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Mount Vernon, Kentucky 40456 - (606) 256-2244 Volume 130 • Number 5 50 per copy Thursday, February 4, 2016



Assistant County Attorney William Leger stands beside K-9 handler Officer Lucas Tucker, Mount Vernon Police Chief Brian Carter and Mayor Michael Bryant to welcome the local police department's newest addition, Reese. The trained bloodhound was purchased by Leger and Jailer Carlos McClure and donated to the Mount Vernon Police Department.

County threatened with lawsuit over Ten Commandments display

County Attorney says Ten Commandments stay

By: Mike French
 The Rockcastle County Judge Executive's office has received a letter from the Freedom From Religion Foundation concerning the posting of The Ten Commandments in the Rockcastle County Courthouse.

The letter, signed by attorney Patrick C. Elliot, boasts 23,000 members of the national organization "including members in Kentucky" although it doesn't say how many are in this state.

The letter claims a framed display of the Ten Commandments "Violates the establishment clause of the First Amendment."

The letter also quotes the Supreme Court that the Ten Commandments "proclaims the existence of a monotheistic God and regulates details of religious obligations."

The letter also suggests

that someone filed a complaint concerning the framed object. Judge Bishop said he and County Attorney Billy Reynolds are attempting to file a freedom of information form to find out who filed the complaint.

The letter also says "There are ample private and church grounds where this religious display may be freely placed."

The letter later suggest the county is entering into the "religion business" and are "forcing taxpayers of all faiths and of no religion to support a particular expression of worship."

However, local officials are not bowing under the threat of lawsuits just yet.

Reynolds said there comes a time when people need to stand up against those trying to limit freedom. "It's because of these liberal federal judges that we are put in this situation and there comes a time when you have to simply stand up for what's right," said Reynolds. "I'm not certain of the Judge's position, but in my view, the Ten Commandments are not coming down."

Reynolds said there are (See "Lawsuit" on A-7)

Bevin submits plan to widen I-75 in Rockcastle county

By: Mike French
 The widening of I-75 in Rockcastle County has been in the forefront of political and economic conversations for several years and the new governor has now addressed the issue.

Governor Matt Bevin

submitted his 2016-2022 recommended Highway Plan to the General Assembly last week, which includes the widening of I-75 from near Conway to Sand Springs.

The plan would create an additional lane on each side of the interstate making 6 lanes total.

The plan includes state and federal funding and it's the federal funds that would be used for the I-75 project. The \$6 billion plan also includes repairs and upgrades to bridges throughout the state, upgrading the William H. Natcher Parkway, maintenance and upkeep of the Brent Spence Bridge, expanding U.S. 461 to four lanes from Murray to the state line and widening U.S. 421/Ky 80 to four lanes in Clay County, among other projects.

"This plan provides a common sense approach to prioritizing our infrastructure needs over the next few years," said Governor Bevin. "We must be accountable to our citizens by investing in transportation projects that promote safety and economic opportunity."

(See "I-75" on A-7)

Mount Vernon gets trained bloodhound

By: Mike French

A second member of the K-9 family has arrived in the county as Reese, the one year old bloodhound, is now a part of the Mount Vernon Police Department.

Reese is the second bloodhound to join Rockcastle law enforcement after the Sheriff's department received a dog last



month.

Officer Lucas Tucker will serve as the official handler for the dog and will take the K-9 home with him every day. "He's the newest addition to our family and he's already bigger than any of my kids," said Tucker.

Reese was purchased, and donated to the police department, by Assistant

County Attorney William Leger and Rockcastle County Jailer Carlos McClure.

The two local public servants agreed that the dog would be a strong addition (See "K-9" on A-7)

Kentucky Wired to bring high-speed Internet through Rockcastle County

By: Mike French

There were not enough members present at this month's Rockcastle County Industrial Development Authority (RCIDA) for a quorum. Chairman Corey Craig said he will set up another time to hold a special called meeting before next month.

The board could not make decisions or approve any actions without at least five members present and only three, Craig, Sam Hamilton and Dale Whittaker were present.

However, Craig informed those present, including Judge Executive Doug Bishop, about the new Kentucky Wired Project.

According to Craig, the project will bring high speed internet into Rockcastle

County and can be a benefit to everyone. "This is a huge deal. It is monumental and can make a big difference in our community," said Craig.

Kentucky Wired is a

physical system of fiber optic cables that will be brought closer to communities throughout Kentucky. According to the Kentucky Wired website, the system will be an open access network.

"This means that local, public or private internet service providers can connect to the network and extend services locally," the website says. According to the map,

one of the statewide hubs for the new internet will be Rockcastle County.

"This is an historical event. What this could do for our region and the economic impact it could have is monumental," said Craig.

"Socially and economically, this is no different than a town with no water about to receive a pipeline."

According to Craig, the new system can provide many opportunities for small and large business as well as individuals. (See "Wired" on A-7)

"This is an historical event. What this could do for our region and the economic impact it could have is monumental."

Corey Craig

LVFD adds medical side by side to its rescue units

By: Mike French

After two years of fund raising and donations and ideas, Livingston Volunteer Fire Chief Chris Mason has finally added a much needed side by side rescue vehicle to the force.

"It has been a long battle, a lot of work and has taken a lot of dedicated people to make this happen. But we finally were able to work it out," said Mason.

Mason, and the rest of the 24 volunteers along with Mayor Jason Medley, has had a need for the vehicle for several years.

"We are a Trail Town now and last year alone we had five incidents where we had to find and borrow a side by side to get to the injured person," said Mason. "Now that we have this one, it is always here and ready

and we can get to people much sooner. This vehicle can easily be the difference between life or death for someone."

Still, the side by side alone would only help get rescue workers to the injured victim. It wouldn't really help get the victim out of the woods. That's where the Fiscal Court stepped in.

"Thanks to Judge (Doug) Bishop and the Magistrates, they bought us a MedBed to install in the back of the unit," said Mason.

The MedBed fits into the rear of the vehicle and allows rescuers to carry a victim from the site with room for an EMT to sit beside the victim during the trip.

"This turned our side by side into a fully functional rescue unit and will make a

(See "LVFD" on A-7)

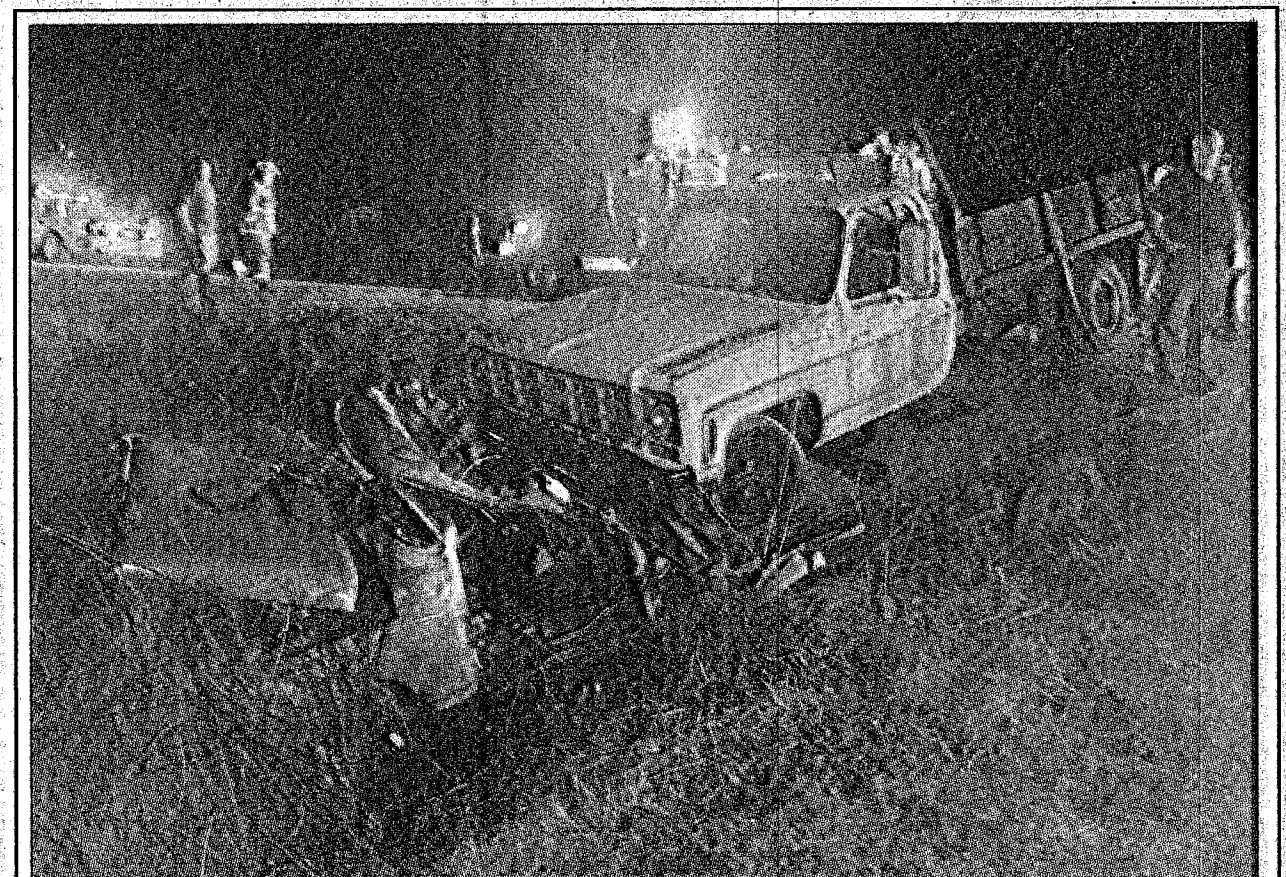
Local hospital named as Best Place to Work

Rockcastle Regional Hospital and Respiratory Care Center has been named a Best Place to Work in Kentucky for 2016 by the Kentucky Chamber of Commerce and the Kentucky Society for Human Resource Management (KYSHRM).

"We are incredibly proud to be named a Best Place to Work in Kentucky," said Carmen Poynter, human resources director at Rockcastle Regional. "Our goal is to create a work environment that attracts tal-

ented individuals who choose to be employed at Rockcastle Regional because they believe in our mission and core values. Our employees take great pride in being part of a team that conducts purposeful, worthwhile, and meaningful work."

Winners from across the state have been selected in three categories; small companies of 15-149 employees, medium companies of 150-499 employees, and large companies consisting (See "Work" on A-7)



The Mount Vernon Fire Department and Western Rockcastle Fire Department responded to an accident on Rich Farm Road Monday evening. Upon arrival, the two departments worked together to stabilize the vehicles and remove the driver, Kenneth W. Denny, 60, who had been pinned in the vehicle. Denny was taken to Rockcastle Regional and was later flown to the UK Medical Center. Rockcastle Sheriff's Deputy Bill Barrett said the right front wheel dropped off the edge of the road and Denny over corrected. Barrett said the red truck was hauling the white truck when the driver left the road causing the white truck to crush the cab of the red truck. Rockcastle EMS and units from the Rockcastle County Sheriff's office also assisted at the scene. According to Deputy Barrett, Denny was charged with D.U.I. after admitting he had five beers prior to the accident.

Of Special Note Inside

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Points East

By Ike Adams



If the knob ridge that runs about 5 miles from Point Leavelle Christian Church and Paint Lick Elementary to where it drops off into Paint Lick Creek, here in our little village, has a name, I've never heard it. But I'd be willing to bet that, at one time or another, however unofficially, it was called some body's knob.

I have often heard our little neck of the woods, meaning southern Garrard and small portions of Rockcastle, Lincoln, and southwestern Madison Counties, referred to as "The Beginning of The Knobs." And, if you live or have lived here, you already know that driving around feels mostly like you are constantly going uphill or downhill, over and over, on any major road, but that you rarely have to downshift to climb a grade unless you get behind a slowpoke.

Highway 52 traverses our little ridge top and at least four other fairly distinct knobs in just one, 23-miles, stretch of road between Lancaster and Richmond. The lyrics to an old Osborne Brothers song come to mind, "Up this hill and down. Up this hill again. It's a mighty, mighty long road, what ain't got no end."

Our house is situated down in a little valley on the watershed that runs between the afore-mentioned knob in front of us and yet another nameless one directly behind us. It's less than a half-mile drive to get to the top of either of them and the actual difference in elevation between our house and the ridgelines is less than 300 feet.

Now you might think, as I once did, that the atmospheric climate would be the same on top of the ridge as it is down here in the Valley, but you would be as wrong as I once was.

For well over a decade, before we bought this place, Loretta and I lived atop the

ridge within spitting distance of highway 52. We rarely lost any vegetable garden plants to frost when we lived up there. On the other hand, I have yet, in the 17 years we've been down in this valley, been able to grow a garden that didn't get frost-bite.

I can't count the many times I've had to scrape frost off my truck's windshield before leaving home for work and both the yard and garden were white with frost, then driven less than half a mile up the hill, past the late Dan Ledford's place, to see his truck sitting there clean as a whistle and his front yard as green as a gourd without even a hint of frost.

But, now that I'm retired, I do have to admit that I love getting up on frosty mornings before sunrise, taking a cup of coffee to the front porch swing, firing up a bowl of Captain Black and watching the frost melt. It is nothing short of phenomenal to see the first rays of sun cross the ridge top and erase broad swaths of frost from the pastures that surround our place. In one heart beat the fields will be snow white. In the next, it's as if someone was up there with a huge brush, using rapid strokes, to paint them green and tan again.

Last Saturday I even found myself much entertained by watching snow melt in much the same way. The snow was already gone from the hay fields and pastures, but the floor of the north-facing woods across the way was still solid white before those warm, intermittent and high speed gusts of wind commenced blowing in around noon-time.

One minute the air would be as still as death and the next minute it would blow so hard I could barely stand up in it. Every time a gust blew through, I could watch the snow line recede for several

(Continued on A4)

Aces Over

By Mike French



I'm in a rather odd profession considering my least favorite thing to do in life is talk on a telephone. I hate it. Every minute of it.

As all my friends are aware, I don't even answer it when it rings unless I have to for work.

When my phone rings and it's a friend, I click ignore and immediately send them a text saying "what do you want?" Sometimes, they get rather frustrated with me for that. But by now, all my friends should be well aware of that personality quirk of mine.

Doing phone interviews for newspaper articles are much different. It's straight to the point. Question and answer. Say "thank you" and hang up.

I'm a texter. I do all my communication via text whenever possible. Texting is the greatest thing since peanut butter met chocolate.

Here's one example of my problem with phone calls. If someone wants to know if I can be there Friday at 7, and I answer the phone, it's a 30 minute talk for that one little question.

"Hey man. How are you guys doing today? Did you make it through the storm okay? Well I shoveled my sidewalk and it wore me out. My wife couldn't get out and we were low on bread. I remember snow back in the day. Things were different then. Hey, do you guys have electric heat or gas? Well....." and on and on and on and on and on and on.

All he had to say was, "Can you be here at 7 o'clock Friday?" I would say "yes" or "no" and we would be done.

Unless one is interviewing someone, it is impossible to get off the phone without talking about 63 things that have nothing to do with the reason for the call.

It's not that I don't care about my friend's day or what they are up to: I do. But they have no clue what I am doing when they call. And even if they ask if I'm busy and I say, "I'm working on the lawn mower," they respond with, "Oh, I'm sorry. I won't keep you then. What about those Wildcats? Man they are playing some good basketball. Did you see the game?....."

However, with texting, they can simply send the text, "Can you be here Friday at 7?" They could even include a little smiley face if they want. Now, what ever I am doing I can keep doing. I don't have to drop everything and leap towards the phone and ignore

everyone in the room and interrupt conversations just to answer the ring.

Instead, when I get the chance (usually within a few minutes) I can answer the text. "Yes!" It's that simple.

For some reason that I can't grasp, a ringing telephone in our society has become an instant fire alarm. People will almost drop a hot skillet on the floor to leap at a ringing phone.

When a phone rings people tend to treat it like the tornado warning alarms are going off. With that first ring, many people will basically ignore whomever they are talking to and interrupt them in mid sentence to answer it. Like the world will end if they don't answer it at all?

My wife and I have a deal. We do all of our communicating via text. If my phone rings and it's her, I know it's some sort of emergency or she would have texted.

A text is quick, simple and does not assume that whatever you are doing can't possibly be as important as telling you about what a person had for lunch before they get to the point.

I do miss the old days of sitting around and chatting but that's not nearly the same thing. If I go to your house for a scheduled visit, then we both know that we have cleared our schedule and have planned out time to sit and chat. No one is getting interrupted and you can see facial expressions. I enjoy that.

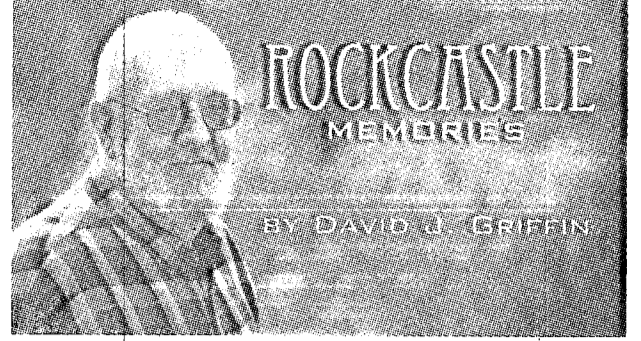
But somehow a ringing phone is like a drink of water in the desert. Even standing in a check out line, with people waiting behind, a phone ring will stop the entire process.

If you were standing and talking with someone and another person walks up, would you hold your finger up and interrupt their sentence and say, "Stop talking. I want to see what this other person says." Yet, that's what we do if a phone rings. No matter who is talking, we grab it like the last piece of pie at the family dinner.

But if a text comes through, the conversation can continue and then we can look at it.

Here's looking forward to the day that smartphones disable themselves when a person enters a bathroom or a person is kissing their spouse or talking with their children or sitting in church or in the middle of a conversation. Here's hoping that someday a phone ring is not all intrusive.

You can hate the message, but don't hate the text messenger.



The Pain of Football

Now that my wife and I have a lot more time on our hands (since retirement), we have become much more interested in professional football. We especially love to watch the Packers and Randall Cobb, who was a star running back for the University of Kentucky.

While we were recently immersed in the play-off game between Pittsburgh and Denver, a sideline spectator was "blind-sided" and was knocked completely off his feet onto his backside. From the television viewpoint, it was hilarious. However, I perfectly well knew how jolting such thing is; I knew just how he felt, only my experience was in high school football.

When I was doing my student teaching at Campbellsville High School (CHS) in 1965, the head football coach and I became good friends. He suggested that I become one of his assistant coaches, and we both began taking football coaching classes at Western Kentucky University. That gentleman's name was Vince Hancock, a name many people will recall. He had a great reputation and a winning tradition in high school football.

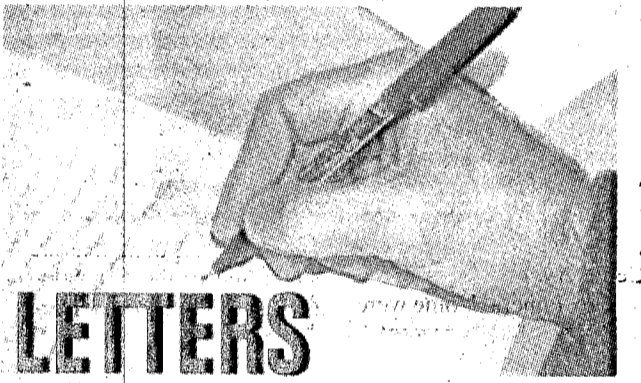
Hancock had played as a

lineman at the University of Kentucky, where he was very successful. He had a knack for coaching and was being courted by several other high school programs. He was a great teacher of the sport.

After completing my student teaching, I was hired to teach human anatomy, physiology and chemistry and to coach football under Coach Hancock. My coaching salary was the same as the other assistant. Because Coach Hancock and I had just completed a defensive football class at WKU, he gave me two specific coaching assignments. Since I was the human anatomy and physiology teacher, he made me responsible for handling the team's injuries. He also gave me the assignment to coach the defensive team during our preparation for the following Friday night's game. Please excuse my bragging, but Coach Hancock told everyone that I was the most organized assistant coach he had ever worked with in high school.

One Friday night when I was on the sideline wrapping tape on the quarterback's wrist, we

(Continued on A-4)



LETTERS TO THE EDITOR

A public thank you...

Dear Editor,

I'd like to say a public "Thank You," to my neighbor Corey Craig for all the work he did for our area on Sayre School Road. He not only cleared the road, but also our driveway then got off his tractor, took his shovel and removed the snow from in front of the garage and sidewalk.

When I thanked him for all he had done, he just gave God the credit for giving him the good health to be able to do it.

God Bless You, Corey and Thanks Again, Anna Clifford
P.S. He also did this last year

when my husband was so very ill. It was such a comfort knowing an ambulance could get in if we needed it. Kindness like this is never forgotten.

Thanks to the LVFD...

Dear Editor,

A special thanks to the Livingston Fire Department for their hard work, moving snow and setting up the tables for dinner after Bro. Jasper Carpenter's funeral and also thanks for the help from the Pine Hill Holiness Church.

We especially thank the Lord for shielding us through the snow storm.
Livingston Pentecostal Holiness Church

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Obituaries



Martha Carter

Martha Carter, 90, of Mt. Vernon, died Thursday, January 28, 2016 at the Rockcastle Regional Hospital. She was born January 8, 1926 in Rockcastle County, the daughter of the late Albert and Betty Gabbard Hall. She was a retired cook for the Rockcastle County School System, enjoyed reading, conversations with friends, sewing, loved her family, and was a member of the First Baptist Church in Mt. Vernon.

