

Serving Rockcastle County Since 1867

Mount Vernon, Kentucky 40456 • (606) 256-2244 Volume 129 • Number 46 • 50 per copy Thursday, November 12, 2014



## Veterans Day Ceremony held at RCMS

The Annual Veterans Day celebration was held Wednesday at Rockcastle County Middle School. Veterans from across the county attended the event for the meal and the Appreciation Ceremony held in the gymnasium and led by students. Students lined the sidewalks and greeted Veterans by thanking them for their service as they entered the school. Keynote speaker at the event was Colonel Lee G. Hudson, a member of the National Guard and Commander of the Bluegrass Army Depot. Shown above, Arlos and Martha Proctor joined the many Veterans in the food line which was served by students and faculty. Shown at right, Cletus Peters, lifelong resident of Rockcastle County, chatted with fellow Veterans as the food was served. Peters, 89, served in World War II from 1945 to 1947 in the Pacific and went in with the occupational forces. His wife, Gustaava Peters, passed away 30 years ago.



For more information

## Court tables CSX lease agreement

At Tuesday's regular meeting of the Rockcastle Fiscal Court, a CSX joint lease agreement, between CSX, Rockcastle and Madison counties, for the proposed Boone Trace trail area was tabled.

County Judge/Executive Doug Bishop told the court that requirements in the lease that the counties provide \$5 million in commercial general liability insurance and \$1 million for employee liability insurance would have to be researched as to cost. "Personally, I think a better way to go forward is to buy the property from CSX," Bishop said. "I'm reluctant to sign the agreement with the insurance requirements listed," he added.

Bishop did instruct Court Clerk Patricia Martin to check on the insurance costs in question as they would pertain to Rockcastle since the costs would have to be split with Madison County as the property also lies within their county lines.

The discussion was brought on after a powerpoint presentation to the court by John Fox, president of the Friends of Boone Trace, as to his groups plans to make the area at Boone Gap a tourist attraction.

RCIDA Chairman Jason Coguer also presented the court with a \$35,000 check which represents payment

(See "Court" on A-8)

## Livingston Community Thanksgiving dinner is Saturday, Nov. 21st

The Livingston Community Thanksgiving Dinner will be held Saturday, November 21st from 2 to 4 p.m., according to Mayor Jason Medley.

The dinner will be potluck and the city will furnish turkeys, hams and drinks. Everyone is invited to attend the free event and bring a covered side dish.

At Monday night's regular meeting of the Livingston Commission, Fire Chief Chris Mason also told the council that the city's Christmas Parade will

be at 6 p.m. on December 12th with the tree lighting ceremony at 6:30 p.m. There will be refreshments and Santa will be at the firehouse.

The commissioners also heard a report from their police chief Travis Richardson who said that "Livingston was, for the most part, a quiet town." Richardson said he had issued 9 or 10 written warnings and "a bunch of verbal ones." He told the commis-

(See "Dinner" on A-8)

## Brodhead may build new playground at Depot Park

By: Mike French  
Rockcastle County Judge Executive Doug Bishop attended the past two meetings of the Brodhead City Council to present the idea of building a playground at the new park.

Bishop told the council last month that if they were interested in a playground for kids in Brodhead, he and his staff would be willing to seek a grant that may be available to help with the construction.

"It would be a wonderful thing for the kids in Brodhead. It could create a family atmosphere where

parents could be involved with their children," said Bishop. "Not to mention the smiles and laughter it would add to the area."

Several council members expressed concern that vandalism and safety may be difficult to control at a playground area.

Brodhead Mayor Walter Cash told the council that he likes the idea but has some reservations.

"It's very difficult to keep graffiti and destruction of city property under control at a place like that. I am concerned that it would provide some of our more troubled youth a place to

hide or cause problems," said Cash.

Some council members agreed saying that spending monies on something, while knowing it may be destroyed by vandals, may not be prudent.

However, Bishop said he feels local residents should not let vandals dictate a city's behavior.

"This is entirely up to the council. It's just an idea I had to improve the quality of life in Brodhead a little at a time," said Bishop. "But I will say that if we are afraid to grow and expand and beautify our towns because of what vandals and

troublemakers may do, then they have won."

(See "Park" on A-8)

## School board hears middle school report from Principal

—Approves purchase of five new school buses

By: Mike French  
Members of the Rockcastle County School Board were treated to a performance by the RCMS Choir during the regular monthly meeting Tuesday night.

The choir, led by Choir

Director Carrie Hunt, provided an example of their work as a welcome to the school since the board chose to hold the meeting at the middle school.

On the agenda, the board received a request from Chris Cornelius, Transporta-

tion Director, to purchase five new school buses for the county.

Cornelius said three of the new buses will hold 72 passengers and will cost \$87,840 each. There will

(See "Schools" on A-8)

## Phone scams increase in county

By: Mike French  
Phone scams have increased in Rockcastle County in the past two weeks, according to Rockcastle County Sheriff Mike Peters.

The Sheriff's office has been receiving calls over the past two weeks from local residents complaining about calls supposedly from the IRS and Clearinghouse scams asking residents to call them back or send money or give credit information.

"It's a scam. The IRS doesn't call people. They send them an official letter on letterhead," said Peters. "If someone calls you and says they are from the IRS, tell them to send you a letter."

Peters said some of the callers are telling local residents they owe money and try to collect over the phone. Others who call

claim that the person has won money and tries to get their banking information. "If something sounds too good to be true, don't do it," he said.

According to Peters some local residents may have already been scammed by the fake companies.

Officials have been trying to track such scam calls. "We are trying to trace some of the calls and we have called the numbers back but we just get voice mail," said Peters.

According to Peters the scams are going on in other counties as well and sometimes become more prevalent during the holiday season.

If you receive a phone call informing you that you have won money or that you owe money to the IRS, Peters suggests you hang up.



## Honoring Officer Ellis...

A silent hush fell over the crowd of several hundred students, faculty and local bystanders as the funeral procession for Richmond Police Officer Daniel Ellis, who was killed last week in the line of duty, passed RCHS Wednesday afternoon. Principal Jennifer Mattingly brought all students and the RCHS JROTC Color Guard to line Highway 461 in front of the school as officers from across the state joined the long line of those showing respect for the fallen officer. The funeral was held at ECU and all Madison County schools closed for the day. Officer Ellis was buried in Adair County.

## Of Special Note Inside

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## Aces Over

By Mike French



Well the sickness thing has been quite the rollercoaster ride. Since I have no experience with doctors or hospitals, I wonder if everyone goes through this kind of stuff?

When I go into the office and they stick things in my mouth and wrap things around my arm and put a clothes pin-looking thing on my finger, they just don't understand that I have NO experience with doctors and I have no clue what they are doing.

It's a very stressful thing when you are completely dependent on those who assume you already know everything they are doing.

When I first started this coughing up blood and losing weight and pain in my lung, the doctor said it was either cancer or pneumonia. He didn't know which.

So I went on a regiment of antibiotics for two weeks. If the baseball sized thing in my lung got better, we would know it is pneumonia. If it didn't get better we would know it was something else. That was the plan.

So I took the antibiotics for two weeks and had another x-ray. The ball in my lung had gotten much smaller and more broken up and was now a little smaller than a tennis ball.

So, another two weeks of antibiotics. The third x-ray showed the clump had shrunk to barely larger than a half-dollar and all three x-ray techs said it was pneumonia.

Since my doctor wasn't there after the third x-ray, another doctor saw me and he told me I was fine and could go home and didn't need to come back. I was healed.

My doctor's PA put her hand on my knee and told me "It's pneumonia. There's nothing else there, Mike."

Then this Friday, a lady from the hospital called me and asked for my birthdate to confirm that she was looking at the right chart and x-ray. She then told me that she wanted to confirm that my x-ray was clear and I didn't need to come back.

My family jumped for joy. I was overjoyed for my wife, whose first husband had died of cancer with her as his home nurse. It was horrifying for her and the news that I may have it also, nearly devastated her.

But, all was clear. Six individuals at the hospital had told me my lungs were clear and I am healthy.

Then, this past Friday I got another call. The same PA who had told me I was all clear informed me that my x-ray showed a chunk of something in there that does not look good at all and I need a CAT scan with dye.

They had apparently read the wrong x-rays when they told me I was clear.

I argued for quite some time but the lady at the hospital assured me that they were now looking at the right x-ray and they should probably not have taken me off the antibiotics and they were very "concerned about my health and well-being."

So I suppose that this Thursday, (today) I am supposed to have that scan thing done to find out what that clump is in my right lung.

However, since the scan they want to do is \$2,750, I'm not sure whom I should believe. Who is right? The six people at the hospital who told me I am healed, or

(Continued on A-4)

## Points East

By Ike Adams



When Loretta and I were in Letcher County the second week of October, the Mitchell Boys, Mike and Bib, were making apple butter, the likes of which I hadn't tasted in at least 40 years. Apple butter that tasted like the kind my mother preserved in dozens of pint Mason jars every fall was the order of the day.

Their other brother, Mark, had scored a couple bushels of Rome Beauties and Wine Saps from his neighbor there in south central Indiana and he and Bib had brought them down to Red Star to fool around with between times when they were not occupied with activities at Blackey Days. Loretta said it was too bad they weren't selling the apple butter at a booth in Blackey during the celebration because they could have paid for their trip and then some if they had been a little bit more industrious.

As it happened, however, the Mitchell Boys' recipe involved 24 hours of crock-pot cooking and they were rather limited, time-wise, on what they could produce in one trip to Kentucky, but who knows what will happen next year. Suffice to say the apple butter seed has been planted.

Anyway, after going through a pint of the stuff with Nancy's hot biscuits at my brother, Keeter's house on Sunday morning, Loretta and I decided we had to make some ourselves. Nancy is Keeter's wife and sister to the Mitchells which is why she rated her own personal jar of their apple butter. The rest of it was being gobbled up by friends and relatives at her Mom's home where the boys were staying.

We came home and took a drive over to Brummett's Orchard in Crab Orchard, only to discover that it is no longer producing after the deaths of former proprietors, Francis and Rovenna Brummett. It never even crossed our mind to pay the scandalous prices apples fetch in supermarkets. Besides that, we can't find the old fashioned apples required for good apple butter in them anyway and we had our hearts set on a bushel of Grime's Golden's.

Then, one day last week, when we were in Lancaster taking care of other business, Lo allowed, "that little Amish Produce Place we like might have some apples we could use and actually afford to buy by the bushel." So, with nothing better to do, we headed south on 39 to Albert Wyler Road which turns off about 2 miles north of Crab Orchard.

I don't know the names of the business or its proprietor's, but its located about half a mile behind and on the same road as the, very visible from 39, Produce Auction business. You'll see hand painted signs saying "PRODUCE" on the roadside and the building once you get past

the Auction grounds and buildings. And, believe me, if you enjoy fresh, mostly grown on the premises, vegetables and fruit, you will never, ever find better stuff at better prices than you'll find at this little place. We did get his cell phone #, 606-355-7478.

They had squash, cushaws, cukes, potatoes, onions, tomatoes, peppers, honey, molasses, jams and jellies, etc and by far the largest sweet potatoes (think football) I've ever seen.

Loretta asked the gentleman in charge if he had grown the sweet taters and he said, "Well, I put the plants in the ground, and I dug them up, but I didn't have much to do with actually growing them. You can thank the soil and The Good Lord for that."

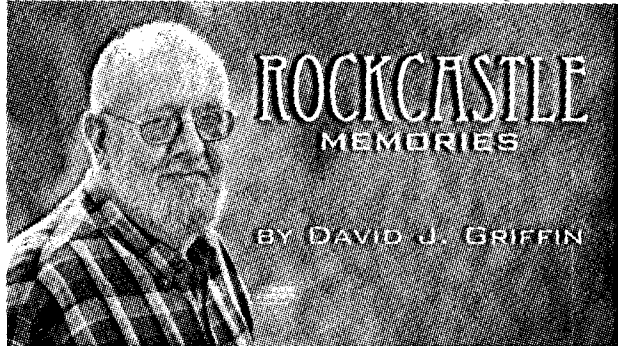
Loretta glanced at me and said, "Remember that the next time you start bragging on what you grew in the garden."

He also had several varieties of apples that, I suspect, came from Casey County. No Grimes Golden, but we sampled a larger variety called Gold Rush that was close enough so we bought a big box that turned out to be well over a bushel for \$16.00! That figures out to less than a quarter per pound if you're doing the math. I also bought half a peck (\$3.00) of Cortlands after sampling one and deciding it was the best eating apple I'd ever tasted.

I ate the Cortlands in 3 days and I'm going back for more which will probably be gone by the time you read this.

In the meantime, I'm waiting for the Mitchell Boys's apple butter recipe

(Continued on A-4)



### Christmas Wish Book

During the 1950's, early November was the time in which I eagerly awaited the arrival of the Sears Christmas Wish Book. Because my mother (Bee) did not adhere to the philosophy that children's Christmas presents were delivered by Santa, she allowed me to search through the catalog to find the toys that I thought were special that year.

Every day I would pester my grandfather (Pop) by asking if the Wish Book had come to our Post Office box. When it finally arrived, he handed me the catalog and said, "Is this what you have been waiting for?" My first memory of being elated at the arrival of the wish book is from 1951, when I was seven years of age.

My pulse rate jumped as I lay down on the living room rug to begin my search. Bee told me to "dog ear" the pages that contained the items I liked best. She also had me mark with a pencil my specific selections. She made sure that I selected several items so that she could pick the two that she wanted to place under the tree.

