becomes a good travel cup for school or work. Freeze a variety of indi-

vidual servings of fruit and vegetable combinations into zip-top bags, blend with yogurt, milk or juice, and head out the door. Or use the machine's 40-ounce container to make larger batches for the family to enjoy together. A nourishing smoothie provides the fuel necessary for a productive start to the day.

Mid-Day Motivation

Prep power-packed lunches for school and work by including protein, fruits and vegetables in an assortment of tastes and textures. You can use a premium blender to quickly prepare all kinds of dips and nut butters. Try homemade hummus with cucumber slices and carrot sticks and a side of strawberries and grapes. Or create fun finger foods, such as a peanut butter and apple wrap, or ants on a log -- almond butter and raisins on a celery stick.

Remember to stay hydrated. Water is fuel, and even mild dehydration can slow down body systems, resulting in fatigue. Carry a large container of water to drink throughout the day.

Dinner Delight

Continue beneficial eating habits at dinner. Add extra vegetables to your menu with a squash cheese sauce for a new take on whole wheat macaroni and cheese. Or bake a whole-some pizza using fresh pesto or a white bean purée as the sauce.

Instead of hitting the couch after dinner, complement healthful eating by taking a walk with your family. Exercise provides a natural endorphin boost, giving you extra motivation to maintain healthy habits.

With a little planning, a busy schedule won't be an excuse for bad habits.

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For Rent

Redwood House with 2 bedrooms, 1 bath, on one acre lot. Gas and electric heat, stove and refrigerator furnished. \$450 Rent/\$450 deposit. Located off of Hwy. 150 between Mt. Vernon and Brodhead. Credit check and reference required. No pets. Available Aug. 1st. Shown by appointment only. 606-256-8156 (no calls after 7 p.m.). 32xntf

Rent To Own: house and trailer, both in Brodhead. 758-4729. 4xntf

Trailers and house in Brodhead. No pets, 758-8922. ntf

Accepting applications at Mt. Vernon Housing Authority on Mondays 4 to 8 p.m. and Wednesdays and Fridays, 4 to 6 p.m. Rent based on income. 256-4185. 14xntf

Accepting Applications: For 2 and 3 bedroom units at Valley View Apartments. Rent based on income. Call 256-5912. Equal Housing Opportunity, TDD for hearing impaired only. 1-800-247-2510. 36tn

For Rent:
 Maple St. Storage of Brodhead
 256-2884 or
 606-308-2491

Property For Sale

2 Bedroom Trailer Foundation, 1/2 acre lot. \$29m500. 859-979-1841. 33x1p

House For Sale By Owners: Conveniently located two story vinyl sided house on 1.105 acres with full unfinished basement, large living room, kitchen, washer/dryer area, one bath and extra room for dining or family room. Three bedrooms

upstairs with sitting and storage area. Large covered front and back porches. New three dimensional roof, two years ago. Nice yard. Located 1/2 mile from Mt. Vernon and one mile from I-75. City water, KU electric and own septic system. Shown by appointment. 606-308-3793 or 606-308-1032. 33x4p

House in Mt. Vernon by owner: 4 Bedroom, 2 1/2 baths, 2 car attached garage, big porches, deck on back, above ground pool. 2 acres of land all fenced. 3,000 sq. ft. \$210,000 negotiable. 606-308-1561. 30x4p

2BR Home with garage. Just north of Mt. Vernon on eight acres +/- Ready to move into. Serious inquiries only. Shown by appointment only. 606-308-3669 or 606-308-1689. 9xntf

1 1/2 Acre Trailer Lot. City water. 859-358-3560. 40xntf

2BR/2BA 1450 sq. ft. Selling for \$89,900. Rick Szaks, Broker. 859-255-7777. Lincoln Real Estate, Inc. rickszaks@aol.com 18xntf

Lots in Castle Ridge Subdivision. Use same entry way as Bible Baptist Church. All lots have city sewer and underground utilities, starting at \$12,900. 606-256-5692 • 256-4504 • 308-3730. 50x1