Survivors are: her husband of 73 years, Kenneth Carter of Mt. Vernon; one son, Kenny (Pam) Carter of Mt. Vernon; two daughters, Carolyn (Billy) Davis of Nicholasville, and Sharon (Howard) Coffey of Eddyville; 10 grandchildren; 25 great grandchildren; and one great great grandchild. Besides her parents, she was preceded in death by: one daughter, Deborah Bridges; one brother, Robert Hall; and one sister, Molly Lowry.

Funeral services were conducted Monday, February 1, 2016 at the First Baptist Church with Bro. Eddie Nation and Bro. Harry Harmon officiating. Burial was in the Scaffold Cane Cemetery.

Cox Funeral Home were in charge of arrangements. Send condolences online at www.coxfuneralhomeky.com.



Geoffrey Fugate

Geoffrey Pearl Fugate, 33, of Somerset, passed away at his residence.

He was born in Hamilton, Ohio on June 3, 1982, a son of Bonnie Lou Renner and Gregory Pearl Fugate. He was employed in the restaurant industry, was of the Baptist Faith and enjoyed photography and astronomy.

Survivors are his mother, Bonnie Lou Renner (Drew) and stepfather Nelce Drew, of Orlando; his father, Gregory Pearl Fugate (Joan Murphy) of Greenfield, Ohio; his brothers, Chad Fugate of Brodhead, Darris Messinger of Fairfield, Ohio, Ryan Messinger of Mt. Vernon, Tim Fugate of North Carolina, Jacob Fugate of Atlanta, GA, Mitchell Scott Drew (Zelda) of Lovern, TN and Phillip Nelson Drew (Angel) of Hamilton, Ohio and one sister, Mary Fugate of Atlanta, GA.

He was preceded in death by his grandparents, Edna Joyce Renner Messinger, Shelby Fugate and Virginia Fugate Lynch and an uncle, Tim Fugate.

Funeral services were held Saturday, January 30, 2016 at New Hope Baptist Church with Bro. David Carpenter officiating. Burial followed in the Johnetta Cemetery.

In lieu of flowers, the family requests donations be made to New Hope Baptist Church or to Johnetta Cemetery in Geoffrey's memory. Online condolences can be made at www.marvineowensfuneralhome.com.

Mary Kathalene Hunt

Mary Kathalene Quinn Hunt, 91, of Mt. Vernon, died Thursday, January 28, 2016 at the Rockcastle Regional Hospital. She was born June 23, 1924 in Livingston, the daughter of the late John Clifford and Flossie Christiana Gustafson Quinn. She was a teacher for the Rockcastle County School System for 33 years, was an ECU graduate, worked at Lovemans Montgomery Wards, Pazitz Dept. Store, was a Rosie the Riveter at Willow Run Bomber Plant in Ypsilanti, MI, worked in the L&N Railroad ticket office in Birmingham, AL, was a member of the Daughters of the American Revolution, and the P.T.A., enjoyed genealogy, the Women's Club, and was a Kentucky Colonel. She was a member of the First Christian Church where she served as song leader, was on the building committee, and taught Sunday School and Bible School.

Survivors are two daughters, Miss Mary Alice Hunt, and Mrs. Virginia (Tom) Darst, both of Mt. Vernon. Many cousins also survive. Besides her parents she was preceded in death by her husband of 63 years, William Edward Hunt.

Funeral services were conducted Tuesday, February 2, 2016 at the Cox Funeral Home with Bro. Buford Parkerson officiating. Burial was in the Elmwood Cemetery.

At the family's request, there will be no visitation. In lieu of flowers donations are suggested to the Elmwood Cemetery Perpetual Care fund.

Pallbearers were: Paul Thomason, Oscar Fain, Gary Cromer, Sam Ford, Jim Clontz and Dale Winstead.

Honorary pallbearers were: Joe Clontz, Joe Fain, Joe Ed Cummins, Clayton Robinson, Wilburn Norton, Perry Mink, David Woodall, Terry Owens and John Mark Bray.

Send condolences online at www.coxfuneralhomeky.com.



Bernice Rice

Bernice McClure Rice, 75, of Latonia, and formerly of Livingston, died Monday, January 25, 2016 at the Rosedale Green Center in Latonia. She was born in Rockcastle County on August 21, 1940, the daughter of John Nathan and Fanny Elizabeth Vance McClure. She was a homemaker and a member of Blue Springs Church of Christ.

She is survived by: three brothers, Zade McClure, Shirley McClure and Delno (Linda) McClure, all of Mt. Vernon; and one sister, Eita Evans of Carthage, OH. In addition to her parents, she was preceded in death by: three sisters, Berdie Mae, Freda Helen and Lelia Mae; and one brother, Sherman.

Funeral services were conducted Sunday, January 31, 2016 at the Dowell & Martin Funeral Home Chapel with Bro. Marcus Reppert and Gary Reppert. Burial followed in High Dry Cemetery.

Pallbearers were: Rick Phelps, Lawrence Phelps, Derald Phelps, Carlos McClure, Dean McClure and Dale McClure. Visit www.DowellMartin.com to view online obituary.

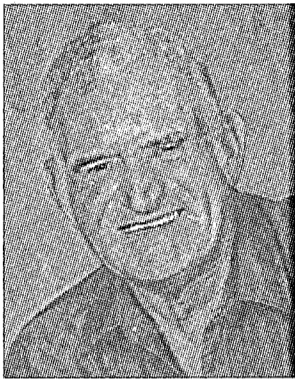
David Brock

David Brock, 68, of Brodhead, affectionately known as "Diamond Dave", died Tuesday, February 2, 2016 at the Rockcastle Health & Rehabilitation.

Visitation will be held Friday, February 5, 2016 from 4-8 p.m. at the Marvin E. Owens Home for Funerals.

Funeral services will be conducted Saturday, February 6, 2016 at 1 p.m. at the Marvin E. Owens Home for Funerals.

Burial will follow in the Saylor Cemetery.



Sam Henry Barron

Sam Henry Barron, 79, of Somerset, died January 21, 2016 at Rockcastle Regional Hospital with his family by his side. He was born September 21, 1936, a son of the late Sam James and Lynda McClure Barron. He was of the Church of Christ faith and enjoyed, fishing and working in his garden.

He is survived by: his wife of 69 years, Roxie (Perl) Barron; five children, Dorothy Rose McClure of Brodhead, James Henry Barron, Randy D. Barron, Ronnie Lee Barron and Deane Eugene Barron; six grandchildren, Tammy Fletcher, Benjamin Barron, Marvin Barron, Randy D. Wayne Hensley, Kristin Marie Barron and Peggy Joetta Barron; four great grandchildren, James Edward Fletcher, Ashley Nicole Fletcher, Buddy Scott Barron and James Marvin Sam Barron; one half-brother, Jimmy Dean Barron; three sisters, Dorothy McFerron, Wanda Navalre and Hellen Cameron; and many nieces and nephews who will miss him very much.

Besides his parents, he was preceded in death by: two children, Billy Earl Barron and (infant) Violet Marie Barron; one brother, Willie Barron; and five sisters, Lucy McClure, Zora Mae Brown, Louella Brown, Vina McFerron and Maggie Bradley.

Casketbearers were: Been Barron, James Barron, Perry Denney, Randy Hensley, Marvin Barron and James Fletcher.

Funeral services were conducted January 30, 2016 at the Marvin E. Owens Home for Funerals Chapel with Bro. Marvin Cromer officiating. Burial was in the Old Freedom Cemetery. Condolences may be made to the family at www.marvineowensfuneralhome.com.

KPR Meeting February 9th

The Cumberland Valley Chapter of the Kentucky Public Retirees (KPR) will meet Tuesday, February 9th at Golden Corral Restaurant (next to Wal-Mart) in London. Mealtime will begin at 11:30 a.m. with the meeting to follow. Guest Speakers will be Brittney Teives, Humana's Medicare representative/liaison.

Any retiree, and their spouse, receiving retirement benefits from KERS, CERS or SPRS is welcome to attend. Membership information will be available at the meeting or at the website: kentuckypublicretirees.org. For more information, call 606-877-0079.



Sandra Harris

Sandra Kay (Hooker) Harris, 63, of Hustonville, died Thursday, January 28, 2016 at the Ephraim McDowell Regional Hospital in Danville. She was the wife of William "J.R." Harris whom she married on December 31, 1984. She was born in Stanford, on December 27, 1952. She was a daughter of Dora (Durham) Hooker and the late Woodson Hooker. She was a member of the Lancaster Church of God, having been a former Sunday School Teacher. She was a very artistic person and loved Indian crafts. She was a huge music lover and cherished each of her grandbabies.

Survivors include: her loving husband of 31 years, J.R. Harris; mother, Dora Hooker; daughters, Melissa (Don) Hansen, Jessica (Kalem) Grasham and Sarah Ratliff; a son, Josh Harris; brothers, Rocky Hooker, Cotton Hooker, Tim (Christine) Hooker and Tom Hooker; sisters, Judy (Roger) Reeves and Janie (Bob) Dehullu; grandchildren, Julie Anne Villani, Cheyenne Grasham, Stefanie Hansen, Tucker Pike, Richard Hansen, Jake Grasham, Dakota Ratliff, Nicholas Hansen and Cassidy Grasham; three step grandchildren, Caitlyn, Patrick, and Sarah Hansen.

In addition to her father, she was preceded in death by: her maternal grandparents, Astor and Mary Jane Durham; paternal grandparents, Floyd and Minnie Hooker; and two uncles, Lloyd and Glen Durham.

Funeral services were held Monday, February 1, 2016 at McKnight Funeral Home Chapel with Bro. Patrick Roberts officiating. Burial was in Durham Cemetery.

Memorial contributions can be made to the Lancaster Church of God at 1678 Lexington Road, Lancaster, Kentucky 40444.



Patsy Towery Harmon

Patsy Towery Harmon, of Tustin, CA, died January 4, 2016. She was the widow of Earl Harmon and the daughter of the late Bige and Grace Towery of Rockcastle County. She was a member of Conway Baptist Church and was a 1946 graduate of Mt. Vernon High School.

She is survived by three sons, one daughter, five grandchildren, and four great grandchildren, all residents of California and Colorado. Also surviving are one sister and two brothers.

She was preceded in death by her husband, parents, one brother, and two sisters.

Burial was in Berea Cemetery.

Local arrangements were handled by Lakes Funeral Home in Berea.



Odabe Phillips

Odabe Phillips, 80, of Mt. Vernon, died Monday, February 1, 2016 at the Compassionate Care Center in Richmond.

Visitation will be (today) Thursday, February 4, 2016 from 11 a.m. - 2 p.m. at the Marvin E. Owens Home for Funerals.

Funeral services will follow at 2 p.m. at the Marvin E. Owens Home for Funerals Chapel with Bro. James Blanton officiating. Burial will follow in the Leger Cemetery at Conway.

Condolences to the family may be made at www.marvineowensfuneralhome.com



Callie Louise Slusher

Callie Louise Slusher, 73, of Livingston, went home to be with the Lord Wednesday, January 27, 2016 at Rockcastle Regional Hospital. She was born in Harlan County on May 10, 1942, the daughter of Doc and Lula Caudill Wynn. She was a homemaker, enjoyed flowers and gardening and was of the Holiness Faith.

Those left to mourn her death are: two sons, Dewayne (Tammy) Slusher and Jerry (Sue) Slusher, both of Livingston; three daughters, Glenda Slusher of Livingston, Carolyn (Albert) Carpenter of Lamer and Norma Morris of McKee; one brother, Lee (Brenda) Swain; seven sisters, Jeanette Swain, Pauline Swain, Beatrice Swain, Hazel Swain, Martha Swain, Matilda Swain and Susie (Jerry) Whiteacre; and special friend, Russell Blackburn. Also surviving are 16 grandchildren and 25 great grandchildren.

In addition to her parents, she was preceded in death by: her loving husband of 43 years, Robert Lee Slusher; her brothers, Douglas Arthur, James Holbert, Junior and Kenneth Ray Swain; a sister, Shelby Jean; an infant sister; and her son-in-law, Michael Morris.

Funeral services were conducted Monday, February 1, 2016 at the Calloway Holiness Church by Bro. Jack Martin. Burial followed in the Red Hill Cemetery.

Arrangements were by Dowell & Martin Funeral Home.

Visit www.DowellMartin.com to view online obituary.



Rebecca Hunt Riddle

Rebecca Hunt Riddle, 91, of Lexington, died Monday, January 25, 2015 at the St. Joseph Hospital in Lexington. She was born May 13, 1924 in Rockcastle County, the daughter of the late John and Mattie Purcell Laswell. She retired from the Avon Signal Depot, enjoyed music, reading, bingo, was a UK sports fan, and was a member of the Tates Creek Baptist Church.

Survivors are: two daughters, Carolyn Hunt (Bill) Hunter of Columbia, TN, and Betty Hunt (Mike) Lyons of Hebron; one brother, Billy (Ann) Laswell of Nicholasville; five grandchildren; and 10 great grandchildren. She was preceded in death by: her first husband, Ervin Hunt; her second husband, Robert E. Riddle; and two brothers, Troy James, and Johnnie Ray Laswell.

Funeral services were conducted Saturday, January 30, 2015 at the Cox Funeral Home with Bro. Johnnie Collins officiating. Burial was in the Maretburg Cemetery.

In lieu of flowers, Memorial contributions are suggested to: The Susan G. Komen Breast Foundation or Bluegrass Hospice.

View the complete obituary, sign the guest registry, or send condolences to the family online at www.coxfuneralhomeky.com



Crystal Janel Stewart

Crystal Janel Stewart, 36, wife of Jason Boyd Stewart, of Mt. Vernon, died Saturday, January 16, 2016, at Rockcastle Regional Hospital in Mt. Vernon.

She was the mother of Jalon Lucas Stewart of Mt. Vernon; the daughter of James and Edna (Bush) Renner of Mt. Vernon; and the sister of Amanda Osborne and Dustin Sizemore, both of Leslie County and Stephanie Sizemore of Mt. Vernon.

Funeral services were conducted Tuesday, January 19, 2016 at East London Holiness Church with Jerry Holland and Jerry McKinley Holland officiating. Burial was at the Renner Family Cemetery in Mt. Vernon.

London Funeral Home is in charge of all arrangements.

Rockcastle Public Library Books for Bikes

All book summary forms must be returned to the library by Saturday, March 5th
What: Child read books and do a simple book summary form
Who: Children ages 1-12.

Register at library or on the Bookmobile.

For more information call 256-2388

Tips to prevent cold and flu this season

(StatePoint) Cold and flu season is upon us, which for many people means it's time for sore throats, coughs and runny noses. While colds cause mild versions of these symptoms, the flu is typically more severe with additional symptoms like a fever and muscle aches. Unfortunately, both conditions are all too common.

Annually, people in the United States suffer one billion colds, and up to 20 percent of people in the US get the flu, according to the National Institutes of Health.

"Fortunately, there are many steps that people can take to ward off the threat of cold and flu," says Jill Turner-Mitchael, a registered pharmacist and the senior vice president of Sam's Club Health and Wellness.

How can you keep yourself and your family healthy this season? Turner-Mitchael and the Sam's Club pharmacists are offering some tips:

- **Eat right:** Wellness starts from within. Boost your immunity with a healthful diet complete with a variety of fruits and vegetables. You'll want to ensure your family maintains a diet that is rich in vitamin C, beta carotene and vitamin E. Get your daily dose in hearty soups, vegetables roasts and winter salads.

- **Wash your hands:** The outside world can be a germ place. Before opening the mail or changing out of your work clothes, wash your hands. This should be the first thing you do when you get home and the first step in any meal preparation that you do. Wash them often,

throughout the day, as well.

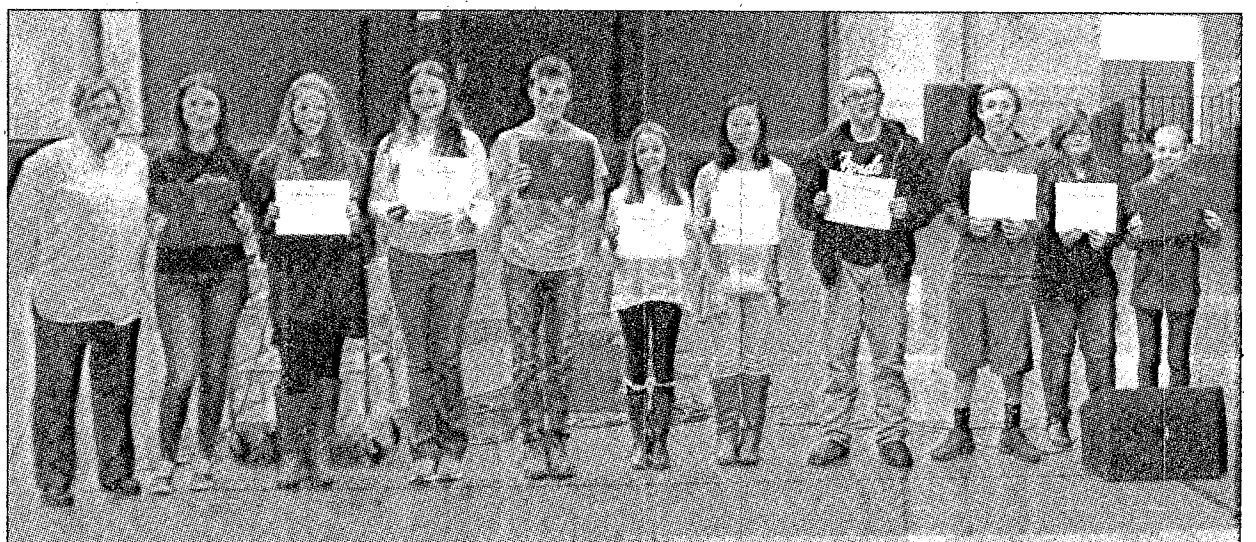
- **Get some rest:** Lack of sleep can contribute to weakened immunity. Keep your body strong by taking advantage of the short days in winter to head to bed a bit early and get a proper amount of shut eye.

- **Get vaccinated:** Don't forget to get a flu shot. A new one is needed every year, as the body's immune response from vaccination is temporary. This season's shot will protect against the viruses that research shows will be most prevalent.

These days, it's easier and more affordable than ever to do so. Licensed pharmacists can administer walk-in flu shots at retailers like Sam's Club, which offers affordable flu shots to both members and the public. Specifically, Sam's Club is offering standard three and four strain flu shots to anyone eight years of age and above, as well as a special high-dose shot designed for seniors 65 years and older. Turner-Mitchael says this is part of the company's commitment to helping people live healthier lives. Learn more at www.SamsClub.com.

- **Stay active:** You may not have any beach plans in the works but that doesn't mean you should neglect the gym. One of the many benefits of regular exercise is that it is linked to a healthy immune system, so stay active all year long.

Don't let a bad cold or flu sweep you off your feet this winter. Take steps to guard your health all season. And remember - if you have any questions about the common cold, the flu, or any other health conditions, your local pharmacist can be a great go-to resource.



Out of 46 entries, these 10 students were chosen for their excellence in writing in the recent Daughters of the American Revolution essay contest. 1st place winners will be entered in the state competition. Congratulations to these RCMS students. Pictured from left are: Kathy Bobo, DAR member and RCMS faculty member, Ashlyn Brock (1st place, 8th grade), Gracelyn Owens (2nd place, 8th grade), Jaylon Ponder (3rd place, 8th grade), Justin Mink (1st place, 7th grade), Kerrigan Medley (2nd place, 7th grade), Jenna Wells (tied for 3rd place, 7th grade), Jacob Cook (tied for 3rd place, 7th grade), Reese Coguer (3rd place, 6th grade), Bailey Cromer (2nd place, 6th grade), and Kylie Martin (1st place, 6th grade).

"Points East"

(Continued from A-2)

feet at one time down the side of the knob. And, again, it was as though a giant hand had decided it was tired of white and had

"Memories"

(Cont. from A2)

were both literally knocked under the bleachers by a violent sideline tackle. As I picked myself up, I thought I could see stars even though the sky was covered with clouds, like one of those cartoon characters. Even though I was young and in good health, I felt every pound of that blow - for several days!

In the summer of 1968, I accepted a teaching and coaching position at Mt. Sterling High School in Montgomery County. I was, once again, working with one of the top coaches in the state, Coach Charles "Chili" Ishmael. It was a great time to be at that school because, the year before I came on board, the Mt. Sterling Tro-

decided that dark brown was the way to go. The difference was as radical as Loretta getting tired of the ivory white on our

jans had been Runner-Up in the Class A State Championship game.

Coach Ishmael also assigned me to work with team injuries and to work with the offensive backfield and the defense. One night I was examining a halfback's wrist on the sideline. We were sitting on a bench, and I could see that his wrist was continuing to swell. I asked the Principal to see if there was a physician in the stands. Within a few minutes, an elderly doctor came to the sideline and sat on the bench with me and the player. I could smell the alcohol on his breath. All of a sudden, he overturned the bench and all three of us were lying on the ground with our feet in the air. The startled player looked at me and said, "Coach, don't let him touch me! He is drunk!"

Even though it was a serious matter, the spectacle of a coach, a player, and a physician on the sideline with their feet in the air must have been hysterical to witness. Coach Ishmael thought it was hilarious - after he found out that none of us was seriously hurt.