It took me several days to peruse the Wish Book and make my final choices. These were important decisions, and I wanted to be certain of my picks. Bee then would select her gifts, and she would also tell my grandparents which gift they could purchase for me. Therefore, I really did not know for sure what was going to be under the tree on Christmas Eve with my name on it. It was on Christmas Eve that my family gathered to celebrate the birth of Christ.

When my friends came to visit me during the month of November, I would get out the Wish Book and elicit their advice on which items would make up my Christmas list. The entire process took several weeks in November. Bee gave me a deadline for me to submit my final list: December 1st. That way, she had plenty of time to place the order and receive the goods in time for our celebration.

It was always our custom to assemble at my grandparents' home to celebrate Christmas on the day before the actual holiday. This was done primarily so that other members of our family could be with their spouse's families on Christmas day.

Our group included: Bee, Pop and Mommie, Albert and Eva (and eventually their girls), Aunt Ruth and Uncle Charles and their daughter, Janis, and me. The guests always arrived late in the afternoon but in plenty of time to visit with one another before Mommie Katie announced that it was time to gather at the table to say Grace.

After the meal and the desserts, we all moved into the living room where the presents were stacked under the tree. Mommie Katie always had one of us read the story of the birth of Christ from her Bible. Then one of the children was selected to hand out the gifts, one at a time, so that everyone could see what each person received and from whom.

I remember that it always seemed to take a long time for all of the gifts to vacate their spots under the tree. Not that I really cared about how long it took, because I had been waiting a

(Continued on A-4)

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# Obituaries



**Terry Bullock**

Terry Bullock, 59, of Somerset, died Thursday, November 5, 2015 at Lake Cumberland Regional Hospital. He was born April 14, 1956, in Berea, to Ethel Magdalene Bentley Bullock and the late Russell Gene Bullock. He was a mechanic for C.J. Express Lube in Somerset.

He is survived by: his mother, Ethel Bullock of Richmond; children, Shawn (Mary) Reed of Lancaster, Kasheena Rose Bullock of Eubank, Dylan Dakota Bullock of Eubank, and Michelle Rowe of Somerset; a brother, Ronnie Lee Bullock of Stanford; three sisters, Barbara Conley of Richmond, Kathy Isaac of Louisa, and Karen Jones of Woodstock, GA; six grandchildren, Samantha Sparks, Sydney Reed, Jarrod Reed, Kendra Rowe, John Tyler Rowe and Austin Rowe; and many nieces, nephews, friends and neighbors.

Along with his father, he is preceded in death by: his wife, Sherry Wallin Bullock, who he married on September 15th, 1984 and passed away on August 26, 2012; and a sister, Kristina Bullock.

Funeral services were held Sunday, November 8, 2015 at Cross Connection Church with Bro. Brian Sawyers officiating. Burial was in the Poplar Grove Baptist Church Cemetery. Lake Cumberland Funeral Home is entrusted with the arrangements.

You are welcome to view the obituary and send condolences to the family at our website: [www.lakecumberlandfuneralservice.com](http://www.lakecumberlandfuneralservice.com)



**Shirley Clark Bullen**

Shirley Clark Bullen, 77, of Berea, died Sunday, November 1, 2015 in Williamsburg. She was born in Climax in Rockcastle County on November 10, 1937, the daughter of Nathan and Katherine Sexton Clark. She was a retired factory worker for Parker Seal, a member of Wildie Christian Church and also attended Berea Church of God. She enjoyed sewing, crocheting, gardening, birdwatching and fishing.

She is survived by: one son, Stephen Gary (Jan) Bullen of Apex, NC; one daughter, Marcia Bullen (Wayne) Bird of Williamsburg; two sisters, Vira Dailey of Green Hill and Brenda Merritt of Wildie; seven grandchildren, Nathan and Lindsey Bullen, Elisha and Mark Scales, Erin Bullen, Stephen Wayne and Leanne Bird, Michael Bird, Haley Katherine Bird and Kim and Ricky Shephard; five great grandchildren; and two great great grandchildren.

Funeral services were conducted Friday, November 6, 2015 at Dowell & Martin Funeral Home Chapel by Bro. Gary Pettyjohn. Burial followed in the Clark Cemetery. Pallbearers were: Nathan Bullen, Michael Bird, Butch Ramsey, Anthony Coffey, Mark Scales and Stephen Bird.

Please visit [www.DowellMartin.com](http://www.DowellMartin.com) to view online obituary.



**Mary Lee Mabels Houk**

Mary Lee Mabels Houk, 58, of Brodhead, wife of Earl Houk, died Friday, November 6, 2015 at Rockcastle Regional Hospital. She was born in Clairborne County, TN, a daughter of the late Willie and Julia Norton Mabels. She was of the Penetcostal faith, a homemaker and caregiver. She enjoyed knitting and taking care of others.

She is survived by: her husband of 38 years, Earl Houk; three children, Jennifer Lynn (Roy) Bullock of Sand Springs, Cathy Denise Houk (Jason Gregg) of Wildie, and Johnathon Earl Houk of Brodhead; and four grandchildren, Savannah Faye Wilkerson, Casaundra Lee Wilkerson, Adam Ryan Bullock and Matthew Steven Bullock. Also surviving are: six brothers, Esco Mabels, George Mabels, Buster Mabels, Dave Mabels, Oscar Mabels and Willie Mabels, Jr.; four sisters, Ruby Davis, Margie Baird, Hazel Spurlock and Bonnie Mabels; and a host of nieces, nephews, friends and neighbors.

Besides her parents, she was preceded in death by a brother, Chester Mabels.

Funeral services were held Sunday, November 8, 2015 at the Marvin E. Owens Home for Funerals Chapel with Bro. Randal Adams officiating. Burial was in the Mareburg Cemetery.

Casketbearers were: James Houk, James Mabels, Mike Surber, Ethen Mabels, Josh Childs, Jesse Owens and Derrick Mabels.

In lieu of flowers, the family requests donations be made to her burial fund in care of the Marvin E. Owens Home for Funerals, P. O. Box 658, Brodhead, KY 40409

Condolences can be made at [www.marvineowensfuneralhome.com](http://www.marvineowensfuneralhome.com)

**Burdis Ray Hampton**

Burdis Ray Hampton, 72, of Erlanger, died Sunday, October 4, 2015 at the Santa Rosa Health and Rehabilitation Center in Milton, FL. He was born in Rockcastle County on April 15, 1942, the son of Charles and Mary Thomas Hampton, Jr. He was a retired factory manufacturing worker.

He is survived by: his son, Tony (Tonya) Hampton of Milton, FL; his wife, Margie Hampton of Cincinnati, OH; and a sister, Wanda Banks of Ohio. Also surviving are six grandchildren, Hannah, Hallie, Sophie, Brody, Noah and Zoey.

Graveside services will be conducted Sunday, November 15, 2015 at 1 p.m. at the Maple Grove Cemetery by Bro. Jack Stallsworth.

Local arrangements are by Dowell & Martin Funeral Home. Visit [www.DowellMartin.com](http://www.DowellMartin.com) to view online obituary.

**Flossie Bishop**

Flossie Bishop, 60, wife of Ernie, of Brodhead, KY, died Tuesday, November 10, 2015 at the Rockcastle Regional Hospital.

Arrangements are in complete and have been entrusted with the Marvin E. Owens Home for Funerals. [www.marvineowensfuneralhome.com](http://www.marvineowensfuneralhome.com)

## For Underprivileged Cash Express collecting toys, canned food, coats

In this time of economic stress and uncertainty, many people need help. For the eleventh consecutive year, Cash Express, on Hwy. 150 in Mt. Vernon, is collecting toys, canned food and coats for the underprivileged. Cash Express has teamed with Operation Give Hope; a ministry of compassion to the people of Rockcastle County, to distribute these items. Anyone in need of help can contact Katheryn Pope at 606-256-4571 with your request.

Anyone wishing to drop off these items can do so at Cash Express, 315-A US Hwy. 150 in Mt. Vernon or Rockcastle County Middle School on Saturday, December 19th. Used coats will be cleaned by Cash Express.

Historically, the response from the local community has been heartfelt and with open arms. The generosity of the community continues to show what the true meaning of Christmas is.

During the last ten years, the Cash Express toy, canned food and coat drive, has helped hundreds of thousands of families in the states of Kentucky, Tennessee, Mississippi and Alabama. For more information, call Cash Express at 606-256-0886.

## Remember Veterans

We should always be thankful and remember All our Veterans everyday, January thru December.

Our Veterans fought for our freedom and rights, Soldiers hungry, tired, scared and sleepless nights.

Our Veterans, no matter the situation, had to fight Standing for the USA, fighting with all their might.

Veterans fought in the heat, the cold, the rain, sleet and snow

Stop and remember, salute the Veterans you know.

If you were called to be a Veteran today, Would you be willing to go to a land far away?

Would you wonder if you would be spared, A day, a week, a month, or maybe wonder if anyone cared.

All of you who are wasting precious time in our life, Remember a Veteran, his pain and all his strife.

He never had the choice of being with family to rejoice The Veteran was fighting day and night for our freedom of choice.

Or are you wasting an opportunity because you got caught?

Not honoring your freedom and setting your standards high.

Do you realize that the end is now drawing nigh?

You are blessed with life and still on earth, Christ died for your eternal life, and the soldier died for your freedom's birth.

Remember the Veteran never took the easy way home, Are you a Veteran, a soldier, a disciple or just one that groans?

Thank you Veterans from the bottom of my heart For the sacrifices of the many battles you were a part.

God's blessings to each of you, and God Bless America, Too!!

Written by: Bernice Beasley

In Memory of James A. Beasley and in honor of his son, Roy A. Beasley



**James A. Beasley**  
USA Army  
World War II Veteran



**Roy A. Beasley**  
USA Army  
Vietnam Veteran

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The Mt. Vernon Lions Club winners for the Lions International Poster Contest are pictured front row, from left: Holly Chadwell - 3rd place; Makaylah Bullock - 2nd place; and Lindsey Robinson - 1st place. Back row, Lions Club members from left: Sandy Dowell, Brenda Kendrick and Jennifer Hand. The Lions International Peace Poster Contest encourages children, ages 11-13 to creatively express what peace means to them. The 2015-16 theme is "Share Peace."



Lions Club member Tom Darst and club president Bill Dowell are shown with a couple of the Lions that are being placed in various yards in Mt. Vernon. To get the lions removed, property owners are being asked to make a donation to the Lions eyeglasses fund.

### Lions are visiting Mount Vernon

If you look out in your front yard and see a Pride of Lions residing there, you are being solicited for a donation to the Mt. Vernon Lions Club's eyeglasses fund.

Instructions are included with the lions as to how to make a donation, if you choose to, and you get to pick someone else to get a "visit" from the lions.

All money raised goes to the Lions Eyeglass Fund used to buy glasses for those in need.

### "Memories"

(Cont. from A2)

whole year for this special occasion. I wanted it to last as long as possible. As soon as the last gift was opened, the young folks (like me) opened our toys and played with them on Mommie's living room rug. Occasionally, we had to ask one of the grown-ups to assist us with the assembly of our toys. Uncle Charles and Albert were good at that chore.

My memory of that night would last until the next November rolled around, when the process would start all over again. Like countless other children, Christmas was always my favorite time of the year.

Maybe it is just my own personal perception, but I do not recall the holidays being a time of stress back then. Actually, things were kept pretty simple, and everyone seemed to actually enjoy the planning and preparation involved. Christmas was an enchanting time of the year, and one in which we delighted in being together. But of course I see those times through the eyes of a child - and what child doesn't love Christmas?

*(You can reach me at themtman@att.net or you can drop me a line at 2167 Furnace Road - Stanton, KY 40380. I appreciate your comments and suggestions.)*

### "Points East"

(Cont. from A2)

before starting to peel the Gold Rush bonanza. I know it calls for 8 cups of sliced apples, 4 cups of white sugar, 1 cup of brown sugar, 2 tbs. cinnamon, 1/2 tbs ground cloves but I don't know how to process the ingredients and I'm looking to quadruple the recipe two or three times and my kids better start thinking about apple butter. That's what they'll be getting for Christmas.

### "Aces"

(Continued from A-2)

the lady who is telling me I am not?

I'm not coughing up blood anymore and I am not still losing weight. But something is in there because it still hurts. Unless that's the scaring from the pneumonia.

Anyway, my wife suggests I go do the scan thingy and worry about the \$2,750 that I don't have later.

Apparently those who set prices for such things are not aware of the similarities between a newspaper person, a banjo player and a homeless man. None of us have money.

The one sentence you

will never, ever hear in your life is, "Oh, here comes that banjo player in his yacht."

Anyway, I guess I'll go do the scan and see what happens. Chances are they will tell me I am fine and it was a false alarm and then call me the next day to tell me they have good news and bad news. The good news is that I have a week to live. The bad news is they were supposed to call me last week to tell me that.

Anyway, I wish doctors and nurses would tell you what they are doing before they do it to you.

This dye stuff for ex-

ample is supposed to be "harmless." But, of course, I remember the day very clearly when doctors came on my television set and told me that smoking cigarettes was good for me.

I'm not sure pumping chemicals created in some lab through my veins is a healthy thing. In fact, I've done may stories about people shooting chemicals in their veins and the local sheriff assured me they were illegal and deadly.