Mobile home lots, located in Sunnyside Mobile Home Park. 1/2 acre lots - \$500 down and \$100 per month. Call 606-256-5692 or 606-256-5648. 50x1

Posted
 No trespassing, hunting, ATVs or dirt bikes on property belonging to Joseph M. and Kimberly Ramsey. Violators will be prosecuted. 33x4p
 No trespassing on remainder of Lot #11 in Cedar Point Subdivision (Bustle Property) or Bustle property adjoining Lot #11 on Barnett Road, Brodhead. Danny and Kristie Falin Bustle. 30x4p

Posted: Absolutely no trespassing on Cook properties located on Old Brodhead Road. Violators will be prosecuted. Not responsible for accidents. (11/19/15)

Posted: No hunting or trespassing on land belonging to Glen Roberts at 560 Dix River, Branch Road, Brodhead. Violators will be prosecuted. 35xntf

Posted: No hunting, trespassing or ATVs on land belonging to Jason and Sara Coguer at Roundstone. Not responsible for accidents.

Posted: No trespassing on land belonging to James and Dorothy Rash heirs on Rash

Branch Road off Chestnut Ridge. No hunting, camping, ATVs, trespassing for any purpose. Not responsible for accidents. Violators will be prosecuted.

Posted: No trespassing on Crawford Place - Old Brodhead Road. Danny Smith. 47tn

Posted: Absolutely no hunting, fishing or trespassing on property belonging to Mark and Debbie Cummins. Violators will be prosecuted. 9x52p

Posted: No trespassing, hunting or fishing on land belonging to Rachel Denney on Hwy. 3245

(former Reggie Bengé property).
Posted: No trespassing on property known as C.B. Owens Farm across from Fairgrounds in Brodhead. Violators will be prosecuted. 25tn

Help Wanted

Job Opportunity: Rural Transit Enterprises Coordinated, Inc. (RTEC) is seeking a qualified individual for Reservations and Data Entry. Applicants must have high school diploma or equivalent with computer and data entry experience. Good communication skills and telephone etiquette are essential. Fluent Spanish is a plus. Applicant duties include taking reservations and data entry, as well as other clerical duties. Starting rate of pay for this position is \$10.10 per hour. Excellent benefits. Applications may be obtained at the RTEC office, 100 Main St., Mt. Vernon, Ky. RTEC operates a drug and alcohol free workplace and is an Equal Opportunity Employer. Minorities encouraged to apply. Closing date is 8/14/15. 32x2

Excellent Opportunity to advance your career! Malone Solutions is now hiring for manufacturing positions with a pay rate between \$9 and \$13 per hour. No high school or GED diploma required. Apply online at www.malonesolutions.com. 27x8

Drivers: Quality Home Time! Earn over \$1250+ per week + Monthly Bonuses! Excellent benefits. No Touch! CDL-A 1 yr. exp. 855-454-0392. 32x2

LPN or CMA

Rockcastle Family Wellness, a rural health clinic, is currently seeking a full-time LPN or CMA (minimum two years' experience). This job offers an excellent benefits package and no holidays. Apply on-line at: rockcastleferegional.org/careers.



Equal Opportunity Employer

Horizon Adult Day Care, an EOE, has the following job opportunity available in Mount Vernon, KY:

Health Care Associate/ Nursing Assistant: PRN Mon-Fri. day-time position. Provide patient care in a team oriented atmosphere. Geriatric experience preferred. CNA preferred, but not required. Competitive wage and benefit package available. Minorities are encouraged to apply.

Apply in person or send resume to:

Wayne Stewart Horizon Adult Health Care
 Attn: Janis Loudermilk, RN, Nurse Director
 439 Jerri Lane • Mt. Vernon, KY 40456

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Apply at:

1043 Brooklyn Blvd., Berea, Ky.

The Terrace is an EOE

EST Tool and Machine is currently seeking maintenance technicians to be responsible for performing preventive maintenance checks and services on our CNC machinery as well as numerous facility maintenance projects. Benefits are very comprehensive including health insurance and paid vacation along with a competitive pay scale based on your relative experience.