The two incidences of being on my backside during football games remains in my mind as very comical. One was physically painful and the other was humiliating. A lesson from both sides of the aisle, I suppose.

By the way, our Trojan team won the State Class A Championship the following year, in 1969. That was the most amazing year of my 38 years of teaching and coaching.

I will forever be indebted to both Coach Hancock and to Coach Ishmael, who both became very close friends.

(You can reach me at themtman@att.net or you can drop me a line at 2167 Furnace Road - Stanton, KY 40380. I appreciate your suggestions and comments.)

dining room walls and painting them a color she calls mulberry except the wind worked a lot faster

than my wife when it comes to painting and it was a lot more fun to watch.

Rockcastle Community Bulletin Board

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Bookmobile Schedule

Mon., Feb. 8th: child Development, Seek 'n Learn, Tic Toc Pre-School. Tues., Feb. 9th: Maple Grove, Orlando and Climax. Feb. 10th: Calloway, Red Hill, Sand Hill, Livingston, Lamero, Pine Hill. Schedule subject to weather conditions. February is Love Your Library Month. Overdue books can be returned with no fines.

Republican Presidential Caucus

On Saturday, March 5th, Kentucky Republicans will vote on their nominee for President. Rockcastle Republicans will vote at the Rockcastle County Middle School between 10 a.m. and 4 p.m. Absentee ballot applications can be found at www.rpk.org/caucus and the application must be submitted by February 19th. Call Republican Chair Doris Cromer at 606-308-9704 for assistance.

Hearts For Hospice

Throughout February, Citizens Bank in Brodhead and Mt. Vernon will offer customers Hearts for Hospice. For a donation, customers will receive a memorial heart, which will be displayed at the banks throughout the month. All proceeds support Hospice Care Plus.

RRTA Meeting

Plan to attend the Rockcastle Retired Teachers' Association meeting on Wednesday, February 17th at 11:30 a.m. at Limestone Grille. Special guest speaker will be KRTA board member Mary Adams.

KPR Meeting February 9th

The Cumberland Valley Chapter of the Kentucky Public Retirees (KPR) will meet Tuesday, February 9th at Golden Corral Restaurant (next to Wal-Mart) in London. Mealtime will begin at 11:30 a.m. with the meeting to follow. Guest Speakers will be Britney Teives, Humana's Medicare representative/liaison. She will go over the KRS Humana Medicare Advantage plan and answer questions any retirees might have. Any retiree, and their spouse, receiving retirement benefits from KERS, CERS or SPRS is welcome to attend. Membership information will be available at the meeting or at the website: kentuckypublicretirees.org. For more information, call 606-877-0079.

Alpha Recovery

Alpha Recovery, a program promoting freedom from addiction, not a life long struggle with drugs, alcohol or anything else, meets each Saturday from 3 to 4 p.m. at Chestnut Ridge Church of God in Mt. Vernon. The group is led by Ray Owens and Tommy and Gina Dooley. "The past does not have to be your prison. You have a voice in your destiny. You have a choice in the path you take." Max Lucado For more information, call 606-308-5593.

Celebrate Recovery

Celebrate Recovery classes are held every Monday night at the Community Outreach Center in Brodhead. Celebrate Recovery is a 12-step Christ-centered program and is a safe place to share and begin healing from all hurts, hang-ups and habits. Meal at 6 p.m. Music 6:45 p.m. Large Group 7 p.m. Signatures available for court, probation and snap. For more information, please call Chris Martin 606-308-3368.

DAR Meetings

The Rockcastle Chapter of the Daughters of the American Revolution meets the first Monday of each month, September-May at 6 p.m. at First Christian Church in Mt. Vernon. All prospective members are welcome to attend.

Brodhead Lodge Meeting

The Brodhead Masonic Lodge #566 meets every third Saturday at 7 p.m. on Main Street in Brodhead above Brodhead Pharmacy.

Alcoholics Anonymous

Alcoholics Anonymous meets Tuesday nights at 8 p.m. behind Our Lady of Mt. Vernon Church on Williams St. in Mt. Vernon.

Kiwanis Club Meetings

The Rockcastle Kiwanis Club meets every Thursday at noon at the Limestone Grille. Everyone is invited.

Historical Society Hours

The Rockcastle Historical Society is open on Mondays from 10 a.m. to 2 p.m. in the RTEC garage building.

American Legion Post 71

American Legion Post 71 meets the second Thursday at 6 p.m. of each month at the Limestone Grille. Commander Tommy Hodges invites all Rockcastle veterans to join this organization that honors American soldiers, sailors and airmen.

John E. Clontz

now associated with
Law Offices of
Jerry J. Cox and Jim Cox



After spending twelve years exclusively representing healthcare companies, I am returning to the practice of law.

With my previous twenty plus years in private practice and recent focus on healthcare law, my legal experience will be beneficial in all types of health and injury claims, business/commercial transactions, and all types of litigation.

I will be associating with Jerry J. Cox and Jim Cox, and I will be practicing at their 115 Richmond Street, Mt. Vernon office.

My contact number is (859) 433 - 0953.

I look forward to renewing old acquaintances and helping you with any future personal injury, health, business or other legal issues you experience.

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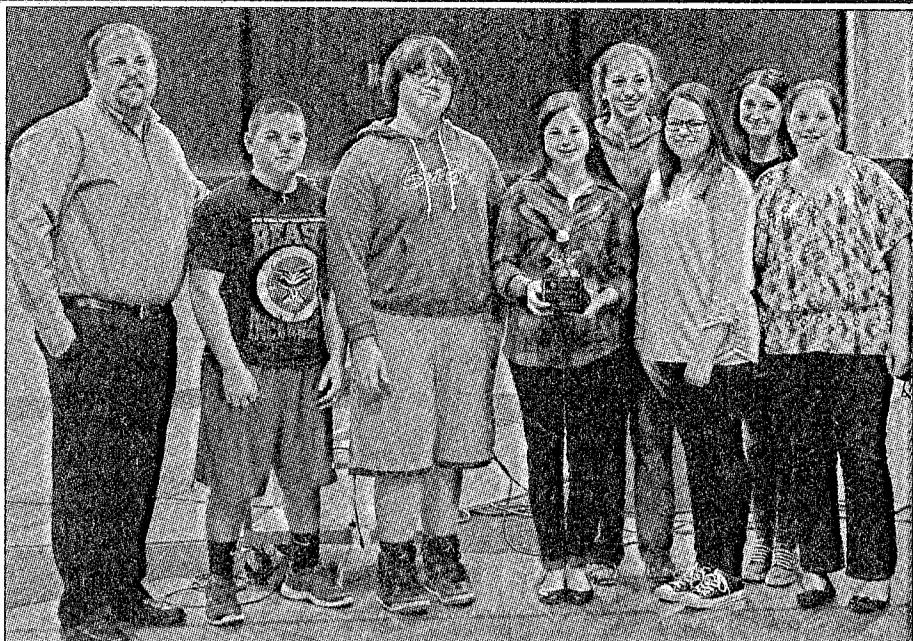
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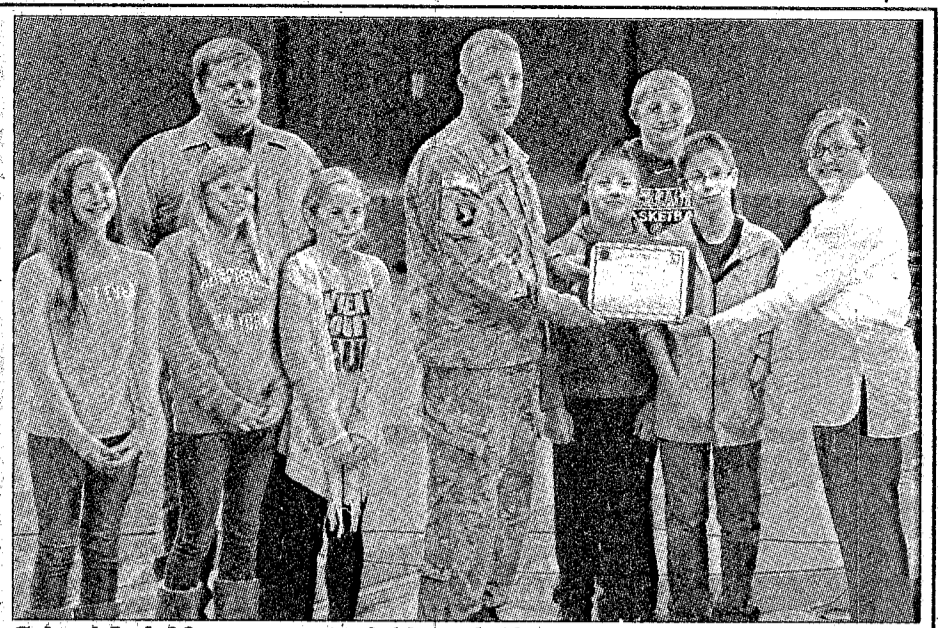
KENTUCKY FARM BUREAU



BIG ON COMMITMENT.



The RCMS Unite Club is proud to be the middle school Unite Club of the year for the 7th year in a row. The 2015-2016 Unite Club officers accepted the trophy from Operation Unite representative Carl Varney on Tuesday in a school-wide assembly. Officers are: Zach Taylor, Morgan Johnson, Kylee Fain, Autumn Courtney, Savanna Sweet, Ashlyn Brock, and Lara Renner. RCMS Unite Club sponsors are Leshia Cromer, Angie Payne and Kim Hunter.



Colonel Jack Morgan presented 6th grade Voyagers with a certificate of appreciation to RCMS students for their work preparing treat bags for the numerous Wounded Warrior hunts taking place at the Bluegrass Army Depot. RCMS is a long-time supporter of the Wounded Warrior Project. Accepting the award on behalf of the Voyagers team was Tori Rowland, Savannah Thacker, Journey McGuire, Hunter Miller, Matthew Chasteen, Jamason Smith and Mrs. Kathy Bobo. Joining Col. Morgan was Mr. Shane Puckett.

Kentucky Afield Outdoors

February, the month to catch walleye and sauger from the bank

Many anglers would drive a few hundred miles for a chance to catch an 8-pound walleye or a limit of tasty sauger. Kentuckians only have to drive to Campbellsville and head south on KY 55 to the Tailwater Recreation Area below Green River Lake. You don't even need a boat.

"We saw walleye up to 8 pounds when we did population sampling on Jan. 15, just below Green River Lake Dam," said David Baker, stream fisheries biologist for the Kentucky Department of Fish and Wildlife Resources. "It is just impressive, we see nice fish there. We don't see as many sauger, but the ones we see are large."

Kentuckians are blessed with several places to bank fish for walleye and sauger. Excellent access exists below Green River Lake, Lake Cumberland, Kentucky Lake and Lake Barkley as well as below several locks and dams on the Ohio River. February through early March is the best time of year to catch them.

The Tailwater Recreation Area below Green River Lake provides first-rate bank access for walleye and sauger anglers. A suspending jerkbait draws strikes from walleye in this stretch. Start with jerkbaits in natural shad colors such as grey, silver and black and work them aggressively. If the walleye show no interest, change to loud color combinations such as clown or fire-tiger.

Live minnows rigged on a No. 2 Octopus-style hook attract walleye as well as sauger in this area. Crimp enough split shot on the line about a foot above the hook

for the offering to gently hit bottom on occasion.

The Cumberland River below Wolf Creek Dam is another excellent bank fishing spot for walleye and sauger.

"We picked up some nice walleye on Cumberland River during trout population sampling last fall," said Jeff Crosby, Central Fisheries District biologist who helped in the effort. "We captured and released a walleye over 8 pounds and a significantly bigger one got away under the boat."

The river produced the current 7-pound, 7-ounce state record sauger in the early 1980s.

Walleye and sauger in Cumberland River congregate below Wolf Creek Dam in February and March to devour threadfin shad and alewives. The cold water from a long winter stresses and disorients these baitfish and they get pulled through the dam and into the river.

Medium-sized live shiners or large crappie minnows fished on or near bottom score on these fish.

Electrical generation at Wolf Creek Dam greatly impacts bank fishing below it. The Nashville District of the U.S. Army Corps of Engineers at http://www.lm-wc.usace.army.mil/tva_schedule.shtml posts the current and anticipated generation schedule under the "Wolf" column. Any reading above 90 is likely too swift for bank fishing.

The Ohio River has two excellent bank fishing spots for sauger a stone's throw from downtown Louisville, both below McAlpine Lock and Dam. The Falls of the Ohio State Park in Clarksville, Indiana, grants superb bank access. Anglers

with a valid Kentucky fishing license may fish from the bank on the Indiana side of the Ohio, but must abide Indiana fishing regulations.

Anglers may also fish at the bank access on Shippingport Island, reached via North 27th Street and Marine Street in Louisville. Drive over the lock to a parking area on Shippingport Island.

"The fossil beds below McAlpine Lock and Dam on the Indiana side hold quite a few nice sauger and walleye," Crosby said. "You can bank fish below the hydroelectric structure and around the bend of the island at the Shippingport Island Access. There are some current breaks there that hold fish. We've seen good sauger and walleye there as well."

Small chartreuse and orange deep-running crankbaits, silver casting spoons and lime-green curly-tailed grubs rigged on a leadhead heavy enough to get near bottom make great lure choices below McAlpine Lock and Dam for walleye and sauger.

Grubs impregnated with salt and scent work best. Sauger only strike them if they are worked on or just above the bottom.

The new fishing access below Meldahl Lock and Dam near Foster, Kentucky, in Bracken County is another excellent bank fishing

spot for sauger. Anglers may also fish for sauger on the Indiana bank below Markland Lock and Dam, just west of Warsaw, Kentucky, in Gallatin County.

Anglers catch plenty of sauger from the bank in the tailraces below Kentucky Lake and Lake Barkley in February. Several years ago, workers installed fishing piers and other structures designed for the bank angler below Kentucky Dam.

Excellent parking and bank fishing facilities await anglers on the eastern side of the Cumberland River below Barkley Dam. An orange and black curly-tailed grub rigged on a leadhead really shines for sauger in these spots.

Start with a 1/4-ounce leadhead and go up to a 1/2-ounce if the grub doesn't occasionally strike bottom. The catch rates for sauger in these two areas rival anything found in Kentucky.

February is often a dreary month, the last vestige of winter before the arrival of the southerly winds of spring. A huge walleye or feisty sauger on your line relieves any wintertime blues.

Author Lee McClellan is a nationally award-winning associate editor for Kentucky Afield magazine, the official publication of the Kentucky Department of Fish and Wildlife Resources. He is a life-long hunter and angler, with a passion for smallmouth bass fishing.

Minds in the Middle

We are encouraging our students to be a part of the first ever musical production at RCMS. Auditions for the spring musical, "Seussical the Musical" will be Tuesday, February 9th after school. See Ms. Hunt or Ms. Smith for an information sheet and permission form.

Congratulations to our recent kind kids of the week: Ellie Robinson, Chance Gampher, Daniel Mason, Travis Durham, Dalton Pash, Jacklin Weaver, Katie Osborne and Joshua Wright.

We have had a donation of two bicycles to give away in a drawing from all students who have perfect attendance from now until the end of school. Students keep your attendance in check and you could be a lucky winner. It's just one more reason to be at school every day!

The Archery Team is preparing for competition in the Region 10 Tournament on Saturday at the Center for Rural Development in Somerset. The team will practice on Thursday and Friday afternoons from 5-7:00.

Continue to collect Box Tops for Education. The end date for this collection period is February 24th.

The deadline for any 8th graders who are interested in applying for the Rogers Scholars summer program is February 15th. See Mrs. Cromer or Mrs. Bullock for information or assistance.

Remember to order your yearbook. The cost is \$35. Additional forms are available in the office if needed.

Spring pictures will be this Friday, February 5th.

There will be a Valentine's Day dance on Friday, February 12th. Tickets to the dance will be \$3 each. Profits will go to the 8th grade trip fund. We need parents of 8th grade students to donate items to sell for the dance. Canned drinks, candy bars, and individual bags of chips would be greatly appreciated.

The 4-H sewing projects will be taking place in February and March. Interested middle school students can stop by the Youth Services Center for more information.

ESS will resume this Thursday, February 5th. There will be Art Club as well. There is no choir practice or drama club this week.

The Unite Club sends a thank you to Operation Unite for sending t-shirts to each member. Any Unite members who have not yet received their Unite t-shirt can see Mrs. Cromer in the office.

We wish the best to our school spelling bee winner, Aiden Cain, as he participates in the district spelling on Thursday.

There is no school on Presidents' Day, February 15th.

Financial Aid Tip of the Month

Federal student aid programs can help pay college costs

The federal government sponsors numerous financial aid programs that can help students and their parents pay college expenses. This brief summary from the Kentucky Higher Education Assistance Authority (KHEAA) describes the more common federal grant and loan programs. Grants generally do not have to be repaid, but loans do.

•Federal Pell Grant: Pell Grants provide up to \$5,815 per year for undergraduates with financial need. The amount may change this year.

•Federal Supplemental Educational Opportunity Grant: grants that provide up to \$4,000 per year for undergraduate students who have exceptional financial need.

•Direct Subsidized and Unsubsidized Loans: These loans, also called Stafford Loans, are available to undergraduate, graduate and professional students. The amount students may borrow depends on their year in school.

•Federal PLUS Loan: Parents of dependent undergraduate students may

qualify for PLUS Loans, depending on the parents' credit ratings. The amount available depends on how much other financial aid the student receives. Graduate and professional students may apply for PLUS Loans if they have exhausted their Subsidized and Unsubsidized Loan eligibility.

The Free Application for Federal Student Aid (FAFSA) is used to apply for all of these programs. Families seeking a PLUS Loan must also submit a separate application.

KHEAA is the state agency that administers the Kentucky Educational Excellence Scholarship (KEES), need-based grants and other programs to help students pay their higher education expenses.


To find links to other useful education websites, go to www.gotocollege.ky.gov. For more information about Kentucky scholarships and grants, visit www.kheaa.com; write KHEAA, P.O. Box 798, Frankfort, KY 40602; or call 800-928-8926, ext. 6-7214.

Be a
Queen of Hearts


Please join us for a heart health event focused on making you a queen for the night. This FREE event features guest speakers, a free gift, massages, door prizes, educational booths, a heart-healthy meal, and more!

Tuesday, February 16
Rockcastle Middle School • 5:30 p.m.

For more information or to sign up, contact Jana Bray at 606.256.7880 or j.bray@rhcc.org by Friday, February 12.