Here's praying that all is okay. But either way, It's not my decision. After all, I can't number the hairs on my head nor set my appointed time.

## Rockcastle Community Bulletin Board

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#### Bookmobile Schedule

Mon., Nov. 16th: Spiro, Level Green, Willailla. Tues., Nov. 17th: Ottawa and Bee Lick. Wed., Nov. 18th: Wayne Stewart Center, Day Health/Senior Citizens, Cave Valley Apts.

#### PVFD Fundraiser

Pongo Volunteer Fire Dept. will hold a fundraiser Saturday, November 7th from 5 to 8 p.m. It will be a pig roast with potato salad, baked beans, cole slaw and dessert for \$7 a plate. All you can eat. Please come.

#### CVFD Turkey Shoot

Turkey Shoot on Saturday, November 21st beginning at 10 a.m.

#### LVFD Turkey Shoot

The Livingston Volunteer Fire Dept. will hold a Turkey Shoot on Saturday, Nov. 21st and Sat., Nov. 28th, beginning at 11 a.m. at David Mason Garage on US 25 at Pine Hill.

#### Diabetic Support Group

Rockcastle Diabetic Support Group will meet for our annual holiday meal on Monday, November 16 at 6 p.m. at the Rockcastle Co. Health Dept. Please bring a healthy side dish to share and holiday recipes that are diabetic friendly.

#### KPR To Meet

The Cumberland Valley Chapter of the Kentucky Public Retirees (KPR) will meet Tuesday, Nov. 17th at the Golden Corral Restaurant (next to Wal-Mart) in London. Mealtime will begin at 11:30 a.m. with the meeting to follow. Guest speaker will be Sarah Zeller from the Kentucky Center for Economic Policy in Berea. Any retiree (and their spouse) receiving retirement benefits from KERS, CERS or SPRS is welcome to attend. Membership information will be available at the meeting or on the website (kentuckypublicretirees.org). For more information, call 606-877-0079.

#### Shop With A Lion

Mt. Vernon Lions Club is soliciting donations for their annual Shop With A Lion project. The project allows underprivileged children to have a shopping trip to Wal Mart for Christmas. Donations may be given to Mike Debord, 606-308-4844 or at the Sheriff's Department by December 5th. Help us make it a great Christmas for these children.

#### Service Officer Available

A certified ad trained State Service Officer will be at the London DAV building on East 80, behind Valero Truck Stop, on Nov. 17th from 9 a.m. to noon, or longer, to assist all veterans and their dependents with VA claims. DAV does not charge for this service. For more information, call 606-862-0032 or 606-877-1308. If no answer, leave a short message.

#### Alpha Recovery

Alpha Recovery, a program promoting freedom from addiction, not a life long struggle with drugs, alcohol or anything else, meets each Saturday from 3 to 4 p.m. at Chestnut Ridge Church of God in Mt. Vernon. The group is led by Ray Owes and Tommy and Gina Dooley. "The past does not have to be your prison. You have a voice in your destiny. You have a choice in the path you take." Max Lucado For more information, call 606-308-5593.

#### Celebrate Recovery

Celebrate Recovery classes are held every Monday night at the Community Outreach Center in Brodhead. Celebrate Recovery is a 12-step Christ-centered program and is a safe place to share and begin healing from all hurts, hang-ups and habits. Meal at 6 p.m. Music 6:45 p.m. Large Group 7 p.m. Signatures available for court, probation and snap. For more information, please call Chris Martin 606-308-3368.

#### DAR Meetings

The Rockcastle Chapter of the Daughters of the American Revolution meets the first Monday of each month, September-May at 6 p.m. at First Christian Church in Mt. Vernon. All prospective members are welcome to attend.

#### Brodhead Lodge Meeting

The Brodhead Masonic Lodge #566 meets every third Saturday at 7 p.m. on Main Street in Brodhead above Brodhead Pharmacy.

#### Alcoholics Anonymous

Alcoholics Anonymous meets Tuesday nights at 8 p.m. behind Our Lady of Mt. Vernon Church on Williams St. in Mt. Vernon.

#### Kiwanis Club Meetings

The Rockcastle Kiwanis Club meets every Thursday at noon at the Limestone Grill. Everyone is invited.

#### Historical Society Hours

The Rockcastle Historical Society is open on Mondays from 10 a.m. to 2 p.m. in the RTEC garage building.

#### American Legion Post 71

American Legion Post 71 meets the second Thursday at 6 p.m. of each month at the Limestone Grill. Commander Tommy Hodges invites all Rockcastle veterans to join this organization that honors American soldiers, sailors and airmen.



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### Marlene Lawson, Agency Mgr.

Shelly Mullins - Agent • John Lawson - Agent

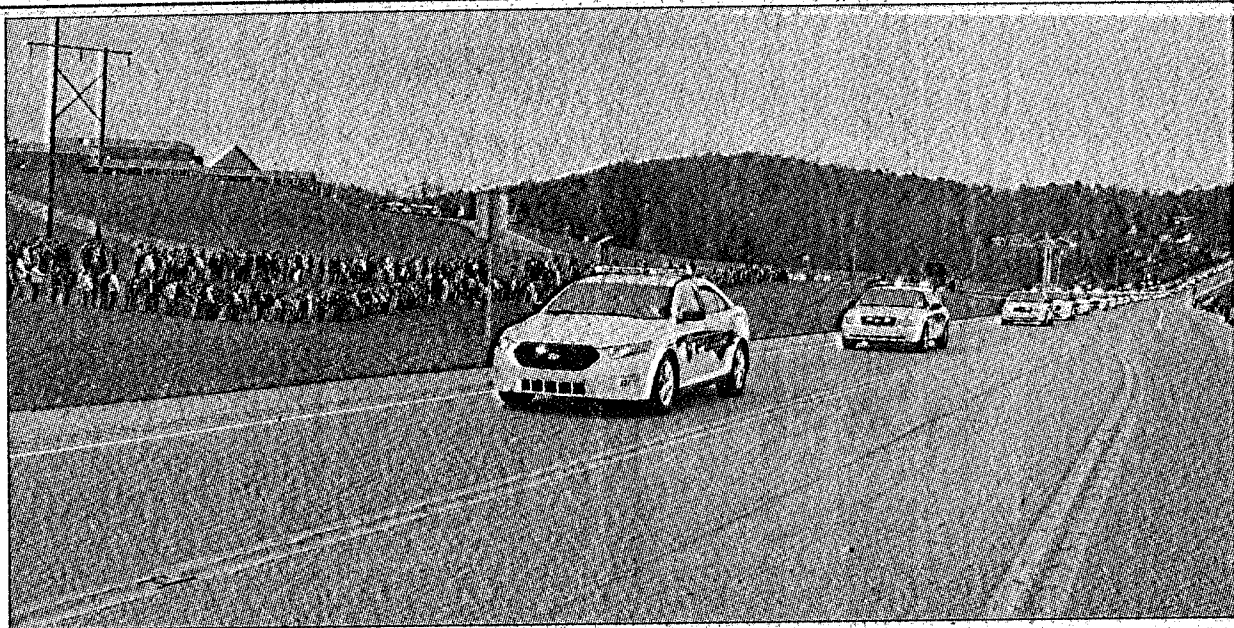
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For over 25 minutes police cars drove past the Rockcastle County High School in the funeral procession for fallen Richmond Police Officer Daniel Ellis Wednesday. Students left classes to line the highway in a show of respect and the RCHS JROTC Color Guard stood at attention during the entire procession. Rockcastle County Schools were delayed releasing students for forty-five minutes until the procession finished.

## Don't let cold weather delay energy saving home upgrades

(StatePoint) Think you missed this year's season to make energy efficient exterior upgrades? Many homeowners are reluctant to start exterior remodeling improvements in the cooler months because they worry about the potential to let in a draft during the installation process. In reality, this is one of the times of year you will most feel the impact of an upgrade to energy-efficient windows, doors and insulated siding, and the remodeling can be done with minimal impact on the comfort of your home.

Here are a few reasons not to delay:  
**Timing**  
 Winter can be an ideal time to initiate upgrades. By taking care of your project now, you avoid the busier

spring season. Plus, the sooner you make enhancements that increase efficiency and comfort, the sooner you can reap those benefits. Why let another winter pass you by feeling chilly in your home and paying for wasted energy?

**Installation Process**  
 Innovations in home remodeling are making year-round upgrades easier than ever. For example, Window World, America's largest exterior remodeler, can use one-to-one window and door installation methods, meaning one unit is replaced at a time. By fully sealing the perimeter inside and out using caulk designed to withstand temperature extremes, installation professionals can minimize a home's exposure to the elements during the replacement process.

**Superior Products**  
 The U.S. Department of Energy estimates that nearly 50 percent of a household's annual energy consumption goes to heating and cooling. The right exterior updates can offer curb appeal while also keeping your home comfortable.

Today's highly efficient window systems can provide substantial savings for your home. Check out new technologies, such as SolarZone Low-E Glass, which uses a microscopic, metallic coating on the interior surface of an insulating glass unit. This coating keeps your home warmer in the winter and cooler in the summer. Such glass packages also include features like Argon gas between the glass lites, which has a low thermal conductivity and high density, making it an ideal insulating agent.

Another efficient enhancement you shouldn't delay is insulated siding. It provides a thermal barrier

between you and the outside elements, helping to lower energy bills throughout the year. In addition, the insulative backing improves durability, minimizing the appearance of common dings.

Lastly, entry doors can be beautiful, durable and high performing. For example, the fiberglass doors offered by Window World provide considerable insulating improvement over wood. While maintaining the aesthetic appeal of traditional doors, the long-lasting materials stand up to severe conditions to create an exceptional barrier to the outdoor elements.

Don't wait until the birds are chirping and the flowers are blooming to improve home comfort. Enjoy your home in winter and summer alike, with an environment that's as comfortable and efficient as it is beautiful.

To learn more about energy efficiency and high-quality exterior products, visit [www.WindowWorld.com](http://www.WindowWorld.com).

## Cost-effective ways to heat your home

(StatePoint) When keeping your home warm becomes a top priority, utility bills can get pricey. But upgrades featuring new technologies and heating strategies can help lower costs comfortably -- plus these changes can also help make your home more environmentally friendly.

**Zone Heating**  
 A central furnace cycles on and off several times an hour, heating your entire house, including unoccupied rooms. But supplemental heating products can warm the living areas that your family occupies most, allowing you to turn down the thermostat for the central furnace.

This practice can save up to 40 percent off your heating bills, according to an American Council for an Energy Efficient Economy report. Instead of a utilitarian space heater, consider alternative zone heating tools, such as fireplaces, stoves and fireplace inserts, which look great and add ambiance.

**Wood Stoves**  
 In addition to adding ambiance, new innovations are making wood stoves a more convenient way to stay warm this winter. For example, the Quadra-Fire Adventure II is the first wood stove that maintains a room's temperature via a programmable thermostat and tells you when to add more wood. Plus, its four-point burn system produces intense rolling flames for powerful and efficient heat, so warming your home can be as simple as loading the wood, lighting the fire, and walking away -- and it can reduce home heating costs by up to 50 percent.

And unlike fossil fuels, wood is a renewable energy source. Burning wood completes the last step of the natural carbon cycle of trees, resulting in a zero net carbon impact on the environment. More information about the benefits of heating your home with wood stoves can be found at [www.quadrafire.com](http://www.quadrafire.com).

**Annual Maintenance**  
 Annual maintenance to your heating system and home can ensure you get the best bang for your utility buck. Have your heating system serviced for optimal performance. You can also change the filters yourself and should do so periodically.

Seal drafts and ductwork so you don't waste warm air. And remember that not all weatherstripping lasts forever, so inspect doors and windows and reapply if necessary.

With these tips, it's possible to affordably and comfortably heat your home this season.

## Give family and friends gifts from Arbor Day

Celebrate this year's holiday season with friends and loved ones while supporting conservation and tree planting with the help of the Arbor Day Foundation.

• Returning for the seventh season in a row, Give-A-Tree cards from the Arbor Day Foundation offer a unique holiday giving opportunity with conservation benefits that will endure for generations. And again this year, Give-A-Tree cards can be purchased individually and with customized text. Cards can be purchased for \$5.95.

• Purchasing the Arbor Day Foundation's coffee helps preserve rain forests in Central and South America. The Foundation's coffee, a part of the Rain Forest Rescue program, is shade-grown under the canopy of Latin American rain forests. Unlike sun-grown coffee plantations, this traditional, shade-grown method gives the coffee a rich and delicious flavor. Each bag helps preserve 2 feet of rain forest. Cost per bag is \$13.49, including shipping.

• The Foundation's Trees in Celebration program allows the giver to honor loved ones while supporting crucial conservation efforts. For each dollar donated, one tree is planted in a high-need forest, and recipients are given a certificate showing them where the trees were planted.

• Give the gift of membership with the Arbor Day Foundation and recipients will be sent 10 free trees, which will be shipped at the right time of year for planting. Membership levels vary and begin with a \$10 contribution.

"The holidays are a time for thinking about others, and as you do, take a moment to think about what you can do to protect the beauty and splendor of the earth," said Matt Harris, chief executive of the Arbor Day Foundation. "We encourage everyone to give gifts that will have a lasting impact for generations to come."