Job Requirements

The ideal candidate should be able to:

- Must be able to maintain and repair hydraulic and pneumatic systems, valves and cylinders, and be able to maintain and repair numerous CNC machines, familiar with plc's as well as basic computer skills. Being capable of using and reading precision measuring devices is required.
 - HS diploma required, plus 2 years of related experience. 3-5 years of working experience in a manufacturing environment preferred. Welding experience is preferred.
- Duties include but are not limited to the following:**
- Responsible for maintaining equipment for performing maintenance and service.
 - Diagnose malfunctions, replace and repair parts, then test to make adjustments.
 - Perform regular preventative maintenance on machines, equipment and plant facilities.
 - Use a variety of hand and power tools, electric meters and material handling equipment in performing tasks.
 - Detect faulty operations, defective components and report those and any unusual situations to proper supervision.
 - Perform a variety of plumbing and electrical maintenance functions.
 - Comply with safety regulations and maintain clean and orderly work areas.
 - Perform all other duties as assigned or needed
 - Knowledge of occupational hazards and safety precautions.
 - Ability to effectively handle lifting of various objects weighing up to 50 pounds without assistance

Apply in person at EST Tool & Machine in Brodhead or send resume to
 PO Box 357, Brodhead, KY 40409

EST Tool and Machine, Inc. is currently looking to hire a highly qualified Quality Assurance Technician to work in a high customer quality, job-shop environment. This position will involve maintaining a focus on meeting customer needs through the plant Quality Management System (QMS), ensuring compliance to the QMS and driving continuous improvement for value add. Benefits are very comprehensive including health insurance and paid vacation along with a competitive pay scale based on your relative experience.

Job Requirements

The ideal candidate should be able to:

- Interpret blueprints and be able to inspect numerous machined parts
- Have 1-5+ years' experience in Quality Assurance/Control & Tool Calibration
- Work efficiently with minimal supervision and limited guidance
- Comfortable making average to complex arithmetic calculations and problem solving skills
- Efficient with precision measuring instruments to check dimensional accuracy of work (calipers, height gauges, micrometers, GMM, etc.)

Requirements include but are not limited to the following:

- Ability to program and operate CMM
- Ability to calibrate all measuring tools supporting internal & external requirements.
- Must be able to work independently with little supervision.
- CAD experience a plus.
- Math abilities to convert fraction to decimals, then add and subtract.
- Ability to use/read measuring tools such as micrometers and calipers, etc.
- Ability to lift up to 50 pounds.
- Ability to stand on feet 100% of the time and bend, stoop, squat, kneel or bend, as required.
- Review blueprints both standard and metric as well as specifications for each job.
- Experience and understanding of Geometric Dimensioning and Tolerancing GD&T
- Ability to effectively communicate at all levels
- Ability to understand and implement Quality Systems Methods, tools and training skills
- Strong data analysis skill
- Ability to respond to changing demands
- Ability to support/promote employee engagement in the quality process
- Strong skills with various applicable software
- ISO 9001 experience a plus
- Effective in formal problem solving/process improvement methodologies
- Strong organizational and documentation skill

Apply in person at EST Tool & Machine in Brodhead or send resume to
 PO Box 357, Brodhead, KY 40409

EST Tool and Machine is currently looking to hire highly qualified CNC Machinists/Toolmakers to work in a high quality, job-shop environment. This position will involve setting up new parts on a daily basis and running small volumes of non-repeating parts. Ideal candidates will be able to effectively program conversationally as well as use CAD and CAM software to efficiently produce parts with minimal supervision. Benefits are very comprehensive including health insurance and paid vacation along with a competitive pay scale based on your relative experience.