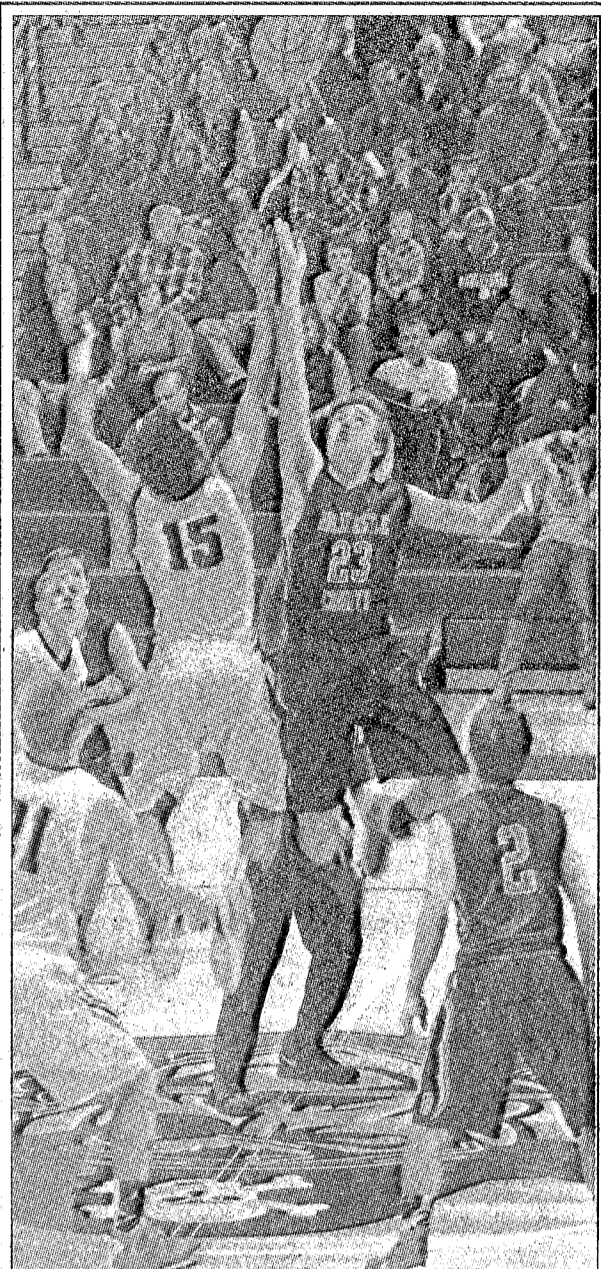
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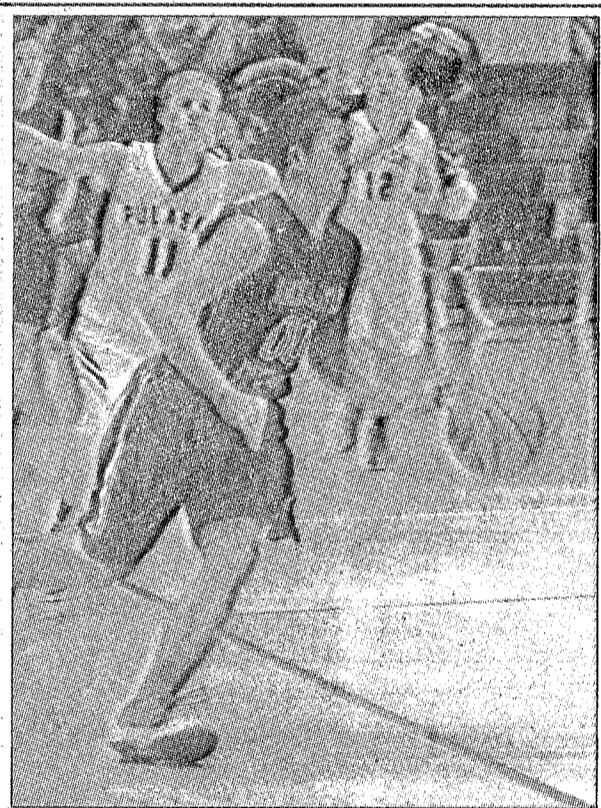
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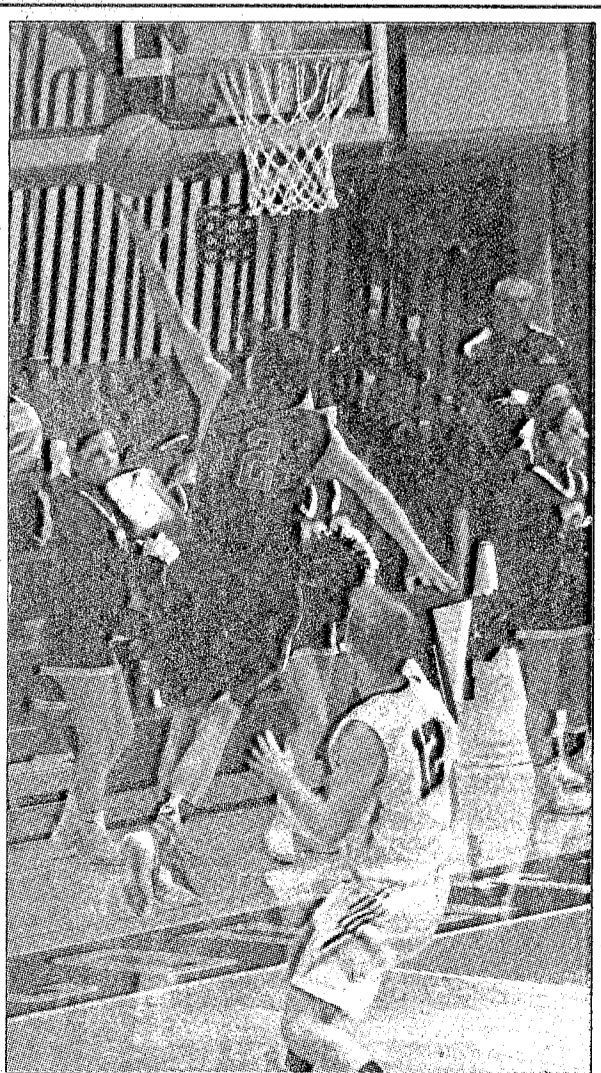
SPORTS



Junior Lucas Gentry tips off the game for the Rockets last Friday night against Pulaski County. Gentry scored 20 points for the Rockets in the loss.



Junior Carson Noble drives to the basket for two of his team leading 23 points in the Rockets' 83-75 loss to Pulaski County last Friday night.



Junior Thomas Burdette goes in for a lay-up in the Rockets' loss to Pulaski County Tuesday night. The Rockets defeated McCreary Central Tuesday night to bring the record to 16-9 on the season. Burdette scored 15 in that contest.

Pulaski Co. 52 Lady Rockets 46

Lady Rockets lose to Pulaski Lady Maroons

After trailing much of the game, the Lady Rockets eventually fell to the Pulaski County Lady Maroons 52-46 Friday night in a game played at Pulaski County.

The girls were behind seven to begin the fourth quarter but pulled to within one at 41-40 with 4:39 left in the game. However, after that, the Lady Rockets turned the ball over five times and the Lady Maroons held on, getting one basket and hitting nine of 13 free throws for the 52-46 final.

The Lady Maroons owed their win, in large part, to hitting seven three point baskets to the Rockets one.

Leading the scoring for her team was Mahala Saylor with 13; Morgan Renner got 11, Hope Kelley 8; Maddy Bullen 6; Ashley McKinney 4 and Jayna Albright and Kenzie Himes, 2 each.

Lady Rockets 50

Lady Tigers 45

Monday night, the Lady Rockets hosted the Clay County Lady Tigers (8-12) and came away with their 14th win of the season.

The Rockets took the first quarter 15-11 but lost the second big 17-8 to go into halftime behind 28-23.

The Tigers were still up 36-34 at the end of the third quarter, despite Hope

Kelley getting seven of her team's 11 points in that period.

The score was tied five times in the fourth with the Rockets taking their first lead at 38-36 on two free throws by Kelley. The score was still tied at 44 all with three minutes left on the clock when Mahala Saylor put her team ahead 45-44. The Tigers turned the ball over three times after that point and only managed one free throw to the Rockets five points for the 50-45 final.

Kelley led the scoring for the Rockets with 15, 11 of them coming in the second half; Mahala Saylor and Ashley McKinney scored 11 each; Jayna Albright got 5 and Emme Barker and Maddy Bullen scored four each.

The Lady Rockets and Rockets will travel to Danville Saturday night for a doubleheader with the Danville Admirals and will host the Berea Pirates Monday night, Feb. 8th. On Thursday, Feb. 11th, they will travel to Madison Central.

The Lady Rockets will play two of their last three regular season games at home before entering 47th District play Feb. 21-25 at RCHS.

Rockets defeat Raiders for 16th win

Maroons avenge loss to Rockets; win 83-75

The Pulaski County Maroons avenged an earlier season loss to the Rockets Friday night, winning 83-75 and snapping the Rockets six game winning streak.

The Rockets dug themselves a hole early. They were down 13 at the first quarter stop 27-14 and eight at the half 43-35, and trailed by 17 at one point in the second quarter 33-16.

In the third quarter, the Rockets outscored the Maroons 24-19 behind three point baskets by Dylan Rowe, John Cornelius and Zach Loudermilk. They had pulled to within a basket at 57-55 when the Rockets were called for a personal and a technical. The Maroons made four free throws, going ahead 61-55. Two free throws by Cornelius, and a basket by Carson Noble, and one free throw by the Maroons made it 62-59 at the third quarter stop.

However, in the fourth, the Maroons big center, Trevon Sylvester, who had set out the third quarter because of foul trouble, returned to the game, got the first two baskets for the Maroons and, despite five baskets by Lucas Gentry, one a three, the Rockets fell 83-75 for their second district loss.

The Rockets hit eight three point baskets in the game, four of them by Cornelius, to the Maroons three and went 18 for 23 from the free throw line to Pulaski's 22 for 31. The

Rockets turned the ball over 12 times to the Maroons 10.

Carson Noble led the scoring for his team with 23; Gentry got 20; Cornelius 17; Dylan Rowe 5; Thomas Burdette 2 and Zach Loudermilk 8.

Rockets 66

Raiders 54

The Rockets picked up their sixteenth win of the season, against nine losses, by defeating the McCreary Central Raiders 66-54 Tuesday night at home.

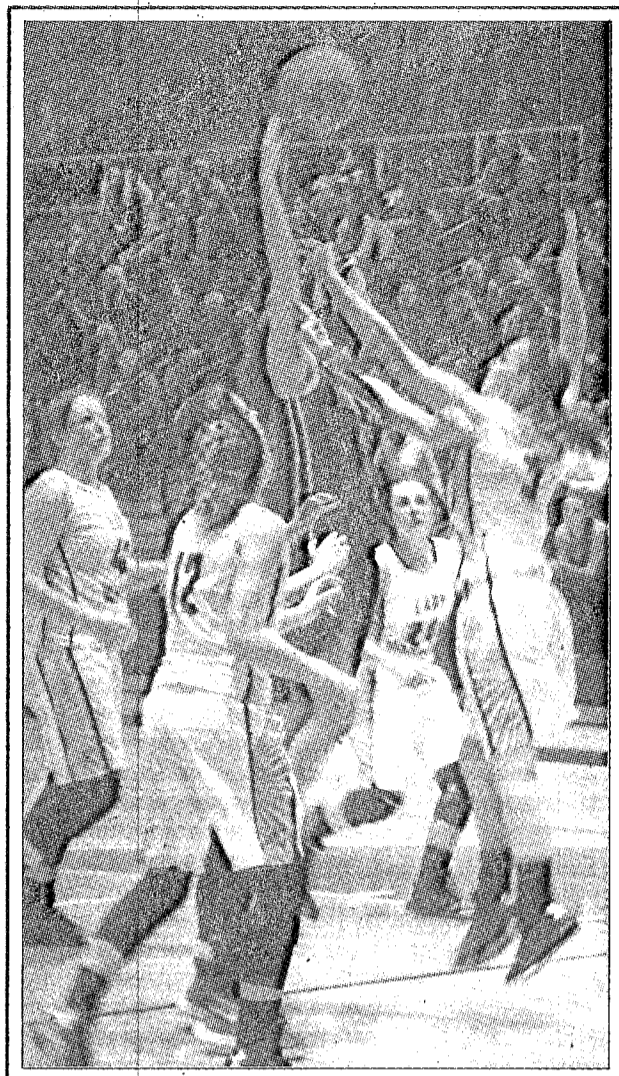
The Rockets lost only one quarter, the first 17-16, led at the half 35-28, and 49-40 at the third quarter stop.

Both teams left points at the free throw line with the Rockets hitting 17 of 27 and the Raiders 10 of 17.

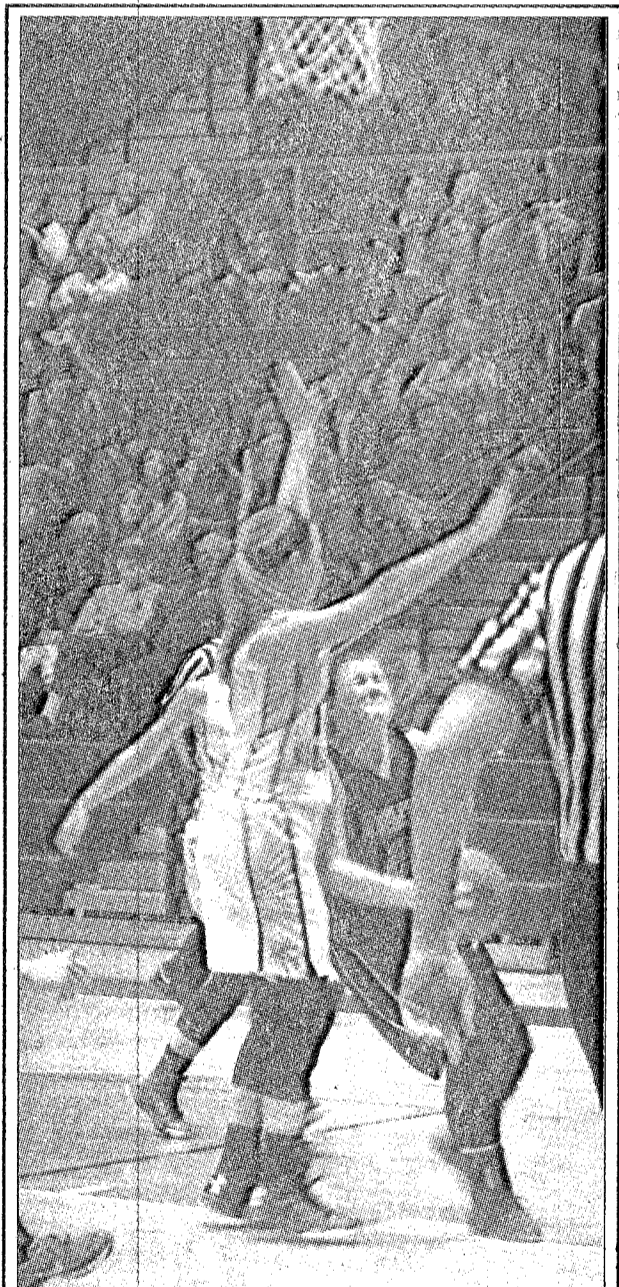
Lucas Gentry led his team in scoring with 16 points, hitting two threes; Thomas Burdette got 15; John Cornelius got 11, including a three point basket; Carson Noble scored 9; Dylan Rowe got 8; Zach Loudermilk 4 and Alex Spragens 1.

This Saturday, the Rockets and Lady Rockets will journey to Danville for a doubleheader and next Tuesday night, the Rockets will host Jackson County. After the Jackson County game, the Rockets will end their season on the road with games at Garrard County, Whitley County and South Laurel.

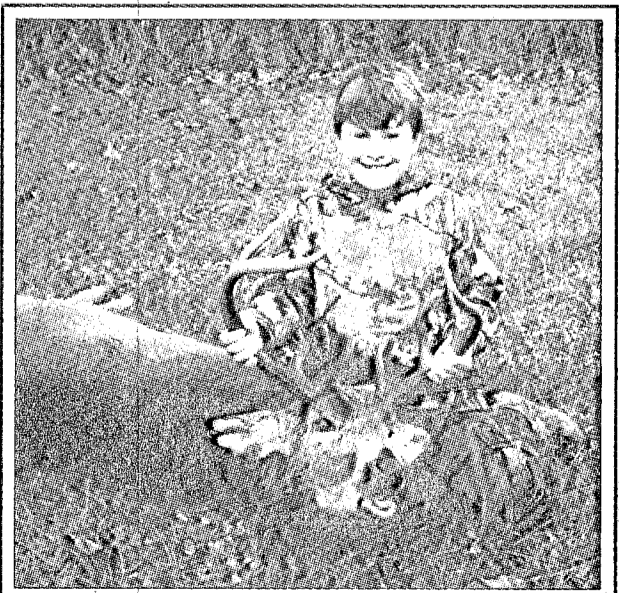
The 47th District Tournament, for both girls and boys teams, will be held at RCHS this year Feb. 21-25.



Junior Hope Kelley goes up for two of her eight points in the Lady Rockets' 52-46 loss to Pulaski County last Friday night. Kelley led the Lady Rockets in scoring Monday night with 15 in the Lady Rockets' win over Clay County.



Junior Mahala Saylor fights to get to the basket in the Lady Rockets' 52-46 loss to Pulaski County last Friday night. Saylor led the Lady Rockets in scoring with 13. Saylor scored 11 points in the Lady Rockets' win over Clay County Tuesday night. The win brought the Lady Rockets' record to 14-10 on the season.

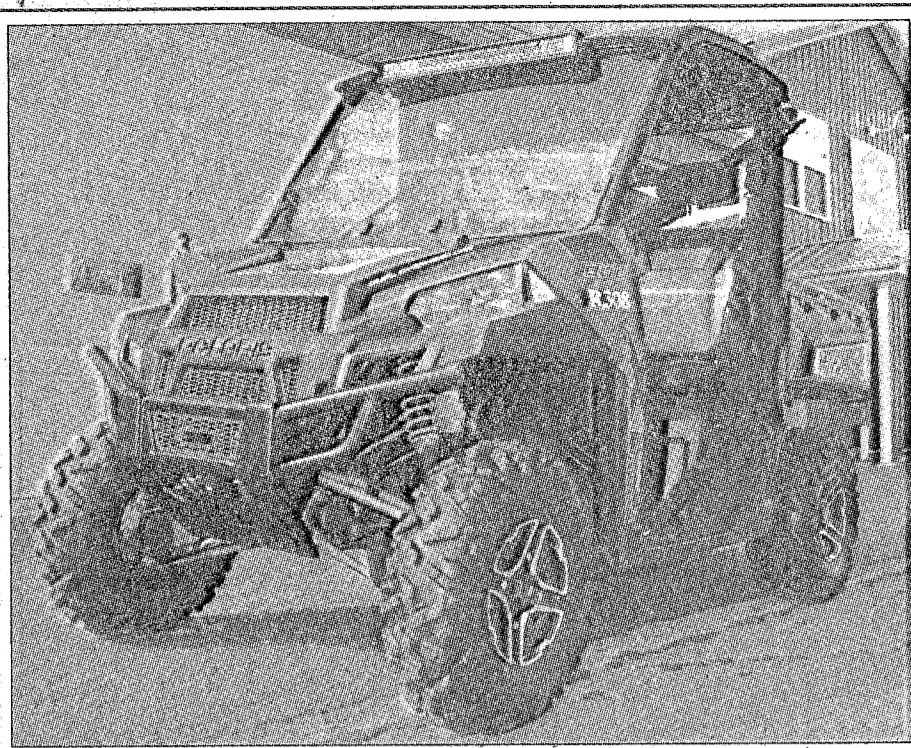


Christian Larkey, age 10, killed his first buck during the December deer season. Christian is the son of Chris and Leslie Larkey.

Next Week...

Rocket Seniors Honored
RCMS Conference Tournament

OPERATION UNITE
Drug Tip Hotline
1-866-424-4382
(Outside your home is not required)
Toll-free Treatment Help Line
1-866-90-UNITE



This Polaris 900 side by side was purchased recently by the Livingston Fire Department to use as a rescue vehicle. The MedBed, to help remove victims from hard to reach areas, was donated by the Rockcastle County Fiscal Court.

“LVFD”

(Continued from front) big difference in our ability to help those in need,” said Mason. The fire department purchased the side by side for \$11,000 and the MedBed that was donated by the fiscal court cost an additional

\$3,800. So the total cost of the 2014 Polaris 900 4X4 side by side with medical equipment is slightly over \$15,000, including some costs for radio installation and lights. According to Mason, the state offers some ATV training courses and he plans to

have all 24 volunteers take the course instead of designating one volunteer as the driver. “As a volunteer department, we never know who will be on the job when a call for help comes in. So we all have to be trained on safety and efficiency,” said Mason.

“Wired”

(Continued from front) “Suddenly, location will not be the determining factor for locating a company anymore. And small internet providers can compete with the Windstreams of the world,” said Craig. Hamilton agreed that business opportunities would present themselves when high speed internet reaches the county. The funding for the project is coming from a capital investment company called Macquarie Capital, an Australian company. According to the website, Macquarie Capital

will operate the system under a 30-year contract but the state will own the system. Bishop agrees that bringing the high speed fiber through the county can be of great benefit to local business and provide opportunity for new businesses. “We have been given an opportunity here and we should be prepared to take full advantage of it,” he said. Craig said he would be in favor of forming a committee just to develop plans and ideas for taking advantage of the opportunities that he believes will develop from the new system.

Craig has invited Larry Combs, with the Center for Rural Development, to give a presentation on Kentucky Wired during the March 7 regular RCIDA meeting. “We need to invite the fiscal court, school board, hospital representatives, business owners and anyone interested to attend this meeting and see this presentation. This is a really big deal and we need everyone to be ready for it,” he said. Craig said he believes this to be about a \$350 million project and is expected to be completed by the fall of 2018. To learn more about Kentucky Wired, you are invited to go to KentuckyWired.ky.gov.

“I-75”

(Continued from front) According to a press release from Bevin’s office, this two year budget cycle includes \$1 billion less to work with over the next six years due in part to declining gas prices. The release says the state is responsible for over 14,000 bridges “some of which are considered structurally deficient or functionally obsolete.”

“Over the last few years, Senator Jared Carpenter and I have been working on this very issue,” said Kentucky State Representative Jonathan Shell, who represents Rockcastle County in the State House. “Not only does that stretch of road pose an immediate danger to lives, but it also has far-reaching damages on the surrounding population in terms of logistics.” Carpenter agrees that the project is of high priority. “I commend the Governor for including an expansion to 6 lanes in his budget proposal. Representative Shell and I will continue to do all we can to ensure that portion of the budget receives final approval from the Legislature,” said Jared Carpenter, Rockcastle’s

State Senator. “We will also be working with our federal delegation. This is a big project that is important to Rockcastle and the entire region and we will need funding from both levels.” “When I first took office, one of the first things Rep. Shell and Sen. Carpenter discussed with me was the widening of I-75 to six lanes in Rockcastle County. This project is a vital part of our investment in Kentucky’s infrastructure across the state, and I look forward to working with them to get this project completed,” said Gov. Bevin.

Local officials have been lobbying for the I-75 widening for many years and County Judge Executive Doug Bishop said this has been one of his top priorities since taking office. “This has been one of our greatest priorities since the day I took office,” said Bishop. “We have worked hard to bring this need to the attention of the Governor’s office and have been a part of many meetings across the state to keep this issue up front.” Bishop said widening the interstate can save lives and have a local economic impact. “This would be a great benefit to us by opening up our county. It would be safer for travelers and greatly reduce the traffic jams here,” he said.

“I was glad to get the chance to discuss the issue with him (Bevin) and let him know how important widening the interstate is to us.”

According to Amber Hale, Information Officer of the Kentucky Transportation Cabinet, submitting the plan to the General Assembly is only the first step in the long process.

“We have to wait until the legislature approves the plan before anything gets done. If the House and the Senate approve the plan as it is, then things will move along. But as of now, it’s just a proposal,” she said.

Hale says the legislature typically approves such road plans with some changes and the transportation cabinet can’t begin doing anything about the project until the plan has been passed.

“There are four stages to the plan as it has been proposed,” said Hale. “If passed, the first step is design and the second step is to purchase right of ways,” she said. “The third phase is to begin utility construction and moving and then the final stage is actual construction.”

According to the proposed plan, the utility phase (phase 3) would begin sometime in 2016 if the legislature approves the project.