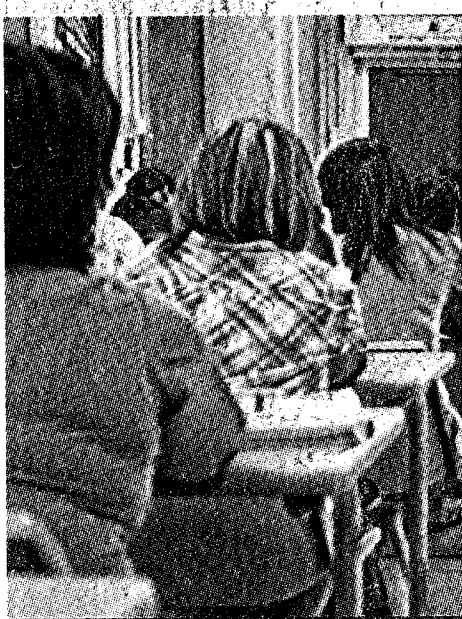
To purchase holiday gifts that give back to the planet, visit [arborday.org](http://arborday.org).

**Rockcastle Chapter DAR**  
 Now Taking Pre-Sale Orders  
*Hidden Among Us • The American Revolutionary War Soldiers of Rockcastle County*  
 This is a 143 page softbound book containing Rockcastle's American Revolution Patriots and the battles that they fought. Pre-publication orders are now being taken and the cost will be \$15.00. The cost will be \$20.00 after publication. 100% of the proceeds will go towards purchasing a military monument for Rockcastle's Patriots to be placed at the courthouse.  
 By Karen Hamm Adams  
 Please mail check payable to  
 KSDAR Rockcastle Chapter and send to:  
 Karen Adams  
 4064 Kenesaw Drive • Lexington, KY 40515  
 Or call (859) 273-9015

**ON-SITE ABSOLUTE Auction** of Mrs. Mattie Gover's  
 134 acres by Survey • Timber & Wildlife  
 Saturday, November 14, 2015 - 10 a.m.  
 Near Crab Orchard, KY  
 Directions: From Crab Orchard, turn off 150 on to Hwy 39. Follow 39 for approximately 2 miles. Turn on Turkeytown Rd. Go approximately 3/10 mile to property.  
 Auction will be held at entrance of Turkeytown Rd. site. The property fronts 39 and Turkeytown Rd. This property has a barn and old house (not inhabitable). The property has some pastureland but mostly woods. This could easily be cleared and make a productive farm. In addition, there's marketable timber. Further, if you want to leave it intact, it's an ideal hunting preserve with an abundance of wildlife.  
 Auctioneer's Note:  
 Mark your calendar for Saturday, November 14th at 10 a.m. Bid last and buy!  
 Term: 20% down day of sale with balance due within 30 days.  
  
 AUCTIONEER: SAM FORD  
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**ABSOLUTE ONLINE Auction** of 7 Prime Building Lots Lear Crest Subdivision Brindle Ridge, Rockcastle County  
 Bidding Ends Thursday, November 12, 2015 - 6:30 p.m.  
  
 DIRECTIONS: Take 1505 out of Brodhead. Go approximately 3 miles to Lear Crest Subdivision. 20 minutes from Berea.  
 Please visit [www.fordbrothersinc.com](http://www.fordbrothersinc.com) for complete terms and conditions.  
 For a copy of the plat or any questions, please call our office at (606) 256-4545 or (800) 435-5454 or stop by our office at 135 US Hwy 25 S., Mt. Vernon, KY.  
  
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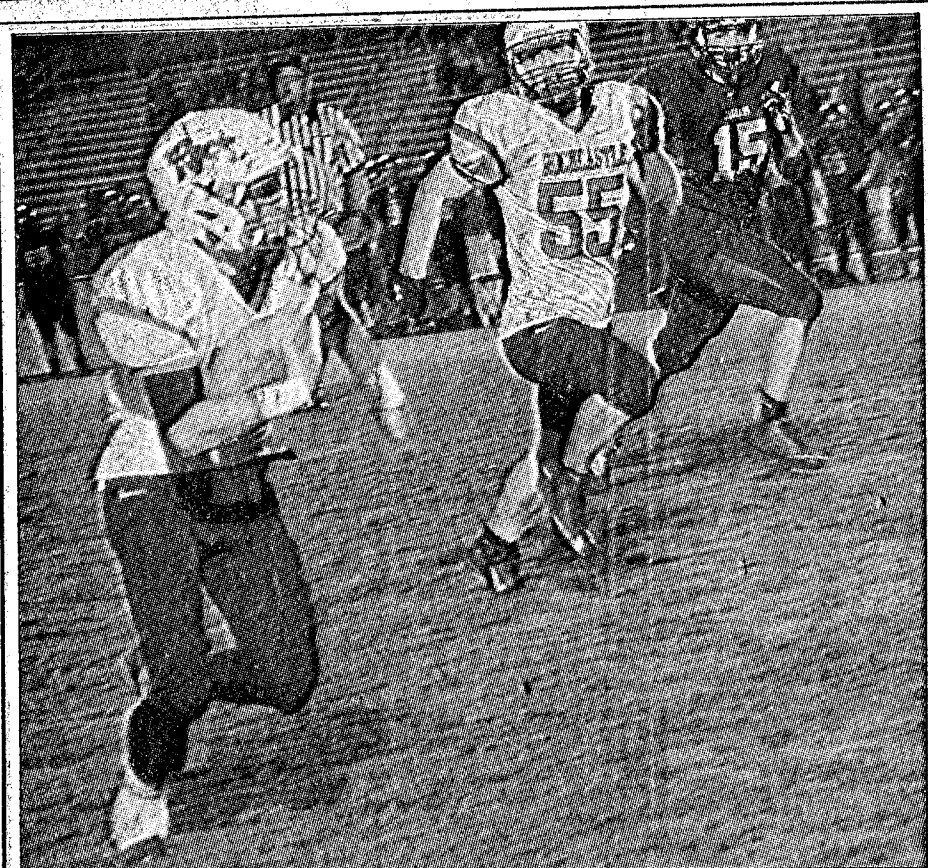


Eastern Kentucky University is seeking students to begin college classes in Mt. Vernon up to three evenings each week. We will be in Mt. Vernon to meet with students to describe the classes that will lead to an associate degree in General Studies on:

— Date —  
 Tuesday, November 17, 2015 from 5:00 - 7:00  
 — Location —  
 Rockcastle Adult Education/College and Career Readiness Center (next to RCMS)  
 955 West Main Street, Mt. Vernon, KY 40456

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Junior Dalton Rowe had five carries for 21 yards in the Rockets win over East Jessamine last Friday night. Also pictured is #55, Logan Coffey. Coffey had three solo tackles on the night for the Rockets.



Sophomore Brent Lovell picked up 154 rushing yards for the Rockets on only 10 carries and scored three touchdowns. The Rockets look to avenge a regular season loss to Wayne County this Friday night as they take on the Cardinals in the second round of playoffs.

## Rockets win first play off game; defeat Jaguars 33-8

Sophomore Brent Lovell picked up 154 rushing yards and scored three touchdowns for the Rockets in their 33-6 rout of the East Jessamine Jaguars Friday night, in the first round of the playoffs, at East Jessamine.

The Rockets received the opening kick-off and, two plays later, Lovell sprinted 62 yards for his first touchdown of the night, with only one minute and two seconds gone off the game clock. Junior Dalton Rowe's PAT was good and the Rockets were ahead 7-0.

The Rockets next score came at the very beginning of the second quarter. After forcing a turnover on downs on the Jags 19 yard line, Lovell got a first down out to the 32, followed by a first down by quarterback Chayse McClure to East Jessamine's 45. A pass to junior Isiah Mercer gave the Rockets a first down on the Jaguars 30. A facemask penalty against the Jaguars made it first and ten on the 12 and three plays later,

Lovell went in from the one for his second score of the night. Rowe's PAT was again good and the Rockets were up 14-0 at the 11:36 mark of the second quarter.

An incomplete pass, off a fake punt, by the Jaguars on fourth and 17 gave the Rockets the ball on the Jags' 40. On fourth and nine, McClure scrambled for a first down to the 29 but the Rockets then turned the ball over on downs to the Jags. However East Jessamine had to punt the ball away. On this drive, it was fourth and three for the Rockets when the Jags jumped offsides and gave the Rockets a first down on the Jags 32. Three plays later, McClure found junior Michael Thomlinson for the touchdown with 50 seconds left in the first half. This time, the PAT was no good but the Rocket was up 20-0 at halftime.

In the third quarter, after an exchange of possessions, Lovell picked up his third touchdown of the night off a 71 yard run at the 3:31 mark to make it 26-0. The Rocket's two point conver-

sion attempt failed.

The Jags were in possession of the ball early in the fourth quarter a pass interference call against the Rockets gave the Jags a first down on the Rockets 34 and, an offsides penalty against the Rockets made it first and five for East Jessamine. Two plays later, following a 24 yard pass by the Jags quarterback, East Jessamine had the ball on the Rockets one yard line from which they scored. Their two point conversion was good and it was 26-8.

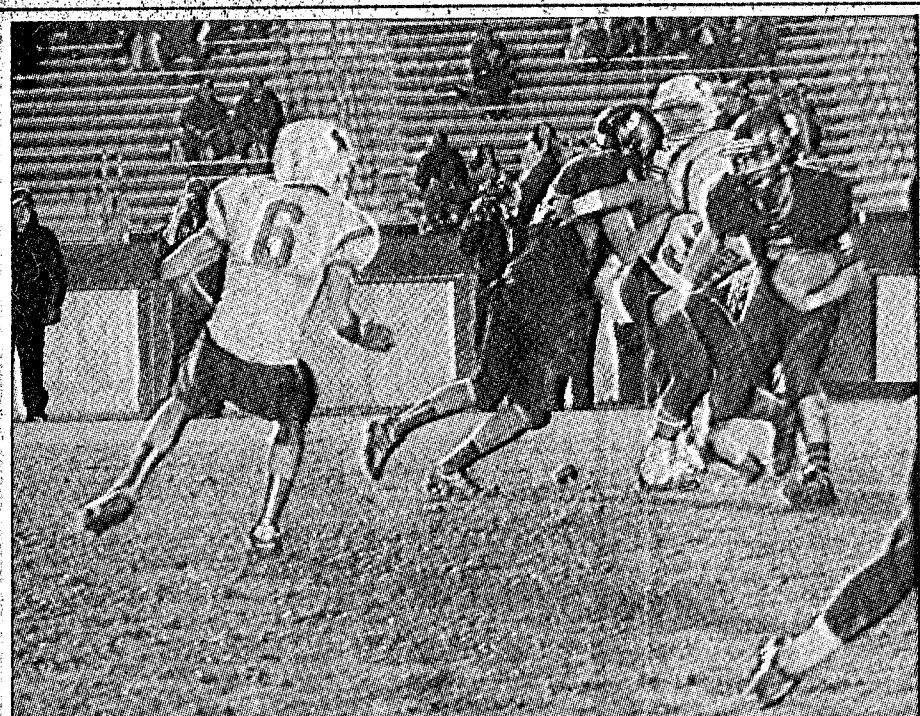
The Rockets answered with their final score of the game at the 3:38 mark when McClure found senior Dakota Bishop for the touchdown. The PAT was good and it was 33-8 for the final score.

The Rockets are now 5 and 6 on the season.

The next playoff game for Rockcastle will be at Wayne County Friday night at 7:30 p.m.

### Statistics

Offensively, the Rockets  
(Cont. to A10)

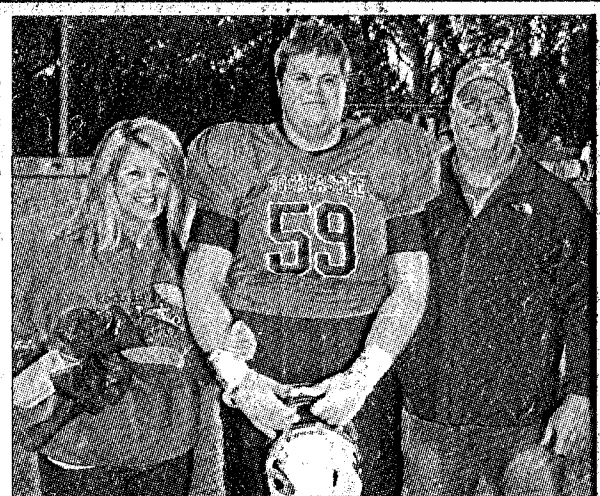


Junior Michael Thomlinson prepares to put a stop on an East Jessamine runner in the Rockets 33-8 playoff win last Friday night. The Rockets now travel to Wayne County this Friday. Game time is 7:30 p.m.



Junior Isaac McClure puts defense on a Jaguar receiver during the Rockets first round playoff win last Friday night. The Rockets beat East Jessamine 33-8.

**Rockets play Friday at Wayne Co. Game time 7:30 p.m.**



Rockcastle County High School honored the senior members of the football team and Marching Rockets during the final home game against Lincoln County. Shown above is senior Hunter Hines, escorted by his parents, Ralph and Angela Hines.



Aaron Pevley, escorted by his mother, Priscilla Napier Pevley and his aunt, Beatrice Collins.