Job Requirements

The ideal candidate should be able to:

- Interpret blueprints and be able to manufacture from prints
- Have 1-5+ years' experience in CNC machining/programming
- Work efficiently with supervision and limited guidance
- Comfortable making average to complex arithmetic calculations and problem solving skills
- Efficient with precision measuring instruments to check dimensional accuracy of work (calipers, height gauges, micrometers, etc.)
- Ability to manufacture parts to industry quality standards

Duties include but are not limited to the following:

- Operating CNC and Conventional Mills and Lathes.
- Setup equipment for skilled trade colleagues and convey key quality checks.
- Must be able to work independently with little supervision.
- CAD and welding experience a plus.
- Math abilities to convert fraction to decimals, then add and subtract.
- Ability to use and read measuring tools such as micrometers and calipers.
- Ability to lift up to 50 pounds.
- Ability to stand on feet 100% of the time and bend, stoop, squat, kneel or bend, as required.
- Review blueprints both standard and metric as well as specifications for each job.
- Calculate where to cut and/or bore.
- Understand steel shapes, types, and characteristics.
- Determine how to set up each job for proper speed, feed and overall machining approach.
- Select proper tooling for each job.
- Plan sequence of cutting and finishing operations.
- Write basic programs for CNC Controls
- Ability to use numerous hand tools

Apply in person at EST Tool & Machine in Brodhead or send resume to
 PO Box 357, Brodhead, KY 40409

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NEW LISTING!
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Nice brick ranch only minutes walking distance to Rockcastle Library & downtown Mt. Vernon. This immaculate home features 3 bedrooms, a hall bath & half bath off MBR, formal LR, large open family room, dining area & kitchen combined. The family room has a fireplace insert with gas logs. Shaded front porch with a view & rear deck for relaxing next to a beautiful flower garden w/water feature. Home has attached 1-car garage which was converted into office/gameroom with French doors added - could easily be garage again. A 2-car detached garage provides vehicle storage also. HP only 7 years old.

220 School St.
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 \$116,900



270 Williams St. Mt. Vernon - \$74,900

9371 N. Wilderness Rd. Berea - \$30,000

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Lot 15 Tern Lane Brodhead - 0.93 acre w/septic, water meter & elec. pole set - \$17,000

254 Sue Johnson Rd. - Singlewide & 6+/-A - \$39,000

341 Pleasant View Dr. - Doublewide & 1.21 A - \$69,000

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\$119,000 - With extra 11 A - \$169,000 • 11 Acres only - \$50,000

REDUCED! 2780 Richmond St. - Doublewide & 0.645 A - \$70,000

Notices

Notice is hereby given that Patricia Alcorn, 72 Sycamore St., Brodhead, Ky. 40405 has been appointed Administratrix of the estate of Joyce Ann Bussell. Any person having claims against said estate shall present them, according to law, to the said Patricia Alcorn on or before January 27, 2016 at 9:30 a.m. 32x3

Notice is hereby given that Donna J. Bullock, P.O. Box 536, Mt. Vernon, Ky. 40456 has been appointed Administratrix of the estate of Eva Bettye Bullock. Any person having claims against said estate shall present them, according to law, to the said Donna J. Bullock or to Hon. John D. Ford, P.O. Box 247, Mt. Vernon, Ky. 40456 on or before January 27, 2016 at 9:30 a.m. 32x3

Notice is hereby given that Donna J. Bullock, P.O. Box 536, Mt. Vernon, Ky. 40456 has been appointed Administratrix of the estate of Ernest E. Bullock, Jr. Any person having claims against said estate shall present them, according to law, to the said Donna J. Bullock or to Hon. John D.

Ford, P.O. Box 247, Mt. Vernon, Ky. 40456 on or before January 27, 2016 at 9:30 a.m. 32x3

Notice is hereby given that Danny Hinton, P.O. Box 171, Livingston, Ky. 40445 has been appointed Administrator with will annexed of the estate of Mary A. Hinton. Any person having claims against said estate shall present them, according to law, to the said Danny Hinton or to Hon. William D. Reynolds, 140 West Main St., P.O. Box 1250, Mt. Vernon, Ky. 40456 on or before January 27, 2016 at 9:30 a.m. 32x3

Notice is hereby given that Henry I. Vanzant, P.O. Box 506, Mt. Vernon, Ky. 40456 has been appointed Executor of the estate of Mandy Vanzant. Any person having claims against said estate shall present them, according to law, to the said Henry I. Vanzant or to Hon. John D. Ford, 45 East Main St., P.O. Box 247, Mt. Vernon, Ky. 40456 on or before February 8, 2016 at 11 a.m.