The Governor’s plan can be seen in its entirety at <http://transportation.ky.gov/Program-Management/Pages/2016-Recommended-Highway-Plan.aspx>. Everyone is encouraged to look at the plan on the website

“K-9”

(Continued from front) to the police force and bought the dog from Bluegrass Bloodhounds who had trained the animal. The bloodhound is trained to detect human scent and not drugs and Police Chief Brian Carter said this could prove invaluable to the force. “She can be used in so many ways. Lost children or adults and even find a burglar who has entered a home in many cases,” he said. According to Leger, the typical cost of a dog with this kind of training is

\$2,500 but since Reese was going to be used with the police department, Bluegrass Bloodhounds sold the trained dog for \$400. “It was a huge help to us,” said Leger. Another dog was slated for donation to the city by another foundation, but that process was expected to take several months to complete. According to Carter, Reese will be used as a county wide dog but still under the control of Tucker. “This K-9 will be used throughout the county when

ever a need arises and Officer Tucker will be his handler in all cases.” Since the dog will be used county wide, Carter said the Fiscal Court has agreed to share two thirds of the expense of the dog’s upkeep. “It’s not that expensive to upkeep the dog but we do have to purchase a 30-foot leash and a crate,” said Carter. Tucker said handler training is offered in London and he expects to receive handler training as needed.

Reynolds said Whitley County faced a similar situation recently. “Whitley County was sued by the ACLU for displaying the Ten Commandments and they are still trying to pay off the fines. They are holding fundraisers and doing everything they can to pay off the legal fees,” said Reynolds. “We are not going to put Rockcastle County in that position but we aren’t going to let some liberal bunch in Wisconsin come down here and tell us what to do either.” According to Reynolds, laws are such that counties must pay legal fees of those suing them for this type of “violation.” Bishop agreed that this is

part of the problem. “Knowing the county has to pay the legal fees, they get the big boys and legal fees can be million dollars sometimes,” he said. Reynolds said once lawsuit has begun, the county could not fix the problem. But by turning the display into a historical display, before a lawsuit is filed, will make the display meet the requirements and avoid a lawsuit. “I’m not going to respond to the letter. Any liberal bunch who would take down a copy of the Ten Commandments doesn’t deserve a response anyway. We as a county are above that. The Ten Commandments stay,” he vowed.

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“Hospital”

(Continued from front) of 500 or more employees. Rockcastle Regional was named a winner in the large company category based on its 678 employees. The selection process, managed by Best Companies Group, is based on an assessment of the company’s employee policies and procedures and the results of an internal employee survey. The competition is a multi-year initiative designed to motivate companies in the Commonwealth to focus, measure, and move their workplace environments toward excellence. Numerous studies have shown a direct correlation between engaged and happy employees to great patient care and improved health outcomes. “Employees who are passionate about what they do and enjoy their work are the foundation of great healthcare organizations,” said Stephen A. Estes, Rockcastle Regional president and CEO. “That’s why we strive to create a workplace that supports and nurtures employees while challenging them to deliver the best care possible.” Rockcastle Regional will be recognized at an awards dinner on Wednesday, April 20 where the final winner rankings will be announced. For more information about career opportunities at Rockcastle Regional, or to apply for a job, please visit www.rockcastle-regional.org/careers. Rockcastle Regional Hospital and Respiratory Care Center is a not-for-profit community healthcare system that operates an emergency department, outpatient services, a 26-bed acute care hospital, a 93-bed long-term care program for residents dependent upon mechanical ventilation and three rural health clinics. Rockcastle Regional Hospital was established in 1956 and is accredited by the Joint Commission. The organization is a seven-time Kentucky Hospital Association Quality Award Winner, a U.S. News & World Report Best Nursing Home for 2013 and 2014, a winner of the Women’s Choice Award for America’s 100 Best Hospitals for Patient Experience 2013-2015, was recognized with the Women’s Choice Award as an America’s Best Emergency Care Hospital in 2015 and 2016, and a recipient of the 2013 Jackson Healthcare Charitable Services Award. For more information, please visit www.rockcastle-regional.org.

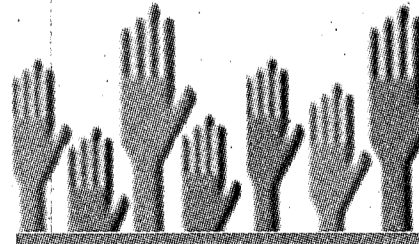
Ten Commandments so that it will be an historical display instead of a religious display. But we aren’t taking them down,” he said. Leger said this dog had been purchased already by some other force but before the dog could be picked up, the city’s fire truck broke down and the money to purchase the dog had to be used to repair the fire truck. Mayor Mike Bryant said that was a bad break for the other city but a good break for Mount Vernon. While exploring every corner of the Mayor’s office, Reese apparently attempted to become familiar with her surroundings. “We just turned her world upside down,” said Tucker. “It will take a while for her to get used to us all and feel at home here.”

part of the problem. “Knowing the county has to pay the legal fees, they get the big boys and legal fees can be million dollars sometimes,” he said. Reynolds said once lawsuit has begun, the county could not fix the problem. But by turning the display into a historical display, before a lawsuit is filed, will make the display meet the requirements and avoid a lawsuit. “I’m not going to respond to the letter. Any liberal bunch who would take down a copy of the Ten Commandments doesn’t deserve a response anyway. We as a county are above that. The Ten Commandments stay,” he vowed.

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Mount Vernon Signal
(606) 256-2244

Attention Rockcastle Republicans

You have until February 19, 2016
to request an
absentee
ballot for the
March 5th
Republican
Presidential
Caucus



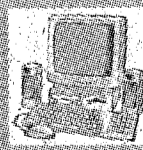
CAUCUS
Your Issues Your Voice

You may VOTE absentee if you meet one of the following conditions:

- You are an active duty member of the military and stationed outside the county
- You will be at least 70 years of age on the day of the caucus.
- Due to a medical condition or disability, admission to or residence in a healthcare facility, you would face undue hardship to vote in person.
- You are a student who does not currently reside in Rockcastle.

Get your application for an Absentee Ballot at www.rpk.org/caucus or call Republican Chair Doris Cromer at 606-308-9704 for help.

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(Limit 1 per customer with \$15.00 additional purchase excluding cigarettes, tobacco products, and lottery.)

Kraft Mayo or Miracle Whip
30 oz.
\$1.99 ea.



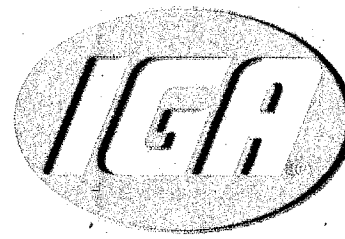
(Limit 1 per customer with \$15.00 additional purchase excluding cigarettes, tobacco products, and lottery.)



Bread
16oz Round Top or 20oz Sandwich

99¢ ea.

(Limit 1 per customer with \$15.00 additional purchase excluding cigarettes, tobacco products, and lottery.)



Green Beans or Corn
14.25-15.25 oz.

3/\$1

(Limit 6 cans per customer with \$15.00 additional purchase excluding cigarettes, tobacco products, and lottery.)



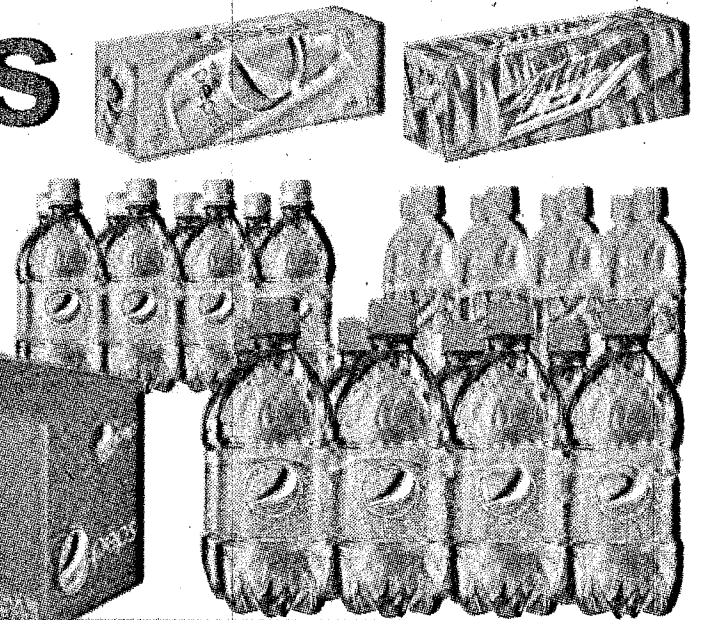
Pepsi Products

Assorted Varieties

12 Pk - 12 oz. Cans OR 8 pk - 12 oz. Bottles

4/\$10

(Limit 4 per customer with \$15.00 additional purchase excluding cigarettes, tobacco products, and lottery.)



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Offers good Wednesday, February 3 - Sunday, February 7, 2016

305 West HWY 150 • Mt. Vernon, KY 40456 • 606-256-2514

Sunday - Saturday 7:00 am - 9:00 pm

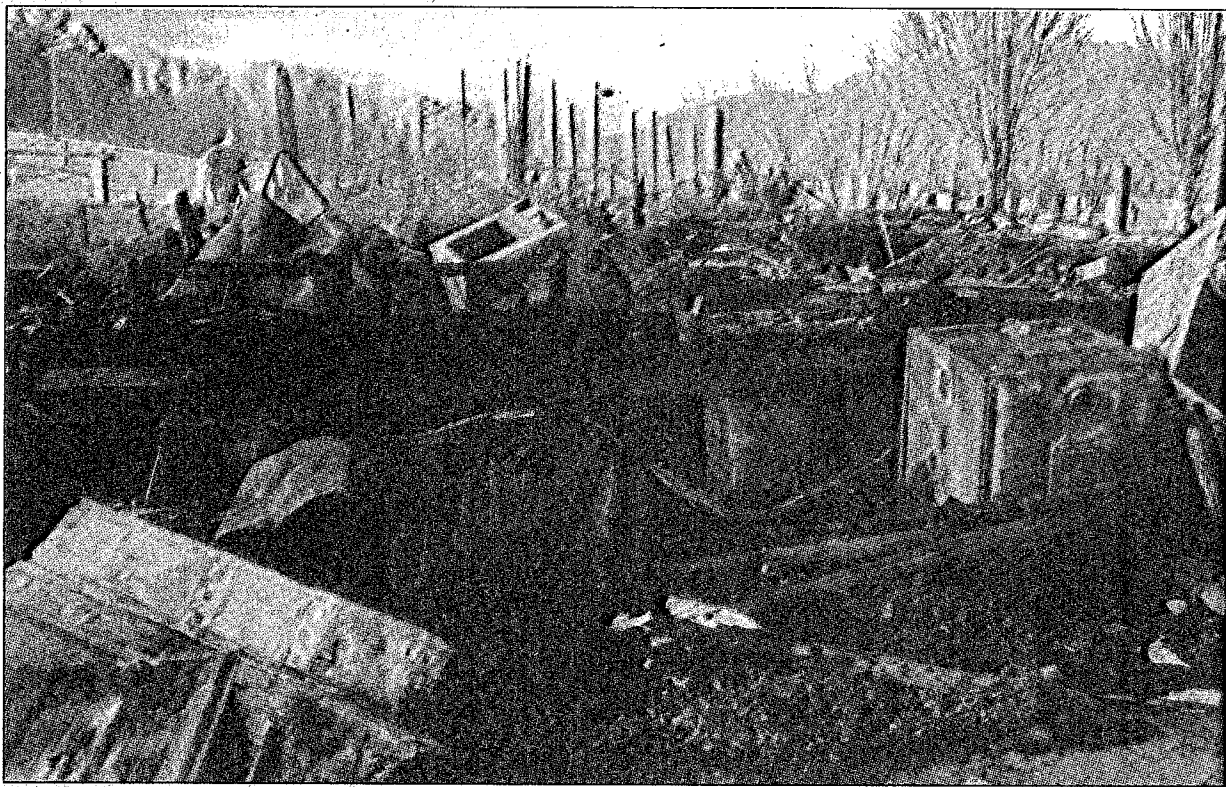
FUEL CENTER: Monday - Saturday 8:00 am - 8:00 pm • Sunday 9:00 am - 9:00 pm

Mount Vernon Signal

Second Section

Thursday, February 4, 2016

Fire destroys home



Members of the Brodhead Volunteer Fire Department and the Brindle Ridge Fire Department responded to a call of a fire on Copper Creek Road Saturday. Upon arriving at the scene, firefighters say the doublewide mobile home, owned by Elmer Chasteen, was completely engulfed. No one was injured in the blaze but officials say Chasteen is an elderly widower and all of his possessions were destroyed along with his home. Assistant County Attorney William Leger says Chasteen's family is doing all they can to help the 80-year-old man but that local assistance is still needed. Leger said the Chasteen family would be grateful for any donations. A donation account has been set up for anyone willing to offer donations to Chasteen at www.gofundme.com/c4ma8xx8.

Compassionate Care Center offers Tours

The Hospice Care Plus Compassionate Care Center in Richmond is now offering First Tuesday Tours.

The tours are the first Tuesday of each month from noon until 6 p.m. The first tour was Tuesday, Feb. 2. The next will take place Tuesday, March 1. Light refreshments will be provided.

The tours are to help the community learn more about one of Kentucky's few, freestanding, hospice inpatient centers.

Gail McGillis, CEO of Hospice Care Plus and the current director of the Center, says the new event is designed to make sure anyone who wants a tour is able to get one.

"Community members have always dropped by and asked to tour, and we've always welcomed that," says McGillis. "But we didn't always have staff available who could give their full attention to a thorough tour. The idea behind First Tuesday Tours is to make sure we have extra staff for tours on those days, so we have the time to answer everyone's questions and really give them the level of detail they want."

McGillis says the staff will still accommodate people who want tours on other days of the month, but expects that many will take advantage of the designated first Tuesday.

The tours are for community members who want to know about volunteer opportunities at the Compassionate Care Center, who may want to get involved with group service projects, or who are exploring care options for a loved one. Members of the healthcare community also request tours to learn more about the medical and supportive care provided.

Civic groups, churches, classes, and local businesses are also invited to tour during the First Tuesday event.

"Our goal is to make it

easy for the community to get involved with or learn more about the Center," says McGillis.

The Compassionate Care Center opened in 2008 and was made possible by a generous donation of land by Mrs. Jewel Isaacs and the fundraising event, Spring Thing (later the Gala on Derby Eve). The Center provides respite, inpatient, and short-term residential care for patients who already receive hospice care or who are hospice-eligible and will continue hospice care when discharged from the Center. The facility is

designed to be home-like, with large rooms, French doors in each patient room, rolling pastures visible from all rooms, and personalized care. It is located at 350 Isaacs Lane in Richmond, just past the Recycling Center. To learn more about First Tuesday Tours or the Center, call 859-626-9292 or visit the website at www.hospicecareplus.org.

Hospice Care Plus is a non-profit provider of hospice, palliative, and bereavement care in Estill, Jackson, Lee, Madison, Owsley and Rockcastle Counties.

Bevin lays out priorities including Kentucky State Police salaries

By Jared Carpenter
State Senator

Week four of the Kentucky General Assembly marked a momentous occasion for our state. Governor Matt Bevin gave his first State of the Commonwealth Budget Address, laying out a plan that will guide Kentucky out of the financial mire that has lingered for the past eight years.

Governor Bevin laid out several priorities in his executive budget recommendation that will ultimately

strengthen Kentucky's financial foundation. I really applauded his efforts to protect those who protect us by increasing salaries for the Kentucky State Police and the Department of Corrections. I plan to review this budget proposal very carefully over the coming weeks, keeping in mind the best interests of the 34th District.

The Senate also had a busy week passing legislation. Senate Bill (SB) 25 was one of our priority bills which would criminalize the sale of aborted fetus body parts. It passed the Senate with bipartisan support.

Senate Bill 46 would modify and condense local government retirement systems to optimize benefits for retirees and save local cities and governments money. Senate Bill 22 would add the Accreditation Association for Ambulatory Health Care (AAAHC) to the list of nationally recognized accreditation organizations in our state. Senate Bill 74 would create a smoother process for submitting title lien termination notices to county clerks and offer the clerks protection when fraudulent notices are submitted.

We also passed SB 16
(Continued on B-5)

Rockcastle County Development Board monthly meeting

Submitted by Tonya Cook

In an attempt to make the public more aware of the goals of the Rockcastle County Development Board, a monthly report will be given in the future.

In the meeting held on January 27, 2016, the board discussed a much-needed feature to the western portion of Mount Vernon. A sidewalk project was discussed. The local Healthy Communities Committee supports the project that would encourage residents to walk more and provide local children better access to school. A survey form has been prepared for residents and is available at the Mount Vernon City Hall. A grant was obtained by the committee for a walkability study.

Other grants are being pursued. One such grant is a Brownfield grant for the possible hazardous materials and the cleanup of such if necessary in the Dr. John Parsons building. The grant for this project

has been approved. An ARC grant application has been submitted concerning the Daniel Boone history project at Livingston.

The feasibility of a county history museum was tabled as to location finding, insurance, and utilities. The Development Board has a website with updates periodically about various projects. The web address is rockcastlecountydevelopment.com.

The board will be looking for the assistance of volunteer agencies such as Americorps to aid in the beautification and other work projects in the county this fall.

The Development Board will be sponsoring Leadership Rockcastle, a prerequisite for board membership, again this year. The first class is March 17. We encourage all residents who are interested in the betterment of the county to attend the classes. See the website for further information and application.

Two assigned to Rockcastle

KSP Post 11 welcomes seven additional Troopers

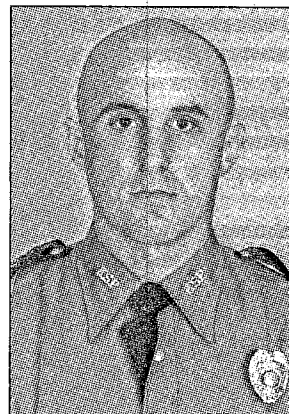
Kentucky State Police Post 11, London is pleased to welcome seven additional Troopers to the area. The seven, all agency veterans, have been reassigned to the London Post as of February 1st.

They are: Trooper Michael Howell of London; Trooper Harrison Wells of Somerset; Trooper Christopher Pruitt of East Bernstadt; Trooper Dackery Larkey of London; Trooper Mason Flynn of Science Hill; Trooper Tony Duncan of Somerset; and Trooper Jason Smith of East Bernstadt.

Troopers Pruitt and

Flynn will be assigned to Rockcastle County. Troopers Wells and Duncan will be assigned to McCreary County. Trooper Smith will be assigned to Laurel County. Trooper Howell will be assigned to Clay County. Trooper Larkey will be assigned to Whitley County.

Assignments are made based on manpower and calls for assistance needs. The assignment of these additional Troopers increases KSP Post 11's strength to 59 serving the (7) counties of Clay, Laurel, Rockcastle, Whitley, Pulaski, McCreary, and Wayne.



Tpr. Christopher Pruitt



Tpr. Mason Flynn

City of Mount Vernon art contest winners announced at MVES

By: Mike French

The City of Mount Vernon recently sponsored an art contest for students K-5 at Mount Vernon Elementary School, to help decorate the upcoming splash pad at Lake Linville.

The 25 winners of that contest were awarded certificates by Mayor Mike Bryant, MVES Resource Director Regina Hull-Brown and city hall staff Becky Payne and Crystal Rush.

The contest asked students to create an art project that included scenes of children playing and then the chosen pieces of art will be displayed at facilities at the new park area.

The art work was judged by the Development Board and will be scanned and blown up and then placed on a sign board on the block building near the Splash Pad.

According to Bryant, the existing building will be remodeled into restrooms and a dressing room and the artwork will then be displayed. "All of you kids can go by the park then and see your work. We can't thank

you enough for your hard work to help us with this project," Bryant told the students. "You are all winners and you did a tremendous job. We as a city are lucky to have your art displayed at one of our buildings."

Before the awards were presented, Bryant answered some very grown up questions from the students about drug use in the city and the possibility of making local empty buildings useful and beautiful again.

Bryant said Melinda Alcorn, who was not present at the event, along with staff and the school teachers and staff played a big part in making the contest a success. "It was a community wide effort and we are all pleased to have this artwork as part of our park," he said.

Alcorn also said the Brushy Fork Annual Institute co sponsored the contest.