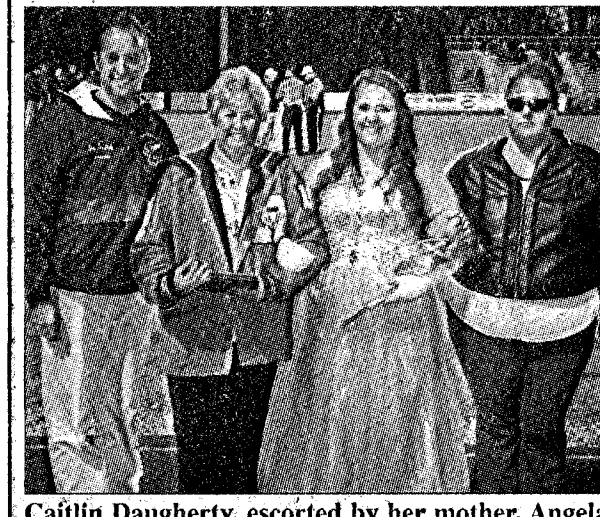
Senior Dalton Cole, shown with former assistant coach Tony Saylor.



Samarah Lovins, escorted by her mother, Angie Mink and father, Jack Lovins.



Jay Imalde, escorted by his mother, Shoko Bell of Tokyo, Japan.



Caitlin Daugherty, escorted by her mother, Angela Daugherty, Grandmother, Becky Daugherty and uncle, Greg Daugherty.

## Rocket Madness is Thursday, Nov. 19th

The annual "Rocket Madness," which gives fans a preview of the upcoming basketball seasons for both the girls and boys teams, will be held Thursday, November 19th.

The event will feature a meal of pulled pork BBQ or hot dog dinner from 5 to 6 p.m. for \$5.

Tickets may be purchased from a ballplayer

or bought at the door. Several nice silent auction items have been donated by local businesses and will be available for inspection.

The "Little Dribblers" will perform from 6:00 to 6:30 p.m., followed by the RCHS JROTC, chorus, cheerleaders, the Lady Rockets and Rockets.

The event is free except for the meal. Concessions will also be sold throughout the evening events.

It's not too late to make a monetary donation or to donate an item to be auctioned. You may call 305-0091, 669-2881 or 416-2119 to do so.

Come out and support our Rocket teams.

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Toll-free Treatment Help Line  
**1-866-90-UNITE**

Climax Volunteer Fire Department's  
**Turkey Shoot**  
**Sat., Nov. 21st**  
(Beginning at 10 a.m.)

*Dotson finishes 4th, named All-State*

# RCHS girls' cross-country team places 6th at state championships

A week after winning their 8th regional title, the RCCHS girls' cross-country team closed out another great season on Saturday with an exceptional team performance at the Class 2A State Cross-Country Championships at the Kentucky Horse Park in Lexington. RCCHS placed 6th overall out of over 50 qualifying schools, matching their finish from last year at the event. The girls were not very far from a third

place team finish and had six girls place in the top one hundred. Five girls recorded all-time personal bests, with another running her season's best time and another her best time ever at the state meet.

8th grader Victoria Dotson had an unprecedented performance for RCCHS. She stayed in the

top five for pretty much the entire race, placing 4th overall with a new all-time personal best and RCCHS record time of 18:53.61. She shattered her previous school record mark by over 21 seconds. She also had the best performance of any middle school girl competing in all three state classes and finished over 27 seconds ahead of the next closest 7th or 8th grade girl. Her impressive performance earned her a state medal which is awarded to the top 15 competitors, as well as a medal for making the all-state team. Tori will likely next compete for Team Kentucky at the Cross-Country Coaches National Youth Championships at Masterson Station Park in Lexington. She has a great shot at a national title in the 13 year old age group and will join Class A State Champion Selena Mattingly and several more of the state's best runners. Tori has also been invited to the prestigious Foot Locker South Regional Championships in North Carolina on November 28.

Junior Taylor Bullock helped lead the girls' team and finished 2nd for RCCHS with a very strong race. Individually, she placed 80th overall out of 195 state qualifiers. Her impressive time of 21:53.61 was easily her best time this season. Taylor has been a very consistent top three runner for RCCHS this season. A little over two years ago, Taylor ran her first 5k in a little over 30 minutes. She's worked extremely hard and come such a long way

since then. She'll only continue to get better as she helps RCCHS work towards a top four finish next season. Taylor will turn her attention to another successful track season as indoor track gets underway soon. Freshman Kensie Sheffield helped lead the girls by finishing 3rd on the team at state with another great performance when it mattered most. Coming through with a career best 5,000-meter race, she placed 84th overall out of 195 state qualifiers. Her impressive time of 21:55.28 was an all-time personal best and easily her best this season. She could have a breakout year next season and propel RCCHS to a top four finish at state. Kensie will also compete alongside Tori in the Cross-Country Coaches National Youth Championships later in November.

In her first season of cross-country, 7th grader Jasmine Ashcraft placed 4th for RCCHS at state with a great race of her own. She finished 92nd overall out of 195 state qualifiers. She also finished 12th among all 7th graders that qualified for state in Class 2A. Her impressive time of 22:13.66 was an all-time personal best. Amazingly, she starts out slower than most runners and spends the last mile and a half working her way through the field. If she ever gets used to a fast start and manages to stay with the lead pack, she could become a state title contender down the road.

Junior Sierra Mercer was the 5th scorer for RCCHS on Saturday and ran

an exceptional race despite being under the weather. She placed 94th overall out of 195 state qualifiers. Her impressive time of 22:15.39 was her all-time personal best in state championship meet competition. She had a very impressive race considering she was sick for most of the week and unable to practice on Wednesday. She didn't feel well at all during the race but still gave it everything she had. Sierra had her most consistent season to date and was the number two runner for RCCHS at every meet this season that Tori competed in. She'll be looking to carry her exceptional conditioning into indoor track season and help lead the RCCHS girls' team to another indoor state title.

7th grader Erin Hindman played an integral role in the team's success on Saturday. Individually, she placed 95th overall out of 195 state qualifiers. Her impressive time of 22:15.71 was easily her all-time personal best. More importantly, Erin's finish broke a three way tie in the team standings giving RCCHS 6th place overall. Considering this is only Erin's first season of cross-country, she will have a huge impact on the team's success over the next five years and should have a great track season as well.

8th grader Grace Gardiner had the best race of her career while helping lead the girls' team to their 6th place state finish. She placed 122nd overall out of 195 state qualifiers. Her impressive time of 23:01.78 was an all-time personal best and easily her best performance this year. A newcomer to the varsity team this season, Grace was in the top five for the team on several occasions and was a model of consistency for RCCHS. She should play a huge role in the team's future and looks build upon her cross-country conditioning for a great upcoming track season.

With cross-country ending for most of the team after the Cross-Country Coaches National Youth Championship November 21, the girls' indoor track team will begin practice soon. Any girl that's interested in participating must have a sports physical before they will be allowed to practice. More information will be announced at school regarding a startdate. The girls' middle school team will look to repeat their indoor and outdoor state championship title sweep from last year. The girls' varsity team also will look to repeat as indoor state champions and improve upon their 4th place finish at outdoor state.



At the Class 2A State Cross-Country Championships at the Kentucky Horse Park in Lexington on Saturday, RCCHS junior Sierra Mercer helped lead the girls' team to a 6th place state finish. Sierra placed 94th overall out of 195 state qualifiers. Her impressive time of 22:15.39 was her all-time personal best in state championship meet competition.



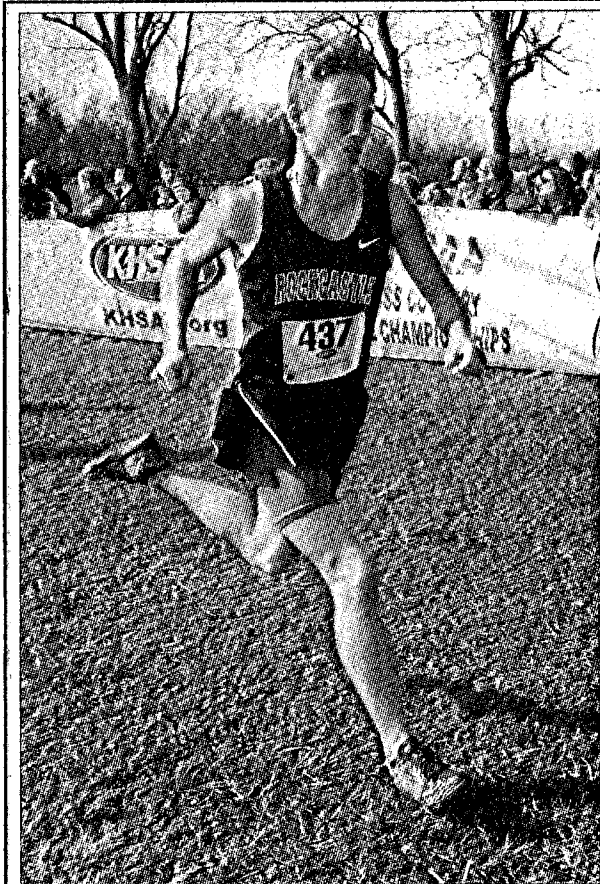
At the Class 2A State Cross-Country Championships at the Kentucky Horse Park in Lexington on Saturday, RCMS 7th grader Erin Hindman helped lead the girls' team to a 6th place state finish. Erin placed 95th overall out of 195 state qualifiers. Her impressive time of 22:15.71 was easily her all-time personal best. Erin's great finish broke a three way tie in the team standings and secured 6th place overall for RCCHS.



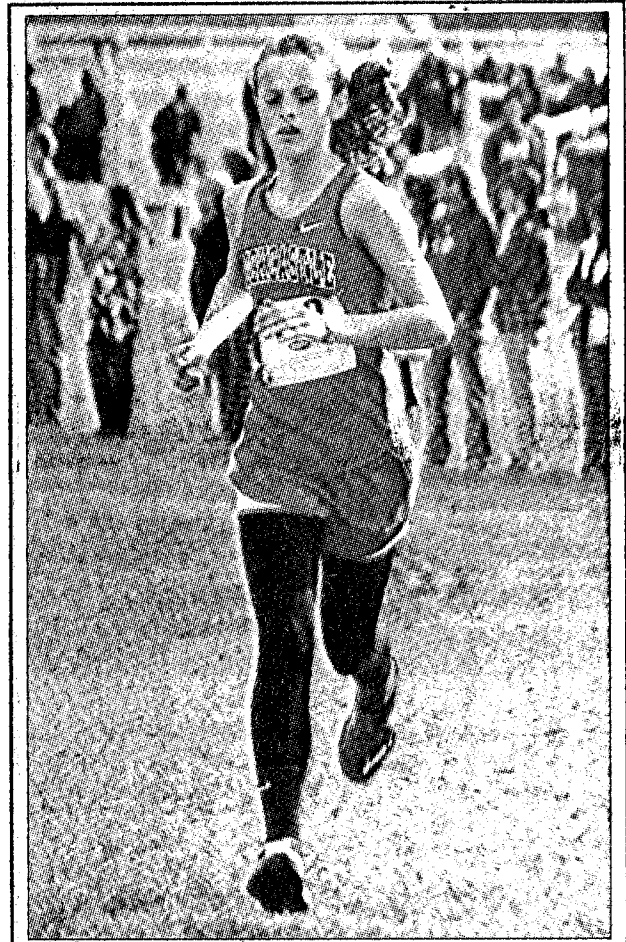
At the Class 2A State Cross-Country Championships at the Kentucky Horse Park in Lexington on Saturday, RCMS 8th grader Grace Gardiner helped lead the girls' team to a 6th place state finish. Grace placed 122nd overall out of 195 state qualifiers. Her impressive time of 23:01.78 was an all-time personal best and easily her best performance this season.



At the Class 2A State Cross-Country Championships at the Kentucky Horse Park in Lexington on Saturday, RCCHS freshman Kensie Sheffield helped lead the girls' team to a 6th place state finish. Kensie placed 84th overall out of 195 state qualifiers. Her impressive time of 21:55.28 was an all-time personal best and easily her best this season.



RCCHS boys' cross-country runner Dylan Robinson had an impressive finish and set a personal record of 18:32 at the Cross Country State Championships on Saturday, November 7th. He placed 114th out of 239 of the fastest runners in the state of Kentucky. Congratulations on a great season.



At the Class 2A State Cross-Country Championships at the Kentucky Horse Park in Lexington, RCMS 8th grader Tori Dotson led the girls' varsity team to a 6th place state finish. Tori placed 4th overall out of 195 state qualifiers with a new all-time personal best and RCCHS record time of 18:53.61. She shattered her previous school record mark by over 21 seconds. She also had the best performance of any middle school girl competing in all three state classes and finished over 27 seconds ahead of the next closest 7th or 8th grade girl. Her impressive performance earned her a state medal which is awarded to the top 15 competitors, as well as a medal for making the all-state team.



At the Class 2A State Cross-Country Championships at the Kentucky Horse Park in Lexington on Saturday, RCCHS junior Taylor Bullock helped lead the girls' team to a 6th place state finish. Taylor placed 80th overall out of 195 state qualifiers. Her impressive time of 21:53.61 was easily her best time and not far from her all-time personal best.



At the Class 2A State Cross-Country Championships at the Kentucky Horse Park in Lexington on Saturday, RCMS 7th grader Jasmine Ashcraft helped lead the girls' team to a 6th place state finish. Ashcraft placed 92nd overall out of 195 state qualifiers. She also finished 12th among all 7th graders that qualified for state in Class 2A. Her impressive time of 22:13.66 was an all-time personal best.