Notice is hereby given that Gregory Webb, 7384 Brindle Ridge, Mt. Vernon, Ky. 40456 is appointed guardian of Tracey Lewis-Hammon, a minor. Any persons having claims against said estate shall present them, according to law, to the said Gregory Webb on or before August 30, 2015.

Notice is given that Dora Faye Rash has filed a Periodic Settlement of her account as guardian of Michael Wayne Bullock II, a minor. A hearing on said settlement will be held August 31, 2015 at 9:30 a.m. Any exceptions to said settlement must be filed before this date. 33x2

INVITATION TO BID

Notice is hereby given that the Rockcastle County Fiscal Court will accept sealed bid proposals for the construction of a storage building at 755 Progress Dr. Mt. Vernon Ky. 40456. Prospective bidders may obtain details at the Rockcastle County Fiscal Court / Bookkeeping Office at 205 East Main St. Mt. Vernon Ky. 40456 (County Courthouse) or by calling 1-606-265-2856. Sealed bids will be received until 4 P.M. Monday September 7, 2015 at the Rockcastle County Fiscal Court / Bookkeeping Office at 205 East Main St. Mt. Vernon Ky. 40456 (County Courthouse). Any Bids received after that time will not be accepted. Bids shall be submitted in a sealed envelope clearly marked on the outside "Sealed bid for CSEPP Storage Building". Bids will be opened and read aloud in the Rockcastle County Fiscal Court Meeting at 1 P.M. September 8, 2015 (Fiscal Court meeting room third floor in Courthouse). Bidders must comply with all applicable Federal and State laws. Successful bidder must supply proof of Workers Compensation coverage and \$1,000,000.00 liability insurance. The Rockcastle County

Fiscal Court has the right to reject any or all bids.

Notice to bidders: It is the intent of these documents to guide bidders in providing a functional Storage Building. Alternate proposals and deviation from these specifications will be considered provided that all deviations are clearly described in the proposal.

Miscellaneous For Sale

For Sale: Propane gas heat stove, \$300. Frigidaire cook stove, \$100. 606-256-8156. No calls after 6 p.m. 32xntf

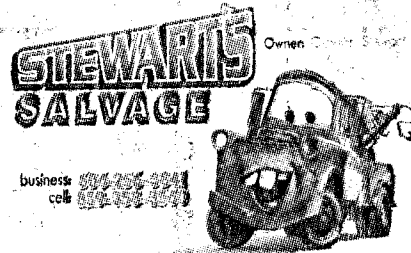
For Sale: Eleven-week-old Jackpoo puppy, non-shedding. Black, very friendly, loving personality. Great companion. Health, shots and wormed. \$200 obo. 606-758-9554. 32x1

Carhartt Medical Uniforms, Asst. colors, for men and women. Napier Brothers Clothing, 35 Public Square, Lancaster. 859-792-2535. 23x12

Red Wing Shoes Headquarters. Also, Carhartt Headquarters. Carhartt Denim Jeans, \$26.99. Napier Brothers Clothing, 35 Public Square, Lancaster. 859-792-2535.

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Make \$1,000 selling your old scrap cars-trucks and farm equipment and machinery. Call 24 hours a day. If no answer, leave message and your call will be returned. 859-358-3560 or 606-256-3841 anytime

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Buck Brown's Backhoe: Septic Tank installer, footers, water lines, general backhoe work. 28 years experience. 606-386-1516 or 606-308-0289. (8/13/15)

Jonathan Collins Remodeling and Repair Service. Home improvements of any kind from doors and windows, painting, new floors, to roofs and decks - will do it all. Any home, any problem. "we're the one to call." 606-308-3533. 26x5

Owens Monument: Located behind Owens Funeral Home in Brodhead. Open Mon-Fri. 8 to 5 and Sat. 9 a.m. to noon. 606-758-9600. 14xntf

Notice: Will haul off or buy scrap metal, junk cars or trucks. Metal hauled for free. 231-6788. 14xntf

Grave Markers & Monuments: In stock at all times. McNew Monument Sales, US 25, 4 miles north of Mt. Vernon. Phone 256-2232.