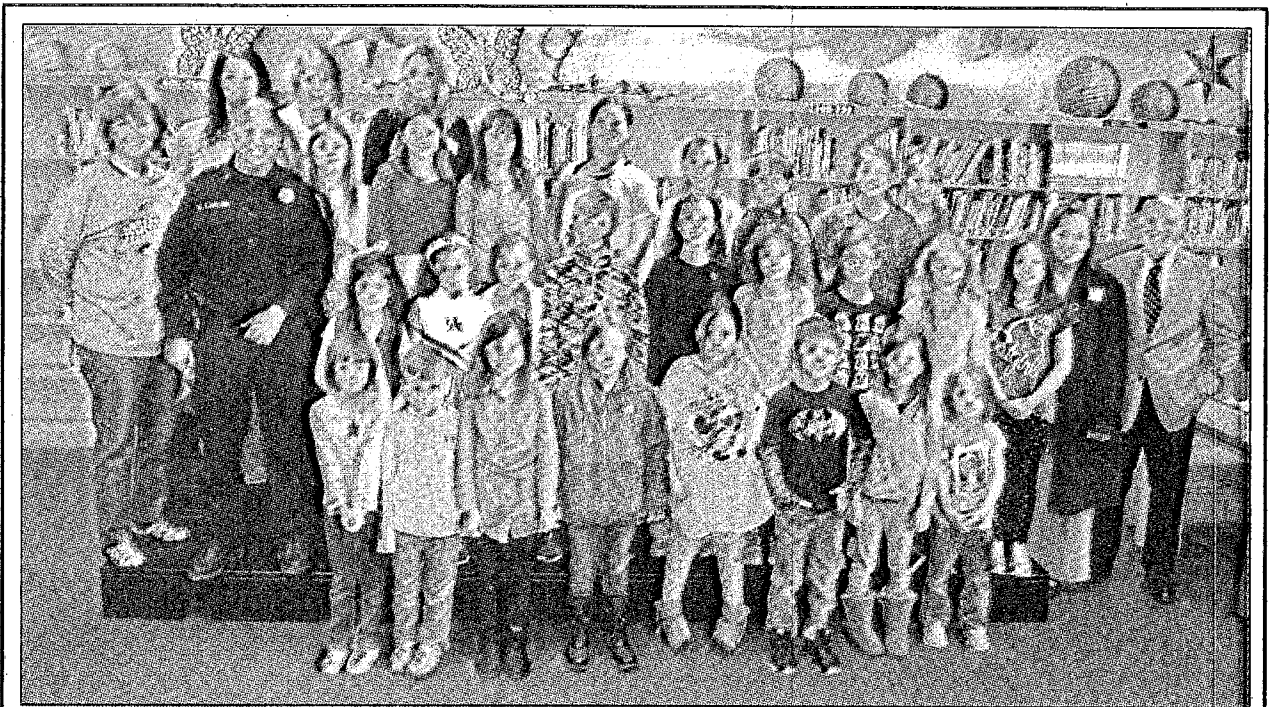
Winners of the contest were, Beckham Smith, Abigail Miller, Kyle Ashcraft, Nimawaye Hancock, Kinsley Smith, Jackson Gunner Smith, Crystal Ordonex, Katelyn

Cromer, Susanne Mullins, J'Lena Diaz, Ainslee Renfro, Tanitha Slusher,

Davany Bullock, Peyton Napier, Kaylee King, Jazzelyn Garland, Creed

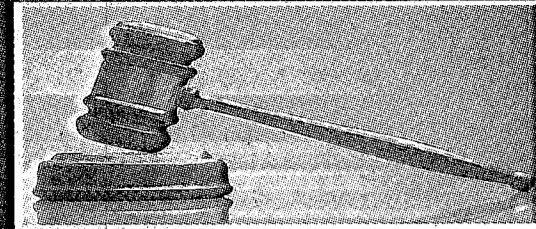
Gabbard, Jordon Mink, Bailey Mink, Brooklyn Robinson, Seth Sowder,

Bailey Bullock, Bethany Cromer, Emily Taylor and Laura Beth Saylor.



City officials and City Hall staff, along with the police chief, teachers and volunteers, presented certificates to the winners of the art contest sponsored by the City of Mount Vernon and the Brushy Fork Annual Institute. Shown above are those who helped support the event including, MVES Resource Coordinator, Regina Hull-Brown (left), Police Chief Brian Carter, City employee Crystal Rush, Rockcastle Development Board Director Lynn Tatum, City employee Becky Payne, and Mike and Carol Bryant at right. Winners of the contest were, Beckham Smith, Abigail Miller, Kyle Ashcraft, Nimawaye Hancock, Kinsley Smith, Jackson Gunner Smith, Crystal Ordonex, Katelyn Cromer, Susanne Mullins, J'Lena Diaz, Ainslee Renfro, Tanitha Slusher, Davany Bullock, Peyton Napier, Kaylee King, Jazzelyn Garland, Creed Gabbard, Jordon Mink, Bailey Mink, Brooklyn Robinson, Seth Sowder, Bailey Bullock, Bethany Cromer, Emily Taylor and Laura Beth Saylor.

News from the Rockcastle Courthouse



Marriage Licenses

Larry Smith, 66, Brodhead, retired, to Trine From, 43, laborer, Brodhead. 1/21/16
Clarissa Darlene Craig, 33, Mt. Vernon, retired to John Earl Craig, 66, Mt. Vernon, retired. 1/28/16

Deeds Recorded

Brenda D. Estes, property on Sweetwater Road, to David Estes. Tax \$40
Donald Robert and Charlotte Hayes, property in Rockcastle County, to Jeffrey and Kayla McClure. No tax
E.W. Todd LLC, property in Evergreen Estates, to Roy Todd Builders, Inc. No tax
David Purcell, Melanie and Brett Williams, Dan Hunter, Hannah Hunter and Bill Semones and Collin Hunter, property in Rockcastle Co. to Joyce Norton. No tax
Doris Brummett and Effie Brummett, property on Bowling Ridge Road, to Effie Brummett. Tax \$80
Wesley Jordan Durham, property in Rockcastle County, to Eugene T. and Lorie E. Caldwell, co-trustees Eugene T. and Lori E. Caldwell Revocable Living Trust. Tax \$5
Leonard and Demie Hammond, property in Happy Acres Subdv., to Demie Hammond. No tax
Troy and Seconda McClure, property in Mt. Vernon, to Nicole A. Derr. Tax \$160

District Civil Suits

Charles Norris v. Nicklas Cundiff, forcible detainer complaint.
Heights Finance Corp. v. Robert Smith, \$3,607.32 plus claimed due.
Portfolio Recovery Asso. v. Kellie Smith, \$1,170.80 plus claimed due. C-0012

Circuit Civil Suits

Linda Taylor v. Heather Carpenter, complaint for child support and medical support.
Candice Penderly v. Richard Lee Penderly, petition

for dissolution of marriage.
Ky. Farm Bureau v. Michael Dewayne Kirby, \$11,657.71 claimed due.
Emery Mast v. Lorene Mast, petition for dissolution of marriage.

Ky. Farm Bureau v. Kasey Joy James, et al, \$21,297.74 claimed due. CI-00022

District Court

Jan. 11-13, 2016
Hon. Kathryn G. Wood

Steven B. Ashworth: public intoxication and disorderly conduct 30 days/to serve 3/balance probated 24 months on condition (each count) plus costs.
Christopher L. Denney: fines/fees due (\$183 and \$50), converted to 5 days in jail; failure of non owner operator to maintain req. insurance, \$500 fine/suspend \$450 on condition.

Raymond Baker: failure to produce insurance card and operating vehicle with expired operators license (two counts), failure to notify address change to Dept. of Transp., no tail lamps, failure to produce insurance card, bench warrant (bw) issued for failure to appear (fta)/license suspended; operating on suspended/revoked operators license, license to be in possession, no/expired Kentucky registration receipt, failure of owner to maintain required insurance/security, failure to produce insurance card, contempt/5 days in jail/bw issued.

Keri D. Bell-Kirby: fines/fees due (\$45), bw issued for fta/1 day in jail or full payment.
Amy M. Bingham: fines/fees due (\$100), bw issued for fta/2 days in jail or full payment.

Melissa G. Blackburn: fine/fees due (\$193), bw issued for fta/4 days in jail or full payment.
Carter L. Bowling: TBUT and criminal mischief, bw issued for fta.

Joey W. Bullock: failure to wear seat belts, \$25 fine; failure of owner to maintain required insurance/security, \$500/suspend \$300 on condition; no/expired Kentucky registration receipt, \$25 fine; Reg. & Title requirements veh. not oper. on hwy., \$25 fine.
Joey Bullock: drug paraphernalia and theft by deception, 90 days/probated 24 months on condition (each)/costs merged, by deception, 90 days/probated

24 months on condition.
Delward Clarence Covington: fines/fees due (\$173), bw issued for fta/3 days in jail or payment in full.
Tiffany C. Daugherty: fines/fees due (\$708), bw issued for fta/14 days in jail or payment in full.
Harold L. Dillingham: fines/fees due (\$143), bw issued for fta/3 days in jail or payment in full.
Gerald S. Eaton: fines/fees due (\$193), bw issued for fta/4 days in jail or full payment.

Donna Ferch: fines/fees due (\$298), bw issued for fta/6 days in jail or payment in full.
Charles G. Fitzpatrick: possession of synthetic drugs, 30 days/probated 24 months on condition plus costs; drug paraphernalia/buy-possess, 90 day/probated 24 months on condition/concurrent.
Billy R. Gadd III: fines/fees due (\$233), bw issued for fta/5 days in jail or payment in full.
Thomas B. Gadd: fines/fees due (\$268), bw issued for fta/6 days in jail or payment in full.
Gregory D. Goff: confinement and control of dogs at night, criminal littering, local county ordinance, bw issued for fta.

Scott A. Goforth: fines/fees due (\$283), bw issued for fta/6 days in jail or payment in full.
James L. Hall: fines/fees due (\$133), bw issued for fta/3 days in jail or payment in full.
Dakota Hasty: fines/fees due (\$193), bw issued for fta/4 days in jail or payment in full.
Billy Thomas Hines: fines/fees due (\$113 and 178), bw issued for fta/7 days in jail or payment in full.

Courtney R. Hodgins: fines/fees due (\$163), bw issued for fta/4 days in jail or payment in full.
Misty Holt: fines/fees due (\$153), bw issued for fta/4 days in jail or payment in full.
James E. Johnson: fines/fees due (\$383), bw issued for fta/8 days in jail or payment in full.

Evan Michael Jones: fines/fees due (\$913), bw issued for fta/19 days in jail or payment in full.
Myrtle Jones: no/expired registration plates - receipt, operating on suspended/revoked operators license, failure to produce insurance card, failure of owner to maintain required insurance/security, bw issued for fta.

Jacqueline N. Kreitzer: fines/fees due (\$133), bw issued for fta/3 days in jail or payment in full.
Stephanie A. Mason: fines/fees due (\$1,308), bw issued for fta.

Austin L. McCormick: rear license not illuminated, improper equipment, license to be in possession, failure to produce insurance card, bw issued for fta/license suspended.
Steve Miller: fines/fees due (\$298), bw issued for fta/6 days in jail or payment in full.

Terry Miller: fines/fees due (\$25), bw issued for fta/1 day in jail or full payment.
Melissa A. Mills: fines/fees due (\$653), bw issued for fta/14 days in jail or payment in full.
Jessica A. Nunnally: fines/fees due (\$208), bw issued for fta/5 days in jail or payment in full.

Mason Lee Phillips: theft by unlawful taking, bw issued for fta.
Ryan W. Revis: fines/fees due (\$223), bw issued for fta/5 days in jail or payment in full.

Randi Saylor: fines/fees due (\$298), bw issued for fta/6 days in jail or payment in full.
Virginia L. Slusher: fines/fees due (\$366.14), bw issued for fta/8 days in jail or

payment in full.
Brandon W. Smith: fines/fees due (\$193), bw issued for fta/4 days in jail or payment in full.
Bruce Smith: fines/fees due (\$318), bw issued for fta/7 days in jail or payment in full.

Kayla R. Thompson: booster seat violations, failure to use child restraint device in vehicle, failure to wear seat belts, failure produce insurance card, bw issued for fta/license suspended.

Paula Thompson: fines/fees due (\$738), bw issued for fta/15 days in jail or payment in full.
Andrea F. Vanwinkle: fines/fees due (\$323), bw issued for fta/7 days in jail or payment in full.

Jason K. Vanzant: failure to produce insurance card, \$25 fine plus costs; no/expired Kentucky registration receipt, \$25 fine.
Martin D. Wright: fines/fees due (\$550), bw issued for fta/11 days in jail or payment in full.

Brandon Michael Wynn: possession controlled substance, 365 days/probated 24 months on condition plus costs.
Speeding: Justin B. Gray, Samuel B. Vernon, Brian D. Bailey, Teresa A. Brown, Robert C. Kelley, \$46 fine plus costs; John T. Ashley, paid;

Michael R. Bradley: operating on suspended/revoked operators license, \$100 fine and costs.
William J. Malone II: Viol Part 392 Fed Safety Reg. Driving of Motor Vehicle, bw issued for fta.

Gary L. Abney: speeding, failure to wear seat belts, failure to produce insurance card, license suspended for fta/bw issued.
Danny K. Akins: no/expired Kentucky registration receipt, operating on suspended/revoked operators license, operating motor vehicle under influence of alcohol/drugs, failure of non-owner operator to maintain req. insurance, failure to produce insurance card, license suspended for fta/bw issued.

Michael R. Bradley, Jr: failure of owner to maintain required insurance/sec., \$500 fine/suspend \$400 on

condition plus costs.
Amanda Byrd: no/expired Kentucky registration receipt, \$25 fine; license to be in possession, \$25 fine; no/expired registration plates, \$25 fine/costs merged; no/expired registration plates, \$25 fine; no/expired registration receipt, \$25 fine; failure of owner to maintain req. insurance/security, \$500 fine/suspend 4400 on condition plus costs.

James K. Chambers: no/expired Kentucky registration receipt, no/expired registration plates, operating on suspended/revoked operators license, bw issued for fta/license suspended.

Joseph E. Coggins: operating on suspended/revoked operators license, reckless driving, bw issued for fta/license suspended.

Paula A. Cope: failure to produce insurance card, failure of owner to maintain required insurance/security, failure to wear seat belts, bw issued for fta.

Victor Cruz: operating vehicle with expired operators license, \$50 fine and costs.
Harley Davidson: DUI w/21, \$100 fine, 30 days operator license suspension plus costs.

Novera L. Decker: no/expired registration plates - receipt, bw issued for fta.
David Denny: no/expired registration plates - receipt, no operators/moped license, operating on suspended/revoked operators license, failure to wear seat belts, bw issued for fta.

Nicole R. Halcomb: speeding, operating on suspended/revoked operators license, failure to surrender

revoked operators license, bw issued for fta/license suspended.
Josiah S. Hart: operating motor vehicle under influence of alcohol/drugs, \$500 fine plus costs, \$375 service fee, 30 days in jail, 24 months operator license suspension/ADE authorized; failure to produce insurance card, 30 months ignition interlock.

James R. Lindsey: no/expired registration plates - receipt, failure of owner to maintain required insurance/security, operating on suspended/revoked operators license, improper turning, bw issued for fta/license suspended.

David R. Madden: operating motor vehicle under influence of alcohol/drugs, \$200 fine plus costs, 30 days operator license suspension/ADE authorized.

Joseph D. Miller: failure of nonowner operator to maintain req. insurance, \$500 fine plus costs/suspend \$400 on condition.

Danny R. Spoonamore: operating on suspended/revoked operators license, bw issued for fta/license suspended.

Austin L. Thompson: no/expired registration plates - receipt, bw issued for fta.
Brian K. Burner: speeding, \$20 fine, STS authorized in lieu of fine; failure of owner to maintain required insurance/security, \$500 fine plus costs.

Zachary D. Abney: failure to wear seat belts, license suspended for fta.
Cody M. Robinson: fines/fees due (\$793), converted to 16 days/concurrent.

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NOTICE TO CUSTOMERS OF KENTUCKY UTILITIES COMPANY
RECOVERY BY ENVIRONMENTAL SURCHARGE OF KENTUCKY UTILITIES COMPANY'S
2016 ENVIRONMENTAL COMPLIANCE PLAN

PLEASE TAKE NOTICE that Kentucky Utilities Company ("KU") filed with the Kentucky Public Service Commission ("Commission") on January 29, 2016 in Case No. 2016-00026, an Application pursuant to Kentucky Revised Statute 278.183 for approval of an amended compliance plan ("KU's 2016 Environmental Compliance Plan") for the purpose of recovering the capital costs associated with new pollution control facilities through an increase in the environmental surcharge on customers' bills beginning August 31, 2016 under KU's existing Electric Rate Schedule ECR, also known as the environmental cost recovery surcharge. The total capital cost of the projects in KU's 2016 Environmental Compliance Plan is estimated to be \$678 million.

Federal, state, and local environmental regulations require KU to build and upgrade equipment and facilities that produce energy from coal to operate in an environmentally sound manner. Specifically, KU is seeking Commission approval of Certificates of Public Convenience and Necessity for the construction of Phase II of the landfill at the E.W. Brown Generation Station ("Brown"), and to close coal-combustion-residual ("CCR") ponds and construct new process-water facilities at Brown, the Ghent Generating Station ("Ghent"), and the Trimble County Generating Station. Each construction project is component of KU's 2016 Environmental Compliance Plan.

KU is also seeking an order declaring that CCR pond closures at the Green River Generating Station, Pineville Generating Station, and Tyrone Generating Station are ordinary extensions of existing systems of the usual course of business.

Lastly, KU is seeking an order approving an amended compliance plan for purposes of recovering the costs of new pollution control facilities through its Environmental Surcharge tariff. These projects are required for KU to comply with the federal Clean Air Act as amended, the U.S. Environmental Protection Agency's new rule on the Disposal of CCR from Electric Utilities, the Mercury Air Toxics Standards, and other environmental requirements that apply to KU facilities used in the production of energy from coal. In addition to the projects described above, additional projects in KU's 2016 Environmental Compliance Plan include installing improvements to the Wet Flue Gas Desulfurization systems on Ghent Unit 2 and installing improvements to the mercury-related control equipment of Ghent Units 1-4, thereby allowing additive injections to mitigate mercury emissions. The total capital cost of the new pollution control facilities for which KU is seeking recovery at this time is estimated to be \$640 million. Additional operation and maintenance expenses will be incurred for certain projects in KU's 2016 Environmental Compliance Plan and are costs that KU is requesting to recover through the environmental surcharge in its application.

The impact on KU's customers is estimated to be a 2.06% increase in 2016 with a maximum increase of 3.35% in 2019. For a KU residential customer using 1,146 kilowatt hours per month, the initial monthly increase is expected to be \$2.16 during 2016, with the maximum monthly increase expected to be \$3.52 during 2019.

The Environmental Surcharge Application described in this Notice is proposed by KU. However, the Public Service Commission may issue an order modifying or denying KU's Environmental Surcharge Application. Such action may result in an environmental surcharge for consumers other than the environmental surcharge described in this Notice.

Comments regarding KU's 2016 Environmental Surcharge Plan and Application may be submitted to the Public Service Commission through its Web site or by mail to the Public Service Commission, Post Office Box 615, Frankfort, Kentucky 40602.

Any corporation, association, body politic or person may, by motion within thirty (30) days after publication, request leave to intervene in Case No. 2016-00026. That motion shall be submitted to the Public Service Commission, 211 Sower Blvd., P.O. Box 615, Frankfort, Kentucky, 40602, and shall set forth the grounds for the request including the status and interest of the party. Intervention may be granted beyond the thirty (30) day period for good cause shown, however, if the Commission does not receive a written request for intervention within thirty (30) days of initial publication, the Commission may take final action on the application. Any person who has been granted intervention may obtain copies of the Application and testimony by contacting Kentucky Utilities Company at 220 West Main Street, Louisville, Kentucky, 40202, Attention: State Regulation and Rates.

Copy of the Application and testimony is available for public inspection on KU's website (<http://www.tge-ku.com>), on the Commission's website (<http://www.psc.ky.gov>), and in paper medium Monday through Friday, 8:00 a.m. to 4:30 p.m. at the office of Kentucky Utilities Company, 100 Quality Street, Lexington, Kentucky 40507 or the Commission's offices located at 211 Sower Boulevard, Frankfort, Kentucky, after January 29, 2016.

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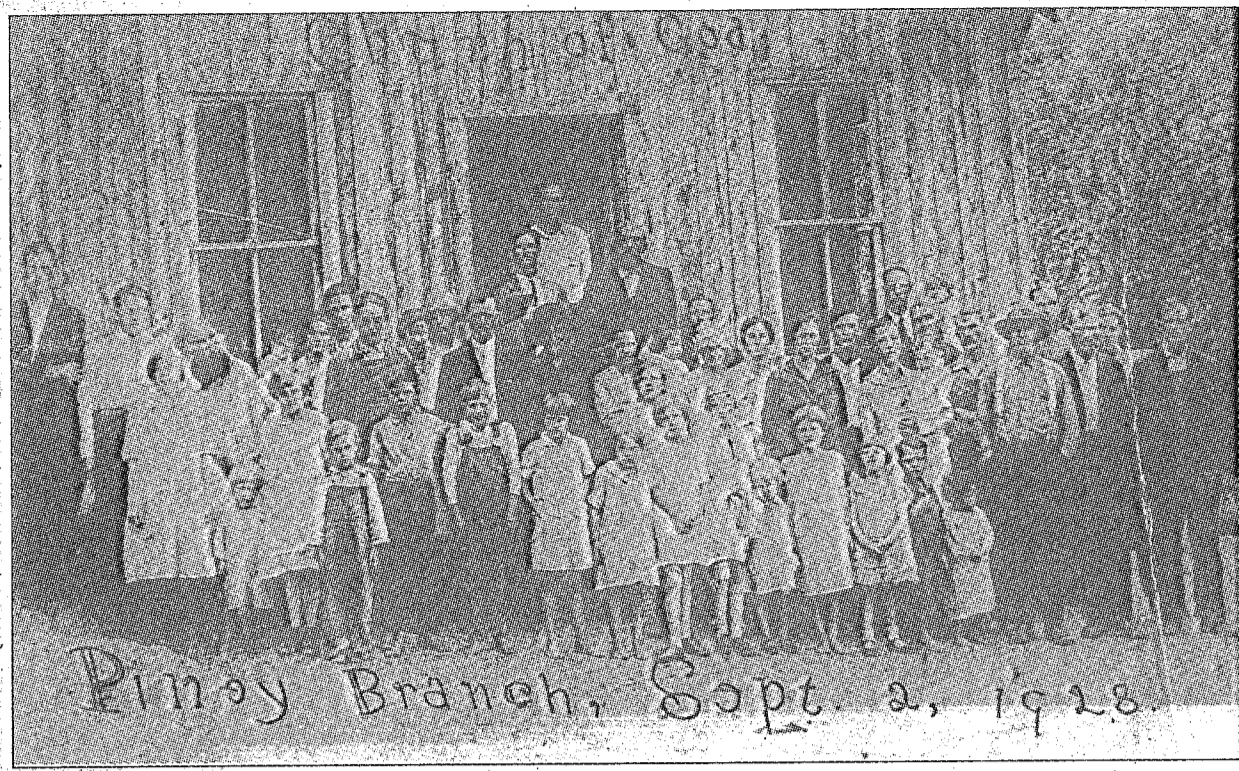
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Blast From The Past...