The RCCHS girls' cross-country team closed out another great season on Saturday with an exceptional team performance at the Class 2A State Cross-Country Championships at the Kentucky Horse Park in Lexington. RCCHS placed 6th overall out of over 50 qualifying schools, matching their finish from last year at the event. The girls were not very far from a third place finish. Five girls recorded all-time personal bests, with another running her season's best time and another her best time ever at the state meet. Team members are from left: Jasmine Ashcraft, Erin Hindman, Sierra Mercer, Taylor Bullock, Kensie Sheffield, Tori Dotson and Grace Gardiner.





## Mount Vernon Message

### School News

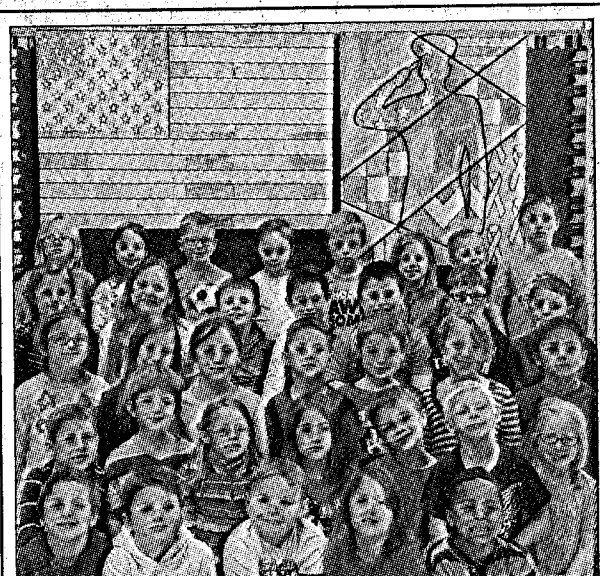
Archery practice is each Monday from 3:15 until 4:55. Brownies (2nd & 3rd Grades) will meet each Wednesday from 3:30 until 4:30. Hooked on Reading is each Wednesday from 3:30 until 4:30. Daisies will meet on Thursday, November 19 from 3:30 until 4:30. Tutoring will be each Tuesday from 3:30 until 4:30. Parents must pick up their children.

### FRC News:

FRC Council meeting will be held on Tuesday, November 17 at 12:00 in the FRC Office.

Mrs. Kathy and Mrs. Kaci's First Grade Class News: Mrs. Kaci's and Mrs. Kathy's first grade classes at MVES worked together to complete a special Veterans Day Project. The students compiled their individual work to create an American flag and an American Soldier color poster to be displayed at RCMS during the Veteran's Day celebration.

Mrs. Kristy Isaac's and Mrs. Jamie Bryant's students and families at Mt. Vernon Elementary Schools made pumpkin storybook characters.



Mrs. Kaci's and Mrs. Kathy's first grade classes at MVES worked together to complete a special Veterans Day Project. The students compiled their individual work to create an American flag and an American Soldier color poster to be displayed at RCMS during the Veteran's Day celebration.



First grade students at MVES created pumpkin storybook characters.



## 4-H Speech Contest planned

### 4-H Speech Guidelines

The Rockcastle County 4-H Council will hold their annual speech contest at 6 p.m. on Tuesday, December 8th at the Mt. Vernon Elementary School. Just as last year, the contest will be held as a joint project with all county schools. Through 4-H, winning speakers will have the opportunity to advance to area and state competition.

\*Speeches must be registered by December 4th at the Rockcastle County Extension office by calling (606) 256-2403.

The number of participants eligible for the county contest per class has been determined. The maximum number of representatives that can be sent to the County Talk Meet per age group at each school are as follows:

- Mt. Vernon Elementary
  - Grade 4 (age 9) 8
  - Grade 5 (age 10) 8
- Roundstone Elementary
  - Grade 4 (age 9) 6
  - Grade 5 (age 10) 6
- Brodhead Elementary
  - Grade 4 (age 9) 7
  - Grade 4 (age 9) 7
- Middle School
  - Grade 6-Voyagers 8

- Grade 6-Enterprisers 8
- Grade 7-Adventures 8
- Grade 7-Shooting Stars 8
- Grade 8-Challengers 8
- Grade 8-Comets 8

### 4H Speech Rules

1. Any boy or girl, age 9 - 19, may participate in the 4-H Talk Meet Program.

2. The top speeches from each grade will compete against other youth of their own age category and not necessarily against their grade. The age category is determined by their age, as of January 1, 2016.

3. 4-H'ers CANNOT USE THE SAME SPEECH THIS YEAR IN THE COUNTY SPEECH CONTEST IF HE OR SHE WON WITH THAT SPEECH AT THE COUNTY, AREA, OR STATE LEVEL LAST YEAR. (Only applies to 1st Place Winners)

4. Junior age categories are 9, 10, 11, 12 & 13.

Senior age categories are 14, 15, 16, 17 & 18.

5. Junior age category talks are to be 3 to 5 minutes long.

Senior age category talks are to be 5 to 7 minutes long.

6. A participant may secure assistance from anyone he chooses in writing or preparing his/her talk. There is

no specific topic; any suitable topic can be used.

7. The participant and those who may work with him/her should be familiar with the enclosed:

- a. Objectives of the 4H Talk Meet Program
- b. Judge's Score Sheet
- c. Selecting and preparing the speech
- d. Pointers for giving a speech

8. Each contestant will be introduced, along with the title of their talk, by the room chairman.

After being introduced, the speaker will present the talk. Talks should not repeat the title of his/her talk.

9. Each representative for the County Talk Meet must register by calling the County Extension Office at (606) 256-2403 by Friday, December 04, 2015. We need the participant's name, date of birth, full mailing address, grade, teacher, school, and title of speech.

10. Each representative for the County Talk Meet should be aware that if they win first or second place in their age category they will have the opportunity to go to the area contest which will be in April or May of 2016 in conjunction with

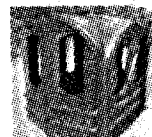
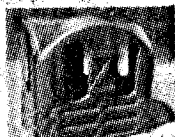
the Area Demonstration Contest and Variety Show.

## Winter is coming!

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or visit

Rockcastle Veterinary Clinic

40 School St, Mt. Vernon, KY 40456

606-256-2801

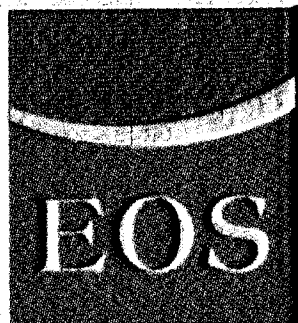
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We are hiring for the following positions:

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- Collections Specialists
- Call Center Supervisors

For more information and complete job descriptions, visit our career page at [www.eos-usa.com/company/careers](http://www.eos-usa.com/company/careers) So stop by our Job Fair and discover whether a position with EOS USA might be a good fit for you. Please bring your resume as we will have hiring managers onsite conducting interviews for these two days. If you cannot make it, please email your resume to Nancy Padula, Recruiting Manager at [nancy.padula@eos-usa.com](mailto:nancy.padula@eos-usa.com). We look forward to seeing you and sharing information about joining the EOS USA team.

800-886-9177 | [www.eos-usa.com](http://www.eos-usa.com)

## Yards to Paradise

By Max Phelps  
Surprising Fall Color

What color is your autumn landscape? What's looking great? And how about that roadside tree or tree in the neighborhood that catches your breath? With cameras on many hand-held devices these days, sharing an unusual tree or bush picture has become trendy. Let's look at both the usual trees with awesome fall colors and some you may not have suspected that can shine and sparkle with autumn's cool nights and shorter days.

I've seen some of the loveliest colors from maples out in the woods this year in Kentucky and Tennessee. But there have been many trees and bushes that merit a second look. (I wanted to go leaf peeping today, but also wanted to write this story while trees still have colorful leaves.) So, I'll write from memory about some lovely fall color encounters.

A list of trees producing lovely and attention-grabbing fall color usually includes these: Maples (red, sugar, Japanese, etc.), oaks (scarlet oak in particular), sourwood trees, black gum, sweet gum, and sumac bushes.

Ginkgo turns golden, then a few days later, the ground is golden as all the leaves drop nearly at once! That's a surprise to many. That golden rain tree with its yellow blooms in early summer and seed pods hanging for months—I admired one adorned in orange leaves this week. Apple trees, especially the red leaved ones, often turn orange before they drop. And let's don't forget burning bush; green one week and fiery red the next it seems. Saw a current bush with lemon yellow color, and some Bluegold blueberries with yellow leaves. I hope your thoughts are taking this and adding other instances of surprising fall color. Feel free to share some of your moments of surprising fall color with me as well. max@reaganemail.com

So, what makes tree leaves the color they are? Or the colors they become in the fall? Here is a short generalized statement on the science behind the colors. Green is chlorophyll (in the fall, it stops being produced in many a leaf). Yellow is from carotenoids and flavinoids (xanthophylls). Orange is from carotenoids (think carrots). Red is from anthocyanins and carotenoids (lycopene)—as sugars get more concentrated in leaves and fruits, the sunlight ignites anthocyanin production. It is theorized that this bright colorization helps the leaves hang on longer and contributes to additional sugars stored in the trees roots for the winter and future years of growth.

A lovely autumn day is for "leaf peeping" as in admiring the wonders of the natural world. Taking notes on the lovely colors can help with future landscape projects at your own home.

Good landscapers take fall colors into consideration as they plan a new landscape or improve an existing one. (I would caution that garden center sales people are frequently more motivated with selling things they have in inventory than in helping you obtain the specific look you are wanting. So, just like in the news media some stations or papers always seem to wrap every story around a certain agenda—be aware you often get the facts "spinned" at the garden center, too.)

Common "FAQ's" this time of year concerning trees in the landscape is "Why is my tree not colorful (like the one on the sales tag or the one in my neighbors yard)?" Many factors must be considered to provide a complete and comprehensive reply.

Rainy, sunny, dry weather affect different trees differently. Then there are microclimates (warm in one

protected backyard, windy in another, early frost in another spot. All these affect growth, and also fall coloring, even on the exact same species of tree.

Let's say we discuss red maples. There are many, many named cultivars of red maples. Some color early, some late. Some tolerate troublesome planting sites better than others. And there are seedlings. So, it's no wonder there are so many different colors on various maples.

Yet, you have an October Glory, Autumn Blaze, Armstrong or Brandywine maple, and it's not pretty as you expected. Maybe the one in the yard next door is a lovely red and yours is mostly green or something. What's going on? There's not one answer, but here are some possible reasons for the difference: The ground may be more fertile, or the tree may have grown faster, in one location than the other. One homeowner may have watered their tree, or it may be planted in a low spot that gets more natural rainwater. Lime and fertilizers, mulch (all trees in the forest have mulch!), amount of shade, how long has the tree been there—so many nuances to this story that it would be impossible to cover all the variables that contribute to your tree coloring up different even from the same exact kind in some other location.

To conclude today's topic, here are some uncommon plants with unexpected fall presentations: sassafras trees and fothergilla bushes are natives to the Appalachians that add nice orange shades, sumac bushes color early with reds and oranges, "Brilliance" autumn fern (dryopteris erythrosora) keeps orangish brown leaves all winter, and here is an "uncommon thought" to conclude with: Evergreen trees and shrubs keep color all year and their presence enhances the glorious presentations of the fall colors, so keep that in mind as you admire that red maple next to a pine or hemlock tree, as as you plan to add some color to your yard.

The author is a landscaper, specializing in water features. Feedback welcome. www.rockcastles.net.

### "Rockets"

(Cont. from A8)

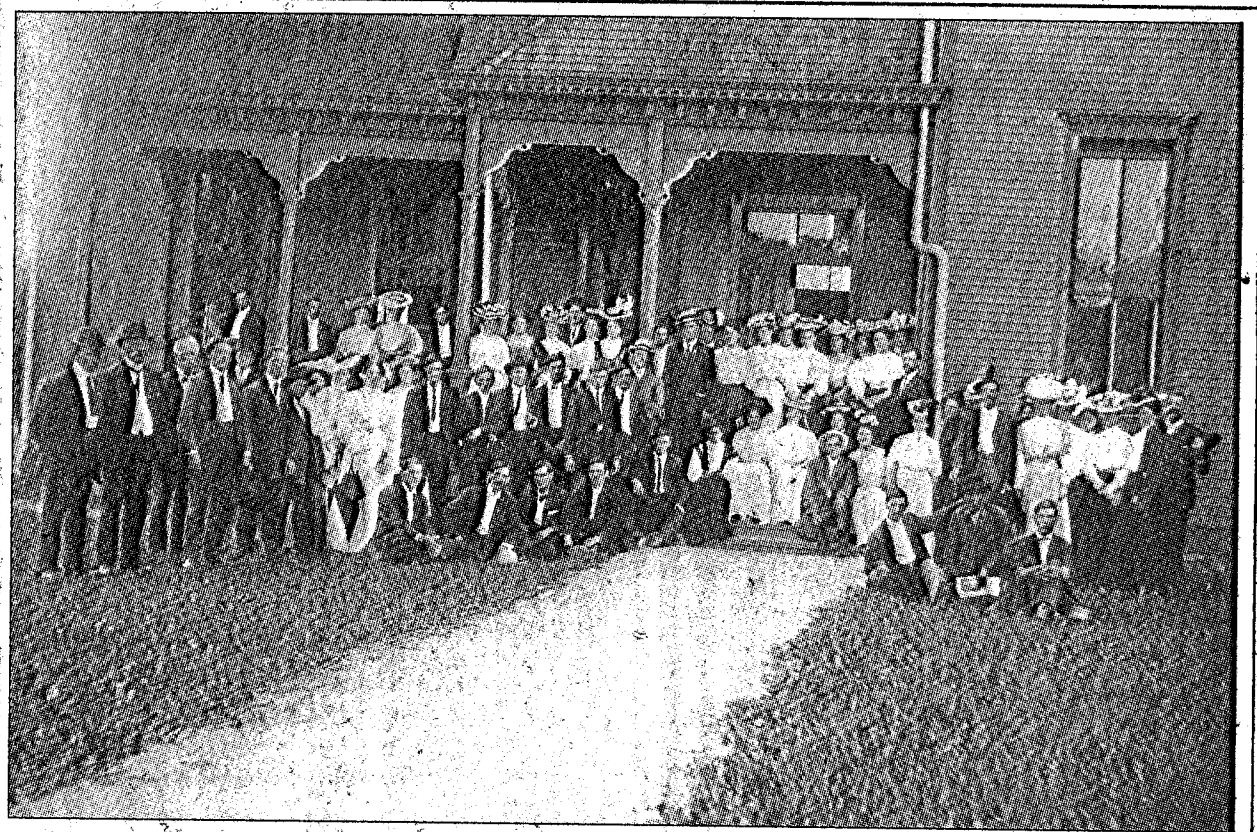
were led by Lovell with 154 rushing yards, including three touchdowns. Quarterback Chayse McClure was next with 82 yards; sophomore Holdan Barnett got 34 yards; senior Dalton Cole got 24 yards and Rowe picked up 21 yards.