U Call We Haul! Anything that fits on a truck. Local or long distance. Building - demolition - moving - clean-ups - bushhogging - landscaping. No garbage. 606-256-9222 or 308-1629. 35xntf

Gail's Pampered Pooch 57 West Main St., Brodhead. For appt. call 606-758-0064

Mt. Vernon Lions Club YARD SALE

Sat., Aug. 15th 8 a.m. to ?
1st Christian Church's Shelter
Proceeds go to the club's Scholarship Fund. Receiving donations Friday, August 14th at 4 p.m. at the church. All donations will be appreciated.

Wanted

Wanted To Buy: Christian Family looking for one acre or more of land, suitable for mobile home in the Mt. Vernon or for a house to buy on a land contract. Call 606-386-0635. 32x4p

Wanted To Buy: Your antiques and collectibles. Antique glassware, furniture, quilts, all types of military items, clocks, watches (working or not), pocket watches and wrist watch parts, pocket knives, coins and paper money. All types of gold, silver scrap, cast iron banks, toys, lighters, crock jugs, cast iron skillets, marbles, pocket knives, fishing items, Indian Arrowheads, and much, much more. Also buying partial estates. Over 25 years experience. Call Clarence Reece at 606-531-0467. 47xntf

Motor Vehicles For Sale

2005 Volkswagen Jetta Station Wagon. 123K miles. Good condition. \$3,200. Call 606-256-2604. 33x2p

Yard Sales

Yard Sale: Sat., August 15, 231 Derby Lane, Mt. Vernon, 8 a.m. to 1 p.m. Toddler bicycles, youth golf clubs, shoes, men's clothing XL, maternity, girls and boys clothing, women's clothing (Loft, Gap). Given by Amy Yates.
Big Sale: Formerly Bill's This & That, 860 Richmond St., Mt. Vernon. Friday and Saturday, 8 a.m. to ? Bargains Galore! 606-308-2491.

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CHURCH NEWS

Free Bible Courses

Free Bible Correspondence Course. Send your name and address to 3168 Quail Road, Mt. Vernon, Ky, 40456.

Let the Bible Speak

Tune in to "Let the Bible Speak," with Brett Hickey, on Sunday mornings at 8:30 a.m. on WDKY Fox 56.

Alpha Recovery

Conway Missionary Baptist Church is sponsoring an Alpha Recovery Program, "Everyone in life has to start out somewhere. This is the place that you can have a new beginning in your recovery." The program is held each Friday night at 7 o'clock.

For more information, contact Tommy Dooley or Ray Owens at 606-308-5593.

Philadelphia Baptist Church News

Philadelphia Baptist Church holds a special singing the fourth Sunday of each month.

Homecoming has been scheduled for Sunday, August 23rd, beginning at 11 a.m. Special singers will be The Praise Singers.

Revival

Livingston Pentecostal Holiness Church will be in Revival August 16-19. Sunday service will be at 6 p.m. and Monday through Wednesday at 7 p.m.

Call Bro. Jim Miller at 606-256-1709 for more information.

Praise and Worship Service

There will be a Praise and Worship Service, featuring the Straitway Singers and The Watson Family at the Bread of Life Ministries

on August 15th, beginning at 7 p.m.

The church is located at 75 Big Hill Baptist Church Road in McKee.

For more information, contact Pastor Jeff Hobbs at 859-893-0440.

Singing

Sand Springs Baptist Church will have a Singing on August 22nd at 6 p.m. Featured will be The Praise Singers.

Bro. Eugene Gentry and congregation welcome everyone.