This week's photo is of the Church of God located at Piney Branch near Livingston. If you have a photo for Blast From The Past contact David Owens at scoopowens24@yahoo.com or 606-386-0187.

Piney Branch Church of God - September 02, 1928

First row: Minnie (Pigg) Kirby, Vara Pigg (head turned), Hobert Stanley (little boy), Katie May Allen, Earl Collins, Brad Collins, Elhana Richards, Minnie May, Irene Morris Jones, Nina (Collins) Ponder, Cacus (Pardon) Fletcher, Lora Morris, Mary Ellen Morris, Cleo Richards, Frank Collins and Maggie Collins.

Second row: Morris Collins, John Sams, Unknown (top of head), Della May, Baby (unknown), Unknown, Ida Martin, Jim Robinson, Retha May, Unknown, Mary Martin (black hat), Lucy Morris (below baby), Lora Morris (baby), Mable Morris, (mother of baby), Cleo Anderson (hat on), Unknown, Sally Richards, Jim Collins III, Bertha Collins (holding baby), Preston Collins (baby), Captain Morris (moustache), Charlie May, Alex Rutherford and Jack Berry Mullins.

Third row: Joseph Muncie (Preacher), Elijah Collins (in door), Short Jim Collins (black coat), Unknown, Irene Richards (baby), Frank Richards (holding baby), Unknown, Jim Sams (top of head), Murphy Martin, Sr.

The basics of modern food label terms

Family and Consumer Sciences

Hazel Jackson

Rockcastle County Extension Office



When you go grocery shopping, you've probably seen some new terms on the labels of your favorite foods. These terms are not meant to cause confusion but can help you make more informed choices about the foods you eat. This is a good thing, as concerns among consumers about food origin, safety and quality continue to increase.

Here is a list of terms found on food labels and their definition as defined by the U.S. Department of Agriculture or the Food and Drug Administration.

Organic — Products that are USDA-certified organic means that the food is produced using methods that preserve the environment and avoid most synthetic materials, like antibiotics and certain pesticides. Farms and processors, aside from keeping organic food separate from nonorganic, also must use production techniques that support animal health and welfare, provide outdoor access to animals, use approved

materials, do not use genetically modified ingredients and receive annual on-site inspections. Products that meet the organic production and processing requirements are the only ones allowed to be labeled organic in a grocery store.

Natural — The USDA requires products with the natural label to be minimally processed and contain no artificial ingredients. The natural label does not include any standards about farm practices and only applies to the processing of meat and egg products.

GMO — While labeling GMO products is voluntary for food companies, a product with a genetically modified organism means that it was altered with a gene from an unrelated species outside of its natural environment. In many instances, GMO crops designed to resist insect attacks have experienced substantial reductions in insecticide use. Herbicide-tolerant crops have also offered

environmental benefits through increased use of soil-protecting no-tillage farming. However, with the advent of herbicide resistance in certain weeds, there is some concern about increasing herbicide use on those farms. The technology was first introduced in the 1990s, and now more than 70 percent of packaged foods in North America contain GMOs. There is presently no clear evidence that consuming GMOs impacts human health in a negative way. There are concerns, however, about some GMO crops encouraging the overuse of pesticides and having a negative impact on the environment.

Free-range poultry — This label means the birds were given shelter in a building, room or area with unlimited access to food and fresh water. They were also given continuous outdoor access during their production cycle.

Cage-free — This term means poultry were able to freely roam a building, room or other enclosed area with unlimited access to food and fresh water during their production cycle.

Grass-fed — The des-

ignation means the animal was fed primarily grass throughout their life. Organic animals' pasture diet may be supplemented with grain. The USDA does not limit the use of antibiotics, hormones or pesticides for grass-fed label products, therefore you may see a meat product labeled as grass-fed organic when applicable.

Pasture-raised — Currently, there is no federal definition of this term from the USDA due to the number of variables involved in pasture production systems.

The USDA makes no claims about one type of food being more nutritious or safer than another. For more information about food and nutrition, contact the Rockcastle County Extension office at 606-256-2403.

Educational programs of the Kentucky Cooperative Extension serve all people regardless of race, color, age, sex, religion, disability, or national origin.

EKU

Dean's List

38 students from Rockcastle County were named to the Dean's List at Eastern Kentucky University for the Fall 2015 semester.

To achieve Dean's List honors at ECU, students attempting 14 or more credit hours must earn a 3.5 grade point average out of a possible 4.0. Students attempting 13 credit hours must earn a 3.65 GPA and students attempting 12 credit hours must earn a 3.75 GPA.

Named to the list from Rockcastle County were: Charity Adams, Alivia Bullock, Tate Clements, Dylan Hensley, Skylar Holcomb, Megan Houk, Matthew Samples and James Ward, all of Brodhead;

Tyler Washburn and Micah Wyatt, both from Livingston;

Rebecca Barron, Susan Boggs, Alma Clark, Katherine Cowan, Bethany Denny, Abigail Eaton, Holly Ham, Jessica Harris, Christine Locklear, Bethany McKinney, April Miller, Emily Mink, Lona Morgan, Kyle Peacock, Gerald Ragland, William Reynolds, Jacob Riley, Emily Roark, Evan Singleton, Angel Spurlock, Maria Weaver, Hannah Whitaker and Jordan Whitaker, all of Mt. Vernon; Felicia Bullock and Logan Durham, both of Orlando, and Sara Poynter of Wildie.

KHEAA drawing for iPad

Kentucky residents have another chance to win a new iPad from the Kentucky Higher Education Assistance Authority (KHEAA) in a sweepstakes being held through Facebook in February. The contest runs from 12 a.m. on Feb. 1 through 12 a.m. on March 1.

To enter, a Kentuckian must visit the KHEAA Facebook page, click on the orange graduate icon on the KHEAA Facebook page and answer one question about college. KHEAA will not share or sell any personal information to a third party.

Only Kentucky residents are eligible. Employees of KHEAA or its sister agency, the Kentucky Higher Education Student Loan Corporation (KHESLC), and their immediate family members are not eligible. Prior winners are also not eligible.

The drawing will be held in early March, and the winner will be notified by email.

The winner must respond by email within three calendar days to receive the iPad with Retina display. If no response is received within three days, another winner will be drawn.

KHEAA is the state agency that administers the Kentucky Educational Excellence Scholarship (KEES), need-based grants and other programs to help students pay their higher education expenses.

To learn how to plan and prepare for higher education, go to www.gotocollege.ky.gov. For more information about Kentucky scholarships and grants, visit www.kheaa.com; write KHEAA, P.O. Box 798, Frankfort, KY 40602; or call 800-928-8926, ext. 6-7214.

EKU President's List

Ten Rockcastle County students at ECU earned President's List honors for the Fall 2015 semester.

The President's List was established by the University to recognize outstanding academic achievement. It is bestowed upon full-time undergraduate students who attain a perfect 4.0 grade point average for a semester.

Named to the List from Rockcastle County were:

Micah Wyatt of Livingston; Bethany Denny, Lona Morgan, Gerald Ragland, Jacob Riley, Emily Roark, Evan Singleton, Hannah Whitaker and Jordan Whitaker, all of Mt. Vernon, and Logan Durham of Orlando.

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CHURCH NEWS

Free Bible Courses

Free Bible Correspondence Course. Send your name and address to 3168 Quail Road, Mt. Vernon, Ky. 40456.

Let the Bible Speak

Tune in to "Let the Bible Speak," with Brett Hickey, on Sunday mornings at 8:30 a.m. on WDKY Fox 56.

Celebrate Recovery

Celebrate Recovery classes are held every Tuesday night, from 6 to 8:30 p.m. at Northside Baptist Church.

Celebrate Recovery is a 12-step Christ-Centered program and is a safe place to share and begin healing from all hurts, hang-ups and habits. Meal at 6 p.m., music at 6:45 p.m., followed by a Celebrate Recovery lesson or an amazing testimony of a transformed life! At 8 p.m., you can join a small group discussion. All sessions are designed to provide the strength to overcome hurts, habits and hang-ups. Large group at 7 p.m.

Come and be inspired and begin your journey of

healing! Child care and transportation provided. Call 606-256-5577.

Gospel Singing

Lighthouse Baptist Church will hold a Gospel Singing on Saturday, February 13th, beginning at 6 p.m. featuring the Adams Family from Ohio.

The church is located at 1391 Gabbardtown Road, Berea.

Special Service

There will be a Special Saturday Service at Berea Gospel Tabernacle, US 25 in Berea, on February 13th, beginning at 7 p.m. Speaker will be Rev. Timmy Miller.

Pastor Eugene Webb and congregation invite everyone.

Philadelphia Baptist Church News

Sunday services 10 a.m. to noon and 6 p.m. Wednesday Bible Study at 7 p.m.

We are at the Brodhead Nursing Home the first Sunday of each month.

We are planning a lot of things for this spring and summer. Our church has sure been blessed.

Mamaws Kitchen

By Regina Poynter Hoskins

ANTIPASTO PLATTER

- 1 jar pickled asparagus
- 1 jar pickled mild cherry peppers
- 1 can artichoke hearts in water
- 1 jar green olives with pimentos
- 1 can small black olives
- 1 jar peperoncini
- 1 yellow, orange or red bell pepper
- Fresh Parmesan cheese, grated
- 1 envelope Good Seasons® Italian dressing, prepared according to package directions

Drain asparagus, cherry peppers, artichoke hearts, olives, and peperoncini. Dry on a paper towel and lay in a 9 x 13 glass dish. Cut the bell pepper into strips. Place in the dish with the other vegetables. Pour salad dressing over all. Cover dish and refrigerate until ready to serve. When ready, place the salami cones around the vegetables. Sprinkle all with the freshly grated Parmesan cheese. If you don't want to make the cones, just slice some salami or pepperoni and place around the vegetables.

SALAMI CONES

- 1 package (3 ounce) cream cheese, softened
- 1 cup Monterey Jack Cheese, shredded
- 1 tablespoon milk
- 3 tablespoons pimento green olives
- 4 ounces hard salami, thinly sliced

4 to 5 whole dill pickles
Combine cheeses and milk in bowl or electric mixer. Beat at medium speed until well blended. Stir in finely chopped olives. Place mixture in a small plastic bag. Cut salami slices in half. Twist into a cone shape. Pipe cheese mixture into cones.
Slice dill pickles into 1/2-inch slices. Place each cone on a pickle round and secure with a toothpick. Serve with antipasto platter.

MINI CAPRESE BITES

Fresh mozzarella is packed in either water or a marinade. Use the ones packed in water for this recipe. Wooden skewers or tooth picks
1 pint grape tomatoes, halved
10 to 14 fresh small mozzarella cheese balls cut into three rounds
6 fresh basil leaves, sliced into thin ribbons
1/4 cup extra virgin olive oil
2 tablespoons balsamic vinegar
1/4 teaspoon each salt and pepper
On a toothpick or skewer, thread one tomato half, one piece of cheese ball and the other tomato half. Repeat until all tomatoes and cheese is used. Place skewers in a shallow glass dish. Whisk together oil, vinegar, salt and pepper. Drizzle over skewers; sprinkle with basil. Refrigerate until ready to serve.

T.J.'s Journal

by: Tonya J. Cook



Finding Jonas

Dear Journal,

Now that the big blizzard that left us with almost twenty inches of snow has gone, people have begun to dig out and get on with their normal day to day routines. It was a blizzard with a name, "Jonas".

We, like others, have gotten back on track with our daily life and not focusing so much on just survival. We have started refurbishing the house, so to speak, since all work has been put on hold since I've been sick for almost two years. It was a slow process even at best and then all work just stopped.

We have some indoor "companions", dogs, cats, and a guinea pig, (not the guinea pig) who have destroyed our new living room

carpet and then went to work on the new tile in the hall and kitchen linoleum-bless' their hearts. They seem to have made it their soul mission in life to scratch up the tile, linoleum, and even the flooring underneath.

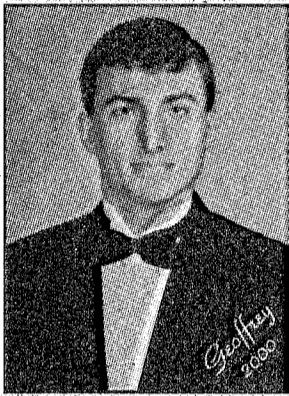
Finally, we have begun to re-floor the house, starting with the smallest space, the hall. On Sunday, we headed for our favorite spot, Lowe's. We go there quite often, considering all of the household damage. I'll not even mention all of the furniture, lamps, what-nots, important documents, wall-paper, doors, etc.

Now, we have a plan. We got the new, larger size 18" x 18" tiles, extra-thick, and get this...nailed them down. Hopefully, they will be there for a long, long time. Of course, they are very neutral and flow with almost any other color or style.

One of the other places we went was the Steak-n-Shake. They make a very good hamburger. We think they taste "old-fashioned". While we were eating, Stanley spied a little white and yellow cat sitting under a car just outside our window. We thought it was probably a stray as that area isn't very residential. We finished our lunch and the cat was still there. I asked the server if they had any scraps for the cat. He said he would see about scraps, but I didn't trust him. Stanley decided he would try to catch it if he could, thinking it was feral and wild. It came right to him. There was a waitress outside on a smoke break who showed some interest in the cat, but it didn't work out for her.

We brought our little founding home. The cat is a very young male about seven or eight months old. He is very tame and loving. He loves to snuggle under my neck. He is a short-haired tabby, and a little unkempt with the snuffles. It looks like he will be staying with us. We named him Jonas Moses. I sure hope he isn't destructive. So, we will have a little reminder of the blizzard for a long time.

Card of Thanks



Geoffrey Pearl Fugate

We, the family of Geoffrey Pearl Fugate, want to thank each and everyone for your kindness, love and support in our time of need.

Although too numerous to name, we thank each and everyone of you from the bottom of our hearts. We are blessed to have so many caring friends and family in our special community.

A special thanks to Bro. David Carpenter, New Hope Baptist Church, Climax Fire Dept. and Owens Funeral Home.

Our great hope and comfort is in our Lord Jesus Christ and you, the many friends and family who have shown your support at this time.

God Bless You All,
Nelce and Bonnie Drew
and Gregory Pearl Fugate

An encouraging word:

You Can Make A Difference
By Howard Coop



Two things I remember from the days of my childhood and youth on Hegira Ridge. To this day, they stand out in my mind.

One of those things was the fact that we observed, in one way or another, a National Holiday on February 12 in honor of Abraham Lincoln's birthday. That was a fact of life until 1971 when the Uniform Monday Holiday Act abolished Lincoln's Birthday as a national holiday and replaced it with Presidents' Day to be observed on the third Monday of February.

Lincoln's Birthday reminded us of a Kentucky rail-splitter who was born in a log cabin and became the sixteenth president of the United States in 1861 at a crucial point in American history. He led this nation through a terrible civil war, abolished slavery, and with opposition, united a nation. His legacy is significant.

The second thing I remember about growing up on Hegira Ridge is the fact that thistles grew in abundance. Now, thistles are pesky weeds characterized by leaves and stems with sharp prickles. It is said that these prickles "are adaptations that protect the plant against herbivorous animals, discouraging them from feeding on the plant." I know they were obnoxious

to barefoot boys.

Now, Lincoln and thistles have at least one thing in common; he knew something about that obnoxious weed. I have a feeling that he remembered it from his boyhood days in Kentucky. On one occasion, he said, "Die when I may, I want it said of me by those who knew me best that I always plucked a thistle and planted a flower where I thought a flower would grow."

Obnoxious weeds of one kind or another are common in human society. Things are not always like they should be. But like Lincoln, you can make a difference, and as a result of that difference, things will be better. You can, if you commit yourself to that task, "pluck a thistle and plant a flower" where "a flower will grow."

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COMPUTER BASICS 101



Sessions will be held on Mondays and Wednesdays at 10:00 AM
Sessions will begin Monday February 22, 2016

Total of 4 Sessions:

Session One (Monday, February 22, 2016):

- Basic Computer Functions
- Internet Basics

Session Two (Wednesday, February 24, 2016):

- Email Basics Part 1
- How to use storage devices (i.e. Flash Drives)

Session Three (Monday, February 29, 2016):

- Email Basics Part 2
- Microsoft Word Part 1

Session Four (Wednesday, March 2, 2016):

- Microsoft Word Part 2

Stop by the Library to Register today!

Requirements:
Must be registered for class and have a Library Card or Register for one when you sign up.

Bible Talk

In our study this month we would like to discuss a great question that every man should ponder: What can take away my sins? (For all have sinned, Rm.3:23.)

What Will Not Take Away Sins - Excuses will not take away sins, Gen.3:11-13. Money cannot redeem us from sin, 1 Pet. 1:18. Time will not diminish the guilt of sin, consider the story of Joseph's brothers, Gen.42:21-22. Sincerity alone will not take away sin, look at Paul who was sincerely wrong, Ac.23:1 & 1 Tim.1:15. Animal blood will not take away sin, Heb.10:4. Covering up sin is futile in releasing us from sin, Pr.28:13. Devising a way for forgiveness based on human wisdom will not avail, Tit.3:5. The religions of men are no solution, Mt.15:8-9, Prov.14:12. None of these things will take-away sin.

What Takes Away My Sins? - The only thing that will take away sin is the blood of Christ. Rev.1:5b, "Unto him that loved us, and washed us from our sins in his own blood." There is power in the blood of Jesus to wash away all our sins. Jesus paid the price for our redemption unto God. Consider also, 1 Peter 1:18-19, "Forasmuch as ye know that ye were not redeemed with corruptible things, as silver and gold, from your vain conversation received by tradition from your fathers; But with the precious blood of Christ, as of a lamb without blemish and without spot." Yes, Jesus the Lamb of God can taketh away the sins of the world, by his precious blood that was shed at Calvary, Jn.1:29.

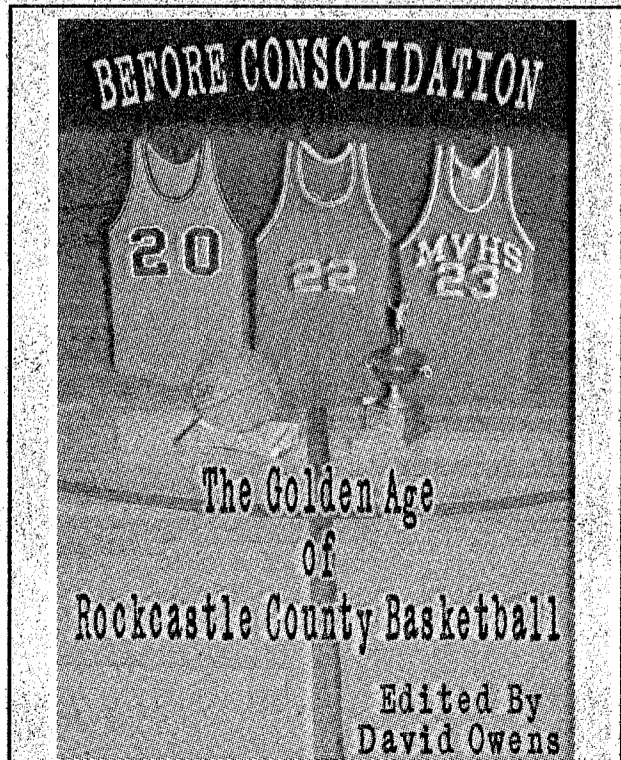
When Are My Sins Taken Away? - For every penitent believer who has confessed the Savior will have their sins taken away after they are baptized. Look at the example of Paul, who had come to believe in Jesus; he had a penitent heart, and had confessed Jesus, but what was he told to do as the final step to receive forgiveness? "And now why tarriest thou? Arise, and be baptized, and wash away thy sins, calling on the name of the Lord." Acts 22:16 Yes, baptism is when our sins are washed away. The blood of Jesus is what washes are sins away when we are baptized into the death of Jesus. "Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death?" Rom.6:3 ESV. Have you had your sins forgiven by the blood of Jesus Christ? Let us know if we can study with you.

We invite you to study and worship with us at the Providence church of Christ.