McClure was 7 for 12 passing for 140 net yards and two touchdown passes.

Tomlinson got 73 yards in pass receptions, including one touchdown; Isaiah Mercer had two receptions for 39 yards and Bishop caught the ball three times for 28 yards, including one touchdown.

The total scoring breaks down as follows: Lovell scored 18 points; Bishop and Tomlinson six each and Rowe three.

Defensively, the Rockets were led by junior Devon Robinson with eight total tackles, two solo and six assists. senior Hunter Hines and Mercer each got four assists; Tomlinson was credited with four solo tackles and one assist; junior Logan Coffey got 3 solo tackles; junior Austin Saylor, Rowe and sophomore Blaze Stewart were each credited with a solo tackle, with Saylor also getting two assists and Rowe and Stewart one assist each; McClure and junior Lucas Jones were credited with three assists each and sophomore Phillip Cope was credited with an assist.



### Blast From The Past...

Early postcard of Brown Memorial School, Richmond Street, Mt. Vernon, Kentucky. If you have a photo for Blast From The Past contact David Owens at scoopowens24@yahoo.com or 606-386-0187.

The Signal office will be closed  
Friday, November 13th

# CAUTION

Runners, Walkers, and Wheelchair Racers on Road This Saturday Morning

## The 3rd Annual

## Renfro Rock N Run Half Marathon and 5K

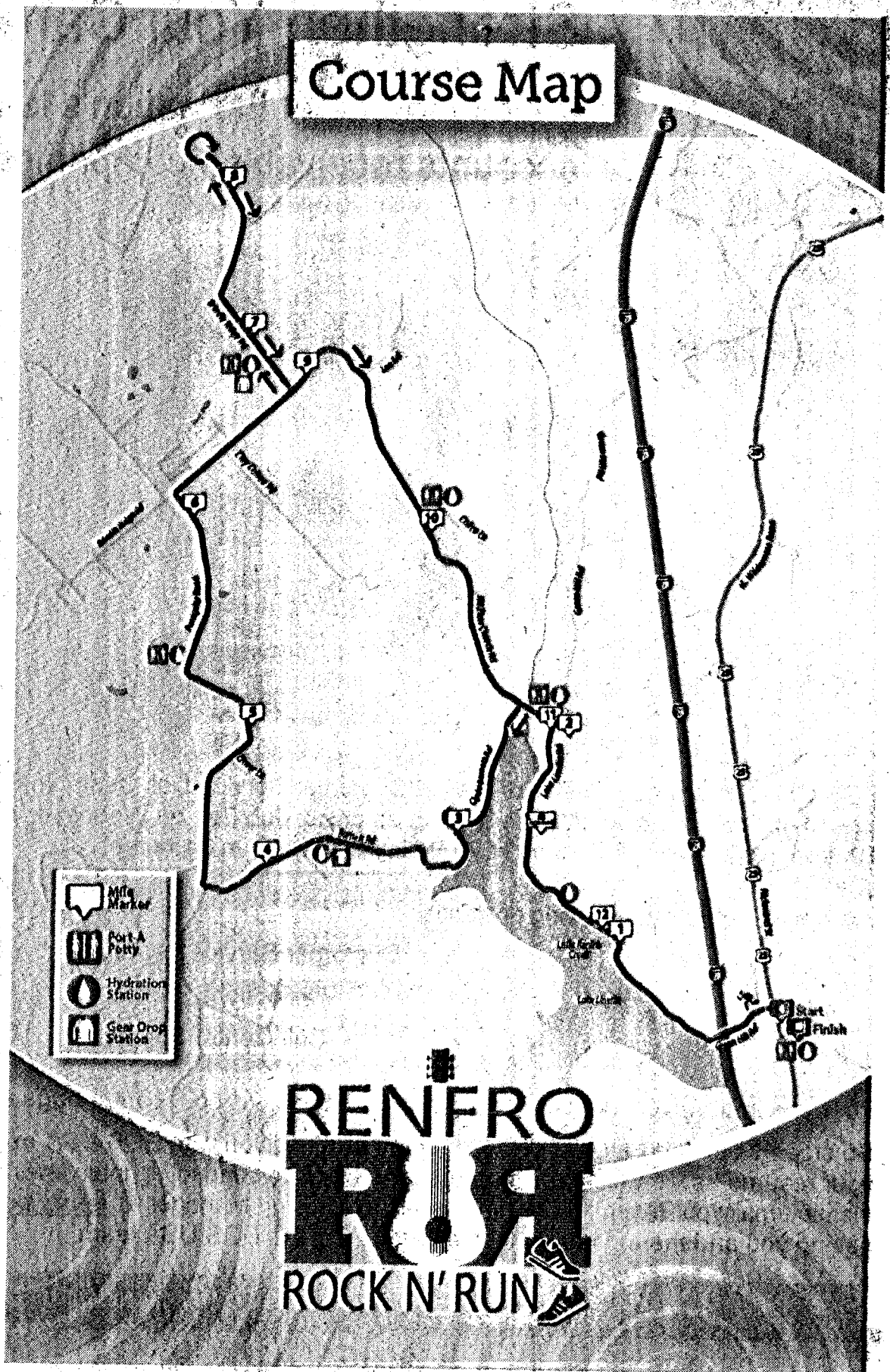
is this Saturday

The race, which begins and ends at Renfro Valley Entertainment Center, takes runners across Hwy. 25, around Lake Linville, up Barnett Road before turning right onto Purrgisby, then right on Brindle Ridge Rd. before turning back down Mt. Zion Road, to the lake, and back to Renfro.

More than 500 runners and walkers, as well as wheel chair competitors, from all over Kentucky and five other states will participate, and safety is the top priority of the race committee.

We ask that you avoid traveling in these areas (see map) from 8:30 a.m. until noon Saturday. If travel on these roads is unavoidable, please use extreme caution and prepare for delays.

For more information about the race or route, call Kayla Rowe at Rockcastle Regional Hospital at 606-256-7767.



# Mount Vernon Signal

Second Section

Thursday, November 12, 2015

## Remembrance Tree event set for Dec. 6th

The annual Remembrance Tree ceremony is set for Sunday, December 6, 2:00 p.m., at Richmond Mall inside the former JC Penney's.

The event is a long-standing tradition for Hospice Care Plus and the community, bringing hundreds together for more than 20 years.

The Remembrance Tree ceremony gives the community a chance to remember

loved ones during the holiday season by placing a personalized memorial ornament on a tree.

After an opening prayer and holiday music, the memorial list of names is read. Guests place their personalized ornament on the Remembrance Tree when they hear their loved one's name. If no one is present to place the ornament on the tree, a hospice staff member will do so.

Refreshments are served following the ceremony.

The Remembrance Tree will remain on display throughout the holiday season at the Compassionate Care Center on Isaacs Lane in Richmond. Guests who wish to take their personalized ornament home with them may do so immediately following the ceremony or anytime during the tree's display period.

To request an ornament, contact Hospice at [hospice@hospicecc.org](mailto:hospice@hospicecc.org), 859-986-1500, or 1-800-806-5492. Donations for ornaments can also be made online at Hospice's website: [hospicecareplus.org](http://hospicecareplus.org). There is no charge for the ornaments or for the ceremony, but the organization does suggest a donation—of any size—when requesting the personalized ornament. Proceeds from the event fund all of the programs offered by Hospice Care Plus.

Hospice Care Plus is a non-profit organization serving Estill, Jackson, Lee, Madison, Owsley and Rockcastle counties. Services include hospice care, palliative care, bereavement outreach, and hospice inpatient care at the Compassionate Care Center. All services are provided regardless of ability to pay.

## RCMS Choir performs for school board



Members of the RCMS Choir provided entertainment during this month's regular meeting of the Rockcastle County School Board. The Choir was led by RCMS Choir Director Carrie Hunt. The board held the meeting at the middle school this month and took a tour of the building after Principal Marcus Reppert provided the board with a report of the school's progress and plans.

## At talent show Your talent is needed

The Livingston Community Lions Club will be hosting their fourth annual talent show on Saturday night, November 14, 2015, at 7 p.m. We need your talent in order to put on our show. All of the proceeds from the show will stay here in the county to aid those less fortunate, and in community support. The show will be at the Rockcastle High School Auditorium, with rehearsal from 4 to 6 p.m. the day of the show.

The overall winner will receive a hundred dollars and a huge trophy. Second place receives fifty dollars and a ribbon. Third place receives twenty-five dollars and a ribbon. The audience favorite receives a huge trophy. This is determined by audience applause, so bring lots of friends and family. All participants will receive a ribbon. There is a ten dollar registration fee.

All contestants need to be on hand no later than 6 p.m. and registered. The doors open at 6 p.m. to the public. Tickets are \$7.00 for adults and \$5 for children 12 and under.

## DAR celebrates National Native American Month

The Rockcastle Daughters of the American Revolution will be celebrating National Native American Month by hosting an evening of fun and education on Sunday, November 22, 2015 at 2:00 PM in the cafeteria of the Rockcastle County Middle School.

DAR state Chairwoman of the American Indian Committee, Janice Lear, will be the guest speaker. Local historian and Native storyteller, David Owens, will be on hand in regalia to tell stories and noteworthy facts of the Native culture. There will be a demonstration of Native American dance by Southeastern Kentucky Shawnee Councilwoman, Susie Holden. Audience participation is welcome. Councilman Jim Gross will be on hand to play the Native flute and demonstrate "smudging", a ceremony of removing negative energies. The Tribal Elder, Tom Jones,

may be on hand. Southeastern Kentucky Shawnee Secretary and Registrar, Tonya Cook, will be taking applications for tribal memberships. Membership is a one-time fee of \$10.

Karen Hamm-Adams, DAR historian and Ken-

tucky author, will be there taking orders for her new book, "Hidden Among Us: American Revolutionary War Patriots of Rockcastle". All of the proceeds from the book will be going to buy a monument honoring the Rockcastle Revolutionary

Patriots to be placed in front of the court house. Debbie Brown, Rockcastle DAR Regent, will be giving the closing remarks. Our chapter will be serving a variety of refreshments. All are encouraged to help us celebrate.

## Motorists should avoid marathon route

The third annual Renfro Rock N Run Half Marathon and 5K will be Saturday, and organizers are preparing for the biggest turnout ever. In fact, the race is expected to be the largest run/walk ever held in Rockcastle County.

Nearly 350 runners, walkers, and wheelchair racers have signed up for the half marathon (13.1 miles), and more than 200 are expected to participate in the 5K.

Both races begin at Renfro Valley Entertainment Center at 8:30 a.m.

Half marathoners from six states in addition to Kentucky have pre-registered.

For 40 of the participants, the race will be the final leg of the first-ever "Mad Halfer" half marathon series, which includes the Kentucky History Half Marathon in Frankfort and the Bowling Green 26.2/13.1.

The race, which begins and ends at Renfro Valley Entertainment Center, takes runners across Hwy. 25, around Lake Linville, up Barnett Road before turning right on Pujragsby, then right on Brindle Ridge Rd before turning back down Mt. Zion Road, to the lake, and back to Renfro.

Because participants and

dozens of volunteers will be on the roadway, motorists are asked to avoid travelling on roads that are part of the race route. If travel is unavoidable, slow speeds and extreme caution is advised. The race will last from 8:30 a.m. until noon.


Primary sponsors of the event are Rockcastle Regional Hospital and Citizens Bank. A portion of the proceeds from the half marathon go to the Christian Appalachian Project, while proceeds from the 5K will benefit Rockcastle County's Girls on the Run program.

For more information call Kayla Rowe at 606-256-7767.

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The Rockcastle County FFA members recently traveled to Eastern Kentucky University to compete in various competitive events during Regional Fall Field Day. Pictured front from left are: Sydney Hines, Autumn Davidson, Tiffany McGuire, Hope Holbrook, Daya McGuire, Cole Ballinger, and Josh Mason. Back row from left: John Bishop, Kevin Burdette, Rant Saylor, Connor Robinson, Jarrett Burke, Austin Allen, and Jeremiah Allen.