Gospel Singing

United Gospel of Christ Church will have a gospel music singing with Bro. Pete Millett and Friends on Saturday, August 15th beginning at 6 p.m.

Directions: Turn off US 25 at intersection of Wildie Road (1786) Scaffold Cane Road then turn right onto Wildie Road (1786). You'll see a sign that says "Ballard Parsons Hwy" then go 4.5 miles. Church is on the right.

Pastor Buck Baker welcomes all!

Celebrate Recovery

Celebrate Recovery classes are being held every Monday night at 6 p.m. at the Community Outreach Center in Brodhead (next to the Fairgrounds).

The purpose of the ministry is to fellowship and celebrate God's healing power in our lives through the Eight Recovery Principles.

Refreshments at 6 p.m. followed by group lesson or testimony each night. Qualified leaders are available to sign court-ordered papers.

Please call Chris Martin at 606-308-3368 for more

information.

Homecoming

Mt. Vernon Church of God will be having Homecoming Service on Sunday, August 16th. Regular Sunday School will be at 10 a.m., singing at 11 a.m. with the Murphy Family and dinner will be around 12:30 p.m. There will not be a Sunday night service.

Pastor Bobby Owens welcomes everyone to attend.

Homecoming

Homecoming services at Cupps Chapel Holiness Church will be Sunday, August 23rd, beginning at 12:30 p.m.

Preaching will be by Bro. Marlow Napier with special singing by Lori Jarvis and the Napier Brothers.

After church services, there will be a potluck dinner in the fellowship hall.

Pastor Dwayne Carpenter and congregation invite you to come worship and fellowship with us.

100th Year

Homecoming

New Hope First Church of God will have their 100th Celebration of the Church on Sunday, August 16th. The church first began visiting in homes in the community and then brush harbors.

The first church was built in 1928 on 618 on a farm owned by W.B. and Lola Griffin. The second church was built at the present location in 1936. In 1950, the present church was built.

Sunday school will be at 10 a.m., worship service at 10:50 a.m.

Special guest speaker will be Gary Griffith, a former pastor. Potluck lunch after morning service.

There will be an afternoon song service around 1:30 with the Cornerstones.

Come be a part of this great time of fellowship and seeing friends you haven't seen in a while during our 100th celebration.

The church is located at 5875 Hwy. 39S, Crab Orchard.

Through the Years

One hundred years have come and gone

Leaving memories by the score.

So many we have loved and lost

Came walking through the doors.

A lot of things have happened,

To put us to the test,

Like fires and even horses

Oh, yes, and hornets nests.

There's been so many ups and downs

The reward will be so grand

The ones that started New Hope

Are now in Gloryland.

They will always be remembered

They helped a light to shine

As long as there's a little church

On Highway 39.

It wasn't done with just a few

Its history we know well,

But if you'd like a little more

Then you can go ask Belle.

D.J. Crank • 7-2-2015



90th Birthday Celebration...

Thank you to my family and friends and my Fairview Baptist Church Family for the wonderful surprise 90th birthday party given me on Sunday, July 26th. Also, thank you for the cards, gifts and well wishes. Margie Anderkin Malone In the top photo, Mrs. Malone is shown with her cousin, Louise Mullins, second from left and her sister, Mildred McCollum. In the bottom photo, Mrs. Malone and her daughter, Sondra, enjoyed a ride on the 1955 tractor, driven by her nephew Frankie Anderkin. The tractor belonged to Mr. Malone's late husband, Walter, and was recently restored by Mr. Anderkin.



Mamaw's Kitchen

By Regina Poynter Hoskins

CROCK POT CREAMY CHICKEN and VEGETABLES

I don't like the dark meat and Will doesn't like "fighting with his food", so I use boneless chicken breasts, but you can use a whole chicken, cut up, or just thighs and/or drumsticks with skin removed.

2 pounds baby red potatoes, halved

2 pounds baby carrots or regular carrots cut into pieces

1 medium onion, cut half, sliced

3 pounds boneless chicken breasts, skin removed

1 tablespoon seasoned salt

2 teaspoons parsley flakes

1/2 teaspoon paprika

1/2 cup water

3 tablespoons cornstarch

1/2 cup milk

Place potatoes, carrots, and onion in slow cooker.