Our Time of Services:

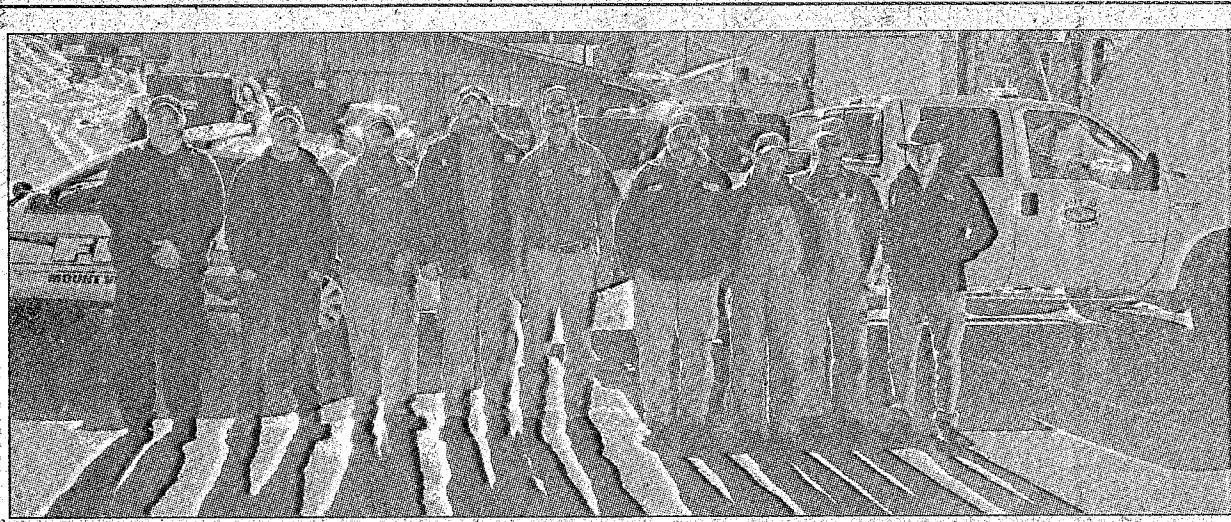
Sunday 10am Bible Study, Worship 10:40 & 4:00pm; Wednesday 7:00pm.

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Mount Vernon Mayor Michael Bryant brought several emergency service workers together this week to offer an official "thank you" on behalf of the city and every local resident. Bryant said emergency service workers went "above and beyond the call of duty" during last week's local blizzard and their tireless efforts may have saved lives. Pictured from left are Mount Vernon Fire Chief David Bales, Fire Fighter Adam Bales, Water Superintendent Frank Baker, Scotty New, Lloyd prewitt, garry Elder, Dell Cotton, Ricky Miller and Mayor Bryant.

Frankfort Update...

By Jonathon Shell
State Representative

This week in Frankfort proved to be historic for the Kentucky House of Representatives. For the first time in over 12 years, debate and a floor vote was allowed on a PRO-LIFE piece of legislation. Senate Bill 4, the informed consent bill, passed the House by a vote of 92-3.

I voted and fought for SB 4. It was originally passed in a similar bipartisan fashion in the Senate prior to heading to the House. At that time, the bill required a face-to-face consultation between a woman and her



Republican Presidential Caucus set for March 5th

On Saturday, March 5th, Kentucky Republicans will vote on their nominee for President. Rockcastle Republicans will vote at the Rockcastle County Middle School between 10 a.m. & 4 p.m.

Absentee ballot applications can be found at www.rpk.org/caucus and the application must be submitted by February 19th. Call Republican Chair Doris Cromer at 606-308-9704 for assistance.

healthcare provider 24 hours prior to an abortive procedure. Kentucky already required that consultation, but because of an unintended loophole, abortion clinics have been conducting consultations via telephone and often by recorded message. Following an amendment added in the House, the bill that passed out allows the consultation to occur in person or via Telehealth.

As in years past, House Democrat Leadership initially tried to block consideration of SB 4, prompting the House Republican Caucus to take procedural actions that haven't been used in several decades in Kentucky. I am proud to have been part of making sure this bill to save lives passed.

In another move to protect human life, the House also considered HB 97 which is designed to protect abandoned newborn babies. Under House Bill 97, parents of newborns would have up to 30 days to surrender their baby at a state-approved safe place, including participating churches or other places of worship, without facing criminal charges as long as the child is not injured. Current law only gives parents 3 days to leave the baby at a police or fire station, hospital or with other emergency personnel if they feel unable to

keep the baby. We voted 92-0 for the passage and the bill is now in the Senate for consideration.

The Governor delivered his budget address to a joint session of the House and Senate. I appreciate John Hughes of Mt. Vernon attending as my guest. Governor Matt Bevin outlined a plan to shore up the state's public pension systems with over \$800 million in new funding.

The pension proposal is a highlight of the largely austere budget proposal which Governor Bevin told lawmakers would cut state spending in most agencies by 4.5% the remainder of this fiscal year and 9% over the next two fiscal years. Those cuts are expected to reduce spending over the biennium by around \$650 million—a move the Governor says Kentucky must make to get its fiscal house in order. It will be up to the Legislature, however, to decide whether or not to agree to that proposal as we craft our own two-year spending plan this session.

Whatever budget plan we arrive on over the next four to six weeks will almost certainly provide little in the way of new spending, except for state pensions. Revenue growth, though improved, still lags behind official estimates for fiscal year 2016 with slow to moderate growth also forecast

over the next biennium. Combine that with a lack of support for new taxes and debt and you end up with a spending plan that folks in Frankfort are calling "austere" at best.

This does not mean that some new funding—as well as exemptions from proposed cuts—are out of the question. Some of both are found in the Executive Branch budget plan.

New money proposed by the Governor in his budget, besides the additional funding proposed for SEEK, would include the following: A \$100 million bond pool for investment in manufacturing and IT-related jobs, nearly \$6 million for social workers and state guardianship programs, \$4.5 million to eliminate a backlog in DNA testing at the state crime lab, \$12.5 million for salary increases for state troopers and corrections officers, full funding for full implementation of SB 192 to fight Kentucky's heroin scourge, and more.

I welcome your comments and concerns on any issues. I can be reached through the toll-free message line in Frankfort at 1-800-372-7181 or at Jonathan.Shell@lrc.ky.gov. You can keep track of committee meetings and potential legislation through the Kentucky Legislature Home Page at www.lrc.ky.gov.

Hosted by KSP Post 11

2016 Trooper Jason Vanhook Memorial Bass Tournament General Burnside Island

Kentucky State Police Post 11, London is hosting the 2016 Trooper Jason Vanhook Memorial Bass Tournament on Saturday, April 23, 2016. It will be held at the General Burnside Island State Park Boat Ramp located at 8801 South HWY 27, Burnside, KY.

Blast off at safe light, weigh-in at 4:00 PM. Entry fee is \$100.00 per boat (2 people per boat) with a 5-fish limit. Payout will be determined by number of entries.

To guarantee your boat number, pre-register in person at Post 11, Mon-

day through Friday, 8:00 AM until 4:00 PM. Registrations received by mail or email will be assigned a boat number as received and given out the day of the tournament.

Send registration forms by mail to: TPR Lloyd Cochran, 11 State Police Road, London, KY 40741. Phone 606-878-6622 or send by email to lloyd.cochran@ky.gov. Make checks payable to: Trooper Island Camp.

All proceeds go to support Trooper Island Camp.

Carpenter

(Continued from B-1)

which would offer civil protection for citizens who retrieve a child from a locked car whom they believe to be in danger, potentially saving thousands of young lives across the Commonwealth. The Senate also passed SJR 36, a resolution urging the Commonwealth of Virginia to respect the second amendment rights of Kentuckians who hold concealed carry permits.

The Senate also passed a potential life-saving measure in SB 33 which would require students to receive CPR training over the course of grades 9-12.

Other priority bills that moved through the committee process in the Senate this week were SB 2, SB 6, SB 15, and SB 20.

The Committee on Appropriations and Revenue reported favorably SB 20 which would streamline the process of medical appeals to Medicaid providers.

The Health and Welfare Committee passed SB 6 which would offer additional legal protection to medical providers and encourage physicians to bring and keep their practices in Kentucky. The State & Local Government Committee passed SB 2, which would add a necessary layer of transparency to address Kentucky's pension crisis.

Senate Bill 15 was reported favorably by the Senate Veterans, Military Affairs, and Public Protection Committee which would protect religious freedoms in our schools and other educational settings.

If you have any questions or comments about these issues or any other public policy issue, please call me toll-free at 1-800-372-7181 or email me at Jared.Carpenter@LRC.ky.gov. You can also review the Legislature's work online at www.lrc.ky.gov.



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Two Bedroom House, central heat and air on Hwy. 70 in Brodhead. No pets. \$450 month/\$400 security deposit. 758-8692. 5x2p

Two trailer for rent. No pets. Deposit required. 859-358-3560. 3xntf

3 BR/2BA Mobile Home, not in trailer park. Water furnished. \$400 month/\$300 deposit. Rt. 1326. 1-606-308-3997. 4x2p

House on West Main St. 3 bedrooms, 1 bath. Must be employed. No indoor pets. \$450 month/\$450 deposit. 606-308-2978. 4xntf

2 Bedroom Cottage. New appliances, including washer and dryer, m furnished. No pets. 636-544-7147. 5x4

2 BR Trailer. 483 Tyree Street. Two built-on rooms, garage and carport. Newly remodeled with new carpet

and vinyl. No inside pets. 3 person maximum. Background check and references required. \$300 month/\$300 deposit. Cecil King 606-758-9683 or 606-510-3719. 52xntf

Duplex For Rent in Brodhead: All appliances furnished. Call Patty at 758-9666. 42xntf

Rent To Own: house and trailer, both in Brodhead. 758-4729. 4xntf

Trailers and house in Brodhead. No pets. 758-8922. ntf

Accepting applications at Mt. Vernon Housing Authority on Mondays 4 to 8 p.m. and Wednesdays and Fridays, 4 to 6 p.m. Rent based on income. 256-4185. 14xntf

Accepting Applications: For 2 and 3 bedroom units at Valley View Apartments. Rent based on income. Call 256-5912. Equal Housing Opportunity, TDD for hearing impaired only. 1-800-247-2510. 36tfn

For Rent

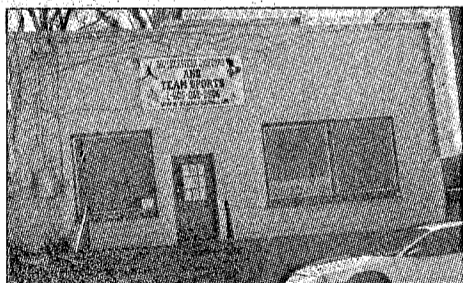
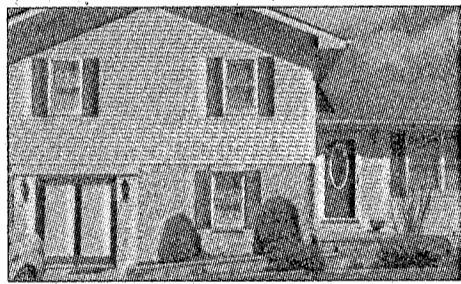
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256-2884 or 606-308-2491

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(TDD for speech & hearing impaired 711)

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Property For Sale

3BR House in Brodhead. \$35,000. **2BR Trailer**, \$25,000. 606-758-4729. 1xntf

2BR Home with garage. Just north of Mt. Vernon on eight acres +/- . Ready to move into. Serious inquiries only. Shown by appointment only. 606-308-3669 or 606-308-1689. 9xntf

2BR/2BA 1450 sq. ft. Selling for \$89,900. Rick Szaks, Broker. 859-255-7777. Lincoln Real Estate, Inc. rickszaks@aol.com 18xntf

Help Wanted

Full Time Drivers Needed: RTEC now hiring qualified drivers for passenger transportation on a flexible schedule, including some weekends. Potential drivers must have a valid KY Driver's License for at least five years, a safe driving record and a clear po-

lice background check. Starting pay at \$10.10 per hour. CDL applicants with passenger endorsement start at \$10.60. RTEC operates a drug and alcohol free workplace. EOE. Minority encouraged to apply. 100 Main St., Mt. Vernon, Ky. 5x2

Part time front desk clerk. Weekends required, other hours as needed. Must possess computer skills, provide excellent customer service, be honest and dependable. Minimum wage to begin. Apply immediate in person at National Heritage Inn and Suites, 2090 Richmond St., Mt. Vernon, Ky. No phone calls accepted. 5x1p

Part Time Maintenance Worker. Basic handyman skills and flexible schedule required. Apply immediately, in person, at National Heritage Inn and Suites, 2090 Richmond Street, Mt. Vernon, Ky. No phone calls accepted. 5x1p

Mount Vernon Medical Office seeking energetic team player for full time

position - Monday thru Friday. Prior patient care experience preferred but not mandatory. Looking for an individual with outstanding interpersonal skills and willingness to learn new skills. If you have a positive attitude and strong work ethic, please send resume to PO Box 4139, Mt. Vernon, Ky. 40456. 5x2

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Submit resume with references and cover letter by February 19th. Email to lpowell@cvadd.org or mail to CVADD - Attn: Review Team, PO Box 1740, London, KY 40743. Equal Opportunity Employer.

Position Available

The Cumberland Valley District Health Department is accepting applications for a full time **Social Worker-HANDS**. This position can be based in Clay or Rockcastle counties. Travel will be required within the district (Clay, Jackson & Rockcastle).

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Applications and full listing of qualifications may be obtained at Cumberland Valley District Health Department, P.O. Box 158, 470 Manchester Square Shopping Center, Suite 200, Manchester, KY 40962 (606-598-5564) Office hours from 8:00 a.m. to 5:00 p.m. Monday - Thursday & 8:00 a.m. to 11:30 a.m. on Friday or at the local health department or online at <http://chfs.ky.gov/dph/LHD.htm> (class code 2402). An application may be obtained locally or online at <http://chfs.ky.gov/dph/ldapp.htm>.

Completed application and transcript must be returned by close of business on Thursday, February 11, 2016 to Cumberland Valley District Health Department, P.O. Box 158, 470 Manchester Square Shopping Center, Suite 200, Manchester, KY 40962.

Resume will not substitute for completed application. A successful applicant will be required to submit to a drug screening test and criminal/conviction record check. Offer of hire is conditioned upon these results.

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Posted: Property belonging to Don and Kitty Reese on Smallwood Road at Roundstone. All trespassers will be prosecuted. 49xntf
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Posted: No hunting, trespassing or ATVs on land belonging to Jason and Sara Coguer at Roundstone. Not responsible for accidents.
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sible for accidents. Violators will be prosecuted. (1/21/16)
Posted: No trespassing on Crawford Place - Old Brodhead Road. Danny Smith. 47tfn
Posted: Absolutely no hunting, fishing or trespassing on property belonging to Mark and Debbie Cummins. Violators will be prosecuted. 9x52p
Posted: No trespassing, hunting or fishing on land belonging to Rachel Denhey on Hwy. 3245 (former Reggie Bengé property).
Posted: No trespassing on property known as C.B. Owens Farm across from Fairgrounds in Brodhead. Violators will be prosecuted. 25tfn

Miscellaneous For Sale

Sigmon Farm now has pigs and meat hogs for sale. 256-2781. 1x4
Cresthaven Cemetery Plots. Contact Billy Dowell, 606-308-1058. 39xntf

Notices

Notice is hereby given that Robert Ryan Loudermilk, 470 West Main St., Mt. Vernon, Ky. 40456 has been appointed Executor of the estate of Elizabeth C. Deborde, deceased. Any person having claims against said estate shall present them, according to law, to the said Robert Ryan Loudermilk or to Hon. John D. Ford, P.O. Box 247, Mt. Vernon, Ky. 40456 on or before July 27, 2016 at 9:30 a.m. 5x3

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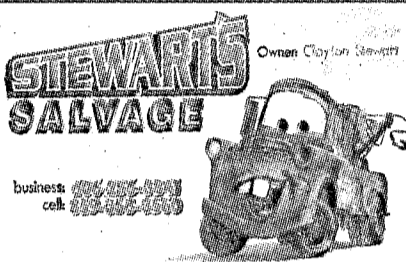
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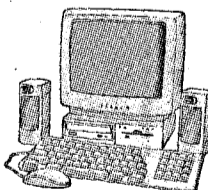


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 \$17⁰⁰ per month with Curb Cart

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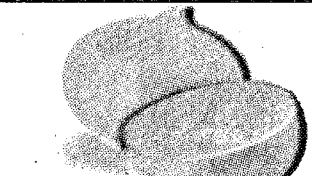
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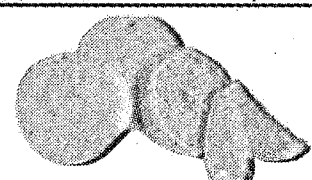
food stores

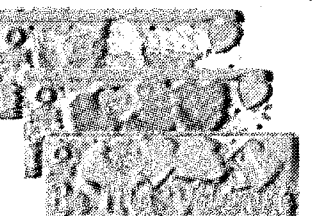
FRESH PRODUCE ITEMS

Fresh Russet Potatoes **\$2.99**
15 lb. bag 


Fresh Yellow Onions **\$1.29**
3 lb. bag 


Fresh Mini Carrots **.99**
1 lb. bag 

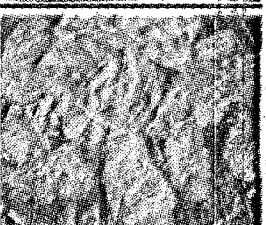
Fresh Naval Oranges **2/35**
3 lb. bag 

Assorted Varieties **LITTLE DEBBIE Valentine Cakes** **2/33**
7.56 TO 11.63 OZ BOX 


FRESH MEAT ITEMS


Fresh Fryer Leg Quarters **.29** lb.
5 lbs or more 

Fresh Whole Boston Butt Pork Roast **\$1.29** lb. 


Family Pack Bone-In Pork Steaks or Country Style Pork Ribs **\$1.59** lb. 

Family Pack Boneless Beef Ribeye Steaks **\$6.99** lb. 

Family Pack Boneless Pork Sirloin Chops **\$1.39** lb. 


Pork Riblets **.89** lb.
Sold in 10 lb. box 

Family Pack Boneless Pork Cubed Steaks **\$1.59** lb. 

Assorted Varieties **Doritos** **2/34**
10.5 oz bag 

Assorted Varieties **Lays** Potato Chips **2/34**
10-10.5 oz bag 

2 Liter, All Varieties **Coke & Products** **\$1.00** 

12 Pack, 12 Oz. Cans **Pepsi & Products** **4/\$12** 

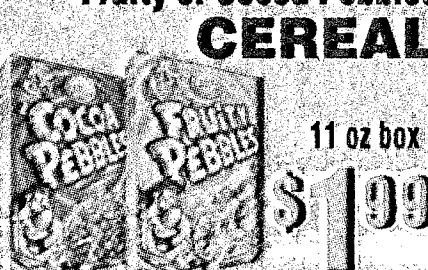
Sara Lee - 20 Oz. **Old Fashioned Bread** **\$1.79** 

Sunbeam King Thin- 20 Oz. **Sandwich Bread** **\$1.77** 


AD PRICES GOOD FEBRUARY 1 - 7, 2016

SPECIAL BUYS

TAKE N' BAKE Cheese, Pepperoni or Supreme **PIZZA** 30 oz pkg **\$5.99** 

POST Fruity or Cocoa Pebbles **CEREAL** 11 oz box **\$1.99** 

IDAHOAN Au Gratin or Scalloped **POTATO CASSEROLE** 4.94 oz. box **.99** 

Assorted Varieties **PILLSBURY GRANDS BISCUITS** 16.3 oz. pkg. **.79** 

Assorted Varieties **Malt-O-Meal CEREAL** 33.8-40oz pkg **\$3.99** 


Assorted Varieties **TOTINOS PARTY PIZZA** 9.8-10.9 oz. pkg. **.99** 

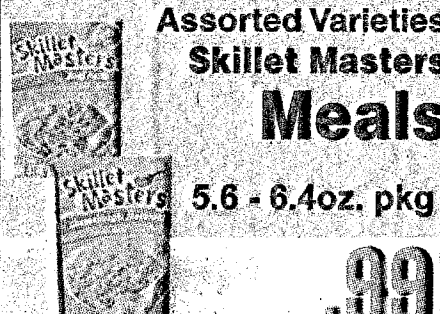
Michelina's **PIZZA ROLLS** 30 ct. 15 oz. bag **\$1.79** 

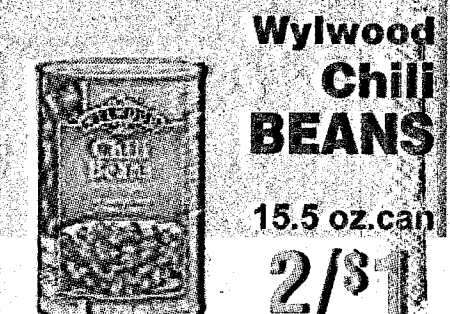
J HIGGS Classic, Honey BBQ or Cheddar & Sour Cream **POTATO CHIPS** BIG 18 oz. bag **2/30** 


SHOCKING LOW PRICES


WYLWOOD Whole Kernel Corn, Cream Style Corn, Cut or French Style Green Beans 14.5 - 15.25 oz. can **.49** 

KASKEY'S Tomato or Chicken Noodle **SOUP** 10.5 - 10.75 oz. can **2/31** 


Assorted Varieties **Skillet Masters Meals** 5.6 - 6.4oz. pkg **.99** 

Wylwood **Chili BEANS** 15.5 oz. can **2/31** 

Assorted Varieties **SNACK-A-TIZERS APPETIZERS** 5.46-8 oz pkg **\$1.99** 

Assorted Varieties **MANTIA'S Original PIZZA** 20.5-22.85 oz. **2/35** 

Wrightware **Foam Plates** 40 ct. pkg **\$1.19** 

Assorted Varieties **Banquet Pot Pies** 7 oz pkg **.79** 

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