## Regional Fall Field Day

*Local team places first*

Submitted by Reporter Sierra Sturgill

On October 1st, the Rockcastle County FFA members traveled to Eastern Kentucky University to compete in various competitive events.

Rockcastle had a Junior Varsity Parliamentary Procedure Team to compete in the region and placed first. Members included President- Sydney Hines, Vice President- Hope Holbrook, Secretary- Connor Robinson, Treasurer- Daya McGuire, Reporter- Jarrett Burke, Sentinel- Tiffany McGuire, and Members Cole Ballinger, John Bishop, Autumn Davidson and Josh Mason. Alternates included Austin Allen, Kevin Burdette, and Rant Saylor. The JV Team will compete in the spring competition.

Rockcastle also had a Land Judging Team to compete in the regional competition. They placed 2nd in the region and will be competing in the state contest on November 5th at the Kentucky FFA Leadership Training Center in Hardinsburg. Team members included: Joshua McKinney, Brianna Lay, Tara Northern, and Tyler Robinson. Tyler Robinson was 2nd high individual and Joshua McKinney was 3rd high individual. David Gabbard also participated in the regional tractor driving contest.

### RCMS and RCMS among winners

## UNITE announces anti-drug clubs of the year

Seven anti-drug school UNITE Clubs across the Fifth Congressional District have been named "Clubs of the Year" for their outstanding efforts and accomplishments during the 2014-15 school year.

- The winning clubs are:
- Belfry High School (Pike County)
  - Cold Hill Elementary School (Laurel County)
  - Hayes Lewis Elementary School (Leslie County)
  - Meade Memorial Elementary School (Johnson County)
  - Rockcastle County High School (Rockcastle County)
  - Rockcastle County Middle School (Rockcastle County)
  - Stinnett Elementary (Leslie County)
- In addition to a trophy, each of these clubs are allo-

cated an additional \$750 from the UNITE Foundation to fund anti-drug activities during the current school term.

UNITE Clubs, established during the 2005-06 school year, increase a student's ability to resist substance abuse by providing positive role models for other students, building self-esteem, engaging in healthy lifestyles, striving for high student achievement, and creating positive relationships.

During the 2014-15 school year there were 88 registered UNITE Clubs in 25 counties with a total of 7,298 student members.

To qualify for Club of the Year honors, students submitted scrapbooks showcasing their monthly activities, service projects and mentoring activities.

Scrapbooks are judged in elementary, middle and high school categories.

"UNITE Clubs raise awareness about the dangers posed by substance abuse not only in their schools, but throughout their communities," said Debbie Trusty, UNITE Education Director. "The amount of creativity and effort put forth by club members is outstanding."

"One of the core components of a UNITE Club is performing at least one community service project," Trusty continued. "These projects aim to develop leadership skills and increase students' awareness of their civic responsibilities."

For more information about Operation UNITE visit their website at [www.operationunite.org](http://www.operationunite.org).



Recently members of the RCHS Marching Rockets were selected to perform as part of the High School Band Days at the University of Louisville and Eastern Kentucky University. These students spent the day rehearsing with the college band programs, working with college staff and were part of the halftime performance at both games this past Saturday. Pictured above, performing at U of L were: Greg Daugherty, RCHS Director; Morgan Didelot; Abigail Fletcher, Band Guide; and Christie and Caitlin Daugherty. Pictured below, performing at ECU were front from left: Samarah Lovins, Ben Tyler and Connor Noble. Back row from left: Aaron Pevley, and Logan Anglin.



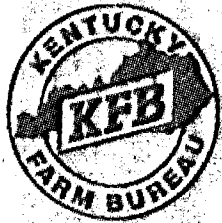
The Signal office will be closed Friday, November 13th

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  - Display Classifieds \$5.00/Inch
- Deadline for Classifieds is 10 a.m. TUESDAY**

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**Duplex For Rent in Brodhead:** All appliances furnished. Call Patty at 758-9666. 42xntf

**Like New 4 bedroom/2 bath** doublewide. Privacy. Not far from town. No pets. \$600 month/plus deposit. 606-758-4614. 46xntf

**2 Bedrooms Home in town** with appliances and central heat/air. Located close to hospital and school. References. First month's rent and security deposit required. If interested call 256-9914 or 606-308-4990. 46xntf

**In Mt. Vernon: Nice 2BR/1BA** mobile home on nice lot. 606-614-9861. 41xntf

**Rent To Own:** house and trailer, both in Brodhead. 758-4729. 4xntf

**Trailers and house in Brodhead.** No pets. 758-8922. nif

**Accepting applications at Mt. Vernon Housing Authority** on Mondays 4 to 8 p.m. and Wednesdays and Fridays, 4 to 6 p.m. Rent based on income. 256-4185. 14xntf

**Accepting Applications:** For 2 and 3 bedroom units at Valley View Apartments. Rent based on income. Call 256-5912. Equal Housing Opportunity, TDD for hearing impaired only. 1-800-247-2510. 36tfn

### For Rent

**Maple St. Storage of Brodhead**  
256-2884 or 606-308-2491

### Property For Sale

**One Acre Lot w/septic** installed, utilities on site, storage shed. Joins National Forest. Private but easy access. One mile from Livingston. \$7,500. 606-453-4629. 45x2p

**Lot #6 in Cedar Point** Subdivision. 2.14 acres. \$16,500. 606-308-9988. 43x4p

**2BR Home with garage.** Just north of Mt. Vernon on eight acres +/- Ready to move into. Serious inquiries only. Shown by appointment only. 606-308-3669 or 606-308-1689. 9xntf

**2BR/2BA 1450 sq. ft.** Selling for \$89,900. Rick Szaks; Broker. 859-255-7777. Lincoln Real Estate, Inc. rickszaks@aol.com 18xntf

### Posted

**Posted:** Absolutely no trespassing, hunting or ATVs on land belonging to Al and Barbara DeChambeau on Poplar Gap Road and Poplar Gap Church Road. Violators will be prosecuted. 44x10

**Posted:** Absolutely no trespassing on property (61 acres) owned by Loyd Jones, .7 miles from Livingston on St. Rd. 1955. Violators will be prosecuted. 42x12

**Posted:** Absolutely no trespassing on property, located at 16545 Brown Road, Brodhead, belonging to Ronnie Dillingham. Violators will be prosecuted. 43x6

**Posted:** Strictly no trespassing or hunting on property belonging to Lona Brown and Susan Gray, formerly owned by Lowell and Emma Gray, in Orlando, known as Cow Bell Hollow in Rockcastle County. Violators will be prosecuted. Not responsible for accidents. 35x14p

**Posted:** Absolutely no trespassing for any reason on property belonging to Ernest Acorn located off Hwy. 461 bypass at 257 Reverend Green Loop and 23 Jarber Road, formerly Old Rocky Road, without my written permission. Violators will be prosecuted. 43x4

**Posted:** Absolutely no trespassing on Cook properties located on Old Brodhead Road. Violators will be prosecuted. Not responsible for accidents. (11/19/15)

**Posted:** No hunting or trespassing on land belonging to Glen Roberts at 560 Dix River Branch Road, Brodhead. Violators will be prosecuted. 35xntf

**Posted:** No hunting, trespassing or ATVs on land belonging to Jason and Sara Coguer at Roundstone. Not responsible for accidents.

**Posted:** No trespassing on land belonging to James and Dorothy Rash heirs on Rash Branch Road off Chestnut Ridge. No hunting, camping, ATVs, trespassing for any purpose. Not responsible for accidents. Violators will be prosecuted. (1/21/16)

**Posted:** No trespassing on Crawford Place - Old Brodhead Road. Danny Smith. 47tfn

**Posted:** Absolutely no hunting, fishing or trespassing on property belonging to Mark and Debbie Cummins. Violators will be prosecuted. 9x52p

**Posted:** No trespassing, hunting or fishing on land belonging to Rachel Denney on Hwy. 3245 (former Reggie Bengé property).

**Posted:** No trespassing on property known as C.B. Owens Farm across from Fairgrounds in Brodhead. Violators will be prosecuted. 25tfn

### Help Wanted

**Rockcastle County 911** will be accepting applications for a part-time position. Applications can be picked up at the courthouse from the county judge/executive's secretary and returned there 8 a.m. to 4 p.m., Monday through Friday. For more info/questions, call Bonnie Roark at 606-256-7227. 46x1

**Mount Vernon Medical Office** seeking energetic team player for full time position - Monday thru Friday. Prior patient care experience preferred but not mandatory. Looking for an individual with outstanding interpersonal skills and willingness to learn new skills. If you have a positive attitude and strong work ethic, please send resume to PO Box 4139, Mt. Vernon, Ky. 40456. 45x2

**Ready-Mix Concrete of Mt. Vernon.** Now hiring drivers. Class CDL-B required. Call Zail 256-9052 or come by the office and pick up an application. 44x4

**Drivers:** No touch! Get home, get paid! Excellent payper week with strong benefits package. Monthly bonuses! CDL-A. 1 year experience. 855-454-0392. 46x2

### Notices

**I will not be responsible** for debts made by anyone other than myself. Andrew S. Elam. 46x4

**Notice to Amanda Peters** Kendry. If you want the rest of your things, come and get them by 11/20/15 or it will be disposed of. Landlord Ruby Epperson. 46x1

**Notice is hereby given** that Lorraine D. Cromer, 148 Christmas Tree Dr., Mt. Vernon, Ky. 40456 has been appointed executrix of the estate of John Travis Cromer on the 21st day of October, 2015. Any person having claims against said estate shall present them, according to law, to the said Lorraine D. Cromer on or before April 21, 2016. 44x3

**Notice is hereby given** that Diana Newman, 1689 Grassylick Road, Mt. Sterling, Ky. 40353, has been appointed Administratrix of the estate of Charles E. Sturgill, deceased. Any person having claims against said estate shall present them, according to law, to the said Diana Newman or to Hon. Jerry J. Cox, P.O. Box 1350, Mt. Vernon, Ky. 40456 on or before May 6, 2016 at 9:30 a.m. 45x3

19, 2016. 46x3

**Notice is hereby given** that William J. Thacker, 5122 Scaffold Cane Road, Mt. Vernon, Ky. 40456 or Rebecca M. Reynolds, 96 Springhill Ave., Mt. Vernon Ky. 40456 have been appointed Co-Executors of the estate of Cecil Yancy Thacker on the 19th day of October, 2015. Any person having claims against said estate shall present them according to law, to the said William J. Thacker or Rebecca M. Reynolds or to Hon. Tracy Todd Blevins Blevins Law, 400 Richmond Rd. North, Ste C, Berea, Ky 40403 on or before April 19 2016. 46x3

### Miscellaneous For Sale

**Irish Potatoes For Sale.** Call 256-2370 or 606-231-3918. 46x2

**Cresthaven Cemetery Plots.** Contact Billy Dowell, 606-308-1058. 39xntf

### Yard Sales

**2 Family Yard Sale:** Saturday, 9 to 4, Spiro Road near Skeggs Creek Church. Pictures, kerosene heater, Barbie playhouse, large men's winter pants, shirts and work gloves. Ladies clothes, glassware, odds and ends.

**Winter Garage Sale:** Friday, Nov. 13th, 8 a.m. to 5 p.m. and Saturday, Nov. 14th, 8 a.m. to noon. Hunter Ridge Subdv. Home of Tony and Donna Hopkins, 140 Eddie Drive. Multiple families. Lots of winter clothing: sweaters, tops, sweatshirts, pants, jeans, jackets, coats, boots, shoes, purses - brand names: Matilda Jane, Hanna Anderson, Lolly Wolly, Old Navy, Gap, Ralph Lauren, Gymboree, Hartstrings, Carters, Children's Place, Justice, Sperry -- Men's (L-XL), (38/29), women's (S, M, L, XL), children girls (infant-3T, 12, 14, 16), women's leather motorcycle jackets. Lots of Christmas items: wreaths (small/medium), ornaments, decor. Baby/toddler items, pack 'n play, child bed rail, highchair, pottyseat, toys. Household items: dishes, rugs, leather recliner chair, picture frames, miscellaneous household. Kentucky Wildcat framed prints (football and basketball), books.

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**Hayes Gravel Hauling & Driveway Spreading.** 256-4695 or 859-544-7730. 43x9p

**James Spoonamore.** All exterior painting, including barns and fences. Free estimates. No job too big or too small. 606-308-0540 or 606-758-4425. 37x12p

**Owens Monument:** Located behind Owens Funeral Home in Brodhead. Open Mon-Fri. 8 to 5 and Sat. 9 a.m. to noon. 606-758-9600. 14xntf

**Notice:** Will haul off or buy scrap metal, junk cars or trucks. Metal hauled for free. 231-6788. 14xntf

**Grave Markers & Monuments:** In stock at all times. McNew Monument Sales, US 25, 4 miles north of Mt. Vernon. Phone 256-2232. **U Call We Haul!** Anything that fits on a truck. Local or

long distance. Building - demolition - moving - clean-ups - landscaping. No garbage. 606-256-9222 or 308-1629. 35xntf  
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 57 West Main St. Brodhead. For appt. call 606-758-0064. 20xntf

**Wanted**

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**Pets**

**My cat needs a home.** He is an orange male, 2 years old. He has always been an outside cat. I have spoiled him and he is a talker and loves attention. I am moving and not able to take him. I am hoping for someone that might spoil and care for him as I have. He is a great mouser. Please call 606-308-1334. 46x1

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