Mix seasoned salt, parsley, and paprika in small bowl until well blended. Rub spices onto chicken.

Place chicken on vegetables. Pour the 1/2 cup water over all. Cover.

Cook 8 hours on LOW or 4 hours on HIGH.

Mix cornstarch and milk in small bowl until smooth.

Stir into sauce in slow cooker. Cover. Cook another 30 minutes on HIGH or until sauce is thickened.

FRENCH ONION POT ROAST

I once heard neighbor David say that his favorite soup was French Onion. When I decided to make a roast for a summer get-together Will and I were hosting, I wanted it to taste like French Onion soup with roast beef in it.

1 teaspoon each salt and pepper

1 sirloin tip roast or lean chuck, about 3 pounds

2 cans (10 and 1/2 ounces each) condensed French onion soup

1 bag (about 16 ounces) fresh or frozen small white onions

1 red onion, thinly sliced

1/2 cup each shredded provolone and Swiss cheese

1/4 cup shredded

parmesan cheese
Fresh chopped parsley or green onions for garnish, optional
Rub salt and pepper into the pot roast. Put roast, French onion soup, small white onions, and the red onions in slow cooker. Cover, cook on LOW for 8 hours, or HIGH for 4 hours.
Arrange sliced beef on a platter with the onions covering the slices. Sprinkle the cheeses over the onions. Drizzle some of the juices over cheese. Sprinkle with more chives or some chopped parsley, if desired.

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An encouraging word:

The Determining Factor

By Howard Coop



"Why did I do that?" I pondered that question for a long time as I looked back, somewhat regretfully, upon something I had done. Then, after much serious reflection, I answered that question to my satisfaction with: "At the time, I believed that, under the circumstances I faced, I did what was the right thing for

me to do; therefore, without hesitation, I did it."

"I believed..." Those were the important words, and so in that certain situation, I acted. Belief is the acceptance of or assent to something; therefore belief can be anything. So, everyone believes something, and as they believe, they act. Raymond Swing, a well-known journalist of the recent past, said, "So in my book action is the measure of belief." The nihilist believes in rejecting the customary beliefs of morality, the atheist believes there is no God, and the Christian believes there is a God. In everyday life, actions are the result of those beliefs.

In every situation one faces, belief is the one thing of major importance, for it is the key to action. If one believes a situation is important, one does what is necessary to meet that situation head on. On the other hand, if one believes a situation is insignificant, that situation is ignored. In every situation, belief is the determining factor for what one does. That is why T. Cecil Myers said, "We are all theologians in the sense that something is at the center of life for every one of us. That something determines whether life for us will be good or bad, full or empty, satisfying or defeating!" And that something at the center of life is belief. Nathaniel Olsen has been quoted as saying, "What you believe is what you are," and Ward Wheelock in THIS I BELIEVE wrote, "What a man believes and what he does about it---is that man."

Belief is vitally important. It is the determining factor in life. We do what we do because of it.

Upcoming Reunions

Graves/Hayes/Owens Reunion

The Graves/Hayes/Owens Reunion will be held Saturday, Sept. 5th at Blue Springs School Dinner at noon, bring a covered dish.

Marler/McClure Stevens Reunion

You are invited to the Marler, McClure and Stevens Family Reunion on Saturday, September 5th, beginning at 1 p.m. at Sand Springs Baptist Church's picnic shelter.

Come, bring a covered dish, and enjoy a day with us.

All family and friends are welcome. We'll be looking for you.

Carpenter/Kirby Reunion

The families of Tobe and Jane Carpenter and Jerry Kirby are hosting their 19th annual family reunion on Sunday, August 16th at the Russell Acton Folk Center in Berea from 10 a.m. until 4 p.m.

Please come and join us. Bring a covered dish or two, enjoy family and friends.

For more information, call Faye Miller at 859-266-7819.